



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.44 Tithi 17
264483468 Rahu

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 5:06AM – 6:46AM
Yama 1:25PM – 3:04PM
Rahu 8:26AM – 10:05AM

Svati Until 6:17AM
Siddhi Until 6:09PM
Taitila Until 1:51PM

Dvitiya Until 1:01AM Sun

Ganesha: Red *Sunrise:* 5:06AM
Muruqa: Yellow *Sunset:* 6:24PM
Nataraja: Purple
Moon – Green

Sivaloka Day

Chaitra+Chaitra

Nashville, TN
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

1

Sunday, April 21, 2019

Vrischika Rasi: 3.37 Tithi 18
274483468 Rahu

Routine Work Marana Yoga
Until 5:13AM Mon
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 3:05PM – 4:45PM
Yama 11:45AM – 1:25PM
Rahu 4:45PM – 6:25PM

Anuradha Until 5:13AM Mon
Vyatipata* Until 3:59PM
Vanija Until 12:23PM
Tritiya Until 11:54PM

Ganesha: Blue *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange

Devaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 1 Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

2

Monday, April 22, 2019

Vrischika Rasi: 17.05 Tithi 19
274483468 Rahu

Family Home Evening
Creative Work Siddha Yoga
Until 5:35AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:25PM – 3:05PM
Yama 10:05AM – 11:45AM
Rahu 6:44AM – 8:24AM

Jyeshtha* Until 5:35AM Tue
Variyan Until 2:23PM
Bava Until 11:39AM
Chaturthi* Until 11:33PM

Ganesha: Blue *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:25PM
Nataraja: Purple
Moon – Orange

Devaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 2 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

3

Tuesday, April 23, 2019

Dhanus Rasi: 0.07 Tithi 20
284483468 Rahu

Creative Work Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 11:44AM – 1:25PM
Yama 8:24AM – 10:04AM
Rahu 3:05PM – 4:46PM

Mula* Until 7:04AM Wed
Parigha* Until 1:27PM
Kaulava Until 11:43AM
Panchami Until 12:02AM Wed

Ganesha: Yellow *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 6:26PM
Nataraja: Purple
Moon – Light Blue

Sivaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 3 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.46 Tithi 21
284483468 Rahu

Routine Work Marana Yoga
Until 7:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:04AM – 11:44AM
Yama 6:42AM – 8:23AM
Rahu 11:44AM – 1:25PM

Mula* Until 7:04AM
Shiva Until 1:09PM
Gara Until 12:36PM
Shashthi* Until 1:18AM Thu

Ganesha: Yellow *Sunrise:* 5:02AM
Muruqa: Yellow *Sunset:* 6:27PM
Nataraja: Purple
Moon – Light Blue

Sivaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 4 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

5

Thursday, April 25, 2019

Dhanus Rasi: 25.04 Tithi 22
284483469 Rahu

Creative Work Siddha Yoga
Until 9:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:22AM – 10:03AM
Yama 5:00AM – 6:41AM
Rahu 1:25PM – 3:06PM

Purvashadha* Until 9:08AM
Siddha Until 1:23PM
Visti* Until 2:12PM
Saptami Until 3:13AM Fri

Ganesha: Yellow *Sunrise:* 5:00AM
Muruqa: Yellow *Sunset:* 6:28PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 5 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 7.08 Tithi 23
284583469 Rahu

Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:40AM – 8:22AM
Yama 3:06PM – 4:48PM
Rahu 10:03AM – 11:44AM

Uttarashadha Until 11:35AM
Sadhya Until 2:04PM
Balava Until 4:22PM
Ashtami* Until 5:34AM Sat

Ganesha: Red *Sunrise:* 4:59AM
Muruqa: Yellow *Sunset:* 6:29PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day

Chaitra+Chaitra

Nashville, TN
Sun 6 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 19.01 Tithi 24
294583469 Rahu

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau

Gulika 4:58AM – 6:39AM
Yama 1:25PM – 3:07PM
Rahu 8:21AM – 10:02AM

Shravana Until 2:44PM
Subha Until 3:01PM
Taitila Until 6:51PM
Navami* Until 8:06AM Sun

Ganesha: Green *Sunrise:* 4:58AM
Muruqa: Yellow *Sunset:* 6:30PM
Nataraja: Clear
Moon – Purple

Bhuloka Day

Chaitra+Chaitra

Devaloka Time: 3:PM to 6:PM

Nashville, TN
Sun 7 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nashville, TN Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 0.5	Tithi 24 – 25	Gulika 3:07PM – 4:49PM	Dhanishtha Until 5:48PM	Ganesha: Green	<i>Sunrise:</i> 4:57AM	
		Yama 11:44AM – 1:25PM	Sukla Until 4:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 3
		294583469 Rahu 4:49PM – 6:31PM	Vanija Until 9:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 8:06AM	Moon – Purple		Bhuloka Day
Until 5:48PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nashville, TN Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 12.41	Tithi 25 – 26	Gulika 1:25PM – 3:07PM	Shatabhishak Until 8:34PM	Ganesha: Green	<i>Sunrise:</i> 4:56AM	
Family Home Evening		Yama 10:02AM – 11:43AM	Brahma Until 4:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:38AM – 8:20AM	Bava Until 11:46PM	Nataraja: Clear		2nd Phase
Until 8:34PM			Dashami Until 10:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nashville, TN Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 24.36	Tithi 26 – 27	Gulika 11:43AM – 1:26PM	Purvaproshtapada* Until 11:21PM	Ganesha: Purple	<i>Sunrise:</i> 4:54AM	
		Yama 8:19AM – 10:01AM	Indra Until 5:39PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 3
		214583469 Rahu 3:08PM – 4:50PM	Kaulava Until 1:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 12:49PM	Moon – Clear		Bhuloka Day
Until 11:21PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nashville, TN Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 6.41	Tithi 27 – 28	Gulika 10:01AM – 11:43AM	Uttaraproshtapada Until 1:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	
		Yama 6:36AM – 8:18AM	Vaidhriti* Until 5:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 3
		214583469 Rahu 11:43AM – 1:26PM	Gara Until 3:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:36PM	Moon – Clear		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nashville, TN Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 18.58	Tithi 28 – 29	Gulika 8:18AM – 10:00AM	Revati Until 3:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:52AM	
		Yama 4:52AM – 6:35AM	Vishkambha* Until 5:56PM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 3
		215583469 Rahu 1:26PM – 3:09PM	Visti Until 4:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:52PM	Moon – Clear		Bhuloka Day
Until 3:01AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau				Nashville, TN Sun 13 Sutra 19 Vikarin 5121
Mesha Rasi: 1.28	Tithi 29 – 30	Gulika 6:34AM – 8:17AM	Ashvini Until 4:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:51AM	
		Yama 3:09PM – 4:52PM	Priti Until 5:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3
		225583469 Rahu 10:00AM – 11:43AM	Catuspada Until 4:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashy* Until 4:36PM	Moon – White		Bhuloka Day
Until 4:18AM Sat				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nashville, TN Sun 14 Sutra 20 Vikarin 5121
Mesha Rasi: 14.14	Tithi 30 – 1	Gulika 4:50AM – 6:33AM	Bharani Until 4:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:50AM	
		Yama 1:26PM – 3:09PM	Ayushman Until 4:34PM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
		225583469 Rahu 8:17AM – 10:00AM	Kintughna Until 4:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 4:47PM	Moon – White		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nashville, TN Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 27.14	Tithi 1 – 2	Gulika 3:10PM – 4:53PM	Krittika Until 4:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	
		Yama 11:43AM – 1:26PM	Saubhagya Until 3:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3
		225583469 Rahu 4:53PM – 6:36PM	Balava Until 4:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:30PM	Moon – White		Bhuloka Day
Until 4:58AM Mon				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Nashville, TN Sun 16 Sutra 22 Vikarin 5121	
1	Vrishabha Rasi: 10.29 Family Home Evening Creative Work Amrita Yoga Until 4:56AM Tue Then Creative Work - Siddha Yoga	Tithi 2 - 3 235583469	Gulika 1:26PM - 3:10PM Yama 9:59AM - 11:43AM Rahu 6:32AM - 8:15AM	Rohini Until 4:56AM Tue Sobhana Until 1:43PM Taitila Until 3:21AM Tue Dvitiya Until 3:49PM	Ganesha: Light Blue <i>Sunrise: 4:48AM</i> Muruqa: Yellow <i>Sunset: 6:37PM</i> Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Nashville, TN Sun 17 Sutra 23 Vikarin 5121	
2	Vrishabha Rasi: 23.55 Creative Work Siddha Yoga	Tithi 3 - 4 235583469	Gulika 11:43AM - 1:27PM Yama 8:15AM - 9:59AM Rahu 3:10PM - 4:54PM	Mrigashira Until 4:27AM Wed Athiganda* Until 11:50AM Vanija Until 2:10AM Wed Tritiya Until 2:46PM	Ganesha: Light Blue <i>Sunrise: 4:47AM</i> Muruqa: Yellow <i>Sunset: 6:38PM</i> Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Nashville, TN Sun 18 Sutra 24 Vikarin 5121	
3	Mithuna Rasi: 7.32 Creative Work Siddha Yoga Until 3:35AM Thu Then Creative Work - Amrita Yoga	Tithi 4 - 5 235583469	Gulika 9:58AM - 11:43AM Yama 6:30AM - 8:14AM Rahu 11:43AM - 1:27PM	Ardra Until 3:35AM Thu Sukarma Until 9:44AM Bava Until 12:43AM Thu Chaturthi* Until 1:27PM	Ganesha: Light Blue <i>Sunrise: 4:46AM</i> Muruqa: Yellow <i>Sunset: 6:39PM</i> Nataraja: Clear Moon - Yellow Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Nashville, TN Sun 19 Sutra 25 Vikarin 5121	
4	Mithuna Rasi: 21.17 Creative Work Amrita Yoga Until 2:48AM Fri Then Routine Work - Marana Yoga	Tithi 5 - 6 245583469	Gulika 8:14AM - 9:58AM Yama 4:45AM - 6:30AM Rahu 1:27PM - 3:11PM	Punarvasu Until 2:48AM Fri Dhriti Until 7:28AM Kaulava Until 11:04PM Panchami Until 11:54AM	Ganesha: Orange <i>Sunrise: 4:45AM</i> Muruqa: Yellow <i>Sunset: 6:40PM</i> Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Devaloka Day

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Nashville, TN Sun 20 Sutra 26 Vikarin 5121	
5	Kataka Rasi: 5.11 Routine Work Marana Yoga	Tithi 6 - 7 245583469	Gulika 6:29AM - 8:13AM Yama 3:12PM - 4:56PM Rahu 9:58AM - 11:42AM	Pushya Until 1:40AM Sat Ganda* Until 2:22AM Sat Gara Until 9:13PM Shashthi* Until 10:09AM	Ganesha: Orange <i>Sunrise: 4:44AM</i> Muruqa: Yellow <i>Sunset: 6:41PM</i> Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Nashville, TN Sun 21 Sutra 27 Vikarin 5121	
Retreat Star	Kataka Rasi: 19.11 Routine Work Marana Yoga	Tithi 7 - 8 245583469	Gulika 4:43AM - 6:28AM Yama 1:27PM - 3:12PM Rahu 8:13AM - 9:58AM	Ashlesha* Until 12:14AM Sun Vriddhi Until 11:38PM Visti Until 7:11PM Saptami Until 8:12AM	Ganesha: Orange <i>Sunrise: 4:43AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon - Blue Vaisaka-Chaitra	Moon 4 - Phase 4 Ashtami Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau			Nashville, TN Sun 22 Sutra 28 Vikarin 5121	
Retreat Star	Simha Rasi: 3.19 Routine Work Marana Yoga Until 10:55PM Then Creative Work - Siddha Yoga	Tithi 8 - 9 256583469	Gulika 3:12PM - 4:57PM Yama 11:42AM - 1:27PM Rahu 4:57PM - 6:42PM	Magha* Until 10:55PM Dhruva Until 8:44PM Kaulava Until 3:50AM Mon Ashtami* Until 6:05AM	Ganesha: White <i>Sunrise: 4:43AM</i> Muruqa: Yellow <i>Sunset: 6:42PM</i> Nataraja: Clear Moon - Red Vaisaka-Chaitra	Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau			Nashville, TN Sun 23 Sutra 29
1		Gulika 1:28PM – 3:13PM	Purvaphalguni Until 9:22PM	Ganesha: White <i>Sunrise:</i> 4:42AM	Vikarin 5121
Simha Rasi: 17.31	Tithi 10	Yama 9:57AM – 11:42AM	Vyaghata* Until 5:46PM	Muruqa: Yellow <i>Sunset:</i> 6:43PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 6:27AM – 8:12AM	Taitila Until 2:41PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:29AM Tue	Bhuloka Day	
				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau			Nashville, TN Sun 24 Sutra 30
2		Gulika 11:42AM – 1:28PM	Uttaraphalguni Until 7:37PM	Ganesha: White <i>Sunrise:</i> 4:41AM	Vikarin 5121
Kanya Rasi: 1.47	Tithi 11	Yama 8:12AM – 9:57AM	Harshana Until 2:45PM	Muruqa: Yellow <i>Sunset:</i> 6:44PM	Moon 4 - Phase 5
	256583469	Rahu 3:13PM – 4:59PM	Vanija Until 12:19PM	Nataraja: Clear	4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 11:06PM	Bhuloka Day	
Until 7:37PM				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau			Nashville, TN Sun 25 Sutra 31
3		Gulika 9:57AM – 11:42AM	Hasta Until 6:11PM	Ganesha: Yellow <i>Sunrise:</i> 4:40AM	Vikarin 5121
Kanya Rasi: 16.05	Tithi 12	Yama 6:26AM – 8:11AM	Vajra* Until 11:44AM	Muruqa: Yellow <i>Sunset:</i> 6:45PM	Moon 4 - Phase 5
	266583469	Rahu 11:42AM – 1:28PM	Bava Until 9:56AM	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Dvadashti Until 8:45PM	Bhuloka Day	
Until 6:11PM				Vaisaka-Vaikasi	
Then Creative Work - Siddha Yoga					

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Nashville, TN Sun 26 Sutra 32
4		Gulika 8:11AM – 9:57AM	Chitra Until 4:45PM	Ganesha: Yellow <i>Sunrise:</i> 4:39AM	Vikarin 5121
Tula Rasi: 0.19	Tithi 13	Yama 4:39AM – 6:25AM	Siddhi Until 8:49AM	Muruqa: Yellow <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5
	266583469	Rahu 1:28PM – 3:14PM	Kaulava Until 7:39AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 6:34PM	Bhuloka Day	
Until 4:45PM				Vaisaka-Vaikasi	
Then Creative Work - Amrita Yoga					
			<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau			Nashville, TN Sun 27 Sutra 33
5		Gulika 6:24AM – 8:10AM	Svati Until 3:26PM	Ganesha: Yellow <i>Sunrise:</i> 4:38AM	Vikarin 5121
Tula Rasi: 14.25	Tithi 14 – 15	Yama 3:14PM – 5:00PM	Vyatipata* Until 6:05AM	Muruqa: Yellow <i>Sunset:</i> 6:46PM	Moon 4 - Phase 5
	266583469	Rahu 9:56AM – 11:42AM	Visli Until 3:52AM Sat	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 4:39PM	Bhuloka Day	
				Vaisaka-Vaikasi	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Nashville, TN Sun 28 Sutra 34
○	Copper Retreat Star	Gulika 4:38AM – 6:24AM	Vishakha Until 2:48PM	Ganesha: Blue <i>Sunrise:</i> 4:38AM	Vikarin 5121
Tula Rasi: 28.18	Tithi 15 – 16	Yama 1:29PM – 3:15PM	Parigha* Until 1:32AM Sun	Muruqa: Yellow <i>Sunset:</i> 6:47PM	Moon 4 - Phase 5
	276583469	Rahu 8:10AM – 9:56AM	Balava Until 2:36AM Sun	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 3:09PM	Bhuloka Day	
				Vaisaka-Vaikasi	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau			Nashville, TN Sun 29 Sutra 35
	Silver Retreat Star	Gulika 3:15PM – 5:02PM	Anuradha Until 2:33PM	Ganesha: Yellow <i>Sunrise:</i> 4:37AM	Vikarin 5121
Vrischika Rasi: 11.53	Tithi 16 – 17	Yama 11:43AM – 1:29PM	Shiva Until 11:56PM	Muruqa: Yellow <i>Sunset:</i> 6:48PM	Moon 4 - Phase 5
	277583469	Rahu 5:02PM – 6:48PM	Taitila Until 1:56AM Mon	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 2:10PM	Bhuloka Day	
				Vaisaka-Vaikasi	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 25.08 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:29PM – 3:16PM
Yama 9:56AM – 11:43AM
Rahu 6:23AM – 8:09AM

Jyeshtha* Until 2:47PM
Siddha Until 10:50PM
Vanija Until 1:55AM Tue
Dvitiya Until 1:49PM

Ganesha: Yellow *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 6:49PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

1

Tuesday, May 21, 2019

Dhanus Rasi: 8.03 Tithi 18 – 19
Creative Work Amrita Yoga
Until 3:59PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:43AM – 1:29PM
Yama 8:09AM – 9:56AM
Rahu 3:16PM – 5:03PM

Mula* Until 3:59PM
Sadhya Until 10:18PM
Bava Until 2:37AM Wed
Tritiya Until 2:10PM

Ganesha: Red *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.37 Tithi 19 – 20
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:56AM – 11:43AM
Yama 6:22AM – 8:09AM
Rahu 11:43AM – 1:30PM

Purvashadha* Until 5:43PM
Subha Until 10:19PM
Kaulava Until 3:59AM Thu
Chaturthi* Until 3:12PM

Ganesha: Red *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 6:50PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

3

Thursday, May 23, 2019

Makara Rasi: 2.55 Tithi 20 – 21
Routine Work Marana Yoga
Until 7:52PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Gulika 8:09AM – 9:56AM
Yama 4:34AM – 6:22AM
Rahu 1:30PM – 3:17PM

Uttarashadha Until 7:52PM
Sukla Until 10:45PM
Gara Until 5:54AM Fri
Panchami Until 4:51PM

Ganesha: Red *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 6:51PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

4

Friday, May 24, 2019

Makara Rasi: 14.59 Tithi 21
Routine Work Marana Yoga
Until 10:47PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau

Gulika 6:21AM – 8:08AM
Yama 3:17PM – 5:05PM
Rahu 9:56AM – 11:43AM

Shravana Until 10:47PM
Brahma Until 11:31PM
Vanija Until 6:59PM
Shashthi* Until 6:59PM

Ganesha: Green *Sunrise:* 4:34AM
Muruqa: Yellow *Sunset:* 6:52PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

Nashville, TN
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

5

Saturday, May 25, 2019

Makara Rasi: 26.54 Tithi 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:33AM – 6:21AM
Yama 1:30PM – 3:18PM
Rahu 8:08AM – 9:56AM

Dhanishtha Until 1:44AM Sun
Indra Until 12:29AM Sun
Visti Until 8:11AM
Saptami Until 9:22PM

Ganesha: Red *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Clear
Moon – Purple

Devaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.46 Tithi 23
Creative Work Siddha Yoga
Until 4:32AM Mon
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:18PM – 5:06PM
Yama 11:43AM – 1:31PM
Rahu 5:06PM – 6:53PM

Shatabhishak Until 4:32AM Mon
Vaidhriti* Until 1:25AM Mon
Balava Until 10:37AM
Ashtami* Until 11:47PM

Ganesha: Blue *Sunrise:* 4:33AM
Muruqa: Yellow *Sunset:* 6:53PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 20.38 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 7:26AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:31PM – 3:19PM
Yama 9:55AM – 11:43AM
Rahu 6:20AM – 8:08AM

Purvaproshtapada* Until 7:26AM Tue
Vishkambha* Until 2:12AM Tue
Taitila Until 12:57PM
Navami* Until 2:00AM Tue

Ganesha: Purple *Sunrise:* 4:32AM
Muruqa: Yellow *Sunset:* 6:54PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Vaisaka-Vaikasi

Nashville, TN
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Nashville, TN
Meena Rasi: 3	Tithi 25	318683469	Gulika Yama Rahu	11:43AM – 1:31PM 8:08AM – 9:55AM 3:19PM – 5:07PM	Purvaproshtapada* Until 7:26AM Priti Until 2:43AM Wed Vanija Until 3:00PM Dashami Until 3:50AM Wed	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:32AM Sunset: 6:55PM	Sun 9 Sutra 44 Vikarin 5121 Moon 5 - Phase 7 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 7:26AM Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Nashville, TN
Meena Rasi: 14.44	Tithi 26	318683469	Gulika Yama Rahu	9:55AM – 11:43AM 6:19AM – 8:07AM 11:43AM – 1:31PM	Uttaraproshtapada Until 9:45AM Ayushman Until 2:47AM Thu Bava Until 4:34PM Ekadashi* Until 5:07AM Thu	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:31AM Sunset: 6:55PM	Sun 10 Sutra 45 Vikarin 5121 Moon 5 - Phase 7 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 9:45AM Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nashville, TN
Meena Rasi: 27.06	Tithi 27	318683469	Gulika Yama Rahu	8:07AM – 9:55AM 4:31AM – 6:19AM 1:32PM – 3:20PM	Revati Until 11:22AM Saubhagya Until 2:23AM Fri Kaulava Until 5:33PM Dvadashi* Until 5:47AM Fri	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:31AM Sunset: 6:56PM	Sun 11 Sutra 46 Vikarin 5121 Moon 5 - Phase 7 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 11:22AM Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Nashville, TN
Mesha Rasi: 9.44	Tithi 28	328683469	Gulika Yama Rahu	6:19AM – 8:07AM 3:20PM – 5:08PM 9:55AM – 11:44AM	Ashvini Until 12:42PM Sobhana Until 1:30AM Sat Gara Until 5:54PM Trayodashi* Until 5:49AM Sat	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:31AM Sunset: 6:57PM	Sun 12 Sutra 47 Vikarin 5121 Moon 5 - Phase 7 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 12:42PM Then Creative Work - Siddha Yoga								

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nashville, TN
Mesha Rasi: 22.41	Tithi 29	329683469	Gulika Yama Rahu	4:30AM – 6:19AM 1:32PM – 3:21PM 8:07AM – 9:55AM	Bharani Until 1:14PM Athiganda* Until 12:05AM Sun Visti Until 5:37PM Chaturdashi* Until 5:14AM Sun	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:30AM Sunset: 6:57PM	Sun 13 Sutra 48 Vikarin 5121 Moon 5 - Phase 7 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 1:14PM Then Creative Work - Amrita Yoga								

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nashville, TN			
Retreat Star		Vrishabha Rasi: 5.58		Tithi 30	329683469	Gulika Yama Rahu	3:21PM – 5:09PM 11:44AM – 1:32PM 5:09PM – 6:58PM	Krittika Until 1:02PM Sukarma Until 10:14PM Catuspada Until 4:44PM Amavasya* Until 4:05AM Mon	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:30AM Sunset: 6:58PM	Sun 14 Sutra 49 Vikarin 5121 Moon 5 - Phase 7 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga											

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Nashville, TN
Vrishabha Rasi: 19.32	Tithi 1	339683469	Gulika Yama Rahu	1:33PM – 3:21PM 9:55AM – 11:44AM 6:18AM – 8:07AM	Rohini Until 12:37PM Dhriti Until 8:01PM Kintughna Until 3:22PM Prathama* Until 2:30AM Tue	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:30AM Sunset: 6:59PM	Sun 15 Sutra 50 Vikarin 5121 Moon 5 - Phase 7 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Amrita Yoga								

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nashville, TN Sun 16 Sutra 51
Mithuna Rasi: 3.22	Tithi 2	Gulika Yama	11:44AM – 1:33PM 8:07AM – 9:56AM	Mrigashira Until 11:39AM Shula* Until 5:28PM	Ganesha: Green Muruqa: Yellow	Sunrise: 4:29AM Sunset: 6:59PM	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	Rahu 3:22PM – 5:10PM	Balava Until 1:35PM Dvitiya Until 12:34AM Wed	Nataraja: Clear Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 11:39AM								
Then Routine Work - Marana Yoga								

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Nashville, TN Sun 17 Sutra 52
Mithuna Rasi: 17.25	Tithi 3	Gulika Yama	9:56AM – 11:44AM 6:18AM – 8:07AM	Ardra Until 10:14AM Ganda* Until 2:42PM	Ganesha: Green Muruqa: Yellow	Sunrise: 4:29AM Sunset: 7:00PM	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Siddha Yoga	339683461	Rahu 11:44AM – 1:33PM	Taitila Until 11:31AM Tritiya Until 10:23PM	Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Nashville, TN Sun 18 Sutra 53
Kataka Rasi: 1.35	Tithi 4	Gulika Yama	8:07AM – 9:56AM 4:29AM – 6:18AM	Punarvasu Until 8:55AM Vridhhi Until 11:48AM	Ganesha: White Muruqa: Yellow	Sunrise: 4:29AM Sunset: 7:00PM	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Amrita Yoga	349683461	Rahu 1:34PM – 3:22PM	Vanija Until 9:15AM Chaturthi* Until 8:04PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Nashville, TN Sun 19 Sutra 54
Kataka Rasi: 15.51	Tithi 5 – 6	Gulika Yama	6:18AM – 8:07AM 3:23PM – 5:12PM	Pushya Until 7:21AM Dhruva Until 8:49AM	Ganesha: White Muruqa: Yellow	Sunrise: 4:29AM Sunset: 7:01PM	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Routine Work	Marana Yoga	349683461	Rahu 9:56AM – 11:45AM	Bava Until 6:54AM Panchami Until 5:42PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Nashville, TN Sun 20 Sutra 55
Simha Rasi: 0.07	Tithi 6 – 7	Gulika Yama	4:29AM – 6:18AM 1:34PM – 3:23PM	Magha* Until 4:14AM Sun Harshana Until 2:53AM Sun	Ganesha: Clear Muruqa: Yellow	Sunrise: 4:29AM Sunset: 7:01PM	Vikarin 5121 Moon 5 - Phase 8	3rd Phase
Creative Work	Amrita Yoga	359683461	Rahu 8:07AM – 9:56AM	Gara Until 2:12AM Sun Shashthi* Until 3:20PM	Nataraja: Yellow Moon – Red	Devaloka Day Jyeshtha-Vaikasi		
Until 4:14AM Sun								
Then Creative Work - Siddha Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nashville, TN Sun 21 Sutra 56
Simha Rasi: 14.22	Tithi 7 – 8	Gulika Yama	3:24PM – 5:13PM 11:45AM – 1:34PM	Purvaphalguni Until 2:48AM Mon Vajra* Until 12:00AM Mon	Ganesha: Yellow Muruqa: Yellow	Sunrise: 4:28AM Sunset: 7:02PM	Vikarin 5121 Moon 5 - Phase 8	Ashtami
Creative Work	Siddha Yoga	351683461	Rahu 5:13PM – 7:02PM	Visti Until 11:58PM Saptami Until 1:03PM	Nataraja: Yellow Moon – Red	Devaloka Day Jyeshtha-Vaikasi		

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nashville, TN Sun 22 Sutra 57
Simha Rasi: 28.32	Tithi 8 – 9	Gulika Yama	1:35PM – 3:24PM 9:56AM – 11:45AM	Uttaraphalguni Until 1:21AM Tue Siddhi Until 9:14PM	Ganesha: Yellow Muruqa: Yellow	Sunrise: 4:28AM Sunset: 7:02PM	Vikarin 5121 Moon 5 - Phase 8	Navami
Family Home Evening		351683461	Rahu 6:18AM – 8:07AM	Balava Until 9:51PM Ashtami* Until 10:52AM	Nataraja: Yellow Moon – Red	Devaloka Day Jyeshtha-Vaikasi		
Creative Work	Siddha Yoga							

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nashville, TN Sun 23 Sutra 58
Kanya Rasi: 12.38	Tithi 9 – 10	Gulika	11:46AM – 1:35PM	Hasta Until 12:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	8:07AM – 9:56AM	Vyatipata* Until 6:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
		361683461 Rahu	3:24PM – 5:13PM	Taitila Until 7:53PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Navami* Until 8:49AM	Moon – Green		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nashville, TN Sun 24 Sutra 59
Kanya Rasi: 26.36	Tithi 10 – 11	Gulika	9:56AM – 11:46AM	Chitra Until 11:25PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	6:18AM – 8:07AM	Variyan Until 4:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 5 - Phase 9	
		361683461 Rahu	11:46AM – 1:35PM	Vanija Until 6:08PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 6:58AM	Moon – Green		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Nashville, TN Sun 25 Sutra 60
Tula Rasi: 10.26	Tithi 12	Gulika	8:07AM – 9:57AM	Svati Until 10:37PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	4:28AM – 6:18AM	Parigha* Until 1:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 9	
		361683461 Rahu	1:35PM – 3:25PM	Bava Until 4:39PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga			Dvadashi Until 4:00AM Fri	Moon – Green		Bhuloka Day	
Until 10:37PM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nashville, TN Sun 26 Sutra 61
Tula Rasi: 24.05	Tithi 13	Gulika	6:18AM – 8:07AM	Vishakha Until 10:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	3:25PM – 5:15PM	Shiva Until 11:52AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 9	
		371693461 Rahu	9:57AM – 11:46AM	Kaulava Until 3:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 3:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam			Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>				

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Nashville, TN Sun 27 Sutra 62
Vrischika Rasi: 7.31	Tithi 14	Gulika	4:28AM – 6:18AM	Anuradha Until 10:33PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
		Yama	1:36PM – 3:25PM	Siddha Until 10:09AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 5 - Phase 9	
		371793461 Rahu	8:07AM – 9:57AM	Gara Until 2:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 2:29AM Sun	Moon – Orange		Subha Sivaloka Day	
					Jyeshtha-Ani			

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Nashville, TN Sun 27 Sutra 63
Copper Retreat Star		Gulika	3:26PM – 5:15PM	Jyeshtha* Until 10:59PM	Ganesha: White	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
Vrischika Rasi: 20.43	Tithi 15	Yama	11:47AM – 1:36PM	Sadhya Until 8:49AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 5 - Phase 9	
		371793461 Rahu	5:15PM – 7:05PM	Visti Until 2:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga			Purnima* Until 2:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 10:59PM		Father's Day			Jyeshtha-Ani			
Then Creative Work - Amrita Yoga								

Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Nashville, TN Sun 28 Sutra 64		
Silver Retreat Star		Gulika	1:36PM – 3:26PM	Mula* Until 12:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:28AM	Vikarin 5121	
Dhanus Rasi: 3.39	Tithi 16	Yama	9:57AM – 11:47AM	Subha Until 7:55AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 5 - Phase 9	
Family Home Evening		381793461 Rahu	6:18AM – 8:08AM	Balava Until 2:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 2:58AM Tue	Moon – Light Blue		Sivaloka Day	
					Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvitiyayam Titau

Nashville, TN
Sun 1
Sutra 65

Dhanus Rasi: 16.19 Tithi 17

382793461
Gulika 11:47AM – 1:37PM
Yama 8:08AM – 9:57AM
Rahu 3:26PM – 5:16PM

Purvashadha* Until 1:57AM Wed
Sukla Until 7:26AM
Taitila Until 3:28PM
Dvitiya Until 4:03AM Wed

Ganesha: Clear Sunrise: 4:29AM
Muruga: Blue Sunset: 7:05PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 1:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Tritiyayam Titau

Nashville, TN
Sun 2
Sutra 66

Dhanus Rasi: 28.44 Tithi 18

382793461
Gulika 9:58AM – 11:47AM
Yama 6:18AM – 8:08AM
Rahu 11:47AM – 1:37PM

Uttarashadha Until 3:59AM Thu
Brahma Until 7:24AM
Vanija Until 4:49PM
Tritiya Until 5:40AM Thu

Ganesha: Purple Sunrise: 4:29AM
Muruga: Blue Sunset: 7:06PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 3:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Bava Karana Chaturthayam Titau

Nashville, TN
Sun 3
Sutra 67

Makara Rasi: 10.55 Tithi 19

392793461
Gulika 8:08AM – 9:58AM
Yama 4:29AM – 6:18AM
Rahu 1:37PM – 3:27PM

Shravana Until 6:46AM Fri
Indra Until 7:47AM
Bava Until 6:40PM
Chaturthi* Until 7:42AM Fri

Ganesha: Clear Sunrise: 4:29AM
Muruga: Blue Sunset: 7:06PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti* Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nashville, TN
Sun 4
Sutra 68

Makara Rasi: 22.56 Tithi 19 – 20

392793461
Gulika 6:19AM – 8:08AM
Yama 3:27PM – 5:17PM
Rahu 9:58AM – 11:48AM

Shravana Until 6:46AM
Vaidhriti* Until 8:27AM
Kaulava Until 8:51PM
Chaturthi* Until 7:42AM

Ganesha: Clear Sunrise: 4:29AM
Muruga: Blue Sunset: 7:06PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 6:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha* Priti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nashville, TN
Sun 5
Sutra 69

Kumbha Rasi: 4.51 Tithi 20 – 21

392793461
Gulika 4:29AM – 6:19AM
Yama 1:37PM – 3:27PM
Rahu 8:09AM – 9:58AM

Dhanishtha Until 9:39AM
Vishkambha* Until 9:21AM
Gara Until 11:13PM
Panchami Until 10:00AM

Ganesha: Clear Sunrise: 4:29AM
Muruga: Blue Sunset: 7:06PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Nashville, TN
Sun 6
Sutra 70

Kumbha Rasi: 16.43 Tithi 21 – 22

392793461
Gulika 3:27PM – 5:17PM
Yama 11:48AM – 1:38PM
Rahu 5:17PM – 7:07PM

Shatabhishak Until 12:27PM
Priti Until 10:20AM
Visli Until 1:35AM Mon
Shashthi* Until 12:24PM

Ganesha: Clear Sunrise: 4:30AM
Muruga: Blue Sunset: 7:07PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 12:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

D

Monday, June 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nashville, TN
Sun 7
Sutra 71

Kumbha Rasi: 28.36 Tithi 22 – 23

Family Home Evening 312793461

Gulika 1:38PM – 3:27PM
Yama 9:59AM – 11:48AM
Rahu 6:19AM – 8:09AM

Purvaprosarthapada* Until 3:29PM
Ayushman Until 11:12AM
Balava Until 3:45AM Tue
Saptami Until 2:41PM

Ganesha: Yellow Sunrise: 4:30AM
Muruga: Blue Sunset: 7:07PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Routine Work Marana Yoga
Until 3:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nashville, TN
Sun 8
Sutra 72

Meena Rasi: 10.35 Tithi 23 – 24

312793461
Gulika 11:48AM – 1:38PM
Yama 8:09AM – 9:59AM
Rahu 3:28PM – 5:17PM

Uttaraprosarthapada Until 6:03PM
Saubhagya Until 11:53AM
Taitila Until 5:31AM Wed
Ashtami* Until 4:40PM

Ganesha: Yellow Sunrise: 4:30AM
Muruga: Blue Sunset: 7:07PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Creative Work Amrita Yoga
Until 6:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Wednesday, June 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau		Nashville, TN Sun 9 Sutra 73	
Meena Rasi: 22.44	Tithi 24	Gulika	9:59AM – 11:49AM	Revati Until 7:59PM	Ganesha: Yellow	Sunrise: 4:30AM	Vikarin 5121
		Yama	6:20AM – 8:10AM	Sobhana Until 12:14PM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	11:49AM – 1:38PM	Gara Until 6:10PM	Nataraja: Yellow		2nd Phase
Routine Work	Marana Yoga			Navami* Until 6:10PM	Moon – Clear		Sivaloka Day
					Jyeshtha-Ani		

2		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Nashville, TN Sun 10 Sutra 74	
Mesha Rasi: 5.06	Tithi 25	Gulika	8:10AM – 9:59AM	Ashvini Until 9:38PM	Ganesha: Blue	Sunrise: 4:31AM	Vikarin 5121
		Yama	4:31AM – 6:20AM	Athiganda* Until 12:06PM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	1:38PM – 3:28PM	Vanija Until 6:43AM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga			Dashami Until 7:04PM	Moon – White		Devaloka Day
Until 9:38PM					Jyeshtha-Ani		
Then Creative Work - Siddha Yoga							

3		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Nashville, TN Sun 11 Sutra 75	
Mesha Rasi: 17.46	Tithi 26	Gulika	6:21AM – 8:10AM	Bharani Until 10:26PM	Ganesha: Blue	Sunrise: 4:31AM	Vikarin 5121
		Yama	3:28PM – 5:17PM	Sukarma Until 11:27AM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	10:00AM – 11:49AM	Bava Until 7:16AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga			Ekadashi* Until 7:15PM	Moon – White		Devaloka Day
					Jyeshtha-Ani		

4		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Nashville, TN Sun 12 Sutra 76	
Vrishabha Rasi: 0.48	Tithi 27	Gulika	4:32AM – 6:21AM	Krittika Until 10:22PM	Ganesha: Blue	Sunrise: 4:32AM	Vikarin 5121
		Yama	1:39PM – 3:28PM	Dhriti Until 10:14AM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	8:10AM – 10:00AM	Kaulava Until 7:06AM	Nataraja: Yellow		2nd Phase
Creative Work	Amrita Yoga			Dvadashi* Until 6:43PM	Moon – White		Devaloka Day
					Jyeshtha-Ani		

5		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Nashville, TN Sun 13 Sutra 77	
Vrishabha Rasi: 14.13	Tithi 28 – 29	Gulika	3:28PM – 5:18PM	Rohini Until 9:56PM	Ganesha: Blue	Sunrise: 4:32AM	Vikarin 5121
		Yama	11:49AM – 1:39PM	Shula* Until 8:25AM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	5:18PM – 7:07PM	Gara Until 6:12AM	Nataraja: Yellow		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 5:29PM	Moon – Yellow		Devaloka Day
					Jyeshtha-Ani		
					<i>Pradosha Vrata (Fasting)</i>		

6		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nashville, TN Sun 14 Sutra 78	
Vrishabha Rasi: 28	Tithi 29 – 30	Gulika	1:39PM – 3:28PM	Mrigashira Until 8:46PM	Ganesha: Blue	Sunrise: 4:32AM	Vikarin 5121
Family Home Evening		Yama	10:00AM – 11:50AM	Ganda* Until 6:06AM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
Creative Work	Amrita Yoga	Rahu	6:22AM – 8:11AM	Catuspada Until 2:33AM Tue	Nataraja: Yellow		2nd Phase
Until 8:46PM				Chaturdashi* Until 3:39PM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Jyeshtha-Ani		

●		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Nashville, TN Sun 15 Sutra 79	
Retreat Star		Gulika	11:50AM – 1:39PM	Ardra Until 6:59PM	Ganesha: Red	Sunrise: 4:33AM	Vikarin 5121
Mithuna Rasi: 12.08	Tithi 30 – 1	Yama	8:11AM – 10:01AM	Dhruva Until 12:12AM Wed	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	3:28PM – 5:18PM	Kintughna Until 12:00AM Wed	Nataraja: Yellow		Amavasya
Routine Work	Marana Yoga			Amavasya* Until 1:18PM	Moon – Yellow		Sivaloka Day
Until 6:59PM					Jyeshtha-Ani		
Then Creative Work - Siddha Yoga							

●		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Nashville, TN Sun 16 Sutra 80	
Retreat Star		Gulika	10:01AM – 11:50AM	Punarvasu Until 5:08PM	Ganesha: Yellow	Sunrise: 4:33AM	Vikarin 5121
Mithuna Rasi: 26.34	Tithi 1 – 2	Yama	6:22AM – 8:12AM	Vyaghata* Until 8:49PM	Muruqa: Blue	Sunset: 7:07PM	Moon 6 - Phase 11
		Rahu	11:50AM – 1:39PM	Balava Until 9:10PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Prathama* Until 10:36AM	Moon – Blue		Sivaloka Day
					Ashada-Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau	Nashville, TN Sun 17 Sutra 81
Kataka Rasi: 11.1	Tithi 2 – 3	Gulika 8:12AM – 10:01AM	Pushya Until 2:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 4:34AM – 6:23AM	Harshana Until 5:19PM	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 6 - Phase 12	
		343793461 Rahu 1:39PM – 3:28PM	Taitila Until 6:10PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Dvitiya Until 7:39AM	Moon – Blue		Sivaloka Day	
Until 2:58PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

2		Friday, July 5, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthiyam Titau	Nashville, TN Sun 18 Sutra 82
Kataka Rasi: 25.52	Tithi 4	Gulika 6:23AM – 8:12AM	Ashlesha* Until 12:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121	
		Yama 3:28PM – 5:17PM	Vajra* Until 1:45PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 6 - Phase 12	
		343793461 Rahu 10:01AM – 11:50AM	Vanija Until 3:08PM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 1:37AM Sat	Moon – Blue		Sivaloka Day	
				Ashada*Ani			

3		Saturday, July 6, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau	Nashville, TN Sun 19 Sutra 83
Simha Rasi: 10.31	Tithi 5	Gulika 4:35AM – 6:24AM	Magha* Until 10:37AM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
		Yama 1:39PM – 3:28PM	Siddhi Until 10:17AM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 6 - Phase 12	
		453793461 Rahu 8:13AM – 10:02AM	Bava Until 12:11PM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 10:46PM	Moon – Red		Sivaloka Day	
Until 10:37AM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau	Nashville, TN Sun 20 Sutra 84
Simha Rasi: 25.03	Tithi 6	Gulika 3:28PM – 5:17PM	Purvaphalguni Until 8:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121	
		Yama 11:51AM – 1:39PM	Vyatipata* Until 6:59AM	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 6 - Phase 12	
		453793461 Rahu 5:17PM – 7:06PM	Kaulava Until 9:27AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 8:10PM	Moon – Red		Sivaloka Day	
Until 8:40AM		Chidambaram Abhishekam		Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau	Nashville, TN Sun 21 Sutra 85
Kanya Rasi: 9.23	Tithi 7 – 8	Gulika 1:40PM – 3:28PM	Uttaraphalguni Until 6:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
Family Home Evening		Yama 10:02AM – 11:51AM	Parigha* Until 1:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 6 - Phase 12	
		453793461 Rahu 6:25AM – 8:13AM	Gara Until 7:00AM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 5:53PM	Moon – Red		Sivaloka Day	
				Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nashville, TN Sun 22 Sutra 86
Kanya Rasi: 23.29	Tithi 8 – 9	Gulika 11:51AM – 1:40PM	Chitra Until 4:50AM Wed	Ganesha: White	<i>Sunrise:</i> 4:36AM	Vikarin 5121	
		Yama 8:14AM – 10:02AM	Shiva Until 10:39PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 6 - Phase 12	
		463793461 Rahu 3:28PM – 5:17PM	Balava Until 3:14AM Wed	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Ashtami* Until 4:00PM	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nashville, TN Sun 23 Sutra 87
Tula Rasi: 7.19	Tithi 9 – 10	Gulika 10:03AM – 11:51AM	Svati Until 4:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM	Vikarin 5121	
		Yama 6:26AM – 8:14AM	Siddha Until 8:32PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 6 - Phase 12	
		463893461 Rahu 11:51AM – 1:40PM	Taitila Until 2:00AM Thu	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Navami* Until 2:32PM	Moon – Green		Sivaloka Day	
				Ashada*Ani			


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nashville, TN Sun 24 Sutra 88
	Tula Rasi: 20.53	Tithi 10 – 11	Gulika 8:14AM – 10:03AM	Vishakha Until 4:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 4:38AM – 6:26AM	Sadhya Until 6:48PM	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 1:40PM – 3:28PM	Vanija Until 1:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 1:32PM	Ashada•Ani	Devaloka Day		

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nashville, TN Sun 25 Sutra 89
	Vischika Rasi: 4.11	Tithi 11 – 12	Gulika 6:27AM – 8:15AM	Anuradha Until 4:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
			Yama 3:28PM – 5:16PM	Subha Until 5:28PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:03AM – 11:51AM	Bava Until 12:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 1:00PM	Ashada•Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nashville, TN Sun 26 Sutra 90
	Vischika Rasi: 17.14	Tithi 12 – 13	Gulika 4:39AM – 6:27AM	Jyeshtha* Until 5:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:39AM	Vikarin 5121
			Yama 1:40PM – 3:28PM	Sukla Until 4:29PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:15AM – 10:03AM	Kaulava Until 1:07AM Sun	Nataraja: Yellow		4th Phase
Until 5:43AM Sun Then Creative Work - Amrita Yoga			Dvadashi Until 12:56PM	Ashada•Ani	Devaloka Day		
<i>Pradosha Vrata</i>							

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nashville, TN Sun 27 Sutra 91
	Dhanus Rasi: 0.04	Tithi 13 – 14	Gulika 3:28PM – 5:16PM	Mula* Until 7:18AM Mon	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Vikarin 5121
			Yama 11:52AM – 1:40PM	Brahma Until 3:53PM	Muruqa: Blue	<i>Sunset:</i> 7:04PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	483893461 Rahu 5:16PM – 7:04PM	Gara Until 1:47AM Mon	Nataraja: Yellow		4th Phase
Until 7:18AM Mon Then Routine Work - Marana Yoga			Trayodashi Until 1:22PM	Ashada•Ani	Sivaloka Day		

	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nashville, TN Sutra 92
	Copper Retreat Star		Gulika 1:40PM – 3:27PM	Mula* Until 7:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Vikarin 5121
	Dhanus Rasi: 12.39	Tithi 14 – 15	Yama 10:04AM – 11:52AM	Indra Until 3:41PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13
	Family Home Evening		483893461 Rahu 6:28AM – 8:16AM	Visti Until 2:54AM Tue	Nataraja: Yellow		Purnima
Creative Work Siddha Yoga Until 7:18AM Then Routine Work - Marana Yoga			Satguru Purnima	Chaturdashi* Until 2:16PM	Ashada•Ani	Sivaloka Day	

5	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nashville, TN Sutra 93
	Silver Retreat Star		Gulika 11:52AM – 1:39PM	Purvashadha* Until 9:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Vikarin 5121
	Dhanus Rasi: 25.02	Tithi 15 – 16	Yama 8:16AM – 10:04AM	Vaidhriti* Until 3:48PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:27PM – 5:15PM	Balava Until 4:28AM Wed	Nataraja: Yellow		Prathama
Until 9:10AM Then Routine Work - Prabalarishta Yoga			Partial Lunar Eclipse	Purnima* Until 3:37PM	Ashada•Adi	Sivaloka Day	



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vishkambha*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nashville, TN

Sutra 94

Makara Rasi: 7.14 Tithi 16 - 17

Gulika 10:04AM - 11:52AM
Yama 6:29AM - 8:17AM
Rahu 11:52AM - 1:39PM

Uttarashadha Until 11:18AM
Vishkambha* Until 4:14PM
Taitila Until 6:24AM Thu
Prathama* Until 5:23PM

Ganesha: Purple
Muruqa: Blue
Nataraja: White
Moon - Light Blue
Ashada*Adi

Sunrise: 4:42AM
Sunset: 7:02PM

Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Nashville, TN

Sutra 95

Makara Rasi: 19.17 Tithi 17

Gulika 8:17AM - 10:05AM
Yama 4:42AM - 6:30AM
Rahu 1:39PM - 3:27PM

Shravana Until 2:05PM
Priti Until 4:57PM
Taitila Until 6:24AM
Dvitiya Until 7:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:42AM
Sunset: 7:02PM

Sun 1
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trityayam Titau

Nashville, TN

Sutra 96

Kumbha Rasi: 1.14 Tithi 18

Gulika 6:30AM - 8:17AM
Yama 3:26PM - 5:14PM
Rahu 10:05AM - 11:52AM

Dhanishtha Until 4:57PM
Ayushman Until 5:49PM
Vanija Until 8:37AM
Tritiya Until 9:47PM

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:43AM
Sunset: 7:01PM

Sun 2
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Nashville, TN

Sutra 97

Kumbha Rasi: 13.07 Tithi 19

Gulika 4:44AM - 6:31AM
Yama 1:39PM - 3:26PM
Rahu 8:18AM - 10:05AM

Shatabhishak Until 7:45PM
Saubhagya Until 6:48PM
Bava Until 11:00AM
Chaturthi* Until 12:12AM Sun

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Purple
Ashada*Adi

Sunrise: 4:44AM
Sunset: 7:00PM

Sun 3
Moon 7 - Phase 14
1st Phase

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nashville, TN

Sutra 98

Kumbha Rasi: 24.58 Tithi 20

Gulika 3:26PM - 5:13PM
Yama 11:52AM - 1:39PM
Rahu 5:13PM - 7:00PM

Purvaproshtapada* Until 10:53PM
Sobhana Until 7:46PM
Kaulava Until 1:25PM
Panchami Until 2:34AM Mon

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:44AM
Sunset: 7:00PM

Sun 4
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Nashville, TN

Sutra 99

Meena Rasi: 6.51 Tithi 21

Gulika 1:39PM - 3:26PM
Yama 10:05AM - 11:52AM
Rahu 6:32AM - 8:19AM

Uttaraproshtapada Until 1:40AM Tue
Athiganda* Until 8:35PM
Gara Until 3:42PM
Shashthi* Until 4:44AM Tue

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:45AM
Sunset: 6:59PM

Sun 5
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti*/Bava Karana Saplamyam Titau

Nashville, TN

Sutra 100

Meena Rasi: 18.49 Tithi 22

Gulika 11:52AM - 1:39PM
Yama 8:19AM - 10:06AM
Rahu 3:25PM - 5:12PM

Revati Until 3:57AM Wed
Sukarma Until 9:11PM
Visti Until 5:42PM
Saptami Until 6:32AM Wed

Ganesha: Clear
Muruqa: Blue
Nataraja: White
Moon - Clear
Ashada*Adi

Sunrise: 4:46AM
Sunset: 6:58PM

Sun 6
Moon 7 - Phase 14
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nashville, TN

Sutra 101

Mesha Rasi: 0.56 Tithi 22 - 23

Gulika 10:06AM - 11:52AM
Yama 6:33AM - 8:19AM
Rahu 11:52AM - 1:39PM

Ashvini Until 6:04AM Thu
Dhriti Until 9:26PM
Balava Until 7:16PM
Saptami Until 6:32AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:47AM
Sunset: 6:58PM

Sun 7
Moon 7 - Phase 14
Ashtami

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nashville, TN

Sutra 102

Mesha Rasi: 13.17 Tithi 23 - 24

Gulika 8:20AM - 10:06AM
Yama 4:47AM - 6:34AM
Rahu 1:38PM - 3:25PM

Ashvini Until 6:04AM
Shula* Until 9:10PM
Taitila Until 8:13PM
Ashtami* Until 7:48AM

Ganesha: White
Muruqa: Blue
Nataraja: White
Moon - White
Ashada*Adi

Sunrise: 4:47AM
Sunset: 6:57PM

Sun 8
Moon 7 - Phase 14
Navami

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nashville, TN
	Mesha Rasi: 25.55	Tithi 24 – 25	Gulika 6:34AM – 8:20AM	Bharani Until 7:23AM	Ganesha: White	<i>Sunrise:</i> 4:48AM	Sun 9 Sutra 103
			Yama 3:24PM – 5:10PM	Ganda* Until 8:22PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Vikarin 5121
	424893462	Rahu 10:06AM – 11:52AM		Vanija Until 8:27PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Navami* Until 8:25AM	Moon – White		2nd Phase	
					Subha Subha Sivaloka Day		
					Ashada*Adi		

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nashville, TN
	Vrishabha Rasi: 8.54	Tithi 25 – 26	Gulika 4:49AM – 6:35AM	Krittika Until 7:49AM	Ganesha: White	<i>Sunrise:</i> 4:49AM	Sun 10 Sutra 104
			Yama 1:38PM – 3:24PM	Vriddhi Until 6:57PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Vikarin 5121
	424893462	Rahu 8:21AM – 10:06AM		Bava Until 7:55PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		Dashami Until 8:16AM	Moon – White		2nd Phase	
					Subha Subha Sivaloka Day		
					Ashada*Adi		

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nashville, TN
	Vrishabha Rasi: 22.19	Tithi 26 – 27	Gulika 3:23PM – 5:09PM	Rohini Until 7:47AM	Ganesha: Yellow	<i>Sunrise:</i> 4:50AM	Sun 11 Sutra 105
			Yama 11:52AM – 1:38PM	Dhruva Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 6:56PM	Vikarin 5121
	424893462	Rahu 5:09PM – 6:55PM		Kaulava Until 6:36PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Ekadashi* Until 7:20AM	Moon – Yellow		2nd Phase	
					Subha Sivaloka Day		
					Ashada*Adi		

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Nashville, TN
	Mithuna Rasi: 6.1	Tithi 28	Gulika 1:38PM – 3:23PM	Mrigashira Until 6:51AM	Ganesha: White	<i>Sunrise:</i> 4:50AM	Sun 12 Sutra 106
	Family Home Evening		Yama 10:07AM – 11:52AM	Vyaghata* Until 2:14PM	Muruqa: Blue	<i>Sunset:</i> 6:54PM	Vikarin 5121
	435893462	Rahu 6:36AM – 8:21AM		Gara Until 4:35PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		Trayodashi* Until 3:19AM Tue	Moon – Yellow		2nd Phase	
Until 6:51AM					Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada*Adi		
					Pradosha Vrata (Fasting)		

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nashville, TN
	Mithuna Rasi: 20.26	Tithi 29	Gulika 11:52AM – 1:37PM	Punarvasu Until 3:09AM Wed	Ganesha: Green	<i>Sunrise:</i> 4:51AM	Sun 13 Sutra 107
			Yama 8:22AM – 10:07AM	Harshana Until 11:07AM	Muruqa: Blue	<i>Sunset:</i> 6:53PM	Vikarin 5121
	445893462	Rahu 3:23PM – 5:08PM		Visti Until 1:57PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Chaturdashi* Until 12:27AM Wed	Moon – Blue		2nd Phase	
					Sivaloka Day		
					Ashada*Adi		

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nashville, TN
	Retreat Star		Gulika 10:07AM – 11:52AM	Pushya Until 12:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 4:52AM	Sun 14 Sutra 108
	Kataka Rasi: 5.05	Tithi 30	Yama 6:37AM – 8:22AM	Vajra* Until 7:33AM	Muruqa: Blue	<i>Sunset:</i> 6:52PM	Vikarin 5121
	445893462	Rahu 11:52AM – 1:37PM		Catuspada Until 10:52AM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Amavasya* Until 9:11PM	Moon – Blue		Amavasya	
					Sivaloka Day		
					Ashada*Adi		

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Nashville, TN
	Kataka Rasi: 19.59	Tithi 1 – 2	Gulika 8:22AM – 10:07AM	Ashlesha* Until 9:50PM	Ganesha: Green	<i>Sunrise:</i> 4:53AM	Sun 15 Sutra 109
			Yama 4:53AM – 6:38AM	Vyatipata* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 6:51PM	Vikarin 5121
	445893462	Rahu 1:37PM – 3:22PM		Kintughna Until 7:28AM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Prathama* Until 5:41PM	Moon – Blue		Prathama	
Until 9:50PM					Sivaloka Day		
Then Creative Work - Amrita Yoga					Sravana*Adi		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Nashville, TN Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 5.02	Tithi 2 - 3	Gulika 6:38AM - 8:23AM	Magha* Until 7:13PM	Ganesha: White	<i>Sunrise:</i> 4:54AM		
		Yama 3:21PM - 5:06PM	Variyan Until 7:43PM	Muruqa: Blue	<i>Sunset:</i> 6:50PM		Moon 7 - Phase 16
		455893462 Rahu 10:07AM - 11:52AM	Taitila Until 12:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 2:07PM	Moon - Red		Sivaloka Day	
Until 7:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Nashville, TN Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 20.04	Tithi 3 - 4	Gulika 4:54AM - 6:39AM	Purvaphalguni Until 4:36PM	Ganesha: White	<i>Sunrise:</i> 4:54AM		
		Yama 1:36PM - 3:21PM	Parigha* Until 3:49PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 7 - Phase 16
		455893462 Rahu 8:23AM - 10:07AM	Vanija Until 8:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:37AM	Moon - Red		Sivaloka Day	
Until 4:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Nashville, TN Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.56	Tithi 4 - 5	Gulika 3:20PM - 5:04PM	Uttaraphalguni Until 2:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM		
		Yama 11:52AM - 1:36PM	Shiva Until 12:08PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 7 - Phase 16
		455993462 Rahu 5:04PM - 6:48PM	Balava Until 4:26AM Mon	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 7:20AM	Moon - Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Nashville, TN Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 19.33	Tithi 6	Gulika 1:36PM - 3:19PM	Hasta Until 12:17PM	Ganesha: White	<i>Sunrise:</i> 4:56AM		
Family Home Evening		Yama 10:08AM - 11:52AM	Siddha Until 8:45AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:40AM - 8:24AM	Kaulava Until 3:10PM	Nataraja: White			3rd Phase
Until 12:17PM			Shashthi* Until 2:00AM Tue	Moon - Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Nashville, TN Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.49	Tithi 7	Gulika 11:52AM - 1:35PM	Chitra Until 10:52AM	Ganesha: White	<i>Sunrise:</i> 4:57AM		
		Yama 8:24AM - 10:08AM	Subha Until 3:21AM Wed	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16
		465993462 Rahu 3:19PM - 5:03PM	Gara Until 1:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 12:10AM Wed	Moon - Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Nashville, TN Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.41	Tithi 8	Gulika 10:08AM - 11:51AM	Svati Until 9:54AM	Ganesha: Clear	<i>Sunrise:</i> 4:58AM		
		Yama 6:41AM - 8:24AM	Sukla Until 1:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 16
		466993462 Rahu 11:51AM - 1:35PM	Visti Until 11:30AM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:59PM	Moon - Green		Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Nashville, TN Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 1.1	Tithi 9	Gulika 8:25AM - 10:08AM	Vishakha Until 9:54AM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM		
		Yama 4:58AM - 6:42AM	Brahma Until 12:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 6:44PM		Moon 7 - Phase 16
		476993462 Rahu 1:34PM - 3:18PM	Balava Until 10:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 10:28PM	Moon - Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Nashville, TN Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 14.17	Tithi 10	Gulika 6:42AM – 8:25AM	Anuradha Until 10:24AM	Ganesha: Purple <i>Sunrise:</i> 4:59AM	
		Yama 3:17PM – 5:00PM	Indra Until 11:10PM	Muruqa: Blue <i>Sunset:</i> 6:43PM	Moon 7 - Phase 17
476993462	Rahu 10:08AM – 11:51AM		Taitila Until 10:28AM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
Until 10:24AM		Varalakshmi Vratam	Dashami Until 10:36PM	Sravana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Nashville, TN Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 27.05	Tithi 11	Gulika 5:00AM – 6:43AM	Jyeshtha* Until 11:22AM	Ganesha: Purple <i>Sunrise:</i> 5:00AM	
		Yama 1:34PM – 3:16PM	Vaidhriti* Until 10:45PM	Muruqa: Blue <i>Sunset:</i> 6:42PM	Moon 7 - Phase 17
476993462	Rahu 8:25AM – 10:08AM		Vanija Until 10:55AM	Nataraja: White	4th Phase
Creative Work Siddha Yoga				Moon – Orange	
			Ekadashi Until 11:20PM	Sravana*Adi	Sivaloka Day

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Nashville, TN Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.37	Tithi 12	Gulika 3:16PM – 4:58PM	Mula* Until 1:12PM	Ganesha: Clear <i>Sunrise:</i> 5:01AM	
		Yama 11:51AM – 1:33PM	Vishkambha* Until 10:46PM	Muruqa: Blue <i>Sunset:</i> 6:41PM	Moon 7 - Phase 17
486993462	Rahu 4:58PM – 6:41PM		Bava Until 11:56AM	Nataraja: White	4th Phase
Creative Work Amrita Yoga				Moon – Light Blue	
Until 1:12PM			Dvadashi Until 12:36AM Mon	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nashville, TN Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.55	Tithi 13	Gulika 1:33PM – 3:15PM	Purvashadha* Until 3:20PM	Ganesha: Clear <i>Sunrise:</i> 5:02AM	
		Yama 10:08AM – 11:51AM	Priti Until 11:07PM	Muruqa: Blue <i>Sunset:</i> 6:40PM	Moon 7 - Phase 17
486993462	Rahu 6:44AM – 8:26AM		Kaulava Until 1:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	
Routine Work Marana Yoga			Trayodashi Until 2:17AM Tue	Sravana*Adi	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Nashville, TN Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 4.04	Tithi 14	Gulika 11:50AM – 1:33PM	Uttarashadha Until 5:38PM	Ganesha: Clear <i>Sunrise:</i> 5:02AM	
		Yama 8:26AM – 10:08AM	Ayushman Until 11:42PM	Muruqa: Blue <i>Sunset:</i> 6:39PM	Moon 7 - Phase 17
486993462	Rahu 3:15PM – 4:57PM		Gara Until 3:16PM	Nataraja: White	4th Phase
Routine Work Prabalarishta Yoga				Moon – Light Blue	
Until 5:38PM			Chaturdashi* Until 4:18AM Wed	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau	Nashville, TN Sun 28 Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:08AM – 11:50AM	Shravana Until 8:33PM	Ganesha: White <i>Sunrise:</i> 5:03AM	
Makara Rasi: 16.05	Tithi 15	Yama 6:45AM – 8:27AM	Saubhagya Until 12:29AM Thu	Muruqa: Blue <i>Sunset:</i> 6:37PM	Moon 7 - Phase 17
496993462	Rahu 11:50AM – 1:32PM		Visti Until 5:25PM	Nataraja: White	Purnima
Creative Work Siddha Yoga				Moon – Purple	
Until 8:33PM		Raksha Bandhan	Purnima* Until 6:32AM Thu	Sravana*Adi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Nashville, TN Sun 29 Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:27AM – 10:09AM	Dhanishtha Until 11:27PM	Ganesha: Yellow <i>Sunrise:</i> 5:04AM	
Makara Rasi: 28.01	Tithi 15 – 16	Yama 5:04AM – 6:45AM	Sobhana Until 1:24AM Fri	Muruqa: Blue <i>Sunset:</i> 6:36PM	Moon 7 - Phase 17
497993462	Rahu 1:32PM – 3:13PM		Balava Until 7:44PM	Nataraja: White	Prathama
Creative Work Siddha Yoga				Moon – Purple	
			Purnima* Until 6:32AM	Sravana*Adi	Subha Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nashville, TN
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 9.53 Tithi 16 – 17

497993462

Gulika 6:46AM – 8:27AM
Yama 3:12PM – 4:54PM
Rahu 10:09AM – 11:50AM

Shatabhishak **Until 2:16AM Sat**
Athiganda* **Until 2:21AM Sat**
Taitila **Until 10:10PM**
Prathama* Until 8:55AM

Ganesha: Yellow *Sunrise: 5:05AM*
Muruqa: Blue *Sunset: 6:35PM*
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nashville, TN
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 21.45 Tithi 17 – 18

517993462

Gulika 5:06AM – 6:47AM
Yama 1:31PM – 3:12PM
Rahu 8:28AM – 10:09AM

Purvaproshtapada* Until 5:25AM Sun
Sukarma **Until 3:18AM Sun**
Vanija **Until 12:35AM Sun**
Dvitiya Until 11:21AM

Ganesha: White *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 6:34PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 5:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Nashville, TN
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 3.37 Tithi 18 – 19

517993462

Gulika 3:11PM – 4:52PM
Yama 11:49AM – 1:30PM
Rahu 4:52PM – 6:33PM

Uttaraproshtapada Until 8:16AM Mon
Dhriti **Until 4:12AM Mon**
Bava **Until 2:55AM Mon**
Tritiya Until 1:45PM

Ganesha: White *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 6:33PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Amrita Yoga

Until 8:16AM Mon

Then Creative Work - Siddha Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nashville, TN
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 15.31 Tithi 19 – 20

517993462

Gulika 1:30PM – 3:10PM
Yama 10:09AM – 11:49AM
Rahu 6:48AM – 8:28AM

Uttaraproshtapada Until 8:16AM
Shula* **Until 4:54AM Tue**
Kaulava **Until 5:03AM Tue**
Chaturthi* Until 4:00PM

Ganesha: White *Sunrise: 5:07AM*
Muruqa: Blue *Sunset: 6:31PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Siddha Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nashville, TN
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 27.31 Tithi 20 – 21

517993462

Gulika 11:49AM – 1:29PM
Yama 8:28AM – 10:09AM
Rahu 3:10PM – 4:50PM

Revati Until 10:46AM
Ganda* **Until 5:22AM Wed**
Gara **Until 6:52AM Wed**
Panchami Until 5:59PM

Ganesha: White *Sunrise: 5:08AM*
Muruqa: Blue *Sunset: 6:30PM*
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Nashville, TN
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 9.38 Tithi 21

528993462

Gulika 10:09AM – 11:49AM
Yama 6:49AM – 8:29AM
Rahu 11:49AM – 1:29PM

Ashvini Until 1:14PM
Vriddhi **Until 5:30AM Thu**
Gara **Until 6:52AM**
Shashthi* Until 7:35PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 6:29PM*
Nataraja: White
Moon – White

Sivaloka Day

Routine Work Marana Yoga

Until 1:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Visti*/Bava Karana Saplamyam Titau

Nashville, TN
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 21.56 Tithi 22

528993462

Gulika 8:29AM – 10:09AM
Yama 5:09AM – 6:49AM
Rahu 1:28PM – 3:08PM

Bharani Until 3:04PM
Dhruva **Until 5:09AM Fri**
Visti **Until 8:13AM**
Saptami Until 8:39PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 6:27PM*
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 3:04PM

Then Routine Work - Marana Yoga

Retreat Star

Friday, August 23, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nashville, TN
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Vrishabha Rasi: 4.31 Tithi 23

528993462

Gulika 6:50AM – 8:29AM
Yama 3:07PM – 4:47PM
Rahu 10:09AM – 11:48AM

Krittika Until 4:07PM
Vyaghata* **Until 4:16AM Sat**
Balava **Until 8:58AM**
Ashtami* Until 9:03PM

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Blue *Sunset: 6:26PM*
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 4:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Nashville, TN
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Vrishabha Rasi: 17.25 Tithi 24

538993462

Gulika 5:11AM – 6:50AM
Yama 1:27PM – 3:06PM
Rahu 8:30AM – 10:09AM

Rohini Until 4:45PM
Harshana **Until 2:46AM Sun**
Taitila **Until 9:00AM**
Navami* Until 8:42PM

Ganesha: Clear *Sunrise: 5:11AM*
Muruqa: Blue *Sunset: 6:25PM*
Nataraja: White
Moon – Yellow

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Nashville, TN
	Mithuna Rasi: 0.43 Tithi 25		Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 133
	Creative Work Siddha Yoga	538993462	Gulika 3:06PM – 4:45PM	Mrigashira Until 4:27PM	Ganesha: Clear <i>Sunrise:</i> 5:12AM		Vikarin 5121
			Yama 11:48AM – 1:27PM	Vajra* Until 12:37AM Mon	Muruqa: Blue <i>Sunset:</i> 6:24PM		Moon 8 - Phase 19
		Rahu 4:45PM – 6:24PM	Vanija Until 8:14AM	Nataraja: White		2nd Phase	
			Dashami Until 7:33PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Nashville, TN
	Mithuna Rasi: 14.28 Tithi 26 – 27		Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 134
	Family Home Evening Creative Work Siddha Yoga	538993462	Gulika 1:26PM – 3:05PM	Ardra Until 3:15PM	Ganesha: Clear <i>Sunrise:</i> 5:13AM		Vikarin 5121
			Yama 10:09AM – 11:47AM	Siddhi Until 9:52PM	Muruqa: Blue <i>Sunset:</i> 6:22PM		Moon 8 - Phase 19
		Rahu 6:51AM – 8:30AM	Bava Until 6:42AM	Nataraja: White		2nd Phase	
			Ekadashi* Until 5:38PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Nashville, TN
	Mithuna Rasi: 28.42 Tithi 27 – 28		Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 135
	Creative Work Siddha Yoga	548993462	Gulika 11:47AM – 1:26PM	Punarvasu Until 1:39PM	Ganesha: Purple <i>Sunrise:</i> 5:13AM		Vikarin 5121
			Yama 8:30AM – 10:09AM	Vyatipata* Until 6:36PM	Muruqa: Blue <i>Sunset:</i> 6:21PM		Moon 8 - Phase 19
		Rahu 3:04PM – 4:42PM	Gara Until 1:34AM Wed	Nataraja: White		2nd Phase	
			Dvadashi* Until 3:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Nashville, TN
	Kataka Rasi: 13.21 Tithi 28 – 29		Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 136
	Creative Work Siddha Yoga	549193463	Gulika 10:09AM – 11:47AM	Pushya Until 11:20AM	Ganesha: Orange <i>Sunrise:</i> 5:14AM		Vikarin 5121
			Yama 6:52AM – 8:31AM	Variyan Until 2:51PM	Muruqa: Blue <i>Sunset:</i> 6:19PM		Moon 8 - Phase 19
		Rahu 11:47AM – 1:25PM	Visti Until 10:12PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 11:55AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Nashville, TN
	Retreat Star		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 137
	Kataka Rasi: 28.2 Tithi 29 – 30	549193463	Gulika 8:31AM – 10:09AM	Ashlesha* Until 8:29AM	Ganesha: Orange <i>Sunrise:</i> 5:15AM		Vikarin 5121
			Yama 5:15AM – 6:53AM	Parigha* Until 10:49AM	Muruqa: Blue <i>Sunset:</i> 6:18PM		Moon 8 - Phase 19
		Rahu 1:24PM – 3:02PM	Catuspada Until 6:31PM	Nataraja: Clear		Amavasya	
			Chaturdashi* Until 8:23AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Nashville, TN
	Simha Rasi: 13.32 Tithi 1		Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 138
	Creative Work Siddha Yoga	559193463	Gulika 6:53AM – 8:31AM	Purvaphalguni Until 2:37AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:16AM		Vikarin 5121
			Yama 3:01PM – 4:39PM	Shiva Until 6:36AM	Muruqa: Blue <i>Sunset:</i> 6:17PM		Moon 8 - Phase 19
		Rahu 10:09AM – 11:46AM	Kintughna Until 2:41PM	Nataraja: Clear		Prathama	
			Prathama* Until 12:45AM Sat	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			
				<i>Then Routine Work - Marana Yoga</i>			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nashville, TN
	Simha Rasi: 28.48	Tithi 2	Gulika 5:17AM – 6:54AM	Uttaraphalguni Until 11:35PM	Ganesha: Clear	<i>Sunrise:</i> 5:17AM	Sun 15 Sutra 139
			Yama 1:23PM – 3:01PM	Sadhya Until 10:07PM	Muruqa: Blue	<i>Sunset:</i> 6:15PM	Vikarin 5121
	Routine Work	Marana Yoga	559193463 Rahu 8:31AM – 10:09AM	Balava Until 10:52AM	Nataraja: Clear		Moon 8 - Phase 20 3rd Phase
			Dvitiya Until 9:00PM	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

2	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Nashville, TN
	Kanya Rasi: 13.56	Tithi 3 – 4	Gulika 3:00PM – 4:37PM	Hasta Until 9:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Sun 16 Sutra 140
			Yama 11:46AM – 1:23PM	Subha Until 6:11PM	Muruqa: Blue	<i>Sunset:</i> 6:14PM	Vikarin 5121
	Creative Work	Amrita Yoga	569193463 Rahu 4:37PM – 6:14PM	Taitila Until 7:14AM	Nataraja: Clear		Moon 8 - Phase 20 3rd Phase
			Tritiya Until 5:31PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

3	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nashville, TN
	Kanya Rasi: 28.48	Tithi 4 – 5	Gulika 1:22PM – 2:59PM	Chitra Until 6:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:18AM	Sun 17 Sutra 141
	Family Home Evening		Yama 10:08AM – 11:45AM	Sukla Until 2:35PM	Muruqa: Blue	<i>Sunset:</i> 6:12PM	Vikarin 5121
	Routine Work	Prabalarishta Yoga	569193463 Rahu 6:55AM – 8:32AM	Bava Until 1:10AM Tue	Nataraja: Clear		Moon 8 - Phase 20 3rd Phase
			Chaturthi* Until 2:28PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

4	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nashville, TN
	Tula Rasi: 13.16	Tithi 5 – 6	Gulika 11:45AM – 1:21PM	Svati Until 5:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:19AM	Sun 18 Sutra 142
			Yama 8:32AM – 10:08AM	Brahma Until 11:28AM	Muruqa: Blue	<i>Sunset:</i> 6:11PM	Vikarin 5121
	Creative Work	Siddha Yoga	569193463 Rahu 2:58PM – 4:35PM	Kaulava Until 11:02PM	Nataraja: Clear		Moon 8 - Phase 20 3rd Phase
			Panchami Until 12:00PM	Moon – Green		Sivaloka Day	
				Bhadrapada-Avani			

5	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nashville, TN
	Tula Rasi: 27.17	Tithi 6 – 7	Gulika 10:08AM – 11:45AM	Vishakha Until 4:35PM	Ganesha: Green	<i>Sunrise:</i> 5:20AM	Sun 19 Sutra 143
			Yama 6:56AM – 8:32AM	Indra Until 8:57AM	Muruqa: Blue	<i>Sunset:</i> 6:10PM	Vikarin 5121
	Creative Work	Siddha Yoga	579193463 Rahu 11:45AM – 1:21PM	Gara Until 9:41PM	Nataraja: Clear		Moon 8 - Phase 20 3rd Phase
			Shashthi* Until 10:14AM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

Retreat Star	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nashville, TN
	Vrischika Rasi: 10.5	Tithi 7 – 8	Gulika 8:32AM – 10:08AM	Anuradha Until 4:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM	Sun 20 Sutra 144
			Yama 5:20AM – 6:56AM	Vaidhriti* Until 7:04AM	Muruqa: Blue	<i>Sunset:</i> 6:08PM	Vikarin 5121
	Creative Work	Siddha Yoga	571193463 Rahu 1:20PM – 2:56PM	Visti Until 9:08PM	Nataraja: Clear		Moon 8 - Phase 20 Ashtami
			Saptami Until 9:17AM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nashville, TN
	Vrischika Rasi: 23.55	Tithi 8 – 9	Gulika 6:57AM – 8:33AM	Jyeshtha* Until 5:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM	Sun 21 Sutra 145
			Yama 2:55PM – 4:31PM	Priti Until 5:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:07PM	Vikarin 5121
	Routine Work	Marana Yoga	571193463 Rahu 10:08AM – 11:44AM	Balava Until 9:25PM	Nataraja: Clear		Moon 8 - Phase 20 Navami
			Ashtami* Until 9:10AM	Moon – Orange		Sivaloka Day	
				Bhadrapada-Avani			

1		Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nashville, TN Sun 22 Sutra 146 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 9 – 10	Gulika 5:22AM – 6:57AM	Mula* Until 6:56PM	Ganesha: Green <i>Sunrise:</i> 5:22AM	
		Yama 1:19PM – 2:54PM	Ayushman Until 5:11AM Sun	Muruqa: Blue <i>Sunset:</i> 6:05PM	Moon 8 - Phase 21
		581193463 Rahu 8:33AM – 10:08AM	Taitila Until 10:27PM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:49AM	Moon – Light Blue	Devaloka Day
				Bhadrapada-Avani	


2		Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nashville, TN Sun 23 Sutra 147 Vikarin 5121
Dhanus Rasi: 19	Tithi 10 – 11	Gulika 2:54PM – 4:29PM	Purvashadha* Until 9:05PM	Ganesha: Green <i>Sunrise:</i> 5:23AM	
		Yama 11:43AM – 1:18PM	Saubhagya Until 5:34AM Mon	Muruqa: Blue <i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
		581193463 Rahu 4:29PM – 6:04PM	Vanija Until 12:05AM Mon	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dashami Until 11:10AM	Moon – Light Blue	Devaloka Day
Until 9:05PM		Grandparent's Day		Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

3		Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Nashville, TN Sun 24 Sutra 148 Vikarin 5121
Makara Rasi: 1.09	Tithi 11 – 12	Gulika 1:18PM – 2:53PM	Uttarashadha Until 11:30PM	Ganesha: Green <i>Sunrise:</i> 5:24AM	
Family Home Evening		Yama 10:08AM – 11:43AM	Sobhana Until 6:16AM Tue	Muruqa: Blue <i>Sunset:</i> 6:02PM	Moon 8 - Phase 21
		581193463 Rahu 6:58AM – 8:33AM	Bava Until 2:09AM Tue	Nataraja: Clear	4th Phase
Routine Work	Marana Yoga		Ekadashi Until 1:03PM	Moon – Light Blue	Devaloka Day
Until 11:30PM				Bhadrapada-Avani	
Then Creative Work - Amrita Yoga					

4		Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Nashville, TN Sun 25 Sutra 149 Vikarin 5121
Makara Rasi: 13.08	Tithi 12 – 13	Gulika 11:43AM – 1:17PM	Shravana Until 2:32AM Wed	Ganesha: Red <i>Sunrise:</i> 5:24AM	
		Yama 8:33AM – 10:08AM	Sobhana Until 6:16AM	Muruqa: Blue <i>Sunset:</i> 6:01PM	Moon 8 - Phase 21
		591193463 Rahu 2:52PM – 4:26PM	Kaulava Until 4:29AM Wed	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 3:16PM	Moon – Purple	Sivaloka Day
Until 2:32AM Wed				Bhadrapada-Avani	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5		Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Nashville, TN Sun 26 Sutra 150 Vikarin 5121
Makara Rasi: 25.02	Tithi 13 – 14	Gulika 10:08AM – 11:42AM	Dhanishtha Until 5:31AM Thu	Ganesha: Red <i>Sunrise:</i> 5:25AM	
		Yama 6:59AM – 8:34AM	Athiganda* Until 7:07AM	Muruqa: Blue <i>Sunset:</i> 5:59PM	Moon 8 - Phase 21
		591193463 Rahu 11:42AM – 1:17PM	Gara Until 6:57AM Thu	Nataraja: Clear	4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 5:41PM	Moon – Purple	Sivaloka Day
Until 5:31AM Thu		Chidambaram Abhishekam		Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

6		Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau	Nashville, TN Sun 27 Sutra 151 Vikarin 5121
Kumbha Rasi: 6.54	Tithi 14	Gulika 8:34AM – 10:08AM	Shatabhishak Until 8:20AM Fri	Ganesha: Red <i>Sunrise:</i> 5:26AM	
		Yama 5:26AM – 7:00AM	Sukarma Until 8:04AM	Muruqa: Blue <i>Sunset:</i> 5:58PM	Moon 8 - Phase 21
		591193463 Rahu 1:16PM – 2:50PM	Gara Until 6:57AM	Nataraja: Clear	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:09PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

		Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau	Nashville, TN Sutra 152 Vikarin 5121
Copper Retreat Star		Gulika 7:00AM – 8:34AM	Shatabhishak Until 8:20AM	Ganesha: Red <i>Sunrise:</i> 5:27AM	
Kumbha Rasi: 18.45	Tithi 15	Yama 2:49PM – 4:23PM	Dhriti Until 9:01AM	Muruqa: Purple <i>Sunset:</i> 5:56PM	Moon 8 - Phase 21
		591113463 Rahu 10:08AM – 11:42AM	Visti Until 9:24AM	Nataraja: Clear	Purnima
Creative Work	Siddha Yoga		Purnima* Until 10:36PM	Moon – Purple	Sivaloka Day
				Bhadrapada-Avani	

Saturday, September 14, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Nashville, TN Sutra 153 Vikarin 5121
Meena Rasi: 0.38	Tithi 16	Gulika 5:27AM – 7:01AM	Purvaproshtapada* Until 11:25AM	Ganesha: Red <i>Sunrise:</i> 5:27AM	
		Yama 1:15PM – 2:48PM	Shula* Until 9:53AM	Muruqa: Purple <i>Sunset:</i> 5:55PM	Moon 8 - Phase 21
		511113463 Rahu 8:34AM – 10:08AM	Balava Until 11:48AM	Nataraja: Clear	Prathama
Routine Work	Marana Yoga		Prathama* Until 12:55AM Sun	Moon – Clear	Sivaloka Day
Until 11:25AM				Bhadrapada-Avani	
Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Meena Rasi: 12.34 Tithi 17
512113463
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Gulika 2:47PM – 4:20PM **Uttaraproshtapada** **Until 2:13PM**
Yama 11:41AM – 1:14PM **Ganda*** **Until 10:40AM**
Rahu 4:20PM – 5:53PM **Taitila** **Until 2:03PM**
Dvitiya **Until 3:05AM Mon**

Nashville, TN Sun 1 Sutra 154 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: Yellow *Sunrise:* 5:28AM
Muruqa: Purple *Sunset:* 5:53PM
Nataraja: Clear
Moon – Clear **Sivaloka Day**
Bhadrapada-Avani

1

Monday, September 16, 2019

Meena Rasi: 24.33 Tithi 18
512113463
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 1:13PM – 2:46PM **Revati** **Until 4:39PM**
Yama 10:08AM – 11:40AM **Vridhhi** **Until 11:20AM**
Rahu 7:02AM – 8:35AM **Vanija** **Until 4:06PM**
Tritiya **Until 5:02AM Tue**

Nashville, TN Sun 2 Sutra 155 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: Yellow *Sunrise:* 5:29AM
Muruqa: Purple *Sunset:* 5:52PM
Nataraja: Clear
Moon – Clear **Sivaloka Day**
Bhadrapada-Avani

2

Tuesday, September 17, 2019

Mesha Rasi: 6.38 Tithi 19
522113463
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 11:40AM – 1:13PM **Ashvini** **Until 7:11PM**
Yama 8:35AM – 10:07AM **Dhruva** **Until 11:46AM**
Rahu 2:45PM – 4:18PM **Bava** **Until 5:55PM**
Chaturthi* **Until 6:41AM Wed**

Nashville, TN Sun 3 Sutra 156 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: White *Sunrise:* 5:30AM
Muruqa: Purple *Sunset:* 5:51PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Mesha Rasi: 18.5 Tithi 19 – 20
522113463
Creative Work Siddha Yoga
Until 9:13PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Kaulava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:07AM – 11:40AM **Bharani** **Until 9:13PM**
Yama 7:03AM – 8:35AM **Vyaghata*** **Until 11:59AM**
Rahu 11:40AM – 1:12PM **Kaulava** **Until 7:23PM**
Chaturthi* **Until 6:41AM**

Nashville, TN Sun 4 Sutra 157 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: White *Sunrise:* 5:30AM
Muruqa: Purple *Sunset:* 5:49PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

4

Thursday, September 19, 2019

Vrishabha Rasi: 1.12 Tithi 20 – 21
522113463
Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:35AM – 10:07AM **Krittika** **Until 10:39PM**
Yama 5:31AM – 7:03AM **Harshana** **Until 11:55AM**
Rahu 1:11PM – 2:43PM **Gara** **Until 8:26PM**
Panchami **Until 7:57AM**

Nashville, TN Sun 5 Sutra 158 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: White *Sunrise:* 5:31AM
Muruqa: Purple *Sunset:* 5:48PM
Nataraja: Clear
Moon – White **Devaloka Day**
Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vrishabha Rasi: 13.47 Tithi 21 – 22
532113463
Routine Work Marana Yoga
Until 11:52PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 7:04AM – 8:36AM **Rohini** **Until 11:52PM**
Yama 2:43PM – 4:14PM **Vajra*** **Until 11:24AM**
Rahu 10:07AM – 11:39AM **Visti** **Until 8:55PM**
Shashthi* **Until 8:44AM**

Nashville, TN Sun 6 Sutra 159 Vikarin 5121
Moon 9 - Phase 22 1st Phase
Ganesha: Clear *Sunrise:* 5:32AM
Muruqa: Purple *Sunset:* 5:46PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

D

Saturday, September 21, 2019
Retreat Star

Vrishabha Rasi: 26.38 Tithi 22 – 23
532113463
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 5:33AM – 7:04AM **Mrigashira** **Until 12:17AM Sun**
Yama 1:10PM – 2:42PM **Siddhi** **Until 10:26AM**
Rahu 8:36AM – 10:07AM **Balava** **Until 8:45PM**
Saptami **Until 8:54AM**

Nashville, TN Sun 7 Sutra 160 Vikarin 5121
Moon 9 - Phase 22 Ashtami
Ganesha: Clear *Sunrise:* 5:33AM
Muruqa: Purple *Sunset:* 5:45PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

Sunday, September 22, 2019

Retreat Star

Mithuna Rasi: 9.5 Tithi 23 – 24
532213463
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:41PM – 4:12PM **Ardra** **Until 11:50PM**
Yama 11:38AM – 1:10PM **Vyatipata*** **Until 8:55AM**
Rahu 4:12PM – 5:43PM **Taitila** **Until 7:52PM**
Ashtami* **Until 8:23AM**

Nashville, TN Sun 8 Sutra 161 Vikarin 5121
Moon 9 - Phase 22 Navami
Ganesha: Orange *Sunrise:* 5:34AM
Muruqa: Purple *Sunset:* 5:43PM
Nataraja: Clear
Moon – Yellow **Sivaloka Day**
Bhadrapada-Puratasi

Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau			Nashville, TN Sun 9 Sutra 162 Vikarin 5121
1		Gulika 1:09PM – 2:40PM	Punarvasu Until 10:59PM	Ganesha: Light Blue <i>Sunrise: 5:34AM</i>	
Mithuna Rasi: 23.26	Tithi 24 – 25	Yama 10:07AM – 11:38AM	Variyan Until 6:48AM	Muruqa: Purple <i>Sunset: 5:42PM</i>	Moon 9 - Phase 23
Family Home Evening	542213463	Rahu 7:05AM – 8:36AM	Vanija Until 6:16PM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Navami* Until 7:08AM	Moon – Blue	Devaloka Day
Until 10:59PM				Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga					

Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau			Nashville, TN Sun 10 Sutra 163 Vikarin 5121
2		Gulika 11:38AM – 1:08PM	Pushya Until 9:18PM	Ganesha: Light Blue <i>Sunrise: 5:35AM</i>	
Kataka Rasi: 7.28	Tithi 26	Yama 8:36AM – 10:07AM	Shiva Until 12:56AM Wed	Muruqa: Purple <i>Sunset: 5:40PM</i>	Moon 9 - Phase 23
	542213463	Rahu 2:39PM – 4:09PM	Bava Until 3:59PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Ekadashi* Until 2:36AM Wed	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau			Nashville, TN Sun 11 Sutra 164 Vikarin 5121
3		Gulika 10:07AM – 11:37AM	Ashlesha* Until 6:57PM	Ganesha: Light Blue <i>Sunrise: 5:36AM</i>	
Kataka Rasi: 21.56	Tithi 27	Yama 7:06AM – 8:37AM	Siddha Until 9:17PM	Muruqa: Purple <i>Sunset: 5:39PM</i>	Moon 9 - Phase 23
	542213463	Rahu 11:37AM – 1:08PM	Kaulava Until 1:07PM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 11:29PM	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau			Nashville, TN Sun 12 Sutra 165 Vikarin 5121
4		Gulika 8:37AM – 10:07AM	Magha* Until 4:26PM	Ganesha: Purple <i>Sunrise: 5:37AM</i>	
Simha Rasi: 6.47	Tithi 28	Yama 5:37AM – 7:07AM	Sadhya Until 5:18PM	Muruqa: Purple <i>Sunset: 5:37PM</i>	Moon 9 - Phase 23
	552213463	Rahu 1:07PM – 2:37PM	Gara Until 9:47AM	Nataraja: Clear	2nd Phase
Creative Work Amrita Yoga			Trayodashi* Until 7:59PM	Moon – Red	Devaloka Day
Until 4:26PM				Bhadrapada-Puratasi	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Nashville, TN Sun 13 Sutra 166 Vikarin 5121
5		Gulika 7:07AM – 8:37AM	Purvaphalguni Until 1:31PM	Ganesha: Purple <i>Sunrise: 5:38AM</i>	
Simha Rasi: 21.53	Tithi 29 – 30	Yama 2:36PM – 4:06PM	Subha Until 1:07PM	Muruqa: Purple <i>Sunset: 5:36PM</i>	Moon 9 - Phase 23
	552213463	Rahu 10:07AM – 11:37AM	Visti Until 6:09AM	Nataraja: Clear	2nd Phase
Creative Work Siddha Yoga			Chaturdashi* Until 4:15PM	Moon – Red	Devaloka Day
				Bhadrapada-Puratasi	

Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Nashville, TN Sun 14 Sutra 167 Vikarin 5121
Retreat Star		Gulika 5:38AM – 7:08AM	Uttaraphalguni Until 10:24AM	Ganesha: Purple <i>Sunrise: 5:38AM</i>	
Kanya Rasi: 7.07	Tithi 30 – 1	Yama 1:06PM – 2:35PM	Sukla Until 8:51AM	Muruqa: Purple <i>Sunset: 5:34PM</i>	Moon 9 - Phase 23
	653213463	Rahu 8:37AM – 10:07AM	Kintughna Until 10:37PM	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Amavasya* Until 12:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi	

Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Nashville, TN Sun 15 Sutra 168 Vikarin 5121
Retreat Star		Gulika 2:34PM – 4:04PM	Hasta Until 7:39AM	Ganesha: Light Blue <i>Sunrise: 5:39AM</i>	
Kanya Rasi: 22.17	Tithi 1 – 2	Yama 11:36AM – 1:05PM	Indra Until 12:41AM Mon	Muruqa: Purple <i>Sunset: 5:33PM</i>	Moon 9 - Phase 23
	663213463	Rahu 4:04PM – 5:33PM	Balava Until 7:04PM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 8:47AM	Moon – Green	Devaloka Day
Until 7:39AM		Navaratri Begins		Ashvina-Puratasi	
Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau		Nashville, TN Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:05PM – 2:33PM	Svati Until 2:45AM Tue	Ganesha: Light Blue <i>Sunrise:</i> 5:40AM
Tula Rasi: 7.15	Tithi 3	Yama 10:07AM – 11:36AM	Vaidhriti* Until 9:03PM	Muruqa: Purple <i>Sunset:</i> 5:31PM
Family Home Evening	663213463	Rahu 7:09AM – 8:38AM	Taitila Until 3:54PM	Nataraja: Clear
Creative Work Amrita Yoga				Moon – Green
Until 2:45AM Tue			Tritiya Until 2:30AM Tue	Devaloka Day
Then Routine Work - Marana Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau		Nashville, TN Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:35AM – 1:04PM	Vishakha Until 1:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:41AM
Tula Rasi: 21.52	Tithi 4	Yama 8:38AM – 10:07AM	Vishkambha* Until 5:54PM	Muruqa: Purple <i>Sunset:</i> 5:30PM
Routine Work Marana Yoga	673213463	Rahu 2:33PM – 4:01PM	Vanija Until 1:17PM	Nataraja: Clear
Until 1:23AM Wed				Moon – Orange
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:13AM Wed	Devaloka Day
				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Nashville, TN Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:07AM – 11:35AM	Anuradha Until 12:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:42AM
Vrischika Rasi: 6.01	Tithi 5	Yama 7:10AM – 8:38AM	Priti Until 3:22PM	Muruqa: Purple <i>Sunset:</i> 5:28PM
Creative Work Siddha Yoga	673213463	Rahu 11:35AM – 1:03PM	Bava Until 11:22AM	Nataraja: Clear
Until 12:38AM Thu				Moon – Orange
Then Routine Work - Prabalarishta Yoga			Panchami Until 10:42PM	Devaloka Day
				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Nashville, TN Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:39AM – 10:07AM	Jyeshtha* Until 12:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:42AM
Vrischika Rasi: 19.4	Tithi 6	Yama 5:42AM – 7:10AM	Ayushman Until 1:29PM	Muruqa: Purple <i>Sunset:</i> 5:27PM
Routine Work Prabalarishta Yoga	673213463	Rahu 1:03PM – 2:31PM	Kaulava Until 10:17AM	Nataraja: Clear
Until 12:36AM Fri				Moon – Orange
Then Creative Work - Amrita Yoga			Shashthi* Until 10:03PM	Devaloka Day
				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Nashville, TN Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:11AM – 8:39AM	Mula* Until 1:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:43AM
Dhanus Rasi: 2.49	Tithi 7	Yama 2:30PM – 3:58PM	Saubhagya Until 12:19PM	Muruqa: Purple <i>Sunset:</i> 5:25PM
Creative Work Amrita Yoga	683213463	Rahu 10:07AM – 11:34AM	Gara Until 10:06AM	Nataraja: Clear
Until 1:45AM Sat				Moon – Light Blue
Then Creative Work - Siddha Yoga			Saptami Until 10:19PM	Sivaloka Day
				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau		Nashville, TN Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:44AM – 7:12AM	Purvashadha* Until 3:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:44AM
Dhanus Rasi: 15.32	Tithi 8	Yama 1:02PM – 2:29PM	Sobhana Until 11:51AM	Muruqa: Purple <i>Sunset:</i> 5:24PM
Creative Work Siddha Yoga	683213463	Rahu 8:39AM – 10:07AM	Visti Until 10:47AM	Nataraja: Clear
Until 3:32AM Sun				Moon – Light Blue
Then Creative Work - Amrita Yoga		Durga Ashtami	Ashtami* Until 11:24PM	Sivaloka Day
				Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Nashville, TN Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:28PM – 3:55PM	Uttarashadha Until 5:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:45AM
Dhanus Rasi: 27.55	Tithi 9	Yama 11:34AM – 1:01PM	Athiganda* Until 11:55AM	Muruqa: Purple <i>Sunset:</i> 5:23PM
Creative Work Amrita Yoga	683213463	Rahu 3:55PM – 5:23PM	Balava Until 12:14PM	Nataraja: Clear
		Saraswathi Puja (Tamil Nadu)	Navami* Until 1:11AM Mon	Moon – Light Blue
				Sivaloka Day
				Ashvina+Puratasi

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau			Nashville, TN Sun 23 Sutra 176 Vikarin 5121
1		Gulika 1:00PM – 2:27PM	Shravana Until 8:45AM Tue	Ganesha: White <i>Sunrise:</i> 5:46AM	
Makara Rasi: 10.01	Tithi 10	Yama 10:07AM – 11:33AM	Sukarma Until 12:28PM	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
Family Home Evening	693213463	Rahu 7:13AM – 8:40AM	Taitila Until 2:17PM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Dashami Until 3:25AM Tue	Ashvina+Puratasi	Devaloka Day
Until 8:45AM Tue					
Then Creative Work - Siddha Yoga					

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau			Nashville, TN Sun 24 Sutra 177 Vikarin 5121
2		Gulika 11:33AM – 1:00PM	Shravana Until 8:45AM	Ganesha: White <i>Sunrise:</i> 5:47AM	
Makara Rasi: 21.58	Tithi 11	Yama 8:40AM – 10:07AM	Dhriti Until 1:18PM	Muruqa: Purple <i>Sunset:</i> 5:20PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 2:26PM – 3:53PM	Vanija Until 4:40PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Ekadashi Until 5:55AM Wed	Ashvina+Puratasi	Sivaloka Day
		Vijaya Dasami			

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau			Nashville, TN Sun 25 Sutra 178 Vikarin 5121
3		Gulika 10:07AM – 11:33AM	Dhanishtha Until 11:46AM	Ganesha: White <i>Sunrise:</i> 5:47AM	
Kumbha Rasi: 3.49	Tithi 12	Yama 7:14AM – 8:40AM	Shula* Until 2:13PM	Muruqa: Purple <i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 11:33AM – 12:59PM	Bava Until 7:13PM	Nataraja: Purple	4th Phase
Routine Work Prabalarishta Yoga			Dvadashi Until 8:27AM Thu	Ashvina+Puratasi	Sivaloka Day
Until 11:46AM		Kadaitswami Mahasamadhi			
Then Creative Work - Siddha Yoga					

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Nashville, TN Sun 26 Sutra 179 Vikarin 5121
4		Gulika 8:40AM – 10:07AM	Shatabhishak Until 2:36PM	Ganesha: White <i>Sunrise:</i> 5:48AM	
Kumbha Rasi: 15.39	Tithi 12 – 13	Yama 5:48AM – 7:14AM	Ganda* Until 3:09PM	Muruqa: Purple <i>Sunset:</i> 5:17PM	Moon 9 - Phase 25
Family Home Evening	693213464	Rahu 12:59PM – 2:25PM	Kaulava Until 9:43PM	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Dvadashi Until 8:27AM	Ashvina+Puratasi	Sivaloka Day

Pradosha Vrata

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Nashville, TN Sun 27 Sutra 180 Vikarin 5121
5		Gulika 7:15AM – 8:41AM	Purvaproshtapada* Until 5:40PM	Ganesha: Blue <i>Sunrise:</i> 5:49AM	
Kumbha Rasi: 27.31	Tithi 13 – 14	Yama 2:24PM – 3:50PM	Vridhi Until 4:00PM	Muruqa: Purple <i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
Family Home Evening	613213464	Rahu 10:07AM – 11:32AM	Gara Until 12:04AM Sat	Nataraja: Purple	4th Phase
Creative Work Siddha Yoga			Trayodashi Until 10:53AM	Ashvina+Puratasi	Sivaloka Day
		Chidambaram Abhishekam			

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Nashville, TN Sun 28 Sutra 181 Vikarin 5121
6		Gulika 5:50AM – 7:15AM	Uttaraproshtapada Until 8:21PM	Ganesha: Blue <i>Sunrise:</i> 5:50AM	
Meena Rasi: 9.28	Tithi 14 – 15	Yama 12:58PM – 2:23PM	Dhruva Until 4:40PM	Muruqa: Purple <i>Sunset:</i> 5:14PM	Moon 9 - Phase 25
Copper Retreat Star	613213464	Rahu 8:41AM – 10:07AM	Visti Until 2:11AM Sun	Nataraja: Purple	Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 1:08PM	Ashvina+Puratasi	Sivaloka Day
Until 8:21PM					
Then Routine Work - Prabalarishta Yoga					

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Nashville, TN Sun 29 Sutra 182 Vikarin 5121
7		Gulika 2:22PM – 3:48PM	Revati Until 10:38PM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM	
Meena Rasi: 21.3	Tithi 15 – 16	Yama 11:32AM – 12:57PM	Vyaghata* Until 5:08PM	Muruqa: Purple <i>Sunset:</i> 5:13PM	Moon 9 - Phase 25
Silver Retreat Star	614213464	Rahu 3:48PM – 5:13PM	Balava Until 4:02AM Mon	Nataraja: Purple	Prathama
Creative Work Amrita Yoga			Purnima* Until 3:07PM	Ashvina+Puratasi	Subha Sivaloka Day
Until 10:38PM					
Then Creative Work - Siddha Yoga					

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 12:57PM – 2:22PM
Yama 10:07AM – 11:32AM
Rahu 7:17AM – 8:42AM

Ashvini Until 12:57AM Tue
Harshana Until 5:25PM
Taitila Until 5:35AM Tue
Prathama* Until 4:50PM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 5:12PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Nashville, TN
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

1

Tuesday, October 15, 2019

Mesha Rasi: 15.55 Tithi 17

Creative Work Siddha Yoga

Until 2:48AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra*/Siddhi Yoga Gara Karana Dvitiyayam Titau

Gulika 11:31AM – 12:56PM
Yama 8:42AM – 10:07AM
Rahu 2:21PM – 3:46PM

Bharani Until 2:48AM Wed
Vajra* Until 5:25PM
Gara Until 6:13PM
Dvitiya Until 6:13PM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 5:10PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Nashville, TN
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

2

Wednesday, October 16, 2019

Mesha Rasi: 28.19 Tithi 18

Creative Work Amrita Yoga

Until 4:09AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:07AM – 11:31AM
Yama 7:18AM – 8:42AM
Rahu 11:31AM – 12:56PM

Krittika Until 4:09AM Thu
Siddhi Until 5:11PM
Vanija Until 6:49AM
Tritiya Until 7:17PM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 5:09PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina•Puratasi

Nashville, TN
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

3

Thursday, October 17, 2019

Vrishabha Rasi: 10.53 Tithi 19

Routine Work Marana Yoga

Until 5:27AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 8:43AM – 10:07AM
Yama 5:54AM – 7:18AM
Rahu 12:55PM – 2:19PM

Rohini Until 5:27AM Fri
Vyatipata* Until 4:40PM
Bava Until 7:42AM
Chaturthi* Until 7:58PM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 5:08PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

4

Friday, October 18, 2019

Vrishabha Rasi: 23.37 Tithi 20

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 7:19AM – 8:43AM
Yama 2:19PM – 3:42PM
Rahu 10:07AM – 11:31AM

Mrigashira Until 6:09AM Sat
Variyan Until 3:49PM
Kaulava Until 8:11AM
Panchami Until 8:14PM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 5:06PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

5

Saturday, October 19, 2019

Mithuna Rasi: 6.34 Tithi 21

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 5:56AM – 7:20AM
Yama 12:54PM – 2:18PM
Rahu 8:43AM – 10:07AM

Mrigashira Until 6:09AM
Parigha* Until 2:36PM
Gara Until 8:13AM
Shashthi* Until 8:01PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 5:05PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

6

Sunday, October 20, 2019

Mithuna Rasi: 19.47 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 2:17PM – 3:40PM
Yama 11:30AM – 12:54PM
Rahu 3:40PM – 5:04PM

Ardra Until 6:12AM
Shiva Until 12:59PM
Visti Until 7:44AM
Saptami Until 7:15PM

Ganesha: White *Sunrise:* 5:57AM
Muruqa: Purple *Sunset:* 5:04PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

Retreat Star

Kataka Rasi: 3.19 Tithi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Gulika 12:53PM – 2:16PM
Yama 10:07AM – 11:30AM
Rahu 7:21AM – 8:44AM

Punarvasu Until 6:01AM
Siddha Until 10:54AM
Balava Until 6:41AM
Ashtami* Until 5:56PM

Ganesha: Clear *Sunrise:* 5:58AM
Muruqa: Purple *Sunset:* 5:03PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1 Tithi 24 – 25

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 11:30AM – 12:53PM
Yama 8:44AM – 10:07AM
Rahu 2:16PM – 3:39PM

Ashlesha* Until 3:32AM Wed
Sadhya Until 8:21AM
Vanija Until 2:55AM Wed
Navami* Until 4:02PM

Ganesha: Clear *Sunrise:* 5:59AM
Muruqa: Purple *Sunset:* 5:01PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Nashville, TN
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Nashville, TN Sun 9 Sutra 192	
Simha Rasi: 1.23	Tithi 25 - 26	Gulika 10:07AM - 11:30AM	Magha* Until 1:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:00AM		Vikarin 5121
		Yama 7:22AM - 8:45AM	Sukla Until 2:02AM Thu	Muruqa: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
		654313464 Rahu 11:30AM - 12:53PM	Bava Until 12:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:38PM	Moon - Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Nashville, TN Sun 10 Sutra 193	
Simha Rasi: 15.55	Tithi 26 - 27	Gulika 8:45AM - 10:08AM	Purvaphalguni Until 11:27PM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM		Vikarin 5121
		Yama 6:01AM - 7:23AM	Brahma Until 10:22PM	Muruqa: Purple	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 27
		654313464 Rahu 12:52PM - 2:14PM	Kaulava Until 9:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 10:47AM	Moon - Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvadashi/Trayodashyam Titau		Nashville, TN Sun 11 Sutra 194	
Kanya Rasi: 0.42	Tithi 27 - 28	Gulika 7:24AM - 8:46AM	Uttaraphalguni Until 8:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM		Vikarin 5121
		Yama 2:14PM - 3:36PM	Indra Until 6:31PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 27
		655313464 Rahu 10:08AM - 11:30AM	Vanija Until 4:17AM Sat	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:38AM	Moon - Red		Subha Sivaloka Day	
Until 8:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Nashville, TN Sun 12 Sutra 195	
Kanya Rasi: 15.38	Tithi 29	Gulika 6:03AM - 7:24AM	Hasta Until 6:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:03AM		Vikarin 5121
		Yama 12:51PM - 2:13PM	Vaidhriti* Until 2:34PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 27
		665313464 Rahu 8:46AM - 10:08AM	Visti Until 2:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 12:55AM Sun	Moon - Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nashville, TN Sun 13 Sutra 196	
Retreat Star		Gulika 2:13PM - 3:34PM	Chitra Until 3:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM		Vikarin 5121
Tula Rasi: 0.35	Tithi 30	Yama 11:30AM - 12:51PM	Vishkambha* Until 10:40AM	Muruqa: Purple	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 27
		665313464 Rahu 3:34PM - 4:55PM	Catuspada Until 11:18AM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 9:42PM	Moon - Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Nashville, TN Sun 14 Sutra 197	
Tula Rasi: 15.23	Tithi 1	Gulika 12:51PM - 2:12PM	Svati Until 1:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:04AM		Vikarin 5121
Family Home Evening		Yama 10:08AM - 11:29AM	Priti Until 6:57AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 7:26AM - 8:47AM	Kintughna Until 8:12AM	Nataraja: Purple			Prathama
Until 1:24PM			Prathama* Until 6:47PM	Moon - Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nashville, TN
	Tula Rasi: 29.55	Tithi 2 – 3	Gulika 11:29AM – 12:50PM	Vishakha Until 11:42AM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	Sun 15 Sutra 198
			Yama 8:47AM – 10:08AM	Saubhagya Until 12:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vikarin 5121
		675313464	Rahu 2:11PM – 3:32PM	Taitila Until 3:22AM Wed	Nataraja: Purple		Moon 10 - Phase 28
Routine Work Marana Yoga			Dvitiya Until 4:21PM	Moon – Orange		3rd Phase	
Until 11:42AM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga						Subha Sivaloka Day	

2	Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Nashville, TN
	Vischika Rasi: 14.04	Tithi 3 – 4	Gulika 10:09AM – 11:29AM	Anuradha Until 10:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	Sun 16 Sutra 199
			Yama 7:27AM – 8:48AM	Sobhana Until 10:11PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vikarin 5121
		675313464	Rahu 11:29AM – 12:50PM	Vanija Until 1:57AM Thu	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Siddha Yoga			Tritiya Until 2:33PM	Moon – Orange		3rd Phase	
				Kartika•Aipasi			
						Subha Sivaloka Day	

3	Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nashville, TN
	Vischika Rasi: 27.45	Tithi 4 – 5	Gulika 8:48AM – 10:09AM	Jyeshtha* Until 9:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Sun 17 Sutra 200
			Yama 6:07AM – 7:28AM	Athiganda* Until 8:24PM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Vikarin 5121
		675313464	Rahu 12:50PM – 2:10PM	Bava Until 1:21AM Fri	Nataraja: Purple		Moon 10 - Phase 28
Routine Work Prabalarishta Yoga			Chaturthi* Until 1:31PM	Moon – Orange		3rd Phase	
Until 9:51AM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga						Subha Sivaloka Day	

4	Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nashville, TN
	Dhanus Rasi: 10.59	Tithi 5 – 6	Gulika 7:29AM – 8:49AM	Mula* Until 10:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Sun 18 Sutra 201
			Yama 2:10PM – 3:30PM	Sukarma Until 7:18PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
		685313464	Rahu 10:09AM – 11:29AM	Kaulava Until 1:37AM Sat	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			Panchami Until 1:21PM	Moon – Light Blue		3rd Phase	
Until 10:20AM				Kartika•Aipasi			
Then Routine Work - Prabalarishta Yoga						Subha Subha Sivaloka Day	

5	Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nashville, TN
	Dhanus Rasi: 23.46	Tithi 6 – 7	Gulika 6:09AM – 7:29AM	Purvashadha* Until 11:31AM	Ganesha: Purple	<i>Sunrise:</i> 6:09AM	Sun 19 Sutra 202
			Yama 12:49PM – 2:09PM	Dhriti Until 6:53PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Vikarin 5121
		685313464	Rahu 8:49AM – 10:09AM	Gara Until 2:42AM Sun	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Siddha Yoga			Shashthi* Until 2:02PM	Moon – Light Blue		3rd Phase	
Until 11:31AM				Kartika•Aipasi			
Then Routine Work - Marana Yoga						Subha Subha Sivaloka Day	

6	Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nashville, TN
	Makara Rasi: 6.12	Tithi 7 – 8	Gulika 2:09PM – 3:28PM	Uttarashadha Until 1:16PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 20 Sutra 203
			Yama 11:29AM – 12:49PM	Shula* Until 6:59PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Vikarin 5121
		686313464	Rahu 3:28PM – 4:48PM	Visti Until 4:29AM Mon	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			Saptami Until 3:30PM	Moon – Light Blue		3rd Phase	
				Kartika•Aipasi			
						Subha Sivaloka Day	

D	Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nashville, TN
	Retreat Star		Gulika 12:49PM – 2:08PM	Shravana Until 3:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:11AM	Sun 21 Sutra 204
	Makara Rasi: 18.2	Tithi 8 – 9	Yama 10:10AM – 11:29AM	Ganda* Until 7:32PM	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Vikarin 5121
	Family Home Evening	696313464	Rahu 7:31AM – 8:50AM	Balava Until 6:45AM Tue	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Amrita Yoga			Ashtami* Until 5:33PM	Moon – Purple		Ashtami	
Until 3:57PM				Kartika•Aipasi			
Then Creative Work - Siddha Yoga						Sivaloka Day	

D	Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Nashville, TN
	Retreat Star		Gulika 11:29AM – 12:48PM	Dhanishtha Until 6:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	Sun 22 Sutra 205
	Kumbha Rasi: 0.19	Tithi 9	Yama 8:51AM – 10:10AM	Vriddhi Until 8:21PM	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		696313464	Rahu 2:08PM – 3:27PM	Balava Until 6:45AM	Nataraja: Purple		Moon 10 - Phase 28
Creative Work Siddha Yoga			Navami* Until 7:58PM	Moon – Purple		Navami	
Until 6:49PM				Kartika•Aipasi			
Then Routine Work - Marana Yoga						Sivaloka Day	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Nashville, TN
	Kumbha Rasi: 12.11	Tithi 10	Gulika 10:10AM – 11:29AM	Shatabhishak Until 9:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Sun 23 Sutra 206
			Yama 7:32AM – 8:51AM	Dhruva Until 9:14PM	Muruqa: Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
	696313464	Rahu 11:29AM – 12:48PM	Taitila Until 9:16AM	Dashami Until 10:31PM	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Sivaloka Day	
Until 9:39PM						Kartika-Aipasi	
Then Creative Work - Amrita Yoga							

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Nashville, TN
	Kumbha Rasi: 24.02	Tithi 11	Gulika 8:52AM – 10:11AM	Purvaproshtapada* Until 12:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:14AM	Sun 24 Sutra 207
			Yama 6:14AM – 7:33AM	Vyaghata* Until 10:04PM	Muruqa: Purple	<i>Sunset:</i> 4:44PM	Vikarin 5121
	716313464	Rahu 12:48PM – 2:07PM	Vanija Until 11:47AM	Ekadashi Until 12:58AM Fri	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	
						Kartika-Aipasi	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau				Nashville, TN
	Meena Rasi: 5.56	Tithi 12	Gulika 7:34AM – 8:52AM	Uttaraproshtapada Until 3:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sun 25 Sutra 208
			Yama 2:06PM – 3:25PM	Harshana Until 10:44PM	Muruqa: Purple	<i>Sunset:</i> 4:44PM	Vikarin 5121
	716313464	Rahu 10:11AM – 11:29AM	Bava Until 2:08PM	Dvadashi Until 3:11AM Sat	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	
Until 3:25AM Sat						Kartika-Aipasi	
Then Routine Work - Prabalarishta Yoga							

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nashville, TN
	Meena Rasi: 17.57	Tithi 13	Gulika 6:16AM – 7:35AM	Revati Until 5:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Sun 26 Sutra 209
			Yama 12:48PM – 2:06PM	Vajra* Until 11:08PM	Muruqa: Purple	<i>Sunset:</i> 4:43PM	Vikarin 5121
	716313464	Rahu 8:53AM – 10:11AM	Kaulava Until 4:12PM	Trayodashi Until 5:03AM Sun	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga						Subha Sivaloka Day	
Until 5:37AM Sun						Kartika-Aipasi	
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Nashville, TN
	Mesha Rasi: 0.06	Tithi 14	Gulika 2:06PM – 3:24PM	Ashvini Until 7:45AM Mon	Ganesha: White	<i>Sunrise:</i> 6:17AM	Sun 27 Sutra 210
			Yama 11:30AM – 12:48PM	Siddhi Until 11:15PM	Muruqa: Purple	<i>Sunset:</i> 4:42PM	Vikarin 5121
	726313464	Rahu 3:24PM – 4:42PM	Gara Until 5:52PM	Chaturdashi* Until 6:32AM Mon	Nataraja: Purple		Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						Sivaloka Day	
						Kartika-Aipasi	

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nashville, TN
	Copper Retreat Star		Gulika 12:48PM – 2:05PM	Ashvini Until 7:45AM	Ganesha: White	<i>Sunrise:</i> 6:18AM	Sutra 211
	Mesha Rasi: 12.25	Tithi 14 – 15	Yama 10:12AM – 11:30AM	Vyatipata* Until 11:03PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Vikarin 5121
	Family Home Evening	727413464	Rahu 7:36AM – 8:54AM	Visti Until 7:07PM	Nataraja: Purple		Moon 10 - Phase 29 Purnima
Creative Work Siddha Yoga						Sivaloka Day	
						Kartika-Aipasi	

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nashville, TN
	Silver Retreat Star		Gulika 11:30AM – 12:47PM	Bharani Until 9:19AM	Ganesha: White	<i>Sunrise:</i> 6:19AM	Sutra 212
	Mesha Rasi: 24.55	Tithi 15 – 16	Yama 8:55AM – 10:12AM	Variyan Until 10:30PM	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Vikarin 5121
	727413464	Rahu 2:05PM – 3:23PM	Balava Until 7:57PM	Purnima* Until 7:34AM	Nataraja: Purple		Moon 10 - Phase 29 Prathama
Creative Work Siddha Yoga						Sivaloka Day	
						Kartika-Aipasi	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vrishabha Rasi: 8 Tithi 16 – 17

727413464

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:13AM – 11:30AM
Yama 7:38AM – 8:55AM
Rahu 11:30AM – 12:47PM

Krittika Until 10:19AM

Parigha* Until 9:39PM

Taitila Until 8:22PM

Prathama* Until 8:11AM

Ganesha: White *Sunrise:* 6:20AM

Muruqa: Purple *Sunset:* 4:40PM

Nataraja: Purple

Moon – White

Kartika-Aipasi

Sivaloka Day

Nashville, TN

Sutra 213

Vikarin 5121

Moon 11 - Phase 30

1st Phase

1

Thursday, November 14, 2019

Vrishabha Rasi: 20.29 Tithi 17 – 18

737413464

Routine Work Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 8:56AM – 10:13AM
Yama 6:21AM – 7:39AM
Rahu 12:47PM – 2:05PM

Rohini Until 11:14AM

Shiva Until 8:31PM

Vanija Until 8:23PM

Dvitiya Until 8:24AM

Ganesha: Clear *Sunrise:* 6:21AM

Muruqa: Purple *Sunset:* 4:39PM

Nataraja: Purple

Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Nashville, TN

Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

2

Friday, November 15, 2019

Mithuna Rasi: 3.34 Tithi 18 – 19

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 7:39AM – 8:56AM
Yama 2:04PM – 3:21PM
Rahu 10:13AM – 11:30AM

Mrigashira Until 11:38AM

Siddha Until 7:03PM

Bava Until 8:02PM

Tritiya Until 8:14AM

Ganesha: Clear *Sunrise:* 6:22AM

Muruqa: Purple *Sunset:* 4:38PM

Nataraja: Purple

Moon – Yellow

Kartika-Aipasi

Subha Sivaloka Day

Nashville, TN

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

3

Saturday, November 16, 2019

Mithuna Rasi: 16.49 Tithi 19 – 20

737413464

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 6:23AM – 7:40AM
Yama 12:47PM – 2:04PM
Rahu 8:57AM – 10:14AM

Ardra Until 11:32AM

Sadhya Until 5:19PM

Kaulava Until 7:20PM

Chaturthi* Until 7:42AM

Ganesha: Clear *Sunrise:* 6:23AM

Muruqa: Purple *Sunset:* 4:38PM

Nataraja: Purple

Moon – Yellow

Kartika-Kartikai

Subha Sivaloka Day

Nashville, TN

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

4

Sunday, November 17, 2019

Kataka Rasi: 0.16 Tithi 20 – 21

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika 2:04PM – 3:20PM
Yama 11:31AM – 12:47PM
Rahu 3:20PM – 4:37PM

Punarvasu Until 11:24AM

Subha Until 3:20PM

Gara Until 6:17PM

Panchami Until 6:50AM

Ganesha: Clear *Sunrise:* 6:24AM

Muruqa: Purple *Sunset:* 4:37PM

Nataraja: Clear

Moon – Blue

Kartika-Kartikai

Sivaloka Day

Nashville, TN

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

5

Monday, November 18, 2019

Kataka Rasi: 13.55 Tithi 22

Family Home Evening

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 12:47PM – 2:04PM
Yama 10:15AM – 11:31AM
Rahu 7:42AM – 8:58AM

Pushya Until 10:46AM

Sukla Until 1:03PM

Visti Until 4:53PM

Saptami Until 4:03AM Tue

Ganesha: Clear *Sunrise:* 6:25AM

Muruqa: Purple *Sunset:* 4:36PM

Nataraja: Clear

Moon – Blue

Kartika-Kartikai

Sivaloka Day

Nashville, TN

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

D

Tuesday, November 19, 2019

Retreat Star

Kataka Rasi: 27.46 Tithi 23

748413465

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 11:31AM – 12:47PM
Yama 8:59AM – 10:15AM
Rahu 2:03PM – 3:20PM

Ashlesha* Until 9:40AM

Brahma Until 10:31AM

Balava Until 3:10PM

Ashtami* Until 2:10AM Wed

Ganesha: Clear *Sunrise:* 6:26AM

Muruqa: Purple *Sunset:* 4:36PM

Nataraja: Clear

Moon – Blue

Kartika-Kartikai

Sivaloka Day

Nashville, TN

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

Ashtami

Wednesday, November 20, 2019

Retreat Star

Simha Rasi: 11.49 Tithi 24

758413465

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 10:15AM – 11:31AM
Yama 7:43AM – 8:59AM
Rahu 11:31AM – 12:47PM

Magha* Until 8:32AM

Indra Until 7:44AM

Taitila Until 1:08PM

Navami* Until 11:59PM

Ganesha: White *Sunrise:* 6:27AM

Muruqa: Purple *Sunset:* 4:35PM

Nataraja: Clear

Moon – Red

Kartika-Kartikai

Subha Sivaloka Day

Nashville, TN

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30


Navami


1	Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau				Nashville, TN
	Simha Rasi: 26.04	Tithi 25	Gulika 9:00AM – 10:16AM	Purvaphalguni Until 6:59AM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sun 8 Sutra 221
			Yama 6:28AM – 7:44AM	Vishkambha* Until 1:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:35PM	Vikarin 5121
	Creative Work	Siddha Yoga	758413465 Rahu 12:47PM – 2:03PM	Vanija Until 10:49AM	Nataraja: Clear		Moon 11 - Phase 31
			Dashami Until 9:33PM	Moon – Red		2nd Phase	
				Karttika-Karttikai		Subha Sivaloka Day	

2	Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Nashville, TN
	Kanya Rasi: 10.28	Tithi 26	Gulika 7:45AM – 9:01AM	Hasta Until 3:16AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:29AM	Sun 9 Sutra 222
			Yama 2:03PM – 3:19PM	Priti Until 10:09PM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Vikarin 5121
	Creative Work	Amrita Yoga	768413465 Rahu 10:16AM – 11:32AM	Bava Until 8:17AM	Nataraja: Clear		Moon 11 - Phase 31
			Ekadashi* Until 6:57PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Sivaloka Day	
						Then Routine Work - Marana Yoga	

3	Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Nashville, TN
	Kanya Rasi: 24.58	Tithi 27 – 28	Gulika 6:30AM – 7:46AM	Chitra Until 1:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Sun 10 Sutra 223
			Yama 12:48PM – 2:03PM	Ayushman Until 6:45PM	Muruqa: Purple	<i>Sunset:</i> 4:34PM	Vikarin 5121
	Routine Work	Marana Yoga	768413465 Rahu 9:01AM – 10:17AM	Gara Until 2:59AM Sun	Nataraja: Clear		Moon 11 - Phase 31
			Dvadashi* Until 4:17PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Sivaloka Day	
						Then Creative Work - Siddha Yoga	
						<i>Pradosha Vrata (Fasting)</i>	

4	Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nashville, TN
	Tula Rasi: 9.28	Tithi 28 – 29	Gulika 2:03PM – 3:18PM	Svati Until 11:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:31AM	Sun 11 Sutra 224
			Yama 11:32AM – 12:48PM	Saubhagya Until 3:25PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Creative Work	Siddha Yoga	769413465 Rahu 3:18PM – 4:33PM	Visti Until 12:26AM Mon	Nataraja: Clear		Moon 11 - Phase 31
			Trayodashi* Until 1:40PM	Moon – Green		2nd Phase	
				Karttika-Karttikai		Devaloka Day	
						Then Routine Work - Marana Yoga	

	Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nashville, TN
	Retreat Star		Gulika 12:48PM – 2:03PM	Vishakha Until 9:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:32AM	Sun 12 Sutra 225
	Tula Rasi: 23.53	Tithi 29 – 30	Yama 10:18AM – 11:33AM	Sobhana Until 12:15PM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
	Family Home Evening	779413465 Rahu 7:47AM – 9:03AM	Catuspada Until 10:09PM		Nataraja: Clear		Moon 11 - Phase 31
			Chaturdashi* Until 11:14AM	Moon – Orange		Amavasya	
				Karttika-Karttikai		Devaloka Day	
						Then Creative Work - Siddha Yoga	

	Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nashville, TN
	Retreat Star		Gulika 11:33AM – 12:48PM	Anuradha Until 8:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:33AM	Sun 13 Sutra 226
	Vrischika Rasi: 8.05	Tithi 30 – 1	Yama 9:03AM – 10:18AM	Athiganda* Until 9:20AM	Muruqa: Purple	<i>Sunset:</i> 4:33PM	Vikarin 5121
			779413465 Rahu 2:03PM – 3:18PM	Kintughna Until 8:16PM	Nataraja: Clear		Moon 11 - Phase 31
			Amavasya* Until 9:08AM	Moon – Orange		Prathama	
				Margasira-Karttikai		Devaloka Day	
						Then Routine Work - Marana Yoga	

1 **Wednesday, November 27, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Nashville, TN
Jyeshtha* Nakshatra Sukarma/Dhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau Sun 14 Sutra 227
Vrischika Rasi: 22.01 Tithi 1 – 2 779413465 **Gulika** 10:19AM – 11:33AM **Jyeshtha* Until 7:53PM** **Ganesha:** Blue *Sunrise:* 6:34AM Vikarin 5121
Yama 7:49AM – 9:04AM **Muruqa:** Purple *Sunset:* 4:32PM Moon 11 - Phase 32
Rahu 11:33AM – 12:48PM **Sukarma Until 6:49AM** **Nataraja:** Clear 3rd Phase
Balava Until 6:55PM
Prathama* Until 7:30AM **Margasira-Karttikai**
Creative Work Siddha Yoga **Devaloka Day**
Until 7:53PM
Then Routine Work - Marana Yoga

2 **Thursday, November 28, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Nashville, TN
Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau Sun 15 Sutra 228
Dhanus Rasi: 5.34 Tithi 2 – 3 789413465 **Gulika** 9:04AM – 10:19AM **Mula* Until 8:02PM** **Ganesha:** Blue *Sunrise:* 6:35AM Vikarin 5121
Yama 6:35AM – 7:50AM **Shula* Until 3:16AM Fri** **Muruqa:** Purple *Sunset:* 4:32PM Moon 11 - Phase 32
Rahu 12:48PM – 2:03PM **Taitila Until 6:15PM** **Nataraja:** Clear 3rd Phase
Dvitiya Until 6:29AM **Moon – Light Blue**
Margasira-Karttikai **Devaloka Day**
Creative Work Siddha Yoga

3 **Friday, November 29, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Nashville, TN
Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau Sun 16 Sutra 229
Dhanus Rasi: 18.45 Tithi 3 – 4 789413465 **Gulika** 7:51AM – 9:05AM **Purvashadha* Until 8:45PM** **Ganesha:** Blue *Sunrise:* 6:36AM Vikarin 5121
Yama 2:03PM – 3:17PM **Ganda* Until 2:21AM Sat** **Muruqa:** Purple *Sunset:* 4:32PM Moon 11 - Phase 32
Rahu 10:20AM – 11:34AM **Vanija Until 6:19PM** **Nataraja:** Clear 3rd Phase
Tritiya Until 6:10AM **Moon – Light Blue**
Margasira-Karttikai **Devaloka Day**
Routine Work Prabalarishta Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

4 **Saturday, November 30, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Nashville, TN
Uttarashadha Nakshatra Vriddhi* Yoga Visti* Bava Karana Chaturchi/Panchamyam Titau Sun 17 Sutra 230
Makara Rasi: 1.33 Tithi 4 – 5 789413465 **Gulika** 6:37AM – 7:51AM **Uttarashadha Until 10:01PM** **Ganesha:** Blue *Sunrise:* 6:37AM Vikarin 5121
Yama 12:49PM – 2:03PM **Vriddhi Until 2:01AM Sun** **Muruqa:** Purple *Sunset:* 4:32PM Moon 11 - Phase 32
Rahu 9:06AM – 10:20AM **Bava Until 7:08PM** **Nataraja:** Clear 3rd Phase
Chaturchi* Until 6:37AM **Moon – Light Blue**
Margasira-Karttikai **Devaloka Day**
Routine Work Marana Yoga
Until 10:01PM
Then Creative Work - Siddha Yoga

5 **Sunday, December 1, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Nashville, TN
Shravana Nakshatra Dhruva* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 231
Makara Rasi: 14.01 Tithi 5 – 6 799413465 **Gulika** 2:03PM – 3:17PM **Shravana Until 12:16AM Mon** **Ganesha:** Yellow *Sunrise:* 6:38AM Vikarin 5121
Yama 11:35AM – 12:49PM **Dhruva Until 2:09AM Mon** **Muruqa:** Purple *Sunset:* 4:32PM Moon 11 - Phase 32
Rahu 3:17PM – 4:32PM **Kaulava Until 8:39PM** **Nataraja:** Clear 3rd Phase
Panchami Until 7:47AM **Moon – Purple**
Margasira-Karttikai **Sivaloka Day**
Creative Work Amrita Yoga
Until 12:16AM Mon
Then Creative Work - Siddha Yoga

6 **Monday, December 2, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Nashville, TN
Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 232
Makara Rasi: 26.13 Tithi 6 – 7 791413465 **Gulika** 12:49PM – 2:03PM **Dhanishtha Until 2:51AM Tue** **Ganesha:** Clear *Sunrise:* 6:39AM Vikarin 5121
Yama 10:21AM – 11:35AM **Vyaghata* Until 2:41AM Tue** **Muruqa:** Purple *Sunset:* 4:31PM Moon 11 - Phase 32
Rahu 7:53AM – 9:07AM **Gara Until 10:42PM** **Nataraja:** Clear 3rd Phase
Shashthi* Until 9:35AM **Moon – Purple**
Margasira-Karttikai **Sivaloka Day**
Creative Work Siddha Yoga
Until 2:51AM Tue
Then Routine Work - Marana Yoga

Retreat Star **Tuesday, December 3, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Nashville, TN
Shatabhishak Nakshatra Harshana* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 233
Kumbha Rasi: 8.13 Tithi 7 – 8 791413465 **Gulika** 11:36AM – 12:50PM **Shatabhishak Until 5:33AM Wed** **Ganesha:** Clear *Sunrise:* 6:40AM Vikarin 5121
Yama 9:08AM – 10:22AM **Harshana Until 3:27AM Wed** **Muruqa:** Purple *Sunset:* 4:31PM Moon 11 - Phase 32
Rahu 2:03PM – 3:17PM **Visti Until 1:05AM Wed** **Nataraja:** Clear Ashtami
Saptami Until 11:51AM **Moon – Purple**
Margasira-Karttikai **Sivaloka Day**
Routine Work Marana Yoga
Until 5:33AM Wed
Then Creative Work - Amrita Yoga

Retreat Star **Wednesday, December 4, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Nashville, TN
Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 234
Kumbha Rasi: 20.08 Tithi 8 – 9 711413465 **Gulika** 10:22AM – 11:36AM **Purvaproshtapada* Until 8:39AM Thu** **Ganesha:** Yellow *Sunrise:* 6:41AM Vikarin 5121
Yama 7:55AM – 9:08AM **Vajra* Until 4:15AM Thu** **Muruqa:** Purple *Sunset:* 4:31PM Moon 11 - Phase 32
Rahu 11:36AM – 12:50PM **Balava Until 3:36AM Thu** **Nataraja:** Clear Navami
Ashtami* Until 2:19PM **Moon – Clear**
Margasira-Karttikai **Sivaloka Day**
Creative Work Amrita Yoga
Until 8:39AM Thu
Then Creative Work - Siddha Yoga

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nashville, TN
Meena Rasi: 2.01	Tithi 9 – 10	711413465	Gulika 9:09AM – 10:23AM Yama 6:42AM – 7:55AM Rahu 12:50PM – 2:04PM	Purvaproshtapada* Until 8:39AM Siddhi Until 4:59AM Fri Taitila Until 6:00AM Fri Navami* Until 4:48PM	Sun 22 Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:42AM Sunset: 4:31PM Sivaloka Day
				Margasira-Karttikai	

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	Nashville, TN
Meena Rasi: 13.56	Tithi 10	711413465	Gulika 7:56AM – 9:10AM Yama 2:04PM – 3:18PM Rahu 10:23AM – 11:37AM	Uttaraproshtapada Until 11:27AM Vyatipata* Until 5:31AM Sat Taitila Until 6:00AM Dashami Until 7:05PM	Sun 23 Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:42AM Sunset: 4:31PM Sivaloka Day
				Margasira-Karttikai	

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Nashville, TN
Meena Rasi: 25.58	Tithi 11	711513465	Gulika 6:43AM – 7:57AM Yama 12:51PM – 2:04PM Rahu 9:10AM – 10:24AM	Revati Until 1:46PM Varyan Until 5:43AM Sun Vanija Until 8:07AM Ekadashi Until 8:59PM	Sun 24 Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga		Gita Jayanthi	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 6:43AM Sunset: 4:31PM Subha Sivaloka Day
Until 1:46PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Nashville, TN
Mesha Rasi: 8.11	Tithi 12	721513465	Gulika 2:05PM – 3:18PM Yama 11:38AM – 12:51PM Rahu 3:18PM – 4:31PM	Ashvini Until 3:59PM Parigha* Until 5:31AM Mon Bava Until 9:47AM Dvadashi Until 10:24PM	Sun 25 Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga			Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 6:44AM Sunset: 4:31PM Sivaloka Day
Until 3:59PM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Nashville, TN
Mesha Rasi: 20.37	Tithi 13	721513465	Gulika 12:51PM – 2:05PM Yama 10:25AM – 11:38AM Rahu 7:58AM – 9:12AM	Bharani Until 5:30PM Shiva Until 4:54AM Tue Kaulava Until 10:55AM Trayodashi Until 11:15PM	Sun 26 Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening	Siddha Yoga			Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 6:45AM Sunset: 4:31PM Sivaloka Day
Until 5:30PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga				Pradosha Vrata	

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Nashville, TN
Vrishabha Rasi: 3.17	Tithi 14	721513465	Gulika 11:39AM – 12:52PM Yama 9:12AM – 10:25AM Rahu 2:05PM – 3:18PM	Krittika Until 6:18PM Siddha Until 3:49AM Wed Gara Until 11:29AM Chaturdashi* Until 11:31PM	Sun 27 Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga		Krittika Deepam	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 6:46AM Sunset: 4:32PM Sivaloka Day
Until 6:18PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Nashville, TN
Copper Retreat Star			Gulika 10:26AM – 11:39AM Yama 8:00AM – 9:13AM Rahu 11:39AM – 12:52PM	Rohini Until 6:52PM Sadhya Until 2:20AM Thu Visti Until 11:28AM Purnima* Until 11:14PM	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 16.15	Tithi 15	731523465		Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:46AM Sunset: 4:32PM Sivaloka Day
Creative Work	Siddha Yoga			Margasira-Karttikai	

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Nashville, TN
Vrishabha Rasi: 29.29	Tithi 16	732523465	Gulika 9:13AM – 10:26AM Yama 6:47AM – 8:00AM Rahu 12:53PM – 2:06PM	Mrigashira Until 6:48PM Subha Until 12:28AM Fri Balava Until 10:55AM Prathama* Until 10:27PM	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work	Marana Yoga			Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:47AM Sunset: 4:32PM Devaloka Day
				Margasira-Karttikai	
				Vinayaga Viratam Begins	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Nashville, TN

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.59 Tithi 17

732523465 Rahu 10:27AM - 11:40AM

Gulika 8:01AM - 9:14AM

Yama 2:06PM - 3:19PM

Ardra Until 6:09PM

Sukla Until 10:15PM

Taitila Until 9:56AM

Dvitiya Until 9:16PM

Ganesha: Clear Sunrise: 6:48AM

Muruqa: Clear Sunset: 4:32PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli* Karana Tritiyayam Titau

Nashville, TN

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.42 Tithi 18

742523465 Rahu 9:15AM - 10:28AM

Gulika 6:49AM - 8:02AM

Yama 12:53PM - 2:06PM

Punarvasu Until 5:29PM

Brahma Until 7:49PM

Vanija Until 8:34AM

Tritiya Until 7:45PM

Ganesha: Purple Sunrise: 6:49AM

Muruqa: Clear Sunset: 4:32PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Nashville, TN

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.35 Tithi 19

742523465 Rahu 3:20PM - 4:33PM

Gulika 2:07PM - 3:20PM

Yama 11:41AM - 12:54PM

Pushya Until 4:25PM

Indra Until 5:11PM

Bava Until 6:55AM

Chaturthi* Until 6:00PM

Ganesha: Purple Sunrise: 6:49AM

Muruqa: Clear Sunset: 4:33PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nashville, TN

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.36 Tithi 20 - 21

842523465 Rahu 8:03AM - 9:16AM

Gulika 12:54PM - 2:07PM

Yama 10:29AM - 11:41AM

Ashlesha* Until 3:02PM

Vaidhriti* Until 2:24PM

Gara Until 3:06AM Tue

Panchami Until 4:04PM

Ganesha: Clear Sunrise: 6:50AM

Muruqa: Clear Sunset: 4:33PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Nashville, TN

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.42 Tithi 21 - 22

852523465 Rahu 2:08PM - 3:21PM

Gulika 11:42AM - 12:55PM

Yama 9:16AM - 10:29AM

Magha* Until 1:50PM

Vishkambha* Until 11:33AM

Visti Until 1:02AM Wed

Shashthi* Until 2:03PM

Ganesha: Purple Sunrise: 6:51AM

Muruqa: Clear Sunset: 4:33PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashamyam Titau

Nashville, TN

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.51 Tithi 22 - 23

852523465 Rahu 11:42AM - 12:55PM

Gulika 10:30AM - 11:42AM

Yama 8:04AM - 9:17AM

Purvaphalguni Until 12:27PM

Priti Until 8:40AM

Balava Until 10:57PM

Saptami Until 11:59AM

Ganesha: Purple Sunrise: 6:51AM

Muruqa: Clear Sunset: 4:34PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nashville, TN

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 7.01 Tithi 23 - 24

852523465 Rahu 12:56PM - 2:09PM

Gulika 9:17AM - 10:30AM

Yama 6:52AM - 8:05AM

Uttaraphalguni Until 10:55AM

Saubhagya Until 2:50AM Fri

Taitila Until 8:53PM

Ashtami* Until 9:54AM

Ganesha: Purple Sunrise: 6:52AM

Muruqa: Clear Sunset: 4:34PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Until 10:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Nashville, TN Sun 8 Sutra 250 Vikarin 5121
Kanya Rasi: 21.09	Tithi 24 – 25	Gulika 8:05AM – 9:18AM	Hasta Until 9:41AM	Ganesha: Clear	<i>Sunrise:</i> 6:52AM	
		Yama 2:09PM – 3:22PM	Sobhana Until 11:59PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 35
	862523465	Rahu 10:31AM – 11:43AM	Vanija Until 6:51PM	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 7:50AM	Moon – Green		Devaloka Day
Until 9:41AM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Nashville, TN Sun 9 Sutra 251 Vikarin 5121
Tula Rasi: 5.16	Tithi 26	Gulika 6:53AM – 8:06AM	Chitra Until 8:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	
		Yama 12:57PM – 2:10PM	Athiganda* Until 9:12PM	Muruqa: Clear	<i>Sunset:</i> 4:35PM	Moon 12 - Phase 35
	862523465	Rahu 9:18AM – 10:31AM	Bava Until 4:54PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Moon – Green		Devaloka Day
Until 8:22AM			Ekadashi* Until 3:58AM Sun	Margasira*Markali		
Then Creative Work - Siddha Yoga						

3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Nashville, TN Sun 10 Sutra 252 Vikarin 5121
Tula Rasi: 19.17	Tithi 27	Gulika 2:10PM – 3:23PM	Svati Until 7:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	
		Yama 11:44AM – 12:57PM	Sukarma Until 6:33PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 35
	862523465	Rahu 3:23PM – 4:36PM	Kaulava Until 3:07PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Moon – Green		Devaloka Day
Until 7:03AM			Dvadashi* Until 2:17AM Mon	Margasira*Markali		
Then Routine Work - Marana Yoga						

4		Monday, December 23, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Nashville, TN Sun 11 Sutra 253 Vikarin 5121
Vrischika Rasi: 3.12	Tithi 28	Gulika 12:58PM – 2:11PM	Vishakha Until 6:13AM	Ganesha: White	<i>Sunrise:</i> 6:54AM	
Family Home Evening		Yama 10:32AM – 11:45AM	Dhriti Until 4:07PM	Muruqa: Clear	<i>Sunset:</i> 4:36PM	Moon 12 - Phase 35
Routine Work	Marana Yoga	Rahu 8:07AM – 9:19AM	Gara Until 1:34PM	Nataraja: Clear		2nd Phase
Until 6:13AM			Day 3 of Pancha Ganapati	Moon – Orange		Bhuloka Day
Then Creative Work - Siddha Yoga			Trayodashi* Until 12:52AM Tue	Margasira*Markali		Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Nashville, TN Sun 12 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.56	Tithi 29	Gulika 11:45AM – 12:58PM	Jyeshtha* Until 5:02AM Wed	Ganesha: White	<i>Sunrise:</i> 6:54AM	
		Yama 9:20AM – 10:33AM	Shula* Until 1:54PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 35
	872523465	Rahu 2:11PM – 3:24PM	Visti Until 12:19PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Day 4 of Pancha Ganapati	Moon – Orange		Bhuloka Day
Until 5:19AM Thu			Chaturdashi* Until 11:49PM	Margasira*Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nashville, TN Sun 13 Sutra 255 Vikarin 5121
Dhanus Rasi: 0.26	Tithi 30	Gulika 10:33AM – 11:46AM	Mula* Until 5:19AM Thu	Ganesha: Orange	<i>Sunrise:</i> 6:55AM	
		Yama 8:08AM – 9:20AM	Ganda* Until 12:02PM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 12 - Phase 35
	883523465	Rahu 11:46AM – 12:59PM	Catuspada Until 11:29AM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Day 5 of Pancha Ganapati	Moon – Light Blue		Devaloka Day
Until 5:19AM Thu			Amavasya* Until 11:14PM	Margasira*Markali		
Then Creative Work - Siddha Yoga						

Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Nashville, TN Sun 14 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.41	Tithi 1	Gulika 9:21AM – 10:34AM	Purvashadha* Until 6:00AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:55AM	
		Yama 6:55AM – 8:08AM	Vridhhi Until 10:34AM	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 35
	883523466	Rahu 12:59PM – 2:12PM	Kintughna Until 11:09AM	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Day 6 of Pancha Ganapati	Moon – Light Blue		Devaloka Day
Until 6:00AM Fri			Prathama* Until 11:10PM	Pausha*Markali		
Then Routine Work - Marana Yoga		Annular Solar Eclipse				

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Nashville, TN
Dhanus Rasi: 26.4	Tithi 2	Gulika 8:08AM – 9:21AM	Purvashadha* Until 6:00AM	Ganesha: Orange	Sunrise: 6:55AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:13PM – 3:26PM	Dhruva Until 9:31AM	Muruqa: Clear	Sunset: 4:39PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 10:34AM – 11:47AM	Balava Until 11:22AM	Nataraja: Orange				3rd Phase
			Dvitiya Until 11:42PM	Moon – Light Blue				Devaloka Day
				Pausa-Markali				

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Nashville, TN
Makara Rasi: 9.21	Tithi 3	Gulika 6:56AM – 8:09AM	Uttarashadha Until 7:04AM	Ganesha: Orange	Sunrise: 6:56AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:00PM – 2:13PM	Vyaghata* Until 8:56AM	Muruqa: Clear	Sunset: 4:39PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 9:22AM – 10:35AM	Taitila Until 12:12PM	Nataraja: Orange				3rd Phase
Until 7:04AM			Tritiya Until 12:49AM Sun	Moon – Light Blue				Devaloka Day
Then Creative Work - Siddha Yoga				Pausa-Markali				

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Nashville, TN
Makara Rasi: 21.46	Tithi 4	Gulika 2:14PM – 3:27PM	Shravana Until 9:02AM	Ganesha: Clear	Sunrise: 6:56AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 11:48AM – 1:01PM	Harshana Until 8:48AM	Muruqa: Clear	Sunset: 4:40PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	893523466 Rahu 3:27PM – 4:40PM	Vanija Until 1:37PM	Nataraja: Orange				3rd Phase
Until 9:02AM			Chaturthi* Until 2:29AM Mon	Moon – Purple				Devaloka Day
Then Routine Work - Marana Yoga				Pausa-Markali				

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Nashville, TN
Kumbha Rasi: 3.58	Tithi 5	Gulika 1:02PM – 2:15PM	Dhanishtha Until 11:20AM	Ganesha: Clear	Sunrise: 6:56AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:35AM – 11:48AM	Vajra* Until 9:03AM	Muruqa: Clear	Sunset: 4:41PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	893523466 Rahu 8:09AM – 9:22AM	Bava Until 3:31PM	Nataraja: Orange				3rd Phase
			Panchami Until 4:36AM Tue	Moon – Purple				Devaloka Day
				Pausa-Markali				

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Nashville, TN
Kumbha Rasi: 16	Tithi 6	Gulika 11:49AM – 1:02PM	Shatabhishak Until 1:50PM	Ganesha: Clear	Sunrise: 6:57AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 9:23AM – 10:36AM	Siddhi Until 9:36AM	Muruqa: Clear	Sunset: 4:41PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	893523466 Rahu 2:15PM – 3:28PM	Kaulava Until 5:48PM	Nataraja: Orange				3rd Phase
			Shashthi* Until 7:01AM Wed	Moon – Purple				Devaloka Day
				Pausa-Markali				

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nashville, TN
Kumbha Rasi: 27.56	Tithi 6 – 7	Gulika 10:37AM – 11:50AM	Purvaproshtapada* Until 4:54PM	Ganesha: Blue	Sunrise: 6:57AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:10AM – 9:23AM	Vyatipata* Until 10:21AM	Muruqa: Clear	Sunset: 4:43PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	813623466 Rahu 11:50AM – 1:03PM	Gara Until 8:17PM	Nataraja: Orange				3rd Phase
Until 4:54PM			Shashthi* Until 7:01AM	Moon – Clear				Bhuloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Pausa-Markali				Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nashville, TN
Meena Rasi: 9.49	Tithi 7 – 8	Gulika 9:24AM – 10:37AM	Uttaraproshtapada Until 7:48PM	Ganesha: Blue	Sunrise: 6:57AM	Sun 21	Sutra 263	Vikarin 5121
		Yama 6:57AM – 8:10AM	Variyan Until 11:08AM	Muruqa: Clear	Sunset: 4:44PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 1:04PM – 2:17PM	Visti Until 10:46PM	Nataraja: Orange				Ashtami
			Saptami Until 9:31AM	Moon – Clear				Bhuloka Day
				Pausa-Markali				Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nashville, TN
Meena Rasi: 21.43	Tithi 8 – 9	Gulika 8:11AM – 9:24AM	Revati Until 10:23PM	Ganesha: Blue	Sunrise: 6:57AM	Sun 22	Sutra 264	Vikarin 5121
		Yama 2:18PM – 3:31PM	Parigha* Until 11:51AM	Muruqa: Clear	Sunset: 4:45PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 10:37AM – 11:51AM	Balava Until 1:02AM Sat	Nataraja: Orange				Navami
Until 10:23PM			Ashtami* Until 11:55AM	Moon – Clear				Bhuloka Day
Then Creative Work - Amrita Yoga				Pausa-Markali				Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Nashville, TN Sun 23 Sutra 265 Vikarin 5121	
Mesha Rasi: 3.44	Tithi 9 – 10	823623466	Gulika 6:57AM – 8:11AM Yama 1:05PM – 2:18PM Rahu 9:24AM – 10:38AM	Ashvini Until 12:54AM Sun Shiva Until 12:21PM Taitila Until 2:54AM Sun Navami* Until 2:01PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:57AM Sunset: 4:45PM	Moon 12 - Phase 37 4th Phase Devaloka Day
Creative Work Siddha Yoga		Until 12:54AM Sun		Then Routine Work - Prabalarishta Yoga			
2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nashville, TN Sun 24 Sutra 266 Vikarin 5121	
Mesha Rasi: 15.56	Tithi 10 – 11	823623466	Gulika 2:19PM – 3:33PM Yama 11:52AM – 1:05PM Rahu 3:33PM – 4:46PM	Bharani Until 2:44AM Mon Siddha Until 12:27PM Vanija Until 4:11AM Mon Dashami Until 3:36PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:57AM Sunset: 4:46PM	Moon 12 - Phase 37 4th Phase Devaloka Day
Routine Work Prabalarishta Yoga		Until 2:44AM Mon		Then Routine Work - Marana Yoga			
3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Nashville, TN Sun 25 Sutra 267 Vikarin 5121	
Mesha Rasi: 28.22	Tithi 11 – 12	823623466	Gulika 1:06PM – 2:20PM Yama 10:38AM – 11:52AM Rahu 8:11AM – 9:25AM	Krittika Until 3:45AM Tue Sadhya Until 12:06PM Bava Until 4:47AM Tue Ekadashi Until 4:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White Pausha-Markali	Sunrise: 6:57AM Sunset: 4:47PM	Moon 12 - Phase 37 4th Phase Devaloka Day
Family Home Evening		Until 3:45AM Tue		Then Creative Work - Amrita Yoga			
4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nashville, TN Sun 26 Sutra 268 Vikarin 5121	
Vrishabha Rasi: 11.07	Tithi 12 – 13	833623466	Gulika 11:53AM – 1:06PM Yama 9:25AM – 10:39AM Rahu 2:20PM – 3:34PM	Rohini Until 4:22AM Wed Subha Until 11:13AM Kaulava Until 4:38AM Wed Dvadashi Until 4:47PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:57AM Sunset: 4:48PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga		Until 4:22AM Wed		Then Creative Work - Siddha Yoga			
5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Nashville, TN Sun 27 Sutra 269 Vikarin 5121	
Vrishabha Rasi: 24.13	Tithi 13 – 14	833623466	Gulika 10:39AM – 11:53AM Yama 8:11AM – 9:25AM Rahu 11:53AM – 1:07PM	Mrigashira Until 4:09AM Thu Sukla Until 9:44AM Gara Until 3:48AM Thu Trayodashi Until 4:17PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:57AM Sunset: 4:49PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga		Until 4:09AM Thu		Then Routine Work - Marana Yoga			
○		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Nashville, TN Sutra 270 Vikarin 5121	
Mithuna Rasi: 7.43	Tithi 14 – 15	834623466	Gulika 9:25AM – 10:39AM Yama 6:57AM – 8:11AM Rahu 1:08PM – 2:22PM	Ardra Until 3:10AM Fri Brahma Until 7:44AM Visti Until 2:19AM Fri Chaturdashi* Until 3:07PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow Pausha-Markali	Sunrise: 6:57AM Sunset: 4:50PM	Moon 12 - Phase 37 Purnima Devaloka Day
Routine Work Marana Yoga		Until 3:10AM Fri		Then Creative Work - Siddha Yoga			
○		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Nashville, TN Sutra 271 Vikarin 5121	
Mithuna Rasi: 21.34	Tithi 15 – 16	844623466	Gulika 8:11AM – 9:25AM Yama 2:22PM – 3:37PM Rahu 10:40AM – 11:54AM	Punarvasu Until 1:59AM Sat Vaidhriti* Until 2:22AM Sat Balava Until 12:20AM Sat Purnima* Until 1:22PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue Pausha-Markali	Sunrise: 6:57AM Sunset: 4:51PM	Moon 12 - Phase 37 Prathama Sivaloka Day
Creative Work Siddha Yoga		Penumbral Lunar Eclipse					

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Saturday, January 11, 2020
Gold Retreat Star

Kataka Rasi: 5.43 Tithi 16 – 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nashville, TN
Sun 1 Sutra 272
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 6:57AM – 8:11AM
Yama 1:09PM – 2:23PM
Rahu 9:26AM – 10:40AM

Pushya Until 12:17AM Sun
Vishkambha* Until 11:12PM
Taitila Until 9:58PM
Prathama* Until 11:10AM

Ganesha: White *Sunrise:* 6:57AM
Muruqa: Clear *Sunset:* 4:52PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

1

Sunday, January 12, 2020

Kataka Rasi: 20.06 Tithi 17 – 18

844623466

Creative Work Siddha Yoga

Until 10:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nashville, TN
Sun 2 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 2:24PM – 3:38PM
Yama 11:55AM – 1:09PM
Rahu 3:38PM – 4:53PM

Ashlesha* Until 10:13PM
Priti Until 7:51PM
Vanija Until 7:21PM
Dvitiya Until 8:40AM

Ganesha: White *Sunrise:* 6:57AM
Muruqa: Clear *Sunset:* 4:53PM
Nataraja: Orange
Moon – Blue
Pausha-Markali

Sivaloka Day

2

Monday, January 13, 2020

Simha Rasi: 4.37 Tithi 19

854623466

Family Home Evening

Routine Work Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Titau

Nashville, TN
Sun 3 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 1:10PM – 2:24PM
Yama 10:40AM – 11:55AM
Rahu 8:11AM – 9:26AM

Magha* Until 8:21PM
Ayushman Until 4:24PM
Balava Until 4:39PM
Chaturthi* Until 3:16AM Tue

Ganesha: Clear *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:54PM
Nataraja: Orange
Moon – Red
Pausha-Markali

Devaloka Day

3

Tuesday, January 14, 2020

Simha Rasi: 19.1 Tithi 20

854623466

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nashville, TN
Sun 4 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 11:55AM – 1:10PM
Yama 9:26AM – 10:41AM
Rahu 2:25PM – 3:40PM

Purvaphalguni Until 6:23PM
Saubhagya Until 12:58PM
Kaulava Until 1:57PM
Panchami Until 12:38AM Wed

Ganesha: Clear *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:55PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

4

Wednesday, January 15, 2020

Kanya Rasi: 3.39 Tithi 21

854623466

Creative Work Amrita Yoga

Until 4:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Nashville, TN
Sun 5 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 10:41AM – 11:56AM
Yama 8:11AM – 9:26AM
Rahu 11:56AM – 1:11PM

Uttaraphalguni Until 4:26PM
Sobhana Until 9:40AM
Gara Until 11:24AM
Shashthi* Until 10:11PM

Ganesha: Clear *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:56PM
Nataraja: Orange
Moon – Red
Pausha-Thai

Devaloka Day

5

Thursday, January 16, 2020

Kanya Rasi: 17.59 Tithi 22

864623466

Routine Work Marana Yoga

Until 3:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Nashville, TN
Sun 6 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Gulika 9:26AM – 10:41AM
Yama 6:56AM – 8:11AM
Rahu 1:11PM – 2:26PM

Hasta Until 3:00PM
Athiganda* Until 6:30AM
Visti Until 9:04AM
Saptami Until 7:59PM

Ganesha: Purple *Sunrise:* 6:56AM
Muruqa: Clear *Sunset:* 4:57PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

●

Friday, January 17, 2020

Retreat Star

Tula Rasi: 2.08 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Nashville, TN
Sun 7 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Gulika 8:11AM – 9:26AM
Yama 2:27PM – 3:42PM
Rahu 10:41AM – 11:56AM

Chitra Until 1:43PM
Dhriti Until 12:56AM Sat
Balava Until 7:01AM
Ashtami* Until 6:06PM

Ganesha: Purple *Sunrise:* 6:55AM
Muruqa: Clear *Sunset:* 4:58PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 16.05 Tithi 24 – 25

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nashville, TN
Sun 8 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Gulika 6:55AM – 8:10AM
Yama 1:12PM – 2:28PM
Rahu 9:26AM – 10:41AM

Svati Until 12:39PM
Shula* Until 10:33PM
Vanija Until 3:58AM Sun
Navami* Until 4:35PM

Ganesha: Purple *Sunrise:* 6:55AM
Muruqa: Clear *Sunset:* 4:59PM
Nataraja: Orange
Moon – Green
Pausha-Thai

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Nashville, TN Sun 9 Sutra 280 Vikarin 5121
Tula Rasi: 29.48	Tithi 25 – 26	Gulika	2:28PM – 3:44PM	Vishakha Until 12:14PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
		Yama	11:57AM – 1:13PM	Ganda* Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 Rahu	3:44PM – 5:00PM	Bava Until 3:01AM Mon	Nataraja: Orange		2nd Phase
				Dashami Until 3:26PM	Moon – Orange		Devaloka Day
					Pausha*Thai		

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau			Nashville, TN Sun 10 Sutra 281 Vikarin 5121
Vrischika Rasi: 13.17	Tithi 26 – 27	Gulika	1:13PM – 2:29PM	Anuradha Until 12:02PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	
Family Home Evening		Yama	10:42AM – 11:57AM	Vriddhi Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 Rahu	8:10AM – 9:26AM	Kaulava Until 2:27AM Tue	Nataraja: Orange		2nd Phase
				Ekadashi* Until 2:40PM	Moon – Orange		Devaloka Day
					Pausha*Thai		

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau			Nashville, TN Sun 11 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.34	Tithi 27 – 28	Gulika	11:58AM – 1:14PM	Jyeshtha* Until 12:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	
		Yama	9:26AM – 10:42AM	Dhruva Until 5:17PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	875623466 Rahu	2:30PM – 3:46PM	Gara Until 2:18AM Wed	Nataraja: Orange		2nd Phase
Until 12:05PM				Dvadashti* Until 2:18PM	Moon – Orange		Bhuloka Day
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Nashville, TN Sun 12 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.38	Tithi 28 – 29	Gulika	10:42AM – 11:58AM	Mula* Until 12:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:53AM	
		Yama	8:09AM – 9:25AM	Vyaghata* Until 4:10PM	Muruqa: Clear	<i>Sunset:</i> 5:03PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu	11:58AM – 1:14PM	Visti Until 2:34AM Thu	Nataraja: Orange		2nd Phase
Until 12:51PM				Trayodashi* Until 2:21PM	Moon – Light Blue		Bhuloka Day
Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Nashville, TN Sun 13 Sutra 284 Vikarin 5121
Dhanus Rasi: 22.29	Tithi 29 – 30	Gulika	9:25AM – 10:42AM	Purvashadha* Until 1:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:52AM	
		Yama	6:52AM – 8:09AM	Harshana Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 5:04PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 Rahu	1:15PM – 2:31PM	Catuspada Until 3:15AM Fri	Nataraja: Orange		Amavasya
Until 1:51PM				Chaturdashi* Until 2:50PM	Moon – Light Blue		Bhuloka Day
Then Routine Work - Marana Yoga					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Nashville, TN Sun 14 Sutra 285 Vikarin 5121
Makara Rasi: 5.08	Tithi 30 – 1	Gulika	8:09AM – 9:25AM	Uttarashadha Until 3:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:52AM	
		Yama	2:32PM – 3:48PM	Vajra* Until 2:54PM	Muruqa: Clear	<i>Sunset:</i> 5:05PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 Rahu	10:42AM – 11:58AM	Kintughna Until 4:23AM Sat	Nataraja: Orange		Prathama
				Amavasya* Until 3:44PM	Moon – Light Blue		Bhuloka Day
					Magha*Thai		Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nashville, TN
	Makara Rasi: 17.37	Tithi 1 – 2	995623466	Gulika 6:51AM – 8:08AM Yama 1:15PM – 2:32PM Rahu 9:25AM – 10:42AM	Shravana Until 5:08PM Siddhi Until 2:46PM Balava Until 5:56AM Sun Prathama* Until 5:05PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 15 Sutra 286 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Sunday, January 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kaulava Karana Dvitiyayam Titau				Nashville, TN
	Makara Rasi: 29.53	Tithi 2	995723466	Gulika 2:33PM – 3:50PM Yama 11:59AM – 1:16PM Rahu 3:50PM – 5:07PM	Dhanishtha Until 7:21PM Vyatipata* Until 2:57PM Kaulava Until 6:50PM Dvitiya Until 6:50PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 16 Sutra 287 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				Devaloka Day	
	Until 7:21PM	Then Creative Work - Siddha Yoga					

3	Monday, January 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Nashville, TN
	Kumbha Rasi: 12.01	Tithi 3	995723466	Gulika 1:16PM – 2:34PM Yama 10:42AM – 11:59AM Rahu 8:07AM – 9:25AM	Shatabhishak Until 9:45PM Vriyan Until 3:23PM Tailila Until 7:52AM Tritiya Until 8:56PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple Magha*Thai	Sun 17 Sutra 288 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Family Home Evening	Siddha Yoga				Devaloka Day	
	Until 9:45PM	Then Routine Work - Marana Yoga					

4	Tuesday, January 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Nashville, TN
	Kumbha Rasi: 24.01	Tithi 4	915723466	Gulika 11:59AM – 1:17PM Yama 9:24AM – 10:42AM Rahu 2:34PM – 3:52PM	Purvaproshtapada* Until 12:44AM We Parigha* Until 4:02PM Vanija Until 10:06AM Chaturthi* Until 11:18PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 18 Sutra 289 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				Sivaloka Day	
	Until 12:44AM Wed	Then Creative Work - Siddha Yoga					

5	Wednesday, January 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Nashville, TN
	Meena Rasi: 5.56	Tithi 5	915723466	Gulika 10:42AM – 11:59AM Yama 8:06AM – 9:24AM Rahu 11:59AM – 1:17PM	Uttaraproshtapada Until 3:41AM Thu Shiva Until 4:51PM Bava Until 12:34PM Panchami Until 1:49AM Thu	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 19 Sutra 290 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Sivaloka Day	

6	Thursday, January 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau				Nashville, TN
	Meena Rasi: 17.48	Tithi 6	916723466	Gulika 9:24AM – 10:42AM Yama 6:48AM – 8:06AM Rahu 1:17PM – 2:35PM	Revati Until 6:26AM Fri Siddha Until 5:40PM Kaulava Until 3:06PM Shashthi* Until 4:19AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 20 Sutra 291 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				Devaloka Day	
	Until 6:26AM Fri	Then Creative Work - Amrita Yoga					

Friday, January 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Nashville, TN
Retreat Star		916723466	Gulika 8:05AM – 9:23AM Yama 2:36PM – 3:54PM Rahu 10:42AM – 12:00PM	Revati Until 6:26AM Sadhya Until 6:25PM Gara Until 5:32PM Saptami Until 6:38AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear Magha*Thai	Sun 21 Sutra 292 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga				Devaloka Day	
Until 6:26AM	Then Creative Work - Amrita Yoga					

D	Saturday, February 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nashville, TN
	Retreat Star		926723466	Gulika 6:47AM – 8:05AM Yama 1:18PM – 2:36PM Rahu 9:23AM – 10:42AM	Ashvini Until 9:20AM Subha Until 6:57PM Visti Until 7:40PM Saptami Until 6:38AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 22 Sutra 293 Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Sunday, February 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nashville, TN
Retreat Star		926723466	Gulika 2:37PM – 3:55PM Yama 12:00PM – 1:18PM Rahu 3:55PM – 5:13PM	Bharani Until 11:39AM Sukla Until 7:05PM Balava Until 9:18PM Ashtami* Until 8:32AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White Magha*Thai	Sun 23 Sutra 294 Vikarin 5121 Moon 1 - Phase 40 Navami
Routine Work	Prabalarishta Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 11:39AM	Then Creative Work - Siddha Yoga					

Monday, February 3, 2020 Nashville, TN
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Sun 24
 Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau Sutra 295
1 Vikarin 5121
 Vrishabha Rasi: 6.08 Tithi 9 – 10 Moon 1 - Phase 41
Family Home Evening 926723466 **Rahu** 8:04AM – 9:23AM 4th Phase
 Routine Work Marana Yoga
 Until 1:12PM
 Then Creative Work - Amrita Yoga

Gulika 1:19PM – 2:37PM	Krittika Until 1:12PM	Ganesha: Green Sunrise: 6:46AM	
Yama 10:41AM – 12:00PM	Brahma Until 6:42PM	Muruqa: Clear Sunset: 5:14PM	
	Taitila Until 10:13PM	Nataraja: Orange	
	Navami* Until 9:50AM	Moon – White	Bhuloka Day
		Magha-Thai	Devaloka Time: 3:PM to 6:PM

Tuesday, February 4, 2020 Nashville, TN
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Sun 25
 Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sutra 296
2 Vikarin 5121
 Vrishabha Rasi: 18.49 Tithi 10 – 11 Moon 1 - Phase 41
 936723467 **Rahu** 2:38PM – 3:57PM 4th Phase
 Creative Work Amrita Yoga
 Until 2:20PM
 Then Creative Work - Siddha Yoga

Gulika 12:00PM – 1:19PM	Rohini Until 2:20PM	Ganesha: Red Sunrise: 6:45AM	
Yama 9:22AM – 10:41AM	Indra Until 5:44PM	Muruqa: Clear Sunset: 5:15PM	
	Vanija Until 10:19PM	Nataraja: Clear	
	Dashami Until 10:21AM	Moon – Yellow	Devaloka Day
		Magha-Thai	

Wednesday, February 5, 2020 Nashville, TN
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Sun 26
 Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sutra 297
3 Vikarin 5121
 Mithuna Rasi: 1.55 Tithi 11 – 12 Moon 1 - Phase 41
 936723467 **Rahu** 12:00PM – 1:19PM 4th Phase
 Creative Work Siddha Yoga

Gulika 10:41AM – 12:00PM	Mrigashira Until 2:29PM	Ganesha: Red Sunrise: 6:44AM	
Yama 8:03AM – 9:22AM	Vaidhriti* Until 4:05PM	Muruqa: Clear Sunset: 5:16PM	
	Bava Until 9:35PM	Nataraja: Clear	
	Ekadashi Until 10:02AM	Moon – Yellow	Devaloka Day
		Magha-Thai	

Thursday, February 6, 2020 Nashville, TN
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Sun 27
 Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sutra 298
4 Vikarin 5121
 Mithuna Rasi: 15.28 Tithi 12 – 13 Moon 1 - Phase 41
 936723467 **Rahu** 1:20PM – 2:39PM 4th Phase
 Routine Work Marana Yoga
 Until 1:41PM
 Then Creative Work - Amrita Yoga

Gulika 9:22AM – 10:41AM	Ardra Until 1:41PM	Ganesha: Red Sunrise: 6:43AM	
Yama 6:43AM – 8:02AM	Vishkambha* Until 1:48PM	Muruqa: Clear Sunset: 5:18PM	
	Kaulava Until 8:03PM	Nataraja: Clear	
	Dvadashi Until 8:54AM	Moon – Yellow	Devaloka Day
		Magha-Thai	

Pradosha Vrata

Friday, February 7, 2020 Nashville, TN
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Sun 28
 Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau Sutra 299
5 Vikarin 5121
 Mithuna Rasi: 29.28 Tithi 13 – 14 Moon 1 - Phase 41
 947723467 **Rahu** 10:41AM – 12:00PM 4th Phase
 Creative Work Siddha Yoga
 Until 12:28PM
 Then Routine Work - Marana Yoga

Gulika 8:02AM – 9:21AM	Punarvasu Until 12:28PM	Ganesha: Blue Sunrise: 6:42AM	
Yama 2:39PM – 3:59PM	Priti Until 10:57AM	Muruqa: Clear Sunset: 5:19PM	
	Vanija Until 4:29AM Sat	Nataraja: Clear	
	Trayodashi Until 7:00AM	Moon – Blue	Bhuloka Day
		Magha-Thai	Devaloka Time: 3:PM to 6:PM

Saturday, February 8, 2020 Nashville, TN
Copper Retreat Star Sutra 300
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Vikarin 5121
 Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau Moon 1 - Phase 41
 Kataka Rasi: 13.54 Tithi 15 Purnima
 947723467 **Rahu** 9:21AM – 10:41AM
 Creative Work Siddha Yoga
 Until 10:31AM
 Then Routine Work - Marana Yoga

Gulika 6:41AM – 8:01AM	Pushya Until 10:31AM	Ganesha: Blue Sunrise: 6:41AM	
Yama 1:20PM – 2:40PM	Ayushman Until 7:36AM	Muruqa: Clear Sunset: 5:20PM	
	Visti Until 3:03PM	Nataraja: Clear	
	Purnima* Until 1:30AM Sun	Moon – Blue	Bhuloka Day
		Magha-Thai	Devaloka Time: 3:PM to 6:PM

Sunday, February 9, 2020 Nashville, TN
Silver Retreat Star Sutra 301
 Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vikarin 5121
 Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau Moon 1 - Phase 41
 Kataka Rasi: 28.39 Tithi 16 Prathama
 947723467 **Rahu** 4:01PM – 5:21PM
 Creative Work Siddha Yoga
 Until 8:01AM
 Then Routine Work - Marana Yoga

Gulika 2:40PM – 4:01PM	Ashlesha* Until 8:01AM	Ganesha: Blue Sunrise: 6:40AM	
Yama 12:00PM – 1:20PM	Sobhana Until 11:59PM	Muruqa: Clear Sunset: 5:21PM	
	Balava Until 11:54AM	Nataraja: Clear	
	Prathama* Until 10:13PM	Moon – Blue	Bhuloka Day
		Magha-Thai	Devaloka Time: 3:PM to 6:PM



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 14 Tithi 17
Family Home Evening 957723467
Creative Work Siddha Yoga
Until 2:52AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:21PM – 2:41PM
Yama 10:40AM – 12:00PM
Rahu 7:59AM – 9:20AM
Purvaphalguni Until 2:52AM Tue
Athiganda* Until 7:56PM
Taitila Until 8:31AM
Dvitiya Until 6:47PM

Ganesha: Red *Sunrise: 6:39AM*
Muruqa: Clear *Sunset: 5:22PM*
Nataraja: Clear
Moon – Red
Magha-Thai

Nashville, TN
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 28.37 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 12:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:00PM – 1:21PM
Yama 9:19AM – 10:40AM
Rahu 2:42PM – 4:02PM
Uttaraphalguni Until 12:08AM Wed
Sukarma Until 3:57PM
Bava Until 1:47AM Wed
Tritiya Until 3:24PM

Ganesha: Red *Sunrise: 6:38AM*
Muruqa: Clear *Sunset: 5:23PM*
Nataraja: Clear
Moon – Red
Magha-Thai

Nashville, TN
Sun 1
Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 13.32 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 9:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:40AM – 12:00PM
Yama 7:58AM – 9:19AM
Rahu 12:00PM – 1:21PM
Hasta Until 9:56PM
Dhriti Until 12:07PM
Kaulava Until 10:43PM
Chaturthi* Until 12:11PM

Ganesha: Green *Sunrise: 6:37AM*
Muruqa: Clear *Sunset: 5:24PM*
Nataraja: Clear
Moon – Green
Magha-Thai

Nashville, TN
Sun 2
Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 28.14 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 7:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:18AM – 10:39AM
Yama 6:36AM – 7:57AM
Rahu 1:21PM – 2:43PM
Chitra Until 7:58PM
Shula* Until 8:32AM
Gara Until 8:03PM
Panchami Until 9:19AM

Ganesha: White *Sunrise: 6:36AM*
Muruqa: Clear *Sunset: 5:25PM*
Nataraja: Clear
Moon – Green
Magha-Masi

Nashville, TN
Sun 3
Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 12.37 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Vriddhi* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Gulika 7:56AM – 9:18AM
Yama 2:43PM – 4:04PM
Rahu 10:39AM – 12:00PM
Svati Until 6:23PM
Vriddhi Until 2:35AM Sat
Bava Until 5:01AM Sat
Shashthi* Until 6:53AM

Ganesha: White *Sunrise: 6:35AM*
Muruqa: Clear *Sunset: 5:26PM*
Nataraja: Clear
Moon – Green
Magha-Masi

Nashville, TN
Sun 4
Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.39 Tithi 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:34AM – 7:55AM
Yama 1:22PM – 2:44PM
Rahu 9:17AM – 10:39AM
Vishakha Until 5:39PM
Dhruva Until 12:17AM Sun
Balava Until 4:19PM
Ashtami* Until 3:44AM Sun

Ganesha: Clear *Sunrise: 6:34AM*
Muruqa: Clear *Sunset: 5:27PM*
Nataraja: Clear
Moon – Orange
Magha-Masi

Nashville, TN
Sun 5
Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 10.19 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:44PM – 4:06PM
Yama 12:00PM – 1:22PM
Rahu 4:06PM – 5:28PM
Anuradha Until 5:23PM
Vyaghata* Until 10:30PM
Taitila Until 3:22PM
Navami* Until 3:06AM Mon

Ganesha: Clear *Sunrise: 6:33AM*
Muruqa: Clear *Sunset: 5:28PM*
Nataraja: Clear
Moon – Orange
Magha-Masi

Nashville, TN
Sun 6
Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau	Nashville, TN Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.37	Tithi 25	Gulika 1:22PM – 2:44PM	Jyeshtha* Until 5:33PM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM
Family Home Evening	978723467	Yama 10:38AM – 12:00PM	Harshana Until 9:12PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM
Creative Work	Siddha Yoga	Rahu 7:54AM – 9:16AM	Vanija Until 3:01PM	Nataraja: Clear	Moon 2 - Phase 43
			Dashami Until 3:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Nashville, TN Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.37	Tithi 26	Gulika 12:00PM – 1:23PM	Mula* Until 6:36PM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM
	988723467	Yama 9:15AM – 10:38AM	Vajra* Until 8:19PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM
Creative Work	Amrita Yoga	Rahu 2:45PM – 4:07PM	Bava Until 3:16PM	Nataraja: Clear	Moon 2 - Phase 43
Until 6:36PM			Ekadashi* Until 3:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Nashville, TN Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 19.2	Tithi 27	Gulika 10:37AM – 12:00PM	Purvashadha* Until 7:58PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM
	988723467	Yama 7:52AM – 9:15AM	Siddhi Until 7:49PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
Creative Work	Amrita Yoga	Rahu 12:00PM – 1:23PM	Kaulava Until 4:01PM	Nataraja: Clear	Moon 2 - Phase 43
			Dvadashi* Until 4:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau	Nashville, TN Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.52	Tithi 28	Gulika 9:14AM – 10:37AM	Uttarashadha Until 9:35PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM
	989823467	Yama 6:28AM – 7:51AM	Vyatipata* Until 7:40PM	Muruqa: Clear	<i>Sunset:</i> 5:32PM
Routine Work	Marana Yoga	Rahu 1:23PM – 2:46PM	Gara Until 5:12PM	Nataraja: Clear	Moon 2 - Phase 43
Until 9:35PM			Trayodashi* Until 5:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga			Pradosha Vrata (Fasting)	Magha-Masi	Devaloka Time: 3:PM to 6:PM

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau	Nashville, TN Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 14.13	Tithi 29	Gulika 7:50AM – 9:13AM	Shravana Until 11:52PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:27AM
	999823467	Yama 2:46PM – 4:09PM	Variyan Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM
Routine Work	Marana Yoga	Rahu 10:37AM – 12:00PM	Visti Until 6:45PM	Nataraja: Clear	Moon 2 - Phase 43
Until 11:52PM			Chaturdashi* Until 7:37AM Sat	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Nashville, TN Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 26.26	Tithi 29 – 30	Gulika 6:26AM – 7:49AM	Dhanishtha Until 2:16AM Sun	Ganesha: Light Blue	<i>Sunrise:</i> 6:26AM
	999823467	Yama 1:23PM – 2:47PM	Parigha* Until 8:04PM	Muruqa: Clear	<i>Sunset:</i> 5:34PM
Creative Work	Siddha Yoga	Rahu 9:13AM – 10:36AM	Catuspada Until 8:36PM	Nataraja: Clear	Moon 2 - Phase 43
			Chaturdashi* Until 7:37AM	Moon – Purple	Bhuloka Day
		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Nashville, TN Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.32	Tithi 30 – 1	Gulika 2:47PM – 4:11PM	Shatabhishak Until 4:43AM Mon	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM
	999823467	Yama 12:00PM – 1:23PM	Shiva Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 5:35PM
Creative Work	Siddha Yoga	Rahu 4:11PM – 5:35PM	Kintughna Until 10:42PM	Nataraja: Clear	Moon 2 - Phase 43
Until 4:43AM Mon			Amavasya* Until 9:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nashville, TN Sun 14 Sutra 316
1		Gulika 1:23PM – 2:48PM	Purvaproshtapada* Until 7:41AM Tue	Ganesha: Orange <i>Sunrise: 6:23AM</i>		Vikarin 5121
Kumbha Rasi: 20.33	Tithi 1 – 2	Yama 10:35AM – 11:59AM	Siddha Until 9:15PM	Muruqa: Clear <i>Sunset: 5:36PM</i>		Moon 2 - Phase 44
Family Home Evening	919823467	Rahu 7:47AM – 9:11AM	Balava Until 1:00AM Tue	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Prathama* Until 11:48AM	Phalguna-Masi	Devaloka Day	
Until 7:41AM Tue						
Then Creative Work - Amrita Yoga						

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Nashville, TN Sun 15 Sutra 317
2		Gulika 11:59AM – 1:24PM	Purvaproshtapada* Until 7:41AM	Ganesha: Orange <i>Sunrise: 6:22AM</i>		Vikarin 5121
Meena Rasi: 2.29	Tithi 2 – 3	Yama 9:11AM – 10:35AM	Sadhya Until 10:02PM	Muruqa: Clear <i>Sunset: 5:37PM</i>		Moon 2 - Phase 44
Family Home Evening	919823467	Rahu 2:48PM – 4:12PM	Taitila Until 3:27AM Wed	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Dvitiya Until 2:11PM	Phalguna-Masi	Devaloka Day	
Until 7:41AM						
Then Creative Work - Amrita Yoga						

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nashville, TN Sun 16 Sutra 318
3		Gulika 10:35AM – 11:59AM	Uttaraproshtapada Until 10:36AM	Ganesha: Orange <i>Sunrise: 6:21AM</i>		Vikarin 5121
Meena Rasi: 14.23	Tithi 3 – 4	Yama 7:45AM – 9:10AM	Subha Until 10:55PM	Muruqa: Clear <i>Sunset: 5:38PM</i>		Moon 2 - Phase 44
Family Home Evening	919823467	Rahu 11:59AM – 1:24PM	Vanija Until 5:58AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 4:41PM	Phalguna-Masi	Devaloka Day	
Until 10:36AM						
Then Routine Work - Marana Yoga						

Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau				Nashville, TN Sun 17 Sutra 319
4		Gulika 9:09AM – 10:34AM	Revati Until 1:25PM	Ganesha: Orange <i>Sunrise: 6:19AM</i>		Vikarin 5121
Meena Rasi: 26.14	Tithi 4	Yama 6:19AM – 7:44AM	Sukla Until 11:45PM	Muruqa: Clear <i>Sunset: 5:38PM</i>		Moon 2 - Phase 44
Family Home Evening	919823467	Rahu 1:24PM – 2:49PM	Visti Until 7:12PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 7:12PM	Phalguna-Masi	Devaloka Day	
Until 1:25PM						
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day				

Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Nashville, TN Sun 18 Sutra 320
5		Gulika 7:43AM – 9:08AM	Ashvini Until 4:29PM	Ganesha: Purple <i>Sunrise: 6:18AM</i>		Vikarin 5121
Mesha Rasi: 8.07	Tithi 5	Yama 2:49PM – 4:14PM	Brahma Until 12:31AM Sat	Muruqa: Clear <i>Sunset: 5:39PM</i>		Moon 2 - Phase 44
Family Home Evening	921823467	Rahu 10:34AM – 11:59AM	Bava Until 8:27AM	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 9:37PM	Phalguna-Masi	Bhuloka Day	
Until 4:29PM					Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Nashville, TN Sun 19 Sutra 321
6		Gulika 6:17AM – 7:42AM	Bharani Until 7:10PM	Ganesha: Purple <i>Sunrise: 6:17AM</i>		Vikarin 5121
Mesha Rasi: 20.03	Tithi 6	Yama 1:24PM – 2:49PM	Indra Until 1:05AM Sun	Muruqa: Clear <i>Sunset: 5:40PM</i>		Moon 2 - Phase 44
Family Home Evening	921823467	Rahu 9:08AM – 10:33AM	Kaulava Until 10:45AM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 11:45PM	Phalguna-Masi	Bhuloka Day	
Until 7:10PM					Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Nashville, TN Sun 20 Sutra 322
Retreat Star		Gulika 2:50PM – 4:16PM	Krittika Until 9:16PM	Ganesha: Purple <i>Sunrise: 6:14AM</i>		Vikarin 5121
Vrishabha Rasi: 2.07	Tithi 7	Yama 11:58AM – 1:24PM	Vaidhriti* Until 1:14AM Mon	Muruqa: Orange <i>Sunset: 5:42PM</i>		Moon 2 - Phase 44
Family Home Evening	921833467	Rahu 4:16PM – 5:42PM	Gara Until 12:41PM	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Saptami Until 1:25AM Mon	Phalguna-Masi	Bhuloka Day	
					Devaloka Time: 3:PM to 6:PM	

Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Nashville, TN Sun 21 Sutra 323
Retreat Star		Gulika 1:24PM – 2:51PM	Rohini Until 11:04PM	Ganesha: Clear <i>Sunrise: 6:13AM</i>		Vikarin 5121
Vrishabha Rasi: 14.25	Tithi 8	Yama 10:32AM – 11:58AM	Vishkambha* Until 12:54AM Tue	Muruqa: Orange <i>Sunset: 5:43PM</i>		Moon 2 - Phase 44
Family Home Evening	931833467	Rahu 7:39AM – 9:05AM	Visti Until 2:01PM	Nataraja: Clear		Ashtami
Creative Work Amrita Yoga			Ashtami* Until 2:23AM Tue	Phalguna-Masi	Devaloka Day	

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Nashville, TN Sun 22 Sutra 324
Retreat Star		Gulika 11:58AM – 1:24PM	Mrigashira Until 11:55PM	Ganesha: Clear <i>Sunrise: 6:11AM</i>		Vikarin 5121
Vrishabha Rasi: 27	Tithi 9	Yama 9:05AM – 10:31AM	Priti Until 11:57PM	Muruqa: Orange <i>Sunset: 5:44PM</i>		Moon 2 - Phase 44
Family Home Evening	931833467	Rahu 2:51PM – 4:17PM	Balava Until 2:36PM	Nataraja: Clear		Navami
Creative Work Siddha Yoga			Navami* Until 2:33AM Wed	Phalguna-Masi	Devaloka Day	
Until 11:55PM						
Then Routine Work - Marana Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1	Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Nashville, TN Sun 23 Sutra 325 Vikarin 5121
	Mithuna Rasi: 9.59	Tithi 10	Gulika 10:31AM – 11:58AM	Ardra Until 11:47PM	Ganesha: Red	<i>Sunrise:</i> 6:10AM	
			Yama 7:37AM – 9:04AM	Ayushman Until 10:18PM	Muruqa: Orange	<i>Sunset:</i> 5:45PM	Moon 2 - Phase 45
	131833467	Rahu 11:58AM – 1:24PM		Taitila Until 2:19PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:49AM Thu	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2	Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau				Nashville, TN Sun 24 Sutra 326 Vikarin 5121
	Mithuna Rasi: 23.26	Tithi 11	Gulika 9:03AM – 10:30AM	Punarvasu Until 11:05PM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM	
			Yama 6:09AM – 7:36AM	Saubhagya Until 7:58PM	Muruqa: Orange	<i>Sunset:</i> 5:46PM	Moon 2 - Phase 45
	141833467	Rahu 1:24PM – 2:52PM		Vanija Until 1:09PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 12:14AM Fri	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

3	Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau				Nashville, TN Sun 25 Sutra 327 Vikarin 5121
	Kataka Rasi: 7.23	Tithi 12	Gulika 7:35AM – 9:02AM	Pushya Until 9:29PM	Ganesha: Blue	<i>Sunrise:</i> 6:07AM	
			Yama 2:52PM – 4:19PM	Sobhana Until 5:00PM	Muruqa: Orange	<i>Sunset:</i> 5:47PM	Moon 2 - Phase 45
	141833467	Rahu 10:30AM – 11:57AM		Bava Until 11:10AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:53PM	Moon – Blue		Bhuloka Day	
				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Nashville, TN Sun 26 Sutra 328 Vikarin 5121
	Kataka Rasi: 21.5	Tithi 13	Gulika 6:06AM – 7:34AM	Ashlesha* Until 7:07PM	Ganesha: Blue	<i>Sunrise:</i> 6:06AM	
			Yama 1:25PM – 2:52PM	Athiganda* Until 1:29PM	Muruqa: Orange	<i>Sunset:</i> 5:48PM	Moon 2 - Phase 45
	141833467	Rahu 9:01AM – 10:29AM		Kaulava Until 8:29AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Trayodashi Until 6:54PM	Moon – Blue		Bhuloka Day	
Until 7:07PM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

5	Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nashville, TN Sun 27 Sutra 329 Vikarin 5121
	Simha Rasi: 6.41	Tithi 14 – 15	Gulika 2:53PM – 4:21PM	Magha* Until 4:33PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM	
			Yama 11:57AM – 1:25PM	Sukarma Until 9:34AM	Muruqa: Orange	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45
	151833467	Rahu 4:21PM – 5:49PM		Visti Until 1:38AM Mon	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Chaturdashi* Until 3:27PM	Moon – Red		Devaloka Day	
Until 4:33PM		Chidambaram Abhishekam		Phalguna-Masi			
Then Creative Work - Siddha Yoga							

○	Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nashville, TN Sutra 330 Vikarin 5121
	Copper Retreat Star		Gulika 1:25PM – 2:53PM	Purvaphalguni Until 1:34PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	
	Simha Rasi: 21.5	Tithi 15 – 16	Yama 10:28AM – 11:56AM	Shula* Until 1:01AM Tue	Muruqa: Orange	<i>Sunset:</i> 5:49PM	Moon 2 - Phase 45
	Family Home Evening	152833467	Rahu 7:31AM – 9:00AM	Balava Until 9:49PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:43AM	Moon – Red		Sivaloka Day	
		Holi		Phalguna-Masi			

○	Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau				Nashville, TN Sutra 331 Vikarin 5121
	Silver Retreat Star		Gulika 11:56AM – 1:25PM	Uttaraphalguni Until 10:22AM	Ganesha: White	<i>Sunrise:</i> 6:02AM	
	Kanya Rasi: 7.07	Tithi 16 – 17	Yama 8:59AM – 10:27AM	Ganda* Until 8:41PM	Muruqa: Orange	<i>Sunset:</i> 5:50PM	Moon 2 - Phase 45
	152833467	Rahu 2:53PM – 4:22PM		Gara Until 4:06AM Wed	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:53AM	Moon – Red		Sivaloka Day	
Until 10:22AM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyam Titau

Nashville, TN

Sun 1 Sutra 332

Kanya Rasi: 22.22 Tithi 18

Gulika 10:27AM – 11:56AM
Yama 7:29AM – 8:58AM
Rahu 11:56AM – 1:25PM

Hasta Until 7:31AM
Vriddhi Until 4:31PM
Vanija Until 2:18PM
Tritiya Until 12:33AM Thu

Ganesha: Clear Sunrise: 6:00AM

Muruqa: Orange Sunset: 5:51PM

Nataraja: Clear Moon 3 - Phase 46

Moon – Green Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturtham Titau

Nashville, TN

Sun 2 Sutra 333

Tula Rasi: 7.23 Tithi 19

Gulika 8:57AM – 10:26AM
Yama 5:59AM – 7:28AM
Rahu 1:25PM – 2:54PM

Svati Until 2:24AM Fri
Dhruva Until 12:36PM
Bava Until 10:57AM
Chaturthi* Until 9:25PM

Ganesha: Clear Sunrise: 5:59AM

Muruqa: Orange Sunset: 5:52PM

Nataraja: Clear Moon 3 - Phase 46

Moon – Green Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Nashville, TN

Sun 3 Sutra 334

Tula Rasi: 22.05 Tithi 20

Gulika 7:27AM – 8:56AM
Yama 2:54PM – 4:24PM
Rahu 10:26AM – 11:55AM

Vishakha Until 12:51AM Sat
Vyaghata* Until 9:06AM
Kaulava Until 8:04AM
Panchami Until 6:50PM

Ganesha: Purple Sunrise: 5:57AM

Muruqa: Orange Sunset: 5:53PM

Nataraja: Clear Moon 3 - Phase 46

Moon – Orange Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Nashville, TN

Sun 4 Sutra 335

Vrischika Rasi: 6.2 Tithi 21 – 22

Gulika 5:56AM – 7:26AM
Yama 1:25PM – 2:54PM
Rahu 8:55AM – 10:25AM

Anuradha Until 11:52PM
Harshana Until 6:08AM
Visti Until 4:17AM Sun
Shashthi* Until 4:56PM

Ganesha: Purple Sunrise: 5:56AM

Muruqa: Orange Sunset: 5:54PM

Nataraja: Purple Moon 3 - Phase 46

Moon – Orange Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nashville, TN

Sun 5 Sutra 336

Vrischika Rasi: 20.08 Tithi 22 – 23

Gulika 2:55PM – 4:25PM
Yama 11:55AM – 1:25PM
Rahu 4:25PM – 5:55PM

Jyeshtha* Until 11:31PM
Siddhi Until 1:58AM Mon
Balava Until 3:33AM Mon
Saptami Until 3:48PM

Ganesha: Clear Sunrise: 5:55AM

Muruqa: Orange Sunset: 5:55PM

Nataraja: Purple Moon 3 - Phase 46

Moon – Orange Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nashville, TN

Sun 6 Sutra 337

Dhanus Rasi: 3.28 Tithi 23 – 24

Gulika 1:25PM – 2:55PM
Yama 10:24AM – 11:54AM
Rahu 7:23AM – 8:54AM

Mula* Until 12:13AM Tue
Vyatipata* Until 12:50AM Tue
Taitila Until 3:36AM Tue
Ashtami* Until 3:28PM

Ganesha: Purple Sunrise: 5:53AM

Muruqa: Orange Sunset: 5:56PM

Nataraja: Purple Moon 3 - Phase 46

Moon – Light Blue Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

182933468

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nashville, TN

Sun 7 Sutra 338

Dhanus Rasi: 16.24 Tithi 24 – 25

Gulika 11:54AM – 1:25PM
Yama 8:53AM – 10:23AM
Rahu 2:55PM – 4:26PM

Purvashadha* Until 1:29AM Wed
Variyan Until 12:14AM Wed
Vanija Until 4:21AM Wed
Navami* Until 3:52PM

Ganesha: Purple Sunrise: 5:52AM

Muruqa: Orange Sunset: 5:56PM

Nataraja: Purple Moon 3 - Phase 46

Moon – Light Blue Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Nashville, TN
Dhanus Rasi: 29.01	Tithi 25 – 26	Gulika 10:23AM – 11:54AM	Uttarashadha Until 3:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:50AM	Sun 8 Sutra 339
		Yama 7:21AM – 8:52AM	Parigha* Until 12:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 5:57PM	Vikarin 5121
		182933468 Rahu 11:54AM – 1:25PM	Bava Until 5:42AM Thu	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		Dashami Until 4:57PM	Moon – Light Blue		2nd Phase
Until 3:10AM Thu				Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau		Nashville, TN
Makara Rasi: 11.21	Tithi 26	Gulika 8:51AM – 10:22AM	Shravana Until 5:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:49AM	Sun 9 Sutra 340
		Yama 5:49AM – 7:20AM	Shiva Until 12:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 5:58PM	Vikarin 5121
		192933468 Rahu 1:25PM – 2:56PM	Balava Until 6:32PM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Ekadashi* Until 6:32PM	Moon – Purple		2nd Phase
				Phalguna-Panguni		Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Nashville, TN
Makara Rasi: 23.31	Tithi 27	Gulika 7:19AM – 8:50AM	Dhanishtha Until 8:12AM Sat	Ganesha: Clear	<i>Sunrise:</i> 5:47AM	Sun 10 Sutra 341
		Yama 2:56PM – 4:28PM	Siddha Until 12:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 5:59PM	Vikarin 5121
		192933468 Rahu 10:22AM – 11:53AM	Kaulava Until 7:30AM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Dvadashi* Until 8:29PM	Moon – Purple		2nd Phase
Until 8:12AM Sat				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Amrita Yoga						

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Nashville, TN
Kumbha Rasi: 5.34	Tithi 28	Gulika 5:46AM – 7:18AM	Dhanishtha Until 8:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:46AM	Sun 11 Sutra 342
		Yama 1:25PM – 2:56PM	Sadhya Until 1:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:00PM	Vikarin 5121
		192933468 Rahu 8:49AM – 10:21AM	Gara Until 9:36AM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Trayodashi* Until 10:42PM	Moon – Purple		2nd Phase
Until 8:12AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Nashville, TN
Kumbha Rasi: 17.31	Tithi 29	Gulika 2:57PM – 4:29PM	Shatabhishak Until 10:48AM	Ganesha: White	<i>Sunrise:</i> 5:44AM	Sun 12 Sutra 343
		Yama 11:53AM – 1:25PM	Subha Until 2:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:01PM	Vikarin 5121
		193933468 Rahu 4:29PM – 6:01PM	Visti Until 11:53AM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Siddha Yoga		Chaturdashi* Until 1:03AM Mon	Moon – Purple		2nd Phase
				Phalguna-Panguni		Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nashville, TN
Kumbha Rasi: 29.26	Tithi 30	Gulika 1:25PM – 2:57PM	Purvaproshtapada* Until 1:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sun 13 Sutra 344
Family Home Evening		Yama 10:20AM – 11:52AM	Sukla Until 3:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Vikarin 5121
Routine Work	Marana Yoga	113933468 Rahu 7:15AM – 8:48AM	Catuspada Until 2:17PM	Nataraja: Purple		Moon 3 - Phase 47
Until 1:51PM			Amavasya* Until 3:28AM Tue	Moon – Clear		Amavasya
Then Creative Work - Siddha Yoga				Phalguna-Panguni		Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Nashville, TN
Meena Rasi: 11.19	Tithi 1	Gulika 11:52AM – 1:25PM	Uttaraproshtapada Until 4:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:42AM	Sun 14 Sutra 345
		Yama 8:47AM – 10:19AM	Brahma Until 4:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:02PM	Vikarin 5121
		113933468 Rahu 2:57PM – 4:30PM	Kintughna Until 4:43PM	Nataraja: Purple		Moon 3 - Phase 47
Creative Work	Amrita Yoga		Prathama* Until 5:55AM Wed	Moon – Clear		Prathama
Until 4:47PM		Yugadhi		Chaitra-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau	Nashville, TN Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 23.11	Tithi 2	Gulika 10:19AM – 11:52AM Yama 7:13AM – 8:46AM 113933468 Rahu 11:52AM – 1:25PM	Revati Until 7:33PM Indra Until 4:55AM Thu Balava Until 7:10PM Dvitiya Until 8:21AM Thu	Ganesha: Yellow <i>Sunrise:</i> 5:40AM Muruqa: Orange <i>Sunset:</i> 6:03PM Nataraja: Purple Moon – Clear	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Routine Work	Marana Yoga			Chaitra•Panguni	
2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Nashville, TN Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 5.05	Tithi 2 – 3	Gulika 8:45AM – 10:18AM Yama 5:39AM – 7:12AM 123933468 Rahu 1:24PM – 2:58PM	Ashvini Until 10:36PM Vaidhrili* Until 5:41AM Fri Taitila Until 9:33PM Dvitiya Until 8:21AM	Ganesha: Red <i>Sunrise:</i> 5:39AM Muruqa: Orange <i>Sunset:</i> 6:04PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi		Chaitra•Panguni	
Until 10:36PM					
Then Creative Work - Siddha Yoga					
3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Nashville, TN Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 17.01	Tithi 3 – 4	Gulika 7:11AM – 8:44AM Yama 2:58PM – 4:31PM 123933468 Rahu 10:18AM – 11:51AM	Bharani Until 1:19AM Sat Vishkambha* Until 6:20AM Sat Vanija Until 11:47PM Tritiya Until 10:40AM	Ganesha: Red <i>Sunrise:</i> 5:37AM Muruqa: Orange <i>Sunset:</i> 6:05PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 1:19AM Sat					
Then Creative Work - Amrita Yoga					
4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Nashville, TN Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 29	Tithi 4 – 5	Gulika 5:36AM – 7:09AM Yama 1:24PM – 2:58PM 123933468 Rahu 8:43AM – 10:17AM	Krittika Until 3:37AM Sun Vishkambha* Until 6:20AM Bava Until 1:44AM Sun Chaturthi* Until 12:47PM	Ganesha: Red <i>Sunrise:</i> 5:36AM Muruqa: Orange <i>Sunset:</i> 6:06PM Nataraja: Purple Moon – White	Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Amrita Yoga			Chaitra•Panguni	
Until 3:37AM Sun					
Then Creative Work - Siddha Yoga					
5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Nashville, TN Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 11.07	Tithi 5 – 6	Gulika 2:58PM – 4:33PM Yama 11:50AM – 1:24PM 133933468 Rahu 4:33PM – 6:07PM	Rohini Until 5:50AM Mon Priti Until 6:46AM Kaulava Until 3:16AM Mon Panchami Until 2:33PM	Ganesha: Blue <i>Sunrise:</i> 5:34AM Muruqa: Orange <i>Sunset:</i> 6:07PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 5:50AM Mon					
Then Creative Work - Amrita Yoga					
6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Nashville, TN Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 23.25	Tithi 6 – 7	Gulika 1:24PM – 2:59PM Yama 10:16AM – 11:50AM 133933468 Rahu 7:07AM – 8:41AM	Mrigashira Until 7:17AM Tue Ayushman Until 6:50AM Gara Until 4:13AM Tue Shashthi* Until 3:49PM	Ganesha: Blue <i>Sunrise:</i> 5:33AM Muruqa: Orange <i>Sunset:</i> 6:07PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Family Home Evening				Chaitra•Panguni	
Creative Work	Amrita Yoga				
Until 7:17AM Tue					
Then Routine Work - Marana Yoga					
Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Nashville, TN Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.58	Tithi 7 – 8	Gulika 11:50AM – 1:24PM Yama 8:41AM – 10:15AM 133933468 Rahu 2:59PM – 4:34PM	Mrigashira Until 7:17AM Saubhagya Until 6:26AM Visti Until 4:26AM Wed Saptami Until 4:25PM	Ganesha: Blue <i>Sunrise:</i> 5:31AM Muruqa: Orange <i>Sunset:</i> 6:08PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 3rd Phase
Creative Work	Siddha Yoga			Chaitra•Panguni	
Until 7:17AM					
Then Routine Work - Marana Yoga					
Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Nashville, TN Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.52	Tithi 8 – 9	Gulika 10:15AM – 11:50AM Yama 7:06AM – 8:41AM 133933468 Rahu 11:50AM – 1:24PM	Ardra Until 7:53AM Athiganda* Until 3:52AM Thu Balava Until 3:51AM Thu Ashtami* Until 4:14PM	Ganesha: Blue <i>Sunrise:</i> 5:31AM Muruqa: Orange <i>Sunset:</i> 6:08PM Nataraja: Purple Moon – Yellow	Subha Sivaloka Day Moon 3 - Phase 48 Ashtami
Creative Work	Siddha Yoga			Chaitra•Panguni	
Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Nashville, TN Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 2.12	Tithi 9 – 10	Gulika 8:40AM – 10:15AM Yama 5:30AM – 7:05AM 143933468 Rahu 1:24PM – 2:59PM	Punarvasu Until 7:59AM Sukarma Until 1:37AM Fri Taitila Until 2:26AM Fri Navami* Until 3:13PM	Ganesha: Yellow <i>Sunrise:</i> 5:30AM Muruqa: Orange <i>Sunset:</i> 6:09PM Nataraja: Purple Moon – Blue	Sivaloka Day Moon 3 - Phase 48 Navami
Creative Work	Amrita Yoga	Sri Rama Navami		Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nashville, TN Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.59	Tithi 10 – 11	Gulika 7:04AM – 8:39AM	Pushya Until 7:08AM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	
		Yama 3:00PM – 4:35PM	Dhriti Until 10:46PM	Muruqa: Orange	<i>Sunset:</i> 6:10PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 Rahu 10:14AM – 11:49AM	Vanija Until 12:15AM Sat	Nataraja: Purple		4th Phase
			Yogaswami Mahasamadhi	Moon – Blue		Sivaloka Day
						Chaitra•Panguni

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Nashville, TN Sun 25 Sutra 356 Vikarin 5121
Simha Rasi: 0.16	Tithi 11 – 12	Gulika 5:27AM – 7:03AM	Magha* Until 3:19AM Sun	Ganesha: White	<i>Sunrise:</i> 5:27AM	
		Yama 1:24PM – 3:00PM	Shula* Until 7:20PM	Muruqa: Orange	<i>Sunset:</i> 6:11PM	Moon 3 - Phase 49
Creative Work	Amrita Yoga	153933468 Rahu 8:38AM – 10:13AM	Bava Until 9:25PM	Nataraja: Purple		4th Phase
Until 3:19AM Sun			Ekadashi Until 10:54AM	Moon – Red		Subha Sivaloka Day
Then Creative Work - Siddha Yoga						Chaitra•Panguni

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Nashville, TN Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.59	Tithi 12 – 13	Gulika 3:00PM – 4:36PM	Purvaphalguni Until 12:38AM Mon	Ganesha: White	<i>Sunrise:</i> 5:26AM	
		Yama 11:49AM – 1:24PM	Ganda* Until 3:29PM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 Rahu 4:36PM – 6:12PM	Kaulava Until 6:05PM	Nataraja: Purple		4th Phase
			Dvadashi Until 7:47AM	Moon – Red		Subha Sivaloka Day
						Chaitra•Panguni
						<i>Pradosha Vrata</i>

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Nashville, TN Sun 27 Sutra 358 Vikarin 5121
Kanya Rasi: 0.02	Tithi 14	Gulika 1:24PM – 3:00PM	Uttaraphalguni Until 9:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	
Family Home Evening		Yama 10:12AM – 11:48AM	Vridhhi Until 11:21AM	Muruqa: Orange	<i>Sunset:</i> 6:12PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 Rahu 7:00AM – 8:36AM	Gara Until 2:23PM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 12:27AM Tue	Moon – Red		Sivaloka Day
						Chaitra•Panguni

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Nashville, TN Sun 28 Sutra 359 Vikarin 5121
Kanya Rasi: 15.18	Tithi 15	Gulika 11:48AM – 1:24PM	Hasta Until 6:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	
		Yama 8:35AM – 10:12AM	Dhruva Until 7:01AM	Muruqa: Orange	<i>Sunset:</i> 6:13PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 Rahu 3:01PM – 4:37PM	Visti Until 10:31AM	Nataraja: Purple		Purnima
			Purnima* Until 8:33PM	Moon – Green		Devaloka Day
						Chaitra•Panguni
						Panguni Uttiram
						Hanuman Jayanti

5		Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Nashville, TN Sun 29 Sutra 360 Vikarin 5121
Tula Rasi: 1	Tithi 16 – 17	Gulika 10:11AM – 11:48AM	Chitra Until 3:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:21AM	
		Yama 6:58AM – 8:35AM	Harshana Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 Rahu 11:48AM – 1:24PM	Balava Until 6:39AM	Nataraja: Purple		Prathama
			Prathama* Until 4:45PM	Moon – Green		Devaloka Day
						Chaitra•Panguni



Thursday, April 9, 2020
Gold Retreat Star

Tula Rasi: 15.45 Tithi 17 – 18

164134468

Creative Work Amrita Yoga
Until 12:39PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nashville, TN
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Gulika 8:34AM – 10:11AM
Yama 5:20AM – 6:57AM
Rahu 1:24PM – 3:01PM

Svati Until 12:39PM
Vajra* Until 6:28PM
Vanija Until 11:36PM
Dvitiya Until 1:12PM

Ganesha: White *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:15PM
Nataraja: Purple
Moon – Green
Devaloka Day
Chaitra•Panguni

1

Friday, April 10, 2020

Vrischika Rasi: 0.37 Tithi 18 – 19

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Nashville, TN
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Gulika 6:56AM – 8:33AM
Yama 3:02PM – 4:39PM
Rahu 10:10AM – 11:47AM

Vishakha Until 10:27AM
Siddhi Until 2:54PM
Bava Until 8:46PM
Tritiya Until 10:06AM

Ganesha: Yellow *Sunrise:* 5:19AM
Muruqa: Clear *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

2

Saturday, April 11, 2020

Vrischika Rasi: 15.03 Tithi 19 – 20

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nashville, TN
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Gulika 5:17AM – 6:55AM
Yama 1:24PM – 3:02PM
Rahu 8:32AM – 10:10AM

Anuradha Until 8:43AM
Vyatipala* Until 11:51AM
Kaulava Until 6:36PM
Chaturthi* Until 7:34AM

Ganesha: Yellow *Sunrise:* 5:17AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

3

Sunday, April 12, 2020

Vrischika Rasi: 29.01 Tithi 21

174134468

Routine Work Marana Yoga
Until 7:33AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Varyian/Parigha* Yoga Gara/Vanija Karana Shashthyam Titau

Nashville, TN
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Gulika 3:02PM – 4:40PM
Yama 11:47AM – 1:24PM
Rahu 4:40PM – 6:17PM

Jyeshtha* Until 7:33AM
Variyan Until 9:23AM
Gara Until 5:12PM
Shashthi* Until 4:48AM Mon

Ganesha: Yellow *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 6:17PM
Nataraja: Purple
Moon – Orange
Sivaloka Day
Chaitra•Panguni

4

Monday, April 13, 2020

Dhanus Rasi: 12.29 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

Until 7:31AM

Then Routine Work - Marana Yoga

184134468

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Nashville, TN
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Gulika 1:24PM – 3:02PM
Yama 10:09AM – 11:46AM
Rahu 6:53AM – 8:31AM

Mula* Until 7:31AM
Parigha* Until 7:36AM
Visti Until 4:39PM
Saptami Until 4:41AM Tue

Tamil New Year

Ganesha: Blue *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:18PM
Nataraja: Purple
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

D

Tuesday, April 14, 2020

Retreat Star

Dhanus Rasi: 25.31 Tithi 23

284134468

Creative Work Siddha Yoga

Until 8:09AM

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Nashville, TN
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Gulika 11:46AM – 1:24PM
Yama 8:30AM – 10:08AM
Rahu 3:03PM – 4:41PM

Purvashadha* Until 8:09AM
Shiva Until 6:30AM
Balava Until 4:57PM
Ashtami* Until 5:22AM Wed

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Clear *Sunset:* 6:19PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

Wednesday, April 15, 2020

Retreat Star

Makara Rasi: 8.08 Tithi 24

284134468

Creative Work Amrita Yoga

Until 9:24AM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Nashville, TN
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Gulika 10:07AM – 11:46AM
Yama 6:50AM – 8:29AM
Rahu 11:46AM – 1:24PM

Uttarashadha Until 9:24AM
Siddha Until 6:00AM
Taitila Until 5:59PM
Navami* Until 6:44AM Thu

Chidambaram Abhishekam

Ganesha: Yellow *Sunrise:* 5:12AM
Muruqa: Clear *Sunset:* 6:20PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nashville, TN Sun 8 Sutra 4
Makara Rasi: 20.28	Tithi 24 – 25	Gulika 8:28AM – 10:07AM	Shravana Until 11:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:11AM			Sarvari 5122
		Yama 5:11AM – 6:49AM	Sadhya Until 6:02AM	Muruqa: Clear	<i>Sunset:</i> 6:21PM			Moon 4 - Phase 1
		294134468 Rahu 1:25PM – 3:03PM	Vanija Until 7:38PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:44AM	Moon – Purple			Devaloka Day	
				Chaitra+Chaitra				

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Vistil/Bava Karana Dashami/Ekadashyam Titau				Nashville, TN Sun 9 Sutra 5
Kumbha Rasi: 2.35	Tithi 25 – 26	Gulika 6:48AM – 8:27AM	Dhanishtha Until 2:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:09AM			Sarvari 5122
		Yama 3:04PM – 4:43PM	Subha Until 6:30AM	Muruqa: Clear	<i>Sunset:</i> 6:22PM			Moon 4 - Phase 1
		294134468 Rahu 10:06AM – 11:46AM	Bava Until 9:43PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 8:37AM	Moon – Purple			Devaloka Day	
				Chaitra+Chaitra				

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nashville, TN Sun 10 Sutra 6
Kumbha Rasi: 14.34	Tithi 26 – 27	Gulika 5:08AM – 6:47AM	Shatabhishak Until 4:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:08AM			Sarvari 5122
		Yama 1:25PM – 3:04PM	Sukla Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 4 - Phase 1
		295134468 Rahu 8:27AM – 10:06AM	Kaulava Until 12:03AM Sun	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:51AM	Moon – Purple			Sivaloka Day	
Until 4:46PM				Chaitra+Chaitra				
Then Routine Work - Marana Yoga								

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nashville, TN Sun 11 Sutra 7
Kumbha Rasi: 26.28	Tithi 27 – 28	Gulika 3:04PM – 4:44PM	Purvaproshtapada* Until 7:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM			Sarvari 5122
		Yama 11:45AM – 1:25PM	Brahma Until 8:04AM	Muruqa: Clear	<i>Sunset:</i> 6:23PM			Moon 4 - Phase 1
		215134468 Rahu 4:44PM – 6:23PM	Gara Until 2:30AM Mon	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:15PM	Moon – Clear			Sivaloka Day	
Until 7:53PM				Chaitra+Chaitra				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Nashville, TN Sun 12 Sutra 8
Meena Rasi: 8.19	Tithi 28 – 29	Gulika 1:25PM – 3:05PM	Uttaraproshtapada Until 10:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM			Sarvari 5122
Family Home Evening		Yama 10:05AM – 11:45AM	Indra Until 9:00AM	Muruqa: Clear	<i>Sunset:</i> 6:24PM			Moon 4 - Phase 1
		215134468 Rahu 6:45AM – 8:25AM	Vistil Until 4:56AM Tue	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:42PM	Moon – Clear			Sivaloka Day	
				Chaitra+Chaitra				

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Nashville, TN Sun 13 Sutra 9
Meena Rasi: 20.12	Tithi 29	Gulika 11:45AM – 1:25PM	Revati Until 1:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM			Sarvari 5122
		Yama 8:24AM – 10:05AM	Vaidhriti* Until 9:53AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM			Moon 4 - Phase 1
		215134468 Rahu 3:05PM – 4:45PM	Sakuni Until 6:06PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:06PM	Moon – Clear			Sivaloka Day	
Until 1:35AM Wed				Chaitra+Chaitra				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Pritil Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nashville, TN Sun 14 Sutra 10
Mesha Rasi: 2.06	Tithi 30	Gulika 10:04AM – 11:44AM	Ashvini Until 4:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:03AM			Sarvari 5122
		Yama 6:43AM – 8:24AM	Vishkambha* Until 10:43AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM			Moon 4 - Phase 1
		225134468 Rahu 11:44AM – 1:25PM	Catuspada Until 7:17AM	Nataraja: Purple				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 8:23PM	Moon – White			Sivaloka Day	
Until 4:31AM Thu				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Pritil/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Nashville, TN Sun 15 Sutra 11
Mesha Rasi: 14.04	Tithi 1	Gulika 8:23AM – 10:04AM	Bharani Until 7:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:02AM			Sarvari 5122
		Yama 5:02AM – 6:42AM	Pritil Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 6:27PM			Moon 4 - Phase 1
		225134468 Rahu 1:25PM – 3:06PM	Kintughna Until 9:29AM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:29PM	Moon – White			Sivaloka Day	
				Vaisaka+Chaitra				

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Nashville, TN Sun 16 Sutra 12
Mesha Rasi: 26.06	Tithi 2	Gulika 6:41AM – 8:22AM	Bharani Until 7:06AM	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
		Yama 3:06PM – 4:47PM	Ayushman Until 11:59AM	Muruqa: Clear	<i>Sunset:</i> 6:28PM	Moon 4 - Phase 2	
225134469	Rahu 10:03AM – 11:44AM		Balava Until 11:28AM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 12:21AM Sat	Moon – White		Devaloka Day	
				Vaisaka-Chaitra			

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau			Nashville, TN Sun 17 Sutra 13
Vrishabha Rasi: 8.14	Tithi 3	Gulika 4:59AM – 6:40AM	Krittika Until 9:16AM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sarvari 5122	
		Yama 1:25PM – 3:06PM	Saubhagya Until 12:19PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2	
225134469	Rahu 8:22AM – 10:03AM		Taitila Until 1:11PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Tritiya Until 1:53AM Sun	Moon – White		Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra			

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau			Nashville, TN Sun 18 Sutra 14
Vrishabha Rasi: 20.31	Tithi 4	Gulika 3:07PM – 4:48PM	Rohini Until 11:26AM	Ganesha: Yellow	<i>Sunrise:</i> 4:58AM	Sarvari 5122	
		Yama 11:44AM – 1:25PM	Sobhana Until 12:24PM	Muruqa: Clear	<i>Sunset:</i> 6:29PM	Moon 4 - Phase 2	
235134469	Rahu 4:48PM – 6:29PM		Vanija Until 2:32PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 3:02AM Mon	Moon – Yellow		Devaloka Day	
				Vaisaka-Chaitra			

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau			Nashville, TN Sun 19 Sutra 15
Mithuna Rasi: 2.59	Tithi 5	Gulika 1:25PM – 3:07PM	Mrigashira Until 1:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:57AM	Sarvari 5122	
Family Home Evening		Yama 10:02AM – 11:44AM	Athiganda* Until 12:07PM	Muruqa: Clear	<i>Sunset:</i> 6:30PM	Moon 4 - Phase 2	
236134469	Rahu 6:39AM – 8:20AM		Bava Until 3:27PM	Nataraja: Clear		3rd Phase	
Creative Work	Amrita Yoga		Panchami Until 3:41AM Tue	Moon – Yellow		Bhuloka Day	
Until 1:00PM		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau			Nashville, TN Sun 20 Sutra 16
Mithuna Rasi: 15.4	Tithi 6	Gulika 11:43AM – 1:25PM	Ardra Until 1:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sarvari 5122	
		Yama 8:20AM – 10:02AM	Sukarma Until 11:27AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 4 - Phase 2	
236134469	Rahu 3:07PM – 4:49PM		Kaulava Until 3:49PM	Nataraja: Clear		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 3:45AM Wed	Moon – Yellow		Bhuloka Day	
Until 1:55PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau			Nashville, TN Sun 21 Sutra 17
Mithuna Rasi: 28.37	Tithi 7	Gulika 10:01AM – 11:43AM	Punarvasu Until 2:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Sarvari 5122	
		Yama 6:37AM – 8:19AM	Dhriti Until 10:19AM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 4 - Phase 2	
246134469	Rahu 11:43AM – 1:25PM		Gara Until 3:34PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 3:11AM Thu	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau			Nashville, TN Sun 22 Sutra 18
Kataka Rasi: 11.55	Tithi 8	Gulika 8:18AM – 10:01AM	Pushya Until 2:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Sarvari 5122	
		Yama 4:54AM – 6:36AM	Shula* Until 8:39AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 4 - Phase 2	
246134469	Rahu 1:26PM – 3:08PM		Visli Until 2:40PM	Nataraja: Clear		Ashtami	
Creative Work	Amrita Yoga		Ashtami* Until 1:57AM Fri	Moon – Blue		Devaloka Day	
Until 2:23PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau			Nashville, TN Sun 23 Sutra 19
Kataka Rasi: 25.36	Tithi 9	Gulika 6:34AM – 8:17AM	Ashlesha* Until 1:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
		Yama 3:09PM – 4:52PM	Ganda* Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 4 - Phase 2	
246134469	Rahu 10:00AM – 11:43AM		Balava Until 1:06PM	Nataraja: Clear		Navami	
Routine Work	Marana Yoga		Navami* Until 12:04AM Sat	Moon – Blue		Devaloka Day	
				Vaisaka-Chaitra			


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Nashville, TN	
Simha Rasi: 9.41		Tithi 10		Magha* Until 12:06PM		Dhruva Until 12:34AM Sun		Sun 24	
Creative Work		Amrita Yoga		Gulika 4:50AM – 6:33AM		Muruqa: Clear		Sunrise: 4:50AM	
Until 12:06PM		256134469		Yama 1:26PM – 3:09PM		Nataraja: Clear		Sunset: 6:35PM	
Then Creative Work - Siddha Yoga		Rahu 8:17AM – 10:00AM		Taitila Until 10:55AM		Moon – Red		Moon 4 - Phase 3	
				Dashami Until 9:36PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nashville, TN	
Simha Rasi: 24.08		Tithi 11		Purvaphalguni Until 10:08AM		Dhruva Until 12:34AM Sun		Sun 25	
Creative Work		Siddha Yoga		Gulika 3:09PM – 4:53PM		Muruqa: Clear		Sunrise: 4:49AM	
Until 10:08AM		256134469		Vyaghata* Until 9:00PM		Nataraja: Clear		Sunset: 6:36PM	
Then Creative Work - Amrita Yoga		Rahu 4:53PM – 6:36PM		Vanija Until 8:11AM		Moon – Red		Moon 4 - Phase 3	
				Ekadashi Until 6:38PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Nashville, TN	
Kanya Rasi: 8.55		Tithi 12 – 13		Uttaraphalguni Until 7:36AM		Dhruva Until 12:34AM Sun		Sun 26	
Family Home Evening		256234469		Gulika 1:26PM – 3:10PM		Muruqa: Clear		Sunrise: 4:48AM	
Creative Work		Siddha Yoga		Harshana Until 5:10PM		Nataraja: Clear		Sunset: 6:37PM	
				Kaulava Until 1:36AM Tue		Moon – Red		Moon 4 - Phase 3	
				Dvadashi Until 3:20PM		Vaisaka*Chaitra		Devaloka Day	

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Nashville, TN	
Kanya Rasi: 23.54		Tithi 13 – 14		Chitra Until 2:19AM Wed		Dhruva Until 12:34AM Sun		Sun 27	
Creative Work		Siddha Yoga		Gulika 11:43AM – 1:26PM		Muruqa: Clear		Sunrise: 4:47AM	
		267234469		Vajra* Until 1:09PM		Nataraja: Clear		Sunset: 6:38PM	
				Gara Until 10:02PM		Moon – Green		Moon 4 - Phase 3	
				Trayodashi Until 11:48AM		Vaisaka*Chaitra		Devaloka Day	

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Nashville, TN	
Copper Retreat Star		Tithi 14 – 15		Svati Until 11:28PM		Dhruva Until 12:34AM Sun		Sun 28	
Tula Rasi: 8.58		267234469		Gulika 9:58AM – 11:43AM		Muruqa: Clear		Sunrise: 4:46AM	
Creative Work		Siddha Yoga		Siddhi Until 9:06AM		Nataraja: Clear		Sunset: 6:39PM	
				Visti Until 6:29PM		Moon – Green		Moon 4 - Phase 3	
				Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra		Devaloka Day	
				Chaturdashi* Until 8:14AM					

5		Thursday, May 7, 2020				Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Nashville, TN	
Silver Retreat Star		Tithi 16		Vishakha Until 9:08PM		Dhruva Until 12:34AM Sun		Sun 29	
Tula Rasi: 23.58		277234469		Gulika 8:14AM – 9:58AM		Muruqa: Clear		Sunrise: 4:45AM	
Creative Work		Siddha Yoga		Variyan Until 1:25AM Fri		Nataraja: Clear		Sunset: 6:40PM	
				Balava Until 3:07PM		Moon – Orange		Moon 4 - Phase 3	
				Prathama* Until 1:33AM Fri		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda