



Wednesday, April 28, 2021
Gold Retreat Star

Vrischika Rasi: 2.51 Tithi 17 – 18

278784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 10:22AM – 12:07PM
Yama 6:53AM – 8:38AM
Rahu 12:07PM – 1:52PM

Vishakha Until 6:44AM
Variyan Until 1:19AM Thu
Vanija Until 1:24AM Thu
Dvitiya Until 3:08PM

Ganesha: Blue *Sunrise:* 5:08AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Rochester, NY
Sutra 17
Plava 5123
Moon 4 - Phase 3 -
1st Phase

Devaloka Day

1

Thursday, April 29, 2021

Vrischika Rasi: 17.53 Tithi 18 – 19

278784469

Routine Work Prabalarishta Yoga
Until 1:31AM Fri
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:37AM – 10:22AM
Yama 5:06AM – 6:51AM
Rahu 1:52PM – 3:38PM

Jyeshtha* Until 1:31AM Fri
Parigha* Until 9:33PM
Bava Until 10:10PM
Tritiya Until 11:43AM

Ganesha: Blue *Sunrise:* 5:06AM
Muruqa: White *Sunset:* 7:07PM
Nataraja: Clear
Moon – Orange
Chaitra•Chaitra

Rochester, NY
Sun 1 Sutra 18
Plava 5123
Moon 4 - Phase 3 - 1
1st Phase

Devaloka Day

2

Friday, April 30, 2021

Dhanus Rasi: 2.38 Tithi 19 – 20

288784469

Creative Work Amrita Yoga
Until 11:45PM
Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:50AM – 8:36AM
Yama 3:38PM – 5:24PM
Rahu 10:21AM – 12:07PM

Mula* Until 11:45PM
Shiva Until 6:11PM
Kaulava Until 7:24PM
Chaturthi* Until 8:42AM

Ganesha: Red *Sunrise:* 5:05AM
Muruqa: White *Sunset:* 7:09PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Rochester, NY
Sun 2 Sutra 19
Plava 5123
Moon 4 - Phase 3 - 2
1st Phase

Sivaloka Day

3

Saturday, May 1, 2021

Dhanus Rasi: 17.01 Tithi 20 – 21

288794469

Creative Work Siddha Yoga
Until 10:28PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Gulika 5:03AM – 6:49AM
Yama 1:53PM – 3:39PM
Rahu 8:35AM – 10:21AM

Purvashadha* Until 10:28PM
Siddha Until 3:15PM
Vanija Until 4:20AM Sun
Panchami Until 6:12AM

Ganesha: Red *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 7:10PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Rochester, NY
Sun 3 Sutra 20
Plava 5123
Moon 4 - Phase 3 - 3
1st Phase

Devaloka Day

4

Sunday, May 2, 2021

Makara Rasi: 1 Tithi 22

288794469

Creative Work Amrita Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:39PM – 5:25PM
Yama 12:07PM – 1:53PM
Rahu 5:25PM – 7:12PM

Uttarashadha Until 9:41PM
Sadhya Until 12:53PM
Visti Until 3:40PM
Saptami Until 3:09AM Mon

Ganesha: Red *Sunrise:* 5:02AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Rochester, NY
Sun 4 Sutra 21
Plava 5123
Moon 4 - Phase 3 - 4
1st Phase

Devaloka Day

Monday, May 3, 2021

Retreat Star

Makara Rasi: 14.33 Tithi 23

Family Home Evening

298794469

Creative Work Amrita Yoga
Until 9:54PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:53PM – 3:40PM
Yama 10:20AM – 12:07PM
Rahu 6:47AM – 8:34AM

Shravana Until 9:54PM
Subha Until 11:04AM
Balava Until 2:50PM
Ashtami* Until 2:40AM Tue

Ganesha: Green *Sunrise:* 5:01AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Rochester, NY
Sun 5 Sutra 22
Plava 5123
Moon 4 - Phase 3 - 5
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 27.43 Tithi 24

298794469

Creative Work Siddha Yoga
Until 10:39PM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 12:07PM – 1:53PM
Yama 8:33AM – 10:20AM
Rahu 3:40PM – 5:27PM

Dhanishtha Until 10:39PM
Sukla Until 9:48AM
Taitila Until 2:42PM
Navami* Until 2:52AM Wed

Ganesha: Green *Sunrise:* 4:59AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Rochester, NY
Sun 6 Sutra 23
Plava 5123
Moon 4 - Phase 3 - 6
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visiti* Karana Dashamyam Titau				Rochester, NY
	Kumbha Rasi: 10.33	Tithi 25	Gulika	10:19AM – 12:06PM	Shatabhishak Until 11:51PM	Ganesha: Red	Sun 7
			Yama	6:45AM – 8:32AM	Brahma Until 9:04AM	Sunrise: 4:58AM	Sutra 24
			299794469 Rahu	12:06PM – 1:54PM	Vanija Until 3:13PM	Sunset: 7:15PM	Plava 5123
Creative Work Siddha Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 7
Until 11:51PM						Moon – Purple	2nd Phase
Then Creative Work - Amrita Yoga						Chaitra*Chaitra	Devaloka Day

2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Kumbha Rasi: 23.05	Tithi 26	Gulika	8:32AM – 10:19AM	Purvaproshtapada* Until 1:54AM Fri	Ganesha: Clear	Sun 8
			Yama	4:57AM – 6:44AM	Indra Until 8:49AM	Sunrise: 4:57AM	Sutra 25
			219794469 Rahu	1:54PM – 3:41PM	Bava Until 4:19PM	Sunset: 7:16PM	Plava 5123
Creative Work Siddha Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 8
						Moon – Clear	2nd Phase
						Chaitra*Chaitra	Devaloka Day

3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Rochester, NY
	Meena Rasi: 5.25	Tithi 27	Gulika	6:43AM – 8:31AM	Uttaraproshtapada Until 4:14AM Sat	Ganesha: Clear	Sun 9
			Yama	3:42PM – 5:29PM	Vaidhrili* Until 8:57AM	Sunrise: 4:55AM	Sutra 26
			219794469 Rahu	10:19AM – 12:06PM	Kaulava Until 5:54PM	Sunset: 7:17PM	Plava 5123
Creative Work Siddha Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 9
Until 4:14AM Sat						Moon – Clear	2nd Phase
Then Routine Work - Prabalarishta Yoga						Chaitra*Chaitra	Devaloka Day

4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Meena Rasi: 17.32	Tithi 27 – 28	Gulika	4:54AM – 6:42AM	Revati Until 6:45AM Sun	Ganesha: Clear	Sun 10
			Yama	1:54PM – 3:42PM	Vishkambha* Until 9:25AM	Sunrise: 4:54AM	Sutra 27
			219794469 Rahu	8:30AM – 10:18AM	Gara Until 7:53PM	Sunset: 7:18PM	Plava 5123
Routine Work Prabalarishta Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 10
Until 6:45AM Sun						Moon – Clear	2nd Phase
Then Creative Work - Siddha Yoga						Chaitra*Chaitra	Devaloka Day

5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vanija/Visiti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Meena Rasi: 29.32	Tithi 28 – 29	Gulika	3:43PM – 5:31PM	Revati Until 6:45AM	Ganesha: Clear	Sun 11
			Yama	12:06PM – 1:55PM	Priti Until 10:10AM	Sunrise: 4:53AM	Sutra 28
			219794469 Rahu	5:31PM – 7:19PM	Visti Until 10:11PM	Sunset: 7:19PM	Plava 5123
Creative Work Amrita Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 11
Until 6:45AM						Moon – Clear	2nd Phase
Then Creative Work - Siddha Yoga		Mother's Day	Trayodashi* Until 8:59AM		Chaitra*Chaitra	Devaloka Day	

●	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika	1:55PM – 3:43PM	Ashvini Until 9:52AM	Ganesha: Orange	Sun 12
	Mesha Rasi: 11.25	Tithi 29 – 30	Yama	10:18AM – 12:06PM	Ayushman Until 11:05AM	Sunrise: 4:52AM	Sutra 29
			229794469 Rahu	6:40AM – 8:29AM	Catuspada Until 12:41AM Tue	Sunset: 7:21PM	Plava 5123
Family Home Evening						Nataraja: Clear	Moon 4 - Phase 4 - 12
Creative Work Siddha Yoga						Moon – White	Amavasya
						Chaitra*Chaitra	Devaloka Day

●	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
	Retreat Star		Gulika	12:06PM – 1:55PM	Bharani Until 12:59PM	Ganesha: Orange	Sun 13
	Mesha Rasi: 23.14	Tithi 30 – 1	Yama	8:28AM – 10:17AM	Saubhagya Until 12:08PM	Sunrise: 4:51AM	Sutra 30
			229794469 Rahu	3:44PM – 5:33PM	Kintughna Until 3:19AM Wed	Sunset: 7:22PM	Plava 5123
Creative Work Siddha Yoga						Nataraja: Clear	Moon 4 - Phase 4 - 13
						Moon – White	Prathama
						Vaisaka*Chaitra	Devaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY	
	Wrishabha Rasi: 5.01	Tithi 1 – 2					Sun 14	
			229794469	Gulika Yama Rahu	10:17AM – 12:06PM 6:39AM – 8:28AM 12:06PM – 1:55PM	Krittika Until 3:58PM Sobhana Until 1:16PM Balava Until 5:56AM Thu Prathama* Until 4:36PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 4:49AM Sunset: 7:23PM Moon 4 - Phase 5 - 14 3rd Phase
	Creative Work	Amrita Yoga					Devaloka Day	
							Vaisaka-Chaitra	
							Devaloka Time: 3:PM to 6:PM	

2	Thursday, May 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvitiyayam Titau				Rochester, NY	
	Wrishabha Rasi: 16.48	Tithi 2					Sun 15	
			231794469	Gulika Yama Rahu	8:27AM – 10:17AM 4:48AM – 6:38AM 1:56PM – 3:45PM	Rohini Until 7:15PM Athiganda* Until 2:19PM Kaulava Until 7:10PM Dvitiya Until 7:10PM	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:48AM Sunset: 7:24PM Moon 4 - Phase 5 - 15 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day	
							Vaisaka-Chaitra	
							Devaloka Time: 3:PM to 6:PM	

3	Friday, May 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Rochester, NY	
	Wrishabha Rasi: 28.38	Tithi 3					Sun 16	
			231894469	Gulika Yama Rahu	6:37AM – 8:27AM 3:45PM – 5:35PM 10:16AM – 12:06PM	Mrigashira Until 10:10PM Sukarma Until 3:15PM Tailila Until 8:24AM Tritiya Until 9:32PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:47AM Sunset: 7:25PM Moon 4 - Phase 5 - 16 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

4	Saturday, May 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Rochester, NY	
	Mithuna Rasi: 10.34	Tithi 4					Sun 17	
			231894469	Gulika Yama Rahu	4:46AM – 6:36AM 1:56PM – 3:46PM 8:26AM – 10:16AM	Ardra Until 12:35AM Sun Dhriti Until 3:59PM Vanija Until 10:37AM Chaturthi* Until 11:34PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:46AM Sunset: 7:26PM Moon 4 - Phase 5 - 17 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

5	Sunday, May 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY	
	Mithuna Rasi: 22.38	Tithi 5					Sun 18	
			241894469	Gulika Yama Rahu	3:47PM – 5:37PM 12:06PM – 1:56PM 5:37PM – 7:27PM	Punarvasu Until 2:53AM Mon Shula* Until 4:21PM Bava Until 12:26PM Panchami Until 1:08AM Mon	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:45AM Sunset: 7:27PM Moon 4 - Phase 5 - 18 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

6	Monday, May 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda*/Vridhhi Yoga Kaulava/Tailila Karana Shashthyam Titau				Rochester, NY	
	Kataka Rasi: 4.56	Tithi 6					Sun 19	
	Family Home Evening		241894469	Gulika Yama Rahu	1:57PM – 3:47PM 10:16AM – 12:06PM 6:35AM – 8:25AM	Pushya Until 4:26AM Tue Ganda* Until 4:19PM Kaulava Until 1:43PM Shashthi* Until 2:06AM Tue	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:44AM Sunset: 7:28PM Moon 4 - Phase 5 - 19 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

Retreat Star	Tuesday, May 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY	
	Kataka Rasi: 17.29	Tithi 7					Sun 20	
			241894469	Gulika Yama Rahu	12:06PM – 1:57PM 8:25AM – 10:15AM 3:48PM – 5:38PM	Ashlesha* Until 5:10AM Wed Vridhhi Until 3:47PM Gara Until 2:21PM Saptami Until 2:23AM Wed	Ganesha: Red Muruqa: Yellow Nataraja: Clear Moon – Blue	Sunrise: 4:43AM Sunset: 7:29PM Moon 4 - Phase 5 - 20 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

Retreat Star	Wednesday, May 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY	
	Simha Rasi: 0.22	Tithi 8					Sun 21	
			251894469	Gulika Yama Rahu	10:15AM – 12:06PM 6:33AM – 8:24AM 12:06PM – 1:57PM	Magha* Until 5:27AM Thu Dhruva Until 2:39PM Visti Until 2:15PM Ashtami* Until 1:54AM Thu	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:42AM Sunset: 7:30PM Moon 4 - Phase 5 - 21 Ashtami
	Creative Work	Siddha Yoga					Bhuloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

Retreat Star	Thursday, May 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY	
	Simha Rasi: 13.38	Tithi 9					Sun 22	
			251894469	Gulika Yama Rahu	8:24AM – 10:15AM 4:41AM – 6:33AM 1:57PM – 3:49PM	Purvaphalguni Until 4:51AM Fri Vyaghata* Until 12:56PM Balava Until 1:25PM Navami* Until 12:41AM Fri	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Red	Sunrise: 4:41AM Sunset: 7:31PM Moon 4 - Phase 5 - 22 Navami
	Creative Work	Siddha Yoga					Bhuloka Day	
							Vaisaka-Vaikasi	
							Devaloka Time: 3:PM to 6:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
	Simha Rasi: 27.19	Tithi 10	Gulika 6:32AM – 8:23AM	Uttaraphalguni Until 3:25AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Sun 23 Sutra 40
		251894469	Yama 3:49PM – 5:41PM	Harshana Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Plava 5123
			Rahu 10:15AM – 12:06PM	Taitila Until 11:49AM	Nataraja: Clear		Moon 4 - Phase 6 - 23
				Dashami Until 10:45PM	Moon – Red		4th Phase
					Vaisaka-Vaikasi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
	Kanya Rasi: 11.26	Tithi 11	Gulika 4:40AM – 6:31AM	Hasta Until 1:39AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM	Sun 24 Sutra 41
		261894469	Yama 1:58PM – 3:50PM	Vajra* Until 7:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Plava 5123
			Rahu 8:23AM – 10:15AM	Vanija Until 9:33AM	Nataraja: Clear		Moon 4 - Phase 6 - 24
				Ekadashi Until 8:11PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Devaloka Day	

3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vyatipata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Kanya Rasi: 25.59	Tithi 12 – 13	Gulika 3:50PM – 5:42PM	Chitra Until 11:16PM	Ganesha: White	<i>Sunrise:</i> 4:39AM	Sun 25 Sutra 42
		262894469	Yama 12:06PM – 1:58PM	Vyatipata* Until 12:40AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Plava 5123
			Rahu 5:42PM – 7:34PM	Bava Until 6:43AM	Nataraja: Clear		Moon 4 - Phase 6 - 25
				Dvadashi Until 5:07PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Sivaloka Day	

Pradosha Vrata

4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Varyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Tula Rasi: 10.51	Tithi 13 – 14	Gulika 1:59PM – 3:51PM	Svati Until 8:25PM	Ganesha: White	<i>Sunrise:</i> 4:38AM	Sun 26 Sutra 43
		262894469	Yama 10:14AM – 12:06PM	Variyan Until 8:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Plava 5123
			Rahu 6:30AM – 8:22AM	Gara Until 11:51PM	Nataraja: Clear		Moon 4 - Phase 6 - 26
				Trayodashi Until 1:39PM	Moon – Green		4th Phase
					Vaisaka-Vaikasi	Sivaloka Day	

	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY
	Tula Rasi: 25.57	Tithi 14 – 15	Gulika 12:07PM – 1:59PM	Vishakha Until 5:39PM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Sun 27 Sutra 44
		372894469	Yama 8:22AM – 10:14AM	Parigha* Until 4:29PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Plava 5123
			Rahu 3:51PM – 5:44PM	Visti Until 8:07PM	Nataraja: Clear		Moon 4 - Phase 6 - 27
				Chaturdashi* Until 9:59AM	Moon – Orange		Purnima
					Vaisaka-Vaikasi	Sivaloka Day	

○	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Rochester, NY
	Vrischika Rasi: 11.08	Tithi 15 – 16	Gulika 10:14AM – 12:07PM	Anuradha Until 2:44PM	Ganesha: White	<i>Sunrise:</i> 4:36AM	Sun 28 Sutra 45
		372894469	Yama 6:29AM – 8:22AM	Shiva Until 12:20PM	Muruqa: Yellow	<i>Sunset:</i> 7:37PM	Plava 5123
			Rahu 12:07PM – 1:59PM	Kaulava Until 2:33AM Thu	Nataraja: Clear		Moon 4 - Phase 6 -
				Purnima* Until 6:13AM	Moon – Orange		Prathama
					Vaisaka-Vaikasi	Sivaloka Day	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Thursday, May 27, 2021
Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvityayam Titau

Rochester, NY
Sutra 46
Plava 5123

Vrischika Rasi: 26.15 Tithi 17

372894469

Gulika 8:21AM – 10:14AM
Yama 4:36AM – 6:29AM
Rahu 2:00PM – 3:52PM

Jyeshtha* Until 11:51AM
Siddha Until 8:15AM
Taitila Until 12:49PM
Dvitiya Until 11:08PM

Ganesha: White *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 7:38PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

Moon 5 - Phase 7 -
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 11:51AM
Then Creative Work - Siddha Yoga

1

Friday, May 28, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha Yoga Vanija/Visti* Karana Trityayam Titau

Rochester, NY
Sun 1 Sutra 47
Plava 5123

Dhanus Rasi: 11.09 Tithi 18

382894469

Gulika 6:28AM – 8:21AM
Yama 3:53PM – 5:46PM
Rahu 10:14AM – 12:07PM

Mula* Until 9:32AM
Subha Until 12:59AM Sat
Vanija Until 9:34AM
Tritiya Until 8:06PM

Ganesha: Clear *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:39PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 1
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 9:32AM
Then Routine Work - Prabalarishta Yoga

2

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
Sun 2 Sutra 48
Plava 5123

Dhanus Rasi: 25.43 Tithi 19 – 20

382894469

Gulika 4:35AM – 6:28AM
Yama 2:00PM – 3:53PM
Rahu 8:21AM – 10:14AM

Purvashadha* Until 7:34AM
Sukla Until 9:59PM
Bava Until 6:47AM
Chaturthi* Until 5:35PM

Ganesha: Clear *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:40PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 2
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 7:34AM
Then Routine Work - Marana Yoga

3

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Rochester, NY
Sun 3 Sutra 49
Plava 5123

Makara Rasi: 9.52 Tithi 20 – 21

382894469

Gulika 3:54PM – 5:47PM
Yama 12:07PM – 2:00PM
Rahu 5:47PM – 7:40PM

Uttarashadha Until 6:03AM
Brahma Until 7:32PM
Gara Until 3:06AM Mon
Panchami Until 3:44PM

Ganesha: Clear *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 7:40PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 3
1st Phase

Devaloka Day

Creative Work Amrita Yoga

4

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY
Sun 4 Sutra 50
Plava 5123

Makara Rasi: 23.35 Tithi 21 – 22

392894469

Gulika 2:01PM – 3:54PM
Yama 10:14AM – 12:07PM
Rahu 6:27AM – 8:20AM

Dhanishtha Until 5:38AM Tue
Indra Until 5:43PM
Visti Until 2:23AM Tue
Shashthi* Until 2:38PM

Ganesha: Purple *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:41PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 4
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Until 5:38AM Tue
Then Routine Work - Marana Yoga

D

Tuesday, June 1, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY
Sun 5 Sutra 51
Plava 5123

Kumbha Rasi: 6.52 Tithi 22 – 23

392894469

Gulika 12:07PM – 2:01PM
Yama 8:20AM – 10:14AM
Rahu 3:55PM – 5:48PM

Shatabhishak Until 6:20AM Wed
Vaidhriti* Until 4:30PM
Balava Until 2:27AM Wed
Saptami Until 2:18PM

Ganesha: Purple *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:42PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 5
Ashtami

Sivaloka Day

Routine Work Marana Yoga
Until 6:20AM Wed
Then Creative Work - Amrita Yoga

Wednesday, June 2, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Prithi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY
Sun 6 Sutra 52
Plava 5123

Kumbha Rasi: 19.44 Tithi 23 – 24

392894469

Gulika 10:14AM – 12:08PM
Yama 6:26AM – 8:20AM
Rahu 12:08PM – 2:01PM

Shatabhishak Until 6:20AM
Vishkambha* Until 3:54PM
Taitila Until 3:15AM Thu
Ashtami* Until 2:45PM

Ganesha: Purple *Sunrise:* 4:32AM
Muruqa: Yellow *Sunset:* 7:43PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Moon 5 - Phase 7 - 6
Navami

Sivaloka Day

Creative Work Siddha Yoga
Until 6:20AM
Then Creative Work - Amrita Yoga

1	Thursday, June 3, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashyam Titau				Rochester, NY
	Meena Rasi: 2.16	Tithi 24 – 25	Gulika 8:20AM – 10:14AM	Purvaproshtapada* Until 8:04AM	Ganesha: Blue	<i>Sunrise:</i> 4:32AM	Sun 7 Sutra 53
			Yama 4:32AM – 6:26AM	Priti Until 3:52PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Plava 5123
	312894469	Rahu 2:02PM – 3:56PM		Vanija Until 4:43AM Fri	Nataraja: Clear		Moon 5 - Phase 8 - 7 2nd Phase
Creative Work	Siddha Yoga		Navami* Until 3:53PM	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			


2	Friday, June 4, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Meena Rasi: 14.31	Tithi 25 – 26	Gulika 6:26AM – 8:20AM	Uttaraproshtapada Until 10:15AM	Ganesha: Blue	<i>Sunrise:</i> 4:31AM	Sun 8 Sutra 54
			Yama 3:56PM – 5:50PM	Ayushman Until 4:15PM	Muruqa: Yellow	<i>Sunset:</i> 7:44PM	Plava 5123
	312894469	Rahu 10:14AM – 12:08PM		Bava Until 6:41AM Sat	Nataraja: Clear		Moon 5 - Phase 8 - 8 2nd Phase
Creative Work	Siddha Yoga		Dashami Until 5:37PM	Moon – Clear		Sivaloka Day	
				Vaisaka-Vaikasi			


3	Saturday, June 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Meena Rasi: 26.33	Tithi 26	Gulika 4:31AM – 6:25AM	Revati Until 12:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:31AM	Sun 9 Sutra 55
			Yama 2:02PM – 3:57PM	Saubhagya Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:45PM	Plava 5123
	313894461	Rahu 8:20AM – 10:14AM		Bava Until 6:41AM	Nataraja: Yellow		Moon 5 - Phase 8 - 9 2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 7:48PM	Moon – Clear		Devaloka Day	
Until 12:45PM				Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga							

4	Sunday, June 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
	Mesha Rasi: 8.26	Tithi 27	Gulika 3:57PM – 5:51PM	Ashvini Until 3:54PM	Ganesha: Blue	<i>Sunrise:</i> 4:31AM	Sun 10 Sutra 56
			Yama 12:08PM – 2:03PM	Sobhana Until 6:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Plava 5123
	323894461	Rahu 5:51PM – 7:46PM		Kaulava Until 9:02AM	Nataraja: Yellow		Moon 5 - Phase 8 - 10 2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:16PM	Moon – White		Bhuloka Day	
Until 3:54PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga							

5	Monday, June 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Mesha Rasi: 20.15	Tithi 28	Gulika 2:03PM – 3:57PM	Bharani Until 7:02PM	Ganesha: Blue	<i>Sunrise:</i> 4:30AM	Sun 11 Sutra 57
	Family Home Evening		Yama 10:14AM – 12:08PM	Athiganda* Until 7:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Plava 5123
	323894461	Rahu 6:25AM – 8:19AM		Gara Until 11:36AM	Nataraja: Yellow		Moon 5 - Phase 8 - 11 2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:53AM Tue	Moon – White		Bhuloka Day	
Until 7:02PM			<i>Pradosha Vrata (Fasting)</i>	Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

6	Tuesday, June 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Vrishabha Rasi: 2.02	Tithi 29	Gulika 12:09PM – 2:03PM	Krittika Until 10:02PM	Ganesha: Red	<i>Sunrise:</i> 4:30AM	Sun 12 Sutra 58
			Yama 8:19AM – 10:14AM	Sukarma Until 8:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Plava 5123
	323994461	Rahu 3:58PM – 5:52PM		Visti Until 2:13PM	Nataraja: Yellow		Moon 5 - Phase 8 - 12 2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:28AM Wed	Moon – White		Devaloka Day	
Until 10:02PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							

	Wednesday, June 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika 10:14AM – 12:09PM	Rohini Until 1:14AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sun 13 Sutra 59
	Vrishabha Rasi: 13.49	Tithi 30	Yama 6:25AM – 8:19AM	Dhriti Until 9:17PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Plava 5123
	333994461	Rahu 12:09PM – 2:03PM		Catuspada Until 4:44PM	Nataraja: Yellow		Moon 5 - Phase 8 - 13 Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:54AM Thu	Moon – Yellow		Devaloka Day	
Until 1:14AM Thu				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

	Thursday, June 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna* Karana Prathamayam Titau				Rochester, NY
	Retreat Star		Gulika 8:19AM – 10:14AM	Mrigashira Until 4:02AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sun 14 Sutra 60
	Vrishabha Rasi: 25.41	Tithi 1	Yama 4:30AM – 6:25AM	Shula* Until 10:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Plava 5123
	333994461	Rahu 2:04PM – 3:59PM		Kintughna Until 7:03PM	Nataraja: Yellow		Moon 5 - Phase 8 - 14 Prathama
Routine Work	Marana Yoga		Prathama* Until 8:04AM Fri	Moon – Yellow		Devaloka Day	
Until 4:02AM Fri				Jyeshtha-Vaikasi			
Then Creative Work - Siddha Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1	Friday, June 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
	Mithuna Rasi: 7.38	Tithi 1 – 2	Gulika 6:24AM – 8:19AM	Ardra Until 6:19AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sun 15 Sutra 61
			Yama 3:59PM – 5:54PM	Ganda* Until 10:43PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Plava 5123
	333994461	Rahu 10:14AM – 12:09PM	Balava Until 9:02PM	Nataraja: Yellow			Moon 5 - Phase 9 - 15 3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:04AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

2	Saturday, June 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
	Mithuna Rasi: 19.44	Tithi 2 – 3	Gulika 4:29AM – 6:24AM	Ardra Until 6:19AM	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Sun 16 Sutra 62
			Yama 2:04PM – 3:59PM	Vriddhi Until 11:02PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Plava 5123
	333994461	Rahu 8:19AM – 10:14AM	Taitila Until 10:37PM	Nataraja: Yellow			Moon 5 - Phase 9 - 16 3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:52AM	Moon – Yellow		Devaloka Day	
				Jyeshtha-Vaikasi			

3	Sunday, June 13, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rochester, NY
	Kataka Rasi: 2.01	Tithi 3 – 4	Gulika 4:00PM – 5:55PM	Punarvasu Until 8:32AM	Ganesha: Red	<i>Sunrise:</i> 4:29AM	Sun 17 Sutra 63
			Yama 12:10PM – 2:05PM	Dhruva Until 10:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	343994461	Rahu 5:55PM – 7:50PM	Vanija Until 11:45PM	Nataraja: Yellow			Moon 5 - Phase 9 - 17 3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:14AM	Moon – Blue		Devaloka Day	
				Jyeshtha-Vaikasi			

4	Monday, June 14, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY
	Kataka Rasi: 14.29	Tithi 4 – 5	Gulika 2:05PM – 4:00PM	Pushya Until 10:07AM	Ganesha: Red	<i>Sunrise:</i> 4:29AM	Sun 18 Sutra 64
			Yama 10:15AM – 12:10PM	Vyaghata* Until 10:30PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Plava 5123
	343994461	Rahu 6:24AM – 8:20AM	Bava Until 12:23AM Tue	Nataraja: Yellow			Moon 5 - Phase 9 - 18 3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:07PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Ani			

5	Tuesday, June 15, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
	Kataka Rasi: 27.12	Tithi 5 – 6	Gulika 12:10PM – 2:05PM	Ashlesha* Until 11:03AM	Ganesha: Red	<i>Sunrise:</i> 4:29AM	Sun 19 Sutra 65
			Yama 8:20AM – 10:15AM	Harshana Until 9:38PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Plava 5123
	343994461	Rahu 4:00PM – 5:55PM	Kaulava Until 12:28AM Wed	Nataraja: Yellow			Moon 5 - Phase 9 - 19 3rd Phase
Creative Work	Siddha Yoga		Panchami Until 12:29PM	Moon – Blue		Devaloka Day	
				Jyeshtha-Ani			

6	Wednesday, June 16, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY
	Simha Rasi: 10.1	Tithi 6 – 7	Gulika 10:15AM – 12:10PM	Magha* Until 11:45AM	Ganesha: Blue	<i>Sunrise:</i> 4:29AM	Sun 20 Sutra 66
			Yama 6:25AM – 8:20AM	Vajra* Until 8:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Plava 5123
	353994461	Rahu 12:10PM – 2:05PM	Gara Until 12:00AM Thu	Nataraja: Yellow			Moon 5 - Phase 9 - 20 3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:17PM	Moon – Red		Sivaloka Day	
Until 11:45AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

D	Thursday, June 17, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY
	Retreat Star		Gulika 8:20AM – 10:15AM	Purvaphalguni Until 11:43AM	Ganesha: Blue	<i>Sunrise:</i> 4:29AM	Sun 21 Sutra 67
	Simha Rasi: 23.26	Tithi 7 – 8	Yama 4:29AM – 6:25AM	Siddhi Until 6:31PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Plava 5123
	353994461	Rahu 2:06PM – 4:01PM	Visti Until 10:57PM	Nataraja: Yellow			Moon 5 - Phase 9 - 21 Ashtami
Creative Work	Siddha Yoga		Saptami Until 11:32AM	Moon – Red		Sivaloka Day	
				Jyeshtha-Ani			

D	Friday, June 18, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY
	Retreat Star		Gulika 6:25AM – 8:20AM	Uttaraphalguni Until 10:59AM	Ganesha: Blue	<i>Sunrise:</i> 4:29AM	Sun 22 Sutra 68
	Kanya Rasi: 7.02	Tithi 8 – 9	Yama 4:01PM – 5:56PM	Vyatipata* Until 4:16PM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Plava 5123
	353994461	Rahu 10:15AM – 12:11PM	Balava Until 9:19PM	Nataraja: Yellow			Moon 5 - Phase 9 - 22 Navami
Creative Work	Siddha Yoga		Ashtami* Until 10:11AM	Moon – Red		Sivaloka Day	
Until 10:59AM				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Saturday, June 19, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Varyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 69 Plava 5123
	Kanya Rasi: 20.59	Tithi 9 – 10	Gulika 4:30AM – 6:25AM	Hasta Until 9:58AM	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	
			Yama 2:06PM – 4:01PM	Variyan Until 1:33PM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 10 - 23
	Routine Work	Marana Yoga	Rahu 8:20AM – 10:15AM	Taitila Until 7:09PM	Nataraja: Yellow		4th Phase
			Navami* Until 8:16AM	Jyeshtha-Ani	Devaloka Day		

2	Sunday, June 20, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY Sun 24 Sutra 70 Plava 5123
	Tula Rasi: 5.16	Tithi 11	Gulika 4:02PM – 5:57PM	Chitra Until 8:18AM	Ganesha: White	<i>Sunrise:</i> 4:30AM	
			Yama 12:11PM – 2:06PM	Parigha* Until 10:27AM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 10 - 24
	Creative Work	Siddha Yoga	Rahu 5:57PM – 7:52PM	Vanija Until 4:30PM	Nataraja: Yellow		4th Phase
			Father's Day	Ekadashi Until 3:01AM Mon	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Monday, June 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvodashyam Titau				Rochester, NY Sun 25 Sutra 71 Plava 5123
	Tula Rasi: 19.51	Tithi 12	Gulika 2:07PM – 4:02PM	Svati Until 6:05AM	Ganesha: White	<i>Sunrise:</i> 4:30AM	
	Family Home Evening		Yama 10:16AM – 12:11PM	Shiva Until 7:00AM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 10 - 25
	Creative Work	Amrita Yoga	Rahu 6:25AM – 8:21AM	Bava Until 1:28PM	Nataraja: Yellow		4th Phase
			Dvodashi Until 11:50PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 6:05AM Then Routine Work - Marana Yoga							

4	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY Sun 26 Sutra 72 Plava 5123
	Vrischika Rasi: 4.4	Tithi 13	Gulika 12:11PM – 2:07PM	Anuradha Until 1:14AM Wed	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	
			Yama 8:21AM – 10:16AM	Sadhya Until 11:25PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 10 - 26
	Creative Work	Siddha Yoga	Rahu 4:02PM – 5:57PM	Kaulava Until 10:11AM	Nataraja: Yellow		4th Phase
			Trayodashi Until 8:27PM	Jyeshtha-Ani	Devaloka Day		
			<i>Pradosha Vrata</i>				

5	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 27 Sutra 73 Plava 5123
	Vrischika Rasi: 19.38	Tithi 14 – 15	Gulika 10:16AM – 12:12PM	Jyeshtha* Until 10:29PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	
			Yama 6:26AM – 8:21AM	Subha Until 7:32PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 10 - 27
	Creative Work	Siddha Yoga	Rahu 12:12PM – 2:07PM	Gara Until 6:44AM	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 5:00PM	Jyeshtha-Ani	Devaloka Day		
Until 10:29PM Then Routine Work - Marana Yoga							

○	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 28 Sutra 74 Plava 5123
	Copper Retreat Star		Gulika 8:21AM – 10:17AM	Mula* Until 8:07PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	
	Dhanus Rasi: 4.35	Tithi 15 – 16	Yama 4:31AM – 6:26AM	Sukla Until 3:41PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 10 - Purnima
	Creative Work	Siddha Yoga	Rahu 2:07PM – 4:02PM	Balava Until 12:01AM Fri	Nataraja: Yellow		
			Purnima* Until 1:37PM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

○	Friday, June 25, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY Sun 29 Sutra 75 Plava 5123
	Silver Retreat Star		Gulika 6:26AM – 8:22AM	Purvashadha* Until 5:53PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	
	Dhanus Rasi: 19.24	Tithi 16 – 17	Yama 4:03PM – 5:58PM	Brahma Until 12:04PM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 10 - Prathama
	Creative Work	Prabalarishta Yoga	Rahu 10:17AM – 12:12PM	Taitila Until 9:02PM	Nataraja: Yellow		
			Prathama* Until 10:28AM	Jyeshtha-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 5:53PM Then Routine Work - Marana Yoga							

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda



Saturday, June 26, 2021
Gold Retreat Star

Makara Rasi: 3.58 Tithi 17 - 18

384994461

Gulika 4:31AM - 6:27AM
Yama 2:07PM - 4:03PM
Rahu 8:22AM - 10:17AM

Uttarashadha Until 3:56PM

Indra Until 8:46AM

Vanija Until 6:30PM

Dvitiya Until 7:41AM

Ganesha: Purple

Muruqa: Yellow

Nataraja: Yellow

Moon - Light Blue

Jyeshtha-Ani

Sunrise: 4:31AM

Sunset: 7:53PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Rochester, NY

Sun 1 Sutra 76

Plava 5123

Moon 6 - Phase 11 - 1

1st Phase

Routine Work Marana Yoga

Until 3:56PM

Then Creative Work - Siddha Yoga

1

Sunday, June 27, 2021

Makara Rasi: 18.11 Tithi 19

394994461

Gulika 4:03PM - 5:58PM
Yama 12:12PM - 2:08PM
Rahu 5:58PM - 7:53PM

Shravana Until 2:51PM

Vishkambha* Until 3:33AM Mon

Bava Until 4:32PM

Chaturthi* Until 3:48AM Mon

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 4:32AM

Sunset: 7:53PM

Devaloka Day

Rochester, NY

Sun 2 Sutra 77

Plava 5123

Moon 6 - Phase 11 - 2

1st Phase

Creative Work Amrita Yoga

Until 2:51PM

Then Routine Work - Marana Yoga

2

Monday, June 28, 2021

Kumbha Rasi: 1.59 Tithi 20

Family Home Evening

394994461

Gulika 2:08PM - 4:03PM
Yama 10:18AM - 12:13PM
Rahu 6:27AM - 8:22AM

Dhanishtha Until 2:19PM

Priti Until 1:50AM Tue

Kaulava Until 3:17PM

Panchami Until 2:56AM Tue

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 4:32AM

Sunset: 7:53PM

Devaloka Day

Rochester, NY

Sun 3 Sutra 78

Plava 5123

Moon 6 - Phase 11 - 3

1st Phase

Creative Work Siddha Yoga

3

Tuesday, June 29, 2021

Kumbha Rasi: 15.2 Tithi 21

394994461

Gulika 12:13PM - 2:08PM
Yama 8:23AM - 10:18AM
Rahu 4:03PM - 5:58PM

Shatabhishak Until 2:24PM

Ayushman Until 12:44AM Wed

Gara Until 2:49PM

Shashthi* Until 2:52AM Wed

Ganesha: Clear

Muruqa: Yellow

Nataraja: Yellow

Moon - Purple

Jyeshtha-Ani

Sunrise: 4:33AM

Sunset: 7:53PM

Devaloka Day

Rochester, NY

Sun 4 Sutra 79

Plava 5123

Moon 6 - Phase 11 - 4

1st Phase

Routine Work Marana Yoga

4

Wednesday, June 30, 2021

Kumbha Rasi: 28.16 Tithi 22

314994461

Gulika 10:18AM - 12:13PM
Yama 6:28AM - 8:23AM
Rahu 12:13PM - 2:08PM

Purvaproshtapada* Until 3:34PM

Saubhagya Until 12:16AM Thu

Visti Until 3:09PM

Saptami Until 3:35AM Thu

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 4:33AM

Sunset: 7:53PM

Devaloka Day

Rochester, NY

Sun 5 Sutra 80

Plava 5123

Moon 6 - Phase 11 - 5

1st Phase

Creative Work Amrita Yoga

Until 3:34PM

Then Creative Work - Siddha Yoga

Retreat Star

Thursday, July 1, 2021

Meena Rasi: 10.5 Tithi 23

314994461

Gulika 8:23AM - 10:18AM
Yama 4:34AM - 6:29AM
Rahu 2:08PM - 4:03PM

Uttaraproshtapada Until 5:20PM

Sobhana Until 12:23AM Fri

Balava Until 4:14PM

Ashtami* Until 5:01AM Fri

Ganesha: Yellow

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 4:34AM

Sunset: 7:53PM

Devaloka Day

Rochester, NY

Sun 6 Sutra 81

Plava 5123

Moon 6 - Phase 11 - 6

Ashtami

Creative Work Siddha Yoga

Friday, July 2, 2021

Retreat Star

Meena Rasi: 23.05 Tithi 24

315194461

Gulika 6:29AM - 8:24AM
Yama 4:03PM - 5:58PM
Rahu 10:19AM - 12:13PM

Revati Until 7:33PM

Athiganda* Until 12:56AM Sat

Taitila Until 5:59PM

Navami* Until 7:02AM Sat

Ganesha: White

Muruqa: Yellow

Nataraja: Yellow

Moon - Clear

Jyeshtha-Ani

Sunrise: 4:34AM

Sunset: 7:53PM

Sivaloka Day

Rochester, NY

Sun 7 Sutra 82

Plava 5123

Moon 6 - Phase 11 - 7

Navami

Creative Work Siddha Yoga

Until 7:33PM

Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rochester, NY
	Mesha Rasi: 5.07	Tithi 24 – 25			Sun 8	Sutra 83	Plava 5123
			325194461	Gulika 4:35AM – 6:29AM Yama 2:08PM – 4:03PM Rahu 8:24AM – 10:19AM	Ashvini Until 10:34PM Sukarma Until 1:50AM Sun Vanija Until 8:13PM Navami* Until 7:02AM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM Muruqa: Yellow <i>Sunset:</i> 7:52PM Nataraja: Yellow Moon – White	Moon 6 - Phase 12 - 8 2nd Phase
	Creative Work	Siddha Yoga			Jyeshtha-Ani	Devaloka Day	

2	Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Mesha Rasi: 16.59	Tithi 25 – 26			Sun 9	Sutra 84	Plava 5123
			325194461	Gulika 4:03PM – 5:58PM Yama 12:14PM – 2:08PM Rahu 5:58PM – 7:52PM	Bharani Until 1:39AM Mon Dhriti Until 2:56AM Mon Bava Until 10:43PM Dashami Until 9:25AM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM Muruqa: Yellow <i>Sunset:</i> 7:52PM Nataraja: Yellow Moon – White	Moon 6 - Phase 12 - 9 2nd Phase
	Routine Work	Prabalarishta Yoga			Jyeshtha-Ani	Devaloka Day	


3	Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Mesha Rasi: 28.47	Tithi 26 – 27			Sun 10	Sutra 85	Plava 5123
	Family Home Evening		325194461	Gulika 2:08PM – 4:03PM Yama 10:19AM – 12:14PM Rahu 6:30AM – 8:25AM	Krittika Until 4:38AM Tue Shula* Until 4:02AM Tue Kaulava Until 1:18AM Tue Ekadashi* Until 12:00PM	Ganesha: Yellow <i>Sunrise:</i> 4:36AM Muruqa: Yellow <i>Sunset:</i> 7:52PM Nataraja: Yellow Moon – White	Moon 6 - Phase 12 - 10 2nd Phase
	Routine Work	Marana Yoga			Jyeshtha-Ani	Devaloka Day	


4	Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ganda* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Vrishabha Rasi: 10.35	Tithi 27 – 28			Sun 11	Sutra 86	Plava 5123
			435194461	Gulika 12:14PM – 2:08PM Yama 8:25AM – 10:20AM Rahu 4:03PM – 5:57PM	Rohini Until 7:48AM Wed Ganda* Until 5:02AM Wed Gara Until 3:46AM Wed Dvadashi* Until 2:32PM	Ganesha: Yellow <i>Sunrise:</i> 4:37AM Muruqa: Yellow <i>Sunset:</i> 7:52PM Nataraja: Yellow Moon – Yellow	Moon 6 - Phase 12 - 11 2nd Phase
	Creative Work	Amrita Yoga			Jyeshtha-Ani	Devaloka Day	

Pradosha Vrata (Fasting)

5	Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Vrishabha Rasi: 22.26	Tithi 28 – 29			Sun 12	Sutra 87	Plava 5123
			435194461	Gulika 10:20AM – 12:14PM Yama 6:32AM – 8:26AM Rahu 12:14PM – 2:08PM	Rohini Until 7:48AM Vriddhi Until 5:49AM Thu Visti Until 5:55AM Thu Trayodashi* Until 4:52PM	Ganesha: Yellow <i>Sunrise:</i> 4:37AM Muruqa: Yellow <i>Sunset:</i> 7:51PM Nataraja: Yellow Moon – Yellow	Moon 6 - Phase 12 - 12 2nd Phase
	Creative Work	Siddha Yoga			Jyeshtha-Ani	Devaloka Day	

6	Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Mithuna Rasi: 4.24	Tithi 29			Sun 13	Sutra 88	Plava 5123
			435194461	Gulika 8:26AM – 10:20AM Yama 4:38AM – 6:32AM Rahu 2:08PM – 4:03PM	Mrigashira Until 10:29AM Dhruva Until 6:15AM Fri Sakuni Until 6:50PM Chaturdashi* Until 6:50PM	Ganesha: Yellow <i>Sunrise:</i> 4:38AM Muruqa: Yellow <i>Sunset:</i> 7:51PM Nataraja: Yellow Moon – Yellow	Moon 6 - Phase 12 - 13 2nd Phase
	Routine Work	Marana Yoga			Jyeshtha-Ani	Devaloka Day	

	Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY
	Retreat Star				Sun 14	Sutra 89	Plava 5123
	Mithuna Rasi: 16.32	Tithi 30			Moon 6 - Phase 12 - 14	Amavasya	
			435194461	Gulika 6:33AM – 8:27AM Yama 4:02PM – 5:56PM Rahu 10:21AM – 12:15PM	Ardra Until 12:36PM Dhruva Until 6:15AM Catuspada Until 7:40AM Amavasya* Until 8:20PM	Ganesha: Yellow <i>Sunrise:</i> 4:39AM Muruqa: Yellow <i>Sunset:</i> 7:50PM Nataraja: Yellow Moon – Yellow	Devaloka Day

	Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
	Retreat Star				Sun 15	Sutra 90	Plava 5123
	Mithuna Rasi: 28.52	Tithi 1			Moon 6 - Phase 12 - 15	Prathama	
			445194461	Gulika 4:39AM – 6:33AM Yama 2:08PM – 4:02PM Rahu 8:27AM – 10:21AM	Punarvasu Until 2:34PM Vyaghata* Until 6:20AM Kintughna Until 8:55AM Prathama* Until 9:21PM	Ganesha: Red <i>Sunrise:</i> 4:39AM Muruqa: Yellow <i>Sunset:</i> 7:50PM Nataraja: Yellow Moon – Blue	Devaloka Day

Ashada-Ani

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
	Kataka Rasi: 11.25	Tithi 2	466194461	Gulika 4:02PM – 5:56PM	Pushya Until 3:53PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sun 16 Sutra 91 Plava 5123 Moon 6 - Phase 13 - 16 3rd Phase
	Creative Work	Siddha Yoga		Yama 12:15PM – 2:08PM	Harshana Until 6:02AM	Sunrise: 4:40AM Sunset: 7:49PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Rahu 5:56PM – 7:49PM	Balava Until 9:41AM		
			Dvitiya Until 9:52PM				
			Ashada*Ani				

2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY
	Kataka Rasi: 24.12	Tithi 3	466194461	Gulika 2:08PM – 4:02PM	Ashlesha* Until 4:35PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sun 17 Sutra 92 Plava 5123 Moon 6 - Phase 13 - 17 3rd Phase
	Family Home Evening			Yama 10:21AM – 12:15PM	Siddhi Until 4:17AM Tue	Sunrise: 4:41AM Sunset: 7:49PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga		Rahu 6:34AM – 8:28AM	Taitila Until 9:58AM		
			Tritiya Until 9:55PM				
			Ashada*Ani				
Until 4:35PM							
Then Routine Work - Marana Yoga							

3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Rochester, NY
	Simha Rasi: 7.12	Tithi 4	466194461	Gulika 12:15PM – 2:08PM	Magha* Until 5:10PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red	Sun 18 Sutra 93 Plava 5123 Moon 6 - Phase 13 - 18 3rd Phase
	Creative Work	Siddha Yoga		Yama 8:28AM – 10:22AM	Vyatipata* Until 2:54AM Wed	Sunrise: 4:42AM Sunset: 7:48PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Rahu 4:02PM – 5:55PM	Vanija Until 9:48AM		
			Chaturthi* Until 9:33PM				
			Ashada*Ani				
Until 4:35PM							
Then Routine Work - Marana Yoga							

4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
	Simha Rasi: 20.25	Tithi 5	466194461	Gulika 10:22AM – 12:15PM	Purvaphalguni Until 5:11PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red	Sun 19 Sutra 94 Plava 5123 Moon 6 - Phase 13 - 19 3rd Phase
	Creative Work	Amrita Yoga		Yama 6:36AM – 8:29AM	Varyan Until 1:11AM Thu	Sunrise: 4:43AM Sunset: 7:48PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Rahu 12:15PM – 2:08PM	Bava Until 9:13AM		
			Panchami Until 8:46PM				
			Ashada*Ani				
Until 4:41PM							
Then Routine Work - Marana Yoga							

5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
	Kanya Rasi: 3.51	Tithi 6	466194461	Gulika 8:29AM – 10:22AM	Uttaraphalguni Until 4:41PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Red	Sun 20 Sutra 95 Plava 5123 Moon 6 - Phase 13 - 20 3rd Phase
		Amrita Yoga		Yama 4:43AM – 6:36AM	Parigha* Until 11:11PM	Sunrise: 4:43AM Sunset: 7:47PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
				Rahu 2:08PM – 4:01PM	Kaulava Until 8:15AM		
			Shashthi* Until 7:37PM				
			Ashada*Ani				
Until 4:41PM							
Then Routine Work - Marana Yoga							

6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
	Kanya Rasi: 17.3	Tithi 7	466195461	Gulika 6:37AM – 8:30AM	Hasta Until 4:07PM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Green	Sun 21 Sutra 96 Plava 5123 Moon 6 - Phase 13 - 21 3rd Phase
	Creative Work	Amrita Yoga		Yama 4:01PM – 5:54PM	Shiva Until 8:53PM	Sunrise: 4:44AM Sunset: 7:46PM	Sivaloka Day
				Rahu 10:23AM – 12:15PM	Gara Until 6:55AM		
			Saptami Until 6:05PM				
			Ashada*Adi				
Until 4:07PM							
Then Creative Work - Siddha Yoga							

D	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY
	Tula Rasi: 1.22	Tithi 8 – 9	466195462	Gulika 4:45AM – 6:38AM	Chitra Until 3:02PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Green	Sun 22 Sutra 97 Plava 5123 Moon 6 - Phase 13 - 22 Ashtami
	Routine Work	Marana Yoga		Yama 2:08PM – 4:01PM	Siddha Until 6:17PM	Sunrise: 4:45AM Sunset: 7:46PM	Subha Sivaloka Day
				Rahu 8:30AM – 10:23AM	Balava Until 3:10AM Sun		
			Ashtami* Until 4:13PM				
			Ashada*Adi				
Until 3:02PM							
Then Creative Work - Siddha Yoga							

D	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY
	Tula Rasi: 15.28	Tithi 9 – 10	466195462	Gulika 4:00PM – 5:53PM	Svati Until 1:30PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Green	Sun 23 Sutra 98 Plava 5123 Moon 6 - Phase 13 - 23 Navami
	Creative Work	Siddha Yoga		Yama 12:15PM – 2:08PM	Sadhya Until 3:25PM	Sunrise: 4:46AM Sunset: 7:45PM	Subha Sivaloka Day
				Rahu 5:53PM – 7:45PM	Taitila Until 12:49AM Mon		
			Navami* Until 2:00PM				
			Ashada*Adi				
Until 1:30PM							
Then Routine Work - Marana Yoga							

1 Monday, July 19, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Rochester, NY
 Vishakha/Anuradha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 99
 Tula Rasi: 29.45 Tithi 10 - 11 **Gulika** 2:08PM - 4:00PM **Vishakha Until 11:56AM** **Ganesha:** Yellow *Sunrise:* 4:47AM Plava 5123
 Family Home Evening 477195462 **Yama** 10:23AM - 12:16PM **Subha Until 12:20PM** **Muruqa:** White *Sunset:* 7:44PM Moon 6 - Phase 14 - 24
 Routine Work Marana Yoga **Rahu** 6:39AM - 8:31AM **Vanija Until 10:11PM** **Nataraja:** White 4th Phase
 Until 11:56AM **Dashami Until 11:31AM** **Moon - Orange** **Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Ashada*Adi**

2 Tuesday, July 20, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Rochester, NY
 Anuradha/Jyeshtha Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Ekadashi/Dvodashyam Titau Sun 25 Sutra 100
 Vrishchika Rasi: 14.13 Tithi 11 - 12 **Gulika** 12:16PM - 2:08PM **Anuradha Until 10:01AM** **Ganesha:** Yellow *Sunrise:* 4:48AM Plava 5123
 477195462 **Yama** 8:32AM - 10:24AM **Sukla Until 9:02AM** **Muruqa:** White *Sunset:* 7:43PM Moon 6 - Phase 14 - 25
 Creative Work Siddha Yoga **Rahu** 3:59PM - 5:51PM **Bava Until 7:23PM** **Nataraja:** White 4th Phase
 Until 10:01AM **Ekadashi Until 8:47AM** **Moon - Orange** **Subha Sivaloka Day**
 Then Routine Work - Marana Yoga **Ashada*Adi**

3 Wednesday, July 21, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Rochester, NY
 Jyeshtha/Mula Nakshatra Indra Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 101
 Vrishchika Rasi: 28.48 Tithi 13 **Gulika** 10:24AM - 12:16PM **Jyeshtha* Until 7:49AM** **Ganesha:** Yellow *Sunrise:* 4:49AM Plava 5123
 477195462 **Yama** 6:40AM - 8:32AM **Indra Until 2:12AM Thu** **Muruqa:** White *Sunset:* 7:42PM Moon 6 - Phase 14 - 26
 Creative Work Siddha Yoga **Rahu** 12:16PM - 2:07PM **Kaulava Until 4:28PM** **Nataraja:** White 4th Phase
 Until 7:49AM **Trayodashi Until 3:00AM Thu** **Moon - Orange** **Subha Sivaloka Day**
 Then Routine Work - Marana Yoga **Ashada*Adi**
Pradosha Vrata

4 Thursday, July 22, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Rochester, NY
 Purvashadha Nakshatra Vaidhriti Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 102
 Dhanus Rasi: 13.25 Tithi 14 **Gulika** 8:33AM - 10:24AM **Purvashadha* Until 3:51AM Fri** **Ganesha:** White *Sunrise:* 4:50AM Plava 5123
 477195462 **Yama** 4:50AM - 6:41AM **Vaidhriti* Until 10:48PM** **Muruqa:** White *Sunset:* 7:42PM Moon 6 - Phase 14 - 27
 Creative Work Siddha Yoga **Rahu** 2:07PM - 3:59PM **Gara Until 1:35PM** **Nataraja:** White 4th Phase
 Until 3:51AM Fri **Chaturdashi* Until 12:10AM Fri** **Moon - Light Blue** **Subha Subha Sivaloka Day**
 Then Routine Work - Marana Yoga **Ashada*Adi**

Friday, July 23, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Rochester, NY
 Uttarakshadha Nakshatra Vishkambha Yoga Visti/Bava Karana Purnimayam Titau Sun 28 Sutra 103
 Dhanus Rasi: 27.57 Tithi 15 **Gulika** 6:42AM - 8:33AM **Uttarakshadha Until 1:58AM Sat** **Ganesha:** White *Sunrise:* 4:51AM Plava 5123
 477195462 **Yama** 3:58PM - 5:49PM **Vishkambha* Until 7:36PM** **Muruqa:** White *Sunset:* 7:41PM Moon 6 - Phase 14 -
 Routine Work Marana Yoga **Rahu** 10:24AM - 12:16PM **Visti Until 10:51AM** **Nataraja:** White Purnima
 Until 1:58AM Sat **Satguru Purnima** **Purnima* Until 9:33PM** **Moon - Light Blue** **Subha Subha Sivaloka Day**
 Then Creative Work - Siddha Yoga **Ashada*Adi**

Saturday, July 24, 2021 Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rochester, NY
 Shrivana Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sutra 104
 Makara Rasi: 12.18 Tithi 16 **Gulika** 4:52AM - 6:43AM **Shrivana Until 12:44AM Sun** **Ganesha:** Clear *Sunrise:* 4:52AM Plava 5123
 497195462 **Yama** 2:07PM - 3:58PM **Priti Until 4:41PM** **Muruqa:** White *Sunset:* 7:40PM Moon 6 - Phase 14 -
 Creative Work Siddha Yoga **Rahu** 8:34AM - 10:25AM **Balava Until 8:24AM** **Nataraja:** White Prathama
 Until 12:44AM Sun **Prathama* Until 7:18PM** **Moon - Purple** **Subha Sivaloka Day**
 Then Routine Work - Marana Yoga **Ashada*Adi**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Sunday, July 25, 2021
Gold Retreat Star

Makara Rasi: 26.23 Tithi 17 – 18

498195462

Gulika
Yama
Rahu

3:57PM – 5:48PM
12:16PM – 2:06PM
5:48PM – 7:39PM

Dhanishtha Until 11:54PM
Ayushman Until 2:09PM
Taitila Until 6:22AM
Dvitiya Until 5:32PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – Purple
Ashada-Adi

Sunrise: 4:53AM
Sunset: 7:39PM

Rochester, NY
Sun 1 Sutra 105
Plava 5123
Moon 7 - Phase 15 - 1
1st Phase

Routine Work Marana Yoga

Until 11:54PM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Monday, July 26, 2021

Kumbha Rasi: 10.07 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

Until 11:33PM

Then Routine Work - Marana Yoga

498195462

Gulika
Yama
Rahu

2:06PM – 3:57PM
10:25AM – 12:16PM
6:44AM – 8:35AM

Shatabhishak Until 11:33PM
Saubhagya Until 12:06PM
Bava Until 4:07AM Tue
Tritiya Until 4:24PM

Ganesha: White
Muruqa: White
Nataraja: White
Moon – Purple
Ashada-Adi

Sunrise: 4:54AM
Sunset: 7:37PM

Rochester, NY
Sun 2 Sutra 106
Plava 5123
Moon 7 - Phase 15 - 2
1st Phase

Sivaloka Day

2

Tuesday, July 27, 2021

Kumbha Rasi: 23.27 Tithi 19 – 20

Routine Work Marana Yoga

Until 12:15AM Wed

Then Creative Work - Siddha Yoga

418295462

Gulika
Yama
Rahu

12:16PM – 2:06PM
8:35AM – 10:25AM
3:56PM – 5:47PM

Purvaprossthapada* Until 12:15AM We
Sobhana Until 10:39AM
Kaulava Until 4:05AM Wed
Chaturthi* Until 3:59PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 4:55AM
Sunset: 7:37PM

Rochester, NY
Sun 3 Sutra 107
Plava 5123
Moon 7 - Phase 15 - 3
1st Phase

Subha Sivaloka Day

3

Wednesday, July 28, 2021

Meena Rasi: 6.23 Tithi 20 – 21

Creative Work Siddha Yoga

418295462

Gulika
Yama
Rahu

10:26AM – 12:16PM
6:46AM – 8:36AM
12:16PM – 2:06PM

Uttaraprossthapada Until 1:33AM Thu
Athiganda* Until 9:46AM
Gara Until 4:50AM Thu
Panchami Until 4:21PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 4:56AM
Sunset: 7:36PM

Rochester, NY
Sun 4 Sutra 108
Plava 5123
Moon 7 - Phase 15 - 4
1st Phase

Subha Sivaloka Day

4

Thursday, July 29, 2021

Meena Rasi: 18.58 Tithi 21 – 22

Creative Work Siddha Yoga

Until 3:23AM Fri

Then Creative Work - Amrita Yoga

418295462

Gulika
Yama
Rahu

8:36AM – 10:26AM
4:57AM – 6:46AM
2:05PM – 3:55PM

Revati Until 3:23AM Fri
Sukarma Until 9:31AM
Vistii Until 6:17AM Fri
Shashthi* Until 5:27PM

Ganesha: Yellow
Muruqa: White
Nataraja: White
Moon – Clear
Ashada-Adi

Sunrise: 4:57AM
Sunset: 7:35PM

Rochester, NY
Sun 5 Sutra 109
Plava 5123
Moon 7 - Phase 15 - 5
1st Phase

Subha Sivaloka Day

5

Friday, July 30, 2021

Mesha Rasi: 1.14 Tithi 22

Creative Work Amrita Yoga

Until 6:07AM Sat

Then Creative Work - Siddha Yoga

428295462

Gulika
Yama
Rahu

6:47AM – 8:37AM
3:55PM – 5:44PM
10:26AM – 12:16PM

Ashvini Until 6:07AM Sat
Dhriti Until 9:48AM
Vistii Until 6:17AM
Saptami Until 7:13PM

Ganesha: Blue
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 4:58AM
Sunset: 7:34PM

Rochester, NY
Sun 6 Sutra 110
Plava 5123
Moon 7 - Phase 15 - 6
1st Phase

Subha Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Mesha Rasi: 13.16 Tithi 23

Creative Work Siddha Yoga

428215462

Gulika
Yama
Rahu

4:59AM – 6:48AM
2:05PM – 3:54PM
8:37AM – 10:26AM

Ashvini Until 6:07AM
Shula* Until 10:30AM
Balava Until 8:19AM
Ashtami* Until 9:28PM

Ganesha: Blue
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 4:59AM
Sunset: 7:32PM

Rochester, NY
Sun 7 Sutra 111
Plava 5123
Moon 7 - Phase 15 - 7
Ashtami

Subha Subha Sivaloka Day

Sunday, August 1, 2021
Retreat Star

Mesha Rasi: 25.08 Tithi 24

Routine Work Prabalarishta Yoga

Until 9:05AM

Then Creative Work - Siddha Yoga

429215462

Gulika
Yama
Rahu

3:53PM – 5:42PM
12:16PM – 2:04PM
5:42PM – 7:31PM

Bharani Until 9:05AM
Ganda* Until 11:28AM
Taitila Until 10:43AM
Navami* Until 11:58PM

Ganesha: Red
Muruqa: White
Nataraja: White
Moon – White
Ashada-Adi

Sunrise: 5:00AM
Sunset: 7:31PM

Rochester, NY
Sun 8 Sutra 112
Plava 5123
Moon 7 - Phase 15 - 8
Navami

Subha Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

..ll times are standard time. Calculated for Rochester, NY on 5/23/1

www.gurudeva.org/panchang

1		Monday, August 2, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau		Rochester, NY Sun 9 Sutra 113 Plava 5123	
Vrishabha Rasi: 6.56	Tithi 25	Gulika	2:04PM – 3:53PM	Krittika Until 12:01PM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	
Family Home Evening	429215462	Yama	10:27AM – 12:15PM	Vriddhi Until 12:34PM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 16 - 9
Routine Work	Marana Yoga	Rahu	6:49AM – 8:38AM	Vanija Until 1:16PM	Nataraja: White		2nd Phase
Until 12:01PM				Dashami Until 2:30AM Tue	Moon – White		Subha Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
2		Tuesday, August 3, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau		Rochester, NY Sun 10 Sutra 114 Plava 5123	
Vrishabha Rasi: 18.46	Tithi 26	Gulika	12:15PM – 2:04PM	Rohini Until 3:12PM	Ganesha: Green	<i>Sunrise:</i> 5:02AM	
	439215462	Yama	8:39AM – 10:27AM	Dhruva Until 1:32PM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 16 - 10
Creative Work	Amrita Yoga	Rahu	3:52PM – 5:40PM	Bava Until 3:43PM	Nataraja: White		2nd Phase
Until 3:12PM				Ekadashi* Until 4:48AM Wed	Moon – Yellow		Sivaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		
3		Wednesday, August 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Rochester, NY Sun 11 Sutra 115 Plava 5123	
Mithuna Rasi: 0.41	Tithi 27	Gulika	10:27AM – 12:15PM	Mrigashira Until 5:54PM	Ganesha: Green	<i>Sunrise:</i> 5:03AM	
	439215462	Yama	6:51AM – 8:39AM	Vyaghata* Until 2:18PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 16 - 11
Creative Work	Siddha Yoga	Rahu	12:15PM – 2:03PM	Kaulava Until 5:49PM	Nataraja: White		2nd Phase
				Dvadashti* Until 6:40AM Thu	Moon – Yellow		Sivaloka Day
					Ashada-Adi		
4		Thursday, August 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau		Rochester, NY Sun 12 Sutra 116 Plava 5123	
Mithuna Rasi: 12.47	Tithi 27 – 28	Gulika	8:40AM – 10:27AM	Ardra Until 7:57PM	Ganesha: Green	<i>Sunrise:</i> 5:04AM	
	439215462	Yama	5:04AM – 6:52AM	Harshana Until 2:42PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 16 - 12
Routine Work	Marana Yoga	Rahu	2:03PM – 3:51PM	Gara Until 7:26PM	Nataraja: White		2nd Phase
Until 7:57PM				Dvadashti* Until 6:40AM	Moon – Yellow		Sivaloka Day
Then Creative Work - Amrita Yoga					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		
5		Friday, August 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 13 Sutra 117 Plava 5123	
Mithuna Rasi: 25.05	Tithi 28 – 29	Gulika	6:53AM – 8:40AM	Punarvasu Until 9:46PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	
	449215462	Yama	3:50PM – 5:38PM	Vajra* Until 2:38PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 16 - 13
Creative Work	Siddha Yoga	Rahu	10:28AM – 12:15PM	Visti Until 8:28PM	Nataraja: White		2nd Phase
Until 9:46PM				Trayodashi* Until 8:00AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		
Retreat Star		Saturday, August 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatiyata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Rochester, NY Sun 14 Sutra 118 Plava 5123	
Kataka Rasi: 7.4	Tithi 29 – 30	Gulika	5:06AM – 6:53AM	Pushya Until 10:50PM	Ganesha: White	<i>Sunrise:</i> 5:06AM	
	449215462	Yama	2:02PM – 3:49PM	Siddhi Until 2:07PM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 - 14
Creative Work	Siddha Yoga	Rahu	8:41AM – 10:28AM	Catuspada Until 8:54PM	Nataraja: White		Amavasya
Until 10:50PM				Chaturdashi* Until 8:44AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		
Retreat Star		Sunday, August 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Rochester, NY Sun 15 Sutra 119 Plava 5123	
Kataka Rasi: 20.32	Tithi 30 – 1	Gulika	3:49PM – 5:35PM	Ashlesha* Until 11:11PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:07AM	
	441215462	Yama	12:15PM – 2:02PM	Vyatipata* Until 1:08PM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 - 15
Creative Work	Siddha Yoga	Rahu	5:35PM – 7:22PM	Kintughna Until 8:45PM	Nataraja: White		Prathama
Until 11:11PM				Amavasya* Until 8:52AM	Moon – Blue		Sivaloka Day
Then Routine Work - Marana Yoga					Sravana-Adi		

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

Monday, August 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
1						Sun 16 Sutra 120 Plava 5123
Simha Rasi: 3.4	Tithi 1 – 2	Gulika 2:01PM – 3:48PM	Magha* Until 11:22PM	Ganesha: Purple <i>Sunrise: 5:08AM</i>	Muruqa: White <i>Sunset: 7:21PM</i>	Moon 7 - Phase 17 - 16 3rd Phase
Family Home Evening	451215462	Yama 10:28AM – 12:15PM	Variyan Until 11:43AM	Nataraja: White		
Routine Work Marana Yoga		Rahu 6:55AM – 8:41AM	Balava Until 8:06PM	Moon – Red	Sivaloka Day	
Until 11:22PM			Prathama* Until 8:28AM	Sravana-Adi		
Then Creative Work - Siddha Yoga						

Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
2						Sun 17 Sutra 121 Plava 5123
Simha Rasi: 17.03	Tithi 2 – 3	Gulika 12:15PM – 2:01PM	Purvaphalguni Until 11:00PM	Ganesha: Purple <i>Sunrise: 5:09AM</i>	Muruqa: White <i>Sunset: 7:20PM</i>	Moon 7 - Phase 17 - 17 3rd Phase
	451215462	Yama 8:42AM – 10:28AM	Parigha* Until 9:57AM	Nataraja: White		
Creative Work Siddha Yoga		Rahu 3:47PM – 5:33PM	Taitila Until 7:03PM	Moon – Red	Sivaloka Day	
Until 11:00PM			Dvitiya Until 7:36AM	Sravana-Adi		
Then Creative Work - Amrita Yoga						

Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Rochester, NY
3						Sun 18 Sutra 122 Plava 5123
Kanya Rasi: 0.38	Tithi 3 – 4	Gulika 10:28AM – 12:14PM	Uttaraphalguni Until 10:11PM	Ganesha: Purple <i>Sunrise: 5:10AM</i>	Muruqa: White <i>Sunset: 7:18PM</i>	Moon 7 - Phase 17 - 18 3rd Phase
	451215462	Yama 6:56AM – 8:42AM	Shiva Until 7:55AM	Nataraja: White		
Creative Work Amrita Yoga		Rahu 12:14PM – 2:00PM	Visti Until 4:53AM Thu	Moon – Red	Sivaloka Day	
Until 10:11PM			Tritiya Until 6:23AM	Sravana-Adi		
Then Routine Work - Marana Yoga						

Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
4						Sun 19 Sutra 123 Plava 5123
Kanya Rasi: 14.24	Tithi 5	Gulika 8:43AM – 10:29AM	Hasta Until 9:26PM	Ganesha: Clear <i>Sunrise: 5:12AM</i>	Muruqa: White <i>Sunset: 7:17PM</i>	Moon 7 - Phase 17 - 19 3rd Phase
	461215462	Yama 5:12AM – 6:57AM	Sadhya Until 3:12AM Fri	Nataraja: White		
Routine Work Marana Yoga		Rahu 2:00PM – 3:45PM	Bava Until 4:04PM	Moon – Green	Subha Sivaloka Day	
Until 9:26PM		Nag Panchami	Panchami Until 3:11AM Fri	Sravana-Adi		
Then Creative Work - Siddha Yoga						

Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
5						Sun 20 Sutra 124 Plava 5123
Kanya Rasi: 28.17	Tithi 6	Gulika 6:58AM – 8:43AM	Chitra Until 8:23PM	Ganesha: Clear <i>Sunrise: 5:13AM</i>	Muruqa: White <i>Sunset: 7:15PM</i>	Moon 7 - Phase 17 - 20 3rd Phase
	461215462	Yama 3:45PM – 5:30PM	Subha Until 12:39AM Sat	Nataraja: White		
Creative Work Siddha Yoga		Rahu 10:29AM – 12:14PM	Kaulava Until 2:17PM	Moon – Green	Subha Sivaloka Day	
			Shashthi* Until 1:19AM Sat	Sravana-Adi		

Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
6						Sun 21 Sutra 125 Plava 5123
Tula Rasi: 12.16	Tithi 7	Gulika 5:14AM – 6:59AM	Svati Until 7:03PM	Ganesha: Clear <i>Sunrise: 5:14AM</i>	Muruqa: White <i>Sunset: 7:14PM</i>	Moon 7 - Phase 17 - 21 3rd Phase
	461215462	Yama 1:59PM – 3:44PM	Sukla Until 9:58PM	Nataraja: White		
Creative Work Siddha Yoga		Rahu 8:44AM – 10:29AM	Gara Until 12:22PM	Moon – Green	Subha Sivaloka Day	
			Saptami Until 11:21PM	Sravana-Adi		

Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
Retreat Star						Sun 22 Sutra 126 Plava 5123
Tula Rasi: 26.19	Tithi 8	Gulika 3:43PM – 5:28PM	Vishakha Until 5:54PM	Ganesha: White <i>Sunrise: 5:15AM</i>	Muruqa: White <i>Sunset: 7:12PM</i>	Moon 7 - Phase 17 - 22 Ashtami
	471215462	Yama 12:14PM – 1:58PM	Brahma Until 7:13PM	Nataraja: White		
Routine Work Marana Yoga		Rahu 5:28PM – 7:12PM	Visti Until 10:20AM	Moon – Orange	Sivaloka Day	
			Ashtami* Until 9:15PM	Sravana-Adi		

Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Retreat Star						Sun 23 Sutra 127 Plava 5123
Vrischika Rasi: 10.27	Tithi 9	Gulika 1:58PM – 3:42PM	Anuradha Until 4:31PM	Ganesha: White <i>Sunrise: 5:16AM</i>	Muruqa: White <i>Sunset: 7:11PM</i>	Moon 7 - Phase 17 - 23 Navami
Family Home Evening	471215462	Yama 10:29AM – 12:13PM	Indra Until 4:25PM	Nataraja: White		
Creative Work Siddha Yoga		Rahu 7:00AM – 8:45AM	Balava Until 8:12AM	Moon – Orange	Sivaloka Day	
			Navami* Until 7:05PM	Sravana-Avani		


Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda


1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhrili*/Vishkambha* Yoga Talitla/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY
	Vrischika Rasi: 24.37 Tithi 10 – 11	571215462	Gulika 12:13PM – 1:57PM Yama 8:45AM – 10:29AM Rahu 3:41PM – 5:25PM	Jyeshtha* Until 2:56PM Vaidhrili* Until 1:31PM Vanija Until 6:00AM Dashami Until 4:51PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Orange Sravana•Avani	Sunrise: 5:17AM Sunset: 7:09PM	Sun 24 Sutra 128 Plava 5123 Moon 7 - Phase 18 - 24 4th Phase
	Routine Work Marana Yoga Until 2:56PM Then Creative Work - Amrita Yoga		Subha Sivaloka Day				

2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti* Yoga Vistli*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Dhanus Rasi: 8.49 Tithi 11 – 12	581215462	Gulika 10:29AM – 12:13PM Yama 7:02AM – 8:46AM Rahu 12:13PM – 1:57PM	Mula* Until 1:36PM Vishkambha* Until 10:37AM Bava Until 1:30AM Thu Ekadashi Until 2:36PM	Ganesha: White Muruqa: White Nataraja: White Moon – Light Blue Sravana•Avani	Sunrise: 5:18AM Sunset: 7:08PM	Sun 25 Sutra 129 Plava 5123 Moon 7 - Phase 18 - 25 4th Phase
	Routine Work Marana Yoga Until 1:36PM Then Creative Work - Amrita Yoga		Sivaloka Day				

3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Prili*/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Dhanus Rasi: 23.01 Tithi 12 – 13	582215462	Gulika 8:46AM – 10:29AM Yama 5:19AM – 7:03AM Rahu 1:56PM – 3:40PM	Purvashadha* Until 12:10PM Priti Until 7:46AM Kaulava Until 11:21PM Dvadashi Until 12:24PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue Sravana•Avani	Sunrise: 5:19AM Sunset: 7:06PM	Sun 26 Sutra 130 Plava 5123 Moon 7 - Phase 18 - 26 4th Phase
	Creative Work Siddha Yoga Until 12:10PM Then Routine Work - Marana Yoga		Sivaloka Day <i>Pradosha Vrata</i>				

4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya Yoga Talitla/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Makara Rasi: 7.08 Tithi 13 – 14	582215462	Gulika 7:03AM – 8:46AM Yama 3:39PM – 5:22PM Rahu 10:29AM – 12:13PM	Uttarashadha Until 10:44AM Saubhagya Until 2:21AM Sat Gara Until 9:23PM Trayodashi Until 10:19AM	Ganesha: Green Muruqa: White Nataraja: White Moon – Light Blue Sravana•Avani	Sunrise: 5:20AM Sunset: 7:05PM	Sun 27 Sutra 131 Plava 5123 Moon 7 - Phase 18 - 27 4th Phase
	Routine Work Marana Yoga Chidambaram Abhishekam		Sivaloka Day				

	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY		
	Copper Retreat Star		Makara Rasi: 21.07 Tithi 14 – 15	592315462	Gulika 5:21AM – 7:04AM Yama 1:55PM – 3:38PM Rahu 8:47AM – 10:30AM	Shravana Until 9:48AM Sobhana Until 12:00AM Sun Visti Until 7:42PM Chaturdashi* Until 8:29AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple Sravana•Avani	Sunrise: 5:21AM Sunset: 7:03PM	Sun 28 Sutra 132 Plava 5123 Moon 7 - Phase 18 - Purnima
	Creative Work Siddha Yoga Avani Avittam		Subha Sivaloka Day						

	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY		
	Silver Retreat Star		Kumbha Rasi: 4.54 Tithi 15 – 16	592315462	Gulika 3:37PM – 5:19PM Yama 12:12PM – 1:54PM Rahu 5:19PM – 7:02PM	Dhanishtha Until 9:06AM Athiganda* Until 9:59PM Balava Until 6:26PM Purnima* Until 6:59AM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Purple Sravana•Avani	Sunrise: 5:23AM Sunset: 7:02PM	Sun 29 Sutra 133 Plava 5123 Moon 7 - Phase 18 - Prathama
	Routine Work Marana Yoga Until 9:06AM Then Creative Work - Siddha Yoga		Subha Sivaloka Day						

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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Monday, August 23, 2021

Gold Retreat Star

Kumbha Rasi: 18.23 Tithi 17
Family Home Evening
Creative Work Siddha Yoga
Until 8:43AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 1:54PM - 3:36PM
Yama 10:30AM - 12:12PM
Rahu 7:06AM - 8:48AM

Shatabhishak Until 8:43AM

Sukarma Until 8:25PM

Taitila Until 5:42PM

Dvitiya Until 5:33AM Tue

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Purple
Sravana-Avani

Sunrise: 5:24AM
Sunset: 7:00PM

Subha Sivaloka Day

Rochester, NY
Sutra 134
Plava 5123
Moon 8 - Phase 19 -
1st Phase

1

Tuesday, August 24, 2021

Meena Rasi: 1.34 Tithi 18
Routine Work Marana Yoga
Until 9:14AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 12:11PM - 1:53PM
Yama 8:48AM - 10:30AM
Rahu 3:35PM - 5:17PM

Purvaproshtapada* Until 9:14AM

Dhriti Until 7:22PM

Vanija Until 5:36PM

Tritiya Until 5:47AM Wed

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear
Sravana-Avani

Sunrise: 5:25AM
Sunset: 6:57PM

Subha Sivaloka Day

Rochester, NY
Sun 1
Sutra 135
Plava 5123
Moon 8 - Phase 19 -
1st Phase

2

Wednesday, August 25, 2021

Meena Rasi: 14.25 Tithi 19
Creative Work Siddha Yoga
Until 10:15AM
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Bava Karana Chaturthyam Titau
Gulika 10:30AM - 12:11PM
Yama 7:07AM - 8:49AM
Rahu 12:11PM - 1:53PM

Uttaraproshtapada Until 10:15AM

Shula* Until 6:51PM

Bava Until 6:12PM

Chaturthi* Until 6:44AM Thu

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear
Sravana-Avani

Sunrise: 5:26AM
Sunset: 6:57PM

Subha Sivaloka Day

Rochester, NY
Sun 2
Sutra 136
Plava 5123
Moon 8 - Phase 19 -
1st Phase

3

Thursday, August 26, 2021

Meena Rasi: 26.56 Tithi 19 - 20
Creative Work Siddha Yoga
Until 11:47AM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 8:49AM - 10:30AM
Yama 5:27AM - 7:08AM
Rahu 1:52PM - 3:33PM

Revati Until 11:47AM

Ganda* Until 6:52PM

Kaulava Until 7:28PM

Chaturthi* Until 6:44AM

Ganesha: Yellow

Muruqa: White

Nataraja: White

Moon - Clear
Sravana-Avani

Sunrise: 5:27AM
Sunset: 6:57PM

Subha Sivaloka Day

Rochester, NY
Sun 3
Sutra 137
Plava 5123
Moon 8 - Phase 19 -
1st Phase

4

Friday, August 27, 2021

Mesha Rasi: 9.1 Tithi 20 - 21
Creative Work Amrita Yoga
Until 2:16PM
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 7:09AM - 8:49AM
Yama 3:32PM - 5:13PM
Rahu 10:30AM - 12:11PM

Ashvini Until 2:16PM

Vriddhi Until 7:22PM

Gara Until 9:22PM

Panchami Until 8:20AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White
Sravana-Avani

Sunrise: 5:28AM
Sunset: 6:53PM

Devaloka Day

Rochester, NY
Sun 4
Sutra 138
Plava 5123
Moon 8 - Phase 19 -
1st Phase

5

Saturday, August 28, 2021

Mesha Rasi: 21.1 Tithi 21 - 22
Creative Work Siddha Yoga
Until 5:04PM
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 5:29AM - 7:09AM
Yama 1:51PM - 3:31PM
Rahu 8:50AM - 10:30AM

Bharani Until 5:04PM

Dhruva Until 8:12PM

Visti Until 11:42PM

Shashthi* Until 10:28AM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White
Sravana-Avani

Sunrise: 5:29AM
Sunset: 6:52PM

Devaloka Day

Rochester, NY
Sun 5
Sutra 139
Plava 5123
Moon 8 - Phase 19 -
1st Phase

D

Sunday, August 29, 2021

Retreat Star

Vrishabha Rasi: 3.02 Tithi 22 - 23
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 3:30PM - 5:10PM
Yama 12:10PM - 1:50PM
Rahu 5:10PM - 6:50PM

Krittika Until 7:57PM

Vyaghata* Until 9:13PM

Balava Until 2:15AM Mon

Saptami Until 12:56PM

Ganesha: White

Muruqa: White

Nataraja: Clear

Moon - White
Sravana-Avani

Sunrise: 5:30AM
Sunset: 6:50PM

Devaloka Day

Rochester, NY
Sun 6
Sutra 140
Plava 5123
Moon 8 - Phase 19 -
6 Ashtami

Monday, August 30, 2021

Retreat Star

Vrishabha Rasi: 14.5 Tithi 23 - 24
Family Home Evening
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 1:49PM - 3:29PM
Yama 10:30AM - 12:10PM
Rahu 7:11AM - 8:51AM

Rohini Until 11:12PM

Harshana Until 10:16PM

Taitila Until 4:45AM Tue

Ashtami* Until 3:30PM

Ganesha: Clear

Muruqa: White

Nataraja: Clear

Moon - Yellow
Sravana-Avani

Sunrise: 5:31AM
Sunset: 6:48PM

Sivaloka Day

Rochester, NY
Sun 7
Sutra 141
Plava 5123
Moon 8 - Phase 19 -
7 Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1	Tuesday, August 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rochester, NY
	Wishabha Rasi: 26.41	Tithi 24 – 25	Gulika Yama	12:09PM – 1:49PM 8:51AM – 10:30AM	Mrigashira Until 2:02AM Wed Vajra* Until 11:06PM	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Yellow	Sun 8 Sutra 142 Plava 5123 Moon 8 - Phase 20 - 8 2nd Phase
	533315463	Rahu	3:28PM – 5:07PM	Vanija Until 6:58AM Wed	Sunrise: 5:32AM Sunset: 6:47PM	Sivaloka Day	
	Creative Work Siddha Yoga				Navami* Until 5:53PM	Sravana-Avani	

2	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
	Mithuna Rasi: 8.38	Tithi 25	Gulika Yama	10:30AM – 12:09PM 7:12AM – 8:51AM	Ardra Until 4:15AM Thu Siddhi Until 11:36PM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Yellow	Sun 9 Sutra 143 Plava 5123 Moon 8 - Phase 20 - 9 2nd Phase
	533315463	Rahu	12:09PM – 1:48PM	Vanija Until 6:58AM	Sunrise: 5:33AM Sunset: 6:45PM	Sivaloka Day	
	Creative Work Siddha Yoga Until 4:15AM Thu Then Creative Work - Amrita Yoga				Dashami Until 7:52PM	Sravana-Avani	

3	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Mithuna Rasi: 20.48	Tithi 26	Gulika Yama	8:52AM – 10:30AM 5:35AM – 7:13AM	Punarvasu Until 6:10AM Fri Vyatipata* Until 11:38PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 10 Sutra 144 Plava 5123 Moon 8 - Phase 20 - 10 2nd Phase
	543315463	Rahu	1:47PM – 3:26PM	Bava Until 8:39AM	Sunrise: 5:35AM Sunset: 6:43PM	Devaloka Day	
	Creative Work Amrita Yoga Until 6:10AM Fri Then Routine Work - Marana Yoga				Ekadashi* Until 9:14PM	Sravana-Avani	

4	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
	Kataka Rasi: 3.14	Tithi 27	Gulika Yama	7:14AM – 8:52AM 3:25PM – 5:03PM	Punarvasu Until 6:10AM Variyan Until 11:05PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 11 Sutra 145 Plava 5123 Moon 8 - Phase 20 - 11 2nd Phase
	543315463	Rahu	10:30AM – 12:08PM	Kaulava Until 9:41AM	Sunrise: 5:36AM Sunset: 6:41PM	Devaloka Day	
	Creative Work Siddha Yoga Until 6:10AM Then Routine Work - Marana Yoga				Dvadashi* Until 9:55PM	Sravana-Avani	

5	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Kataka Rasi: 15.59	Tithi 28	Gulika Yama	5:37AM – 7:15AM 1:46PM – 3:24PM	Pushya Until 7:14AM Parigha* Until 10:00PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 12 Sutra 146 Plava 5123 Moon 8 - Phase 20 - 12 2nd Phase
	543315463	Rahu	8:52AM – 10:30AM	Gara Until 10:00AM	Sunrise: 5:37AM Sunset: 6:40PM	Devaloka Day	
	Creative Work Siddha Yoga Until 7:14AM Then Routine Work - Marana Yoga				Trayodashi* Until 9:53PM	Sravana-Avani	

6	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Kataka Rasi: 29.05	Tithi 29	Gulika Yama	3:23PM – 5:00PM 12:08PM – 1:45PM	Ashlesha* Until 7:28AM Shiva Until 8:24PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Blue	Sun 13 Sutra 147 Plava 5123 Moon 8 - Phase 20 - 13 2nd Phase
	543315463	Rahu	5:00PM – 6:38PM	Visti Until 9:37AM	Sunrise: 5:38AM Sunset: 6:38PM	Devaloka Day	
	Creative Work Siddha Yoga Until 7:28AM Then Routine Work - Marana Yoga				Chaturdashi* Until 9:10PM	Sravana-Avani	

●	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Rochester, NY		
	Retreat Star		Simha Rasi: 12.33	Tithi 30	Gulika Yama	1:45PM – 3:22PM 10:30AM – 12:07PM	Magha* Until 7:22AM Siddha Until 6:18PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 14 Sutra 148 Plava 5123 Moon 8 - Phase 20 - 14 Amavasya
	Family Home Evening		533315463	Rahu	7:16AM – 8:53AM	Catuspada Until 8:37AM	Sunrise: 5:39AM Sunset: 6:36PM	Devaloka Day	
	Routine Work Marana Yoga Until 7:22AM Then Creative Work - Siddha Yoga				Amavasya* Until 7:53PM	Sravana-Avani			

●	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY		
	Retreat Star		Simha Rasi: 26.19	Tithi 1	Gulika Yama	12:07PM – 1:44PM 8:54AM – 10:30AM	Purvaphalguni Until 6:35AM Sadhya Until 3:50PM	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sun 15 Sutra 149 Plava 5123 Moon 8 - Phase 20 - 15 Prathama
	Family Home Evening		533315463	Rahu	3:21PM – 4:57PM	Kintughna Until 7:05AM	Sunrise: 5:40AM Sunset: 6:34PM	Devaloka Day	
	Creative Work Siddha Yoga Until 6:35AM Then Creative Work - Amrita Yoga				Prathama* Until 6:09PM	Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
	Kanya Rasi: 10.2	Tithi 2 – 3	563315463	Gulika 10:30AM – 12:07PM Yama 7:18AM – 8:54AM Rahu 12:07PM – 1:43PM	Hasta Until 3:59AM Thu Subha Until 1:06PM Taitila Until 2:58AM Thu Dvitiya Until 4:04PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 16 Sutra 150 Plava 5123 Moon 8 - Phase 21 - 16 3rd Phase
	Routine Work	Marana Yoga				Sunrise: 5:41AM Sunset: 6:33PM	Devaloka Day
	Until 3:59AM Thu Then Creative Work - Siddha Yoga					Bhadrapada-Avani	

2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Rochester, NY
	Kanya Rasi: 24.31	Tithi 3 – 4	563315463	Gulika 8:54AM – 10:30AM Yama 5:42AM – 7:18AM Rahu 1:43PM – 3:19PM	Chitra Until 2:25AM Fri Sukla Until 10:09AM Vanija Until 12:38AM Fri Tritiya Until 1:48PM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 17 Sutra 151 Plava 5123 Moon 8 - Phase 21 - 17 3rd Phase
	Creative Work	Siddha Yoga				Sunrise: 5:42AM Sunset: 6:31PM	Devaloka Day
						Bhadrapada-Avani	

3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY
	Tula Rasi: 8.47	Tithi 4 – 5	563315463	Gulika 7:19AM – 8:55AM Yama 3:18PM – 4:53PM Rahu 10:30AM – 12:06PM	Svati Until 12:40AM Sat Brahma Until 7:08AM Bava Until 10:16PM Chaturthi* Until 11:26AM	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sun 18 Sutra 152 Plava 5123 Moon 8 - Phase 21 - 18 3rd Phase
	Creative Work	Siddha Yoga		Ganesha Chaturthi		Sunrise: 5:43AM Sunset: 6:29PM	Devaloka Day
						Bhadrapada-Avani	

4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
	Tula Rasi: 23.04	Tithi 5 – 6	573315463	Gulika 5:44AM – 7:20AM Yama 1:41PM – 3:16PM Rahu 8:55AM – 10:30AM	Vishakha Until 11:15PM Vaidhriti* Until 1:08AM Sun Kaulava Until 7:56PM Panchami Until 9:04AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sun 19 Sutra 153 Plava 5123 Moon 8 - Phase 21 - 19 3rd Phase
	Creative Work	Siddha Yoga				Sunrise: 5:44AM Sunset: 6:27PM	Sivaloka Day
						Bhadrapada-Avani	

5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Rochester, NY
	Vrischika Rasi: 7.19	Tithi 6 – 7	573315463	Gulika 3:15PM – 4:50PM Yama 12:05PM – 1:40PM Rahu 4:50PM – 6:25PM	Anuradha Until 9:49PM Vishkambha* Until 10:14PM Vanija Until 4:37AM Mon Shashthi* Until 6:47AM	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sun 20 Sutra 154 Plava 5123 Moon 8 - Phase 21 - 20 3rd Phase
	Routine Work	Marana Yoga		Grandparent's Day		Sunrise: 5:45AM Sunset: 6:25PM	Sivaloka Day
						Bhadrapada-Avani	

D	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vistit/Bava Karana Ashtamyam Titau				Rochester, NY
	Retreat Star		573315463	Gulika 1:40PM – 3:14PM Yama 10:30AM – 12:05PM Rahu 7:21AM – 8:56AM	Jyeshtha* Until 8:22PM Priti Until 7:29PM Vistit Until 3:37PM Ashtami* Until 2:36AM Tue	Ganesha: Orange Muruqa: White Nataraja: Clear Moon – Orange	Sun 21 Sutra 155 Plava 5123 Moon 8 - Phase 21 - 21 Ashtami
	Vrischika Rasi: 21.29	Tithi 8				Sunrise: 5:47AM Sunset: 6:24PM	Sivaloka Day
	Family Home Evening	Siddha Yoga				Bhadrapada-Avani	

D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
	Retreat Star		583315463	Gulika 12:05PM – 1:39PM Yama 8:56AM – 10:30AM Rahu 3:13PM – 4:47PM	Mula* Until 7:22PM Ayushman Until 4:50PM Balava Until 1:41PM Navami* Until 12:46AM Wed	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 156 Plava 5123 Moon 8 - Phase 21 - 22 Navami
	Dhanu Rasi: 5.32	Tithi 9				Sunrise: 5:48AM Sunset: 6:22PM	Devaloka Day
	Creative Work	Amrita Yoga				Bhadrapada-Avani	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
	Dhanus Rasi: 19.29	Tithi 10	583415463	Gulika 10:30AM – 12:04PM Yama 7:23AM – 8:57AM Rahu 12:04PM – 1:38PM	Purvashadha* Until 6:24PM Saubhagya Until 2:20PM Taitila Until 11:56AM Dashami Until 11:06PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Light Blue Bhadrapada-Avani	Sun 23 Sutra 157 Plava 5123 Moon 8 - Phase 22 - 23 4th Phase Devaloka Day
	Creative Work	Amrita Yoga					

2	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
	Makara Rasi: 3.2	Tithi 11	584415463	Gulika 8:57AM – 10:30AM Yama 5:50AM – 7:23AM Rahu 1:38PM – 3:11PM	Uttarashadha Until 5:29PM Sobhana Until 12:00PM Vanija Until 10:22AM Ekadashi Until 9:39PM	Ganesha: Green Muruqa: White Nataraja: Clear Moon – Light Blue Bhadrapada-Puratasi	Sun 24 Sutra 158 Plava 5123 Moon 8 - Phase 22 - 24 4th Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 5:29PM	Then Creative Work - Siddha Yoga					

3	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY
	Makara Rasi: 17.02	Tithi 12	594415463	Gulika 7:24AM – 8:57AM Yama 3:10PM – 4:43PM Rahu 10:30AM – 12:04PM	Shravana Until 5:05PM Athiganda* Until 9:49AM Bava Until 9:01AM Dvadashi Until 8:25PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sun 25 Sutra 159 Plava 5123 Moon 8 - Phase 22 - 25 4th Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 5:05PM	Then Creative Work - Siddha Yoga					

4	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mantra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY
	Kumbha Rasi: 0.35	Tithi 13	594415463	Gulika 5:52AM – 7:25AM Yama 1:36PM – 3:09PM Rahu 8:58AM – 10:30AM	Dhanishtha Until 4:50PM Sukarma Until 7:52AM Kaulava Until 7:56AM Trayodashi Until 7:30PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sun 26 Sutra 160 Plava 5123 Moon 8 - Phase 22 - 26 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga		Chidambaram Abhishekam	<i>Pradosha Vrata</i>		
	Until 4:50PM	Then Creative Work - Amrita Yoga					

5	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
	Kumbha Rasi: 13.58	Tithi 14	594415463	Gulika 3:08PM – 4:40PM Yama 12:03PM – 1:35PM Rahu 4:40PM – 6:13PM	Shatabhishak Until 4:47PM Dhriti Until 6:12AM Gara Until 7:12AM Chaturdashi* Until 6:58PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	Sun 27 Sutra 161 Plava 5123 Moon 8 - Phase 22 - 27 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga					

○	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
	Copper Retreat Star		514415463	Gulika 1:35PM – 3:07PM Yama 10:30AM – 12:03PM Rahu 7:26AM – 8:58AM	Purvaproshtapada* Until 5:29PM Ganda* Until 3:52AM Tue Visti Until 6:53AM Purnima* Until 6:53PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Sun 28 Sutra 162 Plava 5123 Moon 8 - Phase 22 - Purnima Sivaloka Day
	Kumbha Rasi: 27.07	Tithi 15					
	Family Home Evening	Marana Yoga					

○	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
	Silver Retreat Star		514415463	Gulika 12:02PM – 1:34PM Yama 8:59AM – 10:30AM Rahu 3:06PM – 4:37PM	Uttaraproshtapada Until 6:33PM Vriddhi Until 3:20AM Wed Balava Until 7:03AM Prathama* Until 7:20PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Sun 29 Sutra 163 Plava 5123 Moon 8 - Phase 22 - Prathama Sivaloka Day
	Meena Rasi: 10.01	Tithi 16					
	Creative Work	Amrita Yoga					

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sun 1 Sutra 164

Plava 5123

Moon 9 - Phase 23 - 1

1st Phase

Meena Rasi: 22.39 Tithi 17

514415463 Rahu 12:02PM - 1:33PM

Gulika 10:30AM - 12:02PM

Yama 7:28AM - 8:59AM

Revati Until 8:01PM

Dhruva Until 3:14AM Thu

Taitila Until 7:48AM

Dvitiya Until 8:22PM

Ganesha: Red Sunrise: 5:56AM

Muruqa: White Sunset: 6:07PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Trityayam Titau

Rochester, NY

Sun 2 Sutra 165

Plava 5123

Moon 9 - Phase 23 - 2

1st Phase

Mesha Rasi: 5.01 Tithi 18

524415463 Rahu 1:32PM - 3:03PM

Gulika 9:00AM - 10:31AM

Yama 5:58AM - 7:29AM

Ashvini Until 10:22PM

Vyaghata* Until 3:35AM Fri

Vanija Until 9:08AM

Tritya Until 9:59PM

Ganesha: Green Sunrise: 5:59AM

Muruqa: White Sunset: 6:05PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 10:22PM

Then Creative Work - Siddha Yoga

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Sun 3 Sutra 166

Plava 5123

Moon 9 - Phase 23 - 3

1st Phase

Mesha Rasi: 17.1 Tithi 19

524415463 Rahu 10:31AM - 12:01PM

Gulika 7:29AM - 9:00AM

Yama 3:02PM - 4:33PM

Bharani Until 1:02AM Sat

Harshana Until 4:19AM Sat

Bava Until 11:01AM

Chaturthi* Until 12:07AM Sat

Ganesha: Green Sunrise: 5:59AM

Muruqa: White Sunset: 6:04PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 1:02AM Sat

Then Creative Work - Amrita Yoga

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika Nakshatra Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Sun 4 Sutra 167

Plava 5123

Moon 9 - Phase 23 - 4

1st Phase

Mesha Rasi: 29.07 Tithi 20

524415463 Rahu 9:00AM - 10:31AM

Gulika 6:00AM - 7:30AM

Yama 1:31PM - 3:01PM

Krittika Until 3:52AM Sun

Vajra* Until 5:16AM Sun

Kaulava Until 1:21PM

Panchami Until 2:36AM Sun

Ganesha: Green Sunrise: 6:00AM

Muruqa: White Sunset: 6:02PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:52AM Sun

Then Creative Work - Siddha Yoga

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Sun 5 Sutra 168

Plava 5123

Moon 9 - Phase 23 - 5

1st Phase

Vrishabha Rasi: 10.57 Tithi 21

534415463 Rahu 4:30PM - 6:00PM

Gulika 3:00PM - 4:30PM

Yama 12:00PM - 1:30PM

Rohini Until 7:11AM Mon

Siddhi Until 6:19AM Mon

Gara Until 3:57PM

Shashthi* Until 5:15AM Mon

Ganesha: Orange Sunrise: 6:01AM

Muruqa: White Sunset: 6:00PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 7:11AM Mon

Then Creative Work - Amrita Yoga

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Saptamyam Titau

Rochester, NY

Sun 6 Sutra 169

Plava 5123

Moon 9 - Phase 23 - 6

1st Phase

Vrishabha Rasi: 22.44 Tithi 22

634415463 Rahu 7:32AM - 9:01AM

Gulika 1:30PM - 2:59PM

Yama 10:31AM - 12:00PM

Rohini Until 7:11AM

Siddhi Until 6:19AM

Visti Until 6:34PM

Saptami Until 7:48AM Tue

Ganesha: Green Sunrise: 6:02AM

Muruqa: White Sunset: 5:58PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Family Home Evening

D

Tuesday, September 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*Variyan Yoga Bava/Balava Karana Saplamy/Ashtamyam Titau

Rochester, NY

Sun 7 Sutra 170

Plava 5123

Moon 9 - Phase 23 - 7

Ashtami

Mithuna Rasi: 4.34 Tithi 22 - 23

635415463 Rahu 2:58PM - 4:27PM

Gulika 12:00PM - 1:29PM

Yama 9:01AM - 10:31AM

Mrigashira Until 10:13AM

Vyatipata* Until 7:19AM

Balava Until 8:59PM

Saptami Until 7:48AM

Ganesha: White Sunrise: 6:03AM

Muruqa: White Sunset: 5:56PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 10:13AM

Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 8 Sutra 171

Plava 5123

Moon 9 - Phase 23 - 8

Navami

Mithuna Rasi: 16.31 Tithi 23 - 24

635415463 Rahu 11:59AM - 1:28PM

Gulika 10:31AM - 11:59AM

Yama 7:33AM - 9:02AM

Ardra Until 12:44PM

Variyan Until 8:01AM

Taitila Until 10:55PM

Ashtami* Until 10:00AM

Ganesha: White Sunrise: 6:04AM

Muruqa: White Sunset: 5:55PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

..ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1	Thursday, September 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Rochester, NY
	Mithuna Rasi: 28.41	Tithi 24 – 25	645415463	Sun 9	Sutra 172	Plava 5123	Moon 9 - Phase 24 - 9
	Creative Work	Amrita Yoga	Gulika 9:02AM – 10:31AM Yama 6:05AM – 7:34AM Rahu 1:28PM – 2:56PM	Punarvasu Until 3:01PM Parigha* Until 8:19AM Vanija Until 12:13AM Fri Navami* Until 11:38AM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:05AM Sunset: 5:53PM	Sivaloka Day Bhadrapada-Puratasi

2	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Kataka Rasi: 11.08	Tithi 25 – 26	645415463	Sun 10	Sutra 173	Plava 5123	Moon 9 - Phase 24 - 10
	Routine Work	Marana Yoga	Gulika 7:35AM – 9:03AM Yama 2:55PM – 4:23PM Rahu 10:31AM – 11:59AM	Pushya Until 4:26PM Shiva Until 8:06AM Bava Until 12:44AM Sat Dashami Until 12:33PM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:06AM Sunset: 5:51PM	Sivaloka Day Bhadrapada-Puratasi

3	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Kataka Rasi: 23.57	Tithi 26 – 27	645415463	Sun 11	Sutra 174	Plava 5123	Moon 9 - Phase 24 - 11
	Routine Work	Marana Yoga	Gulika 6:08AM – 7:35AM Yama 1:26PM – 2:54PM Rahu 9:03AM – 10:31AM	Ashlesha* Until 4:54PM Siddha Until 7:14AM Kaulava Until 12:28AM Sun Ekadashi* Until 12:41PM	Ganesha: Clear Muruga: White Nataraja: Clear Moon – Blue	Sunrise: 6:08AM Sunset: 5:49PM	Sivaloka Day Bhadrapada-Puratasi

4	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Simha Rasi: 7.1	Tithi 27 – 28	655415463	Sun 12	Sutra 175	Plava 5123	Moon 9 - Phase 24 - 12
	Routine Work	Marana Yoga	Gulika 2:53PM – 4:20PM Yama 11:58AM – 1:26PM Rahu 4:20PM – 5:48PM	Magha* Until 4:56PM Subha Until 3:41AM Mon Gara Until 11:25PM Dvadashi* Until 12:01PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:09AM Sunset: 5:48PM	Devaloka Day Bhadrapada-Puratasi

Pradosha Vrata (Fasting)

5	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Simha Rasi: 20.48	Tithi 28 – 29	655415463	Sun 13	Sutra 176	Plava 5123	Moon 9 - Phase 24 - 13
	Family Home Evening	Creative Work	Gulika 1:25PM – 2:52PM Yama 10:31AM – 11:58AM Rahu 7:37AM – 9:04AM	Purvaphalguni Until 4:06PM Sukla Until 1:05AM Tue Vistit Until 9:43PM Trayodashi* Until 10:38AM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:10AM Sunset: 5:46PM	Devaloka Day Bhadrapada-Puratasi

●	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY		
	Retreat Star		Kanya Rasi: 4.49	Tithi 29 – 30	655415463	Sun 14	Sutra 177	Plava 5123	Moon 9 - Phase 24 - 14
	Creative Work	Amrita Yoga	Gulika 11:58AM – 1:24PM Yama 9:04AM – 10:31AM Rahu 2:51PM – 4:17PM	Uttaraphalguni Until 2:34PM Brahma Until 10:03PM Catuspada Until 7:27PM Chaturdashi* Until 8:37AM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red	Sunrise: 6:11AM Sunset: 5:44PM	Devaloka Day Bhadrapada-Puratasi		

Mahalaya Amavasai (Tamil Nadu)

●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Rochester, NY		
	Retreat Star		Kanya Rasi: 19.1	Tithi 30 – 1	665415463	Sun 15	Sutra 178	Plava 5123	Moon 9 - Phase 24 - 15
	Routine Work	Marana Yoga	Gulika 10:31AM – 11:57AM Yama 7:38AM – 9:05AM Rahu 11:57AM – 1:24PM	Hasta Until 12:52PM Indra Until 6:43PM Bava Until 3:20AM Thu Amavasya* Until 6:09AM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 6:12AM Sunset: 5:42PM	Devaloka Day Ashvina-Puratasi		

Navaratri Begins

1	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
	Tula Rasi: 3.45	Tithi 2	666415464	Gulika 9:05AM – 10:31AM Yama 6:13AM – 7:39AM Rahu 1:23PM – 2:49PM	Chitra Until 10:45AM Vaidhriti* Until 3:10PM Balava Until 1:53PM Dvitiya Until 12:21AM Fri	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sun 16 Sutra 179 Plava 5123 Moon 9 - Phase 25 - 16 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day Ashvina+Puratasi	
	Until 10:45AM Then Creative Work - Amrita Yoga						

2	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY
	Tula Rasi: 18.27	Tithi 3	666415464	Gulika 7:40AM – 9:06AM Yama 2:48PM – 4:13PM Rahu 10:31AM – 11:57AM	Svati Until 8:22AM Vishkambha* Until 11:33AM Taitila Until 10:52AM Tritiya Until 9:20PM	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Green	Sun 17 Sutra 180 Plava 5123 Moon 9 - Phase 25 - 17 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day Ashvina+Puratasi	

3	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY
	Vrischika Rasi: 3.1	Tithi 4	676415464	Gulika 6:16AM – 7:41AM Yama 1:22PM – 2:47PM Rahu 9:06AM – 10:31AM	Vishakha Until 6:16AM Priti Until 7:58AM Vanija Until 7:52AM Chaturthi* Until 6:24PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 18 Sutra 181 Plava 5123 Moon 9 - Phase 25 - 18 3rd Phase
	Creative Work	Siddha Yoga				Subha Sivaloka Day Ashvina+Puratasi	

4	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
	Vrischika Rasi: 17.46	Tithi 5 – 6	676415464	Gulika 2:46PM – 4:11PM Yama 11:56AM – 1:21PM Rahu 4:11PM – 5:35PM	Jyeshtha* Until 2:12AM Mon Saubhagya Until 1:13AM Mon Kaulava Until 2:27AM Mon Panchami Until 3:41PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Orange	Sun 19 Sutra 182 Plava 5123 Moon 9 - Phase 25 - 19 3rd Phase
	Routine Work	Marana Yoga				Subha Sivaloka Day Ashvina+Puratasi	
	Until 2:12AM Mon Then Creative Work - Siddha Yoga						

5	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY
	Dhanus Rasi: 2.1	Tithi 6 – 7	686515464	Gulika 1:20PM – 2:45PM Yama 10:31AM – 11:56AM Rahu 7:42AM – 9:07AM	Mula* Until 12:50AM Tue Sobhana Until 10:14PM Gara Until 12:12AM Tue Shashthi* Until 1:16PM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 20 Sutra 183 Plava 5123 Moon 9 - Phase 25 - 20 3rd Phase
	Family Home Evening	Siddha Yoga				Subha Sivaloka Day Ashvina+Puratasi	

D	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY
	Retreat Star		686515464	Gulika 11:56AM – 1:20PM Yama 9:07AM – 10:32AM Rahu 2:44PM – 4:08PM	Purvashadha* Until 11:43PM Athiganda* Until 7:33PM Visti Until 10:21PM Saptami Until 11:12AM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 21 Sutra 184 Plava 5123 Moon 9 - Phase 25 - 21 Ashtami
	Creative Work	Siddha Yoga		Durga Ashtami		Subha Sivaloka Day Ashvina+Puratasi	
	Until 11:43PM Then Routine Work - Prabalarishta Yoga						

D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY
	Retreat Star		686515464	Gulika 10:32AM – 11:55AM Yama 7:44AM – 9:08AM Rahu 11:55AM – 1:19PM	Uttarashadha Until 10:52PM Sukarma Until 5:12PM Balava Until 8:54PM Ashtami* Until 9:33AM	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Light Blue	Sun 22 Sutra 185 Plava 5123 Moon 9 - Phase 25 - 22 Navami
	Creative Work	Amrita Yoga		Saraswathi Puja (Tamil Nadu)		Subha Sivaloka Day Ashvina+Puratasi	
	Until 10:52PM Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Thursday, October 14, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau				Rochester, NY Sun 23 Sutra 186 Plava 5123
	Makara Rasi: 13.56 Tithi 9 – 10	Gulika 9:08AM – 10:32AM	Shravana Until 10:43PM	Ganesha: White <i>Sunrise:</i> 6:22AM	Muruqa: White <i>Sunset:</i> 5:29PM	Moon 9 - Phase 26 - 23 4th Phase
	697515464	Yama 6:22AM – 7:45AM	Dhriti Until 3:12PM			
	Creative Work Siddha Yoga	Rahu 1:19PM – 2:42PM	Tailita Until 7:53PM	Nataraja: Purple Moon – Purple	Sivaloka Day	
			Navami* Until 8:20AM	Ashvina•Puratasi		

2	Friday, October 15, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY Sun 24 Sutra 187 Plava 5123
	Makara Rasi: 27.22 Tithi 10 – 11	Gulika 7:46AM – 9:09AM	Dhanishtha Until 10:50PM	Ganesha: Clear <i>Sunrise:</i> 6:23AM	Muruqa: White <i>Sunset:</i> 5:27PM	Moon 9 - Phase 26 - 24 4th Phase
	697515464	Yama 2:41PM – 4:04PM	Shula* Until 1:30PM			
	Creative Work Siddha Yoga	Rahu 10:32AM – 11:55AM	Vanija Until 7:18PM	Nataraja: Purple Moon – Purple	Subha Sivaloka Day	
			Vijaya Dasami	Dashami Until 7:31AM	Ashvina•Puratasi	

3	Saturday, October 16, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY Sun 25 Sutra 188 Plava 5123
	Kumbha Rasi: 10.34 Tithi 11 – 12	Gulika 6:24AM – 7:47AM	Shatabhishak Until 11:13PM	Ganesha: Clear <i>Sunrise:</i> 6:24AM	Muruqa: White <i>Sunset:</i> 5:25PM	Moon 9 - Phase 26 - 25 4th Phase
	697515464	Yama 1:17PM – 2:40PM	Ganda* Until 12:09PM			
	Creative Work Amrita Yoga	Rahu 9:09AM – 10:32AM	Bava Until 7:07PM	Nataraja: Purple Moon – Purple	Subha Sivaloka Day	
Until 11:13PM	Kadaitswami Mahasamadhi		Ekadashi Until 7:08AM	Ashvina•Puratasi		
Then Routine Work - Marana Yoga						

4	Sunday, October 17, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY Sun 26 Sutra 189 Plava 5123
	Kumbha Rasi: 23.34 Tithi 12 – 13	Gulika 2:39PM – 4:02PM	Purvaproshtapada* Until 12:18AM Mo	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	Muruqa: White <i>Sunset:</i> 5:24PM	Moon 9 - Phase 26 - 26 4th Phase
	617515464	Yama 11:55AM – 1:17PM	Vridhhi Until 11:08AM			
	Creative Work Siddha Yoga	Rahu 4:02PM – 5:24PM	Kaulava Until 7:22PM	Nataraja: Purple Moon – Clear	Subha Sivaloka Day	
			Dvadashi Until 7:10AM	Ashvina•Aipasi		
<i>Pradosha Vrata</i>						

5	Monday, October 18, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Tailita/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY Sun 27 Sutra 190 Plava 5123
	Meena Rasi: 6.2 Tithi 13 – 14	Gulika 1:16PM – 2:38PM	Uttaraproshtapada Until 1:41AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Muruqa: White <i>Sunset:</i> 5:22PM	Moon 9 - Phase 26 - 27 4th Phase
	617515464	Yama 10:32AM – 11:54AM	Dhruva Until 10:26AM			
	Creative Work Siddha Yoga	Rahu 7:48AM – 9:10AM	Gara Until 8:03PM	Nataraja: Purple Moon – Clear	Subha Sivaloka Day	
			Trayodashi Until 7:38AM	Ashvina•Aipasi		

○	Tuesday, October 19, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY Sun 27 Sutra 191 Plava 5123
	Copper Retreat Star	Gulika 11:54AM – 1:16PM	Revati Until 3:20AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:28AM	Muruqa: White <i>Sunset:</i> 5:21PM	Moon 9 - Phase 26 - Purnima
	Meena Rasi: 18.54 Tithi 14 – 15	Yama 9:11AM – 10:32AM	Vyaghata* Until 10:05AM			
	617515464	Rahu 2:37PM – 3:59PM	Visti Until 9:12PM	Nataraja: Purple Moon – Clear	Subha Sivaloka Day	
Creative Work Siddha Yoga	Chaturdashi* Until 8:33AM		Ashvina•Aipasi			
Until 3:20AM Wed						
Then Routine Work - Marana Yoga						

○	Wednesday, October 20, 2021	Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY Sun 27 Sutra 192 Plava 5123
	Silver Retreat Star	Gulika 10:33AM – 11:54AM	Ashvini Until 5:45AM Thu	Ganesha: White <i>Sunrise:</i> 6:29AM	Muruqa: White <i>Sunset:</i> 5:19PM	Moon 9 - Phase 26 - Prathama
	Mesha Rasi: 1.16 Tithi 15 – 16	Yama 7:50AM – 9:11AM	Harshana Until 10:07AM			
	627515464	Rahu 11:54AM – 1:15PM	Balava Until 10:49PM	Nataraja: Purple Moon – White	Subha Subha Sivaloka Day	
Routine Work Marana Yoga	Purnima* Until 9:56AM		Ashvina•Aipasi			
Until 5:45AM Thu						
Then Creative Work - Siddha Yoga						

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 21, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY
Sutra 193
Plava 5123
Moon 10 - Phase 27 -
1st Phase

Mesha Rasi: 13.27 Tithi 16 - 17

628515464

Gulika 9:12AM - 10:33AM
Yama 6:30AM - 7:51AM
Rahu 1:15PM - 2:36PM

Bharani Until 8:25AM Fri
Vajra* Until 10:27AM
Taitila Until 12:52AM Fri
Prathama* Until 11:46AM

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: White *Sunset: 5:18PM*
Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Friday, October 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY
Sun 1 Sutra 194
Plava 5123
Moon 10 - Phase 27 - 1
1st Phase

Mesha Rasi: 25.28 Tithi 17 - 18

628515464

Gulika 7:52AM - 9:12AM
Yama 2:35PM - 3:55PM
Rahu 10:33AM - 11:54AM

Bharani Until 8:25AM
Siddhi Until 11:07AM
Vanija Until 3:17AM Sat
Dvitiya Until 2:01PM

Ganesha: Clear *Sunrise: 6:31AM*
Muruqa: White *Sunset: 5:16PM*
Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, October 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY
Sun 2 Sutra 195
Plava 5123
Moon 10 - Phase 27 - 2
1st Phase

Virshabha Rasi: 7.2 Tithi 18 - 19

628515464

Gulika 6:33AM - 7:53AM
Yama 1:14PM - 2:34PM
Rahu 9:13AM - 10:33AM

Krittika Until 11:13AM
Vyatipata* Until 12:02PM
Bava Until 5:56AM Sun
Tritiya Until 4:34PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: White *Sunset: 5:14PM*
Nataraja: Purple
Moon - White

Subha Sivaloka Day

Creative Work Amrita Yoga

3

Sunday, October 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Balava Karana Chaturthyam Titau

Rochester, NY
Sun 3 Sutra 196
Plava 5123
Moon 10 - Phase 27 - 3
1st Phase

Virshabha Rasi: 19.08 Tithi 19

638515464

Gulika 2:33PM - 3:53PM
Yama 11:53AM - 1:13PM
Rahu 3:53PM - 5:13PM

Rohini Until 2:32PM
Variyan Until 1:03PM
Balava Until 7:16PM
Chaturthi* Until 7:16PM

Ganesha: Purple *Sunrise: 6:34AM*
Muruqa: White *Sunset: 5:13PM*
Nataraja: Purple
Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

4

Monday, October 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY
Sun 4 Sutra 197
Plava 5123
Moon 10 - Phase 27 - 4
1st Phase

Mithuna Rasi: 0.55 Tithi 20

638515464

Gulika 1:13PM - 2:32PM
Yama 10:34AM - 11:53AM
Rahu 7:55AM - 9:14AM

Mrigashira Until 5:41PM
Parigha* Until 2:05PM
Kaulava Until 8:39AM
Panchami Until 9:57PM

Ganesha: Purple *Sunrise: 6:35AM*
Muruqa: White *Sunset: 5:11PM*
Nataraja: Purple
Moon - Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

5

Tuesday, October 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY
Sun 5 Sutra 198
Plava 5123
Moon 10 - Phase 27 - 5
1st Phase

Mithuna Rasi: 12.44 Tithi 21

638515464

Gulika 11:53AM - 1:12PM
Yama 9:15AM - 10:34AM
Rahu 2:32PM - 3:51PM

Ardra Until 8:28PM
Shiva Until 3:01PM
Gara Until 11:13AM
Shashthi* Until 12:22AM Wed

Ganesha: Purple *Sunrise: 6:36AM*
Muruqa: White *Sunset: 5:10PM*
Nataraja: Purple
Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Until 8:28PM

Then Creative Work - Siddha Yoga

6

Wednesday, October 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY
Sun 6 Sutra 199
Plava 5123
Moon 10 - Phase 27 - 6
1st Phase

Mithuna Rasi: 24.4 Tithi 22

648515464

Gulika 10:34AM - 11:53AM
Yama 7:56AM - 9:15AM
Rahu 11:53AM - 1:12PM

Punarvasu Until 11:11PM
Siddha Until 3:37PM
Visti Until 1:27PM
Saptami Until 2:21AM Thu

Ganesha: Clear *Sunrise: 6:38AM*
Muruqa: White *Sunset: 5:09PM*
Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Creative Work Siddha Yoga



Thursday, October 28, 2021
Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY
Sun 7 Sutra 200
Plava 5123
Moon 10 - Phase 27 - 7
Ashtami

Kataka Rasi: 6.47 Tithi 23

649525464

Gulika 9:16AM - 10:34AM
Yama 6:39AM - 7:57AM
Rahu 1:12PM - 2:30PM

Pushya Until 1:08AM Fri
Sadhya Until 3:48PM
Balava Until 3:07PM
Ashtami* Until 3:41AM Fri

Ganesha: White *Sunrise: 6:39AM*
Muruqa: Clear *Sunset: 5:07PM*
Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:08AM Fri

Then Routine Work - Marana Yoga

Friday, October 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY
Sun 8 Sutra 201
Plava 5123
Moon 10 - Phase 27 - 8
Navami

Kataka Rasi: 19.12 Tithi 24

649525464

Gulika 7:58AM - 9:16AM
Yama 2:29PM - 3:48PM
Rahu 10:35AM - 11:53AM

Ashlesha* Until 2:12AM Sat
Subha Until 3:27PM
Taitila Until 4:05PM
Navami* Until 4:15AM Sat

Ganesha: White *Sunrise: 6:40AM*
Muruqa: Clear *Sunset: 5:06PM*
Nataraja: Purple
Moon - Blue

Subha Sivaloka Day

Routine Work Marana Yoga

Until 2:12AM Sat

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda


1	Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Dashamyam Titau				Rochester, NY
	Simha Rasi: 1.57	Tithi 25	Gulika 6:41AM – 7:59AM	Magha* Until 2:46AM Sun	Ganesha: Yellow	Sunrise: 6:41AM	Sun 9 Sutra 202
			Yama 1:11PM – 2:29PM	Sukla Until 2:28PM	Muruqa: Clear	Sunset: 5:04PM	Plava 5123
		659525464	Rahu 9:17AM – 10:35AM	Vanija Until 4:14PM	Nataraja: Purple		Moon 10 - Phase 28 - 9
Creative Work Amrita Yoga			Dashami Until 3:59AM Sun	Moon – Red		2nd Phase	
Until 2:46AM Sun				Ashvina•Aipasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

2	Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Simha Rasi: 15.07	Tithi 26	Gulika 2:28PM – 3:45PM	Purvaphalguni Until 2:23AM Mon	Ganesha: Yellow	Sunrise: 6:43AM	Sun 10 Sutra 203
			Yama 11:53AM – 1:10PM	Brahma Until 12:49PM	Muruqa: Clear	Sunset: 5:03PM	Plava 5123
		659525464	Rahu 3:45PM – 5:03PM	Bava Until 3:33PM	Nataraja: Purple		Moon 10 - Phase 28 - 10
Creative Work Siddha Yoga			Ekadashi* Until 2:54AM Mon	Moon – Red		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	

3	Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Rochester, NY
	Simha Rasi: 28.44	Tithi 27	Gulika 1:10PM – 2:27PM	Uttaraphalguni Until 1:07AM Tue	Ganesha: Yellow	Sunrise: 6:44AM	Sun 11 Sutra 204
	Family Home Evening		Yama 10:36AM – 11:53AM	Indra Until 10:34AM	Muruqa: Clear	Sunset: 5:02PM	Plava 5123
		659525464	Rahu 8:01AM – 9:18AM	Kaulava Until 2:05PM	Nataraja: Purple		Moon 10 - Phase 28 - 11
Creative Work Siddha Yoga			Dvadashi* Until 1:03AM Tue	Moon – Red		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	

4	Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Kanya Rasi: 12.49	Tithi 28	Gulika 11:53AM – 1:10PM	Hasta Until 11:30PM	Ganesha: Red	Sunrise: 6:45AM	Sun 12 Sutra 205
			Yama 9:19AM – 10:36AM	Vaidhriti* Until 7:43AM	Muruqa: Clear	Sunset: 5:00PM	Plava 5123
		669525464	Rahu 2:27PM – 3:43PM	Gara Until 11:55AM	Nataraja: Purple		Moon 10 - Phase 28 - 12
Creative Work Siddha Yoga			Trayodashi* Until 10:35PM	Moon – Green		2nd Phase	
				Ashvina•Aipasi		Sivaloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Rochester, NY
	Kanya Rasi: 27.17	Tithi 29	Gulika 10:36AM – 11:53AM	Chitra Until 9:15PM	Ganesha: Red	Sunrise: 6:46AM	Sun 13 Sutra 206
			Yama 8:03AM – 9:20AM	Priti Until 12:42AM Thu	Muruqa: Clear	Sunset: 4:59PM	Plava 5123
		669525464	Rahu 11:53AM – 1:09PM	Visti Until 9:11AM	Nataraja: Purple		Moon 10 - Phase 28 - 13
Creative Work Siddha Yoga			Chaturdashi* Until 7:37PM	Moon – Green		2nd Phase	
		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi		Sivaloka Day	
		Deepavali Hindu Solidarity Day					

	Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Ayushman Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
	Retreat Star		Gulika 9:20AM – 10:36AM	Svati Until 6:32PM	Ganesha: Red	Sunrise: 6:48AM	Sun 14 Sutra 207
	Tula Rasi: 12.05	Tithi 30 – 1	Yama 6:48AM – 8:04AM	Ayushman Until 8:44PM	Muruqa: Clear	Sunset: 4:58PM	Plava 5123
			661525464	Catuspada Until 6:01AM	Nataraja: Purple		Moon 10 - Phase 28 - 14
Creative Work Amrita Yoga			Amavasya* Until 4:19PM	Moon – Green		Amavasya	
Until 6:32PM				Ashvina•Aipasi		Sivaloka Day	
Then Creative Work - Siddha Yoga							

6	Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
	Retreat Star		Gulika 8:05AM – 9:21AM	Vishakha Until 3:56PM	Ganesha: Blue	Sunrise: 6:49AM	Sun 15 Sutra 208
	Tula Rasi: 27.05	Tithi 1 – 2	Yama 2:25PM – 3:41PM	Saubhagya Until 4:39PM	Muruqa: Clear	Sunset: 4:57PM	Plava 5123
			671625464	Balava Until 11:04PM	Nataraja: Purple		Moon 10 - Phase 28 - 15
Creative Work Siddha Yoga			Prathama* Until 12:49PM	Moon – Orange		Prathama	
		Skanda Shasthi Begins		Kartika•Aipasi		Devaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau				Rochester, NY
Wrischika Rasi: 12.1	Tithi 2 - 3	Gulika 6:50AM - 8:06AM	Anuradha Until 1:11PM	Ganesha: Blue	<i>Sunrise:</i> 6:50AM	Sun 16	Sutra 209	Plava 5123
		Yama 1:08PM - 2:24PM	Sobhana Until 12:36PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29 - 16		3rd Phase
Creative Work	Siddha Yoga	771625464 Rahu 9:22AM - 10:37AM	Taitila Until 7:36PM	Nataraja: Purple				
			Dvitiya Until 9:18AM	Moon - Orange				Devaloka Day
				Kartika •Aipasi				

2		Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukama Yoga Vanija/Visti* Karana Chaturthayam Titau				Rochester, NY
Wrischika Rasi: 27.08	Tithi 4	Gulika 2:24PM - 3:39PM	Jyeshtha* Until 10:27AM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 17	Sutra 210	Plava 5123
		Yama 11:53AM - 1:08PM	Athiganda* Until 8:38AM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29 - 17		3rd Phase
Routine Work	Marana Yoga	771625464 Rahu 3:39PM - 4:54PM	Vanija Until 4:19PM	Nataraja: Purple				
Until 10:27AM			Chaturthi* Until 2:47AM Mon	Moon - Orange				Devaloka Day
Then Creative Work - Amrita Yoga				Kartika •Aipasi				

3		Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
Dhanus Rasi: 11.55	Tithi 5	Gulika 1:08PM - 2:23PM	Mula* Until 8:18AM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Sun 18	Sutra 211	Plava 5123
Family Home Evening		Yama 10:38AM - 11:53AM	Dhriti Until 1:33AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 29 - 18		3rd Phase
Creative Work	Siddha Yoga	781625464 Rahu 8:08AM - 9:23AM	Bava Until 1:23PM	Nataraja: Purple				
Until 8:18AM			Panchami Until 12:04AM Tue	Moon - Light Blue				Devaloka Day
Then Routine Work - Marana Yoga				Kartika •Aipasi				

4		Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
Dhanus Rasi: 26.23	Tithi 6	Gulika 11:53AM - 1:08PM	Purvashadha* Until 6:26AM	Ganesha: Blue	<i>Sunrise:</i> 6:54AM	Sun 19	Sutra 212	Plava 5123
		Yama 9:24AM - 10:38AM	Shula* Until 10:35PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 29 - 19		3rd Phase
Creative Work	Siddha Yoga	781625464 Rahu 2:22PM - 3:37PM	Kaulava Until 10:55AM	Nataraja: Purple				
Until 6:26AM			Shashthi* Until 9:52PM	Moon - Light Blue				Devaloka Day
Then Routine Work - Prabararishta Yoga		Skanda Shasthi		Kartika •Aipasi				

5		Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
Makara Rasi: 10.3	Tithi 7	Gulika 10:39AM - 11:53AM	Shravana Until 4:23AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:55AM	Sun 20	Sutra 213	Plava 5123
		Yama 8:10AM - 9:24AM	Ganda* Until 8:06PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 29 - 20		3rd Phase
Creative Work	Siddha Yoga	791625464 Rahu 11:53AM - 1:08PM	Gara Until 9:00AM	Nataraja: Purple				
			Saptami Until 8:15PM	Moon - Purple				Sivaloka Day
				Kartika •Aipasi				

Retreat Star		Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
Makara Rasi: 24.14	Tithi 8	Gulika 9:25AM - 10:39AM	Dhanishtha Until 4:18AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:57AM	Sun 21	Sutra 214	Plava 5123
		Yama 6:57AM - 8:11AM	Vriddhi Until 6:09PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 29 - 21		Ashtami
Creative Work	Siddha Yoga	791625464 Rahu 1:07PM - 2:22PM	Visti Until 7:42AM	Nataraja: Purple				
			Ashtami* Until 7:17PM	Moon - Purple				Sivaloka Day
				Kartika •Aipasi				

Retreat Star		Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Kumbha Rasi: 7.35	Tithi 9	Gulika 8:12AM - 9:26AM	Shatabhishak Until 4:41AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:58AM	Sun 22	Sutra 215	Plava 5123
		Yama 2:21PM - 3:35PM	Dhruva Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 29 - 22		Navami
Creative Work	Siddha Yoga	791625464 Rahu 10:40AM - 11:53AM	Balava Until 7:04AM	Nataraja: Purple				
Until 4:41AM Sat			Navami* Until 6:58PM	Moon - Purple				Sivaloka Day
Then Routine Work - Marana Yoga				Kartika •Aipasi				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
	Kumbha Rasi: 20.37	Tithi 10	711625464	Gulika 6:59AM – 8:13AM Yama 1:07PM – 2:21PM Rahu 9:26AM – 10:40AM	Purvaproshtapada* Until 5:58AM Sun Vyaghata* Until 3:42PM Taitila Until 7:04AM Dashami Until 7:16PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Clear Kartika•Aipasi	Sun 23 Sutra 216 Plava 5123 Moon 10 - Phase 30 - 23 4th Phase Sivaloka Day
	Routine Work	Marana Yoga					
	Until 5:58AM Sun	Then Creative Work - Amrita Yoga					

2	Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
	Meena Rasi: 3.2	Tithi 11	711625464	Gulika 2:20PM – 3:33PM Yama 11:54AM – 1:07PM Rahu 3:33PM – 4:47PM	Uttaraproshtapada Until 7:37AM Mon Harshana Until 3:11PM Vanija Until 7:40AM Ekadashi Until 8:09PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Clear Kartika•Aipasi	Sun 24 Sutra 217 Plava 5123 Moon 10 - Phase 30 - 24 4th Phase Sivaloka Day
	Creative Work	Amrita Yoga					
	Until 7:37AM Mon	Then Creative Work - Siddha Yoga					

3	Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY
	Meena Rasi: 15.49	Tithi 12	712625464	Gulika 1:07PM – 2:20PM Yama 10:41AM – 11:54AM Rahu 8:15AM – 9:28AM	Uttaraproshtapada Until 7:37AM Vajra* Until 3:02PM Bava Until 8:48AM Dvadashi Until 9:32PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Clear Kartika•Aipasi	Sun 25 Sutra 218 Plava 5123 Moon 10 - Phase 30 - 25 4th Phase Subha Sivaloka Day
	Family Home Evening	Siddha Yoga					
	Creative Work	Siddha Yoga					

4	Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY
	Meena Rasi: 28.06	Tithi 13	712625465	Gulika 11:54AM – 1:07PM Yama 9:29AM – 10:41AM Rahu 2:19PM – 3:32PM	Revati Until 9:33AM Siddhi Until 3:14PM Kaulava Until 10:24AM Trayodashi Until 11:21PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Clear Kartika•Kartikai	Sun 26 Sutra 219 Plava 5123 Moon 10 - Phase 30 - 26 4th Phase Sivaloka Day
	Creative Work	Siddha Yoga					
							<i>Pradosha Vrata</i>

5	Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
	Mesha Rasi: 10.13	Tithi 14	722625465	Gulika 10:42AM – 11:54AM Yama 8:17AM – 9:29AM Rahu 11:54AM – 1:07PM	Ashvini Until 12:12PM Vyatipata* Until 3:44PM Gara Until 12:25PM Chaturdashi* Until 1:31AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Kartika•Kartikai	Sun 27 Sutra 220 Plava 5123 Moon 10 - Phase 30 - 27 4th Phase Devaloka Day
	Routine Work	Marana Yoga					
	Until 12:12PM	Then Creative Work - Siddha Yoga					

○	Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
	Copper Retreat Star		722625465	Gulika 9:30AM – 10:42AM Yama 7:06AM – 8:18AM Rahu 1:07PM – 2:19PM	Bharani Until 2:59PM Variyan Until 4:27PM Visti Until 2:45PM Purnima* Until 3:59AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Kartika•Kartikai	Sun 28 Sutra 221 Plava 5123 Moon 10 - Phase 30 - Purnima Devaloka Day
	Creative Work	Siddha Yoga		Krittika Deepam			
	Until 2:59PM	Then Routine Work - Marana Yoga					

Friday, November 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
Silver Retreat Star		722625465	Gulika 8:19AM – 9:31AM Yama 2:19PM – 3:30PM Rahu 10:43AM – 11:55AM	Krittika Until 5:49PM Parigha* Until 5:20PM Balava Until 5:18PM Prathama* Until 6:37AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Kartika•Kartikai	Sun 29 Sutra 222 Plava 5123 Moon 10 - Phase 30 - Prathama Devaloka Day
Creative Work	Siddha Yoga					
Until 5:49PM	Then Routine Work - Marana Yoga		Vinayaga Viratam Begins			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY
Sutra 223
Plava 5123

Vrishabha Rasi: 15.54 Tithi 16 – 17

732625465

Gulika 7:08AM – 8:20AM
Yama 1:07PM – 2:18PM
Rahu 9:31AM – 10:43AM

Rohini Until 9:07PM
Shiva Until 6:20PM
Taitila Until 8:00PM
Prathama* Until 6:37AM

Ganesha: Purple *Sunrise:* 7:08AM
Muruqa: Clear *Sunset:* 4:42PM
Nataraja: Clear
Moon – Yellow

Moon 11 - Phase 31 -
1st Phase

Creative Work Amrita Yoga

Until 9:07PM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

Sivaloka Day

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY
Sun 1 Sutra 224
Plava 5123

Vrishabha Rasi: 27.41 Tithi 17 – 18

732625465

Gulika 2:18PM – 3:29PM
Yama 11:55AM – 1:07PM
Rahu 3:29PM – 4:41PM

Mrigashira Until 12:14AM Mon
Siddha Until 7:19PM
Vanija Until 10:42PM
Dvitiya Until 9:20AM

Ganesha: Purple *Sunrise:* 7:09AM
Muruqa: Clear *Sunset:* 4:41PM
Nataraja: Clear
Moon – Yellow

Moon 11 - Phase 31 - 1
1st Phase

Creative Work Siddha Yoga

Karttika-Karttikai

Sivaloka Day

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY
Sun 2 Sutra 225
Plava 5123

Mithuna Rasi: 9.29 Tithi 18 – 19

732625465

Gulika 1:07PM – 2:18PM
Yama 10:44AM – 11:55AM
Rahu 8:22AM – 9:33AM

Ardra Until 3:04AM Tue
Sadhya Until 8:14PM
Bava Until 1:17AM Tue
Tritiya Until 12:00PM

Ganesha: Purple *Sunrise:* 7:11AM
Muruqa: Clear *Sunset:* 4:40PM
Nataraja: Clear
Moon – Yellow

Moon 11 - Phase 31 - 2
1st Phase

Creative Work Siddha Yoga

Karttika-Karttikai

Sivaloka Day

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY
Sun 3 Sutra 226
Plava 5123

Mithuna Rasi: 21.22 Tithi 19 – 20

742625465

Gulika 11:56AM – 1:07PM
Yama 9:34AM – 10:45AM
Rahu 2:18PM – 3:29PM

Punarvasu Until 5:59AM Wed
Subha Until 8:59PM
Kaulava Until 3:36AM Wed
Chaturthi* Until 2:28PM

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Clear *Sunset:* 4:40PM
Nataraja: Clear
Moon – Blue

Moon 11 - Phase 31 - 3
1st Phase

Creative Work Siddha Yoga

Karttika-Karttikai

Devaloka Day

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY
Sun 4 Sutra 227
Plava 5123

Kataka Rasi: 3.2 Tithi 20 – 21

742625465

Gulika 10:45AM – 11:56AM
Yama 8:24AM – 9:34AM
Rahu 11:56AM – 1:07PM

Pushya Until 8:19AM Thu
Sukla Until 9:26PM
Gara Until 5:31AM Thu
Panchami Until 4:36PM

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Clear *Sunset:* 4:39PM
Nataraja: Clear
Moon – Blue

Moon 11 - Phase 31 - 4
1st Phase

Creative Work Siddha Yoga

Karttika-Karttikai

Devaloka Day

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma Yoga Vanija Karana Shashthyam Titau

Rochester, NY
Sun 5 Sutra 228
Plava 5123

Kataka Rasi: 15.28 Tithi 21

742625465

Gulika 9:35AM – 10:46AM
Yama 7:14AM – 8:25AM
Rahu 1:07PM – 2:17PM

Pushya Until 8:19AM
Brahma Until 9:30PM
Vanija Until 6:15PM
Shashthi* Until 6:15PM

Ganesha: Clear *Sunrise:* 7:14AM
Muruqa: Clear *Sunset:* 4:38PM
Nataraja: Clear
Moon – Blue

Moon 11 - Phase 31 - 5
1st Phase

Creative Work Amrita Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

Devaloka Day

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY
Sun 6 Sutra 229
Plava 5123

Kataka Rasi: 27.5 Tithi 22

742625465

Gulika 8:26AM – 9:36AM
Yama 2:17PM – 3:28PM
Rahu 10:46AM – 11:57AM

Ashlesha* Until 9:57AM
Indra Until 9:07PM
Visti Until 6:52AM
Saptami Until 7:16PM

Ganesha: Clear *Sunrise:* 7:15AM
Muruqa: Clear *Sunset:* 4:38PM
Nataraja: Clear
Moon – Blue

Moon 11 - Phase 31 - 6
1st Phase

Routine Work Marana Yoga

Karttika-Karttikai

Devaloka Day



Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY
Sun 7 Sutra 230
Plava 5123

Simha Rasi: 10.31 Tithi 23

752625465

Gulika 7:16AM – 8:27AM
Yama 1:07PM – 2:17PM
Rahu 9:37AM – 10:47AM

Magha* Until 11:14AM
Vaidhriti* Until 8:07PM
Balava Until 7:32AM
Ashtami* Until 7:34PM

Ganesha: White *Sunrise:* 7:16AM
Muruqa: Clear *Sunset:* 4:37PM
Nataraja: Clear
Moon – Red

Moon 11 - Phase 31 - 7
Ashtami

Creative Work Amrita Yoga

Until 11:14AM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

Sivaloka Day

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY
Sun 8 Sutra 231
Plava 5123

Simha Rasi: 23.32 Tithi 24

753625465

Gulika 2:17PM – 3:27PM
Yama 11:57AM – 1:07PM
Rahu 3:27PM – 4:37PM

Purvaphalguni Until 11:37AM
Vishkambha* Until 6:32PM
Taitila Until 7:26AM
Navami* Until 7:04PM

Ganesha: Clear *Sunrise:* 7:18AM
Muruqa: Clear *Sunset:* 4:37PM
Nataraja: Clear
Moon – Red

Moon 11 - Phase 31 - 8
Navami

Creative Work Siddha Yoga

Until 11:37AM

Then Creative Work - Amrita Yoga

Karttika-Karttikai

Devaloka Day

1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Prili/Ayushman Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Rochester, NY
	Kanya Rasi: 7	Tithi 25 – 26	Gulika 1:07PM – 2:17PM	Uttaraphalguni Until 11:04AM	Ganesha: Clear	Sunrise: 7:19AM	Sun 9 Sutra 232
	Family Home Evening	753625465	Yama 10:48AM – 11:58AM	Priti Until 4:20PM	Muruga: Clear	Sunset: 4:36PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 8:28AM – 9:38AM	Vanija Until 6:32AM	Nataraja: Clear		Moon 11 - Phase 32 - 9 2nd Phase
			Dashami Until 5:47PM	Karttika-Karttikai	Devaloka Day		

2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Kanya Rasi: 20.55	Tithi 26 – 27	Gulika 11:58AM – 1:07PM	Hasta Until 10:04AM	Ganesha: Yellow	Sunrise: 7:20AM	Sun 10 Sutra 233
	763725465		Yama 9:39AM – 10:48AM	Ayushman Until 1:32PM	Muruga: Clear	Sunset: 4:36PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 2:17PM – 3:27PM	Kaulava Until 2:32AM Wed	Nataraja: Clear		Moon 11 - Phase 32 - 10 2nd Phase
			Ekadashi* Until 3:46PM	Karttika-Karttikai	Devaloka Day		

3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Tula Rasi: 5.16	Tithi 27 – 28	Gulika 10:49AM – 11:58AM	Chitra Until 8:17AM	Ganesha: Yellow	Sunrise: 7:21AM	Sun 11 Sutra 234
	763725465		Yama 8:30AM – 9:40AM	Saubhagya Until 10:12AM	Muruga: Clear	Sunset: 4:36PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 11:58AM – 1:08PM	Gara Until 11:36PM	Nataraja: Clear		Moon 11 - Phase 32 - 11 2nd Phase
			Dvadashi* Until 1:07PM	Karttika-Karttikai	Devaloka Day		
<i>Pradosha Vrata (Fasting)</i>							

4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sobhana/Alhiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Tula Rasi: 20.01	Tithi 28 – 29	Gulika 9:40AM – 10:50AM	Vishakha Until 3:14AM Fri	Ganesha: Red	Sunrise: 7:22AM	Sun 12 Sutra 235
	773725465		Yama 7:22AM – 8:31AM	Sobhana Until 6:28AM	Muruga: Clear	Sunset: 4:35PM	Plava 5123
	Creative Work	Siddha Yoga	Rahu 1:08PM – 2:17PM	Visti Until 8:15PM	Nataraja: Clear		Moon 11 - Phase 32 - 12 2nd Phase
			Trayodashi* Until 9:58AM	Karttika-Karttikai	Devaloka Day		

●	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika 8:32AM – 9:41AM	Anuradha Until 12:17AM Sat	Ganesha: Red	Sunrise: 7:23AM	Sun 13 Sutra 236
	Vrischika Rasi: 5.04	Tithi 29 – 30	Yama 2:17PM – 3:26PM	Sukarma Until 10:09PM	Muruga: Clear	Sunset: 4:35PM	Plava 5123
	773725465		Rahu 10:50AM – 11:59AM	Naga Until 2:44AM Sat	Nataraja: Clear		Moon 11 - Phase 32 - 13 Amavasya
			Chaturdashi* Until 6:27AM	Karttika-Karttikai	Devaloka Day		

●	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Rochester, NY
	Retreat Star		Gulika 7:24AM – 8:33AM	Jyeshtha* Until 9:10PM	Ganesha: Red	Sunrise: 7:24AM	Sun 14 Sutra 237
	Vrischika Rasi: 20.17	Tithi 1	Yama 1:08PM – 2:17PM	Dhriti Until 5:51PM	Muruga: Clear	Sunset: 4:35PM	Plava 5123
	773725465		Rahu 9:42AM – 10:51AM	Kintughna Until 12:53PM	Nataraja: Clear		Moon 11 - Phase 32 - 14 Prathama
			Prathama* Until 11:00PM	Margasira-Karttikai	Devaloka Day		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1 Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dviliyayam Titau				Rochester, NY Sun 15 Sutra 238 Plava 5123
Dhanus Rasi: 5.29	Tithi 2	Gulika 2:17PM – 3:26PM	Mula* Until 6:25PM	Ganesha: Yellow	<i>Sunrise:</i> 7:25AM	
		Yama 12:00PM – 1:09PM	Shula* Until 1:37PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 33 - 15
		783725465 Rahu 3:26PM – 4:35PM	Balava Until 9:11AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 7:24PM	Moon – Light Blue		Devaloka Day
Until 6:25PM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

2 Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Rochester, NY Sun 16 Sutra 239 Plava 5123
Dhanus Rasi: 20.34	Tithi 3 – 4	Gulika 1:09PM – 2:17PM	Purvashadha* Until 3:50PM	Ganesha: Yellow	<i>Sunrise:</i> 7:26AM	
		Yama 10:52AM – 12:00PM	Ganda* Until 9:35AM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 33 - 16
Family Home Evening		783725465 Rahu 8:35AM – 9:43AM	Vanija Until 2:36AM Tue	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 4:05PM	Moon – Light Blue		Devaloka Day
				Margasira-Karttikai		

3 Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY Sun 17 Sutra 240 Plava 5123
Makara Rasi: 5.2	Tithi 4 – 5	Gulika 12:01PM – 1:09PM	Uttarashadha Until 1:33PM	Ganesha: Yellow	<i>Sunrise:</i> 7:27AM	
		Yama 9:44AM – 10:52AM	Dhruva Until 2:37AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 33 - 17
		783725465 Rahu 2:18PM – 3:26PM	Bava Until 12:01AM Wed	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 1:13PM	Moon – Light Blue		Devaloka Day
Until 1:33PM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

4 Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Rochester, NY Sun 18 Sutra 241 Plava 5123
Makara Rasi: 19.43	Tithi 5 – 6	Gulika 10:53AM – 12:01PM	Shravana Until 12:09PM	Ganesha: White	<i>Sunrise:</i> 7:28AM	
		Yama 8:36AM – 9:45AM	Vyaghata* Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 33 - 18
		793725465 Rahu 12:01PM – 1:10PM	Kaulava Until 10:05PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:56AM	Moon – Purple		Sivaloka Day
Until 12:09PM				Margasira-Karttikai		
Then Routine Work - Prabalarishta Yoga						

5 Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Harshana Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY Sun 19 Sutra 242 Plava 5123
Kumbha Rasi: 3.38	Tithi 6 – 7	Gulika 9:45AM – 10:54AM	Dhanishtha Until 11:18AM	Ganesha: White	<i>Sunrise:</i> 7:29AM	
		Yama 7:29AM – 8:37AM	Harshana Until 9:48PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 33 - 19
		793725465 Rahu 1:10PM – 2:18PM	Gara Until 8:55PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:23AM	Moon – Purple		Sivaloka Day
				Margasira-Karttikai		

Vinayaga Viratam Ends

Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau				Rochester, NY Sun 20 Sutra 243 Plava 5123
Retreat Star		Gulika 8:38AM – 9:46AM	Shatabhishak Until 11:05AM	Ganesha: White	<i>Sunrise:</i> 7:30AM	
Kumbha Rasi: 17.07	Tithi 7 – 8	Yama 2:18PM – 3:26PM	Vajra* Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 33 - 20
		793725465 Rahu 10:54AM – 12:02PM	Visti Until 8:33PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 8:37AM	Moon – Purple		Sivaloka Day
				Margasira-Karttikai		

Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY Sun 21 Sutra 244 Plava 5123
Retreat Star		Gulika 7:31AM – 8:39AM	Purvaproshtapada* Until 11:57AM	Ganesha: White	<i>Sunrise:</i> 7:31AM	
Meena Rasi: 0.09	Tithi 8 – 9	Yama 1:11PM – 2:19PM	Siddhi Until 7:28PM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 33 - 21
		713725465 Rahu 9:47AM – 10:55AM	Balava Until 9:01PM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Ashtami* Until 8:40AM	Moon – Clear		Sivaloka Day
Until 11:57AM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

1	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Rochester, NY
	Meena Rasi: 12.48	Tithi 9 – 10	714725465	Gulika 2:19PM – 3:27PM Yama 12:03PM – 1:11PM Rahu 3:27PM – 4:35PM	Uttaraproshtapada Until 1:26PM Vyatipata* Until 7:11PM Taitila Until 10:12PM Navami* Until 9:30AM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Clear	Sun 22 Sutra 245 Plava 5123 Phase 34 - 22 4th Phase
	Creative Work	Amrita Yoga				Devaloka Day Margasira-Karttikai	

2	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Rochester, NY
	Meena Rasi: 25.09	Tithi 10 – 11	714725465	Gulika 1:11PM – 2:19PM Yama 10:56AM – 12:04PM Rahu 8:40AM – 9:48AM	Revati Until 3:22PM Variyan Until 7:22PM Vanija Until 12:01AM Tue Dashami Until 11:01AM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – Clear	Sun 23 Sutra 246 Plava 5123 Moon 11 - Phase 34 - 23 4th Phase
	Family Home Evening	Siddha Yoga		Gita Jayanthi		Devaloka Day Margasira-Karttikai	
	Creative Work						

3	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY
	Mesha Rasi: 7.16	Tithi 11 – 12	724725465	Gulika 12:04PM – 1:12PM Yama 9:49AM – 10:56AM Rahu 2:20PM – 3:27PM	Ashvini Until 6:08PM Parigha* Until 7:56PM Bava Until 2:18AM Wed Ekadashi Until 1:05PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – White	Sun 24 Sutra 247 Plava 5123 Moon 11 - Phase 34 - 24 4th Phase
	Creative Work	Siddha Yoga				Bhuloka Day Margasira-Karttikai	Devaloka Time: 3:PM to 6:PM

4	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY
	Mesha Rasi: 19.13	Tithi 12 – 13	724725465	Gulika 10:57AM – 12:05PM Yama 8:42AM – 9:49AM Rahu 12:05PM – 1:12PM	Bharani Until 9:04PM Shiva Until 8:46PM Kaulava Until 4:53AM Thu Dvadashi Until 3:33PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – White	Sun 25 Sutra 248 Plava 5123 Moon 11 - Phase 34 - 25 4th Phase
	Creative Work	Siddha Yoga		Markali Pillaiyar		Bhuloka Day Margasira-Markali	Devaloka Time: 3:PM to 6:PM
	Until 9:04PM	Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

5	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Siddha Yoga Taitila Karana Trayodashyam Titau				Rochester, NY
	Vrishabha Rasi: 1.03	Tithi 13	824725465	Gulika 9:50AM – 10:57AM Yama 7:35AM – 8:42AM Rahu 1:13PM – 2:20PM	Krittika Until 12:00AM Fri Siddha Until 9:42PM Taitila Until 6:13PM Trayodashi Until 6:13PM	Ganesha: Yellow Muruqa: Clear Nataraja: Clear Moon – White	Sun 26 Sutra 249 Plava 5123 Moon 11 - Phase 34 - 26 4th Phase
	Routine Work	Marana Yoga				Devaloka Day Margasira-Markali	

6	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
	Vrishabha Rasi: 12.51	Tithi 14	834725465	Gulika 8:43AM – 9:50AM Yama 2:21PM – 3:28PM Rahu 10:58AM – 12:06PM	Rohini Until 3:19AM Sat Sadhya Until 10:41PM Gara Until 7:36AM Chaturdashi* Until 8:57PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Yellow	Sun 27 Sutra 250 Plava 5123 Moon 11 - Phase 34 - 27 4th Phase
	Routine Work	Marana Yoga				Bhuloka Day Margasira-Markali	Devaloka Time: 3:PM to 6:PM
	Until 3:19AM Sat	Then Creative Work - Siddha Yoga					

	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
	Copper Retreat Star		714725465	Gulika 7:36AM – 8:44AM Yama 1:14PM – 2:21PM Rahu 9:51AM – 10:59AM	Mrigashira Until 6:23AM Sun Subha Until 11:39PM Visti Until 10:20AM Purnima* Until 11:38PM	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Yellow	Sun 28 Sutra 251 Plava 5123 Moon 11 - Phase 34 - Purnima
	Creative Work	Siddha Yoga				Bhuloka Day Margasira-Markali	Devaloka Time: 3:PM to 6:PM

	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY
	Silver Retreat Star		834725465	Gulika 2:22PM – 3:29PM Yama 12:07PM – 1:14PM Rahu 3:29PM – 4:36PM	Mrigashira Until 6:23AM Sukla Until 12:27AM Mon Balava Until 12:56PM Prathama* Until 2:09AM Mon	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Yellow	Sun 29 Sutra 252 Plava 5123 Moon 11 - Phase 34 - Prathama
	Creative Work	Siddha Yoga				Bhuloka Day Margasira-Markali	Devaloka Time: 3:PM to 6:PM

Ardra Darshanam

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

www.gurudeva.org/panchang



Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sutra 253

Plava 5123

Mithuna Rasi: 18.22 Tithi 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 9:06AM

Then Creative Work - Amrita Yoga

Gulika 1:15PM - 2:22PM
Yama 11:00AM - 12:07PM
Rahu 8:45AM - 9:52AM

Ardra Until 9:06AM
Brahma Until 1:05AM Tue
Taitila Until 3:21PM
Dvitiya Until 4:25AM Tue

Ganesha: White Sunrise: 7:37AM
Muruga: Clear Sunset: 4:37PM
Nataraja: Clear
Moon - Yellow

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tuesday, December 21, 2021

1

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 254

Plava 5123

Kataka Rasi: 0.21 Tithi 18

844725465

Creative Work Siddha Yoga

Gulika 12:08PM - 1:15PM
Yama 9:53AM - 11:00AM
Rahu 2:22PM - 3:30PM

Punarvasu Until 11:54AM
Indra Until 1:31AM Wed
Vanija Until 5:28PM
Tritiya Until 6:23AM Wed

Ganesha: Clear Sunrise: 7:38AM
Muruga: Clear Sunset: 4:37PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Wednesday, December 22, 2021

2

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 12.28 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Gulika 11:01AM - 12:08PM
Yama 8:46AM - 9:53AM
Rahu 12:08PM - 1:16PM

Pushya Until 2:13PM
Vaidhriti* Until 1:39AM Thu
Bava Until 7:15PM
Tritiya Until 6:23AM

Ganesha: Clear Sunrise: 7:38AM
Muruga: Clear Sunset: 4:38PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Thursday, December 23, 2021

3

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 24.44 Tithi 19 - 20

844725465

Creative Work Siddha Yoga

Until 4:01PM

Then Creative Work - Amrita Yoga

Gulika 9:54AM - 11:01AM
Yama 7:39AM - 8:46AM
Rahu 1:16PM - 2:24PM

Ashlesha* Until 4:01PM
Vishkambha* Until 1:28AM Fri
Kaulava Until 8:37PM
Chaturthi* Until 7:58AM

Ganesha: Clear Sunrise: 7:39AM
Muruga: Clear Sunset: 4:38PM
Nataraja: Clear
Moon - Blue

Devaloka Day

Friday, December 24, 2021

4

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 7.11 Tithi 20 - 21

854725465

Routine Work Marana Yoga

Until 5:40PM

Then Creative Work - Siddha Yoga

Gulika 8:47AM - 9:54AM
Yama 2:24PM - 3:32PM
Rahu 11:02AM - 12:09PM

Magha* Until 5:40PM
Priti Until 12:55AM Sat
Gara Until 9:30PM
Panchami Until 9:06AM

Ganesha: Purple Sunrise: 7:39AM
Muruga: Clear Sunset: 4:39PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Saturday, December 25, 2021

5

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 19.52 Tithi 21 - 22

855825465

Creative Work Siddha Yoga

Until 6:37PM

Then Routine Work - Marana Yoga

Gulika 7:40AM - 8:47AM
Yama 1:17PM - 2:25PM
Rahu 9:55AM - 11:02AM

Purvaphalguni Until 6:37PM
Ayushman Until 11:54PM
Visti Until 9:49PM
Shashthi* Until 9:43AM

Ganesha: Purple Sunrise: 7:40AM
Muruga: Clear Sunset: 4:40PM
Nataraja: Clear
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Sunday, December 26, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 259

Plava 5123

Kanya Rasi: 2.5 Tithi 22 - 23

855825466

Creative Work Amrita Yoga

Gulika 2:25PM - 3:33PM
Yama 12:10PM - 1:18PM
Rahu 3:33PM - 4:40PM

Uttaraphalguni Until 6:50PM
Saubhagya Until 10:24PM
Balava Until 9:30PM
Saptami Until 9:43AM

Ganesha: Purple Sunrise: 7:40AM
Muruga: Clear Sunset: 4:40PM
Nataraja: Orange
Moon - Red

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Uтарayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 16.08 Tithi 23 - 24

Family Home Evening 855825466

Creative Work Siddha Yoga

Until 6:40PM

Then Routine Work - Prabalarishta Yoga

Gulika 1:18PM - 2:26PM
Yama 11:03AM - 12:11PM
Rahu 8:48AM - 9:55AM

Hasta Until 6:40PM
Sobhana Until 8:23PM
Taitila Until 8:30PM
Ashtami* Until 9:04AM

Ganesha: Clear Sunrise: 7:40AM
Muruga: Clear Sunset: 4:41PM
Nataraja: Orange
Moon - Green

Devaloka Day

Margasira-Markali

1	Tuesday, December 28, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashyam Titau				Rochester, NY
	Kanya Rasi: 29.5	Tithi 24 – 25	865825466	Gulika Yama Rahu	12:11PM – 1:19PM 9:56AM – 11:03AM 2:26PM – 3:34PM	Chitra Until 5:43PM Athiganda* Until 5:49PM Vanija Until 6:50PM Navami* Until 7:44AM	Sun 8 Sutra 261 Plava 5123 Moon 12 - Phase 36 - 8 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Green	Sunrise: 7:40AM Sunset: 4:42PM
						Margasira*Markali	Devaloka Day

2	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Tula Rasi: 13.55	Tithi 26	865825466	Gulika Yama Rahu	11:04AM – 12:12PM 8:48AM – 9:56AM 12:12PM – 1:19PM	Svati Until 4:00PM Sukarma Until 2:46PM Bava Until 4:33PM Ekadashi* Until 3:11AM Thu	Sun 9 Sutra 262 Plava 5123 Moon 12 - Phase 36 - 9 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Green	Sunrise: 7:41AM Sunset: 4:42PM
						Margasira*Markali	Devaloka Day

3	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Rochester, NY
	Tula Rasi: 28.24	Tithi 27	875825466	Gulika Yama Rahu	9:57AM – 11:04AM 7:41AM – 8:49AM 1:20PM – 2:28PM	Vishakha Until 2:02PM Dhriti Until 11:17AM Kaulava Until 1:44PM Dvodashi* Until 12:08AM Fri	Sun 10 Sutra 263 Plava 5123 Moon 12 - Phase 36 - 10 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:41AM Sunset: 4:43PM
						Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Rochester, NY
	Vrischika Rasi: 13.13	Tithi 28	875825466	Gulika Yama Rahu	8:49AM – 9:57AM 2:28PM – 3:36PM 11:05AM – 12:13PM	Anuradha Until 11:30AM Shula* Until 7:25AM Gara Until 10:29AM Trayodashi* Until 8:45PM	Sun 11 Sutra 264 Plava 5123 Moon 12 - Phase 36 - 11 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:41AM Sunset: 4:44PM
	Until 11:30AM Then Routine Work - Marana Yoga					Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Rochester, NY
	Vrischika Rasi: 28.16	Tithi 29 – 30	875825466	Gulika Yama Rahu	7:41AM – 8:49AM 1:21PM – 2:29PM 9:57AM – 11:05AM	Jyeshtha* Until 8:35AM Vriddhi Until 11:08PM Visti Until 6:59AM Chaturdashi* Until 5:09PM	Sun 12 Sutra 265 Plava 5123 Moon 12 - Phase 36 - 12 2nd Phase
	Creative Work	Siddha Yoga				Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Orange	Sunrise: 7:41AM Sunset: 4:45PM
						Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

●	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
	Retreat Star		885825466	Gulika Yama Rahu	2:30PM – 3:38PM 12:14PM – 1:22PM 3:38PM – 4:46PM	Purvashadha* Until 3:01AM Mon Dhruva Until 6:55PM Kintughna Until 11:46PM Amavasya* Until 1:32PM	Sun 13 Sutra 266 Plava 5123 Moon 12 - Phase 36 - 13 Amavasya
	Dhanus Rasi: 13.25	Tithi 30 – 1				Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:41AM Sunset: 4:46PM
	Creative Work	Siddha Yoga				Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

Hanumath Jayanthi (Tamil Nadu)

●	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
	Retreat Star		886825466	Gulika Yama Rahu	1:22PM – 2:30PM 11:06AM – 12:14PM 8:49AM – 9:58AM	Uttarashadha Until 12:18AM Tue Vyaghata* Until 2:52PM Balava Until 8:25PM Prathama* Until 10:02AM	Sun 14 Sutra 267 Plava 5123 Moon 12 - Phase 36 - 14 Prathama
	Dhanus Rasi: 28.31	Tithi 1 – 2				Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue	Sunrise: 7:41AM Sunset: 4:47PM
	Family Home Evening					Pausha*Markali	Devaloka Day

Routine Work - Marana Yoga
Until 12:18AM Tue
Then Creative Work - Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau				Rochester, NY
	Makara Rasi: 13.25	Tithi 2 - 3	896825466	Gulika 12:14PM - 1:23PM Yama 9:58AM - 11:06AM Rahu 2:31PM - 3:39PM	Shravana Until 10:16PM Harshana Until 11:06AM Gara Until 4:07AM Wed Dvitiya Until 6:51AM	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 15 Sutra 268 Plava 5123 Moon 12 - Phase 37 - 15 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

2	Wednesday, January 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanija/Visiti* Karana Chaturthyam Titau				Rochester, NY
	Makara Rasi: 27.58	Tithi 4	896825466	Gulika 11:07AM - 12:15PM Yama 8:50AM - 9:58AM Rahu 12:15PM - 1:23PM	Dhanishtha Until 8:41PM Vajra* Until 7:44AM Vanija Until 3:00PM Chaturthi* Until 2:01AM Thu	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 16 Sutra 269 Plava 5123 Moon 12 - Phase 37 - 16 3rd Phase Devaloka Day
	Routine Work	Prabalarishta Yoga					
	Until 8:41PM	Then Creative Work - Siddha Yoga		Subramuniyaswami Jayanti			

3	Thursday, January 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Rochester, NY
	Kumbha Rasi: 12.04	Tithi 5	896825466	Gulika 9:58AM - 11:07AM Yama 7:41AM - 8:50AM Rahu 1:24PM - 2:33PM	Shatabhishak Until 7:41PM Vyatipata* Until 2:40AM Fri Bava Until 1:16PM Panchami Until 12:41AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon - Purple Pausha-Markali	Sun 17 Sutra 270 Plava 5123 Moon 12 - Phase 37 - 17 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

4	Friday, January 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Rochester, NY
	Kumbha Rasi: 25.42	Tithi 6	816825466	Gulika 8:50AM - 9:58AM Yama 2:33PM - 3:42PM Rahu 11:07AM - 12:16PM	Purvaproshtapada* Until 7:48PM Variyan Until 1:07AM Sat Kaulava Until 12:21PM Shashthi* Until 12:13AM Sat	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 18 Sutra 271 Plava 5123 Moon 12 - Phase 37 - 18 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					

5	Saturday, January 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saplamyam Titau				Rochester, NY
	Meena Rasi: 8.52	Tithi 7	816825466	Gulika 7:41AM - 8:50AM Yama 1:25PM - 2:34PM Rahu 9:59AM - 11:07AM	Uttaraproshtapada Until 8:37PM Parigha* Until 12:15AM Sun Gara Until 12:20PM Saptami Until 12:38AM Sun	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 19 Sutra 272 Plava 5123 Moon 12 - Phase 37 - 19 3rd Phase Devaloka Day
	Creative Work	Siddha Yoga					
	Until 8:37PM	Then Routine Work - Prabalarishta Yoga					

D	Sunday, January 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
	Retreat Star		816825466	Gulika 2:35PM - 3:44PM Yama 12:17PM - 1:26PM Rahu 3:44PM - 4:53PM	Revati Until 10:07PM Shiva Until 12:03AM Mon Visti Until 1:11PM Ashtami* Until 1:54AM Mon	Ganesha: Red Muruqa: Clear Nataraja: Orange Moon - Clear Pausha-Markali	Sun 20 Sutra 273 Plava 5123 Moon 12 - Phase 37 - 20 Ashtami Devaloka Day
	Creative Work	Amrita Yoga					
	Until 10:07PM	Then Creative Work - Siddha Yoga					

D	Monday, January 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
	Retreat Star		826825466	Gulika 1:26PM - 2:35PM Yama 11:08AM - 12:17PM Rahu 8:50AM - 9:59AM	Ashvini Until 12:38AM Tue Siddha Until 12:22AM Tue Balava Until 2:49PM Navami* Until 3:52AM Tue	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon - White Pausha-Markali	Sun 21 Sutra 274 Plava 5123 Moon 12 - Phase 37 - 21 Navami Sivaloka Day
	Mesha Rasi: 3.56	Tithi 9					
	Family Home Evening	Siddha Yoga					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau		Rochester, NY Sun 22 Sutra 275 Plava 5123	
Mesha Rasi: 16	Tithi 10	Gulika 12:18PM – 1:27PM	Bharani Until 3:29AM Wed	Ganesha: Red	<i>Sunrise:</i> 7:40AM	Muruqa: Clear	<i>Sunset:</i> 4:55PM
		Yama 9:59AM – 11:08AM	Sadhya Until 1:05AM Wed	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 22
		827825466 Rahu 2:36PM – 3:46PM	Taitila Until 5:05PM				4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:21AM Wed	Pausha-Markali		Devaloka Day	
Until 3:29AM Wed							
Then Creative Work - Amrita Yoga							

2		Wednesday, January 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 23 Sutra 276 Plava 5123	
Mesha Rasi: 27.53	Tithi 10 – 11	Gulika 11:08AM – 12:18PM	Krittika Until 6:27AM Thu	Ganesha: Red	<i>Sunrise:</i> 7:40AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM
		Yama 8:49AM – 9:59AM	Subha Until 2:04AM Thu	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 23
		827825466 Rahu 12:18PM – 1:27PM	Vanija Until 7:43PM				4th Phase
Creative Work	Amrita Yoga		Dashami Until 6:21AM	Pausha-Markali		Devaloka Day	
Until 6:27AM Thu		Vaikuntha Ekadasi					
Then Routine Work - Marana Yoga							

3		Thursday, January 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Rochester, NY Sun 24 Sutra 277 Plava 5123	
Vrishabha Rasi: 9.41	Tithi 11 – 12	Gulika 9:59AM – 11:09AM	Krittika Until 6:27AM	Ganesha: Red	<i>Sunrise:</i> 7:39AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM
		Yama 7:39AM – 8:49AM	Sukla Until 3:05AM Fri	Nataraja: Orange		Moon – White	Moon 12 - Phase 38 - 24
		827825466 Rahu 1:28PM – 2:38PM	Bava Until 10:31PM				4th Phase
Routine Work	Marana Yoga		Ekadashi Until 9:05AM	Pausha-Markali		Devaloka Day	

4		Friday, January 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Rochester, NY Sun 25 Sutra 278 Plava 5123	
Vrishabha Rasi: 21.27	Tithi 12 – 13	Gulika 8:49AM – 9:59AM	Rohini Until 9:48AM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM	Muruqa: Clear	<i>Sunset:</i> 4:58PM
		Yama 2:39PM – 3:48PM	Brahma Until 4:02AM Sat	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 25
		827825466 Rahu 11:09AM – 12:19PM	Kaulava Until 1:14AM Sat				4th Phase
Routine Work	Marana Yoga		Dvadashi Until 11:52AM	Pausha-Thai		Bhuloka Day	
Until 9:48AM		Thai Pongal				Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5		Saturday, January 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Rochester, NY Sun 26 Sutra 279 Plava 5123	
Mithuna Rasi: 3.16	Tithi 13 – 14	Gulika 7:39AM – 8:49AM	Mrigashira Until 12:52PM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM	Muruqa: Clear	<i>Sunset:</i> 5:00PM
		Yama 1:29PM – 2:39PM	Indra Until 4:50AM Sun	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 26
		827825466 Rahu 9:59AM – 11:09AM	Gara Until 3:44AM Sun				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 2:30PM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6		Sunday, January 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Rochester, NY Sun 27 Sutra 280 Plava 5123	
Mithuna Rasi: 15.1	Tithi 14 – 15	Gulika 2:40PM – 3:50PM	Ardra Until 3:30PM	Ganesha: Blue	<i>Sunrise:</i> 7:38AM	Muruqa: Clear	<i>Sunset:</i> 5:01PM
		Yama 12:19PM – 1:30PM	Vaidhriti* Until 5:21AM Mon	Nataraja: Orange		Moon – Yellow	Moon 12 - Phase 38 - 27
		827825466 Rahu 3:50PM – 5:01PM	Visti Until 5:54AM Mon				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:51PM	Pausha-Thai		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

○		Monday, January 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Bava Karana Purnimayam Titau		Rochester, NY Sutra 281 Plava 5123	
Copper Retreat Star		Gulika 1:30PM – 2:41PM	Punarvasu Until 6:06PM	Ganesha: Red	<i>Sunrise:</i> 7:38AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM
Mithuna Rasi: 27.11	Tithi 15	Yama 11:09AM – 12:20PM	Vishkambha* Until 5:35AM Tue	Nataraja: Orange		Moon – Blue	Moon 12 - Phase 38 - Purnima
Family Home Evening		848835466 Rahu 8:48AM – 9:59AM	Bava Until 6:49PM				
Creative Work	Amrita Yoga		Purnima* Until 6:49PM	Pausha-Thai		Sivaloka Day	
Until 6:06PM							
Then Creative Work - Siddha Yoga							

○		Tuesday, January 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Rochester, NY Sutra 282 Plava 5123	
Silver Retreat Star		Gulika 12:20PM – 1:31PM	Pushya Until 8:10PM	Ganesha: Red	<i>Sunrise:</i> 7:37AM	Muruqa: Purple	<i>Sunset:</i> 5:03PM
Kataka Rasi: 9.23	Tithi 16	Yama 9:59AM – 11:09AM	Priti Until 5:33AM Wed	Nataraja: Orange		Moon – Blue	Moon 12 - Phase 38 - Prathama
		848835466 Rahu 2:42PM – 3:52PM	Balava Until 7:41AM				
Creative Work	Siddha Yoga		Prathama* Until 8:24PM	Pausha-Thai		Sivaloka Day	
		Thai Pusam					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sun 1 Sutra 283

Plava 5123

Moon 1 - Phase 39 - 1

1st Phase

Kataka Rasi: 21.44 Tithi 17

848935466 Rahu 12:20PM - 1:31PM

Gulika 11:09AM - 12:20PM

Yama 8:47AM - 9:58AM

Ashlesha* Until 9:42PM

Ayushman Until 5:10AM Thu

Taitila Until 9:03AM

Dvitiya Until 9:34PM

Ganesha: Yellow Sunrise: 7:36AM

Muruqa: Purple Sunset: 5:04PM

Nataraja: Orange

Moon - Blue

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

Thursday, January 20, 2022

1

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY

Sun 2 Sutra 284

Plava 5123

Moon 1 - Phase 39 - 2

1st Phase

Simha Rasi: 4.15 Tithi 18

858935466 Rahu 1:32PM - 2:43PM

Gulika 9:58AM - 11:09AM

Yama 7:36AM - 8:47AM

Magha* Until 11:10PM

Saubhagya Until 4:31AM Fri

Vanija Until 10:02AM

Tritiya Until 10:21PM

Ganesha: White Sunrise: 7:36AM

Muruqa: Purple Sunset: 5:06PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 11:10PM

Then Creative Work - Siddha Yoga

Friday, January 21, 2022

2

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthyam Titau

Rochester, NY

Sun 3 Sutra 285

Plava 5123

Moon 1 - Phase 39 - 3

1st Phase

Simha Rasi: 16.57 Tithi 19

858935466 Rahu 11:10AM - 12:21PM

Gulika 8:47AM - 9:58AM

Yama 2:44PM - 3:55PM

Purvaphalguni Until 12:06AM Sat

Sobhana Until 3:35AM Sat

Bava Until 10:37AM

Chaturthi* Until 10:45PM

Ganesha: White Sunrise: 7:35AM

Muruqa: Purple Sunset: 5:07PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 12:06AM Sat

Then Routine Work - Marana Yoga

Saturday, January 22, 2022

3

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Rochester, NY

Sun 4 Sutra 286

Plava 5123

Moon 1 - Phase 39 - 4

1st Phase

Simha Rasi: 29.5 Tithi 20

858935466 Rahu 9:58AM - 11:10AM

Gulika 7:34AM - 8:46AM

Yama 1:33PM - 2:45PM

Uttaraphalguni Until 12:30AM Sun

Athiganda* Until 2:18AM Sun

Kaulava Until 10:49AM

Panchami Until 10:44PM

Ganesha: White Sunrise: 7:34AM

Muruqa: Purple Sunset: 5:08PM

Nataraja: Orange

Moon - Red

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 12:30AM Sun

Then Creative Work - Amrita Yoga

Sunday, January 23, 2022

4

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Rochester, NY

Sun 5 Sutra 287

Plava 5123

Moon 1 - Phase 39 - 5

1st Phase

Kanya Rasi: 12.55 Tithi 21

868935466 Rahu 3:58PM - 5:10PM

Gulika 2:46PM - 3:58PM

Yama 12:22PM - 1:34PM

Hasta Until 12:47AM Mon

Sukarma Until 12:42AM Mon

Gara Until 10:36AM

Shashthi* Until 10:18PM

Ganesha: Clear Sunrise: 7:34AM

Muruqa: Purple Sunset: 5:10PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Sivaloka Day

Creative Work Amrita Yoga

Until 12:47AM Mon

Then Routine Work - Prabalarishta Yoga

Monday, January 24, 2022

5

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Rochester, NY

Sun 6 Sutra 288

Plava 5123

Moon 1 - Phase 39 - 6

1st Phase

Kanya Rasi: 26.14 Tithi 22

969935466 Rahu 8:45AM - 9:57AM

Gulika 1:34PM - 2:46PM

Yama 11:10AM - 12:22PM

Chitra Until 12:28AM Tue

Dhriti Until 10:45PM

Visti Until 9:56AM

Saptami Until 9:24PM

Ganesha: Green Sunrise: 7:33AM

Muruqa: Purple Sunset: 5:11PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:28AM Tue

Then Creative Work - Siddha Yoga

Tuesday, January 25, 2022

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Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rochester, NY

Sun 7 Sutra 289

Plava 5123

Moon 1 - Phase 39 - 7

Ashtami

Tula Rasi: 9.49 Tithi 23

969935466 Rahu 2:47PM - 4:00PM

Gulika 12:22PM - 1:35PM

Yama 9:57AM - 11:10AM

Svati Until 11:31PM

Shula* Until 8:23PM

Balava Until 8:47AM

Ashtami* Until 8:01PM

Ganesha: Green Sunrise: 7:32AM

Muruqa: Purple Sunset: 5:12PM

Nataraja: Orange

Moon - Green

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 11:31PM

Then Routine Work - Marana Yoga

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY

Sun 8 Sutra 290

Plava 5123

Moon 1 - Phase 39 - 8

Navami

Tula Rasi: 23.41 Tithi 24

979935466 Rahu 12:22PM - 1:35PM

Gulika 11:09AM - 12:22PM

Yama 8:44AM - 9:57AM

Vishakha Until 10:23PM

Ganda* Until 5:39PM

Taitila Until 7:09AM

Navami* Until 6:08PM

Ganesha: Orange Sunrise: 7:31AM

Muruqa: Purple Sunset: 5:13PM

Nataraja: Orange

Moon - Orange

Pausha*Thai

Sivaloka Day

Creative Work Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

www.gurudeva.org/panchang

1 Thursday, January 27, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Rochester, NY
Anuradha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau Sun 9 Sutra 291

Wrischika Rasi: 7.51 Tithi 25 - 26
979935466 **Gulika** 9:56AM - 11:09AM **Anuradha Until 8:40PM** **Ganesha:** Orange *Sunrise:* 7:30AM Plava 5123
Yama 7:30AM - 8:43AM **Vriddhi Until 2:34PM** **Muruqa:** Purple *Sunset:* 5:15PM Moon 1 - Phase 40 - 9
Rahu 1:36PM - 2:49PM **Bava Until 2:31AM Fri** **Nataraja:** Orange 2nd Phase
Moon - Orange **Sivaloka Day**

Creative Work Siddha Yoga
Until 8:40PM **Dashami Until 3:49PM** **Pausha*Thai**

Then Routine Work - Prabalarishta Yoga

2 Friday, January 28, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Rochester, NY
Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 292

Wrischika Rasi: 22.19 Tithi 26 - 27
979935466 **Gulika** 8:43AM - 9:56AM **Jyeshtha* Until 6:27PM** **Ganesha:** Orange *Sunrise:* 7:29AM Plava 5123
Yama 2:49PM - 4:03PM **Dhruva Until 11:08AM** **Muruqa:** Purple *Sunset:* 5:16PM Moon 1 - Phase 40 - 10
Rahu 11:09AM - 12:23PM **Kaulava Until 11:39PM** **Nataraja:** Orange 2nd Phase
Moon - Orange **Sivaloka Day**

Routine Work Marana Yoga
Until 6:27PM **Ekadashi* Until 1:06PM** **Pausha*Thai**

Then Creative Work - Amrita Yoga

3 Saturday, January 29, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Rochester, NY
Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 293

Dhanus Rasi: 6.59 Tithi 27 - 28
989935466 **Gulika** 7:28AM - 8:42AM **Mula* Until 4:16PM** **Ganesha:** Light Blue *Sunrise:* 7:28AM Plava 5123
Yama 1:37PM - 2:50PM **Vyaghata* Until 7:29AM** **Muruqa:** Purple *Sunset:* 5:17PM Moon 1 - Phase 40 - 11
Rahu 9:56AM - 11:09AM **Gara Until 8:33PM** **Nataraja:** Orange 2nd Phase
Moon - Light Blue **Devaloka Day**

Creative Work Siddha Yoga
Dvadashi* Until 10:06AM **Pausha*Thai**

Pradosha Vrata (Fasting)

4 Sunday, January 30, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Rochester, NY
Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanja/Sakuni* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 294

Dhanus Rasi: 21.49 Tithi 28 - 29
989935466 **Gulika** 2:51PM - 4:05PM **Purvashadha* Until 1:49PM** **Ganesha:** Light Blue *Sunrise:* 7:27AM Plava 5123
Yama 12:23PM - 1:37PM **Vajra* Until 11:51PM** **Muruqa:** Purple *Sunset:* 5:19PM Moon 1 - Phase 40 - 12
Rahu 4:05PM - 5:19PM **Sakuni Until 3:46AM Mon** **Nataraja:** Orange 2nd Phase
Moon - Light Blue **Devaloka Day**

Creative Work Siddha Yoga
Until 1:49PM **Trayodashi* Until 6:57AM** **Pausha*Thai**

Then Creative Work - Amrita Yoga

Monday, January 31, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Rochester, NY
Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau Sun 13 Sutra 295

Makara Rasi: 6.4 Tithi 30
981935466 **Gulika** 1:37PM - 2:52PM **Uttarashadha Until 11:16AM** **Ganesha:** Orange *Sunrise:* 7:26AM Plava 5123
Yama 11:09AM - 12:23PM **Siddhi Until 8:07PM** **Muruqa:** Purple *Sunset:* 5:20PM Moon 1 - Phase 40 - 13
Rahu 8:41AM - 9:55AM **Catuspada Until 2:15PM** **Nataraja:** Orange Amavasya
Moon - Light Blue **Sivaloka Day**

Family Home Evening
Routine Work Marana Yoga
Until 11:16AM **Amavasya* Until 12:45AM Tue** **Pausha*Thai**

Then Creative Work - Amrita Yoga

Tuesday, February 1, 2022 Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukra Pakshe Mangala Vasara Yuktayam Rochester, NY
Shravana/Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 14 Sutra 296

Makara Rasi: 21.23 Tithi 1
991935466 **Gulika** 12:23PM - 1:37PM **Shravana Until 9:12AM** **Ganesha:** Clear *Sunrise:* 7:26AM Plava 5123
Yama 9:55AM - 11:09AM **Vyatipata* Until 4:37PM** **Muruqa:** Purple *Sunset:* 5:20PM Moon 1 - Phase 40 - 14
Rahu 2:52PM - 4:06PM **Kintughna Until 11:21AM** **Nataraja:** Orange Prathama
Moon - Purple **Sivaloka Day**

Creative Work Siddha Yoga
Prathama* Until 10:01PM **Magha*Thai**

1	Wednesday, February 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
	Kumbha Rasi: 5.5	Tithi 2	Gulika 11:09AM – 12:23PM	Dhanishtha Until 7:22AM	Ganesha: Clear	<i>Sunrise:</i> 7:25AM	Sun 15 Sutra 297
			Yama 8:40AM – 9:54AM	Variyan Until 1:26PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Plava 5123
		991935466	Rahu 12:23PM – 1:38PM	Balava Until 8:51AM	Nataraja: Orange		Moon 1 - Phase 41 - 15 3rd Phase
Routine Work Prabalarishta Yoga Until 7:22AM Then Creative Work - Siddha Yoga		Dvitiya Until 7:46PM		Moon – Purple		Sivaloka Day	

2	Thursday, February 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY
	Kumbha Rasi: 19.57	Tithi 3	Gulika 9:54AM – 11:09AM	Purvaproshtapada* Until 5:27AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:24AM	Sun 16 Sutra 298
			Yama 7:24AM – 8:39AM	Parigha* Until 10:44AM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Plava 5123
		991935467	Rahu 1:38PM – 2:53PM	Taitila Until 6:54AM	Nataraja: Clear		Moon 1 - Phase 41 - 16 3rd Phase
Creative Work Siddha Yoga		Tritiya Until 6:09PM		Moon – Purple		Sivaloka Day	

3	Friday, February 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY
	Meena Rasi: 3.38	Tithi 4 – 5	Gulika 8:38AM – 9:53AM	Uttaraproshtapada Until 5:37AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:23AM	Sun 17 Sutra 299
			Yama 2:54PM – 4:09PM	Shiva Until 8:38AM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Plava 5123
		991935467	Rahu 11:09AM – 12:24PM	Bava Until 5:12AM Sat	Nataraja: Clear		Moon 1 - Phase 41 - 17 3rd Phase
Creative Work Siddha Yoga Until 5:37AM Sat Then Routine Work - Prabalarishta Yoga		Chaturthi* Until 5:18PM		Moon – Clear		Subha Sivaloka Day	

4	Saturday, February 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
	Meena Rasi: 16.52	Tithi 5 – 6	Gulika 7:22AM – 8:37AM	Revati Until 6:29AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:22AM	Sun 18 Sutra 300
			Yama 1:39PM – 2:55PM	Siddha Until 7:09AM	Muruqa: Purple	<i>Sunset:</i> 5:25PM	Plava 5123
		991935467	Rahu 9:53AM – 11:08AM	Kaulava Until 5:38AM Sun	Nataraja: Clear		Moon 1 - Phase 41 - 18 3rd Phase
Routine Work Prabalarishta Yoga Until 6:29AM Sun Then Creative Work - Siddha Yoga		Panchami Until 5:17PM		Moon – Clear		Subha Sivaloka Day	

5	Sunday, February 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila Karana Shashthyam Titau				Rochester, NY
	Meena Rasi: 29.39	Tithi 6	Gulika 2:55PM – 4:11PM	Revati Until 6:29AM	Ganesha: Purple	<i>Sunrise:</i> 7:21AM	Sun 19 Sutra 301
			Yama 12:24PM – 1:40PM	Sadhya Until 6:21AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Plava 5123
		991935467	Rahu 4:11PM – 5:27PM	Taitila Until 6:09PM	Nataraja: Clear		Moon 1 - Phase 41 - 19 3rd Phase
Creative Work Amrita Yoga Until 6:29AM Then Creative Work - Siddha Yoga		Shashthi* Until 6:09PM		Moon – Clear		Subha Sivaloka Day	

6	Monday, February 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Rochester, NY
	Mesha Rasi: 12.04	Tithi 7	Gulika 1:40PM – 2:56PM	Ashvini Until 8:28AM	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	Sun 20 Sutra 302
	Family Home Evening		Yama 11:08AM – 12:24PM	Subha Until 6:12AM	Muruqa: Purple	<i>Sunset:</i> 5:28PM	Plava 5123
		921935467	Rahu 8:36AM – 9:52AM	Gara Until 6:54AM	Nataraja: Clear		Moon 1 - Phase 41 - 20 3rd Phase
Creative Work Siddha Yoga		Saptami Until 7:48PM		Moon – White		Sivaloka Day	

D	Tuesday, February 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Rochester, NY
	Retreat Star		Gulika 12:24PM – 1:40PM	Bharani Until 10:57AM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	Sun 21 Sutra 303
	Mesha Rasi: 24.11	Tithi 8	Yama 9:51AM – 11:08AM	Sukla Until 6:34AM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Plava 5123
		921935467	Rahu 2:57PM – 4:13PM	Visti Until 8:53AM	Nataraja: Clear		Moon 1 - Phase 41 - 21 Ashtami
Creative Work Siddha Yoga		Ashtami* Until 10:03PM		Moon – White		Sivaloka Day	

D	Wednesday, February 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
	Retreat Star		Gulika 11:07AM – 12:24PM	Krittika Until 1:44PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Sun 22 Sutra 304
	Vrishabha Rasi: 6.05	Tithi 9	Yama 8:34AM – 9:51AM	Brahma Until 7:20AM	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Plava 5123
		921935467	Rahu 12:24PM – 1:41PM	Balava Until 11:22AM	Nataraja: Clear		Moon 1 - Phase 41 - 22 Navami
Creative Work Amrita Yoga Until 1:44PM Then Creative Work - Siddha Yoga		Navami* Until 12:41AM Thu		Moon – White		Sivaloka Day	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY	
	Vrishabha Rasi: 17.54	Tithi 10	931935467	Sun 23	Sutra 305	Plava 5123		
	Routine Work	Marana Yoga	Gulika 9:50AM – 11:07AM Yama 7:16AM – 8:33AM Rahu 1:41PM – 2:58PM	Rohini Until 5:03PM Indra Until 8:20AM Taitila Until 2:05PM Dashami Until 3:26AM Fri	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:15AM Sunset: 5:32PM	Moon 1 - Phase 42 - 23 4th Phase	Subha Sivaloka Day
					Magha-Thai			

2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY	
	Vrishabha Rasi: 29.41	Tithi 11	932935467	Sun 24	Sutra 306	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 8:32AM – 9:49AM Yama 2:59PM – 4:16PM Rahu 11:07AM – 12:24PM	Mrigashira Until 8:09PM Vaidhriti* Until 9:19AM Vanija Until 4:46PM Ekadashi Until 6:01AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:15AM Sunset: 5:33PM	Moon 1 - Phase 42 - 24 4th Phase	Sivaloka Day
					Magha-Thai			

3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Rochester, NY	
	Mithuna Rasi: 11.32	Tithi 11 – 12	932135467	Sun 25	Sutra 307	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 7:13AM – 8:31AM Yama 1:42PM – 2:59PM Rahu 9:49AM – 11:06AM	Ardra Until 10:48PM Vishkambha* Until 10:10AM Bava Until 7:12PM Ekadashi Until 6:01AM	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Yellow	Sunrise: 7:13AM Sunset: 5:33PM	Moon 1 - Phase 42 - 25 4th Phase	Sivaloka Day
					Magha-Masi			

4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Rochester, NY	
	Mithuna Rasi: 23.31	Tithi 12 – 13	942135467	Sun 26	Sutra 308	Plava 5123		
	Creative Work	Siddha Yoga	Gulika 3:00PM – 4:18PM Yama 12:24PM – 1:42PM Rahu 4:18PM – 5:36PM	Punarvasu Until 1:23AM Mon Priti Until 10:45AM Kaulava Until 9:13PM Dvadashi Until 8:15AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:12AM Sunset: 5:36PM	Moon 1 - Phase 42 - 26 4th Phase	Devaloka Day
					Magha-Masi			

Pradosha Vrata

5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY		
	Kataka Rasi: 5.41	Tithi 13 – 14	942135467	Sun 27	Sutra 309	Plava 5123			
	Family Home Evening	Creative Work	Siddha Yoga	Gulika 1:42PM – 3:01PM Yama 11:06AM – 12:24PM Rahu 8:29AM – 9:47AM	Pushya Until 3:18AM Tue Ayushman Until 10:57AM Gara Until 10:42PM Trayodashi Until 10:00AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:11AM Sunset: 5:37PM	Moon 1 - Phase 42 - 27 4th Phase	Devaloka Day
					Magha-Masi				

Chidambaram Abhishekam

○	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau				Rochester, NY	
	Copper Retreat Star		Kataka Rasi: 18.04	Tithi 14 – 15	942135467	Sun 28	Sutra 310	Plava 5123
	Creative Work	Siddha Yoga	Gulika 12:24PM – 1:43PM Yama 9:47AM – 11:05AM Rahu 3:01PM – 4:20PM	Ashlesha* Until 4:33AM Wed Saubhagya Until 10:46AM Visti Until 11:40PM Chaturdashy* Until 11:14AM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Blue	Sunrise: 7:09AM Sunset: 5:39PM	Moon 1 - Phase 42 - Purnima	Devaloka Day
					Magha-Masi			

○	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY	
	Silver Retreat Star		Simha Rasi: 0.4	Tithi 15 – 16	952135467	Sun 29	Sutra 311	Plava 5123
	Creative Work	Siddha Yoga	Gulika 11:05AM – 12:24PM Yama 8:27AM – 9:46AM Rahu 12:24PM – 1:43PM	Magha* Until 5:39AM Thu Sobhana Until 10:12AM Balava Until 12:08AM Thu Purnima* Until 11:57AM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 7:08AM Sunset: 5:40PM	Moon 1 - Phase 42 - Prathama	Sivaloka Day
					Magha-Masi			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

www.gurudeva.org/panchang



Thursday, February 17, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Rochester, NY

Sutra 312

Plava 5123

Simha Rasi: 13.31 Tithi 16 - 17

952135467

Gulika 9:45AM - 11:05AM
Yama 7:06AM - 8:26AM
Rahu 1:43PM - 3:03PM

Purvaphalguni Until 6:09AM Fri
Athiganda* Until 9:13AM
Taitila Until 12:08AM Fri
Prathama* Until 12:10PM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 7:06AM
Sunset: 5:41PM

Moon 2 - Phase 43 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Friday, February 18, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 313

Plava 5123

Simha Rasi: 26.34 Tithi 17 - 18

952135467

Gulika 8:25AM - 9:44AM
Yama 3:03PM - 4:23PM
Rahu 11:04AM - 12:24PM

Purvaphalguni Until 6:09AM
Sukarma Until 7:56AM
Vanija Until 11:46PM
Dvitiya Until 11:59AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 7:05AM
Sunset: 5:43PM

Moon 2 - Phase 43 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Rochester, NY

Sun 2 Sutra 314

Plava 5123

Kanya Rasi: 9.49 Tithi 18 - 19

952135467

Gulika 7:04AM - 8:24AM
Yama 1:44PM - 3:04PM
Rahu 9:44AM - 11:04AM

Uttaraphalguni Until 6:10AM
Dhriti Until 6:23AM
Bava Until 11:04PM
Tritiya Until 11:26AM

Ganesha: Yellow
Muruqa: Purple
Nataraja: Clear
Moon - Red
Magha-Masi

Sunrise: 7:04AM
Sunset: 5:44PM

Moon 2 - Phase 43 - 2 1st Phase

Sivaloka Day

Routine Work Marana Yoga

Maha Sankatahara Chaturthi

3

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rochester, NY

Sun 3 Sutra 315

Plava 5123

Kanya Rasi: 23.14 Tithi 19 - 20

962135467

Gulika 3:05PM - 4:25PM
Yama 12:24PM - 1:44PM
Rahu 4:25PM - 5:45PM

Hasta Until 6:10AM
Ganda* Until 2:33AM Mon
Kaulava Until 10:05PM
Chaturthi* Until 10:35AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 7:02AM
Sunset: 5:45PM

Moon 2 - Phase 43 - 3 1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 6:10AM

Then Creative Work - Siddha Yoga

4

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vriddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 4 Sutra 316

Plava 5123

Tula Rasi: 6.47 Tithi 20 - 21

962135467

Gulika 1:44PM - 3:05PM
Yama 11:03AM - 12:24PM
Rahu 8:21AM - 9:42AM

Svati Until 4:57AM Tue
Vriddhi Until 12:20AM Tue
Gara Until 8:50PM
Panchami Until 9:28AM

Ganesha: White
Muruqa: Purple
Nataraja: Clear
Moon - Green
Magha-Masi

Sunrise: 7:01AM
Sunset: 5:47PM

Moon 2 - Phase 43 - 4 1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:57AM Tue

Then Routine Work - Marana Yoga

5

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 5 Sutra 317

Plava 5123

Tula Rasi: 20.31 Tithi 21 - 22

972135467

Gulika 12:24PM - 1:45PM
Yama 9:41AM - 11:02AM
Rahu 3:06PM - 4:27PM

Vishakha Until 4:11AM Wed
Dhruva Until 9:55PM
Visti Until 7:21PM
Shashthi* Until 8:06AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:59AM
Sunset: 5:48PM

Moon 2 - Phase 43 - 5 1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 4:11AM Wed

Then Creative Work - Siddha Yoga

D

Wednesday, February 23, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 6 Sutra 318

Plava 5123

Vrischika Rasi: 4.22 Tithi 22 - 23

972135467

Gulika 11:02AM - 12:23PM
Yama 8:19AM - 9:40AM
Rahu 12:23PM - 1:45PM

Anuradha Until 3:02AM Thu
Vyaghata* Until 7:17PM
Kaulava Until 4:38AM Thu
Saptami Until 6:29AM

Ganesha: Clear
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:58AM
Sunset: 5:49PM

Moon 2 - Phase 43 - 6 Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 3:02AM Thu

Then Routine Work - Prabalarishta Yoga

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Rochester, NY

Sun 7 Sutra 319

Plava 5123

Vrischika Rasi: 18.23 Tithi 24

973135467

Gulika 9:40AM - 11:01AM
Yama 6:56AM - 8:18AM
Rahu 1:45PM - 3:07PM

Jyeshtha* Until 1:31AM Fri
Harshana Until 4:30PM
Taitila Until 3:37PM
Navami* Until 2:31AM Fri

Ganesha: Purple
Muruqa: Purple
Nataraja: Clear
Moon - Orange
Magha-Masi

Sunrise: 6:56AM
Sunset: 5:50PM

Moon 2 - Phase 43 - 7 Navami

Subha Sivaloka Day

Routine Work Prabalarishta Yoga

Until 1:31AM Fri

Then Creative Work - Amrita Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Rochester, NY on 5/23/1


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1	Friday, February 25, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Vanija/Visi* Karana Dashamyam Titau				Rochester, NY
	Dhanus Rasi: 2.34	Tithi 25	Gulika 8:17AM – 9:39AM	Mula* Until 12:04AM Sat	Ganesha: Clear	Sunrise: 6:54AM	Sun 8 Sutra 320
			Yama 3:07PM – 4:30PM	Vajra* Until 1:29PM	Muruqa: Purple	Sunset: 5:52PM	Plava 5123
	983135467	Rahu 11:01AM – 12:23PM		Vanija Until 1:25PM	Nataraja: Clear		Moon 2 - Phase 44 - 8
Creative Work	Amrita Yoga		Dashami Until 12:13AM Sat	Moon – Light Blue		2nd Phase	
	Until 12:04AM Sat			Magha-Masi		Sivaloka Day	
	Then Creative Work - Siddha Yoga						

2	Saturday, February 26, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ekadashyam Titau				Rochester, NY
	Dhanus Rasi: 16.52	Tithi 26	Gulika 6:53AM – 8:15AM	Purvashadha* Until 10:20PM	Ganesha: Clear	Sunrise: 6:53AM	Sun 9 Sutra 321
			Yama 1:45PM – 3:08PM	Siddhi Until 10:21AM	Muruqa: Purple	Sunset: 5:53PM	Plava 5123
	983135467	Rahu 9:38AM – 11:00AM		Bava Until 11:01AM	Nataraja: Clear		Moon 2 - Phase 44 - 9
Creative Work	Siddha Yoga		Ekadashi* Until 9:46PM	Moon – Light Blue		2nd Phase	
	Until 10:20PM			Magha-Masi		Sivaloka Day	
	Then Routine Work - Marana Yoga						

3	Sunday, February 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Rochester, NY
	Makara Rasi: 1.16	Tithi 27	Gulika 3:09PM – 4:31PM	Uttarashadha Until 8:24PM	Ganesha: Clear	Sunrise: 6:51AM	Sun 10 Sutra 322
			Yama 12:23PM – 1:46PM	Vyatipata* Until 7:09AM	Muruqa: Purple	Sunset: 5:54PM	Plava 5123
	983135467	Rahu 4:31PM – 5:54PM		Kaulava Until 8:32AM	Nataraja: Clear		Moon 2 - Phase 44 - 10
Creative Work	Amrita Yoga		Dvadashti* Until 7:15PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Sivaloka Day	

4	Monday, February 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Visi* Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Makara Rasi: 15.4	Tithi 28 – 29	Gulika 1:46PM – 3:09PM	Shravana Until 6:49PM	Ganesha: Orange	Sunrise: 6:50AM	Sun 11 Sutra 323
	Family Home Evening		Yama 10:59AM – 12:23PM	Parigha* Until 12:46AM Tue	Muruqa: Purple	Sunset: 5:56PM	Plava 5123
	993135467	Rahu 8:13AM – 9:36AM		Gara Until 6:02AM	Nataraja: Clear		Moon 2 - Phase 44 - 11
Creative Work	Amrita Yoga		Trayodashi* Until 4:48PM	Moon – Purple		2nd Phase	
	Until 6:49PM	Mahasivaratri (Solar)		Magha-Masi		Sivaloka Day	
	Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)				

	Tuesday, March 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashii/Amavasyayam Titau				Rochester, NY
	Retreat Star		Gulika 12:22PM – 1:46PM	Dhanishtha Until 5:17PM	Ganesha: Orange	Sunrise: 6:46AM	Sun 12 Sutra 324
	Makara Rasi: 29.59	Tithi 29 – 30	Yama 9:34AM – 10:58AM	Shiva Until 9:49PM	Muruqa: Purple	Sunset: 5:58PM	Plava 5123
	993135467	Rahu 3:10PM – 4:34PM		Catuspada Until 1:31AM Wed	Nataraja: Clear		Moon 2 - Phase 44 - 12
Creative Work	Siddha Yoga		Chaturdashii* Until 2:32PM	Moon – Purple		Amavasya	
	Until 5:17PM			Magha-Masi		Sivaloka Day	
	Then Routine Work - Marana Yoga						

Retreat Star	Wednesday, March 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Rochester, NY
	Kumbha Rasi: 14.07	Tithi 30 – 1	Gulika 10:58AM – 12:22PM	Shatabhishak Until 3:57PM	Ganesha: Orange	Sunrise: 6:45AM	Sun 13 Sutra 325
			Yama 8:09AM – 9:33AM	Siddha Until 7:10PM	Muruqa: Purple	Sunset: 5:59PM	Plava 5123
	993135467	Rahu 12:22PM – 1:46PM		Kintughna Until 11:48PM	Nataraja: Clear		Moon 2 - Phase 44 - 13
Creative Work	Siddha Yoga		Amavasya* Until 12:35PM	Moon – Purple		Prathama	
	Until 3:57PM			Phalguna-Masi		Sivaloka Day	
	Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Rochester, NY
Kumbha Rasi: 27.59	Tithi 1 – 2	Gulika	9:32AM – 10:57AM	Purvaproshtapada* Until 3:24PM	Ganesha: Green	<i>Sunrise:</i> 6:43AM	Sun 14	Sutra 326
		Yama	6:43AM – 8:08AM	Sadhya Until 4:56PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM		Plava 5123
913135467		Rahu	1:47PM – 3:11PM	Balava Until 10:37PM	Nataraja: Clear		Moon 2 -	Phase 45 - 14
Creative Work	Siddha Yoga			Prathama* Until 11:07AM	Moon – Clear			3rd Phase
					Phalguna-Masi		Subha Sivaloka Day	

2		Friday, March 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Rochester, NY
Meena Rasi: 11.3	Tithi 2 – 3	Gulika	8:06AM – 9:32AM	Uttaraproshtapada Until 3:20PM	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Sun 15	Sutra 327
		Yama	3:12PM – 4:37PM	Subha Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM		Plava 5123
913135467		Rahu	10:57AM – 12:22PM	Taitila Until 10:06PM	Nataraja: Clear		Moon 2 -	Phase 45 - 15
Creative Work	Siddha Yoga			Dvitiya Until 10:15AM	Moon – Clear			3rd Phase
					Phalguna-Masi		Subha Sivaloka Day	

3		Saturday, March 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Rochester, NY
Meena Rasi: 24.38	Tithi 3 – 4	Gulika	6:40AM – 8:05AM	Revati Until 3:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:40AM	Sun 16	Sutra 328
		Yama	1:47PM – 3:12PM	Sukla Until 2:03PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM		Plava 5123
113135467		Rahu	9:31AM – 10:56AM	Vanija Until 10:20PM	Nataraja: Clear		Moon 2 -	Phase 45 - 16
Routine Work	Prabalarishta Yoga			Tritiya Until 10:06AM	Moon – Clear			3rd Phase
Until 3:48PM					Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					

4		Sunday, March 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Rochester, NY
Mesha Rasi: 7.25	Tithi 4 – 5	Gulika	3:13PM – 4:39PM	Ashvini Until 5:20PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	Sun 17	Sutra 329
		Yama	12:21PM – 1:47PM	Brahma Until 1:29PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM		Plava 5123
123135467		Rahu	4:39PM – 6:04PM	Bava Until 11:20PM	Nataraja: Clear		Moon 2 -	Phase 45 - 17
Creative Work	Siddha Yoga			Chaturthi* Until 10:43AM	Moon – White			3rd Phase
Until 5:20PM					Phalguna-Masi		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga								

5		Monday, March 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
Mesha Rasi: 19.5	Tithi 5 – 6	Gulika	1:47PM – 3:13PM	Bharani Until 7:25PM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	Sun 18	Sutra 330
Family Home Evening		Yama	10:55AM – 12:21PM	Indra Until 1:30PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM		Plava 5123
123135467		Rahu	8:03AM – 9:29AM	Kaulava Until 1:02AM Tue	Nataraja: Clear		Moon 2 -	Phase 45 - 18
Creative Work	Siddha Yoga			Panchami Until 12:05PM	Moon – White			3rd Phase
Until 7:25PM					Phalguna-Masi		Sivaloka Day	
Then Routine Work - Marana Yoga								

6		Tuesday, March 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY
Vrishabha Rasi: 1.59	Tithi 6 – 7	Gulika	12:21PM – 1:47PM	Krittika Until 9:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	Sun 19	Sutra 331
		Yama	9:28AM – 10:54AM	Vaidhriti* Until 1:58PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM		Plava 5123
123135477		Rahu	3:14PM – 4:40PM	Gara Until 3:16AM Wed	Nataraja: Green		Moon 2 -	Phase 45 - 19
Creative Work	Siddha Yoga			Shashthi* Until 2:04PM	Moon – White			3rd Phase
Until 9:53PM					Phalguna-Masi		Devaloka Day	
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, March 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY
Vrishabha Rasi: 13.56	Tithi 7 – 8	Gulika	10:54AM – 12:20PM	Rohini Until 1:02AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	Sun 20	Sutra 332
		Yama	8:00AM – 9:27AM	Vishkambha* Until 2:46PM	Muruqa: Clear	<i>Sunset:</i> 6:08PM		Plava 5123
133235477		Rahu	12:20PM – 1:47PM	Visti Until 5:50AM Thu	Nataraja: Green		Moon 2 -	Phase 45 - 20
Creative Work	Siddha Yoga			Saptami Until 4:30PM	Moon – Yellow			3rd Phase
Until 1:02AM Thu					Phalguna-Masi		Devaloka Day	
Then Routine Work - Marana Yoga								

Retreat Star		Thursday, March 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava Karana Ashtamyam Titau				Rochester, NY
Vrishabha Rasi: 25.46	Tithi 8	Gulika	9:26AM – 10:53AM	Mrigashira Until 4:06AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:31AM	Sun 21	Sutra 333
		Yama	6:31AM – 7:58AM	Priti Until 3:45PM	Muruqa: Clear	<i>Sunset:</i> 6:09PM		Plava 5123
134235477		Rahu	1:47PM – 3:15PM	Bava Until 7:07PM	Nataraja: Green		Moon 2 -	Phase 45 - 21
Routine Work	Marana Yoga			Ashtami* Until 7:07PM	Moon – Yellow			Ashtami
Until 4:06AM Fri					Phalguna-Masi		Sivaloka Day	
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, March 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau				Rochester, NY
Mithuna Rasi: 7.35	Tithi 9	Gulika	7:57AM – 9:25AM	Ardra Until 6:52AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Sun 22	Sutra 334
		Yama	3:15PM – 4:43PM	Ayushman Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 6:10PM		Plava 5123
134235477		Rahu	10:52AM – 12:20PM	Balava Until 8:27AM	Nataraja: Green		Moon 2 -	Phase 45 - 22
Creative Work	Siddha Yoga			Navami* Until 9:40PM	Moon – Yellow			Navami
					Phalguna-Masi		Sivaloka Day	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1		Saturday, March 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dashamyam Titau				Rochester, NY
Mithuna Rasi: 19.28	Tithi 10	Gulika 6:28AM – 7:56AM	Ardra Until 6:52AM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Sun 23	Sutra 335	Plava 5123
		Yama 1:48PM – 3:16PM	Saubhagya Until 5:23PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM			Moon 2 - Phase 46 - 23
134235477	Rahu 9:24AM – 10:52AM		Taitila Until 10:51AM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:53PM	Moon – Yellow			Sivaloka Day	
				Phalguna-Masi				

2		Sunday, March 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Rochester, NY
Kataka Rasi: 1.3	Tithi 11	Gulika 3:16PM – 4:44PM	Punarvasu Until 9:35AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Sun 24	Sutra 336	Plava 5123
		Yama 12:19PM – 1:48PM	Sobhana Until 5:47PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM			Moon 2 - Phase 46 - 24
144235477	Rahu 4:44PM – 6:13PM		Vanija Until 12:51PM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:37AM Mon	Moon – Blue			Devaloka Day	
				Phalguna-Masi				

3		Monday, March 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvodashyam Titau				Rochester, NY
Kataka Rasi: 13.45	Tithi 12	Gulika 1:48PM – 3:17PM	Pushya Until 11:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 25	Sutra 337	Plava 5123
Family Home Evening		Yama 10:50AM – 12:19PM	Athiganda* Until 5:43PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 46 - 25
144235477	Rahu 7:53AM – 9:22AM		Bava Until 2:16PM	Nataraja: Green				4th Phase
Creative Work	Siddha Yoga		Dvodashi Until 2:44AM Tue	Moon – Blue			Devaloka Day	
		Karadayyan Nombu (Tamil Nadu)		Phalguna-Panguni				

4		Tuesday, March 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau				Rochester, NY
Kataka Rasi: 26.16	Tithi 13	Gulika 12:19PM – 1:48PM	Ashlesha* Until 12:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 26	Sutra 338	Plava 5123
		Yama 9:21AM – 10:50AM	Sukarma Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM			Moon 2 - Phase 46 - 26
144235478	Rahu 3:17PM – 4:46PM		Kaulava Until 3:04PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 3:11AM Wed	Moon – Blue			Devaloka Day	
				Phalguna-Panguni				
				<i>Pradosha Vrata</i>				

5		Wednesday, March 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Rochester, NY
Simha Rasi: 9.04	Tithi 14	Gulika 10:49AM – 12:19PM	Magha* Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 27	Sutra 339	Plava 5123
		Yama 7:50AM – 9:20AM	Dhriti Until 4:08PM	Muruqa: Clear	<i>Sunset:</i> 6:16PM			Moon 2 - Phase 46 - 27
154235478	Rahu 12:19PM – 1:48PM		Gara Until 3:12PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:02AM Thu	Moon – Red			Sivaloka Day	
Until 1:51PM				Phalguna-Panguni				
Then Creative Work - Amrita Yoga								

○		Thursday, March 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Rochester, NY
Copper Retreat Star		Gulika 9:19AM – 10:48AM	Purvaphalguni Until 2:04PM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Sun 28	Sutra 340	Plava 5123
Simha Rasi: 22.11	Tithi 15	Yama 6:19AM – 7:49AM	Shula* Until 2:37PM	Muruqa: Clear	<i>Sunset:</i> 6:18PM			Moon 2 - Phase 46 - Purnima
154235478	Rahu 1:48PM – 3:18PM		Visti Until 2:45PM	Nataraja: White				
Creative Work	Siddha Yoga		Purnima* Until 2:19AM Fri	Moon – Red			Sivaloka Day	
		Panguni Uttiram		Phalguna-Panguni				
		Holi						

Friday, March 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Prathamayam Titau				Rochester, NY		
Silver Retreat Star		Gulika 7:47AM – 9:18AM	Uttaraphalguni Until 1:39PM	Ganesha: White	<i>Sunrise:</i> 6:17AM	Sun 29	Sutra 341	Plava 5123
Kanya Rasi: 5.35	Tithi 16	Yama 3:18PM – 4:49PM	Ganda* Until 12:43PM	Muruqa: Clear	<i>Sunset:</i> 6:19PM			Moon 2 - Phase 46 - Prathama
154235478	Rahu 10:48AM – 12:18PM		Balava Until 1:48PM	Nataraja: White				
Creative Work	Siddha Yoga		Prathama* Until 1:08AM Sat	Moon – Red			Sivaloka Day	
Until 1:39PM				Phalguna-Panguni				
Then Creative Work - Amrita Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dvitiyayam Titau

Rochester, NY

Sutra 342

Plava 5123

Kanya Rasi: 19.14 Tithi 17

164235478

Gulika 6:15AM – 7:46AM
Yama 1:48PM – 3:19PM
Rahu 9:17AM – 10:47AM

Hasta **Until 1:07PM**
Vridhhi **Until 10:30AM**
Taitila **Until 12:26PM**
Dvitiya **Until 11:36PM**

Ganesha: Yellow *Sunrise: 6:15AM*
Muruqa: Clear *Sunset: 6:20PM*
Nataraja: White
Moon – Green
Phalguna-Panguni

Moon 3 - Phase 47 - 1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rochester, NY

Sun 1 Sutra 343

Plava 5123

Tula Rasi: 3.05 Tithi 18

164235478

Gulika 3:19PM – 4:50PM
Yama 12:17PM – 1:48PM
Rahu 4:50PM – 6:21PM

Chitra **Until 12:08PM**
Dhruva **Until 8:00AM**
Vanija **Until 10:45AM**
Tritiya **Until 9:49PM**

Ganesha: Yellow *Sunrise: 6:14AM*
Muruqa: Clear *Sunset: 6:21PM*
Nataraja: White
Moon – Green
Phalguna-Panguni

Moon 3 - Phase 47 - 1st Phase

Devaloka Day

Creative Work Siddha Yoga

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Bava/Balava Karana Chaturtham Titau

Rochester, NY

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 17.05 Tithi 19

164235478

Gulika 1:48PM – 3:20PM
Yama 10:46AM – 12:17PM
Rahu 7:43AM – 9:15AM

Svati **Until 10:49AM**
Harshana **Until 2:36AM Tue**
Bava **Until 8:53AM**
Chaturthi* **Until 7:52PM**

Ganesha: Yellow *Sunrise: 6:12AM*
Muruqa: Clear *Sunset: 6:22PM*
Nataraja: White
Moon – Green
Phalguna-Panguni

Moon 3 - Phase 47 - 2 1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 10:49AM
Then Routine Work - Marana Yoga

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Rochester, NY

Sun 3 Sutra 345

Plava 5123

Vrischika Rasi: 1.1 Tithi 20 – 21

174235478

Gulika 12:17PM – 1:49PM
Yama 9:13AM – 10:45AM
Rahu 3:20PM – 4:52PM

Vishakha **Until 9:40AM**
Vajra* **Until 11:46PM**
Kaulava **Until 6:53AM**
Panchami **Until 5:50PM**

Ganesha: Blue *Sunrise: 6:10AM*
Muruqa: Clear *Sunset: 6:24PM*
Nataraja: White
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47 - 3 1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Siddha Yoga

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Rochester, NY

Sun 4 Sutra 346

Plava 5123

Vrischika Rasi: 15.17 Tithi 21 – 22

175235478

Gulika 10:44AM – 12:17PM
Yama 7:40AM – 9:12AM
Rahu 12:17PM – 1:49PM

Anuradha **Until 8:19AM**
Siddhi **Until 8:55PM**
Visti **Until 2:44AM Thu**
Shashthi* **Until 3:45PM**

Ganesha: Yellow *Sunrise: 6:08AM*
Muruqa: Clear *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47 - 4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Thursday, March 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Rochester, NY

Sun 5 Sutra 347

Plava 5123

Vrischika Rasi: 29.25 Tithi 22 – 23

175235478

Gulika 9:11AM – 10:44AM
Yama 6:07AM – 7:39AM
Rahu 1:49PM – 3:21PM

Jyeshtha* **Until 6:49AM**
Vyatipata* **Until 6:06PM**
Balava **Until 12:39AM Fri**
Saptami **Until 1:40PM**

Ganesha: Yellow *Sunrise: 6:07AM*
Muruqa: Clear *Sunset: 6:26PM*
Nataraja: White
Moon – Orange
Phalguna-Panguni

Moon 3 - Phase 47 - 5 Ashtami

Devaloka Day

Routine Work Prabalarishta Yoga

Until 6:49AM

Then Creative Work - Siddha Yoga

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Rochester, NY

Sun 6 Sutra 348

Plava 5123

Dhanus Rasi: 13.32 Tithi 23 – 24

185235478

Gulika 7:38AM – 9:10AM
Yama 3:21PM – 4:54PM
Rahu 10:43AM – 12:16PM

Purvashadha* **Until 4:19AM Sat**
Variyan **Until 3:16PM**
Taitila **Until 10:37PM**
Ashtami* **Until 11:37AM**

Ganesha: Blue *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Phalguna-Panguni

Moon 3 - Phase 47 - 6 Navami

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 4:19AM Sat

Then Routine Work - Marana Yoga

Devaloka Time: 12:PM to 3:PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

.ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1		Saturday, March 26, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Rochester, NY Sun 7 Sutra 349 Plava 5123	
Dhanus Rasi: 27.38	Tithi 24 – 25	Gulika 6:03AM – 7:36AM	Uttarashadha Until 2:57AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:03AM	Moon 3 - Phase 48 - 7	
	185235478	Yama 1:49PM – 3:22PM	Parigha* Until 12:30PM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	2nd Phase	
Routine Work	Marana Yoga	Rahu 9:09AM – 10:42AM	Vanija Until 8:38PM	Nataraja: White		Bhuloka Day	
Until 2:57AM Sun			Navami* Until 9:36AM	Moon – Light Blue		Devaloka Time: 12:PM to 3:PM	
Then Creative Work	- Amrita Yoga			Phalguna-Panguni			

2		Sunday, March 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Rochester, NY Sun 8 Sutra 350 Plava 5123	
Makara Rasi: 11.41	Tithi 25 – 26	Gulika 3:22PM – 4:56PM	Shravana Until 1:58AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Moon 3 - Phase 48 - 8	
	195235478	Yama 12:15PM – 1:49PM	Shiva Until 9:48AM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	2nd Phase	
Creative Work	Amrita Yoga	Rahu 4:56PM – 6:29PM	Bava Until 6:45PM	Nataraja: White		Devaloka Day	
Until 1:58AM Mon			Dashami Until 7:39AM	Moon – Purple			
Then Creative Work	- Siddha Yoga			Phalguna-Panguni			

3		Monday, March 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Rochester, NY Sun 9 Sutra 351 Plava 5123	
Makara Rasi: 25.4	Tithi 27	Gulika 1:49PM – 3:23PM	Dhanishtha Until 1:01AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Moon 3 - Phase 48 - 9	
Family Home Evening	195235478	Yama 10:41AM – 12:15PM	Siddha Until 7:11AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	2nd Phase	
Creative Work	Siddha Yoga	Rahu 7:33AM – 9:07AM	Kaulava Until 5:01PM	Nataraja: White		Devaloka Day	
Until 1:01AM Tue			Dvadashti* Until 4:13AM Tue	Moon – Purple			
Then Routine Work	- Marana Yoga			Phalguna-Panguni			

4		Tuesday, March 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau		Rochester, NY Sun 10 Sutra 352 Plava 5123	
Kumbha Rasi: 9.31	Tithi 28	Gulika 12:15PM – 1:49PM	Shatabhishak Until 12:11AM Wed	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Moon 3 - Phase 48 - 10	
	195245478	Yama 9:06AM – 10:40AM	Subha Until 2:33AM Wed	Muruqa: White	<i>Sunset:</i> 6:32PM	2nd Phase	
Routine Work	Marana Yoga	Rahu 3:23PM – 4:57PM	Gara Until 3:32PM	Nataraja: White		Bhuloka Day	
Until 12:11AM Wed			Trayodashi* Until 2:52AM Wed	Moon – Purple		Devaloka Time: 6:AM to 9:AM	
Then Creative Work	- Amrita Yoga			Phalguna-Panguni		<i>Pradosha Vrata (Fasting)</i>	

5		Wednesday, March 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Rochester, NY Sun 11 Sutra 353 Plava 5123	
Kumbha Rasi: 23.12	Tithi 29	Gulika 10:40AM – 12:14PM	Purvaproshtapada* Until 12:01AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:56AM	Moon 3 - Phase 48 - 11	
	115245478	Yama 7:31AM – 9:05AM	Sukla Until 12:37AM Thu	Muruqa: White	<i>Sunset:</i> 6:33PM	2nd Phase	
Creative Work	Amrita Yoga	Rahu 12:14PM – 1:49PM	Visti Until 2:21PM	Nataraja: White		Bhuloka Day	
Until 12:01AM Thu			Chaturdashi* Until 1:54AM Thu	Moon – Clear			
Then Creative Work	- Siddha Yoga			Phalguna-Panguni			

Retreat Star		Thursday, March 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Rochester, NY Sun 12 Sutra 354 Plava 5123	
Meena Rasi: 6.39	Tithi 30	Gulika 9:04AM – 10:39AM	Uttaraproshtapada Until 12:09AM Fri	Ganesha: Green	<i>Sunrise:</i> 5:54AM	Moon 3 - Phase 48 - 12	
	115245478	Yama 5:54AM – 7:29AM	Brahma Until 11:04PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Amavasya	
Creative Work	Siddha Yoga	Rahu 1:49PM – 3:24PM	Catuspada Until 1:36PM	Nataraja: White		Bhuloka Day	
			Amavasya* Until 1:24AM Fri	Moon – Clear			
				Phalguna-Panguni			

Retreat Star		Friday, April 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Rochester, NY Sun 13 Sutra 355 Plava 5123	
Meena Rasi: 19.51	Tithi 1	Gulika 7:29AM – 9:04AM	Revati Until 12:40AM Sat	Ganesha: Red	<i>Sunrise:</i> 5:54AM	Moon 3 - Phase 48 - 13	
	116245478	Yama 3:24PM – 4:59PM	Indra Until 9:59PM	Muruqa: White	<i>Sunset:</i> 6:34PM	Prathama	
Creative Work	Siddha Yoga	Rahu 10:39AM – 12:14PM	Kintughna Until 1:23PM	Nataraja: White		Bhuloka Day	
			Prathama* Until 1:28AM Sat	Moon – Clear		Devaloka Time: 9:AM to 12:PM	
		Yugadhi		Chaitra-Panguni			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Rochester, NY
Mesha Rasi: 2.44	Tithi 2	Gulika 5:52AM – 7:28AM	Ashvini Until 2:06AM Sun	Ganesha: Yellow	Sunrise: 5:52AM	Sun 14	Sutra 356	
		Yama 1:49PM – 3:25PM	Vaidhriti* Until 9:20PM	Muruḡa: White	Sunset: 6:35PM		Plava 5123	
		126245478 Rahu 9:03AM – 10:38AM	Balava Until 1:45PM	Nataraja: White		Moon 3 - Phase 49 - 14	3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day		
Until 2:06AM Sun		Chellappaswami Mahasamadhi	Dvitiya Until 2:09AM Sun	Chaitra-Panguni		Devaloka Time: 9:AM to12:PM		
Then Routine Work - Prabalarishta Yoga								

2		Sunday, April 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau				Rochester, NY
Mesha Rasi: 15.21	Tithi 3	Gulika 3:25PM – 5:01PM	Bharani Until 3:59AM Mon	Ganesha: White	Sunrise: 5:51AM	Sun 15	Sutra 357	
		Yama 12:14PM – 1:49PM	Vishkambha* Until 9:11PM	Muruḡa: White	Sunset: 6:36PM		Plava 5123	
		126345478 Rahu 5:01PM – 6:36PM	Taitila Until 2:45PM	Nataraja: White		Moon 3 - Phase 49 - 15	3rd Phase	
Routine Work	Prabalarishta Yoga			Moon – White		Bhuloka Day		
Until 3:59AM Mon			Tritiya Until 3:27AM Mon	Chaitra-Panguni				
Then Routine Work - Marana Yoga								

3		Monday, April 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Rochester, NY
Mesha Rasi: 27.41	Tithi 4	Gulika 1:49PM – 3:25PM	Krittika Until 6:13AM Tue	Ganesha: White	Sunrise: 5:49AM	Sun 16	Sutra 358	
Family Home Evening		Yama 10:37AM – 12:13PM	Priti Until 9:30PM	Muruḡa: White	Sunset: 6:38PM		Plava 5123	
		126345478 Rahu 7:25AM – 9:01AM	Vanija Until 4:20PM	Nataraja: White		Moon 3 - Phase 49 - 16	3rd Phase	
Routine Work	Marana Yoga			Moon – White		Bhuloka Day		
Until 6:13AM Tue			Chaturthi* Until 5:18AM Tue	Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

4		Tuesday, April 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman Yoga Bava Karana Panchamyam Titau				Rochester, NY
Vrishabha Rasi: 9.47	Tithi 5	Gulika 12:13PM – 1:49PM	Krittika Until 6:13AM	Ganesha: White	Sunrise: 5:47AM	Sun 17	Sutra 359	
		Yama 9:00AM – 10:36AM	Ayushman Until 10:09PM	Muruḡa: White	Sunset: 6:39PM		Plava 5123	
		126345478 Rahu 3:26PM – 5:02PM	Bava Until 6:25PM	Nataraja: White		Moon 3 - Phase 49 - 17	3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Bhuloka Day		
Until 6:13AM			Panchami Until 7:35AM Wed	Chaitra-Panguni				
Then Creative Work - Amrita Yoga								

5		Wednesday, April 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Rochester, NY
Vrishabha Rasi: 21.44	Tithi 5 – 6	Gulika 10:36AM – 12:13PM	Rohini Until 9:12AM	Ganesha: Clear	Sunrise: 5:45AM	Sun 18	Sutra 360	
		Yama 7:22AM – 8:59AM	Saubhagya Until 11:02PM	Muruḡa: White	Sunset: 6:40PM		Plava 5123	
		126345478 Rahu 12:13PM – 1:49PM	Kaulava Until 8:51PM	Nataraja: White		Moon 3 - Phase 49 - 18	3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day		
			Panchami Until 7:35AM	Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

6		Thursday, April 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Rochester, NY
Mithuna Rasi: 3.35	Tithi 6 – 7	Gulika 8:58AM – 10:35AM	Mrigashira Until 12:13PM	Ganesha: Clear	Sunrise: 5:44AM	Sun 19	Sutra 361	
		Yama 5:44AM – 7:21AM	Sobhana Until 12:01AM Fri	Muruḡa: White	Sunset: 6:41PM		Plava 5123	
		126345478 Rahu 1:50PM – 3:27PM	Gara Until 11:23PM	Nataraja: White		Moon 3 - Phase 49 - 19	3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		Bhuloka Day		
			Shashthi* Until 10:06AM	Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

Retreat Star		Friday, April 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Rochester, NY
Mithuna Rasi: 15.26	Tithi 7 – 8	Gulika 7:19AM – 8:57AM	Ardra Until 3:03PM	Ganesha: Clear	Sunrise: 5:42AM	Sun 20	Sutra 362	
		Yama 3:27PM – 5:05PM	Athiganda* Until 12:53AM Sat	Muruḡa: White	Sunset: 6:42PM		Plava 5123	
		126345478 Rahu 10:35AM – 12:12PM	Visti Until 1:49AM Sat	Nataraja: White		Moon 3 - Phase 49 - 20	Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		Bhuloka Day		
			Saptami Until 12:36PM	Chaitra-Panguni		Devaloka Time: 6:AM to 9:AM		

Retreat Star		Saturday, April 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Rochester, NY
Mithuna Rasi: 27.2	Tithi 8 – 9	Gulika 5:40AM – 7:18AM	Punarvasu Until 5:59PM	Ganesha: Clear	Sunrise: 5:40AM	Sun 21	Sutra 363	
		Yama 1:50PM – 3:28PM	Sukarma Until 1:31AM Sun	Muruḡa: White	Sunset: 6:43PM		Plava 5123	
		147345478 Rahu 8:56AM – 10:34AM	Balava Until 3:54AM Sun	Nataraja: White		Moon 3 - Phase 49 - 21	Navami	
Creative Work	Siddha Yoga			Moon – Blue		Bhuloka Day		
		Sri Rama Navami	Ashtami* Until 2:54PM	Chaitra-Panguni		Devaloka Time: 9:AM to12:PM		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

..ll times are standard time. Calculated for Rochester, NY on 5/23/1

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1	Sunday, April 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Rochester, NY
	Kataka Rasi: 9.22	Tithi 9 – 10	Gulika 3:28PM – 5:06PM	Pushya Until 8:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Sun 22 Sutra 364
			Yama 12:11PM – 1:50PM	Dhriti Until 1:46AM Mon	Muruqa: White	<i>Sunset:</i> 6:45PM	Plava 5123
	Creative Work	Siddha Yoga	147345478 Rahu 5:06PM – 6:45PM	Taitila Until 5:28AM Mon	Nataraja: White		Moon 3 - Phase 50 - 22 4th Phase
			Navami* Until 4:45PM	Moon – Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Chaitra•Panguni			


2	Monday, April 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Gara Karana Dashamyam Titau				Rochester, NY
	Kataka Rasi: 21.38	Tithi 10	Gulika 1:50PM – 3:28PM	Ashlesha* Until 9:54PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Plava 5123
	Family Home Evening		Yama 10:33AM – 12:11PM	Shula* Until 1:31AM Tue	Muruqa: White	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 50 - 23
	Creative Work	Siddha Yoga	147345478 Rahu 7:15AM – 8:54AM	Gara Until 6:00PM	Nataraja: White		4th Phase
			Dashami Until 6:00PM	Moon – Blue		Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Yogaswami Mahasamadhi	Chaitra•Panguni			

3	Tuesday, April 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Vanija/Visiti* Karana Ekadashyam Titau				Rochester, NY
	Simha Rasi: 4.11	Tithi 11	Gulika 12:11PM – 1:50PM	Magha* Until 11:06PM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Plava 5123
			Yama 8:53AM – 10:32AM	Ganda* Until 12:43AM Wed	Muruqa: White	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 50 - 24
	Creative Work	Siddha Yoga	157345478 Rahu 3:29PM – 5:08PM	Vanija Until 6:23AM	Nataraja: White		4th Phase
			Ekadashi Until 6:33PM	Moon – Red		Devaloka Day	
				Chaitra•Panguni			

4	Wednesday, April 13, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Rochester, NY
	Simha Rasi: 17.04	Tithi 12	Gulika 10:31AM – 12:11PM	Purvaphalguni Until 11:27PM	Ganesha: Purple	<i>Sunrise:</i> 5:33AM	Subhakrit 5124
			Yama 7:13AM – 8:52AM	Vriddhi Until 11:22PM	Muruqa: White	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 50 - 25
	Creative Work	Amrita Yoga	157345478 Rahu 12:11PM – 1:50PM	Bava Until 6:34AM	Nataraja: White		4th Phase
			Dvadashi Until 6:22PM	Moon – Red		Devaloka Day	
			Tamil New Year	Chaitra•Chaitra			

5	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Rochester, NY
	Kanya Rasi: 0.19	Tithi 13 – 14	Gulika 8:51AM – 10:31AM	Uttaraphalguni Until 10:58PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Subhakrit 5124
			Yama 5:32AM – 7:11AM	Dhruva Until 9:26PM	Muruqa: White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 50 - 26
			257345478 Rahu 1:50PM – 3:30PM	Kaulava Until 6:01AM	Nataraja: White		4th Phase
			Trayodashi Until 5:29PM	Moon – Red		Bhuloka Day Devaloka Time: 9:AM to12:PM	
				Chaitra•Chaitra			
				<i>Pradosha Vrata</i>			

6	Friday, April 15, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau				Rochester, NY
	Kanya Rasi: 13.56	Tithi 14 – 15	Gulika 7:10AM – 8:50AM	Hasta Until 10:11PM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Subhakrit 5124
			Yama 3:30PM – 5:10PM	Vyaghata* Until 7:02PM	Muruqa: White	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 50 - 27
	Creative Work	Amrita Yoga	268345478 Rahu 10:30AM – 12:10PM	Visiti Until 3:02AM Sat	Nataraja: White		4th Phase
			Chaturdashi* Until 3:58PM	Moon – Green		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Chaitra•Chaitra			

	Saturday, April 16, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Rochester, NY
	Kanya Rasi: 27.54	Tithi 15 – 16	Gulika 5:28AM – 7:09AM	Chitra Until 8:47PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Subhakrit 5124
			Yama 1:50PM – 3:31PM	Harshana Until 4:15PM	Muruqa: White	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 50 -
	Routine Work	Marana Yoga	268345478 Rahu 8:49AM – 10:30AM	Balava Until 12:48AM Sun	Nataraja: White		Purnima
			Purnima* Until 1:57PM	Moon – Green		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Chaitra•Chaitra			
				Chitra Purnima (Tamil Nadu)			
				Hanuman Jayanti			

○	Sunday, April 17, 2022		Subhakrit Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Rochester, NY
	Tula Rasi: 12.09	Tithi 16 – 17	Gulika 3:31PM – 5:12PM	Svati Until 6:55PM	Ganesha: Clear	<i>Sunrise:</i> 5:27AM	Subhakrit 5124
			Yama 12:10PM – 1:50PM	Vajra* Until 1:09PM	Muruqa: White	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 50 -
	Creative Work	Siddha Yoga	268345478 Rahu 5:12PM – 6:53PM	Taitila Until 10:16PM	Nataraja: White		Prathama
			Prathama* Until 11:33AM	Moon – Green		Bhuloka Day Devaloka Time: 6:AM to 9:AM	
				Chaitra•Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for on 5/23/19

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