



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.44      Tithi 17  
264483468  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 5:22AM – 7:01AM  
Yama 1:39PM – 3:18PM  
**Rahu** 8:41AM – 10:20AM

**Svati Until 6:17AM**  
Siddhi Until 6:09PM  
Taitila Until 1:51PM  
**Dvitiya Until 1:01AM Sun**

**Ganesha:** Red      *Sunrise:* 5:22AM  
**Muruqa:** Yellow      *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Green

**Sivaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.37      Tithi 18  
274483468  
Routine Work      Marana Yoga  
Until 5:13AM Mon  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 3:18PM – 4:58PM  
Yama 11:59AM – 1:39PM  
**Rahu** 4:58PM – 6:37PM

**Anuradha Until 5:13AM Mon**  
Vyatipata\* Until 3:59PM  
Vanija Until 12:23PM  
**Tritiya Until 11:54PM**

**Ganesha:** Blue      *Sunrise:* 5:21AM  
**Muruqa:** Yellow      *Sunset:* 6:37PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 1  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 17.05      Tithi 19  
**Family Home Evening**  
274483468  
Creative Work      Siddha Yoga  
Until 5:35AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 1:39PM – 3:19PM  
Yama 10:19AM – 11:59AM  
**Rahu** 6:59AM – 8:39AM

**Jyeshtha\* Until 5:35AM Tue**  
Variyan Until 2:23PM  
Bava Until 11:39AM  
**Chaturthi\* Until 11:33PM**

**Ganesha:** Blue      *Sunrise:* 5:20AM  
**Muruqa:** Yellow      *Sunset:* 6:38PM  
**Nataraja:** Purple  
Moon – Orange

**Devaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 2  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**3**

**Tuesday, April 23, 2019**

Dhanus Rasi: 0.07      Tithi 20  
284483468  
Creative Work      Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 11:59AM – 1:39PM  
Yama 8:39AM – 10:19AM  
**Rahu** 3:19PM – 4:59PM

**Mula\* Until 7:04AM Wed**  
Parigha\* Until 1:27PM  
Kaulava Until 11:43AM  
**Panchami Until 12:02AM Wed**

**Ganesha:** Yellow      *Sunrise:* 5:18AM  
**Muruqa:** Yellow      *Sunset:* 6:39PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 3  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.46      Tithi 21  
284483468  
Routine Work      Marana Yoga  
Until 7:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 10:18AM – 11:59AM  
Yama 6:58AM – 8:38AM  
**Rahu** 11:59AM – 1:39PM

**Mula\* Until 7:04AM**  
Shiva Until 1:09PM  
Gara Until 12:36PM  
**Shashthi\* Until 1:18AM Thu**

**Ganesha:** Yellow      *Sunrise:* 5:17AM  
**Muruqa:** Yellow      *Sunset:* 6:40PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 4  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 25.04      Tithi 22  
284483469  
Creative Work      Siddha Yoga  
Until 9:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 8:37AM – 10:18AM  
Yama 5:16AM – 6:57AM  
**Rahu** 1:39PM – 3:20PM

**Purvashadha\* Until 9:08AM**  
Siddha Until 1:23PM  
Visti Until 2:12PM  
**Saptami Until 3:13AM Fri**

**Ganesha:** Yellow      *Sunrise:* 5:16AM  
**Muruqa:** Yellow      *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 5  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 7.08      Tithi 23  
284583469  
Routine Work      Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:56AM – 8:37AM  
Yama 3:20PM – 5:01PM  
**Rahu** 10:17AM – 11:58AM

**Uttarashadha Until 11:35AM**  
Sadhya Until 2:04PM  
Balava Until 4:22PM  
**Ashtami\* Until 5:34AM Sat**

**Ganesha:** Red      *Sunrise:* 5:15AM  
**Muruqa:** Yellow      *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Chaitra+Chaitra**

Memphis, TN  
Sun 6  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 19.01      Tithi 24  
294583469  
Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukstayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau

**Gulika** 5:14AM – 6:55AM  
Yama 1:39PM – 3:20PM  
**Rahu** 8:36AM – 10:17AM

**Shravana Until 2:44PM**  
Subha Until 3:01PM  
Taitila Until 6:51PM  
**Navami\* Until 8:06AM Sun**

**Ganesha:** Green      *Sunrise:* 5:14AM  
**Muruqa:** Yellow      *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
**Chaitra+Chaitra**  
Devaloka Time: 3:PM to 6:PM

Memphis, TN  
Sun 7  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami

<b>1 Sunday, April 28, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Memphis, TN Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 0.5	Tithi 24 – 25	<b>Gulika</b> 3:20PM – 5:02PM	<b>Dhanishtha</b> Until 5:48PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:13AM	
		Yama 11:58AM – 1:39PM	Sukla Until 4:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:43PM	Moon 4 - Phase 3
		294583469 <b>Rahu</b> 5:02PM – 6:43PM	Vanija Until 9:24PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Navami* Until 8:06AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 5:48PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>2 Monday, April 29, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 12.41	Tithi 25 – 26	<b>Gulika</b> 1:39PM – 3:21PM	<b>Shatabhishak</b> Until 8:34PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM	
<b>Family Home Evening</b>		Yama 10:16AM – 11:58AM	Brahma Until 4:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:44PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 <b>Rahu</b> 6:53AM – 8:35AM	Bava Until 11:46PM	<b>Nataraja:</b> Clear		2nd Phase
Until 8:34PM			<b>Dashami Until 10:36AM</b>	Moon – Purple		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>3 Tuesday, April 30, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 24.36	Tithi 26 – 27	<b>Gulika</b> 11:58AM – 1:39PM	<b>Purvaproshtapada*</b> Until 11:21PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:10AM	
		Yama 8:34AM – 10:16AM	Indra Until 5:39PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:45PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 3:21PM – 5:03PM	Kaulava Until 1:47AM Wed	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi* Until 12:49PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 11:21PM				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, May 1, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 6.41	Tithi 27 – 28	<b>Gulika</b> 10:15AM – 11:57AM	<b>Uttaraproshtapada</b> Until 1:31AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:09AM	
		Yama 6:51AM – 8:33AM	Vaidhriti* Until 5:59PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3
		214583469 <b>Rahu</b> 11:57AM – 1:39PM	Gara Until 3:19AM Thu	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 2:36PM</b>	Moon – Clear		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

<b>5 Thursday, May 2, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 18.58	Tithi 28 – 29	<b>Gulika</b> 8:33AM – 10:15AM	<b>Revati</b> Until 3:01AM Fri	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:08AM	
		Yama 5:08AM – 6:51AM	Vishkambha* Until 5:56PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:46PM	Moon 4 - Phase 3
		215583469 <b>Rahu</b> 1:40PM – 3:22PM	Visti Until 4:19AM Fri	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:52PM</b>	Moon – Clear		<b>Bhuloka Day</b>
Until 3:01AM Fri				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

<b>6 Friday, May 3, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 13 Sutra 19 Vikarin 5121
Mesha Rasi: 1.28	Tithi 29 – 30	<b>Gulika</b> 6:50AM – 8:32AM	<b>Ashvini</b> Until 4:18AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	
		Yama 3:22PM – 5:05PM	Priti Until 5:28PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 10:15AM – 11:57AM	Catuspada Until 4:47AM Sat	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 4:36PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 4:18AM Sat				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN Sun 14 Sutra 20 Vikarin 5121
Mesha Rasi: 14.14	Tithi 30 – 1	<b>Gulika</b> 5:06AM – 6:49AM	<b>Bharani</b> Until 4:55AM Sun	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:06AM	
		Yama 1:40PM – 3:23PM	Ayushman Until 4:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 8:32AM – 10:14AM	Kintughna Until 4:43AM Sun	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:47PM</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Chaitra*Chaitra</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 27.14	Tithi 1 – 2	<b>Gulika</b> 3:23PM – 5:06PM	<b>Krittika</b> Until 4:58AM Mon	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:05AM	
		Yama 11:57AM – 1:40PM	Saubhagya Until 3:18PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
		225583469 <b>Rahu</b> 5:06PM – 6:49PM	Balava Until 4:13AM Mon	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 4:30PM</b>	Moon – White		<b>Bhuloka Day</b>
Until 4:58AM Mon				<b>Vaisaka*Chaitra</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>Monday, May 6, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 16 Sutra 22 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:40PM – 3:23PM	<b>Rohini Until 4:56AM Tue</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:04AM		
Vrishabha Rasi: 10.29	Tithi 2 – 3	Yama 10:14AM – 11:57AM	Sobhana Until 1:43PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 6:47AM – 8:31AM	Taitila Until 3:21AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Dvitiya Until 3:49PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>	
Until 4:56AM Tue				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						

<b>Tuesday, May 7, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Memphis, TN Sun 17 Sutra 23 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:57AM – 1:40PM	<b>Mrigashira Until 4:27AM Wed</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:03AM		
Vrishabha Rasi: 23.55	Tithi 3 – 4	Yama 8:30AM – 10:13AM	Athiganda* Until 11:50AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:50PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 3:24PM – 5:07PM	Vanija Until 2:10AM Wed	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya Until 2:46PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>	
		<b>Akshaya Tritiya</b>		<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	

<b>Wednesday, May 8, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 18 Sutra 24 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:13AM – 11:57AM	<b>Ardra Until 3:35AM Thu</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:02AM		
Mithuna Rasi: 7.32	Tithi 4 – 5	Yama 6:46AM – 8:30AM	Sukarma Until 9:44AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:51PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	235583469	<b>Rahu</b> 11:57AM – 1:40PM	Bava Until 12:43AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi* Until 1:27PM</b>	<b>Moon – Yellow</b>	<b>Bhuloka Day</b>	
Until 3:35AM Thu				<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga						

<b>Thursday, May 9, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Memphis, TN Sun 19 Sutra 25 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:29AM – 10:13AM	<b>Punarvasu Until 2:48AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:01AM		
Mithuna Rasi: 21.17	Tithi 5 – 6	Yama 5:01AM – 6:45AM	Dhriti Until 7:28AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:52PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 1:41PM – 3:24PM	Kaulava Until 11:04PM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 11:54AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>	
Until 2:48AM Fri				<b>Vaisaka-Chaitra</b>		
Then Routine Work - Marana Yoga						

<b>Friday, May 10, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Memphis, TN Sun 20 Sutra 26 Vikarin 5121
<b>5</b>		<b>Gulika</b> 6:45AM – 8:29AM	<b>Pushya Until 1:40AM Sat</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:01AM		
Kataka Rasi: 5.11	Tithi 6 – 7	Yama 3:25PM – 5:09PM	Ganda* Until 2:22AM Sat	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:53PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 10:13AM – 11:57AM	Gara Until 9:13PM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work Marana Yoga			<b>Shashthi* Until 10:09AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Saturday, May 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 21 Sutra 27 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:00AM – 6:44AM	<b>Ashlesha* Until 12:14AM Sun</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:00AM		
Kataka Rasi: 19.11	Tithi 7 – 8	Yama 1:41PM – 3:25PM	Vriddhi Until 11:38PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	245583469	<b>Rahu</b> 8:28AM – 10:12AM	Visti Until 7:11PM	<b>Nataraja:</b> Clear		Ashtami
Routine Work Marana Yoga			<b>Saptami Until 8:12AM</b>	<b>Moon – Blue</b>	<b>Devaloka Day</b>	
				<b>Vaisaka-Chaitra</b>		

<b>Sunday, May 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 22 Sutra 28 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:26PM – 5:10PM	<b>Magha* Until 10:55PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:59AM		
Simha Rasi: 3.19	Tithi 8 – 9	Yama 11:57AM – 1:41PM	Dhruva Until 8:44PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:54PM		Moon 4 - Phase 4
<b>Family Home Evening</b>	256583469	<b>Rahu</b> 5:10PM – 6:54PM	Kaulava Until 3:50AM Mon	<b>Nataraja:</b> Clear		Navami
Routine Work Marana Yoga			<b>Ashtami* Until 6:05AM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
Until 10:55PM		<b>Mother's Day</b>		<b>Vaisaka-Chaitra</b>	<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						

<b>Monday, May 13, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Memphis, TN Sun 23 Sutra 29 Vikarin 5121
<b>1</b>	Simha Rasi: 17.31 Tithi 10 Family Home Evening Creative Work Siddha Yoga	<b>Gulika</b> 1:41PM – 3:26PM Yama 10:12AM – 11:57AM Rahu 6:43AM – 8:27AM	<b>Purvaphalguni Until 9:22PM</b> Vyaghata* Until 5:46PM Taitila Until 2:41PM Dashami Until 1:29AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 6:55PM	Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, May 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Memphis, TN Sun 24 Sutra 30 Vikarin 5121
<b>2</b>	Kanya Rasi: 1.47 Tithi 11 Creative Work Amrita Yoga Until 7:37PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 11:57AM – 1:41PM Yama 8:27AM – 10:12AM Rahu 3:26PM – 5:11PM	<b>Uttaraphalguni Until 7:37PM</b> Harshana Until 2:45PM Vanija Until 12:19PM Ekadashi Until 11:06PM	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 6:56PM	Moon 4 - Phase 5 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, May 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau				Memphis, TN Sun 25 Sutra 31 Vikarin 5121
<b>3</b>	Kanya Rasi: 16.05 Tithi 12 Routine Work Marana Yoga Until 6:11PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:12AM – 11:57AM Yama 6:42AM – 8:27AM Rahu 11:57AM – 1:42PM	<b>Hasta Until 6:11PM</b> Vajra* Until 11:44AM Bava Until 9:56AM Dvadashi Until 8:45PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 6:57PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Thursday, May 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN Sun 26 Sutra 32 Vikarin 5121
<b>4</b>	Tula Rasi: 0.19 Tithi 13 Creative Work Siddha Yoga Until 4:45PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 8:26AM – 10:11AM Yama 4:56AM – 6:41AM Rahu 1:42PM – 3:27PM	<b>Chitra Until 4:45PM</b> Siddhi Until 8:49AM Kaulava Until 7:39AM Trayodashi Until 6:34PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:56AM <b>Sunset:</b> 6:58PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

*Pradosha Vrata*

<b>Friday, May 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Memphis, TN Sun 27 Sutra 33 Vikarin 5121
<b>5</b>	Tula Rasi: 14.25 Tithi 14 – 15 Creative Work Siddha Yoga	<b>Gulika</b> 6:40AM – 8:26AM Yama 3:28PM – 5:13PM Rahu 10:11AM – 11:57AM	<b>Svati Until 3:26PM</b> Vyatipata* Until 6:05AM Vistil Until 3:52AM Sat Chaturdashi* Until 4:39PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 4:55AM <b>Sunset:</b> 6:58PM	Moon 4 - Phase 5 4th Phase <b>Devaloka Day</b>

<b>Saturday, May 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Memphis, TN Sutra 34 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b> Tula Rasi: 28.18 Tithi 15 – 16 Creative Work Siddha Yoga	<b>Gulika</b> 4:54AM – 6:40AM Yama 1:42PM – 3:28PM Rahu 8:25AM – 10:11AM	<b>Vishakha Until 2:48PM</b> Parigha* Until 1:32AM Sun Balava Until 2:36AM Sun Purnima* Until 3:09PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 6:59PM	Moon 4 - Phase 5 Purnima <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, May 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Memphis, TN Sutra 35 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b> Vrischika Rasi: 11.53 Tithi 16 – 17 Routine Work Marana Yoga	<b>Gulika</b> 3:28PM – 5:14PM Yama 11:57AM – 1:43PM Rahu 5:14PM – 7:00PM	<b>Anuradha Until 2:33PM</b> Shiva Until 11:56PM Taitila Until 1:56AM Mon Prathama* Until 2:10PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange	<b>Sunrise:</b> 4:54AM <b>Sunset:</b> 7:00PM	Moon 4 - Phase 5 Prathama <b>Devaloka Day</b>

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 25.08 Tithi 17 – 18  
**Family Home Evening**  
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 1:43PM – 3:29PM  
**Yama** 10:11AM – 11:57AM  
**Rahu** 6:39AM – 8:25AM

**Jyeshtha\* Until 2:47PM**  
Siddha Until 10:50PM  
Vanija Until 1:55AM Tue  
Dvitiya Until 1:49PM

Memphis, TN  
Sun 1 Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Yellow *Sunrise:* 4:53AM  
**Muruqa:** Yellow *Sunset:* 7:01PM  
**Nataraja:** Clear  
Moon – Orange

**Devaloka Day**  
**Vaisaka-Vaikasi**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 8.03 Tithi 18 – 19  
Creative Work Amrita Yoga  
Until 3:59PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 11:57AM – 1:43PM  
**Yama** 8:25AM – 10:11AM  
**Rahu** 3:29PM – 5:15PM

**Mula\* Until 3:59PM**  
Sadhya Until 10:18PM  
Bava Until 2:37AM Wed  
Tritiya Until 2:10PM

Memphis, TN  
Sun 2 Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:52AM  
**Muruqa:** Yellow *Sunset:* 7:01PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.37 Tithi 19 – 20  
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 10:11AM – 11:57AM  
**Yama** 6:38AM – 8:24AM  
**Rahu** 11:57AM – 1:43PM

**Purvashadha\* Until 5:43PM**  
Subha Until 10:19PM  
Kaulava Until 3:59AM Thu  
Chaturthi\* Until 3:12PM

Memphis, TN  
Sun 3 Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:52AM  
**Muruqa:** Yellow *Sunset:* 7:02PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.55 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

**Gulika** 8:24AM – 10:11AM  
**Yama** 4:51AM – 6:38AM  
**Rahu** 1:43PM – 3:30PM

**Uttarashadha Until 7:52PM**  
Sukla Until 10:45PM  
Gara Until 5:54AM Fri  
Panchami Until 4:51PM

Memphis, TN  
Sun 4 Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:51AM  
**Muruqa:** Yellow *Sunset:* 7:03PM  
**Nataraja:** Clear  
Moon – Light Blue

**Devaloka Day**  
**Vaisaka-Vaikasi**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.59 Tithi 21  
Routine Work Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau

**Gulika** 6:37AM – 8:24AM  
**Yama** 3:30PM – 5:17PM  
**Rahu** 10:10AM – 11:57AM

**Shravana Until 10:47PM**  
Brahma Until 11:31PM  
Vanija Until 6:59PM  
Shashthi\* Until 6:59PM

Memphis, TN  
Sun 5 Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Green *Sunrise:* 4:51AM  
**Muruqa:** Yellow *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Purple

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
**Vaisaka-Vaikasi**

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.54 Tithi 22  
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 4:50AM – 6:37AM  
**Yama** 1:44PM – 3:31PM  
**Rahu** 8:24AM – 10:10AM

**Dhanishtha Until 1:44AM Sun**  
Indra Until 12:29AM Sun  
Visti Until 8:11AM  
Saptami Until 9:22PM

Memphis, TN  
Sun 6 Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Ganesha:** Red *Sunrise:* 4:50AM  
**Muruqa:** Yellow *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – Purple

**Devaloka Day**  
**Vaisaka-Vaikasi**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.46 Tithi 23  
Creative Work Siddha Yoga  
Until 4:32AM Mon  
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 3:31PM – 5:18PM  
**Yama** 11:57AM – 1:44PM  
**Rahu** 5:18PM – 7:05PM

**Shatabhishak Until 4:32AM Mon**  
Vaidhriti\* Until 1:25AM Mon  
Balava Until 10:37AM  
Ashtami\* Until 11:47PM

Memphis, TN  
Sun 7 Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Ganesha:** Blue *Sunrise:* 4:50AM  
**Muruqa:** Yellow *Sunset:* 7:05PM  
**Nataraja:** Clear  
Moon – Purple

**Sivaloka Day**  
**Vaisaka-Vaikasi**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.38 Tithi 24  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 7:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:44PM – 3:32PM  
**Yama** 10:10AM – 11:57AM  
**Rahu** 6:36AM – 8:23AM

**Purvaproshtapada\* Until 7:26AM Tue**  
Vishkambha\* Until 2:12AM Tue  
Taitila Until 12:57PM  
Navami\* Until 2:00AM Tue

Memphis, TN  
Sun 8 Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Ganesha:** Purple *Sunrise:* 4:49AM  
**Muruqa:** Yellow *Sunset:* 7:06PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**  
**Vaisaka-Vaikasi**


<b>1</b>		<b>Tuesday, May 28, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Memphis, TN Sun 9 Sutra 44 Vikarin 5121
Meena Rasi: 3	Tithi 25	<b>Gulika</b> 11:57AM – 1:45PM	<b>Purvaproshtapada* Until 7:26AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:49AM		
		Yama 8:23AM – 10:10AM	Priti Until 2:43AM Wed	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:06PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 3:32PM – 5:19PM	Vanija Until 3:00PM	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Dashami Until 3:50AM Wed</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 7:26AM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, May 29, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Memphis, TN Sun 10 Sutra 45 Vikarin 5121
Meena Rasi: 14.44	Tithi 26	<b>Gulika</b> 10:10AM – 11:58AM	<b>Uttaraproshtapada Until 9:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM		
		Yama 6:36AM – 8:23AM	Ayushman Until 2:47AM Thu	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:07PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 11:58AM – 1:45PM	Bava Until 4:34PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi* Until 5:07AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 9:45AM				<b>Vaisaka-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, May 30, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau	Memphis, TN Sun 11 Sutra 46 Vikarin 5121
Meena Rasi: 27.06	Tithi 27	<b>Gulika</b> 8:23AM – 10:10AM	<b>Revati Until 11:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM		
		Yama 4:48AM – 6:35AM	Saubhagya Until 2:23AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 7	
		318683469 <b>Rahu</b> 1:45PM – 3:33PM	Kaulava Until 5:33PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi* Until 5:47AM Fri</b>	Moon – Clear		<b>Sivaloka Day</b>	
Until 11:22AM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, May 31, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau	Memphis, TN Sun 12 Sutra 47 Vikarin 5121
Mesha Rasi: 9.44	Tithi 28	<b>Gulika</b> 6:35AM – 8:23AM	<b>Ashvini Until 12:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:47AM		
		Yama 3:33PM – 5:21PM	Sobhana Until 1:30AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:08PM	Moon 5 - Phase 7	
		328683469 <b>Rahu</b> 10:10AM – 11:58AM	Gara Until 5:54PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Trayodashi* Until 5:49AM Sat</b>	Moon – White		<b>Devaloka Day</b>	
Until 12:42PM				<b>Vaisaka-Vaikasi</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Saturday, June 1, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Memphis, TN Sun 13 Sutra 48 Vikarin 5121
Mesha Rasi: 22.41	Tithi 29	<b>Gulika</b> 4:47AM – 6:35AM	<b>Bharani Until 1:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM		
		Yama 1:46PM – 3:33PM	Athiganda* Until 12:05AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:09PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 8:23AM – 10:10AM	Visti Until 5:37PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 5:14AM Sun</b>	Moon – White		<b>Bhuloka Day</b>	
Until 1:14PM				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

		<b>Sunday, June 2, 2019</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Memphis, TN Sun 14 Sutra 49 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 3:34PM – 5:22PM	<b>Krittika Until 1:02PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM		
Vrishabha Rasi: 5.58	Tithi 30	Yama 11:58AM – 1:46PM	Sukarma Until 10:14PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 7	
		329683469 <b>Rahu</b> 5:22PM – 7:10PM	Catuspada Until 4:44PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya* Until 4:05AM Mon</b>	Moon – White		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>Monday, June 3, 2019</b>		<b>Retreat Star</b>				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Memphis, TN Sun 15 Sutra 50 Vikarin 5121
Vrishabha Rasi: 19.32	Tithi 1	<b>Gulika</b> 1:46PM – 3:34PM	<b>Rohini Until 12:37PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:47AM		
<b>Family Home Evening</b>		Yama 10:10AM – 11:58AM	Dhriti Until 8:01PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:10PM	Moon 5 - Phase 7	
		339683469 <b>Rahu</b> 6:35AM – 8:22AM	Kintughna Until 3:22PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama* Until 2:30AM Tue</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 3:PM to 6:PM	

<b>1</b>	<b>Tuesday, June 4, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Memphis, TN
			Mrigashira/Ardra Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 51
Mithuna Rasi: 3.22	Tithi 2		<b>Gulika</b> 11:58AM – 1:47PM	<b>Mrigashira</b> Until 11:39AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:46AM	Vikarin 5121	
			Yama 8:22AM – 10:10AM	Shula* Until 5:28PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 5 - Phase 8	
		339683461	<b>Rahu</b> 3:35PM – 5:23PM	Balava Until 1:35PM	<b>Nataraja:</b> Clear	3rd Phase	
Creative Work	Siddha Yoga				Moon – Yellow	<b>Bhuloka Day</b>	
Until 11:39AM				<b>Dvitiya</b> Until 12:34AM Wed	<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Wednesday, June 5, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam				Memphis, TN
			Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 52
Mithuna Rasi: 17.25	Tithi 3		<b>Gulika</b> 10:11AM – 11:59AM	<b>Ardra</b> Until 10:14AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:46AM	Vikarin 5121	
			Yama 6:34AM – 8:22AM	Ganda* Until 2:42PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:11PM	Moon 5 - Phase 8	
		339683461	<b>Rahu</b> 11:59AM – 1:47PM	Taitila Until 11:31AM	<b>Nataraja:</b> Yellow	3rd Phase	
Creative Work	Siddha Yoga				Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Tritiya</b> Until 10:23PM	<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Thursday, June 6, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam				Memphis, TN
			Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18 Sutra 53
Kataka Rasi: 1.35	Tithi 4		<b>Gulika</b> 8:22AM – 10:11AM	<b>Punarvasu</b> Until 8:55AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:46AM	Vikarin 5121	
			Yama 4:46AM – 6:34AM	Vridhhi Until 11:48AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 5 - Phase 8	
		349683461	<b>Rahu</b> 1:47PM – 3:35PM	Vanija Until 9:15AM	<b>Nataraja:</b> Yellow	3rd Phase	
Creative Work	Amrita Yoga				Moon – Blue	<b>Bhuloka Day</b>	
				<b>Chaturthi*</b> Until 8:04PM	<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Friday, June 7, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
			Pushya/Ashlesha* Nakshatra Dhruva/Vyaghala* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 54
Kataka Rasi: 15.51	Tithi 5 – 6		<b>Gulika</b> 6:34AM – 8:22AM	<b>Pushya</b> Until 7:21AM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:46AM	Vikarin 5121	
			Yama 3:36PM – 5:24PM	Dhruva Until 8:49AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:12PM	Moon 5 - Phase 8	
		349683461	<b>Rahu</b> 10:11AM – 11:59AM	Bava Until 6:54AM	<b>Nataraja:</b> Yellow	3rd Phase	
Routine Work	Marana Yoga				Moon – Blue	<b>Bhuloka Day</b>	
				<b>Panchami</b> Until 5:42PM	<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Saturday, June 8, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam				Memphis, TN
			Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Sun 20 Sutra 55
Simha Rasi: 0.07	Tithi 6 – 7		<b>Gulika</b> 4:46AM – 6:34AM	<b>Magha*</b> Until 4:14AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:46AM	Vikarin 5121	
			Yama 1:48PM – 3:36PM	Harshana Until 2:53AM Sun	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 5 - Phase 8	
		359683461	<b>Rahu</b> 8:22AM – 10:11AM	Gara Until 2:12AM Sun	<b>Nataraja:</b> Yellow	3rd Phase	
Creative Work	Amrita Yoga				Moon – Red	<b>Devaloka Day</b>	
Until 4:14AM Sun				<b>Shashthi*</b> Until 3:20PM	<b>Jyeshtha-Vaikasi</b>		
Then Creative Work - Siddha Yoga							

<b>☽</b>	<b>Sunday, June 9, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Memphis, TN
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 56
Simha Rasi: 14.22	Tithi 7 – 8		<b>Gulika</b> 3:36PM – 5:25PM	<b>Purvaphalguni</b> Until 2:48AM Mon	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:45AM	Vikarin 5121	
			Yama 11:59AM – 1:48PM	Vajra* Until 12:00AM Mon	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:13PM	Moon 5 - Phase 8	
		351683461	<b>Rahu</b> 5:25PM – 7:13PM	Visti Until 11:58PM	<b>Nataraja:</b> Yellow	Ashtami	
Creative Work	Siddha Yoga				Moon – Red	<b>Devaloka Day</b>	
				<b>Saptami</b> Until 1:03PM	<b>Jyeshtha-Vaikasi</b>		

<b>☽</b>	<b>Monday, June 10, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Memphis, TN
	<b>Retreat Star</b>		Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 57
Simha Rasi: 28.32	Tithi 8 – 9		<b>Gulika</b> 1:48PM – 3:37PM	<b>Uttaraphalguni</b> Until 1:21AM Tue	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:45AM	Vikarin 5121	
<b>Family Home Evening</b>			Yama 10:11AM – 12:00PM	Siddhi Until 9:14PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 7:14PM	Moon 5 - Phase 8	
		351683461	<b>Rahu</b> 6:34AM – 8:22AM	Balava Until 9:51PM	<b>Nataraja:</b> Yellow	Navami	
Creative Work	Siddha Yoga				Moon – Red	<b>Devaloka Day</b>	
				<b>Ashtami*</b> Until 10:52AM	<b>Jyeshtha-Vaikasi</b>		

1	<b>Tuesday, June 11, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 23 Sutra 58
	Kanya Rasi: 12.38	Tithi 9 – 10	<b>Gulika</b> 12:00PM – 1:48PM	<b>Hasta</b> <b>Until 12:21AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	Vikarin 5121	
			Yama 8:23AM – 10:11AM	Vyatipata* Until 6:36PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:14PM</i>	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 3:37PM – 5:26PM		Taitila Until 7:53PM	<b>Nataraja:</b> Yellow	4th Phase	
Creative Work	Siddha Yoga		<b>Navami* Until 8:49AM</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
				<b>Jyeshtha-Vaikasi</b>			

2	<b>Wednesday, June 12, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 24 Sutra 59
	Kanya Rasi: 26.36	Tithi 10 – 11	<b>Gulika</b> 10:11AM – 12:00PM	<b>Chitra</b> <b>Until 11:25PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	Vikarin 5121	
			Yama 6:34AM – 8:23AM	Variyan Until 4:07PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:15PM</i>	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 12:00PM – 1:49PM		Vanija Until 6:08PM	<b>Nataraja:</b> Yellow	4th Phase	
Creative Work	Siddha Yoga		<b>Dashami Until 6:58AM</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
				<b>Jyeshtha-Vaikasi</b>			

3	<b>Thursday, June 13, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvodashyam Titau				Memphis, TN Sun 25 Sutra 60
	Tula Rasi: 10.26	Tithi 12	<b>Gulika</b> 8:23AM – 10:11AM	<b>Svati</b> <b>Until 10:37PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	Vikarin 5121	
			Yama 4:45AM – 6:34AM	Parigha* Until 1:51PM	<b>Muruqa:</b> Yellow <i>Sunset: 7:15PM</i>	Moon 5 - Phase 9	
	361683461	<b>Rahu</b> 1:49PM – 3:38PM		Bava Until 4:39PM	<b>Nataraja:</b> Yellow	4th Phase	
Creative Work	Amrita Yoga		<b>Dvodashi Until 4:00AM Fri</b>	Moon – Green	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
Until 10:37PM				<b>Jyeshtha-Vaikasi</b>			
Then Creative Work - Siddha Yoga							

4	<b>Friday, June 14, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN Sun 26 Sutra 61
	Tula Rasi: 24.05	Tithi 13	<b>Gulika</b> 6:34AM – 8:23AM	<b>Vishakha</b> <b>Until 10:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:45AM</i>	Vikarin 5121	
			Yama 3:38PM – 5:27PM	Shiva Until 11:52AM	<b>Muruqa:</b> Blue <i>Sunset: 7:15PM</i>	Moon 5 - Phase 9	
	371693461	<b>Rahu</b> 10:12AM – 12:00PM		Kaulava Until 3:29PM	<b>Nataraja:</b> Yellow	4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:01AM Sat</b>	Moon – Orange	<b>Sivaloka Day</b>		
		<b>Vaikasi Visakam</b>		<b>Jyeshtha-Vaikasi</b>			
				<i>Pradosha Vrata</i>			

5	<b>Saturday, June 15, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN Sun 27 Sutra 62
	Vrischika Rasi: 7.31	Tithi 14	<b>Gulika</b> 4:45AM – 6:34AM	<b>Anuradha</b> <b>Until 10:33PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	Vikarin 5121	
			Yama 1:49PM – 3:38PM	Siddha Until 10:09AM	<b>Muruqa:</b> Blue <i>Sunset: 7:16PM</i>	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 8:23AM – 10:12AM		Gara Until 2:43PM	<b>Nataraja:</b> Yellow	4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:29AM Sun</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
				<b>Jyeshtha-Ani</b>			

○	<b>Sunday, June 16, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN Sun 27 Sutra 63
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:38PM – 5:27PM	<b>Jyeshtha*</b> <b>Until 10:59PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:45AM</i>	Vikarin 5121	
	Vrischika Rasi: 20.43	Tithi 15	Yama 12:01PM – 1:50PM	Sadhya Until 8:49AM	<b>Muruqa:</b> Blue <i>Sunset: 7:16PM</i>	Moon 5 - Phase 9	
	371793461	<b>Rahu</b> 5:27PM – 7:16PM		Visti Until 2:25PM	<b>Nataraja:</b> Yellow	Purnima	
Routine Work	Marana Yoga		<b>Purnima* Until 2:27AM Mon</b>	Moon – Orange	<b>Subha Sivaloka Day</b>		
Until 10:59PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

○	<b>Monday, June 17, 2019</b>		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sun 27 Sutra 64
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:50PM – 3:39PM	<b>Mula*</b> <b>Until 12:16AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:46AM</i>	Vikarin 5121	
	Dhanus Rasi: 3.39	Tithi 16	Yama 10:12AM – 12:01PM	Subha Until 7:55AM	<b>Muruqa:</b> Blue <i>Sunset: 7:16PM</i>	Moon 5 - Phase 9	
	381793461	<b>Rahu</b> 6:34AM – 8:23AM		Balava Until 2:39PM	<b>Nataraja:</b> Yellow	Prathama	
Family Home Evening	Siddha Yoga		<b>Prathama* Until 2:58AM Tue</b>	Moon – Light Blue	<b>Sivaloka Day</b>		
Creative Work				<b>Jyeshtha-Ani</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Memphis, TN  
Sun 1  
Sutra 65

Dhanus Rasi: 16.19 Tithi 17

Gulika 12:01PM – 1:50PM  
Yama 8:23AM – 10:12AM  
382793461 Rahu 3:39PM – 5:28PM

**Purvashadha\* Until 1:57AM Wed**  
Sukla Until 7:26AM  
Tailila Until 3:28PM  
**Dvitiya Until 4:03AM Wed**

Ganesha: Clear Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:17PM  
Nataraja: Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 1:57AM Wed  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Memphis, TN  
Sun 2  
Sutra 66

Dhanus Rasi: 28.44 Tithi 18

Gulika 10:13AM – 12:01PM  
Yama 6:35AM – 8:24AM  
382793461 Rahu 12:01PM – 1:50PM

**Uttarashadha Until 3:59AM Thu**  
Brahma Until 7:24AM  
Vanija Until 4:49PM  
**Tritiya Until 5:40AM Thu**

Ganesha: Purple Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:17PM  
Nataraja: Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Amrita Yoga  
Until 3:59AM Thu  
Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava Karana Chaturthyam Titau

Memphis, TN  
Sun 3  
Sutra 67

Makara Rasi: 10.55 Tithi 19

Gulika 8:24AM – 10:13AM  
Yama 4:46AM – 6:35AM  
392793461 Rahu 1:51PM – 3:39PM

**Shravana Until 6:46AM Fri**  
Indra Until 7:47AM  
Bava Until 6:40PM  
**Chaturthi\* Until 7:42AM Fri**

Ganesha: Clear Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:17PM  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN  
Sun 4  
Sutra 68

Makara Rasi: 22.56 Tithi 19 – 20

Gulika 6:35AM – 8:24AM  
Yama 3:40PM – 5:29PM  
392793461 Rahu 10:13AM – 12:02PM

**Shravana Until 6:46AM**  
Vaidhriti\* Until 8:27AM  
Kaulava Until 8:51PM  
**Chaturthi\* Until 7:42AM**

Ganesha: Clear Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:17PM  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Routine Work Marana Yoga  
Until 6:46AM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\*Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN  
Sun 5  
Sutra 69

Kumbha Rasi: 4.51 Tithi 20 – 21

Gulika 4:46AM – 6:35AM  
Yama 1:51PM – 3:40PM  
392793461 Rahu 8:24AM – 10:13AM

**Dhanishtha Until 9:39AM**  
Vishkambha\* Until 9:21AM  
Gara Until 11:13PM  
**Panchami Until 10:00AM**

Ganesha: Clear Sunrise: 4:46AM  
Muruga: Blue Sunset: 7:18PM  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga  
Until 9:39AM  
Then Creative Work - Amrita Yoga

**Sivaloka Day**

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Vishti\* Karana Shashthi/Saptamyam Titau

Memphis, TN  
Sun 6  
Sutra 70

Kumbha Rasi: 16.43 Tithi 21 – 22

Gulika 3:40PM – 5:29PM  
Yama 12:02PM – 1:51PM  
392793461 Rahu 5:29PM – 7:18PM

**Shatabhishak Until 12:27PM**  
Priti Until 10:20AM  
Vishti Until 1:35AM Mon  
**Shashthi\* Until 12:24PM**

Ganesha: Clear Sunrise: 4:47AM  
Muruga: Blue Sunset: 7:18PM  
Nataraja: Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**D**

**Monday, June 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN  
Sun 7  
Sutra 71

Kumbha Rasi: 28.36 Tithi 22 – 23

Gulika 1:51PM – 3:40PM  
Yama 10:14AM – 12:02PM  
312793461 Rahu 6:36AM – 8:25AM

**Purvaproshtapada\* Until 3:29PM**  
Ayushman Until 11:12AM  
Balava Until 3:45AM Tue  
**Saptami Until 2:41PM**

Ganesha: Yellow Sunrise: 4:47AM  
Muruga: Blue Sunset: 7:18PM  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Ashtami

Routine Work Marana Yoga  
Until 3:29PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Memphis, TN  
Sun 8  
Sutra 72

Meena Rasi: 10.35 Tithi 23 – 24

Gulika 12:03PM – 1:52PM  
Yama 8:25AM – 10:14AM  
312793461 Rahu 3:40PM – 5:29PM

**Uttaraproshtapada Until 6:03PM**  
Saubhagya Until 11:53AM  
Tailila Until 5:31AM Wed  
**Ashtami\* Until 4:40PM**

Ganesha: Yellow Sunrise: 4:47AM  
Muruga: Blue Sunset: 7:18PM  
Nataraja: Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Vikarin 5121  
Moon 6 - Phase 10  
Navami

Creative Work Amrita Yoga  
Until 6:03PM  
Then Creative Work - Siddha Yoga

**Sivaloka Day**

<b>1</b>		<b>Wednesday, June 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau		Memphis, TN Sun 9 Sutra 73 Vikarin 5121	
Meena Rasi: 22.44	Tithi 24	<b>Gulika</b> 10:14AM – 12:03PM	<b>Revati</b> Until 7:59PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:48AM	Moon 6 - Phase 11	
		Yama 6:36AM – 8:25AM	Sobhana Until 12:14PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		312793461 <b>Rahu</b> 12:03PM – 1:52PM	Gara Until 6:10PM	<b>Nataraja:</b> Yellow		Sivaloka Day	
Routine Work	Marana Yoga		<b>Navami*</b> Until 6:10PM	Moon – Clear		<b>Jyeshtha-Ani</b>	


<b>2</b>		<b>Thursday, June 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau		Memphis, TN Sun 10 Sutra 74 Vikarin 5121	
Mesha Rasi: 5.06	Tithi 25	<b>Gulika</b> 8:25AM – 10:14AM	<b>Ashvini</b> Until 9:38PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:48AM	Moon 6 - Phase 11	
		Yama 4:48AM – 6:37AM	Athiganda* Until 12:06PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		322793461 <b>Rahu</b> 1:52PM – 3:41PM	Vanija Until 6:43AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:04PM	Moon – White		<b>Jyeshtha-Ani</b>	
Until 9:38PM							
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Friday, June 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau		Memphis, TN Sun 11 Sutra 75 Vikarin 5121	
Mesha Rasi: 17.46	Tithi 26	<b>Gulika</b> 6:37AM – 8:26AM	<b>Bharani</b> Until 10:26PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:48AM	Moon 6 - Phase 11	
		Yama 3:41PM – 5:30PM	Sukarma Until 11:27AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		322793461 <b>Rahu</b> 10:15AM – 12:03PM	Bava Until 7:16AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 7:15PM	Moon – White		<b>Jyeshtha-Ani</b>	

<b>4</b>		<b>Saturday, June 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Memphis, TN Sun 12 Sutra 76 Vikarin 5121	
Vrishabha Rasi: 0.48	Tithi 27	<b>Gulika</b> 4:49AM – 6:37AM	<b>Krittika</b> Until 10:22PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 11	
		Yama 1:52PM – 3:41PM	Dhriti Until 10:14AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		322793461 <b>Rahu</b> 8:26AM – 10:15AM	Kaulava Until 7:06AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 6:43PM	Moon – White		<b>Jyeshtha-Ani</b>	

<b>5</b>		<b>Sunday, June 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 13 Sutra 77 Vikarin 5121	
Vrishabha Rasi: 14.13	Tithi 28 – 29	<b>Gulika</b> 3:41PM – 5:30PM	<b>Rohini</b> Until 9:56PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 11	
		Yama 12:04PM – 1:52PM	Shula* Until 8:25AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		332793461 <b>Rahu</b> 5:30PM – 7:18PM	Gara Until 6:12AM	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 5:29PM	Moon – Yellow		<b>Jyeshtha-Ani</b>	
			<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>		<b>Monday, July 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Memphis, TN Sun 14 Sutra 78 Vikarin 5121	
Vrishabha Rasi: 28	Tithi 29 – 30	<b>Gulika</b> 1:52PM – 3:41PM	<b>Mrigashira</b> Until 8:46PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:49AM	Moon 6 - Phase 11	
<b>Family Home Evening</b>		Yama 10:15AM – 12:04PM	Ganda* Until 6:06AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	2nd Phase	
		332793461 <b>Rahu</b> 6:38AM – 8:27AM	Catuspada Until 2:33AM Tue	<b>Nataraja:</b> Yellow		Devaloka Day	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 3:39PM	Moon – Yellow		<b>Jyeshtha-Ani</b>	
Until 8:46PM							
Then Creative Work - Siddha Yoga							

		<b>Tuesday, July 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Memphis, TN Sun 15 Sutra 79 Vikarin 5121	
<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:53PM	<b>Ardra</b> Until 6:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:50AM	Moon 6 - Phase 11	
Mithuna Rasi: 12.08	Tithi 30 – 1	Yama 8:27AM – 10:16AM	Dhruva Until 12:12AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Amavasya	
		333793461 <b>Rahu</b> 3:41PM – 5:30PM	Kintughna Until 12:00AM Wed	<b>Nataraja:</b> Yellow		Sivaloka Day	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 1:18PM	Moon – Yellow		<b>Jyeshtha-Ani</b>	
Until 6:59PM							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, July 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Memphis, TN Sun 16 Sutra 80 Vikarin 5121	
Mithuna Rasi: 26.34	Tithi 1 – 2	<b>Gulika</b> 10:16AM – 12:04PM	<b>Punarvasu</b> Until 5:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Moon 6 - Phase 11	
		Yama 6:39AM – 8:27AM	Vyaghata* Until 8:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Prathama	
		343793461 <b>Rahu</b> 12:04PM – 1:53PM	Balava Until 9:10PM	<b>Nataraja:</b> Yellow		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:36AM	Moon – Blue		<b>Ashada-Ani</b>	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Trilayam Titau				Memphis, TN Sun 17 Sutra 81 Vikarin 5121
Kataka Rasi: 11.1	Tithi 2 – 3	<b>Gulika</b> 8:28AM – 10:16AM	<b>Pushya</b> Until 2:58PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:51AM	
		Yama 4:51AM – 6:39AM	Harshana Until 5:19PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 1:53PM – 3:41PM	Taitila Until 6:10PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya</b> Until 7:39AM	Moon – Blue		<b>Sivaloka Day</b>
Until 2:58PM				<b>Ashada*Ani</b>		
Then Creative Work - Siddha Yoga						

<b>2</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturtham Titau				Memphis, TN Sun 18 Sutra 82 Vikarin 5121
Kataka Rasi: 25.52	Tithi 4	<b>Gulika</b> 6:40AM – 8:28AM	<b>Ashlesha*</b> Until 12:37PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:51AM	
		Yama 3:41PM – 5:30PM	Vajra* Until 1:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 12
		343793461 <b>Rahu</b> 10:16AM – 12:05PM	Vanija Until 3:08PM	<b>Nataraja:</b> Yellow		3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 1:37AM Sat	Moon – Blue		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>3</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 19 Sutra 83 Vikarin 5121
Simha Rasi: 10.31	Tithi 5	<b>Gulika</b> 4:52AM – 6:40AM	<b>Magha*</b> Until 10:37AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	
		Yama 1:53PM – 3:41PM	Siddhi Until 10:17AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 8:28AM – 10:17AM	Bava Until 12:11PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Panchami</b> Until 10:46PM	Moon – Red		<b>Sivaloka Day</b>
Until 10:37AM				<b>Ashada*Ani</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan* Yoga Kaulava/Taitila Karana Shashtham Titau				Memphis, TN Sun 20 Sutra 84 Vikarin 5121
Simha Rasi: 25.03	Tithi 6	<b>Gulika</b> 3:41PM – 5:29PM	<b>Purvaphalguni</b> Until 8:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:52AM	
		Yama 12:05PM – 1:53PM	Vyatipata* Until 6:59AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 5:29PM – 7:17PM	Kaulava Until 9:27AM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 8:10PM	Moon – Red		<b>Sivaloka Day</b>
Until 8:40AM		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>		
Then Creative Work - Amrita Yoga						

<b>5</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 21 Sutra 85 Vikarin 5121
Kanya Rasi: 9.23	Tithi 7 – 8	<b>Gulika</b> 1:53PM – 3:41PM	<b>Uttaraphalguni</b> Until 6:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	
<b>Family Home Evening</b>		Yama 10:17AM – 12:05PM	Parigha* Until 1:06AM Tue	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 12
		453793461 <b>Rahu</b> 6:41AM – 8:29AM	Gara Until 7:00AM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:53PM	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 22 Sutra 86 Vikarin 5121
Kanya Rasi: 23.29	Tithi 8 – 9	<b>Gulika</b> 12:05PM – 1:53PM	<b>Chitra</b> Until 4:50AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:53AM	
		Yama 8:29AM – 10:17AM	Shiva Until 10:39PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 12
		463793461 <b>Rahu</b> 3:41PM – 5:29PM	Balava Until 3:14AM Wed	<b>Nataraja:</b> Yellow		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 4:00PM	Moon – Green		<b>Subha Sivaloka Day</b>
				<b>Ashada*Ani</b>		

<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 23 Sutra 87 Vikarin 5121
Tula Rasi: 7.19	Tithi 9 – 10	<b>Gulika</b> 10:18AM – 12:05PM	<b>Svati</b> Until 4:15AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	
		Yama 6:42AM – 8:30AM	Siddha Until 8:32PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 12
		463893461 <b>Rahu</b> 12:05PM – 1:53PM	Taitila Until 2:00AM Thu	<b>Nataraja:</b> Yellow		Navami
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:32PM	Moon – Green		<b>Sivaloka Day</b>
				<b>Ashada*Ani</b>		


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Thursday, July 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Memphis, TN
			Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24 Sutra 88
	Tula Rasi: 20.53	Tithi 10 – 11	<b>Gulika</b> 8:30AM – 10:18AM	<b>Vishakha</b> Until 4:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	Vikarin 5121
			Yama 4:55AM – 6:42AM	Sadhya Until 6:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 1:53PM – 3:41PM	Vanija Until 1:13AM Fri	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:32PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>2</b>	<b>Friday, July 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
			Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25 Sutra 89
	Vischika Rasi: 4.11	Tithi 11 – 12	<b>Gulika</b> 6:43AM – 8:30AM	<b>Anuradha</b> Until 4:54AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:55AM	Vikarin 5121
			Yama 3:41PM – 5:28PM	Subha Until 5:28PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 10:18AM – 12:06PM	Bava Until 12:56AM Sat	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 1:00PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

<b>3</b>	<b>Saturday, July 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Memphis, TN
			Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 90
	Vischika Rasi: 17.14	Tithi 12 – 13	<b>Gulika</b> 4:56AM – 6:43AM	<b>Jyeshtha*</b> Until 5:43AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:56AM	Vikarin 5121
			Yama 1:53PM – 3:41PM	Sukla Until 4:29PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 13
		473893461 <b>Rahu</b> 8:31AM – 10:18AM	Kaulava Until 1:07AM Sun	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 12:56PM	Moon – Orange		<b>Devaloka Day</b>	
Until 5:43AM Sun				<b>Ashada*Ani</b>			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, July 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Memphis, TN
			Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 91
	Dhanus Rasi: 0.04	Tithi 13 – 14	<b>Gulika</b> 3:41PM – 5:28PM	<b>Mula*</b> Until 7:18AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:56AM	Vikarin 5121
			Yama 12:06PM – 1:53PM	Brahma Until 3:53PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 5:28PM – 7:15PM	Gara Until 1:47AM Mon	<b>Nataraja:</b> Yellow		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 1:22PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 7:18AM Mon				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga							

	<b>Monday, July 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Memphis, TN
	<b>Copper Retreat Star</b>		Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 92
	Dhanus Rasi: 12.39	Tithi 14 – 15	<b>Gulika</b> 1:53PM – 3:40PM	<b>Mula*</b> Until 7:18AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:57AM	Vikarin 5121
			Yama 10:19AM – 12:06PM	Indra Until 3:41PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 13
<b>Family Home Evening</b>		483893461 <b>Rahu</b> 6:44AM – 8:31AM	Visti Until 2:54AM Tue	<b>Nataraja:</b> Yellow		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 2:16PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 7:18AM				<b>Ashada*Ani</b>			
Then Routine Work - Marana Yoga		<b>Satguru Purnima</b>					

	<b>Tuesday, July 16, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam				Memphis, TN
	<b>Silver Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 93
	Dhanus Rasi: 25.02	Tithi 15 – 16	<b>Gulika</b> 12:06PM – 1:53PM	<b>Purvashadha*</b> Until 9:10AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:58AM	Vikarin 5121
			Yama 8:32AM – 10:19AM	Vaidhriti* Until 3:48PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 13
		483893461 <b>Rahu</b> 3:40PM – 5:27PM	Balava Until 4:28AM Wed	<b>Nataraja:</b> Yellow		Prathama	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:37PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 9:10AM				<b>Ashada*Adi</b>			
Then Routine Work - Prabalarishta Yoga		<b>Partial Lunar Eclipse</b>					



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Memphis, TN

Sutra 94

Makara Rasi: 7.14 Tithi 16 - 17

**Gulika** 10:19AM - 12:06PM  
Yama 6:45AM - 8:32AM  
494893462 **Rahu** 12:06PM - 1:53PM

**Uttarashadha** Until 11:18AM  
Vishkambha\* Until 4:14PM  
Taitila Until 6:24AM Thu  
Prathama\* Until 5:23PM

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Light Blue  
**Ashada-Adi**

**Sunrise:** 4:58AM  
**Sunset:** 7:14PM

Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

1

Thursday, July 18, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Memphis, TN

Sutra 95

Makara Rasi: 19.17 Tithi 17

**Gulika** 8:33AM - 10:19AM  
Yama 4:59AM - 6:46AM  
494893462 **Rahu** 1:53PM - 3:40PM

**Shravana** Until 2:05PM  
Priti Until 4:57PM  
Taitila Until 6:24AM  
Dvitiya Until 7:28PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 4:59AM  
**Sunset:** 7:13PM

Sun 1  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

2

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Trityayam Titau

Memphis, TN

Sutra 96

Kumbha Rasi: 1.14 Tithi 18

**Gulika** 6:46AM - 8:33AM  
Yama 3:39PM - 5:26PM  
494893462 **Rahu** 10:20AM - 12:06PM

**Dhanishtha** Until 4:57PM  
Ayushman Until 5:49PM  
Vanija Until 8:37AM  
Tritiya Until 9:47PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 5:00AM  
**Sunset:** 7:13PM

Sun 2  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

3

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Memphis, TN

Sutra 97

Kumbha Rasi: 13.07 Tithi 19

**Gulika** 5:00AM - 6:47AM  
Yama 1:53PM - 3:39PM  
494893462 **Rahu** 8:33AM - 10:20AM

**Shatabhishak** Until 7:45PM  
Saubhagya Until 6:48PM  
Bava Until 11:00AM  
Chaturthi\* Until 12:12AM Sun

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 5:00AM  
**Sunset:** 7:12PM

Sun 3  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

4

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN

Sutra 98

Kumbha Rasi: 24.58 Tithi 20

**Gulika** 3:39PM - 5:25PM  
Yama 12:06PM - 1:53PM  
414893462 **Rahu** 5:25PM - 7:12PM

**Purvaproshtapada\*** Until 10:53PM  
Sobhana Until 7:46PM  
Kaulava Until 1:25PM  
Panchami Until 2:34AM Mon

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:01AM  
**Sunset:** 7:12PM

Sun 4  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

5

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN

Sutra 99

Meena Rasi: 6.51 Tithi 21

**Gulika** 1:53PM - 3:39PM  
Yama 10:20AM - 12:06PM  
414893462 **Rahu** 6:48AM - 8:34AM

**Uttaraproshtapada** Until 1:40AM Tue  
Athiganda\* Until 8:35PM  
Gara Until 3:42PM  
Shashthi\* Until 4:44AM Tue

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:02AM  
**Sunset:** 7:11PM

Sun 5  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Family Home Evening

Subha Sivaloka Day

6

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Memphis, TN

Sutra 100

Meena Rasi: 18.49 Tithi 22

**Gulika** 12:06PM - 1:52PM  
Yama 8:34AM - 10:20AM  
414893462 **Rahu** 3:38PM - 5:24PM

**Revati** Until 3:57AM Wed  
Sukarma Until 9:11PM  
Visti Until 5:42PM  
Saptami Until 6:32AM Wed

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:03AM  
**Sunset:** 7:10PM

Sun 6  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

D

Wednesday, July 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN

Sutra 101

Mesha Rasi: 0.56 Tithi 22 - 23

**Gulika** 10:21AM - 12:06PM  
Yama 6:49AM - 8:35AM  
424893462 **Rahu** 12:06PM - 1:52PM

**Ashvini** Until 6:04AM Thu  
Dhriti Until 9:26PM  
Balava Until 7:16PM  
Saptami Until 6:32AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 5:03AM  
**Sunset:** 7:10PM

Sun 7  
Moon 7 - Phase 14  
Ashtami

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Sutra 102

Mesha Rasi: 13.17 Tithi 23 - 24

**Gulika** 8:35AM - 10:21AM  
Yama 5:04AM - 6:50AM  
424893462 **Rahu** 1:52PM - 3:38PM

**Ashvini** Until 6:04AM  
Shula\* Until 9:10PM  
Taitila Until 8:13PM  
Ashtami\* Until 7:48AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 5:04AM  
**Sunset:** 7:09PM

Sun 8  
Moon 7 - Phase 14  
Navami

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Friday, July 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Memphis, TN Sun 9
	Mesha Rasi: 25.55	Tithi 24 – 25	<b>Gulika</b> 6:50AM – 8:36AM	<b>Bharani</b> <b>Until 7:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM	Sutra 103
			Yama 3:37PM – 5:23PM	Ganda* <b>Until 8:22PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:08PM	Vikarin 5121
	424893462	<b>Rahu</b> 10:21AM – 12:06PM		Vanija <b>Until 8:27PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Navami* Until 8:25AM</b>	Moon – White		2nd Phase	
					<b>Subha Subha Sivaloka Day</b>		
					<b>Ashada*Adi</b>		

<b>2</b>	<b>Saturday, July 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 10
	Vrishabha Rasi: 8.54	Tithi 25 – 26	<b>Gulika</b> 5:05AM – 6:51AM	<b>Krittika</b> <b>Until 7:49AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:05AM	Sutra 104
			Yama 1:52PM – 3:37PM	Vriddhi <b>Until 6:57PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Vikarin 5121
	424893462	<b>Rahu</b> 8:36AM – 10:21AM		Bava <b>Until 7:55PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		<b>Dashami Until 8:16AM</b>	Moon – White		2nd Phase	
					<b>Subha Subha Sivaloka Day</b>		
					<b>Ashada*Adi</b>		

<b>3</b>	<b>Sunday, July 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 11
	Vrishabha Rasi: 22.19	Tithi 26 – 27	<b>Gulika</b> 3:37PM – 5:22PM	<b>Rohini</b> <b>Until 7:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM	Sutra 105
			Yama 12:06PM – 1:51PM	Dhruva <b>Until 4:53PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:07PM	Vikarin 5121
	424893462	<b>Rahu</b> 5:22PM – 7:07PM		Kaulava <b>Until 6:36PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Ekadashi* Until 7:20AM</b>	Moon – Yellow		2nd Phase	
					<b>Subha Sivaloka Day</b>		
					<b>Ashada*Adi</b>		

<b>4</b>	<b>Monday, July 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN Sun 12
	Mithuna Rasi: 6.1	Tithi 28	<b>Gulika</b> 1:51PM – 3:36PM	<b>Mrigashira</b> <b>Until 6:51AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:07AM	Sutra 106
	<b>Family Home Evening</b>		Yama 10:21AM – 12:06PM	Vyaghata* <b>Until 2:14PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:06PM	Vikarin 5121
	435893462	<b>Rahu</b> 6:52AM – 8:37AM		Gara <b>Until 4:35PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		<b>Trayodashi* Until 3:19AM Tue</b>	Moon – Yellow		2nd Phase	
Until 6:51AM					<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga					<b>Ashada*Adi</b>		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Tuesday, July 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Memphis, TN Sun 13
	Mithuna Rasi: 20.26	Tithi 29	<b>Gulika</b> 12:06PM – 1:51PM	<b>Punarvasu</b> <b>Until 3:09AM Wed</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:08AM	Sutra 107
			Yama 8:37AM – 10:22AM	Harshana <b>Until 11:07AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:05PM	Vikarin 5121
	445893462	<b>Rahu</b> 3:36PM – 5:20PM		Visti <b>Until 1:57PM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:27AM Wed</b>	Moon – Blue		2nd Phase	
					<b>Sivaloka Day</b>		
					<b>Ashada*Adi</b>		

	<b>Wednesday, July 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Memphis, TN Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 10:22AM – 12:06PM	<b>Pushya</b> <b>Until 12:40AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:08AM	Sutra 108
	Kataka Rasi: 5.05	Tithi 30	Yama 6:53AM – 8:37AM	Vajra* <b>Until 7:33AM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:04PM	Vikarin 5121
	445893462	<b>Rahu</b> 12:06PM – 1:51PM		Catuspada <b>Until 10:52AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Amavasya* Until 9:11PM</b>	Moon – Blue		Amavasya	
					<b>Sivaloka Day</b>		
					<b>Ashada*Adi</b>		

<b>Retreat Star</b>	<b>Thursday, August 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Memphis, TN Sun 15
	Kataka Rasi: 19.59	Tithi 1 – 2	<b>Gulika</b> 8:38AM – 10:22AM	<b>Ashlesha*</b> <b>Until 9:50PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:09AM	Sutra 109
			Yama 5:09AM – 6:53AM	Vyatipata* <b>Until 11:45PM</b>	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:03PM	Vikarin 5121
	445893462	<b>Rahu</b> 1:50PM – 3:35PM		Kintughna <b>Until 7:28AM</b>	<b>Nataraja:</b> White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		<b>Prathama* Until 5:41PM</b>	Moon – Blue		Prathama	
Until 9:50PM					<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga					<b>Sravana*Adi</b>		

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

<b>1</b>		<b>Friday, August 2, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Memphis, TN Sun 16 Sutra 110 Vikarin 5121
Simha Rasi: 5.02	Tithi 2 – 3	<b>Gulika</b> 6:54AM – 8:38AM	<b>Magha* Until 7:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM			
		Yama 3:34PM – 5:18PM	Variyan Until 7:43PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 10:22AM – 12:06PM	Taitila Until 12:22AM Sat	<b>Nataraja:</b> White			3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya Until 2:07PM</b>	Moon – Red		<b>Sivaloka Day</b>		
Until 7:13PM				<b>Sravana-Adi</b>				
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, August 3, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Memphis, TN Sun 17 Sutra 111 Vikarin 5121
Simha Rasi: 20.04	Tithi 3 – 4	<b>Gulika</b> 5:11AM – 6:55AM	<b>Purvaphalguni Until 4:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM			
		Yama 1:50PM – 3:34PM	Parigha* Until 3:49PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16	
		455893462 <b>Rahu</b> 8:38AM – 10:22AM	Vanija Until 8:57PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 10:37AM</b>	Moon – Red		<b>Sivaloka Day</b>		
Until 4:36PM				<b>Sravana-Adi</b>				
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Sunday, August 4, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Memphis, TN Sun 18 Sutra 112 Vikarin 5121
Kanya Rasi: 4.56	Tithi 4 – 5	<b>Gulika</b> 3:33PM – 5:17PM	<b>Uttaraphalguni Until 2:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM			
		Yama 12:06PM – 1:50PM	Shiva Until 12:08PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:01PM		Moon 7 - Phase 16	
		455993462 <b>Rahu</b> 5:17PM – 7:01PM	Balava Until 4:26AM Mon	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Amrita Yoga		<b>Chaturthi* Until 7:20AM</b>	Moon – Red		<b>Subha Sivaloka Day</b>		
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>				

<b>4</b>		<b>Monday, August 5, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Memphis, TN Sun 19 Sutra 113 Vikarin 5121
Kanya Rasi: 19.33	Tithi 6	<b>Gulika</b> 1:49PM – 3:33PM	<b>Hasta Until 12:17PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:12AM			
<b>Family Home Evening</b>		Yama 10:22AM – 12:06PM	Siddha Until 8:45AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 7:00PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 <b>Rahu</b> 6:56AM – 8:39AM	Kaulava Until 3:10PM	<b>Nataraja:</b> White			3rd Phase	
Until 12:17PM			<b>Shashthi* Until 2:00AM Tue</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>		
Then Routine Work - Prabalarishta Yoga				<b>Sravana-Adi</b>				

<b>5</b>		<b>Tuesday, August 6, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau		Memphis, TN Sun 20 Sutra 114 Vikarin 5121
Tula Rasi: 3.49	Tithi 7	<b>Gulika</b> 12:06PM – 1:49PM	<b>Chitra Until 10:52AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:13AM			
		Yama 8:39AM – 10:23AM	Subha Until 3:21AM Wed	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:59PM		Moon 7 - Phase 16	
		465993462 <b>Rahu</b> 3:32PM – 5:15PM	Gara Until 1:02PM	<b>Nataraja:</b> White			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 12:10AM Wed</b>	Moon – Green		<b>Subha Subha Sivaloka Day</b>		
				<b>Sravana-Adi</b>				

<b>Retreat Star</b>		<b>Wednesday, August 7, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Memphis, TN Sun 21 Sutra 115 Vikarin 5121
Tula Rasi: 17.41	Tithi 8	<b>Gulika</b> 10:23AM – 12:06PM	<b>Svati Until 9:54AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:14AM			
		Yama 6:57AM – 8:40AM	Sukla Until 1:25AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:58PM		Moon 7 - Phase 16	
		466993462 <b>Rahu</b> 12:06PM – 1:49PM	Visti Until 11:30AM	<b>Nataraja:</b> White			Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:59PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>		
				<b>Sravana-Adi</b>				

<b>Retreat Star</b>		<b>Thursday, August 8, 2019</b>				Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Memphis, TN Sun 22 Sutra 116 Vikarin 5121
Vrischika Rasi: 1.1	Tithi 9	<b>Gulika</b> 8:40AM – 10:23AM	<b>Vishakha Until 9:54AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:14AM			
		Yama 5:14AM – 6:57AM	Brahma Until 12:02AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:57PM		Moon 7 - Phase 16	
		476993462 <b>Rahu</b> 1:48PM – 3:31PM	Balava Until 10:39AM	<b>Nataraja:</b> White			Navami	
Creative Work	Siddha Yoga		<b>Navami* Until 10:28PM</b>	Moon – Orange		<b>Sivaloka Day</b>		
				<b>Sravana-Adi</b>				

<b>1</b>		<b>Friday, August 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 14.17	Tithi 10	<b>Gulika</b> 6:58AM – 8:40AM	<b>Anuradha</b> <b>Until 10:24AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:15AM	
		Yama 3:30PM – 5:13PM	Indra Until 11:10PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 10:23AM – 12:05PM	Taitila Until 10:28AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
Until 10:24AM		<b>Varalakshmi Vratam</b>	<b>Dashami</b> <b>Until 10:36PM</b>	<b>Sravana*Adi</b>		
Then Routine Work - Marana Yoga						

<b>2</b>		<b>Saturday, August 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 27.05	Tithi 11	<b>Gulika</b> 5:16AM – 6:58AM	<b>Jyeshtha*</b> <b>Until 11:22AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	
		Yama 1:48PM – 3:30PM	Vaidhriti* Until 10:45PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
		476993462 <b>Rahu</b> 8:41AM – 10:23AM	Vanija Until 10:55AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Sivaloka Day</b>
			<b>Ekadashi</b> <b>Until 11:20PM</b>	<b>Sravana*Adi</b>		

<b>3</b>		<b>Sunday, August 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Memphis, TN Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.37	Tithi 12	<b>Gulika</b> 3:29PM – 5:11PM	<b>Mula*</b> <b>Until 1:12PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:17AM	
		Yama 12:05PM – 1:47PM	Vishkambha* Until 10:46PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 5:11PM – 6:53PM	Bava Until 11:56AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 1:12PM			<b>Dvodashi</b> <b>Until 12:36AM Mon</b>	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Monday, August 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Memphis, TN Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.55	Tithi 13	<b>Gulika</b> 1:47PM – 3:29PM	<b>Purvashadha*</b> <b>Until 3:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	
<b>Family Home Evening</b>		Yama 10:23AM – 12:05PM	Priti Until 11:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 6:59AM – 8:41AM	Kaulava Until 1:25PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
			<b>Trayodashi</b> <b>Until 2:17AM Tue</b>	<b>Sravana*Adi</b>		
			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, August 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Memphis, TN Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 4.04	Tithi 14	<b>Gulika</b> 12:05PM – 1:46PM	<b>Uttarashadha</b> <b>Until 5:38PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:18AM	
		Yama 8:41AM – 10:23AM	Ayushman Until 11:42PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
		486993462 <b>Rahu</b> 3:28PM – 5:10PM	Gara Until 3:16PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Subha Sivaloka Day</b>
Until 5:38PM			<b>Chaturdashi*</b> <b>Until 4:18AM Wed</b>	<b>Sravana*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>○</b>		<b>Wednesday, August 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau		Memphis, TN Sutra 122 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:23AM – 12:05PM	<b>Shravana</b> <b>Until 8:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	
Makara Rasi: 16.05	Tithi 15	Yama 7:00AM – 8:42AM	Saubhagya Until 12:29AM Thu	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:50PM	Moon 7 - Phase 17
		496993462 <b>Rahu</b> 12:05PM – 1:46PM	Visti Until 5:25PM	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		<b>Sivaloka Day</b>
Until 8:33PM		<b>Raksha Bandhan</b>	<b>Purnima*</b> <b>Until 6:32AM Thu</b>	<b>Sravana*Adi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>○</b>		<b>Thursday, August 15, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sutra 123 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:42AM – 10:23AM	<b>Dhanishtha</b> <b>Until 11:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM	
Makara Rasi: 28.01	Tithi 15 – 16	Yama 5:20AM – 7:01AM	Sobhana Until 1:24AM Fri	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17
		497993462 <b>Rahu</b> 1:45PM – 3:27PM	Balava Until 7:44PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		<b>Subha Sivaloka Day</b>
			<b>Purnima*</b> <b>Until 6:32AM</b>	<b>Sravana*Adi</b>		





**Friday, August 16, 2019**  
**Gold Retreat Star**

Kumbha Rasi: 9.53    Tithi 16 – 17

497993462

Creative Work    Siddha Yoga

Until 2:16AM Sat

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    7:01AM – 8:42AM  
Yama       3:26PM – 5:07PM  
**Rahu**       10:23AM – 12:04PM

**Shatabhishak Until 2:16AM Sat**  
Athiganda\* Until 2:21AM Sat  
Taitila Until 10:10PM  
**Prathama\* Until 8:55AM**

**Ganesha:** Yellow    *Sunrise:* 5:21AM  
**Muruqa:** Blue       *Sunset:* 6:48PM  
**Nataraja:** White  
Moon – Purple

Memphis, TN  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Sivaloka Day**

**Sravana-Adi**

**1**

**Saturday, August 17, 2019**

Kumbha Rasi: 21.45    Tithi 17 – 18

517993462

Routine Work    Marana Yoga

Until 5:25AM Sun

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    5:21AM – 7:02AM  
Yama       1:45PM – 3:25PM  
**Rahu**       8:43AM – 10:23AM

**Purvaproshtapada\* Until 5:25AM Sun**  
Sukarma Until 3:18AM Sun  
Vanija Until 12:35AM Sun  
**Dvitiya Until 11:21AM**

**Ganesha:** White    *Sunrise:* 5:21AM  
**Muruqa:** Blue       *Sunset:* 6:47PM  
**Nataraja:** White  
Moon – Clear

Memphis, TN  
Sun 1  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**2**

**Sunday, August 18, 2019**

Meena Rasi: 3.37    Tithi 18 – 19

517993462

Creative Work    Amrita Yoga

Until 8:16AM Mon

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    3:25PM – 5:05PM  
Yama       12:04PM – 1:44PM  
**Rahu**       5:05PM – 6:45PM

**Uttaraproshtapada Until 8:16AM Mon**  
Dhriti Until 4:12AM Mon  
Bava Until 2:55AM Mon  
**Tritiya Until 1:45PM**

**Ganesha:** White    *Sunrise:* 5:22AM  
**Muruqa:** Blue       *Sunset:* 6:45PM  
**Nataraja:** White  
Moon – Clear

Memphis, TN  
Sun 2  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**3**

**Monday, August 19, 2019**

Meena Rasi: 15.31    Tithi 19 – 20

517993462

**Family Home Evening**

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    1:44PM – 3:24PM  
Yama       10:23AM – 12:03PM  
**Rahu**       7:03AM – 8:43AM

**Uttaraproshtapada Until 8:16AM**  
Shula\* Until 4:54AM Tue  
Kaulava Until 5:03AM Tue  
**Chaturthi\* Until 4:00PM**

**Ganesha:** White    *Sunrise:* 5:23AM  
**Muruqa:** Blue       *Sunset:* 6:44PM  
**Nataraja:** White  
Moon – Clear

Memphis, TN  
Sun 3  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**4**

**Tuesday, August 20, 2019**

Meena Rasi: 27.31    Tithi 20 – 21

517993462

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**    12:03PM – 1:43PM  
Yama       8:43AM – 10:23AM  
**Rahu**       3:23PM – 5:03PM

**Revati Until 10:46AM**  
Ganda\* Until 5:22AM Wed  
Gara Until 6:52AM Wed  
**Panchami Until 5:59PM**

**Ganesha:** White    *Sunrise:* 5:24AM  
**Muruqa:** Blue       *Sunset:* 6:43PM  
**Nataraja:** White  
Moon – Clear

Memphis, TN  
Sun 4  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Subha Subha Sivaloka Day**

**Sravana-Avani**

**5**

**Wednesday, August 21, 2019**

Mesha Rasi: 9.38    Tithi 21

528993462

Routine Work    Marana Yoga

Until 1:14PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    10:23AM – 12:03PM  
Yama       7:04AM – 8:44AM  
**Rahu**       12:03PM – 1:43PM

**Ashvini Until 1:14PM**  
Vriddhi Until 5:30AM Thu  
Gara Until 6:52AM  
**Shashthi\* Until 7:35PM**

**Ganesha:** White    *Sunrise:* 5:24AM  
**Muruqa:** Blue       *Sunset:* 6:42PM  
**Nataraja:** White  
Moon – White

Memphis, TN  
Sun 5  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Sravana-Avani**

**6**

**Thursday, August 22, 2019**

Mesha Rasi: 21.56    Tithi 22

528993462

Creative Work    Siddha Yoga

Until 3:04PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    8:44AM – 10:23AM  
Yama       5:25AM – 7:04AM  
**Rahu**       1:42PM – 3:22PM

**Bharani Until 3:04PM**  
Dhruva Until 5:09AM Fri  
Visti Until 8:13AM  
**Saptami Until 8:39PM**

**Ganesha:** White    *Sunrise:* 5:25AM  
**Muruqa:** Blue       *Sunset:* 6:40PM  
**Nataraja:** White  
Moon – White

Memphis, TN  
Sun 6  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

**Sivaloka Day**

**Sravana-Avani**

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vrishabha Rasi: 4.31    Tithi 23

528993462

Creative Work    Siddha Yoga

Until 4:07PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    7:05AM – 8:44AM  
Yama       3:21PM – 5:00PM  
**Rahu**       10:23AM – 12:02PM

**Krittika Until 4:07PM**  
Vyaghata\* Until 4:16AM Sat  
Balava Until 8:58AM  
**Ashtami\* Until 9:03PM**

**Ganesha:** White    *Sunrise:* 5:26AM  
**Muruqa:** Blue       *Sunset:* 6:39PM  
**Nataraja:** White  
Moon – White

Memphis, TN  
Sun 7  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

**Sivaloka Day**

**Sravana-Avani**

**Krishna Janmashtami**

**Saturday, August 24, 2019**

**Retreat Star**

Vrishabha Rasi: 17.25    Tithi 24

538993462

Creative Work    Amrita Yoga

Until 4:45PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    5:27AM – 7:05AM  
Yama       1:41PM – 3:20PM  
**Rahu**       8:44AM – 10:23AM

**Rohini Until 4:45PM**  
Harshana Until 2:46AM Sun  
Taitila Until 9:00AM  
**Navami\* Until 8:42PM**

**Ganesha:** Clear    *Sunrise:* 5:27AM  
**Muruqa:** Blue       *Sunset:* 6:38PM  
**Nataraja:** White  
Moon – Yellow

Memphis, TN  
Sun 8  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

**Subha Sivaloka Day**

**Sravana-Avani**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Sunday, August 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Memphis, TN
			Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 133
	Mithuna Rasi: 0.43	Tithi 25	<b>Gulika</b> 3:19PM – 4:58PM	<b>Mrigashira</b> Until 4:27PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:27AM		Vikarin 5121
	Creative Work	Siddha Yoga	Yama 12:02PM – 1:41PM	Vajra* Until 12:37AM Mon	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:37PM		Moon 8 - Phase 19
		538993462 <b>Rahu</b> 4:58PM – 6:37PM	Vanija Until 8:14AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Dashami</b> Until 7:33PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>	<b>Monday, August 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Memphis, TN
			Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 134
	Mithuna Rasi: 14.28	Tithi 26 – 27	<b>Gulika</b> 1:40PM – 3:18PM	<b>Ardra</b> Until 3:15PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:28AM		Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:23AM – 12:02PM	Siddhi Until 9:52PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:35PM		Moon 8 - Phase 19
Creative Work	Siddha Yoga	548993462 <b>Rahu</b> 7:06AM – 8:45AM	Bava Until 6:42AM	<b>Nataraja:</b> White		2nd Phase	
			<b>Ekadashi*</b> Until 5:38PM	Moon – Yellow		<b>Subha Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>3</b>	<b>Tuesday, August 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Memphis, TN
			Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 135
	Mithuna Rasi: 28.42	Tithi 27 – 28	<b>Gulika</b> 12:01PM – 1:40PM	<b>Punarvasu</b> Until 1:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:29AM		Vikarin 5121
	Creative Work	Siddha Yoga	Yama 8:45AM – 10:23AM	Vyatipata* Until 6:36PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:34PM		Moon 8 - Phase 19
		548993462 <b>Rahu</b> 3:18PM – 4:56PM	Gara Until 1:34AM Wed	<b>Nataraja:</b> White		2nd Phase	
			<b>Dvadashi*</b> Until 3:03PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Wednesday, August 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Memphis, TN
			Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 136
	Kataka Rasi: 13.21	Tithi 28 – 29	<b>Gulika</b> 10:23AM – 12:01PM	<b>Pushya</b> Until 11:20AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM		Vikarin 5121
	Creative Work	Siddha Yoga	Yama 7:07AM – 8:45AM	Variyan Until 2:51PM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:33PM		Moon 8 - Phase 19
		549193463 <b>Rahu</b> 12:01PM – 1:39PM	Visti Until 10:12PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Trayodashi*</b> Until 11:55AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

	<b>Thursday, August 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Memphis, TN
	<b>Retreat Star</b>		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 137
	Kataka Rasi: 28.2	Tithi 29 – 30	<b>Gulika</b> 8:46AM – 10:23AM	<b>Ashlesha*</b> Until 8:29AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:30AM		Vikarin 5121
	Creative Work	Siddha Yoga	Yama 5:30AM – 7:08AM	Parigha* Until 10:49AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:31PM		Moon 8 - Phase 19
		549193463 <b>Rahu</b> 1:38PM – 3:16PM	Catuspada Until 6:31PM	<b>Nataraja:</b> Clear		Amavasya	
			<b>Chaturdashi*</b> Until 8:23AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>Friday, August 30, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
			Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 138
	Simha Rasi: 13.32	Tithi 1	<b>Gulika</b> 7:08AM – 8:46AM	<b>Purvaphalguni</b> Until 2:37AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:31AM		Vikarin 5121
	Creative Work	Siddha Yoga	Yama 3:15PM – 4:53PM	Shiva Until 6:36AM	<b>Muruqa:</b> Blue <i>Sunset:</i> 6:30PM		Moon 8 - Phase 19
		559193463 <b>Rahu</b> 10:23AM – 12:00PM	Kintughna Until 2:41PM	<b>Nataraja:</b> Clear		Prathama	
			<b>Prathama*</b> Until 12:45AM Sat	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>	<b>Saturday, August 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 139
	Simha Rasi: 28.48	Tithi 2	<b>Gulika</b> 5:32AM – 7:09AM	<b>Uttaraphalguni Until 11:35PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:32AM	Vikarin 5121
			Yama 1:37PM – 3:14PM	Sadhya Until 10:07PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20
	Routine Work	Marana Yoga	559193463 <b>Rahu</b> 8:46AM – 10:23AM	Balava Until 10:52AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 9:00PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Sunday, September 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Memphis, TN Sun 16 Sutra 140
	Kanya Rasi: 13.56	Tithi 3 – 4	<b>Gulika</b> 3:14PM – 4:50PM	<b>Hasta Until 9:06PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Vikarin 5121
			Yama 12:00PM – 1:37PM	Subha Until 6:11PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 20
	Creative Work	Amrita Yoga	569193463 <b>Rahu</b> 4:50PM – 6:27PM	Taitila Until 7:14AM	<b>Nataraja:</b> Clear		3rd Phase
Until 9:06PM			<b>Tritiya Until 5:31PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Monday, September 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 17 Sutra 141
	Kanya Rasi: 28.48	Tithi 4 – 5	<b>Gulika</b> 1:36PM – 3:13PM	<b>Chitra Until 6:56PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:33AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:23AM – 12:00PM	Sukla Until 2:35PM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20
	Routine Work	Prabalarishta Yoga	569193463 <b>Rahu</b> 7:10AM – 8:46AM	Bava Until 1:10AM Tue	<b>Nataraja:</b> Clear		3rd Phase
Until 6:56PM			<b>Chaturthi* Until 2:28PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga			<b>Ganesha Chaturthi</b>	<b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Tuesday, September 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Memphis, TN Sun 18 Sutra 142
	Tula Rasi: 13.16	Tithi 5 – 6	<b>Gulika</b> 11:59AM – 1:36PM	<b>Svati Until 5:15PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:34AM	Vikarin 5121
			Yama 8:47AM – 10:23AM	Brahma Until 11:28AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	569193463 <b>Rahu</b> 3:12PM – 4:48PM	Kaulava Until 11:02PM	<b>Nataraja:</b> Clear		3rd Phase
Until 5:15PM			<b>Panchami Until 12:00PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Wednesday, September 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Memphis, TN Sun 19 Sutra 143
	Tula Rasi: 27.17	Tithi 6 – 7	<b>Gulika</b> 10:23AM – 11:59AM	<b>Vishakha Until 4:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:35AM	Vikarin 5121
			Yama 7:11AM – 8:47AM	Indra Until 8:57AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 20
	Creative Work	Siddha Yoga	579193463 <b>Rahu</b> 11:59AM – 1:35PM	Gara Until 9:41PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi* Until 10:14AM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>D</b>	<b>Thursday, September 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 20 Sutra 144
	<b>Retreat Star</b>		<b>Gulika</b> 8:47AM – 10:23AM	<b>Anuradha Until 4:35PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:35AM	Vikarin 5121
	Vrischika Rasi: 10.5	Tithi 7 – 8	Yama 5:35AM – 7:11AM	Vaidhriti* Until 7:04AM	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:22PM	Moon 8 - Phase 20
			571193463 <b>Rahu</b> 1:34PM – 3:10PM	Visti Until 9:08PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 9:17AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 4:35PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Prabalarishta Yoga							

<b>D</b>	<b>Friday, September 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 21 Sutra 145
	<b>Retreat Star</b>		<b>Gulika</b> 7:12AM – 8:47AM	<b>Jyeshtha* Until 5:13PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	Vikarin 5121
	Vrischika Rasi: 23.55	Tithi 8 – 9	Yama 3:09PM – 4:45PM	Priti Until 5:15AM Sat	<b>Muruqa:</b> Blue	<i>Sunset:</i> 6:20PM	Moon 8 - Phase 20
			571193463 <b>Rahu</b> 10:23AM – 11:58AM	Balava Until 9:25PM	<b>Nataraja:</b> Clear		Navami
Routine Work	Marana Yoga		<b>Ashtami* Until 9:10AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 5:13PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

1	<b>Saturday, September 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Memphis, TN Sun 22
	Dhanus Rasi: 6.37	Tithi 9 – 10	581193463	<b>Gulika</b> 5:37AM – 7:12AM Yama 1:33PM – 3:08PM <b>Rahu</b> 8:47AM – 10:23AM	<b>Mula* Until 6:56PM</b> Ayushman Until 5:11AM Sun Taitila Until 10:27PM <b>Navami* Until 9:49AM</b>	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Sunrise: 5:37AM Sunset: 6:19PM Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Sunday, September 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 23
	Dhanus Rasi: 19	Tithi 10 – 11	581193463	<b>Gulika</b> 3:07PM – 4:42PM Yama 11:58AM – 1:32PM <b>Rahu</b> 4:42PM – 6:17PM	<b>Purvashadha* Until 9:05PM</b> Saubhagya Until 5:34AM Mon Vanija Until 12:05AM Mon <b>Dashami Until 11:10AM</b>	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Sunrise: 5:38AM Sunset: 6:17PM Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 9:05PM	Then Creative Work - Amrita Yoga		<b>Grandparent's Day</b>			

3	<b>Monday, September 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 24
	Makara Rasi: 1.09	Tithi 11 – 12	581193463	<b>Gulika</b> 1:32PM – 3:07PM Yama 10:22AM – 11:57AM <b>Rahu</b> 7:13AM – 8:48AM	<b>Uttarashadha Until 11:30PM</b> Sobhana Until 6:16AM Tue Bava Until 2:09AM Tue <b>Ekadashi Until 1:03PM</b>	Ganesha: Green Muruqa: Blue Nataraja: Clear Moon – Light Blue <b>Bhadrapada-Avani</b>	Sunrise: 5:38AM Sunset: 6:16PM Moon 8 - Phase 21 4th Phase <b>Devaloka Day</b>
	Family Home Evening	Marana Yoga					
	Until 11:30PM	Then Creative Work - Amrita Yoga					

4	<b>Tuesday, September 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 25
	Makara Rasi: 13.08	Tithi 12 – 13	591193463	<b>Gulika</b> 11:57AM – 1:31PM Yama 8:48AM – 10:22AM <b>Rahu</b> 3:06PM – 4:40PM	<b>Shravana Until 2:32AM Wed</b> Sobhana Until 6:16AM Kaulava Until 4:29AM Wed <b>Dvadashi Until 3:16PM</b>	Ganesha: Red Muruqa: Blue Nataraja: Clear Moon – Purple <b>Bhadrapada-Avani</b>	Sunrise: 5:39AM Sunset: 6:15PM Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 2:32AM Wed	Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5	<b>Wednesday, September 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 26
	Makara Rasi: 25.02	Tithi 13 – 14	591193463	<b>Gulika</b> 10:22AM – 11:56AM Yama 7:14AM – 8:48AM <b>Rahu</b> 11:56AM – 1:31PM	<b>Dhanishtha Until 5:31AM Thu</b> Athiganda* Until 7:07AM Gara Until 6:57AM Thu <b>Trayodashi Until 5:41PM</b>	Ganesha: Red Muruqa: Blue Nataraja: Clear Moon – Purple <b>Bhadrapada-Avani</b>	Sunrise: 5:40AM Sunset: 6:13PM Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
	Routine Work	Prabalarishta Yoga					
	Until 5:31AM Thu	Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>			

6	<b>Thursday, September 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN Sun 27
	Kumbha Rasi: 6.54	Tithi 14	591193463	<b>Gulika</b> 8:48AM – 10:22AM Yama 5:41AM – 7:14AM <b>Rahu</b> 1:30PM – 3:04PM	<b>Shatabhishak Until 8:20AM Fri</b> Sukarma Until 8:04AM Gara Until 6:57AM <b>Chaturdashi* Until 8:09PM</b>	Ganesha: Red Muruqa: Blue Nataraja: Clear Moon – Purple <b>Bhadrapada-Avani</b>	Sunrise: 5:41AM Sunset: 6:12PM Moon 8 - Phase 21 4th Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

○	<b>Friday, September 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN Sun 28
	<b>Copper Retreat Star</b>		591113463	<b>Gulika</b> 7:15AM – 8:49AM Yama 3:03PM – 4:37PM <b>Rahu</b> 10:22AM – 11:56AM	<b>Shatabhishak Until 8:20AM</b> Dhriti Until 9:01AM Visti Until 9:24AM <b>Purnima* Until 10:36PM</b>	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Purple <b>Bhadrapada-Avani</b>	Sunrise: 5:41AM Sunset: 6:10PM Moon 8 - Phase 21 Purnima <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

○	<b>Saturday, September 14, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sun 29
	<b>Silver Retreat Star</b>		511113463	<b>Gulika</b> 5:42AM – 7:15AM Yama 1:29PM – 3:02PM <b>Rahu</b> 8:49AM – 10:22AM	<b>Purvaproshtapada* Until 11:25AM</b> Shula* Until 9:53AM Balava Until 11:48AM <b>Prathama* Until 12:55AM Sun</b>	Ganesha: Red Muruqa: Purple Nataraja: Clear Moon – Clear <b>Bhadrapada-Avani</b>	Sunrise: 5:42AM Sunset: 6:09PM Moon 8 - Phase 21 Prathama <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					
	Until 11:25AM	Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



**Sunday, September 15, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Memphis, TN  
Sun 1 Sutra 154  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 12.34 Tithi 17  
512113463 Rahu  
Creative Work Amrita Yoga

**Gulika** 3:01PM – 4:34PM  
Yama 11:55AM – 1:28PM  
**Rahu** 4:34PM – 6:07PM

**Uttaraproshtapada** Until 2:13PM  
Ganda\* Until 10:40AM  
Tailila Until 2:03PM  
**Dvitiya** Until 3:05AM Mon

**Ganesha:** Yellow *Sunrise:* 5:43AM  
**Muruqa:** Purple *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada-Avani**

**Sivaloka Day**

**1**

**Monday, September 16, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Memphis, TN  
Sun 2 Sutra 155  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Meena Rasi: 24.33 Tithi 18  
512113463 Rahu  
Creative Work Siddha Yoga

**Gulika** 1:28PM – 3:00PM  
Yama 10:22AM – 11:55AM  
**Rahu** 7:16AM – 8:49AM

**Revati** Until 4:39PM  
Vridhhi Until 11:20AM  
Vanija Until 4:06PM  
**Tritiya** Until 5:02AM Tue

**Ganesha:** Yellow *Sunrise:* 5:43AM  
**Muruqa:** Purple *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Clear  
**Bhadrapada-Avani**

**Sivaloka Day**

**2**

**Tuesday, September 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturtham Titau

Memphis, TN  
Sun 3 Sutra 156  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 6.38 Tithi 19  
522113463 Rahu  
Creative Work Siddha Yoga

**Gulika** 11:54AM – 1:27PM  
Yama 8:49AM – 10:22AM  
**Rahu** 2:59PM – 4:32PM

**Ashvini** Until 7:11PM  
Dhruva Until 11:46AM  
Bava Until 5:55PM  
**Chaturthi\*** Until 6:41AM Wed

**Ganesha:** White *Sunrise:* 5:44AM  
**Muruqa:** Purple *Sunset:* 6:04PM  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Devaloka Day**

**3**

**Wednesday, September 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN  
Sun 4 Sutra 157  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Mesha Rasi: 18.5 Tithi 19 – 20  
522113463 Rahu  
Creative Work Siddha Yoga  
Until 9:13PM  
Then Creative Work - Amrita Yoga

**Gulika** 10:22AM – 11:54AM  
Yama 7:17AM – 8:49AM  
**Rahu** 11:54AM – 1:26PM

**Bharani** Until 9:13PM  
Vyaghata\* Until 11:59AM  
Kaulava Until 7:23PM  
**Chaturthi\*** Until 6:41AM

**Ganesha:** White *Sunrise:* 5:45AM  
**Muruqa:** Purple *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Devaloka Day**

**4**

**Thursday, September 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN  
Sun 5 Sutra 158  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Vrishabha Rasi: 1.12 Tithi 20 – 21  
522113463 Rahu  
Routine Work Marana Yoga

**Gulika** 8:50AM – 10:22AM  
Yama 5:46AM – 7:18AM  
**Rahu** 1:26PM – 2:58PM

**Krittika** Until 10:39PM  
Harshana Until 11:55AM  
Gara Until 8:26PM  
**Panchami** Until 7:57AM

**Ganesha:** White *Sunrise:* 5:46AM  
**Muruqa:** Purple *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White  
**Bhadrapada-Puratasi**

**Devaloka Day**

**5**

**Friday, September 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Memphis, TN  
Sun 6 Sutra 159  
Vikarin 5121  
Moon 9 - Phase 22  
1st Phase

Vrishabha Rasi: 13.47 Tithi 21 – 22  
532113463 Rahu  
Routine Work Marana Yoga  
Until 11:52PM  
Then Creative Work - Siddha Yoga

**Gulika** 7:18AM – 8:50AM  
Yama 2:57PM – 4:28PM  
**Rahu** 10:22AM – 11:53AM

**Rohini** Until 11:52PM  
Vajra\* Until 11:24AM  
Visti Until 8:55PM  
**Shashthi\*** Until 8:44AM

**Ganesha:** Clear *Sunrise:* 5:46AM  
**Muruqa:** Purple *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

**☾**

**Saturday, September 21, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN  
Sun 7 Sutra 160  
Vikarin 5121  
Moon 9 - Phase 22  
Ashtami

Vrishabha Rasi: 26.38 Tithi 22 – 23  
532113463 Rahu  
Creative Work Siddha Yoga

**Gulika** 5:47AM – 7:19AM  
Yama 1:24PM – 2:56PM  
**Rahu** 8:50AM – 10:21AM

**Mrigashira** Until 12:17AM Sun  
Siddhi Until 10:26AM  
Balava Until 8:45PM  
**Saptami** Until 8:54AM

**Ganesha:** Clear *Sunrise:* 5:47AM  
**Muruqa:** Purple *Sunset:* 5:59PM  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

**Sunday, September 22, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Memphis, TN  
Sun 8 Sutra 161  
Vikarin 5121  
Moon 9 - Phase 22  
Navami

Mithuna Rasi: 9.5 Tithi 23 – 24  
532213463 Rahu  
Creative Work Siddha Yoga

**Gulika** 2:55PM – 4:26PM  
Yama 11:53AM – 1:24PM  
**Rahu** 4:26PM – 5:57PM

**Ardra** Until 11:50PM  
Vyatipata\* Until 8:55AM  
Tailila Until 7:52PM  
**Ashtami\*** Until 8:23AM

**Ganesha:** Orange *Sunrise:* 5:48AM  
**Muruqa:** Purple *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Yellow  
**Bhadrapada-Puratasi**

**Sivaloka Day**

<b>Monday, September 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau				Memphis, TN Sun 9 Sutra 162 Vikarin 5121
<b>1</b>	Mithuna Rasi: 23.26 Family Home Evening Creative Work Amrita Yoga Until 10:59PM Then Creative Work - Siddha Yoga	Tithi 24 - 25 542213463	<b>Gulika</b> 1:23PM - 2:54PM Yama 10:21AM - 11:52AM <b>Rahu</b> 7:20AM - 8:50AM	<b>Punarvasu</b> Until 10:59PM Variyan Until 6:48AM Vanija Until 6:16PM Navami* Until 7:08AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:56PM <b>Nataraja:</b> Clear Moon - Blue	Devaloka Day Bhadrapada-Puratasi

<b>Tuesday, September 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau				Memphis, TN Sun 10 Sutra 163 Vikarin 5121
<b>2</b>	Kataka Rasi: 7.28 Creative Work Siddha Yoga	Tithi 26 542213463	<b>Gulika</b> 11:52AM - 1:22PM Yama 8:51AM - 10:21AM <b>Rahu</b> 2:53PM - 4:24PM	<b>Pushya</b> Until 9:18PM Shiva Until 12:56AM Wed Bava Until 3:59PM Ekadashi* Until 2:36AM Wed	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Clear Moon - Blue	Devaloka Day Bhadrapada-Puratasi

<b>Wednesday, September 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau				Memphis, TN Sun 11 Sutra 164 Vikarin 5121
<b>3</b>	Kataka Rasi: 21.56 Creative Work Siddha Yoga	Tithi 27 542213463	<b>Gulika</b> 10:21AM - 11:52AM Yama 7:20AM - 8:51AM <b>Rahu</b> 11:52AM - 1:22PM	<b>Ashlesha*</b> Until 6:57PM Siddha Until 9:17PM Kaulava Until 1:07PM Dvadashi* Until 11:29PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Clear Moon - Blue	Devaloka Day Bhadrapada-Puratasi

<b>Thursday, September 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN Sun 12 Sutra 165 Vikarin 5121
<b>4</b>	Simha Rasi: 6.47 Creative Work Amrita Yoga Until 4:26PM Then Creative Work - Siddha Yoga	Tithi 28 552213463	<b>Gulika</b> 8:51AM - 10:21AM Yama 5:51AM - 7:21AM <b>Rahu</b> 1:21PM - 2:51PM	<b>Magha*</b> Until 4:26PM Sadhya Until 5:18PM Gara Until 9:47AM Trayodashi* Until 7:59PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Clear Moon - Red	Devaloka Day Bhadrapada-Puratasi

<b>Friday, September 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 13 Sutra 166 Vikarin 5121
<b>5</b>	Simha Rasi: 21.53 Creative Work Siddha Yoga	Tithi 29 - 30 552213463	<b>Gulika</b> 7:21AM - 8:51AM Yama 2:50PM - 4:20PM <b>Rahu</b> 10:21AM - 11:51AM	<b>Purvaphalguni</b> Until 1:31PM Subha Until 1:07PM Visti Until 6:09AM Chaturdashi* Until 4:15PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Clear Moon - Red	Devaloka Day Bhadrapada-Puratasi

<b>Saturday, September 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN Sun 14 Sutra 167 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 7.07 Routine Work Marana Yoga	Tithi 30 - 1 653213463	<b>Gulika</b> 5:52AM - 7:22AM Yama 1:20PM - 2:50PM <b>Rahu</b> 8:51AM - 10:21AM Mahalaya Amavasai (Tamil Nadu)	<b>Uttaraphalguni</b> Until 10:24AM Sukla Until 8:51AM Kintughna Until 10:37PM Amavasya* Until 12:28PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Clear Moon - Red	Devaloka Day Bhadrapada-Puratasi

<b>Sunday, September 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 15 Sutra 168 Vikarin 5121
<b>Retreat Star</b>	Kanya Rasi: 22.17 Creative Work Amrita Yoga Until 7:39AM Then Creative Work - Siddha Yoga	Tithi 1 - 2 663213463	<b>Gulika</b> 2:49PM - 4:18PM Yama 11:50AM - 1:19PM <b>Rahu</b> 4:18PM - 5:47PM Navaratri Begins	<b>Hasta</b> Until 7:39AM Indra Until 12:41AM Mon Balava Until 7:04PM Prathama* Until 8:47AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Clear Moon - Green	Devaloka Day Ashvina-Puratasi

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

<b>Monday, September 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau		Memphis, TN Sun 16 Sutra 169 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:19PM – 2:48PM	<b>Svati</b> Until 2:45AM Tue	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:54AM
Tula Rasi: 7.15	Tithi 3	Yama 10:21AM – 11:50AM	Vaidhriti* Until 9:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:46PM
<b>Family Home Evening</b>	663213463	<b>Rahu</b> 7:23AM – 8:52AM	Taitila Until 3:54PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga				Moon – Green
Until 2:45AM Tue			<b>Tritiya</b> Until 2:30AM Tue	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashvina+Puratasi</b>

<b>Tuesday, October 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visiti* Karana Chaturthyam Titau		Memphis, TN Sun 17 Sutra 170 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:50AM – 1:18PM	<b>Vishakha</b> Until 1:23AM Wed	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM
Tula Rasi: 21.52	Tithi 4	Yama 8:52AM – 10:21AM	Vishkambha* Until 5:54PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:44PM
<b>Routine Work</b> Marana Yoga	673213463	<b>Rahu</b> 2:47PM – 4:16PM	Vanija Until 1:17PM	<b>Nataraja:</b> Clear
Until 1:23AM Wed				Moon – Orange
Then Creative Work - Siddha Yoga			<b>Chaturthi*</b> Until 12:13AM Wed	<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Wednesday, October 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Memphis, TN Sun 18 Sutra 171 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:21AM – 11:49AM	<b>Anuradha</b> Until 12:38AM Thu	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM
Vrischika Rasi: 6.01	Tithi 5	Yama 7:24AM – 8:52AM	Priti Until 3:22PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:43PM
<b>Creative Work</b> Siddha Yoga	673213463	<b>Rahu</b> 11:49AM – 1:18PM	Bava Until 11:22AM	<b>Nataraja:</b> Clear
Until 12:38AM Thu				Moon – Orange
Then Routine Work - Prabalarishta Yoga			<b>Panchami</b> Until 10:42PM	<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Thursday, October 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Memphis, TN Sun 19 Sutra 172 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:53AM – 10:21AM	<b>Jyeshtha*</b> Until 12:36AM Fri	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM
Vrischika Rasi: 19.4	Tithi 6	Yama 5:56AM – 7:24AM	Ayushman Until 1:29PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:42PM
<b>Routine Work</b> Prabalarishta Yoga	673213463	<b>Rahu</b> 1:17PM – 2:45PM	Kaulava Until 10:17AM	<b>Nataraja:</b> Clear
Until 12:36AM Fri				Moon – Orange
Then Creative Work - Amrita Yoga			<b>Shashthi*</b> Until 10:03PM	<b>Devaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Friday, October 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Memphis, TN Sun 20 Sutra 173 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:25AM – 8:53AM	<b>Mula*</b> Until 1:45AM Sat	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM
Dhanus Rasi: 2.49	Tithi 7	Yama 2:44PM – 4:12PM	Saubhagya Until 12:19PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:40PM
<b>Creative Work</b> Amrita Yoga	683213463	<b>Rahu</b> 10:21AM – 11:49AM	Gara Until 10:06AM	<b>Nataraja:</b> Clear
Until 1:45AM Sat				Moon – Light Blue
Then Creative Work - Siddha Yoga			<b>Saptami</b> Until 10:19PM	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Saturday, October 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visiti*/Bava Karana Ashtamyam Titau		Memphis, TN Sun 21 Sutra 174 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 5:58AM – 7:25AM	<b>Purvashadha*</b> Until 3:32AM Sun	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:58AM
Dhanus Rasi: 15.32	Tithi 8	Yama 1:16PM – 2:44PM	Sobhana Until 11:51AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:39PM
<b>Creative Work</b> Siddha Yoga	683213463	<b>Rahu</b> 8:53AM – 10:21AM	Visiti Until 10:47AM	<b>Nataraja:</b> Clear
Until 3:32AM Sun				Moon – Light Blue
Then Creative Work - Amrita Yoga		<b>Durga Ashtami</b>	<b>Ashtami*</b> Until 11:24PM	<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Sunday, October 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Memphis, TN Sun 22 Sutra 175 Vikarin 5121
<b>Retreat Star</b>		<b>Gulika</b> 2:43PM – 4:10PM	<b>Uttarashadha</b> Until 5:46AM Mon	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:59AM
Dhanus Rasi: 27.55	Tithi 9	Yama 11:48AM – 1:15PM	Athiganda* Until 11:55AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:37PM
<b>Creative Work</b> Amrita Yoga	683213463	<b>Rahu</b> 4:10PM – 5:37PM	Balava Until 12:14PM	<b>Nataraja:</b> Clear
		<b>Saraswathi Puja (Tamil Nadu)</b>	<b>Navami*</b> Until 1:11AM Mon	Moon – Light Blue
				<b>Sivaloka Day</b>
				<b>Ashvina+Puratasi</b>

<b>Monday, October 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 23 Sutra 176 Vikarin 5121
<b>1</b>		<b>Gulika</b> 1:15PM – 2:42PM	<b>Shravana Until 8:45AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:59AM
Makara Rasi: 10.01	Tithi 10	Yama 10:21AM – 11:48AM	Sukarma Until 12:28PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:36PM
<b>Family Home Evening</b>	693213463	<b>Rahu</b> 7:26AM – 8:54AM	Taitila Until 2:17PM	<b>Nataraja:</b> Clear
Creative Work Amrita Yoga				Moon – Purple
Until 8:45AM Tue			<b>Dashami Until 3:25AM Tue</b>	<b>Ashvina+Puratasi</b>
Then Creative Work - Siddha Yoga				<b>Devaloka Day</b>

<b>Tuesday, October 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 24 Sutra 177 Vikarin 5121
<b>2</b>		<b>Gulika</b> 11:47AM – 1:14PM	<b>Shravana Until 8:45AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:00AM
Makara Rasi: 21.58	Tithi 11	Yama 8:54AM – 10:21AM	Dhriti Until 1:18PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:35PM
<b>Creative Work Siddha Yoga</b>	693213464	<b>Rahu</b> 2:41PM – 4:08PM	Vanija Until 4:40PM	<b>Nataraja:</b> Purple
				Moon – Purple
		<b>Vijaya Dasami</b>	<b>Ekadashi Until 5:55AM Wed</b>	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Wednesday, October 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau		Memphis, TN Sun 25 Sutra 178 Vikarin 5121
<b>3</b>		<b>Gulika</b> 10:21AM – 11:47AM	<b>Dhanishtha Until 11:46AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:01AM
Kumbha Rasi: 3.49	Tithi 12	Yama 7:28AM – 8:54AM	Shula* Until 2:13PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:33PM
<b>Routine Work Prabalarishta Yoga</b>	693213464	<b>Rahu</b> 11:47AM – 1:14PM	Bava Until 7:13PM	<b>Nataraja:</b> Purple
Until 11:46AM				Moon – Purple
Then Creative Work - Siddha Yoga		<b>Kadaitswami Mahasamadhi</b>	<b>Dvadashi Until 8:27AM Thu</b>	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Thursday, October 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Memphis, TN Sun 26 Sutra 179 Vikarin 5121
<b>4</b>		<b>Gulika</b> 8:54AM – 10:21AM	<b>Shatabhishak Until 2:36PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:02AM
Kumbha Rasi: 15.39	Tithi 12 – 13	Yama 6:02AM – 7:28AM	Ganda* Until 3:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:32PM
<b>Creative Work Siddha Yoga</b>	693213464	<b>Rahu</b> 1:13PM – 2:39PM	Kaulava Until 9:43PM	<b>Nataraja:</b> Purple
				Moon – Purple
			<b>Dvadashi Until 8:27AM</b>	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

*Pradosha Vrata*

<b>Friday, October 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Memphis, TN Sun 27 Sutra 180 Vikarin 5121
<b>5</b>		<b>Gulika</b> 7:29AM – 8:55AM	<b>Purvaproshtapada* Until 5:40PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:03AM
Kumbha Rasi: 27.31	Tithi 13 – 14	Yama 2:39PM – 4:05PM	Vridhi Until 4:00PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:31PM
<b>Creative Work Siddha Yoga</b>	613213464	<b>Rahu</b> 10:21AM – 11:47AM	Gara Until 12:04AM Sat	<b>Nataraja:</b> Purple
Until 8:21PM				Moon – Clear
Then Routine Work - Prabalarishta Yoga		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 10:53AM</b>	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Saturday, October 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Memphis, TN Sun 28 Sutra 181 Vikarin 5121
<b>○</b>	<b>Copper Retreat Star</b>	<b>Gulika</b> 6:03AM – 7:29AM	<b>Uttaraproshtapada Until 8:21PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:03AM
Meena Rasi: 9.28	Tithi 14 – 15	Yama 1:12PM – 2:38PM	Dhruva Until 4:40PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:29PM
<b>Creative Work Siddha Yoga</b>	613213464	<b>Rahu</b> 8:55AM – 10:21AM	Visti Until 2:11AM Sun	<b>Nataraja:</b> Purple
Until 8:21PM				Moon – Clear
Then Routine Work - Prabalarishta Yoga			<b>Chaturdashi* Until 1:08PM</b>	<b>Ashvina+Puratasi</b>
				<b>Sivaloka Day</b>

<b>Sunday, October 13, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sun 29 Sutra 182 Vikarin 5121
<b>○</b>	<b>Silver Retreat Star</b>	<b>Gulika</b> 2:37PM – 4:02PM	<b>Revati Until 10:38PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:04AM
Meena Rasi: 21.3	Tithi 15 – 16	Yama 11:46AM – 1:12PM	Vyaghata* Until 5:08PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:28PM
<b>Creative Work Amrita Yoga</b>	614213464	<b>Rahu</b> 4:02PM – 5:28PM	Balava Until 4:02AM Mon	<b>Nataraja:</b> Purple
Until 10:38PM				Moon – Clear
Then Creative Work - Siddha Yoga			<b>Purnima* Until 3:07PM</b>	<b>Ashvina+Puratasi</b>
				<b>Subha Sivaloka Day</b>

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39      Tithi 16 – 17

Family Home Evening

624213464

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 1:11PM – 2:36PM  
Yama 10:21AM – 11:46AM  
**Rahu** 7:30AM – 8:55AM

**Ashvini Until 12:57AM Tue**  
Harshana Until 5:25PM  
Taitila Until 5:35AM Tue  
Prathama\* Until 4:50PM

**Ganesha:** White      *Sunrise:* 6:05AM  
**Muruqa:** Purple      *Sunset:* 5:27PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Memphis, TN  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.55      Tithi 17

Creative Work    Siddha Yoga

Until 2:48AM Wed

Then Creative Work - Amrita Yoga

624213464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara Karana Dvitiyayam Titau

**Gulika** 11:46AM – 1:11PM  
Yama 8:56AM – 10:21AM  
**Rahu** 2:36PM – 4:00PM

**Bharani Until 2:48AM Wed**  
Vajra\* Until 5:25PM  
Gara Until 6:13PM  
Dvitiya Until 6:13PM

**Ganesha:** White      *Sunrise:* 6:06AM  
**Muruqa:** Purple      *Sunset:* 5:25PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Memphis, TN  
Sun 1  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 28.19      Tithi 18

Creative Work    Amrita Yoga

Until 4:09AM Thu

Then Routine Work - Marana Yoga

624213464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:21AM – 11:45AM  
Yama 7:31AM – 8:56AM  
**Rahu** 11:45AM – 1:10PM

**Krittika Until 4:09AM Thu**  
Siddhi Until 5:11PM  
Vanija Until 6:49AM  
Tritiya Until 7:17PM

**Ganesha:** White      *Sunrise:* 6:07AM  
**Muruqa:** Purple      *Sunset:* 5:24PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Memphis, TN  
Sun 2  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.53      Tithi 19

Routine Work    Marana Yoga

Until 5:27AM Fri

Then Creative Work - Siddha Yoga

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 8:56AM – 10:21AM  
Yama 6:08AM – 7:32AM  
**Rahu** 1:10PM – 2:34PM

**Rohini Until 5:27AM Fri**  
Vyatipata\* Until 4:40PM  
Bava Until 7:42AM  
Chaturthi\* Until 7:58PM

**Ganesha:** White      *Sunrise:* 6:08AM  
**Muruqa:** Purple      *Sunset:* 5:23PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 3  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.37      Tithi 20

Creative Work    Siddha Yoga

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:33AM – 8:57AM  
Yama 2:33PM – 3:57PM  
**Rahu** 10:21AM – 11:45AM

**Mrigashira Until 6:09AM Sat**  
Variyan Until 3:49PM  
Kaulava Until 8:11AM  
Panchami Until 8:14PM

**Ganesha:** White      *Sunrise:* 6:08AM  
**Muruqa:** Purple      *Sunset:* 5:22PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 4  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.34      Tithi 21

Creative Work    Siddha Yoga

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:09AM – 7:33AM  
Yama 1:09PM – 2:33PM  
**Rahu** 8:57AM – 10:21AM

**Mrigashira Until 6:09AM**  
Parigha\* Until 2:36PM  
Gara Until 8:13AM  
Shashthi\* Until 8:01PM

**Ganesha:** White      *Sunrise:* 6:09AM  
**Muruqa:** Purple      *Sunset:* 5:20PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 5  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.47      Tithi 22

Creative Work    Siddha Yoga

634313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 2:32PM – 3:56PM  
Yama 11:45AM – 1:08PM  
**Rahu** 3:56PM – 5:19PM

**Ardra Until 6:12AM**  
Shiva Until 12:59PM  
Visti Until 7:44AM  
Saptami Until 7:15PM

**Ganesha:** White      *Sunrise:* 6:10AM  
**Muruqa:** Purple      *Sunset:* 5:19PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 6  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 3.19      Tithi 23 – 24

Family Home Evening

644313464

Creative Work    Amrita Yoga

Until 6:01AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:08PM – 2:31PM  
Yama 10:21AM – 11:45AM  
**Rahu** 7:34AM – 8:58AM

**Punarvasu Until 6:01AM**  
Siddha Until 10:54AM  
Balava Until 6:41AM  
Ashtami\* Until 5:56PM

**Ganesha:** Clear      *Sunrise:* 6:11AM  
**Muruqa:** Purple      *Sunset:* 5:18PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 7  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1      Tithi 24 – 25

Creative Work    Siddha Yoga

644313464

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 11:44AM – 1:07PM  
Yama 8:58AM – 10:21AM  
**Rahu** 2:31PM – 3:54PM

**Ashlesha\* Until 3:32AM Wed**  
Sadhya Until 8:21AM  
Vanija Until 2:55AM Wed  
Navami\* Until 4:02PM

**Ganesha:** Clear      *Sunrise:* 6:12AM  
**Muruqa:** Purple      *Sunset:* 5:17PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Memphis, TN  
Sun 8  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Wednesday, October 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Memphis, TN
Simha Rasi: 1.23	Tithi 25 – 26	654313464	<b>Gulika</b> 10:21AM – 11:44AM Yama 7:36AM – 8:59AM <b>Rahu</b> 11:44AM – 1:07PM	<b>Magha* Until 1:45AM Thu</b> Sukla Until 2:02AM Thu Bava Until 12:16AM Thu Dashami Until 1:38PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:13AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:16PM <b>Nataraja:</b> Purple Moon – Red	Sun 9 Sutra 192 Vikarin 5121 Moon 10 - Phase 27 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga				Ashvina-Aipasi		

<b>2</b>		<b>Thursday, October 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau		Memphis, TN
Simha Rasi: 15.55	Tithi 26 – 27	654313464	<b>Gulika</b> 8:59AM – 10:21AM Yama 6:14AM – 7:36AM <b>Rahu</b> 1:07PM – 2:29PM	<b>Purvaphalguni Until 11:27PM</b> Brahma Until 10:22PM Kaulava Until 9:15PM Ekadashi* Until 10:47AM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:14AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:14PM <b>Nataraja:</b> Purple Moon – Red	Sun 10 Sutra 193 Vikarin 5121 Moon 10 - Phase 27 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga				Ashvina-Aipasi		

<b>3</b>		<b>Friday, October 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvodashi/Trayodashyam Titau		Memphis, TN
Kanya Rasi: 0.42	Tithi 27 – 28	655313464	<b>Gulika</b> 7:37AM – 8:59AM Yama 2:29PM – 3:51PM <b>Rahu</b> 10:22AM – 11:44AM	<b>Uttaraphalguni Until 8:48PM</b> Indra Until 6:31PM Vanija Until 4:17AM Sat Dvodashi* Until 7:38AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:13PM <b>Nataraja:</b> Purple Moon – Red	Sun 11 Sutra 194 Vikarin 5121 Moon 10 - Phase 27 2nd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:48PM Then Creative Work - Amrita Yoga				Ashvina-Aipasi		

<b>4</b>		<b>Saturday, October 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Memphis, TN
Kanya Rasi: 15.38	Tithi 29	665313464	<b>Gulika</b> 6:16AM – 7:38AM Yama 1:06PM – 2:28PM <b>Rahu</b> 9:00AM – 10:22AM	<b>Hasta Until 6:19PM</b> Vaidhriti* Until 2:34PM Visti Until 2:37PM Chaturdashi* Until 12:55AM Sun	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:12PM <b>Nataraja:</b> Purple Moon – Green	Sun 12 Sutra 195 Vikarin 5121 Moon 10 - Phase 27 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga		Deepavali Hindu Solidarity Day		Ashvina-Aipasi		

<b>●</b>		<b>Sunday, October 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Memphis, TN
<b>Retreat Star</b>						
Tula Rasi: 0.35	Tithi 30	665313464	<b>Gulika</b> 2:27PM – 3:49PM Yama 11:44AM – 1:06PM <b>Rahu</b> 3:49PM – 5:11PM	<b>Chitra Until 3:48PM</b> Vishkambha* Until 10:40AM Catuspada Until 11:18AM Amavasya* Until 9:42PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:16AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:11PM <b>Nataraja:</b> Purple Moon – Green	Sun 13 Sutra 196 Vikarin 5121 Moon 10 - Phase 27 Amavasya <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi		

<b>Monday, October 28, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Memphis, TN
Tula Rasi: 15.23	Tithi 1	665313464	<b>Gulika</b> 1:05PM – 2:27PM Yama 10:22AM – 11:44AM <b>Rahu</b> 7:39AM – 9:01AM	<b>Svati Until 1:24PM</b> Priti Until 6:57AM Kintughna Until 8:12AM Prathama* Until 6:47PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:10PM <b>Nataraja:</b> Purple Moon – Green	Sun 14 Sutra 197 Vikarin 5121 Moon 10 - Phase 27 Prathama <b>Subha Sivaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 1:24PM Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>	<b>Tuesday, October 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 15 Sutra 198 Vikarin 5121
	Tula Rasi: 29.55	Tithi 2 – 3	<b>Gulika</b> 11:44AM – 1:05PM	<b>Vishakha</b> Until 11:42AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
			Yama 9:01AM – 10:22AM	Saubhagya Until 12:34AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		675313464	<b>Rahu</b> 2:26PM – 3:48PM	Taitila Until 3:22AM Wed	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Marana Yoga			<b>Dvitiya</b> Until 4:21PM		<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>
Until 11:42AM							
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Wednesday, October 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Memphis, TN Sun 16 Sutra 199 Vikarin 5121
	Vischika Rasi: 14.04	Tithi 3 – 4	<b>Gulika</b> 10:22AM – 11:44AM	<b>Anuradha</b> Until 10:29AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM	
			Yama 7:40AM – 9:01AM	Sobhana Until 10:11PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
		675313464	<b>Rahu</b> 11:44AM – 1:05PM	Vanija Until 1:57AM Thu	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Tritiya</b> Until 2:33PM		<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Thursday, October 31, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Memphis, TN Sun 17 Sutra 200 Vikarin 5121
	Vischika Rasi: 27.45	Tithi 4 – 5	<b>Gulika</b> 9:02AM – 10:23AM	<b>Jyeshtha*</b> Until 9:51AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
			Yama 6:20AM – 7:41AM	Athiganda* Until 8:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		675313464	<b>Rahu</b> 1:04PM – 2:25PM	Bava Until 1:21AM Fri	<b>Nataraja:</b> Purple		3rd Phase
Routine Work Prabalarishta Yoga			<b>Chaturthi*</b> Until 1:31PM		<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>
Until 9:51AM							
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, November 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Memphis, TN Sun 18 Sutra 201 Vikarin 5121
	Dhanus Rasi: 10.59	Tithi 5 – 6	<b>Gulika</b> 7:42AM – 9:02AM	<b>Mula*</b> Until 10:20AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	
			Yama 2:25PM – 3:45PM	Sukarma Until 7:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		685313464	<b>Rahu</b> 10:23AM – 11:43AM	Kaulava Until 1:37AM Sat	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Panchami</b> Until 1:21PM		<b>Kartika•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>
Until 10:20AM							
Then Routine Work - Prabalarishta Yoga							

<b>5</b>	<b>Saturday, November 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Memphis, TN Sun 19 Sutra 202 Vikarin 5121
	Dhanus Rasi: 23.46	Tithi 6 – 7	<b>Gulika</b> 6:22AM – 7:42AM	<b>Purvashadha*</b> Until 11:31AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	
			Yama 1:04PM – 2:24PM	Dhriti Until 6:53PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
		685313464	<b>Rahu</b> 9:03AM – 10:23AM	Gara Until 2:42AM Sun	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Siddha Yoga			<b>Shashthi*</b> Until 2:02PM		<b>Kartika•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>
Until 11:31AM							
Then Routine Work - Marana Yoga							

<b>6</b>	<b>Sunday, November 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN Sun 20 Sutra 203 Vikarin 5121
	Makara Rasi: 6.12	Tithi 7 – 8	<b>Gulika</b> 2:24PM – 3:44PM	<b>Uttarashadha</b> Until 1:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:23AM	
			Yama 11:43AM – 1:04PM	Shula* Until 6:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		686313464	<b>Rahu</b> 3:44PM – 5:04PM	Visti* Until 4:29AM Mon	<b>Nataraja:</b> Purple		3rd Phase
Creative Work Amrita Yoga			<b>Saptami</b> Until 3:30PM		<b>Kartika•Aipasi</b>		<b>Subha Sivaloka Day</b>

<b>Monday, November 4, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN Sun 21 Sutra 204 Vikarin 5121
	Makara Rasi: 18.2	Tithi 8 – 9	<b>Gulika</b> 1:03PM – 2:23PM	<b>Shravana</b> Until 3:57PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
	<b>Family Home Evening</b>		Yama 10:24AM – 11:43AM	Ganda* Until 7:32PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
		696313464	<b>Rahu</b> 7:44AM – 9:04AM	Balava Until 6:45AM Tue	<b>Nataraja:</b> Purple		Ashtami
Creative Work Amrita Yoga			<b>Ashtami*</b> Until 5:33PM		<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>
Until 3:57PM							
Then Creative Work - Siddha Yoga							

<b>Tuesday, November 5, 2019</b>	<b>Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 22 Sutra 205 Vikarin 5121
	Kumbha Rasi: 0.19	Tithi 9	<b>Gulika</b> 11:44AM – 1:03PM	<b>Dhanishtha</b> Until 6:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:25AM	
			Yama 9:04AM – 10:24AM	Vriddhi Until 8:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
		696313464	<b>Rahu</b> 2:23PM – 3:42PM	Balava Until 6:45AM	<b>Nataraja:</b> Purple		Navami
Creative Work Siddha Yoga			<b>Navami*</b> Until 7:58PM		<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>
Until 6:49PM							
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


<b>1</b>	<b>Wednesday, November 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Memphis, TN
	Kumbha Rasi: 12.11	Tithi 10	696313464	<b>Gulika</b> 10:24AM – 11:44AM <b>Yama</b> 7:45AM – 9:05AM <b>Rahu</b> 11:44AM – 1:03PM	<b>Shatabhishak</b> <b>Until 9:39PM</b> Dhruva Until 9:14PM Taitila Until 9:16AM <b>Dashami</b> <b>Until 10:31PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:01PM <b>Nataraja:</b> Purple Moon – Purple	Sun 23 Sutra 206 Vikarin 5121 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
Until 9:39PM						<b>Kartika•Aipasi</b>	
Then Creative Work - Amrita Yoga							


<b>2</b>	<b>Thursday, November 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Memphis, TN
	Kumbha Rasi: 24.02	Tithi 11	716313464	<b>Gulika</b> 9:05AM – 10:24AM <b>Yama</b> 6:27AM – 7:46AM <b>Rahu</b> 1:03PM – 2:22PM	<b>Purvaproshtapada*</b> <b>Until 12:44AM Fri</b> Vyaghata* Until 10:04PM Vanija Until 11:47AM <b>Ekadashi</b> <b>Until 12:58AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Purple Moon – Clear	Sun 24 Sutra 207 Vikarin 5121 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b>	
						<b>Kartika•Aipasi</b>	

<b>3</b>	<b>Friday, November 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau				Memphis, TN
	Meena Rasi: 5.56	Tithi 12	716313464	<b>Gulika</b> 7:47AM – 9:06AM <b>Yama</b> 2:22PM – 3:41PM <b>Rahu</b> 10:25AM – 11:44AM	<b>Uttaraproshtapada</b> <b>Until 3:25AM Sat</b> Harshana Until 10:44PM Bava Until 2:08PM <b>Dvodashi</b> <b>Until 3:11AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:28AM <b>Muruqa:</b> Purple <i>Sunset:</i> 5:00PM <b>Nataraja:</b> Purple Moon – Clear	Sun 25 Sutra 208 Vikarin 5121 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b>	
Until 3:25AM Sat						<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Saturday, November 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Memphis, TN
	Meena Rasi: 17.57	Tithi 13	716313464	<b>Gulika</b> 6:29AM – 7:47AM <b>Yama</b> 1:03PM – 2:21PM <b>Rahu</b> 9:06AM – 10:25AM	<b>Revati</b> <b>Until 5:37AM Sun</b> Vajra* Until 11:08PM Kaulava Until 4:12PM <b>Trayodashi</b> <b>Until 5:03AM Sun</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:29AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:59PM <b>Nataraja:</b> Purple Moon – Clear	Sun 26 Sutra 209 Vikarin 5121 Moon 10 - Phase 29 4th Phase
Routine Work Prabalarishta Yoga						<b>Subha Sivaloka Day</b>	
Until 5:37AM Sun						<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Sunday, November 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Memphis, TN
	Mesha Rasi: 0.06	Tithi 14	726313464	<b>Gulika</b> 2:21PM – 3:39PM <b>Yama</b> 11:44AM – 1:02PM <b>Rahu</b> 3:39PM – 4:58PM	<b>Ashvini</b> <b>Until 7:45AM Mon</b> Siddhi Until 11:15PM Gara Until 5:52PM <b>Chaturdashi*</b> <b>Until 6:32AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:58PM <b>Nataraja:</b> Purple Moon – White	Sun 27 Sutra 210 Vikarin 5121 Moon 10 - Phase 29 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
						<b>Kartika•Aipasi</b>	

	<b>Monday, November 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Memphis, TN
	Mesha Rasi: 12.25	Tithi 14 – 15	727413464	<b>Gulika</b> 1:02PM – 2:21PM <b>Yama</b> 10:26AM – 11:44AM <b>Rahu</b> 7:49AM – 9:07AM	<b>Ashvini</b> <b>Until 7:45AM</b> Vyatipata* Until 11:03PM Visti Until 7:07PM <b>Chaturdashi*</b> <b>Until 6:32AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:31AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Purple Moon – White	Sun 28 Sutra 211 Vikarin 5121 Moon 10 - Phase 29 Purnima
Family Home Evening						<b>Sivaloka Day</b>	
Creative Work Siddha Yoga						<b>Kartika•Aipasi</b>	

	<b>Tuesday, November 12, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Memphis, TN
	Mesha Rasi: 24.55	Tithi 15 – 16	727413464	<b>Gulika</b> 11:44AM – 1:02PM <b>Yama</b> 9:08AM – 10:26AM <b>Rahu</b> 2:20PM – 3:38PM	<b>Bharani</b> <b>Until 9:19AM</b> Variyan Until 10:30PM Balava Until 7:57PM <b>Purnima*</b> <b>Until 7:34AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:57PM <b>Nataraja:</b> Purple Moon – White	Sun 29 Sutra 212 Vikarin 5121 Moon 10 - Phase 29 Prathama
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
						<b>Kartika•Aipasi</b>	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Memphis, TN

Sutra 213

Vikarin 5121

Vrishabha Rasi: 8 Tithi 16 - 17

727413464

**Gulika** 10:26AM - 11:44AM  
Yama 7:51AM - 9:08AM  
**Rahu** 11:44AM - 1:02PM

**Krittika Until 10:19AM**

Parigha\* Until 9:39PM

Taitila Until 8:22PM

**Prathama\* Until 8:11AM**

**Ganesha:** White *Sunrise:* 6:33AM

**Muruqa:** Purple *Sunset:* 4:56PM

**Nataraja:** Purple

Moon - White

**Kartika-Aipasi**

**Sivaloka Day**

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 20.29 Tithi 17 - 18

737413464

**Gulika** 9:09AM - 10:27AM  
Yama 6:34AM - 7:51AM  
**Rahu** 1:02PM - 2:20PM

**Rohini Until 11:14AM**

Shiva Until 8:31PM

Vanija Until 8:23PM

**Dvitiya Until 8:24AM**

**Ganesha:** Clear *Sunrise:* 6:34AM

**Muruqa:** Purple *Sunset:* 4:55PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

**Subha Sivaloka Day**

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.34 Tithi 18 - 19

737413464

**Gulika** 7:52AM - 9:10AM  
Yama 2:20PM - 3:37PM  
**Rahu** 10:27AM - 11:45AM

**Mrigashira Until 11:38AM**

Siddha Until 7:03PM

Bava Until 8:02PM

**Tritiya Until 8:14AM**

**Ganesha:** Clear *Sunrise:* 6:35AM

**Muruqa:** Purple *Sunset:* 4:54PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Aipasi**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.49 Tithi 19 - 20

737413464

**Gulika** 6:36AM - 7:53AM  
Yama 1:02PM - 2:19PM  
**Rahu** 9:10AM - 10:27AM

**Ardra Until 11:32AM**

Sadhya Until 5:19PM

Kaulava Until 7:20PM

**Chaturthi\* Until 7:42AM**

**Ganesha:** Clear *Sunrise:* 6:36AM

**Muruqa:** Purple *Sunset:* 4:54PM

**Nataraja:** Purple

Moon - Yellow

**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN

Sun 4 Sutra 217

Vikarin 5121

Kataka Rasi: 0.16 Tithi 20 - 21

748413465

**Gulika** 2:19PM - 3:36PM  
Yama 11:45AM - 1:02PM  
**Rahu** 3:36PM - 4:53PM

**Punarvasu Until 11:24AM**

Subha Until 3:20PM

Gara Until 6:17PM

**Panchami Until 6:50AM**

**Ganesha:** Clear *Sunrise:* 6:37AM

**Muruqa:** Purple *Sunset:* 4:53PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Memphis, TN

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.55 Tithi 22

748413465

**Gulika** 1:02PM - 2:19PM  
Yama 10:28AM - 11:45AM  
**Rahu** 7:54AM - 9:11AM

**Pushya Until 10:46AM**

Sukla Until 1:03PM

Visti Until 4:53PM

**Saptami Until 4:03AM Tue**

**Ganesha:** Clear *Sunrise:* 6:38AM

**Muruqa:** Purple *Sunset:* 4:53PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.46 Tithi 23

748413465

**Gulika** 11:45AM - 1:02PM  
Yama 9:12AM - 10:29AM  
**Rahu** 2:19PM - 3:35PM

**Ashlesha\* Until 9:40AM**

Brahma Until 10:31AM

Balava Until 3:10PM

**Ashtami\* Until 2:10AM Wed**

**Ganesha:** Clear *Sunrise:* 6:38AM

**Muruqa:** Purple *Sunset:* 4:52PM

**Nataraja:** Clear

Moon - Blue

**Kartika-Kartikai**

**Sivaloka Day**

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Memphis, TN

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.49 Tithi 24

758413465

**Gulika** 10:29AM - 11:46AM  
Yama 7:56AM - 9:13AM  
**Rahu** 11:46AM - 1:02PM

**Magha\* Until 8:32AM**

Indra Until 7:44AM

Taitila Until 1:08PM

**Navami\* Until 11:59PM**

**Ganesha:** White *Sunrise:* 6:39AM

**Muruqa:** Purple *Sunset:* 4:52PM

**Nataraja:** Clear

Moon - Red

**Kartika-Kartikai**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang


<b>1</b>	<b>Thursday, November 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkamba* Yoga Vanja/Visti* Karana Dashamyam Titau				Memphis, TN
	Simha Rasi: 26.04	Tithi 25	<b>Gulika</b> 9:13AM – 10:29AM	<b>Purvaphalguni</b> Until 6:59AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:40AM	Sun 8 Sutra 221
			Yama 6:40AM – 7:57AM	Vishkamba* Until 1:29AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Vikarin 5121
	Creative Work	Siddha Yoga	758413465 <b>Rahu</b> 1:02PM – 2:19PM	Vanija Until 10:49AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Dashami</b> Until 9:33PM	Moon – Red		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Friday, November 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Memphis, TN
	Kanya Rasi: 10.28	Tithi 26	<b>Gulika</b> 7:58AM – 9:14AM	<b>Hasta</b> Until 3:16AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Sun 9 Sutra 222
			Yama 2:18PM – 3:35PM	Priti Until 10:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:51PM	Vikarin 5121
	Creative Work	Amrita Yoga	768413465 <b>Rahu</b> 10:30AM – 11:46AM	Bava Until 8:17AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Ekadashi*</b> Until 6:57PM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
						Then Routine Work - Marana Yoga	

<b>3</b>	<b>Saturday, November 23, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN
	Kanya Rasi: 24.58	Tithi 27 – 28	<b>Gulika</b> 6:42AM – 7:58AM	<b>Chitra</b> Until 1:20AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM	Sun 10 Sutra 223
			Yama 1:02PM – 2:18PM	Ayushman Until 6:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
	Routine Work	Marana Yoga	768413465 <b>Rahu</b> 9:14AM – 10:30AM	Gara Until 2:59AM Sun	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Dvadashi*</b> Until 4:17PM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>		Then Creative Work - Siddha Yoga	

<b>4</b>	<b>Sunday, November 24, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN
	Tula Rasi: 9.28	Tithi 28 – 29	<b>Gulika</b> 2:18PM – 3:34PM	<b>Svati</b> Until 11:21PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	Sun 11 Sutra 224
			Yama 11:47AM – 1:03PM	Saubhagya Until 3:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
	Creative Work	Siddha Yoga	769413465 <b>Rahu</b> 3:34PM – 4:50PM	Visti Until 12:26AM Mon	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Trayodashi*</b> Until 1:40PM	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	
						Then Routine Work - Marana Yoga	

	<b>Monday, November 25, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN
	<b>Retreat Star</b>		<b>Gulika</b> 1:03PM – 2:18PM	<b>Vishakha</b> Until 9:54PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:44AM	Sun 12 Sutra 225
	Tula Rasi: 23.53	Tithi 29 – 30	Yama 10:31AM – 11:47AM	Sobhana Until 12:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:50PM	Vikarin 5121
	<b>Family Home Evening</b>		779413465 <b>Rahu</b> 8:00AM – 9:16AM	Catuspada Until 10:09PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Chaturdashi*</b> Until 11:14AM	Moon – Orange		Amavasya	
				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	
						Then Creative Work - Siddha Yoga	

	<b>Tuesday, November 26, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN
	<b>Retreat Star</b>		<b>Gulika</b> 11:47AM – 1:03PM	<b>Anuradha</b> Until 8:42PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:45AM	Sun 13 Sutra 226
	Vrischika Rasi: 8.05	Tithi 30 – 1	Yama 9:16AM – 10:32AM	Athiganda* Until 9:20AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:49PM	Vikarin 5121
			779413465 <b>Rahu</b> 2:18PM – 3:34PM	Kintughna Until 8:16PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 31
			<b>Amavasya*</b> Until 9:08AM	Moon – Orange		Prathama	
				<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	
						Then Routine Work - Marana Yoga	

<b>1</b>		<b>Wednesday, November 27, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Memphis, TN Sun 14 Sutra 227 Vikarin 5121
Whischna Rasi: 22.01	Tithi 1 – 2	<b>Gulika</b> 10:32AM – 11:48AM	<b>Jyeshtha* Until 7:53PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:46AM	
		Yama 8:02AM – 9:17AM	Sukarma Until 6:49AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		779413465 <b>Rahu</b> 11:48AM – 1:03PM	Balava Until 6:55PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Prathama* Until 7:30AM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 7:53PM					
Then Routine Work - Marana Yoga					

<b>2</b>		<b>Thursday, November 28, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Memphis, TN Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.34	Tithi 2 – 3	<b>Gulika</b> 9:18AM – 10:33AM	<b>Mula* Until 8:02PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:47AM	
		Yama 6:47AM – 8:02AM	Shula* Until 3:16AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 1:03PM – 2:18PM	Taitila Until 6:15PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya Until 6:29AM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>

<b>3</b>		<b>Friday, November 29, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau	Memphis, TN Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.45	Tithi 3 – 4	<b>Gulika</b> 8:03AM – 9:18AM	<b>Purvashadha* Until 8:45PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:48AM	
		Yama 2:18PM – 3:34PM	Ganda* Until 2:21AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:49PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 10:33AM – 11:48AM	Vanija Until 6:19PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Prabalarishta Yoga			<b>Tritiya Until 6:10AM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 8:45PM					
Then Routine Work - Marana Yoga					

<b>4</b>		<b>Saturday, November 30, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturchi/Panchamyam Titau	Memphis, TN Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.33	Tithi 4 – 5	<b>Gulika</b> 6:49AM – 8:04AM	<b>Uttarashadha Until 10:01PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:49AM	
		Yama 1:04PM – 2:19PM	Vriddhi Until 2:01AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
		789413465 <b>Rahu</b> 9:19AM – 10:34AM	Bava Until 7:08PM	<b>Nataraja:</b> Clear	3rd Phase
Routine Work Marana Yoga			<b>Chaturchi* Until 6:37AM</b>	<b>Margasira-Karttikai</b>	<b>Devaloka Day</b>
Until 10:01PM					
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Sunday, December 1, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Memphis, TN Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 14.01	Tithi 5 – 6	<b>Gulika</b> 2:19PM – 3:33PM	<b>Shravana Until 12:16AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:50AM	
		Yama 11:49AM – 1:04PM	Dhruva Until 2:09AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
		799413465 <b>Rahu</b> 3:33PM – 4:48PM	Kaulava Until 8:39PM	<b>Nataraja:</b> Clear	3rd Phase
Creative Work Amrita Yoga			<b>Panchami Until 7:47AM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Until 12:16AM Mon					
Then Creative Work - Siddha Yoga					

<b>6</b>		<b>Monday, December 2, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Memphis, TN Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 26.13	Tithi 6 – 7	<b>Gulika</b> 1:04PM – 2:19PM	<b>Dhanishtha Until 2:51AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:51AM	
<b>Family Home Evening</b>		Yama 10:35AM – 11:49AM	Vyaghata* Until 2:41AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 <b>Rahu</b> 8:05AM – 9:20AM	Gara Until 10:42PM	<b>Nataraja:</b> Clear	3rd Phase
Until 2:51AM Tue			<b>Shashthi* Until 9:35AM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Retreat Star</b>		<b>Tuesday, December 3, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Memphis, TN Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 8.13	Tithi 7 – 8	<b>Gulika</b> 11:50AM – 1:04PM	<b>Shatabhishak Until 5:33AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:52AM	
		Yama 9:21AM – 10:35AM	Harshana Until 3:27AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
		791413465 <b>Rahu</b> 2:19PM – 3:34PM	Visti Until 1:05AM Wed	<b>Nataraja:</b> Clear	Ashtami
Routine Work Marana Yoga			<b>Saptami Until 11:51AM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Until 5:33AM Wed					
Then Creative Work - Amrita Yoga					

<b>Retreat Star</b>		<b>Wednesday, December 4, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Memphis, TN Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 20.08	Tithi 8 – 9	<b>Gulika</b> 10:36AM – 11:50AM	<b>Purvaproshtapada* Until 8:39AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:52AM	
		Yama 8:07AM – 9:21AM	Vajra* Until 4:15AM Thu	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
		711413465 <b>Rahu</b> 11:50AM – 1:05PM	Balava Until 3:36AM Thu	<b>Nataraja:</b> Clear	Navami
Creative Work Amrita Yoga			<b>Ashtami* Until 2:19PM</b>	<b>Margasira-Karttikai</b>	<b>Sivaloka Day</b>
Until 8:39AM Thu					
Then Creative Work - Siddha Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Thursday, December 5, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Memphis, TN Sun 22 Sutra 235 Vikarin 5121
Meena Rasi: 2.01	Tithi 9 – 10	<b>Gulika</b> 9:22AM – 10:36AM	<b>Purvaproshtapada* Until 8:39AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:53AM	
		Yama 6:53AM – 8:08AM	Siddhi Until 4:59AM Fri	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	711413465	<b>Rahu</b> 1:05PM – 2:19PM	Taitila Until 6:00AM Fri	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 4:48PM</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>2</b>		<b>Friday, December 6, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau	Memphis, TN Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 13.56	Tithi 10	<b>Gulika</b> 8:08AM – 9:23AM	<b>Uttaraproshtapada Until 11:27AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:54AM	
		Yama 2:20PM – 3:34PM	Vyatipata* Until 5:31AM Sat	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	711413465	<b>Rahu</b> 10:37AM – 11:51AM	Taitila Until 6:00AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:05PM</b>	Moon – Clear	<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>3</b>		<b>Saturday, December 7, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau	Memphis, TN Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 25.58	Tithi 11	<b>Gulika</b> 6:55AM – 8:09AM	<b>Revati Until 1:46PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:55AM	
		Yama 1:06PM – 2:20PM	Variyan Until 5:43AM Sun	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	711513465	<b>Rahu</b> 9:23AM – 10:37AM	Vanija Until 8:07AM	<b>Nataraja:</b> Clear	4th Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi Until 8:59PM</b>	Moon – Clear	<b>Subha Sivaloka Day</b>
Until 1:46PM		<b>Gita Jayanthi</b>		<b>Margasira-Karttikai</b>	
Then Creative Work - Siddha Yoga					

<b>4</b>		<b>Sunday, December 8, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau	Memphis, TN Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 8.11	Tithi 12	<b>Gulika</b> 2:20PM – 3:34PM	<b>Ashvini Until 3:59PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:56AM	
		Yama 11:52AM – 1:06PM	Parigha* Until 5:31AM Mon	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 3:34PM – 4:48PM	Bava Until 9:47AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 10:24PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 3:59PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Prabalarishta Yoga					

<b>5</b>		<b>Monday, December 9, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau	Memphis, TN Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 20.37	Tithi 13	<b>Gulika</b> 1:06PM – 2:20PM	<b>Bharani Until 5:30PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:57AM	
<b>Family Home Evening</b>		Yama 10:38AM – 11:52AM	Shiva Until 4:54AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 8:10AM – 9:24AM	Kaulava Until 10:55AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:15PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 5:30PM				<b>Margasira-Karttikai</b>	
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>	

<b>6</b>		<b>Tuesday, December 10, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau	Memphis, TN Sun 27 Sutra 240 Vikarin 5121
Vrishabha Rasi: 3.17	Tithi 14	<b>Gulika</b> 11:53AM – 1:07PM	<b>Krittika Until 6:18PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:57AM	
		Yama 9:25AM – 10:39AM	Siddha Until 3:49AM Wed	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:48PM	Moon 11 - Phase 33
	721513465	<b>Rahu</b> 2:21PM – 3:35PM	Gara Until 11:29AM	<b>Nataraja:</b> Clear	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 11:31PM</b>	Moon – White	<b>Sivaloka Day</b>
Until 6:18PM		<b>Krittika Deepam</b>		<b>Margasira-Karttikai</b>	
Then Creative Work - Amrita Yoga					

<b>○</b>		<b>Wednesday, December 11, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Memphis, TN Sun 28 Sutra 241 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:40AM – 11:53AM	<b>Rohini Until 6:52PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:58AM	
Vrishabha Rasi: 16.15	Tithi 15	Yama 8:12AM – 9:26AM	Sadhya Until 2:20AM Thu	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM	Moon 11 - Phase 33
	731523465	<b>Rahu</b> 11:53AM – 1:07PM	Visti Until 11:28AM	<b>Nataraja:</b> Clear	Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 11:14PM</b>	Moon – Yellow	<b>Sivaloka Day</b>
				<b>Margasira-Karttikai</b>	

<b>Thursday, December 12, 2019</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Memphis, TN Sun 29 Sutra 242 Vikarin 5121
Vrishabha Rasi: 29.29	Tithi 16	<b>Gulika</b> 9:26AM – 10:40AM	<b>Mrigashira Until 6:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:59AM	
		Yama 6:59AM – 8:13AM	Subha Until 12:28AM Fri	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:49PM	Moon 11 - Phase 33
	732523465	<b>Rahu</b> 1:08PM – 2:21PM	Balava Until 10:55AM	<b>Nataraja:</b> Clear	Prathama
Routine Work	Marana Yoga		<b>Prathama* Until 10:27PM</b>	Moon – Yellow	<b>Devaloka Day</b>
				<b>Margasira-Karttikai</b>	
		<b>Vinayaga Viratam Begins</b>			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Memphis, TN

Sun 1 Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 12.59 Tithi 17

732523465 Rahu 10:41AM - 11:54AM

Gulika 8:13AM - 9:27AM

Yama 2:22PM - 3:35PM

Ardra Until 6:09PM

Sukla Until 10:15PM

Taitila Until 9:56AM

Dvitiya Until 9:16PM

Ganesha: Clear Sunrise: 6:59AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Memphis, TN

Sun 2 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 26.42 Tithi 18

742523465 Rahu 9:27AM - 10:41AM

Gulika 7:00AM - 8:14AM

Yama 1:08PM - 2:22PM

Punarvasu Until 5:29PM

Brahma Until 7:49PM

Vanija Until 8:34AM

Tritiya Until 7:45PM

Ganesha: Purple Sunrise: 7:00AM

Muruqa: Clear Sunset: 4:49PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Memphis, TN

Sun 3 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 10.35 Tithi 19

742523465 Rahu 3:36PM - 4:50PM

Gulika 2:22PM - 3:36PM

Yama 11:55AM - 1:09PM

Pushya Until 4:25PM

Indra Until 5:11PM

Bava Until 6:55AM

Chaturthi\* Until 6:00PM

Ganesha: Purple Sunrise: 7:01AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN

Sun 4 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 24.36 Tithi 20 - 21

842523465 Rahu 8:15AM - 9:29AM

Gulika 1:09PM - 2:23PM

Yama 10:42AM - 11:56AM

Ashlesha\* Until 3:02PM

Vaidhriti\* Until 2:24PM

Gara Until 3:06AM Tue

Panchami Until 4:04PM

Ganesha: Clear Sunrise: 7:02AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Clear

Moon - Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Memphis, TN

Sun 5 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 8.42 Tithi 21 - 22

852523465 Rahu 2:23PM - 3:37PM

Gulika 11:56AM - 1:10PM

Yama 9:29AM - 10:43AM

Magha\* Until 1:50PM

Vishkambha\* Until 11:33AM

Visti Until 1:02AM Wed

Shashthi\* Until 2:03PM

Ganesha: Purple Sunrise: 7:02AM

Muruqa: Clear Sunset: 4:50PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Memphis, TN

Sun 6 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Simha Rasi: 22.51 Tithi 22 - 23

852523465 Rahu 11:57AM - 1:10PM

Gulika 10:43AM - 11:57AM

Yama 8:16AM - 9:30AM

Purvaphalguni Until 12:27PM

Priti Until 8:40AM

Balava Until 10:57PM

Saptami Until 11:59AM

Ganesha: Purple Sunrise: 7:03AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Sun 7 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 7.01 Tithi 23 - 24

852523465 Rahu 1:11PM - 2:24PM

Gulika 9:30AM - 10:44AM

Yama 7:03AM - 8:17AM

Uttaraphalguni Until 10:55AM

Saubhagya Until 2:50AM Fri

Taitila Until 8:53PM

Ashtami\* Until 9:54AM

Ganesha: Purple Sunrise: 7:03AM

Muruqa: Clear Sunset: 4:51PM

Nataraja: Clear

Moon - Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Until 10:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>		<b>Friday, December 20, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Memphis, TN Sun 8 Sutra 250 Vikarin 5121
Kanya Rasi: 21.09	Tithi 24 – 25	862523465	<b>Gulika</b> 8:17AM – 9:31AM <b>Yama</b> 2:25PM – 3:38PM <b>Rahu</b> 10:44AM – 11:58AM	<b>Hasta</b> <b>Until 9:41AM</b> Sobhana <b>Until 11:59PM</b> Vanija <b>Until 6:51PM</b> <b>Navami* Until 7:50AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:04AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work Amrita Yoga Until 9:41AM Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, December 21, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Memphis, TN Sun 9 Sutra 251 Vikarin 5121
Tula Rasi: 5.16	Tithi 26	862523465	<b>Gulika</b> 7:04AM – 8:18AM <b>Yama</b> 1:12PM – 2:25PM <b>Rahu</b> 9:31AM – 10:45AM	<b>Chitra</b> <b>Until 8:22AM</b> Athiganda* <b>Until 9:12PM</b> Bava <b>Until 4:54PM</b> <b>Ekadashi* Until 3:58AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:04AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Routine Work Marana Yoga Until 8:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati				

<b>3</b>		<b>Sunday, December 22, 2019</b>		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Memphis, TN Sun 10 Sutra 252 Vikarin 5121
Tula Rasi: 19.17	Tithi 27	862523465	<b>Gulika</b> 2:26PM – 3:39PM <b>Yama</b> 11:59AM – 1:12PM <b>Rahu</b> 3:39PM – 4:53PM	<b>Svati</b> <b>Until 7:03AM</b> Sukarma <b>Until 6:33PM</b> Kaulava <b>Until 3:07PM</b> <b>Dvadashi* Until 2:17AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:05AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Clear Moon – Green	Moon 12 - Phase 35 2nd Phase <b>Devaloka Day</b> <b>Margasira*Markali</b>
Creative Work Siddha Yoga Until 7:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati				

<b>4</b>		<b>Monday, December 23, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Memphis, TN Sun 11 Sutra 253 Vikarin 5121
Vrischika Rasi: 3.12	Tithi 28	872523465	<b>Gulika</b> 1:13PM – 2:26PM <b>Yama</b> 10:46AM – 11:59AM <b>Rahu</b> 8:19AM – 9:32AM	<b>Vishakha</b> <b>Until 6:13AM</b> Dhriti <b>Until 4:07PM</b> Gara <b>Until 1:34PM</b> <b>Trayodashi* Until 12:52AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise: 7:05AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira*Markali</b> <i>Pradosha Vrata (Fasting)</i>
Family Home Evening Routine Work Marana Yoga Until 6:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati				

<b>5</b>		<b>Tuesday, December 24, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Memphis, TN Sun 12 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.56	Tithi 29	872523465	<b>Gulika</b> 12:00PM – 1:13PM <b>Yama</b> 9:33AM – 10:46AM <b>Rahu</b> 2:27PM – 3:40PM	<b>Jyeshtha*</b> <b>Until 5:02AM Wed</b> Shula* <b>Until 1:54PM</b> Visti <b>Until 12:19PM</b> <b>Chaturdashi* Until 11:49PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:06AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:54PM</i> <b>Nataraja:</b> Clear Moon – Orange	Moon 12 - Phase 35 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM <b>Margasira*Markali</b>
Routine Work Marana Yoga		Day 4 of Pancha Ganapati				

		<b>Wednesday, December 25, 2019</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Memphis, TN Sun 13 Sutra 255 Vikarin 5121
<b>Retreat Star</b>		Dhanus Rasi: 0.26	Tithi 30	883523465	<b>Gulika</b> 10:47AM – 12:00PM <b>Yama</b> 8:20AM – 9:33AM <b>Rahu</b> 12:00PM – 1:14PM	<b>Mula*</b> <b>Until 5:19AM Thu</b> Ganda* <b>Until 12:02PM</b> Catuspada <b>Until 11:29AM</b> <b>Amavasya* Until 11:14PM</b>
Routine Work Marana Yoga Until 5:19AM Thu Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati				
						<b>Ganesha:</b> Orange <i>Sunrise: 7:06AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:54PM</i> <b>Nataraja:</b> Clear Moon – Light Blue
						<b>Devaloka Day</b> <b>Margasira*Markali</b>

<b>Thursday, December 26, 2019</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Memphis, TN Sun 14 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.41	Tithi 1	883523466	<b>Gulika</b> 9:34AM – 10:47AM <b>Yama</b> 7:07AM – 8:20AM <b>Rahu</b> 1:14PM – 2:28PM	<b>Purvashadha*</b> <b>Until 6:00AM Fri</b> Vridhhi <b>Until 10:34AM</b> Kintughna <b>Until 11:09AM</b> <b>Prathama* Until 11:10PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 7:07AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:55PM</i> <b>Nataraja:</b> Orange Moon – Light Blue	Moon 12 - Phase 35 Prathama <b>Devaloka Day</b> <b>Pausha*Markali</b>
Creative Work Siddha Yoga Until 6:00AM Fri Then Routine Work - Marana Yoga		Annular Solar Eclipse				

<b>1</b>		<b>Friday, December 27, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Memphis, TN
Dhanus Rasi: 26.4	Tithi 2	Gulika 8:21AM – 9:34AM	Purvashadha* Until 6:00AM	Ganesha: Orange	Sunrise: 7:07AM	Sun 15	Sutra 257	Vikarin 5121
		Yama 2:28PM – 3:42PM	Dhruva Until 9:31AM	Muruqa: Clear	Sunset: 4:55PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 10:48AM – 12:01PM	Balava Until 11:22AM	Nataraja: Orange				3rd Phase
			Dvitiya Until 11:42PM	Moon – Light Blue				
				<b>Pausha-Markali</b>				<b>Devaloka Day</b>

<b>2</b>		<b>Saturday, December 28, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Memphis, TN
Makara Rasi: 9.21	Tithi 3	Gulika 7:07AM – 8:21AM	Uttarashadha Until 7:04AM	Ganesha: Orange	Sunrise: 7:07AM	Sun 16	Sutra 258	Vikarin 5121
		Yama 1:15PM – 2:29PM	Vyaghata* Until 8:56AM	Muruqa: Clear	Sunset: 4:56PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	883523466 Rahu 9:35AM – 10:48AM	Taitila Until 12:12PM	Nataraja: Orange				3rd Phase
Until 7:04AM			Tritiya Until 12:49AM Sun	Moon – Light Blue				
Then Creative Work - Siddha Yoga				<b>Pausha-Markali</b>				<b>Devaloka Day</b>

<b>3</b>		<b>Sunday, December 29, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Memphis, TN
Makara Rasi: 21.46	Tithi 4	Gulika 2:30PM – 3:43PM	Shravana Until 9:02AM	Ganesha: Clear	Sunrise: 7:08AM	Sun 17	Sutra 259	Vikarin 5121
		Yama 12:02PM – 1:16PM	Harshana Until 8:48AM	Muruqa: Clear	Sunset: 4:57PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	893523466 Rahu 3:43PM – 4:57PM	Vanija Until 1:37PM	Nataraja: Orange				3rd Phase
Until 9:02AM			Chaturthi* Until 2:29AM Mon	Moon – Purple				
Then Routine Work - Marana Yoga				<b>Pausha-Markali</b>				<b>Devaloka Day</b>

<b>4</b>		<b>Monday, December 30, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN
Kumbha Rasi: 3.58	Tithi 5	Gulika 1:16PM – 2:30PM	Dhanishtha Until 11:20AM	Ganesha: Clear	Sunrise: 7:08AM	Sun 18	Sutra 260	Vikarin 5121
Family Home Evening		Yama 10:49AM – 12:03PM	Vajra* Until 9:03AM	Muruqa: Clear	Sunset: 4:58PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	893523466 Rahu 8:22AM – 9:35AM	Bava Until 3:31PM	Nataraja: Orange				3rd Phase
			Panchami Until 4:36AM Tue	Moon – Purple				
				<b>Pausha-Markali</b>				<b>Devaloka Day</b>

<b>5</b>		<b>Tuesday, December 31, 2019</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN
Kumbha Rasi: 16	Tithi 6	Gulika 12:03PM – 1:17PM	Shatabhishak Until 1:50PM	Ganesha: Clear	Sunrise: 7:08AM	Sun 19	Sutra 261	Vikarin 5121
		Yama 9:36AM – 10:49AM	Siddhi Until 9:36AM	Muruqa: Clear	Sunset: 4:58PM			Moon 12 - Phase 36
Routine Work	Marana Yoga	893523466 Rahu 2:31PM – 3:45PM	Kaulava Until 5:48PM	Nataraja: Orange				3rd Phase
			Shashthi* Until 7:01AM Wed	Moon – Purple				
				<b>Pausha-Markali</b>				<b>Devaloka Day</b>

<b>6</b>		<b>Wednesday, January 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Memphis, TN
Kumbha Rasi: 27.56	Tithi 6 – 7	Gulika 10:50AM – 12:04PM	Purvaproshtapada* Until 4:54PM	Ganesha: Blue	Sunrise: 7:09AM	Sun 20	Sutra 262	Vikarin 5121
		Yama 8:22AM – 9:36AM	Vyatipata* Until 10:21AM	Muruqa: Clear	Sunset: 5:00PM			Moon 12 - Phase 36
Creative Work	Amrita Yoga	813623466 Rahu 12:04PM – 1:18PM	Gara Until 8:17PM	Nataraja: Orange				3rd Phase
Until 4:54PM			Shashthi* Until 7:01AM	Moon – Clear				
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Ends</b>		<b>Pausha-Markali</b>				<b>Bhuloka Day</b>
								Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Thursday, January 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN
Meena Rasi: 9.49	Tithi 7 – 8	Gulika 9:37AM – 10:51AM	Uttaraproshtapada Until 7:48PM	Ganesha: Blue	Sunrise: 7:09AM	Sun 21	Sutra 263	Vikarin 5121
		Yama 7:09AM – 8:23AM	Variyan Until 11:08AM	Muruqa: Clear	Sunset: 5:01PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 1:19PM – 2:33PM	Visti Until 10:46PM	Nataraja: Orange				Ashtami
			Saptami Until 9:31AM	Moon – Clear				
				<b>Pausha-Markali</b>				<b>Bhuloka Day</b>
								Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Friday, January 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN
Meena Rasi: 21.43	Tithi 8 – 9	Gulika 8:23AM – 9:37AM	Revati Until 10:23PM	Ganesha: Blue	Sunrise: 7:09AM	Sun 22	Sutra 264	Vikarin 5121
		Yama 2:33PM – 3:47PM	Parigha* Until 11:51AM	Muruqa: Clear	Sunset: 5:01PM			Moon 12 - Phase 36
Creative Work	Siddha Yoga	813623466 Rahu 10:51AM – 12:05PM	Balava Until 1:02AM Sat	Nataraja: Orange				Navami
Until 10:23PM			Ashtami* Until 11:55AM	Moon – Clear				
Then Creative Work - Amrita Yoga				<b>Pausha-Markali</b>				<b>Bhuloka Day</b>
								Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 4, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Memphis, TN Sun 23 Sutra 265 Vikarin 5121
Mesha Rasi: 3.44	Tithi 9 – 10	823623466	<b>Gulika</b> 7:09AM – 8:23AM <b>Yama</b> 1:20PM – 2:34PM <b>Rahu</b> 9:37AM – 10:51AM	<b>Ashvini Until 12:54AM Sun</b> Shiva Until 12:21PM Taitila Until 2:54AM Sun Navami* Until 2:01PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:02PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha•Markali
Creative Work Siddha Yoga		Until 12:54AM Sun		Then Routine Work - Prabalarishta Yoga	
<b>2</b>		<b>Sunday, January 5, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Memphis, TN Sun 24 Sutra 266 Vikarin 5121
Mesha Rasi: 15.56	Tithi 10 – 11	823623466	<b>Gulika</b> 2:35PM – 3:49PM <b>Yama</b> 12:06PM – 1:20PM <b>Rahu</b> 3:49PM – 5:03PM	<b>Bharani Until 2:44AM Mon</b> Siddha Until 12:27PM Vanija Until 4:11AM Mon Dashami Until 3:36PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:03PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha•Markali
Routine Work Prabalarishta Yoga		Until 2:44AM Mon		Then Routine Work - Marana Yoga	
<b>3</b>		<b>Monday, January 6, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Memphis, TN Sun 25 Sutra 267 Vikarin 5121
Mesha Rasi: 28.22	Tithi 11 – 12	823623466	<b>Gulika</b> 1:21PM – 2:35PM <b>Yama</b> 10:52AM – 12:06PM <b>Rahu</b> 8:23AM – 9:38AM	<b>Krittika Until 3:45AM Tue</b> Sadhya Until 12:06PM Bava Until 4:47AM Tue Ekadashi Until 4:33PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:04PM <b>Nataraja:</b> Orange Moon – White <b>Devaloka Day</b> Pausha•Markali
Family Home Evening		Until 3:45AM Tue		Then Creative Work - Amrita Yoga	
<b>4</b>		<b>Tuesday, January 7, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Memphis, TN Sun 26 Sutra 268 Vikarin 5121
Vrishabha Rasi: 11.07	Tithi 12 – 13	833623466	<b>Gulika</b> 12:07PM – 1:21PM <b>Yama</b> 9:38AM – 10:52AM <b>Rahu</b> 2:36PM – 3:50PM	<b>Rohini Until 4:22AM Wed</b> Subha Until 11:13AM Kaulava Until 4:38AM Wed Dvadashi Until 4:47PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:05PM <b>Nataraja:</b> Orange Moon – Yellow <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha•Markali
Creative Work Amrita Yoga		Until 4:22AM Wed		Then Creative Work - Siddha Yoga	
<i>Pradosha Vrata</i>					
<b>5</b>		<b>Wednesday, January 8, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Memphis, TN Sun 27 Sutra 269 Vikarin 5121
Vrishabha Rasi: 24.13	Tithi 13 – 14	833623466	<b>Gulika</b> 10:53AM – 12:07PM <b>Yama</b> 8:24AM – 9:38AM <b>Rahu</b> 12:07PM – 1:22PM	<b>Mrigashira Until 4:09AM Thu</b> Sukla Until 9:44AM Gara Until 3:48AM Thu Trayodashi Until 4:17PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:06PM <b>Nataraja:</b> Orange Moon – Yellow <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM Pausha•Markali
Creative Work Siddha Yoga		Until 4:09AM Thu		Then Routine Work - Marana Yoga	
<b>○</b>		<b>Thursday, January 9, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Memphis, TN Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.43	Tithi 14 – 15	834623466	<b>Gulika</b> 9:38AM – 10:53AM <b>Yama</b> 7:09AM – 8:24AM <b>Rahu</b> 1:22PM – 2:37PM	<b>Ardra Until 3:10AM Fri</b> Brahma Until 7:44AM Visti Until 2:19AM Fri Chaturdashi* Until 3:07PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Orange Moon – Yellow <b>Devaloka Day</b> Pausha•Markali
Routine Work Marana Yoga		Until 3:10AM Fri		Then Creative Work - Siddha Yoga	
<b>○</b>		<b>Friday, January 10, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Memphis, TN Sun 27 Sutra 271 Vikarin 5121
Mithuna Rasi: 21.34	Tithi 15 – 16	844623466	<b>Gulika</b> 8:24AM – 9:38AM <b>Yama</b> 2:38PM – 3:53PM <b>Rahu</b> 10:53AM – 12:08PM	<b>Punarvasu Until 1:59AM Sat</b> Vaidhriti* Until 2:22AM Sat Balava Until 12:20AM Sat Purnima* Until 1:22PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:07PM <b>Nataraja:</b> Orange Moon – Blue <b>Sivaloka Day</b> Pausha•Markali
Creative Work Siddha Yoga		Until 10:53AM Sat		Then Routine Work - Marana Yoga	
		Penumbra Lunar Eclipse			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

**Saturday, January 11, 2020****Gold Retreat Star**

Kataka Rasi: 5.43 Tithi 16 - 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Memphis, TN

Sun 1 Sutra 272

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 7:09AM - 8:24AM  
Yama 1:23PM - 2:38PM  
**Rahu** 9:39AM - 10:54AM**Pushya Until 12:17AM Sun**  
Vishkambha\* Until 11:12PM  
Taitila Until 9:58PM**Prathama\* Until 11:10AM****Ganesha:** White *Sunrise:* 7:09AM  
**Muruqa:** Clear *Sunset:* 5:08PM  
**Nataraja:** Orange  
Moon - Blue**Pausha-Markali****Sivaloka Day****1****Sunday, January 12, 2020**

Kataka Rasi: 20.06 Tithi 17 - 18

844623466

Creative Work Siddha Yoga

Until 10:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN

Sun 2 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 2:39PM - 3:54PM  
Yama 12:09PM - 1:24PM  
**Rahu** 3:54PM - 5:09PM**Ashlesha\* Until 10:13PM**  
Priti Until 7:51PM  
Vanija Until 7:21PM  
**Dvitiya Until 8:40AM****Ganesha:** White *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 5:09PM  
**Nataraja:** Orange  
Moon - Blue**Pausha-Markali****Sivaloka Day****2****Monday, January 13, 2020**

Simha Rasi: 4.37 Tithi 19

854623466

Routine Work Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Titau

Memphis, TN

Sun 3 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 1:25PM - 2:40PM  
Yama 10:54AM - 12:09PM  
**Rahu** 8:24AM - 9:39AM**Magha\* Until 8:21PM**  
Ayushman Until 4:24PM  
Balava Until 4:39PM  
**Chaturthi\* Until 3:16AM Tue****Ganesha:** Clear *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 5:10PM  
**Nataraja:** Orange  
Moon - Red**Pausha-Markali****Devaloka Day****3****Tuesday, January 14, 2020**

Simha Rasi: 19.1 Tithi 20

854623466

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN

Sun 4 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 12:10PM - 1:25PM  
Yama 9:39AM - 10:54AM  
**Rahu** 2:40PM - 3:56PM**Purvaphalguni Until 6:23PM**  
Saubhagya Until 12:58PM  
Kaulava Until 1:57PM  
**Panchami Until 12:38AM Wed****Ganesha:** Clear *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 5:11PM  
**Nataraja:** Orange  
Moon - Red**Pausha-Thai****Devaloka Day****4****Wednesday, January 15, 2020**

Kanya Rasi: 3.39 Tithi 21

854623466

Creative Work Amrita Yoga

Until 4:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthiyam Titau

Memphis, TN

Sun 5 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 10:54AM - 12:10PM  
Yama 8:23AM - 9:39AM  
**Rahu** 12:10PM - 1:26PM**Uttaraphalguni Until 4:26PM**  
Sobhana Until 9:40AM  
Gara Until 11:24AM  
**Shashthi\* Until 10:11PM****Ganesha:** Clear *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 5:12PM  
**Nataraja:** Orange  
Moon - Red**Pausha-Thai****Devaloka Day****5****Thursday, January 16, 2020**

Kanya Rasi: 17.59 Tithi 22

864623466

Routine Work Marana Yoga

Until 3:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Memphis, TN

Sun 6 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 9:39AM - 10:55AM  
Yama 7:08AM - 8:23AM  
**Rahu** 1:26PM - 2:42PM**Hasta Until 3:00PM**  
Athiganda\* Until 6:30AM  
Visti Until 9:04AM  
**Saptami Until 7:59PM****Ganesha:** Purple *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 5:13PM  
**Nataraja:** Orange  
Moon - Green**Pausha-Thai****Sivaloka Day****D****Friday, January 17, 2020****Retreat Star**

Tula Rasi: 2.08 Tithi 23

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN

Sun 7 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

**Gulika** 8:23AM - 9:39AM  
Yama 2:42PM - 3:58PM  
**Rahu** 10:55AM - 12:11PM**Chitra Until 1:43PM**  
Dhriti Until 12:56AM Sat  
Balava Until 7:01AM  
**Ashtami\* Until 6:06PM****Ganesha:** Purple *Sunrise:* 7:07AM  
**Muruqa:** Clear *Sunset:* 5:14PM  
**Nataraja:** Orange  
Moon - Green**Pausha-Thai****Sivaloka Day****Saturday, January 18, 2020****Retreat Star**

Tula Rasi: 16.05 Tithi 24 - 25

864623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Memphis, TN

Sun 8 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami


**Gulika** 7:07AM - 8:23AM  
Yama 1:27PM - 2:43PM  
**Rahu** 9:39AM - 10:55AM**Svati Until 12:39PM**  
Shula\* Until 10:33PM  
Vanija Until 3:58AM Sun  
**Navami\* Until 4:35PM****Ganesha:** Purple *Sunrise:* 7:07AM  
**Muruqa:** Clear *Sunset:* 5:15PM  
**Nataraja:** Orange  
Moon - Green**Pausha-Thai****Sivaloka Day**

<b>1</b>	<b>Sunday, January 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Memphis, TN
			Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Sun 9 Sutra 280
	Tula Rasi: 29.48	Tithi 25 – 26	<b>Gulika</b> 2:44PM – 4:00PM	<b>Vishakha</b> Until 12:14PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Vikarin 5121
			Yama 12:11PM – 1:28PM	Ganda* Until 8:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	874623466 <b>Rahu</b> 4:00PM – 5:16PM	Bava Until 3:01AM Mon	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Dashami</b> Until 3:26PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>2</b>	<b>Monday, January 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Memphis, TN
			Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau				Sun 10 Sutra 281
	Vrischika Rasi: 13.17	Tithi 26 – 27	<b>Gulika</b> 1:28PM – 2:44PM	<b>Anuradha</b> Until 12:02PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:06AM	Vikarin 5121
	<b>Family Home Evening</b>		Yama 10:55AM – 12:12PM	Vriddhi Until 6:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	874623466 <b>Rahu</b> 8:22AM – 9:39AM	Kaulava Until 2:27AM Tue	<b>Nataraja:</b> Orange		2nd Phase	
			<b>Ekadashi*</b> Until 2:40PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>3</b>	<b>Tuesday, January 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Memphis, TN
			Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau				Sun 11 Sutra 282
	Vrischika Rasi: 26.34	Tithi 27 – 28	<b>Gulika</b> 12:12PM – 1:28PM	<b>Jyeshtha*</b> Until 12:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:06AM	Vikarin 5121
			Yama 9:39AM – 10:55AM	Dhruva Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	875623466 <b>Rahu</b> 2:45PM – 4:02PM	Gara Until 2:18AM Wed	<b>Nataraja:</b> Orange		2nd Phase	
Until 12:05PM			<b>Dvadashti*</b> Until 2:18PM	Moon – Orange		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Wednesday, January 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Memphis, TN
			Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 283
	Dhanus Rasi: 9.38	Tithi 28 – 29	<b>Gulika</b> 10:55AM – 12:12PM	<b>Mula*</b> Until 12:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:05AM	Vikarin 5121
			Yama 8:22AM – 9:39AM	Vyaghata* Until 4:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 12:12PM – 1:29PM	Visti Until 2:34AM Thu	<b>Nataraja:</b> Orange		2nd Phase	
Until 12:51PM			<b>Trayodashi*</b> Until 2:21PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Thursday, January 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Memphis, TN
	<b>Retreat Star</b>		Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 284
	Dhanus Rasi: 22.29	Tithi 29 – 30	<b>Gulika</b> 9:38AM – 10:55AM	<b>Purvashadha*</b> Until 1:51PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:05AM	Vikarin 5121
			Yama 7:05AM – 8:22AM	Harshana Until 3:23PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
Creative Work	Siddha Yoga	885623466 <b>Rahu</b> 1:29PM – 2:46PM	Catuspada Until 3:15AM Fri	<b>Nataraja:</b> Orange		Amavasya	
Until 1:51PM			<b>Chaturdashi*</b> Until 2:50PM	Moon – Light Blue		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Pausha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

	<b>Friday, January 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Memphis, TN
	<b>Retreat Star</b>		Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 285
	Makara Rasi: 5.08	Tithi 30 – 1	<b>Gulika</b> 8:21AM – 9:38AM	<b>Uttarashadha</b> Until 3:07PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:04AM	Vikarin 5121
			Yama 2:47PM – 4:04PM	Vajra* Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
Routine Work	Marana Yoga	885623466 <b>Rahu</b> 10:55AM – 12:13PM	Kintughna Until 4:23AM Sat	<b>Nataraja:</b> Orange		Prathama	
			<b>Amavasya*</b> Until 3:44PM	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Magha</b> -Thai		<b>Devaloka Time: 3:PM to 6:PM</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	<b>Saturday, January 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN
	Makara Rasi: 17.37	Tithi 1 – 2	995623466	<b>Gulika</b> 7:03AM – 8:21AM Yama 1:30PM – 2:48PM <b>Rahu</b> 9:38AM – 10:56AM	<b>Shravana Until 5:08PM</b> Siddhi Until 2:46PM Balava Until 5:56AM Sun Prathama* Until 5:05PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha*Thai</b>	Sun 15 Sutra 286 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Sunday, January 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata*/Vriyan Yoga Kaulava Karana Dvitiyayam Titau				Memphis, TN
	Makara Rasi: 29.53	Tithi 2	995723466	<b>Gulika</b> 2:48PM – 4:06PM Yama 12:13PM – 1:31PM <b>Rahu</b> 4:06PM – 5:23PM	<b>Dhanishtha Until 7:21PM</b> Vyatipata* Until 2:57PM Kaulava Until 6:50PM Dvitiya Until 6:50PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha*Thai</b>	Sun 16 Sutra 287 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				<b>Devaloka Day</b>	
	Until 7:21PM	Then Creative Work - Siddha Yoga					

3	<b>Monday, January 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau				Memphis, TN
	Kumbha Rasi: 12.01	Tithi 3	995723466	<b>Gulika</b> 1:31PM – 2:49PM Yama 10:56AM – 12:13PM <b>Rahu</b> 8:20AM – 9:38AM	<b>Shatabhishak Until 9:45PM</b> Vriyan Until 3:23PM Tailila Until 7:52AM Tritiya Until 8:56PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Purple <b>Magha*Thai</b>	Sun 17 Sutra 288 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
	Until 9:45PM	Then Routine Work - Marana Yoga					

4	<b>Tuesday, January 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Memphis, TN
	Kumbha Rasi: 24.01	Tithi 4	915723466	<b>Gulika</b> 12:13PM – 1:31PM Yama 9:38AM – 10:55AM <b>Rahu</b> 2:49PM – 4:07PM	<b>Purvaproshtapada* Until 12:44AM We</b> Parigha* Until 4:02PM Vanija Until 10:06AM Chaturthi* Until 11:18PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Thai</b>	Sun 18 Sutra 289 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Routine Work	Marana Yoga				<b>Sivaloka Day</b>	
	Until 12:44AM Wed	Then Creative Work - Siddha Yoga					

5	<b>Wednesday, January 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN
	Meena Rasi: 5.56	Tithi 5	915723466	<b>Gulika</b> 10:55AM – 12:14PM Yama 8:19AM – 9:37AM <b>Rahu</b> 12:14PM – 1:32PM	<b>Uttaraproshtapada Until 3:41AM Thu</b> Shiva Until 4:51PM Bava Until 12:34PM Panchami Until 1:49AM Thu	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Thai</b>	Sun 19 Sutra 290 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b>	

6	<b>Thursday, January 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Shashthyam Titau				Memphis, TN
	Meena Rasi: 17.48	Tithi 6	916723466	<b>Gulika</b> 9:37AM – 10:55AM Yama 7:00AM – 8:19AM <b>Rahu</b> 1:32PM – 2:51PM	<b>Revati Until 6:26AM Fri</b> Siddha Until 5:40PM Kaulava Until 3:06PM Shashthi* Until 4:19AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Thai</b>	Sun 20 Sutra 291 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
	Until 6:26AM Fri	Then Creative Work - Amrita Yoga					

<b>Friday, January 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN
<b>Retreat Star</b>		916723466	<b>Gulika</b> 8:18AM – 9:37AM Yama 2:51PM – 4:10PM <b>Rahu</b> 10:55AM – 12:14PM	<b>Revati Until 6:26AM</b> Sadhya Until 6:25PM Gara Until 5:32PM Saptami Until 6:38AM Sat	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Clear <b>Magha*Thai</b>	Sun 21 Sutra 292 Vikarin 5121 Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga				<b>Devaloka Day</b>	
Until 6:26AM	Then Creative Work - Amrita Yoga					

D	<b>Saturday, February 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Memphis, TN
	<b>Retreat Star</b>		926723466	<b>Gulika</b> 6:59AM – 8:18AM Yama 1:33PM – 2:51PM <b>Rahu</b> 9:37AM – 10:55AM	<b>Ashvini Until 9:20AM</b> Subha Until 6:57PM Visti Until 7:40PM Saptami Until 6:38AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha*Thai</b>	Sun 22 Sutra 293 Vikarin 5121 Moon 1 - Phase 40 Ashtami
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>Sunday, February 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Memphis, TN
<b>Retreat Star</b>		926723466	<b>Gulika</b> 2:52PM – 4:11PM Yama 12:14PM – 1:33PM <b>Rahu</b> 4:11PM – 5:29PM	<b>Bharani Until 11:39AM</b> Sukla Until 7:05PM Balava Until 9:18PM Ashtami* Until 8:32AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – White <b>Magha*Thai</b>	Sun 23 Sutra 294 Vikarin 5121 Moon 1 - Phase 40 Navami
Routine Work	Prabalarishta Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Until 11:39AM	Then Creative Work - Siddha Yoga					

<b>1</b>	<b>Monday, February 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Memphis, TN
							Sun 24 Sutra 295
Vrishabha Rasi: 6.08	Tithi 9 – 10		<b>Gulika</b> 1:33PM – 2:52PM	<b>Krittika</b> Until 1:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:58AM	Vikarin 5121
<b>Family Home Evening</b>	926723466	<b>Rahu</b> 8:17AM – 9:36AM	Yama 10:55AM – 12:14PM	Brahma Until 6:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 41
Routine Work Marana Yoga				Taitila Until 10:13PM	<b>Nataraja:</b> Orange		4th Phase
Until 1:12PM				<b>Navami* Until 9:50AM</b>	Moon – White		
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, February 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Memphis, TN
							Sun 25 Sutra 296
Vrishabha Rasi: 18.49	Tithi 10 – 11		<b>Gulika</b> 12:14PM – 1:34PM	<b>Rohini</b> Until 2:20PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:57AM	Vikarin 5121
	936723467	<b>Rahu</b> 2:53PM – 4:12PM	Yama 9:36AM – 10:55AM	Indra Until 5:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 1 - Phase 41
Creative Work Amrita Yoga				Vanija Until 10:19PM	<b>Nataraja:</b> Clear		4th Phase
Until 2:20PM				<b>Dashami</b> Until 10:21AM	Moon – Yellow		
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Wednesday, February 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Memphis, TN
							Sun 26 Sutra 297
Mithuna Rasi: 1.55	Tithi 11 – 12		<b>Gulika</b> 10:55AM – 12:14PM	<b>Mrigashira</b> Until 2:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:56AM	Vikarin 5121
	936723467	<b>Rahu</b> 12:14PM – 1:34PM	Yama 8:16AM – 9:35AM	Vaidhriti* Until 4:05PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41
Creative Work Siddha Yoga				Bava Until 9:35PM	<b>Nataraja:</b> Clear		4th Phase
				<b>Ekadashi</b> Until 10:02AM	Moon – Yellow		
					<b>Magha-Thai</b>	<b>Devaloka Day</b>	

<b>4</b>	<b>Thursday, February 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Memphis, TN
							Sun 27 Sutra 298
Mithuna Rasi: 15.28	Tithi 12 – 13		<b>Gulika</b> 9:35AM – 10:55AM	<b>Ardra</b> Until 1:41PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM	Vikarin 5121
	936723467	<b>Rahu</b> 1:34PM – 2:54PM	Yama 6:55AM – 8:15AM	Vishkambha* Until 1:48PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
Routine Work Marana Yoga				Kaulava Until 8:03PM	<b>Nataraja:</b> Clear		4th Phase
Until 1:41PM				<b>Dvadashi</b> Until 8:54AM	Moon – Yellow		
Then Creative Work - Amrita Yoga					<b>Magha-Thai</b>	<b>Devaloka Day</b>	
					<i>Pradosha Vrata</i>		

<b>5</b>	<b>Friday, February 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Memphis, TN
							Sun 29 Sutra 299
Mithuna Rasi: 29.28	Tithi 13 – 14		<b>Gulika</b> 8:15AM – 9:35AM	<b>Punarvasu</b> Until 12:28PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:55AM	Vikarin 5121
	947723467	<b>Rahu</b> 10:55AM – 12:15PM	Yama 2:54PM – 4:14PM	Priti Until 10:57AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
Creative Work Siddha Yoga				Vanija Until 4:29AM Sat	<b>Nataraja:</b> Clear		4th Phase
Until 12:28PM				<b>Trayodashi</b> Until 7:00AM	Moon – Blue		
Then Routine Work - Marana Yoga			<b>Thai Pusam</b>		<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM

<b>○</b>	<b>Saturday, February 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau				Memphis, TN
							Sutra 300
<b>Copper Retreat Star</b>			<b>Gulika</b> 6:54AM – 8:14AM	<b>Pushya</b> Until 10:31AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:54AM	Vikarin 5121
Kataka Rasi: 13.54	Tithi 15		Yama 1:35PM – 2:55PM	Ayushman Until 7:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 9:34AM – 10:54AM		Visti Until 3:03PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga				<b>Purnima* Until 1:30AM Sun</b>	Moon – Blue		
Until 10:31AM					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							

<b>○</b>	<b>Sunday, February 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN
							Sutra 301
<b>Silver Retreat Star</b>			<b>Gulika</b> 2:56PM – 4:16PM	<b>Ashlesha*</b> Until 8:01AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:53AM	Vikarin 5121
Kataka Rasi: 28.39	Tithi 16		Yama 12:15PM – 1:35PM	Sobhana Until 11:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
	947723467	<b>Rahu</b> 4:16PM – 5:36PM		Balava Until 11:54AM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga				<b>Prathama* Until 10:13PM</b>	Moon – Blue		
Until 8:01AM					<b>Magha-Thai</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga							





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Memphis, TN  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 14 Tithi 17  
Family Home Evening 957723467  
Creative Work Siddha Yoga  
Until 2:52AM Tue  
Then Creative Work - Amrita Yoga

**Gulika** 1:35PM – 2:56PM  
Yama 10:54AM – 12:15PM  
**Rahu** 8:13AM – 9:33AM

**Purvaphalguni Until 2:52AM Tue**  
Athiganda\* Until 7:56PM  
Taitila Until 8:31AM  
**Dvitiya Until 6:47PM**

**Ganesha:** Red *Sunrise: 6:52AM*  
**Muruqa:** Clear *Sunset: 5:37PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN  
Sun 1 Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 28.37 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 12:08AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:15PM – 1:36PM  
Yama 9:33AM – 10:54AM  
**Rahu** 2:57PM – 4:17PM

**Uttaraphalguni Until 12:08AM Wed**  
Sukarma Until 3:57PM  
Bava Until 1:47AM Wed  
**Tritiya Until 3:24PM**

**Ganesha:** Red *Sunrise: 6:51AM*  
**Muruqa:** Clear *Sunset: 5:38PM*  
**Nataraja:** Clear  
Moon – Red  
**Magha\*Thai**

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN  
Sun 2 Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 13.32 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:53AM – 12:15PM  
Yama 8:11AM – 9:32AM  
**Rahu** 12:15PM – 1:36PM

**Hasta Until 9:56PM**  
Dhriti Until 12:07PM  
Kaulava Until 10:43PM  
**Chaturthi\* Until 12:11PM**

**Ganesha:** Green *Sunrise: 6:50AM*  
**Muruqa:** Clear *Sunset: 5:39PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Memphis, TN  
Sun 3 Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 28.14 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 7:58PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:32AM – 10:53AM  
Yama 6:49AM – 8:10AM  
**Rahu** 1:36PM – 2:58PM

**Chitra Until 7:58PM**  
Shula\* Until 8:32AM  
Gara Until 8:03PM  
**Panchami Until 9:19AM**

**Ganesha:** White *Sunrise: 6:49AM*  
**Muruqa:** Clear *Sunset: 5:40PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Vriddhi\* Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Memphis, TN  
Sun 4 Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.37 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

**Gulika** 8:09AM – 9:31AM  
Yama 2:58PM – 4:20PM  
**Rahu** 10:53AM – 12:15PM

**Svati Until 6:23PM**  
Vriddhi Until 2:35AM Sat  
Bava Until 5:01AM Sat  
**Shashthi\* Until 6:53AM**

**Ganesha:** White *Sunrise: 6:48AM*  
**Muruqa:** Clear *Sunset: 5:41PM*  
**Nataraja:** Clear  
Moon – Green  
**Magha\*Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Saturday, February 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN  
Sun 5 Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.39 Tithi 23  
978723467  
Creative Work Siddha Yoga

**Gulika** 6:47AM – 8:09AM  
Yama 1:36PM – 2:58PM  
**Rahu** 9:31AM – 10:53AM

**Vishakha Until 5:39PM**  
Dhruva Until 12:17AM Sun  
Balava Until 4:19PM  
**Ashtami\* Until 3:44AM Sun**

**Ganesha:** Clear *Sunrise: 6:47AM*  
**Muruqa:** Clear *Sunset: 5:42PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

**Sunday, February 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Memphis, TN  
Sun 6 Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 10.19 Tithi 24  
978723467  
Routine Work Marana Yoga

**Gulika** 2:59PM – 4:21PM  
Yama 12:14PM – 1:37PM  
**Rahu** 4:21PM – 5:43PM

**Anuradha Until 5:23PM**  
Vyaghata\* Until 10:30PM  
Taitila Until 3:22PM  
**Navami\* Until 3:06AM Mon**

**Ganesha:** Clear *Sunrise: 6:46AM*  
**Muruqa:** Clear *Sunset: 5:43PM*  
**Nataraja:** Clear  
Moon – Orange  
**Magha\*Masi**

**Devaloka Day**


<b>1</b>	<b>Monday, February 17, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau				Memphis, TN Sun 7 Sutra 309 Vikarin 5121
	Vrischika Rasi: 23.37	Tithi 25	Gulika 1:37PM – 2:59PM	Jyeshtha* Until 5:33PM	Ganesha: Clear	Sunrise: 6:45AM	
	Family Home Evening	978723467	Yama 10:52AM – 12:14PM	Harshana Until 9:12PM	Muruga: Clear	Sunset: 5:44PM	Moon 2 - Phase 43
	Creative Work	Siddha Yoga	Rahu 8:07AM – 9:30AM	Vanija Until 3:01PM	Nataraja: Clear		2nd Phase
			Dashami Until 3:03AM Tue	Moon – Orange	<b>Devaloka Day</b>		
			Magha-Masi				


<b>2</b>	<b>Tuesday, February 18, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau				Memphis, TN Sun 8 Sutra 310 Vikarin 5121
	Dhanus Rasi: 6.37	Tithi 26	Gulika 12:14PM – 1:37PM	Mula* Until 6:36PM	Ganesha: Purple	Sunrise: 6:43AM	
	Creative Work	Amrita Yoga	Yama 9:29AM – 10:52AM	Vajra* Until 8:19PM	Muruga: Clear	Sunset: 5:45PM	Moon 2 - Phase 43
	Until 6:36PM	988723467	Rahu 3:00PM – 4:23PM	Bava Until 3:16PM	Nataraja: Clear		2nd Phase
			Ekadashi* Until 3:34AM Wed	Moon – Light Blue	<b>Bhuloka Day</b>		
			Magha-Masi		Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Wednesday, February 19, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Memphis, TN Sun 9 Sutra 311 Vikarin 5121
	Dhanus Rasi: 19.2	Tithi 27	Gulika 10:51AM – 12:14PM	Purvashadha* Until 7:58PM	Ganesha: Purple	Sunrise: 6:42AM	
	Creative Work	Amrita Yoga	Yama 8:05AM – 9:28AM	Siddhi Until 7:49PM	Muruga: Clear	Sunset: 5:46PM	Moon 2 - Phase 43
	988723467	Rahu 12:14PM – 1:37PM	Kaulava Until 4:01PM	Dvadashi* Until 4:32AM Thu	Nataraja: Clear		2nd Phase
					<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Thursday, February 20, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau				Memphis, TN Sun 10 Sutra 312 Vikarin 5121
	Makara Rasi: 1.52	Tithi 28	Gulika 9:28AM – 10:51AM	Uttarashadha Until 9:35PM	Ganesha: Purple	Sunrise: 6:41AM	
	Routine Work	Marana Yoga	Yama 6:41AM – 8:04AM	Vyatipata* Until 7:40PM	Muruga: Clear	Sunset: 5:47PM	Moon 2 - Phase 43
	Until 9:35PM	989823467	Rahu 1:37PM – 3:01PM	Gara Until 5:12PM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 5:55AM Fri	Moon – Light Blue	<b>Bhuloka Day</b>		
			Pradosha Vrata (Fasting)		Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Friday, February 21, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau				Memphis, TN Sun 11 Sutra 313 Vikarin 5121
	Makara Rasi: 14.13	Tithi 29	Gulika 8:04AM – 9:27AM	Shravana Until 11:52PM	Ganesha: Light Blue	Sunrise: 6:40AM	
	Routine Work	Marana Yoga	Yama 3:01PM – 4:25PM	Variyan Until 7:45PM	Muruga: Clear	Sunset: 5:48PM	Moon 2 - Phase 43
	Until 11:52PM	999823467	Rahu 10:51AM – 12:14PM	Visti Until 6:45PM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:37AM Sat	Moon – Purple	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM		

	<b>Saturday, February 22, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Memphis, TN Sun 12 Sutra 314 Vikarin 5121	
	<b>Retreat Star</b>		Makara Rasi: 26.26	Tithi 29 – 30	Gulika 6:39AM – 8:03AM	Dhanishtha Until 2:16AM Sun	Ganesha: Light Blue	Sunrise: 6:39AM
	Creative Work	Siddha Yoga	999823467	Rahu 9:26AM – 10:50AM	Parigha* Until 8:04PM	Muruga: Clear	Sunset: 5:49PM	Moon 2 - Phase 43
				Mahasivaratri (Lunar)	Catuspada Until 8:36PM	Nataraja: Clear		Amavasya
			Mahasivaratri (Solar)	Chaturdashi* Until 7:37AM	Moon – Purple	<b>Bhuloka Day</b>		
					Devaloka Time: 3:PM to 6:PM			

	<b>Sunday, February 23, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Memphis, TN Sun 13 Sutra 315 Vikarin 5121	
	<b>Retreat Star</b>		Kumbha Rasi: 8.32	Tithi 30 – 1	Gulika 3:02PM – 4:26PM	Shatabhishak Until 4:43AM Mon	Ganesha: Light Blue	Sunrise: 6:38AM
	Creative Work	Siddha Yoga	999823467	Rahu 4:26PM – 5:50PM	Shiva Until 8:36PM	Muruga: Clear	Sunset: 5:50PM	Moon 2 - Phase 43
	Until 4:43AM Mon				Kintughna Until 10:42PM	Nataraja: Clear		Prathama
					Amavasya* Until 9:36AM	Moon – Purple	<b>Bhuloka Day</b>	
					Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>Monday, February 24, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Memphis, TN Sun 14 Sutra 316 Vikarin 5121
<b>1</b>	Kumbha Rasi: 20.33 Family Home Evening Routine Work Marana Yoga Until 7:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 – 2 919823467	<b>Gulika</b> 1:38PM – 3:02PM Yama 10:49AM – 12:14PM <b>Rahu</b> 8:01AM – 9:25AM	<b>Purvaproshtapada* Until 7:41AM Tue</b> Siddha Until 9:15PM Balava Until 1:00AM Tue <b>Prathama* Until 11:48AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:36AM Sunset: 5:51PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Tuesday, February 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Memphis, TN Sun 15 Sutra 317 Vikarin 5121
<b>2</b>	Meena Rasi: 2.29 Routine Work Marana Yoga Until 7:41AM Then Creative Work - Amrita Yoga	Tithi 2 – 3 919823467	<b>Gulika</b> 12:14PM – 1:38PM Yama 9:24AM – 10:49AM <b>Rahu</b> 3:03PM – 4:27PM	<b>Purvaproshtapada* Until 7:41AM</b> Sadhya Until 10:02PM Tailita Until 3:27AM Wed <b>Dvitiya Until 2:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:35AM Sunset: 5:52PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Wednesday, February 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Memphis, TN Sun 16 Sutra 318 Vikarin 5121
<b>3</b>	Meena Rasi: 14.23 Creative Work Siddha Yoga Until 10:36AM Then Routine Work - Marana Yoga	Tithi 3 – 4 919823467	<b>Gulika</b> 10:49AM – 12:13PM Yama 7:59AM – 9:24AM <b>Rahu</b> 12:13PM – 1:38PM	<b>Uttaraproshtapada Until 10:36AM</b> Subha Until 10:55PM Vanija Until 5:58AM Thu <b>Tritiya Until 4:41PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:34AM Sunset: 5:53PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Thursday, February 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau				Memphis, TN Sun 17 Sutra 319 Vikarin 5121
<b>4</b>	Meena Rasi: 26.14 Creative Work Siddha Yoga Until 1:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	<b>Gulika</b> 9:23AM – 10:48AM Yama 6:33AM – 7:58AM <b>Rahu</b> 1:38PM – 3:03PM	<b>Revati Until 1:25PM</b> Sukla Until 11:45PM Visti Until 7:12PM <b>Chaturthi* Until 7:12PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Phalguna-Masi</b>	Sunrise: 6:33AM Sunset: 5:54PM Moon 2 - Phase 44 3rd Phase <b>Devaloka Day</b>

<b>Friday, February 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 18 Sutra 320 Vikarin 5121
<b>5</b>	Mesha Rasi: 8.07 Creative Work Amrita Yoga Until 4:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	<b>Gulika</b> 7:57AM – 9:22AM Yama 3:04PM – 4:29PM <b>Rahu</b> 10:48AM – 12:13PM	<b>Ashvini Until 4:29PM</b> Brahma Until 12:31AM Sat Bava Until 8:27AM <b>Panchami Until 9:37PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:32AM Sunset: 5:54PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Saturday, February 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Memphis, TN Sun 19 Sutra 321 Vikarin 5121
<b>6</b>	Mesha Rasi: 20.03 Creative Work Siddha Yoga Until 7:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	<b>Gulika</b> 6:30AM – 7:56AM Yama 1:38PM – 3:04PM <b>Rahu</b> 9:22AM – 10:47AM	<b>Bharani Until 7:10PM</b> Indra Until 1:05AM Sun Kaulava Until 10:45AM <b>Shashthi* Until 11:45PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:30AM Sunset: 5:55PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Sunday, March 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Memphis, TN Sun 20 Sutra 322 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 3:05PM – 4:31PM Yama 12:12PM – 1:39PM <b>Rahu</b> 4:31PM – 5:57PM	<b>Krittika Until 9:16PM</b> Vaidhriti* Until 1:14AM Mon Gara Until 12:41PM <b>Saptami Until 1:25AM Mon</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White <b>Phalguna-Masi</b>	Sunrise: 6:28AM Sunset: 5:57PM Moon 2 - Phase 44 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Monday, March 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Memphis, TN Sun 21 Sutra 323 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 1:39PM – 3:05PM Yama 10:46AM – 12:12PM <b>Rahu</b> 7:53AM – 9:19AM	<b>Rohini Until 11:04PM</b> Vishkambha* Until 12:54AM Tue Visti Until 2:01PM <b>Ashtami* Until 2:23AM Tue</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:26AM Sunset: 5:58PM Moon 2 - Phase 44 Ashtami <b>Devaloka Day</b>

<b>Tuesday, March 3, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 22 Sutra 324 Vikarin 5121
<b>Retreat Star</b>			<b>Gulika</b> 12:12PM – 1:39PM Yama 9:19AM – 10:45AM <b>Rahu</b> 3:05PM – 4:32PM	<b>Mrigashira Until 11:55PM</b> Priti Until 11:57PM Balava Until 2:36PM <b>Navami* Until 2:33AM Wed</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow <b>Phalguna-Masi</b>	Sunrise: 6:25AM Sunset: 5:59PM Moon 2 - Phase 44 Navami <b>Devaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, March 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau		Memphis, TN Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.59	Tithi 10	<b>Gulika</b> 10:45AM – 12:12PM	<b>Ardra</b> <b>Until 11:47PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:24AM	
		Yama 7:51AM – 9:18AM	Ayushman Until 10:18PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:00PM	Moon 2 - Phase 45
		131833467 <b>Rahu</b> 12:12PM – 1:39PM	Taitila Until 2:19PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 1:49AM Thu</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>		

<b>2</b>		<b>Thursday, March 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau		Memphis, TN Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 23.26	Tithi 11	<b>Gulika</b> 9:17AM – 10:44AM	<b>Punarvasu</b> <b>Until 11:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:22AM	
		Yama 6:22AM – 7:50AM	Saubhagya Until 7:58PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 1:39PM – 3:06PM	Vanija Until 1:09PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> <b>Until 12:14AM Fri</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Friday, March 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau		Memphis, TN Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 7.23	Tithi 12	<b>Gulika</b> 7:49AM – 9:16AM	<b>Pushya</b> <b>Until 9:29PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:21AM	
		Yama 3:06PM – 4:34PM	Sobhana Until 5:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 10:44AM – 12:11PM	Bava Until 11:10AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dvadashti</b> <b>Until 9:53PM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Saturday, March 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau		Memphis, TN Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.5	Tithi 13	<b>Gulika</b> 6:20AM – 7:48AM	<b>Ashlesha*</b> <b>Until 7:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:20AM	
		Yama 1:39PM – 3:07PM	Athiganda* Until 1:29PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
		141833467 <b>Rahu</b> 9:15AM – 10:43AM	Kaulava Until 8:29AM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> <b>Until 6:54PM</b>	Moon – Blue		<b>Bhuloka Day</b>
Until 7:07PM				<b>Phalguna-Masi</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>5</b>		<b>Sunday, March 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Memphis, TN Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.41	Tithi 14 – 15	<b>Gulika</b> 3:07PM – 4:35PM	<b>Magha*</b> <b>Until 4:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:18AM	
		Yama 12:11PM – 1:39PM	Sukarma Until 9:34AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
		151833467 <b>Rahu</b> 4:35PM – 6:03PM	Visti Until 1:38AM Mon	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 3:27PM</b>	Moon – Red		<b>Devaloka Day</b>
Until 4:33PM		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

		<b>Monday, March 9, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Memphis, TN Sutra 330 Vikarin 5121
Simha Rasi: 21.5	Tithi 15 – 16	<b>Gulika</b> 1:39PM – 3:07PM	<b>Purvaphalguni</b> <b>Until 1:34PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:17AM	
<b>Family Home Evening</b>		Yama 10:42AM – 12:10PM	Shula* Until 1:01AM Tue	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	152833467 <b>Rahu</b> 7:45AM – 9:14AM	Balava Until 9:49PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima*</b> <b>Until 11:43AM</b>	Moon – Red		<b>Sivaloka Day</b>
		<b>Holi</b>		<b>Phalguna-Masi</b>		

<b>Tuesday, March 10, 2020</b>		<b>Silver Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau		Memphis, TN Sutra 331 Vikarin 5121
Kanya Rasi: 7.07	Tithi 16 – 17	<b>Gulika</b> 12:10PM – 1:39PM	<b>Uttaraphalguni</b> <b>Until 10:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	
		Yama 9:13AM – 10:42AM	Ganda* Until 8:41PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 45
		152833467 <b>Rahu</b> 3:08PM – 4:36PM	Gara Until 4:06AM Wed	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 7:53AM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:22AM				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Memphis, TN

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 22.22 Tithi 18

162833467

**Gulika** 10:41AM – 12:10PM  
Yama 7:43AM – 9:12AM  
**Rahu** 12:10PM – 1:39PM

**Hasta** Until 7:31AM  
Vriddhi Until 4:31PM  
Vanija Until 2:18PM  
Tritiya Until 12:33AM Thu

**Ganesha:** Clear *Sunrise:* 6:14AM  
**Muruqa:** Orange *Sunset:* 6:06PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Memphis, TN

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 7.23 Tithi 19

162833467

**Gulika** 9:11AM – 10:40AM  
Yama 6:13AM – 7:42AM  
**Rahu** 1:39PM – 3:08PM

**Svati** Until 2:24AM Fri  
Dhruva Until 12:36PM  
Bava Until 10:57AM  
Chaturthi\* Until 9:25PM

**Ganesha:** Clear *Sunrise:* 6:13AM  
**Muruqa:** Orange *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Masi**

**Devaloka Day**

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Memphis, TN

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 22.05 Tithi 20

172833467

**Gulika** 7:41AM – 9:10AM  
Yama 3:08PM – 4:38PM  
**Rahu** 10:40AM – 12:09PM

**Vishakha** Until 12:51AM Sat  
Vyaghata\* Until 9:06AM  
Kaulava Until 8:04AM  
Panchami Until 6:50PM

**Ganesha:** Purple *Sunrise:* 6:11AM  
**Muruqa:** Orange *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Masi**

**Sivaloka Day**

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Memphis, TN

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 6.2 Tithi 21 – 22

172833468

**Gulika** 6:10AM – 7:40AM  
Yama 1:39PM – 3:09PM  
**Rahu** 9:10AM – 10:39AM

**Anuradha** Until 11:52PM  
Harshana Until 6:08AM  
Visti Until 4:17AM Sun  
Shashthi\* Until 4:56PM

**Ganesha:** Purple *Sunrise:* 6:10AM  
**Muruqa:** Orange *Sunset:* 6:08PM  
**Nataraja:** Purple  
Moon – Orange  
**Phalguna-Panguni**

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Memphis, TN

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 20.08 Tithi 22 – 23

172933468

**Gulika** 3:09PM – 4:39PM  
Yama 12:09PM – 1:39PM  
**Rahu** 4:39PM – 6:09PM

**Jyeshtha\*** Until 11:31PM  
Siddhi Until 1:58AM Mon  
Balava Until 3:33AM Mon  
Saptami Until 3:48PM

**Ganesha:** Clear *Sunrise:* 6:09AM  
**Muruqa:** Orange *Sunset:* 6:09PM  
**Nataraja:** Purple  
Moon – Orange  
**Phalguna-Panguni**

**Sivaloka Day**

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Memphis, TN

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 3.28 Tithi 23 – 24

182933468

**Gulika** 1:39PM – 3:09PM  
Yama 10:38AM – 12:09PM  
**Rahu** 7:38AM – 9:08AM

**Mula\*** Until 12:13AM Tue  
Vyatipata\* Until 12:50AM Tue  
Taitila Until 3:36AM Tue  
Ashtami\* Until 3:28PM

**Ganesha:** Purple *Sunrise:* 6:07AM  
**Muruqa:** Orange *Sunset:* 6:10PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Memphis, TN

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 16.24 Tithi 24 – 25

182933468

**Gulika** 12:08PM – 1:39PM  
Yama 9:07AM – 10:38AM  
**Rahu** 3:09PM – 4:40PM

**Purvashadha\*** Until 1:29AM Wed  
Variyan Until 12:14AM Wed  
Vanija Until 4:21AM Wed  
Navami\* Until 3:52PM

**Ganesha:** Purple *Sunrise:* 6:06AM  
**Muruqa:** Orange *Sunset:* 6:11PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Phalguna-Panguni**

**Devaloka Day**

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, March 18, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Memphis, TN Sun 8 Sutra 339 Vikarin 5121
Dhanus Rasi: 29.01	Tithi 25 – 26	<b>Gulika</b> 10:37AM – 12:08PM	<b>Uttarashadha</b> Until 3:10AM Thu	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Light Blue	Sunrise: 6:04AM Sunset: 6:11PM Moon 3 - Phase 47 2nd Phase
Creative Work	Amrita Yoga	Yama 7:35AM – 9:06AM	Parigha* Until 12:07AM Thu	<b>Devaloka Day</b>	
Until 3:10AM Thu		182933468 <b>Rahu</b> 12:08PM – 1:39PM	Bava Until 5:42AM Thu	<b>Phalguna-Panguni</b>	
Then Creative Work - Siddha Yoga			Dashami Until 4:57PM		

<b>2</b>		<b>Thursday, March 19, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau	Memphis, TN Sun 9 Sutra 340 Vikarin 5121
Makara Rasi: 11.21	Tithi 26	<b>Gulika</b> 9:05AM – 10:37AM	<b>Shravana</b> Until 5:37AM Fri	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple	Sunrise: 6:03AM Sunset: 6:12PM Moon 3 - Phase 47 2nd Phase
Creative Work	Siddha Yoga	Yama 6:03AM – 7:34AM	Shiva Until 12:23AM Fri	<b>Sivaloka Day</b>	
		192933468 <b>Rahu</b> 1:39PM – 3:10PM	Balava Until 6:32PM	<b>Phalguna-Panguni</b>	
			Ekadashi* Until 6:32PM		

<b>3</b>		<b>Friday, March 20, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Memphis, TN Sun 10 Sutra 341 Vikarin 5121
Makara Rasi: 23.31	Tithi 27	<b>Gulika</b> 7:33AM – 9:05AM	<b>Dhanishtha</b> Until 8:12AM Sat	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple	Sunrise: 6:02AM Sunset: 6:13PM Moon 3 - Phase 47 2nd Phase
Creative Work	Siddha Yoga	Yama 3:10PM – 4:42PM	Siddha Until 12:53AM Sat	<b>Sivaloka Day</b>	
Until 8:12AM Sat		192933468 <b>Rahu</b> 10:36AM – 12:07PM	Kaulava Until 7:30AM	<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			Dvadashi* Until 8:29PM		

<b>4</b>		<b>Saturday, March 21, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Memphis, TN Sun 11 Sutra 342 Vikarin 5121
Kumbha Rasi: 5.34	Tithi 28	<b>Gulika</b> 6:00AM – 7:32AM	<b>Dhanishtha</b> Until 8:12AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple	Sunrise: 6:00AM Sunset: 6:14PM Moon 3 - Phase 47 2nd Phase
Creative Work	Siddha Yoga	Yama 1:39PM – 3:10PM	Sadhya Until 1:34AM Sun	<b>Sivaloka Day</b>	
Until 8:12AM		192933468 <b>Rahu</b> 9:04AM – 10:35AM	Gara Until 9:36AM	<b>Phalguna-Panguni</b>	
Then Creative Work - Amrita Yoga			Trayodashi* Until 10:42PM	<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Sunday, March 22, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Memphis, TN Sun 12 Sutra 343 Vikarin 5121
Kumbha Rasi: 17.31	Tithi 29	<b>Gulika</b> 3:11PM – 4:43PM	<b>Shatabhishak</b> Until 10:48AM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Purple	Sunrise: 5:59AM Sunset: 6:15PM Moon 3 - Phase 47 2nd Phase
Creative Work	Siddha Yoga	Yama 12:07PM – 1:39PM	Subha Until 2:22AM Mon	<b>Subha Sivaloka Day</b>	
		193933468 <b>Rahu</b> 4:43PM – 6:15PM	Visti Until 11:53AM	<b>Phalguna-Panguni</b>	
			Chaturdashi* Until 1:03AM Mon		

<b>Monday, March 23, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Memphis, TN Sun 13 Sutra 344 Vikarin 5121
Kumbha Rasi: 29.26	Tithi 30	<b>Gulika</b> 1:39PM – 3:11PM	<b>Purvaproshtapada*</b> Until 1:51PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear	Sunrise: 5:57AM Sunset: 6:16PM Moon 3 - Phase 47 Amavasya
<b>Family Home Evening</b>		Yama 10:34AM – 12:06PM	Sukla Until 3:12AM Tue	<b>Sivaloka Day</b>	
Routine Work	Marana Yoga	113933468 <b>Rahu</b> 7:30AM – 9:02AM	Catuspada Until 2:17PM	<b>Phalguna-Panguni</b>	
Until 1:51PM			Amavasya* Until 3:28AM Tue		
Then Creative Work - Siddha Yoga					

<b>Tuesday, March 24, 2020</b>		<b>Retreat Star</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Memphis, TN Sun 14 Sutra 345 Vikarin 5121
Meena Rasi: 11.19	Tithi 1	<b>Gulika</b> 12:06PM – 1:39PM	<b>Uttaraproshtapada</b> Until 4:47PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Purple Moon – Clear	Sunrise: 5:56AM Sunset: 6:16PM Moon 3 - Phase 47 Prathama
Creative Work	Amrita Yoga	Yama 9:01AM – 10:34AM	Brahma Until 4:04AM Wed	<b>Sivaloka Day</b>	
Until 4:47PM		113933468 <b>Rahu</b> 3:11PM – 4:44PM	Kintughna Until 4:43PM	<b>Chaitra-Panguni</b>	
Then Creative Work - Siddha Yoga			Prathama* Until 5:55AM Wed		
		Yugadhi			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>		<b>Wednesday, March 25, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau	Memphis, TN Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 23.11	Tithi 2	<b>Gulika</b> 10:33AM – 12:06PM Yama 7:27AM – 9:00AM 113933468 <b>Rahu</b> 12:06PM – 1:39PM	<b>Revati Until 7:33PM</b> Indra Until 4:55AM Thu Balava Until 7:10PM Dvitiya Until 8:21AM Thu	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:17PM <b>Nataraja:</b> Purple Moon – Clear	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Routine Work	Marana Yoga				
<b>2</b>		<b>Thursday, March 26, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Memphis, TN Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 5.05	Tithi 2 – 3	<b>Gulika</b> 8:59AM – 10:32AM Yama 5:53AM – 7:26AM 123933468 <b>Rahu</b> 1:39PM – 3:12PM	<b>Ashvini Until 10:36PM</b> Vaidhriti* Until 5:41AM Fri Taitila Until 9:33PM Dvitiya Until 8:21AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:18PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi			
Until 10:36PM					
Then Creative Work - Siddha Yoga					
<b>3</b>		<b>Friday, March 27, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Memphis, TN Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 17.01	Tithi 3 – 4	<b>Gulika</b> 7:25AM – 8:59AM Yama 3:12PM – 4:45PM 123933468 <b>Rahu</b> 10:32AM – 12:05PM	<b>Bharani Until 1:19AM Sat</b> Vishkambha* Until 6:20AM Sat Vanija Until 11:47PM Tritiya Until 10:40AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:52AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:19PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 1:19AM Sat					
Then Creative Work - Amrita Yoga					
<b>4</b>		<b>Saturday, March 28, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Memphis, TN Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 29	Tithi 4 – 5	<b>Gulika</b> 5:50AM – 7:24AM Yama 1:39PM – 3:12PM 123933468 <b>Rahu</b> 8:58AM – 10:31AM	<b>Krittika Until 3:37AM Sun</b> Vishkambha* Until 6:20AM Bava Until 1:44AM Sun Chaturthi* Until 12:47PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:50AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Purple Moon – White	Moon 3 - Phase 48 3rd Phase <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga				
Until 3:37AM Sun					
Then Creative Work - Siddha Yoga					
<b>5</b>		<b>Sunday, March 29, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Memphis, TN Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 11.07	Tithi 5 – 6	<b>Gulika</b> 3:12PM – 4:46PM Yama 12:05PM – 1:39PM 133933468 <b>Rahu</b> 4:46PM – 6:20PM	<b>Rohini Until 5:50AM Mon</b> Priti Until 6:46AM Kaulava Until 3:16AM Mon Panchami Until 2:33PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:20PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 5:50AM Mon					
Then Creative Work - Amrita Yoga					
<b>6</b>		<b>Monday, March 30, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Memphis, TN Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 23.25	Tithi 6 – 7	<b>Gulika</b> 1:39PM – 3:13PM Yama 10:30AM – 12:04PM 133933468 <b>Rahu</b> 7:22AM – 8:56AM	<b>Mrigashira Until 7:17AM Tue</b> Ayushman Until 6:50AM Gara Until 4:13AM Tue Shashthi* Until 3:49PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:21PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Family Home Evening					
Creative Work	Amrita Yoga				
Until 7:17AM Tue					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Tuesday, March 31, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Memphis, TN Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.58	Tithi 7 – 8	<b>Gulika</b> 12:04PM – 1:39PM Yama 8:55AM – 10:30AM 133933468 <b>Rahu</b> 3:13PM – 4:47PM	<b>Mrigashira Until 7:17AM</b> Saubhagya Until 6:26AM Visti Until 4:26AM Wed Saptami Until 4:25PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 3rd Phase <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
Until 7:17AM					
Then Routine Work - Marana Yoga					
<b>Retreat Star</b>		<b>Wednesday, April 1, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Memphis, TN Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.52	Tithi 8 – 9	<b>Gulika</b> 10:30AM – 12:04PM Yama 7:21AM – 8:55AM 133933468 <b>Rahu</b> 12:04PM – 1:39PM	<b>Ardra Until 7:53AM</b> Athiganda* Until 3:52AM Thu Balava Until 3:51AM Thu Ashtami* Until 4:14PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:22PM <b>Nataraja:</b> Purple Moon – Yellow	Moon 3 - Phase 48 Ashtami <b>Subha Sivaloka Day</b> Chaitra•Panguni
Creative Work	Siddha Yoga				
<b>Retreat Star</b>		<b>Thursday, April 2, 2020</b>		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Memphis, TN Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 2.12	Tithi 9 – 10	<b>Gulika</b> 8:54AM – 10:29AM Yama 5:45AM – 7:20AM 143933468 <b>Rahu</b> 1:38PM – 3:13PM	<b>Punarvasu Until 7:59AM</b> Sukarma Until 1:37AM Fri Taitila Until 2:26AM Fri Navami* Until 3:13PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:45AM <b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM <b>Nataraja:</b> Purple Moon – Blue	Moon 3 - Phase 48 Navami <b>Sivaloka Day</b> Chaitra•Panguni
Creative Work	Amrita Yoga	Sri Rama Navami			


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Friday, April 3, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Memphis, TN Sun 24 Sutra 355 Vikarin 5121
Kataka Rasi: 15.59	Tithi 10 – 11	<b>Gulika</b> 7:18AM – 8:53AM	<b>Pushya</b> <b>Until 7:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:43AM	
		Yama 3:13PM – 4:48PM	Dhriti <b>Until 10:46PM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:23PM	Moon 3 - Phase 49
Routine Work	Marana Yoga	143933468 <b>Rahu</b> 10:28AM – 12:03PM	Vanija <b>Until 12:15AM Sat</b>	<b>Nataraja:</b> Purple	4th Phase
			<b>Dashami</b> <b>Until 1:25PM</b>	Moon – Blue	<b>Sivaloka Day</b>
		<b>Yogaswami Mahasamadhi</b>		<b>Chaitra•Panguni</b>	

<b>2</b>		<b>Saturday, April 4, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Memphis, TN Sun 25 Sutra 356 Vikarin 5121
Simha Rasi: 0.16	Tithi 11 – 12	<b>Gulika</b> 5:42AM – 7:17AM	<b>Magha*</b> <b>Until 3:19AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:42AM	
		Yama 1:38PM – 3:14PM	Shula* <b>Until 7:20PM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:24PM	Moon 3 - Phase 49
Creative Work	Amrita Yoga	153933468 <b>Rahu</b> 8:53AM – 10:28AM	Bava <b>Until 9:25PM</b>	<b>Nataraja:</b> Purple	4th Phase
Until 3:19AM Sun			<b>Ekadashi</b> <b>Until 10:54AM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Chaitra•Panguni</b>	

<b>3</b>		<b>Sunday, April 5, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Memphis, TN Sun 26 Sutra 357 Vikarin 5121
Simha Rasi: 14.59	Tithi 12 – 13	<b>Gulika</b> 3:14PM – 4:50PM	<b>Purvaphalguni</b> <b>Until 12:38AM Mon</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:41AM	
		Yama 12:03PM – 1:38PM	Ganda* <b>Until 3:29PM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:25PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	153933468 <b>Rahu</b> 4:50PM – 6:25PM	Kaulava <b>Until 6:05PM</b>	<b>Nataraja:</b> Purple	4th Phase
			<b>Dvadashi</b> <b>Until 7:47AM</b>	Moon – Red	<b>Subha Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	
				<i>Pradosha Vrata</i>	

<b>4</b>		<b>Monday, April 6, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau	Memphis, TN Sun 27 Sutra 358 Vikarin 5121
Kanya Rasi: 0.02	Tithi 14	<b>Gulika</b> 1:38PM – 3:14PM	<b>Uttaraphalguni</b> <b>Until 9:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:39AM	
Family Home Evening		Yama 10:27AM – 12:03PM	Vridhhi <b>Until 11:21AM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:26PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	154933468 <b>Rahu</b> 7:15AM – 8:51AM	Gara <b>Until 2:23PM</b>	<b>Nataraja:</b> Purple	4th Phase
			<b>Chaturdashi*</b> <b>Until 12:27AM Tue</b>	Moon – Red	<b>Sivaloka Day</b>
				<b>Chaitra•Panguni</b>	

		<b>Tuesday, April 7, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau	Memphis, TN Sun 28 Sutra 359 Vikarin 5121
Kanya Rasi: 15.18	Tithi 15	<b>Gulika</b> 12:02PM – 1:38PM	<b>Hasta</b> <b>Until 6:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:38AM	
		Yama 8:50AM – 10:26AM	Dhruva <b>Until 7:01AM</b>	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164933468 <b>Rahu</b> 3:14PM – 4:51PM	Visti <b>Until 10:31AM</b>	<b>Nataraja:</b> Purple	Purnima
			<b>Purnima*</b> <b>Until 8:33PM</b>	Moon – Green	<b>Devaloka Day</b>
		<b>Panguni Uttiram</b>		<b>Chaitra•Panguni</b>	
		<b>Hanuman Jayanti</b>			

<b>5</b>		<b>Wednesday, April 8, 2020</b>		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau	Memphis, TN Sun 29 Sutra 360 Vikarin 5121
Tula Rasi: 1	Tithi 16 – 17	<b>Gulika</b> 10:26AM – 12:02PM	<b>Chitra</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:37AM	
		Yama 7:13AM – 8:49AM	Harshana <b>Until 10:27PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:27PM	Moon 3 - Phase 49
Creative Work	Siddha Yoga	164934468 <b>Rahu</b> 12:02PM – 1:38PM	Balava <b>Until 6:39AM</b>	<b>Nataraja:</b> Purple	Prathama
			<b>Prathama*</b> <b>Until 4:45PM</b>	Moon – Green	<b>Devaloka Day</b>
				<b>Chaitra•Panguni</b>	





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Tula Rasi: 15.45 Tithi 17 – 18

164134468

**Gulika** 8:48AM – 10:25AM  
**Yama** 5:35AM – 7:12AM  
**Rahu** 1:38PM – 3:15PM

Creative Work Amrita Yoga  
Until 12:39PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Memphis, TN  
Sun 1 Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Svati** Until 12:39PM  
Vajra\* Until 6:28PM  
Vanija Until 11:36PM  
**Dvitiya** Until 1:12PM

**Ganesha:** White *Sunrise:* 5:35AM  
**Muruqa:** Clear *Sunset:* 6:28PM  
**Nataraja:** Purple  
Moon – Green  
**Chaitra•Panguni**

**Devaloka Day**

**1**

**Friday, April 10, 2020**

Vischika Rasi: 0.37 Tithi 18 – 19

174134468

**Gulika** 7:11AM – 8:48AM  
**Yama** 3:15PM – 4:52PM  
**Rahu** 10:25AM – 12:01PM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Memphis, TN  
Sun 2 Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Vishakha** Until 10:27AM  
Siddhi Until 2:54PM  
Bava Until 8:46PM  
**Tritiya** Until 10:06AM

**Ganesha:** Yellow *Sunrise:* 5:34AM  
**Muruqa:** Clear *Sunset:* 6:29PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**2**

**Saturday, April 11, 2020**

Vischika Rasi: 15.03 Tithi 19 – 20

174134468

**Gulika** 5:33AM – 7:10AM  
**Yama** 1:38PM – 3:16PM  
**Rahu** 8:47AM – 10:24AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyatipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Memphis, TN  
Sun 3 Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Anuradha** Until 8:43AM  
Vyatipala\* Until 11:51AM  
Kaulava Until 6:36PM  
**Chaturthi\*** Until 7:34AM

**Ganesha:** Yellow *Sunrise:* 5:33AM  
**Muruqa:** Clear *Sunset:* 6:30PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**3**

**Sunday, April 12, 2020**

Vischika Rasi: 29.01 Tithi 21

174134468

**Gulika** 3:16PM – 4:53PM  
**Yama** 12:01PM – 1:38PM  
**Rahu** 4:53PM – 6:31PM

Routine Work Marana Yoga  
Until 7:33AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyian/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Memphis, TN  
Sun 4 Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Jyeshtha\*** Until 7:33AM  
Varyian Until 9:23AM  
Gara Until 5:12PM  
**Shashthi\*** Until 4:48AM Mon

**Ganesha:** Yellow *Sunrise:* 5:31AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Orange  
**Chaitra•Panguni**

**Sivaloka Day**

**4**

**Monday, April 13, 2020**

Dhanus Rasi: 12.29 Tithi 22

**Family Home Evening**

184134468

**Gulika** 1:38PM – 3:16PM  
**Yama** 10:23AM – 12:01PM  
**Rahu** 7:08AM – 8:45AM

Creative Work Siddha Yoga  
Until 7:31AM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Memphis, TN  
Sun 5 Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

**Mula\*** Until 7:31AM  
Parigha\* Until 7:36AM  
Visti Until 4:39PM  
**Saptami** Until 4:41AM Tue

**Ganesha:** Blue *Sunrise:* 5:30AM  
**Muruqa:** Clear *Sunset:* 6:31PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Devaloka Day**

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Dhanus Rasi: 25.31 Tithi 23

284134468

**Gulika** 12:00PM – 1:38PM  
**Yama** 8:45AM – 10:22AM  
**Rahu** 3:16PM – 4:54PM

Creative Work Siddha Yoga  
Until 8:09AM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Memphis, TN  
Sun 6 Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

**Purvashadha\*** Until 8:09AM  
Shiva Until 6:30AM  
Balava Until 4:57PM  
**Ashtami\*** Until 5:22AM Wed

**Ganesha:** Yellow *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 6:32PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

**Wednesday, April 15, 2020**

**Retreat Star**

Makara Rasi: 8.08 Tithi 24

284134468

**Gulika** 10:22AM – 12:00PM  
**Yama** 7:06AM – 8:44AM  
**Rahu** 12:00PM – 1:38PM

Creative Work Amrita Yoga  
Until 9:24AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Memphis, TN  
Sun 7 Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

**Uttarashadha** Until 9:24AM  
Siddha Until 6:00AM  
Taitila Until 5:59PM  
**Navami\*** Until 6:44AM Thu

**Ganesha:** Yellow *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 6:33PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Chaitra•Chaitra**

**Sivaloka Day**

<b>1</b>		<b>Thursday, April 16, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Memphis, TN Sun 8 Sutra 4
Makara Rasi: 20.28	Tithi 24 – 25	<b>Gulika</b> 8:43AM – 10:21AM	<b>Shravana Until 11:36AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:26AM			Sarvari 5122
		Yama 5:26AM – 7:05AM	Sadhya Until 6:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM			Moon 4 - Phase 1
		294134468 <b>Rahu</b> 1:38PM – 3:17PM	Vanija Until 7:38PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Navami* Until 6:44AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Chaitra+Chaitra</b>				

<b>2</b>		<b>Friday, April 17, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Memphis, TN Sun 9 Sutra 5
Kumbha Rasi: 2.35	Tithi 25 – 26	<b>Gulika</b> 7:04AM – 8:42AM	<b>Dhanishtha Until 2:07PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:25AM			Sarvari 5122
		Yama 3:17PM – 4:56PM	Subha Until 6:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM			Moon 4 - Phase 1
		294134468 <b>Rahu</b> 10:21AM – 12:00PM	Bava Until 9:43PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 8:37AM</b>	Moon – Purple			<b>Devaloka Day</b>	
				<b>Chaitra+Chaitra</b>				

<b>3</b>		<b>Saturday, April 18, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Memphis, TN Sun 10 Sutra 6
Kumbha Rasi: 14.34	Tithi 26 – 27	<b>Gulika</b> 5:24AM – 7:03AM	<b>Shatabhishak Until 4:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:24AM			Sarvari 5122
		Yama 1:39PM – 3:18PM	Sukla Until 7:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM			Moon 4 - Phase 1
		295134468 <b>Rahu</b> 8:42AM – 10:21AM	Kaulava Until 12:03AM Sun	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Amrita Yoga		<b>Ekadashi* Until 10:51AM</b>	Moon – Purple			<b>Sivaloka Day</b>	
Until 4:46PM				<b>Chaitra+Chaitra</b>				
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Sunday, April 19, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 11 Sutra 7
Kumbha Rasi: 26.28	Tithi 27 – 28	<b>Gulika</b> 3:18PM – 4:57PM	<b>Purvaproshtapada* Until 7:53PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM			Sarvari 5122
		Yama 11:59AM – 1:39PM	Brahma Until 8:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM			Moon 4 - Phase 1
		215134468 <b>Rahu</b> 4:57PM – 6:36PM	Gara Until 2:30AM Mon	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 1:15PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
Until 7:53PM				<b>Chaitra+Chaitra</b>				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Monday, April 20, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 12 Sutra 8
Meena Rasi: 8.19	Tithi 28 – 29	<b>Gulika</b> 1:39PM – 3:18PM	<b>Uttaraproshtapada Until 10:51PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:20AM – 11:39AM	Indra Until 9:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM			Moon 4 - Phase 1
		215134468 <b>Rahu</b> 7:01AM – 8:40AM	Visti Until 4:56AM Tue	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 3:42PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
				<b>Chaitra+Chaitra</b>				

<b>6</b>		<b>Tuesday, April 21, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Memphis, TN Sun 13 Sutra 9
Meena Rasi: 20.12	Tithi 29	<b>Gulika</b> 11:59AM – 1:39PM	<b>Revati Until 1:35AM Wed</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM			Sarvari 5122
		Yama 8:39AM – 10:19AM	Vaidhriti* Until 9:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM			Moon 4 - Phase 1
		215134468 <b>Rahu</b> 3:18PM – 4:58PM	Sakuni Until 6:06PM	<b>Nataraja:</b> Purple				2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 6:06PM</b>	Moon – Clear			<b>Sivaloka Day</b>	
Until 1:35AM Wed				<b>Chaitra+Chaitra</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Wednesday, April 22, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Memphis, TN Sun 14 Sutra 10
Mesha Rasi: 2.06	Tithi 30	<b>Gulika</b> 10:19AM – 11:59AM	<b>Ashvini Until 4:31AM Thu</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:19AM			Sarvari 5122
		Yama 6:59AM – 8:39AM	Vishkambha* Until 10:43AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM			Moon 4 - Phase 1
		225134468 <b>Rahu</b> 11:59AM – 1:39PM	Catuspada Until 7:17AM	<b>Nataraja:</b> Purple				Amavasya
Routine Work	Marana Yoga		<b>Amavasya* Until 8:23PM</b>	Moon – White			<b>Sivaloka Day</b>	
Until 4:31AM Thu				<b>Chaitra+Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, April 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Memphis, TN Sun 15 Sutra 11
Mesha Rasi: 14.04	Tithi 1	<b>Gulika</b> 8:38AM – 10:18AM	<b>Bharani Until 7:06AM Fri</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:17AM			Sarvari 5122
		Yama 5:17AM – 6:58AM	Priti Until 11:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM			Moon 4 - Phase 1
		225134468 <b>Rahu</b> 1:39PM – 3:19PM	Kintughna Until 9:29AM	<b>Nataraja:</b> Purple				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 10:29PM</b>	Moon – White			<b>Sivaloka Day</b>	
				<b>Vaisaka+Chaitra</b>				

<b>1</b>		<b>Friday, April 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Memphis, TN Sun 16 Sutra 12
Mesha Rasi: 26.06	Tithi 2	<b>Gulika</b> 6:57AM – 8:37AM	<b>Bharani Until 7:06AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:16AM		Sarvari 5122	
		Yama 3:19PM – 5:00PM	Ayushman Until 11:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 10:18AM – 11:58AM	Balava Until 11:28AM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:21AM Sat</b>	Moon – White				<b>Devaloka Day</b>
								<b>Vaisaka-Chaitra</b>

<b>2</b>		<b>Saturday, April 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Memphis, TN Sun 17 Sutra 13
Virshabha Rasi: 8.14	Tithi 3	<b>Gulika</b> 5:15AM – 6:56AM	<b>Krittika Until 9:16AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:15AM		Sarvari 5122	
		Yama 1:39PM – 3:20PM	Saubhagya Until 12:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM		Moon 4 - Phase 2	
		225134469 <b>Rahu</b> 8:37AM – 10:17AM	Taitila Until 1:11PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya Until 1:53AM Sun</b>	Moon – White				<b>Devaloka Day</b>
		<b>Akshaya Tritiya</b>						<b>Vaisaka-Chaitra</b>

<b>3</b>		<b>Sunday, April 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau				Memphis, TN Sun 18 Sutra 14
Virshabha Rasi: 20.31	Tithi 4	<b>Gulika</b> 3:20PM – 5:01PM	<b>Rohini Until 11:26AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:14AM		Sarvari 5122	
		Yama 11:58AM – 1:39PM	Sobhana Until 12:24PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM		Moon 4 - Phase 2	
		235134469 <b>Rahu</b> 5:01PM – 6:42PM	Vanija Until 2:32PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 3:02AM Mon</b>	Moon – Yellow				<b>Devaloka Day</b>
								<b>Vaisaka-Chaitra</b>

<b>4</b>		<b>Monday, April 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Memphis, TN Sun 19 Sutra 15
Mithuna Rasi: 2.59	Tithi 5	<b>Gulika</b> 1:39PM – 3:20PM	<b>Mrigashira Until 1:00PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:13AM		Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:17AM – 11:58AM	Athiganda* Until 12:07PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM		Moon 4 - Phase 2	
Creative Work	Amrita Yoga	236134469 <b>Rahu</b> 6:54AM – 8:35AM	Bava Until 3:27PM	<b>Nataraja:</b> Clear			3rd Phase	
Until 1:00PM			<b>Panchami Until 3:41AM Tue</b>	Moon – Yellow				<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga		<b>Adi Sankara Jayanthi</b>		<b>Vaisaka-Chaitra</b>				<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5</b>		<b>Tuesday, April 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Memphis, TN Sun 20 Sutra 16
Mithuna Rasi: 15.4	Tithi 6	<b>Gulika</b> 11:58AM – 1:39PM	<b>Ardra Until 1:55PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:12AM		Sarvari 5122	
		Yama 8:35AM – 10:16AM	Sukarma Until 11:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM		Moon 4 - Phase 2	
		236134469 <b>Rahu</b> 3:21PM – 5:02PM	Kaulava Until 3:49PM	<b>Nataraja:</b> Clear			3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi* Until 3:45AM Wed</b>	Moon – Yellow				<b>Bhuloka Day</b>
Until 1:55PM				<b>Vaisaka-Chaitra</b>				<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Siddha Yoga								

<b>6</b>		<b>Wednesday, April 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Memphis, TN Sun 21 Sutra 17
Mithuna Rasi: 28.37	Tithi 7	<b>Gulika</b> 10:16AM – 11:58AM	<b>Punarvasu Until 2:33PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:11AM		Sarvari 5122	
		Yama 6:52AM – 8:34AM	Dhriti Until 10:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:44PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 11:58AM – 1:39PM	Gara Until 3:34PM	<b>Nataraja:</b> Clear			3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami Until 3:11AM Thu</b>	Moon – Blue				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				

<b>Retreat Star</b>		<b>Thursday, April 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau				Memphis, TN Sun 22 Sutra 18
Kataka Rasi: 11.55	Tithi 8	<b>Gulika</b> 8:33AM – 10:15AM	<b>Pushya Until 2:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:10AM		Sarvari 5122	
		Yama 5:10AM – 6:52AM	Shula* Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 1:39PM – 3:21PM	Visli Until 2:40PM	<b>Nataraja:</b> Clear			Ashtami	
Creative Work	Amrita Yoga		<b>Ashtami* Until 1:57AM Fri</b>	Moon – Blue				<b>Devaloka Day</b>
Until 2:23PM				<b>Vaisaka-Chaitra</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Friday, May 1, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau				Memphis, TN Sun 23 Sutra 19
Kataka Rasi: 25.36	Tithi 9	<b>Gulika</b> 6:50AM – 8:32AM	<b>Ashlesha* Until 1:24PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM		Sarvari 5122	
		Yama 3:22PM – 5:04PM	Ganda* Until 6:27AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM		Moon 4 - Phase 2	
		246134469 <b>Rahu</b> 10:15AM – 11:57AM	Balava Until 1:06PM	<b>Nataraja:</b> Clear			Navami	
Routine Work	Marana Yoga		<b>Navami* Until 12:04AM Sat</b>	Moon – Blue				<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>				


<b>1</b>		<b>Saturday, May 2, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Memphis, TN Sun 24 Sutra 20
Simha Rasi: 9.41	Tithi 10	<b>Gulika</b>	<b>5:06AM – 6:49AM</b>	<b>Magha* Until 12:06PM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:06AM</i>	Sarvari 5122	
		Yama	1:40PM – 3:22PM	Dhruva Until 12:34AM Sun	<b>Muruqa: Clear</b>	<i>Sunset: 6:48PM</i>	Moon 4 - Phase 3	
		256134469 <b>Rahu</b>	<b>8:32AM – 10:14AM</b>	Taitila Until 10:55AM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Amrita Yoga			<b>Dashami Until 9:36PM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
Until 12:06PM					<b>Vaisaka*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Sunday, May 3, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Memphis, TN Sun 25 Sutra 21
Simha Rasi: 24.08	Tithi 11	<b>Gulika</b>	<b>3:23PM – 5:06PM</b>	<b>Purvaphalguni Until 10:08AM</b>	<b>Ganesha: White</b>	<i>Sunrise: 5:05AM</i>	Sarvari 5122	
		Yama	11:57AM – 1:40PM	Vyaghata* Until 9:00PM	<b>Muruqa: Clear</b>	<i>Sunset: 6:49PM</i>	Moon 4 - Phase 3	
		256134469 <b>Rahu</b>	<b>5:06PM – 6:49PM</b>	Vanija Until 8:11AM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 6:38PM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
Until 10:08AM					<b>Vaisaka*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, May 4, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Memphis, TN Sun 26 Sutra 22
Kanya Rasi: 8.55	Tithi 12 – 13	<b>Gulika</b>	<b>1:40PM – 3:23PM</b>	<b>Uttaraphalguni Until 7:36AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:04AM</i>	Sarvari 5122	
<b>Family Home Evening</b>		Yama	10:14AM – 11:57AM	Harshana Until 5:10PM	<b>Muruqa: Clear</b>	<i>Sunset: 6:49PM</i>	Moon 4 - Phase 3	
		256234469 <b>Rahu</b>	<b>6:48AM – 8:31AM</b>	Kaulava Until 1:36AM Tue	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Dvadashi Until 3:20PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>	
					<b>Vaisaka*Chaitra</b>			

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, May 5, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Memphis, TN Sun 27 Sutra 23
Kanya Rasi: 23.54	Tithi 13 – 14	<b>Gulika</b>	<b>11:57AM – 1:40PM</b>	<b>Chitra Until 2:19AM Wed</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:04AM</i>	Sarvari 5122	
		Yama	8:30AM – 10:14AM	Vajra* Until 1:09PM	<b>Muruqa: Clear</b>	<i>Sunset: 6:50PM</i>	Moon 4 - Phase 3	
		267234469 <b>Rahu</b>	<b>3:24PM – 5:07PM</b>	Gara Until 10:02PM	<b>Nataraja: Clear</b>		4th Phase	
Creative Work	Siddha Yoga			<b>Trayodashi Until 11:48AM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Vaisaka*Chaitra</b>			

		<b>Wednesday, May 6, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Memphis, TN Sun 28 Sutra 24
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>10:13AM – 11:57AM</b>	<b>Svati Until 11:28PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:03AM</i>	Sarvari 5122	
Tula Rasi: 8.58	Tithi 14 – 15	Yama	6:46AM – 8:30AM	Siddhi Until 9:06AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:51PM</i>	Moon 4 - Phase 3	
		267234469 <b>Rahu</b>	<b>11:57AM – 1:40PM</b>	Visti Until 6:29PM	<b>Nataraja: Clear</b>		Purnima	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:14AM</b>	<b>Moon – Green</b>		<b>Devaloka Day</b>	
					<b>Vaisaka*Chaitra</b>			

**Budha Purnima (Tamil Nadu)**

<b>Thursday, May 7, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Memphis, TN Sun 29 Sutra 25
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>8:29AM – 10:13AM</b>	<b>Vishakha Until 9:08PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:02AM</i>	Sarvari 5122	
Tula Rasi: 23.58	Tithi 16	Yama	5:02AM – 6:45AM	Variyan Until 1:25AM Fri	<b>Muruqa: Clear</b>	<i>Sunset: 6:52PM</i>	Moon 4 - Phase 3	
		277234469 <b>Rahu</b>	<b>1:40PM – 3:24PM</b>	Balava Until 3:07PM	<b>Nataraja: Clear</b>		Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 1:33AM Fri</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
					<b>Vaisaka*Chaitra</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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