



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, OR  
Sutra 6

Tula Rasi: 20.55      Tithi 17

**Gulika** 5:16AM – 6:59AM  
Yama 1:52PM – 3:35PM  
274483468 **Rahu** 8:42AM – 10:26AM

**Vishakha** Until 3:28AM Sun  
Siddhi Until 4:09PM  
Taitila Until 11:51AM  
Dvitiya Until 11:01PM

**Ganesha:** Blue      *Sunrise:* 5:16AM  
**Muruqa:** Yellow      *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work      Siddha Yoga  
Until 3:28AM Sun  
Then Routine Work - Marana Yoga

**Devaloka Day**

**1**

**Sunday, April 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR  
Sun 1      Sutra 7

Vrischika Rasi: 4.46      Tithi 18

**Gulika** 3:36PM – 5:19PM  
Yama 12:09PM – 1:52PM  
274483468 **Rahu** 5:19PM – 7:03PM

**Anuradha** Until 3:13AM Mon  
Vyatipata\* Until 1:59PM  
Vanija Until 10:23AM  
Tritiya Until 9:54PM

**Ganesha:** Blue      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Routine Work      Marana Yoga  
Until 3:13AM Mon  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Monday, April 22, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Jyeshtha\* Nakshatra Varyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, OR  
Sun 2      Sutra 8

Vrischika Rasi: 18.11      Tithi 19

**Family Home Evening**

**Gulika** 1:52PM – 3:36PM  
Yama 10:25AM – 12:08PM  
274483468 **Rahu** 6:57AM – 8:41AM

**Jyeshtha\*** Until 3:35AM Tue  
Varyan Until 12:23PM  
Bava Until 9:39AM  
Chaturthi\* Until 9:33PM

**Ganesha:** Blue      *Sunrise:* 5:13AM  
**Muruqa:** Yellow      *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work      Siddha Yoga  
Until 3:35AM Tue  
Then Creative Work - Amrita Yoga

**Devaloka Day**

**3**

**Tuesday, April 23, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, OR  
Sun 3      Sutra 9

Dhanus Rasi: 1.11      Tithi 20

**Gulika** 12:08PM – 1:53PM  
Yama 8:40AM – 10:24AM  
284483468 **Rahu** 3:37PM – 5:21PM

**Mula\*** Until 5:04AM Wed  
Parigha\* Until 11:27AM  
Kaulava Until 9:43AM  
Panchami Until 10:02PM

**Ganesha:** Yellow      *Sunrise:* 5:11AM  
**Muruqa:** Yellow      *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work      Amrita Yoga

**Sivaloka Day**

**4**

**Wednesday, April 24, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR  
Sun 4      Sutra 10

Dhanus Rasi: 13.48      Tithi 21

**Gulika** 10:23AM – 12:08PM  
Yama 6:54AM – 8:39AM  
284483468 **Rahu** 12:08PM – 1:53PM

**Purvashadha\*** Until 7:08AM Thu  
Shiva Until 11:09AM  
Gara Until 10:36AM  
Shashthi\* Until 11:18PM

**Ganesha:** Yellow      *Sunrise:* 5:09AM  
**Muruqa:** Yellow      *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work      Amrita Yoga  
Until 7:08AM Thu  
Then Routine Work - Marana Yoga

**Sivaloka Day**

**5**

**Thursday, April 25, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saphtamyam Titau

Portland, OR  
Sun 5      Sutra 11

Dhanus Rasi: 26.05      Tithi 22

**Gulika** 8:38AM – 10:23AM  
Yama 5:08AM – 6:53AM  
284483469 **Rahu** 1:53PM – 3:38PM

**Purvashadha\*** Until 7:08AM  
Siddha Until 11:23AM  
Visti Until 12:12PM  
Saptami Until 1:13AM Fri

**Ganesha:** Yellow      *Sunrise:* 5:08AM  
**Muruqa:** Yellow      *Sunset:* 7:08PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

Creative Work      Siddha Yoga  
Until 7:08AM  
Then Routine Work - Marana Yoga

**Devaloka Day**

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 6      Sutra 12

Makara Rasi: 8.07      Tithi 23

**Gulika** 6:52AM – 8:37AM  
Yama 3:39PM – 5:24PM  
284583469 **Rahu** 10:22AM – 12:08PM

**Uttarashadha** Until 9:35AM  
Sadhya Until 12:04PM  
Balava Until 2:22PM  
Ashtami\* Until 3:34AM Sat

**Ganesha:** Red      *Sunrise:* 5:06AM  
**Muruqa:** Yellow      *Sunset:* 7:09PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

Routine Work      Marana Yoga

**Devaloka Day**

**Saturday, April 27, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR  
Sun 7      Sutra 13

Makara Rasi: 20.01      Tithi 24

**Gulika** 5:05AM – 6:50AM  
Yama 1:53PM – 3:39PM  
294583469 **Rahu** 8:36AM – 10:22AM

**Shravana** Until 12:44PM  
Subha Until 1:01PM  
Taitila Until 4:51PM  
Navami\* Until 6:06AM Sun

**Ganesha:** Green      *Sunrise:* 5:05AM  
**Muruqa:** Yellow      *Sunset:* 7:11PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra+Chaitra**

Vikarin 5121  
Moon 4 - Phase 2  
Navami

Creative Work      Siddha Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, OR Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 1.5	Tithi 24 – 25	<b>Gulika</b> 3:40PM – 5:26PM	<b>Dhanishtha</b> Until 3:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:03AM	
		Yama 12:07PM – 1:54PM	Sukla Until 2:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:26PM – 7:12PM	Vanija Until 7:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> Until 6:06AM	Moon – Purple		<b>Bhuloka Day</b>
Until 3:48PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, OR Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 13.4	Tithi 25 – 26	<b>Gulika</b> 1:54PM – 3:40PM	<b>Shatabhishak</b> Until 6:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:01AM	
<b>Family Home Evening</b>		Yama 10:21AM – 12:07PM	Brahma Until 2:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:48AM – 8:34AM	Bava Until 9:46PM	<b>Nataraja:</b> Clear		2nd Phase
Until 6:34PM			<b>Dashami</b> Until 8:36AM	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 25.36	Tithi 26 – 27	<b>Gulika</b> 12:07PM – 1:54PM	<b>Purvaproshtapada*</b> Until 9:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:00AM	
		Yama 8:34AM – 10:20AM	Indra Until 3:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:41PM – 5:28PM	Kaulava Until 11:47PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 10:49AM	Moon – Clear		<b>Bhuloka Day</b>
Until 9:21PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 7.42	Tithi 27 – 28	<b>Gulika</b> 10:20AM – 12:07PM	<b>Uttaraproshtapada</b> Until 11:31PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:58AM	
		Yama 6:46AM – 8:33AM	Vaidhriti* Until 3:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 12:07PM – 1:54PM	Gara Until 1:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 12:36PM	Moon – Clear		<b>Bhuloka Day</b>
Until 11:31PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 19.59	Tithi 28 – 29	<b>Gulika</b> 8:32AM – 10:19AM	<b>Revati</b> Until 1:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:57AM	
		Yama 4:57AM – 6:44AM	Vishkambha* Until 3:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:54PM – 3:42PM	Visti Until 2:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:52PM	Moon – Clear		<b>Bhuloka Day</b>
Until 1:01AM Fri				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR Sun 13 Sutra 19 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:31AM	<b>Ashvini</b> Until 2:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	
Mesha Rasi: 2.32	Tithi 29 – 30	Yama 3:43PM – 5:30PM	Priti Until 3:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:19AM – 12:07PM	Catuspada Until 2:47AM Sat	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 2:36PM	Moon – White		<b>Bhuloka Day</b>
Until 2:18AM Sat				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Saturday, May 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR Sun 14 Sutra 20 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 4:54AM – 6:42AM	<b>Bharani</b> Until 2:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	
Mesha Rasi: 15.19	Tithi 30 – 1	Yama 1:55PM – 3:43PM	Ayushman Until 2:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:30AM – 10:19AM	Kintughna Until 2:43AM Sun	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:47PM	Moon – White		<b>Bhuloka Day</b>
				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1 Sunday, May 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Portland, OR Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 28.2	Tithi 1 – 2	<b>Gulika</b> 3:44PM – 5:32PM	<b>Krittika</b> <b>Until 2:58AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:53AM</i>	Vikarin 5121
		Yama 12:07PM – 1:55PM	Saubhagya Until 1:18PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:21PM</i>	Moon 4 - Phase 4
		225583469 <b>Rahu</b> 5:32PM – 7:21PM	Balava Until 2:13AM Mon	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 2:30PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Until 2:58AM Mon					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>2 Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Portland, OR Sun 16 Sutra 22 Vikarin 5121
Wrishabha Rasi: 11.35	Tithi 2 – 3	<b>Gulika</b> 1:55PM – 3:44PM	<b>Rohini</b> <b>Until 2:56AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:51AM</i>	Vikarin 5121
<b>Family Home Evening</b>		Yama 10:18AM – 12:07PM	Sobhana Until 11:43AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:22PM</i>	Moon 4 - Phase 4
Creative Work	Amrita Yoga	235583469 <b>Rahu</b> 6:40AM – 8:29AM	Taitila Until 1:21AM Tue	<b>Nataraja:</b> Clear	3rd Phase
Until 2:56AM Tue			<b>Dvitiya</b> <b>Until 1:49PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Portland, OR Sun 17 Sutra 23 Vikarin 5121
Wrishabha Rasi: 25.03	Tithi 3 – 4	<b>Gulika</b> 12:06PM – 1:56PM	<b>Mrigashira</b> <b>Until 2:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:50AM</i>	Vikarin 5121
		Yama 8:28AM – 10:17AM	Athiganda* Until 9:50AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:23PM</i>	Moon 4 - Phase 4
		235583469 <b>Rahu</b> 3:45PM – 5:34PM	Vanija Until 12:10AM Wed	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> <b>Until 12:46PM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
		<b>Akshaya Tritiya</b>			Devaloka Time: 3:PM to 6:PM

<b>4 Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Portland, OR Sun 18 Sutra 24 Vikarin 5121
Mithuna Rasi: 8.4	Tithi 4 – 5	<b>Gulika</b> 10:17AM – 12:06PM	<b>Ardra</b> <b>Until 1:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 4:48AM</i>	Vikarin 5121
		Yama 6:38AM – 8:27AM	Sukarma Until 7:44AM	<b>Muruqa:</b> Yellow <i>Sunset: 7:24PM</i>	Moon 4 - Phase 4
		235583469 <b>Rahu</b> 12:06PM – 1:56PM	Bava Until 10:43PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 11:27AM</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Until 1:35AM Thu					Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

<b>5 Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Portland, OR Sun 19 Sutra 25 Vikarin 5121
Mithuna Rasi: 22.27	Tithi 5 – 6	<b>Gulika</b> 8:27AM – 10:17AM	<b>Punarvasu</b> <b>Until 12:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:47AM</i>	Vikarin 5121
		Yama 4:47AM – 6:37AM	Shula* Until 2:59AM Fri	<b>Muruqa:</b> Yellow <i>Sunset: 7:26PM</i>	Moon 4 - Phase 4
		245583469 <b>Rahu</b> 1:56PM – 3:46PM	Kaulava Until 9:04PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> <b>Until 9:54AM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Until 12:48AM Fri					
Then Routine Work - Marana Yoga					

<b>6 Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Portland, OR Sun 20 Sutra 26 Vikarin 5121
Kataka Rasi: 6.2	Tithi 6 – 7	<b>Gulika</b> 6:36AM – 8:26AM	<b>Pushya</b> <b>Until 11:40PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 4:46AM</i>	Vikarin 5121
		Yama 3:47PM – 5:37PM	Ganda* Until 12:22AM Sat	<b>Muruqa:</b> Yellow <i>Sunset: 7:27PM</i>	Moon 4 - Phase 4
		245583469 <b>Rahu</b> 10:16AM – 12:06PM	Gara Until 7:13PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 8:09AM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau			Portland, OR Sun 21 Sutra 27 Vikarin 5121
Kataka Rasi: 20.22	Tithi 7 – 8	<b>Gulika</b> 4:44AM – 6:35AM	<b>Ashlesha* Until 10:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:44AM</i>	Vikarin 5121
		Yama 1:57PM – 3:47PM	Vriddhi Until 9:38PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:28PM</i>	Moon 4 - Phase 4
		246583469 <b>Rahu</b> 8:25AM – 10:16AM	Bava Until 4:05AM Sun	<b>Nataraja:</b> Clear	Ashtami
Routine Work	Marana Yoga		<b>Saptami</b> <b>Until 6:12AM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Until 10:14PM					
Then Creative Work - Amrita Yoga					


<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau			Portland, OR Sun 22 Sutra 28 Vikarin 5121
Simha Rasi: 4.29	Tithi 9	<b>Gulika</b> 3:48PM – 5:38PM	<b>Magha* Until 8:55PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:43AM</i>	Vikarin 5121
		Yama 12:06PM – 1:57PM	Dhruva Until 6:44PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:29PM</i>	Moon 4 - Phase 4
		256583469 <b>Rahu</b> 5:38PM – 7:29PM	Balava Until 3:00PM	<b>Nataraja:</b> Clear	Navami
Routine Work	Marana Yoga		<b>Navami* Until 1:50AM Mon</b>	<b>Vaisaka-Chaitra</b>	<b>Bhuloka Day</b>
Until 8:55PM		<b>Mother's Day</b>			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

<b>1</b>		<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau		Portland, OR Sun 23 Sutra 29
Simha Rasi: 18.43	Tithi 10	<b>Gulika</b> 1:57PM – 3:48PM	<b>Purvaphalguni</b> Until 7:22PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	Vikarin 5121
Family Home Evening	256583469	Yama 10:15AM – 12:06PM	Vyaghata* Until 3:46PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	<b>Rahu</b> 6:33AM – 8:24AM	Taitila Until 12:41PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:29PM	Moon – Red		
				<b>Vaisaka-Chaitra</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

<b>2</b>		<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 24 Sutra 30
Kanya Rasi: 2.59	Tithi 11	<b>Gulika</b> 12:06PM – 1:58PM	<b>Uttaraphalguni</b> Until 5:37PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:41AM	Vikarin 5121
	256583469	Yama 8:24AM – 10:15AM	Harshana Until 12:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 5
Creative Work	Amrita Yoga	<b>Rahu</b> 3:49PM – 5:40PM	Vanija Until 10:19AM	<b>Nataraja:</b> Clear		4th Phase
Until 5:37PM			<b>Ekadashi</b> Until 9:06PM	Moon – Red		
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau		Portland, OR Sun 25 Sutra 31
Kanya Rasi: 17.16	Tithi 12	<b>Gulika</b> 10:15AM – 12:06PM	<b>Hasta</b> Until 4:11PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:40AM	Vikarin 5121
	266583469	Yama 6:31AM – 8:23AM	Vajra* Until 9:44AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 5
Routine Work	Marana Yoga	<b>Rahu</b> 12:06PM – 1:58PM	Bava Until 7:56AM	<b>Nataraja:</b> Clear		4th Phase
Until 4:11PM			<b>Dvadashi</b> Until 6:45PM	Moon – Green		
Then Creative Work - Siddha Yoga				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>4</b>		<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyailpata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 26 Sutra 32
Tula Rasi: 1.3	Tithi 13 – 14	<b>Gulika</b> 8:22AM – 10:14AM	<b>Chitra</b> Until 2:45PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:39AM	Vikarin 5121
	266583469	Yama 4:39AM – 6:30AM	Siddhi Until 6:49AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 5
Creative Work	Siddha Yoga	<b>Rahu</b> 1:58PM – 3:50PM	Gara Until 3:35AM Fri	<b>Nataraja:</b> Clear		4th Phase
Until 2:45PM			<b>Trayodashi</b> Until 4:34PM	Moon – Green		
Then Creative Work - Amrita Yoga				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
						<i>Pradosha Vrata</i>

		<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sun 27 Sutra 33
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:30AM – 8:22AM	<b>Svati</b> Until 1:26PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:37AM	Vikarin 5121
Tula Rasi: 15.35	Tithi 14 – 15	Yama 3:51PM – 5:43PM	Variyan Until 1:37AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 5
	266583469	<b>Rahu</b> 10:14AM – 12:06PM	Visti Until 1:52AM Sat	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:39PM	Moon – Green		
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sun 28 Sutra 34
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:36AM – 6:29AM	<b>Vishakha</b> Until 12:48PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:36AM	Vikarin 5121
Tula Rasi: 29.26	Tithi 15 – 16	Yama 1:59PM – 3:51PM	Parigha* Until 11:32PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:36PM	Moon 4 - Phase 5
	276583469	<b>Rahu</b> 8:21AM – 10:14AM	Balava Until 12:36AM Sun	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 1:09PM	Moon – Orange		
				<b>Vaisaka-Vaikasi</b>		<b>Bhuloka Day</b>
						Devaloka Time: 3:PM to 6:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Sunday, May 19, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 13.01 Tithi 16 – 17  
Routine Work Marana Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
Gulika 3:52PM – 5:45PM  
Yama 12:06PM – 1:59PM  
Rahu 5:45PM – 7:37PM

**Anuradha Until 12:33PM**  
Shiva Until 9:56PM  
Taitila Until 11:56PM  
Prathama\* Until 12:10PM

Ganesha: Yellow Sunrise: 4:35AM  
Muruqa: Yellow Sunset: 7:37PM  
Nataraja: Clear  
Moon – Orange  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sutra 35  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**1**

**Monday, May 20, 2019**

Vrischika Rasi: 26.14 Tithi 17 – 18  
Family Home Evening  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:59PM – 3:52PM  
Yama 10:13AM – 12:06PM  
Rahu 6:27AM – 8:20AM

**Jyeshtha\* Until 12:47PM**  
Siddha Until 8:50PM  
Vanija Until 11:55PM  
Dvitiya Until 11:49AM

Ganesha: Yellow Sunrise: 4:34AM  
Muruqa: Yellow Sunset: 7:37PM  
Nataraja: Clear  
Moon – Orange  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sun 1  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**2**

**Tuesday, May 21, 2019**

Dhanus Rasi: 9.07 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 1:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 2:00PM  
Yama 8:20AM – 10:13AM  
Rahu 3:53PM – 5:46PM

**Mula\* Until 1:59PM**  
Sadhya Until 8:18PM  
Bava Until 12:37AM Wed  
Tritiya Until 12:10PM

Ganesha: Red Sunrise: 4:33AM  
Muruqa: Yellow Sunset: 7:39PM  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sun 2  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**3**

**Wednesday, May 22, 2019**

Dhanus Rasi: 21.4 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:13AM – 12:06PM  
Yama 6:26AM – 8:19AM  
Rahu 12:06PM – 2:00PM

**Purvashadha\* Until 3:43PM**  
Subha Until 8:19PM  
Kaulava Until 1:59AM Thu  
Chaturthi\* Until 1:12PM

Ganesha: Red Sunrise: 4:32AM  
Muruqa: Yellow Sunset: 7:41PM  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sun 3  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**4**

**Thursday, May 23, 2019**

Makara Rasi: 3.55 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 5:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:19AM – 10:13AM  
Yama 4:32AM – 6:25AM  
Rahu 2:00PM – 3:54PM

**Uttarashadha Until 5:52PM**  
Sukla Until 8:45PM  
Gara Until 3:54AM Fri  
Panchami Until 2:51PM

Ganesha: Red Sunrise: 4:32AM  
Muruqa: Yellow Sunset: 7:42PM  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sun 4  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**5**

**Friday, May 24, 2019**

Makara Rasi: 15.58 Tithi 21 – 22  
Routine Work Marana Yoga  
Until 8:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika 6:25AM – 8:19AM  
Yama 3:55PM – 5:49PM  
Rahu 10:13AM – 12:07PM

**Shravana Until 8:47PM**  
Brahma Until 9:31PM  
Visti Until 6:11AM Sat  
Shashthi\* Until 4:59PM

Ganesha: Green Sunrise: 4:31AM  
Muruqa: Yellow Sunset: 7:43PM  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Portland, OR  
Sun 5  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**6**

**Saturday, May 25, 2019**

Makara Rasi: 27.53 Tithi 22  
Creative Work Siddha Yoga  
Until 11:44PM  
Then Creative Work - Amrita Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 4:30AM – 6:24AM  
Yama 2:01PM – 3:55PM  
Rahu 8:18AM – 10:13AM

**Dhanishtha Until 11:44PM**  
Indra Until 10:29PM  
Visti Until 6:11AM  
Saptami Until 7:22PM

Ganesha: Red Sunrise: 4:30AM  
Muruqa: Yellow Sunset: 7:44PM  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**Devaloka Day**

Portland, OR  
Sun 6  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase



**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 9.45 Tithi 23  
Creative Work Siddha Yoga  
Until 2:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:56PM – 5:50PM  
Yama 12:07PM – 2:01PM  
Rahu 5:50PM – 7:45PM

**Shatabhishak Until 2:32AM Mon**  
Vaidhriti\* Until 11:25PM  
Balava Until 8:37AM  
Ashtami\* Until 9:47PM

Ganesha: Blue Sunrise: 4:29AM  
Muruqa: Yellow Sunset: 7:45PM  
Nataraja: Clear  
Moon – Purple  
Vaisaka-Vaikasi

**Sivaloka Day**

Portland, OR  
Sun 7  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 21.38 Tithi 24  
Family Home Evening  
Routine Work Marana Yoga  
Until 5:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:02PM – 3:56PM  
Yama 10:12AM – 12:07PM  
Rahu 6:23AM – 8:18AM

**Purvaproshtapada\* Until 5:26AM Tue**  
Vishkambha\* Until 12:12AM Tue  
Taitila Until 10:57AM  
Navami\* Until 12:00AM Tue

Ganesha: Purple Sunrise: 4:28AM  
Muruqa: Yellow Sunset: 7:46PM  
Nataraja: Clear  
Moon – Clear  
Vaisaka-Vaikasi

**Sivaloka Day**

Portland, OR  
Sun 8  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda


<b>1</b>		<b>Tuesday, May 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau			Portland, OR Sun 9 Sutra 44 Vikarin 5121
Meena Rasi: 3.37	Tithi 25	<b>Gulika</b> 12:07PM – 2:02PM	<b>Uttaraproshtapada</b> Until 7:45AM Wed	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:28AM		
		Yama 8:17AM – 10:12AM	Priti Until 12:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:47PM		Moon 5 - Phase 7
		318683469 <b>Rahu</b> 3:57PM – 5:52PM	Vanija Until 1:00PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 1:50AM Wed	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:45AM Wed				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau			Portland, OR Sun 10 Sutra 45 Vikarin 5121
Meena Rasi: 15.46	Tithi 26	<b>Gulika</b> 10:12AM – 12:07PM	<b>Uttaraproshtapada</b> Until 7:45AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:27AM		
		Yama 6:22AM – 8:17AM	Ayushman Until 12:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM		Moon 5 - Phase 7
		318683469 <b>Rahu</b> 12:07PM – 2:02PM	Bava Until 2:34PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 3:07AM Thu	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:45AM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau			Portland, OR Sun 11 Sutra 46 Vikarin 5121
Meena Rasi: 28.08	Tithi 27	<b>Gulika</b> 8:17AM – 10:12AM	<b>Revati</b> Until 9:22AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:26AM		
		Yama 4:26AM – 6:21AM	Saubhagya Until 12:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:48PM		Moon 5 - Phase 7
		318683469 <b>Rahu</b> 2:03PM – 3:58PM	Kaulava Until 3:33PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 3:47AM Fri	Moon – Clear		<b>Sivaloka Day</b>	
Until 9:22AM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau			Portland, OR Sun 12 Sutra 47 Vikarin 5121
Mesha Rasi: 10.49	Tithi 28	<b>Gulika</b> 6:21AM – 8:17AM	<b>Ashvini</b> Until 10:42AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:26AM		
		Yama 3:58PM – 5:54PM	Sobhana Until 11:30PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:49PM		Moon 5 - Phase 7
		328683469 <b>Rahu</b> 10:12AM – 12:07PM	Gara Until 3:54PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi*</b> Until 3:49AM Sat	Moon – White		<b>Devaloka Day</b>	
Until 10:42AM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Portland, OR Sun 13 Sutra 48 Vikarin 5121
Mesha Rasi: 23.47	Tithi 29	<b>Gulika</b> 4:25AM – 6:21AM	<b>Bharani</b> Until 11:14AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:25AM		
		Yama 2:03PM – 3:59PM	Athiganda* Until 10:05PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:50PM		Moon 5 - Phase 7
		329683469 <b>Rahu</b> 8:16AM – 10:12AM	Visti Until 3:37PM	<b>Nataraja:</b> Clear			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:14AM Sun	Moon – White		<b>Bhuloka Day</b>	
Until 11:14AM				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							

		<b>Sunday, June 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Portland, OR Sun 14 Sutra 49 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:59PM – 5:55PM	<b>Krittika</b> Until 11:02AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:24AM		
Vrishabha Rasi: 7.05	Tithi 30	Yama 12:08PM – 2:04PM	Sukarma Until 8:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:51PM		Moon 5 - Phase 7
		329683469 <b>Rahu</b> 5:55PM – 7:51PM	Catuspada Until 2:44PM	<b>Nataraja:</b> Clear			Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:05AM Mon	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>			Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau			Portland, OR Sun 15 Sutra 50 Vikarin 5121
Vrishabha Rasi: 20.4	Tithi 1	<b>Gulika</b> 2:04PM – 4:00PM	<b>Rohini</b> Until 10:37AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:24AM			
<b>Family Home Evening</b>		Yama 10:12AM – 12:08PM	Dhriti Until 6:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:52PM		Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 6:20AM – 8:16AM	Kintughna Until 1:22PM	<b>Nataraja:</b> Clear			Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 12:30AM Tue	Moon – Yellow		<b>Bhuloka Day</b>		
				<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>1</b>		<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 16 Sutra 51
Mithuna Rasi: 4.32	Tithi 2	<b>Gulika</b> Yama	<b>12:08PM – 2:04PM</b> 8:16AM – 10:12AM	<b>Mrigashira Until 9:39AM</b> Shula* Until 3:28PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:53PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	<b>Rahu</b> 4:00PM – 5:56PM	Balava Until 11:35AM <b>Dvitiya Until 10:34PM</b>	Nataraja: Clear Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Until 9:39AM Then Routine Work - Marana Yoga								

<b>2</b>		<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR Sun 17 Sutra 52
Mithuna Rasi: 18.35	Tithi 3	<b>Gulika</b> Yama	<b>10:12AM – 12:08PM</b> 6:19AM – 8:16AM	<b>Ardra Until 8:14AM</b> Ganda* Until 12:42PM	<b>Ganesha: Green</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:53PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	<b>Rahu</b> 12:08PM – 2:05PM	Taitila Until 9:31AM <b>Tritiya Until 8:23PM</b>	Nataraja: Yellow Moon – Yellow	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, OR Sun 18 Sutra 53
Kataka Rasi: 2.47	Tithi 4	<b>Gulika</b> Yama	<b>8:16AM – 10:12AM</b> 4:23AM – 6:19AM	<b>Punarvasu Until 6:55AM</b> Vridhhi Until 9:48AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:23AM</b> <b>Sunset: 7:54PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Amrita Yoga	349683461	<b>Rahu</b> 2:05PM – 4:01PM	Vanija Until 7:15AM <b>Chaturthi* Until 6:04PM</b>	Nataraja: Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR Sun 19 Sutra 54
Kataka Rasi: 17.02	Tithi 5 – 6	<b>Gulika</b> Yama	<b>6:19AM – 8:15AM</b> 4:02PM – 5:58PM	<b>Ashlesha* Until 3:38AM Sat</b> Dhruva Until 6:49AM	<b>Ganesha: White</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:22AM</b> <b>Sunset: 7:55PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Routine Work	Marana Yoga	349683461	<b>Rahu</b> 10:12AM – 12:09PM	Kaulava Until 2:32AM Sat <b>Panchami Until 3:42PM</b>	Nataraja: Yellow Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM		
Until 3:38AM Sat Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Portland, OR Sun 20 Sutra 55
Simha Rasi: 1.19	Tithi 6 – 7	<b>Gulika</b> Yama	<b>4:22AM – 6:19AM</b> 2:05PM – 4:02PM	<b>Magha* Until 2:14AM Sun</b> Harshana Until 12:53AM Sun	<b>Ganesha: Clear</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:22AM</b> <b>Sunset: 7:55PM</b>	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Amrita Yoga	359683461	<b>Rahu</b> 8:15AM – 10:12AM	Gara Until 12:12AM Sun <b>Shashthi* Until 1:20PM</b>	Nataraja: Yellow Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi		
Until 2:14AM Sun Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR Sun 21 Sutra 56
Simha Rasi: 15.33	Tithi 7 – 8	<b>Gulika</b> Yama	<b>4:03PM – 5:59PM</b> 12:09PM – 2:06PM	<b>Purvaphalguni Until 12:48AM Mon</b> Vajra* Until 10:00PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:22AM</b> <b>Sunset: 7:56PM</b>	Vikarin 5121 Moon 5 - Phase 8	Ashtami
Creative Work	Siddha Yoga	351683461	<b>Rahu</b> 5:59PM – 7:56PM	Visti Until 9:58PM <b>Saptami Until 11:03AM</b>	Nataraja: Yellow Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR Sun 22 Sutra 57
Simha Rasi: 29.43	Tithi 8 – 9	<b>Gulika</b> Yama	<b>2:06PM – 4:03PM</b> 10:12AM – 12:09PM	<b>Uttaraphalguni Until 11:21PM</b> Siddhi Until 7:14PM	<b>Ganesha: Yellow</b> <b>Muruqa: Yellow</b>	<b>Sunrise: 4:21AM</b> <b>Sunset: 7:57PM</b>	Vikarin 5121 Moon 5 - Phase 8	Navami
Family Home Evening	Siddha Yoga	351683461	<b>Rahu</b> 6:18AM – 8:15AM	Balava Until 7:51PM <b>Ashtami* Until 8:52AM</b>	Nataraja: Yellow Moon – Red	<b>Devaloka Day</b> Jyeshtha-Vaikasi		
Then Routine Work - Marana Yoga								

<b>1</b>		<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Navami/Dashmyam Titau		Portland, OR Sun 23 Sutra 58	
Kanya Rasi: 13.48	Tithi 9 – 10	361683461	<b>Gulika</b> Yama <b>Rahu</b>	12:09PM – 2:06PM 8:15AM – 10:12AM 4:03PM – 6:00PM	<b>Hasta</b> Until 10:21PM Vyatipata* Until 4:36PM Gara Until 4:58AM Wed Navami* Until 6:49AM	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:57PM Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 24 Sutra 59	
Kanya Rasi: 27.46	Tithi 11	361683461	<b>Gulika</b> Yama <b>Rahu</b>	10:12AM – 12:10PM 6:18AM – 8:15AM 12:10PM – 2:07PM	<b>Chitra</b> Until 9:25PM Variyan Until 2:07PM Vanija Until 4:08PM Ekadashi Until 3:20AM Thu	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:58PM Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>		<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau		Portland, OR Sun 25 Sutra 60	
Tula Rasi: 11.35	Tithi 12	361683461	<b>Gulika</b> Yama <b>Rahu</b>	8:15AM – 10:13AM 4:21AM – 6:18AM 2:07PM – 4:04PM	<b>Svati</b> Until 8:37PM Parigha* Until 11:51AM Bava Until 2:39PM Dvadashi Until 2:00AM Fri	Ganesha: White Muruqa: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:21AM Sunset: 7:58PM Moon 5 - Phase 9 4th Phase
Creative Work	Amrita Yoga					<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 8:37PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Portland, OR Sun 26 Sutra 61	
Tula Rasi: 25.13	Tithi 13	371693461	<b>Gulika</b> Yama <b>Rahu</b>	6:18AM – 8:15AM 4:04PM – 6:02PM 10:13AM – 12:10PM	<b>Vishakha</b> Until 8:27PM Shiva Until 9:52AM Kaulava Until 1:29PM Trayodashi Until 1:01AM Sat	Ganesha: Clear Muruqa: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:21AM Sunset: 7:59PM Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>	
						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, OR Sun 27 Sutra 62	
Vrischika Rasi: 8.38	Tithi 14	371793461	<b>Gulika</b> Yama <b>Rahu</b>	4:21AM – 6:18AM 2:07PM – 4:05PM 8:16AM – 10:13AM	<b>Anuradha</b> Until 8:33PM Siddha Until 8:09AM Gara Until 12:43PM Chaturdashi* Until 12:29AM Sun	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:21AM Sunset: 7:59PM Moon 5 - Phase 9 4th Phase
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b>	

<b>○</b>		<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Portland, OR Sun 28 Sutra 63	
<b>Copper Retreat Star</b>			<b>Gulika</b> Yama <b>Rahu</b>	4:05PM – 6:02PM 12:10PM – 2:08PM 6:02PM – 8:00PM	<b>Jyeshtha*</b> Until 8:59PM Sadhya Until 6:49AM Visti Until 12:25PM Purnima* Until 12:27AM Mon	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon – Orange	Sunrise: 4:21AM Sunset: 8:00PM Moon 5 - Phase 9 Purnima
Vrischika Rasi: 21.49	Tithi 15	371793461				<b>Subha Sivaloka Day</b>	
Routine Work	Marana Yoga						
Until 8:59PM							
Then Creative Work - Amrita Yoga							

<b>Monday, June 17, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, OR Sun 29 Sutra 64	
Dhanus Rasi: 4.43	Tithi 16	381793461	<b>Gulika</b> Yama <b>Rahu</b>	2:08PM – 4:05PM 10:13AM – 12:11PM 6:18AM – 8:16AM	<b>Mula*</b> Until 10:16PM Sukla Until 5:26AM Tue Balava Until 12:39PM Prathama* Until 12:58AM Tue	Ganesha: Clear Muruqa: Blue Nataraja: Yellow Moon – Light Blue	Sunrise: 4:21AM Sunset: 8:00PM Moon 5 - Phase 9 Prathama
<b>Family Home Evening</b>						<b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						
Until 10:16PM							
Then Routine Work - Marana Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Brahma Yoga Taitila/Gara Karana Dvilyayam Titau

Portland, OR  
Sun 1  
Sutra 65  
Vikarin 5121

Dhanus Rasi: 17.22 Tithi 17

381793461

Gulika  
Yama  
Rahu

12:11PM – 2:08PM  
8:16AM – 10:13AM  
4:06PM – 6:03PM

**Purvashadha\* Until 11:57PM**  
Brahma Until 5:24AM Wed  
Taitila Until 1:28PM  
**Dvitiya Until 2:03AM Wed**

Ganesha: Clear *Sunrise: 4:21AM*  
Muruga: Blue *Sunset: 8:00PM*  
Nataraja: Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 11:57PM

Then Routine Work - Prabararishtha Yoga

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Vanija/Visti\* Karana Trityayam Titau

Portland, OR  
Sun 2  
Sutra 66  
Vikarin 5121

Dhanus Rasi: 29.45 Tithi 18

382793461

Gulika  
Yama  
Rahu

10:13AM – 12:11PM  
6:19AM – 8:16AM  
12:11PM – 2:08PM

**Uttarashadha Until 1:59AM Thu**  
Indra Until 5:47AM Thu  
Vanija Until 2:49PM  
**Tritiya Until 3:40AM Thu**

Ganesha: Purple *Sunrise: 4:21AM*  
Muruga: Blue *Sunset: 8:01PM*  
Nataraja: Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 1:59AM Thu

Then Creative Work - Siddha Yoga

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, OR  
Sun 3  
Sutra 67  
Vikarin 5121

Makara Rasi: 11.56 Tithi 19

392793461

Gulika  
Yama  
Rahu

8:16AM – 10:14AM  
4:21AM – 6:19AM  
2:09PM – 4:06PM

**Shravana Until 4:46AM Fri**  
Vaidhriti\* Until 6:27AM Fri  
Bava Until 4:40PM  
**Chaturthi\* Until 5:42AM Fri**

Ganesha: Clear *Sunrise: 4:21AM*  
Muruga: Blue *Sunset: 8:01PM*  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava Karana Panchamyam Titau

Portland, OR  
Sun 4  
Sutra 68  
Vikarin 5121

Makara Rasi: 23.56 Tithi 20

392793461

Gulika  
Yama  
Rahu

6:19AM – 8:16AM  
4:06PM – 6:04PM  
10:14AM – 12:11PM

**Dhanishtha Until 7:39AM Sat**  
Vaidhriti\* Until 6:27AM  
Kaulava Until 6:51PM  
**Panchami Until 8:00AM Sat**

Ganesha: Clear *Sunrise: 4:22AM*  
Muruga: Blue *Sunset: 8:01PM*  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:39AM Sat

Then Creative Work - Amrita Yoga

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*/Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 5  
Sutra 69  
Vikarin 5121

Kumbha Rasi: 5.5 Tithi 20 – 21

392793461

Gulika  
Yama  
Rahu

4:22AM – 6:19AM  
2:09PM – 4:06PM  
8:17AM – 10:14AM

**Dhanishtha Until 7:39AM**  
Vishkambha\* Until 7:21AM  
Gara Until 9:13PM  
**Panchami Until 8:00AM**

Ganesha: Clear *Sunrise: 4:22AM*  
Muruga: Blue *Sunset: 8:01PM*  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 7:39AM

Then Creative Work - Amrita Yoga

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 6  
Sutra 70  
Vikarin 5121

Kumbha Rasi: 17.43 Tithi 21 – 22

392793461

Gulika  
Yama  
Rahu

4:07PM – 6:04PM  
12:12PM – 2:09PM  
6:04PM – 8:02PM

**Shatabhishak Until 10:27AM**  
Priti Until 8:20AM  
Visti Until 11:35PM  
**Shashthi\* Until 10:24AM**

Ganesha: Clear *Sunrise: 4:22AM*  
Muruga: Blue *Sunset: 8:02PM*  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**D**

**Monday, June 24, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttarproarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR  
Sun 7  
Sutra 71  
Vikarin 5121

Kumbha Rasi: 29.36 Tithi 22 – 23

312793461

Gulika  
Yama  
Rahu

2:09PM – 4:07PM  
10:15AM – 12:12PM  
6:20AM – 8:17AM

**Purvaprosarthapada\* Until 1:29PM**  
Ayushman Until 9:12AM  
Balava Until 1:45AM Tue  
**Saptami Until 12:41PM**

Ganesha: Yellow *Sunrise: 4:22AM*  
Muruga: Blue *Sunset: 8:02PM*  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Routine Work Marana Yoga

Until 1:29PM

Then Creative Work - Siddha Yoga

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarproarthapada\*/Revati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR  
Sun 8  
Sutra 72  
Vikarin 5121

Meena Rasi: 11.35 Tithi 23 – 24

312793461

Gulika  
Yama  
Rahu

12:12PM – 2:10PM  
8:17AM – 10:15AM  
4:07PM – 6:04PM

**Uttarproarthapada Until 4:03PM**  
Saubhagya Until 9:53AM  
Taitila Until 3:31AM Wed  
**Ashtami\* Until 2:40PM**

Ganesha: Yellow *Sunrise: 4:23AM*  
Muruga: Blue *Sunset: 8:02PM*  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Navami

**Sivaloka Day**

Creative Work Amrita Yoga

Until 4:03PM

Then Creative Work - Siddha Yoga

<b>1</b>	<b>Wednesday, June 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Portland, OR
	Meena Rasi: 23.45	Tithi 24 – 25	312793461	<b>Gulika</b> 10:15AM – 12:12PM	<b>Revati</b> Until 5:59PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Clear	Sun 9 Sutra 73 Vikarin 5121 Moon 6 - Phase 11 2nd Phase
	Routine Work	Marana Yoga		Yama 6:20AM – 8:18AM	Sobhana Until 10:14AM	Sunrise: 4:23AM Sunset: 8:02PM	
				<b>Rahu</b> 12:12PM – 2:10PM	Vanija Until 4:43AM Thu		<b>Sivaloka Day</b>
				<b>Navami*</b> Until 4:10PM	<b>Jyeshtha-Ani</b>		

<b>2</b>	<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Mesha Rasi: 6.09	Tithi 25 – 26	322793461	<b>Gulika</b> 8:18AM – 10:15AM	<b>Ashvini</b> Until 7:38PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	Sun 10 Sutra 74 Vikarin 5121 Moon 6 - Phase 11 2nd Phase
	Creative Work	Amrita Yoga		Yama 4:23AM – 6:21AM	Athiganda* Until 10:06AM	Sunrise: 4:23AM Sunset: 8:02PM	
	Until 7:38PM			<b>Rahu</b> 2:10PM – 4:07PM	Bava Until 5:16AM Fri		<b>Devaloka Day</b>
	Then Creative Work - Siddha Yoga			<b>Dashami</b> Until 5:04PM	<b>Jyeshtha-Ani</b>		

<b>3</b>	<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Mesha Rasi: 18.51	Tithi 26 – 27	322793461	<b>Gulika</b> 6:21AM – 8:18AM	<b>Bharani</b> Until 8:26PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	Sun 11 Sutra 75 Vikarin 5121 Moon 6 - Phase 11 2nd Phase
	Creative Work	Siddha Yoga		Yama 4:07PM – 6:04PM	Sukarma Until 9:27AM	Sunrise: 4:24AM Sunset: 8:02PM	
				<b>Rahu</b> 10:16AM – 12:13PM	Kaulava Until 5:06AM Sat		<b>Devaloka Day</b>
				<b>Ekadashi*</b> Until 5:15PM	<b>Jyeshtha-Ani</b>		

<b>4</b>	<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Vrishabha Rasi: 1.54	Tithi 27 – 28	322793461	<b>Gulika</b> 4:24AM – 6:22AM	<b>Krittika</b> Until 8:22PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – White	Sun 12 Sutra 76 Vikarin 5121 Moon 6 - Phase 11 2nd Phase
	Creative Work	Amrita Yoga		Yama 2:10PM – 4:07PM	Dhriti Until 8:14AM	Sunrise: 4:24AM Sunset: 8:02PM	
				<b>Rahu</b> 8:19AM – 10:16AM	Gara Until 4:12AM Sun		<b>Devaloka Day</b>
				<b>Dvadashi*</b> Until 4:43PM	<b>Jyeshtha-Ani</b>		
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Vrishabha Rasi: 15.2	Tithi 28 – 29	332793461	<b>Gulika</b> 4:07PM – 6:04PM	<b>Rohini</b> Until 7:56PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	Sun 13 Sutra 77 Vikarin 5121 Moon 6 - Phase 11 2nd Phase
	Creative Work	Siddha Yoga		Yama 12:13PM – 2:10PM	Shula* Until 6:25AM	Sunrise: 4:25AM Sunset: 8:01PM	
				<b>Rahu</b> 6:04PM – 8:01PM	Visti Until 2:39AM Mon		<b>Devaloka Day</b>
				<b>Trayodashi*</b> Until 3:29PM	<b>Jyeshtha-Ani</b>		

	<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vriddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 2:10PM – 4:07PM	<b>Mrigashira</b> Until 6:46PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	Sun 14 Sutra 78 Vikarin 5121 Moon 6 - Phase 11 Amavasya
	Vrishabha Rasi: 29.1	Tithi 29 – 30	332793461	Yama 10:16AM – 12:13PM	Vriddhi Until 1:20AM Tue	Sunrise: 4:25AM Sunset: 8:01PM	
	<b>Family Home Evening</b>			<b>Rahu</b> 6:22AM – 8:19AM	Catuspada Until 12:33AM Tue		<b>Devaloka Day</b>
	Creative Work			<b>Chaturdashi*</b> Until 1:39PM	<b>Jyeshtha-Ani</b>		
	Amrita Yoga						
	Until 6:46PM						
	Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 12:14PM – 2:10PM	<b>Ardra</b> Until 4:59PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Blue <b>Nataraja:</b> Yellow Moon – Yellow	Sun 15 Sutra 79 Vikarin 5121 Moon 6 - Phase 11 Prathama
	Mithuna Rasi: 13.2	Tithi 30 – 1	333793461	Yama 8:20AM – 10:17AM	Dhruva Until 10:12PM	Sunrise: 4:26AM Sunset: 8:01PM	
	Routine Work	Marana Yoga		<b>Rahu</b> 4:07PM – 6:04PM	Kintughna Until 10:00PM		<b>Sivaloka Day</b>
	Until 4:59PM			<b>Amavasya*</b> Until 11:18AM	<b>Ashada-Ani</b>		
	Then Creative Work - Siddha Yoga						
			<b>Total Solar Eclipse</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Portland, OR Sun 16 Sutra 80 Vikarin 5121
Mithuna Rasi: 27.46	Tithi 1 – 2	<b>Gulika</b> 10:17AM – 12:14PM	<b>Punarvasu</b> Until 3:08PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:27AM	
		Yama 6:23AM – 8:20AM	Vyaghata* Until 6:49PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:01PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	343793461 <b>Rahu</b> 12:14PM – 2:10PM	Balava Until 7:10PM	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Prathama* Until 8:36AM</b>	Moon – Blue	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>2</b>		<b>Thursday, July 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau	Portland, OR Sun 17 Sutra 81 Vikarin 5121
Kataka Rasi: 12.23	Tithi 3	<b>Gulika</b> 8:21AM – 10:17AM	<b>Pushya</b> Until 12:58PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:27AM	
		Yama 4:27AM – 6:24AM	Harshana Until 3:19PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:00PM	Moon 6 - Phase 12
Creative Work	Amrita Yoga	343793461 <b>Rahu</b> 2:11PM – 4:07PM	Taitila Until 4:10PM	<b>Nataraja:</b> Yellow	3rd Phase
Until 12:58PM			<b>Tritiya</b> Until 2:37AM Fri	Moon – Blue	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>	

<b>3</b>		<b>Friday, July 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visti* Karana Chaturthyam Titau	Portland, OR Sun 18 Sutra 82 Vikarin 5121
Kataka Rasi: 27.05	Tithi 4	<b>Gulika</b> 6:24AM – 8:21AM	<b>Ashlesha*</b> Until 10:37AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:28AM	
		Yama 4:07PM – 6:04PM	Vajra* Until 11:45AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:00PM	Moon 6 - Phase 12
Routine Work	Marana Yoga	343793461 <b>Rahu</b> 10:17AM – 12:14PM	Vanija Until 1:08PM	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Chaturthi*</b> Until 11:37PM	Moon – Blue	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>4</b>		<b>Saturday, July 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Portland, OR Sun 19 Sutra 83 Vikarin 5121
Simha Rasi: 11.44	Tithi 5	<b>Gulika</b> 4:29AM – 6:25AM	<b>Magha*</b> Until 8:37AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:29AM	
		Yama 2:11PM – 4:07PM	Siddhi Until 8:17AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 8:00PM	Moon 6 - Phase 12
Creative Work	Amrita Yoga	453793461 <b>Rahu</b> 8:21AM – 10:18AM	Bava Until 10:11AM	<b>Nataraja:</b> Yellow	3rd Phase
Until 8:37AM			<b>Panchami</b> Until 8:46PM	Moon – Red	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>	

<b>5</b>		<b>Sunday, July 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyyan Yoga Kaulava/Taitila Karana Shashthyam Titau	Portland, OR Sun 20 Sutra 84 Vikarin 5121
Simha Rasi: 26.15	Tithi 6	<b>Gulika</b> 4:07PM – 6:03PM	<b>Purvaphalguni</b> Until 6:40AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:29AM	
		Yama 12:14PM – 2:11PM	Variyan Until 1:53AM Mon	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:59PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	453793461 <b>Rahu</b> 6:03PM – 7:59PM	Kaulava Until 7:27AM	<b>Nataraja:</b> Yellow	3rd Phase
Until 6:40AM			<b>Shashthi*</b> Until 6:10PM	Moon – Red	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>	

<b>6</b>		<b>Monday, July 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau	Portland, OR Sun 21 Sutra 85 Vikarin 5121
Kanya Rasi: 10.34	Tithi 7 – 8	<b>Gulika</b> 2:11PM – 4:07PM	<b>Hasta</b> Until 3:43AM Tue	<b>Ganesha:</b> White <i>Sunrise:</i> 4:30AM	
<b>Family Home Evening</b>		Yama 10:18AM – 12:14PM	Parigha* Until 11:06PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:59PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	463793461 <b>Rahu</b> 6:26AM – 8:22AM	Visti Until 2:54AM Tue	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Saptami</b> Until 3:53PM	Moon – Green	<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>☾</b>		<b>Tuesday, July 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Portland, OR Sun 22 Sutra 86 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 12:15PM – 2:11PM	<b>Chitra</b> Until 2:50AM Wed	<b>Ganesha:</b> White <i>Sunrise:</i> 4:31AM	
Kanya Rasi: 24.39	Tithi 8 – 9	Yama 8:23AM – 10:19AM	Shiva Until 8:39PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:58PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	463793461 <b>Rahu</b> 4:07PM – 6:02PM	Balava Until 1:14AM Wed	<b>Nataraja:</b> Yellow	Ashtami
			<b>Ashtami*</b> Until 2:00PM	Moon – Green	<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>	

<b>☽</b>		<b>Wednesday, July 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Portland, OR Sun 23 Sutra 87 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 10:19AM – 12:15PM	<b>Svati</b> Until 2:15AM Thu	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:32AM	
Tula Rasi: 8.28	Tithi 9 – 10	Yama 6:27AM – 8:23AM	Siddha Until 6:32PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 7:58PM	Moon 6 - Phase 12
Creative Work	Siddha Yoga	463893461 <b>Rahu</b> 12:15PM – 2:11PM	Taitila Until 12:00AM Thu	<b>Nataraja:</b> Yellow	Navami
			<b>Navami*</b> Until 12:32PM	Moon – Green	<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>	


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 24 Sutra 88
	Tula Rasi: 22	Tithi 10 – 11	<b>Gulika</b> 8:24AM – 10:19AM	<b>Vishakha</b> <b>Until 2:25AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:32AM	Vikarin 5121
			Yama 4:32AM – 6:28AM	Sadhya <b>Until 4:48PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 2:11PM – 4:06PM	Vanija <b>Until 11:13PM</b>	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami</b> <b>Until 11:32AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 25 Sutra 89
	Vischika Rasi: 5.17	Tithi 11 – 12	<b>Gulika</b> 6:29AM – 8:24AM	<b>Anuradha</b> <b>Until 2:54AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:33AM	Vikarin 5121
			Yama 4:06PM – 6:01PM	Subha <b>Until 3:28PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 10:20AM – 12:15PM	Bava <b>Until 10:56PM</b>	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi</b> <b>Until 11:00AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26 Sutra 90
	Vischika Rasi: 18.19	Tithi 12 – 13	<b>Gulika</b> 4:34AM – 6:29AM	<b>Jyeshtha*</b> <b>Until 3:43AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:34AM	Vikarin 5121
			Yama 2:10PM – 4:06PM	Sukla <b>Until 2:29PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 <b>Rahu</b> 8:25AM – 10:20AM	Kaulava <b>Until 11:07PM</b>	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi</b> <b>Until 10:56AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27 Sutra 91
	Dhanus Rasi: 1.07	Tithi 13 – 14	<b>Gulika</b> 4:05PM – 6:00PM	<b>Mula*</b> <b>Until 5:18AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:35AM	Vikarin 5121
			Yama 12:15PM – 2:10PM	Brahma <b>Until 1:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 <b>Rahu</b> 6:00PM – 7:55PM	Gara <b>Until 11:47PM</b>	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi</b> <b>Until 11:22AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Ashada*Ani</b>			

	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 28 Sutra 92
	Dhanus Rasi: 13.41	Tithi 14 – 15	<b>Gulika</b> 2:10PM – 4:05PM	<b>Purvashadha*</b> <b>Until 7:10AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:36AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:20AM – 12:15PM	Indra <b>Until 1:41PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:55PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	483893461 <b>Rahu</b> 6:31AM – 8:26AM	Visti <b>Until 12:54AM Tue</b>	<b>Nataraja:</b> Yellow		Purnima
			<b>Chaturdashi*</b> <b>Until 12:16PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
			<b>Satguru Purnima</b>	<b>Ashada*Ani</b>			

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sun 29 Sutra 93
	Dhanus Rasi: 26.03	Tithi 15 – 16	<b>Gulika</b> 12:15PM – 2:10PM	<b>Purvashadha*</b> <b>Until 7:10AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:37AM	Vikarin 5121
			Yama 8:26AM – 10:21AM	Vaidhriti* <b>Until 1:48PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:54PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 <b>Rahu</b> 4:05PM – 5:59PM	Balava <b>Until 2:28AM Wed</b>	<b>Nataraja:</b> Yellow		Prathama
			<b>Purnima*</b> <b>Until 1:37PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
			<b>Partial Lunar Eclipse</b>	<b>Ashada*Adi</b>			



Wednesday, July 17, 2019  
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Portland, OR  
Sutra 94

Makara Rasi: 8.14 Tithi 16 - 17

**Gulika** 10:21AM - 12:16PM  
Yama 6:32AM - 8:27AM  
484893462 **Rahu** 12:16PM - 2:10PM

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Light Blue  
**Ashada-Adi**

**Sunrise:** 4:38AM  
**Sunset:** 7:53PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 9:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Portland, OR  
Sun 1  
Sutra 95

Makara Rasi: 20.17 Tithi 17 - 18

**Gulika** 8:27AM - 10:21AM  
Yama 4:39AM - 6:33AM  
494893462 **Rahu** 2:10PM - 4:04PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:39AM  
**Sunset:** 7:52PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visli\* Karana Tritiyayam Titau

Portland, OR  
Sun 2  
Sutra 96

Kumbha Rasi: 2.13 Tithi 18

**Gulika** 6:34AM - 8:28AM  
Yama 4:04PM - 5:58PM  
494893462 **Rahu** 10:22AM - 12:16PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:40AM  
**Sunset:** 7:51PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak/Purvaproshthapada\* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Portland, OR  
Sun 3  
Sutra 97

Kumbha Rasi: 14.06 Tithi 19

**Gulika** 4:41AM - 6:35AM  
Yama 2:09PM - 4:03PM  
494893462 **Rahu** 8:28AM - 10:22AM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:41AM  
**Sunset:** 7:51PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 5:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshthapada\* Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Panchmyam Titau

Portland, OR  
Sun 4  
Sutra 98

Kumbha Rasi: 25.57 Tithi 20

**Gulika** 4:03PM - 5:56PM  
Yama 12:16PM - 2:09PM  
414893462 **Rahu** 5:56PM - 7:50PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:42AM  
**Sunset:** 7:50PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 8:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR  
Sun 5  
Sutra 99

Meena Rasi: 7.51 Tithi 21

**Family Home Evening**

**Gulika** 2:09PM - 4:02PM  
Yama 10:23AM - 12:16PM  
414893462 **Rahu** 6:36AM - 8:29AM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:43AM  
**Sunset:** 7:49PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Portland, OR  
Sun 6  
Sutra 100

Meena Rasi: 19.5 Tithi 22

**Gulika** 12:16PM - 2:09PM  
Yama 8:30AM - 10:23AM  
414893462 **Rahu** 4:02PM - 5:55PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 4:44AM  
**Sunset:** 7:48PM

Vikarin 5121  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 1:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

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Wednesday, July 24, 2019

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 7  
Sutra 101

Mesha Rasi: 1.58 Tithi 23

**Gulika** 10:23AM - 12:16PM  
Yama 6:38AM - 8:30AM  
424893462 **Rahu** 12:16PM - 2:09PM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:45AM  
**Sunset:** 7:47PM

Vikarin 5121  
Moon 7 - Phase 14  
Ashtami

Routine Work Marana Yoga

Until 4:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Shula\* Yoga Taitila Karana Navamyam Titau

Portland, OR  
Sun 8  
Sutra 102

Mesha Rasi: 14.19 Tithi 24

**Gulika** 8:31AM - 10:23AM  
Yama 4:46AM - 6:38AM  
424893462 **Rahu** 2:08PM - 4:01PM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 4:46AM  
**Sunset:** 7:46PM

Vikarin 5121  
Moon 7 - Phase 14  
Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR
Mesha Rasi: 26.59	Tithi 24 – 25	<b>Gulika</b> 6:39AM – 8:31AM	<b>Krittika</b> <b>Until 5:49AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM	Sun 9 Sutra 103
		Yama 4:00PM – 5:52PM	Ganda* <b>Until 6:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:45PM	Vikarin 5121
		424893462 <b>Rahu</b> 10:24AM – 12:16PM	Vanija <b>Until 6:27PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Navami* Until 6:25AM</b>	Moon – White		2nd Phase
Until 5:49AM Sat					<b>Subha Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Ashada*Adi</b>	

<b>2</b>		<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Portland, OR
Vrishabha Rasi: 10	Tithi 25 – 26	<b>Gulika</b> 4:48AM – 6:40AM	<b>Rohini</b> <b>Until 5:47AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Sun 10 Sutra 104
		Yama 2:08PM – 4:00PM	Vriddhi <b>Until 4:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:43PM	Vikarin 5121
		434893462 <b>Rahu</b> 8:32AM – 10:24AM	Balava <b>Until 5:20AM Sun</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 6:16AM</b>	Moon – Yellow		2nd Phase
Until 5:47AM Sun					<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>	

<b>3</b>		<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR
Vrishabha Rasi: 23.27	Tithi 27	<b>Gulika</b> 3:59PM – 5:51PM	<b>Mrigashira</b> <b>Until 4:51AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:49AM	Sun 11 Sutra 105
		Yama 12:16PM – 2:07PM	Dhruva <b>Until 2:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:42PM	Vikarin 5121
		434893462 <b>Rahu</b> 5:51PM – 7:42PM	Kaulava <b>Until 4:36PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Dvadashi* Until 3:39AM Mon</b>	Moon – Yellow		2nd Phase
					<b>Subha Sivaloka Day</b>	
					<b>Ashada*Adi</b>	

<b>4</b>		<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR
Mithuna Rasi: 7.2	Tithi 28	<b>Gulika</b> 2:07PM – 3:58PM	<b>Ardra</b> <b>Until 3:07AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:50AM	Sun 12 Sutra 106
<b>Family Home Evening</b>		Yama 10:24AM – 12:16PM	Vyaghata* <b>Until 12:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:41PM	Vikarin 5121
		435893462 <b>Rahu</b> 6:42AM – 8:33AM	Gara <b>Until 2:35PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Trayodashi* Until 1:19AM Tue</b>	Moon – Yellow		2nd Phase
					<b>Sivaloka Day</b>	
					<b>Ashada*Adi</b>	
					<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR
Mithuna Rasi: 21.38	Tithi 29	<b>Gulika</b> 12:16PM – 2:07PM	<b>Punarvasu</b> <b>Until 1:09AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:52AM	Sun 13 Sutra 107
		Yama 8:34AM – 10:25AM	Harshana <b>Until 9:07AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:40PM	Vikarin 5121
		445893462 <b>Rahu</b> 3:58PM – 5:49PM	Visti <b>Until 11:57AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:27PM</b>	Moon – Blue		2nd Phase
					<b>Sivaloka Day</b>	
					<b>Ashada*Adi</b>	

		<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR
<b>Retreat Star</b>		<b>Gulika</b> 10:25AM – 12:16PM	<b>Pushya</b> <b>Until 10:40PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:53AM	Sun 14 Sutra 108
Kataka Rasi: 6.19	Tithi 30	Yama 6:43AM – 8:34AM	Siddhi <b>Until 1:43AM Thu</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:39PM	Vikarin 5121
		445893462 <b>Rahu</b> 12:16PM – 2:06PM	Catuspada <b>Until 8:52AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:11PM</b>	Moon – Blue		Amavasya
					<b>Sivaloka Day</b>	
					<b>Ashada*Adi</b>	

<b>Thursdays, August 1, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Portland, OR
Kataka Rasi: 21.14	Tithi 1 – 2	<b>Gulika</b> 8:35AM – 10:25AM	<b>Ashlesha*</b> <b>Until 7:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:54AM	Sun 15 Sutra 109
		Yama 4:54AM – 6:44AM	Vyatipata* <b>Until 9:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:37PM	Vikarin 5121
		445893462 <b>Rahu</b> 2:06PM – 3:56PM	Balava <b>Until 1:55AM Fri</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Prathama* Until 3:41PM</b>	Moon – Blue		Prathama
Until 7:50PM					<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Sravana*Adi</b>	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		Friday, August 2, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* /Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dviliya/Tritiyam Titau	Portland, OR
Simha Rasi: 6.17	Tithi 2 – 3	455893462	<b>Gulika</b> 6:45AM – 8:35AM Yama 3:56PM – 5:46PM <b>Rahu</b> 10:25AM – 12:16PM	<b>Magha* Until 5:13PM</b> Variyan Until 5:43PM Taitila Until 10:22PM <b>Dvitiya Until 12:07PM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red <b>Sravana*Adi</b>	Sun 16 Sutra 110 Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>	
Routine Work	Marana Yoga						
Until 5:13PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		Saturday, August 3, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau	Portland, OR
Simha Rasi: 21.19	Tithi 3 – 4	455893462	<b>Gulika</b> 4:56AM – 6:46AM Yama 2:05PM – 3:55PM <b>Rahu</b> 8:36AM – 10:26AM	<b>Purvaphalguni Until 2:36PM</b> Parigha* Until 1:49PM Vanija Until 6:57PM <b>Tritiya Until 8:37AM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red <b>Sravana*Adi</b>	Sun 17 Sutra 111 Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						
Until 2:36PM							
Then Routine Work - Marana Yoga							

<b>3</b>		Sunday, August 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Portland, OR
Kanya Rasi: 6.1	Tithi 5	455993462	<b>Gulika</b> 3:54PM – 5:44PM Yama 12:15PM – 2:05PM <b>Rahu</b> 5:44PM – 7:33PM	<b>Uttaraphalguni Until 12:06PM</b> Shiva Until 10:08AM Bava Until 3:51PM <b>Panchami Until 2:26AM Mon</b>	<b>Ganesha: Yellow</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Red <b>Sravana*Adi</b>	Sun 18 Sutra 112 Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Sivaloka Day</b>	
Creative Work	Amrita Yoga						
			<b>Nag Panchami</b>				

<b>4</b>		Monday, August 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau	Portland, OR
Kanya Rasi: 20.45	Tithi 6	465993462	<b>Gulika</b> 2:04PM – 3:54PM Yama 10:26AM – 12:15PM <b>Rahu</b> 6:48AM – 8:37AM	<b>Hasta Until 10:17AM</b> Siddha Until 6:45AM Kaulava Until 1:10PM <b>Shashthi* Until 12:00AM Tue</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green <b>Sravana*Adi</b>	Sun 19 Sutra 113 Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>	
Family Home Evening	Siddha Yoga						
Until 10:17AM							
Then Routine Work - Prabalarishta Yoga							

<b>5</b>		Tuesday, August 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau	Portland, OR
Tula Rasi: 4.59	Tithi 7	465993462	<b>Gulika</b> 12:15PM – 2:04PM Yama 8:37AM – 10:26AM <b>Rahu</b> 3:53PM – 5:42PM	<b>Chitra Until 8:52AM</b> Subha Until 1:21AM Wed Gara Until 11:02AM <b>Saptami Until 10:10PM</b>	<b>Ganesha: White</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green <b>Sravana*Adi</b>	Sun 20 Sutra 114 Vikarin 5121 Moon 7 - Phase 16 3rd Phase <b>Subha Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga						

<b>Retreat Star</b>		Wednesday, August 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau	Portland, OR
Tula Rasi: 18.49	Tithi 8	466993462	<b>Gulika</b> 10:26AM – 12:15PM Yama 6:49AM – 8:38AM <b>Rahu</b> 12:15PM – 2:04PM	<b>Svati Until 7:54AM</b> Sukla Until 11:25PM Visti Until 9:30AM <b>Ashtami* Until 8:59PM</b>	<b>Ganesha: Clear</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Green <b>Sravana*Adi</b>	Sun 21 Sutra 115 Vikarin 5121 Moon 7 - Phase 16 Ashtami <b>Subha Sivaloka Day</b>	
Creative Work	Siddha Yoga						

<b>Retreat Star</b>		Thursday, August 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau	Portland, OR
Vrischika Rasi: 2.16	Tithi 9	476993462	<b>Gulika</b> 8:38AM – 10:27AM Yama 5:02AM – 6:50AM <b>Rahu</b> 2:03PM – 3:51PM	<b>Vishakha Until 7:54AM</b> Brahma Until 10:02PM Balava Until 8:39AM <b>Navami* Until 8:28PM</b>	<b>Ganesha: Purple</b> <b>Muruqa: Blue</b> <b>Nataraja: White</b> Moon – Orange <b>Sravana*Adi</b>	Sun 22 Sutra 116 Vikarin 5121 Moon 7 - Phase 16 Navami <b>Sivaloka Day</b>	
Creative Work	Siddha Yoga						

<b>1</b>		<b>Friday, August 9, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Portland, OR Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 15.22	Tithi 10	<b>Gulika</b> 6:51AM – 8:39AM	<b>Anuradha</b> Until 8:24AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM		
		Yama 3:50PM – 5:38PM	Indra Until 9:10PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17	
476993462	<b>Rahu</b> 10:27AM – 12:15PM		Taitila Until 8:28AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
Until 8:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> Until 8:36PM	<b>Sravana*Adi</b>			
Then Routine Work - Marana Yoga							


<b>2</b>		<b>Saturday, August 10, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Portland, OR Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 28.08	Tithi 11	<b>Gulika</b> 5:04AM – 6:52AM	<b>Jyeshtha*</b> Until 9:22AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM		
		Yama 2:02PM – 3:50PM	Vaidhriti* Until 8:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17	
476993462	<b>Rahu</b> 8:40AM – 10:27AM		Vanija Until 8:55AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>	
			<b>Ekadashi</b> Until 9:20PM	<b>Sravana*Adi</b>			

<b>3</b>		<b>Sunday, August 11, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Portland, OR Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 10.38	Tithi 12	<b>Gulika</b> 3:49PM – 5:36PM	<b>Mula*</b> Until 11:12AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:06AM		
		Yama 12:14PM – 2:02PM	Vishkambha* Until 8:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 17	
486993462	<b>Rahu</b> 5:36PM – 7:23PM		Bava Until 9:56AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 11:12AM			<b>Dvadashi</b> Until 10:36PM	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, August 12, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Portland, OR Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 22.56	Tithi 13	<b>Gulika</b> 2:01PM – 3:48PM	<b>Purvashadha*</b> Until 1:20PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:07AM		
		Yama 10:27AM – 12:14PM	Priti Until 9:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:22PM	Moon 7 - Phase 17	
486993462	<b>Rahu</b> 6:54AM – 8:41AM		Kaulava Until 11:25AM	<b>Nataraja:</b> White		4th Phase	
Family Home Evening				Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 12:17AM Tue	<b>Sravana*Adi</b>			

*Pradosha Vrata*

<b>5</b>		<b>Tuesday, August 13, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Portland, OR Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 5.04	Tithi 14	<b>Gulika</b> 12:14PM – 2:01PM	<b>Uttarashadha</b> Until 3:38PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM		
		Yama 8:41AM – 10:28AM	Ayushman Until 9:42PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:20PM	Moon 7 - Phase 17	
486993462	<b>Rahu</b> 3:47PM – 5:34PM		Gara Until 1:16PM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 3:38PM			<b>Chaturdashi*</b> Until 2:18AM Wed	<b>Sravana*Adi</b>			
Then Creative Work - Siddha Yoga							

		<b>Wednesday, August 14, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Portland, OR Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:28AM – 12:14PM	<b>Shravana</b> Until 6:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM		
Makara Rasi: 17.05	Tithi 15	Yama 6:55AM – 8:42AM	Saubhagya Until 10:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:19PM	Moon 7 - Phase 17	
496993462	<b>Rahu</b> 12:14PM – 2:00PM		Visti Until 3:25PM	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>	
Until 6:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> Until 4:32AM Thu	<b>Sravana*Adi</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Thursday, August 15, 2019</b>		<b>Silver Retreat Star</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau	Portland, OR Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:42AM – 10:28AM	<b>Dhanishtha</b> Until 9:27PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM		
Makara Rasi: 29	Tithi 16	Yama 5:10AM – 6:56AM	Sobhana Until 11:24PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 7 - Phase 17	
497993462	<b>Rahu</b> 1:59PM – 3:45PM		Balava Until 5:44PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>	
			<b>Prathama*</b> Until 6:55AM Fri	<b>Sravana*Adi</b>			





**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, OR  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 10.53    Tithi 16 – 17

497993462

**Gulika** 6:57AM – 8:43AM  
**Yama** 3:44PM – 5:30PM  
**Rahu** 10:28AM – 12:13PM

**Shatabhishak** **Until 12:16AM Sat**  
Athiganda\* **Until 12:21AM Sat**  
Taitila **Until 8:10PM**  
**Prathama\* Until 6:55AM**

**Ganesha:** Yellow    *Sunrise: 5:12AM*  
**Muruqa:** Blue    *Sunset: 7:15PM*  
**Nataraja:** White  
Moon – Purple  
**Sravana-Avani**

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 12:16AM Sat  
Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR  
Sun 1    Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 22.44    Tithi 17 – 18

517993462

**Gulika** 5:13AM – 6:58AM  
**Yama** 1:58PM – 3:43PM  
**Rahu** 8:43AM – 10:28AM

**Purvaproshtapada\* Until 3:25AM Sun**  
Sukarma **Until 1:18AM Sun**  
Vanija **Until 10:35PM**  
**Dvitiya Until 9:21AM**

**Ganesha:** White    *Sunrise: 5:13AM*  
**Muruqa:** Blue    *Sunset: 7:14PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 3:25AM Sun  
Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Portland, OR  
Sun 2    Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 5    Tithi 18 – 19

517993462

**Gulika** 3:43PM – 5:27PM  
**Yama** 12:13PM – 1:58PM  
**Rahu** 5:27PM – 7:12PM

**Uttaraproshtapada Until 6:16AM Mon**  
Dhriti **Until 2:12AM Mon**  
Bava **Until 12:55AM Mon**  
**Tritiya Until 11:45AM**

**Ganesha:** White    *Sunrise: 5:14AM*  
**Muruqa:** Blue    *Sunset: 7:12PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

**Subha Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 6:16AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, OR  
Sun 3    Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 16.31    Tithi 19 – 20

517993462

**Gulika** 1:57PM – 3:42PM  
**Yama** 10:28AM – 12:13PM  
**Rahu** 7:00AM – 8:44AM

**Uttaraproshtapada Until 6:16AM**  
Shula\* **Until 2:54AM Tue**  
Kaulava **Until 3:03AM Tue**  
**Chaturthi\* Until 2:00PM**

**Ganesha:** White    *Sunrise: 5:15AM*  
**Muruqa:** Blue    *Sunset: 7:10PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

**Subha Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 4    Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 28.31    Tithi 20 – 21

517993462

**Gulika** 12:13PM – 1:57PM  
**Yama** 8:45AM – 10:29AM  
**Rahu** 3:41PM – 5:25PM

**Revati Until 8:46AM**  
Ganda\* **Until 3:22AM Wed**  
Gara **Until 4:52AM Wed**  
**Panchami Until 3:59PM**

**Ganesha:** White    *Sunrise: 5:16AM*  
**Muruqa:** Blue    *Sunset: 7:09PM*  
**Nataraja:** White  
Moon – Clear  
**Sravana-Avani**

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 5    Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 10.39    Tithi 21 – 22

528993462

**Gulika** 10:29AM – 12:12PM  
**Yama** 7:01AM – 8:45AM  
**Rahu** 12:12PM – 1:56PM

**Ashvini Until 11:14AM**  
Vriddhi **Until 3:30AM Thu**  
Visti **Until 6:13AM Thu**  
**Shashthi\* Until 5:35PM**

**Ganesha:** White    *Sunrise: 5:18AM*  
**Muruqa:** Blue    *Sunset: 7:07PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 11:14AM  
Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Portland, OR  
Sun 6    Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 22.59    Tithi 22

528993462

**Gulika** 8:45AM – 10:29AM  
**Yama** 5:19AM – 7:02AM  
**Rahu** 1:55PM – 3:39PM

**Bharani Until 1:04PM**  
Dhruva **Until 3:09AM Fri**  
Visti **Until 6:13AM**  
**Saptami Until 6:39PM**

**Ganesha:** White    *Sunrise: 5:19AM*  
**Muruqa:** Blue    *Sunset: 7:05PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 1:04PM  
Then Routine Work - Marana Yoga



**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 7    Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 5.34    Tithi 23

528993462

**Gulika** 7:03AM – 8:46AM  
**Yama** 3:38PM – 5:21PM  
**Rahu** 10:29AM – 12:12PM

**Krittika Until 2:07PM**  
Vyaghata\* **Until 2:16AM Sat**  
Balava **Until 6:58AM**  
**Ashtami\* Until 7:03PM**

**Ganesha:** White    *Sunrise: 5:20AM*  
**Muruqa:** Blue    *Sunset: 7:04PM*  
**Nataraja:** White  
Moon – White  
**Sravana-Avani**

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:07PM  
Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR  
Sun 8    Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 18.3    Tithi 24

538993462

**Gulika** 5:21AM – 7:04AM  
**Yama** 1:54PM – 3:37PM  
**Rahu** 8:46AM – 10:29AM

**Rohini Until 2:45PM**  
Harshana **Until 12:46AM Sun**  
Taitila **Until 7:00AM**  
**Navami\* Until 6:42PM**

**Ganesha:** Clear    *Sunrise: 5:21AM*  
**Muruqa:** Blue    *Sunset: 7:02PM*  
**Nataraja:** White  
Moon – Yellow  
**Sravana-Avani**

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 2:45PM  
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Mithuna Rasi: 1.51	Tithi 25 – 26	<b>Gulika</b> 3:36PM – 5:18PM	<b>Mrigashira</b> Until 2:27PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:23AM	Sun 9 Sutra 133
			Yama 12:11PM – 1:53PM	Vajra* Until 10:37PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 5:18PM – 7:00PM	Vanija Until 6:14AM	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Dashami</b> Until 5:33PM	Moon – Yellow		2nd Phase	
				<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Mithuna Rasi: 15.38	Tithi 26 – 27	<b>Gulika</b> 1:53PM – 3:35PM	<b>Ardra</b> Until 1:15PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:24AM	Sun 10 Sutra 134
	<b>Family Home Evening</b>		Yama 10:29AM – 12:11PM	Siddhi Until 7:52PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM	Vikarin 5121
	Creative Work	Siddha Yoga	538993462 <b>Rahu</b> 7:06AM – 8:47AM	Kaulava Until 2:26AM Tue	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Ekadashi*</b> Until 3:38PM	Moon – Yellow		2nd Phase	
				<b>Sravana-Avani</b>		<b>Subha Sivaloka Day</b>	
						Then Creative Work - Amrita Yoga	

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Varyan Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Mithuna Rasi: 29.54	Tithi 27 – 28	<b>Gulika</b> 12:11PM – 1:52PM	<b>Punarvasu</b> Until 11:39AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:25AM	Sun 11 Sutra 135
			Yama 8:48AM – 10:29AM	Vyatipata* Until 4:36PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Vikarin 5121
	Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 3:34PM – 5:15PM	Gara Until 11:34PM	<b>Nataraja:</b> White		Moon 8 - Phase 19
			<b>Dvadashi*</b> Until 1:03PM	Moon – Blue		2nd Phase	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varyan/Parigha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Kataka Rasi: 14.35	Tithi 28 – 29	<b>Gulika</b> 10:29AM – 12:10PM	<b>Pushya</b> Until 9:20AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:26AM	Sun 12 Sutra 136
			Yama 7:07AM – 8:48AM	Variyan Until 12:51PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:55PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 12:10PM – 1:51PM	Visti Until 8:12PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Trayodashi*</b> Until 9:55AM	Moon – Blue		2nd Phase	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 8:49AM – 10:29AM	<b>Ashlesha*</b> Until 6:29AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:27AM	Sun 13 Sutra 137
	Kataka Rasi: 29.36	Tithi 29 – 30	Yama 5:27AM – 7:08AM	Parigha* Until 8:49AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:53PM	Vikarin 5121
	Creative Work	Siddha Yoga	549193463 <b>Rahu</b> 1:51PM – 3:31PM	Naga Until 2:36AM Fri	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Chaturdashi*</b> Until 6:23AM	Moon – Blue		Amavasya	
				<b>Sravana-Avani</b>		<b>Sivaloka Day</b>	
						Then Creative Work - Amrita Yoga	

<b>Retreat Star</b>	<b>Friday, August 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR
	Simha Rasi: 14.49	Tithi 1	<b>Gulika</b> 7:09AM – 8:49AM	<b>Purvaphalguni</b> Until 12:37AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	Sun 14 Sutra 138
			Yama 3:30PM – 5:11PM	Siddha Until 12:18AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 10:30AM – 12:10PM	Kintughna Until 12:41PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Prathama*</b> Until 10:45PM	Moon – Red		Prathama	
				<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
						Then Routine Work - Marana Yoga	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR
	Kanya Rasi: 0.04	Tithi 2	<b>Gulika</b> 5:30AM – 7:10AM	<b>Uttaraphalguni Until 9:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:30AM	Sun 15 Sutra 139
			Yama 1:49PM – 3:29PM	Sadhya Until 8:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:49PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 8:50AM – 10:30AM	Balava Until 8:52AM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 3rd Phase
			<b>Dvitiya Until 7:00PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Portland, OR
	Kanya Rasi: 15.11	Tithi 3 – 4	<b>Gulika</b> 3:28PM – 5:08PM	<b>Hasta Until 7:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:31AM	Sun 16 Sutra 140
			Yama 12:09PM – 1:49PM	Subha Until 4:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	Creative Work	Amrita Yoga	559193463 <b>Rahu</b> 5:08PM – 6:47PM	Vanija Until 1:57AM Mon	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 3rd Phase
			<b>Tritiya Until 3:31PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vistit/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR
	Tula Rasi: 0.01	Tithi 4 – 5	<b>Gulika</b> 1:48PM – 3:27PM	<b>Chitra Until 4:56PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:32AM	Sun 17 Sutra 141
	<b>Family Home Evening</b>		Yama 10:30AM – 12:09PM	Sukla Until 12:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:46PM	Vikarin 5121
	Routine Work	Prabalarishta Yoga	559193463 <b>Rahu</b> 7:11AM – 8:51AM	Bava Until 11:10PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 3rd Phase
			<b>Chaturthi* Until 12:28PM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR
	Tula Rasi: 14.28	Tithi 5 – 6	<b>Gulika</b> 12:09PM – 1:47PM	<b>Svati Until 3:15PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Sun 18 Sutra 142
			Yama 8:51AM – 10:30AM	Brahma Until 9:28AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:44PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 3:26PM – 5:05PM	Kaulava Until 9:02PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 3rd Phase
			<b>Panchami Until 10:00AM</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR
	Tula Rasi: 28.26	Tithi 6 – 7	<b>Gulika</b> 10:30AM – 12:08PM	<b>Vishakha Until 2:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:35AM	Sun 19 Sutra 143
			Yama 7:13AM – 8:51AM	Indra Until 6:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:42PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 12:08PM – 1:47PM	Gara Until 7:41PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 3rd Phase
			<b>Shashthi* Until 8:14AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Vistit* Karana Saptami/Ashtamyam Titau				Portland, OR
	Vrischika Rasi: 11.56	Tithi 7 – 8	<b>Gulika</b> 8:52AM – 10:30AM	<b>Anuradha Until 2:35PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	Sun 20 Sutra 144
			Yama 5:36AM – 7:14AM	Vishkambha* Until 3:50AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Creative Work	Siddha Yoga	559193463 <b>Rahu</b> 1:46PM – 3:24PM	Vistit Until 7:08PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 Ashtami
			<b>Saptami Until 7:17AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
	Vrischika Rasi: 24.59	Tithi 8 – 9	<b>Gulika</b> 7:15AM – 8:52AM	<b>Jyeshtha* Until 3:13PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sun 21 Sutra 145
			Yama 3:23PM – 5:00PM	Priti Until 3:15AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:38PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 10:30AM – 12:08PM	Balava Until 7:25PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 20 Navami
			<b>Ashtami* Until 7:10AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1</b>	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, OR Sun 22 Sutra 146
	Dhanus Rasi: 7.4	Tithi 9 – 10	<b>Gulika</b> 5:38AM – 7:15AM	<b>Mula* Until 4:56PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:38AM	Vikarin 5121
			Yama 1:44PM – 3:22PM	Ayushman Until 3:11AM Sun	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	581193463 <b>Rahu</b> 8:53AM – 10:30AM	Taitila Until 8:27PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 7:49AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			


<b>2</b>	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 23 Sutra 147
	Dhanus Rasi: 20.01	Tithi 10 – 11	<b>Gulika</b> 3:21PM – 4:57PM	<b>Purvashadha* Until 7:05PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:39AM	Vikarin 5121
			Yama 12:07PM – 1:44PM	Saubhagya Until 3:34AM Mon	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	581193463 <b>Rahu</b> 4:57PM – 6:34PM	Vanija Until 10:05PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 9:10AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
			<b>Grandparent's Day</b>	<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 24 Sutra 148
	Makara Rasi: 2.09	Tithi 11 – 12	<b>Gulika</b> 1:43PM – 3:19PM	<b>Uttarashadha Until 9:30PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:41AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:30AM – 12:07PM	Sobhana Until 4:16AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	581193463 <b>Rahu</b> 7:17AM – 8:54AM	Bava Until 12:09AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi Until 11:03AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 25 Sutra 149
	Makara Rasi: 14.08	Tithi 12 – 13	<b>Gulika</b> 12:06PM – 1:42PM	<b>Shravana Until 12:32AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:42AM	Vikarin 5121
			Yama 8:54AM – 10:30AM	Athiganda* Until 5:07AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	591193463 <b>Rahu</b> 3:18PM – 4:54PM	Kaulava Until 2:29AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 1:16PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 26 Sutra 150
	Makara Rasi: 26.02	Tithi 13 – 14	<b>Gulika</b> 10:30AM – 12:06PM	<b>Dhanishtha Until 3:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:43AM	Vikarin 5121
			Yama 7:19AM – 8:54AM	Sukarma Until 6:04AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
	Routine Work	Prabalarishta Yoga	591193463 <b>Rahu</b> 12:06PM – 1:41PM	Gara Until 4:57AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 3:41PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>6</b>	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27 Sutra 151
	Kumbha Rasi: 7.53	Tithi 14	<b>Gulika</b> 8:55AM – 10:30AM	<b>Shatabhishak Until 6:20AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM	Vikarin 5121
			Yama 5:44AM – 7:20AM	Sukarma Until 6:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	591113463 <b>Rahu</b> 1:41PM – 3:16PM	Vanija Until 6:09PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Chaturdashi* Until 6:09PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Portland, OR Sun 28 Sutra 152
	<b>Copper Retreat Star</b>		<b>Gulika</b> 7:20AM – 8:55AM	<b>Shatabhishak Until 6:20AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM	Vikarin 5121
	Kumbha Rasi: 19.44	Tithi 15	Yama 3:15PM – 4:50PM	Dhriti Until 7:01AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	591113463 <b>Rahu</b> 10:30AM – 12:05PM	Visti Until 7:24AM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima* Until 8:36PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>7</b>	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sun 29 Sutra 153
	<b>Silver Retreat Star</b>		<b>Gulika</b> 5:47AM – 7:21AM	<b>Purvaprosarthapada* Until 9:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:47AM	Vikarin 5121
	Meena Rasi: 1.37	Tithi 16	Yama 1:39PM – 3:14PM	Shula* Until 7:53AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	Routine Work	Marana Yoga	511113463 <b>Rahu</b> 8:56AM – 10:30AM	Balava Until 9:48AM	<b>Nataraja:</b> Clear		Prathama
			<b>Prathama* Until 10:55PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Portland, OR

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 13.33 Tithi 17

512113463

**Gulika** 3:13PM – 4:47PM  
Yama 12:04PM – 1:39PM  
**Rahu** 4:47PM – 6:21PM

**Uttaraproshtapada** Until 12:13PM  
Ganda\* Until 8:40AM  
Tailila Until 12:03PM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:48AM  
**Sunset:** 6:21PM

**Sivaloka Day**

Creative Work Amrita Yoga

**Dvitiya** Until 1:05AM Mon

**Bhadrapada-Avani**

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 25.34 Tithi 18

512113463

**Gulika** 1:38PM – 3:11PM  
Yama 10:30AM – 12:04PM  
**Rahu** 7:23AM – 8:57AM

**Revati** Until 2:39PM  
Vridhhi Until 9:20AM  
Vanija Until 2:06PM

**Ganesha:** Yellow  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:49AM  
**Sunset:** 6:19PM

**Sivaloka Day**

Family Home Evening

Creative Work Siddha Yoga

**Tritiya** Until 3:02AM Tue

**Bhadrapada-Puratasi**

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, OR

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 7.39 Tithi 19

522113463

**Gulika** 12:04PM – 1:37PM  
Yama 8:57AM – 10:30AM  
**Rahu** 3:10PM – 4:44PM

**Ashvini** Until 5:11PM  
Dhruva Until 9:46AM  
Bava Until 3:55PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:50AM  
**Sunset:** 6:17PM

**Devaloka Day**

Creative Work Siddha Yoga

**Chaturthi\*** Until 4:41AM Wed

**Bhadrapada-Puratasi**

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Tailila Karana Panchamyam Titau

Portland, OR

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 19.52 Tithi 20

522113463

**Gulika** 10:30AM – 12:03PM  
Yama 7:24AM – 8:57AM  
**Rahu** 12:03PM – 1:36PM

**Bharani** Until 7:13PM  
Vyaghata\* Until 9:59AM  
Kaulava Until 5:23PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:52AM  
**Sunset:** 6:15PM

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:13PM

Then Creative Work - Amrita Yoga

**Panchami** Until 5:57AM Thu

**Bhadrapada-Puratasi**

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Gara Karana Shashthyam Titau

Portland, OR

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 2.14 Tithi 21

522113463

**Gulika** 8:58AM – 10:30AM  
Yama 5:53AM – 7:25AM  
**Rahu** 1:36PM – 3:08PM

**Krittika** Until 8:39PM  
Harshana Until 9:55AM  
Gara Until 6:26PM

**Ganesha:** White  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:53AM  
**Sunset:** 6:13PM

**Devaloka Day**

Routine Work Marana Yoga

**Shashthi\*** Until 6:44AM Fri

**Bhadrapada-Puratasi**

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 14.5 Tithi 21 – 22

532113463

**Gulika** 7:26AM – 8:58AM  
Yama 3:07PM – 4:39PM  
**Rahu** 10:30AM – 12:03PM

**Rohini** Until 9:52PM  
Vajra\* Until 9:24AM  
Visti Until 6:55PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:54AM  
**Sunset:** 6:11PM

**Sivaloka Day**

Routine Work Marana Yoga

Until 9:52PM

Then Creative Work - Siddha Yoga

**Shashthi\*** Until 6:44AM

**Bhadrapada-Puratasi**

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 27.43 Tithi 22 – 23

532113463

**Gulika** 5:55AM – 7:27AM  
Yama 1:34PM – 3:06PM  
**Rahu** 8:59AM – 10:30AM

**Mrigashira** Until 10:17PM  
Siddhi Until 8:26AM  
Balava Until 6:45PM

**Ganesha:** Clear  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:55AM  
**Sunset:** 6:09PM

**Sivaloka Day**

Creative Work Siddha Yoga

**Saptami** Until 6:54AM

**Bhadrapada-Puratasi**

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Portland, OR

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 10.57 Tithi 23 – 24

532213463

**Gulika** 3:05PM – 4:36PM  
Yama 12:02PM – 1:33PM  
**Rahu** 4:36PM – 6:07PM

**Ardra** Until 9:50PM  
Vyatipata\* Until 6:55AM  
Gara Until 5:08AM Mon

**Ganesha:** Orange  
**Muruqa:** Purple  
**Nataraja:** Clear

**Sunrise:** 5:56AM  
**Sunset:** 6:07PM

**Sivaloka Day**

Creative Work Siddha Yoga

**Ashtami\*** Until 6:23AM


**Bhadrapada-Puratasi**


<b>1</b>	<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Vanija/Visli* Karana Dashamyam Titau			Portland, OR
	Mithuna Rasi: 24.35	Tithi 25	<b>Gulika</b> 1:33PM – 3:03PM	<b>Punarvasu</b> Until 8:59PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:58AM	Sun 9 Sutra 162
	<b>Family Home Evening</b>	542213463	Yama 10:31AM – 12:02PM	Parigha* Until 2:08AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:05PM	Vikarin 5121
	Creative Work Amrita Yoga		<b>Rahu</b> 7:29AM – 9:00AM	Vanija Until 4:16PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 8:59PM			<b>Dashami</b> Until 3:11AM Tue	Moon – Blue	2nd Phase	
Then Creative Work - Siddha Yoga				<b>Bhadrapada•Puratasi</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Portland, OR
	Kataka Rasi: 8.4	Tithi 26	<b>Gulika</b> 12:01PM – 1:32PM	<b>Pushya</b> Until 7:18PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:59AM	Sun 10 Sutra 163
		542213463	Yama 9:00AM – 10:31AM	Shiva Until 10:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 3:02PM – 4:33PM	Bava Until 1:59PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
			<b>Ekadashi*</b> Until 12:36AM Wed	Moon – Blue	2nd Phase	
				<b>Bhadrapada•Puratasi</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau			Portland, OR
	Kataka Rasi: 23.1	Tithi 27	<b>Gulika</b> 10:31AM – 12:01PM	<b>Ashlesha*</b> Until 4:57PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:00AM	Sun 11 Sutra 164
		542213463	Yama 7:30AM – 9:00AM	Siddha Until 7:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:02PM	Vikarin 5121
	Creative Work Siddha Yoga		<b>Rahu</b> 12:01PM – 1:31PM	Kaulava Until 11:07AM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
			<b>Dvadashi*</b> Until 9:29PM	Moon – Blue	2nd Phase	
				<b>Bhadrapada•Puratasi</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Visli* Karana Trayodashi/Chaturdashyam Titau			Portland, OR
	Simha Rasi: 8.02	Tithi 28 – 29	<b>Gulika</b> 9:01AM – 10:31AM	<b>Magha*</b> Until 2:26PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:01AM	Sun 12 Sutra 165
		552213463	Yama 6:01AM – 7:31AM	Sadhya Until 3:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:00PM	Vikarin 5121
	Creative Work Amrita Yoga		<b>Rahu</b> 1:30PM – 3:00PM	Gara Until 7:47AM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Until 2:26PM			<b>Trayodashi*</b> Until 5:59PM	Moon – Red	2nd Phase	
Then Creative Work - Siddha Yoga				<b>Bhadrapada•Puratasi</b>	<b>Devaloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>			

	<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 7:32AM – 9:01AM	<b>Purvaphalguni</b> Until 11:31AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:03AM	Sun 13 Sutra 166
	Simha Rasi: 23.09	Tithi 29 – 30	Yama 2:59PM – 4:28PM	Subha Until 11:07AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:58PM	Vikarin 5121
		652213463	<b>Rahu</b> 10:31AM – 12:00PM	Catuspada Until 12:22AM Sat	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:15PM	Moon – Red	Amavasya	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada•Puratasi</b>	<b>Devaloka Day</b>	

	<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 6:04AM – 7:33AM	<b>Uttaraphalguni</b> Until 8:24AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:04AM	Sun 14 Sutra 167
	Kanya Rasi: 8.23	Tithi 30 – 1	Yama 1:29PM – 2:58PM	Sukla Until 6:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM	Vikarin 5121
		653213463	<b>Rahu</b> 9:02AM – 10:31AM	Kintughna Until 8:37PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 23
Routine Work Marana Yoga			<b>Amavasya*</b> Until 10:28AM	Moon – Red	Prathama	
		<b>Navaratri Begins</b>		<b>Ashvina•Puratasi</b>	<b>Devaloka Day</b>	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1 Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Indra Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 23.32	Tithi 1 – 2	<b>Gulika</b> 2:57PM – 4:25PM	<b>Chitra Until 3:02AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:05AM
	663213463	Yama 12:00PM – 1:28PM	Indra Until 10:41PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM
Creative Work Siddha Yoga		<b>Rahu</b> 4:25PM – 5:54PM	Kaulava Until 3:24AM Mon	<b>Nataraja:</b> Clear
Until 3:02AM Mon			<b>Prathama* Until 6:47AM</b>	Moon 9 - Phase 24 3rd Phase
Then Creative Work - Amrita Yoga				<b>Devaloka Day</b> Ashvina+Puratasi

<b>2 Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Tritiyayam Titau		Portland, OR Sun 16 Sutra 169 Vikarin 5121
Tula Rasi: 8.29	Tithi 3	<b>Gulika</b> 1:27PM – 2:56PM	<b>Svati Until 12:45AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM
<b>Family Home Evening</b>	663213463	Yama 10:31AM – 11:59AM	Vaidhriti* Until 7:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:52PM
Creative Work Amrita Yoga		<b>Rahu</b> 7:35AM – 9:03AM	Tailila Until 1:54PM	<b>Nataraja:</b> Clear
Until 12:45AM Tue			<b>Tritiya Until 12:30AM Tue</b>	Moon 9 - Phase 24 3rd Phase
Then Routine Work - Marana Yoga				<b>Devaloka Day</b> Ashvina+Puratasi

<b>3 Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Chaturthyam Titau		Portland, OR Sun 17 Sutra 170 Vikarin 5121
Tula Rasi: 23.03	Tithi 4	<b>Gulika</b> 11:59AM – 1:27PM	<b>Vishakha Until 11:23PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:08AM
	673213463	Yama 9:03AM – 10:31AM	Vishkambha* Until 3:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM
Routine Work Marana Yoga		<b>Rahu</b> 2:55PM – 4:22PM	Vanija Until 11:17AM	<b>Nataraja:</b> Clear
Until 11:23PM			<b>Chaturthi* Until 10:13PM</b>	Moon 9 - Phase 24 3rd Phase
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> Ashvina+Puratasi

<b>4 Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR Sun 18 Sutra 171 Vikarin 5121
Vrischika Rasi: 7.1	Tithi 5	<b>Gulika</b> 10:31AM – 11:59AM	<b>Anuradha Until 10:38PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:09AM
	673213463	Yama 7:36AM – 9:04AM	Priti Until 1:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:48PM
Creative Work Siddha Yoga		<b>Rahu</b> 11:59AM – 1:26PM	Bava Until 9:22AM	<b>Nataraja:</b> Clear
			<b>Panchami Until 8:42PM</b>	Moon 9 - Phase 24 3rd Phase
				<b>Devaloka Day</b> Ashvina+Puratasi

<b>5 Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Shashthyam Titau		Portland, OR Sun 19 Sutra 172 Vikarin 5121
Vrischika Rasi: 20.46	Tithi 6	<b>Gulika</b> 9:04AM – 10:31AM	<b>Jyeshtha* Until 10:36PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:10AM
	673213463	Yama 6:10AM – 7:37AM	Ayushman Until 11:29AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM
Routine Work Prabalarishta Yoga		<b>Rahu</b> 1:25PM – 2:52PM	Kaulava Until 8:17AM	<b>Nataraja:</b> Clear
Until 10:36PM			<b>Shashthi* Until 8:03PM</b>	Moon 9 - Phase 24 3rd Phase
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b> Ashvina+Puratasi

<b>6 Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Portland, OR Sun 20 Sutra 173 Vikarin 5121
Dhanus Rasi: 3.54	Tithi 7	<b>Gulika</b> 7:38AM – 9:05AM	<b>Mula* Until 11:45PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:11AM
	683213463	Yama 2:51PM – 4:18PM	Saubhagya Until 10:19AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:45PM
Creative Work Amrita Yoga		<b>Rahu</b> 10:31AM – 11:58AM	Gara Until 8:06AM	<b>Nataraja:</b> Clear
Until 11:45PM			<b>Saptami Until 8:19PM</b>	Moon 9 - Phase 24 3rd Phase
Then Routine Work - Prabalarishta Yoga				<b>Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau		Portland, OR Sun 21 Sutra 174 Vikarin 5121
Dhanus Rasi: 16.35	Tithi 8	<b>Gulika</b> 6:13AM – 7:39AM	<b>Purvashadha* Until 1:32AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:13AM
	683213463	Yama 1:24PM – 2:50PM	Sobhana Until 9:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM
Creative Work Siddha Yoga		<b>Rahu</b> 9:05AM – 10:31AM	Visiti Until 8:47AM	<b>Nataraja:</b> Clear
Until 1:32AM Sun			<b>Ashtami* Until 9:24PM</b>	Moon 9 - Phase 24 Ashtami
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>		<b>Sivaloka Day</b> Ashvina+Puratasi

<b>Retreat Star Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Portland, OR Sun 22 Sutra 175 Vikarin 5121
Dhanus Rasi: 28.56	Tithi 9	<b>Gulika</b> 2:49PM – 4:15PM	<b>Uttarashadha Until 3:46AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:14AM
	683213463	Yama 11:57AM – 1:23PM	Athiganda* Until 9:55AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:41PM
Creative Work Amrita Yoga		<b>Rahu</b> 4:15PM – 5:41PM	Balava Until 10:14AM	<b>Nataraja:</b> Clear
		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami* Until 11:11PM</b>	Moon 9 - Phase 24 Navami
				<b>Sivaloka Day</b> Ashvina+Puratasi


<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR Sun 23 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:23PM – 2:48PM	<b>Shravana Until 6:45AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
Makara Rasi: 11.01	Tithi 10	Yama 10:32AM – 11:57AM	Sukarma Until 10:28AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM	Moon 9 - Phase 25
<b>Family Home Evening</b>	693213463	<b>Rahu</b> 7:41AM – 9:06AM	Taitila Until 12:17PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga				Moon – Purple		<b>Devaloka Day</b>
Until 6:45AM Tue		<b>Vijaya Dasami</b>	<b>Dashami Until 1:25AM Tue</b>	<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Portland, OR Sun 24 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:57AM – 1:22PM	<b>Shravana Until 6:45AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	
Makara Rasi: 22.57	Tithi 11	Yama 9:07AM – 10:32AM	Dhriti Until 11:18AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:37PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 2:47PM – 4:12PM	Vanija Until 2:40PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga				Moon – Purple		<b>Sivaloka Day</b>
			<b>Ekadashi Until 3:55AM Wed</b>	<b>Ashvina+Puratasi</b>		

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Portland, OR Sun 25 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:32AM – 11:56AM	<b>Dhanishtha Until 9:46AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:18AM	
Kumbha Rasi: 4.48	Tithi 12	Yama 7:42AM – 9:07AM	Shula* Until 12:13PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 11:56AM – 1:21PM	Bava Until 5:13PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work Prabalarishta Yoga				Moon – Purple		<b>Sivaloka Day</b>
Until 9:46AM		<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi Until 6:27AM Thu</b>	<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:08AM – 10:32AM	<b>Shatabhishak Until 12:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:19AM	
Kumbha Rasi: 16.38	Tithi 12 – 13	Yama 6:19AM – 7:43AM	Ganda* Until 1:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
	693213464	<b>Rahu</b> 1:21PM – 2:45PM	Kaulava Until 7:43PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga				Moon – Purple		<b>Sivaloka Day</b>
			<b>Dvadashi Until 6:27AM</b>	<b>Ashvina+Puratasi</b>		
						<i>Pradosha Vrata</i>

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:44AM – 9:08AM	<b>Purvaproshtapada* Until 3:40PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	
Kumbha Rasi: 28.31	Tithi 13 – 14	Yama 2:44PM – 4:08PM	Vridhi Until 2:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 10:32AM – 11:56AM	Gara Until 10:04PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work Siddha Yoga				Moon – Clear		<b>Sivaloka Day</b>
		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 8:53AM</b>	<b>Ashvina+Puratasi</b>		

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sun 28 Sutra 181 Vikarin 5121
	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:22AM – 7:45AM	<b>Uttaraproshtapada Until 6:21PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	
Meena Rasi: 10.28	Tithi 14 – 15	Yama 1:19PM – 2:43PM	Dhruva Until 2:40PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 25
	613213464	<b>Rahu</b> 9:09AM – 10:32AM	Visti Until 12:11AM Sun	<b>Nataraja:</b> Purple		Purnima
Creative Work Siddha Yoga				Moon – Clear		<b>Sivaloka Day</b>
Until 6:21PM			<b>Chaturdashi* Until 11:08AM</b>	<b>Ashvina+Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sun 29 Sutra 182 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 2:42PM – 4:05PM	<b>Revati Until 8:38PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:23AM	
Meena Rasi: 22.31	Tithi 15 – 16	Yama 11:55AM – 1:19PM	Vyaghata* Until 3:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
	614213464	<b>Rahu</b> 4:05PM – 5:28PM	Balava Until 2:02AM Mon	<b>Nataraja:</b> Purple		Prathama
Creative Work Amrita Yoga				Moon – Clear		<b>Subha Sivaloka Day</b>
Until 8:38PM			<b>Purnima* Until 1:07PM</b>	<b>Ashvina+Puratasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 4.4 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:18PM – 2:41PM  
Yama 10:32AM – 11:55AM  
Rahu 7:47AM – 9:10AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ashvini Until 10:57PM  
Harshana Until 3:25PM  
Taitila Until 3:35AM Tue  
Prathama\* Until 2:50PM

Ganesha: White Sunrise: 6:24AM  
Muruqa: Purple Sunset: 5:26PM  
Nataraja: Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Portland, OR  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 16.56 Tithi 17 – 18

Creative Work Siddha Yoga

Until 12:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:55AM – 1:17PM  
Yama 9:10AM – 10:33AM  
Rahu 2:40PM – 4:02PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bharani Until 12:48AM Wed  
Vajra\* Until 3:25PM  
Vanija Until 4:49AM Wed  
Dvitiya Until 4:13PM

Ganesha: White Sunrise: 6:25AM  
Muruqa: Purple Sunset: 5:25PM  
Nataraja: Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Portland, OR  
Sun 1  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 29.22 Tithi 18 – 19

Creative Work Amrita Yoga

Until 2:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:33AM – 11:55AM  
Yama 7:49AM – 9:11AM  
Rahu 11:55AM – 1:17PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthayam Titau

Krittika Until 2:09AM Thu  
Siddhi Until 3:11PM  
Bava Until 5:42AM Thu  
Tritiya Until 5:17PM

Ganesha: White Sunrise: 6:27AM  
Muruqa: Purple Sunset: 5:23PM  
Nataraja: Purple  
Moon – White  
Subha Subha Sivaloka Day  
Ashvina•Puratasi

Portland, OR  
Sun 2  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 11.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 3:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:11AM – 10:33AM  
Yama 6:28AM – 7:50AM  
Rahu 1:16PM – 2:38PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Rohini Until 3:27AM Fri  
Vyatipata\* Until 2:40PM  
Kaulava Until 6:11AM Fri  
Chaturthi\* Until 5:58PM

Ganesha: White Sunrise: 6:28AM  
Muruqa: Purple Sunset: 5:21PM  
Nataraja: Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 3  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 24.41 Tithi 20

Creative Work Siddha Yoga

Gulika 7:51AM – 9:12AM  
Yama 2:37PM – 3:58PM  
Rahu 10:33AM – 11:54AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

Mrigashira Until 4:09AM Sat  
Variyan Until 1:49PM  
Kaulava Until 6:11AM  
Panchami Until 6:14PM

Ganesha: White Sunrise: 6:29AM  
Muruqa: Purple Sunset: 5:19PM  
Nataraja: Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 4  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 7.4 Tithi 21

Creative Work Siddha Yoga

Gulika 6:31AM – 7:52AM  
Yama 1:15PM – 2:36PM  
Rahu 9:12AM – 10:33AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Ardra Until 4:12AM Sun  
Parigha\* Until 12:36PM  
Gara Until 6:13AM  
Shashthi\* Until 6:01PM

Ganesha: White Sunrise: 6:31AM  
Muruqa: Purple Sunset: 5:18PM  
Nataraja: Purple  
Moon – Yellow  
Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 5  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 20.54 Tithi 22 – 23

Creative Work Siddha Yoga

Gulika 2:35PM – 3:55PM  
Yama 11:54AM – 1:14PM  
Rahu 3:55PM – 5:16PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Punarvasu Until 4:01AM Mon  
Shiva Until 10:59AM  
Balava Until 4:41AM Mon  
Saptami Until 5:15PM

Ganesha: Clear Sunrise: 6:32AM  
Muruqa: Purple Sunset: 5:16PM  
Nataraja: Purple  
Moon – Blue  
Subha Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 6  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

D

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 4.27 Tithi 23 – 24

Family Home Evening

Creative Work Siddha Yoga

Gulika 1:14PM – 2:34PM  
Yama 10:34AM – 11:54AM  
Rahu 7:54AM – 9:14AM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Pushya Until 3:07AM Tue  
Siddha Until 8:54AM  
Taitila Until 3:04AM Tue  
Ashtami\* Until 3:56PM

Ganesha: Clear Sunrise: 6:33AM  
Muruqa: Purple Sunset: 5:14PM  
Nataraja: Purple  
Moon – Blue  
Subha Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 7  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 18.21 Tithi 24 – 25

Creative Work Siddha Yoga

Gulika 11:54AM – 1:13PM  
Yama 9:14AM – 10:34AM  
Rahu 2:33PM – 3:53PM

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Ashlesha\* Until 1:32AM Wed  
Sadhya Until 6:21AM  
Vanija Until 12:55AM Wed  
Navami\* Until 2:02PM

Ganesha: Clear Sunrise: 6:35AM  
Muruqa: Purple Sunset: 5:13PM  
Nataraja: Purple  
Moon – Blue  
Subha Sivaloka Day  
Ashvina•Aipasi

Portland, OR  
Sun 8  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, OR Sun 9 Sutra 192 Vikarin 5121	
Simha Rasi: 2.35	Tithi 25 – 26	<b>Gulika</b> 10:34AM – 11:54AM	<b>Magha* Until 11:45PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:36AM		
		Yama 7:56AM – 9:15AM	Sukla Until 12:02AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 27	
	654313464	<b>Rahu</b> 11:54AM – 1:13PM	Bava Until 10:16PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 11:38AM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
Until 11:45PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 10 Sutra 193 Vikarin 5121	
Simha Rasi: 17.08	Tithi 26 – 27	<b>Gulika</b> 9:15AM – 10:34AM	<b>Purvaphalguni Until 9:27PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM		
		Yama 6:38AM – 7:57AM	Brahma Until 8:22PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 27	
	654313464	<b>Rahu</b> 1:12PM – 2:31PM	Kaulava Until 7:15PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 8:47AM</b>	<b>Moon – Red</b>		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 194 Vikarin 5121	
Kanya Rasi: 1.56	Tithi 28	<b>Gulika</b> 7:57AM – 9:16AM	<b>Uttaraphalguni Until 6:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM		
		Yama 2:31PM – 3:49PM	Indra Until 4:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 27	
	655313464	<b>Rahu</b> 10:35AM – 11:53AM	Gara Until 3:59PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi* Until 2:17AM Sat</b>	<b>Moon – Red</b>		<b>Subha Sivaloka Day</b>	
Until 6:48PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 195 Vikarin 5121	
Kanya Rasi: 16.53	Tithi 29	<b>Gulika</b> 6:40AM – 7:58AM	<b>Hasta Until 4:19PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM		
		Yama 1:11PM – 2:30PM	Vaidhriti* Until 12:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 27	
	665313464	<b>Rahu</b> 9:17AM – 10:35AM	Visti Until 12:37PM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Chaturdashi* Until 10:55PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>	
		<b>Deepavali Hindu Solidarity Day</b>		<b>Ashvina-Aipasi</b>			

		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 196 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 2:29PM – 3:47PM	<b>Chitra Until 1:48PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:42AM		
Tula Rasi: 1.49	Tithi 30	Yama 11:53AM – 1:11PM	Vishkambha* Until 8:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 27	
	665313464	<b>Rahu</b> 3:47PM – 5:05PM	Catuspada Until 9:18AM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:42PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina-Aipasi</b>			

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 14 Sutra 197 Vikarin 5121	
Tula Rasi: 16.37	Tithi 1 – 2	<b>Gulika</b> 1:11PM – 2:28PM	<b>Svati Until 11:24AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM		
<b>Family Home Evening</b>		Yama 10:36AM – 11:53AM	Ayushman Until 1:32AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 27	
	665313464	<b>Rahu</b> 8:01AM – 9:18AM	Kintughna Until 6:12AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Amrita Yoga		<b>Prathama* Until 4:47PM</b>	<b>Moon – Green</b>		<b>Subha Sivaloka Day</b>	
Until 11:24AM		<b>Skanda Shasthi Begins</b>		<b>Kartika-Aipasi</b>			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR
	Wrischika Rasi: 1.07	Tithi 2 – 3	<b>Gulika</b> 11:53AM – 1:10PM	<b>Vishakha</b> Until 9:42AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:44AM</i>	Sun 15 Sutra 198
			Yama 9:19AM – 10:36AM	Saubhagya Until 10:34PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:02PM</i>	Vikarin 5121
		675313464	<b>Rahu</b> 2:27PM – 3:44PM	Taitila Until 1:22AM Wed	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Routine Work Marana Yoga			<b>Dvitiya</b> Until 2:21PM	Moon – Orange		3rd Phase	
Until 9:42AM				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Portland, OR
	Wrischika Rasi: 15.13	Tithi 3 – 4	<b>Gulika</b> 10:36AM – 11:53AM	<b>Anuradha</b> Until 8:29AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:46AM</i>	Sun 16 Sutra 199
			Yama 8:03AM – 9:19AM	Sobhana Until 8:11PM	<b>Muruqa:</b> Purple	<i>Sunset: 5:00PM</i>	Vikarin 5121
		675313464	<b>Rahu</b> 11:53AM – 1:10PM	Vanija Until 11:57PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Creative Work Siddha Yoga			<b>Tritiya</b> Until 12:33PM	Moon – Orange		3rd Phase	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>3</b>	<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR
	Wrischika Rasi: 28.52	Tithi 4 – 5	<b>Gulika</b> 9:20AM – 10:36AM	<b>Jyeshtha*</b> Until 7:51AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:47AM</i>	Sun 17 Sutra 200
			Yama 6:47AM – 8:04AM	Athiganda* Until 6:24PM	<b>Muruqa:</b> Purple	<i>Sunset: 4:59PM</i>	Vikarin 5121
		675313464	<b>Rahu</b> 1:09PM – 2:26PM	Bava Until 11:21PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Routine Work Prabalarishta Yoga			<b>Chaturthi*</b> Until 11:31AM	Moon – Orange		3rd Phase	
Until 7:51AM				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Portland, OR
	Dhanus Rasi: 12.04	Tithi 5 – 6	<b>Gulika</b> 8:05AM – 9:21AM	<b>Mula*</b> Until 8:20AM	<b>Ganesha:</b> Purple	<i>Sunrise: 6:49AM</i>	Sun 18 Sutra 201
			Yama 2:25PM – 3:41PM	Sukarma Until 5:18PM	<b>Muruqa:</b> Purple	<i>Sunset: 4:57PM</i>	Vikarin 5121
		685313464	<b>Rahu</b> 10:37AM – 11:53AM	Kaulava Until 11:37PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			<b>Panchami</b> Until 11:21AM	Moon – Light Blue		3rd Phase	
Until 8:20AM				<b>Kartika•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>5</b>	<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Portland, OR
	Dhanus Rasi: 24.49	Tithi 6 – 7	<b>Gulika</b> 6:50AM – 8:06AM	<b>Purvashadha*</b> Until 9:31AM	<b>Ganesha:</b> Purple	<i>Sunrise: 6:50AM</i>	Sun 19 Sutra 202
			Yama 1:09PM – 2:24PM	Dhriti Until 4:53PM	<b>Muruqa:</b> Purple	<i>Sunset: 4:56PM</i>	Vikarin 5121
		685313464	<b>Rahu</b> 9:21AM – 10:37AM	Gara Until 12:42AM Sun	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 12:02PM	Moon – Light Blue		3rd Phase	
Until 9:31AM				<b>Kartika•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>☾</b>	<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 2:24PM – 3:39PM	<b>Uttarashadha</b> Until 11:16AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:51AM</i>	Sun 20 Sutra 203
	Makara Rasi: 7.13	Tithi 7 – 8	Yama 11:53AM – 1:08PM	Shula* Until 4:59PM	<b>Muruqa:</b> Purple	<i>Sunset: 4:54PM</i>	Vikarin 5121
		686313464	<b>Rahu</b> 3:39PM – 4:54PM	Visti Until 2:29AM Mon	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			<b>Saptami</b> Until 1:30PM	Moon – Light Blue		Ashtami	
				<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>	

<b>☾</b>	<b>Monday, November 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 1:08PM – 2:23PM	<b>Shravana</b> Until 1:57PM	<b>Ganesha:</b> Purple	<i>Sunrise: 6:53AM</i>	Sun 21 Sutra 204
	Makara Rasi: 19.21	Tithi 8 – 9	Yama 10:38AM – 11:53AM	Ganda* Until 5:32PM	<b>Muruqa:</b> Purple	<i>Sunset: 4:53PM</i>	Vikarin 5121
		696313464	<b>Rahu</b> 8:08AM – 9:23AM	Balava Until 4:45AM Tue	<b>Nataraja:</b> Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			<b>Ashtami*</b> Until 3:33PM	Moon – Purple		Navami	
Until 1:57PM				<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>		<b>Tuesday, November 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau		Portland, OR Sun 22 Sutra 205 Vikarin 5121
Kumbha Rasi: 1.18	Tithi 9 – 10	<b>Gulika</b> 11:53AM – 1:08PM	<b>Dhanishtha</b> Until 4:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:54AM	
		Yama 9:23AM – 10:38AM	Vriddhi Until 6:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:52PM	Moon 10 - Phase 29
	696313464	<b>Rahu</b> 2:22PM – 3:37PM	Taitila Until 7:16AM Wed	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:58PM	Moon – Purple		<b>Sivaloka Day</b>
Until 4:49PM				<b>Kartika•Aipasi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau		Portland, OR Sun 23 Sutra 206 Vikarin 5121
Kumbha Rasi: 13.1	Tithi 10	<b>Gulika</b> 10:39AM – 11:53AM	<b>Shatabhishak</b> Until 7:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:55AM	
		Yama 8:10AM – 9:24AM	Dhruva Until 7:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Moon 10 - Phase 29
	696313464	<b>Rahu</b> 11:53AM – 1:07PM	Taitila Until 7:16AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:31PM	Moon – Purple		<b>Sivaloka Day</b>
Until 7:39PM				<b>Kartika•Aipasi</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 24 Sutra 207 Vikarin 5121
Kumbha Rasi: 25.01	Tithi 11	<b>Gulika</b> 9:25AM – 10:39AM	<b>Purvaproshtapada*</b> Until 10:44PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:57AM	
		Yama 6:57AM – 8:11AM	Vyaghata* Until 8:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Moon 10 - Phase 29
	716313464	<b>Rahu</b> 1:07PM – 2:21PM	Vanija Until 9:47AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 10:58PM	Moon – Clear		<b>Subha Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>4</b>		<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau		Portland, OR Sun 25 Sutra 208 Vikarin 5121
Meena Rasi: 6.56	Tithi 12	<b>Gulika</b> 8:12AM – 9:26AM	<b>Uttaraproshtapada</b> Until 1:25AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM	
		Yama 2:20PM – 3:34PM	Harshana Until 8:44PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:48PM	Moon 10 - Phase 29
	716313464	<b>Rahu</b> 10:39AM – 11:53AM	Bava Until 12:08PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:11AM Sat	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 1:25AM Sat				<b>Kartika•Aipasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>5</b>		<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Portland, OR Sun 26 Sutra 209 Vikarin 5121
Meena Rasi: 18.58	Tithi 13	<b>Gulika</b> 7:00AM – 8:13AM	<b>Revati</b> Until 3:37AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:00AM	
		Yama 1:07PM – 2:20PM	Vajra* Until 9:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 10 - Phase 29
	716313464	<b>Rahu</b> 9:26AM – 10:40AM	Kaulava Until 2:12PM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi</b> Until 3:03AM Sun	Moon – Clear		<b>Subha Sivaloka Day</b>
Until 3:37AM Sun				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						

<b>6</b>		<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, OR Sun 27 Sutra 210 Vikarin 5121
Mesha Rasi: 1.07	Tithi 14	<b>Gulika</b> 2:19PM – 3:32PM	<b>Ashvini</b> Until 5:45AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:01AM	
		Yama 11:53AM – 1:06PM	Siddhi Until 9:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:45PM	Moon 10 - Phase 29
	726313464	<b>Rahu</b> 3:32PM – 4:45PM	Gara Until 3:52PM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 4:32AM Mon	Moon – White		<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>○</b>		<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Visti*/Bava Karana Purnimayam Titau		Portland, OR Sun 28 Sutra 211 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:06PM – 2:19PM	<b>Bharani</b> Until 7:19AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:02AM	
Mesha Rasi: 13.27	Tithi 15	Yama 10:41AM – 11:53AM	Vyatipata* Until 9:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 29
<b>Family Home Evening</b>		<b>Rahu</b> 8:15AM – 9:28AM	Visti Until 5:07PM	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 5:34AM Tue	Moon – White		<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

<b>○</b>		<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Portland, OR Sun 29 Sutra 212 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:06PM	<b>Bharani</b> Until 7:19AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:04AM	
Mesha Rasi: 25.58	Tithi 16	Yama 9:29AM – 10:41AM	Variyan Until 8:30PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 29
	727413464	<b>Rahu</b> 2:18PM – 3:31PM	Balava Until 5:57PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:11AM Wed	Moon – White		<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



**Wednesday, November 13, 2019**

**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Portland, OR

Sutra 213

Vikarin 5121

Wrishabha Rasi: 8.4    Tithi 16 – 17

727413464

**Gulika** 10:42AM – 11:54AM  
**Yama** 8:17AM – 9:29AM  
**Rahu** 11:54AM – 1:06PM

**Krittika Until 8:19AM**

**Parigha\* Until 7:39PM**

Taitila Until 6:22PM

**Prathama\* Until 6:11AM**

**Ganesha:** White    *Sunrise:* 7:05AM

**Muruqa:** Purple    *Sunset:* 4:42PM

**Nataraja:** Purple  
Moon – White

**Karttika•Aipasi**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work    Amrita Yoga

Until 8:19AM

Then Creative Work - Siddha Yoga

**1**

**Thursday, November 14, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Grigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR

Sun 1

Sutra 214

Vikarin 5121

Wrishabha Rasi: 21.34    Tithi 17 – 18

737413464

**Gulika** 9:30AM – 10:42AM  
**Yama** 7:07AM – 8:18AM  
**Rahu** 1:06PM – 2:17PM

**Rohini Until 9:14AM**

Shiva Until 6:31PM

Vanija Until 6:23PM

**Dvitiya Until 6:24AM**

**Ganesha:** Clear    *Sunrise:* 7:07AM

**Muruqa:** Purple    *Sunset:* 4:41PM

**Nataraja:** Purple  
Moon – Yellow

**Karttika•Aipasi**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Routine Work    Marana Yoga

**2**

**Friday, November 15, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Portland, OR

Sun 2

Sutra 215

Vikarin 5121

Mithuna Rasi: 4.39    Tithi 18 – 19

737413464

**Gulika** 8:19AM – 9:31AM  
**Yama** 2:17PM – 3:28PM  
**Rahu** 10:42AM – 11:54AM

**Mrigashira Until 9:38AM**

Siddha Until 5:03PM

Bava Until 6:02PM

**Tritiya Until 6:14AM**

**Ganesha:** Clear    *Sunrise:* 7:08AM

**Muruqa:** Purple    *Sunset:* 4:40PM

**Nataraja:** Purple  
Moon – Yellow

**Karttika•Aipasi**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

**3**

**Saturday, November 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, OR

Sun 3

Sutra 216

Vikarin 5121

Mithuna Rasi: 17.56    Tithi 20

737413464

**Gulika** 7:09AM – 8:21AM  
**Yama** 1:05PM – 2:17PM  
**Rahu** 9:32AM – 10:43AM

**Ardra Until 9:32AM**

Sadhya Until 3:19PM

Kaulava Until 5:20PM

**Panchami Until 4:50AM Sun**

**Ganesha:** Clear    *Sunrise:* 7:09AM

**Muruqa:** Purple    *Sunset:* 4:39PM

**Nataraja:** Purple  
Moon – Yellow

**Karttika•Karttikai**

Moon 11 - Phase 30

1st Phase

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

**4**

**Sunday, November 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR

Sun 4

Sutra 217

Vikarin 5121

Kataka Rasi: 1.24    Tithi 21

748413465

**Gulika** 2:16PM – 3:27PM  
**Yama** 11:54AM – 1:05PM  
**Rahu** 3:27PM – 4:38PM

**Punarvasu Until 9:24AM**

Subha Until 1:20PM

Gara Until 4:17PM

**Shashthi\* Until 3:37AM Mon**

**Ganesha:** Clear    *Sunrise:* 7:11AM

**Muruqa:** Purple    *Sunset:* 4:38PM

**Nataraja:** Clear  
Moon – Blue

**Karttika•Karttikai**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Monday, November 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Portland, OR

Sun 5

Sutra 218

Vikarin 5121

Kataka Rasi: 15.04    Tithi 22

748413465

**Gulika** 1:05PM – 2:16PM  
**Yama** 10:44AM – 11:55AM  
**Rahu** 8:23AM – 9:33AM

**Pushya Until 8:46AM**

Sukla Until 11:03AM

Visti Until 2:53PM

**Saptami Until 2:03AM Tue**

**Ganesha:** Clear    *Sunrise:* 7:12AM

**Muruqa:** Purple    *Sunset:* 4:37PM

**Nataraja:** Clear  
Moon – Blue

**Karttika•Karttikai**

Moon 11 - Phase 30

1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

**Family Home Evening**

**D**

**Tuesday, November 19, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR

Sun 6

Sutra 219

Vikarin 5121

Kataka Rasi: 28.56    Tithi 23

748413465

**Gulika** 11:55AM – 1:05PM  
**Yama** 9:34AM – 10:44AM  
**Rahu** 2:15PM – 3:26PM

**Ashlesha\* Until 7:40AM**

Brahma Until 8:31AM

Balava Until 1:10PM

**Ashtami\* Until 12:10AM Wed**

**Ganesha:** Clear    *Sunrise:* 7:13AM

**Muruqa:** Purple    *Sunset:* 4:36PM

**Nataraja:** Clear  
Moon – Blue

**Karttika•Karttikai**

Moon 11 - Phase 30

Ashtami

**Sivaloka Day**

Creative Work    Siddha Yoga

**Wednesday, November 20, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR

Sun 7

Sutra 220

Vikarin 5121

Simha Rasi: 13    Tithi 24

758413465

**Gulika** 10:45AM – 11:55AM  
**Yama** 8:25AM – 9:35AM  
**Rahu** 11:55AM – 1:05PM

**Magha\* Until 6:32AM**

Vaidhriti\* Until 2:42AM Thu

Taitila Until 11:08AM

**Navami\* Until 9:59PM**

**Ganesha:** White    *Sunrise:* 7:15AM

**Muruqa:** Purple    *Sunset:* 4:35PM

**Nataraja:** Clear  
Moon – Red

**Karttika•Karttikai**

Moon 11 - Phase 30

Navami

**Subha Sivaloka Day**

Creative Work    Siddha Yoga

Until 6:32AM


Then Creative Work - Amrita Yoga

<b>1</b>	<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Portland, OR
	Simha Rasi: 27.16	Tithi 25	<b>Gulika</b> 9:36AM – 10:45AM	<b>Uttaraphalguni</b> Until 3:03AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:16AM	Sun 8 Sutra 221
		758413465	<b>Yama</b> 7:16AM – 8:26AM	Vishkambha* Until 11:29PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM	Vikarin 5121
	Amrita Yoga	<b>Rahu</b> 1:05PM – 2:15PM	Vanija Until 8:49AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
			<b>Dashami</b> Until 7:33PM	Moon – Red		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Kanya Rasi: 11.41	Tithi 26 – 27	<b>Gulika</b> 8:27AM – 9:36AM	<b>Hasta</b> Until 1:16AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:17AM	Sun 9 Sutra 222
		768413465	<b>Yama</b> 2:15PM – 3:24PM	Priti Until 8:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM	Vikarin 5121
	Creative Work	<b>Rahu</b> 10:46AM – 11:56AM	Bava Until 6:17AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
	Amrita Yoga		<b>Ekadashi*</b> Until 4:57PM	Moon – Green		2nd Phase	
	Until 1:16AM Sat			<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
	Then Routine Work - Marana Yoga						

<b>3</b>	<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Kanya Rasi: 26.11	Tithi 27 – 28	<b>Gulika</b> 7:19AM – 8:28AM	<b>Chitra</b> Until 11:20PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:19AM	Sun 10 Sutra 223
		768413465	<b>Yama</b> 1:05PM – 2:14PM	Ayushman Until 4:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Routine Work	<b>Rahu</b> 9:37AM – 10:47AM	Gara Until 12:59AM Sun	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
	Marana Yoga		<b>Dvadashi*</b> Until 2:17PM	Moon – Green		2nd Phase	
	Until 11:20PM			<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
	Then Creative Work - Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Tula Rasi: 10.41	Tithi 28 – 29	<b>Gulika</b> 2:14PM – 3:23PM	<b>Svati</b> Until 9:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM	Sun 11 Sutra 224
		769413465	<b>Yama</b> 11:56AM – 1:05PM	Saubhagya Until 1:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
	Creative Work	<b>Rahu</b> 3:23PM – 4:32PM	Visti Until 10:26PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
	Siddha Yoga		<b>Trayodashi*</b> Until 11:40AM	Moon – Green		2nd Phase	
	Until 9:21PM			<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	
	Then Routine Work - Marana Yoga						

	<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>		<b>Gulika</b> 1:05PM – 2:14PM	<b>Vishakha</b> Until 7:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:21AM	Sun 12 Sutra 225
	Tula Rasi: 25.04	Tithi 29 – 30	<b>Yama</b> 10:48AM – 11:56AM	Sobhana Until 10:15AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Vikarin 5121
	<b>Family Home Evening</b>	<b>Rahu</b> 8:30AM – 9:39AM	Catuspada Until 8:09PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
	Marana Yoga		<b>Chaturdashi*</b> Until 9:14AM	Moon – Orange		Amavasya	
	Until 7:54PM			<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	
	Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>	<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR
	Vrischika Rasi: 9.16	Tithi 30 – 1	<b>Gulika</b> 11:57AM – 1:05PM	<b>Anuradha</b> Until 6:42PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM	Sun 13 Sutra 226
		779413465	<b>Yama</b> 9:40AM – 10:48AM	Athiganda* Until 7:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Vikarin 5121
	Creative Work	<b>Rahu</b> 2:14PM – 3:22PM	Kintughna Until 6:16PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31	
	Siddha Yoga		<b>Amavasya*</b> Until 7:08AM	Moon – Orange		Prathama	
	Until 6:42PM			<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
	Then Routine Work - Marana Yoga						

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha /Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, OR Sun 14	Sutra 227 Vikarin 5121
Wrischika Rasi: 23.09	Tithi 2	<b>Gulika</b> 10:49AM – 11:57AM	<b>Jyeshtha* Until 5:53PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:24AM		
		Yama 8:32AM – 9:40AM	Dhriti Until 2:47AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 32
		779413465 <b>Rahu</b> 11:57AM – 1:05PM	Balava Until 4:55PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 4:29AM Thu</b>	Moon – Orange		<b>Devaloka Day</b>	
Until 5:53PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Portland, OR Sun 15	Sutra 228 Vikarin 5121
Dhanus Rasi: 6.41	Tithi 3	<b>Gulika</b> 9:41AM – 10:49AM	<b>Mula* Until 6:02PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:25AM		
		Yama 7:25AM – 8:33AM	Shula* Until 1:16AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:06PM – 2:14PM	Taitila Until 4:15PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 4:10AM Fri</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira-Karttikai</b>			

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Portland, OR Sun 16	Sutra 229 Vikarin 5121
Dhanus Rasi: 19.5	Tithi 4	<b>Gulika</b> 8:34AM – 9:42AM	<b>Purvashadha* Until 6:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:26AM		
		Yama 2:14PM – 3:21PM	Ganda* Until 12:21AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:50AM – 11:58AM	Vanija Until 4:19PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Chaturthi* Until 4:37AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 6:45PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Portland, OR Sun 17	Sutra 230 Vikarin 5121
Makara Rasi: 3	Tithi 5	<b>Gulika</b> 7:27AM – 8:35AM	<b>Uttarashadha Until 8:01PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:27AM		
		Yama 1:06PM – 2:14PM	Vriddhi Until 12:01AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:43AM – 10:50AM	Bava Until 5:08PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 5:47AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>	
Until 8:01PM				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava Karana Shashthyam Titau		Portland, OR Sun 18	Sutra 231 Vikarin 5121
Makara Rasi: 15.02	Tithi 6	<b>Gulika</b> 2:13PM – 3:21PM	<b>Shravana Until 10:16PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM		
		Yama 11:58AM – 1:06PM	Dhruva Until 12:09AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:21PM – 4:29PM	Kaulava Until 6:39PM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 7:35AM Mon</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 10:16PM				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 19	Sutra 232 Vikarin 5121
Makara Rasi: 27.13	Tithi 6 – 7	<b>Gulika</b> 1:06PM – 2:14PM	<b>Dhanishtha Until 12:51AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:30AM		
<b>Family Home Evening</b>		Yama 10:52AM – 11:59AM	Vyaghata* Until 12:41AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 <b>Rahu</b> 8:37AM – 9:44AM	Gara Until 8:42PM	<b>Nataraja:</b> Clear			3rd Phase
Until 12:51AM Tue			<b>Shashthi* Until 7:35AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Margasira-Karttikai</b>			

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 20	Sutra 233 Vikarin 5121
Kumbha Rasi: 9.13	Tithi 7 – 8	<b>Gulika</b> 11:59AM – 1:06PM	<b>Shatabhishak Until 3:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:31AM		
		Yama 9:45AM – 10:52AM	Harshana Until 1:27AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:14PM – 3:21PM	Visti Until 11:05PM	<b>Nataraja:</b> Clear			Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 9:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 3:33AM Wed				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 21	Sutra 234 Vikarin 5121
Kumbha Rasi: 21.07	Tithi 8 – 9	<b>Gulika</b> 10:53AM – 12:00PM	<b>Purvaproshtapada* Until 6:39AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:32AM		
		Yama 8:39AM – 9:46AM	Vajra* Until 2:15AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
		711413465 <b>Rahu</b> 12:00PM – 1:07PM	Balava Until 1:36AM Thu	<b>Nataraja:</b> Clear			Navami
Creative Work	Amrita Yoga		<b>Ashtami* Until 12:19PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 6:39AM Thu				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Portland, OR
Meena Rasi: 3	Tithi 9 – 10	711413465	<b>Gulika</b> 9:47AM – 10:53AM <b>Yama</b> 7:33AM – 8:40AM <b>Rahu</b> 1:07PM – 2:14PM	<b>Purvaproshtapada* Until 6:39AM</b> Siddhi Until 2:59AM Fri Taitila Until 4:00AM Fri Navami* Until 2:48PM	Sun 22 Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:33AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Portland, OR
Meena Rasi: 14.56	Tithi 10 – 11	711413465	<b>Gulika</b> 8:41AM – 9:47AM <b>Yama</b> 2:14PM – 3:20PM <b>Rahu</b> 10:54AM – 12:01PM	<b>Uttaraproshtapada Until 9:27AM</b> Vyatipata* Until 3:31AM Sat Vanija Until 6:07AM Sat Dashami Until 5:05PM	Sun 23 Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:34AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Portland, OR
Meena Rasi: 26.59	Tithi 11	711513465	<b>Gulika</b> 7:35AM – 8:41AM <b>Yama</b> 1:07PM – 2:14PM <b>Rahu</b> 9:48AM – 10:54AM	<b>Revati Until 11:46AM</b> Varyan Until 3:43AM Sun Vanija Until 6:07AM Ekadashi Until 6:59PM	Sun 24 Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga		<b>Gita Jayanthi</b>	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:35AM Sunset: 4:27PM <b>Subha Sivaloka Day</b> Margasira-Karttikai
Until 11:46AM					
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Portland, OR
Mesha Rasi: 9.13	Tithi 12	721513465	<b>Gulika</b> 2:14PM – 3:21PM <b>Yama</b> 12:01PM – 1:08PM <b>Rahu</b> 3:21PM – 4:27PM	<b>Ashvini Until 1:59PM</b> Parigha* Until 3:31AM Mon Bava Until 7:47AM Dvadashi Until 8:24PM	Sun 25 Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:36AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai
Until 1:59PM					
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Portland, OR
Mesha Rasi: 21.4	Tithi 13	721513465	<b>Gulika</b> 1:08PM – 2:14PM <b>Yama</b> 10:56AM – 12:02PM <b>Rahu</b> 8:43AM – 9:49AM	<b>Bharani Until 3:30PM</b> Shiva Until 2:54AM Tue Kaulava Until 8:55AM Trayodashi Until 9:15PM	Sun 26 Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga			Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:37AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai
Until 3:30PM					
Then Routine Work - Marana Yoga					
					<i>Pradosha Vrata</i>

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Portland, OR
Vrishabha Rasi: 4.22	Tithi 14	721513465	<b>Gulika</b> 12:02PM – 1:08PM <b>Yama</b> 9:50AM – 10:56AM <b>Rahu</b> 2:15PM – 3:21PM	<b>Krittika Until 4:18PM</b> Siddha Until 1:49AM Wed Gara Until 9:29AM Chaturdashi* Until 9:31PM	Sun 27 Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga		<b>Krittika Deepam</b>	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:38AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai
Until 4:18PM					
Then Creative Work - Amrita Yoga					

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Portland, OR
<b>Copper Retreat Star</b>			<b>Gulika</b> 10:57AM – 12:03PM <b>Yama</b> 8:45AM – 9:51AM <b>Rahu</b> 12:03PM – 1:09PM	<b>Rohini Until 4:52PM</b> Sadhya Until 12:20AM Thu Visti Until 9:28AM Purnima* Until 9:14PM	Sun 28 Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 17.21	Tithi 15	731523465		Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:39AM Sunset: 4:27PM <b>Sivaloka Day</b> Margasira-Karttikai
Creative Work	Siddha Yoga				

<b>○</b>		<b>Thursday, December 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Portland, OR
<b>Silver Retreat Star</b>			<b>Gulika</b> 9:51AM – 10:57AM <b>Yama</b> 7:40AM – 8:46AM <b>Rahu</b> 1:09PM – 2:15PM	<b>Mrigashira Until 4:48PM</b> Subha Until 10:28PM Balava Until 8:55AM Prathama* Until 8:27PM	Sun 29 Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Mithuna Rasi: 0.37	Tithi 16	732523465		Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:40AM Sunset: 4:27PM <b>Devaloka Day</b> Margasira-Karttikai
Routine Work	Marana Yoga				
					<b>Vinayaga Viratam Begins</b>

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, OR

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 14.07 Tithi 17

732523465

**Gulika** 8:46AM – 9:52AM  
**Yama** 2:15PM – 3:21PM  
**Rahu** 10:58AM – 12:04PM

**Ardra Until 4:09PM**  
Sukla Until 8:15PM  
Taitila Until 7:56AM  
**Dvitiya Until 7:16PM**

**Ganesha:** Clear *Sunrise: 7:40AM*  
**Muruqa:** Clear *Sunset: 4:27PM*  
**Nataraja:** Clear  
Moon – Yellow  
**Margasira-Karttikai**

**Devaloka Day**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanija/Bava Karana Tritiya/Chaturthiyam Titau

Portland, OR

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 27.51 Tithi 18 – 19

742523465

**Gulika** 7:41AM – 8:47AM  
**Yama** 1:10PM – 2:16PM  
**Rahu** 9:53AM – 10:59AM

**Punarvasu Until 3:29PM**  
Brahma Until 5:49PM  
Vanija Until 6:34AM  
**Tritiya Until 5:45PM**

**Ganesha:** Purple *Sunrise: 7:41AM*  
**Muruqa:** Clear *Sunset: 4:27PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Portland, OR

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 11.45 Tithi 19 – 20

742523465

**Gulika** 2:16PM – 3:22PM  
**Yama** 12:05PM – 1:10PM  
**Rahu** 3:22PM – 4:27PM

**Pushya Until 2:25PM**  
Indra Until 3:11PM  
Kaulava Until 3:04AM Mon  
**Chaturthi\* Until 4:00PM**

**Ganesha:** Purple *Sunrise: 7:42AM*  
**Muruqa:** Clear *Sunset: 4:27PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Karttikai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Portland, OR

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 25.47 Tithi 20 – 21

842523465

**Family Home Evening**

Creative Work Siddha Yoga

Until 1:02PM

Then Routine Work - Marana Yoga

**Gulika** 1:11PM – 2:16PM  
**Yama** 11:00AM – 12:05PM  
**Rahu** 8:48AM – 9:54AM

**Ashlesha\* Until 1:02PM**  
Vaidhriti\* Until 12:24PM  
Gara Until 1:06AM Tue  
**Panchami Until 2:04PM**

**Ganesha:** Clear *Sunrise: 7:43AM*  
**Muruqa:** Clear *Sunset: 4:28PM*  
**Nataraja:** Clear  
Moon – Blue  
**Margasira-Markali**

**Devaloka Day**

**Markali Pillaiyar**

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Portland, OR

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 9.53 Tithi 21 – 22

852523465

Creative Work Siddha Yoga

**Gulika** 12:06PM – 1:11PM  
**Yama** 9:55AM – 11:00AM  
**Rahu** 2:17PM – 3:22PM

**Magha\* Until 11:50AM**  
Vishkambha\* Until 9:33AM  
Visti Until 11:02PM  
**Shashthi\* Until 12:03PM**

**Ganesha:** Purple *Sunrise: 7:43AM*  
**Muruqa:** Clear *Sunset: 4:28PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Portland, OR

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 24.02 Tithi 22 – 23

852523465

Creative Work Amrita Yoga

**Gulika** 11:01AM – 12:06PM  
**Yama** 8:50AM – 9:55AM  
**Rahu** 12:06PM – 1:12PM

**Purvaphalguni Until 10:27AM**  
Priti Until 6:40AM  
Balava Until 8:57PM  
**Saptami Until 9:59AM**

**Ganesha:** Purple *Sunrise: 7:44AM*  
**Muruqa:** Clear *Sunset: 4:28PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 8.11 Tithi 23 – 24

852523465

Amrita Yoga

Until 8:55AM

Then Routine Work - Marana Yoga

**Gulika** 9:56AM – 11:01AM  
**Yama** 7:45AM – 8:50AM  
**Rahu** 1:12PM – 2:18PM

**Uttaraphalguni Until 8:55AM**  
Saubhagya Until 12:50AM Fri  
Taitila Until 6:53PM  
**Ashtami\* Until 7:54AM**

**Ganesha:** Purple *Sunrise: 7:45AM*  
**Muruqa:** Clear *Sunset: 4:29PM*  
**Nataraja:** Clear  
Moon – Red  
**Margasira-Markali**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, OR Sun 8 Sutra 250 Vikarin 5121	
Kanya Rasi: 22.2	Tithi 25	862523465	<b>Gulika</b> 8:51AM – 9:56AM <b>Yama</b> 2:18PM – 3:24PM <b>Rahu</b> 11:02AM – 12:07PM	<b>Hasta</b> <b>Until 7:41AM</b> Sobhana <b>Until 9:59PM</b> Vanija <b>Until 4:51PM</b> <b>Dashami</b> <b>Until 3:51AM Sat</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:29PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Moon 12 - Phase 35 2nd Phase	
Creative Work Amrita Yoga Until 7:41AM Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 9 Sutra 251 Vikarin 5121	
Tula Rasi: 6.26	Tithi 26	862523465	<b>Gulika</b> 7:46AM – 8:51AM <b>Yama</b> 1:13PM – 2:19PM <b>Rahu</b> 9:57AM – 11:02AM	<b>Chitra</b> <b>Until 6:22AM</b> Athiganda* <b>Until 7:12PM</b> Bava <b>Until 2:54PM</b> <b>Ekadashi*</b> <b>Until 1:58AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:30PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Devaloka Day</b> Moon 12 - Phase 35 2nd Phase	
Routine Work Marana Yoga Until 6:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati		Margasira*Markali			
<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 252 Vikarin 5121	
Tula Rasi: 20.28	Tithi 27	872523465	<b>Gulika</b> 2:19PM – 3:25PM <b>Yama</b> 12:08PM – 1:14PM <b>Rahu</b> 3:25PM – 4:30PM	<b>Vishakha</b> <b>Until 4:13AM Mon</b> Sukarma <b>Until 4:33PM</b> Kaulava <b>Until 1:07PM</b> <b>Dvadashi*</b> <b>Until 12:17AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise: 7:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:30PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 4:13AM Mon Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati		Margasira*Markali			
<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 253 Vikarin 5121	
Vrischika Rasi: 4.21	Tithi 28	872523465	<b>Gulika</b> 1:14PM – 2:20PM <b>Yama</b> 11:03AM – 12:09PM <b>Rahu</b> 8:52AM – 9:58AM	<b>Anuradha</b> <b>Until 3:31AM Tue</b> Dhriti <b>Until 2:07PM</b> Gara <b>Until 11:34AM</b> <b>Trayodashi*</b> <b>Until 10:52PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> White <i>Sunrise: 7:47AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:31PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Family Home Evening Creative Work Siddha Yoga Until 3:31AM Tue Then Routine Work - Marana Yoga		Day 3 of Pancha Ganapati		Margasira*Markali			
<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 254 Vikarin 5121	
Vrischika Rasi: 18.04	Tithi 29	872523465	<b>Gulika</b> 12:09PM – 1:15PM <b>Yama</b> 9:58AM – 11:04AM <b>Rahu</b> 2:20PM – 3:26PM	<b>Jyeshtha*</b> <b>Until 3:02AM Wed</b> Shula* <b>Until 11:54AM</b> Visti <b>Until 10:19AM</b> <b>Chaturdashi*</b> <b>Until 9:49PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:47AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:31PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga		Day 4 of Pancha Ganapati		Margasira*Markali			
<b>Retreat Star</b>		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 255 Vikarin 5121	
Dhanus Rasi: 1.34	Tithi 30	883523465	<b>Gulika</b> 11:04AM – 12:10PM <b>Yama</b> 8:53AM – 9:59AM <b>Rahu</b> 12:10PM – 1:15PM	<b>Mula*</b> <b>Until 3:19AM Thu</b> Ganda* <b>Until 10:02AM</b> Catuspada <b>Until 9:29AM</b> <b>Amavasya*</b> <b>Until 9:14PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:48AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:32PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b> Moon 12 - Phase 35 Amavasya	
Routine Work Marana Yoga Until 3:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati		Margasira*Markali			
<b>Retreat Star</b>		<b>Thursday, December 26, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 14 Sutra 256 Vikarin 5121	
Dhanus Rasi: 14.47	Tithi 1	883523466	<b>Gulika</b> 9:59AM – 11:05AM <b>Yama</b> 7:48AM – 8:54AM <b>Rahu</b> 1:16PM – 2:21PM	<b>Purvashadha*</b> <b>Until 3:59AM Fri</b> Vriddhi <b>Until 8:34AM</b> Kintughna <b>Until 9:09AM</b> <b>Prathama*</b> <b>Until 9:10PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:48AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:33PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	<b>Devaloka Day</b> Pausha*Markali	
Creative Work Siddha Yoga Until 3:59AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse		Margasira*Markali			

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR
Dhanus Rasi: 27.44	Tithi 2	<b>Gulika</b> 8:54AM – 10:00AM	<b>Uttarashadha Until 5:04AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:48AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:22PM – 3:28PM	Dhruva Until 7:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:33PM			Moon 12 - Phase 36
		883523466 <b>Rahu</b> 11:05AM – 12:11PM	Balava Until 9:22AM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 9:42PM</b>	Moon – Light Blue				<b>Devaloka Day</b>
Until 5:04AM Sat				<b>Pausha-Markali</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR
Makara Rasi: 10.23	Tithi 3	<b>Gulika</b> 7:49AM – 8:54AM	<b>Shravana Until 7:02AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:17PM – 2:23PM	Vyaghata* Until 6:56AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:34PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 10:00AM – 11:06AM	Taitila Until 10:12AM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 10:49PM</b>	Moon – Purple				<b>Devaloka Day</b>
Until 7:02AM Sun				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Portland, OR
Makara Rasi: 22.47	Tithi 4	<b>Gulika</b> 2:23PM – 3:29PM	<b>Shravana Until 7:02AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 12:12PM – 1:18PM	Harshana Until 6:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:35PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 3:29PM – 4:35PM	Vanija Until 11:37AM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 12:29AM Mon</b>	Moon – Purple				<b>Devaloka Day</b>
Until 7:02AM				<b>Pausha-Markali</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR
Kumbha Rasi: 4.59	Tithi 5	<b>Gulika</b> 1:18PM – 2:24PM	<b>Dhanishtha Until 9:20AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 11:06AM – 12:12PM	Vajra* Until 7:03AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:36PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 8:55AM – 10:01AM	Bava Until 1:31PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:36AM Tue</b>	Moon – Purple				<b>Devaloka Day</b>
				<b>Pausha-Markali</b>				

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR
Kumbha Rasi: 17	Tithi 6	<b>Gulika</b> 12:13PM – 1:19PM	<b>Shatabhishak Until 11:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:49AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 10:01AM – 11:07AM	Siddhi Until 7:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:37PM			Moon 12 - Phase 36
		893523466 <b>Rahu</b> 2:25PM – 3:31PM	Kaulava Until 3:48PM	<b>Nataraja:</b> Orange				3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 5:01AM Wed</b>	Moon – Purple				<b>Devaloka Day</b>
				<b>Pausha-Markali</b>				

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Gara Karana Saptamyam Titau				Portland, OR
Kumbha Rasi: 28.55	Tithi 7	<b>Gulika</b> 11:08AM – 12:14PM	<b>Purvaprosarthapada* Until 2:54PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:55AM – 10:01AM	Vyatipata* Until 8:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:38PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 12:14PM – 1:20PM	Gara Until 6:17PM	<b>Nataraja:</b> Orange				3rd Phase
Creative Work	Amrita Yoga		<b>Saptami Until 7:31AM Thu</b>	Moon – Clear				<b>Bhuloka Day</b>
Until 2:54PM				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>						

<b>☾</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Portland, OR
<b>Retreat Star</b>		<b>Gulika</b> 10:02AM – 11:08AM	<b>Uttaraprosarthapada Until 5:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	Sun 21	Sutra 263	Vikarin 5121
Meena Rasi: 10.48	Tithi 7 – 8	Yama 7:49AM – 8:55AM	Variyan Until 9:08AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:39PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 1:20PM – 2:27PM	Visti Until 8:46PM	<b>Nataraja:</b> Orange				Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 7:31AM</b>	Moon – Clear				<b>Bhuloka Day</b>
				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM

<b>☾</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
<b>Retreat Star</b>		<b>Gulika</b> 8:55AM – 10:02AM	<b>Revati Until 8:23PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:49AM	Sun 22	Sutra 264	Vikarin 5121
Meena Rasi: 22.43	Tithi 8 – 9	Yama 2:27PM – 3:34PM	Parigha* Until 9:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM			Moon 12 - Phase 36
		813623466 <b>Rahu</b> 11:08AM – 12:15PM	Balava Until 11:02PM	<b>Nataraja:</b> Orange				Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:55AM</b>	Moon – Clear				<b>Bhuloka Day</b>
Until 8:23PM				<b>Pausha-Markali</b>				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, OR Sun 23
	Mesha Rasi: 4.44	Tithi 9 – 10	823623466	<b>Gulika</b> 7:49AM – 8:56AM <b>Yama</b> 1:22PM – 2:28PM <b>Rahu</b> 10:02AM – 11:09AM	<b>Ashvini Until 10:54PM</b> Shiva Until 10:21AM Taitila Until 12:54AM Sun Navami* Until 12:01PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sunrise: 7:49AM Sunset: 4:41PM Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 24
	Mesha Rasi: 16.57	Tithi 10 – 11	823623466	<b>Gulika</b> 2:29PM – 3:36PM <b>Yama</b> 12:16PM – 1:22PM <b>Rahu</b> 3:36PM – 4:42PM	<b>Bharani Until 12:44AM Mon</b> Siddha Until 10:27AM Vanija Until 2:11AM Mon Dashami Until 1:36PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sunrise: 7:49AM Sunset: 4:42PM Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
	Routine Work	Prabalarishta Yoga					
	Until 12:44AM Mon			<b>Subramuniyaswami Jayanti</b>			

3	<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 25
	Mesha Rasi: 29.25	Tithi 11 – 12	823623466	<b>Gulika</b> 1:23PM – 2:30PM <b>Yama</b> 11:09AM – 12:16PM <b>Rahu</b> 8:55AM – 10:02AM	<b>Krittika Until 1:45AM Tue</b> Sadhya Until 10:06AM Bava Until 2:47AM Tue Ekadashi Until 2:33PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Pausha-Markali</b>	Sunrise: 7:49AM Sunset: 4:43PM Moon 12 - Phase 37 4th Phase <b>Devaloka Day</b>
	Family Home Evening	Marana Yoga					
	Until 1:45AM Tue						

4	<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26
	Virshabha Rasi: 12.11	Tithi 12 – 13	833623466	<b>Gulika</b> 12:16PM – 1:23PM <b>Yama</b> 10:02AM – 11:09AM <b>Rahu</b> 2:30PM – 3:38PM	<b>Rohini Until 2:22AM Wed</b> Subha Until 9:13AM Kaulava Until 2:38AM Wed Dvadashi Until 2:47PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sunrise: 7:48AM Sunset: 4:45PM Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Amrita Yoga					
	Until 2:22AM Wed				<i>Pradosha Vrata</i>		

5	<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 27
	Virshabha Rasi: 25.2	Tithi 13 – 14	833623466	<b>Gulika</b> 11:10AM – 12:17PM <b>Yama</b> 8:55AM – 10:03AM <b>Rahu</b> 12:17PM – 1:24PM	<b>Mrigashira Until 2:09AM Thu</b> Sukla Until 7:44AM Gara Until 1:48AM Thu Trayodashi Until 2:17PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sunrise: 7:48AM Sunset: 4:46PM Moon 12 - Phase 37 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					
	Until 2:09AM Thu						

○	<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Portland, OR Sutra 270
	<b>Copper Retreat Star</b>		834623466	<b>Gulika</b> 10:03AM – 11:10AM <b>Yama</b> 7:48AM – 8:55AM <b>Rahu</b> 1:25PM – 2:32PM	<b>Ardra Until 1:10AM Fri</b> Indra Until 3:16AM Fri Visti Until 12:19AM Fri Chaturdashi* Until 1:07PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Yellow <b>Pausha-Markali</b>	Sunrise: 7:48AM Sunset: 4:47PM Moon 12 - Phase 37 Purnima <b>Devaloka Day</b>
	Routine Work	Marana Yoga		<b>Ardra Darshanam</b>			
	Until 1:10AM Fri						

○	<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Portland, OR Sutra 271
	<b>Silver Retreat Star</b>		844623466	<b>Gulika</b> 8:55AM – 10:03AM <b>Yama</b> 2:33PM – 3:40PM <b>Rahu</b> 11:10AM – 12:18PM	<b>Punarvasu Until 11:59PM</b> Vaidhriti* Until 12:22AM Sat Balava Until 10:20PM Purnima* Until 11:22AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Blue <b>Pausha-Markali</b>	Sunrise: 7:47AM Sunset: 4:48PM Moon 12 - Phase 37 Prathama <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga		<b>Penumbra Lunar Eclipse</b>			
	Until 11:59PM						

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada



**Saturday, January 11, 2020**  
**Gold Retreat Star**

Kataka Rasi: 6.54      Tithi 16 – 17  
844623466

Creative Work    Siddha Yoga  
Until 10:17PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    7:47AM – 8:55AM    **Pushya Until 10:17PM**  
Yama       1:26PM – 2:34PM    Vishkambha\* Until 9:12PM  
**Rahu**       10:03AM – 11:10AM    Taitila Until 7:58PM  
Prathama\* Until 9:10AM

**Ganesha:** White    *Sunrise:* 7:47AM  
**Muruqa:** Clear    *Sunset:* 4:49PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Portland, OR  
Sutra 272  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

**1**

**Sunday, January 12, 2020**

Kataka Rasi: 21.19      Tithi 17 – 18  
844623466

Creative Work    Siddha Yoga  
Until 8:13PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti/Ayushman Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

**Gulika**    2:34PM – 3:42PM    **Ashlesha\* Until 8:13PM**  
Yama       12:18PM – 1:26PM    Priti Until 5:51PM  
**Rahu**       3:42PM – 4:50PM    Visti Until 3:59AM Mon  
Dvitiya Until 6:40AM

**Ganesha:** White    *Sunrise:* 7:47AM  
**Muruqa:** Clear    *Sunset:* 4:50PM  
**Nataraja:** Orange  
Moon – Blue  
**Pausha-Markali**

Portland, OR  
Sun 1      Sutra 273  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

**2**

**Monday, January 13, 2020**

Simha Rasi: 5.5      Tithi 19  
854623466

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 6:21PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika**    1:27PM – 2:35PM    **Magha\* Until 6:21PM**  
Yama       11:11AM – 12:19PM    Ayushman Until 2:24PM  
**Rahu**       8:54AM – 10:02AM    Bava Until 2:39PM  
Chaturthi\* Until 1:16AM Tue

**Ganesha:** Clear    *Sunrise:* 7:46AM  
**Muruqa:** Clear    *Sunset:* 4:52PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Markali**

Portland, OR  
Sun 2      Sutra 274  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**3**

**Tuesday, January 14, 2020**

Simha Rasi: 20.23      Tithi 20  
854623466

Creative Work    Siddha Yoga  
Until 4:23PM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    12:19PM – 1:28PM    **Purvaphalguni Until 4:23PM**  
Yama       10:02AM – 11:11AM    Saubhagya Until 10:58AM  
**Rahu**       2:36PM – 3:44PM    Kaulava Until 11:57AM  
Thai Pongal      **Panchami Until 10:38PM**

**Ganesha:** Clear    *Sunrise:* 7:46AM  
**Muruqa:** Clear    *Sunset:* 4:53PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

Portland, OR  
Sun 3      Sutra 275  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**4**

**Wednesday, January 15, 2020**

Kanya Rasi: 4.51      Tithi 21  
854623466

Creative Work    Amrita Yoga  
Until 2:26PM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika**    11:11AM – 12:20PM    **Uttaraphalguni Until 2:26PM**  
Yama       8:54AM – 10:02AM    Sobhana Until 7:40AM  
**Rahu**       12:20PM – 1:28PM    Gara Until 9:24AM  
Shashthi\* Until 8:11PM

**Ganesha:** Clear    *Sunrise:* 7:45AM  
**Muruqa:** Clear    *Sunset:* 4:54PM  
**Nataraja:** Orange  
Moon – Red  
**Pausha-Thai**

Portland, OR  
Sun 4      Sutra 276  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Devaloka Day**

**5**

**Thursday, January 16, 2020**

Kanya Rasi: 19.11      Tithi 22 – 23  
864623466

Routine Work    Marana Yoga  
Until 1:00PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    10:02AM – 11:11AM    **Hasta Until 1:00PM**  
Yama       7:44AM – 8:53AM    Sukarma Until 1:35AM Fri  
**Rahu**       1:29PM – 2:38PM    Visti Until 7:04AM  
Saptami Until 5:59PM

**Ganesha:** Purple    *Sunrise:* 7:44AM  
**Muruqa:** Clear    *Sunset:* 4:55PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Portland, OR  
Sun 5      Sutra 277  
Vikarin 5121  
Moon 1 - Phase 38  
1st Phase

**Sivaloka Day**

**☾**

**Friday, January 17, 2020**

**Retreat Star**

Tula Rasi: 3.19      Tithi 23 – 24  
864623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    8:53AM – 10:02AM    **Chitra Until 11:43AM**  
Yama       2:39PM – 3:48PM    Dhriti Until 10:56PM  
**Rahu**       11:11AM – 12:20PM    Taitila Until 3:19AM Sat  
Ashtami\* Until 4:06PM

**Ganesha:** Purple    *Sunrise:* 7:44AM  
**Muruqa:** Clear    *Sunset:* 4:57PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Portland, OR  
Sun 6      Sutra 278  
Vikarin 5121  
Moon 1 - Phase 38  
Ashtami

**Sivaloka Day**

**Saturday, January 18, 2020**

**Retreat Star**

Tula Rasi: 17.14      Tithi 24 – 25  
864623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika**    7:43AM – 8:52AM    **Svati Until 10:39AM**  
Yama       1:30PM – 2:39PM    Shula\* Until 8:33PM  
**Rahu**       10:02AM – 11:11AM    Vanija Until 1:58AM Sun  
Navami\* Until 2:35PM

**Ganesha:** Purple    *Sunrise:* 7:43AM  
**Muruqa:** Clear    *Sunset:* 4:58PM  
**Nataraja:** Orange  
Moon – Green  
**Pausha-Thai**

Portland, OR  
Sun 7      Sutra 279  
Vikarin 5121  
Moon 1 - Phase 38  
Navami


**Sivaloka Day**

<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Portland, OR
	Wrischika Rasi: 0.56	Tithi 25 – 26	874623466	<b>Gulika</b> 2:40PM – 3:50PM	<b>Vishakha</b> Until 10:14AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 8 Sutra 280 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 12:21PM – 1:31PM	Ganda* Until 6:30PM Bava Until 1:01AM Mon	<b>Sunrise:</b> 7:42AM <b>Sunset:</b> 4:59PM	Devaloka Day
				<b>Rahu</b> 3:50PM – 4:59PM	Dashami Until 1:26PM	<b>Pausha*Thai</b>	

<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Wrischika Rasi: 14.25	Tithi 26 – 27	874623466	<b>Gulika</b> 1:31PM – 2:41PM	<b>Anuradha</b> Until 10:02AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 9 Sutra 281 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Family Home Evening			Yama 11:11AM – 12:21PM	Vriddhi Until 4:45PM Kaulava Until 12:27AM Tue	<b>Sunrise:</b> 7:42AM <b>Sunset:</b> 5:01PM	Devaloka Day
	Creative Work	Siddha Yoga		<b>Rahu</b> 8:51AM – 10:01AM	Ekadashi* Until 12:40PM	<b>Pausha*Thai</b>	

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Wrischika Rasi: 27.4	Tithi 27 – 28	875623466	<b>Gulika</b> 12:21PM – 1:32PM	<b>Jyeshtha*</b> Until 10:05AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange	Sun 10 Sutra 282 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 10:01AM – 11:11AM	Dhruva Until 3:17PM Gara Until 12:18AM Wed	<b>Sunrise:</b> 7:41AM <b>Sunset:</b> 5:02PM	Bhuloka Day
	Until 10:05AM			<b>Rahu</b> 2:42PM – 3:52PM	Dvadashi* Until 12:18PM	<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Dhanus Rasi: 10.43	Tithi 28 – 29	885623466	<b>Gulika</b> 11:11AM – 12:22PM	<b>Mula*</b> Until 10:51AM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	Sun 11 Sutra 283 Vikarin 5121 Moon 1 - Phase 39 2nd Phase
	Routine Work	Marana Yoga		Yama 8:50AM – 10:01AM	Vyaghata* Until 2:10PM Visti Until 12:34AM Thu	<b>Sunrise:</b> 7:40AM <b>Sunset:</b> 5:04PM	Bhuloka Day
	Until 10:51AM			<b>Rahu</b> 12:22PM – 1:32PM	Trayodashi* Until 12:21PM	<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 10:00AM – 11:11AM	<b>Purvashadha*</b> Until 11:51AM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	Sun 12 Sutra 284 Vikarin 5121 Moon 1 - Phase 39 Amavasya
	Dhanus Rasi: 23.33	Tithi 29 – 30	885623466	Yama 7:39AM – 8:50AM	Harshana Until 1:23PM Catuspada Until 1:15AM Fri	<b>Sunrise:</b> 7:39AM <b>Sunset:</b> 5:05PM	Bhuloka Day
	Creative Work	Siddha Yoga		<b>Rahu</b> 1:33PM – 2:43PM	Chaturdashi* Until 12:50PM	<b>Pausha*Thai</b>	Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Portland, OR
	<b>Retreat Star</b>			<b>Gulika</b> 8:49AM – 10:00AM	<b>Uttarashadha</b> Until 1:07PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue	Sun 13 Sutra 285 Vikarin 5121 Moon 1 - Phase 39 Prathama
	Makara Rasi: 6.11	Tithi 30 – 1	885623466	Yama 2:44PM – 3:55PM	Vajra* Until 12:54PM Kintughna Until 2:23AM Sat	<b>Sunrise:</b> 7:38AM <b>Sunset:</b> 5:06PM	Bhuloka Day
	Routine Work	Marana Yoga		<b>Rahu</b> 11:11AM – 12:22PM	Amavasya* Until 1:44PM	<b>Magha*Thai</b>	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, OR
	Makara Rasi: 18.38	Tithi 1 – 2	995623466	<b>Gulika</b> 7:37AM – 8:48AM Yama 1:34PM – 2:45PM <b>Rahu</b> 10:00AM – 11:11AM	<b>Shravana Until 3:08PM</b> Siddhi Until 12:46PM Balava Until 3:56AM Sun Prathama* Until 3:05PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	Sun 14 Sutra 286 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR
	Kumbha Rasi: 0.55	Tithi 2 – 3	995723466	<b>Gulika</b> 2:46PM – 3:58PM Yama 12:23PM – 1:34PM <b>Rahu</b> 3:58PM – 5:09PM	<b>Dhanishtha Until 5:21PM</b> Vyatipata* Until 12:57PM Taitila Until 5:52AM Mon Dvitiya Until 4:50PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	Sun 15 Sutra 287 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					
	Until 5:21PM	Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Gara Karana Tritiyayam Titau				Portland, OR
	Kumbha Rasi: 13.01	Tithi 3	995723466	<b>Gulika</b> 1:35PM – 2:47PM Yama 11:11AM – 12:23PM <b>Rahu</b> 8:47AM – 9:59AM	<b>Shatabhishak Until 7:45PM</b> Variyan Until 1:23PM Gara Until 6:56PM Tritiya Until 6:56PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha-Thai</b>	Sun 16 Sutra 288 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Family Home Evening	Creative Work	Siddha Yoga				
	Until 7:45PM	Then Routine Work - Marana Yoga					

<b>4</b>	<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthayam Titau				Portland, OR
	Kumbha Rasi: 25.01	Tithi 4	915723466	<b>Gulika</b> 12:23PM – 1:35PM Yama 9:59AM – 11:11AM <b>Rahu</b> 2:48PM – 4:00PM	<b>Purvaproshtapada* Until 10:44PM</b> Parigha* Until 2:02PM Vanija Until 8:06AM Chaturthi* Until 9:18PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	Sun 17 Sutra 289 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 10:44PM	Then Creative Work - Amrita Yoga					

<b>5</b>	<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR
	Meena Rasi: 6.55	Tithi 5	915723466	<b>Gulika</b> 11:11AM – 12:23PM Yama 8:46AM – 9:58AM <b>Rahu</b> 12:23PM – 1:36PM	<b>Uttaraproshtapada Until 1:41AM Thu</b> Shiva Until 2:51PM Bava Until 10:34AM Panchami Until 11:49PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	Sun 18 Sutra 290 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>6</b>	<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR
	Meena Rasi: 18.47	Tithi 6	916723466	<b>Gulika</b> 9:58AM – 11:10AM Yama 7:32AM – 8:45AM <b>Rahu</b> 1:36PM – 2:49PM	<b>Revati Until 4:26AM Fri</b> Siddha Until 3:40PM Kaulava Until 1:06PM Shashthi* Until 2:19AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha-Thai</b>	Sun 19 Sutra 291 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 4:26AM Fri	Then Creative Work - Amrita Yoga					

<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saptamyam Titau				Portland, OR
<b>Retreat Star</b>		926723466	<b>Gulika</b> 8:44AM – 9:57AM Yama 2:50PM – 4:03PM <b>Rahu</b> 11:10AM – 12:24PM	<b>Ashvini Until 7:20AM Sat</b> Sadhya Until 4:25PM Gara Until 3:32PM Saptami Until 4:38AM Sat	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	Sun 20 Sutra 292 Vikarin 5121 Moon 1 - Phase 40 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mesha Rasi: 0.41	Tithi 7					
Creative Work	Amrita Yoga					
Until 7:20AM Sat	Then Creative Work - Siddha Yoga					

<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, OR
<b>Retreat Star</b>		926723466	<b>Gulika</b> 7:31AM – 8:44AM Yama 1:37PM – 2:50PM <b>Rahu</b> 9:57AM – 11:10AM	<b>Ashvini Until 7:20AM</b> Subha Until 4:57PM Visti Until 5:40PM Ashtami* Until 6:32AM Sun	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	Sun 21 Sutra 293 Vikarin 5121 Moon 1 - Phase 40 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mesha Rasi: 12.39	Tithi 8					
Creative Work	Siddha Yoga					

<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Portland, OR
<b>Retreat Star</b>		926723466	<b>Gulika</b> 2:51PM – 4:04PM Yama 12:24PM – 1:37PM <b>Rahu</b> 4:04PM – 5:18PM	<b>Bharani Until 9:39AM</b> Sukla Until 5:05PM Balava Until 7:18PM Ashtami* Until 6:32AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha-Thai</b>	Sun 22 Sutra 294 Vikarin 5121 Moon 1 - Phase 40 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Mesha Rasi: 24.47	Tithi 8 – 9					
Routine Work	Prabalarishta Yoga					
Until 9:39AM	Then Creative Work - Siddha Yoga					

<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Portland, OR Sun 23 Sutra 295 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:38PM – 2:52PM	<b>Krittika</b> Until 11:12AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:28AM	
Vrishabha Rasi: 7.11	Tithi 9 – 10	Yama 11:10AM – 12:24PM	Brahma Until 4:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 41
<b>Family Home Evening</b>	926723467	<b>Rahu</b> 8:42AM – 9:56AM	Taitila Until 8:13PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Navami*</b> Until 7:50AM	Moon – White		
Until 11:12AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Portland, OR Sun 24 Sutra 296 Vikarin 5121
<b>2</b>		<b>Gulika</b> 12:24PM – 1:38PM	<b>Rohini</b> Until 12:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:27AM	
Vrishabha Rasi: 19.54	Tithi 10 – 11	Yama 9:55AM – 11:10AM	Indra Until 3:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 41
926723467		<b>Rahu</b> 2:52PM – 4:06PM	Vanija Until 8:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Dashami</b> Until 8:21AM	Moon – Yellow		
Until 12:20PM				<b>Magha-Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga						

<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 25 Sutra 297 Vikarin 5121
<b>3</b>		<b>Gulika</b> 11:09AM – 12:24PM	<b>Mrigashira</b> Until 12:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:26AM	
Mithuna Rasi: 3.02	Tithi 11 – 12	Yama 8:40AM – 9:55AM	Vaidhriti* Until 2:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 1 - Phase 41
936723467		<b>Rahu</b> 12:24PM – 1:39PM	Bava Until 7:35PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Ekadashi</b> Until 8:02AM	Moon – Yellow		
				<b>Magha-Thai</b>	<b>Devaloka Day</b>	

<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 26 Sutra 298 Vikarin 5121
<b>4</b>		<b>Gulika</b> 9:54AM – 11:09AM	<b>Ardra</b> Until 11:41AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:24AM	
Mithuna Rasi: 16.37	Tithi 12 – 13	Yama 7:24AM – 8:39AM	Vishkambha* Until 11:48AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 1 - Phase 41
936723467		<b>Rahu</b> 1:39PM – 2:54PM	Kaulava Until 6:03PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Marana Yoga			<b>Dvadashi</b> Until 6:54AM	Moon – Yellow		
Until 11:41AM				<b>Magha-Thai</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga						

*Pradosha Vrata*

<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau				Portland, OR Sun 27 Sutra 299 Vikarin 5121
<b>5</b>		<b>Gulika</b> 8:38AM – 9:54AM	<b>Punarvasu</b> Until 10:28AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:23AM	
Kataka Rasi: 0.4	Tithi 14	Yama 2:55PM – 4:10PM	Priti Until 8:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 41
947723467		<b>Rahu</b> 11:09AM – 12:24PM	Gara Until 3:50PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga			<b>Chaturdashi*</b> Until 2:29AM Sat	Moon – Blue		
Until 10:28AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Portland, OR Sutra 300 Vikarin 5121
<b>○</b>		<b>Gulika</b> 7:22AM – 8:37AM	<b>Pushya</b> Until 8:31AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:22AM	
Kataka Rasi: 15.07	Tithi 15	Yama 1:40PM – 2:55PM	Saubhagya Until 1:54AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 41
947723467		<b>Rahu</b> 9:53AM – 11:09AM	Visti Until 1:03PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 11:30PM	Moon – Blue		
Until 8:31AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR Sutra 301 Vikarin 5121
<b>○</b>		<b>Gulika</b> 2:56PM – 4:12PM	<b>Ashlesha*</b> Until 6:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:20AM	
Kataka Rasi: 29.53	Tithi 16	Yama 12:24PM – 1:40PM	Sobhana Until 9:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 41
947723467		<b>Rahu</b> 4:12PM – 5:28PM	Balava Until 9:54AM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 8:13PM	Moon – Blue		
Until 6:01AM				<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						





Monday, February 10, 2020

Gold Retreat Star

Simha Rasi: 14.51 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Until 12:52AM Tue

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda/Sukarma Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:41PM - 2:57PM  
Yama 11:08AM - 12:24PM  
Rahu 8:35AM - 9:52AM

Purvaphalguni Until 12:52AM Tue  
Athiganda\* Until 5:56PM  
Taitila Until 6:31AM  
Dvitiya Until 4:47PM

Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon - Red  
Magha-Thai

Sunrise: 7:19AM  
Sunset: 5:29PM

Portland, OR  
Sun 1 Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 29.52 Tithi 18 - 19

Creative Work Amrita Yoga

Until 10:08PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:24PM - 1:41PM  
Yama 9:51AM - 11:08AM  
Rahu 2:58PM - 4:14PM

Uttaraphalguni Until 10:08PM  
Sukarma Until 1:57PM  
Bava Until 11:47PM  
Tritiya Until 1:24PM

Ganesha: Red  
Muruqa: Clear  
Nataraja: Clear  
Moon - Red  
Magha-Thai

Sunrise: 7:18AM  
Sunset: 5:31PM

Portland, OR  
Sun 2 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 14.46 Tithi 19 - 20

Routine Work Marana Yoga

Until 7:56PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:07AM - 12:24PM  
Yama 8:33AM - 9:50AM  
Rahu 12:24PM - 1:41PM

Hasta Until 7:56PM  
Dhriti Until 10:07AM  
Kaulava Until 8:43PM  
Chaturthi\* Until 10:11AM

Ganesha: Green  
Muruqa: Clear  
Nataraja: Clear  
Moon - Green  
Magha-Thai

Sunrise: 7:16AM  
Sunset: 5:32PM

Portland, OR  
Sun 3 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 29.26 Tithi 20 - 21

Creative Work Siddha Yoga

Until 5:58PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:49AM - 11:07AM  
Yama 7:15AM - 8:32AM  
Rahu 1:42PM - 2:59PM

Chitra Until 5:58PM  
Shula\* Until 6:32AM  
Gara Until 6:03PM  
Panchami Until 7:19AM

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon - Green  
Magha-Masi

Sunrise: 7:15AM  
Sunset: 5:34PM

Portland, OR  
Sun 4 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 13.49 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi Yoga Visti/Bava Karana Saptamyam Titau

Gulika 8:31AM - 9:49AM  
Yama 3:00PM - 4:17PM  
Rahu 11:06AM - 12:24PM

Svati Until 4:23PM  
Vridhhi Until 12:35AM Sat  
Visti Until 3:54PM  
Saptami Until 3:01AM Sat

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon - Green  
Magha-Masi

Sunrise: 7:13AM  
Sunset: 5:35PM

Portland, OR  
Sun 5 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020

Retreat Star

Tula Rasi: 27.48 Tithi 23

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:12AM - 8:30AM  
Yama 1:42PM - 3:00PM  
Rahu 9:48AM - 11:06AM

Vishakha Until 3:39PM  
Dhruva Until 10:17PM  
Balava Until 2:19PM  
Ashtami\* Until 1:44AM Sun

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Clear  
Moon - Orange  
Magha-Masi

Sunrise: 7:12AM  
Sunset: 5:37PM

Portland, OR  
Sun 6 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 11.26 Tithi 24

Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:01PM - 4:20PM  
Yama 12:24PM - 1:43PM  
Rahu 4:20PM - 5:38PM

Anuradha Until 3:23PM  
Vyaghata\* Until 8:30PM  
Taitila Until 1:22PM  
Navami\* Until 1:06AM Mon

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Clear  
Moon - Orange  
Magha-Masi

Sunrise: 7:10AM  
Sunset: 5:38PM

Portland, OR  
Sun 7 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau		Portland, OR Sun 8 Sutra 309 Vikarin 5121	
Vrischika Rasi: 24.42	Tithi 25	<b>Gulika</b>	1:43PM – 3:02PM	<b>Jyeshtha* Until 3:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:09AM	
<b>Family Home Evening</b>	978723467	<b>Yama</b>	11:05AM – 12:24PM	Harshana Until 7:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:39PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b>	8:27AM – 9:46AM	Vanija Until 1:01PM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dashami Until 1:03AM Tue</b>	Moon – Orange		<b>Devaloka Day</b>
					<b>Magha-Masi</b>		

<b>2</b>		<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau		Portland, OR Sun 9 Sutra 310 Vikarin 5121	
Dhanus Rasi: 7.41	Tithi 26	<b>Gulika</b>	12:24PM – 1:43PM	<b>Mula* Until 4:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:07AM	
	988723467	<b>Yama</b>	9:45AM – 11:05AM	Vajra* Until 6:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:41PM	Moon 2 - Phase 43
Creative Work	Amrita Yoga	<b>Rahu</b>	3:02PM – 4:22PM	Bava Until 1:16PM	<b>Nataraja:</b> Clear		2nd Phase
Until 4:36PM				<b>Ekadashi* Until 1:34AM Wed</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvodashyam Titau		Portland, OR Sun 10 Sutra 311 Vikarin 5121	
Dhanus Rasi: 20.23	Tithi 27	<b>Gulika</b>	11:04AM – 12:24PM	<b>Purvashadha* Until 5:58PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:05AM	
	988723467	<b>Yama</b>	8:25AM – 9:45AM	Siddhi Until 5:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:42PM	Moon 2 - Phase 43
Creative Work	Amrita Yoga	<b>Rahu</b>	12:24PM – 1:43PM	Kaulava Until 2:01PM	<b>Nataraja:</b> Clear		2nd Phase
				<b>Dvadashi* Until 2:32AM Thu</b>	Moon – Light Blue		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 312 Vikarin 5121	
Makara Rasi: 2.54	Tithi 28	<b>Gulika</b>	9:44AM – 11:04AM	<b>Uttarashadha Until 7:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:04AM	
	989823467	<b>Yama</b>	7:04AM – 8:24AM	Vyatipata* Until 5:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 2 - Phase 43
Routine Work	Marana Yoga	<b>Rahu</b>	1:44PM – 3:04PM	Gara Until 3:12PM	<b>Nataraja:</b> Clear		2nd Phase
Until 7:35PM				<b>Trayodashi* Until 3:55AM Fri</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 313 Vikarin 5121	
Makara Rasi: 15.14	Tithi 29	<b>Gulika</b>	8:23AM – 9:43AM	<b>Shravana Until 9:52PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:02AM	
	999823467	<b>Yama</b>	3:04PM – 4:25PM	Variyan Until 5:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 43
Routine Work	Marana Yoga	<b>Rahu</b>	11:03AM – 12:24PM	Visti Until 4:45PM	<b>Nataraja:</b> Clear		2nd Phase
Until 9:52PM				<b>Chaturdashi* Until 5:37AM Sat</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Mahasivaratri (Lunar)</b>			<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
		<b>Mahasivaratri (Solar)</b>					

<b>Retreat Star</b>		<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 314 Vikarin 5121	
Makara Rasi: 27.26	Tithi 30	<b>Gulika</b>	7:00AM – 8:21AM	<b>Dhanishtha Until 12:16AM Sun</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:00AM	
	999823467	<b>Yama</b>	1:44PM – 3:05PM	Parigha* Until 6:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b>	9:42AM – 11:03AM	Catuspada Until 6:36PM	<b>Nataraja:</b> Clear		Amavasya
				<b>Amavasya* Until 7:36AM Sun</b>	Moon – Purple		<b>Bhuloka Day</b>
					<b>Magha-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Portland, OR Sun 14 Sutra 315 Vikarin 5121	
Kumbha Rasi: 9.32	Tithi 30 – 1	<b>Gulika</b>	3:06PM – 4:27PM	<b>Shatabhishak Until 2:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:59AM	
	999823467	<b>Yama</b>	12:23PM – 1:45PM	Shiva Until 6:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 43
Creative Work	Siddha Yoga	<b>Rahu</b>	4:27PM – 5:48PM	Kintughna Until 8:42PM	<b>Nataraja:</b> Clear		Prathama
Until 2:43AM Mon				<b>Amavasya* Until 7:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Phalgun-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Portland, OR Sun 15 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 21.32 Family Home Evening Routine Work Marana Yoga Until 5:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	<b>Gulika</b> 1:45PM – 3:06PM Yama 11:02AM – 12:23PM <b>Rahu</b> 8:19AM – 9:40AM	<b>Purvaproshtapada* Until 5:41AM Tue</b> Siddha Until 7:15PM Balava Until 11:00PM <b>Prathama* Until 9:48AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:57AM Sunset: 5:49PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Portland, OR Sun 16 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 3.29 Creative Work Amrita Yoga Until 8:36AM Wed Then Routine Work - Marana Yoga	Tithi 2 – 3 919823467	<b>Gulika</b> 12:23PM – 1:45PM Yama 9:39AM – 11:01AM <b>Rahu</b> 3:07PM – 4:29PM	<b>Uttaraproshtapada Until 8:36AM Wed</b> Sadhya Until 8:02PM Taitila Until 1:27AM Wed <b>Dvitiya Until 12:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:55AM Sunset: 5:51PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Portland, OR Sun 17 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 15.22 Creative Work Siddha Yoga Until 8:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	<b>Gulika</b> 11:01AM – 12:23PM Yama 8:16AM – 9:38AM <b>Rahu</b> 12:23PM – 1:45PM	<b>Uttaraproshtapada Until 8:36AM</b> Subha Until 8:55PM Vanija Until 3:58AM Thu <b>Tritiya Until 2:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:54AM Sunset: 5:52PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Portland, OR Sun 18 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 27.14 Creative Work Siddha Yoga Until 11:25AM Then Creative Work - Amrita Yoga	Tithi 4 – 5 919823467	<b>Gulika</b> 9:37AM – 11:00AM Yama 6:52AM – 8:15AM <b>Rahu</b> 1:45PM – 3:08PM	<b>Revati Until 11:25AM</b> Sukla Until 9:45PM Bava Until 6:27AM Fri <b>Chaturthi* Until 5:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:52AM Sunset: 5:54PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR Sun 19 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 9.07 Creative Work Amrita Yoga Until 2:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 8:13AM – 9:36AM Yama 3:09PM – 4:32PM <b>Rahu</b> 10:59AM – 12:23PM	<b>Ashvini Until 2:29PM</b> Brahma Until 10:31PM Bava Until 6:27AM <b>Panchami Until 7:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:50AM Sunset: 5:55PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR Sun 20 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 21.03 Creative Work Siddha Yoga Until 5:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	<b>Gulika</b> 6:48AM – 8:12AM Yama 1:46PM – 3:09PM <b>Rahu</b> 9:35AM – 10:59AM	<b>Bharani Until 5:10PM</b> Indra Until 11:05PM Kaulava Until 8:45AM <b>Shashthi* Until 9:45PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:48AM Sunset: 5:56PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Portland, OR Sun 21 Sutra 322 Vikarin 5121
<b>Retreat Star</b>						
<b>7</b>	Vrishabha Rasi: 3.08 Creative Work Siddha Yoga	Tithi 7 921833467	<b>Gulika</b> 3:11PM – 4:35PM Yama 12:22PM – 1:46PM <b>Rahu</b> 4:35PM – 5:59PM	<b>Krittika Until 7:16PM</b> Vaidhriti* Until 11:14PM Gara Until 10:41AM <b>Saptami Until 11:25PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:45AM Sunset: 5:59PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Portland, OR Sun 22 Sutra 323 Vikarin 5121
<b>Retreat Star</b>						
<b>8</b>	Vrishabha Rasi: 15.26 Family Home Evening Creative Work Amrita Yoga	Tithi 8 931833467	<b>Gulika</b> 1:46PM – 3:11PM Yama 10:57AM – 12:22PM <b>Rahu</b> 8:08AM – 9:32AM	<b>Rohini Until 9:04PM</b> Vishkambha* Until 10:54PM Visti Until 12:01PM <b>Ashtami* Until 12:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:43AM Sunset: 6:00PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 23 Sutra 324 Vikarin 5121
<b>Retreat Star</b>						
<b>9</b>	Vrishabha Rasi: 28.04 Creative Work Siddha Yoga Until 9:55PM Then Routine Work - Marana Yoga	Tithi 9 931833467	<b>Gulika</b> 12:22PM – 1:47PM Yama 9:31AM – 10:56AM <b>Rahu</b> 3:12PM – 4:37PM	<b>Mrigashira Until 9:55PM</b> Priti Until 9:57PM Balava Until 12:36PM <b>Navami* Until 12:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:41AM Sunset: 6:02PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Portland, OR Sun 24 Sutra 325 Vikarin 5121
Mithuna Rasi: 11.05	Tithi 10	<b>Gulika</b> 10:56AM – 12:21PM	<b>Ardra</b> Until 9:47PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:40AM	
		Yama 8:05AM – 9:30AM	Ayushman Until 8:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	131833467 <b>Rahu</b> 12:21PM – 1:47PM	Taitila Until 12:19PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 11:49PM	Moon – Yellow		<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>		

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau		Portland, OR Sun 25 Sutra 326 Vikarin 5121
Mithuna Rasi: 24.35	Tithi 11	<b>Gulika</b> 9:29AM – 10:55AM	<b>Punarvasu</b> Until 9:05PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	
		Yama 6:38AM – 8:04AM	Saubhagya Until 5:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
Creative Work	Amrita Yoga	141833467 <b>Rahu</b> 1:47PM – 3:13PM	Vanija Until 11:09AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 10:14PM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau		Portland, OR Sun 26 Sutra 327 Vikarin 5121
Kataka Rasi: 8.35	Tithi 12	<b>Gulika</b> 8:02AM – 9:28AM	<b>Pushya</b> Until 7:29PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:36AM	
		Yama 3:13PM – 4:40PM	Sobhana Until 3:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	141833467 <b>Rahu</b> 10:55AM – 12:21PM	Bava Until 9:10AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 7:53PM	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Portland, OR Sun 27 Sutra 328 Vikarin 5121
Kataka Rasi: 23.04	Tithi 13 – 14	<b>Gulika</b> 6:34AM – 8:01AM	<b>Ashlesha*</b> Until 5:07PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	
		Yama 1:47PM – 3:14PM	Athiganda* Until 11:29AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	141833467 <b>Rahu</b> 9:27AM – 10:54AM	Kaulava Until 6:29AM	<b>Nataraja:</b> Clear		4th Phase
Until 5:07PM			<b>Trayodashi</b> Until 4:54PM	Moon – Blue		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
			<i>Pradosha Vrata</i>			

		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Portland, OR Sutra 329 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:14PM – 4:41PM	<b>Magha*</b> Until 2:33PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:32AM	
Simha Rasi: 7.56	Tithi 14 – 15	Yama 12:20PM – 1:47PM	Sukarma Until 7:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	151833467 <b>Rahu</b> 4:41PM – 6:08PM	Visti Until 11:38PM	<b>Nataraja:</b> Clear		Purnima
Until 2:33PM			<b>Chaturdashi*</b> Until 1:27PM	Moon – Red		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		
		<b>Holi</b>				

<b>Monday, March 9, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Portland, OR Sutra 330 Vikarin 5121
Simha Rasi: 23.07	Tithi 15 – 16	<b>Gulika</b> 1:48PM – 3:15PM	<b>Purvaphalguni</b> Until 11:34AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	
<b>Family Home Evening</b>		Yama 10:53AM – 12:20PM	Shula* Until 11:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	152833467 <b>Rahu</b> 7:58AM – 9:25AM	Balava Until 7:49PM	<b>Nataraja:</b> Clear		Prathama
			<b>Purnima*</b> Until 9:43AM	Moon – Red		<b>Sivaloka Day</b>
				<b>Phalguna-Masi</b>		



**Tuesday, March 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Portland, OR  
Sutra 331  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Kanya Rasi: 8.23 Tithi 17  
152833467  
Creative Work Amrita Yoga  
Until 8:22AM  
Then Creative Work - Siddha Yoga

**Gulika** 12:20PM – 1:48PM  
Yama 9:24AM – 10:52AM  
Rahu 3:15PM – 4:43PM

**Uttaraphalguni Until 8:22AM**  
Ganda\* Until 6:41PM  
Taitila Until 3:59PM  
**Dvitiya Until 2:06AM Wed**

**Ganesha:** White *Sunrise:* 6:28AM  
**Muruqa:** Orange *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Red  
**Sivaloka Day**  
Phalguna-Masi

**1**

**Wednesday, March 11, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Portland, OR  
Sun 1 Sutra 332  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Kanya Rasi: 23.37 Tithi 18  
162833467  
Creative Work Siddha Yoga  
Until 2:49AM Thu  
Then Creative Work - Amrita Yoga

**Gulika** 10:51AM – 12:20PM  
Yama 7:55AM – 9:23AM  
Rahu 12:20PM – 1:48PM

**Chitra Until 2:49AM Thu**  
Vriddhi Until 2:31PM  
Vanija Until 12:18PM  
**Tritiya Until 10:33PM**

**Ganesha:** Clear *Sunrise:* 6:27AM  
**Muruqa:** Orange *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Phalguna-Masi

**2**

**Thursday, March 12, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Portland, OR  
Sun 2 Sutra 333  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 8.38 Tithi 19  
162833467  
Creative Work Amrita Yoga  
Until 12:24AM Fri  
Then Creative Work - Siddha Yoga

**Gulika** 9:22AM – 10:51AM  
Yama 6:25AM – 7:53AM  
Rahu 1:48PM – 3:17PM

**Svati Until 12:24AM Fri**  
Dhruva Until 10:36AM  
Bava Until 8:57AM  
**Chaturthi\* Until 7:25PM**

**Ganesha:** Clear *Sunrise:* 6:25AM  
**Muruqa:** Orange *Sunset:* 6:14PM  
**Nataraja:** Clear  
Moon – Green  
**Devaloka Day**  
Phalguna-Masi

**3**

**Friday, March 13, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Portland, OR  
Sun 3 Sutra 334  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Tula Rasi: 23.17 Tithi 20 – 21  
172833467  
Creative Work Siddha Yoga

**Gulika** 7:52AM – 9:21AM  
Yama 3:17PM – 4:46PM  
Rahu 10:50AM – 12:19PM

**Vishakha Until 10:51PM**  
Vyaghata\* Until 7:06AM  
Kaulava Until 6:04AM  
**Panchami Until 4:50PM**

**Ganesha:** Purple *Sunrise:* 6:23AM  
**Muruqa:** Orange *Sunset:* 6:15PM  
**Nataraja:** Clear  
Moon – Orange  
**Sivaloka Day**  
Phalguna-Panguni

Karadaiyan Nombu (Tamil Nadu)

**4**

**Saturday, March 14, 2020**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Portland, OR  
Sun 4 Sutra 335  
Vikarin 5121  
Moon 3 - Phase 46  
1st Phase

Vrischika Rasi: 7.31 Tithi 21 – 22  
172833468  
Creative Work Siddha Yoga

**Gulika** 6:21AM – 7:50AM  
Yama 1:48PM – 3:18PM  
Rahu 9:20AM – 10:49AM

**Anuradha Until 9:52PM**  
Vajra\* Until 1:44AM Sun  
Visti Until 2:17AM Sun  
**Shashthi\* Until 2:56PM**

**Ganesha:** Purple *Sunrise:* 6:21AM  
**Muruqa:** Orange *Sunset:* 6:16PM  
**Nataraja:** Purple  
Moon – Orange  
**Subha Sivaloka Day**  
Phalguna-Panguni

**D**

**Sunday, March 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Portland, OR  
Sun 5 Sutra 336  
Vikarin 5121  
Moon 3 - Phase 46  
Ashtami

Vrischika Rasi: 21.16 Tithi 22 – 23  
172933468  
Routine Work Marana Yoga  
Until 9:31PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:18PM – 4:48PM  
Yama 12:18PM – 1:48PM  
Rahu 4:48PM – 6:18PM

**Jyeshtha\* Until 9:31PM**  
Siddhi Until 11:58PM  
Balava Until 1:33AM Mon  
**Saptami Until 1:48PM**

**Ganesha:** Clear *Sunrise:* 6:19AM  
**Muruqa:** Orange *Sunset:* 6:18PM  
**Nataraja:** Purple  
Moon – Orange  
**Sivaloka Day**  
Phalguna-Panguni

**Monday, March 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Portland, OR  
Sun 6 Sutra 337  
Vikarin 5121  
Moon 3 - Phase 46  
Navami

Dhanus Rasi: 4.34 Tithi 23 – 24  
182933468  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:13PM  
Then Routine Work - Marana Yoga

**Gulika** 1:48PM – 3:19PM  
Yama 10:48AM – 12:18PM  
Rahu 7:47AM – 9:18AM

**Mula\* Until 10:13PM**  
Vyatipata\* Until 10:50PM  
Taitila Until 1:36AM Tue  
**Ashtami\* Until 1:28PM**

**Ganesha:** Purple *Sunrise:* 6:17AM  
**Muruqa:** Orange *Sunset:* 6:19PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Devaloka Day**  
Phalguna-Panguni

<b>1</b>		<b>Tuesday, March 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Portland, OR Sun 7 Sutra 338 Vikarin 5121
Dhanus Rasi: 17.28	Tithi 24 – 25	182933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>12:18PM – 1:48PM</b> 9:17AM – 10:47AM <b>3:19PM – 4:50PM</b>	<b>Purvashadha* Until 11:29PM</b> Varyan Until 10:14PM Vanija Until 2:21AM Wed Navami* Until 1:52PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>
Creative Work	Siddha Yoga					<b>Devaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 11:29PM						
Then Routine Work - Prabararishta Yoga						

<b>2</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Portland, OR Sun 8 Sutra 339 Vikarin 5121
Makara Rasi: 0.02	Tithi 25 – 26	182933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>10:47AM – 12:18PM</b> 7:44AM – 9:15AM <b>12:18PM – 1:49PM</b>	<b>Uttarashadha Until 1:10AM Thu</b> Parigha* Until 10:07PM Bava Until 3:42AM Thu Dashami Until 2:57PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>
Creative Work	Amrita Yoga					<b>Devaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 1:10AM Thu						
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 12.22	Tithi 26 – 27	192933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>9:14AM – 10:46AM</b> 6:12AM – 7:43AM <b>1:49PM – 3:20PM</b>	<b>Shravana Until 3:37AM Fri</b> Shiva Until 10:23PM Kaulava Until 5:30AM Fri Ekadashi* Until 4:32PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 11:29PM						
Then Routine Work - Prabararishta Yoga						

<b>4</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Taitila Karana Dvadashyam Titau		Portland, OR Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 24.31	Tithi 27	192933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>7:41AM – 9:13AM</b> 3:21PM – 4:52PM <b>10:45AM – 12:17PM</b>	<b>Dhanishtha Until 6:12AM Sat</b> Siddha Until 10:53PM Taitila Until 6:29PM Dvadashi* Until 6:29PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 6:12AM Sat						
Then Creative Work - Amrita Yoga						

<b>5</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Portland, OR Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 6.34	Tithi 28	192933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>6:08AM – 7:40AM</b> 1:49PM – 3:21PM <b>9:12AM – 10:44AM</b>	<b>Dhanishtha Until 6:12AM</b> Sadhya Until 11:34PM Gara Until 7:36AM Trayodashi* Until 8:42PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>
Creative Work	Siddha Yoga					<b>Sivaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 6:12AM						
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>6</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Portland, OR Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 18.31	Tithi 29	193933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>3:22PM – 4:54PM</b> 12:16PM – 1:49PM <b>4:54PM – 6:27PM</b>	<b>Shatabhishak Until 8:48AM</b> Subha Until 12:22AM Mon Visti Until 9:53AM Chaturdashi* Until 11:03PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>
Creative Work	Siddha Yoga					<b>Subha Sivaloka Day</b> Moon 3 - Phase 47 2nd Phase
Until 6:12AM						
Then Creative Work - Amrita Yoga						

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Portland, OR Sun 13 Sutra 344 Vikarin 5121
Meena Rasi: 0.25	Tithi 30	113933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>1:49PM – 3:22PM</b> 10:43AM – 12:16PM <b>7:37AM – 9:10AM</b>	<b>Purvaproshtapada* Until 11:51AM</b> Sukla Until 1:12AM Tue Catuspada Until 12:17PM Amavasya* Until 1:28AM Tue	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>
<b>Family Home Evening</b>	Marana Yoga					<b>Sivaloka Day</b> Moon 3 - Phase 47 Amavasya
Until 11:51AM						
Then Creative Work - Siddha Yoga						

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Portland, OR Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 12.18	Tithi 1	113933468	<b>Gulika</b> Yama <b>Rahu</b>	<b>12:16PM – 1:49PM</b> 9:09AM – 10:42AM <b>3:23PM – 4:56PM</b>	<b>Uttaraproshtapada Until 2:47PM</b> Brahma Until 2:04AM Wed Kintughna Until 2:43PM Prathama* Until 3:55AM Wed	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>
Creative Work	Amrita Yoga					<b>Sivaloka Day</b> Moon 3 - Phase 47 Prathama
Until 2:47PM						
Then Creative Work - Siddha Yoga						
						<b>Yugadhi</b>

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau		Portland, OR Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 24.11	Tithi 2	<b>Gulika</b> 10:42AM – 12:15PM	<b>Revati Until 5:33PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:00AM	
		Yama 7:34AM – 9:08AM	Indra Until 2:55AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:31PM	Moon 3 - Phase 48
113933468	<b>Rahu</b> 12:15PM – 1:49PM		Balava Until 5:10PM	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 6:21AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Portland, OR Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 6.04	Tithi 2 – 3	<b>Gulika</b> 9:07AM – 10:41AM	<b>Ashvini Until 8:36PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:58AM	
		Yama 5:58AM – 7:32AM	Vaidhriti* Until 3:41AM Fri	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:32PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 1:49PM – 3:24PM		Taitila Until 7:33PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 6:21AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 8:36PM		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Portland, OR Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 18	Tithi 3 – 4	<b>Gulika</b> 7:31AM – 9:06AM	<b>Bharani Until 11:19PM</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:56AM	
		Yama 3:24PM – 4:59PM	Vishkambha* Until 4:20AM Sat	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:33PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 10:40AM – 12:15PM		Vanija Until 9:47PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:40AM</b>	Moon – White		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Portland, OR Sun 18 Sutra 349 Vikarin 5121
Vrishabha Rasi: 0	Tithi 4 – 5	<b>Gulika</b> 5:54AM – 7:29AM	<b>Krittika Until 1:37AM Sun</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:54AM	
		Yama 1:50PM – 3:25PM	Priti Until 4:46AM Sun	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:35PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 9:05AM – 10:40AM		Bava Until 11:44PM	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 10:47AM</b>	Moon – White		<b>Sivaloka Day</b>
Until 1:37AM Sun				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Portland, OR Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 12.08	Tithi 5 – 6	<b>Gulika</b> 3:25PM – 5:00PM	<b>Rohini Until 3:50AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:53AM	
		Yama 12:14PM – 1:50PM	Ayushman Until 4:50AM Mon	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:36PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 5:00PM – 6:36PM		Kaulava Until 1:16AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 12:33PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 3:50AM Mon				<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Portland, OR Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 24.27	Tithi 6 – 7	<b>Gulika</b> 1:50PM – 3:26PM	<b>Mrigashira Until 5:17AM Tue</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:51AM	
<b>Family Home Evening</b>		Yama 10:38AM – 12:14PM	Saubhagya Until 4:26AM Tue	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:37PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 7:27AM – 9:02AM		Gara Until 2:13AM Tue	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 1:49PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 5:17AM Tue				<b>Chaitra•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Portland, OR Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 7.02	Tithi 7 – 8	<b>Gulika</b> 12:14PM – 1:50PM	<b>Ardra Until 5:53AM Wed</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:49AM	
		Yama 9:01AM – 10:37AM	Sobhana Until 3:29AM Wed	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:38PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 3:26PM – 5:02PM		Visti Until 2:26AM Wed	<b>Nataraja:</b> Purple		Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 2:25PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 5:53AM Wed				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Portland, OR Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 19.58	Tithi 8 – 9	<b>Gulika</b> 10:37AM – 12:14PM	<b>Punarvasu Until 5:59AM Thu</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:49AM	
		Yama 7:25AM – 9:01AM	Athiganda* Until 1:52AM Thu	<b>Muruqa:</b> Orange	<b>Sunset:</b> 6:38PM	Moon 3 - Phase 48
123933468	<b>Rahu</b> 12:14PM – 1:50PM		Balava Until 1:51AM Thu	<b>Nataraja:</b> Purple		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 2:14PM</b>	Moon – Yellow		<b>Subha Sivaloka Day</b>
Until 5:59AM Thu		<b>Sri Rama Navami</b>		<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


<b>1</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Portland, OR Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 3.2	Tithi 9 – 10	<b>Gulika</b> 9:00AM – 10:37AM	<b>Pushya</b> <b>Until 5:08AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:47AM	
		Yama 5:47AM – 7:24AM	Sukarma <b>Until 11:37PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 3 - Phase 49
		143933468 <b>Rahu</b> 1:50PM – 3:26PM	Taitila <b>Until 12:26AM Fri</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 1:13PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 5:08AM Fri				<b>Chaitra•Panguni</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Portland, OR Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 17.1	Tithi 10 – 11	<b>Gulika</b> 7:22AM – 8:59AM	<b>Ashlesha*</b> <b>Until 3:24AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:45AM	
		Yama 3:27PM – 5:04PM	Dhriti <b>Until 8:46PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM	Moon 3 - Phase 49
		143933468 <b>Rahu</b> 10:36AM – 12:13PM	Vanija <b>Until 10:15PM</b>	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Vanija* Until 10:15PM</b>	Moon – Blue		<b>Sivaloka Day</b>
Until 3:24AM Sat		<b>Yogaswami Mahasamadhi</b>	<b>Dashami Until 11:25AM</b>	<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga						

<b>3</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Portland, OR Sun 25 Sutra 356 Vikarin 5121
Simha Rasi: 1.29	Tithi 11 – 12	<b>Gulika</b> 5:43AM – 7:21AM	<b>Magha*</b> <b>Until 1:19AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:43AM	
		Yama 1:50PM – 3:27PM	Shula* <b>Until 5:20PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM	Moon 3 - Phase 49
		153933468 <b>Rahu</b> 8:58AM – 10:35AM	Bava <b>Until 7:25PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 8:54AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 1:19AM Sun				<b>Chaitra•Panguni</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Portland, OR Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 16.13	Tithi 13	<b>Gulika</b> 3:28PM – 5:06PM	<b>Purvaphalguni</b> <b>Until 10:38PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM	
		Yama 12:12PM – 1:50PM	Ganda* <b>Until 1:29PM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:44PM	Moon 3 - Phase 49
		153933468 <b>Rahu</b> 5:06PM – 6:44PM	Kaulava <b>Until 4:05PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 2:15AM Mon</b>	Moon – Red		<b>Subha Sivaloka Day</b>
Until 10:38PM				<b>Chaitra•Panguni</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Portland, OR Sun 27 Sutra 358 Vikarin 5121
Kanya Rasi: 1.19	Tithi 14	<b>Gulika</b> 1:50PM – 3:28PM	<b>Uttaraphalguni</b> <b>Until 7:32PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	
<b>Family Home Evening</b>		Yama 10:34AM – 12:12PM	Vridhhi <b>Until 9:21AM</b>	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:45PM	Moon 3 - Phase 49
		154933468 <b>Rahu</b> 7:18AM – 8:56AM	Gara <b>Until 12:23PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 10:27PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>		

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Portland, OR Sun 27 Sutra 359 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:12PM – 1:50PM	<b>Hasta</b> <b>Until 4:34PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:38AM	
Kanya Rasi: 16.35	Tithi 15	Yama 8:55AM – 10:33AM	Vyaghata* <b>Until 12:40AM Wed</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 49
		164933468 <b>Rahu</b> 3:29PM – 5:08PM	Visti <b>Until 8:31AM</b>	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 6:33PM</b>	Moon – Green		<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>		
		<b>Hanuman Jayanti</b>				

<b>Wednesday, April 8, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Portland, OR Sun 28 Sutra 360 Vikarin 5121
Tula Rasi: 1.52	Tithi 16 – 17	<b>Gulika</b> 10:33AM – 12:12PM	<b>Chitra</b> <b>Until 1:33PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:36AM	
		Yama 7:15AM – 8:54AM	Harshana <b>Until 8:27PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 49
		164934468 <b>Rahu</b> 12:12PM – 1:51PM	Taitila <b>Until 12:57AM Thu</b>	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 2:45PM</b>	Moon – Green		<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>		





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Portland, OR  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Tula Rasi: 17  
Tithi 17 - 18  
164134468  
Creative Work Amrita Yoga  
Until 10:39AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:53AM - 10:32AM  
Yama 5:34AM - 7:13AM  
**Rahu** 1:51PM - 3:30PM

**Svati Until 10:39AM**  
Vajra\* Until 4:28PM  
Vanija Until 9:36PM  
**Dvitiya Until 11:12AM**

**Ganesha:** White *Sunrise:* 5:34AM  
**Muruqa:** Clear *Sunset:* 6:49PM  
**Nataraja:** Purple  
Moon - Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatiyata\* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Portland, OR  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 1.5  
Tithi 18 - 19  
174134468  
Creative Work Siddha Yoga

**Gulika** 7:12AM - 8:52AM  
Yama 3:30PM - 5:10PM  
**Rahu** 10:31AM - 12:11PM

**Vishakha Until 8:27AM**  
Siddhi Until 12:54PM  
Bava Until 6:46PM  
**Tritiya Until 8:06AM**

**Ganesha:** Yellow *Sunrise:* 5:32AM  
**Muruqa:** Clear *Sunset:* 6:50PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipata\*/Varyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Portland, OR  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Vischika Rasi: 16.14  
Tithi 20  
174134468  
Creative Work Siddha Yoga

**Gulika** 5:30AM - 7:11AM  
Yama 1:51PM - 3:31PM  
**Rahu** 8:51AM - 10:31AM

**Anuradha Until 6:43AM**  
Vyatipata\* Until 9:51AM  
Kaulava Until 4:36PM  
**Panchami Until 3:47AM Sun**

**Ganesha:** Yellow *Sunrise:* 5:30AM  
**Muruqa:** Clear *Sunset:* 6:51PM  
**Nataraja:** Purple  
Moon - Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Varyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Portland, OR  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 0.1  
Tithi 21  
184134468  
Creative Work Amrita Yoga  
Until 5:31AM Mon  
Then Routine Work - Marana Yoga

**Gulika** 3:31PM - 5:12PM  
Yama 12:11PM - 1:51PM  
**Rahu** 5:12PM - 6:52PM

**Mula\* Until 5:31AM Mon**  
Varyan Until 7:23AM  
Gara Until 3:12PM  
**Shashthi\* Until 2:48AM Mon**

**Ganesha:** Blue *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Panguni**

**Devaloka Day**

**4**

**Monday, April 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Bava Karana Saplamyam Titau

Portland, OR  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

Dhanus Rasi: 13.35  
Tithi 22  
184134468  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:09AM Tue  
Then Routine Work - Prabalarishta Yoga

**Gulika** 1:51PM - 3:32PM  
Yama 10:29AM - 12:10PM  
**Rahu** 7:08AM - 8:49AM

**Tamil New Year**

**Purvashadha\* Until 6:09AM Tue**  
Shiva Until 4:30AM Tue  
Visti Until 2:39PM  
**Saptami Until 2:41AM Tue**

**Ganesha:** Blue *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**●**

**Tuesday, April 14, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Portland, OR  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

Dhanus Rasi: 26.35  
Tithi 23  
284134468  
Creative Work Siddha Yoga  
Until 6:09AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:10PM - 1:51PM  
Yama 8:48AM - 10:29AM  
**Rahu** 3:33PM - 5:14PM

**Purvashadha\* Until 6:09AM**  
Siddha Until 4:00AM Wed  
Balava Until 2:57PM  
**Ashtami\* Until 3:22AM Wed**

**Ganesha:** Yellow *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Portland, OR  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

Makara Rasi: 9.11  
Tithi 24  
284134468  
Creative Work Amrita Yoga  
Until 7:24AM  
Then Creative Work - Siddha Yoga

**Gulika** 10:28AM - 12:10PM  
Yama 7:05AM - 8:47AM  
**Rahu** 12:10PM - 1:51PM

**Chidambaram Abhishekam**

**Uttarashadha Until 7:24AM**  
Sadhya Until 4:02AM Thu  
Taitila Until 3:59PM  
**Navami\* Until 4:44AM Thu**

**Ganesha:** Yellow *Sunrise:* 5:23AM  
**Muruqa:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon - Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>	<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Subha Yoga Vanija/Visli* Karana Dashamyam Titau				Portland, OR Sun 8 Sutra 4
	Makara Rasi: 21.29	Tithi 25	<b>Gulika</b> 8:46AM – 10:28AM	<b>Shravana Until 9:36AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:22AM	Sarvari 5122
			Yama 5:22AM – 7:04AM	Subha Until 4:30AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 1:52PM – 3:34PM	Vanija Until 5:38PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 6:37AM Fri</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>2</b>	<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Portland, OR Sun 9 Sutra 5
	Kumbha Rasi: 3.35	Tithi 25 – 26	<b>Gulika</b> 7:02AM – 8:45AM	<b>Dhanishtha Until 12:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:20AM	Sarvari 5122
			Yama 3:34PM – 5:16PM	Sukla Until 5:12AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	294134468 <b>Rahu</b> 10:27AM – 12:09PM	Bava Until 7:43PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dashami Until 6:37AM</b>	Moon – Purple		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>3</b>	<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Portland, OR Sun 10 Sutra 6
	Kumbha Rasi: 15.34	Tithi 26 – 27	<b>Gulika</b> 5:18AM – 7:01AM	<b>Shatabhishak Until 2:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:18AM	Sarvari 5122
			Yama 1:52PM – 3:35PM	Brahma Until 6:04AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 1
	Creative Work	Amrita Yoga	295134468 <b>Rahu</b> 8:44AM – 10:26AM	Kaulava Until 10:03PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Ekadashi* Until 8:51AM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
						Until 2:46PM Then Routine Work - Marana Yoga	

<b>4</b>	<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Portland, OR Sun 11 Sutra 7
	Kumbha Rasi: 27.27	Tithi 27 – 28	<b>Gulika</b> 3:35PM – 5:18PM	<b>Purvaproshtapada* Until 5:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122
			Yama 12:09PM – 1:52PM	Brahma Until 6:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 5:18PM – 7:01PM	Gara Until 12:30AM Mon	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadashi* Until 11:15AM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
						Then Creative Work - Amrita Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>	<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Portland, OR Sun 12 Sutra 8
	Meena Rasi: 9.19	Tithi 28 – 29	<b>Gulika</b> 1:52PM – 3:36PM	<b>Uttaraproshtapada Until 8:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:15AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:25AM – 12:09PM	Indra Until 7:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 6:58AM – 8:42AM	Visti Until 2:56AM Tue	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodashi* Until 1:42PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

<b>6</b>	<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Portland, OR Sun 13 Sutra 9
	Meena Rasi: 21.11	Tithi 29 – 30	<b>Gulika</b> 12:08PM – 1:52PM	<b>Revati Until 11:35PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:13AM	Sarvari 5122
			Yama 8:41AM – 10:25AM	Vaidhriti* Until 7:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	215134468 <b>Rahu</b> 3:36PM – 5:20PM	Catuspada Until 5:17AM Wed	<b>Nataraja:</b> Purple		2nd Phase
			<b>Chaturdashi* Until 4:06PM</b>	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

	<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Naga* Karana Amavasyayam Titau				Portland, OR Sun 14 Sutra 10
	<b>Retreat Star</b>		<b>Gulika</b> 10:24AM – 12:08PM	<b>Ashvini Until 2:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:11AM	Sarvari 5122
	Mesha Rasi: 3.05	Tithi 30	Yama 6:56AM – 8:40AM	Vishkambha* Until 8:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 1
			225134468 <b>Rahu</b> 12:08PM – 1:53PM	Naga Until 6:23PM	<b>Nataraja:</b> Purple		Amavasya
			<b>Amavasya* Until 6:23PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Chaitra*Chaitra</b>			
						Routine Work Marana Yoga Until 2:31AM Thu Then Creative Work - Siddha Yoga	

<b>Retreat Star</b>	<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Portland, OR Sun 15 Sutra 11
	Mesha Rasi: 15.04	Tithi 1	<b>Gulika</b> 8:39AM – 10:23AM	<b>Bharani Until 5:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:10AM	Sarvari 5122
			Yama 5:10AM – 6:54AM	Priti Until 9:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 1
	Creative Work	Siddha Yoga	225134468 <b>Rahu</b> 1:53PM – 3:37PM	Kintughna Until 7:29AM	<b>Nataraja:</b> Purple		Prathama
			<b>Prathama* Until 8:29PM</b>	Moon – White		<b>Sivaloka Day</b>	
				<b>Vaisaka*Chaitra</b>			

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Portland, OR Sun 16 Sutra 12
Mesha Rasi: 27.06	Tithi 2	<b>Gulika</b> 6:53AM – 8:38AM	<b>Krittika Until 7:16AM Sat</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:08AM			Sarvari 5122
		Yama 3:38PM – 5:23PM	Ayushman Until 9:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:08PM			Moon 4 - Phase 2
		225134469 <b>Rahu</b> 10:23AM – 12:08PM	Balava Until 9:28AM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 10:21PM</b>	Moon – White			<b>Devaloka Day</b>	
Until 7:16AM Sat				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Portland, OR Sun 17 Sutra 13
Wrishabha Rasi: 9.16	Tithi 3	<b>Gulika</b> 5:06AM – 6:52AM	<b>Krittika Until 7:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:06AM			Sarvari 5122
		Yama 1:53PM – 3:38PM	Saubhagya Until 10:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM			Moon 4 - Phase 2
		225134469 <b>Rahu</b> 8:37AM – 10:22AM	Taitila Until 11:11AM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Amrita Yoga		<b>Tritiya Until 11:53PM</b>	Moon – White			<b>Devaloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>				

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Portland, OR Sun 18 Sutra 14
Wrishabha Rasi: 21.33	Tithi 4	<b>Gulika</b> 3:39PM – 5:25PM	<b>Rohini Until 9:26AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:05AM			Sarvari 5122
		Yama 12:08PM – 1:53PM	Sobhana Until 10:24AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:10PM			Moon 4 - Phase 2
		235134469 <b>Rahu</b> 5:25PM – 7:10PM	Vanija Until 12:32PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 1:02AM Mon</b>	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Portland, OR Sun 19 Sutra 15
Mithuna Rasi: 4.01	Tithi 5	<b>Gulika</b> 1:53PM – 3:39PM	<b>Mrigashira Until 11:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:03AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:21AM – 12:07PM	Athiganda* Until 10:07AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:12PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:49AM – 8:35AM	Bava Until 1:27PM	<b>Nataraja:</b> Clear				3rd Phase
Until 11:00AM			<b>Panchami Until 1:41AM Tue</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Portland, OR Sun 20 Sutra 16
Mithuna Rasi: 16.44	Tithi 6	<b>Gulika</b> 12:07PM – 1:54PM	<b>Ardra Until 11:55AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:02AM			Sarvari 5122
		Yama 8:34AM – 10:21AM	Sukarma Until 9:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:13PM			Moon 4 - Phase 2
		236134469 <b>Rahu</b> 3:40PM – 5:26PM	Kaulava Until 1:49PM	<b>Nataraja:</b> Clear				3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 1:45AM Wed</b>	Moon – Yellow			<b>Bhuloka Day</b>	
Until 11:55AM				<b>Vaisaka-Chaitra</b>			<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Portland, OR Sun 21 Sutra 17
Mithuna Rasi: 29.43	Tithi 7	<b>Gulika</b> 10:20AM – 12:07PM	<b>Punarvasu Until 12:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:00AM			Sarvari 5122
		Yama 6:47AM – 8:34AM	Dhriti Until 8:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:14PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 12:07PM – 1:54PM	Gara Until 1:34PM	<b>Nataraja:</b> Clear				3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 1:11AM Thu</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				Portland, OR Sun 22 Sutra 18
Kataka Rasi: 13.03	Tithi 8	<b>Gulika</b> 8:33AM – 10:20AM	<b>Pushya Until 12:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM			Sarvari 5122
		Yama 4:59AM – 6:46AM	Shula* Until 6:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:15PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 1:54PM – 3:41PM	Vistil Until 12:40PM	<b>Nataraja:</b> Clear				Ashtami
Creative Work	Amrita Yoga		<b>Ashtami* Until 11:57PM</b>	Moon – Blue			<b>Devaloka Day</b>	
Until 12:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Portland, OR Sun 23 Sutra 19
Kataka Rasi: 26.46	Tithi 9	<b>Gulika</b> 6:43AM – 8:31AM	<b>Ashlesha* Until 11:24AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:56AM			Sarvari 5122
		Yama 3:42PM – 5:30PM	Vriddhi Until 1:45AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:18PM			Moon 4 - Phase 2
		246134469 <b>Rahu</b> 10:19AM – 12:07PM	Balava Until 11:06AM	<b>Nataraja:</b> Clear				Navami
Routine Work	Marana Yoga		<b>Navami* Until 10:04PM</b>	Moon – Blue			<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>				


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1</b>	<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Portland, OR
	Simha Rasi: 10.52	Tithi 10	256134469	<b>Gulika</b> 4:54AM – 6:42AM Yama 1:55PM – 3:43PM <b>Rahu</b> 8:30AM – 10:19AM	<b>Magha* Until 10:06AM</b> Dhruva Until 10:34PM Taitila Until 8:55AM <b>Dashami Until 7:36PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka*Chaitra</b>	Sun 24 Sutra 20 Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 10:06AM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Portland, OR
	Simha Rasi: 25.21	Tithi 11 – 12	256134469	<b>Gulika</b> 3:43PM – 5:32PM Yama 12:07PM – 1:55PM <b>Rahu</b> 5:32PM – 7:20PM	<b>Purvaphalguni Until 8:08AM</b> Vyaghata* Until 7:00PM Vanija Until 6:11AM <b>Ekadashi Until 4:38PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka*Chaitra</b>	Sun 25 Sutra 21 Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 8:08AM Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Portland, OR
	Kanya Rasi: 10.09	Tithi 12 – 13	266234469	<b>Gulika</b> 1:55PM – 3:44PM Yama 10:18AM – 12:06PM <b>Rahu</b> 6:40AM – 8:29AM	<b>Hasta Until 3:05AM Tue</b> Harshana Until 3:10PM Kaulava Until 11:36PM <b>Dvadashi Until 1:20PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka*Chaitra</b>	Sun 26 Sutra 22 Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga		<i>Pradosha Vrata</i>					

<b>4</b>	<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Portland, OR
	Kanya Rasi: 25.09	Tithi 13 – 14	267234469	<b>Gulika</b> 12:06PM – 1:56PM Yama 8:28AM – 10:17AM <b>Rahu</b> 3:45PM – 5:34PM	<b>Chitra Until 12:19AM Wed</b> Vajra* Until 11:09AM Gara Until 8:02PM <b>Trayodashi Until 9:48AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka*Chaitra</b>	Sun 27 Sutra 23 Sarvari 5122 Moon 4 - Phase 3 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							

	<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Portland, OR
	Tula Rasi: 10.13	Tithi 14 – 15	267234469	<b>Gulika</b> 10:17AM – 12:06PM Yama 6:38AM – 8:28AM <b>Rahu</b> 12:06PM – 1:56PM	<b>Svati Until 9:28PM</b> Siddhi Until 7:06AM Bava Until 2:45AM Thu <b>Chaturdashi* Until 6:14AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka*Chaitra</b>	Sun 24 Sutra 24 Sarvari 5122 Moon 4 - Phase 3 Purnima <b>Devaloka Day</b>
Copper Retreat Star Creative Work Siddha Yoga		<b>Budha Purnima (Tamil Nadu)</b>					

<b>5</b>	<b>Thursday, May 7, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Portland, OR
	Tula Rasi: 25.13	Tithi 16	277234469	<b>Gulika</b> 8:27AM – 10:17AM Yama 4:47AM – 6:37AM <b>Rahu</b> 1:56PM – 3:46PM	<b>Vishakha Until 7:08PM</b> Variyan Until 11:25PM Balava Until 1:07PM <b>Prathama* Until 11:33PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka*Chaitra</b>	Sun 25 Sutra 25 Sarvari 5122 Moon 4 - Phase 3 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Silver Retreat Star Creative Work Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda