



Sunday, April 21, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

Mosul, Iraq
Sutra 7

Tula Rasi: 28.28 Tithi 17 – 18

Gulika 3:26PM – 5:06PM
Yama 12:07PM – 1:47PM
274483468 **Rahu** 5:06PM – 6:46PM

Vishakha Until 2:28PM
Vyatipata* Until 12:59AM Mon
Vanija Until 9:23PM
Dvitiya Until 10:01AM

Ganesha: Blue *Sunrise:* 5:27AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Monday, April 22, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Mosul, Iraq
Sun 1 Sutra 8

Vrischika Rasi: 12.05 Tithi 18 – 19

Gulika 1:47PM – 3:27PM
Yama 10:26AM – 12:07PM
274483468 **Rahu** 7:06AM – 8:46AM

Anuradha Until 2:13PM
Variyan Until 11:23PM
Bava Until 8:39PM
Tritiya Until 8:54AM

Ganesha: Blue *Sunrise:* 5:26AM
Muruqa: Yellow *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Family Home Evening
Creative Work Siddha Yoga

Devaloka Day

2

Tuesday, April 23, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 2 Sutra 9

Vrischika Rasi: 25.17 Tithi 19 – 20

Gulika 12:06PM – 1:47PM
Yama 8:46AM – 10:26AM
274483468 **Rahu** 3:27PM – 5:08PM

Jyeshtha* Until 2:35PM
Parigha* Until 10:27PM
Kaulava Until 8:43PM
Chaturthi* Until 8:33AM

Ganesha: Blue *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:48PM
Nataraja: Purple
Moon – Orange
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 2:35PM
Then Creative Work - Amrita Yoga

Devaloka Day

3

Wednesday, April 24, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sun 3 Sutra 10

Dhanus Rasi: 8.04 Tithi 20 – 21

Gulika 10:26AM – 12:06PM
Yama 7:04AM – 8:45AM
284483468 **Rahu** 12:06PM – 1:47PM

Mula* Until 4:04PM
Shiva Until 10:09PM
Gara Until 9:36PM
Panchami Until 9:02AM

Ganesha: Yellow *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:49PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Routine Work Marana Yoga
Until 4:04PM
Then Creative Work - Amrita Yoga

Sivaloka Day

4

Thursday, April 25, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 4 Sutra 11

Dhanus Rasi: 20.29 Tithi 21 – 22

Gulika 8:44AM – 10:25AM
Yama 5:22AM – 7:03AM
284483469 **Rahu** 1:47PM – 3:28PM

Purvashadha* Until 6:08PM
Siddha Until 10:23PM
Visti Until 11:12PM
Shashthi* Until 10:18AM

Ganesha: Yellow *Sunrise:* 5:22AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
1st Phase

Creative Work Siddha Yoga
Until 6:08PM
Then Routine Work - Marana Yoga

Devaloka Day

5

Friday, April 26, 2019
Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 5 Sutra 12

Makara Rasi: 2.38 Tithi 22 – 23

Gulika 7:02AM – 8:43AM
Yama 3:28PM – 5:09PM
284583469 **Rahu** 10:25AM – 12:06PM

Uttarashadha Until 8:35PM
Sadhya Until 11:04PM
Balava Until 1:22AM Sat
Saptami Until 12:13PM

Ganesha: Red *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Ashtami

Routine Work Marana Yoga

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 6 Sutra 13

Makara Rasi: 14.34 Tithi 23 – 24

Gulika 5:20AM – 7:01AM
Yama 1:47PM – 3:28PM
294583469 **Rahu** 8:43AM – 10:24AM

Shravana Until 11:44PM
Subha Until 12:01AM Sun
Taitila Until 3:51AM Sun
Ashtami* Until 2:34PM

Ganesha: Green *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:51PM
Nataraja: Clear
Moon – Purple
Chaitra+Chaitra

Vikarin 5121
Moon 4 - Phase 2
Navami

Creative Work Siddha Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 7 Sutra 14
Makara Rasi: 26.25	Tithi 24 – 25	Gulika 3:29PM – 5:11PM	Dhanishtha Until 2:48AM Mon	Ganesha: Green	<i>Sunrise:</i> 5:19AM	Vikarin 5121
		Yama 12:05PM – 1:47PM	Sukla Until 1:01AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
	294583469	Rahu 5:11PM – 6:52PM	Vanija Until 6:24AM Mon	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 5:06PM	Moon – Purple		Bhuloka Day
Until 2:48AM Mon				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Vishti* Karana Dashamyam Titau				Mosul, Iraq Sun 8 Sutra 15
Kumbha Rasi: 8.14	Tithi 25	Gulika 1:47PM – 3:29PM	Shatabhishak Until 5:34AM Tue	Ganesha: Green	<i>Sunrise:</i> 5:18AM	Vikarin 5121
Family Home Evening		Yama 10:23AM – 12:05PM	Brahma Until 1:57AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:00AM – 8:42AM	Vanija Until 6:24AM	Nataraja: Clear		2nd Phase
Until 5:34AM Tue			Dashami Until 7:36PM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 9 Sutra 16
Kumbha Rasi: 20.07	Tithi 26	Gulika 12:05PM – 1:47PM	Purvaproshtapada* Until 8:21AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:17AM	Vikarin 5121
		Yama 8:41AM – 10:23AM	Indra Until 2:39AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
	214583469	Rahu 3:30PM – 5:12PM	Bava Until 8:46AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 9:49PM	Moon – Clear		Bhuloka Day
Until 8:21AM Wed				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Taitilla Karana Dvadashyam Titau				Mosul, Iraq Sun 10 Sutra 17
Meena Rasi: 2.08	Tithi 27	Gulika 10:23AM – 12:05PM	Purvaproshtapada* Until 8:21AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama 6:58AM – 8:40AM	Vaidhriti* Until 2:59AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:55PM	Moon 4 - Phase 3
	214583469	Rahu 12:05PM – 1:47PM	Kaulava Until 10:47AM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 11:36PM	Moon – Clear		Bhuloka Day
Until 8:21AM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq Sun 11 Sutra 18
Meena Rasi: 14.2	Tithi 28	Gulika 8:40AM – 10:22AM	Uttaraproshtapada Until 10:31AM	Ganesha: Light Blue	<i>Sunrise:</i> 5:14AM	Vikarin 5121
		Yama 5:14AM – 6:57AM	Vishkambha* Until 2:56AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
	215583469	Rahu 1:48PM – 3:30PM	Gara Until 12:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 12:52AM Fri	Moon – Clear		Bhuloka Day
Until 12:01PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq Sun 12 Sutra 19
Meena Rasi: 26.45	Tithi 29	Gulika 6:56AM – 8:39AM	Revati Until 12:01PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:13AM	Vikarin 5121
		Yama 3:31PM – 5:14PM	Priti Until 2:28AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 3
	215583469	Rahu 10:22AM – 12:05PM	Visti Until 1:19PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 1:36AM Sat	Moon – Clear		Bhuloka Day
Until 12:01PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 20
Mesha Rasi: 9.25	Tithi 30	Gulika 5:12AM – 6:55AM	Ashvini Until 1:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:12AM	Vikarin 5121
		Yama 1:48PM – 3:31PM	Ayushman Until 1:34AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
	225583469	Rahu 8:38AM – 10:22AM	Catuspada Until 1:47PM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:47AM Sun	Moon – White		Bhuloka Day
Until 1:55PM				Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 21
Mesha Rasi: 22.2	Tithi 1	Gulika 3:31PM – 5:15PM	Bharani Until 1:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:11AM	Vikarin 5121
		Yama 12:05PM – 1:48PM	Saubhagya Until 12:18AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
	225583469	Rahu 5:15PM – 6:58PM	Kintughna Until 1:43PM	Nataraja: Clear		Prathama
Routine Work	Prabalarishta Yoga		Prathama* Until 1:30AM Mon	Moon – White		Bhuloka Day
Until 1:55PM				Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq Sun 15 Sutra 22
1		Gulika 1:48PM – 3:32PM	Krittika Until 1:58PM	Ganesha: Purple	<i>Sunrise:</i> 5:10AM	Vikarin 5121
Vrishabha Rasi: 5.29	Tithi 2	Yama 10:21AM – 12:05PM	Sobhana Until 10:43PM	Muruqa: Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:54AM – 8:37AM	Balava Until 1:13PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 12:49AM Tue	Moon – White	Bhuloka Day	
Until 1:58PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 23
2		Gulika 12:04PM – 1:48PM	Rohini Until 1:56PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:09AM	Vikarin 5121
Vrishabha Rasi: 18.52	Tithi 3	Yama 8:37AM – 10:21AM	Athiganda* Until 8:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
235583469		Rahu 3:32PM – 5:16PM	Taitila Until 12:21PM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Tritiya Until 11:46PM	Moon – Yellow	Bhuloka Day	
Until 1:56PM		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq Sun 17 Sutra 24
3		Gulika 10:20AM – 12:04PM	Mrigashira Until 1:27PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:08AM	Vikarin 5121
Mithuna Rasi: 2.25	Tithi 4	Yama 6:52AM – 8:36AM	Sukarma Until 6:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
235583469		Rahu 12:04PM – 1:48PM	Vanija Until 11:10AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 10:27PM	Moon – Yellow	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 25
4		Gulika 8:36AM – 10:20AM	Ardra Until 12:35PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:07AM	Vikarin 5121
Mithuna Rasi: 16.07	Tithi 5	Yama 5:07AM – 6:51AM	Dhriti Until 4:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
235583469		Rahu 1:49PM – 3:33PM	Bava Until 9:43AM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Panchami Until 8:54PM	Moon – Yellow	Bhuloka Day	
Until 12:35PM				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 19 Sutra 26
5		Gulika 6:51AM – 8:35AM	Punarvasu Until 11:48AM	Ganesha: Orange	<i>Sunrise:</i> 5:06AM	Vikarin 5121
Mithuna Rasi: 29.58	Tithi 6	Yama 3:33PM – 5:18PM	Shula* Until 1:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
245583469		Rahu 10:20AM – 12:04PM	Kaulava Until 8:04AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 7:09PM	Moon – Blue	Devaloka Day	
Until 11:48AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 20 Sutra 27
6		Gulika 5:05AM – 6:50AM	Pushya Until 10:40AM	Ganesha: Orange	<i>Sunrise:</i> 5:05AM	Vikarin 5121
Kataka Rasi: 13.55	Tithi 7 – 8	Yama 1:49PM – 3:34PM	Ganda* Until 11:22AM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
245583469		Rahu 8:35AM – 10:20AM	Gara Until 6:13AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 5:12PM	Moon – Blue	Devaloka Day	
Until 10:40AM				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 21 Sutra 28
Retreat Star		Gulika 3:34PM – 5:19PM	Ashlesha* Until 9:14AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Vikarin 5121
Kataka Rasi: 28	Tithi 8 – 9	Yama 12:04PM – 1:49PM	Vridhhi Until 8:38AM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 4
246583469		Rahu 5:19PM – 7:04PM	Balava Until 2:00AM Mon	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga			Ashtami* Until 3:05PM	Moon – Blue	Devaloka Day	
Until 9:14AM		Mother's Day		Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						


Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 22 Sutra 29
Retreat Star		Gulika 1:49PM – 3:35PM	Magha* Until 7:55AM	Ganesha: White	<i>Sunrise:</i> 5:04AM	Vikarin 5121
Simha Rasi: 12.11	Tithi 9 – 10	Yama 10:19AM – 12:04PM	Vyaghata* Until 2:46AM Tue	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 4
256583469		Rahu 6:49AM – 8:34AM	Taitila Until 11:41PM	Nataraja: Clear		Navami
Family Home Evening			Navami* Until 12:50PM	Moon – Red	Bhuloka Day	
Routine Work Marana Yoga				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Until 7:55AM						
Then Creative Work - Siddha Yoga						

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 23 Sutra 30
Simha Rasi: 26.26	Tithi 10 – 11	Gulika	12:04PM – 1:50PM	Purvaphalguni Until 6:22AM	Ganesha: White	<i>Sunrise:</i> 5:03AM	Vikarin 5121	
		Yama	8:33AM – 10:19AM	Harshana Until 11:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5	
		256583469 Rahu	3:35PM – 5:20PM	Vanija Until 9:19PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 10:29AM	Moon – Red		Bhuloka Day	
Until 6:22AM					Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sun 24 Sutra 31
Kanya Rasi: 10.44	Tithi 11 – 12	Gulika	10:19AM – 12:04PM	Hasta Until 3:11AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:02AM	Vikarin 5121	
		Yama	6:47AM – 8:33AM	Vajra* Until 8:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
		266583469 Rahu	12:04PM – 1:50PM	Bava Until 6:56PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 8:06AM	Moon – Green		Devaloka Day	
Until 3:11AM Thu					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga								

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 25 Sutra 32
Kanya Rasi: 24.59	Tithi 13	Gulika	8:33AM – 10:18AM	Chitra Until 1:45AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:01AM	Vikarin 5121	
		Yama	5:01AM – 6:47AM	Siddhi Until 5:49PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
		266583469 Rahu	1:50PM – 3:36PM	Kaulava Until 4:39PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 3:34AM Fri	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			
					<i>Pradosha Vrata</i>			

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 26 Sutra 33
Tula Rasi: 9.09	Tithi 14	Gulika	6:46AM – 8:32AM	Svati Until 12:26AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 5:00AM	Vikarin 5121	
		Yama	3:36PM – 5:22PM	Vyatipata* Until 3:05PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5	
		266583469 Rahu	10:18AM – 12:04PM	Gara Until 2:35PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:39AM Sat	Moon – Green		Devaloka Day	
					Vaisaka-Vaikasi			

		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sun 27 Sutra 34
Copper Retreat Star		Gulika	5:00AM – 6:46AM	Vishakha Until 11:48PM	Ganesha: Blue	<i>Sunrise:</i> 5:00AM	Vikarin 5121	
Tula Rasi: 23.07	Tithi 15	Yama	1:50PM – 3:37PM	Variyan Until 12:37PM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5	
		277583469 Rahu	8:32AM – 10:18AM	Visti Until 12:52PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 12:09AM Sun	Moon – Orange		Bhuloka Day	
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5		Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 28 Sutra 35
Silver Retreat Star		Gulika	3:37PM – 5:23PM	Anuradha Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121	
Vrischika Rasi: 6.5	Tithi 16	Yama	12:04PM – 1:51PM	Parigha* Until 10:32AM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 5	
		277583469 Rahu	5:23PM – 7:10PM	Balava Until 11:36AM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga			Prathama* Until 11:10PM	Moon – Orange		Devaloka Day	
					Vaisaka-Vaikasi			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 20.13 Tithi 17
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:51PM – 3:37PM
Yama 10:18AM – 12:04PM
Rahu 6:45AM – 8:31AM

Jyeshtha* Until 11:47PM
Shiva Until 8:56AM
Taitila Until 10:56AM
Dvitiya Until 10:49PM

Ganesha: Yellow *Sunrise:* 4:58AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Orange

Vaisaka-Vaikasi

Mosul, Iraq
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 3.15 Tithi 18
Family Home Evening
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:04PM – 1:51PM
Yama 8:31AM – 10:18AM
Rahu 3:38PM – 5:25PM

Mula* Until 12:59AM Wed
Siddha Until 7:50AM
Vanija Until 10:55AM
Tritiya Until 11:10PM

Ganesha: Red *Sunrise:* 4:57AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Mosul, Iraq
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 15.57 Tithi 19
Family Home Evening
Creative Work Amrita Yoga
Until 2:43AM Thu
Then Routine Work - Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:18AM – 12:04PM
Yama 6:44AM – 8:31AM
Rahu 12:04PM – 1:51PM

Purvashadha* Until 2:43AM Thu
Sadhya Until 7:18AM
Bava Until 11:37AM
Chaturthi* Until 12:12AM Thu

Ganesha: Red *Sunrise:* 4:57AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Mosul, Iraq
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Dhanus Rasi: 28.2 Tithi 20
Family Home Evening
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:30AM – 10:17AM
Yama 4:56AM – 6:43AM
Rahu 1:52PM – 3:39PM

Uttarashadha Until 4:52AM Fri
Subha Until 7:19AM
Kaulava Until 12:59PM
Panchami Until 1:51AM Fri

Ganesha: Red *Sunrise:* 4:56AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Light Blue

Vaisaka-Vaikasi

Mosul, Iraq
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 10.28 Tithi 21
Family Home Evening
Routine Work Marana Yoga
Until 7:47AM Sat
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:43AM – 8:30AM
Yama 3:39PM – 5:26PM
Rahu 10:17AM – 12:05PM

Shravana Until 7:47AM Sat
Sukla Until 7:45AM
Gara Until 2:54PM
Shashthi* Until 3:59AM Sat

Ganesha: Green *Sunrise:* 4:56AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Mosul, Iraq
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 22.26 Tithi 22
Family Home Evening
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:55AM – 6:42AM
Yama 1:52PM – 3:40PM
Rahu 8:30AM – 10:17AM

Shravana Until 7:47AM
Brahma Until 8:31AM
Visti Until 5:11PM
Saptami Until 6:22AM Sun

Ganesha: Green *Sunrise:* 4:55AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Mosul, Iraq
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Sunday, May 26, 2019

Retreat Star

Kumbha Rasi: 4.19 Tithi 22 – 23
Family Home Evening
Routine Work Marana Yoga
Until 10:44AM
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 3:40PM – 5:28PM
Yama 12:05PM – 1:52PM
Rahu 5:28PM – 7:15PM

Dhanishtha Until 10:44AM
Indra Until 9:29AM
Balava Until 7:37PM
Saptami Until 6:22AM

Ganesha: Blue *Sunrise:* 4:55AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Mosul, Iraq
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 16.1 Tithi 23 – 24
Family Home Evening
Creative Work Siddha Yoga
Until 1:32PM
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:53PM – 3:40PM
Yama 10:17AM – 12:05PM
Rahu 6:42AM – 8:29AM

Shatabhishak Until 1:32PM
Vaidhriti* Until 10:25AM
Taitila Until 9:57PM
Ashtami* Until 8:47AM

Ganesha: Blue *Sunrise:* 4:54AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – Purple

Vaisaka-Vaikasi

Mosul, Iraq
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day

1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Mosul, Iraq
Kumbha Rasi: 28.06	Tithi 24 – 25	Gulika	12:05PM – 1:53PM	Purvaproshtapada* Until 4:26PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	Sun 9	Sutra 44
		Yama	8:29AM – 10:17AM	Vishkambha* Until 11:12AM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM		Vikarin 5121
		318683469 Rahu	3:41PM – 5:29PM	Vanija Until 12:00AM Wed	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Navami* Until 11:00AM	Moon – Clear		Sivaloka Day	2nd Phase
Until 4:26PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Mosul, Iraq
Meena Rasi: 10.1	Tithi 25 – 26	Gulika	10:17AM – 12:05PM	Uttaraproshtapada Until 6:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Sun 10	Sutra 45
		Yama	6:41AM – 8:29AM	Priti Until 11:43AM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM		Vikarin 5121
		318683469 Rahu	12:05PM – 1:53PM	Bava Until 1:34AM Thu	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Dashami Until 12:50PM	Moon – Clear		Sivaloka Day	2nd Phase
Until 6:45PM					Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq
Meena Rasi: 22.26	Tithi 26 – 27	Gulika	8:29AM – 10:17AM	Revati Until 8:22PM	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Sun 11	Sutra 46
		Yama	4:53AM – 6:41AM	Ayushman Until 11:47AM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM		Vikarin 5121
		318683469 Rahu	1:53PM – 3:42PM	Kaulava Until 2:33AM Fri	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 2:07PM	Moon – Clear		Sivaloka Day	2nd Phase
Until 8:22PM					Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq
Mesha Rasi: 4.58	Tithi 27 – 28	Gulika	6:41AM – 8:29AM	Ashvini Until 9:42PM	Ganesha: Clear	<i>Sunrise:</i> 4:52AM	Sun 12	Sutra 47
		Yama	3:42PM – 5:30PM	Saubhagya Until 11:23AM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM		Vikarin 5121
		328683469 Rahu	10:17AM – 12:05PM	Gara Until 2:54AM Sat	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 2:47PM	Moon – White		Devaloka Day	2nd Phase
Until 9:42PM					Vaisaka-Vaikasi			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Mosul, Iraq
Mesha Rasi: 17.48	Tithi 28 – 29	Gulika	4:52AM – 6:40AM	Bharani Until 10:14PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Sun 13	Sutra 48
		Yama	1:54PM – 3:42PM	Sobhana Until 10:30AM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM		Vikarin 5121
		329683469 Rahu	8:29AM – 10:17AM	Visti Until 2:37AM Sun	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 2:49PM	Moon – White		Bhuloka Day	2nd Phase
Until 10:14PM					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Mosul, Iraq
Vrishabha Rasi: 0.56	Tithi 29 – 30	Gulika	3:43PM – 5:31PM	Krittika Until 10:02PM	Ganesha: White	<i>Sunrise:</i> 4:52AM	Sun 14	Sutra 49
		Yama	12:06PM – 1:54PM	Athiganda* Until 9:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM		Vikarin 5121
		329683469 Rahu	5:31PM – 7:20PM	Catuspada Until 1:44AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 2:14PM	Moon – White		Bhuloka Day	Amavasya
					Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Monday, June 3, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Mosul, Iraq
Vrishabha Rasi: 14.24	Tithi 30 – 1	Gulika	1:54PM – 3:43PM	Rohini Until 9:37PM	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Sun 15	Sutra 50
Family Home Evening		Yama	10:17AM – 12:06PM	Sukarma Until 7:14AM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM		Vikarin 5121
		339683469 Rahu	6:40AM – 8:29AM	Kintughna Until 12:22AM Tue	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Amavasya* Until 1:05PM	Moon – Yellow		Bhuloka Day	Prathama
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 16 Sutra 51 Vikarin 5121
339683461	Gulika Yama Rahu	12:06PM – 1:55PM 8:28AM – 10:17AM 3:44PM – 5:32PM	Mrigashira Until 8:39PM Shula* Until 2:28AM Wed Balava Until 10:35PM Prathama* Until 11:30AM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 4:51AM Sunset: 7:21PM		Moon 5 - Phase 8 3rd Phase	
Creative Work Siddha Yoga Until 8:39PM Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM				

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq Sun 17 Sutra 52 Vikarin 5121
339683461	Gulika Yama Rahu	10:17AM – 12:06PM 6:40AM – 8:28AM 12:06PM – 1:55PM	Ardra Until 7:14PM Ganda* Until 11:42PM Taitila Until 8:31PM Dvitiya Until 9:34AM	Ganesha: Green Muruqa: Yellow Nataraja: Yellow Moon – Yellow	Sunrise: 4:51AM Sunset: 7:22PM		Moon 5 - Phase 8 3rd Phase	
Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM				

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Mosul, Iraq Sun 18 Sutra 53 Vikarin 5121
349683461	Gulika Yama Rahu	8:28AM – 10:17AM 4:50AM – 6:39AM 1:55PM – 3:44PM	Punarvasu Until 5:55PM Vridhi Until 8:48PM Vanija Until 6:15PM Tritiya Until 7:23AM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:50AM Sunset: 7:22PM		Moon 5 - Phase 8 3rd Phase	
Creative Work Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM				

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 19 Sutra 54 Vikarin 5121
349683461	Gulika Yama Rahu	6:39AM – 8:28AM 3:45PM – 5:34PM 10:17AM – 12:07PM	Pushya Until 4:21PM Dhruva Until 5:49PM Bava Until 3:54PM Panchami Until 2:42AM Sat	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:50AM Sunset: 7:23PM		Moon 5 - Phase 8 3rd Phase	
Routine Work Marana Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM				

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 20 Sutra 55 Vikarin 5121
349683461	Gulika Yama Rahu	4:50AM – 6:39AM 1:56PM – 3:45PM 8:28AM – 10:18AM	Ashlesha* Until 2:38PM Vyaghata* Until 2:50PM Kaulava Until 1:32PM Shashthi* Until 12:20AM Sun	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 4:50AM Sunset: 7:23PM		Moon 5 - Phase 8 3rd Phase	
Routine Work Marana Yoga Until 2:38PM Then Creative Work - Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM				

6		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq Sun 21 Sutra 56 Vikarin 5121
351683461	Gulika Yama Rahu	3:45PM – 5:35PM 12:07PM – 1:56PM 5:35PM – 7:24PM	Magha* Until 1:14PM Harshana Until 11:53AM Gara Until 11:12AM Saptami Until 10:03PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:50AM Sunset: 7:24PM		Moon 5 - Phase 8 3rd Phase	
Routine Work Marana Yoga Until 1:14PM Then Creative Work - Siddha Yoga				Devaloka Day				

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq Sun 22 Sutra 57 Vikarin 5121
351683461	Gulika Yama Rahu	1:56PM – 3:46PM 10:18AM – 12:07PM 6:39AM – 8:28AM	Purvaphalguni Until 11:48AM Vajra* Until 9:00AM Visti Until 8:58AM Ashtami* Until 7:52PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:50AM Sunset: 7:24PM		Moon 5 - Phase 8 Ashtami	
Simha Rasi: 23.14 Family Home Evening Creative Work Siddha Yoga				Devaloka Day				


Retreat Star		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 58 Vikarin 5121
351683461	Gulika Yama Rahu	12:07PM – 1:57PM 8:29AM – 10:18AM 3:46PM – 5:35PM	Uttaraphalguni Until 10:21AM Siddhi Until 6:14AM Balava Until 6:51AM Navami* Until 5:49PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:50AM Sunset: 7:25PM		Moon 5 - Phase 8 Navami	
Creative Work Amrita Yoga Until 10:21AM Then Creative Work - Siddha Yoga				Devaloka Day				

1		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Varyian Yoga Gara/Varija Karana Dashami/Ekadashyam Titau		Mosul, Iraq Sun 24 Sutra 59 Vikarin 5121
Kanya Rasi: 21.23	Tithi 10 – 11	Gulika 10:18AM – 12:07PM	Hasta Until 9:21AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
		Yama 6:39AM – 8:29AM	Variyan Until 1:07AM Thu	Muruqa: Yellow	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 9
	361683461	Rahu 12:07PM – 1:57PM	Varija Until 3:08AM Thu	Nataraja: Yellow		4th Phase
Routine Work	Marana Yoga		Dashami Until 3:58PM	Moon – Green	Bhuloka Day	
Until 9:21AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

2		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq Sun 25 Sutra 60 Vikarin 5121
Tula Rasi: 5.16	Tithi 11 – 12	Gulika 8:29AM – 10:18AM	Chitra Until 8:25AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
		Yama 4:50AM – 6:39AM	Parigha* Until 10:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 9
	361683461	Rahu 1:57PM – 3:47PM	Bava Until 1:39AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 2:20PM	Moon – Green	Bhuloka Day	
Until 8:25AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

3		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq Sun 26 Sutra 61 Vikarin 5121
Tula Rasi: 18.59	Tithi 12 – 13	Gulika 6:39AM – 8:29AM	Svati Until 7:37AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
		Yama 3:47PM – 5:36PM	Shiva Until 8:52PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 9
	361693461	Rahu 10:18AM – 12:08PM	Kaulava Until 12:29AM Sat	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:00PM	Moon – Green	Devaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi		
			<i>Pradosha Vrata</i>			

4		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Mosul, Iraq Sun 27 Sutra 62 Vikarin 5121
Vrischika Rasi: 2.31	Tithi 13 – 14	Gulika 4:50AM – 6:39AM	Vishakha Until 7:27AM	Ganesha: Clear	<i>Sunrise:</i> 4:50AM	
		Yama 1:58PM – 3:47PM	Siddha Until 7:09PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 5 - Phase 9
	371693461	Rahu 8:29AM – 10:18AM	Gara Until 11:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 12:01PM	Moon – Orange	Sivaloka Day	
				Jyeshtha-Ani		

		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Varija/Visti* Karana Chaturdashi/Purnimayam Titau		Mosul, Iraq Sutra 63 Vikarin 5121
Copper Retreat Star		Gulika 3:48PM – 5:37PM	Anuradha Until 7:33AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
Vrischika Rasi: 15.48	Tithi 14 – 15	Yama 12:08PM – 1:58PM	Sadhya Until 5:49PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	371793461	Rahu 5:37PM – 7:27PM	Visti Until 11:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 11:29AM	Moon – Orange	Subha Sivaloka Day	
		Father's Day		Jyeshtha-Ani		

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Mosul, Iraq Sutra 64 Vikarin 5121
Vrischika Rasi: 28.5	Tithi 15 – 16	Gulika 1:58PM – 3:48PM	Jyeshtha* Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	
Family Home Evening		Yama 10:19AM – 12:08PM	Subha Until 4:55PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 5 - Phase 9
	371793461	Rahu 6:40AM – 8:29AM	Balava Until 11:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:27AM	Moon – Orange	Subha Sivaloka Day	
				Jyeshtha-Ani		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Tilau

Mosul, Iraq
Sutra 65

Dhanus Rasi: 12 Tithi 16 - 17

381793461

Gulika 12:09PM - 1:58PM
Yama 8:29AM - 10:19AM
Rahu 3:48PM - 5:38PM

Mula* Until 9:16AM
Sukla Until 4:26PM
Taitila Until 12:28AM Wed
Prathama* Until 11:58AM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:27PM

Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 9:16AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Tilau

Mosul, Iraq
Sutra 66

Dhanus Rasi: 24.06 Tithi 17 - 18

382793461

Gulika 10:19AM - 12:09PM
Yama 6:40AM - 8:30AM
Rahu 12:09PM - 1:59PM

Purvashadha* Until 10:57AM
Brahma Until 4:24PM
Vanija Until 1:49AM Thu
Dvitiya Until 1:03PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:28PM

Sun 1
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Trilya/Chatrthyam Tilau

Mosul, Iraq
Sutra 67

Makara Rasi: 6.22 Tithi 18 - 19

382793461

Gulika 8:30AM - 10:19AM
Yama 4:50AM - 6:40AM
Rahu 1:59PM - 3:49PM

Uttarashadha Until 12:59PM
Indra Until 4:47PM
Bava Until 3:40AM Fri
Tritya Until 2:40PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:50AM
Sunset: 7:28PM

Sun 2
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 12:59PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau

Mosul, Iraq
Sutra 68

Makara Rasi: 18.27 Tithi 19 - 20

392793461

Gulika 6:40AM - 8:30AM
Yama 3:49PM - 5:38PM
Rahu 10:20AM - 12:09PM

Shravana Until 3:46PM
Vaidhriti* Until 5:27PM
Kaulava Until 5:51AM Sat
Chaturthi* Until 4:42PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:28PM

Sun 3
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 3:46PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vishkambha* Yoga Taitila Karana Panchamyam Tilau

Mosul, Iraq
Sutra 69

Kumbha Rasi: 0.23 Tithi 20

392793461

Gulika 4:51AM - 6:40AM
Yama 1:59PM - 3:49PM
Rahu 8:30AM - 10:20AM

Dhanishtha Until 6:39PM
Vishkambha* Until 6:21PM
Taitila Until 7:00PM
Panchami Until 7:00PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:28PM

Sun 4
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 6:39PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Tilau

Mosul, Iraq
Sutra 70

Kumbha Rasi: 12.16 Tithi 21

392793461

Gulika 3:49PM - 5:39PM
Yama 12:10PM - 1:59PM
Rahu 5:39PM - 7:29PM

Shatabhishak Until 9:27PM
Priti Until 7:20PM
Gara Until 8:13AM
Shashthi* Until 9:24PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:29PM

Sun 5
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Tilau

Mosul, Iraq
Sutra 71

Kumbha Rasi: 24.08 Tithi 22

312793461

Gulika 2:00PM - 3:49PM
Yama 10:20AM - 12:10PM
Rahu 6:41AM - 8:31AM

Purvaproshtapada* Until 12:29AM Tue
Ayushman Until 8:12PM
Visti Until 10:35AM
Saptami Until 11:41PM

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:51AM
Sunset: 7:29PM

Sun 6
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 12:29AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Tilau

Mosul, Iraq
Sutra 72

Meena Rasi: 6.05 Tithi 23

312793461

Gulika 12:10PM - 2:00PM
Yama 8:31AM - 10:21AM
Rahu 3:49PM - 5:39PM

Uttaraproshtapada Until 3:03AM Wed
Saubhagya Until 8:53PM
Balava Until 12:45PM
Ashtami* Until 1:40AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:52AM
Sunset: 7:29PM

Sun 7
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 3:03AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Tilau

Mosul, Iraq
Sutra 73

Meena Rasi: 18.09 Tithi 24

312793461

Gulika 10:21AM - 12:10PM
Yama 6:41AM - 8:31AM
Rahu 12:10PM - 2:00PM

Revati Until 4:59AM Thu
Sobhana Until 9:14PM
Taitila Until 2:31PM
Navami* Until 3:10AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:52AM
Sunset: 7:29PM

Sun 8
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 4:59AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Mosul, Iraq Sutra 74
Mesha Rasi: 0.26	Tithi 25	Gulika 8:31AM – 10:21AM	Ashvini Until 6:38AM Fri	Ganesha: Blue	Sunrise: 4:52AM		Vikarin 5121	
		Yama 4:52AM – 6:42AM	Athiganda* Until 9:06PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		2nd Phase
	322793461	Rahu 2:00PM – 3:50PM	Vanija Until 3:43PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Dashami Until 4:04AM Fri	Moon – White				Devaloka Day
Until 6:38AM Fri				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Mosul, Iraq Sutra 75
Mesha Rasi: 12.59	Tithi 26	Gulika 6:42AM – 8:32AM	Ashvini Until 6:38AM	Ganesha: Blue	Sunrise: 4:53AM		Vikarin 5121	
		Yama 3:50PM – 5:39PM	Sukarma Until 8:27PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		2nd Phase
	322793461	Rahu 10:21AM – 12:11PM	Bava Until 4:16PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Ekadashi* Until 4:15AM Sat	Moon – White				Devaloka Day
Until 6:38AM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 11		Mosul, Iraq Sutra 76
Mesha Rasi: 25.52	Tithi 27	Gulika 4:53AM – 6:42AM	Bharani Until 7:26AM	Ganesha: Blue	Sunrise: 4:53AM		Vikarin 5121	
		Yama 2:00PM – 3:50PM	Dhriti Until 7:14PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		2nd Phase
	322793461	Rahu 8:32AM – 10:21AM	Kaulava Until 4:06PM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Dvadashi* Until 3:43AM Sun	Moon – White				Devaloka Day
Until 7:26AM				Jyeshtha-Ani				
Then Creative Work - Amrita Yoga								
4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 12		Mosul, Iraq Sutra 77
Vrishabha Rasi: 9.08	Tithi 28	Gulika 3:50PM – 5:40PM	Krittika Until 7:22AM	Ganesha: Blue	Sunrise: 4:53AM		Vikarin 5121	
		Yama 12:11PM – 2:01PM	Shula* Until 5:25PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		2nd Phase
	322793461	Rahu 5:40PM – 7:29PM	Gara Until 3:12PM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Trayodashi* Until 2:29AM Mon	Moon – White				Devaloka Day
				Jyeshtha-Ani				
			<i>Pradosha Vrata (Fasting)</i>					
5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Mosul, Iraq Sutra 78
Vrishabha Rasi: 22.47	Tithi 29	Gulika 2:01PM – 3:50PM	Rohini Until 6:56AM	Ganesha: Blue	Sunrise: 4:54AM		Vikarin 5121	
Family Home Evening		Yama 10:22AM – 12:11PM	Ganda* Until 3:06PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		2nd Phase
	332793461	Rahu 6:43AM – 8:33AM	Visti Until 1:39PM	Nataraja: Yellow				
Creative Work	Amrita Yoga		Chaturdashi* Until 12:39AM Tue	Moon – Yellow				Devaloka Day
				Jyeshtha-Ani				
Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Mosul, Iraq Sutra 79
Mithuna Rasi: 6.48	Tithi 30	Gulika 12:12PM – 2:01PM	Ardra Until 3:59AM Wed	Ganesha: Blue	Sunrise: 4:54AM		Vikarin 5121	
		Yama 8:33AM – 10:22AM	Vridhhi Until 12:20PM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		Amavasya
	332793461	Rahu 3:50PM – 5:40PM	Catuspada Until 11:33AM	Nataraja: Yellow				
Routine Work	Marana Yoga		Amavasya* Until 10:18PM	Moon – Yellow				Devaloka Day
Until 3:59AM Wed				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 15		Mosul, Iraq Sutra 80
Mithuna Rasi: 21.07	Tithi 1	Gulika 10:22AM – 12:12PM	Punarvasu Until 2:08AM Thu	Ganesha: Yellow	Sunrise: 4:55AM		Vikarin 5121	
		Yama 6:44AM – 8:33AM	Dhruva Until 9:12AM	Muruqa: Blue	Sunset: 7:29PM	Moon 6 - Phase 11		Prathama
	343793461	Rahu 12:12PM – 2:01PM	Kintughna Until 9:00AM	Nataraja: Yellow				
Creative Work	Siddha Yoga		Prathama* Until 7:36PM	Moon – Blue				Sivaloka Day
Until 2:08AM Thu				Ashada-Ani				
Then Creative Work - Amrita Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Mosul, Iraq Sun 16 Sutra 81
Kataka Rasi: 5.4	Tithi 2 – 3	Gulika 8:34AM – 10:23AM	Pushya Until 11:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Vikarin 5121	
		Yama 4:55AM – 6:44AM	Harshana Until 2:19AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12	
		343793461 Rahu 2:01PM – 3:50PM	Balava Until 6:10AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 4:39PM	Moon – Blue		Sivaloka Day	
Until 11:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Mosul, Iraq Sun 17 Sutra 82
Kataka Rasi: 20.21	Tithi 3 – 4	Gulika 6:45AM – 8:34AM	Ashlesha* Until 9:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Vikarin 5121	
		Yama 3:50PM – 5:39PM	Vajra* Until 10:45PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 6 - Phase 12	
		343793461 Rahu 10:23AM – 12:12PM	Vanija Until 12:08AM Sat	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 1:37PM	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Mosul, Iraq Sun 18 Sutra 83
Simha Rasi: 5.02	Tithi 4 – 5	Gulika 4:56AM – 6:45AM	Magha* Until 7:37PM	Ganesha: White	<i>Sunrise:</i> 4:56AM	Vikarin 5121	
		Yama 2:01PM – 3:50PM	Siddhi Until 7:17PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
		353793461 Rahu 8:34AM – 10:23AM	Bava Until 9:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 10:37AM	Moon – Red		Subha Sivaloka Day	
Until 7:37PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Mosul, Iraq Sun 19 Sutra 84
Simha Rasi: 19.37	Tithi 5 – 6	Gulika 3:50PM – 5:39PM	Purvaphalguni Until 5:40PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Vikarin 5121	
		Yama 12:12PM – 2:01PM	Vyatipata* Until 3:59PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
		453793461 Rahu 5:39PM – 7:28PM	Kaulava Until 6:27PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 7:46AM	Moon – Red		Sivaloka Day	
Until 5:40PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau			Mosul, Iraq Sun 20 Sutra 85
Kanya Rasi: 4.02	Tithi 7	Gulika 2:01PM – 3:50PM	Uttaraphalguni Until 3:52PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Vikarin 5121	
Family Home Evening		Yama 10:24AM – 12:13PM	Variyan Until 12:53PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
		453793461 Rahu 6:46AM – 8:35AM	Gara Until 4:00PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 2:53AM Tue	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau			Mosul, Iraq Sun 21 Sutra 86
Kanya Rasi: 18.14	Tithi 8	Gulika 12:13PM – 2:01PM	Hasta Until 2:43PM	Ganesha: White	<i>Sunrise:</i> 4:58AM	Vikarin 5121	
		Yama 8:35AM – 10:24AM	Parigha* Until 10:06AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 6 - Phase 12	
		463793461 Rahu 3:50PM – 5:39PM	Visti Until 1:54PM	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 1:00AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau			Mosul, Iraq Sun 22 Sutra 87
Tula Rasi: 2.1	Tithi 9	Gulika 10:24AM – 12:13PM	Chitra Until 1:50PM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Vikarin 5121	
		Yama 6:47AM – 8:36AM	Shiva Until 7:39AM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12	
		463893461 Rahu 12:13PM – 2:01PM	Balava Until 12:14PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 11:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 88
	Tula Rasi: 15.5	Tithi 10	Gulika 8:36AM – 10:24AM	Svati Until 1:15PM	Ganesha: Yellow	<i>Sunrise:</i> 4:59AM	Vikarin 5121
			Yama 4:59AM – 6:47AM	Sadhya Until 3:48AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	463893461		Rahu 2:01PM – 3:50PM	Taitila Until 11:00AM	Nataraja: Yellow		4th Phase
Creative Work Amrita Yoga			Dashami Until 10:32PM	Ashada*Ani	Sivaloka Day		
Until 1:15PM							
Then Creative Work - Siddha Yoga							

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 89
	Tula Rasi: 29.14	Tithi 11	Gulika 6:48AM – 8:36AM	Vishakha Until 1:25PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 3:50PM – 5:38PM	Subha Until 2:28AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 13
	473893461		Rahu 10:25AM – 12:13PM	Vanija Until 10:13AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 10:00PM	Ashada*Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 90
	Vrischika Rasi: 12.23	Tithi 12	Gulika 5:00AM – 6:48AM	Anuradha Until 1:54PM	Ganesha: White	<i>Sunrise:</i> 5:00AM	Vikarin 5121
			Yama 2:01PM – 3:50PM	Sukla Until 1:29AM Sun	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	473893461		Rahu 8:37AM – 10:25AM	Bava Until 9:56AM	Nataraja: Yellow		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:56PM	Ashada*Ani	Devaloka Day		

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 91
	Vrischika Rasi: 25.17	Tithi 13	Gulika 3:50PM – 5:38PM	Jyeshtha* Until 2:43PM	Ganesha: White	<i>Sunrise:</i> 5:01AM	Vikarin 5121
			Yama 12:13PM – 2:01PM	Brahma Until 12:53AM Mon	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	473893461		Rahu 5:38PM – 7:26PM	Kaulava Until 10:07AM	Nataraja: Yellow		4th Phase
Routine Work Marana Yoga			Trayodashi Until 10:22PM	Ashada*Ani	Devaloka Day		
Until 2:43PM							
Then Creative Work - Amrita Yoga							
<i>Pradosha Vrata</i>							

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 92
	Dhanus Rasi: 7.57	Tithi 14	Gulika 2:01PM – 3:49PM	Mula* Until 4:18PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Vikarin 5121
			Yama 10:25AM – 12:13PM	Indra Until 12:41AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	483893461		Rahu 6:50AM – 8:37AM	Gara Until 10:47AM	Nataraja: Yellow		4th Phase
Family Home Evening			Chaturdashi* Until 11:16PM	Ashada*Ani	Sivaloka Day		
Creative Work Siddha Yoga							
Until 4:18PM							
Then Routine Work - Marana Yoga							

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:14PM – 2:01PM	Purvashadha* Until 6:10PM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	Vikarin 5121
	Dhanus Rasi: 20.25	Tithi 15	Yama 8:38AM – 10:26AM	Vaidhriti* Until 12:48AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	483893461		Rahu 3:49PM – 5:37PM	Visti Until 11:54AM	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga			Purnima* Until 12:37AM Wed	Ashada*Ani	Sivaloka Day		
Until 6:10PM							
Then Routine Work - Prabalarishta Yoga							
			Partial Lunar Eclipse Satguru Purnima				

6	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:26AM – 12:14PM	Uttarashadha Until 8:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:03AM	Vikarin 5121
	Makara Rasi: 2.41	Tithi 16	Yama 6:51AM – 8:38AM	Vishkambha* Until 1:14AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13
	484893462		Rahu 12:14PM – 2:01PM	Balava Until 1:28PM	Nataraja: White		Prathama
Creative Work Amrita Yoga			Prathama* Until 2:23AM Thu	Ashada*Ani	Subha Subha Sivaloka Day		
Until 8:18PM							
Then Creative Work - Siddha Yoga							



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvityayam Titau

Mosul, Iraq
Sun 1
Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Makara Rasi: 14.47 Tithi 17
494893462

Gulika 8:39AM – 10:26AM
Yama 5:04AM – 6:51AM
Rahu 2:01PM – 3:49PM

Shravana Until 11:05PM
Priti Until 1:57AM Fri
Tailila Until 3:24PM
Dvitiya Until 4:28AM Fri

Ganesha: Clear *Sunrise: 5:04AM*
Muruqa: Blue *Sunset: 7:24PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sun 2
Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Makara Rasi: 26.46 Tithi 18
494893462

Gulika 6:52AM – 8:39AM
Yama 3:48PM – 5:36PM
Rahu 10:26AM – 12:14PM

Dhanishtha Until 1:57AM Sat
Ayushman Until 2:49AM Sat
Vanija Until 5:37PM
Tritiya Until 6:47AM Sat

Ganesha: Clear *Sunrise: 5:04AM*
Muruqa: Blue *Sunset: 7:23PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga
Until 1:57AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Mosul, Iraq
Sun 3
Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 8.4 Tithi 18 – 19
494893462

Gulika 5:05AM – 6:52AM
Yama 2:01PM – 3:48PM
Rahu 8:39AM – 10:27AM

Shatabhishak Until 4:45AM Sun
Saubhagya Until 3:48AM Sun
Bava Until 8:00PM
Tritiya Until 6:47AM

Ganesha: Clear *Sunrise: 5:05AM*
Muruqa: Blue *Sunset: 7:23PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 4:45AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 4
Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 20.31 Tithi 19 – 20
414893462

Gulika 3:48PM – 5:35PM
Yama 12:14PM – 2:01PM
Rahu 5:35PM – 7:22PM

Purvaproshtapada* Until 7:53AM Mon
Sobhana Until 4:46AM Mon
Kaulava Until 10:25PM
Chaturthi* Until 9:12AM

Ganesha: Clear *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 7:22PM*
Nataraja: White
Moon – Clear

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sun 5
Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Meena Rasi: 2.23 Tithi 20 – 21
414893462
Family Home Evening
Routine Work Marana Yoga

Gulika 2:01PM – 3:48PM
Yama 10:27AM – 12:14PM
Rahu 6:53AM – 8:40AM

Purvaproshtapada* Until 7:53AM
Athiganda* Until 5:35AM Tue
Gara Until 12:42AM Tue
Panchami Until 11:34AM

Ganesha: Clear *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 7:21PM*
Nataraja: White
Moon – Clear

Subha Sivaloka Day

Until 7:53AM
Then Creative Work - Siddha Yoga

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 6
Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Meena Rasi: 14.19 Tithi 21 – 22
414893462

Gulika 12:14PM – 2:01PM
Yama 8:41AM – 10:27AM
Rahu 3:47PM – 5:34PM

Uttaraproshtapada Until 10:40AM
Sukarma Until 6:11AM Wed
Visti Until 2:42AM Wed
Shashthi* Until 1:44PM

Ganesha: Clear *Sunrise: 5:07AM*
Muruqa: Blue *Sunset: 7:21PM*
Nataraja: White
Moon – Clear

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 10:40AM
Then Creative Work - Siddha Yoga

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 7
Sutra 101
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Meena Rasi: 26.23 Tithi 22 – 23
414893462

Gulika 10:27AM – 12:14PM
Yama 6:54AM – 8:41AM
Rahu 12:14PM – 2:00PM

Revati Until 12:57PM
Sukarma Until 6:11AM
Balava Until 4:16AM Thu
Saptami Until 3:32PM

Ganesha: Clear *Sunrise: 5:08AM*
Muruqa: Blue *Sunset: 7:20PM*
Nataraja: White
Moon – Clear

Subha Sivaloka Day

Routine Work Marana Yoga

D

Thursday, July 25, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 8
Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Ashtami

Mesha Rasi: 8.37 Tithi 23 – 24
424893462

Gulika 8:41AM – 10:28AM
Yama 5:09AM – 6:55AM
Rahu 2:00PM – 3:47PM

Ashvini Until 3:04PM
Dhriti Until 6:26AM
Tailila Until 5:13AM Fri
Ashtami* Until 4:48PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 7:19PM*
Nataraja: White
Moon – White

Subha Subha Sivaloka Day

Creative Work Amrita Yoga
Until 3:04PM
Then Creative Work - Siddha Yoga

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mosul, Iraq
Sun 9
Sutra 103
Vikarin 5121
Moon 7 - Phase 14
Navami

Mesha Rasi: 21.08 Tithi 24 – 25
424893462

Gulika 6:56AM – 8:42AM
Yama 3:46PM – 5:32PM
Rahu 10:28AM – 12:14PM

Bharani Until 4:23PM
Shula* Until 6:10AM
Vanija Until 5:27AM Sat
Navami* Until 5:25PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 7:19PM*
Nataraja: White
Moon – White

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 10 Sutra 104	
	Vrishabha Rasi: 3.59	Tithi 25 – 26	424893462	Gulika Yama Rahu	5:10AM – 6:56AM 2:00PM – 3:46PM 8:42AM – 10:28AM	Krittika Until 4:49PM Vriddhi Until 3:57AM Sun Bava Until 4:55AM Sun Dashami Until 5:16PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – White Ashada*Adi	Sunrise: 5:10AM Sunset: 7:18PM Moon 7 - Phase 15 2nd Phase Subha Subha Sivaloka Day
	Creative Work Amrita Yoga							

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sun 11 Sutra 105	
	Vrishabha Rasi: 17.14	Tithi 26 – 27	434893462	Gulika Yama Rahu	3:45PM – 5:31PM 12:14PM – 2:00PM 5:31PM – 7:17PM	Rohini Until 4:47PM Dhruva Until 1:53AM Mon Kaulava Until 3:36AM Mon Ekadashi* Until 4:20PM	Ganesha: Yellow Muruqa: Blue Nataraja: White Moon – Yellow Ashada*Adi	Sunrise: 5:11AM Sunset: 7:17PM Moon 7 - Phase 15 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga							

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 12 Sutra 106	
	Mithuna Rasi: 0.55	Tithi 27 – 28	435893462	Gulika Yama Rahu	1:59PM – 3:45PM 10:28AM – 12:14PM 6:57AM – 8:43AM	Mrigashira Until 3:51PM Vyaghata* Until 11:14PM Gara Until 1:35AM Tue Dvadashi* Until 2:39PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow Ashada*Adi	Sunrise: 5:12AM Sunset: 7:16PM Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Family Home Evening							
	Creative Work Amrita Yoga							

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 13 Sutra 107	
	Mithuna Rasi: 15.02	Tithi 28 – 29	435893462	Gulika Yama Rahu	12:14PM – 1:59PM 8:43AM – 10:29AM 3:45PM – 5:30PM	Ardra Until 2:07PM Harshana Until 8:07PM Visti Until 10:57PM Trayodashi* Until 12:19PM	Ganesha: White Muruqa: Blue Nataraja: White Moon – Yellow Ashada*Adi	Sunrise: 5:13AM Sunset: 7:15PM Moon 7 - Phase 15 2nd Phase Sivaloka Day
	Routine Work Marana Yoga							
	Creative Work Siddha Yoga							

●	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq Sun 14 Sutra 108			
	Retreat Star		Mithuna Rasi: 29.33	Tithi 29 – 30	445893462	Gulika Yama Rahu	10:29AM – 12:14PM 6:58AM – 8:44AM 12:14PM – 1:59PM	Punarvasu Until 12:09PM Vajra* Until 4:33PM Catuspada Until 7:52PM Chaturdashi* Until 9:27AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue Ashada*Adi	Sunrise: 5:13AM Sunset: 7:14PM Moon 7 - Phase 15 Amavasya Sivaloka Day
	Creative Work Siddha Yoga									

●	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatlipata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Mosul, Iraq Sun 15 Sutra 109			
	Retreat Star		Kataka Rasi: 14.22	Tithi 30 – 1	445893462	Gulika Yama Rahu	8:44AM – 10:29AM 5:14AM – 6:59AM 1:59PM – 3:44PM	Pushya Until 9:40AM Siddhi Until 12:43PM Bava Until 2:41AM Fri Amavasya* Until 6:11AM	Ganesha: Green Muruqa: Blue Nataraja: White Moon – Blue Sravana*Adi	Sunrise: 5:14AM Sunset: 7:13PM Moon 7 - Phase 15 Prathama Sivaloka Day
	Creative Work Amrita Yoga									
	Creative Work Siddha Yoga									

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq
Kataka Rasi: 29.23	Tithi 2	Gulika 7:00AM – 8:44AM	Ashlesha* Until 6:50AM	Ganesha: Green	Sunrise: 5:15AM	Sun 16	Sutra 110	Vikarin 5121
		Yama 3:43PM – 5:28PM	Vyatipata* Until 8:45AM	Muruqa: Blue	Sunset: 7:13PM			Moon 7 - Phase 16
Routine Work	Marana Yoga	445893462 Rahu 10:29AM – 12:14PM	Balava Until 12:55PM	Nataraja: White				3rd Phase
			Dvitiya Until 11:07PM	Moon – Blue			Sivaloka Day	
				Sravana*Adi				

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Mosul, Iraq
Simha Rasi: 14.26	Tithi 3	Gulika 5:16AM – 7:00AM	Purvaphalguni Until 1:36AM Sun	Ganesha: White	Sunrise: 5:16AM	Sun 17	Sutra 111	Vikarin 5121
		Yama 1:58PM – 3:43PM	Parigha* Until 12:49AM Sun	Muruqa: Blue	Sunset: 7:12PM			Moon 7 - Phase 16
Creative Work	Siddha Yoga	455893462 Rahu 8:45AM – 10:29AM	Taitila Until 9:22AM	Nataraja: White				3rd Phase
Until 1:36AM Sun			Tritiya Until 7:37PM	Moon – Red			Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana*Adi				

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq
Simha Rasi: 29.23	Tithi 4 – 5	Gulika 3:42PM – 5:26PM	Uttaraphalguni Until 11:06PM	Ganesha: Yellow	Sunrise: 5:16AM	Sun 18	Sutra 112	Vikarin 5121
		Yama 12:14PM – 1:58PM	Shiva Until 9:08PM	Muruqa: Blue	Sunset: 7:11PM			Moon 7 - Phase 16
Creative Work	Amrita Yoga	455993462 Rahu 5:26PM – 7:11PM	Bava Until 2:51AM Mon	Nataraja: White				3rd Phase
			Chaturthi* Until 4:20PM	Moon – Red			Subha Sivaloka Day	
				Sravana*Adi				

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq
Kanya Rasi: 14.07	Tithi 5 – 6	Gulika 1:58PM – 3:42PM	Hasta Until 9:17PM	Ganesha: White	Sunrise: 5:17AM	Sun 19	Sutra 113	Vikarin 5121
Family Home Evening		Yama 10:29AM – 12:13PM	Siddha Until 5:45PM	Muruqa: Blue	Sunset: 7:10PM			Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 7:01AM – 8:45AM	Kaulava Until 12:10AM Tue	Nataraja: White				3rd Phase
Until 9:17PM			Panchami Until 1:26PM	Moon – Green			Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi				

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq
Kanya Rasi: 28.31	Tithi 6 – 7	Gulika 12:13PM – 1:57PM	Chitra Until 7:52PM	Ganesha: White	Sunrise: 5:18AM	Sun 20	Sutra 114	Vikarin 5121
		Yama 8:46AM – 10:30AM	Sadhya Until 2:48PM	Muruqa: Blue	Sunset: 7:09PM			Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 3:41PM – 5:25PM	Gara Until 10:02PM	Nataraja: White				3rd Phase
			Shashthi* Until 11:00AM	Moon – Green			Subha Subha Sivaloka Day	
				Sravana*Adi				

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq
Tula Rasi: 12.32	Tithi 7 – 8	Gulika 10:30AM – 12:13PM	Svati Until 6:54PM	Ganesha: White	Sunrise: 5:19AM	Sun 21	Sutra 115	Vikarin 5121
		Yama 7:02AM – 8:46AM	Subha Until 12:21PM	Muruqa: Blue	Sunset: 7:08PM			Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 12:13PM – 1:57PM	Visti Until 8:30PM	Nataraja: White				Ashtami
			Saptami Until 9:10AM	Moon – Green			Subha Subha Sivaloka Day	
				Sravana*Adi				

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq
Tula Rasi: 26.09	Tithi 8 – 9	Gulika 8:46AM – 10:30AM	Vishakha Until 6:54PM	Ganesha: Purple	Sunrise: 5:20AM	Sun 22	Sutra 116	Vikarin 5121
		Yama 5:20AM – 7:03AM	Sukla Until 10:25AM	Muruqa: Blue	Sunset: 7:07PM			Moon 7 - Phase 16
Creative Work	Siddha Yoga	476993462 Rahu 1:56PM – 3:40PM	Balava Until 7:39PM	Nataraja: White				Navami
			Ashtami* Until 7:59AM	Moon – Orange			Sivaloka Day	
				Sravana*Adi				


1		Friday, August 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Musul, Iraq Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 9.24	Tithi 9 – 10	Gulika 7:04AM – 8:47AM	Anuradha Until 7:24PM	Ganesha: Purple	<i>Sunrise:</i> 5:20AM		
		Yama 3:39PM – 5:22PM	Brahma Until 9:02AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17	
	476993462	Rahu 10:30AM – 12:13PM	Taitila Until 7:28PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 7:28AM	Moon – Orange		Sivaloka Day	
Until 7:24PM				Sravana*Adi			
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Musul, Iraq Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 22.19	Tithi 10 – 11	Gulika 5:21AM – 7:04AM	Jyeshtha* Until 8:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM		
		Yama 1:56PM – 3:39PM	Indra Until 8:10AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 7 - Phase 17	
	476993462	Rahu 8:47AM – 10:30AM	Vanija Until 7:55PM	Nataraja: White		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 7:36AM	Moon – Orange		Sivaloka Day	
				Sravana*Adi			

3		Sunday, August 11, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Musul, Iraq Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 4.56	Tithi 11 – 12	Gulika 3:38PM – 5:21PM	Mula* Until 10:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:22AM		
		Yama 12:13PM – 1:55PM	Vaidhriti* Until 7:45AM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17	
	486993462	Rahu 5:21PM – 7:03PM	Bava Until 8:56PM	Nataraja: White		4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 8:20AM	Moon – Light Blue		Subha Sivaloka Day	
Until 10:12PM				Sravana*Adi			
Then Creative Work - Siddha Yoga							

4		Monday, August 12, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Musul, Iraq Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 17.19	Tithi 12 – 13	Gulika 1:55PM – 3:37PM	Purvashadha* Until 12:20AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:23AM		
Family Home Evening		Yama 10:30AM – 12:13PM	Vishkambha* Until 7:46AM	Muruqa: Blue	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17	
Routine Work	Marana Yoga	Rahu 7:05AM – 8:48AM	Kaulava Until 10:25PM	Nataraja: White		4th Phase	
Until 12:20AM Tue			Dvadashi Until 9:36AM	Moon – Light Blue		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana*Adi			
						<i>Pradosha Vrata</i>	

5		Tuesday, August 13, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Musul, Iraq Sun 27 Sutra 121 Vikarin 5121
Dhanus Rasi: 29.31	Tithi 13 – 14	Gulika 12:12PM – 1:55PM	Uttarashadha Until 2:38AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:24AM		
		Yama 8:48AM – 10:30AM	Priti Until 8:07AM	Muruqa: Blue	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 17	
	486993462	Rahu 3:37PM – 5:19PM	Gara Until 12:16AM Wed	Nataraja: White		4th Phase	
Routine Work	Prabalarishta Yoga		Trayodashi Until 11:17AM	Moon – Light Blue		Subha Sivaloka Day	
Until 2:38AM Wed				Sravana*Adi			
Then Creative Work - Siddha Yoga							

		Wednesday, August 14, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Musul, Iraq Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:30AM – 12:12PM	Shravana Until 5:33AM Thu	Ganesha: White	<i>Sunrise:</i> 5:24AM		
Makara Rasi: 11.35	Tithi 14 – 15	Yama 7:06AM – 8:48AM	Ayushman Until 8:42AM	Muruqa: Blue	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 17	
	496993462	Rahu 12:12PM – 1:54PM	Visti Until 2:25AM Thu	Nataraja: White		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:18PM	Moon – Purple		Sivaloka Day	
		Raksha Bandhan		Sravana*Adi			

Thursday, August 15, 2019		Silver Retreat Star				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Musul, Iraq Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:49AM – 10:30AM	Dhanishtha Until 8:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM		
Makara Rasi: 23.33	Tithi 15 – 16	Yama 5:25AM – 7:07AM	Saubhagya Until 9:29AM	Muruqa: Blue	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 17	
	497993462	Rahu 1:54PM – 3:35PM	Balava Until 4:44AM Fri	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 3:32PM	Moon – Purple		Subha Sivaloka Day	
				Sravana*Adi			



Friday, August 16, 2019
Gold Retreat Star

Kumbha Rasi: 5.26 Tilthi 16 – 17

497993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 7:07AM – 8:49AM
Yama 3:35PM – 5:16PM
Rahu 10:30AM – 12:12PM

Dhanishtha **Until 8:27AM**
Sobhana **Until 10:24AM**
Taitila **Until 7:10AM Sat**
Prathama* Until 5:55PM

Ganesha: Yellow *Sunrise: 5:26AM*
Muruqa: Blue *Sunset: 6:57PM*
Nataraja: White
Moon – Purple

Mosul, Iraq
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Adi

1

Saturday, August 17, 2019

Kumbha Rasi: 17.18 Tilthi 17

497993462

Creative Work Amrita Yoga

Until 11:16AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvityayam Titau

Gulika 5:27AM – 7:08AM
Yama 1:53PM – 3:34PM
Rahu 8:49AM – 10:30AM

Shatabhishak **Until 11:16AM**
Athiganda* **Until 11:21AM**
Taitila **Until 7:10AM**
Dvitiya Until 8:21PM

Ganesha: Yellow *Sunrise: 5:27AM*
Muruqa: Blue *Sunset: 6:56PM*
Nataraja: White
Moon – Purple

Mosul, Iraq
Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

2

Sunday, August 18, 2019

Kumbha Rasi: 29.1 Tilthi 18

517993462

Creative Work Siddha Yoga

Until 2:25PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:33PM – 5:14PM
Yama 12:11PM – 1:52PM
Rahu 5:14PM – 6:55PM

Purvaproshtapada* Until 2:25PM
Sukarma **Until 12:18PM**
Vanija **Until 9:35AM**
Tritiya Until 10:45PM

Ganesha: White *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 6:55PM*
Nataraja: White
Moon – Clear

Mosul, Iraq
Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

3

Monday, August 19, 2019

Meena Rasi: 11.03 Tilthi 19

517993462

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:52PM – 3:32PM
Yama 10:30AM – 12:11PM
Rahu 7:09AM – 8:50AM

Uttaraproshtapada Until 5:16PM
Dhriti **Until 1:12PM**
Bava **Until 11:55AM**
Chaturthi* Until 1:00AM Tue

Ganesha: White *Sunrise: 5:28AM*
Muruqa: Blue *Sunset: 6:54PM*
Nataraja: White
Moon – Clear

Mosul, Iraq
Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

4

Tuesday, August 20, 2019

Meena Rasi: 23 Tilthi 20

517993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:11PM – 1:51PM
Yama 8:50AM – 10:30AM
Rahu 3:32PM – 5:12PM

Revati Until 7:46PM
Shula* **Until 1:54PM**
Kaulava **Until 2:03PM**
Panchami Until 2:59AM Wed

Ganesha: White *Sunrise: 5:29AM*
Muruqa: Blue *Sunset: 6:52PM*
Nataraja: White
Moon – Clear

Mosul, Iraq
Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Sravana-Avani

5

Wednesday, August 21, 2019

Mesha Rasi: 5.04 Tilthi 21

527993462

Routine Work Marana Yoga

Until 10:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:30AM – 12:11PM
Yama 7:10AM – 8:50AM
Rahu 12:11PM – 1:51PM

Ashvini Until 10:14PM
Ganda* **Until 2:22PM**
Gara **Until 3:52PM**
Shashthi* Until 4:35AM Thu

Ganesha: Clear *Sunrise: 5:30AM*
Muruqa: Blue *Sunset: 6:51PM*
Nataraja: White
Moon – White

Mosul, Iraq
Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Sravana-Avani

6

Thursday, August 22, 2019

Mesha Rasi: 17.18 Tilthi 22

528993462

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Gulika 8:51AM – 10:31AM
Yama 5:31AM – 7:11AM
Rahu 1:50PM – 3:30PM

Bharani Until 12:04AM Fri
Vridhhi **Until 2:30PM**
Visti **Until 5:13PM**
Saptami Until 5:39AM Fri

Ganesha: White *Sunrise: 5:31AM*
Muruqa: Blue *Sunset: 6:50PM*
Nataraja: White
Moon – White

Mosul, Iraq
Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Sivaloka Day

Sravana-Avani

D

Friday, August 23, 2019
Retreat Star

Mesha Rasi: 29.46 Tilthi 23

528993462

Creative Work Siddha Yoga

Until 1:07AM Sat

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:11AM – 8:51AM
Yama 3:29PM – 5:09PM
Rahu 10:31AM – 12:10PM

Krittika Until 1:07AM Sat
Dhruva **Until 2:09PM**
Balava **Until 5:58PM**
Ashtami* Until 6:03AM Sat

Ganesha: White *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:49PM*
Nataraja: White
Moon – White

Mosul, Iraq
Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Sivaloka Day

Sravana-Avani

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vrshabha Rasi: 12.32 Tilthi 23 – 24

538993462

Creative Work Amrita Yoga

Until 1:45AM Sun

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:32AM – 7:12AM
Yama 1:49PM – 3:29PM
Rahu 8:51AM – 10:31AM

Rohini Until 1:45AM Sun
Vyaghata* **Until 1:16PM**
Taitila **Until 6:00PM**
Ashtami* Until 6:03AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Blue *Sunset: 6:47PM*
Nataraja: White
Moon – Yellow

Mosul, Iraq
Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq Sun 9 Sutra 133 Vikarin 5121
Wishabha Rasi: 25.41	Tithi 25	Gulika 3:28PM – 5:07PM	Mrigashira Until 1:27AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:33AM			
		Yama 12:10PM – 1:49PM	Harshana Until 11:46AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 8 - Phase 19	
		538993462 Rahu 5:07PM – 6:46PM	Vanija Until 5:14PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 4:33AM Mon	Moon – Yellow		Subha Sivaloka Day		
				Sravana-Avani				

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 10 Sutra 134 Vikarin 5121
Mithuna Rasi: 9.16	Tithi 26	Gulika 1:48PM – 3:27PM	Ardra Until 12:15AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:34AM			
Family Home Evening		Yama 10:30AM – 12:09PM	Vajra* Until 9:37AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 8 - Phase 19	
		538993462 Rahu 7:13AM – 8:52AM	Bava Until 3:42PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 2:38AM Tue	Moon – Yellow		Subha Sivaloka Day		
				Sravana-Avani				

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq Sun 11 Sutra 135 Vikarin 5121
Mithuna Rasi: 23.19	Tithi 27	Gulika 12:09PM – 1:48PM	Punarvasu Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM			
		Yama 8:52AM – 10:30AM	Siddhi Until 6:52AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM		Moon 8 - Phase 19	
		548993462 Rahu 3:26PM – 5:05PM	Kaulava Until 1:26PM	Nataraja: White			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 12:03AM Wed	Moon – Blue		Sivaloka Day		
				Sravana-Avani				

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq Sun 12 Sutra 136 Vikarin 5121
Kataka Rasi: 7.49	Tithi 28	Gulika 10:30AM – 12:09PM	Pushya Until 8:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:36AM			
		Yama 7:14AM – 8:52AM	Variyan Until 11:51PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM		Moon 8 - Phase 19	
		549993463 Rahu 12:09PM – 1:47PM	Gara Until 10:34AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 8:55PM	Moon – Blue		Devaloka Day		
				Sravana-Avani				
				<i>Pradosha Vrata (Fasting)</i>				

5		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 137 Vikarin 5121
Kataka Rasi: 22.41	Tithi 29 – 30	Gulika 8:52AM – 10:30AM	Ashlesha* Until 5:29PM	Ganesha: Orange	<i>Sunrise:</i> 5:36AM			
		Yama 5:36AM – 7:14AM	Parigha* Until 7:49PM	Muruqa: Blue	<i>Sunset:</i> 6:40PM		Moon 8 - Phase 19	
		549193463 Rahu 1:46PM – 3:24PM	Visti Until 7:12AM	Nataraja: Clear			2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 5:23PM	Moon – Blue		Sivaloka Day		
Until 5:29PM				Sravana-Avani				
Then Creative Work - Amrita Yoga								

Retreat Star		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 138 Vikarin 5121
Simha Rasi: 7.5	Tithi 30 – 1	Gulika 7:15AM – 8:53AM	Magha* Until 2:39PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM			
		Yama 3:24PM – 5:01PM	Shiva Until 3:36PM	Muruqa: Blue	<i>Sunset:</i> 6:39PM		Moon 8 - Phase 19	
		559193463 Rahu 10:30AM – 12:08PM	Kintughna Until 11:41PM	Nataraja: Clear			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 1:36PM	Moon – Red		Sivaloka Day		
Until 2:39PM				Sravana-Avani				
Then Creative Work - Siddha Yoga								

Retreat Star		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 23.05	Tithi 1 – 2	Gulika 5:38AM – 7:15AM	Purvaphalguni Until 11:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM			
		Yama 1:45PM – 3:23PM	Siddha Until 11:18AM	Muruqa: Blue	<i>Sunset:</i> 6:38PM		Moon 8 - Phase 19	
		559193463 Rahu 8:53AM – 10:30AM	Balava Until 7:52PM	Nataraja: Clear			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:45AM	Moon – Red		Sivaloka Day		
Until 11:37AM				Bhadrapada-Avani				
Then Routine Work - Marana Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 140
	Kanya Rasi: 8.17	Tithi 2 – 3	Gulika 3:22PM – 4:59PM	Uttaraphalguni Until 8:35AM	Ganesha: Clear <i>Sunrise: 5:39AM</i>		Vikarin 5121
			Yama 12:08PM – 1:45PM	Sadhya Until 7:07AM	Muruqa: Blue <i>Sunset: 6:36PM</i>		Moon 8 - Phase 20
	Creative Work Amrita Yoga	559193463	Rahu 4:59PM – 6:36PM	Gara Until 2:31AM Mon	Nataraja: Clear		3rd Phase
			Dvitiya Until 6:00AM	Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Mosul, Iraq Sun 17 Sutra 141
	Kanya Rasi: 23.16	Tithi 4	Gulika 1:44PM – 3:21PM	Hasta Until 6:06AM	Ganesha: Orange <i>Sunrise: 5:40AM</i>		Vikarin 5121
	Family Home Evening		Yama 10:30AM – 12:07PM	Sukla Until 11:35PM	Muruqa: Blue <i>Sunset: 6:35PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 7:16AM – 8:53AM	Vanija Until 12:57PM	Nataraja: Clear		3rd Phase
Until 6:06AM		Ganesha Chaturthi	Chaturthi* Until 11:28PM	Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Prabararishta Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 142
	Tula Rasi: 7.54	Tithi 5	Gulika 12:07PM – 1:44PM	Svati Until 2:15AM Wed	Ganesha: Orange <i>Sunrise: 5:40AM</i>		Vikarin 5121
			Yama 8:54AM – 10:30AM	Brahma Until 8:28PM	Muruqa: Blue <i>Sunset: 6:33PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	569193463	Rahu 3:20PM – 4:57PM	Bava Until 10:10AM	Nataraja: Clear		3rd Phase
			Panchami Until 9:00PM	Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 19 Sutra 143
	Tula Rasi: 22.05	Tithi 6	Gulika 10:30AM – 12:07PM	Vishakha Until 1:35AM Thu	Ganesha: Green <i>Sunrise: 5:41AM</i>		Vikarin 5121
			Yama 7:17AM – 8:54AM	Indra Until 5:57PM	Muruqa: Blue <i>Sunset: 6:32PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	579193463	Rahu 12:07PM – 1:43PM	Kaulava Until 8:02AM	Nataraja: Clear		3rd Phase
			Shashthi* Until 7:14PM	Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq Sun 20 Sutra 144
	Vrischika Rasi: 5.49	Tithi 7	Gulika 8:54AM – 10:30AM	Anuradha Until 1:35AM Fri	Ganesha: Orange <i>Sunrise: 5:42AM</i>		Vikarin 5121
			Yama 5:42AM – 7:18AM	Vaidhriti* Until 4:04PM	Muruqa: Blue <i>Sunset: 6:31PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	571193463	Rahu 1:42PM – 3:18PM	Gara Until 6:41AM	Nataraja: Clear		3rd Phase
Until 1:35AM Fri			Saptami Until 6:17PM	Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Marana Yoga							

D	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 145
	Retreat Star		Gulika 7:18AM – 8:54AM	Jyeshtha* Until 2:13AM Sat	Ganesha: Orange <i>Sunrise: 5:43AM</i>		Vikarin 5121
	Vrischika Rasi: 19.04	Tithi 8	Yama 3:17PM – 4:53PM	Vishkambha* Until 2:50PM	Muruqa: Blue <i>Sunset: 6:29PM</i>		Moon 8 - Phase 20
	Routine Work Marana Yoga	571193463	Rahu 10:30AM – 12:06PM	Visti Until 6:08AM	Nataraja: Clear		Ashtami
Until 2:13AM Sat			Ashtami* Until 6:10PM	Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

S	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq Sun 22 Sutra 146
	Retreat Star		Gulika 5:43AM – 7:19AM	Mula* Until 3:56AM Sun	Ganesha: Green <i>Sunrise: 5:43AM</i>		Vikarin 5121
	Dhanus Rasi: 1.54	Tithi 9	Yama 1:41PM – 3:17PM	Priti Until 2:15PM	Muruqa: Blue <i>Sunset: 6:28PM</i>		Moon 8 - Phase 20
	Creative Work Siddha Yoga	581193463	Rahu 8:54AM – 10:30AM	Balava Until 6:25AM	Nataraja: Clear		Navami
			Navami* Until 6:49PM	Bhadrapada-Avani		Devaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Musul, Iraq Sun 23 Sutra 147
Dhanus Rasi: 14.23	Tithi 10	Gulika 3:16PM – 4:51PM	Purvashadha* Until 6:05AM Mon	Ganesha: Green <i>Sunrise: 5:44AM</i>		Vikarin 5121
		Yama 12:05PM – 1:40PM	Ayushman Until 2:11PM	Muruqa: Blue <i>Sunset: 6:26PM</i>		Moon 8 - Phase 21
	581193463	Rahu 4:51PM – 6:26PM	Taitila Until 7:27AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	Devaloka Day	
Until 6:05AM Mon		Grandparent's Day	Dashami Until 8:10PM	Bhadrapada-Avani		
Then Routine Work - Marana Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Musul, Iraq Sun 24 Sutra 148
Dhanus Rasi: 26.37	Tithi 11	Gulika 1:40PM – 3:15PM	Purvashadha* Until 6:05AM	Ganesha: Green <i>Sunrise: 5:45AM</i>		Vikarin 5121
		Yama 10:30AM – 12:05PM	Saubhagya Until 2:34PM	Muruqa: Blue <i>Sunset: 6:25PM</i>		Moon 8 - Phase 21
Family Home Evening	581193463	Rahu 7:20AM – 8:55AM	Vanija Until 9:05AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue	Devaloka Day	
			Ekadashi Until 10:03PM	Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Musul, Iraq Sun 25 Sutra 149
Makara Rasi: 8.4	Tithi 12	Gulika 12:05PM – 1:39PM	Uttarashadha Until 8:30AM	Ganesha: Green <i>Sunrise: 5:46AM</i>		Vikarin 5121
		Yama 8:55AM – 10:30AM	Sobhana Until 3:16PM	Muruqa: Blue <i>Sunset: 6:23PM</i>		Moon 8 - Phase 21
	581193463	Rahu 3:14PM – 4:49PM	Bava Until 11:09AM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	Devaloka Day	
Until 8:30AM			Dvadashi Until 12:16AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Musul, Iraq Sun 26 Sutra 150
Makara Rasi: 20.35	Tithi 13	Gulika 10:30AM – 12:04PM	Shravana Until 11:32AM	Ganesha: Red <i>Sunrise: 5:47AM</i>		Vikarin 5121
		Yama 7:21AM – 8:55AM	Athiganda* Until 4:07PM	Muruqa: Blue <i>Sunset: 6:22PM</i>		Moon 8 - Phase 21
	591193463	Rahu 12:04PM – 1:39PM	Kaulava Until 1:29PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day	
Until 11:32AM		Avani Avittam	Trayodashi Until 2:41AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Musul, Iraq Sun 27 Sutra 151
Kumbha Rasi: 2.27	Tithi 14	Gulika 8:56AM – 10:30AM	Dhanishtha Until 2:31PM	Ganesha: Red <i>Sunrise: 5:47AM</i>		Vikarin 5121
		Yama 5:47AM – 7:21AM	Sukarma Until 5:04PM	Muruqa: Blue <i>Sunset: 6:20PM</i>		Moon 8 - Phase 21
	591193463	Rahu 1:38PM – 3:12PM	Gara Until 3:57PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day	
		Chidambaram Abhishekam	Chaturdashi* Until 5:09AM Fri	Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Visti* Karana Purnimayam Titau				Musul, Iraq Sutra 152
Copper Retreat Star		Gulika 7:22AM – 8:56AM	Shatabhishak Until 5:20PM	Ganesha: Red <i>Sunrise: 5:48AM</i>		Vikarin 5121
Kumbha Rasi: 14.18	Tithi 15	Yama 3:11PM – 4:45PM	Dhriti Until 6:01PM	Muruqa: Purple <i>Sunset: 6:19PM</i>		Moon 8 - Phase 21
	591113463	Rahu 10:30AM – 12:03PM	Visti Until 6:24PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple	Sivaloka Day	
			Purnima* Until 7:36AM Sat	Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Musul, Iraq Sutra 153
Silver Retreat Star		Gulika 5:49AM – 7:22AM	Purvaproshtapada* Until 8:25PM	Ganesha: Red <i>Sunrise: 5:49AM</i>		Vikarin 5121
Kumbha Rasi: 26.1	Tithi 15 – 16	Yama 1:37PM – 3:10PM	Shula* Until 6:53PM	Muruqa: Purple <i>Sunset: 6:17PM</i>		Moon 8 - Phase 21
	511113463	Rahu 8:56AM – 10:30AM	Balava Until 8:48PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear	Sivaloka Day	
Until 8:25PM			Purnima* Until 7:36AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq
Sutra 154
Vikarin 5121

Meena Rasi: 8.05 Tithi 16 – 17
512113463
Creative Work Amrita Yoga

Gulika 3:09PM – 4:43PM
Yama 12:03PM – 1:36PM
Rahu 4:43PM – 6:16PM
Uttaraproshtapada Until 11:13PM
Ganda* Until 7:40PM
Taitila Until 11:03PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase
Sivaloka Day

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Trityayam Titau

Mosul, Iraq
Sun 1
Sutra 155
Vikarin 5121

Meena Rasi: 20.03 Tithi 17 – 18
512113463
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:35PM – 3:08PM
Yama 10:29AM – 12:02PM
Rahu 7:23AM – 8:56AM
Revati Until 1:39AM Tue
Vriddhi Until 8:20PM
Vanija Until 1:06AM Tue
Dvitiya Until 12:05PM

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Purple *Sunset:* 6:14PM
Nataraja: Clear
Moon – Clear
Bhadrapada-Avani

Moon 9 - Phase 22
1st Phase
Sivaloka Day

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Mosul, Iraq
Sun 2
Sutra 156
Vikarin 5121

Mesha Rasi: 2.05 Tithi 18 – 19
522113463
Creative Work Siddha Yoga

Gulika 12:02PM – 1:35PM
Yama 8:57AM – 10:29AM
Rahu 3:07PM – 4:40PM
Ashvini Until 4:11AM Wed
Dhruva Until 8:46PM
Bava Until 2:55AM Wed
Tritiya Until 2:02PM

Ganesha: White *Sunrise:* 5:51AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase
Devaloka Day

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sun 3
Sutra 157
Vikarin 5121

Mesha Rasi: 14.15 Tithi 19 – 20
522113463
Creative Work Siddha Yoga
Until 6:13AM Thu
Then Routine Work - Marana Yoga

Gulika 10:29AM – 12:02PM
Yama 7:24AM – 8:57AM
Rahu 12:02PM – 1:34PM
Bharani Until 6:13AM Thu
Vyaghata* Until 8:59PM
Kaulava Until 4:23AM Thu
Chaturthi* Until 3:41PM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase
Devaloka Day

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq
Sun 4
Sutra 158
Vikarin 5121

Mesha Rasi: 26.32 Tithi 20 – 21
522113463
Creative Work Siddha Yoga
Until 6:13AM
Then Routine Work - Marana Yoga

Gulika 8:57AM – 10:29AM
Yama 5:53AM – 7:25AM
Rahu 1:33PM – 3:06PM
Bharani Until 6:13AM
Harshana Until 8:55PM
Gara Until 5:26AM Fri
Panchami Until 4:57PM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase
Devaloka Day

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sun 5
Sutra 159
Vikarin 5121

Vrishabha Rasi: 9.02 Tithi 21 – 22
522113463
Creative Work Siddha Yoga
Until 7:39AM
Then Routine Work - Marana Yoga

Gulika 7:25AM – 8:57AM
Yama 3:05PM – 4:37PM
Rahu 10:29AM – 12:01PM
Krittika Until 7:39AM
Vajra* Until 8:24PM
Visti Until 5:55AM Sat
Shashthi* Until 5:44PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase
Devaloka Day

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sun 6
Sutra 160
Vikarin 5121

Vrishabha Rasi: 21.46 Tithi 22 – 23
532113463
Creative Work Amrita Yoga
Until 8:52AM
Then Creative Work - Siddha Yoga

Gulika 5:54AM – 7:26AM
Yama 1:32PM – 3:04PM
Rahu 8:57AM – 10:29AM
Rohini Until 8:52AM
Siddhi Until 7:26PM
Balava Until 5:45AM Sun
Saptami Until 5:54PM

Ganesha: Clear *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
1st Phase
Sivaloka Day

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sun 7
Sutra 161
Vikarin 5121

Mithuna Rasi: 4.5 Tithi 23 – 24
532213463
Creative Work Siddha Yoga

Gulika 3:03PM – 4:34PM
Yama 12:00PM – 1:32PM
Rahu 4:34PM – 6:05PM
Mrigashira Until 9:17AM
Vyatipata* Until 5:55PM
Taitila Until 4:52AM Mon
Ashtami* Until 5:23PM

Ganesha: Orange *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Ashtami
Sivaloka Day

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mosul, Iraq
Sun 8
Sutra 162
Vikarin 5121

Mithuna Rasi: 18.17 Tithi 24 – 25
532213463
Family Home Evening
Creative Work Siddha Yoga
Until 8:50AM
Then Creative Work - Amrita Yoga

Gulika 1:31PM – 3:02PM
Yama 10:29AM – 12:00PM
Rahu 7:27AM – 8:58AM
Ardra Until 8:50AM
Variyan Until 3:48PM
Vanija Until 3:16AM Tue
Navami* Until 4:08PM

Ganesha: Orange *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:04PM
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 22
Navami
Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time


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1		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visti/Bava Karana Dashami/Ekadashyam Titau		Mosul, Iraq
Kataka Rasi: 2.1	Tithi 25 – 26	542213463	Gulika 12:00PM – 1:30PM Yama 8:58AM – 10:29AM Rahu 3:01PM – 4:32PM	Punarvasu Until 7:59AM Parigha* Until 1:08PM Bava Until 12:59AM Wed Dashami Until 2:11PM	Ganesha: Light Blue <i>Sunrise:</i> 5:57AM Muruqa: Purple <i>Sunset:</i> 6:02PM Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

2		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq
Kataka Rasi: 16.28	Tithi 26 – 27	542213463	Gulika 10:29AM – 11:59AM Yama 7:28AM – 8:58AM Rahu 11:59AM – 1:30PM	Pushya Until 6:18AM Shiva Until 9:56AM Kaulava Until 10:07PM Ekadashi* Until 11:36AM	Ganesha: Light Blue <i>Sunrise:</i> 5:57AM Muruqa: Purple <i>Sunset:</i> 6:01PM Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

3		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq
Simha Rasi: 1.11	Tithi 27 – 28	552213463	Gulika 8:59AM – 10:29AM Yama 5:58AM – 7:28AM Rahu 1:29PM – 2:59PM	Magha* Until 1:26AM Fri Siddha Until 6:17AM Gara Until 6:47PM Dvadashi* Until 8:29AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 5:58AM Muruqa: Purple <i>Sunset:</i> 5:59PM Nataraja: Clear Moon – Red	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
Creative Work	Amrita Yoga				Devaloka Day Bhadrapada•Puratasi	
Until 1:26AM Fri	Then Creative Work - Siddha Yoga					

4		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti/Sakuni Karana Chaturdashyam Titau		Mosul, Iraq
Simha Rasi: 16.12	Tithi 29	552213463	Gulika 7:29AM – 8:59AM Yama 2:58PM – 4:28PM Rahu 10:29AM – 11:59AM	Purvaphalguni Until 10:31PM Subha Until 10:07PM Visti Until 3:09PM Chaturdashi* Until 1:15AM Sat	Ganesha: Purple <i>Sunrise:</i> 5:59AM Muruqa: Purple <i>Sunset:</i> 5:58PM Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Catuspada/Naga Karana Amavasyayam Titau		Mosul, Iraq
Retreat Star			Gulika 6:00AM – 7:29AM Yama 1:28PM – 2:57PM Rahu 8:59AM – 10:29AM	Uttaraphalguni Until 7:24PM Sukla Until 5:51PM Catuspada Until 11:22AM Amavasya* Until 9:28PM	Ganesha: Light Blue <i>Sunrise:</i> 6:00AM Muruqa: Purple <i>Sunset:</i> 5:57PM Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
Kanya Rasi: 1.24	Tithi 30	652213463			Devaloka Day Bhadrapada•Puratasi	
Routine Work	Marana Yoga		Mahalaya Amavasai (Tamil Nadu)			

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Kintughna/Balava Karana Prathama/Dvitiyayam Titau		Mosul, Iraq
Kanya Rasi: 16.37	Tithi 1 – 2	663213463	Gulika 2:56PM – 4:26PM Yama 11:58AM – 1:27PM Rahu 4:26PM – 5:55PM	Hasta Until 4:39PM Brahma Until 1:39PM Kintughna Until 7:37AM Prathama* Until 5:47PM	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM Muruqa: Purple <i>Sunset:</i> 5:55PM Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
Creative Work	Amrita Yoga				Devaloka Day Ashvina•Puratasi	
Until 4:39PM	Then Creative Work - Siddha Yoga		Navaratri Begins			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Mosul, Iraq Sun 15 Sutra 169 Vikarin 5121
Tula Rasi: 1.4	Tithi 2 – 3	Gulika	1:27PM – 2:56PM	Chitra Until 2:02PM	Ganesha: Light Blue <i>Sunrise:</i> 6:01AM	
Family Home Evening	663213463	Yama	10:28AM – 11:58AM	Indra Until 9:41AM	Muruqa: Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	Rahu	7:30AM – 8:59AM	Taitila Until 12:54AM Tue	Nataraja: Clear	3rd Phase
Until 2:02PM				Dvitiya Until 2:24PM	Moon – Green	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Mosul, Iraq Sun 16 Sutra 170 Vikarin 5121
Tula Rasi: 16.26	Tithi 3 – 4	Gulika	11:57AM – 1:26PM	Svati Until 11:45AM	Ganesha: Light Blue <i>Sunrise:</i> 6:02AM	
	663213463	Yama	9:00AM – 10:28AM	Vaidhriti* Until 6:03AM	Muruqa: Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	2:55PM – 4:23PM	Vanija Until 10:17PM	Nataraja: Clear	3rd Phase
Until 11:45AM				Tritiya Until 11:30AM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga					Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Mosul, Iraq Sun 17 Sutra 171 Vikarin 5121
Vrischika Rasi: 0.46	Tithi 4 – 5	Gulika	10:28AM – 11:57AM	Vishakha Until 10:23AM	Ganesha: Purple <i>Sunrise:</i> 6:03AM	
	673213463	Yama	7:32AM – 9:00AM	Priti Until 12:22AM Thu	Muruqa: Purple <i>Sunset:</i> 5:51PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	11:57AM – 1:25PM	Bava Until 8:22PM	Nataraja: Clear	3rd Phase
Until 9:38AM				Chaturthi* Until 9:13AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Mosul, Iraq Sun 18 Sutra 172 Vikarin 5121
Vrischika Rasi: 15	Tithi 5 – 6	Gulika	9:00AM – 10:28AM	Anuradha Until 9:38AM	Ganesha: Purple <i>Sunrise:</i> 6:04AM	
	673213463	Yama	6:04AM – 7:32AM	Ayushman Until 10:29PM	Muruqa: Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 24
Creative Work	Siddha Yoga	Rahu	1:25PM – 2:53PM	Kaulava Until 7:17PM	Nataraja: Clear	3rd Phase
Until 9:38AM				Panchami Until 7:42AM	Moon – Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga					Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Mosul, Iraq Sun 19 Sutra 173 Vikarin 5121
Vrischika Rasi: 27.56	Tithi 6 – 7	Gulika	7:33AM – 9:00AM	Jyeshtha* Until 9:36AM	Ganesha: Purple <i>Sunrise:</i> 6:05AM	
	673213463	Yama	2:52PM – 4:30PM	Saubhagya Until 9:19PM	Muruqa: Purple <i>Sunset:</i> 5:48PM	Moon 9 - Phase 24
Routine Work	Marana Yoga	Rahu	10:28AM – 11:56AM	Gara Until 7:06PM	Nataraja: Clear	3rd Phase
Until 9:36AM				Shashthi* Until 7:03AM	Moon – Orange	Devaloka Day
Then Creative Work - Amrita Yoga					Ashvina+Puratasi	

6		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Mosul, Iraq Sun 20 Sutra 174 Vikarin 5121
Retreat Star		Gulika	6:06AM – 7:33AM	Mula* Until 10:45AM	Ganesha: Clear <i>Sunrise:</i> 6:06AM	
Dhanus Rasi: 10.49	Tithi 7 – 8	Yama	1:24PM – 2:51PM	Sobhana Until 8:51PM	Muruqa: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 24
	683213463	Rahu	9:01AM – 10:28AM	Visti Until 7:47PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga			Saptami Until 7:19AM	Moon – Light Blue	Sivaloka Day
Until 9:36AM		Durga Ashtami			Ashvina+Puratasi	
Then Creative Work - Amrita Yoga						

7		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Mosul, Iraq Sun 21 Sutra 175 Vikarin 5121
Retreat Star		Gulika	2:50PM – 4:18PM	Purvashadha* Until 12:32PM	Ganesha: Clear <i>Sunrise:</i> 6:06AM	
Dhanus Rasi: 23.19	Tithi 8 – 9	Yama	11:56AM – 1:23PM	Athiganda* Until 8:55PM	Muruqa: Purple <i>Sunset:</i> 5:45PM	Moon 9 - Phase 24
	683213463	Rahu	4:18PM – 5:45PM	Balava Until 9:14PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga			Ashtami* Until 8:24AM	Moon – Light Blue	Sivaloka Day
Until 12:32PM		Saraswathi Puja (Tamil Nadu)			Ashvina+Puratasi	
Then Creative Work - Amrita Yoga						

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Mosul, Iraq Sutra 176 Vikarin 5121
1		Gulika 1:22PM – 2:49PM	Uttarashadha Until 2:46PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Sun 22
Makara Rasi: 5.3	Tithi 9 – 10	Yama 10:28AM – 11:55AM	Sukarma Until 9:28PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:34AM – 9:01AM	Taitila Until 11:17PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Navami* Until 10:11AM	Moon – Light Blue		Sivaloka Day
Until 2:46PM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sutra 177 Vikarin 5121
2		Gulika 11:55AM – 1:22PM	Shravana Until 5:45PM	Ganesha: White	<i>Sunrise:</i> 6:08AM	Sun 23
Makara Rasi: 17.29	Tithi 10 – 11	Yama 9:02AM – 10:28AM	Dhriti Until 10:18PM	Muruqa: Purple	<i>Sunset:</i> 5:42PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu 2:49PM – 4:15PM	Vanija Until 1:40AM Wed	Nataraja: Purple		4th Phase
		Vijaya Dasami	Dashami Until 12:25PM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sutra 178 Vikarin 5121
3		Gulika 10:28AM – 11:55AM	Dhanishtha Until 8:46PM	Ganesha: White	<i>Sunrise:</i> 6:09AM	Sun 24
Makara Rasi: 29.22	Tithi 11 – 12	Yama 7:35AM – 9:02AM	Shula* Until 11:13PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Moon 9 - Phase 25
Routine Work	Prabalarishta Yoga	Rahu 11:55AM – 1:21PM	Bava Until 4:13AM Thu	Nataraja: Purple		4th Phase
Until 8:46PM			Ekadashi Until 2:55PM	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi		

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sutra 179 Vikarin 5121
4		Gulika 9:02AM – 10:28AM	Shatabhishak Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 6:10AM	Sun 25
Kumbha Rasi: 11.13	Tithi 12 – 13	Yama 6:10AM – 7:36AM	Ganda* Until 12:09AM Fri	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu 1:21PM – 2:47PM	Kaulava Until 6:43AM Fri	Nataraja: Purple		4th Phase
		Kadaitswami Mahasamadhi	Dvadashi Until 5:27PM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq Sutra 180 Vikarin 5121
5		Gulika 7:37AM – 9:02AM	Purvaproshtapada* Until 2:40AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:11AM	Sun 26
Kumbha Rasi: 23.04	Tithi 13	Yama 2:46PM – 4:12PM	Vriddhi Until 1:00AM Sat	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu 10:28AM – 11:54AM	Kaulava Until 6:43AM	Nataraja: Purple		4th Phase
		Chidambaram Abhishekam	Trayodashi Until 7:53PM	Moon – Clear		Sivaloka Day
				Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq Sutra 181 Vikarin 5121
6		Gulika 6:11AM – 7:37AM	Uttaraproshtapada Until 5:21AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:11AM	Sun 27
Meena Rasi: 4.59	Tithi 14	Yama 1:20PM – 2:45PM	Dhruva Until 1:40AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
Creative Work	Siddha Yoga	Rahu 9:03AM – 10:28AM	Gara Until 9:04AM	Nataraja: Purple		4th Phase
Until 5:21AM Sun			Chaturdashi* Until 10:08PM	Moon – Clear		Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi		

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq Sutra 182 Vikarin 5121
○		Gulika 2:44PM – 4:10PM	Revati Until 7:38AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM	Sun 28
Meena Rasi: 16.59	Tithi 15	Yama 11:54AM – 1:19PM	Vyaghata* Until 2:08AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
Creative Work	Amrita Yoga	Rahu 4:10PM – 5:35PM	Visti Until 11:11AM	Nataraja: Purple		Purnima
Until 7:38AM Mon			Purnima* Until 12:07AM Mon	Moon – Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi		

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sutra 183 Vikarin 5121
○		Gulika 1:19PM – 2:44PM	Revati Until 7:38AM	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM	Sun 29
Meena Rasi: 29.05	Tithi 16	Yama 10:28AM – 11:54AM	Harshana Until 2:25AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:34PM	Moon 9 - Phase 25
Family Home Evening	614213464	Rahu 7:38AM – 9:03AM	Balava Until 1:02PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:50AM Tue	Moon – Clear		Subha Sivaloka Day
				Ashvina+Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 11.18 Tithi 17

624213464

Gulika 11:53AM – 1:18PM
Yama 9:04AM – 10:28AM
Rahu 2:43PM – 4:08PM

Ashvini Until 9:57AM
Vajra* Until 2:25AM Wed
Taitila Until 2:35PM
Dvitiya Until 3:13AM Wed

Ganesha: White *Sunrise:* 6:14AM
Muruqa: Purple *Sunset:* 5:32PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Creative Work Siddha Yoga

1

Wednesday, October 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq

Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 23.39 Tithi 18

624213464

Gulika 10:29AM – 11:53AM
Yama 7:40AM – 9:04AM
Rahu 11:53AM – 1:18PM

Bharani Until 11:48AM
Siddhi Until 2:11AM Thu
Vanija Until 3:49PM
Tritiya Until 4:17AM Thu

Ganesha: White *Sunrise:* 6:15AM
Muruqa: Purple *Sunset:* 5:31PM
Nataraja: Purple
Moon – White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Creative Work Siddha Yoga

Until 11:48AM

Then Creative Work - Amrita Yoga

2

Thursday, October 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthayam Titau

Mosul, Iraq

Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 6.09 Tithi 19

624313464

Gulika 9:04AM – 10:29AM
Yama 6:16AM – 7:40AM
Rahu 1:17PM – 2:41PM

Krittika Until 1:09PM
Vyatipata* Until 1:40AM Fri
Bava Until 4:42PM
Chaturthi* Until 4:58AM Fri

Ganesha: Yellow *Sunrise:* 6:16AM
Muruqa: Purple *Sunset:* 5:30PM
Nataraja: Purple
Moon – White **Subha Sivaloka Day**
Ashvina+Aipasi

Routine Work Marana Yoga

3

Friday, October 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq

Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 18.49 Tithi 20

634313464

Gulika 7:41AM – 9:05AM
Yama 2:41PM – 4:05PM
Rahu 10:29AM – 11:53AM

Rohini Until 2:27PM
Varyan Until 12:49AM Sat
Kaulava Until 5:11PM
Panchami Until 5:14AM Sat

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Routine Work Marana Yoga

Until 2:27PM

Then Creative Work - Siddha Yoga

4

Saturday, October 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Gara/Vanija Karana Shashthayam Titau

Mosul, Iraq

Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 1.41 Tithi 21

634313464

Gulika 6:18AM – 7:41AM
Yama 1:16PM – 2:40PM
Rahu 9:05AM – 10:29AM

Mrigashira Until 3:09PM
Parigha* Until 11:36PM
Gara Until 5:13PM
Shashthi* Until 5:01AM Sun

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:27PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

5

Sunday, October 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Visti*/Bava Karana Saplamyam Titau

Mosul, Iraq

Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 14.48 Tithi 22

634313464

Gulika 2:39PM – 4:03PM
Yama 11:52AM – 1:16PM
Rahu 4:03PM – 5:26PM

Ardra Until 3:12PM
Shiva Until 9:59PM
Visti* Until 4:44PM
Saptami Until 4:15AM Mon

Ganesha: White *Sunrise:* 6:19AM
Muruqa: Purple *Sunset:* 5:26PM
Nataraja: Purple
Moon – Yellow **Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

D

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq

Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 28.12 Tithi 23

644313464

Gulika 1:15PM – 2:38PM
Yama 10:29AM – 11:52AM
Rahu 7:43AM – 9:06AM

Punarvasu Until 3:01PM
Siddha Until 7:54PM
Balava Until 3:41PM
Ashtami* Until 2:56AM Tue

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:25PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Creative Work Amrita Yoga

Until 3:01PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq

Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 11.56 Tithi 24

644313464

Gulika 11:52AM – 1:15PM
Yama 9:06AM – 10:29AM
Rahu 2:38PM – 4:01PM

Pushya Until 2:07PM
Sadhya Until 5:21PM
Taitila Until 2:04PM
Navami* Until 1:02AM Wed

Ganesha: Clear *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:23PM
Nataraja: Purple
Moon – Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq
Kataka Rasi: 26.01	Tithi 25	Gulika	10:29AM – 11:52AM	Ashlesha* Until 12:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sun 8	Sutra 192
		Yama	7:44AM – 9:07AM	Subha Until 2:24PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM		Vikarin 5121
		644313464 Rahu	11:52AM – 1:14PM	Vanija Until 11:55AM	Nataraja: Purple		Moon 10 - Phase 27	2nd Phase
Creative Work	Siddha Yoga			Dashami Until 10:38PM	Moon – Blue		Subha Sivaloka Day	
					Ashvina•Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq
Simha Rasi: 10.26	Tithi 26	Gulika	9:07AM – 10:29AM	Magha* Until 10:45AM	Ganesha: Purple	<i>Sunrise:</i> 6:22AM	Sun 9	Sutra 193
		Yama	6:22AM – 7:45AM	Sukla Until 11:02AM	Muruqa: Purple	<i>Sunset:</i> 5:21PM		Vikarin 5121
		654313464 Rahu	1:14PM – 2:36PM	Bava Until 9:16AM	Nataraja: Purple		Moon 10 - Phase 27	2nd Phase
Creative Work	Amrita Yoga			Ekadashi* Until 7:47PM	Moon – Red		Sivaloka Day	
Until 10:45AM					Ashvina•Aipasi			
Then Creative Work - Siddha Yoga								

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
Simha Rasi: 25.08	Tithi 27 – 28	Gulika	7:45AM – 9:07AM	Purvaphalguni Until 8:27AM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 10	Sutra 194
		Yama	2:36PM – 3:58PM	Brahma Until 7:22AM	Muruqa: Purple	<i>Sunset:</i> 5:20PM		Vikarin 5121
		655313464 Rahu	10:29AM – 11:52AM	Kaulava Until 6:15AM	Nataraja: Purple		Moon 10 - Phase 27	2nd Phase
Creative Work	Siddha Yoga			Dvadashi* Until 4:38PM	Moon – Red		Subha Sivaloka Day	
					Ashvina•Aipasi			
					<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
Kanya Rasi: 10.02	Tithi 28 – 29	Gulika	6:24AM – 7:46AM	Hasta Until 3:19AM Sun	Ganesha: Orange	<i>Sunrise:</i> 6:24AM	Sun 11	Sutra 195
		Yama	1:13PM – 2:35PM	Vaidhriti* Until 11:34PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM		Vikarin 5121
		665313464 Rahu	9:08AM – 10:30AM	Visti Until 11:37PM	Nataraja: Purple		Moon 10 - Phase 27	2nd Phase
Routine Work	Marana Yoga			Trayodashi* Until 1:17PM	Moon – Green		Subha Sivaloka Day	
Until 3:19AM Sun					Ashvina•Aipasi			
Then Creative Work - Siddha Yoga								

●		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
Retreat Star		Gulika	2:34PM – 3:56PM	Chitra Until 12:48AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:25AM	Sun 12	Sutra 196
Kanya Rasi: 24.59	Tithi 29 – 30	Yama	11:51AM – 1:13PM	Vishkambha* Until 7:40PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM		Vikarin 5121
		665313464 Rahu	3:56PM – 5:18PM	Catuspada Until 8:18PM	Nataraja: Purple		Moon 10 - Phase 27	Amavasya
Creative Work	Siddha Yoga			Chaturdashi* Until 9:55AM	Moon – Green		Subha Sivaloka Day	
Until 12:48AM Mon					Ashvina•Aipasi			
Then Creative Work - Amrita Yoga								

Retreat Star		Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Mosul, Iraq
Retreat Star		Gulika	1:13PM – 2:34PM	Svati Until 10:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:26AM	Sun 13	Sutra 197
Tula Rasi: 9.52	Tithi 30 – 1	Yama	10:30AM – 11:51AM	Priti Until 3:57PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM		Vikarin 5121
Family Home Evening		665313464 Rahu	7:47AM – 9:09AM	Bava Until 3:47AM Tue	Nataraja: Purple		Moon 10 - Phase 27	Prathama
Creative Work	Amrita Yoga			Amavasya* Until 6:42AM	Moon – Green		Subha Sivaloka Day	
Until 10:24PM					Kartika•Aipasi			
Then Routine Work - Marana Yoga								

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Mosul, Iraq Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 24.31	Tithi 2	Gulika Yama	11:51AM – 1:12PM 9:09AM – 10:30AM	Vishakha Until 8:42PM Ayushman Until 12:32PM Balava Until 2:31PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:27AM Sunset: 5:15PM	Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Routine Work Marana Yoga Until 8:42PM Then Creative Work - Siddha Yoga		675313464	Rahu 2:33PM – 3:54PM	Dvitiya Until 1:21AM Wed	Kartika•Aipasi			

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Mosul, Iraq Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 8.49	Tithi 3	Gulika Yama	10:30AM – 11:51AM 7:49AM – 9:10AM	Anuradha Until 7:29PM Saubhagya Until 9:34AM Taitila Until 12:22PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:28AM Sunset: 5:14PM	Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga		675313464	Rahu 11:51AM – 1:12PM	Tritiya Until 11:33PM	Kartika•Aipasi			

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 22.4	Tithi 4	Gulika Yama	9:10AM – 10:31AM 6:29AM – 7:50AM	Jyeshtha* Until 6:51PM Sobhana Until 7:11AM Vanija Until 10:57AM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 6:29AM Sunset: 5:13PM	Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Routine Work Prabalarishta Yoga Until 6:51PM Then Creative Work - Siddha Yoga		675313464	Rahu 1:12PM – 2:32PM	Chaturthi* Until 10:31PM	Kartika•Aipasi			

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 5	Gulika Yama	7:50AM – 9:11AM 2:32PM – 3:52PM	Mula* Until 7:20PM Sukarma Until 4:18AM Sat Bava Until 10:21AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:30AM Sunset: 5:12PM	Subha Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Creative Work Amrita Yoga Until 7:20PM Then Routine Work - Prabalarishta Yoga		685313464	Rahu 10:31AM – 11:51AM	Panchami Until 10:21PM	Kartika•Aipasi			

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Mosul, Iraq Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 19.01	Tithi 6	Gulika Yama	6:31AM – 7:51AM 1:11PM – 2:31PM	Purvashadha* Until 8:31PM Dhriti Until 3:53AM Sun Kaulava Until 10:37AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:31AM Sunset: 5:11PM	Subha Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Creative Work Siddha Yoga Until 8:31PM Then Routine Work - Marana Yoga		685313464	Rahu 9:11AM – 10:31AM	Shashthi* Until 11:02PM	Kartika•Aipasi			

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau				Mosul, Iraq Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 1.35	Tithi 7	Gulika Yama	2:31PM – 3:50PM 11:51AM – 1:11PM	Uttarashadha Until 10:16PM Shula* Until 3:59AM Mon Gara Until 11:42AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Light Blue	Sunrise: 6:32AM Sunset: 5:10PM	Subha Subha Sivaloka Day	Moon 10 - Phase 28 3rd Phase
Creative Work Amrita Yoga		685313464	Rahu 3:50PM – 5:10PM	Saptami Until 12:30AM Mon	Kartika•Aipasi			

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Mosul, Iraq Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 13.49	Tithi 8	Gulika Yama	1:11PM – 2:30PM 10:32AM – 11:51AM	Shravana Until 12:57AM Tue Ganda* Until 4:32AM Tue Visti Until 1:29PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:33AM Sunset: 5:09PM	Sivaloka Day	Moon 10 - Phase 28 Ashtami
Family Home Evening Creative Work Amrita Yoga Until 12:57AM Tue Then Creative Work - Siddha Yoga		696313464	Rahu 7:52AM – 9:12AM	Ashtami* Until 2:33AM Tue	Kartika•Aipasi			

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Mosul, Iraq Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 25.5	Tithi 9	Gulika Yama	11:51AM – 1:10PM 9:12AM – 10:32AM	Dhanishtha Until 3:49AM Wed Vriddhi Until 5:21AM Wed Balava Until 3:45PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:34AM Sunset: 5:08PM	Sivaloka Day	Moon 10 - Phase 28 Navami
Creative Work Siddha Yoga		696313464	Rahu 2:30PM – 3:49PM	Navami* Until 4:58AM Wed	Kartika•Aipasi			

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila Karana Dashamyam Titau				Mosul, Iraq Sun 22 Sutra 206 Vikarin 5121
	Kumbha Rasi: 7.44	Tithi 10	Gulika 10:32AM – 11:51AM	Shatabhishak Until 6:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	
			Yama 7:54AM – 9:13AM	Dhruva Until 6:14AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 29
	696313464	Rahu 11:51AM – 1:10PM		Taitila Until 6:16PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:31AM Thu	Moon – Purple		Sivaloka Day	
				Kartika-Aipasi			


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 23 Sutra 207 Vikarin 5121
	Kumbha Rasi: 19.35	Tithi 10 – 11	Gulika 9:14AM – 10:32AM	Shatabhishak Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	
			Yama 6:36AM – 7:55AM	Dhruva Until 6:14AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 29
	796313464	Rahu 1:10PM – 2:29PM		Vanija Until 8:47PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:31AM	Moon – Purple		Subha Sivaloka Day	
				Kartika-Aipasi			


3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq Sun 24 Sutra 208 Vikarin 5121
	Meena Rasi: 1.28	Tithi 11 – 12	Gulika 7:55AM – 9:14AM	Purvaproshtapada* Until 9:44AM	Ganesha: Yellow	<i>Sunrise:</i> 6:37AM	
			Yama 2:28PM – 3:47PM	Vyaghata* Until 7:04AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 29
	716313464	Rahu 10:33AM – 11:51AM		Bava Until 11:08PM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:58AM	Moon – Clear		Subha Sivaloka Day	
				Kartika-Aipasi			

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 25 Sutra 209 Vikarin 5121
	Meena Rasi: 13.26	Tithi 12 – 13	Gulika 6:38AM – 7:56AM	Uttaraproshtapada Until 12:25PM	Ganesha: Yellow	<i>Sunrise:</i> 6:38AM	
			Yama 1:10PM – 2:28PM	Harshana Until 7:44AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 29
	716313464	Rahu 9:15AM – 10:33AM		Kaulava Until 1:12AM Sun	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:11PM	Moon – Clear		Subha Sivaloka Day	
Until 12:25PM				Kartika-Aipasi			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata</i>				

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 26 Sutra 210 Vikarin 5121
	Meena Rasi: 25.31	Tithi 13 – 14	Gulika 2:28PM – 3:46PM	Revati Until 2:37PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
			Yama 11:51AM – 1:09PM	Vajra* Until 8:08AM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 29
	716313464	Rahu 3:46PM – 5:04PM		Gara Until 2:52AM Mon	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 2:03PM	Moon – Clear		Subha Sivaloka Day	
Until 2:37PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

6	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 27 Sutra 211 Vikarin 5121
	Mesha Rasi: 7.46	Tithi 14 – 15	Gulika 1:09PM – 2:27PM	Ashvini Until 4:45PM	Ganesha: Clear	<i>Sunrise:</i> 6:40AM	
			Yama 10:34AM – 11:51AM	Siddhi Until 8:15AM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 29
	727313464	Rahu 7:58AM – 9:16AM		Visti Until 4:07AM Tue	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:32PM	Moon – White		Subha Sivaloka Day	
				Kartika-Aipasi			

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sun 28 Sutra 212 Vikarin 5121
	Copper Retreat Star		Gulika 11:52AM – 1:09PM	Bharani Until 6:19PM	Ganesha: White	<i>Sunrise:</i> 6:41AM	
	Mesha Rasi: 20.12	Tithi 15 – 16	Yama 9:16AM – 10:34AM	Vyatipata* Until 8:03AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 29
	727413464	Rahu 2:27PM – 3:45PM		Balava Until 4:57AM Wed	Nataraja: Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:34PM	Moon – White		Sivaloka Day	
				Kartika-Aipasi			

	Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 29 Sutra 213 Vikarin 5121
	Silver Retreat Star		Gulika 10:34AM – 11:52AM	Krittika Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 6:42AM	
	Vrishabha Rasi: 2.49	Tithi 16 – 17	Yama 7:59AM – 9:17AM	Variyan Until 7:30AM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Moon 10 - Phase 29
	727413464	Rahu 11:52AM – 1:09PM		Taitila Until 5:22AM Thu	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 5:11PM	Moon – White		Sivaloka Day	
Until 7:19PM				Kartika-Aipasi			
Then Creative Work - Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sun 1

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 15.38 Tithi 17 - 18

Gulika

9:17AM - 10:35AM

Rohini Until 8:14PM

Ganesha: Clear

Sunrise: 6:43AM

Yama

6:43AM - 8:00AM

Parigha* Until 6:39AM

Muruqa: Purple

Sunset: 5:01PM

Rahu

1:09PM - 2:26PM

Vanija Until 5:23AM Fri

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Aipasi

Routine Work Marana Yoga

Friday, November 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq

Sun 2

Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 28.38 Tithi 18 - 19

Gulika

8:01AM - 9:18AM

Mrigashira Until 8:38PM

Ganesha: Clear

Sunrise: 6:44AM

Yama

2:26PM - 3:43PM

Siddha Until 4:03AM Sat

Muruqa: Purple

Sunset: 5:00PM

Rahu

10:35AM - 11:52AM

Bava Until 5:02AM Sat

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Aipasi

Creative Work Siddha Yoga

Saturday, November 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sun 3

Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 11.49 Tithi 19 - 20

Gulika

6:45AM - 8:02AM

Ardra Until 8:32PM

Ganesha: Clear

Sunrise: 6:45AM

Yama

1:09PM - 2:26PM

Sadhya Until 2:19AM Sun

Muruqa: Purple

Sunset: 4:59PM

Rahu

9:19AM - 10:35AM

Kaulava Until 4:20AM Sun

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Sunday, November 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mosul, Iraq

Sun 4

Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 25.12 Tithi 20 - 21

Gulika

2:26PM - 3:42PM

Punarvasu Until 8:24PM

Ganesha: Purple

Sunrise: 6:46AM

Yama

11:52AM - 1:09PM

Subha Until 12:20AM Mon

Muruqa: Purple

Sunset: 4:59PM

Rahu

3:42PM - 4:59PM

Gara Until 3:17AM Mon

Nataraja: Clear

Moon - Blue

Devaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Monday, November 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq

Sun 5

Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 8.47 Tithi 21 - 22

Gulika

1:09PM - 2:25PM

Pushya Until 7:46PM

Ganesha: Clear

Sunrise: 6:47AM

Yama

10:36AM - 11:53AM

Sukla Until 10:03PM

Muruqa: Purple

Sunset: 4:58PM

Rahu

8:03AM - 9:20AM

Visti Until 1:53AM Tue

Nataraja: Clear

Moon - Blue

Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq

Sun 6

Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

748413465 Kataka Rasi: 22.33 Tithi 22 - 23

Gulika

11:53AM - 1:09PM

Ashlesha* Until 6:40PM

Ganesha: Clear

Sunrise: 6:48AM

Yama

9:20AM - 10:37AM

Brahma Until 7:31PM

Muruqa: Purple

Sunset: 4:58PM

Rahu

2:25PM - 3:41PM

Balava Until 12:10AM Wed

Nataraja: Clear

Moon - Blue

Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq

Sun 7

Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 6.32 Tithi 23 - 24

Gulika

10:37AM - 11:53AM

Magha* Until 5:32PM

Ganesha: White

Sunrise: 6:49AM

Yama

8:05AM - 9:21AM

Indra Until 4:44PM

Muruqa: Purple

Sunset: 4:57PM

Rahu

11:53AM - 1:09PM

Taitila Until 10:08PM

Nataraja: Clear

Moon - Red

Subha Sivaloka Day

Karttika-Kartikai

Creative Work Siddha Yoga

Until 5:32PM

Then Creative Work - Amrita Yoga


1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq
Simha Rasi: 20.43	Tithi 24 – 25	758413465	Gulika 9:22AM – 10:37AM Yama 6:50AM – 8:06AM Rahu 1:09PM – 2:25PM	Purvaphalguni Until 3:59PM Vaidhrili* Until 1:42PM Vanija Until 7:49PM Navami* Until 8:59AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 6:50AM Sunset: 4:57PM	Sun 8	Sutra 221 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
Creative Work	Siddha Yoga							Subha Sivaloka Day Karttika-Karttikai

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
Kanya Rasi: 5.04	Tithi 25 – 26	758413465	Gulika 8:07AM – 9:22AM Yama 2:25PM – 3:40PM Rahu 10:38AM – 11:54AM	Uttaraphalguni Until 2:03PM Vishkambha* Until 10:29AM Balava Until 3:57AM Sat Dashami Until 6:33AM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Red	Sunrise: 6:51AM Sunset: 4:56PM	Sun 9	Sutra 222 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
Creative Work	Siddha Yoga							Subha Sivaloka Day Karttika-Karttikai
Until 2:03PM								
Then Creative Work - Amrita Yoga								

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Mosul, Iraq
Kanya Rasi: 19.32	Tithi 27	768413465	Gulika 6:52AM – 8:07AM Yama 1:09PM – 2:25PM Rahu 9:23AM – 10:38AM	Hasta Until 12:16PM Priti Until 7:09AM Kaulava Until 2:39PM Dvadashti* Until 1:17AM Sun	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Green	Sunrise: 6:52AM Sunset: 4:56PM	Sun 10	Sutra 223 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
Routine Work	Marana Yoga							Sivaloka Day Karttika-Karttikai

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq
Tula Rasi: 4.02	Tithi 28	769413465	Gulika 2:25PM – 3:40PM Yama 11:54AM – 1:09PM Rahu 3:40PM – 4:55PM	Chitra Until 10:20AM Saubhagya Until 12:25AM Mon Gara Until 11:59AM Trayodashi* Until 10:40PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Green	Sunrise: 6:53AM Sunset: 4:55PM	Sun 11	Sutra 224 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
Creative Work	Siddha Yoga							Devaloka Day Karttika-Karttikai
								Pradosha Vrata (Fasting)

5		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq
Tula Rasi: 18.3	Tithi 29	769413465	Gulika 1:10PM – 2:25PM Yama 10:39AM – 11:54AM Rahu 8:09AM – 9:24AM	Svati Until 8:21AM Sobhana Until 9:15PM Visti Until 9:26AM Chaturdashy* Until 8:14PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Green	Sunrise: 6:54AM Sunset: 4:55PM	Sun 12	Sutra 225 Vikarin 5121 Moon 11 - Phase 31 2nd Phase
Family Home Evening	Amrita Yoga							Devaloka Day Karttika-Karttikai
Until 8:21AM								
Then Routine Work - Marana Yoga								

		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq
Retreat Star			Gulika 11:55AM – 1:10PM Yama 9:25AM – 10:40AM Rahu 2:25PM – 3:40PM	Vishakha Until 6:54AM Athiganda* Until 6:20PM Catuspada Until 7:09AM Amavasya* Until 6:08PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Orange	Sunrise: 6:55AM Sunset: 4:54PM	Sun 13	Sutra 226 Vikarin 5121 Moon 11 - Phase 31 Amavasya
Vrischika Rasi: 2.47	Tithi 30	779413465						Devaloka Day Karttika-Karttikai
Routine Work	Marana Yoga							
Until 6:54AM								
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq
Vrischika Rasi: 16.5	Tithi 1 – 2	779413465	Gulika 10:40AM – 11:55AM Yama 8:11AM – 9:26AM Rahu 11:55AM – 1:10PM	Jyeshtha* Until 4:53AM Thu Sukarma Until 3:49PM Balava Until 3:55AM Thu Prathama* Until 4:30PM	Ganesha: Blue Muruqa: Purple Nataraja: Clear Moon – Orange	Sunrise: 6:56AM Sunset: 4:54PM	Sun 14	Sutra 227 Vikarin 5121 Moon 11 - Phase 31 Prathama
Creative Work	Siddha Yoga							Devaloka Day Margasira-Karttikai

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Musul, Iraq Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 0.32	Tithi 2 – 3	Gulika 9:26AM – 10:41AM	Mula* Until 5:02AM Fri	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	
		Yama 6:57AM – 8:12AM	Dhriti Until 1:47PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 32
		789413465 Rahu 1:10PM – 2:25PM	Taitila Until 3:15AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 3:29PM	Moon – Light Blue		Devaloka Day
Until 5:02AM Fri				Margasira•Karttikai		
Then Routine Work - Prabalarishta Yoga						

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Musul, Iraq Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 13.51	Tithi 3 – 4	Gulika 8:12AM – 9:27AM	Purvashadha* Until 5:45AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	
		Yama 2:25PM – 3:39PM	Shula* Until 12:16PM	Muruqa: Purple	<i>Sunset:</i> 4:54PM	Moon 11 - Phase 32
		789413465 Rahu 10:41AM – 11:56AM	Vanija Until 3:19AM Sat	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 3:10PM	Moon – Light Blue		Devaloka Day
Until 5:45AM Sat				Margasira•Karttikai		
Then Routine Work - Marana Yoga						

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Musul, Iraq Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 26.47	Tithi 4 – 5	Gulika 6:59AM – 8:13AM	Uttarashadha Until 7:01AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:59AM	
		Yama 1:10PM – 2:25PM	Ganda* Until 11:21AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		789413465 Rahu 9:27AM – 10:42AM	Bava Until 4:08AM Sun	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 3:37PM	Moon – Light Blue		Devaloka Day
Until 7:01AM Sun				Margasira•Karttikai		
Then Creative Work - Amrita Yoga						

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Musul, Iraq Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 9.22	Tithi 5 – 6	Gulika 2:25PM – 3:39PM	Uttarashadha Until 7:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:00AM	
		Yama 11:56AM – 1:11PM	Vridhhi Until 11:01AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		789413465 Rahu 3:39PM – 4:53PM	Kaulava Until 5:39AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 4:47PM	Moon – Light Blue		Devaloka Day
				Margasira•Karttikai		

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila Karana Shashthyam Titau		Musul, Iraq Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 21.4	Tithi 6	Gulika 1:11PM – 2:25PM	Shravana Until 9:16AM	Ganesha: Clear	<i>Sunrise:</i> 7:01AM	
Family Home Evening		Yama 10:43AM – 11:57AM	Dhruva Until 11:09AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		791413465 Rahu 8:15AM – 9:29AM	Taitila Until 6:35PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 6:35PM	Moon – Purple		Sivaloka Day
Until 9:16AM				Margasira•Karttikai		
Then Creative Work - Siddha Yoga						

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau		Musul, Iraq Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 3.44	Tithi 7	Gulika 11:57AM – 1:11PM	Dhanishtha Until 11:51AM	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	
		Yama 9:29AM – 10:43AM	Vyaghata* Until 11:41AM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		791413465 Rahu 2:25PM – 3:39PM	Gara Until 7:42AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 8:51PM	Moon – Purple		Sivaloka Day
Until 11:51AM				Margasira•Karttikai		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau		Musul, Iraq Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 15.4	Tithi 8	Gulika 10:44AM – 11:58AM	Shatabhishak Until 2:33PM	Ganesha: Clear	<i>Sunrise:</i> 7:02AM	
		Yama 8:16AM – 9:30AM	Harshana Until 12:27PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		791413465 Rahu 11:58AM – 1:11PM	Visti Until 10:05AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:19PM	Moon – Purple		Sivaloka Day
Until 2:33PM				Margasira•Karttikai		
Then Creative Work - Amrita Yoga						

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Musul, Iraq Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 27.33	Tithi 9	Gulika 9:31AM – 10:44AM	Purvaproshtapada* Until 5:39PM	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM	
		Yama 7:03AM – 8:17AM	Vajra* Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Moon 11 - Phase 32
		711413465 Rahu 1:12PM – 2:25PM	Balava Until 12:36PM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 1:48AM Fri	Moon – Clear		Sivaloka Day
				Margasira•Karttikai		

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 9.27	Tithi 10	Gulika 8:18AM – 9:31AM	Uttaraproshtapada Until 8:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:04AM			
		Yama 2:26PM – 3:39PM	Siddhi Until 1:59PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		711413465 Rahu 10:45AM – 11:58AM	Taitila Until 3:00PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 4:05AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 21.26	Tithi 11	Gulika 7:05AM – 8:18AM	Revati Until 10:46PM	Ganesha: White	<i>Sunrise:</i> 7:05AM			
		Yama 1:12PM – 2:26PM	Vyatipata* Until 2:31PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		711513465 Rahu 9:32AM – 10:45AM	Vanija Until 5:07PM	Nataraja: Clear			4th Phase	
Routine Work	Prabalarishta Yoga		Ekadashi Until 5:59AM Sun	Moon – Clear			Subha Sivaloka Day	
Until 10:46PM				Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava Karana Dvadashyam Titau				Mosul, Iraq Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 3.35	Tithi 12	Gulika 2:26PM – 3:39PM	Ashvini Until 12:59AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:06AM			
		Yama 11:59AM – 1:13PM	Variyan Until 2:43PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		721513465 Rahu 3:39PM – 4:53PM	Bava Until 6:47PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:24AM Mon	Moon – White			Sivaloka Day	
				Margasira-Karttikai				

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 15.55	Tithi 12 – 13	Gulika 1:13PM – 2:26PM	Bharani Until 2:30AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:07AM			
Family Home Evening		Yama 10:47AM – 12:00PM	Parigha* Until 2:31PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		721513465 Rahu 8:20AM – 9:33AM	Kaulava Until 7:55PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 7:24AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 28.31	Tithi 13 – 14	Gulika 12:00PM – 1:13PM	Krittika Until 3:18AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:07AM			
		Yama 9:34AM – 10:47AM	Shiva Until 1:54PM	Muruqa: Purple	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		721513465 Rahu 2:27PM – 3:40PM	Gara Until 8:29PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 8:15AM	Moon – White			Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai				

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:48AM – 12:01PM	Rohini Until 3:52AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:08AM			
Vrishabha Rasi: 11.22	Tithi 14 – 15	Yama 8:21AM – 9:34AM	Siddha Until 12:49PM	Muruqa: Clear	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		731523465 Rahu 12:01PM – 1:14PM	Visti Until 8:28PM	Nataraja: Clear			Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:31AM	Moon – Yellow			Sivaloka Day	
Until 3:52AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Mosul, Iraq Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:35AM – 10:48AM	Mrigashira Until 3:48AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:09AM			
Vrishabha Rasi: 24.3	Tithi 15 – 16	Yama 7:09AM – 8:22AM	Sadhya Until 11:20AM	Muruqa: Clear	<i>Sunset:</i> 4:53PM		Moon 11 - Phase 33	
		732523465 Rahu 1:14PM – 2:27PM	Balava Until 7:55PM	Nataraja: Clear			Prathama	
Routine Work	Marana Yoga		Purnima* Until 8:14AM	Moon – Yellow			Devaloka Day	
Until 3:48AM Fri		Vinayaga Viratam Begins		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Mosul, Iraq

Sutra 243

Vikarin 5121

Mithuna Rasi: 7.54 Tithi 16 - 17

732523465

Gulika 8:23AM - 9:36AM
Yama 2:28PM - 3:41PM
Rahu 10:49AM - 12:02PM

Ardra Until 3:09AM Sat

Subha Until 9:28AM

Taitila Until 6:56PM

Prathama* Until 7:27AM

Ganesha: Clear **Sunrise:** 7:10AM

Muruqa: Clear **Sunset:** 4:54PM

Nataraja: Clear

Moon - Yellow

Margasira-Karttikai

Devaloka Day

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Visli* Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sutra 244

Vikarin 5121

Mithuna Rasi: 21.32 Tithi 17 - 18

742523465

Gulika 7:10AM - 8:23AM
Yama 1:15PM - 2:28PM
Rahu 9:36AM - 10:49AM

Punarvasu Until 2:29AM Sun

Sukla Until 7:15AM

Visli Until 4:45AM Sun

Dvitiya Until 6:16AM

Ganesha: Purple **Sunrise:** 7:10AM

Muruqa: Clear **Sunset:** 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthiyam Titau

Mosul, Iraq

Sutra 245

Vikarin 5121

Kataka Rasi: 5.22 Tithi 19

742523465

Gulika 2:28PM - 3:41PM
Yama 12:03PM - 1:15PM
Rahu 3:41PM - 4:54PM

Pushya Until 1:25AM Mon

Indra Until 2:11AM Mon

Bava Until 3:55PM

Chaturthi* Until 3:00AM Mon

Ganesha: Purple **Sunrise:** 7:11AM

Muruqa: Clear **Sunset:** 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Karttikai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq

Sutra 246

Vikarin 5121

Kataka Rasi: 19.2 Tithi 20

742523465

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:16PM - 2:29PM
Yama 10:50AM - 12:03PM
Rahu 8:25AM - 9:37AM

Ashlesha* Until 12:02AM Tue

Vaidhriti* Until 11:24PM

Kaulava Until 2:04PM

Panchami Until 1:04AM Tue

Ganesha: Purple **Sunrise:** 7:12AM

Muruqa: Clear **Sunset:** 4:54PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq

Sutra 247

Vikarin 5121

Simha Rasi: 3.25 Tithi 21

852523465

Gulika 12:04PM - 1:16PM
Yama 9:38AM - 10:51AM
Rahu 2:29PM - 3:42PM

Magha* Until 10:50PM

Vishkambha* Until 8:33PM

Gara Until 12:06PM

Shashthi* Until 11:03PM

Ganesha: Purple **Sunrise:** 7:12AM

Muruqa: Clear **Sunset:** 4:55PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Mosul, Iraq

Sutra 248

Vikarin 5121

Simha Rasi: 17.32 Tithi 22

852523465

Gulika 10:51AM - 12:04PM
Yama 8:26AM - 9:39AM
Rahu 12:04PM - 1:17PM

Purvaphalguni Until 9:27PM

Priti Until 5:40PM

Visti Until 10:02AM

Saptami Until 8:59PM

Ganesha: Purple **Sunrise:** 7:13AM

Muruqa: Clear **Sunset:** 4:55PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Ashtamyam Titau

Mosul, Iraq

Sutra 249

Vikarin 5121

Kanya Rasi: 1.42 Tithi 23

852523465

Gulika 9:39AM - 10:52AM
Yama 7:14AM - 8:26AM
Rahu 1:17PM - 2:30PM

Uttaraphalguni Until 7:55PM

Ayushman Until 2:44PM

Balava Until 7:57AM

Ashtami* Until 6:54PM

Ganesha: Purple **Sunrise:** 7:14AM

Muruqa: Clear **Sunset:** 4:56PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Until 7:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mosul, Iraq

Sutra 250

Vikarin 5121

Kanya Rasi: 15.51 Tithi 24 - 25

862523465

Gulika 8:27AM - 9:40AM
Yama 2:31PM - 3:43PM
Rahu 10:52AM - 12:05PM

Hasta Until 6:41PM

Saubhagya Until 11:50AM

Vanija Until 3:51AM Sat

Navami* Until 4:50PM

Ganesha: Clear **Sunrise:** 7:14AM

Muruqa: Clear **Sunset:** 4:56PM

Nataraja: Clear

Moon - Green

Margasira-Markali

Devaloka Day

Creative Work Amrita Yoga

Until 6:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Musul, Iraq Sutra 251 Vikarin 5121
Kanya Rasi: 29.59	Tithi 25 – 26	862523465	Gulika 7:15AM – 8:27AM Yama 1:18PM – 2:31PM Rahu 9:40AM – 10:53AM	Chitra Until 5:22PM Sobhana Until 8:59AM Bava Until 1:54AM Sun Dashami Until 2:51PM	Ganesha: Clear <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 4:56PM Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 5:22PM					
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Musul, Iraq Sutra 252 Vikarin 5121
Tula Rasi: 14.02	Tithi 26 – 27	862523465	Gulika 2:32PM – 3:44PM Yama 12:06PM – 1:19PM Rahu 3:44PM – 4:57PM	Svati Until 4:03PM Athiganda* Until 6:12AM Kaulava Until 12:07AM Mon Ekadashi* Until 12:58PM	Ganesha: Clear <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 4:57PM Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 4:03PM					
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Musul, Iraq Sutra 253 Vikarin 5121
Tula Rasi: 28	Tithi 27 – 28	872523465	Gulika 1:19PM – 2:32PM Yama 10:54AM – 12:07PM Rahu 8:28AM – 9:41AM	Vishakha Until 3:13PM Dhriti Until 1:07AM Tue Gara Until 10:34PM Dvadashi* Until 11:17AM	Ganesha: White <i>Sunrise:</i> 7:16AM Muruqa: Clear <i>Sunset:</i> 4:57PM Nataraja: Clear Moon – Orange
Family Home Evening	Marana Yoga		Day 3 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 3:13PM					
Then Creative Work - Siddha Yoga					

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Musul, Iraq Sutra 254 Vikarin 5121
Vrischika Rasi: 11.48	Tithi 28 – 29	872523465	Gulika 12:07PM – 1:20PM Yama 9:42AM – 10:54AM Rahu 2:33PM – 3:45PM	Anuradha Until 2:31PM Shula* Until 10:54PM Visti Until 9:19PM Trayodashi* Until 9:52AM	Ganesha: White <i>Sunrise:</i> 7:16AM Muruqa: Clear <i>Sunset:</i> 4:58PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:31PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Musul, Iraq Sutra 255 Vikarin 5121
Vrischika Rasi: 25.25	Tithi 29 – 30	872523465	Gulika 10:55AM – 12:08PM Yama 8:29AM – 9:42AM Rahu 12:08PM – 1:20PM	Jyeshtha* Until 2:02PM Ganda* Until 9:02PM Catuspada Until 8:29PM Chaturdashi* Until 8:49AM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 5 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 2:02PM					
Then Routine Work - Marana Yoga					

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Musul, Iraq Sutra 256 Vikarin 5121
Dhanus Rasi: 8.46	Tithi 30 – 1	883523465	Gulika 9:43AM – 10:55AM Yama 7:17AM – 8:30AM Rahu 1:21PM – 2:34PM	Mula* Until 2:19PM Vriddhi Until 7:34PM Kintughna Until 8:09PM Amavasya* Until 8:14AM	Ganesha: Orange <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:59PM Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha-Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Mosul, Iraq Sun 14 Sutra 257 Vikarin 5121
Dhanus Rasi: 21.5	Tithi 1 – 2	Gulika 8:30AM – 9:43AM	Purvashadha* Until 2:59PM	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	
		Yama 2:34PM – 3:47PM	Dhruva Until 6:31PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
		883523466 Rahu 10:56AM – 12:09PM	Balava Until 8:22PM	Nataraja: Orange		3rd Phase
Routine Work	Prabalarishta Yoga		Prathama* Until 8:10AM	Moon – Light Blue		Devaloka Day
Until 2:59PM				Pausa-Markali		
Then Routine Work - Marana Yoga						
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Mosul, Iraq Sun 15 Sutra 258 Vikarin 5121
Makara Rasi: 4.37	Tithi 2 – 3	Gulika 7:18AM – 8:31AM	Uttarashadha Until 4:04PM	Ganesha: Orange	<i>Sunrise:</i> 7:18AM	
		Yama 1:22PM – 2:35PM	Vyaghata* Until 5:56PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
		883523466 Rahu 9:43AM – 10:56AM	Taitila Until 9:12PM	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 8:42AM	Moon – Light Blue		Devaloka Day
Until 4:04PM				Pausa-Markali		
Then Creative Work - Siddha Yoga						
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Mosul, Iraq Sun 16 Sutra 259 Vikarin 5121
Makara Rasi: 17.08	Tithi 3 – 4	Gulika 2:35PM – 3:48PM	Shravana Until 6:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
		Yama 12:10PM – 1:23PM	Harshana Until 5:48PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
		893523466 Rahu 3:48PM – 5:01PM	Vanija Until 10:37PM	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 9:49AM	Moon – Purple		Devaloka Day
Until 6:02PM				Pausa-Markali		
Then Routine Work - Marana Yoga						
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Mosul, Iraq Sun 17 Sutra 260 Vikarin 5121
Makara Rasi: 29.25	Tithi 4 – 5	Gulika 1:23PM – 2:36PM	Dhanishtha Until 8:20PM	Ganesha: Clear	<i>Sunrise:</i> 7:18AM	
		Yama 10:57AM – 12:10PM	Vajra* Until 6:03PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 36
Family Home Evening		893523466 Rahu 8:31AM – 9:44AM	Bava Until 12:31AM Tue	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:29AM	Moon – Purple		Devaloka Day
				Pausa-Markali		
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Mosul, Iraq Sun 18 Sutra 261 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 5 – 6	Gulika 12:11PM – 1:24PM	Shatabhishak Until 10:50PM	Ganesha: Clear	<i>Sunrise:</i> 7:19AM	
		Yama 9:45AM – 10:58AM	Siddhi Until 6:36PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 36
		893523466 Rahu 2:37PM – 3:50PM	Kaulava Until 2:48AM Wed	Nataraja: Orange		3rd Phase
Routine Work	Marana Yoga		Panchami Until 1:36PM	Moon – Purple		Devaloka Day
				Pausa-Markali		
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Mosul, Iraq Sun 19 Sutra 262 Vikarin 5121
Kumbha Rasi: 23.28	Tithi 6 – 7	Gulika 10:58AM – 12:12PM	Purvaprosarthpada* Until 1:54AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	
		Yama 8:32AM – 9:45AM	Vyatipata* Until 7:21PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 36
		813623466 Rahu 12:12PM – 1:25PM	Gara Until 5:17AM Thu	Nataraja: Orange		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:01PM	Moon – Clear		Bhuloka Day
Until 1:54AM Thu				Pausa-Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends				
Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Vanija Karana Saplamyam Titau		Mosul, Iraq Sun 20 Sutra 263 Vikarin 5121
Meena Rasi: 5.21	Tithi 7	Gulika 9:46AM – 10:59AM	Uttaraprosarthpada Until 4:48AM Fri	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	
		Yama 7:19AM – 8:32AM	Variyan Until 8:08PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 36
		813623466 Rahu 1:25PM – 2:38PM	Vanija Until 6:31PM	Nataraja: Orange		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:31PM	Moon – Clear		Bhuloka Day
				Pausa-Markali		Devaloka Time: 3:PM to 6:PM
Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau		Mosul, Iraq Sun 21 Sutra 264 Vikarin 5121
Meena Rasi: 17.15	Tithi 8	Gulika 8:33AM – 9:46AM	Revati Until 7:23AM Sat	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	
		Yama 2:39PM – 3:52PM	Parigha* Until 8:51PM	Muruqa: Clear	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 36
		813623466 Rahu 10:59AM – 12:12PM	Visti Until 7:46AM	Nataraja: Orange		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 8:55PM	Moon – Clear		Bhuloka Day
				Pausa-Markali		Devaloka Time: 3:PM to 6:PM
Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Mosul, Iraq Sun 22 Sutra 265 Vikarin 5121
Meena Rasi: 29.13	Tithi 9	Gulika 7:19AM – 8:33AM	Revati Until 7:23AM	Ganesha: Blue	<i>Sunrise:</i> 7:19AM	
		Yama 1:26PM – 2:40PM	Shiva Until 9:21PM	Muruqa: Clear	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 36
		813623466 Rahu 9:46AM – 11:00AM	Balava Until 10:02AM	Nataraja: Orange		Navami
Routine Work	Prabalarishta Yoga		Navami* Until 11:01PM	Moon – Clear		Bhuloka Day
Until 7:23AM				Pausa-Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1 Sunday, January 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq
Mesha Rasi: 11.2	Tithi 10	Gulika 2:40PM – 3:54PM	Ashvini Until 9:54AM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 23 Sutra 266
		Yama 12:13PM – 1:27PM	Siddha Until 9:27PM	Muruqa: Clear	Sunset: 5:07PM	Vikarin 5121
	823623466	Rahu 3:54PM – 5:07PM	Taitila Until 11:54AM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga			Moon – White		4th Phase
Until 9:54AM		Subramuniyaswami Jayanti	Dashami Until 12:36AM Mon	Pausha-Markali		Devaloka Day
Then Routine Work - Prabalarishta Yoga						

2 Monday, January 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq
Mesha Rasi: 23.4	Tithi 11	Gulika 1:27PM – 2:41PM	Bharani Until 11:44AM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 24 Sutra 267
Family Home Evening		Yama 11:00AM – 12:14PM	Sadhya Until 9:06PM	Muruqa: Clear	Sunset: 5:08PM	Vikarin 5121
Creative Work	Siddha Yoga	823623466 Rahu 8:33AM – 9:47AM	Vanija Until 1:11PM	Nataraja: Orange		Moon 12 - Phase 37
Until 11:44AM		Vaikuntha Ekadasi	Ekadashi Until 1:33AM Tue	Moon – White		4th Phase
Then Routine Work - Marana Yoga				Pausha-Markali		Devaloka Day

3 Tuesday, January 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Titau				Mosul, Iraq
Vrishabha Rasi: 6.17	Tithi 12	Gulika 12:14PM – 1:28PM	Krittika Until 12:45PM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 25 Sutra 268
		Yama 9:47AM – 11:01AM	Subha Until 8:13PM	Muruqa: Clear	Sunset: 5:09PM	Vikarin 5121
	823623466	Rahu 2:42PM – 3:55PM	Bava Until 1:47PM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga			Moon – White		4th Phase
Until 12:45PM			Dvadashi Until 1:47AM Wed	Pausha-Markali		Devaloka Day
Then Creative Work - Amrita Yoga						

4 Wednesday, January 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodashyam Titau				Mosul, Iraq
Vrishabha Rasi: 19.16	Tithi 13	Gulika 11:01AM – 12:15PM	Rohini Until 1:22PM	Ganesha: White	Sunrise: 7:19AM	Sun 26 Sutra 269
		Yama 8:33AM – 9:47AM	Sukla Until 6:44PM	Muruqa: Clear	Sunset: 5:10PM	Vikarin 5121
	833623466	Rahu 12:15PM – 1:29PM	Kaulava Until 1:38PM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga			Moon – Yellow		4th Phase
			Trayodashi Until 1:17AM Thu	Pausha-Markali		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM
			Pradosha Vrata			

5 Thursday, January 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Mosul, Iraq
Mithuna Rasi: 2.37	Tithi 14	Gulika 9:47AM – 11:01AM	Mrigashira Until 1:09PM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 27 Sutra 270
		Yama 7:19AM – 8:33AM	Brahma Until 4:44PM	Muruqa: Clear	Sunset: 5:11PM	Vikarin 5121
	834623466	Rahu 1:29PM – 2:43PM	Gara Until 12:48PM	Nataraja: Orange		Moon 12 - Phase 37
Routine Work	Marana Yoga			Moon – Yellow		4th Phase
			Chaturdashi* Until 12:07AM Fri	Pausha-Markali		Devaloka Day

Friday, January 10, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Mosul, Iraq
Mithuna Rasi: 16.19	Tithi 15	Gulika 8:33AM – 9:47AM	Ardra Until 12:10PM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 28 Sutra 271
		Yama 2:44PM – 3:58PM	Indra Until 2:16PM	Muruqa: Clear	Sunset: 5:12PM	Vikarin 5121
	834623466	Rahu 11:01AM – 12:16PM	Visti Until 11:19AM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga			Moon – Yellow		Purnima
		Penumbral Lunar Eclipse	Purnima* Until 10:22PM	Pausha-Markali		Devaloka Day
		Ardra Darshanam				

Saturday, January 11, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq
Kataka Rasi: 0.22	Tithi 16	Gulika 7:19AM – 8:33AM	Punarvasu Until 10:59AM	Ganesha: White	Sunrise: 7:19AM	Sun 29 Sutra 272
		Yama 1:30PM – 2:44PM	Vaidhriti* Until 11:22AM	Muruqa: Clear	Sunset: 5:13PM	Vikarin 5121
	844623466	Rahu 9:47AM – 11:02AM	Balava Until 9:20AM	Nataraja: Orange		Moon 12 - Phase 37
Creative Work	Siddha Yoga			Moon – Blue		Prathama
			Prathama* Until 8:10PM	Pausha-Markali		Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 14.41 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vishkambha*Priti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:45PM - 3:59PM
Yama 12:16PM - 1:31PM
Rahu 3:59PM - 5:14PM

Pushya Until 9:17AM
Vishkambha* Until 8:12AM
Taitila Until 6:58AM
Dvitiya Until 5:40PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:19AM
Sunset: 5:14PM

Sun 1
Mosul, Iraq
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 29.1 Tithi 18 - 19

844623466

Family Home Evening
Creative Work Siddha Yoga

Until 7:13AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ayushman Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:31PM - 2:46PM
Yama 11:02AM - 12:17PM
Rahu 8:33AM - 9:48AM

Ashlesha* Until 7:13AM
Ayushman Until 1:24AM Tue
Bava Until 1:39AM Tue
Tritiya Until 2:59PM

Ganesha: White
Muruqa: Clear
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sunrise: 7:19AM
Sunset: 5:15PM

Sun 2
Mosul, Iraq
Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 13.43 Tithi 19 - 20

854623466

Creative Work Siddha Yoga

Until 3:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:17PM - 1:32PM
Yama 9:48AM - 11:02AM
Rahu 2:46PM - 4:01PM

Purvaphalguni Until 3:23AM Wed
Saubhagya Until 9:58PM
Kaulava Until 10:57PM
Chaturthi* Until 12:16PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:18AM
Sunset: 5:16PM

Sun 3
Mosul, Iraq
Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 28.14 Tithi 20 - 21

854623466

Creative Work Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:03AM - 12:17PM
Yama 8:33AM - 9:48AM
Rahu 12:17PM - 1:32PM

Uttaraphalguni Until 1:26AM Thu
Sobhana Until 6:40PM
Gara Until 8:24PM
Panchami Until 9:38AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Orange
Moon - Red
Pausha-Thai

Sunrise: 7:18AM
Sunset: 5:17PM

Sun 4
Mosul, Iraq
Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 12.38 Tithi 21 - 22

864623466

Routine Work Marana Yoga

Until 12:00AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:48AM - 11:03AM
Yama 7:18AM - 8:33AM
Rahu 1:33PM - 2:48PM

Hasta Until 12:00AM Fri
Athiganda* Until 3:30PM
Visti Until 6:04PM
Shashthi* Until 7:11AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:18AM
Sunset: 5:18PM

Sun 5
Mosul, Iraq
Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 26.52 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:33AM - 9:48AM
Yama 2:48PM - 4:04PM
Rahu 11:03AM - 12:18PM

Chitra Until 10:43PM
Sukarma Until 12:35PM
Balava Until 4:01PM
Ashtami* Until 3:06AM Sat

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:17AM
Sunset: 5:19PM

Sun 6
Mosul, Iraq
Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 10.53 Tithi 24

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 7:17AM - 8:32AM
Yama 1:34PM - 2:49PM
Rahu 9:48AM - 11:03AM

Svati Until 9:39PM
Dhriti Until 9:56AM
Taitila Until 2:19PM
Navami* Until 1:35AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Orange
Moon - Green
Pausha-Thai

Sunrise: 7:17AM
Sunset: 5:20PM

Sun 7
Mosul, Iraq
Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day


1	Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Mosul, Iraq
			Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8 Sutra 280
	Tula Rasi: 24.41	Tithi 25	Gulika 2:50PM – 4:05PM	Vishakha Until 9:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:17AM	Vikarin 5121
		Yama 12:19PM – 1:34PM	Shula* Until 7:33AM	Muruqa: Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39	
		874623466 Rahu 4:05PM – 5:21PM	Vanija Until 12:58PM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dashami Until 12:26AM Mon	Moon – Orange		Devaloka Day	
				Pausha*Thai			


2	Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Mosul, Iraq
			Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9 Sutra 281
	Vrischika Rasi: 8.16	Tithi 26	Gulika 1:35PM – 2:50PM	Anuradha Until 9:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:16AM	Vikarin 5121
Family Home Evening		Yama 11:03AM – 12:19PM	Vriddhi Until 3:45AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 39	
		874623466 Rahu 8:32AM – 9:48AM	Bava Until 12:01PM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:40PM	Moon – Orange		Devaloka Day	
				Pausha*Thai			

3	Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Mosul, Iraq
			Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Sun 10 Sutra 282
	Vrischika Rasi: 21.37	Tithi 27	Gulika 12:19PM – 1:35PM	Jyeshtha* Until 9:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:16AM	Vikarin 5121
		Yama 9:48AM – 11:03AM	Dhruva Until 2:17AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 39	
		875623466 Rahu 2:51PM – 4:07PM	Kaulava Until 11:27AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 11:18PM	Moon – Orange		Bhuloka Day	
Until 9:05PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

4	Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Mosul, Iraq
			Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11 Sutra 283
	Dhanus Rasi: 4.46	Tithi 28	Gulika 11:04AM – 12:20PM	Mula* Until 9:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:15AM	Vikarin 5121
		Yama 8:31AM – 9:47AM	Vyaghata* Until 1:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 39	
		885623466 Rahu 12:20PM – 1:36PM	Gara Until 11:18AM	Nataraja: Orange		2nd Phase	
Routine Work	Marana Yoga		Trayodashi* Until 11:21PM	Moon – Light Blue		Bhuloka Day	
Until 9:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata (Fasting)</i>	

5	Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Mosul, Iraq
			Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12 Sutra 284
	Dhanus Rasi: 17.41	Tithi 29	Gulika 9:47AM – 11:04AM	Purvashadha* Until 10:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:15AM	Vikarin 5121
		Yama 7:15AM – 8:31AM	Harshana Until 12:23AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 39	
		885623466 Rahu 1:36PM – 2:52PM	Visti* Until 11:34AM	Nataraja: Orange		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:50PM	Moon – Light Blue		Bhuloka Day	
Until 10:51PM				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

	Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13 Sutra 285
	Makara Rasi: 0.25	Tithi 30	Gulika 8:31AM – 9:47AM	Uttarashadha Until 12:07AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 7:14AM	Vikarin 5121
		Yama 2:53PM – 4:10PM	Vajra* Until 11:54PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 39	
		885623466 Rahu 11:04AM – 12:20PM	Catuspada Until 12:15PM	Nataraja: Orange		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 12:44AM Sat	Moon – Light Blue		Bhuloka Day	
Until 12:07AM Sat				Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Mosul, Iraq
	Retreat Star		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 286
	Makara Rasi: 12.57	Tithi 1	Gulika 7:14AM – 8:30AM	Shravana Until 2:08AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 7:14AM	Vikarin 5121
		Yama 1:37PM – 2:54PM	Siddhi Until 11:46PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 39	
		995623466 Rahu 9:47AM – 11:04AM	Kintughna Until 1:23PM	Nataraja: Orange		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 2:05AM Sun	Moon – Purple		Bhuloka Day	
Until 2:08AM Sun				Magha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Mosul, Iraq Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 25.18	Tithi 2	Gulika 2:54PM – 4:11PM	Dhanishtha Until 4:21AM Mon	Ganesha: Orange <i>Sunrise:</i> 7:13AM	
		Yama 12:21PM – 1:37PM	Vyatipata* Until 11:57PM	Muruqa: Clear <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
		995723466 Rahu 4:11PM – 5:28PM	Balava Until 2:56PM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:50AM Mon	Moon – Purple	Devaloka Day
Until 4:21AM Mon				Magha-Thai	
Then Creative Work - Siddha Yoga					

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau	Mosul, Iraq Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 7.29	Tithi 3	Gulika 1:38PM – 2:55PM	Shatabhishak Until 6:45AM Tue	Ganesha: Orange <i>Sunrise:</i> 7:12AM	
Family Home Evening		Yama 11:04AM – 12:21PM	Variyan Until 12:23AM Tue	Muruqa: Clear <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40
Creative Work	Siddha Yoga	995723466 Rahu 8:29AM – 9:47AM	Taitila Until 4:52PM	Nataraja: Orange	3rd Phase
Until 6:45AM Tue			Tritiya Until 5:56AM Tue	Moon – Purple	Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai	

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Parigha* Yoga Vanija Karana Chaturthyam Titau	Mosul, Iraq Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 19.32	Tithi 4	Gulika 12:21PM – 1:38PM	Shatabhishak Until 6:45AM	Ganesha: Orange <i>Sunrise:</i> 7:12AM	
		Yama 9:46AM – 11:04AM	Parigha* Until 1:02AM Wed	Muruqa: Clear <i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
		995723466 Rahu 2:56PM – 4:13PM	Vanija Until 7:06PM	Nataraja: Orange	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 8:18AM Wed	Moon – Purple	Devaloka Day
				Magha-Thai	

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Shiva Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau	Mosul, Iraq Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 1.28	Tithi 4 – 5	Gulika 11:04AM – 12:21PM	Purvaprosnthapada* Until 9:44AM	Ganesha: Green <i>Sunrise:</i> 7:11AM	
		Yama 8:28AM – 9:46AM	Shiva Until 1:51AM Thu	Muruqa: Clear <i>Sunset:</i> 5:31PM	Moon 1 - Phase 40
		915723466 Rahu 12:21PM – 1:39PM	Bava Until 9:34PM	Nataraja: Orange	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:18AM	Moon – Clear	Sivaloka Day
Until 9:44AM				Magha-Thai	
Then Creative Work - Siddha Yoga					

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosnthapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Mosul, Iraq Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 13.21	Tithi 5 – 6	Gulika 9:46AM – 11:04AM	Uttaraprosnthapada Until 12:41PM	Ganesha: Green <i>Sunrise:</i> 7:10AM	
		Yama 7:10AM – 8:28AM	Siddha Until 2:40AM Fri	Muruqa: Clear <i>Sunset:</i> 5:32PM	Moon 1 - Phase 40
		915723466 Rahu 1:39PM – 2:57PM	Kaulava Until 12:06AM Fri	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:49AM	Moon – Clear	Sivaloka Day
				Magha-Thai	

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Mosul, Iraq Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 25.14	Tithi 6 – 7	Gulika 8:27AM – 9:45AM	Revati Until 3:26PM	Ganesha: Orange <i>Sunrise:</i> 7:09AM	
		Yama 2:57PM – 4:15PM	Sadhya Until 3:25AM Sat	Muruqa: Clear <i>Sunset:</i> 5:33PM	Moon 1 - Phase 40
		916723466 Rahu 11:03AM – 12:21PM	Gara Until 2:32AM Sat	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 1:19PM	Moon – Clear	Devaloka Day
Until 3:26PM				Magha-Thai	
Then Creative Work - Amrita Yoga					

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija/Vistil* Karana Saptami/Ashtamyam Titau	Mosul, Iraq Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 7.09	Tithi 7 – 8	Gulika 7:09AM – 8:27AM	Ashvini Until 6:20PM	Ganesha: Green <i>Sunrise:</i> 7:09AM	
		Yama 1:39PM – 2:57PM	Subha Until 3:57AM Sun	Muruqa: Clear <i>Sunset:</i> 5:33PM	Moon 1 - Phase 40
		926723466 Rahu 9:45AM – 11:03AM	Vistil Until 4:40AM Sun	Nataraja: Orange	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:38PM	Moon – White	Bhuloka Day
				Magha-Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Mosul, Iraq Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 19.12	Tithi 8 – 9	Gulika 2:58PM – 4:16PM	Bharani Until 8:39PM	Ganesha: Green <i>Sunrise:</i> 7:09AM	
		Yama 12:22PM – 1:40PM	Sukla Until 4:05AM Mon	Muruqa: Clear <i>Sunset:</i> 5:35PM	Moon 1 - Phase 40
		926723466 Rahu 4:16PM – 5:35PM	Balava Until 6:18AM Mon	Nataraja: Orange	Ashtami
Routine Work	Prabalarishta Yoga		Ashtami* Until 5:32PM	Moon – White	Bhuloka Day
Until 8:39PM				Magha-Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					


Retreat Star		Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	Mosul, Iraq Sun 23 Sutra 295 Vikarin 5121
Vrishabha Rasi: 1.28	Tithi 9	Gulika 1:40PM – 2:59PM	Krittika Until 10:12PM	Ganesha: Green <i>Sunrise:</i> 7:08AM	
Family Home Evening		Yama 11:03AM – 12:22PM	Brahma Until 3:42AM Tue	Muruqa: Clear <i>Sunset:</i> 5:36PM	Moon 1 - Phase 40
Routine Work	Marana Yoga	926723466 Rahu 8:26AM – 9:45AM	Balava Until 6:18AM	Nataraja: Orange	Navami
Until 10:12PM			Navami* Until 6:50PM	Moon – White	Bhuloka Day
Then Creative Work - Amrita Yoga				Magha-Thai	Devaloka Time: 3:PM to 6:PM

1	Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Mosul, Iraq
	Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau						Sun 24
	Wishabha Rasi: 14.01	Tithi 10	Gulika 12:22PM – 1:41PM	Rohini Until 11:20PM	Ganesha: Red	<i>Sunrise:</i> 7:07AM	Vikarin 5121
	936723467		Yama 9:44AM – 11:03AM	Indra Until 2:44AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
		Rahu 2:59PM – 4:18PM	Taitila Until 7:13AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 7:21PM	Moon – Yellow		Devaloka Day	
Until 11:20PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2	Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Mosul, Iraq
	Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 25
	Wishabha Rasi: 26.58	Tithi 11	Gulika 11:03AM – 12:22PM	Mrigashira Until 11:29PM	Ganesha: Red	<i>Sunrise:</i> 7:06AM	Vikarin 5121
	936723467		Yama 8:25AM – 9:44AM	Vaidhriti* Until 1:05AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
		Rahu 12:22PM – 1:41PM	Vanija Until 7:19AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 7:02PM	Moon – Yellow		Devaloka Day	
				Magha-Thai			

3	Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Mosul, Iraq
	Ardra Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau						Sun 26
	Mithuna Rasi: 10.2	Tithi 12 – 13	Gulika 9:44AM – 11:03AM	Ardra Until 10:41PM	Ganesha: Red	<i>Sunrise:</i> 7:05AM	Vikarin 5121
	936723467		Yama 7:05AM – 8:24AM	Vishkambha* Until 10:48PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
		Rahu 1:41PM – 3:00PM	Bava Until 6:35AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 5:54PM	Moon – Yellow		Devaloka Day	
Until 10:41PM				Magha-Thai			
Then Creative Work - Amrita Yoga							

4	Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Mosul, Iraq
	Punarvasu Nakshatra Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27
	Mithuna Rasi: 24.1	Tithi 13 – 14	Gulika 8:24AM – 9:43AM	Punarvasu Until 9:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM	Vikarin 5121
	947723467		Yama 3:01PM – 4:20PM	Priti Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41
		Rahu 11:03AM – 12:22PM	Gara Until 2:50AM Sat	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 4:00PM	Moon – Blue		Bhuloka Day	
Until 9:28PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

	Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Mosul, Iraq
	Copper Retreat Star		Pushya Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 300
	Kataka Rasi: 8.26	Tithi 14 – 15	Gulika 7:03AM – 8:23AM	Pushya Until 7:31PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM	Vikarin 5121
	947723467		Yama 1:42PM – 3:01PM	Ayushman Until 4:36PM	Muruqa: Clear	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 41
		Rahu 9:43AM – 11:02AM	Visti Until 12:03AM Sun	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:29PM	Moon – Blue		Bhuloka Day	
Until 7:31PM		Thai Pusam		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

Silver Retreat Star	Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Mosul, Iraq
	Silver Retreat Star		Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 301
	Kataka Rasi: 23.05	Tithi 15 – 16	Gulika 3:02PM – 4:22PM	Ashlesha* Until 5:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:02AM	Vikarin 5121
	947723467		Yama 12:22PM – 1:42PM	Saubhagya Until 12:54PM	Muruqa: Clear	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 41
		Rahu 4:22PM – 5:42PM	Balava Until 8:54PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 10:30AM	Moon – Blue		Bhuloka Day	
Until 5:01PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							



Monday, February 10, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Mosul, Iraq
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 7.59 Tithi 16 - 17
Family Home Evening
Routine Work Marana Yoga
Until 2:33PM
Then Creative Work - Siddha Yoga

Gulika 1:42PM - 3:03PM
Yama 11:02AM - 12:22PM
Rahu 8:22AM - 9:42AM
Magha* Until 2:33PM
Sobhana Until 8:59AM
Gara Until 3:47AM Tue
Prathama* Until 7:13AM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red
Sunrise: 7:01AM
Sunset: 5:43PM
Magha*Thai
Devaloka Day

1

Tuesday, February 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Simha Rasi: 22.59 Tithi 18
Creative Work Siddha Yoga
Until 11:52AM
Then Creative Work - Amrita Yoga

Gulika 12:22PM - 1:43PM
Yama 9:41AM - 11:02AM
Rahu 3:03PM - 4:24PM
Purvaphalguni Until 11:52AM
Sukarma Until 12:57AM Wed
Vanija Until 2:06PM
Tritiya Until 12:24AM Wed

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red
Sunrise: 7:00AM
Sunset: 5:44PM
Magha*Thai
Devaloka Day

2

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

Mosul, Iraq
Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 7.58 Tithi 19
Creative Work Amrita Yoga
Until 9:08AM
Then Routine Work - Marana Yoga

Gulika 11:01AM - 12:22PM
Yama 8:20AM - 9:41AM
Rahu 12:22PM - 1:43PM
Uttaraphalguni Until 9:08AM
Dhriti Until 9:07PM
Bava Until 10:47AM
Chaturthi* Until 9:11PM

Ganesha: Red
Muruqa: Clear
Nataraja: Clear
Moon - Red
Sunrise: 6:59AM
Sunset: 5:45PM
Magha*Thai
Devaloka Day

3

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mosul, Iraq
Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Kanya Rasi: 22.45 Tithi 20
Routine Work Marana Yoga
Until 6:56AM
Then Creative Work - Siddha Yoga

Gulika 9:40AM - 11:01AM
Yama 6:58AM - 8:19AM
Rahu 1:43PM - 3:04PM
Hasta Until 6:56AM
Shula* Until 5:32PM
Kaulava Until 7:43AM
Panchami Until 6:19PM

Ganesha: Green
Muruqa: Clear
Nataraja: Clear
Moon - Green
Sunrise: 6:58AM
Sunset: 5:46PM
Magha*Masi
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhii Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Tula Rasi: 7.16 Tithi 21 - 22
Creative Work Siddha Yoga

Gulika 8:18AM - 9:40AM
Yama 3:05PM - 4:26PM
Rahu 11:01AM - 12:22PM
Svati Until 3:23AM Sat
Ganda* Until 2:20PM
Visti Until 2:54AM Sat
Shashthi* Until 3:53PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Green
Sunrise: 6:57AM
Sunset: 5:47PM
Magha*Masi
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vridhii/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Tula Rasi: 21.26 Tithi 22 - 23
Creative Work Siddha Yoga
Until 2:39AM Sun
Then Routine Work - Marana Yoga

Gulika 6:56AM - 8:18AM
Yama 1:44PM - 3:05PM
Rahu 9:39AM - 11:01AM
Vishakha Until 2:39AM Sun
Vridhii Until 11:35AM
Balava Until 1:19AM Sun
Saptami Until 2:01PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - Orange
Sunrise: 6:56AM
Sunset: 5:48PM
Magha*Masi
Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Vrischika Rasi: 5.14 Tithi 23 - 24
Routine Work Marana Yoga
Until 2:23AM Mon
Then Creative Work - Siddha Yoga

Gulika 3:06PM - 4:27PM
Yama 12:22PM - 1:44PM
Rahu 4:27PM - 5:49PM
Anuradha Until 2:23AM Mon
Dhruva Until 9:17AM
Taitila Until 12:22AM Mon
Ashtami* Until 12:44PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - Orange
Sunrise: 6:55AM
Sunset: 5:49PM
Magha*Masi
Devaloka Day

1	Monday, February 17, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq
	Vrischika Rasi: 18.4	Tithi 24 – 25	Gulika 1:44PM – 3:06PM	Jyeshtha* Until 2:33AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	Sun 7 Sutra 309
	Family Home Evening	988723467	Yama 11:00AM – 12:22PM	Vyaghata* Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 5:50PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 8:16AM – 9:38AM	Vanija Until 12:01AM Tue	Nataraja: Clear		Moon 2 - Phase 43
			Navami* Until 12:06PM	Moon – Orange		2nd Phase	
				Magha-Masi		Devaloka Day	

2	Tuesday, February 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq
	Dhanus Rasi: 1.46	Tithi 25 – 26	Gulika 12:22PM – 1:44PM	Mula* Until 3:36AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:53AM	Sun 8 Sutra 310
		988723467	Yama 9:37AM – 11:00AM	Harshana Until 6:12AM	Muruqa: Clear	<i>Sunset:</i> 5:51PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 3:07PM – 4:29PM	Bava Until 12:16AM Wed	Nataraja: Clear		Moon 2 - Phase 43
			Dashami Until 12:03PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	


3	Wednesday, February 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Mosul, Iraq
	Dhanus Rasi: 14.35	Tithi 26 – 27	Gulika 10:59AM – 12:22PM	Purvashadha* Until 4:58AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:52AM	Sun 9 Sutra 311
		988723467	Yama 8:14AM – 9:37AM	Siddhi Until 4:49AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:52PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 12:22PM – 1:44PM	Kaulava Until 1:01AM Thu	Nataraja: Clear		Moon 2 - Phase 43
			Ekadashi* Until 12:34PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Thursday, February 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq
	Dhanus Rasi: 27.11	Tithi 27 – 28	Gulika 9:36AM – 10:59AM	Uttarashadha Until 6:35AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:50AM	Sun 10 Sutra 312
		989823467	Yama 6:50AM – 8:13AM	Vyatipata* Until 4:40AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:53PM	Vikarin 5121
	Routine Work Marana Yoga		Rahu 1:45PM – 3:07PM	Gara Until 2:12AM Fri	Nataraja: Clear		Moon 2 - Phase 43
			Dvadashi* Until 1:32PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

5	Friday, February 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Varyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Makara Rasi: 10	Tithi 28 – 29	Gulika 8:12AM – 9:35AM	Uttarashadha Until 6:35AM	Ganesha: Purple	<i>Sunrise:</i> 6:49AM	Sun 11 Sutra 313
		989823467	Yama 3:08PM – 4:31PM	Variyan Until 4:45AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:54PM	Vikarin 5121
	Routine Work Marana Yoga		Rahu 10:59AM – 12:22PM	Visti Until 3:45AM Sat	Nataraja: Clear		Moon 2 - Phase 43
			Trayodashi* Until 2:55PM	Moon – Light Blue		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Saturday, February 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	Makara Rasi: 21.52	Tithi 29 – 30	Gulika 6:48AM – 8:11AM	Shravana Until 8:52AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:48AM	Sun 12 Sutra 314
		999823467	Yama 1:45PM – 3:08PM	Parigha* Until 5:04AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:55PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 9:35AM – 10:58AM	Catuspada Until 5:36AM Sun	Nataraja: Clear		Moon 2 - Phase 43
			Chaturdashi* Until 4:37PM	Moon – Purple		2nd Phase	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

	Sunday, February 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Shiva Yoga Naga* Karana Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 3:09PM – 4:32PM	Dhanishtha Until 11:16AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:47AM	Sun 13 Sutra 315
	Kumbha Rasi: 4.01	Tithi 30	Yama 12:21PM – 1:45PM	Shiva Until 5:36AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:56PM	Vikarin 5121
		999823467	Rahu 4:32PM – 5:56PM	Naga Until 6:36PM	Nataraja: Clear		Moon 2 - Phase 43
			Amavasya* Until 6:36PM	Moon – Purple		Amavasya	
				Magha-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Monday, February 24, 2020	Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Mosul, Iraq
	Kumbha Rasi: 16.03	Tithi 1	Gulika 1:45PM – 3:09PM	Shatabhishak Until 1:43PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:46AM	Sun 14 Sutra 316
	Family Home Evening	999823467	Yama 10:57AM – 12:21PM	Siddha Until 6:15AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:57PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 8:10AM – 9:33AM	Kintughna Until 7:42AM	Nataraja: Clear		Moon 2 - Phase 43
			Prathama* Until 8:48PM	Moon – Purple		Prathama	
				Phalgun-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvityayam Titau				Mosul, Iraq
	Kumbha Rasi: 28.01	Tithi 2	Gulika 12:21PM – 1:45PM	Purvaproshtapada* Until 4:41PM	Ganesha: Orange	<i>Sunrise:</i> 6:44AM	Sun 15 Sutra 317
	919823467	Rahu	Yama 9:33AM – 10:57AM	Siddha Until 6:15AM	Muruqa: Clear	<i>Sunset:</i> 5:58PM	Vikarin 5121
Routine Work	Marana Yoga		Balava Until 10:00AM	Nataraja: Clear		Moon 2 - Phase 44	
Until 4:41PM			Dvitiya Until 11:11PM	Moon – Clear		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Devaloka Day	

2	Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau				Mosul, Iraq
	Meena Rasi: 9.55	Tithi 3	Gulika 10:56AM – 12:21PM	Uttaraproshtapada Until 7:36PM	Ganesha: Orange	<i>Sunrise:</i> 6:43AM	Sun 16 Sutra 318
	919823467	Rahu	Yama 8:08AM – 9:32AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 5:59PM	Vikarin 5121
Creative Work	Siddha Yoga		Taitila Until 12:27PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 7:36PM			Tritiya Until 1:41AM Thu	Moon – Clear		3rd Phase	
Then Routine Work - Marana Yoga				Phalguna-Masi		Devaloka Day	

3	Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Mosul, Iraq
	Meena Rasi: 21.47	Tithi 4	Gulika 9:31AM – 10:56AM	Revati Until 10:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:42AM	Sun 17 Sutra 319
	919823467	Rahu	Yama 6:42AM – 8:07AM	Subha Until 7:55AM	Muruqa: Clear	<i>Sunset:</i> 6:00PM	Vikarin 5121
Creative Work	Siddha Yoga		Vanija Until 2:58PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 10:25PM			Chaturthi* Until 4:12AM Fri	Moon – Clear		3rd Phase	
Then Creative Work - Amrita Yoga	Subramuniyaswami Siva Vision Day			Phalguna-Masi		Devaloka Day	

4	Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchamyam Titau				Mosul, Iraq
	Mesha Rasi: 3.4	Tithi 5	Gulika 8:06AM – 9:31AM	Ashvini Until 1:29AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	Sun 18 Sutra 320
	921823467	Rahu	Yama 3:11PM – 4:36PM	Sukla Until 8:45AM	Muruqa: Clear	<i>Sunset:</i> 6:01PM	Vikarin 5121
Creative Work	Amrita Yoga		Bava Until 5:27PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 1:29AM Sat			Panchami Until 6:37AM Sat	Moon – White		3rd Phase	
Then Creative Work - Siddha Yoga				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

5	Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq
	Mesha Rasi: 15.34	Tithi 5 – 6	Gulika 6:39AM – 8:04AM	Bharani Until 4:10AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	Sun 19 Sutra 321
	921823467	Rahu	Yama 1:46PM – 3:11PM	Brahma Until 9:31AM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Vikarin 5121
Creative Work	Siddha Yoga		Kaulava Until 7:45PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 6:16AM Mon			Panchami Until 6:37AM	Moon – White		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq
	Mesha Rasi: 27.35	Tithi 6 – 7	Gulika 3:12PM – 4:38PM	Krittika Until 6:16AM Mon	Ganesha: Purple	<i>Sunrise:</i> 6:36AM	Sun 20 Sutra 322
	921833467	Rahu	Yama 12:20PM – 1:46PM	Indra Until 10:05AM	Muruqa: Orange	<i>Sunset:</i> 6:04PM	Vikarin 5121
Creative Work	Siddha Yoga		Gara Until 9:41PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 6:16AM Mon			Shashthi* Until 8:45AM	Moon – White		3rd Phase	
Then Creative Work - Amrita Yoga				Phalguna-Masi		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star	Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq
	Vrishabha Rasi: 9.46	Tithi 7 – 8	Gulika 1:46PM – 3:12PM	Krittika Until 6:16AM	Ganesha: Purple	<i>Sunrise:</i> 6:35AM	Sun 21 Sutra 323
	921833467	Rahu	Yama 10:54AM – 12:20PM	Vaidhriti* Until 10:14AM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Vikarin 5121
Family Home Evening			Visti Until 11:01PM	Nataraja: Clear		Moon 2 - Phase 44	
Routine Work	Marana Yoga		Saptami Until 10:25AM	Moon – White		Ashtami	
Until 6:16AM				Phalguna-Masi		Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM	

Retreat Star	Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq
	Vrishabha Rasi: 22.14	Tithi 8 – 9	Gulika 12:20PM – 1:46PM	Rohini Until 8:04AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Sun 22 Sutra 324
	931833467	Rahu	Yama 9:27AM – 10:53AM	Vishkambha* Until 9:54AM	Muruqa: Orange	<i>Sunset:</i> 6:05PM	Vikarin 5121
Creative Work	Amrita Yoga		Balava Until 11:36PM	Nataraja: Clear		Moon 2 - Phase 44	
Until 8:04AM			Ashtami* Until 11:23AM	Moon – Yellow		Navami	
Then Creative Work - Siddha Yoga				Phalguna-Masi		Devaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Mosul, Iraq Sutra 325
Mithuna Rasi: 5.04	Tithi 9 – 10	Gulika 10:53AM – 12:19PM	Mrigashira Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM	Vikarin 5121
		Yama 7:59AM – 9:26AM	Priti Until 8:57AM	Muruqa: Orange	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45
931833467	Rahu 12:19PM – 1:46PM		Taitila Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Navami* Until 11:33AM	Moon – Yellow		Devaloka Day
				Phalguna-Masi		

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Mosul, Iraq Sutra 326
Mithuna Rasi: 18.2	Tithi 10 – 11	Gulika 9:25AM – 10:52AM	Ardra Until 8:47AM	Ganesha: Red	<i>Sunrise:</i> 6:31AM	Vikarin 5121
		Yama 6:31AM – 7:58AM	Ayushman Until 7:18AM	Muruqa: Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
131833467	Rahu 1:46PM – 3:13PM		Vanija Until 10:09PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dashami Until 10:49AM	Moon – Yellow		Devaloka Day
Until 8:47AM				Phalguna-Masi		
Then Creative Work - Amrita Yoga						

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Mosul, Iraq Sutra 327
Kataka Rasi: 2.06	Tithi 11 – 12	Gulika 7:57AM – 9:24AM	Punarvasu Until 8:05AM	Ganesha: Blue	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 3:14PM – 4:41PM	Sobhana Until 2:00AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
141833467	Rahu 10:52AM – 12:19PM		Bava Until 8:10PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:14AM	Moon – Blue		Bhuloka Day
Until 8:05AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau		Mosul, Iraq Sutra 328
Kataka Rasi: 16.22	Tithi 12 – 13	Gulika 6:28AM – 7:56AM	Pushya Until 6:29AM	Ganesha: Blue	<i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 1:46PM – 3:14PM	Athiganda* Until 10:29PM	Muruqa: Orange	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
141833467	Rahu 9:23AM – 10:51AM		Taitila Until 3:54AM Sun	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:53AM	Moon – Blue		Bhuloka Day
Until 6:29AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						
						<i>Pradosha Vrata</i>

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau		Mosul, Iraq Sutra 329
Simha Rasi: 1.05	Tithi 14	Gulika 3:14PM – 4:42PM	Magha* Until 1:33AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama 12:18PM – 1:46PM	Sukarma Until 6:34PM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
151833467	Rahu 4:42PM – 6:10PM		Gara Until 2:15PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 12:27AM Mon	Moon – Red		Devaloka Day
Until 1:33AM Mon		Chidambaram Abhishekam		Phalguna-Masi		
Then Creative Work - Siddha Yoga						

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau		Mosul, Iraq Sutra 330
Copper Retreat Star		Gulika 1:46PM – 3:15PM	Purvaphalguni Until 10:34PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Vikarin 5121
Simha Rasi: 16.08	Tithi 15	Yama 10:50AM – 12:18PM	Dhriti Until 2:23PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
Family Home Evening	152833467	Rahu 7:54AM – 9:22AM	Visti Until 10:38AM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 8:43PM	Moon – Red		Sivaloka Day
		Holi		Phalguna-Masi		

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Taitila Karana Prathama/Dvityayam Titau		Mosul, Iraq Sutra 331
Silver Retreat Star		Gulika 12:18PM – 1:46PM	Uttaraphalguni Until 7:22PM	Ganesha: White	<i>Sunrise:</i> 6:24AM	Vikarin 5121
Kanya Rasi: 1.23	Tithi 16 – 17	Yama 9:21AM – 10:49AM	Shula* Until 10:01AM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
152833467	Rahu 3:15PM – 4:43PM		Balava Until 6:49AM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 4:53PM	Moon – Red		Sivaloka Day
Until 7:22PM				Phalguna-Masi		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mosul, Iraq

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 16.4 Tithi 17 - 18

162833467

Gulika 10:49AM - 12:18PM
Yama 7:51AM - 9:20AM
Rahu 12:18PM - 1:46PM

Hasta **Until 4:31PM**
Vriddhi **Until 1:31AM Thu**
Vanija **Until 11:18PM**
Dvitiya **Until 1:06PM**

Ganesha: Clear *Sunrise: 6:23AM*
Muruqa: Orange *Sunset: 6:13PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Routine Work Marana Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Mosul, Iraq

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 1.47 Tithi 18 - 19

162833467

Gulika 9:19AM - 10:48AM
Yama 6:21AM - 7:50AM
Rahu 1:46PM - 3:15PM

Chitra **Until 1:49PM**
Dhruva **Until 9:36PM**
Bava **Until 7:57PM**
Tritiya **Until 9:33AM**

Ganesha: Clear *Sunrise: 6:21AM*
Muruqa: Orange *Sunset: 6:14PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Until 1:49PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Mosul, Iraq

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 16.37 Tithi 19 - 20

162833467

Gulika 7:49AM - 9:18AM
Yama 3:16PM - 4:45PM
Rahu 10:48AM - 12:17PM

Svati **Until 11:24AM**
Vyaghata* **Until 6:06PM**
Taitila **Until 3:50AM Sat**
Chaturthi* **Until 6:25AM**

Ganesha: Clear *Sunrise: 6:20AM*
Muruqa: Orange *Sunset: 6:14PM*

Nataraja: Clear
Moon - Green

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Mosul, Iraq

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 1.03 Tithi 21

172833467

Gulika 6:18AM - 7:48AM
Yama 1:46PM - 3:16PM
Rahu 9:18AM - 10:47AM

Vishakha **Until 9:51AM**
Harshana **Until 3:08PM**
Gara **Until 2:49PM**
Shashthi* **Until 1:56AM Sun**

Ganesha: Purple *Sunrise: 6:18AM*
Muruqa: Orange *Sunset: 6:15PM*

Nataraja: Clear
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti/Bava Karana Saptamyam Titau

Mosul, Iraq

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 15.01 Tithi 22

172833468

Gulika 3:16PM - 4:46PM
Yama 12:17PM - 1:46PM
Rahu 4:46PM - 6:16PM

Anuradha **Until 8:52AM**
Vajra* **Until 12:44PM**
Visti **Until 1:17PM**
Saptami **Until 12:48AM Mon**

Ganesha: Purple *Sunrise: 6:17AM*
Muruqa: Orange *Sunset: 6:16PM*

Nataraja: Purple
Moon - Orange

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mosul, Iraq

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 28.31 Tithi 23

172933468

Gulika 1:46PM - 3:17PM
Yama 10:46AM - 12:16PM
Rahu 7:46AM - 9:16AM

Jyeshtha* **Until 8:31AM**
Siddhi **Until 10:58AM**
Balava **Until 12:33PM**
Ashtami* **Until 12:28AM Tue**

Ganesha: Clear *Sunrise: 6:15AM*
Muruqa: Orange *Sunset: 6:17PM*

Nataraja: Purple
Moon - Orange

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Mosul, Iraq

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 12 Tithi 24

182933468

Gulika 12:16PM - 1:46PM
Yama 9:15AM - 10:45AM
Rahu 3:17PM - 4:47PM

Mula* **Until 9:13AM**
Vyatipata* **Until 9:50AM**
Taitila **Until 12:36PM**
Navami* **Until 12:52AM Wed**

Ganesha: Purple *Sunrise: 6:14AM*
Muruqa: Orange *Sunset: 6:18PM*

Nataraja: Purple
Moon - Light Blue

Devaloka Day

Creative Work Amrita Yoga

Until 9:13AM

Then Creative Work - Siddha Yoga


1	Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Mosul, Iraq
	Dhanus Rasi: 24.19	Tithi 25	Gulika 10:45AM – 12:16PM	Purvashadha* Until 10:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Sun 8 Sutra 339
			Yama 7:43AM – 9:14AM	Variyan Until 9:14AM	Muruqa: Orange	<i>Sunset:</i> 6:19PM	Vikarin 5121
	182933468	Rahu 12:16PM – 1:46PM	Vanija Until 1:21PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 1:57AM Thu	Moon – Light Blue		2nd Phase	
				Phalguna-Panguni		Devaloka Day	

2	Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq
	Makara Rasi: 6.45	Tithi 26	Gulika 9:13AM – 10:44AM	Uttarashadha Until 12:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:11AM	Sun 9 Sutra 340
			Yama 6:11AM – 7:42AM	Parigha* Until 9:07AM	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Vikarin 5121
	182933468	Rahu 1:46PM – 3:17PM	Bava Until 2:42PM	Nataraja: Purple			Moon 3 - Phase 47
Routine Work	Marana Yoga		Ekadashi* Until 3:32AM Fri	Moon – Light Blue		2nd Phase	
Until 12:10PM				Phalguna-Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							

3	Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq
	Makara Rasi: 18.58	Tithi 27	Gulika 7:41AM – 9:12AM	Shravana Until 2:37PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 10 Sutra 341
			Yama 3:18PM – 4:49PM	Shiva Until 9:23AM	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Vikarin 5121
	192933468	Rahu 10:44AM – 12:15PM	Kaulava Until 4:30PM	Nataraja: Purple			Moon 3 - Phase 47
Routine Work	Marana Yoga		Dvadashi* Until 5:29AM Sat	Moon – Purple		2nd Phase	
Until 2:37PM				Phalguna-Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara Karana Trayodashyam Titau				Mosul, Iraq
	Kumbha Rasi: 1.03	Tithi 28	Gulika 6:08AM – 7:40AM	Dhanishtha Until 5:12PM	Ganesha: Clear	<i>Sunrise:</i> 6:08AM	Sun 11 Sutra 342
			Yama 1:46PM – 3:18PM	Siddha Until 9:53AM	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
	192933468	Rahu 9:11AM – 10:43AM	Gara Until 6:36PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 7:42AM Sun	Moon – Purple		2nd Phase	
Until 5:12PM				Phalguna-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq
	Kumbha Rasi: 13.02	Tithi 28 – 29	Gulika 3:18PM – 4:50PM	Shatabhishak Until 7:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Sun 12 Sutra 343
			Yama 12:14PM – 1:46PM	Sadhya Until 10:34AM	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Vikarin 5121
	192933468	Rahu 4:50PM – 6:22PM	Visti Until 8:53PM	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 7:42AM	Moon – Purple		2nd Phase	
				Phalguna-Panguni		Sivaloka Day	

	Monday, March 23, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Mosul, Iraq
	Retreat Star		Gulika 1:46PM – 3:19PM	Purvaproshtapada* Until 10:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM	Sun 13 Sutra 344
	Kumbha Rasi: 24.58	Tithi 29 – 30	Yama 10:42AM – 12:14PM	Subha Until 11:22AM	Muruqa: Orange	<i>Sunset:</i> 6:23PM	Vikarin 5121
	113933468	Rahu 7:37AM – 9:10AM	Catuspada Until 11:17PM	Nataraja: Purple			Moon 3 - Phase 47
Family Home Evening			Chaturdashi* Until 10:03AM	Moon – Clear		Amavasya	
Routine Work	Marana Yoga			Phalguna-Panguni		Sivaloka Day	
Until 10:51PM							
Then Creative Work - Siddha Yoga							

	Tuesday, March 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Mosul, Iraq
	Retreat Star		Gulika 12:14PM – 1:46PM	Uttaraproshtapada Until 1:47AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Sun 14 Sutra 345
	Meena Rasi: 6.52	Tithi 30 – 1	Yama 9:09AM – 10:41AM	Sukla Until 12:12PM	Muruqa: Orange	<i>Sunset:</i> 6:24PM	Vikarin 5121
	113933468	Rahu 3:19PM – 4:51PM	Kintughna Until 1:43AM Wed	Nataraja: Purple			Moon 3 - Phase 47
Creative Work	Amrita Yoga		Amavasya* Until 12:28PM	Moon – Clear		Prathama	
Until 1:47AM Wed		Yugadhi		Chaitra-Panguni		Sivaloka Day	
Then Routine Work - Marana Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Mosul, Iraq Sun 15 Sutra 346
Meena Rasi: 18.44	Tithi 1 – 2	Gulika 10:41AM – 12:14PM	Revati Until 4:33AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 7:35AM – 9:08AM	Brahma Until 1:04PM	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 48
		113933468 Rahu 12:14PM – 1:46PM	Balava Until 4:10AM Thu	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga		Prathama* Until 2:55PM	Moon – Clear		Sivaloka Day
Until 4:33AM Thu				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Mosul, Iraq Sun 16 Sutra 347
Mesha Rasi: 0.37	Tithi 2 – 3	Gulika 9:07AM – 10:40AM	Ashvini Until 7:36AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Vikarin 5121
		Yama 6:01AM – 7:34AM	Indra Until 1:55PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48
		123933468 Rahu 1:46PM – 3:19PM	Taitila Until 6:33AM Fri	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 5:21PM	Moon – White		Sivaloka Day
Until 7:36AM Fri		Chellappaswami Mahasamadhi		Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau		Mosul, Iraq Sun 17 Sutra 348
Mesha Rasi: 12.32	Tithi 3	Gulika 7:33AM – 9:06AM	Ashvini Until 7:36AM	Ganesha: Red	<i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 3:20PM – 4:53PM	Vaidhriti* Until 2:41PM	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48
		123933468 Rahu 10:40AM – 12:13PM	Taitila Until 6:33AM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 7:40PM	Moon – White		Sivaloka Day
Until 7:36AM				Chaitra•Panguni		
Then Creative Work - Siddha Yoga						

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Mosul, Iraq Sun 18 Sutra 349
Mesha Rasi: 24.29	Tithi 4	Gulika 5:58AM – 7:32AM	Bharani Until 10:19AM	Ganesha: Red	<i>Sunrise:</i> 5:58AM	Vikarin 5121
		Yama 1:46PM – 3:20PM	Vishkambha* Until 3:20PM	Muruqa: Orange	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
		123933468 Rahu 9:05AM – 10:39AM	Vanija Until 8:47AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:47PM	Moon – White		Sivaloka Day
Until 10:19AM				Chaitra•Panguni		
Then Creative Work - Amrita Yoga						

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Mosul, Iraq Sun 19 Sutra 350
Vrishabha Rasi: 6.33	Tithi 5	Gulika 3:20PM – 4:54PM	Krittika Until 12:37PM	Ganesha: Red	<i>Sunrise:</i> 5:57AM	Vikarin 5121
		Yama 12:12PM – 1:46PM	Priti Until 3:46PM	Muruqa: Orange	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 48
		123933468 Rahu 4:54PM – 6:28PM	Bava Until 10:44AM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:33PM	Moon – White		Sivaloka Day
				Chaitra•Panguni		

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Mosul, Iraq Sun 20 Sutra 351
Vrishabha Rasi: 18.46	Tithi 6	Gulika 1:46PM – 3:20PM	Rohini Until 2:50PM	Ganesha: Blue	<i>Sunrise:</i> 5:55AM	Vikarin 5121
Family Home Evening		Yama 10:38AM – 12:12PM	Ayushman Until 3:50PM	Muruqa: Orange	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48
		133933468 Rahu 7:29AM – 9:04AM	Kaulava Until 12:16PM	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 12:49AM Tue	Moon – Yellow		Subha Sivaloka Day
				Chaitra•Panguni		

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Mosul, Iraq Sun 21 Sutra 352
Mithuna Rasi: 1.13	Tithi 7	Gulika 12:12PM – 1:46PM	Mrigashira Until 4:17PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 9:03AM – 10:37AM	Saubhagya Until 3:26PM	Muruqa: Orange	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		133933468 Rahu 3:21PM – 4:55PM	Gara Until 1:13PM	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:25AM Wed	Moon – Yellow		Subha Sivaloka Day
Until 4:17PM				Chaitra•Panguni		
Then Routine Work - Marana Yoga						

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Mosul, Iraq Sun 22 Sutra 353
Mithuna Rasi: 13.59	Tithi 8	Gulika 10:37AM – 12:12PM	Ardra Until 4:53PM	Ganesha: Blue	<i>Sunrise:</i> 5:54AM	Vikarin 5121
		Yama 7:28AM – 9:03AM	Sobhana Until 2:29PM	Muruqa: Orange	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
		133933468 Rahu 12:12PM – 1:46PM	Visti Until 1:26PM	Nataraja: Purple		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:14AM Thu	Moon – Yellow		Subha Sivaloka Day
				Chaitra•Panguni		

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Mosul, Iraq Sun 23 Sutra 354
Mithuna Rasi: 27.09	Tithi 9	Gulika 9:02AM – 10:37AM	Punarvasu Until 4:59PM	Ganesha: Yellow	<i>Sunrise:</i> 5:52AM	Vikarin 5121
		Yama 5:52AM – 7:27AM	Athiganda* Until 12:52PM	Muruqa: Orange	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
		143933468 Rahu 1:46PM – 3:21PM	Balava Until 12:51PM	Nataraja: Purple		Navami
Creative Work	Amrita Yoga		Navami* Until 12:13AM Fri	Moon – Blue		Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni		

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Mosul, Iraq Sun 24 Sutra 355
	Kataka Rasi: 10.46	Tithi 10	Gulika 7:26AM – 9:01AM	Pushya Until 4:08PM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM		Vikarin 5121
			Yama 3:21PM – 4:56PM	Sukarma Until 10:37AM	Muruqa: Orange <i>Sunset:</i> 6:31PM		Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 10:36AM – 12:11PM	Taitila Until 11:26AM	Nataraja: Purple		4th Phase
			Dashami Until 10:25PM	Moon – Blue		Sivaloka Day	
				Chaitra•Panguni			

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Mosul, Iraq Sun 25 Sutra 356
	Kataka Rasi: 24.52	Tithi 11	Gulika 5:49AM – 7:25AM	Ashlesha* Until 2:24PM	Ganesha: Yellow <i>Sunrise:</i> 5:49AM		Vikarin 5121
			Yama 1:46PM – 3:22PM	Dhriti Until 7:46AM	Muruqa: Orange <i>Sunset:</i> 6:32PM		Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:00AM – 10:35AM	Vanija Until 9:15AM	Nataraja: Purple		4th Phase
Until 2:24PM			Ekadashi Until 7:54PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga		Yogaswami Mahasamadhi		Chaitra•Panguni			

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Mosul, Iraq Sun 26 Sutra 357
	Simha Rasi: 9.25	Tithi 12 – 13	Gulika 3:22PM – 4:58PM	Magha* Until 12:19PM	Ganesha: White <i>Sunrise:</i> 5:48AM		Vikarin 5121
			Yama 12:11PM – 1:46PM	Ganda* Until 12:29AM Mon	Muruqa: Orange <i>Sunset:</i> 6:32PM		Moon 3 - Phase 49
	Routine Work	Marana Yoga	153933468 Rahu 4:58PM – 6:33PM	Bava Until 6:25AM	Nataraja: Purple		4th Phase
Until 12:19PM			Dvadashi Until 4:47PM	Moon – Red		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaitra•Panguni			
				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Mosul, Iraq Sun 27 Sutra 358
	Simha Rasi: 24.22	Tithi 13 – 14	Gulika 1:46PM – 3:22PM	Purvaphalguni Until 9:38AM	Ganesha: Clear <i>Sunrise:</i> 5:47AM		Vikarin 5121
	Family Home Evening		Yama 10:34AM – 12:10PM	Vriddhi Until 8:21PM	Muruqa: Orange <i>Sunset:</i> 6:34PM		Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:22AM – 8:58AM	Gara Until 11:23PM	Nataraja: Purple		4th Phase
			Trayodashi Until 1:15PM	Moon – Red		Sivaloka Day	
				Chaitra•Panguni			

O	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Mosul, Iraq Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:10PM – 1:46PM	Uttaraphalguni Until 6:32AM	Ganesha: Clear <i>Sunrise:</i> 5:45AM		Vikarin 5121
	Kanya Rasi: 9.34	Tithi 14 – 15	Yama 8:58AM – 10:34AM	Dhruva Until 4:01PM	Muruqa: Orange <i>Sunset:</i> 6:35PM		Moon 3 - Phase 49
	Creative Work	Amrita Yoga	154933468 Rahu 3:22PM – 4:59PM	Visti Until 7:31PM	Nataraja: Purple		Purnima
Until 6:32AM			Chaturdashi* Until 9:27AM	Moon – Red		Sivaloka Day	
Then Creative Work - Siddha Yoga		Panguni Uttiram		Chaitra•Panguni			
		Hanuman Jayanti					

O	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Mosul, Iraq Sun 29 Sutra 360
	Silver Retreat Star		Gulika 10:33AM – 12:10PM	Chitra Until 12:33AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:44AM		Vikarin 5121
	Kanya Rasi: 24.52	Tithi 16	Yama 7:20AM – 8:57AM	Vyaghata* Until 11:40AM	Muruqa: Clear <i>Sunset:</i> 6:36PM		Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:10PM – 1:46PM	Balava Until 3:39PM	Nataraja: Purple		Prathama
Until 12:33AM Thu			Prathama* Until 1:45AM Thu	Moon – Green		Devaloka Day	
Then Creative Work - Amrita Yoga				Chaitra•Panguni			



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mosul, Iraq
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 10.05 Tithi 17
164134468
Creative Work Amrita Yoga
Until 9:39PM
Then Creative Work - Siddha Yoga

Gulika 8:56AM – 10:33AM
Yama 5:42AM – 7:19AM
Rahu 1:46PM – 3:23PM

Svati Until 9:39PM
Harshana Until 7:27AM
Taitila Until 11:57AM
Dvitiya Until 10:12PM

Ganesha: White *Sunrise:* 5:42AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Purple
Moon – Green
Chaitra+Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Mosul, Iraq
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 25.05 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:18AM – 8:55AM
Yama 3:23PM – 5:00PM
Rahu 10:32AM – 12:09PM

Vishakha Until 7:27PM
Siddhi Until 11:54PM
Vanija Until 8:36AM
Tritiya Until 7:06PM

Ganesha: Yellow *Sunrise:* 5:41AM
Muruqa: Clear *Sunset:* 6:37PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mosul, Iraq
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 9.41 Tithi 19 – 20
174134468
Creative Work Siddha Yoga

Gulika 5:40AM – 7:17AM
Yama 1:46PM – 3:24PM
Rahu 8:54AM – 10:32AM

Anuradha Until 5:43PM
Vyatipata* Until 8:51PM
Kaulava Until 3:36AM Sun
Chaturthi* Until 4:34PM

Ganesha: Yellow *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:38PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Variyan Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Mosul, Iraq
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 23.5 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 4:33PM
Then Creative Work - Amrita Yoga

Gulika 3:24PM – 5:01PM
Yama 12:09PM – 1:46PM
Rahu 5:01PM – 6:39PM

Jyeshtha* Until 4:33PM
Variyan Until 6:23PM
Gara Until 2:12AM Mon
Panchami Until 2:47PM

Ganesha: Yellow *Sunrise:* 5:38AM
Muruqa: Clear *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Chaitra+Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Mosul, Iraq
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 7.29 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 4:31PM
Then Routine Work - Marana Yoga

Gulika 1:46PM – 3:24PM
Yama 10:30AM – 12:08PM
Rahu 7:15AM – 8:53AM

Mula* Until 4:31PM
Parigha* Until 4:36PM
Visti Until 1:39AM Tue
Shashthi* Until 1:48PM

Ganesha: Blue *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:40PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Devaloka Day



Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mosul, Iraq
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 20.41 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 5:09PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:08PM – 1:46PM
Yama 8:52AM – 10:30AM
Rahu 3:24PM – 5:03PM

Purvashadha* Until 5:09PM
Shiva Until 3:30PM
Balava Until 1:57AM Wed
Saptami Until 1:41PM

Ganesha: Yellow *Sunrise:* 5:35AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mosul, Iraq
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 3.27 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 6:24PM
Then Creative Work - Siddha Yoga

Gulika 10:29AM – 12:08PM
Yama 7:13AM – 8:51AM
Rahu 12:08PM – 1:46PM

Uttarashadha Until 6:24PM
Siddha Until 3:00PM
Taitila Until 2:59AM Thu
Ashtami* Until 2:22PM

Ganesha: Yellow *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Chaitra+Chaitra

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Mosul, Iraq Sun 7 Sutra 4
	Makara Rasi: 15.53	Tithi 24 – 25	Gulika 8:50AM – 10:29AM	Shravana Until 8:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:33AM	Sarvari 5122
			Yama 5:33AM – 7:12AM	Sadhya Until 3:02PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1
	294134468		Rahu 1:46PM – 3:25PM	Vanija Until 4:38AM Fri	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam		Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Mosul, Iraq Sun 8 Sutra 5
	Makara Rasi: 28.04	Tithi 25 – 26	Gulika 7:10AM – 8:49AM	Dhanishtha Until 11:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	Sarvari 5122
			Yama 3:25PM – 5:04PM	Subha Until 3:30PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 1
	294134468		Rahu 10:28AM – 12:07PM	Bava Until 6:43AM Sat	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Purple		Devaloka Day	
				Chaitra+Chaitra			


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Mosul, Iraq Sun 9 Sutra 6
	Kumbha Rasi: 10.05	Tithi 26	Gulika 5:30AM – 7:09AM	Shatabhishak Until 1:46AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 5:30AM	Sarvari 5122
			Yama 1:46PM – 3:26PM	Sukla Until 4:12PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 1
	295134468		Rahu 8:49AM – 10:28AM	Bava Until 6:43AM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Purple		Sivaloka Day	
				Chaitra+Chaitra			

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				Mosul, Iraq Sun 10 Sutra 7
	Kumbha Rasi: 22	Tithi 27	Gulika 3:26PM – 5:06PM	Purvaproshtapada* Until 4:53AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Sarvari 5122
			Yama 12:07PM – 1:46PM	Brahma Until 5:04PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 1
	215134468		Rahu 5:06PM – 6:45PM	Kaulava Until 9:03AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau				Mosul, Iraq Sun 11 Sutra 8
	Meena Rasi: 3.53	Tithi 28	Gulika 1:47PM – 3:26PM	Uttaraproshtapada Until 7:51AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	Sarvari 5122
	Family Home Evening		Yama 10:27AM – 12:07PM	Indra Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 1
	215134468		Rahu 7:07AM – 8:47AM	Gara Until 11:30AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga			Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			
<i>Pradosha Vrata (Fasting)</i>							

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhriti* Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Mosul, Iraq Sun 12 Sutra 9
	Meena Rasi: 15.44	Tithi 29	Gulika 12:07PM – 1:47PM	Uttaraproshtapada Until 7:51AM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sarvari 5122
			Yama 8:46AM – 10:26AM	Vaidhriti* Until 6:53PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 1
	215134468		Rahu 3:27PM – 5:07PM	Visti Until 1:56PM	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga			Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Mosul, Iraq Sun 13 Sutra 10
	Retreat Star		Gulika 10:26AM – 12:06PM	Revati Until 10:35AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Sarvari 5122
	Meena Rasi: 27.38	Tithi 30	Yama 7:05AM – 8:46AM	Vishkambha* Until 7:43PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1
	215134468		Rahu 12:06PM – 1:47PM	Catuspada Until 4:17PM	Nataraja: Purple		Amavasya
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day	
				Chaitra+Chaitra			

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Kintughna* Karana Prathamayam Titau				Mosul, Iraq Sun 14 Sutra 11
	Retreat Star		Gulika 8:45AM – 10:26AM	Ashvini Until 1:31PM	Ganesha: Red	<i>Sunrise:</i> 5:24AM	Sarvari 5122
	Mesha Rasi: 9.34	Tithi 1	Yama 5:24AM – 7:04AM	Priti Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 1
	225134468		Rahu 1:47PM – 3:27PM	Kintughna Until 6:29PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga			Moon – White		Sivaloka Day	
				Vaisaka+Chaitra			

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Mosul, Iraq Sun 15 Sutra 12
Mesha Rasi: 21.34	Tithi 1 – 2	Gulika 7:03AM – 8:44AM	Bharani Until 4:06PM	Ganesha: Red	<i>Sunrise:</i> 5:23AM			Sarvari 5122
		Yama 3:28PM – 5:08PM	Ayushman Until 8:59PM	Muruqa: Clear	<i>Sunset:</i> 6:49PM			Moon 4 - Phase 2
		225134469 Rahu 10:25AM – 12:06PM	Balava Until 8:28PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 7:29AM	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Mosul, Iraq Sun 16 Sutra 13
Vrishabha Rasi: 3.4	Tithi 2 – 3	Gulika 5:21AM – 7:03AM	Krittika Until 6:16PM	Ganesha: Red	<i>Sunrise:</i> 5:21AM			Sarvari 5122
		Yama 1:47PM – 3:28PM	Saubhagya Until 9:19PM	Muruqa: Clear	<i>Sunset:</i> 6:50PM			Moon 4 - Phase 2
		225134469 Rahu 8:44AM – 10:25AM	Taitila Until 10:11PM	Nataraja: Clear				3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 9:21AM	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Mosul, Iraq Sun 17 Sutra 14
Vrishabha Rasi: 15.54	Tithi 3 – 4	Gulika 3:28PM – 5:10PM	Rohini Until 8:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:20AM			Sarvari 5122
		Yama 12:06PM – 1:47PM	Sobhana Until 9:24PM	Muruqa: Clear	<i>Sunset:</i> 6:51PM			Moon 4 - Phase 2
		235134469 Rahu 5:10PM – 6:51PM	Vanija Until 11:32PM	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:53AM	Moon – Yellow			Devaloka Day	
				Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Mosul, Iraq Sun 18 Sutra 15
Vrishabha Rasi: 28.17	Tithi 4 – 5	Gulika 1:47PM – 3:29PM	Mrigashira Until 10:00PM	Ganesha: Yellow	<i>Sunrise:</i> 5:19AM			Sarvari 5122
Family Home Evening		Yama 10:24AM – 12:05PM	Athiganda* Until 9:07PM	Muruqa: Clear	<i>Sunset:</i> 6:52PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	235134469 Rahu 7:01AM – 8:42AM	Bava Until 12:27AM Tue	Nataraja: Clear				3rd Phase
Until 10:00PM			Chaturthi* Until 12:02PM	Moon – Yellow			Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra				

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Mosul, Iraq Sun 19 Sutra 16
Mithuna Rasi: 10.52	Tithi 5 – 6	Gulika 12:05PM – 1:47PM	Ardra Until 10:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:18AM			Sarvari 5122
		Yama 8:42AM – 10:23AM	Sukarma Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 6:53PM			Moon 4 - Phase 2
		236134469 Rahu 3:29PM – 5:11PM	Kaulava Until 12:49AM Wed	Nataraja: Clear				3rd Phase
Routine Work	Marana Yoga		Panchami Until 12:41PM	Moon – Yellow			Bhuloka Day	
Until 10:55PM				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Mosul, Iraq Sun 20 Sutra 17
Mithuna Rasi: 23.44	Tithi 6 – 7	Gulika 10:23AM – 12:05PM	Punarvasu Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:17AM			Sarvari 5122
		Yama 6:59AM – 8:41AM	Dhriti Until 7:19PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM			Moon 4 - Phase 2
		246134469 Rahu 12:05PM – 1:47PM	Gara Until 12:34AM Thu	Nataraja: Clear				3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 12:45PM	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Mosul, Iraq Sun 21 Sutra 18
Kataka Rasi: 6.53	Tithi 7 – 8	Gulika 8:40AM – 10:23AM	Pushya Until 11:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM			Sarvari 5122
		Yama 5:16AM – 6:58AM	Shula* Until 5:39PM	Muruqa: Clear	<i>Sunset:</i> 6:54PM			Moon 4 - Phase 2
		246134469 Rahu 1:47PM – 3:30PM	Visti Until 11:40PM	Nataraja: Clear				Ashtami
Creative Work	Amrita Yoga		Saptami Until 12:11PM	Moon – Blue			Devaloka Day	
Until 11:23PM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Mosul, Iraq Sun 22 Sutra 19
Kataka Rasi: 20.26	Tithi 8 – 9	Gulika 6:56AM – 8:39AM	Ashlesha* Until 10:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:13AM			Sarvari 5122
		Yama 3:30PM – 5:13PM	Ganda* Until 3:27PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM			Moon 4 - Phase 2
		246134469 Rahu 10:22AM – 12:05PM	Balava Until 10:06PM	Nataraja: Clear				Navami
Routine Work	Marana Yoga		Ashtami* Until 10:57AM	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Mosul, Iraq Sutra 20
Simha Rasi: 4.21	Tithi 9 – 10	Gulika 5:12AM – 6:55AM	Magha* Until 9:06PM	Ganesha: White	<i>Sunrise:</i> 5:12AM	Sarvari 5122
		Yama 1:48PM – 3:31PM	Vriddhi Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 3
	256134469	Rahu 8:39AM – 10:22AM	Taitila Until 7:55PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Navami* Until 9:04AM	Moon – Red	Bhuloka Day	
Until 9:06PM				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Visli* Karana Dashami/Ekodashyam Titau		Mosul, Iraq Sutra 21
Simha Rasi: 18.4	Tithi 10 – 11	Gulika 3:31PM – 5:15PM	Purvaphalguni Until 7:08PM	Ganesha: White	<i>Sunrise:</i> 5:11AM	Sarvari 5122
		Yama 12:05PM – 1:48PM	Dhruva Until 9:34AM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 3
	256134469	Rahu 5:15PM – 6:58PM	Visti Until 3:38AM Mon	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:36AM	Moon – Red	Bhuloka Day	
Until 7:08PM				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Mosul, Iraq Sutra 22
Kanya Rasi: 3.2	Tithi 12	Gulika 1:48PM – 3:32PM	Uttaraphalguni Until 4:36PM	Ganesha: Clear	<i>Sunrise:</i> 5:10AM	Sarvari 5122
Family Home Evening		Yama 10:21AM – 12:05PM	Vyaghata* Until 6:00AM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
	256234469	Rahu 6:54AM – 8:37AM	Bava Until 2:02PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 12:20AM Tue	Moon – Red	Devaloka Day	
				Vaisaka*Chaitra		

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Mosul, Iraq Sutra 23
Kanya Rasi: 18.16	Tithi 13	Gulika 12:04PM – 1:48PM	Hasta Until 2:05PM	Ganesha: Clear	<i>Sunrise:</i> 5:09AM	Sarvari 5122
		Yama 8:37AM – 10:21AM	Vajra* Until 10:09PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3
	267234469	Rahu 3:32PM – 5:16PM	Kaulava Until 10:36AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:48PM	Moon – Green	Devaloka Day	
				Vaisaka*Chaitra		
				<i>Pradosha Vrata</i>		

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau		Mosul, Iraq Sutra 24
Tula Rasi: 3.19	Tithi 14 – 15	Gulika 10:20AM – 12:04PM	Chitra Until 11:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:08AM	Sarvari 5122
		Yama 6:52AM – 8:36AM	Siddhi Until 6:06PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3
	267234469	Rahu 12:04PM – 1:48PM	Gara Until 7:02AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:14PM	Moon – Green	Devaloka Day	
				Vaisaka*Chaitra		

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Mosul, Iraq Sutra 25
Tula Rasi: 18.22	Tithi 15 – 16	Gulika 8:36AM – 10:20AM	Svati Until 8:28AM	Ganesha: Clear	<i>Sunrise:</i> 5:07AM	Sarvari 5122
		Yama 5:07AM – 6:52AM	Vyatipata* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
	267234469	Rahu 1:49PM – 3:33PM	Balava Until 12:07AM Fri	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Purnima* Until 1:45PM	Moon – Green	Devaloka Day	
Until 8:28AM		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra		
Then Creative Work - Siddha Yoga						

Friday, May 8, 2020		Silver Retreat Star		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Mosul, Iraq Sutra 26
Vrischika Rasi: 3.14	Tithi 16 – 17	Gulika 6:51AM – 8:35AM	Vishakha Until 6:08AM	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Sarvari 5122
		Yama 3:33PM – 5:18PM	Variyan Until 10:25AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
	277234469	Rahu 10:20AM – 12:04PM	Taitila Until 9:07PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:33AM	Moon – Orange	Bhuloka Day	
				Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda