



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 5:25AM – 7:06AM
Yama 1:49PM – 3:30PM
264483468 **Rahu** 8:47AM – 10:28AM

Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Frederick, MD
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Red *Sunrise:* 5:25AM
Muruqa: Yellow *Sunset:* 6:51PM

Nataraja: Purple
Moon – Green

Sivaloka Day

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 3:30PM – 5:11PM
Yama 12:08PM – 1:49PM
274483468 **Rahu** 5:11PM – 6:52PM

Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritiya Until 12:54AM Mon

Frederick, MD
Sun 1
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:24AM
Muruqa: Yellow *Sunset:* 6:52PM

Nataraja: Purple
Moon – Orange

Devaloka Day

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:49PM – 3:31PM
Yama 10:27AM – 12:08PM
274483468 **Rahu** 7:04AM – 8:45AM

Anuradha Until 6:13AM
Variyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Frederick, MD
Sun 2
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:23AM
Muruqa: Yellow *Sunset:* 6:53PM

Nataraja: Purple
Moon – Orange

Devaloka Day

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:08PM – 1:49PM
Yama 8:44AM – 10:26AM
274483468 **Rahu** 3:31PM – 5:13PM

Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Frederick, MD
Sun 3
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Blue *Sunrise:* 5:21AM
Muruqa: Yellow *Sunset:* 6:54PM

Nataraja: Purple
Moon – Orange

Devaloka Day

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:26AM – 12:07PM
Yama 7:02AM – 8:44AM
284483468 **Rahu** 12:07PM – 1:49PM

Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Frederick, MD
Sun 4
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Yellow *Sunset:* 6:55PM

Nataraja: Purple
Moon – Light Blue

Sivaloka Day

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 8:43AM – 10:25AM
Yama 5:18AM – 7:01AM
284483469 **Rahu** 1:49PM – 3:32PM

Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti* Until 3:12PM
Saptami Until 4:13AM Fri

Frederick, MD
Sun 5
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Yellow *Sunset:* 6:56PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:00AM – 8:42AM
Yama 3:32PM – 5:15PM
284583469 **Rahu** 10:25AM – 12:07PM

Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Frederick, MD
Sun 6
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Ganesha: Red *Sunrise:* 5:17AM
Muruqa: Yellow *Sunset:* 6:57PM

Nataraja: Clear
Moon – Light Blue

Devaloka Day

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 5:16AM – 6:59AM
Yama 1:50PM – 3:33PM
294583469 **Rahu** 8:41AM – 10:24AM

Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Frederick, MD
Sun 7
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Ganesha: Green *Sunrise:* 5:16AM
Muruqa: Yellow *Sunset:* 6:58PM

Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1 Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Frederick, MD Sun 8 Sutra 14
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika 3:33PM – 5:16PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 5:15AM	Vikarin 5121
		Yama 12:07PM – 1:50PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 3
		294583469 Rahu 5:16PM – 6:59PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Navami* Until 9:06AM	Moon – Purple	Bhuloka Day	
Until 6:48PM				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

2 Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 9 Sutra 15
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika 1:50PM – 3:33PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 5:13AM	Vikarin 5121
Family Home Evening		Yama 10:23AM – 12:07PM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu 6:57AM – 8:40AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM			Dashami Until 11:36AM	Moon – Purple	Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	

3 Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Frederick, MD Sun 10 Sutra 16
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika 12:07PM – 1:50PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 5:12AM	Vikarin 5121
		Yama 8:39AM – 10:23AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 3
		214583469 Rahu 3:34PM – 5:17PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 1:49PM	Moon – Clear	Bhuloka Day	
Until 12:21AM Wed				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

4 Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadhshi/Trayodashyam Titau				Frederick, MD Sun 11 Sutra 17
Meena Rasi: 6.1	Tithi 27 – 28	Gulika 10:22AM – 12:06PM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:11AM	Vikarin 5121
		Yama 6:55AM – 8:39AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 3
		214583469 Rahu 12:06PM – 1:50PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadhshi* Until 3:36PM	Moon – Clear	Bhuloka Day	
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

5 Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 12 Sutra 18
Meena Rasi: 18.26	Tithi 28 – 29	Gulika 8:38AM – 10:22AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 5:10AM	Vikarin 5121
		Yama 5:10AM – 6:54AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 3
		215583469 Rahu 1:50PM – 3:35PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 4:52PM	Moon – Clear	Bhuloka Day	
Until 4:01AM Fri				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

6 Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD Sun 13 Sutra 19
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika 6:53AM – 8:37AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	Vikarin 5121
		Yama 3:35PM – 5:19PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 3
		225583469 Rahu 10:22AM – 12:06PM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36PM	Moon – White	Bhuloka Day	
Until 5:18AM Sat				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD Sun 14 Sutra 20
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika 5:07AM – 6:52AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	Vikarin 5121
		Yama 1:51PM – 3:35PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
		225583469 Rahu 8:37AM – 10:21AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:47PM	Moon – White	Bhuloka Day	
				Chaitra+Chaitra	Devaloka Time: 3:PM to 6:PM	

Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 21
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika 3:36PM – 5:21PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	Vikarin 5121
		Yama 12:06PM – 1:51PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
		225583469 Rahu 5:21PM – 7:06PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 5:30PM	Moon – White	Bhuloka Day	
Until 5:58AM Mon				Vaisaka+Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 22 Vikarin 5121
1		Gulika 1:51PM – 3:36PM	Rohini Until 5:56AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	
Vrishabha Rasi: 9.56	Tithi 2 – 3	Yama 10:21AM – 12:06PM	Sobhana Until 2:43PM	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 4
Family Home Evening	225583469	Rahu 6:50AM – 8:35AM	Taitila Until 4:21AM Tue	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Dvitiya Until 4:49PM	Moon – White	Bhuloka Day	
Until 5:56AM Tue				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Frederick, MD Sun 17 Sutra 23 Vikarin 5121
2		Gulika 12:06PM – 1:51PM	Mrigashira Until 5:27AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 5:04AM	
Vrishabha Rasi: 23.22	Tithi 3 – 4	Yama 8:35AM – 10:20AM	Athiganda* Until 12:50PM	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 3:37PM – 5:22PM	Vanija Until 3:10AM Wed	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Tritiya Until 3:46PM	Moon – Yellow	Bhuloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 24 Vikarin 5121
3		Gulika 10:20AM – 12:06PM	Ardra Until 4:35AM Thu	Ganesha: Light Blue	<i>Sunrise:</i> 5:03AM	
Mithuna Rasi: 6.58	Tithi 4 – 5	Yama 6:48AM – 8:34AM	Sukarma Until 10:44AM	Muruqa: Yellow	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 4
Family Home Evening	235583469	Rahu 12:06PM – 1:51PM	Bava Until 1:43AM Thu	Nataraja: Clear		3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 2:27PM	Moon – Yellow	Bhuloka Day	
Until 4:35AM Thu				Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga						

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 19 Sutra 25 Vikarin 5121
4		Gulika 8:34AM – 10:20AM	Punarvasu Until 3:48AM Fri	Ganesha: Orange	<i>Sunrise:</i> 5:02AM	
Mithuna Rasi: 20.43	Tithi 5 – 6	Yama 5:02AM – 6:48AM	Dhriti Until 8:28AM	Muruqa: Yellow	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 1:52PM – 3:38PM	Kaulava Until 12:04AM Fri	Nataraja: Clear		3rd Phase
Creative Work Amrita Yoga			Panchami Until 12:54PM	Moon – Blue	Devaloka Day	
Until 3:48AM Fri				Vaisaka-Chaitra		
Then Routine Work - Marana Yoga						

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Frederick, MD Sun 20 Sutra 26 Vikarin 5121
5		Gulika 6:47AM – 8:33AM	Pushya Until 2:40AM Sat	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	
Kataka Rasi: 5	Tithi 6 – 7	Yama 3:38PM – 5:24PM	Ganda* Until 6:00AM	Muruqa: Yellow	<i>Sunset:</i> 7:11PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 10:19AM – 12:06PM	Gara Until 10:13PM	Nataraja: Clear		3rd Phase
Routine Work Marana Yoga			Shashthi* Until 11:09AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 27 Vikarin 5121
Retreat Star		Gulika 5:00AM – 6:46AM	Ashlesha* Until 1:14AM Sun	Ganesha: Orange	<i>Sunrise:</i> 5:00AM	
Kataka Rasi: 18.36	Tithi 7 – 8	Yama 1:52PM – 3:39PM	Vriddhi Until 12:38AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:12PM	Moon 4 - Phase 4
Family Home Evening	245583469	Rahu 8:33AM – 10:19AM	Visti Until 8:11PM	Nataraja: Clear		Ashtami
Routine Work Marana Yoga			Saptami Until 9:12AM	Moon – Blue	Devaloka Day	
				Vaisaka-Chaitra		

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 28 Vikarin 5121
Retreat Star		Gulika 3:39PM – 5:26PM	Magha* Until 11:55PM	Ganesha: White	<i>Sunrise:</i> 4:59AM	
Simha Rasi: 2.43	Tithi 8 – 9	Yama 12:06PM – 1:52PM	Dhruva Until 9:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 4
Family Home Evening	256583469	Rahu 5:26PM – 7:13PM	Balava Until 6:00PM	Nataraja: Clear		Navami
Routine Work Marana Yoga			Ashtami* Until 7:05AM	Moon – Red	Bhuloka Day	
Until 11:55PM		Mother's Day		Vaisaka-Chaitra	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga						

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 29
1		Gulika 1:53PM – 3:40PM	Purvaphalguni Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 4:58AM	Vikarin 5121
Simha Rasi: 16.56	Tithi 10	Yama 10:19AM – 12:06PM	Vyaghata* Until 6:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:13PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 6:45AM – 8:32AM	Taitila Until 3:41PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:29AM Tue	Moon – Red		
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 30
2		Gulika 12:06PM – 1:53PM	Uttaraphalguni Until 8:37PM	Ganesha: White	<i>Sunrise:</i> 4:57AM	Vikarin 5121
Kanya Rasi: 1.12	Tithi 11	Yama 8:31AM – 10:18AM	Harshana Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:14PM	Moon 4 - Phase 5
	256583469	Rahu 3:40PM – 5:27PM	Vanija Until 1:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 12:06AM Wed	Moon – Red		
Until 8:37PM				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau				Frederick, MD Sun 25 Sutra 31
3		Gulika 10:18AM – 12:06PM	Hasta Until 7:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:56AM	Vikarin 5121
Kanya Rasi: 15.29	Tithi 12	Yama 6:43AM – 8:31AM	Vajra* Until 12:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:15PM	Moon 4 - Phase 5
	266583469	Rahu 12:06PM – 1:53PM	Bava Until 10:56AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:45PM	Moon – Green		
Until 7:11PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 32
4		Gulika 8:30AM – 10:18AM	Chitra Until 5:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:55AM	Vikarin 5121
Kanya Rasi: 29.44	Tithi 13	Yama 4:55AM – 6:43AM	Siddhi Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5
	266583469	Rahu 1:53PM – 3:41PM	Kaulava Until 8:39AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:34PM	Moon – Green		
Until 5:45PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27 Sutra 33
5		Gulika 6:42AM – 8:30AM	Svati Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:54AM	Vikarin 5121
Tula Rasi: 13.5	Tithi 14 – 15	Yama 3:41PM – 5:29PM	Vyatipata* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5
	266583469	Rahu 10:18AM – 12:06PM	Gara Until 6:35AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:39PM	Moon – Green		
				Vaisaka-Vaikasi	Devaloka Day	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28 Sutra 34
○	Copper Retreat Star	Gulika 4:53AM – 6:41AM	Vishakha Until 3:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:53AM	Vikarin 5121
Tula Rasi: 27.43	Tithi 15 – 16	Yama 1:54PM – 3:42PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5
	276583469	Rahu 8:29AM – 10:18AM	Balava Until 3:36AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:09PM	Moon – Orange		
				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 29 Sutra 35
	Silver Retreat Star	Gulika 3:42PM – 5:31PM	Anuradha Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Vikarin 5121
Vrischika Rasi: 11.2	Tithi 16 – 17	Yama 12:06PM – 1:54PM	Shiva Until 12:56AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5
	277583469	Rahu 5:31PM – 7:19PM	Taitila Until 2:56AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 3:10PM	Moon – Orange		
				Vaisaka-Vaikasi	Devaloka Day	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:54PM – 3:43PM
Yama 10:17AM – 12:06PM
Rahu 6:40AM – 8:29AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Frederick, MD
Sun 1
Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:52AM
Muruga: Yellow *Sunset:* 7:20PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:06PM – 1:54PM
Yama 8:28AM – 10:17AM
Rahu 3:43PM – 5:32PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Frederick, MD
Sun 2
Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:51AM
Muruga: Yellow *Sunset:* 7:21PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:17AM – 12:06PM
Yama 6:39AM – 8:28AM
Rahu 12:06PM – 1:55PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Frederick, MD
Sun 3
Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:50AM
Muruga: Yellow *Sunset:* 7:22PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:28AM – 10:17AM
Yama 4:49AM – 6:39AM
Rahu 1:55PM – 3:44PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Frederick, MD
Sun 4
Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:49AM
Muruga: Yellow *Sunset:* 7:22PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:38AM – 8:27AM
Yama 3:45PM – 5:34PM
Rahu 10:17AM – 12:06PM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Frederick, MD
Sun 5
Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:49AM
Muruga: Yellow *Sunset:* 7:23PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:48AM – 6:38AM
Yama 1:56PM – 3:45PM
Rahu 8:27AM – 10:17AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Frederick, MD
Sun 6
Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:48AM
Muruga: Yellow *Sunset:* 7:24PM
Nataraja: Clear
Moon – Purple

Devaloka Day
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:45PM – 5:35PM
Yama 12:06PM – 1:56PM
Rahu 5:35PM – 7:25PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Frederick, MD
Sun 7
Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:48AM
Muruga: Yellow *Sunset:* 7:25PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:56PM – 3:46PM
Yama 10:16AM – 12:06PM
Rahu 6:37AM – 8:27AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Frederick, MD
Sun 8
Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Purple *Sunrise:* 4:47AM
Muruga: Yellow *Sunset:* 7:26PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Vaisaka-Vaikasi


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD
Meena Rasi: 2.06	Tithi 25	Gulika	12:06PM – 1:56PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise: 4:46AM</i>	Sun 9	Sutra 44
		Yama	8:26AM – 10:16AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset: 7:26PM</i>		Vikarin 5121
		318683469 Rahu	3:46PM – 5:36PM	Vanija Until 4:00PM	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear			2nd Phase
Until 8:26AM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD
Meena Rasi: 14.14	Tithi 26	Gulika	10:16AM – 12:07PM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise: 4:46AM</i>	Sun 10	Sutra 45
		Yama	6:36AM – 8:26AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset: 7:27PM</i>		Vikarin 5121
		318683469 Rahu	12:07PM – 1:57PM	Bava Until 5:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear			2nd Phase
Until 10:45AM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:26AM – 10:16AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise: 4:45AM</i>	Sun 11	Sutra 46
		Yama	4:45AM – 6:36AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset: 7:28PM</i>		Vikarin 5121
		318683469 Rahu	1:57PM – 3:47PM	Kaulava Until 6:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear			2nd Phase
Until 12:22PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:35AM – 8:26AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise: 4:45AM</i>	Sun 12	Sutra 47
		Yama	3:48PM – 5:38PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset: 7:29PM</i>		Vikarin 5121
		328683469 Rahu	10:16AM – 12:07PM	Gara Until 6:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White			2nd Phase
Until 1:42PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:45AM – 6:35AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise: 4:45AM</i>	Sun 13	Sutra 48
		Yama	1:58PM – 3:48PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset: 7:29PM</i>		Vikarin 5121
		329683469 Rahu	8:26AM – 10:16AM	Visti Until 6:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White			2nd Phase
Until 2:14PM					Vaisaka-Vaikasi			Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD
Retreat Star		Gulika	3:49PM – 5:39PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise: 4:44AM</i>	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	12:07PM – 1:58PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset: 7:30PM</i>		Vikarin 5121
		329683469 Rahu	5:39PM – 7:30PM	Naga Until 5:05AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White			Amavasya
					Vaisaka-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD		
Retreat Star		Gulika	1:58PM – 3:49PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise: 4:44AM</i>	Sun 15	Sutra 50
Vrishabha Rasi: 18.58	Tithi 1	Yama	10:16AM – 12:07PM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset: 7:31PM</i>		Vikarin 5121
Family Home Evening		339683469 Rahu	6:35AM – 8:26AM	Kintughna Until 4:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 16 Sutra 51
Mithuna Rasi: 2.47	Tithi 2	Gulika Yama	12:07PM – 1:58PM 8:25AM – 10:16AM	Mrigashira Until 12:39PM Shula* Until 6:28PM	Ganesha: Green Muruqa: Yellow	Sunrise: 4:43AM Sunset: 7:31PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	
Creative Work	Siddha Yoga	339683461 Rahu	3:49PM – 5:40PM	Balava Until 2:35PM Dvitiya Until 1:34AM Wed	Nataraja: Clear Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 12:39PM								
Then Routine Work - Marana Yoga								

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 17 Sutra 52
Mithuna Rasi: 16.49	Tithi 3	Gulika Yama	10:16AM – 12:08PM 6:34AM – 8:25AM	Ardra Until 11:14AM Ganda* Until 3:42PM	Ganesha: Green Muruqa: Yellow	Sunrise: 4:43AM Sunset: 7:32PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	
Creative Work	Siddha Yoga	339683461 Rahu	12:08PM – 1:59PM	Taitila Until 12:31PM Tritiya Until 11:23PM	Nataraja: Yellow Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Frederick, MD Sun 18 Sutra 53
Kataka Rasi: 1	Tithi 4	Gulika Yama	8:25AM – 10:17AM 4:43AM – 6:34AM	Punarvasu Until 9:55AM Vridhhi Until 12:48PM	Ganesha: White Muruqa: Yellow	Sunrise: 4:43AM Sunset: 7:32PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	
Creative Work	Amrita Yoga	349683461 Rahu	1:59PM – 3:50PM	Vanija Until 10:15AM Chaturthi* Until 9:04PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 19 Sutra 54
Kataka Rasi: 15.15	Tithi 5	Gulika Yama	6:34AM – 8:25AM 3:51PM – 5:42PM	Pushya Until 8:21AM Dhruva Until 9:49AM	Ganesha: White Muruqa: Yellow	Sunrise: 4:43AM Sunset: 7:33PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	
Routine Work	Marana Yoga	349683461 Rahu	10:17AM – 12:08PM	Bava Until 7:54AM Panchami Until 6:42PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 20 Sutra 55
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika Yama	4:42AM – 6:34AM 2:00PM – 3:51PM	Ashlesha* Until 6:38AM Vyaghata* Until 6:50AM	Ganesha: White Muruqa: Yellow	Sunrise: 4:42AM Sunset: 7:34PM	Vikarin 5121 Moon 5 - Phase 8 3rd Phase	
Routine Work	Marana Yoga	349683461 Rahu	8:25AM – 10:17AM	Gara Until 3:12AM Sun Shashthi* Until 4:20PM	Nataraja: Yellow Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Until 6:38AM								
Then Creative Work - Amrita Yoga								

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 56
Simha Rasi: 13.46	Tithi 7 – 8	Gulika Yama	3:51PM – 5:43PM 12:08PM – 2:00PM	Purvaphalguni Until 3:48AM Mon Vajra* Until 1:00AM Mon	Ganesha: Yellow Muruqa: Yellow	Sunrise: 4:42AM Sunset: 7:34PM	Vikarin 5121 Moon 5 - Phase 8 Ashtami	
Creative Work	Siddha Yoga	351683461 Rahu	5:43PM – 7:34PM	Visti Until 12:58AM Mon Saptami Until 2:03PM	Nataraja: Yellow Moon – Red	Devaloka Day Jyeshtha-Vaikasi		

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 57
Simha Rasi: 27.57	Tithi 8 – 9	Gulika Yama	2:00PM – 3:52PM 10:17AM – 12:08PM	Uttaraphalguni Until 2:21AM Tue Siddhi Until 10:14PM	Ganesha: Yellow Muruqa: Yellow	Sunrise: 4:42AM Sunset: 7:35PM	Vikarin 5121 Moon 5 - Phase 8 Navami	
Family Home Evening		351683461 Rahu	6:34AM – 8:25AM	Balava Until 10:51PM Ashtami* Until 11:52AM	Nataraja: Yellow Moon – Red	Devaloka Day Jyeshtha-Vaikasi		
Creative Work	Siddha Yoga							

1		Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23 Sutra 58
Kanya Rasi: 12.02	Tithi 9 – 10	Gulika	12:09PM – 2:00PM	Hasta Until 1:21AM Wed	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	8:25AM – 10:17AM	Vyatipata* Until 7:36PM	Muruqa: Yellow	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 9	
		361683461 Rahu	3:52PM – 5:44PM	Taitila Until 8:53PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Navami* Until 9:49AM	Moon – Green		Bhuloka Day	
					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 59
Kanya Rasi: 26.01	Tithi 10 – 11	Gulika	10:17AM – 12:09PM	Chitra Until 12:25AM Thu	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	6:34AM – 8:25AM	Variyan Until 5:07PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 9	
		361683461 Rahu	12:09PM – 2:01PM	Vanija Until 7:08PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dashami Until 7:58AM	Moon – Green		Bhuloka Day	
Until 12:25AM Thu					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								

3		Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 60
Tula Rasi: 9.52	Tithi 11 – 12	Gulika	8:25AM – 10:17AM	Svati Until 11:37PM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	4:42AM – 6:34AM	Parigha* Until 2:51PM	Muruqa: Yellow	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 9	
		361683461 Rahu	2:01PM – 3:53PM	Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga			Ekadashi Until 6:20AM	Moon – Green		Bhuloka Day	
Until 11:37PM					Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

4		Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 61
Tula Rasi: 23.31	Tithi 13	Gulika	6:34AM – 8:26AM	Vishakha Until 11:27PM	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	3:53PM – 5:45PM	Shiva Until 12:52PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9	
		371693461 Rahu	10:17AM – 12:09PM	Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 4:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam			Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>				

5		Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 62
Vrischika Rasi: 6.58	Tithi 14	Gulika	4:42AM – 6:34AM	Anuradha Until 11:33PM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
		Yama	2:01PM – 3:53PM	Siddha Until 11:09AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9	
		371793461 Rahu	8:26AM – 10:18AM	Gara Until 3:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 3:29AM Sun	Moon – Orange		Subha Sivaloka Day	
					Jyeshtha-Ani			

○		Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sun 28 Sutra 63
Copper Retreat Star		Gulika	3:54PM – 5:45PM	Jyeshtha* Until 11:59PM	Ganesha: White	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
Vrischika Rasi: 20.11	Tithi 15	Yama	12:10PM – 2:02PM	Sadhya Until 9:49AM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9	
		371793461 Rahu	5:45PM – 7:37PM	Visti Until 3:25PM	Nataraja: Yellow		Purnima	
Routine Work	Marana Yoga			Purnima* Until 3:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 11:59PM		Father's Day			Jyeshtha-Ani			
Then Creative Work - Amrita Yoga								

Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29 Sutra 64		
Silver Retreat Star		Gulika	2:02PM – 3:54PM	Mula* Until 1:16AM Tue	Ganesha: Clear	<i>Sunrise:</i> 4:42AM	Vikarin 5121	
Dhanus Rasi: 3.07	Tithi 16	Yama	10:18AM – 12:10PM	Subha Until 8:55AM	Muruqa: Blue	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 9	
Family Home Evening		381793461 Rahu	6:34AM – 8:26AM	Balava Until 3:39PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 3:58AM Tue	Moon – Light Blue		Sivaloka Day	
					Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Frederick, MD
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

Gulika 12:10PM – 2:02PM
Yama 8:26AM – 10:18AM
Rahu 3:54PM – 5:46PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise: 4:42AM*
Muruqa: Blue *Sunset: 7:38PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Tritiyayam Titau

Frederick, MD
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

Gulika 10:18AM – 12:10PM
Yama 6:34AM – 8:26AM
Rahu 12:10PM – 2:02PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise: 4:42AM*
Muruqa: Blue *Sunset: 7:38PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visli*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

Gulika 8:26AM – 10:18AM
Yama 4:42AM – 6:34AM
Rahu 2:03PM – 3:55PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise: 4:42AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

Gulika 6:35AM – 8:27AM
Yama 3:55PM – 5:47PM
Rahu 10:19AM – 12:11PM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

Gulika 4:43AM – 6:35AM
Yama 2:03PM – 3:55PM
Rahu 8:27AM – 10:19AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Shashthi/Saptamyam Titau

Frederick, MD
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

Gulika 3:55PM – 5:47PM
Yama 12:11PM – 2:03PM
Rahu 5:47PM – 7:39PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visli Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise: 4:43AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 1:27PM
Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

Gulika 2:03PM – 3:55PM
Yama 10:19AM – 12:11PM
Rahu 6:35AM – 8:27AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise: 4:43AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Frederick, MD
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

Gulika 12:12PM – 2:04PM
Yama 8:28AM – 10:20AM
Rahu 3:55PM – 5:47PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:44AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Frederick, MD
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

Gulika 10:20AM – 12:12PM
Yama 6:36AM – 8:28AM
Rahu 12:12PM – 2:04PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise: 4:44AM*
Muruqa: Blue *Sunset: 7:39PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 8:59PM
Then Creative Work - Siddha Yoga

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD
Mesha Rasi: 4.35	Tithi 25			Sun 9	Sutra 74		Vikarin 5121	
		322793461	Gulika 8:28AM – 10:20AM Yama 4:44AM – 6:36AM Rahu 2:04PM – 3:56PM	Ashvini Until 10:38PM Athiganda* Until 1:06PM Vanija Until 7:43AM Dashami Until 8:04PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:44AM Sunset: 7:40PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 10:38PM								
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD
Mesha Rasi: 17.14	Tithi 26			Sun 10	Sutra 75		Vikarin 5121	
		322793461	Gulika 6:37AM – 8:28AM Yama 3:56PM – 5:48PM Rahu 10:20AM – 12:12PM	Bharani Until 11:26PM Sukarma Until 12:27PM Bava Until 8:16AM Ekadashi* Until 8:15PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:45AM Sunset: 7:40PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Frederick, MD
Vrishabha Rasi: 0.15	Tithi 27			Sun 11	Sutra 76		Vikarin 5121	
		322793461	Gulika 4:45AM – 6:37AM Yama 2:04PM – 3:56PM Rahu 8:29AM – 10:21AM	Krittika Until 11:22PM Dhriti Until 11:14AM Kaulava Until 8:06AM Dvadashi* Until 7:43PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:45AM Sunset: 7:40PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
Vrishabha Rasi: 13.38	Tithi 28			Sun 12	Sutra 77		Vikarin 5121	
		332793461	Gulika 3:56PM – 5:48PM Yama 12:13PM – 2:04PM Rahu 5:48PM – 7:39PM	Rohini Until 10:56PM Shula* Until 9:25AM Gara Until 7:12AM Trayodashi* Until 6:29PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:46AM Sunset: 7:39PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD
Vrishabha Rasi: 27.25	Tithi 29 – 30			Sun 13	Sutra 78		Vikarin 5121	
Family Home Evening		332793461	Gulika 2:04PM – 3:56PM Yama 10:21AM – 12:13PM Rahu 6:38AM – 8:29AM	Mrigashira Until 9:46PM Ganda* Until 7:06AM Catuspada Until 3:33AM Tue Chaturdashi* Until 4:39PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:46AM Sunset: 7:39PM	Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 9:46PM								
Then Creative Work - Siddha Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
Retreat Star				Sun 14	Sutra 79		Vikarin 5121	
Mithuna Rasi: 11.32	Tithi 30 – 1						Moon 6 - Phase 11	Amavasya
		333793461	Gulika 12:13PM – 2:04PM Yama 8:30AM – 10:21AM Rahu 3:56PM – 5:48PM	Ardra Until 7:59PM Dhruva Until 1:12AM Wed Kintughna Until 1:00AM Wed Amavasya* Until 2:18PM	Ganesha: Red Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:47AM Sunset: 7:39PM		Sivaloka Day
Routine Work Marana Yoga								
Until 7:59PM								
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD
Retreat Star				Sun 15	Sutra 80		Vikarin 5121	
Mithuna Rasi: 25.57	Tithi 1 – 2						Moon 6 - Phase 11	Prathama
		343793461	Gulika 10:22AM – 12:13PM Yama 6:39AM – 8:30AM Rahu 12:13PM – 2:05PM	Punarvasu Until 6:08PM Vyaghata* Until 9:49PM Balava Until 10:10PM Prathama* Until 11:36AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:47AM Sunset: 7:39PM		Sivaloka Day
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 81
Kataka Rasi: 10.34	Tithi 2 - 3	343793461	Gulika 8:30AM - 10:22AM Yama 4:48AM - 6:39AM Rahu 2:05PM - 3:56PM	Pushya Until 3:58PM Harshana Until 6:19PM Taitila Until 7:10PM Dvitiya Until 8:39AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Blue	Sunrise: 4:48AM Sunset: 7:39PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 3:58PM Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthyam Titau				Frederick, MD Sun 17 Sutra 82
Kataka Rasi: 25.14	Tithi 4	343793461	Gulika 6:39AM - 8:31AM Yama 3:56PM - 5:47PM Rahu 10:22AM - 12:13PM	Ashlesha* Until 1:37PM Vajra* Until 2:45PM Vanija Until 4:08PM Chaturthi* Until 2:37AM Sat	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Blue	Sunrise: 4:48AM Sunset: 7:39PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	Sivaloka Day
Routine Work Marana Yoga								

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 18 Sutra 83
Simha Rasi: 9.54	Tithi 5	353793461	Gulika 4:49AM - 6:40AM Yama 2:05PM - 3:56PM Rahu 8:31AM - 10:22AM	Magha* Until 11:37AM Siddhi Until 11:17AM Bava Until 1:11PM Panchami Until 11:46PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:49AM Sunset: 7:38PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:37AM Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 19 Sutra 84
Simha Rasi: 24.27	Tithi 6	453793461	Gulika 3:56PM - 5:47PM Yama 12:14PM - 2:05PM Rahu 5:47PM - 7:38PM	Purvaphalguni Until 9:40AM Vyatipata* Until 7:59AM Kaulava Until 10:27AM Shashthi* Until 9:10PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:49AM Sunset: 7:38PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 9:40AM Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 85
Kanya Rasi: 8.47	Tithi 7	453793461	Gulika 2:05PM - 3:56PM Yama 10:23AM - 12:14PM Rahu 6:41AM - 8:32AM	Uttaraphalguni Until 7:52AM Parigha* Until 2:06AM Tue Gara Until 8:00AM Saptami Until 6:53PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Red	Sunrise: 4:50AM Sunset: 7:38PM	Vikarin 5121 Moon 6 - Phase 12 3rd Phase	Sivaloka Day
Family Home Evening Creative Work Siddha Yoga								

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 21 Sutra 86
Kanya Rasi: 22.54	Tithi 8 - 9	463793461	Gulika 12:14PM - 2:05PM Yama 8:32AM - 10:23AM Rahu 3:56PM - 5:47PM	Hasta Until 6:43AM Shiva Until 11:39PM Balava Until 4:14AM Wed Ashtami* Until 5:00PM	Ganesha: White Muruqa: Blue Nataraja: Yellow Moon - Green	Sunrise: 4:51AM Sunset: 7:38PM	Vikarin 5121 Moon 6 - Phase 12 Ashtami	Subha Sivaloka Day
Creative Work Siddha Yoga								

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22 Sutra 87
Tula Rasi: 6.45	Tithi 9 - 10	463893461	Gulika 10:23AM - 12:14PM Yama 6:42AM - 8:33AM Rahu 12:14PM - 2:05PM	Svati Until 5:15AM Thu Siddha Until 9:32PM Taitila Until 3:00AM Thu Navami* Until 3:32PM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon - Green	Sunrise: 4:51AM Sunset: 7:37PM	Vikarin 5121 Moon 6 - Phase 12 Navami	Sivaloka Day
Creative Work Siddha Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:33AM – 10:24AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:52AM	Vikarin 5121
			Yama 4:52AM – 6:43AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 2:05PM – 3:56PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:43AM – 8:34AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 3:55PM – 5:46PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:24AM – 12:14PM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:53AM – 6:44AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:53AM	Vikarin 5121
			Yama 2:05PM – 3:55PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:34AM – 10:24AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
			Dvadashi Until 1:56PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			
				<i>Pradosha Vrata</i>			

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:55PM – 5:45PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:54AM	Vikarin 5121
			Yama 12:15PM – 2:05PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 5:45PM – 7:35PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
			Trayodashi Until 2:22PM	Moon – Orange		Devaloka Day	
				Ashada•Ani			

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 2:05PM – 3:55PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Vikarin 5121
	Family Home Evening		Yama 10:25AM – 12:15PM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 6:45AM – 8:35AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
			Chaturdashi* Until 3:16PM	Moon – Light Blue		Sivaloka Day	
				Ashada•Ani			

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28 Sutra 93
	Copper Retreat Star		Gulika 12:15PM – 2:05PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:55AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:35AM – 10:25AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:55PM – 5:44PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
			Purnima* Until 4:37PM	Moon – Light Blue		Sivaloka Day	
				Ashada•Adi			
				Partial Lunar Eclipse			
				Satguru Purnima			

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:25AM – 12:15PM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:46AM – 8:36AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 12:15PM – 2:05PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
			Prathama* Until 6:23PM	Moon – Light Blue		Subha Subha Sivaloka Day	
				Ashada•Adi			



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:36AM – 10:26AM
Yama 4:57AM – 6:47AM
Rahu 2:05PM – 3:54PM

Shravana Until 3:05PM
Priti Until 5:57PM
Taitila Until 7:24AM
Dvitiya Until 8:28PM

Frederick, MD
Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 4:57AM
Muruqa: Blue *Sunset:* 7:33PM

Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 6:47AM – 8:36AM
Yama 3:54PM – 5:43PM
Rahu 10:26AM – 12:15PM

Dhanishtha Until 5:57PM
Ayushman Until 6:49PM
Vanija Until 9:37AM
Tritiya Until 10:47PM

Frederick, MD
Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 4:58AM
Muruqa: Blue *Sunset:* 7:32PM

Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 4:59AM – 6:48AM
Yama 2:04PM – 3:53PM
Rahu 8:37AM – 10:26AM

Shatabhishak Until 8:45PM
Saubhagya Until 7:48PM
Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Frederick, MD
Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 4:59AM
Muruqa: Blue *Sunset:* 7:32PM

Nataraja: White
Moon – Purple

Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 3:53PM – 5:42PM
Yama 12:15PM – 2:04PM
Rahu 5:42PM – 7:31PM

Purvaproshtapada* Until 11:53PM
Sobhana Until 8:46PM
Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Frederick, MD
Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 4:59AM
Muruqa: Blue *Sunset:* 7:31PM

Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 2:04PM – 3:53PM
Yama 10:26AM – 12:15PM
Rahu 6:49AM – 8:38AM

Uttaraproshtapada Until 2:40AM Tue
Athiganda* Until 9:35PM
Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Frederick, MD
Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 5:00AM
Muruqa: Blue *Sunset:* 7:30PM

Nataraja: White
Moon – Clear

Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau

Gulika 12:15PM – 2:04PM
Yama 8:38AM – 10:27AM
Rahu 3:52PM – 5:41PM

Revati Until 4:57AM Wed
Sukarma Until 10:11PM
Visti Until 6:42PM
Saptami Until 7:32AM Wed

Frederick, MD
Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase

Ganesha: Clear *Sunrise:* 5:01AM
Muruqa: Blue *Sunset:* 7:29PM

Nataraja: White
Moon – Clear

Subha Sivaloka Day
Tour Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:27AM – 12:15PM
Yama 6:50AM – 8:39AM
Rahu 12:15PM – 2:04PM

Ashvini Until 7:04AM Thu
Dhriti Until 10:26PM
Balava Until 8:16PM
Saptami Until 7:32AM

Frederick, MD
Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami

Ganesha: White *Sunrise:* 5:02AM
Muruqa: Blue *Sunset:* 7:29PM

Nataraja: White
Moon – White

Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:39AM – 10:27AM
Yama 5:03AM – 6:51AM
Rahu 2:03PM – 3:52PM

Ashvini Until 7:04AM
Shula* Until 10:10PM
Taitila Until 9:13PM
Ashtami* Until 8:48AM

Frederick, MD
Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami

Ganesha: White *Sunrise:* 5:03AM
Muruqa: Blue *Sunset:* 7:28PM

Nataraja: White
Moon – White

Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1		Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 9 Sutra 103 Vikarin 5121	
Mesha Rasi: 25.23	Tithi 24 – 25	Gulika 6:52AM – 8:39AM	Bharani Until 8:23AM	Ganesha: White	<i>Sunrise:</i> 5:04AM		
		Yama 3:51PM – 5:39PM	Ganda* Until 9:22PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	424893462 Rahu 10:27AM – 12:15PM	Vanija Until 9:27PM	Nataraja: White		2nd Phase	
			Navami* Until 9:25AM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

2		Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 10 Sutra 104 Vikarin 5121	
Wrishabha Rasi: 8.21	Tithi 25 – 26	Gulika 5:04AM – 6:52AM	Krittika Until 8:49AM	Ganesha: White	<i>Sunrise:</i> 5:04AM		
		Yama 2:03PM – 3:51PM	Vriddhi Until 7:57PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	424893462 Rahu 8:40AM – 10:28AM	Bava Until 8:55PM	Nataraja: White		2nd Phase	
			Dashami Until 9:16AM	Moon – White		Subha Subha Sivaloka Day	
				Ashada*Adi			

3		Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 11 Sutra 105 Vikarin 5121	
Wrishabha Rasi: 21.44	Tithi 26 – 27	Gulika 3:50PM – 5:38PM	Rohini Until 8:47AM	Ganesha: Yellow	<i>Sunrise:</i> 5:05AM		
		Yama 12:15PM – 2:03PM	Dhruva Until 5:53PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	424893462 Rahu 5:38PM – 7:25PM	Kaulava Until 7:36PM	Nataraja: White		2nd Phase	
			Ekadashi* Until 8:20AM	Moon – Yellow		Subha Sivaloka Day	
				Ashada*Adi			

4		Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 12 Sutra 106 Vikarin 5121	
Mithuna Rasi: 5.34	Tithi 27 – 28	Gulika 2:02PM – 3:50PM	Mrigashira Until 7:51AM	Ganesha: White	<i>Sunrise:</i> 5:06AM		
Family Home Evening		Yama 10:28AM – 12:15PM	Vyaghata* Until 3:14PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	435893462 Rahu 6:53AM – 8:41AM	Vanija Until 4:19AM Tue	Nataraja: White		2nd Phase	
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5		Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 107 Vikarin 5121	
Mithuna Rasi: 19.5	Tithi 29	Gulika 12:15PM – 2:02PM	Ardra Until 6:07AM	Ganesha: White	<i>Sunrise:</i> 5:07AM		
		Yama 8:41AM – 10:28AM	Harshana Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 15	
Routine Work	Marana Yoga	435893462 Rahu 3:49PM – 5:36PM	Visti Until 2:57PM	Nataraja: White		2nd Phase	
Until 6:07AM			Chaturdashi* Until 1:27AM Wed	Moon – Yellow		Sivaloka Day	
Then Creative Work - Siddha Yoga				Ashada*Adi			

		Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 108 Vikarin 5121	
Retreat Star		Gulika 10:28AM – 12:15PM	Pushya Until 1:40AM Thu	Ganesha: Green	<i>Sunrise:</i> 5:08AM		
Kataka Rasi: 4.28	Tithi 30	Yama 6:55AM – 8:42AM	Vajra* Until 8:33AM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	445893462 Rahu 12:15PM – 2:02PM	Catuspada Until 11:52AM	Nataraja: White		Amavasya	
			Amavasya* Until 10:11PM	Moon – Blue		Sivaloka Day	
				Ashada*Adi			

Thursday, August 1, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 15 Sutra 109 Vikarin 5121	
Kataka Rasi: 19.22	Tithi 1	Gulika 8:42AM – 10:29AM	Ashlesha* Until 10:50PM	Ganesha: Green	<i>Sunrise:</i> 5:09AM		
		Yama 5:09AM – 6:55AM	Vyatipata* Until 12:45AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:21PM	Moon 7 - Phase 15	
Creative Work	Siddha Yoga	445893462 Rahu 2:02PM – 3:48PM	Kintughna Until 8:28AM	Nataraja: White		Prathama	
Until 10:50PM			Prathama* Until 6:41PM	Moon – Blue		Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana*Adi			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 – 3	Gulika 6:56AM – 8:42AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 5:10AM		
		Yama 3:48PM – 5:34PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:20PM		Moon 7 - Phase 16
		455893462 Rahu 10:29AM – 12:15PM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon – Red		Sivaloka Day	
Until 8:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Frederick, MD Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 – 4	Gulika 5:11AM – 6:57AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 5:11AM		
		Yama 2:01PM – 3:47PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:19PM		Moon 7 - Phase 16
		455893462 Rahu 8:43AM – 10:29AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon – Red		Sivaloka Day	
Until 5:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 – 5	Gulika 3:46PM – 5:32PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM		
		Yama 12:15PM – 2:01PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:18PM		Moon 7 - Phase 16
		455993462 Rahu 5:32PM – 7:18PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon – Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	Gulika 2:00PM – 3:46PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 5:12AM		
Family Home Evening		Yama 10:29AM – 12:15PM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 7:17PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:58AM – 8:44AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon – Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Frederick, MD Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	Gulika 12:15PM – 2:00PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 5:13AM		
		Yama 8:44AM – 10:29AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 7:16PM		Moon 7 - Phase 16
		465993462 Rahu 3:45PM – 5:31PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon – Green		Subha Subha Sivaloka Day	Tour Day
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	Gulika 10:29AM – 12:14PM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 5:14AM		
		Yama 6:59AM – 8:44AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:15PM		Moon 7 - Phase 16
		465993462 Rahu 12:14PM – 2:00PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon – Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:45AM – 10:30AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM		
		Yama 5:15AM – 7:00AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:13PM		Moon 7 - Phase 16
		476993462 Rahu 1:59PM – 3:44PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon – Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 7:01AM – 8:45AM	Anuradha Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 5:16AM	
		Yama 3:43PM – 5:28PM	Indra Until 12:10AM Sat	Muruqa: Blue	<i>Sunset:</i> 7:12PM	Moon 7 - Phase 17
476993462	Rahu 10:30AM – 12:14PM		Taitila Until 11:28AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi		
Then Routine Work - Marana Yoga						

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 5:17AM – 7:01AM	Jyeshtha* Until 12:22PM	Ganesha: Purple	<i>Sunrise:</i> 5:17AM	
		Yama 1:58PM – 3:43PM	Vaidhriti* Until 11:45PM	Muruqa: Blue	<i>Sunset:</i> 7:11PM	Moon 7 - Phase 17
476993462	Rahu 8:46AM – 10:30AM		Vanija Until 11:55AM	Nataraja: White		4th Phase
Creative Work	Siddha Yoga			Moon – Orange		Sivaloka Day
Until 11:24AM			Ekadashi Until 12:20AM Sun	Sravana*Adi		
Then Routine Work - Marana Yoga						

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau		Frederick, MD Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:42PM – 5:26PM	Mula* Until 2:12PM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	
		Yama 12:14PM – 1:58PM	Vishkambha* Until 11:46PM	Muruqa: Blue	<i>Sunset:</i> 7:10PM	Moon 7 - Phase 17
486993462	Rahu 5:26PM – 7:10PM		Bava Until 12:56PM	Nataraja: White		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 2:12PM			Dvodashi Until 1:36AM Mon	Sravana*Adi		
Then Creative Work - Siddha Yoga						

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 1:57PM – 3:41PM	Purvashadha* Until 4:20PM	Ganesha: Clear	<i>Sunrise:</i> 5:19AM	
		Yama 10:30AM – 12:14PM	Priti Until 12:07AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
486993462	Rahu 7:03AM – 8:46AM		Kaulava Until 2:25PM	Nataraja: White		4th Phase
Family Home Evening				Moon – Light Blue		Subha Sivaloka Day
Routine Work	Marana Yoga		Trayodashi Until 3:17AM Tue	Sravana*Adi		

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 12:14PM – 1:57PM	Uttarashadha Until 6:38PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
		Yama 8:47AM – 10:30AM	Ayushman Until 12:42AM Wed	Muruqa: Blue	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
486993462	Rahu 3:40PM – 5:24PM		Gara Until 4:16PM	Nataraja: White		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Subha Sivaloka Day
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi		Tour Day
Then Creative Work - Siddha Yoga						

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau		Frederick, MD Sun 28 Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:30AM – 12:13PM	Shravana Until 9:33PM	Ganesha: White	<i>Sunrise:</i> 5:21AM	
Makara Rasi: 15.35	Tithi 15	Yama 7:04AM – 8:47AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
496993462	Rahu 12:13PM – 1:57PM		Visti Until 6:25PM	Nataraja: White		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi		
Then Routine Work - Prabalarishta Yoga						

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sun 29 Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:47AM – 10:30AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 5:22AM	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:22AM – 7:05AM	Sobhana Until 2:24AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17
497993462	Rahu 1:56PM – 3:39PM		Balava Until 8:44PM	Nataraja: White		Prathama
Creative Work	Siddha Yoga			Moon – Purple		Subha Sivaloka Day
Until 9:33PM			Purnima* Until 7:32AM	Sravana*Adi		
Then Routine Work - Prabalarishta Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD
Sutra 124

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Gulika 7:05AM – 8:48AM
Yama 3:38PM – 5:21PM
Rahu 10:30AM – 12:13PM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise:* 5:23AM
Muruqa: Blue *Sunset:* 7:03PM
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Frederick, MD
Sun 1 Sutra 125

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Gulika 5:24AM – 7:06AM
Yama 1:55PM – 3:37PM
Rahu 8:48AM – 10:30AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise:* 5:24AM
Muruqa: Blue *Sunset:* 7:02PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritya/Chaturthyam Titau

Frederick, MD
Sun 2 Sutra 126

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Gulika 3:37PM – 5:19PM
Yama 12:13PM – 1:55PM
Rahu 5:19PM – 7:01PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritya Until 2:45PM

Ganesha: White *Sunrise:* 5:24AM
Muruqa: Blue *Sunset:* 7:01PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD
Sun 3 Sutra 127

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Gulika 1:54PM – 3:36PM
Yama 10:31AM – 12:12PM
Rahu 7:07AM – 8:49AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise:* 5:25AM
Muruqa: Blue *Sunset:* 6:59PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD
Sun 4 Sutra 128

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 12:12PM – 1:54PM
Yama 8:49AM – 10:31AM
Rahu 3:35PM – 5:16PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise:* 5:26AM
Muruqa: Blue *Sunset:* 6:58PM
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD
Sun 5 Sutra 129

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:31AM – 12:12PM
Yama 7:08AM – 8:50AM
Rahu 12:12PM – 1:53PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise:* 5:27AM
Muruqa: Blue *Sunset:* 6:56PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Frederick, MD
Sun 6 Sutra 130

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 8:50AM – 10:31AM
Yama 5:28AM – 7:09AM
Rahu 1:52PM – 3:33PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise:* 5:28AM
Muruqa: Blue *Sunset:* 6:55PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD
Sun 7 Sutra 131

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 7:10AM – 8:50AM
Yama 3:32PM – 5:13PM
Rahu 10:31AM – 12:11PM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise:* 5:29AM
Muruqa: Blue *Sunset:* 6:54PM
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD
Sun 8 Sutra 132

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 5:30AM – 7:10AM
Yama 1:51PM – 3:32PM
Rahu 8:51AM – 10:31AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise:* 5:30AM
Muruqa: Blue *Sunset:* 6:52PM
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

Sravana-Avani

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1		Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 9 Sutra 133	
Mithuna Rasi: 0.09	Tithi 25	Gulika 3:31PM – 5:11PM	Mrigashira Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Vikarin 5121	
		Yama 12:11PM – 1:51PM	Vajra* Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:51PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	538993462 Rahu 5:11PM – 6:51PM	Vanija Until 9:14AM	Nataraja: White		2nd Phase	
			Dashami Until 8:33PM	Moon – Yellow			Subha Sivaloka Day
				Sravana-Avani			

2		Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 10 Sutra 134	
Mithuna Rasi: 13.53	Tithi 26	Gulika 1:50PM – 3:30PM	Ardra Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:32AM	Vikarin 5121	
Family Home Evening		Yama 10:31AM – 12:11PM	Siddhi Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	538993462 Rahu 7:11AM – 8:51AM	Bava Until 7:42AM	Nataraja: White		2nd Phase	
Until 4:15PM			Ekadashi* Until 6:38PM	Moon – Yellow			Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani			

3		Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 135	
Mithuna Rasi: 28.06	Tithi 27 – 28	Gulika 12:10PM – 1:50PM	Punarvasu Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:33AM	Vikarin 5121	
		Yama 8:51AM – 10:31AM	Vyatipata* Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	548993462 Rahu 3:29PM – 5:08PM	Gara Until 2:34AM Wed	Nataraja: White		2nd Phase	
			Dvadashi* Until 4:03PM	Moon – Blue			Sivaloka Day
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4		Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 136	
Kataka Rasi: 12.44	Tithi 28 – 29	Gulika 10:31AM – 12:10PM	Pushya Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:34AM	Vikarin 5121	
		Yama 7:13AM – 8:52AM	Variyan Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	549193463 Rahu 12:10PM – 1:49PM	Visti Until 11:12PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 12:55PM	Moon – Blue			Sivaloka Day
				Sravana-Avani			

●		Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 137	
Retreat Star		Gulika 8:52AM – 10:31AM	Ashlesha* Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:35AM	Vikarin 5121	
Kataka Rasi: 27.43	Tithi 29 – 30	Yama 5:35AM – 7:13AM	Parigha* Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	549193463 Rahu 1:48PM – 3:27PM	Catuspada Until 7:31PM	Nataraja: Clear		Amavasya	
Until 9:29AM			Chaturdashi* Until 9:23AM	Moon – Blue			Sivaloka Day
Then Creative Work - Amrita Yoga				Sravana-Avani			

●		Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 138	
Retreat Star		Gulika 7:14AM – 8:52AM	Magha* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:35AM	Vikarin 5121	
Simha Rasi: 12.55	Tithi 1	Yama 3:26PM – 5:05PM	Shiva Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19	
Routine Work	Marana Yoga	559193463 Rahu 10:31AM – 12:09PM	Kintughna Until 3:41PM	Nataraja: Clear		Prathama	
Until 6:39AM			Prathama* Until 1:45AM Sat	Moon – Red			Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1 **Saturday, August 31, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD
Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 139

Simha Rasi: 28.1 Tithi 2
559193463 **Gulika** 5:36AM – 7:15AM **Uttaraphalguni Until 12:35AM Sun** **Ganesha:** Clear *Sunrise:* 5:36AM Vikarin 5121
Yama 1:47PM – 3:25PM **Sadhya Until 11:07PM** **Muruqa:** Blue *Sunset:* 6:42PM Moon 8 - Phase 20
Rahu 8:53AM – 10:31AM **Balava Until 11:52AM** **Nataraja:** Clear 3rd Phase
Moon – Red **Sivaloka Day**
Routine Work Marana Yoga **Bhadrapada-Avani**
Until 12:35AM Sun
Then Creative Work - Amrita Yoga

2 **Sunday, September 1, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD
Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau Sun 16 Sutra 140

Kanya Rasi: 13.19 Tithi 3
569193463 **Gulika** 3:24PM – 5:02PM **Hasta Until 10:06PM** **Ganesha:** Orange *Sunrise:* 5:37AM Vikarin 5121
Yama 12:09PM – 1:47PM **Subha Until 7:11PM** **Muruqa:** Blue *Sunset:* 6:40PM Moon 8 - Phase 20
Rahu 5:02PM – 6:40PM **Taitila Until 8:14AM** **Nataraja:** Clear 3rd Phase
Moon – Green **Sivaloka Day**
Creative Work Amrita Yoga **Bhadrapada-Avani**
Until 10:06PM
Then Creative Work - Siddha Yoga

3 **Monday, September 2, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD
Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 141

Kanya Rasi: 28.11 Tithi 4 – 5
569193463 **Gulika** 1:46PM – 3:23PM **Chitra Until 7:56PM** **Ganesha:** Orange *Sunrise:* 5:38AM Vikarin 5121
Yama 10:31AM – 12:08PM **Sukla Until 3:35PM** **Muruqa:** Blue *Sunset:* 6:39PM Moon 8 - Phase 20
Rahu 7:16AM – 8:53AM **Bava Until 2:10AM Tue** **Nataraja:** Clear 3rd Phase
Moon – Green **Sivaloka Day**
Routine Work Prabalarishta Yoga **Bhadrapada-Avani**
Until 7:56PM **Ganesha Chaturthi** **Chaturthi* Until 3:28PM**
Then Creative Work - Amrita Yoga

4 **Tuesday, September 3, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD
Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau Sun 18 Sutra 142

Tula Rasi: 12.41 Tithi 5 – 6
569193463 **Gulika** 12:08PM – 1:45PM **Svati Until 6:15PM** **Ganesha:** Orange *Sunrise:* 5:39AM Vikarin 5121
Yama 8:54AM – 10:31AM **Brahma Until 12:28PM** **Muruqa:** Blue *Sunset:* 6:37PM Moon 8 - Phase 20
Rahu 3:23PM – 5:00PM **Kaulava Until 12:02AM Wed** **Nataraja:** Clear 3rd Phase
Moon – Green **Sivaloka Day**
Creative Work Siddha Yoga **Bhadrapada-Avani**
Until 6:15PM **Panchami Until 1:00PM**
Then Routine Work - Marana Yoga

5 **Wednesday, September 4, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD
Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 143

Tula Rasi: 26.43 Tithi 6 – 7
579193463 **Gulika** 10:31AM – 12:08PM **Vishakha Until 5:35PM** **Ganesha:** Green *Sunrise:* 5:40AM Vikarin 5121
Yama 7:17AM – 8:54AM **Indra Until 9:57AM** **Muruqa:** Blue *Sunset:* 6:35PM Moon 8 - Phase 20
Rahu 12:08PM – 1:45PM **Gara Until 10:41PM** **Nataraja:** Clear 3rd Phase
Moon – Orange **Subha Sivaloka Day**
Creative Work Siddha Yoga **Bhadrapada-Avani**
Shashthi* Until 11:14AM

Retreat Star **Thursday, September 5, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD
Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau Sun 20 Sutra 144

Vrischika Rasi: 10.17 Tithi 7 – 8
571193463 **Gulika** 8:54AM – 10:31AM **Anuradha Until 5:35PM** **Ganesha:** Orange *Sunrise:* 5:41AM Vikarin 5121
Yama 5:41AM – 7:18AM **Vaidhriti* Until 8:04AM** **Muruqa:** Blue *Sunset:* 6:34PM Moon 8 - Phase 20
Rahu 1:44PM – 3:21PM **Visti Until 10:08PM** **Nataraja:** Clear Ashtami
Moon – Orange **Sivaloka Day**
Creative Work Siddha Yoga **Bhadrapada-Avani**
Until 5:35PM **Saptami Until 10:17AM**
Then Routine Work - Prabalarishta Yoga

Retreat Star **Friday, September 6, 2019** Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD
Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 21 Sutra 145

Vrischika Rasi: 23.23 Tithi 8 – 9
571193463 **Gulika** 7:18AM – 8:54AM **Jyeshtha* Until 6:13PM** **Ganesha:** Orange *Sunrise:* 5:42AM Vikarin 5121
Yama 3:20PM – 4:56PM **Vishkambha* Until 6:50AM** **Muruqa:** Blue *Sunset:* 6:32PM Moon 8 - Phase 20
Rahu 10:31AM – 12:07PM **Balava Until 10:25PM** **Nataraja:** Clear Navami
Moon – Orange **Sivaloka Day**
Routine Work Marana Yoga **Bhadrapada-Avani**
Until 6:13PM **Ashtami* Until 10:10AM**
Then Creative Work - Amrita Yoga

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22 Sutra 146
	Dhanus Rasi: 6.06	Tithi 9 – 10	Gulika 5:43AM – 7:19AM	Mula* Until 7:56PM	Ganesha: Green	Sunrise: 5:43AM	Vikarin 5121
			Yama 1:43PM – 3:19PM	Priti Until 6:15AM	Muruqa: Blue	Sunset: 6:31PM	Moon 8 - Phase 21
	581193463	Rahu 8:55AM – 10:31AM	Taitila Until 11:27PM	Nataraja: Clear	Moon – Light Blue		4th Phase
Creative Work	Siddha Yoga		Navami* Until 10:49AM	Bhadrapada-Avani		Devaloka Day	

2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 23 Sutra 147
	Dhanus Rasi: 18.29	Tithi 10 – 11	Gulika 3:18PM – 4:53PM	Purvashadha* Until 10:05PM	Ganesha: Green	Sunrise: 5:44AM	Vikarin 5121
			Yama 12:06PM – 1:42PM	Ayushman Until 6:11AM	Muruqa: Blue	Sunset: 6:29PM	Moon 8 - Phase 21
	581193463	Rahu 4:53PM – 6:29PM	Vanija Until 1:05AM Mon	Nataraja: Clear	Moon – Light Blue		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:10PM	Bhadrapada-Avani		Devaloka Day	
Until 10:05PM		Grandparent's Day					
Then Creative Work - Amrita Yoga							

3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24 Sutra 148
	Makara Rasi: 0.39	Tithi 11 – 12	Gulika 1:41PM – 3:17PM	Uttarashadha Until 12:30AM Tue	Ganesha: Green	Sunrise: 5:45AM	Vikarin 5121
			Yama 10:31AM – 12:06PM	Saubhagya Until 6:34AM	Muruqa: Blue	Sunset: 6:28PM	Moon 8 - Phase 21
	581193463	Rahu 7:20AM – 8:55AM	Bava Until 3:09AM Tue	Nataraja: Clear	Moon – Light Blue		4th Phase
Routine Work	Marana Yoga		Ekadashi Until 2:03PM	Bhadrapada-Avani		Devaloka Day	
Until 12:30AM Tue							
Then Creative Work - Siddha Yoga							

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25 Sutra 149
	Makara Rasi: 12.38	Tithi 12 – 13	Gulika 12:06PM – 1:41PM	Shravana Until 3:32AM Wed	Ganesha: Red	Sunrise: 5:45AM	Vikarin 5121
			Yama 8:56AM – 10:31AM	Sobhana Until 7:16AM	Muruqa: Blue	Sunset: 6:26PM	Moon 8 - Phase 21
	591193463	Rahu 3:16PM – 4:51PM	Kaulava Until 5:29AM Wed	Nataraja: Clear	Moon – Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 4:16PM	Bhadrapada-Avani		Sivaloka Day	
Until 3:32AM Wed							
Then Routine Work - Prabalarishta Yoga			Pradosha Vrata				

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 150
	Makara Rasi: 24.32	Tithi 13	Gulika 10:31AM – 12:05PM	Dhanishtha Until 6:31AM Thu	Ganesha: Red	Sunrise: 5:46AM	Vikarin 5121
			Yama 7:21AM – 8:56AM	Athiganda* Until 8:07AM	Muruqa: Blue	Sunset: 6:24PM	Moon 8 - Phase 21
	591193463	Rahu 12:05PM – 1:40PM	Taitila Until 6:41PM	Nataraja: Clear	Moon – Purple		4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 6:41PM	Bhadrapada-Avani		Sivaloka Day	
Until 6:31AM Thu		Chidambaram Abhishekam					
Then Creative Work - Siddha Yoga							

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 151
	Kumbha Rasi: 6.24	Tithi 14	Gulika 8:56AM – 10:31AM	Dhanishtha Until 6:31AM	Ganesha: Red	Sunrise: 5:47AM	Vikarin 5121
			Yama 5:47AM – 7:22AM	Sukarma Until 9:04AM	Muruqa: Blue	Sunset: 6:23PM	Moon 8 - Phase 21
	591193463	Rahu 1:39PM – 3:14PM	Gara Until 7:57AM	Nataraja: Clear	Moon – Purple		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:09PM	Bhadrapada-Avani		Sivaloka Day	
		Avani Avittam					

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sun 28 Sutra 152
	Copper Retreat Star		Gulika 7:22AM – 8:56AM	Shatabhishak Until 9:20AM	Ganesha: Red	Sunrise: 5:48AM	Vikarin 5121
	Kumbha Rasi: 18.16	Tithi 15	Yama 3:13PM – 4:47PM	Dhriti Until 10:01AM	Muruqa: Purple	Sunset: 6:21PM	Moon 8 - Phase 21
	591113463	Rahu 10:31AM – 12:05PM	Visti Until 10:24AM	Nataraja: Clear	Moon – Purple		Purnima
Creative Work	Siddha Yoga		Purnima* Until 11:36PM	Bhadrapada-Avani		Sivaloka Day	

Silver Retreat Star	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttarproshthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sun 29 Sutra 153
	Silver Retreat Star		Gulika 5:49AM – 7:23AM	Purvaprosarthapada* Until 12:25PM	Ganesha: Red	Sunrise: 5:49AM	Vikarin 5121
	Meena Rasi: 0.08	Tithi 16	Yama 1:38PM – 3:12PM	Shula* Until 10:53AM	Muruqa: Purple	Sunset: 6:19PM	Moon 8 - Phase 21
	511113463	Rahu 8:57AM – 10:30AM	Balava Until 12:48PM	Nataraja: Clear	Moon – Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 1:55AM Sun	Bhadrapada-Avani		Sivaloka Day	
Until 12:25PM							
Then Creative Work - Siddha Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Frederick, MD

Sun 1 Sutra 154

Meena Rasi: 12.04 Tithi 17

Gulika 3:11PM – 4:44PM
Yama 12:04PM – 1:37PM
Rahu 4:44PM – 6:18PM

Uttaraproshtapada Until 3:13PM
Ganda* Until 11:40AM
 Taitila Until 3:03PM
Dvitiya Until 4:05AM Mon

Ganesha: Yellow *Sunrise:* 5:50AM
Muruqa: Purple *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Clear

Moon 9 - Phase 22
 1st Phase

Creative Work Amrita Yoga

Sivaloka Day
Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
 Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Frederick, MD

Sun 2 Sutra 155

Meena Rasi: 24.03 Tithi 18

Gulika 1:37PM – 3:10PM
Yama 10:30AM – 12:04PM
Rahu 7:24AM – 8:57AM

Revati Until 5:39PM
Vridhhi Until 12:20PM
Vanija Until 5:06PM
Tritiya Until 6:02AM Tue

Ganesha: Yellow *Sunrise:* 5:51AM
Muruqa: Purple *Sunset:* 6:16PM
Nataraja: Clear
 Moon – Clear

Moon 9 - Phase 22
 1st Phase

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
 Ashvini Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 3 Sutra 156

Mesha Rasi: 6.08 Tithi 18 – 19

Gulika 12:03PM – 1:36PM
Yama 8:57AM – 10:30AM
Rahu 3:09PM – 4:42PM

Ashvini Until 8:11PM
Dhruva Until 12:46PM
Bava Until 6:55PM
Tritiya Until 6:02AM

Ganesha: White *Sunrise:* 5:52AM
Muruqa: Purple *Sunset:* 6:15PM
Nataraja: Clear
 Moon – White

Moon 9 - Phase 22
 1st Phase

Creative Work Siddha Yoga

Devaloka Day
Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
 Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 4 Sutra 157

Mesha Rasi: 18.2 Tithi 19 – 20

Gulika 10:30AM – 12:03PM
Yama 7:25AM – 8:58AM
Rahu 12:03PM – 1:35PM

Bharani Until 10:13PM
Vyaghata* Until 12:59PM
Kaulava Until 8:23PM
Chaturthi* Until 7:41AM

Ganesha: White *Sunrise:* 5:53AM
Muruqa: Purple *Sunset:* 6:13PM
Nataraja: Clear
 Moon – White

Moon 9 - Phase 22
 1st Phase

Creative Work Siddha Yoga

Devaloka Day
Bhadrapada-Puratasi

Until 10:13PM
 Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
 Kritika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 5 Sutra 158

Vrishabha Rasi: 0.41 Tithi 20 – 21

Gulika 8:58AM – 10:30AM
Yama 5:54AM – 7:26AM
Rahu 1:35PM – 3:07PM

Kritika Until 11:39PM
Harshana Until 12:55PM
Gara Until 9:26PM
Panchami Until 8:57AM

Ganesha: White *Sunrise:* 5:54AM
Muruqa: Purple *Sunset:* 6:11PM
Nataraja: Clear
 Moon – White

Moon 9 - Phase 22
 1st Phase

Routine Work Marana Yoga

Devaloka Day
Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 6 Sutra 159

Vrishabha Rasi: 13.15 Tithi 21 – 22

Gulika 7:26AM – 8:58AM
Yama 3:06PM – 4:38PM
Rahu 10:30AM – 12:02PM

Rohini Until 12:52AM Sat
Vajra* Until 12:24PM
Visti Until 9:55PM
Shashthi* Until 9:44AM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:10PM
Nataraja: Clear
 Moon – Yellow

Moon 9 - Phase 22
 1st Phase

Routine Work Marana Yoga

Sivaloka Day
Bhadrapada-Puratasi

Until 12:52AM Sat
 Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019
Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
 Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 7 Sutra 160

Vrishabha Rasi: 26.05 Tithi 22 – 23

Gulika 5:55AM – 7:27AM
Yama 1:33PM – 3:05PM
Rahu 8:59AM – 10:30AM

Mrigashira Until 1:17AM Sun
Siddhi Until 11:26AM
Balava Until 9:45PM
Saptami Until 9:54AM

Ganesha: Clear *Sunrise:* 5:55AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Clear
 Moon – Yellow

Moon 9 - Phase 22
 Ashtami

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Puratasi

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 8 Sutra 161

Mithuna Rasi: 9.16 Tithi 23 – 24

Gulika 3:04PM – 4:35PM
Yama 12:01PM – 1:33PM
Rahu 4:35PM – 6:06PM

Ardra Until 12:50AM Mon
Vyatipata* Until 9:55AM
Taitila Until 8:52PM
Ashtami* Until 9:23AM

Ganesha: Orange *Sunrise:* 5:56AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Clear
 Moon – Yellow

Moon 9 - Phase 22
 Navami

Creative Work Siddha Yoga

Sivaloka Day
Bhadrapada-Puratasi

Until 12:50AM Mon
 Then Creative Work - Amrita Yoga


1	Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Varyani/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
	Mithuna Rasi: 22.52	Tithi 24 – 25	Gulika 1:32PM – 3:03PM	Punarvasu Until 11:59PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:57AM	Sun 9 Sutra 162
	Family Home Evening	542213463	Yama 10:30AM – 12:01PM	Variyan Until 7:48AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 7:28AM – 8:59AM	Vanija Until 7:16PM	Nataraja: Clear		Moon 9 - Phase 23
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue		2nd Phase	
Then Creative Work - Siddha Yoga				Bhadrapada*Puratasi		Devaloka Day	

2	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Kataka Rasi: 6.53	Tithi 25 – 26	Gulika 12:01PM – 1:31PM	Pushya Until 10:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:58AM	Sun 10 Sutra 163
		542213463	Yama 8:59AM – 10:30AM	Shiva Until 1:56AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:03PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 3:02PM – 4:33PM	Balava Until 3:36AM Wed	Nataraja: Clear		Moon 9 - Phase 23
			Dashami Until 6:11AM	Moon – Blue		2nd Phase	
				Bhadrapada*Puratasi		Devaloka Day	

3	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau				Frederick, MD
	Kataka Rasi: 21.2	Tithi 27	Gulika 10:30AM – 12:00PM	Ashlesha* Until 7:57PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:59AM	Sun 11 Sutra 164
		542213463	Yama 7:29AM – 9:00AM	Siddha Until 10:17PM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 12:00PM – 1:31PM	Kaulava Until 2:07PM	Nataraja: Clear		Moon 9 - Phase 23
			Dvadashi* Until 12:29AM Thu	Moon – Blue		2nd Phase	
				Bhadrapada*Puratasi		Devaloka Day	

4	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
	Simha Rasi: 6.1	Tithi 28	Gulika 9:00AM – 10:30AM	Magha* Until 5:26PM	Ganesha: Purple	<i>Sunrise:</i> 6:00AM	Sun 12 Sutra 165
		552213463	Yama 6:00AM – 7:30AM	Sadhya Until 6:18PM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 1:30PM – 3:00PM	Gara Until 10:47AM	Nataraja: Clear		Moon 9 - Phase 23
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red		2nd Phase	
Then Creative Work - Siddha Yoga				Bhadrapada*Puratasi		Devaloka Day	
				<i>Pradosha Vrata (Fasting)</i>			

5	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD
	Simha Rasi: 21.15	Tithi 29 – 30	Gulika 7:31AM – 9:00AM	Purvaphalguni Until 2:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:01AM	Sun 13 Sutra 166
		552213463	Yama 2:59PM – 4:29PM	Subha Until 2:07PM	Muruqa: Purple	<i>Sunset:</i> 5:58PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 10:30AM – 12:00PM	Visti Until 7:09AM	Nataraja: Clear		Moon 9 - Phase 23
			Chaturdashi* Until 5:15PM	Moon – Red		2nd Phase	
				Bhadrapada*Puratasi		Devaloka Day	

	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
	Retreat Star		Gulika 6:02AM – 7:31AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 14 Sutra 167
	Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:29PM – 2:58PM	Sukla Until 9:51AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Vikarin 5121
		653213463	Rahu 9:01AM – 10:30AM	Kintughna Until 11:37PM	Nataraja: Clear		Moon 9 - Phase 23
Routine Work Marana Yoga				Moon – Red		Amavasya	
		Mahalaya Amavasyai (Tamil Nadu)	Amavasya* Until 1:28PM	Bhadrapada*Puratasi		Devaloka Day	

Retreat Star	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD
	Kanya Rasi: 21.4	Tithi 1 – 2	Gulika 2:57PM – 4:26PM	Hasta Until 8:39AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:03AM	Sun 15 Sutra 168
		663213463	Yama 11:59AM – 1:28PM	Indra Until 1:41AM Mon	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Vikarin 5121
	Creative Work Amrita Yoga		Rahu 4:26PM – 5:55PM	Balava Until 8:04PM	Nataraja: Clear		Moon 9 - Phase 23
Until 8:39AM				Moon – Green		Prathama	
Then Creative Work - Siddha Yoga		Navaratri Begins	Prathama* Until 9:47AM	Ashvina*Puratasi		Devaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau			Frederick, MD Sun 16 Sutra 169 Vikarin 5121
1	Tula Rasi: 6.38 Tithi 2 - 3 Family Home Evening Routine Work Prabalarishta Yoga Until 6:02AM Then Creative Work - Amrita Yoga	Gulika 1:27PM - 2:56PM Yama 10:30AM - 11:59AM Rahu 7:33AM - 9:01AM	Chitra Until 6:02AM Vaidhrili* Until 10:03PM Gara Until 3:30AM Tue Dvitiya Until 6:24AM	Ganesha: Light Blue <i>Sunrise:</i> 6:04AM Muruqa: Purple <i>Sunset:</i> 5:54PM Nataraja: Clear Moon - Green Ashvina+Puratasi	Moon 9 - Phase 24 3rd Phase Devaloka Day
Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturthyam Titau			Frederick, MD Sun 17 Sutra 170 Vikarin 5121
2	Tula Rasi: 21.16 Tithi 4 673213463 Routine Work Marana Yoga Until 2:23AM Wed Then Creative Work - Siddha Yoga	Gulika 11:58AM - 1:27PM Yama 9:02AM - 10:30AM Rahu 2:55PM - 4:24PM	Vishakha Until 2:23AM Wed Vishkambha* Until 6:54PM Vanija Until 2:17PM Chaturthi* Until 1:13AM Wed	Ganesha: Purple <i>Sunrise:</i> 6:05AM Muruqa: Purple <i>Sunset:</i> 5:52PM Nataraja: Clear Moon - Orange Ashvina+Puratasi	Moon 9 - Phase 24 3rd Phase Devaloka Day
Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau			Frederick, MD Sun 18 Sutra 171 Vikarin 5121
3	Vrischika Rasi: 5.26 Tithi 5 673213463 Creative Work Siddha Yoga Until 1:38AM Thu Then Routine Work - Prabalarishta Yoga	Gulika 10:30AM - 11:58AM Yama 7:34AM - 9:02AM Rahu 11:58AM - 1:26PM	Anuradha Until 1:38AM Thu Priti Until 4:22PM Bava Until 12:22PM Panchami Until 11:42PM	Ganesha: Purple <i>Sunrise:</i> 6:06AM Muruqa: Purple <i>Sunset:</i> 5:50PM Nataraja: Clear Moon - Orange Ashvina+Puratasi	Moon 9 - Phase 24 3rd Phase Devaloka Day
Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau			Frederick, MD Sun 19 Sutra 172 Vikarin 5121
4	Vrischika Rasi: 19.06 Tithi 6 673213463 Routine Work Prabalarishta Yoga Until 1:36AM Fri Then Creative Work - Amrita Yoga	Gulika 9:02AM - 10:30AM Yama 6:07AM - 7:34AM Rahu 1:25PM - 2:53PM	Jyeshtha* Until 1:36AM Fri Ayushman Until 2:29PM Kaulava Until 11:17AM Shashthi* Until 11:03PM	Ganesha: Purple <i>Sunrise:</i> 6:07AM Muruqa: Purple <i>Sunset:</i> 5:49PM Nataraja: Clear Moon - Orange Ashvina+Puratasi	Moon 9 - Phase 24 3rd Phase Devaloka Day
Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau			Frederick, MD Sun 20 Sutra 173 Vikarin 5121
5	Dhanus Rasi: 2.17 Tithi 7 683213463 Creative Work Amrita Yoga Until 2:45AM Sat Then Creative Work - Siddha Yoga	Gulika 7:35AM - 9:03AM Yama 2:52PM - 4:20PM Rahu 10:30AM - 11:57AM	Mula* Until 2:45AM Sat Saubhagya Until 1:19PM Gara Until 11:06AM Saptami Until 11:19PM	Ganesha: Clear <i>Sunrise:</i> 6:08AM Muruqa: Purple <i>Sunset:</i> 5:47PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi	Moon 9 - Phase 24 3rd Phase Sivaloka Day
Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau			Frederick, MD Sun 21 Sutra 174 Vikarin 5121
Retreat Star	Dhanus Rasi: 15.01 Tithi 8 683213463 Creative Work Siddha Yoga Until 4:32AM Sun Then Creative Work - Amrita Yoga	Gulika 6:09AM - 7:36AM Yama 1:24PM - 2:51PM Rahu 9:03AM - 10:30AM	Purvashadha* Until 4:32AM Sun Sobhana Until 12:51PM Vistil* Until 11:47AM Ashtami* Until 12:24AM Sun	Ganesha: Clear <i>Sunrise:</i> 6:09AM Muruqa: Purple <i>Sunset:</i> 5:46PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi	Moon 9 - Phase 24 Ashtami Sivaloka Day
Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau			Frederick, MD Sun 22 Sutra 175 Vikarin 5121
Retreat Star	Dhanus Rasi: 27.24 Tithi 9 683213463 Creative Work Amrita Yoga	Gulika 2:50PM - 4:17PM Yama 11:57AM - 1:24PM Rahu 4:17PM - 5:44PM	Uttarashadha Until 6:46AM Mon Athiganda* Until 12:55PM Balava Until 1:14PM Navami* Until 2:11AM Mon	Ganesha: Clear <i>Sunrise:</i> 6:10AM Muruqa: Purple <i>Sunset:</i> 5:44PM Nataraja: Clear Moon - Light Blue Ashvina+Puratasi	Moon 9 - Phase 24 Navami Sivaloka Day


1	Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD
	Makara Rasi: 9.31	Tithi 10	Gulika 1:23PM – 2:50PM	Uttarashadha Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Sun 23 Sutra 176
	Family Home Evening	683213463	Yama 10:30AM – 11:57AM	Sukarma Until 1:28PM	Muruqa: Purple	<i>Sunset:</i> 5:43PM	Vikarin 5121
	Routine Work Marana Yoga		Rahu 7:37AM – 9:04AM	Taitila Until 3:17PM	Nataraja: Clear		Moon 9 - Phase 25
	Until 6:46AM			Dashami Until 4:25AM Tue	Moon – Light Blue		4th Phase
Then Creative Work - Amrita Yoga				Ashvina+Puratasi		Sivaloka Day	


2	Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Frederick, MD
	Makara Rasi: 21.28	Tithi 11	Gulika 11:56AM – 1:22PM	Shravana Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Sun 24 Sutra 177
		693213464	Yama 9:04AM – 10:30AM	Dhriti Until 2:18PM	Muruqa: Purple	<i>Sunset:</i> 5:41PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 2:49PM – 4:15PM	Vanija Until 5:40PM	Nataraja: Purple		Moon 9 - Phase 25
				Ekadashi Until 6:55AM Wed	Moon – Purple		4th Phase
		Vijaya Dasami		Ashvina+Puratasi		Sivaloka Day	

3	Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Kumbha Rasi: 3.19	Tithi 11 – 12	Gulika 10:30AM – 11:56AM	Dhanishtha Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Sun 25 Sutra 178
		693213464	Yama 7:38AM – 9:04AM	Shula* Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 5:39PM	Vikarin 5121
	Routine Work Prabalarishta Yoga		Rahu 11:56AM – 1:22PM	Bava Until 8:13PM	Nataraja: Purple		Moon 9 - Phase 25
	Until 12:46PM			Ekadashi Until 6:55AM	Moon – Purple		4th Phase
Then Creative Work - Siddha Yoga		Kadaitswami Mahasamadhi		Ashvina+Puratasi		Sivaloka Day	

4	Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Kumbha Rasi: 15.1	Tithi 12 – 13	Gulika 9:05AM – 10:30AM	Shatabhishak Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 6:13AM	Sun 26 Sutra 179
		693213464	Yama 6:13AM – 7:39AM	Ganda* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:38PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 1:21PM – 2:47PM	Kaulava Until 10:43PM	Nataraja: Purple		Moon 9 - Phase 25
				Dvadashi Until 9:27AM	Moon – Purple		4th Phase
				Ashvina+Puratasi		Sivaloka Day	
<i>Pradosha Vrata</i>							

5	Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Kumbha Rasi: 27.02	Tithi 13 – 14	Gulika 7:40AM – 9:05AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:14AM	Sun 27 Sutra 180
		613213464	Yama 2:46PM – 4:11PM	Vridhhi Until 5:00PM	Muruqa: Purple	<i>Sunset:</i> 5:36PM	Vikarin 5121
	Creative Work Siddha Yoga		Rahu 10:30AM – 11:55AM	Gara Until 1:04AM Sat	Nataraja: Purple		Moon 9 - Phase 25
				Trayodashi Until 11:53AM	Moon – Clear		4th Phase
		Chidambaram Abhishekam		Ashvina+Puratasi		Sivaloka Day	

	Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Frederick, MD
	Copper Retreat Star		Gulika 6:15AM – 7:40AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:15AM	Sun 27 Sutra 181
	Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:20PM – 2:45PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:35PM	Vikarin 5121
		613213464	Rahu 9:05AM – 10:30AM	Vistil Until 3:11AM Sun	Nataraja: Purple		Moon 9 - Phase 25
	Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear		Purnima
Until 9:21PM				Ashvina+Puratasi		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

	Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD
	Silver Retreat Star		Gulika 2:44PM – 4:09PM	Revati Until 11:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM	Sun 28 Sutra 182
	Meena Rasi: 21	Tithi 15 – 16	Yama 11:55AM – 1:20PM	Vyaghata* Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 5:33PM	Vikarin 5121
		614213464	Rahu 4:09PM – 5:33PM	Balava Until 5:02AM Mon	Nataraja: Purple		Moon 9 - Phase 25
	Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear		Prathama
Until 11:38PM				Ashvina+Puratasi		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 183

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 3.08 Tithi 16 - 17

Family Home Evening 624213464

Creative Work Siddha Yoga

Gulika 1:19PM - 2:43PM
Yama 10:30AM - 11:55AM
Rahu 7:42AM - 9:06AM

Ashvini Until 1:57AM Tue
Harshana Until 6:25PM
Taitila Until 6:35AM Tue
Prathama* Until 5:50PM

Ganesha: White *Sunrise:* 6:17AM
Muruqa: Purple *Sunset:* 5:32PM
Nataraja: Purple
Moon - White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Tuesday, October 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sun 1 Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 15.24 Tithi 17

624213464

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

Gulika 11:54AM - 1:19PM
Yama 9:06AM - 10:30AM
Rahu 2:43PM - 4:07PM

Bharani Until 3:48AM Wed
Vajra* Until 6:25PM
Taitila Until 6:35AM
Dvitiya Until 7:13PM

Ganesha: White *Sunrise:* 6:18AM
Muruqa: Purple *Sunset:* 5:31PM
Nataraja: Purple
Moon - White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Wednesday, October 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Frederick, MD

Sun 2 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 27.48 Tithi 18

624213464

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

Gulika 10:31AM - 11:54AM
Yama 7:43AM - 9:07AM
Rahu 11:54AM - 1:18PM

Krittika Until 5:09AM Thu
Siddhi Until 6:11PM
Vanija Until 7:49AM
Tritiya Until 8:17PM

Ganesha: White *Sunrise:* 6:20AM
Muruqa: Purple *Sunset:* 5:29PM
Nataraja: Purple
Moon - White **Subha Subha Sivaloka Day**
Ashvina+Puratasi

Thursday, October 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 3 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 10.21 Tithi 19

634313464

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:07AM - 10:31AM
Yama 6:21AM - 7:44AM
Rahu 1:17PM - 2:41PM

Rohini Until 6:27AM Fri
Vyatipata* Until 5:40PM
Bava Until 8:42AM
Chaturthi* Until 8:58PM

Ganesha: White *Sunrise:* 6:21AM
Muruqa: Purple *Sunset:* 5:28PM
Nataraja: Purple
Moon - Yellow **Sivaloka Day**
Ashvina+Aipasi

Friday, October 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 4 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 23.05 Tithi 20

634313464

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

Gulika 7:45AM - 9:08AM
Yama 2:40PM - 4:03PM
Rahu 10:31AM - 11:54AM

Rohini Until 6:27AM
Variyan Until 4:49PM
Kaulava Until 9:11AM
Panchami Until 9:14PM

Ganesha: White *Sunrise:* 6:22AM
Muruqa: Purple *Sunset:* 5:26PM
Nataraja: Purple
Moon - Yellow **Sivaloka Day**
Ashvina+Aipasi

Saturday, October 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 5 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 6.02 Tithi 21

634313464

Creative Work Siddha Yoga

Gulika 6:23AM - 7:45AM
Yama 1:16PM - 2:39PM
Rahu 9:08AM - 10:31AM

Mrigashira Until 7:09AM
Parigha* Until 3:36PM
Gara Until 9:13AM
Shashthi* Until 9:01PM

Ganesha: White *Sunrise:* 6:23AM
Muruqa: Purple *Sunset:* 5:25PM
Nataraja: Purple
Moon - Yellow **Sivaloka Day**
Ashvina+Aipasi

Sunday, October 20, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 6 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 19.14 Tithi 22

634313464

Creative Work Siddha Yoga

Gulika 2:38PM - 4:01PM
Yama 11:54AM - 1:16PM
Rahu 4:01PM - 5:23PM

Ardra Until 7:12AM
Shiva Until 1:59PM
Visti Until 8:44AM
Saptami Until 8:15PM

Ganesha: White *Sunrise:* 6:24AM
Muruqa: Purple *Sunset:* 5:23PM
Nataraja: Purple
Moon - Yellow **Sivaloka Day**
Ashvina+Aipasi

Monday, October 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 2.44 Tithi 23

644313464

Family Home Evening Amrita Yoga

Creative Work Siddha Yoga

Until 7:01AM

Then Creative Work - Siddha Yoga

Gulika 1:16PM - 2:38PM
Yama 10:31AM - 11:53AM
Rahu 7:47AM - 9:09AM

Punarvasu Until 7:01AM
Siddha Until 11:54AM
Balava Until 7:41AM
Ashtami* Until 6:56PM

Ganesha: Clear *Sunrise:* 6:25AM
Muruqa: Purple *Sunset:* 5:22PM
Nataraja: Purple
Moon - Blue **Subha Sivaloka Day**
Ashvina+Aipasi

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 8 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 16.35 Tithi 24 - 25

644313464

Creative Work Siddha Yoga

Gulika 11:53AM - 1:15PM
Yama 9:09AM - 10:31AM
Rahu 2:37PM - 3:59PM

Pushya Until 6:07AM
Sadhya Until 9:21AM
Taitila Until 6:04AM
Navami* Until 5:02PM

Ganesha: Clear *Sunrise:* 6:26AM
Muruqa: Purple *Sunset:* 5:21PM
Nataraja: Purple
Moon - Blue **Subha Sivaloka Day**
Ashvina+Aipasi

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:31AM – 11:53AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Vikarin 5121	
		Yama 7:48AM – 9:10AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27	
	654313464	Rahu 11:53AM – 1:15PM	Bava Until 1:16AM Thu	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 9:10AM – 10:32AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:28AM	Vikarin 5121	
		Yama 6:28AM – 7:49AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 27	
	654313464	Rahu 1:14PM – 2:35PM	Kaulava Until 10:15PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:50AM – 9:11AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:29AM	Vikarin 5121	
		Yama 2:35PM – 3:56PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 27	
	655313464	Rahu 10:32AM – 11:53AM	Gara Until 6:59PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:30AM – 7:51AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Vikarin 5121	
		Yama 1:13PM – 2:34PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 27	
	665313464	Rahu 9:11AM – 10:32AM	Visti Until 3:37PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 13 Sutra 196	
Retreat Star		Gulika 2:33PM – 3:54PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM	Vikarin 5121	
Kanya Rasi: 29.58	Tithi 30	Yama 11:53AM – 1:13PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 27	
	665313464	Rahu 3:54PM – 5:14PM	Catuspada Until 12:18PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 1:13PM – 2:33PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:32AM	Vikarin 5121	
Family Home Evening		Yama 10:32AM – 11:53AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 27	
	665313464	Rahu 7:52AM – 9:12AM	Kintughna Until 9:12AM	Nataraja: Purple		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Until 2:24PM		Skanda Shasthi Begins		Kartika-Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 198 Vikarin 5121	
Tula Rasi: 29.19	Tithi 2 – 3	Gulika	11:52AM – 1:12PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:33AM	
		Yama	9:13AM – 10:33AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 10 - Phase 28
		675313464 Rahu	2:32PM – 3:52PM	Balava Until 6:31AM	Nataraja: Purple		3rd Phase
Routine Work	Marana Yoga			Dvitiya Until 5:21PM	Moon – Orange		Subha Sivaloka Day
Until 12:42PM					Kartika•Aipasi		
Then Creative Work - Siddha Yoga							

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Frederick, MD Sun 16 Sutra 199 Vikarin 5121	
Vischika Rasi: 13.29	Tithi 3 – 4	Gulika	10:33AM – 11:52AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:34AM	
		Yama	7:54AM – 9:13AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 28
		675313464 Rahu	11:52AM – 1:12PM	Vanija Until 2:57AM Thu	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Tritiya Until 3:33PM	Moon – Orange		Subha Sivaloka Day
					Kartika•Aipasi		

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 17 Sutra 200 Vikarin 5121	
Vischika Rasi: 27.11	Tithi 4 – 5	Gulika	9:14AM – 10:33AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	
		Yama	6:35AM – 7:55AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
		675313464 Rahu	1:12PM – 2:31PM	Bava Until 2:21AM Fri	Nataraja: Purple		3rd Phase
Routine Work	Prabalarishta Yoga			Chaturthi* Until 2:31PM	Moon – Orange		Subha Sivaloka Day
Until 10:51AM					Kartika•Aipasi		
Then Creative Work - Siddha Yoga							

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Frederick, MD Sun 18 Sutra 201 Vikarin 5121	
Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika	7:55AM – 9:14AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:37AM	
		Yama	2:30PM – 3:49PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
		675313464 Rahu	10:33AM – 11:52AM	Kaulava Until 2:37AM Sat	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Panchami Until 2:21PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 11:20AM					Kartika•Aipasi		
Then Routine Work - Prabalarishta Yoga							

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 19 Sutra 202 Vikarin 5121	
Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika	6:38AM – 7:56AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM	
		Yama	1:11PM – 2:30PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 10 - Phase 28
		675313464 Rahu	9:15AM – 10:34AM	Gara Until 3:42AM Sun	Nataraja: Purple		3rd Phase
Creative Work	Siddha Yoga			Shashthi* Until 3:02PM	Moon – Light Blue		Subha Subha Sivaloka Day
Until 12:31PM					Kartika•Aipasi		
Then Routine Work - Marana Yoga							

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 20 Sutra 203 Vikarin 5121	
Makara Rasi: 5.41	Tithi 7 – 8	Gulika	2:29PM – 3:47PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
		Yama	11:52AM – 1:11PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 28
		675313464 Rahu	3:47PM – 5:06PM	Visti Until 5:29AM Mon	Nataraja: Purple		3rd Phase
Creative Work	Amrita Yoga			Saptami Until 4:30PM	Moon – Light Blue		Subha Subha Sivaloka Day
					Kartika•Aipasi		

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau		Frederick, MD Sun 21 Sutra 204 Vikarin 5121	
Makara Rasi: 17.5	Tithi 8	Gulika	1:10PM – 2:29PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	
Family Home Evening		Yama	10:34AM – 11:52AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 28
Creative Work	Amrita Yoga	696313464 Rahu	7:58AM – 9:16AM	Bava Until 6:33PM	Nataraja: Purple		Ashtami
Until 4:57PM				Ashtami* Until 6:33PM	Moon – Purple		Sivaloka Day
Then Creative Work - Siddha Yoga					Kartika•Aipasi		

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 22 Sutra 205 Vikarin 5121	
Makara Rasi: 29.49	Tithi 9	Gulika	11:52AM – 1:10PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
		Yama	9:17AM – 10:35AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
		696313464 Rahu	2:28PM – 3:46PM	Balava Until 7:45AM	Nataraja: Purple		Navami
Creative Work	Siddha Yoga			Navami* Until 8:58PM	Moon – Purple		Sivaloka Day
Until 7:49PM					Kartika•Aipasi		
Then Routine Work - Marana Yoga							

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:35AM – 11:52AM	Shatabhishak Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Sun 23 Sutra 206
	696313464		Yama 8:00AM – 9:17AM	Dhruva Until 10:14PM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Vikarin 5121
			Rahu 11:52AM – 1:10PM	Taitila Until 10:16AM	Nataraja: Purple		Moon 10 - Phase 29
				Dashami Until 11:31PM	Moon – Purple		4th Phase
					Kartika•Aipasi		Sivaloka Day

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD
	Kumbha Rasi: 23.32	Tithi 11	Gulika 9:18AM – 10:35AM	Purvaproshtapada* Until 1:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:43AM	Sun 24 Sutra 207
	716313464		Yama 6:43AM – 8:01AM	Vyaghata* Until 11:04PM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Vikarin 5121
			Rahu 1:10PM – 2:27PM	Vanija Until 12:47PM	Nataraja: Purple		Moon 10 - Phase 29
				Ekadashi Until 1:58AM Fri	Moon – Clear		4th Phase
					Kartika•Aipasi		Subha Sivaloka Day

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD
	Meena Rasi: 5.26	Tithi 12	Gulika 8:01AM – 9:18AM	Uttaraproshtapada Until 4:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:44AM	Sun 25 Sutra 208
	716313464		Yama 2:27PM – 3:44PM	Harshana Until 11:44PM	Muruqa: Purple	<i>Sunset:</i> 5:01PM	Vikarin 5121
			Rahu 10:35AM – 11:53AM	Bava Until 3:08PM	Nataraja: Purple		Moon 10 - Phase 29
				Dvadashi Until 4:11AM Sat	Moon – Clear		4th Phase
					Kartika•Aipasi		Subha Sivaloka Day

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD
	Meena Rasi: 17.27	Tithi 13	Gulika 6:45AM – 8:02AM	Revati Until 6:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:45AM	Sun 26 Sutra 209
	716313464		Yama 1:09PM – 2:26PM	Vajra* Until 12:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 5:00PM	Vikarin 5121
			Rahu 9:19AM – 10:36AM	Kaulava Until 5:12PM	Nataraja: Purple		Moon 10 - Phase 29
				Trayodashi Until 6:03AM Sun	Moon – Clear		4th Phase
					Kartika•Aipasi		Subha Sivaloka Day
					<i>Pradosha Vrata</i>		

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:26PM – 3:42PM	Revati Until 6:37AM	Ganesha: Yellow	<i>Sunrise:</i> 6:47AM	Sun 27 Sutra 210
	716313464		Yama 11:53AM – 1:09PM	Siddhi Until 12:15AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:59PM	Vikarin 5121
			Rahu 3:42PM – 4:59PM	Gara Until 6:52PM	Nataraja: Purple		Moon 10 - Phase 29
				Trayodashi Until 6:03AM	Moon – Clear		4th Phase
					Kartika•Aipasi		Subha Sivaloka Day

	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD
	Copper Retreat Star		Gulika 1:09PM – 2:25PM	Ashvini Until 8:45AM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Sun 28 Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:37AM – 11:53AM	Vyatipata* Until 12:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:58PM	Vikarin 5121
			Rahu 8:04AM – 9:20AM	Visti Until 8:07PM	Nataraja: Purple		Moon 10 - Phase 29
				Chaturdashi* Until 7:32AM	Moon – White		Purnima
					Kartika•Aipasi		Sivaloka Day

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD
	Silver Retreat Star		Gulika 11:53AM – 1:09PM	Bharani Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Sun 29 Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:21AM – 10:37AM	Variyan Until 11:30PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM	Vikarin 5121
			Rahu 2:25PM – 3:41PM	Balava Until 8:57PM	Nataraja: Purple		Moon 10 - Phase 29
				Purnima* Until 8:34AM	Moon – White		Prathama
					Kartika•Aipasi		Sivaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 213

Vikarin 5121

Virshabha Rasi: 7.04 Tithi 16 - 17

Gulika 10:37AM - 11:53AM
Yama 8:06AM - 9:22AM
Rahu 11:53AM - 1:09PM

Krittika Until 11:19AM

Parigha* Until 10:39PM

Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White Sunrise: 6:50AM

Muruqa: Purple Sunset: 4:56PM

Nataraja: Purple

Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau

Frederick, MD

Sun 1 Sutra 214

Vikarin 5121

Virshabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:22AM - 10:38AM
Yama 6:51AM - 8:07AM
Rahu 1:09PM - 2:24PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear Sunrise: 6:51AM

Muruqa: Purple Sunset: 4:55PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Frederick, MD

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 8:07AM - 9:23AM
Yama 2:24PM - 3:39PM
Rahu 10:38AM - 11:53AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear Sunrise: 6:52AM

Muruqa: Purple Sunset: 4:55PM

Nataraja: Purple

Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 6:53AM - 8:08AM
Yama 1:09PM - 2:24PM
Rahu 9:23AM - 10:38AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear Sunrise: 6:53AM

Muruqa: Purple Sunset: 4:54PM

Nataraja: Purple

Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Frederick, MD

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 2:23PM - 3:38PM
Yama 11:54AM - 1:09PM
Rahu 3:38PM - 4:53PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear Sunrise: 6:54AM

Muruqa: Purple Sunset: 4:53PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 1:09PM - 2:23PM
Yama 10:39AM - 11:54AM
Rahu 8:10AM - 9:25AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear Sunrise: 6:56AM

Muruqa: Purple Sunset: 4:52PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Tour Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 11:54AM - 1:09PM
Yama 9:25AM - 10:40AM
Rahu 2:23PM - 3:37PM

Ashlesha* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear Sunrise: 6:57AM

Muruqa: Purple Sunset: 4:52PM

Nataraja: Clear

Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 10:40AM - 11:54AM
Yama 8:12AM - 9:26AM
Rahu 11:54AM - 1:09PM

Magha* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White Sunrise: 6:58AM

Muruqa: Purple Sunset: 4:51PM

Nataraja: Clear

Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Dashamyam Titau	Frederick, MD Sun 8 Sutra 221 Vikarin 5121
Simha Rasi: 25.28	Tithi 25	Gulika 9:27AM – 10:41AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 6:59AM
		Yama 6:59AM – 8:13AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:51PM
		Rahu 1:09PM – 2:23PM	Vanija Until 11:49AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Dashami Until 10:33PM	Moon – Red	Subha Sivaloka Day
				Karttika-Karttikai	

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau	Frederick, MD Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 9.52	Tithi 26	Gulika 8:14AM – 9:27AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 7:00AM
		Yama 2:22PM – 3:36PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 4:50PM
		Rahu 10:41AM – 11:55AM	Bava Until 9:17AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Ekdashi* Until 7:57PM	Moon – Red	Subha Sivaloka Day
Until 6:03AM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 7:01AM – 8:15AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 7:01AM
		Yama 1:09PM – 2:22PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM
		Rahu 9:28AM – 10:42AM	Kaulava Until 6:39AM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Dvadashi* Until 5:17PM	Moon – Green	Sivaloka Day
Until 2:20AM Sun				Karttika-Karttikai	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>	

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 2:22PM – 3:36PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 7:02AM
		Yama 11:56AM – 1:09PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM
		Rahu 3:36PM – 4:49PM	Visti Until 1:26AM Mon	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Trayodashi* Until 2:40PM	Moon – Green	Devaloka Day
Until 12:21AM Mon				Karttika-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 1:09PM – 2:22PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 7:03AM
Family Home Evening		Yama 10:43AM – 11:56AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM
		Rahu 8:16AM – 9:29AM	Catuspada Until 11:09PM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Chaturdashi* Until 12:14PM	Moon – Orange	Devaloka Day
Until 10:54PM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 13 Sutra 226 Vikarin 5121
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:56AM – 1:09PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise:</i> 7:04AM
		Yama 9:30AM – 10:43AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM
		Rahu 2:22PM – 3:35PM	Kintughna Until 9:16PM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Amavasya* Until 10:08AM	Moon – Orange	Devaloka Day
Until 9:42PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Frederick, MD Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:44AM – 11:56AM	Jyeshtha* Until 8:53PM	Ganesha: Blue	<i>Sunrise:</i> 7:05AM	
		Yama 8:18AM – 9:31AM	Sukarma Until 7:49AM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 32
		779413465 Rahu 11:56AM – 1:09PM	Balava Until 7:55PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 8:30AM	Moon – Orange		Devaloka Day
Until 8:53PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:32AM – 10:44AM	Mula* Until 9:02PM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM	
		Yama 7:06AM – 8:19AM	Shula* Until 4:16AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32
		789413465 Rahu 1:09PM – 2:22PM	Taitila Until 7:15PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:29AM	Moon – Light Blue		Devaloka Day
				Margasira-Karttikai		

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Frederick, MD Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:20AM – 9:32AM	Purvashadha* Until 9:45PM	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	
		Yama 2:22PM – 3:35PM	Ganda* Until 3:21AM Sat	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32
		789413465 Rahu 10:45AM – 11:57AM	Vanija Until 7:19PM	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Tritiya Until 7:10AM	Moon – Light Blue		Devaloka Day
Until 9:45PM				Margasira-Karttikai		
Then Routine Work - Marana Yoga						

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 7:08AM – 8:21AM	Uttarashadha Until 11:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM	
		Yama 1:10PM – 2:22PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 32
		789413465 Rahu 9:33AM – 10:45AM	Bava Until 8:08PM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 7:37AM	Moon – Light Blue		Devaloka Day
Until 11:01PM				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Frederick, MD Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:22PM – 3:34PM	Shravana Until 1:16AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 7:09AM	
		Yama 11:58AM – 1:10PM	Dhruva Until 3:09AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
		799413465 Rahu 3:34PM – 4:46PM	Kaulava Until 9:39PM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Panchami Until 8:47AM	Moon – Purple		Sivaloka Day
Until 1:16AM Mon				Margasira-Karttikai		
Then Creative Work - Siddha Yoga						

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 1:10PM – 2:22PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	
Family Home Evening		Yama 10:46AM – 11:58AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
Creative Work	Siddha Yoga	791413465 Rahu 8:22AM – 9:34AM	Gara Until 11:42PM	Nataraja: Clear		3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Moon – Purple		Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai		

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:59AM – 1:11PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:11AM	
		Yama 9:35AM – 10:47AM	Harshana Until 4:27AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
		791413465 Rahu 2:22PM – 3:34PM	Visti Until 2:05AM Wed	Nataraja: Clear		Ashtami
Routine Work	Marana Yoga		Saptami Until 12:51PM	Moon – Purple		Sivaloka Day
Until 6:33AM Wed				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:47AM – 11:59AM	Shatabhishak Until 6:33AM	Ganesha: Clear	<i>Sunrise:</i> 7:12AM	
		Yama 8:24AM – 9:36AM	Vajra* Until 5:15AM Thu	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 32
		791413465 Rahu 11:59AM – 1:11PM	Balava Until 4:36AM Thu	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 3:19PM	Moon – Purple		Sivaloka Day
Until 6:33AM				Margasira-Karttikai		
Then Creative Work - Amrita Yoga						

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD
Meena Rasi: 1.31	Tithi 9 – 10	711413465	Gulika 9:36AM – 10:48AM Yama 7:13AM – 8:25AM Rahu 1:11PM – 2:23PM	Purvaproshtapada* Until 9:39AM Siddhi Until 5:59AM Fri Taitila Until 7:00AM Fri Navami* Until 5:48PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:13AM Sunset: 4:46PM	Sun 22	Sutra 235 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD
Meena Rasi: 13.26	Tithi 10	711413465	Gulika 8:26AM – 9:37AM Yama 2:23PM – 3:34PM Rahu 10:48AM – 12:00PM	Uttaraproshtapada Until 12:27PM Vyatipata* Until 6:31AM Sat Taitila Until 7:00AM Dashami Until 8:05PM	Ganesha: Yellow Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:14AM Sunset: 4:46PM	Sun 23	Sutra 236 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga						Sivaloka Day		

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD
Meena Rasi: 25.28	Tithi 11	711513465	Gulika 7:15AM – 8:26AM Yama 1:12PM – 2:23PM Rahu 9:38AM – 10:49AM	Revati Until 2:46PM Vyatipata* Until 6:31AM Vanija Until 9:07AM Ekadashi Until 9:59PM	Ganesha: White Muruqa: Purple Nataraja: Clear Moon – Clear	Sunrise: 7:15AM Sunset: 4:46PM	Sun 24	Sutra 237 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Routine Work Prabalarishta Yoga Until 2:46PM Then Creative Work - Siddha Yoga				Gita Jayanthi		Subha Sivaloka Day		

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD
Mesha Rasi: 7.4	Tithi 12	721513465	Gulika 2:23PM – 3:35PM Yama 12:01PM – 1:12PM Rahu 3:35PM – 4:46PM	Ashvini Until 4:59PM Variyan Until 6:43AM Bava Until 10:47AM Dvadashi Until 11:24PM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:16AM Sunset: 4:46PM	Sun 25	Sutra 238 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 4:59PM Then Routine Work - Prabalarishta Yoga						Sivaloka Day		

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD
Mesha Rasi: 20.05	Tithi 13	721513465	Gulika 1:12PM – 2:24PM Yama 10:50AM – 12:01PM Rahu 8:28AM – 9:39AM	Bharani Until 6:30PM Parigha* Until 6:31AM Kaulava Until 11:55AM Trayodashi Until 12:15AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:17AM Sunset: 4:46PM	Sun 26	Sutra 239 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Routine Work - Marana Yoga						Sivaloka Day		

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD
Vrishabha Rasi: 2.46	Tithi 14	721513465	Gulika 12:02PM – 1:13PM Yama 9:40AM – 10:51AM Rahu 2:24PM – 3:35PM	Krittika Until 7:18PM Siddha Until 4:49AM Wed Gara Until 12:29PM Chaturdashi* Until 12:31AM Wed	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon – White	Sunrise: 7:18AM Sunset: 4:46PM	Sun 27	Sutra 240 Vikarin 5121 Moon 11 - Phase 33 4th Phase
Creative Work Siddha Yoga Until 7:18PM Then Creative Work - Amrita Yoga				Krittika Deepam		Sivaloka Day		Tour Day

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD
Copper Retreat Star								
Vrishabha Rasi: 15.43	Tithi 15	731523465	Gulika 10:51AM – 12:02PM Yama 8:29AM – 9:40AM Rahu 12:02PM – 1:13PM	Rohini Until 7:52PM Sadhya Until 3:20AM Thu Visti Until 12:28PM Purnima* Until 12:14AM Thu	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:18AM Sunset: 4:46PM	Sun 28	Sutra 241 Vikarin 5121 Moon 11 - Phase 33 Purnima
Creative Work Siddha Yoga						Sivaloka Day		

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD		
Silver Retreat Star								
Vrishabha Rasi: 28.56	Tithi 16	732523465	Gulika 9:41AM – 10:52AM Yama 7:19AM – 8:30AM Rahu 1:14PM – 2:24PM	Mrigashira Until 7:48PM Subha Until 1:28AM Fri Balava Until 11:55AM Prathama* Until 11:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 7:19AM Sunset: 4:46PM	Sun 29	Sutra 242 Vikarin 5121 Moon 11 - Phase 33 Prathama
Routine Work Marana Yoga						Devaloka Day		

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:31AM – 9:41AM
Yama 2:25PM – 3:36PM
Rahu 10:52AM – 12:03PM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:20AM

Muruqa: Clear *Sunset:* 4:46PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:21AM – 8:31AM
Yama 1:14PM – 2:25PM
Rahu 9:42AM – 10:53AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:21AM

Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:25PM – 3:36PM
Yama 12:04PM – 1:15PM
Rahu 3:36PM – 4:47PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:21AM

Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Frederick, MD

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 1:15PM – 2:26PM
Yama 10:54AM – 12:05PM
Rahu 8:33AM – 9:43AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:22AM

Muruqa: Clear *Sunset:* 4:47PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 12:05PM – 1:16PM
Yama 9:44AM – 10:54AM
Rahu 2:26PM – 3:37PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:23AM

Muruqa: Clear *Sunset:* 4:48PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 4:02PM

Then Routine Work - Marana Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Frederick, MD

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:55AM – 12:06PM
Yama 8:34AM – 9:44AM
Rahu 12:06PM – 1:16PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:23AM

Muruqa: Clear *Sunset:* 4:48PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:45AM – 10:56AM
Yama 7:24AM – 8:34AM
Rahu 1:17PM – 2:27PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:24AM

Muruqa: Clear *Sunset:* 4:48PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Amrita Yoga


Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 7 Sutra 250 Vikarin 5121
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:35AM – 9:46AM Yama 2:28PM – 3:38PM Rahu 10:56AM – 12:07PM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:24AM</i> Muruqa: Clear <i>Sunset: 4:49PM</i> Nataraja: Clear Moon – Green	Devaloka Day
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga						
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 8 Sutra 251 Vikarin 5121
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:25AM – 8:35AM Yama 1:18PM – 2:28PM Rahu 9:46AM – 10:57AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:25AM</i> Muruqa: Clear <i>Sunset: 4:49PM</i> Nataraja: Clear Moon – Green	Devaloka Day
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati				
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Frederick, MD Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:29PM – 3:39PM Yama 12:08PM – 1:18PM Rahu 3:39PM – 4:50PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:25AM</i> Muruqa: Clear <i>Sunset: 4:50PM</i> Nataraja: Clear Moon – Green	Devaloka Day
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati				
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 10 Sutra 253 Vikarin 5121
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:19PM – 2:29PM Yama 10:58AM – 12:08PM Rahu 8:36AM – 9:47AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:26AM</i> Muruqa: Clear <i>Sunset: 4:50PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati <i>Pradosha Vrata (Fasting)</i>				
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 12:09PM – 1:19PM Yama 9:47AM – 10:58AM Rahu 2:30PM – 3:40PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:26AM</i> Muruqa: Clear <i>Sunset: 4:51PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati				
		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 12 Sutra 255 Vikarin 5121
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:59AM – 12:09PM Yama 8:37AM – 9:48AM Rahu 12:09PM – 1:20PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:27AM</i> Muruqa: Clear <i>Sunset: 4:51PM</i> Nataraja: Clear Moon – Orange	Devaloka Day
Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati				
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:48AM – 10:59AM Yama 7:27AM – 8:38AM Rahu 1:20PM – 2:31PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:27AM</i> Muruqa: Clear <i>Sunset: 4:52PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day
Creative Work Siddha Yoga		Annular Solar Eclipse				
		Pausha-Markali				

1		Friday, December 27, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau	Frederick, MD
Dhanus Rasi: 26.08	Tithi 2	883523466	Gulika 8:38AM – 9:49AM Yama 2:31PM – 3:42PM Rahu 10:59AM – 12:10PM	Purvashadha* Until 6:59AM Dhruva Until 10:31AM Balava Until 12:22PM Dvitiya Until 12:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sun 14 Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Prabalarishta Yoga					Devaloka Day	
Until 6:59AM							
Then Routine Work - Marana Yoga							

2		Saturday, December 28, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau	Frederick, MD
Makara Rasi: 8.49	Tithi 3	883523466	Gulika 7:28AM – 8:39AM Yama 1:21PM – 2:32PM Rahu 9:49AM – 11:00AM	Uttarashadha Until 8:04AM Vyaghata* Until 9:56AM Taitila Until 1:12PM Tritiya Until 1:49AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sun 15 Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga					Devaloka Day	
Until 8:04AM							
Then Creative Work - Siddha Yoga							

3		Sunday, December 29, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau	Frederick, MD
Makara Rasi: 21.16	Tithi 4	893523466	Gulika 2:33PM – 3:43PM Yama 12:11PM – 1:22PM Rahu 3:43PM – 4:54PM	Shravana Until 10:02AM Harshana Until 9:48AM Vanija Until 2:37PM Chaturthi* Until 3:29AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sun 16 Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga					Devaloka Day	
Until 10:02AM							
Then Routine Work - Marana Yoga							

4		Monday, December 30, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau	Frederick, MD
Kumbha Rasi: 3.28	Tithi 5	893523466	Gulika 1:22PM – 2:33PM Yama 11:01AM – 12:12PM Rahu 8:39AM – 9:50AM	Dhanishtha Until 12:20PM Vajra* Until 10:03AM Bava Until 4:31PM Panchami Until 5:36AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sun 17 Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Family Home Evening						Devaloka Day	
Creative Work	Siddha Yoga						

5		Tuesday, December 31, 2019				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthiyam Titau	Frederick, MD
Kumbha Rasi: 15.3	Tithi 6	893523466	Gulika 12:12PM – 1:23PM Yama 9:50AM – 11:01AM Rahu 2:34PM – 3:45PM	Shatabhishak Until 2:50PM Siddhi Until 10:36AM Kaulava Until 6:48PM Shashthi* Until 8:01AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sun 18 Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Routine Work	Marana Yoga					Devaloka Day	

6		Wednesday, January 1, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Frederick, MD
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	Gulika 11:02AM – 12:13PM Yama 8:40AM – 9:51AM Rahu 12:13PM – 1:24PM	Purvaproshtapada* Until 5:54PM Vyatipata* Until 11:21AM Gara Until 9:17PM Shashthi* Until 8:01AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sun 19 Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase	
Creative Work	Amrita Yoga					Bhuloka Day	
Until 5:54PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga			Vinayaga Viratam Ends				

Retreat Star		Thursday, January 2, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Frederick, MD
Meena Rasi: 9.19	Tithi 7 – 8	813623466	Gulika 9:51AM – 11:02AM Yama 7:29AM – 8:40AM Rahu 1:25PM – 2:36PM	Uttaraproshtapada Until 8:48PM Variyan Until 12:08PM Visti Until 11:46PM Saptami Until 10:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sun 20 Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami	
Creative Work	Siddha Yoga					Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

Retreat Star		Friday, January 3, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Frederick, MD
Meena Rasi: 21.13	Tithi 8 – 9	813623466	Gulika 8:40AM – 9:51AM Yama 2:36PM – 3:48PM Rahu 11:03AM – 12:14PM	Revati Until 11:23PM Parigha* Until 12:51PM Balava Until 2:02AM Sat Ashtami* Until 12:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sun 21 Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami	
Creative Work	Siddha Yoga					Bhuloka Day	
Until 11:23PM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Frederick, MD Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:29AM – 8:40AM Yama 1:26PM – 2:37PM Rahu 9:52AM – 11:03AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:00PM Nataraja: Orange Moon – White Pausha-Markali	Moon 12 - Phase 37 4th Phase Devaloka Day	
Creative Work Siddha Yoga							
Until 1:54AM Sun							
Then Routine Work - Prabalarishta Yoga							

2		Sunday, January 5, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:38PM – 3:49PM Yama 12:15PM – 1:26PM Rahu 3:49PM – 5:01PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:01PM Nataraja: Orange Moon – White Pausha-Markali	Moon 12 - Phase 37 4th Phase Devaloka Day	
Routine Work Prabalarishta Yoga							
Until 3:44AM Mon							
Then Routine Work - Marana Yoga							

3		Monday, January 6, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:27PM – 2:39PM Yama 11:04AM – 12:15PM Rahu 8:41AM – 9:52AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:02PM Nataraja: Orange Moon – White Pausha-Markali	Moon 12 - Phase 37 4th Phase Devaloka Day	
Family Home Evening							
Routine Work Marana Yoga							
Until 4:45AM Tue							
Then Creative Work - Amrita Yoga							

4		Tuesday, January 7, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:16PM – 1:27PM Yama 9:52AM – 11:04AM Rahu 2:39PM – 3:51PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:03PM Nataraja: Orange Moon – Yellow Pausha-Markali	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Amrita Yoga							
Until 5:22AM Wed							
Then Creative Work - Siddha Yoga							
		<i>Pradosha Vrata</i>					

5		Wednesday, January 8, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 11:04AM – 12:16PM Yama 8:41AM – 9:52AM Rahu 12:16PM – 1:28PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:04PM Nataraja: Orange Moon – Yellow Pausha-Markali	Moon 12 - Phase 37 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga							
Until 5:09AM Thu							
Then Routine Work - Marana Yoga							

6		Thursday, January 9, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Frederick, MD Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 9:53AM – 11:05AM Yama 7:29AM – 8:41AM Rahu 1:29PM – 2:41PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:29AM Muruga: Clear <i>Sunset:</i> 5:05PM Nataraja: Orange Moon – Yellow Pausha-Markali	Moon 12 - Phase 37 4th Phase Devaloka Day	
Routine Work Marana Yoga							
Until 4:10AM Fri							
Then Creative Work - Siddha Yoga							
		Ardra Darshanam					

○		Friday, January 10, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Frederick, MD Sutra 271 Vikarin 5121
Copper Retreat Star							
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	Gulika 8:41AM – 9:53AM Yama 2:41PM – 3:53PM Rahu 11:05AM – 12:17PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 5:06PM Nataraja: Orange Moon – Blue Pausha-Markali	Moon 12 - Phase 37 Purnima Sivaloka Day	
Creative Work Siddha Yoga							
		Penumbra Lunar Eclipse					

○		Saturday, January 11, 2020				Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Frederick, MD Sutra 272 Vikarin 5121
Silver Retreat Star							
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	Gulika 7:28AM – 8:40AM Yama 1:30PM – 2:42PM Rahu 9:53AM – 11:05AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:28AM Muruga: Clear <i>Sunset:</i> 5:07PM Nataraja: Orange Moon – Blue Pausha-Markali	Moon 12 - Phase 37 Prathama Sivaloka Day	
Creative Work Siddha Yoga							



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 19.3 Tithi 17 - 18

844623466

Gulika 2:43PM - 3:55PM
Yama 12:18PM - 1:30PM
Rahu 3:55PM - 5:08PM

Creative Work Siddha Yoga
Until 11:13PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD
Sun 1 Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Ganesha: White Sunrise: 7:28AM
Muruga: Clear Sunset: 5:08PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 4.01 Tithi 18 - 19

844623466

Gulika 1:31PM - 2:43PM
Yama 11:06AM - 12:18PM
Rahu 8:40AM - 9:53AM

Family Home Evening
Routine Work Marana Yoga
Until 9:21PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Frederick, MD
Sun 2 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Magha* Until 9:21PM
Ayushman Until 5:24PM
Balava Until 4:16AM Tue
Tritiya Until 6:59AM

Ganesha: Clear Sunrise: 7:28AM
Muruga: Clear Sunset: 5:09PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 18.34 Tithi 20

844623466

Gulika 12:19PM - 1:31PM
Yama 9:53AM - 11:06AM
Rahu 2:44PM - 3:57PM

Creative Work Siddha Yoga
Until 7:23PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD
Sun 3 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Purvaphalguni Until 7:23PM
Saubhagya Until 1:58PM
Kaulava Until 2:57PM
Panchami Until 1:38AM Wed

Ganesha: Clear Sunrise: 7:27AM
Muruga: Clear Sunset: 5:10PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

Tour Day

3

Wednesday, January 15, 2020

Kanya Rasi: 3.03 Tithi 21

844623466

Gulika 11:06AM - 12:19PM
Yama 8:40AM - 9:53AM
Rahu 12:19PM - 1:32PM

Creative Work Amrita Yoga
Until 5:26PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD
Sun 4 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Uttaraphalguni Until 5:26PM
Sobhana Until 10:40AM
Gara Until 12:24PM
Shashthi* Until 11:11PM

Ganesha: Clear Sunrise: 7:27AM
Muruga: Clear Sunset: 5:11PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 17.24 Tithi 22

864623466

Gulika 9:53AM - 11:06AM
Yama 7:26AM - 8:40AM
Rahu 1:32PM - 2:46PM

Routine Work Marana Yoga
Until 4:00PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Frederick, MD
Sun 5 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Hasta Until 4:00PM
Athiganda* Until 7:30AM
Visti Until 10:04AM
Saptami Until 8:59PM

Ganesha: Purple Sunrise: 7:26AM
Muruga: Clear Sunset: 5:12PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Tula Rasi: 1.34 Tithi 23

844623466

Gulika 8:39AM - 9:53AM
Yama 2:46PM - 4:00PM
Rahu 11:06AM - 12:20PM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD
Sun 6 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Chitra Until 2:43PM
Dhriti Until 1:56AM Sat
Balava Until 8:01AM
Ashtami* Until 7:06PM

Ganesha: Purple Sunrise: 7:26AM
Muruga: Clear Sunset: 5:13PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 15.31 Tithi 24 - 25

864623466

Gulika 7:26AM - 8:39AM
Yama 1:33PM - 2:47PM
Rahu 9:53AM - 11:06AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Frederick, MD
Sun 7 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Svati Until 1:39PM
Shula* Until 11:33PM
Taitila Until 6:19AM
Navami* Until 5:35PM

Ganesha: Purple Sunrise: 7:26AM
Muruga: Clear Sunset: 5:14PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 8 Sutra 280 Vikarin 5121
Tula Rasi: 29.14	Tithi 26 – 26	Gulika 2:48PM – 4:02PM	Vishakha Until 1:14PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM	
		Yama 12:20PM – 1:34PM	Ganda* Until 9:30PM	Muruqa: Clear <i>Sunset:</i> 5:15PM	Moon 1 - Phase 39
		874623466 Rahu 4:02PM – 5:15PM	Bava Until 4:01AM Mon	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau	Frederick, MD Sun 9 Sutra 281 Vikarin 5121
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:34PM – 2:48PM	Anuradha Until 1:02PM	Ganesha: Clear <i>Sunrise:</i> 7:25AM	
Family Home Evening		Yama 11:06AM – 12:20PM	Vriddhi Until 7:45PM	Muruqa: Clear <i>Sunset:</i> 5:16PM	Moon 1 - Phase 39
		874623466 Rahu 8:39AM – 9:53AM	Kaulava Until 3:27AM Tue	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange	Devaloka Day
				Pausha -Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Talitla/Gara Karana Dvadashti/Trayodashyam Titau	Frederick, MD Sun 10 Sutra 282 Vikarin 5121
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:21PM – 1:35PM	Jyeshtha* Until 1:05PM	Ganesha: Purple <i>Sunrise:</i> 7:24AM	
		Yama 9:52AM – 11:07AM	Dhruva Until 6:17PM	Muruqa: Clear <i>Sunset:</i> 5:18PM	Moon 1 - Phase 39
		875623466 Rahu 2:49PM – 4:03PM	Gara Until 3:18AM Wed	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashti* Until 3:18PM	Moon – Orange	Bhuloka Day
Until 1:05PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 11 Sutra 283 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 11:07AM – 12:21PM	Mula* Until 1:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	
		Yama 8:38AM – 9:52AM	Vyaghata* Until 5:10PM	Muruqa: Clear <i>Sunset:</i> 5:19PM	Moon 1 - Phase 39
		885623466 Rahu 12:21PM – 1:35PM	Visti Until 3:34AM Thu	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue	Bhuloka Day
Until 1:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 12 Sutra 284 Vikarin 5121
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:52AM – 11:07AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue <i>Sunrise:</i> 7:23AM	
		Yama 7:23AM – 8:37AM	Harshana Until 4:23PM	Muruqa: Clear <i>Sunset:</i> 5:20PM	Moon 1 - Phase 39
		885623466 Rahu 1:36PM – 2:51PM	Catuspada Until 4:15AM Fri	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue	Bhuloka Day
Until 2:51PM				Pausha -Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 13 Sutra 285 Vikarin 5121
Makara Rasi: 4.37	Tithi 30 – 1	Gulika 8:37AM – 9:52AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue <i>Sunrise:</i> 7:22AM	
		Yama 2:51PM – 4:06PM	Vajra* Until 3:54PM	Muruqa: Clear <i>Sunset:</i> 5:21PM	Moon 1 - Phase 39
		885623466 Rahu 11:07AM – 12:22PM	Kintughna Until 5:23AM Sat	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue	Bhuloka Day
				Pausha -Thai	Devaloka Time: 3:PM to 6:PM

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau	Frederick, MD Sun 14 Sutra 286 Vikarin 5121
Makara Rasi: 17.05	Tithi 1	Gulika 7:21AM – 8:36AM	Shravana Until 6:08PM	Ganesha: Light Blue <i>Sunrise:</i> 7:21AM	
		Yama 1:37PM – 2:52PM	Siddhi Until 3:46PM	Muruqa: Clear <i>Sunset:</i> 5:22PM	Moon 1 - Phase 39
		995623466 Rahu 9:52AM – 11:07AM	Bava Until 6:05PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple	Bhuloka Day
				Magha -Thai	Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Frederick, MD Sun 15 Sutra 287
Makara Rasi: 29.23	Tithi 2	Gulika 2:53PM – 4:08PM	Dhanishtha Until 8:21PM	Ganesha: Orange	<i>Sunrise:</i> 7:21AM	Vikarin 5121	
		Yama 12:22PM – 1:37PM	Vyatipata* Until 3:57PM	Muruqa: Clear	<i>Sunset:</i> 5:23PM	Moon 1 - Phase 40	
		995723466 Rahu 4:08PM – 5:23PM	Balava Until 6:56AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon – Purple			Devaloka Day
Until 8:21PM				Magha-Thai			
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Frederick, MD Sun 16 Sutra 288
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:38PM – 2:53PM	Shatabhishak Until 10:45PM	Ganesha: Orange	<i>Sunrise:</i> 7:20AM	Vikarin 5121	
Family Home Evening		Yama 11:07AM – 12:22PM	Variyan Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:25PM	Moon 1 - Phase 40	
Creative Work	Siddha Yoga	995723466 Rahu 8:35AM – 9:51AM	Taitila Until 8:52AM	Nataraja: Orange		3rd Phase	
Until 10:45PM			Tritiya Until 9:56PM	Moon – Purple			Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai			

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chaturtham Titau			Frederick, MD Sun 17 Sutra 289
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:22PM – 1:38PM	Purvaprossthapada* Until 1:44AM Wed	Ganesha: Green	<i>Sunrise:</i> 7:19AM	Vikarin 5121	
		Yama 9:51AM – 11:07AM	Parigha* Until 5:02PM	Muruqa: Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40	
		915723466 Rahu 2:54PM – 4:10PM	Vanija Until 11:06AM	Nataraja: Orange		3rd Phase	
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon – Clear			Sivaloka Day
Until 1:44AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Frederick, MD Sun 18 Sutra 290
Meena Rasi: 5.26	Tithi 5	Gulika 11:06AM – 12:23PM	Uttaraprossthapada Until 4:41AM Thu	Ganesha: Green	<i>Sunrise:</i> 7:18AM	Vikarin 5121	
		Yama 8:34AM – 9:50AM	Shiva Until 5:51PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40	
		915723466 Rahu 12:23PM – 1:39PM	Bava Until 1:34PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon – Clear			Sivaloka Day
				Magha-Thai			

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashtham Titau			Frederick, MD Sun 19 Sutra 291
Meena Rasi: 17.19	Tithi 6	Gulika 9:50AM – 11:06AM	Revati Until 7:26AM Fri	Ganesha: Orange	<i>Sunrise:</i> 7:17AM	Vikarin 5121	
		Yama 7:17AM – 8:34AM	Siddha Until 6:40PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
		916723466 Rahu 1:39PM – 2:55PM	Kaulava Until 4:06PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon – Clear			Devaloka Day
Until 7:26AM Fri				Magha-Thai			
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Frederick, MD Sun 20 Sutra 292
Meena Rasi: 29.11	Tithi 7	Gulika 8:33AM – 9:50AM	Revati Until 7:26AM	Ganesha: Orange	<i>Sunrise:</i> 7:16AM	Vikarin 5121	
		Yama 2:56PM – 4:13PM	Sadhya Until 7:25PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		916723466 Rahu 11:06AM – 12:23PM	Gara Until 6:32PM	Nataraja: Orange		3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon – Clear			Devaloka Day
Until 7:26AM				Magha-Thai			
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Frederick, MD Sun 21 Sutra 293
Mesha Rasi: 11.09	Tithi 7 – 8	Gulika 7:16AM – 8:33AM	Ashvini Until 10:20AM	Ganesha: Green	<i>Sunrise:</i> 7:16AM	Vikarin 5121	
		Yama 1:39PM – 2:56PM	Subha Until 7:57PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
		926723466 Rahu 9:50AM – 11:06AM	Visti Until 8:40PM	Nataraja: Orange		Ashtami	
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon – White			Bhuloka Day
				Magha-Thai			Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Frederick, MD Sun 22 Sutra 294
Mesha Rasi: 23.16	Tithi 8 – 9	Gulika 2:57PM – 4:14PM	Bharani Until 12:39PM	Ganesha: Green	<i>Sunrise:</i> 7:16AM	Vikarin 5121	
		Yama 12:23PM – 1:40PM	Sukla Until 8:05PM	Muruqa: Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40	
		926723466 Rahu 4:14PM – 5:30PM	Balava Until 10:18PM	Nataraja: Orange		Navami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon – White			Bhuloka Day
Until 12:39PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

Monday, February 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:40PM – 2:57PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:15AM	
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 11:06AM – 12:23PM	Brahma Until 7:42PM	Muruḡa: Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:32AM – 9:49AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Navami* Until 10:50AM	Moon – White		Bhuloka Day
Until 2:12PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:23PM – 1:41PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:14AM	
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:48AM – 11:06AM	Indra Until 6:44PM	Muruḡa: Clear	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
	936723467	Rahu 2:58PM – 4:15PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21AM	Moon – Yellow		Devaloka Day
Until 3:20PM				Magha-Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 297 Vikarin 5121
3		Gulika 11:06AM – 12:23PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:13AM	
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:30AM – 9:48AM	Vaidhriti* Until 5:05PM	Muruḡa: Clear	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
	936723467	Rahu 12:23PM – 1:41PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:02AM	Moon – Yellow		Devaloka Day
				Magha-Thai		

Thursday, February 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:48AM – 11:05AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 7:12AM	
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 7:12AM – 8:30AM	Vishkambha* Until 2:48PM	Muruḡa: Clear	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
	936723467	Rahu 1:41PM – 2:59PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:54AM	Moon – Yellow		Devaloka Day
Until 2:41PM				Magha-Thai		
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:29AM – 9:47AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 7:11AM	
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 3:00PM – 4:18PM	Priti Until 11:57AM	Muruḡa: Clear	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
	947723467	Rahu 11:05AM – 12:23PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:00AM	Moon – Blue		Bhuloka Day
Until 1:28PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Frederick, MD Sutra 300 Vikarin 5121
○		Gulika 7:10AM – 8:28AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 7:10AM	
Kataka Rasi: 13.17	Tithi 15	Yama 1:42PM – 3:00PM	Ayushman Until 8:36AM	Muruḡa: Clear	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
	947723467	Rahu 9:47AM – 11:05AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:30AM Sun	Moon – Blue		Bhuloka Day
Until 11:31AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sutra 301 Vikarin 5121
○		Gulika 3:01PM – 4:20PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 7:08AM	
Kataka Rasi: 28.02	Tithi 16	Yama 12:24PM – 1:42PM	Sobhana Until 12:59AM Mon	Muruḡa: Clear	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
	947723467	Rahu 4:20PM – 5:39PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:13PM	Moon – Blue		Bhuloka Day
Until 9:01AM				Magha-Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 1:43PM - 3:02PM
Yama 11:04AM - 12:24PM
Rahu 8:26AM - 9:45AM
Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Frederick, MD Sutra 302 Vikarin 5121 Moon 2 - Phase 42 1st Phase
Ganesha: Red Sunrise: 7:07AM
Muruqa: Clear Sunset: 5:40PM
Nataraja: Clear
Moon - Red
Devaloka Day
Magha*Thai

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 - 19
957723467
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau
Gulika 12:24PM - 1:43PM
Yama 9:45AM - 11:04AM
Rahu 3:02PM - 4:22PM
Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Frederick, MD Sun 1 Sutra 303 Vikarin 5121 Moon 2 - Phase 42 1st Phase
Ganesha: Red Sunrise: 7:06AM
Muruqa: Clear Sunset: 5:41PM
Nataraja: Clear
Moon - Red
Devaloka Day
Magha*Thai

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 - 20
967723467
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Gulika 11:04AM - 12:24PM
Yama 8:25AM - 9:44AM
Rahu 12:24PM - 1:43PM
Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Frederick, MD Sun 2 Sutra 304 Vikarin 5121 Moon 2 - Phase 42 1st Phase
Ganesha: Green Sunrise: 7:05AM
Muruqa: Clear Sunset: 5:42PM
Nataraja: Clear
Moon - Green
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Thai

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 - 21
968723467
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau
Gulika 9:44AM - 11:04AM
Yama 7:04AM - 8:24AM
Rahu 1:43PM - 3:03PM
Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Frederick, MD Sun 3 Sutra 305 Vikarin 5121 Moon 2 - Phase 42 1st Phase
Ganesha: White Sunrise: 7:04AM
Muruqa: Clear Sunset: 5:43PM
Nataraja: Clear
Moon - Green
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Masi

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 - 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau
Gulika 8:23AM - 9:43AM
Yama 3:04PM - 4:24PM
Rahu 11:03AM - 12:24PM
Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Frederick, MD Sun 4 Sutra 306 Vikarin 5121 Moon 2 - Phase 42 1st Phase
Ganesha: White Sunrise: 7:03AM
Muruqa: Clear Sunset: 5:44PM
Nataraja: Clear
Moon - Green
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Magha*Masi

D

Saturday, February 15, 2020
Retreat Star

Tula Rasi: 26.04 Tithi 22 - 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau
Gulika 7:01AM - 8:22AM
Yama 1:44PM - 3:04PM
Rahu 9:42AM - 11:03AM
Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Frederick, MD Sun 5 Sutra 307 Vikarin 5121 Moon 2 - Phase 42 Ashtami
Ganesha: Clear Sunrise: 7:01AM
Muruqa: Clear Sunset: 5:45PM
Nataraja: Clear
Moon - Orange
Devaloka Day
Magha*Masi

Sunday, February 16, 2020
Retreat Star

Vrischika Rasi: 9.44 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau
Gulika 3:05PM - 4:26PM
Yama 12:23PM - 1:44PM
Rahu 4:26PM - 5:47PM
Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Frederick, MD Sun 6 Sutra 308 Vikarin 5121 Moon 2 - Phase 42 Navami
Ganesha: Clear Sunrise: 7:00AM
Muruqa: Clear Sunset: 5:47PM
Nataraja: Clear
Moon - Orange
Devaloka Day
Magha*Masi

1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Harshana Yoga Vanija/Visli* Karana Dashamyam Titau	Frederick, MD Sun 7 Sutra 309 Vikarin 5121
Vrischika Rasi: 23.04	Tithi 25	Gulika 1:44PM – 3:06PM	Jyeshtha* Until 6:33PM	Ganesha: Clear <i>Sunrise:</i> 6:59AM	
Family Home Evening	978723467	Yama 11:02AM – 12:23PM	Harshana Until 10:12PM	Muruqa: Clear <i>Sunset:</i> 5:48PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 8:20AM – 9:41AM	Vanija Until 4:01PM	Nataraja: Clear	2nd Phase
			Dashami Until 4:03AM Tue	Moon – Orange	Devaloka Day
				Magha-Masi	

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau	Frederick, MD Sun 8 Sutra 310 Vikarin 5121
Dhanus Rasi: 6.04	Tithi 26	Gulika 12:23PM – 1:45PM	Mula* Until 7:36PM	Ganesha: Purple <i>Sunrise:</i> 6:58AM	
	988723467	Yama 9:40AM – 11:02AM	Vajra* Until 9:19PM	Muruqa: Clear <i>Sunset:</i> 5:49PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 3:06PM – 4:27PM	Bava Until 4:16PM	Nataraja: Clear	2nd Phase
Until 7:36PM			Ekadashi* Until 4:34AM Wed	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau	Frederick, MD Sun 9 Sutra 311 Vikarin 5121
Dhanus Rasi: 18.49	Tithi 27	Gulika 11:01AM – 12:23PM	Purvashadha* Until 8:58PM	Ganesha: Purple <i>Sunrise:</i> 6:56AM	
	988723467	Yama 8:18AM – 9:40AM	Siddhi Until 8:49PM	Muruqa: Clear <i>Sunset:</i> 5:50PM	Moon 2 - Phase 43
Creative Work Amrita Yoga		Rahu 12:23PM – 1:45PM	Kaulava Until 5:01PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 5:32AM Thu	Moon – Light Blue	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Vyatipata* Yoga Gara Karana Trayodashyam Titau	Frederick, MD Sun 10 Sutra 312 Vikarin 5121
Makara Rasi: 1.2	Tithi 28	Gulika 9:39AM – 11:01AM	Uttarashadha Until 10:35PM	Ganesha: Purple <i>Sunrise:</i> 6:55AM	
	989823467	Yama 6:55AM – 8:17AM	Vyatipata* Until 8:40PM	Muruqa: Clear <i>Sunset:</i> 5:51PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 1:45PM – 3:07PM	Gara Until 6:12PM	Nataraja: Clear	2nd Phase
Until 10:35PM			Trayodashi* Until 6:55AM Fri	Moon – Light Blue	Bhuloka Day
Then Creative Work - Siddha Yoga				Magha-Masi	Devaloka Time: 3:PM to 6:PM
			<i>Pradosha Vrata (Fasting)</i>		

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Variyan Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 11 Sutra 313 Vikarin 5121
Makara Rasi: 13.42	Tithi 28 – 29	Gulika 8:16AM – 9:38AM	Shravana Until 12:52AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:54AM	
	999823467	Yama 3:08PM – 4:30PM	Variyan Until 8:45PM	Muruqa: Clear <i>Sunset:</i> 5:52PM	Moon 2 - Phase 43
Routine Work Marana Yoga		Rahu 11:01AM – 12:23PM	Visti Until 7:45PM	Nataraja: Clear	2nd Phase
Until 12:52AM Sat			Trayodashi* Until 6:55AM	Moon – Purple	Bhuloka Day
Then Creative Work - Siddha Yoga		Mahasivaratri (Lunar)		Magha-Masi	Devaloka Time: 3:PM to 6:PM
		Mahasivaratri (Solar)			

Retreat Star		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau	Frederick, MD Sun 12 Sutra 314 Vikarin 5121
Makara Rasi: 25.55	Tithi 29 – 30	Gulika 6:52AM – 8:15AM	Dhanishtha Until 3:16AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:52AM	
	999823467	Yama 1:45PM – 3:08PM	Parigha* Until 9:04PM	Muruqa: Clear <i>Sunset:</i> 5:53PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 9:38AM – 11:00AM	Catuspada Until 9:36PM	Nataraja: Clear	Amavasya
			Chaturdashy* Until 8:37AM	Moon – Purple	Bhuloka Day
				Magha-Masi	Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 13 Sutra 315 Vikarin 5121
Kumbha Rasi: 8.02	Tithi 30 – 1	Gulika 3:09PM – 4:32PM	Shatabhishak Until 5:43AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 6:51AM	
	999823467	Yama 12:23PM – 1:46PM	Shiva Until 9:36PM	Muruqa: Clear <i>Sunset:</i> 5:54PM	Moon 2 - Phase 43
Creative Work Siddha Yoga		Rahu 4:32PM – 5:54PM	Kintughna Until 11:42PM	Nataraja: Clear	Prathama
Until 5:43AM Mon			Amavasya* Until 10:36AM	Moon – Purple	Bhuloka Day
Then Routine Work - Marana Yoga				Phalgun-Masi	Devaloka Time: 3:PM to 6:PM

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 14 Sutra 316 Vikarin 5121
1	Kumbha Rasi: 20.03 Tithi 1 – 2 Family Home Evening Routine Work Marana Yoga Until 8:41AM Tue Then Creative Work - Amrita Yoga	Gulika 1:46PM – 3:09PM Yama 10:59AM – 12:23PM Rahu 8:13AM – 9:36AM	Purvaproshtapada* Until 8:41AM Tue Siddha Until 10:15PM Balava Until 2:00AM Tue Prathama* Until 12:48PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:50AM Sunset: 5:56PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 15 Sutra 317 Vikarin 5121
2	Meena Rasi: 1.59 Tithi 2 – 3 Routine Work Marana Yoga Until 8:41AM Then Creative Work - Amrita Yoga	Gulika 12:22PM – 1:46PM Yama 9:35AM – 10:59AM Rahu 3:10PM – 4:33PM	Purvaproshtapada* Until 8:41AM Sadhya Until 11:02PM Tailita Until 4:27AM Wed Dvitiya Until 3:11PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:48AM Sunset: 5:57PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Frederick, MD Sun 16 Sutra 318 Vikarin 5121
3	Meena Rasi: 13.53 Tithi 3 – 4 Creative Work Siddha Yoga Until 11:36AM Then Routine Work - Marana Yoga	Gulika 10:58AM – 12:22PM Yama 8:11AM – 9:35AM Rahu 12:22PM – 1:46PM	Uttaraproshtapada Until 11:36AM Subha Until 11:55PM Vanija Until 6:58AM Thu Tritiya Until 5:41PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:47AM Sunset: 5:58PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Frederick, MD Sun 17 Sutra 319 Vikarin 5121
4	Meena Rasi: 25.45 Tithi 4 Creative Work Siddha Yoga Until 2:25PM Then Creative Work - Amrita Yoga	Gulika 9:34AM – 10:58AM Yama 6:45AM – 8:10AM Rahu 1:46PM – 3:10PM	Revati Until 2:25PM Sukla Until 12:45AM Fri Vanija Until 6:58AM Chaturthi* Until 8:12PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Clear Phalguna-Masi	Sunrise: 6:45AM Sunset: 5:59PM	Moon 2 - Phase 44 3rd Phase Devaloka Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 18 Sutra 320 Vikarin 5121
5	Mesha Rasi: 7.37 Tithi 5 Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga	Gulika 8:08AM – 9:33AM Yama 3:11PM – 4:35PM Rahu 10:57AM – 12:22PM	Ashvini Until 5:29PM Brahma Until 1:31AM Sat Bava Until 9:27AM Panchami Until 10:37PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:44AM Sunset: 6:00PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau				Frederick, MD Sun 19 Sutra 321 Vikarin 5121
6	Mesha Rasi: 19.33 Tithi 6 Creative Work Siddha Yoga Until 8:10PM Then Creative Work - Amrita Yoga	Gulika 6:43AM – 8:07AM Yama 1:47PM – 3:11PM Rahu 9:32AM – 10:57AM	Bharani Until 8:10PM Indra Until 2:05AM Sun Kaulava Until 11:45AM Shashthi* Until 12:45AM Sun	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:43AM Sunset: 6:01PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 322 Vikarin 5121
Retreat Star		Gulika 3:12PM – 4:38PM Yama 12:21PM – 1:47PM Rahu 4:38PM – 6:03PM	Krittika Until 10:16PM Vaidhriti* Until 2:14AM Mon Gara Until 1:41PM Saptami Until 2:25AM Mon	Ganesha: Purple Muruqa: Orange Nataraja: Clear Moon – White Phalguna-Masi	Sunrise: 6:40AM Sunset: 6:03PM	Moon 2 - Phase 44 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 21 Sutra 323 Vikarin 5121
Retreat Star		Gulika 1:47PM – 3:13PM Yama 10:55AM – 12:21PM Rahu 8:04AM – 9:30AM	Rohini Until 12:04AM Tue Vishkambha* Until 1:54AM Tue Visti Until 3:01PM Ashtami* Until 3:23AM Tue	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:38AM Sunset: 6:04PM	Moon 2 - Phase 44 Ashtami Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 22 Sutra 324 Vikarin 5121
Retreat Star		Gulika 12:21PM – 1:47PM Yama 9:29AM – 10:55AM Rahu 3:13PM – 4:39PM	Mrigashira Until 12:55AM Wed Priti Until 12:57AM Wed Balava Until 3:36PM Navami* Until 3:33AM Wed	Ganesha: Clear Muruqa: Orange Nataraja: Clear Moon – Yellow Phalguna-Masi	Sunrise: 6:37AM Sunset: 6:05PM	Moon 2 - Phase 44 Navami Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau	Frederick, MD Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:54AM – 12:21PM	Ardra Until 12:47AM Thu	Ganesha: Red <i>Sunrise:</i> 6:35AM	
		Yama 8:01AM – 9:28AM	Ayushman Until 11:18PM	Muruqa: Orange <i>Sunset:</i> 6:06PM	Moon 2 - Phase 45
		131833467 Rahu 12:21PM – 1:47PM	Taitila Until 3:19PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Dashami Until 2:49AM Thu	Moon – Yellow	Devaloka Day
Until 12:47AM Thu				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau	Frederick, MD Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:27AM – 10:54AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:34AM	
		Yama 6:34AM – 8:00AM	Saubhagya Until 8:58PM	Muruqa: Orange <i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		141833467 Rahu 1:47PM – 3:14PM	Vanija Until 2:09PM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Ekadashi Until 1:14AM Fri	Moon – Blue	Bhuloka Day
Until 12:05AM Fri				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Frederick, MD Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 6.48	Tithi 12	Gulika 7:59AM – 9:26AM	Pushya Until 10:29PM	Ganesha: Blue <i>Sunrise:</i> 6:32AM	
		Yama 3:14PM – 4:41PM	Sobhana Until 6:00PM	Muruqa: Orange <i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
		141833467 Rahu 10:53AM – 12:20PM	Bava Until 12:10PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 10:53PM	Moon – Blue	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Frederick, MD Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.13	Tithi 13	Gulika 6:31AM – 7:58AM	Ashlesha* Until 8:07PM	Ganesha: Blue <i>Sunrise:</i> 6:31AM	
		Yama 1:47PM – 3:15PM	Athiganda* Until 2:29PM	Muruqa: Orange <i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
		141833467 Rahu 9:25AM – 10:53AM	Kaulava Until 9:29AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Trayodashi Until 7:54PM	Moon – Blue	Bhuloka Day
Until 8:07PM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					
			<i>Pradosha Vrata</i>		

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau	Frederick, MD Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 3:15PM – 4:43PM	Magha* Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:29AM	
		Yama 12:20PM – 1:47PM	Sukarma Until 10:34AM	Muruqa: Orange <i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
		151833467 Rahu 4:43PM – 6:10PM	Gara Until 6:15AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:27PM	Moon – Red	Devaloka Day
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi	
Then Creative Work - Siddha Yoga					

		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Frederick, MD Sun 28 Sutra 330 Vikarin 5121
Simha Rasi: 21.12	Tithi 15 – 16	Gulika 1:47PM – 3:15PM	Purvaphalguni Until 2:34PM	Ganesha: White <i>Sunrise:</i> 6:27AM	
Family Home Evening		Yama 10:51AM – 12:19PM	Dhriti Until 6:23AM	Muruqa: Orange <i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
Creative Work Siddha Yoga		152833467 Rahu 7:55AM – 9:23AM	Balava Until 10:49PM	Nataraja: Clear	Purnima
		Holi	Purnima* Until 12:43PM	Moon – Red	Sivaloka Day
				Phalguna-Masi	

Tuesday, March 10, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Frederick, MD Sun 29 Sutra 331 Vikarin 5121
Kanya Rasi: 6.29	Tithi 16 – 17	Gulika 12:19PM – 1:47PM	Uttaraphalguni Until 11:22AM	Ganesha: White <i>Sunrise:</i> 6:26AM	
		Yama 9:23AM – 10:51AM	Ganda* Until 9:41PM	Muruqa: Orange <i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
		152833467 Rahu 3:16PM – 4:44PM	Taitila Until 6:59PM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 8:53AM	Moon – Red	Sivaloka Day
Until 11:22AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467

Gulika 10:50AM – 12:19PM
Yama 7:53AM – 9:22AM
Rahu 12:19PM – 1:48PM

Hasta Until 8:31AM
Vriddhi Until 5:31PM
Vanija Until 3:18PM

Ganesha: Clear *Sunrise:* 6:24AM
Muruqa: Orange *Sunset:* 6:13PM
Nataraja: Clear
Moon – Green

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

Tritiya Until 1:33AM Thu

Phalguna-Masi

1 Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467

Gulika 9:21AM – 10:50AM
Yama 6:23AM – 7:52AM
Rahu 1:48PM – 3:17PM

Svati Until 3:24AM Fri
Dhruva Until 1:36PM
Bava Until 11:57AM
Chaturthi* Until 10:25PM

Ganesha: Clear *Sunrise:* 6:23AM
Muruqa: Orange *Sunset:* 6:14PM
Nataraja: Clear
Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

Phalguna-Masi

2 Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467

Gulika 7:50AM – 9:20AM
Yama 3:17PM – 4:46PM
Rahu 10:49AM – 12:18PM

Vishakha Until 1:51AM Sat
Vyaghata* Until 10:06AM
Kaulava Until 9:04AM
Panchami Until 7:50PM

Ganesha: Purple *Sunrise:* 6:21AM
Muruqa: Orange *Sunset:* 6:15PM
Nataraja: Clear
Moon – Orange

Sivaloka Day

Creative Work Siddha Yoga

Phalguna-Masi

3 Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 – 22

172833468

Gulika 6:20AM – 7:49AM
Yama 1:48PM – 3:17PM
Rahu 9:19AM – 10:48AM

Anuradha Until 12:52AM Sun
Harshana Until 7:08AM
Gara Until 6:49AM
Shashthi* Until 5:56PM

Ganesha: Purple *Sunrise:* 6:20AM
Muruqa: Orange *Sunset:* 6:16PM
Nataraja: Purple
Moon – Orange

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

Karadaiyan Nombu (Tamil Nadu)

Phalguna-Panguni

4 Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 – 23

172933468

Gulika 3:18PM – 4:48PM
Yama 12:18PM – 1:48PM
Rahu 4:48PM – 6:18PM

Jyeshtha* Until 12:31AM Mon
Siddhi Until 2:58AM Mon
Balava Until 4:33AM Mon
Saptami Until 4:48PM

Ganesha: Clear *Sunrise:* 6:18AM
Muruqa: Orange *Sunset:* 6:18PM
Nataraja: Purple
Moon – Orange

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

Phalguna-Panguni

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 – 24

182933468

Gulika 1:48PM – 3:18PM
Yama 10:47AM – 12:17PM
Rahu 7:47AM – 9:17AM

Mula* Until 1:13AM Tue
Vyatipata* Until 1:50AM Tue
Taitila Until 4:36AM Tue
Ashtami* Until 4:28PM

Ganesha: Purple *Sunrise:* 6:16AM
Muruqa: Orange *Sunset:* 6:19PM
Nataraja: Purple
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Phalguna-Panguni

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 – 25

182933468

Gulika 12:17PM – 1:48PM
Yama 9:16AM – 10:47AM
Rahu 3:18PM – 4:49PM

Purvashadha* Until 2:29AM Wed
Variyan Until 1:14AM Wed
Vanija Until 5:21AM Wed
Navami* Until 4:52PM

Ganesha: Purple *Sunrise:* 6:15AM
Muruqa: Orange *Sunset:* 6:20PM
Nataraja: Purple
Moon – Light Blue

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

Phalguna-Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 8 Sutra 339
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:46AM – 12:17PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:13AM	Vikarin 5121
		Yama 7:44AM – 9:15AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 47
		182933468 Rahu 12:17PM – 1:48PM	Bava Until 6:42AM Thu	Nataraja: Purple		2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		
Until 4:10AM Thu				Phalguna-Panguni		Devaloka Day
Then Creative Work - Siddha Yoga						

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 340
Makara Rasi: 10.5	Tithi 26	Gulika 9:14AM – 10:45AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 6:12AM	Vikarin 5121
		Yama 6:12AM – 7:43AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 47
		192933468 Rahu 1:48PM – 3:19PM	Bava Until 6:42AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Ekdashi* Until 7:32PM	Moon – Purple		
				Phalguna-Panguni		Sivaloka Day

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 341
Makara Rasi: 23.01	Tithi 27	Gulika 7:42AM – 9:13AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Vikarin 5121
		Yama 3:19PM – 4:51PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 47
		192933468 Rahu 10:45AM – 12:16PM	Kaulava Until 8:30AM	Nataraja: Purple		2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		
Until 6:37AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 342
Kumbha Rasi: 5.04	Tithi 28	Gulika 6:09AM – 7:40AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Vikarin 5121
		Yama 1:48PM – 3:20PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 47
		192933468 Rahu 9:12AM – 10:44AM	Gara Until 10:36AM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		
Until 9:12AM				Phalguna-Panguni		Sivaloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 343
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:20PM – 4:52PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 6:07AM	Vikarin 5121
		Yama 12:16PM – 1:48PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 47
		193933468 Rahu 4:52PM – 6:24PM	Visti Until 12:53PM	Nataraja: Purple		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		
				Phalguna-Panguni		Subha Sivaloka Day

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 13 Sutra 344
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:48PM – 3:20PM	Purvaproshtapada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM	Vikarin 5121
Family Home Evening		Yama 10:43AM – 12:15PM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:38AM – 9:10AM	Catuspada Until 3:17PM	Nataraja: Purple		Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		
Then Creative Work - Siddha Yoga				Phalguna-Panguni		Sivaloka Day

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 345
Meena Rasi: 10.49	Tithi 1	Gulika 12:15PM – 1:48PM	Uttaraproshtapada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
		Yama 9:09AM – 10:42AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 47
		113933468 Rahu 3:21PM – 4:54PM	Kintughna Until 5:43PM	Nataraja: Purple		Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		
Until 5:47PM		Yugadhi		Chaitra-Panguni		Sivaloka Day
Then Creative Work - Siddha Yoga						

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Frederick, MD Sun 15 Sutra 346
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:42AM – 12:15PM	Revati Until 8:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:02AM	Vikarin 5121
		Yama 7:35AM – 9:08AM	Indra Until 5:55AM Thu	Muruqa: Orange <i>Sunset:</i> 6:27PM	Moon 3 - Phase 48
113933468	Rahu 12:15PM – 1:48PM		Balava Until 8:10PM	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear	Sivaloka Day
				Chaitra•Panguni	

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Frederick, MD Sun 16 Sutra 347
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 9:08AM – 10:41AM	Ashvini Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 6:01AM	Vikarin 5121
		Yama 6:01AM – 7:34AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48
123933468	Rahu 1:48PM – 3:21PM		Taitila Until 10:33PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga	Chellappaswami Mahasamadhi	Dvitiya Until 9:21AM	Moon – White	Sivaloka Day
Until 11:36PM				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Frederick, MD Sun 17 Sutra 348
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:33AM – 9:07AM	Bharani Until 2:19AM Sat	Ganesha: Red <i>Sunrise:</i> 5:59AM	Vikarin 5121
		Yama 3:22PM – 4:56PM	Vaidhriti* Until 6:41AM	Muruqa: Orange <i>Sunset:</i> 6:29PM	Moon 3 - Phase 48
123933468	Rahu 10:40AM – 12:14PM		Vanija Until 12:47AM Sat	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White	Sivaloka Day
Until 2:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Frederick, MD Sun 18 Sutra 349
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:57AM – 7:32AM	Krittika Until 4:37AM Sun	Ganesha: Red <i>Sunrise:</i> 5:57AM	Vikarin 5121
		Yama 1:48PM – 3:22PM	Vishkambha* Until 7:20AM	Muruqa: Orange <i>Sunset:</i> 6:30PM	Moon 3 - Phase 48
123933468	Rahu 9:06AM – 10:40AM		Bava Until 2:44AM Sun	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White	Sivaloka Day
Until 4:37AM Sun				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Frederick, MD Sun 19 Sutra 350
Virshabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:22PM – 4:57PM	Rohini Until 6:50AM Mon	Ganesha: Blue <i>Sunrise:</i> 5:56AM	Vikarin 5121
		Yama 12:14PM – 1:48PM	Priti Until 7:46AM	Muruqa: Orange <i>Sunset:</i> 6:31PM	Moon 3 - Phase 48
133933468	Rahu 4:57PM – 6:31PM		Kaulava Until 4:16AM Mon	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow	Subha Sivaloka Day
Until 6:50AM Mon				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Frederick, MD Sun 20 Sutra 351
Virshabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:48PM – 3:23PM	Rohini Until 6:50AM	Ganesha: Blue <i>Sunrise:</i> 5:54AM	Vikarin 5121
Family Home Evening		Yama 10:39AM – 12:13PM	Ayushman Until 7:50AM	Muruqa: Orange <i>Sunset:</i> 6:32PM	Moon 3 - Phase 48
133933468	Rahu 7:29AM – 9:04AM		Gara Until 5:13AM Tue	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Frederick, MD Sun 21 Sutra 352
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 12:13PM – 1:48PM	Mrigashira Until 8:17AM	Ganesha: Blue <i>Sunrise:</i> 5:53AM	Vikarin 5121
		Yama 9:03AM – 10:38AM	Saubhagya Until 7:26AM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
133933468	Rahu 3:23PM – 4:58PM		Visti Until 5:26AM Wed	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow	Subha Sivaloka Day
Until 8:17AM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Frederick, MD Sun 22 Sutra 353
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:38AM – 12:13PM	Ardra Until 8:53AM	Ganesha: Blue <i>Sunrise:</i> 5:53AM	Vikarin 5121
		Yama 7:28AM – 9:03AM	Sobhana Until 6:29AM	Muruqa: Orange <i>Sunset:</i> 6:33PM	Moon 3 - Phase 48
133933468	Rahu 12:13PM – 1:48PM		Balava Until 4:51AM Thu	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Frederick, MD Sun 23 Sutra 354
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 9:02AM – 10:37AM	Punarvasu Until 8:59AM	Ganesha: Yellow <i>Sunrise:</i> 5:51AM	Vikarin 5121
		Yama 5:51AM – 7:26AM	Sukarma Until 2:37AM Fri	Muruqa: Orange <i>Sunset:</i> 6:34PM	Moon 3 - Phase 48
143933468	Rahu 1:48PM – 3:23PM		Taitila Until 3:26AM Fri	Nataraja: Purple	Navami
Creative Work	Amrita Yoga	Sri Rama Navami	Navami* Until 4:13PM	Moon – Blue	Sivaloka Day
				Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD
	Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:25AM – 9:01AM	Pushya Until 8:08AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	Sun 24 Sutra 355
	Routine Work	Marana Yoga	Yama 3:24PM – 5:00PM	Dhriti Until 11:46PM	Muruqa: Orange	<i>Sunset:</i> 6:35PM	Vikarin 5121
			143933468 Rahu 10:37AM – 12:12PM	Vanija Until 1:15AM Sat	Nataraja: Purple		Moon 3 - Phase 49
			Yogaswami Mahasamadhi	Dashami Until 2:25PM	Chaitra•Panguni	Sivaloka Day	4th Phase

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:48AM – 7:24AM	Ashlesha* Until 6:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:48AM	Sun 25 Sutra 356
	Routine Work	Marana Yoga	Yama 1:48PM – 3:24PM	Shula* Until 8:20PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Vikarin 5121
	Until 6:24AM		143933468 Rahu 9:00AM – 10:36AM	Bava Until 10:25PM	Nataraja: Purple		Moon 3 - Phase 49
			Ekadashi Until 11:54AM	Chaitra•Panguni	Sivaloka Day	4th Phase	
							Then Creative Work - Amrita Yoga

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:24PM – 5:01PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White	<i>Sunrise:</i> 5:46AM	Sun 26 Sutra 357
	Creative Work	Siddha Yoga	Yama 12:12PM – 1:48PM	Ganda* Until 4:29PM	Muruqa: Orange	<i>Sunset:</i> 6:37PM	Vikarin 5121
			153933468 Rahu 5:01PM – 6:37PM	Kaulava Until 7:05PM	Nataraja: Purple		Moon 3 - Phase 49
			Dvadashi Until 8:47AM	Chaitra•Panguni	Subha Sivaloka Day	4th Phase	
							<i>Pradosha Vrata</i>

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD
	Simha Rasi: 29.25	Tithi 14	Gulika 1:48PM – 3:25PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:45AM	Sun 27 Sutra 358
	Family Home Evening		Yama 10:35AM – 12:12PM	Vridhi Until 12:21PM	Muruqa: Orange	<i>Sunset:</i> 6:38PM	Vikarin 5121
	Creative Work	Siddha Yoga	154933468 Rahu 7:22AM – 8:58AM	Gara Until 3:23PM	Nataraja: Purple		Moon 3 - Phase 49
			Chaturdashi* Until 1:27AM Tue	Chaitra•Panguni	Sivaloka Day	4th Phase	

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD
	Copper Retreat Star		Gulika 12:11PM – 1:48PM	Hasta Until 7:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	Sutra 359
	Kanya Rasi: 14.4	Tithi 15	Yama 8:57AM – 10:34AM	Dhruva Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:39PM	Vikarin 5121
	Creative Work	Siddha Yoga	164933468 Rahu 3:25PM – 5:02PM	Visti Until 11:31AM	Nataraja: Purple		Moon 3 - Phase 49
			Purnima* Until 9:33PM	Chaitra•Panguni	Devaloka Day	Purnima	
			Panguni Uttiram				Hanuman Jayanti

5	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD
	Silver Retreat Star		Gulika 10:34AM – 12:11PM	Chitra Until 4:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Sutra 360
	Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:19AM – 8:56AM	Harshana Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Vikarin 5121
	Creative Work	Siddha Yoga	164934468 Rahu 12:11PM – 1:48PM	Balava Until 7:39AM	Nataraja: Purple		Moon 3 - Phase 49
			Prathama* Until 5:45PM	Chaitra•Panguni	Devaloka Day	Prathama	



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD
Sun 1 Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 – 18
164134468
Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

Gulika 8:55AM – 10:33AM
Yama 5:40AM – 7:18AM
Rahu 1:48PM – 3:26PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:40AM
Muruqa: Clear *Sunset:* 6:41PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD
Sun 2 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 – 19
174134468
Creative Work Siddha Yoga

Gulika 7:17AM – 8:55AM
Yama 3:26PM – 5:04PM
Rahu 10:33AM – 12:10PM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:39AM
Muruqa: Clear *Sunset:* 6:42PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD
Sun 3 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 14.28 Tithi 19 – 20
174134468
Creative Work Siddha Yoga

Gulika 5:37AM – 7:15AM
Yama 1:48PM – 3:27PM
Rahu 8:54AM – 10:32AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:37AM
Muruqa: Clear *Sunset:* 6:43PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyian/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD
Sun 4 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 28.26 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Amrita Yoga

Gulika 3:27PM – 5:05PM
Yama 12:10PM – 1:48PM
Rahu 5:05PM – 6:44PM

Jyeshtha* Until 8:33AM
Varyian Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:36AM
Muruqa: Clear *Sunset:* 6:44PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Frederick, MD
Sun 5 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22
Family Home Evening
184134468
Creative Work Siddha Yoga
Until 8:31AM
Then Routine Work - Marana Yoga

Gulika 1:48PM – 3:27PM
Yama 10:31AM – 12:10PM
Rahu 7:13AM – 8:52AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:34AM
Muruqa: Clear *Sunset:* 6:45PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

D

Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD
Sun 6 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23
284134468
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 12:09PM – 1:49PM
Yama 8:51AM – 10:30AM
Rahu 3:28PM – 5:07PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:33AM
Muruqa: Clear *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD
Sun 7 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 10:30AM – 12:09PM
Yama 7:11AM – 8:50AM
Rahu 12:09PM – 1:49PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

1	Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
	Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:49AM – 10:29AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:30AM	Sun 8 Sutra 4
			Yama 5:30AM – 7:10AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Sarvari 5122
	294134468	Rahu 1:49PM – 3:28PM		Vanija Until 8:38PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	


2	Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 7:08AM – 8:49AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:28AM	Sun 9 Sutra 5
			Yama 3:29PM – 5:09PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Sarvari 5122
	294134468	Rahu 10:29AM – 12:09PM		Bava Until 10:43PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple		2nd Phase	
				Chaitra+Chaitra		Devaloka Day	


3	Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:27AM – 7:07AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:27AM	Sun 10 Sutra 6
			Yama 1:49PM – 3:29PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:50PM	Sarvari 5122
	295134468	Rahu 8:48AM – 10:28AM		Kaulava Until 1:03AM Sun	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		2nd Phase	
Until 5:46PM				Chaitra+Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

4	Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:30PM – 5:10PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:26AM	Sun 11 Sutra 7
			Yama 12:08PM – 1:49PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Sarvari 5122
	215134468	Rahu 5:10PM – 6:51PM		Gara Until 3:30AM Mon	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear		2nd Phase	
Until 8:53PM				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5	Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:49PM – 3:30PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:24AM	Sun 12 Sutra 8
	Family Home Evening		Yama 10:27AM – 12:08PM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Sarvari 5122
	215134468	Rahu 7:05AM – 8:46AM		Visti Until 5:56AM Tue	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear		2nd Phase	
				Chaitra+Chaitra		Sivaloka Day	

6	Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau				Frederick, MD
	Meena Rasi: 19.42	Tithi 29	Gulika 12:08PM – 1:49PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:23AM	Sun 13 Sutra 9
			Yama 8:45AM – 10:27AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Sarvari 5122
	215134468	Rahu 3:30PM – 5:12PM		Sakuni Until 7:06PM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear		2nd Phase	
Until 2:35AM Wed				Chaitra+Chaitra		Sivaloka Day	
Then Routine Work - Marana Yoga							

	Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD
	Retreat Star		Gulika 10:26AM – 12:08PM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:21AM	Sun 14 Sutra 10
	Mesha Rasi: 2	Tithi 30	Yama 7:03AM – 8:45AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:54PM	Sarvari 5122
	225134468	Rahu 12:08PM – 1:49PM		Catuspada Until 8:17AM	Nataraja: Purple		Moon 4 - Phase 1
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White		Amavasya	
Until 5:31AM Thu				Chaitra+Chaitra		Sivaloka Day	
Then Creative Work - Siddha Yoga							

	Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD
	Retreat Star		Gulika 8:44AM – 10:26AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:20AM	Sun 15 Sutra 11
	Mesha Rasi: 13.34	Tithi 1	Yama 5:20AM – 7:02AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Sarvari 5122
	225134468	Rahu 1:49PM – 3:31PM		Kintughna Until 10:29AM	Nataraja: Purple		Moon 4 - Phase 1
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White		Prathama	
				Vaisaka+Chaitra		Sivaloka Day	

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 12
Mesha Rasi: 25.35	Tithi 2	Gulika 7:01AM – 8:43AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:19AM	Sarvari 5122
		Yama 3:32PM – 5:14PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	225134469 Rahu 10:25AM – 12:07PM	Balava Until 12:28PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 1:21AM Sat	Moon – White		Devaloka Day
				Vaisaka-Chaitra		

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 17 Sutra 13
Visshabha Rasi: 7.44	Tithi 3	Gulika 5:17AM – 7:00AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 5:17AM	Sarvari 5122
		Yama 1:50PM – 3:32PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	225134469 Rahu 8:42AM – 10:25AM	Taitila Until 2:11PM	Nataraja: Clear		3rd Phase
			Tritiya Until 2:53AM Sun	Moon – White		Devaloka Day
		Akshaya Tritiya		Vaisaka-Chaitra		

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Visli* Karana Chaturthyam Titau		Frederick, MD Sun 18 Sutra 14
Visshabha Rasi: 20	Tithi 4	Gulika 3:32PM – 5:15PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 5:16AM	Sarvari 5122
		Yama 12:07PM – 1:50PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	235134469 Rahu 5:15PM – 6:58PM	Vanija Until 3:32PM	Nataraja: Clear		3rd Phase
			Chaturthi* Until 4:02AM Mon	Moon – Yellow		Devaloka Day
				Vaisaka-Chaitra		

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19 Sutra 15
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:50PM – 3:33PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 5:15AM	Sarvari 5122
Family Home Evening		Yama 10:24AM – 12:07PM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 6:58AM – 8:41AM	Bava Until 4:27PM	Nataraja: Clear		3rd Phase
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 20 Sutra 16
Mithuna Rasi: 15.08	Tithi 6	Gulika 12:07PM – 1:50PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 5:14AM	Sarvari 5122
		Yama 8:40AM – 10:23AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	236134469 Rahu 3:33PM – 5:16PM	Kaulava Until 4:49PM	Nataraja: Clear		3rd Phase
Until 2:55PM			Shashthi* Until 4:45AM Wed	Moon – Yellow		Bhuloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau		Frederick, MD Sun 21 Sutra 17
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:23AM – 12:06PM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Sarvari 5122
		Yama 6:56AM – 8:39AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 2
Creative Work	Siddha Yoga	246134469 Rahu 12:06PM – 1:50PM	Gara Until 4:34PM	Nataraja: Clear		3rd Phase
			Saptami Until 4:11AM Thu	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Visli*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 22 Sutra 18
Kataka Rasi: 11.22	Tithi 8	Gulika 8:39AM – 10:23AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Sarvari 5122
		Yama 5:11AM – 6:55AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 2
Creative Work	Amrita Yoga	246134469 Rahu 1:50PM – 3:34PM	Visli Until 3:40PM	Nataraja: Clear		Ashtami
Until 3:23PM			Ashtami* Until 2:57AM Fri	Moon – Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra		

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 23 Sutra 19
Kataka Rasi: 25.01	Tithi 9	Gulika 6:53AM – 8:37AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122
		Yama 3:35PM – 5:19PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 2
Routine Work	Marana Yoga	246134469 Rahu 10:22AM – 12:06PM	Balava Until 2:06PM	Nataraja: Clear		Navami
			Navami* Until 1:04AM Sat	Moon – Blue		Devaloka Day
				Vaisaka-Chaitra		


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 24 Sutra 20
Simha Rasi: 9.05	Tithi 10	Gulika 5:07AM – 6:52AM	Magha* Until 1:06PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Sarvari 5122		
		Yama 1:51PM – 3:35PM	Dhruva Until 1:34AM Sun	Muruqa: Clear	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 3		
		256134469 Rahu 8:37AM – 10:21AM	Taitila Until 11:55AM	Nataraja: Clear		4th Phase		
Creative Work	Amrita Yoga		Dashami Until 10:36PM	Moon – Red		Bhuloka Day		
Until 1:06PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 25 Sutra 21
Simha Rasi: 23.31	Tithi 11	Gulika 3:36PM – 5:21PM	Purvaphalguni Until 11:08AM	Ganesha: White	<i>Sunrise:</i> 5:06AM	Sarvari 5122		
		Yama 12:06PM – 1:51PM	Vyaghata* Until 10:00PM	Muruqa: Clear	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 3		
		256134469 Rahu 5:21PM – 7:06PM	Vanija Until 9:11AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Ekadashi Until 7:38PM	Moon – Red		Bhuloka Day		
Until 11:08AM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 22
Kanya Rasi: 8.17	Tithi 12 – 13	Gulika 1:51PM – 3:36PM	Uttaraphalguni Until 8:36AM	Ganesha: Clear	<i>Sunrise:</i> 5:05AM	Sarvari 5122		
Family Home Evening		Yama 10:21AM – 12:06PM	Harshana Until 6:10PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3		
		256234469 Rahu 6:50AM – 8:35AM	Bava Until 6:02AM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Dvadashi Until 4:20PM	Moon – Red		Devaloka Day		
				Vaisaka*Chaitra				
						<i>Pradosha Vrata</i>		

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 23
Kanya Rasi: 23.16	Tithi 13 – 14	Gulika 12:06PM – 1:51PM	Hasta Until 6:05AM	Ganesha: Clear	<i>Sunrise:</i> 5:04AM	Sarvari 5122		
		Yama 8:35AM – 10:20AM	Vajra* Until 2:09PM	Muruqa: Clear	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 3		
		267234469 Rahu 3:37PM – 5:22PM	Gara Until 11:02PM	Nataraja: Clear		4th Phase		
Creative Work	Siddha Yoga		Trayodashi Until 12:48PM	Moon – Green		Devaloka Day		
				Vaisaka*Chaitra				

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 28 Sutra 24
Tula Rasi: 8.2	Tithi 14 – 15	Gulika 10:20AM – 12:06PM	Svati Until 12:28AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	Sarvari 5122		
		Yama 6:49AM – 8:34AM	Siddhi Until 10:06AM	Muruqa: Clear	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 3		
		267234469 Rahu 12:06PM – 1:51PM	Visti Until 7:29PM	Nataraja: Clear		Purnima		
Creative Work	Siddha Yoga		Chaturdashi* Until 9:14AM	Moon – Green		Devaloka Day		
		Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra				

5		Thursday, May 7, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sun 29 Sutra 25
Tula Rasi: 23.21	Tithi 16	Gulika 8:34AM – 10:20AM	Vishakha Until 10:08PM	Ganesha: Purple	<i>Sunrise:</i> 5:02AM	Sarvari 5122		
		Yama 5:02AM – 6:48AM	Vyatipata* Until 6:09AM	Muruqa: Clear	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 3		
		277234469 Rahu 1:52PM – 3:38PM	Balava Until 4:07PM	Nataraja: Clear		Prathama		
Creative Work	Siddha Yoga		Prathama* Until 2:33AM Fri	Moon – Orange		Bhuloka Day		
				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda