



**Sunday, April 21, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 0.11 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Triliyayam Titau

**Gulika** 3:33PM – 5:19PM  
**Yama** 12:00PM – 1:46PM  
**Rahu** 5:19PM – 7:06PM

**Vishakha** Until 11:28AM  
**Vyatipata\*** Until 9:59PM  
Vanija Until 6:23PM  
**Dvitiya** Until 7:01AM

**Ganesha:** Blue *Sunrise:* 4:53AM  
**Muruqa:** Yellow *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

London, UK  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Monday, April 22, 2019**

Vrischika Rasi: 13.46 Tithi 19

**Family Home Evening**

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:46PM – 3:34PM  
**Yama** 10:12AM – 11:59AM  
**Rahu** 6:38AM – 8:25AM

**Anuradha** Until 11:13AM  
Variyan Until 8:23PM  
Bava Until 5:39PM  
**Chaturthi\*** Until 5:33AM Tue

**Ganesha:** Blue *Sunrise:* 4:51AM  
**Muruqa:** Yellow *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

London, UK  
Sun 1  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Tuesday, April 23, 2019**

Vrischika Rasi: 26.54 Tithi 20

Routine Work Marana Yoga

Until 11:35AM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:59AM – 1:47PM  
**Yama** 8:24AM – 10:12AM  
**Rahu** 3:34PM – 5:22PM

**Jyeshtha\*** Until 11:35AM  
Parigha\* Until 7:27PM  
Kaulava Until 5:43PM  
**Panchami** Until 6:02AM Wed

**Ganesha:** Blue *Sunrise:* 4:49AM  
**Muruqa:** Yellow *Sunset:* 7:09PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

**Devaloka Day**

London, UK  
Sun 2  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Wednesday, April 24, 2019**

Dhanus Rasi: 9.38 Tithi 20 – 21

Routine Work Marana Yoga

Until 1:04PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:11AM – 11:59AM  
**Yama** 6:35AM – 8:23AM  
**Rahu** 11:59AM – 1:47PM

**Mula\*** Until 1:04PM  
Shiva Until 7:09PM  
Gara Until 6:36PM  
**Panchami** Until 6:02AM

**Ganesha:** Yellow *Sunrise:* 4:47AM  
**Muruqa:** Yellow *Sunset:* 7:11PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

**Sivaloka Day**

London, UK  
Sun 3  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Thursday, April 25, 2019**

Dhanus Rasi: 22.01 Tithi 21 – 22

Creative Work Siddha Yoga

Until 3:08PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:22AM – 10:10AM  
**Yama** 4:45AM – 6:34AM  
**Rahu** 1:47PM – 3:36PM

**Purvashadha\*** Until 3:08PM  
Siddha Until 7:23PM  
Visti Until 8:12PM  
**Shashthi\*** Until 7:18AM

**Ganesha:** Yellow *Sunrise:* 4:45AM  
**Muruqa:** Yellow *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

London, UK  
Sun 4  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 4.08 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 6:32AM – 8:21AM  
**Yama** 3:36PM – 5:25PM  
**Rahu** 10:10AM – 11:59AM

**Uttarashadha** Until 5:35PM  
Sadhya Until 8:04PM  
Balava Until 10:22PM  
**Saptami** Until 9:13AM

**Ganesha:** Red *Sunrise:* 4:43AM  
**Muruqa:** Yellow *Sunset:* 7:14PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

**Devaloka Day**

London, UK  
Sun 5  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 16.04 Tithi 23 – 24

Creative Work Siddha Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 4:41AM – 6:31AM  
**Yama** 1:48PM – 3:37PM  
**Rahu** 8:20AM – 10:09AM

**Shravana** Until 8:44PM  
Subha Until 9:01PM  
Taitila Until 12:51AM Sun  
**Ashtami\*** Until 11:34AM

**Ganesha:** Green *Sunrise:* 4:41AM  
**Muruqa:** Yellow *Sunset:* 7:16PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra+Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

London, UK  
Sun 6  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau			London, UK Sun 7 Sutra 14 Vikarin 5121
Makara Rasi: 27.53	Tithi 24 – 25	<b>Gulika</b> 3:38PM – 5:28PM	<b>Dhanishtha</b> <b>Until 11:48PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:39AM	
		Yama 11:58AM – 1:48PM	Sukla <b>Until 10:01PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
	294583469	<b>Rahu</b> 5:28PM – 7:17PM	Vanija <b>Until 3:24AM Mon</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> <b>Until 2:06PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11:48PM					
Then Creative Work - Siddha Yoga					

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			London, UK Sun 8 Sutra 15 Vikarin 5121
Kumbha Rasi: 9.43	Tithi 25 – 26	<b>Gulika</b> 1:48PM – 3:39PM	<b>Shatabhishak</b> <b>Until 2:34AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:37AM	
<b>Family Home Evening</b>		Yama 10:08AM – 11:58AM	Brahma <b>Until 10:57PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:19PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:28AM – 8:18AM	Bava <b>Until 5:46AM Tue</b>	<b>Nataraja:</b> Clear	2nd Phase
Until 2:34AM Tue			<b>Dashami</b> <b>Until 4:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Purvaproshtapada* Nakshatra Indra Yoga Balava Karana Ekadashyam Titau			London, UK Sun 9 Sutra 16 Vikarin 5121
Kumbha Rasi: 21.37	Tithi 26	<b>Gulika</b> 11:58AM – 1:49PM	<b>Purvaproshtapada*</b> <b>Until 5:21AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:35AM	
		Yama 8:17AM – 10:07AM	Indra <b>Until 11:39PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:21PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 3:39PM – 5:30PM	Balava <b>Until 6:49PM</b>	<b>Nataraja:</b> Clear	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 6:49PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 5:21AM Wed					
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Kaulava/Tailita Karana Dvadashyam Titau			London, UK Sun 10 Sutra 17 Vikarin 5121
Meena Rasi: 3.39	Tithi 27	<b>Gulika</b> 10:07AM – 11:58AM	<b>Uttaraproshtapada</b> <b>Until 7:31AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:34AM	
		Yama 6:25AM – 8:16AM	Vaidhriti* <b>Until 11:59PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:22PM	Moon 4 - Phase 3
	214583469	<b>Rahu</b> 11:58AM – 1:49PM	Kaulava <b>Until 7:47AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 8:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau			London, UK Sun 11 Sutra 18 Vikarin 5121
Meena Rasi: 15.52	Tithi 28	<b>Gulika</b> 8:15AM – 10:06AM	<b>Uttaraproshtapada</b> <b>Until 7:31AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:32AM	
		Yama 4:32AM – 6:23AM	Vishkambha* <b>Until 11:56PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 1:49PM – 3:41PM	Gara <b>Until 9:19AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 9:52PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9:01AM					
Then Creative Work - Amrita Yoga					

*Pradosha Vrata (Fasting)*

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			London, UK Sun 12 Sutra 19 Vikarin 5121
Meena Rasi: 28.19	Tithi 29	<b>Gulika</b> 6:22AM – 8:14AM	<b>Revati</b> <b>Until 9:01AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:30AM	
		Yama 3:42PM – 5:34PM	Priti <b>Until 11:28PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:26PM	Moon 4 - Phase 3
	215583469	<b>Rahu</b> 10:06AM – 11:58AM	Visti <b>Until 10:19AM</b>	<b>Nataraja:</b> Clear	2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:36PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 9:01AM					
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau			London, UK Sun 13 Sutra 20 Vikarin 5121
Mesha Rasi: 11.01	Tithi 30	<b>Gulika</b> 4:28AM – 6:20AM	<b>Ashvini</b> <b>Until 10:18AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:28AM	
		Yama 1:50PM – 3:42PM	Ayushman <b>Until 10:34PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:27PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 8:13AM – 10:05AM	Catuspada <b>Until 10:47AM</b>	<b>Nataraja:</b> Clear	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 10:47PM</b>	<b>Chaitra+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau			London, UK Sun 14 Sutra 21 Vikarin 5121
Mesha Rasi: 23.58	Tithi 1	<b>Gulika</b> 3:43PM – 5:36PM	<b>Bharani</b> <b>Until 10:55AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:26AM	
		Yama 11:58AM – 1:50PM	Saubhagya <b>Until 9:18PM</b>	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:29PM	Moon 4 - Phase 3
	225583469	<b>Rahu</b> 5:36PM – 7:29PM	Kintughna <b>Until 10:43AM</b>	<b>Nataraja:</b> Clear	Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> <b>Until 10:30PM</b>	<b>Vaisaka+Chaitra</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 10:55AM					
Then Creative Work - Siddha Yoga					

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dviliyayam Titau				London, UK Sun 15 Sutra 22 Vikarin 5121
<b>1</b>	Vrishabha Rasi: 7.09 Family Home Evening Routine Work Marana Yoga Until 10:58AM Then Creative Work - Amrita Yoga	Tithi 2 225583469	<b>Gulika</b> 1:51PM – 3:44PM Yama 10:04AM – 11:57AM <b>Rahu</b> 6:18AM – 8:11AM	<b>Krittika Until 10:58AM</b> Sobhana Until 7:43PM Balava Until 10:13AM Dvitiya Until 9:49PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:25AM <b>Sunset:</b> 7:30PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Triliyayam Titau				London, UK Sun 16 Sutra 23 Vikarin 5121
<b>2</b>	Vrishabha Rasi: 20.32 Creative Work Amrita Yoga Until 10:56AM Then Creative Work - Siddha Yoga	Tithi 3 235583469	<b>Gulika</b> 11:57AM – 1:51PM Yama 8:10AM – 10:04AM <b>Rahu</b> 3:45PM – 5:38PM	<b>Rohini Until 10:56AM</b> Athiganda* Until 5:50PM Taitila Until 9:21AM Tritiya Until 8:46PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:23AM <b>Sunset:</b> 7:32PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau				London, UK Sun 17 Sutra 24 Vikarin 5121
<b>3</b>	Mithuna Rasi: 4.07 Creative Work Siddha Yoga	Tithi 4 235583469	<b>Gulika</b> 10:03AM – 11:57AM Yama 6:15AM – 8:09AM <b>Rahu</b> 11:57AM – 1:51PM	<b>Mrigashira Until 10:27AM</b> Sukarma Until 3:44PM Vanija Until 8:10AM Chaturthi* Until 7:27PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:21AM <b>Sunset:</b> 7:34PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				London, UK Sun 18 Sutra 25 Vikarin 5121
<b>4</b>	Mithuna Rasi: 17.5 Routine Work Marana Yoga Until 9:35AM Then Creative Work - Amrita Yoga	Tithi 5 – 6 235583469	<b>Gulika</b> 8:08AM – 10:03AM Yama 4:19AM – 6:14AM <b>Rahu</b> 1:52PM – 3:46PM	<b>Ardra Until 9:35AM</b> Dhriti Until 1:28PM Bava Until 6:43AM Panchami Until 5:54PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:19AM <b>Sunset:</b> 7:35PM Moon 4 - Phase 4 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				London, UK Sun 19 Sutra 26 Vikarin 5121
<b>5</b>	Kataka Rasi: 1.42 Creative Work Siddha Yoga Until 8:48AM Then Routine Work - Marana Yoga	Tithi 6 – 7 245583469	<b>Gulika</b> 6:13AM – 8:07AM Yama 3:47PM – 5:42PM <b>Rahu</b> 10:02AM – 11:57AM	<b>Punarvasu Until 8:48AM</b> Shula* Until 10:59AM Gara Until 3:13AM Sat Shashthi* Until 4:09PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:18AM <b>Sunset:</b> 7:37PM Moon 4 - Phase 4 3rd Phase <b>Devaloka Day</b>
<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				London, UK Sun 20 Sutra 27 Vikarin 5121
<b>Retreat Star</b>	Kataka Rasi: 15.41 Creative Work Siddha Yoga Until 7:40AM Then Routine Work - Marana Yoga	Tithi 7 – 8 245583469	<b>Gulika</b> 4:16AM – 6:11AM Yama 1:52PM – 3:48PM <b>Rahu</b> 8:07AM – 10:02AM	<b>Pushya Until 7:40AM</b> Ganda* Until 8:22AM Visti Until 1:11AM Sun Saptami Until 2:12PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:16AM <b>Sunset:</b> 7:38PM Moon 4 - Phase 4 Ashtami <b>Devaloka Day</b>
<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				London, UK Sun 21 Sutra 28 Vikarin 5121
<b>Retreat Star</b>	Kataka Rasi: 29.46 Creative Work Siddha Yoga Until 6:14AM Then Routine Work - Marana Yoga	Tithi 8 – 9 246583469	<b>Gulika</b> 3:48PM – 5:44PM Yama 11:57AM – 1:53PM <b>Rahu</b> 5:44PM – 7:40PM	<b>Ashlesha* Until 6:14AM</b> Dhruva Until 2:44AM Mon Balava Until 11:00PM Ashtami* Until 12:05PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 4:14AM <b>Sunset:</b> 7:40PM Moon 4 - Phase 4 Navami <b>Devaloka Day</b>

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashyam Titau				London, UK Sun 22 Sutra 29 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:53PM – 3:49PM	<b>Purvaphalguni</b> Until 3:22AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:13AM	
Simha Rasi: 13.58	Tithi 9 – 10	Yama 10:01AM – 11:57AM	Vyaghata* Until 11:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:41PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 6:09AM – 8:05AM	Taitila Until 8:41PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Navami*</b> Until 9:50AM	Moon – Red	<b>Bhuloka Day</b>	
Until 3:22AM Tue				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				London, UK Sun 23 Sutra 30 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:57AM – 1:54PM	<b>Uttaraphalguni</b> Until 1:37AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:11AM	
Simha Rasi: 28.13	Tithi 10 – 11	Yama 8:04AM – 10:01AM	Harshana Until 8:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:43PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 3:50PM – 5:46PM	Vanija Until 6:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 7:29AM	Moon – Red	<b>Bhuloka Day</b>	
Until 1:37AM Wed				<b>Vaisaka-Chaitra</b>	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga						

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				London, UK Sun 24 Sutra 31 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:00AM – 11:57AM	<b>Hasta</b> Until 12:11AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:10AM	
Kanya Rasi: 12.31	Tithi 12	Yama 6:07AM – 8:03AM	Vajra* Until 5:44PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:44PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 11:57AM – 1:54PM	Bava Until 3:56PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> Until 2:45AM Thu	Moon – Green	<b>Devaloka Day</b>	
Until 12:11AM Thu				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				London, UK Sun 25 Sutra 32 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:03AM – 10:00AM	<b>Chitra</b> Until 10:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:08AM	
Kanya Rasi: 26.46	Tithi 13	Yama 4:08AM – 6:06AM	Siddhi Until 2:49PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:46PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 1:54PM – 3:51PM	Kaulava Until 1:39PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Trayodashi</b> Until 12:34AM Fri	Moon – Green	<b>Devaloka Day</b>	
Until 10:45PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				London, UK Sun 26 Sutra 33 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:05AM – 8:02AM	<b>Svati</b> Until 9:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:07AM	
Tula Rasi: 10.55	Tithi 14	Yama 3:52PM – 5:50PM	Vyatipata* Until 12:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:47PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	266583469	<b>Rahu</b> 10:00AM – 11:57AM	Gara Until 11:35AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 10:39PM	Moon – Green	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				London, UK Sun 27 Sutra 34 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 4:06AM – 6:03AM	<b>Vishakha</b> Until 8:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:06AM	
Tula Rasi: 24.51	Tithi 15	Yama 1:55PM – 3:53PM	Variyan Until 9:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	276583469	<b>Rahu</b> 8:01AM – 9:59AM	Visti Until 9:52AM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 9:09PM	Moon – Orange	<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				London, UK Sun 28 Sutra 35 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 3:54PM – 5:52PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:04AM	
Vrischika Rasi: 8.31	Tithi 16	Yama 11:57AM – 1:55PM	Parigha* Until 7:32AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:50PM	Moon 4 - Phase 5
<b>Family Home Evening</b>	277583469	<b>Rahu</b> 5:52PM – 7:50PM	Balava Until 8:36AM	<b>Nataraja:</b> Clear		Prathama
Routine Work Marana Yoga			<b>Prathama*</b> Until 8:10PM	Moon – Orange	<b>Devaloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 21.52 Tithi 17  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:56PM – 3:54PM  
**Yama** 9:59AM – 11:57AM  
**Rahu** 6:01AM – 8:00AM  
**Jyeshtha\* Until 8:47PM**  
Siddha Until 4:50AM Tue  
Taitila Until 7:56AM  
**Dvitiya Until 7:49PM**

**Ganesha:** Yellow *Sunrise:* 4:03AM  
**Muruqa:** Yellow *Sunset:* 7:52PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

**Devaloka Day**

London, UK  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 4.52 Tithi 18  
Creative Work Amrita Yoga  
Until 9:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 11:57AM – 1:56PM  
**Yama** 7:59AM – 9:58AM  
**Rahu** 3:55PM – 5:54PM  
**Mula\* Until 9:59PM**  
Sadhya Until 4:18AM Wed  
Vanija Until 7:55AM  
**Tritiya Until 8:10PM**

**Ganesha:** Red *Sunrise:* 4:02AM  
**Muruqa:** Yellow *Sunset:* 7:53PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

London, UK  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 17.31 Tithi 19  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 9:58AM – 11:57AM  
**Yama** 6:00AM – 7:59AM  
**Rahu** 11:57AM – 1:57PM  
**Purvashadha\* Until 11:43PM**  
Subha Until 4:19AM Thu  
Bava Until 8:37AM  
**Chaturthi\* Until 9:12PM**

**Ganesha:** Red *Sunrise:* 4:00AM  
**Muruqa:** Yellow *Sunset:* 7:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

London, UK  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Thursday, May 23, 2019**

Dhanus Rasi: 29.52 Tithi 20  
Routine Work Marana Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:58AM – 9:58AM  
**Yama** 3:59AM – 5:59AM  
**Rahu** 1:57PM – 3:57PM  
**Uttarashadha Until 1:52AM Fri**  
Sukla Until 4:45AM Fri  
Kaulava Until 9:59AM  
**Panchami Until 10:51PM**

**Ganesha:** Red *Sunrise:* 3:59AM  
**Muruqa:** Yellow *Sunset:* 7:56PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**Devaloka Day**

London, UK  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Friday, May 24, 2019**

Makara Rasi: 11.59 Tithi 21  
Routine Work Marana Yoga  
Until 4:47AM Sat  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika** 5:58AM – 7:58AM  
**Yama** 3:57PM – 5:57PM  
**Rahu** 9:58AM – 11:57AM  
**Shravana Until 4:47AM Sat**  
Brahma Until 5:31AM Sat  
Gara Until 11:54AM  
**Shashthi\* Until 12:59AM Sat**

**Ganesha:** Green *Sunrise:* 3:58AM  
**Muruqa:** Yellow *Sunset:* 7:57PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

London, UK  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Saturday, May 25, 2019**

Makara Rasi: 23.56 Tithi 22  
Creative Work Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 3:57AM – 5:57AM  
**Yama** 1:58PM – 3:58PM  
**Rahu** 7:57AM – 9:57AM  
**Dhanishtha Until 7:44AM Sun**  
Indra Until 6:29AM Sun  
Visti Until 2:11PM  
**Saptami Until 3:22AM Sun**

**Ganesha:** Green *Sunrise:* 3:57AM  
**Muruqa:** Yellow *Sunset:* 7:58PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

London, UK  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 5.47 Tithi 23  
Routine Work Marana Yoga  
Until 7:44AM  
Then Creative Work - Siddha Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:59PM – 5:59PM  
**Yama** 11:58AM – 1:58PM  
**Rahu** 5:59PM – 8:00PM  
**Dhanishtha Until 7:44AM**  
Indra Until 6:29AM  
Balava Until 4:37PM  
**Ashtami\* Until 5:47AM Mon**

**Ganesha:** Blue *Sunrise:* 3:56AM  
**Muruqa:** Yellow *Sunset:* 8:00PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

London, UK  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 17.4 Tithi 24  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:32AM  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak/Purvaprosanthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila Karana Navamyam Titau

**Gulika** 1:59PM – 3:59PM  
**Yama** 9:57AM – 11:58AM  
**Rahu** 5:55AM – 7:56AM  
**Shatabhishak Until 10:32AM**  
Vaidhriti\* Until 7:25AM  
Taitila Until 6:57PM  
**Navami\* Until 8:00AM Tue**

**Ganesha:** Blue *Sunrise:* 3:55AM  
**Muruqa:** Yellow *Sunset:* 8:01PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Sivaloka Day**

London, UK  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	London, UK
Kumbha Rasi: 29.36	Tithi 24 – 25	<b>Gulika</b>	<b>11:58AM – 1:59PM</b>	<b>Purvaproshtapada* Until 1:26PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:54AM	Sun 9 Sutra 44 Vikarin 5121
		Yama	7:56AM – 9:57AM	Vishkambha* Until 8:12AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:02PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>4:00PM – 6:01PM</b>	Vanija Until 9:00PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga			<b>Navami* Until 8:00AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 1:26PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	London, UK
Meena Rasi: 11.41	Tithi 25 – 26	<b>Gulika</b>	<b>9:57AM – 11:58AM</b>	<b>Uttaraproshtapada Until 3:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:53AM	Sun 10 Sutra 45 Vikarin 5121
		Yama	5:54AM – 7:55AM	Priti Until 8:43AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:03PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>11:58AM – 1:59PM</b>	Bava Until 10:34PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Dashami Until 9:50AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 3:45PM					<b>Vaisaka-Vaikasi</b>		
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	London, UK
Meena Rasi: 23.59	Tithi 26 – 27	<b>Gulika</b>	<b>7:55AM – 9:57AM</b>	<b>Revati Until 5:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:52AM	Sun 11 Sutra 46 Vikarin 5121
		Yama	3:52AM – 5:53AM	Ayushman Until 8:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:04PM	Moon 5 - Phase 7
		318683469 <b>Rahu</b>	<b>2:00PM – 4:01PM</b>	Kaulava Until 11:33PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 11:07AM</b>	Moon – Clear		<b>Sivaloka Day</b>
Until 5:22PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	London, UK
Mesha Rasi: 6.33	Tithi 27 – 28	<b>Gulika</b>	<b>5:53AM – 7:55AM</b>	<b>Ashvini Until 6:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:51AM	Sun 12 Sutra 47 Vikarin 5121
		Yama	4:02PM – 6:04PM	Saubhagya Until 8:23AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:06PM	Moon 5 - Phase 7
		328683469 <b>Rahu</b>	<b>9:56AM – 11:58AM</b>	Gara Until 11:54PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga			<b>Dvadashi* Until 11:47AM</b>	Moon – White		<b>Devaloka Day</b>
Until 6:42PM					<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	London, UK
Mesha Rasi: 19.25	Tithi 28 – 29	<b>Gulika</b>	<b>3:50AM – 5:52AM</b>	<b>Bharani Until 7:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:50AM	Sun 13 Sutra 48 Vikarin 5121
		Yama	2:00PM – 4:03PM	Sobhana Until 7:30AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:07PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>7:54AM – 9:56AM</b>	Visti Until 11:37PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga			<b>Trayodashi* Until 11:49AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:14PM					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

<b>●</b>		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	London, UK
<b>Retreat Star</b>		<b>Gulika</b>	<b>4:03PM – 6:05PM</b>	<b>Krittika Until 7:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:49AM	Sun 14 Sutra 49 Vikarin 5121
Vrishabha Rasi: 2.37	Tithi 29 – 30	Yama	11:59AM – 2:01PM	Athiganda* Until 6:05AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:08PM	Moon 5 - Phase 7
		329683469 <b>Rahu</b>	<b>6:05PM – 8:08PM</b>	Catuspada Until 10:44PM	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 11:14AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	London, UK
Vrishabha Rasi: 16.07	Tithi 30 – 1	<b>Gulika</b>	<b>2:01PM – 4:04PM</b>	<b>Rohini Until 6:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 3:49AM	Sun 15 Sutra 50 Vikarin 5121
<b>Family Home Evening</b>		Yama	9:56AM – 11:59AM	Dhriti Until 2:01AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:09PM	Moon 5 - Phase 7
		339683469 <b>Rahu</b>	<b>5:51AM – 7:54AM</b>	Kintughna Until 9:22PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga			<b>Amavasya* Until 10:05AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	London, UK Sun 16 Sutra 51 Vikarin 5121
Vrishabha Rasi: 29.53	Tithi 1 – 2	<b>Gulika</b> 11:59AM – 2:02PM	<b>Mrigashira Until 5:39PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 3:48AM	
		Yama 7:53AM – 9:56AM	Shula* Until 11:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:10PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 4:04PM – 6:07PM	Balava Until 7:35PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:30AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 5:39PM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	London, UK Sun 17 Sutra 52 Vikarin 5121
Mithuna Rasi: 13.53	Tithi 2 – 3	<b>Gulika</b> 9:56AM – 11:59AM	<b>Ardra Until 4:14PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 3:47AM	
		Yama 5:50AM – 7:53AM	Ganda* Until 8:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:11PM	Moon 5 - Phase 8
		339683461 <b>Rahu</b> 11:59AM – 2:02PM	Gara Until 4:23AM Thu	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:34AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Vistil* Karana Chaturthyam Titau	London, UK Sun 18 Sutra 53 Vikarin 5121
Mithuna Rasi: 28.02	Tithi 4	<b>Gulika</b> 7:53AM – 9:56AM	<b>Punarvasu Until 2:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:47AM	
		Yama 3:47AM – 5:50AM	Vridhhi Until 5:48PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:12PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 2:02PM – 4:05PM	Vanija Until 3:15PM	<b>Nataraja:</b> Yellow	3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 2:04AM Fri</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau	London, UK Sun 19 Sutra 54 Vikarin 5121
Kataka Rasi: 12.17	Tithi 5	<b>Gulika</b> 5:49AM – 7:53AM	<b>Pushya Until 1:21PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:46AM	
		Yama 4:06PM – 6:09PM	Dhruva Until 2:49PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:12PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 9:56AM – 11:59AM	Bava Until 12:54PM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 11:42PM</b>	Moon – Blue	<b>Bhuloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau	London, UK Sun 20 Sutra 55 Vikarin 5121
Kataka Rasi: 26.33	Tithi 6	<b>Gulika</b> 3:46AM – 5:49AM	<b>Ashlesha* Until 11:38AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 3:46AM	
		Yama 2:03PM – 4:06PM	Vyaghata* Until 11:50AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:13PM	Moon 5 - Phase 8
		349683461 <b>Rahu</b> 7:53AM – 9:56AM	Kaulava Until 10:32AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 9:20PM</b>	Moon – Blue	<b>Bhuloka Day</b>
Until 11:38AM				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>6</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau	London, UK Sun 21 Sutra 56 Vikarin 5121
Simha Rasi: 10.49	Tithi 7	<b>Gulika</b> 4:07PM – 6:11PM	<b>Magha* Until 10:14AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:45AM	
		Yama 12:00PM – 2:03PM	Harshana Until 8:53AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:14PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 6:11PM – 8:14PM	Gara Until 8:12AM	<b>Nataraja:</b> Yellow	3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 7:03PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 10:14AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	London, UK Sun 22 Sutra 57 Vikarin 5121
Simha Rasi: 25	Tithi 8 – 9	<b>Gulika</b> 2:04PM – 4:07PM	<b>Purvaphalguni Until 8:48AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:45AM	
<b>Family Home Evening</b>		Yama 9:56AM – 12:00PM	Vajra* Until 6:00AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:15PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 5:49AM – 7:52AM	Balava Until 3:51AM Tue	<b>Nataraja:</b> Yellow	Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 4:52PM</b>	Moon – Red	<b>Devaloka Day</b>
				<b>Jyeshtha-Vaikasi</b>	


<b>Retreat Star</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	London, UK Sun 23 Sutra 58 Vikarin 5121
Kanya Rasi: 9.07	Tithi 9 – 10	<b>Gulika</b> 12:00PM – 2:04PM	<b>Uttaraphalguni Until 7:21AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 3:45AM	
		Yama 7:52AM – 9:56AM	Vyatipata* Until 12:36AM Wed	<b>Muruqa:</b> Yellow <i>Sunset:</i> 8:16PM	Moon 5 - Phase 8
		351683461 <b>Rahu</b> 4:08PM – 6:12PM	Taitila Until 1:53AM Wed	<b>Nataraja:</b> Yellow	Navami
Creative Work	Amrita Yoga		<b>Navami* Until 2:49PM</b>	Moon – Red	<b>Devaloka Day</b>
Until 7:21AM				<b>Jyeshtha-Vaikasi</b>	
Then Creative Work - Siddha Yoga					

<b>1</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasla/Chitra Nakshatra Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		London, UK Sun 24 Sutra 59 Vikarin 5121	
Kanya Rasi: 23.07	Tithi 10 – 11	<b>Gulika</b>	9:56AM – 12:00PM	<b>Hasta</b> <b>Until 6:21AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	
		Yama	5:48AM – 7:52AM	Variyan <b>Until 10:07PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:16PM	Moon 5 - Phase 9
		361683461 <b>Rahu</b>	12:00PM – 2:04PM	Vanija <b>Until 12:08AM Thu</b>	<b>Nataraja:</b> Yellow		4th Phase
Routine Work	Marana Yoga			<b>Dashami</b> <b>Until 12:58PM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 6:21AM					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		London, UK Sun 25 Sutra 60 Vikarin 5121	
Tula Rasi: 6.59	Tithi 11 – 12	<b>Gulika</b>	7:52AM – 9:56AM	<b>Svati</b> <b>Until 4:37AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	
		Yama	3:44AM – 5:48AM	Parigha* <b>Until 7:51PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 8:17PM	Moon 5 - Phase 9
		361683461 <b>Rahu</b>	2:05PM – 4:09PM	Bava <b>Until 10:39PM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Amrita Yoga			<b>Ekadashi</b> <b>Until 11:20AM</b>	Moon – Green	<b>Bhuloka Day</b>	
Until 4:37AM Fri					<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		London, UK Sun 26 Sutra 61 Vikarin 5121	
Tula Rasi: 20.41	Tithi 12 – 13	<b>Gulika</b>	5:48AM – 7:52AM	<b>Vishakha</b> <b>Until 4:27AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:44AM	
		Yama	4:09PM – 6:13PM	Shiva <b>Until 5:52PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:17PM	Moon 5 - Phase 9
		371693461 <b>Rahu</b>	9:56AM – 12:01PM	Kaulava <b>Until 9:29PM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi</b> <b>Until 10:00AM</b>	Moon – Orange	<b>Sivaloka Day</b>	
		<b>Vaikasi Visakam</b>			<b>Jyeshtha-Vaikasi</b>		
				<i>Pradosha Vrata</i>			

<b>4</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		London, UK Sun 27 Sutra 62 Vikarin 5121	
Vrischika Rasi: 4.11	Tithi 13 – 14	<b>Gulika</b>	3:44AM – 5:48AM	<b>Anuradha</b> <b>Until 4:33AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	
		Yama	2:05PM – 4:09PM	Siddha <b>Until 4:09PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:18PM	Moon 5 - Phase 9
		371793461 <b>Rahu</b>	7:52AM – 9:57AM	Gara <b>Until 8:43PM</b>	<b>Nataraja:</b> Yellow		4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi</b> <b>Until 9:01AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 4:33AM Sun					<b>Jyeshtha-Ani</b>		
Then Routine Work - Marana Yoga							

		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		London, UK Sun 28 Sutra 63 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b>	4:10PM – 6:14PM	<b>Jyeshtha*</b> <b>Until 4:59AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:44AM	
Vrischika Rasi: 17.27	Tithi 14 – 15	Yama	12:01PM – 2:05PM	Sadhya <b>Until 2:49PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:18PM	Moon 5 - Phase 9
		371793461 <b>Rahu</b>	6:14PM – 8:18PM	Visti <b>Until 8:25PM</b>	<b>Nataraja:</b> Yellow		Purnima
Routine Work	Marana Yoga			<b>Chaturdashi*</b> <b>Until 8:29AM</b>	Moon – Orange	<b>Subha Sivaloka Day</b>	
Until 4:59AM Mon		<b>Father's Day</b>			<b>Jyeshtha-Ani</b>		
Then Creative Work - Siddha Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau		London, UK Sun 29 Sutra 64 Vikarin 5121	
Dhanus Rasi: 0.27	Tithi 15 – 16	<b>Gulika</b>	2:06PM – 4:10PM	<b>Mula*</b> <b>Until 6:16AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:44AM	
		Yama	9:57AM – 12:01PM	Subha <b>Until 1:55PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:19PM	Moon 5 - Phase 9
<b>Family Home Evening</b>		381793461 <b>Rahu</b>	5:48AM – 7:52AM	Balava <b>Until 8:39PM</b>	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Siddha Yoga			<b>Purnima*</b> <b>Until 8:27AM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
					<b>Jyeshtha-Ani</b>		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

London, UK  
Sutra 65  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 13.11 Tithi 16 – 17

381793461

**Gulika** 12:01PM – 2:06PM  
**Yama** 7:53AM – 9:57AM  
**Rahu** 4:10PM – 6:15PM

**Mula\* Until 6:16AM**  
Sukla Until 1:26PM  
Taitila Until 9:28PM  
**Prathama\* Until 8:58AM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:19PM

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 6:16AM  
Then Creative Work - Siddha Yoga

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

London, UK  
Sun 1  
Sutra 66  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Dhanus Rasi: 25.39 Tithi 17 – 18

382793461

**Gulika** 9:57AM – 12:02PM  
**Yama** 5:48AM – 7:53AM  
**Rahu** 12:02PM – 2:06PM

**Purvashadha\* Until 7:57AM**  
Brahma Until 1:24PM  
Vanija Until 10:49PM  
**Dvitiya Until 10:03AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:20PM

**Devaloka Day**

Creative Work Amrita Yoga

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Indra/Vaidhrili Yoga Visti/Bava Karana Tritya/Chatrthyam Titau

London, UK  
Sun 2  
Sutra 67  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 7.53 Tithi 18 – 19

382793461

**Gulika** 7:53AM – 9:57AM  
**Yama** 3:44AM – 5:48AM  
**Rahu** 2:06PM – 4:11PM

**Uttarashadha Until 9:59AM**  
Indra Until 1:47PM  
Bava Until 12:40AM Fri  
**Tritya Until 11:40AM**

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:20PM

**Devaloka Day**

Routine Work Marana Yoga  
Until 9:59AM  
Then Creative Work - Siddha Yoga

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vaidhrili/Vishkambha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

London, UK  
Sun 3  
Sutra 68  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Makara Rasi: 19.57 Tithi 19 – 20

392793461

**Gulika** 5:49AM – 7:53AM  
**Yama** 4:11PM – 6:16PM  
**Rahu** 9:58AM – 12:02PM

**Shravana Until 12:46PM**  
Vaidhrili\* Until 2:27PM  
Kaulava Until 2:51AM Sat  
**Chaturthi\* Until 1:42PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:20PM

**Sivaloka Day**

Routine Work Marana Yoga  
Until 12:46PM  
Then Creative Work - Siddha Yoga

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

London, UK  
Sun 4  
Sutra 69  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 1.53 Tithi 20 – 21

392793461

**Gulika** 3:44AM – 5:49AM  
**Yama** 2:07PM – 4:11PM  
**Rahu** 7:53AM – 9:58AM

**Dhanishtha Until 3:39PM**  
Vishkambha\* Until 3:21PM  
Gara Until 5:13AM Sun  
**Panchami Until 4:00PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:20PM

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 3:39PM  
Then Creative Work - Amrita Yoga

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Priti/Ayushman Yoga Vanija Karana Shashthyam Titau

London, UK  
Sun 5  
Sutra 70  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 13.45 Tithi 21

392793461

**Gulika** 4:11PM – 6:16PM  
**Yama** 12:02PM – 2:07PM  
**Rahu** 6:16PM – 8:21PM

**Shatabhishak Until 6:27PM**  
Priti Until 4:20PM  
Vanija Until 6:24PM  
**Shashthi\* Until 6:24PM**

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

**Sunrise:** 3:44AM  
**Sunset:** 8:21PM

**Sivaloka Day**

Creative Work Siddha Yoga

**6**

**Monday, June 24, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Saptamyam Titau

London, UK  
Sun 6  
Sutra 71  
Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Kumbha Rasi: 25.38 Tithi 22

312793461

**Gulika** 2:07PM – 4:12PM  
**Yama** 9:58AM – 12:03PM  
**Rahu** 5:49AM – 7:54AM

**Purvaproshtapada\* Until 9:29PM**  
Ayushman Until 5:12PM  
Visti Until 7:35AM  
**Saptami Until 8:41PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:45AM  
**Sunset:** 8:21PM

**Sivaloka Day**

**Family Home Evening**  
Routine Work Marana Yoga  
Until 9:29PM  
Then Creative Work - Siddha Yoga



**Tuesday, June 25, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

London, UK  
Sun 7  
Sutra 72  
Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Meena Rasi: 7.35 Tithi 23

312793461

**Gulika** 12:03PM – 2:07PM  
**Yama** 7:54AM – 9:58AM  
**Rahu** 4:12PM – 6:16PM

**Uttaraproshtapada Until 12:03AM Wed**  
Saubhagya Until 5:53PM  
Balava Until 9:45AM  
**Ashtami\* Until 10:40PM**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:45AM  
**Sunset:** 8:21PM

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 12:03AM Wed  
Then Routine Work - Marana Yoga

**Wednesday, June 26, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

London, UK  
Sun 8  
Sutra 73  
Vikarin 5121  
Moon 6 - Phase 10  
Navami

Meena Rasi: 19.4 Tithi 24

312793461

**Gulika** 9:59AM – 12:03PM  
**Yama** 5:50AM – 7:54AM  
**Rahu** 12:03PM – 2:07PM

**Revati Until 1:59AM Thu**  
Sobhana Until 6:14PM  
Taitila Until 11:31AM  
**Navami\* Until 12:10AM Thu**

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Sunrise:** 3:46AM  
**Sunset:** 8:21PM

**Sivaloka Day**

Routine Work Marana Yoga  
Until 1:59AM Thu  
Then Creative Work - Amrita Yoga

<b>1</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau		London, UK Sun 9 Sutra 74 Vikarin 5121	
Mesha Rasi: 1.59	Tithi 25	Gulika 7:55AM – 9:59AM	Ashvini Until 3:38AM Fri	Ganesha: Blue	Sunrise: 3:46AM	Moon 6 - Phase 11	2nd Phase
		Yama 3:46AM – 5:50AM	Athiganda* Until 6:06PM	Muruqa: Blue	Sunset: 8:21PM		
		322793461 Rahu 2:08PM – 4:12PM	Vanija Until 12:43PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Dashami Until 1:04AM Fri	Moon – White			Devaloka Day
Until 3:38AM Fri				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		London, UK Sun 10 Sutra 75 Vikarin 5121	
Mesha Rasi: 14.35	Tithi 26	Gulika 5:51AM – 7:55AM	Bharani Until 4:26AM Sat	Ganesha: Blue	Sunrise: 3:47AM	Moon 6 - Phase 11	2nd Phase
		Yama 4:12PM – 6:16PM	Sukarma Until 5:27PM	Muruqa: Blue	Sunset: 8:20PM		
		322793461 Rahu 9:59AM – 12:03PM	Bava Until 1:16PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Ekadashi* Until 1:15AM Sat	Moon – White			Devaloka Day
Until 4:26AM Sat				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
<b>3</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		London, UK Sun 11 Sutra 76 Vikarin 5121	
Mesha Rasi: 27.31	Tithi 27	Gulika 3:47AM – 5:51AM	Krittika Until 4:22AM Sun	Ganesha: Blue	Sunrise: 3:47AM	Moon 6 - Phase 11	2nd Phase
		Yama 2:08PM – 4:12PM	Dhriti Until 4:14PM	Muruqa: Blue	Sunset: 8:20PM		
		322793461 Rahu 7:55AM – 10:00AM	Kaulava Until 1:06PM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Dvadashi* Until 12:43AM Sun	Moon – White			Devaloka Day
Until 4:22AM Sun				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau		London, UK Sun 12 Sutra 77 Vikarin 5121	
Vrishabha Rasi: 10.49	Tithi 28	Gulika 4:12PM – 6:16PM	Rohini Until 3:56AM Mon	Ganesha: Blue	Sunrise: 3:48AM	Moon 6 - Phase 11	2nd Phase
		Yama 12:04PM – 2:08PM	Shula* Until 2:25PM	Muruqa: Blue	Sunset: 8:20PM		
		322793461 Rahu 6:16PM – 8:20PM	Gara Until 12:12PM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Trayodashi* Until 11:29PM	Moon – Yellow			Devaloka Day
Until 3:56AM Mon				Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							
							Pradosha Vrata (Fasting)
<b>5</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		London, UK Sun 13 Sutra 78 Vikarin 5121	
Vrishabha Rasi: 24.31	Tithi 29	Gulika 2:08PM – 4:12PM	Mrigashira Until 2:46AM Tue	Ganesha: Blue	Sunrise: 3:48AM	Moon 6 - Phase 11	2nd Phase
<b>Family Home Evening</b>		Yama 10:00AM – 12:04PM	Ganda* Until 12:06PM	Muruqa: Blue	Sunset: 8:20PM		
		322793461 Rahu 5:52AM – 7:56AM	Visti Until 10:39AM	Nataraja: Yellow			
Creative Work	Amrita Yoga		Chaturdashi* Until 9:39PM	Moon – Yellow			Devaloka Day
Until 2:46AM Tue				Jyeshtha-Ani			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		London, UK Sun 14 Sutra 79 Vikarin 5121	
Mithuna Rasi: 8.34	Tithi 30	Gulika 12:04PM – 2:08PM	Ardra Until 12:59AM Wed	Ganesha: Blue	Sunrise: 3:49AM	Moon 6 - Phase 11	Amavasya
		Yama 7:57AM – 10:00AM	Vridhhi Until 9:20AM	Muruqa: Blue	Sunset: 8:19PM		
		322793461 Rahu 4:12PM – 6:16PM	Catuspada Until 8:33AM	Nataraja: Yellow			
Routine Work	Marana Yoga		Amavasya* Until 7:18PM	Moon – Yellow			Devaloka Day
Until 12:59AM Wed				Jyeshtha-Ani			
Then Creative Work - Siddha Yoga							
<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		London, UK Sun 15 Sutra 80 Vikarin 5121	
Mithuna Rasi: 22.56	Tithi 1 – 2	Gulika 10:01AM – 12:04PM	Punarvasu Until 11:08PM	Ganesha: Yellow	Sunrise: 3:50AM	Moon 6 - Phase 11	Prathama
		Yama 5:53AM – 7:57AM	Dhruva Until 6:12AM	Muruqa: Blue	Sunset: 8:19PM		
		343793461 Rahu 12:04PM – 2:08PM	Kintughna Until 6:00AM	Nataraja: Yellow			
Creative Work	Siddha Yoga		Prathama* Until 4:36PM	Moon – Blue			Sivaloka Day
				Ashada-Ani			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		London, UK Sun 16 Sutra 81	
Kataka Rasi: 7.3	Tithi 2 – 3	<b>Gulika</b> 7:58AM – 10:01AM	<b>Pushya</b> <b>Until 8:58PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:50AM	Vikarin 5121	
		Yama 3:50AM – 5:54AM	Harshana <b>Until 11:19PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:19PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 2:08PM – 4:12PM	Taitila <b>Until 12:10AM Fri</b>	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya</b> <b>Until 1:39PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
Until 8:58PM				<b>Ashada-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		London, UK Sun 17 Sutra 82	
Kataka Rasi: 22.11	Tithi 3 – 4	<b>Gulika</b> 5:55AM – 7:58AM	<b>Ashlesha*</b> <b>Until 6:37PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:51AM	Vikarin 5121	
		Yama 4:11PM – 6:15PM	Vajra* <b>Until 7:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:18PM	Moon 6 - Phase 12	
		343793461 <b>Rahu</b> 10:01AM – 12:05PM	Vanija <b>Until 9:08PM</b>	<b>Nataraja:</b> Yellow		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya</b> <b>Until 10:37AM</b>	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>3</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		London, UK Sun 18 Sutra 83	
Simha Rasi: 6.52	Tithi 4 – 5	<b>Gulika</b> 3:52AM – 5:55AM	<b>Magha*</b> <b>Until 4:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:52AM	Vikarin 5121	
		Yama 2:08PM – 4:11PM	Siddhi <b>Until 4:17PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:18PM	Moon 6 - Phase 12	
		353793461 <b>Rahu</b> 7:59AM – 10:02AM	Bava <b>Until 6:11PM</b>	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi*</b> <b>Until 7:37AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 4:37PM				<b>Ashada-Ani</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		London, UK Sun 19 Sutra 84	
Simha Rasi: 21.26	Tithi 6	<b>Gulika</b> 4:11PM – 6:14PM	<b>Purvaphalguni</b> <b>Until 2:40PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:53AM	Vikarin 5121	
		Yama 12:05PM – 2:08PM	Vyatipata* <b>Until 12:59PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:17PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 6:14PM – 8:17PM	Kaulava <b>Until 3:27PM</b>	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> <b>Until 2:10AM Mon</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 2:40PM				<b>Ashada-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		London, UK Sun 20 Sutra 85	
Kanya Rasi: 5.49	Tithi 7	<b>Gulika</b> 2:08PM – 4:11PM	<b>Uttaraphalguni</b> <b>Until 12:52PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:54AM	Vikarin 5121	
<b>Family Home Evening</b>		Yama 10:02AM – 12:05PM	Varyan <b>Until 9:53AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:16PM	Moon 6 - Phase 12	
		453793461 <b>Rahu</b> 5:57AM – 8:00AM	Gara <b>Until 1:00PM</b>	<b>Nataraja:</b> Yellow		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> <b>Until 11:53PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Ashada-Ani</b>			

<b>Retreat Star</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		London, UK Sun 21 Sutra 86	
Kanya Rasi: 19.59	Tithi 8	<b>Gulika</b> 12:05PM – 2:08PM	<b>Hasta</b> <b>Until 11:43AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:55AM	Vikarin 5121	
		Yama 8:00AM – 10:03AM	Parigha* <b>Until 7:06AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:16PM	Moon 6 - Phase 12	
		463793461 <b>Rahu</b> 4:11PM – 6:13PM	Visti <b>Until 10:54AM</b>	<b>Nataraja:</b> Yellow		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> <b>Until 10:00PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>Retreat Star</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Balava/Kaulava Karana Navamyam Titau		London, UK Sun 22 Sutra 87	
Tula Rasi: 3.53	Tithi 9	<b>Gulika</b> 10:03AM – 12:05PM	<b>Chitra</b> <b>Until 10:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:56AM	Vikarin 5121	
		Yama 5:58AM – 8:01AM	Siddha <b>Until 2:32AM Thu</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 8:15PM	Moon 6 - Phase 12	
		463893461 <b>Rahu</b> 12:05PM – 2:08PM	Balava <b>Until 9:14AM</b>	<b>Nataraja:</b> Yellow		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 8:32PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada-Ani</b>			


<b>1</b>		<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				London, UK Sun 23 Sutra 88
Tula Rasi: 17.31	Tithi 10	<b>Gulika</b>	<b>8:01AM – 10:03AM</b>	<b>Svati Until 10:15AM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 3:57AM</i>	Vikarin 5121	
		Yama	3:57AM – 5:59AM	Sadhya Until 12:48AM Fri	<b>Muruqa: Blue</b>	<i>Sunset: 8:14PM</i>	Moon 6 - Phase 13	
		463893461 <b>Rahu</b>	<b>2:08PM – 4:10PM</b>	Taitila Until 8:00AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 7:32PM</b>	<b>Ashada-Ani</b>			<b>Sivaloka Day</b>
Until 10:15AM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				London, UK Sun 24 Sutra 89
Vischika Rasi: 0.53	Tithi 11	<b>Gulika</b>	<b>6:00AM – 8:02AM</b>	<b>Vishakha Until 10:25AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 3:58AM</i>	Vikarin 5121	
		Yama	4:10PM – 6:12PM	Subha Until 11:28PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:13PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>10:04AM – 12:06PM</b>	Vanija Until 7:13AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 7:00PM</b>	<b>Ashada-Ani</b>			<b>Devaloka Day</b>

<b>3</b>		<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				London, UK Sun 25 Sutra 90
Vischika Rasi: 14	Tithi 12	<b>Gulika</b>	<b>3:59AM – 6:01AM</b>	<b>Anuradha Until 10:54AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 3:59AM</i>	Vikarin 5121	
		Yama	2:08PM – 4:09PM	Sukla Until 10:29PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:13PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>8:02AM – 10:04AM</b>	Bava Until 6:56AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 6:56PM</b>	<b>Ashada-Ani</b>			<b>Devaloka Day</b>

<b>4</b>		<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				London, UK Sun 26 Sutra 91
Vischika Rasi: 26.52	Tithi 13	<b>Gulika</b>	<b>4:09PM – 6:10PM</b>	<b>Jyeshtha* Until 11:43AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 4:00AM</i>	Vikarin 5121	
		Yama	12:06PM – 2:07PM	Brahma Until 9:53PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:12PM</i>	Moon 6 - Phase 13	
		473893461 <b>Rahu</b>	<b>6:10PM – 8:12PM</b>	Kaulava Until 7:07AM	<b>Nataraja: Yellow</b>		4th Phase	
Routine Work	Marana Yoga			<b>Trayodashi Until 7:22PM</b>	<b>Ashada-Ani</b>			<b>Devaloka Day</b>
Until 11:43AM								
Then Creative Work - Amrita Yoga								<i>Pradosha Vrata</i>

<b>5</b>		<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				London, UK Sun 27 Sutra 92
Dhanus Rasi: 9.31	Tithi 14	<b>Gulika</b>	<b>2:07PM – 4:08PM</b>	<b>Mula* Until 1:18PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:01AM</i>	Vikarin 5121	
<b>Family Home Evening</b>		Yama	10:05AM – 12:06PM	Indra Until 9:41PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:11PM</i>	Moon 6 - Phase 13	
		483893461 <b>Rahu</b>	<b>6:03AM – 8:04AM</b>	Gara Until 7:47AM	<b>Nataraja: Yellow</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:16PM</b>	<b>Ashada-Ani</b>			<b>Sivaloka Day</b>
Until 1:18PM								
Then Routine Work - Marana Yoga								

		<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				London, UK Sun 27 Sutra 93
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>12:06PM – 2:07PM</b>	<b>Purvashadha* Until 3:10PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 4:03AM</i>	Vikarin 5121	
Dhanus Rasi: 21.57	Tithi 15	Yama	8:04AM – 10:05AM	Vaidhriti* Until 9:48PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:10PM</i>	Moon 6 - Phase 13	
		483893461 <b>Rahu</b>	<b>4:08PM – 6:09PM</b>	Visti Until 8:54AM	<b>Nataraja: Yellow</b>		Purnima	
Creative Work	Siddha Yoga			<b>Purnima* Until 9:37PM</b>	<b>Ashada-Adi</b>			<b>Sivaloka Day</b>
Until 3:10PM								
Then Routine Work - Prabalarishta Yoga								
								<b>Partial Lunar Eclipse Satguru Purnima</b>

<b>Wednesday, July 17, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				London, UK Sun 27 Sutra 94		
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>10:06AM – 12:06PM</b>	<b>Uttarashadha Until 5:18PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 4:04AM</i>	Vikarin 5121	
Makara Rasi: 4.12	Tithi 16	Yama	6:04AM – 8:05AM	Vishkambha* Until 10:14PM	<b>Muruqa: Blue</b>	<i>Sunset: 8:09PM</i>	Moon 6 - Phase 13	
		484893462 <b>Rahu</b>	<b>12:06PM – 2:07PM</b>	Balava Until 10:28AM	<b>Nataraja: White</b>		Prathama	
Creative Work	Amrita Yoga			<b>Prathama* Until 11:23PM</b>	<b>Ashada-Adi</b>			<b>Subha Subha Sivaloka Day</b>
Until 5:18PM								
Then Creative Work - Siddha Yoga								



**Thursday, July 18, 2019**  
**Gold Retreat Star**

Makara Rasi: 16.17 Tithi 17  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau  
Gulika 8:06AM – 10:06AM  
Yama 4:05AM – 6:05AM  
Rahu 2:07PM – 4:07PM  
Shravana Until 8:05PM  
Priti Until 10:57PM  
Taitila Until 12:24PM  
Dvitiya Until 1:28AM Fri

London, UK Sun 1 Sutra 95  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:05AM  
Muruga: Blue Sunset: 8:08PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**1**

**Friday, July 19, 2019**

Makara Rasi: 28.15 Tithi 18  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau  
Gulika 6:06AM – 8:06AM  
Yama 4:06PM – 6:06PM  
Rahu 10:06AM – 12:06PM  
Dhanishtha Until 10:57PM  
Ayushman Until 11:49PM  
Vanija Until 2:37PM  
Tritiya Until 3:47AM Sat

London, UK Sun 2 Sutra 96  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:06AM  
Muruga: Blue Sunset: 8:06PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**2**

**Saturday, July 20, 2019**

Kumbha Rasi: 10.08 Tithi 19  
Creative Work Amrita Yoga  
Until 1:45AM Sun  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau  
Gulika 4:07AM – 6:07AM  
Yama 2:06PM – 4:06PM  
Rahu 8:07AM – 10:07AM  
Shatabhishak Until 1:45AM Sun  
Saubhagya Until 12:48AM Sun  
Bava Until 5:00PM  
Chaturthi\* Until 6:12AM Sun

London, UK Sun 3 Sutra 97  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:07AM  
Muruga: Blue Sunset: 8:05PM  
Nataraja: White  
Moon - Purple  
Subha Sivaloka Day  
Ashada-Adi

**3**

**Sunday, July 21, 2019**

Kumbha Rasi: 22 Tithi 19 – 20  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
Gulika 4:05PM – 6:05PM  
Yama 12:06PM – 2:06PM  
Rahu 6:05PM – 8:04PM  
Purvaproshtapada\* Until 4:53AM Mon  
Sobhana Until 1:46AM Mon  
Kaulava Until 7:25PM  
Chaturthi\* Until 6:12AM

London, UK Sun 4 Sutra 98  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:09AM  
Muruga: Blue Sunset: 8:04PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**4**

**Monday, July 22, 2019**

Meena Rasi: 3.52 Tithi 20 – 21  
Family Home Evening  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
Gulika 2:06PM – 4:05PM  
Yama 10:07AM – 12:06PM  
Rahu 6:09AM – 8:08AM  
Uttaraproshtapada Until 7:40AM Tue  
Athiganda\* Until 2:35AM Tue  
Gara Until 9:42PM  
Panchami Until 8:34AM

London, UK Sun 5 Sutra 99  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:10AM  
Muruga: Blue Sunset: 8:03PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**5**

**Tuesday, July 23, 2019**

Meena Rasi: 15.49 Tithi 21 – 22  
Creative Work Amrita Yoga  
Until 7:40AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
Gulika 12:07PM – 2:05PM  
Yama 8:09AM – 10:08AM  
Rahu 4:04PM – 6:03PM  
Uttaraproshtapada Until 7:40AM  
Sukarma Until 3:11AM Wed  
Visti Until 11:42PM  
Shashthi\* Until 10:44AM

London, UK Sun 6 Sutra 100  
Vikarin 5121  
Moon 7 - Phase 14  
1st Phase  
Ganesha: Clear Sunrise: 4:11AM  
Muruga: Blue Sunset: 8:02PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**Retreat Star**

**Wednesday, July 24, 2019**

Meena Rasi: 27.54 Tithi 22 – 23  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
Gulika 10:08AM – 12:07PM  
Yama 6:11AM – 8:10AM  
Rahu 12:07PM – 2:05PM  
Revati Until 9:57AM  
Dhriti Until 3:26AM Thu  
Balava Until 1:16AM Thu  
Saptami Until 12:32PM

London, UK Sun 7 Sutra 101  
Vikarin 5121  
Moon 7 - Phase 14  
Ashtami  
Ganesha: Clear Sunrise: 4:13AM  
Muruga: Blue Sunset: 8:00PM  
Nataraja: White  
Moon - Clear  
Subha Sivaloka Day  
Ashada-Adi

**Thursday, July 25, 2019**

**Retreat Star**

Mesha Rasi: 10.1 Tithi 23 – 24  
Creative Work Amrita Yoga  
Until 12:04PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
Gulika 8:10AM – 10:08AM  
Yama 4:14AM – 6:12AM  
Rahu 2:05PM – 4:03PM  
Ashvini Until 12:04PM  
Shula\* Until 3:10AM Fri  
Taitila Until 2:13AM Fri  
Ashtami\* Until 1:48PM

London, UK Sun 8 Sutra 102  
Vikarin 5121  
Moon 7 - Phase 14  
Navami  
Ganesha: White Sunrise: 4:14AM  
Muruga: Blue Sunset: 7:59PM  
Nataraja: White  
Moon - White  
Subha Subha Sivaloka Day  
Ashada-Adi


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		London, UK Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 22.43	Tithi 24 – 25	<b>Gulika</b> 6:13AM – 8:11AM	<b>Bharani</b> Until 1:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:16AM		
		Yama 4:02PM – 6:00PM	Ganda* Until 2:22AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:57PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 10:09AM – 12:07PM	Vanija Until 2:27AM Sat	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:25PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		London, UK Sun 10 Sutra 104 Vikarin 5121	
Wrishabha Rasi: 5.37	Tithi 25 – 26	<b>Gulika</b> 4:17AM – 6:14AM	<b>Krittika</b> Until 1:49PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:17AM		
		Yama 2:04PM – 4:01PM	Vriddhi Until 12:57AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:56PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 8:12AM – 10:09AM	Bava Until 1:55AM Sun	<b>Nataraja:</b> White			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 2:16PM	Moon – White		<b>Subha Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		London, UK Sun 11 Sutra 105 Vikarin 5121	
Wrishabha Rasi: 18.55	Tithi 26 – 27	<b>Gulika</b> 4:01PM – 5:58PM	<b>Rohini</b> Until 1:47PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:18AM		
		Yama 12:07PM – 2:04PM	Dhruva Until 10:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:55PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 5:58PM – 7:55PM	Kaulava Until 12:36AM Mon	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:20PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Taitilla/Gara Karana Dvadashi/Trayodashyam Titau		London, UK Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 2.39	Tithi 27 – 28	<b>Gulika</b> 2:03PM – 4:00PM	<b>Mrigashira</b> Until 12:51PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:20AM		
<b>Family Home Evening</b>		Yama 10:10AM – 12:06PM	Vyaghata* Until 8:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:53PM		Moon 7 - Phase 15
Creative Work	Amrita Yoga	424893462 <b>Rahu</b> 6:17AM – 8:13AM	Gara Until 10:35PM	<b>Nataraja:</b> White			2nd Phase
Until 12:51PM			<b>Dvadashi*</b> Until 11:39AM	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Ashada-Adi</b>	
						<b>Pradosha Vrata (Fasting)</b>	

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		London, UK Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 16.5	Tithi 28 – 29	<b>Gulika</b> 12:06PM – 2:03PM	<b>Ardra</b> Until 11:07AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:21AM		
		Yama 8:14AM – 10:10AM	Harshana Until 5:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:52PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 3:59PM – 5:55PM	Visti Until 7:57PM	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 9:19AM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 11:07AM						<b>Ashada-Adi</b>	
Then Creative Work - Siddha Yoga							

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		London, UK Sun 14 Sutra 108 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 10:10AM – 12:06PM	<b>Punarvasu</b> Until 9:09AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:23AM		
Kataka Rasi: 1.23	Tithi 29 – 30	Yama 6:19AM – 8:15AM	Vajra* Until 1:33PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:50PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 12:06PM – 2:02PM	Naga Until 3:11AM Thu	<b>Nataraja:</b> White			Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:27AM	Moon – Blue		<b>Sivaloka Day</b>	
						<b>Ashada-Adi</b>	

<b>Retreat Star</b>		<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		London, UK Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 16.14	Tithi 1	<b>Gulika</b> 8:15AM – 10:11AM	<b>Pushya</b> Until 6:40AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:24AM		
		Yama 4:24AM – 6:20AM	Siddhi Until 9:43AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:48PM		Moon 7 - Phase 15
		424893462 <b>Rahu</b> 2:02PM – 3:57PM	Kintughna Until 1:28PM	<b>Nataraja:</b> White			Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 11:41PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 6:40AM						<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga							

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Balava/Kaulava Karana Dvilyayam Titau		London, UK Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 1.16	Tithi 2	<b>Gulika</b> 6:21AM – 8:16AM	<b>Magha* Until 1:13AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:26AM		
		Yama 3:57PM – 5:52PM	Variyan Until 1:43AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:47PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 10:11AM – 12:06PM	Balava Until 9:55AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 8:07PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 1:13AM Sat				<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Saturday, August 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau		London, UK Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 16.19	Tithi 3 – 4	<b>Gulika</b> 4:27AM – 6:22AM	<b>Purvaphalguni Until 10:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:27AM		
		Yama 2:01PM – 3:56PM	Parigha* Until 9:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM		Moon 7 - Phase 16
		455893462 <b>Rahu</b> 8:17AM – 10:11AM	Taitila Until 6:22AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 4:37PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 10:36PM				<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Sunday, August 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		London, UK Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 1.14	Tithi 4 – 5	<b>Gulika</b> 3:55PM – 5:49PM	<b>Uttaraphalguni Until 8:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:29AM		
		Yama 12:06PM – 2:00PM	Shiva Until 6:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:43PM		Moon 7 - Phase 16
		455993462 <b>Rahu</b> 5:49PM – 7:43PM	Bava Until 11:51PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 1:20PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana*Adi</b>			

<b>4</b>		<b>Monday, August 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		London, UK Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 15.56	Tithi 5 – 6	<b>Gulika</b> 2:00PM – 3:54PM	<b>Hasta Until 6:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM		
<b>Family Home Evening</b>		Yama 10:12AM – 12:06PM	Siddha Until 2:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:42PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:24AM – 8:18AM	Kaulava Until 9:10PM	<b>Nataraja:</b> White			3rd Phase
Until 6:17PM			<b>Panchami Until 10:26AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Sravana*Adi</b>			

<b>5</b>		<b>Tuesday, August 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		London, UK Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 0.17	Tithi 6 – 7	<b>Gulika</b> 12:06PM – 1:59PM	<b>Chitra Until 4:52PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM		
		Yama 8:19AM – 10:12AM	Sadhya Until 11:48AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:40PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 3:53PM – 5:46PM	Gara Until 7:02PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 8:00AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau		London, UK Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 14.15	Tithi 7 – 8	<b>Gulika</b> 10:13AM – 12:06PM	<b>Svati Until 3:54PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM		
		Yama 6:26AM – 8:20AM	Subha Until 9:21AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:38PM		Moon 7 - Phase 16
		465993462 <b>Rahu</b> 12:06PM – 1:59PM	Bava Until 4:59AM Thu	<b>Nataraja:</b> White			Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 6:10AM</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau		London, UK Sun 22 Sutra 116 Vikarin 5121	
Tula Rasi: 27.5	Tithi 9	<b>Gulika</b> 8:20AM – 10:13AM	<b>Vishakha Until 3:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:35AM		
		Yama 4:35AM – 6:28AM	Sukla Until 7:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:36PM		Moon 7 - Phase 16
		476993462 <b>Rahu</b> 1:58PM – 3:51PM	Balava Until 4:39PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Navami* Until 4:28AM Fri</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Sravana*Adi</b>			

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dashamyam Titau			London, UK
Wrischika Rasi: 11.02	Tithi 10	<b>Gulika</b> 6:29AM – 8:21AM	<b>Anuradha</b> Until 4:24PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:36AM	Sun 23	Sutra 117
		Yama 3:50PM – 5:42PM	Brahma Until 6:02AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:35PM		Vikarin 5121
		476993462 <b>Rahu</b> 10:13AM – 12:05PM	Taitila Until 4:28PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
Creative Work	Siddha Yoga			Moon – Orange			4th Phase
Until 4:24PM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 4:36AM Sat	<b>Savana*Adi</b>		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau			London, UK
Wrischika Rasi: 23.55	Tithi 11	<b>Gulika</b> 4:38AM – 6:30AM	<b>Jyeshtha*</b> Until 5:22PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:38AM	Sun 24	Sutra 118
		Yama 1:57PM – 3:49PM	Vaidhriti* Until 4:45AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:33PM		Vikarin 5121
		476993462 <b>Rahu</b> 8:22AM – 10:14AM	Vanija Until 4:55PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
Creative Work	Siddha Yoga			Moon – Orange			4th Phase
			<b>Ekadashi</b> Until 5:20AM Sun	<b>Savana*Adi</b>		<b>Sivaloka Day</b>	

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau			London, UK
Dhanus Rasi: 6.3	Tithi 12	<b>Gulika</b> 3:48PM – 5:39PM	<b>Mula*</b> Until 7:12PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:40AM	Sun 25	Sutra 119
		Yama 12:05PM – 1:57PM	Vishkambha* Until 4:46AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:31PM		Vikarin 5121
		486993462 <b>Rahu</b> 5:39PM – 7:31PM	Bava Until 5:56PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
Creative Work	Amrita Yoga			Moon – Light Blue			4th Phase
Until 7:12PM			<b>Dvadashi</b> Until 6:36AM Mon	<b>Savana*Adi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			London, UK
Dhanus Rasi: 18.52	Tithi 12 – 13	<b>Gulika</b> 1:56PM – 3:47PM	<b>Purvashadha*</b> Until 9:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:41AM	Sun 26	Sutra 120
<b>Family Home Evening</b>		Yama 10:14AM – 12:05PM	Priti Until 5:07AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:29PM		Vikarin 5121
Routine Work	Marana Yoga	486993462 <b>Rahu</b> 6:32AM – 8:23AM	Kaulava Until 7:25PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
				Moon – Light Blue			4th Phase
			<b>Dvadashi</b> Until 6:36AM	<b>Savana*Adi</b>		<b>Subha Sivaloka Day</b>	

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau			London, UK
Makara Rasi: 1.02	Tithi 13 – 14	<b>Gulika</b> 12:05PM – 1:55PM	<b>Uttarashadha</b> Until 11:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:43AM	Sun 27	Sutra 121
		Yama 8:24AM – 10:14AM	Ayushman Until 5:42AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:27PM		Vikarin 5121
		486993462 <b>Rahu</b> 3:46PM – 5:36PM	Gara Until 9:16PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
Routine Work	Prabalarishta Yoga			Moon – Light Blue			4th Phase
Until 11:38PM			<b>Trayodashi</b> Until 8:17AM	<b>Savana*Adi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			London, UK
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:15AM – 12:05PM	<b>Shravana</b> Until 2:33AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:44AM	Sun 28	Sutra 122
Makara Rasi: 13.05	Tithi 14 – 15	Yama 6:34AM – 8:24AM	Saubhagya Until 6:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM		Vikarin 5121
		496993462 <b>Rahu</b> 12:05PM – 1:55PM	Visti Until 11:25PM	<b>Nataraja:</b> White			Moon 7 - Phase 17
Creative Work	Siddha Yoga			Moon – Purple			Purnima
		<b>Raksha Bandhan</b>	<b>Chaturdashi*</b> Until 10:18AM	<b>Savana*Adi</b>		<b>Sivaloka Day</b>	

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>			Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			London, UK
Makara Rasi: 25.02	Tithi 15 – 16	<b>Gulika</b> 8:25AM – 10:15AM	<b>Dhanishtha</b> Until 5:27AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:46AM	Sun 29	Sutra 123	
		Yama 4:46AM – 6:35AM	Saubhagya Until 6:29AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:23PM		Vikarin 5121	
		497993462 <b>Rahu</b> 1:54PM – 3:44PM	Balava Until 1:44AM Fri	<b>Nataraja:</b> White			Moon 7 - Phase 17	
Creative Work	Siddha Yoga			Moon – Purple			Prathama	
			<b>Purnima*</b> Until 12:32PM	<b>Savana*Adi</b>		<b>Subha Sivaloka Day</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

London, UK  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 6.55    Tilthi 16 – 17

497993462  
**Gulika** 6:37AM – 8:26AM  
Yama 3:43PM – 5:32PM  
**Rahu** 10:15AM – 12:04PM

**Shatabhishak Until 8:16AM Sat**  
Sobhana Until 7:24AM  
Taitila Until 4:10AM Sat  
Prathama\* Until 2:55PM

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Purple  
**Sravana-Adi**

*Sunrise:* 4:47AM  
*Sunset:* 7:21PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:16AM Sat

Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaprosarthpada\* Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

London, UK  
Sun 1  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 18.47    Tilthi 17 – 18

497993462  
**Gulika** 4:49AM – 6:38AM  
Yama 1:53PM – 3:42PM  
**Rahu** 8:26AM – 10:15AM

**Shatabhishak Until 8:16AM**  
Athiganda\* Until 8:21AM  
Vanija Until 6:35AM Sun  
Dvitiya Until 5:21PM

**Ganesha:** Yellow  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

*Sunrise:* 4:49AM  
*Sunset:* 7:19PM

**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 8:16AM

Then Routine Work - Marana Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprosarthpada/Uttaraprosarthpada Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

London, UK  
Sun 2  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 0.38    Tilthi 18

517993462  
**Gulika** 3:40PM – 5:29PM  
Yama 12:04PM – 1:52PM  
**Rahu** 5:29PM – 7:17PM

**Purvaprosarthpada\* Until 11:25AM**  
Sukarma Until 9:18AM  
Vanija Until 6:35AM  
Tritiya Until 7:45PM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:51AM  
*Sunset:* 7:17PM

**Subha Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 11:25AM

Then Creative Work - Amrita Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprosarthpada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

London, UK  
Sun 3  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 12.32    Tilthi 19

**Family Home Evening**

517993462  
**Gulika** 1:51PM – 3:39PM  
Yama 10:16AM – 12:04PM  
**Rahu** 6:40AM – 8:28AM

**Uttaraprosarthpada Until 2:16PM**  
Dhriti Until 10:12AM  
Bava Until 8:55AM  
Chaturthi\* Until 10:00PM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:52AM  
*Sunset:* 7:15PM

**Subha Subha Sivaloka Day**

Creative Work Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchamyam Titau

London, UK  
Sun 4  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 24.31    Tilthi 20

517993462  
**Gulika** 12:03PM – 1:51PM  
Yama 8:29AM – 10:16AM  
**Rahu** 3:38PM – 5:26PM

**Revati Until 4:46PM**  
Shula\* Until 10:54AM  
Kaulava Until 11:03AM  
Panchami Until 11:59PM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

*Sunrise:* 4:54AM  
*Sunset:* 7:13PM

**Subha Subha Sivaloka Day**

Creative Work Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

London, UK  
Sun 5  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 6.35    Tilthi 21

527993462  
**Gulika** 10:16AM – 12:03PM  
Yama 6:42AM – 8:29AM  
**Rahu** 12:03PM – 1:50PM

**Ashvini Until 7:14PM**  
Ganda\* Until 11:22AM  
Gara Until 12:52PM  
Shashthi\* Until 1:35AM Thu

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 4:55AM  
*Sunset:* 7:11PM

**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 7:14PM

Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

London, UK  
Sun 6  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 18.5    Tilthi 22

528993462  
**Gulika** 8:30AM – 10:16AM  
Yama 4:57AM – 6:43AM  
**Rahu** 1:49PM – 3:36PM

**Bharani Until 9:04PM**  
Vridhhi Until 11:30AM  
Visti Until 2:13PM  
Saptami Until 2:39AM Fri

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 4:57AM  
*Sunset:* 7:09PM

**Sivaloka Day**

Creative Work Siddha Yoga

Until 9:04PM

Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

London, UK  
Sun 7  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 1.2    Tilthi 23

528993462  
**Gulika** 6:44AM – 8:31AM  
Yama 3:35PM – 5:21PM  
**Rahu** 10:17AM – 12:03PM

**Krittika Until 10:07PM**  
Dhruva Until 11:09AM  
Balava Until 2:58PM  
Ashtami\* Until 3:03AM Sat

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

*Sunrise:* 4:58AM  
*Sunset:* 7:07PM

**Sivaloka Day**

Creative Work Siddha Yoga

Until 10:07PM

Then Routine Work - Marana Yoga

**Krishna Janmashtami**

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

London, UK  
Sun 8  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 14.09    Tilthi 24

538993462  
**Gulika** 5:00AM – 6:46AM  
Yama 1:48PM – 3:34PM  
**Rahu** 8:31AM – 10:17AM

**Rohini Until 10:45PM**  
Vyaghata\* Until 10:16AM  
Taitila Until 3:00PM  
Navami\* Until 2:42AM Sun

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

*Sunrise:* 5:00AM  
*Sunset:* 7:05PM

**Subha Sivaloka Day**

Creative Work Amrita Yoga

Until 10:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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<b>1 Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam			London, UK
Mrigashira Nakshatra Vajra* Yoga Vanija/Visli* Karana Dashamyam Titau					Sun 9 Sutra 133
Vrishabha Rasi: 27.21 Tithi 25		<b>Gulika</b> 3:32PM – 5:17PM	<b>Mrigashira</b> Until 10:27PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:02AM	Vikarin 5121
538993462		Yama 12:02PM – 1:47PM	Harshana Until 8:46AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:03PM	Moon 8 - Phase 19
Creative Work Siddha Yoga		<b>Rahu</b> 5:17PM – 7:03PM	Vanija Until 2:14PM	<b>Nataraja:</b> White	2nd Phase
			<b>Dashami</b> Until 1:33AM Mon	Moon – Yellow	<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>2 Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam			London, UK
Ardra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadashyam Titau					Sun 10 Sutra 134
Mithuna Rasi: 10.59 Tithi 26		<b>Gulika</b> 1:46PM – 3:31PM	<b>Ardra</b> Until 9:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:03AM	Vikarin 5121
Family Home Evening		Yama 10:17AM – 12:02PM	Vajra* Until 6:37AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:00PM	Moon 8 - Phase 19
Creative Work Siddha Yoga		<b>Rahu</b> 6:48AM – 8:32AM	Bava Until 12:42PM	<b>Nataraja:</b> White	2nd Phase
Until 9:15PM			<b>Ekadashi*</b> Until 11:38PM	Moon – Yellow	<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>	

<b>3 Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam			London, UK
Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau					Sun 11 Sutra 135
Mithuna Rasi: 25.06 Tithi 27		<b>Gulika</b> 12:02PM – 1:46PM	<b>Punarvasu</b> Until 7:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:05AM	Vikarin 5121
548993462		Yama 8:33AM – 10:17AM	Vyatipata* Until 12:36AM Wed	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:58PM	Moon 8 - Phase 19
Creative Work Siddha Yoga		<b>Rahu</b> 3:30PM – 5:14PM	Kaulava Until 10:26AM	<b>Nataraja:</b> White	2nd Phase
			<b>Dvadashi*</b> Until 9:03PM	Moon – Blue	<b>Sivaloka Day</b>
				<b>Sravana-Avani</b>	

<b>4 Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam			London, UK
Pushya/Ashlesha* Nakshatra Variyan Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau					Sun 12 Sutra 136
Kataka Rasi: 9.39 Tithi 28 – 29		<b>Gulika</b> 10:17AM – 12:01PM	<b>Pushya</b> Until 5:20PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:06AM	Vikarin 5121
549993463		Yama 6:50AM – 8:34AM	Variyan Until 8:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:56PM	Moon 8 - Phase 19
Creative Work Siddha Yoga		<b>Rahu</b> 12:01PM – 1:45PM	Gara Until 7:34AM	<b>Nataraja:</b> Clear	2nd Phase
			<b>Trayodashi*</b> Until 5:55PM	Moon – Blue	<b>Devaloka Day</b>
				<b>Sravana-Avani</b>	
<i>Pradosha Vrata (Fasting)</i>					

<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam			London, UK
Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Sun 13 Sutra 137
Kataka Rasi: 24.34 Tithi 29 – 30		<b>Gulika</b> 8:34AM – 10:18AM	<b>Ashlesha*</b> Until 2:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:08AM	Vikarin 5121
549193463		Yama 5:08AM – 6:51AM	Parigha* Until 4:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:54PM	Moon 8 - Phase 19
Creative Work Siddha Yoga		<b>Rahu</b> 1:44PM – 3:27PM	Catuspada Until 12:31AM Fri	<b>Nataraja:</b> Clear	Amavasya
Until 2:29PM			<b>Chaturdashi*</b> Until 2:23PM	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Sravana-Avani</b>	

<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam			London, UK
Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Sun 14 Sutra 138
Simha Rasi: 9.44 Tithi 30 – 1		<b>Gulika</b> 6:52AM – 8:35AM	<b>Magha*</b> Until 11:39AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:09AM	Vikarin 5121
559193463		Yama 3:26PM – 5:09PM	Shiva Until 12:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:52PM	Moon 8 - Phase 19
Routine Work Marana Yoga		<b>Rahu</b> 10:18AM – 12:01PM	Kintughna Until 8:41PM	<b>Nataraja:</b> Clear	Prathama
Until 11:39AM			<b>Amavasya*</b> Until 10:36AM	Moon – Red	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Saturday, August 31, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	London, UK Sun 15 Sutra 139 Vikarin 5121
Simha Rasi: 24.59	Tithi 1 – 2	<b>Gulika</b> 5:11AM – 6:53AM	<b>Purvaphalguni</b> Until 8:37AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:11AM		
		Yama 1:43PM – 3:25PM	Siddha Until 8:18AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:50PM	Moon 8 - Phase 20	
		559193463 <b>Rahu</b> 8:36AM – 10:18AM	Kaulava Until 3:00AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:45AM	Moon – Red		<b>Sivaloka Day</b>	
Until 8:37AM						<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, September 1, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau	London, UK Sun 16 Sutra 140 Vikarin 5121
Kanya Rasi: 10.1	Tithi 3	<b>Gulika</b> 3:24PM – 5:06PM	<b>Hasta</b> Until 3:06AM Mon	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:13AM		
		Yama 12:00PM – 1:42PM	Subha Until 12:11AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 5:06PM – 6:47PM	Taitila Until 1:14PM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 11:31PM	Moon – Green		<b>Sivaloka Day</b>	
Until 3:06AM Mon						<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, September 2, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau	London, UK Sun 17 Sutra 141 Vikarin 5121
Kanya Rasi: 25.07	Tithi 4	<b>Gulika</b> 1:41PM – 3:22PM	<b>Chitra</b> Until 12:56AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:14AM		
<b>Family Home Evening</b>		Yama 10:18AM – 12:00PM	Sukla Until 8:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 6:56AM – 8:37AM	Vanija Until 9:57AM	<b>Nataraja:</b> Clear		3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 8:28PM	Moon – Green		<b>Sivaloka Day</b>	
Until 12:56AM Tue						<b>Bhadrapada-Avani</b>	
Then Creative Work - Siddha Yoga		<b>Ganesha Chaturthi</b>					

<b>4</b>		<b>Tuesday, September 3, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau	London, UK Sun 18 Sutra 142 Vikarin 5121
Tula Rasi: 9.42	Tithi 5	<b>Gulika</b> 11:59AM – 1:40PM	<b>Svati</b> Until 11:15PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:16AM		
		Yama 8:38AM – 10:18AM	Brahma Until 5:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 20	
		569193463 <b>Rahu</b> 3:21PM – 5:02PM	Bava Until 7:10AM	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 6:00PM	Moon – Green		<b>Sivaloka Day</b>	
Until 11:15PM						<b>Bhadrapada-Avani</b>	
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, September 4, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	London, UK Sun 19 Sutra 143 Vikarin 5121
Tula Rasi: 23.5	Tithi 6 – 7	<b>Gulika</b> 10:19AM – 11:59AM	<b>Vishakha</b> Until 10:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:17AM		
		Yama 6:58AM – 8:38AM	Indra Until 2:57PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:41PM	Moon 8 - Phase 20	
		579193463 <b>Rahu</b> 11:59AM – 1:39PM	Gara Until 3:41AM Thu	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 4:14PM	Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 10:35PM						<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga							

<b>6</b>		<b>Thursday, September 5, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	London, UK Sun 20 Sutra 144 Vikarin 5121
Vrischika Rasi: 7.29	Tithi 7 – 8	<b>Gulika</b> 8:39AM – 10:19AM	<b>Anuradha</b> Until 10:35PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:19AM		
		Yama 5:19AM – 6:59AM	Vaidhriti* Until 1:04PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 1:39PM – 3:19PM	Visti Until 3:08AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 3:17PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 10:35PM						<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 6, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	London, UK Sun 21 Sutra 145 Vikarin 5121
Vrischika Rasi: 20.41	Tithi 8 – 9	<b>Gulika</b> 7:00AM – 8:39AM	<b>Jyeshtha*</b> Until 11:13PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:21AM		
		Yama 3:17PM – 4:57PM	Vishkambha* Until 11:50AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 20	
		571193463 <b>Rahu</b> 10:19AM – 11:58AM	Balava Until 3:25AM Sat	<b>Nataraja:</b> Clear		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 3:10PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 11:13PM						<b>Bhadrapada-Avani</b>	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, September 7, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	London, UK Sun 22 Sutra 146 Vikarin 5121
Dhanus Rasi: 3.29	Tithi 9 – 10	<b>Gulika</b> 5:22AM – 7:01AM	<b>Mula*</b> Until 12:56AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:22AM		
		Yama 1:37PM – 3:16PM	Priti Until 11:15AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20	
		581193463 <b>Rahu</b> 8:40AM – 10:19AM	Taitila Until 4:27AM Sun	<b>Nataraja:</b> Clear		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:35PM						<b>Bhadrapada-Avani</b>	
Then Routine Work - Prabalarishta Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			London, UK Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 15.56	Tithi 10 – 11	<b>Gulika</b> 3:15PM – 4:53PM	<b>Purvashadha* Until 3:05AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:24AM	
		Yama 11:58AM – 1:36PM	Ayushman Until 11:11AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	581193463	<b>Rahu</b> 4:53PM – 6:32PM	Vanija Until 6:05AM Mon	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga			Moon – Light Blue	
Until 3:05AM Mon		<b>Grandparent's Day</b>	<b>Dashami Until 5:10PM</b>	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>2 Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau			London, UK Sun 24 Sutra 148 Vikarin 5121
Dhanus Rasi: 28.08	Tithi 11	<b>Gulika</b> 1:35PM – 3:13PM	<b>Uttarashadha Until 5:30AM Tue</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:25AM	
<b>Family Home Evening</b>		Yama 10:19AM – 11:57AM	Saubhagya Until 11:34AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
Routine Work	Marana Yoga	<b>Rahu</b> 7:03AM – 8:41AM	Vanija Until 6:05AM	<b>Nataraja:</b> Clear	4th Phase
Until 5:30AM Tue			<b>Ekadashi Until 7:03PM</b>	Moon – Light Blue	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>

<b>3 Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau			London, UK Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 10.09	Tithi 12	<b>Gulika</b> 11:57AM – 1:35PM	<b>Shravana Until 8:32AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:27AM	
		Yama 8:42AM – 10:19AM	Sobhana Until 12:16PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 3:12PM – 4:50PM	Bava Until 8:09AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:16PM</b>	Moon – Purple	
Until 8:32AM Wed				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					

<b>4 Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau			London, UK Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 22.04	Tithi 13	<b>Gulika</b> 10:20AM – 11:57AM	<b>Shravana Until 8:32AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:28AM	
		Yama 7:05AM – 8:43AM	Athiganda* Until 1:07PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 11:57AM – 1:34PM	Kaulava Until 10:29AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:41PM</b>	Moon – Purple	
Until 8:32AM		<b>Avani Avittam</b>		<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

<b>5 Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau			London, UK Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 3.56	Tithi 14	<b>Gulika</b> 8:43AM – 10:20AM	<b>Dhanishtha Until 11:31AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:30AM	
		Yama 5:30AM – 7:07AM	Sukarma Until 2:04PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	591193463	<b>Rahu</b> 1:33PM – 3:09PM	Gara Until 12:57PM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:09AM Fri</b>	Moon – Purple	
		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau			London, UK Sun 28 Sutra 152 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:08AM – 8:44AM	<b>Shatabhishak Until 2:20PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:32AM	
Kumbha Rasi: 15.47	Tithi 15	Yama 3:08PM – 4:44PM	Dhriti Until 3:01PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM	Moon 8 - Phase 21
	591113463	<b>Rahu</b> 10:20AM – 11:56AM	Visti Until 3:24PM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 4:36AM Sat</b>	Moon – Purple	
				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>

<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Rituau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau			London, UK Sun 29 Sutra 153 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:33AM – 7:09AM	<b>Purvaprosarthapada* Until 5:25PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:33AM	
Kumbha Rasi: 27.4	Tithi 16	Yama 1:31PM – 3:07PM	Shula* Until 3:53PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
	511113463	<b>Rahu</b> 8:44AM – 10:20AM	Balava Until 5:48PM	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 6:55AM Sun</b>	Moon – Clear	
Until 5:25PM				<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ganda /Vridhi Yoga Kaulava/Taitilla Karana Prathama/Dvitiyayam Titau

London, UK  
Sutra 154  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 9.34 Tithi 16 – 17

512113463

**Gulika** 3:05PM – 4:41PM  
**Yama** 11:55AM – 1:30PM  
**Rahu** 4:41PM – 6:16PM

**Uttaraproshtapada** Until 8:13PM  
**Ganda\*** Until 4:40PM  
**Taitilla** Until 8:03PM  
**Prathama\*** Until 6:55AM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada-Avani**

**Sunrise:** 5:35AM  
**Sunset:** 6:16PM

**Sivaloka Day**

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

London, UK  
Sun 1  
Sutra 155  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 21.33 Tithi 17 – 18

512113463

Family Home Evening

**Gulika** 1:30PM – 3:04PM  
**Yama** 10:20AM – 11:55AM  
**Rahu** 7:11AM – 8:46AM

**Revati** Until 10:39PM  
**Vridhi** Until 5:20PM  
**Vanija** Until 10:06PM  
**Dvitiya** Until 9:05AM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada-Avani**

**Sunrise:** 5:36AM  
**Sunset:** 6:13PM

**Sivaloka Day**

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

London, UK  
Sun 2  
Sutra 156  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 3.37 Tithi 18 – 19

522113463

Creative Work Siddha Yoga

**Gulika** 11:55AM – 1:29PM  
**Yama** 8:46AM – 10:20AM  
**Rahu** 3:03PM – 4:37PM

**Ashvini** Until 1:11AM Wed  
**Dhruva** Until 5:46PM  
**Bava** Until 11:55PM  
**Tritiya** Until 11:02AM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Sunrise:** 5:38AM  
**Sunset:** 6:11PM

**Devaloka Day**

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

London, UK  
Sun 3  
Sutra 157  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 15.47 Tithi 19 – 20

522113463

Creative Work Siddha Yoga

**Gulika** 10:20AM – 11:54AM  
**Yama** 7:13AM – 8:47AM  
**Rahu** 11:54AM – 1:28PM

**Bharani** Until 3:13AM Thu  
**Vyaghata\*** Until 5:59PM  
**Kaulava** Until 1:23AM Thu  
**Chaturthi\*** Until 12:41PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Sunrise:** 5:39AM  
**Sunset:** 6:09PM

**Devaloka Day**

Until 3:13AM Thu  
Then Routine Work - Marana Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Taitilla/Gara Karana Panchami/Shashthyam Titau

London, UK  
Sun 4  
Sutra 158  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 28.05 Tithi 20 – 21

522113463

Routine Work Marana Yoga

**Gulika** 8:47AM – 10:21AM  
**Yama** 5:41AM – 7:14AM  
**Rahu** 1:27PM – 3:00PM

**Krittika** Until 4:39AM Fri  
**Harshana** Until 5:55PM  
**Gara** Until 2:26AM Fri  
**Panchami** Until 1:57PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Sunrise:** 5:41AM  
**Sunset:** 6:07PM

**Devaloka Day**

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

London, UK  
Sun 5  
Sutra 159  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Vrishabha Rasi: 10.37 Tithi 21 – 22

532113463

Routine Work Marana Yoga

**Gulika** 7:15AM – 8:48AM  
**Yama** 2:59PM – 4:32PM  
**Rahu** 10:21AM – 11:53AM

**Rohini** Until 5:52AM Sat  
**Vajra\*** Until 5:24PM  
**Visti** Until 2:55AM Sat  
**Shashthi\*** Until 2:44PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sunrise:** 5:43AM  
**Sunset:** 6:04PM

**Sivaloka Day**

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

London, UK  
Sun 6  
Sutra 160  
Vikarin 5121  
Moon 9 - Phase 22  
Ashtami

Vrishabha Rasi: 23.23 Tithi 22 – 23

532113463

Creative Work Siddha Yoga

**Gulika** 5:44AM – 7:16AM  
**Yama** 1:25PM – 2:58PM  
**Rahu** 8:49AM – 10:21AM

**Mrigashira** Until 6:17AM Sun  
**Siddhi** Until 4:26PM  
**Balava** Until 2:45AM Sun  
**Saptami** Until 2:54PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sunrise:** 5:44AM  
**Sunset:** 6:02PM

**Sivaloka Day**

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitilla Karana Ashtami/Navamyam Titau

London, UK  
Sun 7  
Sutra 161  
Vikarin 5121  
Moon 9 - Phase 22  
Navami

Mithuna Rasi: 6.3 Tithi 23 – 24

532213463

Creative Work Siddha Yoga

**Gulika** 2:56PM – 4:28PM  
**Yama** 11:53AM – 1:24PM  
**Rahu** 4:28PM – 6:00PM

**Mrigashira** Until 6:17AM  
**Vyatipata\*** Until 2:55PM  
**Taitilla** Until 1:52AM Mon  
**Ashtami\*** Until 2:23PM

**Ganesha:** Orange  
**Muruqa:** Purple  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sunrise:** 5:46AM  
**Sunset:** 6:00PM

**Sivaloka Day**


<b>1</b>		<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau		London, UK Sun 8 Sutra 162 Vikarin 5121	
Mithuna Rasi: 19.59	Tithi 24 – 25	<b>Gulika</b>	1:24PM – 2:55PM	<b>Punarvasu</b> Until 4:59AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:47AM	
<b>Family Home Evening</b>	532213463	Yama	10:21AM – 11:52AM	Variyan Until 12:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:57PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b>	7:19AM – 8:50AM	Vanija Until 12:16AM Tue	<b>Nataraja:</b> Clear		2nd Phase
Until 4:59AM Tue				<b>Navami*</b> Until 1:08PM	Moon – Yellow		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Bhadrapada-Puratasi</b>		

<b>2</b>		<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		London, UK Sun 9 Sutra 163 Vikarin 5121	
Kataka Rasi: 3.55	Tithi 25 – 26	<b>Gulika</b>	11:52AM – 1:23PM	<b>Pushya</b> Until 3:18AM Wed	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:49AM	
	542213463	Yama	8:51AM – 10:21AM	Parigha* Until 10:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b>	2:54PM – 4:24PM	Bava Until 9:59PM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dashami</b> Until 11:11AM	Moon – Blue		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

<b>3</b>		<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		London, UK Sun 10 Sutra 164 Vikarin 5121	
Kataka Rasi: 18.17	Tithi 26 – 27	<b>Gulika</b>	10:21AM – 11:52AM	<b>Ashlesha*</b> Until 12:57AM Thu	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:51AM	
	542213463	Yama	7:21AM – 8:51AM	Shiva Until 6:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b>	11:52AM – 1:22PM	Kaulava Until 7:07PM	<b>Nataraja:</b> Clear		2nd Phase
Until 12:57AM Thu				<b>Ekadashi*</b> Until 8:36AM	Moon – Blue		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					<b>Bhadrapada-Puratasi</b>		

<b>4</b>		<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		London, UK Sun 11 Sutra 165 Vikarin 5121	
Simha Rasi: 3.02	Tithi 28	<b>Gulika</b>	8:52AM – 10:22AM	<b>Magha*</b> Until 10:26PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	
	552213463	Yama	5:52AM – 7:22AM	Sadhya Until 11:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:50PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b>	1:21PM – 2:51PM	Gara Until 3:47PM	<b>Nataraja:</b> Clear		2nd Phase
Until 10:26PM				<b>Trayodashi*</b> Until 1:59AM Fri	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada-Puratasi</b>		

<b>5</b>		<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		London, UK Sun 12 Sutra 166 Vikarin 5121	
Simha Rasi: 18.05	Tithi 29	<b>Gulika</b>	7:23AM – 8:52AM	<b>Purvaphalguni</b> Until 7:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:54AM	
	552213463	Yama	2:50PM – 4:19PM	Subha Until 7:07PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:48PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		<b>Rahu</b>	10:22AM – 11:51AM	Visti Until 12:09PM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Chaturdashi*</b> Until 10:15PM	Moon – Red		<b>Devaloka Day</b>
					<b>Bhadrapada-Puratasi</b>		

		<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau		London, UK Sun 13 Sutra 167 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b>	5:55AM – 7:24AM	<b>Uttaraphalguni</b> Until 4:24PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:55AM	
Kanya Rasi: 3.18	Tithi 30	Yama	1:19PM – 2:48PM	Sukla Until 2:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23
	652213463	<b>Rahu</b>	8:53AM – 10:22AM	Catuspada Until 8:22AM	<b>Nataraja:</b> Clear		Amavasya
Routine Work Marana Yoga				<b>Amavasya*</b> Until 6:28PM	Moon – Red		<b>Devaloka Day</b>
		<b>Mahalaya Amavasai (Tamil Nadu)</b>			<b>Bhadrapada-Puratasi</b>		

<b>Sunday, September 29, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		London, UK Sun 14 Sutra 168 Vikarin 5121	
Kanya Rasi: 18.31	Tithi 1 – 2	<b>Gulika</b>	2:47PM – 4:15PM	<b>Hasta</b> Until 1:39PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:57AM	
	663213463	Yama	11:50AM – 1:19PM	Brahma Until 10:39AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		<b>Rahu</b>	4:15PM – 5:44PM	Balava Until 1:04AM Mon	<b>Nataraja:</b> Clear		Prathama
Until 1:39PM				<b>Prathama*</b> Until 2:47PM	Moon – Green		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>			<b>Ashvina-Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			London, UK Sun 15 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:18PM – 2:46PM	<b>Chitra</b> <b>Until 11:02AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:59AM	
Tula Rasi: 3.32	Tithi 2 – 3	Yama 10:22AM – 11:50AM	Indra Until 6:41AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 24
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:26AM – 8:54AM	Taitila Until 9:54PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Dvitiya</b> <b>Until 11:24AM</b>	Moon – Green	<b>Devaloka Day</b>
Until 11:02AM				<b>Ashvina+Puratasi</b>	
Then Creative Work - Amrita Yoga					

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			London, UK Sun 16 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:50AM – 1:17PM	<b>Svati</b> <b>Until 8:45AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM	
Tula Rasi: 18.14	Tithi 3 – 4	Yama 8:55AM – 10:22AM	Vishkambha* Until 11:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 24
<b>Creative Work</b> Siddha Yoga	663213463	<b>Rahu</b> 2:44PM – 4:12PM	Vanija Until 7:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 8:45AM			<b>Tritiya</b> <b>Until 8:30AM</b>	Moon – Green	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashvina+Puratasi</b>	

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau			London, UK Sun 17 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:22AM – 11:49AM	<b>Vishakha</b> <b>Until 7:23AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:02AM	
Vrischika Rasi: 2.31	Tithi 4 – 5	Yama 7:29AM – 8:56AM	Priti Until 9:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM	Moon 9 - Phase 24
<b>Creative Work</b> Siddha Yoga	673213463	<b>Rahu</b> 11:49AM – 1:16PM	Balava Until 4:42AM Thu	<b>Nataraja:</b> Clear	3rd Phase
Until 6:38AM			<b>Chaturthi</b> <b>Until 6:13AM</b>	Moon – Orange	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>	

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau			London, UK Sun 18 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:56AM – 10:23AM	<b>Anuradha</b> <b>Until 6:38AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM	
Vrischika Rasi: 16.17	Tithi 6	Yama 6:03AM – 7:30AM	Ayushman Until 7:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM	Moon 9 - Phase 24
<b>Creative Work</b> Siddha Yoga	673213463	<b>Rahu</b> 1:15PM – 2:42PM	Kaulava Until 4:17PM	<b>Nataraja:</b> Clear	3rd Phase
Until 6:38AM			<b>Shashthi</b> <b>Until 4:03AM Fri</b>	Moon – Orange	<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashvina+Puratasi</b>	

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau			London, UK Sun 19 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:31AM – 8:57AM	<b>Jyeshtha*</b> <b>Until 6:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:05AM	
Vrischika Rasi: 29.34	Tithi 7	Yama 2:41PM – 4:06PM	Saubhagya Until 6:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM	Moon 9 - Phase 24
<b>Routine Work</b> Marana Yoga	673213463	<b>Rahu</b> 10:23AM – 11:49AM	Gara Until 4:06PM	<b>Nataraja:</b> Clear	3rd Phase
Until 6:36AM			<b>Saptami</b> <b>Until 4:19AM Sat</b>	Moon – Orange	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina+Puratasi</b>	

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau			London, UK Sun 20 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:07AM – 7:32AM	<b>Mula*</b> <b>Until 7:45AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:07AM	
Dhanus Rasi: 12.24	Tithi 8	Yama 1:14PM – 2:39PM	Sobhana Until 5:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:30PM	Moon 9 - Phase 24
<b>Creative Work</b> Siddha Yoga	683213463	<b>Rahu</b> 8:58AM – 10:23AM	Visti Until 4:47PM	<b>Nataraja:</b> Clear	Ashtami
Until 9:32AM			<b>Ashtami*</b> <b>Until 5:24AM Sun</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>	

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava Karana Navamyam Titau			London, UK Sun 21 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:38PM – 4:03PM	<b>Purvashadha*</b> <b>Until 9:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:08AM	
Dhanus Rasi: 24.51	Tithi 9	Yama 11:48AM – 1:13PM	Athiganda* Until 5:55PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM	Moon 9 - Phase 24
<b>Creative Work</b> Siddha Yoga	683213463	<b>Rahu</b> 4:03PM – 5:28PM	Balava Until 6:14PM	<b>Nataraja:</b> Clear	Navami
Until 9:32AM			<b>Navami*</b> <b>Until 7:11AM Mon</b>	Moon – Light Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Puratasi</b>	

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				London, UK Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:12PM – 2:37PM	<b>Uttarashadha</b> Until 11:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:10AM	Sun 22
Makara Rasi: 7.01	Tithi 9 – 10	Yama 10:23AM – 11:48AM	Sukarma Until 6:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	683213463	<b>Rahu</b> 7:34AM – 8:59AM	Taitila Until 8:17PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 7:11AM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 11:46AM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				London, UK Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:48AM – 1:12PM	<b>Shravana</b> Until 2:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	Sun 23
Makara Rasi: 18.59	Tithi 10 – 11	Yama 9:00AM – 10:24AM	Dhriti Until 7:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 2:35PM – 3:59PM	Vanija Until 10:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Vijaya Dasami</b>	Moon – Purple		<b>Sivaloka Day</b>
			<b>Dashami</b> Until 9:25AM	<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				London, UK Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:24AM – 11:47AM	<b>Dhanishtha</b> Until 5:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	Sun 24
Kumbha Rasi: 0.51	Tithi 11 – 12	Yama 7:37AM – 9:00AM	Shula* Until 8:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 11:47AM – 1:11PM	Bava Until 1:13AM Thu	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 11:55AM	Moon – Purple		<b>Sivaloka Day</b>
Until 5:46PM				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				London, UK Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:01AM – 10:24AM	<b>Shatabhishak</b> Until 8:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 25
Kumbha Rasi: 12.41	Tithi 12 – 13	Yama 6:15AM – 7:38AM	Ganda* Until 9:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
693213464		<b>Rahu</b> 1:10PM – 2:33PM	Kaulava Until 3:43AM Fri	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 2:27PM	Moon – Purple		<b>Sivaloka Day</b>
		<b>Kadaitswami Mahasamadhi</b>		<b>Ashvina+Puratasi</b>		
						<i>Pradosha Vrata</i>

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				London, UK Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:39AM – 9:02AM	<b>Purvaproshtapada*</b> Until 11:40PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:17AM	Sun 26
Kumbha Rasi: 24.33	Tithi 13 – 14	Yama 2:32PM – 3:54PM	Vriddhi Until 10:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 10:24AM – 11:47AM	Gara Until 6:04AM Sat	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 4:53PM	Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				London, UK Sutra 181 Vikarin 5121
<b>6</b>		<b>Gulika</b> 6:18AM – 7:40AM	<b>Uttaraproshtapada</b> Until 2:21AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:18AM	Sun 27
Meena Rasi: 6.28	Tithi 14	Yama 1:09PM – 2:31PM	Dhruva Until 10:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
613213464		<b>Rahu</b> 9:02AM – 10:24AM	Gara Until 6:04AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:08PM	Moon – Clear		<b>Sivaloka Day</b>
Until 2:21AM Sun				<b>Ashvina+Puratasi</b>		
Then Creative Work - Amrita Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				London, UK Sutra 182 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:29PM – 3:51PM	<b>Revati</b> Until 4:38AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:20AM	Sun 28
Meena Rasi: 18.29	Tithi 15	Yama 11:46AM – 1:08PM	Vyaghata* Until 11:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
614213464		<b>Rahu</b> 3:51PM – 5:12PM	Visti Until 8:11AM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 9:07PM	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 4:38AM Mon				<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Monday, October 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				London, UK Sutra 183 Vikarin 5121
<b>○</b>		<b>Gulika</b> 1:07PM – 2:28PM	<b>Ashvini</b> Until 6:57AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	Sun 29
Mesha Rasi: 1	Tithi 16	Yama 10:25AM – 11:46AM	Harshana Until 11:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 25
624213464		<b>Rahu</b> 7:43AM – 9:04AM	Balava Until 10:02AM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:50PM	Moon – White		<b>Subha Subha Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





**Tuesday, October 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

London, UK  
 Sutra 184

Mesha Rasi: 12.5      Tithi 17  
 624213464 Rahu

**Gulika** 11:46AM – 1:06PM  
 Yama 9:05AM – 10:25AM  
**Rahu** 2:27PM – 3:48PM

**Ashvini Until 6:57AM**  
 Vajra\* Until 11:25PM  
 Taitila Until 11:35AM

**Ganesha:** White      *Sunrise:* 6:23AM  
**Muruga:** Purple      *Sunset:* 5:08PM

**Nataraja:** Purple  
 Moon – White      Moon 10 - Phase 26  
 Subha Subha Sivaloka Day      1st Phase

Creative Work    Siddha Yoga

**Dvitiya Until 12:13AM Wed**

**Ashvina+Puratasi**

**1**

**Wednesday, October 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
 Bharani/Krittika Nakshatra Siddhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

London, UK  
 Sutra 185

Mesha Rasi: 25.13      Tithi 18  
 624213464 Rahu

**Gulika** 10:25AM – 11:46AM  
 Yama 7:45AM – 9:05AM  
**Rahu** 11:46AM – 1:06PM

**Bharani Until 8:48AM**  
 Siddhi Until 11:11PM  
 Vanija Until 12:49PM

**Ganesha:** White      *Sunrise:* 6:25AM  
**Muruga:** Purple      *Sunset:* 5:06PM

**Nataraja:** Purple  
 Moon – White      Moon 10 - Phase 26  
 Subha Subha Sivaloka Day      1st Phase

Creative Work    Siddha Yoga

**Tritiya Until 1:17AM Thu**

**Ashvina+Puratasi**

Until 8:48AM  
 Then Creative Work - Amrita Yoga

**2**

**Thursday, October 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
 Krittika/Rohini Nakshatra Vyatipata\* Yoga Bava/Balava Karana Chaturthayam Titau

London, UK  
 Sutra 186

Vrishabha Rasi: 7.43      Tithi 19  
 624313464 Rahu

**Gulika** 9:06AM – 10:26AM  
 Yama 6:27AM – 7:46AM  
**Rahu** 1:05PM – 2:25PM

**Krittika Until 10:09AM**  
 Vyatipata\* Until 10:40PM  
 Bava Until 1:42PM

**Ganesha:** Yellow      *Sunrise:* 6:27AM  
**Muruga:** Purple      *Sunset:* 5:04PM

**Nataraja:** Purple  
 Moon – White      Moon 10 - Phase 26  
 Subha Sivaloka Day      1st Phase

Routine Work    Marana Yoga

**Chaturthi\* Until 1:58AM Fri**

**Ashvina+Aipasi**

**3**

**Friday, October 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

London, UK  
 Sutra 187

Vrishabha Rasi: 20.25      Tithi 20  
 634313464 Rahu

**Gulika** 7:48AM – 9:07AM  
 Yama 2:24PM – 3:43PM  
**Rahu** 10:26AM – 11:45AM

**Rohini Until 11:27AM**  
 Varyan Until 9:49PM  
 Kaulava Until 2:11PM

**Ganesha:** White      *Sunrise:* 6:28AM  
**Muruga:** Purple      *Sunset:* 5:02PM

**Nataraja:** Purple  
 Moon – Yellow      Moon 10 - Phase 26  
 Sivaloka Day      1st Phase

Routine Work    Marana Yoga

**Panchami Until 2:14AM Sat**

**Ashvina+Aipasi**

Until 11:27AM  
 Then Creative Work - Siddha Yoga

**4**

**Saturday, October 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
 Mrigashira/Ardra Nakshatra Parigha\* Yoga Gara/Vanija Karana Shashthayam Titau

London, UK  
 Sutra 188

Mithuna Rasi: 3.19      Tithi 21  
 634313464 Rahu

**Gulika** 6:30AM – 7:49AM  
 Yama 1:04PM – 2:23PM  
**Rahu** 9:08AM – 10:26AM

**Mrigashira Until 12:09PM**  
 Parigha\* Until 8:36PM  
 Gara Until 2:13PM

**Ganesha:** White      *Sunrise:* 6:30AM  
**Muruga:** Purple      *Sunset:* 5:00PM

**Nataraja:** Purple  
 Moon – Yellow      Moon 10 - Phase 26  
 Sivaloka Day      1st Phase

Creative Work    Siddha Yoga

**Shashthi\* Until 2:01AM Sun**

**Ashvina+Aipasi**

**5**

**Sunday, October 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

London, UK  
 Sutra 189

Mithuna Rasi: 16.28      Tithi 22  
 634313464 Rahu

**Gulika** 2:21PM – 3:40PM  
 Yama 11:45AM – 1:03PM  
**Rahu** 3:40PM – 4:58PM

**Ardra Until 12:12PM**  
 Shiva Until 6:59PM  
 Visti Until 1:44PM

**Ganesha:** White      *Sunrise:* 6:32AM  
**Muruga:** Purple      *Sunset:* 4:58PM

**Nataraja:** Purple  
 Moon – Yellow      Moon 10 - Phase 26  
 Sivaloka Day      1st Phase

Creative Work    Siddha Yoga

**Saptami Until 1:15AM Mon**

**Ashvina+Aipasi**

**D**

**Monday, October 21, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

London, UK  
 Sutra 190

Mithuna Rasi: 29.54      Tithi 23  
 644313464 Rahu

**Gulika** 1:02PM – 2:20PM  
 Yama 10:27AM – 11:45AM  
**Rahu** 7:51AM – 9:09AM

**Punarvasu Until 12:01PM**  
 Siddha Until 4:54PM  
 Balava Until 12:41PM

**Ganesha:** Clear      *Sunrise:* 6:34AM  
**Muruga:** Purple      *Sunset:* 4:56PM

**Nataraja:** Purple  
 Moon – Blue      Moon 10 - Phase 26  
 Subha Sivaloka Day      Ashtami

Creative Work    Amrita Yoga

**Ashtami\* Until 11:56PM**

**Ashvina+Aipasi**

Until 12:01PM  
 Then Creative Work - Siddha Yoga

**Tuesday, October 22, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

London, UK  
 Sutra 191

Kataka Rasi: 13.41      Tithi 24  
 644313464 Rahu

**Gulika** 11:44AM – 1:02PM  
 Yama 9:10AM – 10:27AM  
**Rahu** 2:19PM – 3:36PM

**Pushya Until 11:07AM**  
 Sadhya Until 2:21PM  
 Taitila Until 11:04AM

**Ganesha:** Clear      *Sunrise:* 6:35AM  
**Muruga:** Purple      *Sunset:* 4:54PM

**Nataraja:** Purple  
 Moon – Blue      Moon 10 - Phase 26  
 Subha Sivaloka Day      Navami

Creative Work    Siddha Yoga

**Navami\* Until 10:02PM**

**Ashvina+Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Dashamyam Titau		London, UK Sun 9 Sutra 192 Vikarin 5121	
Kataka Rasi: 27.48	Tithi 25	<b>Gulika</b> 10:27AM – 11:44AM	<b>Ashlesha* Until 9:32AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM		
		Yama 7:54AM – 9:11AM	Subha Until 11:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 27	
		644313464 <b>Rahu</b> 11:44AM – 1:01PM	Vanija Until 8:55AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 7:38PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau		London, UK Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 12.16	Tithi 26 – 27	<b>Gulika</b> 9:11AM – 10:28AM	<b>Magha* Until 7:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM		
		Yama 6:39AM – 7:55AM	Sukla Until 8:02AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 27	
		654313464 <b>Rahu</b> 1:01PM – 2:17PM	Bava Until 6:16AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi* Until 4:47PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 7:45AM				<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		London, UK Sun 11 Sutra 194 Vikarin 5121	
Simha Rasi: 26.59	Tithi 27 – 28	<b>Gulika</b> 7:56AM – 9:12AM	<b>Uttaraphalguni Until 2:48AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:40AM		
		Yama 2:16PM – 3:32PM	Indra Until 12:31AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 27	
		655313464 <b>Rahu</b> 10:28AM – 11:44AM	Gara Until 11:59PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:38PM</b>	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 2:48AM Sat				<b>Ashvina•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau		London, UK Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 11.54	Tithi 28 – 29	<b>Gulika</b> 6:42AM – 7:58AM	<b>Hasta Until 12:19AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:42AM		
		Yama 12:59PM – 2:15PM	Vaidhriti* Until 8:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 10 - Phase 27	
		665313464 <b>Rahu</b> 9:13AM – 10:29AM	Visti Until 8:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi* Until 10:17AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 12:19AM Sun				<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		London, UK Sun 13 Sutra 196 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 2:14PM – 3:29PM	<b>Chitra Until 9:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:44AM		
Kanya Rasi: 26.51	Tithi 29 – 30	Yama 11:44AM – 12:59PM	Vishkambha* Until 4:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 27	
		665313464 <b>Rahu</b> 3:29PM – 4:44PM	Naga Until 3:42AM Mon	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:55AM</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		London, UK Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 11.43	Tithi 1	<b>Gulika</b> 12:58PM – 2:13PM	<b>Svati Until 7:24PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:46AM		
<b>Family Home Evening</b>		Yama 10:29AM – 11:44AM	Priti Until 12:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 27	
		665313464 <b>Rahu</b> 8:00AM – 9:15AM	Kintughna Until 2:12PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga		<b>Prathama* Until 12:47AM Tue</b>	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 7:24PM				<b>Kartika•Aipasi</b>			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		London, UK
Tula Rasi: 26.19	Tithi 2	675313464	<b>Gulika</b> 11:44AM – 12:58PM <b>Yama</b> 9:16AM – 10:30AM <b>Rahu</b> 2:12PM – 3:26PM	<b>Vishakha</b> Until 5:42PM Ayushman Until 9:32AM Balava Until 11:31AM <b>Dvitiya</b> Until 10:21PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:47AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:40PM</i> <b>Nataraja:</b> Purple Moon – Orange	Sun 15 Sutra 198 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Routine Work	Marana Yoga					<b>Subha Sivaloka Day</b>
Until 5:42PM						<b>Kartika-Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		London, UK
Virshika Rasi: 10.34	Tithi 3	675313464	<b>Gulika</b> 10:30AM – 11:44AM <b>Yama</b> 8:03AM – 9:16AM <b>Rahu</b> 11:44AM – 12:57PM	<b>Anuradha</b> Until 4:29PM Saubhagya Until 6:34AM Taitila Until 9:22AM <b>Tritiya</b> Until 8:33PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:49AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:38PM</i> <b>Nataraja:</b> Purple Moon – Orange	Sun 16 Sutra 199 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>
						<b>Kartika-Aipasi</b>

<b>3</b>		<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturthiyam Titau		London, UK
Virshika Rasi: 24.22	Tithi 4	675313464	<b>Gulika</b> 9:17AM – 10:30AM <b>Yama</b> 6:51AM – 8:04AM <b>Rahu</b> 12:57PM – 2:10PM	<b>Jyeshtha*</b> Until 3:51PM Athiganda* Until 2:24AM Fri Vanija Until 7:57AM <b>Chaturthi*</b> Until 7:31PM	<b>Ganesha:</b> Clear <i>Sunrise: 6:51AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:36PM</i> <b>Nataraja:</b> Purple Moon – Orange	Sun 17 Sutra 200 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Routine Work	Prabalarishta Yoga					<b>Subha Sivaloka Day</b>
Until 3:51PM						<b>Kartika-Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Bava/Balava Karana Panchamyam Titau		London, UK
Dhanus Rasi: 7.43	Tithi 5	685313464	<b>Gulika</b> 8:05AM – 9:18AM <b>Yama</b> 2:09PM – 3:22PM <b>Rahu</b> 10:31AM – 11:44AM	<b>Mula*</b> Until 4:20PM Sukarma Until 1:18AM Sat Bava Until 7:21AM <b>Panchami</b> Until 7:21PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:53AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:35PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 18 Sutra 201 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga					<b>Subha Subha Sivaloka Day</b>
Until 4:20PM						<b>Kartika-Aipasi</b>
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Shashthiyam Titau		London, UK
Dhanus Rasi: 20.37	Tithi 6	685313464	<b>Gulika</b> 6:54AM – 8:07AM <b>Yama</b> 12:56PM – 2:08PM <b>Rahu</b> 9:19AM – 10:31AM	<b>Purvashadha*</b> Until 5:31PM Dhriti Until 12:53AM Sun Kaulava Until 7:37AM <b>Shashthi*</b> Until 8:02PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:54AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 19 Sutra 202 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work	Siddha Yoga					<b>Subha Subha Sivaloka Day</b>
Until 5:31PM						<b>Kartika-Aipasi</b>
Then Routine Work - Marana Yoga						

<b>6</b>		<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Shula* Yoga Gara/Vanija Karana Saptamyam Titau		London, UK
Makara Rasi: 3.07	Tithi 7	685313464	<b>Gulika</b> 2:07PM – 3:19PM <b>Yama</b> 11:44AM – 12:55PM <b>Rahu</b> 3:19PM – 4:31PM	<b>Uttarashadha</b> Until 7:16PM Shula* Until 12:59AM Mon Gara Until 8:42AM <b>Saptami</b> Until 9:30PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:56AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:31PM</i> <b>Nataraja:</b> Purple Moon – Light Blue	Sun 20 Sutra 203 Vikarin 5121 Moon 10 - Phase 28 3rd Phase
Creative Work	Amrita Yoga					<b>Subha Subha Sivaloka Day</b>
						<b>Kartika-Aipasi</b>

<b>Retreat Star</b>		<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau		London, UK
Makara Rasi: 15.2	Tithi 8	696313464	<b>Gulika</b> 12:55PM – 2:06PM <b>Yama</b> 10:32AM – 11:44AM <b>Rahu</b> 8:09AM – 9:21AM	<b>Shravana</b> Until 9:57PM Ganda* Until 1:32AM Tue Visti Until 10:29AM <b>Ashtami*</b> Until 11:33PM	<b>Ganesha:</b> Purple <i>Sunrise: 6:58AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:29PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 21 Sutra 204 Vikarin 5121 Moon 10 - Phase 28 Ashtami
<b>Family Home Evening</b>	Amrita Yoga					<b>Sivaloka Day</b>
Until 9:57PM						<b>Kartika-Aipasi</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		London, UK
Makara Rasi: 27.2	Tithi 9	696313464	<b>Gulika</b> 11:44AM – 12:55PM <b>Yama</b> 9:22AM – 10:33AM <b>Rahu</b> 2:06PM – 3:17PM	<b>Dhanishtha</b> Until 12:49AM Wed Vriddhi Until 2:21AM Wed Balava Until 12:45PM <b>Navami*</b> Until 1:58AM Wed	<b>Ganesha:</b> Purple <i>Sunrise: 7:00AM</i> <b>Muruqa:</b> Purple <i>Sunset: 4:28PM</i> <b>Nataraja:</b> Purple Moon – Purple	Sun 22 Sutra 205 Vikarin 5121 Moon 10 - Phase 28 Navami
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
						<b>Kartika-Aipasi</b>


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				London, UK
	Kumbha Rasi: 9.13	Tithi 10	<b>Gulika</b> 10:33AM – 11:44AM	<b>Shatabhishak</b> Until 3:39AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:01AM	Sun 23 Sutra 206
			Yama 8:12AM – 9:23AM	Dhruva Until 3:14AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:26PM	Vikarin 5121
	696313464	<b>Rahu</b> 11:44AM – 12:54PM		Taitila Until 3:16PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:31AM Thu	Moon – Purple		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				London, UK
	Kumbha Rasi: 21.04	Tithi 11	<b>Gulika</b> 9:23AM – 10:34AM	<b>Purvaproshtapada*</b> Until 6:44AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:03AM	Sun 24 Sutra 207
			Yama 7:03AM – 8:13AM	Vyaghata* Until 4:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:24PM	Vikarin 5121
	716313464	<b>Rahu</b> 12:54PM – 2:04PM		Vanija Until 5:47PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:58AM Fri	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				London, UK
	Meena Rasi: 2.58	Tithi 11 – 12	<b>Gulika</b> 8:15AM – 9:24AM	<b>Purvaproshtapada*</b> Until 6:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:05AM	Sun 25 Sutra 208
			Yama 2:03PM – 3:13PM	Harshana Until 4:44AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:23PM	Vikarin 5121
	716313464	<b>Rahu</b> 10:34AM – 11:44AM		Bava Until 8:08PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 6:58AM	Moon – Clear		4th Phase	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				London, UK
	Meena Rasi: 14.56	Tithi 12 – 13	<b>Gulika</b> 7:07AM – 8:16AM	<b>Uttaraproshtapada</b> Until 9:25AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:07AM	Sun 26 Sutra 209
			Yama 12:53PM – 2:02PM	Vajra* Until 5:08AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:21PM	Vikarin 5121
	716313464	<b>Rahu</b> 9:25AM – 10:35AM		Kaulava Until 10:12PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 9:11AM	Moon – Clear		4th Phase	
Until 9:25AM				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				London, UK
	Meena Rasi: 27.03	Tithi 13 – 14	<b>Gulika</b> 2:02PM – 3:11PM	<b>Revati</b> Until 11:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:08AM	Sun 27 Sutra 210
			Yama 11:44AM – 12:53PM	Siddhi Until 5:15AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:19PM	Vikarin 5121
	716313464	<b>Rahu</b> 3:11PM – 4:19PM		Gara Until 11:52PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 11:03AM	Moon – Clear		4th Phase	
Until 11:37AM				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				London, UK
	Mesha Rasi: 9.19	Tithi 14 – 15	<b>Gulika</b> 12:52PM – 2:01PM	<b>Ashvini</b> Until 1:45PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:10AM	Sutra 211
	<b>Family Home Evening</b>		Yama 10:36AM – 11:44AM	Vyatipata* Until 5:03AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:18PM	Vikarin 5121
	727313464	<b>Rahu</b> 8:19AM – 9:27AM		Visti Until 1:07AM Tue	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:32PM	Moon – White		Purnima	
				<b>Kartika-Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>6</b>	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				London, UK
	Mesha Rasi: 21.46	Tithi 15 – 16	<b>Gulika</b> 11:44AM – 12:52PM	<b>Bharani</b> Until 3:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:12AM	Sutra 212
			Yama 9:28AM – 10:36AM	Variyan Until 4:30AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:16PM	Vikarin 5121
	727413464	<b>Rahu</b> 2:00PM – 3:08PM		Balava Until 1:57AM Wed	<b>Nataraja:</b> Purple		Moon 10 - Phase 29
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 1:34PM	Moon – White		Prathama	
				<b>Kartika-Aipasi</b>		<b>Sivaloka Day</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

London, UK

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 4.25 Tithi 16 - 17

**Gulika** 10:37AM - 11:44AM

**Yama** 8:21AM - 9:29AM

727413464 **Rahu** 11:44AM - 12:52PM

**Krittika** Until 4:19PM

Parigha\* Until 3:39AM Thu

Taitila Until 2:22AM Thu

Prathama\* Until 2:11PM

**Ganesha**: White

**Muruqa**: Purple

**Nataraja**: Purple

Moon - White

**Karttika-Aipasi**

Sunrise: 7:14AM

Sunset: 4:15PM

**Sivaloka Day**

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

London, UK

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 17.14 Tithi 17 - 18

**Gulika** 9:30AM - 10:37AM

**Yama** 7:15AM - 8:23AM

737413464 **Rahu** 12:52PM - 1:59PM

**Rohini** Until 5:14PM

Shiva Until 2:31AM Fri

Vanija Until 2:23AM Fri

Dvitiya Until 2:24PM

**Ganesha**: Clear

**Muruqa**: Purple

**Nataraja**: Purple

Moon - Yellow

**Karttika-Aipasi**

Sunrise: 7:15AM

Sunset: 4:14PM

**Subha Sivaloka Day**

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

London, UK

Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 0.16 Tithi 18 - 19

**Gulika** 8:24AM - 9:31AM

**Yama** 1:58PM - 3:05PM

737413464 **Rahu** 10:38AM - 11:45AM

**Mrigashira** Until 5:38PM

Siddha Until 1:03AM Sat

Bava Until 2:02AM Sat

Tritiya Until 2:14PM

**Ganesha**: Clear

**Muruqa**: Purple

**Nataraja**: Purple

Moon - Yellow

**Karttika-Aipasi**

Sunrise: 7:17AM

Sunset: 4:12PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

London, UK

Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 13.29 Tithi 19 - 20

**Gulika** 7:19AM - 8:25AM

**Yama** 12:51PM - 1:58PM

737413464 **Rahu** 9:32AM - 10:38AM

**Ardra** Until 5:32PM

Sadhya Until 11:19PM

Kaulava Until 1:20AM Sun

Chaturthi\* Until 1:42PM

**Ganesha**: Clear

**Muruqa**: Purple

**Nataraja**: Purple

Moon - Yellow

**Karttika-Karttikai**

Sunrise: 7:19AM

Sunset: 4:11PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

London, UK

Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 26.53 Tithi 20 - 21

**Gulika** 1:57PM - 3:03PM

**Yama** 11:45AM - 12:51PM

747413465 **Rahu** 3:03PM - 4:10PM

**Punarvasu** Until 5:24PM

Subha Until 9:20PM

Gara Until 12:17AM Mon

Panchami Until 12:50PM

**Ganesha**: Purple

**Muruqa**: Purple

**Nataraja**: Clear

Moon - Blue

**Karttika-Karttikai**

Sunrise: 7:20AM

Sunset: 4:10PM

**Devaloka Day**

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

London, UK

Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 10.29 Tithi 21 - 22

**Gulika** 12:51PM - 1:57PM

**Yama** 10:39AM - 11:45AM

748413465 **Rahu** 8:28AM - 9:34AM

**Pushya** Until 4:46PM

Sukla Until 7:03PM

Visti Until 10:53PM

Shashthi\* Until 11:37AM

**Ganesha**: Clear

**Muruqa**: Purple

**Nataraja**: Clear

Moon - Blue

**Karttika-Karttikai**

Sunrise: 7:22AM

Sunset: 4:08PM

**Sivaloka Day**

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saplamyam/Ashlamyam Titau

London, UK

Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 24.17 Tithi 22 - 23

**Gulika** 11:45AM - 12:51PM

**Yama** 9:35AM - 10:40AM

748413465 **Rahu** 1:56PM - 3:02PM

**Ashlesha\*** Until 3:40PM

Brahma Until 4:31PM

Balava Until 9:10PM

Saptami Until 10:03AM

**Ganesha**: Clear

**Muruqa**: Purple

**Nataraja**: Clear

Moon - Blue

**Karttika-Karttikai**

Sunrise: 7:24AM

Sunset: 4:07PM

**Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

London, UK

Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Navami

Simha Rasi: 8.17 Tithi 23 - 24

**Gulika** 10:41AM - 11:46AM

**Yama** 8:30AM - 9:35AM

758413465 **Rahu** 11:46AM - 12:51PM

**Magha\*** Until 2:32PM

Indra Until 1:44PM

Taitila Until 7:08PM

Ashtami\* Until 8:10AM

**Ganesha**: White

**Muruqa**: Purple

**Nataraja**: Clear

Moon - Red

**Karttika-Karttikai**

Sunrise: 7:25AM

Sunset: 4:06PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 2:32PM

Then Creative Work - Amrita Yoga


<b>1</b>		<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau		London, UK Sun 8 Sutra 221 Vikarin 5121	
Simha Rasi: 22.29	Tithi 25	<b>Gulika</b> 9:36AM – 10:41AM	<b>Purvaphalguni</b> Until 12:59PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:27AM	Moon 11 - Phase 31	
		Yama 7:27AM – 8:32AM	Vaidhrili* Until 10:42AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:05PM	2nd Phase	
Creative Work	Siddha Yoga	758413465 <b>Rahu</b> 12:51PM – 1:55PM	Visti Until 4:49PM	<b>Nataraja:</b> Clear		Subha Sivaloka Day	
			Dashami Until 3:33AM Fri	Moon – Red		Karttika-Karttikai	

<b>2</b>		<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Ekadashyam Titau		London, UK Sun 9 Sutra 222 Vikarin 5121	
Kanya Rasi: 6.52	Tithi 26	<b>Gulika</b> 8:33AM – 9:37AM	<b>Uttaraphalguni</b> Until 11:03AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	Moon 11 - Phase 31	
		Yama 1:55PM – 2:59PM	Vishkambha* Until 7:29AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:04PM	2nd Phase	
Creative Work	Siddha Yoga	758413465 <b>Rahu</b> 10:42AM – 11:46AM	Bava Until 2:17PM	<b>Nataraja:</b> Clear		Subha Sivaloka Day	
Until 11:03AM			Ekadashi* Until 12:57AM Sat	Moon – Red		Karttika-Karttikai	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau		London, UK Sun 10 Sutra 223 Vikarin 5121	
Kanya Rasi: 21.2	Tithi 27	<b>Gulika</b> 7:30AM – 8:34AM	<b>Hasta</b> Until 9:16AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:30AM	Moon 11 - Phase 31	
		Yama 12:50PM – 1:55PM	Ayushman Until 12:45AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:03PM	2nd Phase	
Routine Work	Marana Yoga	768413465 <b>Rahu</b> 9:38AM – 10:42AM	Kaulava Until 11:39AM	<b>Nataraja:</b> Clear		Sivaloka Day	
			Dvadashi* Until 10:17PM	Moon – Green		Karttika-Karttikai	

<b>4</b>		<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau		London, UK Sun 11 Sutra 224 Vikarin 5121	
Tula Rasi: 5.51	Tithi 28	<b>Gulika</b> 1:54PM – 2:58PM	<b>Chitra</b> Until 7:20AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:32AM	Moon 11 - Phase 31	
		Yama 11:47AM – 12:50PM	Saubhagya Until 9:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:02PM	2nd Phase	
Creative Work	Siddha Yoga	769413465 <b>Rahu</b> 2:58PM – 4:02PM	Gara Until 8:59AM	<b>Nataraja:</b> Clear		Devaloka Day	
			Trayodashi* Until 7:40PM	Moon – Green		Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Visti*/Caluspada* Karana Chaturdashi/Amavasyayam Titau		London, UK Sun 12 Sutra 225 Vikarin 5121	
Tula Rasi: 20.17	Tithi 29 – 30	<b>Gulika</b> 12:50PM – 1:54PM	<b>Vishakha</b> Until 3:54AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:33AM	Moon 11 - Phase 31	
<b>Family Home Evening</b>		Yama 10:44AM – 11:47AM	Sobhana Until 6:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:01PM	2nd Phase	
Routine Work	Marana Yoga	779413465 <b>Rahu</b> 8:37AM – 9:40AM	Visti Until 6:26AM	<b>Nataraja:</b> Clear		Devaloka Day	
Until 3:54AM Tue			Chaturdashi* Until 5:14PM	Moon – Orange		Karttika-Karttikai	
Then Creative Work - Siddha Yoga							

		<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		London, UK Sun 13 Sutra 226 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 11:47AM – 12:50PM	<b>Anuradha</b> Until 2:42AM Wed	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:35AM	Moon 11 - Phase 31	
Vrischika Rasi: 4.34	Tithi 30 – 1	Yama 9:41AM – 10:44AM	Athiganda* Until 3:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:00PM	Amavasya	
Creative Work	Siddha Yoga	779413465 <b>Rahu</b> 1:54PM – 2:57PM	Kintughna Until 2:16AM Wed	<b>Nataraja:</b> Clear		Devaloka Day	
			Amavasya* Until 3:08PM	Moon – Orange		Karttika-Karttikai	

<b>Retreat Star</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhrili* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		London, UK Sun 14 Sutra 227 Vikarin 5121	
Vrischika Rasi: 18.34	Tithi 1 – 2	<b>Gulika</b> 10:45AM – 11:48AM	<b>Jyeshtha*</b> Until 1:53AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:36AM	Moon 11 - Phase 31	
		Yama 8:39AM – 9:42AM	Sukarma Until 12:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM	Prathama	
Creative Work	Siddha Yoga	779413465 <b>Rahu</b> 11:48AM – 12:50PM	Balava Until 12:55AM Thu	<b>Nataraja:</b> Clear		Devaloka Day	
			Prathama* Until 1:30PM	Moon – Orange		Margasira-Karttikai	

<b>1</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		London, UK
Dhanus Rasi: 2.13	Tithi 2 – 3	Gulika 9:43AM – 10:45AM	Mula* Until 2:02AM Fri	Ganesha: Blue	Sunrise: 7:38AM	Sun 15 Sutra 228
		Yama 7:38AM – 8:40AM	Dhriti Until 10:47AM	Muruqa: Purple	Sunset: 3:58PM	Vikarin 5121
		789413465 Rahu 12:51PM – 1:53PM	Taitila Until 12:15AM Fri	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		Dvitiya Until 12:29PM	Moon – Light Blue		3rd Phase
Until 2:02AM Fri				Margasira•Karttikai		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga						

<b>2</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		London, UK
Dhanus Rasi: 15.29	Tithi 3 – 4	Gulika 8:42AM – 9:44AM	Purvashadha* Until 2:45AM Sat	Ganesha: Blue	Sunrise: 7:39AM	Sun 16 Sutra 229
		Yama 1:53PM – 2:55PM	Shula* Until 9:16AM	Muruqa: Purple	Sunset: 3:57PM	Vikarin 5121
		789413465 Rahu 10:46AM – 11:48AM	Vanija Until 12:19AM Sat	Nataraja: Clear		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga		Tritiya Until 12:10PM	Moon – Light Blue		3rd Phase
Until 2:45AM Sat				Margasira•Karttikai		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhi* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		London, UK
Dhanus Rasi: 28.23	Tithi 4 – 5	Gulika 7:41AM – 8:43AM	Uttarashadha Until 4:01AM Sun	Ganesha: Blue	Sunrise: 7:41AM	Sun 17 Sutra 230
		Yama 12:51PM – 1:53PM	Ganda* Until 8:21AM	Muruqa: Purple	Sunset: 3:57PM	Vikarin 5121
		789413465 Rahu 9:45AM – 10:47AM	Bava Until 1:08AM Sun	Nataraja: Clear		Moon 11 - Phase 32
Routine Work	Marana Yoga		Chaturthi* Until 12:37PM	Moon – Light Blue		3rd Phase
Until 4:01AM Sun				Margasira•Karttikai		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vridhi/Dhruva* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		London, UK
Makara Rasi: 10.55	Tithi 5 – 6	Gulika 1:53PM – 2:54PM	Shravana Until 6:16AM Mon	Ganesha: Yellow	Sunrise: 7:42AM	Sun 18 Sutra 231
		Yama 11:49AM – 12:51PM	Vridhi Until 8:01AM	Muruqa: Purple	Sunset: 3:56PM	Vikarin 5121
		799413465 Rahu 2:54PM – 3:56PM	Kaulava Until 2:39AM Mon	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Amrita Yoga		Panchami Until 1:47PM	Moon – Purple		3rd Phase
Until 6:16AM Mon				Margasira•Karttikai		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		London, UK
Makara Rasi: 23.11	Tithi 6 – 7	Gulika 12:51PM – 1:52PM	Shravana Until 6:16AM	Ganesha: Clear	Sunrise: 7:44AM	Sun 19 Sutra 232
<b>Family Home Evening</b>		Yama 10:48AM – 11:49AM	Dhruva Until 8:09AM	Muruqa: Purple	Sunset: 3:55PM	Vikarin 5121
		791413465 Rahu 8:45AM – 9:47AM	Gara Until 4:42AM Tue	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Amrita Yoga		Shashthi* Until 3:35PM	Moon – Purple		3rd Phase
Until 6:16AM				Margasira•Karttikai		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		London, UK
Kumbha Rasi: 5.14	Tithi 7 – 8	Gulika 11:50AM – 12:51PM	Dhanishtha Until 8:51AM	Ganesha: Clear	Sunrise: 7:45AM	Sun 20 Sutra 233
		Yama 9:47AM – 10:49AM	Vyaghata* Until 8:41AM	Muruqa: Purple	Sunset: 3:55PM	Vikarin 5121
		791413465 Rahu 1:52PM – 2:54PM	Visti Until 7:05AM Wed	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		Saptami Until 5:51PM	Moon – Purple		3rd Phase
Until 8:51AM				Margasira•Karttikai		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau		London, UK
Kumbha Rasi: 17.1	Tithi 8	Gulika 10:49AM – 11:50AM	Shatabhisak Until 11:33AM	Ganesha: Clear	Sunrise: 7:46AM	Sun 21 Sutra 234
		Yama 8:47AM – 9:48AM	Harshana Until 9:27AM	Muruqa: Purple	Sunset: 3:54PM	Vikarin 5121
		791413465 Rahu 11:50AM – 12:51PM	Visti Until 7:05AM	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		Ashtami* Until 8:19PM	Moon – Purple		Ashtami
Until 11:33AM				Margasira•Karttikai		<b>Sivaloka Day</b>
Then Routine Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vajra*/Siddhi* Yoga Balava/Kaulava Karana Navamyam Titau		London, UK
Kumbha Rasi: 29.02	Tithi 9	Gulika 9:49AM – 10:50AM	Purvaproshtapada* Until 2:39PM	Ganesha: Yellow	Sunrise: 7:48AM	Sun 22 Sutra 235
		Yama 7:48AM – 8:48AM	Vajra* Until 10:15AM	Muruqa: Purple	Sunset: 3:54PM	Vikarin 5121
		711413465 Rahu 12:52PM – 1:52PM	Balava Until 9:36AM	Nataraja: Clear		Moon 11 - Phase 32
Creative Work	Siddha Yoga		Navami* Until 10:48PM	Moon – Clear		Navami
				Margasira•Karttikai		<b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipta* Yoga Taitila/Gara Karana Dashamyam Titau				London, UK
Meena Rasi: 10.56	Tithi 10	711413465	<b>Gulika</b> 8:49AM – 9:50AM <b>Yama</b> 1:52PM – 2:53PM <b>Rahu</b> 10:51AM – 11:51AM	<b>Uttaraproshtapada</b> Until 5:27PM Siddhi Until 10:59AM Taitila Until 12:00PM <b>Dashami</b> Until 1:05AM Sat	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:49AM <b>Sunset:</b> 3:53PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai

<b>2</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatipta*/Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau				London, UK
Meena Rasi: 22.57	Tithi 11	711513465	<b>Gulika</b> 7:50AM – 8:50AM <b>Yama</b> 12:52PM – 1:52PM <b>Rahu</b> 9:51AM – 10:51AM	<b>Revati</b> Until 7:46PM Vyatipta* Until 11:31AM Vanija Until 2:07PM <b>Ekadashi</b> Until 2:59AM Sun	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:50AM <b>Sunset:</b> 3:53PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							<b>Subha Sivaloka Day</b> Margasira-Karttikai
Until 7:46PM								
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Dvodashyam Titau				London, UK
Mesha Rasi: 5.07	Tithi 12	721513465	<b>Gulika</b> 1:52PM – 2:53PM <b>Yama</b> 11:52AM – 12:52PM <b>Rahu</b> 2:53PM – 3:53PM	<b>Ashvini</b> Until 9:59PM Varyan Until 11:43AM Bava Until 3:47PM <b>Dvadashi</b> Until 4:24AM Mon	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:51AM <b>Sunset:</b> 3:53PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 9:59PM								
Then Routine Work - Prabalarishta Yoga								

<b>4</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				London, UK
Mesha Rasi: 17.29	Tithi 13	721513465	<b>Gulika</b> 12:53PM – 1:53PM <b>Yama</b> 10:52AM – 11:52AM <b>Rahu</b> 8:52AM – 9:52AM	<b>Bharani</b> Until 11:30PM Parigha* Until 11:31AM Kaulava Until 4:55PM <b>Trayodashi</b> Until 5:15AM Tue <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:52AM <b>Sunset:</b> 3:53PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 11:30PM								
Then Routine Work - Marana Yoga								

<b>5</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				London, UK
Vrishabha Rasi: 0.06	Tithi 14	721513465	<b>Gulika</b> 11:53AM – 12:53PM <b>Yama</b> 9:53AM – 10:53AM <b>Rahu</b> 1:53PM – 2:53PM	<b>Krittika</b> Until 12:18AM Wed Shiva Until 10:54AM Gara Until 5:29PM <b>Chaturdashi*</b> Until 5:31AM Wed	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:53AM <b>Sunset:</b> 3:52PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai

		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				London, UK
Vrishabha Rasi: 12.59	Tithi 15	731523465	<b>Gulika</b> 10:54AM – 11:53AM <b>Yama</b> 8:54AM – 9:54AM <b>Rahu</b> 11:53AM – 12:53PM	<b>Rohini</b> Until 12:52AM Thu Siddha Until 9:49AM Visti Until 5:28PM <b>Purnima*</b> Until 5:14AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:54AM <b>Sunset:</b> 3:52PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work	Siddha Yoga							<b>Sivaloka Day</b> Margasira-Karttikai
Until 12:52AM Thu								
Then Routine Work - Marana Yoga								

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				London, UK
Vrishabha Rasi: 26.1	Tithi 16	732523465	<b>Gulika</b> 9:55AM – 10:54AM <b>Yama</b> 7:55AM – 8:55AM <b>Rahu</b> 12:53PM – 1:53PM	<b>Mrigashira</b> Until 12:48AM Fri Sadhya Until 8:20AM Balava Until 4:55PM <b>Prathama*</b> Until 4:27AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:55AM <b>Sunset:</b> 3:52PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work	Marana Yoga							<b>Devaloka Day</b> Margasira-Karttikai
Until 12:48AM Fri								
Then Creative Work - Siddha Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

London, UK

Sutra 243

Vikarin 5121

Mithuna Rasi: 9.35 Tithi 17

732523465

Gulika

8:56AM – 9:55AM

Yama

1:53PM – 2:53PM

Rahu

10:55AM – 11:54AM

Ardra Until 12:09AM Sat

Subha Until 6:28AM

Taitila Until 3:56PM

Dvitiya Until 3:16AM Sat

Ganesha: Clear

Sunrise: 7:56AM

Muruqa: Clear

Sunset: 3:52PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1 Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Brahma Yoga Vanija/Visti\* Karana Tritiyayam Titau

London, UK

Sutra 244

Vikarin 5121

Mithuna Rasi: 23.15 Tithi 18

742523465

Gulika

7:57AM – 8:57AM

Yama

12:54PM – 1:54PM

Rahu

9:56AM – 10:55AM

Punarvasu Until 11:29PM

Brahma Until 1:49AM Sun

Vanija Until 2:34PM

Tritiya Until 1:45AM Sun

Ganesha: Purple

Sunrise: 7:57AM

Muruqa: Clear

Sunset: 3:52PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2 Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Bava/Balava Karana Chaturthayam Titau

London, UK

Sutra 245

Vikarin 5121

Kataka Rasi: 7.06 Tithi 19

742523465

Gulika

1:54PM – 2:53PM

Yama

11:55AM – 12:55PM

Rahu

2:53PM – 3:52PM

Pushya Until 10:25PM

Indra Until 11:11PM

Bava Until 12:55PM

Chaturthi\* Until 12:00AM Mon

Ganesha: Purple

Sunrise: 7:58AM

Muruqa: Clear

Sunset: 3:52PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3 Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau

London, UK

Sutra 246

Vikarin 5121

Kataka Rasi: 21.05 Tithi 20

742523465

Gulika

12:55PM – 1:54PM

Yama

10:57AM – 11:56AM

Rahu

8:58AM – 9:57AM

Ashlesha\* Until 9:02PM

Vaidhriti\* Until 8:24PM

Kaulava Until 11:04AM

Panchami Until 10:04PM

Ganesha: Purple

Sunrise: 7:59AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Family Home Evening

Until 9:02PM

Then Routine Work - Marana Yoga

4 Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

London, UK

Sutra 247

Vikarin 5121

Simha Rasi: 5.1 Tithi 21

852523465

Gulika

11:56AM – 12:55PM

Yama

9:58AM – 10:57AM

Rahu

1:55PM – 2:54PM

Magha\* Until 7:50PM

Vishkambha\* Until 5:33PM

Gara Until 9:06AM

Shashthi\* Until 8:03PM

Ganesha: Purple

Sunrise: 8:00AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

5 Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

London, UK

Sutra 248

Vikarin 5121

Simha Rasi: 19.19 Tithi 22 – 23

852523465

Gulika

10:58AM – 11:57AM

Yama

9:00AM – 9:59AM

Rahu

11:57AM – 12:56PM

Purvaphalguni Until 6:27PM

Priti Until 2:40PM

Visti Until 7:02AM

Saptami Until 5:59PM

Ganesha: Purple

Sunrise: 8:01AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

London, UK

Sutra 249

Vikarin 5121

Kanya Rasi: 3.28 Tithi 23 – 24

852523465

Gulika

9:59AM – 10:58AM

Yama

8:01AM – 9:00AM

Rahu

12:56PM – 1:55PM

Uttaraphalguni Until 4:55PM

Ayushman Until 11:44AM

Taitila Until 2:53AM Fri

Ashtami\* Until 3:54PM

Ganesha: Purple

Sunrise: 8:01AM

Muruqa: Clear

Sunset: 3:53PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 4:55PM

Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

London, UK

Sutra 250

Vikarin 5121

Kanya Rasi: 17.37 Tithi 24 – 25

862523465

Gulika

9:01AM – 10:00AM

Yama

1:56PM – 2:55PM

Rahu

10:59AM – 11:58AM

Hasta Until 3:41PM

Saubhagya Until 8:50AM

Vanija Until 12:51AM Sat

Navami\* Until 1:50PM

Ganesha: Clear

Sunrise: 8:02AM

Muruqa: Clear

Sunset: 3:54PM

Nataraja: Clear

Moon – Green

Devaloka Day

Margasira-Markali

Creative Work Amrita Yoga

Until 3:41PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	London, UK Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 1.44	Tithi 25 – 26	862523465	<b>Gulika</b> 8:02AM – 9:01AM <b>Yama</b> 12:57PM – 1:56PM <b>Rahu</b> 10:00AM – 10:59AM	<b>Chitra</b> Until 2:22PM Athiganda* Until 6:00AM Bava Until 10:54PM Dashami Until 11:51AM	<b>Ganesha:</b> Clear <i>Sunrise: 8:02AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:54PM</i> <b>Nataraja:</b> Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	<b>Margasira-Markali</b>	<b>Devaloka Day</b>
Until 2:22PM					
Then Creative Work - Siddha Yoga					

<b>2</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	London, UK Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 15.47	Tithi 26 – 27	862523465	<b>Gulika</b> 1:57PM – 2:56PM <b>Yama</b> 11:59AM – 12:58PM <b>Rahu</b> 2:56PM – 3:55PM	<b>Svati</b> Until 1:03PM Sukarma Until 12:33AM Mon Kaulava Until 9:07PM Ekadashi* Until 9:58AM	<b>Ganesha:</b> Clear <i>Sunrise: 8:03AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:55PM</i> <b>Nataraja:</b> Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	<b>Margasira-Markali</b>	<b>Devaloka Day</b>
Until 1:03PM					
Then Routine Work - Marana Yoga					

<b>3</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau	London, UK Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 29.44	Tithi 27 – 28	872523465	<b>Gulika</b> 12:58PM – 1:57PM <b>Yama</b> 11:00AM – 11:59AM <b>Rahu</b> 9:02AM – 10:01AM	<b>Vishakha</b> Until 12:13PM Dhriti Until 10:07PM Gara Until 7:34PM Dvadashi* Until 8:17AM	<b>Ganesha:</b> White <i>Sunrise: 8:03AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:55PM</i> <b>Nataraja:</b> Clear Moon – Orange
<b>Family Home Evening</b>	Marana Yoga		Day 3 of Pancha Ganapati	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 12:13PM					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>					

<b>4</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	London, UK Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 13.31	Tithi 28 – 29	872523465	<b>Gulika</b> 12:00PM – 12:59PM <b>Yama</b> 10:02AM – 11:01AM <b>Rahu</b> 1:58PM – 2:57PM	<b>Anuradha</b> Until 11:31AM Shula* Until 7:54PM Visti Until 6:19PM Trayodashi* Until 6:52AM	<b>Ganesha:</b> White <i>Sunrise: 8:04AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:56PM</i> <b>Nataraja:</b> Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 11:31AM					
Then Routine Work - Marana Yoga					

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	London, UK Sun 12 Sutra 255 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 11:01AM – 12:00PM <b>Yama</b> 9:03AM – 10:02AM <b>Rahu</b> 12:00PM – 12:59PM	<b>Jyeshtha*</b> Until 11:02AM Ganda* Until 6:02PM Catuspada Until 5:29PM Amavasya* Until 5:14AM Thu	<b>Ganesha:</b> White <i>Sunrise: 8:04AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:57PM</i> <b>Nataraja:</b> Clear Moon – Orange
Vrischika Rasi: 27.05	Tithi 30	872523465	Day 5 of Pancha Ganapati	<b>Margasira-Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
Until 11:02AM					
Then Routine Work - Marana Yoga					

<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	London, UK Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 10.25	Tithi 1	883523466	<b>Gulika</b> 10:03AM – 11:02AM <b>Yama</b> 8:05AM – 9:04AM <b>Rahu</b> 1:00PM – 1:59PM	<b>Mula*</b> Until 11:19AM Vriddhi Until 4:34PM Kintughna Until 5:09PM Prathama* Until 5:10AM Fri	<b>Ganesha:</b> Orange <i>Sunrise: 8:05AM</i> <b>Muruqa:</b> Clear <i>Sunset: 3:57PM</i> <b>Nataraja:</b> Orange Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvilyayam Titau		London, UK
Dhanus Rasi: 23.27	Tithi 2	<b>Gulika</b> 9:04AM – 10:03AM	<b>Purvashadha* Until 11:59AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:05AM	Sun 14 Sutra 257
		Yama 2:00PM – 2:59PM	Dhruva Until 3:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:58PM	Vikarin 5121
		883523466 <b>Rahu</b> 11:02AM – 12:01PM	Balava Until 5:22PM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Routine Work	Prabalarishta Yoga		<b>Dvitiya Until 5:42AM Sat</b>	Moon – Light Blue		3rd Phase
Until 11:59AM				<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila Karana Tritiyayam Titau		London, UK
Makara Rasi: 6.12	Tithi 3	<b>Gulika</b> 8:05AM – 9:04AM	<b>Uttarashadha Until 1:04PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:05AM	Sun 15 Sutra 258
		Yama 1:01PM – 2:00PM	Vyaghata* Until 2:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:59PM	Vikarin 5121
		883523466 <b>Rahu</b> 10:03AM – 11:03AM	Taitila Until 6:12PM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Routine Work	Marana Yoga		<b>Tritiya Until 6:49AM Sun</b>	Moon – Light Blue		3rd Phase
Until 1:04PM				<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		London, UK
Makara Rasi: 18.41	Tithi 3 – 4	<b>Gulika</b> 2:01PM – 3:00PM	<b>Shravana Until 3:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:05AM	Sun 16 Sutra 259
		Yama 12:02PM – 1:02PM	Harshana Until 2:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:00PM	Vikarin 5121
		893523466 <b>Rahu</b> 3:00PM – 4:00PM	Vanija Until 7:37PM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Amrita Yoga		<b>Tritiya Until 6:49AM</b>	Moon – Purple		3rd Phase
Until 3:02PM				<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		London, UK
Kumbha Rasi: 0.56	Tithi 4 – 5	<b>Gulika</b> 1:02PM – 2:02PM	<b>Dhanishtha Until 5:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:05AM	Sun 17 Sutra 260
<b>Family Home Evening</b>		Yama 11:04AM – 12:03PM	Vajra* Until 3:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:01PM	Vikarin 5121
		893523466 <b>Rahu</b> 9:05AM – 10:04AM	Bava Until 9:31PM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Chaturthi* Until 8:29AM</b>	Moon – Purple		3rd Phase
				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		London, UK
Kumbha Rasi: 13.01	Tithi 5 – 6	<b>Gulika</b> 12:03PM – 1:03PM	<b>Shatabhishak Until 7:50PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:05AM	Sun 18 Sutra 261
		Yama 10:04AM – 11:04AM	Siddhi Until 3:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:02PM	Vikarin 5121
		893523466 <b>Rahu</b> 2:03PM – 3:02PM	Kaulava Until 11:48PM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Routine Work	Marana Yoga		<b>Panchami Until 10:36AM</b>	Moon – Purple		3rd Phase
				<b>Pausha-Markali</b>		<b>Devaloka Day</b>

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		London, UK
Kumbha Rasi: 24.57	Tithi 6 – 7	<b>Gulika</b> 11:05AM – 12:04PM	<b>Purvaproshtapada* Until 10:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:05AM	Sun 19 Sutra 262
		Yama 9:05AM – 10:05AM	Vyatipata* Until 4:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:04PM	Vikarin 5121
		813623466 <b>Rahu</b> 12:04PM – 1:04PM	Gara Until 2:17AM Thu	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Amrita Yoga		<b>Shashthi* Until 1:01PM</b>	Moon – Clear		3rd Phase
Until 10:54PM				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>				Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		London, UK
Meena Rasi: 6.5	Tithi 7 – 8	<b>Gulika</b> 10:05AM – 11:05AM	<b>Uttaraproshtapada Until 1:48AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:05AM	Sun 20 Sutra 263
		Yama 8:05AM – 9:05AM	Variyan Until 5:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:05PM	Vikarin 5121
		813623466 <b>Rahu</b> 1:05PM – 2:05PM	Visti Until 4:46AM Fri	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Saptami Until 3:31PM</b>	Moon – Clear		3rd Phase
				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		London, UK
Meena Rasi: 18.44	Tithi 8 – 9	<b>Gulika</b> 9:05AM – 10:05AM	<b>Revati Until 4:23AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:05AM	Sun 21 Sutra 264
		Yama 2:06PM – 3:06PM	Parigha* Until 5:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:06PM	Vikarin 5121
		813623466 <b>Rahu</b> 11:05AM – 12:05PM	Balava Until 7:02AM Sat	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Ashtami* Until 5:55PM</b>	Moon – Clear		Ashtami
				<b>Pausha-Markali</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		London, UK
Mesha Rasi: 0.43	Tithi 9	<b>Gulika</b> 8:05AM – 9:05AM	<b>Ashvini Until 6:54AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:05AM	Sun 22 Sutra 265
		Yama 1:06PM – 2:06PM	Shiva Until 6:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:07PM	Vikarin 5121
		823623466 <b>Rahu</b> 10:05AM – 11:05AM	Balava Until 7:02AM	<b>Nataraja:</b> Orange		Moon 12 - Phase 36
Creative Work	Siddha Yoga		<b>Navami* Until 8:01PM</b>	Moon – White		Navami
Until 6:54AM Sun				<b>Pausha-Markali</b>		<b>Devaloka Day</b>
Then Routine Work - Prabalarishta Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1 Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dashamyam Titau				London, UK Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 12.52	Tithi 10	<b>Gulika</b> 2:07PM – 3:08PM	<b>Ashvini Until 6:54AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:04AM	<i>Sunset:</i> 4:08PM	Moon 12 - Phase 37
		Yama 12:06PM – 1:07PM	Siddha Until 6:27PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 3:08PM – 4:08PM	Taitila Until 8:54AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga			Moon – White		<b>Devaloka Day</b>
Until 6:54AM		<b>Subramuniyaswami Jayanti</b>	<b>Dashami Until 9:36PM</b>	<b>Pausha-Markali</b>		
Then Routine Work - Prabararishta Yoga						

<b>2 Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				London, UK Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 25.14	Tithi 11	<b>Gulika</b> 1:07PM – 2:08PM	<b>Bharani Until 8:44AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:04AM	<i>Sunset:</i> 4:10PM	Moon 12 - Phase 37
<b>Family Home Evening</b>		Yama 11:06AM – 12:07PM	Sadhya Until 6:06PM	<b>Muruqa:</b> Clear		4th Phase
Creative Work	Siddha Yoga	823623466 <b>Rahu</b> 9:05AM – 10:05AM	Vanija Until 10:11AM	<b>Nataraja:</b> Orange		
Until 8:44AM		<b>Vaikuntha Ekadasi</b>	<b>Ekadashi Until 10:33PM</b>	Moon – White		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>		

<b>3 Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Dvadashyam Titau				London, UK Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 7.54	Tithi 12	<b>Gulika</b> 12:07PM – 1:08PM	<b>Krittika Until 9:45AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:03AM	<i>Sunset:</i> 4:11PM	Moon 12 - Phase 37
		Yama 10:05AM – 11:06AM	Subha Until 5:13PM	<b>Muruqa:</b> Clear		4th Phase
	823623466	<b>Rahu</b> 2:09PM – 3:10PM	Bava Until 10:47AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:47PM</b>	Moon – White		<b>Devaloka Day</b>
Until 9:45AM				<b>Pausha-Markali</b>		
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				London, UK Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 20.55	Tithi 13	<b>Gulika</b> 11:06AM – 12:08PM	<b>Rohini Until 10:22AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:03AM	<i>Sunset:</i> 4:12PM	Moon 12 - Phase 37
		Yama 9:04AM – 10:05AM	Sukla Until 3:44PM	<b>Muruqa:</b> Clear		4th Phase
	833623466	<b>Rahu</b> 12:08PM – 1:09PM	Kaulava Until 10:38AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Trayodashi Until 10:17PM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata</i>

<b>5 Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				London, UK Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 4.18	Tithi 14	<b>Gulika</b> 10:05AM – 11:07AM	<b>Mrigashira Until 10:09AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:02AM	<i>Sunset:</i> 4:14PM	Moon 12 - Phase 37
		Yama 8:02AM – 9:04AM	Brahma Until 1:44PM	<b>Muruqa:</b> Clear		4th Phase
	834623466	<b>Rahu</b> 1:09PM – 2:11PM	Gara Until 9:48AM	<b>Nataraja:</b> Orange		
Routine Work	Marana Yoga		<b>Chaturdashi* Until 9:07PM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha-Markali</b>		

<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				London, UK Sutra 271 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:04AM – 10:05AM	<b>Ardra Until 9:10AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 8:02AM	<i>Sunset:</i> 4:15PM	Moon 12 - Phase 37
Mithuna Rasi: 18.04	Tithi 15	Yama 2:12PM – 3:13PM	Indra Until 11:16AM	<b>Muruqa:</b> Clear		Purnima
		834623466 <b>Rahu</b> 11:07AM – 12:08PM	Visti Until 8:19AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Purnima* Until 7:22PM</b>	Moon – Yellow		<b>Devaloka Day</b>
		<b>Penumbral Lunar Eclipse</b>		<b>Pausha-Markali</b>		
		<b>Ardra Darshanam</b>				

<b>Saturday, January 11, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				London, UK Sutra 272 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:01AM – 9:03AM	<b>Punarvasu Until 7:59AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 8:01AM	<i>Sunset:</i> 4:16PM	Moon 12 - Phase 37
Kataka Rasi: 2.09	Tithi 16 – 17	Yama 1:11PM – 2:13PM	Vaidhriti* Until 8:22AM	<b>Muruqa:</b> Clear		Prathama
		844623466 <b>Rahu</b> 10:05AM – 11:07AM	Balava Until 6:20AM	<b>Nataraja:</b> Orange		
Creative Work	Siddha Yoga		<b>Prathama* Until 5:10PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha-Markali</b>		



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 16.29 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

London, UK

Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

2:14PM - 3:16PM

Pushya Until 6:17AM

Ganesha: White

Sunrise: 8:01AM

Yama

12:09PM - 1:11PM

Priti Until 1:51AM Mon

Muruqa: Clear

Sunset: 4:18PM

Moon 1 - Phase 38

Rahu

3:16PM - 4:18PM

Vanija Until 1:21AM Mon

Nataraja: Orange

Moon - Blue

Sivaloka Day

Pausha-Markali

1

Monday, January 13, 2020

Simha Rasi: 0.59 Tithi 18 - 19

Family Home Evening

854623466

Routine Work Marana Yoga

Until 2:21AM Tue

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2

London, UK

Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

1:12PM - 2:14PM

Magha\* Until 2:21AM Tue

Ganesha: Clear

Sunrise: 8:00AM

Yama

11:07AM - 12:10PM

Ayushman Until 10:24PM

Muruqa: Clear

Sunset: 4:19PM

Moon 1 - Phase 38

Rahu

9:02AM - 10:05AM

Bava Until 10:39PM

Nataraja: Orange

Moon - Red

Devaloka Day

Pausha-Markali

2

Tuesday, January 14, 2020

Simha Rasi: 15.32 Tithi 19 - 20

Creative Work Siddha Yoga

854623466

Until 12:23AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 3

London, UK

Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

12:10PM - 1:13PM

Purvaphalguni Until 12:23AM Wed

Ganesha: Clear

Sunrise: 7:59AM

Yama

10:05AM - 11:07AM

Saubhagya Until 6:58PM

Muruqa: Clear

Sunset: 4:21PM

Moon 1 - Phase 38

Rahu

2:15PM - 3:18PM

Kaulava Until 7:57PM

Nataraja: Orange

Moon - Red

Devaloka Day

Pausha-Thai

Thai Pongal

Chaturthi\* Until 9:16AM

3

Wednesday, January 15, 2020

Kanya Rasi: 0.02 Tithi 20 - 21

Creative Work Amrita Yoga

854623466

Until 10:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Alhiganda\* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Sun 4

London, UK

Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

11:07AM - 12:10PM

Uttaraphalguni Until 10:26PM

Ganesha: Clear

Sunrise: 7:58AM

Yama

9:01AM - 10:04AM

Sobhana Until 3:40PM

Muruqa: Clear

Sunset: 4:22PM

Moon 1 - Phase 38

Rahu

12:10PM - 1:13PM

Vanija Until 4:11AM Thu

Nataraja: Orange

Moon - Red

Devaloka Day

Pausha-Thai

Panchami Until 6:38AM

4

Thursday, January 16, 2020

Kanya Rasi: 14.25 Tithi 22

Routine Work Marana Yoga

864623466

Until 9:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5

London, UK

Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Gulika

10:04AM - 11:07AM

Hasta Until 9:00PM

Ganesha: Purple

Sunrise: 7:57AM

Yama

7:57AM - 9:01AM

Athiganda\* Until 12:30PM

Muruqa: Clear

Sunset: 4:24PM

Moon 1 - Phase 38

Rahu

1:14PM - 2:17PM

Visti Until 3:04PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Pausha-Thai

Saptami Until 1:59AM Fri

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 28.38 Tithi 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

London, UK

Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Gulika

9:00AM - 10:04AM

Chitra Until 7:43PM

Ganesha: Purple

Sunrise: 7:56AM

Yama

2:18PM - 3:22PM

Sukarma Until 9:35AM

Muruqa: Clear

Sunset: 4:26PM

Moon 1 - Phase 38

Rahu

11:07AM - 12:11PM

Balava Until 1:01PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Pausha-Thai

Ashtami\* Until 12:06AM Sat

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 12.37 Tithi 24

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

London, UK

Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Gulika

7:56AM - 8:59AM

Svati Until 6:39PM

Ganesha: Purple

Sunrise: 7:56AM

Yama

1:15PM - 2:19PM

Dhriti Until 6:56AM

Muruqa: Clear

Sunset: 4:27PM

Moon 1 - Phase 38

Rahu

10:03AM - 11:07AM

Taitila Until 11:19AM

Nataraja: Orange

Moon - Green

Sivaloka Day

Pausha-Thai

Navami\* Until 10:35PM


<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				London, UK
			Vishakha Nakshatra Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8
	Tula Rasi: 26.23	Tithi 25	<b>Gulika</b> 2:20PM – 3:25PM	<b>Vishakha</b> Until 6:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:54AM	Vikarin 5121
			Yama 12:12PM – 1:16PM	Ganda* Until 2:30AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 <b>Rahu</b> 3:25PM – 4:29PM	Vanija Until 9:58AM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Dashami</b> Until 9:26PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			


<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				London, UK
			Anuradha Nakshatra Vriddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 9
	Vrischika Rasi: 9.56	Tithi 26	<b>Gulika</b> 1:17PM – 2:21PM	<b>Anuradha</b> Until 6:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:53AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 11:07AM – 12:12PM	Vriddhi Until 12:45AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:30PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 8:58AM – 10:03AM	Bava Until 9:01AM	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Ekadashi*</b> Until 8:40PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				London, UK
			Jyeshtha* Nakshatra Dhruva Yoga Kaulava/Tailita Karana Dvadashyam Titau				Sun 10
	Vrischika Rasi: 23.16	Tithi 27	<b>Gulika</b> 12:12PM – 1:17PM	<b>Jyeshtha*</b> Until 6:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:52AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:02AM – 11:07AM	Dhruva Until 11:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:32PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	875623466 <b>Rahu</b> 2:22PM – 3:27PM	Kaulava Until 8:27AM	<b>Nataraja:</b> Orange		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:18PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 6:05PM				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				London, UK
			Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 11
	Dhanus Rasi: 6.23	Tithi 28	<b>Gulika</b> 11:07AM – 12:13PM	<b>Mula*</b> Until 6:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:51AM	Vikarin 5121
			Yama 8:57AM – 10:02AM	Vyaghata* Until 10:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:13PM – 1:18PM	Gara Until 8:18AM	<b>Nataraja:</b> Orange		2nd Phase	
Until 6:51PM			<b>Trayodashi*</b> Until 8:21PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<b>Pradosha Vrata (Fasting)</b>			

<b>5</b>	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				London, UK
			Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 12
	Dhanus Rasi: 19.17	Tithi 29	<b>Gulika</b> 10:01AM – 11:07AM	<b>Purvashadha*</b> Until 7:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:50AM	Vikarin 5121
			Yama 7:50AM – 8:56AM	Harshana Until 9:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:18PM – 2:24PM	Visti* Until 8:34AM	<b>Nataraja:</b> Orange		2nd Phase	
Until 7:51PM			<b>Chaturdashi*</b> Until 8:50PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				London, UK
	<b>Retreat Star</b>		Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13
	Makara Rasi: 2	Tithi 30	<b>Gulika</b> 8:55AM – 10:01AM	<b>Uttarashadha</b> Until 9:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:49AM	Vikarin 5121
			Yama 2:25PM – 3:31PM	Vajra* Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 11:07AM – 12:13PM	Catuspada Until 9:15AM	<b>Nataraja:</b> Orange		Amavasya	
			<b>Amavasya*</b> Until 9:44PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				London, UK
	<b>Retreat Star</b>		Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14
	Makara Rasi: 14.31	Tithi 1	<b>Gulika</b> 7:48AM – 8:54AM	<b>Shravana</b> Until 11:08PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:48AM	Vikarin 5121
			Yama 1:20PM – 2:26PM	Siddhi Until 8:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	995623466 <b>Rahu</b> 10:00AM – 11:07AM	Kintughna Until 10:23AM	<b>Nataraja:</b> Orange		Prathama	
			<b>Prathama*</b> Until 11:05PM	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>		<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				London, UK
Makara Rasi: 26.5	Tithi 2	<b>Gulika</b>	2:27PM – 3:34PM	<b>Dhanishtha Until 1:21AM Mon</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:46AM	Sun 15	Sutra 287
		Yama	12:13PM – 1:20PM	Vyatipata* Until 8:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM		Vikarin 5121
		995723466 <b>Rahu</b>	3:34PM – 4:41PM	Balava Until 11:56AM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Routine Work	Marana Yoga			<b>Dvitiya Until 12:50AM Mon</b>	Moon – Purple			<b>Devaloka Day</b>
Until 1:21AM Mon					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				London, UK
Kumbha Rasi: 9	Tithi 3	<b>Gulika</b>	1:21PM – 2:28PM	<b>Shatabhishak Until 3:45AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:45AM	Sun 16	Sutra 288
<b>Family Home Evening</b>		Yama	11:06AM – 12:14PM	Variyan Until 9:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM		Vikarin 5121
Creative Work	Siddha Yoga	995723466 <b>Rahu</b>	8:52AM – 9:59AM	Taitila Until 1:52PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Until 3:45AM Tue				<b>Tritiya Until 2:56AM Tue</b>	Moon – Purple			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					<b>Magha-Thai</b>			

<b>3</b>		<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				London, UK
Kumbha Rasi: 21.02	Tithi 4	<b>Gulika</b>	12:14PM – 1:21PM	<b>Purvaproshtapada* Until 6:44AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:43AM	Sun 17	Sutra 289
		Yama	9:59AM – 11:06AM	Parigha* Until 10:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM		Vikarin 5121
		915723466 <b>Rahu</b>	2:29PM – 3:37PM	Vanija Until 4:06PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Routine Work	Marana Yoga			<b>Chaturthi* Until 5:18AM Wed</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 6:44AM Wed					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Bava Karana Panchamyam Titau				London, UK
Meena Rasi: 2.58	Tithi 5	<b>Gulika</b>	11:06AM – 12:14PM	<b>Purvaproshtapada* Until 6:44AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:42AM	Sun 18	Sutra 290
		Yama	8:50AM – 9:58AM	Shiva Until 10:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM		Vikarin 5121
		915723466 <b>Rahu</b>	12:14PM – 1:22PM	Bava Until 6:34PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Amrita Yoga			<b>Panchami Until 7:49AM Thu</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 6:44AM					<b>Magha-Thai</b>			
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				London, UK
Meena Rasi: 14.5	Tithi 5 – 6	<b>Gulika</b>	9:57AM – 11:06AM	<b>Uttaraproshtapada Until 9:41AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:41AM	Sun 19	Sutra 291
		Yama	7:41AM – 8:49AM	Siddha Until 11:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:48PM		Vikarin 5121
		915723466 <b>Rahu</b>	1:23PM – 2:31PM	Kaulava Until 9:06PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Siddha Yoga			<b>Panchami Until 7:49AM</b>	Moon – Clear			<b>Sivaloka Day</b>
Until 12:26PM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>6</b>		<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				London, UK
Meena Rasi: 26.43	Tithi 6 – 7	<b>Gulika</b>	8:48AM – 9:57AM	<b>Revati Until 12:26PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:39AM	Sun 20	Sutra 292
		Yama	2:32PM – 3:41PM	Sadhya Until 12:25AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM		Vikarin 5121
		916723466 <b>Rahu</b>	11:06AM – 12:14PM	Gara Until 11:32PM	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	3rd Phase
Creative Work	Siddha Yoga			<b>Shashthi* Until 10:19AM</b>	Moon – Clear			<b>Devaloka Day</b>
Until 12:26PM					<b>Magha-Thai</b>			
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				London, UK
Mesha Rasi: 8.39	Tithi 7 – 8	<b>Gulika</b>	7:39AM – 8:48AM	<b>Ashvini Until 3:20PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:39AM	Sun 21	Sutra 293
		Yama	1:23PM – 2:32PM	Subha Until 12:57AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM		Vikarin 5121
		926723466 <b>Rahu</b>	9:57AM – 11:06AM	Visti Until 1:40AM Sun	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	Ashtami
Creative Work	Siddha Yoga			<b>Saptami Until 12:38PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 5:39PM					<b>Magha-Thai</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				London, UK
Mesha Rasi: 20.43	Tithi 8 – 9	<b>Gulika</b>	2:33PM – 3:42PM	<b>Bharani Until 5:39PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:38AM	Sun 22	Sutra 294
		Yama	12:15PM – 1:24PM	Sukla Until 1:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM		Vikarin 5121
		926723466 <b>Rahu</b>	3:42PM – 4:51PM	Balava Until 3:18AM Mon	<b>Nataraja:</b> Orange		Moon 1 - Phase 40	Navami
Routine Work	Prabalarishta Yoga			<b>Ashtami* Until 2:32PM</b>	Moon – White			<b>Bhuloka Day</b>
Until 5:39PM					<b>Magha-Thai</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		London, UK Sun 23 Sutra 295 Vikarin 5121
<b>1</b>	926723466	<b>Gulika</b> 1:24PM – 2:34PM <b>Yama</b> 11:05AM – 12:15PM <b>Rahu</b> 8:46AM – 9:55AM	<b>Krittika Until 7:12PM</b> Brahma Until 12:42AM Tue Taitila Until 4:13AM Tue Navami* Until 3:50PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:36AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 4:53PM <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>
Vrisha Rasi: 3.01 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Marana Yoga Until 7:12PM Then Creative Work - Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		London, UK Sun 24 Sutra 296 Vikarin 5121
<b>2</b>	936723467	<b>Gulika</b> 12:15PM – 1:25PM <b>Yama</b> 9:55AM – 11:05AM <b>Rahu</b> 2:35PM – 3:45PM	<b>Rohini Until 8:20PM</b> Indra Until 11:44PM Vanija Until 4:19AM Wed Dashami Until 4:21PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:34AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>
Vrisha Rasi: 15.37 Tithi 10 – 11 936723467 Creative Work Amrita Yoga Until 8:20PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>		

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		London, UK Sun 25 Sutra 297 Vikarin 5121
<b>3</b>	936723467	<b>Gulika</b> 11:04AM – 12:15PM <b>Yama</b> 8:43AM – 9:54AM <b>Rahu</b> 12:15PM – 1:25PM	<b>Mrigashira Until 8:29PM</b> Vaidhriti* Until 10:05PM Bava Until 3:35AM Thu Ekadashi Until 4:02PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:33AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>
Vrisha Rasi: 28.37 Tithi 11 – 12 936723467 Creative Work Siddha Yoga		<b>Devaloka Day</b>		

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		London, UK Sun 26 Sutra 298 Vikarin 5121
<b>4</b>	936723467	<b>Gulika</b> 9:53AM – 11:04AM <b>Yama</b> 7:31AM – 8:42AM <b>Rahu</b> 1:26PM – 2:37PM	<b>Ardra Until 7:41PM</b> Vishkambha* Until 7:48PM Kaulava Until 2:03AM Fri Dvadashi Until 2:54PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:31AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>
Mithuna Rasi: 12.02 Tithi 12 – 13 936723467 Routine Work Marana Yoga Until 7:41PM Then Creative Work - Amrita Yoga		<b>Devaloka Day</b> <i>Pradosha Vrata</i>		

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		London, UK Sun 27 Sutra 299 Vikarin 5121
<b>5</b>	947723467	<b>Gulika</b> 8:41AM – 9:52AM <b>Yama</b> 2:38PM – 3:49PM <b>Rahu</b> 11:04AM – 12:15PM	<b>Punarvasu Until 6:28PM</b> Priti Until 4:57PM Gara Until 11:50PM Trayodashi Until 1:00PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:30AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>
Mithuna Rasi: 25.56 Tithi 13 – 14 947723467 Creative Work Siddha Yoga Until 6:28PM Then Routine Work - Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushmani/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		London, UK Sun 28 Sutra 300 Vikarin 5121
<b>○</b>	947723467	<b>Gulika</b> 7:28AM – 8:40AM <b>Yama</b> 1:27PM – 2:39PM <b>Rahu</b> 9:51AM – 11:03AM	<b>Pushya Until 4:31PM</b> Ayushman Until 1:36PM Visti Until 9:03PM Chaturdashi* Until 10:29AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:28AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>
Kataka Rasi: 10.16 Tithi 14 – 15 947723467 Creative Work Siddha Yoga Until 4:31PM Then Routine Work - Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		London, UK Sun 29 Sutra 301 Vikarin 5121
<b>○</b>	947723467	<b>Gulika</b> 2:40PM – 3:52PM <b>Yama</b> 12:15PM – 1:27PM <b>Rahu</b> 3:52PM – 5:04PM	<b>Ashlesha* Until 2:01PM</b> Saubhagya Until 9:54AM Kaulava Until 4:13AM Mon Purnima* Until 7:30AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:26AM <b>Muruḡa:</b> Clear <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Thai</b>
Kataka Rasi: 24.56 Tithi 15 – 16 947723467 Creative Work Siddha Yoga Until 2:01PM Then Routine Work - Marana Yoga		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		





**Monday, February 10, 2020**  
**Gold Retreat Star**

Simha Rasi: 9.51 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 11:33AM  
Then Creative Work - Siddha Yoga

957723467  
Rahu

**Gulika** 1:28PM – 2:40PM  
Yama 11:02AM – 12:15PM  
**Rahu** 8:37AM – 9:50AM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Magha\* Until 11:33AM**  
Athiganda\* Until 6:00AM  
Taitila Until 2:31PM  
**Dvitiya Until 12:47AM Tue**

**Ganesha:** Red *Sunrise:* 7:24AM  
**Muruqa:** Clear *Sunset:* 5:06PM  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

London, UK  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

**1**

**Tuesday, February 11, 2020**

Simha Rasi: 24.52 Tithi 18  
Creative Work Siddha Yoga  
Until 8:52AM  
Then Creative Work - Amrita Yoga

957723467  
Rahu

**Gulika** 12:15PM – 1:28PM  
Yama 9:49AM – 11:02AM  
**Rahu** 2:41PM – 3:55PM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Purvaphalguni Until 8:52AM**  
Sukarma Until 9:57PM  
Vanija Until 11:06AM  
**Tritiya Until 9:24PM**

**Ganesha:** Red *Sunrise:* 7:23AM  
**Muruqa:** Clear *Sunset:* 5:08PM  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

London, UK  
Sun 1  
Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

**2**

**Wednesday, February 12, 2020**

Kanya Rasi: 9.49 Tithi 19  
Creative Work Amrita Yoga  
Until 6:08AM  
Then Routine Work - Marana Yoga

957723467  
Rahu

**Gulika** 11:02AM – 12:15PM  
Yama 8:34AM – 9:48AM  
**Rahu** 12:15PM – 1:29PM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau

**Uttaraphalguni Until 6:08AM**  
Dhriti Until 6:07PM  
Bava Until 7:47AM  
**Chaturthi\* Until 6:11PM**

**Ganesha:** Red *Sunrise:* 7:21AM  
**Muruqa:** Clear *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**Maha Sankatahara Chaturthi**

London, UK  
Sun 2  
Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

**3**

**Thursday, February 13, 2020**

Kanya Rasi: 24.35 Tithi 20 – 21  
Creative Work Siddha Yoga

968723467  
Rahu

**Gulika** 9:47AM – 11:01AM  
Yama 7:19AM – 8:33AM  
**Rahu** 1:29PM – 2:43PM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Chitra Until 1:58AM Fri**  
Shula\* Until 2:32PM  
Gara Until 2:03AM Fri  
**Panchami Until 3:19PM**

**Ganesha:** White *Sunrise:* 7:19AM  
**Muruqa:** Clear *Sunset:* 5:11PM  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

London, UK  
Sun 3  
Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

**4**

**Friday, February 14, 2020**

Tula Rasi: 9.04 Tithi 21 – 22  
Creative Work Siddha Yoga

968723467  
Rahu

**Gulika** 8:32AM – 9:46AM  
Yama 2:44PM – 3:59PM  
**Rahu** 11:01AM – 12:15PM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhdi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Svati Until 12:23AM Sat**  
Ganda\* Until 11:20AM  
Visti Until 11:54PM  
**Shashthi\* Until 12:53PM**

**Ganesha:** White *Sunrise:* 7:17AM  
**Muruqa:** Clear *Sunset:* 5:13PM  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

London, UK  
Sun 4  
Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

**5**

**Saturday, February 15, 2020**  
**Retreat Star**

Tula Rasi: 23.11 Tithi 22 – 23  
Creative Work Siddha Yoga

978723467  
Rahu

**Gulika** 7:15AM – 8:30AM  
Yama 1:30PM – 2:45PM  
**Rahu** 9:45AM – 11:00AM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Vridhdi/Dhruva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Vishakha Until 11:39PM**  
Vridhdi Until 8:35AM  
Balava Until 10:19PM  
**Saptami Until 11:01AM**

**Ganesha:** Clear *Sunrise:* 7:15AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

London, UK  
Sun 5  
Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

**Sunday, February 16, 2020**  
**Retreat Star**

Vrischika Rasi: 6.56 Tithi 23 – 24  
Routine Work Marana Yoga

978723467  
Rahu

**Gulika** 2:46PM – 4:01PM  
Yama 12:15PM – 1:30PM  
**Rahu** 4:01PM – 5:17PM

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Anuradha Until 11:23PM**  
Dhruva Until 6:17AM  
Taitila Until 9:22PM  
**Ashtami\* Until 9:44AM**

**Ganesha:** Clear *Sunrise:* 7:13AM  
**Muruqa:** Clear *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

London, UK  
Sun 6  
Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami


<b>1</b>	<b>Monday, February 17, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	London, UK
			Sun 7 Sutra 309
	Vrischika Rasi: 20.19 Tithi 24 – 25	<b>Gulika</b> 1:31PM – 2:47PM <b>Jyeshtha* Until 11:33PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:11AM
	<b>Family Home Evening</b> 978723467 <b>Rahu</b> 8:27AM – 9:43AM	Yama 10:59AM – 12:15PM Harshana Until 3:12AM Tue Vanija Until 9:01PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:19PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Orange
Creative Work Siddha Yoga		<b>Navami* Until 9:06AM</b>	<b>Devaloka Day</b>
		<b>Magha-Masi</b>	

<b>2</b>	<b>Tuesday, February 18, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	London, UK
			Sun 8 Sutra 310
	Dhanus Rasi: 3.23 Tithi 25 – 26	<b>Gulika</b> 12:15PM – 1:31PM <b>Mula* Until 12:36AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:09AM
	988723467 <b>Rahu</b> 2:48PM – 4:04PM	Yama 9:42AM – 10:58AM Vajra* Until 2:19AM Wed Bava Until 9:16PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:20PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Light Blue
Creative Work Amrita Yoga		<b>Dashami Until 9:03AM</b>	<b>Bhuloka Day</b>
		<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>	<b>Wednesday, February 19, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	London, UK
			Sun 9 Sutra 311
	Dhanus Rasi: 16.11 Tithi 26 – 27	<b>Gulika</b> 10:58AM – 12:15PM <b>Purvashadha* Until 1:58AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:07AM
	988723467 <b>Rahu</b> 12:15PM – 1:32PM	Yama 8:24AM – 9:41AM Siddhi Until 1:49AM Thu Kaulava Until 10:01PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:22PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Light Blue
Creative Work Amrita Yoga		<b>Ekadashi* Until 9:34AM</b>	<b>Bhuloka Day</b>
Until 1:58AM Thu		<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Routine Work - Marana Yoga			

<b>4</b>	<b>Thursday, February 20, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau	London, UK
			Sun 10 Sutra 312
	Dhanus Rasi: 28.45 Tithi 27 – 28	<b>Gulika</b> 9:40AM – 10:57AM <b>Uttarashadha Until 3:35AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:05AM
	989823467 <b>Rahu</b> 1:32PM – 2:49PM	Yama 7:05AM – 8:23AM Vyatipata* Until 1:40AM Fri Gara Until 11:12PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:24PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Light Blue
Routine Work Marana Yoga		<b>Dvadashi* Until 10:32AM</b>	<b>Bhuloka Day</b>
		<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
		<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Friday, February 21, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	London, UK
			Sun 11 Sutra 313
	Makara Rasi: 11.08 Tithi 28 – 29	<b>Gulika</b> 8:21AM – 9:39AM <b>Shravana Until 5:52AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:03AM
	999823467 <b>Rahu</b> 10:57AM – 12:15PM	Yama 2:50PM – 4:08PM Variyan Until 1:45AM Sat Visti Until 12:45AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:26PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Purple
Routine Work Marana Yoga		<b>Trayodashi* Until 11:55AM</b>	<b>Bhuloka Day</b>
Until 5:52AM Sat	<b>Mahasivaratri (Lunar)</b>	<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga	<b>Mahasivaratri (Solar)</b>		

	<b>Saturday, February 22, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	London, UK
	<b>Retreat Star</b>		Sun 12 Sutra 314
	Makara Rasi: 23.23 Tithi 29 – 30	<b>Gulika</b> 7:01AM – 8:20AM <b>Dhanishtha Until 8:16AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:01AM
	999823467 <b>Rahu</b> 9:38AM – 10:56AM	Yama 1:33PM – 2:51PM Parigha* Until 2:04AM Sun Catuspada Until 2:36AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:28PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Purple
Creative Work Siddha Yoga		<b>Chaturdashi* Until 1:37PM</b>	<b>Bhuloka Day</b>
		<b>Magha-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>

	<b>Sunday, February 23, 2020</b>	Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	London, UK
	<b>Retreat Star</b>		Sun 13 Sutra 315
	Kumbha Rasi: 5.31 Tithi 30 – 1	<b>Gulika</b> 2:52PM – 4:11PM <b>Dhanishtha Until 8:16AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:59AM
	999823467 <b>Rahu</b> 4:11PM – 5:29PM	Yama 12:14PM – 1:33PM Shiva Until 2:36AM Mon Kintughna Until 4:42AM Mon	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:29PM Moon 2 - Phase 43 <b>Nataraja:</b> Clear Moon – Purple
Routine Work Marana Yoga		<b>Amavasya* Until 3:36PM</b>	<b>Bhuloka Day</b>
Until 8:16AM		<b>Phalgun-Masi</b>	<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga			

<b>1</b>		<b>Monday, February 24, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvilyayam Titau	London, UK
Kumbha Rasi: 17.33	Tithi 1 – 2	<b>Gulika</b>	1:33PM – 2:53PM	<b>Shatabhishak</b> Until 10:43AM	<b>Ganesha:</b> Light Blue	Sunrise: 6:57AM	Sun 14 Sutra 316
<b>Family Home Evening</b>	999823467	<b>Yama</b>	10:55AM – 12:14PM	Siddha Until 3:15AM Tue	<b>Muruqa:</b> Clear	Sunset: 5:31PM	Vikarin 5121
Creative Work Siddha Yoga		<b>Rahu</b>	8:17AM – 9:36AM	Balava Until 7:00AM Tue	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 10:43AM				<b>Prathama*</b> Until 5:48PM	Moon – Purple		3rd Phase
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>2</b>		<b>Tuesday, February 25, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvilyayam Titau	London, UK
Kumbha Rasi: 29.31	Tithi 2	<b>Gulika</b>	12:14PM – 1:34PM	<b>Purvaproshtapada*</b> Until 1:41PM	<b>Ganesha:</b> Orange	Sunrise: 6:55AM	Sun 15 Sutra 317
		<b>Yama</b>	9:35AM – 10:54AM	Sadhya Until 4:02AM Wed	<b>Muruqa:</b> Clear	Sunset: 5:33PM	Vikarin 5121
Routine Work Marana Yoga	919823467	<b>Rahu</b>	2:53PM – 4:13PM	Balava Until 7:00AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 1:41PM				<b>Dvitiya</b> Until 8:11PM	Moon – Clear		3rd Phase
Then Creative Work - Amrita Yoga					<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

<b>3</b>		<b>Wednesday, February 26, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau	London, UK
Meena Rasi: 11.25	Tithi 3	<b>Gulika</b>	10:54AM – 12:14PM	<b>Uttaraproshtapada</b> Until 4:36PM	<b>Ganesha:</b> Orange	Sunrise: 6:53AM	Sun 16 Sutra 318
		<b>Yama</b>	8:13AM – 9:34AM	Subha Until 4:55AM Thu	<b>Muruqa:</b> Clear	Sunset: 5:35PM	Vikarin 5121
Creative Work Siddha Yoga	919823467	<b>Rahu</b>	12:14PM – 1:34PM	Taitila Until 9:27AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 4:36PM				<b>Tritiya</b> Until 10:41PM	Moon – Clear		3rd Phase
Then Routine Work - Marana Yoga					<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

<b>4</b>		<b>Thursday, February 27, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sukla Yoga Vanija/Vishti* Karana Chaturthyam Titau	London, UK
Meena Rasi: 23.16	Tithi 4	<b>Gulika</b>	9:32AM – 10:53AM	<b>Revati</b> Until 7:25PM	<b>Ganesha:</b> Orange	Sunrise: 6:51AM	Sun 17 Sutra 319
		<b>Yama</b>	6:51AM – 8:12AM	Sukla Until 5:45AM Fri	<b>Muruqa:</b> Clear	Sunset: 5:36PM	Vikarin 5121
Creative Work Siddha Yoga	919823467	<b>Rahu</b>	1:34PM – 2:55PM	Vanija Until 11:58AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 7:25PM				<b>Chaturthi*</b> Until 1:12AM Fri	Moon – Clear		3rd Phase
Then Creative Work - Amrita Yoga					<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	
				<b>Subramuniyaswami Siva Vision Day</b>			

<b>5</b>		<b>Friday, February 28, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau	London, UK
Mesha Rasi: 5.08	Tithi 5	<b>Gulika</b>	8:10AM – 9:31AM	<b>Ashvini</b> Until 10:29PM	<b>Ganesha:</b> Purple	Sunrise: 6:49AM	Sun 18 Sutra 320
		<b>Yama</b>	2:56PM – 4:17PM	Brahma Until 6:31AM Sat	<b>Muruqa:</b> Clear	Sunset: 5:38PM	Vikarin 5121
Creative Work Amrita Yoga	921823467	<b>Rahu</b>	10:52AM – 12:14PM	Bava Until 2:27PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 10:29PM				<b>Panchami</b> Until 3:37AM Sat	Moon – White		3rd Phase
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>6</b>		<b>Saturday, February 29, 2020</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shashthyam Titau	London, UK
Mesha Rasi: 17.04	Tithi 6	<b>Gulika</b>	6:47AM – 8:08AM	<b>Bharani</b> Until 1:10AM Sun	<b>Ganesha:</b> Purple	Sunrise: 6:47AM	Sun 19 Sutra 321
		<b>Yama</b>	1:35PM – 2:57PM	Brahma Until 6:31AM	<b>Muruqa:</b> Clear	Sunset: 5:40PM	Vikarin 5121
Creative Work Siddha Yoga	921823467	<b>Rahu</b>	9:30AM – 10:52AM	Kaulava Until 4:45PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
				<b>Shashthi*</b> Until 5:45AM Sun	Moon – White		3rd Phase
					<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara Karana Saptamyam Titau	London, UK
Mesha Rasi: 29.05	Tithi 7	<b>Gulika</b>	2:58PM – 4:21PM	<b>Krittika</b> Until 3:16AM Mon	<b>Ganesha:</b> Purple	Sunrise: 6:43AM	Sun 20 Sutra 322
		<b>Yama</b>	12:13PM – 1:36PM	Indra Until 7:05AM	<b>Muruqa:</b> Orange	Sunset: 5:43PM	Vikarin 5121
Creative Work Siddha Yoga	921833467	<b>Rahu</b>	4:21PM – 5:43PM	Gara Until 6:41PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 3:16AM Mon				<b>Saptami</b> Until 7:25AM Mon	Moon – White		3rd Phase
Then Creative Work - Amrita Yoga					<b>Phalguna-Masi</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau	London, UK
Vrishabha Rasi: 11.19	Tithi 7 – 8	<b>Gulika</b>	1:36PM – 2:59PM	<b>Rohini</b> Until 5:04AM Tue	<b>Ganesha:</b> Clear	Sunrise: 6:40AM	Sun 21 Sutra 323
<b>Family Home Evening</b>	931833467	<b>Yama</b>	10:50AM – 12:13PM	Vaidhriti* Until 7:14AM	<b>Muruqa:</b> Orange	Sunset: 5:45PM	Vikarin 5121
Creative Work Amrita Yoga		<b>Rahu</b>	8:03AM – 9:27AM	Visti Until 8:01PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
Until 5:04AM Tue				<b>Saptami</b> Until 7:25AM	Moon – Yellow		Ashtami
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

<b>Tuesday, March 3, 2020</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau	London, UK
Vrishabha Rasi: 23.49	Tithi 8 – 9	<b>Gulika</b>	12:13PM – 1:36PM	<b>Mrigashira</b> Until 5:55AM Wed	<b>Ganesha:</b> Clear	Sunrise: 6:38AM	Sun 22 Sutra 324
		<b>Yama</b>	9:25AM – 10:49AM	Vishkambha* Until 6:54AM	<b>Muruqa:</b> Orange	Sunset: 5:47PM	Vikarin 5121
Creative Work Siddha Yoga	931833467	<b>Rahu</b>	3:00PM – 4:23PM	Balava Until 8:36PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 44
				<b>Ashtami*</b> Until 8:23AM	Moon – Yellow		Navami
					<b>Phalguna-Masi</b>	<b>Devaloka Day</b>	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashanyam Titau		London, UK Sun 23 Sutra 325 Vikarin 5121	
Mithuna Rasi: 6.42	Tithi 9 – 10	<b>Gulika</b> 10:48AM – 12:12PM	<b>Ardra</b> Until 5:47AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM		
		Yama 8:00AM – 9:24AM	Ayushman Until 4:18AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45	
	931833467	<b>Rahu</b> 12:12PM – 1:36PM	Taitila Until 8:19PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 8:33AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 5:47AM Thu				<b>Phalguna-Masi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		London, UK Sun 24 Sutra 326 Vikarin 5121	
Mithuna Rasi: 20.02	Tithi 10 – 11	<b>Gulika</b> 9:23AM – 10:47AM	<b>Punarvasu</b> Until 5:05AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM		
		Yama 6:34AM – 7:58AM	Saubhagya Until 1:58AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 45	
	141833467	<b>Rahu</b> 1:37PM – 3:01PM	Vanija Until 7:09PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 7:49AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
Until 5:05AM Fri				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau		London, UK Sun 25 Sutra 327 Vikarin 5121	
Kataka Rasi: 3.52	Tithi 11 – 12	<b>Gulika</b> 7:57AM – 9:22AM	<b>Pushya</b> Until 3:29AM Sat	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM		
		Yama 3:02PM – 4:27PM	Sobhana Until 11:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:52PM	Moon 2 - Phase 45	
	141833467	<b>Rahu</b> 10:47AM – 12:12PM	Balava Until 3:53AM Sat	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi Until 6:14AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau		London, UK Sun 26 Sutra 328 Vikarin 5121	
Kataka Rasi: 18.11	Tithi 13	<b>Gulika</b> 6:29AM – 7:55AM	<b>Ashlesha*</b> Until 1:07AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:29AM		
		Yama 1:37PM – 3:03PM	Athiganda* Until 7:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:54PM	Moon 2 - Phase 45	
	141833467	<b>Rahu</b> 9:20AM – 10:46AM	Kaulava Until 2:29PM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi Until 12:54AM Sun</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

*Pradosha Vrata*

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau		London, UK Sun 27 Sutra 329 Vikarin 5121	
Simha Rasi: 2.56	Tithi 14	<b>Gulika</b> 3:03PM – 4:29PM	<b>Magha*</b> Until 10:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM		
		Yama 12:11PM – 1:37PM	Sukarma Until 3:34PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:55PM	Moon 2 - Phase 45	
	151833467	<b>Rahu</b> 4:29PM – 5:55PM	Gara Until 11:15AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 9:27PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 10:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau		London, UK Sun 28 Sutra 330 Vikarin 5121	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:38PM – 3:04PM	<b>Purvaphalguni</b> Until 7:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM		
Simha Rasi: 18.02	Tithi 15 – 16	Yama 10:45AM – 12:11PM	Dhriti Until 11:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:57PM	Moon 2 - Phase 45	
<b>Family Home Evening</b>	152833467	<b>Rahu</b> 7:51AM – 9:18AM	Visti Until 7:38AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima* Until 5:43PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalguna-Masi</b>			

<b>○</b>		<b>Tuesday, March 10, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		London, UK Sun 29 Sutra 331 Vikarin 5121	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:11PM – 1:38PM	<b>Uttaraphalguni</b> Until 4:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM		
Kanya Rasi: 3.18	Tithi 16 – 17	Yama 9:17AM – 10:44AM	Shula* Until 7:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 45	
	152833467	<b>Rahu</b> 3:05PM – 4:32PM	Taitila Until 11:59PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama* Until 1:53PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 4:22PM				<b>Phalguna-Masi</b>			
Then Creative Work - Siddha Yoga							



<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau		London, UK	
Dhanus Rasi: 25.53	Tithi 25	<b>Gulika</b>	<b>10:38AM – 12:09PM</b>	<b>Purvashadha* Until 7:29AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:05AM	Sun 8 Sutra 339
		Yama	7:36AM – 9:07AM	Variyan Until 6:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:12PM	Vikarin 5121
		182933468 <b>Rahu</b>	<b>12:09PM – 1:39PM</b>	Vanija Until 10:21AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga			<b>Dashami Until 10:57PM</b>	Moon – Light Blue		2nd Phase
					<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau		London, UK	
Makara Rasi: 8.17	Tithi 26	<b>Gulika</b>	<b>9:05AM – 10:37AM</b>	<b>Uttarashadha Until 9:10AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:02AM	Sun 9 Sutra 340
		Yama	6:02AM – 7:34AM	Parigha* Until 6:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:14PM	Vikarin 5121
		182933468 <b>Rahu</b>	<b>1:40PM – 3:11PM</b>	Bava Until 11:42AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga			<b>Ekadashi* Until 12:32AM Fri</b>	Moon – Light Blue		2nd Phase
Until 9:10AM					<b>Phalguna-Panguni</b>		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		London, UK	
Makara Rasi: 20.29	Tithi 27	<b>Gulika</b>	<b>7:32AM – 9:04AM</b>	<b>Shravana Until 11:37AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Sun 10 Sutra 341
		Yama	3:12PM – 4:44PM	Shiva Until 6:23AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:16PM	Vikarin 5121
		192933468 <b>Rahu</b>	<b>10:36AM – 12:08PM</b>	Kaulava Until 1:30PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Routine Work	Marana Yoga			<b>Dvadashi* Until 2:29AM Sat</b>	Moon – Purple		2nd Phase
Until 11:37AM					<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		London, UK	
Kumbha Rasi: 2.34	Tithi 28	<b>Gulika</b>	<b>5:58AM – 7:30AM</b>	<b>Dhanishtha Until 2:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 11 Sutra 342
		Yama	1:40PM – 3:13PM	Siddha Until 6:53AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:17PM	Vikarin 5121
		192933468 <b>Rahu</b>	<b>9:03AM – 10:35AM</b>	Gara Until 3:36PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga			<b>Trayodashi* Until 4:42AM Sun</b>	Moon – Purple		2nd Phase
Until 2:12PM					<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		London, UK	
Kumbha Rasi: 14.32	Tithi 29	<b>Gulika</b>	<b>3:13PM – 4:46PM</b>	<b>Shatabhishak Until 4:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	Sun 12 Sutra 343
		Yama	12:07PM – 1:40PM	Sadhya Until 7:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:19PM	Vikarin 5121
		192933468 <b>Rahu</b>	<b>4:46PM – 6:19PM</b>	Visti Until 5:53PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 7:03AM Mon</b>	Moon – Purple		2nd Phase
					<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		London, UK	
Kumbha Rasi: 26.27	Tithi 29 – 30	<b>Gulika</b>	<b>1:40PM – 3:14PM</b>	<b>Purvaproshtapada* Until 7:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:53AM	Sun 13 Sutra 344
<b>Family Home Evening</b>		Yama	10:34AM – 12:07PM	Subha Until 8:22AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
Routine Work	Marana Yoga	113933468 <b>Rahu</b>	<b>7:27AM – 9:00AM</b>	Catuspada Until 8:17PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Until 7:51PM				<b>Chaturdashi* Until 7:03AM</b>	Moon – Clear		Amavasya
Then Creative Work - Siddha Yoga					<b>Phalguna-Panguni</b>		<b>Sivaloka Day</b>

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		London, UK	
Meena Rasi: 8.2	Tithi 30 – 1	<b>Gulika</b>	<b>12:07PM – 1:41PM</b>	<b>Uttaraproshtapada Until 10:47PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Sun 14 Sutra 345
		Yama	8:59AM – 10:33AM	Sukla Until 9:12AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:22PM	Vikarin 5121
		113933468 <b>Rahu</b>	<b>3:15PM – 4:49PM</b>	Kintughna Until 10:43PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga			<b>Amavasya* Until 9:28AM</b>	Moon – Clear		Prathama
Until 10:47PM		<b>Yugadhi</b>			<b>Chaitra-Panguni</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		London, UK Sun 15 Sutra 346 Vikarin 5121	
Meena Rasi: 20.13	Tithi 1 – 2	<b>Gulika</b> 10:32AM – 12:06PM	<b>Revati Until 1:33AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM		
		Yama 7:23AM – 8:58AM	Brahma Until 10:04AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 48	
		113933468 <b>Rahu</b> 12:06PM – 1:41PM	Balava Until 1:10AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Prathama* Until 11:55AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 1:33AM Thu				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		London, UK Sun 16 Sutra 347 Vikarin 5121	
Mesha Rasi: 2.07	Tithi 2 – 3	<b>Gulika</b> 8:56AM – 10:31AM	<b>Ashvini Until 4:36AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM		
		Yama 5:46AM – 7:21AM	Indra Until 10:55AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 1:41PM – 3:16PM	Taitila Until 3:33AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Dvitiya Until 2:21PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 4:36AM Fri		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		London, UK Sun 17 Sutra 348 Vikarin 5121	
Mesha Rasi: 14.01	Tithi 3 – 4	<b>Gulika</b> 7:20AM – 8:55AM	<b>Bharani Until 7:19AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		
		Yama 3:17PM – 4:52PM	Vaidhriti* Until 11:41AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 10:30AM – 12:06PM	Vanija Until 5:47AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 4:40PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 7:19AM Sat				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Visti* Karana Chaturthyam Titau		London, UK Sun 18 Sutra 349 Vikarin 5121	
Mesha Rasi: 25.59	Tithi 4	<b>Gulika</b> 5:42AM – 7:18AM	<b>Bharani Until 7:19AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM		
		Yama 1:41PM – 3:17PM	Vishkambha* Until 12:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 8:54AM – 10:30AM	Visti Until 6:47PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 6:47PM</b>	Moon – White		<b>Sivaloka Day</b>	
Until 7:19AM				<b>Chaitra•Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		London, UK Sun 19 Sutra 350 Vikarin 5121	
Vrishabha Rasi: 8.04	Tithi 5	<b>Gulika</b> 3:18PM – 4:54PM	<b>Krittika Until 9:37AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:40AM		
		Yama 12:05PM – 1:42PM	Priti Until 12:46PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 48	
		123933468 <b>Rahu</b> 4:54PM – 6:31PM	Bava Until 7:44AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 8:33PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		London, UK Sun 20 Sutra 351 Vikarin 5121	
Vrishabha Rasi: 20.19	Tithi 6	<b>Gulika</b> 1:42PM – 3:19PM	<b>Rohini Until 11:50AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:37AM		
<b>Family Home Evening</b>		Yama 10:28AM – 12:05PM	Ayushman Until 12:50PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 7:14AM – 8:51AM	Kaulava Until 9:16AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 9:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		London, UK Sun 21 Sutra 352 Vikarin 5121	
Mithuna Rasi: 2.48	Tithi 7	<b>Gulika</b> 12:05PM – 1:42PM	<b>Mrigashira Until 1:17PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:35AM		
		Yama 8:50AM – 10:27AM	Saubhagya Until 12:26PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 3:19PM – 4:57PM	Gara Until 10:13AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 10:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
Until 1:17PM				<b>Chaitra•Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		London, UK Sun 22 Sutra 353 Vikarin 5121	
Mithuna Rasi: 15.37	Tithi 8	<b>Gulika</b> 10:27AM – 12:05PM	<b>Ardra Until 1:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:35AM		
		Yama 7:13AM – 8:50AM	Sobhana Until 11:29AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 48	
		133933468 <b>Rahu</b> 12:05PM – 1:42PM	Visti Until 10:26AM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Chaitra•Panguni</b>			

<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda*/Sukarna Yoga Balava/Kaulava Karana Navamyam Titau		London, UK Sun 23 Sutra 354 Vikarin 5121	
Mithuna Rasi: 28.5	Tithi 9	<b>Gulika</b> 8:49AM – 10:26AM	<b>Punarvasu Until 1:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:33AM		
		Yama 5:33AM – 7:11AM	Athiganda* Until 9:52AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 48	
		143933468 <b>Rahu</b> 1:42PM – 3:20PM	Balava Until 9:51AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Amrita Yoga		<b>Navami* Until 9:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>	
		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1 Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			London, UK Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 12.3	Tithi 10	<b>Gulika</b> 7:09AM – 8:47AM	<b>Pushya</b> Until 1:08PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:31AM	
		Yama 3:21PM – 4:59PM	Sukarma Until 7:37AM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:37PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:26AM – 12:04PM	Taitila Until 8:26AM	<b>Nataraja:</b> Purple	4th Phase
				Moon – Blue	<b>Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami</b> Until 7:25PM	<b>Chaitra•Panguni</b>	

<b>2 Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			London, UK Sun 25 Sutra 356 Vikarin 5121
Kataka Rasi: 26.4	Tithi 11 – 12	<b>Gulika</b> 5:28AM – 7:07AM	<b>Ashlesha*</b> Until 11:24AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM	
		Yama 1:43PM – 3:21PM	Shula* Until 1:20AM Sun	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 8:46AM – 10:25AM	Vanija Until 6:15AM	<b>Nataraja:</b> Purple	4th Phase
Until 11:24AM				Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga			<b>Ekadashi</b> Until 4:54PM	<b>Chaitra•Panguni</b>	

<b>3 Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			London, UK Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 11.16	Tithi 12 – 13	<b>Gulika</b> 3:22PM – 5:01PM	<b>Magha*</b> Until 9:19AM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:26AM	
		Yama 12:03PM – 1:43PM	Ganda* Until 9:29PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:41PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	153933468 <b>Rahu</b> 5:01PM – 6:41PM	Kaulava Until 12:05AM Mon	<b>Nataraja:</b> Purple	4th Phase
Until 9:19AM				Moon – Red	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga			<b>Dvadashi</b> Until 1:47PM	<b>Chaitra•Panguni</b>	
			<i>Pradosha Vrata</i>		

<b>4 Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			London, UK Sun 27 Sutra 358 Vikarin 5121
Simha Rasi: 26.15	Tithi 13 – 14	<b>Gulika</b> 1:43PM – 3:23PM	<b>Purvaphalguni</b> Until 6:38AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:24AM	
<b>Family Home Evening</b>		Yama 10:23AM – 12:03PM	Vridhhi Until 5:21PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:42PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:04AM – 8:44AM	Gara Until 8:23PM	<b>Nataraja:</b> Purple	4th Phase
				Moon – Red	<b>Sivaloka Day</b>
			<b>Trayodashi</b> Until 10:15AM	<b>Chaitra•Panguni</b>	

<b>○ Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau			London, UK Sun 28 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:03PM – 1:43PM	<b>Hasta</b> Until 12:34AM Wed	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:22AM	
Kanya Rasi: 11.28	Tithi 14 – 15	Yama 8:42AM – 10:23AM	Dhruva Until 1:01PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:44PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:23PM – 5:04PM	Bava Until 2:33AM Wed	<b>Nataraja:</b> Purple	Purnima
				Moon – Green	<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>	<b>Chaturdashi*</b> Until 6:27AM	<b>Chaitra•Panguni</b>	
		<b>Hanuman Jayanti</b>			

<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Prathamayam Titau			London, UK Sun 29 Sutra 360 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:22AM – 12:03PM	<b>Chitra</b> Until 9:33PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:20AM	
Kanya Rasi: 26.47	Tithi 16	Yama 7:00AM – 8:41AM	Vyaghata* Until 8:40AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:46PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:03PM – 1:43PM	Balava Until 12:39PM	<b>Nataraja:</b> Purple	Prathama
				Moon – Green	<b>Devaloka Day</b>
			<b>Prathama*</b> Until 10:45PM	<b>Chaitra•Panguni</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

London, UK  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 11.59 Tithi 17  
164134468  
Creative Work Amrita Yoga  
Until 6:39PM  
Then Creative Work - Siddha Yoga

**Gulika** 8:40AM – 10:21AM  
Yama 5:17AM – 6:59AM  
Rahu 1:44PM – 3:25PM

**Svati Until 6:39PM**  
Vajra\* Until 12:28AM Fri  
Taitila Until 8:57AM  
Dvitiya Until 7:12PM

**Ganesha:** White *Sunrise:* 5:17AM  
**Muruqa:** Clear *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

London, UK  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 26.56 Tithi 18 – 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 6:57AM – 8:39AM  
Yama 3:25PM – 5:07PM  
Rahu 10:20AM – 12:02PM

**Vishakha Until 4:27PM**  
Siddhi Until 8:54PM  
Bava Until 2:46AM Sat  
Tritiya Until 4:06PM

**Ganesha:** Yellow *Sunrise:* 5:15AM  
**Muruqa:** Clear *Sunset:* 6:47PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

London, UK  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 11.29 Tithi 19 – 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:13AM – 6:55AM  
Yama 1:44PM – 3:26PM  
Rahu 8:37AM – 10:20AM

**Anuradha Until 2:43PM**  
Vyatipala\* Until 5:51PM  
Kaulava Until 12:36AM Sun  
Chaturthi\* Until 1:34PM

**Ganesha:** Yellow *Sunrise:* 5:13AM  
**Muruqa:** Clear *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Variyan/Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

London, UK  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Virchika Rasi: 25.34 Tithi 20 – 21  
174134468  
Routine Work Marana Yoga  
Until 1:33PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:27PM – 5:10PM  
Yama 12:02PM – 1:44PM  
Rahu 5:10PM – 6:52PM

**Jyeshtha\* Until 1:33PM**  
Variyan Until 3:23PM  
Gara Until 11:12PM  
Panchami Until 11:47AM

**Ganesha:** Yellow *Sunrise:* 5:11AM  
**Muruqa:** Clear *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

London, UK  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 9.1 Tithi 21 – 22  
184134468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 1:31PM  
Then Routine Work - Marana Yoga

**Gulika** 1:44PM – 3:28PM  
Yama 10:18AM – 12:01PM  
Rahu 6:52AM – 8:35AM

**Mula\* Until 1:31PM**  
Parigha\* Until 1:36PM  
Visti Until 10:39PM  
Shashthi\* Until 10:48AM

**Ganesha:** Blue *Sunrise:* 5:09AM  
**Muruqa:** Clear *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

Tamil New Year



**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

London, UK  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 22.17 Tithi 22 – 23  
284134468  
Creative Work Siddha Yoga  
Until 2:09PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:01PM – 1:45PM  
Yama 8:34AM – 10:17AM  
Rahu 3:28PM – 5:12PM

**Purvashadha\* Until 2:09PM**  
Shiva Until 12:30PM  
Balava Until 10:57PM  
Saptami Until 10:41AM

**Ganesha:** Yellow *Sunrise:* 5:06AM  
**Muruqa:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

London, UK  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 5.01 Tithi 23 – 24  
284134468  
Creative Work Amrita Yoga  
Until 3:24PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:17AM – 12:01PM  
Yama 6:48AM – 8:33AM  
Rahu 12:01PM – 1:45PM

**Uttarashadha Until 3:24PM**  
Siddha Until 12:00PM  
Taitila Until 11:59PM  
Ashtami\* Until 11:22AM

**Ganesha:** Yellow *Sunrise:* 5:04AM  
**Muruqa:** Clear *Sunset:* 6:57PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				London, UK
	Makara Rasi: 17.25	Tithi 24 – 25	<b>Gulika</b> 8:31AM – 10:16AM	<b>Shravana Until 5:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:02AM	Sun 8 Sutra 4
	294134468	<b>Rahu</b> 1:45PM – 3:30PM	Yama 5:02AM – 6:47AM	Sadhya Until 12:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Sarvari 5122
	Creative Work Siddha Yoga	Chidambaram Abhishekam	Navami* Until 12:44PM	Nataraja: Purple	Moon – Purple		Moon 4 - Phase 1 2nd Phase

<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				London, UK
	Makara Rasi: 29.35	Tithi 25 – 26	<b>Gulika</b> 6:45AM – 8:30AM	<b>Dhanishtha Until 8:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Sun 9 Sutra 5
	294134468	<b>Rahu</b> 10:15AM – 12:00PM	Yama 3:30PM – 5:15PM	Subha Until 12:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Sarvari 5122
	Creative Work Siddha Yoga	Dashami Until 2:37PM	Bava Until 3:43AM Sat	Nataraja: Purple	Moon – Purple		Moon 4 - Phase 1 2nd Phase

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				London, UK
	Kumbha Rasi: 11.35	Tithi 26 – 27	<b>Gulika</b> 4:58AM – 6:43AM	<b>Shatabhishak Until 10:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:58AM	Sun 10 Sutra 6
	295134468	<b>Rahu</b> 8:29AM – 10:15AM	Yama 1:46PM – 3:31PM	Sukla Until 1:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Sarvari 5122
	Creative Work Amrita Yoga	Ekadashi* Until 4:51PM	Kaulava Until 6:03AM Sun	Nataraja: Purple	Moon – Purple		Moon 4 - Phase 1 2nd Phase

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau				London, UK
	Kumbha Rasi: 23.29	Tithi 27	<b>Gulika</b> 3:32PM – 5:18PM	<b>Purvaproshtapada* Until 1:53AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM	Sun 11 Sutra 7
	215134468	<b>Rahu</b> 5:18PM – 7:04PM	Yama 12:00PM – 1:46PM	Brahma Until 2:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Sarvari 5122
	Creative Work Siddha Yoga	Dvadashi* Until 7:15PM	Kaulava Until 6:03AM	Nataraja: Purple	Moon – Clear		Moon 4 - Phase 1 2nd Phase

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				London, UK
	Meena Rasi: 5.22	Tithi 28	<b>Gulika</b> 1:46PM – 3:33PM	<b>Uttaraproshtapada Until 4:51AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	Sun 12 Sutra 8
	215134468	<b>Rahu</b> 6:40AM – 8:27AM	Yama 10:13AM – 12:00PM	Indra Until 3:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Sarvari 5122
	Creative Work Siddha Yoga	Trayodashi* Until 9:42PM	Gara Until 8:30AM	Nataraja: Purple	Moon – Clear		Moon 4 - Phase 1 2nd Phase

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				London, UK
	Meena Rasi: 17.14	Tithi 29	<b>Gulika</b> 11:59AM – 1:46PM	<b>Revati Until 7:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	Sun 13 Sutra 9
	215134468	<b>Rahu</b> 3:33PM – 5:20PM	Yama 8:26AM – 10:13AM	Vaidhriti* Until 3:53PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Sarvari 5122
	Creative Work Siddha Yoga	Chaturdashi* Until 12:06AM Wed	Visti Until 10:56AM	Nataraja: Purple	Moon – Clear		Moon 4 - Phase 1 2nd Phase

<b>●</b>	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				London, UK
	<b>Retreat Star</b>		<b>Gulika</b> 10:12AM – 11:59AM	<b>Revati Until 7:35AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Sun 14 Sutra 10
	Meena Rasi: 29.07	Tithi 30	Yama 6:37AM – 8:24AM	Vishkambha* Until 4:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Sarvari 5122
	215134468	<b>Rahu</b> 11:59AM – 1:47PM	Catuspada Until 1:17PM	Nataraja: Purple	Moon – Clear		Moon 4 - Phase 1 Amavasya

<b>●</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				London, UK
	<b>Retreat Star</b>		<b>Gulika</b> 8:23AM – 10:11AM	<b>Ashvini Until 10:31AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:48AM	Sun 15 Sutra 11
	Mesha Rasi: 11.04	Tithi 1	Yama 4:48AM – 6:36AM	Priti Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM	Sarvari 5122
	225134468	<b>Rahu</b> 1:47PM – 3:35PM	Kintughna Until 3:29PM	Nataraja: Purple	Moon – White		Moon 4 - Phase 1 Prathama

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		London, UK Sun 16 Sutra 12 Sarvari 5122	
Mesha Rasi: 23.05	Tithi 2	<b>Gulika</b> 6:34AM – 8:22AM	<b>Bharani Until 1:06PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:46AM		
		Yama 3:35PM – 5:24PM	Ayushman Until 5:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM		Moon 4 - Phase 2
225134469	<b>Rahu</b> 10:11AM – 11:59AM		Balava Until 5:28PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 6:21AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		London, UK Sun 17 Sutra 13 Sarvari 5122	
Vrishabha Rasi: 5.11	Tithi 2 – 3	<b>Gulika</b> 4:44AM – 6:32AM	<b>Krittika Until 3:16PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM		
		Yama 1:47PM – 3:36PM	Saubhagya Until 6:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM		Moon 4 - Phase 2
225134469	<b>Rahu</b> 8:21AM – 10:10AM		Taitila Until 7:11PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:21AM</b>	Moon – White		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		London, UK Sun 18 Sutra 14 Sarvari 5122	
Vrishabha Rasi: 17.26	Tithi 3 – 4	<b>Gulika</b> 3:37PM – 5:26PM	<b>Rohini Until 5:26PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:42AM		
		Yama 11:59AM – 1:48PM	Sobhana Until 6:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM		Moon 4 - Phase 2
235134469	<b>Rahu</b> 5:26PM – 7:15PM		Vanija Until 8:32PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:53AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>				<b>Vaisaka-Chaitra</b>	

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		London, UK Sun 19 Sutra 15 Sarvari 5122	
Vrishabha Rasi: 29.5	Tithi 4 – 5	<b>Gulika</b> 1:48PM – 3:38PM	<b>Mrigashira Until 7:00PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:40AM		
<b>Family Home Evening</b>		Yama 10:09AM – 11:58AM	Athiganda* Until 6:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:17PM		Moon 4 - Phase 2
235134469	<b>Rahu</b> 6:29AM – 8:19AM		Bava Until 9:27PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 9:02AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 7:00PM		<b>Adi Sankara Jayanthi</b>				<b>Vaisaka-Chaitra</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		London, UK Sun 20 Sutra 16 Sarvari 5122	
Mithuna Rasi: 12.28	Tithi 5 – 6	<b>Gulika</b> 11:58AM – 1:48PM	<b>Ardra Until 7:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:38AM		
		Yama 8:18AM – 10:08AM	Sukarma Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM		Moon 4 - Phase 2
236134469	<b>Rahu</b> 3:38PM – 5:29PM		Kaulava Until 9:49PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:41AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 7:55PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		London, UK Sun 21 Sutra 17 Sarvari 5122	
Mithuna Rasi: 25.21	Tithi 6 – 7	<b>Gulika</b> 10:08AM – 11:58AM	<b>Punarvasu Until 8:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:36AM		
		Yama 6:26AM – 8:17AM	Dhriti Until 4:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:20PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 11:58AM – 1:49PM		Gara Until 9:34PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 9:45AM</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		London, UK Sun 22 Sutra 18 Sarvari 5122	
Kataka Rasi: 8.34	Tithi 7 – 8	<b>Gulika</b> 8:16AM – 10:07AM	<b>Pushya Until 8:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:34AM		
		Yama 4:34AM – 6:25AM	Shula* Until 2:39PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 1:49PM – 3:40PM		Visti Until 8:40PM	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Amrita Yoga		<b>Saptami Until 9:11AM</b>	Moon – Blue		<b>Devaloka Day</b>	
Until 8:23PM						<b>Vaisaka-Chaitra</b>	
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhiti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		London, UK Sun 23 Sutra 19 Sarvari 5122	
Kataka Rasi: 22.09	Tithi 8 – 9	<b>Gulika</b> 6:22AM – 8:14AM	<b>Ashlesha* Until 7:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:30AM		
		Yama 3:41PM – 5:33PM	Ganda* Until 12:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM		Moon 4 - Phase 2
246134469	<b>Rahu</b> 10:06AM – 11:58AM		Balava Until 7:06PM	<b>Nataraja:</b> Clear			Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 7:57AM</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Vaisaka-Chaitra</b>	


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Navami/Dashamyam Titau			London, UK
Simha Rasi: 6.07	Tithi 9 – 10	256134469	<b>Gulika</b> 4:28AM – 6:21AM <b>Yama</b> 1:50PM – 3:42PM <b>Rahu</b> 8:13AM – 10:05AM	<b>Magha* Until 6:06PM</b> Vriddhi Until 9:45AM Gara Until 3:36AM Sun Navami* Until 6:04AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:28AM <i>Sunset:</i> 7:27PM	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Amrita Yoga Until 6:06PM Then Creative Work - Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau			London, UK
Simha Rasi: 20.29	Tithi 11	256134469	<b>Gulika</b> 3:43PM – 5:36PM <b>Yama</b> 11:57AM – 1:50PM <b>Rahu</b> 5:36PM – 7:28PM	<b>Purvaphalguni Until 4:08PM</b> Dhruva Until 6:34AM Vanija Until 2:11PM Ekadashi Until 12:38AM Mon	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:27AM <i>Sunset:</i> 7:28PM	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Siddha Yoga Until 4:08PM Then Creative Work - Amrita Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau			London, UK
Kanya Rasi: 5.11	Tithi 12	256234469	<b>Gulika</b> 1:51PM – 3:44PM <b>Yama</b> 10:04AM – 11:57AM <b>Rahu</b> 6:18AM – 8:11AM	<b>Uttaraphalguni Until 1:36PM</b> Harshana Until 11:10PM Bava Until 11:02AM Dvadashi Until 9:20PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<i>Sunrise:</i> 4:25AM <i>Sunset:</i> 7:30PM	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Family Home Evening Creative Work Siddha Yoga					<b>Devaloka Day</b>		

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			London, UK
Kanya Rasi: 20.08	Tithi 13 – 14	267234469	<b>Gulika</b> 11:57AM – 1:51PM <b>Yama</b> 8:10AM – 10:04AM <b>Rahu</b> 3:44PM – 5:38PM	<b>Hasta Until 11:05AM</b> Vajra* Until 7:09PM Kaulava Until 7:36AM Trayodashi Until 5:48PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 7:32PM	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase
Creative Work Siddha Yoga					<b>Devaloka Day</b>		
<i>Pradosha Vrata</i>							

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau			London, UK
Tula Rasi: 5.12	Tithi 14 – 15	267234469	<b>Gulika</b> 10:03AM – 11:57AM <b>Yama</b> 6:15AM – 8:09AM <b>Rahu</b> 11:57AM – 1:51PM	<b>Chitra Until 8:19AM</b> Siddhi Until 3:06PM Visti Until 12:29AM Thu Chaturdashi* Until 2:14PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:21AM <i>Sunset:</i> 7:33PM	Sun 28 Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima
Creative Work Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>			<b>Devaloka Day</b>		

<b>Thursday, May 7, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau			London, UK
Tula Rasi: 20.14	Tithi 15 – 16	277234469	<b>Gulika</b> 8:08AM – 10:03AM <b>Yama</b> 4:20AM – 6:14AM <b>Rahu</b> 1:52PM – 3:46PM	<b>Vishakha Until 3:08AM Fri</b> Vyatipata* Until 11:09AM Balava Until 9:07PM Purnima* Until 10:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 4:20AM <i>Sunset:</i> 7:35PM	Sun 29 Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama
Creative Work Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda