



Sunday, April 17, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Anchorage, AK

Tula Rasi: 14.32 Tithi 16 – 17

Gulika 4:42PM – 6:34PM
Yama 12:58PM – 2:50PM
268345478 **Rahu** 6:34PM – 8:25PM

Svati Until 2:55PM
Vajra* Until 9:09AM
Taitila Until 6:16PM
Prathama* Until 7:33AM

Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 8:25PM
Nataraja: White
Moon – Green
Chaitra*Chaitra

Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Creative Work Siddha Yoga
Until 2:55PM
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

1

Monday, April 18, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Vanija/Vistil* Karana Tritiyayam Titau

Anchorage, AK

Tula Rasi: 29.01 Tithi 18

Gulika 2:51PM – 4:43PM
Yama 11:06AM – 12:58PM
278345478 **Rahu** 7:21AM – 9:13AM

Vishakha Until 1:07PM
Vyatipata* Until 2:29AM Tue
Vanija Until 3:32PM
Tritiya Until 2:07AM Tue

Ganesha: Purple *Sunrise:* 5:28AM
Muruqa: White *Sunset:* 8:28PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 1 Sutra 1
Subhakrit 5124
Moon 4 - Phase 1 -
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 1:07PM
Then Creative Work - Siddha Yoga

Bhuloka Day

2

Tuesday, April 19, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Virchika Rasi: 13.34 Tithi 19

Gulika 12:58PM – 2:51PM
Yama 9:12AM – 11:05AM
278345478 **Rahu** 4:44PM – 6:37PM

Anuradha Until 11:06AM
Variyan Until 11:05PM
Bava Until 12:45PM
Chaturthi* Until 11:21PM

Ganesha: Purple *Sunrise:* 5:25AM
Muruqa: White *Sunset:* 8:31PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 2 Sutra 2
Subhakrit 5124
Moon 4 - Phase 1 -
2nd Phase

Creative Work Siddha Yoga
Until 11:06AM
Then Routine Work - Marana Yoga

Bhuloka Day

3

Wednesday, April 20, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Virchika Rasi: 28.06 Tithi 20

Gulika 11:04AM – 12:58PM
Yama 7:16AM – 9:10AM
278345478 **Rahu** 12:58PM – 2:52PM

Jyeshtha* Until 9:00AM
Parigha* Until 7:47PM
Kaulava Until 10:01AM
Panchami Until 8:40PM

Ganesha: Purple *Sunrise:* 5:22AM
Muruqa: White *Sunset:* 8:33PM
Nataraja: White
Moon – Orange
Chaitra*Chaitra

Sun 3 Sutra 3
Subhakrit 5124
Moon 4 - Phase 1 -
3rd Phase

Creative Work Siddha Yoga
Until 9:00AM
Then Routine Work - Marana Yoga

Bhuloka Day

4

Thursday, April 21, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Dhanus Rasi: 12.32 Tithi 21

Gulika 9:08AM – 11:03AM
Yama 5:19AM – 7:14AM
289345478 **Rahu** 2:52PM – 4:47PM

Mula* Until 7:19AM
Shiva Until 4:39PM
Gara Until 7:25AM
Shashthi* Until 6:11PM

Ganesha: Purple *Sunrise:* 5:19AM
Muruqa: White *Sunset:* 8:36PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sun 4 Sutra 4
Subhakrit 5124
Moon 4 - Phase 1 -
4th Phase

Creative Work Siddha Yoga

Devaloka Day

5

Friday, April 22, 2022

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Dhanus Rasi: 26.5 Tithi 22 – 23

Gulika 7:12AM – 9:07AM
Yama 4:48PM – 6:43PM
289345478 **Rahu** 11:02AM – 12:57PM

Uttarashadha Until 4:15AM Sat
Siddha Until 1:42PM
Balava Until 2:58AM Sat
Saptami Until 3:57PM

Ganesha: Purple *Sunrise:* 5:16AM
Muruqa: White *Sunset:* 8:38PM
Nataraja: White
Moon – Light Blue
Chaitra*Chaitra

Sun 5 Sutra 5
Subhakrit 5124
Moon 4 - Phase 1 -
5th Phase

Routine Work Marana Yoga
Until 4:15AM Sat
Then Creative Work - Siddha Yoga

Devaloka Day

☾

Saturday, April 23, 2022
Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Makara Rasi: 10.56 Tithi 23 – 24

Gulika 5:13AM – 7:09AM
Yama 2:53PM – 4:49PM
299345478 **Rahu** 9:05AM – 11:01AM

Shravana Until 3:24AM Sun
Sadhya Until 11:00AM
Taitila Until 1:12AM Sun
Ashtami* Until 2:02PM

Ganesha: Clear *Sunrise:* 5:13AM
Muruqa: White *Sunset:* 8:41PM
Nataraja: White
Moon – Purple
Chaitra*Chaitra

Sun 6 Sutra 6
Subhakrit 5124
Moon 4 - Phase 1 -
6th Phase
Ashtami

Creative Work Siddha Yoga
Until 3:24AM Sun
Then Routine Work - Marana Yoga

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Sunday, April 24, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Anchorage, AK

Makara Rasi: 24.49 Tithi 24 – 25

Gulika 4:50PM – 6:47PM
Yama 12:57PM – 2:54PM
299345479 **Rahu** 6:47PM – 8:44PM

Dhanishtha Until 2:45AM Mon
Subha Until 8:35AM
Vanija Until 11:47PM
Navami* Until 12:26PM

Ganesha: Clear *Sunrise:* 5:10AM
Muruqa: White *Sunset:* 8:44PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Sun 7 Sutra 7
Subhakrit 5124
Moon 4 - Phase 1 -
7th Phase
Navami

Routine Work Marana Yoga
Until 2:45AM Mon
Then Creative Work - Siddha Yoga


Devaloka Day

1		Monday, April 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 8 Sutra 8	
Kumbha Rasi: 8.29	Tithi 25 – 26	Gulika	2:54PM – 4:52PM	Shatabhishak	Until 2:19AM Tue	Ganesha:	Clear	<i>Sunrise:</i>	5:07AM	Subhakrit 5124	
Family Home Evening	299345479	Yama	10:59AM – 12:57PM	Sukla	Until 6:26AM	Muruqa:	White	<i>Sunset:</i>	8:46PM	Moon 4 - Phase 2 - 8	
Creative Work	Siddha Yoga	Rahu	7:05AM – 9:02AM	Bava	Until 10:45PM	Nataraja:	Clear	Moon – Purple			
Until 2:19AM Tue				Dashami	Until 11:12AM			Devaloka Day			
Then Routine Work - Marana Yoga								Chaitra+Chaitra			

2		Tuesday, April 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 9 Sutra 9	
Kumbha Rasi: 21.57	Tithi 26 – 27	Gulika	12:57PM – 2:55PM	Purvaproshtapada*	Until 2:36AM Wed	Ganesha:	Red	<i>Sunrise:</i>	5:04AM	Subhakrit 5124	
	219345479	Yama	9:00AM – 10:59AM	Indra	Until 3:07AM Wed	Muruqa:	White	<i>Sunset:</i>	8:49PM	Moon 4 - Phase 2 - 9	
Routine Work	Marana Yoga	Rahu	4:53PM – 6:51PM	Kaulava	Until 10:07PM	Nataraja:	Clear	Moon – Clear			
Until 2:36AM Wed				Ekadashi*	Until 10:21AM			Devaloka Day			
Then Creative Work - Siddha Yoga								Chaitra+Chaitra			

3		Wednesday, April 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 10 Sutra 10	
Meena Rasi: 5.11	Tithi 27 – 28	Gulika	10:58AM – 12:56PM	Uttaraproshtapada	Until 3:10AM Thu	Ganesha:	Red	<i>Sunrise:</i>	5:01AM	Subhakrit 5124	
	219345479	Yama	7:00AM – 8:59AM	Vaidhriti*	Until 1:57AM Thu	Muruqa:	White	<i>Sunset:</i>	8:52PM	Moon 4 - Phase 2 - 10	
Creative Work	Siddha Yoga	Rahu	12:56PM – 2:55PM	Gara	Until 9:54PM	Nataraja:	Clear	Moon – Clear			
				Dvadashi*	Until 9:56AM			Devaloka Day			
								Chaitra+Chaitra			
								<i>Pradosha Vrata (Fasting)</i>			

4		Thursday, April 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 11 Sutra 11	
Meena Rasi: 18.11	Tithi 28 – 29	Gulika	8:57AM – 10:57AM	Revati	Until 4:02AM Fri	Ganesha:	Blue	<i>Sunrise:</i>	4:58AM	Subhakrit 5124	
	219445479	Yama	4:58AM – 6:58AM	Vishkambha*	Until 1:11AM Fri	Muruqa:	White	<i>Sunset:</i>	8:54PM	Moon 4 - Phase 2 - 11	
Creative Work	Siddha Yoga	Rahu	2:56PM – 4:55PM	Visti	Until 10:10PM	Nataraja:	Clear	Moon – Clear			
Until 4:02AM Fri				Trayodashi*	Until 9:57AM			Bhuloka Day			
Then Creative Work - Amrita Yoga								Devaloka Time: 6:PM to 9:PM			
								Chaitra+Chaitra			

		Friday, April 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK Sun 12 Sutra 12	
Retreat Star		Gulika	6:56AM – 8:56AM	Ashvini	Until 5:41AM Sat	Ganesha:	Green	<i>Sunrise:</i>	4:55AM	Subhakrit 5124	
Mesha Rasi: 0.56	Tithi 29 – 30	Yama	4:57PM – 6:57PM	Priti	Until 12:48AM Sat	Muruqa:	White	<i>Sunset:</i>	8:57PM	Moon 4 - Phase 2 - 12	
	221445479	Rahu	10:56AM – 12:56PM	Catuspada	Until 10:55PM	Nataraja:	Clear	Moon – White			
Creative Work	Amrita Yoga			Chaturdashi*	Until 10:27AM			Bhuloka Day			
Until 5:41AM Sat								Devaloka Time: 6:PM to 9:PM			
Then Creative Work - Siddha Yoga								Chaitra+Chaitra			

Retreat Star		Saturday, April 30, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 13 Sutra 13	
Mesha Rasi: 13.29	Tithi 30 – 1	Gulika	4:53AM – 6:53AM	Bharani	Until 7:40AM Sun	Ganesha:	Green	<i>Sunrise:</i>	4:53AM	Subhakrit 5124	
	221445479	Yama	2:57PM – 4:58PM	Ayushman	Until 12:46AM Sun	Muruqa:	White	<i>Sunset:</i>	9:00PM	Moon 4 - Phase 2 - 13	
Creative Work	Siddha Yoga	Rahu	8:54AM – 10:55AM	Kintughna	Until 12:10AM Sun	Nataraja:	Clear	Moon – White			
				Amavasya*	Until 11:27AM			Bhuloka Day			
								Devaloka Time: 6:PM to 9:PM			
								Vaisaka+Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1 Mesha Rasi: 25.49 Tithi 1 – 2 221445479 Routine Work Prabalarishta Yoga Until 7:40AM Then Creative Work - Siddha Yoga	Sunday, May 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 14 Sutra 14 Subhakrit 5124
	Gulika 4:59PM – 7:01PM	Bharani Until 7:40AM	Ganesha: Green	Sunrise: 4:50AM	Moon 4 - Phase 3 - 14 3rd Phase
	Yama 12:56PM – 2:58PM	Saubhagya Until 1:07AM Mon	Muruqa: White	Sunset: 9:02PM	
	Rahu 7:01PM – 9:02PM	Balava Until 1:52AM Mon	Nataraja: Clear	Moon – White	Bhuloka Day Devaloka Time: 6:PM to 9:PM

2 Vrishabha Rasi: 7.56 Tithi 2 – 3 Family Home Evening Routine Work Marana Yoga Until 9:55AM Then Creative Work - Amrita Yoga	Monday, May 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anchorage, AK Sun 15 Sutra 15 Subhakrit 5124
	Gulika 2:58PM – 5:00PM	Krittika Until 9:55AM	Ganesha: Green	Sunrise: 4:47AM	Moon 4 - Phase 3 - 15 3rd Phase
	Yama 10:54AM – 12:56PM	Sobhana Until 1:47AM Tue	Muruqa: White	Sunset: 9:05PM	
	Rahu 6:49AM – 8:51AM	Taitila Until 3:58AM Tue	Nataraja: Clear	Moon – White	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3 Vrishabha Rasi: 19.56 Tithi 3 – 4 231445479 Creative Work Amrita Yoga Until 12:50PM Then Creative Work - Siddha Yoga	Tuesday, May 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Anchorage, AK Sun 16 Sutra 16 Subhakrit 5124
	Gulika 12:56PM – 2:59PM	Rohini Until 12:50PM	Ganesha: White	Sunrise: 4:44AM	Moon 4 - Phase 3 - 16 3rd Phase
	Yama 8:50AM – 10:53AM	Athiganda* Until 2:38AM Wed	Muruqa: White	Sunset: 9:08PM	
	Rahu 5:02PM – 7:05PM	Vanija Until 6:21AM Wed	Nataraja: Clear	Moon – Yellow	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4 Mithuna Rasi: 1.49 Tithi 4 231445479 Creative Work Siddha Yoga	Wednesday, May 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Vistii* Karana Chaturthyam Titau		Anchorage, AK Sun 17 Sutra 17 Subhakrit 5124
	Gulika 10:52AM – 12:56PM	Mrigashira Until 3:48PM	Ganesha: White	Sunrise: 4:41AM	Moon 4 - Phase 3 - 17 3rd Phase
	Yama 6:45AM – 8:48AM	Sukarma Until 3:37AM Thu	Muruqa: White	Sunset: 9:10PM	
	Rahu 12:56PM – 2:59PM	Vanija Until 6:21AM	Nataraja: Clear	Moon – Yellow	Bhuloka Day Devaloka Time: 6:PM to 9:PM

5 Mithuna Rasi: 13.39 Tithi 5 231445479 Routine Work Marana Yoga Until 6:40PM Then Creative Work - Amrita Yoga	Thursday, May 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Anchorage, AK Sun 18 Sutra 18 Subhakrit 5124
	Gulika 8:47AM – 10:51AM	Ardra Until 6:40PM	Ganesha: White	Sunrise: 4:38AM	Moon 4 - Phase 3 - 18 3rd Phase
	Yama 4:38AM – 6:43AM	Dhriti Until 4:36AM Fri	Muruqa: White	Sunset: 9:13PM	
	Rahu 3:00PM – 5:04PM	Bava Until 8:51AM	Nataraja: Clear	Moon – Yellow	Bhuloka Day Devaloka Time: 6:PM to 9:PM

6 Mithuna Rasi: 25.3 Tithi 6 241445479 Creative Work Siddha Yoga Until 9:46PM Then Routine Work - Marana Yoga	Friday, May 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Anchorage, AK Sun 19 Sutra 19 Subhakrit 5124
	Gulika 6:40AM – 8:45AM	Punarvasu Until 9:46PM	Ganesha: Clear	Sunrise: 4:35AM	Moon 4 - Phase 3 - 19 3rd Phase
	Yama 5:05PM – 7:10PM	Shula* Until 5:26AM Sat	Muruqa: White	Sunset: 9:15PM	
	Rahu 10:50AM – 12:55PM	Kaulava Until 11:18AM	Nataraja: Clear	Moon – Blue	Devaloka Day

Kataka Rasi: 7.25 Tithi 7 241445479 Creative Work Siddha Yoga	Saturday, May 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Anchorage, AK Sun 20 Sutra 20 Subhakrit 5124	
	Retreat Star		Gulika 4:33AM – 6:38AM	Pushya Until 12:25AM Sun	Ganesha: Clear	Sunrise: 4:33AM
	Yama 3:01PM – 5:07PM	Ganda* Until 6:00AM Sun	Muruqa: White	Sunset: 9:18PM	Moon 4 - Phase 3 - 20 3rd Phase	
	Rahu 8:44AM – 10:50AM	Gara Until 1:31PM	Nataraja: Clear	Moon – Blue	Devaloka Day	

Kataka Rasi: 19.29 Tithi 8 241445479 Creative Work Siddha Yoga Until 2:25AM Mon Then Routine Work - Marana Yoga	Sunday, May 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Ganda*Vridhii Yoga Visti*/Bava Karana Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 21 Subhakrit 5124	
	Retreat Star		Gulika 5:08PM – 7:14PM	Ashlesha* Until 2:25AM Mon	Ganesha: Clear	Sunrise: 4:30AM
	Yama 12:55PM – 3:02PM	Ganda* Until 6:00AM	Muruqa: White	Sunset: 9:21PM	Moon 4 - Phase 3 - 21 Ashtami	
	Rahu 7:14PM – 9:21PM	Visti Until 3:20PM	Nataraja: Clear	Moon – Blue	Devaloka Day	

Simha Rasi: 1.45 Tithi 9 Family Home Evening Routine Work Marana Yoga Until 4:08AM Tue Then Creative Work - Siddha Yoga	Monday, May 9, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vridhii/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau		Anchorage, AK Sun 22 Sutra 22 Subhakrit 5124	
	Retreat Star		Gulika 3:02PM – 5:09PM	Magha* Until 4:08AM Tue	Ganesha: Purple	Sunrise: 4:27AM
	Yama 10:48AM – 12:55PM	Vridhii Until 6:11AM	Muruqa: White	Sunset: 9:23PM	Moon 4 - Phase 3 - 22 Navami	
	Rahu 6:34AM – 8:41AM	Balava Until 4:33PM	Nataraja: Clear	Moon – Red	Bhuloka Day Devaloka Time: 6:PM to 9:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Tuesday, May 10, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 23	
Simha Rasi: 14.19	Tithi 10	Gulika	12:55PM – 3:03PM	Purvaphalguni Until 4:57AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:25AM	Subhakrit 5124		
		Yama	8:40AM – 10:48AM	Vyaghata* Until 4:53AM Wed	Muruqa: White	<i>Sunset:</i> 9:26PM	Moon 4 - Phase 4 - 23		
		252445479 Rahu	5:11PM – 7:18PM	Taitila Until 5:04PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Dashami Until 5:01AM Wed	Moon – Red		Devaloka Day		
Until 4:57AM Wed					Vaisaka-Chaitra				
Then Creative Work - Amrita Yoga									


2		Wednesday, May 11, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 24	
Simha Rasi: 27.14	Tithi 11	Gulika	10:47AM – 12:55PM	Uttaraphalguni Until 4:51AM Thu	Ganesha: Clear	<i>Sunrise:</i> 4:22AM	Subhakrit 5124		
		Yama	6:30AM – 8:39AM	Harshana Until 3:21AM Thu	Muruqa: White	<i>Sunset:</i> 9:28PM	Moon 4 - Phase 4 - 24		
		252445479 Rahu	12:55PM – 3:04PM	Vanija Until 4:49PM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga			Ekadashi Until 4:23AM Thu	Moon – Red		Devaloka Day		
Until 4:51AM Thu					Vaisaka-Chaitra				
Then Routine Work - Marana Yoga									

3		Thursday, May 12, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 25	
Kanya Rasi: 10.33	Tithi 12	Gulika	8:37AM – 10:46AM	Hasta Until 4:19AM Fri	Ganesha: White	<i>Sunrise:</i> 4:19AM	Subhakrit 5124		
		Yama	4:19AM – 6:28AM	Vajra* Until 1:11AM Fri	Muruqa: White	<i>Sunset:</i> 9:31PM	Moon 4 - Phase 4 - 25		
		262445479 Rahu	3:04PM – 5:13PM	Bava Until 3:47PM	Nataraja: Clear		4th Phase		
Routine Work	Marana Yoga			Dvadashi Until 2:58AM Fri	Moon – Green		Sivaloka Day		
Until 4:19AM Fri					Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga									

4		Friday, May 13, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Siddhi* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 26	
Kanya Rasi: 24.18	Tithi 13	Gulika	6:26AM – 8:36AM	Chitra Until 2:58AM Sat	Ganesha: White	<i>Sunrise:</i> 4:17AM	Subhakrit 5124		
		Yama	5:14PM – 7:24PM	Siddhi Until 10:28PM	Muruqa: White	<i>Sunset:</i> 9:34PM	Moon 4 - Phase 4 - 26		
		262445479 Rahu	10:46AM – 12:55PM	Kaulava Until 2:02PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Trayodashi Until 12:54AM Sat	Moon – Green		Sivaloka Day		
					Vaisaka-Chaitra				

Pradosha Vrata

5		Saturday, May 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 27	
Tula Rasi: 8.28	Tithi 14	Gulika	4:14AM – 6:24AM	Svati Until 12:56AM Sun	Ganesha: White	<i>Sunrise:</i> 4:14AM	Subhakrit 5124		
		Yama	3:05PM – 5:16PM	Vyatipata* Until 7:19PM	Muruqa: White	<i>Sunset:</i> 9:36PM	Moon 4 - Phase 4 - 27		
		262445479 Rahu	8:35AM – 10:45AM	Gara Until 11:40AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga			Chaturdashi* Until 10:16PM	Moon – Green		Sivaloka Day		
Until 12:56AM Sun					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

		Sunday, May 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK Sun 28 Sutra 28	
Copper Retreat Star		Gulika	5:17PM – 7:28PM	Vishakha Until 10:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:12AM	Subhakrit 5124		
Tula Rasi: 23	Tithi 15	Yama	12:55PM – 3:06PM	Variyan Until 3:46PM	Muruqa: White	<i>Sunset:</i> 9:39PM	Moon 4 - Phase 4 - Purnima		
		272445479 Rahu	7:28PM – 9:39PM	Visti Until 8:49AM	Nataraja: Clear				
Routine Work	Marana Yoga			Purnima* Until 7:14PM	Moon – Orange		Devaloka Day		
					Vaisaka-Vaikasi				

Monday, May 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Prathamam Dvitiyam Titau				Anchorage, AK Sun 29 Sutra 29			
Silver Retreat Star		Gulika	3:07PM – 5:18PM	Anuradha Until 8:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:09AM	Subhakrit 5124		
Vrischika Rasi: 7.47	Tithi 16 – 17	Yama	10:44AM – 12:55PM	Parigha* Until 12:00PM	Muruqa: White	<i>Sunset:</i> 9:41PM	Moon 4 - Phase 4 - Prathama		
Family Home Evening		272445479 Rahu	6:21AM – 8:32AM	Taitila Until 2:14AM Tue	Nataraja: Clear				
Creative Work	Siddha Yoga			Prathama* Until 3:56PM	Moon – Orange		Devaloka Day		
					Vaisaka-Vaikasi				

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

ll times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang



Tuesday, May 17, 2022
Gold Retreat Star

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 30

Subhakarit 5124

Vrischika Rasi: 22.44 Tithi 17 – 18

272445479

Gulika

12:55PM – 3:07PM

Yama

8:31AM – 10:43AM

Rahu

5:19PM – 7:32PM

Jyeshtha* Until 5:31PM

Shiva Until 8:07AM

Vanija Until 10:49PM

Dvitiya Until 12:31PM

Ganesha: Yellow

Sunrise: 4:07AM

Muruqa: White

Sunset: 9:44PM

Nataraja: Clear

Moon – Orange

Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Amrita Yoga

1

Wednesday, May 18, 2022

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 31

Subhakarit 5124

Dhanus Rasi: 7.4 Tithi 18 – 19

282445479

Gulika

10:42AM – 12:55PM

Yama

6:17AM – 8:30AM

Rahu

12:55PM – 3:08PM

Mula* Until 3:07PM

Sadhya Until 12:27AM Thu

Bava Until 7:30PM

Tritiya Until 9:08AM

Ganesha: Blue

Sunrise: 4:04AM

Muruqa: White

Sunset: 9:46PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

Until 3:07PM

Then Creative Work - Amrita Yoga

2

Thursday, May 19, 2022

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 32

Subhakarit 5124

Dhanus Rasi: 22.3 Tithi 20

282445479

Gulika

8:28AM – 10:42AM

Yama

4:02AM – 6:15AM

Rahu

3:09PM – 5:22PM

Purvashadha* Until 12:47PM

Subha Until 8:55PM

Kaulava Until 4:26PM

Panchami Until 3:01AM Fri

Ganesha: Blue

Sunrise: 4:02AM

Muruqa: White

Sunset: 9:49PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:47PM

Then Routine Work - Marana Yoga

3

Friday, May 20, 2022

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 33

Subhakarit 5124

Makara Rasi: 7.06 Tithi 21

282445479

Gulika

6:13AM – 8:27AM

Yama

5:23PM – 7:37PM

Rahu

10:41AM – 12:55PM

Uttarashadha Until 10:40AM

Sukla Until 5:41PM

Gara Until 1:43PM

Shashthi* Until 12:31AM Sat

Ganesha: Blue

Sunrise: 3:59AM

Muruqa: White

Sunset: 9:51PM

Nataraja: Clear

Moon – Light Blue

Vaisaka-Vaikasi

Sivaloka Day

Routine Work Marana Yoga

4

Saturday, May 21, 2022

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 34

Subhakarit 5124

Makara Rasi: 21.23 Tithi 22

292445479

Gulika

3:57AM – 6:12AM

Yama

3:10PM – 5:24PM

Rahu

8:26AM – 10:41AM

Shravana Until 9:17AM

Brahma Until 2:51PM

Visti Until 11:28AM

Saptami Until 10:31PM

Ganesha: Red

Sunrise: 3:57AM

Muruqa: White

Sunset: 9:54PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Sunday, May 22, 2022

Retreat Star

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 35

Subhakarit 5124

Kumbha Rasi: 5.2 Tithi 23

292445479

Gulika

5:26PM – 7:41PM

Yama

12:55PM – 3:11PM

Rahu

7:41PM – 9:56PM

Dhanishtha Until 8:17AM

Indra Until 12:29PM

Balava Until 9:45AM

Ashtami* Until 9:06PM

Ganesha: Red

Sunrise: 3:55AM

Muruqa: White

Sunset: 9:56PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Devaloka Day

Routine Work Marana Yoga

Until 8:17AM

Then Creative Work - Siddha Yoga

Monday, May 23, 2022

Retreat Star

Subhakar Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Shatabhishak/Purvaprosithapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 7 Sutra 36

Subhakarit 5124

Kumbha Rasi: 18.56 Tithi 24

293545479

Gulika

3:11PM – 5:27PM

Yama

10:40AM – 12:55PM

Rahu

6:08AM – 8:24AM

Shatabhishak Until 7:43AM

Vaidhriti* Until 10:34AM

Taitila Until 8:38AM

Navami* Until 8:16PM

Ganesha: Red

Sunrise: 3:53AM

Muruqa: White

Sunset: 9:58PM

Nataraja: Clear

Moon – Purple

Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 7:43AM

Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

ll times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1		Tuesday, May 24, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yukstayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 37	
Meena Rasi: 2.13	Tithi 25	Gulika	12:56PM – 3:12PM	Purvaproshtapada* Until 8:03AM	Ganesha: Clear	<i>Sunrise:</i> 3:50AM		Subhakrit 5124	
		Yama	8:23AM – 10:39AM	Vishkambha* Until 9:09AM	Muruqa: White	<i>Sunset:</i> 10:01PM		Moon 5 - Phase 6 - 8	
		213545479 Rahu	5:28PM – 7:44PM	Vanija Until 8:06AM	Nataraja: Clear			2nd Phase	
Routine Work	Marana Yoga			Dashami Until 8:02PM	Moon – Clear			Devaloka Day	
Until 8:03AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

2		Wednesday, May 25, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yukstayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 38	
Meena Rasi: 15.1	Tithi 26	Gulika	10:39AM – 12:56PM	Uttaraproshtapada Until 8:48AM	Ganesha: Purple	<i>Sunrise:</i> 3:48AM		Subhakrit 5124	
		Yama	6:05AM – 8:22AM	Priti Until 8:13AM	Muruqa: White	<i>Sunset:</i> 10:03PM		Moon 5 - Phase 6 - 9	
		313545479 Rahu	12:56PM – 3:12PM	Bava Until 8:10AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 8:23PM	Moon – Clear			Sivaloka Day	
Until 8:48AM					Vaisaka-Vaikasi				
Then Routine Work - Marana Yoga									

3		Thursday, May 26, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yukstayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 39	
Meena Rasi: 27.5	Tithi 27	Gulika	8:21AM – 10:38AM	Revati Until 9:57AM	Ganesha: Purple	<i>Sunrise:</i> 3:46AM		Subhakrit 5124	
		Yama	3:46AM – 6:04AM	Ayushman Until 7:42AM	Muruqa: White	<i>Sunset:</i> 10:05PM		Moon 5 - Phase 6 - 10	
		313545479 Rahu	3:13PM – 5:30PM	Kaulava Until 8:47AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Dvadashi* Until 9:17PM	Moon – Clear			Sivaloka Day	
Until 9:57AM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

4		Friday, May 27, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yukstayam Ashvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 40	
Mesha Rasi: 10.17	Tithi 28	Gulika	6:02AM – 8:20AM	Ashvini Until 11:54AM	Ganesha: Clear	<i>Sunrise:</i> 3:44AM		Subhakrit 5124	
		Yama	5:32PM – 7:49PM	Saubhagya Until 7:35AM	Muruqa: White	<i>Sunset:</i> 10:07PM		Moon 5 - Phase 6 - 11	
		323545479 Rahu	10:38AM – 12:56PM	Gara Until 9:55AM	Nataraja: Clear			2nd Phase	
Creative Work	Amrita Yoga			Trayodashi* Until 10:39PM	Moon – White			Devaloka Day	
Until 11:54AM					Vaisaka-Vaikasi				
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>					

5		Saturday, May 28, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yukstayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 41	
Mesha Rasi: 22.32	Tithi 29	Gulika	3:42AM – 6:01AM	Bharani Until 2:08PM	Ganesha: Clear	<i>Sunrise:</i> 3:42AM		Subhakrit 5124	
		Yama	3:14PM – 5:33PM	Sobhana Until 7:51AM	Muruqa: White	<i>Sunset:</i> 10:09PM		Moon 5 - Phase 6 - 12	
		323545479 Rahu	8:19AM – 10:38AM	Visti Until 11:30AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 12:25AM Sun	Moon – White			Devaloka Day	
Until 2:08PM					Vaisaka-Vaikasi				
Then Creative Work - Amrita Yoga									

●		Sunday, May 29, 2022				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yukstayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 42	
Retreat Star		Gulika	5:34PM – 7:53PM	Krittika Until 4:32PM	Ganesha: Clear	<i>Sunrise:</i> 3:40AM		Subhakrit 5124	
Vrishabha Rasi: 4.38	Tithi 30	Yama	12:56PM – 3:15PM	Athiganda* Until 8:22AM	Muruqa: White	<i>Sunset:</i> 10:12PM		Moon 5 - Phase 6 - 13	
		323545479 Rahu	7:53PM – 10:12PM	Catuspada Until 1:28PM	Nataraja: Clear			Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 2:32AM Mon	Moon – White			Devaloka Day	
					Vaisaka-Vaikasi				

Monday, May 30, 2022		Retreat Star				Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yukstayam Rohini Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau		Anchorage, AK Sun 14 Sutra 43	
Vrishabha Rasi: 16.37	Tithi 1	Gulika	3:16PM – 5:35PM	Rohini Until 7:33PM	Ganesha: Orange	<i>Sunrise:</i> 3:39AM		Subhakrit 5124	
Family Home Evening		Yama	10:37AM – 12:56PM	Sukarma Until 9:09AM	Muruqa: White	<i>Sunset:</i> 10:14PM		Moon 5 - Phase 6 - 14	
		333545479 Rahu	5:58AM – 8:17AM	Kintughna Until 3:42PM	Nataraja: Clear			Prathama	
Creative Work	Amrita Yoga			Prathama* Until 4:52AM Tue	Moon – Yellow			Devaloka Day	
					Jyeshtha-Vaikasi				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1		Tuesday, May 31, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Balava Karana Dvitiyayam Titau		Anchorage, AK Sun 15 Sutra 44	
Vrishabha Rasi: 28.29 Tithi 2		333545479		Gulika 12:56PM – 3:16PM Yama 8:17AM – 10:36AM Rahu 5:36PM – 7:56PM	Mrigashira Until 10:33PM Dhriti Until 10:06AM Balava Until 6:07PM Dvitiya Until 7:20AM Wed	Ganesha: Orange <i>Sunrise:</i> 3:37AM Muruqa: White <i>Sunset:</i> 10:16PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 15 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 10:33PM Then Routine Work - Marana Yoga							
2		Wednesday, June 1, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Anchorage, AK Sun 16 Sutra 45	
Mithuna Rasi: 10.2 Tithi 2 – 3		333545479		Gulika 10:36AM – 12:56PM Yama 5:56AM – 8:16AM Rahu 12:56PM – 3:17PM	Ardra Until 1:25AM Thu Shula* Until 11:05AM Taitila Until 8:36PM Dvitiya Until 7:20AM	Ganesha: Orange <i>Sunrise:</i> 3:35AM Muruqa: White <i>Sunset:</i> 10:18PM Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 16 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 1:25AM Thu Then Creative Work - Amrita Yoga							
3		Thursday, June 2, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Anchorage, AK Sun 17 Sutra 46	
Mithuna Rasi: 22.1 Tithi 3 – 4		343555479		Gulika 8:15AM – 10:36AM Yama 3:34AM – 5:54AM Rahu 3:17PM – 5:38PM	Punarvasu Until 4:35AM Fri Ganda* Until 12:06PM Vanija Until 11:03PM Tritiya Until 9:49AM	Ganesha: Clear <i>Sunrise:</i> 3:34AM Muruqa: Green <i>Sunset:</i> 10:19PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 17 3rd Phase Devaloka Day
Creative Work Amrita Yoga Until 4:35AM Fri Then Routine Work - Marana Yoga							
4		Friday, June 3, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Anchorage, AK Sun 18 Sutra 47	
Kataka Rasi: 4.01 Tithi 4 – 5		343555479		Gulika 5:53AM – 8:14AM Yama 5:39PM – 8:00PM Rahu 10:36AM – 12:57PM	Pushya Until 7:23AM Sat Vridhi Until 1:03PM Bava Until 1:20AM Sat Chaturthi* Until 12:12PM	Ganesha: Clear <i>Sunrise:</i> 3:32AM Muruqa: Green <i>Sunset:</i> 10:21PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 18 3rd Phase Devaloka Day
Routine Work Marana Yoga							
5		Saturday, June 4, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Anchorage, AK Sun 19 Sutra 48	
Kataka Rasi: 15.58 Tithi 5 – 6		343555479		Gulika 3:31AM – 5:52AM Yama 3:18PM – 5:40PM Rahu 8:14AM – 10:35AM	Pushya Until 7:23AM Dhruva Until 1:47PM Kaulava Until 3:19AM Sun Panchami Until 2:21PM	Ganesha: Clear <i>Sunrise:</i> 3:31AM Muruqa: Green <i>Sunset:</i> 10:23PM Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 19 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 7:23AM Then Routine Work - Marana Yoga							
6		Sunday, June 5, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Anchorage, AK Sun 20 Sutra 49	
Kataka Rasi: 28.02 Tithi 6 – 7		343555471		Gulika 5:41PM – 8:03PM Yama 12:57PM – 3:19PM Rahu 8:03PM – 10:25PM	Ashlesha* Until 9:42AM Vyaghata* Until 2:15PM Gara Until 4:51AM Mon Shashthi* Until 4:08PM	Ganesha: Clear <i>Sunrise:</i> 3:29AM Muruqa: Green <i>Sunset:</i> 10:25PM Nataraja: Yellow Moon – Blue Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 20 3rd Phase Devaloka Day
Creative Work Siddha Yoga Until 9:42AM Then Routine Work - Marana Yoga							
Retreat Star		Monday, June 6, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau		Anchorage, AK Sun 21 Sutra 50	
Simha Rasi: 10.17 Tithi 7 – 8		354555471		Gulika 3:19PM – 5:42PM Yama 10:35AM – 12:57PM Rahu 5:50AM – 8:13AM	Magha* Until 11:53AM Harshana Until 2:21PM Visti Until 5:48AM Tue Sapthami Until 5:23PM	Ganesha: Clear <i>Sunrise:</i> 3:28AM Muruqa: Green <i>Sunset:</i> 10:26PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 21 3rd Phase Devaloka Day
Family Home Evening Routine Work Marana Yoga Until 11:53AM Then Creative Work - Siddha Yoga							
Retreat Star		Tuesday, June 7, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava Karana Ashtamyam Titau		Anchorage, AK Sun 22 Sutra 51	
Simha Rasi: 22.47 Tithi 8		354555471		Gulika 12:57PM – 3:20PM Yama 8:12AM – 10:35AM Rahu 5:43PM – 8:05PM	Purvaphalguni Until 1:18PM Vajra* Until 1:55PM Bava Until 6:00PM Ashtami* Until 6:00PM	Ganesha: Clear <i>Sunrise:</i> 3:27AM Muruqa: Green <i>Sunset:</i> 10:28PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 22 Ashtami Devaloka Day
Creative Work Siddha Yoga Until 1:18PM Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, June 8, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyati/pata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau		Anchorage, AK Sun 23 Sutra 52	
Kanya Rasi: 5.37 Tithi 9 – 10		354555471		Gulika 10:35AM – 12:58PM Yama 5:49AM – 8:12AM Rahu 12:58PM – 3:20PM	Uttaraphalguni Until 1:51PM Siddhi Until 12:55PM Balava Until 6:03AM Navami* Until 5:51PM	Ganesha: Clear <i>Sunrise:</i> 3:26AM Muruqa: Green <i>Sunset:</i> 10:29PM Nataraja: Yellow Moon – Red Jyeshtha-Vaikasi	Subhakrit 5124 Moon 5 - Phase 7 - 23 Navami Devaloka Day
Creative Work Amrita Yoga Until 1:51PM Then Routine Work - Marana Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

Il times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1 Thursday, June 9, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Anchorage, AK Sun 24 Sutra 53

Kanya Rasi: 18.52 Tithi 10 – 11 364555471 **Gulika** 8:11AM – 10:34AM **Hasta Until 1:55PM** **Ganesha:** White *Sunrise:* 3:25AM Subhakrit 5124
Yama 3:25AM – 5:48AM **Vyatipata* Until 11:19AM** **Muruqa:** Green *Sunset:* 10:31PM Moon 5 - Phase 8 - 24
Rahu 3:21PM – 5:44PM **Vanija Until 4:12AM Fri** **Nataraja:** Yellow 4th Phase
Dashami Until 4:56PM **Moon – Green** **Bhuloka Day**
Jyeshtha-Vaikasi **Devaloka Time: 6:PM to 9:PM**

Routine Work Marana Yoga
 Until 1:55PM
 Then Creative Work - Siddha Yoga

2 Friday, June 10, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan/Parigha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau Anchorage, AK Sun 25 Sutra 54

Tula Rasi: 2.32 Tithi 11 – 12 364555471 **Gulika** 5:47AM – 8:11AM **Chitra Until 1:05PM** **Ganesha:** White *Sunrise:* 3:24AM Subhakrit 5124
Yama 5:45PM – 8:08PM **Variyan Until 9:03AM** **Muruqa:** Green *Sunset:* 10:32PM Moon 5 - Phase 8 - 25
Rahu 10:34AM – 12:58PM **Bava Until 2:08AM Sat** **Nataraja:** Yellow 4th Phase
Ekadashi Until 3:14PM **Moon – Green** **Bhuloka Day**
Jyeshtha-Vaikasi **Devaloka Time: 6:PM to 9:PM**

Creative Work Siddha Yoga

3 Saturday, June 11, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Anchorage, AK Sun 26 Sutra 55

Tula Rasi: 16.4 Tithi 12 – 13 364555471 **Gulika** 3:23AM – 5:47AM **Svati Until 11:24AM** **Ganesha:** White *Sunrise:* 3:23AM Subhakrit 5124
Yama 3:22PM – 5:46PM **Parigha* Until 6:13AM** **Muruqa:** Green *Sunset:* 10:33PM Moon 5 - Phase 8 - 26
Rahu 8:10AM – 10:34AM **Kaulava Until 11:27PM** **Nataraja:** Yellow 4th Phase
Dvadashi Until 12:51PM **Moon – Green** **Bhuloka Day**
Jyeshtha-Vaikasi **Devaloka Time: 6:PM to 9:PM**

Creative Work Siddha Yoga
Vaikasi Visakam
Pradosha Vrata

4 Sunday, June 12, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau Anchorage, AK Sun 27 Sutra 56

Vrischika Rasi: 1.13 Tithi 13 – 14 374555471 **Gulika** 5:46PM – 8:10PM **Vishakha Until 9:24AM** **Ganesha:** Yellow *Sunrise:* 3:22AM Subhakrit 5124
Yama 12:58PM – 3:22PM **Siddha Until 11:08PM** **Muruqa:** Green *Sunset:* 10:34PM Moon 5 - Phase 8 - 27
Rahu 8:10PM – 10:34PM **Gara Until 8:15PM** **Nataraja:** Yellow 4th Phase
Trayodashi Until 9:53AM **Moon – Orange** **Devaloka Day**
Jyeshtha-Vaikasi

Routine Work Marana Yoga

Monday, June 13, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau Anchorage, AK Sun 28 Sutra 57

Vrischika Rasi: 16.08 Tithi 14 – 15 374555471 **Gulika** 3:23PM – 5:47PM **Anuradha Until 6:50AM** **Ganesha:** Yellow *Sunrise:* 3:21AM Subhakrit 5124
Yama 10:34AM – 12:58PM **Sadhya Until 7:06PM** **Muruqa:** Green *Sunset:* 10:35PM Moon 5 - Phase 8 -
Rahu 5:46AM – 8:10AM **Bava Until 2:49AM Tue** **Nataraja:** Yellow Purnima
Chaturdashi* Until 6:30AM **Moon – Orange** **Devaloka Day**
Jyeshtha-Vaikasi

Family Home Evening
 Creative Work Siddha Yoga

Tuesday, June 14, 2022 Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau Anchorage, AK Sun 29 Sutra 58

Dhanus Rasi: 1.16 Tithi 16 384555471 **Gulika** 12:59PM – 3:23PM **Mula* Until 1:02AM Wed** **Ganesha:** Blue *Sunrise:* 3:21AM Subhakrit 5124
Yama 8:10AM – 10:34AM **Subha Until 2:57PM** **Muruqa:** Green *Sunset:* 10:36PM Moon 5 - Phase 8 -
Rahu 5:47PM – 8:12PM **Balava Until 12:57PM** **Nataraja:** Yellow Prathama
Prathama* Until 11:02PM **Moon – Light Blue** **Bhuloka Day**
Jyeshtha-Ani **Devaloka Time: 6:PM to 9:PM**

Creative Work Amrita Yoga



Wednesday, June 15, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sun 1 Sutra 59

Subhakrit 5124

Dhanus Rasi: 16.28 Tithi 17

384555471

Gulika 10:34AM – 12:59PM
Yama 5:45AM – 8:10AM
Rahu 12:59PM – 3:23PM

Purvashadha* Until 10:08PM

Sukla Until 10:44AM

Taitila Until 9:09AM

Dvitiya Until 7:17PM

Ganesha: Blue *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:37PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work Amrita Yoga

Thursday, June 16, 2022

1

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Anchorage, AK

Sun 2 Sutra 60

Subhakrit 5124

Makara Rasi: 1.35 Tithi 18 – 19

384555471

Gulika 8:10AM – 10:34AM
Yama 3:20AM – 5:45AM
Rahu 3:24PM – 5:48PM

Uttarashadha Until 7:21PM

Brahma Until 6:40AM

Bava Until 2:07AM Fri

Tritiya Until 3:45PM

Ganesha: Blue *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:38PM

Nataraja: Yellow

Moon – Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Routine Work Marana Yoga

Until 7:21PM

Then Creative Work - Siddha Yoga

Friday, June 17, 2022

2

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhrili* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 61

Subhakrit 5124

Makara Rasi: 16.29 Tithi 19 – 20

394655471

Gulika 5:45AM – 8:09AM
Yama 5:49PM – 8:14PM
Rahu 10:34AM – 12:59PM

Shravana Until 5:13PM

Vaidhrili* Until 11:23PM

Kaulava Until 11:11PM

Chaturthi* Until 12:34PM

Ganesha: Blue *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:39PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Routine Work Marana Yoga

Until 5:13PM

Then Creative Work - Siddha Yoga

Saturday, June 18, 2022

3

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 62

Subhakrit 5124

Kumbha Rasi: 1.01 Tithi 20 – 21

394655471

Gulika 3:20AM – 5:45AM
Yama 3:24PM – 5:49PM
Rahu 8:09AM – 10:34AM

Dhanishtha Until 3:29PM

Vishkambha* Until 8:24PM

Gara Until 8:49PM

Panchami Until 9:54AM

Ganesha: Blue *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:39PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 3:29PM

Then Creative Work - Amrita Yoga

Sunday, June 19, 2022

4

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Priti/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 63

Subhakrit 5124

Kumbha Rasi: 15.08 Tithi 21 – 22

395655471

Gulika 5:50PM – 8:14PM
Yama 1:00PM – 3:25PM
Rahu 8:14PM – 10:39PM

Shatabhishak Until 2:16PM

Priti Until 6:00PM

Visti Until 7:08PM

Shashthi* Until 7:52AM

Ganesha: Red *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:39PM

Nataraja: Yellow

Moon – Purple

Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Father's Day

Monday, June 20, 2022

D

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 64

Subhakrit 5124

Kumbha Rasi: 28.49 Tithi 22 – 23

315655471

Gulika 3:25PM – 5:50PM
Yama 10:35AM – 1:00PM
Rahu 5:45AM – 8:10AM

Purvaproshtapada* Until 2:05PM

Ayushman Until 4:10PM

Balava Until 6:12PM

Saptami Until 6:33AM

Ganesha: Clear *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:40PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

Until 2:05PM

Then Creative Work - Siddha Yoga

Tuesday, June 21, 2022

Retreat Star

Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 65

Subhakrit 5124

Meena Rasi: 12.03 Tithi 23 – 24

315655471

Gulika 1:00PM – 3:25PM
Yama 8:10AM – 10:35AM
Rahu 5:50PM – 8:15PM

Uttaraproshtapada Until 2:32PM

Saubhagya Until 2:59PM

Taitila Until 6:03PM

Ashtami* Until 6:01AM

Ganesha: Clear *Sunrise:* 3:20AM

Muruqa: Green *Sunset:* 10:40PM

Nataraja: Yellow

Moon – Clear

Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga

Until 2:32PM

Then Creative Work - Siddha Yoga

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Wednesday, June 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK
	Meena Rasi: 24.53	Tithi 24 – 25	315655471	Gulika Yama Rahu	10:35AM – 1:00PM 5:45AM – 8:10AM 1:00PM – 3:25PM	Revati Until 3:32PM Sobhana Until 2:24PM Vanija Until 6:38PM Navami* Until 6:14AM	Sun 8 Subhakrit 5124 Moon 6 - Phase 10 - 8 2nd Phase
	Routine Work	Marana Yoga				Ganesha: Clear Muruqa: Green Nataraja: Yellow Moon – Clear	Sunrise: 3:20AM Sunset: 10:40PM Devaloka Day
						Jyeshtha-Ani	

2	Thursday, June 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Mesha Rasi: 7.25	Tithi 25 – 26	325655471	Gulika Yama Rahu	8:10AM – 10:35AM 3:20AM – 5:45AM 3:25PM – 5:50PM	Ashvini Until 5:31PM Athiganda* Until 2:19PM Bava Until 7:53PM Dashami Until 7:10AM	Sun 9 Subhakrit 5124 Moon 6 - Phase 10 - 9 2nd Phase
	Creative Work	Amrita Yoga				Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	Sunrise: 3:20AM Sunset: 10:40PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 5:31PM	Then Creative Work - Siddha Yoga				Jyeshtha-Ani	

3	Friday, June 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Mesha Rasi: 19.4	Tithi 26 – 27	325655471	Gulika Yama Rahu	5:46AM – 8:11AM 5:50PM – 8:15PM 10:36AM – 1:00PM	Bharani Until 7:52PM Sukarma Until 2:41PM Kaulava Until 9:39PM Ekadashi* Until 8:41AM	Sun 10 Subhakrit 5124 Moon 6 - Phase 10 - 10 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	Sunrise: 3:21AM Sunset: 10:40PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
						Jyeshtha-Ani	

4	Saturday, June 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tatitla/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Vrishabha Rasi: 1.44	Tithi 27 – 28	325655471	Gulika Yama Rahu	3:21AM – 5:46AM 3:25PM – 5:50PM 8:11AM – 10:36AM	Krittika Until 10:25PM Dhriti Until 3:23PM Gara Until 11:48PM Dvadashi* Until 10:40AM	Sun 11 Subhakrit 5124 Moon 6 - Phase 10 - 11 2nd Phase
	Creative Work	Amrita Yoga				Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – White	Sunrise: 3:21AM Sunset: 10:40PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
						Jyeshtha-Ani	

Pradosha Vrata (Fasting)

5	Sunday, June 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Vrishabha Rasi: 13.4	Tithi 28 – 29	335655471	Gulika Yama Rahu	5:50PM – 8:15PM 1:01PM – 3:26PM 8:15PM – 10:40PM	Rohini Until 1:33AM Mon Shula* Until 4:17PM Visti Until 2:11AM Mon Trayodashi* Until 12:57PM	Sun 12 Subhakrit 5124 Moon 6 - Phase 10 - 12 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow	Sunrise: 3:22AM Sunset: 10:40PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 1:33AM Mon	Then Creative Work - Amrita Yoga				Jyeshtha-Ani	

6	Monday, June 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK
	Vrishabha Rasi: 25.31	Tithi 29 – 30	335655471	Gulika Yama Rahu	3:26PM – 5:50PM 10:37AM – 1:01PM 5:47AM – 8:12AM	Mrigashira Until 4:37AM Tue Ganda* Until 5:18PM Catuspada Until 4:41AM Tue Chaturdashi* Until 3:25PM	Sun 13 Subhakrit 5124 Moon 6 - Phase 10 - 13 2nd Phase
	Family Home Evening	Amrita Yoga				Ganesha: Light Blue Muruqa: Green Nataraja: Yellow Moon – Yellow	Sunrise: 3:23AM Sunset: 10:39PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 4:37AM Tue	Then Routine Work - Marana Yoga				Jyeshtha-Ani	

	Tuesday, June 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhni Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK
	Mithuna Rasi: 7.2	Tithi 30 – 1	336655471	Gulika Yama Rahu	1:01PM – 3:26PM 8:13AM – 10:37AM 5:50PM – 8:14PM	Ardra Until 7:30AM Wed Vridhni Until 6:22PM Kintughna Until 7:10AM Wed Amavasya* Until 5:55PM	Sun 14 Subhakrit 5124 Moon 6 - Phase 10 - 14 Amavasya
	Routine Work	Marana Yoga				Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow	Sunrise: 3:24AM Sunset: 10:39PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
	Until 7:30AM Wed	Then Creative Work - Siddha Yoga				Jyeshtha-Ani	

Retreat Star	Wednesday, June 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK
	Mithuna Rasi: 19.1	Tithi 1	336655471	Gulika Yama Rahu	10:37AM – 1:01PM 5:49AM – 8:13AM 1:01PM – 3:26PM	Ardra Until 7:30AM Dhruva Until 7:22PM Kintughna Until 7:10AM Prathama* Until 8:22PM	Sun 15 Subhakrit 5124 Moon 6 - Phase 10 - 15 Prathama
	Creative Work	Siddha Yoga				Ganesha: Purple Muruqa: Green Nataraja: Yellow Moon – Yellow	Sunrise: 3:25AM Sunset: 10:38PM Bhuloka Day Devaloka Time: 6:PM to 9:PM
						Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1	Thursday, June 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 16 Sutra 74
	Kataka Rasi: 1.02	Tithi 2	Gulika 8:14AM – 10:38AM	Punarvasu Until 10:38AM	Ganesha: Light Blue <i>Sunrise:</i> 3:26AM		Subhakit 5124
			Yama 3:26AM – 5:50AM	Vyaghata* Until 8:16PM	Muruqa: Green <i>Sunset:</i> 10:37PM		Moon 6 - Phase 11 - 16
	Creative Work	Amrita Yoga	346655471 Rahu 3:26PM – 5:49PM	Balava Until 9:34AM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 10:41PM	Moon – Blue			
				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	

2	Friday, July 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Tailila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 17 Sutra 75
	Kataka Rasi: 12.57	Tithi 3	Gulika 5:51AM – 8:14AM	Pushya Until 1:26PM	Ganesha: Light Blue <i>Sunrise:</i> 3:27AM		Subhakit 5124
			Yama 5:49PM – 8:13PM	Harshana Until 9:02PM	Muruqa: Green <i>Sunset:</i> 10:37PM		Moon 6 - Phase 11 - 17
	Routine Work	Marana Yoga	346655471 Rahu 10:38AM – 1:02PM	Taitila Until 11:47AM	Nataraja: Yellow		3rd Phase
			Tritiya Until 12:47AM Sat	Moon – Blue			
				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	

3	Saturday, July 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Anchorage, AK Sun 18 Sutra 76
	Kataka Rasi: 24.58	Tithi 4	Gulika 3:28AM – 5:52AM	Ashlesha* Until 3:49PM	Ganesha: Light Blue <i>Sunrise:</i> 3:28AM		Subhakit 5124
			Yama 3:25PM – 5:49PM	Vajra* Until 9:34PM	Muruqa: Green <i>Sunset:</i> 10:36PM		Moon 6 - Phase 11 - 18
	Routine Work	Marana Yoga	346655471 Rahu 8:15AM – 10:38AM	Vanija Until 1:45PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 2:36AM Sun	Moon – Blue			
				Ashada*Ani	Bhuloka Day	Devaloka Time: 6:PM to 9:PM	

4	Sunday, July 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 19 Sutra 77
	Simha Rasi: 7.05	Tithi 5	Gulika 5:48PM – 8:12PM	Magha* Until 6:12PM	Ganesha: Orange <i>Sunrise:</i> 3:29AM		Subhakit 5124
			Yama 1:02PM – 3:25PM	Siddhi Until 9:50PM	Muruqa: Green <i>Sunset:</i> 10:35PM		Moon 6 - Phase 11 - 19
	Routine Work	Marana Yoga	356655471 Rahu 8:12PM – 10:35PM	Bava Until 3:23PM	Nataraja: Yellow		3rd Phase
			Panchami Until 4:02AM Mon	Moon – Red			
				Ashada*Ani	Devaloka Day		

5	Monday, July 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 20 Sutra 78
	Simha Rasi: 19.23	Tithi 6	Gulika 3:25PM – 5:48PM	Purvaphalguni Until 7:59PM	Ganesha: Orange <i>Sunrise:</i> 3:31AM		Subhakit 5124
	Family Home Evening		Yama 10:39AM – 1:02PM	Vyatipata* Until 9:45PM	Muruqa: Green <i>Sunset:</i> 10:34PM		Moon 6 - Phase 11 - 20
	Creative Work	Siddha Yoga	356655471 Rahu 5:54AM – 8:17AM	Kaulava Until 4:35PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 4:58AM Tue	Moon – Red			
				Ashada*Ani	Devaloka Day		

6	Tuesday, July 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Varyan Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 21 Sutra 79
	Kanya Rasi: 1.55	Tithi 7	Gulika 1:02PM – 3:25PM	Uttaraphalguni Until 9:04PM	Ganesha: Clear <i>Sunrise:</i> 3:32AM		Subhakit 5124
			Yama 8:17AM – 10:40AM	Varyan Until 9:12PM	Muruqa: Green <i>Sunset:</i> 10:32PM		Moon 6 - Phase 11 - 21
	Creative Work	Amrita Yoga	357655471 Rahu 5:47PM – 8:10PM	Gara Until 5:15PM	Nataraja: Yellow		3rd Phase
			Saptami Until 5:19AM Wed	Moon – Red			
				Ashada*Ani	Devaloka Day		

☾	Wednesday, July 6, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 22 Sutra 80
	Retreat Star		Gulika 10:40AM – 1:03PM	Hasta Until 9:50PM	Ganesha: Clear <i>Sunrise:</i> 3:34AM		Subhakit 5124
	Kanya Rasi: 14.42	Tithi 8	Yama 5:56AM – 8:18AM	Parigha* Until 8:08PM	Muruqa: Green <i>Sunset:</i> 10:31PM		Moon 6 - Phase 11 - 22
			467655471 Rahu 1:03PM – 3:25PM	Visti Until 5:16PM	Nataraja: Yellow		Ashtami
			Ashtami* Until 4:59AM Thu	Moon – Green			
				Ashada*Ani	Devaloka Day		

☽	Thursday, July 7, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK Sun 23 Sutra 81
	Retreat Star		Gulika 8:19AM – 10:41AM	Chitra Until 9:43PM	Ganesha: Clear <i>Sunrise:</i> 3:36AM		Subhakit 5124
	Kanya Rasi: 27.5	Tithi 9	Yama 3:36AM – 5:57AM	Shiva Until 6:31PM	Muruqa: Green <i>Sunset:</i> 10:30PM		Moon 6 - Phase 11 - 23
			467655471 Rahu 3:24PM – 5:46PM	Balava Until 4:33PM	Nataraja: Yellow		Navami
			Navami* Until 3:55AM Fri	Moon – Green			
				Ashada*Ani	Devaloka Day		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Friday, July 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 24 Sutra 82
	Tula Rasi: 11.23	Tithi 10	Gulika 5:59AM – 8:20AM	Svati Until 8:43PM	Ganesha: Clear	<i>Sunrise:</i> 3:37AM	Subhakrit 5124
			Yama 5:46PM – 8:07PM	Siddha Until 4:16PM	Muruqa: Green	<i>Sunset:</i> 10:28PM	Moon 6 - Phase 12 - 24
	Creative Work	Siddha Yoga	467655471 Rahu 10:41AM – 1:03PM	Taitila Until 3:07PM	Nataraja: Yellow		4th Phase
			Dashami Until 2:07AM Sat	Ashada*Ani	Devaloka Day		

2	Saturday, July 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Vanija/Visiti* Karana Ekadashyam Titau				Anchorage, AK Sun 25 Sutra 83
	Tula Rasi: 25.22	Tithi 11	Gulika 3:39AM – 6:00AM	Vishakha Until 7:20PM	Ganesha: White	<i>Sunrise:</i> 3:39AM	Subhakrit 5124
			Yama 3:24PM – 5:45PM	Sadhya Until 1:27PM	Muruqa: Green	<i>Sunset:</i> 10:27PM	Moon 6 - Phase 12 - 25
	Creative Work	Siddha Yoga	477655471 Rahu 8:21AM – 10:42AM	Vanija Until 12:58PM	Nataraja: Yellow		4th Phase
			Ekadashi Until 11:39PM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

3	Sunday, July 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 26 Sutra 84
	Vrischika Rasi: 9.47	Tithi 12	Gulika 5:44PM – 8:05PM	Anuradha Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 3:41AM	Subhakrit 5124
			Yama 1:03PM – 3:24PM	Subha Until 10:09AM	Muruqa: Green	<i>Sunset:</i> 10:25PM	Moon 6 - Phase 12 - 26
	Routine Work	Marana Yoga	477655471 Rahu 8:05PM – 10:25PM	Bava Until 10:13AM	Nataraja: Yellow		4th Phase
			Dvadashi Until 8:37PM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

4	Monday, July 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 85
	Vrischika Rasi: 24.35	Tithi 13 – 14	Gulika 3:23PM – 5:43PM	Jyeshtha* Until 2:31PM	Ganesha: White	<i>Sunrise:</i> 3:43AM	Subhakrit 5124
	Family Home Evening		Yama 10:43AM – 1:03PM	Sukla Until 6:24AM	Muruqa: Green	<i>Sunset:</i> 10:24PM	Moon 6 - Phase 12 - 27
	Creative Work	Siddha Yoga	477655471 Rahu 6:03AM – 8:23AM	Kaulava Until 6:57AM	Nataraja: Yellow		4th Phase
			Trayodashi Until 5:10PM	Ashada*Ani	Bhuloka Day Devaloka Time: 6:PM to 9:PM		

Pradosha Vrata

○	Tuesday, July 12, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visiti* Karana Chaturdashy/Purnimayam Titau				Anchorage, AK Sun 28 Sutra 86
	Copper Retreat Star		Gulika 1:03PM – 3:23PM	Mula* Until 11:46AM	Ganesha: White	<i>Sunrise:</i> 3:45AM	Subhakrit 5124
	Dhanus Rasi: 9.4	Tithi 14 – 15	Yama 8:24AM – 10:44AM	Indra Until 10:11PM	Muruqa: Green	<i>Sunset:</i> 10:22PM	Moon 6 - Phase 12 - Purnima
	Creative Work	Amrita Yoga	488655471 Rahu 5:43PM – 8:02PM	Visti Until 11:32PM	Nataraja: Yellow		Purnima
			Satguru Purnima	Chaturdashy* Until 1:26PM	Ashada*Ani	Sivaloka Day	

○	Wednesday, July 13, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 29 Sutra 87
	Silver Retreat Star		Gulika 10:44AM – 1:03PM	Purvashadha* Until 8:46AM	Ganesha: Yellow	<i>Sunrise:</i> 3:47AM	Subhakrit 5124
	Dhanus Rasi: 24.54	Tithi 15 – 16	Yama 6:06AM – 8:25AM	Vaidhriti* Until 5:55PM	Muruqa: Green	<i>Sunset:</i> 10:20PM	Moon 6 - Phase 12 - Prathama
	Creative Work	Amrita Yoga	488755471 Rahu 1:03PM – 3:23PM	Balava Until 7:41PM	Nataraja: Yellow		
			Purnima* Until 9:35AM	Ashada*Ani	Devaloka Day		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang



Thursday, July 14, 2022
Gold Retreat Star

Makara Rasi: 10.07 Tithi 17
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:26AM – 10:45AM
Yama 3:49AM – 6:07AM
Rahu 3:22PM – 5:41PM
Shravana Until 3:04AM Fri
Vishkambha* Until 1:47PM
Taitila Until 3:59PM
Dvitiya Until 2:13AM Fri

Anchorage, AK
Sutra 88
Subhakrit 5124
Sunrise: 3:49AM
Sunset: 10:18PM
Moon 7 - Phase 13 - 1st Phase
Ganesh: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Ashada*Ani
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

1

Friday, July 15, 2022

Makara Rasi: 25.08 Tithi 18
Creative Work Siddha Yoga
Until 12:44AM Sat
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:09AM – 8:27AM
Yama 5:40PM – 7:58PM
Rahu 10:45AM – 1:04PM
Dhanishtha Until 12:44AM Sat
Priti Until 9:54AM
Vanija Until 12:35PM
Tritiya Until 11:02PM

Anchorage, AK
Sutra 89
Subhakrit 5124
Sunrise: 3:51AM
Sunset: 10:16PM
Moon 7 - Phase 13 - 1st Phase
Ganesh: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Ashada*Ani
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

2

Saturday, July 16, 2022

Kumbha Rasi: 9.5 Tithi 19
Creative Work Amrita Yoga
Until 10:50PM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 3:53AM – 6:11AM
Yama 3:21PM – 5:39PM
Rahu 8:28AM – 10:46AM
Shatabhishak Until 10:50PM
Ayushman Until 6:22AM
Bava Until 9:40AM
Chaturthi* Until 8:25PM

Anchorage, AK
Sutra 90
Subhakrit 5124
Sunrise: 3:53AM
Sunset: 10:15PM
Moon 7 - Phase 13 - 2nd Phase
Ganesh: Blue
Muruga: Green
Nataraja: Yellow
Moon - Purple
Ashada*Adi
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

3

Sunday, July 17, 2022

Kumbha Rasi: 24.07 Tithi 20
Creative Work Siddha Yoga
Until 9:56PM
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 5:38PM – 7:55PM
Yama 1:04PM – 3:21PM
Rahu 7:55PM – 10:13PM
Purvaproshtapada* Until 9:56PM
Sobhana Until 12:58AM Mon
Kaulava Until 7:22AM
Panchami Until 6:29PM

Anchorage, AK
Sutra 91
Subhakrit 5124
Sunrise: 3:55AM
Sunset: 10:13PM
Moon 7 - Phase 13 - 3rd Phase
Ganesh: White
Muruga: Green
Nataraja: White
Moon - Clear
Ashada*Adi
Bhuloka Day
Devaloka Time: 6:PM to 9:PM

4

Monday, July 18, 2022

Meena Rasi: 7.54 Tithi 21 – 22
Family Home Evening
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 3:20PM – 5:37PM
Yama 10:47AM – 1:04PM
Rahu 6:14AM – 8:31AM
Uttaraproshtapada Until 9:42PM
Athiganda* Until 11:13PM
Visti Until 5:09AM Tue
Shashthi* Until 5:22PM

Anchorage, AK
Sutra 92
Subhakrit 5124
Sunrise: 3:57AM
Sunset: 10:10PM
Moon 7 - Phase 13 - 4th Phase
Ganesh: Clear
Muruga: Green
Nataraja: White
Moon - Clear
Ashada*Adi
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

5

Tuesday, July 19, 2022

Meena Rasi: 21.12 Tithi 22 – 23
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 1:04PM – 3:20PM
Yama 8:32AM – 10:48AM
Rahu 5:36PM – 7:52PM
Revati Until 10:10PM
Sukarma Until 10:11PM
Balava Until 5:19AM Wed
Saptami Until 5:06PM

Anchorage, AK
Sutra 93
Subhakrit 5124
Sunrise: 3:59AM
Sunset: 10:08PM
Moon 7 - Phase 13 - 5th Phase
Ganesh: Clear
Muruga: Green
Nataraja: White
Moon - Clear
Ashada*Adi
Bhuloka Day
Devaloka Time: 9:AM to 12:PM

D

Wednesday, July 20, 2022
Retreat Star

Mesha Rasi: 4.03 Tithi 23 – 24
Routine Work Marana Yoga
Until 11:46PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 10:48AM – 1:04PM
Yama 6:17AM – 8:33AM
Rahu 1:04PM – 3:19PM
Ashvini Until 11:46PM
Dhriti Until 9:49PM
Taitila Until 6:19AM Thu
Ashtami* Until 5:42PM

Anchorage, AK
Sutra 94
Subhakrit 5124
Sunrise: 4:02AM
Sunset: 10:06PM
Moon 7 - Phase 13 - 6th Phase
Ganesh: Purple
Muruga: Green
Nataraja: White
Moon - White
Ashada*Adi
Devaloka Day

Thursday, July 21, 2022

Retreat Star

Mesha Rasi: 16.32 Tithi 24
Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Shula* Yoga Taitila/Gara Karana Navamyam Titau
Gulika 8:34AM – 10:49AM
Yama 4:04AM – 6:19AM
Rahu 3:19PM – 5:34PM
Bharani Until 1:54AM Fri
Shula* Until 9:59PM
Taitila Until 6:19AM
Navami* Until 7:03PM

Anchorage, AK
Sutra 95
Subhakrit 5124
Sunrise: 4:04AM
Sunset: 10:04PM
Moon 7 - Phase 13 - 7th Phase
Ganesh: Purple
Muruga: Green
Nataraja: White
Moon - White
Ashada*Adi
Devaloka Day


1		Friday, July 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 96	
Mesha Rasi: 28.43	Tithi 25	Gulika 6:21AM – 8:35AM	Krittika Until 4:24AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:06AM	Subhakrit 5124	
		Yama 5:33PM – 7:47PM	Ganda* Until 10:37PM	Muruqa: Green	<i>Sunset:</i> 10:02PM	Moon 7 - Phase 14 - 8	
		429755472 Rahu 10:50AM – 1:04PM	Vanija Until 7:59AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:59PM	Moon – White		Devaloka Day	
Until 4:24AM Sat				Ashada*Adi			
Then Creative Work - Amrita Yoga							

2		Saturday, July 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 97	
Virshabha Rasi: 10.42	Tithi 26	Gulika 4:09AM – 6:23AM	Rohini Until 7:32AM Sun	Ganesha: Clear	<i>Sunrise:</i> 4:09AM	Subhakrit 5124	
		Yama 3:18PM – 5:32PM	Vriddhi Until 11:32PM	Muruqa: Green	<i>Sunset:</i> 9:59PM	Moon 7 - Phase 14 - 9	
		439755472 Rahu 8:36AM – 10:50AM	Bava Until 10:08AM	Nataraja: White		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:18PM	Moon – Yellow		Bhuloka Day	
Until 7:32AM Sun				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

3		Sunday, July 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 10 Sutra 98	
Virshabha Rasi: 22.34	Tithi 27	Gulika 5:30PM – 7:44PM	Rohini Until 7:32AM	Ganesha: Clear	<i>Sunrise:</i> 4:11AM	Subhakrit 5124	
		Yama 1:04PM – 3:17PM	Dhruva Until 12:34AM Mon	Muruqa: Green	<i>Sunset:</i> 9:57PM	Moon 7 - Phase 14 - 10	
		439755472 Rahu 7:44PM – 9:57PM	Kaulava Until 12:34PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 1:49AM Mon	Moon – Yellow		Bhuloka Day	
Until 10:37AM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

4		Monday, July 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 99	
Mithuna Rasi: 4.23	Tithi 28	Gulika 3:17PM – 5:29PM	Mrigashira Until 10:37AM	Ganesha: Clear	<i>Sunrise:</i> 4:14AM	Subhakrit 5124	
Family Home Evening		Yama 10:51AM – 1:04PM	Vyaghata* Until 1:38AM Tue	Muruqa: Green	<i>Sunset:</i> 9:54PM	Moon 7 - Phase 14 - 11	
Creative Work	Amrita Yoga	439755472 Rahu 6:26AM – 8:39AM	Gara Until 3:06PM	Nataraja: White		2nd Phase	
Until 10:37AM			Trayodashi* Until 4:20AM Tue	Moon – Yellow		Bhuloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 100	
Mithuna Rasi: 16.12	Tithi 29	Gulika 1:04PM – 3:16PM	Ardra Until 1:30PM	Ganesha: Red	<i>Sunrise:</i> 4:16AM	Subhakrit 5124	
		Yama 8:40AM – 10:52AM	Harshana Until 2:37AM Wed	Muruqa: Green	<i>Sunset:</i> 9:52PM	Moon 7 - Phase 14 - 12	
		431755472 Rahu 5:28PM – 7:40PM	Visti Until 5:34PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 6:44AM Wed	Moon – Yellow		Bhuloka Day	
Until 1:30PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

		Wednesday, July 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 101	
Retreat Star		Gulika 10:53AM – 1:04PM	Punarvasu Until 4:35PM	Ganesha: Yellow	<i>Sunrise:</i> 4:18AM	Subhakrit 5124	
Mithuna Rasi: 28.04	Tithi 29 – 30	Yama 6:30AM – 8:41AM	Vajra* Until 3:26AM Thu	Muruqa: Green	<i>Sunset:</i> 9:50PM	Moon 7 - Phase 14 - 13	
		441755472 Rahu 1:04PM – 3:15PM	Catuspada Until 7:52PM	Nataraja: White		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 6:44AM	Moon – Blue		Bhuloka Day	
Until 7:16PM				Ashada*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, July 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 14 Sutra 102	
Kataka Rasi: 10.01	Tithi 30 – 1	Gulika 8:42AM – 10:53AM	Pushya Until 7:16PM	Ganesha: Yellow	<i>Sunrise:</i> 4:21AM	Subhakrit 5124	
		Yama 4:21AM – 6:32AM	Siddhi Until 4:04AM Fri	Muruqa: Green	<i>Sunset:</i> 9:47PM	Moon 7 - Phase 14 - 14	
		441755472 Rahu 3:15PM – 5:26PM	Kintughna Until 9:57PM	Nataraja: White		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 8:55AM	Moon – Blue		Bhuloka Day	
Until 7:16PM				Sravana*Adi		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 29, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sun 15 Sutra 103 Subhakit 5124
	Kataka Rasi: 22.03	Tithi 1 – 2	Gulika 6:34AM – 8:44AM	Ashlesha* Until 9:31PM	Ganesha: Yellow	<i>Sunrise:</i> 4:23AM	
			Yama 5:24PM – 7:34PM	Vyatipata* Until 4:30AM Sat	Muruqa: Green	<i>Sunset:</i> 9:44PM	Moon 7 - Phase 15 - 15
	Routine Work	Marana Yoga	441755472 Rahu 10:54AM – 1:04PM	Balava Until 11:44PM	Nataraja: White		3rd Phase
			Prathama* Until 10:51AM	Moon – Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM	

2	Saturday, July 30, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 104 Subhakit 5124
	Simha Rasi: 4.13	Tithi 2 – 3	Gulika 4:26AM – 6:35AM	Magha* Until 11:48PM	Ganesha: Red	<i>Sunrise:</i> 4:26AM	
			Yama 3:13PM – 5:23PM	Variyan Until 4:39AM Sun	Muruqa: Green	<i>Sunset:</i> 9:42PM	Moon 7 - Phase 15 - 16
	Creative Work	Amrita Yoga	451755472 Rahu 8:45AM – 10:54AM	Taitila Until 1:12AM Sun	Nataraja: White		3rd Phase
			Dvitiya Until 12:29PM	Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi			

3	Sunday, July 31, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Anchorage, AK Sun 17 Sutra 105 Subhakit 5124
	Simha Rasi: 16.31	Tithi 3 – 4	Gulika 5:22PM – 7:30PM	Purvaphalguni Until 1:35AM Mon	Ganesha: Red	<i>Sunrise:</i> 4:28AM	
			Yama 1:04PM – 3:13PM	Parigha* Until 4:32AM Mon	Muruqa: Green	<i>Sunset:</i> 9:39PM	Moon 7 - Phase 15 - 17
	Creative Work	Siddha Yoga	451755472 Rahu 7:30PM – 9:39PM	Vanija Until 2:19AM Mon	Nataraja: White		3rd Phase
			Tritiya Until 1:47PM	Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Sravana*Adi			

4	Monday, August 1, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 18 Sutra 106 Subhakit 5124
	Simha Rasi: 28.58	Tithi 4 – 5	Gulika 3:12PM – 5:20PM	Uttaraphalguni Until 2:48AM Tue	Ganesha: Red	<i>Sunrise:</i> 4:31AM	
	Family Home Evening		Yama 10:56AM – 1:04PM	Shiva Until 4:06AM Tue	Muruqa: Green	<i>Sunset:</i> 9:37PM	Moon 7 - Phase 15 - 18
	Creative Work	Siddha Yoga	451755472 Rahu 6:39AM – 8:47AM	Bava Until 3:02AM Tue	Nataraja: White		3rd Phase
			Chaturthi* Until 2:43PM	Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Nag Panchami	Sravana*Adi			

5	Tuesday, August 2, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK Sun 19 Sutra 107 Subhakit 5124
	Kanya Rasi: 12	Tithi 5 – 6	Gulika 1:04PM – 3:11PM	Hasta Until 3:53AM Wed	Ganesha: Blue	<i>Sunrise:</i> 4:34AM	
			Yama 8:49AM – 10:56AM	Siddha Until 3:17AM Wed	Muruqa: Green	<i>Sunset:</i> 9:34PM	Moon 7 - Phase 15 - 19
	Creative Work	Siddha Yoga	461755472 Rahu 5:19PM – 7:26PM	Kaulava Until 3:17AM Wed	Nataraja: White		3rd Phase
			Panchami Until 3:12PM	Moon – Green		Devaloka Day	
				Sravana*Adi			

6	Wednesday, August 3, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK Sun 20 Sutra 108 Subhakit 5124
	Kanya Rasi: 24.28	Tithi 6 – 7	Gulika 10:57AM – 1:04PM	Chitra Until 4:17AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	
			Yama 6:43AM – 8:50AM	Sadhya Until 2:03AM Thu	Muruqa: Green	<i>Sunset:</i> 9:31PM	Moon 7 - Phase 15 - 20
	Creative Work	Siddha Yoga	461755472 Rahu 1:04PM – 3:11PM	Gara Until 3:00AM Thu	Nataraja: White		3rd Phase
			Shashthi* Until 3:11PM	Moon – Green		Devaloka Day	
				Sravana*Adi			

D	Thursday, August 4, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 109 Subhakit 5124
	Tula Rasi: 8	Tithi 7 – 8	Gulika 8:51AM – 10:57AM	Svati Until 3:58AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	
			Yama 4:39AM – 6:45AM	Subha Until 12:22AM Fri	Muruqa: White	<i>Sunset:</i> 9:28PM	Moon 7 - Phase 15 - 21
	Creative Work	Amrita Yoga	461765472 Rahu 3:10PM – 5:16PM	Visti Until 2:07AM Fri	Nataraja: White		Ashtami
			Saptami Until 2:37PM	Moon – Green		Devaloka Day	
				Sravana*Adi			

D	Friday, August 5, 2022		Subhakit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 110 Subhakit 5124
	Tula Rasi: 21.04	Tithi 8 – 9	Gulika 6:47AM – 8:52AM	Vishakha Until 3:19AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:41AM	
			Yama 5:15PM – 7:20PM	Sukla Until 10:09PM	Muruqa: White	<i>Sunset:</i> 9:26PM	Moon 7 - Phase 15 - 22
	Creative Work	Siddha Yoga	471765472 Rahu 10:58AM – 1:03PM	Balava Until 12:38AM Sat	Nataraja: White		Navami
			Ashtami* Until 1:26PM	Moon – Orange		Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Varalakshmi Vratam	Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang

1	Saturday, August 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK Sun 23 Sutra 111
	Vrischika Rasi: 4.53 Tithi 9 – 10 Creative Work Siddha Yoga Until 1:56AM Sun Then Routine Work - Marana Yoga	492865472	Gulika 4:44AM – 6:49AM Yama 3:08PM – 5:13PM Rahu 8:54AM – 10:58AM	Anuradha Until 1:56AM Sun Brahma Until 7:28PM Taitila Until 10:32PM Navami* Until 11:38AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Sravana*Adi	Sunrise: 4:44AM Sunset: 9:23PM	Moon 7 - Phase 16 - 23 4th Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

2	Sunday, August 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 112
	Vrischika Rasi: 19.05 Tithi 10 – 11 Routine Work Marana Yoga Until 11:53PM Then Creative Work - Amrita Yoga	472865472	Gulika 5:12PM – 7:16PM Yama 1:03PM – 3:07PM Rahu 7:16PM – 9:20PM	Jyeshtha* Until 11:53PM Indra Until 4:20PM Vanija Until 7:55PM Dashami Until 9:16AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Orange Sravana*Adi	Sunrise: 4:46AM Sunset: 9:20PM	Moon 7 - Phase 16 - 24 4th Phase Bhuloka Day Devaloka Time: 9:AM to12:PM

3	Monday, August 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 113
	Dhanus Rasi: 3.38 Tithi 11 – 12 Family Home Evening Creative Work Siddha Yoga Until 9:41PM Then Routine Work - Marana Yoga	482865472	Gulika 3:07PM – 5:10PM Yama 11:00AM – 1:03PM Rahu 6:52AM – 8:56AM	Mula* Until 9:41PM Vaidhriti* Until 12:48PM Balava Until 3:10AM Tue Ekadashi Until 6:25AM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana*Adi	Sunrise: 4:49AM Sunset: 9:17PM	Moon 7 - Phase 16 - 25 4th Phase Devaloka Day

4	Tuesday, August 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 114
	Dhanus Rasi: 18.29 Tithi 13 Creative Work Siddha Yoga Until 7:04PM Then Routine Work - Prabalarishta Yoga	482865472	Gulika 1:03PM – 3:06PM Yama 8:57AM – 11:00AM Rahu 5:09PM – 7:12PM	Purvashadha* Until 7:04PM Vishkambha* Until 8:59AM Kaulava Until 1:28PM Trayodashi Until 11:41PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana*Adi	Sunrise: 4:51AM Sunset: 9:14PM	Moon 7 - Phase 16 - 26 4th Phase Devaloka Day Tour Day

5	Wednesday, August 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 115
	Makara Rasi: 3.31 Tithi 14 Creative Work Amrita Yoga Until 4:11PM Then Creative Work - Siddha Yoga	482865472	Gulika 11:01AM – 1:03PM Yama 6:56AM – 8:58AM Rahu 1:03PM – 3:05PM	Uttarashadha Until 4:11PM Ayushman Until 12:59AM Thu Gara Until 9:55AM Chaturdashi* Until 8:06PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana*Adi	Sunrise: 4:54AM Sunset: 9:12PM	Moon 7 - Phase 16 - 27 4th Phase Devaloka Day

	Thursday, August 11, 2022		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 116
	Makara Rasi: 18.34 Tithi 15 – 16 Creative Work Siddha Yoga	492865472	Gulika 9:00AM – 11:01AM Yama 4:57AM – 6:58AM Rahu 3:04PM – 5:06PM	Shravana Until 1:36PM Saubhagya Until 9:02PM Visti Until 6:20AM Purnima* Until 4:35PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Purple Sravana*Adi	Sunrise: 4:57AM Sunset: 9:09PM	Moon 7 - Phase 16 - Purnima Bhuloka Day Devaloka Time: 9:AM to12:PM

Friday, August 12, 2022	Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Anchorage, AK Sutra 117
	Kumbha Rasi: 3.31 Tithi 16 – 17 Creative Work Siddha Yoga	492865472	Gulika 7:00AM – 9:01AM Yama 5:04PM – 7:05PM Rahu 11:02AM – 1:02PM	Dhanishtha Until 11:06AM Sobhana Until 5:20PM Taitila Until 11:50PM Prathama* Until 1:18PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Purple Sravana*Adi	Sunrise: 4:59AM Sunset: 9:06PM	Moon 7 - Phase 16 - Prathama Bhuloka Day Devaloka Time: 9:AM to12:PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita



Saturday, August 13, 2022
Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvilya/Trilyayam Titau

Anchorage, AK

Sun 1 Sutra 118

Kumbha Rasi: 18.11 Tithi 17 - 18

Gulika 5:02AM - 7:02AM
Yama 3:02PM - 5:03PM
492865472 **Rahu** 9:02AM - 11:02AM

Shatabhishak Until 8:51AM
Athiganda* Until 1:59PM
Vanija Until 9:13PM
Dvitiya Until 10:26AM

Ganesha: Clear *Sunrise: 5:02AM*
Muruqa: White *Sunset: 9:03PM*
Nataraja: White
Moon - Purple

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga
Until 8:51AM
Then Routine Work - Marana Yoga

1

Sunday, August 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 119

Meena Rasi: 2.28 Tithi 18 - 19

Gulika 5:01PM - 7:00PM
Yama 1:02PM - 3:02PM
412865472 **Rahu** 7:00PM - 9:00PM

Purvaprosarthapada* Until 7:27AM
Sukarma Until 11:08AM
Bava Until 7:16PM
Tritiya Until 8:08AM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruqa: White *Sunset: 9:00PM*
Nataraja: White
Moon - Clear

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 7:27AM
Then Creative Work - Amrita Yoga

2

Monday, August 15, 2022

Subhakrit Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 120

Meena Rasi: 16.19 Tithi 19 - 20

Gulika 3:01PM - 4:59PM
Yama 11:03AM - 1:02PM
412865472 **Rahu** 7:06AM - 9:04AM

Uttaraprosarthapada Until 6:37AM
Dhriti Until 8:53AM
Kaulava Until 6:05PM
Chaturthi* Until 6:33AM

Ganesha: Yellow *Sunrise: 5:07AM*
Muruqa: White *Sunset: 8:57PM*
Nataraja: White
Moon - Clear

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Family Home Evening
Creative Work Siddha Yoga

3

Tuesday, August 16, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 121

Meena Rasi: 29.4 Tithi 21

Gulika 1:02PM - 3:00PM
Yama 9:06AM - 11:04AM
412865472 **Rahu** 4:58PM - 6:56PM

Revati Until 6:27AM
Shula* Until 7:18AM
Gara Until 5:46PM
Shashthi* Until 5:55AM Wed

Ganesha: Yellow *Sunrise: 5:09AM*
Muruqa: White *Sunset: 8:54PM*
Nataraja: White
Moon - Clear

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga

4

Wednesday, August 17, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 122

Mesha Rasi: 12.34 Tithi 22

Gulika 11:04AM - 1:01PM
Yama 7:09AM - 9:07AM
522865472 **Rahu** 1:01PM - 2:59PM

Ashvini Until 7:27AM
Ganda* Until 6:25AM
Visti Until 6:19PM
Saptami Until 6:53AM Thu

Ganesha: Yellow *Sunrise: 5:12AM*
Muruqa: White *Sunset: 8:51PM*
Nataraja: White
Moon - White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga
Until 7:27AM
Then Creative Work - Siddha Yoga

5

Thursday, August 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 123

Mesha Rasi: 25.04 Tithi 22 - 23

Gulika 9:08AM - 11:05AM
Yama 5:15AM - 7:11AM
522865472 **Rahu** 2:58PM - 4:55PM

Bharani Until 9:06AM
Vridhhi Until 6:12AM
Balava Until 7:40PM
Saptami Until 6:53AM

Ganesha: Yellow *Sunrise: 5:15AM*
Muruqa: White *Sunset: 8:48PM*
Nataraja: White
Moon - White

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga
Until 9:06AM
Then Routine Work - Marana Yoga

Krishna Janmashtami

Friday, August 19, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 124

Vrishabha Rasi: 7.16 Tithi 23 - 24

Gulika 7:13AM - 9:09AM
Yama 4:53PM - 6:49PM
523865472 **Rahu** 11:05AM - 1:01PM

Krittika Until 11:16AM
Dhruva Until 6:30AM
Taitila Until 9:37PM
Ashtami* Until 8:33AM

Ganesha: White *Sunrise: 5:17AM*
Muruqa: White *Sunset: 8:45PM*
Nataraja: White
Moon - White

Bhuloka Day

Creative Work Siddha Yoga
Until 11:16AM
Then Routine Work - Marana Yoga

Sravana-Avani

1	Saturday, August 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Anchorage, AK
	Wishabha Rasi: 19.15	Tithi 24 – 25	533865472	Gulika 5:20AM – 7:15AM Yama 2:56PM – 4:51PM Rahu 9:10AM – 11:06AM	Rohini Until 2:13PM Vyaghata* Until 7:13AM Vanija Until 11:57PM Navami* Until 10:44AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 8 Sutra 125 Subhakrit 5124 Moon 8 - Phase 18 - 8 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Amrita Yoga							
Until 2:13PM							
Then Creative Work - Siddha Yoga							


2	Sunday, August 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Mithuna Rasi: 1.07	Tithi 25 – 26	533865472	Gulika 4:50PM – 6:44PM Yama 1:01PM – 2:55PM Rahu 6:44PM – 8:39PM	Mrigashira Until 5:14PM Harshana Until 8:11AM Bava Until 2:27AM Mon Dashami Until 1:10PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 9 Sutra 126 Subhakrit 5124 Moon 8 - Phase 18 - 9 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga							


3	Monday, August 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Mithuna Rasi: 12.57	Tithi 26 – 27	533865472	Gulika 2:54PM – 4:48PM Yama 11:06AM – 1:00PM Rahu 7:19AM – 9:13AM	Ardra Until 8:05PM Vajra* Until 9:11AM Kaulava Until 4:54AM Tue Ekadashi* Until 3:40PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Sravana-Avani	Sun 10 Sutra 127 Subhakrit 5124 Moon 8 - Phase 18 - 10 2nd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM
Creative Work Siddha Yoga							
Until 8:05PM							
Then Creative Work - Amrita Yoga							

4	Tuesday, August 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Taitila Karana Dvadashyam Titau				Anchorage, AK
	Mithuna Rasi: 24.49	Tithi 27	543865472	Gulika 1:00PM – 2:53PM Yama 9:14AM – 11:07AM Rahu 4:46PM – 6:40PM	Punarvasu Until 11:08PM Siddhi Until 10:07AM Taitila Until 6:02PM Dvadashi* Until 6:02PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 11 Sutra 128 Subhakrit 5124 Moon 8 - Phase 18 - 11 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							

5	Wednesday, August 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK
	Kataka Rasi: 6.45	Tithi 28	543865472	Gulika 11:07AM – 1:00PM Yama 7:22AM – 9:15AM Rahu 1:00PM – 2:52PM	Pushya Until 1:45AM Thu Vyatipata* Until 10:54AM Gara Until 7:08AM Trayodashi* Until 8:08PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 12 Sutra 129 Subhakrit 5124 Moon 8 - Phase 18 - 12 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							
		<i>Pradosha Vrata (Fasting)</i>					

6	Thursday, August 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK
	Kataka Rasi: 18.48	Tithi 29	543865472	Gulika 9:16AM – 11:08AM Yama 5:32AM – 7:24AM Rahu 2:51PM – 4:43PM	Ashlesha* Until 3:51AM Fri Variyan Until 11:24AM Visti Until 9:04AM Chaturdashi* Until 9:53PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Sravana-Avani	Sun 13 Sutra 130 Subhakrit 5124 Moon 8 - Phase 18 - 13 2nd Phase Bhuloka Day
Creative Work Siddha Yoga							
Until 3:51AM Fri							
Then Routine Work - Marana Yoga							

	Friday, August 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK
	Retreat Star			Gulika 7:26AM – 9:17AM Yama 4:41PM – 6:32PM Rahu 11:08AM – 12:59PM	Magha* Until 5:54AM Sat Parigha* Until 11:38AM Catuspada Until 10:38AM Amavasya* Until 11:15PM	Ganesha: Blue Muruqa: White Nataraja: White Moon – Red Sravana-Avani	Sun 14 Sutra 131 Subhakrit 5124 Moon 8 - Phase 18 - 14 Amavasya Bhuloka Day
Simha Rasi: 1.01		Tithi 30					
Routine Work Marana Yoga							
Until 5:54AM Sat							
Then Creative Work - Siddha Yoga							

	Saturday, August 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK
	Retreat Star			Gulika 5:37AM – 7:28AM Yama 2:49PM – 4:40PM Rahu 9:18AM – 11:09AM	Purvaphalguni Until 7:24AM Sun Shiva Until 11:35AM Kintughna Until 11:49AM Prathama* Until 12:14AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhadrapada-Avani	Sun 15 Sutra 132 Subhakrit 5124 Moon 8 - Phase 18 - 15 Prathama Bhuloka Day Devaloka Time: 6:PM to 9:PM
Simha Rasi: 13.23		Tithi 1					
Creative Work Siddha Yoga							
Until 7:24AM Sun							
Then Creative Work - Amrita Yoga							

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1		Sunday, August 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 16 Sutra 133 Subhakrit 5124	
Simha Rasi: 25.55	Tithi 2	Gulika 4:38PM – 6:28PM	Purvaphalguni Until 7:24AM	Ganesha: Blue	<i>Sunrise:</i> 5:40AM	Muruqa: White	<i>Sunset:</i> 8:17PM	Moon 8 - Phase 19 - 16 3rd Phase	
Creative Work	Siddha Yoga	Yama 12:59PM – 2:48PM	Siddha Until 11:11AM	Nataraja: Clear		Bhuloka Day			
Until 7:24AM		553865473 Rahu 6:28PM – 8:17PM	Balava Until 12:36PM	Moon – Red		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga		Dvitiya Until 12:49AM Mon							

2		Monday, August 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Anchorage, AK Sun 17 Sutra 134 Subhakrit 5124	
Kanya Rasi: 8.38	Tithi 3	Gulika 2:47PM – 4:36PM	Uttaraphalguni Until 8:22AM	Ganesha: Blue	<i>Sunrise:</i> 5:42AM	Muruqa: White	<i>Sunset:</i> 8:14PM	Moon 8 - Phase 19 - 17 3rd Phase	
Family Home Evening		Yama 11:09AM – 12:58PM	Sadhya Until 10:30AM	Nataraja: Clear		Bhuloka Day			
Creative Work	Siddha Yoga	553865473 Rahu 7:31AM – 9:20AM	Taitila Until 12:59PM	Moon – Red		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
		Tritiya Until 1:01AM Tue							

3		Tuesday, August 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Chaturthiyam Titau				Anchorage, AK Sun 18 Sutra 135 Subhakrit 5124	
Kanya Rasi: 21.32	Tithi 4	Gulika 12:58PM – 2:46PM	Hasta Until 9:17AM	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Muruqa: White	<i>Sunset:</i> 8:11PM	Moon 8 - Phase 19 - 18 3rd Phase	
Creative Work	Siddha Yoga	Yama 9:22AM – 11:10AM	Subha Until 9:32AM	Nataraja: Clear		Bhuloka Day			
		563865473 Rahu 4:35PM – 6:23PM	Vanija Until 1:00PM	Moon – Green		Bhadrapada-Avani		Devaloka Time: 6:PM to 9:PM	
		Ganesha Chaturthi	Chaturthi* Until 12:51AM Wed						

4		Wednesday, August 31, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 19 Sutra 136 Subhakrit 5124	
Tula Rasi: 4.38	Tithi 5	Gulika 11:10AM – 12:58PM	Chitra Until 9:39AM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	Muruqa: White	<i>Sunset:</i> 8:08PM	Moon 8 - Phase 19 - 19 3rd Phase	
Creative Work	Siddha Yoga	Yama 7:35AM – 9:23AM	Sukla Until 8:14AM	Nataraja: Clear		Devaloka Day			
		563965473 Rahu 12:58PM – 2:45PM	Bava Until 12:38PM	Moon – Green		Bhadrapada-Avani			
		Panchami Until 12:17AM Thu							

5		Thursday, September 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthiyam Titau				Anchorage, AK Sun 20 Sutra 137 Subhakrit 5124	
Tula Rasi: 17.57	Tithi 6	Gulika 9:24AM – 11:11AM	Svati Until 9:30AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Muruqa: White	<i>Sunset:</i> 8:05PM	Moon 8 - Phase 19 - 20 3rd Phase	
Creative Work	Amrita Yoga	Yama 5:50AM – 7:37AM	Brahma Until 6:38AM	Nataraja: Clear		Devaloka Day			
Until 9:30AM		563965473 Rahu 2:44PM – 4:31PM	Kaulava Until 11:52AM	Moon – Green		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga		Shashthi* Until 11:18PM							

6		Friday, September 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 21 Sutra 138 Subhakrit 5124	
Vrischika Rasi: 1.29	Tithi 7	Gulika 7:39AM – 9:25AM	Vishakha Until 9:14AM	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	Muruqa: White	<i>Sunset:</i> 8:02PM	Moon 8 - Phase 19 - 21 3rd Phase	
Creative Work	Siddha Yoga	Yama 4:29PM – 6:16PM	Vaidhriti* Until 2:26AM Sat	Nataraja: Clear		Devaloka Day			
		574965473 Rahu 11:11AM – 12:57PM	Gara Until 10:41AM	Moon – Orange		Bhadrapada-Avani			
		Saptami Until 9:55PM							

Retreat Star		Saturday, September 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 22 Sutra 139 Subhakrit 5124	
Vrischika Rasi: 15.16	Tithi 8	Gulika 5:55AM – 7:40AM	Anuradha Until 8:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM	Muruqa: White	<i>Sunset:</i> 7:58PM	Moon 8 - Phase 19 - 22 Ashtami	
Creative Work	Siddha Yoga	Yama 2:42PM – 4:28PM	Vishkambha* Until 11:49PM	Nataraja: Clear		Devaloka Day			
		574965473 Rahu 9:26AM – 11:11AM	Vistil Until 9:05AM	Moon – Orange		Bhadrapada-Avani			
		Ashtami* Until 8:07PM							

Retreat Star		Sunday, September 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK Sun 23 Sutra 140 Subhakrit 5124	
Vrischika Rasi: 29.19	Tithi 9 – 10	Gulika 4:26PM – 6:11PM	Jyeshtha* Until 7:01AM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	Muruqa: White	<i>Sunset:</i> 7:55PM	Moon 8 - Phase 19 - 23 Navami	
Routine Work	Marana Yoga	Yama 12:56PM – 2:41PM	Priti Until 8:55PM	Nataraja: Clear		Devaloka Day			
Until 7:01AM		574965473 Rahu 6:11PM – 7:55PM	Balava Until 7:05AM	Moon – Orange		Bhadrapada-Avani			
Then Creative Work - Amrita Yoga		Navami* Until 5:55PM							


As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Monday, September 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Anchorage, AK Sun 24 Sutra 141 Subhakrit 5124	
Dhanus Rasi: 14	Tithi 10 – 11	Gulika	2:40PM – 4:24PM	Purvashadha* Until 3:36AM Tue	Ganesha: White	<i>Sunrise:</i> 6:00AM	
Family Home Evening	584965473	Yama	11:12AM – 12:56PM	Ayushman Until 5:42PM	Muruqa: White	<i>Sunset:</i> 7:52PM	Moon 8 - Phase 20 - 24
Routine Work	Marana Yoga	Rahu	7:44AM – 9:28AM	Vanija Until 2:00AM Tue	Nataraja: Clear		4th Phase
Until 3:36AM Tue				Dashami Until 3:22PM	Moon – Light Blue		Bhuloka Day
Then Routine Work - Prabalarishta Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

2		Tuesday, September 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 25 Sutra 142 Subhakrit 5124	
Dhanus Rasi: 28.07	Tithi 11 – 12	Gulika	12:56PM – 2:39PM	Uttarashadha Until 1:20AM Wed	Ganesha: White	<i>Sunrise:</i> 6:02AM	
	584965473	Yama	9:29AM – 11:12AM	Saubhagya Until 2:16PM	Muruqa: White	<i>Sunset:</i> 7:49PM	Moon 8 - Phase 20 - 25
Routine Work	Prabalarishta Yoga	Rahu	4:22PM – 6:06PM	Bava Until 11:05PM	Nataraja: Clear		4th Phase
Until 1:20AM Wed				Ekadashi Until 12:33PM	Moon – Light Blue		Bhuloka Day
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		Devaloka Time: 6:PM to 9:PM

3		Wednesday, September 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 26 Sutra 143 Subhakrit 5124	
Makara Rasi: 12.46	Tithi 12 – 13	Gulika	11:13AM – 12:55PM	Shravana Until 11:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	
	594965473	Yama	7:48AM – 9:30AM	Sobhana Until 10:44AM	Muruqa: White	<i>Sunset:</i> 7:46PM	Moon 8 - Phase 20 - 26
Creative Work	Siddha Yoga	Rahu	12:55PM – 2:38PM	Kaulava Until 8:04PM	Nataraja: Clear		4th Phase
Until 11:15PM				Dvadashi Until 9:34AM	Moon – Purple		Devaloka Day
Then Routine Work - Prabalarishta Yoga					Bhadrapada*Avani		

4		Thursday, September 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Alhiganda*/Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 27 Sutra 144 Subhakrit 5124	
Makara Rasi: 27.27	Tithi 13 – 14	Gulika	9:31AM – 11:13AM	Dhanishtha Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
	594965473	Yama	6:07AM – 7:49AM	Athiganda* Until 7:09AM	Muruqa: White	<i>Sunset:</i> 7:43PM	Moon 8 - Phase 20 - 27
Creative Work	Siddha Yoga	Rahu	2:37PM – 4:19PM	Vanija Until 3:38AM Fri	Nataraja: Clear		4th Phase
				Trayodashi Until 6:33AM	Moon – Purple		Devaloka Day
		Chidambaram Abhishekam			Bhadrapada*Avani		

		Friday, September 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Visti/Bava Karana Purnimayam Titau		Anchorage, AK Sun 28 Sutra 145 Subhakrit 5124	
Kumbha Rasi: 12.05	Tithi 15	Gulika	7:51AM – 9:32AM	Shatabhishak Until 6:58PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	
	594965473	Yama	4:17PM – 5:58PM	Dhriti Until 12:25AM Sat	Muruqa: White	<i>Sunset:</i> 7:40PM	Moon 8 - Phase 20 -
Creative Work	Siddha Yoga	Rahu	11:14AM – 12:55PM	Visti Until 2:17PM	Nataraja: Clear		Purnima
				Purnima* Until 12:59AM Sat	Moon – Purple		Devaloka Day
					Bhadrapada*Avani		

Silver Retreat Star		Saturday, September 10, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sun 29 Sutra 146 Subhakrit 5124	
Kumbha Rasi: 26.3	Tithi 16	Gulika	6:12AM – 7:53AM	Purvaproshtapada* Until 5:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	
	514965473	Yama	2:35PM – 4:15PM	Shula* Until 9:28PM	Muruqa: White	<i>Sunset:</i> 7:36PM	Moon 8 - Phase 20 -
Routine Work	Marana Yoga	Rahu	9:33AM – 11:14AM	Balava Until 11:49AM	Nataraja: Clear		Prathama
Until 5:31PM				Prathama* Until 10:45PM	Moon – Clear		Devaloka Day
Then Creative Work - Siddha Yoga					Bhadrapada*Avani		

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Sunday, September 11, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Uttaraproshtapada/Revati Nakshatra Ganda* Yoga Taitila/Gara Karana Dvilyayam Titau

Anchorage, AK

Sun 1 Sutra 147

Subhakrit 5124

Meena Rasi: 10.37 Tithi 17

Gulika 4:14PM - 5:53PM

Uttaraproshtapada Until 4:27PM

Ganesha: Clear Sunrise: 6:15AM

Yama 12:54PM - 2:34PM

Ganda* Until 6:59PM

Muruqa: White Sunset: 7:33PM

514965473 Rahu 5:53PM - 7:33PM

Taitila Until 9:51AM

Nataraja: Clear Moon - Clear

Moon 9 - Phase 21 - 1

1st Phase

Creative Work Amrita Yoga

Grandparent's Day

Dvitiya Until 9:05PM

Bhadrapada-Avani

Devaloka Day

Monday, September 12, 2022

1

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yukhtayam
Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Anchorage, AK

Sun 2 Sutra 148

Subhakrit 5124

Meena Rasi: 24.21 Tithi 18

Gulika 2:33PM - 4:12PM

Revati Until 3:55PM

Ganesha: Clear Sunrise: 6:17AM

Yama 11:15AM - 12:54PM

Vriddhi Until 5:04PM

Muruqa: White Sunset: 7:30PM

514965473 Rahu 7:56AM - 9:35AM

Vanija Until 8:31AM

Nataraja: Clear Moon - Clear

Moon 9 - Phase 21 - 2

1st Phase

Family Home Evening Creative Work Siddha Yoga

Tritiya Until 8:06PM

Bhadrapada-Avani

Devaloka Day

Tuesday, September 13, 2022

2

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashvini/Bharani Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

Anchorage, AK

Sun 3 Sutra 149

Subhakrit 5124

Mesha Rasi: 7.4 Tithi 19

Gulika 12:53PM - 2:32PM

Ashvini Until 4:25PM

Ganesha: White Sunrise: 6:20AM

Yama 9:37AM - 11:15AM

Dhruva Until 3:44PM

Muruqa: White Sunset: 7:27PM

524965473 Rahu 4:10PM - 5:48PM

Bava Until 7:56AM

Nataraja: Clear Moon - White

Moon 9 - Phase 21 - 3

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 7:55PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Wednesday, September 14, 2022

3

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yukhtayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 4 Sutra 150

Subhakrit 5124

Mesha Rasi: 20.34 Tithi 20

Gulika 11:15AM - 12:53PM

Bharani Until 5:34PM

Ganesha: White Sunrise: 6:22AM

Yama 8:00AM - 9:38AM

Vyaghata* Until 3:03PM

Muruqa: White Sunset: 7:24PM

524965473 Rahu 12:53PM - 2:31PM

Kaulava Until 8:09AM

Nataraja: Clear Moon - White

Moon 9 - Phase 21 - 4

1st Phase

Creative Work Siddha Yoga

Panchami Until 8:32PM

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Until 5:34PM

Then Creative Work - Amrita Yoga

Thursday, September 15, 2022

4

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yukhtayam
Krittika Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashtham Titau

Anchorage, AK

Sun 5 Sutra 151

Subhakrit 5124

Vrishabha Rasi: 3.06 Tithi 21

Gulika 9:39AM - 11:16AM

Krittika Until 7:17PM

Ganesha: Clear Sunrise: 6:25AM

Yama 6:25AM - 8:02AM

Harshana Until 2:59PM

Muruqa: White Sunset: 7:20PM

525965473 Rahu 2:30PM - 4:07PM

Gara Until 9:08AM

Nataraja: Clear Moon - White

Moon 9 - Phase 21 - 5

1st Phase

Routine Work Marana Yoga

Shashthi* Until 9:53PM

Bhadrapada-Avani

Devaloka Day

Friday, September 16, 2022

5

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam
Rohini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Anchorage, AK

Sun 6 Sutra 152

Subhakrit 5124

Vrishabha Rasi: 15.2 Tithi 22

Gulika 8:03AM - 9:40AM

Rohini Until 9:55PM

Ganesha: White Sunrise: 6:27AM

Yama 4:05PM - 5:41PM

Vajra* Until 3:22PM

Muruqa: White Sunset: 7:17PM

535965473 Rahu 11:16AM - 12:52PM

Visti Until 10:49AM

Nataraja: Clear Moon - Yellow

Moon 9 - Phase 21 - 6

1st Phase

Routine Work Marana Yoga

Saptami Until 11:50PM

Bhadrapada-Puratasi

Sivaloka Day

Until 9:55PM

Then Creative Work - Siddha Yoga

Saturday, September 17, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 7 Sutra 153

Subhakrit 5124

Vrishabha Rasi: 27.22 Tithi 23

Gulika 6:30AM - 8:05AM

Mrigashira Until 12:44AM Sun

Ganesha: White Sunrise: 6:30AM

Yama 2:27PM - 4:03PM

Siddhi Until 4:06PM

Muruqa: White Sunset: 7:14PM

535965473 Rahu 9:41AM - 11:16AM

Balava Until 12:58PM

Nataraja: Clear Moon - Yellow

Moon 9 - Phase 21 - 7

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 2:09AM Sun

Bhadrapada-Puratasi

Sivaloka Day

Sunday, September 18, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 8 Sutra 154

Subhakrit 5124

Mithuna Rasi: 9.16 Tithi 24

Gulika 4:01PM - 5:36PM

Ardra Until 3:33AM Mon

Ganesha: White Sunrise: 6:32AM

Yama 12:52PM - 2:26PM

Vyatipata* Until 5:01PM

Muruqa: White Sunset: 7:11PM

535965473 Rahu 5:36PM - 7:11PM

Taitila Until 3:23PM

Nataraja: Clear Moon - Yellow

Moon 9 - Phase 21 - 8

Navami

Creative Work Siddha Yoga

Navami* Until 4:36AM Mon

Bhadrapada-Puratasi

Sivaloka Day

Until 3:33AM Mon

Then Creative Work - Amrita Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang


1	Monday, September 19, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam Punarvasu Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau			Anchorage, AK
	Mithuna Rasi: 21.07 Family Home Evening Creative Work Amrita Yoga Until 6:36AM Tue Then Creative Work - Siddha Yoga	Tithi 25 545965473	Gulika 2:25PM – 3:59PM Yama 11:17AM – 12:51PM Rahu 8:09AM – 9:43AM	Punarvasu Until 6:36AM Tue Variyan Until 5:54PM Vanija Until 5:49PM Dashami Until 6:58AM Tue	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi


2	Tuesday, September 20, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Anchorage, AK
	Kataka Rasi: 3.01 Creative Work Siddha Yoga	Tithi 25 – 26 545965473	Gulika 12:51PM – 2:24PM Yama 9:44AM – 11:17AM Rahu 3:58PM – 5:31PM	Punarvasu Until 6:36AM Parigha* Until 6:40PM Bava Until 8:05PM Dashami Until 6:58AM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

3	Wednesday, September 21, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam Pushya/Ashlesha* Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Anchorage, AK
	Kataka Rasi: 15.01 Creative Work Siddha Yoga	Tithi 26 – 27 545965473	Gulika 11:18AM – 12:50PM Yama 8:12AM – 9:45AM Rahu 12:50PM – 2:23PM	Pushya Until 9:15AM Shiva Until 7:12PM Kaulava Until 9:59PM Ekadashi* Until 9:04AM	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

4	Thursday, September 22, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam Ashlesha*/Magha* Nakshatra Siddha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau			Anchorage, AK
	Kataka Rasi: 27.1 Creative Work Siddha Yoga Until 11:20AM Then Creative Work - Amrita Yoga	Tithi 27 – 28 545965473	Gulika 9:46AM – 11:18AM Yama 6:42AM – 8:14AM Rahu 2:22PM – 3:54PM	Ashlesha* Until 11:20AM Siddha Until 7:21PM Gara Until 11:27PM Dvadashi* Until 10:46AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Blue Devaloka Day Bhadrapada-Puratasi

5	Friday, September 23, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Anchorage, AK
	Simha Rasi: 9.31 Routine Work Marana Yoga Until 1:18PM Then Creative Work - Siddha Yoga	Tithi 28 – 29 555965473	Gulika 8:16AM – 9:47AM Yama 3:52PM – 5:24PM Rahu 11:18AM – 12:50PM	Magha* Until 1:18PM Sadhya Until 7:09PM Visti Until 12:26AM Sat Trayodashi* Until 11:59AM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Red Devaloka Day Bhadrapada-Puratasi

	Saturday, September 24, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Anchorage, AK
	Simha Rasi: 22.05 Creative Work Siddha Yoga Until 2:36PM Then Routine Work - Marana Yoga	Tithi 29 – 30 556965473	Gulika 6:47AM – 8:18AM Yama 2:20PM – 3:51PM Rahu 9:48AM – 11:19AM	Purvaphalguni Until 2:36PM Subha Until 6:34PM Catuspada Until 12:53AM Sun Chaturdashi* Until 12:42PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Red Bhuloka Day Bhadrapada-Puratasi Devaloka Time: 6:PM to 9:PM

	Sunday, September 25, 2022	Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Anchorage, AK
	Kanya Rasi: 4.54 Creative Work Amrita Yoga	Tithi 30 – 1 556165473	Gulika 3:49PM – 5:19PM Yama 12:49PM – 2:19PM Rahu 5:19PM – 6:49PM	Uttaraphalguni Until 3:15PM Sukla Until 5:33PM Kintughna Until 12:50AM Mon Amavasya* Until 12:54PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Red Bhuloka Day Ashvina-Puratasi Devaloka Time: 6:PM to 9:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

11 times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang

1	Monday, September 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Anchorage, AK Sun 16 Sutra 162 Subhakrit 5124	
	Kanya Rasi: 17.57 Family Home Evening Creative Work Until 3:45PM Then Routine Work - Prabararishta Yoga	Tithi 1 - 2 566165473	Gulika 2:18PM - 3:47PM Yama 11:20AM - 12:49PM Rahu 8:21AM - 9:50AM	Hasta Until 3:45PM Brahma Until 4:11PM Balava Until 12:21AM Tue Prathama* Until 12:38PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon - Green	<i>Sunrise:</i> 6:52AM <i>Sunset:</i> 6:46PM	Moon 9 - Phase 23 - 16 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

2	Tuesday, September 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 17 Sutra 163 Subhakrit 5124	
	Tula Rasi: 1.14 Creative Work Siddha Yoga	Tithi 2 - 3 666165473	Gulika 12:48PM - 2:17PM Yama 9:51AM - 11:20AM Rahu 3:45PM - 5:14PM	Chitra Until 3:41PM Indra Until 2:31PM Taitila Until 11:29PM Dvitiya Until 11:57AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon - Green	<i>Sunrise:</i> 6:54AM <i>Sunset:</i> 6:42PM	Moon 9 - Phase 23 - 17 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

3	Wednesday, September 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Anchorage, AK Sun 18 Sutra 164 Subhakrit 5124	
	Tula Rasi: 14.43 Creative Work Siddha Yoga	Tithi 3 - 4 666165473	Gulika 11:20AM - 12:48PM Yama 8:25AM - 9:52AM Rahu 12:48PM - 2:16PM	Svati Until 3:09PM Vaidhriti* Until 12:32PM Vanija Until 10:17PM Tritiya Until 10:54AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon - Green	<i>Sunrise:</i> 6:57AM <i>Sunset:</i> 6:39PM	Moon 9 - Phase 23 - 18 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

4	Thursday, September 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 19 Sutra 165 Subhakrit 5124	
	Tula Rasi: 28.23 Creative Work Siddha Yoga	Tithi 4 - 5 676165473	Gulika 9:54AM - 11:21AM Yama 6:59AM - 8:26AM Rahu 2:15PM - 3:42PM	Vishakha Until 2:37PM Vishkambha* Until 10:19AM Bava Until 8:49PM Chaturthi* Until 9:34AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon - Orange	<i>Sunrise:</i> 6:59AM <i>Sunset:</i> 6:36PM	Moon 9 - Phase 23 - 19 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

5	Friday, September 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK Sun 20 Sutra 166 Subhakrit 5124	
	Vrischika Rasi: 12.12 Creative Work Until 1:41PM Then Routine Work - Marana Yoga	Tithi 5 - 6 676165473	Gulika 8:28AM - 9:55AM Yama 3:40PM - 5:07PM Rahu 11:21AM - 12:47PM	Anuradha Until 1:41PM Priti Until 7:56AM Kaulava Until 7:07PM Panchami Until 7:58AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon - Orange	<i>Sunrise:</i> 7:02AM <i>Sunset:</i> 6:33PM	Moon 9 - Phase 23 - 20 3rd Phase	Bhuloka Day Devaloka Time: 6:PM to 9:PM

6	Saturday, October 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Anchorage, AK Sun 21 Sutra 167 Subhakrit 5124	
	Vrischika Rasi: 26.09 Creative Work Siddha Yoga	Tithi 6 - 7 677165473	Gulika 7:04AM - 8:30AM Yama 2:13PM - 3:38PM Rahu 9:56AM - 11:21AM	Jyeshtha* Until 12:26PM Saubhagya Until 2:38AM Sun Vanija Until 4:12AM Sun Shashthi* Until 6:10AM	Ganesha: Red Muruqa: White Nataraja: Clear Moon - Orange	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 6:30PM	Moon 9 - Phase 23 - 21 3rd Phase	Devaloka Day

D	Sunday, October 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 22 Sutra 168 Subhakrit 5124	
	Dhanus Rasi: 10.13 Creative Work Until 11:17AM Then Creative Work - Siddha Yoga	Tithi 8 687166473	Gulika 3:37PM - 5:02PM Yama 12:47PM - 2:12PM Rahu 5:02PM - 6:27PM	Mula* Until 11:17AM Sobhana Until 11:48PM Visti Until 3:10PM Ashtami* Until 2:05AM Mon	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon - Light Blue	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 6:27PM	Moon 9 - Phase 23 - 22 Ashtami	Sivaloka Day

D	Monday, October 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK Sun 23 Sutra 169 Subhakrit 5124	
	Dhanus Rasi: 24.22 Family Home Evening Routine Work Marana Yoga	Tithi 9 687166473	Gulika 2:11PM - 3:35PM Yama 11:22AM - 12:46PM Rahu 8:34AM - 9:58AM	Purvashadha* Until 9:52AM Athiganda* Until 8:51PM Balava Until 12:59PM Navami* Until 11:50PM	Ganesha: Blue Muruqa: Green Nataraja: Clear Moon - Light Blue	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 6:23PM	Moon 9 - Phase 23 - 23 Navami	Sivaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

ll times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang


1		Tuesday, October 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 24 Sutra 170	
Makara Rasi: 9	Tithi 10	Gulika	12:46PM – 2:10PM	Uttarashadha Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM		Subhakrit 5124	
		Yama	9:59AM – 11:23AM	Sukarma Until 5:50PM	Muruqa: Green	<i>Sunset:</i> 6:20PM	Moon 9 - Phase 24 - 24		
		687166473 Rahu	3:33PM – 4:57PM	Taitila Until 10:43AM	Nataraja: Clear		4th Phase		
Routine Work	Prabalarishta Yoga				Moon – Light Blue			Sivaloka Day	
Until 8:12AM		Vijaya Dasami		Dashami Until 9:32PM	Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									

2		Wednesday, October 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 25 Sutra 171	
Makara Rasi: 22.52	Tithi 11	Gulika	11:23AM – 12:46PM	Shravana Until 6:46AM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM		Subhakrit 5124	
		Yama	8:37AM – 10:00AM	Dhriti Until 2:50PM	Muruqa: Green	<i>Sunset:</i> 6:17PM	Moon 9 - Phase 24 - 25		
		697166473 Rahu	12:46PM – 2:09PM	Vanija Until 8:24AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga				Moon – Purple			Devaloka Day	
Until 6:46AM				Ekadashi Until 7:14PM	Ashvina+Puratasi				
Then Routine Work - Prabalarishta Yoga									

3		Thursday, October 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 172	
Kumbha Rasi: 7.07	Tithi 12 – 13	Gulika	10:01AM – 11:23AM	Shatabhishak Until 3:41AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM		Subhakrit 5124	
		Yama	7:17AM – 8:39AM	Shula* Until 11:51AM	Muruqa: Green	<i>Sunset:</i> 6:14PM	Moon 9 - Phase 24 - 26		
		697166473 Rahu	2:08PM – 3:30PM	Bava Until 6:07AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga				Moon – Purple			Devaloka Day	
		Kadaitswami Mahasamadhi		Dvadashi Until 5:00PM	Ashvina+Puratasi				

Pradosha Vrata

4		Friday, October 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhi* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 173	
Kumbha Rasi: 21.16	Tithi 13 – 14	Gulika	8:41AM – 10:02AM	Purvaproshtapada* Until 2:39AM Sat	Ganesha: Clear	<i>Sunrise:</i> 7:20AM		Subhakrit 5124	
		Yama	3:28PM – 4:50PM	Ganda* Until 9:01AM	Muruqa: Green	<i>Sunset:</i> 6:11PM	Moon 9 - Phase 24 - 27		
		617166474 Rahu	11:24AM – 12:45PM	Gara Until 2:04AM Sat	Nataraja: Purple		4th Phase		
Creative Work	Siddha Yoga				Moon – Clear			Bhuloka Day	
		Chidambaram Abhishekam		Trayodashi Until 2:58PM	Ashvina+Puratasi			Devaloka Time: 9:AM to 12:PM	

		Saturday, October 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantla Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 28 Sutra 174	
Meena Rasi: 5.16	Tithi 14 – 15	Gulika	7:22AM – 8:43AM	Uttaraproshtapada Until 1:50AM Sun	Ganesha: White	<i>Sunrise:</i> 7:22AM		Subhakrit 5124	
		Yama	2:06PM – 3:26PM	Vridhi Until 6:25AM	Muruqa: Green	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 24 -		
		618166474 Rahu	10:04AM – 11:24AM	Visti Until 12:31AM Sun	Nataraja: Purple		Purnima		
Creative Work	Siddha Yoga				Moon – Clear			Bhuloka Day	
Until 1:50AM Sun				Chaturdashi* Until 1:13PM	Ashvina+Puratasi				
Then Creative Work - Amrita Yoga									

Sunday, October 9, 2022		Silver Retreat Star		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 29 Sutra 175	
Meena Rasi: 19.01	Tithi 15 – 16	Gulika	3:25PM – 4:45PM	Revati Until 1:21AM Mon	Ganesha: White	<i>Sunrise:</i> 7:25AM		Subhakrit 5124	
		Yama	12:45PM – 2:05PM	Vyaghata* Until 2:10AM Mon	Muruqa: Green	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 24 -		
		618166474 Rahu	4:45PM – 6:05PM	Balava Until 11:28PM	Nataraja: Purple		Prathama		
Creative Work	Amrita Yoga				Moon – Clear			Bhuloka Day	
Until 1:21AM Mon				Purnima* Until 11:54AM	Ashvina+Puratasi				
Then Creative Work - Siddha Yoga									



Monday, October 10, 2022

Gold Retreat Star

Mesha Rasi: 2.29 Tithi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

628176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 2:04PM - 3:23PM
Yama 11:25AM - 12:44PM
Rahu 8:47AM - 10:06AM

Ashvini Until 1:45AM Tue
Harshana Until 12:44AM Tue
Taitila Until 10:59PM
Prathama* Until 11:07AM

Ganesha: Yellow Sunrise: 7:27AM
Muruga: White Sunset: 6:02PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Anchorage, AK
Sutra 176
Subhakrit 5124
Moon 10 - Phase 25 -
1st Phase

1

Tuesday, October 11, 2022

Mesha Rasi: 15.38 Tithi 17 - 18

Creative Work Siddha Yoga

Until 2:38AM Wed

Then Creative Work - Amrita Yoga

628176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:44PM - 2:03PM
Yama 10:07AM - 11:26AM
Rahu 3:21PM - 4:40PM

Bharani Until 2:38AM Wed
Vajra* Until 11:47PM
Vanija Until 11:10PM
Dvitiya Until 10:58AM

Ganesha: Yellow Sunrise: 7:30AM
Muruga: White Sunset: 5:59PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Anchorage, AK
Sun 1 Sutra 177
Subhakrit 5124
Moon 10 - Phase 25 - 1
1st Phase

2

Wednesday, October 12, 2022

Mesha Rasi: 28.26 Tithi 18 - 19

Creative Work Amrita Yoga

Until 4:01AM Thu

Then Routine Work - Marana Yoga

628176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:26AM - 12:44PM
Yama 8:50AM - 10:08AM
Rahu 12:44PM - 2:02PM

Krittika Until 4:01AM Thu
Siddhi Until 11:23PM
Bava Until 12:02AM Thu
Tritiya Until 11:30AM

Ganesha: Yellow Sunrise: 7:32AM
Muruga: White Sunset: 5:55PM
Nataraja: Purple
Moon - White

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Anchorage, AK
Sun 2 Sutra 178
Subhakrit 5124
Moon 10 - Phase 25 - 2
1st Phase

3

Thursday, October 13, 2022

Vrishabha Rasi: 10.55 Tithi 19 - 20

Routine Work Marana Yoga

Until 6:19AM Fri

Then Creative Work - Siddha Yoga

628176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:09AM - 11:26AM
Yama 7:35AM - 8:52AM
Rahu 2:01PM - 3:18PM

Rohini Until 6:19AM Fri
Vyatipata* Until 11:28PM
Kaulava Until 1:32AM Fri
Chaturthi* Until 12:41PM

Ganesha: Blue Sunrise: 7:35AM
Muruga: White Sunset: 5:52PM
Nataraja: Purple
Moon - Yellow

Bhuloka Day

Anchorage, AK
Sun 3 Sutra 179
Subhakrit 5124
Moon 10 - Phase 25 - 3
1st Phase

4

Friday, October 14, 2022

Vrishabha Rasi: 23.1 Tithi 20 - 21

Routine Work Marana Yoga

Until 6:19AM

Then Creative Work - Siddha Yoga

639176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:54AM - 10:10AM
Yama 3:16PM - 4:33PM
Rahu 11:27AM - 12:43PM

Rohini Until 6:19AM
Variyan Until 11:56PM
Gara Until 3:32AM Sat
Panchami Until 2:27PM

Ganesha: Red Sunrise: 7:38AM
Muruga: White Sunset: 5:49PM
Nataraja: Purple
Moon - Yellow

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Anchorage, AK
Sun 4 Sutra 180
Subhakrit 5124
Moon 10 - Phase 25 - 4
1st Phase

5

Saturday, October 15, 2022

Mithuna Rasi: 5.12 Tithi 21 - 22

Creative Work Siddha Yoga

639176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:40AM - 8:56AM
Yama 1:59PM - 3:15PM
Rahu 10:12AM - 11:27AM

Mrigashira Until 8:55AM
Parigha* Until 12:40AM Sun
Visti Until 5:52AM Sun
Shashthi* Until 4:39PM

Ganesha: Red Sunrise: 7:40AM
Muruga: White Sunset: 5:46PM
Nataraja: Purple
Moon - Yellow

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Anchorage, AK
Sun 5 Sutra 181
Subhakrit 5124
Moon 10 - Phase 25 - 5
1st Phase

6

Sunday, October 16, 2022

Mithuna Rasi: 17.08 Tithi 22

Creative Work Siddha Yoga

639176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Bava Karana Saptamyam Titau

Gulika 3:13PM - 4:28PM
Yama 12:43PM - 1:58PM
Rahu 4:28PM - 5:43PM

Ardra Until 11:37AM
Shiva Until 1:32AM Mon
Bava Until 7:04PM
Saptami Until 7:04PM

Ganesha: Red Sunrise: 7:43AM
Muruga: White Sunset: 5:43PM
Nataraja: Purple
Moon - Yellow

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Anchorage, AK
Sun 6 Sutra 182
Subhakrit 5124
Moon 10 - Phase 25 - 6
1st Phase

D

Monday, October 17, 2022

Retreat Star

Mithuna Rasi: 29.01 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 2:42PM

Then Creative Work - Siddha Yoga

649176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:57PM - 3:12PM
Yama 11:28AM - 12:43PM
Rahu 9:00AM - 10:14AM

Punarvasu Until 2:42PM
Siddha Until 2:20AM Tue
Balava Until 8:18AM
Ashtami* Until 9:29PM

Ganesha: Green Sunrise: 7:45AM
Muruga: White Sunset: 5:40PM
Nataraja: Purple
Moon - Blue

Devaloka Day

Anchorage, AK
Sun 7 Sutra 183
Subhakrit 5124
Moon 10 - Phase 25 - 7
Ashtami

Tuesday, October 18, 2022

Retreat Star

Kataka Rasi: 10.55 Tithi 24

Creative Work Siddha Yoga

649176474

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:43PM - 1:56PM
Yama 10:15AM - 11:29AM
Rahu 3:10PM - 4:24PM

Pushya Until 5:29PM
Sadhya Until 2:58AM Wed
Taitila Until 10:39AM
Navami* Until 11:42PM

Ganesha: Green Sunrise: 7:48AM
Muruga: White Sunset: 5:37PM
Nataraja: Purple
Moon - Blue

Devaloka Day

Anchorage, AK
Sun 8 Sutra 184
Subhakrit 5124
Moon 10 - Phase 25 - 8
Navami

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/22

www.gurudeva.org/panchang

1	Wednesday, October 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Anchorage, AK Sun 9 Sutra 185 Subhakrit 5124
	Kataka Rasi: 22.56	Tithi 25	Gulika 11:29AM – 12:42PM	Ashlesha* Until 7:47PM	Ganesha: Red	<i>Sunrise:</i> 7:51AM	
			Yama 9:04AM – 10:16AM	Subha Until 3:19AM Thu	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 10 - Phase 26 - 9
	649276474	Rahu 12:42PM – 1:55PM	Vanija Until 12:42PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dashami Until 1:32AM Thu		Moon – Blue	Bhuloka Day Devaloka Time: 6:AM to 9:AM		
<hr/>							

2	Thursday, October 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 186 Subhakrit 5124
	Simha Rasi: 5.07	Tithi 26	Gulika 10:18AM – 11:30AM	Magha* Until 9:55PM	Ganesha: Green	<i>Sunrise:</i> 7:53AM	
			Yama 7:53AM – 9:05AM	Sukla Until 3:13AM Fri	Muruqa: White	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 26 - 10
	659276474	Rahu 1:55PM – 3:07PM	Bava Until 2:17PM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Ekadashi* Until 2:51AM Fri		Moon – Red	Bhuloka Day		
Until 9:55PM				Ashvina•Aipasi			
<hr/>							

3	Friday, October 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Anchorage, AK Sun 11 Sutra 187 Subhakrit 5124
	Simha Rasi: 17.32	Tithi 27	Gulika 9:07AM – 10:19AM	Purvaphalguni Until 11:18PM	Ganesha: Green	<i>Sunrise:</i> 7:56AM	
			Yama 3:05PM – 4:17PM	Brahma Until 2:39AM Sat	Muruqa: White	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 26 - 11
	659276474	Rahu 11:31AM – 12:42PM	Kaulava Until 3:18PM		Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Dvadashi* Until 3:33AM Sat		Moon – Red	Bhuloka Day		
				Ashvina•Aipasi			
<hr/>							

4	Saturday, October 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 188 Subhakrit 5124
	Kanya Rasi: 0.13	Tithi 28	Gulika 7:59AM – 9:09AM	Uttaraphalguni Until 11:55PM	Ganesha: Purple	<i>Sunrise:</i> 7:59AM	
			Yama 1:53PM – 3:04PM	Indra Until 1:37AM Sun	Muruqa: White	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 26 - 12
	651276474	Rahu 10:20AM – 11:31AM	Gara Until 3:40PM		Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga	Trayodashi* Until 3:35AM Sun		Moon – Red	Bhuloka Day		
				Ashvina•Aipasi			
<i>Pradosha Vrata (Fasting)</i>							
<hr/>							

5	Sunday, October 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK Sun 13 Sutra 189 Subhakrit 5124
	Kanya Rasi: 13.14	Tithi 29	Gulika 3:02PM – 4:12PM	Hasta Until 12:13AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 8:01AM	
			Yama 12:42PM – 1:52PM	Vaidhriti* Until 12:02AM Mon	Muruqa: White	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 26 - 13
	661276474	Rahu 4:12PM – 5:22PM	Visti Until 3:23PM		Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga	Chaturdashi* Until 3:00AM Mon		Moon – Green	Bhuloka Day		
Until 12:13AM Mon				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga				Subramuniyaswami Mahasamadhi			
<hr/>							

●	Monday, October 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 14 Sutra 190 Subhakrit 5124
	Retreat Star		Gulika 1:51PM – 3:01PM	Chitra Until 11:47PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:04AM	
	Kanya Rasi: 26.34	Tithi 30	Yama 11:32AM – 12:42PM	Vishkambha* Until 10:01PM	Muruqa: White	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 26 - 14
	Family Home Evening	661276474	Rahu 9:13AM – 10:23AM	Catuspada Until 2:30PM	Nataraja: Purple		Amavasya
Routine Work	Prabalarishta Yoga	Amavasya* Until 1:50AM Tue		Moon – Green	Bhuloka Day		
Until 11:47PM				Ashvina•Aipasi			
Then Creative Work - Amrita Yoga				Subramuniyaswami Mahasamadhi			
<hr/>							

●	Tuesday, October 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 191 Subhakrit 5124
	Retreat Star		Gulika 12:42PM – 1:50PM	Svati Until 10:45PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:06AM	
	Tula Rasi: 10.13	Tithi 1	Yama 10:24AM – 11:33AM	Priti Until 7:37PM	Muruqa: White	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 26 - 15
	661276474	Rahu 2:59PM – 4:08PM	Kintughna Until 1:06PM		Nataraja: Purple		Prathama
Creative Work	Siddha Yoga	Prathama* Until 12:13AM Wed		Moon – Green	Bhuloka Day		
Until 10:45PM				Kartika•Aipasi			
Then Routine Work - Marana Yoga				Skanda Shasthi Begins			
<hr/>							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Wednesday, October 26, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Anchorage, AK Sun 16 Sutra 192
	Tula Rasi: 24.08	Tithi 2	Gulika 11:33AM – 12:41PM	Vishakha Until 9:38PM	Ganesha: Purple <i>Sunrise: 8:09AM</i>		Subhakit 5124
			Yama 9:17AM – 10:25AM	Ayushman Until 4:54PM	Muruqa: Clear <i>Sunset: 5:14PM</i>		Moon 10 - Phase 27 - 16
	Creative Work Siddha Yoga	671276574	Rahu 12:41PM – 1:50PM	Balava Until 11:16AM	Nataraja: Clear		3rd Phase
			Dvitiya Until 10:13PM	Moon – Orange		Bhuloka Day	
				Kartika•Aipasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, October 27, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 17 Sutra 193
	Vrischika Rasi: 8.16	Tithi 3	Gulika 10:27AM – 11:34AM	Anuradha Until 8:07PM	Ganesha: Purple <i>Sunrise: 8:12AM</i>		Subhakit 5124
			Yama 8:12AM – 9:19AM	Saubhagya Until 1:57PM	Muruqa: Clear <i>Sunset: 5:11PM</i>		Moon 10 - Phase 27 - 17
	Creative Work Siddha Yoga	671276574	Rahu 1:49PM – 2:56PM	Taitila Until 9:09AM	Nataraja: Clear		3rd Phase
Until 8:07PM			Tritiya Until 8:00PM	Moon – Orange		Bhuloka Day	
Then Routine Work - Prabararishta Yoga				Kartika•Aipasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, October 28, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 18 Sutra 194
	Vrischika Rasi: 22.32	Tithi 4 – 5	Gulika 9:21AM – 10:28AM	Jyeshtha* Until 6:21PM	Ganesha: Purple <i>Sunrise: 8:15AM</i>		Subhakit 5124
			Yama 2:55PM – 4:01PM	Sobhana Until 10:54AM	Muruqa: Clear <i>Sunset: 5:08PM</i>		Moon 10 - Phase 27 - 18
	Routine Work Marana Yoga	671276574	Rahu 11:35AM – 12:41PM	Vanija Until 6:50AM	Nataraja: Clear		3rd Phase
Until 6:21PM			Chaturthi* Until 5:38PM	Moon – Orange		Bhuloka Day	
Then Creative Work - Amrita Yoga				Kartika•Aipasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, October 29, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK Sun 19 Sutra 195
	Dhanus Rasi: 6.52	Tithi 5 – 6	Gulika 8:17AM – 9:23AM	Mula* Until 4:49PM	Ganesha: Clear <i>Sunrise: 8:17AM</i>		Subhakit 5124
			Yama 1:47PM – 2:53PM	Athiganda* Until 7:45AM	Muruqa: Clear <i>Sunset: 5:05PM</i>		Moon 10 - Phase 27 - 19
	Creative Work Siddha Yoga	681276574	Rahu 10:29AM – 11:35AM	Kaulava Until 2:03AM Sun	Nataraja: Clear		3rd Phase
			Panchami Until 3:14PM	Moon – Light Blue		Devaloka Day	
				Kartika•Aipasi			

5	Sunday, October 30, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK Sun 20 Sutra 196
	Dhanus Rasi: 21.11	Tithi 6 – 7	Gulika 2:52PM – 3:57PM	Purvashadha* Until 3:11PM	Ganesha: Clear <i>Sunrise: 8:20AM</i>		Subhakit 5124
			Yama 12:41PM – 1:46PM	Dhriti Until 1:37AM Mon	Muruqa: Clear <i>Sunset: 5:02PM</i>		Moon 10 - Phase 27 - 20
	Creative Work Siddha Yoga	681276574	Rahu 3:57PM – 5:02PM	Gara Until 11:45PM	Nataraja: Clear		3rd Phase
Until 3:11PM			Shashthi* Until 12:52PM	Moon – Light Blue		Devaloka Day	
Then Creative Work - Amrita Yoga		Skanda Shasthi		Kartika•Aipasi			

D	Monday, October 31, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 197
	Retreat Star		Gulika 1:46PM – 2:50PM	Uttarashadha Until 1:33PM	Ganesha: Clear <i>Sunrise: 8:23AM</i>		Subhakit 5124
	Makara Rasi: 5.26	Tithi 7 – 8	Yama 11:36AM – 12:41PM	Shula* Until 10:41PM	Muruqa: Clear <i>Sunset: 5:00PM</i>		Moon 10 - Phase 27 - 21
	Family Home Evening	681276574	Rahu 9:27AM – 10:32AM	Visti Until 9:35PM	Nataraja: Clear		Ashtami
Routine Work Marana Yoga			Saptami Until 10:38AM	Moon – Light Blue		Devaloka Day	
Until 1:33PM				Kartika•Aipasi			
Then Creative Work - Amrita Yoga							

D	Tuesday, November 1, 2022		Subhakit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 22 Sutra 198
	Retreat Star		Gulika 12:41PM – 1:45PM	Shravana Until 12:21PM	Ganesha: White <i>Sunrise: 8:25AM</i>		Subhakit 5124
	Makara Rasi: 19.36	Tithi 8 – 9	Yama 10:33AM – 11:37AM	Ganda* Until 7:55PM	Muruqa: Clear <i>Sunset: 4:57PM</i>		Moon 10 - Phase 27 - 22
	Creative Work Siddha Yoga	691276574	Rahu 2:49PM – 3:53PM	Balava Until 7:37PM	Nataraja: Clear		Navami
			Ashtami* Until 8:33AM	Moon – Purple		Bhuloka Day	
				Kartika•Aipasi		Devaloka Time: 3:PM to 6:PM	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

ll times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Wednesday, November 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Anchorage, AK
	Kumbha Rasi: 3.37	Tithi 9 – 10	692276574	Gulika 11:38AM – 12:41PM	Dhanishtha Until 11:14AM	Ganesha: Green	Sun 23 Sutra 199
	Routine Work	Prabalarishta Yoga		Yama 9:31AM – 10:35AM	Vriddhi Until 5:20PM	Muruqa: Clear	Subhakrit 5124
	Until 11:14AM			Rahu 12:41PM – 1:44PM	Gara Until 5:03AM Thu	Nataraja: Clear	Moon 10 - Phase 28 - 23 4th Phase
Then Creative Work - Siddha Yoga				Navami* Until 6:41AM	Moon – Purple	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

2	Thursday, November 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK
	Kumbha Rasi: 17.29	Tithi 11	692276574	Gulika 10:36AM – 11:39AM	Shatabhishak Until 10:12AM	Ganesha: Green	Sun 24 Sutra 200
	Creative Work	Siddha Yoga		Yama 8:31AM – 9:33AM	Dhruva Until 2:56PM	Muruqa: Clear	Subhakrit 5124
				Rahu 1:44PM – 2:46PM	Vanija Until 4:22PM	Nataraja: Clear	Moon 10 - Phase 28 - 24 4th Phase
				Ekadashi Until 3:42AM Fri	Moon – Purple	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

3	Friday, November 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK
	Meena Rasi: 1.12	Tithi 12	612276574	Gulika 9:35AM – 10:37AM	Purvaproshtapada* Until 9:44AM	Ganesha: Blue	Sun 25 Sutra 201
	Creative Work	Siddha Yoga		Yama 2:45PM – 3:47PM	Vyaghata* Until 12:46PM	Muruqa: Clear	Subhakrit 5124
				Rahu 11:39AM – 12:41PM	Bava Until 3:10PM	Nataraja: Clear	Moon 10 - Phase 28 - 25 4th Phase
				Dvadashi Until 2:40AM Sat	Moon – Clear	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

4	Saturday, November 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Tailita Karana Trayodashyam Titau				Anchorage, AK
	Meena Rasi: 14.43	Tithi 13	612276574	Gulika 8:36AM – 9:37AM	Uttaraproshtapada Until 9:28AM	Ganesha: Blue	Sun 26 Sutra 202
	Creative Work	Siddha Yoga		Yama 1:42PM – 2:44PM	Harshana Until 10:54AM	Muruqa: Clear	Subhakrit 5124
	Until 9:28AM			Rahu 10:39AM – 11:40AM	Kaulava Until 2:19PM	Nataraja: Clear	Moon 10 - Phase 28 - 26 4th Phase
Then Routine Work - Prabalarishta Yoga				Trayodashi Until 2:01AM Sun	Moon – Clear	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

5	Sunday, November 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK
	Meena Rasi: 28.02	Tithi 14	712276574	Gulika 2:42PM – 3:43PM	Revati Until 9:25AM	Ganesha: Yellow	Sun 27 Sutra 203
	Creative Work	Amrita Yoga		Yama 12:41PM – 1:42PM	Vajra* Until 9:18AM	Muruqa: Clear	Subhakrit 5124
	Until 9:25AM			Rahu 3:43PM – 4:43PM	Gara Until 1:52PM	Nataraja: Clear	Moon 10 - Phase 28 - 27 4th Phase
Then Creative Work - Siddha Yoga				Chaturdashi* Until 1:47AM Mon	Moon – Clear	Devaloka Day	

○	Monday, November 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK
	Copper Retreat Star			Gulika 1:41PM – 2:41PM	Ashvini Until 10:07AM	Ganesha: Blue	Sun 27 Sutra 204
	Mesha Rasi: 11.06	Tithi 15	722276574	Yama 11:41AM – 12:41PM	Siddhi Until 8:05AM	Muruqa: Clear	Subhakrit 5124
	Family Home Evening			Rahu 9:42AM – 10:41AM	Visti Until 1:52PM	Nataraja: Clear	Moon 10 - Phase 28 - Purnima
Creative Work Siddha Yoga				Purnima* Until 2:02AM Tue	Moon – White	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

○	Tuesday, November 8, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK
	Silver Retreat Star			Gulika 12:41PM – 1:40PM	Bharani Until 11:08AM	Ganesha: Blue	Sun 28 Sutra 205
	Mesha Rasi: 23.56	Tithi 16	722276574	Yama 10:43AM – 11:42AM	Vyatipata* Until 7:14AM	Muruqa: Clear	Subhakrit 5124
	Creative Work	Siddha Yoga		Rahu 2:40PM – 3:39PM	Balava Until 2:23PM	Nataraja: Clear	Moon 10 - Phase 28 - Prathama
				Prathama* Until 2:49AM Wed	Moon – White	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda



Wednesday, November 9, 2022

Gold Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Varyani/Parigha* Yoga Tailila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sutra 206

Subhakarit 5124

Vrishabha Rasi: 6.32 Tithi 17

722276574

Gulika 11:43AM – 12:41PM
Yama 9:46AM – 10:44AM
Rahu 12:41PM – 1:40PM

Krittika Until 12:29PM

Variyan Until 6:46AM

Taitila Until 3:25PM

Dvitiya Until 4:06AM Thu

Ganesha: Blue

Sunrise: 8:47AM

Muruqa: Clear

Sunset: 4:36PM

Nataraja: Clear

Moon – White

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 12:29PM

Then Creative Work - Siddha Yoga

1

Thursday, November 10, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trityayam Titau

Anchorage, AK

Sun 1 Sutra 207

Subhakarit 5124

Vrishabha Rasi: 18.55 Tithi 18

732276574

Gulika 10:46AM – 11:44AM
Yama 8:50AM – 9:48AM
Rahu 1:39PM – 2:37PM

Rohini Until 2:39PM

Parigha* Until 6:42AM

Vanija Until 4:56PM

Tritiya Until 5:51AM Fri

Ganesha: Red

Sunrise: 8:50AM

Muruqa: Clear

Sunset: 4:33PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Routine Work Marana Yoga

2

Friday, November 11, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva/Siddha Yoga Bava Karana Chaturthyam Titau

Anchorage, AK

Sun 2 Sutra 208

Subhakarit 5124

Mithuna Rasi: 1.05 Tithi 19

732276574

Gulika 9:50AM – 10:47AM
Yama 2:36PM – 3:33PM
Rahu 11:44AM – 12:42PM

Mrigashira Until 5:05PM

Shiva Until 7:00AM

Bava Until 6:55PM

Chaturthi* Until 8:00AM Sat

Ganesha: Red

Sunrise: 8:53AM

Muruqa: Clear

Sunset: 4:31PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, November 12, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 209

Subhakarit 5124

Mithuna Rasi: 13.07 Tithi 19 – 20

732276574

Gulika 8:55AM – 9:52AM
Yama 1:38PM – 2:35PM
Rahu 10:48AM – 11:45AM

Ardra Until 7:39PM

Siddha Until 7:34AM

Kaulava Until 9:12PM

Chaturthi* Until 8:00AM

Ganesha: Red

Sunrise: 8:55AM

Muruqa: Clear

Sunset: 4:28PM

Nataraja: Clear

Moon – Yellow

Kartika•Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Sunday, November 13, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 210

Subhakarit 5124

Mithuna Rasi: 25.02 Tithi 20 – 21

742376574

Gulika 2:34PM – 3:30PM
Yama 12:42PM – 1:38PM
Rahu 3:30PM – 4:26PM

Punarvasu Until 10:45PM

Sadhya Until 8:19AM

Gara Until 11:41PM

Panchami Until 10:24AM

Ganesha: White

Sunrise: 8:58AM

Muruqa: Clear

Sunset: 4:26PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Monday, November 14, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 211

Subhakarit 5124

Kataka Rasi: 6.55 Tithi 21 – 22

742376574

Gulika 1:37PM – 2:33PM
Yama 11:47AM – 12:42PM
Rahu 9:56AM – 10:51AM

Pushya Until 1:40AM Tue

Subha Until 9:11AM

Visti Until 2:09AM Tue

Shashthi* Until 12:54PM

Ganesha: White

Sunrise: 9:01AM

Muruqa: Clear

Sunset: 4:23PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

6

Tuesday, November 15, 2022

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 212

Subhakarit 5124

Kataka Rasi: 18.49 Tithi 22 – 23

743376574

Gulika 12:42PM – 1:37PM
Yama 10:53AM – 11:47AM
Rahu 2:32PM – 3:26PM

Ashlesha* Until 4:15AM Wed

Sukla Until 9:57AM

Balava Until 4:26AM Wed

Saptami Until 3:18PM

Ganesha: Green

Sunrise: 9:03AM

Muruqa: Clear

Sunset: 4:21PM

Nataraja: Clear

Moon – Blue

Kartika•Aipasi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, November 16, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 213

Subhakarit 5124

Simha Rasi: 0.47 Tithi 23 – 24

753376575

Gulika 11:48AM – 12:42PM
Yama 10:00AM – 10:54AM
Rahu 12:42PM – 1:36PM

Magha* Until 6:47AM Thu

Brahma Until 10:33AM

Taitila Until 6:19AM Thu

Ashtami* Until 5:24PM

Ganesha: Orange

Sunrise: 9:06AM

Muruqa: Clear

Sunset: 4:19PM

Nataraja: Purple

Moon – Red

Kartika•Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 17, 2022

Retreat Star

Subhakar Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Valdhriti* Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 8 Sutra 214

Subhakarit 5124

Simha Rasi: 12.56 Tithi 24

753376575

Gulika 10:56AM – 11:49AM
Yama 9:09AM – 10:02AM
Rahu 1:36PM – 2:30PM

Magha* Until 6:47AM

Indra Until 10:49AM

Taitila Until 6:19AM

Navami* Until 7:01PM

Ganesha: Orange

Sunrise: 9:09AM

Muruqa: Clear

Sunset: 4:17PM

Nataraja: Purple

Moon – Red

Kartika•Karttikai

Sivaloka Day

Creative Work Amrita Yoga

Until 6:47AM

Then Creative Work - Siddha Yoga

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang


1		Friday, November 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Anchorage, AK Sun 9 Sutra 215	
Simha Rasi: 25.18	Tithi 25	Gulika 10:04AM – 10:57AM	Purvaphalguni Until 8:35AM	Ganesha: Orange	<i>Sunrise:</i> 9:11AM			Subhakrit 5124	
		Yama 2:29PM – 3:21PM	Vaidhriti* Until 10:37AM	Muruqa: Clear	<i>Sunset:</i> 4:14PM		Moon 11 - Phase 30 - 9		
		753376575 Rahu 11:50AM – 12:43PM	Vanija Until 7:37AM	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:00PM	Moon – Red			Sivaloka Day		
				Karttika-Karttikai					

2		Saturday, November 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*Priti Yoga Bava/Balava Karana Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 216	
Kanya Rasi: 7.59	Tithi 26	Gulika 9:14AM – 10:06AM	Uttaraphalguni Until 9:34AM	Ganesha: Orange	<i>Sunrise:</i> 9:14AM			Subhakrit 5124	
		Yama 1:35PM – 2:28PM	Vishkambha* Until 9:53AM	Muruqa: Clear	<i>Sunset:</i> 4:12PM		Moon 11 - Phase 30 - 10		
		753376575 Rahu 10:58AM – 11:51AM	Bava Until 8:13AM	Nataraja: Purple				2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 8:13PM	Moon – Red			Sivaloka Day		
				Karttika-Karttikai					

3		Sunday, November 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Anchorage, AK Sun 11 Sutra 217	
Kanya Rasi: 21.02	Tithi 27	Gulika 2:27PM – 3:18PM	Hasta Until 10:07AM	Ganesha: Light Blue	<i>Sunrise:</i> 9:16AM			Subhakrit 5124	
		Yama 12:43PM – 1:35PM	Priti Until 8:33AM	Muruqa: Clear	<i>Sunset:</i> 4:10PM		Moon 11 - Phase 30 - 11		
		753376575 Rahu 3:18PM – 4:10PM	Kaulava Until 8:03AM	Nataraja: Purple				2nd Phase	
Creative Work	Amrita Yoga		Dvadashti* Until 7:40PM	Moon – Green			Devaloka Day		
Until 10:07AM				Karttika-Karttikai					
Then Creative Work - Siddha Yoga									

4		Monday, November 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 218	
Tula Rasi: 4.31	Tithi 28	Gulika 1:35PM – 2:26PM	Chitra Until 9:45AM	Ganesha: Light Blue	<i>Sunrise:</i> 9:19AM			Subhakrit 5124	
Family Home Evening		Yama 11:52AM – 12:44PM	Ayushman Until 6:36AM	Muruqa: Clear	<i>Sunset:</i> 4:08PM		Moon 11 - Phase 30 - 12		
Routine Work	Prabalarishta Yoga	753376575 Rahu 10:10AM – 11:01AM	Gara Until 7:07AM	Nataraja: Purple				2nd Phase	
Until 9:45AM			Trayodashi* Until 6:22PM	Moon – Green			Devaloka Day		
Then Creative Work - Amrita Yoga				Karttika-Karttikai					
				<i>Pradosha Vrata (Fasting)</i>					

5		Tuesday, November 22, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Anchorage, AK Sun 13 Sutra 219	
Tula Rasi: 18.23	Tithi 29 – 30	Gulika 12:44PM – 1:34PM	Svati Until 8:34AM	Ganesha: Light Blue	<i>Sunrise:</i> 9:22AM			Subhakrit 5124	
		Yama 11:03AM – 11:53AM	Sobhana Until 1:09AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:06PM		Moon 11 - Phase 30 - 13		
		753376575 Rahu 2:25PM – 3:15PM	Catuspada Until 3:16AM Wed	Nataraja: Purple				2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:26PM	Moon – Green			Devaloka Day	Tour Day	
Until 8:34AM				Karttika-Karttikai					
Then Routine Work - Marana Yoga									

		Wednesday, November 23, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Anchorage, AK Sun 14 Sutra 220	
Retreat Star		Gulika 11:54AM – 12:44PM	Vishakha Until 7:07AM	Ganesha: Purple	<i>Sunrise:</i> 9:24AM			Subhakrit 5124	
Vrischika Rasi: 2.39	Tithi 30 – 1	Yama 10:14AM – 11:04AM	Athiganda* Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 4:04PM		Moon 11 - Phase 30 - 14		
		773376575 Rahu 12:44PM – 1:34PM	Kintughna Until 12:36AM Thu	Nataraja: Purple				Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 1:58PM	Moon – Orange			Devaloka Day		
				Karttika-Karttikai					

Thursday, November 24, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Anchorage, AK Sun 15 Sutra 221		
Retreat Star		Gulika 11:05AM – 11:55AM	Jyeshtha* Until 2:41AM Fri	Ganesha: Purple	<i>Sunrise:</i> 9:27AM			Subhakrit 5124
Vrischika Rasi: 17.12	Tithi 1 – 2	Yama 9:27AM – 10:16AM	Sukarma Until 6:11PM	Muruqa: Clear	<i>Sunset:</i> 4:02PM		Moon 11 - Phase 30 - 15	
		773376575 Rahu 1:34PM – 2:23PM	Balava Until 9:39PM	Nataraja: Purple				Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:08AM	Moon – Orange			Devaloka Day	
Until 2:41AM Fri				Margasira-Karttikai				
Then Creative Work - Amrita Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Friday, November 25, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 16 Sutra 222
	Dhanus Rasi: 1.56	Tithi 2 – 3	Gulika 10:18AM – 11:07AM	Mula* Until 12:26AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 9:29AM		Subhakrit 5124
			Yama 2:23PM – 3:11PM	Dhriti Until 2:27PM	Muruqa: Clear <i>Sunset:</i> 4:00PM		Moon 11 - Phase 31 - 16
		783376575	Rahu 11:56AM – 12:45PM	Taitila Until 6:32PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga				Moon – Light Blue		Devaloka Day	
Until 12:26AM Sat				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

2	Saturday, November 26, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Anchorage, AK Sun 17 Sutra 223
	Dhanus Rasi: 16.45	Tithi 4	Gulika 9:31AM – 10:20AM	Purvashadha* Until 10:06PM	Ganesha: Light Blue <i>Sunrise:</i> 9:31AM		Subhakrit 5124
			Yama 1:33PM – 2:22PM	Shula* Until 10:41AM	Muruqa: Clear <i>Sunset:</i> 3:59PM		Moon 11 - Phase 31 - 17
		783376575	Rahu 11:08AM – 11:57AM	Vanija Until 3:26PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Moon – Light Blue		Devaloka Day	
Until 10:06PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							


3	Sunday, November 27, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 18 Sutra 224
	Makara Rasi: 1.29	Tithi 5	Gulika 2:21PM – 3:09PM	Uttarashadha Until 7:49PM	Ganesha: Light Blue <i>Sunrise:</i> 9:34AM		Subhakrit 5124
			Yama 12:45PM – 1:33PM	Ganda* Until 7:00AM	Muruqa: Clear <i>Sunset:</i> 3:57PM		Moon 11 - Phase 31 - 18
		783376575	Rahu 3:09PM – 3:57PM	Bava Until 12:29PM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga				Moon – Light Blue		Devaloka Day	
Until 10:06PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

4	Monday, November 28, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 19 Sutra 225
	Makara Rasi: 16.04	Tithi 6	Gulika 1:33PM – 2:20PM	Shravana Until 6:06PM	Ganesha: Orange <i>Sunrise:</i> 9:36AM		Subhakrit 5124
	Family Home Evening		Yama 11:58AM – 12:46PM	Dhruva Until 12:20AM Tue	Muruqa: Clear <i>Sunset:</i> 3:55PM		Moon 11 - Phase 31 - 19
		793376575	Rahu 10:24AM – 11:11AM	Kaulava Until 9:47AM	Nataraja: Purple		3rd Phase
Creative Work Amrita Yoga				Moon – Purple		Sivaloka Day	
Until 6:06PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

5	Tuesday, November 29, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 20 Sutra 226
	Kumbha Rasi: 0.23	Tithi 7	Gulika 12:46PM – 1:33PM	Dhanishtha Until 4:39PM	Ganesha: Clear <i>Sunrise:</i> 9:38AM		Subhakrit 5124
			Yama 11:12AM – 11:59AM	Vyaghata* Until 9:29PM	Muruqa: Clear <i>Sunset:</i> 3:54PM		Moon 11 - Phase 31 - 20
		794376575	Rahu 2:20PM – 3:07PM	Gara Until 7:28AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day	
Until 4:39PM				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

☾	Wednesday, November 30, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 21 Sutra 227
	Retreat Star		Gulika 12:00PM – 12:46PM	Shatabhishak Until 3:32PM	Ganesha: Clear <i>Sunrise:</i> 9:41AM		Subhakrit 5124
	Kumbha Rasi: 14.25	Tithi 8 – 9	Yama 10:27AM – 11:14AM	Harshana Until 7:02PM	Muruqa: Clear <i>Sunset:</i> 3:52PM		Moon 11 - Phase 31 - 21
		794376575	Rahu 12:46PM – 1:33PM	Balava Until 4:15AM Thu	Nataraja: Purple		Ashtami
Creative Work Siddha Yoga				Moon – Purple		Sivaloka Day	
Until 3:32PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

☽	Thursday, December 1, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK Sun 22 Sutra 228
	Retreat Star		Gulika 11:15AM – 12:01PM	Purvaproshtapada* Until 3:12PM	Ganesha: Red <i>Sunrise:</i> 9:43AM		Subhakrit 5124
	Kumbha Rasi: 28.08	Tithi 9 – 10	Yama 9:43AM – 10:29AM	Vajra* Until 4:57PM	Muruqa: Clear <i>Sunset:</i> 3:51PM		Moon 11 - Phase 31 - 22
		714376575	Rahu 1:33PM – 2:19PM	Taitila Until 3:25AM Fri	Nataraja: Purple		Navami
Creative Work Siddha Yoga				Moon – Clear		Sivaloka Day	
Until 3:32PM				Margasira-Karttikai			
Then Creative Work - Amrita Yoga							

1		Friday, December 2, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatiyata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 23 Sutra 229	
Meena Rasi: 11.34	Tithi 10 – 11	Gulika 10:31AM – 11:16AM	Uttaraproshtapada Until 3:14PM	Ganesha: Red	<i>Sunrise:</i> 9:45AM		Subhakrit 5124
		Yama 2:18PM – 3:04PM	Siddhi Until 3:18PM	Muruqa: Clear	<i>Sunset:</i> 3:49PM	Moon 11 - Phase 32 - 23	4th Phase
Creative Work	Siddha Yoga	Rahu 12:02PM – 12:47PM	Vanija Until 3:05AM Sat	Nataraja: Purple			
			Dashami Until 3:10PM	Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			
2		Saturday, December 3, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Varyan* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Anchorage, AK Sun 24 Sutra 230	
Meena Rasi: 24.43	Tithi 11 – 12	Gulika 9:47AM – 10:32AM	Revati Until 3:37PM	Ganesha: Red	<i>Sunrise:</i> 9:47AM		Subhakrit 5124
		Yama 1:33PM – 2:18PM	Vyatipata* Until 2:04PM	Muruqa: Clear	<i>Sunset:</i> 3:48PM	Moon 11 - Phase 32 - 24	4th Phase
Routine Work	Prabalarishta Yoga	Rahu 11:17AM – 12:03PM	Bava Until 3:15AM Sun	Nataraja: Purple			
Until 3:37PM			Ekadashi Until 3:06PM	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga		Gita Jayanthi		Margasira-Karttikai			
3		Sunday, December 4, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 25 Sutra 231	
Mesha Rasi: 7.37	Tithi 12 – 13	Gulika 2:18PM – 3:02PM	Ashvini Until 4:45PM	Ganesha: Blue	<i>Sunrise:</i> 9:49AM		Subhakrit 5124
		Yama 12:48PM – 1:33PM	Varyan Until 1:10PM	Muruqa: Clear	<i>Sunset:</i> 3:47PM	Moon 11 - Phase 32 - 25	4th Phase
Creative Work	Siddha Yoga	Rahu 3:02PM – 3:47PM	Kaulava Until 3:53AM Mon	Nataraja: Purple			
Until 4:45PM			Dvadashi Until 3:30PM	Moon – White		Devaloka Day	
Then Routine Work - Prabalarishta Yoga				Margasira-Karttikai			
				<i>Pradosha Vrata</i>			
4		Monday, December 5, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 26 Sutra 232	
Mesha Rasi: 20.18	Tithi 13 – 14	Gulika 1:33PM – 2:17PM	Bharani Until 6:09PM	Ganesha: Blue	<i>Sunrise:</i> 9:51AM		Subhakrit 5124
Family Home Evening		Yama 12:04PM – 12:48PM	Parigha* Until 12:37PM	Muruqa: Clear	<i>Sunset:</i> 3:46PM	Moon 11 - Phase 32 - 26	4th Phase
Creative Work	Siddha Yoga	Rahu 10:35AM – 11:20AM	Gara Until 4:56AM Tue	Nataraja: Purple			
Until 6:09PM			Trayodashi Until 4:20PM	Moon – White		Devaloka Day	
Then Routine Work - Marana Yoga				Margasira-Karttikai			
5		Tuesday, December 6, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Anchorage, AK Sun 27 Sutra 233	
Wrishabha Rasi: 2.48	Tithi 14 – 15	Gulika 12:49PM – 1:33PM	Krittika Until 7:47PM	Ganesha: Blue	<i>Sunrise:</i> 9:53AM		Subhakrit 5124
		Yama 11:21AM – 12:05PM	Shiva Until 12:23PM	Muruqa: Clear	<i>Sunset:</i> 3:45PM	Moon 11 - Phase 32 - 27	4th Phase
Creative Work	Siddha Yoga	Rahu 2:17PM – 3:01PM	Visti Until 6:22AM Wed	Nataraja: Purple			
Until 7:47PM			Chaturdashi* Until 5:35PM	Moon – White		Devaloka Day	Tour Day
Then Creative Work - Amrita Yoga		Krittika Deepam		Margasira-Karttikai			
		Wednesday, December 7, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau		Anchorage, AK Sutra 234	
Wrishabha Rasi: 15.08	Tithi 15	Gulika 12:06PM – 12:49PM	Rohini Until 10:05PM	Ganesha: Yellow	<i>Sunrise:</i> 9:55AM		Subhakrit 5124
		Yama 10:39AM – 11:22AM	Siddha Until 12:25PM	Muruqa: Clear	<i>Sunset:</i> 3:44PM	Moon 11 - Phase 32 -	Purnima
Creative Work	Siddha Yoga	Rahu 12:49PM – 1:33PM	Visti Until 6:22AM	Nataraja: Purple			
			Purnima* Until 7:12PM	Moon – Yellow		Sivaloka Day	
				Margasira-Karttikai			
Thursday, December 8, 2022		Friday, December 9, 2022		Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau		Anchorage, AK Sutra 235	
Wrishabha Rasi: 27.2	Tithi 16	Gulika 11:23AM – 12:07PM	Mrigashira Until 12:32AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 9:57AM		Subhakrit 5124
		Yama 9:57AM – 10:40AM	Sadhya Until 12:43PM	Muruqa: Clear	<i>Sunset:</i> 3:43PM	Moon 11 - Phase 32 -	Prathama
Routine Work	Marana Yoga	Rahu 1:33PM – 2:16PM	Balava Until 8:10AM	Nataraja: Purple			
Until 12:32AM Fri			Prathama* Until 9:09PM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda



Friday, December 9, 2022

Gold Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sun 1 Sutra 236

Subhakrit 5124

Mithuna Rasi: 9.24 Tithi 17

Gulika 10:41AM – 11:24AM
Yama 2:16PM – 2:59PM
Rahu 12:07PM – 12:50PM

Ardra Until 3:03AM Sat
Subha Until 1:14PM
Taitila Until 10:15AM
Dvitiya Until 11:22PM

Ganesha: Red Sunrise: 9:58AM
Muruga: Clear Sunset: 3:42PM
Nataraja: Purple
Moon – Yellow
Margasira-Karttikai

Moon 12 - Phase 33 - 1
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

1

Saturday, December 10, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Vanija/Vishti* Karana Tritiyayam Titau

Anchorage, AK

Sun 2 Sutra 237

Subhakrit 5124

Mithuna Rasi: 21.22 Tithi 18

Gulika 10:00AM – 10:43AM
Yama 1:33PM – 2:16PM
Rahu 11:25AM – 12:08PM

Punarvasu Until 6:06AM Sun
Sukla Until 1:54PM
Vanija Until 12:35PM
Tritiya Until 1:47AM Sun

Ganesha: Green Sunrise: 10:00AM
Muruga: Clear Sunset: 3:42PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 2
1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Sunday, December 11, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Sun 3 Sutra 238

Subhakrit 5124

Kataka Rasi: 3.16 Tithi 19

Gulika 2:16PM – 2:59PM
Yama 12:51PM – 1:34PM
Rahu 2:59PM – 3:41PM

Punarvasu Until 6:06AM
Brahma Until 2:42PM
Bava Until 3:04PM
Chaturthi* Until 4:19AM Mon

Ganesha: Green Sunrise: 10:01AM
Muruga: Clear Sunset: 3:41PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Monday, December 12, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Anchorage, AK

Sun 4 Sutra 239

Subhakrit 5124

Kataka Rasi: 15.08 Tithi 20

Family Home Evening

745476575

Gulika 1:34PM – 2:16PM
Yama 12:10PM – 12:52PM
Rahu 10:45AM – 11:27AM

Pushya Until 9:03AM
Indra Until 3:33PM
Kaulava Until 5:36PM
Panchami Until 6:49AM Tue

Ganesha: White Sunrise: 10:03AM
Muruga: Clear Sunset: 3:41PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Tuesday, December 13, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 5 Sutra 240

Subhakrit 5124

Kataka Rasi: 27.01 Tithi 20 – 21

745476575

Gulika 12:52PM – 1:34PM
Yama 11:28AM – 12:10PM
Rahu 2:16PM – 2:58PM

Ashlesha* Until 11:48AM
Vaidhriti* Until 4:19PM
Gara Until 8:03PM
Panchami Until 6:49AM

Ganesha: White Sunrise: 10:04AM
Muruga: Clear Sunset: 3:40PM
Nataraja: Purple
Moon – Blue
Margasira-Karttikai

Moon 12 - Phase 33 - 5
1st Phase

Creative Work Siddha Yoga

Devaloka Day Tour Day

5

Wednesday, December 14, 2022

Subhakrit Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Vishti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 6 Sutra 241

Subhakrit 5124

Simha Rasi: 8.58 Tithi 21 – 22

755476575

Gulika 12:11PM – 12:53PM
Yama 10:47AM – 11:29AM
Rahu 12:53PM – 1:35PM

Magha* Until 2:42PM
Vishkambha* Until 4:55PM
Vishti Until 10:14PM
Shashthi* Until 9:10AM

Ganesha: Clear Sunrise: 10:06AM
Muruga: Clear Sunset: 3:40PM
Nataraja: Purple
Moon – Red
Margasira-Karttikai

Moon 12 - Phase 33 - 6
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 2:42PM

Then Creative Work - Amrita Yoga

D

Thursday, December 15, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Anchorage, AK

Sun 7 Sutra 242

Subhakrit 5124

Simha Rasi: 21.02 Tithi 22 – 23

755476575

Gulika 11:30AM – 12:12PM
Yama 10:07AM – 10:48AM
Rahu 1:35PM – 2:16PM

Purvaphalguni Until 5:02PM
Priti Until 5:13PM
Balava Until 11:57PM
Saptami Until 11:08AM

Ganesha: Clear Sunrise: 10:07AM
Muruga: Clear Sunset: 3:40PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Moon 12 - Phase 33 - 7
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Markali Pillaiyar

Friday, December 16, 2022

Retreat Star

Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 8 Sutra 243

Subhakrit 5124

Kanya Rasi: 3.19 Tithi 23 – 24

855476575

Gulika 10:49AM – 11:31AM
Yama 2:17PM – 2:58PM
Rahu 12:12PM – 12:54PM

Uttaraphalguni Until 6:38PM
Ayushman Until 5:02PM
Taitila Until 1:01AM Sat
Ashtami* Until 12:33PM

Ganesha: White Sunrise: 10:08AM
Muruga: Clear Sunset: 3:40PM
Nataraja: Purple
Moon – Red
Margasira-Markali

Moon 12 - Phase 33 - 8
Navami

Creative Work Siddha Yoga

Devaloka Day

Until 6:38PM

Then Creative Work - Amrita Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Saturday, December 17, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Hasla Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashyam Titau				Anchorage, AK Sun 9 Sutra 244
	Kanya Rasi: 15.55	Tithi 24 – 25	865476575	Gulika 10:09AM – 10:50AM Yama 1:36PM – 2:17PM Rahu 11:32AM – 12:13PM	Hasta Until 7:49PM Saubhagya Until 4:17PM Vanija Until 1:17AM Sun Navami* Until 1:14PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Green Margasira*Markali	Sunrise: 10:09AM Sunset: 3:40PM Moon 12 - Phase 34 - 9 2nd Phase Sivaloka Day
	Routine Work	Marana Yoga					

2	Sunday, December 18, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK Sun 10 Sutra 245
	Kanya Rasi: 28.52	Tithi 25 – 26	865476575	Gulika 2:17PM – 2:59PM Yama 12:55PM – 1:36PM Rahu 2:59PM – 3:40PM	Chitra Until 8:01PM Sobhana Until 2:54PM Bava Until 12:42AM Mon Dashami Until 1:05PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Green Margasira*Markali	Sunrise: 10:10AM Sunset: 3:40PM Moon 12 - Phase 34 - 10 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga					

3	Monday, December 19, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 11 Sutra 246
	Tula Rasi: 12.17	Tithi 26 – 27	865476575	Gulika 1:36PM – 2:18PM Yama 12:14PM – 12:55PM Rahu 10:52AM – 11:33AM	Svati Until 7:15PM Athiganda* Until 12:49PM Kaulava Until 11:17PM Ekadashi* Until 12:04PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Green Margasira*Markali	Sunrise: 10:11AM Sunset: 3:40PM Moon 12 - Phase 34 - 11 2nd Phase Sivaloka Day
	Family Home Evening	Amrita Yoga					
	Until 7:15PM	Then Routine Work - Marana Yoga					

4	Tuesday, December 20, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 12 Sutra 247
	Tula Rasi: 26.11	Tithi 27 – 28	875476575	Gulika 12:56PM – 1:37PM Yama 11:34AM – 12:15PM Rahu 2:18PM – 2:59PM	Vishakha Until 6:01PM Sukarma Until 10:07AM Gara Until 9:06PM Dvadashi* Until 10:15AM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Orange Margasira*Markali	Sunrise: 10:11AM Sunset: 3:40PM Moon 12 - Phase 34 - 12 2nd Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 6:01PM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

5	Wednesday, December 21, 2022		Subhakrit Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 13 Sutra 248
	Vrischika Rasi: 10.33	Tithi 28 – 29	876476575	Gulika 12:15PM – 12:56PM Yama 10:53AM – 11:34AM Rahu 12:56PM – 1:37PM	Anuradha Until 4:00PM Dhriti Until 6:52AM Visti Until 6:18PM Trayodashi* Until 7:45AM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Orange Margasira*Markali	Sunrise: 10:12AM Sunset: 3:41PM Moon 12 - Phase 34 - 13 2nd Phase Sivaloka Day
	Creative Work	Siddha Yoga		Day 1 of Pancha Ganapati			

●	Thursday, December 22, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK Sun 14 Sutra 249
	Retreat Star		876476575	Gulika 11:35AM – 12:16PM Yama 10:12AM – 10:53AM Rahu 1:38PM – 2:19PM	Jyeshtha* Until 1:22PM Ganda* Until 11:08PM Catuspada Until 3:02PM Amavasya* Until 1:16AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Orange Margasira*Markali	Sunrise: 10:12AM Sunset: 3:41PM Moon 12 - Phase 34 - 14 Amavasya Sivaloka Day
	Vrischika Rasi: 25.19	Tithi 30		Day 2 of Pancha Ganapati			
	Routine Work	Prabalarishta Yoga					

●	Friday, December 23, 2022		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK Sun 15 Sutra 250
	Retreat Star		886476575	Gulika 10:54AM – 11:35AM Yama 2:20PM – 3:01PM Rahu 12:16PM – 12:57PM	Mula* Until 10:42AM Vriddhi Until 6:56PM Kintughna Until 11:29AM Prathama* Until 9:38PM	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Light Blue Pausha*Markali	Sunrise: 10:13AM Sunset: 3:42PM Moon 12 - Phase 34 - 15 Prathama Sivaloka Day
	Dhanus Rasi: 10.22	Tithi 1		Day 3 of Pancha Ganapati			
	Creative Work	Amrita Yoga					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

ll times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Saturday, December 24, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Tailila Karana Dviliya/Tritiyayam Titau			Anchorage, AK	
	Dhanus Rasi: 25.32 Tithi 2 – 3	886486575	Sun 16	Sutra 251	Subhakrit 5124	
	Creative Work Siddha Yoga Until 7:46AM Then Routine Work - Marana Yoga	Gulika 10:13AM – 10:54AM Yama 1:39PM – 2:20PM Rahu 11:35AM – 12:17PM	Purvashadha* Until 7:46AM Dhruva Until 2:40PM Balava Until 7:49AM Dvitiya Until 5:58PM	Ganesha: Orange Muruga: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 10:13AM Sunset: 3:43PM	Moon 12 - Phase 35 - 16 3rd Phase
	Day 4 of Pancha Ganapati		Subha Sivaloka Day			

2	Sunday, December 25, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau			Anchorage, AK	
	Makara Rasi: 10.41 Tithi 3 – 4	896486575	Sun 17	Sutra 252	Subhakrit 5124	
	Creative Work Amrita Yoga Until 2:15AM Mon Then Creative Work - Siddha Yoga	Gulika 2:21PM – 3:02PM Yama 12:58PM – 1:40PM Rahu 3:02PM – 3:44PM	Shravana Until 2:15AM Mon Vyaghata* Until 10:30AM Vanija Until 12:48AM Mon Tritiya Until 2:26PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 10:13AM Sunset: 3:44PM	Moon 12 - Phase 35 - 17 3rd Phase
	Day 5 of Pancha Ganapati		Subha Sivaloka Day			

3	Monday, December 26, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Anchorage, AK	
	Makara Rasi: 25.38 Tithi 4 – 5	896486576	Sun 18	Sutra 253	Subhakrit 5124	
	Family Home Evening Creative Work Siddha Yoga	Gulika 1:40PM – 2:22PM Yama 12:18PM – 12:59PM Rahu 10:55AM – 11:36AM	Dhanishtha Until 12:00AM Tue Harshana Until 6:35AM Bava Until 9:47PM Chaturthi* Until 11:13AM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Purple	Sunrise: 10:13AM Sunset: 3:45PM	Moon 12 - Phase 35 - 18 3rd Phase
	Sivaloka Day					

4	Tuesday, December 27, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Anchorage, AK	
	Kumbha Rasi: 10.17 Tithi 5 – 6	896486576	Sun 19	Sutra 254	Subhakrit 5124	
	Routine Work Marana Yoga	Gulika 12:59PM – 1:41PM Yama 11:36AM – 12:18PM Rahu 2:23PM – 3:04PM	Shatabhishak Until 10:08PM Siddhi Until 11:50PM Kaulava Until 7:18PM Panchami Until 8:27AM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Purple	Sunrise: 10:13AM Sunset: 3:46PM	Moon 12 - Phase 35 - 19 3rd Phase
	Sivaloka Day					

5	Wednesday, December 28, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Tailila/Vanija Karana Shashthi/Saptamyam Titau			Anchorage, AK	
	Kumbha Rasi: 24.31 Tithi 6 – 7	817486576	Sun 20	Sutra 255	Subhakrit 5124	
	Creative Work Amrita Yoga Until 9:12PM Then Creative Work - Siddha Yoga	Gulika 12:18PM – 1:00PM Yama 10:55AM – 11:37AM Rahu 1:00PM – 1:42PM	Purvaproshtapada* Until 9:12PM Vyatipata* Until 9:14PM Vanija Until 4:47AM Thu Shashthi* Until 6:16AM	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 10:13AM Sunset: 3:47PM	Moon 12 - Phase 35 - 20 3rd Phase
	Devaloka Day	Vinayaga Viratam Ends				

D	Thursday, December 29, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau			Anchorage, AK	
	Retreat Star	817486576	Sun 21	Sutra 256	Subhakrit 5124	
	Meena Rasi: 8.2 Tithi 8 Creative Work Siddha Yoga	Gulika 11:37AM – 12:19PM Yama 10:13AM – 10:55AM Rahu 1:42PM – 2:24PM	Uttaraproshtapada Until 8:51PM Variyan Until 7:11PM Visti Until 4:20PM Ashtami* Until 4:02AM Fri	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 10:13AM Sunset: 3:48PM	Moon 12 - Phase 35 - 21 Ashtami
	Devaloka Day					

D	Friday, December 30, 2022	Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau			Anchorage, AK	
	Retreat Star	817486576	Sun 22	Sutra 257	Subhakrit 5124	
	Meena Rasi: 21.43 Tithi 9 Creative Work Siddha Yoga Until 9:04PM Then Creative Work - Amrita Yoga	Gulika 10:55AM – 11:37AM Yama 2:25PM – 3:07PM Rahu 12:19PM – 1:01PM	Revati Until 9:04PM Parigha* Until 5:44PM Balava Until 3:57PM Navami* Until 4:01AM Sat	Ganesha: Blue Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 10:13AM Sunset: 3:49PM	Moon 12 - Phase 35 - 22 Navami
	Devaloka Day					


1	Saturday, December 31, 2022		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam				Anchorage, AK	
	Ashvini Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau						Sun 23 Sutra 258	
	Mesha Rasi: 4.42	Tithi 10	Gulika 10:12AM – 10:55AM	Ashvini Until 10:16PM	Ganesha: Yellow	<i>Sunrise:</i> 10:12AM	Subhakrit 5124	
	827486576	Rahu	Yama 1:44PM – 2:26PM	Shiva Until 4:51PM	Muruqa: Purple	<i>Sunset:</i> 3:51PM	Moon 12 - Phase 36 - 23	
Creative Work	Siddha Yoga	11:37AM – 12:19PM	Taitila Until 4:17PM	Nataraja: Clear		4th Phase		
			Dashami Until 4:41AM Sun	Moon – White		Sivaloka Day		
				Pausha-Markali				

2	Sunday, January 1, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anchorage, AK	
	Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 24 Sutra 259	
	Mesha Rasi: 17.23	Tithi 11	Gulika 2:27PM – 3:10PM	Bharani Until 11:53PM	Ganesha: Yellow	<i>Sunrise:</i> 10:12AM	Subhakrit 5124	
	827486576	Rahu	Yama 1:02PM – 1:45PM	Siddha Until 4:24PM	Muruqa: Purple	<i>Sunset:</i> 3:52PM	Moon 12 - Phase 36 - 24	
Routine Work	Prabalarishta Yoga	3:10PM – 3:52PM	Vanija Until 5:16PM	Nataraja: Clear		4th Phase		
Until 11:53PM		Vaikuntha Ekadasi	Ekadashi Until 5:55AM Mon	Moon – White		Sivaloka Day		
Then Creative Work - Siddha Yoga				Pausha-Markali				

3	Monday, January 2, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Anchorage, AK	
	Krittika Nakshatra Sadhya/Subha Yoga Bava Karana Dvadashyam Titau						Sun 25 Sutra 260	
	Mesha Rasi: 29.48	Tithi 12	Gulika 1:45PM – 2:28PM	Krittika Until 1:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 10:11AM	Subhakrit 5124	
	827486576	Rahu	Yama 12:20PM – 1:02PM	Sadhya Until 4:22PM	Muruqa: Purple	<i>Sunset:</i> 3:54PM	Moon 12 - Phase 36 - 25	
Family Home Evening	Marana Yoga	10:54AM – 11:37AM	Bava Until 6:44PM	Nataraja: Clear		4th Phase		
Routine Work			Dvadashi Until 7:36AM Tue	Moon – White		Sivaloka Day		
Until 1:47AM Tue				Pausha-Markali				
Then Creative Work - Amrita Yoga								

4	Tuesday, January 3, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Anchorage, AK	
	Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26 Sutra 261	
	Vrishabha Rasi: 12.02	Tithi 12 – 13	Gulika 1:03PM – 1:46PM	Rohini Until 4:21AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 10:10AM	Subhakrit 5124	
	837586576	Rahu	Yama 11:37AM – 12:20PM	Subha Until 4:38PM	Muruqa: Purple	<i>Sunset:</i> 3:56PM	Moon 12 - Phase 36 - 26	
Creative Work	Amrita Yoga	2:29PM – 3:12PM	Kaulava Until 8:35PM	Nataraja: Clear		4th Phase		
Until 4:21AM Wed			Dvadashi Until 7:36AM	Moon – Yellow		Sivaloka Day		
Then Creative Work - Siddha Yoga				Pausha-Markali				
			<i>Pradosha Vrata</i>					

5	Wednesday, January 4, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Anchorage, AK	
	Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27 Sutra 262	
	Vrishabha Rasi: 24.09	Tithi 13 – 14	Gulika 12:20PM – 1:03PM	Mrigashira Until 6:59AM Thu	Ganesha: White	<i>Sunrise:</i> 10:10AM	Subhakrit 5124	
	838586576	Rahu	Yama 10:53AM – 11:37AM	Sukla Until 5:05PM	Muruqa: Purple	<i>Sunset:</i> 3:57PM	Moon 12 - Phase 36 - 27	
Creative Work	Siddha Yoga	1:03PM – 1:47PM	Gara Until 10:43PM	Nataraja: Clear		4th Phase		
Until 6:59AM Thu			Trayodashi Until 9:36AM	Moon – Yellow		Devaloka Day		
Then Routine Work - Marana Yoga				Pausha-Markali				

	Thursday, January 5, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Anchorage, AK	
	Copper Retreat Star		Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sun 28 Sutra 263	
	Mithuna Rasi: 6.1	Tithi 14 – 15	Gulika 11:36AM – 12:20PM	Mrigashira Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 10:09AM	Subhakrit 5124	
	838586576	Rahu	Yama 10:09AM – 10:53AM	Brahma Until 5:42PM	Muruqa: Purple	<i>Sunset:</i> 3:59PM	Moon 12 - Phase 36 - Purnima	
Routine Work	Marana Yoga	1:48PM – 2:31PM	Visti Until 1:01AM Fri	Nataraja: Clear		4th Phase		
		Subramuniyaswami Jayanti	Chaturdashi* Until 11:50AM	Moon – Yellow		Devaloka Day		
		Ardra Darshanam		Pausha-Markali				

	Friday, January 6, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Anchorage, AK	
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sun 29 Sutra 264	
	Mithuna Rasi: 18.07	Tithi 15 – 16	Gulika 10:52AM – 11:36AM	Ardra Until 9:36AM	Ganesha: White	<i>Sunrise:</i> 10:08AM	Subhakrit 5124	
	838586576	Rahu	Yama 2:33PM – 3:17PM	Indra Until 6:25PM	Muruqa: Purple	<i>Sunset:</i> 4:01PM	Moon 12 - Phase 36 - Prathama	
Creative Work	Siddha Yoga	12:20PM – 1:04PM	Balava Until 3:26AM Sat	Nataraja: Clear		4th Phase		
			Purnima* Until 2:12PM	Moon – Yellow		Devaloka Day		
				Pausha-Markali				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



Saturday, January 7, 2023

Gold Retreat Star

Kataka Rasi: 0.02 Tithi 16 - 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:07AM - 10:51AM
Yama 1:49PM - 2:34PM
Rahu 11:36AM - 12:20PM
Punarvasu Until 12:38PM
Vaidhriti* Until 7:10PM
Taitila Until 5:55AM Sun
Prathama* Until 4:39PM

Ganesha: Clear *Sunrise:* 10:07AM
Muruqa: Purple *Sunset:* 4:03PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sutra 265
Subhakrit 5124
Moon 1 - Phase 37 -
1st Phase

1

Sunday, January 8, 2023

Kataka Rasi: 11.56 Tithi 17

848586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha* Yoga Gara Karana Dvitiyayam Titau

Gulika 2:35PM - 3:20PM
Yama 1:05PM - 1:50PM
Rahu 3:20PM - 4:05PM
Pushya Until 3:33PM
Vishkambha* Until 7:57PM
Gara Until 7:09PM
Dvitiya Until 7:09PM

Ganesha: Clear *Sunrise:* 10:06AM
Muruqa: Purple *Sunset:* 4:05PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sun 1 Sutra 266
Subhakrit 5124
Moon 1 - Phase 37 - 1
1st Phase

2

Monday, January 9, 2023

Kataka Rasi: 23.49 Tithi 18

Family Home Evening

848586576

Creative Work Siddha Yoga

Until 6:17PM

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:51PM - 2:36PM
Yama 12:20PM - 1:06PM
Rahu 10:50AM - 11:35AM
Ashlesha* Until 6:17PM
Priti Until 8:45PM
Vanija Until 8:25AM
Tritiya Until 9:37PM

Ganesha: Clear *Sunrise:* 10:04AM
Muruqa: Purple *Sunset:* 4:07PM
Nataraja: Clear
Moon - Blue
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sun 2 Sutra 267
Subhakrit 5124
Moon 1 - Phase 37 - 2
1st Phase

3

Tuesday, January 10, 2023

Simha Rasi: 5.43 Tithi 19

859586576

Creative Work Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Ayushman Yoga Bava/Balava Karana Chatrthyam Titau

Gulika 1:06PM - 1:52PM
Yama 11:35AM - 12:20PM
Rahu 2:38PM - 3:23PM
Magha* Until 9:16PM
Ayushman Until 9:26PM
Bava Until 10:51AM
Chatrthi* Until 11:59PM

Ganesha: Clear *Sunrise:* 10:03AM
Muruqa: Purple *Sunset:* 4:09PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sun 3 Sutra 268
Subhakrit 5124
Moon 1 - Phase 37 - 3
1st Phase

4

Wednesday, January 11, 2023

Simha Rasi: 17.41 Tithi 20

859586576

Creative Work Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:20PM - 1:07PM
Yama 10:48AM - 11:34AM
Rahu 1:07PM - 1:53PM
Purvaphalguni Until 11:51PM
Saubhagya Until 9:58PM
Kaulava Until 1:07PM
Panchami Until 2:07AM Thu

Ganesha: Clear *Sunrise:* 10:02AM
Muruqa: Purple *Sunset:* 4:11PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sun 4 Sutra 269
Subhakrit 5124
Moon 1 - Phase 37 - 4
1st Phase

5

Thursday, January 12, 2023

Simha Rasi: 29.46 Tithi 21

859586576

Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 11:34AM - 12:20PM
Yama 10:00AM - 10:47AM
Rahu 1:54PM - 2:40PM
Uttaraphalguni Until 1:55AM Fri
Sobhana Until 10:13PM
Gara Until 3:03PM
Shashthi* Until 3:50AM Fri

Ganesha: Clear *Sunrise:* 10:00AM
Muruqa: Purple *Sunset:* 4:14PM
Nataraja: Clear
Moon - Red
Pausha-Markali

Sivaloka Day

Anchorage, AK
Sun 5 Sutra 270
Subhakrit 5124
Moon 1 - Phase 37 - 5
1st Phase

6

Friday, January 13, 2023

Kanya Rasi: 12 Tithi 22

869586576

Creative Work Amrita Yoga

Until 3:46AM Sat

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:46AM - 11:33AM
Yama 2:42PM - 3:29PM
Rahu 12:20PM - 1:07PM
Hasta Until 3:46AM Sat
Athiganda* Until 10:03PM
Visti Until 4:30PM
Saptami Until 4:58AM Sat

Ganesha: White *Sunrise:* 9:59AM
Muruqa: Purple *Sunset:* 4:16PM
Nataraja: Clear
Moon - Green
Pausha-Markali

Subha Sivaloka Day

Anchorage, AK
Sun 6 Sutra 271
Subhakrit 5124
Moon 1 - Phase 37 - 6
1st Phase

☾

Saturday, January 14, 2023

Retreat Star

Kanya Rasi: 24.3 Tithi 23

869586576

Routine Work Marana Yoga

Until 4:45AM Sun

Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:57AM - 10:45AM
Yama 1:55PM - 2:43PM
Rahu 11:32AM - 12:20PM
Chitra Until 4:45AM Sun
Sukarma Until 9:21PM
Balava Until 5:17PM
Ashtami* Until 5:21AM Sun

Ganesha: White *Sunrise:* 9:57AM
Muruqa: Purple *Sunset:* 4:18PM
Nataraja: Clear
Moon - Green
Pausha-Thai

Subha Sivaloka Day

Anchorage, AK
Sun 7 Sutra 272
Subhakrit 5124
Moon 1 - Phase 37 - 7
Ashtami

Sunday, January 15, 2023

Retreat Star

Tula Rasi: 7.2 Tithi 24

869586576

Creative Work Siddha Yoga

Until 4:46AM Mon

Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:44PM - 3:33PM
Yama 1:08PM - 1:56PM
Rahu 3:33PM - 4:21PM
Svati Until 4:46AM Mon
Dhriti Until 8:03PM
Taitila Until 5:15PM
Navami* Until 4:54AM Mon

Ganesha: White *Sunrise:* 9:56AM
Muruqa: Purple *Sunset:* 4:21PM
Nataraja: Clear
Moon - Green
Pausha-Thai

Subha Sivaloka Day

Anchorage, AK
Sun 8 Sutra 273
Subhakrit 5124
Moon 1 - Phase 37 - 8
Navami

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

Il times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1		Monday, January 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Anchorage, AK Sun 9 Sutra 274 Subhakrit 5124	
Tula Rasi: 20.36	Tithi 25	Gulika	1:57PM – 2:46PM	Vishakha Until 4:15AM Tue	Ganesha: Yellow	Sunrise: 9:54AM	
Family Home Evening	879586576	Yama	12:20PM – 1:08PM	Shula* Until 6:03PM	Muruqa: Purple	Sunset: 4:23PM	Moon 1 - Phase 38 - 9
Routine Work	Marana Yoga	Rahu	10:42AM – 11:31AM	Vanija Until 4:23PM	Nataraja: Clear		2nd Phase
Until 4:15AM Tue				Dashami Until 3:36AM Tue	Moon – Orange		Sivaloka Day
Then Creative Work - Siddha Yoga					Pausha*Thai		

2		Tuesday, January 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 10 Sutra 275 Subhakrit 5124	
Vrischika Rasi: 4.2	Tithi 26	Gulika	1:09PM – 1:58PM	Anuradha Until 2:48AM Wed	Ganesha: Yellow	Sunrise: 9:52AM	
	879586576	Yama	11:30AM – 12:20PM	Ganda* Until 3:24PM	Muruqa: Purple	Sunset: 4:26PM	Moon 1 - Phase 38 - 10
Creative Work	Siddha Yoga	Rahu	2:47PM – 3:36PM	Bava Until 2:40PM	Nataraja: Clear		2nd Phase
				Ekadashi* Until 1:30AM Wed	Moon – Orange		Sivaloka Day
					Pausha*Thai		

3		Wednesday, January 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau		Anchorage, AK Sun 11 Sutra 276 Subhakrit 5124	
Vrischika Rasi: 18.35	Tithi 27	Gulika	12:19PM – 1:09PM	Jyeshtha* Until 12:33AM Thu	Ganesha: Yellow	Sunrise: 9:50AM	
	871586576	Yama	10:40AM – 11:30AM	Vridhi Until 12:11PM	Muruqa: Purple	Sunset: 4:28PM	Moon 1 - Phase 38 - 11
Creative Work	Siddha Yoga	Rahu	1:09PM – 1:59PM	Kaulava Until 12:13PM	Nataraja: Clear		2nd Phase
				Dvadashi* Until 10:44PM	Moon – Orange		Sivaloka Day
					Pausha*Thai		

4		Thursday, January 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 12 Sutra 277 Subhakrit 5124	
Dhanus Rasi: 3.16	Tithi 28	Gulika	11:29AM – 12:19PM	Mula* Until 10:04PM	Ganesha: Red	Sunrise: 9:48AM	
	881586576	Yama	9:48AM – 10:39AM	Dhruva Until 8:26AM	Muruqa: Purple	Sunset: 4:31PM	Moon 1 - Phase 38 - 12
Creative Work	Siddha Yoga	Rahu	2:00PM – 2:50PM	Gara Until 9:09AM	Nataraja: Clear		2nd Phase
				Trayodashi* Until 7:25PM	Moon – Light Blue		Sivaloka Day
					Pausha*Thai		

Pradosha Vrata (Fasting)

5		Friday, January 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 278 Subhakrit 5124	
Dhanus Rasi: 18.2	Tithi 29 – 30	Gulika	10:37AM – 11:28AM	Purvashadha* Until 7:06PM	Ganesha: Red	Sunrise: 9:46AM	
	881586576	Yama	2:52PM – 3:42PM	Harshana Until 12:01AM Sat	Muruqa: Purple	Sunset: 4:33PM	Moon 1 - Phase 38 - 13
Routine Work	Prabalarishta Yoga	Rahu	12:19PM – 1:10PM	Catuspada Until 1:50AM Sat	Nataraja: Clear		2nd Phase
Until 7:06PM				Chaturdashi* Until 3:44PM	Moon – Light Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		

●		Saturday, January 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 14 Sutra 279 Subhakrit 5124	
Retreat Star		Gulika	9:44AM – 10:36AM	Uttarashadha Until 3:51PM	Ganesha: Red	Sunrise: 9:44AM	
Makara Rasi: 3.37	Tithi 30 – 1	Yama	2:02PM – 2:53PM	Vajra* Until 7:34PM	Muruqa: Purple	Sunset: 4:36PM	Moon 1 - Phase 38 - 14
	881586576	Rahu	11:27AM – 12:19PM	Kintughna Until 9:57PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 11:53AM	Moon – Light Blue		Sivaloka Day
Until 3:51PM					Pausha*Thai		
Then Creative Work - Siddha Yoga							

○		Sunday, January 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 15 Sutra 280 Subhakrit 5124	
Retreat Star		Gulika	2:54PM – 3:46PM	Shravana Until 12:53PM	Ganesha: Yellow	Sunrise: 9:42AM	
Makara Rasi: 18.56	Tithi 1 – 2	Yama	1:10PM – 2:02PM	Siddhi Until 3:11PM	Muruqa: Purple	Sunset: 4:38PM	Moon 1 - Phase 38 - 15
	891586576	Rahu	3:46PM – 4:38PM	Balava Until 6:09PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Prathama* Until 8:01AM	Moon – Purple		Sivaloka Day
Until 12:53PM					Magha*Thai		
Then Routine Work - Marana Yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Monday, January 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata Varyayan Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK
	Kumbha Rasi: 4.08	Tithi 3	Gulika 2:03PM – 2:56PM	Dhanishtha Until 10:00AM	Ganesha: Yellow	Sunrise: 9:40AM	Sun 16 Sutra 281
	Family Home Evening	891586576	Yama 12:18PM – 1:11PM	Vyatipata* Until 11:01AM	Muruqa: Purple	Sunset: 4:41PM	Subhakrit 5124
	Creative Work Siddha Yoga		Rahu 10:33AM – 11:25AM	Taitila Until 2:36PM	Nataraja: Clear		Moon 1 - Phase 39 - 16
			Tritiya Until 12:59AM Tue	Moon – Purple		3rd Phase	
				Magha*Thai		Sivaloka Day	

2	Tuesday, January 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Varyayan/Parigha Yoga Vanija/Visti Karana Chaturthayam Titau				Anchorage, AK
	Kumbha Rasi: 19.03	Tithi 4	Gulika 1:11PM – 2:04PM	Shatabhishak Until 7:24AM	Ganesha: Red	Sunrise: 9:38AM	Sun 17 Sutra 282
	Routine Work Marana Yoga	991586576	Yama 11:24AM – 12:18PM	Varyayan Until 7:09AM	Muruqa: Purple	Sunset: 4:44PM	Subhakrit 5124
			Rahu 2:57PM – 3:51PM	Vanija Until 11:31AM	Nataraja: Clear		Moon 1 - Phase 39 - 17
			Chaturthi* Until 10:09PM	Moon – Purple		3rd Phase	
				Magha*Thai		Sivaloka Day	

3	Wednesday, January 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK
	Meena Rasi: 3.32	Tithi 5	Gulika 12:17PM – 1:11PM	Uttaraproshtapada Until 4:26AM Thu	Ganesha: Blue	Sunrise: 9:36AM	Sun 18 Sutra 283
	Creative Work Siddha Yoga	911586576	Yama 10:30AM – 11:23AM	Shiva Until 12:59AM Thu	Muruqa: Purple	Sunset: 4:46PM	Subhakrit 5124
			Rahu 1:11PM – 2:05PM	Bava Until 9:01AM	Nataraja: Clear		Moon 1 - Phase 39 - 18
			Panchami Until 8:01PM	Moon – Clear		3rd Phase	
				Magha*Thai		Subha Sivaloka Day	

4	Thursday, January 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK
	Meena Rasi: 17.33	Tithi 6	Gulika 11:22AM – 12:17PM	Revati Until 3:55AM Fri	Ganesha: Blue	Sunrise: 9:34AM	Sun 19 Sutra 284
	Creative Work Siddha Yoga	911586576	Yama 9:34AM – 10:28AM	Siddha Until 10:48PM	Muruqa: Purple	Sunset: 4:49PM	Subhakrit 5124
	Until 3:55AM Fri		Rahu 2:06PM – 3:00PM	Kaulava Until 7:15AM	Nataraja: Clear		Moon 1 - Phase 39 - 19
Then Creative Work - Amrita Yoga			Shashthi* Until 6:40PM	Moon – Clear		3rd Phase	
				Magha*Thai		Subha Sivaloka Day	

5	Friday, January 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK
	Mesha Rasi: 1.04	Tithi 7	Gulika 10:26AM – 11:21AM	Ashvini Until 4:32AM Sat	Ganesha: Yellow	Sunrise: 9:31AM	Sun 20 Sutra 285
	Creative Work Amrita Yoga	921586576	Yama 3:02PM – 3:57PM	Sadhya Until 9:20PM	Muruqa: Purple	Sunset: 4:52PM	Subhakrit 5124
	Until 4:32AM Sat		Rahu 12:16PM – 1:12PM	Gara Until 6:20AM	Nataraja: Clear		Moon 1 - Phase 39 - 20
Then Creative Work - Siddha Yoga			Saptami Until 6:11PM	Moon – White		3rd Phase	
				Magha*Thai		Sivaloka Day	

6	Saturday, January 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Bharani Nakshatra Subha Yoga Visti/Bava Karana Ashtamyam Titau				Anchorage, AK
	Retreat Star		Gulika 9:29AM – 10:25AM	Bharani Until 5:48AM Sun	Ganesha: Yellow	Sunrise: 9:29AM	Sun 21 Sutra 286
	Mesha Rasi: 14.06	Tithi 8	Yama 2:07PM – 3:03PM	Subha Until 8:31PM	Muruqa: Purple	Sunset: 4:55PM	Subhakrit 5124
	Creative Work Siddha Yoga	922686576	Rahu 11:20AM – 12:16PM	Visti Until 6:18AM	Nataraja: Clear		Moon 1 - Phase 39 - 21
			Ashtami* Until 6:34PM	Moon – White		Ashtami	
				Magha*Thai		Sivaloka Day	

7	Sunday, January 29, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK
	Retreat Star		Gulika 3:05PM – 4:01PM	Krittika Until 7:35AM Mon	Ganesha: Yellow	Sunrise: 9:26AM	Sun 22 Sutra 287
	Mesha Rasi: 26.46	Tithi 9	Yama 1:12PM – 2:08PM	Sukla Until 8:16PM	Muruqa: Purple	Sunset: 4:57PM	Subhakrit 5124
	Creative Work Siddha Yoga	922686576	Rahu 4:01PM – 4:57PM	Balava Until 7:04AM	Nataraja: Clear		Moon 1 - Phase 39 - 22
Until 7:35AM Mon			Navami* Until 7:42PM	Moon – White		Navami	
Then Creative Work - Amrita Yoga				Magha*Thai		Sivaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

Monday, January 30, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 288 Subhakrit 5124	
1	Vrishabha Rasi: 9.06 Family Home Evening Routine Work Marana Yoga Until 7:35AM Then Creative Work - Amrita Yoga	922686576	Gulika 2:09PM – 3:06PM Yama 12:15PM – 1:12PM Rahu 10:21AM – 11:18AM	Krittika Until 7:35AM Brahma Until 8:28PM Taitila Until 8:32AM Dashami Until 9:27PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – White Magha-Thai	Sunrise: 9:24AM Sunset: 5:00PM	Moon 1 - Phase 40 - 23 4th Phase Sivaloka Day

Tuesday, January 31, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 289 Subhakrit 5124	
2	Vrishabha Rasi: 21.13 Creative Work Amrita Yoga Until 10:11AM Then Creative Work - Siddha Yoga	932686576	Gulika 1:12PM – 2:10PM Yama 11:17AM – 12:15PM Rahu 3:08PM – 4:05PM	Rohini Until 10:11AM Indra Until 9:01PM Vanija Until 10:31AM Ekadashi Until 11:37PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 9:22AM Sunset: 5:03PM	Moon 1 - Phase 40 - 24 4th Phase Subha Sivaloka Day

Wednesday, February 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhrili* Yoga Bava/Balava Karana Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 290 Subhakrit 5124	
3	Mithuna Rasi: 3.13 Creative Work Siddha Yoga	932686576	Gulika 12:15PM – 1:12PM Yama 10:19AM – 11:17AM Rahu 1:12PM – 2:10PM	Mrigashira Until 12:56PM Vaidhrili* Until 9:43PM Bava Until 12:50PM Dvadashi Until 2:02AM Thu	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 9:22AM Sunset: 5:03PM	Moon 1 - Phase 40 - 25 4th Phase Subha Sivaloka Day

Thursday, February 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 291 Subhakrit 5124	
4	Mithuna Rasi: 15.07 Routine Work Marana Yoga Until 3:40PM Then Creative Work - Amrita Yoga	932686576	Gulika 11:16AM – 12:14PM Yama 9:19AM – 10:17AM Rahu 2:11PM – 3:09PM	Ardra Until 3:40PM Vishkambha* Until 10:32PM Kaulava Until 3:18PM Trayodashi Until 4:32AM Fri <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha-Thai	Sunrise: 9:19AM Sunset: 5:06PM	Moon 1 - Phase 40 - 26 4th Phase Subha Sivaloka Day

Friday, February 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 292 Subhakrit 5124	
5	Mithuna Rasi: 26.59 Creative Work Siddha Yoga Until 6:47PM Then Routine Work - Marana Yoga	942686577	Gulika 10:16AM – 11:15AM Yama 3:11PM – 4:10PM Rahu 12:14PM – 1:13PM	Punarvasu Until 6:47PM Priti Until 11:22PM Gara Until 5:49PM Chaturdashi* Until 7:02AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 9:17AM Sunset: 5:09PM	Moon 1 - Phase 40 - 27 4th Phase Sivaloka Day

Saturday, February 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sun 28 Sutra 293 Subhakrit 5124	
○	Copper Retreat Star Kataka Rasi: 8.53 Creative Work Siddha Yoga Until 9:41PM Then Routine Work - Marana Yoga	942686577	Gulika 9:14AM – 10:14AM Yama 2:12PM – 3:12PM Rahu 11:13AM – 12:13PM Thai Pusam	Pushya Until 9:41PM Ayushman Until 12:08AM Sun Visti Until 8:17PM Chaturdashi* Until 7:02AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 9:14AM Sunset: 5:11PM	Moon 1 - Phase 40 - Purnima Sivaloka Day

Sunday, February 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sun 29 Sutra 294 Subhakrit 5124	
○	Silver Retreat Star Kataka Rasi: 20.47 Creative Work Siddha Yoga Until 12:19AM Mon Then Routine Work - Marana Yoga	942686577	Gulika 3:13PM – 4:14PM Yama 1:13PM – 2:13PM Rahu 4:14PM – 5:14PM	Ashlesha* Until 12:19AM Mon Saubhagya Until 12:50AM Mon Balava Until 10:39PM Purnima* Until 9:27AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Blue Magha-Thai	Sunrise: 9:11AM Sunset: 5:14PM	Moon 1 - Phase 40 - Prathama Sivaloka Day



Monday, February 6, 2023
Gold Retreat Star

Simha Rasi: 2.44 Tithi 16 – 17

Family Home Evening 952686577

Routine Work Marana Yoga

Until 3:10AM Tue
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Gulika 2:14PM – 3:15PM
Yama 12:12PM – 1:13PM
Rahu 10:10AM – 11:11AM

Magha* Until 3:10AM Tue
Sobhana Until 1:27AM Tue
Tailila Until 12:54AM Tue
Prathama* Until 11:46AM

Ganesha: Purple Sunrise: 9:09AM
Muruqa: Purple Sunset: 5:17PM
Nataraja: Orange
Moon – Red **Subha Sivaloka Day**
Magha*Thai

Anchorage, AK
Sutra 295
Subhakrit 5124
Moon 2 - Phase 41 - 1st Phase

1

Tuesday, February 7, 2023

Simha Rasi: 14.44 Tithi 17 – 18

952686577

Creative Work Siddha Yoga

Until 5:40AM Wed
Then Creative Work - Amrita Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:13PM – 2:15PM
Yama 11:10AM – 12:11PM
Rahu 3:16PM – 4:18PM

Purvaphalguni Until 5:40AM Wed
Athiganda* Until 1:54AM Wed
Vanija Until 2:57AM Wed
Dvitiya Until 1:55PM

Ganesha: Purple Sunrise: 9:06AM
Muruqa: Purple Sunset: 5:20PM
Nataraja: Orange
Moon – Red **Subha Sivaloka Day**
Magha*Thai

Anchorage, AK
Sun 1 Sutra 296
Subhakrit 5124
Moon 2 - Phase 41 - 1st Phase

2

Wednesday, February 8, 2023

Simha Rasi: 26.49 Tithi 18 – 19

952686577

Creative Work Amrita Yoga

Until 7:45AM Thu
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:11PM – 1:13PM
Yama 10:06AM – 11:08AM
Rahu 1:13PM – 2:15PM

Uttaraphalguni Until 7:45AM Thu
Sukarma Until 2:11AM Thu
Bava Until 4:44AM Thu
Tritiya Until 3:52PM

Ganesha: Purple Sunrise: 9:04AM
Muruqa: Purple Sunset: 5:22PM
Nataraja: Orange
Moon – Red **Subha Sivaloka Day**
Magha*Thai

Anchorage, AK
Sun 2 Sutra 297
Subhakrit 5124
Moon 2 - Phase 41 - 2nd Phase

3

Thursday, February 9, 2023

Kanya Rasi: 9.01 Tithi 19 – 20

952686577

Routine Work Marana Yoga

Until 9:48AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:07AM – 12:10PM
Yama 9:01AM – 10:04AM
Rahu 2:16PM – 3:19PM

Maha Sankatahara Chaturthi

Uttaraphalguni Until 7:45AM Thu
Dhriti Until 2:13AM Fri
Kaulava Until 6:11AM Fri
Chaturthi* Until 5:29PM

Ganesha: Purple Sunrise: 9:01AM
Muruqa: Purple Sunset: 5:25PM
Nataraja: Orange
Moon – Red **Subha Sivaloka Day**
Magha*Thai

Anchorage, AK
Sun 3 Sutra 298
Subhakrit 5124
Moon 2 - Phase 41 - 3rd Phase

4

Friday, February 10, 2023

Kanya Rasi: 21.21 Tithi 20

962686577

Creative Work Amrita Yoga

Until 9:48AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 10:02AM – 11:06AM
Yama 3:21PM – 4:24PM
Rahu 12:09PM – 1:13PM

Hasta Until 9:48AM
Shula* Until 1:52AM Sat
Kaulava Until 6:11AM
Panchami Until 6:42PM

Ganesha: Clear Sunrise: 8:58AM
Muruqa: Purple Sunset: 5:28PM
Nataraja: Orange
Moon – Green **Sivaloka Day**
Magha*Thai

Anchorage, AK
Sun 4 Sutra 299
Subhakrit 5124
Moon 2 - Phase 41 - 4th Phase

5

Saturday, February 11, 2023

Tula Rasi: 3.54 Tithi 21

963686577

Routine Work Marana Yoga

Until 11:13AM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 8:55AM – 10:00AM
Yama 2:18PM – 3:22PM
Rahu 11:04AM – 12:09PM

Chitra Until 11:13AM
Ganda* Until 1:06AM Sun
Gara Until 7:08AM
Shashthi* Until 7:22PM

Ganesha: Purple Sunrise: 8:55AM
Muruqa: Purple Sunset: 5:31PM
Nataraja: Orange
Moon – Green **Devaloka Day**
Magha*Thai

Anchorage, AK
Sun 5 Sutra 300
Subhakrit 5124
Moon 2 - Phase 41 - 5th Phase

6

Sunday, February 12, 2023

Tula Rasi: 16.43 Tithi 22

963686577

Creative Work Siddha Yoga

Until 11:52AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhhi Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:23PM – 4:29PM
Yama 1:13PM – 2:18PM
Rahu 4:29PM – 5:34PM

Svati Until 11:52AM
Vridhhi Until 11:49PM
Visti Until 7:29AM
Saptami Until 7:22PM

Ganesha: Purple Sunrise: 8:53AM
Muruqa: Purple Sunset: 5:34PM
Nataraja: Orange
Moon – Green **Devaloka Day**
Magha*Mas

Anchorage, AK
Sun 6 Sutra 301
Subhakrit 5124
Moon 2 - Phase 41 - 6th Phase



Monday, February 13, 2023
Retreat Star

Tula Rasi: 29.53 Tithi 23

Family Home Evening 973686577

Routine Work Marana Yoga

Until 12:08PM
Then Creative Work - Siddha Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:19PM – 3:25PM
Yama 12:07PM – 1:13PM
Rahu 9:56AM – 11:01AM

Vishakha Until 12:08PM
Dhruva Until 9:56PM
Balava Until 7:07AM
Ashtami* Until 6:39PM

Ganesha: Clear Sunrise: 8:50AM
Muruqa: Purple Sunset: 5:36PM
Nataraja: Orange
Moon – Orange **Sivaloka Day**
Magha*Mas

Anchorage, AK
Sun 7 Sutra 302
Subhakrit 5124
Moon 2 - Phase 41 - 7th Phase

Tuesday, February 14, 2023

Retreat Star

Vrischika Rasi: 13.28 Tithi 24 – 25

973686577

Creative Work Siddha Yoga

Until 11:32AM
Then Routine Work - Marana Yoga

Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Tailila/Vanija Karana Navami/Dashamyam Titau

Gulika 1:13PM – 2:20PM
Yama 11:00AM – 12:07PM
Rahu 3:26PM – 4:33PM

Anuradha Until 11:32AM
Vyaghata* Until 7:29PM
Tailila Until 6:02AM
Navami* Until 5:11PM

Ganesha: Clear Sunrise: 8:47AM
Muruqa: Purple Sunset: 5:39PM
Nataraja: Orange
Moon – Orange **Sivaloka Day**
Magha*Mas

Anchorage, AK
Sun 8 Sutra 303
Subhakrit 5124
Moon 2 - Phase 41 - 8th Phase

1	Wednesday, February 15, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Vrischika Rasi: 27.28	Tithi 25 – 26	973686577	Gulika Yama Rahu	12:06PM – 1:13PM 9:51AM – 10:59AM 1:13PM – 2:20PM	Jyeshtha* Until 10:05AM Harshana Until 4:29PM Bava Until 1:44AM Thu Dashami Until 3:02PM	Sun 9 Sutra 304 Subhakrit 5124 Moon 2 - Phase 42 - 9 2nd Phase
	Creative Work Siddha Yoga					Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Orange Magha•Masi	Sunrise: 8:44AM Sunset: 5:42PM
	Until 10:05AM Then Routine Work - Marana Yoga						Sivaloka Day

2	Thursday, February 16, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Anchorage, AK
	Dhanus Rasi: 11.55	Tithi 26 – 27	983686577	Gulika Yama Rahu	10:57AM – 12:05PM 8:41AM – 9:49AM 2:21PM – 3:29PM	Mula* Until 8:18AM Vajra* Until 12:59PM Kaulava Until 10:43PM Ekadashi* Until 12:16PM	Sun 10 Sutra 305 Subhakrit 5124 Moon 2 - Phase 42 - 10 2nd Phase
	Creative Work Siddha Yoga					Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha•Masi	Sunrise: 8:41AM Sunset: 5:45PM
	Until 10:05AM Then Routine Work - Marana Yoga						Devaloka Day

3	Friday, February 17, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyati/pata* Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Dhanus Rasi: 26.44	Tithi 27 – 28	983686577	Gulika Yama Rahu	9:47AM – 10:56AM 3:30PM – 4:39PM 12:04PM – 1:13PM	Uttarashadha Until 2:59AM Sat Siddhi Until 9:08AM Gara Until 7:19PM Dvadashi* Until 9:02AM	Sun 11 Sutra 306 Subhakrit 5124 Moon 2 - Phase 42 - 11 2nd Phase
	Routine Work Marana Yoga					Ganesha: White Muruqa: Purple Nataraja: Orange Moon – Light Blue Magha•Masi	Sunrise: 8:38AM Sunset: 5:48PM
	Until 2:59AM Sat Then Creative Work - Siddha Yoga						Devaloka Day <i>Pradosha Vrata (Fasting)</i>

4	Saturday, February 18, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Varyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Anchorage, AK
	Makara Rasi: 11.49	Tithi 29	993686577	Gulika Yama Rahu	8:36AM – 9:45AM 2:22PM – 3:32PM 10:54AM – 12:04PM	Shravana Until 12:11AM Sun Varyan Until 12:45AM Sun Visti Until 3:40PM Chaturdashi* Until 1:47AM Sun	Sun 12 Sutra 307 Subhakrit 5124 Moon 2 - Phase 42 - 12 2nd Phase
	Creative Work Siddha Yoga					Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha•Masi	Sunrise: 8:36AM Sunset: 5:50PM
	Until 12:11AM Sun Then Routine Work - Marana Yoga						Devaloka Day

	Sunday, February 19, 2023		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Anchorage, AK			
	Retreat Star			Makara Rasi: 27	Tithi 30	993686577	Gulika Yama Rahu	3:33PM – 4:43PM 1:13PM – 2:23PM 4:43PM – 5:53PM	Dhanishtha Until 9:16PM Parigha* Until 8:31PM Catuspada Until 11:57AM Amavasya* Until 10:07PM	Sun 13 Sutra 308 Subhakrit 5124 Moon 2 - Phase 42 - 13 Amavasya
	Routine Work Marana Yoga							Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Magha•Masi	Sunrise: 8:33AM Sunset: 5:53PM	
	Until 9:16PM Then Creative Work - Siddha Yoga								Devaloka Day	

Monday, February 20, 2023	Retreat Star		Subhakrit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Anchorage, AK	
	Kumbha Rasi: 12.09	Tithi 1	993686577	Gulika Yama Rahu	2:23PM – 3:34PM 12:02PM – 1:13PM 9:40AM – 10:51AM	Shatabhishak Until 6:23PM Shiva Until 4:27PM Kintughna Until 8:21AM Prathama* Until 6:38PM	Sun 14 Sutra 309 Subhakrit 5124 Moon 2 - Phase 42 - 14 Prathama	
	Creative Work Siddha Yoga						Ganesha: Green Muruqa: Purple Nataraja: Orange Moon – Purple Phalgun•Masi	Sunrise: 8:30AM Sunset: 5:56PM
	Until 6:23PM Then Routine Work - Marana Yoga							Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Tuesday, February 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK
	Kumbha Rasi: 27.05	Tithi 2 – 3	913686577	Gulika Yama Rahu	1:13PM – 2:24PM 10:50AM – 12:01PM 3:36PM – 4:47PM	Purvaproshtapada* Until 4:10PM Siddha Until 12:38PM Taitila Until 2:11AM Wed Dvitiya Until 3:31PM	Sun 15 Sutra 310 Subhakrit 5124 Moon 2 - Phase 43 - 15 3rd Phase
	Routine Work	Marana Yoga				Ganesha: Red Muruqa: Purple Nataraja: Orange Moon – Clear	Sunrise: 8:27AM Sunset: 5:58PM Sivaloka Day
	Until 4:10PM	Then Creative Work - Amrita Yoga				Phalguna-Masi	

2	Wednesday, February 22, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Anchorage, AK
	Meena Rasi: 11.41	Tithi 3 – 4	913786577	Gulika Yama Rahu	12:00PM – 1:13PM 9:36AM – 10:48AM 1:13PM – 2:25PM	Uttaraproshtapada Until 2:21PM Sadhya Until 9:16AM Vanija Until 11:57PM Tritiya Until 12:57PM	Sun 16 Sutra 311 Subhakrit 5124 Moon 2 - Phase 43 - 16 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon – Clear	Sunrise: 8:24AM Sunset: 6:07PM Subha Sivaloka Day
	Until 2:21PM	Then Routine Work - Marana Yoga				Phalguna-Masi	

3	Thursday, February 23, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK
	Meena Rasi: 25.49	Tithi 4 – 5	913786577	Gulika Yama Rahu	10:47AM – 12:00PM 8:21AM – 9:34AM 2:25PM – 3:38PM	Revati Until 1:05PM Subha Until 6:27AM Bava Until 10:28PM Chaturthi* Until 11:05AM	Sun 17 Sutra 312 Subhakrit 5124 Moon 2 - Phase 43 - 17 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon – Clear	Sunrise: 8:21AM Sunset: 6:04PM Subha Sivaloka Day
	Until 1:05PM	Then Creative Work - Amrita Yoga			Subramuniyaswami Siva Vision Day	Phalguna-Masi	

4	Friday, February 24, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Anchorage, AK
	Mesha Rasi: 9.29	Tithi 5 – 6	923786577	Gulika Yama Rahu	9:31AM – 10:45AM 3:39PM – 4:53PM 11:59AM – 1:12PM	Ashvini Until 12:55PM Brahma Until 2:44AM Sat Kaulava Until 9:51PM Panchami Until 10:02AM	Sun 18 Sutra 313 Subhakrit 5124 Moon 2 - Phase 43 - 18 3rd Phase
	Creative Work	Amrita Yoga				Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – White	Sunrise: 8:18AM Sunset: 6:07PM Sivaloka Day
	Until 12:55PM	Then Creative Work - Siddha Yoga				Phalguna-Masi	

5	Saturday, February 25, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Anchorage, AK
	Mesha Rasi: 22.39	Tithi 6 – 7	924786577	Gulika Yama Rahu	8:15AM – 9:29AM 2:26PM – 3:41PM 10:43AM – 11:58AM	Bharani Until 1:27PM Indra Until 1:55AM Sun Gara Until 10:05PM Shashthi* Until 9:50AM	Sun 19 Sutra 314 Subhakrit 5124 Moon 2 - Phase 43 - 19 3rd Phase
	Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon – White	Sunrise: 8:15AM Sunset: 6:09PM Devaloka Day
	Until 1:27PM	Then Creative Work - Amrita Yoga				Phalguna-Masi	

6	Sunday, February 26, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashatamyam Titau				Anchorage, AK	
	Retreat Star			924786577	Gulika Yama Rahu	3:42PM – 4:57PM 1:12PM – 2:27PM 4:57PM – 6:12PM	Krittika Until 2:39PM Vaidhriti* Until 1:41AM Mon Visti Until 11:09PM Saptami Until 10:30AM	Sun 20 Sutra 315 Subhakrit 5124 Moon 2 - Phase 43 - 20 Ashtami
	Wrishabha Rasi: 5.24	Tithi 7 – 8				Ganesha: Blue Muruqa: Purple Nataraja: Orange Moon – White	Sunrise: 8:12AM Sunset: 6:12PM Devaloka Day	
	Creative Work	Siddha Yoga				Phalguna-Masi		

7	Monday, February 27, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK	
	Retreat Star			934786577	Gulika Yama Rahu	2:28PM – 3:43PM 11:56AM – 1:12PM 9:25AM – 10:40AM	Rohini Until 4:51PM Vishkambha* Until 1:57AM Tue Balava Until 12:52AM Tue Ashtami* Until 11:55AM	Sun 21 Sutra 316 Subhakrit 5124 Moon 2 - Phase 43 - 21 Navami
	Wrishabha Rasi: 17.48	Tithi 8 – 9				Ganesha: Yellow Muruqa: Purple Nataraja: Orange Moon – Yellow	Sunrise: 8:09AM Sunset: 6:15PM Sivaloka Day	
	Family Home Evening	Amrita Yoga				Phalguna-Masi		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 28, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam				Anchorage, AK
	Mithuna Rasi: 29.57 Tithi 9 – 10		Mrigashira Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 317
	Creative Work Siddha Yoga Until 7:24PM Then Routine Work - Marana Yoga	Gulika 1:12PM – 2:28PM	Mrigashira Until 7:24PM	Ganesha: Yellow <i>Sunrise:</i> 8:06AM			Subhakrit 5124
		934786577 Rahu 3:45PM – 5:01PM	Priti Until 2:34AM Wed Taitila Until 3:04AM Wed Navami* Until 1:54PM	Muruqa: Purple <i>Sunset:</i> 6:17PM	Moon 2 - Phase 44 - 22		4th Phase
				Nataraja: Orange	Sivaloka Day		
				Moon – Yellow	Phalguna-Masi		


2	Wednesday, March 1, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam				Anchorage, AK
	Mithuna Rasi: 11.56 Tithi 10 – 11		Ardra Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 23 Sutra 318
	Creative Work Siddha Yoga	Gulika 11:53AM – 1:11PM	Ardra Until 10:06PM	Ganesha: Yellow <i>Sunrise:</i> 8:00AM			Subhakrit 5124
		934786577 Rahu 1:11PM – 2:29PM	Ayushman Until 3:22AM Thu Vanija Until 5:31AM Thu Dashami Until 4:15PM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 2 - Phase 44 - 23		4th Phase
				Nataraja: Orange	Sivaloka Day		
				Moon – Yellow	Phalguna-Masi		


3	Thursday, March 2, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam				Anchorage, AK
	Mithuna Rasi: 23.49 Tithi 11		Punarvasu Nakshatra Saubhagya Yoga Visti* Karana Ekadashyam Titau				Sun 24 Sutra 319
	Creative Work Amrita Yoga Until 1:14AM Fri Then Routine Work - Marana Yoga	Gulika 10:34AM – 11:52AM	Punarvasu Until 1:14AM Fri	Ganesha: White <i>Sunrise:</i> 7:57AM			Subhakrit 5124
		944786577 Rahu 2:30PM – 3:48PM	Saubhagya Until 4:14AM Fri Visti Until 6:45PM Ekadashi Until 6:45PM	Muruqa: Purple <i>Sunset:</i> 6:25PM	Moon 2 - Phase 44 - 24		4th Phase
				Nataraja: Orange	Devaloka Day		
				Moon – Blue	Phalguna-Masi		

4	Friday, March 3, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam				Anchorage, AK
	Kataka Rasi: 5.41 Tithi 12		Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 320
	Routine Work Marana Yoga	Gulika 9:13AM – 10:32AM	Pushya Until 4:10AM Sat	Ganesha: White <i>Sunrise:</i> 7:54AM			Subhakrit 5124
		944786577 Rahu 11:52AM – 1:11PM	Sobhana Until 5:05AM Sat Bava Until 8:02AM Dvadashi Until 9:15PM	Muruqa: Purple <i>Sunset:</i> 6:28PM	Moon 2 - Phase 44 - 25		4th Phase
				Nataraja: Orange	Devaloka Day		
				Moon – Blue	Phalguna-Masi		

5	Saturday, March 4, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam				Anchorage, AK
	Kataka Rasi: 17.34 Tithi 13		Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26 Sutra 321
	Routine Work Marana Yoga	Gulika 7:51AM – 9:11AM	Ashlesha* Until 6:47AM Sun	Ganesha: White <i>Sunrise:</i> 7:51AM			Subhakrit 5124
		944786577 Rahu 10:31AM – 11:51AM	Athiganda* Until 5:47AM Sun Kaulava Until 10:28AM Trayodashi Until 11:37PM	Muruqa: Purple <i>Sunset:</i> 6:31PM	Moon 2 - Phase 44 - 26		4th Phase
				Nataraja: Orange	Devaloka Day		
				Moon – Blue	Phalguna-Masi		
				<i>Pradosha Vrata</i>			

6	Sunday, March 5, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Anchorage, AK
	Kataka Rasi: 29.31 Tithi 14		Ashlesha*/Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 322
	Creative Work Siddha Yoga Until 6:47AM Then Routine Work - Marana Yoga	Gulika 3:52PM – 5:13PM	Ashlesha* Until 6:47AM	Ganesha: Purple <i>Sunrise:</i> 7:47AM			Subhakrit 5124
		144786577 Rahu 5:13PM – 6:33PM	Sukarma Until 6:19AM Mon Gara Until 12:44PM Chaturdashi* Until 1:45AM Mon	Muruqa: Purple <i>Sunset:</i> 6:33PM	Moon 2 - Phase 44 - 27		4th Phase
				Nataraja: Orange	Devaloka Day		
				Moon – Blue	Phalguna-Masi		
		Chidambaram Abhishekam					

	Monday, March 6, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam				Anchorage, AK
	Copper Retreat Star		Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 323
	Simha Rasi: 11.33 Tithi 15 Family Home Evening Routine Work Marana Yoga Until 9:31AM Then Creative Work - Siddha Yoga	Gulika 2:32PM – 3:53PM	Magha* Until 9:31AM	Ganesha: Clear <i>Sunrise:</i> 7:44AM			Subhakrit 5124
		154786577 Rahu 9:06AM – 10:27AM	Sukarma Until 6:19AM Visti Until 2:45PM Purnima* Until 3:38AM Tue	Muruqa: Purple <i>Sunset:</i> 6:36PM	Moon 2 - Phase 44 -		Purnima
				Nataraja: Orange	Sivaloka Day		
		Holi		Moon – Red		Phalguna-Masi	

	Tuesday, March 7, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam				Anchorage, AK
	Silver Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 324
	Simha Rasi: 23.42 Tithi 16 Creative Work Siddha Yoga Until 11:48AM Then Creative Work - Amrita Yoga	Gulika 1:10PM – 2:32PM	Purvaphalguni Until 11:48AM	Ganesha: Clear <i>Sunrise:</i> 7:41AM			Subhakrit 5124
		154786577 Rahu 3:54PM – 5:16PM	Dhriti Until 6:40AM Balava Until 4:28PM Prathama* Until 5:11AM Wed	Muruqa: Purple <i>Sunset:</i> 6:39PM	Moon 2 - Phase 44 -		Prathama
				Nataraja: Orange	Sivaloka Day		
				Moon – Red	Phalguna-Masi		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda



Wednesday, March 8, 2023

Gold Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sutra 325

Kanya Rasi: 5.59 Tithi 17

154786577

Gulika 11:47AM – 1:10PM
Yama 9:01AM – 10:24AM
Rahu 1:10PM – 2:33PM

Uttaraphalguni Until 1:37PM

Shula* Until 6:44AM

Taitila Until 5:52PM

Dvitiya Until 6:24AM Thu

Ganesha: Clear *Sunrise: 7:38AM*

Muruqa: Purple *Sunset: 6:41PM*

Nataraja: Orange

Moon – Red

Phalguna-Masi

Moon 3 - Phase 45 -

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 1:37PM

Then Routine Work - Marana Yoga

1

Thursday, March 9, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anchorage, AK

Sun 1 Sutra 326

Kanya Rasi: 18.24 Tithi 17 – 18

165786577

Gulika 10:22AM – 11:46AM
Yama 7:35AM – 8:59AM
Rahu 2:33PM – 3:57PM

Hasta Until 3:25PM

Ganda* Until 6:34AM

Vanija Until 6:53PM

Dvitiya Until 6:24AM

Ganesha: Yellow *Sunrise: 7:35AM*

Muruqa: Purple *Sunset: 6:44PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Moon 3 - Phase 45 - 1

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 3:25PM

Then Creative Work - Siddha Yoga

2

Friday, March 10, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Anchorage, AK

Sun 2 Sutra 327

Tula Rasi: 1 Tithi 18 – 19

165786577

Gulika 8:56AM – 10:21AM
Yama 3:58PM – 5:22PM
Rahu 11:45AM – 1:09PM

Chitra Until 4:40PM

Vridhhi Until 6:07AM

Bava Until 7:30PM

Tritiya Until 7:13AM

Ganesha: Yellow *Sunrise: 7:32AM*

Muruqa: Purple *Sunset: 6:47PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Moon 3 - Phase 45 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 11, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Anchorage, AK

Sun 3 Sutra 328

Tula Rasi: 13.47 Tithi 19 – 20

165786577

Gulika 7:29AM – 8:54AM
Yama 2:34PM – 3:59PM
Rahu 10:19AM – 11:44AM

Svati Until 5:21PM

Vyaghata* Until 4:11AM Sun

Kaulava Until 7:41PM

Chaturthi* Until 7:38AM

Ganesha: Yellow *Sunrise: 7:29AM*

Muruqa: Purple *Sunset: 6:49PM*

Nataraja: Orange

Moon – Green

Phalguna-Masi

Moon 3 - Phase 45 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, March 12, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Anchorage, AK

Sun 4 Sutra 329

Tula Rasi: 26.47 Tithi 20 – 21

175786577

Gulika 4:00PM – 5:26PM
Yama 1:09PM – 2:34PM
Rahu 5:26PM – 6:52PM

Vishakha Until 5:52PM

Harshana Until 2:40AM Mon

Gara Until 7:23PM

Panchami Until 7:34AM

Ganesha: Blue *Sunrise: 7:26AM*

Muruqa: Purple *Sunset: 6:52PM*

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Moon 3 - Phase 45 - 4

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

5

Monday, March 13, 2023

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 330

Vrischika Rasi: 10.04 Tithi 21 – 22

175786577

Gulika 2:35PM – 4:01PM
Yama 11:42AM – 1:08PM
Rahu 8:49AM – 10:15AM

Anuradha Until 5:44PM

Vajra* Until 12:43AM Tue

Visti Until 6:33PM

Shashthi* Until 7:01AM

Ganesha: Blue *Sunrise: 7:22AM*

Muruqa: Purple *Sunset: 6:54PM*

Nataraja: Orange

Moon – Orange

Phalguna-Masi

Moon 3 - Phase 45 - 5

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, March 14, 2023

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 331

Vrischika Rasi: 23.37 Tithi 23

175786577

Gulika 1:08PM – 2:35PM
Yama 10:14AM – 11:41AM
Rahu 4:03PM – 5:30PM

Jyeshtha* Until 4:56PM

Siddhi Until 10:22PM

Balava Until 5:12PM

Ashtami* Until 4:19AM Wed

Ganesha: Blue *Sunrise: 7:19AM*

Muruqa: Purple *Sunset: 6:57PM*

Nataraja: Orange

Moon – Orange

Phalguna-Panguni

Moon 3 - Phase 45 - 6

Ashtami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 4:56PM

Then Creative Work - Amrita Yoga

Karadaiyan Nombu (Tamil Nadu)

Wednesday, March 15, 2023

Retreat Star

Subhakarit Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Navamyam Titau

Anchorage, AK

Sun 7 Sutra 332

Dhanus Rasi: 7.29 Tithi 24

185786578

Gulika 11:40AM – 1:08PM
Yama 8:44AM – 10:12AM
Rahu 1:08PM – 2:36PM

Mula* Until 3:55PM

Vyatipata* Until 7:37PM

Taitila Until 3:20PM

Navami* Until 2:12AM Thu

Ganesha: Red *Sunrise: 7:16AM*

Muruqa: Purple *Sunset: 7:00PM*

Nataraja: Clear

Moon – Light Blue

Phalguna-Panguni

Moon 3 - Phase 45 - 7

Navami

Sivaloka Day

Routine Work Marana Yoga

Until 3:55PM

Then Creative Work - Amrita Yoga

1		Thursday, March 16, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Dashamyam Titau		Anchorage, AK Sun 8 Sutra 333	
Dhanus Rasi: 21.41	Tithi 25	Gulika 10:10AM – 11:39AM	Purvashadha* Until 2:17PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM	Subhakrit 5124	
		Yama 7:13AM – 8:42AM	Variyan Until 4:28PM	Muruqa: Purple	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 46 - 8	
		185786578 Rahu 2:36PM – 4:05PM	Vanija Until 1:00PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 11:39PM	Moon – Light Blue		Sivaloka Day	
Until 2:17PM				Phalguna•Panguni			
Then Routine Work - Marana Yoga							

2		Friday, March 17, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 334	
Makara Rasi: 6.1	Tithi 26	Gulika 8:39AM – 10:09AM	Uttarashadha Until 12:08PM	Ganesha: Red	<i>Sunrise:</i> 7:10AM	Subhakrit 5124	
		Yama 4:06PM – 5:35PM	Parigha* Until 1:02PM	Muruqa: Purple	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 46 - 9	
		185786578 Rahu 11:38AM – 1:07PM	Bava Until 10:16AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 8:46PM	Moon – Light Blue		Sivaloka Day	
				Phalguna•Panguni			

3		Saturday, March 18, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Anchorage, AK Sun 10 Sutra 335	
Makara Rasi: 20.52	Tithi 27 – 28	Gulika 7:07AM – 8:37AM	Shravana Until 9:59AM	Ganesha: Green	<i>Sunrise:</i> 7:07AM	Subhakrit 5124	
		Yama 2:37PM – 4:07PM	Shiva Until 9:23AM	Muruqa: Purple	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 46 - 10	
		195786578 Rahu 10:07AM – 11:37AM	Kaulava Until 7:15AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 5:39PM	Moon – Purple		Subha Sivaloka Day	
				Phalguna•Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

4		Sunday, March 19, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Anchorage, AK Sun 11 Sutra 336	
Kumbha Rasi: 5.41	Tithi 28 – 29	Gulika 4:08PM – 5:39PM	Dhanishtha Until 7:34AM	Ganesha: Green	<i>Sunrise:</i> 7:04AM	Subhakrit 5124	
		Yama 1:07PM – 2:37PM	Sadhya Until 1:49AM Mon	Muruqa: Clear	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 46 - 11	
		196896578 Rahu 5:39PM – 7:10PM	Visti Until 12:53AM Mon	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 2:27PM	Moon – Purple		Sivaloka Day	
Until 7:34AM				Phalguna•Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, March 20, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Anchorage, AK Sun 12 Sutra 337	
Kumbha Rasi: 20.31	Tithi 29 – 30	Gulika 2:38PM – 4:09PM	Purvaproshtapada* Until 2:55AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:00AM	Subhakrit 5124	
Family Home Evening		Yama 11:35AM – 1:06PM	Subha Until 10:11PM	Muruqa: Clear	<i>Sunset:</i> 7:12PM	Moon 3 - Phase 46 - 12	
		116896578 Rahu 8:32AM – 10:03AM	Catuspada Until 9:50PM	Nataraja: Clear		Amavasya	
Routine Work	Marana Yoga		Chaturdashi* Until 11:19AM	Moon – Clear		Devaloka Day	
Until 2:55AM Tue				Phalguna•Panguni			
Then Creative Work - Amrita Yoga							

Retreat Star		Tuesday, March 21, 2023		Subhakrit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Anchorage, AK Sun 13 Sutra 338	
Meena Rasi: 5.11	Tithi 30 – 1	Gulika 1:06PM – 2:38PM	Uttaraproshtapada Until 1:01AM Wed	Ganesha: Orange	<i>Sunrise:</i> 6:57AM	Subhakrit 5124	
		Yama 10:02AM – 11:34AM	Sukla Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 3 - Phase 46 - 13	
		116896578 Rahu 4:11PM – 5:43PM	Kintughna Until 7:06PM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 8:24AM	Moon – Clear		Devaloka Day	
Until 1:01AM Wed		Yugadhi		Chaitra•Panguni			
Then Routine Work - Marana Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

Il times are standard time. Calculated for Anchorage, AK on 4/26/23

www.gurudeva.org/panchang

1	Wednesday, March 22, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Titau				Anchorage, AK Sun 14 Sutra 339
	Mesha Rasi: 19.37	Tithi 2	Gulika 11:33AM – 1:06PM	Revati Until 11:28PM	Ganesha: Orange	<i>Sunrise:</i> 6:54AM	Subhakit 5124
			Yama 8:27AM – 10:00AM	Brahma Until 3:43PM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 3 - Phase 47 - 14
	Routine Work	Marana Yoga	116896578 Rahu 1:06PM – 2:39PM	Balava Until 4:48PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 3:51AM Thu	Moon – Clear		Devaloka Day	
				Chaitra•Panguni			

2	Thursday, March 23, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Tritiyayam Titau				Anchorage, AK Sun 15 Sutra 340
	Mesha Rasi: 3.41	Tithi 3	Gulika 9:58AM – 11:32AM	Ashvini Until 10:50PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Subhakit 5124
			Yama 6:51AM – 8:25AM	Indra Until 1:11PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 3 - Phase 47 - 15
	Creative Work	Amrita Yoga	126896578 Rahu 2:39PM – 4:13PM	Taitila Until 3:06PM	Nataraja: Clear		3rd Phase
Until 10:50PM			Tritiya Until 2:30AM Fri	Moon – White		Devaloka Day	
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi		Chaitra•Panguni			

3	Friday, March 24, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chatrthyam Titau				Anchorage, AK Sun 16 Sutra 341
	Mesha Rasi: 17.21	Tithi 4	Gulika 8:22AM – 9:56AM	Bharani Until 10:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Subhakit 5124
			Yama 4:14PM – 5:48PM	Vaidhriti* Until 11:10AM	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 3 - Phase 47 - 16
	Creative Work	Siddha Yoga	126896578 Rahu 11:31AM – 1:05PM	Vanija Until 2:07PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 1:54AM Sat	Moon – White		Devaloka Day	
				Chaitra•Panguni			

4	Saturday, March 25, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 17 Sutra 342
	Vrishabha Rasi: 0.35	Tithi 5	Gulika 6:45AM – 8:20AM	Krittika Until 11:22PM	Ganesha: Clear	<i>Sunrise:</i> 6:45AM	Subhakit 5124
			Yama 2:40PM – 4:15PM	Vishkambha* Until 9:48AM	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 3 - Phase 47 - 17
	Creative Work	Amrita Yoga	126896578 Rahu 9:55AM – 11:30AM	Bava Until 1:55PM	Nataraja: Clear		3rd Phase
			Panchami Until 2:05AM Sun	Moon – White		Devaloka Day	
				Chaitra•Panguni			

5	Sunday, March 26, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 18 Sutra 343
	Vrishabha Rasi: 13.25	Tithi 6	Gulika 4:16PM – 5:52PM	Rohini Until 12:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Subhakit 5124
			Yama 1:05PM – 2:40PM	Priti Until 9:03AM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 3 - Phase 47 - 18
	Creative Work	Siddha Yoga	137896578 Rahu 5:52PM – 7:28PM	Kaulava Until 2:30PM	Nataraja: Clear		3rd Phase
Until 12:59AM Mon			Shashthi* Until 3:02AM Mon	Moon – Yellow		Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			

6	Monday, March 27, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau				Anchorage, AK Sun 19 Sutra 344
	Vrishabha Rasi: 25.54	Tithi 7	Gulika 2:41PM – 4:17PM	Mrigashira Until 3:05AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Subhakit 5124
	Family Home Evening		Yama 11:28AM – 1:04PM	Ayushman Until 8:50AM	Muruqa: Clear	<i>Sunset:</i> 7:30PM	Moon 3 - Phase 47 - 19
	Creative Work	Amrita Yoga	137896578 Rahu 8:15AM – 9:51AM	Gara Until 3:47PM	Nataraja: Clear		3rd Phase
Until 3:05AM Tue			Saptami Until 4:38AM Tue	Moon – Yellow		Devaloka Day	
Then Routine Work - Marana Yoga				Chaitra•Panguni			

D	Tuesday, March 28, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 20 Sutra 345
	Retreat Star		Gulika 1:04PM – 2:41PM	Ardra Until 5:30AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Subhakit 5124
	Mithuna Rasi: 8.07	Tithi 8	Yama 9:50AM – 11:27AM	Saubhagya Until 9:07AM	Muruqa: Clear	<i>Sunset:</i> 7:33PM	Moon 3 - Phase 47 - 20
	Routine Work	Marana Yoga	137896578 Rahu 4:18PM – 5:56PM	Visti Until 5:39PM	Nataraja: Clear		Ashtami
Until 5:30AM Wed			Ashtami* Until 6:42AM Wed	Moon – Yellow		Devaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			

D	Wednesday, March 29, 2023		Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Anchorage, AK Sun 21 Sutra 346
	Retreat Star		Gulika 11:26AM – 1:04PM	Punarvasu Until 8:30AM Thu	Ganesha: White	<i>Sunrise:</i> 6:32AM	Subhakit 5124
	Mithuna Rasi: 20.1	Tithi 8 – 9	Yama 8:10AM – 9:48AM	Sobhana Until 9:45AM	Muruqa: Clear	<i>Sunset:</i> 7:35PM	Moon 3 - Phase 47 - 21
	Creative Work	Siddha Yoga	147896578 Rahu 1:04PM – 2:42PM	Balava Until 7:53PM	Nataraja: Clear		Navami
Until 8:30AM Thu			Ashtami* Until 6:42AM	Moon – Blue		Bhuloka Day	
Then Creative Work - Amrita Yoga		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

ll times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1	Thursday, March 30, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Aihiganda/Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Anchorage, AK
	Kataka Rasi: 2.05	Tithi 9 – 10	147896578	Gulika 9:46AM – 11:25AM Yama 6:29AM – 8:07AM Rahu 2:42PM – 4:21PM	Punarvasu Until 8:30AM Aithiganda* Until 10:32AM Taitila Until 10:17PM Navami* Until 9:03AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 22 Sutra 347 Subhakra 5124 Moon 3 - Phase 48 - 22 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					

2	Friday, March 31, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Anchorage, AK
	Kataka Rasi: 13.58	Tithi 10 – 11	147896578	Gulika 8:05AM – 9:44AM Yama 4:22PM – 6:01PM Rahu 11:24AM – 1:03PM	Pushya Until 11:26AM Sukarma Until 11:23AM Vanija Until 12:41AM Sat Dashami Until 11:29AM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 23 Sutra 348 Subhakra 5124 Moon 3 - Phase 48 - 23 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		Yogaswami Mahasamadhi			

3	Saturday, April 1, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK
	Kataka Rasi: 25.53	Tithi 11 – 12	147896578	Gulika 6:26AM – 8:05AM Yama 2:42PM – 4:22PM Rahu 9:44AM – 11:24AM	Ashlesha* Until 2:05PM Dhriti Until 12:11PM Bava Until 2:54AM Sun Ekadashi Until 1:48PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Blue Chaitra•Panguni	Sun 24 Sutra 349 Subhakra 5124 Moon 3 - Phase 48 - 24 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					
	Until 2:05PM	Then Creative Work - Amrita Yoga					

4	Sunday, April 2, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK
	Simha Rasi: 7.52	Tithi 12 – 13	158896578	Gulika 4:23PM – 6:03PM Yama 1:03PM – 2:43PM Rahu 6:03PM – 7:43PM	Magha* Until 4:50PM Shula* Until 12:46PM Kaulava Until 4:48AM Mon Dvadashi Until 3:52PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 25 Sutra 350 Subhakra 5124 Moon 3 - Phase 48 - 25 4th Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 4:50PM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

5	Monday, April 3, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhi* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK
	Simha Rasi: 19.59	Tithi 13 – 14	158896578	Gulika 2:43PM – 4:24PM Yama 11:22AM – 1:02PM Rahu 8:00AM – 9:41AM	Purvaphalguni Until 7:04PM Ganda* Until 1:06PM Gara Until 6:17AM Tue Trayodashi Until 5:34PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 26 Sutra 351 Subhakra 5124 Moon 3 - Phase 48 - 26 4th Phase Devaloka Day
	Family Home Evening	Creative Work					
	Until 8:42PM	Then Creative Work - Siddha Yoga					

6	Tuesday, April 4, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Anchorage, AK
	Kanya Rasi: 2.17	Tithi 14	158896578	Gulika 1:02PM – 2:44PM Yama 9:39AM – 11:21AM Rahu 4:25PM – 6:07PM	Uttaraphalguni Until 8:42PM Vridhi Until 1:07PM Gara Until 6:17AM Chaturdash* Until 6:50PM	Ganesha: Red Muruqa: Clear Nataraja: Clear Moon – Red Chaitra•Panguni	Sun 27 Sutra 352 Subhakra 5124 Moon 3 - Phase 48 - 27 4th Phase Devaloka Day
	Creative Work	Amrita Yoga					
	Until 8:42PM	Then Creative Work - Siddha Yoga					

O	Wednesday, April 5, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Anchorage, AK
	Copper Retreat Star		168896578	Gulika 11:20AM – 1:02PM Yama 7:55AM – 9:37AM Rahu 1:02PM – 2:44PM	Hasta Until 10:11PM Dhruva Until 12:44PM Visti Until 7:17AM Purnima* Until 7:36PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sun 28 Sutra 353 Subhakra 5124 Moon 3 - Phase 48 - Purnima Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga		Panguni Uttiram Hanuman Jayanti			
	Until 10:11PM	Then Creative Work - Siddha Yoga					

O	Thursday, April 6, 2023		Subhakra Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Anchorage, AK
	Silver Retreat Star		168896578	Gulika 9:36AM – 11:19AM Yama 6:10AM – 7:53AM Rahu 2:45PM – 4:28PM	Chitra Until 11:03PM Vyaghata* Until 12:00PM Balava Until 7:49AM Prathama* Until 7:52PM	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Green Chaitra•Panguni	Sun 29 Sutra 354 Subhakra 5124 Moon 3 - Phase 48 - Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 11:03PM	Then Creative Work - Amrita Yoga					



Friday, April 7, 2023
Gold Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anchorage, AK

Sun 1 Sutra 355

Subhakit 5124

Tula Rasi: 10.26 Tithi 17

Gulika 7:50AM – 9:34AM
Yama 4:29PM – 6:12PM
168896578 Rahu 11:18AM – 1:01PM

Svati Until 11:18PM
Harshana Until 10:54AM
Taitila Until 7:51AM
Dvitiya Until 7:41PM

Ganesha: Blue Sunrise: 6:07AM
Muruga: Clear Sunset: 7:56PM
Nataraja: Clear
Moon – Green
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Saturday, April 8, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Anchorage, AK

Sun 2 Sutra 356

Subhakit 5124

Tula Rasi: 23.36 Tithi 18

Gulika 6:03AM – 7:48AM
Yama 2:45PM – 4:30PM
179896578 Rahu 9:32AM – 11:17AM

Vishakha Until 11:28PM
Vajra* Until 9:26AM
Vanija Until 7:27AM
Tritiya Until 7:05PM

Ganesha: Red Sunrise: 6:03AM
Muruga: Clear Sunset: 7:59PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Creative Work Siddha Yoga

2

Sunday, April 9, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Anchorage, AK

Sun 3 Sutra 357

Subhakit 5124

Vrischika Rasi: 6.59 Tithi 19

Gulika 4:31PM – 6:16PM
Yama 1:01PM – 2:46PM
179896578 Rahu 6:16PM – 8:01PM

Anuradha Until 11:07PM
Siddhi Until 7:40AM
Bava Until 6:40AM
Chaturthi* Until 6:06PM

Ganesha: Red Sunrise: 6:00AM
Muruga: Clear Sunset: 8:01PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Routine Work Marana Yoga

3

Monday, April 10, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Anchorage, AK

Sun 4 Sutra 358

Subhakit 5124

Vrischika Rasi: 20.34 Tithi 20 – 21

Gulika 2:46PM – 4:32PM
Yama 11:15AM – 1:00PM
179896578 Rahu 7:43AM – 9:29AM

Jyeshtha* Until 10:17PM
Variyan Until 3:19AM Tue
Gara Until 4:02AM Tue
Panchami Until 4:47PM

Ganesha: Red Sunrise: 5:57AM
Muruga: Clear Sunset: 8:04PM
Nataraja: Clear
Moon – Orange
Chaitra•Panguni

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga

4

Tuesday, April 11, 2023

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Anchorage, AK

Sun 5 Sutra 359

Subhakit 5124

Dhanus Rasi: 4.21 Tithi 21 – 22

Gulika 1:00PM – 2:47PM
Yama 9:27AM – 11:14AM
189896578 Rahu 4:33PM – 6:20PM

Mula* Until 9:28PM
Parigha* Until 12:47AM Wed
Visti Until 2:16AM Wed
Shashthi* Until 3:10PM

Ganesha: Green Sunrise: 5:54AM
Muruga: Clear Sunset: 8:06PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 9:28PM

Then Creative Work - Siddha Yoga

●

Wednesday, April 12, 2023

Retreat Star

Subhakit Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Anchorage, AK

Sun 6 Sutra 360

Subhakit 5124

Dhanus Rasi: 18.18 Tithi 22 – 23

Gulika 11:13AM – 1:00PM
Yama 7:38AM – 9:25AM
189896578 Rahu 1:00PM – 2:47PM

Purvashadha* Until 8:14PM
Shiva Until 10:04PM
Balava Until 12:15AM Thu
Saptami Until 1:16PM

Ganesha: Green Sunrise: 5:51AM
Muruga: Clear Sunset: 8:09PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Panguni

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, April 13, 2023

Retreat Star

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Anchorage, AK

Sun 7 Sutra 361

Sobhana 5125

Makara Rasi: 2.25 Tithi 23 – 24

Gulika 9:24AM – 11:12AM
Yama 5:48AM – 7:36AM
189996578 Rahu 2:48PM – 4:36PM

Uttarashadha Until 6:39PM
Siddha Until 7:08PM
Taitila Until 10:01PM
Ashtami* Until 11:09AM

Ganesha: White Sunrise: 5:48AM
Muruga: Clear Sunset: 8:12PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga

Until 6:39PM

Then Creative Work - Siddha Yoga

Tamil New Year

1		Friday, April 14, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Anchorage, AK Sun 8 Sutra 362	
Makara Rasi: 16.4	Tithi 24 – 25	Gulika 7:33AM – 9:22AM	Shravana Until 5:10PM	Ganesha: White	<i>Sunrise:</i> 5:45AM	Sobhana 5125			
		Yama 4:37PM – 6:25PM	Sadhya Until 4:05PM	Muruqa: Clear	<i>Sunset:</i> 8:14PM	Moon 4 - Phase 1 - 8			
	299996578	Rahu 11:11AM – 12:59PM	Vanija Until 7:38PM	Nataraja: Clear		2nd Phase			
Routine Work	Marana Yoga			Moon – Purple		Bhuloka Day			
Until 5:10PM		Chidambaram Abhishekam	Navami* Until 8:49AM	Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Siddha Yoga									

2		Saturday, April 15, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Balava Karana Dashami/Ekadashyam Titau		Anchorage, AK Sun 9 Sutra 363	
Kumbha Rasi: 1	Tithi 25 – 26	Gulika 5:42AM – 7:31AM	Dhanishtha Until 3:26PM	Ganesha: White	<i>Sunrise:</i> 5:42AM	Sobhana 5125			
		Yama 2:49PM – 4:38PM	Subha Until 12:57PM	Muruqa: Clear	<i>Sunset:</i> 8:17PM	Moon 4 - Phase 1 - 9			
	299996578	Rahu 9:20AM – 11:10AM	Balava Until 3:51AM Sun	Nataraja: Clear		2nd Phase			
Creative Work	Siddha Yoga			Moon – Purple		Bhuloka Day			
Until 3:26PM			Dashami Until 6:22AM	Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Amrita Yoga									

3		Sunday, April 16, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Dvadashtyam Titau		Anchorage, AK Sun 10 Sutra 364	
Kumbha Rasi: 15.23	Tithi 27	Gulika 4:39PM – 6:29PM	Shatabhishak Until 1:33PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Sobhana 5125			
		Yama 12:59PM – 2:49PM	Sukla Until 9:46AM	Muruqa: Clear	<i>Sunset:</i> 8:19PM	Moon 4 - Phase 1 - 10			
	291996578	Rahu 6:29PM – 8:19PM	Kaulava Until 2:37PM	Nataraja: Clear		2nd Phase			
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day			
			Dvadashti* Until 1:22AM Mon	Chaitra+Chaitra					

4		Monday, April 17, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Anchorage, AK Sun 11 Sutra 1	
Kumbha Rasi: 29.44	Tithi 28	Gulika 2:49PM – 4:40PM	Purvaproshtapada* Until 12:01PM	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Sobhana 5125			
Family Home Evening		Yama 11:08AM – 12:59PM	Brahma Until 6:39AM	Muruqa: Clear	<i>Sunset:</i> 8:22PM	Moon 4 - Phase 1 - 11			
Routine Work	Marana Yoga	Rahu 7:26AM – 9:17AM	Gara Until 12:11PM	Nataraja: Clear		2nd Phase			
Until 12:01PM				Moon – Clear		Devaloka Day			
Then Creative Work - Siddha Yoga			Trayodashi* Until 11:01PM	Chaitra+Chaitra					
			<i>Pradosha Vrata (Fasting)</i>						

5		Tuesday, April 18, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Vistil/Sakuni* Karana Chaturdashyam Titau		Anchorage, AK Sun 12 Sutra 2	
Meena Rasi: 13.59	Tithi 29	Gulika 12:58PM – 2:50PM	Uttaraproshtapada Until 10:32AM	Ganesha: Orange	<i>Sunrise:</i> 5:32AM	Sobhana 5125			
		Yama 9:15AM – 11:07AM	Vaidhriti* Until 12:54AM Wed	Muruqa: Clear	<i>Sunset:</i> 8:25PM	Moon 4 - Phase 1 - 12			
	211996578	Rahu 4:42PM – 6:33PM	Vistil Until 9:57AM	Nataraja: Clear		2nd Phase			
Creative Work	Amrita Yoga			Moon – Clear		Devaloka Day			
Until 10:32AM			Chaturdashi* Until 8:55PM	Chaitra+Chaitra					
Then Creative Work - Siddha Yoga									

Retreat Star		Wednesday, April 19, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Anchorage, AK Sun 13 Sutra 3	
Meena Rasi: 28.02	Tithi 30	Gulika 11:06AM – 12:58PM	Revati Until 9:14AM	Ganesha: Orange	<i>Sunrise:</i> 5:29AM	Sobhana 5125			
		Yama 7:21AM – 9:14AM	Vishkambha* Until 10:28PM	Muruqa: Clear	<i>Sunset:</i> 8:27PM	Moon 4 - Phase 1 - 13			
	211996578	Rahu 12:58PM – 2:50PM	Catuspada Until 8:02AM	Nataraja: Clear		Amavasya			
Routine Work	Marana Yoga			Moon – Clear		Devaloka Day			
			Amavasya* Until 7:12PM	Chaitra+Chaitra					

Retreat Star		Thursday, April 20, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Anchorage, AK Sun 14 Sutra 4	
Mesha Rasi: 11.49	Tithi 1 – 2	Gulika 9:12AM – 11:05AM	Ashvini Until 8:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Sobhana 5125			
		Yama 5:26AM – 7:19AM	Priti Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 8:30PM	Moon 4 - Phase 1 - 14			
	221996578	Rahu 2:51PM – 4:44PM	Kintughna Until 6:32AM	Nataraja: Clear		Prathama			
Creative Work	Amrita Yoga			Moon – White		Devaloka Day			
Until 8:39AM			Prathama* Until 5:58PM	Vaisaka+Chaitra					
Then Creative Work - Siddha Yoga									

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

11 times are standard time. Calculated for Anchorage, AK on 4/26/2

www.gurudeva.org/panchang

1		Friday, April 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Anchorage, AK Sun 15 Sutra 5 Sobhana 5125
Mesha Rasi: 25.17	Tithi 2 – 3	Gulika 7:17AM – 9:10AM	Bharani Until 8:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Muruqa: Clear	<i>Sunset:</i> 8:32PM	Moon 4 - Phase 2 - 15 3rd Phase
Creative Work	Siddha Yoga	Yama 4:45PM – 6:39PM	Ayushman Until 6:53PM	Nataraja: Clear		Moon – White		Devaloka Day
		221996578 Rahu 11:04AM – 12:58PM	Taitila Until 5:15AM Sat			Vaisaka-Chaitra		
			Dvitiya Until 5:19PM					

2		Saturday, April 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Anchorage, AK Sun 16 Sutra 6 Sobhana 5125
Visshabha Rasi: 8.26	Tithi 3 – 4	Gulika 5:20AM – 7:14AM	Krittika Until 8:44AM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Muruqa: Clear	<i>Sunset:</i> 8:35PM	Moon 4 - Phase 2 - 16 3rd Phase
Creative Work	Amrita Yoga	Yama 2:52PM – 4:46PM	Saubhagya Until 5:51PM	Nataraja: Clear		Moon – White		Devaloka Day
		221996578 Rahu 9:09AM – 11:03AM	Vanija Until 5:35AM Sun			Vaisaka-Chaitra		
			Tritiya Until 5:19PM					

3		Sunday, April 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Anchorage, AK Sun 17 Sutra 7 Sobhana 5125
Visshabha Rasi: 21.14	Tithi 4 – 5	Gulika 4:48PM – 6:43PM	Rohini Until 9:58AM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Muruqa: Clear	<i>Sunset:</i> 8:38PM	Moon 4 - Phase 2 - 17 3rd Phase
Creative Work	Siddha Yoga	Yama 12:57PM – 2:52PM	Sobhana Until 5:20PM	Nataraja: Clear		Moon – Yellow		Devaloka Day
		231996578 Rahu 6:43PM – 8:38PM	Bava Until 6:34AM Mon			Vaisaka-Chaitra		
			Chaturthi* Until 5:59PM					

4		Monday, April 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Anchorage, AK Sun 18 Sutra 8 Sobhana 5125
Mithuna Rasi: 3.44	Tithi 5	Gulika 2:53PM – 4:49PM	Mrigashira Until 11:40AM	Ganesha: Orange	<i>Sunrise:</i> 5:14AM	Muruqa: Clear	<i>Sunset:</i> 8:40PM	Moon 4 - Phase 2 - 18 3rd Phase
Family Home Evening		Yama 11:01AM – 12:57PM	Athiganda* Until 5:17PM	Nataraja: Purple		Moon – Yellow		Sivaloka Day
Creative Work	Amrita Yoga	231996579 Rahu 7:10AM – 9:06AM	Bava Until 6:34AM			Vaisaka-Chaitra		
Until 11:40AM			Panchami Until 7:15PM					
Then Creative Work - Siddha Yoga								

5		Tuesday, April 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Anchorage, AK Sun 19 Sutra 9 Sobhana 5125
Mithuna Rasi: 16	Tithi 6	Gulika 12:57PM – 2:53PM	Ardra Until 1:44PM	Ganesha: Orange	<i>Sunrise:</i> 5:11AM	Muruqa: Clear	<i>Sunset:</i> 8:43PM	Moon 4 - Phase 2 - 19 3rd Phase
Routine Work	Marana Yoga	Yama 9:04AM – 11:00AM	Sukarma Until 5:38PM	Nataraja: Purple		Moon – Yellow		Sivaloka Day
Until 1:44PM		231996579 Rahu 4:50PM – 6:46PM	Kaulava Until 8:07AM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga			Shashthi* Until 9:02PM					

6		Wednesday, April 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Gara/Vanija Karana Saplamyam Titau				Anchorage, AK Sun 20 Sutra 10 Sobhana 5125
Mithuna Rasi: 28.04	Tithi 7	Gulika 11:00AM – 12:57PM	Punarvasu Until 4:31PM	Ganesha: Red	<i>Sunrise:</i> 5:08AM	Muruqa: Clear	<i>Sunset:</i> 8:46PM	Moon 4 - Phase 2 - 20 3rd Phase
Creative Work	Siddha Yoga	Yama 7:05AM – 9:02AM	Dhriti Until 6:18PM	Nataraja: Purple		Moon – Blue		Sivaloka Day
		242996579 Rahu 12:57PM – 2:54PM	Gara Until 10:06AM			Vaisaka-Chaitra		
			Saptami Until 11:11PM					

Retreat Star		Thursday, April 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Visli*/Bava Karana Ashtamyam Titau				Anchorage, AK Sun 21 Sutra 11 Sobhana 5125
Kataka Rasi: 10.02	Tithi 8	Gulika 9:01AM – 10:59AM	Pushya Until 7:21PM	Ganesha: Red	<i>Sunrise:</i> 5:05AM	Muruqa: Clear	<i>Sunset:</i> 8:48PM	Moon 4 - Phase 2 - 21 Ashtami
Creative Work	Amrita Yoga	Yama 5:05AM – 7:03AM	Shula* Until 7:06PM	Nataraja: Purple		Moon – Blue		Sivaloka Day
Until 7:21PM		242996579 Rahu 2:55PM – 4:52PM	Visti Until 12:21PM			Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga			Ashtami* Until 1:30AM Fri					

Retreat Star		Friday, April 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Anchorage, AK Sun 22 Sutra 12 Sobhana 5125
Kataka Rasi: 21.56	Tithi 9	Gulika 7:01AM – 8:59AM	Ashlesha* Until 10:03PM	Ganesha: Red	<i>Sunrise:</i> 5:02AM	Muruqa: Clear	<i>Sunset:</i> 8:51PM	Moon 4 - Phase 2 - 22 Navami
Routine Work	Marana Yoga	Yama 4:54PM – 6:52PM	Ganda* Until 7:57PM	Nataraja: Purple		Moon – Blue		Sivaloka Day
		242996579 Rahu 10:58AM – 12:56PM	Balava Until 2:42PM			Vaisaka-Chaitra		
			Navami* Until 3:49AM Sat					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, April 29, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau				Anchorage, AK Sun 23 Sutra 13 Sobhana 5125	
Simha Rasi: 3.52	Tithi 10	Gulika	4:59AM – 6:58AM	Magha* Until 12:56AM Sun	Ganesha: Blue	Sunrise: 4:59AM					
		Yama	2:56PM – 4:55PM	Vriddhi Until 8:42PM	Muruqa: Clear	Sunset: 8:54PM	Moon 4 - Phase 3 - 23		4th Phase		
		252996579 Rahu	8:58AM – 10:57AM	Taitila Until 4:55PM	Nataraja: Purple						
Creative Work	Amrita Yoga					Moon – Red		Devaloka Day			
Until 12:56AM Sun						Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga											


2		Sunday, April 30, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva Yoga Vanija Karana Ekadashyam Titau				Anchorage, AK Sun 24 Sutra 14 Sobhana 5125	
Simha Rasi: 15.52	Tithi 11	Gulika	4:56PM – 6:56PM	Purvaphalguni Until 3:17AM Mon	Ganesha: Blue	Sunrise: 4:56AM					
		Yama	12:56PM – 2:56PM	Dhruva Until 9:10PM	Muruqa: Clear	Sunset: 8:56PM	Moon 4 - Phase 3 - 24		4th Phase		
		252996579 Rahu	6:56PM – 8:56PM	Vanija Until 6:51PM	Nataraja: Purple						
Creative Work	Siddha Yoga					Moon – Red		Devaloka Day			
						Vaisaka-Chaitra					

3		Monday, May 1, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Anchorage, AK Sun 25 Sutra 15 Sobhana 5125	
Simha Rasi: 28.02	Tithi 11 – 12	Gulika	2:57PM – 4:59PM	Uttaraphalguni Until 5:00AM Tue	Ganesha: Blue	Sunrise: 4:50AM					
Family Home Evening		Yama	10:55AM – 12:56PM	Vyaghata* Until 9:17PM	Muruqa: Clear	Sunset: 9:01PM	Moon 4 - Phase 3 - 25		4th Phase		
		252996579 Rahu	6:52AM – 8:53AM	Bava Until 8:19PM	Nataraja: Purple						
Creative Work	Siddha Yoga					Moon – Red		Devaloka Day			
						Vaisaka-Chaitra					

4		Tuesday, May 2, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Anchorage, AK Sun 26 Sutra 16 Sobhana 5125	
Kanya Rasi: 10.25	Tithi 12 – 13	Gulika	12:56PM – 2:58PM	Hasta Until 6:27AM Wed	Ganesha: Yellow	Sunrise: 4:47AM					
		Yama	8:52AM – 10:54AM	Harshana Until 8:58PM	Muruqa: Clear	Sunset: 9:04PM	Moon 4 - Phase 3 - 26		4th Phase		
		252996579 Rahu	5:00PM – 7:02PM	Kaulava Until 9:11PM	Nataraja: Purple						
Creative Work	Siddha Yoga					Moon – Green		Sivaloka Day			
						Vaisaka-Chaitra					

Pradosha Vrata

5		Wednesday, May 3, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Anchorage, AK Sun 27 Sutra 17 Sobhana 5125	
Kanya Rasi: 23.05	Tithi 13 – 14	Gulika	10:53AM – 12:56PM	Hasta Until 6:27AM	Ganesha: Yellow	Sunrise: 4:45AM					
		Yama	6:47AM – 8:50AM	Vajra* Until 8:07PM	Muruqa: Clear	Sunset: 9:07PM	Moon 4 - Phase 3 - 27		4th Phase		
		252996579 Rahu	12:56PM – 2:58PM	Gara Until 9:26PM	Nataraja: Purple						
Routine Work	Marana Yoga					Moon – Green		Sivaloka Day			
Until 6:27AM						Vaisaka-Chaitra					
Then Creative Work - Siddha Yoga											

		Thursday, May 4, 2023				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Anchorage, AK Sutra 18 Sobhana 5125	
Copper Retreat Star		Gulika	8:49AM – 10:52AM	Chitra Until 7:07AM	Ganesha: Yellow	Sunrise: 4:42AM					
Tula Rasi: 6.02	Tithi 14 – 15	Yama	4:42AM – 6:45AM	Siddhi Until 6:48PM	Muruqa: Clear	Sunset: 9:09PM	Moon 4 - Phase 3 -		Purnima		
		252996579 Rahu	2:59PM – 5:02PM	Visti Until 9:03PM	Nataraja: Purple						
Creative Work	Siddha Yoga					Moon – Green		Sivaloka Day			
Until 7:07AM						Vaisaka-Chaitra					
Then Creative Work - Amrita Yoga											

Friday, May 5, 2023		Silver Retreat Star				Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Anchorage, AK Sutra 19 Sobhana 5125	
Tula Rasi: 19.19	Tithi 15 – 16	Gulika	6:43AM – 8:47AM	Svati Until 7:02AM	Ganesha: Yellow	Sunrise: 4:39AM					
		Yama	5:04PM – 7:08PM	Vyatipata* Until 5:01PM	Muruqa: Clear	Sunset: 9:12PM	Moon 4 - Phase 3 -		Prathama		
		252996579 Rahu	10:51AM – 12:55PM	Balava Until 8:05PM	Nataraja: Purple						
Creative Work	Siddha Yoga					Moon – Green		Sivaloka Day			
						Vaisaka-Chaitra					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda