



**Sunday, April 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Tula Rasi: 12.09      Tithi 16 – 17

268345478

**Gulika** 3:29PM – 5:08PM  
Yama 12:09PM – 1:49PM  
**Rahu** 5:08PM – 6:48PM

**Svati** Until 6:55PM  
Vajra\* Until 1:09PM  
Taitila Until 10:16PM  
**Prathama\*** Until 11:33AM

**Ganesha:** Clear      *Sunrise:* 5:30AM  
**Muruqa:** White      *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Green  
Chaitra\*Chaitra

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

Creative Work    Siddha Yoga  
Until 6:55PM  
Then Routine Work - Marana Yoga

**1**

**Monday, April 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Tula Rasi: 26.35      Tithi 17 – 18

278345478

**Gulika** 1:49PM – 3:29PM  
Yama 10:29AM – 12:09PM  
**Rahu** 7:08AM – 8:48AM

**Vishakha** Until 5:07PM  
Siddhi Until 9:51AM  
Vanija Until 7:32PM  
**Dvitiya** Until 8:54AM

**Ganesha:** Purple      *Sunrise:* 5:28AM  
**Muruqa:** White      *Sunset:* 6:49PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Bhuloka Day**

Sun 1      Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 - 1st Phase

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 5:07PM  
Then Creative Work - Siddha Yoga

**2**

**Tuesday, April 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatlipala\*Variyan Yoga Visti\*/Balava Karana Tritiya/Chaturtham Titau

Frederick, MD

Vrischika Rasi: 11.08      Tithi 18 – 19

278345478

**Gulika** 12:08PM – 1:49PM  
Yama 8:48AM – 10:28AM  
**Rahu** 3:29PM – 5:10PM

**Anuradha** Until 3:06PM  
Vyatlipala\* Until 6:29AM  
Balava Until 3:21AM Wed  
**Tritiya** Until 6:07AM

**Ganesha:** Purple      *Sunrise:* 5:27AM  
**Muruqa:** White      *Sunset:* 6:50PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Bhuloka Day**

Sun 2      Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 2nd Phase

Creative Work    Siddha Yoga  
Until 3:06PM  
Then Routine Work - Marana Yoga

**3**

**Wednesday, April 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Vrischika Rasi: 25.41      Tithi 20

278345478

**Gulika** 10:28AM – 12:08PM  
Yama 7:06AM – 8:47AM  
**Rahu** 12:08PM – 1:49PM

**Jyeshtha\*** Until 1:00PM  
Parigha\* Until 11:47PM  
Kaulava Until 2:01PM  
**Panchami** Until 12:40AM Thu

**Ganesha:** Purple      *Sunrise:* 5:25AM  
**Muruqa:** White      *Sunset:* 6:51PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

**Bhuloka Day**

Sun 3      Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 3rd Phase

Creative Work    Siddha Yoga  
Until 1:00PM  
Then Routine Work - Marana Yoga

**4**

**Thursday, April 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Frederick, MD

Dhanus Rasi: 10.08      Tithi 21

288345478

**Gulika** 8:46AM – 10:27AM  
Yama 5:24AM – 7:05AM  
**Rahu** 1:49PM – 3:30PM

**Mula\*** Until 11:19AM  
Shiva Until 8:39PM  
Gara Until 11:25AM  
**Shashthi\*** Until 10:11PM

**Ganesha:** Clear      *Sunrise:* 5:24AM  
**Muruqa:** White      *Sunset:* 6:52PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Sun 4      Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 4th Phase

Creative Work    Siddha Yoga

**5**

**Friday, April 22, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Dhanus Rasi: 24.28      Tithi 22

289345478

**Gulika** 7:04AM – 8:45AM  
Yama 3:31PM – 5:12PM  
**Rahu** 10:27AM – 12:08PM

**Purvashadha\*** Until 9:43AM  
Siddha Until 5:42PM  
Visti Until 9:03AM  
**Saptami** Until 7:57PM

**Ganesha:** Purple      *Sunrise:* 5:23AM  
**Muruqa:** White      *Sunset:* 6:53PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

**Devaloka Day**

Sun 5      Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 5th Phase

Routine Work    Prabalarishta Yoga  
Until 9:43AM  
Then Routine Work - Marana Yoga

**6**

**Saturday, April 23, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Makara Rasi: 8.35      Tithi 23

289345478

**Gulika** 5:21AM – 7:03AM  
Yama 1:49PM – 3:31PM  
**Rahu** 8:44AM – 10:26AM

**Uttarashadha** Until 8:15AM  
Sadhya Until 3:00PM  
Balava Until 6:58AM  
**Ashtami\*** Until 6:02PM

**Ganesha:** Purple      *Sunrise:* 5:21AM  
**Muruqa:** White      *Sunset:* 6:54PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

**Devaloka Day**

Sun 6      Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 6th Phase  
Ashtami

Routine Work    Marana Yoga  
Until 8:15AM  
Then Creative Work - Siddha Yoga

**Sunday, April 24, 2022**  
**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Makara Rasi: 22.31      Tithi 24 – 25

299345479

**Gulika** 3:31PM – 5:13PM  
Yama 12:07PM – 1:49PM  
**Rahu** 5:13PM – 6:55PM

**Shravana** Until 7:24AM  
Subha Until 12:35PM  
Vanija Until 3:47AM Mon  
**Navami\*** Until 4:26PM

**Ganesha:** Clear      *Sunrise:* 5:20AM  
**Muruqa:** White      *Sunset:* 6:55PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra\*Chaitra

**Devaloka Day**

Sun 7      Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 7th Phase  
Navami

Creative Work    Amrita Yoga  
Until 7:24AM  
Then Routine Work - Marana Yoga

<b>1</b>	<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Kumbha Rasi: 6.14	Tithi 25 – 26	Gulika 1:49PM – 3:32PM	Dhanishtha Until 6:45AM	Ganesha: Clear	Sunrise: 5:18AM	Sun 8
	Family Home Evening	299345479	Yama 10:25AM – 12:07PM	Sukla Until 10:26AM	Muruqa: White	Sunset: 6:56PM	Subhakrit 5124
	Creative Work	Siddha Yoga	Rahu 7:01AM – 8:43AM	Bava Until 2:45AM Tue	Nataraja: Clear		Moon 4 - Phase 2 - 8
			Dashami Until 3:12PM	Moon – Purple		2nd Phase	
				Chaitra*Chaitra		<b>Devaloka Day</b>	

<b>2</b>	<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Kumbha Rasi: 19.43	Tithi 26 – 27	Gulika 12:07PM – 1:50PM	Shatabhishak Until 6:19AM	Ganesha: Clear	Sunrise: 5:17AM	Sun 9
	Routine Work	Marana Yoga	Yama 8:42AM – 10:25AM	Brahma Until 8:36AM	Muruqa: White	Sunset: 6:57PM	Subhakrit 5124
			299345479	Rahu 3:32PM – 5:15PM	Kaulava Until 2:07AM Wed		Moon 4 - Phase 2 - 9
			Ekadashi* Until 2:21PM	Nataraja: Clear		2nd Phase	
				Moon – Purple		<b>Devaloka Day</b>	
				Chaitra*Chaitra			

<b>3</b>	<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Meena Rasi: 2.59	Tithi 27 – 28	Gulika 10:24AM – 12:07PM	Purvaproshtapada* Until 6:36AM	Ganesha: Red	Sunrise: 5:16AM	Sun 10
	Creative Work	Amrita Yoga	Yama 6:59AM – 8:41AM	Indra Until 7:07AM	Muruqa: White	Sunset: 6:58PM	Subhakrit 5124
	Until 6:36AM	Then Creative Work - Siddha Yoga	219345479	Rahu 12:07PM – 1:50PM	Gara Until 1:54AM Thu		Moon 4 - Phase 2 - 10
			Dvadashi* Until 1:56PM	Nataraja: Clear		2nd Phase	
				Moon – Clear		<b>Devaloka Day</b>	
				Chaitra*Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Meena Rasi: 16.02	Tithi 28 – 29	Gulika 8:41AM – 10:24AM	Uttaraproshtapada Until 7:10AM	Ganesha: Blue	Sunrise: 5:15AM	Sun 11
	Creative Work	Siddha Yoga	Yama 5:15AM – 6:58AM	Vishkambha* Until 5:11AM Fri	Muruqa: White	Sunset: 6:59PM	Subhakrit 5124
			219445479	Rahu 1:50PM – 3:33PM	Nataraja: Clear		Moon 4 - Phase 2 - 11
			Vistii Until 2:10AM Fri	Moon – Clear		2nd Phase	
			Trayodashi* Until 1:57PM	Chaitra*Chaitra		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

	<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD	
	<b>Retreat Star</b>		Meena Rasi: 28.5	Tithi 29 – 30	Gulika 6:57AM – 8:40AM	Revati Until 8:02AM	Ganesha: White	Sunrise: 5:13AM
	Creative Work	Siddha Yoga	Yama 3:33PM – 5:17PM	Priti Until 4:48AM Sat	Muruqa: White	Sunset: 7:00PM	Subhakrit 5124	
	Until 8:02AM	Then Creative Work - Amrita Yoga	211445479	Rahu 10:23AM – 12:07PM	Nataraja: Clear		Moon 4 - Phase 2 - 12	
			Catuspada Until 2:55AM Sat	Moon – Clear		Amavasya		
			Chaturdashi* Until 2:27PM	Chaitra*Chaitra		<b>Bhuloka Day</b>		
						Devaloka Time: 6:PM to 9:PM		

<b>Retreat Star</b>	<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
	Mesha Rasi: 11.25	Tithi 30 – 1	Gulika 5:12AM – 6:56AM	Ashvini Until 9:41AM	Ganesha: Green	Sunrise: 5:12AM	Sun 13
	Creative Work	Siddha Yoga	Yama 1:50PM – 3:34PM	Ayushman Until 4:46AM Sun	Muruqa: White	Sunset: 7:01PM	Subhakrit 5124
			221445479	Rahu 8:39AM – 10:23AM	Nataraja: Clear		Moon 4 - Phase 2 - 13
			Kintughna Until 4:10AM Sun	Moon – White		Prathama	
			Amavasya* Until 3:27PM	Vaisaka*Chaitra		<b>Bhuloka Day</b>	
						Devaloka Time: 6:PM to 9:PM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Sunday, May 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	<b>Gulika</b> 3:34PM – 5:18PM	<b>Bharani Until 11:40AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:11AM	
		Yama 12:06PM – 1:50PM	Saubhagya Until 5:07AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3 - 14
		221445479 <b>Rahu</b> 5:18PM – 7:02PM	Balava Until 5:52AM Mon	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 4:56PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 11:40AM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, May 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 15 Subhakrit 5124
Vrishabha Rasi: 5.56	Tithi 2	<b>Gulika</b> 1:50PM – 3:35PM	<b>Krittika Until 1:55PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:10AM	
<b>Family Home Evening</b>		Yama 10:22AM – 12:06PM	Sobhana Until 5:47AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3 - 15
Routine Work	Marana Yoga	221445479 <b>Rahu</b> 6:54AM – 8:38AM	Kaulava Until 6:51PM	<b>Nataraja:</b> Clear		3rd Phase
Until 1:55PM			<b>Dvitiya Until 6:51PM</b>	Moon – White		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

<b>3 Tuesday, May 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 16 Sutra 16 Subhakrit 5124
Vrishabha Rasi: 17.56	Tithi 3	<b>Gulika</b> 12:06PM – 1:51PM	<b>Rohini Until 4:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:08AM	
		Yama 8:37AM – 10:22AM	Athiganda* Until 6:38AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3 - 16
		221445479 <b>Rahu</b> 3:35PM – 5:19PM	Taitila Until 7:58AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 9:06PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 4:50PM		<b>Akshaya Tritiya</b>		Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, May 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthayam Titau				Frederick, MD Sun 17 Sutra 17 Subhakrit 5124
Vrishabha Rasi: 29.5	Tithi 4	<b>Gulika</b> 10:21AM – 12:06PM	<b>Mrigashira Until 7:48PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:07AM	
		Yama 6:52AM – 8:37AM	Athiganda* Until 6:38AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3 - 17
		221445479 <b>Rahu</b> 12:06PM – 1:51PM	Vanija Until 10:21AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:34PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM

<b>5 Thursday, May 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	<b>Gulika</b> 8:36AM – 10:21AM	<b>Ardra Until 10:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	
		Yama 5:06AM – 6:51AM	Sukarma Until 7:37AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3 - 18
		221445479 <b>Rahu</b> 1:51PM – 3:36PM	Bava Until 12:51PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 2:04AM Fri</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 10:40PM				Vaisaka*Chaitra		Devaloka Time: 6:PM to 9:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	<b>Gulika</b> 6:50AM – 8:35AM	<b>Punarvasu Until 1:46AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:05AM	
		Yama 3:36PM – 5:22PM	Dhriti Until 8:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3 - 19
		241445479 <b>Rahu</b> 10:21AM – 12:06PM	Kaulava Until 3:18PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:26AM Sat</b>	Moon – Blue		<b>Devaloka Day</b>
				Vaisaka*Chaitra		

<b>Saturday, May 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 20 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 5:04AM – 6:49AM	<b>Pushya Until 4:25AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	
Kataka Rasi: 5.26	Tithi 7	Yama 1:51PM – 3:37PM	Shula* Until 9:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3 - 20
		241445479 <b>Rahu</b> 8:35AM – 10:20AM	Gara Until 5:31PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM Sun</b>	Moon – Blue		<b>Devaloka Day</b>
				Vaisaka*Chaitra		

<b>Sunday, May 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 21 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 3:37PM – 5:23PM	<b>Ashlesha* Until 6:25AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	
Kataka Rasi: 17.28	Tithi 7 – 8	Yama 12:06PM – 1:51PM	Ganda* Until 10:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3 - 21
		241445479 <b>Rahu</b> 5:23PM – 7:09PM	Visti Until 7:20PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 6:28AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 6:25AM Mon		<b>Mother's Day</b>		Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

<b>Monday, May 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 22 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 1:52PM – 3:38PM	<b>Ashlesha* Until 6:25AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	
Kataka Rasi: 29.41	Tithi 8 – 9	Yama 10:20AM – 12:06PM	Vridhhi Until 10:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 3 - 22
<b>Family Home Evening</b>		241445479 <b>Rahu</b> 6:48AM – 8:34AM	Balava Until 8:33PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:00AM</b>	Moon – Blue		<b>Devaloka Day</b>
Until 6:25AM				Vaisaka*Chaitra		
Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda


<b>1</b>	<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23
	Simha Rasi: 12.12	Tithi 9 – 10	<b>Gulika</b> 12:06PM – 1:52PM	<b>Magha* Until 8:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Subhakrit 5124
			Yama 8:33AM – 10:19AM	Dhruva Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4 - 23
	Creative Work	Siddha Yoga	252445479 <b>Rahu</b> 3:38PM – 5:24PM	Taitila Until 9:04PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 8:53AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			


<b>2</b>	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24
	Simha Rasi: 25.03	Tithi 10 – 11	<b>Gulika</b> 10:19AM – 12:06PM	<b>Purvaphalguni Until 8:57AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Subhakrit 5124
			Yama 6:46AM – 8:33AM	Vyaghata* Until 8:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 4 - 24
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 12:06PM – 1:52PM	Vanija Until 8:49PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 9:01AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>3</b>	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25
	Kanya Rasi: 8.18	Tithi 11 – 12	<b>Gulika</b> 8:32AM – 10:19AM	<b>Uttaraphalguni Until 8:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Subhakrit 5124
			Yama 4:59AM – 6:45AM	Harshana Until 7:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 4 - 25
		Amrita Yoga	252445479 <b>Rahu</b> 1:52PM – 3:39PM	Bava Until 7:47PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:51AM	Then Routine Work - Marana Yoga		<b>Ekadashi Until 8:23AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26
	Kanya Rasi: 21.59	Tithi 12 – 13	<b>Gulika</b> 6:45AM – 8:32AM	<b>Hasta Until 8:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:58AM	Subhakrit 5124
			Yama 3:40PM – 5:26PM	Siddhi Until 2:28AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 4 - 26
	Creative Work	Amrita Yoga	262445479 <b>Rahu</b> 10:19AM – 12:06PM	Kaulava Until 6:02PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:19AM	Then Creative Work - Siddha Yoga		<b>Dvadashi Until 6:58AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			
				Pradosha Vrata			

<b>5</b>	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27
	Tula Rasi: 6.05	Tithi 14	<b>Gulika</b> 4:57AM – 6:44AM	<b>Chitra Until 6:58AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:57AM	Subhakrit 5124
			Yama 1:53PM – 3:40PM	Vyatipata* Until 11:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 4 - 27
	Routine Work	Marana Yoga	262445479 <b>Rahu</b> 8:31AM – 10:18AM	Gara Until 3:40PM	<b>Nataraja:</b> Clear		4th Phase
Until 6:58AM	Then Creative Work - Siddha Yoga		<b>Chaturdashi* Until 2:16AM Sun</b>	Moon – Green		<b>Sivaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:40PM – 5:28PM	<b>Vishakha Until 2:47AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Subhakrit 5124
	Tula Rasi: 20.33	Tithi 15	Yama 12:06PM – 1:53PM	Variyan Until 7:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 4 - Purnima
	Routine Work	Marana Yoga	272445479 <b>Rahu</b> 5:28PM – 7:15PM	Visti Until 12:49PM	<b>Nataraja:</b> Clear		
Until 2:47AM Mon	Then Creative Work - Siddha Yoga		<b>Purnima* Until 11:14PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				Vaisaka-Vaikasi			

	<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:53PM – 3:41PM	<b>Anuradha Until 12:15AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM	Subhakrit 5124
	Vrischika Rasi: 5.19	Tithi 16	Yama 10:18AM – 12:06PM	Parigha* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 4 - Prathama
	<b>Family Home Evening</b>		272445479 <b>Rahu</b> 6:43AM – 8:30AM	Balava Until 9:37AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 7:56PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:15AM Tue	Then Routine Work - Marana Yoga			Vaisaka-Vaikasi			

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 30

Subhakrit 5124

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

**Gulika** 12:06PM - 1:53PM  
Yama 8:30AM - 10:18AM  
**Rahu** 3:41PM - 5:29PM

**Jyeshtha\* Until 9:31PM**  
Shiva Until 12:07PM  
Taitila Until 6:14AM  
**Dvitiya Until 4:31PM**

**Ganesha:** Yellow *Sunrise:* 4:54AM  
**Muruqa:** White *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon - Orange  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 9:31PM

Then Creative Work - Amrita Yoga

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Frederick, MD

Sun 2 Sutra 31

Subhakrit 5124

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

**Gulika** 10:18AM - 12:06PM  
Yama 6:41AM - 8:29AM  
**Rahu** 12:06PM - 1:54PM

**Mula\* Until 7:07PM**  
Siddha Until 8:13AM  
Bava Until 11:30PM  
**Tritiya Until 1:08PM**

**Ganesha:** Blue *Sunrise:* 4:53AM  
**Muruqa:** White *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:07PM

Then Creative Work - Amrita Yoga

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 32

Subhakrit 5124

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

**Gulika** 8:29AM - 10:17AM  
Yama 4:52AM - 6:41AM  
**Rahu** 1:54PM - 3:42PM

**Purvashadha\* Until 4:47PM**  
Subha Until 12:55AM Fri  
Kaulava Until 8:26PM  
**Chaturthi\* Until 9:55AM**

**Ganesha:** Blue *Sunrise:* 4:52AM  
**Muruqa:** White *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Creative Work Siddha Yoga

Until 4:47PM

Then Routine Work - Marana Yoga

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Frederick, MD

Sun 4 Sutra 33

Subhakrit 5124

Makara Rasi: 4.41 Tithi 20 - 21

282445479

**Gulika** 6:40AM - 8:29AM  
Yama 3:43PM - 5:31PM  
**Rahu** 10:17AM - 12:06PM

**Uttarashadha Until 2:40PM**  
Sukla Until 9:41PM  
Vanija Until 4:31AM Sat  
**Panchami Until 7:01AM**

**Ganesha:** Blue *Sunrise:* 4:52AM  
**Muruqa:** White *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti\*/Bava Karana Saphtamyam Titau

Frederick, MD

Sun 5 Sutra 34

Subhakrit 5124

Makara Rasi: 19.02 Tithi 22

292445479

**Gulika** 4:51AM - 6:40AM  
Yama 1:54PM - 3:43PM  
**Rahu** 8:28AM - 10:17AM

**Shravana Until 1:17PM**  
Brahma Until 6:51PM  
Visti Until 3:28PM  
**Saphtami Until 2:31AM Sun**

**Ganesha:** Red *Sunrise:* 4:51AM  
**Muruqa:** White *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Sunday, May 22, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 35

Subhakrit 5124

Kumbha Rasi: 3.02 Tithi 23

292445479

**Gulika** 3:44PM - 5:33PM  
Yama 12:06PM - 1:55PM  
**Rahu** 5:33PM - 7:22PM

**Dhanishtha Until 12:17PM**  
Indra Until 4:29PM  
Balava Until 1:45PM  
**Ashtami\* Until 1:06AM Mon**

**Ganesha:** Red *Sunrise:* 4:50AM  
**Muruqa:** White *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

**Monday, May 23, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7 Sutra 36

Subhakrit 5124

Kumbha Rasi: 16.42 Tithi 24

293545479

**Gulika** 1:55PM - 3:44PM  
Yama 10:17AM - 12:06PM  
**Rahu** 6:39AM - 8:28AM

**Shatabhishak Until 11:43AM**  
Vaidhriti\* Until 2:34PM  
Taitila Until 12:38PM  
**Navami\* Until 12:16AM Tue**

**Ganesha:** Red *Sunrise:* 4:49AM  
**Muruqa:** White *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:43AM

Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Frederick, MD on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, May 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshthapada/Uttaraproshthapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD
Meena Rasi: 0.01	Tithi 25	<b>Gulika</b>	<b>12:06PM – 1:55PM</b>	<b>Purvaproshthapada* Until 12:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Sun 8	Sutra 37
		Yama	8:27AM – 10:17AM	Vishkambha* Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM		Subhakrit 5124
		213545479 <b>Rahu</b>	<b>3:45PM – 5:34PM</b>	Vanija Until 12:06PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			<b>Dashami Until 12:02AM Wed</b>	Moon – Clear			2nd Phase
Until 12:03PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga								
<b>2</b>		<b>Wednesday, May 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshthapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD
Meena Rasi: 13.01	Tithi 26	<b>Gulika</b>	<b>10:17AM – 12:06PM</b>	<b>Uttaraproshthapada Until 12:48PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Sun 9	Sutra 38
		Yama	6:38AM – 8:27AM	Priti Until 12:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM		Subhakrit 5124
		313545479 <b>Rahu</b>	<b>12:06PM – 1:56PM</b>	Bava Until 12:10PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:23AM Thu</b>	Moon – Clear			2nd Phase
Until 12:48PM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga								
<b>3</b>		<b>Thursday, May 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau				Frederick, MD
Meena Rasi: 25.45	Tithi 27	<b>Gulika</b>	<b>8:27AM – 10:17AM</b>	<b>Revati Until 1:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Sun 10	Sutra 39
		Yama	4:48AM – 6:37AM	Ayushman Until 11:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM		Subhakrit 5124
		313545479 <b>Rahu</b>	<b>1:56PM – 3:45PM</b>	Kaulava Until 12:47PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			<b>Dvadashi* Until 1:17AM Fri</b>	Moon – Clear			2nd Phase
Until 1:57PM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga								
<b>4</b>		<b>Friday, May 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
Mesha Rasi: 8.14	Tithi 28	<b>Gulika</b>	<b>6:37AM – 8:27AM</b>	<b>Ashvini Until 3:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM	Sun 11	Sutra 40
		Yama	3:46PM – 5:36PM	Saubhagya Until 11:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>10:16AM – 12:06PM</b>	Gara Until 1:55PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			<b>Trayodashi* Until 2:39AM Sat</b>	Moon – White			2nd Phase
Until 3:54PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Saturday, May 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
Mesha Rasi: 20.31	Tithi 29	<b>Gulika</b>	<b>4:46AM – 6:36AM</b>	<b>Bharani Until 6:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Sun 12	Sutra 41
		Yama	1:56PM – 3:46PM	Sobhana Until 11:51AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>8:26AM – 10:16AM</b>	Visti Until 3:30PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:25AM Sun</b>	Moon – White			2nd Phase
Until 6:08PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga								
<b>Retreat Star</b>		<b>Sunday, May 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD
Vrishabha Rasi: 2.38	Tithi 30	<b>Gulika</b>	<b>3:47PM – 5:37PM</b>	<b>Krittika Until 8:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Sun 13	Sutra 42
		Yama	12:07PM – 1:57PM	Athiganda* Until 12:22PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>5:37PM – 7:27PM</b>	Catuspada Until 5:28PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:32AM Mon</b>	Moon – White			Amavasya
					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
<b>Retreat Star</b>		<b>Monday, May 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
Vrishabha Rasi: 14.37	Tithi 30 – 1	<b>Gulika</b>	<b>1:57PM – 3:47PM</b>	<b>Rohini Until 11:33PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:45AM	Sun 14	Sutra 43
<b>Family Home Evening</b>		Yama	10:16AM – 12:07PM	Sukarma Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:28PM		Subhakrit 5124
		333545479 <b>Rahu</b>	<b>6:36AM – 8:26AM</b>	Kintughna Until 7:42PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			<b>Amavasya* Until 6:32AM</b>	Moon – Yellow			Prathama
					<b>Jyeshtha-Vaikasi</b>			<b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Tuesday, May 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 44
	Wrishabha Rasi: 26.31	Tithi 1 – 2	<b>Gulika</b> 12:07PM – 1:57PM	<b>Mrigashira</b> Until 2:33AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:45AM	Subhakrit 5124
	333545479	Rahu	Yama 8:26AM – 10:16AM	Dhruti Until 2:06PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga		Balava Until 10:07PM	<b>Nataraja:</b> Clear			
			<b>Prathama*</b> Until 8:52AM	Moon – Yellow		<b>Devaloka Day</b>	
				Jyeshtha-Vaikasi			

<b>2</b>	<b>Wednesday, June 1, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 45
	Mithuna Rasi: 8.22	Tithi 2 – 3	<b>Gulika</b> 10:16AM – 12:07PM	<b>Ardra</b> Until 5:25AM Thu	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:45AM	Subhakrit 5124
	333545479	Rahu	Yama 6:35AM – 8:26AM	Shula* Until 3:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:29PM	Moon 5 - Phase 7 - 16 3rd Phase
Creative Work	Siddha Yoga		Taitila Until 12:36AM Thu	<b>Nataraja:</b> Clear			
Until 5:25AM Thu			<b>Dvitiya</b> Until 11:20AM	Moon – Yellow		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

<b>3</b>	<b>Thursday, June 2, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Frederick, MD Sun 17 Sutra 46
	Mithuna Rasi: 20.11	Tithi 3 – 4	<b>Gulika</b> 8:26AM – 10:16AM	<b>Punarvasu</b> Until 8:35AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
	343555479	Rahu	Yama 4:44AM – 6:35AM	Ganda* Until 4:06PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:30PM	Moon 5 - Phase 7 - 17 3rd Phase
Creative Work	Amrita Yoga		Vanija Until 3:03AM Fri	<b>Nataraja:</b> Clear			
Until 8:35AM Fri			<b>Tritiya</b> Until 1:49PM	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

<b>4</b>	<b>Friday, June 3, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 47
	Kataka Rasi: 2.02	Tithi 4 – 5	<b>Gulika</b> 6:35AM – 8:26AM	<b>Punarvasu</b> Until 8:35AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
	343555479	Rahu	Yama 3:49PM – 5:40PM	Vridhi Until 5:03PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga		Bava Until 5:20AM Sat	<b>Nataraja:</b> Clear			
Until 8:35AM			<b>Chaturthi*</b> Until 4:12PM	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

<b>5</b>	<b>Saturday, June 4, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau				Frederick, MD Sun 19 Sutra 48
	Kataka Rasi: 13.58	Tithi 5	<b>Gulika</b> 4:43AM – 6:34AM	<b>Pushya</b> Until 11:23AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
	343555479	Rahu	Yama 1:58PM – 3:49PM	Dhruva Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga		Balava Until 6:21PM	<b>Nataraja:</b> Clear			
Until 11:23AM			<b>Panchami</b> Until 6:21PM	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

<b>6</b>	<b>Sunday, June 5, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 20 Sutra 49
	Kataka Rasi: 26.01	Tithi 6	<b>Gulika</b> 3:50PM – 5:41PM	<b>Ashlesha*</b> Until 1:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
	343555471	Rahu	Yama 12:08PM – 1:59PM	Vyaghata* Until 6:15PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:32PM	Moon 5 - Phase 7 - 20 3rd Phase
Creative Work	Siddha Yoga		Kaulava Until 7:19AM	<b>Nataraja:</b> Yellow			
Until 1:42PM			<b>Shashthi*</b> Until 8:08PM	Moon – Blue		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

<b>Retreat Star</b>	<b>Monday, June 6, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 21 Sutra 50
	Simha Rasi: 8.13	Tithi 7	<b>Gulika</b> 1:59PM – 3:50PM	<b>Magha*</b> Until 3:53PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
	354555471	Rahu	Yama 10:17AM – 12:08PM	Harshana Until 6:21PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 7 - 21 3rd Phase
Family Home Evening			Gara Until 8:51AM	<b>Nataraja:</b> Yellow			
Routine Work	Marana Yoga		<b>Saptami</b> Until 9:23PM	Moon – Red		<b>Devaloka Day</b>	
Until 3:53PM				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, June 7, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 22 Sutra 51
	Simha Rasi: 20.41	Tithi 8	<b>Gulika</b> 12:08PM – 1:59PM	<b>Purvaphalguni</b> Until 5:18PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
	354555471	Rahu	Yama 8:25AM – 10:17AM	Vajra* Until 5:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 7 - 22 Ashtami
Creative Work	Siddha Yoga		Visti Until 9:48AM	<b>Nataraja:</b> Yellow			
Until 5:18PM			<b>Ashtami*</b> Until 10:00PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Jyeshtha-Vaikasi			

<b>Retreat Star</b>	<b>Wednesday, June 8, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatlipata* Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 23 Sutra 52
	Kanya Rasi: 3.28	Tithi 9	<b>Gulika</b> 10:17AM – 12:08PM	<b>Uttaraphalguni</b> Until 5:51PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
	354555471	Rahu	Yama 6:34AM – 8:25AM	Siddhi Until 4:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 7 - 23 Navami
Creative Work	Amrita Yoga		Balava Until 10:03AM	<b>Nataraja:</b> Yellow			
Until 5:51PM			<b>Navami*</b> Until 9:51PM	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Frederick, MD Sun 24 Sutra 53
	Kanya Rasi: 16.37	Tithi 10	<b>Gulika</b> 8:25AM – 10:17AM	<b>Hasta</b> <b>Until 5:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		364555471	<b>Yama</b> 4:42AM – 6:34AM	<b>Vyatipata*</b> Until 3:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8 - 24
			<b>Rahu</b> 2:00PM – 3:51PM	Taitila Until 9:31AM	<b>Nataraja:</b> Yellow		4th Phase
	Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 8:56PM</b>	Moon – Green	<b>Bhuloka Day</b>	
	Until 5:55PM				Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	
	Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD Sun 25 Sutra 54
	Tula Rasi: 0.13	Tithi 11	<b>Gulika</b> 6:34AM – 8:25AM	<b>Chitra</b> <b>Until 5:05PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		364555471	<b>Yama</b> 3:52PM – 5:43PM	<b>Variyan</b> <b>Until 1:03PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8 - 25
			<b>Rahu</b> 10:17AM – 12:08PM	<b>Vanija</b> <b>Until 8:12AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Ekadashi</b> <b>Until 7:14PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 55
	Tula Rasi: 14.17	Tithi 12 – 13	<b>Gulika</b> 4:42AM – 6:34AM	<b>Svati</b> <b>Until 3:24PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		364555471	<b>Yama</b> 2:00PM – 3:52PM	<b>Parigha*</b> <b>Until 10:13AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8 - 26
			<b>Rahu</b> 8:25AM – 10:17AM	<b>Bava</b> <b>Until 6:08AM</b>	<b>Nataraja:</b> Yellow		4th Phase
	Creative Work	Siddha Yoga		<b>Dvadashi</b> <b>Until 4:51PM</b>	Moon – Green	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 6:PM to 9:PM	

*Pradosha Vrata*

<b>4</b>	<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 56
	Tula Rasi: 28.46	Tithi 13 – 14	<b>Gulika</b> 3:52PM – 5:44PM	<b>Vishakha</b> <b>Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
		374555471	<b>Yama</b> 12:09PM – 2:01PM	<b>Shiva</b> <b>Until 6:53AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8 - 27
			<b>Rahu</b> 5:44PM – 7:36PM	<b>Gara</b> <b>Until 12:15AM Mon</b>	<b>Nataraja:</b> Yellow		4th Phase
	Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 1:53PM</b>	Moon – Orange	<b>Devaloka Day</b>	
			<b>Vaikasi Visakam</b>		Jyeshtha-Vaikasi		

	<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 28 Sutra 57
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:01PM – 3:53PM	<b>Anuradha</b> <b>Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
Vrischika Rasi: 13.37	Tithi 14 – 15		<b>Yama</b> 10:17AM – 12:09PM	<b>Sadhya</b> <b>Until 11:06PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8 -
<b>Family Home Evening</b>		374555471	<b>Rahu</b> 6:34AM – 8:25AM	<b>Visti</b> <b>Until 8:42PM</b>	<b>Nataraja:</b> Yellow		Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> <b>Until 10:30AM</b>	Moon – Orange	<b>Devaloka Day</b>	
					Jyeshtha-Vaikasi		

<b>5</b>	<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 29 Sutra 58
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:09PM – 2:01PM	<b>Jyeshtha*</b> <b>Until 7:52AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM	Subhakrit 5124
Vrischika Rasi: 28.44	Tithi 15 – 16		<b>Yama</b> 8:26AM – 10:17AM	<b>Subha</b> <b>Until 6:57PM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 8 -
		374555471	<b>Rahu</b> 3:53PM – 5:45PM	<b>Kaulava</b> <b>Until 3:02AM Wed</b>	<b>Nataraja:</b> Yellow		Prathama
	Routine Work	Marana Yoga		<b>Purnima*</b> <b>Until 6:49AM</b>	Moon – Orange	<b>Devaloka Day</b>	
	Until 7:52AM				Jyeshtha-Vaikasi		
	Then Creative Work - Amrita Yoga						





Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

**Gulika** 10:18AM – 12:09PM  
Yama 6:34AM – 8:26AM  
**Rahu** 12:09PM – 2:01PM

**Purvashadha\* Until 2:08AM Thu**  
Sukla Until 2:44PM  
Taitila Until 1:09PM  
**Dvitiya Until 11:17PM**

**Ganesha:** Blue *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Frederick, MD

Sun 1 Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

**Gulika** 8:26AM – 10:18AM  
Yama 4:42AM – 6:34AM  
**Rahu** 2:02PM – 3:54PM

**Uttarashadha Until 11:21PM**  
Brahma Until 10:40AM  
Vanija Until 9:30AM  
**Tritiya Until 7:45PM**

**Ganesha:** Blue *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

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Sun 2 Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

**Gulika** 6:34AM – 8:26AM  
Yama 3:54PM – 5:46PM  
**Rahu** 10:18AM – 12:10PM

**Shravana Until 9:13PM**  
Indra Until 6:51AM  
Bava Until 6:07AM  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Red *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Frederick, MD

Sun 3 Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

**Gulika** 4:42AM – 6:34AM  
Yama 2:02PM – 3:54PM  
**Rahu** 8:26AM – 10:18AM

**Dhanishtha Until 7:29PM**  
Vishkambha\* Until 12:24AM Sun  
Gara Until 12:49AM Sun  
**Panchami Until 1:54PM**

**Ganesha:** Blue *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4 Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

**Gulika** 3:54PM – 5:46PM  
Yama 12:10PM – 2:02PM  
**Rahu** 5:46PM – 7:38PM

**Shatabhishak Until 6:16PM**  
Priti Until 10:00PM  
Visti Until 11:08PM  
**Shashthi\* Until 11:52AM**

**Ganesha:** Red *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

**Gulika** 2:03PM – 3:55PM  
Yama 10:18AM – 12:11PM  
**Rahu** 6:34AM – 8:26AM

**Purvaproshtapada\* Until 6:05PM**  
Ayushman Until 8:10PM  
Balava Until 10:12PM  
**Saptami Until 10:33AM**

**Ganesha:** Clear *Sunrise: 4:42AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

**Gulika** 12:11PM – 2:03PM  
Yama 8:27AM – 10:19AM  
**Rahu** 3:55PM – 5:47PM

**Uttaraproshtapada Until 6:32PM**  
Saubhagya Until 6:59PM  
Taitila Until 10:03PM  
**Ashtami\* Until 10:01AM**

**Ganesha:** Clear *Sunrise: 4:43AM*  
**Muruqa:** Green *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

Il times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>	<b>Wednesday, June 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
	Meena Rasi: 22.47	Tithi 24 – 25	<b>Gulika</b> 10:19AM – 12:11PM	<b>Revati Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Sun 7 Sutra 66
	315655471		Yama 6:35AM – 8:27AM	Sobhana Until 6:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 10 - 7
Routine Work	Marana Yoga	<b>Rahu</b> 12:11PM – 2:03PM	Vanija Until 10:38PM	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Navami* Until 10:14AM</b>	Moon – Clear		<b>Devaloka Day</b>	
				Jyeshtha-Ani			


<b>2</b>	<b>Thursday, June 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Mesha Rasi: 5.2	Tithi 25 – 26	<b>Gulika</b> 8:27AM – 10:19AM	<b>Ashvini Until 9:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Sun 8 Sutra 67
	325655471		Yama 4:43AM – 6:35AM	Athiganda* Until 6:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 10 - 8
Creative Work	Amrita Yoga	<b>Rahu</b> 2:03PM – 3:55PM	Bava Until 11:53PM	<b>Nataraja:</b> Yellow		2nd Phase	
Until 9:31PM			<b>Dashami Until 11:10AM</b>	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Friday, June 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Mesha Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 6:35AM – 8:27AM	<b>Bharani Until 11:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Sun 9 Sutra 68
	325655471		Yama 3:55PM – 5:47PM	Sukarma Until 6:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 10 - 9
Creative Work	Siddha Yoga	<b>Rahu</b> 10:19AM – 12:11PM	Kaulava Until 1:39AM Sat	<b>Nataraja:</b> Yellow		2nd Phase	
			<b>Ekadashi* Until 12:41PM</b>	Moon – White		<b>Bhuloka Day</b>	
				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Saturday, June 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Mesha Rasi: 29.44	Tithi 27 – 28	<b>Gulika</b> 4:44AM – 6:36AM	<b>Krittika Until 2:25AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:44AM	Sun 10 Sutra 69
	325655471		Yama 2:04PM – 3:55PM	Dhriti Until 7:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 10 - 10
Creative Work	Amrita Yoga	<b>Rahu</b> 8:28AM – 10:20AM	Gara Until 3:48AM Sun	<b>Nataraja:</b> Yellow		2nd Phase	
Until 2:25AM Sun			<b>Dvadashi* Until 2:40PM</b>	Moon – White		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, June 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Virshabha Rasi: 11.41	Tithi 28 – 29	<b>Gulika</b> 3:56PM – 5:48PM	<b>Rohini Until 5:33AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:44AM	Sun 11 Sutra 70
	335655471		Yama 12:12PM – 2:04PM	Shula* Until 8:17PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 10 - 11
Creative Work	Siddha Yoga	<b>Rahu</b> 5:48PM – 7:39PM	Visti Until 6:11AM Mon	<b>Nataraja:</b> Yellow		2nd Phase	
Until 5:33AM Mon			<b>Trayodashi* Until 4:57PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	

<b>6</b>	<b>Monday, June 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
	Virshabha Rasi: 23.32	Tithi 29	<b>Gulika</b> 2:04PM – 3:56PM	<b>Mrigashira Until 8:37AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:44AM	Sun 12 Sutra 71
	335655471		Yama 10:20AM – 12:12PM	Ganda* Until 9:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 10 - 12
<b>Family Home Evening</b>		<b>Rahu</b> 6:36AM – 8:28AM	Visti Until 6:11AM	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 7:25PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 8:37AM Tue				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

	<b>Tuesday, June 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD
	<b>Retreat Star</b>		<b>Gulika</b> 12:12PM – 2:04PM	<b>Mrigashira Until 8:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Sun 13 Sutra 72
	Mithuna Rasi: 5.22	Tithi 30	Yama 8:28AM – 10:20AM	Vriddhi Until 10:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 10 - 13
336655471		<b>Rahu</b> 3:56PM – 5:48PM	Catuspada Until 8:41AM	<b>Nataraja:</b> Yellow		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:55PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 8:37AM				Jyeshtha-Ani		Devaloka Time: 6:PM to 9:PM	
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Wednesday, June 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD
	Mithuna Rasi: 17.11	Tithi 1	<b>Gulika</b> 10:21AM – 12:12PM	<b>Ardra Until 11:30AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:45AM	Sun 14 Sutra 73
	336655471		Yama 6:37AM – 8:29AM	Dhruva Until 11:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:40PM	Moon 6 - Phase 10 - 14
Creative Work	Siddha Yoga	<b>Rahu</b> 12:12PM – 2:04PM	Kintughna Until 11:10AM	<b>Nataraja:</b> Yellow		Prathama	
			<b>Prathama* Until 12:22AM Thu</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada-Ani		Devaloka Time: 6:PM to 9:PM	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>		<b>Thursday, June 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 74
Mithuna Rasi: 29.03	Tithi 2	<b>Gulika</b> 8:29AM – 10:21AM	<b>Punarvasu</b> Until 2:38PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:46AM	Subhakrit 5124		
		Yama 4:46AM – 6:37AM	Vyaghata* Until 12:16AM Fri	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 15		
Creative Work	Amrita Yoga	346655471 <b>Rahu</b> 2:04PM – 3:56PM	Balava Until 1:34PM	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Dvitiya</b> Until 2:41AM Fri	Moon – Blue		<b>Bhuloka Day</b>		
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

<b>2</b>		<b>Friday, July 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 16 Sutra 75
Kataka Rasi: 10.58	Tithi 3	<b>Gulika</b> 6:38AM – 8:29AM	<b>Pushya</b> Until 5:26PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:46AM	Subhakrit 5124		
		Yama 3:56PM – 5:48PM	Harshana Until 1:02AM Sat	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 16		
Routine Work	Marana Yoga	346655471 <b>Rahu</b> 10:21AM – 12:13PM	Taitila Until 3:47PM	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Tritiya</b> Until 4:47AM Sat	Moon – Blue		<b>Bhuloka Day</b>		
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

<b>3</b>		<b>Saturday, July 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Frederick, MD Sun 17 Sutra 76
Kataka Rasi: 22.57	Tithi 4	<b>Gulika</b> 4:47AM – 6:38AM	<b>Ashlesha*</b> Until 7:49PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:47AM	Subhakrit 5124		
		Yama 2:04PM – 3:56PM	Vajra* Until 1:34AM Sun	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 17		
Routine Work	Marana Yoga	346655471 <b>Rahu</b> 8:30AM – 10:21AM	Vanija Until 3:45PM	<b>Nataraja:</b> Yellow		3rd Phase		
Until 7:49PM			<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Blue		<b>Bhuloka Day</b>		
Then Creative Work - Amrita Yoga				Ashada*Ani		Devaloka Time: 6:PM to 9:PM		

<b>4</b>		<b>Sunday, July 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 77
Simha Rasi: 5.04	Tithi 4 – 5	<b>Gulika</b> 3:56PM – 5:48PM	<b>Magha*</b> Until 10:12PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:47AM	Subhakrit 5124		
		Yama 12:13PM – 2:05PM	Siddhi Until 1:50AM Mon	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 18		
Routine Work	Marana Yoga	356655471 <b>Rahu</b> 5:48PM – 7:39PM	Bava Until 7:23PM	<b>Nataraja:</b> Yellow		3rd Phase		
Until 10:12PM			<b>Chaturthi*</b> Until 6:36AM	Moon – Red		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				Ashada*Ani				

<b>5</b>		<b>Monday, July 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 19 Sutra 78
Simha Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 2:05PM – 3:56PM	<b>Purvaphalguni</b> Until 11:59PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:48AM	Subhakrit 5124		
<b>Family Home Evening</b>		Yama 10:22AM – 12:13PM	Vyatipata* Until 1:45AM Tue	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 19		
Creative Work	Siddha Yoga	356655471 <b>Rahu</b> 6:39AM – 8:30AM	Kaulava Until 8:35PM	<b>Nataraja:</b> Yellow		3rd Phase		
			<b>Panchami</b> Until 8:02AM	Moon – Red		<b>Devaloka Day</b>		
				Ashada*Ani				

<b>6</b>		<b>Tuesday, July 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 20 Sutra 79
Simha Rasi: 29.48	Tithi 6 – 7	<b>Gulika</b> 12:13PM – 2:05PM	<b>Uttaraphalguni</b> Until 1:04AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:48AM	Subhakrit 5124		
		Yama 8:31AM – 10:22AM	Variyan Until 1:12AM Wed	<b>Muruga:</b> Green	<i>Sunset:</i> 7:39PM	Moon 6 - Phase 11 - 20		
Creative Work	Amrita Yoga	356655471 <b>Rahu</b> 3:56PM – 5:47PM	Gara Until 9:15PM	<b>Nataraja:</b> Yellow		3rd Phase		
Until 1:04AM Wed			<b>Shashthi*</b> Until 8:58AM	Moon – Red		<b>Devaloka Day</b>		
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		Ashada*Ani				

<b>Retreat Star</b>		<b>Wednesday, July 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 80
Kanya Rasi: 12.32	Tithi 7 – 8	<b>Gulika</b> 10:22AM – 12:14PM	<b>Hasta</b> Until 1:50AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Subhakrit 5124		
		Yama 6:40AM – 8:31AM	Parigha* Until 12:08AM Thu	<b>Muruga:</b> Green	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11 - 21		
Routine Work	Marana Yoga	467655471 <b>Rahu</b> 12:14PM – 2:05PM	Visti Until 9:16PM	<b>Nataraja:</b> Yellow		Ashtami		
Until 1:50AM Thu			<b>Saptami</b> Until 9:19AM	Moon – Green		<b>Devaloka Day</b>		
Then Creative Work - Siddha Yoga				Ashada*Ani				

<b>Retreat Star</b>		<b>Thursday, July 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 81
Kanya Rasi: 25.37	Tithi 8 – 9	<b>Gulika</b> 8:32AM – 10:23AM	<b>Chitra</b> Until 1:43AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Subhakrit 5124		
		Yama 4:49AM – 6:40AM	Shiva Until 10:31PM	<b>Muruga:</b> Green	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 11 - 22		
Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 2:05PM – 3:56PM	Balava Until 8:33PM	<b>Nataraja:</b> Yellow		Navami		
			<b>Ashtami*</b> Until 8:59AM	Moon – Green		<b>Devaloka Day</b>		
				Ashada*Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	<b>Friday, July 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23 Sutra 82 Subhakrit 5124
	Tula Rasi: 9.05	Tithi 9 – 10	<b>Gulika</b> 6:41AM – 8:32AM	<b>Svati Until 12:43AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	
			Yama 3:56PM – 5:47PM	Siddha Until 8:16PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12 - 23
	Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 10:23AM – 12:14PM	Taitila Until 7:07PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Navami* Until 7:55AM</b>	Moon – Green	<b>Devaloka Day</b>		
			<b>Ashada*Ani</b>				

2	<b>Saturday, July 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 83 Subhakrit 5124
	Tula Rasi: 23	Tithi 10 – 11	<b>Gulika</b> 4:51AM – 6:41AM	<b>Vishakha Until 11:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	
			Yama 2:05PM – 3:56PM	Sadhya Until 5:27PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 8:32AM – 10:23AM	Visti Until 3:39AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami Until 6:07AM</b>	Moon – Orange	<b>Bhuloka Day</b>		
			<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM		

3	<b>Sunday, July 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 84 Subhakrit 5124
	Vrischika Rasi: 7.21	Tithi 12	<b>Gulika</b> 3:56PM – 5:46PM	<b>Anuradha Until 9:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	
			Yama 12:14PM – 2:05PM	Subha Until 2:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12 - 25
	Routine Work	Marana Yoga	477655471 <b>Rahu</b> 5:46PM – 7:37PM	Bava Until 2:13PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi Until 12:37AM Mon</b>	Moon – Orange	<b>Bhuloka Day</b>		
			<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM		

4	<b>Monday, July 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 85 Subhakrit 5124
	Vrischika Rasi: 22.05	Tithi 13	<b>Gulika</b> 2:05PM – 3:56PM	<b>Jyeshtha* Until 6:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	
	<b>Family Home Evening</b>		Yama 10:24AM – 12:14PM	Sukla Until 10:24AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12 - 26
	Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 6:43AM – 8:33AM	Kaulava Until 10:57AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi Until 9:10PM</b>	Moon – Orange	<b>Bhuloka Day</b>		
			<b>Ashada*Ani</b>		Devaloka Time: 6:PM to 9:PM		

*Pradosha Vrata*

5	<b>Tuesday, July 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashy/Purnimayam Titau				Frederick, MD Sun 27 Sutra 86 Subhakrit 5124
	Dhanus Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 12:14PM – 2:05PM	<b>Mula* Until 3:46PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	
			Yama 8:34AM – 10:24AM	Brahma Until 6:22AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12 - 27
	Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 3:55PM – 5:46PM	Gara Until 7:20AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Chaturdashi* Until 5:26PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
			<b>Ashada*Ani</b>				

○	<b>Wednesday, July 13, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28 Sutra 87 Subhakrit 5124
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:24AM – 12:15PM	<b>Purvashadha* Until 12:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	
	Dhanus Rasi: 22.22	Tithi 15 – 16	Yama 6:44AM – 8:34AM	Vaidhriti* Until 9:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 12:15PM – 2:05PM	Balava Until 11:41PM	<b>Nataraja:</b> Yellow		
			<b>Purnima* Until 1:35PM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
			<b>Satguru Purnima</b>		<b>Ashada*Ani</b>		

○	<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 29 Sutra 88 Subhakrit 5124
	<b>Silver Retreat Star</b>		<b>Gulika</b> 8:34AM – 10:24AM	<b>Uttarashadha Until 9:40AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	
	Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:54AM – 6:44AM	Vishkambha* Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 12 - Prathama
	Creative Work	Marana Yoga	488755471 <b>Rahu</b> 2:05PM – 3:55PM	Taitila Until 7:59PM	<b>Nataraja:</b> Yellow		
			<b>Prathama* Until 9:47AM</b>	Moon – Light Blue	<b>Devaloka Day</b>		
			<b>Ashada*Ani</b>				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 89

Subhakrit 5124

Makara Rasi: 22.4 Tithi 17 - 18

498755471

**Gulika** 6:45AM - 8:35AM  
Yama 3:55PM - 5:45PM  
**Rahu** 10:25AM - 12:15PM

**Shravana Until 7:04AM**  
Priti Until 1:54PM  
Visti Until 3:02AM Sat  
**Dvitiya Until 6:13AM**

**Ganesha:** Blue *Sunrise: 4:55AM*  
**Muruqa:** Green *Sunset: 7:35PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 90

Subhakrit 5124

Kumbha Rasi: 7.25 Tithi 19

498755471

**Gulika** 4:55AM - 6:45AM  
Yama 2:05PM - 3:55PM  
**Rahu** 8:35AM - 10:25AM

**Shatabhishak Until 2:50AM Sun**  
Ayushman Until 10:22AM  
Bava Until 1:40PM  
**Chaturthi\* Until 12:25AM Sun**

**Ganesha:** Blue *Sunrise: 4:55AM*  
**Muruqa:** Green *Sunset: 7:34PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga  
Until 2:50AM Sun  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 3 Sutra 91

Subhakrit 5124

Kumbha Rasi: 21.46 Tithi 20

418755472

**Gulika** 3:54PM - 5:44PM  
Yama 12:15PM - 2:05PM  
**Rahu** 5:44PM - 7:34PM

**Purvaproshtapada\* Until 1:56AM Mon**  
Saubhagya Until 7:22AM  
Kaulava Until 11:22AM  
**Panchami Until 10:29PM**

**Ganesha:** White *Sunrise: 4:56AM*  
**Muruqa:** Green *Sunset: 7:34PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 4 Sutra 92

Subhakrit 5124

Meena Rasi: 5.38 Tithi 21

418755472

**Gulika** 2:05PM - 3:54PM  
Yama 10:26AM - 12:15PM  
**Rahu** 6:47AM - 8:36AM

**Uttaraproshtapada Until 1:42AM Tue**  
Athiganda\* Until 3:13AM Tue  
Gara Until 9:50AM  
**Shashthi\* Until 9:22PM**

**Ganesha:** White *Sunrise: 4:57AM*  
**Muruqa:** Green *Sunset: 7:33PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Family Home Evening  
Creative Work Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Frederick, MD

Sun 5 Sutra 93

Subhakrit 5124

Meena Rasi: 19.01 Tithi 22

419755472

**Gulika** 12:15PM - 2:04PM  
Yama 8:36AM - 10:26AM  
**Rahu** 3:54PM - 5:43PM

**Revati Until 2:10AM Wed**  
Sukarma Until 2:11AM Wed  
Visti Until 9:09AM  
**Saptami Until 9:06PM**

**Ganesha:** Clear *Sunrise: 4:58AM*  
**Muruqa:** Green *Sunset: 7:32PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 2:10AM Wed  
Then Routine Work - Marana Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 94

Subhakrit 5124

Mesha Rasi: 1.56 Tithi 23

429755472

**Gulika** 10:26AM - 12:15PM  
Yama 6:48AM - 8:37AM  
**Rahu** 12:15PM - 2:04PM

**Ashvini Until 3:46AM Thu**  
Dhriti Until 1:49AM Thu  
Balava Until 9:19AM  
**Ashtami\* Until 9:42PM**

**Ganesha:** Purple *Sunrise: 4:59AM*  
**Muruqa:** Green *Sunset: 7:32PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Routine Work Marana Yoga  
Until 3:46AM Thu  
Then Creative Work - Siddha Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7 Sutra 95

Subhakrit 5124

Mesha Rasi: 14.28 Tithi 24

429755472

**Gulika** 8:37AM - 10:26AM  
Yama 4:59AM - 6:48AM  
**Rahu** 2:04PM - 3:53PM

**Bharani Until 5:54AM Fri**  
Shula\* Until 1:59AM Fri  
Taitila Until 10:19AM  
**Navami\* Until 11:03PM**

**Ganesha:** Purple *Sunrise: 4:59AM*  
**Muruqa:** Green *Sunset: 7:31PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Creative Work Siddha Yoga


<b>1</b>		<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 8 Sutra 96	
Mesha Rasi: 26.42	Tithi 25	<b>Gulika</b> 6:49AM – 8:38AM	<b>Krittika</b> <b>Until 8:24AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	Subhakrit 5124	
		Yama 3:53PM – 5:41PM	Ganda* <b>Until 2:37AM Sat</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 14 - 8	
		429755472 <b>Rahu</b> 10:26AM – 12:15PM	Vanija <b>Until 11:59AM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 12:59AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
Until 8:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 97	
Virshabha Rasi: 8.43	Tithi 26	<b>Gulika</b> 5:01AM – 6:50AM	<b>Krittika</b> <b>Until 8:24AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:01AM	Subhakrit 5124	
		Yama 2:04PM – 3:52PM	Vriddhi <b>Until 3:32AM Sun</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 14 - 9	
		429755472 <b>Rahu</b> 8:38AM – 10:27AM	Bava <b>Until 2:08PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> <b>Until 3:18AM Sun</b>	Moon – White		<b>Devaloka Day</b>	
				Ashada*Adi			

<b>3</b>		<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 98	
Virshabha Rasi: 20.35	Tithi 27	<b>Gulika</b> 3:52PM – 5:40PM	<b>Rohini</b> <b>Until 11:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Subhakrit 5124	
		Yama 12:15PM – 2:04PM	Dhruva <b>Until 4:34AM Mon</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 14 - 10	
		439755472 <b>Rahu</b> 5:40PM – 7:29PM	Kaulava <b>Until 4:34PM</b>	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 5:49AM Mon</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>	

<b>4</b>		<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 99	
Mithuna Rasi: 2.25	Tithi 28	<b>Gulika</b> 2:03PM – 3:52PM	<b>Mrigashira</b> <b>Until 2:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:03AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:27AM – 12:15PM	Vyaghata* <b>Until 5:38AM Tue</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 <b>Rahu</b> 6:51AM – 8:39AM	Gara <b>Until 7:06PM</b>	<b>Nataraja:</b> White		2nd Phase	
Until 2:37PM			<b>Trayodashi*</b> <b>Until 8:20AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 100	
Mithuna Rasi: 14.14	Tithi 28 – 29	<b>Gulika</b> 12:15PM – 2:03PM	<b>Ardra</b> <b>Until 5:30PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM	Subhakrit 5124	
		Yama 8:39AM – 10:27AM	Harshana <b>Until 6:37AM Wed</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 14 - 12	
		431755472 <b>Rahu</b> 3:51PM – 5:39PM	Visti <b>Until 9:34PM</b>	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> <b>Until 8:20AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 5:30PM				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga							

		<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 101	
<b>Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:15PM	<b>Punarvasu</b> <b>Until 8:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:04AM	Subhakrit 5124	
Mithuna Rasi: 26.05	Tithi 29 – 30	Yama 6:52AM – 8:40AM	Harshana <b>Until 6:37AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 14 - 13	
		441755472 <b>Rahu</b> 12:15PM – 2:03PM	Catuspada <b>Until 11:52PM</b>	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:44AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				Ashada*Adi		<b>Devaloka Time: 9:AM to12:PM</b>	

<b>Thursday, July 28, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 14 Sutra 102	
Kataka Rasi: 8.01	Tithi 30 – 1	<b>Gulika</b> 8:40AM – 10:28AM	<b>Pushya</b> <b>Until 11:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM	Subhakrit 5124	
		Yama 5:05AM – 6:53AM	Vajra* <b>Until 7:26AM</b>	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 14 - 14	
		441755472 <b>Rahu</b> 2:03PM – 3:50PM	Kintughna <b>Until 1:57AM Fri</b>	<b>Nataraja:</b> White		Prathama	
Creative Work	Amrita Yoga		<b>Amavasya*</b> <b>Until 12:55PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 11:16PM				Sravana*Adi		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b> Friday, July 29, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 103 Subhakarit 5124
Kataka Rasi: 20.02	Tithi 1 – 2	<b>Gulika</b> 6:53AM – 8:41AM Yama 3:50PM – 5:37PM 441755472 <b>Rahu</b> 10:28AM – 12:15PM	<b>Ashlesha* Until 1:31AM Sat</b> Siddhi Until 8:04AM Balava Until 3:44AM Sat Prathama* Until 2:51PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Blue	<b>Sunrise:</b> 5:06AM <b>Sunset:</b> 7:24PM	Moon 7 - Phase 15 - 15 3rd Phase
Routine Work Marana Yoga Until 1:31AM Sat Then Creative Work - Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>2</b> Saturday, July 30, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 104 Subhakarit 5124
Simha Rasi: 2.11	Tithi 2 – 3	<b>Gulika</b> 5:07AM – 6:54AM Yama 2:02PM – 3:49PM 451755472 <b>Rahu</b> 8:41AM – 10:28AM	<b>Magha* Until 3:48AM Sun</b> Vyatipata* Until 8:30AM Taitila Until 5:12AM Sun Dvitiya Until 4:29PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 5:07AM <b>Sunset:</b> 7:23PM	Moon 7 - Phase 15 - 16 3rd Phase
Creative Work Amrita Yoga Until 3:48AM Sun Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>3</b> Sunday, July 31, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Frederick, MD Sun 17 Sutra 105 Subhakarit 5124
Simha Rasi: 14.27	Tithi 3 – 4	<b>Gulika</b> 3:49PM – 5:35PM Yama 12:15PM – 2:02PM 451755472 <b>Rahu</b> 5:35PM – 7:22PM	<b>Purvaphalguni Until 5:35AM Mon</b> Variyan Until 8:39AM Vanija Until 6:19AM Mon Tritiya Until 5:47PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 5:08AM <b>Sunset:</b> 7:22PM	Moon 7 - Phase 15 - 17 3rd Phase
Creative Work Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>4</b> Monday, August 1, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Frederick, MD Sun 18 Sutra 106 Subhakarit 5124
Simha Rasi: 26.52	Tithi 4	<b>Gulika</b> 2:02PM – 3:48PM Yama 10:29AM – 12:15PM 451755472 <b>Rahu</b> 6:55AM – 8:42AM	<b>Uttaraphalguni Until 6:48AM Tue</b> Parigha* Until 8:32AM Vanija Until 6:19AM Chaturthi* Until 6:43PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 5:09AM <b>Sunset:</b> 7:21PM	Moon 7 - Phase 15 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>5</b> Tuesday, August 2, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 19 Sutra 107 Subhakarit 5124
Kanya Rasi: 9.29	Tithi 5	<b>Gulika</b> 12:15PM – 2:01PM Yama 8:42AM – 10:29AM 451755472 <b>Rahu</b> 3:48PM – 5:34PM	<b>Uttaraphalguni Until 6:48AM</b> Shiva Until 8:06AM Bava Until 7:02AM Panchami Until 7:12PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Red	<b>Sunrise:</b> 5:10AM <b>Sunset:</b> 7:20PM	Moon 7 - Phase 15 - 19 3rd Phase
Creative Work Amrita Yoga Until 6:48AM Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 9:AM to12:PM				

<b>6</b> Wednesday, August 3, 2022		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 20 Sutra 108 Subhakarit 5124
Kanya Rasi: 22.18	Tithi 6	<b>Gulika</b> 10:29AM – 12:15PM Yama 6:57AM – 8:43AM 461755472 <b>Rahu</b> 12:15PM – 2:01PM	<b>Hasta Until 7:53AM</b> Siddha Until 7:17AM Kaulava Until 7:17AM Shashthi* Until 7:11PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Green <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 5:11AM <b>Sunset:</b> 7:19PM	Moon 7 - Phase 15 - 20 3rd Phase
Routine Work Marana Yoga Until 7:53AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>Thursday, August 4, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 21 Sutra 109 Subhakarit 5124
<b>Retreat Star</b>		<b>Gulika</b> 8:43AM – 10:29AM Yama 5:12AM – 6:57AM 461765472 <b>Rahu</b> 2:01PM – 3:46PM	<b>Chitra Until 8:17AM</b> Sadhya Until 6:03AM Gara Until 7:00AM Saptami Until 6:37PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 7:18PM	Moon 7 - Phase 15 - 21 3rd Phase
Tula Rasi: 5.23 Tithi 7 Creative Work Siddha Yoga Until 8:17AM Then Creative Work - Amrita Yoga		<b>Devaloka Day</b>				

<b>Friday, August 5, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 110 Subhakarit 5124
<b>Retreat Star</b>		<b>Gulika</b> 6:58AM – 8:44AM Yama 3:46PM – 5:31PM 461765472 <b>Rahu</b> 10:29AM – 12:15PM	<b>Svati Until 7:58AM</b> Sukla Until 2:09AM Sat Visti Until 6:07AM Ashtami* Until 5:26PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Green	<b>Sunrise:</b> 5:12AM <b>Sunset:</b> 7:17PM	Moon 7 - Phase 15 - 22 Ashtami
Tula Rasi: 18.47 Tithi 8 – 9 Creative Work Siddha Yoga		<b>Devaloka Day</b>				

<b>Saturday, August 6, 2022</b>		Subhakar Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23 Sutra 111 Subhakarit 5124
<b>Retreat Star</b>		<b>Gulika</b> 5:13AM – 6:59AM Yama 2:00PM – 3:45PM 472765472 <b>Rahu</b> 8:44AM – 10:29AM	<b>Vishakha Until 7:19AM</b> Brahma Until 11:28PM Taitila Until 2:32AM Sun Navami* Until 3:38PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Orange	<b>Sunrise:</b> 5:13AM <b>Sunset:</b> 7:16PM	Moon 7 - Phase 15 - 23 Navami
Vrischika Rasi: 2.34 Tithi 9 – 10 Creative Work Siddha Yoga		<b>Bhuloka Day</b>				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Frederick, MD on 4/26/2

www.gurudeva.org/panchang

<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	<b>Gulika</b> 3:45PM - 5:30PM	<b>Jyeshtha* Until 3:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM	
		Yama 12:14PM - 2:00PM	Indra Until 8:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Moon 7 - Phase 16 - 24
		472865472 <b>Rahu</b> 5:30PM - 7:15PM	Vanija Until 11:55PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:16PM</b>	Moon - Orange		<b>Bhuloka Day</b>
Until 3:53AM Mon				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	<b>Gulika</b> 1:59PM - 3:44PM	<b>Mula* Until 1:41AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:15AM	
		Yama 10:30AM - 12:14PM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 - 25
<b>Family Home Evening</b>		482865472 <b>Rahu</b> 7:00AM - 8:45AM	Bava Until 8:51PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:25AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
				<b>Sravana*Adi</b>		

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Prili Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	<b>Gulika</b> 12:14PM - 1:59PM	<b>Purvashadha* Until 11:04PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	
		Yama 8:45AM - 10:30AM	Vishkambha* Until 12:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 16 - 26
		482865472 <b>Rahu</b> 3:43PM - 5:28PM	Taitila Until 3:41AM Wed	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:10AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 11:04PM				<b>Sravana*Adi</b>		<b>Tour Day</b>
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	<b>Gulika</b> 10:30AM - 12:14PM	<b>Uttarashadha Until 8:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:17AM	
		Yama 7:01AM - 8:46AM	Priti Until 9:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 16 - 27
		482865472 <b>Rahu</b> 12:14PM - 1:58PM	Gara Until 1:55PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 12:06AM Thu</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 8:11PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sutra 116 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:46AM - 10:30AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	
Makara Rasi: 16.04	Tithi 15	Yama 5:18AM - 7:02AM	Saubhagya Until 1:02AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 1:58PM - 3:42PM	Visti Until 10:20AM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 8:35PM</b>	Moon - Purple		<b>Bhuloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sutra 117 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:03AM - 8:46AM	<b>Dhanishtha Until 3:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	
Kumbha Rasi: 1.02	Tithi 16 - 17	Yama 3:41PM - 5:25PM	Sobhana Until 9:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 -
		492865472 <b>Rahu</b> 10:30AM - 12:14PM	Balava Until 6:55AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:18PM</b>	Moon - Purple		<b>Bhuloka Day</b>
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
**Gold Retreat Star**

Kumbha Rasi: 15.46 Tithi 17 – 18

492865472

Creative Work Amrita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarna Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

**Gulika** 5:20AM – 7:03AM  
**Yama** 1:57PM – 3:40PM  
**Rahu** 8:47AM – 10:30AM

**Shatabhishak** Until 12:51PM  
Athiganda\* Until 5:59PM  
Vanija Until 1:13AM Sun  
**Dvitiya** Until 2:26PM

**Ganesha:** Clear *Sunrise: 5:20AM*  
**Muruqa:** White *Sunset: 7:07PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana\*Adi**

Frederick, MD  
Sun 1 Sutra 118  
Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Meena Rasi: 0.07 Tithi 18 – 19

412865472

Creative Work Siddha Yoga  
Until 11:27AM  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarna/Dhriti Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

**Gulika** 3:40PM – 5:23PM  
**Yama** 12:13PM – 1:57PM  
**Rahu** 5:23PM – 7:06PM

**Purvaprosarthapada\*** Until 11:27AM  
Sukarna Until 3:08PM  
Bava Until 11:16PM  
**Tritiya** Until 12:08PM

**Ganesha:** Yellow *Sunrise: 5:21AM*  
**Muruqa:** White *Sunset: 7:06PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana\*Adi**

Frederick, MD  
Sun 2 Sutra 119  
Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Meena Rasi: 14.02 Tithi 19 – 20

412865472

**Family Home Evening**  
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 1:56PM – 3:39PM  
**Yama** 10:30AM – 12:13PM  
**Rahu** 7:05AM – 8:47AM

**Uttaraprosarthapada** Until 10:37AM  
Dhriti Until 12:53PM  
Kaulava Until 10:05PM  
**Chaturthi\*** Until 10:33AM

**Ganesha:** Yellow *Sunrise: 5:22AM*  
**Muruqa:** White *Sunset: 7:05PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana\*Adi**

Frederick, MD  
Sun 3 Sutra 120  
Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Meena Rasi: 27.28 Tithi 20 – 21

412865472

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 12:13PM – 1:56PM  
**Yama** 8:48AM – 10:30AM  
**Rahu** 3:38PM – 5:21PM

**Revati** Until 10:27AM  
Shula\* Until 11:18AM  
Gara Until 9:46PM  
**Panchami** Until 9:48AM

**Ganesha:** Yellow *Sunrise: 5:23AM*  
**Muruqa:** White *Sunset: 7:03PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana\*Avani**

Frederick, MD  
Sun 4 Sutra 121  
Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Mesha Rasi: 10.26 Tithi 21 – 22

522865472

Routine Work Marana Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:30AM – 12:13PM  
**Yama** 7:06AM – 8:48AM  
**Rahu** 12:13PM – 1:55PM

**Ashvini** Until 11:27AM  
Ganda\* Until 10:25AM  
Visti Until 10:19PM  
**Shashthi\*** Until 9:55AM

**Ganesha:** Yellow *Sunrise: 5:24AM*  
**Muruqa:** White *Sunset: 7:02PM*  
**Nataraja:** White  
Moon – White  
**Sravana\*Avani**

Frederick, MD  
Sun 5 Sutra 122  
Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

**Retreat Star**

Mesha Rasi: 23 Tithi 22 – 23

522865472

Creative Work Siddha Yoga  
Until 1:06PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:48AM – 10:31AM  
**Yama** 5:24AM – 7:06AM  
**Rahu** 1:55PM – 3:37PM

**Krishna Janmashtami**

**Bharani** Until 1:06PM  
Vridhhi Until 10:12AM  
Balava Until 11:40PM  
**Saptami** Until 10:53AM

**Ganesha:** Yellow *Sunrise: 5:24AM*  
**Muruqa:** White *Sunset: 7:01PM*  
**Nataraja:** White  
Moon – White  
**Sravana\*Avani**

Frederick, MD  
Sun 6 Sutra 123  
Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Friday, August 19, 2022**

**Retreat Star**

Vrishabha Rasi: 5.15 Tithi 23 – 24

523865472

Creative Work Siddha Yoga  
Until 3:16PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

**Gulika** 7:07AM – 8:49AM  
**Yama** 3:36PM – 5:18PM  
**Rahu** 10:31AM – 12:12PM

**Krittika** Until 3:16PM  
Dhruva Until 10:30AM  
Taila Until 1:37AM Sat  
**Ashtami\*** Until 12:33PM

**Ganesha:** White *Sunrise: 5:25AM*  
**Muruqa:** White *Sunset: 6:59PM*  
**Nataraja:** White  
Moon – White  
**Sravana\*Avani**

Frederick, MD  
Sun 7 Sutra 124  
Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

**Bhuloka Day**

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>	<b>Saturday, August 20, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Frederick, MD Sun 8
	Wishabha Rasi: 17.16	Tithi 24 – 25	<b>Gulika</b> 5:26AM – 7:08AM	<b>Rohini</b> Until 6:13PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:26AM	Subhakit 5124
			Yama 1:54PM – 3:35PM	Vyaghata* Until 11:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 8 - Phase 18 - 8
		533865472	<b>Rahu</b> 8:49AM – 10:31AM	Vanija Until 3:57AM Sun	<b>Nataraja:</b> White		2nd Phase
Creative Work Amrita Yoga		<b>Navami* Until 2:44PM</b>				<b>Bhuloka Day</b>	
Until 6:13PM						Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, August 21, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 9
	Wishabha Rasi: 29.09	Tithi 25 – 26	<b>Gulika</b> 3:34PM – 5:15PM	<b>Mrigashira</b> Until 9:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:27AM	Subhakit 5124
			Yama 12:12PM – 1:53PM	Harshana Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 8 - Phase 18 - 9
		533865472	<b>Rahu</b> 5:15PM – 6:56PM	Bava Until 6:27AM Mon	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga		<b>Dashami Until 5:10PM</b>				<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>3</b>	<b>Monday, August 22, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD Sun 10
	Mithuna Rasi: 10.59	Tithi 26	<b>Gulika</b> 1:52PM – 3:33PM	<b>Ardra</b> Until 12:05AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:28AM	Subhakit 5124
	<b>Family Home Evening</b>		Yama 10:31AM – 12:12PM	Vajra* Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 8 - Phase 18 - 10
		533865472	<b>Rahu</b> 7:09AM – 8:50AM	Bava Until 6:27AM	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga		<b>Ekadashi* Until 7:40PM</b>				<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>4</b>	<b>Tuesday, August 23, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Frederick, MD Sun 11
	Mithuna Rasi: 22.5	Tithi 27	<b>Gulika</b> 12:11PM – 1:52PM	<b>Punarvasu</b> Until 3:08AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:29AM	Subhakit 5124
			Yama 8:50AM – 10:31AM	Siddhi Until 2:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 8 - Phase 18 - 11
		543865472	<b>Rahu</b> 3:32PM – 5:13PM	Kaulava Until 8:54AM	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga		<b>Dvadashi* Until 10:02PM</b>				<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>5</b>	<b>Wednesday, August 24, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD Sun 12
	Kataka Rasi: 4.45	Tithi 28	<b>Gulika</b> 10:31AM – 12:11PM	<b>Pushya</b> Until 5:45AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:30AM	Subhakit 5124
			Yama 7:10AM – 8:51AM	Vyatipata* Until 2:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 18 - 12
		543865472	<b>Rahu</b> 12:11PM – 1:51PM	Gara Until 11:08AM	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga		<b>Trayodashi* Until 12:08AM Thu</b>				<b>Bhuloka Day</b>	
		<i>Pradosha Vrata (Fasting)</i>					

<b>6</b>	<b>Thursday, August 25, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD Sun 13
	Kataka Rasi: 16.47	Tithi 29	<b>Gulika</b> 8:51AM – 10:31AM	<b>Ashlesha*</b> Until 7:51AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:31AM	Subhakit 5124
			Yama 5:31AM – 7:11AM	Variyan Until 3:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 18 - 13
		543865472	<b>Rahu</b> 1:51PM – 3:31PM	Visti Until 1:04PM	<b>Nataraja:</b> White		2nd Phase
Creative Work Siddha Yoga		<b>Chaturdashi* Until 1:53AM Fri</b>				<b>Bhuloka Day</b>	
Until 7:51AM Fri						Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga							

<b>●</b>	<b>Friday, August 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 7:11AM – 8:51AM	<b>Ashlesha*</b> Until 7:51AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	Subhakit 5124
	Kataka Rasi: 28.58	Tithi 30	Yama 3:30PM – 5:10PM	Parigha* Until 3:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 18 - 14
		543865472	<b>Rahu</b> 10:31AM – 12:11PM	Catuspada Until 2:38PM	<b>Nataraja:</b> White		Amavasya
Routine Work Marana Yoga		<b>Amavasya* Until 3:15AM Sat</b>				<b>Bhuloka Day</b>	
						Devaloka Time: 6:AM to 9:AM	

<b>●</b>	<b>Saturday, August 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD Sun 15
	<b>Retreat Star</b>		<b>Gulika</b> 5:33AM – 7:12AM	<b>Magha*</b> Until 9:54AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:33AM	Subhakit 5124
	Simha Rasi: 11.18	Tithi 1	Yama 1:50PM – 3:29PM	Shiva Until 3:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 18 - 15
		553865473	<b>Rahu</b> 8:51AM – 10:31AM	Kintughna Until 3:49PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Amrita Yoga		<b>Prathama* Until 4:14AM Sun</b>				<b>Bhuloka Day</b>	
Until 9:54AM						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Frederick, MD on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Sunday, August 28, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD
Simha Rasi: 23.49	Tithi 2	553865473	<b>Gulika</b> 3:28PM – 5:07PM <b>Yama</b> 12:10PM – 1:49PM <b>Rahu</b> 5:07PM – 6:46PM	<b>Purvaphalguni Until 11:24AM</b> Siddha Until 3:11PM Balava Until 4:36PM <b>Dvitiya Until 4:49AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:46PM	Sun 16 Sutra 133 Subhakrit 5124 Moon 8 - Phase 19 - 16 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga Until 11:24AM Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Monday, August 29, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trityayam Titau		Frederick, MD
Kanya Rasi: 6.3	Tithi 3	553865473	<b>Gulika</b> 1:48PM – 3:27PM <b>Yama</b> 10:31AM – 12:10PM <b>Rahu</b> 7:13AM – 8:52AM	<b>Uttaraphalguni Until 12:22PM</b> Sadhya Until 2:30PM Tailila Until 4:59PM <b>Tritiya Until 5:01AM Tue</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:35AM <b>Sunset:</b> 6:45PM	Sun 17 Sutra 134 Subhakrit 5124 Moon 8 - Phase 19 - 17 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Family Home Evening Creative Work Siddha Yoga								

<b>3</b>		<b>Tuesday, August 30, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau		Frederick, MD
Kanya Rasi: 19.23	Tithi 4	563865473	<b>Gulika</b> 12:09PM – 1:48PM <b>Yama</b> 8:52AM – 10:31AM <b>Rahu</b> 3:26PM – 5:05PM	<b>Hasta Until 1:17PM</b> Subha Until 1:32PM Vanija Until 5:00PM <b>Chaturthi* Until 4:51AM Wed</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:35AM <b>Sunset:</b> 6:43PM	Sun 18 Sutra 135 Subhakrit 5124 Moon 8 - Phase 19 - 18 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga		<b>Ganesha Chaturthi</b>						

<b>4</b>		<b>Wednesday, August 31, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD
Tula Rasi: 2.26	Tithi 5	563965473	<b>Gulika</b> 10:31AM – 12:09PM <b>Yama</b> 7:15AM – 8:53AM <b>Rahu</b> 12:09PM – 1:47PM	<b>Chitra Until 1:39PM</b> Sukla Until 12:14PM Bava Until 4:38PM <b>Panchami Until 4:17AM Thu</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 6:42PM	Sun 19 Sutra 136 Subhakrit 5124 Moon 8 - Phase 19 - 19 3rd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>5</b>		<b>Thursday, September 1, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau		Frederick, MD
Tula Rasi: 15.43	Tithi 6	563965473	<b>Gulika</b> 8:53AM – 10:31AM <b>Yama</b> 5:37AM – 7:15AM <b>Rahu</b> 1:47PM – 3:24PM	<b>Svati Until 1:30PM</b> Brahma Until 10:38AM Kaulava Until 3:52PM <b>Shashthi* Until 3:18AM Fri</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:37AM <b>Sunset:</b> 6:40PM	Sun 20 Sutra 137 Subhakrit 5124 Moon 8 - Phase 19 - 20 3rd Phase	<b>Devaloka Day</b>
Creative Work Amrita Yoga Until 1:30PM Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Friday, September 2, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD
Tula Rasi: 29.13	Tithi 7	574965473	<b>Gulika</b> 7:16AM – 8:53AM <b>Yama</b> 3:23PM – 5:01PM <b>Rahu</b> 10:31AM – 12:08PM	<b>Vishakha Until 1:14PM</b> Indra Until 8:43AM Gara Until 2:41PM <b>Saptami Until 1:55AM Sat</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:38AM <b>Sunset:</b> 6:39PM	Sun 21 Sutra 138 Subhakrit 5124 Moon 8 - Phase 19 - 21 3rd Phase	<b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Saturday, September 3, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD
Vrischika Rasi: 12.57	Tithi 8	574965473	<b>Gulika</b> 5:39AM – 7:16AM <b>Yama</b> 1:45PM – 3:23PM <b>Rahu</b> 8:54AM – 10:31AM	<b>Anuradha Until 12:24PM</b> Vaidhriti* Until 6:26AM Visti Until 1:05PM <b>Ashtami* Until 12:07AM Sun</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:39AM <b>Sunset:</b> 6:37PM	Sun 22 Sutra 139 Subhakrit 5124 Moon 8 - Phase 19 - 22 Ashtami	<b>Devaloka Day</b>
Creative Work Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, September 4, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD
Vrischika Rasi: 26.57	Tithi 9	574965473	<b>Gulika</b> 3:22PM – 4:59PM <b>Yama</b> 12:08PM – 1:45PM <b>Rahu</b> 4:59PM – 6:35PM	<b>Jyeshtha* Until 11:01AM</b> Priti Until 12:55AM Mon Balava Until 11:05AM <b>Navami* Until 9:55PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 5:40AM <b>Sunset:</b> 6:35PM	Sun 23 Sutra 140 Subhakrit 5124 Moon 8 - Phase 19 - 23 Navami	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 11:01AM Then Creative Work - Amrita Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda


<b>1</b>		<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 24 Sutra 141 Subhakrit 5124
Dhanus Rasi: 11.12	Tithi 10	<b>Gulika</b>	1:44PM – 3:21PM	<b>Mula* Until 9:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM		
<b>Family Home Evening</b>	584965473	Yama	10:31AM – 12:07PM	Ayushman Until 9:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20 - 24	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	7:18AM – 8:54AM	Taitila Until 8:42AM	<b>Nataraja:</b> Clear			
Until 9:32AM				<b>Dashami Until 7:22PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>2</b>		<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 142 Subhakrit 5124
Dhanus Rasi: 25.41	Tithi 11 – 12	<b>Gulika</b>	12:07PM – 1:43PM	<b>Purvashadha* Until 7:36AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:42AM		
	584965473	Yama	8:54AM – 10:31AM	Saubhagya Until 6:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20 - 25	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	3:20PM – 4:56PM	Vanija Until 6:00AM	<b>Nataraja:</b> Clear			
Until 7:36AM				<b>Ekadashi Until 4:33PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Prabarashita Yoga					<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 143 Subhakrit 5124
Makara Rasi: 10.19	Tithi 12 – 13	<b>Gulika</b>	10:31AM – 12:07PM	<b>Shravana Until 3:15AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM		
	594965473	Yama	7:19AM – 8:55AM	Sobhana Until 2:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20 - 26	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	12:07PM – 1:43PM	Kaulava Until 12:04AM Thu	<b>Nataraja:</b> Clear			
				<b>Dvadashi Until 1:34PM</b>	Moon – Purple		<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

*Pradosha Vrata*

<b>4</b>		<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 144 Subhakrit 5124
Makara Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b>	8:55AM – 10:31AM	<b>Dhanishtha Until 1:04AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:44AM		
	594965473	Yama	5:44AM – 7:19AM	Athiganda* Until 11:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20 - 27	4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b>	1:42PM – 3:18PM	Gara Until 9:05PM	<b>Nataraja:</b> Clear			
				<b>Trayodashi Until 10:33AM</b>	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			<b>Bhadrapada*Avani</b>			

		<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sutra 145 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b>	7:20AM – 8:55AM	<b>Shatabhishak Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM		
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama	3:17PM – 4:52PM	Sukarma Until 7:40AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20 -	Purnima
	594965473	<b>Rahu</b>	10:31AM – 12:06PM	Visti Until 6:17PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:38AM</b>	Moon – Purple		<b>Devaloka Day</b>	
					<b>Bhadrapada*Avani</b>			

<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sutra 146 Subhakrit 5124		
<b>Silver Retreat Star</b>		<b>Gulika</b>	5:45AM – 7:20AM	<b>Purvaproshtpada* Until 9:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:45AM		
Kumbha Rasi: 24.07	Tithi 16	Yama	1:41PM – 3:16PM	Shula* Until 1:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20 -	Prathama
	514965473	<b>Rahu</b>	8:56AM – 10:31AM	Balava Until 3:49PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga			<b>Prathama* Until 2:45AM Sun</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 9:31PM					<b>Bhadrapada*Avani</b>			
Then Creative Work - Siddha Yoga								

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Taitila/Gara Karana Dviliyayam Titau

Frederick, MD  
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

**Gulika** 3:15PM – 4:50PM  
Yama 12:05PM – 1:40PM  
**Rahu** 4:50PM – 6:24PM

**Uttaraproshtapada** Until 8:27PM  
Ganda\* Until 10:59PM  
Taitila Until 1:51PM

**Ganesha:** Clear *Sunrise:* 5:46AM  
**Muruqa:** White *Sunset:* 6:24PM

Moon 9 - Phase 21 -  
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

**Dvitiya** Until 1:05AM Mon

Moon – Clear  
Bhadrapada-Avani

**Devaloka Day**

**1**

**Monday, September 12, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Revati Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Triliyayam Titau

Frederick, MD  
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

**Gulika** 1:39PM – 3:14PM  
Yama 10:31AM – 12:05PM  
**Rahu** 7:22AM – 8:56AM

**Revati** Until 7:55PM  
Vriddhi Until 9:04PM  
Vanija Until 12:31PM

**Ganesha:** Clear *Sunrise:* 5:47AM  
**Muruqa:** White *Sunset:* 6:23PM

Moon 9 - Phase 21 - 1  
1st Phase

Creative Work Siddha Yoga

**Tritiya** Until 12:06AM Tue

Moon – Clear  
Bhadrapada-Avani

**Devaloka Day**

**2**

**Tuesday, September 13, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Frederick, MD  
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

**Gulika** 12:05PM – 1:39PM  
Yama 8:56AM – 10:31AM  
**Rahu** 3:13PM – 4:47PM

**Ashvini** Until 8:25PM  
Dhruva Until 7:44PM  
Balava Until 11:56AM

**Ganesha:** White *Sunrise:* 5:48AM  
**Muruqa:** White *Sunset:* 6:21PM

Moon 9 - Phase 21 - 2  
1st Phase

Creative Work Siddha Yoga

**Chaturthi\*** Until 11:55PM

Moon – White  
Bhadrapada-Avani

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD  
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

**Gulika** 10:30AM – 12:04PM  
Yama 7:23AM – 8:57AM  
**Rahu** 12:04PM – 1:38PM

**Bharani** Until 9:34PM  
Vyaghata\* Until 7:03PM  
Kaulava Until 12:09PM

**Ganesha:** White *Sunrise:* 5:49AM  
**Muruqa:** White *Sunset:* 6:19PM

Moon 9 - Phase 21 - 3  
1st Phase

Creative Work Siddha Yoga

**Panchami** Until 12:32AM Thu

Moon – White  
Bhadrapada-Avani

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

**4**

**Thursday, September 15, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD  
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

**Gulika** 8:57AM – 10:30AM  
Yama 5:50AM – 7:23AM  
**Rahu** 1:37PM – 3:11PM

**Krittika** Until 11:17PM  
Harshana Until 6:59PM  
Gara Until 1:08PM

**Ganesha:** Clear *Sunrise:* 5:50AM  
**Muruqa:** White *Sunset:* 6:18PM

Moon 9 - Phase 21 - 4  
1st Phase

Routine Work Marana Yoga

**Shashthi\*** Until 1:53AM Fri

Moon – White  
Bhadrapada-Avani

**Devaloka Day**

**5**

**Friday, September 16, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD  
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

**Gulika** 7:24AM – 8:57AM  
Yama 3:10PM – 4:43PM  
**Rahu** 10:30AM – 12:04PM

**Rohini** Until 1:55AM Sat  
Vajra\* Until 7:22PM  
Visti Until 2:49PM

**Ganesha:** White *Sunrise:* 5:51AM  
**Muruqa:** White *Sunset:* 6:16PM

Moon 9 - Phase 21 - 5  
1st Phase

Routine Work Marana Yoga

**Saptami** Until 3:50AM Sat

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

**D**

**Saturday, September 17, 2022**  
**Retreat Star**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD  
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

**Gulika** 5:52AM – 7:25AM  
Yama 1:36PM – 3:09PM  
**Rahu** 8:57AM – 10:30AM

**Mrigashira** Until 4:44AM Sun  
Siddhi Until 8:06PM  
Balava Until 4:58PM

**Ganesha:** White *Sunrise:* 5:52AM  
**Muruqa:** White *Sunset:* 6:15PM

Moon 9 - Phase 21 - 6  
Ashtami

Creative Work Siddha Yoga

**Ashtami\*** Until 6:09AM Sun

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

**Sunday, September 18, 2022**

**Retreat Star**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD  
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

**Gulika** 3:08PM – 4:40PM  
Yama 12:03PM – 1:35PM  
**Rahu** 4:40PM – 6:13PM

**Ardra** Until 7:33AM Mon  
Vyatipata\* Until 9:01PM  
Taitila Until 7:23PM

**Ganesha:** White *Sunrise:* 5:53AM  
**Muruqa:** White *Sunset:* 6:13PM

Moon 9 - Phase 21 - 7  
Navami

Creative Work Siddha Yoga

**Ashtami\*** Until 6:09AM

Moon – Yellow  
Bhadrapada-Puratasi

**Sivaloka Day**

Until 7:33AM Mon  
Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

all times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>	<b>Monday, September 19, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Frederick, MD Sun 8 Sutra 155 Subhakarit 5124
	Mithuna Rasi: 19.08 Tithi 24 – 25 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 7:33AM Then Creative Work - Amrita Yoga	535965473	<b>Gulika</b> 1:35PM – 3:07PM Yama 10:30AM – 12:02PM <b>Rahu</b> 7:26AM – 8:58AM	<b>Ardra Until 7:33AM</b> Varyan Until 9:54PM Vanjia Until 9:49PM <b>Navami* Until 8:36AM</b>

<b>2</b>	<b>Tuesday, September 20, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 156 Subhakarit 5124
	Kataka Rasi: 1.02 Tithi 25 – 26  Creative Work Siddha Yoga	545965473	<b>Gulika</b> 12:02PM – 1:34PM Yama 8:58AM – 10:30AM <b>Rahu</b> 3:06PM – 4:38PM	<b>Punarvasu Until 10:36AM</b> Parigha* Until 10:40PM Bava Until 12:05AM Wed <b>Dashami Until 10:58AM</b>


<b>3</b>	<b>Wednesday, September 21, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 157 Subhakarit 5124
	Kataka Rasi: 13.01 Tithi 26 – 27  Creative Work Siddha Yoga	545965473	<b>Gulika</b> 10:30AM – 12:02PM Yama 7:27AM – 8:59AM <b>Rahu</b> 12:02PM – 1:33PM	<b>Pushya Until 1:15PM</b> Shiva Until 11:12PM Kaulava Until 1:59AM Thu <b>Ekadashi* Until 1:04PM</b>

<b>4</b>	<b>Thursday, September 22, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 158 Subhakarit 5124
	Kataka Rasi: 25.08 Tithi 27 – 28  Creative Work Siddha Yoga Until 3:20PM Then Creative Work - Amrita Yoga	545965473	<b>Gulika</b> 8:59AM – 10:30AM Yama 5:56AM – 7:28AM <b>Rahu</b> 1:33PM – 3:04PM	<b>Ashlesha* Until 3:20PM</b> Siddha Until 11:21PM Gara Until 3:27AM Fri <b>Dvadashi* Until 2:46PM</b>

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Friday, September 23, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanjia/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 159 Subhakarit 5124
	Simha Rasi: 7.27 Tithi 28 – 29  Routine Work Marana Yoga Until 5:18PM Then Creative Work - Siddha Yoga	555965473	<b>Gulika</b> 7:28AM – 8:59AM Yama 3:03PM – 4:34PM <b>Rahu</b> 10:30AM – 12:01PM	<b>Magha* Until 5:18PM</b> Sadhya Until 11:09PM Visti* Until 4:26AM Sat <b>Trayodashi* Until 3:59PM</b>

<b>6</b>	<b>Saturday, September 24, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 160 Subhakarit 5124
	Simha Rasi: 19.59 Tithi 29 – 30  Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga	556965473	<b>Gulika</b> 5:58AM – 7:29AM Yama 1:31PM – 3:02PM <b>Rahu</b> 8:59AM – 10:30AM	<b>Purvaphalguni Until 6:36PM</b> Subha Until 10:34PM Catuspada Until 4:53AM Sun <b>Chaturdashi* Until 4:42PM</b>

	<b>Sunday, September 25, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 14 Sutra 161 Subhakarit 5124
	<b>Retreat Star</b> Kanya Rasi: 2.45 Tithi 30 – 1  Creative Work Amrita Yoga	556165473	<b>Gulika</b> 3:01PM – 4:31PM Yama 12:00PM – 1:31PM <b>Rahu</b> 4:31PM – 6:02PM	<b>Uttaraphalguni Until 7:15PM</b> Sukla Until 9:33PM Kintughna Until 4:50AM Mon <b>Amavasya* Until 4:54PM</b>

**Mahalaya Amavasya (Tamil Nadu)**

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>	Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 15 Sutra 162 Subhakarit 5124
	Kanya Rasi: 15.46 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Prabalarishta Yoga	566165473	<b>Gulika</b> 1:30PM – 3:00PM Yama 10:30AM – 12:00PM <b>Rahu</b> 7:30AM – 9:00AM	<b>Hasta Until 7:45PM</b> Brahma Until 8:11PM Balava Until 4:21AM Tue <b>Prathama* Until 4:38PM</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

11 times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	<b>Gulika</b> 12:00PM – 1:29PM	<b>Chitra</b> Until 7:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:01AM	
			Yama 9:00AM – 10:30AM	Indra Until 6:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 2:59PM – 4:29PM	Taitila Until 3:29AM Wed Dvitiya Until 3:57PM	<b>Nataraja:</b> Clear Moon – Green		3rd Phase
				<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Frederick, MD Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	<b>Gulika</b> 10:30AM – 11:59AM	<b>Svati</b> Until 7:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:02AM	
			Yama 7:31AM – 9:01AM	Vaidhriti* Until 4:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 11:59AM – 1:29PM	Vanija Until 2:17AM Thu Tritiya Until 2:54PM	<b>Nataraja:</b> Clear Moon – Green		3rd Phase
				<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	<b>Gulika</b> 9:01AM – 10:30AM	<b>Vishakha</b> Until 6:37PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:03AM	
			Yama 6:03AM – 7:32AM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 1:28PM – 2:57PM	Bava Until 12:49AM Fri Chaturthi* Until 1:34PM	<b>Nataraja:</b> Clear Moon – Orange		3rd Phase
				<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 7:33AM – 9:01AM	<b>Anuradha</b> Until 5:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:04AM	
			Yama 2:56PM – 4:25PM	Priti Until 11:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:54PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 10:30AM – 11:59AM	Kaulava Until 11:07PM Panchami Until 11:58AM	<b>Nataraja:</b> Clear Moon – Orange		3rd Phase
				<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>5</b>	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	<b>Gulika</b> 6:05AM – 7:33AM	<b>Jyeshtha*</b> Until 4:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	
			Yama 1:27PM – 2:55PM	Ayushman Until 9:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	687166473 <b>Rahu</b> 9:02AM – 10:30AM	Gara Until 9:13PM Shashthi* Until 10:10AM	<b>Nataraja:</b> Clear Moon – Orange		3rd Phase
				<b>Bhuloka Day</b>		Devaloka Time: 6:PM to 9:PM	

<b>D</b>	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 168 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:54PM – 4:22PM	<b>Mula*</b> Until 3:17PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:06AM	
	Dhanus Rasi: 7.52	Tithi 7 – 8	Yama 11:58AM – 1:26PM	Saubhagya Until 6:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 <b>Rahu</b> 4:22PM – 5:50PM	Visti Until 7:10PM Saptami Until 8:12AM	<b>Nataraja:</b> Clear Moon – Light Blue		Ashtami
				<b>Sivaloka Day</b>			

<b>D</b>	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:25PM – 2:53PM	<b>Purvashadha*</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:07AM	
	Dhanus Rasi: 22	Tithi 8 – 9	Yama 10:30AM – 11:58AM	Athiganda* Until 12:51AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>		687166473 <b>Rahu</b> 7:34AM – 9:02AM	Kaulava Until 3:50AM Tue Ashtami* Until 6:05AM	<b>Nataraja:</b> Clear Moon – Light Blue		Navami
				<b>Sivaloka Day</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Il times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>		<b>Tuesday, October 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Tailila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	<b>Gulika</b>	11:57AM – 1:25PM	<b>Uttarashadha</b> Until 12:12PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:08AM		
		Yama	9:03AM – 10:30AM	Sukarna Until 9:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 24 - 23	
		687166473 <b>Rahu</b>	2:52PM – 4:20PM	Taitila Until 2:43PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Prabalarishta Yoga			<b>Dashami</b> Until 1:32AM Wed	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:12PM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	<b>Gulika</b>	10:30AM – 11:57AM	<b>Shravana</b> Until 10:46AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:09AM		
		Yama	7:36AM – 9:03AM	Dhriti Until 6:50PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 24 - 24	
		697166473 <b>Rahu</b>	11:57AM – 1:24PM	Vanija Until 12:24PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 11:14PM	Moon – Purple		<b>Devaloka Day</b>	
Until 10:46AM		<b>Vijaya Dasami</b>			Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga								

<b>3</b>		<b>Thursday, October 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	<b>Gulika</b>	9:03AM – 10:30AM	<b>Dhanishtha</b> Until 9:14AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:10AM		
		Yama	6:10AM – 7:36AM	Shula* Until 3:51PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 24 - 25	
		697166473 <b>Rahu</b>	1:24PM – 2:50PM	Bava Until 10:07AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 9:00PM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>			Ashvina+Puratasi			

<b>4</b>		<b>Friday, October 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	<b>Gulika</b>	7:37AM – 9:04AM	<b>Shatabhishak</b> Until 7:41AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:11AM		
		Yama	2:50PM – 4:16PM	Ganda* Until 1:01PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 24 - 26	
		697166473 <b>Rahu</b>	10:30AM – 11:57AM	Kaulava Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi</b> Until 6:58PM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			Ashvina+Puratasi			
					<i>Pradosha Vrata</i>			

<b>5</b>		<b>Saturday, October 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau				Frederick, MD Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	<b>Gulika</b>	6:12AM – 7:38AM	<b>Purvaproshtapada*</b> Until 6:39AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM		
		Yama	1:22PM – 2:49PM	Vridhni Until 10:25AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 24 - 27	
		618166474 <b>Rahu</b>	9:04AM – 10:30AM	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashni*</b> Until 5:13PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:39AM					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

		<b>Sunday, October 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sutra 175 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b>	2:48PM – 4:14PM	<b>Revati</b> Until 5:21AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM		
Meena Rasi: 16.45	Tithi 15 – 16	Yama	11:56AM – 1:22PM	Dhruva Until 8:05AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 24 - Purnima	
		618166474 <b>Rahu</b>	4:14PM – 5:39PM	Balava Until 3:28AM Mon	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			<b>Purnima*</b> Until 3:54PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:21AM Mon					Ashvina+Puratasi			
Then Creative Work - Siddha Yoga								

<b>Monday, October 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sutra 176 Subhakrit 5124		
<b>Silver Retreat Star</b>		<b>Gulika</b>	1:21PM – 2:47PM	<b>Ashvini</b> Until 5:45AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:13AM		
Mesha Rasi: 0.16	Tithi 16 – 17	Yama	10:30AM – 11:56AM	Vyaghata* Until 6:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 24 - Prathama	
<b>Family Home Evening</b>		628176474 <b>Rahu</b>	7:39AM – 9:05AM	Taitila Until 2:59AM Tue	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			<b>Prathama*</b> Until 3:07PM	Moon – White		<b>Bhuloka Day</b>	
					Ashvina+Puratasi		Devaloka Time: 6:AM to 9:AM	





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

**Gulika** 11:55AM - 1:21PM  
Yama 9:05AM - 10:30AM  
**Rahu** 2:46PM - 4:11PM

**Bharani Until 6:38AM Wed**

Vajra\* Until 3:47AM Wed

Vanija Until 3:10AM Wed

**Dvitiya Until 2:58PM**

**Ganesha:** Yellow *Sunrise:* 6:14AM

**Muruqa:** White *Sunset:* 5:36PM

**Nataraja:** Purple Moon - White Moon 10 - Phase 25 - 1

1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

**Gulika** 10:30AM - 11:55AM  
Yama 7:40AM - 9:05AM  
**Rahu** 11:55AM - 1:20PM

**Bharani Until 6:38AM**

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

**Tritiya Until 3:30PM**

**Ganesha:** Yellow *Sunrise:* 6:15AM

**Muruqa:** White *Sunset:* 5:33PM

**Nataraja:** Purple Moon - White Moon 10 - Phase 25 - 2

1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

**Gulika** 9:06AM - 10:30AM  
Yama 6:16AM - 7:41AM  
**Rahu** 1:20PM - 2:44PM

**Krittika Until 8:01AM**

Vyatipata\* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

**Chaturthi\* Until 4:41PM**

**Ganesha:** Yellow *Sunrise:* 6:16AM

**Muruqa:** White *Sunset:* 5:33PM

**Nataraja:** Purple Moon - White Moon 10 - Phase 25 - 3

1st Phase

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Frederick, MD

Sun 4 Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

638176474

**Gulika** 7:42AM - 9:06AM  
Yama 2:43PM - 4:08PM  
**Rahu** 10:30AM - 11:55AM

**Rohini Until 10:19AM**

Varyan Until 3:56AM Sat

Taitila Until 6:27PM

**Panchami Until 6:27PM**

**Ganesha:** Blue *Sunrise:* 6:17AM

**Muruqa:** White *Sunset:* 5:32PM

**Nataraja:** Purple Moon - Yellow Moon 10 - Phase 25 - 4

1st Phase

**Bhuloka Day**

Ashvina+Puratasi

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 5 Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

639176474

**Gulika** 6:18AM - 7:42AM  
Yama 1:19PM - 2:43PM  
**Rahu** 9:06AM - 10:30AM

**Mrigashira Until 12:55PM**

Parigha\* Until 4:40AM Sun

Gara Until 7:32AM

**Shashthi\* Until 8:39PM**

**Ganesha:** Red *Sunrise:* 6:18AM

**Muruqa:** White *Sunset:* 5:31PM

**Nataraja:** Purple Moon - Yellow Moon 10 - Phase 25 - 5

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Frederick, MD

Sun 6 Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

639176474

**Gulika** 2:42PM - 4:05PM  
Yama 11:54AM - 1:18PM  
**Rahu** 4:05PM - 5:29PM

**Ardra Until 3:37PM**

Shiva Until 5:32AM Mon

Visti\* Until 9:52AM

**Saptami Until 11:04PM**

**Ganesha:** Red *Sunrise:* 6:20AM

**Muruqa:** White *Sunset:* 5:29PM

**Nataraja:** Purple Moon - Yellow Moon 10 - Phase 25 - 6

1st Phase

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7 Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

**Gulika** 1:17PM - 2:41PM  
Yama 10:31AM - 11:54AM  
**Rahu** 7:44AM - 9:07AM

**Punarvasu Until 6:42PM**

Siddha Until 6:20AM Tue

Balava Until 12:18PM

**Ashtami\* Until 1:29AM Tue**

**Ganesha:** Green *Sunrise:* 6:21AM

**Muruqa:** White *Sunset:* 5:28PM

**Nataraja:** Purple Moon - Blue Moon 10 - Phase 25 - 7

Ashtami

**Devaloka Day**

Ashvina+Aipasi

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 8 Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

**Gulika** 11:54AM - 1:17PM  
Yama 9:08AM - 10:31AM  
**Rahu** 2:40PM - 4:03PM

**Pushya Until 9:29PM**

Siddha Until 6:20AM

Taitila Until 2:39PM

**Navami\* Until 3:42AM Wed**

**Ganesha:** Green *Sunrise:* 6:22AM

**Muruqa:** White *Sunset:* 5:26PM

**Nataraja:** Purple Moon - Blue Moon 10 - Phase 25 - 8

Navami

**Devaloka Day**

Ashvina+Aipasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

all times are standard time. Calculated for Frederick, MD on 4/26/2

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1	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 20.55	Tithi 25	<b>Gulika</b> Yama	<b>10:31AM – 11:54AM</b> 7:45AM – 9:08AM	<b>Ashlesha* Until 11:47PM</b> Sadhya Until 6:58AM Vanija Until 4:42PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Blue	Sunrise: 6:23AM Sunset: 5:25PM Moon 10 - Phase 26 - 9 2nd Phase
	Creative Work	Siddha Yoga	649176474	<b>Rahu</b> 11:54AM – 1:16PM	<b>Dashami Until 5:32AM Thu</b>	<b>Ashvina-Aipasi</b>	<b>Devaloka Day</b>

2	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Frederick, MD Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 3.04	Tithi 26	<b>Gulika</b> Yama	<b>9:09AM – 10:31AM</b> 6:24AM – 7:46AM	<b>Magha* Until 1:55AM Fri</b> Subha Until 7:19AM Bava Until 6:17PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:24AM Sunset: 5:23PM Moon 10 - Phase 26 - 10 2nd Phase
	Creative Work	Amrita Yoga	659276474	<b>Rahu</b> 1:16PM – 2:38PM	<b>Ekadashi* Until 6:51AM Fri</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 1:55AM Fri Then Creative Work - Siddha Yoga						

3	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 15.26	Tithi 26 – 27	<b>Gulika</b> Yama	<b>7:47AM – 9:09AM</b> 2:38PM – 4:00PM	<b>Purvaphalguni Until 3:18AM Sat</b> Sukla Until 7:13AM Kaulava Until 7:18PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:25AM Sunset: 5:22PM Moon 10 - Phase 26 - 11 2nd Phase
	Creative Work	Siddha Yoga	659276474	<b>Rahu</b> 10:31AM – 11:53AM	<b>Ekadashi* Until 6:51AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 3:18AM Sat Then Routine Work - Marana Yoga						

4	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 12 Sutra 188 Subhakrit 5124
	Simha Rasi: 28.05	Tithi 27 – 28	<b>Gulika</b> Yama	<b>6:26AM – 7:48AM</b> 1:15PM – 2:37PM	<b>Uttaraphalguni Until 3:55AM Sun</b> Brahma Until 6:39AM Gara Until 7:40PM	<b>Ganesha: Purple</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	Sunrise: 6:26AM Sunset: 5:21PM Moon 10 - Phase 26 - 12 2nd Phase
	Routine Work	Marana Yoga	651276474	<b>Rahu</b> 9:09AM – 10:31AM	<b>Dvadashi* Until 7:33AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 3:55AM Sun Then Creative Work - Amrita Yoga <i>Pradosha Vrata (Fasting)</i>						

5	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 11.02	Tithi 28 – 29	<b>Gulika</b> Yama	<b>2:36PM – 3:58PM</b> 11:53AM – 1:15PM	<b>Hasta Until 4:13AM Mon</b> Vaidhriti* Until 4:02AM Mon Visti Until 7:23PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:27AM Sunset: 5:19PM Moon 10 - Phase 26 - 13 2nd Phase
	Creative Work	Amrita Yoga	661276474	<b>Rahu</b> 3:58PM – 5:19PM	<b>Trayodashi* Until 7:35AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Until 4:13AM Mon Then Routine Work - Prabalarishta Yoga <b>Deepavali Hindu Solidarity Day</b>						

●	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD Sun 14 Sutra 190 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>1:14PM – 2:35PM</b> 10:32AM – 11:53AM	<b>Chitra Until 3:47AM Tue</b> Vishkambha* Until 2:01AM Tue Catuspada Until 6:30PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:28AM Sunset: 5:18PM Moon 10 - Phase 26 - 14 Amavasya
	Kanya Rasi: 24.19	Tithi 29 – 30	661276474	<b>Rahu</b> 7:49AM – 9:10AM	<b>Chaturdashi* Until 7:00AM</b>	<b>Ashvina-Aipasi</b>	<b>Bhuloka Day</b>
	Family Home Evening Routine Work - Prabalarishta Yoga Until 3:47AM Tue Then Creative Work - Siddha Yoga <b>Subramuniyaswami Mahasamadhi</b>						

●	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD Sun 15 Sutra 191 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> Yama	<b>11:53AM – 1:14PM</b> 9:11AM – 10:32AM	<b>Svati Until 2:45AM Wed</b> Priti Until 11:37PM Kintughna Until 5:06PM	<b>Ganesha: Light Blue</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Green	Sunrise: 6:29AM Sunset: 5:17PM Moon 10 - Phase 26 - 15 Prathama
	Tula Rasi: 7.55	Tithi 1	661276474	<b>Rahu</b> 2:35PM – 3:56PM	<b>Prathama* Until 4:13AM Wed</b>	<b>Kartika-Aipasi</b>	<b>Bhuloka Day</b>
	Creative Work - Siddha Yoga <b>Skanda Shasthi Begins</b>						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 192	
Tula Rasi: 21.48	Tithi 2	<b>Gulika</b> 10:32AM – 11:53AM	<b>Vishakha</b> Until 1:38AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:30AM	Subhakit 5124	
		Yama 7:51AM – 9:11AM	Ayushman Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27 - 16	
Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 11:53AM – 1:13PM	Balava Until 3:16PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya</b> Until 2:13AM Thu	Moon – Orange		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 17 Sutra 193	
Vrischika Rasi: 5.54	Tithi 3	<b>Gulika</b> 9:12AM – 10:32AM	<b>Anuradha</b> Until 12:07AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Subhakit 5124	
		Yama 6:31AM – 7:51AM	Saubhagya Until 5:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27 - 17	
Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 1:13PM – 2:33PM	Taitila Until 1:09PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 12:07AM Fri			<b>Tritiya</b> Until 12:00AM Fri	Moon – Orange		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau		Frederick, MD Sun 18 Sutra 194	
Vrischika Rasi: 20.09	Tithi 4	<b>Gulika</b> 7:52AM – 9:12AM	<b>Jyeshtha*</b> Until 10:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	Subhakit 5124	
		Yama 2:33PM – 3:53PM	Sobhana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27 - 18	
Routine Work	Marana Yoga	671276574 <b>Rahu</b> 10:32AM – 11:53AM	Vanija Until 10:50AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 10:21PM			<b>Chaturthi*</b> Until 9:38PM	Moon – Orange		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

<b>4</b>		<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19 Sutra 195	
Dhanus Rasi: 4.29	Tithi 5	<b>Gulika</b> 6:33AM – 7:53AM	<b>Mula*</b> Until 8:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	Subhakit 5124	
		Yama 1:12PM – 2:32PM	Athiganda* Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 27 - 19	
Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 9:13AM – 10:33AM	Bava Until 8:27AM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Panchami</b> Until 7:14PM	Moon – Light Blue		<b>Devaloka Day</b>	
				Karttika-Aipasi			

<b>5</b>		<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 20 Sutra 196	
Dhanus Rasi: 18.48	Tithi 6 – 7	<b>Gulika</b> 2:31PM – 3:51PM	<b>Purvashadha*</b> Until 7:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Subhakit 5124	
		Yama 11:52AM – 1:12PM	Sukarma Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 27 - 20	
Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 3:51PM – 5:10PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 7:11PM			<b>Shashthi*</b> Until 4:52PM	Moon – Light Blue		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Skanda Shasthi</b>		Karttika-Aipasi			

<b>Monday, October 31, 2022</b>		<b>Retreat Star</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 21 Sutra 197	
Makara Rasi: 3.04	Tithi 7 – 8	<b>Gulika</b> 1:12PM – 2:31PM	<b>Uttarashadha</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	Subhakit 5124	
<b>Family Home Evening</b>		Yama 10:33AM – 11:52AM	Shula* Until 2:41AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27 - 21	
Routine Work	Marana Yoga	681276574 <b>Rahu</b> 7:55AM – 9:14AM	Visti Until 1:35AM Tue	<b>Nataraja:</b> Clear		Ashtami	
Until 5:33PM			<b>Saptami</b> Until 2:38PM	Moon – Light Blue		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				Karttika-Aipasi			

<b>Tuesday, November 1, 2022</b>		<b>Retreat Star</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 198	
Makara Rasi: 17.14	Tithi 8 – 9	<b>Gulika</b> 11:52AM – 1:11PM	<b>Shravana</b> Until 4:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Subhakit 5124	
		Yama 9:14AM – 10:33AM	Ganda* Until 11:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27 - 22	
Creative Work	Siddha Yoga	691276574 <b>Rahu</b> 2:30PM – 3:49PM	Balava Until 11:37PM	<b>Nataraja:</b> Clear		Navami	
			<b>Ashtami*</b> Until 12:33PM	Moon – Purple		<b>Bhuloka Day</b>	
				Karttika-Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

Il times are standard time. Calculated for Frederick, MD on 4/26/2

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1	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	<b>Gulika</b>	<b>10:34AM – 11:52AM</b>	<b>Dhanishtha</b>	<b>Until 3:14PM</b>	Subhakrit 5124
			Yama	7:56AM – 9:15AM	Vriddhi	Until 9:20PM	Moon 10 - Phase 28 - 23
		692276574	<b>Rahu</b>	<b>11:52AM – 1:11PM</b>	Taitila	Until 9:51PM	4th Phase
Routine Work Prabalarishta Yoga Until 3:14PM Then Creative Work - Siddha Yoga				<b>Navami*</b>	<b>Until 10:41AM</b>	Ganesha: Green Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:38AM Sunset: 5:07PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

2	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	<b>Gulika</b>	<b>9:16AM – 10:34AM</b>	<b>Shatabhishak</b>	<b>Until 2:12PM</b>	Subhakrit 5124
			Yama	6:39AM – 7:57AM	Dhruva	Until 6:56PM	Moon 10 - Phase 28 - 24
		692276574	<b>Rahu</b>	<b>1:11PM – 2:29PM</b>	Vanija	Until 8:22PM	4th Phase
Creative Work Siddha Yoga				<b>Dashami</b>	<b>Until 9:03AM</b>	Ganesha: Green Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:39AM Sunset: 5:06PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

3	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	<b>Gulika</b>	<b>7:58AM – 9:16AM</b>	<b>Purvaproshtapada*</b>	<b>Until 1:44PM</b>	Subhakrit 5124
			Yama	2:29PM – 3:47PM	Vyaghata*	Until 4:46PM	Moon 10 - Phase 28 - 25
		612276574	<b>Rahu</b>	<b>10:34AM – 11:52AM</b>	Bava	Until 7:10PM	4th Phase
Creative Work Siddha Yoga				<b>Ekadashi</b>	<b>Until 7:42AM</b>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:40AM Sunset: 5:05PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

4	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	<b>Gulika</b>	<b>6:41AM – 7:59AM</b>	<b>Uttaraproshtapada</b>	<b>Until 1:28PM</b>	Subhakrit 5124
			Yama	1:10PM – 2:28PM	Harshana	Until 2:54PM	Moon 10 - Phase 28 - 26
		612276574	<b>Rahu</b>	<b>9:17AM – 10:35AM</b>	Kaulava	Until 6:19PM	4th Phase
Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Prabalarishta Yoga				<b>Dvadashi</b>	<b>Until 6:40AM</b>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:41AM Sunset: 5:04PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata</i>	

5	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	<b>Gulika</b>	<b>2:28PM – 3:45PM</b>	<b>Revati</b>	<b>Until 1:25PM</b>	Subhakrit 5124
			Yama	11:52AM – 1:10PM	Vajra*	Until 1:18PM	Moon 10 - Phase 28 - 27
		612276574	<b>Rahu</b>	<b>3:45PM – 5:03PM</b>	Vanija	Until 5:47AM Mon	4th Phase
Creative Work Amrita Yoga Until 1:25PM Then Creative Work - Siddha Yoga				<b>Trayodashi</b>	<b>Until 6:01AM</b>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:42AM Sunset: 5:03PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

O	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Frederick, MD Sun 28 Sutra 204
	<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:10PM – 2:27PM</b>	<b>Ashvini</b>	<b>Until 2:07PM</b>	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama	10:35AM – 11:52AM	Siddhi	Until 12:05PM	Moon 10 - Phase 28 -
	<b>Family Home Evening</b>	722276574	<b>Rahu</b>	<b>8:01AM – 9:18AM</b>	Vistil	Until 5:52PM	Purnima
Creative Work Siddha Yoga				<b>Purnima*</b>	<b>Until 6:02AM Tue</b>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:43AM Sunset: 5:02PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

O	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 29 Sutra 205
	<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>11:53AM – 1:10PM</b>	<b>Bharani</b>	<b>Until 3:08PM</b>	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama	9:18AM – 10:35AM	Vyatipata*	Until 11:14AM	Moon 10 - Phase 28 -
		722276574	<b>Rahu</b>	<b>2:27PM – 3:44PM</b>	Balava	Until 6:23PM	Prathama
Creative Work Siddha Yoga				<b>Purnima*</b>	<b>Until 6:02AM</b>	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:44AM Sunset: 5:01PM
						<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vairyan/Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 206

Subhakrit 5124

Vrishabha Rasi: 4.27 Tithi 16 - 17

722276574

Gulika 10:36AM - 11:53AM  
Yama 8:02AM - 9:19AM  
Rahu 11:53AM - 1:09PM

Krittika Until 4:29PM

Vairyan Until 10:46AM

Taitila Until 7:25PM

Prathama\* Until 6:49AM

Ganesha: Blue

Sunrise: 6:45AM

Muruqa: Clear

Sunset: 5:00PM

Nataraja: Clear

Moon - White

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 207

Subhakrit 5124

Vrishabha Rasi: 16.52 Tithi 17 - 18

732276574

Gulika 9:20AM - 10:36AM  
Yama 6:47AM - 8:03AM  
Rahu 1:09PM - 2:26PM

Rohini Until 6:39PM

Parigha\* Until 10:42AM

Vanija Until 8:56PM

Dvitiya Until 8:06AM

Ganesha: Red

Sunrise: 6:47AM

Muruqa: Clear

Sunset: 4:59PM

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Frederick, MD

Sun 2 Sutra 208

Subhakrit 5124

Vrishabha Rasi: 29.04 Tithi 18 - 19

732276574

Gulika 8:04AM - 9:20AM  
Yama 2:25PM - 3:42PM  
Rahu 10:37AM - 11:53AM

Mrigashira Until 9:05PM

Shiva Until 11:00AM

Bava Until 10:55PM

Tritiya Until 9:51AM

Ganesha: Red

Sunrise: 6:48AM

Muruqa: Clear

Sunset: 4:58PM

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 209

Subhakrit 5124

Mithuna Rasi: 11.07 Tithi 19 - 20

732276574

Gulika 6:49AM - 8:05AM  
Yama 1:09PM - 2:25PM  
Rahu 9:21AM - 10:37AM

Ardra Until 11:39PM

Siddha Until 11:34AM

Kaulava Until 1:12AM Sun

Chaturthi\* Until 12:00PM

Ganesha: Red

Sunrise: 6:49AM

Muruqa: Clear

Sunset: 4:57PM

Nataraja: Clear

Moon - Yellow

Kartika-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 4 Sutra 210

Subhakrit 5124

Mithuna Rasi: 23.03 Tithi 20 - 21

742276574

Gulika 2:25PM - 3:40PM  
Yama 11:53AM - 1:09PM  
Rahu 3:40PM - 4:56PM

Punarvasu Until 2:45AM Mon

Sadhya Until 12:19PM

Gara Until 3:41AM Mon

Panchami Until 2:24PM

Ganesha: Green

Sunrise: 6:50AM

Muruqa: Clear

Sunset: 4:56PM

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 5 Sutra 211

Subhakrit 5124

Kataka Rasi: 4.56 Tithi 21 - 22

742376574

Gulika 1:09PM - 2:24PM  
Yama 10:38AM - 11:53AM  
Rahu 8:07AM - 9:22AM

Pushya Until 5:40AM Tue

Subha Until 1:11PM

Visti Until 6:09AM Tue

Shashthi\* Until 4:54PM

Ganesha: White

Sunrise: 6:51AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 6 Sutra 212

Subhakrit 5124

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika 11:53AM - 1:09PM  
Yama 9:23AM - 10:38AM  
Rahu 2:24PM - 3:39PM

Ashlesha\* Until 8:15AM Wed

Sukla Until 1:57PM

Visti Until 6:09AM

Saptami Until 7:18PM

Ganesha: Green

Sunrise: 6:52AM

Muruqa: Clear

Sunset: 4:55PM

Nataraja: Clear

Moon - Blue

Kartika-Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7 Sutra 213

Subhakrit 5124

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika 10:38AM - 11:54AM  
Yama 8:08AM - 9:23AM  
Rahu 11:54AM - 1:09PM

Ashlesha\* Until 8:15AM

Brahma Until 2:33PM

Balava Until 8:26AM

Ashtami\* Until 9:24PM

Ganesha: Green

Sunrise: 6:53AM

Muruqa: Clear

Sunset: 4:54PM

Nataraja: Clear

Moon - Blue

Kartika-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Valdhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 8 Sutra 214

Subhakrit 5124

Simha Rasi: 10.53 Tithi 24

753376575

Gulika 9:24AM - 10:39AM  
Yama 6:54AM - 8:09AM  
Rahu 1:09PM - 2:23PM

Magha\* Until 10:47AM

Indra Until 2:49PM

Taitila Until 10:19AM

Navami\* Until 11:01PM

Ganesha: Orange

Sunrise: 6:54AM

Muruqa: Clear

Sunset: 4:53PM

Nataraja: Purple

Moon - Red

Kartika-Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD
Simha Rasi: 23.13	Tithi 25						Sun 9	Sutra 215
		753376575	<b>Gulika</b> 8:10AM – 9:25AM <b>Yama</b> 2:23PM – 3:38PM <b>Rahu</b> 10:39AM – 11:54AM	<b>Purvaphalguni</b> Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM Dashami Until 12:00AM Sat	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 4:52PM		Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
Creative Work	Siddha Yoga							Sivaloka Day Karttika-Karttikai

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD
Kanya Rasi: 5.51	Tithi 26						Sun 10	Sutra 216
		753376575	<b>Gulika</b> 6:57AM – 8:11AM <b>Yama</b> 1:09PM – 2:23PM <b>Rahu</b> 9:25AM – 10:40AM	<b>Uttaraphalguni</b> Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM Ekadashi* Until 12:13AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 4:52PM		Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
Routine Work	Marana Yoga							Sivaloka Day Karttika-Karttikai

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau				Frederick, MD
Kanya Rasi: 18.5	Tithi 27						Sun 11	Sutra 217
		763376575	<b>Gulika</b> 2:23PM – 3:37PM <b>Yama</b> 11:54AM – 1:09PM <b>Rahu</b> 3:37PM – 4:51PM	<b>Hasta</b> Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM Dvadashi* Until 11:40PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 4:51PM		Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
Creative Work	Amrita Yoga							Devaloka Day Karttika-Karttikai
Until 2:07PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
Tula Rasi: 2.14	Tithi 28						Sun 12	Sutra 218
<b>Family Home Evening</b>		763376575	<b>Gulika</b> 1:09PM – 2:23PM <b>Yama</b> 10:41AM – 11:55AM <b>Rahu</b> 8:13AM – 9:27AM	<b>Chitra</b> Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM Trayodashi* Until 10:22PM Pradosha Vrata (Fasting)	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:51PM		Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
Routine Work	Prabalarishta Yoga							Devaloka Day Karttika-Karttikai
Until 1:45PM								
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
Tula Rasi: 16.03	Tithi 29						Sun 13	Sutra 219
		763376575	<b>Gulika</b> 11:55AM – 1:09PM <b>Yama</b> 9:27AM – 10:41AM <b>Rahu</b> 2:22PM – 3:36PM	<b>Svati</b> Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM Chaturdashi* Until 8:26PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 4:50PM		Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai
Until 12:34PM								Tour Day
Then Routine Work - Marana Yoga								

		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
<b>Retreat Star</b>							Sun 14	Sutra 220
Vrischika Rasi: 0.15	Tithi 30 – 1							Subhakrit 5124
		773376575	<b>Gulika</b> 10:42AM – 11:55AM <b>Yama</b> 8:15AM – 9:28AM <b>Rahu</b> 11:55AM – 1:09PM	<b>Vishakha</b> Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM Amavasya* Until 5:58PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:01AM <b>Sunset:</b> 4:49PM		Amavasya
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai

<b>Thursdays</b>		<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD
<b>Retreat Star</b>							Sun 15	Sutra 221
Vrischika Rasi: 14.46	Tithi 1 – 2							Subhakrit 5124
		773376575	<b>Gulika</b> 9:29AM – 10:42AM <b>Yama</b> 7:02AM – 8:15AM <b>Rahu</b> 1:09PM – 2:22PM	<b>Anuradha</b> Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri Prathama* Until 3:08PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 7:02AM <b>Sunset:</b> 4:49PM		Prathama
Creative Work	Siddha Yoga							Devaloka Day Margasira-Karttikai
Until 9:06AM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 16 Sutra 222 Subhakrit 5124	
Vrischika Rasi: 29.29	Tithi 2 – 3	<b>Gulika</b> 8:16AM – 9:29AM	<b>Jyeshtha* Until 6:41AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM
		Yama 2:22PM – 3:35PM	Dhriti Until 6:27PM	Moon – Orange			Moon 11 - Phase 31 - 16
		773376575 <b>Rahu</b> 10:43AM – 11:56AM	Taitila Until 10:32PM	<b>Nataraja:</b> Purple			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 12:05PM</b>	<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Until 6:41AM							
Then Creative Work - Amrita Yoga							
<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Frederick, MD Sun 17 Sutra 223 Subhakrit 5124	
Dhanus Rasi: 14.17	Tithi 3 – 4	<b>Gulika</b> 7:04AM – 8:17AM	<b>Purvashadha* Until 2:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM
		Yama 1:09PM – 2:22PM	Shula* Until 2:41PM	Moon – Light Blue			Moon 11 - Phase 31 - 17
		783376575 <b>Rahu</b> 9:30AM – 10:43AM	Vanija Until 7:26PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:57AM</b>	<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Until 2:06AM Sun							
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 18 Sutra 224 Subhakrit 5124	
Dhanus Rasi: 29.02	Tithi 5	<b>Gulika</b> 2:22PM – 3:35PM	<b>Uttarashadha Until 11:49PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM
		Yama 11:56AM – 1:09PM	Ganda* Until 11:00AM	Moon – Light Blue			Moon 11 - Phase 31 - 18
		783376575 <b>Rahu</b> 3:35PM – 4:48PM	Bava Until 4:29PM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 3:04AM Mon</b>	<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
Until 10:06PM							
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 19 Sutra 225 Subhakrit 5124	
Makara Rasi: 13.39	Tithi 6	<b>Gulika</b> 1:09PM – 2:22PM	<b>Shravana Until 10:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:06AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM
<b>Family Home Evening</b>		Yama 10:44AM – 11:57AM	Vridhhi Until 7:32AM	Moon – Purple			Moon 11 - Phase 31 - 19
Creative Work	Amrita Yoga	793376575 <b>Rahu</b> 8:19AM – 9:32AM	Kaulava Until 1:47PM	<b>Nataraja:</b> Purple			3rd Phase
Until 10:06PM			<b>Shashthi* Until 12:34AM Tue</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							
<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Frederick, MD Sun 20 Sutra 226 Subhakrit 5124	
Makara Rasi: 28.01	Tithi 7	<b>Gulika</b> 11:57AM – 1:10PM	<b>Dhanishtha Until 8:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM
		Yama 9:32AM – 10:45AM	Vyaghata* Until 1:29AM Wed	Moon – Purple			Moon 11 - Phase 31 - 20
		794376575 <b>Rahu</b> 2:22PM – 3:35PM	Gara Until 11:28AM	<b>Nataraja:</b> Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 10:28PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Until 8:39PM							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 21 Sutra 227 Subhakrit 5124	
Kumbha Rasi: 12.06	Tithi 8	<b>Gulika</b> 10:45AM – 11:58AM	<b>Shatabhishak Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM
		Yama 8:21AM – 9:33AM	Harshana Until 11:02PM	Moon – Purple			Moon 11 - Phase 31 - 21
		794376575 <b>Rahu</b> 11:58AM – 1:10PM	Visti Until 9:37AM	<b>Nataraja:</b> Purple			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:51PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Until 7:32PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 22 Sutra 228 Subhakrit 5124	
Kumbha Rasi: 25.52	Tithi 9	<b>Gulika</b> 9:34AM – 10:46AM	<b>Purvaproshtapada* Until 7:12PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM
		Yama 7:09AM – 8:21AM	Vajra* Until 8:57PM	Moon – Clear			Moon 11 - Phase 31 - 22
		714376575 <b>Rahu</b> 1:10PM – 2:22PM	Balava Until 8:15AM	<b>Nataraja:</b> Purple			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 7:45PM</b>	<b>Margasira-Karttikai</b>		<b>Sivaloka Day</b>	
Until 7:32PM							
Then Creative Work - Amrita Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331


<b>1</b>		<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam				Frederick, MD
Meena Rasi: 9.2		Tithi 10		Uttaraproshtpada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Sun 23 Sutra 229
714376575		<b>Gulika</b> 8:22AM – 9:34AM	<b>Uttaraproshtpada</b> Until 7:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:10AM	Subhakrit 5124		
Creative Work Siddha Yoga		Yama 2:22PM – 3:34PM	Siddhi Until 7:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - 23		
		<b>Rahu</b> 10:46AM – 11:58AM	Taitila Until 7:25AM	<b>Nataraja:</b> Purple	4th Phase			
			<b>Dashami</b> Until 7:10PM	Moon – Clear	<b>Sivaloka Day</b>			
				Margasira-Karttikai				

<b>2</b>		<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam				Frederick, MD
Meena Rasi: 22.32		Tithi 11		Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 230
714376575		<b>Gulika</b> 7:11AM – 8:23AM	<b>Revati</b> Until 7:37PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:11AM	Subhakrit 5124		
Routine Work Prabalarishta Yoga		Yama 1:11PM – 2:22PM	Vyatipata* Until 6:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - 24		
Until 7:37PM		<b>Rahu</b> 9:35AM – 10:47AM	Vanija Until 7:05AM	<b>Nataraja:</b> Purple	4th Phase			
Then Creative Work - Siddha Yoga		<b>Gita Jayanthi</b>	<b>Ekadashi</b> Until 7:06PM	Moon – Clear	<b>Sivaloka Day</b>			
				Margasira-Karttikai				

<b>3</b>		<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam				Frederick, MD
Mesha Rasi: 5.29		Tithi 12		Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Sun 25 Sutra 231
724376575		<b>Gulika</b> 2:23PM – 3:34PM	<b>Ashvini</b> Until 8:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM	Subhakrit 5124		
Creative Work Siddha Yoga		Yama 11:59AM – 1:11PM	Varyan Until 5:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - 25		
Until 8:45PM		<b>Rahu</b> 3:34PM – 4:46PM	Bava Until 7:15AM	<b>Nataraja:</b> Purple	4th Phase			
Then Routine Work - Prabalarishta Yoga			<b>Dvodashi</b> Until 7:30PM	Moon – White	<b>Devaloka Day</b>			
				Margasira-Karttikai				

<b>4</b>		<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam				Frederick, MD
Mesha Rasi: 18.12		Tithi 13		Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 232
724376575		<b>Gulika</b> 1:11PM – 2:23PM	<b>Bharani</b> Until 10:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:13AM	Subhakrit 5124		
Family Home Evening		Yama 10:48AM – 11:59AM	Parigha* Until 4:37PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - 26		
Creative Work Siddha Yoga		<b>Rahu</b> 8:25AM – 9:36AM	Kaulava Until 7:53AM	<b>Nataraja:</b> Purple	4th Phase			
Until 10:09PM			<b>Trayodashi</b> Until 8:20PM	Moon – White	<b>Devaloka Day</b>			
Then Routine Work - Marana Yoga				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam				Frederick, MD
Vrishabha Rasi: 0.44		Tithi 14		Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 233
724376575		<b>Gulika</b> 12:00PM – 1:11PM	<b>Krittika</b> Until 11:47PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:14AM	Subhakrit 5124		
Creative Work Siddha Yoga		Yama 9:37AM – 10:48AM	Shiva Until 4:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - 27		
Until 11:47PM		<b>Rahu</b> 2:23PM – 3:34PM	Gara Until 8:56AM	<b>Nataraja:</b> Purple	4th Phase			
Then Creative Work - Amrita Yoga		<b>Krittika Deepam</b>	<b>Chaturdashi*</b> Until 9:35PM	Moon – White	<b>Devaloka Day</b>			
				Margasira-Karttikai		<b>Tour Day</b>		

		<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam				Frederick, MD
Vrishabha Rasi: 13.05		Tithi 15		Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 234
734376575		<b>Gulika</b> 10:49AM – 12:00PM	<b>Rohini</b> Until 2:05AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:15AM	Subhakrit 5124		
Creative Work Siddha Yoga		Yama 8:26AM – 9:38AM	Siddha Until 4:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - Purnima		
Until 2:05AM Thu		<b>Rahu</b> 12:00PM – 1:12PM	Visti Until 10:22AM	<b>Nataraja:</b> Purple	4th Phase			
Then Routine Work - Marana Yoga			<b>Purnima*</b> Until 11:12PM	Moon – Yellow	<b>Sivaloka Day</b>			
				Margasira-Karttikai				

<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam				Frederick, MD
<b>Silver Retreat Star</b>		Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 235
Vrishabha Rasi: 25.18		Tithi 16		<b>Gulika</b> 9:38AM – 10:50AM		<b>Mrigashira</b> Until 4:32AM Fri
734376575		Yama 7:16AM – 8:27AM	Sadhya Until 4:43PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM	Subhakrit 5124
Routine Work Marana Yoga		<b>Rahu</b> 1:12PM – 2:23PM	Balava Until 12:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32 - Prathama
Until 4:32AM Fri			<b>Prathama*</b> Until 1:09AM Fri	<b>Nataraja:</b> Purple	4th Phase	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>		Moon – Yellow	<b>Sivaloka Day</b>	
				Margasira-Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





**Friday, December 9, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taaila/Gara Karana Dvitiyayam Titau

Frederick, MD  
Sutra 236

Mithuna Rasi: 7.23      Tithi 17

734476575

**Gulika** 8:28AM – 9:39AM  
**Yama** 2:24PM – 3:35PM  
**Rahu** 10:50AM – 12:01PM

**Ardra Until 7:03AM Sat**  
Subha Until 5:14PM  
Taaila Until 2:15PM

**Ganesha:** Red      *Sunrise:* 7:17AM  
**Muruqa:** Clear      *Sunset:* 4:46PM

Moon 12 - Phase 33 -  
1st Phase

Creative Work    Siddha Yoga

**Dvitiya Until 3:22AM Sat**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

**1**

**Saturday, December 10, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Frederick, MD  
Sun 1      Sutra 237

Mithuna Rasi: 19.23      Tithi 18

734476575

**Gulika** 7:18AM – 8:29AM  
**Yama** 1:13PM – 2:24PM  
**Rahu** 9:40AM – 10:51AM

**Ardra Until 7:03AM**  
Sukla Until 5:54PM  
Vanija Until 4:35PM

**Ganesha:** Red      *Sunrise:* 7:18AM  
**Muruqa:** Clear      *Sunset:* 4:46PM

Moon 12 - Phase 33 - 1  
1st Phase

Creative Work    Siddha Yoga

**Tritiya Until 5:47AM Sun**

**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

**Sivaloka Day**

**2**

**Sunday, December 11, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Frederick, MD  
Sun 2      Sutra 238

Kataka Rasi: 1.17      Tithi 19

744476575

**Gulika** 2:24PM – 3:35PM  
**Yama** 12:02PM – 1:13PM  
**Rahu** 3:35PM – 4:46PM

**Punarvasu Until 10:06AM**  
Brahma Until 6:42PM  
Bava Until 7:04PM

**Ganesha:** Green      *Sunrise:* 7:18AM  
**Muruqa:** Clear      *Sunset:* 4:46PM

Moon 12 - Phase 33 - 2  
1st Phase

Creative Work    Siddha Yoga

**Chaturthi\* Until 8:19AM Mon**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

**3**

**Monday, December 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD  
Sun 3      Sutra 239

Kataka Rasi: 13.1      Tithi 19 – 20

745476575

**Gulika** 1:14PM – 2:24PM  
**Yama** 10:52AM – 12:03PM  
**Rahu** 8:30AM – 9:41AM

**Pushya Until 1:03PM**  
Indra Until 7:33PM  
Kaulava Until 9:36PM

**Ganesha:** White      *Sunrise:* 7:19AM  
**Muruqa:** Clear      *Sunset:* 4:46PM

Moon 12 - Phase 33 - 3  
1st Phase

**Family Home Evening**  
Creative Work    Siddha Yoga

**Chaturthi\* Until 8:19AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day**

**4**

**Tuesday, December 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*Magha\* Nakshatra Vaidhrili\* Yoga Taaila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD  
Sun 4      Sutra 240

Kataka Rasi: 25.02      Tithi 20 – 21

745476575

**Gulika** 12:03PM – 1:14PM  
**Yama** 9:41AM – 10:52AM  
**Rahu** 2:25PM – 3:36PM

**Ashlesha\* Until 3:48PM**  
Vaidhrili\* Until 8:19PM  
Gara Until 12:03AM Wed

**Ganesha:** White      *Sunrise:* 7:20AM  
**Muruqa:** Clear      *Sunset:* 4:46PM

Moon 12 - Phase 33 - 4  
1st Phase

Creative Work    Siddha Yoga

**Panchami Until 10:49AM**

**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

**Devaloka Day      Tour Day**

**5**

**Wednesday, December 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Frederick, MD  
Sun 5      Sutra 241

Simha Rasi: 6.58      Tithi 21 – 22

755476575

**Gulika** 10:53AM – 12:04PM  
**Yama** 8:31AM – 9:42AM  
**Rahu** 12:04PM – 1:14PM

**Magha\* Until 6:42PM**  
Vishkambha\* Until 8:55PM  
Visli Until 2:14AM Thu

**Ganesha:** Clear      *Sunrise:* 7:21AM  
**Muruqa:** Clear      *Sunset:* 4:47PM

Moon 12 - Phase 33 - 5  
1st Phase

Creative Work    Siddha Yoga  
Until 6:42PM  
Then Creative Work - Amrita Yoga

**Shashthi\* Until 1:10PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

**Sivaloka Day**

**6**

**Thursday, December 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD  
Sun 6      Sutra 242

Simha Rasi: 19.01      Tithi 22 – 23

755476575

**Gulika** 9:43AM – 10:53AM  
**Yama** 7:21AM – 8:32AM  
**Rahu** 1:15PM – 2:25PM

**Purvaphalguni Until 9:02PM**  
Priti Until 9:13PM  
Balava Until 3:57AM Fri

**Ganesha:** Clear      *Sunrise:* 7:21AM  
**Muruqa:** Clear      *Sunset:* 4:47PM

Moon 12 - Phase 33 - 6  
1st Phase

Creative Work    Siddha Yoga

**Markali Pillaiyar**

**Saptami Until 3:08PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Sivaloka Day**

**D**

**Friday, December 16, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Taaila Karana Ashtami/Navamyam Titau

Frederick, MD  
Sun 7      Sutra 243

Kanya Rasi: 1.16      Tithi 23 – 24

855476575

**Gulika** 8:33AM – 9:43AM  
**Yama** 2:26PM – 3:37PM  
**Rahu** 10:54AM – 12:05PM

**Uttaraphalguni Until 10:38PM**  
Ayushman Until 9:02PM  
Taaila Until 5:01AM Sat

**Ganesha:** White      *Sunrise:* 7:22AM  
**Muruqa:** Clear      *Sunset:* 4:47PM

Moon 12 - Phase 33 - 7  
Ashtami

Creative Work    Siddha Yoga  
Until 10:38PM  
Then Creative Work - Amrita Yoga

**Ashtami\* Until 4:33PM**

**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

**Devaloka Day**

**Saturday, December 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD  
Sun 8      Sutra 244

Kanya Rasi: 13.47      Tithi 24 – 25

865476575

**Gulika** 7:23AM – 8:33AM  
**Yama** 1:16PM – 2:26PM  
**Rahu** 9:44AM – 10:54AM

**Hasta Until 11:49PM**  
Saubhagya Until 8:17PM  
Vanija Until 5:17AM Sun

**Ganesha:** Clear      *Sunrise:* 7:23AM  
**Muruqa:** Clear      *Sunset:* 4:48PM

Moon 12 - Phase 33 - 8  
Navami

Routine Work    Marana Yoga

**Navami\* Until 5:14PM**

**Nataraja:** Purple  
Moon – Green  
Margasira-Markali

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

ll times are standard time. Calculated for Frederick, MD on 4/26/2


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<b>1</b>		<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 245 Subhakrit 5124	
Kanya Rasi: 26.41	Tithi 25 – 26	<b>Gulika</b> 2:27PM – 3:37PM	<b>Chitra</b> <b>Until 12:01AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:23AM	Moon 12 - Phase 34 - 9	
		Yama 12:06PM – 1:16PM	Sobhana <b>Until 6:54PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	2nd Phase	
		865476575 <b>Rahu</b> 3:37PM – 4:48PM	Bava <b>Until 4:42AM Mon</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 5:05PM</b>	Moon – Green		<b>Margasira*Markali</b>	
Until 12:01AM Mon							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 246 Subhakrit 5124	
Tula Rasi: 10.01	Tithi 26 – 27	<b>Gulika</b> 1:17PM – 2:27PM	<b>Svati</b> <b>Until 11:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:24AM	Moon 12 - Phase 34 - 10	
<b>Family Home Evening</b>		Yama 10:56AM – 12:06PM	Athiganda* <b>Until 4:49PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM	2nd Phase	
Creative Work	Amrita Yoga	865476575 <b>Rahu</b> 8:34AM – 9:45AM	Kaulava <b>Until 3:17AM Tue</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Until 11:15PM			<b>Ekadashi*</b> <b>Until 4:04PM</b>	Moon – Green		<b>Margasira*Markali</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 247 Subhakrit 5124	
Tula Rasi: 23.5	Tithi 27 – 28	<b>Gulika</b> 12:07PM – 1:17PM	<b>Vishakha</b> <b>Until 10:01PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:24AM	Moon 12 - Phase 34 - 11	
		Yama 9:46AM – 10:56AM	Sukarma <b>Until 2:07PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	2nd Phase	
		875476575 <b>Rahu</b> 2:28PM – 3:38PM	Gara <b>Until 1:06AM Wed</b>	<b>Nataraja:</b> Purple		<b>Devaloka Day</b>	
Routine Work	Marana Yoga		<b>Dvadashi*</b> <b>Until 2:15PM</b>	Moon – Orange		<b>Margasira*Markali</b>	
Until 10:01PM						<i>Pradosha Vrata (Fasting)</i>	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 248 Subhakrit 5124	
Vrischika Rasi: 8.07	Tithi 28 – 29	<b>Gulika</b> 10:57AM – 12:07PM	<b>Anuradha</b> <b>Until 8:00PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	Moon 12 - Phase 34 - 12	
		Yama 8:35AM – 9:46AM	Dhriti <b>Until 10:52AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	2nd Phase	
		876476575 <b>Rahu</b> 12:07PM – 1:18PM	Visti <b>Until 10:18PM</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 11:45AM</b>	Moon – Orange		<b>Margasira*Markali</b>	
		<b>Day 1 of Pancha Ganapati</b>					

		<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 249 Subhakrit 5124	
<b>Retreat Star</b>		<b>Gulika</b> 9:47AM – 10:57AM	<b>Jyeshtha*</b> <b>Until 5:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:25AM	Moon 12 - Phase 34 - 13	
Vrischika Rasi: 22.5	Tithi 29 – 30	Yama 7:25AM – 8:36AM	Shula* <b>Until 7:09AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Amavasya	
		876476575 <b>Rahu</b> 1:18PM – 2:29PM	Catuspada <b>Until 7:02PM</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Chaturdashi*</b> <b>Until 8:42AM</b>	Moon – Orange		<b>Margasira*Markali</b>	
Until 5:22PM		<b>Day 2 of Pancha Ganapati</b>					
Then Creative Work - Siddha Yoga							

<b>Friday, December 23, 2022</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 250 Subhakrit 5124	
Dhanus Rasi: 7.5	Tithi 1	<b>Gulika</b> 8:36AM – 9:47AM	<b>Mula*</b> <b>Until 2:42PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:26AM	Moon 12 - Phase 34 - 14	
		Yama 2:29PM – 3:40PM	Vriddhi <b>Until 10:56PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Prathama	
		886476575 <b>Rahu</b> 10:58AM – 12:08PM	Kintughna <b>Until 3:29PM</b>	<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>	
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 1:38AM Sat</b>	Moon – Light Blue		<b>Pausha*Markali</b>	
Until 2:42PM		<b>Day 3 of Pancha Ganapati</b>					
Then Routine Work - Prabalarishta Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 251 Subhakrit 5124
Dhanus Rasi: 23	Tithi 2	<b>Gulika</b> 7:26AM – 8:37AM	<b>Purvashadha* Until 11:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:26AM			
		Yama 1:19PM – 2:30PM	Dhruva Until 6:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM		Moon 12 - Phase 35 - 15	3rd Phase
		886486575 <b>Rahu</b> 9:47AM – 10:58AM	Balava Until 11:49AM	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	Moon – Light Blue			<b>Subha Sivaloka Day</b>	
Until 11:46AM				<b>Pausha*Markali</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 8.1	Tithi 3	<b>Gulika</b> 2:30PM – 3:41PM	<b>Uttarashadha Until 8:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:27AM			
		Yama 12:09PM – 1:20PM	Vyaghata* Until 2:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM		Moon 12 - Phase 35 - 16	3rd Phase
		886486575 <b>Rahu</b> 3:41PM – 4:51PM	Taitila Until 8:11AM	<b>Nataraja:</b> Purple				
Creative Work	Amrita Yoga		<b>Tritiya Until 6:26PM</b>	Moon – Light Blue			<b>Subha Sivaloka Day</b>	
				<b>Pausha*Markali</b>				

<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 23.1	Tithi 4 – 5	<b>Gulika</b> 1:20PM – 2:31PM	<b>Shravana Until 6:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:27AM			
<b>Family Home Evening</b>		Yama 10:59AM – 12:10PM	Harshana Until 10:35AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM		Moon 12 - Phase 35 - 17	3rd Phase
		896486576 <b>Rahu</b> 8:38AM – 9:48AM	Bava Until 1:47AM Tue	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga		<b>Chaturthi* Until 3:13PM</b>	Moon – Purple			<b>Sivaloka Day</b>	
Until 6:15AM				<b>Pausha*Markali</b>				
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 7.52	Tithi 5 – 6	<b>Gulika</b> 12:10PM – 1:21PM	<b>Shatabhishak Until 2:08AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:28AM			
		Yama 9:49AM – 10:59AM	Vajra* Until 6:58AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 12 - Phase 35 - 18	3rd Phase
		896486576 <b>Rahu</b> 2:31PM – 3:42PM	Kaulava Until 11:18PM	<b>Nataraja:</b> Clear				
Routine Work	Marana Yoga		<b>Panchami Until 12:27PM</b>	Moon – Purple			<b>Sivaloka Day</b>	
Until 2:08AM Wed				<b>Pausha*Markali</b>				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 22.11	Tithi 6 – 7	<b>Gulika</b> 11:00AM – 12:11PM	<b>Purvaproshtapada* Until 1:12AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM			
		Yama 8:39AM – 9:49AM	Vyatipata* Until 1:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM		Moon 12 - Phase 35 - 19	3rd Phase
		817486576 <b>Rahu</b> 12:11PM – 1:21PM	Gara Until 9:27PM	<b>Nataraja:</b> Clear				
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:16AM</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 1:12AM Thu				<b>Pausha*Markali</b>				
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlamyam Titau				Frederick, MD Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 6.04	Tithi 7 – 8	<b>Gulika</b> 9:50AM – 11:00AM	<b>Uttaraproshtapada Until 12:51AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM			
		Yama 7:28AM – 8:39AM	Variyan Until 11:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM		Moon 12 - Phase 35 - 20	Ashtami
		817486576 <b>Rahu</b> 1:22PM – 2:33PM	Visti Until 8:20PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Saptami Until 8:47AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Pausha*Markali</b>				

<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 21 Sutra 257 Subhakrit 5124
Meena Rasi: 19.31	Tithi 8 – 9	<b>Gulika</b> 8:39AM – 9:50AM	<b>Revati Until 1:04AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:28AM			
		Yama 2:33PM – 3:44PM	Parigha* Until 9:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:55PM		Moon 12 - Phase 35 - 21	Navami
		817486576 <b>Rahu</b> 11:01AM – 12:12PM	Balava Until 7:57PM	<b>Nataraja:</b> Clear				
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:02AM</b>	Moon – Clear			<b>Devaloka Day</b>	
				<b>Pausha*Markali</b>				

<b>1</b>		<b>Saturday, December 31, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manla Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 22 Sutra 258 Subhakrit 5124
Mesha Rasi: 2.34	Tithi 9 – 10	827486576	<b>Gulika</b> 7:29AM – 8:39AM <b>Yama</b> 1:23PM – 2:34PM <b>Rahu</b> 9:50AM – 11:01AM	<b>Ashvini Until 2:16AM Sun</b> Shiva Until 8:51PM Taitila Until 8:17PM <b>Navami* Until 8:01AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 22 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 2:16AM Sun		Then Routine Work - Prabalarishta Yoga		
<b>2</b>		<b>Sunday, January 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 23 Sutra 259 Subhakrit 5124
Mesha Rasi: 15.17	Tithi 10 – 11	827486576	<b>Gulika</b> 2:35PM – 3:45PM <b>Yama</b> 12:13PM – 1:24PM <b>Rahu</b> 3:45PM – 4:56PM	<b>Bharani Until 3:53AM Mon</b> Siddha Until 8:24PM Vanija Until 9:16PM <b>Dashami Until 8:41AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:56PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 23 4th Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga		Until 3:53AM Mon		Then Routine Work - Marana Yoga		
<b>3</b>		<b>Monday, January 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 24 Sutra 260 Subhakrit 5124
Mesha Rasi: 27.45	Tithi 11 – 12	827486576	<b>Gulika</b> 1:24PM – 2:35PM <b>Yama</b> 11:02AM – 12:13PM <b>Rahu</b> 8:40AM – 9:51AM	<b>Krittika Until 5:47AM Tue</b> Sadhya Until 8:22PM Bava Until 10:44PM <b>Ekadashi Until 9:55AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Clear Moon – White Pausha-Markali	Moon 12 - Phase 36 - 24 4th Phase <b>Sivaloka Day</b>
Family Home Evening		Routine Work Marana Yoga		Until 5:47AM Tue		Then Creative Work - Amrita Yoga
<b>4</b>		<b>Tuesday, January 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 25 Sutra 261 Subhakrit 5124
Vrishabha Rasi: 10.01	Tithi 12 – 13	837586576	<b>Gulika</b> 12:14PM – 1:25PM <b>Yama</b> 9:51AM – 11:02AM <b>Rahu</b> 2:36PM – 3:47PM	<b>Rohini Until 8:21AM Wed</b> Subha Until 8:38PM Kaulava Until 12:35AM Wed <b>Dvadashi Until 11:36AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 25 4th Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga		Until 8:21AM Wed		Then Creative Work - Siddha Yoga		Pradosha Vrata
<b>5</b>		<b>Wednesday, January 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 26 Sutra 262 Subhakrit 5124
Vrishabha Rasi: 22.08	Tithi 13 – 14	838586576	<b>Gulika</b> 11:03AM – 12:14PM <b>Yama</b> 8:40AM – 9:51AM <b>Rahu</b> 12:14PM – 1:25PM	<b>Rohini Until 8:21AM</b> Sukla Until 9:05PM Gara Until 2:43AM Thu <b>Trayodashi Until 1:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 26 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						
<b>6</b>		<b>Thursday, January 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 27 Sutra 263 Subhakrit 5124
Mithuna Rasi: 4.1	Tithi 14 – 15	838586576	<b>Gulika</b> 9:52AM – 11:03AM <b>Yama</b> 7:29AM – 8:40AM <b>Rahu</b> 1:26PM – 2:37PM	<b>Mrigashira Until 10:59AM</b> Brahma Until 9:42PM Visti Until 5:01AM Fri <b>Chaturdashi* Until 3:50PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - 27 4th Phase <b>Devaloka Day</b>
Routine Work Marana Yoga		Subramuniyaswami Jayanti				
<b>7</b>		<b>Friday, January 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Frederick, MD Sun 28 Sutra 264 Subhakrit 5124
Mithuna Rasi: 16.08	Tithi 15	838586576	<b>Gulika</b> 8:40AM – 9:52AM <b>Yama</b> 2:38PM – 3:49PM <b>Rahu</b> 11:03AM – 12:15PM	<b>Ardra Until 1:36PM</b> Indra Until 10:25PM Bava Until 6:12PM <b>Purnima* Until 6:12PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Clear Moon – Yellow Pausha-Markali	Moon 12 - Phase 36 - Purnima <b>Devaloka Day</b>
Creative Work Siddha Yoga		Ardra Darshanam				
<b>8</b>		<b>Saturday, January 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manla Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sun 29 Sutra 265 Subhakrit 5124
Mithuna Rasi: 28.03	Tithi 16	848586576	<b>Gulika</b> 7:29AM – 8:41AM <b>Yama</b> 1:27PM – 2:39PM <b>Rahu</b> 9:52AM – 11:04AM	<b>Punarvasu Until 4:38PM</b> Vaidhriti* Until 11:10PM Balava Until 7:26AM <b>Prathama* Until 8:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Clear Moon – Blue Pausha-Markali	Moon 12 - Phase 36 - Prathama <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 9.56      Tithi 17  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:39PM – 3:51PM      **Pushya Until 7:33PM**  
Yama 12:16PM – 1:27PM      Vishkambha\* Until 11:57PM  
**Rahu** 3:51PM – 5:03PM      Taitila Until 9:55AM  
Dvitiya Until 11:09PM

Frederick, MD      Sun 1      Sutra 266      Subhakit 5124  
Moon 1 - Phase 37 - 1  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:29AM  
Muruga: Purple      Sunset: 5:03PM  
Nataraja: Clear  
Moon – Blue      Pausha-Markali

**1**

**Monday, January 9, 2023**

Kataka Rasi: 21.5      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:28PM – 2:40PM      **Ashlesha\* Until 10:17PM**  
Yama 11:04AM – 12:16PM      Priti Until 12:45AM Tue  
**Rahu** 8:41AM – 9:52AM      Vanija Until 12:25PM  
Tritiya Until 1:37AM Tue

Frederick, MD      Sun 2      Sutra 267      Subhakit 5124  
Moon 1 - Phase 37 - 2  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:29AM  
Muruga: Purple      Sunset: 5:04PM  
Nataraja: Clear  
Moon – Blue      Pausha-Markali

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 3.44      Tithi 19  
Creative Work      Siddha Yoga  
Until 1:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:17PM – 1:29PM      **Magha\* Until 1:16AM Wed**  
Yama 9:53AM – 11:05AM      Ayushman Until 1:26AM Wed  
**Rahu** 2:41PM – 3:53PM      Bava Until 2:51PM  
Chaturthi\* Until 3:59AM Wed

Frederick, MD      Sun 3      Sutra 268      Subhakit 5124  
Moon 1 - Phase 37 - 3  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:29AM  
Muruga: Purple      Sunset: 5:05PM  
Nataraja: Clear  
Moon – Red      Pausha-Markali

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 15.41      Tithi 20  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:05AM – 12:17PM      **Purvaphalguni Until 3:51AM Thu**  
Yama 8:41AM – 9:53AM      Saubhagya Until 1:58AM Thu  
**Rahu** 12:17PM – 1:29PM      Kaulava Until 5:07PM  
Panchami Until 6:07AM Thu

Frederick, MD      Sun 4      Sutra 269      Subhakit 5124  
Moon 1 - Phase 37 - 4  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:28AM  
Muruga: Purple      Sunset: 5:06PM  
Nataraja: Clear  
Moon – Red      Pausha-Markali

**4**

**Thursday, January 12, 2023**

Simha Rasi: 27.44      Tithi 20 – 21  
Amrita Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 9:53AM – 11:05AM      **Uttaraphalguni Until 5:55AM Fri**  
Yama 7:28AM – 8:40AM      Sobhana Until 2:13AM Fri  
**Rahu** 1:30PM – 2:42PM      Gara Until 7:03PM  
Panchami Until 6:07AM

Frederick, MD      Sun 5      Sutra 270      Subhakit 5124  
Moon 1 - Phase 37 - 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:28AM  
Muruga: Purple      Sunset: 5:07PM  
Nataraja: Clear  
Moon – Red      Pausha-Markali

**5**

**Friday, January 13, 2023**

Kanya Rasi: 9.56      Tithi 21 – 22  
Creative Work      Amrita Yoga  
Until 7:46AM Sat  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:40AM – 9:53AM      **Hasta Until 7:46AM Sat**  
Yama 2:43PM – 3:55PM      Athiganda\* Until 2:03AM Sat  
**Rahu** 11:05AM – 12:18PM      Visti Until 8:30PM  
Shashthi\* Until 7:50AM

Frederick, MD      Sun 6      Sutra 271      Subhakit 5124  
Moon 1 - Phase 37 - 6  
1st Phase  
**Sivaloka Day**  
Ganesha: Clear      Sunrise: 7:28AM  
Muruga: Purple      Sunset: 5:08PM  
Nataraja: Clear  
Moon – Red      Pausha-Markali

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 22.23      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:28AM – 8:40AM      **Hasta Until 7:46AM**  
Yama 1:31PM – 2:43PM      Sukarma Until 1:21AM Sun  
**Rahu** 9:53AM – 11:06AM      Balava Until 9:17PM  
Saptami Until 8:58AM

Frederick, MD      Sun 7      Sutra 272      Subhakit 5124  
Moon 1 - Phase 37 - 7  
Ashtami  
**Subha Sivaloka Day**  
Ganesha: White      Sunrise: 7:28AM  
Muruga: Purple      Sunset: 5:09PM  
Nataraja: Clear  
Moon – Green      Pausha-Thai

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 5.1      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:44PM – 3:57PM      **Chitra Until 8:45AM**  
Yama 12:19PM – 1:31PM      Dhriti Until 12:03AM Mon  
**Rahu** 3:57PM – 5:10PM      Taitila Until 9:15PM  
Ashtami\* Until 9:21AM

Frederick, MD      Sun 8      Sutra 273      Subhakit 5124  
Moon 1 - Phase 37 - 8  
Navami  
**Subha Sivaloka Day**  
Ganesha: White      Sunrise: 7:27AM  
Muruga: Purple      Sunset: 5:10PM  
Nataraja: Clear  
Moon – Green      Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD Sun 9 Sutra 274 Subhakrit 5124
<b>1</b>		<b>Gulika</b> 1:32PM – 2:45PM	<b>Svati</b> Until 8:46AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM	
Tula Rasi: 18.22	Tithi 24 – 25	Yama 11:06AM – 12:19PM	Shula* Until 10:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 1 - Phase 38 - 9
<b>Family Home Evening</b>	869586576	<b>Rahu</b> 8:40AM – 9:53AM	Vanija Until 8:23PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:54AM	Moon – Green	<b>Subha Sivaloka Day</b>	
Until 8:46AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 10 Sutra 275 Subhakrit 5124
<b>2</b>		<b>Gulika</b> 12:19PM – 1:32PM	<b>Vishakha</b> Until 8:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
Vischika Rasi: 2.01	Tithi 25 – 26	Yama 9:53AM – 11:06AM	Ganda* Until 7:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 38 - 10
	879586576	<b>Rahu</b> 2:46PM – 3:59PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 7:36AM	Moon – Orange	<b>Sivaloka Day</b>	
Until 8:15AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Frederick, MD Sun 11 Sutra 276 Subhakrit 5124
<b>3</b>		<b>Gulika</b> 11:06AM – 12:20PM	<b>Anuradha</b> Until 6:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
Vischika Rasi: 16.1	Tithi 27	Yama 8:39AM – 9:53AM	Vriddhi Until 4:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 38 - 11
	871586576	<b>Rahu</b> 12:20PM – 1:33PM	Kaulava Until 4:13PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 2:44AM Thu	Moon – Orange	<b>Sivaloka Day</b>	
Until 8:15AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD Sun 12 Sutra 277 Subhakrit 5124
<b>4</b>		<b>Gulika</b> 9:53AM – 11:06AM	<b>Mula*</b> Until 2:04AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:26AM	
Dhanus Rasi: 0.47	Tithi 28	Yama 7:26AM – 8:39AM	Dhruva Until 12:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 1 - Phase 38 - 12
	881586576	<b>Rahu</b> 1:33PM – 2:47PM	Gara Until 1:09PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:25PM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 2:04AM Fri				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD Sun 13 Sutra 278 Subhakrit 5124
<b>5</b>		<b>Gulika</b> 8:39AM – 9:53AM	<b>Purvashadha*</b> Until 11:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:25AM	
Dhanus Rasi: 15.48	Tithi 29	Yama 2:48PM – 4:02PM	Vyaghata* Until 8:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 38 - 13
	881586576	<b>Rahu</b> 11:06AM – 12:20PM	Visti Until 9:38AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturdashi*</b> Until 7:44PM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 11:06PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD Sun 14 Sutra 279 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 7:25AM – 8:39AM	<b>Uttarashadha</b> Until 7:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:25AM	
Makara Rasi: 1.04	Tithi 30 – 1	Yama 1:34PM – 2:48PM	Vajra* Until 11:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 38 - 14
	881586576	<b>Rahu</b> 9:53AM – 11:06AM	Kintughna Until 1:57AM Sun	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:53PM	Moon – Light Blue	<b>Sivaloka Day</b>	
Until 7:51PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 280 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 2:49PM – 4:03PM	<b>Shravana</b> Until 4:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:24AM	
Makara Rasi: 16.23	Tithi 1 – 2	Yama 12:21PM – 1:35PM	Siddhi Until 7:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 38 - 15
	891586576	<b>Rahu</b> 4:03PM – 5:18PM	Balava Until 10:09PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 12:01PM	Moon – Purple	<b>Sivaloka Day</b>	
Until 4:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Frederick, MD
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika 1:35PM - 2:50PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	Sunrise: 7:23AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 11:07AM - 12:21PM	Vyatipata* Until 3:01PM	Muruga: Purple	Sunset: 5:19PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:38AM - 9:52AM	Taitila Until 6:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			<b>Dvitiya Until 8:19AM</b>	<b>Magha-Thai</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyan/Parigha Yoga Vanija/Visti Karana Chaturtham Titau				Frederick, MD
	Kumbha Rasi: 16.35	Tithi 4	Gulika 12:21PM - 1:36PM	Shatabhishak Until 11:24AM	Ganesha: Red	Sunrise: 7:23AM	Sun 17 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 9:52AM - 11:07AM	Varyan Until 11:09AM	Muruga: Purple	Sunset: 5:20PM	Subhakrit 5124
			Rahu 2:51PM - 4:05PM	Vanija Until 3:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			<b>Chaturthi* Until 2:09AM Wed</b>	<b>Magha-Thai</b>	<b>Sivaloka Day</b>		

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamam Titau				Frederick, MD
	Meena Rasi: 1.1	Tithi 5	Gulika 11:07AM - 12:22PM	Purvaproshtapada* Until 9:38AM	Ganesha: Blue	Sunrise: 7:22AM	Sun 18 Sutra 283
	Creative Work Amrita Yoga	911586576	Yama 8:37AM - 9:52AM	Parigha* Until 7:46AM	Muruga: Purple	Sunset: 5:21PM	Subhakrit 5124
	Until 9:38AM		Rahu 12:22PM - 1:36PM	Bava Until 1:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			<b>Panchami Until 12:01AM Thu</b>	<b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>		

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau				Frederick, MD
	Meena Rasi: 15.15	Tithi 6	Gulika 9:52AM - 11:07AM	Uttaraproshtapada Until 8:26AM	Ganesha: Blue	Sunrise: 7:21AM	Sun 19 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 7:21AM - 8:36AM	Siddha Until 2:48AM Fri	Muruga: Purple	Sunset: 5:22PM	Subhakrit 5124
			Rahu 1:37PM - 2:52PM	Kaulava Until 11:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			<b>Shashthi* Until 10:40PM</b>	<b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>		

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamam Titau				Frederick, MD
	Meena Rasi: 28.5	Tithi 7	Gulika 8:36AM - 9:51AM	Revati Until 7:55AM	Ganesha: Blue	Sunrise: 7:21AM	Sun 20 Sutra 285
	Creative Work Siddha Yoga	911586576	Yama 2:53PM - 4:08PM	Sadhya Until 1:20AM Sat	Muruga: Purple	Sunset: 5:23PM	Subhakrit 5124
	Until 7:55AM		Rahu 11:07AM - 12:22PM	Gara Until 10:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			<b>Saptami Until 10:11PM</b>	<b>Magha-Thai</b>	<b>Subha Sivaloka Day</b>		

<b>6</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamam Titau				Frederick, MD
	<b>Retreat Star</b>		Gulika 7:20AM - 8:35AM	Ashvini Until 8:32AM	Ganesha: White	Sunrise: 7:20AM	Sun 21 Sutra 286
	Mesha Rasi: 11.58	Tithi 8	Yama 1:38PM - 2:53PM	Subha Until 12:31AM Sun	Muruga: Purple	Sunset: 5:23PM	Subhakrit 5124
	Creative Work Siddha Yoga	921686576	Rahu 9:51AM - 11:07AM	Visti Until 10:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami
			<b>Ashtami* Until 10:34PM</b>	<b>Magha-Thai</b>	<b>Devaloka Day</b>		

<b>7</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamam Titau				Frederick, MD
	<b>Retreat Star</b>		Gulika 2:54PM - 4:10PM	Bharani Until 9:48AM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 22 Sutra 287
	Mesha Rasi: 24.4	Tithi 9	Yama 12:22PM - 1:38PM	Sukla Until 12:16AM Mon	Muruga: Purple	Sunset: 5:26PM	Subhakrit 5124
	Routine Work Prabalarishta Yoga	922686576	Rahu 4:10PM - 5:26PM	Balava Until 11:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami
			<b>Navami* Until 11:42PM</b>	<b>Magha-Thai</b>	<b>Sivaloka Day</b>		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda


<b>1</b>		<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 288 Subhakrit 5124	
Vrishabha Rasi: 7.04	Tithi 10	<b>Gulika</b>	1:39PM – 2:55PM	<b>Krittika Until 11:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:18AM	
<b>Family Home Evening</b>	922686576	Yama	11:06AM – 12:23PM	Brahma Until 12:28AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40 - 23
Routine Work Marana Yoga		<b>Rahu</b>	8:34AM – 9:50AM	Taitila Until 12:32PM	<b>Nataraja:</b> Clear		4th Phase
Until 11:35AM				<b>Dashami Until 1:27AM Tue</b>	Moon – White		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					Magha-Thai		

<b>2</b>		<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 289 Subhakrit 5124	
Vrishabha Rasi: 19.13	Tithi 11	<b>Gulika</b>	12:23PM – 1:39PM	<b>Rohini Until 2:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:17AM	
	932686576	Yama	9:50AM – 11:06AM	Indra Until 1:01AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40 - 24
Creative Work Amrita Yoga		<b>Rahu</b>	2:55PM – 4:12PM	Vanija Until 2:31PM	<b>Nataraja:</b> Clear		4th Phase
Until 2:11PM				<b>Ekadashi Until 3:37AM Wed</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga					Magha-Thai		

<b>3</b>		<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau		Frederick, MD Sun 25 Sutra 290 Subhakrit 5124	
Mithuna Rasi: 1.13	Tithi 12	<b>Gulika</b>	11:06AM – 12:23PM	<b>Mrigashira Until 4:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:17AM	
	932686576	Yama	8:34AM – 9:50AM	Vaidhriti* Until 1:43AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40 - 25
Creative Work Siddha Yoga		<b>Rahu</b>	12:23PM – 1:39PM	Bava Until 4:50PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Dvadashi Until 6:02AM Thu</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
					Magha-Thai		

<b>4</b>		<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 291 Subhakrit 5124	
Mithuna Rasi: 13.08	Tithi 12 – 13	<b>Gulika</b>	9:50AM – 11:06AM	<b>Ardra Until 7:40PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:16AM	
	932686576	Yama	7:16AM – 8:33AM	Vishkambha* Until 2:32AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40 - 26
Routine Work Marana Yoga		<b>Rahu</b>	1:39PM – 2:56PM	Kaulava Until 7:18PM	<b>Nataraja:</b> Clear		4th Phase
Until 7:40PM				<b>Dvadashi Until 6:02AM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga					Magha-Thai		
					<i>Pradosha Vrata</i>		

<b>5</b>		<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 292 Subhakrit 5124	
Mithuna Rasi: 25.01	Tithi 13 – 14	<b>Gulika</b>	8:32AM – 9:49AM	<b>Punarvasu Until 10:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:16AM	
	942686577	Yama	2:57PM – 4:14PM	Priti Until 3:22AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40 - 27
Creative Work Siddha Yoga		<b>Rahu</b>	11:06AM – 12:23PM	Gara Until 9:49PM	<b>Nataraja:</b> Orange		4th Phase
Until 10:47PM				<b>Trayodashi Until 8:32AM</b>	Moon – Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					Magha-Thai		

		<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sutra 293 Subhakrit 5124	
<b>Copper Retreat Star</b>		<b>Gulika</b>	7:15AM – 8:32AM	<b>Pushya Until 1:41AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:15AM	
Kataka Rasi: 6.54	Tithi 14 – 15	Yama	1:40PM – 2:57PM	Ayushman Until 4:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40 -
	942686577	<b>Rahu</b>	9:49AM – 11:06AM	Visti Until 12:17AM Sun	<b>Nataraja:</b> Orange		Purnima
Creative Work Siddha Yoga				<b>Chaturdashi* Until 11:02AM</b>	Moon – Blue		<b>Sivaloka Day</b>
		<b>Thai Pusam</b>			Magha-Thai		

<b>Sunday, February 5, 2023</b>		<b>Silver Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sutra 294 Subhakrit 5124	
<b>Silver Retreat Star</b>		<b>Gulika</b>	2:58PM – 4:15PM	<b>Ashlesha* Until 4:19AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:14AM	
Kataka Rasi: 18.48	Tithi 15 – 16	Yama	12:23PM – 1:41PM	Saubhagya Until 4:50AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 40 -
	942686577	<b>Rahu</b>	4:15PM – 5:33PM	Balava Until 2:39AM Mon	<b>Nataraja:</b> Orange		Prathama
Creative Work Siddha Yoga				<b>Purnima* Until 1:27PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 4:19AM Mon					Magha-Thai		
Then Routine Work - Marana Yoga							





**Monday, February 6, 2023**  
**Gold Retreat Star**

Simha Rasi: 0.44      Tithi 16 – 17  
**Family Home Evening**      952686577  
Routine Work      Marana Yoga  
Until 7:10AM Tue  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 1:41PM – 2:59PM  
**Yama** 11:06AM – 12:23PM  
**Rahu** 8:30AM – 9:48AM

**Magha\* Until 7:10AM Tue**  
Sobhana Until 5:27AM Tue  
Taitila Until 4:54AM Tue  
**Prathama\* Until 3:46PM**

Frederick, MD  
Sutra 295  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:13AM  
**Muruqa:** Purple      *Sunset:* 5:34PM

**Nataraja:** Orange  
Moon – Red

**Subha Sivaloka Day**

**1**

**Tuesday, February 7, 2023**

Simha Rasi: 12.44      Tithi 17 – 18  
  
952686577  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 12:23PM – 1:41PM  
**Yama** 9:48AM – 11:05AM  
**Rahu** 2:59PM – 4:17PM

**Magha\* Until 7:10AM**  
Athiganda\* Until 5:54AM Wed  
Vanija Until 6:57AM Wed  
**Dvitiya Until 5:55PM**

Frederick, MD  
Sun 1      Sutra 296  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:12AM  
**Muruqa:** Purple      *Sunset:* 5:35PM

**Nataraja:** Orange  
Moon – Red

**Subha Sivaloka Day**

**2**

**Wednesday, February 8, 2023**

Simha Rasi: 24.48      Tithi 18  
  
952686577  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 11:05AM – 12:23PM  
**Yama** 8:29AM – 9:47AM  
**Rahu** 12:23PM – 1:42PM

**Purvaphalguni Until 9:40AM**  
Sukarma Until 6:11AM Thu  
Vanija Until 6:57AM  
**Tritiya Until 7:52PM**

Frederick, MD  
Sun 2      Sutra 297  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:11AM  
**Muruqa:** Purple      *Sunset:* 5:36PM

**Nataraja:** Orange  
Moon – Red

**Subha Sivaloka Day**

**3**

**Thursday, February 9, 2023**

Kanya Rasi: 6.58      Tithi 19  
  
952686577  
Amrita Yoga  
Until 11:45AM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:47AM – 11:05AM  
**Yama** 7:10AM – 8:28AM  
**Rahu** 1:42PM – 3:00PM

**Uttaraphalguni Until 11:45AM**  
Sukarma Until 6:11AM  
Bava Until 8:44AM  
**Chaturthi\* Until 9:29PM**

Frederick, MD  
Sun 3      Sutra 298  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:10AM  
**Muruqa:** Purple      *Sunset:* 5:37PM

**Nataraja:** Orange  
Moon – Red

**Subha Sivaloka Day**

**4**

**Friday, February 10, 2023**

Kanya Rasi: 19.17      Tithi 20  
  
962686577  
Creative Work      Amrita Yoga  
Until 1:48PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 8:27AM – 9:46AM  
**Yama** 3:01PM – 4:20PM  
**Rahu** 11:05AM – 12:24PM

**Hasta Until 1:48PM**  
Dhriti Until 6:13AM  
Kaulava Until 10:11AM  
**Panchami Until 10:42PM**

Frederick, MD  
Sun 4      Sutra 299  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:08AM  
**Muruqa:** Purple      *Sunset:* 5:39PM

**Nataraja:** Orange  
Moon – Green

**Sivaloka Day**

**5**

**Saturday, February 11, 2023**

Tula Rasi: 1.47      Tithi 21  
  
963686577  
Routine Work      Marana Yoga  
Until 3:13PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 7:07AM – 8:26AM  
**Yama** 1:43PM – 3:02PM  
**Rahu** 9:45AM – 11:04AM

**Chitra Until 3:13PM**  
Ganda\* Until 5:06AM Sun  
Gara Until 11:08AM  
**Shashthi\* Until 11:22PM**

Frederick, MD  
Sun 5      Sutra 300  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:07AM  
**Muruqa:** Purple      *Sunset:* 5:40PM

**Nataraja:** Orange  
Moon – Green

**Devaloka Day**

**6**

**Sunday, February 12, 2023**

Tula Rasi: 14.34      Tithi 22  
  
963686577  
Creative Work      Siddha Yoga  
Until 3:52PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 3:02PM – 4:22PM  
**Yama** 12:24PM – 1:43PM  
**Rahu** 4:22PM – 5:41PM

**Svati Until 3:52PM**  
Vridhhi Until 3:49AM Mon  
Visti Until 11:29AM  
**Saptami Until 11:22PM**

Frederick, MD  
Sun 6      Sutra 301  
Subhakrit 5124  
Moon 2 - Phase 41 -  
1st Phase

**Ganesha:** Purple      *Sunrise:* 7:06AM  
**Muruqa:** Purple      *Sunset:* 5:41PM

**Nataraja:** Orange  
Moon – Green

**Devaloka Day**

**Monday, February 13, 2023**

**Retreat Star**

Tula Rasi: 27.4      Tithi 23  
**Family Home Evening**      973686577  
Routine Work      Marana Yoga  
Until 4:08PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 1:43PM – 3:03PM  
**Yama** 11:04AM – 12:24PM  
**Rahu** 8:25AM – 9:44AM

**Vishakha Until 4:08PM**  
Dhruva Until 1:56AM Tue  
Balava Until 11:07AM  
**Ashtami\* Until 10:39PM**

Frederick, MD  
Sun 7      Sutra 302  
Subhakrit 5124  
Moon 2 - Phase 41 -  
Ashtami

**Ganesha:** Clear      *Sunrise:* 7:05AM  
**Muruqa:** Purple      *Sunset:* 5:42PM

**Nataraja:** Orange  
Moon – Orange

**Sivaloka Day**

**Tuesday, February 14, 2023**

**Retreat Star**

Vrischika Rasi: 11.1      Tithi 24  
  
973686577  
Creative Work      Siddha Yoga  
Until 3:32PM  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 12:24PM – 1:43PM  
**Yama** 9:44AM – 11:04AM  
**Rahu** 3:03PM – 4:23PM

**Anuradha Until 3:32PM**  
Vyaghata\* Until 11:29PM  
Taitila Until 10:02AM  
**Navami\* Until 9:11PM**

Frederick, MD  
Sun 8      Sutra 303  
Subhakrit 5124  
Moon 2 - Phase 41 -  
Navami

**Ganesha:** Clear      *Sunrise:* 7:04AM  
**Muruqa:** Purple      *Sunset:* 5:43PM

**Nataraja:** Orange  
Moon – Orange


**Sivaloka Day**

<b>1</b>	<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD
	Wrischika Rasi: 25.07	Tithi 25	973686577	<b>Gulika</b> 11:03AM – 12:24PM Yama 8:23AM – 9:43AM <b>Rahu</b> 12:24PM – 1:44PM	<b>Jyeshtha* Until 2:05PM</b> Harshana Until 8:29PM Vanija Until 8:13AM Dashami Until 7:02PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Orange Magha•Masi	Sun 9 Sutra 304 Subhakrit 5124 Moon 2 - Phase 42 - 9 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 2:05PM Then Routine Work - Marana Yoga							

<b>2</b>	<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Dhanus Rasi: 9.29	Tithi 26 – 27	983686577	<b>Gulika</b> 9:42AM – 11:03AM Yama 7:01AM – 8:22AM <b>Rahu</b> 1:44PM – 3:04PM	<b>Mula* Until 12:18PM</b> Vajra* Until 4:59PM Kaulava Until 2:43AM Fri Ekadashi* Until 4:16PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Light Blue Magha•Masi	Sun 10 Sutra 305 Subhakrit 5124 Moon 2 - Phase 42 - 10 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							

<b>3</b>	<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Dhanus Rasi: 24.14	Tithi 27 – 28	983686577	<b>Gulika</b> 8:21AM – 9:42AM Yama 3:05PM – 4:26PM <b>Rahu</b> 11:03AM – 12:23PM	<b>Purvashadha* Until 9:53AM</b> Siddhi Until 1:08PM Gara Until 11:19PM Dvadashi* Until 1:02PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Light Blue Magha•Masi	Sun 11 Sutra 306 Subhakrit 5124 Moon 2 - Phase 42 - 11 2nd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 9:53AM Then Routine Work - Marana Yoga							

<b>4</b>	<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Makara Rasi: 9.17	Tithi 28 – 29	983686577	<b>Gulika</b> 6:59AM – 8:20AM Yama 1:44PM – 3:06PM <b>Rahu</b> 9:41AM – 11:02AM	<b>Uttarashadha Until 6:59AM</b> Vyatlipata* Until 9:01AM Visti Until 7:40PM Trayodashi* Until 9:29AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Light Blue Magha•Masi	Sun 12 Sutra 307 Subhakrit 5124 Moon 2 - Phase 42 - 12 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 6:59AM Then Creative Work - Siddha Yoga							

	<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD	
	<b>Retreat Star</b>		Makara Rasi: 24.28	Tithi 30	993686577	<b>Gulika</b> 3:06PM – 4:27PM Yama 12:23PM – 1:45PM <b>Rahu</b> 4:27PM – 5:49PM	<b>Dhanishtha Until 1:16AM Mon</b> Parigha* Until 12:31AM Mon Catuspada Until 3:57PM Amavasya* Until 2:07AM Mon	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Purple Magha•Masi
Routine Work Marana Yoga Until 1:16AM Mon Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>	<b>Monday, February 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD
	Kumbha Rasi: 9.38	Tithi 1	993686577	<b>Gulika</b> 1:45PM – 3:07PM Yama 11:01AM – 12:23PM <b>Rahu</b> 8:18AM – 9:40AM	<b>Shatabhishak Until 10:23PM</b> Shiva Until 8:27PM Kintughna Until 12:21PM Prathama* Until 10:38PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Purple Phalgun•Masi	Sun 14 Sutra 309 Subhakrit 5124 Moon 2 - Phase 42 - 14 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:23PM Then Routine Work - Marana Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

Il times are standard time. Calculated for Frederick, MD on 4/26/2

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Frederick, MD Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	<b>Gulika</b>	12:23PM – 1:45PM	<b>Purvaproshtapada* Until 8:10PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM	
		Yama	9:39AM – 11:01AM	Siddha Until 4:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 43 - 15
		913686577 <b>Rahu</b>	3:07PM – 4:29PM	Balava Until 9:02AM	<b>Nataraja:</b> Orange		3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 7:31PM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 8:10PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthayam Titau			Frederick, MD Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	<b>Gulika</b>	11:01AM – 12:23PM	<b>Uttaraproshtapada Until 6:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	
		Yama	8:16AM – 9:38AM	Sadhya Until 1:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 - 16
		913786577 <b>Rahu</b>	12:23PM – 1:45PM	Taitila Until 6:11AM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Tritiya Until 4:57PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 6:21PM					Phalguna-Masi		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Frederick, MD Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	<b>Gulika</b>	9:38AM – 11:00AM	<b>Revati Until 5:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:52AM	
		Yama	6:52AM – 8:15AM	Subha Until 10:27AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 43 - 17
		913786577 <b>Rahu</b>	1:45PM – 3:08PM	Bava Until 2:28AM Fri	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Chaturthi* Until 3:05PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 5:05PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

<b>4</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtayam Titau			Frederick, MD Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	<b>Gulika</b>	8:14AM – 9:37AM	<b>Ashvini Until 4:55PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM	
		Yama	3:09PM – 4:32PM	Sukla Until 8:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 43 - 18
		923786577 <b>Rahu</b>	11:00AM – 12:23PM	Kaulava Until 1:51AM Sat	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 2:02PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 4:55PM					Phalguna-Masi		
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Frederick, MD Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	<b>Gulika</b>	6:50AM – 8:13AM	<b>Bharani Until 5:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:50AM	
		Yama	1:46PM – 3:09PM	Brahma Until 6:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:56PM	Moon 2 - Phase 43 - 19
		924786577 <b>Rahu</b>	9:36AM – 10:59AM	Gara Until 2:05AM Sun	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 1:50PM</b>	Moon – White		<b>Devaloka Day</b>
Until 5:27PM					Phalguna-Masi		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Frederick, MD Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	<b>Gulika</b>	3:10PM – 4:33PM	<b>Krittika Until 6:39PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:48AM	
		Yama	12:22PM – 1:46PM	Vaidhriti* Until 5:41AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 43 - 20
		924786577 <b>Rahu</b>	4:33PM – 5:57PM	Visti Until 3:09AM Mon	<b>Nataraja:</b> Orange		Ashtami
Creative Work	Siddha Yoga			<b>Saptami Until 2:30PM</b>	Moon – White		<b>Devaloka Day</b>
					Phalguna-Masi		

<b>Retreat Star</b>		<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Frederick, MD Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	<b>Gulika</b>	1:46PM – 3:10PM	<b>Rohini Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:47AM	
<b>Family Home Evening</b>		Yama	10:58AM – 12:22PM	Vishkambha* Until 5:57AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 43 - 21
		934786577 <b>Rahu</b>	8:11AM – 9:35AM	Balava Until 4:52AM Tue	<b>Nataraja:</b> Orange		Navami
Creative Work	Amrita Yoga			<b>Ashtami* Until 3:55PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
					Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22 Sutra 317 Subhakrit 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	<b>Gulika</b> Yama Rahu	12:22PM – 1:46PM 9:34AM – 10:58AM 3:10PM – 4:35PM	<b>Mrigashira Until 11:24PM</b> Priti Until 6:34AM Wed Taitila Until 7:04AM Wed Navami* Until 5:54PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:45AM Sunset: 5:59PM Moon 2 - Phase 44 - 22 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 11:24PM						
Then Routine Work - Marana Yoga							

2	<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 318 Subhakrit 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	<b>Gulika</b> Yama Rahu	10:57AM – 12:22PM 8:07AM – 9:32AM 12:22PM – 1:47PM	<b>Ardra Until 2:06AM Thu</b> Priti Until 6:34AM Taitila Until 7:04AM Dashami Until 8:15PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – Yellow Sunrise: 6:43AM Sunset: 6:07PM Moon 2 - Phase 44 - 23 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 2:06AM Thu						
Then Creative Work - Amrita Yoga							

3	<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 319 Subhakrit 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	<b>Gulika</b> Yama Rahu	9:31AM – 10:56AM 6:41AM – 8:06AM 1:47PM – 3:12PM	<b>Punarvasu Until 5:14AM Fri</b> Ayushman Until 7:22AM Vanija Until 9:31AM Ekadashi Until 10:45PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Sunrise: 6:41AM Sunset: 6:02PM Moon 2 - Phase 44 - 24 4th Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga						
	Until 5:14AM Fri						
Then Routine Work - Marana Yoga							

4	<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 320 Subhakrit 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	<b>Gulika</b> Yama Rahu	8:05AM – 9:30AM 3:12PM – 4:38PM 10:56AM – 12:21PM	<b>Pushya Until 8:10AM Sat</b> Saubhagya Until 8:14AM Bava Until 12:02PM Dvadashi Until 1:15AM Sat	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Sunrise: 6:40AM Sunset: 6:03PM Moon 2 - Phase 44 - 25 4th Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga						

5	<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 321 Subhakrit 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	<b>Gulika</b> Yama Rahu	6:38AM – 8:04AM 1:47PM – 3:13PM 9:30AM – 10:55AM	<b>Pushya Until 8:10AM</b> Sobhana Until 9:05AM Kaulava Until 2:28PM Trayodashi Until 3:37AM Sun <i>Pradosha Vrata</i>	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Sunrise: 6:38AM Sunset: 6:04PM Moon 2 - Phase 44 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 8:10AM						
Then Routine Work - Marana Yoga							

6	<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 322 Subhakrit 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	<b>Gulika</b> Yama Rahu	3:13PM – 4:39PM 12:21PM – 1:47PM 4:39PM – 6:05PM	<b>Ashlesha* Until 10:47AM</b> Athiganda* Until 9:47AM Gara Until 4:44PM Chaturdashi* Until 5:45AM Mon	Ganesha: Purple Muruga: Purple Nataraja: Orange Moon – Blue Sunrise: 6:37AM Sunset: 6:05PM Moon 2 - Phase 44 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 10:47AM						
Then Routine Work - Marana Yoga							

O	<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Frederick, MD Sun 28 Sutra 323 Subhakrit 5124
	<b>Copper Retreat Star</b>						
	Simha Rasi: 9.32	Tithi 15	154786577	<b>Gulika</b> Yama Rahu	1:47PM – 3:13PM 10:54AM – 12:21PM 8:01AM – 9:28AM	<b>Magha* Until 1:31PM</b> Sukarma Until 10:19AM Visti Until 6:45PM Purnima* Until 7:38AM Tue	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red Sunrise: 6:35AM Sunset: 6:06PM Moon 2 - Phase 44 - Purnima <b>Sivaloka Day</b>
	Family Home Evening						
Routine Work Marana Yoga							
Until 1:31PM							
Then Creative Work - Siddha Yoga							

O	<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 29 Sutra 324 Subhakrit 5124
	<b>Silver Retreat Star</b>						
	Simha Rasi: 21.4	Tithi 15 – 16	154786577	<b>Gulika</b> Yama Rahu	12:20PM – 1:47PM 9:27AM – 10:54AM 3:14PM – 4:41PM	<b>Purvaphalguni Until 3:48PM</b> Dhriti Until 10:40AM Balava Until 8:28PM Purnima* Until 7:38AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red Sunrise: 6:34AM Sunset: 6:07PM Moon 2 - Phase 44 - Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
Until 3:48PM							
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula\*Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

**Gulika** 10:53AM - 12:20PM  
Yama 7:59AM - 9:26AM  
**Rahu** 12:20PM - 1:47PM

**Uttaraphalguni** Until 5:37PM

Shula\* Until 10:44AM

Taitila Until 9:52PM

Prathama\* Until 9:11AM

**Ganesha:** Clear *Sunrise:* 6:32AM

**Muruqa:** Purple *Sunset:* 6:08PM

**Nataraja:** Orange

Moon - Red

Phalguna-Masi

**Sivaloka Day**

Moon 3 - Phase 45 -  
1st Phase

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda\*Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

**Gulika** 9:25AM - 10:53AM  
Yama 6:31AM - 7:58AM  
**Rahu** 1:47PM - 3:15PM

**Hasta** Until 7:25PM

Ganda\* Until 10:34AM

Vanija Until 10:53PM

Dvitiya Until 10:24AM

**Ganesha:** White *Sunrise:* 6:31AM

**Muruqa:** Purple *Sunset:* 6:09PM

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Devaloka Day**

Moon 3 - Phase 45 - 1  
1st Phase

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

**Gulika** 7:57AM - 9:24AM  
Yama 3:15PM - 4:43PM  
**Rahu** 10:52AM - 12:20PM

**Chitra** Until 8:40PM

Vridhhi Until 10:07AM

Bava Until 11:30PM

Tritiya Until 11:13AM

**Ganesha:** Yellow *Sunrise:* 6:29AM

**Muruqa:** Purple *Sunset:* 6:10PM

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Sivaloka Day**

Moon 3 - Phase 45 - 2  
1st Phase

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

**Gulika** 6:27AM - 7:55AM  
Yama 1:47PM - 3:15PM  
**Rahu** 9:23AM - 10:51AM

**Svati** Until 9:21PM

Dhruva Until 9:19AM

Kaulava Until 11:41PM

Chaturthi\* Until 11:38AM

**Ganesha:** Yellow *Sunrise:* 6:27AM

**Muruqa:** Purple *Sunset:* 6:11PM

**Nataraja:** Orange

Moon - Green

Phalguna-Masi

**Sivaloka Day**

Moon 3 - Phase 45 - 3  
1st Phase

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila\*/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 4 Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

**Gulika** 3:16PM - 4:44PM  
Yama 12:19PM - 1:47PM  
**Rahu** 4:44PM - 6:12PM

**Vishakha** Until 9:52PM

Vyaghata\* Until 8:11AM

Gara Until 11:23PM

Panchami Until 11:34AM

**Ganesha:** Blue *Sunrise:* 6:26AM

**Muruqa:** Purple *Sunset:* 6:12PM

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 4  
1st Phase

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 5 Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

**Gulika** 1:48PM - 3:16PM  
Yama 10:50AM - 12:19PM  
**Rahu** 7:53AM - 9:22AM

**Anuradha** Until 9:44PM

Harshana Until 6:40AM

Visti Until 10:33PM

Shashthi\* Until 11:01AM

**Ganesha:** Blue *Sunrise:* 6:24AM

**Muruqa:** Purple *Sunset:* 6:13PM

**Nataraja:** Orange

Moon - Orange

Phalguna-Masi

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 5  
1st Phase

Family Home Evening  
Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

**Gulika** 12:19PM - 1:48PM  
Yama 9:21AM - 10:50AM  
**Rahu** 3:17PM - 4:46PM

**Jyeshtha\*** Until 8:56PM

Siddhi Until 2:22AM Wed

Balava Until 9:12PM

Saptami Until 9:56AM

**Ganesha:** Blue *Sunrise:* 6:23AM

**Muruqa:** Purple *Sunset:* 6:14PM

**Nataraja:** Orange

Moon - Orange

Phalguna-Panguni

**Subha Sivaloka Day**

Moon 3 - Phase 45 - 6  
Ashtami

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 7 Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

**Gulika** 10:49AM - 12:18PM  
Yama 7:50AM - 9:20AM  
**Rahu** 12:18PM - 1:48PM

**Mula\*** Until 7:55PM

Vyatipata\* Until 11:37PM

Taitila Until 7:20PM

Ashtami\* Until 8:19AM

**Ganesha:** Red *Sunrise:* 6:21AM

**Muruqa:** Purple *Sunset:* 6:15PM

**Nataraja:** Clear

Moon - Light Blue

Phalguna-Panguni

**Sivaloka Day**

Moon 3 - Phase 45 - 7  
Navami

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Frederick, MD on 4/26/2

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, March 16, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Varyayan Yoga Gara/Visti* Karana Navami/Dashamyam Titau		Frederick, MD Sun 8 Sutra 333	
Dhanus Rasi: 19.18	Tithi 24 – 25	<b>Gulika</b> 9:19AM – 10:48AM	<b>Purvashadha* Until 6:17PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:20AM	Subhakrit 5124	
		Yama 6:20AM – 7:49AM	Variyan Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 46 - 8	
		185786578 <b>Rahu</b> 1:48PM – 3:17PM	Visti Until 3:39AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 6:12AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 6:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Friday, March 17, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 334	
Makara Rasi: 3.44	Tithi 26	<b>Gulika</b> 7:48AM – 9:18AM	<b>Uttarashadha Until 4:08PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:18AM	Subhakrit 5124	
		Yama 3:18PM – 4:48PM	Parigha* Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 46 - 9	
		185786578 <b>Rahu</b> 10:48AM – 12:18PM	Bava Until 2:16PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi* Until 12:46AM Sat</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				Phalguna•Panguni			

<b>3</b>		<b>Saturday, March 18, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 335	
Makara Rasi: 18.24	Tithi 27	<b>Gulika</b> 6:16AM – 7:47AM	<b>Shravana Until 1:59PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:16AM	Subhakrit 5124	
		Yama 1:48PM – 3:18PM	Shiva Until 1:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:19PM	Moon 3 - Phase 46 - 10	
		195786578 <b>Rahu</b> 9:17AM – 10:47AM	Kaulava Until 11:15AM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 9:39PM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>	
				Phalguna•Panguni			

<b>4</b>		<b>Sunday, March 19, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 336	
Kumbha Rasi: 3.13	Tithi 28	<b>Gulika</b> 3:18PM – 4:49PM	<b>Dhanishtha Until 11:34AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM	Subhakrit 5124	
		Yama 12:17PM – 1:48PM	Siddha Until 9:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 46 - 11	
		196896578 <b>Rahu</b> 4:49PM – 6:20PM	Gara Until 8:04AM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:27PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 11:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, March 20, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 12 Sutra 337	
Kumbha Rasi: 18.02	Tithi 29 – 30	<b>Gulika</b> 1:48PM – 3:19PM	<b>Shatabhishak Until 9:01AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:13AM	Subhakrit 5124	
<b>Family Home Evening</b>		Yama 10:46AM – 12:17PM	Subha Until 2:11AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 46 - 12	
		196896578 <b>Rahu</b> 7:44AM – 9:15AM	Catuspada Until 1:50AM Tue	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 3:19PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 9:01AM				Phalguna•Panguni		<b>Tour Day</b>	
Then Routine Work - Marana Yoga							

		<b>Tuesday, March 21, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 13 Sutra 338	
<b>Retreat Star</b>		<b>Gulika</b> 12:17PM – 1:48PM	<b>Purvaprosarthapada* Until 6:55AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:12AM	Subhakrit 5124	
Meena Rasi: 2.46	Tithi 30 – 1	Yama 9:14AM – 10:45AM	Sukla Until 10:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 46 - 13	
		116896578 <b>Rahu</b> 3:19PM – 4:50PM	Kintughna Until 11:06PM	<b>Nataraja:</b> Clear		Amavasya	
Routine Work	Marana Yoga		<b>Amavasya* Until 12:24PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 6:55AM				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, March 22, 2023</b>		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 14 Sutra 339	
Meena Rasi: 17.14	Tithi 1 – 2	<b>Gulika</b> 10:45AM – 12:16PM	<b>Revati Until 3:28AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:10AM	Subhakrit 5124	
		Yama 7:42AM – 9:13AM	Brahma Until 7:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 46 - 14	
		116896578 <b>Rahu</b> 12:16PM – 1:48PM	Balava Until 8:48PM	<b>Nataraja:</b> Clear		Prathama	
Routine Work	Marana Yoga		<b>Prathama* Until 9:52AM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 3:28AM Thu		<b>Yugadhi</b>		Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Il times are standard time. Calculated for Frederick, MD on 4/26/2

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<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 340 Subhakrit 5124		
Mesha Rasi: 1.22	Tithi 2 - 3	Gulika 9:12AM - 10:44AM	Ashvini Until 2:50AM Fri	Ganesha: Clear	Sunrise: 6:09AM	Muruqa: Clear	Sunset: 6:23PM	Moon 3 - Phase 47 - 15 3rd Phase
		Yama 6:09AM - 7:40AM	Indra Until 5:11PM	Nataraja: Clear				
		126896578 Rahu 1:48PM - 3:20PM	Taitila Until 7:06PM	Moon - White				
Creative Work Amrita Yoga		Chellappaswami Mahasamadhi	Dvitiya Until 7:51AM	Chaitra-Panguni				Devaloka Day
Until 2:50AM Fri								
Then Creative Work - Siddha Yoga								
<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Frederick, MD Sun 16 Sutra 341 Subhakrit 5124		
Mesha Rasi: 15.06	Tithi 3 - 4	Gulika 7:39AM - 9:11AM	Bharani Until 2:48AM Sat	Ganesha: Clear	Sunrise: 6:07AM	Muruqa: Clear	Sunset: 6:24PM	Moon 3 - Phase 47 - 16 3rd Phase
		Yama 3:20PM - 4:52PM	Vaidhriti* Until 3:10PM	Nataraja: Clear				
		126896578 Rahu 10:44AM - 12:16PM	Vanija Until 6:07PM	Moon - White				
Creative Work Siddha Yoga			Tritiya Until 6:30AM	Chaitra-Panguni				Devaloka Day
Until 2:48AM Sat								
Then Creative Work - Amrita Yoga								
<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 17 Sutra 342 Subhakrit 5124		
Mesha Rasi: 28.25	Tithi 5	Gulika 6:05AM - 7:38AM	Krittika Until 3:22AM Sun	Ganesha: Clear	Sunrise: 6:05AM	Muruqa: Clear	Sunset: 6:25PM	Moon 3 - Phase 47 - 17 3rd Phase
		Yama 1:48PM - 3:20PM	Vishkambha* Until 1:48PM	Nataraja: Clear				
		126896578 Rahu 9:10AM - 10:43AM	Bava Until 5:55PM	Moon - White				
Creative Work Amrita Yoga			Panchami Until 6:05AM Sun	Chaitra-Panguni				Devaloka Day
Until 3:22AM Sun								
Then Creative Work - Siddha Yoga								
<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Frederick, MD Sun 18 Sutra 343 Subhakrit 5124		
Vrishabha Rasi: 11.18	Tithi 5 - 6	Gulika 3:21PM - 4:54PM	Rohini Until 4:59AM Mon	Ganesha: Clear	Sunrise: 6:04AM	Muruqa: Clear	Sunset: 6:26PM	Moon 3 - Phase 47 - 18 3rd Phase
		Yama 12:15PM - 1:48PM	Priti Until 1:03PM	Nataraja: Clear				
		137896578 Rahu 4:54PM - 6:26PM	Kaulava Until 6:30PM	Moon - Yellow				
Creative Work Siddha Yoga			Panchami Until 6:05AM	Chaitra-Panguni				Devaloka Day
Until 4:59AM Mon								
Then Creative Work - Amrita Yoga								
<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 19 Sutra 344 Subhakrit 5124		
Vrishabha Rasi: 23.5	Tithi 6 - 7	Gulika 1:48PM - 3:21PM	Mrigashira Until 7:05AM Tue	Ganesha: Clear	Sunrise: 6:02AM	Muruqa: Clear	Sunset: 6:27PM	Moon 3 - Phase 47 - 19 3rd Phase
Family Home Evening		Yama 10:42AM - 12:15PM	Ayushman Until 12:50PM	Nataraja: Clear				
		137896578 Rahu 7:35AM - 9:08AM	Gara Until 7:47PM	Moon - Yellow				
Creative Work Amrita Yoga			Shashthi* Until 7:02AM	Chaitra-Panguni				Devaloka Day
Until 7:05AM Tue								
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 20 Sutra 345 Subhakrit 5124		
Mithuna Rasi: 6.06	Tithi 7 - 8	Gulika 12:14PM - 1:48PM	Mrigashira Until 7:05AM	Ganesha: Clear	Sunrise: 6:01AM	Muruqa: Clear	Sunset: 6:28PM	Moon 3 - Phase 47 - 20 Ashtami
		Yama 9:08AM - 10:41AM	Saubhagya Until 1:07PM	Nataraja: Clear				
		137896578 Rahu 3:21PM - 4:55PM	Vishti Until 9:39PM	Moon - Yellow				
Creative Work Siddha Yoga			Saptami Until 8:38AM	Chaitra-Panguni				Devaloka Day
Until 7:05AM								
Then Routine Work - Marana Yoga								
<b>Retreat Star</b>		<b>Wednesday, March 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 21 Sutra 346 Subhakrit 5124		
Mithuna Rasi: 18.1	Tithi 8 - 9	Gulika 10:40AM - 12:14PM	Ardra Until 9:30AM	Ganesha: Clear	Sunrise: 5:59AM	Muruqa: Clear	Sunset: 6:29PM	Moon 3 - Phase 47 - 21 Navami
		Yama 7:33AM - 9:07AM	Sobhana Until 1:45PM	Nataraja: Clear				
		137896578 Rahu 12:14PM - 1:48PM	Balava Until 11:53PM	Moon - Yellow				
Creative Work Siddha Yoga			Ashtami* Until 10:42AM	Chaitra-Panguni				Devaloka Day
		Sri Rama Navami						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	<b>Thursday, March 30, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22 Sutra 347 Subhakrit 5124
	Kataka Rasi: 0.06      Tithi 9 – 10	Gulika      9:06AM – 10:40AM Yama      5:57AM – 7:32AM Rahu      1:48PM – 3:22PM	Punarvasu Until 12:30PM Aithiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:57AM Sunset: 6:30PM	Moon 3 - Phase 48 - 22 4th Phase
	Creative Work      Amrita Yoga	147896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

2	<b>Friday, March 31, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 11.59      Tithi 10 – 11	Gulika      7:30AM – 9:05AM Yama      3:22PM – 4:57PM Rahu      10:39AM – 12:14PM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:56AM Sunset: 6:31PM	Moon 3 - Phase 48 - 23 4th Phase
	Routine Work      Marana Yoga	147896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, April 1, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 23.53      Tithi 11 – 12	Gulika      5:56AM – 7:30AM Yama      1:48PM – 3:22PM Rahu      9:05AM – 10:39AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:56AM Sunset: 6:31PM	Moon 3 - Phase 48 - 24 4th Phase
	Routine Work      Marana Yoga Until 6:05PM Then Creative Work - Amrita Yoga	147896578	Yogaswami Mahasamadhi		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

4	<b>Sunday, April 2, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 5.52      Tithi 12	Gulika      3:23PM – 4:58PM Yama      12:13PM – 1:48PM Rahu      4:58PM – 6:32PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:54AM Sunset: 6:32PM	Moon 3 - Phase 48 - 25 4th Phase
	Routine Work      Marana Yoga Until 8:50PM Then Creative Work - Siddha Yoga	158896578			<b>Devaloka Day</b>	

5	<b>Monday, April 3, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 17.58      Tithi 13 <b>Family Home Evening</b>	Gulika      1:48PM – 3:23PM Yama      10:38AM – 12:13PM Rahu      7:28AM – 9:03AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:53AM Sunset: 6:33PM	Moon 3 - Phase 48 - 26 4th Phase
	Creative Work      Siddha Yoga	158896578			<b>Devaloka Day</b>	

*Pradosha Vrata*

6	<b>Tuesday, April 4, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 352 Subhakrit 5124
	Kanya Rasi: 0.13      Tithi 14	Gulika      12:13PM – 1:48PM Yama      9:02AM – 10:37AM Rahu      3:23PM – 4:59PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:51AM Sunset: 6:34PM	Moon 3 - Phase 48 - 27 4th Phase
	Creative Work      Amrita Yoga Until 12:42AM Wed Then Routine Work - Marana Yoga	158896578			<b>Devaloka Day</b>	

O	<b>Wednesday, April 5, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sutra 353 Subhakrit 5124	
	<b>Copper Retreat Star</b>	Kanya Rasi: 12.4      Tithi 15	Gulika      10:37AM – 12:12PM Yama      7:25AM – 9:01AM Rahu      12:12PM – 1:48PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:50AM Sunset: 6:35PM	Moon 3 - Phase 48 - Purnima
	Routine Work      Marana Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga	168896578	Panguni Uttiram Hanuman Jayanti		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

O	<b>Thursday, April 6, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sutra 354 Subhakrit 5124	
	<b>Silver Retreat Star</b>	Kanya Rasi: 25.21      Tithi 16	Gulika      9:00AM – 10:36AM Yama      5:48AM – 7:24AM Rahu      1:48PM – 3:24PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:48AM Sunset: 6:36PM	Moon 3 - Phase 48 - Prathama
	Creative Work      Siddha Yoga	168896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 8.15      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 7:23AM – 8:59AM  
Yama 3:24PM – 5:01PM  
**Rahu** 10:35AM – 12:12PM  
**Svati Until 3:18AM Sat**  
Harshana Until 2:54PM  
Taitila Until 11:51AM  
**Dvitiya Until 11:41PM**

Frederick, MD  
Sun 1      Sutra 355  
Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Blue      *Sunrise:* 5:46AM  
**Muruqa:** Clear      *Sunset:* 6:37PM  
**Nataraja:** Clear  
Moon – Green  
Chaitra•Panguni

**1**

**Saturday, April 8, 2023**

Tula Rasi: 21.23      Tithi 18  
Creative Work      Siddha Yoga  
Until 3:28AM Sun  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 5:45AM – 7:22AM  
Yama 1:48PM – 3:25PM  
**Rahu** 8:58AM – 10:35AM  
**Vishakha Until 3:28AM Sun**  
Vajra\* Until 1:26PM  
Vanija Until 11:27AM  
**Tritiya Until 11:05PM**

Frederick, MD  
Sun 2      Sutra 356  
Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase  
**Devaloka Day**

**Ganesha:** Red      *Sunrise:* 5:45AM  
**Muruqa:** Clear      *Sunset:* 6:38PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

**2**

**Sunday, April 9, 2023**

Virschika Rasi: 4.44      Tithi 19  
Routine Work      Marana Yoga  
Until 3:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 3:25PM – 5:02PM  
Yama 12:11PM – 1:48PM  
**Rahu** 5:02PM – 6:39PM  
**Anuradha Until 3:07AM Mon**  
Siddhi Until 11:40AM  
Bava Until 10:40AM  
**Chaturthi\* Until 10:06PM**

Frederick, MD  
Sun 3      Sutra 357  
Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase  
**Devaloka Day**

**Ganesha:** Red      *Sunrise:* 5:43AM  
**Muruqa:** Clear      *Sunset:* 6:39PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

**3**

**Monday, April 10, 2023**

Virschika Rasi: 18.18      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 1:48PM – 3:26PM  
Yama 10:34AM – 12:11PM  
**Rahu** 7:19AM – 8:56AM  
**Jyeshtha\* Until 2:17AM Tue**  
Vyatipata\* Until 9:38AM  
Kaulava Until 9:30AM  
**Panchami Until 8:47PM**

Frederick, MD  
Sun 4      Sutra 358  
Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase  
**Devaloka Day**

**Ganesha:** Red      *Sunrise:* 5:42AM  
**Muruqa:** Clear      *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Orange  
Chaitra•Panguni

**4**

**Tuesday, April 11, 2023**

Dhanus Rasi: 2.02      Tithi 21  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 12:11PM – 1:48PM  
Yama 8:55AM – 10:33AM  
**Rahu** 3:26PM – 5:03PM  
**Mula\* Until 1:28AM Wed**  
Variyan Until 7:19AM  
Gara Until 8:02AM  
**Shashthi\* Until 7:10PM**

Frederick, MD  
Sun 5      Sutra 359  
Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green      *Sunrise:* 5:40AM  
**Muruqa:** Clear      *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

**5**

**Wednesday, April 12, 2023**

Dhanus Rasi: 15.58      Tithi 22 – 23  
Creative Work      Amrita Yoga  
Until 12:14AM Thu  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:33AM – 12:10PM  
Yama 7:17AM – 8:55AM  
**Rahu** 12:10PM – 1:48PM  
**Purvashadha\* Until 12:14AM Thu**  
Shiva Until 2:04AM Thu  
Visti Until 6:16AM  
**Saptami Until 5:16PM**

Frederick, MD  
Sun 6      Sutra 360  
Subhakrit 5124  
Moon 4 - Phase 49 - 6  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** Green      *Sunrise:* 5:39AM  
**Muruqa:** Clear      *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

**Retreat Star**

**Thursday, April 13, 2023**

Makara Rasi: 0.03      Tithi 23 – 24  
Routine Work      Marana Yoga  
Until 10:39PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:54AM – 10:32AM  
Yama 5:37AM – 7:15AM  
**Rahu** 1:48PM – 3:27PM  
**Uttarashadha Until 10:39PM**  
Siddha Until 11:08PM  
Taitila Until 2:01AM Fri  
**Ashtami\* Until 3:09PM**

Frederick, MD  
Sun 7      Sutra 361  
Subhakrit 5124  
Moon 4 - Phase 49 - 7  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Ganesha:** White      *Sunrise:* 5:37AM  
**Muruqa:** Clear      *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Light Blue  
Chaitra•Panguni

**Friday, April 14, 2023**

**Retreat Star**

Makara Rasi: 14.16      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 9:10PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika** 7:14AM – 8:53AM  
Yama 3:27PM – 5:05PM  
**Rahu** 10:31AM – 12:10PM  
**Shravana Until 9:10PM**  
Sadhya Until 8:05PM  
Vanija Until 11:38PM  
**Navami\* Until 12:49PM**

Frederick, MD  
Sun 8      Sutra 362  
Sobhana 5125  
Moon 4 - Phase 49 - 8  
Navami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Tamil New Year


**Ganesha:** White      *Sunrise:* 5:36AM  
**Muruqa:** Clear      *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra•Chaitra


<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Makara Rasi: 28.36	Tithi 25 – 26	<b>Gulika</b> 5:34AM – 7:13AM	<b>Dhanishtha</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Sun 9 Sutra 363
			Yama 1:48PM – 3:27PM	Subha Until 4:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Sobhana 5125
		299996578	<b>Rahu</b> 8:52AM – 10:31AM	Bava Until 9:08PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 9 2nd Phase
			<b>Dashami</b> Until 10:22AM	Moon – Purple		<b>Bhuloka Day</b>	
				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Frederick, MD
	Kumbha Rasi: 12.59	Tithi 26 – 27	<b>Gulika</b> 3:28PM – 5:07PM	<b>Shatabhishak</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	Sun 10 Sutra 364
			Yama 12:09PM – 1:49PM	Sukla Until 1:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Sobhana 5125
		291996578	<b>Rahu</b> 5:07PM – 6:46PM	Kaulava Until 6:37PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 10 2nd Phase
			<b>Ekadashi*</b> Until 7:51AM	Moon – Purple		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
	Kumbha Rasi: 27.21	Tithi 28	<b>Gulika</b> 1:49PM – 3:28PM	<b>Purvaproshtapada*</b> Until 4:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:31AM	Sun 11 Sutra 1
	<b>Family Home Evening</b>		Yama 10:30AM – 12:09PM	Brahma Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Sobhana 5125
		211996578	<b>Rahu</b> 7:11AM – 8:50AM	Gara Until 4:11PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 11 2nd Phase
			<b>Trayodashi*</b> Until 3:01AM Tue	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
	Meena Rasi: 11.37	Tithi 29	<b>Gulika</b> 12:09PM – 1:49PM	<b>Uttaraproshtapada</b> Until 2:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:30AM	Sun 12 Sutra 2
			Yama 8:49AM – 10:29AM	Indra Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Sobhana 5125
		211996578	<b>Rahu</b> 3:28PM – 5:08PM	Visti Until 1:57PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 12 2nd Phase
			<b>Chaturdashi*</b> Until 12:55AM Wed	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD
	<b>Retreat Star</b>		<b>Gulika</b> 10:29AM – 12:09PM	<b>Revati</b> Until 1:14PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:28AM	Sun 13 Sutra 3
	Meena Rasi: 25.43	Tithi 30	Yama 7:08AM – 8:49AM	Vishkambha* Until 2:28AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Sobhana 5125
		211996578	<b>Rahu</b> 12:09PM – 1:49PM	Catuspada Until 12:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 13 Amavasya
			<b>Amavasya*</b> Until 11:12PM	Moon – Clear		<b>Devaloka Day</b>	
				Chaitra+Chaitra			

	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD
	<b>Retreat Star</b>		<b>Gulika</b> 8:48AM – 10:28AM	<b>Ashvini</b> Until 12:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Sun 14 Sutra 4
	Mesha Rasi: 9.32	Tithi 1	Yama 5:27AM – 7:07AM	Priti Until 12:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Sobhana 5125
		221996578	<b>Rahu</b> 1:49PM – 3:29PM	Kintughna Until 10:32AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 14 Prathama
			<b>Prathama*</b> Until 9:58PM	Moon – White		<b>Devaloka Day</b>	
				Vaisaka+Chaitra			

<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD
	Mesha Rasi: 23.04	Tithi 2	<b>Gulika</b> 7:06AM – 8:47AM	<b>Bharani Until 12:28PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	Sun 15 Sutra 5
			Yama 3:30PM – 5:10PM	Ayushman Until 10:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Sobhana 5125
	Creative Work	Siddha Yoga	221996578 <b>Rahu</b> 10:28AM – 12:08PM	Balava Until 9:35AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2 - 15 3rd Phase
			<b>Dvitiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD
	Visshabha Rasi: 6.16	Tithi 3	<b>Gulika</b> 5:24AM – 7:05AM	<b>Krittika Until 12:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sun 16 Sutra 6
			Yama 1:49PM – 3:30PM	Saubhagya Until 9:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Sobhana 5125
	Creative Work	Amrita Yoga	221996578 <b>Rahu</b> 8:46AM – 10:27AM	Taitila Until 9:15AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2 - 16 3rd Phase
			<b>Tritiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
			Akshaya Tritiya	Vaisaka-Chaitra			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Frederick, MD
	Visshabha Rasi: 19.07	Tithi 4	<b>Gulika</b> 3:30PM – 5:12PM	<b>Rohini Until 1:58PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:23AM	Sun 17 Sutra 7
			Yama 12:08PM – 1:49PM	Sobhana Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:53PM	Sobhana 5125
	Creative Work	Siddha Yoga	231996578 <b>Rahu</b> 5:12PM – 6:53PM	Vanija Until 9:35AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2 - 17 3rd Phase
			<b>Chaturthi* Until 9:59PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD
	Mithuna Rasi: 1.4	Tithi 5	<b>Gulika</b> 1:49PM – 3:31PM	<b>Mrigashira Until 3:40PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:21AM	Sun 18 Sutra 8
	<b>Family Home Evening</b>		Yama 10:26AM – 12:08PM	Athiganda* Until 9:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Sobhana 5125
	Creative Work	Amrita Yoga	231996578 <b>Rahu</b> 7:03AM – 8:45AM	Bava Until 10:34AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2 - 18 3rd Phase
			<b>Panchami Until 11:15PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD
	Mithuna Rasi: 13.58	Tithi 6	<b>Gulika</b> 12:07PM – 1:49PM	<b>Ardra Until 5:44PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:20AM	Sun 19 Sutra 9
			Yama 8:44AM – 10:26AM	Sukarma Until 9:38PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Sobhana 5125
	Routine Work	Marana Yoga	231996579 <b>Rahu</b> 3:31PM – 5:13PM	Kaulava Until 12:07PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 2 - 19 3rd Phase
			<b>Shashthi* Until 1:02AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD
	Mithuna Rasi: 26.04	Tithi 7	<b>Gulika</b> 10:25AM – 12:07PM	<b>Punarvasu Until 8:31PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:19AM	Sun 20 Sutra 10
			Yama 7:01AM – 8:43AM	Dhriti Until 10:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Sobhana 5125
	Creative Work	Siddha Yoga	241996579 <b>Rahu</b> 12:07PM – 1:49PM	Gara Until 2:06PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 2 - 20 3rd Phase
			<b>Saptami Until 3:11AM Thu</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Frederick, MD
	<b>Retreat Star</b>		<b>Gulika</b> 8:42AM – 10:25AM	<b>Pushya Until 11:21PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:17AM	Sun 21 Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 5:17AM – 7:00AM	Shula* Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM	Sobhana 5125
	Creative Work	Amrita Yoga	242996579 <b>Rahu</b> 1:50PM – 3:32PM	Visiti Until 4:21PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 2 - 21 Ashtami
			<b>Ashtami* Until 5:30AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Frederick, MD
	<b>Retreat Star</b>		<b>Gulika</b> 6:59AM – 8:42AM	<b>Ashlesha* Until 2:03AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM	Sun 22 Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:32PM – 5:15PM	Ganda* Until 11:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Sobhana 5125
	Routine Work	Marana Yoga	242996579 <b>Rahu</b> 10:24AM – 12:07PM	Balava Until 6:42PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 2 - 22 Navami
			<b>Navami* Until 7:49AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, April 29, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 1.52	Tithi 9 – 10	<b>Gulika</b> 5:15AM – 6:58AM	<b>Magha* Until 4:56AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:15AM			
		Yama 1:50PM – 3:33PM	Vriddhi Until 12:42AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM			Moon 4 - Phase 3 - 23
		252996579 <b>Rahu</b> 8:41AM – 10:24AM	Taitila Until 8:55PM	<b>Nataraja:</b> Purple				4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 7:49AM</b>	Moon – Red				<b>Devaloka Day</b>
Until 4:56AM Sun				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, April 30, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 13.52	Tithi 10 – 11	<b>Gulika</b> 3:33PM – 5:16PM	<b>Purvaphalguni Until 7:17AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:14AM			
		Yama 12:07PM – 1:50PM	Dhruva Until 1:10AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM			Moon 4 - Phase 3 - 24
		252996579 <b>Rahu</b> 5:16PM – 7:00PM	Vanija Until 10:51PM	<b>Nataraja:</b> Purple				4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:55AM</b>	Moon – Red				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Monday, May 1, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 26	Tithi 11 – 12	<b>Gulika</b> 1:50PM – 3:34PM	<b>Purvaphalguni Until 7:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:11AM			
<b>Family Home Evening</b>		Yama 10:23AM – 12:06PM	Vyaghata* Until 1:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM			Moon 4 - Phase 3 - 25
		252996579 <b>Rahu</b> 6:55AM – 8:39AM	Bava Until 12:19AM Tue	<b>Nataraja:</b> Purple				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:38AM</b>	Moon – Red				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Tuesday, May 2, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 8.2	Tithi 12 – 13	<b>Gulika</b> 12:06PM – 1:50PM	<b>Uttaraphalguni Until 9:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:10AM			
		Yama 8:38AM – 10:22AM	Harshana Until 12:58AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM			Moon 4 - Phase 3 - 26
		252996579 <b>Rahu</b> 3:34PM – 5:19PM	Kaulava Until 1:11AM Wed	<b>Nataraja:</b> Purple				4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 12:48PM</b>	Moon – Red				<b>Devaloka Day</b>
Until 9:00AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, May 3, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 20.57	Tithi 13 – 14	<b>Gulika</b> 10:22AM – 12:06PM	<b>Hasta Until 10:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:09AM			
		Yama 6:53AM – 8:37AM	Vajra* Until 12:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 4 - Phase 3 - 27
		252996579 <b>Rahu</b> 12:06PM – 1:50PM	Gara Until 1:26AM Thu	<b>Nataraja:</b> Purple				4th Phase
Routine Work	Marana Yoga		<b>Trayodashi Until 1:22PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 10:27AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

		<b>Thursday, May 4, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 28 Sutra 18 Sobhana 5125
Tula Rasi: 3.52	Tithi 14 – 15	<b>Gulika</b> 8:37AM – 10:21AM	<b>Chitra Until 11:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM			
		Yama 5:07AM – 6:52AM	Siddhi Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM			Moon 4 - Phase 3 - Purnima
		252996579 <b>Rahu</b> 1:51PM – 3:35PM	Vistil Until 1:03AM Fri	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:18PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 11:07AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Amrita Yoga								

<b>0</b>		<b>Friday, May 5, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sun 29 Sutra 19 Sobhana 5125
Tula Rasi: 17.05	Tithi 15 – 16	<b>Gulika</b> 6:51AM – 8:36AM	<b>Svati Until 11:02AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM			
		Yama 3:36PM – 5:21PM	Vyatipata* Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM			Moon 4 - Phase 3 - Prathama
		252996579 <b>Rahu</b> 10:21AM – 12:06PM	Balava Until 12:05AM Sat	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Purnima* Until 12:37PM</b>	Moon – Green				<b>Sivaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda