



**Wednesday, April 28, 2021**  
**Gold Retreat Star**

Vrischika Rasi: 2.51 Tithi 17 - 18

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 10:07AM - 11:51AM  
**Yama** 6:39AM - 8:23AM  
**Rahu** 11:51AM - 1:35PM

**Vishakha** Until 6:44AM  
 Variyan Until 1:19AM Thu  
 Vanija Until 1:24AM Thu  
**Dvitiya** Until 3:08PM

**Ganesha:** Blue *Sunrise:* 4:56AM  
**Muruqa:** White *Sunset:* 6:47PM  
**Nataraja:** Clear  
 Moon - Orange  
**Chaitra•Chaitra**

Stamford, CT  
 Sutra 17  
 Plava 5123  
 Moon 4 - Phase 3 -  
 1st Phase

**Devaloka Day**

**1**

**Thursday, April 29, 2021**

Vrischika Rasi: 17.53 Tithi 18 - 19

278784469

Routine Work Prabalarishta Yoga  
 Until 1:31AM Fri  
 Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Jyeshtha\* Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 8:23AM - 10:07AM  
**Yama** 4:54AM - 6:38AM  
**Rahu** 1:35PM - 3:19PM

**Jyeshtha\*** Until 1:31AM Fri  
 Parigha\* Until 9:33PM  
 Bava Until 10:10PM  
**Tritiya** Until 11:43AM

**Ganesha:** Blue *Sunrise:* 4:54AM  
**Muruqa:** White *Sunset:* 6:48PM  
**Nataraja:** Clear  
 Moon - Orange  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 1  
 Sutra 18  
 Plava 5123  
 Moon 4 - Phase 3 - 1  
 1st Phase

**Devaloka Day**

**2**

**Friday, April 30, 2021**

Dhanus Rasi: 2.38 Tithi 19 - 20

288784469

Creative Work Amrita Yoga  
 Until 11:45PM  
 Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Mula\* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 6:37AM - 8:22AM  
**Yama** 3:20PM - 5:04PM  
**Rahu** 10:06AM - 11:51AM

**Mula\*** Until 11:45PM  
 Shiva Until 6:11PM  
 Kaulava Until 7:24PM  
**Chaturthi\*** Until 8:42AM

**Ganesha:** Red *Sunrise:* 4:53AM  
**Muruqa:** White *Sunset:* 6:49PM  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 2  
 Sutra 19  
 Plava 5123  
 Moon 4 - Phase 3 - 2  
 1st Phase

**Sivaloka Day**

**3**

**Saturday, May 1, 2021**

Dhanus Rasi: 17.01 Tithi 20 - 21

288794469

Creative Work Siddha Yoga  
 Until 10:28PM  
 Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Purvashadha\* Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

**Gulika** 4:52AM - 6:36AM  
**Yama** 1:35PM - 3:20PM  
**Rahu** 8:21AM - 10:06AM

**Purvashadha\*** Until 10:28PM  
 Siddha Until 3:15PM  
 Vanija Until 4:20AM Sun  
**Panchami** Until 6:12AM

**Ganesha:** Red *Sunrise:* 4:52AM  
**Muruqa:** Yellow *Sunset:* 6:50PM  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 3  
 Sutra 20  
 Plava 5123  
 Moon 4 - Phase 3 - 3  
 1st Phase

**Devaloka Day**

**4**

**Sunday, May 2, 2021**

Makara Rasi: 1 Tithi 22

288794469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Uttarashadha Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 3:21PM - 5:06PM  
**Yama** 11:51AM - 1:36PM  
**Rahu** 5:06PM - 6:51PM

**Uttarashadha** Until 9:41PM  
 Sadhya Until 12:53PM  
 Visti Until 3:40PM  
**Saptami** Until 3:09AM Mon

**Ganesha:** Red *Sunrise:* 4:50AM  
**Muruqa:** Yellow *Sunset:* 6:51PM  
**Nataraja:** Clear  
 Moon - Light Blue  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 4  
 Sutra 21  
 Plava 5123  
 Moon 4 - Phase 3 - 4  
 1st Phase

**Devaloka Day**

**Monday, May 3, 2021**

**Retreat Star**

Makara Rasi: 14.33 Tithi 23

**Family Home Evening**

298794469

Creative Work Amrita Yoga  
 Until 9:54PM  
 Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Shrivana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 1:36PM - 3:21PM  
**Yama** 10:05AM - 11:50AM  
**Rahu** 6:34AM - 8:20AM

**Shrivana** Until 9:54PM  
 Subha Until 11:04AM  
 Balava Until 2:50PM  
**Ashtami\*** Until 2:40AM Tue

**Ganesha:** Green *Sunrise:* 4:49AM  
**Muruqa:** Yellow *Sunset:* 6:52PM  
**Nataraja:** Clear  
 Moon - Purple  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 5  
 Sutra 22  
 Plava 5123  
 Moon 4 - Phase 3 - 5  
 Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Tuesday, May 4, 2021**

**Retreat Star**

Makara Rasi: 27.43 Tithi 24

298794469

Creative Work Siddha Yoga  
 Until 10:39PM  
 Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 11:50AM - 1:36PM  
**Yama** 8:19AM - 10:05AM  
**Rahu** 3:22PM - 5:07PM

**Dhanishtha** Until 10:39PM  
 Sukla Until 9:48AM  
 Taitila Until 2:42PM  
**Navami\*** Until 2:52AM Wed

**Ganesha:** Green *Sunrise:* 4:48AM  
**Muruqa:** Yellow *Sunset:* 6:53PM  
**Nataraja:** Clear  
 Moon - Purple  
**Chaitra•Chaitra**

Stamford, CT  
 Sun 6  
 Sutra 23  
 Plava 5123  
 Moon 4 - Phase 3 - 6  
 Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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<b>1</b>	<b>Wednesday, May 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Dashamyam Titau				Stamford, CT
	Kumbha Rasi: 10.33	Tithi 25	<b>Gulika</b>	<b>10:04AM – 11:50AM</b>	<b>Shatabhishak Until 11:51PM</b>	<b>Ganesha: Red</b>	Sun 7 Sutra 24
			Yama	6:32AM – 8:18AM	Brahma Until 9:04AM	Sunrise: 4:47AM Sunset: 6:54PM	Plava 5123 Moon 4 - Phase 4 - 7
			299794469 <b>Rahu</b>	<b>11:50AM – 1:36PM</b>	Vanija Until 3:13PM	<b>Nataraja: Clear</b> Moon – Purple	2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Dashami Until 3:41AM Thu</b>	<b>Chaitra*Chaitra</b>		
Until 11:51PM							
Then Creative Work - Amrita Yoga							


<b>2</b>	<b>Thursday, May 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Kumbha Rasi: 23.05	Tithi 26	<b>Gulika</b>	<b>8:18AM – 10:04AM</b>	<b>Purvaproshtapada* Until 1:54AM Fri</b>	<b>Ganesha: Clear</b>	Sun 8 Sutra 25
			Yama	4:45AM – 6:32AM	Indra Until 8:49AM	Sunrise: 4:45AM Sunset: 6:55PM	Plava 5123 Moon 4 - Phase 4 - 8
			219794469 <b>Rahu</b>	<b>1:36PM – 3:23PM</b>	Bava Until 4:19PM	<b>Nataraja: Clear</b> Moon – Clear	2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Ekadashi* Until 5:02AM Fri</b>	<b>Chaitra*Chaitra</b>		

<b>3</b>	<b>Friday, May 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Stamford, CT
	Meena Rasi: 5.25	Tithi 27	<b>Gulika</b>	<b>6:31AM – 8:17AM</b>	<b>Uttaraproshtapada Until 4:14AM Sat</b>	<b>Ganesha: Clear</b>	Sun 9 Sutra 26
			Yama	3:23PM – 5:10PM	Vaidhrili* Until 8:57AM	Sunrise: 4:44AM Sunset: 6:56PM	Plava 5123 Moon 4 - Phase 4 - 9
			219794469 <b>Rahu</b>	<b>10:04AM – 11:50AM</b>	Kaulava Until 5:54PM	<b>Nataraja: Clear</b> Moon – Clear	2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Dvadashi* Until 6:50AM Sat</b>	<b>Chaitra*Chaitra</b>		
Until 4:14AM Sat							
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, May 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Meena Rasi: 17.32	Tithi 27 – 28	<b>Gulika</b>	<b>4:43AM – 6:30AM</b>	<b>Revati Until 6:45AM Sun</b>	<b>Ganesha: Clear</b>	Sun 10 Sutra 27
			Yama	1:37PM – 3:24PM	Vishkambha* Until 9:25AM	Sunrise: 4:43AM Sunset: 6:57PM	Plava 5123 Moon 4 - Phase 4 - 10
			219794469 <b>Rahu</b>	<b>8:17AM – 10:03AM</b>	Gara Until 7:53PM	<b>Nataraja: Clear</b> Moon – Clear	2nd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga				<b>Dvadashi* Until 6:50AM</b>	<b>Chaitra*Chaitra</b>		
Until 6:45AM Sun				<i>Pradosha Vrata (Fasting)</i>			
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Sunday, May 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Meena Rasi: 29.32	Tithi 28 – 29	<b>Gulika</b>	<b>3:24PM – 5:11PM</b>	<b>Revati Until 6:45AM</b>	<b>Ganesha: Clear</b>	Sun 11 Sutra 28
			Yama	11:50AM – 1:37PM	Priti Until 10:10AM	Sunrise: 4:42AM Sunset: 6:58PM	Plava 5123 Moon 4 - Phase 4 - 11
			219794469 <b>Rahu</b>	<b>5:11PM – 6:58PM</b>	Visti Until 10:11PM	<b>Nataraja: Clear</b> Moon – Clear	2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga				<b>Trayodashi* Until 8:59AM</b>	<b>Chaitra*Chaitra</b>		
Until 6:45AM							
Then Creative Work - Siddha Yoga							

	<b>Monday, May 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b>	<b>1:37PM – 3:25PM</b>	<b>Ashvini Until 9:52AM</b>	<b>Ganesha: Orange</b>	Sun 12 Sutra 29
	Mesha Rasi: 11.25	Tithi 29 – 30	Yama	10:03AM – 11:50AM	Ayushman Until 11:05AM	Sunrise: 4:41AM Sunset: 6:59PM	Plava 5123 Moon 4 - Phase 4 - 12
	<b>Family Home Evening</b>		229794469 <b>Rahu</b>	<b>6:28AM – 8:15AM</b>	Catuspada Until 12:41AM Tue	<b>Nataraja: Clear</b> Moon – White	Amavasya <b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Chaturdashii* Until 11:24AM</b>	<b>Chaitra*Chaitra</b>		

	<b>Tuesday, May 11, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b>	<b>11:50AM – 1:37PM</b>	<b>Bharani Until 12:59PM</b>	<b>Ganesha: Orange</b>	Sun 13 Sutra 30
	Mesha Rasi: 23.14	Tithi 30 – 1	Yama	8:15AM – 10:02AM	Saubhagya Until 12:08PM	Sunrise: 4:40AM Sunset: 7:00PM	Plava 5123 Moon 4 - Phase 4 - 13
			229794469 <b>Rahu</b>	<b>3:25PM – 5:13PM</b>	Kintughna Until 3:19AM Wed	<b>Nataraja: Clear</b> Moon – White	Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga				<b>Amavasya* Until 1:58PM</b>	<b>Vaisaka*Chaitra</b>		

<b>1</b>		<b>Wednesday, May 12, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 31	
229794469	229794469	<b>Gulika</b> 10:02AM – 11:50AM Yama 6:26AM – 8:14AM <b>Rahu</b> 11:50AM – 1:38PM	<b>Krittika</b> <b>Until 3:58PM</b> Sobhana Until 1:16PM Balava Until 5:56AM Thu <b>Prathama* Until 4:36PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 4:39AM <b>Sunset:</b> 7:01PM	Moon 4 - Phase 5 - 14 3rd Phase	<b>Devaloka Day</b>
Vrishabha Rasi: 5.01 Tithi 1 – 2		Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Thursday, May 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 32	
231794469	231794469	<b>Gulika</b> 8:14AM – 10:02AM Yama 4:38AM – 6:26AM <b>Rahu</b> 1:38PM – 3:26PM	<b>Rohini</b> <b>Until 7:15PM</b> Athiganda* Until 2:19PM Kaulava Until 7:10PM <b>Dvitiya Until 7:10PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 4:38AM <b>Sunset:</b> 7:02PM	Moon 4 - Phase 5 - 15 3rd Phase	<b>Devaloka Day</b>
Vrishabha Rasi: 16.48 Tithi 2		Routine Work Marana Yoga					

<b>3</b>		<b>Friday, May 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 33	
231894469	231894469	<b>Gulika</b> 6:25AM – 8:13AM Yama 3:26PM – 5:15PM <b>Rahu</b> 10:02AM – 11:50AM	<b>Mrigashira</b> <b>Until 10:10PM</b> Sukarma Until 3:15PM Tailila Until 8:24AM <b>Tritiya Until 9:32PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 4:37AM <b>Sunset:</b> 7:03PM	Moon 4 - Phase 5 - 16 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Vrishabha Rasi: 28.38 Tithi 3		Creative Work Siddha Yoga		Akshaya Tritiya			

<b>4</b>		<b>Saturday, May 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Stamford, CT Sun 17 Sutra 34	
231894469	231894469	<b>Gulika</b> 4:36AM – 6:24AM Yama 1:38PM – 3:27PM <b>Rahu</b> 8:13AM – 10:01AM	<b>Ardra</b> <b>Until 12:35AM Sun</b> Dhriti Until 3:59PM Vanija Until 10:37AM <b>Chaturthi* Until 11:34PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 4:36AM <b>Sunset:</b> 7:04PM	Moon 4 - Phase 5 - 17 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mithuna Rasi: 10.34 Tithi 4		Creative Work Siddha Yoga					

<b>5</b>		<b>Sunday, May 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 35	
241894469	241894469	<b>Gulika</b> 3:27PM – 5:16PM Yama 11:50AM – 1:39PM <b>Rahu</b> 5:16PM – 7:05PM	<b>Punarvasu</b> <b>Until 2:53AM Mon</b> Shula* Until 4:21PM Bava Until 12:26PM <b>Panchami Until 1:08AM Mon</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 4:35AM <b>Sunset:</b> 7:05PM	Moon 4 - Phase 5 - 18 3rd Phase	<b>Devaloka Day</b>
Mithuna Rasi: 22.38 Tithi 5		Creative Work Siddha Yoga		Adi Sankara Jayanthi			

<b>6</b>		<b>Monday, May 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Tailila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 36	
241894469	241894469	<b>Gulika</b> 1:39PM – 3:28PM Yama 10:01AM – 11:50AM <b>Rahu</b> 6:23AM – 8:12AM	<b>Pushya</b> <b>Until 4:26AM Tue</b> Ganda* Until 4:19PM Kaulava Until 1:43PM <b>Shashthi* Until 2:06AM Tue</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 4:34AM <b>Sunset:</b> 7:06PM	Moon 4 - Phase 5 - 19 3rd Phase	<b>Devaloka Day</b>
Kataka Rasi: 4.56 Tithi 6		Creative Work Siddha Yoga		Family Home Evening			

		<b>Tuesday, May 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 37	
241894469	241894469	<b>Gulika</b> 11:50AM – 1:39PM Yama 8:11AM – 10:01AM <b>Rahu</b> 3:28PM – 5:18PM	<b>Ashlesha*</b> <b>Until 5:10AM Wed</b> Vridhhi Until 3:47PM Gara Until 2:21PM <b>Saptami Until 2:23AM Wed</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 4:33AM <b>Sunset:</b> 7:07PM	Moon 4 - Phase 5 - 20 3rd Phase	<b>Devaloka Day</b>
Kataka Rasi: 17.29 Tithi 7		Creative Work Siddha Yoga		Retreat Star			

<b>Retreat Star</b>		<b>Wednesday, May 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 38	
251894469	251894469	<b>Gulika</b> 10:00AM – 11:50AM Yama 6:21AM – 8:11AM <b>Rahu</b> 11:50AM – 1:39PM	<b>Magha*</b> <b>Until 5:27AM Thu</b> Dhruva Until 2:39PM Visti Until 2:15PM <b>Ashtami* Until 1:54AM Thu</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:32AM <b>Sunset:</b> 7:08PM	Moon 4 - Phase 5 - 21 Ashtami	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Simha Rasi: 0.22 Tithi 8		Creative Work Siddha Yoga					

<b>Retreat Star</b>		<b>Thursday, May 20, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 39	
251894469	251894469	<b>Gulika</b> 8:11AM – 10:00AM Yama 4:31AM – 6:21AM <b>Rahu</b> 1:40PM – 3:29PM	<b>Purvaphalguni</b> <b>Until 4:51AM Fri</b> Vyaghata* Until 12:56PM Balava Until 1:25PM <b>Navami* Until 12:41AM Fri</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:31AM <b>Sunset:</b> 7:09PM	Moon 4 - Phase 5 - 22 Navami	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Simha Rasi: 13.38 Tithi 9		Creative Work Siddha Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Stamford, CT on 5/23/1


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<b>1</b>		<b>Friday, May 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
Simha Rasi: 27.19	Tithi 10	<b>Gulika</b>	<b>6:20AM – 8:10AM</b>	<b>Uttaraphalguni Until 3:25AM Sat</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 4:30AM</i>	Sun 23	Sutra 40
		Yama	3:30PM – 5:20PM	Harshana Until 10:37AM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:10PM</i>	Plava 5123	
		251894469 <b>Rahu</b>	<b>10:00AM – 11:50AM</b>	Taitila Until 11:49AM	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 - 23	
Creative Work	Siddha Yoga			Dashami Until 10:45PM	Moon – Red		4th Phase	
Until 3:25AM Sat					<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga							Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Saturday, May 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
Kanya Rasi: 11.26	Tithi 11	<b>Gulika</b>	<b>4:30AM – 6:20AM</b>	<b>Hasta Until 1:39AM Sun</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 4:30AM</i>	Sun 24	Sutra 41
		Yama	1:40PM – 3:30PM	Vajra* Until 7:44AM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:11PM</i>	Plava 5123	
		261894469 <b>Rahu</b>	<b>8:10AM – 10:00AM</b>	Vanija Until 9:33AM	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 - 24	
Routine Work	Marana Yoga			Ekadashi Until 8:11PM	Moon – Green		4th Phase	
Until 1:39AM Sun					<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, May 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Kanya Rasi: 25.59	Tithi 12 – 13	<b>Gulika</b>	<b>3:31PM – 5:21PM</b>	<b>Chitra Until 11:16PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:29AM</i>	Sun 25	Sutra 42
		Yama	11:50AM – 1:41PM	Vyatipata* Until 12:40AM Mon	<b>Muruqa: Yellow</b>	<i>Sunset: 7:12PM</i>	Plava 5123	
		262894469 <b>Rahu</b>	<b>5:21PM – 7:12PM</b>	Bava Until 6:43AM	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 - 25	
Creative Work	Siddha Yoga			Dvadashi Until 5:07PM	Moon – Green		4th Phase	
					<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>	
							<i>Pradosha Vrata</i>	

<b>4</b>		<b>Monday, May 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
Tula Rasi: 10.51	Tithi 13 – 14	<b>Gulika</b>	<b>1:41PM – 3:31PM</b>	<b>Svati Until 8:25PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:28AM</i>	Sun 26	Sutra 43
<b>Family Home Evening</b>		Yama	10:00AM – 11:50AM	Variyan Until 8:39PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:13PM</i>	Plava 5123	
Creative Work	Amrita Yoga	262894469 <b>Rahu</b>	<b>6:19AM – 8:09AM</b>	Gara Until 11:51PM	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 - 26	
Until 8:25PM				Trayodashi Until 1:39PM	Moon – Green		4th Phase	
Then Routine Work - Marana Yoga					<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>	

		<b>Tuesday, May 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>11:50AM – 1:41PM</b>	<b>Vishakha Until 5:39PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:27AM</i>	Sun 27	Sutra 44
Tula Rasi: 25.57	Tithi 14 – 15	Yama	8:09AM – 10:00AM	Parigha* Until 4:29PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:13PM</i>	Plava 5123	
		372894469 <b>Rahu</b>	<b>3:32PM – 5:23PM</b>	Visti Until 8:07PM	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 - 27	
Routine Work	Marana Yoga			Chaturdashi* Until 9:59AM	Moon – Orange		Purnima	
Until 5:39PM					<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga								

<b>Wednesday, May 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Stamford, CT		
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>10:00AM – 11:50AM</b>	<b>Anuradha Until 2:44PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:27AM</i>	Sun 28	Sutra 45
Vrischika Rasi: 11.08	Tithi 15 – 16	Yama	6:18AM – 8:09AM	Shiva Until 12:20PM	<b>Muruqa: Yellow</b>	<i>Sunset: 7:14PM</i>	Plava 5123	
		372894469 <b>Rahu</b>	<b>11:50AM – 1:41PM</b>	Kaulava Until 2:33AM Thu	<b>Nataraja: Clear</b>		Moon 4 - Phase 6 -	
Creative Work	Siddha Yoga			Purnima* Until 6:13AM	Moon – Orange		Prathama	
					<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**Thursday, May 27, 2021**  
**Gold Retreat Star**

Vrischika Rasi: 26.15    Tithi 17  
372894469  
Routine Work    Prabalarishta Yoga  
Until 11:51AM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

**Gulika**    8:08AM – 9:59AM    **Jyeshtha\* Until 11:51AM**  
Yama    4:26AM – 6:17AM    Siddha Until 8:15AM  
382894469 **Rahu**    1:42PM – 3:33PM    Taitila Until 12:49PM  
Dvitiya Until 11:08PM

**Ganesha:** White    *Sunrise:* 4:26AM  
**Muruqa:** Yellow    *Sunset:* 7:15PM  
**Nataraja:** Clear  
Moon – Orange    **Sivaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sutra 46  
Plava 5123  
Moon 5 - Phase 7 -  
1st Phase

**1**

**Friday, May 28, 2021**

Dhanus Rasi: 11.09    Tithi 18  
382894469  
Creative Work    Amrita Yoga  
Until 9:32AM  
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika**    6:17AM – 8:08AM    **Mula\* Until 9:32AM**  
Yama    3:33PM – 5:25PM    Subha Until 12:59AM Sat  
382894469 **Rahu**    9:59AM – 11:51AM    Vanija Until 9:34AM  
Tritiya Until 8:06PM

**Ganesha:** Clear    *Sunrise:* 4:25AM  
**Muruqa:** Yellow    *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Light Blue    **Devaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 1    Sutra 47  
Plava 5123  
Moon 5 - Phase 7 - 1  
1st Phase

**2**

**Saturday, May 29, 2021**

Dhanus Rasi: 25.43    Tithi 19 – 20  
382894469  
Creative Work    Siddha Yoga  
Until 7:34AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    4:25AM – 6:16AM    **Purvashadha\* Until 7:34AM**  
Yama    1:42PM – 3:34PM    Sukla Until 9:59PM  
382894469 **Rahu**    8:08AM – 9:59AM    Bava Until 6:47AM  
Chaturthi\* Until 5:35PM

**Ganesha:** Clear    *Sunrise:* 4:25AM  
**Muruqa:** Yellow    *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon – Light Blue    **Devaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 2    Sutra 48  
Plava 5123  
Moon 5 - Phase 7 - 2  
1st Phase

**3**

**Sunday, May 30, 2021**

Makara Rasi: 9.52    Tithi 20 – 21  
382894469  
Creative Work    Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

**Gulika**    3:34PM – 5:26PM    **Uttarashadha Until 6:03AM**  
Yama    11:51AM – 1:43PM    Brahma Until 7:32PM  
382894469 **Rahu**    5:26PM – 7:18PM    Gara Until 3:06AM Mon  
Panchami Until 3:44PM

**Ganesha:** Clear    *Sunrise:* 4:24AM  
**Muruqa:** Yellow    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Light Blue    **Devaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 3    Sutra 49  
Plava 5123  
Moon 5 - Phase 7 - 3  
1st Phase

**4**

**Monday, May 31, 2021**

Makara Rasi: 23.35    Tithi 21 – 22  
392894469  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 5:38AM Tue  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**    1:43PM – 3:35PM    **Dhanishtha Until 5:38AM Tue**  
Yama    9:59AM – 11:51AM    Indra Until 5:43PM  
392894469 **Rahu**    6:16AM – 8:07AM    Visti Until 2:23AM Tue  
Shashthi\* Until 2:38PM

**Ganesha:** Purple    *Sunrise:* 4:24AM  
**Muruqa:** Yellow    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon – Purple    **Sivaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 4    Sutra 50  
Plava 5123  
Moon 5 - Phase 7 - 4  
1st Phase

**D**

**Tuesday, June 1, 2021**  
**Retreat Star**

Kumbha Rasi: 6.52    Tithi 22 – 23  
392894469  
Routine Work    Marana Yoga  
Until 6:20AM Wed  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    11:51AM – 1:43PM    **Shatabhishak Until 6:20AM Wed**  
Yama    8:07AM – 9:59AM    Vaidhriti\* Until 4:30PM  
392894469 **Rahu**    3:35PM – 5:27PM    Balava Until 2:27AM Wed  
Saptami Until 2:18PM

**Ganesha:** Purple    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon – Purple    **Sivaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 5    Sutra 51  
Plava 5123  
Moon 5 - Phase 7 - 5  
Ashtami

**Wednesday, June 2, 2021**  
**Retreat Star**

Kumbha Rasi: 19.44    Tithi 23 – 24  
392894469  
Creative Work    Siddha Yoga  
Until 6:20AM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Prithi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    9:59AM – 11:51AM    **Shatabhishak Until 6:20AM**  
Yama    6:15AM – 8:07AM    Vishkambha\* Until 3:54PM  
392894469 **Rahu**    11:51AM – 1:43PM    Taitila Until 3:15AM Thu  
Ashtami\* Until 2:45PM

**Ganesha:** Purple    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon – Purple    **Sivaloka Day**  
**Vaisaka-Vaikasi**

Stamford, CT  
Sun 6    Sutra 52  
Plava 5123  
Moon 5 - Phase 7 - 6  
Navami

<b>1</b>	<b>Thursday, June 3, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Meena Rasi: 2.16	Tithi 24 – 25	<b>Gulika</b> 8:07AM – 9:59AM	<b>Purvaproshtapada* Until 8:04AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:23AM	Sun 7 Sutra 53 Plava 5123
			Yama 4:23AM – 6:15AM	Priti Until 3:52PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:20PM	Moon 5 - Phase 8 - 7 2nd Phase
	Creative Work	Siddha Yoga	312894469 <b>Rahu</b> 1:44PM – 3:36PM	Vanija Until 4:43AM Fri Navami* Until 3:53PM	<b>Nataraja:</b> Clear Moon – Clear		<b>Sivaloka Day</b>

<b>2</b>	<b>Friday, June 4, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Meena Rasi: 14.31	Tithi 25 – 26	<b>Gulika</b> 6:15AM – 8:07AM	<b>Uttaraproshtapada Until 10:15AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:22AM	Sun 8 Sutra 54 Plava 5123
			Yama 3:36PM – 5:29PM	Ayushman Until 4:15PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:21PM	Moon 5 - Phase 8 - 8 2nd Phase
	Creative Work	Siddha Yoga	312894469 <b>Rahu</b> 9:59AM – 11:52AM	Bava Until 6:41AM Sat Dashami Until 5:37PM	<b>Nataraja:</b> Clear Moon – Clear		<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, June 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Meena Rasi: 26.33	Tithi 26	<b>Gulika</b> 4:22AM – 6:14AM	<b>Revati Until 12:45PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:22AM	Sun 9 Sutra 55 Plava 5123
			Yama 1:44PM – 3:37PM	Saubhagya Until 5:01PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:22PM	Moon 5 - Phase 8 - 9 2nd Phase
	Routine Work	Prabalarishta Yoga	312894461 <b>Rahu</b> 8:07AM – 9:59AM	Bava Until 6:41AM Ekadashi* Until 7:48PM	<b>Nataraja:</b> Yellow Moon – Clear		<b>Devaloka Day</b>

<b>4</b>	<b>Sunday, June 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
	Mesha Rasi: 8.26	Tithi 27	<b>Gulika</b> 3:37PM – 5:30PM	<b>Ashvini Until 3:54PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:22AM	Sun 10 Sutra 56 Plava 5123
			Yama 11:52AM – 1:45PM	Sobhana Until 6:01PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:22PM	Moon 5 - Phase 8 - 10 2nd Phase
	Creative Work	Siddha Yoga	323894461 <b>Rahu</b> 5:30PM – 7:22PM	Kaulava Until 9:02AM Dvadashi* Until 10:16PM	<b>Nataraja:</b> Yellow Moon – White		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Monday, June 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Mesha Rasi: 20.15	Tithi 28	<b>Gulika</b> 1:45PM – 3:38PM	<b>Bharani Until 7:02PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 4:21AM	Sun 11 Sutra 57 Plava 5123
	<b>Family Home Evening</b>		Yama 9:59AM – 11:52AM	Athiganda* Until 7:07PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:23PM	Moon 5 - Phase 8 - 11 2nd Phase
	Creative Work	Siddha Yoga	323894461 <b>Rahu</b> 6:14AM – 8:07AM	Gara Until 11:36AM Trayodashi* Until 12:53AM Tue <i>Pradosha Vrata (Fasting)</i>	<b>Nataraja:</b> Yellow Moon – White		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Tuesday, June 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Vrishabha Rasi: 2.02	Tithi 29	<b>Gulika</b> 11:52AM – 1:45PM	<b>Krittika Until 10:02PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 4:21AM	Sun 12 Sutra 58 Plava 5123
			Yama 8:07AM – 10:00AM	Sukarma Until 8:14PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:24PM	Moon 5 - Phase 8 - 12 2nd Phase
	Creative Work	Siddha Yoga	323994461 <b>Rahu</b> 3:38PM – 5:31PM	Visti Until 2:13PM Chaturdashi* Until 3:28AM Wed	<b>Nataraja:</b> Yellow Moon – White		<b>Devaloka Day</b>

	<b>Wednesday, June 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 10:00AM – 11:53AM	<b>Rohini Until 1:14AM Thu</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:21AM	Sun 13 Sutra 59 Plava 5123
	Vrishabha Rasi: 13.49	Tithi 30	Yama 6:14AM – 8:07AM	Dhriti Until 9:17PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:24PM	Moon 5 - Phase 8 - 13 Amavasya
	Creative Work	Siddha Yoga	333994461 <b>Rahu</b> 11:53AM – 1:45PM	Catuspada Until 4:44PM Amavasya* Until 5:54AM Thu	<b>Nataraja:</b> Yellow Moon – Yellow		<b>Devaloka Day</b>

	<b>Thursday, June 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna* Karana Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 8:07AM – 10:00AM	<b>Mrigashira Until 4:02AM Fri</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 4:21AM	Sun 14 Sutra 60 Plava 5123
	Vrishabha Rasi: 25.41	Tithi 1	Yama 4:21AM – 6:14AM	Shula* Until 10:07PM	<b>Muruqa:</b> Yellow	<b>Sunset:</b> 7:25PM	Moon 5 - Phase 8 - 14 Prathama
	Routine Work	Marana Yoga	333994461 <b>Rahu</b> 1:46PM – 3:39PM	Kintughna Until 7:03PM Prathama* Until 8:04AM Fri	<b>Nataraja:</b> Yellow Moon – Yellow		<b>Devaloka Day</b>

1	<b>Friday, June 11, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
	Mithuna Rasi: 7.38	Tithi 1 – 2	333994461	<b>Gulika</b> 6:14AM – 8:07AM	<b>Ardra Until 6:19AM Sat</b> Ganda* Until 10:43PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	Sun 15 Sutra 61 Plava 5123 Moon 5 - Phase 9 - 15 3rd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 10:00AM – 11:53AM	Balava Until 9:02PM Prathama* Until 8:04AM	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:25PM	Devaloka Day
							Jyeshtha-Vaikasi

2	<b>Saturday, June 12, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
	Mithuna Rasi: 19.44	Tithi 2 – 3	333994461	<b>Gulika</b> 4:20AM – 6:14AM	<b>Ardra Until 6:19AM</b> Vridhhi Until 11:02PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	Sun 16 Sutra 62 Plava 5123 Moon 5 - Phase 9 - 16 3rd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 8:07AM – 10:00AM	Taitila Until 10:37PM Dvitiya Until 9:52AM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:26PM	Devaloka Day
							Jyeshtha-Vaikasi

3	<b>Sunday, June 13, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stamford, CT
	Kataka Rasi: 2.01	Tithi 3 – 4	343994461	<b>Gulika</b> 3:40PM – 5:33PM	<b>Punarvasu Until 8:32AM</b> Dhruva Until 10:57PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	Sun 17 Sutra 63 Plava 5123 Moon 5 - Phase 9 - 17 3rd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 5:33PM – 7:26PM	Vanija Until 11:45PM Tritiya Until 11:14AM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:26PM	Devaloka Day
							Jyeshtha-Vaikasi

4	<b>Monday, June 14, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Kataka Rasi: 14.29	Tithi 4 – 5	343994461	<b>Gulika</b> 1:47PM – 3:40PM	<b>Pushya Until 10:07AM</b> Vyaghata* Until 10:30PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	Sun 18 Sutra 64 Plava 5123 Moon 5 - Phase 9 - 18 3rd Phase
	Family Home Evening			<b>Rahu</b> 6:14AM – 8:07AM	Bava Until 12:23AM Tue Chaturthi* Until 12:07PM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:27PM	Devaloka Day
	Creative Work	Siddha Yoga					Jyeshtha-Ani

5	<b>Tuesday, June 15, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Kataka Rasi: 27.12	Tithi 5 – 6	343994461	<b>Gulika</b> 11:54AM – 1:47PM	<b>Ashlesha* Until 11:03AM</b> Harshana Until 9:38PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	Sun 19 Sutra 65 Plava 5123 Moon 5 - Phase 9 - 19 3rd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 3:40PM – 5:34PM	Kaulava Until 12:28AM Wed Panchami Until 12:29PM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:27PM	Devaloka Day
							Jyeshtha-Ani

6	<b>Wednesday, June 16, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Simha Rasi: 10.1	Tithi 6 – 7	353994461	<b>Gulika</b> 10:01AM – 11:54AM	<b>Magha* Until 11:45AM</b> Vajra* Until 8:18PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	Sun 20 Sutra 66 Plava 5123 Moon 5 - Phase 9 - 20 3rd Phase
	Creative Work	Siddha Yoga		<b>Rahu</b> 11:54AM – 1:47PM	Gara Until 12:00AM Thu Shashthi* Until 12:17PM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:28PM	Sivaloka Day
	Until 11:45AM Then Creative Work - Amrita Yoga						Jyeshtha-Ani

D	<b>Thursday, June 17, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
	<b>Retreat Star</b>			<b>Gulika</b> 8:07AM – 10:01AM	<b>Purvaphalguni Until 11:43AM</b> Siddhi Until 6:31PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	Sun 21 Sutra 67 Plava 5123 Moon 5 - Phase 9 - 21 Ashtami
	Simha Rasi: 23.26	Tithi 7 – 8	353994461	<b>Rahu</b> 1:48PM – 3:41PM	Visti Until 10:57PM Saptami Until 11:32AM	<b>Sunrise:</b> 4:20AM <b>Sunset:</b> 7:28PM	Sivaloka Day
	Creative Work	Siddha Yoga					Jyeshtha-Ani

D	<b>Friday, June 18, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	<b>Retreat Star</b>			<b>Gulika</b> 6:14AM – 8:07AM	<b>Uttaraphalguni Until 10:59AM</b> Vyatipata* Until 4:16PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	Sun 22 Sutra 68 Plava 5123 Moon 5 - Phase 9 - 22 Navami
	Kanya Rasi: 7.02	Tithi 8 – 9	353994461	<b>Rahu</b> 10:01AM – 11:54AM	Balava Until 9:19PM Ashtami* Until 10:11AM	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:28PM	Sivaloka Day
	Creative Work	Siddha Yoga					Jyeshtha-Ani

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

all times are standard time. Calculated for Stamford, CT on 5/23/11

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1	<b>Saturday, June 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT	
	Kanya Rasi: 20.59	Tithi 9 – 10				Sun 23	Sutra 69	
			363994461	<b>Gulika</b> 4:21AM – 6:14AM <b>Yama</b> 1:48PM – 3:42PM <b>Rahu</b> 8:08AM – 10:01AM	<b>Hasta</b> <b>Until 9:58AM</b> Variyan Until 1:33PM Taitila Until 7:09PM <b>Navami* Until 8:16AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:28PM	Plava 5123 Moon 5 - Phase 10 - 23 4th Phase
	Routine Work	Marana Yoga						<b>Devaloka Day</b>

2	<b>Sunday, June 20, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT	
	Tula Rasi: 5.16	Tithi 11				Sun 24	Sutra 70	
			364994461	<b>Gulika</b> 3:42PM – 5:35PM <b>Yama</b> 11:55AM – 1:48PM <b>Rahu</b> 5:35PM – 7:29PM	<b>Chitra</b> <b>Until 8:18AM</b> Parigha* Until 10:27AM Vanija Until 4:30PM <b>Ekadashi Until 3:01AM Mon</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:29PM	Plava 5123 Moon 5 - Phase 10 - 24 4th Phase
	Creative Work	Siddha Yoga		<b>Father's Day</b>				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

3	<b>Monday, June 21, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT	
	Tula Rasi: 19.51	Tithi 12				Sun 25	Sutra 71	
	<b>Family Home Evening</b>		364994461	<b>Gulika</b> 1:48PM – 3:42PM <b>Yama</b> 10:02AM – 11:55AM <b>Rahu</b> 6:15AM – 8:08AM	<b>Svati</b> <b>Until 6:05AM</b> Shiva Until 7:00AM Bava Until 1:28PM <b>Dvadashi Until 11:50PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:29PM	Plava 5123 Moon 5 - Phase 10 - 25 4th Phase
	Creative Work	Amrita Yoga						<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

4	<b>Tuesday, June 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT	
	Vrischika Rasi: 4.4	Tithi 13				Sun 26	Sutra 72	
			374994461	<b>Gulika</b> 11:55AM – 1:49PM <b>Yama</b> 8:08AM – 10:02AM <b>Rahu</b> 3:42PM – 5:36PM	<b>Anuradha</b> <b>Until 1:14AM Wed</b> Sadhya Until 11:25PM Kaulava Until 10:11AM <b>Trayodashi Until 8:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Orange	Sunrise: 4:21AM Sunset: 7:29PM	Plava 5123 Moon 5 - Phase 10 - 26 4th Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>

*Pradosha Vrata*

5	<b>Wednesday, June 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT	
	Vrischika Rasi: 19.38	Tithi 14 – 15				Sun 27	Sutra 73	
			374994461	<b>Gulika</b> 10:02AM – 11:55AM <b>Yama</b> 6:15AM – 8:08AM <b>Rahu</b> 11:55AM – 1:49PM	<b>Jyeshtha*</b> <b>Until 10:29PM</b> Subha Until 7:32PM Gara Until 6:44AM <b>Chaturdashi* Until 5:00PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Orange	Sunrise: 4:22AM Sunset: 7:29PM	Plava 5123 Moon 5 - Phase 10 - 27 4th Phase
	Creative Work	Siddha Yoga						<b>Devaloka Day</b>

○	<b>Thursday, June 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>					Sun 28	Sutra 74
	Dhanus Rasi: 4.35	Tithi 15 – 16				Sun 28	Sutra 74
			384994461	<b>Gulika</b> 8:09AM – 10:02AM <b>Yama</b> 4:22AM – 6:15AM <b>Rahu</b> 1:49PM – 3:43PM	<b>Mula*</b> <b>Until 8:07PM</b> Sukla Until 3:41PM Balava Until 12:01AM Fri <b>Purnima* Until 1:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Light Blue	Sunrise: 4:22AM Sunset: 7:29PM

○	<b>Friday, June 25, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>					Sun 29	Sutra 75
	Dhanus Rasi: 19.24	Tithi 16 – 17				Sun 29	Sutra 75
			384994461	<b>Gulika</b> 6:16AM – 8:09AM <b>Yama</b> 3:43PM – 5:36PM <b>Rahu</b> 10:02AM – 11:56AM	<b>Purvashadha*</b> <b>Until 5:53PM</b> Brahma Until 12:04PM Taitila Until 9:02PM <b>Prathama* Until 10:28AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Light Blue	Sunrise: 4:22AM Sunset: 7:30PM

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

all times are standard time. Calculated for Stamford, CT on 5/23/1'

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**Saturday, June 26, 2021**  
**Gold Retreat Star**

Makara Rasi: 3.58    Tithi 17 - 18  
384994461  
Routine Work    Marana Yoga  
Until 3:56PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Indra/Vaidhrili\* Yoga Gara/Vanija Karana Dvitiya/Trilayam Titau

**Gulika**    4:22AM - 6:16AM  
Yama        1:49PM - 3:43PM  
**Rahu**        8:09AM - 10:03AM  
**Uttarashadha Until 3:56PM**  
Indra Until 8:46AM  
Vanija Until 6:30PM  
**Dvitiya Until 7:41AM**

Stamford, CT  
Sun 1        Sutra 76  
Plava 5123  
Moon 6 - Phase 11 - 1  
1st Phase

**Ganesha:** Purple    *Sunrise:* 4:22AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, June 27, 2021**

Makara Rasi: 18.11    Tithi 19  
394994461  
Creative Work    Amrita Yoga  
Until 2:51PM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Bava/Balava Karana Chaturtham Titau

**Gulika**    3:43PM - 5:36PM  
Yama        11:56AM - 1:50PM  
**Rahu**        5:36PM - 7:30PM  
**Shravana Until 2:51PM**  
Vishkambha\* Until 3:33AM Mon  
Bava Until 4:32PM  
**Chaturthi\* Until 3:48AM Mon**

Stamford, CT  
Sun 2        Sutra 77  
Plava 5123  
Moon 6 - Phase 11 - 2  
1st Phase

**Ganesha:** Clear    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**  
**Devaloka Day**

**2**

**Monday, June 28, 2021**

Kumbha Rasi: 1.59    Tithi 20  
394994461  
**Family Home Evening**  
Creative Work    Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    1:50PM - 3:43PM  
Yama        10:03AM - 11:56AM  
**Rahu**        6:17AM - 8:10AM  
**Dhanishtha Until 2:19PM**  
Priti Until 1:50AM Tue  
Kaulava Until 3:17PM  
**Panchami Until 2:56AM Tue**

Stamford, CT  
Sun 3        Sutra 78  
Plava 5123  
Moon 6 - Phase 11 - 3  
1st Phase

**Ganesha:** Clear    *Sunrise:* 4:23AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**  
**Devaloka Day**

**3**

**Tuesday, June 29, 2021**

Kumbha Rasi: 15.2    Tithi 21  
394994461  
Routine Work    Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    11:57AM - 1:50PM  
Yama        8:10AM - 10:03AM  
**Rahu**        3:43PM - 5:36PM  
**Shatabhishak Until 2:24PM**  
Ayushman Until 12:44AM Wed  
Gara Until 2:49PM  
**Shashthi\* Until 2:52AM Wed**

Stamford, CT  
Sun 4        Sutra 79  
Plava 5123  
Moon 6 - Phase 11 - 4  
1st Phase

**Ganesha:** Clear    *Sunrise:* 4:24AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**  
**Devaloka Day**

**4**

**Wednesday, June 30, 2021**

Kumbha Rasi: 28.16    Tithi 22  
314994461  
Creative Work    Amrita Yoga  
Until 3:34PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Saubhagya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    10:04AM - 11:57AM  
Yama        6:17AM - 8:10AM  
**Rahu**        11:57AM - 1:50PM  
**Purvaproshtapada\* Until 3:34PM**  
Saubhagya Until 12:16AM Thu  
Visti Until 3:09PM  
**Saptami Until 3:35AM Thu**

Stamford, CT  
Sun 5        Sutra 80  
Plava 5123  
Moon 6 - Phase 11 - 5  
1st Phase

**Ganesha:** Yellow    *Sunrise:* 4:24AM  
**Muruqa:** Yellow    *Sunset:* 7:30PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**  
**Devaloka Day**

**5**

**Thursday, July 1, 2021**  
**Retreat Star**

Meena Rasi: 10.5    Tithi 23  
314994461  
Creative Work    Siddha Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:11AM - 10:04AM  
Yama        4:25AM - 6:18AM  
**Rahu**        1:50PM - 3:43PM  
**Uttaraproshtapada Until 5:20PM**  
Sobhana Until 12:23AM Fri  
Balava Until 4:14PM  
**Ashtami\* Until 5:01AM Fri**

Stamford, CT  
Sun 6        Sutra 81  
Plava 5123  
Moon 6 - Phase 11 - 6  
Ashtami

**Ganesha:** Yellow    *Sunrise:* 4:25AM  
**Muruqa:** Yellow    *Sunset:* 7:29PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**  
**Devaloka Day**

**Friday, July 2, 2021**  
**Retreat Star**

Meena Rasi: 23.05    Tithi 24  
315194461  
Creative Work    Siddha Yoga  
Until 7:33PM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    6:18AM - 8:11AM  
Yama        3:43PM - 5:36PM  
**Rahu**        10:04AM - 11:57AM  
**Revati Until 7:33PM**  
Athiganda\* Until 12:56AM Sat  
Taitila Until 5:59PM  
**Navami\* Until 7:02AM Sat**

Stamford, CT  
Sun 7        Sutra 82  
Plava 5123  
Moon 6 - Phase 11 - 7  
Navami

**Ganesha:** White    *Sunrise:* 4:25AM  
**Muruqa:** Yellow    *Sunset:* 7:29PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**  
**Sivaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Mesha Rasi: 5.07	Tithi 24 – 25	325194461	<b>Gulika</b> 4:26AM – 6:19AM <b>Yama</b> 1:50PM – 3:43PM <b>Rahu</b> 8:12AM – 10:04AM	<b>Ashvini Until 10:34PM</b> Sukarma Until 1:50AM Sun Vanija Until 8:13PM <b>Navami* Until 7:02AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Sun 8 Sutra 83 Plava 5123 Moon 6 - Phase 12 - 8 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Sunday, July 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Mesha Rasi: 16.59	Tithi 25 – 26	325194461	<b>Gulika</b> 3:43PM – 5:36PM <b>Yama</b> 11:58AM – 1:50PM <b>Rahu</b> 5:36PM – 7:29PM	<b>Bharani Until 1:39AM Mon</b> Dhriti Until 2:56AM Mon Bava Until 10:43PM <b>Dashami Until 9:25AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Sun 9 Sutra 84 Plava 5123 Moon 6 - Phase 12 - 9 2nd Phase <b>Devaloka Day</b>
	Routine Work	Prabalarishta Yoga					
	Until 1:39AM Mon	Then Routine Work - Marana Yoga					


<b>3</b>	<b>Monday, July 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Mesha Rasi: 28.47	Tithi 26 – 27	325194461	<b>Gulika</b> 1:50PM – 3:43PM <b>Yama</b> 10:05AM – 11:58AM <b>Rahu</b> 6:20AM – 8:12AM	<b>Krittika Until 4:38AM Tue</b> Shula* Until 4:02AM Tue Kaulava Until 1:18AM Tue <b>Ekadashi* Until 12:00PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – White <b>Jyeshtha-Ani</b>	Sun 10 Sutra 85 Plava 5123 Moon 6 - Phase 12 - 10 2nd Phase <b>Devaloka Day</b>
	Family Home Evening	Marana Yoga					
	Until 4:38AM Tue	Then Creative Work - Amrita Yoga					


<b>4</b>	<b>Tuesday, July 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Vrishabha Rasi: 10.35	Tithi 27 – 28	435194461	<b>Gulika</b> 11:58AM – 1:50PM <b>Yama</b> 8:13AM – 10:05AM <b>Rahu</b> 3:43PM – 5:36PM	<b>Rohini Until 7:48AM Wed</b> Ganda* Until 5:02AM Wed Gara Until 3:46AM Wed <b>Dvadashi* Until 2:32PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Sun 11 Sutra 86 Plava 5123 Moon 6 - Phase 12 - 11 2nd Phase <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 7:48AM Wed	Then Creative Work - Siddha Yoga					

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Wednesday, July 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Vrishabha Rasi: 22.26	Tithi 28 – 29	435194461	<b>Gulika</b> 10:06AM – 11:58AM <b>Yama</b> 6:21AM – 8:13AM <b>Rahu</b> 11:58AM – 1:51PM	<b>Rohini Until 7:48AM</b> Vriddhi Until 5:49AM Thu Visti Until 5:55AM Thu <b>Trayodashi* Until 4:52PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Sun 12 Sutra 87 Plava 5123 Moon 6 - Phase 12 - 12 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

<b>6</b>	<b>Thursday, July 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Mithuna Rasi: 4.24	Tithi 29	435194461	<b>Gulika</b> 8:13AM – 10:06AM <b>Yama</b> 4:29AM – 6:21AM <b>Rahu</b> 1:51PM – 3:43PM	<b>Mrigashira Until 10:29AM</b> Dhruva Until 6:15AM Fri Sakuni Until 6:50PM <b>Chaturdashi* Until 6:50PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Sun 13 Sutra 88 Plava 5123 Moon 6 - Phase 12 - 13 2nd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					

	<b>Friday, July 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		325194461	<b>Gulika</b> 6:22AM – 8:14AM <b>Yama</b> 3:43PM – 5:35PM <b>Rahu</b> 10:06AM – 11:58AM	<b>Ardra Until 12:36PM</b> Dhruva Until 6:15AM Catuspada Until 7:40AM <b>Amavasya* Until 8:20PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow <b>Jyeshtha-Ani</b>	Sun 14 Sutra 89 Plava 5123 Moon 6 - Phase 12 - 14 Amavasya <b>Devaloka Day</b>
	Mithuna Rasi: 16.32	Tithi 30					
	Creative Work	Siddha Yoga					

	<b>Saturday, July 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		445194461	<b>Gulika</b> 4:30AM – 6:22AM <b>Yama</b> 1:51PM – 3:43PM <b>Rahu</b> 8:14AM – 10:06AM	<b>Punarvasu Until 2:34PM</b> Vyaghata* Until 6:20AM Kintughna Until 8:55AM <b>Prathama* Until 9:21PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	Sun 15 Sutra 90 Plava 5123 Moon 6 - Phase 12 - 15 Prathama <b>Devaloka Day</b>
	Mithuna Rasi: 28.52	Tithi 1					
	Creative Work	Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

1	<b>Sunday, July 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
	Kataka Rasi: 11.25	Tithi 2	Sun 16	Sutra 91			
	446194461	Rahu	3:43PM – 5:34PM	<b>Pushya</b> Until 3:53PM	Ganesha: Blue	Sunrise: 4:31AM	Plava 5123
	Creative Work	Siddha Yoga	Yama 11:59AM – 1:51PM	Harshana Until 6:02AM	Muruga: Yellow	Sunset: 7:26PM	Moon 6 - Phase 13 - 16 3rd Phase
			5:34PM – 7:26PM	Balava Until 9:41AM	Nataraja: Yellow	Moon – Blue	
			<b>Dvitiya</b> Until 9:52PM	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

2	<b>Monday, July 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
	Kataka Rasi: 24.12	Tithi 3	Sun 17	Sutra 92			
	446194461	Rahu	1:51PM – 3:42PM	<b>Ashlesha*</b> Until 4:35PM	Ganesha: Blue	Sunrise: 4:31AM	Plava 5123
	Family Home Evening	Siddha Yoga	Yama 10:07AM – 11:59AM	Siddhi Until 4:17AM Tue	Muruga: Yellow	Sunset: 7:26PM	Moon 6 - Phase 13 - 17 3rd Phase
Until 4:35PM		6:23AM – 8:15AM	Taitila Until 9:58AM	Nataraja: Yellow	Moon – Blue		
Then Routine Work - Marana Yoga			<b>Tritiya</b> Until 9:55PM	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

3	<b>Tuesday, July 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
	Simha Rasi: 7.12	Tithi 4	Sun 18	Sutra 93			
	456194461	Rahu	11:59AM – 1:50PM	<b>Magha*</b> Until 5:10PM	Ganesha: Blue	Sunrise: 4:32AM	Plava 5123
	Creative Work	Siddha Yoga	Yama 8:16AM – 10:07AM	Vyatipata* Until 2:54AM Wed	Muruga: Yellow	Sunset: 7:25PM	Moon 6 - Phase 13 - 18 3rd Phase
		3:42PM – 5:34PM	Vanija Until 9:48AM	Nataraja: Yellow	Moon – Red		
			<b>Chaturthi*</b> Until 9:33PM	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

4	<b>Wednesday, July 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
	Simha Rasi: 20.25	Tithi 5	Sun 19	Sutra 94			
	456194461	Rahu	10:07AM – 11:59AM	<b>Purvaphalguni</b> Until 5:11PM	Ganesha: Blue	Sunrise: 4:33AM	Plava 5123
	Creative Work	Amrita Yoga	Yama 6:24AM – 8:16AM	Varyan Until 1:11AM Thu	Muruga: Yellow	Sunset: 7:25PM	Moon 6 - Phase 13 - 19 3rd Phase
		11:59AM – 1:50PM	Bava Until 9:13AM	Nataraja: Yellow	Moon – Red		
			<b>Panchami</b> Until 8:46PM	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

5	<b>Thursday, July 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
	Kanya Rasi: 3.51	Tithi 6	Sun 20	Sutra 95			
	456194461	Rahu	8:16AM – 10:08AM	<b>Uttaraphalguni</b> Until 4:41PM	Ganesha: Blue	Sunrise: 4:34AM	Plava 5123
	Amrita Yoga		Yama 4:34AM – 6:25AM	Parigha* Until 11:11PM	Muruga: Yellow	Sunset: 7:24PM	Moon 6 - Phase 13 - 20 3rd Phase
Until 4:41PM		1:50PM – 3:42PM	Kaulava Until 8:15AM	Nataraja: Yellow	Moon – Red		
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>	<b>Shashthi*</b> Until 7:37PM	<b>Ashada*Ani</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

6	<b>Friday, July 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
	Kanya Rasi: 17.3	Tithi 7	Sun 21	Sutra 96			
	466195461	Rahu	6:26AM – 8:17AM	<b>Hasta</b> Until 4:07PM	Ganesha: Yellow	Sunrise: 4:35AM	Plava 5123
	Creative Work	Amrita Yoga	Yama 3:41PM – 5:33PM	Shiva Until 8:53PM	Muruga: White	Sunset: 7:24PM	Moon 6 - Phase 13 - 21 3rd Phase
Until 4:07PM		10:08AM – 11:59AM	Gara Until 6:55AM	Nataraja: Yellow	Moon – Green		
Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 6:05PM	<b>Ashada*Adi</b>	<b>Sivaloka Day</b>		

D	<b>Saturday, July 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	<b>Retreat Star</b>		Sun 22	Sutra 97			
	Tula Rasi: 1.22	Tithi 8 – 9	466195462	Gulika 4:35AM – 6:26AM	<b>Chitra</b> Until 3:02PM	Ganesha: Yellow	Sunrise: 4:35AM
	Routine Work	Marana Yoga	Yama 1:50PM – 3:41PM	Siddha Until 6:17PM	Muruga: White	Sunset: 7:23PM	Moon 6 - Phase 13 - 22 Ashtami
Until 3:02PM		8:17AM – 10:08AM	Balava Until 3:10AM Sun	Nataraja: White	Moon – Green		
Then Creative Work - Siddha Yoga			<b>Ashtami*</b> Until 4:13PM	<b>Ashada*Adi</b>	<b>Subha Sivaloka Day</b>		


D	<b>Sunday, July 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
	<b>Retreat Star</b>		Sun 23	Sutra 98			
	Tula Rasi: 15.28	Tithi 9 – 10	466195462	Gulika 3:41PM – 5:32PM	<b>Svati</b> Until 1:30PM	Ganesha: Yellow	Sunrise: 4:36AM
	Creative Work	Siddha Yoga	Yama 11:59AM – 1:50PM	Sadhya Until 3:25PM	Muruga: White	Sunset: 7:22PM	Moon 6 - Phase 13 - 23 Navami
Until 1:30PM		5:32PM – 7:22PM	Taitila Until 12:49AM Mon	Nataraja: White	Moon – Green		
Then Routine Work - Marana Yoga			<b>Navami*</b> Until 2:00PM	<b>Ashada*Adi</b>	<b>Subha Sivaloka Day</b>		

<b>1</b>	<b>Monday, July 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 99 Plava 5123
	Tula Rasi: 29.45 Family Home Evening Routine Work Until 11:56AM Then Creative Work - Siddha Yoga	Tithi 10 - 11 477195462	Gulika 1:50PM - 3:41PM Yama 10:09AM - 11:59AM Rahu 6:28AM - 8:18AM	Vishakha Until 11:56AM Subha Until 12:20PM Vanija Until 10:11PM Dashami Until 11:31AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon - Orange	Sunrise: 4:37AM Sunset: 7:22PM	Moon 6 - Phase 14 - 24 4th Phase Subha Sivaloka Day

<b>2</b>	<b>Tuesday, July 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Ekadashi/Dvadashtyam Titau				Stamford, CT Sun 25 Sutra 100 Plava 5123
	Vrischika Rasi: 14.13 Creative Work Until 10:01AM Then Routine Work - Marana Yoga	Tithi 11 - 12 477195462	Gulika 11:59AM - 1:50PM Yama 8:19AM - 10:09AM Rahu 3:40PM - 5:31PM	Anuradha Until 10:01AM Sukla Until 9:02AM Bava Until 7:23PM Ekadashi Until 8:47AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon - Orange	Sunrise: 4:38AM Sunset: 7:21PM	Moon 6 - Phase 14 - 25 4th Phase Subha Sivaloka Day

<b>3</b>	<b>Wednesday, July 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha/Mula Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 101 Plava 5123
	Vrischika Rasi: 28.48 Creative Work Until 7:49AM Then Routine Work - Marana Yoga	Tithi 13 477195462	Gulika 10:09AM - 11:59AM Yama 6:29AM - 8:19AM Rahu 11:59AM - 1:50PM	Jyeshtha* Until 7:49AM Indra Until 2:12AM Thu Kaulava Until 4:28PM Trayodashi Until 3:00AM Thu <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: White Nataraja: White Moon - Orange	Sunrise: 4:39AM Sunset: 7:20PM	Moon 6 - Phase 14 - 26 4th Phase Subha Sivaloka Day

<b>4</b>	<b>Thursday, July 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha Nakshatra Vaidhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 102 Plava 5123
	Dhanus Rasi: 13.25 Creative Work Until 3:51AM Fri Then Routine Work - Marana Yoga	Tithi 14 487195462	Gulika 8:20AM - 10:10AM Yama 4:40AM - 6:30AM Rahu 1:49PM - 3:39PM	Purvashadha* Until 3:51AM Fri Vaidhriti* Until 10:48PM Gara Until 1:35PM Chaturdashi* Until 12:10AM Fri	Ganesha: White Muruqa: White Nataraja: White Moon - Light Blue	Sunrise: 4:40AM Sunset: 7:19PM	Moon 6 - Phase 14 - 27 4th Phase Subha Subha Sivaloka Day

	<b>Friday, July 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vishkambha Yoga Visti/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 103 Plava 5123
	Dhanus Rasi: 27.57 Routine Work Until 1:58AM Sat Then Creative Work - Siddha Yoga	Tithi 15 487195462	Gulika 6:30AM - 8:20AM Yama 3:39PM - 5:29PM Rahu 10:10AM - 12:00PM	Uttarashadha Until 1:58AM Sat Vishkambha* Until 7:36PM Visti Until 10:51AM Purnima* Until 9:33PM	Ganesha: White Muruqa: White Nataraja: White Moon - Light Blue	Sunrise: 4:40AM Sunset: 7:19PM	Moon 6 - Phase 14 - Purnima Subha Subha Sivaloka Day

<b>5</b>	<b>Saturday, July 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 104 Plava 5123
	Makara Rasi: 12.18 Creative Work Until 12:44AM Sun Then Routine Work - Marana Yoga	Tithi 16 497195462	Gulika 4:41AM - 6:31AM Yama 1:49PM - 3:39PM Rahu 8:20AM - 10:10AM	Shravana Until 12:44AM Sun Priti Until 4:41PM Balava Until 8:24AM Prathama* Until 7:18PM	Ganesha: Clear Muruqa: White Nataraja: White Moon - Purple	Sunrise: 4:41AM Sunset: 7:18PM	Moon 6 - Phase 14 - Prathama Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Sunday, July 25, 2021**  
**Gold Retreat Star**

Makara Rasi: 26.23    Tithi 17 – 18

498195462

**Gulika**  
Yama  
**Rahu**

3:38PM – 5:27PM  
12:00PM – 1:49PM  
5:27PM – 7:17PM

**Dhanishtha Until 11:54PM**  
Ayushman Until 2:09PM  
Taitila Until 6:22AM  
**Dvitiya Until 5:32PM**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

*Sunrise:* 4:42AM  
*Sunset:* 7:17PM

Stamford, CT  
Sun 1    Sutra 105  
Plava 5123  
Moon 7 - Phase 15 - 1  
1st Phase

Routine Work    Marana Yoga

Until 11:54PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**1**

**Monday, July 26, 2021**

Kumbha Rasi: 10.07    Tithi 18 – 19

498195462

**Gulika**  
Yama  
**Rahu**

1:49PM – 3:38PM  
10:10AM – 12:00PM  
6:32AM – 8:21AM

**Shatabhishak Until 11:33PM**  
Saubhagya Until 12:06PM  
Bava Until 4:07AM Tue  
**Tritiya Until 4:24PM**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon – Purple  
**Ashada-Adi**

*Sunrise:* 4:43AM  
*Sunset:* 7:16PM

Stamford, CT  
Sun 2    Sutra 106  
Plava 5123  
Moon 7 - Phase 15 - 2  
1st Phase

Family Home Evening

Creative Work    Siddha Yoga

Until 11:33PM

Then Routine Work - Marana Yoga

**Sivaloka Day**

**2**

**Tuesday, July 27, 2021**

Kumbha Rasi: 23.27    Tithi 19 – 20

418295462

**Gulika**  
Yama  
**Rahu**

12:00PM – 1:48PM  
8:22AM – 10:11AM  
3:37PM – 5:26PM

**Purvaprossthapada\* Until 12:15AM We**  
Sobhana Until 10:39AM  
Kaulava Until 4:05AM Wed  
**Chaturthi\* Until 3:59PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 4:44AM  
*Sunset:* 7:15PM

Stamford, CT  
Sun 3    Sutra 107  
Plava 5123  
Moon 7 - Phase 15 - 3  
1st Phase

Routine Work    Marana Yoga

Until 12:15AM Wed

Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

**3**

**Wednesday, July 28, 2021**

Meena Rasi: 6.23    Tithi 20 – 21

418295462

**Gulika**  
Yama  
**Rahu**

10:11AM – 12:00PM  
6:34AM – 8:22AM  
12:00PM – 1:48PM

**Uttaraprossthapada Until 1:33AM Thu**  
Athiganda\* Until 9:46AM  
Gara Until 4:50AM Thu  
**Panchami Until 4:21PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 4:45AM  
*Sunset:* 7:14PM

Stamford, CT  
Sun 4    Sutra 108  
Plava 5123  
Moon 7 - Phase 15 - 4  
1st Phase

Creative Work    Siddha Yoga

**Subha Sivaloka Day**

**4**

**Thursday, July 29, 2021**

Meena Rasi: 18.58    Tithi 21 – 22

418295462

**Gulika**  
Yama  
**Rahu**

8:23AM – 10:11AM  
4:46AM – 6:34AM  
1:48PM – 3:36PM

**Revati Until 3:23AM Fri**  
Sukarma Until 9:31AM  
Vistii Until 6:17AM Fri  
**Shashthi\* Until 5:27PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon – Clear  
**Ashada-Adi**

*Sunrise:* 4:46AM  
*Sunset:* 7:13PM

Stamford, CT  
Sun 5    Sutra 109  
Plava 5123  
Moon 7 - Phase 15 - 5  
1st Phase

Creative Work    Siddha Yoga

Until 3:23AM Fri

Then Creative Work - Amrita Yoga

**Subha Sivaloka Day**

**5**

**Friday, July 30, 2021**

Mesha Rasi: 1.14    Tithi 22

428295462

**Gulika**  
Yama  
**Rahu**

6:35AM – 8:23AM  
3:36PM – 5:24PM  
10:11AM – 11:59AM

**Ashvini Until 6:07AM Sat**  
Dhriti Until 9:48AM  
Vistii Until 6:17AM  
**Saptami Until 7:13PM**

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

*Sunrise:* 4:47AM  
*Sunset:* 7:12PM

Stamford, CT  
Sun 6    Sutra 110  
Plava 5123  
Moon 7 - Phase 15 - 6  
1st Phase

Creative Work    Amrita Yoga

Until 6:07AM Sat

Then Creative Work - Siddha Yoga

**Subha Subha Sivaloka Day**

**D**

**Saturday, July 31, 2021**  
**Retreat Star**

Mesha Rasi: 13.16    Tithi 23

428215462

**Gulika**  
Yama  
**Rahu**

4:48AM – 6:36AM  
1:47PM – 3:35PM  
8:24AM – 10:12AM

**Ashvini Until 6:07AM**  
Shula\* Until 10:30AM  
Balava Until 8:19AM  
**Ashtami\* Until 9:28PM**

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

*Sunrise:* 4:48AM  
*Sunset:* 7:11PM

Stamford, CT  
Sun 7    Sutra 111  
Plava 5123  
Moon 7 - Phase 15 - 7  
Ashtami

Creative Work    Siddha Yoga

**Subha Subha Sivaloka Day**

**Sunday, August 1, 2021**

**Retreat Star**

Mesha Rasi: 25.08    Tithi 24

429215462

**Gulika**  
Yama  
**Rahu**

3:35PM – 5:22PM  
11:59AM – 1:47PM  
5:22PM – 7:10PM

**Bharani Until 9:05AM**  
Ganda\* Until 11:28AM  
Taitila Until 10:43AM  
**Navami\* Until 11:58PM**

**Ganesha:** Red  
**Muruqa:** White  
**Nataraja:** White  
Moon – White  
**Ashada-Adi**

*Sunrise:* 4:49AM  
*Sunset:* 7:10PM

Stamford, CT  
Sun 8    Sutra 112  
Plava 5123  
Moon 7 - Phase 15 - 8  
Navami

Routine Work    Prabalarishta Yoga

Until 9:05AM

Then Creative Work - Siddha Yoga

**Subha Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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<b>1</b>		<b>Monday, August 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Stamford, CT Sun 9 Sutra 113 Plava 5123	
Vrishabha Rasi: 6.56	Tithi 25	<b>Gulika</b> 1:47PM – 3:34PM	<b>Krittika</b> Until 12:01PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:50AM		
<b>Family Home Evening</b>	429215462	Yama 10:12AM – 11:59AM	Vriddhi Until 12:34PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 16 - 9	2nd Phase
Routine Work Marana Yoga		<b>Rahu</b> 6:37AM – 8:25AM	Vanija Until 1:16PM	<b>Nataraja:</b> White			
Until 12:01PM			<b>Dashami</b> Until 2:30AM Tue	Moon – White		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada-Adi</b>			
<b>2</b>		<b>Tuesday, August 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 10 Sutra 114 Plava 5123	
Vrishabha Rasi: 18.46	Tithi 26	<b>Gulika</b> 11:59AM – 1:46PM	<b>Rohini</b> Until 3:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:51AM		
	439215462	Yama 8:25AM – 10:12AM	Dhruva Until 1:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:08PM	Moon 7 - Phase 16 - 10	2nd Phase
Creative Work Amrita Yoga		<b>Rahu</b> 3:33PM – 5:20PM	Bava Until 3:43PM	<b>Nataraja:</b> White			
Until 3:12PM			<b>Ekadashi*</b> Until 4:48AM Wed	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashada-Adi</b>			
<b>3</b>		<b>Wednesday, August 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Stamford, CT Sun 11 Sutra 115 Plava 5123	
Mithuna Rasi: 0.41	Tithi 27	<b>Gulika</b> 10:12AM – 11:59AM	<b>Mrigashira</b> Until 5:54PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:52AM		
	439215462	Yama 6:39AM – 8:25AM	Vyaghata* Until 2:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 16 - 11	2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 11:59AM – 1:46PM	Kaulava Until 5:49PM	<b>Nataraja:</b> White			
			<b>Dvadashti*</b> Until 6:40AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Ashada-Adi</b>			
<b>4</b>		<b>Thursday, August 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashtyam Titau		Stamford, CT Sun 12 Sutra 116 Plava 5123	
Mithuna Rasi: 12.47	Tithi 27 – 28	<b>Gulika</b> 8:26AM – 10:12AM	<b>Ardra</b> Until 7:57PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:53AM		
	439215462	Yama 4:53AM – 6:39AM	Harshana Until 2:42PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 16 - 12	2nd Phase
Routine Work Marana Yoga		<b>Rahu</b> 1:46PM – 3:32PM	Gara Until 7:26PM	<b>Nataraja:</b> White			
Until 7:57PM			<b>Dvadashti*</b> Until 6:40AM	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashada-Adi</b>			
			<i>Pradosha Vrata (Fasting)</i>				
<b>5</b>		<b>Friday, August 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 117 Plava 5123	
Mithuna Rasi: 25.05	Tithi 28 – 29	<b>Gulika</b> 6:40AM – 8:26AM	<b>Punarvasu</b> Until 9:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:54AM		
	449215462	Yama 3:31PM – 5:18PM	Vajra* Until 2:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 16 - 13	2nd Phase
Creative Work Siddha Yoga		<b>Rahu</b> 10:13AM – 11:59AM	Visti Until 8:28PM	<b>Nataraja:</b> White			
Until 9:46PM			<b>Trayodashi*</b> Until 8:00AM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Ashada-Adi</b>			
<b>Retreat Star</b>		<b>Saturday, August 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 14 Sutra 118 Plava 5123	
Kataka Rasi: 7.4	Tithi 29 – 30	<b>Gulika</b> 4:55AM – 6:41AM	<b>Pushya</b> Until 10:50PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM		
	449215462	Yama 1:45PM – 3:31PM	Siddhi Until 2:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16 - 14	Amavasya
Creative Work Siddha Yoga		<b>Rahu</b> 8:27AM – 10:13AM	Catuspada Until 8:54PM	<b>Nataraja:</b> White			
Until 10:50PM			<b>Chaturdashi*</b> Until 8:44AM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Ashada-Adi</b>			
<b>Retreat Star</b>		<b>Sunday, August 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukra Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 15 Sutra 119 Plava 5123	
Kataka Rasi: 20.32	Tithi 30 – 1	<b>Gulika</b> 3:30PM – 5:16PM	<b>Ashlesha*</b> Until 11:11PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:56AM		
	441215462	Yama 11:59AM – 1:44PM	Vyatipata* Until 1:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16 - 15	Prathama
Creative Work Siddha Yoga		<b>Rahu</b> 5:16PM – 7:02PM	Kintughna Until 8:45PM	<b>Nataraja:</b> White			
Until 11:11PM			<b>Amavasya*</b> Until 8:52AM	Moon – Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Sravana-Adi</b>			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Stamford, CT on 5/23/1

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<b>Monday, August 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
<b>1</b>		<b>Gulika</b> 1:44PM – 3:29PM	<b>Magha* Until 11:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:57AM	Sun 16 Sutra 120
Simha Rasi: 3.4	Tithi 1 – 2	Yama 10:13AM – 11:58AM	Variyan Until 11:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Plava 5123
<b>Family Home Evening</b>	451215462	<b>Rahu</b> 6:42AM – 8:28AM	Balava Until 8:06PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 16
Routine Work	Marana Yoga		<b>Prathama* Until 8:28AM</b>	Moon – Red		3rd Phase
Until 11:22PM				<b>Sravana-Adi</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Tuesday, August 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
<b>2</b>		<b>Gulika</b> 11:58AM – 1:43PM	<b>Purvaphalguni Until 11:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:58AM	Sun 17 Sutra 121
Simha Rasi: 17.03	Tithi 2 – 3	Yama 8:28AM – 10:13AM	Parigha* Until 9:57AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Plava 5123
	451215462	<b>Rahu</b> 3:29PM – 5:14PM	Taitila Until 7:03PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 17
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:36AM</b>	Moon – Red		3rd Phase
Until 11:00PM				<b>Sravana-Adi</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>Wednesday, August 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Stamford, CT
<b>3</b>		<b>Gulika</b> 10:13AM – 11:58AM	<b>Uttaraphalguni Until 10:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:59AM	Sun 18 Sutra 122
Kanya Rasi: 0.38	Tithi 3 – 4	Yama 6:44AM – 8:28AM	Shiva Until 7:55AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Plava 5123
	451215462	<b>Rahu</b> 11:58AM – 1:43PM	Visti Until 4:53AM Thu	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 18
Creative Work	Amrita Yoga		<b>Tritiya Until 6:23AM</b>	Moon – Red		3rd Phase
Until 10:11PM				<b>Sravana-Adi</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Thursday, August 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
<b>4</b>		<b>Gulika</b> 8:29AM – 10:13AM	<b>Hasta Until 9:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:00AM	Sun 19 Sutra 123
Kanya Rasi: 14.24	Tithi 5	Yama 5:00AM – 6:44AM	Sadhya Until 3:12AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Plava 5123
	461215462	<b>Rahu</b> 1:43PM – 3:27PM	Bava Until 4:04PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 19
Routine Work	Marana Yoga		<b>Panchami Until 3:11AM Fri</b>	Moon – Green		3rd Phase
Until 9:26PM		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>Friday, August 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
<b>5</b>		<b>Gulika</b> 6:45AM – 8:29AM	<b>Chitra Until 8:23PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:01AM	Sun 20 Sutra 124
Kanya Rasi: 28.17	Tithi 6	Yama 3:26PM – 5:11PM	Subha Until 12:39AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Plava 5123
	461215462	<b>Rahu</b> 10:14AM – 11:58AM	Kaulava Until 2:17PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 20
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:19AM Sat</b>	Moon – Green		3rd Phase
				<b>Sravana-Adi</b>		<b>Subha Sivaloka Day</b>

<b>Saturday, August 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
<b>6</b>		<b>Gulika</b> 5:02AM – 6:46AM	<b>Svati Until 7:03PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:02AM	Sun 21 Sutra 125
Tula Rasi: 12.16	Tithi 7	Yama 1:42PM – 3:26PM	Sukla Until 9:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Plava 5123
	461215462	<b>Rahu</b> 8:30AM – 10:14AM	Gara Until 12:22PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 21
Creative Work	Siddha Yoga		<b>Saptami Until 11:21PM</b>	Moon – Green		3rd Phase
				<b>Sravana-Adi</b>		<b>Subha Sivaloka Day</b>

<b>Sunday, August 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
<b>Retreat Star</b>		<b>Gulika</b> 3:25PM – 5:09PM	<b>Vishakha Until 5:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:03AM	Sun 22 Sutra 126
Tula Rasi: 26.19	Tithi 8	Yama 11:57AM – 1:41PM	Brahma Until 7:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Plava 5123
	471215462	<b>Rahu</b> 5:09PM – 6:52PM	Visti Until 10:20AM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 22
Routine Work	Marana Yoga		<b>Ashtami* Until 9:15PM</b>	Moon – Orange		Ashtami
				<b>Sravana-Adi</b>		<b>Sivaloka Day</b>

<b>Monday, August 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
<b>Retreat Star</b>		<b>Gulika</b> 1:41PM – 3:24PM	<b>Anuradha Until 4:31PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:04AM	Sun 23 Sutra 127
Vrischika Rasi: 10.27	Tithi 9	Yama 10:14AM – 11:57AM	Indra Until 4:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Plava 5123
<b>Family Home Evening</b>	471215462	<b>Rahu</b> 6:47AM – 8:30AM	Balava Until 8:12AM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 23
Creative Work	Siddha Yoga		<b>Navami* Until 7:05PM</b>	Moon – Orange		Navami
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>


Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


<b>1</b>	<b>Tuesday, August 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhrili*/Vishkambha* Yoga Talitla/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Vrischika Rasi: 24.37    Tithi 10 – 11	571215462	<b>Gulika</b> 11:57AM – 1:40PM <b>Yama</b> 8:31AM – 10:14AM <b>Rahu</b> 3:23PM – 5:06PM	<b>Jyeshtha* Until 2:56PM</b> Vaidhrili* Until 1:31PM Vanija Until 6:00AM Dashami Until 4:51PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Orange <b>Sravana•Avani</b>	Sunrise: 5:05AM Sunset: 6:49PM	Sun 24    Sutra 128 Plava 5123 Moon 7 - Phase 18 - 24 4th Phase
	Routine Work    Marana Yoga Until 2:56PM Then Creative Work - Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Wednesday, August 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Dhanus Rasi: 8.49    Tithi 11 – 12	5812215462	<b>Gulika</b> 10:14AM – 11:57AM <b>Yama</b> 6:48AM – 8:31AM <b>Rahu</b> 11:57AM – 1:40PM	<b>Mula* Until 1:36PM</b> Vishkambha* Until 10:37AM Bava Until 1:30AM Thu Ekadashi Until 2:36PM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Sravana•Avani</b>	Sunrise: 5:06AM Sunset: 6:48PM	Sun 25    Sutra 129 Plava 5123 Moon 7 - Phase 18 - 25 4th Phase
	Routine Work    Marana Yoga Until 1:36PM Then Creative Work - Amrita Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Thursday, August 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Prili*/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Dhanus Rasi: 23.01    Tithi 12 – 13	582215462	<b>Gulika</b> 8:32AM – 10:14AM <b>Yama</b> 5:07AM – 6:49AM <b>Rahu</b> 1:39PM – 3:22PM	<b>Purvashadha* Until 12:10PM</b> Priti Until 7:46AM Kaulava Until 11:21PM Dvadashi Until 12:24PM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Sravana•Avani</b>	Sunrise: 5:07AM Sunset: 6:46PM	Sun 26    Sutra 130 Plava 5123 Moon 7 - Phase 18 - 26 4th Phase
	Creative Work    Siddha Yoga Until 12:10PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b> <i>Pradosha Vrata</i>				

<b>4</b>	<b>Friday, August 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya Yoga Talitla/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Makara Rasi: 7.08    Tithi 13 – 14	582215462	<b>Gulika</b> 6:50AM – 8:32AM <b>Yama</b> 3:21PM – 5:03PM <b>Rahu</b> 10:14AM – 11:56AM	<b>Uttarashadha Until 10:44AM</b> Saubhagya Until 2:21AM Sat Gara Until 9:23PM Trayodashi Until 10:19AM	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Light Blue <b>Sravana•Avani</b>	Sunrise: 5:08AM Sunset: 6:45PM	Sun 27    Sutra 131 Plava 5123 Moon 7 - Phase 18 - 27 4th Phase
	Routine Work    Marana Yoga Chidambaram Abhishekam		<b>Sivaloka Day</b>				

	<b>Saturday, August 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT		
	<b>Copper Retreat Star</b>		Makara Rasi: 21.07    Tithi 14 – 15	592315462	<b>Gulika</b> 5:09AM – 6:51AM <b>Yama</b> 1:38PM – 3:20PM <b>Rahu</b> 8:32AM – 10:14AM	<b>Shravana Until 9:48AM</b> Sobhana Until 12:00AM Sun Visti Until 7:42PM Chaturdashi* Until 8:29AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Purple <b>Sravana•Avani</b>	Sunrise: 5:09AM Sunset: 6:44PM	Sun 28    Sutra 132 Plava 5123 Moon 7 - Phase 18 - Purnima
	Creative Work    Siddha Yoga Avani Avittam		<b>Subha Sivaloka Day</b>						

	<b>Sunday, August 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT		
	<b>Silver Retreat Star</b>		Kumbha Rasi: 4.54    Tithi 15 – 16	592315462	<b>Gulika</b> 3:19PM – 5:00PM <b>Yama</b> 11:56AM – 1:37PM <b>Rahu</b> 5:00PM – 6:42PM	<b>Dhanishtha Until 9:06AM</b> Athiganda* Until 9:59PM Balava Until 6:26PM Purnima* Until 6:59AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> White Moon – Purple <b>Sravana•Avani</b>	Sunrise: 5:10AM Sunset: 6:42PM	Sun 29    Sutra 133 Plava 5123 Moon 7 - Phase 18 - Prathama
	Routine Work    Marana Yoga Until 9:06AM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/11

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Monday, August 23, 2021

Gold Retreat Star

Kumbha Rasi: 18.23 Tithi 17  
Family Home Evening  
Creative Work Siddha Yoga  
Until 8:43AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 1:37PM - 3:18PM  
Yama 10:14AM - 11:56AM  
Rahu 6:52AM - 8:33AM

Shatabhishak Until 8:43AM

Sukarma Until 8:25PM

Taitila Until 5:42PM

Dvitiya Until 5:33AM Tue

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Purple  
Srivana-Avani

Sunrise: 5:11AM

Sunset: 6:41PM

Subha Sivaloka Day

Stamford, CT  
Sutra 134  
Plava 5123  
Moon 8 - Phase 19 -  
1st Phase

Tuesday, August 24, 2021

1

Meena Rasi: 1.34 Tithi 18  
Routine Work Marana Yoga  
Until 9:14AM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprosarthapada/Uttaraprosarthapada Nakshatra Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 11:55AM - 1:36PM  
Yama 8:33AM - 10:14AM  
Rahu 3:17PM - 4:58PM

Purvaprosarthapada\* Until 9:14AM

Dhriti Until 7:22PM

Vanija Until 5:36PM

Tritiya Until 5:47AM Wed

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear  
Srivana-Avani

Sunrise: 5:12AM

Sunset: 6:39PM

Subha Sivaloka Day

Stamford, CT  
Sun 1 Sutra 135  
Plava 5123  
Moon 8 - Phase 19 - 1  
1st Phase

Wednesday, August 25, 2021

2

Meena Rasi: 14.25 Tithi 19  
Creative Work Siddha Yoga  
Until 10:15AM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Shula\* Yoga Bava Karana Chaturthyam Titau  
Gulika 10:14AM - 11:55AM  
Yama 6:53AM - 8:34AM  
Rahu 11:55AM - 1:36PM

Uttaraprosarthapada Until 10:15AM

Shula\* Until 6:51PM

Bava Until 6:12PM

Chaturthi\* Until 6:44AM Thu

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear  
Srivana-Avani

Sunrise: 5:13AM

Sunset: 6:37PM

Subha Sivaloka Day

Stamford, CT  
Sun 2 Sutra 136  
Plava 5123  
Moon 8 - Phase 19 - 2  
1st Phase

Thursday, August 26, 2021

3

Meena Rasi: 26.56 Tithi 19 - 20  
Creative Work Siddha Yoga  
Until 11:47AM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 8:34AM - 10:14AM  
Yama 5:14AM - 6:54AM  
Rahu 1:35PM - 3:15PM

Revati Until 11:47AM

Ganda\* Until 6:52PM

Kaulava Until 7:28PM

Chaturthi\* Until 6:44AM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear  
Srivana-Avani

Sunrise: 5:14AM

Sunset: 6:36PM

Subha Sivaloka Day

Stamford, CT  
Sun 3 Sutra 137  
Plava 5123  
Moon 8 - Phase 19 - 3  
1st Phase

Friday, August 27, 2021

4

Mesha Rasi: 9.1 Tithi 20 - 21  
Creative Work Amrita Yoga  
Until 2:16PM  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 6:55AM - 8:35AM  
Yama 3:14PM - 4:54PM  
Rahu 10:15AM - 11:54AM

Ashvini Until 2:16PM

Vriddhi Until 7:22PM

Gara Until 9:22PM

Panchami Until 8:20AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White  
Srivana-Avani

Sunrise: 5:15AM

Sunset: 6:34PM

Devaloka Day

Stamford, CT  
Sun 4 Sutra 138  
Plava 5123  
Moon 8 - Phase 19 - 4  
1st Phase

Saturday, August 28, 2021

5

Mesha Rasi: 21.1 Tithi 21 - 22  
Creative Work Siddha Yoga  
Until 5:04PM  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 5:16AM - 6:55AM  
Yama 1:34PM - 3:13PM  
Rahu 8:35AM - 10:15AM

Bharani Until 5:04PM

Dhruva Until 8:12PM

Visti Until 11:42PM

Shashthi\* Until 10:28AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White  
Srivana-Avani

Sunrise: 5:16AM

Sunset: 6:33PM

Devaloka Day

Stamford, CT  
Sun 5 Sutra 139  
Plava 5123  
Moon 8 - Phase 19 - 5  
1st Phase

Sunday, August 29, 2021

Retreat Star

Vrishabha Rasi: 3.02 Tithi 22 - 23  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 3:13PM - 4:52PM  
Yama 11:54AM - 1:33PM  
Rahu 4:52PM - 6:31PM

Krittika Until 7:57PM

Vyaghata\* Until 9:13PM

Balava Until 2:15AM Mon

Saptami Until 12:56PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White  
Srivana-Avani

Sunrise: 5:17AM

Sunset: 6:31PM

Devaloka Day

Stamford, CT  
Sun 6 Sutra 140  
Plava 5123  
Moon 8 - Phase 19 - 6  
Ashtami

Monday, August 30, 2021

Retreat Star

Vrishabha Rasi: 14.5 Tithi 23 - 24  
Family Home Evening  
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 1:33PM - 3:12PM  
Yama 10:15AM - 11:54AM  
Rahu 6:57AM - 8:36AM

Rohini Until 11:12PM

Harshana Until 10:16PM

Taitila Until 4:45AM Tue

Ashtami\* Until 3:30PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow  
Srivana-Avani

Sunrise: 5:18AM

Sunset: 6:30PM

Sivaloka Day

Stamford, CT  
Sun 7 Sutra 141  
Plava 5123  
Moon 8 - Phase 19 - 7  
Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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1	<b>Tuesday, August 31, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Wishabha Rasi: 26.41	Tithi 24 – 25	Sun 8	Sutra 142	Plava 5123		
	533315463	Rahu	3:11PM – 4:49PM	<b>Mrigashira Until 2:02AM Wed</b>	Vajra* Until 11:06PM	Vanija Until 6:58AM Wed	Navami* Until 5:53PM
	Creative Work	Siddha Yoga	Gulika 11:53AM – 1:32PM	Yama 8:36AM – 10:15AM	Muruqa: Clear	Nataraja: Clear	Moon – Yellow

2	<b>Wednesday, September 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Mithuna Rasi: 8.38	Tithi 25	Sun 9	Sutra 143	Plava 5123		
	533315463	Rahu	11:53AM – 1:31PM	<b>Ardra Until 4:15AM Thu</b>	Siddhi Until 11:36PM	Vanija Until 6:58AM	Dashami Until 7:52PM
	Creative Work	Siddha Yoga	Gulika 10:15AM – 11:53AM	Yama 6:58AM – 8:36AM	Muruqa: Orange	Nataraja: Clear	Moon – Yellow

3	<b>Thursday, September 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Mithuna Rasi: 20.48	Tithi 26	Sun 10	Sutra 144	Plava 5123		
	543315463	Rahu	1:31PM – 3:09PM	<b>Punarvasu Until 6:10AM Fri</b>	Vyatipata* Until 11:38PM	Bava Until 8:39AM	Ekadashi* Until 9:14PM
	Creative Work	Amrita Yoga	Gulika 8:37AM – 10:15AM	Yama 5:21AM – 6:59AM	Muruqa: Light Blue	Nataraja: Clear	Moon – Blue

4	<b>Friday, September 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
	Kataka Rasi: 3.14	Tithi 27	Sun 11	Sutra 145	Plava 5123		
	543315463	Rahu	10:15AM – 11:52AM	<b>Punarvasu Until 6:10AM</b>	Variyan Until 11:05PM	Kaulava Until 9:41AM	Dvadashi* Until 9:55PM
	Creative Work	Siddha Yoga	Gulika 6:59AM – 8:37AM	Yama 3:08PM – 4:45PM	Muruqa: Light Blue	Nataraja: Clear	Moon – Blue

5	<b>Saturday, September 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Kataka Rasi: 15.59	Tithi 28	Sun 12	Sutra 146	Plava 5123		
	543315463	Rahu	8:37AM – 10:15AM	<b>Pushya Until 7:14AM</b>	Parigha* Until 10:00PM	Gara Until 10:00AM	Trayodashi* Until 9:53PM
	Creative Work	Siddha Yoga	Gulika 5:23AM – 7:00AM	Yama 1:29PM – 3:07PM	Muruqa: Light Blue	Nataraja: Clear	Moon – Blue

6	<b>Sunday, September 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Kataka Rasi: 29.05	Tithi 29	Sun 13	Sutra 147	Plava 5123		
	543315463	Rahu	4:43PM – 6:20PM	<b>Ashlesha* Until 7:28AM</b>	Shiva Until 8:24PM	Visti Until 9:37AM	Chaturdashi* Until 9:10PM
	Creative Work	Siddha Yoga	Gulika 3:06PM – 4:43PM	Yama 11:52AM – 1:29PM	Muruqa: Light Blue	Nataraja: Clear	Moon – Blue

●	<b>Monday, September 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		Sun 14	Sutra 148	Plava 5123		
	Simha Rasi: 12.33	Tithi 30	Moon 8 - Phase 20 - 14	Amavasya			
	553315463	Rahu	7:01AM – 8:38AM	<b>Magha* Until 7:22AM</b>	Siddha Until 6:18PM	Catuspada Until 8:37AM	Amavasya* Until 7:53PM

●	<b>Tuesday, September 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		Sun 15	Sutra 149	Plava 5123		
	Simha Rasi: 26.19	Tithi 1	Moon 8 - Phase 20 - 15	Prathama			
	553315463	Rahu	3:04PM – 4:40PM	<b>Purvaphalguni Until 6:35AM</b>	Sadhya Until 3:50PM	Kintughna Until 7:05AM	Prathama* Until 6:09PM

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Wednesday, September 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
	Kanya Rasi: 10.2	Tithi 2 – 3	<b>Gulika</b> 10:15AM – 11:51AM	<b>Hasta</b> <b>Until 3:59AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:27AM</i>	Sun 16	Sutra 150
			Yama 7:03AM – 8:39AM	Subha <b>Until 1:06PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:15PM</i>		Plava 5123
		563315463	<b>Rahu</b> 11:51AM – 1:27PM	Taitila <b>Until 2:58AM Thu</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 16
Routine Work	Marana Yoga		<b>Dvitiya</b> <b>Until 4:04PM</b>	Moon – Green		3rd Phase	
				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

<b>2</b>	<b>Thursday, September 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stamford, CT
	Kanya Rasi: 24.31	Tithi 3 – 4	<b>Gulika</b> 8:39AM – 10:15AM	<b>Chitra</b> <b>Until 2:25AM Fri</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:28AM</i>	Sun 17	Sutra 151
			Yama 5:28AM – 7:03AM	Sukla <b>Until 10:09AM</b>	<b>Muruqa:</b> White <i>Sunset: 6:13PM</i>		Plava 5123
		563315463	<b>Rahu</b> 1:26PM – 3:02PM	Vanija <b>Until 12:38AM Fri</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 17
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 1:48PM</b>	Moon – Green		3rd Phase	
				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

<b>3</b>	<b>Friday, September 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Tula Rasi: 8.47	Tithi 4 – 5	<b>Gulika</b> 7:04AM – 8:39AM	<b>Svati</b> <b>Until 12:40AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:29AM</i>	Sun 18	Sutra 152
			Yama 3:01PM – 4:36PM	Brahma <b>Until 7:08AM</b>	<b>Muruqa:</b> White <i>Sunset: 6:11PM</i>		Plava 5123
		563315463	<b>Rahu</b> 10:15AM – 11:50AM	Bava <b>Until 10:16PM</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 18
Creative Work	Siddha Yoga		<b>Chaturthi*</b> <b>Until 11:26AM</b>	Moon – Green		3rd Phase	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Saturday, September 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Tula Rasi: 23.04	Tithi 5 – 6	<b>Gulika</b> 5:30AM – 7:05AM	<b>Vishakha</b> <b>Until 11:15PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:30AM</i>	Sun 19	Sutra 153
			Yama 1:25PM – 3:00PM	Vaidhriti* <b>Until 1:08AM Sun</b>	<b>Muruqa:</b> White <i>Sunset: 6:10PM</i>		Plava 5123
		573315463	<b>Rahu</b> 8:40AM – 10:15AM	Kaulava <b>Until 7:56PM</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 19
Creative Work	Siddha Yoga		<b>Panchami</b> <b>Until 9:04AM</b>	Moon – Orange		3rd Phase	
				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>5</b>	<b>Sunday, September 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Stamford, CT
	Vrischika Rasi: 7.19	Tithi 6 – 7	<b>Gulika</b> 2:59PM – 4:33PM	<b>Anuradha</b> <b>Until 9:49PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:31AM</i>	Sun 20	Sutra 154
			Yama 11:49AM – 1:24PM	Vishkambha* <b>Until 10:14PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:08PM</i>		Plava 5123
		573315463	<b>Rahu</b> 4:33PM – 6:08PM	Vanija <b>Until 4:37AM Mon</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 20
Routine Work	Marana Yoga		<b>Shashthi*</b> <b>Until 6:47AM</b>	Moon – Orange		3rd Phase	
		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>Monday, September 13, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Visti/Bava Karana Ashtamyam Titau				Stamford, CT
	Vrischika Rasi: 21.29	Tithi 8	<b>Gulika</b> 1:23PM – 2:58PM	<b>Jyeshtha*</b> <b>Until 8:22PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:31AM</i>	Sun 21	Sutra 155
	<b>Family Home Evening</b>		Yama 10:15AM – 11:49AM	Priti <b>Until 7:29PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:06PM</i>		Plava 5123
		573315463	<b>Rahu</b> 7:06AM – 8:40AM	Visti <b>Until 3:37PM</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 21
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 2:36AM Tue</b>	Moon – Orange		Ashtami	
				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>		

<b>Tuesday, September 14, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
	Dhanus Rasi: 5.32	Tithi 9	<b>Gulika</b> 11:49AM – 1:23PM	<b>Mula*</b> <b>Until 7:22PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 5:32AM</i>	Sun 22	Sutra 156
			Yama 8:41AM – 10:15AM	Ayushman <b>Until 4:50PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:05PM</i>		Plava 5123
		583315463	<b>Rahu</b> 2:57PM – 4:31PM	Balava <b>Until 1:41PM</b>	<b>Nataraja:</b> Clear		Moon 8 - Phase 21 - 22
Creative Work	Amrita Yoga		<b>Navami*</b> <b>Until 12:46AM Wed</b>	Moon – Light Blue		Navami	
				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1

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1	<b>Wednesday, September 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
	Dhanus Rasi: 19.29	Tithi 10	<b>Gulika</b>	<b>10:14AM – 11:48AM</b>	<b>Purvashadha* Until 6:24PM</b>	<b>Ganesha: White</b> <i>Sunrise: 5:33AM</i>	Sun 23    Sutra 157
			Yama	7:07AM – 8:41AM	Saubhagya Until 2:20PM	<b>Muruqa: White</b> <i>Sunset: 6:03PM</i>	Plava 5123
			583415463 <b>Rahu</b>	<b>11:48AM – 1:22PM</b>	Taitila Until 11:56AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - 23
Creative Work    Amrita Yoga				<b>Dashami Until 11:06PM</b>	Moon – Light Blue	4th Phase	
					<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>	

2	<b>Thursday, September 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
	Makara Rasi: 3.2	Tithi 11	<b>Gulika</b>	<b>8:41AM – 10:14AM</b>	<b>Uttarashadha Until 5:29PM</b>	<b>Ganesha: Green</b> <i>Sunrise: 5:34AM</i>	Sun 24    Sutra 158
			Yama	5:34AM – 7:08AM	Sobhana Until 12:00PM	<b>Muruqa: White</b> <i>Sunset: 6:01PM</i>	Plava 5123
			584415463 <b>Rahu</b>	<b>1:21PM – 2:54PM</b>	Vanija Until 10:22AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - 24
Routine Work    Marana Yoga				<b>Ekadashi Until 9:39PM</b>	Moon – Light Blue	4th Phase	
Until 5:29PM					<b>Bhadrapada-Puratasi</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

3	<b>Friday, September 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
	Makara Rasi: 17.02	Tithi 12	<b>Gulika</b>	<b>7:08AM – 8:41AM</b>	<b>Shravana Until 5:05PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:35AM</i>	Sun 25    Sutra 159
			Yama	2:53PM – 4:26PM	Athiganda* Until 9:49AM	<b>Muruqa: White</b> <i>Sunset: 5:59PM</i>	Plava 5123
			594415463 <b>Rahu</b>	<b>10:14AM – 11:47AM</b>	Bava Until 9:01AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - 25
Routine Work    Marana Yoga				<b>Dvadashi Until 8:25PM</b>	Moon – Purple	4th Phase	
Until 5:05PM					<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

4	<b>Saturday, September 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
	Kumbha Rasi: 0.35	Tithi 13	<b>Gulika</b>	<b>5:36AM – 7:09AM</b>	<b>Dhanishtha Until 4:50PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:36AM</i>	Sun 26    Sutra 160
			Yama	1:20PM – 2:52PM	Sukarma Until 7:52AM	<b>Muruqa: White</b> <i>Sunset: 5:58PM</i>	Plava 5123
			594415463 <b>Rahu</b>	<b>8:42AM – 10:14AM</b>	Kaulava Until 7:56AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - 26
Creative Work    Siddha Yoga				<b>Trayodashi Until 7:30PM</b>	Moon – Purple	4th Phase	
Until 4:50PM			<b>Chidambaram Abhishekam</b>	<b>Pradosha Vrata</b>	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

5	<b>Sunday, September 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
	Kumbha Rasi: 13.58	Tithi 14	<b>Gulika</b>	<b>2:51PM – 4:24PM</b>	<b>Shatabhishak Until 4:47PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:37AM</i>	Sun 27    Sutra 161
			Yama	11:47AM – 1:19PM	Dhriti Until 6:12AM	<b>Muruqa: White</b> <i>Sunset: 5:56PM</i>	Plava 5123
			594415463 <b>Rahu</b>	<b>4:24PM – 5:56PM</b>	Gara Until 7:12AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - 27
Creative Work    Siddha Yoga				<b>Chaturdashi* Until 6:58PM</b>	Moon – Purple	4th Phase	
					<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>	

○	<b>Monday, September 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>1:18PM – 2:50PM</b>	<b>Purvaproshtapada* Until 5:29PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:38AM</i>	Sun 28    Sutra 162
	Kumbha Rasi: 27.07	Tithi 15	Yama	10:14AM – 11:46AM	Ganda* Until 3:52AM Tue	<b>Muruqa: White</b> <i>Sunset: 5:54PM</i>	Plava 5123
	<b>Family Home Evening</b>		514415463 <b>Rahu</b>	<b>7:10AM – 8:42AM</b>	Visti Until 6:53AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - Purnima
Routine Work    Marana Yoga				<b>Purnima* Until 6:53PM</b>	Moon – Clear	4th Phase	
Until 5:29PM					<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

○	<b>Tuesday, September 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>11:46AM – 1:18PM</b>	<b>Uttaraproshtapada Until 6:33PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 5:39AM</i>	Sun 29    Sutra 163
	Meena Rasi: 10.01	Tithi 16	Yama	8:43AM – 10:14AM	Vriddhi Until 3:20AM Wed	<b>Muruqa: White</b> <i>Sunset: 5:53PM</i>	Plava 5123
			514415463 <b>Rahu</b>	<b>2:49PM – 4:21PM</b>	Balava Until 7:03AM	<b>Nataraja: Clear</b>	Moon 8 - Phase 22 - Prathama
Creative Work    Amrita Yoga				<b>Prathama* Until 7:20PM</b>	Moon – Clear	4th Phase	
Until 6:33PM					<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Stamford, CT on 5/23/1

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 164

Meena Rasi: 22.39 Tithi 17

514415463

Gulika 10:14AM – 11:46AM  
Yama 7:12AM – 8:43AM  
Rahu 11:46AM – 1:17PM

Revati Until 8:01PM  
Dhruva Until 3:14AM Thu  
Taitila Until 7:48AM  
Dvitiya Until 8:22PM

Ganesha: Red Sunrise: 5:40AM  
Muruga: White Sunset: 5:51PM  
Nataraja: Clear  
Moon – Clear  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 1  
1st Phase

Sivaloka Day

Routine Work Marana Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 165

Mesha Rasi: 5.01 Tithi 18

524415463

Gulika 8:43AM – 10:14AM  
Yama 5:41AM – 7:12AM  
Rahu 1:16PM – 2:47PM

Ashvini Until 10:22PM  
Vyaghata\* Until 3:35AM Fri  
Vanija Until 9:08AM  
Tritiya Until 9:59PM

Ganesha: Green Sunrise: 5:41AM  
Muruga: White Sunset: 5:49PM  
Nataraja: Clear  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 2  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:22PM

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 166

Mesha Rasi: 17.1 Tithi 19

524415463

Gulika 7:13AM – 8:44AM  
Yama 2:46PM – 4:17PM  
Rahu 10:14AM – 11:45AM

Bharani Until 1:02AM Sat  
Harshana Until 4:19AM Sat  
Bava Until 11:01AM  
Chaturthi\* Until 12:07AM Sat

Ganesha: Green Sunrise: 5:42AM  
Muruga: White Sunset: 5:47PM  
Nataraja: Clear  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 3  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 1:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 167

Mesha Rasi: 29.07 Tithi 20

524415463

Gulika 5:43AM – 7:14AM  
Yama 1:15PM – 2:45PM  
Rahu 8:44AM – 10:14AM

Krittika Until 3:52AM Sun  
Vajra\* Until 5:16AM Sun  
Kaulava Until 1:21PM  
Panchami Until 2:36AM Sun

Ganesha: Green Sunrise: 5:43AM  
Muruga: White Sunset: 5:46PM  
Nataraja: Clear  
Moon – White  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 4  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:52AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 168

Vrishabha Rasi: 10.57 Tithi 21

534415463

Gulika 2:44PM – 4:14PM  
Yama 11:44AM – 1:14PM  
Rahu 4:14PM – 5:44PM

Rohini Until 7:11AM Mon  
Siddhi Until 6:19AM Mon  
Gara Until 3:57PM  
Shashthi\* Until 5:15AM Mon

Ganesha: Orange Sunrise: 5:44AM  
Muruga: White Sunset: 5:44PM  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 5  
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 7:11AM Mon

Then Creative Work - Amrita Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Visti\* Karana Saptamyam Titau

Stamford, CT

Sun 6 Sutra 169

Vrishabha Rasi: 22.44 Tithi 22

634415463

Gulika 1:14PM – 2:43PM  
Yama 10:14AM – 11:44AM  
Rahu 7:15AM – 8:45AM

Rohini Until 7:11AM  
Siddhi Until 6:19AM  
Visti Until 6:34PM  
Saptami Until 7:48AM Tue

Ganesha: Green Sunrise: 5:45AM  
Muruga: White Sunset: 5:42PM  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 6  
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Family Home Evening

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\* Vriyan Yoga Bava/Balava Karana Saplamyam Titau

Stamford, CT

Sun 7 Sutra 170

Mithuna Rasi: 4.34 Tithi 22 – 23

635415463

Gulika 11:44AM – 1:13PM  
Yama 8:45AM – 10:14AM  
Rahu 2:42PM – 4:11PM

Mrigashira Until 10:13AM  
Vyatipata\* Until 7:19AM  
Balava Until 8:59PM  
Saptami Until 7:48AM

Ganesha: White Sunrise: 5:47AM  
Muruga: White Sunset: 5:41PM  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 7  
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 10:13AM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 8 Sutra 171

Mithuna Rasi: 16.31 Tithi 23 – 24

635415463

Gulika 10:14AM – 11:43AM  
Yama 7:16AM – 8:45AM  
Rahu 11:43AM – 1:12PM

Ardra Until 12:44PM  
Variyan Until 8:01AM  
Taitila Until 10:55PM  
Ashtami\* Until 10:00AM

Ganesha: White Sunrise: 5:48AM  
Muruga: White Sunset: 5:39PM  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada-Puratasi

Moon 9 - Phase 23 - 8  
Navami

Devaloka Day

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Stamford, CT on 5/23/1

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1	<b>Thursday, September 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Mithuna Rasi: 28.41	Tithi 24 – 25	645415463	<b>Gulika</b> 8:46AM – 10:14AM Yama 5:49AM – 7:17AM <b>Rahu</b> 1:12PM – 2:40PM	<b>Punarvasu</b> Until 3:01PM Parigha* Until 8:19AM Vanija Until 12:13AM Fri Navami* Until 11:38AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 9 Sutra 172 Plava 5123 Moon 9 - Phase 24 - 9 2nd Phase
	Creative Work	Amrita Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>	

2	<b>Friday, October 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Kataka Rasi: 11.08	Tithi 25 – 26	645415463	<b>Gulika</b> 7:18AM – 8:46AM Yama 2:39PM – 4:07PM <b>Rahu</b> 10:14AM – 11:43AM	<b>Pushya</b> Until 4:26PM Shiva Until 8:06AM Bava Until 12:44AM Sat Dashami Until 12:33PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 10 Sutra 173 Plava 5123 Moon 9 - Phase 24 - 10 2nd Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>	

3	<b>Saturday, October 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kataka Rasi: 23.57	Tithi 26 – 27	645415463	<b>Gulika</b> 5:51AM – 7:19AM Yama 1:10PM – 2:38PM <b>Rahu</b> 8:46AM – 10:14AM	<b>Ashlesha*</b> Until 4:54PM Siddha Until 7:14AM Kaulava Until 12:28AM Sun Ekadashi* Until 12:41PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue	Sun 11 Sutra 174 Plava 5123 Moon 9 - Phase 24 - 11 2nd Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>	
	Until 4:54PM	Then Creative Work - Amrita Yoga					

4	<b>Sunday, October 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Simha Rasi: 7.1	Tithi 27 – 28	655415463	<b>Gulika</b> 2:37PM – 4:05PM Yama 11:42AM – 1:10PM <b>Rahu</b> 4:05PM – 5:32PM	<b>Magha*</b> Until 4:56PM Subha Until 3:41AM Mon Gara Until 11:25PM Dvadashi* Until 12:01PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	Sun 12 Sutra 175 Plava 5123 Moon 9 - Phase 24 - 12 2nd Phase
	Routine Work	Marana Yoga				<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>	
	Until 4:56PM	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

5	<b>Monday, October 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Simha Rasi: 20.48	Tithi 28 – 29	655415463	<b>Gulika</b> 1:09PM – 2:36PM Yama 10:14AM – 11:42AM <b>Rahu</b> 7:20AM – 8:47AM	<b>Purvaphalguni</b> Until 4:06PM Sukla Until 1:05AM Tue Vistit Until 9:43PM Trayodashi* Until 10:38AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	Sun 13 Sutra 176 Plava 5123 Moon 9 - Phase 24 - 13 2nd Phase
	Family Home Evening	Creative Work	Siddha Yoga			<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>	

●	<b>Tuesday, October 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		655415463	<b>Gulika</b> 11:41AM – 1:08PM Yama 8:48AM – 10:14AM <b>Rahu</b> 2:35PM – 4:02PM	<b>Uttaraphalguni</b> Until 2:34PM Brahma Until 10:03PM Catuspada Until 7:27PM Chaturdashi* Until 8:37AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red	Sun 14 Sutra 177 Plava 5123 Moon 9 - Phase 24 - 14 Amavasya
	Kanya Rasi: 4.49	Tithi 29 – 30		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>	
	Creative Work	Amrita Yoga					

●	<b>Wednesday, October 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		665415463	<b>Gulika</b> 10:15AM – 11:41AM Yama 7:21AM – 8:48AM <b>Rahu</b> 11:41AM – 1:08PM	<b>Hasta</b> Until 12:52PM Indra Until 6:43PM Bava Until 3:20AM Thu Amavasya* Until 6:09AM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green	Sun 15 Sutra 178 Plava 5123 Moon 9 - Phase 24 - 15 Prathama
	Kanya Rasi: 19.1	Tithi 30 – 1		<b>Navaratri Begins</b>		<b>Devaloka Day</b> <b>Ashvina-Puratasi</b>	
	Routine Work	Marana Yoga					


<b>1</b>	<b>Thursday, October 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
	Tula Rasi: 3.45	Tithi 2	<b>Gulika</b> 8:48AM – 10:15AM	<b>Chitra</b> Until 10:45AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:56AM	Sun 16 Sutra 179
	666415464	Rahu	Yama 5:56AM – 7:22AM	Vaidhriti* Until 3:10PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:26PM	Plava 5123
Creative Work	Siddha Yoga		Balava Until 1:53PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 16	
Until 10:45AM			<b>Dvitiya</b> Until 12:21AM Fri	Moon – Green		3rd Phase	
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	


<b>2</b>	<b>Friday, October 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
	Tula Rasi: 18.27	Tithi 3	<b>Gulika</b> 7:23AM – 8:49AM	<b>Svati</b> Until 8:22AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:57AM	Sun 17 Sutra 180
	666415464	Rahu	Yama 2:32PM – 3:58PM	Vishkambha* Until 11:33AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:24PM	Plava 5123
Creative Work	Siddha Yoga		Taitila Until 10:52AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 17	
			<b>Tritiya</b> Until 9:20PM	Moon – Green		3rd Phase	
				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Saturday, October 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
	Vrischika Rasi: 3.1	Tithi 4	<b>Gulika</b> 5:58AM – 7:24AM	<b>Vishakha</b> Until 6:16AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 18 Sutra 181
	676415464	Rahu	Yama 1:06PM – 2:31PM	Priti Until 7:58AM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:23PM	Plava 5123
Creative Work	Siddha Yoga		Vanija Until 7:52AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 18	
			<b>Chaturthi*</b> Until 6:24PM	Moon – Orange		3rd Phase	
				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Sunday, October 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Vrischika Rasi: 17.46	Tithi 5 – 6	<b>Gulika</b> 2:30PM – 3:56PM	<b>Jyeshtha*</b> Until 2:12AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sun 19 Sutra 182
	676415464	Rahu	Yama 11:40AM – 1:05PM	Saubhagya Until 1:13AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 5:21PM	Plava 5123
Routine Work	Marana Yoga		Kaulava Until 2:27AM Mon	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 19	
Until 2:12AM Mon			<b>Panchami</b> Until 3:41PM	Moon – Orange		3rd Phase	
Then Creative Work - Siddha Yoga				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Monday, October 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Dhanus Rasi: 2.1	Tithi 6 – 7	<b>Gulika</b> 1:05PM – 2:30PM	<b>Mula*</b> Until 12:50AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Sun 20 Sutra 183
	686515464	Rahu	Yama 10:15AM – 11:40AM	Sobhana Until 10:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:19PM	Plava 5123
<b>Family Home Evening</b>			Gara Until 12:12AM Tue	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 20	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:16PM	Moon – Light Blue		3rd Phase	
				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	

	<b>Tuesday, October 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 11:39AM – 1:04PM	<b>Purvashadha*</b> Until 11:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sun 21 Sutra 184
	Dhanus Rasi: 16.21	Tithi 7 – 8	Yama 8:50AM – 10:15AM	Athiganda* Until 7:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:18PM	Plava 5123
686515464	Rahu	2:29PM – 3:53PM	Visti Until 10:21PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 21	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 11:12AM	Moon – Light Blue		Ashtami	
Until 11:43PM				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

	<b>Wednesday, October 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 10:15AM – 11:39AM	<b>Uttarashadha</b> Until 10:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:02AM	Sun 22 Sutra 185
	Makara Rasi: 0.16	Tithi 8 – 9	Yama 7:27AM – 8:51AM	Sukarma Until 5:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:16PM	Plava 5123
686515464	Rahu	11:39AM – 1:03PM	Balava Until 8:54PM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 22	
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 9:33AM	Moon – Light Blue		Navami	
Until 10:52PM				<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	<b>Thursday, October 14, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Stamford, CT Sun 23
	Makara Rasi: 13.56    Tithi 9 – 10	<b>Gulika</b> 8:51AM – 10:15AM	<b>Shravana</b> <b>Until 10:43PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:03AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:15PM	Sutra 186 Plava 5123
	696515464	Yama    6:03AM – 7:27AM	Dhriti <b>Until 3:12PM</b>			Moon 9 - Phase 26 - 23
	Creative Work    Siddha Yoga	<b>Rahu</b> 1:03PM – 2:27PM	Tailita <b>Until 7:53PM</b>	<b>Nataraja:</b> Purple	Moon – Purple	4th Phase
		<b>Navami* Until 8:20AM</b>	<b>Ashvina•Puratasi</b>		<b>Sivaloka Day</b>	

2	<b>Friday, October 15, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24
	Makara Rasi: 27.22    Tithi 10 – 11	<b>Gulika</b> 7:28AM – 8:52AM	<b>Dhanishtha</b> <b>Until 10:50PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:04AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:13PM	Sutra 187 Plava 5123
	697515464	Yama    2:26PM – 3:49PM	Shula* <b>Until 1:30PM</b>			Moon 9 - Phase 26 - 24
	Creative Work    Siddha Yoga	<b>Rahu</b> 10:15AM – 11:39AM	Vanija <b>Until 7:18PM</b>	<b>Nataraja:</b> Purple	Moon – Purple	4th Phase
		<b>Vijaya Dasami</b>	<b>Dashami Until 7:31AM</b>	<b>Ashvina•Puratasi</b>		<b>Subha Sivaloka Day</b>

3	<b>Saturday, October 16, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25
	Kumbha Rasi: 10.34    Tithi 11 – 12	<b>Gulika</b> 6:06AM – 7:29AM	<b>Shatabhishak</b> <b>Until 11:13PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:12PM	Sutra 188 Plava 5123
	697515464	Yama    1:02PM – 2:25PM	Ganda* <b>Until 12:09PM</b>			Moon 9 - Phase 26 - 25
	Creative Work    Amrita Yoga	<b>Rahu</b> 8:52AM – 10:15AM	Bava <b>Until 7:07PM</b>	<b>Nataraja:</b> Purple	Moon – Purple	4th Phase
Until 11:13PM	<b>Kadaitswami Mahasamadhi</b>	<b>Ekadashi Until 7:08AM</b>	<b>Ashvina•Puratasi</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga						

4	<b>Sunday, October 17, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26
	Kumbha Rasi: 23.34    Tithi 12 – 13	<b>Gulika</b> 2:24PM – 3:47PM	<b>Purvaproshtapada*</b> <b>Until 12:18AM Mo</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:10PM	Sutra 189 Plava 5123
	617515464	Yama    11:38AM – 1:01PM	Vridhhi <b>Until 11:08AM</b>			Moon 9 - Phase 26 - 26
	Creative Work    Siddha Yoga	<b>Rahu</b> 3:47PM – 5:10PM	Kaulava <b>Until 7:22PM</b>	<b>Nataraja:</b> Purple	Moon – Clear	4th Phase
		<b>Dvadashi Until 7:10AM</b>		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>
<i>Pradosha Vrata</i>						

5	<b>Monday, October 18, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27
	Meena Rasi: 6.2    Tithi 13 – 14	<b>Gulika</b> 1:01PM – 2:23PM	<b>Uttaraproshtapada</b> <b>Until 1:41AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:08AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:09PM	Sutra 190 Plava 5123
	617515464	Yama    10:16AM – 11:38AM	Dhruva <b>Until 10:26AM</b>			Moon 9 - Phase 26 - 27
	Family Home Evening	<b>Rahu</b> 7:30AM – 8:53AM	Gara <b>Until 8:03PM</b>	<b>Nataraja:</b> Purple	Moon – Clear	4th Phase
Creative Work    Siddha Yoga			<b>Trayodashi Until 7:38AM</b>	<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>

○	<b>Tuesday, October 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 27
	<b>Copper Retreat Star</b>	<b>Gulika</b> 11:38AM – 1:00PM	<b>Revati</b> <b>Until 3:20AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:07PM	Sutra 191 Plava 5123
	Meena Rasi: 18.54    Tithi 14 – 15	Yama    8:53AM – 10:16AM	Vyaghata* <b>Until 10:05AM</b>			Moon 9 - Phase 26 - Purnima
	617515464	<b>Rahu</b> 2:22PM – 3:45PM	Visti <b>Until 9:12PM</b>	<b>Nataraja:</b> Purple	Moon – Clear	4th Phase
Creative Work    Siddha Yoga			<b>Chaturdashi* Until 8:33AM</b>	<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>
Until 3:20AM Wed						
Then Routine Work - Marana Yoga						

○	<b>Wednesday, October 20, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 27
	<b>Silver Retreat Star</b>	<b>Gulika</b> 10:16AM – 11:38AM	<b>Ashvini</b> <b>Until 5:45AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:06PM	Sutra 192 Plava 5123
	Mesha Rasi: 1.16    Tithi 15 – 16	Yama    7:32AM – 8:54AM	Harshana <b>Until 10:07AM</b>			Moon 9 - Phase 26 - Prathama
	627515464	<b>Rahu</b> 11:38AM – 1:00PM	Balava <b>Until 10:49PM</b>	<b>Nataraja:</b> Purple	Moon – White	4th Phase
Routine Work    Marana Yoga			<b>Purnima* Until 9:56AM</b>	<b>Ashvina•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>
Until 5:45AM Thu						
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





**Thursday, October 21, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT  
Sutra 193  
Plava 5123

Mesha Rasi: 13.27    Tithi 16 – 17

628515464

**Gulika** 8:54AM – 10:16AM  
Yama 6:11AM – 7:33AM  
**Rahu** 12:59PM – 2:21PM

**Bharani Until 8:25AM Fri**  
Vajra\* Until 10:27AM  
Taitila Until 12:52AM Fri  
**Prathama\* Until 11:46AM**

**Ganesha:** Clear    *Sunrise:* 6:11AM  
**Muruqa:** White    *Sunset:* 5:04PM

Moon 10 - Phase 27 - 1st Phase

Creative Work    Siddha Yoga

**Nataraja:** Purple  
Moon – White    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

**1**

**Friday, October 22, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Siddhi/Vyatalpata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT  
Sun 1    Sutra 194  
Plava 5123

Mesha Rasi: 25.28    Tithi 17 – 18

628515464

**Gulika** 7:34AM – 8:55AM  
Yama 2:20PM – 3:41PM  
**Rahu** 10:16AM – 11:37AM

**Bharani Until 8:25AM**  
Siddhi Until 11:07AM  
Vanija Until 3:17AM Sat  
**Dvitiya Until 2:01PM**

**Ganesha:** Clear    *Sunrise:* 6:12AM  
**Muruqa:** White    *Sunset:* 5:03PM

Moon 10 - Phase 27 - 1st Phase

Creative Work    Siddha Yoga

**Nataraja:** Purple  
Moon – White    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

**2**

**Saturday, October 23, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatalpata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT  
Sun 2    Sutra 195  
Plava 5123

Wrishabha Rasi: 7.2    Tithi 18 – 19

628515464

**Gulika** 6:13AM – 7:34AM  
Yama 12:58PM – 2:19PM  
**Rahu** 8:55AM – 10:16AM

**Krittika Until 11:13AM**  
Vyatalpata\* Until 12:02PM  
Bava Until 5:56AM Sun  
**Tritiya Until 4:34PM**

**Ganesha:** Clear    *Sunrise:* 6:13AM  
**Muruqa:** White    *Sunset:* 5:01PM

Moon 10 - Phase 27 - 2nd Phase

Creative Work    Amrita Yoga

**Nataraja:** Purple  
Moon – White    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

**3**

**Sunday, October 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Balava Karana Chaturthyam Titau

Stamford, CT  
Sun 3    Sutra 196  
Plava 5123

Wrishabha Rasi: 19.08    Tithi 19

638515464

**Gulika** 2:19PM – 3:39PM  
Yama 11:37AM – 12:58PM  
**Rahu** 3:39PM – 5:00PM

**Rohini Until 2:32PM**  
Variyan Until 1:03PM  
Balava Until 7:16PM  
**Chaturthi\* Until 7:16PM**

**Ganesha:** Purple    *Sunrise:* 6:15AM  
**Muruqa:** White    *Sunset:* 5:00PM

Moon 10 - Phase 27 - 3rd Phase

Creative Work    Siddha Yoga

**Nataraja:** Purple  
Moon – Yellow    **Sivaloka Day**  
**Ashvina-Aipasi**

**4**

**Monday, October 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT  
Sun 4    Sutra 197  
Plava 5123

Mithuna Rasi: 0.55    Tithi 20

638515464

**Gulika** 12:57PM – 2:18PM  
Yama 10:17AM – 11:37AM  
**Rahu** 7:36AM – 8:56AM

**Mrigashira Until 5:41PM**  
Parigha\* Until 2:05PM  
Kaulava Until 8:39AM  
**Panchami Until 9:57PM**

**Ganesha:** Purple    *Sunrise:* 6:16AM  
**Muruqa:** White    *Sunset:* 4:58PM

Moon 10 - Phase 27 - 4th Phase

**Family Home Evening**  
Creative Work    Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

**Nataraja:** Purple  
Moon – Yellow    **Sivaloka Day**  
**Ashvina-Aipasi**

**5**

**Tuesday, October 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT  
Sun 5    Sutra 198  
Plava 5123

Mithuna Rasi: 12.44    Tithi 21

638515464

**Gulika** 11:37AM – 12:57PM  
Yama 8:57AM – 10:17AM  
**Rahu** 2:17PM – 3:37PM

**Ardra Until 8:28PM**  
Shiva Until 3:01PM  
Gara Until 11:13AM  
**Shashthi\* Until 12:22AM Wed**

**Ganesha:** Purple    *Sunrise:* 6:17AM  
**Muruqa:** White    *Sunset:* 4:57PM

Moon 10 - Phase 27 - 5th Phase

Routine Work    Marana Yoga

Until 8:28PM

Then Creative Work - Siddha Yoga

**Nataraja:** Purple  
Moon – Yellow    **Sivaloka Day**  
**Ashvina-Aipasi**

**6**

**Wednesday, October 27, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Stamford, CT  
Sun 6    Sutra 199  
Plava 5123

Mithuna Rasi: 24.4    Tithi 22

648515464

**Gulika** 10:17AM – 11:37AM  
Yama 7:38AM – 8:57AM  
**Rahu** 11:37AM – 12:57PM

**Punarvasu Until 11:11PM**  
Siddha Until 3:37PM  
Visti Until 1:27PM  
**Saptami Until 2:21AM Thu**

**Ganesha:** Clear    *Sunrise:* 6:18AM  
**Muruqa:** White    *Sunset:* 4:56PM

Moon 10 - Phase 27 - 6th Phase

Creative Work    Siddha Yoga

**Nataraja:** Purple  
Moon – Blue    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

**D**

**Thursday, October 28, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT  
Sun 7    Sutra 200  
Plava 5123

Kataka Rasi: 6.47    Tithi 23

649525464

**Gulika** 8:58AM – 10:17AM  
Yama 6:19AM – 7:39AM  
**Rahu** 12:56PM – 2:16PM

**Pushya Until 1:08AM Fri**  
Sadhya Until 3:48PM  
Balava Until 3:07PM  
**Ashtami\* Until 3:41AM Fri**

**Ganesha:** White    *Sunrise:* 6:19AM  
**Muruqa:** Clear    *Sunset:* 4:54PM

Moon 10 - Phase 27 - 7th Phase

Creative Work    Amrita Yoga

Until 1:08AM Fri

Then Routine Work - Marana Yoga

**Nataraja:** Purple  
Moon – Blue    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

**Friday, October 29, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT  
Sun 8    Sutra 201  
Plava 5123

Kataka Rasi: 19.12    Tithi 24

649525464

**Gulika** 7:39AM – 8:59AM  
Yama 2:15PM – 3:34PM  
**Rahu** 10:18AM – 11:37AM

**Ashlesha\* Until 2:12AM Sat**  
Subha Until 3:27PM  
Taitila Until 4:05PM  
**Navami\* Until 4:15AM Sat**

**Ganesha:** White    *Sunrise:* 6:20AM  
**Muruqa:** Clear    *Sunset:* 4:53PM

Moon 10 - Phase 27 - 8th Phase

Routine Work    Marana Yoga

Until 2:12AM Sat

Then Creative Work - Amrita Yoga

**Nataraja:** Purple  
Moon – Blue    **Subha Sivaloka Day**  
**Ashvina-Aipasi**

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/11

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<b>1</b>	<b>Saturday, October 30, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau	Stamford, CT
	Simha Rasi: 1.57      Tithi 25		Sun 9      Sutra 202
	659525464	<b>Gulika</b> 6:22AM – 7:40AM <b>Yama</b> 12:55PM – 2:14PM <b>Rahu</b> 8:59AM – 10:18AM	<b>Magha* Until 2:46AM Sun</b> Sukla Until 2:28PM Vanija Until 4:14PM <b>Dashami Until 3:59AM Sun</b>
	Creative Work    Amrita Yoga Until 2:46AM Sun Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM      Moon 10 - Phase 28 - 9 <b>Nataraja:</b> Purple Moon – Red <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b>

<b>2</b>	<b>Sunday, October 31, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau	Stamford, CT
	Simha Rasi: 15.07      Tithi 26		Sun 10      Sutra 203
	659525464	<b>Gulika</b> 2:14PM – 3:32PM <b>Yama</b> 11:37AM – 12:55PM <b>Rahu</b> 3:32PM – 4:51PM	<b>Purvaphalguni Until 2:23AM Mon</b> Brahma Until 12:49PM Bava Until 3:33PM <b>Ekadashi* Until 2:54AM Mon</b>
	Creative Work    Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:23AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM      Moon 10 - Phase 28 - 10 <b>Nataraja:</b> Purple Moon – Red <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b>

<b>3</b>	<b>Monday, November 1, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvodashyam Titau	Stamford, CT
	Simha Rasi: 28.44      Tithi 27		Sun 11      Sutra 204
	659525464	<b>Gulika</b> 12:55PM – 2:13PM <b>Yama</b> 10:18AM – 11:37AM <b>Rahu</b> 7:42AM – 9:00AM	<b>Uttaraphalguni Until 1:07AM Tue</b> Indra Until 10:34AM Kaulava Until 2:05PM <b>Dvadashi* Until 1:03AM Tue</b>
	Family Home Evening Creative Work    Siddha Yoga		<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM      Moon 10 - Phase 28 - 11 <b>Nataraja:</b> Purple Moon – Red <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b>

<b>4</b>	<b>Tuesday, November 2, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau	Stamford, CT
	Kanya Rasi: 12.49      Tithi 28		Sun 12      Sutra 205
	669525464	<b>Gulika</b> 11:37AM – 12:54PM <b>Yama</b> 9:01AM – 10:19AM <b>Rahu</b> 2:12PM – 3:30PM	<b>Hasta Until 11:30PM</b> Vaidhriti* Until 7:43AM Gara Until 11:55AM <b>Trayodashi* Until 10:35PM</b>
	Creative Work    Siddha Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:48PM      Moon 10 - Phase 28 - 12 <b>Nataraja:</b> Purple Moon – Green <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b> <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Wednesday, November 3, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Stamford, CT
	Kanya Rasi: 27.17      Tithi 29		Sun 13      Sutra 206
	669525464	<b>Gulika</b> 10:19AM – 11:37AM <b>Yama</b> 7:44AM – 9:01AM <b>Rahu</b> 11:37AM – 12:54PM	<b>Chitra Until 9:15PM</b> Priti Until 12:42AM Thu Visti Until 9:11AM <b>Chaturdashi* Until 7:37PM</b>
	Creative Work    Siddha Yoga Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:47PM      Moon 10 - Phase 28 - 13 <b>Nataraja:</b> Purple Moon – Green <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b>

	<b>Thursday, November 4, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Stamford, CT
	<b>Retreat Star</b> Tula Rasi: 12.05      Tithi 30 – 1		Sun 14      Sutra 207
	661525464	<b>Gulika</b> 9:02AM – 10:19AM <b>Yama</b> 6:27AM – 7:45AM <b>Rahu</b> 12:54PM – 2:11PM	<b>Svati Until 6:32PM</b> Ayushman Until 8:44PM Catuspada Until 6:01AM <b>Amavasya* Until 4:19PM</b>
	Creative Work    Amrita Yoga Until 6:32PM Then Creative Work - Siddha Yoga		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:46PM      Moon 10 - Phase 28 - 14 <b>Nataraja:</b> Purple Moon – Green <b>Sivaloka Day</b> <b>Ashvina•Aipasi</b>

<b>Retreat Star</b>	<b>Friday, November 5, 2021</b>	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT
	Tula Rasi: 27.05      Tithi 1 – 2		Sun 15      Sutra 208
	671625464	<b>Gulika</b> 7:46AM – 9:03AM <b>Yama</b> 2:11PM – 3:28PM <b>Rahu</b> 10:20AM – 11:37AM	<b>Vishakha Until 3:56PM</b> Saubhagya Until 4:39PM Balava Until 11:04PM <b>Prathama* Until 12:49PM</b>
	Creative Work    Siddha Yoga Skanda Shasthi Begins		<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:45PM      Moon 10 - Phase 28 - 15 <b>Nataraja:</b> Purple Moon – Orange <b>Devaloka Day</b> <b>Kartika•Aipasi</b>

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1

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<b>1</b>		<b>Saturday, November 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau		Stamford, CT	
Wrischika Rasi: 12.1		Tithi 2 - 3		771625464		Sun 16 Sutra 209	
Creative Work		Siddha Yoga		Gulika 6:30AM - 7:47AM		Anuradha Until 1:11PM	
				Yama 12:53PM - 2:10PM		Ganesha: Blue Sunrise: 6:30AM	
				Rahu 9:03AM - 10:20AM		Muruga: Clear Sunset: 4:43PM	
						Moon 10 - Phase 29 - 16	
						3rd Phase	
						Devaloka Day	
						Kartika-Aipasi	

<b>2</b>		<b>Sunday, November 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukama Yoga Vanija/Visti* Karana Chaturtham Titau		Stamford, CT	
Wrischika Rasi: 27.08		Tithi 4		771625464		Sun 17 Sutra 210	
Routine Work		Marana Yoga		Gulika 2:10PM - 3:26PM		Jyeshtha* Until 10:27AM	
Until 10:27AM				Yama 11:37AM - 12:53PM		Ganesha: Blue Sunrise: 6:31AM	
Then Creative Work - Amrita Yoga				Rahu 3:26PM - 4:42PM		Muruga: Clear Sunset: 4:42PM	
						Moon 10 - Phase 29 - 17	
						3rd Phase	
						Devaloka Day	
						Kartika-Aipasi	

<b>3</b>		<b>Monday, November 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT	
Dhanus Rasi: 11.55		Tithi 5		781625464		Sun 18 Sutra 211	
Family Home Evening				Gulika 12:53PM - 2:09PM		Mula* Until 8:18AM	
Creative Work		Siddha Yoga		Yama 10:21AM - 11:37AM		Ganesha: Blue Sunrise: 6:32AM	
Until 8:18AM				Rahu 7:48AM - 9:04AM		Muruga: Clear Sunset: 4:41PM	
Then Routine Work - Marana Yoga						Moon 10 - Phase 29 - 18	
						3rd Phase	
						Devaloka Day	
						Kartika-Aipasi	

<b>4</b>		<b>Tuesday, November 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT	
Dhanus Rasi: 26.23		Tithi 6		781625464		Sun 19 Sutra 212	
Creative Work		Siddha Yoga		Gulika 11:37AM - 12:53PM		Purvashadha* Until 6:26AM	
Until 6:26AM				Yama 9:05AM - 10:21AM		Ganesha: Blue Sunrise: 6:33AM	
Then Routine Work - Prabararishta Yoga				Rahu 2:09PM - 3:24PM		Muruga: Clear Sunset: 4:40PM	
				Skanda Shasthi		Moon 10 - Phase 29 - 19	
						3rd Phase	
						Devaloka Day	
						Kartika-Aipasi	

<b>5</b>		<b>Wednesday, November 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT	
Makara Rasi: 10.3		Tithi 7		791625464		Sun 20 Sutra 213	
Creative Work		Siddha Yoga		Gulika 10:21AM - 11:37AM		Shravana Until 4:23AM Thu	
				Yama 7:50AM - 9:06AM		Ganesha: Yellow Sunrise: 6:35AM	
				Rahu 11:37AM - 12:53PM		Muruga: Clear Sunset: 4:39PM	
						Moon 10 - Phase 29 - 20	
						3rd Phase	
						Sivaloka Day	
						Kartika-Aipasi	

<b>Retreat Star</b>		<b>Thursday, November 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT	
Makara Rasi: 24.14		Tithi 8		791625464		Sun 21 Sutra 214	
Creative Work		Siddha Yoga		Gulika 9:06AM - 10:22AM		Dhanishtha Until 4:18AM Fri	
				Yama 6:36AM - 7:51AM		Ganesha: Yellow Sunrise: 6:36AM	
				Rahu 12:52PM - 2:08PM		Muruga: Clear Sunset: 4:38PM	
						Moon 10 - Phase 29 - 21	
						Ashtami	
						Sivaloka Day	
						Kartika-Aipasi	

<b>Retreat Star</b>		<b>Friday, November 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT	
Kumbha Rasi: 7.35		Tithi 9		791625464		Sun 22 Sutra 215	
Creative Work		Siddha Yoga		Gulika 7:52AM - 9:07AM		Shatabhishak Until 4:41AM Sat	
Until 4:41AM Sat				Yama 2:07PM - 3:22PM		Ganesha: Yellow Sunrise: 6:37AM	
Then Routine Work - Marana Yoga				Rahu 10:22AM - 11:37AM		Muruga: Clear Sunset: 4:37PM	
						Moon 10 - Phase 29 - 22	
						Navami	
						Sivaloka Day	
						Kartika-Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
Kumbha Rasi: 20.37	Tithi 10	Gulika	6:38AM – 7:53AM	Purvaproshtapada* Until 5:58AM Sun	Ganesha: Clear	Sunrise: 6:38AM	Sun 23	Sutra 216
		Yama	12:52PM – 2:07PM	Vyaghata* Until 3:42PM	Muruqa: Clear	Sunset: 4:36PM		Plava 5123
		711625464 Rahu	9:08AM – 10:23AM	Taitila Until 7:04AM	Nataraja: Purple		Moon 10 - Phase 30 - 23	4th Phase
Routine Work	Marana Yoga			Dashami Until 7:16PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 5:58AM Sun					Karttika•Aipasi			
Then Creative Work - Amrita Yoga								
<b>2</b>		<b>Sunday, November 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
Meena Rasi: 3.2	Tithi 11	Gulika	2:07PM – 3:21PM	Uttaraproshtapada Until 7:37AM Mon	Ganesha: Clear	Sunrise: 6:39AM	Sun 24	Sutra 217
		Yama	11:37AM – 12:52PM	Harshana Until 3:11PM	Muruqa: Clear	Sunset: 4:36PM		Plava 5123
		711625464 Rahu	3:21PM – 4:36PM	Vanija Until 7:40AM	Nataraja: Purple		Moon 10 - Phase 30 - 24	4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 8:09PM	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:37AM Mon					Karttika•Aipasi			
Then Creative Work - Siddha Yoga								
<b>3</b>		<b>Monday, November 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
Meena Rasi: 15.49	Tithi 12	Gulika	12:52PM – 2:06PM	Uttaraproshtapada Until 7:37AM	Ganesha: White	Sunrise: 6:41AM	Sun 25	Sutra 218
Family Home Evening		Yama	10:23AM – 11:38AM	Vajra* Until 3:02PM	Muruqa: Clear	Sunset: 4:35PM		Plava 5123
		712625464 Rahu	7:55AM – 9:09AM	Bava Until 8:48AM	Nataraja: Purple		Moon 10 - Phase 30 - 25	4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 9:32PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
					Karttika•Aipasi			
<b>4</b>		<b>Tuesday, November 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Meena Rasi: 28.06	Tithi 13	Gulika	11:38AM – 12:52PM	Revati Until 9:33AM	Ganesha: White	Sunrise: 6:42AM	Sun 26	Sutra 219
		Yama	9:10AM – 10:24AM	Siddhi Until 3:14PM	Muruqa: Clear	Sunset: 4:34PM		Plava 5123
		712625465 Rahu	2:06PM – 3:20PM	Kaulava Until 10:24AM	Nataraja: Clear		Moon 10 - Phase 30 - 26	4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 11:21PM	Moon – Clear		<b>Sivaloka Day</b>	
					Karttika•Kartikai			
					Pradosha Vrata			
<b>5</b>		<b>Wednesday, November 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Mesha Rasi: 10.13	Tithi 14	Gulika	10:24AM – 11:38AM	Ashvini Until 12:12PM	Ganesha: Clear	Sunrise: 6:43AM	Sun 27	Sutra 220
		Yama	7:57AM – 9:10AM	Vyatipata* Until 3:44PM	Muruqa: Clear	Sunset: 4:33PM		Plava 5123
		722625465 Rahu	11:38AM – 12:52PM	Gara Until 12:25PM	Nataraja: Clear		Moon 10 - Phase 30 - 27	4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 1:31AM Thu	Moon – White		<b>Devaloka Day</b>	
Until 12:12PM					Karttika•Kartikai			
Then Creative Work - Siddha Yoga								
<b>○</b>		<b>Thursday, November 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
Mesha Rasi: 22.12	Tithi 15	Gulika	9:11AM – 10:25AM	Bharani Until 2:59PM	Ganesha: Clear	Sunrise: 6:44AM	Sun 28	Sutra 221
		Yama	6:44AM – 7:58AM	Variyan Until 4:27PM	Muruqa: Clear	Sunset: 4:32PM		Plava 5123
		722625465 Rahu	12:52PM – 2:05PM	Visti Until 2:45PM	Nataraja: Clear		Moon 10 - Phase 30 - Purnima	
Creative Work	Siddha Yoga			Purnima* Until 3:59AM Fri	Moon – White		<b>Devaloka Day</b>	
Until 2:59PM					Karttika•Kartikai			
Then Routine Work - Marana Yoga								
<b>○</b>		<b>Friday, November 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
Vrishabha Rasi: 4.05	Tithi 16	Gulika	7:59AM – 9:12AM	Krittika Until 5:49PM	Ganesha: Clear	Sunrise: 6:45AM	Sun 29	Sutra 222
		Yama	2:05PM – 3:18PM	Parigha* Until 5:20PM	Muruqa: Clear	Sunset: 4:32PM		Plava 5123
		722625465 Rahu	10:25AM – 11:38AM	Balava Until 5:18PM	Nataraja: Clear		Moon 10 - Phase 30 - Prathama	
Creative Work	Siddha Yoga			Prathama* Until 6:37AM Sat	Moon – White		<b>Devaloka Day</b>	
Until 5:49PM					Karttika•Kartikai			
Then Routine Work - Marana Yoga								
								<b>Vinayaga Viratam Begins</b>

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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**Saturday, November 20, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT  
Sutra 223  
Plava 5123

Vrishabha Rasi: 15.54 Tithi 16 – 17

732625465

**Gulika** 6:46AM – 7:59AM  
**Yama** 12:52PM – 2:05PM  
**Rahu** 9:13AM – 10:26AM

**Rohini Until 9:07PM**  
Shiva Until 6:20PM  
Taitila Until 8:00PM  
**Prathama\* Until 6:37AM**

**Ganesha:** Purple *Sunrise:* 6:46AM  
**Muruqa:** Clear *Sunset:* 4:31PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Amrita Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

**1**

**Sunday, November 21, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT  
Sun 1 Sutra 224  
Plava 5123

Vrishabha Rasi: 27.41 Tithi 17 – 18

732625465

**Gulika** 2:05PM – 3:17PM  
**Yama** 11:39AM – 12:52PM  
**Rahu** 3:17PM – 4:30PM

**Mrigashira Until 12:14AM Mon**  
Siddha Until 7:19PM  
Vanija Until 10:42PM  
**Dvitiya Until 9:20AM**

**Ganesha:** Purple *Sunrise:* 6:48AM  
**Muruqa:** Clear *Sunset:* 4:30PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Karttika-Karttikai**

**2**

**Monday, November 22, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT  
Sun 2 Sutra 225  
Plava 5123

Mithuna Rasi: 9.29 Tithi 18 – 19

732625465

**Gulika** 12:52PM – 2:04PM  
**Yama** 10:27AM – 11:39AM  
**Rahu** 8:01AM – 9:14AM

**Ardra Until 3:04AM Tue**  
Sadhya Until 8:14PM  
Bava Until 1:17AM Tue  
**Tritiya Until 12:00PM**

**Ganesha:** Purple *Sunrise:* 6:49AM  
**Muruqa:** Clear *Sunset:* 4:30PM  
**Nataraja:** Clear  
Moon – Yellow

**Sivaloka Day**

Creative Work Siddha Yoga

**Karttika-Karttikai**

**3**

**Tuesday, November 23, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT  
Sun 3 Sutra 226  
Plava 5123

Mithuna Rasi: 21.22 Tithi 19 – 20

742625465

**Gulika** 11:39AM – 12:52PM  
**Yama** 9:15AM – 10:27AM  
**Rahu** 2:04PM – 3:17PM

**Punarvasu Until 5:59AM Wed**  
Subha Until 8:59PM  
Kaulava Until 3:36AM Wed  
**Chaturthi\* Until 2:28PM**

**Ganesha:** Clear *Sunrise:* 6:50AM  
**Muruqa:** Clear *Sunset:* 4:29PM  
**Nataraja:** Clear  
Moon – Blue

**Devaloka Day**

Creative Work Siddha Yoga

**Karttika-Karttikai**

**4**

**Wednesday, November 24, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT  
Sun 4 Sutra 227  
Plava 5123

Kataka Rasi: 3.2 Tithi 20 – 21

742625465

**Gulika** 10:28AM – 11:40AM  
**Yama** 8:03AM – 9:15AM  
**Rahu** 11:40AM – 12:52PM

**Pushya Until 8:19AM Thu**  
Sukla Until 9:26PM  
Gara Until 5:31AM Thu  
**Panchami Until 4:36PM**

**Ganesha:** Clear *Sunrise:* 6:51AM  
**Muruqa:** Clear *Sunset:* 4:29PM  
**Nataraja:** Clear  
Moon – Blue

**Devaloka Day**

Creative Work Siddha Yoga

**Karttika-Karttikai**

**5**

**Thursday, November 25, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma Yoga Vanija Karana Shashthyam Titau

Stamford, CT  
Sun 5 Sutra 228  
Plava 5123

Kataka Rasi: 15.28 Tithi 21

742625465

**Gulika** 9:16AM – 10:28AM  
**Yama** 6:52AM – 8:04AM  
**Rahu** 12:52PM – 2:04PM

**Pushya Until 8:19AM**  
Brahma Until 9:30PM  
Vanija Until 6:15PM  
**Shashthi\* Until 6:15PM**

**Ganesha:** Clear *Sunrise:* 6:52AM  
**Muruqa:** Clear *Sunset:* 4:28PM  
**Nataraja:** Clear  
Moon – Blue

**Devaloka Day**

Creative Work Amrita Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

**Karttika-Karttikai**

**6**

**Friday, November 26, 2021**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

Stamford, CT  
Sun 6 Sutra 229  
Plava 5123

Kataka Rasi: 27.5 Tithi 22

742625465

**Gulika** 8:05AM – 9:17AM  
**Yama** 2:04PM – 3:16PM  
**Rahu** 10:29AM – 11:40AM

**Ashlesha\* Until 9:57AM**  
Indra Until 9:07PM  
Visti Until 6:52AM  
**Saptami Until 7:16PM**

**Ganesha:** Clear *Sunrise:* 6:53AM  
**Muruqa:** Clear *Sunset:* 4:28PM  
**Nataraja:** Clear  
Moon – Blue

**Devaloka Day**

Routine Work Marana Yoga

**Karttika-Karttikai**

**D**

**Saturday, November 27, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT  
Sun 7 Sutra 230  
Plava 5123

Simha Rasi: 10.31 Tithi 23

752625465

**Gulika** 6:54AM – 8:06AM  
**Yama** 12:52PM – 2:04PM  
**Rahu** 9:18AM – 10:29AM

**Magha\* Until 11:14AM**  
Vaidhriti\* Until 8:07PM  
Balava Until 7:32AM  
**Ashtami\* Until 7:34PM**

**Ganesha:** White *Sunrise:* 6:54AM  
**Muruqa:** Clear *Sunset:* 4:27PM  
**Nataraja:** Clear  
Moon – Red

**Sivaloka Day**

Creative Work Amrita Yoga

Until 11:14AM

Then Creative Work - Siddha Yoga

**Karttika-Karttikai**

**Sunday, November 28, 2021**

**Retreat Star**

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT  
Sun 8 Sutra 231  
Plava 5123

Simha Rasi: 23.32 Tithi 24

753625465

**Gulika** 2:04PM – 3:15PM  
**Yama** 11:41AM – 12:52PM  
**Rahu** 3:15PM – 4:27PM

**Purvaphalguni Until 11:37AM**  
Vishkambha\* Until 6:32PM  
Taitila Until 7:26AM  
**Navami\* Until 7:04PM**

**Ganesha:** Clear *Sunrise:* 6:55AM  
**Muruqa:** Clear *Sunset:* 4:27PM  
**Nataraja:** Clear  
Moon – Red

**Devaloka Day**

Creative Work Siddha Yoga

Until 11:37AM

Then Creative Work - Amrita Yoga

**Karttika-Karttikai**

1	<b>Monday, November 29, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Prili/Ayushman Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Kanya Rasi: 7	Tithi 25 – 26	Gulika 12:53PM – 2:04PM	<b>Uttaraphalguni Until 11:04AM</b>	Ganesha: Clear	Sunrise: 6:56AM	Sun 9 Sutra 232
	Family Home Evening	753625465	Yama 10:30AM – 11:41AM	Priti Until 4:20PM	Muruga: Clear	Sunset: 4:26PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 8:08AM – 9:19AM	Vanija Until 6:32AM	Nataraja: Clear		Moon 11 - Phase 32 - 9 2nd Phase
			<b>Dashami Until 5:47PM</b>	<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>		

2	<b>Tuesday, November 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Kanya Rasi: 20.55	Tithi 26 – 27	Gulika 11:42AM – 12:53PM	<b>Hasta Until 10:04AM</b>	Ganesha: Yellow	Sunrise: 6:58AM	Sun 10 Sutra 233
	Family Home Evening	763725465	Yama 9:20AM – 10:31AM	Ayushman Until 1:32PM	Muruga: Clear	Sunset: 4:26PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 2:04PM – 3:15PM	Kaulava Until 2:32AM Wed	Nataraja: Clear		Moon 11 - Phase 32 - 10 2nd Phase
			<b>Ekadashi* Until 3:46PM</b>	<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>		

3	<b>Wednesday, December 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Tula Rasi: 5.16	Tithi 27 – 28	Gulika 10:31AM – 11:42AM	<b>Chitra Until 8:17AM</b>	Ganesha: Yellow	Sunrise: 6:59AM	Sun 11 Sutra 234
	Family Home Evening	763725465	Yama 8:09AM – 9:20AM	Saubhagya Until 10:12AM	Muruga: Clear	Sunset: 4:26PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 11:42AM – 12:53PM	Gara Until 11:36PM	Nataraja: Clear		Moon 11 - Phase 32 - 11 2nd Phase
			<b>Dvadashi* Until 1:07PM</b>	<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>		
<i>Pradosha Vrata (Fasting)</i>							

4	<b>Thursday, December 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Tula Rasi: 20.01	Tithi 28 – 29	Gulika 9:21AM – 10:32AM	<b>Vishakha Until 3:14AM Fri</b>	Ganesha: Red	Sunrise: 7:00AM	Sun 12 Sutra 235
	Family Home Evening	773725465	Yama 7:00AM – 8:10AM	Sobhana Until 6:28AM	Muruga: Clear	Sunset: 4:25PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 12:53PM – 2:04PM	Visti Until 8:15PM	Nataraja: Clear		Moon 11 - Phase 32 - 12 2nd Phase
			<b>Trayodashi* Until 9:58AM</b>	<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>		

●	<b>Friday, December 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT		
	<b>Retreat Star</b>		Vrischika Rasi: 5.04	Tithi 29 – 30	Gulika 8:11AM – 9:22AM	<b>Anuradha Until 12:17AM Sat</b>	Ganesha: Red	Sunrise: 7:01AM	Sun 13 Sutra 236
	Family Home Evening	773725465	Yama 2:04PM – 3:15PM	Sukarma Until 10:09PM	Muruga: Clear	Sunset: 4:25PM	Plava 5123		
	Creative Work	Siddha Yoga	Rahu 10:32AM – 11:43AM	Naga Until 2:44AM Sat	Nataraja: Clear		Moon 11 - Phase 32 - 13 Amavasya		
			<b>Chaturdashi* Until 6:27AM</b>	<b>Karttika-Karttikai</b>	<b>Devaloka Day</b>				

●	<b>Saturday, December 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT		
	<b>Retreat Star</b>		Vrischika Rasi: 20.17	Tithi 1	Gulika 7:02AM – 8:12AM	<b>Jyeshtha* Until 9:10PM</b>	Ganesha: Red	Sunrise: 7:02AM	Sun 14 Sutra 237
	Family Home Evening	773725465	Yama 12:54PM – 2:04PM	Dhriti Until 5:51PM	Muruga: Clear	Sunset: 4:25PM	Plava 5123		
	Creative Work	Siddha Yoga	Rahu 9:22AM – 10:33AM	Kintughna Until 12:53PM	Nataraja: Clear		Moon 11 - Phase 32 - 14 Prathama		
			<b>Prathama* Until 11:00PM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>				

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dviliyayam Titau				Stamford, CT
	Dhanus Rasi: 5.29	Tithi 2	<b>Gulika</b> 2:04PM – 3:15PM	<b>Mula* Until 6:25PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:03AM	Sun 15	Sutra 238
	783725465	<b>Rahu</b> 3:15PM – 4:25PM	Yama 11:44AM – 12:54PM	Shula* Until 1:37PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 15	Plava 5123
Creative Work Amrita Yoga			Balava Until 9:11AM	<b>Nataraja:</b> Clear			3rd Phase
Until 6:25PM			<b>Dvitiya Until 7:24PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>			

<b>2</b>	<b>Monday, December 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Tritya/Chaturtham Titau				Stamford, CT
	Dhanus Rasi: 20.34	Tithi 3 – 4	<b>Gulika</b> 12:54PM – 2:05PM	<b>Purvashadha* Until 3:50PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:04AM	Sun 16	Sutra 239
	783725465	<b>Rahu</b> 8:14AM – 9:24AM	Yama 10:34AM – 11:44AM	Ganda* Until 9:35AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 16	Plava 5123
<b>Family Home Evening</b>			Vanija Until 2:36AM Tue	<b>Nataraja:</b> Clear			3rd Phase
Routine Work Marana Yoga			<b>Tritiya Until 4:05PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>	<b>Tuesday, December 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Makara Rasi: 5.2	Tithi 4 – 5	<b>Gulika</b> 11:45AM – 12:55PM	<b>Uttarashadha Until 1:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:04AM	Sun 17	Sutra 240
	783725465	<b>Rahu</b> 2:05PM – 3:15PM	Yama 9:25AM – 10:35AM	Dhruva Until 2:37AM Wed	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 17	Plava 5123
Routine Work Prabalarishta Yoga			Bava Until 12:01AM Wed	<b>Nataraja:</b> Clear			3rd Phase
Until 1:33PM			<b>Chaturthi* Until 1:13PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>			

<b>4</b>	<b>Wednesday, December 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Stamford, CT
	Makara Rasi: 19.43	Tithi 5 – 6	<b>Gulika</b> 10:35AM – 11:45AM	<b>Shravana Until 12:09PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:05AM	Sun 18	Sutra 241
	793725465	<b>Rahu</b> 11:45AM – 12:55PM	Yama 8:15AM – 9:25AM	Vyaghata* Until 11:54PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 18	Plava 5123
Creative Work Siddha Yoga			Kaulava Until 10:05PM	<b>Nataraja:</b> Clear			3rd Phase
Until 12:09PM			<b>Panchami Until 10:56AM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Margasira-Karttikai</b>			

<b>5</b>	<b>Thursday, December 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Kumbha Rasi: 3.38	Tithi 6 – 7	<b>Gulika</b> 9:26AM – 10:36AM	<b>Dhanishtha Until 11:18AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:06AM	Sun 19	Sutra 242
	793725465	<b>Rahu</b> 12:55PM – 2:05PM	Yama 7:06AM – 8:16AM	Harshana Until 9:48PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 19	Plava 5123
Creative Work Siddha Yoga			Gara Until 8:55PM	<b>Nataraja:</b> Clear			3rd Phase
			<b>Shashthi* Until 9:23AM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

Vinayaga Viratam Ends

<b>Friday, December 10, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak*/Purvaprosarthapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Stamford, CT
	Kumbha Rasi: 17.07	Tithi 7 – 8	<b>Gulika</b> 8:17AM – 9:27AM	<b>Shatabhishak Until 11:05AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:07AM	Sun 20	Sutra 243
	793725465	<b>Rahu</b> 10:36AM – 11:46AM	Yama 2:05PM – 3:15PM	Vajra* Until 8:19PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 20	Plava 5123
Creative Work Siddha Yoga			Visti Until 8:33PM	<b>Nataraja:</b> Clear			Ashtami
			<b>Saptami Until 8:37AM</b>	<b>Moon – Purple</b>		<b>Sivaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>Saturday, December 11, 2021</b>	<b>Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
	Meena Rasi: 0.09	Tithi 8 – 9	<b>Gulika</b> 7:08AM – 8:18AM	<b>Purvaprosarthapada* Until 11:57AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:08AM	Sun 21	Sutra 244
	713725465	<b>Rahu</b> 9:27AM – 10:37AM	Yama 12:56PM – 2:06PM	Siddhi Until 7:28PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM	Moon 11 - Phase 33 - 21	Plava 5123
Routine Work Marana Yoga			Balava Until 9:01PM	<b>Nataraja:</b> Clear			Navami
Until 11:57AM			<b>Ashtami* Until 8:40AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Margasira-Karttikai</b>			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Sunday, December 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
	Meena Rasi: 12.48	Tithi 9 – 10	<b>Gulika</b> 2:06PM – 3:16PM	<b>Uttaraproshtapada</b> Until 1:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:09AM	Sun 22 Sutra 245
			Yama 11:47AM – 12:56PM	Vyatipata* Until 7:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Plava 5123
	Creative Work	Amrita Yoga	714725465 <b>Rahu</b> 3:16PM – 4:25PM	Taitila Until 10:12PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 22 4th Phase
			<b>Navami*</b> Until 9:30AM	Moon – Clear		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			


<b>2</b>	<b>Monday, December 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Meena Rasi: 25.09	Tithi 10 – 11	<b>Gulika</b> 12:57PM – 2:06PM	<b>Revati</b> Until 3:22PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:10AM	Sun 23 Sutra 246
	<b>Family Home Evening</b>		Yama 10:38AM – 11:47AM	Variyan Until 7:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Plava 5123
	Creative Work	Siddha Yoga	714725465 <b>Rahu</b> 8:19AM – 9:28AM	Vanija Until 12:01AM Tue	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 23 4th Phase
			<b>Gita Jayanthi</b>	<b>Dashami</b> Until 11:01AM	Moon – Clear		<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>			


<b>3</b>	<b>Tuesday, December 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Mesha Rasi: 7.16	Tithi 11 – 12	<b>Gulika</b> 11:48AM – 12:57PM	<b>Ashvini</b> Until 6:08PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:10AM	Sun 24 Sutra 247
			Yama 9:29AM – 10:38AM	Parigha* Until 7:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:25PM	Plava 5123
	Creative Work	Siddha Yoga	724725465 <b>Rahu</b> 2:07PM – 3:16PM	Bava Until 2:18AM Wed	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 24 4th Phase
			<b>Ekadashi</b> Until 1:05PM	Moon – White		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, December 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Mesha Rasi: 19.13	Tithi 12 – 13	<b>Gulika</b> 10:39AM – 11:48AM	<b>Bharani</b> Until 9:04PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:11AM	Sun 25 Sutra 248
			Yama 8:20AM – 9:30AM	Shiva Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Plava 5123
	Creative Work	Siddha Yoga	724725465 <b>Rahu</b> 11:48AM – 12:58PM	Kaulava Until 4:53AM Thu	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 25 4th Phase
			<b>Dvadashi</b> Until 3:33PM	Moon – White		<b>Bhuloka Day</b>	
			<b>Markali Pillaiyar</b>	<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Thursday, December 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila Karana Trayodashyam Titau				Stamford, CT
	Vrishabha Rasi: 1.03	Tithi 13	<b>Gulika</b> 9:30AM – 10:40AM	<b>Krittika</b> Until 12:00AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:12AM	Sun 26 Sutra 249
			Yama 7:12AM – 8:21AM	Siddha Until 9:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Plava 5123
	Routine Work	Marana Yoga	824725465 <b>Rahu</b> 12:58PM – 2:07PM	Taitila Until 6:13PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 26 4th Phase
			<b>Trayodashi</b> Until 6:13PM	Moon – White		<b>Devaloka Day</b>	
				<b>Margasira-Markali</b>			

<b>6</b>	<b>Friday, December 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
	Vrishabha Rasi: 12.51	Tithi 14	<b>Gulika</b> 8:22AM – 9:31AM	<b>Rohini</b> Until 3:19AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:12AM	Sun 27 Sutra 250
			Yama 2:08PM – 3:17PM	Sadhya Until 10:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Plava 5123
	Routine Work	Marana Yoga	834725465 <b>Rahu</b> 10:40AM – 11:49AM	Gara Until 7:36AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - 27 4th Phase
			<b>Chaturdashi*</b> Until 8:57PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

	<b>Saturday, December 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:13AM – 8:22AM	<b>Mrigashira</b> Until 6:23AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:13AM	Sun 28 Sutra 251
	Vrishabha Rasi: 24.38	Tithi 15	Yama 12:59PM – 2:08PM	Subha Until 11:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Plava 5123
	Creative Work	Siddha Yoga	834725465 <b>Rahu</b> 9:31AM – 10:41AM	Visti Until 10:20AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - Purnima
			<b>Purnima*</b> Until 11:38PM	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

	<b>Sunday, December 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:09PM – 3:18PM	<b>Mrigashira</b> Until 6:23AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:14AM	Sun 29 Sutra 252
	Mithuna Rasi: 6.28	Tithi 16	Yama 11:50AM – 1:00PM	Sukla Until 12:27AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:27PM	Plava 5123
	Creative Work	Siddha Yoga	834725465 <b>Rahu</b> 3:18PM – 4:27PM	Balava Until 12:56PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 34 - Prathama
			<b>Prathama*</b> Until 2:09AM Mon	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>		Devaloka Time: 3:PM to 6:PM	

Ardra Darshanam

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

all times are standard time. Calculated for Stamford, CT on 5/23/1'

www.gurudeva.org/panchang





Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 253

Plava 5123

Mithuna Rasi: 18.22 Tithi 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 9:06AM

Then Creative Work - Amrita Yoga

Gulika 1:00PM - 2:09PM

Yama 10:42AM - 11:51AM

Rahu 8:23AM - 9:33AM

Ardra Until 9:06AM

Brahma Until 1:05AM Tue

Taitila Until 3:21PM

Dvitiya Until 4:25AM Tue

Ganesha: White Sunrise: 7:14AM

Muruqa: Clear Sunset: 4:28PM

Nataraja: Clear

Moon - Yellow

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 35 -

1st Phase

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 254

Plava 5123

Kataka Rasi: 0.21 Tithi 18

844725465

Creative Work Siddha Yoga

Gulika 11:51AM - 1:01PM

Yama 9:33AM - 10:42AM

Rahu 2:10PM - 3:19PM

Day 1 of Pancha Ganapati

Punarvasu Until 11:54AM

Indra Until 1:31AM Wed

Vanija Until 5:28PM

Tritiya Until 6:23AM Wed

Ganesha: Clear Sunrise: 7:15AM

Muruqa: Clear Sunset: 4:28PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 35 - 1

1st Phase

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 12.28 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Gulika 10:43AM - 11:52AM

Yama 8:24AM - 9:34AM

Rahu 11:52AM - 1:01PM

Day 2 of Pancha Ganapati

Pushya Until 2:13PM

Vaidhriti\* Until 1:39AM Thu

Bava Until 7:15PM

Tritiya Until 6:23AM

Ganesha: Clear Sunrise: 7:15AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 35 - 2

1st Phase

3

Thursday, December 23, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 24.44 Tithi 19 - 20

844725465

Creative Work Siddha Yoga

Until 4:01PM

Then Creative Work - Amrita Yoga

Gulika 9:34AM - 10:43AM

Yama 7:16AM - 8:25AM

Rahu 1:02PM - 2:11PM

Day 3 of Pancha Ganapati

Ashlesha\* Until 4:01PM

Vishkambha\* Until 1:28AM Fri

Kaulava Until 8:37PM

Chaturthi\* Until 7:58AM

Ganesha: Clear Sunrise: 7:16AM

Muruqa: Clear Sunset: 4:29PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 35 - 3

1st Phase

4

Friday, December 24, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 7.11 Tithi 20 - 21

854725465

Routine Work Marana Yoga

Until 5:40PM

Then Creative Work - Siddha Yoga

Gulika 8:25AM - 9:35AM

Yama 2:11PM - 3:20PM

Rahu 10:44AM - 11:53AM

Day 4 of Pancha Ganapati

Magha\* Until 5:40PM

Priti Until 12:55AM Sat

Gara Until 9:30PM

Panchami Until 9:06AM

Ganesha: Purple Sunrise: 7:16AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 35 - 4

1st Phase

5

Saturday, December 25, 2021

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 19.52 Tithi 21 - 22

855825465

Creative Work Siddha Yoga

Until 6:37PM

Then Routine Work - Marana Yoga

Gulika 7:17AM - 8:26AM

Yama 1:03PM - 2:12PM

Rahu 9:35AM - 10:44AM

Day 5 of Pancha Ganapati

Purvaphalguni Until 6:37PM

Ayushman Until 11:54PM

Visti Until 9:49PM

Shashthi\* Until 9:43AM

Ganesha: Purple Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:30PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 35 - 5

1st Phase

D

Sunday, December 26, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 259

Plava 5123

Kanya Rasi: 2.5 Tithi 22 - 23

855825466

Creative Work Amrita Yoga

Gulika 2:12PM - 3:22PM

Yama 11:54AM - 1:03PM

Rahu 3:22PM - 4:31PM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 6:50PM

Saubhagya Until 10:24PM

Balava Until 9:30PM

Saptami Until 9:43AM

Ganesha: Purple Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Orange

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 35 - 6

Ashtami

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 16.08 Tithi 23 - 24

Family Home Evening 855825466

Creative Work Siddha Yoga

Until 6:40PM

Then Routine Work - Prabalarishta Yoga

Gulika 1:04PM - 2:13PM

Yama 10:45AM - 11:54AM

Rahu 8:27AM - 9:36AM

Day 5 of Pancha Ganapati

Hasta Until 6:40PM

Sobhana Until 8:23PM

Taitila Until 8:30PM

Ashtami\* Until 9:04AM

Ganesha: Clear Sunrise: 7:17AM

Muruqa: Clear Sunset: 4:32PM

Nataraja: Orange

Moon - Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 35 - 7

Navami

<b>1</b>	<b>Tuesday, December 28, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Kanya Rasi: 29.5	Tithi 24 – 25	865825466	<b>Gulika</b> 11:55AM – 1:04PM	<b>Chitra</b> Until 5:43PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Green	Sun 8 Sutra 261 Plava 5123 Moon 12 - Phase 36 - 8 2nd Phase
	Creative Work	Siddha Yoga		Yama 9:36AM – 10:46AM	Athiganda* Until 5:49PM	Sunrise: 7:18AM Sunset: 4:32PM	
				<b>Rahu</b> 2:14PM – 3:23PM	Vanija Until 6:50PM	<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, December 29, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Tula Rasi: 13.55	Tithi 26	865825466	<b>Gulika</b> 10:46AM – 11:55AM	<b>Svati</b> Until 4:00PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Green	Sun 9 Sutra 262 Plava 5123 Moon 12 - Phase 36 - 9 2nd Phase
	Creative Work	Siddha Yoga		Yama 8:27AM – 9:37AM	Sukarma Until 2:46PM	Sunrise: 7:18AM Sunset: 4:33PM	
				<b>Rahu</b> 11:55AM – 1:05PM	Bava Until 4:33PM	<b>Margasira*Markali</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Thursday, December 30, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Stamford, CT
	Tula Rasi: 28.24	Tithi 27	875825466	<b>Gulika</b> 9:37AM – 10:46AM	<b>Vishakha</b> Until 2:02PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 10 Sutra 263 Plava 5123 Moon 12 - Phase 36 - 10 2nd Phase
	Creative Work	Siddha Yoga		Yama 7:18AM – 8:27AM	Dhriti Until 11:17AM	Sunrise: 7:18AM Sunset: 4:34PM	
				<b>Rahu</b> 1:05PM – 2:15PM	Kaulava Until 1:44PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Friday, December 31, 2021</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
	Vrischika Rasi: 13.13	Tithi 28	875825466	<b>Gulika</b> 8:28AM – 9:37AM	<b>Anuradha</b> Until 11:30AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 11 Sutra 264 Plava 5123 Moon 12 - Phase 36 - 11 2nd Phase
	Creative Work	Siddha Yoga		Yama 2:15PM – 3:25PM	Shula* Until 7:25AM	Sunrise: 7:18AM Sunset: 4:35PM	
	Until 11:30AM Then Routine Work - Marana Yoga			<b>Rahu</b> 10:47AM – 11:56AM	Gara Until 10:29AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Saturday, January 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
	Vrischika Rasi: 28.16	Tithi 29 – 30	875825466	<b>Gulika</b> 7:18AM – 8:28AM	<b>Jyeshtha*</b> Until 8:35AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 12 Sutra 265 Plava 5123 Moon 12 - Phase 36 - 12 2nd Phase
	Creative Work	Siddha Yoga		Yama 1:06PM – 2:16PM	Vriddhi Until 11:08PM	Sunrise: 7:18AM Sunset: 4:35PM	
				<b>Rahu</b> 9:38AM – 10:47AM	Visti Until 6:59AM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Sunday, January 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		885825466	<b>Gulika</b> 2:17PM – 3:26PM	<b>Purvashadha*</b> Until 3:01AM Mon	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	Sun 13 Sutra 266 Plava 5123 Moon 12 - Phase 36 - 13 Amavasya
	Dhanus Rasi: 13.25	Tithi 30 – 1		Yama 11:57AM – 1:07PM	Dhruva Until 6:55PM	Sunrise: 7:18AM Sunset: 4:36PM	
	Creative Work	Siddha Yoga		<b>Rahu</b> 3:26PM – 4:36PM	Kintughna Until 11:46PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Hanumath Jayanthi (Tamil Nadu)

<b>Retreat Star</b>	<b>Monday, January 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
	<b>Family Home Evening</b>		886825466	<b>Gulika</b> 1:08PM – 2:17PM	<b>Uttarashadha</b> Until 12:18AM Tue	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	Sun 14 Sutra 267 Plava 5123 Moon 12 - Phase 36 - 14 Prathama
	Dhanus Rasi: 28.31	Tithi 1 – 2		Yama 10:48AM – 11:58AM	Vyaghata* Until 2:52PM	Sunrise: 7:19AM Sunset: 4:37PM	
	Routine Work	Marana Yoga		<b>Rahu</b> 8:28AM – 9:38AM	Balava Until 8:25PM	<b>Margasira*Markali</b>	<b>Devaloka Day</b>

Prathama\* Until 10:02AM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Tuesday, January 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau				Stamford, CT
	Makara Rasi: 13.25	Tithi 2 - 3	896825466	Gulika 11:58AM - 1:08PM Yama 9:38AM - 10:48AM Rahu 2:18PM - 3:28PM	Shravana Until 10:16PM Harshana Until 11:06AM Gara Until 4:07AM Wed Dvitiya Until 6:51AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 15 Sutra 268 Plava 5123 Moon 12 - Phase 37 - 15 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Wednesday, January 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Chaturtham Titau				Stamford, CT
	Makara Rasi: 27.58	Tithi 4	896825466	Gulika 10:49AM - 11:59AM Yama 8:29AM - 9:39AM Rahu 11:59AM - 1:09PM	Dhanishtha Until 8:41PM Vajra* Until 7:44AM Vanija Until 3:00PM Chaturthi* Until 2:01AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 16 Sutra 269 Plava 5123 Moon 12 - Phase 37 - 16 3rd Phase <b>Devaloka Day</b>
	Routine Work	Prabalarishta Yoga		Subramuniyaswami Jayanti			
	Until 8:41PM	Then Creative Work - Siddha Yoga					

3	<b>Thursday, January 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
	Kumbha Rasi: 12.04	Tithi 5	896825466	Gulika 9:39AM - 10:49AM Yama 7:19AM - 8:29AM Rahu 1:09PM - 2:20PM	Shatabhishak Until 7:41PM Vyatipata* Until 2:40AM Fri Bava Until 1:16PM Panchami Until 12:41AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 17 Sutra 270 Plava 5123 Moon 12 - Phase 37 - 17 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

4	<b>Friday, January 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
	Kumbha Rasi: 25.42	Tithi 6	816825466	Gulika 8:29AM - 9:39AM Yama 2:20PM - 3:31PM Rahu 10:49AM - 12:00PM	Purvaproshtapada* Until 7:48PM Variyan Until 1:07AM Sat Kaulava Until 12:21PM Shashthi* Until 12:13AM Sat	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 18 Sutra 271 Plava 5123 Moon 12 - Phase 37 - 18 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

5	<b>Saturday, January 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saplamyam Titau				Stamford, CT
	Meena Rasi: 8.52	Tithi 7	816825466	Gulika 7:18AM - 8:29AM Yama 1:10PM - 2:21PM Rahu 9:39AM - 10:50AM	Uttaraproshtapada Until 8:37PM Parigha* Until 12:15AM Sun Gara Until 12:20PM Saptami Until 12:38AM Sun	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 19 Sutra 272 Plava 5123 Moon 12 - Phase 37 - 19 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 8:37PM	Then Routine Work - Prabalarishta Yoga					

D	<b>Sunday, January 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
	<b>Retreat Star</b>		816825466	Gulika 2:22PM - 3:32PM Yama 12:00PM - 1:11PM Rahu 3:32PM - 4:43PM	Revati Until 10:07PM Shiva Until 12:03AM Mon Visti Until 1:11PM Ashtami* Until 1:54AM Mon	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 20 Sutra 273 Plava 5123 Moon 12 - Phase 37 - 20 Ashtami <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 10:07PM	Then Creative Work - Siddha Yoga					

D	<b>Monday, January 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
	<b>Retreat Star</b>		826825466	Gulika 1:12PM - 2:22PM Yama 10:50AM - 12:01PM Rahu 8:29AM - 9:39AM	Ashvini Until 12:38AM Tue Siddha Until 12:22AM Tue Balava Until 2:49PM Navami* Until 3:52AM Tue	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon - White Pausha-Markali	Sun 21 Sutra 274 Plava 5123 Moon 12 - Phase 37 - 21 Navami <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Stamford, CT Sun 22 Sutra 275 Plava 5123	
Mesha Rasi: 16	Tithi 10	<b>Gulika</b> 12:01PM – 1:12PM	<b>Bharani</b> Until 3:29AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM
		Yama 9:40AM – 10:50AM	Sadhya Until 1:05AM Wed	<b>Nataraja:</b> Orange		Moon – White	Moon 12 - Phase 38 - 22 4th Phase
		827825466 <b>Rahu</b> 2:23PM – 3:34PM	Taitila Until 5:05PM	<b>Devaloka Day</b>			
Creative Work	Siddha Yoga		<b>Dashami</b> Until 6:21AM Wed	<b>Pausha-Markali</b>			
Until 3:29AM Wed							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, January 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 23 Sutra 276 Plava 5123	
Mesha Rasi: 27.53	Tithi 10 – 11	<b>Gulika</b> 10:51AM – 12:02PM	<b>Krittika</b> Until 6:27AM Thu	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM
		Yama 8:28AM – 9:40AM	Subha Until 2:04AM Thu	<b>Nataraja:</b> Orange		Moon – White	Moon 12 - Phase 38 - 23 4th Phase
		827825466 <b>Rahu</b> 12:02PM – 1:13PM	Vanija Until 7:43PM	<b>Devaloka Day</b>			
Creative Work	Amrita Yoga		<b>Dashami</b> Until 6:21AM	<b>Pausha-Markali</b>			
Until 6:27AM Thu		<b>Vaikuntha Ekadasi</b>					
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, January 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Visti/Bava Karana Ekadashi/Dvodashyam Titau		Stamford, CT Sun 24 Sutra 277 Plava 5123	
Vrishabha Rasi: 9.41	Tithi 11 – 12	<b>Gulika</b> 9:40AM – 10:51AM	<b>Krittika</b> Until 6:27AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM
		Yama 7:17AM – 8:28AM	Sukla Until 3:05AM Fri	<b>Nataraja:</b> Orange		Moon – White	Moon 12 - Phase 38 - 24 4th Phase
		827825466 <b>Rahu</b> 1:13PM – 2:25PM	Bava Until 10:31PM	<b>Devaloka Day</b>			
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 9:05AM	<b>Pausha-Markali</b>			

<b>4</b>		<b>Friday, January 14, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau		Stamford, CT Sun 25 Sutra 278 Plava 5123	
Vrishabha Rasi: 21.27	Tithi 12 – 13	<b>Gulika</b> 8:28AM – 9:40AM	<b>Rohini</b> Until 9:48AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM
		Yama 2:25PM – 3:37PM	Brahma Until 4:02AM Sat	<b>Nataraja:</b> Orange		Moon – Yellow	Moon 12 - Phase 38 - 25 4th Phase
		827825466 <b>Rahu</b> 10:51AM – 12:02PM	Kaulava Until 1:14AM Sat	<b>Devaloka Day</b>			
Routine Work	Marana Yoga		<b>Dvodashi</b> Until 11:52AM	<b>Pausha-Thai</b>			
Until 9:48AM		<b>Thai Pongal</b>		<b>Pradosha Vrata</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, January 15, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 26 Sutra 279 Plava 5123	
Mithuna Rasi: 3.16	Tithi 13 – 14	<b>Gulika</b> 7:16AM – 8:28AM	<b>Mrigashira</b> Until 12:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM
		Yama 1:14PM – 2:26PM	Indra Until 4:50AM Sun	<b>Nataraja:</b> Orange		Moon – Yellow	Moon 12 - Phase 38 - 26 4th Phase
		827825466 <b>Rahu</b> 9:40AM – 10:51AM	Gara Until 3:44AM Sun	<b>Devaloka Day</b>			
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 2:30PM	<b>Pausha-Thai</b>			

<b>6</b>		<b>Sunday, January 16, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Stamford, CT Sun 27 Sutra 280 Plava 5123	
Mithuna Rasi: 15.1	Tithi 14 – 15	<b>Gulika</b> 2:27PM – 3:39PM	<b>Ardra</b> Until 3:30PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM
		Yama 12:03PM – 1:15PM	Vaidhriti* Until 5:21AM Mon	<b>Nataraja:</b> Orange		Moon – Yellow	Moon 12 - Phase 38 - 27 4th Phase
		827825466 <b>Rahu</b> 3:39PM – 4:50PM	Visti Until 5:54AM Mon	<b>Devaloka Day</b>			
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:51PM	<b>Pausha-Thai</b>			

<b>○</b>		<b>Monday, January 17, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Bava Karana Purnimayam Titau		Stamford, CT Sutra 281 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:16PM – 2:28PM	<b>Punarvasu</b> Until 6:06PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:16AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM
Mithuna Rasi: 27.11	Tithi 15	Yama 10:52AM – 12:04PM	Vishkambha* Until 5:35AM Tue	<b>Nataraja:</b> Orange		Moon 12 - Phase 38 -	Purnima
<b>Family Home Evening</b>		848835466 <b>Rahu</b> 8:28AM – 9:40AM	Bava Until 6:49PM	<b>Devaloka Day</b>			
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 6:49PM	<b>Pausha-Thai</b>			
Until 6:06PM							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, January 18, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Stamford, CT Sutra 282 Plava 5123	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:16PM	<b>Pushya</b> Until 8:10PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:53PM
Kataka Rasi: 9.23	Tithi 16	Yama 9:39AM – 10:52AM	Priti Until 5:33AM Wed	<b>Nataraja:</b> Orange		Moon 12 - Phase 38 -	Prathama
		848835466 <b>Rahu</b> 2:28PM – 3:41PM	Balava Until 7:41AM	<b>Devaloka Day</b>			
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:24PM	<b>Pausha-Thai</b>			
		<b>Thai Pusam</b>					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sun 1 Sutra 283

Plava 5123

Moon 1 - Phase 39 - 1

1st Phase

Kataka Rasi: 21.44 Tithi 17

848935466 Rahu 12:04PM - 1:17PM

Gulika 10:52AM - 12:04PM

Yama 8:27AM - 9:39AM

Ashlesha\* Until 9:42PM

Ayushman Until 5:10AM Thu

Taitila Until 9:03AM

Dvitiya Until 9:34PM

Ganesha: Yellow

Sunrise: 7:14AM

Muruqa: Purple

Sunset: 4:54PM

Nataraja: Orange

Moon - Blue

Pausha\*Thai

Sivaloka Day

Creative Work Siddha Yoga

Thursday, January 20, 2022

1

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 284

Plava 5123

Moon 1 - Phase 39 - 2

1st Phase

Simha Rasi: 4.15 Tithi 18

858935466 Rahu 1:17PM - 2:30PM

Gulika 9:39AM - 10:52AM

Yama 7:14AM - 8:27AM

Magha\* Until 11:10PM

Saubhagya Until 4:31AM Fri

Vanija Until 10:02AM

Tritiya Until 10:21PM

Ganesha: White

Sunrise: 7:14AM

Muruqa: Purple

Sunset: 4:55PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:10PM

Then Creative Work - Siddha Yoga

Friday, January 21, 2022

2

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 3 Sutra 285

Plava 5123

Moon 1 - Phase 39 - 3

1st Phase

Simha Rasi: 16.57 Tithi 19

858935466 Rahu 10:52AM - 12:05PM

Gulika 8:26AM - 9:39AM

Yama 2:31PM - 3:43PM

Purvaphalguni Until 12:06AM Sat

Sobhana Until 3:35AM Sat

Bava Until 10:37AM

Chaturthi\* Until 10:45PM

Ganesha: White

Sunrise: 7:13AM

Muruqa: Purple

Sunset: 4:56PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 12:06AM Sat

Then Routine Work - Marana Yoga

Saturday, January 22, 2022

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 4 Sutra 286

Plava 5123

Moon 1 - Phase 39 - 4

1st Phase

Simha Rasi: 29.5 Tithi 20

858935466 Rahu 9:39AM - 10:52AM

Gulika 7:13AM - 8:26AM

Yama 1:18PM - 2:31PM

Uttaraphalguni Until 12:30AM Sun

Athiganda\* Until 2:18AM Sun

Kaulava Until 10:49AM

Panchami Until 10:44PM

Ganesha: White

Sunrise: 7:13AM

Muruqa: Purple

Sunset: 4:57PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Routine Work Marana Yoga

Until 12:30AM Sun

Then Creative Work - Amrita Yoga

Sunday, January 23, 2022

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 5 Sutra 287

Plava 5123

Moon 1 - Phase 39 - 5

1st Phase

Kanya Rasi: 12.55 Tithi 21

868935466 Rahu 3:45PM - 4:59PM

Gulika 2:32PM - 3:45PM

Yama 12:05PM - 1:19PM

Hasta Until 12:47AM Mon

Sukarma Until 12:42AM Mon

Gara Until 10:36AM

Shashthi\* Until 10:18PM

Ganesha: Clear

Sunrise: 7:12AM

Muruqa: Purple

Sunset: 4:59PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Sivaloka Day

Creative Work Amrita Yoga

Until 12:47AM Mon

Then Routine Work - Prabalarishta Yoga

Monday, January 24, 2022

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 6 Sutra 288

Plava 5123

Moon 1 - Phase 39 - 6

1st Phase

Kanya Rasi: 26.14 Tithi 22

969935466 Rahu 8:25AM - 9:38AM

Gulika 1:19PM - 2:33PM

Yama 10:52AM - 12:06PM

Chitra Until 12:28AM Tue

Dhriti Until 10:45PM

Visti Until 9:56AM

Saptami Until 9:24PM

Ganesha: Green

Sunrise: 7:11AM

Muruqa: Purple

Sunset: 5:00PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:28AM Tue

Then Creative Work - Siddha Yoga

Tuesday, January 25, 2022

D

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 289

Plava 5123

Moon 1 - Phase 39 - 7

Ashtami

Tula Rasi: 9.49 Tithi 23

969935466 Rahu 2:33PM - 3:47PM

Gulika 12:06PM - 1:20PM

Yama 9:38AM - 10:52AM

Svati Until 11:31PM

Shula\* Until 8:23PM

Balava Until 8:47AM

Ashtami\* Until 8:01PM

Ganesha: Green

Sunrise: 7:11AM

Muruqa: Purple

Sunset: 5:01PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 11:31PM

Then Routine Work - Marana Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhi Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 8 Sutra 290

Plava 5123

Moon 1 - Phase 39 - 8

Navami

Tula Rasi: 23.41 Tithi 24

979935466 Rahu 12:06PM - 1:20PM

Gulika 10:52AM - 12:06PM

Yama 8:24AM - 9:38AM

Vishakha Until 10:23PM

Ganda\* Until 5:39PM

Taitila Until 7:09AM

Navami\* Until 6:08PM

Ganesha: Orange

Sunrise: 7:10AM

Muruqa: Purple

Sunset: 5:02PM

Nataraja: Orange

Moon - Orange

Pausha\*Thai

Sivaloka Day

Creative Work Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'


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<b>1</b>	<b>Thursday, January 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vridhhi/Dhruva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Wrischika Rasi: 7.51	Tithi 25 – 26	<b>Gulika</b> 9:38AM – 10:52AM	<b>Anuradha</b> Until 8:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:09AM	Sun 9 Sutra 291
			Yama 7:09AM – 8:23AM	Vridhhi Until 2:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Plava 5123
		979935466	<b>Rahu</b> 1:21PM – 2:35PM	Bava Until 2:31AM Fri	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 9 2nd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
Until 8:40PM						<b>Pausha*Thai</b>	
Then Routine Work - Prabalarishta Yoga							

<b>2</b>	<b>Friday, January 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Wrischika Rasi: 22.19	Tithi 26 – 27	<b>Gulika</b> 8:23AM – 9:37AM	<b>Jyeshtha*</b> Until 6:27PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:08AM	Sun 10 Sutra 292
			Yama 2:36PM – 3:50PM	Dhruva Until 11:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Plava 5123
		979935466	<b>Rahu</b> 10:52AM – 12:06PM	Kaulava Until 11:39PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 10 2nd Phase
Routine Work Marana Yoga						<b>Sivaloka Day</b>	
Until 6:27PM						<b>Pausha*Thai</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Saturday, January 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Dhanus Rasi: 6.59	Tithi 27 – 28	<b>Gulika</b> 7:07AM – 8:22AM	<b>Mula*</b> Until 4:16PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:07AM	Sun 11 Sutra 293
			Yama 1:22PM – 2:36PM	Vyaghata* Until 7:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Plava 5123
		989935466	<b>Rahu</b> 9:37AM – 10:52AM	Gara Until 8:33PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 11 2nd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
						<b>Pausha*Thai</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Sunday, January 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Dhanus Rasi: 21.49	Tithi 28 – 29	<b>Gulika</b> 2:37PM – 3:52PM	<b>Purvashadha*</b> Until 1:49PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:06AM	Sun 12 Sutra 294
			Yama 12:07PM – 1:22PM	Vajra* Until 11:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Plava 5123
		989935466	<b>Rahu</b> 3:52PM – 5:07PM	Sakuni Until 3:46AM Mon	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 12 2nd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 1:49PM						<b>Pausha*Thai</b>	
Then Creative Work - Amrita Yoga							

	<b>Monday, January 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 1:22PM – 2:38PM	<b>Uttarashadha</b> Until 11:16AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:05AM	Sun 13 Sutra 295
	Makara Rasi: 6.4	Tithi 30	Yama 10:52AM – 12:07PM	Siddhi Until 8:07PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Plava 5123
	<b>Family Home Evening</b>	981935466	<b>Rahu</b> 8:21AM – 9:36AM	Catuspada Until 2:15PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 13 Amavasya
Routine Work Marana Yoga						<b>Sivaloka Day</b>	
Until 11:16AM						<b>Pausha*Thai</b>	
Then Creative Work - Amrita Yoga							

	<b>Tuesday, February 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukra Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:22PM	<b>Shravana</b> Until 9:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	Sun 14 Sutra 296
	Makara Rasi: 21.23	Tithi 1	Yama 9:36AM – 10:52AM	Vyatipata* Until 4:37PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Plava 5123
		991935466	<b>Rahu</b> 2:38PM – 3:53PM	Kintughna Until 11:21AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40 - 14 Prathama
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
						<b>Magha*Thai</b>	

<b>1</b>	<b>Wednesday, February 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
	Kumbha Rasi: 5.5	Tithi 2	<b>Gulika</b> 10:51AM – 12:07PM	<b>Dhanishtha</b> Until 7:22AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:05AM	Sun 15 Sutra 297
Routine Work	Prabalarishta Yoga	Yama 8:20AM – 9:36AM	Variyan Until 1:26PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Plava 5123	
Until 7:22AM		<b>Rahu</b> 12:07PM – 1:23PM	Balava Until 8:51AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 41 - 15	
Then Creative Work - Siddha Yoga			<b>Dvitiya</b> Until 7:46PM	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, February 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
	Kumbha Rasi: 19.57	Tithi 3	<b>Gulika</b> 9:35AM – 10:51AM	<b>Purvaproshtapada*</b> Until 5:27AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:04AM	Sun 16 Sutra 298
		Yama 7:04AM – 8:19AM	Parigha* Until 10:44AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Plava 5123	
		<b>Rahu</b> 1:23PM – 2:39PM	Taitila Until 6:54AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 16	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:09PM	Moon – Purple		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Friday, February 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Meena Rasi: 3.38	Tithi 4 – 5	<b>Gulika</b> 8:19AM – 9:35AM	<b>Uttaraproshtapada</b> Until 5:37AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	Sun 17 Sutra 299
		Yama 2:40PM – 3:56PM	Shiva Until 8:38AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Plava 5123	
		<b>Rahu</b> 10:51AM – 12:07PM	Bava Until 5:12AM Sat	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 17	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 5:18PM	Moon – Clear		3rd Phase	
Until 5:37AM Sat				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, February 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Meena Rasi: 16.52	Tithi 5 – 6	<b>Gulika</b> 7:01AM – 8:18AM	<b>Revati</b> Until 6:29AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:01AM	Sun 18 Sutra 300
		Yama 1:24PM – 2:40PM	Siddha Until 7:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Plava 5123	
		<b>Rahu</b> 9:34AM – 10:51AM	Kaulava Until 5:38AM Sun	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 18	
Routine Work	Prabalarishta Yoga		<b>Panchami</b> Until 5:17PM	Moon – Clear		3rd Phase	
Until 6:29AM Sun				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Sunday, February 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila Karana Shashthyam Titau				Stamford, CT
	Meena Rasi: 29.39	Tithi 6	<b>Gulika</b> 2:41PM – 3:58PM	<b>Revati</b> Until 6:29AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:00AM	Sun 19 Sutra 301
		Yama 12:08PM – 1:24PM	Sadhya Until 6:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Plava 5123	
		<b>Rahu</b> 3:58PM – 5:15PM	Taitila Until 6:09PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 19	
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 6:09PM	Moon – Clear		3rd Phase	
Until 6:29AM				<b>Magha-Thai</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Monday, February 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
	Mesha Rasi: 12.04	Tithi 7	<b>Gulika</b> 1:25PM – 2:42PM	<b>Ashvini</b> Until 8:28AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM	Sun 20 Sutra 302
<b>Family Home Evening</b>		Yama 10:51AM – 12:08PM	Subha Until 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Plava 5123	
		<b>Rahu</b> 8:16AM – 9:34AM	Gara Until 6:54AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 20	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 7:48PM	Moon – White		3rd Phase	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>D</b>	<b>Tuesday, February 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Vistil*/Bava Karana Ashtamyam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 12:08PM – 1:25PM	<b>Bharani</b> Until 10:57AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:58AM	Sun 21 Sutra 303
Mesha Rasi: 24.11	Tithi 8	Yama 9:33AM – 10:50AM	Sukla Until 6:34AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Plava 5123	
		<b>Rahu</b> 2:42PM – 4:00PM	Vistil Until 8:53AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 21	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 10:03PM	Moon – White		Ashtami	
				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>D</b>	<b>Wednesday, February 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
	<b>Retreat Star</b>		<b>Gulika</b> 10:50AM – 12:08PM	<b>Krittika</b> Until 1:44PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:57AM	Sun 22 Sutra 304
Vrishabha Rasi: 6.05	Tithi 9	Yama 8:15AM – 9:32AM	Brahma Until 7:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Plava 5123	
		<b>Rahu</b> 12:08PM – 1:25PM	Balava Until 11:22AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41 - 22	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 12:41AM Thu	Moon – White		Navami	
Until 1:44PM				<b>Magha-Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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1	<b>Thursday, February 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
	Virshabha Rasi: 17.54	Tithi 10	931935467	<b>Gulika</b> Yama <b>Rahu</b>	9:32AM – 10:50AM 6:56AM – 8:14AM 1:26PM – 2:44PM	<b>Rohini Until 5:03PM</b> Indra Until 8:20AM Taitila Until 2:05PM <b>Dashami Until 3:26AM Fri</b>	Sun 23 Sutra 305 Plava 5123
	Routine Work	Marana Yoga				Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:56AM Sunset: 5:20PM Moon 1 - Phase 42 - 23 4th Phase
						<b>Magha*Thai</b>	<b>Subha Sivaloka Day</b>

2	<b>Friday, February 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
	Virshabha Rasi: 29.41	Tithi 11	932935467	<b>Gulika</b> Yama <b>Rahu</b>	8:13AM – 9:31AM 2:44PM – 4:03PM 10:50AM – 12:08PM	<b>Mrigashira Until 8:09PM</b> Vaidhriti* Until 9:19AM Vanija Until 4:46PM <b>Ekadashi Until 6:01AM Sat</b>	Sun 24 Sutra 306 Plava 5123
	Creative Work	Siddha Yoga				Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:54AM Sunset: 5:21PM Moon 1 - Phase 42 - 24 4th Phase
						<b>Magha*Thai</b>	<b>Sivaloka Day</b>

3	<b>Saturday, February 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Mithuna Rasi: 11.32	Tithi 11 – 12	932135467	<b>Gulika</b> Yama <b>Rahu</b>	6:54AM – 8:12AM 1:26PM – 2:45PM 9:31AM – 10:49AM	<b>Ardra Until 10:48PM</b> Vishkambha* Until 10:10AM Bava Until 7:12PM <b>Ekadashi Until 6:01AM</b>	Sun 25 Sutra 307 Plava 5123
	Creative Work	Siddha Yoga				Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 6:54AM Sunset: 5:22PM Moon 1 - Phase 42 - 25 4th Phase
						<b>Magha*Masi</b>	<b>Sivaloka Day</b>

4	<b>Sunday, February 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Mithuna Rasi: 23.31	Tithi 12 – 13	942135467	<b>Gulika</b> Yama <b>Rahu</b>	2:46PM – 4:05PM 12:08PM – 1:27PM 4:05PM – 5:23PM	<b>Punarvasu Until 1:23AM Mon</b> Priti Until 10:45AM Kaulava Until 9:13PM <b>Dvadashi Until 8:15AM</b>	Sun 26 Sutra 308 Plava 5123
	Creative Work	Siddha Yoga				Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:52AM Sunset: 5:23PM Moon 1 - Phase 42 - 26 4th Phase
						<b>Magha*Masi</b>	<b>Devaloka Day</b>

*Pradosha Vrata*

5	<b>Monday, February 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Kataka Rasi: 5.41	Tithi 13 – 14	942135467	<b>Gulika</b> Yama <b>Rahu</b>	1:27PM – 2:46PM 10:49AM – 12:08PM 8:10AM – 9:29AM	<b>Pushya Until 3:18AM Tue</b> Ayushman Until 10:57AM Gara Until 10:42PM <b>Trayodashi Until 10:00AM</b>	Sun 27 Sutra 309 Plava 5123
	Family Home Evening					Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:51AM Sunset: 5:25PM Moon 1 - Phase 42 - 27 4th Phase
	Creative Work	Siddha Yoga			<b>Chidambaram Abhishekam</b>	<b>Magha*Masi</b>	<b>Devaloka Day</b>

○	<b>Tuesday, February 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
	<b>Copper Retreat Star</b>		942135467	<b>Gulika</b> Yama <b>Rahu</b>	12:08PM – 1:27PM 9:29AM – 10:48AM 2:47PM – 4:06PM	<b>Ashlesha* Until 4:33AM Wed</b> Saubhagya Until 10:46AM Visti Until 11:40PM <b>Chaturdashi* Until 11:14AM</b>	Sutra 310 Plava 5123
	Kataka Rasi: 18.04	Tithi 14 – 15				Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 6:50AM Sunset: 5:26PM Moon 1 - Phase 42 - Purnima
	Creative Work	Siddha Yoga				<b>Magha*Masi</b>	<b>Devaloka Day</b>

○	<b>Wednesday, February 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
	<b>Silver Retreat Star</b>		952135467	<b>Gulika</b> Yama <b>Rahu</b>	10:48AM – 12:08PM 8:08AM – 9:28AM 12:08PM – 1:28PM	<b>Magha* Until 5:39AM Thu</b> Sobhana Until 10:12AM Balava Until 12:08AM Thu <b>Purnima* Until 11:57AM</b>	Sutra 311 Plava 5123
	Simha Rasi: 0.4	Tithi 15 – 16				Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 6:48AM Sunset: 5:27PM Moon 1 - Phase 42 - Prathama
	Creative Work	Siddha Yoga				<b>Magha*Masi</b>	<b>Sivaloka Day</b>

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

all times are standard time. Calculated for Stamford, CT on 5/23/1'

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Thursday, February 17, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 312

Plava 5123

Simha Rasi: 13.31 Tithi 16 - 17

952135467

**Gulika** 9:27AM - 10:48AM  
Yama 6:47AM - 8:07AM  
**Rahu** 1:28PM - 2:48PM

**Purvaphalguni Until 6:09AM Fri**  
Athiganda\* Until 9:13AM  
Taitila Until 12:08AM Fri  
**Prathama\* Until 12:10PM**

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sunrise:** 6:47AM  
**Sunset:** 5:28PM

Moon 2 - Phase 43 - 1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

1

Friday, February 18, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 313

Plava 5123

Simha Rasi: 26.34 Tithi 17 - 18

952135467

**Gulika** 8:06AM - 9:27AM  
Yama 2:49PM - 4:09PM  
**Rahu** 10:47AM - 12:08PM

**Purvaphalguni Until 6:09AM**  
Sukarma Until 7:56AM  
Vanija Until 11:46PM  
**Dvitiya Until 11:59AM**

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sunrise:** 6:46AM  
**Sunset:** 5:30PM

Moon 2 - Phase 43 - 1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

2

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 314

Plava 5123

Kanya Rasi: 9.49 Tithi 18 - 19

952135467

**Gulika** 6:44AM - 8:05AM  
Yama 1:28PM - 2:49PM  
**Rahu** 9:26AM - 10:47AM

**Uttaraphalguni Until 6:10AM**  
Dhriti Until 6:23AM  
Bava Until 11:04PM  
**Tritiya Until 11:26AM**

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sunrise:** 6:44AM  
**Sunset:** 5:31PM

Moon 2 - Phase 43 - 2 1st Phase

**Sivaloka Day**

Routine Work Marana Yoga

**Maha Sankatahara Chaturthi**

3

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Ganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 315

Plava 5123

Kanya Rasi: 23.14 Tithi 19 - 20

962135467

**Gulika** 2:50PM - 4:11PM  
Yama 12:07PM - 1:29PM  
**Rahu** 4:11PM - 5:32PM

**Hasta Until 6:10AM**  
Ganda\* Until 2:33AM Mon  
Kaulava Until 10:05PM  
**Chaturthi\* Until 10:35AM**

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:43AM  
**Sunset:** 5:32PM

Moon 2 - Phase 43 - 3 1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

4

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 316

Plava 5123

Tula Rasi: 6.47 Tithi 20 - 21

962135467

**Gulika** 1:29PM - 2:50PM  
Yama 10:46AM - 12:07PM  
**Rahu** 8:03AM - 9:25AM

**Svati Until 4:57AM Tue**  
Vriddhi Until 12:20AM Tue  
Gara Until 8:50PM  
**Panchami Until 9:28AM**

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:42AM  
**Sunset:** 5:33PM

Moon 2 - Phase 43 - 4 1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 4:57AM Tue

Then Routine Work - Marana Yoga

5

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 317

Plava 5123

Tula Rasi: 20.31 Tithi 21 - 22

972135467

**Gulika** 12:07PM - 1:29PM  
Yama 9:24AM - 10:46AM  
**Rahu** 2:51PM - 4:13PM

**Vishakha Until 4:11AM Wed**  
Dhruva Until 9:55PM  
Visti Until 7:21PM  
**Shashthi\* Until 8:06AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:40AM  
**Sunset:** 5:34PM

Moon 2 - Phase 43 - 5 1st Phase

**Sivaloka Day**

Routine Work Marana Yoga

Until 4:11AM Wed

Then Creative Work - Siddha Yoga

D

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 318

Plava 5123

Vrischika Rasi: 4.22 Tithi 22 - 23

972135467

**Gulika** 10:45AM - 12:07PM  
Yama 8:01AM - 9:23AM  
**Rahu** 12:07PM - 1:29PM

**Anuradha Until 3:02AM Thu**  
Vyaghata\* Until 7:17PM  
Kaulava Until 4:38AM Thu  
**Saptami Until 6:29AM**

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:39AM  
**Sunset:** 5:36PM

Moon 2 - Phase 43 - 6 Ashtami

**Sivaloka Day**

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Routine Work - Prabalarishta Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 319

Plava 5123

Vrischika Rasi: 18.23 Tithi 24

973135467

**Gulika** 9:22AM - 10:45AM  
Yama 6:37AM - 8:00AM  
**Rahu** 1:29PM - 2:52PM

**Jyeshtha\* Until 1:31AM Fri**  
Harshana Until 4:30PM  
Taitila Until 3:37PM  
**Navami\* Until 2:31AM Fri**

**Ganesha:** Purple  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:37AM  
**Sunset:** 5:37PM

Moon 2 - Phase 43 - 7 Navami

**Subha Sivaloka Day**

Routine Work Prabalarishta Yoga

Until 1:31AM Fri

Then Creative Work - Amrita Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'


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<b>1</b>	<b>Friday, February 25, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
	Dhanus Rasi: 2.34	Tithi 25	983135467	Sun 8	Sutra 320	Plava 5123	Moon 2 - Phase 44 - 8 2nd Phase
Creative Work Amrita Yoga		Gulika 7:59AM – 9:21AM	Mula* Until 12:04AM Sat	Ganesha: Clear	Sunrise: 6:36AM		
Until 12:04AM Sat		Yama 2:52PM – 4:15PM	Vajra* Until 1:29PM	Muruga: Purple	Sunset: 5:38PM		
Then Creative Work - Siddha Yoga		Rahu 10:44AM – 12:07PM	Vanija Until 1:25PM	Nataraja: Clear	Sivaloka Day		
				Moon – Light Blue			
				Magha-Masi			

<b>2</b>	<b>Saturday, February 26, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
	Dhanus Rasi: 16.52	Tithi 26	983135467	Sun 9	Sutra 321	Plava 5123	Moon 2 - Phase 44 - 9 2nd Phase
Creative Work Siddha Yoga		Gulika 6:34AM – 7:57AM	Purvashadha* Until 10:20PM	Ganesha: Clear	Sunrise: 6:34AM		
Until 10:20PM		Yama 1:30PM – 2:53PM	Siddhi Until 10:21AM	Muruga: Purple	Sunset: 5:39PM		
Then Routine Work - Marana Yoga		Rahu 9:21AM – 10:44AM	Bava Until 11:01AM	Nataraja: Clear	Sivaloka Day		
				Moon – Light Blue			
				Magha-Masi			

<b>3</b>	<b>Sunday, February 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Stamford, CT
	Makara Rasi: 1.16	Tithi 27	983135467	Sun 10	Sutra 322	Plava 5123	Moon 2 - Phase 44 - 10 2nd Phase
Creative Work Amrita Yoga		Gulika 2:53PM – 4:17PM	Uttarashadha Until 8:24PM	Ganesha: Clear	Sunrise: 6:33AM		
		Yama 12:07PM – 1:30PM	Vyatipata* Until 7:09AM	Muruga: Purple	Sunset: 5:40PM		
		Rahu 4:17PM – 5:40PM	Kaulava Until 8:32AM	Nataraja: Clear	Sivaloka Day		
				Moon – Light Blue			
				Magha-Masi			

<b>4</b>	<b>Monday, February 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Makara Rasi: 15.4	Tithi 28 – 29	983135467	Sun 11	Sutra 323	Plava 5123	Moon 2 - Phase 44 - 11 2nd Phase
Family Home Evening		Gulika 1:30PM – 2:54PM	Shravana Until 6:49PM	Ganesha: Orange	Sunrise: 6:31AM		
Creative Work Amrita Yoga		Yama 10:43AM – 12:06PM	Parigha* Until 12:46AM Tue	Muruga: Purple	Sunset: 5:41PM		
Until 6:49PM		Rahu 7:55AM – 9:19AM	Gara Until 6:02AM	Nataraja: Clear	Sivaloka Day		
Then Creative Work - Siddha Yoga		Mahasivaratri (Solar)		Moon – Purple			
				Magha-Masi			
				Pradosha Vrata (Fasting)			

	<b>Tuesday, March 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Stamford, CT	
	<b>Retreat Star</b>		983135467	Sun 12	Sutra 324	Plava 5123	Moon 2 - Phase 44 - 12 Amavasya	
Makara Rasi: 29.59		Tithi 29 – 30	Gulika 12:06PM – 1:30PM	Dhanishtha Until 5:17PM	Ganesha: Orange	Sunrise: 6:28AM		
Creative Work Siddha Yoga		Yama 9:17AM – 10:42AM	Shiva Until 9:49PM	Muruga: Purple	Sunset: 5:44PM			
Until 5:17PM		Rahu 2:55PM – 4:19PM	Catuspada Until 1:31AM Wed	Nataraja: Clear	Sivaloka Day			
Then Routine Work - Marana Yoga				Moon – Purple				
				Magha-Masi				

<b>Retreat Star</b>	<b>Wednesday, March 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
	Kumbha Rasi: 14.07	Tithi 30 – 1	983135467	Sun 13	Sutra 325	Plava 5123	Moon 2 - Phase 44 - 13 Prathama
Creative Work Siddha Yoga		Gulika 10:41AM – 12:06PM	Shatabhishak Until 3:57PM	Ganesha: Orange	Sunrise: 6:27AM		
Until 3:57PM		Yama 7:52AM – 9:16AM	Siddha Until 7:10PM	Muruga: Purple	Sunset: 5:45PM		
Then Creative Work - Amrita Yoga		Rahu 12:06PM – 1:31PM	Kintughna Until 11:48PM	Nataraja: Clear	Sivaloka Day		
				Moon – Purple			
				Phalguna-Masi			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 14 Sutra 326 Plava 5123	
Kumbha Rasi: 27.59	Tithi 1 – 2	<b>Gulika</b> 9:15AM – 10:41AM	<b>Purvaproshtapada* Until 3:24PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:25AM	Moon 2 - Phase 45 - 14 3rd Phase	
		Yama 6:25AM – 7:50AM	Sadhya Until 4:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 45 - 14 3rd Phase	
		913135467 <b>Rahu</b> 1:31PM – 2:56PM	Balava Until 10:37PM	<b>Nataraja:</b> Clear		Moon – Clear	
Creative Work	Siddha Yoga		<b>Prathama* Until 11:07AM</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	
<b>2</b>		<b>Friday, March 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 11.3	Tithi 2 – 3	<b>Gulika</b> 7:49AM – 9:15AM	<b>Uttaraproshtapada Until 3:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:24AM	Moon 2 - Phase 45 - 15 3rd Phase	
		Yama 2:56PM – 4:22PM	Subha Until 3:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 45 - 15 3rd Phase	
		913135467 <b>Rahu</b> 10:40AM – 12:05PM	Taitila Until 10:06PM	<b>Nataraja:</b> Clear		Moon – Clear	
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:15AM</b>	<b>Phalguna-Masi</b>		<b>Subha Sivaloka Day</b>	
<b>3</b>		<b>Saturday, March 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Stamford, CT Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 24.38	Tithi 3 – 4	<b>Gulika</b> 6:22AM – 7:48AM	<b>Revati Until 3:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:22AM	Moon 2 - Phase 45 - 16 3rd Phase	
		Yama 1:31PM – 2:57PM	Sukla Until 2:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 45 - 16 3rd Phase	
		113135467 <b>Rahu</b> 9:14AM – 10:39AM	Vanija Until 10:20PM	<b>Nataraja:</b> Clear		Moon – Clear	
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 10:06AM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 3:48PM							
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>					
<b>4</b>		<b>Sunday, March 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 7.25	Tithi 4 – 5	<b>Gulika</b> 2:57PM – 4:23PM	<b>Ashvini Until 5:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Moon 2 - Phase 45 - 17 3rd Phase	
		Yama 12:05PM – 1:31PM	Brahma Until 1:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45 - 17 3rd Phase	
		123135467 <b>Rahu</b> 4:23PM – 5:49PM	Bava Until 11:20PM	<b>Nataraja:</b> Clear		Moon – White	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:43AM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 5:20PM							
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Monday, March 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 19.5	Tithi 5 – 6	<b>Gulika</b> 1:31PM – 2:58PM	<b>Bharani Until 7:25PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	Moon 2 - Phase 45 - 18 3rd Phase	
<b>Family Home Evening</b>		Yama 10:38AM – 12:05PM	Indra Until 1:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 2 - Phase 45 - 18 3rd Phase	
		123135467 <b>Rahu</b> 7:45AM – 9:12AM	Kaulava Until 1:02AM Tue	<b>Nataraja:</b> Clear		Moon – White	
Creative Work	Siddha Yoga		<b>Panchami Until 12:05PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 7:25PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, March 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 331 Plava 5123	
Virshabha Rasi: 1.59	Tithi 6 – 7	<b>Gulika</b> 12:04PM – 1:31PM	<b>Krittika Until 9:53PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	Moon 2 - Phase 45 - 19 3rd Phase	
		Yama 9:11AM – 10:38AM	Vaidhriti* Until 1:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 45 - 19 3rd Phase	
		123135477 <b>Rahu</b> 2:58PM – 4:25PM	Gara Until 3:16AM Wed	<b>Nataraja:</b> Green		Moon – White	
Creative Work	Siddha Yoga		<b>Shashthi* Until 2:04PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 9:53PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 20 Sutra 332 Plava 5123	
Virshabha Rasi: 13.56	Tithi 7 – 8	<b>Gulika</b> 10:37AM – 12:04PM	<b>Rohini Until 1:02AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Moon 2 - Phase 45 - 20 3rd Phase	
		Yama 7:43AM – 9:10AM	Vishkambha* Until 2:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:53PM	Moon 2 - Phase 45 - 20 3rd Phase	
		133235477 <b>Rahu</b> 12:04PM – 1:31PM	Visti Until 5:50AM Thu	<b>Nataraja:</b> Green		Moon – Yellow	
Creative Work	Siddha Yoga		<b>Saptami Until 4:30PM</b>	<b>Phalguna-Masi</b>		<b>Devaloka Day</b>	
Until 1:02AM Thu							
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, March 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 333 Plava 5123	
Virshabha Rasi: 25.46	Tithi 8	<b>Gulika</b> 9:09AM – 10:37AM	<b>Mrigashira Until 4:06AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Moon 2 - Phase 45 - 21 Ashtami	
		Yama 6:14AM – 7:42AM	Priti Until 3:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45 - 21 Ashtami	
		134235477 <b>Rahu</b> 1:31PM – 2:59PM	Bava Until 7:07PM	<b>Nataraja:</b> Green		Moon – Yellow	
Routine Work	Marana Yoga		<b>Ashtami* Until 7:07PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	
Until 4:06AM Fri							
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Friday, March 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 334 Plava 5123	
Mithuna Rasi: 7.35	Tithi 9	<b>Gulika</b> 7:40AM – 9:08AM	<b>Ardra Until 6:52AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:12AM	Moon 2 - Phase 45 - 22 Navami	
		Yama 2:59PM – 4:27PM	Ayushman Until 4:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45 - 22 Navami	
		134235477 <b>Rahu</b> 10:36AM – 12:04PM	Balava Until 8:27AM	<b>Nataraja:</b> Green		Moon – Yellow	
Creative Work	Siddha Yoga		<b>Navami* Until 9:40PM</b>	<b>Phalguna-Masi</b>		<b>Sivaloka Day</b>	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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<b>1</b>		<b>Saturday, March 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dashamyam Titau				Stamford, CT
Mithuna Rasi: 19.28	Tithi 10	Gulika 6:11AM – 7:39AM	Ardra Until 6:52AM	Ganesha: Purple	Sunrise: 6:11AM	Sun 23	Sutra 335	Plava 5123
		Yama 1:32PM – 3:00PM	Saubhagya Until 5:23PM	Muruqa: Clear	Sunset: 5:56PM			Moon 2 - Phase 46 - 23
		134235477 Rahu 9:07AM – 10:35AM	Taitila Until 10:51AM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:53PM	Moon – Yellow				<b>Sivaloka Day</b>
				<b>Phalguna-Masi</b>				

<b>2</b>		<b>Sunday, March 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
Kataka Rasi: 1.3	Tithi 11	Gulika 3:00PM – 4:29PM	Punarvasu Until 9:35AM	Ganesha: Clear	Sunrise: 6:09AM	Sun 24	Sutra 336	Plava 5123
		Yama 12:03PM – 1:32PM	Sobhana Until 5:47PM	Muruqa: Clear	Sunset: 5:57PM			Moon 2 - Phase 46 - 24
		144235477 Rahu 4:29PM – 5:57PM	Vanija Until 12:51PM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:37AM Mon	Moon – Blue				<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>				

<b>3</b>		<b>Monday, March 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Stamford, CT
Kataka Rasi: 13.45	Tithi 12	Gulika 1:32PM – 3:01PM	Pushya Until 11:37AM	Ganesha: Clear	Sunrise: 6:08AM	Sun 25	Sutra 337	Plava 5123
Family Home Evening		Yama 10:34AM – 12:03PM	Athiganda* Until 5:43PM	Muruqa: Clear	Sunset: 5:57PM			Moon 2 - Phase 46 - 25
		144235477 Rahu 7:36AM – 9:05AM	Bava Until 2:16PM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Dvodashi Until 2:44AM Tue	Moon – Blue				<b>Devaloka Day</b>
		Karadayyan Nombu (Tamil Nadu)		<b>Phalguna-Panguni</b>				

<b>4</b>		<b>Tuesday, March 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Kataka Rasi: 26.16	Tithi 13	Gulika 12:03PM – 1:32PM	Ashlesha* Until 12:53PM	Ganesha: Clear	Sunrise: 6:06AM	Sun 26	Sutra 338	Plava 5123
		Yama 9:04AM – 10:33AM	Sukarma Until 5:10PM	Muruqa: Clear	Sunset: 5:59PM			Moon 2 - Phase 46 - 26
		144235478 Rahu 3:01PM – 4:30PM	Kaulava Until 3:04PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:11AM Wed	Moon – Blue				<b>Devaloka Day</b>
				<b>Phalguna-Panguni</b>				
				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, March 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Simha Rasi: 9.04	Tithi 14	Gulika 10:33AM – 12:02PM	Magha* Until 1:51PM	Ganesha: White	Sunrise: 6:04AM	Sun 27	Sutra 339	Plava 5123
		Yama 7:34AM – 9:03AM	Dhriti Until 4:08PM	Muruqa: Clear	Sunset: 6:01PM			Moon 2 - Phase 46 - 27
		154235478 Rahu 12:02PM – 1:32PM	Gara Until 3:12PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:02AM Thu	Moon – Red				<b>Sivaloka Day</b>
Until 1:51PM				<b>Phalguna-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Thursday, March 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
<b>Copper Retreat Star</b>		Gulika 9:02AM – 10:32AM	Purvaphalguni Until 2:04PM	Ganesha: White	Sunrise: 6:03AM	Sun 28	Sutra 340	Plava 5123
Simha Rasi: 22.11	Tithi 15	Yama 6:03AM – 7:32AM	Shula* Until 2:37PM	Muruqa: Clear	Sunset: 6:02PM			Moon 2 - Phase 46 - Purnima
		154235478 Rahu 1:32PM – 3:02PM	Visti Until 2:45PM	Nataraja: White				
Creative Work	Siddha Yoga		Purnima* Until 2:19AM Fri	Moon – Red				<b>Sivaloka Day</b>
		Panguni Uttiram		<b>Phalguna-Panguni</b>				
		Holi						

<b>Friday, March 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT		
<b>Silver Retreat Star</b>		Gulika 7:31AM – 9:01AM	Uttaraphalguni Until 1:39PM	Ganesha: White	Sunrise: 6:01AM	Sun 29	Sutra 341	Plava 5123
Kanya Rasi: 5.35	Tithi 16	Yama 3:02PM – 4:32PM	Ganda* Until 12:43PM	Muruqa: Clear	Sunset: 6:03PM			Moon 2 - Phase 46 - Prathama
		154235478 Rahu 10:32AM – 12:02PM	Balava Until 1:48PM	Nataraja: White				
Creative Work	Siddha Yoga		Prathama* Until 1:08AM Sat	Moon – Red				<b>Sivaloka Day</b>
Until 1:39PM				<b>Phalguna-Panguni</b>				
Then Creative Work - Amrita Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 342

Plava 5123

Kanya Rasi: 19.14 Tithi 17

164235478 **Gulika** 5:59AM – 7:30AM  
**Yama** 1:32PM – 3:03PM  
**Rahu** 9:00AM – 10:31AM

**Hasta** Until 1:07PM

Vridhhi Until 10:30AM

Taitila Until 12:26PM

**Dvitiya** Until 11:36PM

**Ganesha:** Yellow *Sunrise:* 5:59AM

**Muruqa:** Clear *Sunset:* 6:04PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

Routine Work Marana Yoga

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 343

Plava 5123

Tula Rasi: 3.05 Tithi 18

164235478 **Gulika** 3:03PM – 4:34PM  
**Yama** 12:01PM – 1:32PM  
**Rahu** 4:34PM – 6:05PM

**Chitra** Until 12:08PM

Dhruva Until 8:00AM

Vanija Until 10:45AM

**Tritiya** Until 9:49PM

**Ganesha:** Yellow *Sunrise:* 5:58AM

**Muruqa:** Clear *Sunset:* 6:05PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturthayam Titau

Stamford, CT

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 17.05 Tithi 19

164235478 **Gulika** 1:32PM – 3:03PM  
**Yama** 10:30AM – 12:01PM  
**Rahu** 7:27AM – 8:58AM

**Family Home Evening**

Creative Work Amrita Yoga

Until 10:49AM

Then Routine Work - Marana Yoga

**Svati** Until 10:49AM

Harshana Until 2:36AM Tue

Bava Until 8:53AM

**Chaturthi\*** Until 7:52PM

**Ganesha:** Yellow *Sunrise:* 5:56AM

**Muruqa:** Clear *Sunset:* 6:06PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vajra\* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 345

Plava 5123

Vrischika Rasi: 1.1 Tithi 20 – 21

174235478 **Gulika** 12:01PM – 1:32PM  
**Yama** 8:57AM – 10:29AM  
**Rahu** 3:04PM – 4:35PM

**Vishakha** Until 9:40AM

Vajra\* Until 11:46PM

Kaulava Until 6:53AM

**Panchami** Until 5:50PM

**Ganesha:** Blue *Sunrise:* 5:54AM

**Muruqa:** Clear *Sunset:* 6:07PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 346

Plava 5123

Vrischika Rasi: 15.17 Tithi 21 – 22

175235478 **Gulika** 10:28AM – 12:00PM  
**Yama** 7:24AM – 8:56AM  
**Rahu** 12:00PM – 1:32PM

**Anuradha** Until 8:19AM

Siddhi Until 8:55PM

Visti Until 2:44AM Thu

**Shashthi\*** Until 3:45PM

**Ganesha:** Yellow *Sunrise:* 5:53AM

**Muruqa:** Clear *Sunset:* 6:08PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

5

Thursday, March 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 347

Plava 5123

Vrischika Rasi: 29.25 Tithi 22 – 23

175235478 **Gulika** 8:55AM – 10:28AM  
**Yama** 5:51AM – 7:23AM  
**Rahu** 1:32PM – 3:05PM

**Jyeshtha\*** Until 6:49AM

Vyatipata\* Until 6:06PM

Balava Until 12:39AM Fri

**Saptami** Until 1:40PM

**Ganesha:** Yellow *Sunrise:* 5:51AM

**Muruqa:** Clear *Sunset:* 6:09PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Devaloka Day**

Routine Work Prabalarishta Yoga

Until 6:49AM

Then Creative Work - Siddha Yoga

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 348

Plava 5123

Dhanus Rasi: 13.32 Tithi 23 – 24

185235478 **Gulika** 7:22AM – 8:54AM  
**Yama** 3:05PM – 4:38PM  
**Rahu** 10:27AM – 12:00PM

**Purvashadha\*** Until 4:19AM Sat

Variyan Until 3:16PM

Taitila Until 10:37PM

**Ashtami\*** Until 11:37AM

**Ganesha:** Blue *Sunrise:* 5:49AM

**Muruqa:** Clear *Sunset:* 6:10PM

**Nataraja:** White

Moon – Light Blue

**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Prabalarishta Yoga

Until 4:19AM Sat

Then Routine Work - Marana Yoga

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Stamford, CT on 5/23/1'

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<b>1</b>		<b>Saturday, March 26, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 7 Sutra 349	
Dhanus Rasi: 27.38	Tithi 24 – 25	<b>Gulika</b> 5:47AM – 7:20AM	<b>Uttarashadha</b> Until 2:57AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:47AM	Plava 5123	
		Yama 1:32PM – 3:05PM	Parigha* Until 12:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 48 - 7	
		185235478 <b>Rahu</b> 8:53AM – 10:26AM	Vanija Until 8:38PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Navami*</b> Until 9:36AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 2:57AM Sun				<b>Phalguna-Panguni</b>		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Sunday, March 27, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 8 Sutra 350	
Makara Rasi: 11.41	Tithi 25 – 26	<b>Gulika</b> 3:06PM – 4:39PM	<b>Shravana</b> Until 1:58AM Mon	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM	Plava 5123	
		Yama 11:59AM – 1:32PM	Shiva Until 9:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 48 - 8	
		195235478 <b>Rahu</b> 4:39PM – 6:12PM	Bava Until 6:45PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:39AM	Moon – Purple		<b>Devaloka Day</b>	
Until 1:58AM Mon				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, March 28, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau		Stamford, CT Sun 9 Sutra 351	
Makara Rasi: 25.4	Tithi 27	<b>Gulika</b> 1:32PM – 3:06PM	<b>Dhanishtha</b> Until 1:01AM Tue	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM	Plava 5123	
<b>Family Home Evening</b>		Yama 10:25AM – 11:59AM	Siddha Until 7:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 48 - 9	
		195235478 <b>Rahu</b> 7:18AM – 8:51AM	Kaulava Until 5:01PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 4:13AM Tue	Moon – Purple		<b>Devaloka Day</b>	
Until 1:01AM Tue				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, March 29, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 10 Sutra 352	
Kumbha Rasi: 9.31	Tithi 28	<b>Gulika</b> 11:58AM – 1:32PM	<b>Shatabhishak</b> Until 12:11AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM	Plava 5123	
		Yama 8:50AM – 10:24AM	Subha Until 2:33AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 48 - 10	
		195245478 <b>Rahu</b> 3:06PM – 4:40PM	Gara Until 3:32PM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 2:52AM Wed	Moon – Purple		<b>Bhuloka Day</b>	
Until 12:11AM Wed				<b>Phalguna-Panguni</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Wednesday, March 30, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 11 Sutra 353	
Kumbha Rasi: 23.12	Tithi 29	<b>Gulika</b> 10:24AM – 11:58AM	<b>Purvaproshtapada*</b> Until 12:01AM Thu	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:41AM	Plava 5123	
		Yama 7:15AM – 8:49AM	Sukla Until 12:37AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 3 - Phase 48 - 11	
		115245478 <b>Rahu</b> 11:58AM – 1:33PM	Visti Until 2:21PM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:54AM Thu	Moon – Clear		<b>Bhuloka Day</b>	
Until 12:01AM Thu				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Thursday, March 31, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 12 Sutra 354	
Meena Rasi: 6.39	Tithi 30	<b>Gulika</b> 8:49AM – 10:23AM	<b>Uttaraproshtapada</b> Until 12:09AM Fri	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:39AM	Plava 5123	
		Yama 5:39AM – 7:14AM	Brahma Until 11:04PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 12	
		115245478 <b>Rahu</b> 1:33PM – 3:07PM	Catuspada Until 1:36PM	<b>Nataraja:</b> White		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:24AM Fri	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Friday, April 1, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 13 Sutra 355	
Meena Rasi: 19.51	Tithi 1	<b>Gulika</b> 7:14AM – 8:49AM	<b>Revati</b> Until 12:40AM Sat	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM	Plava 5123	
		Yama 3:07PM – 4:42PM	Indra Until 9:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 3 - Phase 48 - 13	
		116245478 <b>Rahu</b> 10:23AM – 11:58AM	Kintughna Until 1:23PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 1:28AM Sat	Moon – Clear		<b>Bhuloka Day</b>	
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>		Devaloka Time: 9:AM to 12:PM	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Mesha Rasi: 2.44	Tithi 2	Gulika 5:37AM – 7:13AM	Ashvini Until 2:06AM Sun	Ganesha: Yellow	Sunrise: 5:37AM	Sun 14	Sutra 356	
		Yama 1:33PM – 3:08PM	Vaidhriti* Until 9:20PM	Muruḡa: White	Sunset: 6:18PM		Plava 5123	
		126345478 Rahu 8:48AM – 10:23AM	Balava Until 1:45PM	Nataraja: White		Moon 3 - Phase 49 - 14	3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Bhuloka Day</b>		
Until 2:06AM Sun		Chellappaswami Mahasamadhi	Dvitiya Until 2:09AM Sun	Chaitra-Panguni		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Prabalarishta Yoga								

<b>2</b>		<b>Sunday, April 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
Mesha Rasi: 15.21	Tithi 3	Gulika 3:08PM – 4:43PM	Bharani Until 3:59AM Mon	Ganesha: White	Sunrise: 5:36AM	Sun 15	Sutra 357	
		Yama 11:57AM – 1:33PM	Vishkambha* Until 9:11PM	Muruḡa: White	Sunset: 6:19PM		Plava 5123	
		126345478 Rahu 4:43PM – 6:19PM	Taitila Until 2:45PM	Nataraja: White		Moon 3 - Phase 49 - 15	3rd Phase	
Routine Work	Prabalarishta Yoga		Tritiya Until 3:27AM Mon	Moon – White		<b>Bhuloka Day</b>		
Until 3:59AM Mon				Chaitra-Panguni				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Monday, April 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Stamford, CT
Mesha Rasi: 27.41	Tithi 4	Gulika 1:33PM – 3:08PM	Krittika Until 6:13AM Tue	Ganesha: White	Sunrise: 5:34AM	Sun 16	Sutra 358	
Family Home Evening		Yama 10:21AM – 11:57AM	Priti Until 9:30PM	Muruḡa: White	Sunset: 6:20PM		Plava 5123	
		126345478 Rahu 7:10AM – 8:46AM	Vanija Until 4:20PM	Nataraja: White		Moon 3 - Phase 49 - 16	3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 5:18AM Tue	Moon – White		<b>Bhuloka Day</b>		
Until 6:13AM Tue				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Bava Karana Panchamyam Titau				Stamford, CT
Vrishabha Rasi: 9.47	Tithi 5	Gulika 11:57AM – 1:33PM	Krittika Until 6:13AM	Ganesha: White	Sunrise: 5:33AM	Sun 17	Sutra 359	
		Yama 8:45AM – 10:21AM	Ayushman Until 10:09PM	Muruḡa: White	Sunset: 6:21PM		Plava 5123	
		126345478 Rahu 3:09PM – 4:45PM	Bava Until 6:25PM	Nataraja: White		Moon 3 - Phase 49 - 17	3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:35AM Wed	Moon – White		<b>Bhuloka Day</b>		
Until 6:13AM				Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Wednesday, April 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
Vrishabha Rasi: 21.44	Tithi 5 – 6	Gulika 10:20AM – 11:56AM	Rohini Until 9:12AM	Ganesha: Clear	Sunrise: 5:31AM	Sun 18	Sutra 360	
		Yama 7:07AM – 8:44AM	Saubhagya Until 11:02PM	Muruḡa: White	Sunset: 6:22PM		Plava 5123	
		136345478 Rahu 11:56AM – 1:33PM	Kaulava Until 8:51PM	Nataraja: White		Moon 3 - Phase 49 - 18	3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:35AM	Moon – Yellow		<b>Bhuloka Day</b>		
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

<b>6</b>		<b>Thursday, April 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
Mithuna Rasi: 3.35	Tithi 6 – 7	Gulika 8:43AM – 10:19AM	Mrigashira Until 12:13PM	Ganesha: Clear	Sunrise: 5:29AM	Sun 19	Sutra 361	
		Yama 5:29AM – 7:06AM	Sobhana Until 12:01AM Fri	Muruḡa: White	Sunset: 6:23PM		Plava 5123	
		136345478 Rahu 1:33PM – 3:10PM	Gara Until 11:23PM	Nataraja: White		Moon 3 - Phase 49 - 19	3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 10:06AM	Moon – Yellow		<b>Bhuloka Day</b>		
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

<b>Retreat Star</b>		<b>Friday, April 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Mithuna Rasi: 15.26	Tithi 7 – 8	Gulika 7:05AM – 8:42AM	Ardra Until 3:03PM	Ganesha: Clear	Sunrise: 5:28AM	Sun 20	Sutra 362	
		Yama 3:10PM – 4:47PM	Athiganda* Until 12:53AM Sat	Muruḡa: White	Sunset: 6:24PM		Plava 5123	
		136345478 Rahu 10:19AM – 11:56AM	Visti Until 1:49AM Sat	Nataraja: White		Moon 3 - Phase 49 - 20	Ashtami	
Creative Work	Siddha Yoga		Saptami Until 12:36PM	Moon – Yellow		<b>Bhuloka Day</b>		
				Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

<b>Retreat Star</b>		<b>Saturday, April 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Mithuna Rasi: 27.2	Tithi 8 – 9	Gulika 5:26AM – 7:03AM	Punarvasu Until 5:59PM	Ganesha: Clear	Sunrise: 5:26AM	Sun 21	Sutra 363	
		Yama 1:33PM – 3:10PM	Sukarma Until 1:31AM Sun	Muruḡa: White	Sunset: 6:25PM		Plava 5123	
		147345478 Rahu 8:41AM – 10:18AM	Balava Until 3:54AM Sun	Nataraja: White		Moon 3 - Phase 49 - 21	Navami	
Creative Work	Siddha Yoga		Ashtami* Until 2:54PM	Moon – Blue		<b>Bhuloka Day</b>		
		Sri Rama Navami		Chaitra-Panguni		Devaloka Time: 9:AM to12:PM		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

all times are standard time. Calculated for Stamford, CT on 5/23/1'

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<b>1</b>	<b>Sunday, April 10, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
	Kataka Rasi: 9.22	Tithi 9 – 10	<b>Gulika</b> 3:11PM – 4:48PM	<b>Pushya</b> <b>Until 8:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sun 22 Sutra 364
			Yama 11:55AM – 1:33PM	Dhriti <b>Until 1:46AM</b> Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Plava 5123
	Creative Work	Siddha Yoga	147345478 <b>Rahu</b> 4:48PM – 6:26PM	Taitila <b>Until 5:28AM</b> Mon	<b>Nataraja:</b> White		Moon 3 - Phase 50 - 22 4th Phase
			<b>Navami*</b> <b>Until 4:45PM</b>	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
				<b>Chaitra*</b> <b>Panguni</b>			


<b>2</b>	<b>Monday, April 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara Karana Dashamyam Titau				Stamford, CT
	Kataka Rasi: 21.38	Tithi 10	<b>Gulika</b> 1:33PM – 3:11PM	<b>Ashlesha*</b> <b>Until 9:54PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	Sun 23 Plava 5123
	<b>Family Home Evening</b>		Yama 10:17AM – 11:55AM	Shula* <b>Until 1:31AM</b> Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 50 - 23
	Creative Work	Siddha Yoga	147345478 <b>Rahu</b> 7:01AM – 8:39AM	Gara <b>Until 6:00PM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Dashami</b> <b>Until 6:00PM</b>	Moon – Blue		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
			<b>Yogaswami Mahasamadhi</b>	<b>Chaitra*</b> <b>Panguni</b>			


<b>3</b>	<b>Tuesday, April 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visiti* Karana Ekadashyam Titau				Stamford, CT
	Simha Rasi: 4.11	Tithi 11	<b>Gulika</b> 11:55AM – 1:33PM	<b>Magha*</b> <b>Until 11:06PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:21AM	Sun 24 Plava 5123
			Yama 8:38AM – 10:16AM	Ganda* <b>Until 12:43AM</b> Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 50 - 24
	Creative Work	Siddha Yoga	157345478 <b>Rahu</b> 3:11PM – 4:50PM	Vanija <b>Until 6:23AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Ekadashi</b> <b>Until 6:33PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Chaitra*</b> <b>Panguni</b>			

<b>4</b>	<b>Wednesday, April 13, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
	Simha Rasi: 17.04	Tithi 12	<b>Gulika</b> 10:16AM – 11:54AM	<b>Purvaphalguni</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:20AM	Sun 25 Subhakit 5124
			Yama 6:58AM – 8:37AM	Vriddhi <b>Until 11:22PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 50 - 25
	Creative Work	Amrita Yoga	157345478 <b>Rahu</b> 11:54AM – 1:33PM	Bava <b>Until 6:34AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Dvadashi</b> <b>Until 6:22PM</b>	Moon – Red		<b>Devaloka Day</b>	
			<b>Tamil New Year</b>	<b>Chaitra*</b> <b>Chaitra</b>			

<b>5</b>	<b>Thursday, April 14, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Kanya Rasi: 0.19	Tithi 13 – 14	<b>Gulika</b> 8:36AM – 10:15AM	<b>Uttaraphalguni</b> <b>Until 10:58PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	Sun 26 Subhakit 5124
			Yama 5:18AM – 6:57AM	Dhruva <b>Until 9:26PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 50 - 26
		Amrita Yoga	257345478 <b>Rahu</b> 1:33PM – 3:12PM	Kaulava <b>Until 6:01AM</b>	<b>Nataraja:</b> White		4th Phase
			<b>Trayodashi</b> <b>Until 5:29PM</b>	Moon – Red		<b>Bhuloka Day</b> Devaloka Time: 9:AM to 12:PM	
				<b>Chaitra*</b> <b>Chaitra</b>			

<b>6</b>	<b>Friday, April 15, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
	Kanya Rasi: 13.56	Tithi 14 – 15	<b>Gulika</b> 6:56AM – 8:35AM	<b>Hasta</b> <b>Until 10:11PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:16AM	Sun 27 Subhakit 5124
			Yama 3:13PM – 4:52PM	Vyaghata* <b>Until 7:02PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 50 - 27
	Creative Work	Amrita Yoga	268345478 <b>Rahu</b> 10:15AM – 11:54AM	Visiti <b>Until 3:02AM</b> Sat	<b>Nataraja:</b> White		4th Phase
			<b>Chaturdashi*</b> <b>Until 3:58PM</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
				<b>Chaitra*</b> <b>Chaitra</b>			

	<b>Saturday, April 16, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
	Kanya Rasi: 27.54	Tithi 15 – 16	<b>Gulika</b> 5:15AM – 6:55AM	<b>Chitra</b> <b>Until 8:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	Sun 28 Subhakit 5124
			Yama 1:33PM – 3:13PM	Harshana <b>Until 4:15PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 50 -
	Routine Work	Marana Yoga	268345478 <b>Rahu</b> 8:34AM – 10:14AM	Balava <b>Until 12:48AM</b> Sun	<b>Nataraja:</b> White		Purnima
			<b>Purnima*</b> <b>Until 1:57PM</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
			<b>Chitra Purnima (Tamil Nadu)</b>	<b>Chaitra*</b> <b>Chaitra</b>			

	<b>Sunday, April 17, 2022</b>		Subhakit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT
	Tula Rasi: 12.09	Tithi 16 – 17	<b>Gulika</b> 3:14PM – 4:54PM	<b>Svati</b> <b>Until 6:55PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Sun 29 Subhakit 5124
			Yama 11:53AM – 1:33PM	Vajra* <b>Until 1:09PM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 50 -
	Creative Work	Siddha Yoga	268345478 <b>Rahu</b> 4:54PM – 6:34PM	Taitila <b>Until 10:16PM</b>	<b>Nataraja:</b> White		Prathama
			<b>Prathama*</b> <b>Until 11:33AM</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 6:AM to 9:AM	
				<b>Chaitra*</b> <b>Chaitra</b>			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for on 5/23/19

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