



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

264483468

Gulika 5:56AM – 7:35AM
Yama 2:13PM – 3:52PM
Rahu 9:14AM – 10:54AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Ganesha: Red *Sunrise:* 5:56AM
Muruqa: Yellow *Sunset:* 7:11PM
Nataraja: Purple
Moon – Green
Chaitra•Chaitra

Knoxville, TN
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

274483468

Gulika 3:53PM – 5:32PM
Yama 12:33PM – 2:13PM
Rahu 5:32PM – 7:12PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trityayam Titau

Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritiya Until 12:54AM Mon

Ganesha: Blue *Sunrise:* 5:54AM
Muruqa: Yellow *Sunset:* 7:12PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Knoxville, TN
Sun 1
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

274483468

Gulika 2:13PM – 3:53PM
Yama 10:53AM – 12:33PM
Rahu 7:33AM – 9:13AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Anuradha Until 6:13AM
Variyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Ganesha: Blue *Sunrise:* 5:53AM
Muruqa: Yellow *Sunset:* 7:13PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Knoxville, TN
Sun 2
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

274483468

Gulika 12:33PM – 2:13PM
Yama 9:12AM – 10:53AM
Rahu 3:53PM – 5:34PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Ganesha: Blue *Sunrise:* 5:52AM
Muruqa: Yellow *Sunset:* 7:14PM
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Knoxville, TN
Sun 3
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

284483468

Gulika 10:52AM – 12:33PM
Yama 7:31AM – 9:12AM
Rahu 12:33PM – 2:13PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Knoxville, TN
Sun 4
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

284483469

Gulika 9:11AM – 10:52AM
Yama 5:49AM – 7:30AM
Rahu 2:13PM – 3:54PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti Until 3:12PM
Saptami Until 4:13AM Fri

Ganesha: Yellow *Sunrise:* 5:49AM
Muruqa: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Knoxville, TN
Sun 5
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

284583469

Gulika 7:29AM – 9:10AM
Yama 3:54PM – 5:35PM
Rahu 10:51AM – 12:32PM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Ganesha: Red *Sunrise:* 5:48AM
Muruqa: Yellow *Sunset:* 7:16PM
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Knoxville, TN
Sun 6
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

294583469

Gulika 5:47AM – 7:28AM
Yama 2:13PM – 3:55PM
Rahu 9:10AM – 10:51AM

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Ganesha: Green *Sunrise:* 5:47AM
Muruqa: Yellow *Sunset:* 7:17PM
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Knoxville, TN
Sun 7
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Knoxville, TN Sun 8 Sutra 14 Vikarin 5121
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:55PM – 5:36PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 5:46AM	
		Yama 12:32PM – 2:13PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 3
		294583469 Rahu 5:36PM – 7:18PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple		Bhuloka Day
Until 6:48PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 9 Sutra 15 Vikarin 5121
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 2:14PM – 3:55PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 5:45AM	
Family Home Evening		Yama 10:50AM – 12:32PM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 7:27AM – 9:08AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Knoxville, TN Sun 10 Sutra 16 Vikarin 5121
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:32PM – 2:14PM	Purvaproshtapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	
		Yama 9:08AM – 10:50AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
		214583469 Rahu 3:56PM – 5:38PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear		Bhuloka Day
Until 12:21AM Wed				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau				Knoxville, TN Sun 11 Sutra 17 Vikarin 5121
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:49AM – 12:32PM	Uttaraproshtapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	
		Yama 7:25AM – 9:07AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 3
		214583469 Rahu 12:32PM – 2:14PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadhshi* Until 3:36PM	Moon – Clear		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 12 Sutra 18 Vikarin 5121
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 9:06AM – 10:49AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:42AM	
		Yama 5:42AM – 7:24AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 3
		215583469 Rahu 2:14PM – 3:56PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear		Bhuloka Day
Until 4:01AM Fri				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 13 Sutra 19 Vikarin 5121
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 7:23AM – 9:06AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	
		Yama 3:57PM – 5:39PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 3
		225583469 Rahu 10:49AM – 12:31PM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White		Bhuloka Day
Until 5:18AM Sat				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN Sun 14 Sutra 20 Vikarin 5121
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 5:39AM – 7:22AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:39AM	
		Yama 2:14PM – 3:57PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
		225583469 Rahu 9:05AM – 10:48AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White		Bhuloka Day
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 21 Vikarin 5121
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:57PM – 5:41PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:38AM	
		Yama 12:31PM – 2:14PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
		225583469 Rahu 5:41PM – 7:24PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White		Bhuloka Day
Until 5:58AM Mon				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Knoxville, TN Sun 16 Sutra 22 Vikarin 5121
1		Gulika 2:14PM – 3:58PM	Rohini Until 5:56AM Tue	Ganesha: Purple <i>Sunrise: 5:37AM</i>	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:48AM – 12:31PM	Sobhana Until 2:43PM	Muruqa: Yellow <i>Sunset: 7:25PM</i>	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 7:21AM – 9:04AM	Taitila Until 4:21AM Tue	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 4:49PM	Moon – White	Bhuloka Day
Until 5:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Knoxville, TN Sun 17 Sutra 23 Vikarin 5121
2		Gulika 12:31PM – 2:15PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue <i>Sunrise: 5:36AM</i>	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 9:04AM – 10:47AM	Athiganda* Until 12:50PM	Muruqa: Yellow <i>Sunset: 7:25PM</i>	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:58PM – 5:42PM	Vanija Until 3:10AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:46PM	Moon – Yellow	Bhuloka Day
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Knoxville, TN Sun 18 Sutra 24 Vikarin 5121
3		Gulika 10:47AM – 12:31PM	Ardra Until 4:35AM Thu	Ganesha: Light Blue <i>Sunrise: 5:36AM</i>	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 7:19AM – 9:03AM	Sukarma Until 10:44AM	Muruqa: Yellow <i>Sunset: 7:26PM</i>	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 12:31PM – 2:15PM	Bava Until 1:43AM Thu	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:27PM	Moon – Yellow	Bhuloka Day
Until 4:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Knoxville, TN Sun 19 Sutra 25 Vikarin 5121
4		Gulika 9:03AM – 10:47AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange <i>Sunrise: 5:35AM</i>	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:35AM – 7:19AM	Dhriti Until 8:28AM	Muruqa: Yellow <i>Sunset: 7:27PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 2:15PM – 3:59PM	Kaulava Until 12:04AM Fri	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:54PM	Moon – Blue	Devaloka Day
Until 3:48AM Fri				Vaisaka-Chaitra	
Then Routine Work - Marana Yoga					

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Knoxville, TN Sun 20 Sutra 26 Vikarin 5121
5		Gulika 7:18AM – 9:02AM	Pushya Until 2:40AM Sat	Ganesha: Orange <i>Sunrise: 5:34AM</i>	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:59PM – 5:44PM	Ganda* Until 6:00AM	Muruqa: Yellow <i>Sunset: 7:28PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 10:47AM – 12:31PM	Gara Until 10:13PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:09AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Knoxville, TN Sun 21 Sutra 27 Vikarin 5121
Retreat Star		Gulika 5:33AM – 7:17AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange <i>Sunrise: 5:33AM</i>	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 2:15PM – 4:00PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow <i>Sunset: 7:29PM</i>	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 9:02AM – 10:46AM	Visti Until 8:11PM	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 9:12AM	Moon – Blue	Devaloka Day
				Vaisaka-Chaitra	

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Knoxville, TN Sun 22 Sutra 28 Vikarin 5121
Retreat Star		Gulika 4:00PM – 5:45PM	Magha* Until 11:55PM	Ganesha: White <i>Sunrise: 5:32AM</i>	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:31PM – 2:15PM	Dhruva Until 9:44PM	Muruqa: Yellow <i>Sunset: 7:30PM</i>	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:45PM – 7:30PM	Balava Until 6:00PM	Nataraja: Clear	Navami
Routine Work Marana Yoga			Ashtami* Until 7:05AM	Moon – Red	Bhuloka Day
Until 11:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 23 Sutra 29
1		Gulika 2:16PM – 4:01PM	Purvaphalguni Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Vikarin 5121
Simha Rasi: 16.56	Tithi 10	Yama 10:46AM – 12:31PM	Vyaghata* Until 6:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:30PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 7:16AM – 9:01AM	Taitila Until 3:41PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:29AM Tue	Moon – Red		
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 30
2		Gulika 12:31PM – 2:16PM	Uttaraphalguni Until 8:37PM	Ganesha: White	<i>Sunrise:</i> 5:30AM	Vikarin 5121
Kanya Rasi: 1.12	Tithi 11	Yama 9:01AM – 10:46AM	Harshana Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:31PM	Moon 4 - Phase 5
	256583469	Rahu 4:01PM – 5:46PM	Vanija Until 1:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 12:06AM Wed	Moon – Red		
Until 8:37PM				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Knoxville, TN Sun 25 Sutra 31
3		Gulika 10:45AM – 12:31PM	Hasta Until 7:11PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Vikarin 5121
Kanya Rasi: 15.29	Tithi 12	Yama 7:15AM – 9:00AM	Vajra* Until 12:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:32PM	Moon 4 - Phase 5
	266583469	Rahu 12:31PM – 2:16PM	Bava Until 10:56AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvodashi Until 9:45PM	Moon – Green		
Until 7:11PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 32
4		Gulika 9:00AM – 10:45AM	Chitra Until 5:45PM	Ganesha: Yellow	<i>Sunrise:</i> 5:29AM	Vikarin 5121
Kanya Rasi: 29.44	Tithi 13	Yama 5:29AM – 7:14AM	Siddhi Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:33PM	Moon 4 - Phase 5
	266583469	Rahu 2:16PM – 4:02PM	Kaulava Until 8:39AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:34PM	Moon – Green		
Until 5:45PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyana Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 27 Sutra 33
5		Gulika 7:14AM – 8:59AM	Svati Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:28AM	Vikarin 5121
Tula Rasi: 13.5	Tithi 14 – 15	Yama 4:02PM – 5:48PM	Vyatipata* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 5
	266583469	Rahu 10:45AM – 12:31PM	Gara Until 6:35AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:39PM	Moon – Green		
				Vaisaka-Vaikasi	Devaloka Day	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 28 Sutra 34
○	Copper Retreat Star	Gulika 5:27AM – 7:13AM	Vishakha Until 3:48PM	Ganesha: Blue	<i>Sunrise:</i> 5:27AM	Vikarin 5121
Tula Rasi: 27.43	Tithi 15 – 16	Yama 2:17PM – 4:03PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:34PM	Moon 4 - Phase 5
	276583469	Rahu 8:59AM – 10:45AM	Balava Until 3:36AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:09PM	Moon – Orange		
				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 29 Sutra 35
	Silver Retreat Star	Gulika 4:03PM – 5:49PM	Anuradha Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Vikarin 5121
Vrischika Rasi: 11.2	Tithi 16 – 17	Yama 12:31PM – 2:17PM	Shiva Until 12:56AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 4 - Phase 5
	277583469	Rahu 5:49PM – 7:35PM	Taitila Until 2:56AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 3:10PM	Moon – Orange		
				Vaisaka-Vaikasi	Devaloka Day	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang



Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 2:17PM – 4:03PM
Yama 10:45AM – 12:31PM
Rahu 7:12AM – 8:58AM

Jyeshtha* Until 3:47PM

Siddha Until 11:50PM

Vanija Until 2:55AM Tue

Dvitiya Until 2:49PM

Ganesha: Yellow *Sunrise:* 5:26AM

Muruga: Yellow *Sunset:* 7:36PM

Nataraja: Clear

Moon – Orange
Vaisaka-Vaikasi

Knoxville, TN
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:31PM – 2:17PM

Yama 8:58AM – 10:45AM

Rahu 4:04PM – 5:50PM

Mula* Until 4:59PM

Sadhya Until 11:18PM

Bava Until 3:37AM Wed

Tritiya Until 3:10PM

Ganesha: Red *Sunrise:* 5:25AM

Muruga: Yellow *Sunset:* 7:37PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Knoxville, TN
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:44AM – 12:31PM

Yama 7:11AM – 8:58AM

Rahu 12:31PM – 2:18PM

Purvashadha* Until 6:43PM

Subha Until 11:19PM

Kaulava Until 4:59AM Thu

Chaturthi* Until 4:12PM

Ganesha: Red *Sunrise:* 5:25AM

Muruga: Yellow *Sunset:* 7:37PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Knoxville, TN
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:58AM – 10:44AM

Yama 5:24AM – 7:11AM

Rahu 2:18PM – 4:05PM

Uttarashadha Until 8:52PM

Sukla Until 11:45PM

Gara Until 6:54AM Fri

Panchami Until 5:51PM

Ganesha: Red *Sunrise:* 5:24AM

Muruga: Yellow *Sunset:* 7:38PM

Nataraja: Clear

Moon – Light Blue
Vaisaka-Vaikasi

Knoxville, TN
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:10AM – 8:57AM

Yama 4:05PM – 5:52PM

Rahu 10:44AM – 12:31PM

Shravana Until 11:47PM

Brahma Until 12:31AM Sat

Gara Until 6:54AM

Shashthi* Until 7:59PM

Ganesha: Green *Sunrise:* 5:23AM

Muruga: Yellow *Sunset:* 7:39PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Knoxville, TN
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 5:23AM – 7:10AM

Yama 2:18PM – 4:05PM

Rahu 8:57AM – 10:44AM

Dhanishtha Until 2:44AM Sun

Indra Until 1:29AM Sun

Visti Until 9:11AM

Saptami Until 10:22PM

Ganesha: Red *Sunrise:* 5:23AM

Muruga: Yellow *Sunset:* 7:40PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Knoxville, TN
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Devaloka Day

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 4:06PM – 5:53PM

Yama 12:31PM – 2:19PM

Rahu 5:53PM – 7:40PM

Shatabhishak Until 5:32AM Mon

Vaidhriti* Until 2:25AM Mon

Balava Until 11:37AM

Ashtami* Until 12:47AM Mon

Ganesha: Blue *Sunrise:* 5:22AM

Muruga: Yellow *Sunset:* 7:40PM

Nataraja: Clear

Moon – Purple
Vaisaka-Vaikasi

Knoxville, TN
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Sivaloka Day

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:19PM – 4:06PM

Yama 10:44AM – 12:31PM

Rahu 7:09AM – 8:57AM

Purvaproshtapada* Until 8:26AM Tue

Vishkambha* Until 3:12AM Tue

Taitila Until 1:57PM

Navami* Until 3:00AM Tue

Ganesha: Purple *Sunrise:* 5:22AM

Muruga: Yellow *Sunset:* 7:41PM

Nataraja: Clear

Moon – Clear
Vaisaka-Vaikasi

Knoxville, TN
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Sivaloka Day


1		Tuesday, May 28, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau	Knoxville, TN Sun 9 Sutra 44 Vikarin 5121
Meena Rasi: 2.06	Tithi 25	Gulika Yama	12:32PM – 2:19PM 8:57AM – 10:44AM	Purvaproshtapada* Until 8:26AM Priti Until 3:43AM Wed Vanija Until 4:00PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:21AM Sunset: 7:42PM	Moon 5 - Phase 7 2nd Phase
Routine Work	Marana Yoga	318683469 Rahu	4:07PM – 5:54PM	Dashami Until 4:50AM Wed	Vaisaka-Vaikasi	Sivaloka Day	
Until 8:26AM		Then Creative Work - Amrita Yoga					

2		Wednesday, May 29, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau	Knoxville, TN Sun 10 Sutra 45 Vikarin 5121
Meena Rasi: 14.14	Tithi 26	Gulika Yama	10:44AM – 12:32PM 7:09AM – 8:56AM	Uttaraproshtapada Until 10:45AM Ayushman Until 3:47AM Thu Bava Until 5:34PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:21AM Sunset: 7:42PM	Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	318683469 Rahu	12:32PM – 2:19PM	Ekadashi* Until 6:07AM Thu	Vaisaka-Vaikasi	Sivaloka Day	
Until 10:45AM		Then Routine Work - Marana Yoga					

3		Thursday, May 30, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Knoxville, TN Sun 11 Sutra 46 Vikarin 5121
Meena Rasi: 26.35	Tithi 26 – 27	Gulika Yama	8:56AM – 10:44AM 5:21AM – 7:08AM	Revati Until 12:22PM Saubhagya Until 3:23AM Fri Kaulava Until 6:33PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:21AM Sunset: 7:43PM	Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	318683469 Rahu	2:20PM – 4:07PM	Ekadashi* Until 6:07AM	Vaisaka-Vaikasi	Sivaloka Day	
Until 12:22PM		Then Creative Work - Amrita Yoga					

4		Friday, May 31, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Knoxville, TN Sun 12 Sutra 47 Vikarin 5121
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika Yama	7:08AM – 8:56AM 4:08PM – 5:56PM	Ashvini Until 1:42PM Sobhana Until 2:30AM Sat Gara Until 6:54PM	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:20AM Sunset: 7:44PM	Moon 5 - Phase 7 2nd Phase
Creative Work	Amrita Yoga	328683469 Rahu	10:44AM – 12:32PM	Dvadashi* Until 6:47AM	Vaisaka-Vaikasi	Devaloka Day	
Until 1:42PM		Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>							

5		Saturday, June 1, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Knoxville, TN Sun 13 Sutra 48 Vikarin 5121
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika Yama	5:20AM – 7:08AM 2:20PM – 4:08PM	Bharani Until 2:14PM Athiganda* Until 1:05AM Sun Visti Until 6:37PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:20AM Sunset: 7:44PM	Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	329683469 Rahu	8:56AM – 10:44AM	Trayodashi* Until 6:49AM	Vaisaka-Vaikasi	Bhuloka Day	
Until 2:14PM		Then Creative Work - Amrita Yoga					
Devaloka Time: 3:PM to 6:PM							

		Sunday, June 2, 2019				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau	Knoxville, TN Sun 14 Sutra 49 Vikarin 5121
Retreat Star		Gulika Yama	4:09PM – 5:57PM 12:32PM – 2:20PM	Krittika Until 2:02PM Sukarma Until 11:14PM Naga Until 5:05AM Mon	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 5:20AM Sunset: 7:45PM	Moon 5 - Phase 7 Amavasya
Vrishabha Rasi: 5.24	Tithi 29 – 30	329683469 Rahu	5:57PM – 7:45PM	Chaturdashi* Until 6:14AM	Vaisaka-Vaikasi	Bhuloka Day	
Creative Work	Siddha Yoga	Then Creative Work - Amrita Yoga					
Devaloka Time: 3:PM to 6:PM							

Monday, June 3, 2019		Retreat Star				Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau	Knoxville, TN Sun 15 Sutra 50 Vikarin 5121
Vrishabha Rasi: 18.58	Tithi 1	Gulika Yama	2:21PM – 4:09PM 10:44AM – 12:32PM	Rohini Until 1:37PM Dhriti Until 9:01PM Kintughna Until 4:22PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 5:19AM Sunset: 7:45PM	Moon 5 - Phase 7 Prathama
Family Home Evening		339683469 Rahu	7:08AM – 8:56AM	Prathama* Until 3:30AM Tue	Jyeshtha-Vaikasi	Bhuloka Day	
Creative Work	Amrita Yoga	Then Creative Work - Amrita Yoga					
Devaloka Time: 3:PM to 6:PM							

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Knoxville, TN Sun 16 Sutra 51	
Mithuna Rasi: 2.47	Tithi 2	Gulika 12:33PM – 2:21PM	Mrigashira Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 8:56AM – 10:44AM	Shula* Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:46PM	Moon 5 - Phase 8	
		339683461 Rahu 4:09PM – 5:58PM	Balava Until 2:35PM	Nataraja: Clear		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 1:34AM Wed	Moon – Yellow		Bhuloka Day	
Until 12:39PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Knoxville, TN Sun 17 Sutra 52	
Mithuna Rasi: 16.49	Tithi 3	Gulika 10:44AM – 12:33PM	Ardra Until 11:14AM	Ganesha: Green	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 7:07AM – 8:56AM	Ganda* Until 3:42PM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8	
		339683461 Rahu 12:33PM – 2:21PM	Taitila Until 12:31PM	Nataraja: Yellow		3rd Phase	
Creative Work	Siddha Yoga		Tritiya Until 11:23PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau		Knoxville, TN Sun 18 Sutra 53	
Kataka Rasi: 1	Tithi 4	Gulika 8:56AM – 10:44AM	Punarvasu Until 9:55AM	Ganesha: White	<i>Sunrise:</i> 5:19AM	Vikarin 5121	
		Yama 5:19AM – 7:07AM	Vridhhi Until 12:48PM	Muruqa: Yellow	<i>Sunset:</i> 7:47PM	Moon 5 - Phase 8	
		349683461 Rahu 2:21PM – 4:10PM	Vanija Until 10:15AM	Nataraja: Yellow		3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 9:04PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau		Knoxville, TN Sun 19 Sutra 54	
Kataka Rasi: 15.15	Tithi 5	Gulika 7:07AM – 8:56AM	Pushya Until 8:21AM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 4:10PM – 5:59PM	Dhruva Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8	
		349683461 Rahu 10:44AM – 12:33PM	Bava Until 7:54AM	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Panchami Until 6:42PM	Moon – Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Knoxville, TN Sun 20 Sutra 55	
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika 5:18AM – 7:07AM	Ashlesha* Until 6:38AM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 2:22PM – 4:11PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	<i>Sunset:</i> 7:48PM	Moon 5 - Phase 8	
		349683461 Rahu 8:56AM – 10:45AM	Gara Until 3:12AM Sun	Nataraja: Yellow		3rd Phase	
Routine Work	Marana Yoga		Shashthi* Until 4:20PM	Moon – Blue		Bhuloka Day	
Until 6:38AM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Knoxville, TN Sun 21 Sutra 56	
Simha Rasi: 13.46	Tithi 7 – 8	Gulika 4:11PM – 6:00PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
		Yama 12:33PM – 2:22PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 8	
		351683461 Rahu 6:00PM – 7:49PM	Visti Until 12:58AM Mon	Nataraja: Yellow		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 2:03PM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Knoxville, TN Sun 22 Sutra 57	
Simha Rasi: 27.57	Tithi 8 – 9	Gulika 2:23PM – 4:11PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 5:18AM	Vikarin 5121	
Family Home Evening		Yama 10:45AM – 12:34PM	Siddhi Until 10:14PM	Muruqa: Yellow	<i>Sunset:</i> 7:49PM	Moon 5 - Phase 8	
		351683461 Rahu 7:07AM – 8:56AM	Balava Until 10:51PM	Nataraja: Yellow		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 11:52AM	Moon – Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Knoxville, TN Sun 23 Sutra 58	
Kanya Rasi: 12.02	Tithi 9 – 10	Gulika	12:34PM – 2:23PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama	8:56AM – 10:45AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
		Rahu	4:12PM – 6:01PM	Taitila Until 8:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Navami* Until 9:49AM	Moon – Green		
					Jyeshtha-Vaikasi		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyiana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 24 Sutra 59	
Kanya Rasi: 26.01	Tithi 10 – 11	Gulika	10:45AM – 12:34PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama	7:07AM – 8:56AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:50PM	Moon 5 - Phase 9
		Rahu	12:34PM – 2:23PM	Vanija Until 7:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Dashami Until 7:58AM	Moon – Green		
Until 12:25AM Thu					Jyeshtha-Vaikasi		Bhuloka Day
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau		Knoxville, TN Sun 25 Sutra 60	
Tula Rasi: 9.52	Tithi 11 – 12	Gulika	8:56AM – 10:45AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama	5:18AM – 7:07AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		Rahu	2:23PM – 4:12PM	Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga			Ekadashi Until 6:20AM	Moon – Green		
Until 11:37PM					Jyeshtha-Vaikasi		Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 3:PM to 6:PM

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Knoxville, TN Sun 26 Sutra 61	
Tula Rasi: 23.31	Tithi 13	Gulika	7:07AM – 8:56AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama	4:13PM – 6:02PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		Rahu	10:45AM – 12:34PM	Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 4:01AM Sat	Moon – Orange		
		Vaikasi Visakam			Jyeshtha-Vaikasi		Sivaloka Day
							<i>Pradosha Vrata</i>

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau		Knoxville, TN Sun 27 Sutra 62	
Vrischika Rasi: 6.58	Tithi 14	Gulika	5:18AM – 7:07AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121
		Yama	2:24PM – 4:13PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 5 - Phase 9
		Rahu	8:56AM – 10:46AM	Gara Until 3:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga			Chaturdashi* Until 3:29AM Sun	Moon – Orange		
					Jyeshtha-Ani		Subha Sivaloka Day

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Knoxville, TN Sun 28 Sutra 63	
Copper Retreat Star		Gulika	4:13PM – 6:02PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	Vikarin 5121
Vrischika Rasi: 20.11	Tithi 15	Yama	12:35PM – 2:24PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 9
		Rahu	6:02PM – 7:52PM	Visti Until 3:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga			Purnima* Until 3:27AM Mon	Moon – Orange		
Until 11:59PM		Father's Day			Jyeshtha-Ani		Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

Monday, June 17, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau		Knoxville, TN Sun 29 Sutra 64	
Dhanus Rasi: 3.07	Tithi 16	Gulika	2:24PM – 4:14PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121
Family Home Evening		Yama	10:46AM – 12:35PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 5 - Phase 9
		Rahu	7:07AM – 8:57AM	Balava Until 3:39PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga			Prathama* Until 3:58AM Tue	Moon – Light Blue		
					Jyeshtha-Ani		Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Knoxville, TN
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

381793461

Gulika 12:35PM – 2:25PM
Yama 8:57AM – 10:46AM
Rahu 4:14PM – 6:03PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 7:52PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Knoxville, TN
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

382793461

Gulika 10:46AM – 12:36PM
Yama 7:08AM – 8:57AM
Rahu 12:36PM – 2:25PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 5:18AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Knoxville, TN
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

392793461

Gulika 8:57AM – 10:46AM
Yama 5:19AM – 7:08AM
Rahu 2:25PM – 4:14PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

392793461

Gulika 7:08AM – 8:57AM
Yama 4:14PM – 6:04PM
Rahu 10:47AM – 12:36PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

392793461

Gulika 5:19AM – 7:08AM
Yama 2:25PM – 4:15PM
Rahu 8:58AM – 10:47AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

392793461

Gulika 4:15PM – 6:04PM
Yama 12:36PM – 2:26PM
Rahu 6:04PM – 7:53PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 5:19AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 1:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

312793461

Gulika 2:26PM – 4:15PM
Yama 10:47AM – 12:37PM
Rahu 7:09AM – 8:58AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:53PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Knoxville, TN
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

312793461

Gulika 12:37PM – 2:26PM
Yama 8:58AM – 10:48AM
Rahu 4:15PM – 6:04PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:54PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Knoxville, TN
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

312793461

Gulika 10:48AM – 12:37PM
Yama 7:09AM – 8:59AM
Rahu 12:37PM – 2:26PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 5:20AM*
Muruqa: Blue *Sunset: 7:54PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 7:10PM
Then Creative Work - Siddha Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Knoxville, TN Sun 9 Sutra 74
Mesha Rasi: 4.35	Tithi 25	Gulika 8:59AM – 10:48AM	Ashvini Until 10:38PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM		Vikarin 5121	
		Yama 5:21AM – 7:10AM	Athiganda* Until 1:06PM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		322793461 Rahu 2:26PM – 4:15PM	Vanija Until 7:43AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 8:04PM	Moon – White		Devaloka Day		
Until 10:38PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Knoxville, TN Sun 10 Sutra 75
Mesha Rasi: 17.14	Tithi 26	Gulika 7:10AM – 8:59AM	Bharani Until 11:26PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM		Vikarin 5121	
		Yama 4:16PM – 6:05PM	Sukarma Until 12:27PM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		322793461 Rahu 10:48AM – 12:37PM	Bava Until 8:16AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 8:15PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Knoxville, TN Sun 11 Sutra 76
Vrishabha Rasi: 0.15	Tithi 27	Gulika 5:21AM – 7:10AM	Krittika Until 11:22PM	Ganesha: Blue	<i>Sunrise:</i> 5:21AM		Vikarin 5121	
		Yama 2:27PM – 4:16PM	Dhriti Until 11:14AM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		322793461 Rahu 8:59AM – 10:48AM	Kaulava Until 8:06AM	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 7:43PM	Moon – White		Devaloka Day		
				Jyeshtha-Ani				

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Knoxville, TN Sun 12 Sutra 77
Vrishabha Rasi: 13.38	Tithi 28	Gulika 4:16PM – 6:05PM	Rohini Until 10:56PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM		Vikarin 5121	
		Yama 12:38PM – 2:27PM	Shula* Until 9:25AM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		322793461 Rahu 6:05PM – 7:54PM	Gara Until 7:12AM	Nataraja: Yellow			2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 6:29PM	Moon – Yellow		Devaloka Day		
				Jyeshtha-Ani				
			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN Sun 13 Sutra 78
Vrishabha Rasi: 27.25	Tithi 29 – 30	Gulika 2:27PM – 4:16PM	Mrigashira Until 9:46PM	Ganesha: Blue	<i>Sunrise:</i> 5:22AM		Vikarin 5121	
Family Home Evening		Yama 10:49AM – 12:38PM	Ganda* Until 7:06AM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		322793461 Rahu 7:11AM – 9:00AM	Catuspada Until 3:33AM Tue	Nataraja: Yellow			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 4:39PM	Moon – Yellow		Devaloka Day		
Until 9:46PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN Sun 14 Sutra 79
Mithuna Rasi: 11.32	Tithi 30 – 1	Gulika 12:38PM – 2:27PM	Ardra Until 7:59PM	Ganesha: Red	<i>Sunrise:</i> 5:23AM		Vikarin 5121	
		Yama 9:00AM – 10:49AM	Dhruva Until 1:12AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		333793461 Rahu 4:16PM – 6:05PM	Kintughna Until 1:00AM Wed	Nataraja: Yellow			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 2:18PM	Moon – Yellow		Sivaloka Day		
Until 7:59PM				Jyeshtha-Ani				
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 15 Sutra 80
Mithuna Rasi: 25.57	Tithi 1 – 2	Gulika 10:49AM – 12:38PM	Punarvasu Until 6:08PM	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM		Vikarin 5121	
		Yama 7:12AM – 9:01AM	Vyaghata* Until 9:49PM	Muruqa: Blue	<i>Sunset:</i> 7:54PM		Moon 6 - Phase 11	
		343793461 Rahu 12:38PM – 2:27PM	Balava Until 10:10PM	Nataraja: Yellow			Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:36AM	Moon – Blue		Sivaloka Day		
				Ashada-Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Knoxville, TN Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 – 3	Gulika 9:01AM – 10:50AM	Pushya Until 3:58PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Vikarin 5121
		Yama 5:24AM – 7:12AM	Harshana Until 6:19PM	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
		343793461 Rahu 2:27PM – 4:16PM	Taitila Until 7:10PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 8:39AM	Moon – Blue		Sivaloka Day
Until 3:58PM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau		Knoxville, TN Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	Gulika 7:13AM – 9:01AM	Ashlesha* Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Vikarin 5121
		Yama 4:16PM – 6:05PM	Vajra* Until 2:45PM	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
		343793461 Rahu 10:50AM – 12:39PM	Vanija Until 4:08PM	Nataraja: Yellow		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 2:37AM Sat	Moon – Blue		Sivaloka Day
				Ashada*Ani		

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau		Knoxville, TN Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	Gulika 5:25AM – 7:13AM	Magha* Until 11:37AM	Ganesha: White	<i>Sunrise:</i> 5:25AM	Vikarin 5121
		Yama 2:27PM – 4:16PM	Siddhi Until 11:17AM	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
		343793461 Rahu 9:02AM – 10:50AM	Bava Until 1:11PM	Nataraja: Yellow		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 11:46PM	Moon – Red		Subha Sivaloka Day
Until 11:37AM				Ashada*Ani		
Then Creative Work - Siddha Yoga						

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau		Knoxville, TN Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	Gulika 4:16PM – 6:04PM	Purvaphalguni Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Vikarin 5121
		Yama 12:39PM – 2:27PM	Vyatipata* Until 7:59AM	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
		453793461 Rahu 6:04PM – 7:53PM	Kaulava Until 10:27AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 9:10PM	Moon – Red		Sivaloka Day
Until 9:40AM				Ashada*Ani		
Then Creative Work - Amrita Yoga		Chidambaram Abhishekam				

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau		Knoxville, TN Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	Gulika 2:27PM – 4:16PM	Uttaraphalguni Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Vikarin 5121
Family Home Evening		Yama 10:51AM – 12:39PM	Parigha* Until 2:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:53PM	Moon 6 - Phase 12
		453793461 Rahu 7:14AM – 9:02AM	Gara Until 8:00AM	Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 6:53PM	Moon – Red		Sivaloka Day
				Ashada*Ani		

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Knoxville, TN Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 – 9	Gulika 12:39PM – 2:28PM	Hasta Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:26AM	Vikarin 5121
		Yama 9:03AM – 10:51AM	Shiva Until 11:39PM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 12
		463793461 Rahu 4:16PM – 6:04PM	Balava Until 4:14AM Wed	Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:00PM	Moon – Green		Subha Sivaloka Day
				Ashada*Ani		

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Knoxville, TN Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 – 10	Gulika 10:51AM – 12:39PM	Svati Until 5:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Vikarin 5121
		Yama 7:15AM – 9:03AM	Siddha Until 9:32PM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 12
		463893461 Rahu 12:39PM – 2:28PM	Taitila Until 3:00AM Thu	Nataraja: Yellow		Navami
Creative Work	Siddha Yoga		Navami* Until 3:32PM	Moon – Green		Sivaloka Day
				Ashada*Ani		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 9:03AM – 10:51AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 5:27AM	Vikarin 5121
			Yama 5:27AM – 7:15AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:52PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:28PM – 4:16PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Ashada•Ani	Devaloka Day		

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 7:16AM – 9:04AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 5:28AM	Vikarin 5121
			Yama 4:16PM – 6:03PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:52AM – 12:40PM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Ashada•Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 5:29AM – 7:16AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 5:29AM	Vikarin 5121
			Yama 2:28PM – 4:15PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 9:04AM – 10:52AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			Dvadashi Until 1:56PM	Ashada•Ani	Devaloka Day		
<i>Pradosha Vrata</i>							

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 4:15PM – 6:03PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 5:29AM	Vikarin 5121
			Yama 12:40PM – 2:28PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:51PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 6:03PM – 7:51PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			Trayodashi Until 2:22PM	Ashada•Ani	Devaloka Day		

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:28PM – 4:15PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Vikarin 5121
	Family Home Evening		Yama 10:52AM – 12:40PM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 7:17AM – 9:05AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			Chaturdashi* Until 3:16PM	Ashada•Ani	Sivaloka Day		

	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 28 Sutra 93
	Dhanus Rasi: 24.31	Tithi 15 – 16	Gulika 12:40PM – 2:27PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Vikarin 5121
			Yama 9:05AM – 10:53AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:50PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 4:15PM – 6:02PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			Purnima* Until 4:37PM	Ashada•Adi	Sivaloka Day		
Partial Lunar Eclipse Satguru Purnima							

6	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Knoxville, TN Sun 29 Sutra 94
	Makara Rasi: 6.44	Tithi 16	Gulika 10:53AM – 12:40PM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM	Vikarin 5121
			Yama 7:18AM – 9:06AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:49PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 12:40PM – 2:27PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			Prathama* Until 6:23PM	Ashada•Adi	Subha Subha Sivaloka Day		



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 9:06AM – 10:53AM
Yama 5:32AM – 7:19AM
Rahu 2:27PM – 4:14PM
Shravana Until 3:05PM
Priti Until 5:57PM
Taitila Until 7:24AM
Dvitiya Until 8:28PM

Knoxville, TN
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:32AM
Muruga: Blue Sunset: 7:49PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 7:20AM – 9:06AM
Yama 4:14PM – 6:01PM
Rahu 10:53AM – 12:40PM
Dhanishtha Until 5:57PM
Ayushman Until 6:49PM
Vanija Until 9:37AM
Tritiya Until 10:47PM

Knoxville, TN
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:33AM
Muruga: Blue Sunset: 7:49PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 5:33AM – 7:20AM
Yama 2:27PM – 4:14PM
Rahu 9:07AM – 10:54AM
Shatabhishak Until 8:45PM
Saubhagya Until 7:48PM
Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Knoxville, TN
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:33AM
Muruga: Blue Sunset: 7:47PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462 Rahu
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 4:14PM – 6:00PM
Yama 12:40PM – 2:27PM
Rahu 6:00PM – 7:47PM
Purvaproshtapada* Until 11:53PM
Sobhana Until 8:46PM
Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Knoxville, TN
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:34AM
Muruga: Blue Sunset: 7:47PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 2:27PM – 4:13PM
Yama 10:54AM – 12:40PM
Rahu 7:21AM – 9:08AM
Uttaraproshtapada Until 2:40AM Tue
Athiganda* Until 9:35PM
Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Knoxville, TN
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:35AM
Muruga: Blue Sunset: 7:46PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462 Rahu
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:40PM – 2:27PM
Yama 9:08AM – 10:54AM
Rahu 4:13PM – 5:59PM
Revati Until 4:57AM Wed
Sukarma Until 10:11PM
Visti Until 6:42PM
Saptami Until 7:32AM Wed

Knoxville, TN
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 5:35AM
Muruga: Blue Sunset: 7:46PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi Tour Day

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462 Rahu
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:54AM – 12:40PM
Yama 7:22AM – 9:08AM
Rahu 12:40PM – 2:27PM
Ashvini Until 7:04AM Thu
Dhriti Until 10:26PM
Balava Until 8:16PM
Saptami Until 7:32AM

Knoxville, TN
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 5:36AM
Muruga: Blue Sunset: 7:45PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 9:09AM – 10:55AM
Yama 5:37AM – 7:23AM
Rahu 2:26PM – 4:12PM
Ashvini Until 7:04AM
Shula* Until 10:10PM
Taitila Until 9:13PM
Ashtami* Until 8:48AM

Knoxville, TN
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 5:37AM
Muruga: Blue Sunset: 7:44PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Knoxville, TN
	Mesha Rasi: 25.23	Tithi 24 – 25	Sun 9	Sutra 103			
	424893462	Rahu	7:23AM – 9:09AM	Bharani Until 8:23AM	Ganesha: White	Sunrise: 5:38AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama	4:12PM – 5:58PM	Muruga: Blue	Sunset: 7:43PM	Moon 7 - Phase 15
			10:55AM – 12:41PM	Ganda* Until 9:22PM	Nataraja: White	2nd Phase	
			Navami* Until 9:25AM	Moon – White	Subha Subha Sivaloka Day		
			Ashada*Adi				

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN
	Wrishabha Rasi: 8.21	Tithi 25 – 26	Sun 10	Sutra 104			
	424893462	Rahu	5:38AM – 7:24AM	Krittika Until 8:49AM	Ganesha: White	Sunrise: 5:38AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama	2:26PM – 4:12PM	Muruga: Blue	Sunset: 7:43PM	Moon 7 - Phase 15
			9:09AM – 10:55AM	Vriddhi Until 7:57PM	Nataraja: White	2nd Phase	
			Dashami Until 9:16AM	Moon – White	Subha Subha Sivaloka Day		
			Ashada*Adi				

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN
	Wrishabha Rasi: 21.44	Tithi 26 – 27	Sun 11	Sutra 105			
	424893462	Rahu	4:11PM – 5:56PM	Rohini Until 8:47AM	Ganesha: Yellow	Sunrise: 5:39AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama	12:40PM – 2:26PM	Muruga: Blue	Sunset: 7:42PM	Moon 7 - Phase 15
			5:56PM – 7:42PM	Dhruva Until 5:53PM	Nataraja: White	2nd Phase	
			Ekadashi* Until 8:20AM	Moon – Yellow	Subha Sivaloka Day		
			Ashada*Adi				

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
	Mithuna Rasi: 5.34	Tithi 27 – 28	Sun 12	Sutra 106			
	435893462	Rahu	2:26PM – 4:11PM	Mrigashira Until 7:51AM	Ganesha: White	Sunrise: 5:40AM	Vikarin 5121
	Family Home Evening	Amrita Yoga	Yama	10:55AM – 12:40PM	Muruga: Blue	Sunset: 7:41PM	Moon 7 - Phase 15
			7:25AM – 9:10AM	Vyaghata* Until 3:14PM	Nataraja: White	2nd Phase	
			Dvadashi* Until 6:39AM	Moon – Yellow	Sivaloka Day		
			Ashada*Adi				
			<i>Pradosha Vrata (Fasting)</i>				

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Knoxville, TN
	Mithuna Rasi: 19.5	Tithi 29	Sun 13	Sutra 107			
	435893462	Rahu	12:40PM – 2:25PM	Ardra Until 6:07AM	Ganesha: White	Sunrise: 5:41AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama	9:11AM – 10:55AM	Muruga: Blue	Sunset: 7:40PM	Moon 7 - Phase 15
			4:10PM – 5:55PM	Harshana Until 12:07PM	Nataraja: White	2nd Phase	
			Chaturdashi* Until 1:27AM Wed	Moon – Yellow	Sivaloka Day		
			Ashada*Adi				

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Knoxville, TN
	Retreat Star		Sun 14	Sutra 108			
	Kataka Rasi: 4.28	Tithi 30	445893462	Rahu	10:56AM – 12:40PM	Pushya Until 1:40AM Thu	Ganesha: Green
	Creative Work	Siddha Yoga	Yama	7:26AM – 9:11AM	Muruga: Blue	Sunrise: 5:41AM	Vikarin 5121
			12:40PM – 2:25PM	Vajra* Until 8:33AM	Sunset: 7:39PM	Moon 7 - Phase 15	
			Amavasya* Until 10:11PM	Catuspada Until 11:52AM	Nataraja: White	Amavasya	
			Ashada*Adi				Sivaloka Day

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN
	Retreat Star		Sun 15	Sutra 109			
	Kataka Rasi: 19.22	Tithi 1	445893462	Rahu	9:11AM – 10:56AM	Ashlesha* Until 10:50PM	Ganesha: Green
	Creative Work	Siddha Yoga	Yama	5:42AM – 7:27AM	Muruga: Blue	Sunrise: 5:42AM	Vikarin 5121
			2:25PM – 4:09PM	Vyatipata* Until 12:45AM Fri	Sunset: 7:39PM	Moon 7 - Phase 15	
			Prathama* Until 6:41PM	Kintughna Until 8:28AM	Nataraja: White	Prathama	
			Sivaloka Day				
			Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Knoxville, TN Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 – 3	Gulika 7:27AM – 9:12AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 5:43AM		
		Yama 4:09PM – 5:53PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 7 - Phase 16
	455893462	Rahu 10:56AM – 12:40PM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon – Red		Sivaloka Day	
Until 8:13PM				Sravana•Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Knoxville, TN Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 – 4	Gulika 5:44AM – 7:28AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 5:44AM		
		Yama 2:24PM – 4:08PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM		Moon 7 - Phase 16
	455893462	Rahu 9:12AM – 10:56AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon – Red		Sivaloka Day	
Until 5:36PM				Sravana•Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Knoxville, TN Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 – 5	Gulika 4:08PM – 5:52PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:45AM		
		Yama 12:40PM – 2:24PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM		Moon 7 - Phase 16
	455993462	Rahu 5:52PM – 7:36PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana•Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Knoxville, TN Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	Gulika 2:24PM – 4:07PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 5:45AM		
Family Home Evening		Yama 10:56AM – 12:40PM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 7:35PM		Moon 7 - Phase 16
	465993462	Rahu 7:29AM – 9:13AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:00AM Tue	Moon – Green		Subha Subha Sivaloka Day	
Until 1:17PM				Sravana•Adi			
Then Routine Work - Prabararishta Yoga							

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Knoxville, TN Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	Gulika 12:40PM – 2:23PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:46AM		
		Yama 9:13AM – 10:56AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 7:34PM		Moon 7 - Phase 16
	465993462	Rahu 4:07PM – 5:50PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon – Green		Subha Subha Sivaloka Day	Tour Day
				Sravana•Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Knoxville, TN Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	Gulika 10:56AM – 12:40PM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:47AM		
		Yama 7:30AM – 9:13AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:33PM		Moon 7 - Phase 16
	465993462	Rahu 12:40PM – 2:23PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana•Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Knoxville, TN Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	Gulika 9:14AM – 10:57AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM		
		Yama 5:48AM – 7:31AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:32PM		Moon 7 - Phase 16
	476993462	Rahu 2:23PM – 4:06PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon – Orange		Sivaloka Day	
				Sravana•Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Knoxville, TN Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 7:31AM – 9:14AM	Anuradha Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:48AM	
		Yama 4:05PM – 5:48PM	Indra Until 12:10AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 17
		476993462 Rahu 10:57AM – 12:39PM	Taitila Until 11:28AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi		
Then Routine Work - Marana Yoga						

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Knoxville, TN Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 5:49AM – 7:32AM	Jyeshtha* Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:49AM	
		Yama 2:22PM – 4:04PM	Vaidhriti* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Moon 7 - Phase 17
		476993462 Rahu 9:14AM – 10:57AM	Vanija Until 11:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
			Ekadashi Until 12:20AM Sun	Sravana*Adi		

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Knoxville, TN Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 4:04PM – 5:46PM	Mula* Until 2:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:50AM	
		Yama 12:39PM – 2:21PM	Vishkambha* Until 11:46PM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 17
		486993462 Rahu 5:46PM – 7:28PM	Bava Until 12:56PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 2:12PM			Dvadashi Until 1:36AM Mon	Sravana*Adi		
Then Creative Work - Siddha Yoga						

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Knoxville, TN Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 2:21PM – 4:03PM	Purvashadha* Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:51AM	
Family Home Evening		Yama 10:57AM – 12:39PM	Priti Until 12:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 Rahu 7:33AM – 9:15AM	Kaulava Until 2:25PM	Nataraja: White		4th Phase
				Moon – Light Blue		Subha Sivaloka Day
			Trayodashi Until 3:17AM Tue	Sravana*Adi		
			<i>Pradosha Vrata</i>			

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Knoxville, TN Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 12:39PM – 2:21PM	Uttarashadha Until 6:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:52AM	
		Yama 9:15AM – 10:57AM	Ayushman Until 12:42AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 17
		486993462 Rahu 4:02PM – 5:44PM	Gara Until 4:16PM	Nataraja: White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi		Tour Day
Then Creative Work - Siddha Yoga						

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Knoxville, TN Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:57AM – 12:39PM	Shravana Until 9:33PM	Ganesha: White	<i>Sunrise:</i> 5:52AM	
Makara Rasi: 15.35	Tithi 15	Yama 7:34AM – 9:15AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 17
		496993462 Rahu 12:39PM – 2:20PM	Visti Until 6:25PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi		
Then Routine Work - Prabalarishta Yoga						

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Knoxville, TN Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 9:16AM – 10:57AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:53AM – 7:34AM	Sobhana Until 2:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 17
		497993462 Rahu 2:20PM – 4:01PM	Balava Until 8:44PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day
			Purnima* Until 7:32AM	Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Knoxville, TN
Sutra 124
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Gulika 7:35AM – 9:16AM
Yama 4:00PM – 5:41PM
Rahu 10:57AM – 12:38PM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise:* 5:54AM
Muruqa: Blue *Sunset:* 7:23PM
Nataraja: White
Moon – Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Knoxville, TN
Sun 1 Sutra 125
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Gulika 5:55AM – 7:35AM
Yama 2:19PM – 4:00PM
Rahu 9:16AM – 10:57AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Blue *Sunset:* 7:21PM
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Knoxville, TN
Sun 2 Sutra 126
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Gulika 3:59PM – 5:40PM
Yama 12:38PM – 2:18PM
Rahu 5:40PM – 7:20PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritya Until 2:45PM

Ganesha: White *Sunrise:* 5:55AM
Muruqa: Blue *Sunset:* 7:20PM
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN
Sun 3 Sutra 127
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Gulika 2:18PM – 3:58PM
Yama 10:57AM – 12:38PM
Rahu 7:37AM – 9:17AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise:* 5:56AM
Muruqa: Blue *Sunset:* 7:19PM
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN
Sun 4 Sutra 128
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 12:37PM – 2:17PM
Yama 9:17AM – 10:57AM
Rahu 3:57PM – 5:38PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise:* 5:57AM
Muruqa: Blue *Sunset:* 7:18PM
Nataraja: White
Moon – Clear

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Knoxville, TN
Sun 5 Sutra 129
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:57AM – 12:37PM
Yama 7:38AM – 9:17AM
Rahu 12:37PM – 2:17PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise:* 5:58AM
Muruqa: Blue *Sunset:* 7:16PM
Nataraja: White
Moon – White

Sivaloka Day

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN
Sun 6 Sutra 130
Vikarin 5121
Moon 8 - Phase 18
1st Phase

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 9:18AM – 10:57AM
Yama 5:59AM – 7:38AM
Rahu 2:16PM – 3:56PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise:* 5:59AM
Muruqa: Blue *Sunset:* 7:15PM
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN
Sun 7 Sutra 131
Vikarin 5121
Moon 8 - Phase 18
Ashtami

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 7:39AM – 9:18AM
Yama 3:55PM – 5:35PM
Rahu 10:57AM – 12:37PM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise:* 5:59AM
Muruqa: Blue *Sunset:* 7:14PM
Nataraja: White
Moon – White

Sivaloka Day

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Knoxville, TN
Sun 8 Sutra 132
Vikarin 5121
Moon 8 - Phase 18
Navami

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 6:00AM – 7:39AM
Yama 2:15PM – 3:54PM
Rahu 9:18AM – 10:57AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise:* 6:00AM
Muruqa: Blue *Sunset:* 7:13PM
Nataraja: White
Moon – Yellow

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Knoxville, TN
	Mithuna Rasi: 0.09	Tithi 25	Sun 9	Sutra 133			
			538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
		Rahu	2nd Phase				Subha Sivaloka Day
		Gulika	3:54PM - 5:32PM	Mrigashira	Until 5:27PM	Ganesha: Clear	Sunrise: 6:01AM
		Yama	12:36PM - 2:15PM	Vajra*	Until 1:37AM Mon	Muruqa: Blue	Sunset: 7:11PM
		Rahu	5:32PM - 7:11PM	Vanija	Until 9:14AM	Nataraja: White	
				Dashami	Until 8:33PM	Moon - Yellow	
						Sravana-Avani	

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Knoxville, TN
	Mithuna Rasi: 13.53	Tithi 26	Sun 10	Sutra 134			
	Family Home Evening		538993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
		Rahu	7:40AM - 9:19AM	Ardra	Until 4:15PM	Ganesha: Clear	Sunrise: 6:02AM
		Gulika	2:14PM - 3:53PM	Siddhi	Until 10:52PM	Muruqa: Blue	Sunset: 7:10PM
		Yama	10:57AM - 12:36PM	Bava	Until 7:42AM	Nataraja: White	
		Rahu	7:40AM - 9:19AM	Ekadashi*	Until 6:38PM	Moon - Yellow	
						Sravana-Avani	
						Subha Sivaloka Day	

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
	Mithuna Rasi: 28.06	Tithi 27 - 28	Sun 11	Sutra 135			
			548993462	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
		Rahu	3:52PM - 5:30PM	Punarvasu	Until 2:39PM	Ganesha: Purple	Sunrise: 6:02AM
		Gulika	12:35PM - 2:14PM	Vyatipata*	Until 7:36PM	Muruqa: Blue	Sunset: 7:09PM
		Yama	9:19AM - 10:57AM	Gara	Until 2:34AM Wed	Nataraja: White	
		Rahu	3:52PM - 5:30PM	Dvadashi*	Until 4:03PM	Moon - Blue	
						Sravana-Avani	
						Sivaloka Day	
						<i>Pradosha Vrata (Fasting)</i>	

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN
	Kataka Rasi: 12.44	Tithi 28 - 29	Sun 12	Sutra 136			
			549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
		Rahu	12:35PM - 2:13PM	Pushya	Until 12:20PM	Ganesha: Orange	Sunrise: 6:03AM
		Gulika	10:57AM - 12:35PM	Variyan	Until 3:51PM	Muruqa: Blue	Sunset: 7:07PM
		Yama	7:41AM - 9:19AM	Visti	Until 11:12PM	Nataraja: Clear	
		Rahu	12:35PM - 2:13PM	Trayodashi*	Until 12:55PM	Moon - Blue	
						Sravana-Avani	
						Sivaloka Day	

●	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN
	Retreat Star		Sun 13	Sutra 137			
	Kataka Rasi: 27.43	Tithi 29 - 30	549193463	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 8 - Phase 19			
		Rahu	2:13PM - 3:50PM	Ashlesha*	Until 9:29AM	Ganesha: Orange	Sunrise: 6:04AM
		Gulika	9:19AM - 10:57AM	Parigha*	Until 11:49AM	Muruqa: Blue	Sunset: 7:06PM
		Yama	6:04AM - 7:42AM	Catuspada	Until 7:31PM	Nataraja: Clear	
		Rahu	2:13PM - 3:50PM	Chaturdashi*	Until 9:23AM	Moon - Blue	
						Sravana-Avani	
						Sivaloka Day	

●	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN
	Retreat Star		Sun 14	Sutra 138			
	Simha Rasi: 12.55	Tithi 1	559193463	Vikarin 5121			
	Routine Work	Marana Yoga		Moon 8 - Phase 19			
		Rahu	10:57AM - 12:35PM	Magha*	Until 6:39AM	Ganesha: Clear	Sunrise: 6:05AM
		Gulika	7:42AM - 9:20AM	Shiva	Until 7:36AM	Muruqa: Blue	Sunset: 7:04PM
		Yama	3:50PM - 5:27PM	Kintughna	Until 3:41PM	Nataraja: Clear	
		Rahu	10:57AM - 12:35PM	Prathama*	Until 1:45AM Sat	Moon - Red	
						Bhadrapada-Avani	
						Sivaloka Day	
						Then Creative Work - Siddha Yoga	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

www.gurudeva.org/panchang

1		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Knoxville, TN Sun 15 Sutra 139	
Simha Rasi: 28.1	Tithi 2	Gulika 6:05AM – 7:43AM	Uttaraphalguni Until 12:35AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:05AM		Vikarin 5121
		Yama 2:11PM – 3:49PM	Sadhya Until 11:07PM	Muruqa: Blue	<i>Sunset:</i> 7:03PM		Moon 8 - Phase 20
		559193463 Rahu 9:20AM – 10:57AM	Balava Until 11:52AM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:00PM	Moon – Red		Sivaloka Day	
Until 12:35AM Sun				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

2		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau		Knoxville, TN Sun 16 Sutra 140	
Kanya Rasi: 13.19	Tithi 3	Gulika 3:48PM – 5:25PM	Hasta Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:06AM		Vikarin 5121
		Yama 12:34PM – 2:11PM	Subha Until 7:11PM	Muruqa: Blue	<i>Sunset:</i> 7:02PM		Moon 8 - Phase 20
		569193463 Rahu 5:25PM – 7:02PM	Taitila Until 8:14AM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:31PM	Moon – Green		Sivaloka Day	
Until 10:06PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

3		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Knoxville, TN Sun 17 Sutra 141	
Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 2:10PM – 3:47PM	Chitra Until 7:56PM	Ganesha: Orange	<i>Sunrise:</i> 6:07AM		Vikarin 5121
Family Home Evening		Yama 10:57AM – 12:34PM	Sukla Until 3:35PM	Muruqa: Blue	<i>Sunset:</i> 7:00PM		Moon 8 - Phase 20
		569193463 Rahu 7:44AM – 9:20AM	Bava Until 2:10AM Tue	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:28PM	Moon – Green		Sivaloka Day	
Until 7:56PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

4		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Knoxville, TN Sun 18 Sutra 142	
Tula Rasi: 12.41	Tithi 5 – 6	Gulika 12:33PM – 2:10PM	Svati Until 6:15PM	Ganesha: Orange	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 9:20AM – 10:57AM	Brahma Until 12:28PM	Muruqa: Blue	<i>Sunset:</i> 6:59PM		Moon 8 - Phase 20
		569193463 Rahu 3:46PM – 5:23PM	Kaulava Until 12:02AM Wed	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:00PM	Moon – Green		Sivaloka Day	
Until 6:15PM				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

5		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Knoxville, TN Sun 19 Sutra 143	
Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:57AM – 12:33PM	Vishakha Until 5:35PM	Ganesha: Green	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 7:45AM – 9:21AM	Indra Until 9:57AM	Muruqa: Blue	<i>Sunset:</i> 6:58PM		Moon 8 - Phase 20
		579193463 Rahu 12:33PM – 2:09PM	Gara Until 10:41PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:14AM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

Retreat Star		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau		Knoxville, TN Sun 20 Sutra 144	
Vrischika Rasi: 10.17	Tithi 7 – 8	Gulika 9:21AM – 10:57AM	Anuradha Until 5:35PM	Ganesha: Orange	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 6:09AM – 7:45AM	Vaidhriti* Until 8:04AM	Muruqa: Blue	<i>Sunset:</i> 6:56PM		Moon 8 - Phase 20
		571193463 Rahu 2:08PM – 3:44PM	Visti Until 10:08PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:17AM	Moon – Orange		Sivaloka Day	
Until 5:35PM				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Knoxville, TN Sun 21 Sutra 145	
Vrischika Rasi: 23.23	Tithi 8 – 9	Gulika 7:45AM – 9:21AM	Jyeshtha* Until 6:13PM	Ganesha: Orange	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 3:43PM – 5:19PM	Vishkambha* Until 6:50AM	Muruqa: Blue	<i>Sunset:</i> 6:55PM		Moon 8 - Phase 20
		571193463 Rahu 10:57AM – 12:32PM	Balava Until 10:25PM	Nataraja: Clear			Navami
Routine Work	Marana Yoga		Ashtami* Until 10:10AM	Moon – Orange		Sivaloka Day	
Until 6:13PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	Gulika 6:11AM – 7:46AM Yama 2:07PM – 3:43PM Rahu 9:21AM – 10:57AM	Mula* Until 7:56PM Priti Until 6:15AM Taitila Until 11:27PM Navami* Until 10:49AM	Ganesha: Green <i>Sunrise:</i> 6:11AM Muruqa: Blue <i>Sunset:</i> 6:53PM Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga							


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	Gulika 3:42PM – 5:17PM Yama 12:32PM – 2:07PM Rahu 5:17PM – 6:52PM	Purvashadha* Until 10:05PM Ayushman Until 6:11AM Vanija Until 1:05AM Mon Dashami Until 12:10PM	Ganesha: Green <i>Sunrise:</i> 6:11AM Muruqa: Blue <i>Sunset:</i> 6:52PM Nataraja: Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 10:05PM Then Creative Work - Amrita Yoga		Grandparent's Day					


3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	Gulika 2:06PM – 3:41PM Yama 10:56AM – 12:31PM Rahu 7:47AM – 9:22AM	Uttarashadha Until 12:30AM Tue Saubhagya Until 6:34AM Bava Until 3:09AM Tue Ekadashi Until 2:03PM	Ganesha: Green <i>Sunrise:</i> 6:12AM Muruqa: Blue <i>Sunset:</i> 6:50PM Nataraja: Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
Family Home Evening Routine Work Marana Yoga Until 12:30AM Tue Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	Gulika 12:31PM – 2:05PM Yama 9:22AM – 10:56AM Rahu 3:40PM – 5:14PM	Shravana Until 3:32AM Wed Sobhana Until 7:16AM Kaulava Until 5:29AM Wed Dvadashi Until 4:16PM	Ganesha: Red <i>Sunrise:</i> 6:13AM Muruqa: Blue <i>Sunset:</i> 6:49PM Nataraja: Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga Until 3:32AM Wed Then Routine Work - Prabalarishta Yoga		Pradosha Vrata					

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Knoxville, TN
	Makara Rasi: 24.32	Tithi 13	591193463	Gulika 10:56AM – 12:31PM Yama 7:48AM – 9:22AM Rahu 12:31PM – 2:05PM	Dhanishtha Until 6:31AM Thu Athiganda* Until 8:07AM Taitila Until 6:41PM Trayodashi Until 6:41PM	Ganesha: Red <i>Sunrise:</i> 6:14AM Muruqa: Blue <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Routine Work Prabalarishta Yoga Until 6:31AM Thu Then Creative Work - Siddha Yoga		Chidambaram Abhishekam					

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN
	Kumbha Rasi: 6.24	Tithi 14	591193463	Gulika 9:22AM – 10:56AM Yama 6:14AM – 7:48AM Rahu 2:04PM – 3:38PM	Dhanishtha Until 6:31AM Sukarma Until 9:04AM Gara Until 7:57AM Chaturdashi* Until 9:09PM	Ganesha: Red <i>Sunrise:</i> 6:14AM Muruqa: Blue <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
Creative Work Siddha Yoga		Avani Avittam					

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN
	Copper Retreat Star			Gulika 7:49AM – 9:22AM Yama 3:37PM – 5:11PM Rahu 10:56AM – 12:30PM	Shatabhishak Until 9:20AM Dhriti Until 10:01AM Visti Until 10:24AM Purnima* Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 6:15AM Muruqa: Purple <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Purple	Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima Sivaloka Day Bhadrapada-Avani
Kumbha Rasi: 18.16 Tithi 15 Creative Work Siddha Yoga							

	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN
	Silver Retreat Star			Gulika 6:16AM – 7:49AM Yama 2:03PM – 3:36PM Rahu 9:23AM – 10:56AM	Purvaprosarthapada* Until 12:25PM Shula* Until 10:53AM Balava Until 12:48PM Prathama* Until 1:55AM Sun	Ganesha: Red <i>Sunrise:</i> 6:16AM Muruqa: Purple <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Clear	Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama Sivaloka Day Bhadrapada-Avani
Meena Rasi: 0.08 Tithi 16 Routine Work Marana Yoga Until 12:25PM Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Knoxville, TN

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.04 Tithi 17

512113463

Gulika 3:35PM - 5:09PM

Yama 12:29PM - 2:02PM

Rahu 5:09PM - 6:42PM

Uttaraproshtapada Until 3:13PM

Ganda* Until 11:40AM

Taitila Until 3:03PM

Dvitiya Until 4:05AM Mon

Ganesha: Yellow Sunrise: 6:17AM

Muruqa: Purple Sunset: 6:42PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Knoxville, TN

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.03 Tithi 18

512113463

Gulika 2:02PM - 3:34PM

Yama 10:56AM - 12:29PM

Rahu 7:50AM - 9:23AM

Revati Until 5:39PM

Vridhhi Until 12:20PM

Vanija Until 5:06PM

Tritiya Until 6:02AM Tue

Ganesha: Yellow Sunrise: 6:17AM

Muruqa: Purple Sunset: 6:40PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Knoxville, TN

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.08 Tithi 18 - 19

522113463

Gulika 12:28PM - 2:01PM

Yama 9:23AM - 10:56AM

Rahu 3:34PM - 5:06PM

Ashvini Until 8:11PM

Dhruva Until 12:46PM

Bava Until 6:55PM

Tritiya Until 6:02AM

Ganesha: White Sunrise: 6:18AM

Muruqa: Purple Sunset: 6:39PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.2 Tithi 19 - 20

522113463

Gulika 10:56AM - 12:28PM

Yama 7:51AM - 9:23AM

Rahu 12:28PM - 2:00PM

Bharani Until 10:13PM

Vyaghata* Until 12:59PM

Kaulava Until 8:23PM

Chaturthi* Until 7:41AM

Ganesha: White Sunrise: 6:19AM

Muruqa: Purple Sunset: 6:37PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 10:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 0.41 Tithi 20 - 21

522113463

Gulika 9:24AM - 10:56AM

Yama 6:20AM - 7:52AM

Rahu 2:00PM - 3:32PM

Krittika Until 11:39PM

Harshana Until 12:55PM

Gara Until 9:26PM

Panchami Until 8:57AM

Ganesha: White Sunrise: 6:20AM

Muruqa: Purple Sunset: 6:36PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.15 Tithi 21 - 22

532113463

Gulika 7:52AM - 9:24AM

Yama 3:31PM - 5:03PM

Rahu 10:56AM - 12:27PM

Rohini Until 12:52AM Sat

Vajra* Until 12:24PM

Visti Until 9:55PM

Shashthi* Until 9:44AM

Ganesha: Clear Sunrise: 6:20AM

Muruqa: Purple Sunset: 6:34PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.05 Tithi 22 - 23

532113463

Gulika 6:21AM - 7:53AM

Yama 1:58PM - 3:30PM

Rahu 9:24AM - 10:56AM

Mrigashira Until 1:17AM Sun

Siddhi Until 11:26AM

Balava Until 9:45PM

Saptami Until 9:54AM

Ganesha: Clear Sunrise: 6:21AM

Muruqa: Purple Sunset: 6:33PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.16 Tithi 23 - 24

532213463

Gulika 3:29PM - 5:00PM

Yama 12:27PM - 1:58PM

Rahu 5:00PM - 6:31PM

Ardra Until 12:50AM Mon

Vyatipata* Until 9:55AM

Taitila Until 8:52PM

Ashtami* Until 9:23AM

Ganesha: Orange Sunrise: 6:22AM

Muruqa: Purple Sunset: 6:31PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:50AM Mon

Then Creative Work - Amrita Yoga


1		Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau	Knoxville, TN Sun 9 Sutra 162 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 24 – 25	Gulika 1:57PM – 3:28PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM	
Family Home Evening	542213463	Yama 10:55AM – 12:26PM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset:</i> 6:30PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 7:54AM – 9:24AM	Vanija Until 7:16PM	Nataraja: Clear	2nd Phase
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada*Puratasi	

2		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Knoxville, TN Sun 10 Sutra 163 Vikarin 5121
Kataka Rasi: 6.53	Tithi 25 – 26	Gulika 12:26PM – 1:57PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise:</i> 6:23AM	
	542213463	Yama 9:25AM – 10:55AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset:</i> 6:28PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 3:27PM – 4:58PM	Balava Until 3:36AM Wed	Nataraja: Clear	2nd Phase
			Dashami Until 6:11AM	Moon – Blue	Devaloka Day
				Bhadrapada*Puratasi	

3		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau	Knoxville, TN Sun 11 Sutra 164 Vikarin 5121
Kataka Rasi: 21.2	Tithi 27	Gulika 10:55AM – 12:26PM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise:</i> 6:24AM	
	542213463	Yama 7:55AM – 9:25AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset:</i> 6:27PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 12:26PM – 1:56PM	Kaulava Until 2:07PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 12:29AM Thu	Moon – Blue	Devaloka Day
				Bhadrapada*Puratasi	

4		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Knoxville, TN Sun 12 Sutra 165 Vikarin 5121
Simha Rasi: 6.1	Tithi 28	Gulika 9:25AM – 10:55AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 6:25AM	
	552213463	Yama 6:25AM – 7:55AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset:</i> 6:26PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 1:55PM – 3:25PM	Gara Until 10:47AM	Nataraja: Clear	2nd Phase
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada*Puratasi	

5		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Knoxville, TN Sun 13 Sutra 166 Vikarin 5121
Simha Rasi: 21.15	Tithi 29 – 30	Gulika 7:56AM – 9:25AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise:</i> 6:26AM	
	552213463	Yama 3:24PM – 4:54PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset:</i> 6:24PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 10:55AM – 12:25PM	Visti Until 7:09AM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 5:15PM	Moon – Red	Devaloka Day
				Bhadrapada*Puratasi	

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Knoxville, TN Sun 14 Sutra 167 Vikarin 5121
Retreat Star		Gulika 6:27AM – 7:56AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 6:27AM	
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:54PM – 3:24PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 6:23PM	Moon 9 - Phase 23
	653213463	Rahu 9:26AM – 10:55AM	Kintughna Until 11:37PM	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada*Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Knoxville, TN Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 21.4	Tithi 1 – 2	Gulika 3:23PM – 4:52PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise:</i> 6:27AM	
	663213463	Yama 12:24PM – 1:53PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset:</i> 6:21PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 4:52PM – 6:21PM	Balava Until 8:04PM	Nataraja: Clear	Prathama
Until 8:39AM			Prathama* Until 9:47AM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga		Navaratri Begins		Ashvina*Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

1		Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau	Knoxville, TN Sun 16 Sutra 169 Vikarin 5121
Tula Rasi: 6.38	Tithi 2 - 3	Gulika 1:53PM - 3:22PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 6:28AM	
Family Home Evening	663213463	Yama 10:55AM - 12:24PM	Vaidhrili* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 6:20PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 7:57AM - 9:26AM	Gara Until 3:30AM Tue	Nataraja: Clear	3rd Phase
Until 6:02AM			Dvitiya Until 6:24AM	Moon - Green	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

2		Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturthyam Titau	Knoxville, TN Sun 17 Sutra 170 Vikarin 5121
Tula Rasi: 21.16	Tithi 4	Gulika 12:24PM - 1:52PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:29AM	
	673213463	Yama 9:26AM - 10:55AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 6:18PM	Moon 9 - Phase 24
Routine Work Marana Yoga		Rahu 3:21PM - 4:50PM	Vanija Until 2:17PM	Nataraja: Clear	3rd Phase
Until 2:23AM Wed			Chaturthi* Until 1:13AM Wed	Moon - Orange	Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi	

3		Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau	Knoxville, TN Sun 18 Sutra 171 Vikarin 5121
Vrischika Rasi: 5.26	Tithi 5	Gulika 10:55AM - 12:23PM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 6:30AM	
	673213463	Yama 7:58AM - 9:26AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 6:17PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 12:23PM - 1:52PM	Bava Until 12:22PM	Nataraja: Clear	3rd Phase
Until 1:38AM Thu			Panchami Until 11:42PM	Moon - Orange	Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi	

4		Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau	Knoxville, TN Sun 19 Sutra 172 Vikarin 5121
Vrischika Rasi: 19.06	Tithi 6	Gulika 9:27AM - 10:55AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 6:30AM	
	673213463	Yama 6:30AM - 7:59AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 6:15PM	Moon 9 - Phase 24
Routine Work Prabalarishta Yoga		Rahu 1:51PM - 3:19PM	Kaulava Until 11:17AM	Nataraja: Clear	3rd Phase
Until 1:36AM Fri			Shashthi* Until 11:03PM	Moon - Orange	Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi	

5		Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Knoxville, TN Sun 20 Sutra 173 Vikarin 5121
Dhanus Rasi: 2.17	Tithi 7	Gulika 7:59AM - 9:27AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 6:31AM	
	683213463	Yama 3:18PM - 4:46PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 6:14PM	Moon 9 - Phase 24
Creative Work Amrita Yoga		Rahu 10:55AM - 12:23PM	Gara Until 11:06AM	Nataraja: Clear	3rd Phase
Until 2:45AM Sat			Saptami Until 11:19PM	Moon - Light Blue	Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi	

Retreat Star		Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau	Knoxville, TN Sun 21 Sutra 174 Vikarin 5121
Dhanus Rasi: 15.01	Tithi 8	Gulika 6:32AM - 8:00AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:32AM	
	683213463	Yama 1:50PM - 3:17PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 6:13PM	Moon 9 - Phase 24
Creative Work Siddha Yoga		Rahu 9:27AM - 10:55AM	Vistil* Until 11:47AM	Nataraja: Clear	Ashtami
Until 4:32AM Sun			Ashtami* Until 12:24AM Sun	Moon - Light Blue	Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi	

Retreat Star		Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Knoxville, TN Sun 22 Sutra 175 Vikarin 5121
Dhanus Rasi: 27.24	Tithi 9	Gulika 3:17PM - 4:44PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:33AM	
	683213463	Yama 12:22PM - 1:49PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 6:11PM	Moon 9 - Phase 24
Creative Work Amrita Yoga		Rahu 4:44PM - 6:11PM	Balava Until 1:14PM	Nataraja: Clear	Navami
		Saraswathi Puja (Tamil Nadu)	Navami* Until 2:11AM Mon	Moon - Light Blue	Sivaloka Day
				Ashvina+Puratasi	


Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 23 Sutra 176 Vikarin 5121
1		Gulika 1:49PM – 3:16PM	Uttarashadha Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:55AM – 12:22PM	Sukarma Until 1:28PM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 8:01AM – 9:28AM	Taitila Until 3:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue		Sivaloka Day
Until 6:46AM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 177 Vikarin 5121
2		Gulika 12:21PM – 1:48PM	Shravana Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
Makara Rasi: 21.28	Tithi 11	Yama 9:28AM – 10:55AM	Dhriti Until 2:18PM	Muruqa: Purple	<i>Sunset:</i> 6:08PM	Moon 9 - Phase 25
	693213464	Rahu 3:15PM – 4:42PM	Vanija Until 5:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple		Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 178 Vikarin 5121
3		Gulika 10:55AM – 12:21PM	Dhanishtha Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 6:35AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 8:02AM – 9:28AM	Shula* Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 9 - Phase 25
	693213464	Rahu 12:21PM – 1:48PM	Bava Until 8:13PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple		Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 179 Vikarin 5121
4		Gulika 9:29AM – 10:55AM	Shatabhishak Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 6:36AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 6:36AM – 8:02AM	Ganda* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 6:06PM	Moon 9 - Phase 25
	693213464	Rahu 1:47PM – 3:13PM	Kaulava Until 10:43PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 180 Vikarin 5121
5		Gulika 8:03AM – 9:29AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:37AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 3:13PM – 4:38PM	Vridhhi Until 5:00PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 25
	613213464	Rahu 10:55AM – 12:21PM	Gara Until 1:04AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sun 28 Sutra 181 Vikarin 5121
		Gulika 6:38AM – 8:04AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:38AM	
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:46PM – 3:12PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Moon 9 - Phase 25
	613213464	Rahu 9:29AM – 10:55AM	Vistil Until 3:11AM Sun	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear		Sivaloka Day
Until 9:21PM				Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sun 29 Sutra 182 Vikarin 5121
Silver Retreat Star		Gulika 3:11PM – 4:36PM	Revati Until 11:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:39AM	
Meena Rasi: 21	Tithi 15 – 16	Yama 12:20PM – 1:46PM	Vyaghata* Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 9 - Phase 25
	614213464	Rahu 4:36PM – 6:02PM	Balava Until 5:02AM Mon	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear		Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:45PM – 3:10PM
Yama 10:55AM – 12:20PM
Rahu 8:05AM – 9:30AM

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 6:00PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Knoxville, TN
Sutra 183
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 12:20PM – 1:45PM
Yama 9:30AM – 10:55AM
Rahu 3:09PM – 4:34PM

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White *Sunrise:* 6:40AM
Muruqa: Purple *Sunset:* 5:59PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Knoxville, TN
Sun 1 Sutra 184
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 10:55AM – 12:20PM
Yama 8:06AM – 9:30AM
Rahu 12:20PM – 1:44PM

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 6:41AM
Muruqa: Purple *Sunset:* 5:58PM
Nataraja: Purple
Moon – White Subha Subha Sivaloka Day
Ashvina+Puratasi

Knoxville, TN
Sun 2 Sutra 185
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 9:31AM – 10:55AM
Yama 6:42AM – 8:06AM
Rahu 1:44PM – 3:08PM

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White *Sunrise:* 6:42AM
Muruqa: Purple *Sunset:* 5:56PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 3 Sutra 186
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 8:07AM – 9:31AM
Yama 3:07PM – 4:31PM
Rahu 10:55AM – 12:19PM

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White *Sunrise:* 6:43AM
Muruqa: Purple *Sunset:* 5:55PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 4 Sutra 187
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:44AM – 8:08AM
Yama 1:43PM – 3:06PM
Rahu 9:31AM – 10:55AM

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White *Sunrise:* 6:44AM
Muruqa: Purple *Sunset:* 5:54PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 5 Sutra 188
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 3:06PM – 4:29PM
Yama 12:19PM – 1:42PM
Rahu 4:29PM – 5:53PM

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White *Sunrise:* 6:45AM
Muruqa: Purple *Sunset:* 5:53PM
Nataraja: Purple
Moon – Yellow Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 6 Sutra 189
Vikarin 5121
Moon 10 - Phase 26
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

Creative Work Amrita Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 1:42PM – 3:05PM
Yama 10:55AM – 12:19PM
Rahu 8:09AM – 9:32AM

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear *Sunrise:* 6:46AM
Muruqa: Purple *Sunset:* 5:51PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 7 Sutra 190
Vikarin 5121
Moon 10 - Phase 26
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gulika 12:18PM – 1:41PM
Yama 9:33AM – 10:55AM
Rahu 3:04PM – 4:27PM

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear *Sunrise:* 6:47AM
Muruqa: Purple *Sunset:* 5:50PM
Nataraja: Purple
Moon – Blue Subha Sivaloka Day
Ashvina+Aipasi

Knoxville, TN
Sun 8 Sutra 191
Vikarin 5121
Moon 10 - Phase 26
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 - 26	Gulika 10:56AM - 12:18PM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:47AM		Vikarin 5121
		Yama 8:10AM - 9:33AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM		Moon 10 - Phase 27
		654313464 Rahu 12:18PM - 1:41PM	Bava Until 1:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon - Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Knoxville, TN Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 - 27	Gulika 9:33AM - 10:56AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:48AM		Vikarin 5121
		Yama 6:48AM - 8:11AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:49PM		Moon 10 - Phase 27
		654313464 Rahu 1:41PM - 3:03PM	Kaulava Until 10:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon - Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Knoxville, TN Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 - 28	Gulika 8:11AM - 9:34AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:49AM		Vikarin 5121
		Yama 3:02PM - 4:25PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:47PM		Moon 10 - Phase 27
		655313464 Rahu 10:56AM - 12:18PM	Gara Until 6:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon - Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:50AM - 8:12AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:50AM		Vikarin 5121
		Yama 1:40PM - 3:02PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:46PM		Moon 10 - Phase 27
		665313464 Rahu 9:34AM - 10:56AM	Visti Until 3:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon - Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 13 Sutra 196	
Retreat Star		Gulika 3:01PM - 4:23PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:51AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 12:18PM - 1:40PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:45PM		Moon 10 - Phase 27
		665313464 Rahu 4:23PM - 5:45PM	Catuspada Until 12:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon - Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Knoxville, TN Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:39PM - 3:01PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:52AM		Vikarin 5121
Family Home Evening		Yama 10:56AM - 12:18PM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:43PM		Moon 10 - Phase 27
Creative Work	Amrita Yoga	665313464 Rahu 8:14AM - 9:35AM	Kintughna Until 9:12AM	Nataraja: Purple			Prathama
Until 2:24PM			Prathama* Until 7:47PM	Moon - Green		Subha Sivaloka Day	
Then Routine Work - Marana Yoga		Skanda Shasthi Begins		Kartika-Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Tailita Karana Dvitiya/Tritiyayam Titau		Knoxville, TN Sun 15 Sutra 198 Vikarin 5121
Tula Rasi: 29.19	Tithi 2 – 3	Gulika	12:18PM – 1:39PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise: 6:53AM</i>
		Yama	9:35AM – 10:57AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset: 5:42PM</i>
		675313464 Rahu	3:00PM – 4:21PM	Balava Until 6:31AM	Nataraja: Purple	Moon 10 - Phase 28
Routine Work	Marana Yoga			Dvitiya Until 5:21PM	Moon – Orange	3rd Phase
Until 12:42PM						Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi	

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Knoxville, TN Sun 16 Sutra 199 Vikarin 5121
Vischika Rasi: 13.29	Tithi 3 – 4	Gulika	10:57AM – 12:18PM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise: 6:54AM</i>
		Yama	8:15AM – 9:36AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset: 5:41PM</i>
		675313464 Rahu	12:18PM – 1:39PM	Vanija Until 2:57AM Thu	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Siddha Yoga			Tritiya Until 3:33PM	Moon – Orange	3rd Phase
						Subha Sivaloka Day
					Kartika•Aipasi	

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Knoxville, TN Sun 17 Sutra 200 Vikarin 5121
Vischika Rasi: 27.11	Tithi 4 – 5	Gulika	9:36AM – 10:57AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise: 6:55AM</i>
		Yama	6:55AM – 8:16AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset: 5:40PM</i>
		675313464 Rahu	1:38PM – 2:59PM	Bava Until 2:21AM Fri	Nataraja: Purple	Moon 10 - Phase 28
Routine Work	Prabalarishta Yoga			Chaturthi* Until 2:31PM	Moon – Orange	3rd Phase
Until 10:51AM						Subha Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi	

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Knoxville, TN Sun 18 Sutra 201 Vikarin 5121
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika	8:16AM – 9:37AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise: 6:56AM</i>
		Yama	2:58PM – 4:19PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset: 5:39PM</i>
		685313464 Rahu	10:57AM – 12:18PM	Kaulava Until 2:37AM Sat	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Amrita Yoga			Panchami Until 2:21PM	Moon – Light Blue	3rd Phase
Until 11:20AM						Subha Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga		Skanda Shasthi			Kartika•Aipasi	

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau		Knoxville, TN Sun 19 Sutra 202 Vikarin 5121
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika	6:57AM – 8:17AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise: 6:57AM</i>
		Yama	1:38PM – 2:58PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset: 5:38PM</i>
		685313464 Rahu	9:37AM – 10:57AM	Gara Until 3:42AM Sun	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Siddha Yoga			Shashthi* Until 3:02PM	Moon – Light Blue	3rd Phase
Until 12:31PM						Subha Subha Sivaloka Day
Then Routine Work - Marana Yoga					Kartika•Aipasi	

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Knoxville, TN Sun 20 Sutra 203 Vikarin 5121
Makara Rasi: 5.41	Tithi 7 – 8	Gulika	2:57PM – 4:17PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise: 6:58AM</i>
		Yama	12:18PM – 1:37PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset: 5:37PM</i>
		685313464 Rahu	4:17PM – 5:37PM	Visti* Until 5:29AM Mon	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Amrita Yoga			Saptami Until 4:30PM	Moon – Light Blue	3rd Phase
						Subha Subha Sivaloka Day
					Kartika•Aipasi	

Monday, November 4, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Knoxville, TN Sun 21 Sutra 204 Vikarin 5121
Makara Rasi: 17.5	Tithi 8	Gulika	1:37PM – 2:57PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise: 6:59AM</i>
Family Home Evening		Yama	10:58AM – 12:18PM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset: 5:36PM</i>
		696313464 Rahu	8:18AM – 9:38AM	Bava Until 6:33PM	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Amrita Yoga			Ashtami* Until 6:33PM	Moon – Purple	Ashtami
Until 4:57PM						Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi	

Tuesday, November 5, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Knoxville, TN Sun 22 Sutra 205 Vikarin 5121
Makara Rasi: 29.49	Tithi 9	Gulika	12:18PM – 1:37PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise: 7:00AM</i>
		Yama	9:39AM – 10:58AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset: 5:35PM</i>
		696313464 Rahu	2:57PM – 4:16PM	Balava Until 7:45AM	Nataraja: Purple	Moon 10 - Phase 28
Creative Work	Siddha Yoga			Navami* Until 8:58PM	Moon – Purple	Navami
Until 7:49PM						Sivaloka Day
Then Routine Work - Marana Yoga					Kartika•Aipasi	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Tailila/Gara Karana Dashamyam Titau				Knoxville, TN Sun 23 Sutra 206 Vikarin 5121
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:58AM – 12:18PM Yama 8:20AM – 9:39AM Rahu 12:18PM – 1:37PM	Shatabhishak Until 10:39PM Dhruva Until 10:14PM Tailila Until 10:16AM Dashami Until 11:31PM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Purple	<i>Sunrise:</i> 7:01AM <i>Sunset:</i> 5:35PM	Moon 10 - Phase 29 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 10:39PM Then Creative Work - Amrita Yoga							


2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 207 Vikarin 5121
	Kumbha Rasi: 23.32	Tithi 11	Gulika 9:40AM – 10:59AM Yama 7:02AM – 8:21AM Rahu 1:37PM – 2:56PM	Purvaproshtapada* Until 1:44AM Fri Vyaghata* Until 11:04PM Vanija Until 12:47PM Ekadashi Until 1:58AM Fri	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 7:02AM <i>Sunset:</i> 5:34PM	Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga							

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 208 Vikarin 5121
	Meena Rasi: 5.26	Tithi 12	Gulika 8:21AM – 9:40AM Yama 2:55PM – 4:14PM Rahu 10:59AM – 12:18PM	Uttaraproshtapada Until 4:25AM Sat Harshana Until 11:44PM Bava Until 3:08PM Dvadashi Until 4:11AM Sat	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 7:03AM <i>Sunset:</i> 5:33PM	Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 4:25AM Sat Then Routine Work - Prabalarishta Yoga							

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 209 Vikarin 5121
	Meena Rasi: 17.27	Tithi 13	Gulika 7:04AM – 8:22AM Yama 1:36PM – 2:55PM Rahu 9:41AM – 10:59AM	Revati Until 6:37AM Sun Vajra* Until 12:08AM Sun Kaulava Until 5:12PM Trayodashi Until 6:03AM Sun <i>Pradosha Vrata</i>	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 5:32PM	Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 6:37AM Sun Then Creative Work - Siddha Yoga							

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 210 Vikarin 5121
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:55PM – 4:13PM Yama 12:18PM – 1:36PM Rahu 4:13PM – 5:31PM	Revati Until 6:37AM Siddhi Until 12:15AM Mon Gara Until 6:52PM Trayodashi Until 6:03AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Clear	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:31PM	Moon 10 - Phase 29 4th Phase Subha Sivaloka Day
Creative Work Amrita Yoga Until 6:37AM Then Creative Work - Siddha Yoga							

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Knoxville, TN Sutra 211 Vikarin 5121
	Mesha Rasi: 11.54	Tithi 14 – 15	Gulika 1:36PM – 2:54PM Yama 11:00AM – 12:18PM Rahu 8:24AM – 9:42AM	Ashvini Until 8:45AM Vyatipata* Until 12:03AM Tue Visti Until 8:07PM Chaturdashi* Until 7:32AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	<i>Sunrise:</i> 7:06AM <i>Sunset:</i> 5:30PM	Moon 10 - Phase 29 Purnima Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Knoxville, TN Sutra 212 Vikarin 5121
	Mesha Rasi: 24.23	Tithi 15 – 16	Gulika 12:18PM – 1:36PM Yama 9:42AM – 11:00AM Rahu 2:54PM – 4:12PM	Bharani Until 10:19AM Variyan Until 11:30PM Balava Until 8:57PM Purnima* Until 8:34AM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – White	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:30PM	Moon 10 - Phase 29 Prathama Sivaloka Day
Creative Work Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Knoxville, TN

Sutra 213

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika 11:01AM - 12:18PM
Yama 8:25AM - 9:43AM
Rahu 12:18PM - 1:36PM

Krittika Until 11:19AM

Parigha* Until 10:39PM

Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White *Sunrise:* 7:08AM

Muruqa: Purple *Sunset:* 5:29PM

Nataraja: Purple

Moon - White
Kartika-Aipasi

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Tritiyayam Titau

Knoxville, TN

Sutra 214

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:44AM - 11:01AM
Yama 7:09AM - 8:26AM
Rahu 1:36PM - 2:53PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear *Sunrise:* 7:09AM

Muruqa: Purple *Sunset:* 5:28PM

Nataraja: Purple

Moon - Yellow
Kartika-Aipasi

Sun 1

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Knoxville, TN

Sutra 215

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 8:27AM - 9:44AM
Yama 2:53PM - 4:10PM
Rahu 11:01AM - 12:19PM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear *Sunrise:* 7:10AM

Muruqa: Purple *Sunset:* 5:28PM

Nataraja: Purple

Moon - Yellow
Kartika-Aipasi

Sun 2

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN

Sutra 216

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 7:11AM - 8:28AM
Yama 1:36PM - 2:53PM
Rahu 9:45AM - 11:02AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise:* 7:11AM

Muruqa: Purple *Sunset:* 5:27PM

Nataraja: Purple

Moon - Yellow
Kartika-Kartikai

Sun 3

Moon 11 - Phase 30

1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sutra 217

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 2:53PM - 4:10PM
Yama 12:19PM - 1:36PM
Rahu 4:10PM - 5:26PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear *Sunrise:* 7:12AM

Muruqa: Purple *Sunset:* 5:26PM

Nataraja: Clear

Moon - Blue
Kartika-Kartikai

Sun 4

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sutra 218

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 1:36PM - 2:52PM
Yama 11:03AM - 12:19PM
Rahu 8:29AM - 9:46AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear *Sunrise:* 7:13AM

Muruqa: Purple *Sunset:* 5:26PM

Nataraja: Clear

Moon - Blue
Kartika-Kartikai

Sun 5

Moon 11 - Phase 30

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN

Sutra 219

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 12:19PM - 1:36PM
Yama 9:47AM - 11:03AM
Rahu 2:52PM - 4:09PM

Ashlesha* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear *Sunrise:* 7:14AM

Muruqa: Purple *Sunset:* 5:25PM

Nataraja: Clear

Moon - Blue
Kartika-Kartikai

Sun 6

Moon 11 - Phase 30

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Knoxville, TN

Sutra 220

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 11:03AM - 12:20PM
Yama 8:31AM - 9:47AM
Rahu 12:20PM - 1:36PM

Magha* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White *Sunrise:* 7:15AM

Muruqa: Purple *Sunset:* 5:25PM

Nataraja: Clear

Moon - Red
Kartika-Kartikai

Sun 7

Moon 11 - Phase 30

Navami

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Dashamyam Titau				Knoxville, TN
	Simha Rasi: 25.28	Tithi 25	Gulika	9:48AM – 11:04AM	Purvaphalguni Until 7:59AM	Ganesha: White	Sun 8
			Yama	7:16AM – 8:32AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	Vikarin 5121
	Creative Work	Siddha Yoga	758413465 Rahu	1:36PM – 2:52PM	Vanija Until 11:49AM	Nataraja: Clear	Moon 11 - Phase 31
				Dashami Until 10:33PM	Moon – Red	2nd Phase	
					Karttika-Karttikai	Subha Sivaloka Day	

2	Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau				Knoxville, TN
	Kanya Rasi: 9.52	Tithi 26	Gulika	8:32AM – 9:48AM	Uttaraphalguni Until 6:03AM	Ganesha: White	Sun 9
			Yama	2:52PM – 4:08PM	Priti Until 11:09PM	Muruqa: Purple	Vikarin 5121
	Creative Work	Siddha Yoga	758413465 Rahu	11:04AM – 12:20PM	Bava Until 9:17AM	Nataraja: Clear	Moon 11 - Phase 31
				Ekadashi* Until 7:57PM	Moon – Red	2nd Phase	
					Karttika-Karttikai	Subha Sivaloka Day	
						Until 6:03AM Then Creative Work - Amrita Yoga	

3	Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN
	Kanya Rasi: 24.22	Tithi 27 – 28	Gulika	7:18AM – 8:33AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	Sun 10
			Yama	1:36PM – 2:52PM	Ayushman Until 7:45PM	Muruqa: Purple	Vikarin 5121
	Routine Work	Marana Yoga	768413465 Rahu	9:49AM – 11:05AM	Kaulava Until 6:39AM	Nataraja: Clear	Moon 11 - Phase 31
				Dvadashi* Until 5:17PM	Moon – Green	2nd Phase	
					Karttika-Karttikai	Sivaloka Day	
					<i>Pradosha Vrata (Fasting)</i>		
						Until 2:20AM Sun Then Creative Work - Siddha Yoga	

4	Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN
	Tula Rasi: 8.52	Tithi 28 – 29	Gulika	2:52PM – 4:07PM	Svati Until 12:21AM Mon	Ganesha: Blue	Sun 11
			Yama	12:21PM – 1:36PM	Saubhagya Until 4:25PM	Muruqa: Purple	Vikarin 5121
	Creative Work	Siddha Yoga	769413465 Rahu	4:07PM – 5:23PM	Visti Until 1:26AM Mon	Nataraja: Clear	Moon 11 - Phase 31
				Trayodashi* Until 2:40PM	Moon – Green	2nd Phase	
					Karttika-Karttikai	Devaloka Day	
						Until 12:21AM Mon Then Routine Work - Marana Yoga	

	Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Knoxville, TN
	Retreat Star		Gulika	1:36PM – 2:52PM	Vishakha Until 10:54PM	Ganesha: Blue	Sun 12
	Tula Rasi: 23.17	Tithi 29 – 30	Yama	11:06AM – 12:21PM	Sobhana Until 1:15PM	Muruqa: Purple	Vikarin 5121
	Family Home Evening		779413465 Rahu	8:35AM – 9:50AM	Catuspada Until 11:09PM	Nataraja: Clear	Moon 11 - Phase 31
				Chaturdashi* Until 12:14PM	Moon – Orange	Amavasya	
					Karttika-Karttikai	Devaloka Day	
						Routine Work - Marana Yoga Until 10:54PM Then Creative Work - Siddha Yoga	

Retreat Star	Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Knoxville, TN
	Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika	12:21PM – 1:37PM	Anuradha Until 9:42PM	Ganesha: Blue	Sun 13
			Yama	9:51AM – 11:06AM	Athiganda* Until 10:20AM	Muruqa: Purple	Vikarin 5121
	Creative Work	Siddha Yoga	779413465 Rahu	2:52PM – 4:07PM	Kintughna Until 9:16PM	Nataraja: Clear	Moon 11 - Phase 31
				Amavasya* Until 10:08AM	Moon – Orange	Prathama	
					Margasira-Karttikai	Devaloka Day	
						Until 9:42PM Then Routine Work - Marana Yoga	

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Knoxville, TN Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 11:07AM – 12:22PM	Jyeshtha* Until 8:53PM	Ganesha: Blue <i>Sunrise:</i> 7:21AM	
		Yama 8:36AM – 9:52AM	Sukarma Until 7:49AM	Muruqa: Purple <i>Sunset:</i> 5:22PM	Moon 11 - Phase 32
		779413465 Rahu 12:22PM – 1:37PM	Balava Until 7:55PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:30AM	Moon – Orange	Devaloka Day
Until 8:53PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Knoxville, TN Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:52AM – 11:07AM	Mula* Until 9:02PM	Ganesha: Blue <i>Sunrise:</i> 7:22AM	
		Yama 7:22AM – 8:37AM	Shula* Until 4:16AM Fri	Muruqa: Purple <i>Sunset:</i> 5:22PM	Moon 11 - Phase 32
		789413465 Rahu 1:37PM – 2:52PM	Taitila Until 7:15PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:29AM	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Knoxville, TN Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:38AM – 9:53AM	Purvashadha* Until 9:45PM	Ganesha: Blue <i>Sunrise:</i> 7:23AM	
		Yama 2:52PM – 4:07PM	Ganda* Until 3:21AM Sat	Muruqa: Purple <i>Sunset:</i> 5:22PM	Moon 11 - Phase 32
		789413465 Rahu 11:08AM – 12:22PM	Vanija Until 7:19PM	Nataraja: Clear	3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 7:10AM	Moon – Light Blue	Devaloka Day
Until 9:45PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau	Knoxville, TN Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:24AM – 8:39AM	Uttarashadha Until 11:01PM	Ganesha: Blue <i>Sunrise:</i> 7:24AM	
		Yama 1:37PM – 2:52PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
		789413465 Rahu 9:53AM – 11:08AM	Bava Until 8:08PM	Nataraja: Clear	3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 7:37AM	Moon – Light Blue	Devaloka Day
Until 11:01PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Knoxville, TN Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:52PM – 4:07PM	Shravana Until 1:16AM Mon	Ganesha: Yellow <i>Sunrise:</i> 7:25AM	
		Yama 12:23PM – 1:38PM	Dhruva Until 3:09AM Mon	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
		799413465 Rahu 4:07PM – 5:21PM	Kaulava Until 9:39PM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:47AM	Moon – Purple	Sivaloka Day
Until 1:16AM Mon				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Knoxville, TN Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 1:38PM – 2:52PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:26AM	
Family Home Evening		Yama 11:09AM – 12:24PM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 Rahu 8:40AM – 9:55AM	Gara Until 11:42PM	Nataraja: Clear	3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Moon – Purple	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai	

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Knoxville, TN Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 12:24PM – 1:38PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:27AM	
		Yama 9:55AM – 11:10AM	Harshana Until 4:27AM Wed	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
		791413465 Rahu 2:52PM – 4:07PM	Visti Until 2:05AM Wed	Nataraja: Clear	Ashtami
Routine Work	Marana Yoga		Saptami Until 12:51PM	Moon – Purple	Sivaloka Day
Until 6:33AM Wed				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Knoxville, TN Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 11:10AM – 12:24PM	Shatabhishak Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 7:28AM	
		Yama 8:42AM – 9:56AM	Vajra* Until 5:15AM Thu	Muruqa: Purple <i>Sunset:</i> 5:21PM	Moon 11 - Phase 32
		791413465 Rahu 12:24PM – 1:38PM	Balava Until 4:36AM Thu	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:19PM	Moon – Purple	Sivaloka Day
Until 6:33AM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN
Meena Rasi: 1.31	Tithi 9 – 10	711413465	Gulika 9:57AM – 11:11AM Yama 7:29AM – 8:43AM Rahu 1:39PM – 2:53PM	Purvaproshtapada* Until 9:39AM Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:29AM Sunset: 5:21PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Knoxville, TN
Meena Rasi: 13.26	Tithi 10	711413465	Gulika 8:43AM – 9:57AM Yama 2:53PM – 4:07PM Rahu 11:11AM – 12:25PM	Uttaraproshtapada Until 12:27PM Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:29AM Sunset: 5:21PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
								Margasira-Karttikai

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Knoxville, TN
Meena Rasi: 25.28	Tithi 11	711513465	Gulika 7:30AM – 8:44AM Yama 1:39PM – 2:53PM Rahu 9:58AM – 11:12AM	Revati Until 2:46PM Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:30AM Sunset: 5:21PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work	Prabalarishta Yoga							Subha Sivaloka Day
Until 2:46PM								Margasira-Karttikai
Then Creative Work - Siddha Yoga								

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Knoxville, TN
Mesha Rasi: 7.4	Tithi 12	721513465	Gulika 2:54PM – 4:07PM Yama 12:26PM – 1:40PM Rahu 4:07PM – 5:21PM	Ashvini Until 4:59PM Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:31AM Sunset: 5:21PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 4:59PM								Margasira-Karttikai
Then Routine Work - Prabalarishta Yoga								

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Knoxville, TN
Mesha Rasi: 20.05	Tithi 13	721513465	Gulika 1:40PM – 2:54PM Yama 11:13AM – 12:26PM Rahu 8:46AM – 9:59AM	Bharani Until 6:30PM Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:32AM Sunset: 5:21PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening								Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai
Until 6:30PM								
Then Routine Work - Marana Yoga								<i>Pradosha Vrata</i>

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN
Vrishabha Rasi: 2.46	Tithi 14	721513465	Gulika 12:27PM – 1:41PM Yama 10:00AM – 11:13AM Rahu 2:54PM – 4:08PM	Krittika Until 7:18PM Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:33AM Sunset: 5:21PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work	Siddha Yoga							Sivaloka Day
Until 7:18PM								Tour Day
Then Creative Work - Amrita Yoga								Margasira-Karttikai

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN
Copper Retreat Star			Gulika 11:14AM – 12:27PM Yama 8:47AM – 10:00AM Rahu 12:27PM – 1:41PM	Rohini Until 7:52PM Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:33AM Sunset: 5:21PM		Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Vrishabha Rasi: 15.43	Tithi 15	731523465						Sivaloka Day
Creative Work	Siddha Yoga							Margasira-Karttikai

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN		
Silver Retreat Star			Gulika 10:01AM – 11:14AM Yama 7:34AM – 8:48AM Rahu 1:41PM – 2:55PM	Mrigashira Until 7:48PM Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:34AM Sunset: 5:22PM		Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Vrishabha Rasi: 28.56	Tithi 16	732523465						Devaloka Day
Routine Work	Marana Yoga							Margasira-Karttikai
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Knoxville, TN

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:48AM – 10:02AM
Yama 2:55PM – 4:08PM
Rahu 11:15AM – 12:28PM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:35AM

Muruqa: Clear *Sunset:* 5:22PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1 Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Knoxville, TN

Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:36AM – 8:49AM
Yama 1:42PM – 2:55PM
Rahu 10:02AM – 11:16AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:36AM

Muruqa: Clear *Sunset:* 5:22PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2 Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Knoxville, TN

Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:56PM – 4:09PM
Yama 12:29PM – 1:43PM
Rahu 4:09PM – 5:22PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:36AM

Muruqa: Clear *Sunset:* 5:22PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3 Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Knoxville, TN

Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:43PM – 2:56PM
Yama 11:17AM – 12:30PM
Rahu 8:50AM – 10:03AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:37AM

Muruqa: Clear *Sunset:* 5:23PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4 Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 12:30PM – 1:43PM
Yama 10:04AM – 11:17AM
Rahu 2:57PM – 4:10PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:37AM

Muruqa: Clear *Sunset:* 5:23PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Knoxville, TN

Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 11:18AM – 12:31PM
Yama 8:51AM – 10:04AM
Rahu 12:31PM – 1:44PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:38AM

Muruqa: Clear *Sunset:* 5:23PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 11:55AM

Then Routine Work - Marana Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 10:05AM – 11:18AM
Yama 7:39AM – 8:52AM
Rahu 1:44PM – 2:58PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:39AM

Muruqa: Clear *Sunset:* 5:24PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Knoxville, TN Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:52AM – 10:06AM Yama 2:58PM – 4:11PM Rahu 11:19AM – 12:32PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:39AM</i> Muruqa: Clear <i>Sunset: 5:24PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:40AM – 8:53AM Yama 1:45PM – 2:59PM Rahu 10:06AM – 11:19AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:40AM</i> Muruqa: Clear <i>Sunset: 5:25PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Knoxville, TN Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:59PM – 4:12PM Yama 12:33PM – 1:46PM Rahu 4:12PM – 5:25PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:40AM</i> Muruqa: Clear <i>Sunset: 5:25PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Knoxville, TN Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:46PM – 3:00PM Yama 11:20AM – 12:33PM Rahu 8:54AM – 10:07AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:41AM</i> Muruqa: Clear <i>Sunset: 5:26PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali <i>Pradosha Vrata (Fasting)</i>	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati					
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:34PM – 1:47PM Yama 10:08AM – 11:21AM Rahu 3:00PM – 4:13PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:41AM</i> Muruqa: Clear <i>Sunset: 5:26PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 11:21AM – 12:34PM Yama 8:55AM – 10:08AM Rahu 12:34PM – 1:47PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:42AM</i> Muruqa: Clear <i>Sunset: 5:27PM</i> Nataraja: Clear Moon – Orange	Devaloka Day Margasira*Markali	
Retreat Star Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
6		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Knoxville, TN Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 10:08AM – 11:22AM Yama 7:42AM – 8:55AM Rahu 1:48PM – 3:01PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:42AM</i> Muruqa: Clear <i>Sunset: 5:28PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day Pausha*Markali	
Retreat Star Creative Work Siddha Yoga		Annular Solar Eclipse					

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Knoxville, TN
Dhanus Rasi: 26.08	Tithi 2	883523466	Gulika 8:56AM – 10:09AM Yama 3:02PM – 4:15PM Rahu 11:22AM – 12:35PM	Purvashadha* Until 6:59AM Dhruva Until 10:31AM Balava Until 12:22PM Dvitiya Until 12:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:42AM Sunset: 5:28PM	Sun 14	Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Prabalarishta Yoga Until 6:59AM Then Routine Work - Marana Yoga								Devaloka Day

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Knoxville, TN
Makara Rasi: 8.49	Tithi 3	883523466	Gulika 7:43AM – 8:56AM Yama 1:49PM – 3:02PM Rahu 10:09AM – 11:23AM	Uttarashadha Until 8:04AM Vyaghata* Until 9:56AM Taitila Until 1:12PM Tritiya Until 1:49AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:43AM Sunset: 5:29PM	Sun 15	Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 8:04AM Then Creative Work - Siddha Yoga								Devaloka Day

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau				Knoxville, TN
Makara Rasi: 21.16	Tithi 4	893523466	Gulika 3:03PM – 4:16PM Yama 12:36PM – 1:50PM Rahu 4:16PM – 5:30PM	Shravana Until 10:02AM Harshana Until 9:48AM Vanija Until 2:37PM Chaturthi* Until 3:29AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:43AM Sunset: 5:30PM	Sun 16	Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 10:02AM Then Routine Work - Marana Yoga								Devaloka Day

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN
Kumbha Rasi: 3.28	Tithi 5	893523466	Gulika 1:50PM – 3:04PM Yama 11:23AM – 12:37PM Rahu 8:57AM – 10:10AM	Dhanishtha Until 12:20PM Vajra* Until 10:03AM Bava Until 4:31PM Panchami Until 5:36AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:43AM Sunset: 5:30PM	Sun 17	Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Family Home Evening Creative Work Siddha Yoga								Devaloka Day

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Knoxville, TN
Kumbha Rasi: 15.3	Tithi 6	893523466	Gulika 12:37PM – 1:51PM Yama 10:10AM – 11:24AM Rahu 3:04PM – 4:18PM	Shatabhishak Until 2:50PM Siddhi Until 10:36AM Kaulava Until 6:48PM Shashthi* Until 8:01AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:44AM Sunset: 5:31PM	Sun 18	Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga								Devaloka Day

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Knoxville, TN
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	Gulika 11:25AM – 12:38PM Yama 8:57AM – 10:11AM Rahu 12:38PM – 1:52PM	Purvaprosarthapada* Until 5:54PM Vyatipata* Until 11:21AM Gara Until 9:17PM Shashthi* Until 8:01AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 5:33PM	Sun 19	Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 5:54PM Then Creative Work - Siddha Yoga				Vinayaga Viratam Ends				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Knoxville, TN
Meena Rasi: 9.19	Tithi 7 – 8	813623466	Gulika 10:11AM – 11:25AM Yama 7:44AM – 8:58AM Rahu 1:52PM – 3:06PM	Uttaraprosarthapada Until 8:48PM Variyan Until 12:08PM Visti Until 11:46PM Saptami Until 10:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 5:33PM	Sun 20	Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami
Creative Work Siddha Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Knoxville, TN
Meena Rasi: 21.13	Tithi 8 – 9	813623466	Gulika 8:58AM – 10:12AM Yama 3:07PM – 4:20PM Rahu 11:25AM – 12:39PM	Revati Until 11:23PM Parigha* Until 12:51PM Balava Until 2:02AM Sat Ashtami* Until 12:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:44AM Sunset: 5:34PM	Sun 21	Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami
Creative Work Siddha Yoga Until 11:23PM Then Creative Work - Amrita Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Knoxville, TN Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:44AM – 8:58AM Yama 1:53PM – 3:07PM Rahu 10:12AM – 11:26AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:44AM Sunset: 5:35PM	Moon 12 - Phase 37 4th Phase Devaloka Day Pausha-Markali
Creative Work Siddha Yoga		Until 1:54AM Sun					
Then Routine Work - Prabalarishta Yoga							

2		Sunday, January 5, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Knoxville, TN Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 3:08PM – 4:22PM Yama 12:40PM – 1:54PM Rahu 4:22PM – 5:36PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:44AM Sunset: 5:36PM	Moon 12 - Phase 37 4th Phase Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga		Until 3:44AM Mon					
Then Routine Work - Marana Yoga		Subramuniaswami Jayanti					

3		Monday, January 6, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Knoxville, TN Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:55PM – 3:09PM Yama 11:26AM – 12:41PM Rahu 8:58AM – 10:12AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:44AM Sunset: 5:37PM	Moon 12 - Phase 37 4th Phase Devaloka Day Pausha-Markali
Family Home Evening		Until 4:45AM Tue					
Then Creative Work - Amrita Yoga		Vaikuntha Ekadasi					

4		Tuesday, January 7, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Knoxville, TN Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:41PM – 1:55PM Yama 10:13AM – 11:27AM Rahu 3:09PM – 4:23PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:44AM Sunset: 5:38PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Amrita Yoga		Until 5:22AM Wed					
Then Creative Work - Siddha Yoga		Pradosha Vrata					

5		Wednesday, January 8, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Knoxville, TN Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 11:27AM – 12:41PM Yama 8:59AM – 10:13AM Rahu 12:41PM – 1:56PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:44AM Sunset: 5:39PM	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Siddha Yoga		Until 5:09AM Thu					
Then Routine Work - Marana Yoga							

6		Thursday, January 9, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Knoxville, TN Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 10:13AM – 11:27AM Yama 7:44AM – 8:59AM Rahu 1:56PM – 3:11PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow Muruqa: Clear Nataraja: Orange Moon – Yellow	Sunrise: 7:44AM Sunset: 5:39PM	Moon 12 - Phase 37 4th Phase Devaloka Day Pausha-Markali
Routine Work Marana Yoga		Until 4:10AM Fri					
Then Creative Work - Siddha Yoga		Ardra Darshanam					

○		Friday, January 10, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Knoxville, TN Sun 27 Sutra 271 Vikarin 5121			
Copper Retreat Star		Mithuna Rasi: 20.58		Tithi 15 – 16	844623466	Gulika 8:59AM – 10:13AM Yama 3:11PM – 4:26PM Rahu 11:28AM – 12:42PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 7:44AM Sunset: 5:40PM	Moon 12 - Phase 37 Purnima Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga		Penumbra Lunar Eclipse								

○		Saturday, January 11, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Knoxville, TN Sun 27 Sutra 272 Vikarin 5121			
Silver Retreat Star		Kataka Rasi: 5.07		Tithi 16 – 17	844623466	Gulika 7:44AM – 8:59AM Yama 1:57PM – 3:12PM Rahu 10:13AM – 11:28AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White Muruqa: Clear Nataraja: Orange Moon – Blue	Sunrise: 7:44AM Sunset: 5:41PM	Moon 12 - Phase 37 Prathama Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga										

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada



Sunday, January 12, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 19.3 Tithi 17 - 18

844623466 Rahu 4:27PM - 5:42PM

Gulika 3:13PM - 4:27PM Ashlesha* Until 11:13PM

Yama 12:43PM - 1:58PM Priti Until 8:51PM

Rahu 4:27PM - 5:42PM Vanija Until 8:21PM

Then Routine Work - Marana Yoga

Ganesha: White Sunrise: 7:44AM

Muruqa: Clear Sunset: 5:42PM

Nataraja: Orange

Moon - Blue

Pausha-Markali

Sivaloka Day

1

Monday, January 13, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthiyam Titau

Knoxville, TN

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 4.01 Tithi 18 - 19

844623466 Rahu 8:58AM - 10:13AM

Gulika 1:58PM - 3:13PM Magha* Until 9:21PM

Yama 11:28AM - 12:43PM Ayushman Until 5:24PM

Rahu 8:58AM - 10:13AM Balava Until 4:16AM Tue

Then Creative Work - Siddha Yoga

Ganesha: Clear Sunrise: 7:44AM

Muruqa: Clear Sunset: 5:43PM

Nataraja: Orange

Moon - Red

Pausha-Markali

Devaloka Day

2

Tuesday, January 14, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Simha Rasi: 18.34 Tithi 20

844623466 Rahu 3:14PM - 4:29PM

Gulika 12:44PM - 1:59PM Purvaphalguni Until 7:23PM

Yama 10:14AM - 11:29AM Saubhagya Until 1:58PM

Rahu 3:14PM - 4:29PM Kaulava Until 2:57PM

Then Creative Work - Amrita Yoga

Ganesha: Clear Sunrise: 7:43AM

Muruqa: Clear Sunset: 5:44PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

Tour Day

3

Wednesday, January 15, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Knoxville, TN

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 3.03 Tithi 21

844623466 Rahu 12:44PM - 1:59PM

Gulika 11:29AM - 12:44PM Uttaraphalguni Until 5:26PM

Yama 8:58AM - 10:14AM Sobhana Until 10:40AM

Rahu 12:44PM - 1:59PM Gara Until 12:24PM

Then Routine Work - Marana Yoga

Ganesha: Clear Sunrise: 7:43AM

Muruqa: Clear Sunset: 5:45PM

Nataraja: Orange

Moon - Red

Pausha-Thai

Devaloka Day

4

Thursday, January 16, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 17.24 Tithi 22

864623466 Rahu 2:00PM - 3:15PM

Gulika 10:14AM - 11:29AM Hasta Until 4:00PM

Yama 7:43AM - 8:58AM Athiganda* Until 7:30AM

Rahu 2:00PM - 3:15PM Visti Until 10:04AM

Then Creative Work - Siddha Yoga

Ganesha: Purple Sunrise: 7:43AM

Muruqa: Clear Sunset: 5:46PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.34 Tithi 23

844623466 Rahu 11:29AM - 12:45PM

Gulika 8:58AM - 10:14AM Chitra Until 2:43PM

Yama 3:16PM - 4:32PM Dhriti Until 1:56AM Sat

Rahu 11:29AM - 12:45PM Balava Until 8:01AM

Then Creative Work - Siddha Yoga

Ganesha: Purple Sunrise: 7:42AM

Muruqa: Clear Sunset: 5:47PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Knoxville, TN

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Tula Rasi: 15.31 Tithi 24 - 25

864623466 Rahu 10:14AM - 11:29AM

Gulika 7:42AM - 8:58AM Svati Until 1:39PM

Yama 2:01PM - 3:17PM Shula* Until 11:33PM

Rahu 10:14AM - 11:29AM Taitila Until 6:19AM

Then Creative Work - Siddha Yoga

Ganesha: Purple Sunrise: 7:42AM

Muruqa: Clear Sunset: 5:48PM

Nataraja: Orange

Moon - Green

Pausha-Thai

Sivaloka Day


1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Knoxville, TN Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 25 – 26	Gulika 3:17PM – 4:33PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise: 7:42AM</i>	
		Yama 12:45PM – 2:01PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset: 5:49PM</i>	Moon 1 - Phase 39
		874623466 Rahu 4:33PM – 5:49PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Knoxville, TN Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 2:02PM – 3:18PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise: 7:41AM</i>	
Family Home Evening		Yama 11:30AM – 12:46PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset: 5:50PM</i>	Moon 1 - Phase 39
		874623466 Rahu 8:57AM – 10:13AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Knoxville, TN Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:46PM – 2:02PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise: 7:41AM</i>	
		Yama 10:13AM – 11:30AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset: 5:51PM</i>	Moon 1 - Phase 39
		875623466 Rahu 3:19PM – 4:35PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Knoxville, TN Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 11:30AM – 12:46PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise: 7:40AM</i>	
		Yama 8:57AM – 11:30AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset: 5:52PM</i>	Moon 1 - Phase 39
		885623466 Rahu 12:46PM – 2:03PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Knoxville, TN Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 10:13AM – 11:30AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise: 7:40AM</i>	
		Yama 7:40AM – 8:56AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset: 5:53PM</i>	Moon 1 - Phase 39
		885623466 Rahu 2:03PM – 3:20PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Knoxville, TN Sun 13 Sutra 285 Vikarin 5121
Retreat Star		Gulika 8:56AM – 10:13AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise: 7:39AM</i>	
Makara Rasi: 4.37	Tithi 30 – 1	Yama 3:20PM – 4:37PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset: 5:54PM</i>	Moon 1 - Phase 39
		885623466 Rahu 11:30AM – 12:47PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Saturday, January 25, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Knoxville, TN Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 7:39AM – 8:56AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise: 7:39AM</i>	
		Yama 2:04PM – 3:21PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset: 5:55PM</i>	Moon 1 - Phase 39
		995623466 Rahu 10:13AM – 11:30AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha -Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau	Knoxville, TN Sun 15 Sutra 287 Vikarin 5121
Makara Rasi: 29.23	Tithi 2	Gulika 3:22PM – 4:39PM	Dhanishtha Until 8:21PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple	Sunrise: 7:38AM Sunset: 5:56PM Moon 1 - Phase 40 3rd Phase
Routine Work	Marana Yoga	Yama 12:47PM – 2:04PM	Vyatipata* Until 3:57PM	Devaloka Day	
Until 8:21PM		995723466 Rahu 4:39PM – 5:56PM	Balava Until 6:56AM		
Then Creative Work - Siddha Yoga			Dvitiya Until 7:50PM		

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau	Knoxville, TN Sun 16 Sutra 288 Vikarin 5121
Kumbha Rasi: 11.31	Tithi 3	Gulika 2:05PM – 3:22PM	Shatabhishak Until 10:45PM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Purple	Sunrise: 7:37AM Sunset: 5:57PM Moon 1 - Phase 40 3rd Phase
Family Home Evening		Yama 11:30AM – 12:47PM	Variyan Until 4:23PM	Devaloka Day	
Creative Work	Siddha Yoga	995723466 Rahu 8:55AM – 10:12AM	Taitila Until 8:52AM		
Until 10:45PM			Tritiya Until 9:56PM		
Then Routine Work - Marana Yoga					

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau	Knoxville, TN Sun 17 Sutra 289 Vikarin 5121
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:48PM – 2:05PM	Purvaproshtapada* Until 1:44AM Wed	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:37AM Sunset: 5:58PM Moon 1 - Phase 40 3rd Phase
Routine Work	Marana Yoga	Yama 10:12AM – 11:30AM	Parigha* Until 5:02PM	Sivaloka Day	
Until 1:44AM Wed		915723466 Rahu 3:23PM – 4:41PM	Vanija Until 11:06AM		
Then Creative Work - Siddha Yoga			Chaturthi* Until 12:18AM Wed		

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau	Knoxville, TN Sun 18 Sutra 290 Vikarin 5121
Meena Rasi: 5.26	Tithi 5	Gulika 11:30AM – 12:48PM	Uttaraproshtapada Until 4:41AM Thu	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:36AM Sunset: 5:59PM Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga	Yama 8:54AM – 10:12AM	Shiva Until 5:51PM	Sivaloka Day	
		915723466 Rahu 12:48PM – 2:06PM	Bava Until 1:34PM		
			Panchami Until 2:49AM Thu		

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau	Knoxville, TN Sun 19 Sutra 291 Vikarin 5121
Meena Rasi: 17.19	Tithi 6	Gulika 10:12AM – 11:30AM	Revati Until 7:26AM Fri	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:35AM Sunset: 6:00PM Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga	Yama 7:35AM – 8:53AM	Siddha Until 6:40PM	Devaloka Day	
Until 7:26AM Fri		916723466 Rahu 2:06PM – 3:24PM	Kaulava Until 4:06PM		
Then Creative Work - Amrita Yoga			Shashthi* Until 5:19AM Fri		

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau	Knoxville, TN Sun 20 Sutra 292 Vikarin 5121
Meena Rasi: 29.11	Tithi 7	Gulika 8:53AM – 10:11AM	Revati Until 7:26AM	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Clear	Sunrise: 7:34AM Sunset: 6:02PM Moon 1 - Phase 40 3rd Phase
Creative Work	Siddha Yoga	Yama 3:25PM – 4:43PM	Sadhya Until 7:25PM	Devaloka Day	
Until 7:26AM		916723466 Rahu 11:30AM – 12:48PM	Gara Until 6:32PM		
Then Creative Work - Amrita Yoga			Saptami Until 7:38AM Sat		

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Knoxville, TN Sun 21 Sutra 293 Vikarin 5121
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:34AM – 8:53AM	Ashvini Until 10:20AM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:34AM Sunset: 6:02PM Moon 1 - Phase 40 Ashtami
Creative Work	Siddha Yoga	Yama 2:06PM – 3:25PM	Subha Until 7:57PM	Bhuloka Day	
		926723466 Rahu 10:11AM – 11:30AM	Visti Until 8:40PM	Devaloka Time: 3:PM to 6:PM	
			Saptami Until 7:38AM		

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Knoxville, TN Sun 22 Sutra 294 Vikarin 5121
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 3:25PM – 4:44PM	Bharani Until 12:39PM	Ganesha: Green Muruqa: Clear Nataraja: Orange Moon – White	Sunrise: 7:34AM Sunset: 6:03PM Moon 1 - Phase 40 Navami
Routine Work	Prabalarishta Yoga	Yama 12:48PM – 2:07PM	Sukla Until 8:05PM	Bhuloka Day	
Until 12:39PM		926723466 Rahu 4:44PM – 6:03PM	Balava Until 10:18PM	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			Ashtami* Until 9:32AM		

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Knoxville, TN Sun 23 Sutra 295
1		Gulika 2:07PM – 3:26PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:33AM	Vikarin 5121
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 11:29AM – 12:48PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:52AM – 10:11AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Routine Work Marana Yoga			Navami* Until 10:50AM	Moon – White		
Until 2:12PM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 296
2		Gulika 12:48PM – 2:07PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:32AM	Vikarin 5121
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 10:10AM – 11:29AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 1 - Phase 41
	936723467	Rahu 3:26PM – 4:46PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga			Dashami Until 11:21AM	Moon – Yellow		
Until 3:20PM				Magha*Thai	Devaloka Day	
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 297
3		Gulika 11:29AM – 12:48PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:31AM	Vikarin 5121
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:51AM – 10:10AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 1 - Phase 41
	936723467	Rahu 12:48PM – 2:08PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 11:02AM	Moon – Yellow		
				Magha*Thai	Devaloka Day	

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 298
4		Gulika 10:09AM – 11:29AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 7:30AM	Vikarin 5121
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 7:30AM – 8:50AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 6:07PM	Moon 1 - Phase 41
	936723467	Rahu 2:08PM – 3:28PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dvadashi Until 9:54AM	Moon – Yellow		
Until 2:41PM				Magha*Thai	Devaloka Day	
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 299
5		Gulika 8:49AM – 10:09AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM	Vikarin 5121
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 3:28PM – 4:48PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 6:08PM	Moon 1 - Phase 41
	947723467	Rahu 11:29AM – 12:49PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 8:00AM	Moon – Blue		
Until 1:28PM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28 Sutra 300
6		Gulika 7:29AM – 8:49AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:29AM	Vikarin 5121
Kataka Rasi: 13.17	Tithi 15	Yama 2:09PM – 3:29PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 6:09PM	Moon 1 - Phase 41
	947723467	Rahu 10:09AM – 11:29AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work Siddha Yoga			Purnima* Until 2:30AM Sun	Moon – Blue		
Until 11:31AM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Knoxville, TN Sun 29 Sutra 301
7		Gulika 3:29PM – 4:49PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:28AM	Vikarin 5121
Kataka Rasi: 28.02	Tithi 16	Yama 12:49PM – 2:09PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:10PM	Moon 1 - Phase 41
	947723467	Rahu 4:49PM – 6:10PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work Siddha Yoga			Prathama* Until 11:13PM	Moon – Blue		
Until 9:01AM				Magha*Thai	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:09PM – 3:30PM
Yama 11:28AM – 12:49PM
Rahu 8:47AM – 10:08AM
Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Ganesha: Red *Sunrise: 7:27AM*
Muruqa: Clear *Sunset: 6:11PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Knoxville, TN
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:49PM – 2:09PM
Yama 10:07AM – 11:28AM
Rahu 3:30PM – 4:51PM
Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Ganesha: Red *Sunrise: 7:26AM*
Muruqa: Clear *Sunset: 6:12PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Knoxville, TN
Sun 1
Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 – 20
967723467
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 11:28AM – 12:49PM
Yama 8:46AM – 10:07AM
Rahu 12:49PM – 2:10PM
Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Ganesha: Green *Sunrise: 7:25AM*
Muruqa: Clear *Sunset: 6:13PM*
Nataraja: Clear
Moon – Green
Magha*Thai

Knoxville, TN
Sun 2
Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:06AM – 11:27AM
Yama 7:24AM – 8:45AM
Rahu 2:10PM – 3:31PM
Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Ganesha: White *Sunrise: 7:24AM*
Muruqa: Clear *Sunset: 6:14PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Knoxville, TN
Sun 3
Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:44AM – 10:06AM
Yama 3:32PM – 4:53PM
Rahu 11:27AM – 12:49PM
Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Ganesha: White *Sunrise: 7:23AM*
Muruqa: Clear *Sunset: 6:15PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Knoxville, TN
Sun 4
Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.04 Tithi 22 – 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 7:21AM – 8:43AM
Yama 2:10PM – 3:32PM
Rahu 10:05AM – 11:27AM
Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Ganesha: Clear *Sunrise: 7:21AM*
Muruqa: Clear *Sunset: 6:16PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Knoxville, TN
Sun 5
Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 9.44 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 3:33PM – 4:55PM
Yama 12:49PM – 2:11PM
Rahu 4:55PM – 6:17PM
Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Ganesha: Clear *Sunrise: 7:20AM*
Muruqa: Clear *Sunset: 6:17PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Knoxville, TN
Sun 6
Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day

Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Knoxville, TN	
1		Jyeshtha* Until 6:33PM		Sun 7 Sutra 309	
Vrischika Rasi: 23.04		Gulika 2:11PM – 3:33PM		Ganesha: Clear Sunrise: 7:19AM	
Tithi 25		Yama 11:26AM – 12:49PM		Muruqa: Clear Sunset: 6:18PM	
Family Home Evening		Rahu 8:42AM – 10:04AM		Nataraja: Clear	
Creative Work Siddha Yoga		Harshana Until 10:12PM		Moon 2 - Phase 43	
		Vanija Until 4:01PM		2nd Phase	
		Dashami Until 4:03AM Tue		Devaloka Day	
				Magha-Masi	

Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Knoxville, TN	
2		Mula* Until 7:36PM		Sun 8 Sutra 310	
Dhanus Rasi: 6.04		Gulika 12:48PM – 2:11PM		Ganesha: Purple Sunrise: 7:18AM	
Tithi 26		Yama 10:03AM – 11:26AM		Muruqa: Clear Sunset: 6:19PM	
Creative Work Amrita Yoga		Rahu 3:34PM – 4:56PM		Nataraja: Clear	
Until 7:36PM		Vajra* Until 9:19PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Bava Until 4:16PM		2nd Phase	
		Ekadashi* Until 4:34AM Wed		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Knoxville, TN	
3		Purvashadha* Until 8:58PM		Sun 9 Sutra 311	
Dhanus Rasi: 18.49		Gulika 11:26AM – 12:48PM		Ganesha: Purple Sunrise: 7:17AM	
Tithi 27		Yama 8:40AM – 10:03AM		Muruqa: Clear Sunset: 6:20PM	
Creative Work Amrita Yoga		Rahu 12:48PM – 2:11PM		Nataraja: Clear	
Until 7:36PM		Siddhi Until 8:49PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Kaulava Until 5:01PM		2nd Phase	
		Dvadashi* Until 5:32AM Thu		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Knoxville, TN	
4		Uttarashadha Until 10:35PM		Sun 10 Sutra 312	
Makara Rasi: 1.2		Gulika 10:02AM – 11:25AM		Ganesha: Purple Sunrise: 7:16AM	
Tithi 28		Yama 7:16AM – 8:39AM		Muruqa: Clear Sunset: 6:21PM	
Routine Work Marana Yoga		Rahu 2:11PM – 3:34PM		Nataraja: Clear	
Until 10:35PM		Vyatipata* Until 8:40PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Gara Until 6:12PM		2nd Phase	
		Trayodashi* Until 6:55AM Fri		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Pradosha Vrata (Fasting)	

Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Knoxville, TN	
5		Shravana Until 12:52AM Sat		Sun 11 Sutra 313	
Makara Rasi: 13.42		Gulika 8:38AM – 10:01AM		Ganesha: Light Blue Sunrise: 7:15AM	
Tithi 28 – 29		Yama 3:35PM – 4:58PM		Muruqa: Clear Sunset: 6:22PM	
Routine Work Marana Yoga		Rahu 11:25AM – 12:48PM		Nataraja: Clear	
Until 12:52AM Sat		Variyan Until 8:45PM		Moon 2 - Phase 43	
Then Creative Work - Siddha Yoga		Visti Until 7:45PM		2nd Phase	
		Trayodashi* Until 6:55AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	
				Mahasivaratri (Lunar)	
				Mahasivaratri (Solar)	

Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Knoxville, TN	
Retreat Star		Dhanishtha Until 3:16AM Sun		Sun 12 Sutra 314	
Makara Rasi: 25.55		Gulika 7:13AM – 8:37AM		Ganesha: Light Blue Sunrise: 7:13AM	
Tithi 29 – 30		Yama 2:12PM – 3:35PM		Muruqa: Clear Sunset: 6:23PM	
Creative Work Siddha Yoga		Rahu 10:01AM – 11:24AM		Nataraja: Clear	
Until 5:43AM Mon		Parigha* Until 9:04PM		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga		Catuspada Until 9:36PM		Amavasya	
		Chaturdashi* Until 8:37AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Magha-Masi	

Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Knoxville, TN	
Retreat Star		Shatabhishak Until 5:43AM Mon		Sun 13 Sutra 315	
Kumbha Rasi: 8.02		Gulika 3:36PM – 5:00PM		Ganesha: Light Blue Sunrise: 7:12AM	
Tithi 30 – 1		Yama 12:48PM – 2:12PM		Muruqa: Clear Sunset: 6:23PM	
Creative Work Siddha Yoga		Rahu 5:00PM – 6:23PM		Nataraja: Clear	
Until 5:43AM Mon		Shiva Until 9:36PM		Moon 2 - Phase 43	
Then Routine Work - Marana Yoga		Kintughna Until 11:42PM		Prathama	
		Amavasya* Until 10:36AM		Bhuloka Day	
				Devaloka Time: 3:PM to 6:PM	
				Phalgun-Masi	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 20.03 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Tithi 1 - 2 919823467	Gulika 2:12PM - 3:36PM Yama 11:24AM - 12:48PM Rahu 8:35AM - 9:59AM	Purvaproshtapada* Until 8:41AM Tue Siddha Until 10:15PM Balava Until 2:00AM Tue Prathama* Until 12:48PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Clear Phalguna-Masi	Sunrise: 7:11AM Sunset: 6:24PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Knoxville, TN Sun 15 Sutra 317 Vikarin 5121
2	Meena Rasi: 1.59 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Tithi 2 - 3 919823467	Gulika 12:48PM - 2:12PM Yama 9:59AM - 11:23AM Rahu 3:36PM - 5:01PM	Purvaproshtapada* Until 8:41AM Sadhya Until 11:02PM Taitila Until 4:27AM Wed Dvitiya Until 3:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Clear Phalguna-Masi	Sunrise: 7:10AM Sunset: 6:25PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Knoxville, TN Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 13.53 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Tithi 3 - 4 919823467	Gulika 11:23AM - 12:47PM Yama 8:33AM - 9:58AM Rahu 12:47PM - 2:12PM	Uttaraproshtapada Until 11:36AM Subha Until 11:55PM Vanija Until 6:58AM Thu Tritiya Until 5:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Clear Phalguna-Masi	Sunrise: 7:09AM Sunset: 6:26PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau				Knoxville, TN Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 25.45 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Tithi 4 919823467	Gulika 9:57AM - 11:22AM Yama 7:07AM - 8:32AM Rahu 2:12PM - 3:37PM	Revati Until 2:25PM Sukla Until 12:45AM Fri Vanija Until 6:58AM Chaturthi* Until 8:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon - Clear Phalguna-Masi	Sunrise: 7:07AM Sunset: 6:27PM Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Knoxville, TN Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 7.37 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Tithi 5 921823467	Gulika 8:31AM - 9:57AM Yama 3:38PM - 5:03PM Rahu 11:22AM - 12:47PM	Ashvini Until 5:29PM Brahma Until 1:31AM Sat Bava Until 9:27AM Panchami Until 10:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - White Phalguna-Masi	Sunrise: 7:06AM Sunset: 6:28PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Knoxville, TN Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 19.33 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Tithi 6 921823467	Gulika 7:05AM - 8:30AM Yama 2:12PM - 3:38PM Rahu 9:56AM - 11:21AM	Bharani Until 8:10PM Indra Until 2:05AM Sun Kaulava Until 11:45AM Shashthi* Until 12:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon - White Phalguna-Masi	Sunrise: 7:05AM Sunset: 6:29PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Knoxville, TN Sun 20 Sutra 322 Vikarin 5121
Retreat Star			Gulika 3:39PM - 5:05PM Yama 12:46PM - 2:13PM Rahu 5:05PM - 6:31PM	Krittika Until 10:16PM Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM Saptami Until 2:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon - White Phalguna-Masi	Sunrise: 7:02AM Sunset: 6:31PM Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Knoxville, TN Sun 21 Sutra 323 Vikarin 5121
Retreat Star			Gulika 2:13PM - 3:39PM Yama 11:20AM - 12:46PM Rahu 8:27AM - 9:54AM	Rohini Until 12:04AM Tue Vishkambha* Until 1:54AM Tue Visti Until 3:01PM Ashtami* Until 3:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon - Yellow Phalguna-Masi	Sunrise: 7:01AM Sunset: 6:32PM Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Knoxville, TN Sun 22 Sutra 324 Vikarin 5121
Retreat Star			Gulika 12:46PM - 2:13PM Yama 9:53AM - 11:19AM Rahu 3:39PM - 5:06PM	Mrigashira Until 12:55AM Wed Priti Until 12:57AM Wed Balava Until 3:36PM Navami* Until 3:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon - Yellow Phalguna-Masi	Sunrise: 6:59AM Sunset: 6:33PM Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau	Knoxville, TN Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.26	Tithi 10	Gulika 11:19AM – 12:46PM	Ardra Until 12:47AM Thu	Ganesha: Red <i>Sunrise:</i> 6:58AM	
		Yama 8:25AM – 9:52AM	Ayushman Until 11:18PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 2 - Phase 45
		131833467 Rahu 12:46PM – 2:13PM	Taitila Until 3:19PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Dashami Until 2:49AM Thu	Moon – Yellow	Devaloka Day
Until 12:47AM Thu				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau	Knoxville, TN Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:51AM – 11:18AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:57AM	
		Yama 6:57AM – 8:24AM	Saubhagya Until 8:58PM	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 2 - Phase 45
		141833467 Rahu 2:13PM – 3:40PM	Vanija Until 2:09PM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Ekadashi Until 1:14AM Fri	Moon – Blue	Bhuloka Day
Until 12:05AM Fri				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Knoxville, TN Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 6.48	Tithi 12	Gulika 8:23AM – 9:50AM	Pushya Until 10:29PM	Ganesha: Blue <i>Sunrise:</i> 6:55AM	
		Yama 3:40PM – 5:08PM	Sobhana Until 6:00PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 2 - Phase 45
		141833467 Rahu 11:18AM – 12:45PM	Bava Until 12:10PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 10:53PM	Moon – Blue	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Knoxville, TN Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.13	Tithi 13	Gulika 6:54AM – 8:22AM	Ashlesha* Until 8:07PM	Ganesha: Blue <i>Sunrise:</i> 6:54AM	
		Yama 2:13PM – 3:41PM	Athiganda* Until 2:29PM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 2 - Phase 45
		141833467 Rahu 9:50AM – 11:17AM	Kaulava Until 9:29AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Trayodashi Until 7:54PM	Moon – Blue	Bhuloka Day
Until 8:07PM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
			<i>Pradosha Vrata</i>		

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau	Knoxville, TN Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:41PM – 5:09PM	Magha* Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:53AM	
		Yama 12:45PM – 2:13PM	Sukarma Until 10:34AM	Muruqa: Orange <i>Sunset:</i> 6:37PM	Moon 2 - Phase 45
		151833467 Rahu 5:09PM – 6:37PM	Gara Until 6:15AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:27PM	Moon – Red	Devaloka Day
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi	
Then Creative Work - Siddha Yoga					

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Knoxville, TN Sun 28 Sutra 330 Vikarin 5121
Copper Retreat Star		Gulika 2:13PM – 3:41PM	Purvaphalguni Until 2:34PM	Ganesha: White <i>Sunrise:</i> 6:51AM	
Simha Rasi: 21.12	Tithi 15 – 16	Yama 11:16AM – 12:45PM	Dhriti Until 6:23AM	Muruqa: Orange <i>Sunset:</i> 6:38PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 8:20AM – 9:48AM	Balava Until 10:49PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 12:43PM	Moon – Red	Sivaloka Day
		Holi		Phalguna-Masi	

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Knoxville, TN Sun 29 Sutra 331 Vikarin 5121
Silver Retreat Star		Gulika 12:44PM – 2:13PM	Uttaraphalguni Until 11:22AM	Ganesha: White <i>Sunrise:</i> 6:50AM	
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:47AM – 11:16AM	Ganda* Until 9:41PM	Muruqa: Orange <i>Sunset:</i> 6:39PM	Moon 2 - Phase 45
		152833467 Rahu 3:42PM – 5:10PM	Taitila Until 6:59PM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 8:53AM	Moon – Red	Sivaloka Day
Until 11:22AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Knoxville, TN

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467 Rahu

Gulika 11:15AM - 12:44PM
Yama 8:17AM - 9:46AM
Rahu 12:44PM - 2:13PM

Hasta Until 8:31AM
Vriddhi Until 5:31PM
Vanija Until 3:18PM

Ganesha: Clear
Muruqa: Orange
Nataraja: Clear
Moon - Green

Sunrise: 6:48AM
Sunset: 6:40PM

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

Thursday, March 12, 2020

1

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Knoxville, TN

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467 Rahu

Gulika 9:45AM - 11:15AM
Yama 6:47AM - 8:16AM
Rahu 2:13PM - 3:42PM

Svati Until 3:24AM Fri
Dhruva Until 1:36PM
Bava Until 11:57AM
Chaturthi* Until 10:25PM

Ganesha: Clear
Muruqa: Orange
Nataraja: Clear
Moon - Green

Sunrise: 6:47AM
Sunset: 6:40PM

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

Friday, March 13, 2020

2

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Knoxville, TN

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467 Rahu

Gulika 8:15AM - 9:45AM
Yama 3:42PM - 5:12PM
Rahu 11:14AM - 12:43PM

Vishakha Until 1:51AM Sat
Vyaghata* Until 10:06AM
Kaulava Until 9:04AM
Panchami Until 7:50PM

Ganesha: Purple
Muruqa: Orange
Nataraja: Clear
Moon - Orange

Sunrise: 6:46AM
Sunset: 6:41PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:42PM Sat

Then Routine Work - Marana Yoga

Saturday, March 14, 2020

3

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Knoxville, TN

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 - 22

172833468 Rahu

Gulika 6:44AM - 8:14AM
Yama 2:13PM - 3:43PM
Rahu 9:44AM - 11:13AM

Anuradha Until 12:52AM Sun
Harshana Until 7:08AM
Gara Until 6:49AM
Shashthi* Until 5:56PM

Ganesha: Purple
Muruqa: Orange
Nataraja: Purple
Moon - Orange

Sunrise: 6:44AM
Sunset: 6:42PM

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Sunday, March 15, 2020

4

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Knoxville, TN

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 - 23

172933468 Rahu

Gulika 3:43PM - 5:13PM
Yama 12:43PM - 2:13PM
Rahu 5:13PM - 6:43PM

Jyeshtha* Until 12:31AM Mon
Siddhi Until 2:58AM Mon
Balava Until 4:33AM Mon
Saptami Until 4:48PM

Ganesha: Clear
Muruqa: Orange
Nataraja: Purple
Moon - Orange

Sunrise: 6:43AM
Sunset: 6:43PM

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 - 24

182933468 Rahu

Gulika 2:13PM - 3:43PM
Yama 11:12AM - 12:43PM
Rahu 8:12AM - 9:42AM

Mula* Until 1:13AM Tue
Vyatipata* Until 1:50AM Tue
Taitila Until 4:36AM Tue
Ashtami* Until 4:28PM

Ganesha: Purple
Muruqa: Orange
Nataraja: Purple
Moon - Light Blue

Sunrise: 6:41AM
Sunset: 6:44PM

Devaloka Day

Creative Work Siddha Yoga

Until 8:12AM Mon

Then Creative Work - Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Knoxville, TN

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 - 25

182933468 Rahu

Gulika 12:42PM - 2:13PM
Yama 9:41AM - 11:12AM
Rahu 3:44PM - 5:14PM

Purvashadha* Until 2:29AM Wed
Variyan Until 1:14AM Wed
Vanija Until 5:21AM Wed
Navami* Until 4:52PM

Ganesha: Purple
Muruqa: Orange
Nataraja: Purple
Moon - Light Blue

Sunrise: 6:40AM
Sunset: 6:45PM

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Knoxville, TN Sun 8 Sutra 339
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 11:11AM – 12:42PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	Vikarin 5121
		Yama 8:09AM – 9:40AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 47
	182933468	Rahu 12:42PM – 2:13PM	Bava Until 6:42AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		
Until 4:10AM Thu				Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Knoxville, TN Sun 9 Sutra 340
Makara Rasi: 10.5	Tithi 26	Gulika 9:39AM – 11:11AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Vikarin 5121
		Yama 6:37AM – 8:08AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:46PM	Moon 3 - Phase 47
	192933468	Rahu 2:13PM – 3:44PM	Bava Until 6:42AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple		
				Phalguna-Panguni		Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Knoxville, TN Sun 10 Sutra 341
Makara Rasi: 23.01	Tithi 27	Gulika 8:07AM – 9:39AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:36AM	Vikarin 5121
		Yama 3:44PM – 5:16PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 47
	192933468	Rahu 11:10AM – 12:41PM	Kaulava Until 8:30AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		
Until 6:37AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Knoxville, TN Sun 11 Sutra 342
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:34AM – 8:06AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	Vikarin 5121
		Yama 2:13PM – 3:45PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:48PM	Moon 3 - Phase 47
	192933468	Rahu 9:38AM – 11:09AM	Gara Until 10:36AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		
Until 9:12AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthpada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Knoxville, TN Sun 12 Sutra 343
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:45PM – 5:17PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 6:33AM	Vikarin 5121
		Yama 12:41PM – 2:13PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 47
	193933468	Rahu 5:17PM – 6:49PM	Visti Until 12:53PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		
				Phalguna-Panguni		Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Knoxville, TN Sun 13 Sutra 344
Kumbha Rasi: 28.56	Tithi 30	Gulika 2:13PM – 3:45PM	Purvaprosarthpada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Vikarin 5121
Family Home Evening		Yama 11:08AM – 12:41PM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 8:04AM – 9:36AM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		
Then Creative Work - Siddha Yoga				Phalguna-Panguni		Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Knoxville, TN Sun 14 Sutra 345
Meena Rasi: 10.49	Tithi 1	Gulika 12:40PM – 2:13PM	Uttaraprosarthpada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Vikarin 5121
		Yama 9:35AM – 11:08AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 47
	113933468	Rahu 3:45PM – 5:18PM	Kintughna Until 5:43PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		
Until 5:47PM		Yugadhi		Chaitra-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Knoxville, TN Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 11:07AM – 12:40PM	Revati Until 8:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:29AM	
		Yama 8:01AM – 9:34AM	Indra Until 5:55AM Thu	Muruqa: Orange <i>Sunset:</i> 6:51PM	Moon 3 - Phase 48
		113933468 Rahu 12:40PM – 2:13PM	Balava Until 8:10PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear	Sivaloka Day
				Chaitra-Panguni	

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Knoxville, TN Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:33AM – 11:07AM	Ashvini Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 6:27AM	
		Yama 6:27AM – 8:00AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange <i>Sunset:</i> 6:52PM	Moon 3 - Phase 48
		123933468 Rahu 2:13PM – 3:46PM	Taitila Until 10:33PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 9:21AM	Moon – White	Sivaloka Day
Until 11:36PM		Chellappaswami Mahasamadhi		Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Knoxville, TN Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:59AM – 9:33AM	Bharani Until 2:19AM Sat	Ganesha: Red <i>Sunrise:</i> 6:26AM	
		Yama 3:46PM – 5:20PM	Vaidhriti* Until 6:41AM	Muruqa: Orange <i>Sunset:</i> 6:53PM	Moon 3 - Phase 48
		123933468 Rahu 11:06AM – 12:39PM	Vanija Until 12:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White	Sivaloka Day
Until 2:19AM Sat				Chaitra-Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Knoxville, TN Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 6:24AM – 7:58AM	Krittika Until 4:37AM Sun	Ganesha: Red <i>Sunrise:</i> 6:24AM	
		Yama 2:13PM – 3:46PM	Vishkambha* Until 7:20AM	Muruqa: Orange <i>Sunset:</i> 6:54PM	Moon 3 - Phase 48
		123933468 Rahu 9:32AM – 11:05AM	Bava Until 2:44AM Sun	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White	Sivaloka Day
Until 4:37AM Sun				Chaitra-Panguni	
Then Creative Work - Siddha Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Knoxville, TN Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:47PM – 5:21PM	Rohini Until 6:50AM Mon	Ganesha: Blue <i>Sunrise:</i> 6:23AM	
		Yama 12:39PM – 2:13PM	Priti Until 7:46AM	Muruqa: Orange <i>Sunset:</i> 6:55PM	Moon 3 - Phase 48
		133933468 Rahu 5:21PM – 6:55PM	Kaulava Until 4:16AM Mon	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow	Subha Sivaloka Day
Until 6:50AM Mon				Chaitra-Panguni	
Then Creative Work - Amrita Yoga					

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Knoxville, TN Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 22.53	Tithi 6 – 7	Gulika 2:13PM – 3:47PM	Rohini Until 6:50AM	Ganesha: Blue <i>Sunrise:</i> 6:21AM	
Family Home Evening		Yama 11:04AM – 12:38PM	Ayushman Until 7:50AM	Muruqa: Orange <i>Sunset:</i> 6:55PM	Moon 3 - Phase 48
		133933468 Rahu 7:56AM – 9:30AM	Gara Until 5:13AM Tue	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra-Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Knoxville, TN Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:38PM – 2:13PM	Mrigashira Until 8:17AM	Ganesha: Blue <i>Sunrise:</i> 6:20AM	
		Yama 9:29AM – 11:04AM	Saubhagya Until 7:26AM	Muruqa: Orange <i>Sunset:</i> 6:56PM	Moon 3 - Phase 48
		133933468 Rahu 3:47PM – 5:22PM	Visti Until 5:26AM Wed	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow	Subha Sivaloka Day
Until 8:17AM				Chaitra-Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Knoxville, TN Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 11:04AM – 12:38PM	Ardra Until 8:53AM	Ganesha: Blue <i>Sunrise:</i> 6:20AM	
		Yama 7:55AM – 9:29AM	Sobhana Until 6:29AM	Muruqa: Orange <i>Sunset:</i> 6:56PM	Moon 3 - Phase 48
		133933468 Rahu 12:38PM – 2:13PM	Balava Until 4:51AM Thu	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra-Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Knoxville, TN Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 9:28AM – 11:03AM	Punarvasu Until 8:59AM	Ganesha: Yellow <i>Sunrise:</i> 6:19AM	
		Yama 6:19AM – 7:53AM	Sukarma Until 2:37AM Fri	Muruqa: Orange <i>Sunset:</i> 6:57PM	Moon 3 - Phase 48
		143933468 Rahu 2:13PM – 3:47PM	Taitila Until 3:26AM Fri	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 4:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra-Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 24 Sutra 355
	Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:52AM – 9:27AM	Pushya Until 8:08AM	Ganesha: Yellow	<i>Sunrise:</i> 6:17AM	Vikarin 5121
			Yama 3:48PM – 5:23PM	Dhriti Until 11:46PM	Muruqa: Orange	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 11:02AM – 12:38PM	Vanija Until 1:15AM Sat	Nataraja: Purple		4th Phase
			Yogaswami Mahasamadhi	Dashami Until 2:25PM	Chaitra•Panguni	Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 25 Sutra 356
	Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 6:16AM – 7:51AM	Ashlesha* Until 6:24AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Vikarin 5121
			Yama 2:13PM – 3:48PM	Shula* Until 8:20PM	Muruqa: Orange	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 49
	Routine Work	Marana Yoga	143933468 Rahu 9:27AM – 11:02AM	Bava Until 10:25PM	Nataraja: Purple		4th Phase
			Ekadashi Until 11:54AM	Chaitra•Panguni		Sivaloka Day	
			Then Creative Work - Amrita Yoga				

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 26 Sutra 357
	Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:48PM – 5:24PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White	<i>Sunrise:</i> 6:14AM	Vikarin 5121
			Yama 12:37PM – 2:13PM	Ganda* Until 4:29PM	Muruqa: Orange	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	153933468 Rahu 5:24PM – 7:00PM	Kaulava Until 7:05PM	Nataraja: Purple		4th Phase
			Dvadashi Until 8:47AM	Chaitra•Panguni		Subha Sivaloka Day	
				<i>Pradosha Vrata</i>			

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Knoxville, TN Sun 27 Sutra 358
	Simha Rasi: 29.25	Tithi 14	Gulika 2:13PM – 3:49PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 6:13AM	Vikarin 5121
	Family Home Evening		Yama 11:01AM – 12:37PM	Vridhhi Until 12:21PM	Muruqa: Orange	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	154933468 Rahu 7:49AM – 9:25AM	Gara Until 3:23PM	Nataraja: Purple		4th Phase
			Chaturdashi* Until 1:27AM Tue	Chaitra•Panguni		Sivaloka Day	

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Knoxville, TN Sun 28 Sutra 359
	Copper Retreat Star		Gulika 12:36PM – 2:13PM	Hasta Until 7:34PM	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	Vikarin 5121
	Kanya Rasi: 14.4	Tithi 15	Yama 9:24AM – 11:00AM	Dhruva Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164933468 Rahu 3:49PM – 5:25PM	Visti Until 11:31AM	Nataraja: Purple		Purnima
			Purnima* Until 9:33PM	Chaitra•Panguni		Devaloka Day	
			Panguni Uttiram				
			Hanuman Jayanti				

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Knoxville, TN Sun 29 Sutra 360
	Silver Retreat Star		Gulika 11:00AM – 12:36PM	Chitra Until 4:33PM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Vikarin 5121
	Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:47AM – 9:23AM	Harshana Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 3 - Phase 49
	Creative Work	Siddha Yoga	164934468 Rahu 12:36PM – 2:13PM	Balava Until 7:39AM	Nataraja: Purple		Prathama
			Prathama* Until 5:45PM	Chaitra•Panguni		Devaloka Day	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Knoxville, TN
Sun 1
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18
164134468
Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

Gulika 9:22AM – 10:59AM
Yama 6:09AM – 7:46AM
Rahu 2:13PM – 3:49PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 6:09AM
Muruqa: Clear *Sunset:* 7:03PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Knoxville, TN
Sun 2
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 – 19
174134468
Creative Work Siddha Yoga

Gulika 7:45AM – 9:22AM
Yama 3:50PM – 5:27PM
Rahu 10:59AM – 12:36PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 6:08AM
Muruqa: Clear *Sunset:* 7:04PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Knoxville, TN
Sun 3
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 14.28 Tithi 19 – 20
174134468
Creative Work Siddha Yoga

Gulika 6:06AM – 7:43AM
Yama 2:13PM – 3:50PM
Rahu 9:21AM – 10:58AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 6:06AM
Muruqa: Clear *Sunset:* 7:04PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Knoxville, TN
Sun 4
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virchika Rasi: 28.26 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Amrita Yoga

Gulika 3:50PM – 5:28PM
Yama 12:35PM – 2:13PM
Rahu 5:28PM – 7:05PM

Jyeshtha* Until 8:33AM
Varyian Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 6:05AM
Muruqa: Clear *Sunset:* 7:05PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Knoxville, TN
Sun 5
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22
Family Home Evening
184134468
Creative Work Siddha Yoga
Until 8:31AM
Then Routine Work - Marana Yoga

Gulika 2:13PM – 3:50PM
Yama 10:57AM – 12:35PM
Rahu 7:41AM – 9:19AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 6:04AM
Muruqa: Clear *Sunset:* 7:06PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day



Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Knoxville, TN
Sun 6
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23
284134468
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:35PM – 2:13PM
Yama 9:18AM – 10:56AM
Rahu 3:51PM – 5:29PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 6:02AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Knoxville, TN
Sun 7
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 10:56AM – 12:34PM
Yama 7:39AM – 9:18AM
Rahu 12:34PM – 2:13PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 6:01AM
Muruqa: Clear *Sunset:* 7:08PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Chidambaram Abhishekam

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Knoxville, TN Sun 8 Sutra 4
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 9:17AM – 10:55AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM			Sarvari 5122
		Yama 6:00AM – 7:38AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM			Moon 4 - Phase 1
294134468	Rahu 2:13PM – 3:51PM		Vanija Until 8:38PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple			Devaloka Day	
				Chaitra*Chaitra				

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Knoxville, TN Sun 9 Sutra 5
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:37AM – 9:16AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:58AM			Sarvari 5122
		Yama 3:52PM – 5:30PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM			Moon 4 - Phase 1
294134468	Rahu 10:55AM – 12:34PM		Bava Until 10:43PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple			Devaloka Day	
				Chaitra*Chaitra				

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Knoxville, TN Sun 10 Sutra 6
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:57AM – 7:36AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM			Sarvari 5122
		Yama 2:13PM – 3:52PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 7:10PM			Moon 4 - Phase 1
295134468	Rahu 9:15AM – 10:54AM		Kaulava Until 1:03AM Sun	Nataraja: Purple				2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple			Sivaloka Day	
Until 5:46PM				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Knoxville, TN Sun 11 Sutra 7
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:52PM – 5:32PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:56AM			Sarvari 5122
		Yama 12:33PM – 2:13PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 7:11PM			Moon 4 - Phase 1
215134468	Rahu 5:32PM – 7:11PM		Gara Until 3:30AM Mon	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear			Sivaloka Day	
Until 8:53PM				Chaitra*Chaitra				
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>					

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Knoxville, TN Sun 12 Sutra 8
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 2:13PM – 3:53PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:55AM			Sarvari 5122
Family Home Evening		Yama 10:54AM – 12:33PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 7:12PM			Moon 4 - Phase 1
215134468	Rahu 7:34AM – 9:14AM		Visti Until 5:56AM Tue	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear			Sivaloka Day	
				Chaitra*Chaitra				

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Knoxville, TN Sun 13 Sutra 9
Meena Rasi: 19.42	Tithi 29	Gulika 12:33PM – 2:13PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:53AM			Sarvari 5122
		Yama 9:13AM – 10:53AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 7:13PM			Moon 4 - Phase 1
215134468	Rahu 3:53PM – 5:33PM		Sakuni Until 7:06PM	Nataraja: Purple				2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear			Sivaloka Day	
Until 2:35AM Wed				Chaitra*Chaitra				
Then Routine Work - Marana Yoga								

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Knoxville, TN Sun 14 Sutra 10
Mesha Rasi: 2	Tithi 30	Gulika 10:53AM – 12:33PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:52AM			Sarvari 5122
		Yama 7:32AM – 9:12AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 7:14PM			Moon 4 - Phase 1
225134468	Rahu 12:33PM – 2:13PM		Catuspada Until 8:17AM	Nataraja: Purple				Amavasya
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White			Sivaloka Day	
Until 5:31AM Thu				Chaitra*Chaitra				
Then Creative Work - Siddha Yoga								

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Knoxville, TN Sun 15 Sutra 11
Mesha Rasi: 13.34	Tithi 1	Gulika 9:12AM – 10:52AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:51AM			Sarvari 5122
		Yama 5:51AM – 7:31AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:14PM			Moon 4 - Phase 1
225134468	Rahu 2:13PM – 3:53PM		Kintughna Until 10:29AM	Nataraja: Purple				Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White			Sivaloka Day	
				Vaisaka*Chaitra				

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Knoxville, TN Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 7:30AM – 9:11AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:50AM	Sarvari 5122
		Yama 3:54PM – 5:34PM	Ayushman Until 12:59PM	Muruḡa: Clear	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	225134469 Rahu 10:52AM – 12:32PM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day
				Vaisaka-Chaitra		

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Knoxville, TN Sun 17 Sutra 13
Wrishabha Rasi: 7.44	Tithi 3	Gulika 5:48AM – 7:29AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:48AM	Sarvari 5122
		Yama 2:13PM – 3:54PM	Saubhagya Until 1:19PM	Muruḡa: Clear	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	225134469 Rahu 9:10AM – 10:51AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase
			Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra		

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Knoxville, TN Sun 18 Sutra 14
Wrishabha Rasi: 20	Tithi 4	Gulika 3:54PM – 5:36PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM	Sarvari 5122
		Yama 12:32PM – 2:13PM	Sobhana Until 1:24PM	Muruḡa: Clear	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	235134469 Rahu 5:36PM – 7:17PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day
				Vaisaka-Chaitra		

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Knoxville, TN Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 2:13PM – 3:55PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:46AM	Sarvari 5122
Family Home Evening		Yama 10:50AM – 12:32PM	Athiganda* Until 1:07PM	Muruḡa: Clear	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 7:28AM – 9:09AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Knoxville, TN Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:32PM – 2:13PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:45AM	Sarvari 5122
		Yama 9:08AM – 10:50AM	Sukarma Until 12:27PM	Muruḡa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	236134469 Rahu 3:55PM – 5:37PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase
Until 2:55PM			Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Knoxville, TN Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:50AM – 12:32PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:44AM	Sarvari 5122
		Yama 7:26AM – 9:08AM	Dhriti Until 11:19AM	Muruḡa: Clear	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	246134469 Rahu 12:32PM – 2:14PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase
			Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Knoxville, TN Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 9:07AM – 10:49AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:43AM	Sarvari 5122
		Yama 5:43AM – 7:25AM	Shula* Until 9:39AM	Muruḡa: Clear	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	246134469 Rahu 2:14PM – 3:56PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami
Until 3:23PM			Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau		Knoxville, TN Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 7:23AM – 9:06AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:41AM	Sarvari 5122
		Yama 3:57PM – 5:39PM	Ganda* Until 7:27AM	Muruḡa: Clear	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	246134469 Rahu 10:49AM – 12:31PM	Balava Until 2:06PM	Nataraja: Clear		Navami
			Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1	Saturday, May 2, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Knoxville, TN
			Magha* Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10		Gulika 5:40AM – 7:23AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 5:40AM	Sarvari 5122
			Yama 2:14PM – 3:57PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 3
		256134469	Rahu 9:05AM – 10:48AM	Taitila Until 11:55AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Dashami Until 10:36PM	Moon – Red	Bhuloka Day	
Until 1:06PM					Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2	Sunday, May 3, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Knoxville, TN
			Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11		Gulika 3:57PM – 5:40PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 5:39AM	Sarvari 5122
			Yama 12:31PM – 2:14PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
		256134469	Rahu 5:40PM – 7:24PM	Vanija Until 9:11AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 7:38PM	Moon – Red	Bhuloka Day	
Until 11:08AM					Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Monday, May 4, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Knoxville, TN
			Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13		Gulika 2:14PM – 3:58PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Sarvari 5122
Family Home Evening			Yama 10:48AM – 12:31PM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 3
		256234469	Rahu 7:21AM – 9:04AM	Bava Until 6:02AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Dvadashi Until 4:20PM	Moon – Red	Devaloka Day	
					Vaisaka*Chaitra		

Pradosha Vrata

4	Tuesday, May 5, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Knoxville, TN
			Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14		Gulika 12:31PM – 2:14PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	Sarvari 5122
			Yama 9:04AM – 10:47AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 3
		267234469	Rahu 3:58PM – 5:42PM	Gara Until 11:02PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Trayodashi Until 12:48PM	Moon – Green	Devaloka Day	
					Vaisaka*Chaitra		

	Wednesday, May 6, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Knoxville, TN
			Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 24
Tula Rasi: 8.2	Tithi 14 – 15		Gulika 10:47AM – 12:31PM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:36AM	Sarvari 5122
			Yama 7:19AM – 9:03AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 3
		267234469	Rahu 12:31PM – 2:15PM	Visti Until 7:29PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Chaturdashi* Until 9:14AM	Moon – Green	Devaloka Day	
			Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra		

5	Thursday, May 7, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Knoxville, TN
			Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 25
Tula Rasi: 23.21	Tithi 16		Gulika 9:03AM – 10:47AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:35AM	Sarvari 5122
			Yama 5:35AM – 7:19AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 3
		277234469	Rahu 2:15PM – 3:59PM	Balava Until 4:07PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:33AM Fri	Moon – Orange	Bhuloka Day	
					Vaisaka*Chaitra	Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda