



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 29.04 Tithi 17

Creative Work Siddha Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:35AM – 12:21PM
Yama 7:03AM – 8:49AM
Rahu 12:21PM – 2:07PM

Vishakha Until 12:44PM
Vyatipata* Until 11:22AM
Taitila Until 10:57AM
Dvitiya Until 9:08PM

Ganesha: Blue *Sunrise:* 5:17AM
Muruqa: White *Sunset:* 7:25PM
Nataraja: Clear
Moon – Orange
Chaitra*Chaitra

Devaloka Day

Milan, Italy
Sutra 17
Plava 5123
Moon 4 - Phase 2 -
1st Phase

1

Thursday, April 29, 2021

Vrischika Rasi: 14.09 Tithi 18 – 19

Creative Work Siddha Yoga

Until 10:01AM

Then Routine Work - Prabararishta Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Trilya/Chaturthyam Titau

Gulika 8:49AM – 10:35AM
Yama 5:16AM – 7:02AM
Rahu 2:08PM – 3:54PM

Anuradha Until 10:01AM
Variyan Until 7:19AM
Vanija Until 7:24AM
Tritiya Until 5:43PM

Ganesha: Blue *Sunrise:* 5:16AM
Muruqa: White *Sunset:* 7:27PM
Nataraja: Clear
Moon – Orange
Chaitra*Chaitra

Devaloka Day

Milan, Italy
Sun 1
Sutra 18
Plava 5123
Moon 4 - Phase 2 -
1st Phase

2

Friday, April 30, 2021

Vrischika Rasi: 28.59 Tithi 19 – 20

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Amrita Yoga

278784469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:01AM – 8:48AM
Yama 3:55PM – 5:41PM
Rahu 10:34AM – 12:21PM

Jyeshtha* Until 7:31AM
Shiva Until 12:11AM Sat
Kaulava Until 1:24AM Sat
Chaturthi* Until 2:42PM

Ganesha: Blue *Sunrise:* 5:14AM
Muruqa: White *Sunset:* 7:29PM
Nataraja: Clear
Moon – Orange
Chaitra*Chaitra

Devaloka Day

Milan, Italy
Sun 2
Sutra 19
Plava 5123
Moon 4 - Phase 2 -
1st Phase

3

Saturday, May 1, 2021

Dhanus Rasi: 13.28 Tithi 20 – 21

Creative Work Siddha Yoga

Until 4:28AM Sun

Then Creative Work - Amrita Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 5:13AM – 7:00AM
Yama 2:08PM – 3:55PM
Rahu 8:47AM – 10:34AM

Purvashadha* Until 4:28AM Sun
Siddha Until 9:15PM
Gara Until 11:12PM
Panchami Until 12:12PM

Ganesha: Red *Sunrise:* 5:13AM
Muruqa: Yellow *Sunset:* 7:29PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Devaloka Day

Milan, Italy
Sun 3
Sutra 20
Plava 5123
Moon 4 - Phase 2 -
1st Phase

4

Sunday, May 2, 2021

Dhanus Rasi: 27.32 Tithi 21 – 22

Creative Work Amrita Yoga

288794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Gulika 3:56PM – 5:43PM
Yama 12:21PM – 2:08PM
Rahu 5:43PM – 7:30PM

Uttarashadha Until 3:41AM Mon
Sadhya Until 6:53PM
Visti Until 9:40PM
Shashthi* Until 10:20AM

Ganesha: Red *Sunrise:* 5:11AM
Muruqa: Yellow *Sunset:* 7:30PM
Nataraja: Clear
Moon – Light Blue
Chaitra*Chaitra

Devaloka Day

Milan, Italy
Sun 4
Sutra 21
Plava 5123
Moon 4 - Phase 2 -
1st Phase

Monday, May 3, 2021

Retreat Star

Makara Rasi: 11.12 Tithi 22 – 23

Family Home Evening

Creative Work Amrita Yoga

Until 3:54AM Tue

Then Creative Work - Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:08PM – 3:56PM
Yama 10:33AM – 12:21PM
Rahu 6:58AM – 8:45AM

Shravana Until 3:54AM Tue
Subha Until 5:04PM
Balava Until 8:50PM
Saptami Until 9:09AM

Ganesha: Green *Sunrise:* 5:10AM
Muruqa: Yellow *Sunset:* 7:32PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy
Sun 5
Sutra 22
Plava 5123
Moon 4 - Phase 2 -
5 Ashtami

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 24.28 Tithi 23 – 24

Creative Work Siddha Yoga

298794469

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:21PM – 2:09PM
Yama 8:45AM – 10:33AM
Rahu 3:57PM – 5:45PM

Dhanishtha Until 4:39AM Wed
Sukla Until 3:48PM
Taitila Until 8:42PM
Ashtami* Until 8:40AM

Ganesha: Green *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 7:33PM
Nataraja: Clear
Moon – Purple
Chaitra*Chaitra

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy
Sun 6
Sutra 23
Plava 5123
Moon 4 - Phase 2 -
6 Navami

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Milan, Italy
	Kumbha Rasi: 7.22	Tithi 24 – 25	Gulika 10:32AM – 12:21PM	Shatabhishak Until 5:51AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:07AM	Sun 7 Sutra 24
	299794469	Rahu 12:21PM – 2:09PM	Yama 6:55AM – 8:44AM	Brahma Until 3:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Plava 5123
	Creative Work Siddha Yoga			Vanija Until 9:13PM	Nataraja: Clear		Moon 4 - Phase 3 - 7 2nd Phase
			Navami* Until 8:52AM	Chaitra*Chaitra		Devaloka Day	


2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekashyam Titau				Milan, Italy
	Kumbha Rasi: 19.59	Tithi 25 – 26	Gulika 8:43AM – 10:32AM	Purvaproshtapada* Until 7:54AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:06AM	Sun 8 Sutra 25
	299794469	Rahu 2:09PM – 3:58PM	Yama 5:06AM – 6:54AM	Indra Until 2:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Plava 5123
	Creative Work Siddha Yoga			Bava Until 10:19PM	Nataraja: Clear		Moon 4 - Phase 3 - 8 2nd Phase
			Dashami Until 9:41AM	Chaitra*Chaitra		Devaloka Day	


3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvashyam Titau				Milan, Italy
	Meena Rasi: 2.21	Tithi 26 – 27	Gulika 6:53AM – 8:42AM	Purvaproshtapada* Until 7:54AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Sun 9 Sutra 26
	219794469	Rahu 10:31AM – 12:20PM	Yama 3:59PM – 5:48PM	Vaidhriti* Until 2:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Plava 5123
	Creative Work Siddha Yoga			Kaulava Until 11:54PM	Nataraja: Clear		Moon 4 - Phase 3 - 9 2nd Phase
			Ekadashi* Until 11:02AM	Chaitra*Chaitra		Devaloka Day	

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Milan, Italy
	Meena Rasi: 14.31	Tithi 27 – 28	Gulika 5:03AM – 6:52AM	Uttaraproshtapada Until 10:14AM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Sun 10 Sutra 27
	219794469	Rahu 8:42AM – 10:31AM	Yama 2:10PM – 3:59PM	Vishkambha* Until 3:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Plava 5123
	Creative Work Siddha Yoga			Gara Until 1:53AM Sun	Nataraja: Clear		Moon 4 - Phase 3 - 10 2nd Phase
Until 10:14AM			Dvadashi* Until 12:50PM	Chaitra*Chaitra		Devaloka Day	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
	Meena Rasi: 26.32	Tithi 28 – 29	Gulika 4:00PM – 5:49PM	Revati Until 12:45PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Sun 11 Sutra 28
	219794469	Rahu 5:49PM – 7:39PM	Yama 12:20PM – 2:10PM	Priti Until 4:10PM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Plava 5123
	Creative Work Amrita Yoga			Visti Until 4:11AM Mon	Nataraja: Clear		Moon 4 - Phase 3 - 11 2nd Phase
Until 12:45PM			Trayodashi* Until 2:59PM	Chaitra*Chaitra		Devaloka Day	
Then Creative Work - Siddha Yoga		Mother's Day					

6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy
	Mesha Rasi: 8.27	Tithi 29 – 30	Gulika 2:10PM – 4:00PM	Ashvini Until 3:52PM	Ganesha: Orange	<i>Sunrise:</i> 5:00AM	Sun 12 Sutra 29
	229794469	Rahu 6:50AM – 8:40AM	Yama 10:30AM – 12:20PM	Ayushman Until 5:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Plava 5123
	Creative Work Siddha Yoga			Catuspada Until 6:41AM Tue	Nataraja: Clear		Moon 4 - Phase 3 - 12 2nd Phase
			Chaturdashi* Until 5:24PM	Chaitra*Chaitra		Devaloka Day	

	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy
	Retreat Star		Gulika 12:20PM – 2:11PM	Bharani Until 6:59PM	Ganesha: Orange	<i>Sunrise:</i> 4:59AM	Sun 13 Sutra 30
	Mesha Rasi: 20.17	Tithi 30	Yama 8:40AM – 10:30AM	Saubhagya Until 6:08PM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Plava 5123
	229794469	Rahu 4:01PM – 5:51PM		Catuspada Until 6:41AM	Nataraja: Clear		Moon 4 - Phase 3 - 13 Amavasya
Creative Work Siddha Yoga			Amavasya* Until 7:58PM	Chaitra*Chaitra		Devaloka Day	

	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy
	Retreat Star		Gulika 10:30AM – 12:20PM	Krittika Until 9:58PM	Ganesha: Orange	<i>Sunrise:</i> 4:58AM	Sun 14 Sutra 31
	Vrishabha Rasi: 2.04	Tithi 1	Yama 6:48AM – 8:39AM	Sobhana Until 7:16PM	Muruqa: Yellow	<i>Sunset:</i> 7:43PM	Plava 5123
	229794469	Rahu 12:20PM – 2:11PM		Kintughna Until 9:19AM	Nataraja: Clear		Moon 4 - Phase 3 - 14 Prathama
Creative Work Amrita Yoga			Prathama* Until 10:36PM	Vaisaka*Chaitra		Devaloka Day	
Until 9:58PM							
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1		Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Milan, Italy Sun 15 Sutra 32 Plava 5123	
231794469	Vishabha Rasi: 13.51 Tithi 2 Rahau	Gulika 8:38AM – 10:29AM Yama 4:56AM – 6:47AM Rahu 2:11PM – 4:02PM	Rohini Until 1:15AM Fri Athiganda* Until 8:19PM Balava Until 11:56AM Dvitiya Until 1:10AM Fri	Ganesha: Red Muruga: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:56AM Sunset: 7:44PM	Devaloka Day	Moon 4 - Phase 4 - 15 3rd Phase
Routine Work Marana Yoga Until 1:15AM Fri Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			

2		Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau		Milan, Italy Sun 16 Sutra 33 Plava 5123	
231894469	Vishabha Rasi: 25.4 Tithi 3 Rahau	Gulika 6:46AM – 8:38AM Yama 4:03PM – 5:54PM Rahu 10:29AM – 12:20PM	Mrigashira Until 4:10AM Sat Sukarma Until 9:15PM Taitila Until 2:24PM Tritiya Until 3:32AM Sat	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:55AM Sunset: 7:45PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 4 - Phase 4 - 16 3rd Phase
Creative Work Siddha Yoga		Akshaya Tritiya		Vaisaka-Vaikasi			

3		Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthiyam Titau		Milan, Italy Sun 17 Sutra 34 Plava 5123	
231894469	Mithuna Rasi: 7.34 Tithi 4 Rahau	Gulika 4:54AM – 6:46AM Yama 2:12PM – 4:03PM Rahu 8:37AM – 10:29AM	Ardra Until 6:35AM Sun Dhriti Until 9:59PM Vanija Until 4:37PM Chaturthi* Until 5:34AM Sun	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:54AM Sunset: 7:46PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 4 - Phase 4 - 17 3rd Phase
Creative Work Siddha Yoga				Vaisaka-Vaikasi			

4		Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Bava Karana Panchamyam Titau		Milan, Italy Sun 18 Sutra 35 Plava 5123	
231894469	Mithuna Rasi: 19.37 Tithi 5 Rahau	Gulika 4:04PM – 5:56PM Yama 12:20PM – 2:12PM Rahu 5:56PM – 7:47PM	Ardra Until 6:35AM Shula* Until 10:21PM Bava Until 6:26PM Panchami Until 7:08AM Mon	Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:53AM Sunset: 7:47PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 4 - Phase 4 - 18 3rd Phase
Creative Work Siddha Yoga				Vaisaka-Vaikasi			

5		Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Milan, Italy Sun 19 Sutra 36 Plava 5123	
241894469	Kataka Rasi: 1.5 Tithi 5 – 6 Family Home Evening Creative Work Amrita Yoga Until 8:53AM Then Creative Work - Siddha Yoga	Gulika 2:12PM – 4:04PM Yama 10:28AM – 12:20PM Rahu 6:44AM – 8:36AM	Punarvasu Until 8:53AM Ganda* Until 10:19PM Kaulava Until 7:43PM Panchami Until 7:08AM	Ganesha: Red Muruga: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:52AM Sunset: 7:48PM	Devaloka Day	Moon 4 - Phase 4 - 19 3rd Phase
		Adi Sankara Jayanthi		Vaisaka-Vaikasi			

6		Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy Sun 20 Sutra 37 Plava 5123	
241894469	Kataka Rasi: 14.19 Tithi 6 – 7 Rahau	Gulika 12:20PM – 2:13PM Yama 8:35AM – 10:28AM Rahu 4:05PM – 5:57PM	Pushya Until 10:26AM Vriddhi Until 9:47PM Gara Until 8:21PM Shashthi* Until 8:06AM	Ganesha: Red Muruga: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:51AM Sunset: 7:50PM	Devaloka Day	Moon 4 - Phase 4 - 20 3rd Phase
Creative Work Siddha Yoga				Vaisaka-Vaikasi			

Retreat Star		Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy Sun 21 Sutra 38 Plava 5123	
241894469	Kataka Rasi: 27.06 Tithi 7 – 8 Rahau	Gulika 10:28AM – 12:20PM Yama 6:42AM – 8:35AM Rahu 12:20PM – 2:13PM	Ashlesha* Until 11:10AM Dhruva Until 8:39PM Visti Until 8:15PM Saptami Until 8:23AM	Ganesha: Red Muruga: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:50AM Sunset: 7:51PM	Devaloka Day	Moon 4 - Phase 4 - 21 Ashtami
Creative Work Siddha Yoga				Vaisaka-Vaikasi			

Retreat Star		Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy Sun 22 Sutra 39 Plava 5123	
251894469	Simha Rasi: 10.16 Tithi 8 – 9 Rahau	Gulika 8:34AM – 10:27AM Yama 4:49AM – 6:42AM Rahu 2:13PM – 4:06PM	Magha* Until 11:27AM Vyaghata* Until 6:56PM Balava Until 7:25PM Ashtami* Until 7:54AM	Ganesha: Blue Muruga: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:49AM Sunset: 7:52PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM	Moon 4 - Phase 4 - 22 Navami
Creative Work Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			


1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Milan, Italy
	Simha Rasi: 23.51	Tithi 9 – 10	Gulika 6:41AM – 8:34AM	Purvaphalguni Until 10:51AM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Sun 23 Sutra 40
			Yama 4:07PM – 6:00PM	Harshana Until 4:37PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Plava 5123
	251894469	Rahu 10:27AM – 12:20PM		Gara Until 4:45AM Sat	Nataraja: Clear		Moon 4 - Phase 5 - 23 4th Phase
Creative Work	Siddha Yoga		Navami* Until 6:41AM	Moon – Red		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	


2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Ekadashyam Titau				Milan, Italy
	Kanya Rasi: 7.52	Tithi 11	Gulika 4:47AM – 6:40AM	Uttaraphalguni Until 9:25AM	Ganesha: Blue	<i>Sunrise:</i> 4:47AM	Sun 24 Sutra 41
			Yama 2:14PM – 4:07PM	Vajra* Until 1:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Plava 5123
	251894469	Rahu 8:34AM – 10:27AM		Vanija Until 3:33PM	Nataraja: Clear		Moon 4 - Phase 5 - 24 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:11AM Sun	Moon – Red		Bhuloka Day	
				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy
	Kanya Rasi: 22.19	Tithi 12	Gulika 4:08PM – 6:01PM	Hasta Until 7:39AM	Ganesha: White	<i>Sunrise:</i> 4:46AM	Sun 25 Sutra 42
			Yama 12:20PM – 2:14PM	Siddhi Until 10:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Plava 5123
	262894469	Rahu 6:01PM – 7:55PM		Bava Until 12:43PM	Nataraja: Clear		Moon 4 - Phase 5 - 25 4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 11:07PM	Moon – Green		Sivaloka Day	
Until 7:39AM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy
	Tula Rasi: 7.07	Tithi 13	Gulika 2:14PM – 4:08PM	Svati Until 2:25AM Tue	Ganesha: White	<i>Sunrise:</i> 4:45AM	Sun 26 Sutra 43
	Family Home Evening		Yama 10:27AM – 12:21PM	Vyatipata* Until 6:40AM	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Plava 5123
	262894469	Rahu 6:39AM – 8:33AM		Kaulava Until 9:26AM	Nataraja: Clear		Moon 4 - Phase 5 - 26 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 7:39PM	Moon – Green		Sivaloka Day	
Until 2:25AM Tue				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>			

5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Parigha* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Milan, Italy
	Tula Rasi: 22.1	Tithi 14 – 15	Gulika 12:21PM – 2:15PM	Vishakha Until 11:39PM	Ganesha: White	<i>Sunrise:</i> 4:44AM	Sun 27 Sutra 44
			Yama 8:32AM – 10:27AM	Parigha* Until 10:29PM	Muruqa: Yellow	<i>Sunset:</i> 7:57PM	Plava 5123
	372894469	Rahu 4:09PM – 6:03PM		Visti Until 2:07AM Wed	Nataraja: Clear		Moon 4 - Phase 5 - 27 4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:59PM	Moon – Orange		Sivaloka Day	
Until 11:39PM		Vaikasi Visakam		Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy
	Copper Retreat Star		Gulika 10:26AM – 12:21PM	Anuradha Until 8:44PM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Sun 28 Sutra 45
	Vrischika Rasi: 7.2	Tithi 15 – 16	Yama 6:38AM – 8:32AM	Shiva Until 6:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:58PM	Plava 5123
	372894469	Rahu 12:21PM – 2:15PM		Balava Until 10:23PM	Nataraja: Clear		Moon 4 - Phase 5 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 12:13PM	Moon – Orange		Sivaloka Day	
		Budha Purnima (Tamil Nadu)		Vaisaka-Vaikasi			

	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Milan, Italy
	Silver Retreat Star		Gulika 8:32AM – 10:26AM	Jyeshtha* Until 5:51PM	Ganesha: White	<i>Sunrise:</i> 4:43AM	Sun 29 Sutra 46
	Vrischika Rasi: 22.29	Tithi 16 – 17	Yama 4:43AM – 6:37AM	Siddha Until 2:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:59PM	Plava 5123
	372894469	Rahu 2:15PM – 4:10PM		Taitila Until 6:49PM	Nataraja: Clear		Moon 4 - Phase 5 - Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 8:33AM	Moon – Orange		Sivaloka Day	
Until 5:51PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Milan, Italy on 5/23/19

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Friday, May 28, 2021
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyam Titau

Milan, Italy
Sun 1
Sutra 47
Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

Dhanus Rasi: 7.27 Tithi 18

Gulika 6:37AM – 8:31AM
Yama 4:10PM – 6:05PM
382894469 **Rahu** 10:26AM – 12:21PM

Mula* Until 3:32PM
Sadhya Until 10:26AM
Vanija Until 3:34PM
Tritiya Until 2:06AM Sat

Ganesha: Clear *Sunrise:* 4:42AM
Muruqa: Yellow *Sunset:* 8:00PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:32PM

Then Routine Work - Prabalarishta Yoga

1

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturtham Titau

Milan, Italy
Sun 2
Sutra 48
Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

Dhanus Rasi: 22.07 Tithi 19

Gulika 4:41AM – 6:36AM
Yama 2:16PM – 4:11PM
382894469 **Rahu** 8:31AM – 10:26AM

Purvashadha* Until 1:34PM
Subha Until 6:59AM
Bava Until 12:47PM
Chaturthi* Until 11:35PM

Ganesha: Clear *Sunrise:* 4:41AM
Muruqa: Yellow *Sunset:* 8:01PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:34PM

Then Routine Work - Marana Yoga

2

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy
Sun 3
Sutra 49
Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

Makara Rasi: 6.23 Tithi 20

Gulika 4:12PM – 6:07PM
Yama 12:21PM – 2:16PM
382894469 **Rahu** 6:07PM – 8:02PM

Uttarashadha Until 12:03PM
Brahma Until 1:32AM Mon
Kaulava Until 10:36AM
Panchami Until 9:44PM

Ganesha: Clear *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 8:02PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Devaloka Day

Creative Work Amrita Yoga

3

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Gara/Vanija Karana Shashtham Titau

Milan, Italy
Sun 4
Sutra 50
Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

Makara Rasi: 20.12 Tithi 21

Gulika 2:17PM – 4:12PM
Yama 10:26AM – 12:21PM
392894469 **Rahu** 6:35AM – 8:31AM

Shravana Until 11:32AM
Indra Until 11:43PM
Gara Until 9:06AM
Shashthi* Until 8:38PM

Ganesha: Purple *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 8:03PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:32AM

Then Creative Work - Siddha Yoga

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saplamyam Titau

Milan, Italy
Sun 5
Sutra 51
Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

Kumbha Rasi: 3.35 Tithi 22

Gulika 12:21PM – 2:17PM
Yama 8:30AM – 10:26AM
392894469 **Rahu** 4:13PM – 6:08PM

Dhanishtha Until 11:38AM
Vaidhriti* Until 10:30PM
Visti Until 8:23AM
Saptami Until 8:18PM

Ganesha: Purple *Sunrise:* 4:39AM
Muruqa: Yellow *Sunset:* 8:04PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 11:38AM

Then Routine Work - Marana Yoga

Retreat Star

Wednesday, June 2, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shalabhishak*/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 6
Sutra 52
Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Kumbha Rasi: 16.33 Tithi 23

Gulika 10:26AM – 12:22PM
Yama 6:34AM – 8:30AM
392894469 **Rahu** 12:22PM – 2:17PM

Shatabhishak Until 12:20PM
Vishkambha* Until 9:54PM
Balava Until 8:27AM
Ashtami* Until 8:45PM

Ganesha: Purple *Sunrise:* 4:39AM
Muruqa: Yellow *Sunset:* 8:05PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:20PM

Then Creative Work - Amrita Yoga

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy
Sun 7
Sutra 53
Plava 5123
Moon 5 - Phase 6 - 7
Navami

Kumbha Rasi: 29.09 Tithi 24

Gulika 8:30AM – 10:26AM
Yama 4:38AM – 6:34AM
312894469 **Rahu** 2:18PM – 4:14PM

Purvaprosarthapada* Until 2:04PM
Priti Until 9:52PM
Taitila Until 9:15AM
Navami* Until 9:53PM

Ganesha: Blue *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 8:05PM
Nataraja: Clear
Moon – Clear
Vaisaka-Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

1	Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy
	Meena Rasi: 11.28	Tithi 25	Gulika 6:34AM – 8:30AM	Uttaraproshtapada Until 4:15PM	Ganesha: Blue	<i>Sunrise:</i> 4:38AM	Sun 8 Sutra 54
			Yama 4:14PM – 6:10PM	Ayushman Until 10:15PM	Muruqa: Yellow	<i>Sunset:</i> 8:06PM	Plava 5123
	312894469	Rahu 10:26AM – 12:22PM		Vanija Until 10:43AM	Nataraja: Clear		Moon 5 - Phase 7 - 8 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 11:37PM	Vaisaka-Vaikasi		Sivaloka Day	


2	Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy
	Meena Rasi: 23.33	Tithi 26	Gulika 4:37AM – 6:33AM	Revati Until 6:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	Sun 9 Sutra 55
			Yama 2:18PM – 4:14PM	Saubhagya Until 11:01PM	Muruqa: Yellow	<i>Sunset:</i> 8:07PM	Plava 5123
	313894461	Rahu 8:30AM – 10:26AM		Bava Until 12:41PM	Nataraja: Yellow		Moon 5 - Phase 7 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 1:48AM Sun	Vaisaka-Vaikasi		Devaloka Day	
Until 6:45PM							
Then Creative Work - Siddha Yoga							

3	Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Milan, Italy
	Mesha Rasi: 5.29	Tithi 27	Gulika 4:15PM – 6:11PM	Ashvini Until 9:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:37AM	Sun 10 Sutra 56
			Yama 12:22PM – 2:19PM	Sobhana Until 12:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 8:08PM	Plava 5123
	323894461	Rahu 6:11PM – 8:08PM		Kaulava Until 3:02PM	Nataraja: Yellow		Moon 5 - Phase 7 - 10 2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 4:16AM Mon	Vaisaka-Vaikasi		Bhuloka Day	
Until 9:54PM						Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga							

4	Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy
	Mesha Rasi: 17.19	Tithi 28	Gulika 2:19PM – 4:15PM	Bharani Until 1:02AM Tue	Ganesha: Blue	<i>Sunrise:</i> 4:36AM	Sun 11 Sutra 57
			Yama 10:26AM – 12:22PM	Athiganda* Until 1:07AM Tue	Muruqa: Yellow	<i>Sunset:</i> 8:08PM	Plava 5123
	323894461	Rahu 6:33AM – 8:29AM		Gara Until 5:36PM	Nataraja: Yellow		Moon 5 - Phase 7 - 11 2nd Phase
Family Home Evening			Trayodashi* Until 6:53AM Tue	Vaisaka-Vaikasi		Bhuloka Day	
Creative Work	Siddha Yoga					Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

5	Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
	Mesha Rasi: 29.05	Tithi 28 – 29	Gulika 12:23PM – 2:19PM	Krittika Until 4:02AM Wed	Ganesha: Red	<i>Sunrise:</i> 4:36AM	Sun 12 Sutra 58
			Yama 8:29AM – 10:26AM	Sukarma Until 2:14AM Wed	Muruqa: Yellow	<i>Sunset:</i> 8:09PM	Plava 5123
	323994461	Rahu 4:16PM – 6:12PM		Visti Until 8:13PM	Nataraja: Yellow		Moon 5 - Phase 7 - 12 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 6:53AM	Vaisaka-Vaikasi		Devaloka Day	

	Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy
	Retreat Star		Gulika 10:26AM – 12:23PM	Rohini Until 7:14AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Sun 13 Sutra 59
	Vrishabha Rasi: 10.52	Tithi 29 – 30	Yama 6:33AM – 8:29AM	Dhriti Until 3:17AM Thu	Muruqa: Yellow	<i>Sunset:</i> 8:10PM	Plava 5123
	333994461		Rahu 12:23PM – 2:20PM	Catuspada Until 10:44PM	Nataraja: Yellow		Moon 5 - Phase 7 - 13 Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 9:28AM	Vaisaka-Vaikasi		Devaloka Day	
Until 7:14AM Thu							
Then Routine Work - Marana Yoga							

	Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy
	Retreat Star		Gulika 8:29AM – 10:26AM	Rohini Until 7:14AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Sun 14 Sutra 60
	Vrishabha Rasi: 22.43	Tithi 30 – 1	Yama 4:36AM – 6:32AM	Shula* Until 4:07AM Fri	Muruqa: Yellow	<i>Sunset:</i> 8:10PM	Plava 5123
	333994461		Rahu 2:20PM – 4:17PM	Kintughna Until 1:03AM Fri	Nataraja: Yellow		Moon 5 - Phase 7 - 14 Prathama
Routine Work	Marana Yoga		Amavasya* Until 11:54AM	Jyeshtha-Vaikasi		Devaloka Day	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

1	Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy
	Mithuna Rasi: 4.38	Tithi 1 – 2	Gulika 6:32AM – 8:29AM	Mrigashira Until 10:02AM	Ganesha: Yellow	Sunrise: 4:35AM	Sun 15 Sutra 61
		333994461	Yama 4:17PM – 6:14PM	Ganda* Until 4:43AM Sat	Muruqa: Yellow	Sunset: 8:11PM	Plava 5123
			Rahu 10:26AM – 12:23PM	Balava Until 3:02AM Sat	Nataraja: Yellow		Moon 5 - Phase 8 - 15 3rd Phase
	Creative Work	Siddha Yoga		Prathama* Until 2:04PM	Moon – Yellow		Devaloka Day
					Jyeshtha-Vaikasi		
2	Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
	Mithuna Rasi: 16.42	Tithi 2 – 3	Gulika 4:35AM – 6:32AM	Ardra Until 12:19PM	Ganesha: Yellow	Sunrise: 4:35AM	Sun 16 Sutra 62
		333994461	Yama 2:20PM – 4:17PM	Vriddhi Until 5:02AM Sun	Muruqa: Yellow	Sunset: 8:11PM	Plava 5123
			Rahu 8:29AM – 10:26AM	Taitila Until 4:37AM Sun	Nataraja: Yellow		Moon 5 - Phase 8 - 16 3rd Phase
	Creative Work	Siddha Yoga		Dvitiya Until 3:52PM	Moon – Yellow		Devaloka Day
					Jyeshtha-Vaikasi		
3	Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy
	Mithuna Rasi: 28.56	Tithi 3 – 4	Gulika 4:18PM – 6:15PM	Punarvasu Until 2:32PM	Ganesha: Red	Sunrise: 4:35AM	Sun 17 Sutra 63
		343994461	Yama 12:24PM – 2:21PM	Dhruva Until 4:57AM Mon	Muruqa: Yellow	Sunset: 8:12PM	Plava 5123
			Rahu 6:15PM – 8:12PM	Vanija Until 5:45AM Mon	Nataraja: Yellow		Moon 5 - Phase 8 - 17 3rd Phase
	Creative Work	Siddha Yoga		Tritiya Until 5:14PM	Moon – Blue		Devaloka Day
					Jyeshtha-Vaikasi		
4	Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti* Karana Chaturthyam Titau				Milan, Italy
	Kataka Rasi: 11.21	Tithi 4	Gulika 2:21PM – 4:18PM	Pushya Until 4:07PM	Ganesha: Red	Sunrise: 4:35AM	Sun 18 Sutra 64
	Family Home Evening		Yama 10:27AM – 12:24PM	Vyaghata* Until 4:30AM Tue	Muruqa: Yellow	Sunset: 8:12PM	Plava 5123
		343994461	Rahu 6:32AM – 8:29AM	Visti Until 6:07PM	Nataraja: Yellow		Moon 5 - Phase 8 - 18 3rd Phase
	Creative Work	Siddha Yoga		Chaturthi* Until 6:07PM	Moon – Blue		Devaloka Day
					Jyeshtha-Vaikasi		
5	Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy
	Kataka Rasi: 24	Tithi 5	Gulika 12:24PM – 2:21PM	Ashlesha* Until 5:03PM	Ganesha: Red	Sunrise: 4:35AM	Sun 19 Sutra 65
		343994461	Yama 8:29AM – 10:27AM	Harshana Until 3:38AM Wed	Muruqa: Yellow	Sunset: 8:13PM	Plava 5123
			Rahu 4:18PM – 6:16PM	Bava Until 6:23AM	Nataraja: Yellow		Moon 5 - Phase 8 - 19 3rd Phase
	Creative Work	Siddha Yoga		Panchami Until 6:29PM	Moon – Blue		Devaloka Day
					Jyeshtha-Ani		
6	Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy
	Simha Rasi: 6.54	Tithi 6	Gulika 10:27AM – 12:24PM	Magha* Until 5:45PM	Ganesha: Blue	Sunrise: 4:35AM	Sun 20 Sutra 66
		353994461	Yama 6:32AM – 8:30AM	Vajra* Until 2:18AM Thu	Muruqa: Yellow	Sunset: 8:13PM	Plava 5123
			Rahu 12:24PM – 2:21PM	Kaulava Until 6:28AM	Nataraja: Yellow		Moon 5 - Phase 8 - 20 3rd Phase
	Creative Work	Siddha Yoga		Shashthi* Until 6:17PM	Moon – Red		Sivaloka Day
	Until 5:45PM				Jyeshtha-Ani		
	Then Creative Work - Amrita Yoga						
Retreat Star	Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy
	Simha Rasi: 20.05	Tithi 7 – 8	Gulika 8:30AM – 10:27AM	Purvaphalguni Until 5:43PM	Ganesha: Blue	Sunrise: 4:35AM	Sun 21 Sutra 67
		353994461	Yama 4:35AM – 6:32AM	Siddhi Until 12:31AM Fri	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
			Rahu 2:22PM – 4:19PM	Visti Until 6:00AM	Nataraja: Yellow		Moon 5 - Phase 8 - 21 3rd Phase
	Creative Work	Siddha Yoga		Saptami Until 5:32PM	Moon – Red		Sivaloka Day
					Jyeshtha-Ani		
Retreat Star	Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyalipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	Kanya Rasi: 3.37	Tithi 8 – 9	Gulika 6:32AM – 8:30AM	Uttaraphalguni Until 4:59PM	Ganesha: Blue	Sunrise: 4:35AM	Sun 22 Sutra 68
		353994461	Yama 4:19PM – 6:17PM	Vyalipata* Until 10:16PM	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
			Rahu 10:27AM – 12:25PM	Balava Until 3:19AM Sat	Nataraja: Yellow		Moon 5 - Phase 8 - 22 Ashtami
	Creative Work	Siddha Yoga		Ashtami* Until 4:11PM	Moon – Red		Sivaloka Day
	Until 4:59PM				Jyeshtha-Ani		
	Then Creative Work - Amrita Yoga						
Retreat Star	Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy
	Kanya Rasi: 17.28	Tithi 9 – 10	Gulika 4:35AM – 6:33AM	Hasta Until 3:58PM	Ganesha: Yellow	Sunrise: 4:35AM	Sun 23 Sutra 69
		363994461	Yama 2:22PM – 4:20PM	Variyan Until 7:33PM	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
			Rahu 8:30AM – 10:27AM	Taitila Until 1:09AM Sun	Nataraja: Yellow		Moon 5 - Phase 8 - 23 Navami
	Routine Work	Marana Yoga		Navami* Until 2:16PM	Moon – Green		Devaloka Day
					Jyeshtha-Ani		

1 Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Milan, Italy Sun 24 Sutra 70 Plava 5123
Tula Rasi: 1.4	Tithi 10 – 11	Gulika 4:20PM – 6:17PM	Chitra Until 2:18PM	Ganesha: White	<i>Sunrise:</i> 4:35AM	
		Yama 12:25PM – 2:22PM	Parigha* Until 4:27PM	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - 24
364994461		Rahu 6:17PM – 8:15PM	Vanija Until 10:30PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:51AM	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
		Father's Day		Jyeshtha-Ani		

2 Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 25 Sutra 71 Plava 5123
Tula Rasi: 16.11	Tithi 11 – 12	Gulika 2:23PM – 4:20PM	Svati Until 12:05PM	Ganesha: White	<i>Sunrise:</i> 4:35AM	
		Yama 10:28AM – 12:25PM	Shiva Until 1:00PM	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - 25
364994461		Rahu 6:33AM – 8:30AM	Bava Until 7:28PM	Nataraja: Yellow		4th Phase
Family Home Evening	Amrita Yoga		Ekadashi Until 9:01AM	Moon – Green		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 12:05PM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

3 Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy Sun 26 Sutra 72 Plava 5123
Vrischika Rasi: 0.57	Tithi 13	Gulika 12:25PM – 2:23PM	Vishakha Until 9:49AM	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	
		Yama 8:31AM – 10:28AM	Siddha Until 9:17AM	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - 26
374994461		Rahu 4:20PM – 6:18PM	Kaulava Until 4:11PM	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 2:27AM Wed	Moon – Orange		Devaloka Day
Until 9:49AM				Jyeshtha-Ani		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy Sun 27 Sutra 73 Plava 5123
Vrischika Rasi: 15.53	Tithi 14	Gulika 10:28AM – 12:26PM	Anuradha Until 7:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:36AM	
		Yama 6:33AM – 8:31AM	Subha Until 1:32AM Thu	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - 27
374994461		Rahu 12:26PM – 2:23PM	Gara Until 12:44PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:00PM	Moon – Orange		Devaloka Day
				Jyeshtha-Ani		

Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla Yoga Visti/Bava Karana Purnimayam Titau				Milan, Italy Sun 28 Sutra 74 Plava 5123
Copper Retreat Star		Gulika 8:31AM – 10:28AM	Mula* Until 2:07AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:36AM	
Dhanus Rasi: 0.51	Tithi 15	Yama 4:36AM – 6:34AM	Sukla Until 9:41PM	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - Purnima
384994461		Rahu 2:23PM – 4:21PM	Visti Until 9:18AM	Nataraja: Yellow		
Creative Work	Siddha Yoga		Purnima* Until 7:37PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:07AM Fri				Jyeshtha-Ani		
Then Routine Work - Prabalarishta Yoga						

Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Brahma Yoga Balava/Taitila Karana Prathama/Dvityayam Titau				Milan, Italy Sun 29 Sutra 75 Plava 5123
Silver Retreat Star		Gulika 6:34AM – 8:31AM	Purvashadha* Until 11:53PM	Ganesha: Purple	<i>Sunrise:</i> 4:37AM	
Dhanus Rasi: 15.43	Tithi 16 – 17	Yama 4:21PM – 6:18PM	Brahma Until 6:04PM	Muruqa: Yellow	<i>Sunset:</i> 8:15PM	Moon 5 - Phase 9 - Prathama
384994461		Rahu 10:29AM – 12:26PM	Balava Until 6:01AM	Nataraja: Yellow		
Routine Work	Prabalarishta Yoga		Prathama* Until 4:28PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 11:53PM				Jyeshtha-Ani		
Then Routine Work - Marana Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Milan, Italy on 5/23/19

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Saturday, June 26, 2021
Gold Retreat Star

Makara Rasi: 0.22 Tithi 17 - 18

384994461

Routine Work Marana Yoga

Until 9:56PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 76

Plava 5123

Moon 6 - Phase 10 - 1

1st Phase

Gulika 4:37AM - 6:34AM

Yama 2:24PM - 4:21PM

Rahu 8:32AM - 10:29AM

Uttarashadha Until 9:56PM

Indra Until 2:46PM

Vanija Until 12:30AM Sun

Dvitiya Until 1:41PM

Ganesha: Purple Sunrise: 4:37AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Makara Rasi: 14.4 Tithi 18 - 19

394994461

Creative Work Amrita Yoga

Until 8:51PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 77

Plava 5123

Moon 6 - Phase 10 - 2

1st Phase

Gulika 4:21PM - 6:18PM

Yama 12:26PM - 2:24PM

Rahu 6:18PM - 8:15PM

Shravana Until 8:51PM

Vaidhriti* Until 11:53AM

Bava Until 10:32PM

Tritiya Until 11:25AM

Ganesha: Clear Sunrise: 4:37AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

2

Monday, June 28, 2021

Makara Rasi: 28.34 Tithi 19 - 20

394994461

Family Home Evening

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sun 3 Sutra 78

Plava 5123

Moon 6 - Phase 10 - 3

1st Phase

Gulika 2:24PM - 4:21PM

Yama 10:29AM - 12:27PM

Rahu 6:35AM - 8:32AM

Dhanishtha Until 8:19PM

Vishkambha* Until 9:33AM

Kaulava Until 9:17PM

Chaturthi* Until 9:48AM

Ganesha: Clear Sunrise: 4:38AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

3

Tuesday, June 29, 2021

Kumbha Rasi: 12.02 Tithi 20 - 21

394994461

Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sun 4 Sutra 79

Plava 5123

Moon 6 - Phase 10 - 4

1st Phase

Gulika 12:27PM - 2:24PM

Yama 8:33AM - 10:30AM

Rahu 4:21PM - 6:18PM

Shatabhishak Until 8:24PM

Priti Until 7:50AM

Gara Until 8:49PM

Panchami Until 8:56AM

Ganesha: Clear Sunrise: 4:38AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Devaloka Day

4

Wednesday, June 30, 2021

Kumbha Rasi: 25.04 Tithi 21 - 22

314994461

Creative Work Amrita Yoga

Until 9:34PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sun 5 Sutra 80

Plava 5123

Moon 6 - Phase 10 - 5

1st Phase

Gulika 10:30AM - 12:27PM

Yama 6:36AM - 8:33AM

Rahu 12:27PM - 2:24PM

Purvaproshtapada* Until 9:34PM

Ayushman Until 6:44AM

Visti Until 9:09PM

Shashthi* Until 8:52AM

Ganesha: Yellow Sunrise: 4:39AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

5

Thursday, July 1, 2021

Retreat Star

Meena Rasi: 7.43 Tithi 22 - 23

314994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 6 Sutra 81

Plava 5123

Moon 6 - Phase 10 - 6

Ashtami

Gulika 8:33AM - 10:30AM

Yama 4:39AM - 6:36AM

Rahu 2:24PM - 4:21PM

Uttaraproshtapada Until 11:20PM

Saubhagya Until 6:16AM

Balava Until 10:14PM

Saptami Until 9:35AM

Ganesha: Yellow Sunrise: 4:39AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Devaloka Day

Friday, July 2, 2021

Retreat Star

Meena Rasi: 20.03 Tithi 23 - 24

315994461

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 7 Sutra 82

Plava 5123

Moon 6 - Phase 10 - 7

Navami

Gulika 6:37AM - 8:34AM

Yama 4:21PM - 6:18PM

Rahu 10:30AM - 12:27PM

Revati Until 1:33AM Sat

Sobhana Until 6:23AM

Taitila Until 11:59PM

Ashtami* Until 11:01AM

Ganesha: White Sunrise: 4:40AM

Muruqa: Yellow Sunset: 8:15PM

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sivaloka Day

1		Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy
Mesha Rasi: 2.08	Tithi 24 – 25	Gulika 4:40AM – 6:37AM	Ashvini Until 4:34AM Sun	Ganesha: Yellow	Sunrise: 4:40AM	Sutra 83
		Yama 2:24PM – 4:21PM	Athiganda* Until 6:56AM	Muruqa: Yellow	Sunset: 8:15PM	Plava 5123
		Rahu 8:34AM – 10:31AM	Vanija Until 2:13AM Sun	Nataraja: Yellow		Moon 6 - Phase 11 - 8
			Navami* Until 1:02PM	Moon – White		2nd Phase
Creative Work	Siddha Yoga			Jyeshtha-Ani		Devaloka Day
Until 4:34AM Sun						
Then Routine Work - Prabalarishta Yoga						


2		Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy
Mesha Rasi: 14.02	Tithi 25 – 26	Gulika 4:21PM – 6:18PM	Bharani Until 7:39AM Mon	Ganesha: Yellow	Sunrise: 4:41AM	Sutra 84
		Yama 12:28PM – 2:24PM	Sukarma Until 7:50AM	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
		Rahu 6:18PM – 8:14PM	Bava Until 4:43AM Mon	Nataraja: Yellow		Moon 6 - Phase 11 - 9
			Dashami Until 3:25PM	Moon – White		2nd Phase
Routine Work	Prabalarishta Yoga			Jyeshtha-Ani		Devaloka Day
Until 7:39AM Mon						
Then Routine Work - Marana Yoga						

3		Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Balava Karana Ekadashyam Titau		Milan, Italy
Mesha Rasi: 25.5	Tithi 26	Gulika 2:24PM – 4:21PM	Bharani Until 7:39AM	Ganesha: Yellow	Sunrise: 4:42AM	Sutra 85
Family Home Evening		Yama 10:31AM – 12:28PM	Dhriti Until 8:56AM	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
		Rahu 6:38AM – 8:35AM	Balava Until 6:00PM	Nataraja: Yellow		Moon 6 - Phase 11 - 10
			Ekadashi* Until 6:00PM	Moon – White		2nd Phase
Creative Work	Siddha Yoga			Jyeshtha-Ani		Devaloka Day
Until 7:39AM						
Then Routine Work - Marana Yoga						

4		Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Milan, Italy
Vrisabha Rasi: 7.38	Tithi 27	Gulika 12:28PM – 2:24PM	Krittika Until 10:38AM	Ganesha: White	Sunrise: 4:42AM	Sutra 86
		Yama 8:35AM – 10:32AM	Shula* Until 10:02AM	Muruqa: Yellow	Sunset: 8:14PM	Plava 5123
		Rahu 4:21PM – 6:17PM	Kaulava Until 7:18AM	Nataraja: Yellow		Moon 6 - Phase 11 - 11
			Dvadashi* Until 8:32PM	Moon – White		2nd Phase
Creative Work	Siddha Yoga			Jyeshtha-Ani		Sivaloka Day
Until 10:38AM						
Then Creative Work - Amrita Yoga						

5		Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau		Milan, Italy
Vrisabha Rasi: 19.28	Tithi 28	Gulika 10:32AM – 12:28PM	Rohini Until 1:48PM	Ganesha: Yellow	Sunrise: 4:43AM	Sutra 87
		Yama 6:39AM – 8:36AM	Ganda* Until 11:02AM	Muruqa: Yellow	Sunset: 8:13PM	Plava 5123
		Rahu 12:28PM – 2:24PM	Gara Until 9:46AM	Nataraja: Yellow		Moon 6 - Phase 11 - 12
			Trayodashi* Until 10:52PM	Moon – Yellow		2nd Phase
Creative Work	Siddha Yoga			Jyeshtha-Ani		Devaloka Day
Until 10:52PM						
			<i>Pradosha Vrata (Fasting)</i>			

6		Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Milan, Italy
Mithuna Rasi: 1.23	Tithi 29	Gulika 8:36AM – 10:32AM	Mrigashira Until 4:29PM	Ganesha: Yellow	Sunrise: 4:44AM	Sutra 88
		Yama 4:44AM – 6:40AM	Vridhi Until 11:49AM	Muruqa: Yellow	Sunset: 8:13PM	Plava 5123
		Rahu 2:24PM – 4:21PM	Visti Until 11:55AM	Nataraja: Yellow		Moon 6 - Phase 11 - 13
			Chaturdashi* Until 12:50AM Fri	Moon – Yellow		2nd Phase
Routine Work	Marana Yoga			Jyeshtha-Ani		Devaloka Day
Until 12:50AM Fri						

		Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Milan, Italy
Retreat Star		Gulika 6:41AM – 8:37AM	Ardra Until 6:36PM	Ganesha: Yellow	Sunrise: 4:45AM	Sutra 89
Mithuna Rasi: 13.29	Tithi 30	Yama 4:20PM – 6:16PM	Dhruva Until 12:15PM	Muruqa: Yellow	Sunset: 8:12PM	Plava 5123
		Rahu 10:33AM – 12:29PM	Catuspada Until 1:40PM	Nataraja: Yellow		Moon 6 - Phase 11 - 14
			Amavasya* Until 2:20AM Sat	Moon – Yellow		Amavasya
Creative Work	Siddha Yoga			Jyeshtha-Ani		Devaloka Day
Until 2:20AM Sat						

Saturday, July 10, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau		Milan, Italy
Mithuna Rasi: 25.46	Tithi 1	Gulika 4:45AM – 6:41AM	Punarvasu Until 8:34PM	Ganesha: Red	Sunrise: 4:45AM	Sutra 90
		Yama 2:24PM – 4:20PM	Vyaghata* Until 12:20PM	Muruqa: Yellow	Sunset: 8:12PM	Plava 5123
		Rahu 8:37AM – 10:33AM	Kintughna Until 2:55PM	Nataraja: Yellow		Moon 6 - Phase 11 - 15
			Prathama* Until 3:21AM Sun	Moon – Blue		Prathama
Creative Work	Siddha Yoga			Ashada-Ani		Devaloka Day
Until 3:21AM Sun						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 16 Sutra 91
	Kataka Rasi: 8.16	Tithi 2	Gulika 4:20PM – 6:16PM	Pushya Until 9:53PM	Ganesha: Red	<i>Sunrise:</i> 4:46AM	Plava 5123
			Yama 12:29PM – 2:24PM	Harshana Until 12:02PM	Muruqa: Yellow	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12 - 16
	Creative Work	Siddha Yoga	445194461 Rahu 6:16PM – 8:11PM	Balava Until 3:41PM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 3:52AM Mon	Moon – Blue		Devaloka Day	
				Ashada*Ani			

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 17 Sutra 92
	Kataka Rasi: 20.59	Tithi 3	Gulika 2:24PM – 4:20PM	Ashlesha* Until 10:35PM	Ganesha: Blue	<i>Sunrise:</i> 4:47AM	Plava 5123
	Family Home Evening		Yama 10:33AM – 12:29PM	Vajra* Until 11:20AM	Muruqa: Yellow	<i>Sunset:</i> 8:11PM	Moon 6 - Phase 12 - 17
	Creative Work	Siddha Yoga	446194461 Rahu 6:42AM – 8:38AM	Taitila Until 3:58PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 3:55AM Tue	Moon – Blue		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Milan, Italy Sun 18 Sutra 93
	Simha Rasi: 3.56	Tithi 4	Gulika 12:29PM – 2:24PM	Magha* Until 11:10PM	Ganesha: Blue	<i>Sunrise:</i> 4:48AM	Plava 5123
			Yama 8:38AM – 10:34AM	Siddhi Until 10:17AM	Muruqa: Yellow	<i>Sunset:</i> 8:10PM	Moon 6 - Phase 12 - 18
	Creative Work	Siddha Yoga	456194461 Rahu 4:20PM – 6:15PM	Vanija Until 3:48PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 3:33AM Wed	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy Sun 19 Sutra 94
	Simha Rasi: 17.06	Tithi 5	Gulika 10:34AM – 12:29PM	Purvaphalguni Until 11:11PM	Ganesha: Blue	<i>Sunrise:</i> 4:49AM	Plava 5123
			Yama 6:44AM – 8:39AM	Vyatipata* Until 8:54AM	Muruqa: Yellow	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12 - 19
	Creative Work	Amrita Yoga	456194461 Rahu 12:29PM – 2:24PM	Bava Until 3:13PM	Nataraja: Yellow		3rd Phase
			Panchami Until 2:46AM Thu	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy Sun 20 Sutra 95
	Kanya Rasi: 0.29	Tithi 6	Gulika 8:39AM – 10:34AM	Uttaraphalguni Until 10:41PM	Ganesha: Blue	<i>Sunrise:</i> 4:50AM	Plava 5123
			Yama 4:50AM – 6:45AM	Variyan Until 7:11AM	Muruqa: Yellow	<i>Sunset:</i> 8:09PM	Moon 6 - Phase 12 - 20
		Amrita Yoga	456194461 Rahu 2:24PM – 4:19PM	Kaulava Until 2:15PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 1:37AM Fri	Moon – Red		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy Sun 21 Sutra 96
	Kanya Rasi: 14.04	Tithi 7	Gulika 6:45AM – 8:40AM	Hasta Until 10:07PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Plava 5123
			Yama 4:19PM – 6:13PM	Shiva Until 2:53AM Sat	Muruqa: Yellow	<i>Sunset:</i> 8:08PM	Moon 6 - Phase 12 - 21
	Creative Work	Amrita Yoga	466194461 Rahu 10:35AM – 12:29PM	Gara Until 12:55PM	Nataraja: Yellow		3rd Phase
			Saptami Until 12:05AM Sat	Moon – Green		Devaloka Day	
				Ashada*Adi			

D	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy Sun 22 Sutra 97
	Retreat Star		Gulika 4:52AM – 6:46AM	Chitra Until 9:02PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Plava 5123
	Kanya Rasi: 27.53	Tithi 8	Yama 2:24PM – 4:18PM	Siddha Until 12:17AM Sun	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 6 - Phase 12 - 22
			466195462 Rahu 8:40AM – 10:35AM	Visti Until 11:13AM	Nataraja: White		Ashtami
			Ashtami* Until 10:13PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			

D	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy Sun 23 Sutra 98
	Retreat Star		Gulika 4:18PM – 6:12PM	Svati Until 7:30PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Plava 5123
	Tula Rasi: 11.55	Tithi 9	Yama 12:29PM – 2:24PM	Sadhya Until 9:25PM	Muruqa: White	<i>Sunset:</i> 8:06PM	Moon 6 - Phase 12 - 23
			466195462 Rahu 6:12PM – 8:06PM	Balava Until 9:10AM	Nataraja: White		Navami
			Navami* Until 8:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Adi			


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau			Milan, Italy Sutra 99
Tula Rasi: 26.1	Tithi 10 - 11	Gulika	2:24PM - 4:18PM	Vishakha Until 5:56PM	Ganesha: Yellow	<i>Sunrise: 4:53AM</i>	Plava 5123
Family Home Evening	477195462	Rahu	6:47AM - 8:41AM	Subha Until 6:20PM	Muruqa: White	<i>Sunset: 8:06PM</i>	Moon 6 - Phase 13 - 24
Routine Work	Marana Yoga			Taitila Until 6:49AM	Nataraja: White		4th Phase
Until 5:56PM				Dashami Until 5:31PM	Moon - Orange		Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi		

2		Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Milan, Italy Sutra 100
Vrischika Rasi: 10.35	Tithi 11 - 12	Gulika	12:30PM - 2:23PM	Anuradha Until 4:01PM	Ganesha: Yellow	<i>Sunrise: 4:54AM</i>	Plava 5123
477195462		Rahu	4:17PM - 6:11PM	Sukla Until 3:02PM	Muruqa: White	<i>Sunset: 8:05PM</i>	Moon 6 - Phase 13 - 25
Creative Work	Siddha Yoga			Bava Until 1:23AM Wed	Nataraja: White		4th Phase
Until 4:01PM				Ekadashi Until 2:47PM	Moon - Orange		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi		

3		Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha/Mula Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Milan, Italy Sutra 101
Vrischika Rasi: 25.09	Tithi 12 - 13	Gulika	10:36AM - 12:30PM	Jyeshtha* Until 1:49PM	Ganesha: Yellow	<i>Sunrise: 4:55AM</i>	Plava 5123
477195462		Rahu	12:30PM - 2:23PM	Brahma Until 11:37AM	Muruqa: White	<i>Sunset: 8:04PM</i>	Moon 6 - Phase 13 - 26
Creative Work	Siddha Yoga			Kaulava Until 10:28PM	Nataraja: White		4th Phase
Until 1:49PM				Dvadashi Until 11:55AM	Moon - Orange		Subha Sivaloka Day
Then Routine Work - Marana Yoga					Ashada*Adi		

4		Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula/Purvashadha Nakshatra Indra/Vaidhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Milan, Italy Sutra 102
Dhanus Rasi: 9.46	Tithi 13 - 14	Gulika	8:43AM - 10:36AM	Mula* Until 11:51AM	Ganesha: White	<i>Sunrise: 4:56AM</i>	Plava 5123
487195462		Rahu	2:23PM - 4:16PM	Indra Until 8:12AM	Muruqa: White	<i>Sunset: 8:03PM</i>	Moon 6 - Phase 13 - 27
Creative Work	Siddha Yoga			Gara Until 7:35PM	Nataraja: White		4th Phase
				Trayodashi Until 9:00AM	Moon - Light Blue		Subha Subha Sivaloka Day
					Ashada*Adi		

		Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vishkambha Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			Milan, Italy Sutra 103
Copper Retreat Star		Gulika	6:51AM - 8:44AM	Purvashadha* Until 9:51AM	Ganesha: White	<i>Sunrise: 4:58AM</i>	Plava 5123
Dhanus Rasi: 24.2	Tithi 14 - 15	Rahu	10:37AM - 12:30PM	Vishkambha* Until 1:36AM Sat	Muruqa: White	<i>Sunset: 8:02PM</i>	Moon 6 - Phase 13 - Purnima
Routine Work	Prabalarishta Yoga			Bava Until 3:33AM Sat	Nataraja: White		
Until 9:51AM				Chaturdashi* Until 6:10AM	Moon - Light Blue		Subha Subha Sivaloka Day
Then Routine Work - Marana Yoga		Satguru Purnima			Ashada*Adi		

Silver Retreat Star		Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau			Milan, Italy Sutra 104
Silver Retreat Star		Gulika	4:59AM - 6:51AM	Uttarashadha Until 7:58AM	Ganesha: White	<i>Sunrise: 4:59AM</i>	Plava 5123
Makara Rasi: 8.44	Tithi 16	Rahu	8:44AM - 10:37AM	Priti Until 10:41PM	Muruqa: White	<i>Sunset: 8:01PM</i>	Moon 6 - Phase 13 - Prathama
Routine Work	Marana Yoga			Balava Until 2:24PM	Nataraja: White		
Until 7:58AM				Prathama* Until 1:18AM Sun	Moon - Light Blue		Subha Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada*Adi		



Sunday, July 25, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sun 1
Sutra 105
Plava 5123
Moon 7 - Phase 14 - 1
1st Phase

Makara Rasi: 22.53 Titithi 17
498195462
Creative Work Amrita Yoga
Until 6:44AM
Then Routine Work - Marana Yoga

Gulika 4:15PM – 6:07PM
Yama 12:30PM – 2:22PM
Rahu 6:07PM – 8:00PM

Shravana Until 6:44AM
Ayushman Until 8:09PM
Taitila Until 12:22PM
Dvitiya Until 11:32PM

Ganesha: White *Sunrise:* 5:00AM
Muruqa: White *Sunset:* 8:00PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

1

Monday, July 26, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy
Sun 2
Sutra 106
Plava 5123
Moon 7 - Phase 14 - 2
1st Phase

Kumbha Rasi: 6.43 Titithi 18
498195462
Family Home Evening
Creative Work Siddha Yoga
Until 5:33AM Tue
Then Routine Work - Marana Yoga

Gulika 2:22PM – 4:14PM
Yama 10:37AM – 12:30PM
Rahu 6:53AM – 8:45AM

Shatabhishak Until 5:33AM Tue
Saubhagya Until 6:06PM
Vanija Until 10:54AM
Tritiya Until 10:24PM

Ganesha: White *Sunrise:* 5:01AM
Muruqa: White *Sunset:* 7:59PM
Nataraja: White
Moon – Purple
Ashada-Adi

Sivaloka Day

2

Tuesday, July 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprossthapada* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 3
Sutra 107
Plava 5123
Moon 7 - Phase 14 - 3
1st Phase

Kumbha Rasi: 20.09 Titithi 19
418295462
Routine Work Marana Yoga
Until 6:15AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:30PM – 2:22PM
Yama 8:46AM – 10:38AM
Rahu 4:14PM – 6:06PM

Purvaprossthapada* Until 6:15AM Wed
Sobhana Until 4:39PM
Bava Until 10:07AM
Chaturthi* Until 9:59PM

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: White *Sunset:* 7:58PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

3

Wednesday, July 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy
Sun 4
Sutra 108
Plava 5123
Moon 7 - Phase 14 - 4
1st Phase

Meena Rasi: 3.11 Titithi 20
418295462
Creative Work Amrita Yoga
Until 6:15AM
Then Creative Work - Siddha Yoga

Gulika 10:38AM – 12:30PM
Yama 6:55AM – 8:46AM
Rahu 12:30PM – 2:21PM

Purvaprossthapada* Until 6:15AM
Athiganda* Until 3:46PM
Kaulava Until 10:05AM
Panchami Until 10:21PM

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: White *Sunset:* 7:56PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

4

Thursday, July 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprossthapada/Revati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy
Sun 5
Sutra 109
Plava 5123
Moon 7 - Phase 14 - 5
1st Phase

Meena Rasi: 15.51 Titithi 21
418295462
Creative Work Siddha Yoga

Gulika 8:47AM – 10:38AM
Yama 5:04AM – 6:55AM
Rahu 2:21PM – 4:12PM

Uttaraprossthapada Until 7:33AM
Sukarma Until 3:31PM
Gara Until 10:50AM
Shashthi* Until 11:27PM

Ganesha: Yellow *Sunrise:* 5:04AM
Muruqa: White *Sunset:* 7:55PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

5

Friday, July 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy
Sun 6
Sutra 110
Plava 5123
Moon 7 - Phase 14 - 6
1st Phase

Meena Rasi: 28.11 Titithi 22
418295462
Creative Work Siddha Yoga
Until 9:23AM
Then Creative Work - Amrita Yoga

Gulika 6:56AM – 8:47AM
Yama 4:12PM – 6:03PM
Rahu 10:39AM – 12:30PM

Revati Until 9:23AM
Dhriti Until 3:48PM
Visti Until 12:17PM
Saptami Until 1:13AM Sat

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 7:54PM
Nataraja: White
Moon – Clear
Ashada-Adi

Subha Sivaloka Day

Retreat Star

Saturday, July 31, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 7
Sutra 111
Plava 5123
Moon 7 - Phase 14 - 7
Ashtami

Mesha Rasi: 10.16 Titithi 23
428215462
Creative Work Siddha Yoga

Gulika 5:06AM – 6:57AM
Yama 2:20PM – 4:11PM
Rahu 8:48AM – 10:39AM

Ashvini Until 12:07PM
Shula* Until 4:30PM
Balava Until 2:19PM
Ashtami* Until 3:28AM Sun

Ganesha: Blue *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 7:53PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Subha Sivaloka Day

Sunday, August 1, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy
Sun 8
Sutra 112
Plava 5123
Moon 7 - Phase 14 - 8
Navami

Mesha Rasi: 22.11 Titithi 24
429215462
Routine Work Prabalarishta Yoga
Until 3:05PM
Then Creative Work - Siddha Yoga

Gulika 4:11PM – 6:01PM
Yama 12:30PM – 2:20PM
Rahu 6:01PM – 7:52PM

Bharani Until 3:05PM
Ganda* Until 5:28PM
Taitila Until 4:43PM
Navami* Until 5:58AM Mon

Ganesha: Red *Sunrise:* 5:07AM
Muruqa: White *Sunset:* 7:52PM
Nataraja: White
Moon – White
Ashada-Adi

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vriddhi Yoga Vanija Karana Dashamyam Titau				Milan, Italy
1					Sun 9	Sutra 113
Vrishabha Rasi: 3.59	Tithi 25	Gulika	2:20PM – 4:10PM	Krittika Until 6:01PM	Ganesha: Red	Sunrise: 5:09AM
Family Home Evening	429215462	Yama	10:39AM – 12:29PM	Vriddhi Until 6:34PM	Muruqa: White	Sunset: 7:50PM
Routine Work	Marana Yoga	Rahu	6:59AM – 8:49AM	Vanija Until 7:16PM	Nataraja: White	Moon 7 - Phase 15 - 9
Until 6:01PM				Dashami Until 8:30AM Tue	Moon – White	2nd Phase
Then Creative Work - Amrita Yoga					Ashada-Adi	Subha Sivaloka Day

Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy
2					Sun 10	Sutra 114
Vrishabha Rasi: 15.49	Tithi 25 – 26	Gulika	12:29PM – 2:19PM	Rohini Until 9:12PM	Ganesha: Green	Sunrise: 5:10AM
	439215462	Yama	8:50AM – 10:39AM	Dhruva Until 7:32PM	Muruqa: White	Sunset: 7:49PM
Creative Work	Amrita Yoga	Rahu	4:09PM – 5:59PM	Bava Until 9:43PM	Nataraja: White	Moon 7 - Phase 15 - 10
Until 9:12PM				Dashami Until 8:30AM	Moon – Yellow	2nd Phase
Then Creative Work - Siddha Yoga					Ashada-Adi	Sivaloka Day

Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy
3					Sun 11	Sutra 115
Vrishabha Rasi: 27.42	Tithi 26 – 27	Gulika	10:40AM – 12:29PM	Mrigashira Until 11:54PM	Ganesha: Green	Sunrise: 5:11AM
	439215462	Yama	7:01AM – 8:50AM	Vyaghata* Until 8:18PM	Muruqa: White	Sunset: 7:48PM
Creative Work	Siddha Yoga	Rahu	12:29PM – 2:19PM	Kaulava Until 11:49PM	Nataraja: White	Moon 7 - Phase 15 - 11
				Ekadashi* Until 10:48AM	Moon – Yellow	2nd Phase
					Ashada-Adi	Sivaloka Day

Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Milan, Italy
4					Sun 12	Sutra 116
Mithuna Rasi: 9.44	Tithi 27 – 28	Gulika	8:51AM – 10:40AM	Ardra Until 1:57AM Fri	Ganesha: Green	Sunrise: 5:12AM
	439215462	Yama	5:12AM – 7:01AM	Harshana Until 8:42PM	Muruqa: White	Sunset: 7:46PM
Routine Work	Marana Yoga	Rahu	2:18PM – 4:08PM	Gara Until 1:26AM Fri	Nataraja: White	Moon 7 - Phase 15 - 12
Until 1:57AM Fri				Dvadashi* Until 12:40PM	Moon – Yellow	2nd Phase
Then Creative Work - Siddha Yoga					Ashada-Adi	Sivaloka Day
						<i>Pradosha Vrata (Fasting)</i>

Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
5					Sun 13	Sutra 117
Mithuna Rasi: 21.59	Tithi 28 – 29	Gulika	7:02AM – 8:51AM	Punarvasu Until 3:46AM Sat	Ganesha: White	Sunrise: 5:13AM
	449215462	Yama	4:07PM – 5:56PM	Vajra* Until 8:38PM	Muruqa: White	Sunset: 7:45PM
Creative Work	Siddha Yoga	Rahu	10:40AM – 12:29PM	Visti Until 2:28AM Sat	Nataraja: White	Moon 7 - Phase 15 - 13
				Trayodashi* Until 2:00PM	Moon – Blue	2nd Phase
					Ashada-Adi	Sivaloka Day

Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy
Retreat Star					Sun 14	Sutra 118
Kataka Rasi: 4.3	Tithi 29 – 30	Gulika	5:14AM – 7:03AM	Pushya Until 4:50AM Sun	Ganesha: White	Sunrise: 5:14AM
	449215462	Yama	2:18PM – 4:06PM	Siddhi Until 8:07PM	Muruqa: White	Sunset: 7:44PM
Creative Work	Siddha Yoga	Rahu	8:52AM – 10:40AM	Catuspada Until 2:54AM Sun	Nataraja: White	Moon 7 - Phase 15 - 14
				Chaturdashi* Until 2:44PM	Moon – Blue	Amavasya
					Ashada-Adi	Sivaloka Day

Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy
Retreat Star					Sun 15	Sutra 119
Kataka Rasi: 17.17	Tithi 30 – 1	Gulika	4:05PM – 5:54PM	Ashlesha* Until 5:11AM Mon	Ganesha: White	Sunrise: 5:16AM
	449215462	Yama	12:29PM – 2:17PM	Vyatipata* Until 7:08PM	Muruqa: White	Sunset: 7:42PM
Creative Work	Siddha Yoga	Rahu	5:54PM – 7:42PM	Kintughna Until 2:45AM Mon	Nataraja: White	Moon 7 - Phase 15 - 15
Until 5:11AM Mon				Amavasya* Until 2:52PM	Moon – Blue	Prathama
Then Routine Work - Marana Yoga					Sravana-Adi	Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Milan, Italy on 5/23/19

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1		Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy
Simha Rasi: 0.21	Tithi 1 – 2	Gulika	2:17PM – 4:05PM	Magha* Until 5:22AM Tue	Ganesha: Purple <i>Sunrise:</i> 5:17AM	Sun 16 Sutra 120
Family Home Evening	451215462	Yama	10:41AM – 12:29PM	Variyan Until 5:43PM	Muruqa: White <i>Sunset:</i> 7:41PM	Plava 5123
Routine Work	Marana Yoga	Rahu	7:05AM – 8:53AM	Balava Until 2:06AM Tue	Nataraja: White	Moon 7 - Phase 16 - 16
Until 5:22AM Tue				Prathama* Until 2:28PM	Moon – Red	3rd Phase
Then Creative Work - Siddha Yoga					Sravana-Adi	Sivaloka Day

2		Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy
Simha Rasi: 13.41	Tithi 2 – 3	Gulika	12:29PM – 2:16PM	Purvaphalguni Until 5:00AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:18AM	Sun 17 Sutra 121
	451215462	Yama	8:53AM – 10:41AM	Parigha* Until 3:57PM	Muruqa: White <i>Sunset:</i> 7:39PM	Plava 5123
Creative Work	Siddha Yoga	Rahu	4:04PM – 5:51PM	Taitila Until 1:03AM Wed	Nataraja: White	Moon 7 - Phase 16 - 17
Until 5:00AM Wed				Dvitiya Until 1:36PM	Moon – Red	3rd Phase
Then Creative Work - Amrita Yoga					Sravana-Adi	Sivaloka Day

3		Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau		Milan, Italy
Simha Rasi: 27.13	Tithi 3 – 4	Gulika	10:41AM – 12:28PM	Uttaraphalguni Until 4:11AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:19AM	Sun 18 Sutra 122
	451215462	Yama	7:06AM – 8:54AM	Shiva Until 1:55PM	Muruqa: White <i>Sunset:</i> 7:38PM	Plava 5123
Creative Work	Amrita Yoga	Rahu	12:28PM – 2:16PM	Vanija Until 11:41PM	Nataraja: White	Moon 7 - Phase 16 - 18
Until 4:11AM Thu				Tritiya Until 12:23PM	Moon – Red	3rd Phase
Then Routine Work - Marana Yoga					Sravana-Adi	Sivaloka Day

4		Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy
Kanya Rasi: 10.57	Tithi 4 – 5	Gulika	8:54AM – 10:41AM	Hasta Until 3:26AM Fri	Ganesha: Clear <i>Sunrise:</i> 5:20AM	Sun 19 Sutra 123
	461215462	Yama	5:20AM – 7:07AM	Siddha Until 11:38AM	Muruqa: White <i>Sunset:</i> 7:36PM	Plava 5123
Routine Work	Marana Yoga	Rahu	2:15PM – 4:02PM	Bava Until 10:04PM	Nataraja: White	Moon 7 - Phase 16 - 19
Until 3:26AM Fri				Chaturthi* Until 10:53AM	Moon – Green	3rd Phase
Then Creative Work - Siddha Yoga		Nag Panchami			Sravana-Adi	Subha Sivaloka Day

5		Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy
Kanya Rasi: 24.48	Tithi 5 – 6	Gulika	7:08AM – 8:55AM	Chitra Until 2:23AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:22AM	Sun 20 Sutra 124
	461215462	Yama	4:01PM – 5:48PM	Sadhya Until 9:12AM	Muruqa: White <i>Sunset:</i> 7:35PM	Plava 5123
Creative Work	Siddha Yoga	Rahu	10:41AM – 12:28PM	Kaulava Until 8:17PM	Nataraja: White	Moon 7 - Phase 16 - 20
Until 1:03AM Sun				Panchami Until 9:11AM	Moon – Green	3rd Phase
Then Routine Work - Marana Yoga					Sravana-Adi	Subha Sivaloka Day

6		Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy
Tula Rasi: 8.46	Tithi 6 – 7	Gulika	5:23AM – 7:09AM	Svati Until 1:03AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:23AM	Sun 21 Sutra 125
	461215462	Yama	2:14PM – 4:00PM	Subha Until 6:39AM	Muruqa: White <i>Sunset:</i> 7:33PM	Plava 5123
Creative Work	Siddha Yoga	Rahu	8:55AM – 10:42AM	Gara Until 6:22PM	Nataraja: White	Moon 7 - Phase 16 - 21
Until 1:03AM Sun				Shashthi* Until 7:19AM	Moon – Green	3rd Phase
Then Routine Work - Marana Yoga					Sravana-Adi	Subha Sivaloka Day

☾		Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy
Retreat Star		Gulika	4:00PM – 5:45PM	Vishakha Until 11:54PM	Ganesha: White <i>Sunrise:</i> 5:24AM	Sun 22 Sutra 126
Tula Rasi: 22.48	Tithi 8	Yama	12:28PM – 2:14PM	Brahma Until 1:13AM Mon	Muruqa: White <i>Sunset:</i> 7:31PM	Plava 5123
	471215462	Rahu	5:45PM – 7:31PM	Visti Until 4:20PM	Nataraja: White	Moon 7 - Phase 16 - 22
Routine Work	Marana Yoga			Ashtami* Until 3:15AM Mon	Moon – Orange	Ashtami
					Sravana-Adi	Sivaloka Day

☽		Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy
Retreat Star		Gulika	2:13PM – 3:59PM	Anuradha Until 10:31PM	Ganesha: White <i>Sunrise:</i> 5:25AM	Sun 23 Sutra 127
Vrischika Rasi: 6.55	Tithi 9	Yama	10:42AM – 12:27PM	Indra Until 10:25PM	Muruqa: White <i>Sunset:</i> 7:30PM	Plava 5123
Family Home Evening	471215462	Rahu	7:11AM – 8:56AM	Balava Until 2:12PM	Nataraja: White	Moon 7 - Phase 16 - 23
Creative Work	Siddha Yoga			Navami* Until 1:05AM Tue	Moon – Orange	Navami
					Sravana-Avani	Sivaloka Day


Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1		Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy
Vrischika Rasi: 21.04	Tithi 10	Gulika	12:27PM – 2:12PM	Jyeshtha* Until 8:56PM	Ganesha: Clear	Sun 24 Sutra 128
		Yama	8:57AM – 10:42AM	Vaidhriti* Until 7:31PM	Muruqa: White	Plava 5123
		Rahu	3:58PM – 5:43PM	Taitila Until 12:00PM	Nataraja: White	Moon 7 - Phase 17 - 24
Routine Work	Marana Yoga			Dashami Until 10:51PM	Moon – Orange	4th Phase
Until 8:56PM					Subha Sivaloka Day	
Then Creative Work - Amrita Yoga					Sravana-Avani	

2		Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy
Dhanus Rasi: 5.16	Tithi 11	Gulika	10:42AM – 12:27PM	Mula* Until 7:36PM	Ganesha: White	Sun 25 Sutra 129
		Yama	7:12AM – 8:57AM	Vishkambha* Until 4:37PM	Muruqa: White	Plava 5123
		Rahu	12:27PM – 2:12PM	Vanija Until 9:45AM	Nataraja: White	Moon 7 - Phase 17 - 25
Routine Work	Marana Yoga			Ekadashi Until 8:36PM	Moon – Light Blue	4th Phase
Until 7:36PM					Sivaloka Day	
Then Creative Work - Amrita Yoga					Sravana-Avani	

3		Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvodashyam Titau		Milan, Italy
Dhanus Rasi: 19.28	Tithi 12	Gulika	8:58AM – 10:42AM	Purvashadha* Until 6:10PM	Ganesha: Green	Sun 26 Sutra 130
		Yama	5:29AM – 7:13AM	Priti Until 1:46PM	Muruqa: White	Plava 5123
		Rahu	2:11PM – 3:56PM	Bava Until 7:30AM	Nataraja: White	Moon 7 - Phase 17 - 26
Creative Work	Siddha Yoga			Dvodashi Until 6:24PM	Moon – Light Blue	4th Phase
Until 6:10PM					Sivaloka Day	
Then Routine Work - Marana Yoga					Sravana-Avani	

4		Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy
Makara Rasi: 3.37	Tithi 13 – 14	Gulika	7:14AM – 8:58AM	Uttarashadha Until 4:44PM	Ganesha: Green	Sun 27 Sutra 131
		Yama	3:55PM – 5:39PM	Ayushman Until 10:58AM	Muruqa: White	Plava 5123
		Rahu	10:42AM – 12:27PM	Gara Until 3:23AM Sat	Nataraja: White	Moon 7 - Phase 17 - 27
Routine Work	Marana Yoga			Trayodashi Until 4:19PM	Moon – Light Blue	4th Phase
		Chidambaram Abhishekam			Sivaloka Day	
					Sravana-Avani	
					<i>Pradosha Vrata</i>	

		Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy
Copper Retreat Star		Gulika	5:31AM – 7:15AM	Shravana Until 3:48PM	Ganesha: Yellow	Sutra 132
Makara Rasi: 17.38	Tithi 14 – 15	Yama	2:10PM – 3:54PM	Saubhagya Until 8:21AM	Muruqa: White	Plava 5123
		Rahu	8:59AM – 10:43AM	Visti Until 1:42AM Sun	Nataraja: White	Moon 7 - Phase 17 -
Creative Work	Siddha Yoga			Chaturdashi* Until 2:29PM	Moon – Purple	Purnima
		Raksha Bandhan			Subha Sivaloka Day	
					Sravana-Avani	

Sunday, August 22, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Milan, Italy
Silver Retreat Star		Gulika	3:53PM – 5:36PM	Dhanishtha Until 3:06PM	Ganesha: Yellow	Sutra 133
Kumbha Rasi: 1.29	Tithi 15 – 16	Yama	12:26PM – 2:10PM	Siddhi Until 6:00AM	Muruqa: White	Plava 5123
		Rahu	5:36PM – 7:20PM	Balava Until 12:26AM Mon	Nataraja: White	Moon 7 - Phase 17 -
Routine Work	Marana Yoga			Purnima* Until 12:59PM	Moon – Purple	Prathama
Until 3:06PM		Avani Avittam			Subha Sivaloka Day	
Then Creative Work - Siddha Yoga					Sravana-Avani	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Monday, August 23, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Kumbha Rasi: 15.03 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga
Until 2:43PM
Then Routine Work - Marana Yoga

Gulika 2:09PM – 3:52PM
Yama 10:43AM – 12:26PM
Rahu 7:17AM – 9:00AM

Shatabhishak Until 2:43PM
Sukarma Until 2:25AM Tue
Tailila Until 11:42PM
Prathama* Until 11:58AM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Purple

Sunrise: 5:34AM
Sunset: 7:18PM

Milan, Italy
Sutra 134
Plava 5123
Moon 8 - Phase 18 -
1st Phase

Subha Sivaloka Day

1

Tuesday, August 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kumbha Rasi: 28.19 Tithi 17 – 18
Routine Work Marana Yoga
Until 3:14PM
Then Creative Work - Amrita Yoga

Gulika 12:26PM – 2:08PM
Yama 9:00AM – 10:43AM
Rahu 3:51PM – 5:34PM

Purvaproshtapada* Until 3:14PM
Dhriti Until 1:22AM Wed
Vanija Until 11:36PM
Dvitiya Until 11:33AM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear

Sunrise: 5:35AM
Sunset: 7:16PM

Milan, Italy
Sutra 135
Plava 5123
Moon 8 - Phase 18 - 1
1st Phase

Subha Sivaloka Day

2

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Meena Rasi: 11.14 Tithi 18 – 19
Creative Work Siddha Yoga
Until 4:15PM
Then Routine Work - Marana Yoga

Gulika 10:43AM – 12:25PM
Yama 7:18AM – 9:01AM
Rahu 12:25PM – 2:08PM

Uttaraproshtapada Until 4:15PM
Shula* Until 12:51AM Thu
Bava Until 12:12AM Thu
Tritiya Until 11:47AM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear

Sunrise: 5:36AM
Sunset: 7:15PM

Milan, Italy
Sutra 136
Plava 5123
Moon 8 - Phase 18 - 2
1st Phase

Subha Sivaloka Day

3

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Meena Rasi: 23.5 Tithi 19 – 20
Creative Work Siddha Yoga
Until 5:47PM
Then Creative Work - Amrita Yoga

Gulika 9:01AM – 10:43AM
Yama 5:37AM – 7:19AM
Rahu 2:07PM – 3:49PM

Revati Until 5:47PM
Ganda* Until 12:52AM Fri
Kaulava Until 1:28AM Fri
Chaturthi* Until 12:44PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear

Sunrise: 5:37AM
Sunset: 7:13PM

Milan, Italy
Sutra 137
Plava 5123
Moon 8 - Phase 18 - 3
1st Phase

Subha Sivaloka Day

4

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Mesha Rasi: 6.08 Tithi 20 – 21
Creative Work Amrita Yoga
Until 8:16PM
Then Creative Work - Siddha Yoga

Gulika 7:20AM – 9:02AM
Yama 3:48PM – 5:29PM
Rahu 10:43AM – 12:25PM

Ashvini Until 8:16PM
Vriddhi Until 1:22AM Sat
Gara Until 3:22AM Sat
Panchami Until 2:20PM

Ganesha: White
Muruqa: White
Nataraja: Clear
Moon – White

Sunrise: 5:38AM
Sunset: 7:11PM

Milan, Italy
Sutra 138
Plava 5123
Moon 8 - Phase 18 - 4
1st Phase

Devaloka Day

5

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mesha Rasi: 18.11 Tithi 21 – 22
Creative Work Siddha Yoga
Until 11:04PM
Then Creative Work - Amrita Yoga

Gulika 5:40AM – 7:21AM
Yama 2:06PM – 3:47PM
Rahu 9:02AM – 10:43AM

Bharani Until 11:04PM
Dhruva Until 2:12AM Sun
Visti Until 5:42AM Sun
Shashthi* Until 4:28PM

Ganesha: White
Muruqa: White
Nataraja: Clear
Moon – White

Sunrise: 5:40AM
Sunset: 7:09PM

Milan, Italy
Sutra 139
Plava 5123
Moon 8 - Phase 18 - 5
1st Phase

Devaloka Day

6

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Bava Karana Saptamyam Titau

Vrishabha Rasi: 0.05 Tithi 22
Creative Work Siddha Yoga
Until 1:57AM Mon
Then Creative Work - Amrita Yoga

Gulika 3:46PM – 5:27PM
Yama 12:24PM – 2:05PM
Rahu 5:27PM – 7:07PM

Krittika Until 1:57AM Mon
Vyaghata* Until 3:13AM Mon
Bava Until 6:56PM
Saptami Until 6:56PM

Ganesha: White
Muruqa: White
Nataraja: Clear
Moon – White

Sunrise: 5:41AM
Sunset: 7:07PM

Milan, Italy
Sutra 140
Plava 5123
Moon 8 - Phase 18 - 6
1st Phase

Devaloka Day



Monday, August 30, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Vrishabha Rasi: 11.53 Tithi 23
Family Home Evening
Creative Work Amrita Yoga
Until 5:12AM Tue
Then Creative Work - Siddha Yoga

Gulika 2:04PM – 3:45PM
Yama 10:43AM – 12:24PM
Rahu 7:23AM – 9:03AM

Krishna Janmashtami

Rohini Until 5:12AM Tue
Harshana Until 4:16AM Tue
Balava Until 8:15AM
Ashtami* Until 9:30PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon – Yellow

Sunrise: 5:42AM
Sunset: 7:06PM

Milan, Italy
Sutra 141
Plava 5123
Moon 8 - Phase 18 - 7
Ashtami

Sivaloka Day

Tuesday, August 31, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vajra* Yoga Tailila/Gara Karana Navamyam Titau

Vrishabha Rasi: 23.43 Tithi 24
Creative Work Siddha Yoga

Gulika 12:24PM – 2:04PM
Yama 9:03AM – 10:43AM
Rahu 3:44PM – 5:24PM

Mrigashira Until 8:02AM Wed
Vajra* Until 5:06AM Wed
Tailila Until 10:45AM
Navami* Until 11:53PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon – Yellow

Sunrise: 5:43AM
Sunset: 7:04PM

Milan, Italy
Sutra 142
Plava 5123
Moon 8 - Phase 18 - 8
Navami

Sivaloka Day


1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy
	Mithuna Rasi: 5.38	Tithi 25	Gulika 10:44AM – 12:23PM	Mrigashira Until 8:02AM	Ganesha: Orange <i>Sunrise:</i> 5:45AM	Sun 9	Sutra 143
			Yama 7:24AM – 9:04AM	Siddhi Until 5:36AM Thu	Muruqa: White <i>Sunset:</i> 7:02PM		Plava 5123
	533315463	Rahu 12:23PM – 2:03PM		Vanija Until 12:58PM	Nataraja: Clear	Moon 8 - Phase 19 - 9	2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:52AM Thu	Moon – Yellow	Sivaloka Day		
				Sravana-Avani			

2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy
	Mithuna Rasi: 17.44	Tithi 26	Gulika 9:04AM – 10:44AM	Ardra Until 10:15AM	Ganesha: Orange <i>Sunrise:</i> 5:46AM	Sun 10	Sutra 144
			Yama 5:46AM – 7:25AM	Vyatipata* Until 5:38AM Fri	Muruqa: White <i>Sunset:</i> 7:00PM		Plava 5123
	533315463	Rahu 2:02PM – 3:41PM		Bava Until 2:39PM	Nataraja: Clear	Moon 8 - Phase 19 - 10	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 3:14AM Fri	Moon – Yellow	Sivaloka Day		
Until 10:15AM				Sravana-Avani			
Then Creative Work - Amrita Yoga							

3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau				Milan, Italy
	Kataka Rasi: 0.05	Tithi 27	Gulika 7:26AM – 9:05AM	Punarvasu Until 12:10PM	Ganesha: Light Blue <i>Sunrise:</i> 5:47AM	Sun 11	Sutra 145
			Yama 3:40PM – 5:19PM	Variyan Until 5:05AM Sat	Muruqa: White <i>Sunset:</i> 6:58PM		Plava 5123
	533315463	Rahu 10:44AM – 12:23PM		Kaulava Until 3:41PM	Nataraja: Clear	Moon 8 - Phase 19 - 11	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:55AM Sat	Moon – Blue	Devaloka Day		
Until 12:10PM				Sravana-Avani			
Then Routine Work - Marana Yoga							

4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Milan, Italy
	Kataka Rasi: 12.46	Tithi 28	Gulika 5:48AM – 7:27AM	Pushya Until 1:14PM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM	Sun 12	Sutra 146
			Yama 2:01PM – 3:39PM	Parigha* Until 4:00AM Sun	Muruqa: White <i>Sunset:</i> 6:56PM		Plava 5123
	533315463	Rahu 9:05AM – 10:44AM		Gara Until 4:00PM	Nataraja: Clear	Moon 8 - Phase 19 - 12	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:53AM Sun	Moon – Blue	Devaloka Day		
Until 1:14PM				Sravana-Avani			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy
	Kataka Rasi: 25.47	Tithi 29	Gulika 3:38PM – 5:16PM	Ashlesha* Until 1:28PM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM	Sun 13	Sutra 147
			Yama 12:22PM – 2:00PM	Shiva Until 2:24AM Mon	Muruqa: White <i>Sunset:</i> 6:54PM		Plava 5123
	533315463	Rahu 5:16PM – 6:54PM		Visti Until 3:37PM	Nataraja: Clear	Moon 8 - Phase 19 - 13	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:10AM Mon	Moon – Blue	Devaloka Day		
Until 1:28PM				Sravana-Avani			
Then Routine Work - Marana Yoga							

	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy
	Retreat Star		Gulika 1:59PM – 3:37PM	Magha* Until 1:22PM	Ganesha: Purple <i>Sunrise:</i> 5:51AM	Sun 14	Sutra 148
	Simha Rasi: 9.09	Tithi 30	Yama 10:44AM – 12:22PM	Siddha Until 12:18AM Tue	Muruqa: White <i>Sunset:</i> 6:53PM		Plava 5123
	533315463	Rahu 7:28AM – 9:06AM		Catuspada Until 2:37PM	Nataraja: Clear	Moon 8 - Phase 19 - 14	Amavasya
Family Home Evening	Marana Yoga		Amavasya* Until 1:53AM Tue	Moon – Red	Devaloka Day		
Routine Work				Sravana-Avani			
Until 1:22PM							
Then Creative Work - Siddha Yoga							

Retreat Star	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Milan, Italy
	Simha Rasi: 22.51	Tithi 1	Gulika 12:21PM – 1:59PM	Purvaphalguni Until 12:35PM	Ganesha: Purple <i>Sunrise:</i> 5:52AM	Sun 15	Sutra 149
			Yama 9:06AM – 10:44AM	Sadhya Until 9:50PM	Muruqa: White <i>Sunset:</i> 6:51PM		Plava 5123
	533315463	Rahu 3:36PM – 5:13PM		Kintughna Until 1:05PM	Nataraja: Clear	Moon 8 - Phase 19 - 15	Prathama
Creative Work	Siddha Yoga		Prathama* Until 12:09AM Wed	Moon – Red	Devaloka Day		
Until 12:35PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy Sun 16 Sutra 150 Plava 5123
	Kanya Rasi: 6.48	Tithi 2	Gulika Yama	10:44AM – 12:21PM 7:30AM – 9:07AM	Uttaraphalguni Until 11:17AM Subha Until 7:06PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:53AM Sunset: 6:49PM Moon 8 - Phase 20 - 16 3rd Phase
	Creative Work	Amrita Yoga	563315463	Rahu 12:21PM – 1:58PM	Balava Until 11:10AM Dvitiya Until 10:04PM	Bhadrapada-Avani	Devaloka Day
	Until 11:17AM Then Routine Work - Marana Yoga						

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy Sun 17 Sutra 151 Plava 5123
	Kanya Rasi: 20.58	Tithi 3	Gulika Yama	9:07AM – 10:44AM 5:54AM – 7:31AM	Hasta Until 9:59AM Sukla Until 4:09PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:54AM Sunset: 6:47PM Moon 8 - Phase 20 - 17 3rd Phase
	Routine Work	Marana Yoga	563315463	Rahu 1:57PM – 3:34PM	Taitila Until 8:58AM Tritiya Until 7:48PM	Bhadrapada-Avani	Devaloka Day
	Until 9:59AM Then Creative Work - Siddha Yoga						

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy Sun 18 Sutra 152 Plava 5123
	Tula Rasi: 5.13	Tithi 4 – 5	Gulika Yama	7:32AM – 9:08AM 3:33PM – 5:09PM	Chitra Until 8:25AM Brahma Until 1:08PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:55AM Sunset: 6:45PM Moon 8 - Phase 20 - 18 3rd Phase
	Creative Work	Siddha Yoga	563315463	Rahu 10:44AM – 12:20PM	Vanija Until 6:38AM Chaturthi* Until 5:26PM	Bhadrapada-Avani	Devaloka Day
			Ganesha Chaturthi				

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy Sun 19 Sutra 153 Plava 5123
	Tula Rasi: 19.3	Tithi 5 – 6	Gulika Yama	5:57AM – 7:32AM 1:56PM – 3:31PM	Svati Until 6:40AM Indra Until 10:07AM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:57AM Sunset: 6:43PM Moon 8 - Phase 20 - 19 3rd Phase
	Creative Work	Siddha Yoga	563315463	Rahu 9:08AM – 10:44AM	Kaulava Until 1:56AM Sun Panchami Until 3:04PM	Bhadrapada-Avani	Devaloka Day

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy Sun 20 Sutra 154 Plava 5123
	Vrischika Rasi: 3.46	Tithi 6 – 7	Gulika Yama	3:30PM – 5:06PM 12:20PM – 1:55PM	Anuradha Until 3:49AM Mon Vaidhriti* Until 7:08AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:58AM Sunset: 6:41PM Moon 8 - Phase 20 - 20 3rd Phase
	Routine Work	Marana Yoga	573315463	Rahu 5:06PM – 6:41PM	Gara Until 11:42PM Shashthi* Until 12:47PM	Bhadrapada-Avani	Sivaloka Day
	Until 3:49AM Mon Then Creative Work - Siddha Yoga		Grandparent's Day				

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau				Milan, Italy Sun 21 Sutra 155 Plava 5123
	Retreat Star		Gulika Yama	1:54PM – 3:29PM 10:44AM – 12:19PM	Jyeshtha* Until 2:22AM Tue Priti Until 1:29AM Tue	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sunrise: 5:59AM Sunset: 6:39PM Moon 8 - Phase 20 - 21 Ashtami
	Vrischika Rasi: 17.56	Tithi 7 – 8	573315463	Rahu 7:34AM – 9:09AM	Visi Until 9:37PM Saptami Until 10:37AM	Bhadrapada-Avani	Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 2:22AM Tue Then Creative Work - Amrita Yoga						

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy Sun 22 Sutra 156 Plava 5123
	Retreat Star		Gulika Yama	12:19PM – 1:53PM 9:09AM – 10:44AM	Mula* Until 1:22AM Wed Ayushman Until 10:50PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue	Sunrise: 6:00AM Sunset: 6:37PM Moon 8 - Phase 20 - 22 Navami
	Dhanu Rasi: 2.02	Tithi 8 – 9	583315463	Rahu 3:28PM – 5:03PM	Balava Until 7:41PM Ashtami* Until 8:36AM	Bhadrapada-Avani	Devaloka Day
	Creative Work Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda


1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Milan, Italy
	Dhanus Rasi: 16.01	Tithi 9 – 10	Gulika 10:44AM – 12:18PM	Purvashadha* Until 12:24AM Thu	Ganesha: Green <i>Sunrise: 6:01AM</i>	Sun 23	Sutra 157 Plava 5123
		583315463 Rahu 12:18PM – 1:53PM	Yama 7:36AM – 9:10AM	Saubhagya Until 8:20PM	Muruqa: White <i>Sunset: 6:35PM</i>	Moon 8 - Phase 21 - 23	4th Phase
	Creative Work Amrita Yoga			Gara Until 5:06AM Thu	Nataraja: Clear		
	Until 12:24AM Thu			Navami* Until 6:46AM	Moon – Light Blue	Devaloka Day	
	Then Routine Work - Marana Yoga				Bhadrapada*Avani		


2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy
	Dhanus Rasi: 29.53	Tithi 11	Gulika 9:10AM – 10:44AM	Uttarashadha Until 11:29PM	Ganesha: Green <i>Sunrise: 6:03AM</i>	Sun 24	Sutra 158 Plava 5123
		584415463 Rahu 1:52PM – 3:26PM	Yama 6:03AM – 7:36AM	Sobhana Until 6:00PM	Muruqa: White <i>Sunset: 6:34PM</i>	Moon 8 - Phase 21 - 24	4th Phase
	Routine Work Marana Yoga			Vanija Until 4:22PM	Nataraja: Clear		
	Until 11:29PM			Ekadashi Until 3:39AM Fri	Moon – Light Blue	Devaloka Day	
	Then Creative Work - Siddha Yoga				Bhadrapada*Puratasi		

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy
	Makara Rasi: 13.37	Tithi 12	Gulika 7:37AM – 9:11AM	Shravana Until 11:05PM	Ganesha: Red <i>Sunrise: 6:04AM</i>	Sun 25	Sutra 159 Plava 5123
		594415463 Rahu 10:44AM – 12:18PM	Yama 3:25PM – 4:58PM	Athiganda* Until 3:49PM	Muruqa: White <i>Sunset: 6:32PM</i>	Moon 8 - Phase 21 - 25	4th Phase
	Routine Work Marana Yoga			Bava Until 3:01PM	Nataraja: Clear		
	Until 11:05PM			Dvadashi Until 2:25AM Sat	Moon – Purple	Sivaloka Day	
	Then Creative Work - Siddha Yoga				Bhadrapada*Puratasi		

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailita Karana Trayodashyam Titau				Milan, Italy
	Makara Rasi: 27.13	Tithi 13	Gulika 6:05AM – 7:38AM	Dhanishtha Until 10:50PM	Ganesha: Red <i>Sunrise: 6:05AM</i>	Sun 26	Sutra 160 Plava 5123
		594415463 Rahu 9:11AM – 10:44AM	Yama 1:50PM – 3:24PM	Sukarma Until 1:52PM	Muruqa: White <i>Sunset: 6:30PM</i>	Moon 8 - Phase 21 - 26	4th Phase
	Creative Work Siddha Yoga			Kaulava Until 1:56PM	Nataraja: Clear		
	Until 10:50PM			Trayodashi Until 1:30AM Sun	Moon – Purple	Sivaloka Day	
	Then Creative Work - Amrita Yoga				Bhadrapada*Puratasi		
					<i>Pradosha Vrata</i>		

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy
	Kumbha Rasi: 10.38	Tithi 14	Gulika 3:22PM – 4:55PM	Shatabhishak Until 10:47PM	Ganesha: Red <i>Sunrise: 6:06AM</i>	Sun 27	Sutra 161 Plava 5123
		594415463 Rahu 4:55PM – 6:28PM	Yama 12:17PM – 1:50PM	Dhriti Until 12:12PM	Muruqa: White <i>Sunset: 6:28PM</i>	Moon 8 - Phase 21 - 27	4th Phase
	Creative Work Siddha Yoga			Gara Until 1:12PM	Nataraja: Clear		
				Chidambaram Abhishekam	Moon – Purple	Sivaloka Day	
				Chaturdashi* Until 12:58AM Mon	Bhadrapada*Puratasi		

	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy
	Copper Retreat Star		Gulika 1:49PM – 3:21PM	Purvaproshtpada* Until 11:29PM	Ganesha: Red <i>Sunrise: 6:07AM</i>	Sun 28	Sutra 162 Plava 5123
	Kumbha Rasi: 23.51	Tithi 15	Yama 10:44AM – 12:17PM	Shula* Until 10:50AM	Muruqa: White <i>Sunset: 6:26PM</i>	Moon 8 - Phase 21 - Purnima	
	Family Home Evening	514415463 Rahu 7:40AM – 9:12AM		Visti Until 12:53PM	Nataraja: Clear		
	Routine Work Marana Yoga			Purnima* Until 12:53AM Tue	Moon – Clear	Sivaloka Day	
	Until 11:29PM				Bhadrapada*Puratasi		
	Then Creative Work - Siddha Yoga						

	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy
	Silver Retreat Star		Gulika 12:16PM – 1:48PM	Uttaraproshtpada Until 12:33AM Wed	Ganesha: Red <i>Sunrise: 6:09AM</i>	Sun 29	Sutra 163 Plava 5123
	Meena Rasi: 6.49	Tithi 16	Yama 9:12AM – 10:44AM	Ganda* Until 9:52AM	Muruqa: White <i>Sunset: 6:24PM</i>	Moon 8 - Phase 21 - Prathama	
		514415463 Rahu 3:20PM – 4:52PM		Balava Until 1:03PM	Nataraja: Clear		
	Creative Work Amrita Yoga			Prathama* Until 1:20AM Wed	Moon – Clear	Sivaloka Day	
	Until 12:33AM Wed				Bhadrapada*Puratasi		
	Then Routine Work - Marana Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sun 1
Sutra 164
Plava 5123
Moon 9 - Phase 22 - 1
1st Phase

Meena Rasi: 19.31 Tithi 17

514415463

Gulika 10:44AM – 12:16PM
Yama 7:41AM – 9:13AM
Rahu 12:16PM – 1:47PM

Revati Until 2:01AM Thu
Vriddhi Until 9:20AM
Taitila Until 1:48PM
Dvitiya Until 2:22AM Thu

Ganesha: Red *Sunrise:* 6:10AM
Muruqa: White *Sunset:* 6:22PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Bhadrapada-Puratasi

Routine Work Marana Yoga
Until 2:01AM Thu
Then Creative Work - Amrita Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Milan, Italy
Sun 2
Sutra 165
Plava 5123
Moon 9 - Phase 22 - 2
1st Phase

Mesha Rasi: 1.57 Tithi 18

524415463

Gulika 9:13AM – 10:44AM
Yama 6:11AM – 7:42AM
Rahu 1:47PM – 3:18PM

Ashvini Until 4:22AM Fri
Dhruva Until 9:14AM
Vanija Until 3:08PM
Tritiya Until 3:59AM Fri

Ganesha: Green *Sunrise:* 6:11AM
Muruqa: White *Sunset:* 6:20PM
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada-Puratasi

Creative Work Amrita Yoga
Until 4:22AM Fri
Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Milan, Italy
Sun 3
Sutra 166
Plava 5123
Moon 9 - Phase 22 - 3
1st Phase

Mesha Rasi: 14.09 Tithi 19

524415463

Gulika 7:43AM – 9:14AM
Yama 3:17PM – 4:47PM
Rahu 10:45AM – 12:15PM

Bharani Until 7:02AM Sat
Vyaghata* Until 9:35AM
Bava Until 5:01PM
Chaturthi* Until 6:07AM Sat

Ganesha: Green *Sunrise:* 6:12AM
Muruqa: White *Sunset:* 6:18PM
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada-Puratasi

Creative Work Siddha Yoga
Until 7:02AM Sat
Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy
Sun 4
Sutra 167
Plava 5123
Moon 9 - Phase 22 - 4
1st Phase

Mesha Rasi: 26.08 Tithi 19 – 20

524415463

Gulika 6:14AM – 7:44AM
Yama 1:45PM – 3:16PM
Rahu 9:14AM – 10:45AM

Bharani Until 7:02AM
Harshana Until 10:19AM
Kaulava Until 7:21PM
Chaturthi* Until 6:07AM

Ganesha: Green *Sunrise:* 6:14AM
Muruqa: White *Sunset:* 6:16PM
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada-Puratasi

Creative Work Siddha Yoga
Until 7:02AM
Then Creative Work - Amrita Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy
Sun 5
Sutra 168
Plava 5123
Moon 9 - Phase 22 - 5
1st Phase

Vrishabha Rasi: 8 Tithi 20 – 21

524415463

Gulika 3:14PM – 4:44PM
Yama 12:15PM – 1:44PM
Rahu 4:44PM – 6:14PM

Krittika Until 9:52AM
Vajra* Until 11:16AM
Gara Until 9:57PM
Panchami Until 8:36AM

Ganesha: Green *Sunrise:* 6:15AM
Muruqa: White *Sunset:* 6:14PM
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada-Puratasi

Creative Work Siddha Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Milan, Italy
Sun 6
Sutra 169
Plava 5123
Moon 9 - Phase 22 - 6
1st Phase

Vrishabha Rasi: 19.47 Tithi 21 – 22

634415463

Gulika 1:44PM – 3:13PM
Yama 10:45AM – 12:14PM
Rahu 7:46AM – 9:15AM

Rohini Until 1:11PM
Siddhi Until 12:19PM
Visti Until 12:34AM Tue
Shashthi* Until 11:15AM

Ganesha: Green *Sunrise:* 6:16AM
Muruqa: White *Sunset:* 6:12PM
Nataraja: Clear
Moon – Yellow

Devaloka Day
Bhadrapada-Puratasi

Family Home Evening
Creative Work Amrita Yoga

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saplamy/Ashlamyam Titau

Milan, Italy
Sun 7
Sutra 170
Plava 5123
Moon 9 - Phase 22 - 7
Ashtami

Mithuna Rasi: 2 Tithi 22 – 23

635415463

Gulika 12:14PM – 1:43PM
Yama 9:16AM – 10:45AM
Rahu 3:12PM – 4:41PM

Mrigashira Until 4:13PM
Vyatipata* Until 1:19PM
Balava Until 2:59AM Wed
Saptami Until 1:48PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: White *Sunset:* 6:10PM
Nataraja: Clear
Moon – Yellow

Devaloka Day
Bhadrapada-Puratasi

Creative Work Siddha Yoga
Until 4:13PM
Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 8
Sutra 171
Plava 5123
Moon 9 - Phase 22 - 8
Navami

Mithuna Rasi: 13.31 Tithi 23 – 24

635415463

Gulika 10:45AM – 12:14PM
Yama 7:47AM – 9:16AM
Rahu 12:14PM – 1:42PM

Ardra Until 6:44PM
Variyan Until 2:01PM
Taitila Until 4:55AM Thu
Ashtami* Until 4:00PM

Ganesha: White *Sunrise:* 6:19AM
Muruqa: White *Sunset:* 6:09PM
Nataraja: Clear
Moon – Yellow

Devaloka Day
Bhadrapada-Puratasi

Creative Work Siddha Yoga

1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Milan, Italy Sun 9 Sutra 172
	Mithuna Rasi: 25.37	Tithi 24 – 25	Gulika 9:16AM – 10:45AM	Punarvasu Until 9:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Plava 5123
			Yama 6:20AM – 7:48AM	Parigha* Until 2:19PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 23 - 9
	Creative Work	Amrita Yoga	645415463 Rahu 1:42PM – 3:10PM	Vanija Until 6:13AM Fri	Nataraja: Clear		2nd Phase
			Navami* Until 5:38PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Dashmyam Titau				Milan, Italy Sun 10 Sutra 173
	Kataka Rasi: 7.59	Tithi 25	Gulika 7:49AM – 9:17AM	Pushya Until 10:26PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Plava 5123
			Yama 3:09PM – 4:37PM	Shiva Until 2:06PM	Muruqa: White	<i>Sunset:</i> 6:05PM	Moon 9 - Phase 23 - 10
	Routine Work	Marana Yoga	645415463 Rahu 10:45AM – 12:13PM	Vanija Until 6:13AM	Nataraja: Clear		2nd Phase
			Dashami Until 6:33PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy Sun 11 Sutra 174
	Kataka Rasi: 20.43	Tithi 26	Gulika 6:22AM – 7:50AM	Ashlesha* Until 10:54PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Plava 5123
			Yama 1:40PM – 3:08PM	Siddha Until 1:14PM	Muruqa: White	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 23 - 11
	Routine Work	Marana Yoga	645415463 Rahu 9:17AM – 10:45AM	Bava Until 6:44AM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 6:41PM	Moon – Blue		Sivaloka Day	
						Bhadrapada-Puratasi	

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Milan, Italy Sun 12 Sutra 175
	Simha Rasi: 3.49	Tithi 27	Gulika 3:07PM – 4:34PM	Magha* Until 10:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	Plava 5123
			Yama 12:12PM – 1:39PM	Sadhya Until 11:45AM	Muruqa: White	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 23 - 12
	Routine Work	Marana Yoga	655415463 Rahu 4:34PM – 6:01PM	Kaulava Until 6:28AM	Nataraja: Clear		2nd Phase
			Dvadashi* Until 6:01PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 13 Sutra 176
	Simha Rasi: 17.21	Tithi 28 – 29	Gulika 1:39PM – 3:06PM	Purvaphalguni Until 10:06PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Plava 5123
	Family Home Evening		Yama 10:45AM – 12:12PM	Subha Until 9:41AM	Muruqa: White	<i>Sunset:</i> 5:59PM	Moon 9 - Phase 23 - 13
	Creative Work	Siddha Yoga	655415463 Rahu 7:52AM – 9:18AM	Visti Until 3:43AM Tue	Nataraja: Clear		2nd Phase
			Trayodashi* Until 4:38PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
						<i>Pradosha Vrata (Fasting)</i>	

●	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy Sun 14 Sutra 177
	Retreat Star		Gulika 12:12PM – 1:38PM	Uttaraphalguni Until 8:34PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Plava 5123
	Kanya Rasi: 1.17	Tithi 29 – 30	Yama 9:19AM – 10:45AM	Sukla Until 7:05AM	Muruqa: White	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23 - 14
	Creative Work	Amrita Yoga	655415463 Rahu 3:04PM – 4:31PM	Catuspada Until 1:27AM Wed	Nataraja: Clear		Amavasya
			Chaturdashi* Until 2:37PM	Moon – Red		Devaloka Day	
						Bhadrapada-Puratasi	
						Mahalaya Amavasai (Tamil Nadu)	

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy Sun 15 Sutra 178
	Retreat Star		Gulika 10:45AM – 12:11PM	Hasta Until 6:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM	Plava 5123
	Kanya Rasi: 15.33	Tithi 30 – 1	Yama 7:53AM – 9:19AM	Indra Until 12:43AM Thu	Muruqa: White	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23 - 15
	Routine Work	Marana Yoga	665415463 Rahu 12:11PM – 1:37PM	Kintughna Until 10:48PM	Nataraja: Clear		Prathama
			Amavasya* Until 12:09PM	Moon – Green		Devaloka Day	
						Ashvina-Puratasi	
						Navaratri Begins	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Milan, Italy on 5/23/19

www.gurudeva.org/panchang

1	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy
	Tula Rasi: 0.05	Tithi 1 – 2	Gulika 9:20AM – 10:45AM Yama 6:29AM – 7:54AM Rahu 1:37PM – 3:02PM	Chitra Until 4:45PM Vaidhriti* Until 9:10PM Balava Until 7:53PM Prathama* Until 9:20AM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:29AM Sunset: 5:54PM	Sun 16 Sutra 179 Plava 5123 Moon 9 - Phase 24 - 16 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
Until 4:45PM		Then Creative Work - Amrita Yoga					

2	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha*Priti Yoga Kaulava/Gara Karana Dvitiya/Triliyayam Titau				Milan, Italy
	Tula Rasi: 14.46	Tithi 2 – 3	Gulika 7:55AM – 9:20AM Yama 3:01PM – 4:26PM Rahu 10:46AM – 12:11PM	Svati Until 2:22PM Vishkambha* Until 5:33PM Gara Until 3:20AM Sat Dvitiya Until 6:21AM	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sunrise: 6:30AM Sunset: 5:52PM	Sun 17 Sutra 180 Plava 5123 Moon 9 - Phase 24 - 17 3rd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

3	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Milan, Italy
	Tula Rasi: 29.29	Tithi 4	Gulika 6:31AM – 7:56AM Yama 1:35PM – 3:00PM Rahu 9:21AM – 10:46AM	Vishakha Until 12:16PM Priti Until 1:58PM Vanija Until 1:52PM Chaturthi* Until 12:24AM Sun	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sunrise: 6:31AM Sunset: 5:50PM	Sun 18 Sutra 181 Plava 5123 Moon 9 - Phase 24 - 18 3rd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

4	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy
	Vrischika Rasi: 14.07	Tithi 5	Gulika 2:59PM – 4:24PM Yama 12:10PM – 1:35PM Rahu 4:24PM – 5:48PM	Anuradha Until 10:11AM Ayushman Until 10:29AM Bava Until 11:02AM Panchami Until 9:41PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sunrise: 6:32AM Sunset: 5:48PM	Sun 19 Sutra 182 Plava 5123 Moon 9 - Phase 24 - 19 3rd Phase
	Routine Work	Marana Yoga					Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

5	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy
	Vrischika Rasi: 28.35	Tithi 6	Gulika 1:34PM – 2:58PM Yama 10:46AM – 12:10PM Rahu 7:58AM – 9:22AM	Jyeshtha* Until 8:12AM Saubhagya Until 7:13AM Kaulava Until 8:27AM Shashthi* Until 7:16PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – Orange	Sunrise: 6:34AM Sunset: 5:46PM	Sun 20 Sutra 183 Plava 5123 Moon 9 - Phase 24 - 20 3rd Phase
	Family Home Evening	Siddha Yoga					Sivaloka Day
Then Creative Work - Amrita Yoga							

6	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Milan, Italy
	Dhanus Rasi: 12.5	Tithi 7 – 8	Gulika 12:10PM – 1:33PM Yama 9:22AM – 10:46AM Rahu 2:57PM – 4:21PM	Mula* Until 6:50AM Athiganda* Until 1:33AM Wed Gara Until 6:12AM Saptami Until 5:12PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sunrise: 6:35AM Sunset: 5:44PM	Sun 21 Sutra 184 Plava 5123 Moon 9 - Phase 24 - 21 3rd Phase
	Creative Work	Amrita Yoga					Subha Sivaloka Day
Until 6:50AM		Then Creative Work - Siddha Yoga					

☾	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	Retreat Star		Gulika 10:46AM – 12:09PM Yama 8:00AM – 9:23AM Rahu 12:09PM – 1:33PM	Uttarashadha Until 4:52AM Thu Sukarma Until 11:12PM Balava Until 2:54AM Thu Ashtami* Until 3:33PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sunrise: 6:36AM Sunset: 5:43PM	Sun 22 Sutra 185 Plava 5123 Moon 9 - Phase 24 - 22 Ashtami
	Creative Work	Amrita Yoga					Subha Sivaloka Day
Until 4:52AM Thu		Then Creative Work - Siddha Yoga					


☽	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy
	Retreat Star		Gulika 9:23AM – 10:46AM Yama 6:38AM – 8:00AM Rahu 1:32PM – 2:55PM	Shravana Until 4:43AM Fri Dhriti Until 9:12PM Taitila Until 1:53AM Fri Navami* Until 2:20PM	Ganesha: White Muruqa: White Nataraja: Purple Moon – Purple	Sunrise: 6:38AM Sunset: 5:41PM	Sun 23 Sutra 186 Plava 5123 Moon 9 - Phase 24 - 23 Navami
	Creative Work	Siddha Yoga					Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)					

1		Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 24 Sutra 187 Plava 5123
Makara Rasi: 24.02	Tithi 10 – 11	Gulika 8:01AM – 9:24AM	Dhanishtha Until 4:50AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	
		Yama 2:54PM – 4:17PM	Shula* Until 7:30PM	Muruqa: White	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25 - 24
	697515464	Rahu 10:46AM – 12:09PM	Vanija Until 1:18AM Sat	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Vijaya Dasami	Moon – Purple		Subha Sivaloka Day
Until 4:50AM Sat			Dashami Until 1:31PM			Ashvina•Puratasi
Then Creative Work - Amrita Yoga						

2		Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 25 Sutra 188 Plava 5123
Kumbha Rasi: 7.17	Tithi 11 – 12	Gulika 6:40AM – 8:02AM	Shatabhishak Until 5:13AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
		Yama 1:31PM – 2:53PM	Ganda* Until 6:09PM	Muruqa: White	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25 - 25
	697515464	Rahu 9:24AM – 10:47AM	Bava Until 1:07AM Sun	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Kadaitswami Mahasamadhi	Moon – Purple		Subha Sivaloka Day
Until 5:13AM Sun			Ekadashi Until 1:08PM			Ashvina•Puratasi
Then Creative Work - Siddha Yoga						

3		Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 26 Sutra 189 Plava 5123
Kumbha Rasi: 20.2	Tithi 12 – 13	Gulika 2:52PM – 4:14PM	Purvaprossthapada* Until 6:18AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:42AM	
		Yama 12:09PM – 1:30PM	Vriddhi Until 5:08PM	Muruqa: White	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25 - 26
	617515464	Rahu 4:14PM – 5:36PM	Kaulava Until 1:22AM Mon	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:10PM	Moon – Clear		Subha Sivaloka Day
						Ashvina•Aipasi
						<i>Pradosha Vrata</i>

4		Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Milan, Italy Sun 27 Sutra 190 Plava 5123
Meena Rasi: 3.1	Tithi 13 – 14	Gulika 1:30PM – 2:51PM	Purvaprossthapada* Until 6:18AM	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	
Family Home Evening		Yama 10:47AM – 12:08PM	Dhruva Until 4:26PM	Muruqa: White	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25 - 27
Routine Work	Marana Yoga	Rahu 8:04AM – 9:26AM	Gara Until 2:03AM Tue	Nataraja: Purple		4th Phase
Until 6:18AM			Trayodashi Until 1:38PM	Moon – Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						Ashvina•Aipasi

		Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy Sun 27 Sutra 191 Plava 5123
Copper Retreat Star		Gulika 12:08PM – 1:29PM	Uttaraprossthapada Until 7:41AM	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	
Meena Rasi: 15.47	Tithi 14 – 15	Yama 9:26AM – 10:47AM	Vyaghata* Until 4:05PM	Muruqa: White	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25 -
	617515464	Rahu 2:50PM – 4:11PM	Visti Until 3:12AM Wed	Nataraja: Purple		Purnima
Creative Work	Amrita Yoga		Chaturdashi* Until 2:33PM	Moon – Clear		Subha Sivaloka Day
Until 7:41AM						Ashvina•Aipasi
Then Creative Work - Siddha Yoga						

5		Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Milan, Italy Sun 27 Sutra 192 Plava 5123
Silver Retreat Star		Gulika 10:47AM – 12:08PM	Revati Until 9:20AM	Ganesha: Yellow	<i>Sunrise:</i> 6:46AM	
Meena Rasi: 28.12	Tithi 15 – 16	Yama 8:06AM – 9:27AM	Harshana Until 4:07PM	Muruqa: White	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25 -
	617515464	Rahu 12:08PM – 1:29PM	Balava Until 4:49AM Thu	Nataraja: Purple		Prathama
Routine Work	Marana Yoga		Purnima* Until 3:56PM	Moon – Clear		Subha Sivaloka Day
						Ashvina•Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Thursday, October 21, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy
Sutra 193
Plava 5123

Mesha Rasi: 10.25 Tithi 16 - 17

628515464

Gulika 9:27AM - 10:48AM
Yama 6:47AM - 8:07AM
Rahu 1:28PM - 2:48PM

Ashvini Until 11:45AM
Vajra* Until 4:27PM
Taitila Until 6:52AM Fri
Prathama* Until 5:46PM

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: White *Sunset: 5:29PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 11:45AM

Then Creative Work - Siddha Yoga

1

Friday, October 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy
Sun 1
Sutra 194
Plava 5123

Mesha Rasi: 22.28 Tithi 17

628515464

Gulika 8:08AM - 9:28AM
Yama 2:47PM - 4:07PM
Rahu 10:48AM - 12:08PM

Bharani Until 2:25PM
Siddhi Until 5:07PM
Taitila Until 6:52AM
Dvitiya Until 8:01PM

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: White *Sunset: 5:27PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Ashvina-Aipasi

2

Saturday, October 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Vanija/Visiti* Karana Tritiyayam Titau

Milan, Italy
Sun 2
Sutra 195
Plava 5123

Virshabha Rasi: 4.23 Tithi 18

628515464

Gulika 6:50AM - 8:09AM
Yama 1:27PM - 2:47PM
Rahu 9:29AM - 10:48AM

Krittika Until 5:13PM
Vyatipata* Until 6:02PM
Vanija Until 9:17AM
Tritiya Until 10:34PM

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: White *Sunset: 5:26PM*

Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Amrita Yoga

Ashvina-Aipasi

3

Sunday, October 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy
Sun 3
Sutra 196
Plava 5123

Virshabha Rasi: 16.11 Tithi 19

638515464

Gulika 2:46PM - 4:05PM
Yama 12:07PM - 1:27PM
Rahu 4:05PM - 5:24PM

Rohini Until 8:32PM
Variyan Until 7:03PM
Bava Until 11:56AM
Chaturthi* Until 1:16AM Mon

Ganesha: Purple *Sunrise: 6:51AM*
Muruqa: White *Sunset: 5:24PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashvina-Aipasi

4

Monday, October 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira Nakshatra Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy
Sun 4
Sutra 197
Plava 5123

Virshabha Rasi: 27.58 Tithi 20

638515464

Gulika 1:26PM - 2:45PM
Yama 10:49AM - 12:07PM
Rahu 8:11AM - 9:30AM

Mrigashira Until 11:41PM
Parigha* Until 8:05PM
Kaulava Until 2:39PM
Panchami Until 3:57AM Tue

Ganesha: Purple *Sunrise: 6:52AM*
Muruqa: White *Sunset: 5:22PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Ashvina-Aipasi

Until 11:41PM

Then Creative Work - Siddha Yoga

5

Tuesday, October 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy
Sun 5
Sutra 198
Plava 5123

Mithuna Rasi: 9.46 Tithi 21

638515464

Gulika 12:07PM - 1:26PM
Yama 9:30AM - 10:49AM
Rahu 2:44PM - 4:02PM

Ardra Until 2:28AM Wed
Shiva Until 9:01PM
Gara Until 5:13PM
Shashthi* Until 6:22AM Wed

Ganesha: Purple *Sunrise: 6:54AM*
Muruqa: White *Sunset: 5:21PM*

Nataraja: Purple
Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 2:28AM Wed

Then Creative Work - Siddha Yoga

Ashvina-Aipasi

6

Wednesday, October 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Milan, Italy
Sun 6
Sutra 199
Plava 5123

Mithuna Rasi: 21.4 Tithi 21 - 22

648515464

Gulika 10:49AM - 12:07PM
Yama 8:13AM - 9:31AM
Rahu 12:07PM - 1:25PM

Punarvasu Until 5:11AM Thu
Siddha Until 9:37PM
Visiti Until 7:27PM
Shashthi* Until 6:22AM

Ganesha: Clear *Sunrise: 6:55AM*
Muruqa: White *Sunset: 5:19PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 5:11AM Thu

Then Creative Work - Amrita Yoga

Ashvina-Aipasi



Thursday, October 28, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy
Sun 7
Sutra 200
Plava 5123

Kataka Rasi: 3.44 Tithi 22 - 23

649525464

Gulika 9:32AM - 10:49AM
Yama 6:56AM - 8:14AM
Rahu 1:25PM - 2:42PM

Pushya Until 7:08AM Fri
Sadhya Until 9:48PM
Balava Until 9:07PM
Saptami Until 8:21AM

Ganesha: White *Sunrise: 6:56AM*
Muruqa: Clear *Sunset: 5:18PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 7:08AM Fri

Then Routine Work - Marana Yoga

Ashvina-Aipasi

Friday, October 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy
Sun 8
Sutra 201
Plava 5123

Kataka Rasi: 16.04 Tithi 23 - 24

649525464

Gulika 8:15AM - 9:32AM
Yama 2:42PM - 3:59PM
Rahu 10:50AM - 12:07PM

Pushya Until 7:08AM
Subha Until 9:27PM
Taitila Until 10:05PM
Ashtami* Until 9:41AM

Ganesha: White *Sunrise: 6:58AM*
Muruqa: Clear *Sunset: 5:16PM*

Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Routine Work Marana Yoga

Ashvina-Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


1		Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 9 Sutra 202 Plava 5123	
Kataka Rasi: 28.44	Tithi 24 – 25	Gulika 6:59AM – 8:16AM	Ashlesha* Until 8:12AM	Ganesha: White	<i>Sunrise:</i> 6:59AM	Muruqa: Clear	<i>Sunset:</i> 5:15PM
		Yama 1:24PM – 2:41PM	Sukla Until 8:28PM				Moon 10 - Phase 27 - 9
		649525464 Rahu 9:33AM – 10:50AM	Vanija Until 10:14PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Navami* Until 10:15AM	Moon – Blue		Subha Sivaloka Day	
Until 8:12AM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga							

2		Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Vistii*/Bava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 10 Sutra 203 Plava 5123	
Simha Rasi: 11.47	Tithi 25 – 26	Gulika 2:40PM – 3:57PM	Magha* Until 8:46AM	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM	Muruqa: Clear	<i>Sunset:</i> 5:13PM
		Yama 12:07PM – 1:23PM	Brahma Until 6:49PM				Moon 10 - Phase 27 - 10
		649525464 Rahu 3:57PM – 5:13PM	Bava Until 9:33PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dashami Until 9:59AM	Moon – Red		Sivaloka Day	
Until 8:46AM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

3		Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Milan, Italy Sun 11 Sutra 204 Plava 5123	
Simha Rasi: 25.17	Tithi 26 – 27	Gulika 1:23PM – 2:39PM	Purvaphalguni Until 8:23AM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	Muruqa: Clear	<i>Sunset:</i> 5:12PM
Family Home Evening		Yama 10:51AM – 12:07PM	Indra Until 4:34PM				Moon 10 - Phase 27 - 11
		649525464 Rahu 8:18AM – 9:34AM	Kaulava Until 8:05PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 8:54AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

4		Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talita/Vanija Karana Dvadashi/Trayodashyam Titau		Milan, Italy Sun 12 Sutra 205 Plava 5123	
Kanya Rasi: 9.15	Tithi 27 – 28	Gulika 12:07PM – 1:23PM	Uttaraphalguni Until 7:07AM	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM	Muruqa: Clear	<i>Sunset:</i> 5:10PM
		Yama 9:35AM – 10:51AM	Vaidhriti* Until 1:43PM				Moon 10 - Phase 27 - 12
		649525464 Rahu 2:39PM – 3:54PM	Vanija Until 4:35AM Wed	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 7:03AM	Moon – Red		Sivaloka Day	
Until 7:07AM				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau		Milan, Italy Sun 13 Sutra 206 Plava 5123	
Kanya Rasi: 23.38	Tithi 29	Gulika 10:51AM – 12:07PM	Chitra Until 3:15AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:05AM	Muruqa: Clear	<i>Sunset:</i> 5:09PM
		Yama 8:20AM – 9:36AM	Vishkambha* Until 10:23AM				Moon 10 - Phase 27 - 13
		649525464 Rahu 12:07PM – 1:22PM	Vistii Until 3:11PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:37AM Thu	Moon – Green		Sivaloka Day	
Until 3:15AM Thu		Subramuniaswami Mahasamadhi		Ashvina-Aipasi			
Then Creative Work - Amrita Yoga		Deepavali Hindu Solidarity Day					

		Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Milan, Italy Sun 14 Sutra 207 Plava 5123	
Retreat Star		Gulika 9:36AM – 10:52AM	Svati Until 12:32AM Fri	Ganesha: Red	<i>Sunrise:</i> 7:06AM	Muruqa: Clear	<i>Sunset:</i> 5:07PM
Tula Rasi: 8.22	Tithi 30	Yama 7:06AM – 8:21AM	Priti Until 6:42AM				Moon 10 - Phase 27 - 14
		649525464 Rahu 1:22PM – 2:37PM	Catuspada Until 12:01PM	Nataraja: Purple			Amavasya
Creative Work	Amrita Yoga		Amavasya* Until 10:19PM	Moon – Green		Sivaloka Day	
Until 12:32AM Fri				Ashvina-Aipasi			
Then Creative Work - Siddha Yoga							

Friday, November 5, 2021		Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Milan, Italy Sun 15 Sutra 208 Plava 5123	
Tula Rasi: 23.19	Tithi 1	Gulika 8:22AM – 9:37AM	Vishakha Until 9:56PM	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	Muruqa: Clear	<i>Sunset:</i> 5:06PM
		Yama 2:36PM – 3:51PM	Saubhagya Until 10:39PM				Moon 10 - Phase 27 - 15
		671625464 Rahu 10:52AM – 12:07PM	Kintughna Until 8:36AM	Nataraja: Purple			Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:49PM	Moon – Orange		Devaloka Day	
		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
	Wrischika Rasi: 8.23	Tithi 2 – 3	Gulika 7:09AM – 8:23AM	Anuradha Until 7:11PM	Ganesha: Blue	<i>Sunrise:</i> 7:09AM	Sun 16 Sutra 209
			Yama 1:21PM – 2:36PM	Sobhana Until 6:36PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Plava 5123
	781625464	Rahu 9:38AM – 10:52AM		Taitila Until 1:36AM Sun	Nataraja: Purple		Moon 10 - Phase 28 - 16
Creative Work	Siddha Yoga		Dvitiya Until 3:18PM	Moon – Orange		3rd Phase	
				Kartika•Aipasi		Devaloka Day	

2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Milan, Italy
	Wrischika Rasi: 23.25	Tithi 3 – 4	Gulika 2:35PM – 3:49PM	Jyeshtha* Until 4:27PM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	Sun 17 Sutra 210
			Yama 12:07PM – 1:21PM	Athiganda* Until 2:38PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Plava 5123
	771625464	Rahu 3:49PM – 5:04PM		Vanija Until 10:19PM	Nataraja: Purple		Moon 10 - Phase 28 - 17
Routine Work	Marana Yoga		Tritiya Until 11:55AM	Moon – Orange		3rd Phase	
Until 4:27PM				Kartika•Aipasi		Devaloka Day	
Then Creative Work - Amrita Yoga							

3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy
	Dhanus Rasi: 8.15	Tithi 4 – 5	Gulika 1:21PM – 2:35PM	Mula* Until 2:18PM	Ganesha: Blue	<i>Sunrise:</i> 7:12AM	Sun 18 Sutra 211
	Family Home Evening		Yama 10:53AM – 12:07PM	Sukarma Until 10:55AM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Plava 5123
	781625464	Rahu 8:25AM – 9:39AM		Bava Until 7:23PM	Nataraja: Purple		Moon 10 - Phase 28 - 18
Creative Work	Siddha Yoga		Chaturthi* Until 8:47AM	Moon – Light Blue		3rd Phase	
Until 2:18PM				Kartika•Aipasi		Devaloka Day	
Then Routine Work - Marana Yoga							

4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau				Milan, Italy
	Dhanus Rasi: 22.49	Tithi 5 – 6	Gulika 12:07PM – 1:21PM	Purvashadha* Until 12:26PM	Ganesha: Blue	<i>Sunrise:</i> 7:13AM	Sun 19 Sutra 212
			Yama 9:40AM – 10:54AM	Dhriti Until 7:33AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Plava 5123
	781625464	Rahu 2:34PM – 3:48PM		Taitila Until 3:52AM Wed	Nataraja: Purple		Moon 10 - Phase 28 - 19
Creative Work	Siddha Yoga		Panchami Until 6:04AM	Moon – Light Blue		3rd Phase	
Until 12:26PM		Skanda Shasthi		Kartika•Aipasi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga							

5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saplamyam Titau				Milan, Italy
	Makara Rasi: 7.01	Tithi 7	Gulika 10:54AM – 12:07PM	Uttarashadha Until 10:58AM	Ganesha: Blue	<i>Sunrise:</i> 7:14AM	Sun 20 Sutra 213
			Yama 8:28AM – 9:41AM	Ganda* Until 2:06AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Plava 5123
	781625464	Rahu 12:07PM – 1:20PM		Gara Until 3:00PM	Nataraja: Purple		Moon 10 - Phase 28 - 20
Creative Work	Amrita Yoga		Saptami Until 2:15AM Thu	Moon – Light Blue		3rd Phase	
Until 10:58AM				Kartika•Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga							

☾	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy
	Retreat Star		Gulika 9:42AM – 10:54AM	Shravana Until 10:23AM	Ganesha: Yellow	<i>Sunrise:</i> 7:16AM	Sun 21 Sutra 214
	Makara Rasi: 20.5	Tithi 8	Yama 7:16AM – 8:29AM	Vriddhi Until 12:09AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Plava 5123
	791625464	Rahu 1:20PM – 2:33PM		Visti Until 1:42PM	Nataraja: Purple		Moon 10 - Phase 28 - 21
Creative Work	Siddha Yoga		Ashtami* Until 1:17AM Fri	Moon – Purple		Ashtami	
				Kartika•Aipasi		Sivaloka Day	

☽	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy
	Retreat Star		Gulika 8:30AM – 9:42AM	Dhanishtha Until 10:18AM	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM	Sun 22 Sutra 215
	Kumbha Rasi: 4.17	Tithi 9	Yama 2:32PM – 3:45PM	Dhruva Until 10:40PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Plava 5123
	791625464	Rahu 10:55AM – 12:07PM		Balava Until 1:04PM	Nataraja: Purple		Moon 10 - Phase 28 - 22
Creative Work	Siddha Yoga		Navami* Until 12:58AM Sat	Moon – Purple		Navami	
				Kartika•Aipasi		Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1		Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau		Milan, Italy
Kumbha Rasi: 17.23	Tithi 10	Gulika	7:19AM – 8:31AM	Shatabhishak Until 10:41AM	Ganesha: Yellow	Sun 23 Sutra 216
		Yama	1:20PM – 2:32PM	Vyaghata* Until 9:42PM	Muruqa: Clear	Plava 5123
		Rahu	9:43AM – 10:55AM	Taitila Until 1:04PM	Nataraja: Purple	Moon 10 - Phase 29 - 23
Creative Work	Amrita Yoga			Dashami Until 1:16AM Sun	Moon – Purple	4th Phase
Until 10:41AM						Sivaloka Day
Then Routine Work - Marana Yoga					Karttika-Aipasi	

2		Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Milan, Italy
Meena Rasi: 0.11	Tithi 11	Gulika	2:31PM – 3:43PM	Purvaproshtapada* Until 11:58AM	Ganesha: Clear	Sun 24 Sutra 217
		Yama	12:08PM – 1:20PM	Harshana Until 9:11PM	Muruqa: Clear	Plava 5123
		Rahu	3:43PM – 4:55PM	Vanija Until 1:40PM	Nataraja: Purple	Moon 10 - Phase 29 - 24
Creative Work	Siddha Yoga			Ekadashi Until 2:09AM Mon	Moon – Clear	4th Phase
Until 11:58AM						Sivaloka Day
Then Creative Work - Amrita Yoga					Karttika-Aipasi	

3		Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Milan, Italy
Meena Rasi: 12.43	Tithi 12	Gulika	1:19PM – 2:31PM	Uttaraproshtapada Until 1:37PM	Ganesha: White	Sun 25 Sutra 218
Family Home Evening		Yama	10:56AM – 12:08PM	Vajra* Until 9:02PM	Muruqa: Clear	Plava 5123
		Rahu	8:33AM – 9:45AM	Bava Until 2:48PM	Nataraja: Purple	Moon 10 - Phase 29 - 25
Creative Work	Siddha Yoga			Dvadashi Until 3:32AM Tue	Moon – Clear	4th Phase
						Subha Sivaloka Day
					Karttika-Aipasi	

4		Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Milan, Italy
Meena Rasi: 25.03	Tithi 13	Gulika	12:08PM – 1:19PM	Revati Until 3:33PM	Ganesha: White	Sun 26 Sutra 219
		Yama	9:45AM – 10:57AM	Siddhi Until 9:14PM	Muruqa: Clear	Plava 5123
		Rahu	2:31PM – 3:42PM	Kaulava Until 4:24PM	Nataraja: Purple	Moon 10 - Phase 29 - 26
Creative Work	Siddha Yoga			Trayodashi Until 5:21AM Wed	Moon – Clear	4th Phase
						Subha Sivaloka Day
					Karttika-Kartikai	
					<i>Pradosha Vrata</i>	

5		Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Gara Karana Chaturdashyam Titau		Milan, Italy
Mesha Rasi: 7.12	Tithi 14	Gulika	10:57AM – 12:08PM	Ashvini Until 6:12PM	Ganesha: Clear	Sun 27 Sutra 220
		Yama	8:35AM – 9:47AM	Vyatipata* Until 9:44PM	Muruqa: Clear	Plava 5123
		Rahu	12:08PM – 1:19PM	Gara Until 6:25PM	Nataraja: Clear	Moon 10 - Phase 29 - 27
Routine Work	Marana Yoga			Chaturdashi* Until 7:31AM Thu	Moon – White	4th Phase
Until 6:12PM						Devaloka Day
Then Creative Work - Siddha Yoga					Karttika-Kartikai	

		Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Milan, Italy
Mesha Rasi: 19.13	Tithi 14 – 15	Gulika	9:47AM – 10:58AM	Bharani Until 8:59PM	Ganesha: Clear	Sutra 221
		Yama	7:25AM – 8:36AM	Variyan Until 10:27PM	Muruqa: Clear	Plava 5123
		Rahu	1:19PM – 2:30PM	Visti Until 8:45PM	Nataraja: Clear	Moon 10 - Phase 29 - Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 7:31AM	Moon – White	
Until 8:59PM						Devaloka Day
Then Routine Work - Marana Yoga					Karttika-Kartikai	

Friday, November 19, 2021		Silver Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Milan, Italy
Vrishabha Rasi: 1.07	Tithi 15 – 16	Gulika	8:37AM – 9:48AM	Krittika Until 11:49PM	Ganesha: Clear	Sutra 222
		Yama	2:30PM – 3:40PM	Parigha* Until 11:20PM	Muruqa: Clear	Plava 5123
		Rahu	10:58AM – 12:09PM	Balava Until 11:18PM	Nataraja: Clear	Moon 10 - Phase 29 - Prathama
Creative Work	Siddha Yoga			Purnima* Until 9:59AM	Moon – White	
Until 11:49PM						Devaloka Day
Then Routine Work - Marana Yoga		Krittika Deepam	Vinayaga Viratam Begins		Karttika-Kartikai	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Milan, Italy
Sutra 223
Plava 5123

Vrishabha Rasi: 12.57 Tithi 16 – 17

732625465

Gulika 7:28AM – 8:38AM
Yama 1:19PM – 2:29PM
Rahu 9:48AM – 10:59AM

Rohini Until 3:07AM Sun
Shiva Until 12:20AM Sun
Taitila Until 2:00AM Sun
Prathama* Until 12:37PM

Ganesha: Purple *Sunrise:* 7:28AM
Muruqa: Clear *Sunset:* 4:50PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 3:07AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy
Sun 1
Sutra 224
Plava 5123

Vrishabha Rasi: 24.44 Tithi 17 – 18

732625465

Gulika 2:29PM – 3:39PM
Yama 12:09PM – 1:19PM
Rahu 3:39PM – 4:49PM

Mrigashira Until 6:14AM Mon
Siddha Until 1:19AM Mon
Vanija Until 4:42AM Mon
Dvitiya Until 3:20PM

Ganesha: Purple *Sunrise:* 7:29AM
Muruqa: Clear *Sunset:* 4:49PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Visti* Karana Tritiyayam Titau

Milan, Italy
Sun 2
Sutra 225
Plava 5123

Mithuna Rasi: 6.32 Tithi 18

732625465

Gulika 1:19PM – 2:29PM
Yama 11:00AM – 12:09PM
Rahu 8:40AM – 9:50AM

Mrigashira Until 6:14AM
Sadhya Until 2:14AM Tue
Visti Until 6:00PM
Tritiya Until 6:00PM

Ganesha: Purple *Sunrise:* 7:31AM
Muruqa: Clear *Sunset:* 4:48PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 6:14AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Bava/Balava Karana Chaturthiyam Titau

Milan, Italy
Sun 3
Sutra 226
Plava 5123

Mithuna Rasi: 18.23 Tithi 19

732625465

Gulika 12:10PM – 1:19PM
Yama 9:51AM – 11:00AM
Rahu 2:28PM – 3:38PM

Ardra Until 9:04AM
Subha Until 2:59AM Wed
Bava Until 7:17AM
Chaturthi* Until 8:28PM

Ganesha: Purple *Sunrise:* 7:32AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 9:04AM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy
Sun 4
Sutra 227
Plava 5123

Kataka Rasi: 0.19 Tithi 20

742625465

Gulika 11:01AM – 12:10PM
Yama 8:42AM – 9:52AM
Rahu 12:10PM – 1:19PM

Punarvasu Until 11:59AM
Sukla Until 3:26AM Thu
Kaulava Until 9:36AM
Panchami Until 10:36PM

Ganesha: Clear *Sunrise:* 7:33AM
Muruqa: Clear *Sunset:* 4:47PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

Milan, Italy
Sun 5
Sutra 228
Plava 5123

Kataka Rasi: 12.25 Tithi 21

742625465

Gulika 9:52AM – 11:01AM
Yama 7:35AM – 8:43AM
Rahu 1:19PM – 2:28PM

Pushya Until 2:19PM
Brahma Until 3:30AM Fri
Gara Until 11:31AM
Shashthi* Until 12:15AM Fri

Ganesha: Clear *Sunrise:* 7:35AM
Muruqa: Clear *Sunset:* 4:46PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Creative Work Amrita Yoga

Until 2:19PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Milan, Italy
Sun 6
Sutra 229
Plava 5123

Kataka Rasi: 24.43 Tithi 22

742625465

Gulika 8:45AM – 9:53AM
Yama 2:28PM – 3:37PM
Rahu 11:02AM – 12:11PM

Ashlesha* Until 3:57PM
Indra Until 3:07AM Sat
Visti Until 12:52PM
Saptami Until 1:16AM Sat

Ganesha: Clear *Sunrise:* 7:36AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Clear
Moon – Blue

Devaloka Day

Routine Work Marana Yoga

Then Creative Work - Siddha Yoga

Retreat Star

Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy
Sun 7
Sutra 230
Plava 5123

Simha Rasi: 7.19 Tithi 23

752625465

Gulika 7:37AM – 8:46AM
Yama 1:19PM – 2:28PM
Rahu 9:54AM – 11:02AM

Magha* Until 5:14PM
Vaidhriti* Until 2:07AM Sun
Balava Until 1:32PM
Ashtami* Until 1:34AM Sun

Ganesha: White *Sunrise:* 7:37AM
Muruqa: Clear *Sunset:* 4:45PM
Nataraja: Clear
Moon – Red

Sivaloka Day

Creative Work Amrita Yoga

Until 5:14PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkamba* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy
Sun 8
Sutra 231
Plava 5123

Simha Rasi: 20.15 Tithi 24

753625465

Gulika 2:28PM – 3:36PM
Yama 12:11PM – 1:19PM
Rahu 3:36PM – 4:44PM

Purvaphalguni Until 5:37PM
Vishkamba* Until 12:32AM Mon
Taitila Until 1:26PM
Navami* Until 1:04AM Mon

Ganesha: Clear *Sunrise:* 7:38AM
Muruqa: Clear *Sunset:* 4:44PM
Nataraja: Clear
Moon – Red

Devaloka Day

Creative Work Siddha Yoga

Until 5:37PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Milan, Italy on 5/23/19


www.gurudeva.org/panchang

1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy
	Kanya Rasi: 4	Tithi 25	Gulika 1:20PM – 2:28PM	Uttaraphalguni Until 5:04PM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM	Sun 9 Sutra 232
	Family Home Evening	753625465	Yama 11:04AM – 12:12PM	Priti Until 10:20PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 8:48AM – 9:56AM	Vanija Until 12:32PM	Nataraja: Clear		Moon 11 - Phase 31 - 9
			Dashami Until 11:47PM	Moon – Red		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy
	Kanya Rasi: 17.23	Tithi 26	Gulika 12:12PM – 1:20PM	Hasta Until 4:04PM	Ganesha: Yellow	<i>Sunrise:</i> 7:41AM	Sun 10 Sutra 233
		763725465	Yama 9:56AM – 11:04AM	Ayushman Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 2:27PM – 3:35PM	Bava Until 10:53AM	Nataraja: Clear		Moon 11 - Phase 31 - 10
			Ekadashi* Until 9:46PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Milan, Italy
	Tula Rasi: 1.38	Tithi 27	Gulika 11:05AM – 12:12PM	Chitra Until 2:17PM	Ganesha: Yellow	<i>Sunrise:</i> 7:42AM	Sun 11 Sutra 234
		763725465	Yama 8:49AM – 9:57AM	Saubhagya Until 4:12PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 12:12PM – 1:20PM	Kaulava Until 8:32AM	Nataraja: Clear		Moon 11 - Phase 31 - 11
			Dvadashi* Until 7:07PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
	Tula Rasi: 16.18	Tithi 28 – 29	Gulika 9:58AM – 11:05AM	Svati Until 11:49AM	Ganesha: Yellow	<i>Sunrise:</i> 7:43AM	Sun 12 Sutra 235
		763725465	Yama 7:43AM – 8:50AM	Sobhana Until 12:28PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
	Creative Work Amrita Yoga		Rahu 1:20PM – 2:27PM	Visti Until 2:15AM Fri	Nataraja: Clear		Moon 11 - Phase 31 - 12
Until 11:49AM			Trayodashi* Until 3:58PM	Moon – Green		2nd Phase	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai		Devaloka Day	

	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy
	Retreat Star		Gulika 8:51AM – 9:59AM	Vishakha Until 9:14AM	Ganesha: Red	<i>Sunrise:</i> 7:44AM	Sun 13 Sutra 236
	Vrischika Rasi: 1.17	Tithi 29 – 30	Yama 2:28PM – 3:35PM	Athiganda* Until 8:24AM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
		773725465	Rahu 11:06AM – 12:13PM	Catuspada Until 10:38PM	Nataraja: Clear		Moon 11 - Phase 31 - 13
Creative Work Siddha Yoga			Chaturdashi* Until 12:27PM	Moon – Orange		Amavasya	
				Karttika-Karttikai		Devaloka Day	

Retreat Star	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy
	Vrischika Rasi: 16.28	Tithi 30 – 1	Gulika 7:45AM – 8:52AM	Anuradha Until 6:17AM	Ganesha: Red	<i>Sunrise:</i> 7:45AM	Sun 14 Sutra 237
		773725465	Yama 1:21PM – 2:28PM	Dhriti Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
	Creative Work Siddha Yoga		Rahu 9:59AM – 11:06AM	Kintughna Until 6:53PM	Nataraja: Clear		Moon 11 - Phase 31 - 14
			Amavasya* Until 8:44AM	Moon – Orange		Prathama	
				Margasira-Karttikai		Devaloka Day	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy
	Dhanus Rasi: 1.42	Tithi 2	Gulika 2:28PM – 3:35PM	Mula* Until 12:25AM Mon	Ganesha: Yellow	Sunrise: 7:46AM	Sun 15 Sutra 238
			Yama 12:14PM – 1:21PM	Shula* Until 7:37PM	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		783725465	Rahu 3:35PM – 4:41PM	Balava Until 3:11PM	Nataraja: Clear		Moon 11 - Phase 32 - 15 3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 1:24AM Mon	Moon – Light Blue		Devaloka Day	
Until 12:25AM Mon				Margasira-Karttikai			
Then Routine Work - Marana Yoga							

2	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy
	Dhanus Rasi: 16.49	Tithi 3	Gulika 1:21PM – 2:28PM	Purvashadha* Until 9:50PM	Ganesha: Yellow	Sunrise: 7:47AM	Sun 16 Sutra 239
	Family Home Evening		Yama 11:08AM – 12:14PM	Ganda* Until 3:35PM	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		783725465	Rahu 8:54AM – 10:01AM	Taitila Until 11:42AM	Nataraja: Clear		Moon 11 - Phase 32 - 16 3rd Phase
Routine Work Marana Yoga			Tritiya Until 10:05PM	Moon – Light Blue		Devaloka Day	
				Margasira-Karttikai			

3	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy
	Makara Rasi: 1.4	Tithi 4	Gulika 12:15PM – 1:21PM	Uttarashadha Until 7:33PM	Ganesha: Yellow	Sunrise: 7:48AM	Sun 17 Sutra 240
			Yama 10:02AM – 11:08AM	Vridhhi Until 11:54AM	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		783725465	Rahu 2:28PM – 3:34PM	Vanija Until 8:36AM	Nataraja: Clear		Moon 11 - Phase 32 - 17 3rd Phase
Routine Work Prabalarishta Yoga			Chaturthi* Until 7:13PM	Moon – Light Blue		Devaloka Day	
Until 7:33PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

4	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Milan, Italy
	Makara Rasi: 16.1	Tithi 5 – 6	Gulika 11:09AM – 12:15PM	Shravana Until 6:09PM	Ganesha: White	Sunrise: 7:49AM	Sun 18 Sutra 241
			Yama 8:56AM – 10:02AM	Dhruva Until 8:37AM	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		793725465	Rahu 12:15PM – 1:22PM	Bava Until 6:01AM	Nataraja: Clear		Moon 11 - Phase 32 - 18 3rd Phase
Creative Work Siddha Yoga			Panchami Until 4:56PM	Moon – Purple		Sivaloka Day	
Until 6:09PM				Margasira-Karttikai			
Then Routine Work - Prabalarishta Yoga							

5	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Milan, Italy
	Kumbha Rasi: 0.12	Tithi 6 – 7	Gulika 10:03AM – 11:09AM	Dhanishtha Until 5:18PM	Ganesha: White	Sunrise: 7:50AM	Sun 19 Sutra 242
			Yama 7:50AM – 8:57AM	Harshana Until 3:48AM Fri	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		793725465	Rahu 1:22PM – 2:28PM	Gara Until 2:55AM Fri	Nataraja: Clear		Moon 11 - Phase 32 - 19 3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 3:23PM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Vinayaga Viratam Ends

Friday, December 10, 2021	Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau				Milan, Italy
	Kumbha Rasi: 13.47	Tithi 7 – 8	Gulika 8:58AM – 10:04AM	Shatabhishak Until 5:05PM	Ganesha: White	Sunrise: 7:51AM	Sun 20 Sutra 243
			Yama 2:28PM – 3:35PM	Vajra* Until 2:19AM Sat	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		793725465	Rahu 11:10AM – 12:16PM	Visti Until 2:33AM Sat	Nataraja: Clear		Moon 11 - Phase 32 - 20 Ashtami
Creative Work Siddha Yoga			Saptami Until 2:37PM	Moon – Purple		Sivaloka Day	
				Margasira-Karttikai			

Saturday, December 11, 2021	Retreat Star		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Milan, Italy
	Kumbha Rasi: 26.55	Tithi 8 – 9	Gulika 7:52AM – 8:58AM	Purvaprosarthapada* Until 5:57PM	Ganesha: White	Sunrise: 7:52AM	Sun 21 Sutra 244
			Yama 1:23PM – 2:29PM	Siddhi Until 1:28AM Sun	Muruqa: Clear	Sunset: 4:41PM	Plava 5123
		713725465	Rahu 10:04AM – 11:10AM	Balava Until 3:01AM Sun	Nataraja: Clear		Moon 11 - Phase 32 - 21 Navami
Routine Work Marana Yoga			Ashtami* Until 2:40PM	Moon – Clear		Sivaloka Day	
Until 5:57PM				Margasira-Karttikai			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyalipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy
	Meena Rasi: 9.4	Tithi 9 – 10	Gulika 2:29PM – 3:35PM	Uttaraproshtapada Until 7:26PM	Ganesha: White	<i>Sunrise:</i> 7:53AM	Sun 22 Sutra 245
			Yama 12:17PM – 1:23PM	Vyatipata* Until 1:11AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Plava 5123
	713725465	Rahu 3:35PM – 4:41PM	Taitila Until 4:12AM Mon	Navami* Until 3:30PM	Nataraja: Clear		Moon 11 - Phase 33 - 22 4th Phase
Creative Work	Amrita Yoga			Moon – Clear		Sivaloka Day	
				Margasira-Karttikai			


2	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy
	Meena Rasi: 22.05	Tithi 10 – 11	Gulika 1:23PM – 2:29PM	Revati Until 9:22PM	Ganesha: Yellow	<i>Sunrise:</i> 7:54AM	Sun 23 Sutra 246
	Family Home Evening		Yama 11:12AM – 12:18PM	Variyan Until 1:22AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Plava 5123
	714725465	Rahu 9:00AM – 10:06AM	Vanija Until 6:01AM Tue	Dashami Until 5:01PM	Nataraja: Clear		Moon 11 - Phase 33 - 23 4th Phase
Creative Work	Siddha Yoga			Moon – Clear		Devaloka Day	
				Margasira-Karttikai			


3	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy
	Mesha Rasi: 4.15	Tithi 11	Gulika 12:18PM – 1:24PM	Ashvini Until 12:08AM Wed	Ganesha: White	<i>Sunrise:</i> 7:55AM	Sun 24 Sutra 247
			Yama 10:06AM – 11:12AM	Parigha* Until 1:56AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Plava 5123
	724725465	Rahu 2:30PM – 3:35PM	Vanija Until 6:01AM	Ekadashi Until 7:05PM	Nataraja: Clear		Moon 11 - Phase 33 - 24 4th Phase
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day	
		Gita Jayanthi		Margasira-Karttikai		Devaloka Time: 3:PM to 6:PM	

4	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Milan, Italy
	Mesha Rasi: 16.14	Tithi 12	Gulika 11:13AM – 12:18PM	Bharani Until 3:04AM Thu	Ganesha: White	<i>Sunrise:</i> 7:56AM	Sun 25 Sutra 248
			Yama 9:01AM – 10:07AM	Shiva Until 2:46AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Plava 5123
	724725465	Rahu 12:18PM – 1:24PM	Bava Until 8:18AM	Dvadashi Until 9:33PM	Nataraja: Clear		Moon 11 - Phase 33 - 25 4th Phase
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day	
		Markali Pillaiyar		Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

5	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy
	Mesha Rasi: 28.06	Tithi 13	Gulika 10:08AM – 11:13AM	Krittika Until 6:00AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:56AM	Sun 26 Sutra 249
			Yama 7:56AM – 9:02AM	Siddha Until 3:42AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
	824725465	Rahu 1:25PM – 2:30PM	Kaulava Until 10:53AM	Trayodashi Until 12:13AM Fri	Nataraja: Clear		Moon 11 - Phase 33 - 26 4th Phase
Routine Work	Marana Yoga			Moon – White		Devaloka Day	
				Margasira-Markali			

6	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy
	Vrisabha Rasi: 9.54	Tithi 14	Gulika 9:03AM – 10:08AM	Krittika Until 6:00AM	Ganesha: Yellow	<i>Sunrise:</i> 7:57AM	Sun 27 Sutra 250
			Yama 2:31PM – 3:36PM	Sadhya Until 4:41AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
	824725465	Rahu 11:14AM – 12:19PM	Gara Until 1:36PM	Chaturdashi* Until 2:57AM Sat	Nataraja: Clear		Moon 11 - Phase 33 - 27 4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Margasira-Markali			

	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy
	Vrisabha Rasi: 21.41	Tithi 15	Gulika 7:58AM – 9:03AM	Rohini Until 9:19AM	Ganesha: White	<i>Sunrise:</i> 7:58AM	Sun 27 Sutra 251
			Yama 1:26PM – 2:31PM	Subha Until 5:39AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Plava 5123
	834725465	Rahu 10:09AM – 11:14AM	Visti Until 4:20PM	Purnima* Until 5:38AM Sun	Nataraja: Clear		Moon 11 - Phase 33 - Purnima
Creative Work	Amrita Yoga			Moon – Yellow		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava Karana Prathamayam Titau				Milan, Italy
	Mithuna Rasi: 3.3	Tithi 16	Gulika 2:32PM – 3:37PM	Mrigashira Until 12:23PM	Ganesha: White	<i>Sunrise:</i> 7:58AM	Sun 28 Sutra 252
			Yama 12:20PM – 1:26PM	Sukla Until 6:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Plava 5123
	834725465	Rahu 3:37PM – 4:43PM	Balava Until 6:56PM	Prathama* Until 8:09AM Mon	Nataraja: Clear		Moon 11 - Phase 33 - Prathama
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
				Margasira-Markali		Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Monday, December 20, 2021

Gold Retreat Star

Mithuna Rasi: 15.23 Tithi 16 - 17

Family Home Evening

Creative Work Siddha Yoga

Until 3:06PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:26PM - 2:32PM Ardra Until 3:06PM

Yama 11:15AM - 12:21PM Sukla Until 6:27AM

Rahu 9:04AM - 10:10AM Taitila Until 9:21PM

Prathama* Until 8:09AM

Ardra Darshanam

Ganesha: White Sunrise: 7:59AM

Muruqa: Clear Sunset: 4:43PM

Nataraja: Clear

Moon - Yellow

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy

Sutra 253

Plava 5123

Moon 12 - Phase 34 -

1st Phase

1

Tuesday, December 21, 2021

Mithuna Rasi: 27.21 Tithi 17 - 18

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 12:21PM - 1:27PM Punarvasu Until 5:54PM

Yama 10:10AM - 11:16AM Brahma Until 7:05AM

Rahu 2:32PM - 3:38PM Vanija Until 11:28PM

Day 1 of Pancha Ganapati Dvitiya Until 10:25AM

Ganesha: Clear Sunrise: 8:00AM

Muruqa: Clear Sunset: 4:43PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 1

Sutra 254

Plava 5123

Moon 12 - Phase 34 - 1

1st Phase

2

Wednesday, December 22, 2021

Kataka Rasi: 9.26 Tithi 18 - 19

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:17AM - 12:22PM Pushya Until 8:13PM

Yama 9:06AM - 10:11AM Indra Until 7:31AM

Rahu 12:22PM - 1:27PM Bava Until 1:15AM Thu

Day 2 of Pancha Ganapati Tritiya Until 12:23PM

Ganesha: Clear Sunrise: 8:00AM

Muruqa: Clear Sunset: 4:44PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 2

Sutra 255

Plava 5123

Moon 12 - Phase 34 - 2

1st Phase

3

Thursday, December 23, 2021

Kataka Rasi: 21.39 Tithi 19 - 20

Creative Work Siddha Yoga

Until 10:01PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:12AM - 11:17AM Ashlesha* Until 10:01PM

Yama 8:01AM - 9:06AM Vaidhriti* Until 7:39AM

Rahu 1:28PM - 2:34PM Kaulava Until 2:37AM Fri

Day 3 of Pancha Ganapati Chaturthi* Until 1:58PM

Ganesha: Clear Sunrise: 8:01AM

Muruqa: Clear Sunset: 4:44PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 3

Sutra 256

Plava 5123

Moon 12 - Phase 34 - 3

1st Phase

4

Friday, December 24, 2021

Simha Rasi: 4.04 Tithi 20 - 21

Routine Work Marana Yoga

Until 11:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:06AM - 10:12AM Magha* Until 11:40PM

Yama 2:34PM - 3:40PM Vishkambha* Until 7:28AM

Rahu 11:17AM - 12:23PM Gara Until 3:30AM Sat

Day 4 of Pancha Ganapati Panchami Until 3:06PM

Ganesha: Purple Sunrise: 8:01AM

Muruqa: Clear Sunset: 4:45PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy

Sun 4

Sutra 257

Plava 5123

Moon 12 - Phase 34 - 4

1st Phase

5

Saturday, December 25, 2021

Simha Rasi: 16.41 Tithi 21 - 22

Creative Work Siddha Yoga

Until 12:37AM Sun

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:01AM - 9:07AM Purvaphalguni Until 12:37AM Sun

Yama 1:29PM - 2:35PM Priti Until 6:55AM

Rahu 10:12AM - 11:18AM Visti Until 3:49AM Sun

Day 5 of Pancha Ganapati Shashthi* Until 3:43PM

Ganesha: Purple Sunrise: 8:01AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy

Sun 5

Sutra 258

Plava 5123

Moon 12 - Phase 34 - 5

1st Phase

6

Sunday, December 26, 2021

Simha Rasi: 29.34 Tithi 22 - 23

Creative Work Amrita Yoga

Until 12:50AM Mon

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 2:35PM - 3:41PM Uttaraphalguni Until 12:50AM Mon

Yama 12:24PM - 1:30PM Saubhagya Until 4:24AM Mon

Rahu 3:41PM - 4:46PM Balava Until 3:30AM Mon

Saptami Until 3:43PM

Ganesha: Purple Sunrise: 8:02AM

Muruqa: Clear Sunset: 4:46PM

Nataraja: Orange

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Milan, Italy

Sun 6

Sutra 259

Plava 5123

Moon 12 - Phase 34 - 6

1st Phase

Monday, December 27, 2021

Retreat Star

Kanya Rasi: 12.47 Tithi 23 - 24

Family Home Evening

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:30PM - 2:36PM Hasta Until 12:40AM Tue

Yama 11:19AM - 12:25PM Sobhana Until 2:23AM Tue

Rahu 9:08AM - 10:13AM Taitila Until 2:30AM Tue

Ashtami* Until 3:04PM

Ganesha: Clear Sunrise: 8:02AM

Muruqa: Clear Sunset: 4:47PM

Nataraja: Orange

Moon - Green

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 7

Sutra 260

Plava 5123

Moon 12 - Phase 34 - 7

Ashtami

Tuesday, December 28, 2021

Retreat Star

Kanya Rasi: 26.22 Tithi 24 - 25

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 12:25PM - 1:31PM Chitra Until 11:43PM

Yama 10:14AM - 11:19AM Athiganda* Until 11:49PM

Rahu 2:36PM - 3:42PM Vanija Until 12:50AM Wed

Navami* Until 1:44PM

Ganesha: Clear Sunrise: 8:02AM

Muruqa: Clear Sunset: 4:48PM

Nataraja: Orange

Moon - Green

Margasira-Markali

Devaloka Day

Milan, Italy

Sun 8

Sutra 261

Plava 5123

Moon 12 - Phase 34 - 8

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Milan, Italy on 5/23/19

www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarma Yoga Visi*/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 9 Sutra 262 Plava 5123
	Tula Rasi: 10.22	Tithi 25 – 26	Gulika	11:20AM – 12:26PM	Svati Until 10:00PM	Ganesha: Clear	Sunrise: 8:02AM
			Yama	9:08AM – 10:14AM	Sukarma Until 8:46PM	Muruqa: Clear	Sunset: 4:49PM
	Creative Work	Siddha Yoga	865825466 Rahu	12:26PM – 1:31PM	Bava Until 10:33PM	Nataraja: Orange	Moon 12 - Phase 35 - 9 2nd Phase
				Dashami Until 11:45AM	Margasira*Markali	Devaloka Day	

2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 10 Sutra 263 Plava 5123
	Tula Rasi: 24.44	Tithi 26 – 27	Gulika	10:14AM – 11:20AM	Vishakha Until 8:02PM	Ganesha: White	Sunrise: 8:03AM
			Yama	8:03AM – 9:09AM	Dhriti Until 5:17PM	Muruqa: Clear	Sunset: 4:49PM
	Creative Work	Siddha Yoga	875825466 Rahu	1:32PM – 2:38PM	Kaulava Until 7:44PM	Nataraja: Orange	Moon 12 - Phase 35 - 10 2nd Phase
				Ekadashi* Until 9:11AM	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 11 Sutra 264 Plava 5123
	Vrischika Rasi: 9.29	Tithi 27 – 28	Gulika	9:09AM – 10:15AM	Anuradha Until 5:30PM	Ganesha: White	Sunrise: 8:03AM
			Yama	2:38PM – 3:44PM	Shula* Until 1:25PM	Muruqa: Clear	Sunset: 4:50PM
	Creative Work	Siddha Yoga	875825466 Rahu	11:21AM – 12:27PM	Vanija Until 2:45AM Sat	Nataraja: Orange	Moon 12 - Phase 35 - 11 2nd Phase
				Dvadashi* Until 6:08AM	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
<i>Pradosha Vrata (Fasting)</i>							

4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Milan, Italy Sun 12 Sutra 265 Plava 5123
	Vrischika Rasi: 24.29	Tithi 29	Gulika	8:03AM – 9:09AM	Jyeshtha* Until 2:35PM	Ganesha: White	Sunrise: 8:03AM
			Yama	1:33PM – 2:39PM	Ganda* Until 9:20AM	Muruqa: Clear	Sunset: 4:51PM
	Creative Work	Siddha Yoga	875825466 Rahu	10:15AM – 11:21AM	Visti Until 12:59PM	Nataraja: Orange	Moon 12 - Phase 35 - 12 2nd Phase
				Chaturdashi* Until 11:09PM	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

●	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Milan, Italy Sun 13 Sutra 266 Plava 5123
	Retreat Star		Gulika	2:40PM – 3:46PM	Mula* Until 11:50AM	Ganesha: Green	Sunrise: 8:03AM
	Dhanus Rasi: 9.38	Tithi 30	Yama	12:27PM – 1:34PM	Dhruva Until 12:55AM Mon	Muruqa: Clear	Sunset: 4:52PM
	Creative Work	Amrita Yoga	885825466 Rahu	3:46PM – 4:52PM	Catuspada Until 9:21AM	Nataraja: Orange	Moon 12 - Phase 35 - 13 Amavasya
				Hanumath Jayanthi (Tamil Nadu)	Amavasya* Until 7:32PM	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Milan, Italy Sun 14 Sutra 267 Plava 5123
	Retreat Star		Gulika	1:34PM – 2:40PM	Purvashadha* Until 9:01AM	Ganesha: Orange	Sunrise: 8:03AM
	Dhanus Rasi: 24.46	Tithi 1 – 2	Yama	11:22AM – 12:28PM	Vyaghata* Until 8:52PM	Muruqa: Clear	Sunset: 4:53PM
	Family Home Evening		886825466 Rahu	9:09AM – 10:15AM	Balava Until 2:25AM Tue	Nataraja: Orange	Moon 12 - Phase 35 - 14 Prathama
				Prathama* Until 4:02PM	Pausha*Markali	Devaloka Day	

1		Tuesday, January 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy
Makara Rasi: 9.43	Tithi 2 - 3	Gulika 12:28PM - 1:35PM	Uttarashadha Until 6:18AM	Ganesha: Orange	<i>Sunrise:</i> 8:03AM	Sun 15 Sutra 268
		Yama 10:16AM - 11:22AM	Harshana Until 5:06PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Plava 5123
		886825466 Rahu 2:41PM - 3:48PM	Taitila Until 11:26PM	Nataraja: Orange		Moon 12 - Phase 36 - 15
Routine Work	Prabalarishta Yoga		Dvitiya Until 12:51PM	Moon - Light Blue		3rd Phase
Until 6:18AM				Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Wednesday, January 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy
Makara Rasi: 24.22	Tithi 3 - 4	Gulika 11:22AM - 12:29PM	Dhanishtha Until 2:41AM Thu	Ganesha: Clear	<i>Sunrise:</i> 8:03AM	Sun 16 Sutra 269
		Yama 9:09AM - 10:16AM	Vajra* Until 1:44PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Plava 5123
		896825466 Rahu 12:29PM - 1:35PM	Vanija Until 9:00PM	Nataraja: Orange		Moon 12 - Phase 36 - 16
Routine Work	Prabalarishta Yoga		Tritiya Until 10:07AM	Moon - Purple		3rd Phase
Until 2:41AM Thu		Subramuniyaswami Jayanti		Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

3		Thursday, January 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy
Kumbha Rasi: 8.35	Tithi 4 - 5	Gulika 10:16AM - 11:23AM	Shatabhishak Until 1:41AM Fri	Ganesha: Clear	<i>Sunrise:</i> 8:03AM	Sun 17 Sutra 270
		Yama 8:03AM - 9:09AM	Siddhi Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Plava 5123
		896825466 Rahu 1:36PM - 2:43PM	Bava Until 7:16PM	Nataraja: Orange		Moon 12 - Phase 36 - 17
Creative Work	Siddha Yoga		Chaturthi* Until 8:01AM	Moon - Purple		3rd Phase
				Pausha-Markali		Devaloka Day

4		Friday, January 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vyati-pata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Milan, Italy
Kumbha Rasi: 22.2	Tithi 5 - 6	Gulika 9:09AM - 10:16AM	Purvaproshtapada* Until 1:48AM Sat	Ganesha: Red	<i>Sunrise:</i> 8:03AM	Sun 18 Sutra 271
		Yama 2:43PM - 3:50PM	Vyati-pata* Until 8:40AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Plava 5123
		816825466 Rahu 11:23AM - 12:30PM	Kaulava Until 6:21PM	Nataraja: Orange		Moon 12 - Phase 36 - 18
Creative Work	Siddha Yoga		Panchami Until 6:41AM	Moon - Clear		3rd Phase
				Pausha-Markali		Devaloka Day

5		Saturday, January 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau		Milan, Italy
Meena Rasi: 5.37	Tithi 6 - 7	Gulika 8:02AM - 9:09AM	Uttaraproshtapada Until 2:37AM Sun	Ganesha: Red	<i>Sunrise:</i> 8:02AM	Sun 19 Sutra 272
		Yama 1:37PM - 2:44PM	Variyan Until 7:07AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Plava 5123
		816825466 Rahu 10:16AM - 11:23AM	Gara Until 6:20PM	Nataraja: Orange		Moon 12 - Phase 36 - 19
Creative Work	Siddha Yoga		Shashthi* Until 6:13AM	Moon - Clear		3rd Phase
Until 2:37AM Sun				Pausha-Markali		Devaloka Day
Then Creative Work - Amrita Yoga						

Retreat Star		Sunday, January 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Milan, Italy
Meena Rasi: 18.26	Tithi 7 - 8	Gulika 2:45PM - 3:52PM	Revati Until 4:07AM Mon	Ganesha: Red	<i>Sunrise:</i> 8:02AM	Sun 20 Sutra 273
		Yama 12:31PM - 1:38PM	Parigha* Until 6:15AM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Plava 5123
		816825466 Rahu 3:52PM - 4:59PM	Visti Until 7:11PM	Nataraja: Orange		Moon 12 - Phase 36 - 20
Creative Work	Amrita Yoga		Saptami Until 6:38AM	Moon - Clear		Ashtami
Until 4:07AM Mon				Pausha-Markali		Devaloka Day
Then Creative Work - Siddha Yoga						

Retreat Star		Monday, January 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Milan, Italy
Mesha Rasi: 0.52	Tithi 8 - 9	Gulika 1:38PM - 2:46PM	Ashvini Until 6:38AM Tue	Ganesha: Blue	<i>Sunrise:</i> 8:02AM	Sun 21 Sutra 274
Family Home Evening		Yama 11:24AM - 12:31PM	Shiva Until 6:03AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Plava 5123
		826825466 Rahu 9:09AM - 10:16AM	Balava Until 8:49PM	Nataraja: Orange		Moon 12 - Phase 36 - 21
Creative Work	Siddha Yoga		Ashtami* Until 7:54AM	Moon - White		Navami
				Pausha-Markali		Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Milan, Italy
	Mesha Rasi: 13.01	Tithi 9 – 10	Gulika 12:31PM – 1:39PM	Ashvini Until 6:38AM	Ganesha: Red	<i>Sunrise:</i> 8:01AM	Sun 22 Sutra 275
			Yama 10:16AM – 11:24AM	Siddha Until 6:22AM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Plava 5123
	827825466	Rahu 2:47PM – 3:54PM	Taitila Until 11:05PM	Navami* Until 9:52AM	Nataraja: Orange		Moon 12 - Phase 37 - 22 4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
				Pausha-Markali			

2	Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy
	Mesha Rasi: 24.56	Tithi 10 – 11	Gulika 11:24AM – 12:32PM	Bharani Until 9:29AM	Ganesha: Red	<i>Sunrise:</i> 8:01AM	Sun 23 Sutra 276
			Yama 9:09AM – 10:16AM	Sadhya Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Plava 5123
	827825466	Rahu 12:32PM – 1:40PM	Vanija Until 1:43AM Thu	Dashami Until 12:21PM	Nataraja: Orange		Moon 12 - Phase 37 - 23 4th Phase
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
Until 9:29AM		Vaikuntha Ekadasi		Pausha-Markali			
Then Creative Work - Amrita Yoga							

3	Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy
	Vrishabha Rasi: 6.44	Tithi 11 – 12	Gulika 10:16AM – 11:24AM	Krittika Until 12:27PM	Ganesha: Red	<i>Sunrise:</i> 8:01AM	Sun 24 Sutra 277
			Yama 8:01AM – 9:08AM	Subha Until 8:04AM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Plava 5123
	827825466	Rahu 1:40PM – 2:48PM	Bava Until 4:31AM Fri	Ekadashi Until 3:05PM	Nataraja: Orange		Moon 12 - Phase 37 - 24 4th Phase
Routine Work	Marana Yoga			Moon – White		Devaloka Day	
				Pausha-Markali			

4	Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy
	Vrishabha Rasi: 18.31	Tithi 12 – 13	Gulika 9:08AM – 10:16AM	Rohini Until 3:48PM	Ganesha: Blue	<i>Sunrise:</i> 8:00AM	Sun 25 Sutra 278
			Yama 2:49PM – 3:57PM	Sukla Until 9:05AM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Plava 5123
	827825466	Rahu 11:25AM – 12:33PM	Kaulava Until 7:14AM Sat	Dvadashi Until 5:52PM	Nataraja: Orange		Moon 12 - Phase 37 - 25 4th Phase
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day	
Until 3:48PM		Thai Pongal		Pausha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy
	Mithuna Rasi: 0.18	Tithi 13	Gulika 8:00AM – 9:08AM	Mrigashira Until 6:52PM	Ganesha: Blue	<i>Sunrise:</i> 8:00AM	Sun 26 Sutra 279
			Yama 1:41PM – 2:50PM	Brahma Until 10:02AM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Plava 5123
	827825466	Rahu 10:16AM – 11:25AM	Kaulava Until 7:14AM	Trayodashi Until 8:30PM	Nataraja: Orange		Moon 12 - Phase 37 - 26 4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
				Pausha-Thai		Devaloka Time: 3:PM to 6:PM	

6	Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy
	Mithuna Rasi: 12.11	Tithi 14	Gulika 2:51PM – 3:59PM	Ardra Until 9:30PM	Ganesha: Blue	<i>Sunrise:</i> 7:59AM	Sun 27 Sutra 280
			Yama 12:33PM – 1:42PM	Indra Until 10:50AM	Muruqa: Clear	<i>Sunset:</i> 5:08PM	Plava 5123
	827825466	Rahu 3:59PM – 5:08PM	Gara Until 9:44AM	Chaturdashi* Until 10:51PM	Nataraja: Orange		Moon 12 - Phase 37 - 27 4th Phase
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day	
				Pausha-Thai		Devaloka Time: 3:PM to 6:PM	

○	Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy
	Copper Retreat Star		Gulika 1:43PM – 2:51PM	Punarvasu Until 12:06AM Tue	Ganesha: Red	<i>Sunrise:</i> 7:58AM	Sun 28 Sutra 281
	Mithuna Rasi: 24.1	Tithi 15	Yama 11:25AM – 12:34PM	Vaidhriti* Until 11:21AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Plava 5123
	Family Home Evening	848835466	Rahu 9:07AM – 10:16AM	Visti Until 11:54AM	Nataraja: Orange		Moon 12 - Phase 37 - Purnima
Creative Work	Amrita Yoga		Purnima* Until 12:49AM Tue	Moon – Blue		Sivaloka Day	
Until 12:06AM Tue				Pausha-Thai			
Then Creative Work - Siddha Yoga							

○	Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy
	Silver Retreat Star		Gulika 12:34PM – 1:43PM	Pushya Until 2:10AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:58AM	Sun 28 Sutra 282
	Kataka Rasi: 6.19	Tithi 16	Yama 10:16AM – 11:25AM	Vishkambha* Until 11:35AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Plava 5123
	848835466	Rahu 2:52PM – 4:01PM	Balava Until 1:41PM	Prathama* Until 2:24AM Wed	Nataraja: Orange		Moon 12 - Phase 37 - Prathama
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day	
		Thai Pusam		Pausha-Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Milan, Italy

Sutra 283

Plava 5123

Kataka Rasi: 18.38 Tithi 17

Gulika 11:25AM – 12:34PM
Yama 9:06AM – 10:16AM
848935466 **Rahu** 12:34PM – 1:44PM

Ashlesha* Until 3:42AM Thu
Priti Until 11:33AM
Taitila Until 3:03PM
Dvitiya Until 3:34AM Thu

Ganesha: Yellow *Sunrise:* 7:57AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Orange
Moon – Blue
Pausha*Thai

Moon 1 - Phase 38 -
1st Phase

Creative Work Siddha Yoga
Until 3:42AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Milan, Italy

Sutra 284

Plava 5123

Simha Rasi: 1.07 Tithi 18

Gulika 10:16AM – 11:25AM
Yama 7:56AM – 9:06AM
858935466 **Rahu** 1:44PM – 2:54PM

Magha* Until 5:10AM Fri
Ayushman Until 11:10AM
Vanija Until 4:02PM
Tritiya Until 4:21AM Fri

Ganesha: White *Sunrise:* 7:56AM
Muruqa: Purple *Sunset:* 5:13PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Moon 1 - Phase 38 - 1
1st Phase

Creative Work Amrita Yoga
Until 5:10AM Fri
Then Creative Work - Siddha Yoga

Devaloka Day

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Milan, Italy

Sutra 285

Plava 5123

Simha Rasi: 13.46 Tithi 19

Gulika 9:05AM – 10:15AM
Yama 2:55PM – 4:05PM
858935466 **Rahu** 11:25AM – 12:35PM

Purvaphalguni Until 6:06AM Sat
Saubhagya Until 10:31AM
Bava Until 4:37PM
Chaturthi* Until 4:45AM Sat

Ganesha: White *Sunrise:* 7:56AM
Muruqa: Purple *Sunset:* 5:14PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Moon 1 - Phase 38 - 2
1st Phase

Creative Work Siddha Yoga
Until 6:06AM Sat
Then Routine Work - Marana Yoga

Devaloka Day

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Milan, Italy

Sutra 286

Plava 5123

Simha Rasi: 26.36 Tithi 20

Gulika 7:55AM – 9:05AM
Yama 1:45PM – 2:55PM
858935466 **Rahu** 10:15AM – 11:25AM

Purvaphalguni Until 6:06AM
Sobhana Until 9:35AM
Kaulava Until 4:49PM
Panchami Until 4:44AM Sun

Ganesha: White *Sunrise:* 7:55AM
Muruqa: Purple *Sunset:* 5:16PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Moon 1 - Phase 38 - 3
1st Phase

Creative Work Siddha Yoga
Until 6:06AM
Then Routine Work - Marana Yoga

Devaloka Day

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarna Yoga Gara/Vanija Karana Shashthyam Titau

Milan, Italy

Sutra 287

Plava 5123

Kanya Rasi: 9.38 Tithi 21

Gulika 2:56PM – 4:07PM
Yama 12:36PM – 1:46PM
858935466 **Rahu** 4:07PM – 5:17PM

Uttaraphalguni Until 6:30AM
Athiganda* Until 8:18AM
Gara Until 4:36PM
Shashthi* Until 4:18AM Mon

Ganesha: White *Sunrise:* 7:54AM
Muruqa: Purple *Sunset:* 5:17PM
Nataraja: Orange
Moon – Red
Pausha*Thai

Moon 1 - Phase 38 - 4
1st Phase

Creative Work Amrita Yoga

Devaloka Day

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Saplamyam Titau

Milan, Italy

Sutra 288

Plava 5123

Kanya Rasi: 22.53 Tithi 22

Gulika 1:46PM – 2:57PM
Yama 11:25AM – 12:36PM
969935466 **Rahu** 9:04AM – 10:14AM

Hasta Until 6:47AM
Sukarna Until 6:42AM
Visti Until 3:56PM
Saptami Until 3:24AM Tue

Ganesha: Green *Sunrise:* 7:53AM
Muruqa: Purple *Sunset:* 5:18PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Moon 1 - Phase 38 - 5
1st Phase

Family Home Evening
Creative Work Siddha Yoga
Until 6:47AM
Then Routine Work - Prabalarishta Yoga

Devaloka Day

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Milan, Italy

Sutra 289

Plava 5123

Tula Rasi: 6.23 Tithi 23

Gulika 12:36PM – 1:47PM
Yama 10:14AM – 11:25AM
969935466 **Rahu** 2:58PM – 4:09PM

Chitra Until 6:28AM
Shula* Until 2:23AM Wed
Balava Until 2:47PM
Ashtami* Until 2:01AM Wed

Ganesha: Green *Sunrise:* 7:52AM
Muruqa: Purple *Sunset:* 5:20PM
Nataraja: Orange
Moon – Green
Pausha*Thai

Moon 1 - Phase 38 - 6
Ashtami

Creative Work Siddha Yoga

Devaloka Day

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Milan, Italy

Sutra 290

Plava 5123

Tula Rasi: 20.11 Tithi 24

Gulika 11:25AM – 12:36PM
Yama 9:03AM – 10:14AM
979935466 **Rahu** 12:36PM – 1:48PM

Vishakha Until 4:23AM Thu
Ganda* Until 11:39PM
Taitila Until 1:09PM
Navami* Until 12:08AM Thu

Ganesha: Orange *Sunrise:* 7:51AM
Muruqa: Purple *Sunset:* 5:21PM
Nataraja: Orange
Moon – Orange
Pausha*Thai

Moon 1 - Phase 38 - 7
Navami

Creative Work Siddha Yoga


Sivaloka Day


1	Thursday, January 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Milan, Italy
	979935466		Gulika 10:13AM – 11:25AM Yama 7:50AM – 9:02AM Rahu 1:48PM – 3:00PM	Anuradha Until 2:40AM Fri Vriddhi Until 8:34PM Vanija Until 11:03AM Dashami Until 9:49PM	Ganesha: Orange Muruqa: Purple Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:50AM Sunset: 5:23PM	Sun 8 Sutra 291 Plava 5123 Moon 1 - Phase 39 - 8 2nd Phase Sivaloka Day
Vrischika Rasi: 4.17 Tithi 25		Creative Work Siddha Yoga Until 2:40AM Fri Then Routine Work - Marana Yoga					

2	Friday, January 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau				Milan, Italy
	979935466		Gulika 9:01AM – 10:13AM Yama 3:00PM – 4:12PM Rahu 11:25AM – 12:37PM	Jyeshtha* Until 12:27AM Sat Dhruva Until 5:08PM Bava Until 8:31AM Ekadashi* Until 7:06PM	Ganesha: Orange Muruqa: Purple Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:49AM Sunset: 5:24PM	Sun 9 Sutra 292 Plava 5123 Moon 1 - Phase 39 - 9 2nd Phase Sivaloka Day
Vrischika Rasi: 18.4 Tithi 26		Routine Work Marana Yoga Until 12:27AM Sat Then Creative Work - Siddha Yoga					

3	Saturday, January 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Milan, Italy
	989935466		Gulika 7:48AM – 9:00AM Yama 1:49PM – 3:01PM Rahu 10:13AM – 11:25AM	Mula* Until 10:16PM Vyaghata* Until 1:29PM Gara Until 2:33AM Sun Dvadashi* Until 4:06PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:48AM Sunset: 5:26PM	Sun 10 Sutra 293 Plava 5123 Moon 1 - Phase 39 - 10 2nd Phase Devaloka Day
Dhanus Rasi: 3.18 Tithi 27 – 28		Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

4	Sunday, January 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
	989935466		Gulika 3:02PM – 4:14PM Yama 12:37PM – 1:50PM Rahu 4:14PM – 5:27PM	Purvashadha* Until 7:49PM Harshana Until 9:42AM Visti Until 11:22PM Trayodashi* Until 12:57PM	Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:47AM Sunset: 5:27PM	Sun 11 Sutra 294 Plava 5123 Moon 1 - Phase 39 - 11 2nd Phase Devaloka Day
Dhanus Rasi: 18.06 Tithi 28 – 29		Creative Work Siddha Yoga Until 7:49PM Then Creative Work - Amrita Yoga					

	Monday, January 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Milan, Italy
	989935466		Gulika 1:50PM – 3:03PM Yama 11:24AM – 12:37PM Rahu 8:59AM – 10:12AM	Uttarashadha Until 5:16PM Siddhi Until 2:07AM Tue Catuspada Until 8:15PM Chaturdashi* Until 9:46AM	Ganesha: Light Blue Muruqa: Purple Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:46AM Sunset: 5:28PM	Sun 12 Sutra 295 Plava 5123 Moon 1 - Phase 39 - 12 Amavasya Devaloka Day
Makara Rasi: 2.57 Tithi 29 – 30		Retreat Star Family Home Evening Routine Work Marana Yoga Until 5:16PM Then Creative Work - Amrita Yoga					

	Tuesday, February 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Milan, Italy
	991935466		Gulika 12:37PM – 1:50PM Yama 10:12AM – 11:24AM Rahu 3:03PM – 4:16PM	Shravana Until 3:12PM Vyatipata* Until 10:37PM Bava Until 4:01AM Wed Amavasya* Until 6:45AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 7:46AM Sunset: 5:28PM	Sun 13 Sutra 296 Plava 5123 Moon 1 - Phase 39 - 13 Prathama Sivaloka Day
Makara Rasi: 17.43 Tithi 30 – 1		Creative Work Siddha Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Milan, Italy
	Kumbha Rasi: 2.16	Tithi 2	Gulika 11:24AM – 12:37PM	Dhanishtha Until 1:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:45AM	Sun 14 Sutra 297
		991935466	Yama 8:58AM – 10:11AM	Variyan Until 7:26PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Plava 5123
			Rahu 12:37PM – 1:51PM	Balava Until 2:51PM	Nataraja: Orange		Moon 1 - Phase 40 - 14 3rd Phase
	Routine Work	Prabalarishta Yoga		Dvitiya Until 1:46AM Thu	Moon – Purple		Sivaloka Day
	Until 1:22PM				Magha-Thai		
	Then Creative Work - Siddha Yoga						

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Milan, Italy
	Kumbha Rasi: 16.28	Tithi 3	Gulika 10:11AM – 11:24AM	Shatabhishak Until 11:55AM	Ganesha: Clear	<i>Sunrise:</i> 7:44AM	Sun 15 Sutra 298
		991935467	Yama 7:44AM – 8:57AM	Parigha* Until 4:44PM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
			Rahu 1:51PM – 3:04PM	Taitila Until 12:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 15 3rd Phase
	Creative Work	Siddha Yoga		Tritiya Until 12:09AM Fri	Moon – Purple		Sivaloka Day
					Magha-Thai		

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Milan, Italy
	Meena Rasi: 0.15	Tithi 4	Gulika 8:56AM – 10:10AM	Purvaproshtapada* Until 11:27AM	Ganesha: Purple	<i>Sunrise:</i> 7:43AM	Sun 16 Sutra 299
		911935467	Yama 3:05PM – 4:19PM	Shiva Until 2:38PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Plava 5123
			Rahu 11:24AM – 12:38PM	Vanija Until 11:38AM	Nataraja: Clear		Moon 1 - Phase 40 - 16 3rd Phase
	Creative Work	Siddha Yoga		Chaturthi* Until 11:18PM	Moon – Clear		Subha Sivaloka Day
					Magha-Thai		

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Milan, Italy
	Meena Rasi: 13.35	Tithi 5	Gulika 7:41AM – 8:55AM	Uttaraproshtapada Until 11:37AM	Ganesha: Purple	<i>Sunrise:</i> 7:41AM	Sun 17 Sutra 300
		911935467	Yama 1:52PM – 3:06PM	Siddha Until 1:09PM	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Plava 5123
			Rahu 10:10AM – 11:24AM	Bava Until 11:12AM	Nataraja: Clear		Moon 1 - Phase 40 - 17 3rd Phase
	Creative Work	Siddha Yoga		Panchami Until 11:17PM	Moon – Clear		Subha Sivaloka Day
	Until 11:37AM				Magha-Thai		
	Then Routine Work - Prabalarishta Yoga						

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy
	Meena Rasi: 26.29	Tithi 6	Gulika 3:07PM – 4:21PM	Revati Until 12:29PM	Ganesha: Purple	<i>Sunrise:</i> 7:40AM	Sun 18 Sutra 301
		911935467	Yama 12:38PM – 1:52PM	Sadhya Until 12:21PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Plava 5123
			Rahu 4:21PM – 5:36PM	Kaulava Until 11:38AM	Nataraja: Clear		Moon 1 - Phase 40 - 18 3rd Phase
	Creative Work	Amrita Yoga		Shashthi* Until 12:09AM Mon	Moon – Clear		Subha Sivaloka Day
	Until 12:29PM				Magha-Thai		
	Then Creative Work - Siddha Yoga						

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy
	Mesha Rasi: 8.59	Tithi 7	Gulika 1:53PM – 3:07PM	Ashvini Until 2:28PM	Ganesha: Clear	<i>Sunrise:</i> 7:39AM	Sun 19 Sutra 302
	Family Home Evening		Yama 11:23AM – 12:38PM	Subha Until 12:12PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Plava 5123
		921935467	Rahu 8:54AM – 10:08AM	Gara Until 12:54PM	Nataraja: Clear		Moon 1 - Phase 40 - 19 3rd Phase
	Creative Work	Siddha Yoga		Saptami Until 1:48AM Tue	Moon – White		Sivaloka Day
					Magha-Thai		

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy
	Retreat Star		Gulika 12:38PM – 1:53PM	Bharani Until 4:57PM	Ganesha: Clear	<i>Sunrise:</i> 7:38AM	Sun 20 Sutra 303
	Mesha Rasi: 21.1	Tithi 8	Yama 10:08AM – 11:23AM	Sukla Until 12:34PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Plava 5123
		921935467	Rahu 3:08PM – 4:23PM	Visti Until 2:53PM	Nataraja: Clear		Moon 1 - Phase 40 - 20 Ashtami
	Creative Work	Siddha Yoga		Ashtami* Until 4:03AM Wed	Moon – White		Sivaloka Day
					Magha-Thai		

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy
	Retreat Star		Gulika 11:23AM – 12:38PM	Krittika Until 7:44PM	Ganesha: Clear	<i>Sunrise:</i> 7:36AM	Sun 21 Sutra 304
	Vrishabha Rasi: 3.08	Tithi 9	Yama 8:52AM – 10:07AM	Brahma Until 1:20PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Plava 5123
		921935467	Rahu 12:38PM – 1:54PM	Balava Until 5:22PM	Nataraja: Clear		Moon 1 - Phase 40 - 21 Navami
	Creative Work	Amrita Yoga		Navami* Until 6:41AM Thu	Moon – White		Sivaloka Day
	Until 7:44PM				Magha-Thai		
	Then Creative Work - Siddha Yoga						

1	Thursday, February 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Milan, Italy Sun 22 Sutra 305 Plava 5123
	Vishabha Rasi: 14.57	Tithi 9 – 10	931935467	Gulika 10:06AM – 11:22AM Yama 7:35AM – 8:51AM Rahu 1:54PM – 3:10PM	Rohini Until 11:03PM Indra Until 2:20PM Taitila Until 8:05PM Navami* Until 6:41AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow Magha*Thai	Sunrise: 7:35AM Sunset: 5:41PM Moon 1 - Phase 41 - 22 4th Phase Subha Sivaloka Day
	Routine Work Marana Yoga						

2	Friday, February 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 23 Sutra 306 Plava 5123
	Vishabha Rasi: 26.44	Tithi 10 – 11	932935467	Gulika 8:50AM – 10:06AM Yama 3:10PM – 4:27PM Rahu 11:22AM – 12:38PM	Mrigashira Until 2:09AM Sat Vaidhriti* Until 3:19PM Vanija Until 10:46PM Dashami Until 9:26AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow Magha*Thai	Sunrise: 7:33AM Sunset: 5:43PM Moon 1 - Phase 41 - 23 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

3	Saturday, February 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 24 Sutra 307 Plava 5123
	Mithuna Rasi: 8.34	Tithi 11 – 12	932135467	Gulika 7:32AM – 8:49AM Yama 1:55PM – 3:11PM Rahu 10:05AM – 11:22AM	Ardra Until 4:48AM Sun Vishkambha* Until 4:10PM Bava Until 1:12AM Sun Ekadashi Until 12:01PM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow Magha*Masi	Sunrise: 7:32AM Sunset: 5:44PM Moon 1 - Phase 41 - 24 4th Phase Sivaloka Day
	Creative Work Siddha Yoga						

4	Sunday, February 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 25 Sutra 308 Plava 5123
	Mithuna Rasi: 20.3	Tithi 12 – 13	942135467	Gulika 3:12PM – 4:29PM Yama 12:38PM – 1:55PM Rahu 4:29PM – 5:46PM	Punarvasu Until 7:23AM Mon Priti Until 4:45PM Kaulava Until 3:13AM Mon Dvadashi Until 2:15PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha*Masi	Sunrise: 7:31AM Sunset: 5:46PM Moon 1 - Phase 41 - 25 4th Phase Devaloka Day
	Creative Work Siddha Yoga						
			<i>Pradosha Vrata</i>				

5	Monday, February 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 26 Sutra 309 Plava 5123
	Kataka Rasi: 2.37	Tithi 13 – 14	942135467	Gulika 1:55PM – 3:13PM Yama 11:21AM – 12:38PM Rahu 8:46AM – 10:04AM	Punarvasu Until 7:23AM Ayushman Until 4:57PM Gara Until 4:42AM Tue Trayodashi Until 4:00PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha*Masi	Sunrise: 7:29AM Sunset: 5:47PM Moon 1 - Phase 41 - 26 4th Phase Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 7:23AM Then Creative Work - Siddha Yoga						

6	Tuesday, February 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy Sun 27 Sutra 310 Plava 5123
	Kataka Rasi: 14.56	Tithi 14 – 15	942135467	Gulika 12:38PM – 1:56PM Yama 10:03AM – 11:20AM Rahu 3:13PM – 4:31PM	Pushya Until 9:18AM Saubhagya Until 4:46PM Visti Until 5:40AM Wed Chaturdashi* Until 5:14PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha*Masi	Sunrise: 7:28AM Sunset: 5:49PM Moon 1 - Phase 41 - 27 4th Phase Devaloka Day
	Creative Work Siddha Yoga						

O	Wednesday, February 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy Sun 28 Sutra 311 Plava 5123		
	Copper Retreat Star		Kataka Rasi: 27.3	Tithi 15 – 16	942135467	Gulika 11:20AM – 12:38PM Yama 8:44AM – 10:02AM Rahu 12:38PM – 1:56PM	Ashlesha* Until 10:33AM Sobhana Until 4:12PM Balava Until 6:08AM Thu Purnima* Until 5:57PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue Magha*Masi	Sunrise: 7:26AM Sunset: 5:50PM Moon 1 - Phase 41 - Purnima Devaloka Day
	Creative Work Siddha Yoga								

O	Thursday, February 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Milan, Italy Sun 29 Sutra 312 Plava 5123		
	Silver Retreat Star		Simha Rasi: 10.17	Tithi 16	952135467	Gulika 10:01AM – 11:20AM Yama 7:25AM – 8:43AM Rahu 1:56PM – 3:15PM	Magha* Until 11:39AM Athiganda* Until 3:13PM Balava Until 6:08AM Prathama* Until 6:10PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red Magha*Masi	Sunrise: 7:25AM Sunset: 5:51PM Moon 1 - Phase 41 - Prathama Sivaloka Day
	Creative Work Amrita Yoga Until 11:39AM Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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Friday, February 18, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarna/Dhriti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Milan, Italy

Sun 1 Sutra 313

Plava 5123

Simha Rasi: 23.17 Tithi 17 - 18

952135467

Gulika 8:42AM - 10:00AM
Yama 3:15PM - 4:34PM
Rahu 11:19AM - 12:38PM

Purvaphalguni Until 12:09PM

Sukarna Until 1:56PM

Taitila Until 6:08AM

Dvitiya Until 5:59PM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Red

Magha-Masi

Sunrise: 7:23AM

Sunset: 5:53PM

Moon 2 - Phase 42 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Saturday, February 19, 2022

1

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Milan, Italy

Sun 2 Sutra 314

Plava 5123

Kanya Rasi: 6.29 Tithi 18 - 19

952135467

Gulika 7:21AM - 8:41AM
Yama 1:57PM - 3:16PM
Rahu 10:00AM - 11:19AM

Uttaraphalguni Until 12:10PM

Dhriti Until 12:23PM

Bava Until 5:04AM Sun

Tritiya Until 5:26PM

Ganesha: Yellow

Muruqa: Purple

Nataraja: Clear

Moon - Red

Magha-Masi

Sunrise: 7:21AM

Sunset: 5:54PM

Moon 2 - Phase 42 - 2

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Sunday, February 20, 2022

2

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Milan, Italy

Sun 3 Sutra 315

Plava 5123

Kanya Rasi: 19.52 Tithi 19 - 20

962135467

Gulika 3:17PM - 4:36PM
Yama 12:38PM - 1:57PM
Rahu 4:36PM - 5:56PM

Hasta Until 12:10PM

Shula* Until 10:34AM

Kaulava Until 4:05AM Mon

Chaturthi* Until 4:35PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 7:20AM

Sunset: 5:56PM

Moon 2 - Phase 42 - 3

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 12:10PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Monday, February 21, 2022

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Milan, Italy

Sun 4 Sutra 316

Plava 5123

Tula Rasi: 3.23 Tithi 20 - 21

962135467

Gulika 1:58PM - 3:17PM
Yama 11:18AM - 12:38PM
Rahu 8:38AM - 9:58AM

Chitra Until 11:45AM

Ganda* Until 8:33AM

Gara Until 2:50AM Tue

Panchami Until 3:28PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 7:18AM

Sunset: 5:57PM

Moon 2 - Phase 42 - 4

1st Phase

Devaloka Day

Family Home Evening

Routine Work Prabalarishta Yoga

Until 11:45AM

Then Creative Work - Amrita Yoga

Tuesday, February 22, 2022

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Milan, Italy

Sun 5 Sutra 317

Plava 5123

Tula Rasi: 17.04 Tithi 21 - 22

962135467

Gulika 12:38PM - 1:58PM
Yama 9:57AM - 11:17AM
Rahu 3:18PM - 4:38PM

Svati Until 10:57AM

Vridhi Until 6:20AM

Visti Until 1:21AM Wed

Shashthi* Until 2:06PM

Ganesha: White

Muruqa: Purple

Nataraja: Clear

Moon - Green

Magha-Masi

Sunrise: 7:17AM

Sunset: 5:59PM

Moon 2 - Phase 42 - 5

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 10:57AM

Then Routine Work - Marana Yoga

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Milan, Italy

Sun 6 Sutra 318

Plava 5123

Vrischika Rasi: 0.53 Tithi 22 - 23

972135467

Gulika 11:17AM - 12:37PM
Yama 8:36AM - 9:56AM
Rahu 12:37PM - 1:58PM

Vishakha Until 10:11AM

Vyaghata* Until 1:17AM Thu

Balava Until 11:36PM

Saptami Until 12:29PM

Ganesha: Clear

Muruqa: Purple

Nataraja: Clear

Moon - Orange

Magha-Masi

Sunrise: 7:15AM

Sunset: 6:00PM

Moon 2 - Phase 42 - 6

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Milan, Italy

Sun 7 Sutra 319

Plava 5123

Vrischika Rasi: 14.52 Tithi 23 - 24

973135467

Gulika 9:55AM - 11:16AM
Yama 7:13AM - 8:34AM
Rahu 1:58PM - 3:19PM

Anuradha Until 9:02AM

Harshana Until 10:30PM

Taitila Until 9:37PM

Ashtami* Until 10:38AM

Ganesha: Purple

Muruqa: Purple

Nataraja: Clear

Moon - Orange

Magha-Masi

Sunrise: 7:13AM

Sunset: 6:01PM

Moon 2 - Phase 42 - 7

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:02AM

Then Routine Work - Prabalarishta Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Friday, February 25, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Milan, Italy Sun 8 Sutra 320 Plava 5123	
Vrischika Rasi: 29.01	Tithi 24 – 25	Gulika 8:33AM – 9:54AM	Jyeshtha* Until 7:31AM	Ganesha: Purple	<i>Sunrise:</i> 7:12AM		
		Yama 3:20PM – 4:41PM	Vajra* Until 7:29PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 43 - 8	
		973135467 Rahu 11:16AM – 12:37PM	Vanija Until 7:25PM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 8:31AM	Moon – Orange		Subha Sivaloka Day	
Until 7:31AM				Magha-Masi			
Then Creative Work - Amrita Yoga							

2		Saturday, February 26, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyalipata* Yoga Visi*/Balava Karana Dashami/Ekadashyam Titau		Milan, Italy Sun 9 Sutra 321 Plava 5123	
Dhanus Rasi: 13.17	Tithi 25 – 26	Gulika 7:10AM – 8:32AM	Mula* Until 6:04AM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM		
		Yama 1:59PM – 3:21PM	Siddhi Until 4:21PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 43 - 9	
		983135467 Rahu 9:54AM – 11:15AM	Balava Until 3:46AM Sun	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 6:13AM	Moon – Light Blue		Sivaloka Day	
				Magha-Masi			

3		Sunday, February 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvodashyam Titau		Milan, Italy Sun 10 Sutra 322 Plava 5123	
Dhanus Rasi: 27.4	Tithi 27	Gulika 3:21PM – 4:43PM	Uttarashadha Until 2:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:08AM		
		Yama 12:37PM – 1:59PM	Vyatipata* Until 1:09PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 43 - 10	
		983135467 Rahu 4:43PM – 6:06PM	Kaulava Until 2:32PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:15AM Mon	Moon – Light Blue		Sivaloka Day	
				Magha-Masi			

4		Monday, February 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Milan, Italy Sun 11 Sutra 323 Plava 5123	
Makara Rasi: 12.04	Tithi 28	Gulika 1:59PM – 3:22PM	Shravana Until 12:49AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:07AM		
Family Home Evening		Yama 11:14AM – 12:37PM	Variyan Until 9:54AM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 43 - 11	
Creative Work	Amrita Yoga	993135467 Rahu 8:29AM – 9:52AM	Gara Until 12:02PM	Nataraja: Clear		2nd Phase	
Until 12:49AM Tue			Trayodashi* Until 10:48PM	Moon – Purple		Sivaloka Day	
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)	<i>Pradosha Vrata (Fasting)</i>	Magha-Masi			

5		Tuesday, March 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Milan, Italy Sun 12 Sutra 324 Plava 5123	
Makara Rasi: 26.25	Tithi 29	Gulika 12:36PM – 2:00PM	Dhanishtha Until 11:17PM	Ganesha: Orange	<i>Sunrise:</i> 7:03AM		
		Yama 9:50AM – 11:13AM	Parigha* Until 6:46AM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 43 - 12	
		993135467 Rahu 3:23PM – 4:46PM	Visti Until 9:39AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:32PM	Moon – Purple		Sivaloka Day	
Until 11:17PM				Magha-Masi			
Then Routine Work - Marana Yoga							

		Wednesday, March 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Milan, Italy Sun 13 Sutra 325 Plava 5123	
Retreat Star		Gulika 11:12AM – 12:36PM	Shatabhishak Until 9:57PM	Ganesha: Orange	<i>Sunrise:</i> 7:01AM		
Kumbha Rasi: 11	Tithi 30	Yama 8:25AM – 9:49AM	Siddha Until 1:10AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 43 - 13	
		993135467 Rahu 12:36PM – 2:00PM	Catuspada Until 7:31AM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 6:35PM	Moon – Purple		Sivaloka Day	
Until 9:57PM				Magha-Masi			
Then Creative Work - Amrita Yoga							

Thursday, March 3, 2022		Retreat Star		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 24.32	Tithi 1 – 2	Gulika 9:48AM – 11:12AM	Purvaproshtapada* Until 9:24PM	Ganesha: Green	<i>Sunrise:</i> 6:59AM		
		Yama 6:59AM – 8:24AM	Sadhya Until 10:56PM	Muruqa: Purple	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 43 - 14	
		913135467 Rahu 2:00PM – 3:24PM	Balava Until 4:37AM Fri	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:07PM	Moon – Clear		Subha Sivaloka Day	
				Phalgun-Masi			

1		Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Milan, Italy
Meena Rasi: 8.09	Tithi 2 – 3	Gulika	8:22AM – 9:47AM	Uttaraproshtapada Until 9:20PM	Ganesha: Green	<i>Sunrise:</i> 6:58AM	Sun 15	Sutra 327
		Yama	3:25PM – 4:49PM	Subha Until 9:13PM	Muruqa: Purple	<i>Sunset:</i> 6:14PM		Plava 5123
913135467	Rahu	11:11AM – 12:36PM		Taitila Until 4:06AM Sat	Nataraja: Clear		Moon 2 - Phase 44 - 15	3rd Phase
Creative Work	Siddha Yoga			Dvitiya Until 4:15PM	Moon – Clear		Subha Sivaloka Day	
					Phalguna-Masi			

2		Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Milan, Italy
Meena Rasi: 21.23	Tithi 3 – 4	Gulika	6:56AM – 8:21AM	Revati Until 9:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:56AM	Sun 16	Sutra 328
		Yama	2:00PM – 3:25PM	Sukla Until 8:03PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM		Plava 5123
113135467	Rahu	9:46AM – 11:11AM		Vanija Until 4:20AM Sun	Nataraja: Clear		Moon 2 - Phase 44 - 16	3rd Phase
Routine Work	Prabalarishta Yoga			Tritiya Until 4:06PM	Moon – Clear		Sivaloka Day	
Until 9:48PM					Phalguna-Masi			
Then Creative Work - Siddha Yoga								

3		Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Milan, Italy
Mesha Rasi: 4.15	Tithi 4 – 5	Gulika	3:26PM – 4:51PM	Ashvini Until 11:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	Sun 17	Sutra 329
		Yama	12:35PM – 2:01PM	Brahma Until 7:29PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM		Plava 5123
123135467	Rahu	4:51PM – 6:17PM		Bava Until 5:20AM Mon	Nataraja: Clear		Moon 2 - Phase 44 - 17	3rd Phase
Creative Work	Siddha Yoga			Chaturthi* Until 4:43PM	Moon – White		Sivaloka Day	
Until 11:20PM					Phalguna-Masi			
Then Routine Work - Prabalarishta Yoga								

4		Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava Karana Panchamyam Titau				Milan, Italy
Mesha Rasi: 16.46	Tithi 5	Gulika	2:01PM – 3:26PM	Bharani Until 1:25AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	Sun 18	Sutra 330
		Yama	11:09AM – 12:35PM	Indra Until 7:30PM	Muruqa: Purple	<i>Sunset:</i> 6:18PM		Plava 5123
123135467	Rahu	8:18AM – 9:44AM		Balava Until 6:05PM	Nataraja: Clear		Moon 2 - Phase 44 - 18	3rd Phase
Family Home Evening				Panchami Until 6:05PM	Moon – White		Sivaloka Day	
Creative Work	Siddha Yoga				Phalguna-Masi			

5		Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Milan, Italy
Mesha Rasi: 28.58	Tithi 6	Gulika	12:35PM – 2:01PM	Krittika Until 3:53AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:50AM	Sun 19	Sutra 331
		Yama	9:43AM – 11:09AM	Vaidhriti* Until 7:58PM	Muruqa: Purple	<i>Sunset:</i> 6:19PM		Plava 5123
123135467	Rahu	3:27PM – 4:53PM		Kaulava Until 7:02AM	Nataraja: Clear		Moon 2 - Phase 44 - 19	3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 8:04PM	Moon – White		Sivaloka Day	
					Phalguna-Masi			

6		Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Milan, Italy
Vrishabha Rasi: 10.58	Tithi 7	Gulika	11:08AM – 12:35PM	Rohini Until 7:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	Sun 20	Sutra 332
		Yama	8:15AM – 9:42AM	Vishkambha* Until 8:46PM	Muruqa: Clear	<i>Sunset:</i> 6:21PM		Plava 5123
133235477	Rahu	12:35PM – 2:01PM		Gara Until 9:16AM	Nataraja: Green		Moon 2 - Phase 44 - 20	3rd Phase
Creative Work	Siddha Yoga			Saptami Until 10:30PM	Moon – Yellow		Devaloka Day	
Until 7:02AM Thu					Phalguna-Masi			
Then Routine Work - Marana Yoga								

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Milan, Italy
Vrishabha Rasi: 22.49	Tithi 8	Gulika	9:41AM – 11:07AM	Rohini Until 7:02AM	Ganesha: Clear	<i>Sunrise:</i> 6:47AM	Sun 21	Sutra 333
		Yama	6:47AM – 8:14AM	Priti Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM		Plava 5123
133235477	Rahu	2:01PM – 3:28PM		Visti Until 11:50AM	Nataraja: Green		Moon 2 - Phase 44 - 21	Ashtami
Routine Work	Marana Yoga			Ashtami* Until 1:07AM Fri	Moon – Yellow		Devaloka Day	
					Phalguna-Masi			

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Milan, Italy
Mithuna Rasi: 4.38	Tithi 9	Gulika	8:12AM – 9:40AM	Mrigashira Until 10:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:45AM	Sun 22	Sutra 334
		Yama	3:29PM – 4:56PM	Ayushman Until 10:40PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM		Plava 5123
134235477	Rahu	11:07AM – 12:34PM		Balava Until 2:27PM	Nataraja: Green		Moon 2 - Phase 44 - 22	Navami
Creative Work	Siddha Yoga			Navami* Until 3:40AM Sat	Moon – Yellow		Sivaloka Day	
					Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Saturday, March 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashanyam Titau				Milan, Italy
Mithuna Rasi: 16.29	Tithi 10	Gulika 6:43AM – 8:11AM	Ardra Until 12:52PM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Sun 23	Sutra 335	Plava 5123
		Yama 2:02PM – 3:29PM	Saubhagya Until 11:23PM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 45 - 23		4th Phase
134235477	Rahu 9:38AM – 11:06AM		Taitila Until 4:51PM	Nataraja: Green				
Creative Work	Siddha Yoga		Dashami Until 5:53AM Sun	Moon – Yellow		Sivaloka Day		
				Phalgun-Masi				

2		Sunday, March 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Vanija Karana Ekadashyam Titau				Milan, Italy
Mithuna Rasi: 28.29	Tithi 11	Gulika 3:30PM – 4:58PM	Punarvasu Until 3:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:41AM	Sun 24	Sutra 336	Plava 5123
		Yama 12:34PM – 2:02PM	Sobhana Until 11:47PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 45 - 24		4th Phase
144235477	Rahu 4:58PM – 6:26PM		Vanija Until 6:51PM	Nataraja: Green				
Creative Work	Siddha Yoga		Ekadashi Until 7:37AM Mon	Moon – Blue		Devaloka Day		
				Phalgun-Masi				

3		Monday, March 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Milan, Italy
Kataka Rasi: 10.4	Tithi 11 – 12	Gulika 2:02PM – 3:30PM	Pushya Until 5:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:39AM	Sun 25	Sutra 337	Plava 5123
Family Home Evening		Yama 11:05AM – 12:33PM	Athiganda* Until 11:43PM	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 45 - 25		4th Phase
144235477	Rahu 8:08AM – 9:36AM		Bava Until 8:16PM	Nataraja: Green				
Creative Work	Siddha Yoga		Ekadashi Until 7:37AM	Moon – Blue		Devaloka Day		
		Karadaiyan Nombu (Tamil Nadu)		Phalgun-Panguni				

4		Tuesday, March 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Milan, Italy
Kataka Rasi: 23.06	Tithi 12 – 13	Gulika 12:33PM – 2:02PM	Ashlesha* Until 6:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Sun 26	Sutra 338	Plava 5123
		Yama 9:35AM – 11:04AM	Sukarma Until 11:10PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 45 - 26		4th Phase
144235478	Rahu 3:31PM – 5:00PM		Kaulava Until 9:04PM	Nataraja: White				
Creative Work	Siddha Yoga		Dvadashi Until 8:44AM	Moon – Blue		Devaloka Day		
				Phalgun-Panguni				

Pradosha Vrata

5		Wednesday, March 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Milan, Italy
Simha Rasi: 5.5	Tithi 13 – 14	Gulika 11:03AM – 12:33PM	Magha* Until 7:51PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sun 27	Sutra 339	Plava 5123
		Yama 8:05AM – 9:34AM	Dhriti Until 10:08PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 2 - Phase 45 - 27		4th Phase
154235478	Rahu 12:33PM – 2:02PM		Gara Until 9:12PM	Nataraja: White				
Creative Work	Siddha Yoga		Trayodashi Until 9:11AM	Moon – Red		Sivaloka Day		
Until 7:51PM				Phalgun-Panguni				
Then Creative Work - Amrita Yoga								

○		Thursday, March 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Milan, Italy
Copper Retreat Star		Gulika 9:33AM – 11:03AM	Purvaphalguni Until 8:04PM	Ganesha: White	<i>Sunrise:</i> 6:34AM		Sutra 340	Plava 5123
Simha Rasi: 18.52	Tithi 14 – 15	Yama 6:34AM – 8:03AM	Shula* Until 8:37PM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 45 -		Purnima
154235478	Rahu 2:02PM – 3:32PM		Visti Until 8:45PM	Nataraja: White				
Creative Work	Siddha Yoga		Chaturdashi* Until 9:02AM	Moon – Red		Sivaloka Day		
		Panguni Uttiram		Phalgun-Panguni				
		Holi						

Friday, March 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Milan, Italy		
Silver Retreat Star		Gulika 8:02AM – 9:32AM	Uttaraphalguni Until 7:39PM	Ganesha: White	<i>Sunrise:</i> 6:32AM		Sutra 341	Plava 5123
Kanya Rasi: 2.12	Tithi 15 – 16	Yama 3:32PM – 5:02PM	Ganda* Until 6:43PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 2 - Phase 45 -		Prathama
154235478	Rahu 11:02AM – 12:32PM		Balava Until 7:48PM	Nataraja: White				
Creative Work	Siddha Yoga		Purnima* Until 8:19AM	Moon – Red		Sivaloka Day		
Until 7:39PM				Phalgun-Panguni				
Then Creative Work - Amrita Yoga								

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Saturday, March 19, 2022

Gold Retreat Star

Kanya Rasi: 15.48 Tithi 16 - 17

164235478

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 6:30AM - 8:00AM
Yama 2:02PM - 3:33PM
Rahu 9:31AM - 11:01AM

Hasta Until 7:07PM
Vriddhi Until 4:30PM
Taitila Until 6:26PM
Prathama* Until 7:08AM

Ganesha: Yellow Sunrise: 6:30AM
Muruga: Clear Sunset: 6:34PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Milan, Italy
Sutra 342
Plava 5123
Moon 3 - Phase 46 - 1st Phase

1

Sunday, March 20, 2022

Kanya Rasi: 29.37 Tithi 18

164235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 3:33PM - 5:04PM
Yama 12:32PM - 2:02PM
Rahu 5:04PM - 6:35PM

Chitra Until 6:08PM
Dhruva Until 2:00PM
Vanija Until 4:45PM
Tritiya Until 3:49AM Mon

Ganesha: Yellow Sunrise: 6:28AM
Muruga: Clear Sunset: 6:35PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Milan, Italy
Sun 1
Sutra 343
Plava 5123
Moon 3 - Phase 46 - 1st Phase

2

Monday, March 21, 2022

Tula Rasi: 13.34 Tithi 19

164235478

Family Home Evening
Creative Work Amrita Yoga

Until 4:49PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:03PM - 3:34PM
Yama 11:00AM - 12:31PM
Rahu 7:57AM - 9:29AM

Svati Until 4:49PM
Vyaghata* Until 11:21AM
Bava Until 2:53PM
Chaturthi* Until 1:52AM Tue

Ganesha: Yellow Sunrise: 6:26AM
Muruga: Clear Sunset: 6:36PM
Nataraja: White
Moon - Green
Phalguna-Panguni

Devaloka Day

Milan, Italy
Sun 2
Sutra 344
Plava 5123
Moon 3 - Phase 46 - 2nd Phase

3

Tuesday, March 22, 2022

Tula Rasi: 27.38 Tithi 20

174235478

Routine Work Marana Yoga

Until 3:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:31PM - 2:03PM
Yama 9:28AM - 10:59AM
Rahu 3:34PM - 5:06PM

Vishakha Until 3:40PM
Harshana Until 8:36AM
Kaulava Until 12:53PM
Panchami Until 11:50PM

Ganesha: Blue Sunrise: 6:24AM
Muruga: Clear Sunset: 6:38PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Sivaloka Day

Milan, Italy
Sun 3
Sutra 345
Plava 5123
Moon 3 - Phase 46 - 3rd Phase

4

Wednesday, March 23, 2022

Virchika Rasi: 11.45 Tithi 21

175235478

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:59AM - 12:31PM
Yama 7:54AM - 9:27AM
Rahu 12:31PM - 2:03PM

Anuradha Until 2:19PM
Siddhi Until 2:55AM Thu
Gara Until 10:49AM
Shashthi* Until 9:45PM

Ganesha: Yellow Sunrise: 6:22AM
Muruga: Clear Sunset: 6:39PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Devaloka Day

Milan, Italy
Sun 4
Sutra 346
Plava 5123
Moon 3 - Phase 46 - 4th Phase

5

Thursday, March 24, 2022

Virchika Rasi: 25.53 Tithi 22

175235478

Routine Work Prabalarishta Yoga

Until 12:49PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:25AM - 10:58AM
Yama 6:20AM - 7:53AM
Rahu 2:03PM - 3:35PM

Jyeshtha* Until 12:49PM
Vyatipata* Until 12:06AM Fri
Visti Until 8:44AM
Saptami Until 7:40PM

Ganesha: Yellow Sunrise: 6:20AM
Muruga: Clear Sunset: 6:40PM
Nataraja: White
Moon - Orange
Phalguna-Panguni

Devaloka Day

Milan, Italy
Sun 5
Sutra 347
Plava 5123
Moon 3 - Phase 46 - 5th Phase

D

Friday, March 25, 2022

Retreat Star

Dhanus Rasi: 10.01 Tithi 23 - 24

185235478

Creative Work Amrita Yoga

Until 11:37AM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:51AM - 9:24AM
Yama 3:36PM - 5:09PM
Rahu 10:57AM - 12:30PM

Mula* Until 11:37AM
Variyan Until 9:16PM
Balava Until 6:39AM
Ashtami* Until 5:37PM

Ganesha: Blue Sunrise: 6:19AM
Muruga: Clear Sunset: 6:42PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Milan, Italy
Sun 6
Sutra 348
Plava 5123
Moon 3 - Phase 46 - 6th Phase
Ashtami

Saturday, March 26, 2022

Retreat Star

Dhanus Rasi: 24.07 Tithi 24 - 25

185235478

Creative Work Siddha Yoga

Until 10:19AM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 6:17AM - 7:50AM
Yama 2:03PM - 3:36PM
Rahu 9:23AM - 10:56AM

Purvashadha* Until 10:19AM
Parigha* Until 6:30PM
Vanija Until 2:38AM Sun
Navami* Until 3:36PM

Ganesha: Blue Sunrise: 6:17AM
Muruga: Clear Sunset: 6:43PM
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Milan, Italy
Sun 7
Sutra 349
Plava 5123
Moon 3 - Phase 46 - 7th Phase
Navami

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Sunday, March 27, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Milan, Italy Sun 8 Sutra 350 Plava 5123
Makara Rasi: 8.11	Tithi 25 – 26	Gulika 3:37PM – 5:10PM	Uttarashadha Until 8:57AM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	
		Yama 12:29PM – 2:03PM	Shiva Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 47 - 8
		185235478 Rahu 5:10PM – 6:44PM	Bava Until 12:45AM Mon	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 1:39PM	Moon – Light Blue		
				Phalguna•Panguni		Bhuloka Day Devaloka Time: 12:PM to 3:PM

2 Monday, March 28, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Milan, Italy Sun 9 Sutra 351 Plava 5123
Makara Rasi: 22.11	Tithi 26 – 27	Gulika 2:03PM – 3:37PM	Shravana Until 7:58AM	Ganesha: Red	<i>Sunrise:</i> 6:13AM	
		Yama 10:55AM – 12:29PM	Siddha Until 1:11PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 47 - 9
Family Home Evening		195235478 Rahu 7:47AM – 9:21AM	Kaulava Until 11:01PM	Nataraja: White		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		
Until 7:58AM				Phalguna•Panguni		Devaloka Day
Then Creative Work - Siddha Yoga						

3 Tuesday, March 29, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Milan, Italy Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 6.04	Tithi 27 – 28	Gulika 12:29PM – 2:03PM	Dhanishtha Until 7:01AM	Ganesha: Red	<i>Sunrise:</i> 6:11AM	
		Yama 9:20AM – 10:54AM	Sadhya Until 10:45AM	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 47 - 10
		195245478 Rahu 3:38PM – 5:12PM	Gara Until 9:32PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:13AM	Moon – Purple		
Until 7:01AM				Phalguna•Panguni		Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

4 Wednesday, March 30, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Milan, Italy Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 19.48	Tithi 28 – 29	Gulika 10:54AM – 12:29PM	Shatabhishak Until 6:11AM	Ganesha: Red	<i>Sunrise:</i> 6:09AM	
		Yama 7:44AM – 9:19AM	Subha Until 8:33AM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 47 - 11
		195245478 Rahu 12:29PM – 2:03PM	Visti Until 8:21PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:52AM	Moon – Purple		
Until 6:11AM				Phalguna•Panguni		Bhuloka Day Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

Thursday, March 31, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdash/Amavasyayam Titau				Milan, Italy Sun 12 Sutra 354 Plava 5123
Retreat Star		Gulika 9:18AM – 10:53AM	Purvaproshtapada* Until 6:01AM	Ganesha: Green	<i>Sunrise:</i> 6:07AM	
Meena Rasi: 3.19	Tithi 29 – 30	Yama 6:07AM – 7:42AM	Sukla Until 6:37AM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 12
		115245478 Rahu 2:03PM – 3:39PM	Catuspada Until 7:36PM	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Chaturdash* Until 7:54AM	Moon – Clear		
				Phalguna•Panguni		Bhuloka Day

Friday, April 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Milan, Italy Sun 13 Sutra 355 Plava 5123
Retreat Star		Gulika 7:42AM – 9:18AM	Uttaraproshtapada Until 6:09AM	Ganesha: Red	<i>Sunrise:</i> 6:07AM	
Meena Rasi: 16.35	Tithi 30 – 1	Yama 3:39PM – 5:14PM	Indra Until 3:59AM Sat	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47 - 13
		116245478 Rahu 10:53AM – 12:28PM	Kintughna Until 7:23PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 7:24AM	Moon – Clear		
		Yugadhi		Chaitra•Panguni		Bhuloka Day Devaloka Time: 9:AM to 12:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Saturday, April 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Milan, Italy
Meena Rasi: 29.33	Tithi 1 – 2	Gulika 6:05AM – 7:41AM	Revati Until 6:40AM	Ganesha: Red	<i>Sunrise:</i> 6:05AM	Sun 14 Sutra 356
		Yama 2:04PM – 3:39PM	Vaidhrili* Until 3:20AM Sun	Muruqa: White	<i>Sunset:</i> 6:51PM	Plava 5123
		116245478 Rahu 9:17AM – 10:52AM	Balava Until 7:45PM	Nataraja: White		Moon 3 - Phase 48 - 14 3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 7:28AM	Moon – Clear		Bhuloka Day
Until 6:40AM		Chellappaswami Mahasamadhi		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga						

2		Sunday, April 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Milan, Italy
Mesha Rasi: 12.14	Tithi 2 – 3	Gulika 3:40PM – 5:16PM	Ashvini Until 8:06AM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Sun 15 Sutra 357
		Yama 12:28PM – 2:04PM	Vishkambha* Until 3:11AM Mon	Muruqa: White	<i>Sunset:</i> 6:52PM	Plava 5123
		126345478 Rahu 5:16PM – 6:52PM	Taitila Until 8:45PM	Nataraja: White		Moon 3 - Phase 48 - 15 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:09AM	Moon – White		Bhuloka Day
Until 8:06AM				Chaitra•Panguni		
Then Routine Work - Prabalarishta Yoga						

3		Monday, April 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Milan, Italy
Mesha Rasi: 24.37	Tithi 3 – 4	Gulika 2:04PM – 3:40PM	Bharani Until 9:59AM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Sun 16 Sutra 358
Family Home Evening		Yama 10:51AM – 12:27PM	Priti Until 3:30AM Tue	Muruqa: White	<i>Sunset:</i> 6:53PM	Plava 5123
		126345478 Rahu 7:38AM – 9:14AM	Vanija Until 10:20PM	Nataraja: White		Moon 3 - Phase 48 - 16 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 9:27AM	Moon – White		Bhuloka Day
Until 9:59AM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Milan, Italy
Vrishabha Rasi: 6.47	Tithi 4 – 5	Gulika 12:27PM – 2:04PM	Krittika Until 12:13PM	Ganesha: White	<i>Sunrise:</i> 6:00AM	Sun 17 Sutra 359
		Yama 9:13AM – 10:50AM	Ayushman Until 4:09AM Wed	Muruqa: White	<i>Sunset:</i> 6:54PM	Plava 5123
		126345478 Rahu 3:41PM – 5:18PM	Bava Until 12:25AM Wed	Nataraja: White		Moon 3 - Phase 48 - 17 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:18AM	Moon – White		Bhuloka Day
Until 12:13PM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Milan, Italy
Vrishabha Rasi: 18.46	Tithi 5 – 6	Gulika 10:50AM – 12:27PM	Rohini Until 3:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Sun 18 Sutra 360
		Yama 7:35AM – 9:12AM	Saubhagya Until 5:02AM Thu	Muruqa: White	<i>Sunset:</i> 6:56PM	Plava 5123
		136345478 Rahu 12:27PM – 2:04PM	Kaulava Until 2:51AM Thu	Nataraja: White		Moon 3 - Phase 48 - 18 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:35PM	Moon – Yellow		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM

6		Thursday, April 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Milan, Italy
Mithuna Rasi: 0.38	Tithi 6 – 7	Gulika 9:11AM – 10:49AM	Mrigashira Until 6:13PM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	Sun 19 Sutra 361
		Yama 5:56AM – 7:34AM	Sobhana Until 6:01AM Fri	Muruqa: White	<i>Sunset:</i> 6:57PM	Plava 5123
		136345478 Rahu 2:04PM – 3:42PM	Gara Until 5:23AM Fri	Nataraja: White		Moon 3 - Phase 48 - 19 3rd Phase
Routine Work	Marana Yoga		Shashthi* Until 4:06PM	Moon – Yellow		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Vanija Karana Saptamyam Titau		Milan, Italy
Mithuna Rasi: 12.28	Tithi 7	Gulika 7:32AM – 9:10AM	Ardra Until 9:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM	Sun 20 Sutra 362
		Yama 3:42PM – 5:20PM	Sobhana Until 6:01AM	Muruqa: White	<i>Sunset:</i> 6:58PM	Plava 5123
		136345478 Rahu 10:48AM – 12:26PM	Vanija Until 6:36PM	Nataraja: White		Moon 3 - Phase 48 - 20 3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:36PM	Moon – Yellow		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 6:AM to 9:AM

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Milan, Italy
Mithuna Rasi: 24.2	Tithi 8	Gulika 5:52AM – 7:31AM	Punarvasu Until 11:59PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	Sun 21 Sutra 363
		Yama 2:04PM – 3:43PM	Athiganda* Until 6:53AM	Muruqa: White	<i>Sunset:</i> 6:59PM	Plava 5123
		147345478 Rahu 9:09AM – 10:48AM	Visti Until 7:49AM	Nataraja: White		Moon 3 - Phase 48 - 21 Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:54PM	Moon – Blue		Bhuloka Day
				Chaitra•Panguni		Devaloka Time: 9:AM to12:PM

Retreat Star		Sunday, April 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Milan, Italy
Kataka Rasi: 6.2	Tithi 9	Gulika 3:43PM – 5:22PM	Pushya Until 2:19AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	Sun 22 Sutra 364
		Yama 12:26PM – 2:04PM	Sukarma Until 7:31AM	Muruqa: White	<i>Sunset:</i> 7:01PM	Plava 5123
		147345478 Rahu 5:22PM – 7:01PM	Balava Until 9:54AM	Nataraja: White		Moon 3 - Phase 48 - 22 Navami
Creative Work	Siddha Yoga		Navami* Until 10:45PM	Moon – Blue		Bhuloka Day
		Sri Rama Navami		Chaitra•Panguni		Devaloka Time: 9:AM to12:PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Milan, Italy
1					Sun 23	
Kataka Rasi: 18.32	Tithi 10	Gulika 2:05PM – 3:44PM	Ashlesha* Until 3:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Plava 5123
Family Home Evening	147345478	Yama 10:46AM – 12:25PM	Dhriti Until 7:46AM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49 - 23
Creative Work Siddha Yoga		Rahu 7:28AM – 9:07AM	Taitila Until 11:28AM	Nataraja: White		4th Phase
		Yogaswami Mahasamadhi	Dashami Until 12:00AM Tue	Moon – Blue	Bhuloka Day	
				Chaitra•Panguni	Devaloka Time: 9:AM to 12:PM	

Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Milan, Italy
2					Sun 24	
Simha Rasi: 1.01	Tithi 11	Gulika 12:25PM – 2:05PM	Magha* Until 5:06AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:47AM	Plava 5123
	157345478	Yama 9:06AM – 10:46AM	Shula* Until 7:31AM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 49 - 24
Creative Work Siddha Yoga		Rahu 3:44PM – 5:24PM	Vanija Until 12:23PM	Nataraja: White		4th Phase
Until 5:06AM Wed			Ekadashi Until 12:33AM Wed	Moon – Red	Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni		

Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Dvodashyam Titau				Milan, Italy
3					Sun 25	
Simha Rasi: 13.48	Tithi 12	Gulika 10:45AM – 12:25PM	Purvaphalguni Until 5:27AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Plava 5123
	157345478	Yama 7:25AM – 9:05AM	Ganda* Until 6:43AM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 49 - 25
Creative Work Amrita Yoga		Rahu 12:25PM – 2:05PM	Bava Until 12:34PM	Nataraja: White		4th Phase
			Dvodashi Until 12:22AM Thu	Moon – Red	Devaloka Day	
				Chaitra•Panguni		

Thursday, April 14, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Milan, Italy
4					Sun 26	
Simha Rasi: 26.58	Tithi 13	Gulika 9:04AM – 10:44AM	Uttaraphalguni Until 4:58AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:43AM	Subhakit 5124
	257345478	Yama 5:43AM – 7:24AM	Dhruva Until 3:26AM Fri	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 3 - Phase 49 - 26
Amrita Yoga		Rahu 2:05PM – 3:45PM	Kaulava Until 12:01PM	Nataraja: White		4th Phase
		Tamil New Year	Trayodashi Until 11:29PM	Moon – Red	Bhuloka Day	
				Chaitra•Chaitra	Devaloka Time: 9:AM to 12:PM	
			<i>Pradosha Vrata</i>			

Friday, April 15, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Milan, Italy
5					Sun 27	
Kanya Rasi: 10.3	Tithi 14	Gulika 7:22AM – 9:03AM	Hasta Until 4:11AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:41AM	Subhakit 5124
	268345478	Yama 3:46PM – 5:26PM	Vyaghata* Until 1:02AM Sat	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 3 - Phase 49 - 27
Creative Work Amrita Yoga		Rahu 10:44AM – 12:24PM	Gara Until 10:49AM	Nataraja: White		4th Phase
Until 4:11AM Sat			Chaturdashi* Until 9:58PM	Moon – Green	Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra•Chaitra	Devaloka Time: 6:AM to 9:AM	

Saturday, April 16, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Milan, Italy
○					Sun 28	
Copper Retreat Star		Gulika 5:40AM – 7:21AM	Chitra Until 2:47AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:40AM	Subhakit 5124
Kanya Rasi: 24.23	Tithi 15	Yama 2:05PM – 3:46PM	Harshana Until 10:15PM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 3 - Phase 49 - Purnima
	268345478	Rahu 9:02AM – 10:43AM	Visti Until 9:02AM	Nataraja: White		
Routine Work Marana Yoga			Purnima* Until 7:57PM	Moon – Green	Bhuloka Day	
Until 2:47AM Sun		Chitra Purnima (Tamil Nadu)		Chaitra•Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Sunday, April 17, 2022		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Milan, Italy
○					Sun 29	
Silver Retreat Star		Gulika 3:47PM – 5:28PM	Svati Until 12:55AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Subhakit 5124
Tula Rasi: 8.34	Tithi 16 – 17	Yama 12:24PM – 2:05PM	Vajra* Until 7:09PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 3 - Phase 49 - Prathama
	268345478	Rahu 5:28PM – 7:10PM	Balava Until 6:48AM	Nataraja: White		
Creative Work Siddha Yoga			Prathama* Until 5:33PM	Moon – Green	Bhuloka Day	
Until 12:55AM Mon				Chaitra•Chaitra	Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Marana Yoga						