



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau

Padua, Italy

Tula Rasi: 29.37 Tithi 17 – 18

274483468

Gulika

3:40PM – 5:23PM

Yama

12:13PM – 1:56PM

Rahu

5:23PM – 7:07PM

Vishakha Until 12:28PM

Vyatipata* Until 10:59PM

Vanija Until 7:23PM

Dvitiya Until 8:01AM

Ganesha: Blue

Sunrise: 5:19AM

Muruqa: Yellow

Sunset: 7:07PM

Nataraja: Purple

Moon – Orange

Chaitra*Chaitra

Moon 4 - Phase 2

1st Phase

Devaloka Day

Routine Work Marana Yoga

Monday, April 22, 2019

1

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrurthyam Titau

Padua, Italy

Vrischika Rasi: 13.12 Tithi 18 – 19

274483468

Gulika

1:57PM – 3:40PM

Yama

10:29AM – 12:13PM

Rahu

7:01AM – 8:45AM

Anuradha Until 12:13PM

Variyan Until 9:23PM

Bava Until 6:39PM

Tritiya Until 6:54AM

Ganesha: Blue

Sunrise: 5:18AM

Muruqa: Yellow

Sunset: 7:07PM

Nataraja: Purple

Moon – Orange

Chaitra*Chaitra

Sun 1

Sutra 8

Vikarin 5121

Moon 4 - Phase 2

1st Phase

Devaloka Day

Family Home Evening Creative Work Siddha Yoga

Tuesday, April 23, 2019

2

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Padua, Italy

Vrischika Rasi: 26.22 Tithi 19 – 20

274483468

Gulika

12:13PM – 1:57PM

Yama

8:44AM – 10:28AM

Rahu

3:41PM – 5:25PM

Jyeshtha* Until 12:35PM

Parigha* Until 8:27PM

Kaulava Until 6:43PM

Chaturthi* Until 6:33AM

Ganesha: Blue

Sunrise: 5:16AM

Muruqa: Yellow

Sunset: 7:09PM

Nataraja: Purple

Moon – Orange

Chaitra*Chaitra

Sun 2

Sutra 9

Vikarin 5121

Moon 4 - Phase 2

1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 12:35PM

Then Creative Work - Amrita Yoga

Wednesday, April 24, 2019

3

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Padua, Italy

Dhanus Rasi: 9.07 Tithi 20 – 21

284483468

Gulika

10:28AM – 12:12PM

Yama

6:59AM – 8:43AM

Rahu

12:12PM – 1:57PM

Mula* Until 2:04PM

Shiva Until 8:09PM

Gara Until 7:36PM

Panchami Until 7:02AM

Ganesha: Yellow

Sunrise: 5:14AM

Muruqa: Yellow

Sunset: 7:11PM

Nataraja: Purple

Moon – Light Blue

Chaitra*Chaitra

Sun 3

Sutra 10

Vikarin 5121

Moon 4 - Phase 2

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:04PM

Then Creative Work - Amrita Yoga

Thursday, April 25, 2019

4

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Padua, Italy

Dhanus Rasi: 21.31 Tithi 21 – 22

284483469

Gulika

8:42AM – 10:27AM

Yama

5:13AM – 6:58AM

Rahu

1:57PM – 3:42PM

Purvashadha* Until 4:08PM

Siddha Until 8:23PM

Visti Until 9:12PM

Shashthi* Until 8:18AM

Ganesha: Yellow

Sunrise: 5:13AM

Muruqa: Yellow

Sunset: 7:12PM

Nataraja: Clear

Moon – Light Blue

Chaitra*Chaitra

Sun 4

Sutra 11

Vikarin 5121

Moon 4 - Phase 2

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 4:08PM

Then Routine Work - Marana Yoga

Friday, April 26, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Padua, Italy

Makara Rasi: 3.38 Tithi 22 – 23

284583469

Gulika

6:56AM – 8:42AM

Yama

3:43PM – 5:28PM

Rahu

10:27AM – 12:12PM

Uttarashadha Until 6:35PM

Sadhya Until 9:04PM

Balava Until 11:22PM

Saptami Until 10:13AM

Ganesha: Red

Sunrise: 5:11AM

Muruqa: Yellow

Sunset: 7:13PM

Nataraja: Clear

Moon – Light Blue

Chaitra*Chaitra

Sun 5

Sutra 12

Vikarin 5121

Moon 4 - Phase 2

Ashtami

Devaloka Day

Routine Work Marana Yoga

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Padua, Italy

Makara Rasi: 15.34 Tithi 23 – 24

294583469

Gulika

5:09AM – 6:55AM

Yama

1:58PM – 3:43PM

Rahu

8:41AM – 10:26AM

Shravana Until 9:44PM

Subha Until 10:01PM

Taitila Until 1:51AM Sun

Ashtami* Until 12:34PM

Ganesha: Green

Sunrise: 5:09AM

Muruqa: Yellow

Sunset: 7:14PM

Nataraja: Clear

Moon – Purple

Chaitra*Chaitra

Sun 6

Sutra 13

Vikarin 5121

Moon 4 - Phase 2

Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Padua, Italy Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 27.23	Tithi 24 – 25	Gulika 3:44PM – 5:30PM	Dhanishtha Until 12:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:08AM	
		Yama 12:12PM – 1:58PM	Sukla Until 11:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
	294583469	Rahu 5:30PM – 7:16PM	Vanija Until 4:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 3:06PM	Moon – Purple		Bhuloka Day
Until 12:48AM Mon				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Padua, Italy Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 9.13	Tithi 25 – 26	Gulika 1:58PM – 3:44PM	Shatabhishak Until 3:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:06AM	
Family Home Evening		Yama 10:25AM – 12:12PM	Brahma Until 11:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:53AM – 8:39AM	Bava Until 6:46AM Tue	Nataraja: Clear		2nd Phase
Until 3:34AM Tue			Dashami Until 5:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Padua, Italy Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 21.07	Tithi 26	Gulika 12:11PM – 1:58PM	Purvaprossthapada* Until 6:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	
		Yama 8:38AM – 10:25AM	Indra Until 12:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
	214583469	Rahu 3:45PM – 5:32PM	Bava Until 6:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 7:49PM	Moon – Clear		Bhuloka Day
Until 6:21AM Wed				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Padua, Italy Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 3.08	Tithi 27	Gulika 10:24AM – 12:11PM	Purvaprossthapada* Until 6:21AM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	
		Yama 6:50AM – 8:37AM	Vaidhriti* Until 12:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 3
	214583469	Rahu 12:11PM – 1:58PM	Kaulava Until 8:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 9:36PM	Moon – Clear		Bhuloka Day
Until 6:21AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Padua, Italy Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 15.22	Tithi 28	Gulika 8:37AM – 10:24AM	Uttaraprossthapada Until 8:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:02AM	
		Yama 5:02AM – 6:49AM	Vishkambha* Until 12:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3
	215583469	Rahu 1:59PM – 3:46PM	Gara Until 10:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:52PM	Moon – Clear		Bhuloka Day
Until 10:01AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Pradosha Vrata (Fasting)

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Padua, Italy Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 27.48	Tithi 29	Gulika 6:48AM – 8:36AM	Revati Until 10:01AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:00AM	
		Yama 3:47PM – 5:34PM	Priti Until 12:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 3
	215583469	Rahu 10:23AM – 12:11PM	Visti Until 11:19AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:36PM	Moon – Clear		Bhuloka Day
Until 10:01AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Padua, Italy Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 10.29	Tithi 30	Gulika 4:59AM – 6:47AM	Ashvini Until 11:18AM	Ganesha: Purple	<i>Sunrise:</i> 4:59AM	
		Yama 1:59PM – 3:47PM	Ayushman Until 11:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
	225583469	Rahu 8:35AM – 10:23AM	Catuspada Until 11:47AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:47PM	Moon – White		Bhuloka Day
Until 11:55AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Padua, Italy Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 23.26	Tithi 1	Gulika 3:48PM – 5:36PM	Bharani Until 11:55AM	Ganesha: Purple	<i>Sunrise:</i> 4:57AM	
		Yama 12:11PM – 1:59PM	Saubhagya Until 10:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
	225583469	Rahu 5:36PM – 7:24PM	Kintughna Until 11:43AM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 11:30PM	Moon – White		Bhuloka Day
Until 11:55AM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Padua, Italy Sun 15 Sutra 22 Vikarin 5121
1		Gulika 2:00PM – 3:48PM	Krittika Until 11:58AM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	
Virshabha Rasi: 7	Tithi 2	Yama 10:22AM – 12:11PM	Sobhana Until 8:43PM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:45AM – 8:33AM	Balava Until 11:13AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:49PM	Moon – White		Bhuloka Day
Until 11:58AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Padua, Italy Sun 16 Sutra 23 Vikarin 5121
2		Gulika 12:11PM – 2:00PM	Rohini Until 11:56AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:55AM	
Virshabha Rasi: 19.59	Tithi 3	Yama 8:33AM – 10:22AM	Athiganda* Until 6:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 4
Creative Work	235583469	Rahu 3:49PM – 5:38PM	Taitila Until 10:21AM	Nataraja: Clear		3rd Phase
Amrita Yoga			Tritiya Until 9:46PM	Moon – Yellow		Bhuloka Day
Until 11:56AM		Akshaya Tritiya		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau				Padua, Italy Sun 17 Sutra 24 Vikarin 5121
3		Gulika 10:21AM – 12:11PM	Mrigashira Until 11:27AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:53AM	
Mithuna Rasi: 3.33	Tithi 4	Yama 6:43AM – 8:32AM	Sukarma Until 4:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:28PM	Moon 4 - Phase 4
Creative Work	235583469	Rahu 12:11PM – 2:00PM	Vanija Until 9:10AM	Nataraja: Clear		3rd Phase
Siddha Yoga			Chaturthi* Until 8:27PM	Moon – Yellow		Bhuloka Day
Until 11:58AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Padua, Italy Sun 18 Sutra 25 Vikarin 5121
4		Gulika 8:31AM – 10:21AM	Ardra Until 10:35AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:52AM	
Mithuna Rasi: 17.16	Tithi 5	Yama 4:52AM – 6:42AM	Dhriti Until 2:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:29PM	Moon 4 - Phase 4
Routine Work	235583469	Rahu 2:00PM – 3:50PM	Bava Until 7:43AM	Nataraja: Clear		3rd Phase
Marana Yoga			Panchami Until 6:54PM	Moon – Yellow		Bhuloka Day
Until 10:35AM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Gara Karana Shashthi/Saplamyam Titau				Padua, Italy Sun 19 Sutra 26 Vikarin 5121
5		Gulika 6:41AM – 8:31AM	Punarvasu Until 9:48AM	Ganesha: Orange	<i>Sunrise:</i> 4:51AM	
Kataka Rasi: 1.07	Tithi 6 – 7	Yama 3:51PM – 5:41PM	Shula* Until 11:59AM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 4
Creative Work	245583469	Rahu 10:21AM – 12:11PM	Kaulava Until 6:04AM	Nataraja: Clear		3rd Phase
Siddha Yoga			Shashthi* Until 5:09PM	Moon – Blue		Devaloka Day
Until 9:48AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Padua, Italy Sun 20 Sutra 27 Vikarin 5121
6		Gulika 4:49AM – 6:40AM	Pushya Until 8:40AM	Ganesha: Orange	<i>Sunrise:</i> 4:49AM	
Kataka Rasi: 15.05	Tithi 7 – 8	Yama 2:01PM – 3:51PM	Ganda* Until 9:22AM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 4
Creative Work	245583469	Rahu 8:30AM – 10:20AM	Visti Until 2:11AM Sun	Nataraja: Clear		3rd Phase
Siddha Yoga			Saptami Until 3:12PM	Moon – Blue		Devaloka Day
Until 8:40AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Padua, Italy Sun 21 Sutra 28 Vikarin 5121
Retreat Star		Gulika 3:52PM – 5:42PM	Ashlesha* Until 7:14AM	Ganesha: Clear	<i>Sunrise:</i> 4:48AM	
Kataka Rasi: 29.11	Tithi 8 – 9	Yama 12:11PM – 2:01PM	Vridhhi Until 6:38AM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 4
Creative Work	246583469	Rahu 5:42PM – 7:33PM	Balava Until 12:00AM Mon	Nataraja: Clear		Ashtami
Siddha Yoga			Ashtami* Until 1:05PM	Moon – Blue		Devaloka Day
Until 7:14AM		Mother's Day		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Padua, Italy Sun 22 Sutra 29 Vikarin 5121
Retreat Star		Gulika 2:01PM – 3:52PM	Purvaphalguni Until 4:22AM Tue	Ganesha: White	<i>Sunrise:</i> 4:47AM	
Simha Rasi: 13.22	Tithi 9 – 10	Yama 10:20AM – 12:11PM	Vyaghata* Until 12:46AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 6:38AM – 8:29AM	Taitila Until 9:41PM	Nataraja: Clear		Navami
Creative Work			Navami* Until 10:50AM	Moon – Red		Bhuloka Day
Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM
Until 4:22AM Tue						
Then Creative Work - Amrita Yoga						

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Padua, Italy Sun 23 Sutra 30 Vikarin 5121
Simha Rasi: 27.38	Tithi 10 – 11	Gulika	12:11PM – 2:02PM	Uttaraphalguni Until 2:37AM Wed	Ganesha: White	<i>Sunrise:</i> 4:46AM		
		Yama	8:28AM – 10:19AM	Harshana Until 9:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 5	
		266583469 Rahu	3:53PM – 5:44PM	Vanija Until 7:19PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 8:29AM	Moon – Red		Bhuloka Day	
Until 2:37AM Wed					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Padua, Italy Sun 24 Sutra 31 Vikarin 5121
Kanya Rasi: 11.55	Tithi 11 – 12	Gulika	10:19AM – 12:10PM	Hasta Until 1:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM		
		Yama	6:36AM – 8:28AM	Vajra* Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 5	
		266583469 Rahu	12:10PM – 2:02PM	Balava Until 3:45AM Thu	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 6:06AM	Moon – Green		Devaloka Day	
Until 1:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 25 Sutra 32 Vikarin 5121
Kanya Rasi: 26.11	Tithi 13	Gulika	8:27AM – 10:19AM	Chitra Until 11:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:43AM		
		Yama	4:43AM – 6:35AM	Siddhi Until 3:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:38PM	Moon 4 - Phase 5	
		266583469 Rahu	2:02PM – 3:54PM	Kaulava Until 2:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 1:34AM Fri	Moon – Green		Devaloka Day	
Until 11:45PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Padua, Italy Sun 26 Sutra 33 Vikarin 5121
Tula Rasi: 10.19	Tithi 14	Gulika	6:34AM – 8:26AM	Svati Until 10:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:42AM		
		Yama	3:55PM – 5:47PM	Vyatipata* Until 1:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:39PM	Moon 4 - Phase 5	
		266583469 Rahu	10:18AM – 12:11PM	Gara Until 12:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 11:39PM	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Padua, Italy Sun 27 Sutra 34 Vikarin 5121
Copper Retreat Star		Gulika	4:41AM – 6:34AM	Vishakha Until 9:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:41AM		
Tula Rasi: 24.17	Tithi 15	Yama	2:03PM – 3:55PM	Variyan Until 10:37AM	Muruqa: Yellow	<i>Sunset:</i> 7:40PM	Moon 4 - Phase 5	
		276583469 Rahu	8:26AM – 10:18AM	Visti Until 10:52AM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 10:09PM	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Sunday, May 19, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Padua, Italy Sun 28 Sutra 35 Vikarin 5121
Silver Retreat Star		Gulika	3:56PM – 5:48PM	Anuradha Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:40AM		
Vrischika Rasi: 7.58	Tithi 16	Yama	12:11PM – 2:03PM	Parigha* Until 8:32AM	Muruqa: Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 5	
		277583469 Rahu	5:48PM – 7:41PM	Balava Until 9:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Prathama* Until 9:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 21.19 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:03PM – 3:56PM
Yama 10:18AM – 12:11PM
Rahu 6:32AM – 8:25AM

Jyeshtha* Until 9:47PM
Shiva Until 6:56AM
Taitila Until 8:56AM
Dvitiya Until 8:49PM

Padua, Italy
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:39AM
Muruqa: Yellow *Sunset:* 7:42PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 4.19 Tithi 18
Creative Work Amrita Yoga
Until 10:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:11PM – 2:04PM
Yama 8:24AM – 10:18AM
Rahu 3:57PM – 5:50PM

Mula* Until 10:59PM
Sadhya Until 5:18AM Wed
Vanija Until 8:55AM
Tritiya Until 9:10PM

Padua, Italy
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 7:43PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 16.59 Tithi 19
Creative Work Amrita Yoga
Until 12:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 10:17AM – 12:11PM
Yama 6:31AM – 8:24AM
Rahu 12:11PM – 2:04PM

Purvashadha* Until 12:43AM Thu
Subha Until 5:19AM Thu
Bava Until 9:37AM
Chaturthi* Until 10:12PM

Padua, Italy
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:37AM
Muruqa: Yellow *Sunset:* 7:44PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 29.21 Tithi 20
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:24AM – 10:17AM
Yama 4:36AM – 6:30AM
Rahu 2:04PM – 3:58PM

Uttarashadha Until 2:52AM Fri
Sukla Until 5:45AM Fri
Kaulava Until 10:59AM
Panchami Until 11:51PM

Padua, Italy
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 7:45PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 11.29 Tithi 21
Routine Work Marana Yoga
Until 5:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:29AM – 8:23AM
Yama 3:59PM – 5:52PM
Rahu 10:17AM – 12:11PM

Shravana Until 5:47AM Sat
Brahma Until 6:31AM Sat
Gara Until 12:54PM
Shashthi* Until 1:59AM Sat

Padua, Italy
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:46PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 23.26 Tithi 22
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 4:35AM – 6:29AM
Yama 2:05PM – 3:59PM
Rahu 8:23AM – 10:17AM

Dhanishtha Until 8:44AM Sun
Brahma Until 6:31AM
Visti Until 3:11PM
Saptami Until 4:22AM Sun

Padua, Italy
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:47PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 5.18 Tithi 23
Routine Work Marana Yoga
Until 8:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:00PM – 5:54PM
Yama 12:11PM – 2:05PM
Rahu 5:54PM – 7:48PM

Dhanishtha Until 8:44AM
Indra Until 7:29AM
Balava Until 5:37PM
Ashtami* Until 6:47AM Mon

Padua, Italy
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 7:48PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 17.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 11:32AM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:06PM – 4:00PM
Yama 10:17AM – 12:11PM
Rahu 6:28AM – 8:22AM

Shatabhishak Until 11:32AM
Vaidhriti* Until 8:25AM
Taitila Until 7:57PM
Ashtami* Until 6:47AM

Padua, Italy
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Blue *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 7:49PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Padua, Italy Sutra 44
Kumbha Rasi: 29.06	Tithi 24 – 25	Gulika	12:11PM – 2:06PM	Purvaproshtapada* Until 2:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Sun 9 Vikarin 5121
		Yama	8:22AM – 10:17AM	Vishkambha* Until 9:12AM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 7
		318683469 Rahu	4:01PM – 5:56PM	Vanija Until 10:00PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:00AM	Moon – Clear		Sivaloka Day
Until 2:26PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Padua, Italy Sutra 45
Meena Rasi: 11.11	Tithi 25 – 26	Gulika	10:16AM – 12:11PM	Uttaraproshtapada Until 4:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:32AM	Sun 10 Vikarin 5121
		Yama	6:27AM – 8:22AM	Priti Until 9:43AM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 7
		318683469 Rahu	12:11PM – 2:06PM	Bava Until 11:34PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:50AM	Moon – Clear		Sivaloka Day
Until 4:45PM					Vaisaka-Vaikasi		
Then Routine Work - Marana Yoga							

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Padua, Italy Sutra 46
Meena Rasi: 23.28	Tithi 26 – 27	Gulika	8:21AM – 10:16AM	Revati Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:31AM	Sun 11 Vikarin 5121
		Yama	4:31AM – 6:26AM	Ayushman Until 9:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 7
		318683469 Rahu	2:07PM – 4:02PM	Kaulava Until 12:33AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 12:07PM	Moon – Clear		Sivaloka Day
Until 6:22PM					Vaisaka-Vaikasi		
Then Creative Work - Amrita Yoga							

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Padua, Italy Sutra 47
Mesha Rasi: 6.01	Tithi 27 – 28	Gulika	6:26AM – 8:21AM	Ashvini Until 7:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:30AM	Sun 12 Vikarin 5121
		Yama	4:02PM – 5:58PM	Saubhagya Until 9:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:53PM	Moon 5 - Phase 7
		328683469 Rahu	10:16AM – 12:12PM	Gara Until 12:54AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 12:47PM	Moon – White		Devaloka Day
Until 7:42PM					Vaisaka-Vaikasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Padua, Italy Sutra 48
Mesha Rasi: 18.53	Tithi 28 – 29	Gulika	4:30AM – 6:25AM	Bharani Until 8:14PM	Ganesha: White	<i>Sunrise:</i> 4:30AM	Sun 13 Vikarin 5121
		Yama	2:07PM – 4:03PM	Sobhana Until 8:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:54PM	Moon 5 - Phase 7
		329683469 Rahu	8:21AM – 10:16AM	Visti Until 12:37AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 12:49PM	Moon – White		Bhuloka Day
Until 8:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Padua, Italy Sutra 49
Vrshabha Rasi: 2.03	Tithi 29 – 30	Gulika	4:03PM – 5:59PM	Krittika Until 8:02PM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Sun 14 Vikarin 5121
		Yama	12:12PM – 2:08PM	Athiganda* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:55PM	Moon 5 - Phase 7
		329683469 Rahu	5:59PM – 7:55PM	Catuspada Until 11:44PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 12:14PM	Moon – White		Bhuloka Day
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Padua, Italy Sutra 50
Vrshabha Rasi: 15.32	Tithi 30 – 1	Gulika	2:08PM – 4:04PM	Rohini Until 7:37PM	Ganesha: Green	<i>Sunrise:</i> 4:29AM	Sun 15 Vikarin 5121
Family Home Evening		Yama	10:16AM – 12:12PM	Dhriti Until 3:01AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:56PM	Moon 5 - Phase 7
		339683469 Rahu	6:25AM – 8:20AM	Kintughna Until 10:22PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga			Amavasya* Until 11:05AM	Moon – Yellow		Bhuloka Day
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Padua, Italy Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.18	Tithi 1 – 2	Gulika 12:12PM – 2:08PM	Mrigashira Until 6:39PM	Ganesha: Green <i>Sunrise:</i> 4:28AM	Moon 5 - Phase 8
		Yama 8:20AM – 10:16AM	Shula* Until 12:28AM Wed	Muruqa: Yellow <i>Sunset:</i> 7:56PM	3rd Phase
		339683461 Rahu 4:04PM – 6:00PM	Balava Until 8:35PM	Nataraja: Clear	
Creative Work	Siddha Yoga		Prathama* Until 9:30AM	Moon – Yellow	Bhuloka Day
Until 6:39PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Padua, Italy Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.17	Tithi 2 – 3	Gulika 10:16AM – 12:12PM	Ardra Until 5:14PM	Ganesha: Green <i>Sunrise:</i> 4:28AM	Moon 5 - Phase 8
		Yama 6:24AM – 8:20AM	Ganda* Until 9:42PM	Muruqa: Yellow <i>Sunset:</i> 7:57PM	3rd Phase
		339683461 Rahu 12:12PM – 2:09PM	Taitila Until 6:31PM	Nataraja: Yellow	
Creative Work	Siddha Yoga		Dvitiya Until 7:34AM	Moon – Yellow	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Vanija/Visti* Karana Chalurthyam Titau	Padua, Italy Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 27.26	Tithi 4	Gulika 8:20AM – 10:16AM	Punarvasu Until 3:55PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Moon 5 - Phase 8
		Yama 4:27AM – 6:24AM	Vridhi Until 6:48PM	Muruqa: Yellow <i>Sunset:</i> 7:58PM	3rd Phase
		349683461 Rahu 2:09PM – 4:05PM	Vanija Until 4:15PM	Nataraja: Yellow	
Creative Work	Amrita Yoga		Chaturthi* Until 3:04AM Fri	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	Padua, Italy Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 11.41	Tithi 5	Gulika 6:23AM – 8:20AM	Pushya Until 2:21PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Moon 5 - Phase 8
		Yama 4:06PM – 6:02PM	Dhruva Until 3:49PM	Muruqa: Yellow <i>Sunset:</i> 7:59PM	3rd Phase
		349683461 Rahu 10:16AM – 12:13PM	Bava Until 1:54PM	Nataraja: Yellow	
Routine Work	Marana Yoga		Panchami Until 12:42AM Sat	Moon – Blue	Bhuloka Day
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	Padua, Italy Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 25.58	Tithi 6	Gulika 4:27AM – 6:23AM	Ashlesha* Until 12:38PM	Ganesha: White <i>Sunrise:</i> 4:27AM	Moon 5 - Phase 8
		Yama 2:10PM – 4:02PM	Vyaghata* Until 12:50PM	Muruqa: Yellow <i>Sunset:</i> 7:59PM	3rd Phase
		349683461 Rahu 8:20AM – 10:16AM	Kaulava Until 11:32AM	Nataraja: Yellow	
Routine Work	Marana Yoga		Shashthi* Until 10:20PM	Moon – Blue	Bhuloka Day
Until 12:38PM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	Padua, Italy Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.13	Tithi 7	Gulika 4:07PM – 6:03PM	Magha* Until 11:14AM	Ganesha: Yellow <i>Sunrise:</i> 4:26AM	Moon 5 - Phase 8
		Yama 12:13PM – 2:10PM	Harshana Until 9:53AM	Muruqa: Yellow <i>Sunset:</i> 8:00PM	3rd Phase
		351683461 Rahu 6:03PM – 8:00PM	Gara Until 9:12AM	Nataraja: Yellow	
Routine Work	Marana Yoga		Saptami Until 8:03PM	Moon – Red	Devaloka Day
Until 11:14AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Balava Karana Ashtami/Navamyam Titau	Padua, Italy Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 24.25	Tithi 8 – 9	Gulika 2:10PM – 4:07PM	Purvaphalguni Until 9:48AM	Ganesha: Yellow <i>Sunrise:</i> 4:26AM	Moon 5 - Phase 8
Family Home Evening		Yama 10:17AM – 12:13PM	Vajra* Until 7:00AM	Muruqa: Yellow <i>Sunset:</i> 8:01PM	Ashtami
		351683461 Rahu 6:23AM – 8:20AM	Visti Until 6:58AM	Nataraja: Yellow	
Creative Work	Siddha Yoga		Ashtami* Until 5:52PM	Moon – Red	Devaloka Day
				Jyeshtha-Vaikasi	

Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Padua, Italy Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 8.32	Tithi 9 – 10	Gulika 12:14PM – 2:10PM	Uttaraphalguni Until 8:21AM	Ganesha: Yellow <i>Sunrise:</i> 4:26AM	Moon 5 - Phase 8
		Yama 8:20AM – 10:17AM	Vyatipata* Until 1:36AM Wed	Muruqa: Yellow <i>Sunset:</i> 8:01PM	Navami
		351683461 Rahu 4:07PM – 6:04PM	Taitila Until 2:53AM Wed	Nataraja: Yellow	
Creative Work	Amrita Yoga		Navami* Until 3:49PM	Moon – Red	Devaloka Day
Until 8:21AM				Jyeshtha-Vaikasi	
Then Creative Work - Siddha Yoga					


Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Padua, Italy Sun 24 Sutra 59
	Kanya Rasi: 22.32	Tithi 10 – 11	Gulika 10:17AM – 12:14PM	Hasta Until 7:21AM	Ganesha: White	<i>Sunrise:</i> 4:26AM	Vikarin 5121
		361683461	Yama 6:23AM – 8:20AM	Variyan Until 11:07PM	Muruqa: Yellow	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 9
			Rahu 12:14PM – 2:11PM	Vanija Until 1:08AM Thu	Nataraja: Yellow		4th Phase
	Routine Work	Marana Yoga		Dashami Until 1:58PM	Moon – Green	Bhuloka Day	
	Until 7:21AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga						

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svatil Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Padua, Italy Sun 25 Sutra 60
	Tula Rasi: 6.25	Tithi 11 – 12	Gulika 8:20AM – 10:17AM	Chitra Until 6:25AM	Ganesha: White	<i>Sunrise:</i> 4:26AM	Vikarin 5121
		361683461	Yama 4:26AM – 6:23AM	Parigha* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 9
			Rahu 2:11PM – 4:08PM	Bava Until 11:39PM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Ekadashi Until 12:20PM	Moon – Green	Bhuloka Day	
	Until 6:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga						

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Padua, Italy Sun 26 Sutra 61
	Tula Rasi: 20.07	Tithi 12 – 13	Gulika 6:23AM – 8:20AM	Vishakha Until 5:27AM Sat	Ganesha: Clear	<i>Sunrise:</i> 4:26AM	Vikarin 5121
		371693461	Yama 4:08PM – 6:06PM	Shiva Until 6:52PM	Muruqa: Blue	<i>Sunset:</i> 8:03PM	Moon 5 - Phase 9
			Rahu 10:17AM – 12:14PM	Kaulava Until 10:29PM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Dvodashi Until 11:00AM	Moon – Orange	Sivaloka Day	
			Vaikasi Visakam		Jyeshtha-Vaikasi		
				<i>Pradosha Vrata</i>			

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 62
	Vrischika Rasi: 3.38	Tithi 13 – 14	Gulika 4:25AM – 6:23AM	Anuradha Until 5:33AM Sun	Ganesha: White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
		371793461	Yama 2:12PM – 4:09PM	Siddha Until 5:09PM	Muruqa: Blue	<i>Sunset:</i> 8:03PM	Moon 5 - Phase 9
			Rahu 8:20AM – 10:17AM	Gara Until 9:43PM	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga		Trayodashi Until 10:01AM	Moon – Orange	Subha Sivaloka Day	
	Until 5:33AM Sun				Jyeshtha-Ani		
	Then Routine Work - Marana Yoga						

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Padua, Italy Sutra 63
	Copper Retreat Star		Gulika 4:09PM – 6:06PM	Jyeshtha* Until 6:00AM Mon	Ganesha: White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
Vrischika Rasi: 16.54	Tithi 14 – 15	371793461	Yama 12:15PM – 2:12PM	Sadhya Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 9
			Rahu 6:06PM – 8:04PM	Visti Until 9:25PM	Nataraja: Yellow		Purnima
	Routine Work	Marana Yoga		Chaturdashi* Until 9:29AM	Moon – Orange	Subha Sivaloka Day	
	Until 6:00AM Mon		Father's Day		Jyeshtha-Ani		
	Then Creative Work - Siddha Yoga						

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Padua, Italy Sutra 64
	Vrischika Rasi: 29.55	Tithi 15 – 16	Gulika 2:12PM – 4:09PM	Jyeshtha* Until 6:00AM	Ganesha: White	<i>Sunrise:</i> 4:25AM	Vikarin 5121
		371793461	Yama 10:17AM – 12:15PM	Subha Until 2:55PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 9
	Family Home Evening		Rahu 6:23AM – 8:20AM	Balava Until 9:39PM	Nataraja: Yellow		Prathama
	Creative Work	Siddha Yoga		Purnima* Until 9:27AM	Moon – Orange	Subha Sivaloka Day	
	Until 6:00AM				Jyeshtha-Ani		
	Then Routine Work - Marana Yoga						

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Padua, Italy
Sutra 65

Dhanus Rasi: 12.39 Tithi 16 – 17

Gulika 12:15PM – 2:12PM
Yama 8:20AM – 10:18AM
Rahu 4:10PM – 6:07PM

Mula* Until 7:16AM
Sukla Until 2:26PM
Taitila Until 10:28PM
Prathama* Until 9:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:04PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Until 7:16AM

Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Padua, Italy
Sun 1
Sutra 66

Dhanus Rasi: 25.08 Tithi 17 – 18

Gulika 10:18AM – 12:15PM
Yama 6:23AM – 8:20AM
Rahu 12:15PM – 2:13PM

Purvashadha* Until 8:57AM
Brahma Until 2:24PM
Vanija Until 11:49PM
Dvitiya Until 11:03AM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:05PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chaturthyam Titau

Padua, Italy
Sun 2
Sutra 67

Makara Rasi: 7.23 Tithi 18 – 19

Gulika 8:21AM – 10:18AM
Yama 4:26AM – 6:23AM
Rahu 2:13PM – 4:10PM

Uttarashadha Until 10:59AM
Indra Until 2:47PM
Bava Until 1:40AM Fri
Tritya Until 12:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:05PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:59AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Bala*/Kaulava Karana Chaturthi/Panchamyam Titau

Padua, Italy
Sun 3
Sutra 68

Makara Rasi: 19.27 Tithi 19 – 20

Gulika 6:23AM – 8:21AM
Yama 4:10PM – 6:08PM
Rahu 10:18AM – 12:16PM

Shravana Until 1:46PM
Vaidhriti* Until 3:27PM
Kaulava Until 3:51AM Sat
Chaturthi* Until 2:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:05PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 1:46PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Padua, Italy
Sun 4
Sutra 69

Kumbha Rasi: 1.23 Tithi 20 – 21

Gulika 4:26AM – 6:24AM
Yama 2:13PM – 4:11PM
Rahu 8:21AM – 10:18AM

Dhanishtha Until 4:39PM
Vishkambha* Until 4:21PM
Gara Until 6:13AM Sun
Panchami Until 5:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:05PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Until 4:39PM

Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Padua, Italy
Sun 5
Sutra 70

Kumbha Rasi: 13.16 Tithi 21

Gulika 4:11PM – 6:08PM
Yama 12:16PM – 2:13PM
Rahu 6:08PM – 8:05PM

Shatabhishak Until 7:27PM
Priti Until 5:20PM
Gara Until 6:13AM
Shashthi* Until 7:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Sunrise: 4:26AM
Sunset: 8:05PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Padua, Italy
Sun 6
Sutra 71

Kumbha Rasi: 25.08 Tithi 22

Family Home Evening

312793461

Gulika 2:14PM – 4:11PM
Yama 10:19AM – 12:16PM
Rahu 6:24AM – 8:21AM

Purvaproshtapada* Until 10:29PM
Ayushman Until 6:12PM
Visti Until 8:35AM
Saptami Until 9:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:27AM
Sunset: 8:06PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga

Until 10:29PM

Then Creative Work - Siddha Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Padua, Italy
Sun 7
Sutra 72

Meena Rasi: 7.05 Tithi 23

312793461

Gulika 12:16PM – 2:14PM
Yama 8:22AM – 10:19AM
Rahu 4:11PM – 6:08PM

Uttaraproshtapada Until 1:03AM Wed
Saubhagya Until 6:53PM
Balava Until 10:45AM
Ashtami* Until 11:40PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:27AM
Sunset: 8:06PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga

Until 1:03AM Wed

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Padua, Italy
Sun 8
Sutra 73

Meena Rasi: 19.1 Tithi 24

312793461

Gulika 10:19AM – 12:17PM
Yama 6:25AM – 8:22AM
Rahu 12:17PM – 2:14PM

Revati Until 2:59AM Thu
Sobhana Until 7:14PM
Taitila Until 12:31PM
Navami* Until 1:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Sunrise: 4:27AM
Sunset: 8:06PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga

Until 2:59AM Thu

Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Padua, Italy Sun 9 Sutra 74	
Mesha Rasi: 1.28	Tithi 25	Gulika 8:22AM – 10:20AM	Ashvini Until 4:38AM Fri	Ganesha: Blue	Sunrise: 4:28AM	Vikarin 5121	
		Yama 4:28AM – 6:25AM	Athiganda* Until 7:06PM	Muruqa: Blue	Sunset: 8:06PM	Moon 6 - Phase 11	
		322793461 Rahu 2:14PM – 4:11PM	Vanija Until 1:43PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 2:04AM Fri	Moon – White			Devaloka Day
Until 4:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Padua, Italy Sun 10 Sutra 75	
Mesha Rasi: 14.02	Tithi 26	Gulika 6:25AM – 8:23AM	Bharani Until 5:26AM Sat	Ganesha: Blue	Sunrise: 4:28AM	Vikarin 5121	
		Yama 4:11PM – 6:09PM	Sukarma Until 6:27PM	Muruqa: Blue	Sunset: 8:06PM	Moon 6 - Phase 11	
		322793461 Rahu 10:20AM – 12:17PM	Bava Until 2:16PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:15AM Sat	Moon – White			Devaloka Day
Until 5:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Padua, Italy Sun 11 Sutra 76	
Mesha Rasi: 26.58	Tithi 27	Gulika 4:29AM – 6:26AM	Krittika Until 5:22AM Sun	Ganesha: Blue	Sunrise: 4:29AM	Vikarin 5121	
		Yama 2:14PM – 4:11PM	Dhriti Until 5:14PM	Muruqa: Blue	Sunset: 8:06PM	Moon 6 - Phase 11	
		322793461 Rahu 8:23AM – 10:20AM	Kaulava Until 2:06PM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 1:43AM Sun	Moon – White			Devaloka Day
Until 5:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Padua, Italy Sun 12 Sutra 77	
Vrishabha Rasi: 10.15	Tithi 28	Gulika 4:11PM – 6:08PM	Rohini Until 4:56AM Mon	Ganesha: Blue	Sunrise: 4:29AM	Vikarin 5121	
		Yama 12:17PM – 2:14PM	Shula* Until 3:25PM	Muruqa: Blue	Sunset: 8:06PM	Moon 6 - Phase 11	
		322793461 Rahu 6:08PM – 8:06PM	Gara Until 1:12PM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 12:29AM Mon	Moon – Yellow			Devaloka Day
Until 4:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Padua, Italy Sun 13 Sutra 78	
Vrishabha Rasi: 23.56	Tithi 29	Gulika 2:14PM – 4:11PM	Mrigashira Until 3:46AM Tue	Ganesha: Blue	Sunrise: 4:30AM	Vikarin 5121	
Family Home Evening		Yama 10:21AM – 12:18PM	Ganda* Until 1:06PM	Muruqa: Blue	Sunset: 8:05PM	Moon 6 - Phase 11	
		322793461 Rahu 6:27AM – 8:24AM	Visti Until 11:39AM	Nataraja: Yellow		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 10:39PM	Moon – Yellow			Devaloka Day
Until 3:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Padua, Italy Sun 14 Sutra 79	
Mithuna Rasi: 7.59	Tithi 30	Gulika 12:18PM – 2:15PM	Ardra Until 1:59AM Wed	Ganesha: Blue	Sunrise: 4:30AM	Vikarin 5121	
		Yama 8:24AM – 10:21AM	Vridhhi Until 10:20AM	Muruqa: Blue	Sunset: 8:05PM	Moon 6 - Phase 11	
		322793461 Rahu 4:11PM – 6:08PM	Catuspada Until 9:33AM	Nataraja: Yellow		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 8:18PM	Moon – Yellow			Devaloka Day
Until 1:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Padua, Italy Sun 15 Sutra 80	
Mithuna Rasi: 22.2	Tithi 1 – 2	Gulika 10:21AM – 12:18PM	Punarvasu Until 12:08AM Thu	Ganesha: Yellow	Sunrise: 4:31AM	Vikarin 5121	
		Yama 6:28AM – 8:24AM	Dhruva Until 7:12AM	Muruqa: Blue	Sunset: 8:05PM	Moon 6 - Phase 11	
		343793461 Rahu 12:18PM – 2:15PM	Kintughna Until 7:00AM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 5:36PM	Moon – Blue			Sivaloka Day
Until 12:08AM Thu				Ashada-Ani			
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Padua, Italy Sun 16 Sutra 81 Vikarin 5121
Kataka Rasi: 6.53	Tithi 2 - 3	Gulika 8:25AM - 10:21AM	Pushya Until 9:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM			
		Yama 4:32AM - 6:28AM	Harshana Until 12:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:05PM	Moon 6 - Phase 12		
		343793461 Rahu 2:15PM - 4:11PM	Taitila Until 1:10AM Fri	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga		Dvitiya Until 2:39PM	Moon - Blue		Sivaloka Day		
Until 9:58PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Padua, Italy Sun 17 Sutra 82 Vikarin 5121
Kataka Rasi: 21.34	Tithi 3 - 4	Gulika 6:29AM - 8:25AM	Ashlesha* Until 7:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM			
		Yama 4:11PM - 6:08PM	Vajra* Until 8:45PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 12		
		343793461 Rahu 10:22AM - 12:18PM	Vanija Until 10:08PM	Nataraja: Yellow		3rd Phase		
Routine Work	Marana Yoga		Tritiya Until 11:37AM	Moon - Blue		Sivaloka Day		
				Ashada-Ani				

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Padua, Italy Sun 18 Sutra 83 Vikarin 5121
Simha Rasi: 6.15	Tithi 4 - 5	Gulika 4:33AM - 6:29AM	Magha* Until 5:37PM	Ganesha: White	<i>Sunrise:</i> 4:33AM			
		Yama 2:15PM - 4:11PM	Siddhi Until 5:17PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 12		
		353793461 Rahu 8:26AM - 10:22AM	Bava Until 7:11PM	Nataraja: Yellow		3rd Phase		
Creative Work	Amrita Yoga		Chaturthi* Until 8:37AM	Moon - Red		Subha Sivaloka Day		
Until 5:37PM				Ashada-Ani				
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau				Padua, Italy Sun 19 Sutra 84 Vikarin 5121
Simha Rasi: 20.5	Tithi 6	Gulika 4:11PM - 6:07PM	Purvaphalguni Until 3:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM			
		Yama 12:19PM - 2:15PM	Vyatipata* Until 1:59PM	Muruqa: Blue	<i>Sunset:</i> 8:04PM	Moon 6 - Phase 12		
		453793461 Rahu 6:07PM - 8:04PM	Kaulava Until 4:27PM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga		Shashthi* Until 3:10AM Mon	Moon - Red		Sivaloka Day		
Until 3:40PM				Ashada-Ani				
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Padua, Italy Sun 20 Sutra 85 Vikarin 5121
Kanya Rasi: 5.14	Tithi 7	Gulika 2:15PM - 4:11PM	Uttaraphalguni Until 1:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM			
Family Home Evening		Yama 10:23AM - 12:19PM	Varyan Until 10:53AM	Muruqa: Blue	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 12		
		453793461 Rahu 6:30AM - 8:27AM	Gara Until 2:00PM	Nataraja: Yellow		3rd Phase		
Creative Work	Siddha Yoga		Saptami Until 12:53AM Tue	Moon - Red		Sivaloka Day		
		Chidambaram Abhishekam		Ashada-Ani				

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Padua, Italy Sun 21 Sutra 86 Vikarin 5121
Kanya Rasi: 19.24	Tithi 8	Gulika 12:19PM - 2:15PM	Hasta Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:35AM			
		Yama 8:27AM - 10:23AM	Parigha* Until 8:06AM	Muruqa: Blue	<i>Sunset:</i> 8:03PM	Moon 6 - Phase 12		
		463793461 Rahu 4:11PM - 6:07PM	Visti Until 11:54AM	Nataraja: Yellow		Ashtami		
Creative Work	Siddha Yoga		Ashtami* Until 11:00PM	Moon - Green		Subha Sivaloka Day		
				Ashada-Ani				

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Padua, Italy Sun 22 Sutra 87 Vikarin 5121
Tula Rasi: 3.19	Tithi 9	Gulika 10:23AM - 12:19PM	Chitra Until 11:50AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM			
		Yama 6:32AM - 8:27AM	Siddha Until 3:32AM Thu	Muruqa: Blue	<i>Sunset:</i> 8:02PM	Moon 6 - Phase 12		
		463893461 Rahu 12:19PM - 2:15PM	Balava Until 10:14AM	Nataraja: Yellow		Navami		
Creative Work	Siddha Yoga		Navami* Until 9:32PM	Moon - Green		Sivaloka Day		
				Ashada-Ani				


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Padua, Italy Sun 23 Sutra 88
Tula Rasi: 16.58	Tithi 10	Gulika 8:28AM – 10:24AM	Svati Until 11:15AM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM		Vikarin 5121	
		Yama 4:37AM – 6:32AM	Sadhya Until 1:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 8:02PM		Moon 6 - Phase 13	
		463893461 Rahu 2:15PM – 4:10PM	Taitila Until 9:00AM	Nataraja: Yellow			4th Phase	
Creative Work	Amrita Yoga		Dashami Until 8:32PM	Moon – Green		Sivaloka Day		
Until 11:15AM				Ashada•Ani				
Then Creative Work - Siddha Yoga								

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 89
Vrischika Rasi: 0.2	Tithi 11	Gulika 6:33AM – 8:28AM	Vishakha Until 11:25AM	Ganesha: White	<i>Sunrise:</i> 4:37AM		Vikarin 5121	
		Yama 4:10PM – 6:06PM	Subha Until 12:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 8:01PM		Moon 6 - Phase 13	
		473893461 Rahu 10:24AM – 12:19PM	Vanija Until 8:13AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 8:00PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Padua, Italy Sun 25 Sutra 90
Vrischika Rasi: 13.28	Tithi 12	Gulika 4:38AM – 6:34AM	Anuradha Until 11:54AM	Ganesha: White	<i>Sunrise:</i> 4:38AM		Vikarin 5121	
		Yama 2:15PM – 4:10PM	Sukla Until 11:29PM	Muruqa: Blue	<i>Sunset:</i> 8:00PM		Moon 6 - Phase 13	
		473893461 Rahu 8:29AM – 10:24AM	Bava Until 7:56AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:56PM	Moon – Orange		Devaloka Day		
				Ashada•Ani				

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 26 Sutra 91
Vrischika Rasi: 26.2	Tithi 13	Gulika 4:10PM – 6:05PM	Jyeshtha* Until 12:43PM	Ganesha: White	<i>Sunrise:</i> 4:39AM		Vikarin 5121	
		Yama 12:19PM – 2:15PM	Brahma Until 10:53PM	Muruqa: Blue	<i>Sunset:</i> 8:00PM		Moon 6 - Phase 13	
		473893461 Rahu 6:05PM – 8:00PM	Kaulava Until 8:07AM	Nataraja: Yellow			4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 8:22PM	Moon – Orange		Devaloka Day		
Until 12:43PM				Ashada•Ani				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>					

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 92
Dhanus Rasi: 9	Tithi 14	Gulika 2:14PM – 4:09PM	Mula* Until 2:18PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM		Vikarin 5121	
Family Home Evening		Yama 10:25AM – 12:20PM	Indra Until 10:41PM	Muruqa: Blue	<i>Sunset:</i> 7:59PM		Moon 6 - Phase 13	
		483893461 Rahu 6:35AM – 8:30AM	Gara Until 8:47AM	Nataraja: Yellow			4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 9:16PM	Moon – Light Blue		Sivaloka Day		
Until 2:18PM				Ashada•Ani				
Then Routine Work - Marana Yoga								

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Padua, Italy Sun 28 Sutra 93
Dhanus Rasi: 21.26	Tithi 15	Gulika 12:20PM – 2:14PM	Purvashadha* Until 4:10PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM		Vikarin 5121	
		Yama 8:30AM – 10:25AM	Vaidhriti* Until 10:48PM	Muruqa: Blue	<i>Sunset:</i> 7:58PM		Moon 6 - Phase 13	
		483893461 Rahu 4:09PM – 6:04PM	Visti Until 9:54AM	Nataraja: Yellow			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 10:37PM	Moon – Light Blue		Sivaloka Day		
Until 4:10PM				Ashada•Adi				
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse Satguru Purnima						

6		Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Padua, Italy Sun 29 Sutra 94
Makara Rasi: 3.41	Tithi 16	Gulika 10:25AM – 12:20PM	Uttarashadha Until 6:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:42AM		Vikarin 5121	
		Yama 6:36AM – 8:31AM	Vishkambha* Until 11:14PM	Muruqa: Blue	<i>Sunset:</i> 7:58PM		Moon 6 - Phase 13	
		484893462 Rahu 12:20PM – 2:14PM	Balava Until 11:28AM	Nataraja: White			Prathama	
Creative Work	Amrita Yoga		Prathama* Until 12:23AM Thu	Moon – Light Blue		Subha Subha Sivaloka Day		
Until 6:18PM				Ashada•Adi				
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Padua, Italy
Sutra 95
Sun 1
Vikarin 5121

Makara Rasi: 15.47 Tithi 17

Gulika 8:31AM – 10:26AM
Yama 4:43AM – 6:37AM
494893462 **Rahu** 2:14PM – 4:08PM

Shravana Until 9:05PM
Priti Until 11:57PM
Taitila Until 1:24PM
Dvitiya Until 2:28AM Fri

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: Blue *Sunset: 7:57PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Padua, Italy
Sutra 96
Sun 2
Vikarin 5121

Makara Rasi: 27.46 Tithi 18

Gulika 6:38AM – 8:32AM
Yama 4:08PM – 6:02PM
494893462 **Rahu** 10:26AM – 12:20PM

Dhanishtha Until 11:57PM
Ayushman Until 12:49AM Sat
Vanija Until 3:37PM
Tritiya Until 4:47AM Sat

Ganesha: Clear *Sunrise: 4:44AM*
Muruqa: Blue *Sunset: 7:56PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava Karana Chaturthyam Titau

Padua, Italy
Sutra 97
Sun 3
Vikarin 5121

Kumbha Rasi: 9.39 Tithi 19

Gulika 4:45AM – 6:39AM
Yama 2:14PM – 4:07PM
494893462 **Rahu** 8:32AM – 10:26AM

Shatabhishak Until 2:45AM Sun
Saubhagya Until 1:48AM Sun
Bava Until 6:00PM
Chaturthi* Until 7:12AM Sun

Ganesha: Clear *Sunrise: 4:45AM*
Muruqa: Blue *Sunset: 7:55PM*
Nataraja: White
Moon – Purple

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 2:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Padua, Italy
Sutra 98
Sun 4
Vikarin 5121

Kumbha Rasi: 21.31 Tithi 19 – 20

Gulika 4:07PM – 6:01PM
Yama 12:20PM – 2:14PM
414893462 **Rahu** 6:01PM – 7:54PM

Purvaproshtapada* Until 5:53AM Mon
Sobhana Until 2:46AM Mon
Kaulava Until 8:25PM
Chaturthi* Until 7:12AM

Ganesha: Clear *Sunrise: 4:46AM*
Muruqa: Blue *Sunset: 7:54PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Padua, Italy
Sutra 99
Sun 5
Vikarin 5121

Meena Rasi: 3.23 Tithi 20 – 21

Gulika 2:13PM – 4:07PM
Yama 10:27AM – 12:20PM
414893462 **Rahu** 6:40AM – 8:33AM

Uttaraproshtapada Until 8:40AM Tue
Athiganda* Until 3:35AM Tue
Gara Until 10:42PM
Panchami Until 9:34AM

Ganesha: Clear *Sunrise: 4:47AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day
Ashada-Adi

Family Home Evening

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Padua, Italy
Sutra 100
Sun 6
Vikarin 5121

Meena Rasi: 15.19 Tithi 21 – 22

Gulika 12:20PM – 2:13PM
Yama 8:34AM – 10:27AM
414893462 **Rahu** 4:06PM – 5:59PM

Uttaraproshtapada Until 8:40AM
Sukarma Until 4:11AM Wed
Visti Until 12:42AM Wed
Shashthi* Until 11:44AM

Ganesha: Clear *Sunrise: 4:48AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day
Ashada-Adi

Until 8:40AM

Then Creative Work - Siddha Yoga

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Padua, Italy
Sutra 101
Sun 7
Vikarin 5121

Meena Rasi: 27.23 Tithi 22 – 23

Gulika 10:27AM – 12:20PM
Yama 6:42AM – 8:35AM
414893462 **Rahu** 12:20PM – 2:13PM

Revati Until 10:57AM
Dhriti Until 4:26AM Thu
Balava Until 2:16AM Thu
Saptami Until 1:32PM

Ganesha: Clear *Sunrise: 4:49AM*
Muruqa: Blue *Sunset: 7:51PM*
Nataraja: White
Moon – Clear

Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Padua, Italy
Sutra 102
Sun 8
Vikarin 5121

Mesha Rasi: 9.4 Tithi 23 – 24

Gulika 8:35AM – 10:28AM
Yama 4:50AM – 6:43AM
424893462 **Rahu** 2:13PM – 4:05PM

Ashvini Until 1:04PM
Shula* Until 4:10AM Fri
Taitila Until 3:13AM Fri
Ashtami* Until 2:48PM

Ganesha: White *Sunrise: 4:50AM*
Muruqa: Blue *Sunset: 7:50PM*
Nataraja: White
Moon – White

Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Subha Subha Sivaloka Day
Ashada-Adi

Until 1:04PM

Then Creative Work - Siddha Yoga


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Padua, Italy Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 22.11	Tithi 24 – 25	Gulika 6:43AM – 8:36AM	Bharani Until 2:23PM	Ganesha: White	<i>Sunrise:</i> 4:51AM	Moon 7 - Phase 15	
		Yama 4:05PM – 5:57PM	Ganda* Until 3:22AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:49PM	2nd Phase	
424893462	Rahu 10:28AM – 12:20PM		Vanija Until 3:27AM Sat	Nataraja: White		Subha Subha Sivaloka Day	
Creative Work	Siddha Yoga		Navami* Until 3:25PM	Moon – White		Ashada-Adi	

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Padua, Italy Sun 10 Sutra 104 Vikarin 5121	
Vrishabha Rasi: 5.04	Tithi 25 – 26	Gulika 4:52AM – 6:44AM	Krittika Until 2:49PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Moon 7 - Phase 15	
		Yama 2:12PM – 4:04PM	Vriddhi Until 1:57AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:49PM	2nd Phase	
424893462	Rahu 8:36AM – 10:28AM		Bava Until 2:55AM Sun	Nataraja: White		Subha Subha Sivaloka Day	
Creative Work	Amrita Yoga		Dashami Until 3:16PM	Moon – White		Ashada-Adi	

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 11 Sutra 105 Vikarin 5121	
Vrishabha Rasi: 18.21	Tithi 26 – 27	Gulika 4:03PM – 5:55PM	Rohini Until 2:47PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Moon 7 - Phase 15	
		Yama 12:20PM – 2:12PM	Dhruva Until 11:53PM	Muruqa: Blue	<i>Sunset:</i> 7:47PM	2nd Phase	
434893462	Rahu 5:55PM – 7:47PM		Kaulava Until 1:36AM Mon	Nataraja: White		Subha Sivaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 2:20PM	Moon – Yellow		Ashada-Adi	

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 2.04	Tithi 27 – 28	Gulika 2:11PM – 4:03PM	Mrigashira Until 1:51PM	Ganesha: White	<i>Sunrise:</i> 4:55AM	Moon 7 - Phase 15	
Family Home Evening		Yama 10:29AM – 12:20PM	Vyaghata* Until 9:14PM	Muruqa: Blue	<i>Sunset:</i> 7:46PM	2nd Phase	
435893462	Rahu 6:46AM – 8:37AM		Gara Until 11:35PM	Nataraja: White		Sivaloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 12:39PM	Moon – Yellow		Ashada-Adi	
Until 1:51PM						Pradosha Vrata (Fasting)	
Then Creative Work - Siddha Yoga							

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Padua, Italy Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 16.14	Tithi 28 – 29	Gulika 12:20PM – 2:11PM	Ardra Until 12:07PM	Ganesha: White	<i>Sunrise:</i> 4:56AM	Moon 7 - Phase 15	
		Yama 8:38AM – 10:29AM	Harshana Until 6:07PM	Muruqa: Blue	<i>Sunset:</i> 7:44PM	2nd Phase	
435893462	Rahu 4:02PM – 5:53PM		Visti Until 8:57PM	Nataraja: White		Sivaloka Day	
Routine Work	Marana Yoga		Trayodashi* Until 10:19AM	Moon – Yellow		Ashada-Adi	
Until 12:07PM							
Then Creative Work - Siddha Yoga							

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Padua, Italy Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:29AM – 12:20PM	Punarvasu Until 10:09AM	Ganesha: Green	<i>Sunrise:</i> 4:57AM	Moon 7 - Phase 15	
Kataka Rasi: 0.46	Tithi 29 – 30	Yama 6:48AM – 8:38AM	Vajra* Until 2:33PM	Muruqa: Blue	<i>Sunset:</i> 7:43PM	Amavasya	
445893462	Rahu 12:20PM – 2:11PM		Naga Until 4:11AM Thu	Nataraja: White		Sivaloka Day	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:27AM	Moon – Blue		Ashada-Adi	

Retreat Star		Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Padua, Italy Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 15.37	Tithi 1	Gulika 8:39AM – 10:29AM	Pushya Until 7:40AM	Ganesha: Green	<i>Sunrise:</i> 4:58AM	Moon 7 - Phase 15	
		Yama 4:58AM – 6:48AM	Siddhi Until 10:43AM	Muruqa: Blue	<i>Sunset:</i> 7:42PM	Prathama	
445893462	Rahu 2:10PM – 4:01PM		Kintughna Until 2:28PM	Nataraja: White		Sivaloka Day	
Creative Work	Amrita Yoga		Prathama* Until 12:41AM Fri	Moon – Blue		Sravana-Adi	
Until 7:40AM							
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau		Padua, Italy Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 0.38	Tithi 2	Gulika 6:49AM – 8:39AM	Magha* Until 2:13AM Sat	Ganesha: White	<i>Sunrise:</i> 4:59AM		
		Yama 4:00PM – 5:50PM	Vyatipata* Until 6:45AM	Muruqa: Blue	<i>Sunset:</i> 7:41PM		Moon 7 - Phase 16
		455893462 Rahu 10:30AM – 12:20PM	Balava Until 10:55AM	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day	
Until 2:13AM Sat				Sravana*Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 15.41	Tithi 3 – 4	Gulika 5:00AM – 6:50AM	Purvaphalguni Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 5:00AM		
		Yama 2:10PM – 4:00PM	Parigha* Until 10:49PM	Muruqa: Blue	<i>Sunset:</i> 7:39PM		Moon 7 - Phase 16
		455893462 Rahu 8:40AM – 10:30AM	Taitila Until 7:22AM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:37PM	Moon – Red		Sivaloka Day	
Until 11:36PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Padua, Italy Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 0.37	Tithi 4 – 5	Gulika 3:59PM – 5:48PM	Uttaraphalguni Until 9:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM		
		Yama 12:20PM – 2:09PM	Shiva Until 7:08PM	Muruqa: Blue	<i>Sunset:</i> 7:38PM		Moon 7 - Phase 16
		455993462 Rahu 5:48PM – 7:38PM	Bava Until 12:51AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 2:20PM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana*Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Padua, Italy Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.19	Tithi 5 – 6	Gulika 2:09PM – 3:58PM	Hasta Until 7:17PM	Ganesha: White	<i>Sunrise:</i> 5:03AM		
Family Home Evening		Yama 10:30AM – 12:20PM	Siddha Until 3:45PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:52AM – 8:41AM	Kaulava Until 10:10PM	Nataraja: White			3rd Phase
Until 7:17PM			Panchami Until 11:26AM	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Padua, Italy Sun 20 Sutra 114 Vikarin 5121	
Kanya Rasi: 29.41	Tithi 6 – 7	Gulika 12:19PM – 2:08PM	Chitra Until 5:52PM	Ganesha: White	<i>Sunrise:</i> 5:04AM		
		Yama 8:42AM – 10:31AM	Sadhya Until 12:48PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM		Moon 7 - Phase 16
		465993462 Rahu 3:57PM – 5:46PM	Gara Until 8:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:00AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Padua, Italy Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 13.41	Tithi 7 – 8	Gulika 10:31AM – 12:19PM	Svati Until 4:54PM	Ganesha: White	<i>Sunrise:</i> 5:05AM		
		Yama 6:53AM – 8:42AM	Subha Until 10:21AM	Muruqa: Blue	<i>Sunset:</i> 7:34PM		Moon 7 - Phase 16
		465993462 Rahu 12:19PM – 2:08PM	Visti Until 6:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Saptami Until 7:10AM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana*Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Padua, Italy Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.16	Tithi 9	Gulika 8:43AM – 10:31AM	Vishakha Until 4:54PM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM		
		Yama 5:06AM – 6:54AM	Sukla Until 8:25AM	Muruqa: Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 16
		476993462 Rahu 2:07PM – 3:56PM	Balava Until 5:39PM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 5:28AM Fri	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau			Padua, Italy Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 10.29	Tithi 10	Gulika 6:55AM – 8:43AM	Anuradha Until 5:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:07AM		
		Yama 3:55PM – 5:43PM	Brahma Until 7:02AM	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17	
	476993462	Rahu 10:31AM – 12:19PM	Taitila Until 5:28PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 5:36AM Sat	Moon – Orange		Sivaloka Day	
Until 5:24PM				Sravana*Adi			
Then Routine Work - Marana Yoga							


2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visiti* Karana Ekadashyam Titau			Padua, Italy Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 23.23	Tithi 11	Gulika 5:08AM – 6:56AM	Jyeshtha* Until 6:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:08AM		
		Yama 2:07PM – 3:54PM	Indra Until 6:10AM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 17	
	476993462	Rahu 8:44AM – 10:31AM	Vanija Until 5:55PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:20AM Sun	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Visiti*/Bava Karana Ekadashi/Dvadashyam Titau			Padua, Italy Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 5.59	Tithi 11 – 12	Gulika 3:53PM – 5:41PM	Mula* Until 8:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM		
		Yama 12:19PM – 2:06PM	Vishkambha* Until 5:46AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17	
	486993462	Rahu 5:41PM – 7:28PM	Bava Until 6:56PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Light Blue		Subha Sivaloka Day	
Until 8:12PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Padua, Italy Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 18.21	Tithi 12 – 13	Gulika 2:06PM – 3:52PM	Purvashadha* Until 10:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:11AM		
Family Home Evening		Yama 10:32AM – 12:19PM	Priti Until 6:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17	
	486993462	Rahu 6:58AM – 8:45AM	Kaulava Until 8:25PM	Nataraja: White		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 7:36AM	Moon – Light Blue		Subha Sivaloka Day	
				Sravana*Adi			

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Padua, Italy Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 0.32	Tithi 13 – 14	Gulika 12:18PM – 2:05PM	Uttarashadha Until 12:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:12AM		
		Yama 8:45AM – 10:32AM	Priti Until 6:07AM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17	
	486993462	Rahu 3:52PM – 5:38PM	Gara Until 10:16PM	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 9:17AM	Moon – Light Blue		Subha Sivaloka Day	
Until 12:38AM Wed				Sravana*Adi			
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visiti* Karana Chaturdashi/Purnimayam Titau			Padua, Italy Sun 28 Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:32AM – 12:18PM	Shravana Until 3:33AM Thu	Ganesha: White	<i>Sunrise:</i> 5:13AM		
Makara Rasi: 12.35	Tithi 14 – 15	Yama 6:59AM – 8:46AM	Ayushman Until 6:42AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 17	
	496993462	Rahu 12:18PM – 2:04PM	Visiti Until 12:25AM Thu	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:18AM	Moon – Purple		Sivaloka Day	
		Raksha Bandhan		Sravana*Adi			

Thursday, August 15, 2019		Silver Retreat Star			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Padua, Italy Sun 29 Sutra 123 Vikarin 5121
Makara Rasi: 24.32	Tithi 15 – 16	Gulika 8:46AM – 10:32AM	Dhanishtha Until 6:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM			
		Yama 5:14AM – 7:00AM	Saubhagya Until 7:29AM	Muruqa: Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17		
	497993462	Rahu 2:04PM – 3:50PM	Balava Until 2:44AM Fri	Nataraja: White		Prathama		
Creative Work	Siddha Yoga		Purnima* Until 1:32PM	Moon – Purple		Subha Sivaloka Day		
				Sravana*Adi				

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Padua, Italy
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 6.26 Tilthi 16 – 17

Gulika 7:01AM – 8:47AM
Yama 3:49PM – 5:35PM
497993462 **Rahu** 10:32AM – 12:18PM

Dhanishtha **Until 6:27AM**
Sobhana **Until 8:24AM**
Taitila **Until 5:10AM Sat**
Prathama* Until 3:55PM

Ganesha: Yellow *Sunrise: 5:16AM*
Muruqa: Blue *Sunset: 7:20PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Athiganda*/Sukarma Yoga Gara Karana Dvitiyayam Titau

Padua, Italy
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 18.17 Tilthi 17

Gulika 5:17AM – 7:02AM
Yama 2:03PM – 3:48PM
497993462 **Rahu** 8:47AM – 10:32AM

Shatabhishak **Until 9:16AM**
Athiganda* **Until 9:21AM**
Gara **Until 6:21PM**
Dvitiya Until 6:21PM

Ganesha: Yellow *Sunrise: 5:17AM*
Muruqa: Blue *Sunset: 7:18PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 9:16AM

Then Routine Work - Marana Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprosarthapada*/Uttarproshthapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trilyayam Titau

Padua, Italy
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 0.09 Tilthi 18

Gulika 3:47PM – 5:32PM
Yama 12:17PM – 2:02PM
517993462 **Rahu** 5:32PM – 7:17PM

Purvaprosarthapada* Until 12:25PM
Sukarma **Until 10:18AM**
Vanija **Until 7:35AM**
Tritiya Until 8:45PM

Ganesha: White *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 7:17PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:25PM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarproshthapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Padua, Italy
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 12.02 Tilthi 19

Family Home Evening

Gulika 2:02PM – 3:46PM
Yama 10:33AM – 12:17PM
517993462 **Rahu** 7:04AM – 8:48AM

Uttarproshthapada Until 3:16PM
Dhriti **Until 11:12AM**
Bava **Until 9:55AM**
Chaturthi* Until 11:00PM

Ganesha: White *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:15PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Padua, Italy
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 24 Tilthi 20

Gulika 12:17PM – 2:01PM
Yama 8:49AM – 10:33AM
517993462 **Rahu** 3:45PM – 5:29PM

Revati Until 5:46PM
Shula* **Until 11:54AM**
Kaulava **Until 12:03PM**
Panchami Until 12:59AM Wed

Ganesha: White *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:13PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Padua, Italy
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 6.05 Tilthi 21

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Siddha Yoga

Gulika 10:33AM – 12:17PM
Yama 7:05AM – 8:49AM
527993462 **Rahu** 12:17PM – 2:00PM

Ashvini Until 8:14PM
Ganda* **Until 12:22PM**
Gara **Until 1:52PM**
Shashthi* Until 2:35AM Thu

Ganesha: Clear *Sunrise: 5:22AM*
Muruqa: Blue *Sunset: 7:12PM*
Nataraja: White
Moon – White

Subha Sivaloka Day

Sravana-Avani

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Padua, Italy
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 18.2 Tilthi 22

Creative Work Siddha Yoga

Until 10:04PM

Then Routine Work - Marana Yoga

Gulika 8:50AM – 10:33AM
Yama 5:23AM – 7:06AM
528993462 **Rahu** 2:00PM – 3:43PM

Bharani Until 10:04PM
Vridhhi **Until 12:30PM**
Visti **Until 3:13PM**
Saptami Until 3:39AM Fri

Ganesha: White *Sunrise: 5:23AM*
Muruqa: Blue *Sunset: 7:10PM*
Nataraja: White
Moon – White

Sivaloka Day

Sravana-Avani

D

Friday, August 23, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Padua, Italy
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Vrishabha Rasi: 0.49 Tilthi 23

Creative Work Siddha Yoga

Until 11:07PM

Then Routine Work - Marana Yoga

Gulika 7:07AM – 8:50AM
Yama 3:42PM – 5:25PM
528993462 **Rahu** 10:33AM – 12:16PM

Krishna Janmashtami

Krittika Until 11:07PM
Dhruva **Until 12:09PM**
Balava **Until 3:58PM**
Ashtami* Until 4:03AM Sat

Ganesha: White *Sunrise: 5:24AM*
Muruqa: Blue *Sunset: 7:08PM*
Nataraja: White
Moon – White

Sivaloka Day

Sravana-Avani

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

Padua, Italy
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Vrishabha Rasi: 13.37 Tilthi 24

Creative Work Amrita Yoga

Until 11:45PM

Then Creative Work - Siddha Yoga

Gulika 5:25AM – 7:08AM
Yama 1:59PM – 3:41PM
538993462 **Rahu** 8:51AM – 10:33AM

Rohini Until 11:45PM
Vyaghata* **Until 11:16AM**
Taitila **Until 4:00PM**
Navami* Until 3:42AM Sun

Ganesha: Clear *Sunrise: 5:25AM*
Muruqa: Blue *Sunset: 7:07PM*
Nataraja: White
Moon – Yellow

Subha Sivaloka Day

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau		Padua, Italy Sun 9 Sutra 133 Vikarin 5121	
Wrishabha Rasi: 26.47	Tithi 25	Gulika 3:40PM – 5:23PM	Mrigashira Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Moon 8 - Phase 19	
		Yama 12:16PM – 1:58PM	Harshana Until 9:46AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	2nd Phase	
538993462	Rahu 5:23PM – 7:05PM		Vanija Until 3:14PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:33AM Mon	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Padua, Italy Sun 10 Sutra 134 Vikarin 5121	
Mithuna Rasi: 10.25	Tithi 26	Gulika 1:57PM – 3:39PM	Ardra Until 10:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Moon 8 - Phase 19	
Family Home Evening		Yama 10:33AM – 12:15PM	Vajra* Until 7:37AM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	2nd Phase	
538993462	Rahu 7:10AM – 8:52AM		Bava Until 1:42PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 12:38AM Tue	Moon – Yellow		Subha Sivaloka Day	
Until 10:15PM				Sravana-Avani			
Then Creative Work - Amrita Yoga							

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Padua, Italy Sun 11 Sutra 135 Vikarin 5121	
Mithuna Rasi: 24.3	Tithi 27	Gulika 12:15PM – 1:57PM	Punarvasu Until 8:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM	Moon 8 - Phase 19	
		Yama 8:52AM – 10:34AM	Vyatipata* Until 1:36AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:01PM	2nd Phase	
548993462	Rahu 3:38PM – 5:20PM		Kaulava Until 11:26AM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 10:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan Yoga Gara/Vanija Karana Trayodashyam Titau		Padua, Italy Sun 12 Sutra 136 Vikarin 5121	
Kataka Rasi: 9.02	Tithi 28	Gulika 10:34AM – 12:15PM	Pushya Until 6:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:30AM	Moon 8 - Phase 19	
		Yama 7:11AM – 8:52AM	Varyan Until 9:51PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	2nd Phase	
549993463	Rahu 12:15PM – 1:56PM		Gara Until 8:34AM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:55PM	Moon – Blue		Devaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Padua, Italy Sun 13 Sutra 137 Vikarin 5121	
Kataka Rasi: 23.56	Tithi 29 – 30	Gulika 8:53AM – 10:34AM	Ashlesha* Until 3:29PM	Ganesha: Orange	<i>Sunrise:</i> 5:31AM	Moon 8 - Phase 19	
		Yama 5:31AM – 7:12AM	Parigha* Until 5:49PM	Muruqa: Blue	<i>Sunset:</i> 6:58PM	2nd Phase	
549193463	Rahu 1:55PM – 3:36PM		Catuspada Until 1:31AM Fri	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:23PM	Moon – Blue		Sivaloka Day	
Until 3:29PM				Sravana-Avani			
Then Creative Work - Amrita Yoga							

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Padua, Italy Sun 14 Sutra 138 Vikarin 5121	
Simha Rasi: 9.06	Tithi 30 – 1	Gulika 7:13AM – 8:53AM	Magha* Until 12:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:33AM	Moon 8 - Phase 19	
		Yama 3:35PM – 5:15PM	Shiva Until 1:36PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Amavasya	
559193463	Rahu 10:34AM – 12:14PM		Kintughna Until 9:41PM	Nataraja: Clear		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 11:36AM	Moon – Red		Sivaloka Day	
Until 12:39PM		Varalakshmi Vratam		Sravana-Avani			
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Padua, Italy Sun 15 Sutra 139 Vikarin 5121	
Simha Rasi: 24.21	Tithi 1 – 2	Gulika 5:34AM – 7:14AM	Purvaphalguni Until 9:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:34AM	Moon 8 - Phase 19	
		Yama 1:54PM – 3:34PM	Siddha Until 9:18AM	Muruqa: Blue	<i>Sunset:</i> 6:54PM	Prathama	
559193463	Rahu 8:54AM – 10:34AM		Kaulava Until 4:00AM Sun	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:45AM	Moon – Red		Sivaloka Day	
Until 9:37AM				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Taitila/Gara Karana Trilyayam Titau				Padua, Italy Sun 16 Sutra 140 Vikarin 5121
	Kanya Rasi: 9.32	Tithi 3	Gulika 3:33PM – 5:13PM	Uttaraphalguni Until 6:35AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	
			Yama 12:14PM – 1:53PM	Subha Until 1:11AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:52PM	Moon 8 - Phase 20
	559193463	Rahu 5:13PM – 6:52PM	Taitila Until 2:14PM		Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 12:31AM Mon	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthayam Titau				Padua, Italy Sun 17 Sutra 141 Vikarin 5121
	Kanya Rasi: 24.3	Tithi 4	Gulika 1:53PM – 3:32PM	Chitra Until 1:56AM Tue	Ganesha: Orange	<i>Sunrise:</i> 5:36AM	
	Family Home Evening		Yama 10:34AM – 12:13PM	Sukla Until 9:35PM	Muruqa: Blue	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 20
	569193463	Rahu 7:15AM – 8:55AM	Vanija Until 10:57AM		Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 9:28PM	Moon – Green		Sivaloka Day	
Until 1:56AM Tue		Ganesha Chaturthi		Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Padua, Italy Sun 18 Sutra 142 Vikarin 5121
	Tula Rasi: 9.06	Tithi 5	Gulika 12:13PM – 1:52PM	Svati Until 12:15AM Wed	Ganesha: Orange	<i>Sunrise:</i> 5:37AM	
			Yama 8:55AM – 10:34AM	Brahma Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 20
	569193463	Rahu 3:31PM – 5:10PM	Bava Until 8:10AM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 7:00PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Padua, Italy Sun 19 Sutra 143 Vikarin 5121
	Tula Rasi: 23.15	Tithi 6 – 7	Gulika 10:34AM – 12:13PM	Vishakha Until 11:35PM	Ganesha: Green	<i>Sunrise:</i> 5:39AM	
			Yama 7:17AM – 8:56AM	Indra Until 3:57PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20
	579193463	Rahu 12:13PM – 1:51PM	Kaulava Until 6:02AM		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 5:14PM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Padua, Italy Sun 20 Sutra 144 Vikarin 5121
	Vrischika Rasi: 6.56	Tithi 7 – 8	Gulika 8:56AM – 10:34AM	Anuradha Until 11:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:40AM	
			Yama 5:40AM – 7:18AM	Vaidhriti* Until 2:04PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20
	571193463	Rahu 1:50PM – 3:29PM	Visti Until 4:08AM Fri		Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:17PM	Moon – Orange		Sivaloka Day	
Until 11:35PM				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga							

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Padua, Italy Sun 21 Sutra 145 Vikarin 5121
	Vrischika Rasi: 20.09	Tithi 8 – 9	Gulika 7:19AM – 8:56AM	Jyeshtha* Until 12:13AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:41AM	
			Yama 3:27PM – 5:05PM	Vishkambha* Until 12:50PM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 20
	571193463	Rahu 10:34AM – 12:12PM	Balava Until 4:25AM Sat		Nataraja: Clear		Ashtami
Routine Work	Marana Yoga		Ashtami* Until 4:10PM	Moon – Orange		Sivaloka Day	
Until 12:13AM Sat				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

Retreat Star	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Padua, Italy Sun 22 Sutra 146 Vikarin 5121
	Dhanus Rasi: 2.57	Tithi 9 – 10	Gulika 5:42AM – 7:20AM	Mula* Until 1:56AM Sun	Ganesha: Green	<i>Sunrise:</i> 5:42AM	
			Yama 1:49PM – 3:26PM	Priti Until 12:15PM	Muruqa: Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 20
	581193463	Rahu 8:57AM – 10:34AM	Taitila Until 5:27AM Sun		Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 4:49PM	Moon – Light Blue		Devaloka Day	
				Bhadrapada-Avani			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara Karana Dashamyam Titau				Padua, Italy Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 15.25	Tithi 10	Gulika 3:25PM – 5:02PM	Purvashadha* Until 4:05AM Mon	Ganesha: Green <i>Sunrise: 5:43AM</i>		
		Yama 12:11PM – 1:48PM	Ayushman Until 12:11PM	Muruqa: Blue <i>Sunset: 6:39PM</i>		Moon 8 - Phase 21
	581193463	Rahu 5:02PM – 6:39PM	Gara Until 6:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day	
Until 4:05AM Mon		Grandparent's Day	Dashami Until 6:10PM	Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 148 Vikarin 5121
Dhanus Rasi: 27.38	Tithi 11	Gulika 1:48PM – 3:24PM	Uttarashadha Until 6:30AM Tue	Ganesha: Green <i>Sunrise: 5:45AM</i>		
Family Home Evening		Yama 10:34AM – 12:11PM	Saubhagya Until 12:34PM	Muruqa: Blue <i>Sunset: 6:37PM</i>		Moon 8 - Phase 21
Routine Work	Marana Yoga	Rahu 7:21AM – 8:58AM	Vanija Until 7:05AM	Nataraja: Clear		4th Phase
Until 6:30AM Tue			Ekadashi Until 8:03PM	Moon – Light Blue	Devaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Padua, Italy Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 9.4	Tithi 12	Gulika 12:11PM – 1:47PM	Uttarashadha Until 6:30AM	Ganesha: Green <i>Sunrise: 5:46AM</i>		
		Yama 8:58AM – 10:34AM	Sobhana Until 1:16PM	Muruqa: Blue <i>Sunset: 6:35PM</i>		Moon 8 - Phase 21
	581193463	Rahu 3:23PM – 4:59PM	Bava Until 9:09AM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga		Dvadashi Until 10:16PM	Moon – Light Blue	Devaloka Day	
Until 6:30AM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 21.34	Tithi 13	Gulika 10:34AM – 12:10PM	Shravana Until 9:32AM	Ganesha: Red <i>Sunrise: 5:47AM</i>		
		Yama 7:23AM – 8:59AM	Athiganda* Until 2:07PM	Muruqa: Blue <i>Sunset: 6:33PM</i>		Moon 8 - Phase 21
	591193463	Rahu 12:10PM – 1:46PM	Kaulava Until 11:29AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:41AM Thu	Moon – Purple	Sivaloka Day	
Until 9:32AM		Avani Avittam		Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 3.26	Tithi 14	Gulika 8:59AM – 10:34AM	Dhanishtha Until 12:31PM	Ganesha: Red <i>Sunrise: 5:48AM</i>		
		Yama 5:48AM – 7:24AM	Sukarma Until 3:04PM	Muruqa: Blue <i>Sunset: 6:32PM</i>		Moon 8 - Phase 21
	591193463	Rahu 1:45PM – 3:21PM	Gara Until 1:57PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:09AM Fri	Moon – Purple	Sivaloka Day	
		Chidambaram Abhishekam		Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Padua, Italy Sun 28 Sutra 152 Vikarin 5121
Copper Retreat Star		Gulika 7:24AM – 8:59AM	Shatabhishak Until 3:20PM	Ganesha: Red <i>Sunrise: 5:49AM</i>		
Kumbha Rasi: 15.17	Tithi 15	Yama 3:20PM – 4:55PM	Dhriti Until 4:01PM	Muruqa: Purple <i>Sunset: 6:30PM</i>		Moon 8 - Phase 21
	591113463	Rahu 10:34AM – 12:10PM	Visti Until 4:24PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 5:36AM Sat	Moon – Purple	Sivaloka Day	
				Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Balava Karana Prathamayam Titau				Padua, Italy Sun 29 Sutra 153 Vikarin 5121
Silver Retreat Star		Gulika 5:51AM – 7:25AM	Purvaproshtapada* Until 6:25PM	Ganesha: Red <i>Sunrise: 5:51AM</i>		
Kumbha Rasi: 27.1	Tithi 16	Yama 1:44PM – 3:18PM	Shula* Until 4:53PM	Muruqa: Purple <i>Sunset: 6:28PM</i>		Moon 8 - Phase 21
	511113463	Rahu 9:00AM – 10:35AM	Balava Until 6:48PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 7:55AM Sun	Moon – Clear	Sivaloka Day	
Until 6:25PM				Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Padua, Italy Sun 9 Sutra 163 Vikarin 5121	
Kataka Rasi: 3.2	Tithi 25 – 26	Gulika	12:06PM – 1:36PM	Pushya Until 4:18AM Wed	Ganesha: Light Blue <i>Sunrise: 6:03AM</i>	Muruqa: Purple <i>Sunset: 6:09PM</i>	Moon 9 - Phase 23
		Yama	9:04AM – 10:35AM	Parigha* Until 11:08AM			2nd Phase
		542213463 Rahu	3:07PM – 4:38PM	Bava Until 10:59PM	Nataraja: Clear		
Creative Work	Siddha Yoga			Dashami Until 12:11PM	Moon – Blue	Devaloka Day	
					Bhadrapada•Puratasi		

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 10 Sutra 164 Vikarin 5121	
Kataka Rasi: 17.41	Tithi 26 – 27	Gulika	10:35AM – 12:05PM	Ashlesha* Until 1:57AM Thu	Ganesha: Light Blue <i>Sunrise: 6:04AM</i>	Muruqa: Purple <i>Sunset: 6:07PM</i>	Moon 9 - Phase 23
		Yama	7:34AM – 9:05AM	Shiva Until 7:56AM			2nd Phase
		542213463 Rahu	12:05PM – 1:36PM	Kaulava Until 8:07PM	Nataraja: Clear		
Creative Work	Siddha Yoga			Ekadashi* Until 9:36AM	Moon – Blue	Devaloka Day	
Until 1:57AM Thu					Bhadrapada•Puratasi		
Then Creative Work - Amrita Yoga							

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 11 Sutra 165 Vikarin 5121	
Simha Rasi: 2.25	Tithi 27 – 28	Gulika	9:05AM – 10:35AM	Magha* Until 11:26PM	Ganesha: Purple <i>Sunrise: 6:05AM</i>	Muruqa: Purple <i>Sunset: 6:05PM</i>	Moon 9 - Phase 23
		Yama	6:05AM – 7:35AM	Sadhya Until 12:18AM Fri			2nd Phase
		552213463 Rahu	1:35PM – 3:05PM	Vanija Until 2:59AM Fri	Nataraja: Clear		
Creative Work	Amrita Yoga			Dvadashi* Until 6:29AM	Moon – Red	Devaloka Day	
Until 11:26PM					Bhadrapada•Puratasi		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Padua, Italy Sun 12 Sutra 166 Vikarin 5121	
Simha Rasi: 17.28	Tithi 29	Gulika	7:36AM – 9:05AM	Purvaphalguni Until 8:31PM	Ganesha: Purple <i>Sunrise: 6:06AM</i>	Muruqa: Purple <i>Sunset: 6:03PM</i>	Moon 9 - Phase 23
		Yama	3:04PM – 4:33PM	Subha Until 8:07PM			2nd Phase
		552213463 Rahu	10:35AM – 12:05PM	Visti Until 1:09PM	Nataraja: Clear		
Creative Work	Siddha Yoga			Chaturdashi* Until 11:15PM	Moon – Red	Devaloka Day	
					Bhadrapada•Puratasi		

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Padua, Italy Sun 13 Sutra 167 Vikarin 5121	
Retreat Star		Gulika	6:08AM – 7:37AM	Uttaraphalguni Until 5:24PM	Ganesha: Light Blue <i>Sunrise: 6:08AM</i>	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 9 - Phase 23
Kanya Rasi: 2.4	Tithi 30	Yama	1:33PM – 3:03PM	Sukla Until 3:51PM			Amavasya
		652213463 Rahu	9:06AM – 10:35AM	Catuspada Until 9:22AM	Nataraja: Clear		
Routine Work	Marana Yoga			Amavasya* Until 7:28PM	Moon – Red	Devaloka Day	
		Mahalaya Amavasai (Tamil Nadu)			Bhadrapada•Puratasi		

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Padua, Italy Sun 14 Sutra 168 Vikarin 5121	
Kanya Rasi: 17.53	Tithi 1 – 2	Gulika	3:01PM – 4:30PM	Hasta Until 2:39PM	Ganesha: Light Blue <i>Sunrise: 6:09AM</i>	Muruqa: Purple <i>Sunset: 5:59PM</i>	Moon 9 - Phase 23
		Yama	12:04PM – 1:33PM	Brahma Until 11:39AM			Prathama
		663213463 Rahu	4:30PM – 5:59PM	Balava Until 2:04AM Mon	Nataraja: Clear		
Creative Work	Amrita Yoga			Prathama* Until 3:47PM	Moon – Green	Devaloka Day	
Until 2:39PM		Navaratri Begins			Ashvina•Puratasi		
Then Creative Work - Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Padua, Italy Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 2.55	Tithi 2 – 3	Gulika	1:32PM – 3:00PM	Chitra Until 12:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:10AM	
Family Home Evening	663213463	Yama	10:35AM – 12:04PM	Indra Until 7:41AM	Muruqa: Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu	7:38AM – 9:07AM	Taitila Until 10:54PM	Nataraja: Clear	3rd Phase
Until 12:02PM				Dvitiya Until 12:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 17.38	Tithi 3 – 4	Gulika	12:03PM – 1:31PM	Svati Until 9:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:11AM	
	663213463	Yama	9:07AM – 10:35AM	Vishkambha* Until 12:54AM Wed	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	2:59PM – 4:27PM	Vanija Until 8:17PM	Nataraja: Clear	3rd Phase
Until 9:45AM				Tritiya Until 9:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Padua, Italy Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 1.56	Tithi 4 – 5	Gulika	10:35AM – 12:03PM	Vishakha Until 8:23AM	Ganesha: Purple <i>Sunrise:</i> 6:13AM	
	673213463	Yama	7:40AM – 9:08AM	Priti Until 10:22PM	Muruqa: Purple <i>Sunset:</i> 5:53PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	12:03PM – 1:31PM	Bava Until 6:22PM	Nataraja: Clear	3rd Phase
				Chaturthi* Until 7:13AM	Moon – Orange	Devaloka Day
					Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau		Padua, Italy Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15.44	Tithi 6	Gulika	9:08AM – 10:35AM	Anuradha Until 7:38AM	Ganesha: Purple <i>Sunrise:</i> 6:14AM	
	673213463	Yama	6:14AM – 7:41AM	Ayushman Until 8:29PM	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	1:30PM – 2:57PM	Kaulava Until 5:17PM	Nataraja: Clear	3rd Phase
Until 7:38AM				Shashthi* Until 5:03AM Fri	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau		Padua, Italy Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 29.02	Tithi 7	Gulika	7:42AM – 9:09AM	Jyeshtha* Until 7:36AM	Ganesha: Purple <i>Sunrise:</i> 6:15AM	
	673213463	Yama	2:56PM – 4:23PM	Saubhagya Until 7:19PM	Muruqa: Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu	10:36AM – 12:02PM	Gara Until 5:06PM	Nataraja: Clear	3rd Phase
Until 7:36AM				Saptami Until 5:19AM Sat	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau		Padua, Italy Sun 20 Sutra 174 Vikarin 5121
Dhanus Rasi: 11.52	Tithi 8	Gulika	6:16AM – 7:43AM	Mula* Until 8:45AM	Ganesha: Clear <i>Sunrise:</i> 6:16AM	
	683213463	Yama	1:28PM – 2:55PM	Sobhana Until 6:51PM	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	9:09AM – 10:36AM	Visti Until 5:47PM	Nataraja: Clear	Ashtami
				Ashtami* Until 6:24AM Sun	Moon – Light Blue	Sivaloka Day
		Durga Ashtami			Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Padua, Italy Sun 21 Sutra 175 Vikarin 5121
Dhanus Rasi: 24.2	Tithi 8 – 9	Gulika	2:54PM – 4:20PM	Purvashadha* Until 10:32AM	Ganesha: Clear <i>Sunrise:</i> 6:18AM	
	683213463	Yama	12:02PM – 1:28PM	Athiganda* Until 6:55PM	Muruqa: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu	4:20PM – 5:46PM	Balava Until 7:14PM	Nataraja: Clear	Navami
Until 10:32AM				Ashtami* Until 6:24AM	Moon – Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Saraswathi Puja (Tamil Nadu)			Ashvina+Puratasi	

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Padua, Italy Sutra 176 Vikarin 5121
1		Gulika 1:27PM – 2:53PM	Uttarashadha Until 12:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:19AM	Sun 22
Makara Rasi: 6.31	Tithi 9 – 10	Yama 10:36AM – 12:01PM	Sukarma Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:45AM – 9:10AM	Taitila Until 9:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Navami* Until 8:11AM	Moon – Light Blue		Sivaloka Day
Until 12:46PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Padua, Italy Sutra 177 Vikarin 5121
2		Gulika 12:01PM – 1:26PM	Shravana Until 3:45PM	Ganesha: White	<i>Sunrise:</i> 6:20AM	Sun 23
Makara Rasi: 18.29	Tithi 10 – 11	Yama 9:11AM – 10:36AM	Dhriti Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
693213464		Rahu 2:52PM – 4:17PM	Vanija Until 11:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Vijaya Dasami	Moon – Purple		Sivaloka Day
			Dashami Until 10:25AM	Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Padua, Italy Sutra 178 Vikarin 5121
3		Gulika 10:36AM – 12:01PM	Dhanishtha Until 6:46PM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sun 24
Kumbha Rasi: 0.22	Tithi 11 – 12	Yama 7:46AM – 9:11AM	Shula* Until 9:13PM	Muruqa: Purple	<i>Sunset:</i> 5:40PM	Moon 9 - Phase 25
693213464		Rahu 12:01PM – 1:26PM	Bava Until 2:13AM Thu	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 12:55PM	Moon – Purple		Sivaloka Day
Until 6:46PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Padua, Italy Sutra 179 Vikarin 5121
4		Gulika 9:12AM – 10:36AM	Shatabhishak Until 9:36PM	Ganesha: White	<i>Sunrise:</i> 6:23AM	Sun 25
Kumbha Rasi: 12.12	Tithi 12 – 13	Yama 6:23AM – 7:47AM	Ganda* Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
693213464		Rahu 1:25PM – 2:50PM	Kaulava Until 4:43AM Fri	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 3:27PM	Moon – Purple		Sivaloka Day
		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
			<i>Pradosha Vrata</i>			

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Padua, Italy Sutra 180 Vikarin 5121
5		Gulika 7:48AM – 9:12AM	Purvaproshtpada* Until 12:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:24AM	Sun 26
Kumbha Rasi: 24.04	Tithi 13 – 14	Yama 2:48PM – 4:13PM	Vriddhi Until 11:00PM	Muruqa: Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
613213464		Rahu 10:36AM – 12:00PM	Gara Until 7:04AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 5:53PM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Padua, Italy Sutra 181 Vikarin 5121
6		Gulika 6:25AM – 7:49AM	Uttaraproshtpada Until 3:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:25AM	Sun 27
Meena Rasi: 5.58	Tithi 14	Yama 1:24PM – 2:47PM	Dhruva Until 11:40PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
613213464		Rahu 9:13AM – 10:36AM	Gara Until 7:04AM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 8:08PM	Moon – Clear		Sivaloka Day
Until 3:21AM Sun				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Padua, Italy Sutra 182 Vikarin 5121
○		Gulika 2:46PM – 4:10PM	Revati Until 5:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sun 28
Meena Rasi: 17.59	Tithi 15	Yama 12:00PM – 1:23PM	Vyaghata* Until 12:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
614213464		Rahu 4:10PM – 5:33PM	Visti Until 9:11AM	Nataraja: Purple		Purnima
Creative Work Amrita Yoga			Purnima* Until 10:07PM	Moon – Clear		Subha Sivaloka Day
Until 5:38AM Mon				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Padua, Italy Sutra 183 Vikarin 5121
○		Gulika 1:23PM – 2:45PM	Ashvini Until 7:57AM Tue	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sun 29
Mesha Rasi: 0.05	Tithi 16	Yama 10:37AM – 12:00PM	Harshana Until 12:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
624213464		Rahu 7:51AM – 9:14AM	Balava Until 11:02AM	Nataraja: Purple		Prathama
Family Home Evening			Prathama* Until 11:50PM	Moon – White		Subha Subha Sivaloka Day
Creative Work Siddha Yoga				Ashvina+Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Padua, Italy
Sutra 184
Vikarin 5121

Mesha Rasi: 12.19 Tithi 17

624213464

Gulika 11:59AM – 1:22PM
Yama 9:14AM – 10:37AM
Rahu 2:44PM – 4:07PM

Ashvini Until 7:57AM
Vajra* Until 12:25AM Wed
Taitila Until 12:35PM
Dvitiya Until 1:13AM Wed

Ganesha: White *Sunrise:* 6:29AM
Muruqa: Purple *Sunset:* 5:30PM

Nataraja: Purple Moon 10 - Phase 26

Moon – White **Subha Subha Sivaloka Day**

Ashvina•Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi* Yoga Vanija/Visti* Karana Tritiyayam Titau

Padua, Italy
Sutra 185
Vikarin 5121

Mesha Rasi: 24.41 Tithi 18

624213464

Gulika 10:37AM – 11:59AM
Yama 7:53AM – 9:15AM
Rahu 11:59AM – 1:21PM

Bharani Until 9:48AM
Siddhi Until 12:11AM Thu
Vanija Until 1:49PM
Tritiya Until 2:17AM Thu

Ganesha: White *Sunrise:* 6:31AM
Muruqa: Purple *Sunset:* 5:28PM

Nataraja: Purple Moon 10 - Phase 26

Moon – White **Subha Subha Sivaloka Day**

Ashvina•Puratasi

Creative Work Siddha Yoga

Until 9:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Padua, Italy
Sutra 186
Vikarin 5121

Vrishabha Rasi: 7.12 Tithi 19

624313464

Gulika 9:15AM – 10:37AM
Yama 6:32AM – 7:54AM
Rahu 1:21PM – 2:42PM

Krittika Until 11:09AM
Vyatipata* Until 11:40PM
Bava Until 2:42PM
Chaturthi* Until 2:58AM Fri

Ganesha: Yellow *Sunrise:* 6:32AM
Muruqa: Purple *Sunset:* 5:26PM

Nataraja: Purple Moon 10 - Phase 26

Moon – White **Subha Sivaloka Day**

Ashvina•Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Padua, Italy
Sutra 187
Vikarin 5121

Vrishabha Rasi: 19.53 Tithi 20

634313464

Gulika 7:55AM – 9:16AM
Yama 2:42PM – 4:03PM
Rahu 10:37AM – 11:59AM

Rohini Until 12:27PM
Varyan Until 10:49PM
Kaulava Until 3:11PM
Panchami Until 3:14AM Sat

Ganesha: White *Sunrise:* 6:33AM
Muruqa: Purple *Sunset:* 5:24PM

Nataraja: Purple Moon 10 - Phase 26

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Routine Work Marana Yoga

Until 12:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Padua, Italy
Sutra 188
Vikarin 5121

Mithuna Rasi: 2.46 Tithi 21

634313464

Gulika 6:34AM – 7:55AM
Yama 1:20PM – 2:41PM
Rahu 9:17AM – 10:38AM

Mrigashira Until 1:09PM
Parigha* Until 9:36PM
Gara Until 3:13PM
Shashthi* Until 3:01AM Sun

Ganesha: White *Sunrise:* 6:34AM
Muruqa: Purple *Sunset:* 5:23PM

Nataraja: Purple Moon 10 - Phase 26

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Padua, Italy
Sutra 189
Vikarin 5121

Mithuna Rasi: 15.55 Tithi 22

634313464

Gulika 2:40PM – 4:00PM
Yama 11:58AM – 1:19PM
Rahu 4:00PM – 5:21PM

Ardra Until 1:12PM
Shiva Until 7:59PM
Visti Until 2:44PM
Saptami Until 2:15AM Mon

Ganesha: White *Sunrise:* 6:36AM
Muruqa: Purple *Sunset:* 5:21PM

Nataraja: Purple Moon 10 - Phase 26

Moon – Yellow **Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Padua, Italy
Sutra 190
Vikarin 5121

Mithuna Rasi: 29.2 Tithi 23

644313464

Gulika 1:18PM – 2:39PM
Yama 10:38AM – 11:58AM
Rahu 7:57AM – 9:18AM

Punarvasu Until 1:01PM
Siddha Until 5:54PM
Balava Until 1:41PM
Ashtami* Until 12:56AM Tue

Ganesha: Clear *Sunrise:* 6:37AM
Muruqa: Purple *Sunset:* 5:19PM

Nataraja: Purple Moon 10 - Phase 26

Moon – Blue **Subha Sivaloka Day**

Ashvina•Aipasi

Creative Work Amrita Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Padua, Italy
Sutra 191
Vikarin 5121

Kataka Rasi: 13.05 Tithi 24

644313464

Gulika 11:58AM – 1:18PM
Yama 9:18AM – 10:38AM
Rahu 2:38PM – 3:58PM

Pushya Until 12:07PM
Sadhya Until 3:21PM
Taitila Until 12:04PM
Navami* Until 11:02PM

Ganesha: Clear *Sunrise:* 6:38AM
Muruqa: Purple *Sunset:* 5:18PM

Nataraja: Purple Moon 10 - Phase 26

Moon – Blue **Subha Sivaloka Day**

Ashvina•Aipasi

Creative Work Siddha Yoga

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau		Padua, Italy Sun 9 Sutra 192 Vikarin 5121	
Kataka Rasi: 27.12	Tithi 25	Gulika 10:38AM – 11:58AM	Ashlesha* Until 10:32AM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	Moon 10 - Phase 27	
		Yama 7:59AM – 9:19AM	Subha Until 12:24PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	2nd Phase	
Creative Work	Siddha Yoga	644313464 Rahu 11:58AM – 1:17PM	Vanija Until 9:55AM	Nataraja: Purple		Subha Sivaloka Day	
			Dashami Until 8:38PM	Moon – Blue		Ashvina•Aipasi	

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 11.39	Tithi 26 – 27	Gulika 9:19AM – 10:39AM	Magha* Until 8:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	Moon 10 - Phase 27	
		Yama 6:41AM – 8:00AM	Sukla Until 9:02AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM	2nd Phase	
Creative Work	Amrita Yoga	654313464 Rahu 1:17PM – 2:36PM	Bava Until 7:16AM	Nataraja: Purple		Sivaloka Day	
Until 8:45AM			Ekadashi* Until 5:47PM	Moon – Red		Ashvina•Aipasi	
Then Creative Work - Siddha Yoga							

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Taillala/Gara Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 11 Sutra 194 Vikarin 5121	
Simha Rasi: 26.22	Tithi 27 – 28	Gulika 8:01AM – 9:20AM	Purvaphalguni Until 6:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:43AM	Moon 10 - Phase 27	
		Yama 2:35PM – 3:54PM	Indra Until 1:31AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:13PM	2nd Phase	
Creative Work	Siddha Yoga	655313464 Rahu 10:39AM – 11:58AM	Gara Until 12:59AM Sat	Nataraja: Purple		Subha Sivaloka Day	
			Dvadashi* Until 2:38PM	Moon – Red		Ashvina•Aipasi	
						<i>Pradosha Vrata (Fasting)</i>	

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Padua, Italy Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 11.16	Tithi 28 – 29	Gulika 6:44AM – 8:02AM	Hasta Until 1:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	Moon 10 - Phase 27	
		Yama 1:16PM – 2:34PM	Vaidhriti* Until 9:34PM	Muruqa: Purple	<i>Sunset:</i> 5:11PM	2nd Phase	
Routine Work	Marana Yoga	665313464 Rahu 9:21AM – 10:39AM	Visti Until 9:37PM	Nataraja: Purple		Subha Sivaloka Day	
Until 1:19AM Sun			Trayodashi* Until 11:17AM	Moon – Green		Ashvina•Aipasi	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					

Retreat Star		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Padua, Italy Sun 13 Sutra 196 Vikarin 5121	
Kanya Rasi: 26.14	Tithi 29 – 30	Gulika 2:34PM – 3:52PM	Chitra Until 10:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:45AM	Moon 10 - Phase 27	
		Yama 11:57AM – 1:15PM	Vishkambha* Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Amavasya	
Creative Work	Siddha Yoga	665313464 Rahu 3:52PM – 5:10PM	Catuspada Until 6:18PM	Nataraja: Purple		Subha Sivaloka Day	
			Chaturdashi* Until 7:55AM	Moon – Green		Ashvina•Aipasi	
		Subramuniyaswami Mahasamadhi					

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Padua, Italy Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 11.05	Tithi 1	Gulika 1:15PM – 2:33PM	Svati Until 8:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM	Moon 10 - Phase 27	
Family Home Evening		Yama 10:40AM – 11:57AM	Priti Until 1:57PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Prathama	
Creative Work	Amrita Yoga	665313464 Rahu 8:04AM – 9:22AM	Kintughna Until 3:12PM	Nataraja: Purple		Subha Sivaloka Day	
Until 8:24PM			Prathama* Until 1:47AM Tue	Moon – Green		Kartika•Aipasi	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Padua, Italy Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 25.43	Tithi 2	Gulika 11:57AM – 1:15PM	Vishakha Until 6:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:48AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Marana Yoga	Yama 9:23AM – 10:40AM	Ayushman Until 10:32AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Subha Sivaloka Day	
Until 6:42PM		Rahu 2:32PM – 3:49PM	Balava Until 12:31PM	Nataraja: Purple		Moon – Orange	
Then Creative Work - Siddha Yoga			Dvitiya Until 11:21PM	Kartika•Aipasi			

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Padua, Italy Sun 16 Sutra 199 Vikarin 5121	
Virshika Rasi: 9.59	Tithi 3	Gulika 10:40AM – 11:57AM	Anuradha Until 5:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Siddha Yoga	Yama 8:06AM – 9:23AM	Saubhagya Until 7:34AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Subha Sivaloka Day	
Until 6:42PM		Rahu 11:57AM – 1:14PM	Taitila Until 10:22AM	Nataraja: Purple		Moon – Orange	
Then Creative Work - Siddha Yoga			Tritiya Until 9:33PM	Kartika•Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		Padua, Italy Sun 17 Sutra 200 Vikarin 5121	
Virshika Rasi: 23.49	Tithi 4	Gulika 9:24AM – 10:41AM	Jyeshtha* Until 4:51PM	Ganesha: Clear	<i>Sunrise:</i> 6:51AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Prabalarishta Yoga	Yama 6:51AM – 8:07AM	Athiganda* Until 3:24AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Subha Sivaloka Day	
Until 4:51PM		Rahu 1:14PM – 2:30PM	Vanija Until 8:57AM	Nataraja: Purple		Moon – Orange	
Then Creative Work - Siddha Yoga			Chaturthi* Until 8:31PM	Kartika•Aipasi			

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Padua, Italy Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 7.1	Tithi 5	Gulika 8:08AM – 9:25AM	Mula* Until 5:20PM	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Amrita Yoga	Yama 2:30PM – 3:46PM	Sukarma Until 2:18AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Subha Subha Sivaloka Day	
Until 5:20PM		Rahu 10:41AM – 11:57AM	Bava Until 8:21AM	Nataraja: Purple		Moon – Light Blue	
Then Routine Work - Prabalarishta Yoga			Panchami Until 8:21PM	Kartika•Aipasi			

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		Padua, Italy Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 20.05	Tithi 6	Gulika 6:54AM – 8:09AM	Purvashadha* Until 6:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Siddha Yoga	Yama 1:13PM – 2:29PM	Dhriti Until 1:53AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Subha Subha Sivaloka Day	
Until 6:31PM		Rahu 9:25AM – 10:41AM	Kaulava Until 8:37AM	Nataraja: Purple		Moon – Light Blue	
Then Routine Work - Marana Yoga		Skanda Shasthi	Shashthi* Until 9:02PM	Kartika•Aipasi			

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		Padua, Italy Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 2.37	Tithi 7	Gulika 2:28PM – 3:44PM	Uttarashadha Until 8:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:55AM	Moon 10 - Phase 28 3rd Phase	
Routine Work	Amrita Yoga	Yama 11:57AM – 1:13PM	Shula* Until 1:59AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Subha Subha Sivaloka Day	
Until 6:31PM		Rahu 3:44PM – 4:59PM	Gara Until 9:42AM	Nataraja: Purple		Moon – Light Blue	
Then Routine Work - Siddha Yoga			Saptami Until 10:30PM	Kartika•Aipasi			

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Padua, Italy Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 14.49	Tithi 8	Gulika 1:12PM – 2:28PM	Shravana Until 10:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:56AM	Moon 10 - Phase 28 Ashtami	
Family Home Evening		Yama 10:42AM – 11:57AM	Ganda* Until 2:32AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Sivaloka Day	
Creative Work	Amrita Yoga	Rahu 8:12AM – 9:27AM	Visti Until 11:29AM	Nataraja: Purple		Moon – Purple	
Until 10:57PM			Ashtami* Until 12:33AM Tue	Kartika•Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Padua, Italy Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 26.5	Tithi 9	Gulika 11:57AM – 1:12PM	Dhanishtha Until 1:49AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:58AM	Moon 10 - Phase 28 Navami	
Routine Work	Siddha Yoga	Yama 9:27AM – 10:42AM	Vriddhi Until 3:21AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Sivaloka Day	
Until 6:31PM		Rahu 2:27PM – 3:42PM	Balava Until 1:45PM	Nataraja: Purple		Moon – Purple	
Then Creative Work - Siddha Yoga			Navami* Until 2:58AM Wed	Kartika•Aipasi			


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Padua, Italy Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 8.43	Tithi 10	Gulika 10:43AM – 11:57AM	Shatabhishak Until 4:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:59AM	
			Yama 8:14AM – 9:28AM	Dhruva Until 4:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:55PM	Moon 10 - Phase 29
	696313464		Rahu 11:57AM – 1:12PM	Taitila Until 4:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 5:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 20.34	Tithi 11	Gulika 9:29AM – 10:43AM	Purvaproshtapada* Until 7:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:00AM	
			Yama 7:00AM – 8:15AM	Vyaghata* Until 5:04AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 10 - Phase 29
	716313464		Rahu 1:11PM – 2:26PM	Vanija Until 6:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM Fri	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Padua, Italy Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 2.28	Tithi 11 – 12	Gulika 8:16AM – 9:30AM	Purvaproshtapada* Until 7:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:02AM	
			Yama 2:25PM – 3:39PM	Harshana Until 5:44AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 10 - Phase 29
	716313464		Rahu 10:43AM – 11:57AM	Bava Until 9:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Padua, Italy Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 14.26	Tithi 12 – 13	Gulika 7:03AM – 8:17AM	Uttaraproshtapada Until 10:25AM	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM	
			Yama 1:11PM – 2:24PM	Vajra* Until 6:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Moon 10 - Phase 29
	716313464		Rahu 9:30AM – 10:44AM	Kaulava Until 11:12PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:11AM	Moon – Clear		Subha Sivaloka Day	
Until 10:25AM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 26.32	Tithi 13 – 14	Gulika 2:24PM – 3:37PM	Revati Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM	
			Yama 11:57AM – 1:11PM	Vajra* Until 6:08AM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 29
	716313464		Rahu 3:37PM – 4:50PM	Gara Until 12:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 12:03PM	Moon – Clear		Subha Sivaloka Day	
Until 12:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Padua, Italy Sun 27 Sutra 211 Vikarin 5121
	Copper Retreat Star		Gulika 1:10PM – 2:23PM	Ashvini Until 2:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	
	Mesha Rasi: 8.48	Tithi 14 – 15	Yama 10:45AM – 11:58AM	Siddhi Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 29
	Family Home Evening	727313464	Rahu 8:19AM – 9:32AM	Visti Until 2:07AM Tue	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 1:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

6	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Padua, Italy Sun 27 Sutra 212 Vikarin 5121
	Silver Retreat Star		Gulika 11:58AM – 1:10PM	Bharani Until 4:19PM	Ganesha: White	<i>Sunrise:</i> 7:07AM	
	Mesha Rasi: 21.15	Tithi 15 – 16	Yama 9:33AM – 10:45AM	Vyatipata* Until 6:03AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 29
	727413464		Rahu 2:23PM – 3:35PM	Balava Until 2:57AM Wed	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Purnima* Until 2:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 3.53 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 5:19PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:46AM – 11:58AM
Yama 8:21AM – 9:33AM
Rahu 11:58AM – 1:10PM

Krittika Until 5:19PM
Parigha* Until 4:39AM Thu
Taitila Until 3:22AM Thu
Prathama* Until 3:11PM

Ganesha: White *Sunrise:* 7:09AM
Muruqa: Purple *Sunset:* 4:47PM
Nataraja: Purple
Moon – White

Karttika-Aipasi

Sivaloka Day

Padua, Italy
Sutra 213
Vikarin 5121
Moon 11 - Phase 30
1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 16.43 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 9:34AM – 10:46AM
Yama 7:10AM – 8:22AM
Rahu 1:10PM – 2:22PM

Rohini Until 6:14PM
Shiva Until 3:31AM Fri
Vanija Until 3:23AM Fri
Dvitiya Until 3:24PM

Ganesha: Clear *Sunrise:* 7:10AM
Muruqa: Purple *Sunset:* 4:46PM
Nataraja: Purple
Moon – Yellow

Karttika-Aipasi

Subha Sivaloka Day

Padua, Italy
Sun 1
Sutra 214
Vikarin 5121
Moon 11 - Phase 30
1st Phase

2

Friday, November 15, 2019

Vrishabha Rasi: 29.43 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 8:23AM – 9:35AM
Yama 2:21PM – 3:33PM
Rahu 10:47AM – 11:58AM

Mrigashira Until 6:38PM
Siddha Until 2:03AM Sat
Bava Until 3:02AM Sat
Tritiya Until 3:14PM

Ganesha: Clear *Sunrise:* 7:12AM
Muruqa: Purple *Sunset:* 4:45PM
Nataraja: Purple
Moon – Yellow

Karttika-Aipasi

Subha Sivaloka Day

Padua, Italy
Sun 2
Sutra 215
Vikarin 5121
Moon 11 - Phase 30
1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 12.56 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 7:13AM – 8:24AM
Yama 1:10PM – 2:21PM
Rahu 9:36AM – 10:47AM

Ardra Until 6:32PM
Sadhya Until 12:19AM Sun
Kaulava Until 2:20AM Sun
Chaturthi* Until 2:42PM

Ganesha: Clear *Sunrise:* 7:13AM
Muruqa: Purple *Sunset:* 4:44PM
Nataraja: Purple
Moon – Yellow

Karttika-Karttikai

Subha Sivaloka Day

Padua, Italy
Sun 3
Sutra 216
Vikarin 5121
Moon 11 - Phase 30
1st Phase

4

Sunday, November 17, 2019

Mithuna Rasi: 26.2 Tithi 20 – 21

747413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 2:21PM – 3:32PM
Yama 11:59AM – 1:10PM
Rahu 3:32PM – 4:43PM

Punarvasu Until 6:24PM
Subha Until 10:20PM
Gara Until 1:17AM Mon
Panchami Until 1:50PM

Ganesha: Purple *Sunrise:* 7:14AM
Muruqa: Purple *Sunset:* 4:43PM
Nataraja: Clear
Moon – Blue

Karttika-Karttikai

Devaloka Day

Padua, Italy
Sun 4
Sutra 217
Vikarin 5121
Moon 11 - Phase 30
1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 9.55 Tithi 21 – 22

748413465

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:10PM – 2:20PM
Yama 10:48AM – 11:59AM
Rahu 8:26AM – 9:37AM

Pushya Until 5:46PM
Sukla Until 8:03PM
Visti Until 11:53PM
Shashthi* Until 12:37PM

Ganesha: Clear *Sunrise:* 7:16AM
Muruqa: Purple *Sunset:* 4:42PM
Nataraja: Clear
Moon – Blue

Karttika-Karttikai

Sivaloka Day

Padua, Italy
Sun 5
Sutra 218
Vikarin 5121
Moon 11 - Phase 30
1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 23.43 Tithi 22 – 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamy/Ashlamyayam Titau

Gulika 11:59AM – 1:09PM
Yama 9:38AM – 10:48AM
Rahu 2:20PM – 3:30PM

Ashlesha* Until 4:40PM
Brahma Until 5:31PM
Balava Until 10:10PM
Saptami Until 11:03AM

Ganesha: Clear *Sunrise:* 7:17AM
Muruqa: Purple *Sunset:* 4:41PM
Nataraja: Clear
Moon – Blue

Karttika-Karttikai

Sivaloka Day

Padua, Italy
Sun 6
Sutra 219
Vikarin 5121
Moon 11 - Phase 30
Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 7.42 Tithi 23 – 24

758413465

Creative Work Siddha Yoga

Until 3:32PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrithi* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:49AM – 11:59AM
Yama 8:29AM – 9:39AM
Rahu 11:59AM – 1:09PM

Magha* Until 3:32PM
Indra Until 2:44PM
Taitila Until 8:08PM
Ashtami* Until 9:10AM

Ganesha: White *Sunrise:* 7:18AM
Muruqa: Purple *Sunset:* 4:40PM
Nataraja: Clear
Moon – Red

Karttika-Karttikai

Subha Sivaloka Day

Padua, Italy
Sun 7
Sutra 220
Vikarin 5121
Moon 11 - Phase 30
Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Padua, Italy Sutra 221 Vikarin 5121
Simha Rasi: 21.54	Tithi 24 – 25	Gulika 9:40AM – 10:49AM	Purvaphalguni Until 1:59PM	Ganesha: White <i>Sunrise:</i> 7:20AM	Sun 8
		Yama 7:20AM – 8:30AM	Vaidhriti* Until 11:42AM	Muruqa: Purple <i>Sunset:</i> 4:39PM	Moon 11 - Phase 31
		Rahu 1:09PM – 2:19PM	Visti Until 4:33AM Fri	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:59AM	Subha Sivaloka Day	
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prithi Yoga Bava/Balava Karana Ekadashyam Titau	Padua, Italy Sutra 222 Vikarin 5121
Kanya Rasi: 6.16	Tithi 26	Gulika 8:31AM – 9:40AM	Uttaraphalguni Until 12:03PM	Ganesha: White <i>Sunrise:</i> 7:21AM	Sun 9
		Yama 2:19PM – 3:29PM	Vishkambha* Until 8:29AM	Muruqa: Purple <i>Sunset:</i> 4:38PM	Moon 11 - Phase 31
		Rahu 10:50AM – 12:00PM	Bava Until 3:17PM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 1:57AM Sat	Subha Sivaloka Day	
Until 12:03PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau	Padua, Italy Sutra 223 Vikarin 5121
Kanya Rasi: 20.44	Tithi 27	Gulika 7:22AM – 8:32AM	Hasta Until 10:16AM	Ganesha: Yellow <i>Sunrise:</i> 7:22AM	Sun 10
		Yama 1:09PM – 2:19PM	Ayushman Until 1:45AM Sun	Muruqa: Purple <i>Sunset:</i> 4:38PM	Moon 11 - Phase 31
		Rahu 9:41AM – 10:51AM	Kaulava Until 12:39PM	Nataraja: Clear	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 11:17PM	Sivaloka Day	
				Karttika-Karttikai	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Padua, Italy Sutra 224 Vikarin 5121
Tula Rasi: 5.15	Tithi 28	Gulika 2:19PM – 3:28PM	Chitra Until 8:20AM	Ganesha: Blue <i>Sunrise:</i> 7:24AM	Sun 11
		Yama 12:00PM – 1:09PM	Saubhagya Until 10:25PM	Muruqa: Purple <i>Sunset:</i> 4:37PM	Moon 11 - Phase 31
		Rahu 3:28PM – 4:37PM	Gara Until 9:59AM	Nataraja: Clear	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:40PM	Devaloka Day	
				Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>		

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Padua, Italy Sutra 225 Vikarin 5121
Tula Rasi: 19.41	Tithi 29	Gulika 1:09PM – 2:18PM	Svati Until 6:21AM	Ganesha: Blue <i>Sunrise:</i> 7:25AM	Sun 12
Family Home Evening		Yama 10:52AM – 12:01PM	Sobhana Until 7:15PM	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 31
		Rahu 8:34AM – 9:43AM	Visti Until 7:26AM	Nataraja: Clear	2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 6:14PM	Devaloka Day	
Until 6:21AM				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Padua, Italy Sutra 226 Vikarin 5121
Vrischika Rasi: 3.58	Tithi 30 – 1	Gulika 12:01PM – 1:10PM	Anuradha Until 3:42AM Wed	Ganesha: Blue <i>Sunrise:</i> 7:26AM	Sun 13
		Yama 9:43AM – 10:52AM	Athiganda* Until 4:20PM	Muruqa: Purple <i>Sunset:</i> 4:36PM	Moon 11 - Phase 31
		Rahu 2:18PM – 3:27PM	Kintughna Until 3:16AM Wed	Nataraja: Clear	Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:08PM	Devaloka Day	
				Karttika-Karttikai	

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Padua, Italy Sutra 227 Vikarin 5121
Vrischika Rasi: 17.59	Tithi 1 – 2	Gulika 10:53AM – 12:01PM	Jyeshtha* Until 2:53AM Thu	Ganesha: Blue <i>Sunrise:</i> 7:27AM	Sun 14
		Yama 8:36AM – 9:44AM	Sukarma Until 1:49PM	Muruqa: Purple <i>Sunset:</i> 4:35PM	Moon 11 - Phase 31
		Rahu 12:01PM – 1:10PM	Balava Until 1:55AM Thu	Nataraja: Clear	Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:30PM	Devaloka Day	
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Padua, Italy Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 1.39	Tithi 2 – 3	Gulika Yama 789413465	9:45AM – 10:53AM 7:29AM – 8:37AM Rahu 1:10PM – 2:18PM	Mula* Until 3:02AM Fri Dhriti Until 11:47AM Taitila Until 1:15AM Fri Dvitiya Until 1:29PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 7:29AM Sunset: 4:35PM Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 3:02AM Fri Then Routine Work - Prabalarishta Yoga						Devaloka Day

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 14.56	Tithi 3 – 4	Gulika Yama 789413465	8:38AM – 9:46AM 2:18PM – 3:26PM Rahu 10:54AM – 12:02PM	Purvashadha* Until 3:45AM Sat Shula* Until 10:16AM Vanija Until 1:19AM Sat Tritiya Until 1:10PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 7:30AM Sunset: 4:34PM Moon 11 - Phase 32 3rd Phase
Routine Work Prabalarishta Yoga Until 3:45AM Sat Then Routine Work - Marana Yoga						Devaloka Day

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Padua, Italy Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 27.51	Tithi 4 – 5	Gulika Yama 789413465	7:31AM – 8:39AM 1:10PM – 2:18PM Rahu 9:47AM – 10:54AM	Uttarashadha Until 5:01AM Sun Ganda* Until 9:21AM Bava Until 2:08AM Sun Chaturthi* Until 1:37PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Light Blue Margasira-Karttikai	Sunrise: 7:31AM Sunset: 4:34PM Moon 11 - Phase 32 3rd Phase
Routine Work Marana Yoga Until 5:01AM Sun Then Creative Work - Amrita Yoga						Devaloka Day

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Padua, Italy Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 10.25	Tithi 5 – 6	Gulika Yama 799413465	2:18PM – 3:26PM 12:03PM – 1:10PM Rahu 3:26PM – 4:33PM	Shravana Until 7:16AM Mon Vridhhi Until 9:01AM Kaulava Until 3:39AM Mon Panchami Until 2:47PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 7:32AM Sunset: 4:33PM Moon 11 - Phase 32 3rd Phase
Creative Work Amrita Yoga Until 7:16AM Mon Then Creative Work - Siddha Yoga						Sivaloka Day

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Padua, Italy Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 22.41	Tithi 6 – 7	Gulika Yama 791413465	1:10PM – 2:18PM 10:56AM – 12:03PM Rahu 8:41AM – 9:48AM	Shravana Until 7:16AM Dhruva Until 9:09AM Gara Until 5:42AM Tue Shashthi* Until 4:35PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 7:33AM Sunset: 4:33PM Moon 11 - Phase 32 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 7:16AM Then Creative Work - Siddha Yoga						Sivaloka Day

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata*/Harshana Yoga Vanija Karana Saplamyam Titau		Padua, Italy Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 4.44	Tithi 7	Gulika Yama 791413465	12:03PM – 1:11PM 9:49AM – 10:56AM Rahu 2:18PM – 3:25PM	Dhanishtha Until 9:51AM Vyaghata* Until 9:41AM Vanija Until 6:51PM Saptami Until 6:51PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 7:34AM Sunset: 4:32PM Moon 11 - Phase 32 3rd Phase
Creative Work Siddha Yoga Until 9:51AM Then Routine Work - Marana Yoga						Sivaloka Day

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Padua, Italy Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 16.4	Tithi 8	Gulika Yama 791413465	10:57AM – 12:04PM 8:43AM – 9:50AM Rahu 12:04PM – 1:11PM	Shatabhishak Until 12:33PM Harshana Until 10:27AM Visti Until 8:05AM Ashtami* Until 9:19PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – Purple Margasira-Karttikai	Sunrise: 7:36AM Sunset: 4:32PM Moon 11 - Phase 32 Ashtami
Creative Work Siddha Yoga Until 12:33PM Then Creative Work - Amrita Yoga						Sivaloka Day

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Padua, Italy Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 28.32	Tithi 9	Gulika Yama 711413465	9:50AM – 10:57AM 7:37AM – 8:44AM Rahu 1:11PM – 2:18PM	Purvaprossthapada* Until 3:39PM Vajra* Until 11:15AM Balava Until 10:36AM Navami* Until 11:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear Margasira-Karttikai	Sunrise: 7:37AM Sunset: 4:32PM Moon 11 - Phase 32 Navami
Creative Work Siddha Yoga						Sivaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatlipata* Yoga Taitila/Gara Karana Dashamyam Titau				Padua, Italy Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 10.27	Tithi 10	Gulika 8:44AM – 9:51AM	Uttaraproshtapada Until 6:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:38AM			
		Yama 2:18PM – 3:25PM	Siddhi Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 33	4th Phase
		711413465 Rahu 10:58AM – 12:05PM	Taitila Until 1:00PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Dashami Until 2:05AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 22.27	Tithi 11	Gulika 7:39AM – 8:45AM	Revati Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 7:39AM			
		Yama 1:12PM – 2:18PM	Vyatipata* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:32PM		Moon 11 - Phase 33	4th Phase
		711513465 Rahu 9:52AM – 10:58AM	Vanija Until 3:07PM	Nataraja: Clear				
Routine Work	Prabalarishta Yoga		Ekadashi Until 3:59AM Sun	Moon – Clear			Subha Sivaloka Day	
Until 8:46PM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				Padua, Italy Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 5	Tithi 12	Gulika 2:18PM – 3:25PM	Ashvini Until 10:59PM	Ganesha: Clear	<i>Sunrise:</i> 7:40AM			
		Yama 12:06PM – 1:12PM	Variyan Until 12:43PM	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 33	4th Phase
		721513465 Rahu 3:25PM – 4:31PM	Bava Until 4:47PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Dvodashi Until 5:24AM Mon	Moon – White			Sivaloka Day	
Until 10:59PM				Margasira-Karttikai				
Then Routine Work - Prabalarishta Yoga								

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 16.58	Tithi 13	Gulika 1:12PM – 2:19PM	Bharani Until 12:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:41AM			
Family Home Evening		Yama 11:00AM – 12:06PM	Parigha* Until 12:31PM	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 33	4th Phase
		721513465 Rahu 8:47AM – 9:53AM	Kaulava Until 5:55PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM Tue	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 29.34	Tithi 13 – 14	Gulika 12:06PM – 1:13PM	Krittika Until 1:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:42AM			
		Yama 9:54AM – 11:00AM	Shiva Until 11:54AM	Muruqa: Purple	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 33	4th Phase
		721513465 Rahu 2:19PM – 3:25PM	Gara Until 6:29PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Trayodashi Until 6:15AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
		Krittika Deepam						

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Padua, Italy Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 11:01AM – 12:07PM	Rohini Until 1:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:43AM			
Vrishabha Rasi: 12.27	Tithi 14 – 15	Yama 8:49AM – 9:55AM	Siddha Until 10:49AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 33	Purnima
		731523465 Rahu 12:07PM – 1:13PM	Visti Until 6:28PM	Nataraja: Clear				
Creative Work	Siddha Yoga		Chaturdashi* Until 6:31AM	Moon – Yellow			Sivaloka Day	
Until 1:52AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

○		Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Padua, Italy Sutra 242 Vikarin 5121
Silver Retreat Star		Gulika 9:55AM – 11:01AM	Mrigashira Until 1:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:43AM			
Vrishabha Rasi: 25.36	Tithi 15 – 16	Yama 7:43AM – 8:49AM	Sadhya Until 9:20AM	Muruqa: Clear	<i>Sunset:</i> 4:31PM		Moon 11 - Phase 33	Prathama
		732523465 Rahu 1:13PM – 2:19PM	Kaulava Until 5:27AM Fri	Nataraja: Clear				
Routine Work	Marana Yoga		Purnima* Until 6:14AM	Moon – Yellow			Devaloka Day	
Until 1:48AM Fri				Margasira-Karttikai				
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Padua, Italy

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.01 Tithi 17

742523465

Gulika 8:50AM – 9:56AM
Yama 2:20PM – 3:26PM
Rahu 11:02AM – 12:08PM

Ardra Until 1:09AM Sat

Subha Until 7:28AM

Taitila Until 4:56PM

Dvitiya Until 4:16AM Sat

Ganesha: Clear **Sunrise:** 7:44AM

Muruqa: Clear **Sunset:** 4:31PM

Nataraja: Clear

Moon – Yellow

Margasira-Karttikai

Devaloka Day

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Padua, Italy

Sutra 244

Vikarin 5121

Mithuna Rasi: 22.41 Tithi 18

742523465

Gulika 7:45AM – 8:51AM
Yama 1:14PM – 2:20PM
Rahu 9:57AM – 11:03AM

Punarvasu Until 12:29AM Sun

Brahma Until 2:49AM Sun

Vanija Until 3:34PM

Tritiya Until 2:45AM Sun

Ganesha: Purple **Sunrise:** 7:45AM

Muruqa: Clear **Sunset:** 4:32PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

Padua, Italy

Sutra 245

Vikarin 5121

Kataka Rasi: 6.31 Tithi 19

742523465

Gulika 2:20PM – 3:26PM
Yama 12:09PM – 1:15PM
Rahu 3:26PM – 4:32PM

Pushya Until 11:25PM

Indra Until 12:11AM Mon

Bava Until 1:55PM

Chaturthi* Until 1:00AM Mon

Ganesha: Purple **Sunrise:** 7:46AM

Muruqa: Clear **Sunset:** 4:32PM

Nataraja: Clear

Moon – Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Padua, Italy

Sutra 246

Vikarin 5121

Kataka Rasi: 20.31 Tithi 20

742523465

Gulika 1:15PM – 2:21PM
Yama 11:04AM – 12:09PM
Rahu 8:52AM – 9:58AM

Ashlesha* Until 10:02PM

Vaidhriti* Until 9:24PM

Kaulava Until 12:04PM

Panchami Until 11:04PM

Ganesha: Purple **Sunrise:** 7:47AM

Muruqa: Clear **Sunset:** 4:32PM

Nataraja: Clear

Moon – Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

Until 10:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Padua, Italy

Sutra 247

Vikarin 5121

Simha Rasi: 4.35 Tithi 21

852523465

Gulika 12:10PM – 1:15PM
Yama 9:59AM – 11:04AM
Rahu 2:21PM – 3:27PM

Magha* Until 8:50PM

Vishkambha* Until 6:33PM

Gara Until 10:06AM

Shashthi* Until 9:03PM

Ganesha: Purple **Sunrise:** 7:47AM

Muruqa: Clear **Sunset:** 4:32PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Padua, Italy

Sutra 248

Vikarin 5121

Simha Rasi: 18.43 Tithi 22

852523465

Gulika 11:05AM – 12:10PM
Yama 8:54AM – 9:59AM
Rahu 12:10PM – 1:16PM

Purvaphalguni Until 7:27PM

Priti Until 3:40PM

Visti Until 8:02AM

Saptami Until 6:59PM

Ganesha: Purple **Sunrise:** 7:48AM

Muruqa: Clear **Sunset:** 4:33PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

1st Phase

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashami/Navamyam Titau

Padua, Italy

Sutra 249

Vikarin 5121

Kanya Rasi: 2.53 Tithi 23 – 24

852523465

Gulika 10:00AM – 11:05AM
Yama 7:49AM – 8:54AM
Rahu 1:16PM – 2:22PM

Uttaraphalguni Until 5:55PM

Ayushman Until 12:44PM

Taitila Until 3:53AM Fri

Ashtami* Until 4:54PM

Ganesha: Purple **Sunrise:** 7:49AM

Muruqa: Clear **Sunset:** 4:33PM

Nataraja: Clear

Moon – Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34

Ashtami

Amrita Yoga

Until 5:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Padua, Italy

Sutra 250

Vikarin 5121

Kanya Rasi: 17.02 Tithi 24 – 25

862523465

Gulika 8:55AM – 10:00AM
Yama 2:22PM – 3:28PM
Rahu 11:06AM – 12:11PM

Hasta Until 4:41PM

Saubhagya Until 9:50AM

Vanija Until 1:51AM Sat

Navami* Until 2:50PM

Ganesha: Clear **Sunrise:** 7:49AM

Muruqa: Clear **Sunset:** 4:33PM

Nataraja: Clear

Moon – Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34

Navami

Creative Work Amrita Yoga

Until 4:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


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1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Padua, Italy Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 1.09	Tithi 25 – 26	Gulika 7:50AM – 8:55AM	Chitra Until 3:22PM	Ganesha: Clear	<i>Sunrise:</i> 7:50AM	Moon 12 - Phase 35	
		Yama 1:17PM – 2:23PM	Sobhana Until 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:34PM	2nd Phase	
		862523465 Rahu 10:01AM – 11:06AM	Bava Until 11:54PM	Nataraja: Clear		Devaloka Day	
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Moon – Green		Margasira*Markali	
Until 3:22PM							
Then Creative Work - Siddha Yoga							

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 15.13	Tithi 26 – 27	Gulika 2:23PM – 3:29PM	Svati Until 2:03PM	Ganesha: Clear	<i>Sunrise:</i> 7:50AM	Moon 12 - Phase 35	
		Yama 12:12PM – 1:18PM	Sukarma Until 1:33AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:34PM	2nd Phase	
		862523465 Rahu 3:29PM – 4:34PM	Kaulava Until 10:07PM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Moon – Green		Margasira*Markali	
Until 2:03PM							
Then Routine Work - Marana Yoga							

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 10 Sutra 253 Vikarin 5121	
Tula Rasi: 29.1	Tithi 27 – 28	Gulika 1:18PM – 2:24PM	Vishakha Until 1:13PM	Ganesha: White	<i>Sunrise:</i> 7:51AM	Moon 12 - Phase 35	
Family Home Evening		Yama 11:07AM – 12:13PM	Dhriti Until 11:07PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	2nd Phase	
		872523465 Rahu 8:56AM – 10:02AM	Gara Until 8:34PM	Nataraja: Clear		Devaloka Day	
Routine Work	Marana Yoga		Day 3 of Pancha Ganapati	Moon – Orange		Bhuloka Day	
Until 1:13PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)	

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Padua, Italy Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 12.57	Tithi 28 – 29	Gulika 12:13PM – 1:19PM	Anuradha Until 12:31PM	Ganesha: White	<i>Sunrise:</i> 7:51AM	Moon 12 - Phase 35	
		Yama 10:02AM – 11:08AM	Shula* Until 8:54PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	2nd Phase	
		872523465 Rahu 2:24PM – 3:30PM	Visti Until 7:19PM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Moon – Orange		Bhuloka Day	
Until 12:31PM						Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Padua, Italy Sun 12 Sutra 255 Vikarin 5121	
Retreat Star		Gulika 11:08AM – 12:14PM	Jyeshtha* Until 12:02PM	Ganesha: White	<i>Sunrise:</i> 7:52AM	Moon 12 - Phase 35	
Vrischika Rasi: 26.32	Tithi 29 – 30	Yama 8:57AM – 10:03AM	Ganda* Until 7:02PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Amavasya	
		872523465 Rahu 12:14PM – 1:19PM	Catuspada Until 6:29PM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Moon – Orange		Bhuloka Day	
Until 12:02PM						Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Padua, Italy Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 9.52	Tithi 30 – 1	Gulika 10:03AM – 11:09AM	Mula* Until 12:19PM	Ganesha: Orange	<i>Sunrise:</i> 7:52AM	Moon 12 - Phase 35	
		Yama 7:52AM – 8:58AM	Vriddhi Until 5:34PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Prathama	
		883523465 Rahu 1:20PM – 2:26PM	Kintughna Until 6:09PM	Nataraja: Clear		Devaloka Day	
Creative Work	Siddha Yoga		Annular Solar Eclipse	Moon – Light Blue		Pausha*Markali	

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Prathama/Dvilyayam Titau		Padua, Italy Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 22.55	Tithi 1 – 2	Gulika 8:58AM – 10:04AM	Purvashadha* Until 12:59PM	Ganesha: Orange	<i>Sunrise:</i> 7:52AM	
		Yama 2:26PM – 3:32PM	Dhruva Until 4:31PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
		883523466 Rahu 11:09AM – 12:15PM	Balava Until 6:22PM	Nataraja: Orange		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 6:10AM	Moon – Light Blue		Devaloka Day
Until 12:59PM				Pausha-Markali		
Then Routine Work - Marana Yoga						

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvilya/Tritiyayam Titau		Padua, Italy Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 5.41	Tithi 2 – 3	Gulika 7:53AM – 8:58AM	Uttarashadha Until 2:04PM	Ganesha: Orange	<i>Sunrise:</i> 7:53AM	
		Yama 1:21PM – 2:27PM	Vyaghata* Until 3:56PM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
		883523466 Rahu 10:04AM – 11:10AM	Taitila Until 7:12PM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 6:42AM	Moon – Light Blue		Devaloka Day
Until 2:04PM				Pausha-Markali		
Then Creative Work - Siddha Yoga						

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 18.1	Tithi 3 – 4	Gulika 2:27PM – 3:33PM	Shravana Until 4:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	
		Yama 12:16PM – 1:22PM	Harshana Until 3:48PM	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 36
		893523466 Rahu 3:33PM – 4:39PM	Vanija Until 8:37PM	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:49AM	Moon – Purple		Devaloka Day
Until 4:02PM				Pausha-Markali		
Then Routine Work - Marana Yoga						

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Padua, Italy Sun 17 Sutra 260 Vikarin 5121
Kumbha Rasi: 0.26	Tithi 4 – 5	Gulika 1:22PM – 2:28PM	Dhanishtha Until 6:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	
		Yama 11:11AM – 12:16PM	Vajra* Until 4:03PM	Muruqa: Clear	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 8:59AM – 10:05AM	Bava Until 10:31PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:29AM	Moon – Purple		Devaloka Day
				Pausha-Markali		

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Padua, Italy Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 12.31	Tithi 5 – 6	Gulika 12:17PM – 1:23PM	Shatabhishak Until 8:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:53AM	
		Yama 10:05AM – 11:11AM	Siddhi Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 36
		893523466 Rahu 2:29PM – 3:35PM	Kaulava Until 12:48AM Wed	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga		Panchami Until 11:36AM	Moon – Purple		Devaloka Day
				Pausha-Markali		

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Padua, Italy Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 24.27	Tithi 6 – 7	Gulika 11:12AM – 12:18PM	Purvaproshtapada* Until 11:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:53AM	
		Yama 8:59AM – 10:06AM	Vyatipata* Until 5:21PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 36
		813623466 Rahu 12:18PM – 1:24PM	Gara Until 3:17AM Thu	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 2:01PM	Moon – Clear		Bhuloka Day
Until 11:54PM				Pausha-Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Padua, Italy Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 6.2	Tithi 7 – 8	Gulika 10:06AM – 11:12AM	Uttaraproshtapada Until 2:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:53AM	
		Yama 7:53AM – 8:59AM	Variyan Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 36
		813623466 Rahu 1:25PM – 2:31PM	Visti Until 5:46AM Fri	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:31PM	Moon – Clear		Bhuloka Day
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava Karana Ashtamyam Titau		Padua, Italy Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 18.14	Tithi 8	Gulika 9:00AM – 10:06AM	Revati Until 5:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:53AM	
		Yama 2:32PM – 3:38PM	Parigha* Until 6:51PM	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 12 - Phase 36
		813623466 Rahu 11:12AM – 12:19PM	Bava Until 6:55PM	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 6:55PM	Moon – Clear		Bhuloka Day
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Padua, Italy Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 0.13	Tithi 9	Gulika 7:53AM – 9:00AM	Ashvini Until 7:54AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM	
		Yama 1:26PM – 2:32PM	Shiva Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 4:45PM	Moon 12 - Phase 36
		823623466 Rahu 10:06AM – 11:13AM	Balava Until 8:02AM	Nataraja: Orange		Navami
Creative Work	Siddha Yoga		Navami* Until 9:01PM	Moon – White		Devaloka Day
Until 7:54AM Sun				Pausha-Markali		
Then Routine Work - Prabalarishta Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Padua, Italy Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.21	Tithi 10	Gulika 2:33PM – 3:40PM	Ashvini Until 7:54AM	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM			
		Yama 12:20PM – 1:26PM	Siddha Until 7:27PM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 12 - Phase 37	
	823623466	Rahu 3:40PM – 4:46PM	Taitila Until 9:54AM	Nataraja: Orange			4th Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day		
Until 7:54AM		Subramuniyaswami Jayanti	Dashami Until 10:36PM	Pausha-Markali				
Then Routine Work - Prabalarishta Yoga								

2		Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 24.43	Tithi 11	Gulika 1:27PM – 2:34PM	Bharani Until 9:44AM	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM			
Family Home Evening		Yama 11:13AM – 12:20PM	Sadhya Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM		Moon 12 - Phase 37	
Creative Work	Siddha Yoga	823623466 Rahu 9:00AM – 10:06AM	Vanija Until 11:11AM	Nataraja: Orange			4th Phase	
Until 9:44AM		Vaikuntha Ekadasi	Ekadashi Until 11:33PM	Moon – White		Devaloka Day		
Then Routine Work - Marana Yoga				Pausha-Markali				

3		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Padua, Italy Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.22	Tithi 12	Gulika 12:21PM – 1:28PM	Krittika Until 10:45AM	Ganesha: Yellow	<i>Sunrise:</i> 7:53AM			
		Yama 10:07AM – 11:14AM	Subha Until 6:13PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM		Moon 12 - Phase 37	
	823623466	Rahu 2:35PM – 3:42PM	Bava Until 11:47AM	Nataraja: Orange			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 11:47PM	Moon – White		Devaloka Day		
Until 10:45AM				Pausha-Markali				
Then Creative Work - Amrita Yoga								

4		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.22	Tithi 13	Gulika 11:14AM – 12:21PM	Rohini Until 11:22AM	Ganesha: White	<i>Sunrise:</i> 7:52AM			
		Yama 8:59AM – 10:07AM	Sukla Until 4:44PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM		Moon 12 - Phase 37	
	833623466	Rahu 12:21PM – 1:28PM	Kaulava Until 11:38AM	Nataraja: Orange			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 11:17PM	Moon – Yellow		Bhuloka Day		
				Pausha-Markali		Devaloka Time: 3:PM to 6:PM		

Pradosha Vrata

5		Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Padua, Italy Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 3.44	Tithi 14	Gulika 10:07AM – 11:14AM	Mrigashira Until 11:09AM	Ganesha: Yellow	<i>Sunrise:</i> 7:52AM			
		Yama 7:52AM – 8:59AM	Brahma Until 2:44PM	Muruqa: Clear	<i>Sunset:</i> 4:51PM		Moon 12 - Phase 37	
	834623466	Rahu 1:29PM – 2:36PM	Gara Until 10:48AM	Nataraja: Orange			4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 10:07PM	Moon – Yellow		Devaloka Day		
				Pausha-Markali				

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Padua, Italy Sun 28 Sutra 271 Vikarin 5121
Copper Retreat Star		Gulika 8:59AM – 10:07AM	Ardra Until 10:10AM	Ganesha: Yellow	<i>Sunrise:</i> 7:52AM			
Mithuna Rasi: 17.29	Tithi 15	Yama 2:37PM – 3:44PM	Indra Until 12:16PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM		Moon 12 - Phase 37	
		834623466 Rahu 11:14AM – 12:22PM	Visti Until 9:19AM	Nataraja: Orange			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 8:22PM	Moon – Yellow		Devaloka Day		
		Penumbral Lunar Eclipse		Pausha-Markali				
		Ardra Darshanam						

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Padua, Italy Sun 29 Sutra 272 Vikarin 5121
Silver Retreat Star		Gulika 7:51AM – 8:59AM	Punarvasu Until 8:59AM	Ganesha: White	<i>Sunrise:</i> 7:51AM			
Kataka Rasi: 1.34	Tithi 16	Yama 1:30PM – 2:38PM	Vaidhriti* Until 9:22AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM		Moon 12 - Phase 37	
		844623466 Rahu 10:07AM – 11:14AM	Balava Until 7:20AM	Nataraja: Orange			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 6:10PM	Moon – Blue		Sivaloka Day		
				Pausha-Markali				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 15.53 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:39PM - 3:46PM
Yama 12:23PM - 1:31PM
Rahu 3:46PM - 4:54PM

Pushya Until 7:17AM
Vishkambha* Until 6:12AM
Vanija Until 2:21AM Mon
Dvitiya Until 3:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:51AM
Sunset: 4:54PM

Sun 1 Padua, Italy
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 0.23 Tithi 18 - 19

854623466

Family Home Evening
Routine Work Marana Yoga
Until 3:21AM Tue
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:31PM - 2:39PM
Yama 11:15AM - 12:23PM
Rahu 8:59AM - 10:07AM

Magha* Until 3:21AM Tue
Ayushman Until 11:24PM
Bava Until 11:39PM
Tritiya Until 12:59PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Markali

Sunrise: 7:50AM
Sunset: 4:56PM

Sun 2 Padua, Italy
Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 14.56 Tithi 19 - 20

854623466

Creative Work Siddha Yoga
Until 1:23AM Wed
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:23PM - 1:32PM
Yama 10:07AM - 11:15AM
Rahu 2:40PM - 3:49PM

Purvaphalguni Until 1:23AM Wed
Saubhagya Until 7:58PM
Kaulava Until 8:57PM
Chaturthi* Until 10:16AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:50AM
Sunset: 4:57PM

Sun 3 Padua, Italy
Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 29.26 Tithi 20 - 21

854623466

Creative Work Amrita Yoga
Until 11:26PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:15AM - 12:24PM
Yama 8:58AM - 10:07AM
Rahu 12:24PM - 1:32PM

Uttaraphalguni Until 11:26PM
Sobhana Until 4:40PM
Gara Until 6:24PM
Panchami Until 7:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:49AM
Sunset: 4:58PM

Sun 4 Padua, Italy
Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 13.5 Tithi 22

864623466

Routine Work Marana Yoga
Until 10:00PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 10:06AM - 11:15AM
Yama 7:49AM - 8:58AM
Rahu 1:33PM - 2:42PM

Hasta Until 10:00PM
Athiganda* Until 1:30PM
Visti Until 4:04PM
Saptami Until 2:59AM Fri

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:49AM
Sunset: 4:59PM

Sun 5 Padua, Italy
Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.02 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:57AM - 10:06AM
Yama 2:43PM - 3:52PM
Rahu 11:15AM - 12:24PM

Chitra Until 8:43PM
Sukarma Until 10:35AM
Balava Until 2:01PM
Ashtami* Until 1:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:48AM
Sunset: 5:01PM

Sun 6 Padua, Italy
Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.02 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:47AM - 8:57AM
Yama 1:34PM - 2:43PM
Rahu 10:06AM - 11:15AM

Svati Until 7:39PM
Dhriti Until 7:56AM
Taitila Until 12:19PM
Navami* Until 11:35PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:47AM
Sunset: 5:02PM

Sun 7 Padua, Italy
Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Padua, Italy	
Tula Rasi: 25.49		Titih 25		Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8 Sutra 280	
874623466		Gulika	2:44PM – 3:54PM	Vishakha Until 7:14PM	Ganesha: Clear	Sunrise: 7:47AM	Vikarin 5121
Routine Work		Yama	12:25PM – 1:35PM	Ganda* Until 3:30AM Mon	Muruqa: Clear	Sunset: 5:03PM	Moon 1 - Phase 39
Marana Yoga		Rahu	3:54PM – 5:03PM	Vanija Until 10:58AM	Nataraja: Orange		2nd Phase
				Dashami Until 10:26PM	Moon – Orange		Devaloka Day
					Pausha*Thai		

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam		Padua, Italy	
Vrischika Rasi: 9.23		Titih 26		Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 281	
874623466		Gulika	1:35PM – 2:45PM	Anuradha Until 7:02PM	Ganesha: Clear	Sunrise: 7:46AM	Vikarin 5121
Family Home Evening		Yama	11:15AM – 12:25PM	Vriddhi Until 1:45AM Tue	Muruqa: Clear	Sunset: 5:05PM	Moon 1 - Phase 39
Creative Work		Rahu	8:56AM – 10:06AM	Bava Until 10:01AM	Nataraja: Orange		2nd Phase
				Ekadashi* Until 9:40PM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Padua, Italy	
Vrischika Rasi: 22.43		Titih 27		Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau		Sun 10 Sutra 282	
875623466		Gulika	12:26PM – 1:36PM	Jyeshtha* Until 7:05PM	Ganesha: Purple	Sunrise: 7:45AM	Vikarin 5121
Routine Work		Yama	10:05AM – 11:16AM	Dhruva Until 12:17AM Wed	Muruqa: Clear	Sunset: 5:06PM	Moon 1 - Phase 39
Marana Yoga		Rahu	2:46PM – 3:56PM	Kaulava Until 9:27AM	Nataraja: Orange		2nd Phase
Until 7:05PM						Moon – Orange	Bhuloka Day
Then Creative Work - Amrita Yoga						Pausha*Thai	Devaloka Time: 3:PM to 6:PM

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Padua, Italy	
Dhanus Rasi: 5.5		Titih 28		Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 283	
885623466		Gulika	11:16AM – 12:26PM	Mula* Until 7:51PM	Ganesha: Light Blue	Sunrise: 7:44AM	Vikarin 5121
Routine Work		Yama	8:55AM – 10:05AM	Vyaghata* Until 11:10PM	Muruqa: Clear	Sunset: 5:08PM	Moon 1 - Phase 39
Marana Yoga		Rahu	12:26PM – 1:36PM	Gara Until 9:18AM	Nataraja: Orange		2nd Phase
Until 7:51PM						Moon – Light Blue	Bhuloka Day
Then Creative Work - Amrita Yoga						Pausha*Thai	Devaloka Time: 3:PM to 6:PM
				<i>Pradosha Vrata (Fasting)</i>			

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Padua, Italy	
Dhanus Rasi: 18.46		Titih 29		Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 284	
885623466		Gulika	10:05AM – 11:15AM	Purvashadha* Until 8:51PM	Ganesha: Light Blue	Sunrise: 7:43AM	Vikarin 5121
Creative Work		Yama	7:43AM – 8:54AM	Harshana Until 10:23PM	Muruqa: Clear	Sunset: 5:09PM	Moon 1 - Phase 39
Siddha Yoga		Rahu	1:37PM – 2:48PM	Visti* Until 9:34AM	Nataraja: Orange		2nd Phase
Until 8:51PM						Moon – Light Blue	Bhuloka Day
Then Routine Work - Marana Yoga						Pausha*Thai	Devaloka Time: 3:PM to 6:PM

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Padua, Italy	
Retreat Star				Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 285	
Makara Rasi: 1.28		Titih 30		Uttarashadha Until 10:07PM		Vikarin 5121	
885623466		Gulika	8:54AM – 10:04AM	Vajra* Until 9:54PM	Ganesha: Light Blue	Sunrise: 7:43AM	Moon 1 - Phase 39
Routine Work		Yama	2:48PM – 3:59PM	Catuspada Until 10:15AM	Muruqa: Clear	Sunset: 5:10PM	Amavasya
Marana Yoga		Rahu	11:15AM – 12:26PM	Amavasya* Until 10:44PM	Nataraja: Orange		
					Moon – Light Blue		Bhuloka Day
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam		Padua, Italy	
				Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 286	
Makara Rasi: 13.59		Titih 1		Shravana Until 12:08AM Sun		Vikarin 5121	
995623466		Gulika	7:42AM – 8:53AM	Siddhi Until 9:46PM	Ganesha: Light Blue	Sunrise: 7:42AM	Moon 1 - Phase 39
Creative Work		Yama	1:38PM – 2:49PM	Kintughna Until 11:23AM	Muruqa: Clear	Sunset: 5:12PM	Prathama
Siddha Yoga		Rahu	10:04AM – 11:15AM	Prathama* Until 12:05AM Sun	Nataraja: Orange		
Until 12:08AM Sun						Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga						Magha*Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

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1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Padua, Italy Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 26.19	Tithi 2	Gulika 2:50PM – 4:02PM	Dhanishtha Until 2:21AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:41AM			
		Yama 12:27PM – 1:38PM	Vyatipata* Until 9:57PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM		Moon 1 - Phase 40	
		995723466 Rahu 4:02PM – 5:13PM	Balava Until 12:56PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 1:50AM Mon	Moon – Purple		Devaloka Day		
Until 2:21AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Padua, Italy Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 8.29	Tithi 3	Gulika 1:39PM – 2:51PM	Shatabhishak Until 4:45AM Tue	Ganesha: Orange	<i>Sunrise:</i> 7:40AM			
Family Home Evening		Yama 11:15AM – 12:27PM	Variyan Until 10:23PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM		Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:51AM – 10:03AM	Taitila Until 2:52PM	Nataraja: Orange			3rd Phase	
Until 4:45AM Tue			Tritiya Until 3:56AM Tue	Moon – Purple		Devaloka Day		
Then Routine Work - Marana Yoga				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Padua, Italy Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 20.32	Tithi 4	Gulika 12:27PM – 1:39PM	Purvaprossthapada* Until 7:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:39AM			
		Yama 10:03AM – 11:15AM	Parigha* Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM		Moon 1 - Phase 40	
		915723466 Rahu 2:52PM – 4:04PM	Vanija Until 5:06PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 6:18AM Wed	Moon – Clear		Sivaloka Day		
Until 7:44AM Wed				Magha-Thai				
Then Creative Work - Siddha Yoga								

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*Uttaraprossthapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Padua, Italy Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 2.28	Tithi 4 – 5	Gulika 11:15AM – 12:27PM	Purvaprossthapada* Until 7:44AM	Ganesha: Green	<i>Sunrise:</i> 7:38AM			
		Yama 8:50AM – 10:02AM	Shiva Until 11:51PM	Muruqa: Clear	<i>Sunset:</i> 5:17PM		Moon 1 - Phase 40	
		915723466 Rahu 12:27PM – 1:40PM	Bava Until 7:34PM	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 6:18AM	Moon – Clear		Sivaloka Day		
Until 7:44AM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Padua, Italy Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 14.2	Tithi 5 – 6	Gulika 10:02AM – 11:15AM	Uttaraprossthapada Until 10:41AM	Ganesha: Green	<i>Sunrise:</i> 7:36AM			
		Yama 7:36AM – 8:49AM	Siddha Until 12:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:19PM		Moon 1 - Phase 40	
		915723466 Rahu 1:40PM – 2:53PM	Kaulava Until 10:06PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 8:49AM	Moon – Clear		Sivaloka Day		
Until 1:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Padua, Italy Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 26.13	Tithi 6 – 7	Gulika 8:48AM – 10:02AM	Revati Until 1:26PM	Ganesha: Orange	<i>Sunrise:</i> 7:35AM			
		Yama 2:54PM – 4:07PM	Sadhya Until 1:25AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:20PM		Moon 1 - Phase 40	
		916723466 Rahu 11:15AM – 12:28PM	Gara Until 12:32AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 11:19AM	Moon – Clear		Devaloka Day		
Until 1:26PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Padua, Italy Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 8.09	Tithi 7 – 8	Gulika 7:35AM – 8:48AM	Ashvini Until 4:20PM	Ganesha: Green	<i>Sunrise:</i> 7:35AM			
		Yama 1:41PM – 2:54PM	Subha Until 1:57AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:20PM		Moon 1 - Phase 40	
		926723466 Rahu 10:02AM – 11:15AM	Visti Until 2:40AM Sun	Nataraja: Orange			Ashtami	
Creative Work	Siddha Yoga		Saptami Until 1:38PM	Moon – White		Bhuloka Day		
Until 6:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Padua, Italy Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 20.13	Tithi 8 – 9	Gulika 2:55PM – 4:08PM	Bharani Until 6:39PM	Ganesha: Green	<i>Sunrise:</i> 7:34AM			
		Yama 12:28PM – 1:41PM	Sukla Until 2:05AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:22PM		Moon 1 - Phase 40	
		926723466 Rahu 4:08PM – 5:22PM	Balava Until 4:18AM Mon	Nataraja: Orange			Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 3:32PM	Moon – White		Bhuloka Day		
Until 6:39PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Padua, Italy Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:42PM – 2:56PM	Krittika Until 8:12PM	Ganesha: Green <i>Sunrise:</i> 7:33AM
Vrishabha Rasi: 2.3	Tithi 9 – 10	Yama 11:14AM – 12:28PM	Brahma Until 1:42AM Tue	Muruḡa: Clear <i>Sunset:</i> 5:23PM
Family Home Evening	926723466	Rahu 8:47AM – 10:00AM	Taitila Until 5:13AM Tue	Nataraja: Orange
Routine Work Marana Yoga			Navami* Until 4:50PM	Moon – White
Until 8:12PM				Magha*Thai
Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Padua, Italy Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:28PM – 1:42PM	Rohini Until 9:20PM	Ganesha: Red <i>Sunrise:</i> 7:32AM
Vrishabha Rasi: 15.05	Tithi 10 – 11	Yama 10:00AM – 11:14AM	Indra Until 12:44AM Wed	Muruḡa: Clear <i>Sunset:</i> 5:25PM
936723467		Rahu 2:56PM – 4:10PM	Vanija Until 5:19AM Wed	Nataraja: Clear
Creative Work Amrita Yoga			Dashami Until 5:21PM	Moon – Yellow
Until 9:20PM				Magha*Thai
Then Creative Work - Siddha Yoga				Devaloka Day

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 25 Sutra 297 Vikarin 5121
3		Gulika 11:14AM – 12:28PM	Mrigashira Until 9:29PM	Ganesha: Red <i>Sunrise:</i> 7:30AM
Vrishabha Rasi: 28.04	Tithi 11 – 12	Yama 8:45AM – 9:59AM	Vaidhriti* Until 11:05PM	Muruḡa: Clear <i>Sunset:</i> 5:26PM
936723467		Rahu 12:28PM – 1:43PM	Bava Until 4:35AM Thu	Nataraja: Clear
Creative Work Siddha Yoga			Ekadashi Until 5:02PM	Moon – Yellow
				Magha*Thai
				Devaloka Day

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:59AM – 11:14AM	Ardra Until 8:41PM	Ganesha: Red <i>Sunrise:</i> 7:29AM
Mithuna Rasi: 11.28	Tithi 12 – 13	Yama 7:29AM – 8:44AM	Vishkambha* Until 8:48PM	Muruḡa: Clear <i>Sunset:</i> 5:27PM
936723467		Rahu 1:43PM – 2:58PM	Kaulava Until 3:03AM Fri	Nataraja: Clear
Routine Work Marana Yoga			Dvadashi Until 3:54PM	Moon – Yellow
Until 8:41PM				Magha*Thai
Then Creative Work - Amrita Yoga				Devaloka Day
				<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Padua, Italy Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:43AM – 9:58AM	Punarvasu Until 7:28PM	Ganesha: Blue <i>Sunrise:</i> 7:28AM
Mithuna Rasi: 25.2	Tithi 13 – 14	Yama 2:59PM – 4:14PM	Priti Until 5:57PM	Muruḡa: Clear <i>Sunset:</i> 5:29PM
947723467		Rahu 11:13AM – 12:28PM	Gara Until 12:50AM Sat	Nataraja: Clear
Creative Work Siddha Yoga			Trayodashi Until 2:00PM	Moon – Blue
Until 7:28PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Padua, Italy Sutra 300 Vikarin 5121
○	Copper Retreat Star	Gulika 7:26AM – 8:42AM	Pushya Until 5:31PM	Ganesha: Blue <i>Sunrise:</i> 7:26AM
Kataka Rasi: 9.39	Tithi 14 – 15	Yama 1:44PM – 2:59PM	Ayushman Until 2:36PM	Muruḡa: Clear <i>Sunset:</i> 5:30PM
947723467		Rahu 9:57AM – 11:13AM	Visti Until 10:03PM	Nataraja: Clear
Creative Work Siddha Yoga			Chaturdashi* Until 11:29AM	Moon – Blue
Until 5:31PM		Thai Pusam		Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Padua, Italy Sutra 301 Vikarin 5121
○	Silver Retreat Star	Gulika 3:00PM – 4:16PM	Ashlesha* Until 3:01PM	Ganesha: Blue <i>Sunrise:</i> 7:25AM
Kataka Rasi: 24.19	Tithi 15 – 16	Yama 12:28PM – 1:44PM	Saubhagya Until 10:54AM	Muruḡa: Clear <i>Sunset:</i> 5:32PM
947723467		Rahu 4:16PM – 5:32PM	Balava Until 6:54PM	Nataraja: Clear
Creative Work Siddha Yoga			Purnima* Until 8:30AM	Moon – Blue
Until 3:01PM				Magha*Thai
Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Padua, Italy

Sutra 302

Vikarin 5121

Simha Rasi: 9.14 Tithi 17

Family Home Evening

957723467

Gulika

1:45PM - 3:01PM

Magha* Until 12:33PM

Ganesha: Red

Sunrise: 7:24AM

Yama

11:12AM - 12:28PM

Sobhana Until 6:59AM

Muruqa: Clear

Sunset: 5:33PM

Moon 2 - Phase 42

Routine Work Marana Yoga

Rahu

8:40AM - 9:56AM

Taitila Until 3:31PM

Nataraja: Clear

1st Phase

Until 12:33PM

Dvitiya Until 1:47AM Tue

Moon - Red
Magha*Thai

Devaloka Day

Then Creative Work - Siddha Yoga

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visi* Karana Tritiyayam Titau

Padua, Italy

Sun 1

Sutra 303

Vikarin 5121

Simha Rasi: 24.14 Tithi 18

Creative Work Siddha Yoga

957723467

Gulika

12:29PM - 1:45PM

Purvaphalguni Until 9:52AM

Ganesha: Red

Sunrise: 7:22AM

Yama

9:55AM - 11:12AM

Sukarma Until 10:57PM

Muruqa: Clear

Sunset: 5:33PM

Moon 2 - Phase 42

Until 9:52AM

Vanija Until 12:06PM

Nataraja: Clear

1st Phase

Then Creative Work - Amrita Yoga

Tritiya Until 10:24PM

Moon - Red
Magha*Thai

Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthyam Titau

Padua, Italy

Sun 2

Sutra 304

Vikarin 5121

Kanya Rasi: 9.12 Tithi 19

Creative Work Amrita Yoga

957723467

Gulika

11:12AM - 12:29PM

Uttaraphalguni Until 7:08AM

Ganesha: Red

Sunrise: 7:21AM

Yama

8:38AM - 9:55AM

Dhriti Until 7:07PM

Muruqa: Clear

Sunset: 5:36PM

Moon 2 - Phase 42

Until 7:08AM

Bava Until 8:47AM

Nataraja: Clear

1st Phase

Then Routine Work - Marana Yoga

Maha Sankatahara Chaturthi

Chaturthi* Until 7:11PM

Moon - Red
Magha*Thai

Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Padua, Italy

Sun 3

Sutra 305

Vikarin 5121

Kanya Rasi: 23.58 Tithi 20 - 21

Creative Work Siddha Yoga

967723467

Gulika

9:54AM - 11:11AM

Chitra Until 2:58AM Fri

Ganesha: Green

Sunrise: 7:19AM

Yama

7:19AM - 8:37AM

Shula* Until 3:32PM

Muruqa: Clear

Sunset: 5:38PM

Moon 2 - Phase 42

Until 7:08AM

Gara Until 3:03AM Fri

Nataraja: Clear

1st Phase

Then Routine Work - Marana Yoga

Panchami Until 4:19PM

Moon - Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Padua, Italy

Sun 4

Sutra 306

Vikarin 5121

Tula Rasi: 8.28 Tithi 21 - 22

Creative Work Siddha Yoga

968723467

Gulika

8:36AM - 9:53AM

Svati Until 1:23AM Sat

Ganesha: White

Sunrise: 7:18AM

Yama

3:04PM - 4:21PM

Ganda* Until 12:20PM

Muruqa: Clear

Sunset: 5:39PM

Moon 2 - Phase 42

Until 12:39AM Sun

Visti Until 12:54AM Sat

Nataraja: Clear

1st Phase

Then Routine Work - Marana Yoga

Shashthi* Until 1:53PM

Moon - Green
Magha*Masi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Padua, Italy

Sun 5

Sutra 307

Vikarin 5121

Tula Rasi: 22.36 Tithi 22 - 23

Creative Work Siddha Yoga

978723467

Gulika

7:16AM - 8:34AM

Vishakha Until 12:39AM Sun

Ganesha: Clear

Sunrise: 7:16AM

Yama

1:46PM - 3:04PM

Vridhi Until 9:35AM

Muruqa: Clear

Sunset: 5:40PM

Moon 2 - Phase 42

Until 12:39AM Sun

Balava Until 11:19PM

Nataraja: Clear

Ashtami

Then Routine Work - Marana Yoga

Saptami Until 12:01PM

Moon - Orange
Magha*Masi

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Padua, Italy

Sun 6

Sutra 308

Vikarin 5121

Vrischika Rasi: 6.22 Tithi 23 - 24

Routine Work Marana Yoga

978723467

Gulika

3:05PM - 4:24PM

Anuradha Until 12:23AM Mon

Ganesha: Clear

Sunrise: 7:15AM

Yama

12:28PM - 1:47PM

Dhruva Until 7:17AM

Muruqa: Clear

Sunset: 5:42PM

Moon 2 - Phase 42

Until 12:23AM Mon

Taitila Until 10:22PM

Nataraja: Clear

Navami

Then Creative Work - Siddha Yoga

Ashtami* Until 10:44AM

Moon - Orange
Magha*Masi

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Padua, Italy Sun 7 Sutra 309 Vikarin 5121
1	Vrischika Rasi: 19.46 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 12:33AM Tue Then Creative Work - Amrita Yoga	Gulika 1:47PM – 3:06PM Yama 11:10AM – 12:28PM Rahu 8:32AM – 9:51AM	Jyeshtha* Until 12:33AM Tue Harshana Until 4:12AM Tue Vanija Until 10:01PM Navami* Until 10:06AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Magha-Masi	<i>Sunrise:</i> 7:13AM <i>Sunset:</i> 5:43PM	Moon 2 - Phase 43 2nd Phase Devaloka Day

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Padua, Italy Sun 8 Sutra 310 Vikarin 5121
2	Dhanus Rasi: 2.5 Tithi 25 – 26 988723467 Creative Work Amrita Yoga	Gulika 12:28PM – 1:47PM Yama 9:50AM – 11:09AM Rahu 3:06PM – 4:26PM	Mula* Until 1:36AM Wed Vajra* Until 3:19AM Wed Bava Until 10:16PM Dashami Until 10:03AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 7:12AM <i>Sunset:</i> 5:45PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Padua, Italy Sun 9 Sutra 311 Vikarin 5121
3	Dhanus Rasi: 15.39 Tithi 26 – 27 988723467 Creative Work Amrita Yoga Until 2:58AM Thu Then Routine Work - Marana Yoga	Gulika 11:09AM – 12:28PM Yama 8:30AM – 9:49AM Rahu 12:28PM – 1:48PM	Purvashadha* Until 2:58AM Thu Siddhi Until 2:49AM Thu Kaulava Until 11:01PM Ekadashi* Until 10:34AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:46PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Padua, Italy Sun 10 Sutra 312 Vikarin 5121
4	Dhanus Rasi: 28.14 Tithi 27 – 28 989823467 Routine Work Marana Yoga	Gulika 9:48AM – 11:08AM Yama 7:09AM – 8:28AM Rahu 1:48PM – 3:08PM	Uttarashadha Until 4:35AM Fri Vyatipata* Until 2:40AM Fri Gara Until 12:12AM Fri Dvadashi* Until 11:32AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:48PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Padua, Italy Sun 11 Sutra 313 Vikarin 5121
5	Makara Rasi: 10.38 Tithi 28 – 29 999823467 Routine Work Marana Yoga Until 6:52AM Sat Then Creative Work - Siddha Yoga	Gulika 8:27AM – 9:47AM Yama 3:08PM – 4:29PM Rahu 11:08AM – 12:28PM	Shravana Until 6:52AM Sat Variyan Until 2:45AM Sat Visti Until 1:45AM Sat Trayodashi* Until 12:55PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:49PM	Moon 2 - Phase 43 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Padua, Italy Sun 12 Sutra 314 Vikarin 5121
Retreat Star	Makara Rasi: 22.53 Tithi 29 – 30 999823467 Creative Work Siddha Yoga	Gulika 7:05AM – 8:26AM Yama 1:48PM – 3:09PM Rahu 9:47AM – 11:07AM	Shravana Until 6:52AM Parigha* Until 3:04AM Sun Catuspada Until 3:36AM Sun Chaturdashi* Until 2:37PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Magha-Masi	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Padua, Italy Sun 13 Sutra 315 Vikarin 5121
Retreat Star	Kumbha Rasi: 5.01 Tithi 30 – 1 999823467 Routine Work Marana Yoga Until 9:16AM Then Creative Work - Siddha Yoga	Gulika 3:10PM – 4:31PM Yama 12:28PM – 1:49PM Rahu 4:31PM – 5:52PM	Dhanishtha Until 9:16AM Shiva Until 3:36AM Mon Kintughna Until 5:42AM Mon Amavasya* Until 4:36PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple Phalgun-Masi	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 5:52PM	Moon 2 - Phase 43 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava Karana Prathamayam Titau				Padua, Italy Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 17.03 Family Home Evening Creative Work Siddha Yoga Until 11:43AM Then Routine Work - Marana Yoga	Gulika 1:49PM – 3:10PM Yama 11:06AM – 12:28PM Rahu 8:23AM – 9:45AM	Shatabhishak Until 11:43AM Siddha Until 4:15AM Tue Bava Until 6:48PM Prathama* Until 6:48PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Clear Moon – Purple	Sunrise: 7:02AM Sunset: 5:53PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau				Padua, Italy Sun 15 Sutra 317 Vikarin 5121
2	Kumbha Rasi: 29.01 Routine Work Marana Yoga Until 2:41PM Then Creative Work - Amrita Yoga	Gulika 12:27PM – 1:49PM Yama 9:44AM – 11:06AM Rahu 3:11PM – 4:33PM	Purvaproshtapada* Until 2:41PM Sadhya Until 5:02AM Wed Balava Until 8:00AM Dvitiya Until 9:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 7:00AM Sunset: 5:55PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau				Padua, Italy Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 10.55 Creative Work Siddha Yoga Until 5:36PM Then Routine Work - Marana Yoga	Gulika 11:05AM – 12:27PM Yama 8:21AM – 9:43AM Rahu 12:27PM – 1:49PM	Uttaraproshtapada Until 5:36PM Subha Until 5:55AM Thu Tailila Until 10:27AM Tritiya Until 11:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:59AM Sunset: 5:56PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Padua, Italy Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 22.47 Creative Work Siddha Yoga Until 8:25PM Then Creative Work - Amrita Yoga	Gulika 9:42AM – 11:05AM Yama 6:57AM – 8:19AM Rahu 1:50PM – 3:12PM	Revati Until 8:25PM Sukla Until 6:45AM Fri Vanija Until 12:58PM Chaturthi* Until 2:12AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:57AM Sunset: 5:57PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Padua, Italy Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 4.39 Creative Work Amrita Yoga Until 11:29PM Then Creative Work - Siddha Yoga	Gulika 8:18AM – 9:41AM Yama 3:13PM – 4:36PM Rahu 11:04AM – 12:27PM	Ashvini Until 11:29PM Sukla Until 6:45AM Bava Until 3:27PM Panchami Until 4:37AM Sat	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:55AM Sunset: 5:59PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Shashthyam Titau				Padua, Italy Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 16.34 Creative Work Siddha Yoga	Gulika 6:53AM – 8:17AM Yama 1:50PM – 3:13PM Rahu 9:40AM – 11:03AM	Bharani Until 2:10AM Sun Brahma Until 7:31AM Kaulava Until 5:45PM Shashthi* Until 6:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White	Sunrise: 6:53AM Sunset: 6:00PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Padua, Italy Sun 20 Sutra 322 Vikarin 5121
Retreat Star		Gulika 3:15PM – 4:39PM Yama 12:26PM – 1:50PM Rahu 4:39PM – 6:03PM	Krittika Until 4:16AM Mon Indra Until 8:05AM Gara Until 7:41PM Shashthi* Until 6:45AM	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White	Sunrise: 6:50AM Sunset: 6:03PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Padua, Italy Sun 21 Sutra 323 Vikarin 5121
Retreat Star		Gulika 1:51PM – 3:15PM Yama 11:02AM – 12:26PM Rahu 8:13AM – 9:37AM	Rohini Until 6:04AM Tue Vaidhriti* Until 8:14AM Visti Until 9:01PM Saptami Until 8:25AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:48AM Sunset: 6:04PM	Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Padua, Italy Sun 22 Sutra 324 Vikarin 5121
Retreat Star		Gulika 12:26PM – 1:51PM Yama 9:36AM – 11:01AM Rahu 3:16PM – 4:41PM	Rohini Until 6:04AM Vishkambha* Until 7:54AM Balava Until 9:36PM Ashtami* Until 9:23AM	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 6:46AM Sunset: 6:06PM	Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Padua, Italy Sutra 325
Mithuna Rasi: 6.09	Tithi 9 – 10	Gulika 11:00AM – 12:26PM	Mrigashira Until 6:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:44AM	Vikarin 5121
		Yama 8:10AM – 9:35AM	Priti Until 6:57AM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		931833467 Rahu 12:26PM – 1:51PM	Taitila Until 9:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:33AM	Moon – Yellow		Devaloka Day
				Phalguna-Masi		

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Padua, Italy Sutra 326
Mithuna Rasi: 19.28	Tithi 10 – 11	Gulika 9:34AM – 11:00AM	Ardra Until 6:47AM	Ganesha: Red	<i>Sunrise:</i> 6:43AM	Vikarin 5121
		Yama 6:43AM – 8:08AM	Saubhagya Until 2:58AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
		131833467 Rahu 1:51PM – 3:17PM	Vanija Until 8:09PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dashami Until 8:49AM	Moon – Yellow		Devaloka Day
Until 6:47AM				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau		Padua, Italy Sutra 327
Kataka Rasi: 3.16	Tithi 11 – 12	Gulika 8:07AM – 9:33AM	Punarvasu Until 6:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:41AM	Vikarin 5121
		Yama 3:17PM – 4:44PM	Sobhana Until 12:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
		141833467 Rahu 10:59AM – 12:25PM	Bava Until 6:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:14AM	Moon – Blue		Bhuloka Day
Until 6:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Padua, Italy Sutra 328
Kataka Rasi: 17.34	Tithi 13	Gulika 6:39AM – 8:05AM	Ashlesha* Until 2:07AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 1:51PM – 3:18PM	Athiganda* Until 8:29PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
		141833467 Rahu 9:32AM – 10:58AM	Kaulava Until 3:29PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 1:54AM Sun	Moon – Blue		Bhuloka Day
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		Padua, Italy Sutra 329
Simha Rasi: 2.19	Tithi 14	Gulika 3:18PM – 4:45PM	Magha* Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 12:25PM – 1:52PM	Sukarma Until 4:34PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
		151833467 Rahu 4:45PM – 6:12PM	Gara Until 12:15PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 10:27PM	Moon – Red		Devaloka Day
Until 11:33PM		Chidambaram Abhishekam		Phalguna-Masi		
Then Creative Work - Siddha Yoga						

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Padua, Italy Sutra 330
Copper Retreat Star		Gulika 1:52PM – 3:19PM	Purvaphalguni Until 8:34PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	Vikarin 5121
Simha Rasi: 17.24	Tithi 15	Yama 10:57AM – 12:24PM	Dhriti Until 12:23PM	Muruqa: Orange	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 8:03AM – 9:30AM	Visti Until 8:38AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:43PM	Moon – Red		Sivaloka Day
		Holi		Phalguna-Masi		

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Padua, Italy Sutra 331
Silver Retreat Star		Gulika 12:24PM – 1:52PM	Uttaraphalguni Until 5:22PM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Vikarin 5121
Kanya Rasi: 2.4	Tithi 16 – 17	Yama 9:29AM – 10:57AM	Shula* Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 45
		152833467 Rahu 3:20PM – 4:47PM	Taitila Until 12:59AM Wed	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 2:53PM	Moon – Red		Sivaloka Day
Until 5:22PM				Phalguna-Masi		
Then Creative Work - Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Padua, Italy

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 17.56 Tithi 17 - 18

162833467

Gulika 10:56AM - 12:24PM
Yama 8:00AM - 9:28AM
Rahu 12:24PM - 1:52PM

Hasta **Until 2:31PM**
Vriddhi **Until 11:31PM**
Vanija **Until 9:18PM**
Dvitiya **Until 11:06AM**

Ganesha: Clear *Sunrise: 6:32AM*
Muruqa: Orange *Sunset: 6:16PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Balava Karana Tritiya/Chaturthyam Titau

Padua, Italy

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.02 Tithi 18 - 19

162833467

Gulika 9:27AM - 10:55AM
Yama 6:30AM - 7:58AM
Rahu 1:52PM - 3:21PM

Chitra **Until 11:49AM**
Dhruva **Until 7:36PM**
Balava **Until 4:25AM Fri**
Tritiya **Until 7:33AM**

Ganesha: Clear *Sunrise: 6:30AM*
Muruqa: Orange *Sunset: 6:18PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Until 11:49AM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Padua, Italy

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 17.5 Tithi 20

162833467

Gulika 7:57AM - 9:26AM
Yama 3:21PM - 4:50PM
Rahu 10:54AM - 12:23PM

Svati **Until 9:24AM**
Vyaghata* **Until 4:06PM**
Kaulava **Until 3:04PM**
Panchami **Until 1:50AM Sat**

Ganesha: Clear *Sunrise: 6:28AM*
Muruqa: Orange *Sunset: 6:19PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Padua, Italy

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 2.14 Tithi 21

172833467

Gulika 6:26AM - 7:55AM
Yama 1:52PM - 3:22PM
Rahu 9:25AM - 10:54AM

Vishakha **Until 7:51AM**
Harshana **Until 1:08PM**
Gara **Until 12:49PM**
Shashthi* **Until 11:56PM**

Ganesha: Purple *Sunrise: 6:26AM*
Muruqa: Orange *Sunset: 6:20PM*

Nataraja: Clear
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Padua, Italy

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 16.1 Tithi 22

172833468

Gulika 3:22PM - 4:52PM
Yama 12:23PM - 1:52PM
Rahu 4:52PM - 6:22PM

Anuradha **Until 6:52AM**
Vajra* **Until 10:44AM**
Visti **Until 11:17AM**
Saptami **Until 10:48PM**

Ganesha: Purple *Sunrise: 6:24AM*
Muruqa: Orange *Sunset: 6:22PM*

Nataraja: Purple
Moon - Orange

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Padua, Italy

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 29.37 Tithi 23

172933468

Gulika 1:53PM - 3:23PM
Yama 10:52AM - 12:23PM
Rahu 7:52AM - 9:22AM

Jyeshtha* **Until 6:31AM**
Siddhi **Until 8:58AM**
Balava **Until 10:33AM**
Ashtami* **Until 10:28PM**

Ganesha: Clear *Sunrise: 6:22AM*
Muruqa: Orange *Sunset: 6:23PM*

Nataraja: Purple
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Vriyan Yoga Taitila/Gara Karana Navamyam Titau

Padua, Italy

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12.4 Tithi 24

182933468

Gulika 12:22PM - 1:53PM
Yama 9:21AM - 10:52AM
Rahu 3:23PM - 4:54PM

Mula* **Until 7:13AM**
Vyatipata* **Until 7:50AM**
Taitila **Until 10:36AM**
Navami* **Until 10:52PM**

Ganesha: Purple *Sunrise: 6:20AM*
Muruqa: Orange *Sunset: 6:24PM*

Nataraja: Purple
Moon - Light Blue

Devaloka Day

Creative Work Amrita Yoga

Until 7:13AM

Then Creative Work - Siddha Yoga

1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Padua, Italy
	Dhanus Rasi: 25.22	Tithi 25	Sun 8	Sutra 339			
	182933468	Rahu	12:22PM – 1:53PM	Purvashadha* Until 8:29AM	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue	Sunrise: 6:18AM Sunset: 6:25PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase
	Creative Work	Amrita Yoga		Dashami Until 11:57PM	Phalguna-Panguni		Devaloka Day

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Padua, Italy
	Makara Rasi: 7.46	Tithi 26	Sun 9	Sutra 340			
	182933468	Rahu	1:53PM – 3:24PM	Uttarashadha Until 10:10AM Parigha* Until 7:07AM Bava Until 12:42PM Ekadashi* Until 1:32AM Fri	Ganesha: Purple Muruqa: Orange Nataraja: Purple Moon – Light Blue	Sunrise: 6:17AM Sunset: 6:27PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase
	Routine Work	Marana Yoga		Phalguna-Panguni			Devaloka Day

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Padua, Italy
	Makara Rasi: 19.59	Tithi 27	Sun 10	Sutra 341			
	192933468	Rahu	10:50AM – 12:21PM	Shravana Until 12:37PM Shiva Until 7:23AM Kaulava Until 2:30PM Dvadashi* Until 3:29AM Sat	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple	Sunrise: 6:15AM Sunset: 6:28PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase
	Routine Work	Marana Yoga		Phalguna-Panguni			Sivaloka Day

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Padua, Italy
	Kumbha Rasi: 2.03	Tithi 28	Sun 11	Sutra 342			
	192933468	Rahu	9:17AM – 10:49AM	Dhanishtha Until 3:12PM Siddha Until 7:53AM Gara Until 4:36PM Trayodashi* Until 5:42AM Sun	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple	Sunrise: 6:13AM Sunset: 6:29PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase
	Creative Work	Siddha Yoga		Phalguna-Panguni			Sivaloka Day

Pradosha Vrata (Fasting)

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtpada* Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturdashyam Titau				Padua, Italy
	Kumbha Rasi: 14.02	Tithi 29	Sun 12	Sutra 343			
	192933468	Rahu	4:58PM – 6:31PM	Shatabhishak Until 5:48PM Sadhya Until 8:34AM Visti Until 6:53PM Chaturdashi* Until 8:03AM Mon	Ganesha: Clear Muruqa: Orange Nataraja: Purple Moon – Purple	Sunrise: 6:11AM Sunset: 6:31PM	Vikarin 5121 Moon 3 - Phase 47 2nd Phase
	Creative Work	Siddha Yoga		Phalguna-Panguni			Sivaloka Day

●	Monday, March 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Padua, Italy		
	Retreat Star		Sun 13	Sutra 344					
	Kumbha Rasi: 25.58	Tithi 29 – 30	113933468	Rahu	1:53PM – 3:26PM	Purvaproshtpada* Until 8:51PM Subha Until 9:22AM Catuspada Until 9:17PM Chaturdashi* Until 8:03AM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear	Sunrise: 6:09AM Sunset: 6:32PM	Vikarin 5121 Moon 3 - Phase 47 Amavasya
	Family Home Evening	Marana Yoga		Phalguna-Panguni			Sivaloka Day		

●	Tuesday, March 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Padua, Italy		
	Retreat Star		Sun 14	Sutra 345					
	Meena Rasi: 7.51	Tithi 30 – 1	113933468	Rahu	12:20PM – 1:53PM	Uttaraproshtpada Until 11:47PM Sukla Until 10:12AM Kintughna Until 11:43PM Amavasya* Until 10:28AM	Ganesha: Yellow Muruqa: Orange Nataraja: Purple Moon – Clear	Sunrise: 6:07AM Sunset: 6:33PM	Vikarin 5121 Moon 3 - Phase 47 Prathama
	Creative Work	Amrita Yoga		Yugadhi		Chaitra-Panguni		Sivaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Padua, Italy Sun 15 Sutra 346	
Meena Rasi: 19.44	Tithi 1 – 2	Gulika 10:46AM – 12:20PM	Revati Until 2:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 7:39AM – 9:12AM	Brahma Until 11:04AM	Muruqa: Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48	
		113933468 Rahu 12:20PM – 1:53PM	Balava Until 2:10AM Thu	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Prathama* Until 12:55PM	Moon – Clear		Sivaloka Day	
Until 2:33AM Thu				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Padua, Italy Sun 16 Sutra 347	
Mesha Rasi: 1.37	Tithi 2 – 3	Gulika 9:11AM – 10:45AM	Ashvini Until 5:36AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:03AM		Vikarin 5121
		Yama 6:03AM – 7:37AM	Indra Until 11:55AM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48	
		123933468 Rahu 1:54PM – 3:28PM	Taitila Until 4:33AM Fri	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 3:21PM	Moon – White		Sivaloka Day	
Until 5:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni			
Then Creative Work - Siddha Yoga							

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 17 Sutra 348	
Mesha Rasi: 13.31	Tithi 3 – 4	Gulika 7:36AM – 9:10AM	Bharani Until 8:19AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 3:28PM – 5:03PM	Vaidhriti* Until 12:41PM	Muruqa: Orange	<i>Sunset:</i> 6:37PM	Moon 3 - Phase 48	
		123933468 Rahu 10:45AM – 12:19PM	Vanija Until 6:47AM Sat	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 5:40PM	Moon – White		Sivaloka Day	
Until 8:19AM Sat				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Padua, Italy Sun 18 Sutra 349	
Mesha Rasi: 25.29	Tithi 4	Gulika 6:00AM – 7:34AM	Bharani Until 8:19AM	Ganesha: Red	<i>Sunrise:</i> 6:00AM		Vikarin 5121
		Yama 1:54PM – 3:29PM	Vishkambha* Until 1:20PM	Muruqa: Orange	<i>Sunset:</i> 6:38PM	Moon 3 - Phase 48	
		123933468 Rahu 9:09AM – 10:44AM	Vanija Until 6:47AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 7:47PM	Moon – White		Sivaloka Day	
Until 8:19AM				Chaitra•Panguni			
Then Creative Work - Amrita Yoga							

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Padua, Italy Sun 19 Sutra 350	
Vrishabha Rasi: 7.34	Tithi 5	Gulika 3:29PM – 5:04PM	Krittika Until 10:37AM	Ganesha: Red	<i>Sunrise:</i> 5:58AM		Vikarin 5121
		Yama 12:19PM – 1:54PM	Priti Until 1:46PM	Muruqa: Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 48	
		123933468 Rahu 5:04PM – 6:40PM	Bava Until 8:44AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 9:33PM	Moon – White		Sivaloka Day	
				Chaitra•Panguni			

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Padua, Italy Sun 20 Sutra 351	
Vrishabha Rasi: 19.48	Tithi 6	Gulika 1:54PM – 3:30PM	Rohini Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 5:56AM		Vikarin 5121
Family Home Evening		Yama 10:43AM – 12:18PM	Ayushman Until 1:50PM	Muruqa: Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 48	
		133933468 Rahu 7:31AM – 9:07AM	Kaulava Until 10:16AM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga		Shashthi* Until 10:49PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Padua, Italy Sun 21 Sutra 352	
Mithuna Rasi: 2.16	Tithi 7	Gulika 12:18PM – 1:54PM	Mrigashira Until 2:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 9:06AM – 10:42AM	Saubhagya Until 1:26PM	Muruqa: Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48	
		133933468 Rahu 3:30PM – 5:06PM	Gara Until 11:13AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 11:25PM	Moon – Yellow		Subha Sivaloka Day	
Until 2:17PM				Chaitra•Panguni			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Padua, Italy Sun 22 Sutra 353	
Mithuna Rasi: 15.04	Tithi 8	Gulika 10:42AM – 12:18PM	Ardra Until 2:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 7:30AM – 9:06AM	Sobhana Until 12:29PM	Muruqa: Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 48	
		133933468 Rahu 12:18PM – 1:54PM	Visti Until 11:26AM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 11:14PM	Moon – Yellow		Subha Sivaloka Day	
				Chaitra•Panguni			

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Padua, Italy Sun 23 Sutra 354	
Mithuna Rasi: 28.16	Tithi 9	Gulika 9:05AM – 10:41AM	Punarvasu Until 2:59PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM		Vikarin 5121
		Yama 5:52AM – 7:28AM	Athiganda* Until 10:52AM	Muruqa: Orange	<i>Sunset:</i> 6:43PM	Moon 3 - Phase 48	
		143933468 Rahu 1:54PM – 3:31PM	Balava Until 10:51AM	Nataraja: Purple		Navami	
Creative Work	Amrita Yoga		Navami* Until 10:13PM	Moon – Blue		Sivaloka Day	
		Sri Rama Navami		Chaitra•Panguni			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Padua, Italy Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 11.55	Tithi 10	Gulika 7:27AM – 9:04AM	Pushya Until 2:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	
		Yama 3:31PM – 5:08PM	Sukarma Until 8:37AM	Muruqa: Orange	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:41AM – 12:17PM	Taitila Until 9:26AM	Nataraja: Purple		4th Phase
			Dashami Until 8:25PM	Moon – Blue		Sivaloka Day
		Yogaswami Mahasamadhi		Chaitra•Panguni		

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau		Padua, Italy Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 26.04	Tithi 11 – 12	Gulika 5:48AM – 7:25AM	Ashlesha* Until 12:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	
		Yama 1:54PM – 3:32PM	Shula* Until 2:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 9:03AM – 10:40AM	Vanija Until 7:15AM	Nataraja: Purple		4th Phase
Until 12:24PM			Ekadashi Until 5:54PM	Moon – Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Chaitra•Panguni		

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Padua, Italy Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 10.39	Tithi 12 – 13	Gulika 3:32PM – 5:10PM	Magha* Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 5:46AM	
		Yama 12:17PM – 1:54PM	Ganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 Rahu 5:10PM – 6:47PM	Kaulava Until 1:05AM Mon	Nataraja: Purple		4th Phase
Until 10:19AM			Dvadashi Until 2:47PM	Moon – Red		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Chaitra•Panguni		
			<i>Pradosha Vrata</i>			

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Padua, Italy Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 25.37	Tithi 13 – 14	Gulika 1:55PM – 3:33PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	
Family Home Evening		Yama 10:39AM – 12:17PM	Vriddhi Until 6:21PM	Muruqa: Orange	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:23AM – 9:01AM	Gara Until 9:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 11:15AM	Moon – Red		Sivaloka Day
				Chaitra•Panguni		

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau		Padua, Italy Sun 28 Sutra 359 Vikarin 5121
Copper Retreat Star		Gulika 12:16PM – 1:55PM	Hasta Until 1:34AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
Kanya Rasi: 10.5	Tithi 14 – 15	Yama 8:59AM – 10:38AM	Dhruva Until 2:01PM	Muruqa: Orange	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:33PM – 5:11PM	Bava Until 3:33AM Wed	Nataraja: Purple		Purnima
			Chaturdashi* Until 7:27AM	Moon – Green		Devaloka Day
		Panguni Uttiram		Chaitra•Panguni		
		Hanuman Jayanti				

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Padua, Italy Sun 29 Sutra 360 Vikarin 5121
Silver Retreat Star		Gulika 10:37AM – 12:16PM	Chitra Until 10:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	
Kanya Rasi: 26.08	Tithi 16	Yama 7:20AM – 8:58AM	Vyaghata* Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 12:16PM – 1:55PM	Balava Until 1:39PM	Nataraja: Purple		Prathama
			Prathama* Until 11:45PM	Moon – Green		Devaloka Day
				Chaitra•Panguni		



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Padua, Italy
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 11.21 Tithi 17

164134468

Gulika 8:57AM – 10:37AM
Yama 5:39AM – 7:18AM
Rahu 1:55PM – 3:34PM

Svati Until 7:39PM
Vajra* Until 1:28AM Fri
Taitila Until 9:57AM
Dvitiya Until 8:12PM

Ganesha: White *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:52PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 7:39PM

Then Creative Work - Siddha Yoga

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Padua, Italy
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 26.19 Tithi 18 – 19

174134468

Gulika 7:17AM – 8:56AM
Yama 3:35PM – 5:14PM
Rahu 10:36AM – 12:15PM

Vishakha Until 5:27PM
Siddhi Until 9:54PM
Vanija Until 6:36AM
Tritiya Until 5:06PM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:54PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Padua, Italy
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 10.53 Tithi 19 – 20

174134468

Gulika 5:35AM – 7:15AM
Yama 1:55PM – 3:35PM
Rahu 8:55AM – 10:35AM

Anuradha Until 3:43PM
Vyatipata* Until 6:51PM
Kaulava Until 1:36AM Sun
Chaturthi* Until 2:34PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vriyari/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Padua, Italy
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 24.59 Tithi 20 – 21

174134468

Gulika 3:36PM – 5:16PM
Yama 12:15PM – 1:55PM
Rahu 5:16PM – 6:56PM

Jyeshtha* Until 2:33PM
Vriyari Until 4:23PM
Gara Until 12:12AM Mon
Panchami Until 12:47PM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:56PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 2:33PM

Then Creative Work - Amrita Yoga

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Padua, Italy
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 8.37 Tithi 21 – 22

184134468

Gulika 1:55PM – 3:36PM
Yama 10:34AM – 12:15PM
Rahu 7:13AM – 8:53AM

Mula* Until 2:31PM
Parigha* Until 2:36PM
Visti Until 11:39PM
Shashthi* Until 11:48AM

Ganesha: Blue *Sunrise:* 5:32AM
Muruqa: Clear *Sunset:* 6:57PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 2:31PM

Then Routine Work - Marana Yoga

D

Tuesday, April 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Padua, Italy
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 21.46 Tithi 22 – 23

284134468

Gulika 12:14PM – 1:55PM
Yama 8:52AM – 10:33AM
Rahu 3:37PM – 5:18PM

Purvashadha* Until 3:09PM
Shiva Until 1:30PM
Balava Until 11:57PM
Saptami Until 11:41AM

Ganesha: Yellow *Sunrise:* 5:30AM
Muruqa: Clear *Sunset:* 6:59PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 3:09PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 15, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Padua, Italy
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 4.29 Tithi 23 – 24

284134468

Gulika 10:33AM – 12:14PM
Yama 7:10AM – 8:51AM
Rahu 12:14PM – 1:56PM

Uttarashadha Until 4:24PM
Siddha Until 1:00PM
Taitila Until 12:59AM Thu
Ashtami* Until 12:22PM

Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Clear *Sunset:* 7:00PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 4:24PM

Then Creative Work - Siddha Yoga

1 Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shrivana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Padua, Italy
Makara Rasi: 16.54	Tithi 24 – 25	Gulika 8:50AM – 10:32AM	Shravana Until 6:36PM	Ganesha: Blue	Sunrise: 5:27AM	Sun 7 Sutra 4
		Yama 5:27AM – 7:08AM	Sadhya Until 1:02PM	Muruqa: Clear	Sunset: 7:07PM	Sarvari 5122
		294134468 Rahu 1:56PM – 3:38PM	Vanija Until 2:38AM Fri	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga	Chidambaram Abhishekam	Navami* Until 1:44PM	Moon – Purple		2nd Phase
				Chaitra+Chaitra		Devaloka Day

2 Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Padua, Italy
Makara Rasi: 29.04	Tithi 25 – 26	Gulika 7:07AM – 8:49AM	Dhanishtha Until 9:07PM	Ganesha: Blue	Sunrise: 5:25AM	Sun 8 Sutra 5
		Yama 3:38PM – 5:20PM	Subha Until 1:30PM	Muruqa: Clear	Sunset: 7:03PM	Sarvari 5122
		294134468 Rahu 10:31AM – 12:14PM	Bava Until 4:43AM Sat	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 3:37PM	Moon – Purple		2nd Phase
				Chaitra+Chaitra		Devaloka Day

3 Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Padua, Italy
Kumbha Rasi: 11.05	Tithi 26 – 27	Gulika 5:23AM – 7:06AM	Shatabhishak Until 11:46PM	Ganesha: Yellow	Sunrise: 5:23AM	Sun 9 Sutra 6
		Yama 1:56PM – 3:39PM	Sukla Until 2:12PM	Muruqa: Clear	Sunset: 7:04PM	Sarvari 5122
		295134468 Rahu 8:48AM – 10:31AM	Kaulava Until 7:03AM Sun	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 5:51PM	Moon – Purple		2nd Phase
Until 11:46PM				Chaitra+Chaitra		Sivaloka Day
Then Routine Work - Marana Yoga						

4 Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Padua, Italy
Kumbha Rasi: 22.59	Tithi 27	Gulika 3:39PM – 5:22PM	Purvaproshtapada* Until 2:53AM Mon	Ganesha: Yellow	Sunrise: 5:21AM	Sun 10 Sutra 7
		Yama 12:13PM – 1:56PM	Brahma Until 3:04PM	Muruqa: Clear	Sunset: 7:05PM	Sarvari 5122
		215134468 Rahu 5:22PM – 7:05PM	Kaulava Until 7:03AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 8:15PM	Moon – Clear		2nd Phase
				Chaitra+Chaitra		Sivaloka Day

5 Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Padua, Italy
Meena Rasi: 4.52	Tithi 28	Gulika 1:56PM – 3:40PM	Uttaraproshtapada Until 5:51AM Tue	Ganesha: Yellow	Sunrise: 5:20AM	Sun 11 Sutra 8
Family Home Evening		Yama 10:30AM – 12:13PM	Indra Until 4:00PM	Muruqa: Clear	Sunset: 7:06PM	Sarvari 5122
		215134468 Rahu 7:03AM – 8:46AM	Gara Until 9:30AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Clear		2nd Phase
				Chaitra+Chaitra		Sivaloka Day
						Pradosha Vrata (Fasting)

6 Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Padua, Italy
Meena Rasi: 16.44	Tithi 29	Gulika 12:13PM – 1:57PM	Revati Until 8:35AM Wed	Ganesha: Yellow	Sunrise: 5:18AM	Sun 12 Sutra 9
		Yama 8:45AM – 10:29AM	Vaidhriti* Until 4:53PM	Muruqa: Clear	Sunset: 7:08PM	Sarvari 5122
		215134468 Rahu 3:40PM – 5:24PM	Visti Until 11:56AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 1:06AM Wed	Moon – Clear		2nd Phase
Until 8:35AM Wed				Chaitra+Chaitra		Sivaloka Day
Then Routine Work - Marana Yoga						

Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Padua, Italy
Meena Rasi: 28.37	Tithi 30	Gulika 10:29AM – 12:13PM	Revati Until 8:35AM	Ganesha: Yellow	Sunrise: 5:16AM	Sun 13 Sutra 10
		Yama 7:00AM – 8:44AM	Vishkambha* Until 5:43PM	Muruqa: Clear	Sunset: 7:09PM	Sarvari 5122
		215134468 Rahu 12:13PM – 1:57PM	Catuspada Until 2:17PM	Nataraja: Purple		Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 3:23AM Thu	Moon – Clear		Amavasya
				Chaitra+Chaitra		Sivaloka Day

Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathamayam Titau				Padua, Italy
Meena Rasi: 10.34	Tithi 1	Gulika 8:44AM – 10:28AM	Ashvini Until 11:31AM	Ganesha: Red	Sunrise: 5:15AM	Sun 14 Sutra 11
		Yama 5:15AM – 6:59AM	Priti Until 6:27PM	Muruqa: Clear	Sunset: 7:10PM	Sarvari 5122
		225134468 Rahu 1:57PM – 3:41PM	Kintughna Until 4:29PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Prathama* Until 5:29AM Fri	Moon – White		Prathama
Until 11:31AM				Vaisaka+Chaitra		Sivaloka Day
Then Creative Work - Siddha Yoga						

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiyayam Titau		Padua, Italy Sun 15 Sutra 12 Sarvari 5122		
Mesha Rasi: 22.35	Tithi 2	Gulika 6:58AM – 8:43AM	Bharani Until 2:06PM	Ganesha: Red	<i>Sunrise:</i> 5:13AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 2
		Yama 3:42PM – 5:27PM	Ayushman Until 6:59PM	Nataraja: Clear		Moon – White		3rd Phase
225134469	Rahu 10:27AM – 12:12PM		Balava Until 6:28PM			Devaloka Day		
Creative Work	Siddha Yoga		Dvitiya Until 7:21AM Sat	Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Padua, Italy Sun 16 Sutra 13 Sarvari 5122		
Vrishabha Rasi: 4.41	Tithi 2 – 3	Gulika 5:11AM – 6:57AM	Krittika Until 4:16PM	Ganesha: Red	<i>Sunrise:</i> 5:11AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 2
		Yama 1:57PM – 3:42PM	Saubhagya Until 7:19PM	Nataraja: Clear		Moon – White		3rd Phase
225134469	Rahu 8:42AM – 10:27AM		Taitila Until 8:11PM			Devaloka Day		
Creative Work	Amrita Yoga		Dvitiya Until 7:21AM	Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Padua, Italy Sun 17 Sutra 14 Sarvari 5122		
Vrishabha Rasi: 16.55	Tithi 3 – 4	Gulika 3:43PM – 5:28PM	Rohini Until 6:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:10AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 2
		Yama 12:12PM – 1:57PM	Sobhana Until 7:24PM	Nataraja: Clear		Moon – Yellow		3rd Phase
235134469	Rahu 5:28PM – 7:14PM		Vanija Until 9:32PM			Devaloka Day		
Creative Work	Siddha Yoga	Akshaya Tritiya	Tritiya Until 8:53AM	Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Padua, Italy Sun 18 Sutra 15 Sarvari 5122		
Vrishabha Rasi: 29.19	Tithi 4 – 5	Gulika 1:58PM – 3:44PM	Mrigashira Until 8:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2
Family Home Evening		Yama 10:26AM – 12:12PM	Athiganda* Until 7:07PM	Nataraja: Clear		Moon – Yellow		3rd Phase
235134469	Rahu 6:54AM – 8:40AM		Bava Until 10:27PM			Devaloka Day		
Creative Work	Amrita Yoga	Adi Sankara Jayanthi	Chaturthi* Until 10:02AM	Vaisaka-Chaitra				
Until 8:00PM								
Then Creative Work - Siddha Yoga								

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Padua, Italy Sun 19 Sutra 16 Sarvari 5122		
Mithuna Rasi: 11.56	Tithi 5 – 6	Gulika 12:12PM – 1:58PM	Ardra Until 8:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:07AM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2
		Yama 8:39AM – 10:25AM	Sukarma Until 6:27PM	Nataraja: Clear		Moon – Yellow		3rd Phase
236134469	Rahu 3:44PM – 5:30PM		Kaulava Until 10:49PM			Bhuloka Day		
Routine Work	Marana Yoga		Panchami Until 10:41AM	Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Until 8:55PM								
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Padua, Italy Sun 20 Sutra 17 Sarvari 5122		
Mithuna Rasi: 24.49	Tithi 6 – 7	Gulika 10:25AM – 12:11PM	Punarvasu Until 9:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2
		Yama 6:52AM – 8:38AM	Dhriti Until 5:19PM	Nataraja: Clear		Moon – Blue		3rd Phase
246134469	Rahu 12:11PM – 1:58PM		Gara Until 10:34PM			Devaloka Day		
Creative Work	Siddha Yoga		Shashthi* Until 10:45AM	Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Padua, Italy Sun 21 Sutra 18 Sarvari 5122		
Kataka Rasi: 8.01	Tithi 7 – 8	Gulika 8:37AM – 10:24AM	Pushya Until 9:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2
		Yama 5:04AM – 6:51AM	Shula* Until 3:39PM	Nataraja: Clear		Moon – Blue		Ashtami
246134469	Rahu 1:58PM – 3:45PM		Visti Until 9:40PM			Devaloka Day		
Creative Work	Amrita Yoga		Saptami Until 10:11AM	Vaisaka-Chaitra				
Until 9:23PM								
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhidi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Padua, Italy Sun 22 Sutra 19 Sarvari 5122		
Kataka Rasi: 21.34	Tithi 8 – 9	Gulika 6:48AM – 8:36AM	Ashlesha* Until 8:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2
		Yama 3:46PM – 5:34PM	Ganda* Until 1:27PM	Nataraja: Clear		Moon – Blue		Navami
246134469	Rahu 10:23AM – 12:11PM		Balava Until 8:06PM			Devaloka Day		
Routine Work	Marana Yoga		Ashtami* Until 8:57AM	Vaisaka-Chaitra				


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Padua, Italy Sun 23 Sutra 20
Simha Rasi: 5.32	Tithi 9 – 10	Gulika 4:59AM – 6:47AM	Magha* Until 7:06PM	Ganesha: White	<i>Sunrise:</i> 4:59AM			Sarvari 5122
		Yama 1:59PM – 3:47PM	Vriddhi Until 10:45AM	Muruqa: Clear	<i>Sunset:</i> 7:23PM			Moon 4 - Phase 3
		256134469 Rahu 8:35AM – 10:23AM	Gara Until 4:36AM Sun	Nataraja: Clear				4th Phase
Creative Work	Amrita Yoga		Navami* Until 7:04AM	Moon – Red			Bhuloka Day	
Until 7:06PM				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau				Padua, Italy Sun 24 Sutra 21
Simha Rasi: 19.53	Tithi 11	Gulika 3:47PM – 5:36PM	Purvaphalguni Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 4:58AM			Sarvari 5122
		Yama 12:11PM – 1:59PM	Dhruva Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 7:24PM			Moon 4 - Phase 3
		256134469 Rahu 5:36PM – 7:24PM	Vanija Until 3:11PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 1:38AM Mon	Moon – Red			Bhuloka Day	
Until 5:08PM				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Padua, Italy Sun 25 Sutra 22
Kanya Rasi: 4.34	Tithi 12	Gulika 1:59PM – 3:48PM	Uttaraphalguni Until 2:36PM	Ganesha: Clear	<i>Sunrise:</i> 4:56AM			Sarvari 5122
Family Home Evening		Yama 10:22AM – 12:11PM	Harshana Until 12:10AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:25PM			Moon 4 - Phase 3
		256234469 Rahu 6:45AM – 8:34AM	Bava Until 12:02PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 10:20PM	Moon – Red			Devaloka Day	
				Vaisaka*Chaitra				

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Padua, Italy Sun 26 Sutra 23
Kanya Rasi: 19.31	Tithi 13	Gulika 12:11PM – 2:00PM	Hasta Until 12:05PM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM			Sarvari 5122
		Yama 8:32AM – 10:22AM	Vajra* Until 8:09PM	Muruqa: Clear	<i>Sunset:</i> 7:26PM			Moon 4 - Phase 3
		267234469 Rahu 3:49PM – 5:38PM	Kaulava Until 8:36AM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:48PM	Moon – Green			Devaloka Day	
				Vaisaka*Chaitra				
				<i>Pradosha Vrata</i>				

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau				Padua, Italy Sun 27 Sutra 24
Tula Rasi: 4.34	Tithi 14 – 15	Gulika 10:21AM – 12:11PM	Chitra Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 4:54AM			Sarvari 5122
		Yama 6:43AM – 8:32AM	Siddhi Until 4:06PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM			Moon 4 - Phase 3
		267234469 Rahu 12:11PM – 2:00PM	Visli Until 1:29AM Thu	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:14PM	Moon – Green			Devaloka Day	
				Vaisaka*Chaitra				

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata* Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Padua, Italy Sun 27 Sutra 24
Tula Rasi: 19.37	Tithi 15 – 16	Gulika 8:31AM – 10:21AM	Svati Until 6:28AM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM			Sarvari 5122
		Yama 4:52AM – 6:42AM	Vyatipata* Until 12:09PM	Muruqa: Clear	<i>Sunset:</i> 7:29PM			Moon 4 - Phase 3
		267234469 Rahu 2:00PM – 3:50PM	Balava Until 10:07PM	Nataraja: Clear				Purnima
Creative Work	Amrita Yoga		Purnima* Until 11:45AM	Moon – Green			Devaloka Day	
Until 6:28AM				Vaisaka*Chaitra				
Then Creative Work - Siddha Yoga								

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Padua, Italy Sun 26 Sutra 26
Vrischika Rasi: 4.28	Tithi 16 – 17	Gulika 6:41AM – 8:31AM	Anuradha Until 2:03AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:51AM			Sarvari 5122
		Yama 3:50PM – 5:40PM	Variyan Until 8:25AM	Muruqa: Clear	<i>Sunset:</i> 7:30PM			Moon 4 - Phase 3
		277234469 Rahu 10:21AM – 12:11PM	Taitila Until 7:07PM	Nataraja: Clear				Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:33AM	Moon – Orange			Bhuloka Day	
				Vaisaka*Chaitra			Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda