



# Sunday, April 17, 2022 Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Vajra/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Tula Rasi: 12.09      Tithi 16 – 17

268345478

**Gulika** 3:06PM – 4:47PM  
Yama 11:44AM – 1:25PM  
**Rahu** 4:47PM – 6:28PM

**Svati** Until 6:55PM  
Vajra\* Until 1:09PM  
Taitila Until 10:16PM  
**Prathama\*** Until 11:33AM

**Ganesha:** Clear      *Sunrise:* 5:01AM  
**Muruqa:** White      *Sunset:* 6:28PM  
**Nataraja:** White  
Moon – Green  
Chaitra\*Chaitra

Subhakrit 5124  
Moon 4 - Phase 1 -  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga  
Until 6:55PM  
Then Routine Work - Marana Yoga

# 1

## Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Tula Rasi: 26.35      Tithi 17 – 18

278345478

**Gulika** 1:25PM – 3:06PM  
Yama 10:03AM – 11:44AM  
**Rahu** 6:40AM – 8:21AM

**Vishakha** Until 5:07PM  
Siddhi Until 9:51AM  
Vanija Until 7:32PM  
**Dvitiya** Until 8:54AM

**Ganesha:** Purple      *Sunrise:* 4:59AM  
**Muruqa:** White      *Sunset:* 6:29PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Sun 1      Sutra 1  
Subhakrit 5124  
Moon 4 - Phase 1 - 1  
1st Phase

**Bhuloka Day**

Family Home Evening  
Routine Work      Marana Yoga  
Until 5:07PM  
Then Creative Work - Siddha Yoga

# 2

## Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*Variyan Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Buffalo, NY

Virschika Rasi: 11.08      Tithi 18 – 19

278345478

**Gulika** 11:44AM – 1:25PM  
Yama 8:21AM – 10:02AM  
**Rahu** 3:07PM – 4:48PM

**Anuradha** Until 3:06PM  
Vyatipata\* Until 6:29AM  
Balava Until 3:21AM Wed  
**Tritiya** Until 6:07AM

**Ganesha:** Purple      *Sunrise:* 4:58AM  
**Muruqa:** White      *Sunset:* 6:30PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Sun 2      Sutra 2  
Subhakrit 5124  
Moon 4 - Phase 1 - 2  
1st Phase

**Bhuloka Day**

Creative Work      Siddha Yoga  
Until 3:06PM  
Then Routine Work - Marana Yoga

# 3

## Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY

Virschika Rasi: 25.41      Tithi 20

278345478

**Gulika** 10:02AM – 11:43AM  
Yama 6:38AM – 8:20AM  
**Rahu** 11:43AM – 1:25PM

**Jyeshtha\*** Until 1:00PM  
Parigha\* Until 11:47PM  
Kaulava Until 2:01PM  
**Panchami** Until 12:40AM Thu

**Ganesha:** Purple      *Sunrise:* 4:56AM  
**Muruqa:** White      *Sunset:* 6:31PM  
**Nataraja:** White  
Moon – Orange  
Chaitra\*Chaitra

Sun 3      Sutra 3  
Subhakrit 5124  
Moon 4 - Phase 1 - 3  
1st Phase

**Bhuloka Day**

Creative Work      Siddha Yoga  
Until 1:00PM  
Then Routine Work - Marana Yoga

# 4

## Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Buffalo, NY

Dhanus Rasi: 10.08      Tithi 21

288345478

**Gulika** 8:19AM – 10:01AM  
Yama 4:54AM – 6:37AM  
**Rahu** 1:25PM – 3:08PM

**Mula\*** Until 11:19AM  
Shiva Until 8:39PM  
Gara Until 11:25AM  
**Shashthi\*** Until 10:11PM

**Ganesha:** Clear      *Sunrise:* 4:54AM  
**Muruqa:** White      *Sunset:* 6:32PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Sun 4      Sutra 4  
Subhakrit 5124  
Moon 4 - Phase 1 - 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

Creative Work      Siddha Yoga

# 5

## Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Buffalo, NY

Dhanus Rasi: 24.28      Tithi 22

289345478

**Gulika** 6:35AM – 8:18AM  
Yama 3:08PM – 4:51PM  
**Rahu** 10:00AM – 11:43AM

**Purvashadha\*** Until 9:43AM  
Siddha Until 5:42PM  
Visti Until 9:03AM  
**Saptami** Until 7:57PM

**Ganesha:** Purple      *Sunrise:* 4:53AM  
**Muruqa:** White      *Sunset:* 6:33PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Sun 5      Sutra 5  
Subhakrit 5124  
Moon 4 - Phase 1 - 5  
1st Phase

**Devaloka Day**

Routine Work      Prabalarishta Yoga  
Until 9:43AM  
Then Routine Work - Marana Yoga

# 6

## Saturday, April 23, 2022 Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Makara Rasi: 8.35      Tithi 23

289345478

**Gulika** 4:51AM – 6:34AM  
Yama 1:26PM – 3:09PM  
**Rahu** 8:17AM – 10:00AM

**Uttarashadha** Until 8:15AM  
Sadhya Until 3:00PM  
Balava Until 6:58AM  
**Ashtami\*** Until 6:02PM

**Ganesha:** Purple      *Sunrise:* 4:51AM  
**Muruqa:** White      *Sunset:* 6:34PM  
**Nataraja:** White  
Moon – Light Blue  
Chaitra\*Chaitra

Sun 6      Sutra 6  
Subhakrit 5124  
Moon 4 - Phase 1 - 6  
Ashtami

**Devaloka Day**

Routine Work      Marana Yoga  
Until 8:15AM  
Then Creative Work - Siddha Yoga

# 7

## Sunday, April 24, 2022 Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Buffalo, NY

Makara Rasi: 22.31      Tithi 24 – 25

299345479

**Gulika** 3:09PM – 4:52PM  
Yama 11:43AM – 1:26PM  
**Rahu** 4:52PM – 6:35PM

**Shravana** Until 7:24AM  
Subha Until 12:35PM  
Vanija Until 3:47AM Mon  
**Navami\*** Until 4:26PM

**Ganesha:** Clear      *Sunrise:* 4:50AM  
**Muruqa:** White      *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Purple  
Chaitra\*Chaitra

Sun 7      Sutra 7  
Subhakrit 5124  
Moon 4 - Phase 1 - 7  
Navami

**Devaloka Day**

Creative Work      Amrita Yoga  
Until 7:24AM  
Then Routine Work - Marana Yoga

<b>Monday, April 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Vistii/Bava Karana Dashami/Ekadashyam Titau				Buffalo, NY
<b>1</b>						Sun 8 Sutra 8
Kumbha Rasi: 6.14	Tithi 25 – 26	<b>Gulika</b> 1:26PM – 3:09PM	<b>Dhanishtha</b> Until 6:45AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	Subhakrit 5124
<b>Family Home Evening</b>	299345479	Yama 9:59AM – 11:42AM	Sukla Until 10:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 2 - 8
Creative Work	Siddha Yoga	<b>Rahu</b> 6:32AM – 8:15AM	Bava Until 2:45AM Tue	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami</b> Until 3:12PM	Moon – Purple		<b>Devaloka Day</b>
				Chaitra+Chaitra		

<b>Tuesday, April 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprashthapada* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY
<b>2</b>						Sun 9 Sutra 9
Kumbha Rasi: 19.43	Tithi 26 – 27	<b>Gulika</b> 11:42AM – 1:26PM	<b>Shatabhishak</b> Until 6:19AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM	Subhakrit 5124
	299345479	Yama 8:15AM – 9:58AM	Brahma Until 8:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2 - 9
Routine Work	Marana Yoga	<b>Rahu</b> 3:10PM – 4:54PM	Kaulava Until 2:07AM Wed	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi*</b> Until 2:21PM	Moon – Purple		<b>Devaloka Day</b>
				Chaitra+Chaitra		

<b>Wednesday, April 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprashthapada/Uttaraprashthapada Nakshatra Indra/Vaidhrili* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Buffalo, NY
<b>3</b>						Sun 10 Sutra 10
Meena Rasi: 2.59	Tithi 27 – 28	<b>Gulika</b> 9:58AM – 11:42AM	<b>Purvaprashthapada*</b> Until 6:36AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:46AM	Subhakrit 5124
	219345479	Yama 6:30AM – 8:14AM	Indra Until 7:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 2 - 10
Creative Work	Amrita Yoga	<b>Rahu</b> 11:42AM – 1:26PM	Gara Until 1:54AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Until 6:36AM			<b>Dvadashi*</b> Until 1:56PM	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Chaitra+Chaitra		
				<i>Pradosha Vrata (Fasting)</i>		

<b>Thursday, April 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprashthapada/Revati Nakshatra Vishkambha* Yoga Vanija/Vistii* Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY
<b>4</b>						Sun 11 Sutra 11
Meena Rasi: 16.02	Tithi 28 – 29	<b>Gulika</b> 8:13AM – 9:57AM	<b>Uttaraprashthapada</b> Until 7:10AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:44AM	Subhakrit 5124
	219445479	Yama 4:44AM – 6:29AM	Vishkambha* Until 5:11AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 2 - 11
Creative Work	Siddha Yoga	<b>Rahu</b> 1:26PM – 3:11PM	Vistii Until 2:10AM Fri	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi*</b> Until 1:57PM	Moon – Clear		<b>Bhuloka Day</b>
				Chaitra+Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>Friday, April 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Buffalo, NY
<b>Retreat Star</b>						Sun 12 Sutra 12
Meena Rasi: 28.5	Tithi 29 – 30	<b>Gulika</b> 6:27AM – 8:12AM	<b>Revati</b> Until 8:02AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:43AM	Subhakrit 5124
	211445479	Yama 3:11PM – 4:56PM	Priti Until 4:48AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 2 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 9:57AM – 11:42AM	Catuspada Until 2:55AM Sat	<b>Nataraja:</b> Clear		Amavasya
Until 8:02AM			<b>Chaturdashi*</b> Until 2:27PM	Moon – Clear		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Chaitra+Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>

<b>Saturday, April 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Buffalo, NY
<b>Retreat Star</b>						Sun 13 Sutra 13
Mesha Rasi: 11.25	Tithi 30 – 1	<b>Gulika</b> 4:41AM – 6:26AM	<b>Ashvini</b> Until 9:41AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:41AM	Subhakrit 5124
	221445479	Yama 1:27PM – 3:12PM	Ayushman Until 4:46AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 2 - 13
Creative Work	Siddha Yoga	<b>Rahu</b> 8:12AM – 9:57AM	Kintughna Until 4:10AM Sun	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya*</b> Until 3:27PM	Moon – White		<b>Bhuloka Day</b>
				Vaisaka+Chaitra		<b>Devaloka Time: 6:PM to 9:PM</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sun 14 Sutra 14 Subhakrit 5124
Mesha Rasi: 23.46	Tithi 1 – 2	221445479	<b>Gulika</b> 3:12PM – 4:58PM <b>Yama</b> 11:42AM – 1:27PM <b>Rahu</b> 4:58PM – 6:43PM	<b>Bharani</b> <b>Until 11:40AM</b> Saubhagya Until 5:07AM Mon Balava Until 5:52AM Mon <b>Prathama* Until 4:56PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 4:40AM</i> <b>Muruqa:</b> White <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – White <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 14 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work Prabalarishta Yoga Until 11:40AM Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava Karana Dvitiyayam Titau				Buffalo, NY Sun 15 Sutra 15 Subhakrit 5124
Wrishabha Rasi: 5.56	Tithi 2	221445479	<b>Gulika</b> 1:27PM – 3:13PM <b>Yama</b> 9:56AM – 11:41AM <b>Rahu</b> 6:24AM – 8:10AM	<b>Krittika</b> <b>Until 1:55PM</b> Sobhana Until 5:47AM Tue Kaulava Until 6:51PM <b>Dvitiya</b> <b>Until 6:51PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 4:39AM</i> <b>Muruqa:</b> White <i>Sunset: 6:44PM</i> <b>Nataraja:</b> Clear Moon – White <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 15 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Family Home Evening Routine Work Marana Yoga Until 1:55PM Then Creative Work - Amrita Yoga						

3 Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Tailila/Gara Karana Tritiyayam Titau				Buffalo, NY Sun 16 Sutra 16 Subhakrit 5124
Wrishabha Rasi: 17.56	Tithi 3	231445479	<b>Gulika</b> 11:41AM – 1:27PM <b>Yama</b> 8:09AM – 9:55AM <b>Rahu</b> 3:13PM – 4:59PM	<b>Rohini</b> <b>Until 4:50PM</b> Athiganda* Until 6:38AM Wed Tailila Until 7:58AM <b>Tritiya</b> <b>Until 9:06PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:37AM</i> <b>Muruqa:</b> White <i>Sunset: 6:45PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 16 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Amrita Yoga Until 4:50PM Then Creative Work - Siddha Yoga						

4 Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Buffalo, NY Sun 17 Sutra 17 Subhakrit 5124
Wrishabha Rasi: 29.5	Tithi 4	231445479	<b>Gulika</b> 9:55AM – 11:41AM <b>Yama</b> 6:22AM – 8:09AM <b>Rahu</b> 11:41AM – 1:28PM	<b>Mrigashira</b> <b>Until 7:48PM</b> Athiganda* Until 6:38AM Vanija Until 10:21AM <b>Chaturthi* Until 11:34PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:36AM</i> <b>Muruqa:</b> White <i>Sunset: 6:46PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 17 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Creative Work Siddha Yoga						

5 Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY Sun 18 Sutra 18 Subhakrit 5124
Mithuna Rasi: 11.41	Tithi 5	231445479	<b>Gulika</b> 8:08AM – 9:55AM <b>Yama</b> 4:35AM – 6:21AM <b>Rahu</b> 1:28PM – 3:14PM	<b>Ardra</b> <b>Until 10:40PM</b> Sukarma Until 7:37AM Bava Until 12:51PM <b>Panchami</b> <b>Until 2:04AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise: 4:35AM</i> <b>Muruqa:</b> White <i>Sunset: 6:47PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 18 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM
Routine Work Marana Yoga Until 10:40PM Then Creative Work - Amrita Yoga						

6 Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Shashthyam Titau				Buffalo, NY Sun 19 Sutra 19 Subhakrit 5124
Mithuna Rasi: 23.31	Tithi 6	241445479	<b>Gulika</b> 6:20AM – 8:07AM <b>Yama</b> 3:15PM – 5:02PM <b>Rahu</b> 9:54AM – 11:41AM	<b>Punarvasu</b> <b>Until 1:46AM Sat</b> Dhriti Until 8:36AM Kaulava Until 3:18PM <b>Shashthi* Until 4:26AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:33AM</i> <b>Muruqa:</b> White <i>Sunset: 6:49PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 19 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						

Saturday, May 7, 2022 Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Buffalo, NY Sun 20 Sutra 20 Subhakrit 5124
Kataka Rasi: 5.26	Tithi 7	241445479	<b>Gulika</b> 4:32AM – 6:19AM <b>Yama</b> 1:28PM – 3:15PM <b>Rahu</b> 8:07AM – 9:54AM	<b>Pushya</b> <b>Until 4:25AM Sun</b> Shula* Until 9:26AM Gara Until 5:31PM <b>Saptami</b> <b>Until 6:28AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:32AM</i> <b>Muruqa:</b> White <i>Sunset: 6:50PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 20 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga						

Sunday, May 8, 2022 Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 21 Subhakrit 5124
Kataka Rasi: 17.28	Tithi 7 – 8	241445479	<b>Gulika</b> 3:16PM – 5:03PM <b>Yama</b> 11:41AM – 1:28PM <b>Rahu</b> 5:03PM – 6:51PM	<b>Ashlesha*</b> <b>Until 6:25AM Mon</b> Ganda* Until 10:00AM Visti Until 7:20PM <b>Saptami</b> <b>Until 6:28AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:31AM</i> <b>Muruqa:</b> White <i>Sunset: 6:51PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 21 Ashtami <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:25AM Mon Then Routine Work - Marana Yoga						

Monday, May 9, 2022 Retreat Star		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 22 Subhakrit 5124
Kataka Rasi: 29.41	Tithi 8 – 9	241445479	<b>Gulika</b> 1:29PM – 3:16PM <b>Yama</b> 9:53AM – 11:41AM <b>Rahu</b> 6:18AM – 8:05AM	<b>Ashlesha*</b> <b>Until 6:25AM</b> Vridhhi Until 10:11AM Balava Until 8:33PM <b>Ashtami*</b> <b>Until 8:00AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:30AM</i> <b>Muruqa:</b> White <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka*Chaitra</b>	Moon 4 - Phase 3 - 22 Navami <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:25AM Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	<b>Tuesday, May 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23
	Simha Rasi: 12.12	Tithi 9 – 10	<b>Gulika</b> 11:41AM – 1:29PM	<b>Magha* Until 8:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:29AM	Subhakrit 5124
			Yama 8:05AM – 9:53AM	Dhruva Until 9:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 4 - 23
	Creative Work	Siddha Yoga	252445479 <b>Rahu</b> 3:17PM – 5:05PM	Taitila Until 9:04PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 8:53AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

2	<b>Wednesday, May 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 24
	Simha Rasi: 25.03	Tithi 10 – 11	<b>Gulika</b> 9:52AM – 11:41AM	<b>Purvaphalguni Until 8:57AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:28AM	Subhakrit 5124
			Yama 6:16AM – 8:04AM	Vyaghata* Until 8:53AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 4 - 24
	Creative Work	Amrita Yoga	252445479 <b>Rahu</b> 11:41AM – 1:29PM	Vanija Until 8:49PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 9:01AM</b>	Moon – Red		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

3	<b>Thursday, May 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25
	Kanya Rasi: 8.18	Tithi 11 – 12	<b>Gulika</b> 8:04AM – 9:52AM	<b>Uttaraphalguni Until 8:51AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:26AM	Subhakrit 5124
			Yama 4:26AM – 6:15AM	Harshana Until 7:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 4 - 25
		Amrita Yoga	252445479 <b>Rahu</b> 1:29PM – 3:18PM	Bava Until 7:47PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:51AM			<b>Ekadashi Until 8:23AM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				Vaisaka-Chaitra			

4	<b>Friday, May 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26
	Kanya Rasi: 21.59	Tithi 12 – 13	<b>Gulika</b> 6:14AM – 8:03AM	<b>Hasta Until 8:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM	Subhakrit 5124
			Yama 3:18PM – 5:07PM	Siddhi Until 2:28AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 4 - 26
	Creative Work	Amrita Yoga	262445479 <b>Rahu</b> 9:52AM – 11:41AM	Kaulava Until 6:02PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:19AM			<b>Dvadashi Until 6:58AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			
				<i>Pradosha Vrata</i>			

5	<b>Saturday, May 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27
	Tula Rasi: 6.05	Tithi 14	<b>Gulika</b> 4:24AM – 6:13AM	<b>Chitra Until 6:58AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:24AM	Subhakrit 5124
			Yama 1:30PM – 3:19PM	Vyatipata* Until 11:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 4 - 27
	Routine Work	Marana Yoga	262445479 <b>Rahu</b> 8:03AM – 9:52AM	Gara Until 3:40PM	<b>Nataraja:</b> Clear		4th Phase
Until 6:58AM			<b>Chaturdashi* Until 2:16AM Sun</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			

○	<b>Sunday, May 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY Sun 28
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:19PM – 5:09PM	<b>Vishakha Until 2:47AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:23AM	Subhakrit 5124
	Tula Rasi: 20.33	Tithi 15	Yama 11:41AM – 1:30PM	Variyan Until 7:46PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4 - Purnima
			272445479 <b>Rahu</b> 5:09PM – 6:58PM	Visti Until 12:49PM	<b>Nataraja:</b> Clear		
Routine Work	Marana Yoga		<b>Purnima* Until 11:14PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 2:47AM Mon				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

○	<b>Monday, May 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sun 29
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:30PM – 3:20PM	<b>Anuradha Until 12:15AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:22AM	Subhakrit 5124
	Vrischika Rasi: 5.19	Tithi 16	Yama 9:51AM – 11:41AM	Parigha* Until 4:00PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4 - Prathama
	<b>Family Home Evening</b>		272445479 <b>Rahu</b> 6:12AM – 8:02AM	Balava Until 9:37AM	<b>Nataraja:</b> Clear		
Creative Work	Siddha Yoga		<b>Prathama* Until 7:56PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 12:15AM Tue				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang



**Tuesday, May 17, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY  
Sun 1  
Sutra 30  
Subhakrit 5124

Vrischika Rasi: 20.14 Tithi 17 - 18

272445479

**Gulika** 11:41AM - 1:31PM  
Yama 8:01AM - 9:51AM  
**Rahu** 3:20PM - 5:10PM

**Jyeshtha\* Until 9:31PM**  
Shiva Until 12:07PM  
Taitila Until 6:14AM  
**Dvitiya Until 4:31PM**

**Ganesha:** Yellow *Sunrise:* 4:21AM  
**Muruqa:** White *Sunset:* 7:00PM  
**Nataraja:** Clear  
Moon - Orange  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga  
Until 9:31PM  
Then Creative Work - Amrita Yoga

**1**

**Wednesday, May 18, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY  
Sun 2  
Sutra 31  
Subhakrit 5124

Dhanus Rasi: 5.11 Tithi 18 - 19

282445479

**Gulika** 9:51AM - 11:41AM  
Yama 6:10AM - 8:01AM  
**Rahu** 11:41AM - 1:31PM

**Mula\* Until 7:07PM**  
Siddha Until 8:13AM  
Bava Until 11:30PM  
**Tritiya Until 1:08PM**

**Ganesha:** Blue *Sunrise:* 4:20AM  
**Muruqa:** White *Sunset:* 7:07PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga  
Until 7:07PM  
Then Creative Work - Amrita Yoga

**2**

**Thursday, May 19, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY  
Sun 3  
Sutra 32  
Subhakrit 5124

Dhanus Rasi: 20.02 Tithi 19 - 20

282445479

**Gulika** 8:00AM - 9:50AM  
Yama 4:19AM - 6:10AM  
**Rahu** 1:31PM - 3:21PM

**Purvashadha\* Until 4:47PM**  
Subha Until 12:55AM Fri  
Kaulava Until 8:26PM  
**Chaturthi\* Until 9:55AM**

**Ganesha:** Blue *Sunrise:* 4:19AM  
**Muruqa:** White *Sunset:* 7:02PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 4:47PM  
Then Routine Work - Marana Yoga

**3**

**Friday, May 20, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Buffalo, NY  
Sun 4  
Sutra 33  
Subhakrit 5124

Makara Rasi: 4.41 Tithi 20 - 21

282445479

**Gulika** 6:09AM - 8:00AM  
Yama 3:22PM - 5:13PM  
**Rahu** 9:50AM - 11:41AM

**Uttarashadha Until 2:40PM**  
Sukla Until 9:41PM  
Vanija Until 4:31AM Sat  
**Panchami Until 7:01AM**

**Ganesha:** Blue *Sunrise:* 4:19AM  
**Muruqa:** White *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon - Light Blue  
Vaisaka-Vaikasi

**Sivaloka Day**

Routine Work Marana Yoga

**4**

**Saturday, May 21, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma Yoga Visti\*/Bava Karana Saphtamyam Titau

Buffalo, NY  
Sun 5  
Sutra 34  
Subhakrit 5124

Makara Rasi: 19.02 Tithi 22

292445479

**Gulika** 4:18AM - 6:09AM  
Yama 1:32PM - 3:23PM  
**Rahu** 7:59AM - 9:50AM

**Shravana Until 1:17PM**  
Brahma Until 6:51PM  
Visti Until 3:28PM  
**Saphtami Until 2:31AM Sun**

**Ganesha:** Red *Sunrise:* 4:18AM  
**Muruqa:** White *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Creative Work Siddha Yoga

**Retreat Star**

**Sunday, May 22, 2022**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY  
Sun 6  
Sutra 35  
Subhakrit 5124

Kumbha Rasi: 3.02 Tithi 23

292445479

**Gulika** 3:23PM - 5:14PM  
Yama 11:41AM - 1:32PM  
**Rahu** 5:14PM - 7:05PM

**Dhanishtha Until 12:17PM**  
Indra Until 4:29PM  
Balava Until 1:45PM  
**Ashtami\* Until 1:06AM Mon**

**Ganesha:** Red *Sunrise:* 4:17AM  
**Muruqa:** White *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Routine Work Marana Yoga  
Until 12:17PM  
Then Creative Work - Siddha Yoga

**Monday, May 23, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY  
Sun 7  
Sutra 36  
Subhakrit 5124

Kumbha Rasi: 16.42 Tithi 24

293545479

**Gulika** 1:32PM - 3:24PM  
Yama 9:50AM - 11:41AM  
**Rahu** 6:07AM - 7:59AM

**Shatabhishak Until 11:43AM**  
Vaidhriti\* Until 2:34PM  
Taitila Until 12:38PM  
**Navami\* Until 12:16AM Tue**

**Ganesha:** Red *Sunrise:* 4:16AM  
**Muruqa:** White *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon - Purple  
Vaisaka-Vaikasi

**Devaloka Day**

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:43AM  
Then Routine Work - Marana Yoga

<b>1</b>		<b>Tuesday, May 24, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkamba*/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Buffalo, NY
Meena Rasi: 0.01	Tithi 25	<b>Gulika</b>	<b>11:41AM – 1:33PM</b>	<b>Purvaproshtapada* Until 12:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:15AM	Sun 8	Sutra 37
		Yama	7:58AM – 9:50AM	Vishkamba* Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM		Subhakrit 5124
		213545479 <b>Rahu</b>	<b>3:24PM – 5:15PM</b>	Vanija Until 12:06PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 8
Routine Work	Marana Yoga			<b>Dashami Until 12:02AM Wed</b>	Moon – Clear			2nd Phase
Until 12:03PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, May 25, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Buffalo, NY
Meena Rasi: 13.01	Tithi 26	<b>Gulika</b>	<b>9:50AM – 11:41AM</b>	<b>Uttaraproshtapada Until 12:48PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:15AM	Sun 9	Sutra 38
		Yama	6:06AM – 7:58AM	Priti Until 12:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:07PM		Subhakrit 5124
		313545479 <b>Rahu</b>	<b>11:41AM – 1:33PM</b>	Bava Until 12:10PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga			<b>Ekadashi* Until 12:23AM Thu</b>	Moon – Clear			2nd Phase
Until 12:48PM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, May 26, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Buffalo, NY
Meena Rasi: 25.45	Tithi 27	<b>Gulika</b>	<b>7:58AM – 9:49AM</b>	<b>Revati Until 1:57PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:14AM	Sun 10	Sutra 39
		Yama	4:14AM – 6:06AM	Ayushman Until 11:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM		Subhakrit 5124
		313545479 <b>Rahu</b>	<b>1:33PM – 3:25PM</b>	Kaulava Until 12:47PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga			<b>Dvadashi* Until 1:17AM Fri</b>	Moon – Clear			2nd Phase
Until 1:57PM					<b>Vaisaka-Vaikasi</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, May 27, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Buffalo, NY
Mesha Rasi: 8.14	Tithi 28	<b>Gulika</b>	<b>6:05AM – 7:57AM</b>	<b>Ashvini Until 3:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:13AM	Sun 11	Sutra 40
		Yama	3:26PM – 5:18PM	Saubhagya Until 11:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>9:49AM – 11:41AM</b>	Gara Until 1:55PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 11
Creative Work	Amrita Yoga			<b>Trayodashi* Until 2:39AM Sat</b>	Moon – White			2nd Phase
Until 3:54PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, May 28, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Buffalo, NY
Mesha Rasi: 20.31	Tithi 29	<b>Gulika</b>	<b>4:13AM – 6:05AM</b>	<b>Bharani Until 6:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:13AM	Sun 12	Sutra 41
		Yama	1:34PM – 3:26PM	Sobhana Until 11:51AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>7:57AM – 9:49AM</b>	Visti Until 3:30PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 4:25AM Sun</b>	Moon – White			2nd Phase
Until 6:08PM					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Sunday, May 29, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Buffalo, NY
Vrishabha Rasi: 2.38	Tithi 30	<b>Gulika</b>	<b>3:26PM – 5:19PM</b>	<b>Krittika Until 8:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:12AM	Sun 13	Sutra 42
		Yama	11:42AM – 1:34PM	Athiganda* Until 12:22PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM		Subhakrit 5124
		323545479 <b>Rahu</b>	<b>5:19PM – 7:11PM</b>	Catuspada Until 5:28PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 13
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:32AM Mon</b>	Moon – White			Amavasya
					<b>Vaisaka-Vaikasi</b>			<b>Devaloka Day</b>

<b>Retreat Star</b>		<b>Monday, May 30, 2022</b>				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Buffalo, NY
Vrishabha Rasi: 14.37	Tithi 30 – 1	<b>Gulika</b>	<b>1:34PM – 3:27PM</b>	<b>Rohini Until 11:33PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:11AM	Sun 14	Sutra 43
<b>Family Home Evening</b>		Yama	9:49AM – 11:42AM	Sukarma Until 1:09PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM		Subhakrit 5124
		333545479 <b>Rahu</b>	<b>6:04AM – 7:57AM</b>	Kintughna Until 7:42PM	<b>Nataraja:</b> Clear			Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga			<b>Amavasya* Until 6:32AM</b>	Moon – Yellow			Prathama
					<b>Jyeshtha-Vaikasi</b>			<b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>Tuesday, May 31, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhruti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Buffalo, NY Sun 15 Sutra 44 Subhakarit 5124
<b>1</b>	Vrishabha Rasi: 26.31 Tithi 1 – 2  Creative Work Siddha Yoga	333545479	<b>Gulika</b> 11:42AM – 1:35PM <b>Yama</b> 7:56AM – 9:49AM <b>Rahu</b> 3:27PM – 5:20PM	<b>Mrigashira</b> Until 2:33AM Wed <b>Dhruti</b> Until 2:06PM <b>Balava</b> Until 10:07PM <b>Prathama*</b> Until 8:52AM	<b>Ganesha:</b> Orange <i>Sunrise: 4:11AM</i> <b>Muruqa:</b> White <i>Sunset: 7:13PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>
<b>Wednesday, June 1, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Buffalo, NY Sun 16 Sutra 45 Subhakarit 5124
<b>2</b>	Mithuna Rasi: 8.22 Tithi 2 – 3  Creative Work Siddha Yoga Until 5:25AM Thu Then Creative Work - Amrita Yoga	333545479	<b>Gulika</b> 9:49AM – 11:42AM <b>Yama</b> 6:03AM – 7:56AM <b>Rahu</b> 11:42AM – 1:35PM	<b>Ardra</b> Until 5:25AM Thu <b>Shula*</b> Until 3:05PM <b>Taitila</b> Until 12:36AM Thu <b>Dvitiya</b> Until 11:20AM	<b>Ganesha:</b> Orange <i>Sunrise: 4:10AM</i> <b>Muruqa:</b> White <i>Sunset: 7:14PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Vaikasi</b>
<b>Thursday, June 2, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau			Buffalo, NY Sun 17 Sutra 46 Subhakarit 5124
<b>3</b>	Mithuna Rasi: 20.11 Tithi 3 – 4  Creative Work Amrita Yoga Until 8:35AM Fri Then Routine Work - Marana Yoga	343555479	<b>Gulika</b> 7:56AM – 9:49AM <b>Yama</b> 4:10AM – 6:03AM <b>Rahu</b> 1:35PM – 3:28PM	<b>Punarvasu</b> Until 8:35AM Fri <b>Ganda*</b> Until 4:06PM <b>Vanija</b> Until 3:03AM Fri <b>Tritiya</b> Until 1:49PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:10AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:14PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>
<b>Friday, June 3, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Buffalo, NY Sun 18 Sutra 47 Subhakarit 5124
<b>4</b>	Kataka Rasi: 2.02 Tithi 4 – 5  Creative Work Siddha Yoga Until 8:35AM Then Routine Work - Marana Yoga	343555479	<b>Gulika</b> 6:03AM – 7:56AM <b>Yama</b> 3:29PM – 5:22PM <b>Rahu</b> 9:49AM – 11:42AM	<b>Punarvasu</b> Until 8:35AM <b>Vridhi</b> Until 5:03PM <b>Bava</b> Until 5:20AM Sat <b>Chaturthi*</b> Until 4:12PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:10AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:15PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>
<b>Saturday, June 4, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Panchamyam Titau			Buffalo, NY Sun 19 Sutra 48 Subhakarit 5124
<b>5</b>	Kataka Rasi: 13.58 Tithi 5  Creative Work Siddha Yoga Until 11:23AM Then Routine Work - Marana Yoga	343555479	<b>Gulika</b> 4:09AM – 6:02AM <b>Yama</b> 1:36PM – 3:29PM <b>Rahu</b> 7:56AM – 9:49AM	<b>Pushya</b> Until 11:23AM <b>Dhruva</b> Until 5:47PM <b>Balava</b> Until 6:21PM <b>Panchami</b> Until 6:21PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:09AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:16PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Jyeshtha-Vaikasi</b>
<b>Sunday, June 5, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthiyam Titau			Buffalo, NY Sun 20 Sutra 49 Subhakarit 5124
<b>6</b>	Kataka Rasi: 26.01 Tithi 6  Creative Work Siddha Yoga Until 1:42PM Then Routine Work - Marana Yoga	343555471	<b>Gulika</b> 3:30PM – 5:23PM <b>Yama</b> 11:43AM – 1:36PM <b>Rahu</b> 5:23PM – 7:17PM	<b>Ashlesha*</b> Until 1:42PM <b>Vyaghata*</b> Until 6:15PM <b>Kaulava</b> Until 7:19AM <b>Shashthi*</b> Until 8:08PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:09AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:17PM</i> <b>Nataraja:</b> Yellow Moon – Blue <b>Jyeshtha-Vaikasi</b>
<b>Monday, June 6, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau			Buffalo, NY Sun 21 Sutra 50 Subhakarit 5124
<b>Retreat Star</b>	Simha Rasi: 8.13 Tithi 7 <b>Family Home Evening</b> Routine Work Marana Yoga Until 3:53PM Then Creative Work - Siddha Yoga	354555471	<b>Gulika</b> 1:36PM – 3:30PM <b>Yama</b> 9:49AM – 11:43AM <b>Rahu</b> 6:02AM – 7:56AM	<b>Magha*</b> Until 3:53PM <b>Harshana</b> Until 6:21PM <b>Gara</b> Until 8:51AM <b>Saptami</b> Until 9:23PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:08AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:17PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Jyeshtha-Vaikasi</b>
<b>Tuesday, June 7, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau			Buffalo, NY Sun 22 Sutra 51 Subhakarit 5124
<b>Retreat Star</b>	Simha Rasi: 20.41 Tithi 8  Creative Work Siddha Yoga Until 5:18PM Then Creative Work - Amrita Yoga	354555471	<b>Gulika</b> 11:43AM – 1:37PM <b>Yama</b> 7:56AM – 9:49AM <b>Rahu</b> 3:30PM – 5:24PM	<b>Purvaphalguni</b> Until 5:18PM <b>Vajra*</b> Until 5:55PM <b>Visti</b> Until 9:48AM <b>Ashtami*</b> Until 10:00PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:08AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:18PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Jyeshtha-Vaikasi</b>
<b>Wednesday, June 8, 2022</b>		Subhakarit Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyati-pata* Yoga Balava/Kaulava Karana Navamyam Titau			Buffalo, NY Sun 23 Sutra 52 Subhakarit 5124
<b>Retreat Star</b>	Kanya Rasi: 3.28 Tithi 9  Creative Work Amrita Yoga Until 5:51PM Then Routine Work - Marana Yoga	354555471	<b>Gulika</b> 9:49AM – 11:43AM <b>Yama</b> 6:02AM – 7:56AM <b>Rahu</b> 11:43AM – 1:37PM	<b>Uttaraphalguni</b> Until 5:51PM <b>Siddhi</b> Until 4:55PM <b>Balava</b> Until 10:03AM <b>Navami*</b> Until 9:51PM	<b>Ganesha:</b> Clear <i>Sunrise: 4:08AM</i> <b>Muruqa:</b> Green <i>Sunset: 7:19PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Jyeshtha-Vaikasi</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20


www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, June 9, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 24 Sutra 53 Subhakrit 5124
Kanya Rasi: 16.37	Tithi 10	<b>Gulika</b>	7:56AM – 9:49AM	<b>Hasta</b> Until 5:55PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:08AM		
		Yama	4:08AM – 6:02AM	Vyatipata* Until 3:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 8 - 24	
		364555471 <b>Rahu</b>	1:37PM – 3:31PM	Taitila Until 9:31AM	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga			<b>Dashami</b> Until 8:56PM	Moon – Green		<b>Bhuloka Day</b>	
Until 5:55PM					Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, June 10, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sun 25 Sutra 54 Subhakrit 5124
Tula Rasi: 0.13	Tithi 11	<b>Gulika</b>	6:02AM – 7:56AM	<b>Chitra</b> Until 5:05PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:08AM		
		Yama	3:32PM – 5:26PM	Variyan Until 1:03PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 8 - 25	
		364555471 <b>Rahu</b>	9:50AM – 11:44AM	Vanija Until 8:12AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi</b> Until 7:14PM	Moon – Green		<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	

<b>3</b>		<b>Saturday, June 11, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 55 Subhakrit 5124
Tula Rasi: 14.17	Tithi 12 – 13	<b>Gulika</b>	4:07AM – 6:01AM	<b>Svati</b> Until 3:24PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:07AM		
		Yama	1:38PM – 3:32PM	Parigha* Until 10:13AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 8 - 26	
		364555471 <b>Rahu</b>	7:56AM – 9:50AM	Bava Until 6:08AM	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi</b> Until 4:51PM	Moon – Green		<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi		Devaloka Time: 6:PM to 9:PM	
								<i>Pradosha Vrata</i>

<b>4</b>		<b>Sunday, June 12, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 56 Subhakrit 5124
Tula Rasi: 28.46	Tithi 13 – 14	<b>Gulika</b>	3:32PM – 5:27PM	<b>Vishakha</b> Until 1:24PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM		
		Yama	11:44AM – 1:38PM	Shiva Until 6:53AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8 - 27	
		364555471 <b>Rahu</b>	5:27PM – 7:21PM	Gara Until 12:15AM Mon	<b>Nataraja:</b> Yellow		4th Phase	
Routine Work	Marana Yoga			<b>Trayodashi</b> Until 1:53PM	Moon – Orange		<b>Devaloka Day</b>	
		<b>Vaikasi Visakam</b>			Jyeshtha-Vaikasi			

		<b>Monday, June 13, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sutra 57 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b>	1:38PM – 3:33PM	<b>Anuradha</b> Until 10:50AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM		
Vrischika Rasi: 13.37	Tithi 14 – 15	Yama	9:50AM – 11:44AM	Sadhya Until 11:06PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 8 -	
<b>Family Home Evening</b>		364555471 <b>Rahu</b>	6:01AM – 7:56AM	Visti Until 8:42PM	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi*</b> Until 10:30AM	Moon – Orange		<b>Devaloka Day</b>	
					Jyeshtha-Vaikasi			

<b>5</b>		<b>Tuesday, June 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Buffalo, NY Sutra 58 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b>	11:44AM – 1:39PM	<b>Jyeshtha*</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM		
Vrischika Rasi: 28.44	Tithi 15 – 16	Yama	7:56AM – 9:50AM	Subha Until 6:57PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8 -	
		364555471 <b>Rahu</b>	3:33PM – 5:27PM	Kaulava Until 3:02AM Wed	<b>Nataraja:</b> Yellow		Prathama	
Routine Work	Marana Yoga			<b>Purnima*</b> Until 6:49AM	Moon – Orange		<b>Devaloka Day</b>	
Until 7:52AM					Jyeshtha-Vaikasi			
Then Creative Work - Amrita Yoga								





Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Buffalo, NY

Sutra 59

Subhakrit 5124

Moon 6 - Phase 9 -

1st Phase

Dhanus Rasi: 13.56 Tithi 17

384555471

**Gulika** 9:50AM – 11:45AM  
Yama 6:01AM – 7:56AM  
**Rahu** 11:45AM – 1:39PM

**Purvashadha\* Until 2:08AM Thu**  
Sukla Until 2:44PM  
Taitila Until 1:09PM  
**Dvitiya Until 11:17PM**

**Ganesha:** Blue *Sunrise: 4:07AM*  
**Muruqa:** Green *Sunset: 7:22PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Until 2:08AM Thu

Then Routine Work - Marana Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Buffalo, NY

Sun 1

Sutra 60

Subhakrit 5124

Moon 6 - Phase 9 - 1

1st Phase

Dhanus Rasi: 29.05 Tithi 18

384555471

**Gulika** 7:56AM – 9:50AM  
Yama 4:07AM – 6:02AM  
**Rahu** 1:39PM – 3:34PM

**Uttarashadha Until 11:21PM**  
Brahma Until 10:40AM  
Vanija Until 9:30AM  
**Tritiya Until 7:45PM**

**Ganesha:** Blue *Sunrise: 4:07AM*  
**Muruqa:** Green *Sunset: 7:22PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 11:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sun 2

Sutra 61

Subhakrit 5124

Moon 6 - Phase 9 - 2

1st Phase

Makara Rasi: 14.01 Tithi 19 – 20

394555471

**Gulika** 6:02AM – 7:56AM  
Yama 3:34PM – 5:28PM  
**Rahu** 9:51AM – 11:45AM

**Shravana Until 9:13PM**  
Indra Until 6:51AM  
Bava Until 6:07AM  
**Chaturthi\* Until 4:34PM**

**Ganesha:** Red *Sunrise: 4:07AM*  
**Muruqa:** Green *Sunset: 7:23PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 9:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Buffalo, NY

Sun 3

Sutra 62

Subhakrit 5124

Moon 6 - Phase 9 - 3

1st Phase

Makara Rasi: 28.37 Tithi 20 – 21

394655471

**Gulika** 4:07AM – 6:02AM  
Yama 1:40PM – 3:34PM  
**Rahu** 7:56AM – 9:51AM

**Dhanishtha Until 7:29PM**  
Vishkambha\* Until 12:24AM Sun  
Gara Until 12:49AM Sun  
**Panchami Until 1:54PM**

**Ganesha:** Blue *Sunrise: 4:07AM*  
**Muruqa:** Green *Sunset: 7:23PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Buffalo, NY

Sun 4

Sutra 63

Subhakrit 5124

Moon 6 - Phase 9 - 4

1st Phase

Kumbha Rasi: 12.49 Tithi 21 – 22

395655471

**Gulika** 3:34PM – 5:29PM  
Yama 11:45AM – 1:40PM  
**Rahu** 5:29PM – 7:23PM

**Shatabhishak Until 6:16PM**  
Priti Until 10:00PM  
Visti Until 11:08PM  
**Shashthi\* Until 11:52AM**

**Ganesha:** Red *Sunrise: 4:07AM*  
**Muruqa:** Green *Sunset: 7:23PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY

Sun 5

Sutra 64

Subhakrit 5124

Moon 6 - Phase 9 - 5

Ashtami

Kumbha Rasi: 26.34 Tithi 22 – 23

315655471

**Gulika** 1:40PM – 3:35PM  
Yama 9:51AM – 11:46AM  
**Rahu** 6:02AM – 7:57AM

**Purvaproshtapada\* Until 6:05PM**  
Ayushman Until 8:10PM  
Balava Until 10:12PM  
**Saptami Until 10:33AM**

**Ganesha:** Clear *Sunrise: 4:08AM*  
**Muruqa:** Green *Sunset: 7:24PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Routine Work Marana Yoga

Until 6:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Buffalo, NY

Sun 6

Sutra 65

Subhakrit 5124

Moon 6 - Phase 9 - 6

Navami

Meena Rasi: 9.52 Tithi 23 – 24

315655471

**Gulika** 11:46AM – 1:40PM  
Yama 7:57AM – 9:51AM  
**Rahu** 3:35PM – 5:29PM

**Uttaraproshtapada Until 6:32PM**  
Saubhagya Until 6:59PM  
Taitila Until 10:03PM  
**Ashtami\* Until 10:01AM**

**Ganesha:** Clear *Sunrise: 4:08AM*  
**Muruqa:** Green *Sunset: 7:24PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, June 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Buffalo, NY Sun 7 Sutra 66
	Meena Rasi: 22.47	Tithi 24 – 25	<b>Gulika</b> 9:52AM – 11:46AM	<b>Revati Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:08AM	Subhakrit 5124
			Yama 6:03AM – 7:57AM	Sobhana Until 6:24PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 10 - 7
	Routine Work	Marana Yoga	315655471 <b>Rahu</b> 11:46AM – 1:41PM	Vanija Until 10:38PM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Navami* Until 10:14AM</b>	Jyeshtha-Ani	<b>Devaloka Day</b>		


<b>2</b>	<b>Thursday, June 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 8 Sutra 67
	Mesha Rasi: 5.2	Tithi 25 – 26	<b>Gulika</b> 7:57AM – 9:52AM	<b>Ashvini Until 9:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:08AM	Subhakrit 5124
			Yama 4:08AM – 6:03AM	Athiganda* Until 6:19PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 10 - 8
	Creative Work	Amrita Yoga	325655471 <b>Rahu</b> 1:41PM – 3:35PM	Bava Until 11:53PM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Dashami Until 11:10AM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		


<b>3</b>	<b>Friday, June 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 9 Sutra 68
	Mesha Rasi: 17.38	Tithi 26 – 27	<b>Gulika</b> 6:03AM – 7:58AM	<b>Bharani Until 11:52PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:09AM	Subhakrit 5124
			Yama 3:35PM – 5:30PM	Sukarma Until 6:41PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 10 - 9
	Creative Work	Siddha Yoga	325655471 <b>Rahu</b> 9:52AM – 11:46AM	Kaulava Until 1:39AM Sat	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Ekadashi* Until 12:41PM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>4</b>	<b>Saturday, June 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 10 Sutra 69
	Mesha Rasi: 29.44	Tithi 27 – 28	<b>Gulika</b> 4:09AM – 6:03AM	<b>Krittika Until 2:25AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:09AM	Subhakrit 5124
			Yama 1:41PM – 3:36PM	Dhriti Until 7:23PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 10 - 10
	Creative Work	Amrita Yoga	325655471 <b>Rahu</b> 7:58AM – 9:52AM	Gara Until 3:48AM Sun	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Dvadashi* Until 2:40PM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Sunday, June 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 11 Sutra 70
	Vrishabha Rasi: 11.41	Tithi 28 – 29	<b>Gulika</b> 3:36PM – 5:30PM	<b>Rohini Until 5:33AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:09AM	Subhakrit 5124
			Yama 11:47AM – 1:41PM	Shula* Until 8:17PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 10 - 11
	Creative Work	Siddha Yoga	335655471 <b>Rahu</b> 5:30PM – 7:25PM	Visti Until 6:11AM Mon	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Trayodashi* Until 4:57PM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>6</b>	<b>Monday, June 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Buffalo, NY Sun 12 Sutra 71
	Vrishabha Rasi: 23.32	Tithi 29	<b>Gulika</b> 1:41PM – 3:36PM	<b>Mrigashira Until 8:37AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:10AM	Subhakrit 5124
	<b>Family Home Evening</b>		Yama 9:53AM – 11:47AM	Ganda* Until 9:18PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 10 - 12
	Creative Work	Amrita Yoga	335655471 <b>Rahu</b> 6:04AM – 7:58AM	Visti Until 6:11AM	<b>Nataraja:</b> Yellow		2nd Phase
			<b>Chaturdashi* Until 7:25PM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

	<b>Tuesday, June 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Buffalo, NY Sun 13 Sutra 72
	<b>Retreat Star</b>		<b>Gulika</b> 11:47AM – 1:42PM	<b>Mrigashira Until 8:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:10AM	Subhakrit 5124
	Mithuna Rasi: 5.22	Tithi 30	Yama 7:59AM – 9:53AM	Vriddhi Until 10:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 10 - 13
	Creative Work	Siddha Yoga	336655471 <b>Rahu</b> 3:36PM – 5:30PM	Catuspada Until 8:41AM	<b>Nataraja:</b> Yellow		Amavasya
			<b>Amavasya* Until 9:55PM</b>	Jyeshtha-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

	<b>Wednesday, June 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Buffalo, NY Sun 14 Sutra 73
	<b>Retreat Star</b>		<b>Gulika</b> 9:53AM – 11:47AM	<b>Ardra Until 11:30AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:10AM	Subhakrit 5124
	Mithuna Rasi: 17.11	Tithi 1	Yama 6:05AM – 7:59AM	Dhruva Until 11:22PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 10 - 14
	Creative Work	Siddha Yoga	336655471 <b>Rahu</b> 11:47AM – 1:42PM	Kintughna Until 11:10AM	<b>Nataraja:</b> Yellow		Prathama
			<b>Prathama* Until 12:22AM Thu</b>	Ashada-Ani	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

<b>1</b>	<b>Thursday, June 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Buffalo, NY Sun 15 Sutra 74 Subhakrit 5124
	Mithuna Rasi: 29.03	Tithi 2	<b>Gulika</b> 7:59AM – 9:53AM	<b>Punarvasu</b> Until 2:38PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:11AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 15 3rd Phase
	Creative Work	Amrita Yoga	Yama 4:11AM – 6:05AM	Vyaghata* Until 12:16AM Fri	<b>Nataraja:</b> Yellow		
	346655471	<b>Rahu</b> 1:42PM – 3:36PM	Balava Until 1:34PM	<b>Dvitiya</b> Until 2:41AM Fri	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, July 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Buffalo, NY Sun 16 Sutra 75 Subhakrit 5124
	Kataka Rasi: 10.58	Tithi 3	<b>Gulika</b> 6:06AM – 8:00AM	<b>Pushya</b> Until 5:26PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:11AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 16 3rd Phase
	Routine Work	Marana Yoga	Yama 3:36PM – 5:30PM	Harshana Until 1:02AM Sat	<b>Nataraja:</b> Yellow		
	346655471	<b>Rahu</b> 9:54AM – 11:48AM	Taitila Until 3:47PM	<b>Tritiya</b> Until 4:47AM Sat	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>3</b>	<b>Saturday, July 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Buffalo, NY Sun 17 Sutra 76 Subhakrit 5124
	Kataka Rasi: 22.57	Tithi 4	<b>Gulika</b> 4:12AM – 6:06AM	<b>Ashlesha*</b> Until 7:49PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:12AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 17 3rd Phase
	Routine Work	Marana Yoga	Yama 1:42PM – 3:36PM	Vajra* Until 1:34AM Sun	<b>Nataraja:</b> Yellow		
	346655471	<b>Rahu</b> 8:00AM – 9:54AM	Vanija Until 3:45PM	<b>Chaturthi*</b> Until 6:36AM Sun	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>4</b>	<b>Sunday, July 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Buffalo, NY Sun 18 Sutra 77 Subhakrit 5124
	Simha Rasi: 5.04	Tithi 4 – 5	<b>Gulika</b> 3:36PM – 5:30PM	<b>Magha*</b> Until 10:12PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:12AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 18 3rd Phase
	Routine Work	Marana Yoga	Yama 11:48AM – 1:42PM	Siddhi Until 1:50AM Mon	<b>Nataraja:</b> Yellow		
	356655471	<b>Rahu</b> 5:30PM – 7:24PM	Bava Until 7:23PM	<b>Chaturthi*</b> Until 6:36AM	Moon – Red	<b>Devaloka Day</b>	

<b>5</b>	<b>Monday, July 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Buffalo, NY Sun 19 Sutra 78 Subhakrit 5124
	Simha Rasi: 17.2	Tithi 5 – 6	<b>Gulika</b> 1:42PM – 3:36PM	<b>Purvaphalguni</b> Until 11:59PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:13AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:24PM	Moon 6 - Phase 11 - 19 3rd Phase
	Family Home Evening		Yama 9:55AM – 11:48AM	Vyatipata* Until 1:45AM Tue	<b>Nataraja:</b> Yellow		
	356655471	<b>Rahu</b> 6:07AM – 8:01AM	Kaulava Until 8:35PM	<b>Panchami</b> Until 8:02AM	Moon – Red	<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, July 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Shashthi/Saplamyam Titau				Buffalo, NY Sun 20 Sutra 79 Subhakrit 5124
	Simha Rasi: 29.48	Tithi 6 – 7	<b>Gulika</b> 11:49AM – 1:42PM	<b>Uttaraphalguni</b> Until 1:04AM Wed	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:14AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:23PM	Moon 6 - Phase 11 - 20 3rd Phase
	Creative Work	Amrita Yoga	Yama 8:01AM – 9:55AM	Variyan Until 1:12AM Wed	<b>Nataraja:</b> Yellow		
	356655471	<b>Rahu</b> 3:36PM – 5:30PM	Gara Until 9:15PM	<b>Shashthi*</b> Until 8:58AM	Moon – Red	<b>Devaloka Day</b>	

<b>☾</b>	<b>Wednesday, July 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 80 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 9:55AM – 11:49AM	<b>Hasta</b> Until 1:50AM Thu	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:14AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:23PM	Moon 6 - Phase 11 - 21 Ashtami
	Kanya Rasi: 12.32	Tithi 7 – 8	Yama 6:08AM – 8:01AM	Parigha* Until 12:08AM Thu	<b>Nataraja:</b> Yellow		
	467655471	<b>Rahu</b> 11:49AM – 1:42PM	Visti Until 9:16PM	<b>Saptami</b> Until 9:19AM	Moon – Green	<b>Devaloka Day</b>	

<b>☽</b>	<b>Thursday, July 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 81 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 8:02AM – 9:55AM	<b>Chitra</b> Until 1:43AM Fri	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:15AM	<b>Muruga:</b> Green <i>Sunset:</i> 7:23PM	Moon 6 - Phase 11 - 22 Navami
	Kanya Rasi: 25.37	Tithi 8 – 9	Yama 4:15AM – 6:08AM	Shiva Until 10:31PM	<b>Nataraja:</b> Yellow		
	467655471	<b>Rahu</b> 1:42PM – 3:36PM	Balava Until 8:33PM	<b>Ashtami*</b> Until 8:59AM	Moon – Green	<b>Devaloka Day</b>	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b> Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23 Sutra 82 Subhakrit 5124
Tula Rasi: 9.05	Tithi 9 – 10	<b>Gulika</b> 6:09AM – 8:02AM	<b>Svati</b> Until 12:43AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:16AM	
		Yama 3:36PM – 5:29PM	Siddha Until 8:16PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12 - 23
Creative Work	Siddha Yoga	467655471 <b>Rahu</b> 9:56AM – 11:49AM	Taitila Until 7:07PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Navami*</b> Until 7:55AM	Moon – Green		<b>Devaloka Day</b>
				Ashada*Ani		

<b>2</b> Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 83 Subhakrit 5124
Tula Rasi: 23	Tithi 10 – 11	<b>Gulika</b> 4:16AM – 6:10AM	<b>Vishakha</b> Until 11:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:16AM	
		Yama 1:42PM – 3:36PM	Sadhya Until 5:27PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12 - 24
Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 8:03AM – 9:56AM	Visti Until 3:39AM Sun	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> Until 6:07AM	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

<b>3</b> Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 84 Subhakrit 5124
Vrischika Rasi: 7.21	Tithi 12	<b>Gulika</b> 3:35PM – 5:28PM	<b>Anuradha</b> Until 9:13PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:17AM	
		Yama 11:49AM – 1:42PM	Subha Until 2:09PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 12 - 25
Routine Work	Marana Yoga	477655471 <b>Rahu</b> 5:28PM – 7:22PM	Bava Until 2:13PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi</b> Until 12:37AM Mon	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM

<b>4</b> Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 85 Subhakrit 5124
Vrischika Rasi: 22.05	Tithi 13	<b>Gulika</b> 1:42PM – 3:35PM	<b>Jyeshtha*</b> Until 6:31PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:18AM	
<b>Family Home Evening</b>		Yama 9:57AM – 11:49AM	Sukla Until 10:24AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12 - 26
Creative Work	Siddha Yoga	477655471 <b>Rahu</b> 6:11AM – 8:04AM	Kaulava Until 10:57AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi</b> Until 9:10PM	Moon – Orange		<b>Bhuloka Day</b>
				Ashada*Ani		Devaloka Time: 6:PM to 9:PM
						<i>Pradosha Vrata</i>

<b>5</b> Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sun 27 Sutra 86 Subhakrit 5124
Dhanus Rasi: 7.08	Tithi 14 – 15	<b>Gulika</b> 11:50AM – 1:42PM	<b>Mula*</b> Until 3:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:19AM	
		Yama 8:04AM – 9:57AM	Brahma Until 6:22AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 12 - 27
Creative Work	Amrita Yoga	488655471 <b>Rahu</b> 3:35PM – 5:28PM	Gara Until 7:20AM	<b>Nataraja:</b> Yellow		4th Phase
Until 3:46PM			<b>Chaturdashi*</b> Until 5:26PM	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Ashada*Ani		

<b>○</b> Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sun 28 Sutra 87 Subhakrit 5124
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:57AM – 11:50AM	<b>Purvashadha*</b> Until 12:46PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:19AM	
Dhanus Rasi: 22.22	Tithi 15 – 16	Yama 6:12AM – 8:04AM	Vaidhriti* Until 9:55PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 12 - Purnima
Creative Work	Amrita Yoga	488755471 <b>Rahu</b> 11:50AM – 1:42PM	Balava Until 11:41PM	<b>Nataraja:</b> Yellow		
			<b>Purnima*</b> Until 1:35PM	Moon – Light Blue		<b>Devaloka Day</b>
		<b>Satguru Purnima</b>		Ashada*Ani		

<b>Thursday, July 14, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sun 29 Sutra 88 Subhakrit 5124
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:05AM – 9:57AM	<b>Uttarashadha</b> Until 9:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:20AM	
Makara Rasi: 7.35	Tithi 16 – 17	Yama 4:20AM – 6:12AM	Vishkambha* Until 5:47PM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 12 - Prathama
Routine Work	Marana Yoga	488755471 <b>Rahu</b> 1:42PM – 3:35PM	Taitila Until 7:59PM	<b>Nataraja:</b> Yellow		
Until 9:40AM			<b>Prathama*</b> Until 9:47AM	Moon – Light Blue		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				Ashada*Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda



**Friday, July 15, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Buffalo, NY  
Sun 1  
Sutra 89

Makara Rasi: 22.4 Tithi 17 - 18

498755471

**Gulika** 6:13AM - 8:05AM  
**Yama** 3:34PM - 5:27PM  
**Rahu** 9:58AM - 11:50AM

**Shravana Until 7:04AM**  
Priti Until 1:54PM  
Visti Until 3:02AM Sat  
**Dvitiya Until 6:13AM**

**Ganesha:** Blue *Sunrise: 4:21AM*  
**Muruqa:** Green *Sunset: 7:19PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Ani**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga  
Until 7:04AM  
Then Creative Work - Siddha Yoga

**1**

**Saturday, July 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Buffalo, NY  
Sun 2  
Sutra 90

Kumbha Rasi: 7.25 Tithi 19

498755471

**Gulika** 4:22AM - 6:14AM  
**Yama** 1:42PM - 3:34PM  
**Rahu** 8:06AM - 9:58AM

**Shatabhishak Until 2:50AM Sun**  
Ayushman Until 10:22AM  
Bava Until 1:40PM  
**Chaturthi\* Until 12:25AM Sun**

**Ganesha:** Blue *Sunrise: 4:22AM*  
**Muruqa:** Green *Sunset: 7:19PM*  
**Nataraja:** Yellow  
Moon - Purple  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga  
Until 2:50AM Sun  
Then Creative Work - Siddha Yoga

**2**

**Sunday, July 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY  
Sun 3  
Sutra 91

Kumbha Rasi: 21.46 Tithi 20

418755472

**Gulika** 3:34PM - 5:26PM  
**Yama** 11:50AM - 1:42PM  
**Rahu** 5:26PM - 7:18PM

**Purvaproshtapada\* Until 1:56AM Mon**  
Saubhagya Until 7:22AM  
Kaulava Until 11:22AM  
**Panchami Until 10:29PM**

**Ganesha:** White *Sunrise: 4:23AM*  
**Muruqa:** Green *Sunset: 7:18PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Creative Work Siddha Yoga

**3**

**Monday, July 18, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY  
Sun 4  
Sutra 92

Meena Rasi: 5.38 Tithi 21

418755472

**Gulika** 1:42PM - 3:33PM  
**Yama** 9:58AM - 11:50AM  
**Rahu** 6:15AM - 8:07AM

**Uttaraproshtapada Until 1:42AM Tue**  
Athiganda\* Until 3:13AM Tue  
Gara Until 9:50AM  
**Shashthi\* Until 9:22PM**

**Ganesha:** White *Sunrise: 4:23AM*  
**Muruqa:** Green *Sunset: 7:17PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**

Family Home Evening  
Creative Work Siddha Yoga

**4**

**Tuesday, July 19, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Buffalo, NY  
Sun 5  
Sutra 93

Meena Rasi: 19.01 Tithi 22

419755472

**Gulika** 11:50AM - 1:42PM  
**Yama** 8:07AM - 9:59AM  
**Rahu** 3:33PM - 5:25PM

**Revati Until 2:10AM Wed**  
Sukarma Until 2:11AM Wed  
Visti Until 9:09AM  
**Saptami Until 9:06PM**

**Ganesha:** Clear *Sunrise: 4:24AM*  
**Muruqa:** Green *Sunset: 7:16PM*  
**Nataraja:** White  
Moon - Clear  
**Ashada\*Adi**

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 2:10AM Wed  
Then Routine Work - Marana Yoga

**D**

**Wednesday, July 20, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY  
Sun 6  
Sutra 94

Mesha Rasi: 1.56 Tithi 23

429755472

**Gulika** 9:59AM - 11:50AM  
**Yama** 6:16AM - 8:08AM  
**Rahu** 11:50AM - 1:41PM

**Ashvini Until 3:46AM Thu**  
Dhriti Until 1:49AM Thu  
Balava Until 9:19AM  
**Ashtami\* Until 9:42PM**

**Ganesha:** Purple *Sunrise: 4:25AM*  
**Muruqa:** Green *Sunset: 7:15PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Routine Work Marana Yoga  
Until 3:46AM Thu  
Then Creative Work - Siddha Yoga

**Thursday, July 21, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY  
Sun 7  
Sutra 95

Mesha Rasi: 14.28 Tithi 24

429755472

**Gulika** 8:08AM - 9:59AM  
**Yama** 4:26AM - 6:17AM  
**Rahu** 1:41PM - 3:32PM

**Bharani Until 5:54AM Fri**  
Shula\* Until 1:59AM Fri  
Taitila Until 10:19AM  
**Navami\* Until 11:03PM**

**Ganesha:** Purple *Sunrise: 4:26AM*  
**Muruqa:** Green *Sunset: 7:14PM*  
**Nataraja:** White  
Moon - White  
**Ashada\*Adi**

**Devaloka Day**

Creative Work Siddha Yoga

<b>1</b>		<b>Friday, July 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam		Buffalo, NY	
Mesha Rasi: 26.42		Tithi 25		Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 96	
Creative Work		Siddha Yoga		Gulika 6:18AM – 8:09AM		Subhakrit 5124	
Until 8:24AM Sat		Then Creative Work - Amrita Yoga		Yama 3:32PM – 5:23PM		Moon 7 - Phase 14 - 8	
		429755472		Rahu 9:59AM – 11:50AM		2nd Phase	
				Krittika Until 8:24AM Sat		Ganesha: Purple Sunrise: 4:27AM	
				Ganda* Until 2:37AM Sat		Muruga: Green Sunset: 7:14PM	
				Vanija Until 11:59AM		Nataraja: White	
				Dashami Until 12:59AM Sat		Moon – White	
						Ashada*Adi	
						Devaloka Day	

<b>2</b>		<b>Saturday, July 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam		Buffalo, NY	
Vrishabha Rasi: 8.43		Tithi 26		Krittika/Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 97	
Creative Work		Amrita Yoga		Gulika 4:28AM – 6:19AM		Subhakrit 5124	
		429755472		Yama 1:41PM – 3:32PM		Moon 7 - Phase 14 - 9	
				Rahu 8:09AM – 10:00AM		2nd Phase	
				Vriddhi Until 3:32AM Sun		Ganesha: Purple Sunrise: 4:28AM	
				Bava Until 2:08PM		Muruga: Green Sunset: 7:13PM	
				Ekadashi* Until 3:18AM Sun		Nataraja: White	
						Moon – White	
						Ashada*Adi	
						Devaloka Day	

<b>3</b>		<b>Sunday, July 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam		Buffalo, NY	
Vrishabha Rasi: 20.35		Tithi 27		Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 98	
Creative Work		Siddha Yoga		Gulika 3:31PM – 5:21PM		Subhakrit 5124	
		439755472		Yama 11:50AM – 1:41PM		Moon 7 - Phase 14 - 10	
				Rahu 5:21PM – 7:12PM		2nd Phase	
				Dhruva Until 4:34AM Mon		Ganesha: Clear Sunrise: 4:29AM	
				Kaulava Until 4:34PM		Muruga: Green Sunset: 7:12PM	
				Dvadashi* Until 5:49AM Mon		Nataraja: White	
						Moon – Yellow	
						Ashada*Adi	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Monday, July 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Buffalo, NY	
Mithuna Rasi: 2.25		Tithi 28		Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara Karana Trayodashyam Titau		Sun 11 Sutra 99	
Family Home Evening		Creative Work		Gulika 1:41PM – 3:31PM		Subhakrit 5124	
Until 2:37PM		Then Creative Work - Siddha Yoga		Yama 10:00AM – 11:50AM		Moon 7 - Phase 14 - 11	
		439755472		Rahu 6:20AM – 8:10AM		2nd Phase	
				Mrigashira Until 2:37PM		Ganesha: Clear Sunrise: 4:30AM	
				Vyaghata* Until 5:38AM Tue		Muruga: Green Sunset: 7:11PM	
				Gara Until 7:06PM		Nataraja: White	
				Trayodashi* Until 8:20AM Tue		Moon – Yellow	
						Ashada*Adi	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Tuesday, July 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Buffalo, NY	
Mithuna Rasi: 14.14		Tithi 28 – 29		Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12 Sutra 100	
Routine Work		Marana Yoga		Gulika 11:50AM – 1:40PM		Subhakrit 5124	
Until 5:30PM		Then Creative Work - Siddha Yoga		Yama 8:11AM – 10:00AM		Moon 7 - Phase 14 - 12	
		431755472		Rahu 3:30PM – 5:20PM		2nd Phase	
				Harshana Until 6:37AM Wed		Ganesha: Red Sunrise: 4:31AM	
				Visti Until 9:34PM		Muruga: Green Sunset: 7:10PM	
				Trayodashi* Until 8:20AM		Nataraja: White	
						Moon – Yellow	
						Ashada*Adi	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Wednesday, July 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam		Buffalo, NY	
Mithuna Rasi: 26.05		Tithi 29 – 30		Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau		Sun 13 Sutra 101	
Creative Work		Siddha Yoga		Gulika 10:01AM – 11:50AM		Subhakrit 5124	
		441755472		Yama 6:21AM – 8:11AM		Moon 7 - Phase 14 - 13	
				Rahu 11:50AM – 1:40PM		Amavasya	
				Punarvasu Until 8:35PM		Ganesha: Yellow Sunrise: 4:32AM	
				Harshana Until 6:37AM		Muruga: Green Sunset: 7:09PM	
				Catuspada Until 11:52PM		Nataraja: White	
				Chaturdashy* Until 10:44AM		Moon – Blue	
						Ashada*Adi	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

<b>Retreat Star</b>		<b>Thursday, July 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Buffalo, NY	
Kataka Rasi: 8.01		Tithi 30 – 1		Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14 Sutra 102	
Creative Work		Amrita Yoga		Gulika 8:12AM – 10:01AM		Subhakrit 5124	
Until 11:16PM		Then Creative Work - Siddha Yoga		Yama 4:33AM – 6:22AM		Moon 7 - Phase 14 - 14	
		441755472		Rahu 1:40PM – 3:29PM		Prathama	
				Pushya Until 11:16PM		Ganesha: Yellow Sunrise: 4:33AM	
				Vajra* Until 7:26AM		Muruga: Green Sunset: 7:08PM	
				Kintughna Until 1:57AM Fri		Nataraja: White	
				Amavasya* Until 12:55PM		Moon – Blue	
						Sravana*Adi	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Friday, July 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sun 15 Sutra 103 Subhakrit 5124
	Kataka Rasi: 20.02	Tithi 1 – 2	<b>Gulika</b> 6:23AM – 8:12AM	<b>Ashlesha* Until 1:31AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM	
			Yama 3:29PM – 5:18PM	Siddhi Until 8:04AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 15 - 15
			441755472 <b>Rahu</b> 10:01AM – 11:50AM	Balava Until 3:44AM Sat	<b>Nataraja:</b> White		3rd Phase
Routine Work Marana Yoga			<b>Prathama* Until 2:51PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 1:31AM Sat				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Saturday, July 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Buffalo, NY Sun 16 Sutra 104 Subhakrit 5124
	Simha Rasi: 2.11	Tithi 2 – 3	<b>Gulika</b> 4:35AM – 6:24AM	<b>Magha* Until 3:48AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:35AM	
			Yama 1:39PM – 3:28PM	Vyatipata* Until 8:30AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 15 - 16
			451755472 <b>Rahu</b> 8:12AM – 10:01AM	Taitila Until 5:12AM Sun	<b>Nataraja:</b> White		3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 4:29PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 3:48AM Sun				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>	<b>Sunday, July 31, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Buffalo, NY Sun 17 Sutra 105 Subhakrit 5124
	Simha Rasi: 14.27	Tithi 3 – 4	<b>Gulika</b> 3:27PM – 5:16PM	<b>Purvaphalguni Until 5:35AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM	
			Yama 11:50AM – 1:39PM	Variyan Until 8:39AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 15 - 17
			451755472 <b>Rahu</b> 5:16PM – 7:05PM	Vanija Until 6:19AM Mon	<b>Nataraja:</b> White		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 5:47PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>	<b>Monday, August 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Buffalo, NY Sun 18 Sutra 106 Subhakrit 5124
	Simha Rasi: 26.52	Tithi 4	<b>Gulika</b> 1:39PM – 3:27PM	<b>Uttaraphalguni Until 6:48AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:37AM	
	<b>Family Home Evening</b>		Yama 10:02AM – 11:50AM	Parigha* Until 8:32AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 15 - 18
			451755472 <b>Rahu</b> 6:25AM – 8:13AM	Vanija Until 6:19AM	<b>Nataraja:</b> White		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 6:43PM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	

<b>5</b>	<b>Tuesday, August 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY Sun 19 Sutra 107 Subhakrit 5124
	Kanya Rasi: 9.29	Tithi 5	<b>Gulika</b> 11:50AM – 1:38PM	<b>Uttaraphalguni Until 6:48AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:38AM	
			Yama 8:14AM – 10:02AM	Shiva Until 8:06AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 15 - 19
			451755472 <b>Rahu</b> 3:26PM – 5:14PM	Bava Until 7:02AM	<b>Nataraja:</b> White		3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 7:12PM</b>	Moon – Red		<b>Bhuloka Day</b>	
Until 6:48AM				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Wednesday, August 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Buffalo, NY Sun 20 Sutra 108 Subhakrit 5124
	Kanya Rasi: 22.18	Tithi 6	<b>Gulika</b> 10:02AM – 11:50AM	<b>Hasta Until 7:53AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:39AM	
			Yama 6:27AM – 8:14AM	Siddha Until 7:17AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 15 - 20
			461755472 <b>Rahu</b> 11:50AM – 1:38PM	Kaulava Until 7:17AM	<b>Nataraja:</b> White		3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 7:11PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 7:53AM				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>7</b>	<b>Thursday, August 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Buffalo, NY Sun 21 Sutra 109 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 8:15AM – 10:02AM	<b>Chitra Until 8:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:40AM	
	Tula Rasi: 5.23	Tithi 7	Yama 4:40AM – 6:27AM	Sadhya Until 6:03AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 15 - 21
			461765472 <b>Rahu</b> 1:37PM – 3:25PM	Gara Until 7:00AM	<b>Nataraja:</b> White		3rd Phase
Creative Work Siddha Yoga			<b>Saptami Until 6:37PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 8:17AM				<b>Sravana*Adi</b>			
Then Creative Work - Amrita Yoga							

<b>8</b>	<b>Friday, August 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 110 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 6:28AM – 8:15AM	<b>Svati Until 7:58AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:41AM	
	Tula Rasi: 18.47	Tithi 8 – 9	Yama 3:24PM – 5:12PM	Sukla Until 2:09AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 15 - 22
			461765472 <b>Rahu</b> 10:03AM – 11:50AM	Visti Until 6:07AM	<b>Nataraja:</b> White		Ashtami
Creative Work Siddha Yoga			<b>Ashtami* Until 5:26PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>9</b>	<b>Saturday, August 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23 Sutra 111 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 4:42AM – 6:29AM	<b>Vishakha Until 7:19AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	
	Vrischika Rasi: 2.34	Tithi 9 – 10	Yama 1:37PM – 3:24PM	Brahma Until 11:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 15 - 23
			472765472 <b>Rahu</b> 8:16AM – 10:03AM	Taitila Until 2:32AM Sun	<b>Nataraja:</b> White		Navami
Creative Work Siddha Yoga			<b>Navami* Until 3:38PM</b>	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Sravana*Adi</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1 Sunday, August 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Buffalo, NY Sun 24 Sutra 112 Subhakrit 5124
Vrischika Rasi: 16.42	Tithi 10 - 11	<b>Gulika</b> 3:23PM - 5:10PM	<b>Jyeshtha* Until 3:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:43AM	
		Yama 11:50AM - 1:36PM	Indra Until 8:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 16 - 24
	472865472	<b>Rahu</b> 5:10PM - 6:56PM	Vanija Until 11:55PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 1:16PM</b>	Moon - Orange		<b>Bhuloka Day</b>
Until 3:53AM Mon				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 113 Subhakrit 5124
Dhanus Rasi: 1.12	Tithi 11 - 12	<b>Gulika</b> 1:36PM - 3:22PM	<b>Mula* Until 1:41AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:44AM	
		Yama 10:03AM - 11:49AM	Vaidhriti* Until 4:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 16 - 25
<b>Family Home Evening</b>	482865472	<b>Rahu</b> 6:30AM - 8:17AM	Bava Until 8:51PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 10:25AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
				<b>Sravana*Adi</b>		

<b>3 Tuesday, August 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 114 Subhakrit 5124
Dhanus Rasi: 16	Tithi 12 - 13	<b>Gulika</b> 11:49AM - 1:35PM	<b>Purvashadha* Until 11:04PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:45AM	
		Yama 8:17AM - 10:03AM	Vishkambha* Until 12:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 16 - 26
	482865472	<b>Rahu</b> 3:21PM - 5:08PM	Taitila Until 3:41AM Wed	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 7:10AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 11:04PM				<b>Sravana*Adi</b>		<b>Tour Day</b>
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>			

<b>4 Wednesday, August 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 115 Subhakrit 5124
Makara Rasi: 1	Tithi 14	<b>Gulika</b> 10:03AM - 11:49AM	<b>Uttarashadha Until 8:11PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:46AM	
		Yama 6:32AM - 8:18AM	Priti Until 9:01AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 16 - 27
	482865472	<b>Rahu</b> 11:49AM - 1:35PM	Gara Until 1:55PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 12:06AM Thu</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 8:11PM				<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, August 11, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY Sutra 116 Subhakrit 5124
Makara Rasi: 16.04	Tithi 15	<b>Gulika</b> 8:18AM - 10:04AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM	
		Yama 4:47AM - 6:33AM	Saubhagya Until 1:02AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 16 -
	492865472	<b>Rahu</b> 1:34PM - 3:20PM	Visti Until 10:20AM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 8:35PM</b>	Moon - Purple		<b>Bhuloka Day</b>
		<b>Raksha Bandhan</b>		<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

<b>Friday, August 12, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Buffalo, NY Sutra 117 Subhakrit 5124
Kumbha Rasi: 1.02	Tithi 16 - 17	<b>Gulika</b> 6:33AM - 8:18AM	<b>Dhanishtha Until 3:06PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:48AM	
		Yama 3:19PM - 5:04PM	Sobhana Until 9:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 16 -
	492865472	<b>Rahu</b> 10:04AM - 11:49AM	Balava Until 6:55AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 5:18PM</b>	Moon - Purple		<b>Bhuloka Day</b>
				<b>Sravana*Adi</b>		Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita





**Saturday, August 13, 2022**  
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Buffalo, NY  
Sun 1 Sutra 118

Kumbha Rasi: 15.46 Tithi 17 - 18

Gulika 4:49AM - 6:34AM  
Yama 1:34PM - 3:18PM  
Rahu 8:19AM - 10:04AM

Shatabhishak Until 12:51PM  
Athiganda\* Until 5:59PM  
Vanija Until 1:13AM Sun  
Dvitiya Until 2:26PM

Ganesha: Clear Sunrise: 4:49AM  
Muruqa: White Sunset: 6:48PM  
Nataraja: White  
Moon - Purple  
Sravana\*Adi

Subhakrit 5124  
Moon 8 - Phase 17 - 1  
1st Phase

Creative Work Amrita Yoga  
Until 12:51PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**1**

**Sunday, August 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Trilya/Chaturthyam Titau

Buffalo, NY  
Sun 2 Sutra 119

Meena Rasi: 0.07 Tithi 18 - 19

Gulika 3:18PM - 5:02PM  
Yama 11:48AM - 1:33PM  
Rahu 5:02PM - 6:47PM

Purvaprosarthapada\* Until 11:27AM  
Sukarma Until 3:08PM  
Bava Until 11:16PM  
Tritiya Until 12:08PM

Ganesha: Yellow Sunrise: 4:50AM  
Muruqa: White Sunset: 6:47PM  
Nataraja: White  
Moon - Clear  
Sravana\*Adi

Subhakrit 5124  
Moon 8 - Phase 17 - 2  
1st Phase

Creative Work Siddha Yoga  
Until 11:27AM  
Then Creative Work - Amrita Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**2**

**Monday, August 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthapada\*/Revati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY  
Sun 3 Sutra 120

Meena Rasi: 14.02 Tithi 19 - 20

Gulika 1:33PM - 3:17PM  
Yama 10:04AM - 11:48AM  
Rahu 6:35AM - 8:20AM

Uttaraprosarthapada Until 10:37AM  
Dhriti Until 12:53PM  
Kaulava Until 10:05PM  
Chaturthi\* Until 10:33AM

Ganesha: Yellow Sunrise: 4:51AM  
Muruqa: White Sunset: 6:45PM  
Nataraja: White  
Moon - Clear  
Sravana\*Adi

Subhakrit 5124  
Moon 8 - Phase 17 - 3  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**3**

**Tuesday, August 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Taila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY  
Sun 4 Sutra 121

Meena Rasi: 27.28 Tithi 20 - 21

Gulika 11:48AM - 1:32PM  
Yama 8:20AM - 10:04AM  
Rahu 3:16PM - 5:00PM

Revati Until 10:27AM  
Shula\* Until 11:18AM  
Gara Until 9:46PM  
Panchami Until 9:48AM

Ganesha: Yellow Sunrise: 4:52AM  
Muruqa: White Sunset: 6:44PM  
Nataraja: White  
Moon - Clear  
Sravana\*Avani

Subhakrit 5124  
Moon 8 - Phase 17 - 4  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**4**

**Wednesday, August 17, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\*/Vridhhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Buffalo, NY  
Sun 5 Sutra 122

Mesha Rasi: 10.26 Tithi 21 - 22

Gulika 10:04AM - 11:48AM  
Yama 6:37AM - 8:21AM  
Rahu 11:48AM - 1:31PM

Ashvini Until 11:27AM  
Ganda\* Until 10:25AM  
Visti Until 10:19PM  
Shashthi\* Until 9:55AM

Ganesha: Yellow Sunrise: 4:53AM  
Muruqa: White Sunset: 6:42PM  
Nataraja: White  
Moon - White  
Sravana\*Avani

Subhakrit 5124  
Moon 8 - Phase 17 - 5  
1st Phase

Routine Work Marana Yoga  
Until 11:27AM  
Then Creative Work - Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**5**

**Thursday, August 18, 2022**

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY  
Sun 6 Sutra 123

Mesha Rasi: 23 Tithi 22 - 23

Gulika 8:21AM - 10:04AM  
Yama 4:54AM - 6:38AM  
Rahu 1:31PM - 3:14PM

Bharani Until 1:06PM  
Vridhhi Until 10:12AM  
Balava Until 11:40PM  
Saptami Until 10:53AM

Ganesha: Yellow Sunrise: 4:54AM  
Muruqa: White Sunset: 6:41PM  
Nataraja: White  
Moon - White  
Sravana\*Avani

Subhakrit 5124  
Moon 8 - Phase 17 - 6  
Ashtami

Creative Work Siddha Yoga  
Until 1:06PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Friday, August 19, 2022**

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Ashtami/Navamyam Titau

Buffalo, NY  
Sun 7 Sutra 124

Vrishabha Rasi: 5.15 Tithi 23 - 24

Gulika 6:38AM - 8:21AM  
Yama 3:13PM - 4:56PM  
Rahu 10:04AM - 11:47AM

Krittika Until 3:16PM  
Dhruva Until 10:30AM  
Taila Until 1:37AM Sat  
Ashtami\* Until 12:33PM

Ganesha: White Sunrise: 4:55AM  
Muruqa: White Sunset: 6:39PM  
Nataraja: White  
Moon - White  
Sravana\*Avani

Subhakrit 5124  
Moon 8 - Phase 17 - 7  
Navami

Creative Work Siddha Yoga  
Until 3:16PM  
Then Routine Work - Marana Yoga

**Bhuloka Day**

<b>1</b>	<b>Saturday, August 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Buffalo, NY
	533865472		<b>Gulika</b> 4:57AM – 6:39AM	<b>Rohini</b> Until 6:13PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:57AM	Sun 8 Sutra 125
			<b>Yama</b> 1:30PM – 3:13PM	Vyaghata* Until 11:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Subhakrit 5124
			<b>Rahu</b> 8:22AM – 10:05AM	Vanija Until 3:57AM Sun	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 8
				<b>Navami*</b> Until 2:44PM	Moon – Yellow		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM


<b>2</b>	<b>Sunday, August 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Buffalo, NY
	533865472		<b>Gulika</b> 3:12PM – 4:54PM	<b>Mrigashira</b> Until 9:14PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Sun 9 Sutra 126
			<b>Yama</b> 11:47AM – 1:29PM	Harshana Until 12:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Subhakrit 5124
			<b>Rahu</b> 4:54PM – 6:36PM	Bava Until 6:27AM Mon	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 9
				<b>Dashami</b> Until 5:10PM	Moon – Yellow		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM


<b>3</b>	<b>Monday, August 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Buffalo, NY
	533865472		<b>Gulika</b> 1:29PM – 3:11PM	<b>Ardra</b> Until 12:05AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Sun 10 Sutra 127
			<b>Yama</b> 10:05AM – 11:47AM	Vajra* Until 1:11PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:35PM	Subhakrit 5124
			<b>Rahu</b> 6:41AM – 8:23AM	Bava Until 6:27AM	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 10
				<b>Ekadashi*</b> Until 7:40PM	Moon – Yellow		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Tuesday, August 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Buffalo, NY
	543865472		<b>Gulika</b> 11:46AM – 1:28PM	<b>Punarvasu</b> Until 3:08AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Sun 11 Sutra 128
			<b>Yama</b> 8:23AM – 10:05AM	Siddhi Until 2:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Subhakrit 5124
			<b>Rahu</b> 3:10PM – 4:51PM	Kaulava Until 8:54AM	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 11
				<b>Dvadashi*</b> Until 10:02PM	Moon – Blue		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b>

<b>5</b>	<b>Wednesday, August 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Buffalo, NY
	543865472		<b>Gulika</b> 10:05AM – 11:46AM	<b>Pushya</b> Until 5:45AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:01AM	Sun 12 Sutra 129
			<b>Yama</b> 6:42AM – 8:23AM	Vyatipata* Until 2:54PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Subhakrit 5124
			<b>Rahu</b> 11:46AM – 1:28PM	Gara Until 11:08AM	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 12
				<b>Trayodashi*</b> Until 12:08AM Thu	Moon – Blue		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b> <i>Pradosha Vrata (Fasting)</i>

<b>6</b>	<b>Thursday, August 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Buffalo, NY
	543865472		<b>Gulika</b> 8:24AM – 10:05AM	<b>Ashlesha*</b> Until 7:51AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:02AM	Sun 13 Sutra 130
			<b>Yama</b> 5:02AM – 6:43AM	Variyan Until 3:24PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Subhakrit 5124
			<b>Rahu</b> 1:27PM – 3:08PM	Visti Until 1:04PM	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 13
				<b>Chaturdashi*</b> Until 1:53AM Fri	Moon – Blue		2nd Phase
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b>

	<b>Friday, August 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Buffalo, NY	
	<b>Retreat Star</b>			<b>Gulika</b> 6:44AM – 8:24AM	<b>Ashlesha*</b> Until 7:51AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM	Sun 14 Sutra 131
	543865472		<b>Yama</b> 3:07PM – 4:48PM	Parigha* Until 3:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Subhakrit 5124	
			<b>Rahu</b> 10:05AM – 11:46AM	Catuspada Until 2:38PM	<b>Nataraja:</b> White		Moon 8 - Phase 18 - 14	
				<b>Amavasya*</b> Until 3:15AM Sat	Moon – Blue		Amavasya	
					<b>Sravana-Avani</b>		<b>Bhuloka Day</b>	

	<b>Saturday, August 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Buffalo, NY	
	<b>Retreat Star</b>			<b>Gulika</b> 5:04AM – 6:44AM	<b>Magha*</b> Until 9:54AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:04AM	Sun 15 Sutra 132
	533865473		<b>Yama</b> 1:26PM – 3:06PM	Shiva Until 3:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Subhakrit 5124	
			<b>Rahu</b> 8:25AM – 10:05AM	Kintughna Until 3:49PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 18 - 15	
				<b>Prathama*</b> Until 4:14AM Sun	Moon – Red		Prathama	
					<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b> Sunday, August 28, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Buffalo, NY
	Simha Rasi: 23.49	Tithi 2	Gulika 3:05PM – 4:45PM	Sun 16 Sutra 133
	553865473	Rahu 4:45PM – 6:25PM	Purvaphalguni Until 11:24AM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 11:45AM – 1:25PM	Siddha Until 3:11PM	Moon 8 - Phase 19 - 16
Until 11:24AM		Balava Until 4:36PM	3rd Phase	
Then Creative Work - Amrita Yoga		Dvitiya Until 4:49AM Mon	<b>Bhuloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>2</b> Monday, August 29, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau			Buffalo, NY
	Kanya Rasi: 6.3	Tithi 3	Gulika 1:24PM – 3:04PM	Sun 17 Sutra 134
	553865473	Rahu 6:46AM – 8:25AM	Uttaraphalguni Until 12:22PM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 10:05AM – 11:45AM	Sadhya Until 2:30PM	Moon 8 - Phase 19 - 17
		Taitila Until 4:59PM	3rd Phase	
		Tritiya Until 5:01AM Tue	<b>Bhuloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>3</b> Tuesday, August 30, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau			Buffalo, NY
	Kanya Rasi: 19.23	Tithi 4	Gulika 11:44AM – 1:24PM	Sun 18 Sutra 135
	563865473	Rahu 3:03PM – 4:42PM	Hasta Until 1:17PM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 8:26AM – 10:05AM	Subha Until 1:32PM	Moon 8 - Phase 19 - 18
		Vanija Until 5:00PM	3rd Phase	
		Ganesha Chaturthi	<b>Bhuloka Day</b>	
		Chaturthi* Until 4:51AM Wed	Devaloka Time: 6:PM to 9:PM	

<b>4</b> Wednesday, August 31, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau			Buffalo, NY
	Tula Rasi: 2.26	Tithi 5	Gulika 10:05AM – 11:44AM	Sun 19 Sutra 136
	563965473	Rahu 11:44AM – 1:23PM	Chitra Until 1:39PM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 6:47AM – 8:26AM	Sukla Until 12:14PM	Moon 8 - Phase 19 - 19
		Bava Until 4:38PM	3rd Phase	
		Panchami Until 4:17AM Thu	<b>Devaloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>5</b> Thursday, September 1, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau			Buffalo, NY
	Tula Rasi: 15.43	Tithi 6	Gulika 8:26AM – 10:05AM	Sun 20 Sutra 137
	563965473	Rahu 1:22PM – 3:01PM	Svati Until 1:30PM	Subhakrit 5124
	Creative Work Amrita Yoga	Yama 5:09AM – 6:48AM	Brahma Until 10:38AM	Moon 8 - Phase 19 - 20
Until 1:30PM		Kaulava Until 3:52PM	3rd Phase	
Then Creative Work - Siddha Yoga		Shashthi* Until 3:18AM Fri	<b>Devaloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>6</b> Friday, September 2, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau			Buffalo, NY
	Tula Rasi: 29.13	Tithi 7	Gulika 6:48AM – 8:27AM	Sun 21 Sutra 138
	574965473	Rahu 10:05AM – 11:43AM	Vishakha Until 1:14PM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 3:00PM – 4:38PM	Indra Until 8:43AM	Moon 8 - Phase 19 - 21
		Gara Until 2:41PM	3rd Phase	
		Saptami Until 1:55AM Sat	<b>Devaloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b> Saturday, September 3, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakha* Yoga Visti*/Bava Karana Ashtamyam Titau			Buffalo, NY
	Vrischika Rasi: 12.57	Tithi 8	Gulika 5:11AM – 6:49AM	Sun 22 Sutra 139
	574965473	Rahu 8:27AM – 10:05AM	Anuradha Until 12:24PM	Subhakrit 5124
	Creative Work Siddha Yoga	Yama 1:21PM – 2:59PM	Vaidhriti* Until 6:26AM	Moon 8 - Phase 19 - 22
		Visti Until 1:05PM	Ashtami	
		Ashtami* Until 12:07AM Sun	<b>Devaloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

<b>Retreat Star</b> Sunday, September 4, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau			Buffalo, NY
	Vrischika Rasi: 26.57	Tithi 9	Gulika 2:58PM – 4:36PM	Sun 23 Sutra 140
	574965473	Rahu 4:36PM – 6:13PM	Jyeshtha* Until 11:01AM	Subhakrit 5124
	Routine Work Marana Yoga	Yama 11:43AM – 1:20PM	Priti Until 12:55AM Mon	Moon 8 - Phase 19 - 23
Until 11:01AM		Balava Until 11:05AM	Navami	
Then Creative Work - Amrita Yoga		Navami* Until 9:55PM	<b>Devaloka Day</b>	
			Devaloka Time: 6:PM to 9:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>Monday, September 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 24 Sutra 141 Subhakrit 5124
<b>1</b>		<b>Gulika</b> 1:20PM – 2:57PM	<b>Mula* Until 9:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM	
Dhanus Rasi: 11.12	Tithi 10	Yama 10:05AM – 11:42AM	Ayushman Until 9:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Moon 8 - Phase 20 - 24
<b>Family Home Evening</b>	584965473	<b>Rahu</b> 6:51AM – 8:28AM	Taitila Until 8:42AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 7:22PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 9:32AM				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Marana Yoga						

<b>Tuesday, September 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 142 Subhakrit 5124
<b>2</b>		<b>Gulika</b> 11:42AM – 1:19PM	<b>Purvashadha* Until 7:36AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:14AM	
Dhanus Rasi: 25.41	Tithi 11 – 12	Yama 8:28AM – 10:05AM	Saubhagya Until 6:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 20 - 25
<b>Family Home Evening</b>	584965473	<b>Rahu</b> 2:56PM – 4:33PM	Vanija Until 6:00AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 4:33PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:36AM				<b>Bhadrapada*Avani</b>		Devaloka Time: 6:PM to 9:PM
Then Routine Work - Prabarashita Yoga						

<b>Wednesday, September 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 143 Subhakrit 5124
<b>3</b>		<b>Gulika</b> 10:05AM – 11:42AM	<b>Shravana Until 3:15AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	
Makara Rasi: 10.19	Tithi 12 – 13	Yama 6:52AM – 8:29AM	Sobhana Until 2:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Moon 8 - Phase 20 - 26
<b>Family Home Evening</b>	594965473	<b>Rahu</b> 11:42AM – 1:18PM	Kaulava Until 12:04AM Thu	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Dvadashi Until 1:34PM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada*Avani</b>		

*Pradosha Vrata*

<b>Thursday, September 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 144 Subhakrit 5124
<b>4</b>		<b>Gulika</b> 8:29AM – 10:05AM	<b>Dhanishtha Until 1:04AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	
Makara Rasi: 25.01	Tithi 13 – 14	Yama 5:16AM – 6:53AM	Athiganda* Until 11:09AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Moon 8 - Phase 20 - 27
<b>Family Home Evening</b>	594965473	<b>Rahu</b> 1:18PM – 2:54PM	Gara Until 9:05PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chidambaram Abhishekam</b>	Moon – Purple		<b>Devaloka Day</b>
			<b>Trayodashi Until 10:33AM</b>	<b>Bhadrapada*Avani</b>		

<b>Friday, September 9, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sun 28 Sutra 145 Subhakrit 5124
<b>5</b>		<b>Gulika</b> 6:53AM – 8:29AM	<b>Shatabhishak Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	
Kumbha Rasi: 9.39	Tithi 14 – 15	Yama 2:53PM – 4:29PM	Sukarma Until 7:40AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 20 - 28
<b>Family Home Evening</b>	594965473	<b>Rahu</b> 10:05AM – 11:41AM	Visti Until 6:17PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Chaturdashi* Until 7:38AM</b>	Moon – Purple		<b>Devaloka Day</b>
				<b>Bhadrapada*Avani</b>		

<b>Saturday, September 10, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sun 29 Sutra 146 Subhakrit 5124
<b>6</b>		<b>Gulika</b> 5:19AM – 6:54AM	<b>Purvaproshtapada* Until 9:31PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	
Kumbha Rasi: 24.07	Tithi 16	Yama 1:16PM – 2:52PM	Shula* Until 1:28AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM	Moon 8 - Phase 20 - 29
<b>Family Home Evening</b>	514965473	<b>Rahu</b> 8:30AM – 10:05AM	Balava Until 3:49PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 2:45AM Sun</b>	Moon – Clear		<b>Devaloka Day</b>
Until 9:31PM				<b>Bhadrapada*Avani</b>		
Then Creative Work - Siddha Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



**Sunday, September 11, 2022**  
**Gold Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda\* Yoga Taitila/Gara Karana Dviliyayam Titau

Buffalo, NY  
Sutra 147

Meena Rasi: 8.17 Tithi 17

514965473

**Gulika** 2:51PM – 4:26PM  
Yama 11:40AM – 1:16PM  
**Rahu** 4:26PM – 6:01PM

**Uttaraproshtapada** Until 8:27PM  
Ganda\* Until 10:59PM  
Taitila Until 1:51PM

**Ganesha:** Clear *Sunrise: 5:20AM*  
**Muruqa:** White *Sunset: 6:01PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 -  
1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 1:05AM Mon

Bhadrapada-Avani

Devaloka Day

**1**

**Monday, September 12, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Triliyayam Titau

Buffalo, NY  
Sun 1 Sutra 148

Meena Rasi: 22.05 Tithi 18

514965473

**Gulika** 1:15PM – 2:50PM  
Yama 10:05AM – 11:40AM  
**Rahu** 6:55AM – 8:30AM

**Revati** Until 7:55PM  
Vriddhi Until 9:04PM  
Vanija Until 12:31PM

**Ganesha:** Clear *Sunrise: 5:21AM*  
**Muruqa:** White *Sunset: 5:59PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 1  
1st Phase

Creative Work Siddha Yoga

Tritiya Until 12:06AM Tue

Bhadrapada-Avani

Devaloka Day

**2**

**Tuesday, September 13, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthiyam Titau

Buffalo, NY  
Sun 2 Sutra 149

Mesha Rasi: 5.29 Tithi 19

524965473

**Gulika** 11:40AM – 1:14PM  
Yama 8:31AM – 10:05AM  
**Rahu** 2:49PM – 4:23PM

**Ashvini** Until 8:25PM  
Dhruva Until 7:44PM  
Balava Until 11:56AM

**Ganesha:** White *Sunrise: 5:22AM*  
**Muruqa:** White *Sunset: 5:58PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 2  
1st Phase

Creative Work Siddha Yoga

Chaturthi\* Until 11:55PM

Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**3**

**Wednesday, September 14, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY  
Sun 3 Sutra 150

Mesha Rasi: 18.27 Tithi 20

524965473

**Gulika** 10:05AM – 11:39AM  
Yama 6:57AM – 8:31AM  
**Rahu** 11:39AM – 1:14PM

**Bharani** Until 9:34PM  
Vyaghata\* Until 7:03PM  
Kaulava Until 12:09PM

**Ganesha:** White *Sunrise: 5:23AM*  
**Muruqa:** White *Sunset: 5:56PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 3  
1st Phase

Creative Work Siddha Yoga

Panchami Until 12:32AM Thu

Bhadrapada-Avani

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

Until 9:34PM

Then Creative Work - Amrita Yoga

**4**

**Thursday, September 15, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY  
Sun 4 Sutra 151

Vrishabha Rasi: 1.02 Tithi 21

525965473

**Gulika** 8:31AM – 10:05AM  
Yama 5:24AM – 6:58AM  
**Rahu** 1:13PM – 2:47PM

**Krittika** Until 11:17PM  
Harshana Until 6:59PM  
Gara Until 1:08PM

**Ganesha:** Clear *Sunrise: 5:24AM*  
**Muruqa:** White *Sunset: 5:54PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 4  
1st Phase

Routine Work Marana Yoga

Shashthi\* Until 1:53AM Fri

Bhadrapada-Avani

Devaloka Day

**5**

**Friday, September 16, 2022**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Buffalo, NY  
Sun 5 Sutra 152

Vrishabha Rasi: 13.19 Tithi 22

535965473

**Gulika** 6:58AM – 8:32AM  
Yama 2:46PM – 4:19PM  
**Rahu** 10:05AM – 11:39AM

**Rohini** Until 1:55AM Sat  
Vajra\* Until 7:22PM  
Visti Until 2:49PM

**Ganesha:** White *Sunrise: 5:25AM*  
**Muruqa:** White *Sunset: 5:52PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 5  
1st Phase

Routine Work Marana Yoga

Saptami Until 3:50AM Sat

Bhadrapada-Puratasi

Sivaloka Day

Until 1:55AM Sat

Then Creative Work - Siddha Yoga



**Saturday, September 17, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY  
Sun 6 Sutra 153

Vrishabha Rasi: 25.22 Tithi 23

535965473

**Gulika** 5:26AM – 6:59AM  
Yama 1:11PM – 2:44PM  
**Rahu** 8:32AM – 10:05AM

**Mrigashira** Until 4:44AM Sun  
Siddhi Until 8:06PM  
Balava Until 4:58PM

**Ganesha:** White *Sunrise: 5:26AM*  
**Muruqa:** White *Sunset: 5:51PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 6  
Ashtami

Creative Work Siddha Yoga

Ashtami\* Until 6:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

**Sunday, September 18, 2022**

**Retreat Star**

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Buffalo, NY  
Sun 7 Sutra 154

Mithuna Rasi: 7.17 Tithi 23 – 24

535965473

**Gulika** 2:43PM – 4:16PM  
Yama 11:38AM – 1:11PM  
**Rahu** 4:16PM – 5:49PM

**Ardra** Until 7:33AM Mon  
Vyatipata\* Until 9:01PM  
Taitila Until 7:23PM

**Ganesha:** White *Sunrise: 5:27AM*  
**Muruqa:** White *Sunset: 5:49PM*  
**Nataraja:** Clear

Moon 9 - Phase 21 - 7  
Navami

Creative Work Siddha Yoga

Ashtami\* Until 6:09AM

Bhadrapada-Puratasi

Sivaloka Day

Until 7:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>	<b>Monday, September 19, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanjia Karana Navami/Dashamyam Titau		Buffalo, NY Sun 8 Sutra 155 Subhakra 5124
	Mithuna Rasi: 19.08	Tithi 24 – 25	Gulika 1:10PM – 2:42PM Yama 10:05AM – 11:38AM	Ardra Until 7:33AM Varyan Until 9:54PM Vanija Until 9:49PM Navami* Until 8:36AM
	Family Home Evening	535965473	Rahu 7:00AM – 8:33AM	Ganesha: White Sunrise: 5:28AM Muruga: White Sunset: 5:47PM Nataraja: Clear Moon – Yellow
	Creative Work Siddha Yoga Until 7:33AM Then Creative Work - Amrita Yoga			Sivaloka Day Bhadrapada-Puratasi


<b>2</b>	<b>Tuesday, September 20, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Buffalo, NY Sun 9 Sutra 156 Subhakra 5124
	Kataka Rasi: 1.02	Tithi 25 – 26	Gulika 11:37AM – 1:09PM Yama 8:33AM – 10:05AM	Punarvasu Until 10:36AM Parigha* Until 10:40PM Bava Until 12:05AM Wed Dashami Until 10:58AM
		545965473	Rahu 2:41PM – 4:13PM	Ganesha: Yellow Sunrise: 5:29AM Muruga: White Sunset: 5:45PM Nataraja: Clear Moon – Blue
	Creative Work Siddha Yoga			Devaloka Day Bhadrapada-Puratasi

<b>3</b>	<b>Wednesday, September 21, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sun 10 Sutra 157 Subhakra 5124
	Kataka Rasi: 13.01	Tithi 26 – 27	Gulika 10:05AM – 11:37AM Yama 7:02AM – 8:33AM	Pushya Until 1:15PM Shiva Until 11:12PM Kaulava Until 1:59AM Thu Ekadashi* Until 1:04PM
		545965473	Rahu 11:37AM – 1:09PM	Ganesha: Yellow Sunrise: 5:30AM Muruga: White Sunset: 5:44PM Nataraja: Clear Moon – Blue
	Creative Work Siddha Yoga			Devaloka Day Bhadrapada-Puratasi

<b>4</b>	<b>Thursday, September 22, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sun 11 Sutra 158 Subhakra 5124
	Kataka Rasi: 25.08	Tithi 27 – 28	Gulika 8:34AM – 10:05AM Yama 5:31AM – 7:02AM	Ashlesha* Until 3:20PM Siddha Until 11:21PM Gara Until 3:27AM Fri Dvadashi* Until 2:46PM
		545965473	Rahu 1:08PM – 2:39PM	Ganesha: Yellow Sunrise: 5:31AM Muruga: White Sunset: 5:42PM Nataraja: Clear Moon – Blue
	Creative Work Siddha Yoga Until 3:20PM Then Creative Work - Amrita Yoga			Devaloka Day Bhadrapada-Puratasi Pradosha Vrata (Fasting)

<b>5</b>	<b>Friday, September 23, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Buffalo, NY Sun 12 Sutra 159 Subhakra 5124
	Simha Rasi: 7.27	Tithi 28 – 29	Gulika 7:03AM – 8:34AM Yama 2:38PM – 4:09PM	Magha* Until 5:18PM Sadhya Until 11:09PM Visti* Until 4:26AM Sat Trayodashi* Until 3:59PM
		555965473	Rahu 10:05AM – 11:36AM	Ganesha: Red Sunrise: 5:32AM Muruga: White Sunset: 5:40PM Nataraja: Clear Moon – Red
	Routine Work Marana Yoga Until 5:18PM Then Creative Work - Siddha Yoga			Devaloka Day Bhadrapada-Puratasi

<b>6</b>	<b>Saturday, September 24, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Buffalo, NY Sun 13 Sutra 160 Subhakra 5124
	Simha Rasi: 19.59	Tithi 29 – 30	Gulika 5:33AM – 7:04AM Yama 1:06PM – 2:37PM	Purvaphalguni Until 6:36PM Subha Until 10:34PM Catuspada Until 4:53AM Sun Chaturdashi* Until 4:42PM
		556965473	Rahu 8:35AM – 10:05AM	Ganesha: Green Sunrise: 5:33AM Muruga: White Sunset: 5:38PM Nataraja: Clear Moon – Red
	Creative Work Siddha Yoga Until 6:36PM Then Routine Work - Marana Yoga			Bhuloka Day Devaloka Time: 6:PM to 9:PM Bhadrapada-Puratasi

	<b>Sunday, September 25, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Buffalo, NY Sun 14 Sutra 161 Subhakra 5124
	Kanya Rasi: 2.45	Tithi 30 – 1	Gulika 2:36PM – 4:06PM Yama 11:35AM – 1:06PM	Uttaraphalguni Until 7:15PM Sukla Until 9:33PM Kintughna Until 4:50AM Mon Amavasya* Until 4:54PM
		556165473	Rahu 4:06PM – 5:37PM	Ganesha: Blue Sunrise: 5:34AM Muruga: White Sunset: 5:37PM Nataraja: Clear Moon – Red
	Creative Work Amrita Yoga Mahalaya Amavasai (Tamil Nadu)			Bhuloka Day Devaloka Time: 6:PM to 9:PM Bhadrapada-Puratasi

<b>Retreat Star</b>	<b>Monday, September 26, 2022</b>	Subhakra Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yukhtayam Hasta Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Buffalo, NY Sun 15 Sutra 162 Subhakra 5124
	Kanya Rasi: 15.46	Tithi 1 – 2	Gulika 1:05PM – 2:35PM Yama 10:05AM – 11:35AM	Hasta Until 7:45PM Brahma Until 8:11PM Balava Until 4:21AM Tue Prathama* Until 4:38PM
	Family Home Evening	566165473	Rahu 7:05AM – 8:35AM	Ganesha: Blue Sunrise: 5:35AM Muruga: White Sunset: 5:35PM Nataraja: Clear Moon – Green
	Creative Work Siddha Yoga Until 7:45PM Then Routine Work - Prabalarishta Yoga			Bhuloka Day Devaloka Time: 6:PM to 9:PM Ashvina-Puratasi

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

1	<b>Tuesday, September 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Buffalo, NY Sun 16 Sutra 163 Subhakrit 5124
	Kanya Rasi: 29	Tithi 2 – 3	<b>Gulika</b> 11:35AM – 1:04PM	<b>Chitra</b> Until 7:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:36AM	
			Yama 8:36AM – 10:05AM	Indra Until 6:31PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 23 - 16
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 2:34PM – 4:03PM	Taitila Until 3:29AM Wed	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 3:57PM	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

2	<b>Wednesday, September 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Buffalo, NY Sun 17 Sutra 164 Subhakrit 5124
	Tula Rasi: 12.28	Tithi 3 – 4	<b>Gulika</b> 10:05AM – 11:34AM	<b>Svati</b> Until 7:09PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:38AM	
			Yama 7:07AM – 8:36AM	Vaidhriti* Until 4:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 23 - 17
	Creative Work	Siddha Yoga	666165473 <b>Rahu</b> 11:34AM – 1:04PM	Vanija Until 2:17AM Thu	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 2:54PM	Moon – Green		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	<b>Thursday, September 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Buffalo, NY Sun 18 Sutra 165 Subhakrit 5124
	Tula Rasi: 26.05	Tithi 4 – 5	<b>Gulika</b> 8:36AM – 10:05AM	<b>Vishakha</b> Until 6:37PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:39AM	
			Yama 5:39AM – 7:08AM	Vishkambha* Until 2:19PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 23 - 18
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 1:03PM – 2:32PM	Bava Until 12:49AM Fri	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 1:34PM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	<b>Friday, September 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Buffalo, NY Sun 19 Sutra 166 Subhakrit 5124
	Vrischika Rasi: 9.53	Tithi 5 – 6	<b>Gulika</b> 7:08AM – 8:37AM	<b>Anuradha</b> Until 5:41PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	
			Yama 2:31PM – 3:59PM	Priti Until 11:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 23 - 19
	Creative Work	Siddha Yoga	676165473 <b>Rahu</b> 10:05AM – 11:34AM	Kaulava Until 11:07PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 11:58AM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

5	<b>Saturday, October 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Buffalo, NY Sun 20 Sutra 167 Subhakrit 5124
	Vrischika Rasi: 23.49	Tithi 6 – 7	<b>Gulika</b> 5:41AM – 7:09AM	<b>Jyeshtha*</b> Until 4:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM	
			Yama 1:02PM – 2:30PM	Ayushman Until 9:21AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 23 - 20
	Creative Work	Siddha Yoga	687166473 <b>Rahu</b> 8:37AM – 10:05AM	Gara Until 9:13PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 10:10AM	Moon – Orange		<b>Bhuloka Day</b>	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

D	<b>Sunday, October 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 168 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 2:29PM – 3:57PM	<b>Mula*</b> Until 3:17PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:42AM	
	Dhanus Rasi: 7.52	Tithi 7 – 8	Yama 11:33AM – 1:01PM	Saubhagya Until 6:38AM	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 23 - 21
	Creative Work	Amrita Yoga	687166473 <b>Rahu</b> 3:57PM – 5:24PM	Visti Until 7:10PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami</b> Until 8:12AM	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

D	<b>Monday, October 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 169 Subhakrit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 1:00PM – 2:28PM	<b>Purvashadha*</b> Until 1:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:43AM	
	Dhanus Rasi: 22	Tithi 8 – 9	Yama 10:05AM – 11:33AM	Athiganda* Until 12:51AM Tue	<b>Muruqa:</b> Green	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 23 - 22
	<b>Family Home Evening</b>		687166473 <b>Rahu</b> 7:10AM – 8:38AM	Kaulava Until 3:50AM Tue	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami*</b> Until 6:05AM	Moon – Light Blue		<b>Sivaloka Day</b>	
				Ashvina+Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, October 4, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarna Yoga Taitila/Gara Karana Dashamyam Titau		Buffalo, NY Sun 23 Sutra 170 Subhakrit 5124
Makara Rasi: 6.13	Tithi 10	<b>Gulika</b>	<b>11:33AM – 1:00PM</b>	<b>Uttarashadha Until 12:12PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM		
		Yama	8:38AM – 10:05AM	Sukarna Until 9:50PM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:21PM	Moon 9 - Phase 24 - 23	
		<b>Rahu</b>	<b>2:27PM – 3:54PM</b>	Taitila Until 2:43PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Prabalarishta Yoga			<b>Dashami Until 1:32AM Wed</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 12:12PM					<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Wednesday, October 5, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Vanija/Vistli* Karana Ekadashyam Titau		Buffalo, NY Sun 24 Sutra 171 Subhakrit 5124
Makara Rasi: 20.29	Tithi 11	<b>Gulika</b>	<b>10:05AM – 11:32AM</b>	<b>Shravana Until 10:46AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:45AM		
		Yama	7:12AM – 8:39AM	Dhriti Until 6:50PM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:19PM	Moon 9 - Phase 24 - 24	
		<b>Rahu</b>	<b>11:32AM – 12:59PM</b>	Vanija Until 12:24PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 11:14PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 10:46AM		<b>Vijaya Dasami</b>			<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga								

<b>3</b>		<b>Thursday, October 6, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Buffalo, NY Sun 25 Sutra 172 Subhakrit 5124
Kumbha Rasi: 4.44	Tithi 12	<b>Gulika</b>	<b>8:39AM – 10:06AM</b>	<b>Dhanishtha Until 9:14AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:46AM		
		Yama	5:46AM – 7:13AM	Shula* Until 3:51PM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:18PM	Moon 9 - Phase 24 - 25	
		<b>Rahu</b>	<b>12:58PM – 2:25PM</b>	Bava Until 10:07AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 9:00PM</b>	Moon – Purple		<b>Devaloka Day</b>	
		<b>Kadaitswami Mahasamadhi</b>			<b>Ashvina+Puratasi</b>			

<b>4</b>		<b>Friday, October 7, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprossthapada* Nakshatra Ganda*/Vridhni Yoga Kaulava/Taitila Karana Trayodashyam Titau		Buffalo, NY Sun 26 Sutra 173 Subhakrit 5124
Kumbha Rasi: 18.55	Tithi 13	<b>Gulika</b>	<b>7:13AM – 8:40AM</b>	<b>Shatabhishak Until 7:41AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:47AM		
		Yama	2:24PM – 3:50PM	Ganda* Until 1:01PM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:16PM	Moon 9 - Phase 24 - 26	
		<b>Rahu</b>	<b>10:06AM – 11:32AM</b>	Kaulava Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 6:58PM</b>	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>			<b>Ashvina+Puratasi</b>			
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Saturday, October 8, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vridhni/Dhruva Yoga Gara/Visti* Karana Chaturdashni/Purnimayam Titau		Buffalo, NY Sun 27 Sutra 174 Subhakrit 5124
Meena Rasi: 2.56	Tithi 14 – 15	<b>Gulika</b>	<b>5:49AM – 7:14AM</b>	<b>Purvaprossthapada* Until 6:39AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:49AM		
		Yama	12:57PM – 2:23PM	Vridhni Until 10:25AM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:14PM	Moon 9 - Phase 24 - 27	
		<b>Rahu</b>	<b>8:40AM – 10:06AM</b>	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashni* Until 5:13PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:39AM					<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Sunday, October 9, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Buffalo, NY Sun 28 Sutra 175 Subhakrit 5124
Meena Rasi: 16.45	Tithi 15 – 16	<b>Gulika</b>	<b>2:22PM – 3:47PM</b>	<b>Revati Until 5:21AM Mon</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:50AM		
		Yama	11:31AM – 12:56PM	Dhruva Until 8:05AM	<b>Muruqa:</b> Green	<b>Sunset:</b> 5:12PM	Moon 9 - Phase 24 - Purnima	
		<b>Rahu</b>	<b>3:47PM – 5:12PM</b>	Balava Until 3:28AM Mon	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga			<b>Purnima* Until 3:54PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 5:21AM Mon					<b>Ashvina+Puratasi</b>			
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Monday, October 10, 2022</b>				Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Buffalo, NY Sun 29 Sutra 176 Subhakrit 5124
Mesha Rasi: 0.16	Tithi 16 – 17	<b>Gulika</b>	<b>12:56PM – 2:21PM</b>	<b>Ashvini Until 5:45AM Tue</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:51AM		
		Yama	10:06AM – 11:31AM	Vyaghata* Until 6:10AM	<b>Muruqa:</b> White	<b>Sunset:</b> 5:11PM	Moon 9 - Phase 24 - Prathama	
<b>Family Home Evening</b>		<b>Rahu</b>	<b>7:16AM – 8:41AM</b>	Taitila Until 2:59AM Tue	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga			<b>Prathama* Until 3:07PM</b>	Moon – White		<b>Bhuloka Day</b>	
					<b>Ashvina+Puratasi</b>		<b>Devaloka Time: 6:AM to 9:AM</b>	





Tuesday, October 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Sun 1

Sutra 177

Subhakrit 5124

Mesha Rasi: 13.28 Tithi 17 - 18

628176474

Gulika

11:31AM - 12:55PM

Yama

8:41AM - 10:06AM

Rahu

2:20PM - 3:45PM

Bharani Until 6:38AM Wed

Vajra\* Until 3:47AM Wed

Vanija Until 3:10AM Wed

Dvitiya Until 2:58PM

Ganesha: Yellow Sunrise: 5:52AM

Muruqa: White Sunset: 5:09PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM Wed

Then Creative Work - Amrita Yoga

1

Wednesday, October 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY

Sun 2

Sutra 178

Subhakrit 5124

Mesha Rasi: 26.19 Tithi 18 - 19

628176474

Gulika

10:06AM - 11:30AM

Yama

7:17AM - 8:42AM

Rahu

11:30AM - 12:55PM

Bharani Until 6:38AM

Siddhi Until 3:23AM Thu

Bava Until 4:02AM Thu

Tritiya Until 3:30PM

Ganesha: Yellow Sunrise: 5:53AM

Muruqa: White Sunset: 5:08PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 6:38AM

Then Creative Work - Amrita Yoga

2

Thursday, October 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sun 3

Sutra 179

Subhakrit 5124

Vrishabha Rasi: 8.52 Tithi 19 - 20

628176474

Gulika

8:42AM - 10:06AM

Yama

5:54AM - 7:18AM

Rahu

12:54PM - 2:18PM

Krittika Until 8:01AM

Vyatipata\* Until 3:28AM Fri

Kaulava Until 5:32AM Fri

Chaturthi\* Until 4:41PM

Ganesha: Yellow Sunrise: 5:54AM

Muruqa: White Sunset: 5:06PM

Nataraja: Purple

Moon - White

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

3

Friday, October 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Varyan Yoga Taitila Karana Panchamyam Titau

Buffalo, NY

Sun 4

Sutra 180

Subhakrit 5124

Vrishabha Rasi: 21.08 Tithi 20

638176474

Gulika

7:19AM - 8:43AM

Yama

2:17PM - 3:41PM

Rahu

10:06AM - 11:30AM

Rohini Until 10:19AM

Variyan Until 3:56AM Sat

Taitila Until 6:27PM

Panchami Until 6:27PM

Ganesha: Blue Sunrise: 5:55AM

Muruqa: White Sunset: 5:04PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

4

Saturday, October 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY

Sun 5

Sutra 181

Subhakrit 5124

Mithuna Rasi: 3.13 Tithi 21

639176474

Gulika

5:56AM - 7:20AM

Yama

12:53PM - 2:16PM

Rahu

8:43AM - 10:06AM

Mrigashira Until 12:55PM

Parigha\* Until 4:40AM Sun

Gara Until 7:32AM

Shashthi\* Until 8:39PM

Ganesha: Red Sunrise: 5:56AM

Muruqa: White Sunset: 5:03PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

5

Sunday, October 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Buffalo, NY

Sun 6

Sutra 182

Subhakrit 5124

Mithuna Rasi: 15.08 Tithi 22

639176474

Gulika

2:15PM - 3:38PM

Yama

11:29AM - 12:52PM

Rahu

3:38PM - 5:01PM

Ardra Until 3:37PM

Shiva Until 5:32AM Mon

Visti Until 9:52AM

Saptami Until 11:04PM

Ganesha: Red Sunrise: 5:58AM

Muruqa: White Sunset: 5:01PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

D

Monday, October 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sun 7

Sutra 183

Subhakrit 5124

Mithuna Rasi: 27.02 Tithi 23

649176474

Gulika

12:52PM - 2:14PM

Yama

10:07AM - 11:29AM

Rahu

7:21AM - 8:44AM

Punarvasu Until 6:42PM

Siddha Until 6:20AM Tue

Balava Until 12:18PM

Ashtami\* Until 1:29AM Tue

Ganesha: Green Sunrise: 5:59AM

Muruqa: White Sunset: 5:00PM

Nataraja: Purple

Moon - Blue

Devaloka Day

Ashvina-Aipasi

Creative Work Amrita Yoga

Until 6:42PM

Then Creative Work - Siddha Yoga

Tuesday, October 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sun 8

Sutra 184

Subhakrit 5124

Kataka Rasi: 8.56 Tithi 24

649176474

Gulika

11:29AM - 12:51PM

Yama

8:44AM - 10:07AM

Rahu

2:13PM - 3:36PM

Pushya Until 9:29PM

Siddha Until 6:20AM

Taitila Until 2:39PM

Navami\* Until 3:42AM Wed

Ganesha: Green Sunrise: 6:00AM

Muruqa: White Sunset: 4:58PM

Nataraja: Purple

Moon - Blue

Devaloka Day

Ashvina-Aipasi

Creative Work Siddha Yoga

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, October 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam				Buffalo, NY
			Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 185
	Kataka Rasi: 20.55	Tithi 25	<b>Gulika</b> 10:07AM – 11:29AM	<b>Ashlesha* Until 11:47PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:01AM	Subhakrit 5124
	649176474	<b>Rahu</b> 11:29AM – 12:51PM	Yama 7:23AM – 8:45AM	Sadhya Until 6:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:56PM	Moon 10 - Phase 26 - 9
Creative Work	Siddha Yoga		Vanija Until 4:42PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami Until 5:32AM Thu</b>	Moon – Blue		<b>Devaloka Day</b>	
				Ashvina-Aipasi			

<b>2</b>	<b>Thursday, October 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
			Magha* Nakshatra Subha/Sukla Yoga Bava Karana Ekadashyam Titau				Sun 10 Sutra 186
	Simha Rasi: 3.04	Tithi 26	<b>Gulika</b> 8:45AM – 10:07AM	<b>Magha* Until 1:55AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:02AM	Subhakrit 5124
	659276474	<b>Rahu</b> 12:50PM – 2:12PM	Yama 6:02AM – 7:24AM	Subha Until 7:19AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 26 - 10
Creative Work	Amrita Yoga		Bava Until 6:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 1:55AM Fri			<b>Ekadashi* Until 6:51AM Fri</b>	Moon – Red		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				Ashvina-Aipasi			

<b>3</b>	<b>Friday, October 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam				Buffalo, NY
			Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 11 Sutra 187
	Simha Rasi: 15.26	Tithi 26 – 27	<b>Gulika</b> 7:25AM – 8:46AM	<b>Purvaphalguni Until 3:18AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:03AM	Subhakrit 5124
	659276474	<b>Rahu</b> 10:07AM – 11:28AM	Yama 2:11PM – 3:32PM	Sukla Until 7:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 26 - 11
Creative Work	Siddha Yoga		Kaulava Until 7:18PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 3:18AM Sat			<b>Ekadashi* Until 6:51AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				Ashvina-Aipasi			

<b>4</b>	<b>Saturday, October 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam				Buffalo, NY
			Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Sun 12 Sutra 188
	Simha Rasi: 28.05	Tithi 27 – 28	<b>Gulika</b> 6:05AM – 7:26AM	<b>Uttaraphalguni Until 3:55AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:05AM	Subhakrit 5124
	651276474	<b>Rahu</b> 8:46AM – 10:07AM	Yama 12:49PM – 2:10PM	Brahma Until 6:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 26 - 12
Routine Work	Marana Yoga		Gara Until 7:40PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 3:55AM Sun			<b>Dvadashi* Until 7:33AM</b>	Moon – Red		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				Ashvina-Aipasi			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, October 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
			Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 189
	Kanya Rasi: 11.02	Tithi 28 – 29	<b>Gulika</b> 2:09PM – 3:30PM	<b>Hasta Until 4:13AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:06AM	Subhakrit 5124
	661276474	<b>Rahu</b> 3:30PM – 4:50PM	Yama 11:28AM – 12:49PM	Vaidhriti* Until 4:02AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 26 - 13
Creative Work	Amrita Yoga		Visti Until 7:23PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 4:13AM Mon			<b>Trayodashi* Until 7:35AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga		<b>Deepavali Hindu Solidarity Day</b>		Ashvina-Aipasi			

	<b>Monday, October 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
	<b>Retreat Star</b>		Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 14 Sutra 190
	Kanya Rasi: 24.19	Tithi 29 – 30	<b>Gulika</b> 12:48PM – 2:08PM	<b>Chitra Until 3:47AM Tue</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:07AM	Subhakrit 5124
	661276474	<b>Rahu</b> 7:27AM – 8:48AM	Yama 10:08AM – 11:28AM	Vishkambha* Until 2:01AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 26 - 14
<b>Family Home Evening</b>			Catuspada Until 6:30PM	<b>Nataraja:</b> Purple		Amavasya	
Routine Work	Prabalarishta Yoga		<b>Chaturdashi* Until 7:00AM</b>	Moon – Green		<b>Bhuloka Day</b>	
Until 3:47AM Tue		<b>Subramuniyaswami Mahasamadhi</b>		Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>	<b>Tuesday, October 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam				Buffalo, NY
			Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 191
	Tula Rasi: 7.55	Tithi 1	<b>Gulika</b> 11:28AM – 12:48PM	<b>Svati Until 2:45AM Wed</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:08AM	Subhakrit 5124
	661276474	<b>Rahu</b> 2:08PM – 3:28PM	Yama 8:48AM – 10:08AM	Priti Until 11:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 26 - 15
Creative Work	Siddha Yoga		Kintughna Until 5:06PM	<b>Nataraja:</b> Purple		Prathama	
		<b>Skanda Shasthi Begins</b>	<b>Prathama* Until 4:13AM Wed</b>	Moon – Green		<b>Bhuloka Day</b>	
				Kartika-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	<b>Wednesday, October 26, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Buffalo, NY Sun 16 Sutra 192 Subhakit 5124
	Tula Rasi: 21.48	Tithi 2	<b>Gulika</b> 10:08AM – 11:28AM	<b>Vishakha</b> Until 1:38AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	
			Yama 7:29AM – 8:49AM	Ayushman Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 27 - 16
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 11:28AM – 12:47PM	Balava Until 3:16PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 2:13AM Thu	Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

2	<b>Thursday, October 27, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Buffalo, NY Sun 17 Sutra 193 Subhakit 5124
	Vrischika Rasi: 5.54	Tithi 3	<b>Gulika</b> 8:49AM – 10:08AM	<b>Anuradha</b> Until 12:07AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM	
			Yama 6:11AM – 7:30AM	Saubhagya Until 5:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 27 - 17
	Creative Work	Siddha Yoga	671276574 <b>Rahu</b> 12:47PM – 2:06PM	Taitila Until 1:09PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Tritiya</b> Until 12:00AM Fri	Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
				<b>Kartika-Aipasi</b>			

3	<b>Friday, October 28, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Buffalo, NY Sun 18 Sutra 194 Subhakit 5124
	Vrischika Rasi: 20.09	Tithi 4	<b>Gulika</b> 7:31AM – 8:50AM	<b>Jyeshtha*</b> Until 10:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	
			Yama 2:05PM – 3:24PM	Sobhana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 27 - 18
	Routine Work	Marana Yoga	671276574 <b>Rahu</b> 10:09AM – 11:28AM	Vanija Until 10:50AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Chaturthi*</b> Until 9:38PM	Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
				<b>Kartika-Aipasi</b>			

4	<b>Saturday, October 29, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY Sun 19 Sutra 195 Subhakit 5124
	Dhanus Rasi: 4.29	Tithi 5	<b>Gulika</b> 6:13AM – 7:32AM	<b>Mula*</b> Until 8:49PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	
			Yama 12:46PM – 2:05PM	Athiganda* Until 11:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 27 - 19
	Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 8:50AM – 10:09AM	Bava Until 8:27AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 7:14PM	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Kartika-Aipasi</b>			

5	<b>Sunday, October 30, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Buffalo, NY Sun 20 Sutra 196 Subhakit 5124
	Dhanus Rasi: 18.48	Tithi 6 – 7	<b>Gulika</b> 2:04PM – 3:22PM	<b>Purvashadha*</b> Until 7:11PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	
			Yama 11:27AM – 12:46PM	Sukarma Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 27 - 20
	Creative Work	Siddha Yoga	681276574 <b>Rahu</b> 3:22PM – 4:41PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi*</b> Until 4:52PM	Moon – Light Blue	<b>Devaloka Day</b>		
			<b>Skanda Shasthi</b>	<b>Kartika-Aipasi</b>			

D	<b>Monday, October 31, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Buffalo, NY Sun 21 Sutra 197 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 12:45PM – 2:03PM	<b>Uttarashadha</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	
	Makara Rasi: 3.04	Tithi 7 – 8	Yama 10:09AM – 11:27AM	Shula* Until 2:41AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 27 - 21
	<b>Family Home Evening</b>		681276574 <b>Rahu</b> 7:34AM – 8:52AM	Visti Until 1:35AM Tue	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami</b> Until 2:38PM	Moon – Light Blue	<b>Devaloka Day</b>		
				<b>Kartika-Aipasi</b>			

D	<b>Tuesday, November 1, 2022</b>		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Buffalo, NY Sun 22 Sutra 198 Subhakit 5124
	<b>Retreat Star</b>		<b>Gulika</b> 11:27AM – 12:45PM	<b>Shravana</b> Until 4:21PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
	Makara Rasi: 17.14	Tithi 8 – 9	Yama 8:52AM – 10:10AM	Ganda* Until 11:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 27 - 22
	Creative Work	Siddha Yoga	691276574 <b>Rahu</b> 2:03PM – 3:20PM	Balava Until 11:37PM	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami*</b> Until 12:33PM	Moon – Purple	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
				<b>Kartika-Aipasi</b>			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

1	<b>Wednesday, November 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 23 Sutra 199
	Kumbha Rasi: 1.17	Tithi 9 – 10	<b>Gulika</b> 10:10AM – 11:27AM	<b>Dhanishtha</b> Until 3:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:18AM	Subhakrit 5124
			Yama 7:35AM – 8:53AM	Vriddhi Until 9:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 28 - 23
		692276574	<b>Rahu</b> 11:27AM – 12:45PM	Taitila Until 9:51PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga Until 3:14PM Then Creative Work - Siddha Yoga			<b>Navami* Until 10:41AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

2	<b>Thursday, November 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 200
	Kumbha Rasi: 15.11	Tithi 10 – 11	<b>Gulika</b> 8:53AM – 10:10AM	<b>Shatabhishak</b> Until 2:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:19AM	Subhakrit 5124
			Yama 6:19AM – 7:36AM	Dhruva Until 6:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:35PM	Moon 10 - Phase 28 - 24
		692276574	<b>Rahu</b> 12:44PM – 2:01PM	Vanija Until 8:22PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Dashami Until 9:03AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

3	<b>Friday, November 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 201
	Kumbha Rasi: 28.56	Tithi 11 – 12	<b>Gulika</b> 7:37AM – 8:54AM	<b>Purvaproshtapada*</b> Until 1:44PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	Subhakrit 5124
			Yama 2:01PM – 3:18PM	Vyaghata* Until 4:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM	Moon 10 - Phase 28 - 25
		612276574	<b>Rahu</b> 10:11AM – 11:27AM	Bava Until 7:10PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi Until 7:42AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

4	<b>Saturday, November 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 202
	Meena Rasi: 12.29	Tithi 12 – 13	<b>Gulika</b> 6:22AM – 7:38AM	<b>Uttaraproshtapada</b> Until 1:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	Subhakrit 5124
			Yama 12:44PM – 2:00PM	Harshana Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM	Moon 10 - Phase 28 - 26
		612276574	<b>Rahu</b> 8:55AM – 10:11AM	Kaulava Until 6:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga Until 1:28PM Then Routine Work - Prabalarishta Yoga			<b>Dvadashi Until 6:40AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
<i>Pradosha Vrata</i>							

5	<b>Sunday, November 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 203
	Meena Rasi: 25.49	Tithi 13 – 14	<b>Gulika</b> 2:00PM – 3:16PM	<b>Revati</b> Until 1:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:23AM	Subhakrit 5124
			Yama 11:27AM – 12:44PM	Vajra* Until 1:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 10 - Phase 28 - 27
		612276574	<b>Rahu</b> 3:16PM – 4:32PM	Vanija Until 5:47AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga Until 1:25PM Then Creative Work - Siddha Yoga			<b>Trayodashi Until 6:01AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

O	<b>Monday, November 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vistil*/Bava Karana Purnimayam Titau				Buffalo, NY Sun 28 Sutra 204
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:43PM – 1:59PM	<b>Ashvini</b> Until 2:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:24AM	Subhakrit 5124
	Mesha Rasi: 8.56	Tithi 15	Yama 10:12AM – 11:28AM	Siddhi Until 12:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:31PM	Moon 10 - Phase 28 - Purnima
	<b>Family Home Evening</b>	722276574	<b>Rahu</b> 7:40AM – 8:56AM	Vistil Until 5:52PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Purnima* Until 6:02AM Tue</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

O	<b>Tuesday, November 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sun 29 Sutra 205
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:28AM – 12:43PM	<b>Bharani</b> Until 3:08PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:26AM	Subhakrit 5124
	Mesha Rasi: 21.49	Tithi 15 – 16	Yama 8:57AM – 10:12AM	Vyatipata* Until 11:14AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM	Moon 10 - Phase 28 - Prathama
		722276574	<b>Rahu</b> 1:59PM – 3:14PM	Balava Until 6:23PM	<b>Nataraja:</b> Clear		
Creative Work Siddha Yoga			<b>Purnima* Until 6:02AM</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan/Parigha\* Yoga Kaulava/Tailita Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 206

Subhakrit 5124

Moon 11 - Phase 29 - 1st Phase

Devaloka Time: 3:PM to 6:PM

Subhlok Day

Devaloka Time: 3:PM to 6:PM

Wrishabha Rasi: 4.27 Tithi 16 – 17

722276574

Gulika 10:12AM – 11:28AM  
Yama 7:42AM – 8:57AM  
Rahu 11:28AM – 12:43PM

Krittika Until 4:29PM  
Variyan Until 10:46AM  
Tailita Until 7:25PM

Ganesha: Blue  
Muruqa: Clear  
Nataraja: Clear  
Moon – White

Sunrise: 6:27AM  
Sunset: 4:29PM

Creative Work Amrita Yoga

Until 4:29PM

Then Creative Work - Siddha Yoga

1 Thursday, November 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Sutra 207

Subhakrit 5124

Moon 11 - Phase 29 - 1st Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Wrishabha Rasi: 16.52 Tithi 17 – 18

732276574

Gulika 8:58AM – 10:13AM  
Yama 6:28AM – 7:43AM  
Rahu 12:43PM – 1:58PM

Rohini Until 6:39PM  
Parigha\* Until 10:42AM  
Vanija Until 8:56PM

Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 6:28AM  
Sunset: 4:27PM

Routine Work Marana Yoga

2 Friday, November 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Buffalo, NY

Sutra 208

Subhakrit 5124

Moon 11 - Phase 29 - 2nd Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Wrishabha Rasi: 29.04 Tithi 18 – 19

732276574

Gulika 7:44AM – 8:59AM  
Yama 1:57PM – 3:12PM  
Rahu 10:13AM – 11:28AM

Mrigashira Until 9:05PM  
Shiva Until 11:00AM  
Bava Until 10:55PM

Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 6:29AM  
Sunset: 4:27PM

Creative Work Siddha Yoga

3 Saturday, November 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sutra 209

Subhakrit 5124

Moon 11 - Phase 29 - 3rd Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Mithuna Rasi: 11.07 Tithi 19 – 20

732276574

Gulika 6:31AM – 7:45AM  
Yama 12:42PM – 1:57PM  
Rahu 8:59AM – 10:14AM

Ardra Until 11:39PM  
Siddha Until 11:34AM  
Kaulava Until 1:12AM Sun

Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 6:31AM  
Sunset: 4:26PM

Creative Work Siddha Yoga

4 Sunday, November 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Tailita/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY

Sutra 210

Subhakrit 5124

Moon 11 - Phase 29 - 4th Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Mithuna Rasi: 23.03 Tithi 20 – 21

742276574

Gulika 1:56PM – 3:10PM  
Yama 11:28AM – 12:42PM  
Rahu 3:10PM – 4:25PM

Punarvasu Until 2:45AM Mon  
Sadhya Until 12:19PM  
Gara Until 3:41AM Mon

Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 6:32AM  
Sunset: 4:25PM

Creative Work Siddha Yoga

5 Monday, November 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Buffalo, NY

Sutra 211

Subhakrit 5124

Moon 11 - Phase 29 - 5th Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Kataka Rasi: 4.56 Tithi 21 – 22

742376574

Gulika 12:42PM – 1:56PM  
Yama 10:14AM – 11:28AM  
Rahu 7:47AM – 9:01AM

Pushya Until 5:40AM Tue  
Subha Until 1:11PM  
Visti Until 6:09AM Tue

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 6:33AM  
Sunset: 4:24PM

Family Home Evening

Creative Work Siddha Yoga

6 Tuesday, November 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Buffalo, NY

Sutra 212

Subhakrit 5124

Moon 11 - Phase 29 - 6th Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Kataka Rasi: 16.49 Tithi 22

743376574

Gulika 11:28AM – 12:42PM  
Yama 9:01AM – 10:15AM  
Rahu 1:56PM – 3:09PM

Ashlesha\* Until 8:15AM Wed  
Sukla Until 1:57PM  
Visti Until 6:09AM

Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 6:34AM  
Sunset: 4:23PM

Creative Work Siddha Yoga

Wednesday, November 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sutra 213

Subhakrit 5124

Moon 11 - Phase 29 - 7th Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Kataka Rasi: 28.47 Tithi 23

743376574

Gulika 10:15AM – 11:29AM  
Yama 7:49AM – 9:02AM  
Rahu 11:29AM – 12:42PM

Ashlesha\* Until 8:15AM  
Brahma Until 2:33PM  
Balava Until 8:26AM

Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 6:35AM  
Sunset: 4:22PM

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Valdhriti\* Yoga Tailita/Gara Karana Navamyam Titau

Buffalo, NY

Sutra 214

Subhakrit 5124

Moon 11 - Phase 29 - 8th Phase

Devaloka Time: 3:PM to 6:PM

Devaloka Day

Simha Rasi: 10.53 Tithi 24

753376575

Gulika 9:03AM – 10:16AM  
Yama 6:37AM – 7:50AM  
Rahu 12:42PM – 1:55PM

Magha\* Until 10:47AM  
Indra Until 2:49PM  
Tailita Until 10:19AM

Ganesha: Orange  
Muruqa: Clear  
Nataraja: Purple  
Moon – Red

Sunrise: 6:37AM  
Sunset: 4:21PM

Creative Work Amrita Yoga

Until 10:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda


<b>1</b>		<b>Friday, November 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Buffalo, NY
Simha Rasi: 23.13	Tithi 25	753376575	<b>Gulika</b> 7:51AM – 9:03AM <b>Yama</b> 1:55PM – 3:07PM <b>Rahu</b> 10:16AM – 11:29AM	<b>Purvaphalguni</b> Until 12:35PM Vaidhriti* Until 2:37PM Vanija Until 11:37AM <b>Dashami</b> Until 12:00AM Sat	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 4:20PM	Sun 9	Sutra 215 Subhakrit 5124 Moon 11 - Phase 30 - 9 2nd Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Karttika-Karttikai

<b>2</b>		<b>Saturday, November 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadashyam Titau				Buffalo, NY
Kanya Rasi: 5.51	Tithi 26	753376575	<b>Gulika</b> 6:39AM – 7:52AM <b>Yama</b> 12:42PM – 1:54PM <b>Rahu</b> 9:04AM – 10:17AM	<b>Uttaraphalguni</b> Until 1:34PM Vishkambha* Until 1:53PM Bava Until 12:13PM <b>Ekadashi*</b> Until 12:13AM Sun	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 4:19PM	Sun 10	Sutra 216 Subhakrit 5124 Moon 11 - Phase 30 - 10 2nd Phase
Routine Work	Marana Yoga							<b>Sivaloka Day</b> Karttika-Karttikai

<b>3</b>		<b>Sunday, November 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Buffalo, NY
Kanya Rasi: 18.5	Tithi 27	763376575	<b>Gulika</b> 1:54PM – 3:06PM <b>Yama</b> 11:30AM – 12:42PM <b>Rahu</b> 3:06PM – 4:19PM	<b>Hasta</b> Until 2:07PM Priti Until 12:33PM Kaulava Until 12:03PM <b>Dvadashti*</b> Until 11:40PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 4:19PM	Sun 11	Sutra 217 Subhakrit 5124 Moon 11 - Phase 30 - 11 2nd Phase
Creative Work	Amrita Yoga							<b>Devaloka Day</b> Karttika-Karttikai
Until 2:07PM								
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Monday, November 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Buffalo, NY
Tula Rasi: 2.14	Tithi 28	763376575	<b>Gulika</b> 12:42PM – 1:54PM <b>Yama</b> 10:18AM – 11:30AM <b>Rahu</b> 7:54AM – 9:06AM	<b>Chitra</b> Until 1:45PM Ayushman Until 10:36AM Gara Until 11:07AM <b>Trayodashi*</b> Until 10:22PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 4:18PM	Sun 12	Sutra 218 Subhakrit 5124 Moon 11 - Phase 30 - 12 2nd Phase
<b>Family Home Evening</b>	Prabalarishta Yoga							<b>Devaloka Day</b> Karttika-Karttikai
Routine Work								
Until 1:45PM								
Then Creative Work - Amrita Yoga								<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Tuesday, November 22, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Buffalo, NY
Tula Rasi: 16.03	Tithi 29	763376575	<b>Gulika</b> 11:30AM – 12:42PM <b>Yama</b> 9:06AM – 10:18AM <b>Rahu</b> 1:54PM – 3:06PM	<b>Svati</b> Until 12:34PM Saubhagya Until 8:07AM Visti Until 9:30AM <b>Chaturdashi*</b> Until 8:26PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 4:17PM	Sun 13	Sutra 219 Subhakrit 5124 Moon 11 - Phase 30 - 13 2nd Phase
Creative Work	Siddha Yoga							<b>Devaloka Day</b> Karttika-Karttikai
Until 12:34PM								<b>Tour Day</b>
Then Routine Work - Marana Yoga								



		<b>Wednesday, November 23, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Buffalo, NY
<b>Retreat Star</b>			<b>Gulika</b> 10:19AM – 11:30AM <b>Yama</b> 7:56AM – 9:07AM <b>Rahu</b> 11:30AM – 12:42PM	<b>Vishakha</b> Until 11:07AM Athiganda* Until 1:48AM Thu Catuspada Until 7:16AM <b>Amavasya*</b> Until 5:58PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:44AM <b>Sunset:</b> 4:17PM	Sun 14	Sutra 220 Subhakrit 5124 Moon 11 - Phase 30 - 14 Amavasya
Vrishchika Rasi: 0.15	Tithi 30 – 1	773376575						<b>Devaloka Day</b> Karttika-Karttikai
Creative Work	Siddha Yoga							

<b>Thursdays</b>		<b>Thursday, November 24, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Buffalo, NY
<b>Retreat Star</b>			<b>Gulika</b> 9:08AM – 10:19AM <b>Yama</b> 6:45AM – 7:56AM <b>Rahu</b> 12:42PM – 1:53PM	<b>Anuradha</b> Until 9:06AM Sukarma Until 10:11PM Balava Until 1:39AM Fri <b>Prathama*</b> Until 3:08PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:45AM <b>Sunset:</b> 4:16PM	Sun 15	Sutra 221 Subhakrit 5124 Moon 11 - Phase 30 - 15 Prathama
Vrishchika Rasi: 14.46	Tithi 1 – 2	773376575						<b>Devaloka Day</b> Margasira-Karttikai
Creative Work	Siddha Yoga							
Until 9:06AM								
Then Routine Work - Prabalarishta Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Friday, November 25, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sun 16 Sutra 222 Subhakrit 5124
Vrischika Rasi: 29.29	Tithi 2 - 3	<b>Gulika</b> 7:57AM - 9:09AM	<b>Jyeshtha* Until 6:41AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:46AM	
		Yama 1:53PM - 3:04PM	Dhriti Until 6:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 11 - Phase 31 - 16
		773376575 <b>Rahu</b> 10:20AM - 11:31AM	Taitila Until 10:32PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 12:05PM</b>	Moon - Orange		<b>Devaloka Day</b>
Until 6:41AM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						
<b>2</b>		<b>Saturday, November 26, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Buffalo, NY Sun 17 Sutra 223 Subhakrit 5124
Dhanus Rasi: 14.17	Tithi 3 - 4	<b>Gulika</b> 6:47AM - 7:58AM	<b>Purvashadha* Until 2:06AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:47AM	
		Yama 12:42PM - 1:53PM	Shula* Until 2:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 11 - Phase 31 - 17
		783376575 <b>Rahu</b> 9:09AM - 10:20AM	Vanija Until 7:26PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:57AM</b>	Moon - Light Blue		<b>Devaloka Day</b>
Until 2:06AM Sun				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						
<b>3</b>		<b>Sunday, November 27, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau		Buffalo, NY Sun 18 Sutra 224 Subhakrit 5124
Dhanus Rasi: 29.02	Tithi 5	<b>Gulika</b> 1:53PM - 3:04PM	<b>Uttarashadha Until 11:49PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:49AM	
		Yama 11:32AM - 12:42PM	Ganda* Until 11:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 11 - Phase 31 - 18
		783376575 <b>Rahu</b> 3:04PM - 4:15PM	Bava Until 4:29PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 3:04AM Mon</b>	Moon - Light Blue		<b>Devaloka Day</b>
				Margasira-Karttikai		
<b>4</b>		<b>Monday, November 28, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Buffalo, NY Sun 19 Sutra 225 Subhakrit 5124
Makara Rasi: 13.39	Tithi 6	<b>Gulika</b> 12:42PM - 1:53PM	<b>Shravana Until 10:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:50AM	
<b>Family Home Evening</b>		Yama 10:21AM - 11:32AM	Vridhi Until 7:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM	Moon 11 - Phase 31 - 19
Creative Work	Amrita Yoga	793376575 <b>Rahu</b> 8:00AM - 9:11AM	Kaulava Until 1:47PM	<b>Nataraja:</b> Purple		3rd Phase
Until 10:06PM			<b>Shashthi* Until 12:34AM Tue</b>	Moon - Purple		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				Margasira-Karttikai		
<b>5</b>		<b>Tuesday, November 29, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saplamyam Titau		Buffalo, NY Sun 20 Sutra 226 Subhakrit 5124
Makara Rasi: 28.01	Tithi 7	<b>Gulika</b> 11:32AM - 12:43PM	<b>Dhanishtha Until 8:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	
		Yama 9:11AM - 10:22AM	Vyaghata* Until 1:29AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM	Moon 11 - Phase 31 - 20
		794376575 <b>Rahu</b> 1:53PM - 3:03PM	Gara Until 11:28AM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 10:28PM</b>	Moon - Purple		<b>Sivaloka Day</b>
Until 8:39PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						
<b>Retreat Star</b>		<b>Wednesday, November 30, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Buffalo, NY Sun 21 Sutra 227 Subhakrit 5124
Kumbha Rasi: 12.06	Tithi 8	<b>Gulika</b> 10:22AM - 11:33AM	<b>Shatabhishak Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:52AM	
		Yama 8:02AM - 9:12AM	Harshana Until 11:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 31 - 21
		794376575 <b>Rahu</b> 11:33AM - 12:43PM	Visti Until 9:37AM	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:51PM</b>	Moon - Purple		<b>Sivaloka Day</b>
Until 7:32PM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						
<b>Retreat Star</b>		<b>Thursday, December 1, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau		Buffalo, NY Sun 22 Sutra 228 Subhakrit 5124
Kumbha Rasi: 25.52	Tithi 9	<b>Gulika</b> 9:13AM - 10:23AM	<b>Purvaproshtapada* Until 7:12PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:53AM	
		Yama 6:53AM - 8:03AM	Vajra* Until 8:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Moon 11 - Phase 31 - 22
		714376575 <b>Rahu</b> 12:43PM - 1:53PM	Balava Until 8:15AM	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 7:45PM</b>	Moon - Clear		<b>Sivaloka Day</b>
				Margasira-Karttikai		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>Friday, December 2, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 23 Sutra 229 Subhakrit 5124
<b>1</b>	Meena Rasi: 9.2 Tithi 10 714376575	<b>Gulika</b> 8:04AM – 9:14AM Yama 1:53PM – 3:03PM <b>Rahu</b> 10:24AM – 11:33AM	<b>Uttaraproshtpada</b> Until 7:14PM Siddhi Until 7:18PM Taitila Until 7:25AM <b>Dashami</b> Until 7:10PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Clear Margasira-Karttikai	<b>Sunrise:</b> 6:54AM <b>Sunset:</b> 4:13PM	Moon 11 - Phase 32 - 23 4th Phase <b>Sivaloka Day</b>
<b>Saturday, December 3, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 230 Subhakrit 5124
<b>2</b>	Meena Rasi: 22.32 Tithi 11 714376575	<b>Gulika</b> 6:55AM – 8:05AM Yama 12:43PM – 1:53PM <b>Rahu</b> 9:14AM – 10:24AM	<b>Revati</b> Until 7:37PM Vyatipata* Until 6:04PM Vanija Until 7:05AM <b>Ekadashi</b> Until 7:06PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Clear Margasira-Karttikai	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 4:13PM	Moon 11 - Phase 32 - 24 4th Phase <b>Sivaloka Day</b>
<b>Sunday, December 4, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Buffalo, NY Sun 25 Sutra 231 Subhakrit 5124
<b>3</b>	Mesha Rasi: 5.29 Tithi 12 724376575	<b>Gulika</b> 1:53PM – 3:03PM Yama 11:34AM – 12:44PM <b>Rahu</b> 3:03PM – 4:12PM	<b>Ashvini</b> Until 8:45PM Varyan Until 5:10PM Bava Until 7:15AM <b>Dvodashi</b> Until 7:30PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – White Margasira-Karttikai	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 4:12PM	Moon 11 - Phase 32 - 25 4th Phase <b>Devaloka Day</b>
<b>Monday, December 5, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 232 Subhakrit 5124
<b>4</b>	Mesha Rasi: 18.12 Tithi 13 724376575	<b>Gulika</b> 12:44PM – 1:53PM Yama 10:25AM – 12:44PM <b>Rahu</b> 8:06AM – 9:16AM	<b>Bharani</b> Until 10:09PM Parigha* Until 4:37PM Kaulava Until 7:53AM <b>Trayodashi</b> Until 8:20PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – White Margasira-Karttikai	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 4:12PM	Moon 11 - Phase 32 - 26 4th Phase <b>Devaloka Day</b>
<b>Tuesday, December 6, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 233 Subhakrit 5124
<b>5</b>	Vrishabha Rasi: 0.44 Tithi 14 724376575	<b>Gulika</b> 11:35AM – 12:44PM Yama 9:17AM – 10:26AM <b>Rahu</b> 1:54PM – 3:03PM	<b>Krittika</b> Until 11:47PM Shiva Until 4:23PM Gara Until 8:56AM <b>Chaturdashi*</b> Until 9:35PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – White Margasira-Karttikai	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 4:12PM	Moon 11 - Phase 32 - 27 4th Phase <b>Devaloka Day</b> <b>Tour Day</b>
<b>Wednesday, December 7, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY Sun 28 Sutra 234 Subhakrit 5124
	Vrishabha Rasi: 13.05 Tithi 15 734376575	<b>Gulika</b> 10:26AM – 11:35AM Yama 8:08AM – 9:17AM <b>Rahu</b> 11:35AM – 12:45PM	<b>Rohini</b> Until 2:05AM Thu Siddha Until 4:25PM Visti Until 10:22AM <b>Purnima*</b> Until 11:12PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow Margasira-Karttikai	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:12PM	Moon 11 - Phase 32 - Purnima <b>Sivaloka Day</b>
<b>Thursday, December 8, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sun 29 Sutra 235 Subhakrit 5124
	Vrishabha Rasi: 25.18 Tithi 16 734376575	<b>Gulika</b> 9:18AM – 10:27AM Yama 7:00AM – 8:09AM <b>Rahu</b> 12:45PM – 1:54PM	<b>Mrigashira</b> Until 4:32AM Fri Sadhya Until 4:43PM Balava Until 12:10PM <b>Prathama*</b> Until 1:09AM Fri	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow Margasira-Karttikai	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 4:12PM	Moon 11 - Phase 32 - Prathama <b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda





**Friday, December 9, 2022**  
**Gold Retreat Star**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Tautila/Gara Karana Dvitiyayam Titau

Buffalo, NY  
Sutra 236

Mithuna Rasi: 7.23      Tithi 17  
734476575  
Creative Work    Siddha Yoga

**Gulika**    8:10AM – 9:19AM  
Yama       1:54PM – 3:03PM  
**Rahu**      10:27AM – 11:36AM

**Ardra Until 7:03AM Sat**  
Subha Until 5:14PM  
Tautila Until 2:15PM  
**Dvitiya Until 3:22AM Sat**

**Ganesha:** Red      *Sunrise:* 7:01AM  
**Muruqa:** Clear     *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 -  
1st Phase

**Sivaloka Day**

**1**

**Saturday, December 10, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Buffalo, NY  
Sun 1      Sutra 237

Mithuna Rasi: 19.23      Tithi 18  
734476575  
Creative Work    Siddha Yoga

**Gulika**    7:02AM – 8:10AM  
Yama       12:46PM – 1:54PM  
**Rahu**      9:19AM – 10:28AM

**Ardra Until 7:03AM**  
Sukla Until 5:54PM  
Vanija Until 4:35PM  
**Tritiya Until 5:47AM Sun**

**Ganesha:** Red      *Sunrise:* 7:02AM  
**Muruqa:** Clear     *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Yellow  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 - 1  
1st Phase

**Sivaloka Day**

**2**

**Sunday, December 11, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Bava Karana Chaturthayam Titau

Buffalo, NY  
Sun 2      Sutra 238

Kataka Rasi: 1.17      Tithi 19  
744476575  
Creative Work    Siddha Yoga

**Gulika**    1:55PM – 3:03PM  
Yama       11:37AM – 12:46PM  
**Rahu**      3:03PM – 4:12PM

**Punarvasu Until 10:06AM**  
Brahma Until 6:42PM  
Bava Until 7:04PM  
**Chaturthi\* Until 8:19AM Mon**

**Ganesha:** Green     *Sunrise:* 7:03AM  
**Muruqa:** Clear     *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 - 2  
1st Phase

**Sivaloka Day**

**Devaloka Day**

**3**

**Monday, December 12, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY  
Sun 3      Sutra 239

Kataka Rasi: 13.1      Tithi 19 – 20  
745476575  
**Family Home Evening**  
Creative Work    Siddha Yoga

**Gulika**    12:46PM – 1:55PM  
Yama       10:29AM – 11:38AM  
**Rahu**      8:12AM – 9:21AM

**Pushya Until 1:03PM**  
Indra Until 7:33PM  
Kaulava Until 9:36PM  
**Chaturthi\* Until 8:19AM**

**Ganesha:** White     *Sunrise:* 7:03AM  
**Muruqa:** Clear     *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 - 3  
1st Phase

**Devaloka Day**

**4**

**Tuesday, December 13, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhrili\* Yoga Tautila/Gara Karana Panchami/Shashthyam Titau

Buffalo, NY  
Sun 4      Sutra 240

Kataka Rasi: 25.02      Tithi 20 – 21  
745476575  
Creative Work    Siddha Yoga

**Gulika**    11:38AM – 12:47PM  
Yama       9:21AM – 10:30AM  
**Rahu**      1:55PM – 3:04PM

**Ashlesha\* Until 3:48PM**  
Vaidhrili\* Until 8:19PM  
Gara Until 12:03AM Wed  
**Panchami Until 10:49AM**

**Ganesha:** White     *Sunrise:* 7:04AM  
**Muruqa:** Clear     *Sunset:* 4:12PM  
**Nataraja:** Purple  
Moon – Blue  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 - 4  
1st Phase

**Devaloka Day**

**Tour Day**

**5**

**Wednesday, December 14, 2022**

Subhakarit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Buffalo, NY  
Sun 5      Sutra 241

Simha Rasi: 6.58      Tithi 21 – 22  
755476575  
Creative Work    Siddha Yoga  
Until 6:42PM  
Then Creative Work - Amrita Yoga

**Gulika**    10:30AM – 11:39AM  
Yama       8:13AM – 9:22AM  
**Rahu**      11:39AM – 12:47PM

**Magha\* Until 6:42PM**  
Vishkambha\* Until 8:55PM  
Visli Until 2:14AM Thu  
**Shashthi\* Until 1:10PM**

**Ganesha:** Clear      *Sunrise:* 7:05AM  
**Muruqa:** Clear      *Sunset:* 4:13PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Karttikai

Subhakarit 5124  
Moon 12 - Phase 33 - 5  
1st Phase

**Sivaloka Day**

**6**

**Thursday, December 15, 2022**

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY  
Sun 6      Sutra 242

Simha Rasi: 19.01      Tithi 22 – 23  
755476575  
Creative Work    Siddha Yoga

**Gulika**    9:22AM – 10:31AM  
Yama       7:06AM – 8:14AM  
**Rahu**      12:48PM – 1:56PM

**Purvaphalguni Until 9:02PM**  
Priti Until 9:13PM  
Balava Until 3:57AM Fri  
**Saptami Until 3:08PM**

**Ganesha:** Clear      *Sunrise:* 7:06AM  
**Muruqa:** Clear      *Sunset:* 4:13PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

Subhakarit 5124  
Moon 12 - Phase 33 - 6  
1st Phase

**Sivaloka Day**

**Markali Pillaiyar**

**Retreat Star**

**Friday, December 16, 2022**

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Kaulava/Tautila Karana Ashtami/Navamyam Titau

Buffalo, NY  
Sun 7      Sutra 243

Kanya Rasi: 1.16      Tithi 23 – 24  
855476575  
Creative Work    Siddha Yoga  
Until 10:38PM  
Then Creative Work - Amrita Yoga

**Gulika**    8:15AM – 9:23AM  
Yama       1:56PM – 3:05PM  
**Rahu**      10:31AM – 11:40AM

**Uttaraphalguni Until 10:38PM**  
Ayushman Until 9:02PM  
Tautila Until 5:01AM Sat  
**Ashtami\* Until 4:33PM**

**Ganesha:** White     *Sunrise:* 7:06AM  
**Muruqa:** Clear     *Sunset:* 4:13PM  
**Nataraja:** Purple  
Moon – Red  
Margasira-Markali

Subhakarit 5124  
Moon 12 - Phase 33 - 7  
Ashtami

**Devaloka Day**

**Saturday, December 17, 2022**

**Retreat Star**

Subhakarit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Buffalo, NY  
Sun 8      Sutra 244

Kanya Rasi: 13.47      Tithi 24 – 25  
865476575  
Routine Work    Marana Yoga

**Gulika**    7:07AM – 8:15AM  
Yama       12:48PM – 1:57PM  
**Rahu**      9:24AM – 10:32AM

**Hasta Until 11:49PM**  
Saubhagya Until 8:17PM  
Vanija Until 5:17AM Sun  
**Navami\* Until 5:14PM**

**Ganesha:** Clear      *Sunrise:* 7:07AM  
**Muruqa:** Clear      *Sunset:* 4:13PM  
**Nataraja:** Purple  
Moon – Green  
Margasira-Markali

Subhakarit 5124  
Moon 12 - Phase 33 - 8  
Navami

**Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20


www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, December 18, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
			Chitra Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 245
	Kanya Rasi: 26.41	Tithi 25 – 26	<b>Gulika</b> 1:57PM – 3:05PM	<b>Chitra</b> Until 12:01AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
	865476575	<b>Rahu</b> 3:05PM – 4:14PM	Yama 11:41AM – 12:49PM	Sobhana Until 6:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 34 - 9
Creative Work Siddha Yoga		Bava Until 4:42AM Mon		<b>Nataraja:</b> Purple		2nd Phase	
Until 12:01AM Mon		<b>Dashami</b> Until 5:05PM		Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				Margasira*Markali			

<b>2</b>	<b>Monday, December 19, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
			Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 246
	Tula Rasi: 10.01	Tithi 26 – 27	<b>Gulika</b> 12:49PM – 1:58PM	<b>Svati</b> Until 11:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
	865476575	<b>Rahu</b> 8:17AM – 9:25AM	Yama 10:33AM – 11:41AM	Athiganda* Until 4:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 34 - 10
Family Home Evening		Kaulava Until 3:17AM Tue		<b>Nataraja:</b> Purple		2nd Phase	
Creative Work Amrita Yoga		<b>Ekadashi*</b> Until 4:04PM		Moon – Green		<b>Sivaloka Day</b>	
Until 11:15PM				Margasira*Markali			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Tuesday, December 20, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Buffalo, NY
			Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 247
	Tula Rasi: 23.5	Tithi 27 – 28	<b>Gulika</b> 11:42AM – 12:50PM	<b>Vishakha</b> Until 10:01PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
	875476575	<b>Rahu</b> 1:58PM – 3:06PM	Yama 9:25AM – 10:33AM	Sukarma Until 2:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 34 - 11
Routine Work Marana Yoga		Gara Until 1:06AM Wed		<b>Nataraja:</b> Purple		2nd Phase	
Until 10:01PM		<b>Dvadashi*</b> Until 2:15PM		Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				Margasira*Markali			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Wednesday, December 21, 2022</b>		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Buffalo, NY
			Anuradha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 248
	Vrischika Rasi: 8.07	Tithi 28 – 29	<b>Gulika</b> 10:34AM – 11:42AM	<b>Anuradha</b> Until 8:00PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
	876476575	<b>Rahu</b> 11:42AM – 12:50PM	Yama 8:18AM – 9:26AM	Dhriti Until 10:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 34 - 12
Creative Work Siddha Yoga		Visti Until 10:18PM		<b>Nataraja:</b> Purple		2nd Phase	
		<b>Trayodashi*</b> Until 11:45AM		Moon – Orange		<b>Sivaloka Day</b>	
				Margasira*Markali			
		<b>Day 1 of Pancha Ganapati</b>					

	<b>Thursday, December 22, 2022</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
			Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 249
	Vrischika Rasi: 22.5	Tithi 29 – 30	<b>Gulika</b> 9:26AM – 10:35AM	<b>Jyeshtha*</b> Until 5:22PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
	876476575	<b>Rahu</b> 12:51PM – 1:59PM	Yama 7:10AM – 8:18AM	Shula* Until 7:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 34 - 13
Routine Work Prabalarishta Yoga		Catuspada Until 7:02PM		<b>Nataraja:</b> Purple		Amavasya	
Until 5:22PM		<b>Chaturdashi*</b> Until 8:42AM		Moon – Orange		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				Margasira*Markali			
		<b>Day 2 of Pancha Ganapati</b>					

<b>Retreat Star</b>	<b>Friday, December 23, 2022</b>		Subhakrit Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Buffalo, NY
			Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 250
	Dhanus Rasi: 7.5	Tithi 1	<b>Gulika</b> 8:19AM – 9:27AM	<b>Mula*</b> Until 2:42PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
	886476575	<b>Rahu</b> 10:35AM – 11:43AM	Yama 2:00PM – 3:08PM	Vriddhi Until 10:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 34 - 14
Creative Work Amrita Yoga		Kintughna Until 3:29PM		<b>Nataraja:</b> Purple		Prathama	
Until 2:42PM		<b>Prathama*</b> Until 1:38AM Sat		Moon – Light Blue		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				Pausha*Markali			

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 24, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantā Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau			Buffalo, NY Sun 15 Sutra 251 Subhakrit 5124
Dhanus Rasi: 23	Tithi 2	<b>Gulika</b> 7:11AM – 8:19AM	<b>Purvashadha* Until 11:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM		
		Yama 12:52PM – 2:00PM	Dhruva Until 6:40PM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 35 - 15	
		886486575 <b>Rahu</b> 9:27AM – 10:35AM	Balava Until 11:49AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Light Blue			<b>Subha Sivaloka Day</b>
Until 11:46AM		<b>Day 4 of Pancha Ganapati</b>	<b>Dvitiya Until 9:58PM</b>	<b>Pausha*Markali</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, December 25, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau			Buffalo, NY Sun 16 Sutra 252 Subhakrit 5124
Makara Rasi: 8.1	Tithi 3	<b>Gulika</b> 2:01PM – 3:09PM	<b>Uttarashadha Until 8:46AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM		
		Yama 11:44AM – 12:52PM	Vyaghata* Until 2:30PM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:17PM	Moon 12 - Phase 35 - 16	
		886486575 <b>Rahu</b> 3:09PM – 4:17PM	Taitila Until 8:11AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga			Moon – Light Blue			<b>Subha Sivaloka Day</b>
		<b>Day 5 of Pancha Ganapati</b>	<b>Tritiya Until 6:26PM</b>	<b>Pausha*Markali</b>			

<b>3</b>		<b>Monday, December 26, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau			Buffalo, NY Sun 17 Sutra 253 Subhakrit 5124
Makara Rasi: 23.1	Tithi 4 – 5	<b>Gulika</b> 12:53PM – 2:01PM	<b>Shravana Until 6:15AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM		
<b>Family Home Evening</b>		Yama 10:36AM – 11:45AM	Harshana Until 10:35AM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:18PM	Moon 12 - Phase 35 - 17	
		896486576 <b>Rahu</b> 8:20AM – 9:28AM	Bava Until 1:47AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Purple			<b>Sivaloka Day</b>
Until 6:15AM		<b>Chaturthi* Until 3:13PM</b>		<b>Pausha*Markali</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, December 27, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Buffalo, NY Sun 18 Sutra 254 Subhakrit 5124
Kumbha Rasi: 7.52	Tithi 5 – 6	<b>Gulika</b> 11:45AM – 12:54PM	<b>Shatabhishak Until 2:08AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:12AM		
		Yama 9:29AM – 10:37AM	Vajra* Until 6:58AM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:19PM	Moon 12 - Phase 35 - 18	
		896486576 <b>Rahu</b> 2:02PM – 3:10PM	Kaulava Until 11:18PM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Marana Yoga			Moon – Purple			<b>Sivaloka Day</b>
Until 2:08AM Wed		<b>Panchami Until 12:27PM</b>		<b>Pausha*Markali</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, December 28, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Buffalo, NY Sun 19 Sutra 255 Subhakrit 5124
Kumbha Rasi: 22.11	Tithi 6 – 7	<b>Gulika</b> 10:37AM – 11:46AM	<b>Purvaproshtapada* Until 1:12AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM		
		Yama 8:21AM – 9:29AM	Vyatipata* Until 1:14AM Thu	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:19PM	Moon 12 - Phase 35 - 19	
		817486576 <b>Rahu</b> 11:46AM – 12:54PM	Gara Until 9:27PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Clear			<b>Devaloka Day</b>
Until 1:12AM Thu		<b>Vinayaga Viratam Ends</b>	<b>Shashthi* Until 10:16AM</b>	<b>Pausha*Markali</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, December 29, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visiti* Karana Saptami/Ashlmyam Titau			Buffalo, NY Sun 20 Sutra 256 Subhakrit 5124
Meena Rasi: 6.04	Tithi 7 – 8	<b>Gulika</b> 9:29AM – 10:38AM	<b>Uttaraproshtapada Until 12:51AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:12AM		
		Yama 7:12AM – 8:21AM	Variyan Until 11:11PM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:20PM	Moon 12 - Phase 35 - 20	
		817486576 <b>Rahu</b> 12:55PM – 2:03PM	Visti Until 8:20PM	<b>Nataraja:</b> Clear		Ashtami	
Creative Work	Siddha Yoga			Moon – Clear			<b>Devaloka Day</b>
		<b>Saptami Until 8:47AM</b>		<b>Pausha*Markali</b>			

<b>Retreat Star</b>		<b>Friday, December 30, 2022</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Buffalo, NY Sun 21 Sutra 257 Subhakrit 5124
Meena Rasi: 19.31	Tithi 8 – 9	<b>Gulika</b> 8:21AM – 9:30AM	<b>Revati Until 1:04AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:13AM		
		Yama 2:04PM – 3:12PM	Parigha* Until 9:44PM	<b>Muruḡa:</b> Purple	<i>Sunset:</i> 4:21PM	Moon 12 - Phase 35 - 21	
		817486576 <b>Rahu</b> 10:38AM – 11:47AM	Balava Until 7:57PM	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga			Moon – Clear			<b>Devaloka Day</b>
		<b>Ashtami* Until 8:02AM</b>		<b>Pausha*Markali</b>			

<b>1</b>	<b>Saturday, December 31, 2022</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam				Buffalo, NY
	Ashvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22		Sutra 258		Subhakit 5124
Mesha Rasi: 2.34	Tithi 9 – 10	<b>Gulika</b> 7:13AM – 8:21AM	<b>Ashvini Until 2:16AM Sun</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:13AM		
		Yama 12:56PM – 2:04PM	Shiva Until 8:51PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:22PM	Moon 12 - Phase 36 - 22	4th Phase
	827486576	<b>Rahu</b> 9:30AM – 10:39AM	Taitila Until 8:17PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Navami* Until 8:01AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 2:16AM Sun				<b>Pausha-Markali</b>			
Then Routine Work - Prabalarishta Yoga							


<b>2</b>	<b>Sunday, January 1, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
	Bharani Nakshatra Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Sun 23		Sutra 259		Subhakit 5124
Mesha Rasi: 15.17	Tithi 10 – 11	<b>Gulika</b> 2:05PM – 3:14PM	<b>Bharani Until 3:53AM Mon</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:13AM		
		Yama 11:48AM – 12:56PM	Siddha Until 8:24PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:22PM	Moon 12 - Phase 36 - 23	4th Phase
	827486576	<b>Rahu</b> 3:14PM – 4:22PM	Vanija Until 9:16PM	<b>Nataraja:</b> Clear			
Routine Work	Prabalarishta Yoga		<b>Dashami Until 8:41AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 3:53AM Mon		<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Monday, January 2, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Buffalo, NY
	Krittika Nakshatra Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Sun 24		Sutra 260		Subhakit 5124
Mesha Rasi: 27.45	Tithi 11 – 12	<b>Gulika</b> 12:57PM – 2:06PM	<b>Krittika Until 5:47AM Tue</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:13AM		
<b>Family Home Evening</b>		Yama 10:39AM – 11:48AM	Sadhya Until 8:22PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:23PM	Moon 12 - Phase 36 - 24	4th Phase
	827486576	<b>Rahu</b> 8:22AM – 9:31AM	Bava Until 10:44PM	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Ekadashi Until 9:55AM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 5:47AM Tue				<b>Pausha-Markali</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Tuesday, January 3, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Buffalo, NY
	Rohini Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 25		Sutra 261		Subhakit 5124
Vrishabha Rasi: 10.01	Tithi 12 – 13	<b>Gulika</b> 11:49AM – 12:58PM	<b>Rohini Until 8:21AM Wed</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:13AM		
		Yama 9:31AM – 10:40AM	Subha Until 8:38PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:24PM	Moon 12 - Phase 36 - 25	4th Phase
	837586576	<b>Rahu</b> 2:06PM – 3:15PM	Kaulava Until 12:35AM Wed	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Dvadashi Until 11:36AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
Until 8:21AM Wed				<b>Pausha-Markali</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Wednesday, January 4, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Buffalo, NY
	Rohini/Mrigashira Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 26		Sutra 262		Subhakit 5124
Vrishabha Rasi: 22.08	Tithi 13 – 14	<b>Gulika</b> 10:40AM – 11:49AM	<b>Rohini Until 8:21AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 7:13AM		
		Yama 8:22AM – 9:31AM	Sukla Until 9:05PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:25PM	Moon 12 - Phase 36 - 26	4th Phase
	838586576	<b>Rahu</b> 11:49AM – 12:58PM	Gara Until 2:43AM Thu	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Trayodashi Until 1:36PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>			

<b>6</b>	<b>Thursday, January 5, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Buffalo, NY
	Mrigashira/Ardra Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sun 27		Sutra 263		Subhakit 5124
Mithuna Rasi: 4.1	Tithi 14 – 15	<b>Gulika</b> 9:31AM – 10:40AM	<b>Mrigashira Until 10:59AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 7:13AM		
		Yama 7:13AM – 8:22AM	Brahma Until 9:42PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:26PM	Moon 12 - Phase 36 - 27	4th Phase
	838586576	<b>Rahu</b> 12:59PM – 2:08PM	Visti Until 5:01AM Fri	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Chaturdashi* Until 3:50PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Subramuniyaswami Jayanti</b>		<b>Pausha-Markali</b>			

	<b>Friday, January 6, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Buffalo, NY
	<b>Copper Retreat Star</b>		Ardra/Punarvasu Nakshatra Indra Yoga Bava Karana Purnimayam Titau		Sun 27		Sutra 264
Mithuna Rasi: 16.08	Tithi 15	<b>Gulika</b> 8:22AM – 9:32AM	<b>Ardra Until 1:36PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 7:13AM		
		Yama 2:09PM – 3:18PM	Indra Until 10:25PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:27PM	Moon 12 - Phase 36 -	Purnima
	838586576	<b>Rahu</b> 10:41AM – 11:50AM	Bava Until 6:12PM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Purnima* Until 6:12PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Pausha-Markali</b>			
		<b>Ardra Darshanam</b>					

<b>7</b>	<b>Saturday, January 7, 2023</b>		Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam				Buffalo, NY
	<b>Silver Retreat Star</b>		Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 28		Sutra 265
Mithuna Rasi: 28.03	Tithi 16	<b>Gulika</b> 7:13AM – 8:22AM	<b>Punarvasu Until 4:38PM</b>	<b>Ganesha:</b> Clear	<b>Sunrise:</b> 7:13AM		
		Yama 1:00PM – 2:09PM	Vaidhriti* Until 11:10PM	<b>Muruga:</b> Purple	<b>Sunset:</b> 4:28PM	Moon 12 - Phase 36 -	Prathama
	848586576	<b>Rahu</b> 9:32AM – 10:41AM	Balava Until 7:26AM	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Prathama* Until 8:39PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Pausha-Markali</b>			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Sunday, January 8, 2023**  
**Gold Retreat Star**

Kataka Rasi: 9.56      Tithi 17  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 2:10PM – 3:20PM      **Pushya Until 7:33PM**  
Yama 11:51AM – 1:00PM      Vishkambha\* Until 11:57PM  
**Rahu** 3:20PM – 4:29PM      Taitila Until 9:55AM  
Dvitiya Until 11:09PM

Buffalo, NY  
Sun 1      Sutra 266  
Subhakit 5124  
Moon 1 - Phase 37 - 1  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:13AM  
**Muruqa:** Purple      *Sunset:* 4:29PM  
**Nataraja:** Clear  
Moon – Blue      **Sivaloka Day**  
Pausha-Markali

**1**

**Monday, January 9, 2023**

Kataka Rasi: 21.5      Tithi 18  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika** 1:01PM – 2:11PM      **Ashlesha\* Until 10:17PM**  
Yama 10:42AM – 11:51AM      Priti Until 12:45AM Tue  
**Rahu** 8:22AM – 9:32AM      Vanija Until 12:25PM  
Tritiya Until 1:37AM Tue

Buffalo, NY  
Sun 2      Sutra 267  
Subhakit 5124  
Moon 1 - Phase 37 - 2  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:13AM  
**Muruqa:** Purple      *Sunset:* 4:30PM  
**Nataraja:** Clear  
Moon – Blue      **Sivaloka Day**  
Pausha-Markali

**2**

**Tuesday, January 10, 2023**

Simha Rasi: 3.44      Tithi 19  
Creative Work      Siddha Yoga  
Until 1:16AM Wed  
Then Creative Work - Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 11:52AM – 1:02PM      **Magha\* Until 1:16AM Wed**  
Yama 9:32AM – 10:42AM      Ayushman Until 1:26AM Wed  
**Rahu** 2:11PM – 3:21PM      Bava Until 2:51PM  
Chaturthi\* Until 3:59AM Wed

Buffalo, NY  
Sun 3      Sutra 268  
Subhakit 5124  
Moon 1 - Phase 37 - 3  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:12AM  
**Muruqa:** Purple      *Sunset:* 4:31PM  
**Nataraja:** Clear  
Moon – Red      **Sivaloka Day**  
Pausha-Markali

**3**

**Wednesday, January 11, 2023**

Simha Rasi: 15.41      Tithi 20  
Creative Work      Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 10:42AM – 11:52AM      **Purvaphalguni Until 3:51AM Thu**  
Yama 8:22AM – 9:32AM      Saubhagya Until 1:58AM Thu  
**Rahu** 11:52AM – 1:02PM      Kaulava Until 5:07PM  
Panchami Until 6:07AM Thu

Buffalo, NY  
Sun 4      Sutra 269  
Subhakit 5124  
Moon 1 - Phase 37 - 4  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:12AM  
**Muruqa:** Purple      *Sunset:* 4:32PM  
**Nataraja:** Clear  
Moon – Red      **Sivaloka Day**  
Pausha-Markali

**4**

**Thursday, January 12, 2023**

Simha Rasi: 27.44      Tithi 20 – 21  
Amrita Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 9:32AM – 10:42AM      **Uttaraphalguni Until 5:55AM Fri**  
Yama 7:12AM – 8:22AM      Sobhana Until 2:13AM Fri  
**Rahu** 1:03PM – 2:13PM      Gara Until 7:03PM  
Panchami Until 6:07AM

Buffalo, NY  
Sun 5      Sutra 270  
Subhakit 5124  
Moon 1 - Phase 37 - 5  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:12AM  
**Muruqa:** Purple      *Sunset:* 4:32PM  
**Nataraja:** Clear  
Moon – Red      **Sivaloka Day**  
Pausha-Markali

**5**

**Friday, January 13, 2023**

Kanya Rasi: 9.56      Tithi 21 – 22  
Creative Work      Amrita Yoga  
Until 7:46AM Sat  
Then Routine Work - Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 8:22AM – 9:32AM      **Hasta Until 7:46AM Sat**  
Yama 2:14PM – 3:24PM      Athiganda\* Until 2:03AM Sat  
**Rahu** 10:43AM – 11:53AM      Visti Until 8:30PM  
Shashthi\* Until 7:50AM

Buffalo, NY  
Sun 6      Sutra 271  
Subhakit 5124  
Moon 1 - Phase 37 - 6  
1st Phase

**Ganesha:** Clear      *Sunrise:* 7:11AM  
**Muruqa:** Purple      *Sunset:* 4:34PM  
**Nataraja:** Clear  
Moon – Red      **Sivaloka Day**  
Pausha-Markali

**D**

**Saturday, January 14, 2023**  
**Retreat Star**

Kanya Rasi: 22.23      Tithi 22 – 23  
Routine Work      Marana Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 7:11AM – 8:22AM      **Hasta Until 7:46AM**  
Yama 1:04PM – 2:14PM      Sukarma Until 1:21AM Sun  
**Rahu** 9:32AM – 10:43AM      Balava Until 9:17PM  
Saptami Until 8:58AM

Buffalo, NY  
Sun 7      Sutra 272  
Subhakit 5124  
Moon 1 - Phase 37 - 7  
Ashtami

**Ganesha:** White      *Sunrise:* 7:11AM  
**Muruqa:** Purple      *Sunset:* 4:36PM  
**Nataraja:** Clear  
Moon – Green      **Subha Sivaloka Day**  
Pausha-Thai

**Sunday, January 15, 2023**

**Retreat Star**

Tula Rasi: 5.1      Tithi 23 – 24  
Creative Work      Siddha Yoga

Subhakit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 2:15PM – 3:26PM      **Chitra Until 8:45AM**  
Yama 11:54AM – 1:04PM      Dhriti Until 12:03AM Mon  
**Rahu** 3:26PM – 4:37PM      Taitila Until 9:15PM  
Ashtami\* Until 9:21AM

Buffalo, NY  
Sun 8      Sutra 273  
Subhakit 5124  
Moon 1 - Phase 37 - 8  
Navami

**Ganesha:** White      *Sunrise:* 7:11AM  
**Muruqa:** Purple      *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon – Green      **Subha Sivaloka Day**  
Pausha-Thai

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>Monday, January 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
		Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 274
<b>1</b>		<b>Gulika</b> 1:05PM – 2:16PM	<b>Svati</b> Until 8:46AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
Tula Rasi: 18.22	Tithi 24 – 25	Yama 10:43AM – 11:54AM	Shula* Until 10:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:38PM	Moon 1 - Phase 38 - 9
<b>Family Home Evening</b>	869586576	<b>Rahu</b> 8:21AM – 9:32AM	Vanija Until 8:23PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Navami*</b> Until 8:54AM	Moon – Green		<b>Subha Sivaloka Day</b>
Until 8:46AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Tuesday, January 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Buffalo, NY
		Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 275
<b>2</b>		<b>Gulika</b> 11:54AM – 1:06PM	<b>Vishakha</b> Until 8:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM	Subhakrit 5124
Vischika Rasi: 2.01	Tithi 25 – 26	Yama 9:32AM – 10:43AM	Ganda* Until 7:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:39PM	Moon 1 - Phase 38 - 10
	879586576	<b>Rahu</b> 2:17PM – 3:28PM	Bava Until 6:40PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 7:36AM	Moon – Orange		<b>Sivaloka Day</b>
Until 8:15AM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Buffalo, NY
		Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 276
<b>3</b>		<b>Gulika</b> 10:43AM – 11:55AM	<b>Anuradha</b> Until 6:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
Vischika Rasi: 16.1	Tithi 27	Yama 8:21AM – 9:32AM	Vriddhi Until 4:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:40PM	Moon 1 - Phase 38 - 11
	871586576	<b>Rahu</b> 11:55AM – 1:06PM	Kaulava Until 4:13PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 2:44AM Thu	Moon – Orange		<b>Sivaloka Day</b>
Until 8:15AM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Thursday, January 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
		Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 277
<b>4</b>		<b>Gulika</b> 9:32AM – 10:43AM	<b>Mula*</b> Until 2:04AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:09AM	Subhakrit 5124
Dhanus Rasi: 0.47	Tithi 28	Yama 7:09AM – 8:20AM	Dhruva Until 12:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 1 - Phase 38 - 12
	881586576	<b>Rahu</b> 1:07PM – 2:18PM	Gara Until 1:09PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 11:25PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 2:04AM Fri				Pausha*Thai		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, January 20, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Buffalo, NY
		Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 278
<b>5</b>		<b>Gulika</b> 8:20AM – 9:32AM	<b>Purvashadha*</b> Until 11:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:08AM	Subhakrit 5124
Dhanus Rasi: 15.48	Tithi 29	Yama 2:19PM – 3:31PM	Vyaghata* Until 8:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Moon 1 - Phase 38 - 13
	881586576	<b>Rahu</b> 10:43AM – 11:55AM	Visti Until 9:38AM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturdashi*</b> Until 7:44PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 11:06PM				Pausha*Thai		
Then Routine Work - Marana Yoga						

<b>Saturday, January 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam				Buffalo, NY
		Uttarashadha Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 279
<b>Retreat Star</b>		<b>Gulika</b> 7:07AM – 8:19AM	<b>Uttarashadha</b> Until 7:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:07AM	Subhakrit 5124
Makara Rasi: 1.04	Tithi 30 – 1	Yama 1:08PM – 2:20PM	Vajra* Until 11:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 1 - Phase 38 - 14
	881586576	<b>Rahu</b> 9:31AM – 10:44AM	Kintughna Until 1:57AM Sun	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 3:53PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 7:51PM				Pausha*Thai		
Then Creative Work - Siddha Yoga						

<b>Sunday, January 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
		Shravana/Dhanishtha Nakshatra Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 280
<b>Retreat Star</b>		<b>Gulika</b> 2:21PM – 3:33PM	<b>Shravana</b> Until 4:53PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM	Subhakrit 5124
Makara Rasi: 16.23	Tithi 1 – 2	Yama 11:56AM – 1:08PM	Siddhi Until 7:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 1 - Phase 38 - 15
	891586576	<b>Rahu</b> 3:33PM – 4:45PM	Balava Until 10:09PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 12:01PM	Moon – Purple		<b>Sivaloka Day</b>
Until 4:53PM				Magha*Thai		
Then Routine Work - Marana Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>	<b>Monday, January 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Buffalo, NY
	Kumbha Rasi: 1.37	Tithi 2 - 3	Gulika 1:09PM - 2:21PM	Dhanishtha Until 2:00PM	Ganesha: Yellow	Sunrise: 7:06AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 10:44AM - 11:56AM	Vyatipata* Until 3:01PM	Muruqa: Purple	Sunset: 4:46PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 8:18AM - 9:31AM	Taitila Until 6:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16 3rd Phase
			<b>Dvitiya Until 8:19AM</b>	<b>Magha*Thai</b>	<b>Sivaloka Day</b>		

<b>2</b>	<b>Tuesday, January 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Chaturthayam Titau				Buffalo, NY
	Kumbha Rasi: 16.35	Tithi 4	Gulika 11:56AM - 1:09PM	Shatabhishak Until 11:24AM	Ganesha: Red	Sunrise: 7:05AM	Sun 17 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 9:31AM - 10:44AM	Varyan Until 11:09AM	Muruqa: Purple	Sunset: 4:48PM	Subhakrit 5124
			Rahu 2:22PM - 3:35PM	Vanija Until 3:31PM	Nataraja: Clear		Moon 1 - Phase 39 - 17 3rd Phase
			<b>Chaturthi* Until 2:09AM Wed</b>	<b>Magha*Thai</b>	<b>Sivaloka Day</b>		

<b>3</b>	<b>Wednesday, January 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY
	Meena Rasi: 1.1	Tithi 5	Gulika 10:44AM - 11:57AM	Purvaproshtapada* Until 9:38AM	Ganesha: Blue	Sunrise: 7:04AM	Sun 18 Sutra 283
	Creative Work Amrita Yoga	911586576	Yama 8:17AM - 9:31AM	Parigha* Until 7:46AM	Muruqa: Purple	Sunset: 4:49PM	Subhakrit 5124
	Until 9:38AM		Rahu 11:57AM - 1:10PM	Bava Until 1:01PM	Nataraja: Clear		Moon 1 - Phase 39 - 18 3rd Phase
			<b>Panchami Until 12:01AM Thu</b>	<b>Magha*Thai</b>	<b>Subha Sivaloka Day</b>		

<b>4</b>	<b>Thursday, January 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Buffalo, NY
	Meena Rasi: 15.15	Tithi 6	Gulika 9:30AM - 10:44AM	Uttaraproshtapada Until 8:26AM	Ganesha: Blue	Sunrise: 7:04AM	Sun 19 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 7:04AM - 8:17AM	Siddha Until 2:48AM Fri	Muruqa: Purple	Sunset: 4:50PM	Subhakrit 5124
			Rahu 1:10PM - 2:24PM	Kaulava Until 11:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19 3rd Phase
			<b>Shashthi* Until 10:40PM</b>	<b>Magha*Thai</b>	<b>Subha Sivaloka Day</b>		

<b>5</b>	<b>Friday, January 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Buffalo, NY
	Meena Rasi: 28.5	Tithi 7	Gulika 8:16AM - 9:30AM	Revati Until 7:55AM	Ganesha: Blue	Sunrise: 7:03AM	Sun 20 Sutra 285
	Creative Work Siddha Yoga	911586576	Yama 2:24PM - 3:38PM	Sadhya Until 1:20AM Sat	Muruqa: Purple	Sunset: 4:52PM	Subhakrit 5124
	Until 7:55AM		Rahu 10:44AM - 11:57AM	Gara Until 10:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20 3rd Phase
			<b>Saptami Until 10:11PM</b>	<b>Magha*Thai</b>	<b>Subha Sivaloka Day</b>		

<b>6</b>	<b>Saturday, January 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Visti*/Bava Karana Ashtamyam Titau				Buffalo, NY		
	<b>Retreat Star</b>		Mesha Rasi: 11.58	Tithi 8	Gulika 7:02AM - 8:16AM	Ashvini Until 8:32AM	Ganesha: White	Sunrise: 7:02AM	Sun 21 Sutra 286
	Creative Work Siddha Yoga	921686576	Yama 1:11PM - 2:25PM	Subha Until 12:31AM Sun	Muruqa: Purple	Sunset: 4:53PM	Subhakrit 5124		
			Rahu 9:30AM - 10:43AM	Visti Until 10:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21 Ashtami		
			<b>Ashtami* Until 10:34PM</b>	<b>Magha*Thai</b>	<b>Devaloka Day</b>				

<b>7</b>	<b>Sunday, January 29, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Buffalo, NY		
	<b>Retreat Star</b>		Mesha Rasi: 24.4	Tithi 9	Gulika 2:26PM - 3:40PM	Bharani Until 9:48AM	Ganesha: Yellow	Sunrise: 7:01AM	Sun 22 Sutra 287
	Routine Work Prabalarishta Yoga	922686576	Yama 11:58AM - 1:12PM	Sukla Until 12:16AM Mon	Muruqa: Purple	Sunset: 4:54PM	Subhakrit 5124		
	Until 9:48AM		Rahu 3:40PM - 4:54PM	Balava Until 11:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22 Navami		
			<b>Navami* Until 11:42PM</b>	<b>Magha*Thai</b>	<b>Sivaloka Day</b>				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>Monday, January 30, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 23 Sutra 288 Subhakrit 5124
<b>1</b>	Vrishabha Rasi: 7.04 Family Home Evening Routine Work Marana Yoga Until 11:35AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:12PM – 2:27PM Yama 10:43AM – 11:58AM Rahu 8:14AM – 9:29AM	<b>Krittika</b> Until 11:35AM Brahma Until 12:28AM Tue Taitila Until 12:32PM Dashami Until 1:27AM Tue	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White Magha-Thai	<b>Sunrise:</b> 7:00AM <b>Sunset:</b> 4:55PM	Moon 1 - Phase 40 - 23 4th Phase <b>Sivaloka Day</b>

<b>Tuesday, January 31, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 289 Subhakrit 5124
<b>2</b>	Vrishabha Rasi: 19.13 Creative Work Amrita Yoga Until 2:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:58AM – 1:13PM Yama 9:28AM – 10:43AM Rahu 2:27PM – 3:42PM	<b>Rohini</b> Until 2:11PM Indra Until 1:01AM Wed Vanija Until 2:31PM Ekadashi Until 3:37AM Wed	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:57PM	Moon 1 - Phase 40 - 24 4th Phase <b>Subha Sivaloka Day</b>

<b>Wednesday, February 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 290 Subhakrit 5124
<b>3</b>	Mithuna Rasi: 1.13 Creative Work Siddha Yoga	<b>Gulika</b> 10:43AM – 11:58AM Yama 8:14AM – 9:28AM Rahu 11:58AM – 1:13PM	<b>Mrigashira</b> Until 4:56PM Vaidhriti* Until 1:43AM Thu Bava Until 4:50PM Dvadashi Until 6:02AM Thu	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 6:59AM <b>Sunset:</b> 4:57PM	Moon 1 - Phase 40 - 25 4th Phase <b>Subha Sivaloka Day</b>

<b>Thursday, February 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 291 Subhakrit 5124
<b>4</b>	Mithuna Rasi: 13.08 Routine Work Marana Yoga Until 7:40PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 9:28AM – 10:43AM Yama 6:58AM – 8:13AM Rahu 1:13PM – 2:28PM	<b>Ardra</b> Until 7:40PM Vishkambha* Until 2:32AM Fri Kaulava Until 7:18PM Dvadashi Until 6:02AM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow Magha-Thai	<b>Sunrise:</b> 6:58AM <b>Sunset:</b> 4:58PM	Moon 1 - Phase 40 - 26 4th Phase <b>Subha Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, February 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 292 Subhakrit 5124
<b>5</b>	Mithuna Rasi: 25.01 Creative Work Siddha Yoga Until 10:47PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:12AM – 9:28AM Yama 2:29PM – 3:44PM Rahu 10:43AM – 11:58AM	<b>Punarvasu</b> Until 10:47PM Priti Until 3:22AM Sat Gara Until 9:49PM Trayodashi Until 8:32AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 6:57AM <b>Sunset:</b> 4:59PM	Moon 1 - Phase 40 - 27 4th Phase <b>Sivaloka Day</b>

<b>Saturday, February 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Buffalo, NY Sun 28 Sutra 293 Subhakrit 5124
<b>○</b>	<b>Copper Retreat Star</b> Kataka Rasi: 6.54 Creative Work Siddha Yoga	<b>Gulika</b> 6:56AM – 8:11AM Yama 1:14PM – 2:29PM Rahu 9:27AM – 10:43AM	<b>Pushya</b> Until 1:41AM Sun Ayushman Until 4:08AM Sun Visti Until 12:17AM Sun Chaturdashi* Until 11:02AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 6:56AM <b>Sunset:</b> 5:01PM	Moon 1 - Phase 40 - Purnima <b>Sivaloka Day</b>

**Thai Pusam**

<b>Sunday, February 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sun 29 Sutra 294 Subhakrit 5124
<b>○</b>	<b>Silver Retreat Star</b> Kataka Rasi: 18.48 Creative Work Siddha Yoga Until 4:19AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 2:30PM – 3:46PM Yama 11:58AM – 1:14PM Rahu 3:46PM – 5:02PM	<b>Ashlesha*</b> Until 4:19AM Mon Saubhagya Until 4:50AM Mon Balava Until 2:39AM Mon Purnima* Until 1:27PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Magha-Thai	<b>Sunrise:</b> 6:55AM <b>Sunset:</b> 5:02PM	Moon 1 - Phase 40 - Prathama <b>Sivaloka Day</b>





Monday, February 6, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 295

Subhakrit 5124

Simha Rasi: 0.44 Tithi 16 - 17

Family Home Evening

952686577

Gulika 1:15PM - 2:31PM  
Yama 10:42AM - 11:58AM  
Rahu 8:10AM - 9:26AM

Magha\* Until 7:10AM Tue  
Sobhana Until 5:27AM Tue  
Taitila Until 4:54AM Tue  
Prathama\* Until 3:46PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 6:54AM  
Sunset: 5:03PM

Moon 2 - Phase 41 -  
1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga  
Until 7:10AM Tue  
Then Creative Work - Siddha Yoga

Tuesday, February 7, 2023

1

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Sun 1

Sutra 296

Subhakrit 5124

Simha Rasi: 12.44 Tithi 17 - 18

Creative Work Siddha Yoga

952686577

Gulika 11:59AM - 1:15PM  
Yama 9:26AM - 10:42AM  
Rahu 2:32PM - 3:48PM

Magha\* Until 7:10AM  
Athiganda\* Until 5:54AM Wed  
Vanija Until 6:57AM Wed  
Dvitiya Until 5:55PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 6:53AM  
Sunset: 5:04PM

Moon 2 - Phase 41 - 1  
1st Phase

Subha Sivaloka Day

Wednesday, February 8, 2023

2

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

Buffalo, NY

Sun 2

Sutra 297

Subhakrit 5124

Simha Rasi: 24.48 Tithi 18

Creative Work Amrita Yoga

952686577

Gulika 10:42AM - 11:59AM  
Yama 8:08AM - 9:25AM  
Rahu 11:59AM - 1:15PM

Purvaphalguni Until 9:40AM  
Sukarma Until 6:11AM Thu  
Vanija Until 6:57AM  
Tritiya Until 7:52PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 6:51AM  
Sunset: 5:06PM

Moon 2 - Phase 41 - 2  
1st Phase

Subha Sivaloka Day

Thursday, February 9, 2023

3

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturthayam Titau

Buffalo, NY

Sun 3

Sutra 298

Subhakrit 5124

Kanya Rasi: 6.58 Tithi 19

Amrita Yoga

952686577

Gulika 9:24AM - 10:42AM  
Yama 6:50AM - 8:07AM  
Rahu 1:16PM - 2:33PM

Uttaraphalguni Until 11:45AM  
Sukarma Until 6:11AM  
Bava Until 8:44AM  
Chaturthi\* Until 9:29PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha\*Thai

Sunrise: 6:50AM  
Sunset: 5:07PM

Moon 2 - Phase 41 - 3  
1st Phase

Subha Sivaloka Day

Until 11:45AM  
Then Routine Work - Marana Yoga

Friday, February 10, 2023

4

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY

Sun 4

Sutra 299

Subhakrit 5124

Kanya Rasi: 19.17 Tithi 20

Creative Work Amrita Yoga

962686577

Gulika 8:06AM - 9:24AM  
Yama 2:34PM - 3:51PM  
Rahu 10:41AM - 11:59AM

Hasta Until 1:48PM  
Dhriti Until 6:13AM  
Kaulava Until 10:11AM  
Panchami Until 10:42PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Sunrise: 6:49AM  
Sunset: 5:08PM

Moon 2 - Phase 41 - 4  
1st Phase

Sivaloka Day

Until 1:48PM  
Then Creative Work - Siddha Yoga

Saturday, February 11, 2023

5

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthayam Titau

Buffalo, NY

Sun 5

Sutra 300

Subhakrit 5124

Tula Rasi: 1.47 Tithi 21

Routine Work Marana Yoga

963686577

Gulika 6:48AM - 8:05AM  
Yama 1:16PM - 2:34PM  
Rahu 9:23AM - 10:41AM

Chitra Until 3:13PM  
Ganda\* Until 5:06AM Sun  
Gara Until 11:08AM  
Shashthi\* Until 11:22PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha\*Thai

Sunrise: 6:48AM  
Sunset: 5:10PM

Moon 2 - Phase 41 - 5  
1st Phase

Devaloka Day

Until 3:13PM  
Then Creative Work - Siddha Yoga

Sunday, February 12, 2023

6

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti\*/Bava Karana Saptamyam Titau

Buffalo, NY

Sun 6

Sutra 301

Subhakrit 5124

Tula Rasi: 14.34 Tithi 22

Creative Work Siddha Yoga

963686577

Gulika 2:35PM - 3:53PM  
Yama 11:59AM - 1:17PM  
Rahu 3:53PM - 5:11PM

Svati Until 3:52PM  
Vridhhi Until 3:49AM Mon  
Visti Until 11:29AM  
Saptami Until 11:22PM

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha-Masi

Sunrise: 6:46AM  
Sunset: 5:11PM

Moon 2 - Phase 41 - 6  
1st Phase

Devaloka Day

Until 3:52PM  
Then Routine Work - Marana Yoga

Monday, February 13, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sun 7

Sutra 302

Subhakrit 5124

Tula Rasi: 27.4 Tithi 23

Family Home Evening

973686577

Gulika 1:17PM - 2:35PM  
Yama 10:40AM - 11:59AM  
Rahu 8:04AM - 9:22AM

Vishakha Until 4:08PM  
Dhruva Until 1:56AM Tue  
Balava Until 11:07AM  
Ashtami\* Until 10:39PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:45AM  
Sunset: 5:12PM

Moon 2 - Phase 41 - 7  
Ashtami

Sivaloka Day

Routine Work Marana Yoga  
Until 4:08PM  
Then Creative Work - Siddha Yoga

Tuesday, February 14, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sun 8

Sutra 303

Subhakrit 5124

Vrischika Rasi: 11.1 Tithi 24

Creative Work Siddha Yoga

973686577

Gulika 11:59AM - 1:17PM  
Yama 9:21AM - 10:40AM  
Rahu 2:36PM - 3:55PM

Anuradha Until 3:32PM  
Vyaghata\* Until 11:29PM  
Taitila Until 10:02AM  
Navami\* Until 9:11PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:44AM  
Sunset: 5:14PM

Moon 2 - Phase 41 - 8  
Navami

Sivaloka Day

Until 3:32PM  
Then Routine Work - Marana Yoga

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, February 15, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Buffalo, NY Sun 9 Sutra 304 Subhakrit 5124
Wrischika Rasi: 25.07	Tithi 25	<b>Gulika</b> 10:40AM – 11:59AM	<b>Jyeshtha* Until 2:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:43AM	
		Yama 8:02AM – 9:21AM	Harshana Until 8:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 2 - Phase 42 - 9
		973686577 <b>Rahu</b> 11:59AM – 1:18PM	Vanija Until 8:13AM	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:02PM</b>	Moon – Orange		<b>Sivaloka Day</b>
Until 2:05PM				<b>Magha•Masi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Thursday, February 16, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sun 10 Sutra 305 Subhakrit 5124
Dhanus Rasi: 9.29	Tithi 26 – 27	<b>Gulika</b> 9:20AM – 10:39AM	<b>Mula* Until 12:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:41AM	
		Yama 6:41AM – 8:01AM	Vajra* Until 4:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 2 - Phase 42 - 10
		983686577 <b>Rahu</b> 1:18PM – 2:37PM	Kaulava Until 2:43AM Fri	<b>Nataraja:</b> Orange		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 4:16PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Magha•Masi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Friday, February 17, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sun 11 Sutra 306 Subhakrit 5124
Dhanus Rasi: 24.14	Tithi 27 – 28	<b>Gulika</b> 7:59AM – 9:19AM	<b>Purvashadha* Until 9:53AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	
		Yama 2:38PM – 3:58PM	Siddhi Until 1:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 2 - Phase 42 - 11
		983686577 <b>Rahu</b> 10:39AM – 11:59AM	Gara Until 11:19PM	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dvadashi* Until 1:02PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 9:53AM				<b>Magha•Masi</b>		
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, February 18, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatlipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Buffalo, NY Sun 12 Sutra 307 Subhakrit 5124
Makara Rasi: 9.17	Tithi 28 – 29	<b>Gulika</b> 6:38AM – 7:58AM	<b>Uttarashadha Until 6:59AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	
		Yama 1:19PM – 2:39PM	Vyatlipata* Until 9:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 2 - Phase 42 - 12
		983686577 <b>Rahu</b> 9:18AM – 10:38AM	Visti Until 7:40PM	<b>Nataraja:</b> Orange		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 9:29AM</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 6:59AM				<b>Magha•Masi</b>		
Then Creative Work - Siddha Yoga						

<b>●</b>		<b>Sunday, February 19, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Buffalo, NY Sun 13 Sutra 308 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 2:39PM – 4:00PM	<b>Dhanishtha Until 1:16AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:37AM	
Makara Rasi: 24.28	Tithi 30	Yama 11:58AM – 1:19PM	Parigha* Until 12:31AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 2 - Phase 42 - 13
		993686577 <b>Rahu</b> 4:00PM – 5:20PM	Catuspada Until 3:57PM	<b>Nataraja:</b> Orange		Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 2:07AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
Until 1:16AM Mon				<b>Magha•Masi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, February 20, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Buffalo, NY Sun 14 Sutra 309 Subhakrit 5124
Kumbha Rasi: 9.38	Tithi 1	<b>Gulika</b> 1:19PM – 2:40PM	<b>Shatabhishak Until 10:23PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:36AM	
<b>Family Home Evening</b>		Yama 10:38AM – 11:58AM	Shiva Until 8:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 2 - Phase 42 - 14
Creative Work	Siddha Yoga	993686577 <b>Rahu</b> 7:56AM – 9:17AM	Kintughna Until 12:21PM	<b>Nataraja:</b> Orange		Prathama
Until 10:23PM			<b>Prathama* Until 10:38PM</b>	Moon – Purple		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Phalgun•Masi</b>		

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, February 21, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Buffalo, NY Sun 15 Sutra 310 Subhakrit 5124
Kumbha Rasi: 24.37	Tithi 2	Gulika 11:58AM – 1:19PM	Purvaproshtapada* Until 8:10PM	Ganesha: Red	Sunrise: 6:34AM		
		Yama 9:16AM – 10:37AM	Siddha Until 4:38PM	Muruga: Purple	Sunset: 5:22PM	Moon 2 - Phase 43 - 15	
	913686577	Rahu 2:40PM – 4:01PM	Balava Until 9:02AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:31PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 8:10PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, February 22, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Buffalo, NY Sun 16 Sutra 311 Subhakrit 5124
Meena Rasi: 9.17	Tithi 3 – 4	Gulika 10:37AM – 11:58AM	Uttaraproshtapada Until 6:21PM	Ganesha: Blue	Sunrise: 6:33AM		
		Yama 7:54AM – 9:15AM	Sadhya Until 1:16PM	Muruga: Purple	Sunset: 5:24PM	Moon 2 - Phase 43 - 16	
	913786577	Rahu 11:58AM – 1:20PM	Taitila Until 6:11AM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 4:57PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 6:21PM				Phalguna-Masi			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, February 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Buffalo, NY Sun 17 Sutra 312 Subhakrit 5124
Meena Rasi: 23.3	Tithi 4 – 5	Gulika 9:15AM – 10:36AM	Revati Until 5:05PM	Ganesha: Blue	Sunrise: 6:31AM		
		Yama 6:31AM – 7:53AM	Subha Until 10:27AM	Muruga: Purple	Sunset: 5:25PM	Moon 2 - Phase 43 - 17	
	913786577	Rahu 1:20PM – 2:41PM	Bava Until 2:28AM Fri	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:05PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
Until 5:05PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga Subramuniyaswami Siva Vision Day							

<b>4</b>		<b>Friday, February 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Buffalo, NY Sun 18 Sutra 313 Subhakrit 5124
Mesha Rasi: 7.14	Tithi 5 – 6	Gulika 7:52AM – 9:14AM	Ashvini Until 4:55PM	Ganesha: Yellow	Sunrise: 6:30AM		
		Yama 2:42PM – 4:04PM	Sukla Until 8:15AM	Muruga: Purple	Sunset: 5:26PM	Moon 2 - Phase 43 - 18	
	923786577	Rahu 10:36AM – 11:58AM	Kaulava Until 1:51AM Sat	Nataraja: Orange		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 2:02PM	Moon – White		<b>Sivaloka Day</b>	
Until 4:55PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, February 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Buffalo, NY Sun 19 Sutra 314 Subhakrit 5124
Mesha Rasi: 20.29	Tithi 6 – 7	Gulika 6:28AM – 7:50AM	Bharani Until 5:27PM	Ganesha: Blue	Sunrise: 6:28AM		
		Yama 1:20PM – 2:43PM	Brahma Until 6:44AM	Muruga: Purple	Sunset: 5:27PM	Moon 2 - Phase 43 - 19	
	924786577	Rahu 9:13AM – 10:35AM	Gara Until 2:05AM Sun	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 1:50PM	Moon – White		<b>Devaloka Day</b>	
Until 5:27PM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Sunday, February 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Buffalo, NY Sun 20 Sutra 315 Subhakrit 5124
Vrishabha Rasi: 3.18	Tithi 7 – 8	Gulika 2:43PM – 4:06PM	Krittika Until 6:39PM	Ganesha: Blue	Sunrise: 6:27AM		
		Yama 11:58AM – 1:20PM	Vaidhriti* Until 5:41AM Mon	Muruga: Purple	Sunset: 5:29PM	Moon 2 - Phase 43 - 20	
	924786577	Rahu 4:06PM – 5:29PM	Visti Until 3:09AM Mon	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:30PM	Moon – White		<b>Devaloka Day</b>	
				Phalguna-Masi			

<b>Retreat Star</b>		<b>Monday, February 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Buffalo, NY Sun 21 Sutra 316 Subhakrit 5124
Vrishabha Rasi: 15.46	Tithi 8 – 9	Gulika 1:21PM – 2:44PM	Rohini Until 8:51PM	Ganesha: Yellow	Sunrise: 6:25AM		
<b>Family Home Evening</b>		Yama 10:34AM – 11:57AM	Vishkambha* Until 5:57AM Tue	Muruga: Purple	Sunset: 5:30PM	Moon 2 - Phase 43 - 21	
	934786577	Rahu 7:48AM – 9:11AM	Balava Until 4:52AM Tue	Nataraja: Orange		Navami	
Creative Work	Amrita Yoga		Ashtami* Until 3:55PM	Moon – Yellow		<b>Sivaloka Day</b>	
				Phalguna-Masi			

<b>1</b>	<b>Tuesday, February 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Buffalo, NY Sun 22 Sutra 317 Subhakrit 5124
	Vrishabha Rasi: 27.56	Tithi 9 – 10	934786577	<b>Gulika</b> 11:57AM – 1:21PM Yama 9:10AM – 10:34AM <b>Rahu</b> 2:44PM – 4:08PM	<b>Mrigashira</b> Until 11:24PM Priti Until 6:34AM Wed Taitila Until 7:04AM Wed <b>Navami*</b> Until 5:54PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:23AM Sunset: 5:31PM Moon 2 - Phase 44 - 22 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 11:24PM Then Routine Work - Marana Yoga						

<b>2</b>	<b>Wednesday, March 1, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Buffalo, NY Sun 23 Sutra 318 Subhakrit 5124
	Mithuna Rasi: 9.56	Tithi 10	934786577	<b>Gulika</b> 10:33AM – 11:57AM Yama 7:44AM – 9:09AM <b>Rahu</b> 11:57AM – 1:21PM	<b>Ardra</b> Until 2:06AM Thu Priti Until 6:34AM Taitila Until 7:04AM <b>Dashami</b> Until 8:15PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Yellow Phalguna-Masi	Sunrise: 6:20AM Sunset: 5:34PM Moon 2 - Phase 44 - 23 4th Phase <b>Sivaloka Day</b>
	Creative Work Siddha Yoga						
	Until 2:06AM Thu Then Creative Work - Amrita Yoga						

<b>3</b>	<b>Thursday, March 2, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Buffalo, NY Sun 24 Sutra 319 Subhakrit 5124
	Mithuna Rasi: 21.5	Tithi 11	944786577	<b>Gulika</b> 9:08AM – 10:32AM Yama 6:19AM – 7:43AM <b>Rahu</b> 1:21PM – 2:46PM	<b>Punarvasu</b> Until 5:14AM Fri Ayushman Until 7:22AM Vanija Until 9:31AM <b>Ekadashi</b> Until 10:45PM	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Phalguna-Masi	Sunrise: 6:19AM Sunset: 5:35PM Moon 2 - Phase 44 - 24 4th Phase <b>Devaloka Day</b>
	Creative Work Amrita Yoga						
	Until 5:14AM Fri Then Routine Work - Marana Yoga						

<b>4</b>	<b>Friday, March 3, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 320 Subhakrit 5124
	Kataka Rasi: 3.42	Tithi 12	944786577	<b>Gulika</b> 7:42AM – 9:07AM Yama 2:46PM – 4:11PM <b>Rahu</b> 10:32AM – 11:56AM	<b>Pushya</b> Until 8:10AM Sat Saubhagya Until 8:14AM Bava Until 12:02PM <b>Dvadashi</b> Until 1:15AM Sat	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Phalguna-Masi	Sunrise: 6:17AM Sunset: 5:36PM Moon 2 - Phase 44 - 25 4th Phase <b>Devaloka Day</b>
	Routine Work Marana Yoga						

<b>5</b>	<b>Saturday, March 4, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 321 Subhakrit 5124
	Kataka Rasi: 15.35	Tithi 13	944786577	<b>Gulika</b> 6:15AM – 7:41AM Yama 1:21PM – 2:47PM <b>Rahu</b> 9:06AM – 10:31AM	<b>Pushya</b> Until 8:10AM Sobhana Until 9:05AM Kaulava Until 2:28PM <b>Trayodashi</b> Until 3:37AM Sun <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Phalguna-Masi	Sunrise: 6:15AM Sunset: 5:37PM Moon 2 - Phase 44 - 26 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 8:10AM Then Routine Work - Marana Yoga						

<b>6</b>	<b>Sunday, March 5, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 322 Subhakrit 5124
	Kataka Rasi: 27.31	Tithi 14	144786577	<b>Gulika</b> 2:47PM – 4:13PM Yama 11:56AM – 1:22PM <b>Rahu</b> 4:13PM – 5:38PM	<b>Ashlesha*</b> Until 10:47AM Athiganda* Until 9:47AM Gara Until 4:44PM <b>Chaturdashi*</b> Until 5:45AM Mon	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Blue Phalguna-Masi	Sunrise: 6:14AM Sunset: 5:38PM Moon 2 - Phase 44 - 27 4th Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 10:47AM Then Routine Work - Marana Yoga						

	<b>Monday, March 6, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti* Karana Purnimayam Titau				Buffalo, NY Sun 28 Sutra 323 Subhakrit 5124		
	<b>Copper Retreat Star</b>		Simha Rasi: 9.32	Tithi 15	154786577	<b>Gulika</b> 1:22PM – 2:48PM Yama 10:30AM – 11:56AM <b>Rahu</b> 7:38AM – 9:04AM	<b>Magha*</b> Until 1:31PM Sukarma Until 10:19AM Visti Until 6:45PM <b>Purnima*</b> Until 7:38AM Tue	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Red Phalguna-Masi	Sunrise: 6:12AM Sunset: 5:40PM Moon 2 - Phase 44 - Purnima <b>Sivaloka Day</b>
	Family Home Evening								
	Routine Work Marana Yoga								
Until 1:31PM Then Creative Work - Siddha Yoga									

	<b>Tuesday, March 7, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Buffalo, NY Sun 29 Sutra 324 Subhakrit 5124		
	<b>Silver Retreat Star</b>		Simha Rasi: 21.4	Tithi 15 – 16	154786577	<b>Gulika</b> 11:56AM – 1:22PM Yama 9:03AM – 10:29AM <b>Rahu</b> 2:48PM – 4:14PM	<b>Purvaphalguni</b> Until 3:48PM Dhriti Until 10:40AM Balava Until 8:28PM <b>Purnima*</b> Until 7:38AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Orange Moon – Red Phalguna-Masi	Sunrise: 6:10AM Sunset: 5:41PM Moon 2 - Phase 44 - Prathama <b>Sivaloka Day</b>
	Creative Work Siddha Yoga								
	Until 3:48PM Then Creative Work - Amrita Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Shula/Ganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 325

Subhakrit 5124

Kanya Rasi: 3.55 Tithi 16 - 17

154786577

**Gulika** 10:29AM - 11:55AM  
**Yama** 7:35AM - 9:02AM  
**Rahu** 11:55AM - 1:22PM

**Uttaraphalguni** Until 5:37PM

**Shula\*** Until 10:44AM

**Taitila** Until 9:52PM

**Prathama\*** Until 9:11AM

**Ganesha:** Clear **Sunrise:** 6:09AM

**Muruqa:** Purple **Sunset:** 5:42PM

**Nataraja:** Orange

**Moon** - Red  
**Phalguna-Masi**

Moon 3 - Phase 45 -

1st Phase

**Sivaloka Day**

Creative Work Amrita Yoga

Until 5:37PM

Then Routine Work - Marana Yoga

Thursday, March 9, 2023

1

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Buffalo, NY

Sutra 326

Subhakrit 5124

Kanya Rasi: 16.19 Tithi 17 - 18

164786577

**Gulika** 9:01AM - 10:28AM  
**Yama** 6:07AM - 7:34AM  
**Rahu** 1:22PM - 2:49PM

**Hasta** Until 7:25PM

**Ganda\*** Until 10:34AM

**Vanija** Until 10:53PM

**Dvitiya** Until 10:24AM

**Ganesha:** White **Sunrise:** 6:07AM

**Muruqa:** Purple **Sunset:** 5:43PM

**Nataraja:** Orange

**Moon** - Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 1

1st Phase

**Devaloka Day**

Routine Work Marana Yoga

Until 7:25PM

Then Creative Work - Siddha Yoga

Friday, March 10, 2023

2

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

Buffalo, NY

Sutra 327

Subhakrit 5124

Kanya Rasi: 28.53 Tithi 18 - 19

165786577

**Gulika** 7:33AM - 9:00AM  
**Yama** 2:50PM - 4:17PM  
**Rahu** 10:28AM - 11:55AM

**Chitra** Until 8:40PM

**Vridhhi** Until 10:07AM

**Bava** Until 11:30PM

**Tritiya** Until 11:13AM

**Ganesha:** Yellow **Sunrise:** 6:05AM

**Muruqa:** Purple **Sunset:** 5:44PM

**Nataraja:** Orange

**Moon** - Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 2

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Saturday, March 11, 2023

3

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

Buffalo, NY

Sutra 328

Subhakrit 5124

Tula Rasi: 11.38 Tithi 19 - 20

165786577

**Gulika** 6:04AM - 7:31AM  
**Yama** 1:22PM - 2:50PM  
**Rahu** 8:59AM - 10:27AM

**Svati** Until 9:21PM

**Dhruva** Until 9:19AM

**Kaulava** Until 11:41PM

**Chaturthi\*** Until 11:38AM

**Ganesha:** Yellow **Sunrise:** 6:04AM

**Muruqa:** Purple **Sunset:** 5:45PM

**Nataraja:** Orange

**Moon** - Green  
**Phalguna-Masi**

Moon 3 - Phase 45 - 3

1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Sunday, March 12, 2023

4

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Sun 4

Buffalo, NY

Sutra 329

Subhakrit 5124

Tula Rasi: 24.37 Tithi 20 - 21

175786577

**Gulika** 2:50PM - 4:19PM  
**Yama** 11:54AM - 1:22PM  
**Rahu** 4:19PM - 5:47PM

**Vishakha** Until 9:52PM

**Vyaghata\*** Until 8:11AM

**Gara** Until 11:23PM

**Panchami** Until 11:34AM

**Ganesha:** Blue **Sunrise:** 6:02AM

**Muruqa:** Purple **Sunset:** 5:47PM

**Nataraja:** Orange

**Moon** - Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 4

1st Phase

**Subha Sivaloka Day**

Routine Work Marana Yoga

Monday, March 13, 2023

5

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 5

Buffalo, NY

Sutra 330

Subhakrit 5124

Vrischika Rasi: 7.5 Tithi 21 - 22

175786577

**Gulika** 1:22PM - 2:51PM  
**Yama** 10:26AM - 11:54AM  
**Rahu** 7:29AM - 8:57AM

**Anuradha** Until 9:44PM

**Harshana** Until 6:40AM

**Visti** Until 10:33PM

**Shashthi\*** Until 11:01AM

**Ganesha:** Blue **Sunrise:** 6:00AM

**Muruqa:** Purple **Sunset:** 5:48PM

**Nataraja:** Orange

**Moon** - Orange  
**Phalguna-Masi**

Moon 3 - Phase 45 - 5

1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

**Family Home Evening**

Tuesday, March 14, 2023

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Sun 6

Buffalo, NY

Sutra 331

Subhakrit 5124

Vrischika Rasi: 21.2 Tithi 22 - 23

175786577

**Gulika** 11:54AM - 1:23PM  
**Yama** 8:56AM - 10:25AM  
**Rahu** 2:51PM - 4:20PM

**Jyeshtha\*** Until 8:56PM

**Siddhi** Until 2:22AM Wed

**Balava** Until 9:12PM

**Saptami** Until 9:56AM

**Ganesha:** Blue **Sunrise:** 5:59AM

**Muruqa:** Purple **Sunset:** 5:49PM

**Nataraja:** Orange

**Moon** - Orange  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 6

Ashtami

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 8:56PM

Then Creative Work - Amrita Yoga

**Karadayyan Nombu (Tamil Nadu)**

Wednesday, March 15, 2023

Retreat Star

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7

Buffalo, NY

Sutra 332

Subhakrit 5124

Dhanus Rasi: 5.1 Tithi 23 - 24

185786578

**Gulika** 10:24AM - 11:54AM  
**Yama** 7:26AM - 8:55AM  
**Rahu** 11:54AM - 1:23PM

**Mula\*** Until 7:55PM

**Vyatipata\*** Until 11:37PM

**Taitila** Until 7:20PM

**Ashtami\*** Until 8:19AM

**Ganesha:** Red **Sunrise:** 5:57AM

**Muruqa:** Purple **Sunset:** 5:50PM

**Nataraja:** Clear

**Moon** - Light Blue  
**Phalguna-Panguni**

Moon 3 - Phase 45 - 7

Navami

**Sivaloka Day**

Routine Work Marana Yoga

Until 7:55PM

Then Creative Work - Amrita Yoga


<b>1</b>	<b>Thursday, March 16, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam				Buffalo, NY
			Purvashadha* Nakshatra Varyan Yoga Gara/Visti* Karana Navami/Dashmyam Titau				Sun 8 Sutra 333
Dhanus Rasi: 19.18	Tithi 24 – 25		<b>Gulika</b> 8:54AM – 10:24AM	<b>Purvashadha* Until 6:17PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:55AM	Subhakra 5124	
		185786578	Yama 5:55AM – 7:25AM	Variyan Until 8:28PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM	Moon 3 - Phase 46 - 8	
Creative Work Siddha Yoga			<b>Rahu</b> 1:23PM – 2:52PM	Visti Until 3:39AM Fri	<b>Nataraja:</b> Clear	2nd Phase	
Until 6:17PM				<b>Navami* Until 6:12AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga					Phalguna•Panguni		

<b>2</b>	<b>Friday, March 17, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam				Buffalo, NY
			Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 334
Makara Rasi: 3.44	Tithi 26		<b>Gulika</b> 7:23AM – 8:53AM	<b>Uttarashadha Until 4:08PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:54AM	Subhakra 5124	
		185786578	Yama 2:53PM – 4:22PM	Parigha* Until 5:02PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM	Moon 3 - Phase 46 - 9	
Routine Work Marana Yoga			<b>Rahu</b> 10:23AM – 11:53AM	Bava Until 2:16PM	<b>Nataraja:</b> Clear	2nd Phase	
				<b>Ekadashi* Until 12:46AM Sat</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
					Phalguna•Panguni		

<b>3</b>	<b>Saturday, March 18, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam				Buffalo, NY
			Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 10 Sutra 335
Makara Rasi: 18.24	Tithi 27		<b>Gulika</b> 5:52AM – 7:22AM	<b>Shravana Until 1:59PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:52AM	Subhakra 5124	
		195786578	Yama 1:23PM – 2:53PM	Shiva Until 1:23PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM	Moon 3 - Phase 46 - 10	
Creative Work Siddha Yoga			<b>Rahu</b> 8:52AM – 10:22AM	Kaulava Until 11:15AM	<b>Nataraja:</b> Clear	2nd Phase	
				<b>Dvadashi* Until 9:39PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
					Phalguna•Panguni		

<b>4</b>	<b>Sunday, March 19, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam				Buffalo, NY
			Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 336
Kumbha Rasi: 3.13	Tithi 28		<b>Gulika</b> 2:53PM – 4:24PM	<b>Dhanishtha Until 11:34AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:50AM	Subhakra 5124	
		196896578	Yama 11:52AM – 1:23PM	Siddha Until 9:35AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:53PM	Moon 3 - Phase 46 - 11	
Routine Work Marana Yoga			<b>Rahu</b> 4:24PM – 5:55PM	Gara Until 8:04AM	<b>Nataraja:</b> Clear	2nd Phase	
Until 11:34AM				<b>Trayodashi* Until 6:27PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					Phalguna•Panguni		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Monday, March 20, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam				Buffalo, NY
			Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12 Sutra 337
Kumbha Rasi: 18.02	Tithi 29 – 30		<b>Gulika</b> 1:23PM – 2:54PM	<b>Shatabhishak Until 9:01AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:48AM	Subhakra 5124	
<b>Family Home Evening</b>		196896578	Yama 10:21AM – 11:52AM	Subha Until 2:11AM Tue	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:56PM	Moon 3 - Phase 46 - 12	
Creative Work Siddha Yoga			<b>Rahu</b> 7:19AM – 8:50AM	Catuspada Until 1:50AM Tue	<b>Nataraja:</b> Clear	2nd Phase	
Until 9:01AM				<b>Chaturdashi* Until 3:19PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga					Phalguna•Panguni	<b>Tour Day</b>	

	<b>Tuesday, March 21, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam				Buffalo, NY
			Purvaprosarthpada*Uttaraprosarthpada Nakshatra Sukla Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 13 Sutra 338
<b>Retreat Star</b>			<b>Gulika</b> 11:52AM – 1:23PM	<b>Purvaprosarthpada* Until 6:55AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:47AM	Subhakra 5124	
Meena Rasi: 2.46	Tithi 30 – 1		Yama 8:49AM – 10:20AM	Sukla Until 10:45PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:57PM	Moon 3 - Phase 46 - 13	
		116896578	<b>Rahu</b> 2:54PM – 4:26PM	Kintughna Until 11:06PM	<b>Nataraja:</b> Clear	Amavasya	
Routine Work Marana Yoga				<b>Amavasya* Until 12:24PM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 6:55AM					Phalguna•Panguni		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Wednesday, March 22, 2023</b>		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam				Buffalo, NY
			Revati Nakshatra Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 14 Sutra 339
Meena Rasi: 17.14	Tithi 1 – 2		<b>Gulika</b> 10:20AM – 11:51AM	<b>Revati Until 3:28AM Thu</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:45AM	Subhakra 5124	
		116896578	Yama 7:17AM – 8:48AM	Brahma Until 7:43PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:58PM	Moon 3 - Phase 46 - 14	
Routine Work Marana Yoga			<b>Rahu</b> 11:51AM – 1:23PM	Balava Until 8:48PM	<b>Nataraja:</b> Clear	Prathama	
Until 3:28AM Thu				<b>Prathama* Until 9:52AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Yugadhi</b>		Chaitra•Panguni		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang


<b>1</b>		<b>Thursday, March 23, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Buffalo, NY Sun 15 Sutra 340 Subhakrit 5124
Mesha Rasi: 1.22	Tithi 2 – 3	<b>Gulika</b> 8:47AM – 10:19AM	<b>Ashvini Until 2:50AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	
		Yama 5:43AM – 7:15AM	Indra Until 5:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 3 - Phase 47 - 15
		126896578 <b>Rahu</b> 1:23PM – 2:55PM	Taitila Until 7:06PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga			Moon – White		<b>Devaloka Day</b>
Until 2:50AM Fri		<b>Chellappaswami Mahasamadhi</b>	<b>Dvitiya Until 7:51AM</b>	<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, March 24, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Buffalo, NY Sun 16 Sutra 341 Subhakrit 5124
Mesha Rasi: 15.06	Tithi 3 – 4	<b>Gulika</b> 7:14AM – 8:46AM	<b>Bharani Until 2:48AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:41AM	
		Yama 2:56PM – 4:28PM	Vaidhriti* Until 3:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:00PM	Moon 3 - Phase 47 - 16
		126896578 <b>Rahu</b> 10:18AM – 11:51AM	Vanija Until 6:07PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 2:48AM Sat			<b>Tritiya Until 6:30AM</b>	<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Saturday, March 25, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau		Buffalo, NY Sun 17 Sutra 342 Subhakrit 5124
Mesha Rasi: 28.25	Tithi 5	<b>Gulika</b> 5:40AM – 7:12AM	<b>Krittika Until 3:22AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	
		Yama 1:23PM – 2:56PM	Vishkambha* Until 1:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 3 - Phase 47 - 17
		126896578 <b>Rahu</b> 8:45AM – 10:18AM	Bava Until 5:55PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga			Moon – White		<b>Devaloka Day</b>
Until 3:22AM Sun			<b>Panchami Until 6:05AM Sun</b>	<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, March 26, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Buffalo, NY Sun 18 Sutra 343 Subhakrit 5124
Vrishabha Rasi: 11.18	Tithi 5 – 6	<b>Gulika</b> 2:56PM – 4:29PM	<b>Rohini Until 4:59AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	
		Yama 11:50AM – 1:23PM	Priti Until 1:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 3 - Phase 47 - 18
		137896578 <b>Rahu</b> 4:29PM – 6:03PM	Kaulava Until 6:30PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
Until 4:59AM Mon			<b>Panchami Until 6:05AM</b>	<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>5</b>		<b>Monday, March 27, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Buffalo, NY Sun 19 Sutra 344 Subhakrit 5124
Vrishabha Rasi: 23.5	Tithi 6 – 7	<b>Gulika</b> 1:23PM – 2:57PM	<b>Mrigashira Until 7:05AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:36AM	
<b>Family Home Evening</b>		Yama 10:17AM – 11:50AM	Ayushman Until 12:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 3 - Phase 47 - 19
		137896578 <b>Rahu</b> 7:10AM – 8:43AM	Gara Until 7:47PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga			Moon – Yellow		<b>Devaloka Day</b>
Until 7:05AM Tue			<b>Shashthi* Until 7:02AM</b>	<b>Chaitra•Panguni</b>		
Then Routine Work - Marana Yoga						

		<b>Tuesday, March 28, 2023</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Buffalo, NY Sun 20 Sutra 345 Subhakrit 5124
<b>Retreat Star</b>		<b>Gulika</b> 11:50AM – 1:23PM	<b>Mrigashira Until 7:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	
Mithuna Rasi: 6.06	Tithi 7 – 8	Yama 8:42AM – 10:16AM	Saubhagya Until 1:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 3 - Phase 47 - 20
		137896578 <b>Rahu</b> 2:57PM – 4:31PM	Visti Until 9:39PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
Until 7:05AM			<b>Saptami Until 8:38AM</b>	<b>Chaitra•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>Wednesday, March 29, 2023</b>		<b>Retreat Star</b>		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Buffalo, NY Sun 21 Sutra 346 Subhakrit 5124
Mithuna Rasi: 18.1	Tithi 8 – 9	<b>Gulika</b> 10:15AM – 11:49AM	<b>Ardra Until 9:30AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:33AM	
		Yama 7:07AM – 8:41AM	Sobhana Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM	Moon 3 - Phase 47 - 21
		137896578 <b>Rahu</b> 11:49AM – 1:23PM	Balava Until 11:53PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga			Moon – Yellow		<b>Devaloka Day</b>
		<b>Sri Rama Navami</b>	<b>Ashtami* Until 10:42AM</b>	<b>Chaitra•Panguni</b>		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Buffalo, NY on 4/26/20

www.gurudeva.org/panchang

1	<b>Thursday, March 30, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Alhiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Buffalo, NY Sun 22 Sutra 347 Subhakrit 5124
	Kataka Rasi: 0.06    Tithi 9 – 10	Gulika    8:40AM – 10:15AM Yama       5:31AM – 7:06AM Rahu        1:24PM – 2:58PM	Punarvasu Until 12:30PM Aithiganda* Until 2:32PM Taitila Until 2:17AM Fri Navami* Until 1:03PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:31AM Sunset: 6:07PM	Moon 3 - Phase 48 - 22 4th Phase
	Creative Work    Amrita Yoga	147896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

2	<b>Friday, March 31, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Buffalo, NY Sun 23 Sutra 348 Subhakrit 5124
	Kataka Rasi: 11.59    Tithi 10 – 11	Gulika    7:04AM – 8:39AM Yama       2:58PM – 4:33PM Rahu        10:14AM – 11:49AM	Pushya Until 3:26PM Sukarma Until 3:23PM Vanija Until 4:41AM Sat Dashami Until 3:29PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:29AM Sunset: 6:08PM	Moon 3 - Phase 48 - 23 4th Phase
	Routine Work    Marana Yoga	147896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, April 1, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY Sun 24 Sutra 349 Subhakrit 5124
	Kataka Rasi: 23.53    Tithi 11 – 12	Gulika    5:29AM – 7:04AM Yama       1:24PM – 2:58PM Rahu        8:39AM – 10:14AM	Ashlesha* Until 6:05PM Dhriti Until 4:11PM Bava Until 6:54AM Sun Ekadashi Until 5:48PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sunrise: 5:29AM Sunset: 6:08PM	Moon 3 - Phase 48 - 24 4th Phase
	Routine Work    Marana Yoga Until 6:05PM Then Creative Work - Amrita Yoga	147896578	Yogaswami Mahasamadhi		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

4	<b>Sunday, April 2, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Buffalo, NY Sun 25 Sutra 350 Subhakrit 5124
	Simha Rasi: 5.52    Tithi 12	Gulika    2:59PM – 4:34PM Yama       11:48AM – 1:24PM Rahu        4:34PM – 6:09PM	Magha* Until 8:50PM Shula* Until 4:46PM Bava Until 6:54AM Dvadashi Until 7:52PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:28AM Sunset: 6:09PM	Moon 3 - Phase 48 - 25 4th Phase
	Routine Work    Marana Yoga Until 8:50PM Then Creative Work - Siddha Yoga	158896578			<b>Devaloka Day</b>	

5	<b>Monday, April 3, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Buffalo, NY Sun 26 Sutra 351 Subhakrit 5124
	Simha Rasi: 17.58    Tithi 13 <b>Family Home Evening</b>	Gulika    1:24PM – 2:59PM Yama       10:13AM – 11:48AM Rahu        7:01AM – 8:37AM	Purvaphalguni Until 11:04PM Ganda* Until 5:06PM Kaulava Until 8:48AM Trayodashi Until 9:34PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:26AM Sunset: 6:10PM	Moon 3 - Phase 48 - 26 4th Phase
	Creative Work    Siddha Yoga	158896578			<b>Devaloka Day</b>	

*Pradosha Vrata*

6	<b>Tuesday, April 4, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Buffalo, NY Sun 27 Sutra 352 Subhakrit 5124
	Kanya Rasi: 0.13    Tithi 14	Gulika    11:48AM – 1:24PM Yama       8:36AM – 10:12AM Rahu        3:00PM – 4:36PM	Uttaraphalguni Until 12:42AM Wed Vridhhi Until 5:07PM Gara Until 10:17AM Chaturdashi* Until 10:50PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sunrise: 5:24AM Sunset: 6:12PM	Moon 3 - Phase 48 - 27 4th Phase
	Creative Work    Amrita Yoga Until 12:42AM Wed Then Routine Work - Marana Yoga	158896578			<b>Devaloka Day</b>	

O	<b>Wednesday, April 5, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Buffalo, NY Sutra 353 Subhakrit 5124	
	<b>Copper Retreat Star</b>	Kanya Rasi: 12.4    Tithi 15	Gulika    10:11AM – 11:48AM Yama       6:59AM – 8:35AM Rahu        11:48AM – 1:24PM	Hasta Until 2:11AM Thu Dhruva Until 4:44PM Visti Until 11:17AM Purnima* Until 11:36PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:22AM Sunset: 6:13PM	Moon 3 - Phase 48 - Purnima
	Routine Work    Marana Yoga Until 2:11AM Thu Then Creative Work - Siddha Yoga	168896578	Panguni Uttiram Hanuman Jayanti		<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

O	<b>Thursday, April 6, 2023</b>	Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Buffalo, NY Sutra 354 Subhakrit 5124	
	<b>Silver Retreat Star</b>	Kanya Rasi: 25.21    Tithi 16	Gulika    8:34AM – 10:11AM Yama       5:21AM – 6:57AM Rahu        1:24PM – 3:00PM	Chitra Until 3:03AM Fri Vyaghata* Until 4:00PM Balava Until 11:49AM Prathama* Until 11:52PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sunrise: 5:21AM Sunset: 6:14PM	Moon 3 - Phase 48 - Prathama
	Creative Work    Siddha Yoga	168896578			<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda





**Friday, April 7, 2023**  
**Gold Retreat Star**

Tula Rasi: 8.15      Tithi 17  
Creative Work      Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 6:56AM – 8:33AM  
Yama 3:01PM – 4:38PM  
**Rahu** 10:10AM – 11:47AM  
**Svati Until 3:18AM Sat**  
Harshana Until 2:54PM  
Taitila Until 11:51AM  
**Dvitiya Until 11:41PM**

Buffalo, NY  
Sun 1      Sutra 355  
Subhakrit 5124  
Moon 4 - Phase 49 - 1  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1 Saturday, April 8, 2023**

Tula Rasi: 21.23      Tithi 18  
Creative Work      Siddha Yoga  
Until 3:28AM Sun  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam  
Vishakha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visli\* Karana Tritiyayam Titau  
**Gulika** 5:17AM – 6:55AM  
Yama 1:24PM – 3:01PM  
**Rahu** 8:32AM – 10:09AM  
**Vishakha Until 3:28AM Sun**  
Vajra\* Until 1:26PM  
Vanija Until 11:27AM  
**Tritiya Until 11:05PM**

Buffalo, NY  
Sun 2      Sutra 356  
Subhakrit 5124  
Moon 4 - Phase 49 - 2  
1st Phase  
**Devaloka Day**  
Devaloka Time: 3:PM to 6:PM

**2 Sunday, April 9, 2023**

Vrischika Rasi: 4.44      Tithi 19  
Routine Work      Marana Yoga  
Until 3:07AM Mon  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika** 3:02PM – 4:39PM  
Yama 11:46AM – 1:24PM  
**Rahu** 4:39PM – 6:17PM  
**Anuradha Until 3:07AM Mon**  
Siddhi Until 11:40AM  
Bava Until 10:40AM  
**Chaturthi\* Until 10:06PM**

Buffalo, NY  
Sun 3      Sutra 357  
Subhakrit 5124  
Moon 4 - Phase 49 - 3  
1st Phase  
**Devaloka Day**  
Devaloka Time: 3:PM to 6:PM

**3 Monday, April 10, 2023**

Vrischika Rasi: 18.18      Tithi 20  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 2:17AM Tue  
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 1:24PM – 3:02PM  
Yama 10:08AM – 11:46AM  
**Rahu** 6:52AM – 8:30AM  
**Jyeshtha\* Until 2:17AM Tue**  
Vyatipata\* Until 9:38AM  
Kaulava Until 9:30AM  
**Panchami Until 8:47PM**

Buffalo, NY  
Sun 4      Sutra 358  
Subhakrit 5124  
Moon 4 - Phase 49 - 4  
1st Phase  
**Devaloka Day**  
Devaloka Time: 3:PM to 6:PM

**4 Tuesday, April 11, 2023**

Dhanus Rasi: 2.02      Tithi 21  
Creative Work      Amrita Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan/Parigaha\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika** 11:46AM – 1:24PM  
Yama 8:29AM – 10:07AM  
**Rahu** 3:03PM – 4:41PM  
**Mula\* Until 1:28AM Wed**  
Variyan Until 7:19AM  
Gara Until 8:02AM  
**Shashthi\* Until 7:10PM**

Buffalo, NY  
Sun 5      Sutra 359  
Subhakrit 5124  
Moon 4 - Phase 49 - 5  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5 Wednesday, April 12, 2023**

Dhanus Rasi: 15.58      Tithi 22 – 23  
Creative Work      Amrita Yoga  
Until 12:14AM Thu  
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 10:07AM – 11:46AM  
Yama 6:49AM – 8:28AM  
**Rahu** 11:46AM – 1:24PM  
**Purvashadha\* Until 12:14AM Thu**  
Shiva Until 2:04AM Thu  
Visti Until 6:16AM  
**Saptami Until 5:16PM**

Buffalo, NY  
Sun 6      Sutra 360  
Subhakrit 5124  
Moon 4 - Phase 49 - 6  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Thursday, April 13, 2023**  
**Retreat Star**

Makara Rasi: 0.03      Tithi 23 – 24  
Routine Work      Marana Yoga  
Until 10:39PM  
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika** 8:27AM – 10:06AM  
Yama 5:09AM – 6:48AM  
**Rahu** 1:24PM – 3:03PM  
**Uttarashadha Until 10:39PM**  
Siddha Until 11:08PM  
Taitila Until 2:01AM Fri  
**Ashtami\* Until 3:09PM**

Buffalo, NY  
Sun 7      Sutra 361  
Subhakrit 5124  
Moon 4 - Phase 49 - 7  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Friday, April 14, 2023**  
**Retreat Star**

Makara Rasi: 14.16      Tithi 24 – 25  
Routine Work      Marana Yoga  
Until 9:10PM  
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika** 6:47AM – 8:26AM  
Yama 3:04PM – 4:43PM  
**Rahu** 10:06AM – 11:45AM  
**Shravana Until 9:10PM**  
Sadhya Until 8:05PM  
Vanija Until 11:38PM  
**Navami\* Until 12:49PM**


Buffalo, NY  
Sun 8      Sutra 362  
Sobhana 5125  
Moon 4 - Phase 49 - 8  
Navami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>	<b>Saturday, April 15, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Buffalo, NY
	Makara Rasi: 28.36	Tithi 25 – 26	<b>Gulika</b> 5:06AM – 6:46AM	<b>Dhanishtha</b> Until 7:26PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Sun 9 Sutra 363
		299996578 <b>Rahu</b> 8:25AM – 10:05AM	Subha Until 4:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:24PM	Sobhana 5125	
	Creative Work Siddha Yoga		Bava Until 9:08PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 9	
	Until 7:26PM		<b>Dashami</b> Until 10:22AM	Moon – Purple		2nd Phase	
	Then Creative Work - Amrita Yoga			<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Sunday, April 16, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Buffalo, NY
	Kumbha Rasi: 12.59	Tithi 26 – 27	<b>Gulika</b> 3:05PM – 4:45PM	<b>Shatabhishak</b> Until 5:33PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:04AM	Sun 10 Sutra 364
		291996578 <b>Rahu</b> 4:45PM – 6:25PM	Sukla Until 1:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:25PM	Sobhana 5125	
	Creative Work Siddha Yoga		Kaulava Until 6:37PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 10	
			<b>Ekadashi*</b> Until 7:51AM	Moon – Purple		2nd Phase	
				<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>		

<b>3</b>	<b>Monday, April 17, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Buffalo, NY
	Kumbha Rasi: 27.21	Tithi 28	<b>Gulika</b> 1:25PM – 3:05PM	<b>Purvaproshtapada*</b> Until 4:01PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:03AM	Sun 11 Sutra 1
<b>Family Home Evening</b>		211996578 <b>Rahu</b> 6:43AM – 8:23AM	Brahma Until 10:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Sobhana 5125	
	Routine Work Marana Yoga		Gara Until 4:11PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 11	
	Until 4:01PM		<b>Trayodashi*</b> Until 3:01AM Tue	Moon – Clear		2nd Phase	
	Then Creative Work - Siddha Yoga			<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>		
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, April 18, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Buffalo, NY
	Meena Rasi: 11.37	Tithi 29	<b>Gulika</b> 11:44AM – 1:25PM	<b>Uttaraproshtapada</b> Until 2:32PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:01AM	Sun 12 Sutra 2
		211996578 <b>Rahu</b> 3:06PM – 4:46PM	Indra Until 7:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:27PM	Sobhana 5125	
	Creative Work Amrita Yoga		Visti Until 1:57PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 12	
	Until 2:32PM		<b>Chaturdashi*</b> Until 12:55AM Wed	Moon – Clear		2nd Phase	
	Then Creative Work - Siddha Yoga			<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>		

	<b>Wednesday, April 19, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Buffalo, NY
	<b>Retreat Star</b>		<b>Gulika</b> 10:03AM – 11:44AM	<b>Revati</b> Until 1:14PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:59AM	Sun 13 Sutra 3
Meena Rasi: 25.43	Tithi 30	211996578 <b>Rahu</b> 11:44AM – 1:25PM	Vishkambha* Until 2:28AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:28PM	Sobhana 5125	
	Routine Work Marana Yoga		Catuspada Until 12:02PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 13	
			<b>Amavasya*</b> Until 11:12PM	Moon – Clear		Amavasya	
				<b>Chaitra+Chaitra</b>	<b>Devaloka Day</b>		

<b>Retreat Star</b>	<b>Thursday, April 20, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Buffalo, NY
	Meshha Rasi: 9.32	Tithi 1	<b>Gulika</b> 8:21AM – 10:02AM	<b>Ashvini</b> Until 12:39PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:58AM	Sun 14 Sutra 4
		221996578 <b>Rahu</b> 1:25PM – 3:06PM	Priti Until 12:27AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:29PM	Sobhana 5125	
	Creative Work Amrita Yoga		Kintughna Until 10:32AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 1 - 14	
	Until 12:39PM		<b>Prathama*</b> Until 9:58PM	Moon – White		Prathama	
	Then Creative Work - Siddha Yoga			<b>Vaisaka+Chaitra</b>	<b>Devaloka Day</b>		

<b>1</b>	<b>Friday, April 21, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Buffalo, NY
	Mesha Rasi: 23.04	Tithi 2	Gulika 6:38AM – 8:20AM	<b>Bharani Until 12:28PM</b>	Ganesha: Clear	Sunrise: 4:56AM	Sun 15 Sutra 5
	221996578	Rahu 10:02AM – 11:43AM	Yama 3:07PM – 4:49PM	Ayushman Until 10:53PM	Muruqa: Clear	Sunset: 6:30PM	Sobhana 5125
	Creative Work Siddha Yoga			Balava Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 15 3rd Phase
			<b>Dvitiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>2</b>	<b>Saturday, April 22, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Taitila/Gara Karana Tritiyayam Titau				Buffalo, NY
	Wrishabha Rasi: 6.16	Tithi 3	Gulika 4:55AM – 6:37AM	<b>Krittika Until 12:44PM</b>	Ganesha: Clear	Sunrise: 4:55AM	Sun 16 Sutra 6
	221996578	Rahu 8:19AM – 10:01AM	Yama 1:25PM – 3:07PM	Saubhagya Until 9:51PM	Muruqa: Clear	Sunset: 6:32PM	Sobhana 5125
	Creative Work Amrita Yoga			Taitila Until 9:15AM	Nataraja: Clear		Moon 4 - Phase 2 - 16 3rd Phase
			<b>Tritiya Until 9:19PM</b>	Moon – White		<b>Devaloka Day</b>	
			Akshaya Tritiya	Vaisaka-Chaitra			

<b>3</b>	<b>Sunday, April 23, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Vanija/Visiti* Karana Chaturthyam Titau				Buffalo, NY
	Wrishabha Rasi: 19.07	Tithi 4	Gulika 3:08PM – 4:50PM	<b>Rohini Until 1:58PM</b>	Ganesha: Orange	Sunrise: 4:53AM	Sun 17 Sutra 7
	231996578	Rahu 4:50PM – 6:33PM	Yama 11:43AM – 1:25PM	Sobhana Until 9:20PM	Muruqa: Clear	Sunset: 6:33PM	Sobhana 5125
	Creative Work Siddha Yoga			Vanija Until 9:35AM	Nataraja: Clear		Moon 4 - Phase 2 - 17 3rd Phase
			<b>Chaturthi* Until 9:59PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>4</b>	<b>Monday, April 24, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamyam Titau				Buffalo, NY
	Mithuna Rasi: 1.4	Tithi 5	Gulika 1:26PM – 3:08PM	<b>Mrigashira Until 3:40PM</b>	Ganesha: Orange	Sunrise: 4:52AM	Sun 18 Sutra 8
	231996578	Rahu 6:34AM – 8:17AM	Yama 10:00AM – 11:43AM	Athiganda* Until 9:17PM	Muruqa: Clear	Sunset: 6:34PM	Sobhana 5125
	Family Home Evening Creative Work Amrita Yoga Until 3:40PM Then Creative Work - Siddha Yoga			Bava Until 10:34AM	Nataraja: Clear		Moon 4 - Phase 2 - 18 3rd Phase
			<b>Panchami Until 11:15PM</b>	Moon – Yellow		<b>Devaloka Day</b>	
			Adi Sankara Jayanthi	Vaisaka-Chaitra			

<b>5</b>	<b>Tuesday, April 25, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Buffalo, NY
	Mithuna Rasi: 13.58	Tithi 6	Gulika 11:43AM – 1:26PM	<b>Ardra Until 5:44PM</b>	Ganesha: Orange	Sunrise: 4:50AM	Sun 19 Sutra 9
	231996579	Rahu 3:09PM – 4:52PM	Yama 8:16AM – 10:00AM	Sukarma Until 9:38PM	Muruqa: Clear	Sunset: 6:35PM	Sobhana 5125
	Routine Work Marana Yoga Until 5:44PM Then Creative Work - Siddha Yoga			Kaulava Until 12:07PM	Nataraja: Purple		Moon 4 - Phase 2 - 19 3rd Phase
			<b>Shashthi* Until 1:02AM Wed</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>6</b>	<b>Wednesday, April 26, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Buffalo, NY
	Mithuna Rasi: 26.04	Tithi 7	Gulika 9:59AM – 11:42AM	<b>Punarvasu Until 8:31PM</b>	Ganesha: Green	Sunrise: 4:49AM	Sun 20 Sutra 10
	241996579	Rahu 11:42AM – 1:26PM	Yama 6:32AM – 8:16AM	Dhriti Until 10:18PM	Muruqa: Clear	Sunset: 6:36PM	Sobhana 5125
	Creative Work Siddha Yoga			Gara Until 2:06PM	Nataraja: Purple		Moon 4 - Phase 2 - 20 3rd Phase
			<b>Saptami Until 3:11AM Thu</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Thursday, April 27, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visiti*/Bava Karana Ashtamyam Titau				Buffalo, NY
	<b>Retreat Star</b>		Gulika 8:15AM – 9:59AM	<b>Pushya Until 11:21PM</b>	Ganesha: Red	Sunrise: 4:47AM	Sun 21 Sutra 11
	Kataka Rasi: 8.02	Tithi 8	Yama 4:47AM – 6:31AM	Shula* Until 11:06PM	Muruqa: Clear	Sunset: 6:37PM	Sobhana 5125
	242996579	Rahu 1:26PM – 3:10PM		Visiti Until 4:21PM	Nataraja: Purple		Moon 4 - Phase 2 - 21 Ashtami
Creative Work Amrita Yoga Until 11:21PM Then Creative Work - Siddha Yoga			<b>Ashtami* Until 5:30AM Fri</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

<b>D</b>	<b>Friday, April 28, 2023</b>		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava Karana Navamyam Titau				Buffalo, NY
	<b>Retreat Star</b>		Gulika 6:30AM – 8:14AM	<b>Ashlesha* Until 2:03AM Sat</b>	Ganesha: Red	Sunrise: 4:46AM	Sun 22 Sutra 12
	Kataka Rasi: 19.57	Tithi 9	Yama 3:10PM – 4:54PM	Ganda* Until 11:57PM	Muruqa: Clear	Sunset: 6:38PM	Sobhana 5125
	242996579	Rahu 9:58AM – 11:42AM		Balava Until 6:42PM	Nataraja: Purple		Moon 4 - Phase 2 - 22 Navami
Routine Work Marana Yoga Until 2:03AM Sat Then Creative Work - Amrita Yoga			<b>Navami* Until 7:49AM Sat</b>	Moon – Blue		<b>Sivaloka Day</b>	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


<b>1</b>		<b>Saturday, April 29, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Buffalo, NY Sun 23 Sutra 13 Sobhana 5125
Simha Rasi: 1.52	Tithi 9 – 10	<b>Gulika</b> 4:44AM – 6:29AM	<b>Magha* Until 4:56AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:44AM			
		Yama 1:26PM – 3:11PM	Vriddhi Until 12:42AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 3 - 23		4th Phase
		252996579 <b>Rahu</b> 8:13AM – 9:58AM	Taitila Until 8:55PM	<b>Nataraja:</b> Purple				
Creative Work	Amrita Yoga		<b>Navami* Until 7:49AM</b>	Moon – Red				<b>Devaloka Day</b>
Until 4:56AM Sun				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, April 30, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Buffalo, NY Sun 24 Sutra 14 Sobhana 5125
Simha Rasi: 13.52	Tithi 10 – 11	<b>Gulika</b> 3:11PM – 4:56PM	<b>Purvaphalguni Until 7:17AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:43AM			
		Yama 11:42AM – 1:26PM	Dhruva Until 1:10AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 3 - 24		4th Phase
		252996579 <b>Rahu</b> 4:56PM – 6:41PM	Vanija Until 10:51PM	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Dashami Until 9:55AM</b>	Moon – Red				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Monday, May 1, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Buffalo, NY Sun 25 Sutra 15 Sobhana 5125
Simha Rasi: 26	Tithi 11 – 12	<b>Gulika</b> 1:27PM – 3:12PM	<b>Purvaphalguni Until 7:17AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:40AM			
<b>Family Home Evening</b>		Yama 9:56AM – 11:42AM	Vyaghata* Until 1:17AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3 - 25		4th Phase
		252996579 <b>Rahu</b> 6:26AM – 8:11AM	Bava Until 12:19AM Tue	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Ekadashi Until 11:38AM</b>	Moon – Red				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Tuesday, May 2, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Buffalo, NY Sun 26 Sutra 16 Sobhana 5125
Kanya Rasi: 8.2	Tithi 12 – 13	<b>Gulika</b> 11:41AM – 1:27PM	<b>Uttaraphalguni Until 9:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:39AM			
		Yama 8:10AM – 9:56AM	Harshana Until 12:58AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3 - 26		4th Phase
		252996579 <b>Rahu</b> 3:13PM – 4:58PM	Kaulava Until 1:11AM Wed	<b>Nataraja:</b> Purple				
Creative Work	Amrita Yoga		<b>Dvadashi Until 12:48PM</b>	Moon – Red				<b>Devaloka Day</b>
Until 9:00AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, May 3, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Buffalo, NY Sun 27 Sutra 17 Sobhana 5125
Kanya Rasi: 20.57	Tithi 13 – 14	<b>Gulika</b> 9:55AM – 11:41AM	<b>Hasta Until 10:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:38AM			
		Yama 6:24AM – 8:09AM	Vajra* Until 12:07AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 3 - 27		4th Phase
		252996579 <b>Rahu</b> 11:41AM – 1:27PM	Gara Until 1:26AM Thu	<b>Nataraja:</b> Purple				
Routine Work	Marana Yoga		<b>Trayodashi Until 1:22PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 10:27AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

		<b>Thursday, May 4, 2023</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Buffalo, NY Sun 28 Sutra 18 Sobhana 5125
Tula Rasi: 3.52	Tithi 14 – 15	<b>Gulika</b> 8:09AM – 9:55AM	<b>Chitra Until 11:07AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM			
		Yama 4:36AM – 6:23AM	Siddhi Until 10:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3 -		Purnima
		252996579 <b>Rahu</b> 1:27PM – 3:14PM	Vistil Until 1:03AM Fri	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 1:18PM</b>	Moon – Green				<b>Sivaloka Day</b>
Until 11:07AM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Amrita Yoga		<b>Budha Purnima (Tamil Nadu)</b>						

<b>Friday, May 5, 2023</b>		<b>Silver Retreat Star</b>				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Buffalo, NY Sun 29 Sutra 19 Sobhana 5125
Tula Rasi: 17.05	Tithi 15 – 16	<b>Gulika</b> 6:22AM – 8:08AM	<b>Svati Until 11:02AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:35AM			
		Yama 3:14PM – 5:01PM	Vyatipata* Until 9:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3 -		Prathama
		252996579 <b>Rahu</b> 9:55AM – 11:41AM	Balava Until 12:05AM Sat	<b>Nataraja:</b> Purple				
Creative Work	Siddha Yoga		<b>Purnima* Until 12:37PM</b>	Moon – Green				<b>Sivaloka Day</b>
				<b>Vaisaka-Chaitra</b>				