



**Saturday, April 20, 2019**  
**Gold Retreat Star**

Tula Rasi: 19.44 Tithi 17  
264483468  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika** 5:51AM – 7:30AM  
Yama 2:04PM – 3:42PM  
**Rahu** 9:08AM – 10:47AM  
**Svati** Until 6:17AM  
Siddhi Until 6:09PM  
Taitila Until 1:51PM  
**Dvitiya** Until 1:01AM Sun

Dallas, TX  
Sutra 6  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:51AM  
Sunset: 6:59PM  
Moon - Green  
**Sivaloka Day**  
Ganesha: Red  
Muruga: Yellow  
Nataraja: Purple  
Chaitra+Chaitra

**1**

**Sunday, April 21, 2019**

Vrischika Rasi: 3.37 Tithi 18  
274483468  
Routine Work Marana Yoga  
Until 5:13AM Mon  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Anuradha Nakshatra Vyatipata/Variyan Yoga Vanija/Visti Karana Trityayam Titau  
**Gulika** 3:42PM – 5:21PM  
Yama 12:25PM – 2:04PM  
**Rahu** 5:21PM – 7:00PM  
**Anuradha** Until 5:13AM Mon  
Vyatipata\* Until 3:59PM  
Vanija Until 12:23PM  
**Tritiya** Until 11:54PM

Dallas, TX  
Sutra 7  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:50AM  
Sunset: 7:00PM  
Moon - Orange  
**Devaloka Day**  
Ganesha: Blue  
Muruga: Yellow  
Nataraja: Purple  
Chaitra+Chaitra

**2**

**Monday, April 22, 2019**

Vrischika Rasi: 17.05 Tithi 19  
**Family Home Evening**  
274483468  
Creative Work Siddha Yoga  
Until 5:35AM Tue  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika** 2:04PM – 3:43PM  
Yama 10:46AM – 12:25PM  
**Rahu** 7:28AM – 9:07AM  
**Jyeshtha\*** Until 5:35AM Tue  
Variyan Until 2:23PM  
Bava Until 11:39AM  
**Chaturthi\*** Until 11:33PM

Dallas, TX  
Sutra 8  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:49AM  
Sunset: 7:01PM  
Moon - Orange  
**Devaloka Day**  
Ganesha: Blue  
Muruga: Yellow  
Nataraja: Purple  
Chaitra+Chaitra

**3**

**Tuesday, April 23, 2019**

Dhanus Rasi: 0.07 Tithi 20  
284483468  
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Mula\* Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika** 12:24PM – 2:04PM  
Yama 9:06AM – 10:45AM  
**Rahu** 3:43PM – 5:22PM  
**Mula\*** Until 7:04AM Wed  
Parigha\* Until 1:27PM  
Kaulava Until 11:43AM  
**Panchami** Until 12:02AM Wed

Dallas, TX  
Sutra 9  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:48AM  
Sunset: 7:01PM  
Moon - Light Blue  
**Sivaloka Day**  
Ganesha: Yellow  
Muruga: Yellow  
Nataraja: Purple  
Chaitra+Chaitra

**4**

**Wednesday, April 24, 2019**

Dhanus Rasi: 12.46 Tithi 21  
284483468  
Routine Work Marana Yoga  
Until 7:04AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam  
Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthiyam Titau  
**Gulika** 10:45AM – 12:24PM  
Yama 7:26AM – 9:05AM  
**Rahu** 12:24PM – 2:04PM  
**Mula\*** Until 7:04AM  
Shiva Until 1:09PM  
Gara Until 12:36PM  
**Shashthi\*** Until 1:18AM Thu

Dallas, TX  
Sutra 10  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:47AM  
Sunset: 7:02PM  
Moon - Light Blue  
**Sivaloka Day**  
Ganesha: Yellow  
Muruga: Yellow  
Nataraja: Purple  
Chaitra+Chaitra

**5**

**Thursday, April 25, 2019**

Dhanus Rasi: 25.04 Tithi 22  
284483469  
Creative Work Siddha Yoga  
Until 9:08AM  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saplamyam Titau  
**Gulika** 9:05AM – 10:44AM  
Yama 5:46AM – 7:25AM  
**Rahu** 2:04PM – 3:43PM  
**Purvashadha\*** Until 9:08AM  
Siddha Until 1:23PM  
Visti Until 2:12PM  
**Saptami** Until 3:13AM Fri

Dallas, TX  
Sutra 11  
Vikarin 5121  
Moon 4 - Phase 2  
1st Phase  
Sunrise: 5:46AM  
Sunset: 7:03PM  
Moon - Light Blue  
**Devaloka Day**  
Ganesha: Yellow  
Muruga: Yellow  
Nataraja: Clear  
Chaitra+Chaitra

**D**

**Friday, April 26, 2019**  
**Retreat Star**

Makara Rasi: 7.08 Tithi 23  
284583469  
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 7:24AM – 9:04AM  
Yama 3:44PM – 5:24PM  
**Rahu** 10:44AM – 12:24PM  
**Uttarashadha** Until 11:35AM  
Sadhya Until 2:04PM  
Balava Until 4:22PM  
**Ashtami\*** Until 5:34AM Sat

Dallas, TX  
Sutra 12  
Vikarin 5121  
Moon 4 - Phase 2  
Ashtami  
Sunrise: 5:44AM  
Sunset: 7:03PM  
Moon - Light Blue  
**Devaloka Day**  
Ganesha: Red  
Muruga: Yellow  
Nataraja: Clear  
Chaitra+Chaitra

**Saturday, April 27, 2019**  
**Retreat Star**

Makara Rasi: 19.01 Tithi 24  
294583469  
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam  
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Taitila Karana Navamyam Titau  
**Gulika** 5:43AM – 7:24AM  
Yama 2:04PM – 3:44PM  
**Rahu** 9:04AM – 10:44AM  
**Shravana** Until 2:44PM  
Subha Until 3:01PM  
Taitila Until 6:51PM  
**Navami\*** Until 8:06AM Sun

Dallas, TX  
Sutra 13  
Vikarin 5121  
Moon 4 - Phase 2  
Navami  
Sunrise: 5:43AM  
Sunset: 7:04PM  
Moon - Purple  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ganesha: Green  
Muruga: Yellow  
Nataraja: Clear  
Chaitra+Chaitra

| 1 Sunday, April 28, 2019         |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   |  | Dallas, TX   |
|----------------------------------|---------------|-----------|--|---|--|--|
| Kumbha Rasi: 0.5                 | Tithi 24 – 25 | 294583469 | Gulika 3:44PM – 5:25PM<br>Yama 12:24PM – 2:04PM<br>Rahu 5:25PM – 7:05PM  | <b>Dhanishtha Until 5:48PM</b><br>Sukla Until 4:01PM<br>Vanija Until 9:24PM<br>Navami* Until 8:06AM | Ganesha: Green<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – Purple | Sun 8<br>Sutra 14<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Routine Work Marana Yoga         |               |           |  | Chaitra*Chaitra   |  | Bhuloka Day  |
| Until 5:48PM                     |               |           |  |   |  | Devaloka Time: 3:PM to 6:PM  |
| Then Creative Work - Siddha Yoga |               |           |  |   |  |  |

| 2 Monday, April 29, 2019        |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |  |  | Dallas, TX   |
|---------------------------------|---------------|-----------|--|--|--|--|
| Kumbha Rasi: 12.41              | Tithi 25 – 26 | 294583469 | Gulika 2:04PM – 3:45PM<br>Yama 10:43AM – 12:24PM<br>Rahu 7:22AM – 9:02AM   | <b>Shatabhishak Until 8:34PM</b><br>Brahma Until 4:57PM<br>Bava Until 11:46PM<br>Dashami Until 10:36AM | Ganesha: Green<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – Purple | Sun 9<br>Sutra 15<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Family Home Evening             |               |           |  | Chaitra*Chaitra  |  | Bhuloka Day  |
| Creative Work Siddha Yoga       |               |           |  |  |  | Devaloka Time: 3:PM to 6:PM  |
| Until 8:34PM                    |               |           |  |  |  |  |
| Then Routine Work - Marana Yoga |               |           |  |  |  |  |

| 3 Tuesday, April 30, 2019        |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |   |  | Dallas, TX  |
|----------------------------------|---------------|-----------|--|---|--|---|
| Kumbha Rasi: 24.36               | Tithi 26 – 27 | 214583469 | Gulika 12:23PM – 2:04PM<br>Yama 9:02AM – 10:43AM<br>Rahu 3:45PM – 5:26PM   | <b>Purvaproshtapada* Until 11:21PM</b><br>Indra Until 5:39PM<br>Kaulava Until 1:47AM Wed<br>Ekadashi* Until 12:49PM | Ganesha: Purple<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – Clear | Sun 10<br>Sutra 16<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Routine Work Marana Yoga         |               |           |  | Chaitra*Chaitra   |  | Bhuloka Day   |
| Until 11:21PM                    |               |           |  |   |  | Devaloka Time: 3:PM to 6:PM   |
| Then Creative Work - Amrita Yoga |               |           |  |   |  |   |

| 4 Wednesday, May 1, 2019  |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |   |  | Dallas, TX  |
|---------------------------|---------------|-----------|--|---|--|---|
| Meena Rasi: 6.41          | Tithi 27 – 28 | 214583469 | Gulika 10:42AM – 12:23PM<br>Yama 7:20AM – 9:01AM<br>Rahu 12:23PM – 2:04PM  | <b>Uttaraproshtapada Until 1:31AM Thu</b><br>Vaidhriti* Until 5:59PM<br>Gara Until 3:19AM Thu<br>Dvadashi* Until 2:36PM | Ganesha: Purple<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – Clear | Sun 11<br>Sutra 17<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Creative Work Siddha Yoga |               |           |  | Chaitra*Chaitra   |  | Bhuloka Day   |
|                           |               |           |  |   |  | Devaloka Time: 3:PM to 6:PM   |
|                           |               |           |  |   |  |   |
|                           |               |           |  |   |  |   |
|                           |               |           |  |   |  |   |
|                           |               |           |  |   |  |   |
|                           |               |           |  |   |  |   |
|                           |               |           |  |   |  |   |

Pradosha Vrata (Fasting)

| 5 Thursday, May 2, 2019          |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  |  | Dallas, TX  |
|----------------------------------|---------------|-----------|---|--|--|---|
| Meena Rasi: 18.58                | Tithi 28 – 29 | 215583469 | Gulika 9:01AM – 10:42AM<br>Yama 5:38AM – 7:20AM<br>Rahu 2:04PM – 3:45PM   | <b>Revati Until 3:01AM Fri</b><br>Vishkambha* Until 5:56PM<br>Visti Until 4:19AM Fri<br>Trayodashi* Until 3:52PM | Ganesha: Light Blue<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – Clear | Sun 12<br>Sutra 18<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Creative Work Siddha Yoga        |               |           |   | Chaitra*Chaitra  |  | Bhuloka Day   |
| Until 3:01AM Fri                 |               |           |   |  |  | Devaloka Time: 3:PM to 6:PM   |
| Then Creative Work - Amrita Yoga |               |           |   |  |  |   |

| 6 Friday, May 3, 2019            |               |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashy/Amavasyayam Titau |  |  | Dallas, TX  |
|----------------------------------|---------------|-----------|--|--|--|---|
| Mesha Rasi: 1.28                 | Tithi 29 – 30 | 225583469 | Gulika 7:19AM – 9:00AM<br>Yama 3:46PM – 5:27PM<br>Rahu 10:42AM – 12:23PM   | <b>Ashvini Until 4:18AM Sat</b><br>Priti Until 5:28PM<br>Catuspada Until 4:47AM Sat<br>Chaturdashy* Until 4:36PM | Ganesha: Purple<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – White | Sun 13<br>Sutra 19<br>Vikarin 5121<br>Moon 4 - Phase 3<br>2nd Phase |
| Creative Work Amrita Yoga        |               |           |  | Chaitra*Chaitra  |  | Bhuloka Day   |
| Until 4:18AM Sat                 |               |           |  |  |  | Devaloka Time: 3:PM to 6:PM   |
| Then Creative Work - Siddha Yoga |               |           |  |  |  |   |

| Retreat Star<br>Saturday, May 4, 2019 |              |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  |  | Dallas, TX   |
|---------------------------------------|--------------|-----------|---|--|--|--|
| Mesha Rasi: 14.14                     | Tithi 30 – 1 | 225583469 | Gulika 5:37AM – 7:18AM<br>Yama 2:04PM – 3:46PM<br>Rahu 9:00AM – 10:41AM   | <b>Bharani Until 4:55AM Sun</b><br>Ayushman Until 4:34PM<br>Kintughna Until 4:43AM Sun<br>Amavasya* Until 4:47PM | Ganesha: Purple<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – White | Sun 14<br>Sutra 20<br>Vikarin 5121<br>Moon 4 - Phase 3<br>Amavasya |
| Creative Work Siddha Yoga             |              |           |   | Chaitra*Chaitra  |  | Bhuloka Day  |
|                                       |              |           |   |  |  | Devaloka Time: 3:PM to 6:PM  |

| Retreat Star<br>Sunday, May 5, 2019 |             |           | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Kritika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |  | Dallas, TX   |
|-------------------------------------|-------------|-----------|--|--|--|--|
| Mesha Rasi: 27.14                   | Tithi 1 – 2 | 225583469 | Gulika 3:46PM – 5:28PM<br>Yama 12:23PM – 2:05PM<br>Rahu 5:28PM – 7:10PM  | <b>Kritika Until 4:58AM Mon</b><br>Saubhagya Until 3:18PM<br>Balava Until 4:13AM Mon<br>Prathama* Until 4:30PM | Ganesha: Purple<br>Muruqa: Yellow<br>Nataraja: Clear<br>Moon – White | Sun 15<br>Sutra 21<br>Vikarin 5121<br>Moon 4 - Phase 3<br>Prathama |
| Creative Work Siddha Yoga           |             |           |  | Vaisaka*Chaitra  |  | Bhuloka Day  |
| Until 4:58AM Mon                    |             |           |  |  |  | Devaloka Time: 3:PM to 6:PM  |
| Then Creative Work - Amrita Yoga    |             |           |  |  |  |  |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

**Monday, May 6, 2019**  
1  
Vishabha Rasi: 10.29    Tithi 2 – 3  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 4:56AM Tue  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau    Dallas, TX  
Sun 16    Sutra 22    Vikarin 5121

|                               |                                |   |
|-------------------------------|--------------------------------|---|
| <b>Gulika</b> 2:05PM – 3:47PM | <b>Rohini Until 4:56AM Tue</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:35AM               |
| Yama 10:41AM – 12:23PM        | Sobhana Until 1:43PM           | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:11PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 7:17AM – 8:59AM   | Taitila Until 3:21AM Tue       | <b>Nataraja:</b> Clear    3rd Phase                             |
|                               | <b>Dvitiya Until 3:49PM</b>    | Moon – Yellow <b>Bhuloka Day</b>                                |
|                               |                                | <b>Vaisaka-Chaitra</b> Devaloka Time: 3:PM to 6:PM              |

**Tuesday, May 7, 2019**  
2  
Vishabha Rasi: 23.55    Tithi 3 – 4  
Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau    Dallas, TX  
Sun 17    Sutra 23    Vikarin 5121

|                                |                                    |   |
|--------------------------------|------------------------------------|---|
| <b>Gulika</b> 12:23PM – 2:05PM | <b>Mrigashira Until 4:27AM Wed</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:34AM               |
| Yama 8:58AM – 10:40AM          | Athiganda* Until 11:50AM           | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:11PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 3:47PM – 5:29PM    | Vanija Until 2:10AM Wed            | <b>Nataraja:</b> Clear    3rd Phase                             |
|                                | <b>Tritiya Until 2:46PM</b>        | Moon – Yellow <b>Bhuloka Day</b>                                |
| <b>Akshaya Tritiya</b>         |                                    | <b>Vaisaka-Chaitra</b> Devaloka Time: 3:PM to 6:PM              |

**Wednesday, May 8, 2019**  
3  
Mithuna Rasi: 7.32    Tithi 4 – 5  
Creative Work    Siddha Yoga  
Until 3:35AM Thu  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Chaturthi/Panchamyam Titau    Dallas, TX  
Sun 18    Sutra 24    Vikarin 5121

|                                 |                                |   |
|---------------------------------|--------------------------------|---|
| <b>Gulika</b> 10:40AM – 12:23PM | <b>Ardra Until 3:35AM Thu</b>  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:33AM               |
| Yama 7:15AM – 8:58AM            | Sukarma Until 9:44AM           | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:12PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 12:23PM – 2:05PM    | Bava Until 12:43AM Thu         | <b>Nataraja:</b> Clear    3rd Phase                             |
|                                 | <b>Chaturthi* Until 1:27PM</b> | Moon – Yellow <b>Bhuloka Day</b>                                |
|                                 |                                | <b>Vaisaka-Chaitra</b> Devaloka Time: 3:PM to 6:PM              |

**Thursday, May 9, 2019**  
4  
Mithuna Rasi: 21.17    Tithi 5 – 6  
Creative Work    Amrita Yoga  
Until 2:48AM Fri  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau    Dallas, TX  
Sun 19    Sutra 25    Vikarin 5121

|                                |                                   |   |
|--------------------------------|-----------------------------------|---|
| <b>Gulika</b> 8:57AM – 10:40AM | <b>Punarvasu Until 2:48AM Fri</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:32AM                   |
| Yama 5:32AM – 7:15AM           | Dhriti Until 7:28AM               | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:13PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 2:05PM – 3:48PM    | Kaulava Until 11:04PM             | <b>Nataraja:</b> Clear    3rd Phase                             |
|                                | <b>Panchami Until 11:54AM</b>     | Moon – Blue <b>Devaloka Day</b>                                 |
|                                |                                   | <b>Vaisaka-Chaitra</b>  |

**Friday, May 10, 2019**  
5  
Kataka Rasi: 5.11    Tithi 6 – 7  
Routine Work    Marana Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Ganda\* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau    Dallas, TX  
Sun 20    Sutra 26    Vikarin 5121

|                               |                                |   |
|-------------------------------|--------------------------------|---|
| <b>Gulika</b> 7:14AM – 8:57AM | <b>Pushya Until 1:40AM Sat</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM                   |
| Yama 3:48PM – 5:31PM          | Ganda* Until 2:22AM Sat        | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:14PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 10:40AM – 12:23PM | Gara Until 9:13PM              | <b>Nataraja:</b> Clear    3rd Phase                             |
|                               | <b>Shashthi* Until 10:09AM</b> | Moon – Blue <b>Devaloka Day</b>                                 |
|                               |                                | <b>Vaisaka-Chaitra</b>  |

**Saturday, May 11, 2019**  
Retreat Star  
Kataka Rasi: 19.11    Tithi 7 – 8  
Routine Work    Marana Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vriddhi Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau    Dallas, TX  
Sun 21    Sutra 27    Vikarin 5121

|                               |                                    |   |
|-------------------------------|------------------------------------|---|
| <b>Gulika</b> 5:31AM – 7:14AM | <b>Ashlesha* Until 12:14AM Sun</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 5:31AM                   |
| Yama 2:05PM – 3:48PM          | Vriddhi Until 11:38PM              | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:14PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 8:57AM – 10:40AM  | Visti Until 7:11PM                 | <b>Nataraja:</b> Clear    Ashtami                               |
|                               | <b>Saptami Until 8:12AM</b>        | Moon – Blue <b>Devaloka Day</b>                                 |
|                               |                                    | <b>Vaisaka-Chaitra</b>  |

**Sunday, May 12, 2019**  
Retreat Star  
Simha Rasi: 3.19    Tithi 8 – 9  
Routine Work    Marana Yoga  
Until 10:55PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыанe Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Dhruva Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau    Dallas, TX  
Sun 22    Sutra 28    Vikarin 5121

|                               |                              |   |
|-------------------------------|------------------------------|---|
| <b>Gulika</b> 3:49PM – 5:32PM | <b>Magha* Until 10:55PM</b>  | <b>Ganesha:</b> White <i>Sunrise:</i> 5:30AM                    |
| Yama 12:22PM – 2:06PM         | Dhruva Until 8:44PM          | <b>Muruḡa:</b> Yellow <i>Sunset:</i> 7:15PM    Moon 4 - Phase 4 |
| <b>Rahu</b> 5:32PM – 7:15PM   | Kaulava Until 3:50AM Mon     | <b>Nataraja:</b> Clear    Navami                                |
|                               | <b>Ashtami* Until 6:05AM</b> | Moon – Red <b>Bhuloka Day</b>                                   |
| <b>Mother's Day</b>           |                              | <b>Vaisaka-Chaitra</b> Devaloka Time: 3:PM to 6:PM              |

**Monday, May 13, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Dallas, TX  
Purvaphalguni Nakshatra Vyaghata\*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau Sun 23 Sutra 29  
**1** **Gulika** 2:06PM – 3:49PM **Purvaphalguni Until 9:22PM** **Ganesha:** White **Sunrise:** 5:29AM Vikarin 5121  
Simha Rasi: 17.31 **Yama** 10:39AM – 12:22PM **Vyaghata\* Until 5:46PM** **Muruqa:** Yellow **Sunset:** 7:16PM Moon 4 - Phase 5  
**Family Home Evening** 256583469 **Rahu** 7:12AM – 8:56AM **Nataraja:** Clear 4th Phase  
Creative Work Siddha Yoga **Taitila Until 2:41PM**  
**Dashami Until 1:29AM Tue** **Bhuloka Day**  
**Vaisaka-Chaitra** **Devaloka Time: 3:PM to 6:PM**

**Tuesday, May 14, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Dallas, TX  
Uttaraphalguni Nakshatra Harshana/Vajra\* Yoga Vanija/Visli\* Karana Ekadashyam Titau Sun 24 Sutra 30  
**2** **Gulika** 12:22PM – 2:06PM **Uttaraphalguni Until 7:37PM** **Ganesha:** White **Sunrise:** 5:28AM Vikarin 5121  
Kanya Rasi: 1.47 **Yama** 8:55AM – 10:39AM **Harshana Until 2:45PM** **Muruqa:** Yellow **Sunset:** 7:16PM Moon 4 - Phase 5  
**256583469 Rahu** 3:49PM – 5:33PM **Vanija Until 12:19PM** **Nataraja:** Clear 4th Phase  
Creative Work Amrita Yoga **Moon – Red**  
**Ekadashi Until 11:06PM** **Vaisaka-Vaikasi** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**  
**Then Creative Work - Siddha Yoga**

**Wednesday, May 15, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Dallas, TX  
Hasta Nakshatra Vajra\*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 31  
**3** **Gulika** 10:39AM – 12:22PM **Hasta Until 6:11PM** **Ganesha:** Yellow **Sunrise:** 5:28AM Vikarin 5121  
Kanya Rasi: 16.05 **Yama** 7:11AM – 8:55AM **Vajra\* Until 11:44AM** **Muruqa:** Yellow **Sunset:** 7:17PM Moon 4 - Phase 5  
**266583469 Rahu** 12:22PM – 2:06PM **Bava Until 9:56AM** **Nataraja:** Clear 4th Phase  
Routine Work Marana Yoga **Moon – Green**  
**Dvadashi Until 8:45PM** **Vaisaka-Vaikasi** **Devaloka Day**  
**Then Creative Work - Siddha Yoga**

**Thursday, May 16, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Dallas, TX  
Chitra/Svati Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 32  
**4** **Gulika** 8:55AM – 10:39AM **Chitra Until 4:45PM** **Ganesha:** Yellow **Sunrise:** 5:27AM Vikarin 5121  
Tula Rasi: 0.19 **Yama** 5:27AM – 7:11AM **Siddhi Until 8:49AM** **Muruqa:** Yellow **Sunset:** 7:18PM Moon 4 - Phase 5  
**266583469 Rahu** 2:06PM – 3:50PM **Kaulava Until 7:39AM** **Nataraja:** Clear 4th Phase  
Creative Work Siddha Yoga **Moon – Green**  
**Trayodashi Until 6:34PM** **Vaisaka-Vaikasi** **Devaloka Day**  
**Then Creative Work - Amrita Yoga** **Pradosha Vrata**

**Friday, May 17, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Dallas, TX  
Svati/Vishakha Nakshatra Vyatipata\*/Variyan Yoga Vanija/Visli\* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 33  
**5** **Gulika** 7:10AM – 8:54AM **Svati Until 3:26PM** **Ganesha:** Yellow **Sunrise:** 5:26AM Vikarin 5121  
Tula Rasi: 14.25 **Yama** 3:50PM – 5:34PM **Vyatipata\* Until 6:05AM** **Muruqa:** Yellow **Sunset:** 7:19PM Moon 4 - Phase 5  
**266583469 Rahu** 10:38AM – 12:22PM **Vistil Until 3:52AM Sat** **Nataraja:** Clear 4th Phase  
Creative Work Siddha Yoga **Moon – Green**  
**Chaturdashi\* Until 4:39PM** **Vaisaka-Vaikasi** **Devaloka Day**

**Saturday, May 18, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Dallas, TX  
Vishakha/Anuradha Nakshatra Parigha\* Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 34  
**6** **Gulika** 5:26AM – 7:10AM **Vishakha Until 2:48PM** **Ganesha:** Blue **Sunrise:** 5:26AM Vikarin 5121  
Tula Rasi: 28.18 **Yama** 2:07PM – 3:51PM **Parigha\* Until 1:32AM Sun** **Muruqa:** Yellow **Sunset:** 7:19PM Moon 4 - Phase 5  
**276583469 Rahu** 8:54AM – 10:38AM **Balava Until 2:36AM Sun** **Nataraja:** Clear Purnima  
Creative Work Siddha Yoga **Moon – Orange**  
**Purnima\* Until 3:09PM** **Vaisaka-Vaikasi** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**Sunday, May 19, 2019** Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dallas, TX  
Anuradha/Jyeshtha\* Nakshatra Shiva Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau Sun 29 Sutra 35  
**7** **Gulika** 3:51PM – 5:36PM **Anuradha Until 2:33PM** **Ganesha:** Yellow **Sunrise:** 5:25AM Vikarin 5121  
Vrischika Rasi: 11.53 **Yama** 12:23PM – 2:07PM **Shiva Until 11:56PM** **Muruqa:** Yellow **Sunset:** 7:20PM Moon 4 - Phase 5  
**277583469 Rahu** 5:36PM – 7:20PM **Taitila Until 1:56AM Mon** **Nataraja:** Clear Prathama  
Routine Work Marana Yoga **Moon – Orange**  
**Prathama\* Until 2:10PM** **Vaisaka-Vaikasi** **Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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**Monday, May 20, 2019**  
**Gold Retreat Star**

Vrischika Rasi: 25.08    Tithi 17 – 18  
**Family Home Evening**  
Creative Work    Siddha Yoga

277583469

**Gulika** 2:07PM – 3:52PM  
Yama 10:38AM – 12:23PM  
**Rahu** 7:09AM – 8:54AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Jyeshtha\* Until 2:47PM**  
Siddha Until 10:50PM  
Vanija Until 1:55AM Tue  
Dvitiya Until 1:49PM

**Ganesha:** Yellow    *Sunrise:* 5:25AM  
**Muruga:** Yellow    *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 36  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**1**

**Tuesday, May 21, 2019**

Dhanus Rasi: 8.03    Tithi 18 – 19  
Creative Work    Amrita Yoga  
Until 3:59PM  
Then Creative Work - Siddha Yoga

287683469

**Gulika** 12:23PM – 2:07PM  
Yama 8:53AM – 10:38AM  
**Rahu** 3:52PM – 5:37PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Mula\* Until 3:59PM**  
Sadhya Until 10:18PM  
Bava Until 2:37AM Wed  
Tritiya Until 2:10PM

**Ganesha:** Red    *Sunrise:* 5:24AM  
**Muruga:** Yellow    *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 37  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**2**

**Wednesday, May 22, 2019**

Dhanus Rasi: 20.37    Tithi 19 – 20  
Creative Work    Amrita Yoga

287683469

**Gulika** 10:38AM – 12:23PM  
Yama 7:08AM – 8:53AM  
**Rahu** 12:23PM – 2:08PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Purvashadha\* Until 5:43PM**  
Subha Until 10:19PM  
Kaulava Until 3:59AM Thu  
Chaturthi\* Until 3:12PM

**Ganesha:** Red    *Sunrise:* 5:23AM  
**Muruga:** Yellow    *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 38  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**3**

**Thursday, May 23, 2019**

Makara Rasi: 2.55    Tithi 20 – 21  
Routine Work    Marana Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

287683469

**Gulika** 8:53AM – 10:38AM  
Yama 5:23AM – 7:08AM  
**Rahu** 2:08PM – 3:53PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

**Uttarashadha Until 7:52PM**  
Sukla Until 10:45PM  
Gara Until 5:54AM Fri  
Panchami Until 4:51PM

**Ganesha:** Red    *Sunrise:* 5:23AM  
**Muruga:** Yellow    *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 39  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**4**

**Friday, May 24, 2019**

Makara Rasi: 14.59    Tithi 21  
Routine Work    Marana Yoga  
Until 10:47PM  
Then Creative Work - Siddha Yoga

297683469

**Gulika** 7:08AM – 8:53AM  
Yama 3:53PM – 5:38PM  
**Rahu** 10:38AM – 12:23PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana Nakshatra Brahma Yoga Vanija Karana Shashtyayam Titau

**Shravana Until 10:47PM**  
Brahma Until 11:31PM  
Vanija Until 6:59PM  
Shashthi\* Until 6:59PM

**Ganesha:** Green    *Sunrise:* 5:22AM  
**Muruga:** Yellow    *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 40  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, May 25, 2019**

Makara Rasi: 26.54    Tithi 22  
Creative Work    Siddha Yoga

298683469

**Gulika** 5:22AM – 7:07AM  
Yama 2:08PM – 3:53PM  
**Rahu** 8:52AM – 10:38AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Indra Yoga Visti\*/Bava Karana Saptamyam Titau

**Dhanishtha Until 1:44AM Sun**  
Indra Until 12:29AM Sun  
Visti Until 8:11AM  
Saptami Until 9:22PM

**Ganesha:** Red    *Sunrise:* 5:22AM  
**Muruga:** Yellow    *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 41  
Vikarin 5121  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

**D**

**Sunday, May 26, 2019**  
**Retreat Star**

Kumbha Rasi: 8.46    Tithi 23  
Creative Work    Siddha Yoga  
Until 4:32AM Mon  
Then Routine Work - Marana Yoga

398683469

**Gulika** 3:54PM – 5:39PM  
Yama 12:23PM – 2:08PM  
**Rahu** 5:39PM – 7:25PM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Shatabhishak Until 4:32AM Mon**  
Vaidhriti\* Until 1:25AM Mon  
Balava Until 10:37AM  
Ashtami\* Until 11:47PM

**Ganesha:** Blue    *Sunrise:* 5:22AM  
**Muruga:** Yellow    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 42  
Vikarin 5121  
Moon 5 - Phase 6  
Ashtami

**Sivaloka Day**

**Monday, May 27, 2019**  
**Retreat Star**

Kumbha Rasi: 20.38    Tithi 24  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 7:26AM Tue  
Then Creative Work - Amrita Yoga

318683469

**Gulika** 2:09PM – 3:54PM  
Yama 10:38AM – 12:23PM  
**Rahu** 7:07AM – 8:52AM

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

**Purvaproshtapada\* Until 7:26AM Tue**  
Vishkambha\* Until 2:12AM Tue  
Taitila Until 12:57PM  
Navami\* Until 2:00AM Tue

**Ganesha:** Purple    *Sunrise:* 5:21AM  
**Muruga:** Yellow    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Dallas, TX  
Sutra 43  
Vikarin 5121  
Moon 5 - Phase 6  
Navami

**Sivaloka Day**

|                                  |             |                                |                   |                               |                                 |                 |        |  |                  |  |            |
|----------------------------------|-------------|--------------------------------|-------------------|-------------------------------|---------------------------------|-----------------|--------|--|------------------|--|------------|
| <b>1</b>                         |             | <b>Tuesday, May 28, 2019</b>   |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaproshtpada/Uttaraproshtpada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau |                  |  | Dallas, TX |
| Meena Rasi: 3                    | Tithi 25    | Gulika                         | 12:23PM – 2:09PM  | Purvaproshtpada* Until 7:26AM | Ganesha: Purple                 | Sunrise: 5:21AM | Sun 9  | Sutra 44   | Vikarin 5121     |  |            |
|                                  |             | Yama                           | 8:52AM – 10:38AM  | Priti Until 2:43AM Wed        | Muruqa: Yellow                  | Sunset: 7:26PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 318683469 Rahu                 | 3:55PM – 5:40PM   | Vanija Until 3:00PM           | Nataraja: Clear                 |                 |        |  | 2nd Phase        |  |            |
| Routine Work                     | Marana Yoga |                                |                   | Dashami Until 3:50AM Wed      | Moon – Clear                    |                 |        | <b>Sivaloka Day</b>  |                  |  |            |
| Until 7:26AM                     |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        |  |                  |  |            |
| Then Creative Work - Amrita Yoga |             |                                |                   |                               |                                 |                 |        |  |                  |  |            |
| <b>2</b>                         |             | <b>Wednesday, May 29, 2019</b> |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraproshtpada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau          |                  |  | Dallas, TX |
| Meena Rasi: 14.44                | Tithi 26    | Gulika                         | 10:38AM – 12:23PM | Uttaraproshtpada Until 9:45AM | Ganesha: Purple                 | Sunrise: 5:20AM | Sun 10 | Sutra 45   | Vikarin 5121     |  |            |
|                                  |             | Yama                           | 7:06AM – 8:52AM   | Ayushman Until 2:47AM Thu     | Muruqa: Yellow                  | Sunset: 7:26PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 318683469 Rahu                 | 12:23PM – 2:09PM  | Bava Until 4:34PM             | Nataraja: Clear                 |                 |        |  | 2nd Phase        |  |            |
| Creative Work                    | Siddha Yoga |                                |                   | Ekadashi* Until 5:07AM Thu    | Moon – Clear                    |                 |        | <b>Sivaloka Day</b>  |                  |  |            |
| Until 9:45AM                     |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        |  |                  |  |            |
| Then Routine Work - Marana Yoga  |             |                                |                   |                               |                                 |                 |        |  |                  |  |            |
| <b>3</b>                         |             | <b>Thursday, May 30, 2019</b>  |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau               |                  |  | Dallas, TX |
| Meena Rasi: 27.06                | Tithi 27    | Gulika                         | 8:52AM – 10:38AM  | Revati Until 11:22AM          | Ganesha: Purple                 | Sunrise: 5:20AM | Sun 11 | Sutra 46   | Vikarin 5121     |  |            |
|                                  |             | Yama                           | 5:20AM – 7:06AM   | Saubhagya Until 2:23AM Fri    | Muruqa: Yellow                  | Sunset: 7:27PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 318683469 Rahu                 | 2:09PM – 3:55PM   | Kaulava Until 5:33PM          | Nataraja: Clear                 |                 |        |  | 2nd Phase        |  |            |
| Creative Work                    | Siddha Yoga |                                |                   | Dvadashi* Until 5:47AM Fri    | Moon – Clear                    |                 |        | <b>Sivaloka Day</b>  |                  |  |            |
| Until 11:22AM                    |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        |  |                  |  |            |
| Then Creative Work - Amrita Yoga |             |                                |                   |                               |                                 |                 |        |  |                  |  |            |
| <b>4</b>                         |             | <b>Friday, May 31, 2019</b>    |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau                 |                  |  | Dallas, TX |
| Mesha Rasi: 9.44                 | Tithi 28    | Gulika                         | 7:06AM – 8:52AM   | Ashvini Until 12:42PM         | Ganesha: Clear                  | Sunrise: 5:20AM | Sun 12 | Sutra 47   | Vikarin 5121     |  |            |
|                                  |             | Yama                           | 3:56PM – 5:42PM   | Sobhana Until 1:30AM Sat      | Muruqa: Yellow                  | Sunset: 7:28PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 328683469 Rahu                 | 10:38AM – 12:24PM | Gara Until 5:54PM             | Nataraja: Clear                 |                 |        |  | 2nd Phase        |  |            |
| Creative Work                    | Amrita Yoga |                                |                   | Trayodashi* Until 5:49AM Sat  | Moon – White                    |                 |        | <b>Devaloka Day</b>  |                  |  |            |
| Until 12:42PM                    |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        |  |                  |  |            |
| Then Creative Work - Siddha Yoga |             |                                |                   |                               | <i>Pradosha Vrata (Fasting)</i> |                 |        |  |                  |  |            |
| <b>5</b>                         |             | <b>Saturday, June 1, 2019</b>  |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau         |                  |  | Dallas, TX |
| Mesha Rasi: 22.41                | Tithi 29    | Gulika                         | 5:20AM – 7:06AM   | Bharani Until 1:14PM          | Ganesha: White                  | Sunrise: 5:20AM | Sun 13 | Sutra 48   | Vikarin 5121     |  |            |
|                                  |             | Yama                           | 2:10PM – 3:56PM   | Athiganda* Until 12:05AM Sun  | Muruqa: Yellow                  | Sunset: 7:28PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 329683469 Rahu                 | 8:52AM – 10:38AM  | Visti Until 5:37PM            | Nataraja: Clear                 |                 |        |  | 2nd Phase        |  |            |
| Creative Work                    | Siddha Yoga |                                |                   | Chaturdashi* Until 5:14AM Sun | Moon – White                    |                 |        | <b>Bhuloka Day</b>   |                  |  |            |
| Until 1:14PM                     |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        | Devaloka Time: 3:PM to 6:PM  |                  |  |            |
| Then Creative Work - Amrita Yoga |             |                                |                   |                               |                                 |                 |        |  |                  |  |            |
| <b>●</b>                         |             | <b>Sunday, June 2, 2019</b>    |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau             |                  |  | Dallas, TX |
| <b>Retreat Star</b>              |             | Gulika                         | 3:56PM – 5:43PM   | Krittika Until 1:02PM         | Ganesha: White                  | Sunrise: 5:19AM | Sun 14 | Sutra 49   | Vikarin 5121     |  |            |
| Vrishabha Rasi: 5.58             | Tithi 30    | Yama                           | 12:24PM – 2:10PM  | Sukarma Until 10:14PM         | Muruqa: Yellow                  | Sunset: 7:29PM  |        |  | Moon 5 - Phase 7 |  |            |
|                                  |             | 329683469 Rahu                 | 5:43PM – 7:29PM   | Catuspada Until 4:44PM        | Nataraja: Clear                 |                 |        |  | Amavasya         |  |            |
| Creative Work                    | Siddha Yoga |                                |                   | Amavasya* Until 4:05AM Mon    | Moon – White                    |                 |        | <b>Bhuloka Day</b>   |                  |  |            |
|                                  |             |                                |                   |                               | Vaisaka-Vaikasi                 |                 |        | Devaloka Time: 3:PM to 6:PM  |                  |  |            |
| <b>Monday, June 3, 2019</b>      |             | <b>Retreat Star</b>            |                   |                               |                                 |                 |        | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau                |                  |  | Dallas, TX |
| Vrishabha Rasi: 19.32            | Tithi 1     | Gulika                         | 2:10PM – 3:57PM   | Rohini Until 12:37PM          | Ganesha: Green                  | Sunrise: 5:19AM | Sun 15 | Sutra 50   | Vikarin 5121     |  |            |
| <b>Family Home Evening</b>       |             | Yama                           | 10:38AM – 12:24PM | Dhriti Until 8:01PM           | Muruqa: Yellow                  | Sunset: 7:29PM  |        |  | Moon 5 - Phase 7 |  |            |
| Creative Work                    | Amrita Yoga | 339683469 Rahu                 | 7:05AM – 8:52AM   | Kintughna Until 3:22PM        | Nataraja: Clear                 |                 |        |  | Prathama         |  |            |
|                                  |             |                                |                   | Prathama* Until 2:30AM Tue    | Moon – Yellow                   |                 |        | <b>Bhuloka Day</b>   |                  |  |            |
|                                  |             |                                |                   |                               | Jyeshtha-Vaikasi                |                 |        | Devaloka Time: 3:PM to 6:PM  |                  |  |            |

**1 Tuesday, June 4, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Dallas, TX  
 Mrigashira/Ardra Nakshatra Shula\*Ganda\* Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 16 Sutra 51  
**Gulika 12:24PM – 2:11PM Mrigashira Until 11:39AM Ganesha: Green Sunrise: 5:19AM** Vikarin 5121  
 Mithuna Rasi: 3.22 Tithi 2 Yama 8:52AM – 10:38AM **Shula\* Until 5:28PM** **Muruqa: Yellow Sunset: 7:30PM** Moon 5 - Phase 8  
 339683461 **Rahu 3:57PM – 5:43PM Balava Until 1:35PM Nataraja: Clear 3rd Phase**  
 Creative Work Siddha Yoga **Dvitiya Until 12:34AM Wed Jyeshtha-Vaikasi** **Bhuloka Day**  
 Until 11:39AM **Devaloka Time: 3:PM to 6:PM**  
 Then Routine Work - Marana Yoga

**2 Wednesday, June 5, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Dallas, TX  
 Ardra/Punarvasu Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau Sun 17 Sutra 52  
**Gulika 10:38AM – 12:24PM Ardra Until 10:14AM Ganesha: Green Sunrise: 5:19AM** Vikarin 5121  
 Mithuna Rasi: 17.25 Tithi 3 Yama 7:05AM – 8:52AM **Ganda\* Until 2:42PM** **Muruqa: Yellow Sunset: 7:30PM** Moon 5 - Phase 8  
 339683461 **Rahu 12:24PM – 2:11PM Taitila Until 11:31AM Nataraja: Yellow 3rd Phase**  
 Creative Work Siddha Yoga **Tritiya Until 10:23PM Jyeshtha-Vaikasi** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**3 Thursday, June 6, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Dallas, TX  
 Punarvasu/Pushya Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Chaturthyam Titau Sun 18 Sutra 53  
**Gulika 8:52AM – 10:38AM Punarvasu Until 8:55AM Ganesha: White Sunrise: 5:18AM** Vikarin 5121  
 Kataka Rasi: 1.35 Tithi 4 Yama 5:18AM – 7:05AM **Vridhhi Until 11:48AM** **Muruqa: Yellow Sunset: 7:31PM** Moon 5 - Phase 8  
 349683461 **Rahu 2:11PM – 3:58PM Vanija Until 9:15AM Nataraja: Yellow 3rd Phase**  
 Creative Work Amrita Yoga **Chaturthi\* Until 8:04PM Jyeshtha-Vaikasi** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**4 Friday, June 7, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Dallas, TX  
 Pushya/Ashlesha\* Nakshatra Dhruva/Vyaghala\* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau Sun 19 Sutra 54  
**Gulika 7:05AM – 8:52AM Pushya Until 7:21AM Ganesha: White Sunrise: 5:18AM** Vikarin 5121  
 Kataka Rasi: 15.51 Tithi 5 – 6 Yama 3:58PM – 5:45PM **Dhruva Until 8:49AM** **Muruqa: Yellow Sunset: 7:31PM** Moon 5 - Phase 8  
 349683461 **Rahu 10:38AM – 12:25PM Bava Until 6:54AM Nataraja: Yellow 3rd Phase**  
 Routine Work Marana Yoga **Panchami Until 5:42PM Jyeshtha-Vaikasi** **Bhuloka Day**  
**Devaloka Time: 3:PM to 6:PM**

**5 Saturday, June 8, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Dallas, TX  
 Magha\* Nakshatra Harshana Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau Sun 20 Sutra 55  
**Gulika 5:18AM – 7:05AM Magha\* Until 4:14AM Sun Ganesha: Clear Sunrise: 5:18AM** Vikarin 5121  
 Simha Rasi: 0.07 Tithi 6 – 7 Yama 2:12PM – 3:58PM **Harshana Until 2:53AM Sun** **Muruqa: Yellow Sunset: 7:32PM** Moon 5 - Phase 8  
 359683461 **Rahu 8:52AM – 10:38AM Gara Until 2:12AM Sun Nataraja: Yellow 3rd Phase**  
 Creative Work Amrita Yoga **Shashthi\* Until 3:20PM Jyeshtha-Vaikasi** **Devaloka Day**  
 Until 4:14AM Sun  
 Then Creative Work - Siddha Yoga

**Sunday, June 9, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dallas, TX  
**Retreat Star** Purvaphalguni Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Saptami/Ashtamyam Titau Sun 21 Sutra 56  
**Gulika 3:59PM – 5:45PM Purvaphalguni Until 2:48AM Mon Ganesha: Yellow Sunrise: 5:18AM** Vikarin 5121  
 Simha Rasi: 14.22 Tithi 7 – 8 Yama 12:25PM – 2:12PM **Vajra\* Until 12:00AM Mon** **Muruqa: Yellow Sunset: 7:32PM** Moon 5 - Phase 8  
 351683461 **Rahu 5:45PM – 7:32PM Visti Until 11:58PM Nataraja: Yellow Ashtami**  
 Creative Work Siddha Yoga **Saptami Until 1:03PM Moon – Red Jyeshtha-Vaikasi** **Devaloka Day**

**Monday, June 10, 2019** Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Dallas, TX  
**Retreat Star** Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 57  
**Gulika 2:12PM – 3:59PM Uttaraphalguni Until 1:21AM Tue Ganesha: Yellow Sunrise: 5:18AM** Vikarin 5121  
 Simha Rasi: 28.32 Tithi 8 – 9 Yama 10:39AM – 12:25PM **Siddhi Until 9:14PM** **Muruqa: Yellow Sunset: 7:33PM** Moon 5 - Phase 8  
**Family Home Evening** 351683461 **Rahu 7:05AM – 8:52AM Balava Until 9:51PM Nataraja: Yellow Navami**  
 Creative Work Siddha Yoga **Ashtami\* Until 10:52AM Moon – Red Jyeshtha-Vaikasi** **Devaloka Day**


|   |                               |  |   |  |
|---|-------------------------------|--|---|--|
| <b>1</b><br>Kanya Rasi: 12.38<br>Tithi 9 – 10<br>361683461<br>Creative Work Siddha Yoga | <b>Tuesday, June 11, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   | Dallas, TX<br>Sutra 58<br>Vikarin 5121   |
|   |                               | <b>Gulika</b> 12:26PM – 2:12PM<br><b>Yama</b> 8:52AM – 10:39AM<br><b>Rahu</b> 3:59PM – 5:46PM  | <b>Hasta Until 12:21AM Wed</b><br>Vyatipata* Until 6:36PM<br>Taitila Until 7:53PM<br>Navami* Until 8:49AM | <b>Ganesha:</b> White <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Yellow <i>Sunset: 7:33PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green |
|   |                               |  |   | Sun 23<br>Moon 5 - Phase 9<br>4th Phase  |
|   |                               |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

|  |                                 |  |  |  |
|--|---------------------------------|--|--|--|
| <b>2</b><br>Kanya Rasi: 26.36<br>Tithi 10 – 11<br>361683461<br>Creative Work Siddha Yoga | <b>Wednesday, June 12, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Varyiana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  | Dallas, TX<br>Sutra 59<br>Vikarin 5121   |
|  |                                 | <b>Gulika</b> 10:39AM – 12:26PM<br><b>Yama</b> 7:05AM – 8:52AM<br><b>Rahu</b> 12:26PM – 2:13PM   | <b>Chitra Until 11:25PM</b><br>Variyan Until 4:07PM<br>Vanija Until 6:08PM<br>Dashami Until 6:58AM | <b>Ganesha:</b> White <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Yellow <i>Sunset: 7:34PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green |
|  |                                 |  |  | Sun 24<br>Moon 5 - Phase 9<br>4th Phase  |
|  |                                 |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

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|---|--------------------------------|---|---|--|
| <b>3</b><br>Tula Rasi: 10.26<br>Tithi 12<br>361683461<br>Creative Work Amrita Yoga<br>Until 10:37PM<br>Then Creative Work - Siddha Yoga | <b>Thursday, June 13, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvodashyam Titau |   | Dallas, TX<br>Sutra 60<br>Vikarin 5121   |
|   |                                | <b>Gulika</b> 8:52AM – 10:39AM<br><b>Yama</b> 5:18AM – 7:05AM<br><b>Rahu</b> 2:13PM – 4:00PM  | <b>Svati Until 10:37PM</b><br>Parigha* Until 1:51PM<br>Bava Until 4:39PM<br>Dvodashi Until 4:00AM Fri | <b>Ganesha:</b> White <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Yellow <i>Sunset: 7:34PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Green |
|   |                                |   |   | Sun 25<br>Moon 5 - Phase 9<br>4th Phase  |
|   |                                |   |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

|  |                              |   |   |   |
|--|------------------------------|---|---|---|
| <b>4</b><br>Tula Rasi: 24.05<br>Tithi 13<br>371693461<br>Creative Work Siddha Yoga | <b>Friday, June 14, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau |   | Dallas, TX<br>Sutra 61<br>Vikarin 5121  |
|  |                              | <b>Gulika</b> 7:05AM – 8:52AM<br><b>Yama</b> 4:00PM – 5:47PM<br><b>Rahu</b> 10:39AM – 12:26PM   | <b>Vishakha Until 10:27PM</b><br>Shiva Until 11:52AM<br>Kaulava Until 3:29PM<br>Trayodashi Until 3:01AM Sat | <b>Ganesha:</b> Clear <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Blue <i>Sunset: 7:34PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Orange |
|  |                              |   |   | Sun 26<br>Moon 5 - Phase 9<br>4th Phase   |
|  |                              |   |   | <b>Sivaloka Day</b><br><i>Pradosha Vrata</i>  |

|  |                                |   |   |   |
|--|--------------------------------|---|---|---|
| <b>5</b><br>Vrischika Rasi: 7.31<br>Tithi 14<br>371793461<br>Creative Work Siddha Yoga | <b>Saturday, June 15, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau |   | Dallas, TX<br>Sutra 62<br>Vikarin 5121  |
|  |                                | <b>Gulika</b> 5:18AM – 7:05AM<br><b>Yama</b> 2:13PM – 4:00PM<br><b>Rahu</b> 8:52AM – 10:39AM  | <b>Anuradha Until 10:33PM</b><br>Siddha Until 10:09AM<br>Gara Until 2:43PM<br>Chaturdashi* Until 2:29AM Sun | <b>Ganesha:</b> White <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Blue <i>Sunset: 7:35PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Orange |
|  |                                |   |   | Sun 27<br>Moon 5 - Phase 9<br>4th Phase   |
|  |                                |   |   | <b>Subha Sivaloka Day</b><br>Jyeshtha-Ani   |

|   |                              |  |  |   |
|---|------------------------------|--|--|---|
| <br><b>Sunday, June 16, 2019</b><br>Copper Retreat Star<br>Vrischika Rasi: 20.43<br>Tithi 15<br>371793461<br>Routine Work Marana Yoga<br>Until 10:59PM<br>Then Creative Work - Amrita Yoga | <b>Sunday, June 16, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau |  | Dallas, TX<br>Sutra 63<br>Vikarin 5121  |
|   |                              | <b>Gulika</b> 4:01PM – 5:48PM<br><b>Yama</b> 12:27PM – 2:14PM<br><b>Rahu</b> 5:48PM – 7:35PM   | <b>Jyeshtha* Until 10:59PM</b><br>Sadhya Until 8:49AM<br>Visti Until 2:25PM<br>Purnima* Until 2:27AM Mon | <b>Ganesha:</b> White <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Blue <i>Sunset: 7:35PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Orange |
|   |                              |  |  | Sun 28<br>Moon 5 - Phase 9<br>Purnima   |
|   |                              |  |  | <b>Subha Sivaloka Day</b><br>Jyeshtha-Ani   |

|   |                              |  |   |   |
|---|------------------------------|--|---|---|
| <b>Monday, June 17, 2019</b><br>Silver Retreat Star<br>Dhanus Rasi: 3.39<br>Tithi 16<br>Family Home Evening<br>381793461<br>Creative Work Siddha Yoga | <b>Monday, June 17, 2019</b> | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau |   | Dallas, TX<br>Sutra 64<br>Vikarin 5121  |
|   |                              | <b>Gulika</b> 2:14PM – 4:01PM<br><b>Yama</b> 10:40AM – 12:27PM<br><b>Rahu</b> 7:05AM – 8:53AM  | <b>Mula* Until 12:16AM Tue</b><br>Subha Until 7:55AM<br>Balava Until 2:39PM<br>Prathama* Until 2:58AM Tue | <b>Ganesha:</b> Clear <i>Sunrise: 5:18AM</i><br><b>Muruqa:</b> Blue <i>Sunset: 7:35PM</i><br><b>Nataraja:</b> Yellow<br>Moon – Light Blue |
|   |                              |  |   | Sun 29<br>Moon 5 - Phase 9<br>Prathama  |
|   |                              |  |   | <b>Sivaloka Day</b><br>Jyeshtha-Ani   |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)





**Tuesday, June 18, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Dallas, TX  
Sun 1  
Sutra 65  
Vikarin 5121

Dhanus Rasi: 16.19 Tithi 17

382793461

**Gulika** 12:27PM – 2:14PM  
Yama 8:53AM – 10:40AM  
**Rahu** 4:01PM – 5:48PM

**Purvashadha\* Until 1:57AM Wed**  
Sukla Until 7:26AM  
Tailila Until 3:28PM  
**Dvitiya Until 4:03AM Wed**

**Ganesha:** Clear *Sunrise: 5:18AM*  
**Muruqa:** Blue *Sunset: 7:36PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 1:57AM Wed  
Then Creative Work - Amrita Yoga

**1**

**Wednesday, June 19, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Vishti\* Karana Tritiyayam Titau

Dallas, TX  
Sun 2  
Sutra 66  
Vikarin 5121

Dhanus Rasi: 28.44 Tithi 18

382793461

**Gulika** 10:40AM – 12:27PM  
Yama 7:06AM – 8:53AM  
**Rahu** 12:27PM – 2:14PM

**Uttarashadha Until 3:59AM Thu**  
Brahma Until 7:24AM  
Vanija Until 4:49PM  
**Tritiya Until 5:40AM Thu**

**Ganesha:** Purple *Sunrise: 5:19AM*  
**Muruqa:** Blue *Sunset: 7:36PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 3:59AM Thu  
Then Creative Work - Siddha Yoga

**2**

**Thursday, June 20, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana Nakshatra Indra/Vaidhriti\* Yoga Bava Karana Chaturthyam Titau

Dallas, TX  
Sun 3  
Sutra 67  
Vikarin 5121

Makara Rasi: 10.55 Tithi 19

392793461

**Gulika** 8:53AM – 10:40AM  
Yama 5:19AM – 7:06AM  
**Rahu** 2:15PM – 4:02PM

**Shravana Until 6:46AM Fri**  
Indra Until 7:47AM  
Bava Until 6:40PM  
**Chaturthi\* Until 7:42AM Fri**

**Ganesha:** Clear *Sunrise: 5:19AM*  
**Muruqa:** Blue *Sunset: 7:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**3**

**Friday, June 21, 2019**

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhriti\* Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dallas, TX  
Sun 4  
Sutra 68  
Vikarin 5121

Makara Rasi: 22.56 Tithi 19 – 20

392793461

**Gulika** 7:06AM – 8:53AM  
Yama 4:02PM – 5:49PM  
**Rahu** 10:40AM – 12:28PM

**Shravana Until 6:46AM**  
Vaidhriti\* Until 8:27AM  
Kaulava Until 8:51PM  
**Chaturthi\* Until 7:42AM**

**Ganesha:** Clear *Sunrise: 5:19AM*  
**Muruqa:** Blue *Sunset: 7:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Routine Work Marana Yoga  
Until 6:46AM  
Then Creative Work - Siddha Yoga

**4**

**Saturday, June 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Dallas, TX  
Sun 5  
Sutra 69  
Vikarin 5121

Kumbha Rasi: 4.51 Tithi 20 – 21

392793461

**Gulika** 5:19AM – 7:06AM  
Yama 2:15PM – 4:02PM  
**Rahu** 8:54AM – 10:41AM

**Dhanishtha Until 9:39AM**  
Vishkambha\* Until 9:21AM  
Gara Until 11:13PM  
**Panchami Until 10:00AM**

**Ganesha:** Clear *Sunrise: 5:19AM*  
**Muruqa:** Blue *Sunset: 7:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 9:39AM  
Then Creative Work - Amrita Yoga

**5**

**Sunday, June 23, 2019**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Vanija/Vishti\* Karana Shashthi/Saptamyam Titau

Dallas, TX  
Sun 6  
Sutra 70  
Vikarin 5121

Kumbha Rasi: 16.43 Tithi 21 – 22

392793461

**Gulika** 4:02PM – 5:49PM  
Yama 12:28PM – 2:15PM  
**Rahu** 5:49PM – 7:37PM

**Shatabhishak Until 12:27PM**  
Priti Until 10:20AM  
Vishti Until 1:35AM Mon  
**Shashthi\* Until 12:24PM**

**Ganesha:** Clear *Sunrise: 5:20AM*  
**Muruqa:** Blue *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

**D**

**Monday, June 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dallas, TX  
Sun 7  
Sutra 71  
Vikarin 5121

Kumbha Rasi: 28.36 Tithi 22 – 23

312793461

**Gulika** 2:15PM – 4:03PM  
Yama 10:41AM – 12:28PM  
**Rahu** 7:07AM – 8:54AM

**Purvaproshtapada\* Until 3:29PM**  
Ayushman Until 11:12AM  
Balava Until 3:45AM Tue  
**Saptami Until 2:41PM**

**Ganesha:** Yellow *Sunrise: 5:20AM*  
**Muruqa:** Blue *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Ashtami

**Sivaloka Day**

Routine Work Marana Yoga  
Until 3:29PM  
Then Creative Work - Siddha Yoga

**Tuesday, June 25, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Dallas, TX  
Sun 8  
Sutra 72  
Vikarin 5121

Meena Rasi: 10.35 Tithi 23 – 24

312793461

**Gulika** 12:28PM – 2:16PM  
Yama 8:54AM – 10:41AM  
**Rahu** 4:03PM – 5:50PM

**Uttaraproshtapada Until 6:03PM**  
Saubhagya Until 11:53AM  
Tailila Until 5:31AM Wed  
**Ashtami\* Until 4:40PM**

**Ganesha:** Yellow *Sunrise: 5:20AM*  
**Muruqa:** Blue *Sunset: 7:37PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Moon 6 - Phase 10  
Navami

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 6:03PM  
Then Creative Work - Siddha Yoga

|                   |             |                                 |                          |   |                         |                        |                     |
|-------------------|-------------|---------------------------------|--------------------------|---|-------------------------|------------------------|---------------------|
| <b>1</b>          |             | <b>Wednesday, June 26, 2019</b> |                          | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Sobhana/Athiganda* Yoga Gara Karana Navamyam Titau |                         | Dallas, TX<br>Sutra 73 |                     |
| Meena Rasi: 22.44 | Tithi 24    | <b>Gulika</b>                   | <b>10:42AM – 12:29PM</b> | <b>Revati Until 7:59PM</b>  | <b>Ganesha: Yellow</b>  | <b>Sunrise: 5:20AM</b> | Sun 9               |
|                   |             | Yama                            | 7:07AM – 8:55AM          | Sobhana Until 12:14PM   | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                   |             | <b>Rahu</b>                     | <b>12:29PM – 2:16PM</b>  | Gara Until 6:10PM   | <b>Nataraja: Yellow</b> |                        | 2nd Phase           |
| Routine Work      | Marana Yoga |                                 |                          | <b>Navami* Until 6:10PM</b>   | Moon – Clear            |                        | <b>Sivaloka Day</b> |
|                   |             |                                 |                          |   | <b>Jyeshtha-Ani</b>     |                        |                     |


|                                  |             |                                |                         |   |                         |                        |                     |
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| <b>2</b>                         |             | <b>Thursday, June 27, 2019</b> |                         | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau |                         | Dallas, TX<br>Sutra 74 |                     |
| Mesha Rasi: 5.06                 | Tithi 25    | <b>Gulika</b>                  | <b>8:55AM – 10:42AM</b> | <b>Ashvini Until 9:38PM</b>   | <b>Ganesha: Blue</b>    | <b>Sunrise: 5:21AM</b> | Sun 10              |
|                                  |             | Yama                           | 5:21AM – 7:08AM         | Athiganda* Until 12:06PM  | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                                  |             | <b>Rahu</b>                    | <b>2:16PM – 4:03PM</b>  | Vanija Until 6:43AM   | <b>Nataraja: Yellow</b> |                        | 2nd Phase           |
| Creative Work                    | Amrita Yoga |                                |                         | <b>Dashami Until 7:04PM</b>   | Moon – White            |                        | <b>Devaloka Day</b> |
| Until 9:38PM                     |             |                                |                         |   | <b>Jyeshtha-Ani</b>     |                        |                     |
| Then Creative Work - Siddha Yoga |             |                                |                         |   |                         |                        |                     |

|                   |             |                              |                          |   |                         |                        |                     |
|-------------------|-------------|------------------------------|--------------------------|---|-------------------------|------------------------|---------------------|
| <b>3</b>          |             | <b>Friday, June 28, 2019</b> |                          | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau |                         | Dallas, TX<br>Sutra 75 |                     |
| Mesha Rasi: 17.46 | Tithi 26    | <b>Gulika</b>                | <b>7:08AM – 8:55AM</b>   | <b>Bharani Until 10:26PM</b>  | <b>Ganesha: Blue</b>    | <b>Sunrise: 5:21AM</b> | Sun 11              |
|                   |             | Yama                         | 4:03PM – 5:50PM          | Sukarma Until 11:27AM   | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                   |             | <b>Rahu</b>                  | <b>10:42AM – 12:29PM</b> | Bava Until 7:16AM   | <b>Nataraja: Yellow</b> |                        | 2nd Phase           |
| Creative Work     | Siddha Yoga |                              |                          | <b>Ekadashi* Until 7:15PM</b>   | Moon – White            |                        | <b>Devaloka Day</b> |
|                   |             |                              |                          |   | <b>Jyeshtha-Ani</b>     |                        |                     |

|                      |             |                                |                         |   |                         |                        |                     |
|----------------------|-------------|--------------------------------|-------------------------|---|-------------------------|------------------------|---------------------|
| <b>4</b>             |             | <b>Saturday, June 29, 2019</b> |                         | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                         | Dallas, TX<br>Sutra 76 |                     |
| Vrishabha Rasi: 0.48 | Tithi 27    | <b>Gulika</b>                  | <b>5:21AM – 7:08AM</b>  | <b>Krittika Until 10:22PM</b>   | <b>Ganesha: Blue</b>    | <b>Sunrise: 5:21AM</b> | Sun 12              |
|                      |             | Yama                           | 2:16PM – 4:03PM         | Dhriti Until 10:14AM  | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                      |             | <b>Rahu</b>                    | <b>8:55AM – 10:42AM</b> | Kaulava Until 7:06AM  | <b>Nataraja: Yellow</b> |                        | 2nd Phase           |
| Creative Work        | Amrita Yoga |                                |                         | <b>Dvadashi* Until 6:43PM</b>   | Moon – White            |                        | <b>Devaloka Day</b> |
|                      |             |                                |                         |   | <b>Jyeshtha-Ani</b>     |                        |                     |

|                       |               |                              |                        |   |                                 |                        |                     |
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| <b>5</b>              |               | <b>Sunday, June 30, 2019</b> |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Shula*/Ganda* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 | Dallas, TX<br>Sutra 77 |                     |
| Vrishabha Rasi: 14.13 | Tithi 28 – 29 | <b>Gulika</b>                | <b>4:03PM – 5:50PM</b> | <b>Rohini Until 9:56PM</b>  | <b>Ganesha: Blue</b>            | <b>Sunrise: 5:22AM</b> | Sun 13              |
|                       |               | Yama                         | 12:29PM – 2:16PM       | Shula* Until 8:25AM   | <b>Muruqa: Blue</b>             | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                       |               | <b>Rahu</b>                  | <b>5:50PM – 7:37PM</b> | Gara Until 6:12AM   | <b>Nataraja: Yellow</b>         |                        | 2nd Phase           |
| Creative Work         | Siddha Yoga   |                              |                        | <b>Trayodashi* Until 5:29PM</b>   | Moon – Yellow                   |                        | <b>Devaloka Day</b> |
|                       |               |                              |                        |   | <b>Jyeshtha-Ani</b>             |                        |                     |
|                       |               |                              |                        |   | <i>Pradosha Vrata (Fasting)</i> |                        |                     |

|                                  |               |                             |                        |   |                         |                        |                     |
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| <b>6</b>                         |               | <b>Monday, July 1, 2019</b> |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                         | Dallas, TX<br>Sutra 78 |                     |
| Vrishabha Rasi: 28               | Tithi 29 – 30 | <b>Gulika</b>               | <b>2:17PM – 4:03PM</b> | <b>Mrigashira Until 8:46PM</b>  | <b>Ganesha: Blue</b>    | <b>Sunrise: 5:22AM</b> | Sun 14              |
| <b>Family Home Evening</b>       |               | Yama                        | 10:43AM – 12:30PM      | Ganda* Until 6:06AM   | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
| Creative Work                    | Amrita Yoga   | <b>Rahu</b>                 | <b>7:09AM – 8:56AM</b> | Catuspada Until 2:33AM Tue  | <b>Nataraja: Yellow</b> |                        | 2nd Phase           |
| Until 8:46PM                     |               |                             |                        | <b>Chaturdashi* Until 3:39PM</b>  | Moon – Yellow           |                        | <b>Devaloka Day</b> |
| Then Creative Work - Siddha Yoga |               |                             |                        |   | <b>Jyeshtha-Ani</b>     |                        |                     |

|   |              |                              |                         |  |                         |                        |                     |
|---|--------------|------------------------------|-------------------------|--|-------------------------|------------------------|---------------------|
|  |              | <b>Tuesday, July 2, 2019</b> |                         | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         | Dallas, TX<br>Sutra 79 |                     |
| <b>Retreat Star</b>   |              | <b>Gulika</b>                | <b>12:30PM – 2:17PM</b> | <b>Ardra Until 6:59PM</b>  | <b>Ganesha: Red</b>     | <b>Sunrise: 5:23AM</b> | Sun 15              |
| Mithuna Rasi: 12.08   | Tithi 30 – 1 | Yama                         | 8:56AM – 10:43AM        | Dhruva Until 12:12AM Wed   | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|   |              | <b>Rahu</b>                  | <b>4:03PM – 5:50PM</b>  | Kintughna Until 12:00AM Wed  | <b>Nataraja: Yellow</b> |                        | Amavasya            |
| Routine Work  | Marana Yoga  |                              |                         | <b>Amavasya* Until 1:18PM</b>  | Moon – Yellow           |                        | <b>Sivaloka Day</b> |
| Until 6:59PM  |              |                              |                         |  | <b>Jyeshtha-Ani</b>     |                        |                     |
| Then Creative Work - Siddha Yoga  |              | <b>Total Solar Eclipse</b>   |                         |  |                         |                        |                     |

|                     |             |                                |                          |  |                         |                        |                     |
|---------------------|-------------|--------------------------------|--------------------------|--|-------------------------|------------------------|---------------------|
| <b>Retreat Star</b> |             | <b>Wednesday, July 3, 2019</b> |                          | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                         | Dallas, TX<br>Sutra 80 |                     |
| Mithuna Rasi: 26.34 | Tithi 1 – 2 | <b>Gulika</b>                  | <b>10:43AM – 12:30PM</b> | <b>Punarvasu Until 5:08PM</b>  | <b>Ganesha: Yellow</b>  | <b>Sunrise: 5:23AM</b> | Sun 16              |
|                     |             | Yama                           | 7:10AM – 8:57AM          | Vyaghata* Until 8:49PM   | <b>Muruqa: Blue</b>     | <b>Sunset: 7:37PM</b>  | Moon 6 - Phase 11   |
|                     |             | <b>Rahu</b>                    | <b>12:30PM – 2:17PM</b>  | Balava Until 9:10PM  | <b>Nataraja: Yellow</b> |                        | Prathama            |
| Creative Work       | Siddha Yoga |                                |                          | <b>Prathama* Until 10:36AM</b>   | Moon – Blue             |                        | <b>Sivaloka Day</b> |
|                     |             |                                |                          |  | <b>Ashada-Ani</b>       |                        |                     |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|                                  |             |                                       |                             |                         |                        |  |                                  |
|----------------------------------|-------------|---------------------------------------|-----------------------------|-------------------------|------------------------|--|----------------------------------|
| <b>1</b>                         |             | <b>Thursday, July 4, 2019</b>         |                             |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvitiya/Triliyayam Titau | Dallas, TX<br>Sun 17<br>Sutra 81 |
| Kataka Rasi: 11.1                | Tithi 2 – 3 | <b>Gulika</b> 8:57AM – 10:44AM        | <b>Pushya</b> Until 2:58PM  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:23AM | Vikarin 5121   |                                  |
|                                  |             | Yama 5:23AM – 7:10AM                  | Harshana Until 5:19PM       | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:37PM  | Moon 6 - Phase 12  |                                  |
|                                  |             | 343793461 <b>Rahu</b> 2:17PM – 4:04PM | Taitila Until 6:10PM        | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |                                  |
| Creative Work                    | Amrita Yoga |                                       | <b>Dvitiya</b> Until 7:39AM | Moon – Blue             |                        | <b>Sivaloka Day</b>  |                                  |
| Until 2:58PM                     |             |                                       |                             | <b>Ashada*Ani</b>       |                        |  |                                  |
| Then Creative Work - Siddha Yoga |             |                                       |                             |                         |                        |  |                                  |

|                    |             |   |                                    |                         |                        |  |                                  |
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| <b>2</b>           |             | <b>Friday, July 5, 2019</b>             |                                    |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Chaturthiyam Titau | Dallas, TX<br>Sun 18<br>Sutra 82 |
| Kataka Rasi: 25.52 | Tithi 4     | <b>Gulika</b> 7:11AM – 8:57AM           | <b>Ashlesha*</b> Until 12:37PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:24AM | Vikarin 5121   |                                  |
|                    |             | Yama 4:04PM – 5:50PM                    | Vajra* Until 1:45PM                | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:37PM  | Moon 6 - Phase 12  |                                  |
|                    |             | 343793461 <b>Rahu</b> 10:44AM – 12:30PM | Vanija Until 3:08PM                | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |                                  |
| Routine Work       | Marana Yoga |   | <b>Chaturthi*</b> Until 1:37AM Sat | Moon – Blue             |                        | <b>Sivaloka Day</b>  |                                  |
|                    |             |   |                                    | <b>Ashada*Ani</b>       |                        |  |                                  |

|                                  |             |  |                               |                         |                        |   |                                  |
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| <b>3</b>                         |             | <b>Saturday, July 6, 2019</b>          |                               |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | Dallas, TX<br>Sun 19<br>Sutra 83 |
| Simha Rasi: 10.31                | Tithi 5     | <b>Gulika</b> 5:24AM – 7:11AM          | <b>Magha*</b> Until 10:37AM   | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:24AM | Vikarin 5121  |                                  |
|                                  |             | Yama 2:17PM – 4:04PM                   | Siddhi Until 10:17AM          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:37PM  | Moon 6 - Phase 12   |                                  |
|                                  |             | 453793461 <b>Rahu</b> 8:57AM – 10:44AM | Bava Until 12:11PM            | <b>Nataraja:</b> Yellow |                        | 3rd Phase   |                                  |
| Creative Work                    | Amrita Yoga |  | <b>Panchami</b> Until 10:46PM | Moon – Red              |                        | <b>Sivaloka Day</b>   |                                  |
| Until 10:37AM                    |             |  |                               | <b>Ashada*Ani</b>       |                        |   |                                  |
| Then Creative Work - Siddha Yoga |             |  |                               |                         |                        |   |                                  |

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| <b>4</b>                         |             | <b>Sunday, July 7, 2019</b>           |                                   |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau | Dallas, TX<br>Sun 20<br>Sutra 84 |
| Simha Rasi: 25.03                | Tithi 6     | <b>Gulika</b> 4:04PM – 5:50PM         | <b>Purvaphalguni</b> Until 8:40AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:25AM | Vikarin 5121   |                                  |
|                                  |             | Yama 12:31PM – 2:17PM                 | Vyatipata* Until 6:59AM           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:37PM  | Moon 6 - Phase 12  |                                  |
|                                  |             | 453793461 <b>Rahu</b> 5:50PM – 7:37PM | Kaulava Until 9:27AM              | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |                                  |
| Creative Work                    | Siddha Yoga |                                       | <b>Shashthi*</b> Until 8:10PM     | Moon – Red              |                        | <b>Sivaloka Day</b>  |                                  |
| Until 8:40AM                     |             |                                       |                                   | <b>Ashada*Ani</b>       |                        |  |                                  |
| Then Creative Work - Amrita Yoga |             | <b>Chidambaram Abhishekam</b>         |                                   |                         |                        |  |                                  |

|                            |             |                                       |                                    |                         |                        |  |                                  |
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| <b>5</b>                   |             | <b>Monday, July 8, 2019</b>           |                                    |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau | Dallas, TX<br>Sun 21<br>Sutra 85 |
| Kanya Rasi: 9.23           | Tithi 7 – 8 | <b>Gulika</b> 2:17PM – 4:04PM         | <b>Uttaraphalguni</b> Until 6:52AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:25AM | Vikarin 5121   |                                  |
| <b>Family Home Evening</b> |             | Yama 10:44AM – 12:31PM                | Parigha* Until 1:06AM Tue          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:36PM  | Moon 6 - Phase 12  |                                  |
|                            |             | 453793461 <b>Rahu</b> 7:12AM – 8:58AM | Gara Until 7:00AM                  | <b>Nataraja:</b> Yellow |                        | 3rd Phase  |                                  |
| Creative Work              | Siddha Yoga |                                       | <b>Saptami</b> Until 5:53PM        | Moon – Red              |                        | <b>Sivaloka Day</b>  |                                  |
|                            |             |                                       |                                    | <b>Ashada*Ani</b>       |                        |  |                                  |

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| <b>Retreat Star</b> |             | <b>Tuesday, July 9, 2019</b>          |                                |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau | Dallas, TX<br>Sun 22<br>Sutra 86 |
| Kanya Rasi: 23.29   | Tithi 8 – 9 | <b>Gulika</b> 12:31PM – 2:17PM        | <b>Chitra</b> Until 4:50AM Wed | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:26AM | Vikarin 5121  |                                  |
|                     |             | Yama 8:58AM – 10:45AM                 | Shiva Until 10:39PM            | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:36PM  | Moon 6 - Phase 12   |                                  |
|                     |             | 463793461 <b>Rahu</b> 4:04PM – 5:50PM | Balava Until 3:14AM Wed        | <b>Nataraja:</b> Yellow |                        | Ashtami   |                                  |
| Creative Work       | Siddha Yoga |                                       | <b>Ashtami*</b> Until 4:00PM   | Moon – Green            |                        | <b>Subha Sivaloka Day</b>   |                                  |
|                     |             |                                       |                                | <b>Ashada*Ani</b>       |                        |   |                                  |


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| <b>Retreat Star</b> |              | <b>Wednesday, July 10, 2019</b>        |                               |                         |                        | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | Dallas, TX<br>Sun 23<br>Sutra 87 |
| Tula Rasi: 7.19     | Tithi 9 – 10 | <b>Gulika</b> 10:45AM – 12:31PM        | <b>Svati</b> Until 4:15AM Thu | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:26AM | Vikarin 5121  |                                  |
|                     |              | Yama 7:13AM – 8:59AM                   | Siddha Until 8:32PM           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:36PM  | Moon 6 - Phase 12   |                                  |
|                     |              | 463893461 <b>Rahu</b> 12:31PM – 2:17PM | Taitila Until 2:00AM Thu      | <b>Nataraja:</b> Yellow |                        | Navami  |                                  |
| Creative Work       | Siddha Yoga  |  | <b>Navami*</b> Until 2:32PM   | Moon – Green            |                        | <b>Sivaloka Day</b>   |                                  |
|                     |              |  |                               | <b>Ashada*Ani</b>       |                        |   |                                  |

|          |                                |               |   |                                  |                         |                        |                        |
|----------|--------------------------------|---------------|---|----------------------------------|-------------------------|------------------------|------------------------|
| <b>1</b> | <b>Thursday, July 11, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 88 |
|          | Tula Rasi: 20.53               | Tithi 10 – 11 | <b>Gulika</b> 8:59AM – 10:45AM  | <b>Vishakha</b> Until 4:25AM Fri | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:27AM | Sun 24<br>Vikarin 5121 |
|          |                                |               | Yama 5:27AM – 7:13AM  | Sadhya Until 6:48PM              | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:36PM  | Moon 6 - Phase 13      |
|          | Creative Work                  | Siddha Yoga   | 473893461 <b>Rahu</b> 2:17PM – 4:03PM   | Vanija Until 1:13AM Fri          | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
|          |                                |               | <b>Dashami</b> Until 1:32PM   | Moon – Orange                    |                         | <b>Devaloka Day</b>    |                        |
|          |                                |               |   | <b>Ashada*Ani</b>                |                         |                        |                        |

|          |                              |               |  |                                  |                         |                        |                        |
|----------|------------------------------|---------------|--|----------------------------------|-------------------------|------------------------|------------------------|
| <b>2</b> | <b>Friday, July 12, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 89 |
|          | Vischika Rasi: 4.11          | Tithi 11 – 12 | <b>Gulika</b> 7:14AM – 8:59AM  | <b>Anuradha</b> Until 4:54AM Sat | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:28AM | Sun 25<br>Vikarin 5121 |
|          |                              |               | Yama 4:03PM – 5:49PM   | Subha Until 5:28PM               | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:35PM  | Moon 6 - Phase 13      |
|          | Creative Work                | Siddha Yoga   | 473893461 <b>Rahu</b> 10:45AM – 12:31PM  | Bava Until 12:56AM Sat           | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
|          |                              |               | <b>Ekadashi</b> Until 1:00PM   | Moon – Orange                    |                         | <b>Devaloka Day</b>    |                        |
|          |                              |               |  | <b>Ashada*Ani</b>                |                         |                        |                        |

|          |                                |               |   |                                   |                         |                        |                        |
|----------|--------------------------------|---------------|---|-----------------------------------|-------------------------|------------------------|------------------------|
| <b>3</b> | <b>Saturday, July 13, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                   |                         |                        | Dallas, TX<br>Sutra 90 |
|          | Vischika Rasi: 17.14           | Tithi 12 – 13 | <b>Gulika</b> 5:28AM – 7:14AM   | <b>Jyeshtha*</b> Until 5:43AM Sun | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:28AM | Sun 26<br>Vikarin 5121 |
|          |                                |               | Yama 2:17PM – 4:03PM  | Sukla Until 4:29PM                | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:35PM  | Moon 6 - Phase 13      |
|          | Creative Work                  | Siddha Yoga   | 473893461 <b>Rahu</b> 9:00AM – 10:46AM  | Kaulava Until 1:07AM Sun          | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
|          |                                |               | <b>Dvadashi</b> Until 12:56PM   | Moon – Orange                     |                         | <b>Devaloka Day</b>    |                        |
|          |                                |               |   | <b>Ashada*Ani</b>                 |                         |                        |                        |
|          |                                |               |   | <i>Pradosha Vrata</i>             |                         |                        |                        |

|          |                              |               |  |                               |                         |                        |                        |
|----------|------------------------------|---------------|--|-------------------------------|-------------------------|------------------------|------------------------|
| <b>4</b> | <b>Sunday, July 14, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                               |                         |                        | Dallas, TX<br>Sutra 91 |
|          | Dhanus Rasi: 0.04            | Tithi 13 – 14 | <b>Gulika</b> 4:03PM – 5:49PM  | <b>Mula*</b> Until 7:18AM Mon | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:29AM | Sun 27<br>Vikarin 5121 |
|          |                              |               | Yama 12:32PM – 2:17PM  | Brahma Until 3:53PM           | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:35PM  | Moon 6 - Phase 13      |
|          | Creative Work                | Amrita Yoga   | 483893461 <b>Rahu</b> 5:49PM – 7:35PM  | Gara Until 1:47AM Mon         | <b>Nataraja:</b> Yellow |                        | 4th Phase              |
|          |                              |               | <b>Trayodashi</b> Until 1:22PM   | Moon – Light Blue             |                         | <b>Sivaloka Day</b>    |                        |
|          |                              |               |  | <b>Ashada*Ani</b>             |                         |                        |                        |
|          |                              |               |  |                               |                         |                        |                        |

|   |                              |               |   |                           |                         |                        |                        |
|---|------------------------------|---------------|---|---------------------------|-------------------------|------------------------|------------------------|
|  | <b>Monday, July 15, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                           |                         |                        | Dallas, TX<br>Sutra 92 |
|   | <b>Copper Retreat Star</b>   |               | <b>Gulika</b> 2:17PM – 4:03PM   | <b>Mula*</b> Until 7:18AM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:29AM | Sun 28<br>Vikarin 5121 |
|   | Dhanus Rasi: 12.39           | Tithi 14 – 15 | Yama 10:46AM – 12:32PM  | Indra Until 3:41PM        | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:34PM  | Moon 6 - Phase 13      |
|   | <b>Family Home Evening</b>   |               | 483893461 <b>Rahu</b> 7:15AM – 9:00AM   | Visti Until 2:54AM Tue    | <b>Nataraja:</b> Yellow |                        | Purnima                |
| Creative Work   | Siddha Yoga                  |               | <b>Chaturdashi*</b> Until 2:16PM  | Moon – Light Blue         |                         | <b>Sivaloka Day</b>    |                        |
|   |                              |               | <b>Satguru Purnima</b>  | <b>Ashada*Ani</b>         |                         |                        |                        |
|   |                              |               |   |                           |                         |                        |                        |

|  |                               |               |   |                                  |                         |                        |                        |
|--|-------------------------------|---------------|---|----------------------------------|-------------------------|------------------------|------------------------|
|  | <b>Tuesday, July 16, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 93 |
|  | <b>Silver Retreat Star</b>    |               | <b>Gulika</b> 12:32PM – 2:17PM  | <b>Purvashadha*</b> Until 9:10AM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:30AM | Sun 29<br>Vikarin 5121 |
|  | Dhanus Rasi: 25.02            | Tithi 15 – 16 | Yama 9:01AM – 10:46AM   | Vaidhriti* Until 3:48PM          | <b>Muruqa:</b> Blue     | <i>Sunset:</i> 7:34PM  | Moon 6 - Phase 13      |
|  | Creative Work                 | Siddha Yoga   | 483893461 <b>Rahu</b> 4:03PM – 5:48PM   | Balava Until 4:28AM Wed          | <b>Nataraja:</b> Yellow |                        | Prathama               |
|  |                               |               | <b>Purnima*</b> Until 3:37PM  | Moon – Light Blue                |                         | <b>Sivaloka Day</b>    |                        |
|  |                               |               | <b>Partial Lunar Eclipse</b>  | <b>Ashada*Adi</b>                |                         |                        |                        |
|  |                               |               |   |                                  |                         |                        |                        |



Wednesday, July 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vishkambha\*Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dallas, TX  
Sutra 94

Makara Rasi: 7.14 Tithi 16 - 17

**Gulika** 10:47AM - 12:32PM  
Yama 7:16AM - 9:01AM  
494893462 **Rahu** 12:32PM - 2:17PM

**Uttarashadha** Until 11:18AM  
Vishkambha\* Until 4:14PM  
Taitila Until 6:24AM Thu  
Prathama\* Until 5:23PM

**Ganesha:** Purple  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Light Blue  
**Ashada-Adi**

**Sunrise:** 5:30AM  
**Sunset:** 7:33PM

Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 11:18AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 18, 2019

1

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau

Dallas, TX  
Sutra 95

Makara Rasi: 19.17 Tithi 17

**Gulika** 9:02AM - 10:47AM  
Yama 5:31AM - 7:16AM  
494893462 **Rahu** 2:17PM - 4:02PM

**Shravana** Until 2:05PM  
Priti Until 4:57PM  
Taitila Until 6:24AM  
Dvitiya Until 7:28PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 5:31AM  
**Sunset:** 7:33PM

Sun 1  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Friday, July 19, 2019

2

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Trityayam Titau

Dallas, TX  
Sutra 96

Kumbha Rasi: 1.14 Tithi 18

**Gulika** 7:17AM - 9:02AM  
Yama 4:02PM - 5:47PM  
494893462 **Rahu** 10:47AM - 12:32PM

**Dhanishtha** Until 4:57PM  
Ayushman Until 5:49PM  
Vanija Until 8:37AM  
Tritiya Until 9:47PM

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 5:32AM  
**Sunset:** 7:32PM

Sun 2  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Saturday, July 20, 2019

3

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Dallas, TX  
Sutra 97

Kumbha Rasi: 13.07 Tithi 19

**Gulika** 5:32AM - 7:17AM  
Yama 2:17PM - 4:02PM  
494893462 **Rahu** 9:02AM - 10:47AM

**Shatabhishak** Until 7:45PM  
Saubhagya Until 6:48PM  
Bava Until 11:00AM  
Chaturthi\* Until 12:12AM Sun

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sunrise:** 5:32AM  
**Sunset:** 7:32PM

Sun 3  
Moon 7 - Phase 14  
1st Phase

Creative Work Amrita Yoga

Until 7:45PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Sunday, July 21, 2019

4

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Dallas, TX  
Sutra 98

Kumbha Rasi: 24.58 Tithi 20

**Gulika** 4:02PM - 5:47PM  
Yama 12:32PM - 2:17PM  
414893462 **Rahu** 5:47PM - 7:31PM

**Purvaproshtapada\*** Until 10:53PM  
Sobhana Until 7:46PM  
Kaulava Until 1:25PM  
Panchami Until 2:34AM Mon

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:33AM  
**Sunset:** 7:31PM

Sun 4  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 10:53PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

Monday, July 22, 2019

5

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Dallas, TX  
Sutra 99

Meena Rasi: 6.51 Tithi 21

**Gulika** 2:17PM - 4:01PM  
Yama 10:48AM - 12:32PM  
414893462 **Rahu** 7:18AM - 9:03AM

**Uttaraproshtapada** Until 1:40AM Tue  
Athiganda\* Until 8:35PM  
Gara Until 3:42PM  
Shashthi\* Until 4:44AM Tue

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:34AM  
**Sunset:** 7:31PM

Sun 5  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Family Home Evening

Subha Sivaloka Day

Tuesday, July 23, 2019

6

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Sukarma Yoga Visti\*/Bava Karana Saplamyam Titau

Dallas, TX  
Sutra 100

Meena Rasi: 18.49 Tithi 22

**Gulika** 12:32PM - 2:17PM  
Yama 9:03AM - 10:48AM  
414893462 **Rahu** 4:01PM - 5:46PM

**Revati** Until 3:57AM Wed  
Sukarma Until 9:11PM  
Visti Until 5:42PM  
Saptami Until 6:32AM Wed

**Ganesha:** Clear  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Sunrise:** 5:34AM  
**Sunset:** 7:30PM

Sun 6  
Moon 7 - Phase 14  
1st Phase

Creative Work Siddha Yoga

Until 3:57AM Wed

Then Routine Work - Marana Yoga

Subha Sivaloka Day

Tour Day

Wednesday, July 24, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dallas, TX  
Sutra 101

Mesha Rasi: 0.56 Tithi 22 - 23

**Gulika** 10:48AM - 12:32PM  
Yama 7:19AM - 9:04AM  
424893462 **Rahu** 12:32PM - 2:17PM

**Ashvini** Until 6:04AM Thu  
Dhriti Until 9:26PM  
Balava Until 7:16PM  
Saptami Until 6:32AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 5:35AM  
**Sunset:** 7:30PM

Sun 7  
Moon 7 - Phase 14  
Ashtami

Routine Work Marana Yoga

Until 6:04AM Thu

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

Thursday, July 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dallas, TX  
Sutra 102

Mesha Rasi: 13.17 Tithi 23 - 24

**Gulika** 9:04AM - 10:48AM  
Yama 5:36AM - 7:20AM  
424893462 **Rahu** 2:16PM - 4:01PM

**Ashvini** Until 6:04AM  
Shula\* Until 9:10PM  
Taitila Until 8:13PM  
Ashtami\* Until 7:48AM

**Ganesha:** White  
**Muruqa:** Blue  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Sunrise:** 5:36AM  
**Sunset:** 7:29PM

Sun 8  
Moon 7 - Phase 14  
Navami

Creative Work Amrita Yoga

Until 6:04AM

Then Creative Work - Siddha Yoga

Subha Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|                   |               |   |                                    |   |                        |   |
|-------------------|---------------|---|------------------------------------|---|------------------------|---|
| <b>1</b>          |               | <b>Friday, July 26, 2019</b>            |                                    | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Dallas, TX<br>Sutra 103<br>Vikarin 5121 |
| Mesha Rasi: 25.55 | Tithi 24 – 25 | <b>Gulika</b> 7:20AM – 9:04AM           | <b>Bharani</b> <b>Until 7:23AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:36AM | Sun 9                                   |
|                   |               | Yama 4:00PM – 5:44PM                    | Ganda* <b>Until 8:22PM</b>         | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:28PM  | Moon 7 - Phase 15                       |
|                   |               | 424893462 <b>Rahu</b> 10:48AM – 12:32PM | Vanija <b>Until 8:27PM</b>         | <b>Nataraja:</b> White  |                        | 2nd Phase                               |
| Creative Work     | Siddha Yoga   |   | <b>Navami* Until 8:25AM</b>        | Moon – White  |                        | <b>Subha Subha Sivaloka Day</b>         |
|                   |               |   |                                    |   |                        | <b>Ashada*Adi</b>                       |

|                      |               |  |                                     |   |                        |   |
|----------------------|---------------|--|-------------------------------------|---|------------------------|---|
| <b>2</b>             |               | <b>Saturday, July 27, 2019</b>         |                                     | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Dallas, TX<br>Sutra 104<br>Vikarin 5121 |
| Vrishabha Rasi: 8.54 | Tithi 25 – 26 | <b>Gulika</b> 5:37AM – 7:21AM          | <b>Krittika</b> <b>Until 7:49AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:37AM | Sun 10                                  |
|                      |               | Yama 2:16PM – 4:00PM                   | Vriddhi <b>Until 6:57PM</b>         | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:28PM  | Moon 7 - Phase 15                       |
|                      |               | 424893462 <b>Rahu</b> 9:05AM – 10:48AM | Bava <b>Until 7:55PM</b>            | <b>Nataraja:</b> White  |                        | 2nd Phase                               |
| Creative Work        | Amrita Yoga   |  | <b>Dashami Until 8:16AM</b>         | Moon – White  |                        | <b>Subha Subha Sivaloka Day</b>         |
|                      |               |  |                                     |   |                        | <b>Ashada*Adi</b>                       |

|                       |               |                                       |                                   |  |                        |   |
|-----------------------|---------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| <b>3</b>              |               | <b>Sunday, July 28, 2019</b>          |                                   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Dallas, TX<br>Sutra 105<br>Vikarin 5121 |
| Vrishabha Rasi: 22.19 | Tithi 26 – 27 | <b>Gulika</b> 4:00PM – 5:43PM         | <b>Rohini</b> <b>Until 7:47AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 5:37AM | Sun 11                                  |
|                       |               | Yama 12:32PM – 2:16PM                 | Dhruva <b>Until 4:53PM</b>        | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:27PM  | Moon 7 - Phase 15                       |
|                       |               | 424893462 <b>Rahu</b> 5:43PM – 7:27PM | Kaulava <b>Until 6:36PM</b>       | <b>Nataraja:</b> White   |                        | 2nd Phase                               |
| Creative Work         | Siddha Yoga   |                                       | <b>Ekadashi* Until 7:20AM</b>     | Moon – Yellow  |                        | <b>Subha Sivaloka Day</b>               |
|                       |               |                                       |                                   |  |                        | <b>Ashada*Adi</b>                       |

|                                  |             |                                       |                                       |  |                        |   |
|----------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|---|
| <b>4</b>                         |             | <b>Monday, July 29, 2019</b>          |                                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Dallas, TX<br>Sutra 106<br>Vikarin 5121 |
| Mithuna Rasi: 6.1                | Tithi 28    | <b>Gulika</b> 2:16PM – 3:59PM         | <b>Mrigashira</b> <b>Until 6:51AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:38AM | Sun 12                                  |
| <b>Family Home Evening</b>       |             | Yama 10:49AM – 12:32PM                | Vyaghata* <b>Until 2:14PM</b>         | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:26PM  | Moon 7 - Phase 15                       |
| Creative Work                    | Amrita Yoga | 435893462 <b>Rahu</b> 7:22AM – 9:05AM | Gara <b>Until 4:35PM</b>              | <b>Nataraja:</b> White   |                        | 2nd Phase                               |
| Until 6:51AM                     |             |                                       | <b>Trayodashi* Until 3:19AM Tue</b>   | Moon – Yellow  |                        | <b>Sivaloka Day</b>                     |
| Then Creative Work - Siddha Yoga |             |                                       |                                       |  |                        | <b>Ashada*Adi</b>                       |
|                                  |             |                                       |                                       |  |                        | <b>Pradosha Vrata (Fasting)</b>         |

|                     |             |                                       |  |   |                        |   |
|---------------------|-------------|---------------------------------------|--|---|------------------------|---|
| <b>5</b>            |             | <b>Tuesday, July 30, 2019</b>         |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Dallas, TX<br>Sutra 107<br>Vikarin 5121 |
| Mithuna Rasi: 20.26 | Tithi 29    | <b>Gulika</b> 12:32PM – 2:15PM        | <b>Punarvasu</b> <b>Until 3:09AM Wed</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:39AM | Sun 13                                  |
|                     |             | Yama 9:05AM – 10:49AM                 | Harshana <b>Until 11:07AM</b>            | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:25PM  | Moon 7 - Phase 15                       |
|                     |             | 445893462 <b>Rahu</b> 3:59PM – 5:42PM | Visti <b>Until 1:57PM</b>                | <b>Nataraja:</b> White  |                        | 2nd Phase                               |
| Creative Work       | Siddha Yoga |                                       | <b>Chaturdashi* Until 12:27AM Wed</b>    | Moon – Blue   |                        | <b>Sivaloka Day</b>                     |
|                     |             |                                       |  |   |                        | <b>Ashada*Adi</b>                       |

|   |             |  |  |  |                        |   |
|---|-------------|--|--|--|------------------------|---|
|  |             | <b>Wednesday, July 31, 2019</b>        |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Dallas, TX<br>Sutra 108<br>Vikarin 5121 |
| <b>Retreat Star</b>   |             | <b>Gulika</b> 10:49AM – 12:32PM        | <b>Pushya</b> <b>Until 12:40AM Thu</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:39AM | Sun 14                                  |
| Kataka Rasi: 5.05   | Tithi 30    | Yama 7:23AM – 9:06AM                   | Vajra* <b>Until 7:33AM</b>             | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:25PM  | Moon 7 - Phase 15                       |
|   |             | 445893462 <b>Rahu</b> 12:32PM – 2:15PM | Catuspada <b>Until 10:52AM</b>         | <b>Nataraja:</b> White   |                        | Amavasya                                |
| Creative Work   | Siddha Yoga |  | <b>Amavasya* Until 9:11PM</b>          | Moon – Blue  |                        | <b>Sivaloka Day</b>                     |
|   |             |  |  |  |                        | <b>Ashada*Adi</b>                       |

|                                  |             |                                       |                                      |   |                        |   |
|----------------------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---|
| <b>Thursday, August 1, 2019</b>  |             | <b>Retreat Star</b>                   |                                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau |                        | Dallas, TX<br>Sutra 109<br>Vikarin 5121 |
| Kataka Rasi: 19.59               | Tithi 1 – 2 | <b>Gulika</b> 9:06AM – 10:49AM        | <b>Ashlesha*</b> <b>Until 9:50PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:40AM | Sun 15                                  |
|                                  |             | Yama 5:40AM – 7:23AM                  | Vyatipata* <b>Until 11:45PM</b>      | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:24PM  | Moon 7 - Phase 15                       |
|                                  |             | 445893462 <b>Rahu</b> 2:15PM – 3:58PM | Kintughna <b>Until 7:28AM</b>        | <b>Nataraja:</b> White  |                        | Prathama                                |
| Creative Work                    | Siddha Yoga |                                       | <b>Prathama* Until 5:41PM</b>        | Moon – Blue   |                        | <b>Sivaloka Day</b>                     |
| Until 9:50PM                     |             |                                       |                                      |   |                        | <b>Sravana*Adi</b>                      |
| Then Creative Work - Amrita Yoga |             |                                       |                                      |   |                        |   |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

|                                  |             |   |                             |  |                        |   |
|----------------------------------|-------------|---|-----------------------------|--|------------------------|---|
| <b>1</b>                         |             | <b>Friday, August 2, 2019</b>           |                             | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Dallas, TX<br>Sutra 110<br>Vikarin 5121 |
| Simha Rasi: 5.02                 | Tithi 2 - 3 | <b>Gulika</b> 7:24AM - 9:06AM           | <b>Magha* Until 7:13PM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:41AM | Sun 16                                  |
|                                  |             | Yama 3:58PM - 5:40PM                    | Variyan Until 7:43PM        | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:23PM  | Moon 7 - Phase 16                       |
|                                  |             | 455893462 <b>Rahu</b> 10:49AM - 12:32PM | Taitila Until 12:22AM Sat   | <b>Nataraja:</b> White   |                        | 3rd Phase                               |
| Routine Work                     | Marana Yoga |   | <b>Dvitiya Until 2:07PM</b> | Moon - Red   |                        | <b>Sivaloka Day</b>                     |
| Until 7:13PM                     |             |   |                             | <b>Sravana-Adi</b>   |                        |   |
| Then Creative Work - Siddha Yoga |             |   |                             |  |                        |   |

|                                 |             |  |                                   |   |                        |   |
|---------------------------------|-------------|--|-----------------------------------|---|------------------------|---|
| <b>2</b>                        |             | <b>Saturday, August 3, 2019</b>        |                                   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Dallas, TX<br>Sutra 111<br>Vikarin 5121 |
| Simha Rasi: 20.04               | Tithi 3 - 4 | <b>Gulika</b> 5:42AM - 7:24AM          | <b>Purvaphalguni Until 4:36PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:42AM | Sun 17                                  |
|                                 |             | Yama 2:14PM - 3:57PM                   | Parigha* Until 3:49PM             | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:22PM  | Moon 7 - Phase 16                       |
|                                 |             | 455893462 <b>Rahu</b> 9:07AM - 10:49AM | Vanija Until 8:57PM               | <b>Nataraja:</b> White  |                        | 3rd Phase                               |
| Creative Work                   | Siddha Yoga |  | <b>Tritiya Until 10:37AM</b>      | Moon - Red  |                        | <b>Sivaloka Day</b>                     |
| Until 4:36PM                    |             |  |                                   | <b>Sravana-Adi</b>  |                        |   |
| Then Routine Work - Marana Yoga |             |  |                                   |   |                        |   |

|                  |             |                                       |                                    |   |                        |   |
|------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|---|
| <b>3</b>         |             | <b>Sunday, August 4, 2019</b>         |                                    | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau |                        | Dallas, TX<br>Sutra 112<br>Vikarin 5121 |
| Kanya Rasi: 4.56 | Tithi 4 - 5 | <b>Gulika</b> 3:57PM - 5:39PM         | <b>Uttaraphalguni Until 2:06PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:42AM | Sun 18                                  |
|                  |             | Yama 12:32PM - 2:14PM                 | Shiva Until 12:08PM                | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:21PM  | Moon 7 - Phase 16                       |
|                  |             | 455993462 <b>Rahu</b> 5:39PM - 7:21PM | Balava Until 4:26AM Mon            | <b>Nataraja:</b> White  |                        | 3rd Phase                               |
| Creative Work    | Amrita Yoga |                                       | <b>Chaturthi* Until 7:20AM</b>     | Moon - Red  |                        | <b>Subha Sivaloka Day</b>               |
|                  |             | <b>Nag Panchami</b>                   |                                    | <b>Sravana-Adi</b>  |                        |   |

|  |             |                                       |                                   |   |                        |   |
|--|-------------|---------------------------------------|-----------------------------------|---|------------------------|---|
| <b>4</b>                               |             | <b>Monday, August 5, 2019</b>         |                                   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Dallas, TX<br>Sutra 113<br>Vikarin 5121 |
| Kanya Rasi: 19.33                      | Tithi 6     | <b>Gulika</b> 2:14PM - 3:56PM         | <b>Hasta Until 12:17PM</b>        | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:43AM | Sun 19                                  |
| <b>Family Home Evening</b>             |             | Yama 10:49AM - 12:32PM                | Siddha Until 8:45AM               | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:21PM  | Moon 7 - Phase 16                       |
| Creative Work                          | Siddha Yoga | 465993462 <b>Rahu</b> 7:25AM - 9:07AM | Kaulava Until 3:10PM              | <b>Nataraja:</b> White  |                        | 3rd Phase                               |
| Until 12:17PM                          |             |                                       | <b>Shashthi* Until 2:00AM Tue</b> | Moon - Green  |                        | <b>Subha Subha Sivaloka Day</b>         |
| Then Routine Work - Prabalarishta Yoga |             |                                       |                                   | <b>Sravana-Adi</b>  |                        |   |

|                 |             |                                       |                                  |   |                        |   |
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| <b>5</b>        |             | <b>Tuesday, August 6, 2019</b>        |                                  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau |                        | Dallas, TX<br>Sutra 114<br>Vikarin 5121 |
| Tula Rasi: 3.49 | Tithi 7     | <b>Gulika</b> 12:32PM - 2:14PM        | <b>Chitra Until 10:52AM</b>      | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:44AM | Sun 20                                  |
|                 |             | Yama 9:08AM - 10:50AM                 | Subha Until 3:21AM Wed           | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:20PM  | Moon 7 - Phase 16                       |
|                 |             | 465993462 <b>Rahu</b> 3:56PM - 5:38PM | Gara Until 1:02PM                | <b>Nataraja:</b> White  |                        | 3rd Phase                               |
| Creative Work   | Siddha Yoga |                                       | <b>Saptami Until 12:10AM Wed</b> | Moon - Green  |                        | <b>Subha Subha Sivaloka Day</b>         |
|                 |             |                                       |                                  | <b>Sravana-Adi</b>  |                        | <b>Tour Day</b>                         |

|                     |             |  |                               |   |                        |   |
|---------------------|-------------|--|-------------------------------|---|------------------------|---|
| <b>Retreat Star</b> |             | <b>Wednesday, August 7, 2019</b>       |                               | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Dallas, TX<br>Sutra 115<br>Vikarin 5121 |
| Tula Rasi: 17.41    | Tithi 8     | <b>Gulika</b> 10:50AM - 12:31PM        | <b>Svati Until 9:54AM</b>     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:44AM | Sun 21                                  |
|                     |             | Yama 7:26AM - 9:08AM                   | Sukla Until 1:25AM Thu        | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 7:19PM  | Moon 7 - Phase 16                       |
|                     |             | 466993462 <b>Rahu</b> 12:31PM - 2:13PM | Visti Until 11:30AM           | <b>Nataraja:</b> White  |                        | Ashtami                                 |
| Creative Work       | Siddha Yoga |  | <b>Ashtami* Until 10:59PM</b> | Moon - Green  |                        | <b>Subha Sivaloka Day</b>               |
|                     |             |  |                               | <b>Sravana-Adi</b>  |                        |   |

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| <b>Retreat Star</b> |             | <b>Thursday, August 8, 2019</b>       |                              | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau |                        | Dallas, TX<br>Sutra 116<br>Vikarin 5121 |
| Vrischika Rasi: 1.1 | Tithi 9     | <b>Gulika</b> 9:08AM - 10:50AM        | <b>Vishakha Until 9:54AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:45AM | Sun 22                                  |
|                     |             | Yama 5:45AM - 7:27AM                  | Brahma Until 12:02AM Fri     | <b>Muruqa:</b> Blue  | <i>Sunset:</i> 7:18PM  | Moon 7 - Phase 16                       |
|                     |             | 476993462 <b>Rahu</b> 2:13PM - 3:55PM | Balava Until 10:39AM         | <b>Nataraja:</b> White   |                        | Navami                                  |
| Creative Work       | Siddha Yoga |                                       | <b>Navami* Until 10:28PM</b> | Moon - Orange  |                        | <b>Sivaloka Day</b>                     |
|                     |             |                                       |                              | <b>Sravana-Adi</b>   |                        |   |

|                                 |                               |                               |                                      |  |   |
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| <b>1</b>                        |                               | <b>Friday, August 9, 2019</b> |                                      | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau | Dallas, TX<br>Sutra 117<br>Vikarin 5121 |
| Wrischika Rasi: 14.17           | Tithi 10                      | <b>Gulika</b> 7:27AM – 9:08AM | <b>Anuradha</b> <b>Until 10:24AM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:46AM</i>  | Sun 23                                  |
|                                 |                               | Yama 3:54PM – 5:35PM          | Indra Until 11:10PM                  | <b>Muruqa:</b> Blue <i>Sunset: 7:17PM</i>  | Moon 7 - Phase 17                       |
| 476993462                       | <b>Rahu</b> 10:50AM – 12:31PM |                               | Taitila Until 10:28AM                | <b>Nataraja:</b> White   | 4th Phase                               |
| Creative Work Siddha Yoga       |                               |                               |                                      | Moon – Orange  |   |
| Until 10:24AM                   |                               | <b>Varalakshmi Vratam</b>     | <b>Dashami</b> <b>Until 10:36PM</b>  | <b>Sravana*Adi</b>   | <b>Sivaloka Day</b>                     |
| Then Routine Work - Marana Yoga |                               |                               |                                      |  |   |


|                           |                              |                                  |                                       |  |   |
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| <b>2</b>                  |                              | <b>Saturday, August 10, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau | Dallas, TX<br>Sutra 118<br>Vikarin 5121 |
| Wrischika Rasi: 27.05     | Tithi 11                     | <b>Gulika</b> 5:46AM – 7:27AM    | <b>Jyeshtha*</b> <b>Until 11:22AM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 5:46AM</i>  | Sun 24                                  |
|                           |                              | Yama 2:12PM – 3:53PM             | Vaidhriti* Until 10:45PM              | <b>Muruqa:</b> Blue <i>Sunset: 7:17PM</i>  | Moon 7 - Phase 17                       |
| 476993462                 | <b>Rahu</b> 9:09AM – 10:50AM |                                  | Vanija Until 10:55AM                  | <b>Nataraja:</b> White   | 4th Phase                               |
| Creative Work Siddha Yoga |                              |                                  |                                       | Moon – Orange  |   |
|                           |                              |                                  | <b>Ekadashi</b> <b>Until 11:20PM</b>  | <b>Sravana*Adi</b>   | <b>Sivaloka Day</b>                     |

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| <b>3</b>                         |                             | <b>Sunday, August 11, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau | Dallas, TX<br>Sutra 119<br>Vikarin 5121 |
| Dhanus Rasi: 9.37                | Tithi 12                    | <b>Gulika</b> 3:53PM – 5:34PM  | <b>Mula*</b> <b>Until 1:12PM</b>         | <b>Ganesha:</b> Clear <i>Sunrise: 5:47AM</i>   | Sun 25                                  |
|                                  |                             | Yama 12:31PM – 2:12PM          | Vishkambha* Until 10:46PM                | <b>Muruqa:</b> Blue <i>Sunset: 7:15PM</i>  | Moon 7 - Phase 17                       |
| 486993462                        | <b>Rahu</b> 5:34PM – 7:15PM |                                | Bava Until 11:56AM                       | <b>Nataraja:</b> White   | 4th Phase                               |
| Creative Work Amrita Yoga        |                             |                                |  | Moon – Light Blue  |   |
| Until 1:12PM                     |                             |                                | <b>Dvadashi</b> <b>Until 12:36AM Mon</b> | <b>Sravana*Adi</b>   | <b>Subha Sivaloka Day</b>               |
| Then Creative Work - Siddha Yoga |                             |                                |  |  |   |

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| <b>4</b>                 |                             | <b>Monday, August 12, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau | Dallas, TX<br>Sutra 120<br>Vikarin 5121 |
| Dhanus Rasi: 21.55       | Tithi 13                    | <b>Gulika</b> 2:11PM – 3:52PM  | <b>Purvashadha*</b> <b>Until 3:20PM</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 5:48AM</i>   | Sun 26                                  |
|                          |                             | Yama 10:50AM – 12:31PM         | Priti Until 11:07PM                       | <b>Muruqa:</b> Blue <i>Sunset: 7:14PM</i>  | Moon 7 - Phase 17                       |
| 486993462                | <b>Rahu</b> 7:28AM – 9:09AM |                                | Kaulava Until 1:25PM                      | <b>Nataraja:</b> White   | 4th Phase                               |
| Family Home Evening      |                             |                                |   | Moon – Light Blue  |   |
| Routine Work Marana Yoga |                             |                                | <b>Trayodashi</b> <b>Until 2:17AM Tue</b> | <b>Sravana*Adi</b>   | <b>Subha Sivaloka Day</b>               |
|                          |                             |                                |   |  |   |

*Pradosha Vrata*

|                                  |                             |                                 |   |   |   |
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| <b>5</b>                         |                             | <b>Tuesday, August 13, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau | Dallas, TX<br>Sutra 121<br>Vikarin 5121 |
| Makara Rasi: 4.04                | Tithi 14                    | <b>Gulika</b> 12:31PM – 2:11PM  | <b>Uttarashadha</b> <b>Until 5:38PM</b>     | <b>Ganesha:</b> Clear <i>Sunrise: 5:48AM</i>  | Sun 27                                  |
|                                  |                             | Yama 9:09AM – 10:50AM           | Ayushman Until 11:42PM                      | <b>Muruqa:</b> Blue <i>Sunset: 7:13PM</i>   | Moon 7 - Phase 17                       |
| 486993462                        | <b>Rahu</b> 3:52PM – 5:32PM |                                 | Gara Until 3:16PM                           | <b>Nataraja:</b> White  | 4th Phase                               |
| Routine Work Prabalarishta Yoga  |                             |                                 |   | Moon – Light Blue   |   |
| Until 5:38PM                     |                             |                                 | <b>Chaturdashi*</b> <b>Until 4:18AM Wed</b> | <b>Sravana*Adi</b>  | <b>Subha Sivaloka Day</b>               |
| Then Creative Work - Siddha Yoga |                             |                                 |   |   | <b>Tour Day</b>                         |

|   |                              |                                   |   |  |   |
|---|------------------------------|-----------------------------------|---|--|---|
|  |                              | <b>Wednesday, August 14, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau | Dallas, TX<br>Sutra 122<br>Vikarin 5121 |
| Makara Rasi: 16.05  | Tithi 15                     | <b>Gulika</b> 10:50AM – 12:30PM   | <b>Shravana</b> <b>Until 8:33PM</b>     | <b>Ganesha:</b> White <i>Sunrise: 5:49AM</i>   | Sun 28                                  |
|   |                              | Yama 7:29AM – 9:10AM              | Saubhagya Until 12:29AM Thu             | <b>Muruqa:</b> Blue <i>Sunset: 7:12PM</i>  | Moon 7 - Phase 17                       |
| 496993462   | <b>Rahu</b> 12:30PM – 2:11PM |                                   | Visti Until 5:25PM                      | <b>Nataraja:</b> White   | Purnima                                 |
| Creative Work Siddha Yoga   |                              |                                   |   | Moon – Purple  |   |
| Until 8:33PM  |                              | <b>Raksha Bandhan</b>             | <b>Purnima*</b> <b>Until 6:32AM Thu</b> | <b>Sravana*Adi</b>   | <b>Sivaloka Day</b>                     |
| Then Routine Work - Prabalarishta Yoga  |                              |                                   |   |  |   |

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| <b>Thursday, August 15, 2019</b> |                             | <b>Silver Retreat Star</b>     |  | Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | Dallas, TX<br>Sutra 123<br>Vikarin 5121 |
| Makara Rasi: 28.01               | Tithi 15 – 16               | <b>Gulika</b> 9:10AM – 10:50AM | <b>Dhanishtha</b> <b>Until 11:27PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise: 5:50AM</i>  | Sun 29                                  |
|                                  |                             | Yama 5:50AM – 7:30AM           | Sobhana Until 1:24AM Fri               | <b>Muruqa:</b> Blue <i>Sunset: 7:11PM</i>  | Moon 7 - Phase 17                       |
| 497993462                        | <b>Rahu</b> 2:10PM – 3:50PM |                                | Balava Until 7:44PM                    | <b>Nataraja:</b> White   | Prathama                                |
| Creative Work Siddha Yoga        |                             |                                |  | Moon – Purple  |   |
|                                  |                             |                                | <b>Purnima*</b> <b>Until 6:32AM</b>    | <b>Sravana*Adi</b>   | <b>Subha Sivaloka Day</b>               |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Friday, August 16, 2019**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dallas, TX  
Sutra 124  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 9.53    Tithi 16 – 17

497993462  
Gulika 7:30AM – 9:10AM  
Yama 3:50PM – 5:30PM  
Rahu 10:50AM – 12:30PM

**Shatabhishak Until 2:16AM Sat**  
Athiganda\* Until 2:21AM Sat  
Taitila Until 10:10PM  
Prathama\* Until 8:55AM

Ganesha: Yellow    Sunrise: 5:50AM  
Muruqa: Blue    Sunset: 7:10PM  
Nataraja: White  
Moon – Purple

**Subha Sivaloka Day**

Creative Work    Siddha Yoga  
Until 2:16AM Sat  
Then Routine Work - Marana Yoga

**1**

**Saturday, August 17, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dallas, TX  
Sutra 125  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Kumbha Rasi: 21.45    Tithi 17 – 18

517993462  
Gulika 5:51AM – 7:31AM  
Yama 2:09PM – 3:49PM  
Rahu 9:10AM – 10:50AM

**Purvaproshtapada\* Until 5:25AM Sun**  
Sukarma Until 3:18AM Sun  
Vanija Until 12:35AM Sun  
Dvitiya Until 11:21AM

Ganesha: White    Sunrise: 5:51AM  
Muruqa: Blue    Sunset: 7:09PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Routine Work    Marana Yoga  
Until 5:25AM Sun  
Then Creative Work - Amrita Yoga

**2**

**Sunday, August 18, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Dallas, TX  
Sutra 126  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 3.37    Tithi 18 – 19

517993462  
Gulika 3:48PM – 5:28PM  
Yama 12:30PM – 2:09PM  
Rahu 5:28PM – 7:07PM

**Uttaraproshtapada Until 8:16AM Mon**  
Dhriti Until 4:12AM Mon  
Bava Until 2:55AM Mon  
Tritiya Until 1:45PM

Ganesha: White    Sunrise: 5:52AM  
Muruqa: Blue    Sunset: 7:07PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 8:16AM Mon  
Then Creative Work - Siddha Yoga

**3**

**Monday, August 19, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dallas, TX  
Sutra 127  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 15.31    Tithi 19 – 20

517993462  
Gulika 2:09PM – 3:48PM  
Yama 10:50AM – 12:29PM  
Rahu 7:32AM – 9:11AM

**Uttaraproshtapada Until 8:16AM**  
Shula\* Until 4:54AM Tue  
Kaulava Until 5:03AM Tue  
Chaturthi\* Until 4:00PM

Ganesha: White    Sunrise: 5:52AM  
Muruqa: Blue    Sunset: 7:06PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

**Family Home Evening**  
Creative Work    Siddha Yoga

**4**

**Tuesday, August 20, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dallas, TX  
Sutra 128  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Meena Rasi: 27.31    Tithi 20 – 21

517993462  
Gulika 12:29PM – 2:08PM  
Yama 9:11AM – 10:50AM  
Rahu 3:47PM – 5:26PM

**Revati Until 10:46AM**  
Ganda\* Until 5:22AM Wed  
Gara Until 6:52AM Wed  
Panchami Until 5:59PM

Ganesha: White    Sunrise: 5:53AM  
Muruqa: Blue    Sunset: 7:05PM  
Nataraja: White  
Moon – Clear

**Subha Subha Sivaloka Day**

Creative Work    Siddha Yoga

**5**

**Wednesday, August 21, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

Dallas, TX  
Sutra 129  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 9.38    Tithi 21

528993462  
Gulika 10:50AM – 12:29PM  
Yama 7:32AM – 9:11AM  
Rahu 12:29PM – 2:08PM

**Ashvini Until 1:14PM**  
Vriddhi Until 5:30AM Thu  
Gara Until 6:52AM  
Shashthi\* Until 7:35PM

Ganesha: White    Sunrise: 5:54AM  
Muruqa: Blue    Sunset: 7:04PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Routine Work    Marana Yoga  
Until 1:14PM  
Then Creative Work - Siddha Yoga

**6**

**Thursday, August 22, 2019**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva Yoga Visti\*/Bava Karana Saplamyam Titau

Dallas, TX  
Sutra 130  
Vikarin 5121  
Moon 8 - Phase 18  
1st Phase

Mesha Rasi: 21.56    Tithi 22

528993462  
Gulika 9:11AM – 10:50AM  
Yama 5:54AM – 7:33AM  
Rahu 2:07PM – 3:46PM

**Bharani Until 3:04PM**  
Dhruva Until 5:09AM Fri  
Visti Until 8:13AM  
Saptami Until 8:39PM

Ganesha: White    Sunrise: 5:54AM  
Muruqa: Blue    Sunset: 7:03PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 3:04PM  
Then Routine Work - Marana Yoga

**D**

**Friday, August 23, 2019**  
**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dallas, TX  
Sutra 131  
Vikarin 5121  
Moon 8 - Phase 18  
Ashtami

Vrishabha Rasi: 4.31    Tithi 23

528993462  
Gulika 7:33AM – 9:12AM  
Yama 3:45PM – 5:23PM  
Rahu 10:50AM – 12:28PM

**Krittika Until 4:07PM**  
Vyaghata\* Until 4:16AM Sat  
Balava Until 8:58AM  
Ashtami\* Until 9:03PM

Ganesha: White    Sunrise: 5:55AM  
Muruqa: Blue    Sunset: 7:02PM  
Nataraja: White  
Moon – White

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 4:07PM  
Then Routine Work - Marana Yoga

**Saturday, August 24, 2019**

**Retreat Star**

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Dallas, TX  
Sutra 132  
Vikarin 5121  
Moon 8 - Phase 18  
Navami

Vrishabha Rasi: 17.25    Tithi 24

538993462  
Gulika 5:56AM – 7:34AM  
Yama 2:06PM – 3:44PM  
Rahu 9:12AM – 10:50AM

**Rohini Until 4:45PM**  
Harshana Until 2:46AM Sun  
Taitila Until 9:00AM  
Navami\* Until 8:42PM

Ganesha: Clear    Sunrise: 5:56AM  
Muruqa: Blue    Sunset: 7:01PM  
Nataraja: White  
Moon – Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga  
Until 4:45PM  
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

|          |                                |                                       |   |                                |                       |                           |                   |
|----------|--------------------------------|---------------------------------------|---|--------------------------------|-----------------------|---------------------------|-------------------|
| <b>1</b> | <b>Sunday, August 25, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                                |                       |                           | Dallas, TX        |
|          |                                |                                       | Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau                     |                                |                       |                           | Sutra 133         |
|          | Mithuna Rasi: 0.43             | Tithi 25                              | <b>Gulika</b> 3:44PM – 5:21PM   | <b>Mrigashira</b> Until 4:27PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:56AM    | Vikarin 5121      |
|          | Creative Work                  | Siddha Yoga                           | Yama 12:28PM – 2:06PM   | Vajra* Until 12:37AM Mon       | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:59PM     | Moon 8 - Phase 19 |
|          |                                | 538993462 <b>Rahu</b> 5:21PM – 6:59PM | Vanija Until 8:14AM   | <b>Nataraja:</b> White         |                       | 2nd Phase                 |                   |
|          |                                |                                       | <b>Dashami</b> Until 7:33PM   | Moon – Yellow                  |                       | <b>Subha Sivaloka Day</b> |                   |
|          |                                |                                       |   | <b>Sravana-Avani</b>           |                       |                           |                   |

|                                  |                                |                                       |  |                           |                       |                           |                   |
|----------------------------------|--------------------------------|---------------------------------------|--|---------------------------|-----------------------|---------------------------|-------------------|
| <b>2</b>                         | <b>Monday, August 26, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam |                           |                       |                           | Dallas, TX        |
|                                  |                                |                                       | Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau            |                           |                       |                           | Sutra 134         |
|                                  | Mithuna Rasi: 14.28            | Tithi 26 – 27                         | <b>Gulika</b> 2:05PM – 3:43PM  | <b>Ardra</b> Until 3:15PM | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:57AM    | Vikarin 5121      |
|                                  | <b>Family Home Evening</b>     |                                       | Yama 10:50AM – 12:27PM   | Siddhi Until 9:52PM       | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:58PM     | Moon 8 - Phase 19 |
| Creative Work                    | Siddha Yoga                    | 538993462 <b>Rahu</b> 7:34AM – 9:12AM | Bava Until 6:42AM  | <b>Nataraja:</b> White    |                       | 2nd Phase                 |                   |
| Until 3:15PM                     |                                |                                       | <b>Ekadashi*</b> Until 5:38PM  | Moon – Yellow             |                       | <b>Subha Sivaloka Day</b> |                   |
| Then Creative Work - Amrita Yoga |                                |                                       |  | <b>Sravana-Avani</b>      |                       |                           |                   |

|          |                                 |                                       |   |                                 |                        |                        |                   |
|----------|---------------------------------|---------------------------------------|---|---------------------------------|------------------------|------------------------|-------------------|
| <b>3</b> | <b>Tuesday, August 27, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam |                                 |                        |                        | Dallas, TX        |
|          |                                 |                                       | Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau        |                                 |                        |                        | Sutra 135         |
|          | Mithuna Rasi: 28.42             | Tithi 27 – 28                         | <b>Gulika</b> 12:27PM – 2:05PM  | <b>Punarvasu</b> Until 1:39PM   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:57AM | Vikarin 5121      |
|          | Creative Work                   | Siddha Yoga                           | Yama 9:12AM – 10:50AM   | Vyatipata* Until 6:36PM         | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:57PM  | Moon 8 - Phase 19 |
|          |                                 | 548993462 <b>Rahu</b> 3:42PM – 5:19PM | Gara Until 1:34AM Wed   | <b>Nataraja:</b> White          |                        | 2nd Phase              |                   |
|          |                                 |                                       | <b>Dvadashi*</b> Until 3:03PM   | Moon – Blue                     |                        | <b>Sivaloka Day</b>    |                   |
|          |                                 |                                       |   | <b>Sravana-Avani</b>            |                        |                        |                   |
|          |                                 |                                       |   | <i>Pradosha Vrata (Fasting)</i> |                        |                        |                   |

|          |                                   |  |  |                             |                        |                        |                   |
|----------|-----------------------------------|--|--|-----------------------------|------------------------|------------------------|-------------------|
| <b>4</b> | <b>Wednesday, August 28, 2019</b> |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam      |                             |                        |                        | Dallas, TX        |
|          |                                   |  | Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                             |                        |                        | Sutra 136         |
|          | Kataka Rasi: 13.21                | Tithi 28 – 29                          | <b>Gulika</b> 10:50AM – 12:27PM  | <b>Pushya</b> Until 11:20AM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:58AM | Vikarin 5121      |
|          | Creative Work                     | Siddha Yoga                            | Yama 7:35AM – 9:13AM   | Variyan Until 2:51PM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:56PM  | Moon 8 - Phase 19 |
|          |                                   | 549193463 <b>Rahu</b> 12:27PM – 2:04PM | Visti Until 10:12PM  | <b>Nataraja:</b> Clear      |                        | 2nd Phase              |                   |
|          |                                   |  | <b>Trayodashi*</b> Until 11:55AM   | Moon – Blue                 |                        | <b>Sivaloka Day</b>    |                   |
|          |                                   |  |  | <b>Sravana-Avani</b>        |                        |                        |                   |

|   |                                  |                                       |  |                               |                        |                        |                   |
|---|----------------------------------|---------------------------------------|--|-------------------------------|------------------------|------------------------|-------------------|
|  | <b>Thursday, August 29, 2019</b> |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam         |                               |                        |                        | Dallas, TX        |
|   | <b>Retreat Star</b>              |                                       | Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                               |                        |                        | Sutra 137         |
|   | Kataka Rasi: 28.2                | Tithi 29 – 30                         | <b>Gulika</b> 9:13AM – 10:50AM   | <b>Ashlesha*</b> Until 8:29AM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:59AM | Vikarin 5121      |
|   | Creative Work                    | Siddha Yoga                           | Yama 5:59AM – 7:36AM   | Parigha* Until 10:49AM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:54PM  | Moon 8 - Phase 19 |
| Until 8:29AM  |                                  | 549193463 <b>Rahu</b> 2:04PM – 3:41PM | Catuspada Until 6:31PM   | <b>Nataraja:</b> Clear        |                        | Amavasya               |                   |
| Then Creative Work - Amrita Yoga  |                                  |                                       | <b>Chaturdashi*</b> Until 8:23AM   | Moon – Blue                   |                        | <b>Sivaloka Day</b>    |                   |
|   |                                  |                                       |  | <b>Sravana-Avani</b>          |                        |                        |                   |

|                                 |                                |   |   |                                       |                       |                        |                   |
|---------------------------------|--------------------------------|---|---|---------------------------------------|-----------------------|------------------------|-------------------|
| <b>Retreat Star</b>             | <b>Friday, August 30, 2019</b> |   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam |                                       |                       |                        | Dallas, TX        |
|                                 |                                |   | Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau            |                                       |                       |                        | Sutra 138         |
|                                 | Simha Rasi: 13.32              | Tithi 1                                 | <b>Gulika</b> 7:36AM – 9:13AM   | <b>Purvaphalguni</b> Until 2:37AM Sat | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 5:59AM | Vikarin 5121      |
|                                 | Creative Work                  | Siddha Yoga                             | Yama 3:40PM – 5:16PM  | Shiva Until 6:36AM                    | <b>Muruqa:</b> Blue   | <i>Sunset:</i> 6:53PM  | Moon 8 - Phase 19 |
| Until 2:37AM Sat                |                                | 559193463 <b>Rahu</b> 10:50AM – 12:26PM | Kintughna Until 2:41PM  | <b>Nataraja:</b> Clear                |                       | Prathama               |                   |
| Then Routine Work - Marana Yoga |                                |   | <b>Prathama*</b> Until 12:45AM Sat  | Moon – Red                            |                       | <b>Sivaloka Day</b>    |                   |
|                                 |                                |   |   | <b>Bhadrapada-Avani</b>               |                       |                        |                   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

|          |                                  |             |  |                                     |                        |                        |                                   |
|----------|----------------------------------|-------------|--|-------------------------------------|------------------------|------------------------|-----------------------------------|
| <b>1</b> | <b>Saturday, August 31, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                     |                        |                        | Dallas, TX<br>Sun 15<br>Sutra 139 |
|          | Simha Rasi: 28.48                | Tithi 2     | <b>Gulika</b> 6:00AM – 7:37AM  | <b>Uttaraphalguni Until 11:35PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:00AM | Vikarin 5121                      |
|          |                                  |             | Yama 2:02PM – 3:39PM   | Sadhya Until 10:07PM                | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:52PM  | Moon 8 - Phase 20                 |
|          | Routine Work                     | Marana Yoga | 559193463 <b>Rahu</b> 9:13AM – 10:49AM   | Balava Until 10:52AM                | <b>Nataraja:</b> Clear |                        | 3rd Phase                         |
|          |                                  |             | <b>Dvitiya Until 9:00PM</b>  | Moon – Red                          |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                  |             |  | <b>Bhadrapada-Avani</b>             |                        |                        |                                   |

|          |                                  |             |   |                           |                        |                        |                                   |
|----------|----------------------------------|-------------|---|---------------------------|------------------------|------------------------|-----------------------------------|
| <b>2</b> | <b>Sunday, September 1, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Subha Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau |                           |                        |                        | Dallas, TX<br>Sun 16<br>Sutra 140 |
|          | Kanya Rasi: 13.56                | Tithi 3 – 4 | <b>Gulika</b> 3:38PM – 5:14PM   | <b>Hasta Until 9:06PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:01AM | Vikarin 5121                      |
|          |                                  |             | Yama 12:26PM – 2:02PM   | Subha Until 6:11PM        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:51PM  | Moon 8 - Phase 20                 |
|          | Creative Work                    | Amrita Yoga | 569193463 <b>Rahu</b> 5:14PM – 6:51PM   | Taitila Until 7:14AM      | <b>Nataraja:</b> Clear |                        | 3rd Phase                         |
|          |                                  |             | <b>Tritiya Until 5:31PM</b>   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                  |             |   | <b>Bhadrapada-Avani</b>   |                        |                        |                                   |
|          |                                  |             |   |                           |                        |                        |                                   |

|          |                                  |                    |   |                            |                        |                        |                                   |
|----------|----------------------------------|--------------------|---|----------------------------|------------------------|------------------------|-----------------------------------|
| <b>3</b> | <b>Monday, September 2, 2019</b> |                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                            |                        |                        | Dallas, TX<br>Sun 17<br>Sutra 141 |
|          | Kanya Rasi: 28.48                | Tithi 4 – 5        | <b>Gulika</b> 2:01PM – 3:37PM   | <b>Chitra Until 6:56PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:01AM | Vikarin 5121                      |
|          | <b>Family Home Evening</b>       |                    | Yama 10:49AM – 12:25PM  | Sukla Until 2:35PM         | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:49PM  | Moon 8 - Phase 20                 |
|          | Routine Work                     | Prabalarishta Yoga | 569193463 <b>Rahu</b> 7:37AM – 9:13AM   | Bava Until 1:10AM Tue      | <b>Nataraja:</b> Clear |                        | 3rd Phase                         |
|          |                                  |                    | <b>Chaturthi* Until 2:28PM</b>  | Moon – Green               |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                  |                    | <b>Ganesha Chaturthi</b>  | <b>Bhadrapada-Avani</b>    |                        |                        |                                   |
|          |                                  |                    |   |                            |                        |                        |                                   |

|          |                                   |             |   |                           |                        |                        |                                   |
|----------|-----------------------------------|-------------|---|---------------------------|------------------------|------------------------|-----------------------------------|
| <b>4</b> | <b>Tuesday, September 3, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                           |                        |                        | Dallas, TX<br>Sun 18<br>Sutra 142 |
|          | Tula Rasi: 13.16                  | Tithi 5 – 6 | <b>Gulika</b> 12:25PM – 2:01PM  | <b>Svati Until 5:15PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:02AM | Vikarin 5121                      |
|          |                                   |             | Yama 9:13AM – 10:49AM   | Brahma Until 11:28AM      | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:48PM  | Moon 8 - Phase 20                 |
|          | Creative Work                     | Siddha Yoga | 569193463 <b>Rahu</b> 3:37PM – 5:12PM   | Kaulava Until 11:02PM     | <b>Nataraja:</b> Clear |                        | 3rd Phase                         |
|          |                                   |             | <b>Panchami Until 12:00PM</b>   | Moon – Green              |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                   |             |   | <b>Bhadrapada-Avani</b>   |                        |                        |                                   |
|          |                                   |             |   |                           |                        |                        |                                   |

|          |                                     |             |   |                              |                        |                           |                                   |
|----------|-------------------------------------|-------------|---|------------------------------|------------------------|---------------------------|-----------------------------------|
| <b>5</b> | <b>Wednesday, September 4, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                              |                        |                           | Dallas, TX<br>Sun 19<br>Sutra 143 |
|          | Tula Rasi: 27.17                    | Tithi 6 – 7 | <b>Gulika</b> 10:49AM – 12:25PM   | <b>Vishakha Until 4:35PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:03AM    | Vikarin 5121                      |
|          |                                     |             | Yama 7:38AM – 9:14AM  | Indra Until 8:57AM           | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:47PM     | Moon 8 - Phase 20                 |
|          | Creative Work                       | Siddha Yoga | 579193463 <b>Rahu</b> 12:25PM – 2:00PM  | Gara Until 9:41PM            | <b>Nataraja:</b> Clear |                           | 3rd Phase                         |
|          |                                     |             | <b>Shashthi* Until 10:14AM</b>  | Moon – Orange                |                        | <b>Subha Sivaloka Day</b> |                                   |
|          |                                     |             |   | <b>Bhadrapada-Avani</b>      |                        |                           |                                   |
|          |                                     |             |   |                              |                        |                           |                                   |

|          |                                    |             |   |                              |                        |                        |                                   |
|----------|------------------------------------|-------------|---|------------------------------|------------------------|------------------------|-----------------------------------|
| <b>D</b> | <b>Thursday, September 5, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                              |                        |                        | Dallas, TX<br>Sun 20<br>Sutra 144 |
|          | <b>Retreat Star</b>                |             | <b>Gulika</b> 9:14AM – 10:49AM  | <b>Anuradha Until 4:35PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:03AM | Vikarin 5121                      |
|          | Vrischika Rasi: 10.5               | Tithi 7 – 8 | Yama 6:03AM – 7:39AM  | Vaidhriti* Until 7:04AM      | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:46PM  | Moon 8 - Phase 20                 |
|          |                                    |             | 571193463 <b>Rahu</b> 2:00PM – 3:35PM   | Visti Until 9:08PM           | <b>Nataraja:</b> Clear |                        | Ashtami                           |
|          |                                    |             | <b>Saptami Until 9:17AM</b>   | Moon – Orange                |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                    |             |   | <b>Bhadrapada-Avani</b>      |                        |                        |                                   |
|          |                                    |             |   |                              |                        |                        |                                   |

|          |                                  |             |   |                               |                        |                        |                                   |
|----------|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|-----------------------------------|
| <b>D</b> | <b>Friday, September 6, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                               |                        |                        | Dallas, TX<br>Sun 21<br>Sutra 145 |
|          | <b>Retreat Star</b>              |             | <b>Gulika</b> 7:39AM – 9:14AM   | <b>Jyeshtha* Until 5:13PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 6:04AM | Vikarin 5121                      |
|          | Vrischika Rasi: 23.55            | Tithi 8 – 9 | Yama 3:34PM – 5:09PM  | Priti Until 5:15AM Sat        | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:44PM  | Moon 8 - Phase 20                 |
|          |                                  |             | 571193463 <b>Rahu</b> 10:49AM – 12:24PM   | Balava Until 9:25PM           | <b>Nataraja:</b> Clear |                        | Navami                            |
|          |                                  |             | <b>Ashtami* Until 9:10AM</b>  | Moon – Orange                 |                        | <b>Sivaloka Day</b>    |                                   |
|          |                                  |             |   | <b>Bhadrapada-Avani</b>       |                        |                        |                                   |
|          |                                  |             |   |                               |                        |                        |                                   |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|               |                                    |                              |  |                           |                        |                        |                         |
|---------------|------------------------------------|------------------------------|--|---------------------------|------------------------|------------------------|-------------------------|
| <b>1</b>      | <b>Saturday, September 7, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                           |                        |                        | Dallas, TX<br>Sutra 146 |
|               | Dhanus Rasi: 6.37                  | Tithi 9 – 10                 | <b>Gulika</b> 6:04AM – 7:39AM  | <b>Mula* Until 6:56PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:04AM | Sun 22<br>Vikarin 5121  |
|               |                                    |                              | Yama 1:58PM – 3:33PM   | Ayushman Until 5:11AM Sun | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:43PM  | Moon 8 - Phase 21       |
|               | 581193463                          | <b>Rahu</b> 9:14AM – 10:49AM |  | Taitila Until 10:27PM     | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work | Siddha Yoga                        |                              | <b>Navami* Until 9:49AM</b>  | Moon – Light Blue         |                        | <b>Devaloka Day</b>    |                         |
|               |                                    |                              |  | <b>Bhadrapada-Avani</b>   |                        |                        |                         |


|                                  |                                  |                             |  |                                  |                        |                        |                         |
|----------------------------------|----------------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|-------------------------|
| <b>2</b>                         | <b>Sunday, September 8, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                  |                        |                        | Dallas, TX<br>Sutra 147 |
|                                  | Dhanus Rasi: 19                  | Tithi 10 – 11               | <b>Gulika</b> 3:32PM – 5:07PM  | <b>Purvashadha* Until 9:05PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:05AM | Sun 23<br>Vikarin 5121  |
|                                  |                                  |                             | Yama 12:23PM – 1:58PM  | Saubhagya Until 5:34AM Mon       | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:42PM  | Moon 8 - Phase 21       |
|                                  | 581193463                        | <b>Rahu</b> 5:07PM – 6:42PM |  | Vanija Until 12:05AM Mon         | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work                    | Siddha Yoga                      |                             | <b>Dashami Until 11:10AM</b>   | Moon – Light Blue                |                        | <b>Devaloka Day</b>    |                         |
| Until 9:05PM                     |                                  | <b>Grandparent's Day</b>    |  | <b>Bhadrapada-Avani</b>          |                        |                        |                         |
| Then Creative Work - Amrita Yoga |                                  |                             |  |                                  |                        |                        |                         |


|                                  |                                  |                             |  |                                   |                        |                        |                         |
|----------------------------------|----------------------------------|-----------------------------|--|-----------------------------------|------------------------|------------------------|-------------------------|
| <b>3</b>                         | <b>Monday, September 9, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                   |                        |                        | Dallas, TX<br>Sutra 148 |
|                                  | Makara Rasi: 1.09                | Tithi 11 – 12               | <b>Gulika</b> 1:57PM – 3:32PM  | <b>Uttarashadha Until 11:30PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:06AM | Sun 24<br>Vikarin 5121  |
|                                  | <b>Family Home Evening</b>       |                             | Yama 10:49AM – 12:23PM   | Sobhana Until 6:16AM Tue          | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:40PM  | Moon 8 - Phase 21       |
|                                  | 581193463                        | <b>Rahu</b> 7:40AM – 9:14AM |  | Bava Until 2:09AM Tue             | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Routine Work                     | Marana Yoga                      |                             | <b>Ekadashi Until 1:03PM</b>   | Moon – Light Blue                 |                        | <b>Devaloka Day</b>    |                         |
| Until 11:30PM                    |                                  |                             |  | <b>Bhadrapada-Avani</b>           |                        |                        |                         |
| Then Creative Work - Amrita Yoga |                                  |                             |  |                                   |                        |                        |                         |

|  |                                    |                             |   |                                  |                        |                        |                         |
|--|------------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|-------------------------|
| <b>4</b>                               | <b>Tuesday, September 10, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                        |                        | Dallas, TX<br>Sutra 149 |
|  | Makara Rasi: 13.08                 | Tithi 12 – 13               | <b>Gulika</b> 12:23PM – 1:57PM  | <b>Shravana Until 2:32AM Wed</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:06AM | Sun 25<br>Vikarin 5121  |
|  |                                    |                             | Yama 9:15AM – 10:49AM   | Sobhana Until 6:16AM             | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:39PM  | Moon 8 - Phase 21       |
|  | 591193463                          | <b>Rahu</b> 3:31PM – 5:05PM |   | Kaulava Until 4:29AM Wed         | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work                          | Siddha Yoga                        |                             | <b>Dvadashi Until 3:16PM</b>  | Moon – Purple                    |                        | <b>Sivaloka Day</b>    |                         |
| Until 2:32AM Wed                       |                                    |                             |   | <b>Bhadrapada-Avani</b>          |                        |                        |                         |
| Then Routine Work - Prabalarishta Yoga |                                    |                             | <i>Pradosha Vrata</i>   |                                  |                        |                        |                         |

|                                  |                                      |                               |  |                                    |                        |                        |                         |
|----------------------------------|--------------------------------------|-------------------------------|--|------------------------------------|------------------------|------------------------|-------------------------|
| <b>5</b>                         | <b>Wednesday, September 11, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                    |                        |                        | Dallas, TX<br>Sutra 150 |
|                                  | Makara Rasi: 25.02                   | Tithi 13 – 14                 | <b>Gulika</b> 10:48AM – 12:22PM  | <b>Dhanishtha Until 5:31AM Thu</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:07AM | Sun 26<br>Vikarin 5121  |
|                                  |                                      |                               | Yama 7:41AM – 9:15AM   | Athiganda* Until 7:07AM            | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:38PM  | Moon 8 - Phase 21       |
|                                  | 591193463                            | <b>Rahu</b> 12:22PM – 1:56PM  |  | Gara Until 6:57AM Thu              | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Routine Work                     | Prabalarishta Yoga                   |                               | <b>Trayodashi Until 5:41PM</b>   | Moon – Purple                      |                        | <b>Sivaloka Day</b>    |                         |
| Until 5:31AM Thu                 |                                      | <b>Chidambaram Abhishekam</b> |  | <b>Bhadrapada-Avani</b>            |                        |                        |                         |
| Then Creative Work - Siddha Yoga |                                      |                               |  |                                    |                        |                        |                         |

|               |                                     |                             |   |                                      |                        |                        |                         |
|---------------|-------------------------------------|-----------------------------|---|--------------------------------------|------------------------|------------------------|-------------------------|
| <b>6</b>      | <b>Thursday, September 12, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Dallas, TX<br>Sutra 151 |
|               | Kumbha Rasi: 6.54                   | Tithi 14                    | <b>Gulika</b> 9:15AM – 10:48AM  | <b>Shatabhishak Until 8:20AM Fri</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:08AM | Sun 27<br>Vikarin 5121  |
|               |                                     |                             | Yama 6:08AM – 7:41AM  | Sukarma Until 8:04AM                 | <b>Muruqa:</b> Blue    | <i>Sunset:</i> 6:36PM  | Moon 8 - Phase 21       |
|               | 591193463                           | <b>Rahu</b> 1:56PM – 3:29PM |   | Gara Until 6:57AM                    | <b>Nataraja:</b> Clear |                        | 4th Phase               |
| Creative Work | Siddha Yoga                         |                             | <b>Chaturdashi* Until 8:09PM</b>  | Moon – Purple                        |                        | <b>Sivaloka Day</b>    |                         |
|               |                                     |                             |   | <b>Bhadrapada-Avani</b>              |                        |                        |                         |

|   |                                   |                               |  |                                  |                        |                        |                         |
|---|-----------------------------------|-------------------------------|--|----------------------------------|------------------------|------------------------|-------------------------|
|  | <b>Friday, September 13, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Dallas, TX<br>Sutra 152 |
|   | <b>Copper Retreat Star</b>        |                               | <b>Gulika</b> 7:42AM – 9:15AM  | <b>Shatabhishak Until 8:20AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:08AM | Sun 28<br>Vikarin 5121  |
|   | Kumbha Rasi: 18.45                | Tithi 15                      | Yama 3:28PM – 5:02PM   | Dhriti Until 9:01AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:35PM  | Moon 8 - Phase 21       |
|   | 591113463                         | <b>Rahu</b> 10:48AM – 12:22PM |  | Visti Until 9:24AM               | <b>Nataraja:</b> Clear |                        | Purnima                 |
| Creative Work   | Siddha Yoga                       |                               | <b>Purnima* Until 10:36PM</b>  | Moon – Purple                    |                        | <b>Sivaloka Day</b>    |                         |
|   |                                   |                               |  | <b>Bhadrapada-Avani</b>          |                        |                        |                         |

|   |                                     |                              |   |  |                        |                        |                         |
|---|-------------------------------------|------------------------------|---|--|------------------------|------------------------|-------------------------|
|  | <b>Saturday, September 14, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau |  |                        |                        | Dallas, TX<br>Sutra 153 |
|   | <b>Silver Retreat Star</b>          |                              | <b>Gulika</b> 6:09AM – 7:42AM   | <b>Purvaproshtapada* Until 11:25AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:09AM | Sun 29<br>Vikarin 5121  |
|   | Meena Rasi: 0.38                    | Tithi 16                     | Yama 1:54PM – 3:27PM  | Shula* Until 9:53AM                    | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:34PM  | Moon 8 - Phase 21       |
|   | 511113463                           | <b>Rahu</b> 9:15AM – 10:48AM |   | Balava Until 11:48AM                   | <b>Nataraja:</b> Clear |                        | Prathama                |
| Routine Work  | Marana Yoga                         |                              | <b>Prathama* Until 12:55AM Sun</b>  | Moon – Clear                           |                        | <b>Sivaloka Day</b>    |                         |
| Until 11:25AM   |                                     |                              |   | <b>Bhadrapada-Avani</b>                |                        |                        |                         |
| Then Creative Work - Siddha Yoga  |                                     |                              |   |  |                        |                        |                         |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Sun 1

Dallas, TX

Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.34 Tithi 17

512113463

Gulika 3:27PM - 4:59PM

Yama 12:21PM - 1:54PM

Rahu 4:59PM - 6:32PM

Uttaraproshtapada Until 2:13PM

Ganda\* Until 10:40AM

Taitila Until 2:03PM

Dvitiya Until 3:05AM Mon

Ganesha: Yellow Sunrise: 6:10AM

Muruqa: Purple Sunset: 6:32PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Amrita Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 2

Dallas, TX

Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.33 Tithi 18

512113463

Gulika 1:53PM - 3:26PM

Yama 10:48AM - 12:21PM

Rahu 7:43AM - 9:15AM

Revati Until 4:39PM

Vridhhi Until 11:20AM

Vanija Until 4:06PM

Tritiya Until 5:02AM Tue

Ganesha: Yellow Sunrise: 6:10AM

Muruqa: Purple Sunset: 6:31PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthiyam Titau

Sun 3

Dallas, TX

Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.38 Tithi 19

522113463

Gulika 12:20PM - 1:53PM

Yama 9:15AM - 10:48AM

Rahu 3:25PM - 4:57PM

Ashvini Until 7:11PM

Dhruva Until 11:46AM

Bava Until 5:55PM

Chaturthi\* Until 6:41AM Wed

Ganesha: White Sunrise: 6:11AM

Muruqa: Purple Sunset: 6:30PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Kaulava Karana Chaturthi/Panchamyam Titau

Sun 4

Dallas, TX

Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.5 Tithi 19 - 20

522113463

Gulika 10:48AM - 12:20PM

Yama 7:43AM - 9:16AM

Rahu 12:20PM - 1:52PM

Bharani Until 9:13PM

Vyaghata\* Until 11:59AM

Kaulava Until 7:23PM

Chaturthi\* Until 6:41AM

Ganesha: White Sunrise: 6:11AM

Muruqa: Purple Sunset: 6:28PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

Until 9:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Sun 5

Dallas, TX

Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 1.12 Tithi 20 - 21

522113463

Gulika 9:16AM - 10:48AM

Yama 6:12AM - 7:44AM

Rahu 1:51PM - 3:23PM

Krittika Until 10:39PM

Harshana Until 11:55AM

Gara Until 8:26PM

Panchami Until 7:57AM

Ganesha: White Sunrise: 6:12AM

Muruqa: Purple Sunset: 6:27PM

Nataraja: Clear

Moon - White

Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Sun 6

Dallas, TX

Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.47 Tithi 21 - 22

532113463

Gulika 7:44AM - 9:16AM

Yama 3:22PM - 4:54PM

Rahu 10:47AM - 12:19PM

Rohini Until 11:52PM

Vajra\* Until 11:24AM

Visti Until 8:55PM

Shashthi\* Until 8:44AM

Ganesha: Clear Sunrise: 6:13AM

Muruqa: Purple Sunset: 6:26PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 11:52PM

Then Creative Work - Siddha Yoga

D

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Sun 7

Dallas, TX

Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.38 Tithi 22 - 23

532113463

Gulika 6:13AM - 7:45AM

Yama 1:50PM - 3:21PM

Rahu 9:16AM - 10:47AM

Mrigashira Until 12:17AM Sun

Siddhi Until 10:26AM

Balava Until 8:45PM

Saptami Until 8:54AM

Ganesha: Clear Sunrise: 6:13AM

Muruqa: Purple Sunset: 6:24PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 8

Dallas, TX

Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.5 Tithi 23 - 24

532213463

Gulika 3:21PM - 4:52PM

Yama 12:18PM - 1:50PM

Rahu 4:52PM - 6:23PM

Ardra Until 11:50PM

Vyatipata\* Until 8:55AM

Taitila Until 7:52PM

Ashtami\* Until 8:23AM

Ganesha: Orange Sunrise: 6:14AM

Muruqa: Purple Sunset: 6:23PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

|                                   |               |   |                                       |   |   |
|-----------------------------------|---------------|---|---------------------------------------|---|---|
| <b>Monday, September 23, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashyam Titau |                                       |   | Dallas, TX<br>Sutra 162<br>Vikarin 5121 |
| <b>1</b>                          |               | <b>Gulika</b> 1:49PM – 3:20PM   | <b>Punarvasu</b> <b>Until 10:59PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM | Sun 9                                   |
| Mithuna Rasi: 23.26               | Tithi 24 – 25 | Yama 10:47AM – 12:18PM  | Variyan Until 6:48AM                  | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:22PM       | Moon 9 - Phase 23                       |
| <b>Family Home Evening</b>        | 542213463     | <b>Rahu</b> 7:45AM – 9:16AM   | Vanija Until 6:16PM                   | <b>Nataraja:</b> Clear                            | 2nd Phase                               |
| Creative Work Amrita Yoga         |               |   | <b>Navami* Until 7:08AM</b>           | <b>Moon – Blue</b>                                | <b>Devaloka Day</b>                     |
| Until 10:59PM                     |               |   |                                       | <b>Bhadrapada-Puratasi</b>                        |   |
| Then Creative Work - Siddha Yoga  |               |   |                                       |   |   |

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| <b>Tuesday, September 24, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau |                                   |   | Dallas, TX<br>Sutra 163<br>Vikarin 5121 |
| <b>2</b>                           |           | <b>Gulika</b> 12:18PM – 1:48PM   | <b>Pushya</b> <b>Until 9:18PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM | Sun 10                                  |
| Kataka Rasi: 7.28                  | Tithi 26  | Yama 9:16AM – 10:47AM  | Shiva Until 12:56AM Wed           | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:20PM       | Moon 9 - Phase 23                       |
|                                    | 542213463 | <b>Rahu</b> 3:19PM – 4:50PM  | Bava Until 3:59PM                 | <b>Nataraja:</b> Clear                            | 2nd Phase                               |
| Creative Work Siddha Yoga          |           |  | <b>Ekadashi* Until 2:36AM Wed</b> | <b>Moon – Blue</b>                                | <b>Devaloka Day</b>                     |
|                                    |           |  |                                   | <b>Bhadrapada-Puratasi</b>                        |   |

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| <b>Wednesday, September 25, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau |                                      |   | Dallas, TX<br>Sutra 164<br>Vikarin 5121 |
| <b>3</b>                             |           | <b>Gulika</b> 10:47AM – 12:17PM  | <b>Ashlesha*</b> <b>Until 6:57PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:16AM | Sun 11                                  |
| Kataka Rasi: 21.56                   | Tithi 27  | Yama 7:46AM – 9:17AM   | Siddha Until 9:17PM                  | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:19PM       | Moon 9 - Phase 23                       |
|                                      | 542213463 | <b>Rahu</b> 12:17PM – 1:48PM   | Kaulava Until 1:07PM                 | <b>Nataraja:</b> Clear                            | 2nd Phase                               |
| Creative Work Siddha Yoga            |           |  | <b>Dvadashi* Until 11:29PM</b>       | <b>Moon – Blue</b>                                | <b>Devaloka Day</b>                     |
|                                      |           |  |                                      | <b>Bhadrapada-Puratasi</b>                        |   |

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| <b>Thursday, September 26, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau |                                   |   | Dallas, TX<br>Sutra 165<br>Vikarin 5121 |
| <b>4</b>                            |           | <b>Gulika</b> 9:17AM – 10:47AM   | <b>Magha*</b> <b>Until 4:26PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM | Sun 12                                  |
| Simha Rasi: 6.47                    | Tithi 28  | Yama 6:17AM – 7:47AM   | Sadhya Until 5:18PM               | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:17PM   | Moon 9 - Phase 23                       |
|                                     | 552213463 | <b>Rahu</b> 1:47PM – 3:17PM  | Gara Until 9:47AM                 | <b>Nataraja:</b> Clear                        | 2nd Phase                               |
| Creative Work Amrita Yoga           |           |  | <b>Trayodashi* Until 7:59PM</b>   | <b>Moon – Red</b>                             | <b>Devaloka Day</b>                     |
| Until 4:26PM                        |           |  |                                   | <b>Bhadrapada-Puratasi</b>                    |   |
| Then Creative Work - Siddha Yoga    |           |  | <i>Pradosha Vrata (Fasting)</i>   |   |   |

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| <b>Friday, September 27, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |  |   | Dallas, TX<br>Sutra 166<br>Vikarin 5121 |
| <b>5</b>                          |               | <b>Gulika</b> 7:47AM – 9:17AM   | <b>Purvaphalguni</b> <b>Until 1:31PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:17AM | Sun 13                                  |
| Simha Rasi: 21.53                 | Tithi 29 – 30 | Yama 3:16PM – 4:46PM  | Subha Until 1:07PM                       | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:16PM   | Moon 9 - Phase 23                       |
|                                   | 552213463     | <b>Rahu</b> 10:47AM – 12:17PM   | Visti Until 6:09AM                       | <b>Nataraja:</b> Clear                        | 2nd Phase                               |
| Creative Work Siddha Yoga         |               |   | <b>Chaturdashi* Until 4:15PM</b>         | <b>Moon – Red</b>                             | <b>Devaloka Day</b>                     |
|                                   |               |   |  | <b>Bhadrapada-Puratasi</b>                    |   |

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| <b>Saturday, September 28, 2019</b> |              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  |   | Dallas, TX<br>Sutra 167<br>Vikarin 5121 |
| <b>Retreat Star</b>                 |              | <b>Gulika</b> 6:18AM – 7:47AM  | <b>Uttaraphalguni</b> <b>Until 10:24AM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:18AM | Sun 14                                  |
| Kanya Rasi: 7.07                    | Tithi 30 – 1 | Yama 1:46PM – 3:16PM   | Sukla Until 8:51AM                         | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:15PM   | Moon 9 - Phase 23                       |
|                                     | 653213463    | <b>Rahu</b> 9:17AM – 10:47AM   | Kintughna Until 10:37PM                    | <b>Nataraja:</b> Clear                        | Amavasya                                |
| Routine Work Marana Yoga            |              |  | <b>Amavasya* Until 12:28PM</b>             | <b>Moon – Red</b>                             | <b>Devaloka Day</b>                     |
|                                     |              | <b>Mahalaya Amavasai (Tamil Nadu)</b>  |  | <b>Bhadrapada-Puratasi</b>                    |   |

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| <b>Sunday, September 29, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                  |   | Dallas, TX<br>Sutra 168<br>Vikarin 5121 |
| <b>Retreat Star</b>               |             | <b>Gulika</b> 3:15PM – 4:44PM   | <b>Hasta</b> <b>Until 7:39AM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:18AM | Sun 15                                  |
| Kanya Rasi: 22.17                 | Tithi 1 – 2 | Yama 12:16PM – 1:45PM   | Indra Until 12:41AM Mon          | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:14PM       | Moon 9 - Phase 23                       |
|                                   | 663213463   | <b>Rahu</b> 4:44PM – 6:14PM   | Balava Until 7:04PM              | <b>Nataraja:</b> Clear                            | Prathama                                |
| Creative Work Amrita Yoga         |             |   | <b>Prathama* Until 8:47AM</b>    | <b>Moon – Green</b>                               | <b>Devaloka Day</b>                     |
| Until 7:39AM                      |             | <b>Navaratri Begins</b>   |                                  | <b>Ashvina-Puratasi</b>                           |   |
| Then Creative Work - Siddha Yoga  |             |   |                                  |   |   |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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| <b>Monday, September 30, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trityayam Titau |                                 | Dallas, TX<br>Sun 16<br>Sutra 169<br>Vikarin 5121 |
| <b>1</b>                          |           | <b>Gulika</b> 1:45PM – 3:14PM   | <b>Svati</b> Until 2:45AM Tue   | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:19AM |
| Tula Rasi: 7.15                   | Tithi 3   | Yama 10:47AM – 12:16PM  | Vaidhriti* Until 9:03PM         | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:12PM       |
| <b>Family Home Evening</b>        | 663213463 | <b>Rahu</b> 7:48AM – 9:17AM   | Taitila Until 3:54PM            | <b>Nataraja:</b> Clear                            |
| Creative Work Amrita Yoga         |           |   |                                 | Moon – Green                                      |
| Until 2:45AM Tue                  |           |   | <b>Tritiya</b> Until 2:30AM Tue | <b>Devaloka Day</b>                               |
| Then Routine Work - Marana Yoga   |           |   |                                 | <b>Ashvina+Puratasi</b>                           |

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| <b>Tuesday, October 1, 2019</b>  |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau |                                     | Dallas, TX<br>Sun 17<br>Sutra 170<br>Vikarin 5121 |
| <b>2</b>                         |           | <b>Gulika</b> 12:15PM – 1:44PM  | <b>Vishakha</b> Until 1:23AM Wed    | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM     |
| Tula Rasi: 21.52                 | Tithi 4   | Yama 9:18AM – 10:46AM   | Vishkambha* Until 5:54PM            | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:11PM       |
| <b>Routine Work</b> Marana Yoga  | 673213463 | <b>Rahu</b> 3:13PM – 4:42PM   | Vanija Until 1:17PM                 | <b>Nataraja:</b> Clear                            |
| Until 1:23AM Wed                 |           |   |                                     | Moon – Orange                                     |
| Then Creative Work - Siddha Yoga |           |   | <b>Chaturthi*</b> Until 12:13AM Wed | <b>Devaloka Day</b>                               |
|                                  |           |   |                                     | <b>Ashvina+Puratasi</b>                           |

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| <b>Wednesday, October 2, 2019</b>      |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau |                                   | Dallas, TX<br>Sun 18<br>Sutra 171<br>Vikarin 5121 |
| <b>3</b>                               |           | <b>Gulika</b> 10:46AM – 12:15PM   | <b>Anuradha</b> Until 12:38AM Thu | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:20AM     |
| Vrischika Rasi: 6.01                   | Tithi 5   | Yama 7:49AM – 9:18AM  | Priti Until 3:22PM                | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:10PM       |
| <b>Creative Work</b> Siddha Yoga       | 673213463 | <b>Rahu</b> 12:15PM – 1:44PM  | Bava Until 11:22AM                | <b>Nataraja:</b> Clear                            |
| Until 12:38AM Thu                      |           |   |                                   | Moon – Orange                                     |
| Then Routine Work - Prabalarishta Yoga |           |   | <b>Panchami</b> Until 10:42PM     | <b>Devaloka Day</b>                               |
|  |           |   |                                   | <b>Ashvina+Puratasi</b>                           |

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| <b>Thursday, October 3, 2019</b>       |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau |                                    | Dallas, TX<br>Sun 19<br>Sutra 172<br>Vikarin 5121 |
| <b>4</b>                               |           | <b>Gulika</b> 9:18AM – 10:46AM  | <b>Jyeshtha*</b> Until 12:36AM Fri | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:21AM     |
| Vrischika Rasi: 19.4                   | Tithi 6   | Yama 6:21AM – 7:50AM  | Ayushman Until 1:29PM              | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:08PM       |
| <b>Routine Work</b> Prabalarishta Yoga | 673213463 | <b>Rahu</b> 1:43PM – 3:11PM   | Kaulava Until 10:17AM              | <b>Nataraja:</b> Clear                            |
| Until 12:36AM Fri                      |           |   |                                    | Moon – Orange                                     |
| Then Creative Work - Amrita Yoga       |           |   | <b>Shashthi*</b> Until 10:03PM     | <b>Devaloka Day</b>                               |
|  |           |   |                                    | <b>Ashvina+Puratasi</b>                           |

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| <b>Friday, October 4, 2019</b>   |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau |                               | Dallas, TX<br>Sun 20<br>Sutra 173<br>Vikarin 5121 |
| <b>5</b>                         |           | <b>Gulika</b> 7:50AM – 9:18AM  | <b>Mula*</b> Until 1:45AM Sat | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM      |
| Dhanus Rasi: 2.49                | Tithi 7   | Yama 3:11PM – 4:39PM   | Saubhagya Until 12:19PM       | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM       |
| <b>Creative Work</b> Amrita Yoga | 683213463 | <b>Rahu</b> 10:46AM – 12:14PM  | Gara Until 10:06AM            | <b>Nataraja:</b> Clear                            |
| Until 1:45AM Sat                 |           |  |                               | Moon – Light Blue                                 |
| Then Creative Work - Siddha Yoga |           |  | <b>Saptami</b> Until 10:19PM  | <b>Sivaloka Day</b>                               |
|                                  |           |  |                               | <b>Ashvina+Puratasi</b>                           |

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| <b>Saturday, October 5, 2019</b> |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau |                                      | Dallas, TX<br>Sun 21<br>Sutra 174<br>Vikarin 5121 |
| <b>Retreat Star</b>              |           | <b>Gulika</b> 6:22AM – 7:50AM  | <b>Purvashadha*</b> Until 3:32AM Sun | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:22AM      |
| Dhanus Rasi: 15.32               | Tithi 8   | Yama 1:42PM – 3:10PM   | Sobhana Until 11:51AM                | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:06PM       |
| <b>Creative Work</b> Siddha Yoga | 683213463 | <b>Rahu</b> 9:18AM – 10:46AM   | Visti Until 10:47AM                  | <b>Nataraja:</b> Clear                            |
| Until 3:32AM Sun                 |           |  |                                      | Moon – Light Blue                                 |
| Then Creative Work - Amrita Yoga |           | <b>Durga Ashtami</b>   | <b>Ashtami*</b> Until 11:24PM        | <b>Sivaloka Day</b>                               |
|                                  |           |  |                                      | <b>Ashvina+Puratasi</b>                           |

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| <b>Sunday, October 6, 2019</b>   |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau |                                      | Dallas, TX<br>Sun 22<br>Sutra 175<br>Vikarin 5121 |
| <b>Retreat Star</b>              |           | <b>Gulika</b> 3:09PM – 4:37PM  | <b>Uttarashadha</b> Until 5:46AM Mon | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:23AM      |
| Dhanus Rasi: 27.55               | Tithi 9   | Yama 12:14PM – 1:41PM  | Athiganda* Until 11:55AM             | <b>Muruqa:</b> Purple <i>Sunset:</i> 6:04PM       |
| <b>Creative Work</b> Amrita Yoga | 683213463 | <b>Rahu</b> 4:37PM – 6:04PM  | Balava Until 12:14PM                 | <b>Nataraja:</b> Clear                            |
|                                  |           | <b>Saraswathi Puja (Tamil Nadu)</b>  | <b>Navami*</b> Until 1:11AM Mon      | Moon – Light Blue                                 |
|                                  |           |  |                                      | <b>Sivaloka Day</b>                               |
|                                  |           |  |                                      | <b>Ashvina+Puratasi</b>                           |

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| <b>Monday, October 7, 2019</b>   |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 176 |
| <b>1</b>                         |           | <b>Gulika</b> 1:41PM – 3:08PM  | <b>Shravana Until 8:45AM Tue</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:24AM | Sun 23<br>Vikarin 5121  |
| Makara Rasi: 10.01               | Tithi 10  | Yama 10:46AM – 12:14PM   | Sukarma Until 12:28PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 25       |
| <b>Family Home Evening</b>       | 693213463 | <b>Rahu</b> 7:51AM – 9:19AM  | Taitila Until 2:17PM             | <b>Nataraja:</b> Clear  |                        | 4th Phase               |
| Creative Work Amrita Yoga        |           |  | <b>Dashami Until 3:25AM Tue</b>  | Moon – Purple           |                        | <b>Devaloka Day</b>     |
| Until 8:45AM Tue                 |           |  |                                  | <b>Ashvina+Puratasi</b> |                        |                         |
| Then Creative Work - Siddha Yoga |           |  |                                  |                         |                        |                         |

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| <b>Tuesday, October 8, 2019</b>  |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 177 |
| <b>2</b>                         |           | <b>Gulika</b> 12:13PM – 1:40PM  | <b>Shravana Until 8:45AM</b>     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:25AM | Sun 24<br>Vikarin 5121  |
| Makara Rasi: 21.58               | Tithi 11  | Yama 9:19AM – 10:46AM   | Dhriti Until 1:18PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:02PM  | Moon 9 - Phase 25       |
| <b>Creative Work Siddha Yoga</b> | 693213464 | <b>Rahu</b> 3:08PM – 4:35PM   | Vanija Until 4:40PM              | <b>Nataraja:</b> Purple |                        | 4th Phase               |
|                                  |           |   | <b>Ekadashi Until 5:55AM Wed</b> | Moon – Purple           |                        | <b>Sivaloka Day</b>     |
|                                  |           | <b>Vijaya Dasami</b>  |                                  | <b>Ashvina+Puratasi</b> |                        |                         |

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| <b>Wednesday, October 9, 2019</b>      |           | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Bava Karana Dvadashyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 178 |
| <b>3</b>                               |           | <b>Gulika</b> 10:46AM – 12:13PM  | <b>Dhanishtha Until 11:46AM</b>  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:25AM | Sun 25<br>Vikarin 5121  |
| Kumbha Rasi: 3.49                      | Tithi 12  | Yama 7:52AM – 9:19AM   | Shula* Until 2:13PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:01PM  | Moon 9 - Phase 25       |
| <b>Routine Work Prabalarishta Yoga</b> | 693213464 | <b>Rahu</b> 12:13PM – 1:40PM   | Bava Until 7:13PM                | <b>Nataraja:</b> Purple |                        | 4th Phase               |
| Until 11:46AM                          |           |  | <b>Dvadashi Until 8:27AM Thu</b> | Moon – Purple           |                        | <b>Sivaloka Day</b>     |
| Then Creative Work - Siddha Yoga       |           | <b>Kadaitswami Mahasamadhi</b>   |                                  | <b>Ashvina+Puratasi</b> |                        |                         |

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| <b>Thursday, October 10, 2019</b> |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhi/Dhruva Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                  |                         |                        | Dallas, TX<br>Sutra 179 |
| <b>4</b>                          |               | <b>Gulika</b> 9:19AM – 10:46AM  | <b>Shatabhishak Until 2:36PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:26AM | Sun 26<br>Vikarin 5121  |
| Kumbha Rasi: 15.39                | Tithi 12 – 13 | Yama 6:26AM – 7:53AM  | Ganda* Until 3:09PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:59PM  | Moon 9 - Phase 25       |
| <b>Creative Work Siddha Yoga</b>  | 693213464     | <b>Rahu</b> 1:39PM – 3:06PM   | Kaulava Until 9:43PM             | <b>Nataraja:</b> Purple |                        | 4th Phase               |
|                                   |               |   | <b>Dvadashi Until 8:27AM</b>     | Moon – Purple           |                        | <b>Sivaloka Day</b>     |
|                                   |               |   |                                  | <b>Ashvina+Puratasi</b> |                        |                         |

*Pradosha Vrata*

|                                  |               |  |                                       |                         |                        |                         |
|----------------------------------|---------------|--|---------------------------------------|-------------------------|------------------------|-------------------------|
| <b>Friday, October 11, 2019</b>  |               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                       |                         |                        | Dallas, TX<br>Sutra 180 |
| <b>5</b>                         |               | <b>Gulika</b> 7:53AM – 9:20AM  | <b>Purvaproshtapada* Until 5:40PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:27AM | Sun 27<br>Vikarin 5121  |
| Kumbha Rasi: 27.31               | Tithi 13 – 14 | Yama 3:05PM – 4:32PM   | Vridhi Until 4:00PM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:58PM  | Moon 9 - Phase 25       |
| <b>Creative Work Siddha Yoga</b> | 613213464     | <b>Rahu</b> 10:46AM – 12:12PM  | Gara Until 12:04AM Sat                | <b>Nataraja:</b> Purple |                        | 4th Phase               |
|                                  |               |  | <b>Trayodashi Until 10:53AM</b>       | Moon – Clear            |                        | <b>Sivaloka Day</b>     |
|                                  |               | <b>Chidambaram Abhishekam</b>  |                                       | <b>Ashvina+Puratasi</b> |                        |                         |

|  |                            |  |                                       |                         |                        |                         |
|--|----------------------------|--|---------------------------------------|-------------------------|------------------------|-------------------------|
| <b>Saturday, October 12, 2019</b>      |                            | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                       |                         |                        | Dallas, TX<br>Sutra 181 |
| <b>○</b>                               | <b>Copper Retreat Star</b> | <b>Gulika</b> 6:27AM – 7:54AM  | <b>Uttaraproshtapada Until 8:21PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:27AM | Sun 28<br>Vikarin 5121  |
| Meena Rasi: 9.28                       | Tithi 14 – 15              | Yama 1:38PM – 3:05PM   | Dhruva Until 4:40PM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:57PM  | Moon 9 - Phase 25       |
| <b>Creative Work Siddha Yoga</b>       | 613213464                  | <b>Rahu</b> 9:20AM – 10:46AM   | Visti Until 2:11AM Sun                | <b>Nataraja:</b> Purple |                        | Purnima                 |
| Until 8:21PM                           |                            |  | <b>Chaturdashi* Until 1:08PM</b>      | Moon – Clear            |                        | <b>Sivaloka Day</b>     |
| Then Routine Work - Prabalarishta Yoga |                            |  |                                       | <b>Ashvina+Puratasi</b> |                        |                         |

|                                  |                            |  |                              |                         |                        |                           |
|----------------------------------|----------------------------|--|------------------------------|-------------------------|------------------------|---------------------------|
| <b>Sunday, October 13, 2019</b>  |                            | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                              |                         |                        | Dallas, TX<br>Sutra 182   |
| <b>○</b>                         | <b>Silver Retreat Star</b> | <b>Gulika</b> 3:04PM – 4:30PM  | <b>Revati Until 10:38PM</b>  | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:28AM | Sun 29<br>Vikarin 5121    |
| Meena Rasi: 21.3                 | Tithi 15 – 16              | Yama 12:12PM – 1:38PM  | Vyaghata* Until 5:08PM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:56PM  | Moon 9 - Phase 25         |
| <b>Creative Work Amrita Yoga</b> | 614213464                  | <b>Rahu</b> 4:30PM – 5:56PM  | Balava Until 4:02AM Mon      | <b>Nataraja:</b> Purple |                        | Prathama                  |
| Until 10:38PM                    |                            |  | <b>Purnima* Until 3:07PM</b> | Moon – Clear            |                        | <b>Subha Sivaloka Day</b> |
| Then Creative Work - Siddha Yoga |                            |  |                              | <b>Ashvina+Puratasi</b> |                        |                           |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

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Monday, October 14, 2019

Gold Retreat Star

Mesha Rasi: 3.39      Tithi 16 – 17

Family Home Evening      624213464

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Harshana/Vajra\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika** 1:37PM – 3:03PM  
**Yama** 10:46AM – 12:12PM  
**Rahu** 7:55AM – 9:20AM

**Ashvini Until 12:57AM Tue**  
Harshana Until 5:25PM  
Taitila Until 5:35AM Tue  
Prathama\* Until 4:50PM

**Ganesha:** White      *Sunrise:* 6:29AM  
**Muruqa:** Purple      *Sunset:* 5:55PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Dallas, TX  
Sutra 183  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Tuesday, October 15, 2019

1

Mesha Rasi: 15.55      Tithi 17

Creative Work      Siddha Yoga

Until 2:48AM Wed  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vajra\*/Siddhi Yoga Gara Karana Dvitiyayam Titau

**Gulika** 12:11PM – 1:37PM  
**Yama** 9:21AM – 10:46AM  
**Rahu** 3:02PM – 4:28PM

**Bharani Until 2:48AM Wed**  
Vajra\* Until 5:25PM  
Gara Until 6:13PM  
Dvitiya Until 6:13PM

**Ganesha:** White      *Sunrise:* 6:30AM  
**Muruqa:** Purple      *Sunset:* 5:53PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Dallas, TX  
Sutra 184  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Wednesday, October 16, 2019

2

Mesha Rasi: 28.19      Tithi 18

Creative Work      Amrita Yoga

Until 4:09AM Thu  
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 10:46AM – 12:11PM  
**Yama** 7:56AM – 9:21AM  
**Rahu** 12:11PM – 1:36PM

**Krittika Until 4:09AM Thu**  
Siddhi Until 5:11PM  
Vanija Until 6:49AM  
Tritiya Until 7:17PM

**Ganesha:** White      *Sunrise:* 6:30AM  
**Muruqa:** Purple      *Sunset:* 5:52PM  
**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
**Ashvina•Puratasi**

Dallas, TX  
Sutra 185  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Thursday, October 17, 2019

3

Vrishabha Rasi: 10.53      Tithi 19

Routine Work      Marana Yoga

Until 5:27AM Fri  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 9:21AM – 10:46AM  
**Yama** 6:31AM – 7:56AM  
**Rahu** 1:36PM – 3:01PM

**Rohini Until 5:27AM Fri**  
Vyatipata\* Until 4:40PM  
Bava Until 7:42AM  
Chaturthi\* Until 7:58PM

**Ganesha:** White      *Sunrise:* 6:31AM  
**Muruqa:** Purple      *Sunset:* 5:51PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 186  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Friday, October 18, 2019

4

Vrishabha Rasi: 23.37      Tithi 20

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 7:57AM – 9:21AM  
**Yama** 3:00PM – 4:25PM  
**Rahu** 10:46AM – 12:11PM

**Mrigashira Until 6:09AM Sat**  
Variyan Until 3:49PM  
Kaulava Until 8:11AM  
Panchami Until 8:14PM

**Ganesha:** White      *Sunrise:* 6:32AM  
**Muruqa:** Purple      *Sunset:* 5:50PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 187  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Saturday, October 19, 2019

5

Mithuna Rasi: 6.34      Tithi 21

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 6:33AM – 7:57AM  
**Yama** 1:35PM – 3:00PM  
**Rahu** 9:22AM – 10:46AM

**Mrigashira Until 6:09AM**  
Parigha\* Until 2:36PM  
Gara Until 8:13AM  
Shashthi\* Until 8:01PM

**Ganesha:** White      *Sunrise:* 6:33AM  
**Muruqa:** Purple      *Sunset:* 5:49PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 188  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Sunday, October 20, 2019

6

Mithuna Rasi: 19.47      Tithi 22

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 2:59PM – 4:23PM  
**Yama** 12:10PM – 1:35PM  
**Rahu** 4:23PM – 5:48PM

**Ardra Until 6:12AM**  
Shiva Until 12:59PM  
Visti Until 7:44AM  
Saptami Until 7:15PM

**Ganesha:** White      *Sunrise:* 6:33AM  
**Muruqa:** Purple      *Sunset:* 5:48PM  
**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 189  
Vikarin 5121  
Moon 10 - Phase 26  
1st Phase

Monday, October 21, 2019

D

Retreat Star

Kataka Rasi: 3.19      Tithi 23 – 24

Family Home Evening      644313464

Creative Work      Amrita Yoga

Until 6:01AM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:34PM – 2:58PM  
**Yama** 10:46AM – 12:10PM  
**Rahu** 7:58AM – 9:22AM

**Punarvasu Until 6:01AM**  
Siddha Until 10:54AM  
Balava Until 6:41AM  
Ashtami\* Until 5:56PM

**Ganesha:** Clear      *Sunrise:* 6:34AM  
**Muruqa:** Purple      *Sunset:* 5:47PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 190  
Vikarin 5121  
Moon 10 - Phase 26  
Ashtami

Tuesday, October 22, 2019

Retreat Star

Kataka Rasi: 17.1      Tithi 24 – 25

Creative Work      Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 12:10PM – 1:34PM  
**Yama** 9:23AM – 10:46AM  
**Rahu** 2:58PM – 4:22PM

**Ashlesha\* Until 3:32AM Wed**  
Sadhya Until 8:21AM  
Vanija Until 2:55AM Wed  
Navami\* Until 4:02PM

**Ganesha:** Clear      *Sunrise:* 6:35AM  
**Muruqa:** Purple      *Sunset:* 5:45PM  
**Nataraja:** Purple  
Moon – Blue      Subha Sivaloka Day  
**Ashvina•Aipasi**

Dallas, TX  
Sutra 191  
Vikarin 5121  
Moon 10 - Phase 26  
Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


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|                  |               |  |                                |   |                        |   |
|------------------|---------------|--|--------------------------------|---|------------------------|---|
| <b>1</b>         |               | <b>Wednesday, October 23, 2019</b>     |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Dallas, TX<br>Sutra 192<br>Vikarin 5121 |
| Simha Rasi: 1.23 | Tithi 25 – 26 | <b>Gulika</b> 10:46AM – 12:10PM        | <b>Magha* Until 1:45AM Thu</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:36AM | Sun 9                                   |
|                  |               | Yama 7:59AM – 9:23AM                   | Sukla Until 2:02AM Thu         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:44PM  | Moon 10 - Phase 27                      |
|                  |               | 654313464 <b>Rahu</b> 12:10PM – 1:34PM | Bava Until 12:16AM Thu         | <b>Nataraja:</b> Purple   |                        | 2nd Phase                               |
| Creative Work    | Siddha Yoga   |  | <b>Dashami Until 1:38PM</b>    | Moon – Red  |                        | <b>Sivaloka Day</b>                     |
|                  |               |  |                                | <b>Ashvina-Aipasi</b>   |                        |   |

|                   |               |                                       |                                    |  |                        |   |
|-------------------|---------------|---------------------------------------|------------------------------------|--|------------------------|---|
| <b>2</b>          |               | <b>Thursday, October 24, 2019</b>     |                                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                        | Dallas, TX<br>Sutra 193<br>Vikarin 5121 |
| Simha Rasi: 15.55 | Tithi 26 – 27 | <b>Gulika</b> 9:23AM – 10:47AM        | <b>Purvaphalguni Until 11:27PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:37AM | Sun 10                                  |
|                   |               | Yama 6:37AM – 8:00AM                  | Brahma Until 10:22PM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:43PM  | Moon 10 - Phase 27                      |
|                   |               | 654313464 <b>Rahu</b> 1:33PM – 2:57PM | Kaulava Until 9:15PM               | <b>Nataraja:</b> Purple  |                        | 2nd Phase                               |
| Creative Work     | Siddha Yoga   |                                       | <b>Ekadashi* Until 10:47AM</b>     | Moon – Red   |                        | <b>Sivaloka Day</b>                     |
|                   |               |                                       |                                    | <b>Ashvina-Aipasi</b>  |                        |   |

|                                  |               |   |                                    |   |                        |   |
|----------------------------------|---------------|---|------------------------------------|---|------------------------|---|
| <b>3</b>                         |               | <b>Friday, October 25, 2019</b>         |                                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Indra Yoga Taitila/Vanija Karana Dvodashi/Trayodashyam Titau |                        | Dallas, TX<br>Sutra 194<br>Vikarin 5121 |
| Kanya Rasi: 0.42                 | Tithi 27 – 28 | <b>Gulika</b> 8:00AM – 9:24AM           | <b>Uttaraphalguni Until 8:48PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:37AM | Sun 11                                  |
|                                  |               | Yama 2:56PM – 4:19PM                    | Indra Until 6:31PM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:42PM  | Moon 10 - Phase 27                      |
|                                  |               | 655313464 <b>Rahu</b> 10:47AM – 12:10PM | Vanija Until 4:17AM Sat            | <b>Nataraja:</b> Purple   |                        | 2nd Phase                               |
| Creative Work                    | Siddha Yoga   |   | <b>Dvodashi* Until 7:38AM</b>      | Moon – Red  |                        | <b>Subha Sivaloka Day</b>               |
| Until 8:48PM                     |               |   |                                    | <b>Ashvina-Aipasi</b>   |                        |   |
| Then Creative Work - Amrita Yoga |               |   | <i>Pradosha Vrata (Fasting)</i>    |   |                        |   |

|                   |             |  |                                       |   |                        |   |
|-------------------|-------------|--|---------------------------------------|---|------------------------|---|
| <b>4</b>          |             | <b>Saturday, October 26, 2019</b>      |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Dallas, TX<br>Sutra 195<br>Vikarin 5121 |
| Kanya Rasi: 15.38 | Tithi 29    | <b>Gulika</b> 6:38AM – 8:01AM          | <b>Hasta Until 6:19PM</b>             | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:38AM | Sun 12                                  |
|                   |             | Yama 1:33PM – 2:55PM                   | Vaidhriti* Until 2:34PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:41PM  | Moon 10 - Phase 27                      |
|                   |             | 665313464 <b>Rahu</b> 9:24AM – 10:47AM | Visti Until 2:37PM                    | <b>Nataraja:</b> Purple   |                        | 2nd Phase                               |
| Routine Work      | Marana Yoga |  | <b>Chaturdashi* Until 12:55AM Sun</b> | Moon – Green  |                        | <b>Subha Sivaloka Day</b>               |
|                   |             | <b>Deepavali Hindu Solidarity Day</b>  |                                       | <b>Ashvina-Aipasi</b>   |                        |   |

|   |             |                                       |                               |   |                        |   |
|---|-------------|---------------------------------------|-------------------------------|---|------------------------|---|
|  |             | <b>Sunday, October 27, 2019</b>       |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Dallas, TX<br>Sutra 196<br>Vikarin 5121 |
| <b>Retreat Star</b>   |             | <b>Gulika</b> 2:55PM – 4:18PM         | <b>Chitra Until 3:48PM</b>    | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:39AM | Sun 13                                  |
| Tula Rasi: 0.35   | Tithi 30    | Yama 12:10PM – 1:32PM                 | Vishkambha* Until 10:40AM     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:40PM  | Moon 10 - Phase 27                      |
|   |             | 665313464 <b>Rahu</b> 4:18PM – 5:40PM | Catuspada Until 11:18AM       | <b>Nataraja:</b> Purple   |                        | Amavasya                                |
| Creative Work   | Siddha Yoga |                                       | <b>Amavasya* Until 9:42PM</b> | Moon – Green  |                        | <b>Subha Sivaloka Day</b>               |
|   |             | <b>Subramuniyaswami Mahasamadhi</b>   |                               | <b>Ashvina-Aipasi</b>   |                        |   |

|                                 |             |                                       |                               |  |                        |   |
|---------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---|
| <b>Monday, October 28, 2019</b> |             | <b>Retreat Star</b>                   |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Dallas, TX<br>Sutra 197<br>Vikarin 5121 |
| Tula Rasi: 15.23                | Tithi 1     | <b>Gulika</b> 1:32PM – 2:54PM         | <b>Svati Until 1:24PM</b>     | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 6:40AM | Sun 14                                  |
| <b>Family Home Evening</b>      |             | Yama 10:47AM – 12:10PM                | Priti Until 6:57AM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:39PM  | Moon 10 - Phase 27                      |
|                                 |             | 665313464 <b>Rahu</b> 8:02AM – 9:25AM | Kintughna Until 8:12AM        | <b>Nataraja:</b> Purple  |                        | Prathama                                |
| Creative Work                   | Amrita Yoga |                                       | <b>Prathama* Until 6:47PM</b> | Moon – Green   |                        | <b>Subha Sivaloka Day</b>               |
| Until 1:24PM                    |             | <b>Skanda Shasthi Begins</b>          |                               | <b>Kartika-Aipasi</b>  |                        |   |
| Then Routine Work - Marana Yoga |             |                                       |                               |  |                        |   |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

|                                  |             |                                       |                               |  |                        |   |
|----------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---|
| <b>1</b>                         |             | <b>Tuesday, October 29, 2019</b>      |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Dallas, TX<br>Sutra 198<br>Vikarin 5121 |
| Tula Rasi: 29.55                 | Tithi 2 – 3 | <b>Gulika</b> 12:09PM – 1:32PM        | <b>Vishakha</b> Until 11:42AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:41AM | Sun 15                                  |
|                                  |             | Yama 9:25AM – 10:47AM                 | Saubhagya Until 12:34AM Wed   | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:38PM  | Moon 10 - Phase 28                      |
|                                  |             | 675313464 <b>Rahu</b> 2:54PM – 4:16PM | Taitila Until 3:22AM Wed      | <b>Nataraja:</b> Purple  |                        | 3rd Phase                               |
| Routine Work                     | Marana Yoga |                                       | <b>Dvitiya</b> Until 4:21PM   | Moon – Orange  |                        | <b>Subha Sivaloka Day</b>               |
| Until 11:42AM                    |             |                                       |                               | <b>Kartika•Aipasi</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |                               |  |                        |   |

|                      |             |  |                               |  |                        |   |
|----------------------|-------------|--|-------------------------------|--|------------------------|---|
| <b>2</b>             |             | <b>Wednesday, October 30, 2019</b>     |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Dallas, TX<br>Sutra 199<br>Vikarin 5121 |
| Vischika Rasi: 14.04 | Tithi 3 – 4 | <b>Gulika</b> 10:47AM – 12:09PM        | <b>Anuradha</b> Until 10:29AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:41AM | Sun 16                                  |
|                      |             | Yama 8:03AM – 9:25AM                   | Sobhana Until 10:11PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:37PM  | Moon 10 - Phase 28                      |
|                      |             | 675313464 <b>Rahu</b> 12:09PM – 1:31PM | Vanija Until 1:57AM Thu       | <b>Nataraja:</b> Purple  |                        | 3rd Phase                               |
| Creative Work        | Siddha Yoga |  | <b>Tritiya</b> Until 2:33PM   | Moon – Orange  |                        | <b>Subha Sivaloka Day</b>               |
|                      |             |  |                               | <b>Kartika•Aipasi</b>  |                        |   |

|                                  |                    |                                       |                                |  |                        |   |
|----------------------------------|--------------------|---------------------------------------|--------------------------------|--|------------------------|---|
| <b>3</b>                         |                    | <b>Thursday, October 31, 2019</b>     |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Dallas, TX<br>Sutra 200<br>Vikarin 5121 |
| Vischika Rasi: 27.45             | Tithi 4 – 5        | <b>Gulika</b> 9:26AM – 10:48AM        | <b>Jyeshtha*</b> Until 9:51AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:42AM | Sun 17                                  |
|                                  |                    | Yama 6:42AM – 8:04AM                  | Athiganda* Until 8:24PM        | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:36PM  | Moon 10 - Phase 28                      |
|                                  |                    | 675313464 <b>Rahu</b> 1:31PM – 2:53PM | Bava Until 1:21AM Fri          | <b>Nataraja:</b> Purple  |                        | 3rd Phase                               |
| Routine Work                     | Prabalarishta Yoga |                                       | <b>Chaturthi*</b> Until 1:31PM | Moon – Orange  |                        | <b>Subha Sivaloka Day</b>               |
| Until 9:51AM                     |                    |                                       |                                | <b>Kartika•Aipasi</b>  |                        |   |
| Then Creative Work - Siddha Yoga |                    |                                       |                                |  |                        |   |

|  |             |   |                              |   |                        |   |
|--|-------------|---|------------------------------|---|------------------------|---|
| <b>4</b>                               |             | <b>Friday, November 1, 2019</b>         |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Dallas, TX<br>Sutra 201<br>Vikarin 5121 |
| Dhanus Rasi: 10.59                     | Tithi 5 – 6 | <b>Gulika</b> 8:05AM – 9:26AM           | <b>Mula*</b> Until 10:20AM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:43AM | Sun 18                                  |
|  |             | Yama 2:52PM – 4:14PM                    | Sukarma Until 7:18PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:36PM  | Moon 10 - Phase 28                      |
|  |             | 685313464 <b>Rahu</b> 10:48AM – 12:09PM | Kaulava Until 1:37AM Sat     | <b>Nataraja:</b> Purple   |                        | 3rd Phase                               |
| Creative Work                          | Amrita Yoga |   | <b>Panchami</b> Until 1:21PM | Moon – Light Blue   |                        | <b>Subha Subha Sivaloka Day</b>         |
| Until 10:20AM                          |             | <b>Skanda Shasthi</b>                   |                              | <b>Kartika•Aipasi</b>   |                        |   |
| Then Routine Work - Prabalarishta Yoga |             |   |                              |   |                        |   |

|                                 |             |  |                                   |  |                        |   |
|---------------------------------|-------------|--|-----------------------------------|--|------------------------|---|
| <b>5</b>                        |             | <b>Saturday, November 2, 2019</b>      |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Dallas, TX<br>Sutra 202<br>Vikarin 5121 |
| Dhanus Rasi: 23.46              | Tithi 6 – 7 | <b>Gulika</b> 6:44AM – 8:05AM          | <b>Purvashadha*</b> Until 11:31AM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:44AM | Sun 19                                  |
|                                 |             | Yama 1:31PM – 2:52PM                   | Dhriti Until 6:53PM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:35PM  | Moon 10 - Phase 28                      |
|                                 |             | 685313464 <b>Rahu</b> 9:27AM – 10:48AM | Gara Until 2:42AM Sun             | <b>Nataraja:</b> Purple  |                        | 3rd Phase                               |
| Creative Work                   | Siddha Yoga |  | <b>Shashthi*</b> Until 2:02PM     | Moon – Light Blue  |                        | <b>Subha Subha Sivaloka Day</b>         |
| Until 11:31AM                   |             |  |                                   | <b>Kartika•Aipasi</b>  |                        |   |
| Then Routine Work - Marana Yoga |             |  |                                   |  |                        |   |

|                   |             |                                       |                                  |  |                        |   |
|-------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|---|
| <b>6</b>          |             | <b>Sunday, November 3, 2019</b>       |                                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Dallas, TX<br>Sutra 203<br>Vikarin 5121 |
| Makara Rasi: 6.12 | Tithi 7 – 8 | <b>Gulika</b> 2:52PM – 4:13PM         | <b>Uttarashadha</b> Until 1:16PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:45AM | Sun 20                                  |
|                   |             | Yama 12:09PM – 1:30PM                 | Shula* Until 6:59PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:34PM  | Moon 10 - Phase 28                      |
|                   |             | 686313464 <b>Rahu</b> 4:13PM – 5:34PM | Visti Until 4:29AM Mon           | <b>Nataraja:</b> Purple  |                        | 3rd Phase                               |
| Creative Work     | Amrita Yoga |                                       | <b>Saptami</b> Until 3:30PM      | Moon – Light Blue  |                        | <b>Subha Sivaloka Day</b>               |
|                   |             |                                       |                                  | <b>Kartika•Aipasi</b>  |                        |   |

|                                  |             |                                       |                              |  |                        |   |
|----------------------------------|-------------|---------------------------------------|------------------------------|--|------------------------|---|
| <b>Monday, November 4, 2019</b>  |             | <b>Retreat Star</b>                   |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Dallas, TX<br>Sutra 204<br>Vikarin 5121 |
| Makara Rasi: 18.2                | Tithi 8 – 9 | <b>Gulika</b> 1:30PM – 2:51PM         | <b>Shravana</b> Until 3:57PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:46AM | Sun 21                                  |
| <b>Family Home Evening</b>       |             | Yama 10:48AM – 12:09PM                | Ganda* Until 7:32PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:33PM  | Moon 10 - Phase 28                      |
|                                  |             | 696313464 <b>Rahu</b> 8:07AM – 9:27AM | Balava Until 6:45AM Tue      | <b>Nataraja:</b> Purple  |                        | Ashtami                                 |
| Creative Work                    | Amrita Yoga |                                       | <b>Ashtami*</b> Until 5:33PM | Moon – Purple  |                        | <b>Sivaloka Day</b>                     |
| Until 3:57PM                     |             |                                       |                              | <b>Kartika•Aipasi</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |                              |  |                        |   |

|                                  |             |                                       |                                |  |                        |   |
|----------------------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|---|
| <b>Tuesday, November 5, 2019</b> |             | <b>Retreat Star</b>                   |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau |                        | Dallas, TX<br>Sutra 205<br>Vikarin 5121 |
| Kumbha Rasi: 0.19                | Tithi 9     | <b>Gulika</b> 12:09PM – 1:30PM        | <b>Dhanishtha</b> Until 6:49PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:47AM | Sun 22                                  |
|                                  |             | Yama 9:28AM – 10:49AM                 | Vriddhi Until 8:21PM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:32PM  | Moon 10 - Phase 28                      |
|                                  |             | 696313464 <b>Rahu</b> 2:51PM – 4:11PM | Balava Until 6:45AM            | <b>Nataraja:</b> Purple  |                        | Navami                                  |
| Creative Work                    | Siddha Yoga |                                       | <b>Navami*</b> Until 7:58PM    | Moon – Purple  |                        | <b>Sivaloka Day</b>                     |
| Until 6:49PM                     |             |                                       |                                | <b>Kartika•Aipasi</b>  |                        |   |
| Then Routine Work - Marana Yoga  |             |                                       |                                |  |                        |   |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda


|                                  |                                    |                              |  |   |                        |                        |                    |
|----------------------------------|------------------------------------|------------------------------|--|---|------------------------|------------------------|--------------------|
| <b>1</b>                         | <b>Wednesday, November 6, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam |   |                        |                        | Dallas, TX         |
|                                  |                                    |                              | Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau                       |   |                        |                        | Sun 23             |
|                                  | Kumbha Rasi: 12.11                 | Tithi 10                     | <b>Gulika</b> 10:49AM – 12:09PM  | <b>Shatabhishak</b> <b>Until 9:39PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:47AM | Vikarin 5121       |
|                                  | 696313464                          | <b>Rahu</b> 12:09PM – 1:30PM | Yama 8:08AM – 9:28AM   | Dhruva Until 9:14PM                     | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:31PM  | Moon 10 - Phase 29 |
| Creative Work Siddha Yoga        |                                    |                              |  |   |                        | 4th Phase              |                    |
| Until 9:39PM                     |                                    |                              |  |   |                        | <b>Sivaloka Day</b>    |                    |
| Then Creative Work - Amrita Yoga |                                    |                              |  |   |                        | <b>Kartika-Aipasi</b>  |                    |


|                           |                                   |                             |   |   |                        |                           |                    |
|---------------------------|-----------------------------------|-----------------------------|---|---|------------------------|---------------------------|--------------------|
| <b>2</b>                  | <b>Thursday, November 7, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam |   |                        |                           | Dallas, TX         |
|                           |                                   |                             | Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau            |   |                        |                           | Sun 24             |
|                           | Kumbha Rasi: 24.02                | Tithi 11                    | <b>Gulika</b> 9:29AM – 10:49AM  | <b>Purvaproshtapada*</b> <b>Until 12:44AM Fri</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:48AM    | Vikarin 5121       |
|                           | 716313464                         | <b>Rahu</b> 1:30PM – 2:50PM | Yama 6:48AM – 8:09AM  | Vyaghata* Until 10:04PM                           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:31PM     | Moon 10 - Phase 29 |
| Creative Work Siddha Yoga |                                   |                             |   |   |                        | 4th Phase                 |                    |
|                           |                                   |                             |   |   |                        | <b>Subha Sivaloka Day</b> |                    |
|                           |                                   |                             |   |   |                        | <b>Kartika-Aipasi</b>     |                    |

|  |                                 |                               |  |  |                        |                           |                    |
|--|---------------------------------|-------------------------------|--|--|------------------------|---------------------------|--------------------|
| <b>3</b>                               | <b>Friday, November 8, 2019</b> |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam |  |                        |                           | Dallas, TX         |
|  |                                 |                               | Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvodashyam Titau                |  |                        |                           | Sun 25             |
|  | Meena Rasi: 5.56                | Tithi 12                      | <b>Gulika</b> 8:09AM – 9:29AM  | <b>Uttaraproshtapada</b> <b>Until 3:25AM Sat</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:49AM    | Vikarin 5121       |
|  | 716313464                       | <b>Rahu</b> 10:49AM – 12:09PM | Yama 2:50PM – 4:10PM   | Harshana Until 10:44PM                           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:30PM     | Moon 10 - Phase 29 |
| Creative Work Siddha Yoga              |                                 |                               |  |  |                        | 4th Phase                 |                    |
| Until 3:25AM Sat                       |                                 |                               |  |  |                        | <b>Subha Sivaloka Day</b> |                    |
| Then Routine Work - Prabalarishta Yoga |                                 |                               |  |  |                        | <b>Kartika-Aipasi</b>     |                    |

|                                  |                                   |                              |  |                                       |                        |                           |                    |
|----------------------------------|-----------------------------------|------------------------------|--|---------------------------------------|------------------------|---------------------------|--------------------|
| <b>4</b>                         | <b>Saturday, November 9, 2019</b> |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam |                                       |                        |                           | Dallas, TX         |
|                                  |                                   |                              | Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau                       |                                       |                        |                           | Sun 26             |
|                                  | Meena Rasi: 17.57                 | Tithi 13                     | <b>Gulika</b> 6:50AM – 8:10AM  | <b>Revati</b> <b>Until 5:37AM Sun</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:50AM    | Vikarin 5121       |
|                                  | 716313464                         | <b>Rahu</b> 9:30AM – 10:50AM | Yama 1:29PM – 2:49PM   | Vajra* Until 11:08PM                  | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:29PM     | Moon 10 - Phase 29 |
| Routine Work Prabalarishta Yoga  |                                   |                              |  |                                       |                        | 4th Phase                 |                    |
| Until 5:37AM Sun                 |                                   |                              |  |                                       |                        | <b>Subha Sivaloka Day</b> |                    |
| Then Creative Work - Siddha Yoga |                                   |                              |  |                                       |                        | <b>Kartika-Aipasi</b>     |                    |
|                                  |                                   |                              |  |                                       |                        | <i>Pradosha Vrata</i>     |                    |

|                           |                                  |                             |  |  |                       |                        |                    |
|---------------------------|----------------------------------|-----------------------------|--|--|-----------------------|------------------------|--------------------|
| <b>5</b>                  | <b>Sunday, November 10, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam |  |                       |                        | Dallas, TX         |
|                           |                                  |                             | Ashvini Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau                         |  |                       |                        | Sun 27             |
|                           | Mesha Rasi: 0.06                 | Tithi 14                    | <b>Gulika</b> 2:49PM – 4:09PM  | <b>Ashvini</b> <b>Until 7:45AM Mon</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:51AM | Vikarin 5121       |
|                           | 726313464                        | <b>Rahu</b> 4:09PM – 5:28PM | Yama 12:10PM – 1:29PM  | Siddhi Until 11:15PM                   | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:28PM  | Moon 10 - Phase 29 |
| Creative Work Siddha Yoga |                                  |                             |  |  |                       | 4th Phase              |                    |
|                           |                                  |                             |  |  |                       | <b>Sivaloka Day</b>    |                    |
|                           |                                  |                             |  |  |                       | <b>Kartika-Aipasi</b>  |                    |

|   |                                  |                             |   |                                    |                       |                        |                    |
|---|----------------------------------|-----------------------------|---|------------------------------------|-----------------------|------------------------|--------------------|
|  | <b>Monday, November 11, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam |                                    |                       |                        | Dallas, TX         |
|   |                                  |                             | Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                    |                       |                        | Sun 27             |
|   | Mesha Rasi: 12.25                | Tithi 14 – 15               | <b>Gulika</b> 1:29PM – 2:49PM   | <b>Ashvini</b> <b>Until 7:45AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:52AM | Vikarin 5121       |
|   | 727413464                        | <b>Rahu</b> 8:11AM – 9:31AM | Yama 10:50AM – 12:10PM  | Vyatipata* Until 11:03PM           | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:28PM  | Moon 10 - Phase 29 |
| Family Home Evening   |                                  |                             |   |                                    |                       | Purnima                |                    |
| Creative Work Siddha Yoga   |                                  |                             |   |                                    |                       | <b>Sivaloka Day</b>    |                    |
|   |                                  |                             |   |                                    |                       | <b>Kartika-Aipasi</b>  |                    |

|   |                                   |                             |  |                                    |                       |                        |                    |
|---|-----------------------------------|-----------------------------|--|------------------------------------|-----------------------|------------------------|--------------------|
|  | <b>Tuesday, November 12, 2019</b> |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam |                                    |                       |                        | Dallas, TX         |
|   |                                   |                             | Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau             |                                    |                       |                        | Sun 27             |
|   | Mesha Rasi: 24.55                 | Tithi 15 – 16               | <b>Gulika</b> 12:10PM – 1:29PM   | <b>Bharani</b> <b>Until 9:19AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:53AM | Vikarin 5121       |
|   | 727413464                         | <b>Rahu</b> 2:49PM – 4:08PM | Yama 9:31AM – 10:51AM  | Variyan Until 10:30PM              | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:27PM  | Moon 10 - Phase 29 |
| Creative Work Siddha Yoga   |                                   |                             |  |                                    |                       | Prathama               |                    |
|   |                                   |                             |  |                                    |                       | <b>Sivaloka Day</b>    |                    |
|   |                                   |                             |  |                                    |                       | <b>Kartika-Aipasi</b>  |                    |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dallas, TX

Sutra 213

Vikarin 5121

Vrishabha Rasi: 8 Tithi 16 - 17

727413464

**Gulika** 10:51AM - 12:10PM  
Yama 8:13AM - 9:32AM  
**Rahu** 12:10PM - 1:29PM

**Krittika Until 10:19AM**

Parigha\* Until 9:39PM

Taitila Until 8:22PM

Prathama\* Until 8:11AM

**Ganesha:** White *Sunrise: 6:54AM*

**Muruqa:** Purple *Sunset: 5:27PM*

**Nataraja:** Purple

Moon - White  
**Karttika-Aipasi**

Moon 11 - Phase 30

1st Phase

Creative Work Amrita Yoga

Until 10:19AM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dallas, TX

Sutra 214

Vikarin 5121

Vrishabha Rasi: 20.29 Tithi 17 - 18

737413464

**Gulika** 9:32AM - 10:51AM  
Yama 6:54AM - 8:13AM  
**Rahu** 1:29PM - 2:48PM

**Rohini Until 11:14AM**

Shiva Until 8:31PM

Vanija Until 8:23PM

Dvitiya Until 8:24AM

**Ganesha:** Clear *Sunrise: 6:54AM*

**Muruqa:** Purple *Sunset: 5:26PM*

**Nataraja:** Purple

Moon - Yellow  
**Karttika-Aipasi**

Sun 1

Moon 11 - Phase 30

1st Phase

Routine Work Marana Yoga

**Subha Sivaloka Day**

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Dallas, TX

Sutra 215

Vikarin 5121

Mithuna Rasi: 3.34 Tithi 18 - 19

737413464

**Gulika** 8:14AM - 9:33AM  
Yama 2:48PM - 4:07PM  
**Rahu** 10:52AM - 12:10PM

**Mrigashira Until 11:38AM**

Siddha Until 7:03PM

Bava Until 8:02PM

Tritiya Until 8:14AM

**Ganesha:** Clear *Sunrise: 6:55AM*

**Muruqa:** Purple *Sunset: 5:25PM*

**Nataraja:** Purple

Moon - Yellow  
**Karttika-Aipasi**

Sun 2

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dallas, TX

Sutra 216

Vikarin 5121

Mithuna Rasi: 16.49 Tithi 19 - 20

737413464

**Gulika** 6:56AM - 8:15AM  
Yama 1:29PM - 2:48PM  
**Rahu** 9:33AM - 10:52AM

**Ardra Until 11:32AM**

Sadhya Until 5:19PM

Kaulava Until 7:20PM

Chaturthi\* Until 7:42AM

**Ganesha:** Clear *Sunrise: 6:56AM*

**Muruqa:** Purple *Sunset: 5:25PM*

**Nataraja:** Purple

Moon - Yellow  
**Karttika-Kartikai**

Sun 3

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

**Subha Sivaloka Day**

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dallas, TX

Sutra 217

Vikarin 5121

Kataka Rasi: 0.16 Tithi 20 - 21

748413465

**Gulika** 2:48PM - 4:06PM  
Yama 12:11PM - 1:29PM  
**Rahu** 4:06PM - 5:24PM

**Punarvasu Until 11:24AM**

Subha Until 3:20PM

Gara Until 6:17PM

Panchami Until 6:50AM

**Ganesha:** Clear *Sunrise: 6:57AM*

**Muruqa:** Purple *Sunset: 5:24PM*

**Nataraja:** Clear

Moon - Blue  
**Karttika-Kartikai**

Sun 4

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptamyam Titau

Dallas, TX

Sutra 218

Vikarin 5121

Kataka Rasi: 13.55 Tithi 22

748413465

**Gulika** 1:29PM - 2:47PM  
Yama 10:53AM - 12:11PM  
**Rahu** 8:16AM - 9:34AM

**Pushya Until 10:46AM**

Sukla Until 1:03PM

Visti Until 4:53PM

Saptami Until 4:03AM Tue

**Ganesha:** Clear *Sunrise: 6:58AM*

**Muruqa:** Purple *Sunset: 5:24PM*

**Nataraja:** Clear

Moon - Blue  
**Karttika-Kartikai**

Sun 5

Moon 11 - Phase 30

1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**Tour Day**

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Dallas, TX

Sutra 219

Vikarin 5121

Kataka Rasi: 27.46 Tithi 23

748413465

**Gulika** 12:11PM - 1:29PM  
Yama 9:35AM - 10:53AM  
**Rahu** 2:47PM - 4:05PM

**Ashlesha\* Until 9:40AM**

Brahma Until 10:31AM

Balava Until 3:10PM

Ashtami\* Until 2:10AM Wed

**Ganesha:** Clear *Sunrise: 6:59AM*

**Muruqa:** Purple *Sunset: 5:23PM*

**Nataraja:** Clear

Moon - Blue  
**Karttika-Kartikai**

Sun 6

Moon 11 - Phase 30

Ashtami

Creative Work Siddha Yoga

**Sivaloka Day**

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Navamyam Titau

Dallas, TX

Sutra 220

Vikarin 5121

Simha Rasi: 11.49 Tithi 24

758413465

**Gulika** 10:54AM - 12:11PM  
Yama 8:18AM - 9:36AM  
**Rahu** 12:11PM - 1:29PM

**Magha\* Until 8:32AM**

Indra Until 7:44AM

Taitila Until 1:08PM

Navami\* Until 11:59PM

**Ganesha:** White *Sunrise: 7:00AM*

**Muruqa:** Purple *Sunset: 5:23PM*

**Nataraja:** Clear

Moon - Red  
**Karttika-Kartikai**

Sun 7

Moon 11 - Phase 30

Navami

Creative Work Siddha Yoga

Until 8:32AM

Then Creative Work - Amrita Yoga


**Subha Sivaloka Day**

|                   |             |                                       |                                   |   |                        |                                    |
|-------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|------------------------------------|
| <b>1</b>          |             | <b>Thursday, November 21, 2019</b>    |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Dashamyam Titau |                        | Dallas, TX                         |
| Simha Rasi: 26.04 | Tithi 25    | <b>Gulika</b> 9:36AM – 10:54AM        | <b>Purvaphalguni</b> Until 6:59AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:01AM | Sun 8<br>Sutra 221                 |
|                   |             | Yama 7:01AM – 8:18AM                  | Vishkambha* Until 1:29AM Fri      | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:23PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
| Creative Work     | Siddha Yoga | 758413465 <b>Rahu</b> 1:29PM – 2:47PM | Vanija Until 10:49AM              | <b>Nataraja:</b> Clear  |                        | 2nd Phase                          |
|                   |             |                                       | <b>Dashami</b> Until 9:33PM       | Moon – Red  |                        | <b>Subha Sivaloka Day</b>          |
|                   |             |                                       |                                   | <b>Karttika-Karttikai</b>   |                        |                                    |

|                                 |             |   |                               |   |                        |                                    |
|---------------------------------|-------------|---|-------------------------------|---|------------------------|------------------------------------|
| <b>2</b>                        |             | <b>Friday, November 22, 2019</b>        |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau |                        | Dallas, TX                         |
| Kanya Rasi: 10.28               | Tithi 26    | <b>Gulika</b> 8:19AM – 9:37AM           | <b>Hasta</b> Until 3:16AM Sat | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:02AM | Sun 9<br>Sutra 222                 |
|                                 |             | Yama 2:47PM – 4:05PM                    | Priti Until 10:09PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:22PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
| Creative Work                   | Amrita Yoga | 768413465 <b>Rahu</b> 10:54AM – 12:12PM | Bava Until 8:17AM             | <b>Nataraja:</b> Clear  |                        | 2nd Phase                          |
| Until 3:16AM Sat                |             |   | <b>Ekadashi*</b> Until 6:57PM | Moon – Green  |                        | <b>Sivaloka Day</b>                |
| Then Routine Work - Marana Yoga |             |   |                               | <b>Karttika-Karttikai</b>   |                        |                                    |

|                                  |               |  |                                |   |                        |                                    |
|----------------------------------|---------------|--|--------------------------------|---|------------------------|------------------------------------|
| <b>3</b>                         |               | <b>Saturday, November 23, 2019</b>     |                                | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau |                        | Dallas, TX                         |
| Kanya Rasi: 24.58                | Tithi 27 – 28 | <b>Gulika</b> 7:03AM – 8:20AM          | <b>Chitra</b> Until 1:20AM Sun | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:03AM | Sun 10<br>Sutra 223                |
|                                  |               | Yama 1:30PM – 2:47PM                   | Ayushman Until 6:45PM          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:22PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
| Routine Work                     | Marana Yoga   | 768413465 <b>Rahu</b> 9:37AM – 10:55AM | Gara Until 2:59AM Sun          | <b>Nataraja:</b> Clear  |                        | 2nd Phase                          |
| Until 1:20AM Sun                 |               |  | <b>Dvadashi*</b> Until 4:17PM  | Moon – Green  |                        | <b>Sivaloka Day</b>                |
| Then Creative Work - Siddha Yoga |               |  |                                | <b>Karttika-Karttikai</b>   |                        |                                    |
|                                  |               |  |                                | <i>Pradosha Vrata (Fasting)</i>   |                        |                                    |

|                                 |               |                                       |                                 |  |                        |                                    |
|---------------------------------|---------------|---------------------------------------|---------------------------------|--|------------------------|------------------------------------|
| <b>4</b>                        |               | <b>Sunday, November 24, 2019</b>      |                                 | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Dallas, TX                         |
| Tula Rasi: 9.28                 | Tithi 28 – 29 | <b>Gulika</b> 2:47PM – 4:04PM         | <b>Svati</b> Until 11:21PM      | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:03AM | Sun 11<br>Sutra 224                |
|                                 |               | Yama 12:12PM – 1:30PM                 | Saubhagya Until 3:25PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:22PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
| Creative Work                   | Siddha Yoga   | 769413465 <b>Rahu</b> 4:04PM – 5:22PM | Visti Until 12:26AM Mon         | <b>Nataraja:</b> Clear   |                        | 2nd Phase                          |
| Until 11:21PM                   |               |                                       | <b>Trayodashi*</b> Until 1:40PM | Moon – Green   |                        | <b>Devaloka Day</b>                |
| Then Routine Work - Marana Yoga |               |                                       |                                 | <b>Karttika-Karttikai</b>  |                        |                                    |

|   |               |                                       |                                   |  |                        |                                    |
|---|---------------|---------------------------------------|-----------------------------------|--|------------------------|------------------------------------|
|  |               | <b>Monday, November 25, 2019</b>      |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Dallas, TX                         |
| <b>Retreat Star</b>   |               | <b>Gulika</b> 1:30PM – 2:47PM         | <b>Vishakha</b> Until 9:54PM      | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:04AM | Sun 12<br>Sutra 225                |
| Tula Rasi: 23.53  | Tithi 29 – 30 | Yama 10:56AM – 12:13PM                | Sobhana Until 12:15PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:21PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
| <b>Family Home Evening</b>  |               | 779413465 <b>Rahu</b> 8:21AM – 9:39AM | Catuspada Until 10:09PM           | <b>Nataraja:</b> Clear   |                        | Amavasya                           |
| Routine Work  | Marana Yoga   |                                       | <b>Chaturdashi*</b> Until 11:14AM | Moon – Orange  |                        | <b>Devaloka Day</b>                |
| Until 9:54PM  |               |                                       |                                   | <b>Karttika-Karttikai</b>  |                        |                                    |
| Then Creative Work - Siddha Yoga  |               |                                       |                                   |  |                        |                                    |

|                                 |              |                                       |                               |  |                        |                                    |
|---------------------------------|--------------|---------------------------------------|-------------------------------|--|------------------------|------------------------------------|
| <b>Retreat Star</b>             |              | <b>Tuesday, November 26, 2019</b>     |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Dallas, TX                         |
| <b>Retreat Star</b>             |              | <b>Gulika</b> 12:13PM – 1:30PM        | <b>Anuradha</b> Until 8:42PM  | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:05AM | Sun 13<br>Sutra 226                |
| Vrischika Rasi: 8.05            | Tithi 30 – 1 | Yama 9:39AM – 10:56AM                 | Athiganda* Until 9:20AM       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:21PM  | Vikarin 5121<br>Moon 11 - Phase 31 |
|                                 |              | 779413465 <b>Rahu</b> 2:47PM – 4:04PM | Kintughna Until 8:16PM        | <b>Nataraja:</b> Clear   |                        | Prathama                           |
| Creative Work                   | Siddha Yoga  |                                       | <b>Amavasya*</b> Until 9:08AM | Moon – Orange  |                        | <b>Devaloka Day</b>                |
| Until 8:42PM                    |              |                                       |                               | <b>Margasira-Karttikai</b>   |                        |                                    |
| Then Routine Work - Marana Yoga |              |                                       |                               |  |                        |                                    |

|                                 |             |  |                               |  |                        |   |
|---------------------------------|-------------|--|-------------------------------|--|------------------------|---|
| <b>1</b>                        |             | <b>Wednesday, November 27, 2019</b>    |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Dallas, TX<br>Sutra 227<br>Vikarin 5121 |
| Wrischika Rasi: 22.01           | Tithi 1 – 2 | <b>Gulika</b> 10:57AM – 12:13PM        | <b>Jyeshtha* Until 7:53PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:06AM | Sun 14                                  |
|                                 |             | Yama 8:23AM – 9:40AM                   | Sukarma Until 6:49AM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:21PM  | Moon 11 - Phase 32                      |
|                                 |             | 779413465 <b>Rahu</b> 12:13PM – 1:30PM | Balava Until 6:55PM           | <b>Nataraja:</b> Clear   |                        | 3rd Phase                               |
| Creative Work                   | Siddha Yoga |  | <b>Prathama* Until 7:30AM</b> | Moon – Orange  |                        | <b>Devaloka Day</b>                     |
| Until 7:53PM                    |             |  |                               | <b>Margasira-Karttikai</b>   |                        |   |
| Then Routine Work - Marana Yoga |             |  |                               |  |                        |   |

|                   |             |                                       |                             |  |                        |   |
|-------------------|-------------|---------------------------------------|-----------------------------|--|------------------------|---|
| <b>2</b>          |             | <b>Thursday, November 28, 2019</b>    |                             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau |                        | Dallas, TX<br>Sutra 228<br>Vikarin 5121 |
| Dhanus Rasi: 5.34 | Tithi 2 – 3 | <b>Gulika</b> 9:40AM – 10:57AM        | <b>Mula* Until 8:02PM</b>   | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:07AM | Sun 15                                  |
|                   |             | Yama 7:07AM – 8:24AM                  | Shula* Until 3:16AM Fri     | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:21PM  | Moon 11 - Phase 32                      |
|                   |             | 789413465 <b>Rahu</b> 1:30PM – 2:47PM | Taitila Until 6:15PM        | <b>Nataraja:</b> Clear   |                        | 3rd Phase                               |
| Creative Work     | Siddha Yoga |                                       | <b>Dvitiya Until 6:29AM</b> | Moon – Light Blue  |                        | <b>Devaloka Day</b>                     |
|                   |             |                                       |                             | <b>Margasira-Karttikai</b>   |                        |   |

|                                 |                    |   |                                  |   |                        |   |
|---------------------------------|--------------------|---|----------------------------------|---|------------------------|---|
| <b>3</b>                        |                    | <b>Friday, November 29, 2019</b>        |                                  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau |                        | Dallas, TX<br>Sutra 229<br>Vikarin 5121 |
| Dhanus Rasi: 18.45              | Tithi 3 – 4        | <b>Gulika</b> 8:24AM – 9:41AM           | <b>Purvashadha* Until 8:45PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:08AM | Sun 16                                  |
|                                 |                    | Yama 2:47PM – 4:04PM                    | Ganda* Until 2:21AM Sat          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
|                                 |                    | 789413465 <b>Rahu</b> 10:58AM – 12:14PM | Vanija Until 6:19PM              | <b>Nataraja:</b> Clear  |                        | 3rd Phase                               |
| Routine Work                    | Prabalarishta Yoga |   | <b>Tritiya Until 6:10AM</b>      | Moon – Light Blue   |                        | <b>Devaloka Day</b>                     |
| Until 8:45PM                    |                    |   |                                  | <b>Margasira-Karttikai</b>  |                        |   |
| Then Routine Work - Marana Yoga |                    |   |                                  |   |                        |   |

|                                  |             |  |                                   |   |                        |   |
|----------------------------------|-------------|--|-----------------------------------|---|------------------------|---|
| <b>4</b>                         |             | <b>Saturday, November 30, 2019</b>     |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturchi/Panchamyam Titau |                        | Dallas, TX<br>Sutra 230<br>Vikarin 5121 |
| Makara Rasi: 1.33                | Tithi 4 – 5 | <b>Gulika</b> 7:09AM – 8:25AM          | <b>Uttarashadha Until 10:01PM</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:09AM | Sun 17                                  |
|                                  |             | Yama 1:31PM – 2:47PM                   | Vriddhi Until 2:01AM Sun          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
|                                  |             | 789413465 <b>Rahu</b> 9:42AM – 10:58AM | Bava Until 7:08PM                 | <b>Nataraja:</b> Clear  |                        | 3rd Phase                               |
| Routine Work                     | Marana Yoga |  | <b>Chaturchi* Until 6:37AM</b>    | Moon – Light Blue   |                        | <b>Devaloka Day</b>                     |
| Until 10:01PM                    |             |  |                                   | <b>Margasira-Karttikai</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |  |                                   |   |                        |   |

|                                  |             |                                       |                                   |  |                        |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| <b>5</b>                         |             | <b>Sunday, December 1, 2019</b>       |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Dallas, TX<br>Sutra 231<br>Vikarin 5121 |
| Makara Rasi: 14.01               | Tithi 5 – 6 | <b>Gulika</b> 2:48PM – 4:04PM         | <b>Shravana Until 12:16AM Mon</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:09AM | Sun 18                                  |
|                                  |             | Yama 12:15PM – 1:31PM                 | Dhruva Until 2:09AM Mon           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
|                                  |             | 799413465 <b>Rahu</b> 4:04PM – 5:20PM | Kaulava Until 8:39PM              | <b>Nataraja:</b> Clear   |                        | 3rd Phase                               |
| Creative Work                    | Amrita Yoga |                                       | <b>Panchami Until 7:47AM</b>      | Moon – Purple  |                        | <b>Sivaloka Day</b>                     |
| Until 12:16AM Mon                |             |                                       |                                   | <b>Margasira-Karttikai</b>   |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |                                   |  |                        |   |

|                                 |             |                                       |                                    |   |                        |   |
|---------------------------------|-------------|---------------------------------------|------------------------------------|---|------------------------|---|
| <b>6</b>                        |             | <b>Monday, December 2, 2019</b>       |                                    | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau |                        | Dallas, TX<br>Sutra 232<br>Vikarin 5121 |
| Makara Rasi: 26.13              | Tithi 6 – 7 | <b>Gulika</b> 1:31PM – 2:48PM         | <b>Dhanishtha Until 2:51AM Tue</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:10AM | Sun 19                                  |
| <b>Family Home Evening</b>      |             | Yama 10:59AM – 12:15PM                | Vyaghata* Until 2:41AM Tue         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
| Creative Work                   | Siddha Yoga | 791413465 <b>Rahu</b> 8:27AM – 9:43AM | Gara Until 10:42PM                 | <b>Nataraja:</b> Clear  |                        | 3rd Phase                               |
| Until 2:51AM Tue                |             |                                       | <b>Shashthi* Until 9:35AM</b>      | Moon – Purple   |                        | <b>Sivaloka Day</b>                     |
| Then Routine Work - Marana Yoga |             |                                       |                                    | <b>Margasira-Karttikai</b>  |                        |   |

|                                  |             |                                       |                                      |   |                        |   |
|----------------------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---|
| <b>Retreat Star</b>              |             | <b>Tuesday, December 3, 2019</b>      |                                      | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Dallas, TX<br>Sutra 233<br>Vikarin 5121 |
| Kumbha Rasi: 8.13                | Tithi 7 – 8 | <b>Gulika</b> 12:16PM – 1:32PM        | <b>Shatabhishak Until 5:33AM Wed</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:11AM | Sun 20                                  |
|                                  |             | Yama 9:43AM – 11:00AM                 | Harshana Until 3:27AM Wed            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
|                                  |             | 791413465 <b>Rahu</b> 2:48PM – 4:04PM | Visti Until 1:05AM Wed               | <b>Nataraja:</b> Clear  |                        | Ashtami                                 |
| Routine Work                     | Marana Yoga |                                       | <b>Saptami Until 11:51AM</b>         | Moon – Purple   |                        | <b>Sivaloka Day</b>                     |
| Until 5:33AM Wed                 |             |                                       |                                      | <b>Margasira-Karttikai</b>  |                        |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                      |   |                        |   |

|                                  |             |  |   |   |                        |   |
|----------------------------------|-------------|--|---|---|------------------------|---|
| <b>Retreat Star</b>              |             | <b>Wednesday, December 4, 2019</b>     |   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Dallas, TX<br>Sutra 234<br>Vikarin 5121 |
| Kumbha Rasi: 20.08               | Tithi 8 – 9 | <b>Gulika</b> 11:00AM – 12:16PM        | <b>Purvaproshtapada* Until 8:39AM Thu</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:12AM | Sun 21                                  |
|                                  |             | Yama 8:28AM – 9:44AM                   | Vajra* Until 4:15AM Thu                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  | Moon 11 - Phase 32                      |
|                                  |             | 711413465 <b>Rahu</b> 12:16PM – 1:32PM | Balava Until 3:36AM Thu                   | <b>Nataraja:</b> Clear  |                        | Navami                                  |
| Creative Work                    | Amrita Yoga |  | <b>Ashtami* Until 2:19PM</b>              | Moon – Clear  |                        | <b>Sivaloka Day</b>                     |
| Until 8:39AM Thu                 |             |  |   | <b>Margasira-Karttikai</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |  |   |   |                        |   |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

|                  |              |                                       |                                       |   |                        |  |                     |   |
|------------------|--------------|---------------------------------------|---------------------------------------|---|------------------------|--|---------------------|---|
| <b>1</b>         |              | <b>Thursday, December 5, 2019</b>     |                                       | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        |  |                     | Dallas, TX<br>Sutra 235<br>Vikarin 5121 |
| Meena Rasi: 2.01 | Tithi 9 – 10 | <b>Gulika</b> 9:45AM – 11:01AM        | <b>Purvaproshtapada* Until 8:39AM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:13AM |  | Sun 22              |   |
|                  |              | Yama 7:13AM – 8:29AM                  | Siddhi Until 4:59AM Fri               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  |  |                     | Moon 11 - Phase 33                      |
|                  |              | 711413465 <b>Rahu</b> 1:32PM – 2:48PM | Taitila Until 6:00AM Fri              | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work    | Siddha Yoga  |                                       | <b>Navami* Until 4:48PM</b>           | Moon – Clear  |                        |  | <b>Sivaloka Day</b> |   |
|                  |              |                                       |                                       | <b>Margasira-Karttikai</b>  |                        |  |                     |   |

|                   |             |   |  |  |                        |  |                     |   |
|-------------------|-------------|---|--|--|------------------------|--|---------------------|---|
| <b>2</b>          |             | <b>Friday, December 6, 2019</b>         |  | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau |                        |  |                     | Dallas, TX<br>Sutra 236<br>Vikarin 5121 |
| Meena Rasi: 13.56 | Tithi 10    | <b>Gulika</b> 8:29AM – 9:45AM           | <b>Uttaraproshtapada Until 11:27AM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:14AM |  | Sun 23              |   |
|                   |             | Yama 2:49PM – 4:04PM                    | Vyatipata* Until 5:31AM Sat            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:20PM  |  |                     | Moon 11 - Phase 33                      |
|                   |             | 711413465 <b>Rahu</b> 11:01AM – 12:17PM | Taitila Until 6:00AM                   | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase                               |
| Creative Work     | Siddha Yoga |   | <b>Dashami Until 7:05PM</b>            | Moon – Clear   |                        |  | <b>Sivaloka Day</b> |   |
|                   |             |   |  | <b>Margasira-Karttikai</b>   |                        |  |                     |   |

|                                  |                    |  |                              |  |                        |  |                           |   |
|----------------------------------|--------------------|--|------------------------------|--|------------------------|--|---------------------------|---|
| <b>3</b>                         |                    | <b>Saturday, December 7, 2019</b>      |                              | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Varyan Yoga Vanija/Visti* Karana Ekadashyam Titau |                        |  |                           | Dallas, TX<br>Sutra 237<br>Vikarin 5121 |
| Meena Rasi: 25.58                | Tithi 11           | <b>Gulika</b> 7:14AM – 8:30AM          | <b>Revati Until 1:46PM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:14AM |  | Sun 24                    |   |
|                                  |                    | Yama 1:33PM – 2:49PM                   | Variyan Until 5:43AM Sun     | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:20PM  |  |                           | Moon 11 - Phase 33                      |
|                                  |                    | 711513465 <b>Rahu</b> 9:46AM – 11:02AM | Vanija Until 8:07AM          | <b>Nataraja:</b> Clear   |                        |  |                           | 4th Phase                               |
| Routine Work                     | Prabalarishta Yoga |  | <b>Ekadashi Until 8:59PM</b> | Moon – Clear   |                        |  | <b>Subha Sivaloka Day</b> |   |
| Until 1:46PM                     |                    | <b>Gita Jayanthi</b>                   |                              | <b>Margasira-Karttikai</b>   |                        |  |                           |   |
| Then Creative Work - Siddha Yoga |                    |  |                              |  |                        |  |                           |   |

|  |             |                                       |                               |   |                        |  |                     |   |
|--|-------------|---------------------------------------|-------------------------------|---|------------------------|--|---------------------|---|
| <b>4</b>                               |             | <b>Sunday, December 8, 2019</b>       |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau |                        |  |                     | Dallas, TX<br>Sutra 238<br>Vikarin 5121 |
| Mesha Rasi: 8.11                       | Tithi 12    | <b>Gulika</b> 2:49PM – 4:05PM         | <b>Ashvini Until 3:59PM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:15AM |  | Sun 25              |   |
|  |             | Yama 12:18PM – 1:33PM                 | Parigha* Until 5:31AM Mon     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:20PM  |  |                     | Moon 11 - Phase 33                      |
|  |             | 721513465 <b>Rahu</b> 4:05PM – 5:20PM | Bava Until 9:47AM             | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work                          | Siddha Yoga |                                       | <b>Dvadashi Until 10:24PM</b> | Moon – White  |                        |  | <b>Sivaloka Day</b> |   |
| Until 3:59PM                           |             |                                       |                               | <b>Margasira-Karttikai</b>  |                        |  |                     |   |
| Then Routine Work - Prabalarishta Yoga |             |                                       |                               |   |                        |  |                     |   |

|                                 |             |                                       |                                 |  |                        |  |                     |   |
|---------------------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|--|---------------------|---|
| <b>5</b>                        |             | <b>Monday, December 9, 2019</b>       |                                 | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        |  |                     | Dallas, TX<br>Sutra 239<br>Vikarin 5121 |
| Mesha Rasi: 20.37               | Tithi 13    | <b>Gulika</b> 1:34PM – 2:49PM         | <b>Bharani Until 5:30PM</b>     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:16AM |  | Sun 26              |   |
| <b>Family Home Evening</b>      |             | Yama 11:03AM – 12:18PM                | Shiva Until 4:54AM Tue          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:21PM  |  |                     | Moon 11 - Phase 33                      |
|                                 |             | 721513465 <b>Rahu</b> 8:31AM – 9:47AM | Kaulava Until 10:55AM           | <b>Nataraja:</b> Clear   |                        |  |                     | 4th Phase                               |
| Creative Work                   | Siddha Yoga |                                       | <b>Trayodashi Until 11:15PM</b> | Moon – White   |                        |  | <b>Sivaloka Day</b> |   |
| Until 5:30PM                    |             |                                       |                                 | <b>Margasira-Karttikai</b>   |                        |  |                     |   |
| Then Routine Work - Marana Yoga |             |                                       |                                 |  |                        |  |                     |   |

|                                  |             |                                       |                                   |   |                        |  |                     |   |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|---|------------------------|--|---------------------|---|
| <b>6</b>                         |             | <b>Tuesday, December 10, 2019</b>     |                                   | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau |                        |  |                     | Dallas, TX<br>Sutra 240<br>Vikarin 5121 |
| Vrishabha Rasi: 3.17             | Tithi 14    | <b>Gulika</b> 12:19PM – 1:34PM        | <b>Krittika Until 6:18PM</b>      | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:17AM |  | Sun 27              |   |
|                                  |             | Yama 9:48AM – 11:03AM                 | Siddha Until 3:49AM Wed           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:21PM  |  |                     | Moon 11 - Phase 33                      |
|                                  |             | 721513465 <b>Rahu</b> 2:50PM – 4:05PM | Gara Until 11:29AM                | <b>Nataraja:</b> Clear  |                        |  |                     | 4th Phase                               |
| Creative Work                    | Siddha Yoga |                                       | <b>Chaturdashi* Until 11:31PM</b> | Moon – White  |                        |  | <b>Sivaloka Day</b> | <b>Tour Day</b>                         |
| Until 6:18PM                     |             | <b>Krittika Deepam</b>                |                                   | <b>Margasira-Karttikai</b>  |                        |  |                     |   |
| Then Creative Work - Amrita Yoga |             |                                       |                                   |   |                        |  |                     |   |

|                            |             |  |                               |  |                        |  |                     |   |
|----------------------------|-------------|--|-------------------------------|--|------------------------|--|---------------------|---|
| <b>○</b>                   |             | <b>Wednesday, December 11, 2019</b>    |                               | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau |                        |  |                     | Dallas, TX<br>Sutra 241<br>Vikarin 5121 |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 11:04AM – 12:19PM        | <b>Rohini Until 6:52PM</b>    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:17AM |  | Sun 28              |   |
| Vrishabha Rasi: 16.15      | Tithi 15    | Yama 8:33AM – 9:48AM                   | Sadhya Until 2:20AM Thu       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:21PM  |  |                     | Moon 11 - Phase 33                      |
|                            |             | 731523465 <b>Rahu</b> 12:19PM – 1:35PM | Visti Until 11:28AM           | <b>Nataraja:</b> Clear   |                        |  |                     | Purnima                                 |
| Creative Work              | Siddha Yoga |  | <b>Purnima* Until 11:14PM</b> | Moon – Yellow  |                        |  | <b>Sivaloka Day</b> |   |
|                            |             |  |                               | <b>Margasira-Karttikai</b>   |                        |  |                     |   |

|                                    |             |  |                                |                            |                        |   |                     |                    |
|------------------------------------|-------------|--|--------------------------------|----------------------------|------------------------|---|---------------------|--------------------|
| <b>Thursday, December 12, 2019</b> |             | Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau |                                |                            |                        | Dallas, TX<br>Sutra 242<br>Vikarin 5121 |                     |                    |
| <b>Silver Retreat Star</b>         |             | <b>Gulika</b> 9:49AM – 11:04AM   | <b>Mrigashira Until 6:48PM</b> | <b>Ganesha:</b> Clear      | <i>Sunrise:</i> 7:18AM |   | Sun 29              |                    |
| Vrishabha Rasi: 29.29              | Tithi 16    | Yama 7:18AM – 8:33AM   | Subha Until 12:28AM Fri        | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:21PM  |   |                     | Moon 11 - Phase 33 |
|                                    |             | 732523465 <b>Rahu</b> 1:35PM – 2:50PM  | Balava Until 10:55AM           | <b>Nataraja:</b> Clear     |                        |   |                     | Prathama           |
| Routine Work                       | Marana Yoga |  | <b>Prathama* Until 10:27PM</b> | Moon – Yellow              |                        |   | <b>Devaloka Day</b> |                    |
|                                    |             |  |                                | <b>Margasira-Karttikai</b> |                        |   |                     |                    |

Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Dallas, TX  
Sutra 243  
Sun 1  
Vikarin 5121

Mithuna Rasi: 12.59 Tithi 17

732523465

**Gulika** 8:34AM – 9:49AM  
**Yama** 2:51PM – 4:06PM  
**Rahu** 11:05AM – 12:20PM

**Ardra Until 6:09PM**  
Sukla Until 10:15PM  
Taitila Until 9:56AM  
**Dvitiya Until 9:16PM**

**Ganesha:** Clear *Sunrise: 7:19AM*

**Muruqa:** Clear *Sunset: 5:21PM*

**Nataraja:** Clear

Moon – Yellow

**Devaloka Day**

**Margasira-Karttikai**

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Vanija/Visli\* Karana Tritiyayam Titau

Dallas, TX  
Sutra 244  
Sun 2  
Vikarin 5121

Mithuna Rasi: 26.42 Tithi 18

742523465

**Gulika** 7:19AM – 8:35AM  
**Yama** 1:36PM – 2:51PM  
**Rahu** 9:50AM – 11:05AM

**Punarvasu Until 5:29PM**  
Brahma Until 7:49PM  
Vanija Until 8:34AM  
**Tritiya Until 7:45PM**

**Ganesha:** Purple *Sunrise: 7:19AM*

**Muruqa:** Clear *Sunset: 5:22PM*

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Chaturthyam Titau

Dallas, TX  
Sutra 245  
Sun 3  
Vikarin 5121

Kataka Rasi: 10.35 Tithi 19

742523465

**Gulika** 2:52PM – 4:07PM  
**Yama** 12:21PM – 1:36PM  
**Rahu** 4:07PM – 5:22PM

**Pushya Until 4:25PM**  
Indra Until 5:11PM  
Bava Until 6:55AM  
**Chaturthi\* Until 6:00PM**

**Ganesha:** Purple *Sunrise: 7:20AM*

**Muruqa:** Clear *Sunset: 5:22PM*

**Nataraja:** Clear

Moon – Blue

**Bhuloka Day**

**Margasira-Karttikai**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dallas, TX  
Sutra 246  
Sun 4  
Vikarin 5121

Kataka Rasi: 24.36 Tithi 20 – 21

842523465

**Gulika** 1:37PM – 2:52PM  
**Yama** 11:06AM – 12:22PM  
**Rahu** 8:36AM – 9:51AM

**Ashlesha\* Until 3:02PM**  
Vaidhriti\* Until 2:24PM  
Gara Until 3:06AM Tue  
**Panchami Until 4:04PM**

**Ganesha:** Clear *Sunrise: 7:21AM*

**Muruqa:** Clear *Sunset: 5:22PM*

**Nataraja:** Clear

Moon – Blue

**Devaloka Day**

**Margasira-Markali**

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Vanija/Visli\* Karana Shashthi/Saptamyam Titau

Dallas, TX  
Sutra 247  
Sun 5  
Vikarin 5121

Simha Rasi: 8.42 Tithi 21 – 22

852523465

**Gulika** 12:22PM – 1:37PM  
**Yama** 9:52AM – 11:07AM  
**Rahu** 2:52PM – 4:08PM

**Magha\* Until 1:50PM**  
Vishkambha\* Until 11:33AM  
Visti Until 1:02AM Wed  
**Shashthi\* Until 2:03PM**

**Ganesha:** Purple *Sunrise: 7:21AM*

**Muruqa:** Clear *Sunset: 5:23PM*

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Dallas, TX  
Sutra 248  
Sun 6  
Vikarin 5121

Simha Rasi: 22.51 Tithi 22 – 23

852523465

**Gulika** 11:07AM – 12:23PM  
**Yama** 8:37AM – 9:52AM  
**Rahu** 12:23PM – 1:38PM

**Purvaphalguni Until 12:27PM**  
Priti Until 8:40AM  
Balava Until 10:57PM  
**Saptami Until 11:59AM**

**Ganesha:** Purple *Sunrise: 7:22AM*

**Muruqa:** Clear *Sunset: 5:23PM*

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dallas, TX  
Sutra 249  
Sun 7  
Vikarin 5121

Kanya Rasi: 7.01 Tithi 23 – 24

852523465

**Gulika** 9:53AM – 11:08AM  
**Yama** 7:22AM – 8:38AM  
**Rahu** 1:38PM – 2:53PM

**Uttaraphalguni Until 10:55AM**  
Saubhagya Until 2:50AM Fri  
Taitila Until 8:53PM  
**Ashtami\* Until 9:54AM**

**Ganesha:** Purple *Sunrise: 7:22AM*

**Muruqa:** Clear *Sunset: 5:24PM*

**Nataraja:** Clear

Moon – Red

**Bhuloka Day**

**Margasira-Markali**

Devaloka Time: 3:PM to 6:PM

Until 10:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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|   |               |                                     |  |   |   |  |
|---|---------------|-------------------------------------|--|---|---|--|
| <b>1</b>  |               | <b>Friday, December 20, 2019</b>    |  | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashmyam Titau      |   | Dallas, TX<br>Sutra 250<br>Vikarin 5121  |
| Kanya Rasi: 21.09   | Tithi 24 – 25 | 862523465                           | <b>Gulika</b> 8:38AM – 9:53AM<br><b>Yama</b> 2:54PM – 4:09PM<br><b>Rahu</b> 11:08AM – 12:24PM  | <b>Hasta</b> <b>Until 9:41AM</b><br>Sobhana <b>Until 11:59PM</b><br>Vanija <b>Until 6:51PM</b><br><b>Navami* Until 7:50AM</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 7:23AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:24PM</i><br><b>Nataraja:</b> Clear<br>Moon – Green        | Sun 8<br>Moon 12 - Phase 35<br>2nd Phase<br><b>Devaloka Day</b>                                |
| Creative Work Amrita Yoga<br>Until 9:41AM<br>Then Creative Work - Siddha Yoga                       |               |                                     |  |   |   |  |
| <b>2</b>  |               | <b>Saturday, December 21, 2019</b>  |  | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau        |   | Dallas, TX<br>Sutra 251<br>Vikarin 5121  |
| Tula Rasi: 5.16   | Tithi 26      | 862523465                           | <b>Gulika</b> 7:24AM – 8:39AM<br><b>Yama</b> 1:39PM – 2:54PM<br><b>Rahu</b> 9:54AM – 11:09AM   | <b>Chitra</b> <b>Until 8:22AM</b><br>Athiganda* <b>Until 9:12PM</b><br>Bava <b>Until 4:54PM</b><br><b>Ekadashi* Until 3:58AM Sun</b>  | <b>Ganesha:</b> Clear <i>Sunrise: 7:24AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:25PM</i><br><b>Nataraja:</b> Clear<br>Moon – Green        | Sun 9<br>Moon 12 - Phase 35<br>2nd Phase<br><b>Devaloka Day</b>                                |
| Routine Work Marana Yoga<br>Until 8:22AM<br>Then Creative Work - Siddha Yoga                        |               | Day 1 of Pancha Ganapati            |  | Margasira*Markali   |   |  |
| <b>3</b>  |               | <b>Sunday, December 22, 2019</b>    |  | Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau     |   | Dallas, TX<br>Sutra 252<br>Vikarin 5121  |
| Tula Rasi: 19.17  | Tithi 27      | 862523465                           | <b>Gulika</b> 2:55PM – 4:10PM<br><b>Yama</b> 12:25PM – 1:40PM<br><b>Rahu</b> 4:10PM – 5:25PM   | <b>Svati</b> <b>Until 7:03AM</b><br>Sukarma <b>Until 6:33PM</b><br>Kaulava <b>Until 3:07PM</b><br><b>Dvadashi* Until 2:17AM Mon</b>   | <b>Ganesha:</b> Clear <i>Sunrise: 7:24AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:25PM</i><br><b>Nataraja:</b> Clear<br>Moon – Green        | Sun 10<br>Moon 12 - Phase 35<br>2nd Phase<br><b>Devaloka Day</b>                               |
| Creative Work Siddha Yoga<br>Until 7:03AM<br>Then Routine Work - Marana Yoga                        |               | Day 2 of Pancha Ganapati            |  | Margasira*Markali   |   |  |
| <b>4</b>  |               | <b>Monday, December 23, 2019</b>    |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau |   | Dallas, TX<br>Sutra 253<br>Vikarin 5121  |
| Vrischika Rasi: 3.12  | Tithi 28      | 872523465                           | <b>Gulika</b> 1:40PM – 2:55PM<br><b>Yama</b> 11:10AM – 12:25PM<br><b>Rahu</b> 8:40AM – 9:55AM  | <b>Vishakha</b> <b>Until 6:13AM</b><br>Dhriti <b>Until 4:07PM</b><br>Gara <b>Until 1:34PM</b><br><b>Trayodashi* Until 12:52AM Tue</b>   | <b>Ganesha:</b> White <i>Sunrise: 7:24AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:26PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange       | Sun 11<br>Moon 12 - Phase 35<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Family Home Evening<br>Routine Work Marana Yoga<br>Until 6:13AM<br>Then Creative Work - Siddha Yoga |               | Day 3 of Pancha Ganapati            |  | Margasira*Markali<br><i>Pradosha Vrata (Fasting)</i>  |   |  |
| <b>5</b>  |               | <b>Tuesday, December 24, 2019</b>   |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau  |   | Dallas, TX<br>Sutra 254<br>Vikarin 5121  |
| Vrischika Rasi: 16.56   | Tithi 29      | 872523465                           | <b>Gulika</b> 12:26PM – 1:41PM<br><b>Yama</b> 9:55AM – 11:10AM<br><b>Rahu</b> 2:56PM – 4:11PM  | <b>Jyeshtha*</b> <b>Until 5:02AM Wed</b><br>Shula* <b>Until 1:54PM</b><br>Visti <b>Until 12:19PM</b><br><b>Chaturdashi* Until 11:49PM</b>   | <b>Ganesha:</b> White <i>Sunrise: 7:25AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:26PM</i><br><b>Nataraja:</b> Clear<br>Moon – Orange       | Sun 12<br>Moon 12 - Phase 35<br>2nd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Routine Work Marana Yoga  |               | Day 4 of Pancha Ganapati            |  | Margasira*Markali   |   |  |
| <b>Retreat Star</b>   |               | <b>Wednesday, December 25, 2019</b> |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau       |   | Dallas, TX<br>Sutra 255<br>Vikarin 5121  |
| Dhanus Rasi: 0.26   | Tithi 30      | 883523465                           | <b>Gulika</b> 11:11AM – 12:26PM<br><b>Yama</b> 8:41AM – 9:56AM<br><b>Rahu</b> 12:26PM – 1:41PM | <b>Mula*</b> <b>Until 5:19AM Thu</b><br>Ganda* <b>Until 12:02PM</b><br>Catuspada <b>Until 11:29AM</b><br><b>Amavasya* Until 11:14PM</b>   | <b>Ganesha:</b> Orange <i>Sunrise: 7:25AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:27PM</i><br><b>Nataraja:</b> Clear<br>Moon – Light Blue  | Sun 13<br>Moon 12 - Phase 35<br>Amavasya<br><b>Devaloka Day</b>                                |
| Routine Work Marana Yoga<br>Until 5:19AM Thu<br>Then Creative Work - Siddha Yoga                    |               | Day 5 of Pancha Ganapati            |  | Margasira*Markali   |   |  |
| <b>Retreat Star</b>   |               | <b>Thursday, December 26, 2019</b>  |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau    |   | Dallas, TX<br>Sutra 256<br>Vikarin 5121  |
| Dhanus Rasi: 13.41  | Tithi 1       | 883523466                           | <b>Gulika</b> 9:56AM – 11:11AM<br><b>Yama</b> 7:26AM – 8:41AM<br><b>Rahu</b> 1:42PM – 2:57PM   | <b>Purvashadha*</b> <b>Until 6:00AM Fri</b><br>Vridhhi <b>Until 10:34AM</b><br>Kintughna <b>Until 11:09AM</b><br><b>Prathama* Until 11:10PM</b>                                       | <b>Ganesha:</b> Orange <i>Sunrise: 7:26AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:27PM</i><br><b>Nataraja:</b> Orange<br>Moon – Light Blue | Sun 14<br>Moon 12 - Phase 35<br>Prathama<br><b>Devaloka Day</b>                                |
| Creative Work Siddha Yoga<br>Until 6:00AM Fri<br>Then Routine Work - Marana Yoga                    |               | Annular Solar Eclipse               |  | Pausha*Markali  |   |  |

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| <b>1</b>          |             | <b>Friday, December 27, 2019</b> |                          | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau |                         |                        |                     | Dallas, TX   |
| Dhanus Rasi: 26.4 | Tithi 2     | <b>Gulika</b>                    | <b>8:41AM – 9:57AM</b>   | <b>Purvashadha* Until 6:00AM</b>   | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:26AM | Sun 15              | Sutra 257    |
|                   |             | Yama                             | 2:58PM – 4:13PM          | Dhruva Until 9:31AM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:28PM  |                     | Vikarin 5121 |
|                   |             | 883523466 <b>Rahu</b>            | <b>11:12AM – 12:27PM</b> | Balava Until 11:22AM   | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36  | 3rd Phase    |
| Routine Work      | Marana Yoga |                                  |                          | <b>Dvitiya Until 11:42PM</b>   | Moon – Light Blue       |                        | <b>Devaloka Day</b> |              |
|                   |             |                                  |                          |  | <b>Pausha-Markali</b>   |                        |                     |              |

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| <b>2</b>                         |             | <b>Saturday, December 28, 2019</b> |                         | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau |                         |                        |                     | Dallas, TX   |
| Makara Rasi: 9.21                | Tithi 3     | <b>Gulika</b>                      | <b>7:27AM – 8:42AM</b>  | <b>Uttarashadha Until 7:04AM</b>   | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:27AM | Sun 16              | Sutra 258    |
|                                  |             | Yama                               | 1:43PM – 2:58PM         | Vyaghata* Until 8:56AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:29PM  |                     | Vikarin 5121 |
|                                  |             | 883523466 <b>Rahu</b>              | <b>9:57AM – 11:12AM</b> | Taitila Until 12:12PM  | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36  | 3rd Phase    |
| Routine Work                     | Marana Yoga |                                    |                         | <b>Tritiya Until 12:49AM Sun</b>   | Moon – Light Blue       |                        | <b>Devaloka Day</b> |              |
| Until 7:04AM                     |             |                                    |                         |  | <b>Pausha-Markali</b>   |                        |                     |              |
| Then Creative Work - Siddha Yoga |             |                                    |                         |  |                         |                        |                     |              |

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| <b>3</b>                        |             | <b>Sunday, December 29, 2019</b> |                        | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau |                         |                        |                     | Dallas, TX   |
| Makara Rasi: 21.46              | Tithi 4     | <b>Gulika</b>                    | <b>2:59PM – 4:14PM</b> | <b>Shravana Until 9:02AM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:27AM | Sun 17              | Sutra 259    |
|                                 |             | Yama                             | 12:28PM – 1:43PM       | Harshana Until 8:48AM  | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:29PM  |                     | Vikarin 5121 |
|                                 |             | 893523466 <b>Rahu</b>            | <b>4:14PM – 5:29PM</b> | Vanija Until 1:37PM  | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36  | 3rd Phase    |
| Creative Work                   | Amrita Yoga |                                  |                        | <b>Chaturthi* Until 2:29AM Mon</b>   | Moon – Purple           |                        | <b>Devaloka Day</b> |              |
| Until 9:02AM                    |             |                                  |                        |  | <b>Pausha-Markali</b>   |                        |                     |              |
| Then Routine Work - Marana Yoga |             |                                  |                        |  |                         |                        |                     |              |

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| <b>4</b>                   |             | <b>Monday, December 30, 2019</b> |                        | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau |                         |                        |                     | Dallas, TX   |
| Kumbha Rasi: 3.58          | Tithi 5     | <b>Gulika</b>                    | <b>1:44PM – 2:59PM</b> | <b>Dhanishtha Until 11:20AM</b>   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:27AM | Sun 18              | Sutra 260    |
| <b>Family Home Evening</b> |             | Yama                             | 11:13AM – 12:29PM      | Vajra* Until 9:03AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:30PM  |                     | Vikarin 5121 |
|                            |             | 893523466 <b>Rahu</b>            | <b>8:42AM – 9:58AM</b> | Bava Until 3:31PM   | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36  | 3rd Phase    |
| Creative Work              | Siddha Yoga |                                  |                        | <b>Panchami Until 4:36AM Tue</b>  | Moon – Purple           |                        | <b>Devaloka Day</b> |              |
|                            |             |                                  |                        |   | <b>Pausha-Markali</b>   |                        |                     |              |

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| <b>5</b>        |             | <b>Tuesday, December 31, 2019</b> |                         | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau |                         |                        |                     | Dallas, TX   |
| Kumbha Rasi: 16 | Tithi 6     | <b>Gulika</b>                     | <b>12:29PM – 1:44PM</b> | <b>Shatabhishak Until 1:50PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:27AM | Sun 19              | Sutra 261    |
|                 |             | Yama                              | 9:58AM – 11:14AM        | Siddhi Until 9:36AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:31PM  |                     | Vikarin 5121 |
|                 |             | 893523466 <b>Rahu</b>             | <b>3:00PM – 4:15PM</b>  | Kaulava Until 5:48PM  | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36  | 3rd Phase    |
| Routine Work    | Marana Yoga |                                   |                         | <b>Shashthi* Until 7:01AM Wed</b>   | Moon – Purple           |                        | <b>Devaloka Day</b> |              |
|                 |             |                                   |                         |   | <b>Pausha-Markali</b>   |                        |                     |              |

|                                  |             |                                   |                          |  |                         |                        |                             |              |
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| <b>6</b>                         |             | <b>Wednesday, January 1, 2020</b> |                          | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                         |                        |                             | Dallas, TX   |
| Kumbha Rasi: 27.56               | Tithi 6 – 7 | <b>Gulika</b>                     | <b>11:14AM – 12:30PM</b> | <b>Purvaproshtapada* Until 4:54PM</b>  | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 7:28AM | Sun 20                      | Sutra 262    |
|                                  |             | Yama                              | 8:43AM – 9:59AM          | Vyatipata* Until 10:21AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:32PM  |                             | Vikarin 5121 |
|                                  |             | 813623466 <b>Rahu</b>             | <b>12:30PM – 1:46PM</b>  | Gara Until 8:17PM  | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36          | 3rd Phase    |
| Creative Work                    | Amrita Yoga |                                   |                          | <b>Shashthi* Until 7:01AM</b>  | Moon – Clear            |                        | <b>Bhuloka Day</b>          |              |
| Until 4:54PM                     |             |                                   |                          |  | <b>Pausha-Markali</b>   |                        | Devaloka Time: 3:PM to 6:PM |              |
| Then Creative Work - Siddha Yoga |             | <b>Vinayaga Viratam Ends</b>      |                          |  |                         |                        |                             |              |

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| <b>Retreat Star</b> |             | <b>Thursday, January 2, 2020</b> |                         | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                         |                        |                             | Dallas, TX   |
| Meena Rasi: 9.49    | Tithi 7 – 8 | <b>Gulika</b>                    | <b>9:59AM – 11:15AM</b> | <b>Uttaraproshtapada Until 7:48PM</b>   | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 7:28AM | Sun 21                      | Sutra 263    |
|                     |             | Yama                             | 7:28AM – 8:44AM         | Variyan Until 11:08AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:33PM  |                             | Vikarin 5121 |
|                     |             | 813623466 <b>Rahu</b>            | <b>1:46PM – 3:02PM</b>  | Visti Until 10:46PM   | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36          | Ashtami      |
| Creative Work       | Siddha Yoga |                                  |                         | <b>Saptami Until 9:31AM</b>   | Moon – Clear            |                        | <b>Bhuloka Day</b>          |              |
|                     |             |                                  |                         |   | <b>Pausha-Markali</b>   |                        | Devaloka Time: 3:PM to 6:PM |              |

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| <b>Retreat Star</b>              |             | <b>Friday, January 3, 2020</b> |                          | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                         |                        |                             | Dallas, TX   |
| Meena Rasi: 21.43                | Tithi 8 – 9 | <b>Gulika</b>                  | <b>8:44AM – 10:00AM</b>  | <b>Revati Until 10:23PM</b>  | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 7:28AM | Sun 22                      | Sutra 264    |
|                                  |             | Yama                           | 3:02PM – 4:18PM          | Parigha* Until 11:51AM   | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:34PM  |                             | Vikarin 5121 |
|                                  |             | 813623466 <b>Rahu</b>          | <b>11:15AM – 12:31PM</b> | Balava Until 1:02AM Sat  | <b>Nataraja:</b> Orange |                        | Moon 12 - Phase 36          | Navami       |
| Creative Work                    | Siddha Yoga |                                |                          | <b>Ashtami* Until 11:55AM</b>  | Moon – Clear            |                        | <b>Bhuloka Day</b>          |              |
| Until 10:23PM                    |             |                                |                          |  | <b>Pausha-Markali</b>   |                        | Devaloka Time: 3:PM to 6:PM |              |
| Then Creative Work - Amrita Yoga |             |                                |                          |  |                         |                        |                             |              |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                 |               |                                   |   |  |   |
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| <b>1</b>                        |               | <b>Saturday, January 4, 2020</b>  |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau         | Dallas, TX<br>Sutra 265<br>Vikarin 5121   |
| Mesha Rasi: 3.44                | Tithi 9 – 10  | 823623466                         | <b>Gulika</b> 7:28AM – 8:44AM<br><b>Yama</b> 1:47PM – 3:03PM<br><b>Rahu</b> 10:00AM – 11:16AM   | <b>Ashvini Until 12:54AM Sun</b><br>Shiva Until 12:21PM<br>Taitila Until 2:54AM Sun<br>Navami* Until 2:01PM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:34PM<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Devaloka Day</b><br>Pausha-Markali                               |
| Creative Work Siddha Yoga       |               | Until 12:54AM Sun                 |   | Then Routine Work - Prabalarishta Yoga   |   |
| <b>2</b>                        |               | <b>Sunday, January 5, 2020</b>    |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau          | Dallas, TX<br>Sutra 266<br>Vikarin 5121   |
| Mesha Rasi: 15.56               | Tithi 10 – 11 | 823623466                         | <b>Gulika</b> 3:04PM – 4:19PM<br><b>Yama</b> 12:32PM – 1:48PM<br><b>Rahu</b> 4:19PM – 5:35PM    | <b>Bharani Until 2:44AM Mon</b><br>Siddha Until 12:27PM<br>Vanija Until 4:11AM Mon<br>Dashami Until 3:36PM   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:35PM<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Devaloka Day</b><br>Pausha-Markali                               |
| Routine Work Prabalarishta Yoga |               | Until 2:44AM Mon                  |   | Then Routine Work - Marana Yoga  |   |
| <b>3</b>                        |               | <b>Monday, January 6, 2020</b>    |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau           | Dallas, TX<br>Sutra 267<br>Vikarin 5121   |
| Mesha Rasi: 28.22               | Tithi 11 – 12 | 823623466                         | <b>Gulika</b> 1:48PM – 3:04PM<br><b>Yama</b> 11:16AM – 12:32PM<br><b>Rahu</b> 8:44AM – 10:00AM  | <b>Krittika Until 3:45AM Tue</b><br>Sadhya Until 12:06PM<br>Bava Until 4:47AM Tue<br>Ekadashi Until 4:33PM   | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:36PM<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Devaloka Day</b><br>Pausha-Markali                               |
| Family Home Evening             |               | Until 3:45AM Tue                  |   | Then Creative Work - Amrita Yoga   |   |
| <b>4</b>                        |               | <b>Tuesday, January 7, 2020</b>   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau     | Dallas, TX<br>Sutra 268<br>Vikarin 5121   |
| Vrishabha Rasi: 11.07           | Tithi 12 – 13 | 833623466                         | <b>Gulika</b> 12:33PM – 1:49PM<br><b>Yama</b> 10:01AM – 11:17AM<br><b>Rahu</b> 3:05PM – 4:21PM  | <b>Rohini Until 4:22AM Wed</b><br>Subha Until 11:13AM<br>Kaulava Until 4:38AM Wed<br>Dvadashi Until 4:47PM   | <b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:37PM<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM<br>Pausha-Markali |
| Creative Work Amrita Yoga       |               | Until 4:22AM Wed                  |   | Then Creative Work - Siddha Yoga   |   |
| <i>Pradosha Vrata</i>           |               |                                   |   |  |   |
| <b>5</b>                        |               | <b>Wednesday, January 8, 2020</b> |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | Dallas, TX<br>Sutra 269<br>Vikarin 5121   |
| Vrishabha Rasi: 24.13           | Tithi 13 – 14 | 833623466                         | <b>Gulika</b> 11:17AM – 12:33PM<br><b>Yama</b> 8:45AM – 10:01AM<br><b>Rahu</b> 12:33PM – 1:49PM | <b>Mrigashira Until 4:09AM Thu</b><br>Sukla Until 9:44AM<br>Gara Until 3:48AM Thu<br>Trayodashi Until 4:17PM   | <b>Ganesha:</b> White <i>Sunrise:</i> 7:29AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:38PM<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM<br>Pausha-Markali |
| Creative Work Siddha Yoga       |               | Until 4:09AM Thu                  |   | Then Routine Work - Marana Yoga  |   |
| <b>○</b>                        |               | <b>Thursday, January 9, 2020</b>  |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau        | Dallas, TX<br>Sutra 270<br>Vikarin 5121   |
| Mithuna Rasi: 7.43              | Tithi 14 – 15 | 834623466                         | <b>Gulika</b> 10:01AM – 11:17AM<br><b>Yama</b> 7:28AM – 8:45AM<br><b>Rahu</b> 1:50PM – 3:06PM   | <b>Ardra Until 3:10AM Fri</b><br>Brahma Until 7:44AM<br>Visti Until 2:19AM Fri<br>Chaturdashi* Until 3:07PM  | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:39PM<br><b>Nataraja:</b> Orange<br>Moon – Yellow<br><b>Devaloka Day</b><br>Pausha-Markali                              |
| Routine Work Marana Yoga        |               | Until 3:10AM Fri                  |   | Then Creative Work - Siddha Yoga   |   |
| <b>○</b>                        |               | <b>Friday, January 10, 2020</b>   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau        | Dallas, TX<br>Sutra 271<br>Vikarin 5121   |
| Mithuna Rasi: 21.34             | Tithi 15 – 16 | 844623466                         | <b>Gulika</b> 8:45AM – 10:01AM<br><b>Yama</b> 3:07PM – 4:23PM<br><b>Rahu</b> 11:18AM – 12:34PM  | <b>Punarvasu Until 1:59AM Sat</b><br>Vaidhriti* Until 2:22AM Sat<br>Balava Until 12:20AM Sat<br>Purnima* Until 1:22PM  | <b>Ganesha:</b> White <i>Sunrise:</i> 7:28AM<br><b>Muruqa:</b> Clear <i>Sunset:</i> 5:39PM<br><b>Nataraja:</b> Orange<br>Moon – Blue<br><b>Sivaloka Day</b><br>Pausha-Markali                                 |
| Creative Work Siddha Yoga       |               | Penumbra Lunar Eclipse            |   |  |   |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

**Saturday, January 11, 2020****Gold Retreat Star**

Kataka Rasi: 5.43    Titthi 16 – 17

844623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Sun 1

Dallas, TX

Sutra 272

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 7:28AM – 8:45AM

Yama 1:51PM – 3:07PM

**Rahu** 10:01AM – 11:18AM**Pushya Until 12:17AM Sun**

Vishkambha\* Until 11:12PM

Taitila Until 9:58PM

**Prathama\* Until 11:10AM****Ganesha:** White*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:40PM**Nataraja:** Orange

Moon – Blue

**Pausha-Markali****Sivaloka Day****1****Sunday, January 12, 2020**

Kataka Rasi: 20.06    Titthi 17 – 18

844623466

Creative Work    Siddha Yoga

Until 10:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 2

Dallas, TX

Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 3:08PM – 4:25PM

Yama 12:35PM – 1:51PM

**Rahu** 4:25PM – 5:41PM**Ashlesha\* Until 10:13PM**

Priti Until 7:51PM

Vanija Until 7:21PM

**Dvitiya Until 8:40AM****Ganesha:** White*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:41PM**Nataraja:** Orange

Moon – Blue

**Pausha-Markali****Sivaloka Day****2****Monday, January 13, 2020**

Simha Rasi: 4.37    Titthi 19

854623466

Family Home Evening

Routine Work    Marana Yoga

Until 8:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Sun 3

Dallas, TX

Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 1:52PM – 3:09PM

Yama 11:18AM – 12:35PM

**Rahu** 8:45AM – 10:02AM**Magha\* Until 8:21PM**

Ayushman Until 4:24PM

Balava Until 4:39PM

**Chaturthi\* Until 3:16AM Tue****Ganesha:** Clear*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:42PM**Nataraja:** Orange

Moon – Red

**Pausha-Markali****Devaloka Day****3****Tuesday, January 14, 2020**

Simha Rasi: 19.1    Titthi 20

854623466

Creative Work    Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 4

Dallas, TX

Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 12:35PM – 1:52PM

Yama 10:02AM – 11:19AM

**Rahu** 3:09PM – 4:26PM**Thai Pongal****Purvaphalguni Until 6:23PM**

Saubhagya Until 12:58PM

Kaulava Until 1:57PM

**Panchami Until 12:38AM Wed****Ganesha:** Clear*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:43PM**Nataraja:** Orange

Moon – Red

**Pausha-Thai****Devaloka Day****Tour Day****4****Wednesday, January 15, 2020**

Kanya Rasi: 3.39    Titthi 21

854623466

Creative Work    Amrita Yoga

Until 4:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 5

Dallas, TX

Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 11:19AM – 12:36PM

Yama 8:45AM – 10:02AM

**Rahu** 12:36PM – 1:53PM**Uttaraphalguni Until 4:26PM**

Sobhana Until 9:40AM

Gara Until 11:24AM

**Shashthi\* Until 10:11PM****Ganesha:** Clear*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:44PM**Nataraja:** Orange

Moon – Red

**Pausha-Thai****Devaloka Day****5****Thursday, January 16, 2020**

Kanya Rasi: 17.59    Titthi 22

864623466

Routine Work    Marana Yoga

Until 3:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 6

Dallas, TX

Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

**Gulika** 10:02AM – 11:19AM

Yama 7:28AM – 8:45AM

**Rahu** 1:53PM – 3:10PM**Hasta Until 3:00PM**

Athiganda\* Until 6:30AM

Visti Until 9:04AM

**Saptami Until 7:59PM****Ganesha:** Purple*Sunrise:* 7:28AM**Muruqa:** Clear*Sunset:* 5:45PM**Nataraja:** Orange

Moon – Green

**Pausha-Thai****Sivaloka Day****☾****Friday, January 17, 2020****Retreat Star**

Tula Rasi: 2.08    Titthi 23

864623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 7

Dallas, TX

Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

**Gulika** 8:45AM – 10:02AM

Yama 3:11PM – 4:28PM

**Rahu** 11:19AM – 12:36PM**Chitra Until 1:43PM**

Dhriti Until 12:56AM Sat

Balava Until 7:01AM

**Ashtami\* Until 6:06PM****Ganesha:** Purple*Sunrise:* 7:27AM**Muruqa:** Clear*Sunset:* 5:46PM**Nataraja:** Orange

Moon – Green

**Pausha-Thai****Sivaloka Day****Saturday, January 18, 2020****Retreat Star**

Tula Rasi: 16.05    Titthi 24 – 25

864623466

Creative Work    Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Sun 8

Dallas, TX

Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

**Gulika** 7:27AM – 8:44AM

Yama 1:54PM – 3:12PM

**Rahu** 10:02AM – 11:19AM**Svati Until 12:39PM**

Shula\* Until 10:33PM

Vanija Until 3:58AM Sun

**Navami\* Until 4:35PM****Ganesha:** Purple*Sunrise:* 7:27AM**Muruqa:** Clear*Sunset:* 5:47PM**Nataraja:** Orange

Moon – Green


**Pausha-Thai****Sivaloka Day**

|                  |               |                                       |                               |  |   |
|------------------|---------------|---------------------------------------|-------------------------------|--|---|
| <b>1</b>         |               | <b>Sunday, January 19, 2020</b>       |                               | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | Dallas, TX<br>Sutra 280<br>Vikarin 5121 |
| Tula Rasi: 29.48 | Tithi 25 – 26 | <b>Gulika</b> 3:12PM – 4:30PM         | <b>Vishakha</b> Until 12:14PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:27AM   | Sun 9                                   |
|                  |               | Yama 12:37PM – 1:55PM                 | Ganda* Until 8:30PM           | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM   | Moon 1 - Phase 39                       |
|                  |               | 874623466 <b>Rahu</b> 4:30PM – 5:48PM | Bava Until 3:01AM Mon         | <b>Nataraja:</b> Orange  | 2nd Phase                               |
| Routine Work     | Marana Yoga   |                                       | <b>Dashami</b> Until 3:26PM   | Moon – Orange  | <b>Devaloka Day</b>                     |
|                  |               |                                       |                               | <b>Pausha</b> -Thai  |   |

|                            |               |  |                               |  |   |
|----------------------------|---------------|--|-------------------------------|--|---|
| <b>2</b>                   |               | <b>Monday, January 20, 2020</b>        |                               | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | Dallas, TX<br>Sutra 281<br>Vikarin 5121 |
| Vrischika Rasi: 13.17      | Tithi 26 – 27 | <b>Gulika</b> 1:55PM – 3:13PM          | <b>Anuradha</b> Until 12:02PM | <b>Ganesha:</b> Clear <i>Sunrise:</i> 7:26AM   | Sun 10                                  |
| <b>Family Home Evening</b> |               | Yama 11:20AM – 12:37PM                 | Vriddhi Until 6:45PM          | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:48PM   | Moon 1 - Phase 39                       |
|                            |               | 874623466 <b>Rahu</b> 8:44AM – 10:02AM | Kaulava Until 2:27AM Tue      | <b>Nataraja:</b> Orange  | 2nd Phase                               |
| Creative Work              | Siddha Yoga   |  | <b>Ekadashi*</b> Until 2:40PM | Moon – Orange  | <b>Devaloka Day</b>                     |
|                            |               |  |                               | <b>Pausha</b> -Thai  |   |

|                                  |               |                                       |                                 |  |   |
|----------------------------------|---------------|---------------------------------------|---------------------------------|--|---|
| <b>3</b>                         |               | <b>Tuesday, January 21, 2020</b>      |                                 | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Dallas, TX<br>Sutra 282<br>Vikarin 5121 |
| Vrischika Rasi: 26.34            | Tithi 27 – 28 | <b>Gulika</b> 12:38PM – 1:56PM        | <b>Jyeshtha*</b> Until 12:05PM  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:26AM  | Sun 11                                  |
|                                  |               | Yama 10:02AM – 11:20AM                | Dhruva Until 5:17PM             | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:49PM   | Moon 1 - Phase 39                       |
|                                  |               | 875623466 <b>Rahu</b> 3:14PM – 4:31PM | Gara Until 2:18AM Wed           | <b>Nataraja:</b> Orange  | 2nd Phase                               |
| Routine Work                     | Marana Yoga   |                                       | <b>Dvadashi*</b> Until 2:18PM   | Moon – Orange  | <b>Bhuloka Day</b>                      |
| Until 12:05PM                    |               |                                       |                                 | <b>Pausha</b> -Thai  | <b>Devaloka Time: 3:PM to 6:PM</b>      |
| Then Creative Work - Amrita Yoga |               |                                       | <i>Pradosha Vrata (Fasting)</i> |  |   |

|                                  |               |  |                                 |   |   |
|----------------------------------|---------------|--|---------------------------------|---|---|
| <b>4</b>                         |               | <b>Wednesday, January 22, 2020</b>     |                                 | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Dallas, TX<br>Sutra 283<br>Vikarin 5121 |
| Dhanus Rasi: 9.38                | Tithi 28 – 29 | <b>Gulika</b> 11:20AM – 12:38PM        | <b>Mula*</b> Until 12:51PM      | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:26AM   | Sun 12                                  |
|                                  |               | Yama 8:44AM – 10:02AM                  | Vyaghata* Until 4:10PM          | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:50PM  | Moon 1 - Phase 39                       |
|                                  |               | 885623466 <b>Rahu</b> 12:38PM – 1:56PM | Visti Until 2:34AM Thu          | <b>Nataraja:</b> Orange   | 2nd Phase                               |
| Routine Work                     | Marana Yoga   |  | <b>Trayodashi*</b> Until 2:21PM | Moon – Light Blue   | <b>Bhuloka Day</b>                      |
| Until 12:51PM                    |               |  |                                 | <b>Pausha</b> -Thai   | <b>Devaloka Time: 3:PM to 6:PM</b>      |
| Then Creative Work - Amrita Yoga |               |  |                                 |   |   |

|   |               |                                       |                                  |   |   |
|---|---------------|---------------------------------------|----------------------------------|---|---|
|  |               | <b>Thursday, January 23, 2020</b>     |                                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Dallas, TX<br>Sutra 284<br>Vikarin 5121 |
| <b>Retreat Star</b>   |               | <b>Gulika</b> 10:02AM – 11:20AM       | <b>Purvashadha*</b> Until 1:51PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:25AM   | Sun 13                                  |
| Dhanus Rasi: 22.29  | Tithi 29 – 30 | Yama 7:25AM – 8:43AM                  | Harshana Until 3:23PM            | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:51PM  | Moon 1 - Phase 39                       |
|   |               | 885623466 <b>Rahu</b> 1:56PM – 3:15PM | Catuspada Until 3:15AM Fri       | <b>Nataraja:</b> Orange   | Amavasya                                |
| Creative Work   | Siddha Yoga   |                                       | <b>Chaturdashi*</b> Until 2:50PM | Moon – Light Blue   | <b>Bhuloka Day</b>                      |
| Until 1:51PM  |               |                                       |                                  | <b>Pausha</b> -Thai   | <b>Devaloka Time: 3:PM to 6:PM</b>      |
| Then Routine Work - Marana Yoga   |               |                                       |                                  |   |   |

|                     |              |   |                                  |   |   |
|---------------------|--------------|---|----------------------------------|---|---|
| <b>Retreat Star</b> |              | <b>Friday, January 24, 2020</b>         |                                  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | Dallas, TX<br>Sutra 285<br>Vikarin 5121 |
| <b>Retreat Star</b> |              | <b>Gulika</b> 8:43AM – 10:02AM          | <b>Uttarashadha</b> Until 3:07PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:25AM   | Sun 14                                  |
| Makara Rasi: 5.08   | Tithi 30 – 1 | Yama 3:15PM – 4:34PM                    | Vajra* Until 2:54PM              | <b>Muruqa:</b> Clear <i>Sunset:</i> 5:52PM  | Moon 1 - Phase 39                       |
|                     |              | 885623466 <b>Rahu</b> 11:20AM – 12:38PM | Kintughna Until 4:23AM Sat       | <b>Nataraja:</b> Orange   | Prathama                                |
| Routine Work        | Marana Yoga  |   | <b>Amavasya*</b> Until 3:44PM    | Moon – Light Blue   | <b>Bhuloka Day</b>                      |
|                     |              |   |                                  | <b>Magha</b> -Thai  | <b>Devaloka Time: 3:PM to 6:PM</b>      |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

|          |                                   |             |   |                              |                            |                             |                                   |
|----------|-----------------------------------|-------------|---|------------------------------|----------------------------|-----------------------------|-----------------------------------|
| <b>1</b> | <b>Saturday, January 25, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                              |                            |                             | Dallas, TX<br>Sun 15<br>Sutra 286 |
|          | Makara Rasi: 17.37                | Tithi 1 – 2 | <b>Gulika</b> 7:24AM – 8:43AM   | <b>Shravana Until 5:08PM</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:24AM      | Vikarin 5121                      |
|          |                                   |             | Yama 1:57PM – 3:16PM  | Siddhi Until 2:46PM          | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 5:53PM       | Moon 1 - Phase 40                 |
|          | Creative Work                     | Siddha Yoga | 995623466 <b>Rahu</b> 10:01AM – 11:20AM   | Balava Until 5:56AM Sun      | <b>Nataraja:</b> Orange    |                             | 3rd Phase                         |
|          |                                   |             | <b>Prathama* Until 5:05PM</b>   | Moon – Purple                |                            | <b>Bhuloka Day</b>          |                                   |
|          |                                   |             |   | <b>Magha*Thai</b>            |                            | Devaloka Time: 3:PM to 6:PM |                                   |

|          |                                 |             |   |                                |                         |                        |                                   |
|----------|---------------------------------|-------------|---|--------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>2</b> | <b>Sunday, January 26, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Vyatipata*/Varyan Yoga Kaulava Karana Dvitiyayam Titau |                                |                         |                        | Dallas, TX<br>Sun 16<br>Sutra 287 |
|          | Makara Rasi: 29.53              | Tithi 2     | <b>Gulika</b> 3:16PM – 4:35PM   | <b>Dhanishtha Until 7:21PM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:24AM | Vikarin 5121                      |
|          |                                 |             | Yama 12:39PM – 1:58PM   | Vyatipata* Until 2:57PM        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:54PM  | Moon 1 - Phase 40                 |
|          | Routine Work                    | Marana Yoga | 995723466 <b>Rahu</b> 4:35PM – 5:54PM   | Kaulava Until 6:50PM           | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|          |                                 |             | <b>Dvitiya Until 6:50PM</b>   | Moon – Purple                  |                         | <b>Devaloka Day</b>    |                                   |
|          |                                 |             |   | <b>Magha*Thai</b>              |                         |                        |                                   |

|          |                                 |             |   |                                  |                         |                        |                                   |
|----------|---------------------------------|-------------|---|----------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>3</b> | <b>Monday, January 27, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Varyan/Parigha* Yoga Tailila/Gara Karana Tritiyayam Titau |                                  |                         |                        | Dallas, TX<br>Sun 17<br>Sutra 288 |
|          | Kumbha Rasi: 12.01              | Tithi 3     | <b>Gulika</b> 1:58PM – 3:17PM   | <b>Shatabhishak Until 9:45PM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:23AM | Vikarin 5121                      |
|          | <b>Family Home Evening</b>      |             | Yama 11:20AM – 12:39PM  | Varyan Until 3:23PM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:55PM  | Moon 1 - Phase 40                 |
|          | Creative Work                   | Siddha Yoga | 995723466 <b>Rahu</b> 8:42AM – 10:01AM  | Taitila Until 7:52AM             | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|          |                                 |             | <b>Tritiya Until 8:56PM</b>   | Moon – Purple                    |                         | <b>Devaloka Day</b>    |                                   |
|          |                                 |             |   | <b>Magha*Thai</b>                |                         |                        |                                   |

|          |                                  |             |   |   |                         |                        |                                   |
|----------|----------------------------------|-------------|---|---|-------------------------|------------------------|-----------------------------------|
| <b>4</b> | <b>Tuesday, January 28, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturthiyam Titau |   |                         |                        | Dallas, TX<br>Sun 18<br>Sutra 289 |
|          | Kumbha Rasi: 24.01               | Tithi 4     | <b>Gulika</b> 12:39PM – 1:58PM  | <b>Purvaproshtapada* Until 12:44AM We</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:23AM | Vikarin 5121                      |
|          |                                  |             | Yama 10:01AM – 11:20AM  | Parigha* Until 4:02PM                     | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:56PM  | Moon 1 - Phase 40                 |
|          | Routine Work                     | Marana Yoga | 915723466 <b>Rahu</b> 3:18PM – 4:37PM   | Vanija Until 10:06AM                      | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|          |                                  |             | <b>Chaturthi* Until 11:18PM</b>   | Moon – Clear                              |                         | <b>Sivaloka Day</b>    |                                   |
|          |                                  |             |   | <b>Magha*Thai</b>                         |                         |                        |                                   |

|          |                                    |             |   |   |                         |                        |                                   |
|----------|------------------------------------|-------------|---|---|-------------------------|------------------------|-----------------------------------|
| <b>5</b> | <b>Wednesday, January 29, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau |   |                         |                        | Dallas, TX<br>Sun 19<br>Sutra 290 |
|          | Meena Rasi: 5.56                   | Tithi 5     | <b>Gulika</b> 11:20AM – 12:39PM   | <b>Uttaraproshtapada Until 3:41AM Thu</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:22AM | Vikarin 5121                      |
|          |                                    |             | Yama 8:41AM – 10:01AM   | Shiva Until 4:51PM                        | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:57PM  | Moon 1 - Phase 40                 |
|          | Creative Work                      | Siddha Yoga | 915723466 <b>Rahu</b> 12:39PM – 1:59PM  | Bava Until 12:34PM                        | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|          |                                    |             | <b>Panchami Until 1:49AM Thu</b>  | Moon – Clear                              |                         | <b>Sivaloka Day</b>    |                                   |
|          |                                    |             |   | <b>Magha*Thai</b>                         |                         |                        |                                   |

|          |                                   |             |  |                                |                         |                        |                                   |
|----------|-----------------------------------|-------------|--|--------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>6</b> | <b>Thursday, January 30, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau |                                |                         |                        | Dallas, TX<br>Sun 20<br>Sutra 291 |
|          | Meena Rasi: 17.48                 | Tithi 6     | <b>Gulika</b> 10:00AM – 11:20AM  | <b>Revati Until 6:26AM Fri</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:21AM | Vikarin 5121                      |
|          |                                   |             | Yama 7:21AM – 8:41AM   | Siddha Until 5:40PM            | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:58PM  | Moon 1 - Phase 40                 |
|          | Creative Work                     | Siddha Yoga | 916723466 <b>Rahu</b> 1:59PM – 3:19PM  | Kaulava Until 3:06PM           | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|          |                                   |             | <b>Shashthi* Until 4:19AM Fri</b>  | Moon – Clear                   |                         | <b>Devaloka Day</b>    |                                   |
|          |                                   |             |  | <b>Magha*Thai</b>              |                         |                        |                                   |

|                                 |             |   |                                 |                         |                        |                                   |
|---------------------------------|-------------|---|---------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>Friday, January 31, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya Yoga Gara/Vanija Karana Saptamyam Titau |                                 |                         |                        | Dallas, TX<br>Sun 21<br>Sutra 292 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 8:40AM – 10:00AM  | <b>Revati Until 6:26AM</b>      | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:21AM | Vikarin 5121                      |
| Meena Rasi: 29.41               | Tithi 7     | Yama 3:19PM – 4:39PM  | Sadhya Until 6:25PM             | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:59PM  | Moon 1 - Phase 40                 |
| Creative Work                   | Siddha Yoga | 916723466 <b>Rahu</b> 11:20AM – 12:40PM   | Gara Until 5:32PM               | <b>Nataraja:</b> Orange |                        | 3rd Phase                         |
|                                 |             |   | <b>Saptami Until 6:38AM Sat</b> | Moon – Clear            |                        | <b>Devaloka Day</b>               |
|                                 |             |   |                                 | <b>Magha*Thai</b>       |                        |                                   |

|          |                                   |             |   |                             |                         |                             |                                   |
|----------|-----------------------------------|-------------|---|-----------------------------|-------------------------|-----------------------------|-----------------------------------|
| <b>D</b> | <b>Saturday, February 1, 2020</b> |             | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                             |                         |                             | Dallas, TX<br>Sun 22<br>Sutra 293 |
|          | <b>Retreat Star</b>               |             | <b>Gulika</b> 7:21AM – 8:40AM   | <b>Ashvini Until 9:20AM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:21AM      | Vikarin 5121                      |
|          | Mesha Rasi: 11.39                 | Tithi 7 – 8 | Yama 1:59PM – 3:19PM  | Subha Until 6:57PM          | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 5:59PM       | Moon 1 - Phase 40                 |
|          | Creative Work                     | Siddha Yoga | 926723466 <b>Rahu</b> 10:00AM – 11:20AM   | Visti Until 7:40PM          | <b>Nataraja:</b> Orange |                             | Ashtami                           |
|          |                                   |             | <b>Saptami Until 6:38AM</b>   | Moon – White                |                         | <b>Bhuloka Day</b>          |                                   |
|          |                                   |             |   | <b>Magha*Thai</b>           |                         | Devaloka Time: 3:PM to 6:PM |                                   |

|                                 |                    |   |                              |                         |                        |                                   |
|---------------------------------|--------------------|---|------------------------------|-------------------------|------------------------|-----------------------------------|
| <b>Sunday, February 2, 2020</b> |                    | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |                         |                        | Dallas, TX<br>Sun 23<br>Sutra 294 |
| <b>Retreat Star</b>             |                    | <b>Gulika</b> 3:20PM – 4:40PM   | <b>Bharani Until 11:39AM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:20AM | Vikarin 5121                      |
| Mesha Rasi: 23.46               | Tithi 8 – 9        | Yama 12:40PM – 2:00PM   | Sukla Until 7:05PM           | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:00PM  | Moon 1 - Phase 40                 |
| Routine Work                    | Prabalarishta Yoga | 926723466 <b>Rahu</b> 4:40PM – 6:00PM   | Balava Until 9:18PM          | <b>Nataraja:</b> Orange |                        | Navami                            |
|                                 |                    |   | <b>Ashtami* Until 8:32AM</b> | Moon – White            |                        | <b>Bhuloka Day</b>                |
|                                 |                    |   |                              | <b>Magha*Thai</b>       |                        | Devaloka Time: 3:PM to 6:PM       |

|          |  |   |   |   |   |   |
|----------|--|---|---|---|---|---|
| <b>1</b> | <b>Monday, February 3, 2020</b>  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   |   |   | Dallas, TX<br>Sun 24<br>Sutra 295   |
|          | Vrishabha Rasi: 6.08    Tilthi 9 – 10<br><b>Family Home Evening</b><br>Routine Work    Marana Yoga<br>Until 1:12PM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 2:00PM – 3:20PM<br>Yama 11:20AM – 12:40PM<br><b>Rahu</b> 8:39AM – 10:00AM   | <b>Krittika</b> Until 1:12PM<br>Brahma Until 6:42PM<br>Taitila Until 10:13PM<br><b>Navami*</b> Until 9:50AM | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:19AM<br><i>Sunset:</i> 6:01PM | Moon 1 - Phase 41<br>4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |


|          |  |  |  |   |   |   |
|----------|--|--|--|---|---|---|
| <b>2</b> | <b>Tuesday, February 4, 2020</b>   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |  |   |   | Dallas, TX<br>Sun 25<br>Sutra 296                     |
|          | Vrishabha Rasi: 18.49    Tilthi 10 – 11<br>926723467<br>Creative Work    Amrita Yoga<br>Until 2:20PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 12:40PM – 2:00PM<br>Yama 9:59AM – 11:20AM<br><b>Rahu</b> 3:21PM – 4:41PM   | <b>Rohini</b> Until 2:20PM<br>Indra Until 5:44PM<br>Vanija Until 10:19PM<br><b>Dashami</b> Until 10:21AM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:19AM<br><i>Sunset:</i> 6:02PM | Moon 1 - Phase 41<br>4th Phase<br><b>Devaloka Day</b> |


|          |   |  |   |   |   |   |
|----------|---|--|---|---|---|---|
| <b>3</b> | <b>Wednesday, February 5, 2020</b>  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |   |   |   | Dallas, TX<br>Sun 26<br>Sutra 297                     |
|          | Mithuna Rasi: 1.55    Tilthi 11 – 12<br>936723467<br>Creative Work    Siddha Yoga | <b>Gulika</b> 11:20AM – 12:40PM<br>Yama 8:38AM – 9:59AM<br><b>Rahu</b> 12:40PM – 2:01PM  | <b>Mrigashira</b> Until 2:29PM<br>Vaidhriti* Until 4:05PM<br>Bava Until 9:35PM<br><b>Ekadashi</b> Until 10:02AM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:18AM<br><i>Sunset:</i> 6:02PM | Moon 1 - Phase 41<br>4th Phase<br><b>Devaloka Day</b> |

|          |   |  |   |   |   |   |
|----------|---|--|---|---|---|---|
| <b>4</b> | <b>Thursday, February 6, 2020</b>   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |   |   |   | Dallas, TX<br>Sun 27<br>Sutra 298                     |
|          | Mithuna Rasi: 15.28    Tilthi 12 – 13<br>936723467<br>Routine Work    Marana Yoga<br>Until 1:41PM<br>Then Creative Work - Amrita Yoga | <b>Gulika</b> 9:59AM – 11:19AM<br>Yama 7:17AM – 8:38AM<br><b>Rahu</b> 2:01PM – 3:22PM  | <b>Ardra</b> Until 1:41PM<br>Vishkambha* Until 1:48PM<br>Kaulava Until 8:03PM<br><b>Dvadashi</b> Until 8:54AM | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:17AM<br><i>Sunset:</i> 6:03PM | Moon 1 - Phase 41<br>4th Phase<br><b>Devaloka Day</b> |

*Pradosha Vrata*

|          |  |  |  |  |   |   |
|----------|--|--|--|--|---|---|
| <b>5</b> | <b>Friday, February 7, 2020</b>  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau |  |  |   | Dallas, TX<br>Sun 28<br>Sutra 299   |
|          | Mithuna Rasi: 29.28    Tilthi 13 – 14<br>947723467<br>Creative Work    Siddha Yoga<br>Until 12:28PM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 8:37AM – 9:58AM<br>Yama 3:22PM – 4:43PM<br><b>Rahu</b> 11:19AM – 12:40PM   | <b>Punarvasu</b> Until 12:28PM<br>Priti Until 10:57AM<br>Vanija Until 4:29AM Sat<br><b>Trayodashi</b> Until 7:00AM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:16AM<br><i>Sunset:</i> 6:04PM | Moon 1 - Phase 41<br>4th Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|   |  |   |  |  |   |   |
|---|--|---|--|--|---|---|
|  | <b>Saturday, February 8, 2020</b>  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Purnimayam Titau |  |  |   | Dallas, TX<br>Sun 29<br>Sutra 300   |
|   | <b>Copper Retreat Star</b><br>Kataka Rasi: 13.54    Tilthi 15<br>947723467<br>Creative Work    Siddha Yoga<br>Until 10:31AM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 7:15AM – 8:37AM<br>Yama 2:02PM – 3:23PM<br><b>Rahu</b> 9:58AM – 11:19AM   | <b>Pushya</b> Until 10:31AM<br>Ayushman Until 7:36AM<br>Visti Until 3:03PM<br><b>Purnima*</b> Until 1:30AM Sun | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:15AM<br><i>Sunset:</i> 6:05PM | Moon 1 - Phase 41<br>Purnima<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

|   |   |  |  |  |   |  |
|---|---|--|--|--|---|--|
|  | <b>Sunday, February 9, 2020</b>   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau |  |  |   | Dallas, TX<br>Sun 30<br>Sutra 301  |
|   | <b>Silver Retreat Star</b><br>Kataka Rasi: 28.39    Tilthi 16<br>947723467<br>Creative Work    Siddha Yoga<br>Until 8:01AM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 3:23PM – 4:45PM<br>Yama 12:40PM – 2:02PM<br><b>Rahu</b> 4:45PM – 6:06PM  | <b>Ashlesha*</b> Until 8:01AM<br>Sobhana Until 11:59PM<br>Balava Until 11:54AM<br><b>Prathama*</b> Until 10:13PM | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Magha*Thai</b> | <i>Sunrise:</i> 7:15AM<br><i>Sunset:</i> 6:06PM | Moon 1 - Phase 41<br>Prathama<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |





**Monday, February 10, 2020**  
**Gold Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Dallas, TX  
Sutra 302  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 14 Tithi 17  
Family Home Evening 957723467  
Creative Work Siddha Yoga  
Until 2:52AM Tue  
Then Creative Work - Amrita Yoga

**Gulika** 2:02PM – 3:24PM  
Yama 11:19AM – 12:40PM  
**Rahu** 8:35AM – 9:57AM

**Purvaphalguni Until 2:52AM Tue**  
Athiganda\* Until 7:56PM  
Taitila Until 8:31AM  
**Dvitiya Until 6:47PM**

**Ganesha:** Red *Sunrise:* 7:14AM  
**Muruqa:** Clear *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Red  
**Magha-Thai**

**Devaloka Day**

**1**

**Tuesday, February 11, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Dallas, TX  
Sutra 303  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Simha Rasi: 28.37 Tithi 18 – 19  
957723467  
Creative Work Amrita Yoga  
Until 12:08AM Wed  
Then Routine Work - Marana Yoga

**Gulika** 12:40PM – 2:02PM  
Yama 9:57AM – 11:19AM  
**Rahu** 3:24PM – 4:46PM

**Uttaraphalguni Until 12:08AM Wed**  
Sukarma Until 3:57PM  
Bava Until 1:47AM Wed  
**Tritiya Until 3:24PM**

**Ganesha:** Red *Sunrise:* 7:13AM  
**Muruqa:** Clear *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Red  
**Magha-Thai**

**Devaloka Day**

**2**

**Wednesday, February 12, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dallas, TX  
Sutra 304  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 13.32 Tithi 19 – 20  
967723467  
Routine Work Marana Yoga  
Until 9:56PM  
Then Creative Work - Siddha Yoga

**Gulika** 11:18AM – 12:40PM  
Yama 8:34AM – 9:56AM  
**Rahu** 12:40PM – 2:03PM

**Hasta Until 9:56PM**  
Dhriti Until 12:07PM  
Kaulava Until 10:43PM  
**Chaturthi\* Until 12:11PM**

**Ganesha:** Green *Sunrise:* 7:12AM  
**Muruqa:** Clear *Sunset:* 6:09PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Thai**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, February 13, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dallas, TX  
Sutra 305  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Kanya Rasi: 28.14 Tithi 20 – 21  
968723467  
Creative Work Siddha Yoga  
Until 7:58PM  
Then Creative Work - Amrita Yoga

**Gulika** 9:56AM – 11:18AM  
Yama 7:11AM – 8:33AM  
**Rahu** 2:03PM – 3:25PM

**Chitra Until 7:58PM**  
Shula\* Until 8:32AM  
Gara Until 8:03PM  
**Panchami Until 9:19AM**

**Ganesha:** White *Sunrise:* 7:11AM  
**Muruqa:** Clear *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, February 14, 2020**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Vriddhi Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dallas, TX  
Sutra 306  
Vikarin 5121  
Moon 2 - Phase 42  
1st Phase

Tula Rasi: 12.37 Tithi 21 – 22  
968723467  
Creative Work Siddha Yoga

**Gulika** 8:33AM – 9:55AM  
Yama 3:25PM – 4:48PM  
**Rahu** 11:18AM – 12:40PM

**Svati Until 6:23PM**  
Vriddhi Until 2:35AM Sat  
Bava Until 5:01AM Sat  
**Shashthi\* Until 6:53AM**

**Ganesha:** White *Sunrise:* 7:10AM  
**Muruqa:** Clear *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Saturday, February 15, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau

Dallas, TX  
Sutra 307  
Vikarin 5121  
Moon 2 - Phase 42  
Ashtami

Tula Rasi: 26.39 Tithi 23  
978723467  
Creative Work Siddha Yoga

**Gulika** 7:09AM – 8:32AM  
Yama 2:03PM – 3:26PM  
**Rahu** 9:55AM – 11:18AM

**Vishakha Until 5:39PM**  
Dhruva Until 12:17AM Sun  
Balava Until 4:19PM  
**Ashtami\* Until 3:44AM Sun**

**Ganesha:** Clear *Sunrise:* 7:09AM  
**Muruqa:** Clear *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Devaloka Day**

**Sunday, February 16, 2020**  
**Retreat Star**

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau

Dallas, TX  
Sutra 308  
Vikarin 5121  
Moon 2 - Phase 42  
Navami

Vrischika Rasi: 10.19 Tithi 24  
978723467  
Routine Work Marana Yoga

**Gulika** 3:26PM – 4:49PM  
Yama 12:40PM – 2:03PM  
**Rahu** 4:49PM – 6:12PM

**Anuradha Until 5:23PM**  
Vyaghata\* Until 10:30PM  
Taitila Until 3:22PM  
**Navami\* Until 3:06AM Mon**

**Ganesha:** Clear *Sunrise:* 7:08AM  
**Muruqa:** Clear *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Devaloka Day**


|               |                                  |           |   |                               |                       |                        |                   |
|---------------|----------------------------------|-----------|---|-------------------------------|-----------------------|------------------------|-------------------|
| <b>1</b>      | <b>Monday, February 17, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam |                               |                       |                        | Dallas, TX        |
|               |                                  |           | Jyeshtha* Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dashamyam Titau                  |                               |                       |                        | Sun 7 Sutra 309   |
|               | Vrischika Rasi: 23.37            | Tithi 25  | <b>Gulika</b> 2:03PM – 3:27PM   | <b>Jyeshtha* Until 5:33PM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 7:07AM | Vikarin 5121      |
|               | <b>Family Home Evening</b>       | 978723467 | <b>Rahu</b> 8:30AM – 9:54AM   | Harshana Until 9:12PM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:13PM  | Moon 2 - Phase 43 |
| Creative Work | Siddha Yoga                      |           | Vanija Until 3:01PM   | <b>Nataraja:</b> Clear        |                       | 2nd Phase              |                   |
|               |                                  |           | <b>Dashami Until 3:03AM Tue</b>   | Moon – Orange                 |                       | <b>Devaloka Day</b>    |                   |
|               |                                  |           |   | <b>Magha-Masi</b>             |                       |                        |                   |

|                                  |                                   |           |  |                           |                        |                             |                   |
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| <b>2</b>                         | <b>Tuesday, February 18, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                           |                        |                             | Dallas, TX        |
|                                  |                                   |           | Mula* Nakshatra Vajra* Yoga Bava/Balava Karana Ekadashyam Titau                                  |                           |                        |                             | Sun 8 Sutra 310   |
|                                  | Dhanus Rasi: 6.37                 | Tithi 26  | <b>Gulika</b> 12:40PM – 2:04PM   | <b>Mula* Until 6:36PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:06AM      | Vikarin 5121      |
|                                  |                                   | 988723467 | <b>Rahu</b> 3:27PM – 4:51PM  | Vajra* Until 8:19PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:14PM       | Moon 2 - Phase 43 |
| Creative Work                    | Amrita Yoga                       |           | Bava Until 3:16PM  | <b>Nataraja:</b> Clear    |                        | 2nd Phase                   |                   |
| Until 6:36PM                     |                                   |           | <b>Ekadashi* Until 3:34AM Wed</b>  | Moon – Light Blue         |                        | <b>Bhuloka Day</b>          |                   |
| Then Creative Work - Siddha Yoga |                                   |           |  | <b>Magha-Masi</b>         |                        | Devaloka Time: 3:PM to 6:PM |                   |

|               |                                     |           |  |                                  |                        |                             |                   |
|---------------|-------------------------------------|-----------|--|----------------------------------|------------------------|-----------------------------|-------------------|
| <b>3</b>      | <b>Wednesday, February 19, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam |                                  |                        |                             | Dallas, TX        |
|               |                                     |           | Purvashadha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau                     |                                  |                        |                             | Sun 9 Sutra 311   |
|               | Dhanus Rasi: 19.2                   | Tithi 27  | <b>Gulika</b> 11:16AM – 12:40PM  | <b>Purvashadha* Until 7:58PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:05AM      | Vikarin 5121      |
|               |                                     | 988723467 | <b>Rahu</b> 12:40PM – 2:04PM   | Siddhi Until 7:49PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:15PM       | Moon 2 - Phase 43 |
| Creative Work | Amrita Yoga                         |           | Kaulava Until 4:01PM   | <b>Nataraja:</b> Clear           |                        | 2nd Phase                   |                   |
|               |                                     |           | <b>Dvadashi* Until 4:32AM Thu</b>  | Moon – Light Blue                |                        | <b>Bhuloka Day</b>          |                   |
|               |                                     |           |  | <b>Magha-Masi</b>                |                        | Devaloka Time: 3:PM to 6:PM |                   |

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| <b>4</b>                         | <b>Thursday, February 20, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam |                                  |                        |                             | Dallas, TX        |
|                                  |                                    |           | Uttarashadha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau                  |                                  |                        |                             | Sun 10 Sutra 312  |
|                                  | Makara Rasi: 1.52                  | Tithi 28  | <b>Gulika</b> 9:52AM – 11:16AM  | <b>Uttarashadha Until 9:35PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:04AM      | Vikarin 5121      |
|                                  |                                    | 989823467 | <b>Rahu</b> 2:04PM – 3:28PM   | Vyatipata* Until 7:40PM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:16PM       | Moon 2 - Phase 43 |
| Routine Work                     | Marana Yoga                        |           | Gara Until 5:12PM   | <b>Nataraja:</b> Clear           |                        | 2nd Phase                   |                   |
| Until 9:35PM                     |                                    |           | <b>Trayodashi* Until 5:55AM Fri</b>   | Moon – Light Blue                |                        | <b>Bhuloka Day</b>          |                   |
| Then Creative Work - Siddha Yoga |                                    |           |   | <b>Magha-Masi</b>                |                        | Devaloka Time: 3:PM to 6:PM |                   |
|                                  |                                    |           |   | <i>Pradosha Vrata (Fasting)</i>  |                        |                             |                   |

|                                  |                                  |           |  |                               |                            |                             |                   |
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| <b>5</b>                         | <b>Friday, February 21, 2020</b> |           | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam |                               |                            |                             | Dallas, TX        |
|                                  |                                  |           | Shravana Nakshatra Variyan Yoga Visti* Karana Chaturdashyam Titau                              |                               |                            |                             | Sun 11 Sutra 313  |
|                                  | Makara Rasi: 14.13               | Tithi 29  | <b>Gulika</b> 8:27AM – 9:51AM  | <b>Shravana Until 11:52PM</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:03AM      | Vikarin 5121      |
|                                  |                                  | 999823467 | <b>Rahu</b> 11:16AM – 12:40PM  | Variyan Until 7:45PM          | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 6:17PM       | Moon 2 - Phase 43 |
| Routine Work                     | Marana Yoga                      |           | Visti Until 6:45PM   | <b>Nataraja:</b> Clear        |                            | 2nd Phase                   |                   |
| Until 11:52PM                    |                                  |           | <b>Chaturdashi* Until 7:37AM Sat</b>   | Moon – Purple                 |                            | <b>Bhuloka Day</b>          |                   |
| Then Creative Work - Siddha Yoga |                                  |           |  | <b>Magha-Masi</b>             |                            | Devaloka Time: 3:PM to 6:PM |                   |

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|  | <b>Saturday, February 22, 2020</b> |                              | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam |                                    |                            |                             | Dallas, TX        |
|   | <b>Retreat Star</b>                |                              | Dhanishtha Nakshatra Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau     |                                    |                            |                             | Sun 12 Sutra 314  |
|   | Makara Rasi: 26.26                 | Tithi 29 – 30                | <b>Gulika</b> 7:02AM – 8:26AM  | <b>Dhanishtha Until 2:16AM Sun</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:02AM      | Vikarin 5121      |
|   |                                    | 999823467                    | <b>Rahu</b> 9:51AM – 11:15AM   | Parigha* Until 8:04PM              | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 6:17PM       | Moon 2 - Phase 43 |
| Creative Work   | Siddha Yoga                        |                              | Catuspada Until 8:36PM   | <b>Nataraja:</b> Clear             |                            | Amavasya                    |                   |
|   |                                    |                              | <b>Chaturdashi* Until 7:37AM</b>   | Moon – Purple                      |                            | <b>Bhuloka Day</b>          |                   |
|   |                                    | <b>Mahasivaratri (Lunar)</b> |  | <b>Magha-Masi</b>                  |                            | Devaloka Time: 3:PM to 6:PM |                   |
|   |                                    | <b>Mahasivaratri (Solar)</b> |  |                                    |                            |                             |                   |

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| <b>Retreat Star</b>             | <b>Sunday, February 23, 2020</b> |              | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam |                                      |                            |                             | Dallas, TX        |
|                                 |                                  |              | Shatabhishak Nakshatra Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau         |                                      |                            |                             | Sun 13 Sutra 315  |
|                                 | Kumbha Rasi: 8.32                | Tithi 30 – 1 | <b>Gulika</b> 3:29PM – 4:54PM  | <b>Shatabhishak Until 4:43AM Mon</b> | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 7:01AM      | Vikarin 5121      |
|                                 |                                  | 999823467    | <b>Rahu</b> 4:54PM – 6:18PM  | Shiva Until 8:36PM                   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 6:18PM       | Moon 2 - Phase 43 |
| Creative Work                   | Siddha Yoga                      |              | Kintughna Until 10:42PM  | <b>Nataraja:</b> Clear               |                            | Prathama                    |                   |
| Until 4:43AM Mon                |                                  |              | <b>Amavasya* Until 9:36AM</b>  | Moon – Purple                        |                            | <b>Bhuloka Day</b>          |                   |
| Then Routine Work - Marana Yoga |                                  |              |  | <b>Phalgun-Masi</b>                  |                            | Devaloka Time: 3:PM to 6:PM |                   |

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| <b>Monday, February 24, 2020</b> |   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   | Dallas, TX<br>Sutra 316   |
| <b>1</b>                         | Kumbha Rasi: 20.33<br>Family Home Evening<br>Routine Work Marana Yoga<br>Until 7:41AM Tue<br>Then Creative Work - Amrita Yoga | Tithi 1 – 2<br>919823467  | <b>Gulika</b> 2:04PM – 3:29PM<br><b>Yama</b> 11:15AM – 12:39PM<br><b>Rahu</b> 8:25AM – 9:50AM | <b>Purvaproshtapada* Until 7:41AM Tue</b><br>Siddha Until 9:15PM<br>Balava Until 1:00AM Tue<br><b>Prathama* Until 11:48AM</b> |
|                                  |   |   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear      | Sun 14<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Devaloka Day</b>   |
|                                  |   |   | <b>Sunrise:</b> 7:00AM<br><b>Sunset:</b> 6:19PM   |   |
|                                  |   |   | <b>Phalguna-Masi</b>  |   |

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| <b>Tuesday, February 25, 2020</b> |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Sadhya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau |   | Dallas, TX<br>Sutra 317  |
| <b>2</b>                          | Meena Rasi: 2.29<br>Routine Work Marana Yoga<br>Until 7:41AM<br>Then Creative Work - Amrita Yoga | Tithi 2 – 3<br>919823467  | <b>Gulika</b> 12:39PM – 2:04PM<br><b>Yama</b> 9:49AM – 11:14AM<br><b>Rahu</b> 3:30PM – 4:55PM | <b>Purvaproshtapada* Until 7:41AM</b><br>Sadhya Until 10:02PM<br>Tailita Until 3:27AM Wed<br><b>Dvitiya Until 2:11PM</b> |
|                                   |  |   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear      | Sun 15<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Devaloka Day</b>  |
|                                   |  |   | <b>Sunrise:</b> 6:59AM<br><b>Sunset:</b> 6:20PM   |  |
|                                   |  |   | <b>Phalguna-Masi</b>  |  |

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| <b>Wednesday, February 26, 2020</b> |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |  | Dallas, TX<br>Sutra 318   |
| <b>3</b>                            | Meena Rasi: 14.23<br>Creative Work Siddha Yoga<br>Until 10:36AM<br>Then Routine Work - Marana Yoga | Tithi 3 – 4<br>919823467  | <b>Gulika</b> 11:14AM – 12:39PM<br><b>Yama</b> 8:23AM – 9:48AM<br><b>Rahu</b> 12:39PM – 2:05PM | <b>Uttaraproshtapada Until 10:36AM</b><br>Subha Until 10:55PM<br>Vanija Until 5:58AM Thu<br><b>Tritiya Until 4:41PM</b> |
|                                     |  |   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear       | Sun 16<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Devaloka Day</b>   |
|                                     |  |   | <b>Sunrise:</b> 6:58AM<br><b>Sunset:</b> 6:21PM  |   |
|                                     |  |   | <b>Phalguna-Masi</b>   |   |

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| <b>Thursday, February 27, 2020</b> |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sukla Yoga Visti* Karana Chaturthyam Titau |  | Dallas, TX<br>Sutra 319   |
| <b>4</b>                           | Meena Rasi: 26.14<br>Creative Work Siddha Yoga<br>Until 1:25PM<br>Then Creative Work - Amrita Yoga | Tithi 4<br>919823467   | <b>Gulika</b> 9:48AM – 11:13AM<br><b>Yama</b> 6:56AM – 8:22AM<br><b>Rahu</b> 2:05PM – 3:30PM | <b>Revati Until 1:25PM</b><br>Sukla Until 11:45PM<br>Visti Until 7:12PM<br><b>Chaturthi* Until 7:12PM</b> |
|                                    |  |  | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear     | Sun 17<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Devaloka Day</b>                           |
|                                    |  |  | <b>Sunrise:</b> 6:56AM<br><b>Sunset:</b> 6:21PM  |   |
|                                    |  |  | <b>Phalguna-Masi</b>   |   |
|                                    |  |  | <b>Subramuniyaswami Siva Vision Day</b>  |   |

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| <b>Friday, February 28, 2020</b> |   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau |   | Dallas, TX<br>Sutra 320  |
| <b>5</b>                         | Mesha Rasi: 8.07<br>Creative Work Amrita Yoga<br>Until 4:29PM<br>Then Creative Work - Siddha Yoga | Tithi 5<br>921823467  | <b>Gulika</b> 8:21AM – 9:47AM<br><b>Yama</b> 3:31PM – 4:56PM<br><b>Rahu</b> 11:13AM – 12:39PM | <b>Ashvini Until 4:29PM</b><br>Brahma Until 12:31AM Sat<br>Bava Until 8:27AM<br><b>Panchami Until 9:37PM</b> |
|                                  |   |   | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – White      | Sun 18<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Bhuloka Day</b>                               |
|                                  |   |   | <b>Sunrise:</b> 6:55AM<br><b>Sunset:</b> 6:22PM   |  |
|                                  |   |   | <b>Phalguna-Masi</b>  | <b>Devaloka Time: 3:PM to 6:PM</b>   |

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| <b>Saturday, February 29, 2020</b> |  | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Indra Yoga Kaulava/Tailita Karana Shashthyam Titau |  | Dallas, TX<br>Sutra 321  |
| <b>6</b>                           | Mesha Rasi: 20.03<br>Creative Work Siddha Yoga<br>Until 7:10PM<br>Then Creative Work - Amrita Yoga | Tithi 6<br>921823467   | <b>Gulika</b> 6:54AM – 8:20AM<br><b>Yama</b> 2:05PM – 3:31PM<br><b>Rahu</b> 9:46AM – 11:12AM | <b>Bharani Until 7:10PM</b><br>Indra Until 1:05AM Sun<br>Kaulava Until 10:45AM<br><b>Shashthi* Until 11:45PM</b> |
|                                    |  |  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – White     | Sun 19<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Bhuloka Day</b>                                   |
|                                    |  |  | <b>Sunrise:</b> 6:54AM<br><b>Sunset:</b> 6:23PM  |  |
|                                    |  |  | <b>Phalguna-Masi</b>   | <b>Devaloka Time: 3:PM to 6:PM</b>   |

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| <b>Sunday, March 1, 2020</b> |   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau |  | Dallas, TX<br>Sutra 322  |
| <b>Retreat Star</b>          |   |   |  |  |
| <b>7</b>                     | Vrishabha Rasi: 2.07<br>Creative Work Siddha Yoga | Tithi 7<br>921833467  | <b>Gulika</b> 3:31PM – 4:58PM<br><b>Yama</b> 12:38PM – 2:05PM<br><b>Rahu</b> 4:58PM – 6:25PM | <b>Krittika Until 9:16PM</b><br>Vaidhriti* Until 1:14AM Mon<br>Gara Until 12:41PM<br><b>Saptami Until 1:25AM Mon</b> |
|                              |   |   | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – White    | Sun 20<br>Vikarin 5121<br>Moon 2 - Phase 44<br>3rd Phase<br><b>Bhuloka Day</b>                                       |
|                              |   |   | <b>Sunrise:</b> 6:52AM<br><b>Sunset:</b> 6:25PM  |  |
|                              |   |   | <b>Phalguna-Masi</b>   | <b>Devaloka Time: 3:PM to 6:PM</b>   |

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| <b>Monday, March 2, 2020</b> |   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau |   | Dallas, TX<br>Sutra 323  |
| <b>Retreat Star</b>          |   |   |   |  |
| <b>8</b>                     | Vrishabha Rasi: 14.25<br>Family Home Evening<br>Creative Work Amrita Yoga | Tithi 8<br>931833467  | <b>Gulika</b> 2:05PM – 3:32PM<br><b>Yama</b> 11:11AM – 12:38PM<br><b>Rahu</b> 8:17AM – 9:44AM | <b>Rohini Until 11:04PM</b><br>Vishkambha* Until 12:54AM Tue<br>Visti Until 2:01PM<br><b>Ashtami* Until 2:23AM Tue</b> |
|                              |   |   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Yellow     | Sun 21<br>Vikarin 5121<br>Moon 2 - Phase 44<br>Ashtami<br><b>Devaloka Day</b>  |
|                              |   |   | <b>Sunrise:</b> 6:51AM<br><b>Sunset:</b> 6:25PM   |  |
|                              |   |   | <b>Phalguna-Masi</b>  |  |

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| <b>Tuesday, March 3, 2020</b> |   | Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau |   | Dallas, TX<br>Sutra 324  |
| <b>Retreat Star</b>           |   |  |   |  |
| <b>9</b>                      | Vrishabha Rasi: 27<br>Creative Work Siddha Yoga<br>Until 11:55PM<br>Then Routine Work - Marana Yoga | Tithi 9<br>931833467   | <b>Gulika</b> 12:38PM – 2:05PM<br><b>Yama</b> 9:44AM – 11:11AM<br><b>Rahu</b> 3:32PM – 4:59PM | <b>Mrigashira Until 11:55PM</b><br>Priti Until 11:57PM<br>Balava Until 2:36PM<br><b>Navami* Until 2:33AM Wed</b> |
|                               |   |  | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Yellow     | Sun 22<br>Vikarin 5121<br>Moon 2 - Phase 44<br>Navami<br><b>Devaloka Day</b>                                     |
|                               |   |  | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 6:26PM   |  |
|                               |   |  | <b>Phalguna-Masi</b>  |  |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda


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| <b>1</b> | <b>Wednesday, March 4, 2020</b> |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam |                            |   |                     | Dallas, TX        |
|          |                                 |  | Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau                             |                            |   |                     | Sutra 325         |
|          | Mithuna Rasi: 9.59              | Tithi 10                               | <b>Gulika</b> 11:10AM – 12:38PM   | <b>Ardra Until 11:47PM</b> | <b>Ganesha:</b> Red <i>Sunrise:</i> 6:48AM  | Sun 23              | Vikarin 5121      |
|          | Creative Work                   | Siddha Yoga                            | Yama 8:15AM – 9:43AM  | Ayushman Until 10:18PM     | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:27PM |                     | Moon 2 - Phase 45 |
|          |                                 | 131833467 <b>Rahu</b> 12:38PM – 2:05PM | Taitila Until 2:19PM  | <b>Nataraja:</b> Clear     |   | 4th Phase           |                   |
|          |                                 |  | <b>Dashami Until 1:49AM Thu</b>   | Moon – Yellow              |   | <b>Devaloka Day</b> |                   |
|          |                                 |  |   | <b>Phalguna-Masi</b>       |   |                     |                   |

|          |                                |                                       |  |                                |   |                                    |                   |
|----------|--------------------------------|---------------------------------------|--|--------------------------------|---|------------------------------------|-------------------|
| <b>2</b> | <b>Thursday, March 5, 2020</b> |                                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam |                                |   |                                    | Dallas, TX        |
|          |                                |                                       | Punarvasu Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadashyam Titau                     |                                |   |                                    | Sutra 326         |
|          | Mithuna Rasi: 23.26            | Tithi 11                              | <b>Gulika</b> 9:42AM – 11:10AM   | <b>Punarvasu Until 11:05PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:47AM | Sun 24                             | Vikarin 5121      |
|          | Creative Work                  | Amrita Yoga                           | Yama 6:47AM – 8:14AM   | Saubhagya Until 7:58PM         | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:28PM |                                    | Moon 2 - Phase 45 |
|          |                                | 141833467 <b>Rahu</b> 2:05PM – 3:32PM | Vanija Until 1:09PM  | <b>Nataraja:</b> Clear         |   | 4th Phase                          |                   |
|          |                                |                                       | <b>Ekadashi Until 12:14AM Fri</b>  | Moon – Blue                    |   | <b>Bhuloka Day</b>                 |                   |
|          |                                |                                       |  | <b>Phalguna-Masi</b>           |   | <b>Devaloka Time: 3:PM to 6:PM</b> |                   |

|          |                              |   |   |                            |   |                                    |                   |
|----------|------------------------------|---|---|----------------------------|---|------------------------------------|-------------------|
| <b>3</b> | <b>Friday, March 6, 2020</b> |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam |                            |   |                                    | Dallas, TX        |
|          |                              |   | Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashtyam Titau                 |                            |   |                                    | Sutra 327         |
|          | Kataka Rasi: 7.23            | Tithi 12                                | <b>Gulika</b> 8:13AM – 9:41AM   | <b>Pushya Until 9:29PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:46AM | Sun 25                             | Vikarin 5121      |
|          | Routine Work                 | Marana Yoga                             | Yama 3:33PM – 5:01PM  | Sobhana Until 5:00PM       | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:28PM |                                    | Moon 2 - Phase 45 |
|          |                              | 141833467 <b>Rahu</b> 11:09AM – 12:37PM | Bava Until 11:10AM  | <b>Nataraja:</b> Clear     |   | 4th Phase                          |                   |
|          |                              |   | <b>Dvadashti Until 9:53PM</b>   | Moon – Blue                |   | <b>Bhuloka Day</b>                 |                   |
|          |                              |   |   | <b>Phalguna-Masi</b>       |   | <b>Devaloka Time: 3:PM to 6:PM</b> |                   |

|          |                                |  |   |                               |   |                                    |                   |
|----------|--------------------------------|--|---|-------------------------------|---|------------------------------------|-------------------|
| <b>4</b> | <b>Saturday, March 7, 2020</b> |  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam |                               |   |                                    | Dallas, TX        |
|          |                                |  | Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau         |                               |   |                                    | Sutra 328         |
|          | Kataka Rasi: 21.5              | Tithi 13                               | <b>Gulika</b> 6:44AM – 8:12AM   | <b>Ashlesha* Until 7:07PM</b> | <b>Ganesha:</b> Blue <i>Sunrise:</i> 6:44AM | Sun 26                             | Vikarin 5121      |
|          | Routine Work                   | Marana Yoga                            | Yama 2:05PM – 3:33PM  | Athiganda* Until 1:29PM       | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:29PM |                                    | Moon 2 - Phase 45 |
|          |                                | 141833467 <b>Rahu</b> 9:41AM – 11:09AM | Kaulava Until 8:29AM  | <b>Nataraja:</b> Clear        |   | 4th Phase                          |                   |
|          |                                |  | <b>Trayodashi Until 6:54PM</b>  | Moon – Blue                   |   | <b>Bhuloka Day</b>                 |                   |
|          |                                |  |   | <b>Phalguna-Masi</b>          |   | <b>Devaloka Time: 3:PM to 6:PM</b> |                   |
|          |                                |  |   | <i>Pradosha Vrata</i>         |   |                                    |                   |

|          |                              |                                       |  |                            |   |                     |                   |
|----------|------------------------------|---------------------------------------|--|----------------------------|---|---------------------|-------------------|
| <b>5</b> | <b>Sunday, March 8, 2020</b> |                                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam        |                            |   |                     | Dallas, TX        |
|          |                              |                                       | Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                            |   |                     | Sutra 329         |
|          | Simha Rasi: 6.41             | Tithi 14 – 15                         | <b>Gulika</b> 3:33PM – 5:02PM  | <b>Magha* Until 4:33PM</b> | <b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:43AM | Sun 27              | Vikarin 5121      |
|          | Routine Work                 | Marana Yoga                           | Yama 12:37PM – 2:05PM  | Sukarma Until 9:34AM       | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:30PM   |                     | Moon 2 - Phase 45 |
|          |                              | 151833467 <b>Rahu</b> 5:02PM – 6:30PM | Visti Until 1:38AM Mon   | <b>Nataraja:</b> Clear     |   | 4th Phase           |                   |
|          |                              |                                       | <b>Chaturdashi* Until 3:27PM</b>   | Moon – Red                 |   | <b>Devaloka Day</b> |                   |
|          |                              |                                       |  | <b>Phalguna-Masi</b>       |   |                     |                   |
|          |                              |                                       | <b>Chidambaram Abhishekam</b>  |                            |   |                     |                   |

|   |                              |                                       |   |                                   |  |                     |                   |
|---|------------------------------|---------------------------------------|---|-----------------------------------|--|---------------------|-------------------|
|  | <b>Monday, March 9, 2020</b> |                                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  |                                   |  |                     | Dallas, TX        |
|   |                              |                                       | Purvaphalguni/Uttaraphalguni Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |  |                     | Sutra 330         |
|   | Simha Rasi: 21.5             | Tithi 15 – 16                         | <b>Gulika</b> 2:05PM – 3:33PM   | <b>Purvaphalguni Until 1:34PM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:42AM | Sun 28              | Vikarin 5121      |
|   | <b>Family Home Evening</b>   |                                       | Yama 11:08AM – 12:36PM  | Shula* Until 1:01AM Tue           | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:31PM  |                     | Moon 2 - Phase 45 |
| Creative Work   | Siddha Yoga                  | 152833467 <b>Rahu</b> 8:10AM – 9:39AM | Balava Until 9:49PM   | <b>Nataraja:</b> Clear            |  | Purnima             |                   |
|   |                              |                                       | <b>Purnima* Until 11:43AM</b>   | Moon – Red                        |  | <b>Sivaloka Day</b> |                   |
|   |                              |                                       | <b>Holi</b>   | <b>Phalguna-Masi</b>              |  |                     |                   |

|          |                                |                                       |   |                                     |  |                     |                   |
|----------|--------------------------------|---------------------------------------|---|-------------------------------------|--|---------------------|-------------------|
| <b>6</b> | <b>Tuesday, March 10, 2020</b> |                                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                                     |  |                     | Dallas, TX        |
|          |                                |                                       | Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau          |                                     |  |                     | Sutra 331         |
|          | Kanya Rasi: 7.07               | Tithi 16 – 17                         | <b>Gulika</b> 12:36PM – 2:05PM  | <b>Uttaraphalguni Until 10:22AM</b> | <b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM | Sun 29              | Vikarin 5121      |
|          | Creative Work                  | Amrita Yoga                           | Yama 9:38AM – 11:07AM   | Ganda* Until 8:41PM                 | <b>Muruqa:</b> Orange <i>Sunset:</i> 6:31PM  |                     | Moon 2 - Phase 45 |
|          |                                | 152833467 <b>Rahu</b> 3:34PM – 5:03PM | Gara Until 4:06AM Wed   | <b>Nataraja:</b> Clear              |  | Prathama            |                   |
|          |                                |                                       | <b>Prathama* Until 7:53AM</b>   | Moon – Red                          |  | <b>Sivaloka Day</b> |                   |
|          |                                |                                       |   | <b>Phalguna-Masi</b>                |  |                     |                   |
|          |                                |                                       |   |                                     |  |                     |                   |



Wednesday, March 11, 2020

Gold Retreat Star

Kanya Rasi: 22.22 Tithi 18

162833467

Routine Work Marana Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Dallas, TX

Sun 1 Sutra 332

Vikarin 5121

**Gulika 11:07AM - 12:36PM**

**Yama 8:08AM - 9:38AM**

**Rahu 12:36PM - 2:05PM**

**Hasta Until 7:31AM**

**Vriddhi Until 4:31PM**

**Vanija Until 2:18PM**

**Tritiya Until 12:33AM Thu**

**Ganesha: Clear**

**Sunrise: 6:39AM**

**Muruqa: Orange**

**Sunset: 6:32PM**

**Nataraja: Clear**

**Moon - Green**

**Devaloka Day**

**Phalguna-Masi**

1

Thursday, March 12, 2020

Tula Rasi: 7.23 Tithi 19

162833467

Creative Work Amrita Yoga

Until 2:24AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Svati Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Chaturthyam Titau

Dallas, TX

Sun 2 Sutra 333

Vikarin 5121

**Gulika 9:37AM - 11:06AM**

**Yama 6:38AM - 8:07AM**

**Rahu 2:05PM - 3:34PM**

**Svati Until 2:24AM Fri**

**Dhruva Until 12:36PM**

**Bava Until 10:57AM**

**Chaturthi\* Until 9:25PM**

**Ganesha: Clear**

**Sunrise: 6:38AM**

**Muruqa: Orange**

**Sunset: 6:33PM**

**Nataraja: Clear**

**Moon - Green**

**Devaloka Day**

**Phalguna-Masi**

2

Friday, March 13, 2020

Tula Rasi: 22.05 Tithi 20

172833467

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Vishakha Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Dallas, TX

Sun 3 Sutra 334

Vikarin 5121

**Gulika 8:06AM - 9:36AM**

**Yama 3:34PM - 5:04PM**

**Rahu 11:06AM - 12:35PM**

**Vishakha Until 12:51AM Sat**

**Vyaghata\* Until 9:06AM**

**Kaulava Until 8:04AM**

**Panchami Until 6:50PM**

**Ganesha: Purple**

**Sunrise: 6:37AM**

**Muruqa: Orange**

**Sunset: 6:34PM**

**Nataraja: Clear**

**Moon - Orange**

**Sivaloka Day**

**Phalguna-Masi**

3

Saturday, March 14, 2020

Vrischika Rasi: 6.2 Tithi 21 - 22

172833468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
 Anuradha Nakshatra Harshana/Vajra\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Dallas, TX

Sun 4 Sutra 335

Vikarin 5121

**Gulika 6:35AM - 8:05AM**

**Yama 2:05PM - 3:35PM**

**Rahu 9:35AM - 11:05AM**

**Anuradha Until 11:52PM**

**Harshana Until 6:08AM**

**Visti Until 4:17AM Sun**

**Shashthi\* Until 4:56PM**

**Ganesha: Purple**

**Sunrise: 6:35AM**

**Muruqa: Orange**

**Sunset: 6:34PM**

**Nataraja: Purple**

**Moon - Orange**

**Subha Sivaloka Day**

**Phalguna-Panguni**

4

Sunday, March 15, 2020

Vrischika Rasi: 20.08 Tithi 22 - 23

172933468

Routine Work Marana Yoga

Until 11:31PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dallas, TX

Sun 5 Sutra 336

Vikarin 5121

**Gulika 3:35PM - 5:05PM**

**Yama 12:35PM - 2:05PM**

**Rahu 5:05PM - 6:35PM**

**Jyeshtha\* Until 11:31PM**

**Siddhi Until 1:58AM Mon**

**Balava Until 3:33AM Mon**

**Saptami Until 3:48PM**

**Ganesha: Clear**

**Sunrise: 6:34AM**

**Muruqa: Orange**

**Sunset: 6:35PM**

**Nataraja: Purple**

**Moon - Orange**

**Sivaloka Day**

**Phalguna-Panguni**

5

Monday, March 16, 2020

Retreat Star

Dhanus Rasi: 3.28 Tithi 23 - 24

Family Home Evening

182933468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dallas, TX

Sun 6 Sutra 337

Vikarin 5121

**Gulika 2:05PM - 3:35PM**

**Yama 11:04AM - 12:34PM**

**Rahu 8:03AM - 9:34AM**

**Mula\* Until 12:13AM Tue**

**Vyatipata\* Until 12:50AM Tue**

**Taitila Until 3:36AM Tue**

**Ashtami\* Until 3:28PM**

**Ganesha: Purple**

**Sunrise: 6:33AM**

**Muruqa: Orange**

**Sunset: 6:36PM**

**Nataraja: Purple**

**Moon - Light Blue**

**Devaloka Day**

**Phalguna-Panguni**

Tuesday, March 17, 2020

Retreat Star

Dhanus Rasi: 16.24 Tithi 24 - 25

182933468

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dallas, TX

Sun 7 Sutra 338

Vikarin 5121

**Gulika 12:34PM - 2:05PM**

**Yama 9:33AM - 11:03AM**

**Rahu 3:35PM - 5:06PM**

**Purvashadha\* Until 1:29AM Wed**

**Variyan Until 12:14AM Wed**

**Vanija Until 4:21AM Wed**

**Navami\* Until 3:52PM**

**Ganesha: Purple**

**Sunrise: 6:32AM**

**Muruqa: Orange**

**Sunset: 6:36PM**

**Nataraja: Purple**

**Moon - Light Blue**

**Devaloka Day**

**Phalguna-Panguni**

|                                  |               |  |                                      |  |                        |  |
|----------------------------------|---------------|--|--------------------------------------|--|------------------------|--|
| <b>1</b>                         |               | <b>Wednesday, March 18, 2020</b>       |                                      | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Dallas, TX<br>Sun 8<br>Sutra 339<br>Vikarin 5121 |
| Dhanus Rasi: 29.01               | Tithi 25 – 26 | <b>Gulika</b> 11:03AM – 12:34PM        | <b>Uttarashadha</b> Until 3:10AM Thu | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:30AM |  |
|                                  |               | Yama 8:01AM – 9:32AM                   | Parigha* Until 12:07AM Thu           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 6:37PM  | Moon 3 - Phase 47                                |
|                                  |               | 182933468 <b>Rahu</b> 12:34PM – 2:05PM | Bava Until 5:42AM Thu                | <b>Nataraja:</b> Purple  |                        | 2nd Phase  |
| Creative Work                    | Amrita Yoga   |  | <b>Dashami</b> Until 4:57PM          | Moon – Light Blue  |                        | <b>Devaloka Day</b>                              |
| Until 3:10AM Thu                 |               |  |                                      | <b>Phalguna-Panguni</b>  |                        |  |
| Then Creative Work - Siddha Yoga |               |  |                                      |  |                        |  |

|                    |             |                                       |                                  |   |                        |  |
|--------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|--|
| <b>2</b>           |             | <b>Thursday, March 19, 2020</b>       |                                  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Shiva Yoga Balava Karana Ekadashyam Titau |                        | Dallas, TX<br>Sun 9<br>Sutra 340<br>Vikarin 5121 |
| Makara Rasi: 11.21 | Tithi 26    | <b>Gulika</b> 9:31AM – 11:02AM        | <b>Shravana</b> Until 5:37AM Fri | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:29AM |  |
|                    |             | Yama 6:29AM – 8:00AM                  | Shiva Until 12:23AM Fri          | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:38PM  | Moon 3 - Phase 47                                |
|                    |             | 192933468 <b>Rahu</b> 2:05PM – 3:36PM | Balava Until 6:32PM              | <b>Nataraja:</b> Purple   |                        | 2nd Phase  |
| Creative Work      | Siddha Yoga |                                       | <b>Ekadashi*</b> Until 6:32PM    | Moon – Purple   |                        | <b>Sivaloka Day</b>                              |
|                    |             |                                       |                                  | <b>Phalguna-Panguni</b>   |                        |  |

|                                  |             |   |                                    |  |                        |   |
|----------------------------------|-------------|---|------------------------------------|--|------------------------|---|
| <b>3</b>                         |             | <b>Friday, March 20, 2020</b>           |                                    | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Dallas, TX<br>Sun 10<br>Sutra 341<br>Vikarin 5121 |
| Makara Rasi: 23.31               | Tithi 27    | <b>Gulika</b> 7:59AM – 9:30AM           | <b>Dhanishtha</b> Until 8:12AM Sat | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:28AM |   |
|                                  |             | Yama 3:36PM – 5:07PM                    | Siddha Until 12:53AM Sat           | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 6:39PM  | Moon 3 - Phase 47                                 |
|                                  |             | 192933468 <b>Rahu</b> 11:02AM – 12:33PM | Kaulava Until 7:30AM               | <b>Nataraja:</b> Purple  |                        | 2nd Phase   |
| Creative Work                    | Siddha Yoga |   | <b>Dvadashi*</b> Until 8:29PM      | Moon – Purple  |                        | <b>Sivaloka Day</b>                               |
| Until 8:12AM Sat                 |             |   |                                    | <b>Phalguna-Panguni</b>  |                        |   |
| Then Creative Work - Amrita Yoga |             |   |                                    |  |                        |   |

|                                  |             |  |                                  |   |                        |   |
|----------------------------------|-------------|--|----------------------------------|---|------------------------|---|
| <b>4</b>                         |             | <b>Saturday, March 21, 2020</b>        |                                  | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Dallas, TX<br>Sun 11<br>Sutra 342<br>Vikarin 5121 |
| Kumbha Rasi: 5.34                | Tithi 28    | <b>Gulika</b> 6:26AM – 7:58AM          | <b>Dhanishtha</b> Until 8:12AM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:26AM |   |
|                                  |             | Yama 2:04PM – 3:36PM                   | Sadhya Until 1:34AM Sun          | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:39PM  | Moon 3 - Phase 47                                 |
|                                  |             | 192933468 <b>Rahu</b> 9:30AM – 11:01AM | Gara Until 9:36AM                | <b>Nataraja:</b> Purple   |                        | 2nd Phase   |
| Creative Work                    | Siddha Yoga |  | <b>Trayodashi*</b> Until 10:42PM | Moon – Purple   |                        | <b>Sivaloka Day</b>                               |
| Until 8:12AM                     |             |  |                                  | <b>Phalguna-Panguni</b>   |                        |   |
| Then Creative Work - Amrita Yoga |             |  | <i>Pradosha Vrata (Fasting)</i>  |   |                        |   |

|                    |             |                                       |                                      |   |                        |   |
|--------------------|-------------|---------------------------------------|--------------------------------------|---|------------------------|---|
| <b>5</b>           |             | <b>Sunday, March 22, 2020</b>         |                                      | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Dallas, TX<br>Sun 12<br>Sutra 343<br>Vikarin 5121 |
| Kumbha Rasi: 17.31 | Tithi 29    | <b>Gulika</b> 3:36PM – 5:08PM         | <b>Shatabhishak</b> Until 10:48AM    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:25AM |   |
|                    |             | Yama 12:33PM – 2:04PM                 | Subha Until 2:22AM Mon               | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:40PM  | Moon 3 - Phase 47                                 |
|                    |             | 193933468 <b>Rahu</b> 5:08PM – 6:40PM | Visti Until 11:53AM                  | <b>Nataraja:</b> Purple   |                        | 2nd Phase   |
| Creative Work      | Siddha Yoga |                                       | <b>Chaturdashi*</b> Until 1:03AM Mon | Moon – Purple   |                        | <b>Subha Sivaloka Day</b>                         |
|                    |             |                                       |                                      | <b>Phalguna-Panguni</b>   |                        |   |

|                                  |             |                                       |   |   |                        |   |
|----------------------------------|-------------|---------------------------------------|---|---|------------------------|---|
| <b>Monday, March 23, 2020</b>    |             | <b>Retreat Star</b>                   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Dallas, TX<br>Sun 13<br>Sutra 344<br>Vikarin 5121 |
| Kumbha Rasi: 29.26               | Tithi 30    | <b>Gulika</b> 2:04PM – 3:36PM         | <b>Purvaprosarthapada*</b> Until 1:51PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:24AM |   |
| <b>Family Home Evening</b>       |             | Yama 11:00AM – 12:32PM                | Sukla Until 3:12AM Tue                  | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:41PM  | Moon 3 - Phase 47                                 |
| Routine Work                     | Marana Yoga | 113933468 <b>Rahu</b> 7:56AM – 9:28AM | Catuspada Until 2:17PM                  | <b>Nataraja:</b> Purple   |                        | Amavasya  |
| Until 1:51PM                     |             |                                       | <b>Amavasya*</b> Until 3:28AM Tue       | Moon – Clear  |                        | <b>Sivaloka Day</b>                               |
| Then Creative Work - Siddha Yoga |             |                                       |   | <b>Phalguna-Panguni</b>   |                        |   |

|                                  |             |                                       |   |   |                        |   |
|----------------------------------|-------------|---------------------------------------|---|---|------------------------|---|
| <b>Tuesday, March 24, 2020</b>   |             | <b>Retreat Star</b>                   |   | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Dallas, TX<br>Sun 14<br>Sutra 345<br>Vikarin 5121 |
| Meena Rasi: 11.19                | Tithi 1     | <b>Gulika</b> 12:32PM – 2:04PM        | <b>Uttaraprosarthapada</b> Until 4:47PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:22AM |   |
|                                  |             | Yama 9:27AM – 11:00AM                 | Brahma Until 4:04AM Wed                 | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 6:41PM  | Moon 3 - Phase 47                                 |
|                                  |             | 113933468 <b>Rahu</b> 3:37PM – 5:09PM | Kintughna Until 4:43PM                  | <b>Nataraja:</b> Purple   |                        | Prathama  |
| Creative Work                    | Amrita Yoga |                                       | <b>Prathama*</b> Until 5:55AM Wed       | Moon – Clear  |                        | <b>Sivaloka Day</b>                               |
| Until 4:47PM                     |             | <b>Yugadhi</b>                        |   | <b>Chaitra-Panguni</b>  |                        |   |
| Then Creative Work - Siddha Yoga |             |                                       |   |   |                        |   |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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|                     |              |                                  |                               |  |   |   |  |
|---------------------|--------------|----------------------------------|-------------------------------|--|---|---|--|
| <b>1</b>            |              | <b>Wednesday, March 25, 2020</b> |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Indra Yoga Balava Karana Dvitiyayam Titau                                       |   | Dallas, TX<br>Sun 15<br>Sutra 346<br>Vikarin 5121                     |  |
| Meena Rasi: 23.11   | Tithi 2      | 113933468                        | <b>Gulika</b><br>Yama<br>Rahu | 10:59AM – 12:32PM<br>7:54AM – 9:26AM<br>12:32PM – 2:04PM   | <b>Revati Until 7:33PM</b><br>Indra Until 4:55AM Thu<br>Balava Until 7:10PM<br>Dvitiya Until 8:21AM Thu           | Ganesha: Yellow<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Clear | Sunrise: 6:21AM<br>Sunset: 6:42PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Routine Work        |              | Marana Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| <b>2</b>            |              | <b>Thursday, March 26, 2020</b>  |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Vaidhrili* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                 |   | Dallas, TX<br>Sun 16<br>Sutra 347<br>Vikarin 5121                     |  |
| Mesha Rasi: 5.05    | Tithi 2 – 3  | 123933468                        | <b>Gulika</b><br>Yama<br>Rahu | 9:26AM – 10:58AM<br>6:20AM – 7:53AM<br>2:04PM – 3:37PM   | <b>Ashvini Until 10:36PM</b><br>Vaidhrili* Until 5:41AM Fri<br>Taitila Until 9:33PM<br>Dvitiya Until 8:21AM       | Ganesha: Red<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – White    | Sunrise: 6:20AM<br>Sunset: 6:43PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work       |              | Amrita Yoga                      |                               | Chellappaswami Mahasamadhi   |   | Chaitra•Panguni   |  |
| Until 10:36PM       |              | Then Creative Work - Siddha Yoga |                               |  |   |   |  |
| <b>3</b>            |              | <b>Friday, March 27, 2020</b>    |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                  |   | Dallas, TX<br>Sun 17<br>Sutra 348<br>Vikarin 5121                     |  |
| Mesha Rasi: 17.01   | Tithi 3 – 4  | 123933468                        | <b>Gulika</b><br>Yama<br>Rahu | 7:52AM – 9:25AM<br>3:37PM – 5:10PM<br>10:58AM – 12:31PM  | <b>Bharani Until 1:19AM Sat</b><br>Vishkambha* Until 6:20AM Sat<br>Vanija Until 11:47PM<br>Tritiya Until 10:40AM  | Ganesha: Red<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – White    | Sunrise: 6:19AM<br>Sunset: 6:43PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work       |              | Siddha Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| Until 1:19AM Sat    |              | Then Creative Work - Amrita Yoga |                               |  |   |   |  |
| <b>4</b>            |              | <b>Saturday, March 28, 2020</b>  |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau          |   | Dallas, TX<br>Sun 18<br>Sutra 349<br>Vikarin 5121                     |  |
| Mesha Rasi: 29      | Tithi 4 – 5  | 123933468                        | <b>Gulika</b><br>Yama<br>Rahu | 6:17AM – 7:51AM<br>2:04PM – 3:37PM<br>9:24AM – 10:57AM   | <b>Krittika Until 3:37AM Sun</b><br>Vishkambha* Until 6:20AM<br>Bava Until 1:44AM Sun<br>Chaturthi* Until 12:47PM | Ganesha: Red<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – White    | Sunrise: 6:17AM<br>Sunset: 6:44PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Sivaloka Day</b>       |
| Creative Work       |              | Amrita Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| Until 3:37AM Sun    |              | Then Creative Work - Siddha Yoga |                               |  |   |   |  |
| <b>5</b>            |              | <b>Sunday, March 29, 2020</b>    |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau             |   | Dallas, TX<br>Sun 19<br>Sutra 350<br>Vikarin 5121                     |  |
| Shrabha Rasi: 11.07 | Tithi 5 – 6  | 133933468                        | <b>Gulika</b><br>Yama<br>Rahu | 3:38PM – 5:11PM<br>12:30PM – 2:04PM<br>5:11PM – 6:45PM   | <b>Rohini Until 5:50AM Mon</b><br>Priti Until 6:46AM<br>Kaulava Until 3:16AM Mon<br>Panchami Until 2:33PM         | Ganesha: Blue<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Yellow  | Sunrise: 6:16AM<br>Sunset: 6:45PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work       |              | Siddha Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| Until 5:50AM Mon    |              | Then Creative Work - Amrita Yoga |                               |  |   |   |  |
| <b>6</b>            |              | <b>Monday, March 30, 2020</b>    |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau         |   | Dallas, TX<br>Sun 20<br>Sutra 351<br>Vikarin 5121                     |  |
| Shrabha Rasi: 23.25 | Tithi 6 – 7  | 133933468                        | <b>Gulika</b><br>Yama<br>Rahu | 2:04PM – 3:38PM<br>10:56AM – 12:30PM<br>7:49AM – 9:22AM  | <b>Mrigashira Until 7:17AM Tue</b><br>Ayushman Until 6:50AM<br>Gara Until 4:13AM Tue<br>Shashthi* Until 3:49PM    | Ganesha: Blue<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Yellow  | Sunrise: 6:15AM<br>Sunset: 6:46PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work       |              | Amrita Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| Until 7:17AM Tue    |              | Then Routine Work - Marana Yoga  |                               |  |   |   |  |
| <b>Retreat Star</b> |              | <b>Tuesday, March 31, 2020</b>   |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |   | Dallas, TX<br>Sun 21<br>Sutra 352<br>Vikarin 5121                     |  |
| Mithuna Rasi: 5.58  | Tithi 7 – 8  | 133933468                        | <b>Gulika</b><br>Yama<br>Rahu | 12:30PM – 2:04PM<br>9:22AM – 10:56AM<br>3:38PM – 5:12PM  | <b>Mrigashira Until 7:17AM</b><br>Saubhagya Until 6:26AM<br>Visti Until 4:26AM Wed<br>Saptami Until 4:25PM        | Ganesha: Blue<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Yellow  | Sunrise: 6:13AM<br>Sunset: 6:46PM<br>Moon 3 - Phase 48<br>3rd Phase<br><b>Subha Sivaloka Day</b> |
| Creative Work       |              | Siddha Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| Until 7:17AM        |              | Then Routine Work - Marana Yoga  |                               |  |   |   |  |
| <b>Retreat Star</b> |              | <b>Wednesday, April 1, 2020</b>  |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau              |   | Dallas, TX<br>Sun 22<br>Sutra 353<br>Vikarin 5121                     |  |
| Mithuna Rasi: 18.52 | Tithi 8 – 9  | 133933468                        | <b>Gulika</b><br>Yama<br>Rahu | 10:56AM – 12:30PM<br>7:47AM – 9:22AM<br>12:30PM – 2:04PM   | <b>Ardra Until 7:53AM</b><br>Athiganda* Until 3:52AM Thu<br>Balava Until 3:51AM Thu<br>Ashtami* Until 4:14PM      | Ganesha: Blue<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Yellow  | Sunrise: 6:13AM<br>Sunset: 6:46PM<br>Moon 3 - Phase 48<br>Ashtami<br><b>Subha Sivaloka Day</b>   |
| Creative Work       |              | Siddha Yoga                      |                               |  |   | Chaitra•Panguni   |  |
| <b>Retreat Star</b> |              | <b>Thursday, April 2, 2020</b>   |                               | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau             |   | Dallas, TX<br>Sun 23<br>Sutra 354<br>Vikarin 5121                     |  |
| Kataka Rasi: 2.12   | Tithi 9 – 10 | 143933468                        | <b>Gulika</b><br>Yama<br>Rahu | 9:21AM – 10:55AM<br>6:12AM – 7:46AM<br>2:04PM – 3:38PM   | <b>Punarvasu Until 7:59AM</b><br>Sukarma Until 1:37AM Fri<br>Taitila Until 2:26AM Fri<br>Navami* Until 3:13PM     | Ganesha: Yellow<br>Muruqa: Orange<br>Nataraja: Purple<br>Moon – Blue  | Sunrise: 6:12AM<br>Sunset: 6:47PM<br>Moon 3 - Phase 48<br>Navami<br><b>Sivaloka Day</b>          |
| Creative Work       |              | Amrita Yoga                      |                               | Sri Rama Navami  |   | Chaitra•Panguni   |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

|   |                                     |  |                          |                                    |   |
|---|-------------------------------------|--|--------------------------|------------------------------------|---|
| 1 | <b>Friday, April 3, 2020</b>        | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                          |                                    | Dallas, TX<br>Sutra 355<br>Vikarin 5121 |
|   | Kataka Rasi: 15.59    Tithi 10 – 11 | Gulika    7:45AM – 9:20AM  | Pushya Until 7:08AM      | Ganesha: Yellow    Sunrise: 6:11AM | Sun 24                                  |
|   | Routine Work    Marana Yoga         | Yama    3:38PM – 5:13PM  | Dhriti Until 10:46PM     | Muruqa: Orange    Sunset: 6:48PM   | Moon 3 - Phase 49                       |
|   |                                     | 143933468 Rahu    10:55AM – 12:29PM  | Vanija Until 12:15AM Sat | Nataraja: Purple<br>Moon – Blue    | 4th Phase                               |
|   | Yogaswami Mahasamadhi               | Dashami Until 1:25PM   | Chaitra•Panguni          | Sivaloka Day                       |   |

|   |  |   |                         |                                   |   |
|---|--|---|-------------------------|-----------------------------------|---|
| 2 | <b>Saturday, April 4, 2020</b>                       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                         |                                   | Dallas, TX<br>Sutra 356<br>Vikarin 5121 |
|   | Simha Rasi: 0.16    Tithi 11 – 12                    | Gulika    6:10AM – 7:44AM   | Magha* Until 3:19AM Sun | Ganesha: White    Sunrise: 6:10AM | Sun 25                                  |
|   | Creative Work    Amrita Yoga                         | Yama    2:04PM – 3:39PM   | Shula* Until 7:20PM     | Muruqa: Orange    Sunset: 6:48PM  | Moon 3 - Phase 49                       |
|   | Until 3:19AM Sun<br>Then Creative Work - Siddha Yoga | 153933468 Rahu    9:19AM – 10:54AM  | Bava Until 9:25PM       | Nataraja: Purple<br>Moon – Red    | 4th Phase                               |
|   |  | Ekadashi Until 10:54AM  | Chaitra•Panguni         | Subha Sivaloka Day                |   |

|   |                                    |   |                                 |                                   |   |
|---|------------------------------------|---|---------------------------------|-----------------------------------|---|
| 3 | <b>Sunday, April 5, 2020</b>       | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                 |                                   | Dallas, TX<br>Sutra 357<br>Vikarin 5121 |
|   | Simha Rasi: 14.59    Tithi 12 – 13 | Gulika    3:39PM – 5:14PM   | Purvaphalguni Until 12:38AM Mon | Ganesha: White    Sunrise: 6:08AM | Sun 26                                  |
|   | Creative Work    Siddha Yoga       | Yama    12:29PM – 2:04PM  | Ganda* Until 3:29PM             | Muruqa: Orange    Sunset: 6:49PM  | Moon 3 - Phase 49                       |
|   |                                    | 153933468 Rahu    5:14PM – 6:49PM   | Kaulava Until 6:05PM            | Nataraja: Purple<br>Moon – Red    | 4th Phase                               |
|   |                                    | Dvadashi Until 7:47AM   | Chaitra•Panguni                 | Subha Sivaloka Day                |   |
|   |                                    | <i>Pradosha Vrata</i>   |                                 |                                   |   |

|   |                              |  |                             |                                   |   |
|---|------------------------------|--|-----------------------------|-----------------------------------|---|
| 4 | <b>Monday, April 6, 2020</b> | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau |                             |                                   | Dallas, TX<br>Sutra 358<br>Vikarin 5121 |
|   | Kanya Rasi: 0.02    Tithi 14 | Gulika    2:04PM – 3:39PM  | Uttaraphalguni Until 9:32PM | Ganesha: Clear    Sunrise: 6:07AM | Sun 27                                  |
|   | Family Home Evening          | Yama    10:53AM – 12:28PM  | Vridhhi Until 11:21AM       | Muruqa: Orange    Sunset: 6:50PM  | Moon 3 - Phase 49                       |
|   | Creative Work    Siddha Yoga | 154933468 Rahu    7:42AM – 9:18AM  | Gara Until 2:23PM           | Nataraja: Purple<br>Moon – Red    | 4th Phase                               |
|   |                              | Chaturdashi* Until 12:27AM Tue   | Chaitra•Panguni             | Sivaloka Day                      |   |

|   |                                    |   |                     |                                    |   |
|---|------------------------------------|---|---------------------|------------------------------------|---|
| ○ | <b>Tuesday, April 7, 2020</b>      | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau |                     |                                    | Dallas, TX<br>Sutra 359<br>Vikarin 5121 |
|   | <b>Copper Retreat Star</b>         | Gulika    12:28PM – 2:04PM  | Hasta Until 6:34PM  | Ganesha: Purple    Sunrise: 6:06AM | Sun 28                                  |
|   | Kanya Rasi: 15.18    Tithi 15      | Yama    9:17AM – 10:52AM  | Dhruva Until 7:01AM | Muruqa: Orange    Sunset: 6:50PM   | Moon 3 - Phase 49                       |
|   | Creative Work    Siddha Yoga       | 164933468 Rahu    3:39PM – 5:15PM   | Visti Until 10:31AM | Nataraja: Purple<br>Moon – Green   | Purnima                                 |
|   | Panguni Uttiram<br>Hanuman Jayanti | Purnima* Until 8:33PM   | Chaitra•Panguni     | Devaloka Day                       |   |

|   |                                 |  |                        |                                    |   |
|---|---------------------------------|--|------------------------|------------------------------------|---|
| ○ | <b>Wednesday, April 8, 2020</b> | Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                        |                                    | Dallas, TX<br>Sutra 360<br>Vikarin 5121 |
|   | <b>Silver Retreat Star</b>      | Gulika    10:52AM – 12:28PM  | Chitra Until 3:33PM    | Ganesha: Purple    Sunrise: 6:04AM | Sun 29                                  |
|   | Tula Rasi: 1    Tithi 16 – 17   | Yama    7:40AM – 9:16AM  | Harshana Until 10:27PM | Muruqa: Clear    Sunset: 6:51PM    | Moon 3 - Phase 49                       |
|   | Creative Work    Siddha Yoga    | 164934468 Rahu    12:28PM – 2:04PM   | Balava Until 6:39AM    | Nataraja: Purple<br>Moon – Green   | Prathama                                |
|   |                                 | Prathama* Until 4:45PM   | Chaitra•Panguni        | Devaloka Day                       |   |





**Thursday, April 9, 2020**  
**Gold Retreat Star**

Tula Rasi: 15.45 Tithi 17 – 18

164134468

Creative Work Amrita Yoga  
Until 12:39PM  
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dallas, TX  
Sun 1  
Sutra 361  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 9:15AM – 10:51AM  
Yama 6:03AM – 7:39AM  
**Rahu** 2:04PM – 3:40PM

**Svati Until 12:39PM**  
Vajra\* Until 6:28PM  
Vanija Until 11:36PM  
**Dvitiya Until 1:12PM**

**Ganesha:** White *Sunrise:* 6:03AM  
**Muruqa:** Clear *Sunset:* 6:52PM  
**Nataraja:** Purple  
Moon – Green

**Devaloka Day**

**Chaitra•Panguni**

**1**

**Friday, April 10, 2020**

Vischika Rasi: 0.37 Tithi 18 – 19

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Siddhi/Vyaltipala\* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Dallas, TX  
Sun 2  
Sutra 362  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 7:38AM – 9:15AM  
Yama 3:40PM – 5:16PM  
**Rahu** 10:51AM – 12:27PM

**Vishakha Until 10:27AM**  
Siddhi Until 2:54PM  
Bava Until 8:46PM  
**Tritiya Until 10:06AM**

**Ganesha:** Yellow *Sunrise:* 6:02AM  
**Muruqa:** Clear *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

**Chaitra•Panguni**

**2**

**Saturday, April 11, 2020**

Vischika Rasi: 15.03 Tithi 19 – 20

174134468

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaltipala\* Varyian Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dallas, TX  
Sun 3  
Sutra 363  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 6:01AM – 7:37AM  
Yama 2:04PM – 3:40PM  
**Rahu** 9:14AM – 10:50AM

**Anuradha Until 8:43AM**  
Vyaltipala\* Until 11:51AM  
Kaulava Until 6:36PM  
**Chaturthi\* Until 7:34AM**

**Ganesha:** Yellow *Sunrise:* 6:01AM  
**Muruqa:** Clear *Sunset:* 6:53PM  
**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

**Chaitra•Panguni**

**3**

**Sunday, April 12, 2020**

Vischika Rasi: 29.01 Tithi 21

174134468

Routine Work Marana Yoga  
Until 7:33AM  
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Varyian/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Dallas, TX  
Sun 4  
Sutra 364  
Vikarin 5121  
Moon 4 - Phase 50  
1st Phase

**Gulika** 3:40PM – 5:17PM  
Yama 12:27PM – 2:04PM  
**Rahu** 5:17PM – 6:54PM

**Jyeshtha\* Until 7:33AM**  
Varyian Until 9:23AM  
Gara Until 5:12PM  
**Shashthi\* Until 4:48AM Mon**

**Ganesha:** Yellow *Sunrise:* 6:00AM  
**Muruqa:** Clear *Sunset:* 6:54PM  
**Nataraja:** Purple  
Moon – Orange

**Sivaloka Day**

**Chaitra•Panguni**

**4**

**Monday, April 13, 2020**

Dhanus Rasi: 12.29 Tithi 22

**Family Home Evening**

184134468

Creative Work Siddha Yoga  
Until 7:31AM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Visti/Bava Karana Saptamyam Titau

Dallas, TX  
Sun 5  
Sutra 1  
Sarvari 5122  
Moon 4 - Phase 50  
1st Phase

**Gulika** 2:04PM – 3:41PM  
Yama 10:49AM – 12:26PM  
**Rahu** 7:35AM – 9:12AM

**Mula\* Until 7:31AM**  
Parigha\* Until 7:36AM  
Visti Until 4:39PM  
**Saptami Until 4:41AM Tue**

**Ganesha:** Blue *Sunrise:* 5:58AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Light Blue

**Devaloka Day**

**Chaitra•Chaitra**

**Tamil New Year**

**D**

**Tuesday, April 14, 2020**

**Retreat Star**

Dhanus Rasi: 25.31 Tithi 23

284134468

Creative Work Siddha Yoga  
Until 8:09AM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Dallas, TX  
Sun 6  
Sutra 2  
Sarvari 5122  
Moon 4 - Phase 50  
Ashtami

**Gulika** 12:26PM – 2:04PM  
Yama 9:12AM – 10:49AM  
**Rahu** 3:41PM – 5:18PM

**Purvashadha\* Until 8:09AM**  
Shiva Until 6:30AM  
Balava Until 4:57PM  
**Ashtami\* Until 5:22AM Wed**

**Ganesha:** Yellow *Sunrise:* 5:57AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**

**Chaitra•Chaitra**

**Wednesday, April 15, 2020**

**Retreat Star**

Makara Rasi: 8.08 Tithi 24

284134468

Creative Work Amrita Yoga  
Until 9:24AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Dallas, TX  
Sun 7  
Sutra 3  
Sarvari 5122  
Moon 4 - Phase 50  
Navami

**Gulika** 10:48AM – 12:26PM  
Yama 7:33AM – 9:11AM  
**Rahu** 12:26PM – 2:03PM

**Uttarashadha Until 9:24AM**  
Siddha Until 6:00AM  
Taitila Until 5:59PM  
**Navami\* Until 6:44AM Thu**

**Ganesha:** Yellow *Sunrise:* 5:56AM  
**Muruqa:** Clear *Sunset:* 6:56PM  
**Nataraja:** Purple  
Moon – Light Blue

**Sivaloka Day**

**Chaitra•Chaitra**

**Chidambaram Abhishekam**

|   |                                 |               |  |                         |   |  |                                  |
|---|---------------------------------|---------------|--|-------------------------|---|--|----------------------------------|
| 1 | <b>Thursday, April 16, 2020</b> |               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                         |   |  | Dallas, TX<br>Sutra 4            |
|   | Makara Rasi: 20.28              | Tithi 24 – 25 | <b>Gulika</b>  | <b>9:10AM – 10:48AM</b> | <b>Shravana Until 11:36AM</b>               | <b>Ganesha: Blue</b>                                 | Sun 8<br>Sarvari 5122            |
|   |                                 |               | Yama   | 5:55AM – 7:33AM         | Sadhya Until 6:02AM                         | Sunrise: 5:55AM<br>Sunset: 6:57PM                    | Moon 4 - Phase 1                 |
|   | Creative Work                   | Siddha Yoga   | 294134468 <b>Rahu</b>  | <b>2:03PM – 3:41PM</b>  | Vanija Until 7:38PM<br>Navami* Until 6:44AM | Nataraja: Purple<br>Moon – Purple<br>Chaitra*Chaitra | 2nd Phase<br><b>Devaloka Day</b> |

|   |                               |               |   |                          |   |  |                                  |
|---|-------------------------------|---------------|---|--------------------------|---|--|----------------------------------|
| 2 | <b>Friday, April 17, 2020</b> |               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |                          |   |  | Dallas, TX<br>Sutra 5            |
|   | Kumbha Rasi: 2.35             | Tithi 25 – 26 | <b>Gulika</b>   | <b>7:32AM – 9:10AM</b>   | <b>Dhanishtha Until 2:07PM</b>            | <b>Ganesha: Blue</b>                                 | Sun 9<br>Sarvari 5122            |
|   |                               |               | Yama  | 3:41PM – 5:19PM          | Subha Until 6:30AM                        | Sunrise: 5:54AM<br>Sunset: 6:57PM                    | Moon 4 - Phase 1                 |
|   | Creative Work                 | Siddha Yoga   | 294134468 <b>Rahu</b>   | <b>10:48AM – 12:26PM</b> | Bava Until 9:43PM<br>Dashami Until 8:37AM | Nataraja: Purple<br>Moon – Purple<br>Chaitra*Chaitra | 2nd Phase<br><b>Devaloka Day</b> |

|   |                                 |               |  |                         |  |  |                                  |
|---|---------------------------------|---------------|--|-------------------------|--|--|----------------------------------|
| 3 | <b>Saturday, April 18, 2020</b> |               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                         |  |  | Dallas, TX<br>Sutra 6            |
|   | Kumbha Rasi: 14.34              | Tithi 26 – 27 | <b>Gulika</b>  | <b>5:52AM – 7:31AM</b>  | <b>Shatabhishak Until 4:46PM</b>                     | <b>Ganesha: Yellow</b>                               | Sun 10<br>Sarvari 5122           |
|   |                                 |               | Yama   | 2:04PM – 3:42PM         | Sukla Until 7:12AM                                   | Sunrise: 5:52AM<br>Sunset: 6:58PM                    | Moon 4 - Phase 1                 |
|   | Creative Work                   | Amrita Yoga   | 295134468 <b>Rahu</b>  | <b>9:09AM – 10:47AM</b> | Kaulava Until 12:03AM Sun<br>Ekadashi* Until 10:51AM | Nataraja: Purple<br>Moon – Purple<br>Chaitra*Chaitra | 2nd Phase<br><b>Sivaloka Day</b> |

|   |                               |               |   |                        |   |   |                                  |
|---|-------------------------------|---------------|---|------------------------|---|---|----------------------------------|
| 4 | <b>Sunday, April 19, 2020</b> |               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        |   |   | Dallas, TX<br>Sutra 7            |
|   | Kumbha Rasi: 26.28            | Tithi 27 – 28 | <b>Gulika</b>   | <b>3:42PM – 5:20PM</b> | <b>Purvaproshtapada* Until 7:53PM</b>           | <b>Ganesha: Yellow</b>                              | Sun 11<br>Sarvari 5122           |
|   |                               |               | Yama  | 12:25PM – 2:04PM       | Brahma Until 8:04AM                             | Sunrise: 5:51AM<br>Sunset: 6:59PM                   | Moon 4 - Phase 1                 |
|   | Creative Work                 | Siddha Yoga   | 215134468 <b>Rahu</b>   | <b>5:20PM – 6:59PM</b> | Gara Until 2:30AM Mon<br>Dvadashi* Until 1:15PM | Nataraja: Purple<br>Moon – Clear<br>Chaitra*Chaitra | 2nd Phase<br><b>Sivaloka Day</b> |

*Pradosha Vrata (Fasting)*

|   |                               |               |  |                        |  |   |                                  |
|---|-------------------------------|---------------|--|------------------------|--|---|----------------------------------|
| 5 | <b>Monday, April 20, 2020</b> |               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |  |   | Dallas, TX<br>Sutra 8            |
|   | Meena Rasi: 8.19              | Tithi 28 – 29 | <b>Gulika</b>  | <b>2:04PM – 3:42PM</b> | <b>Uttaraproshtapada Until 10:51PM</b>             | <b>Ganesha: Yellow</b>                              | Sun 12<br>Sarvari 5122           |
|   | <b>Family Home Evening</b>    |               | Yama   | 10:46AM – 12:25PM      | Indra Until 9:00AM                                 | Sunrise: 5:50AM<br>Sunset: 7:00PM                   | Moon 4 - Phase 1                 |
|   | Creative Work                 | Siddha Yoga   | 215134468 <b>Rahu</b>  | <b>7:29AM – 9:08AM</b> | Visti Until 4:56AM Tue<br>Trayodashi* Until 3:42PM | Nataraja: Purple<br>Moon – Clear<br>Chaitra*Chaitra | 2nd Phase<br><b>Sivaloka Day</b> |

|   |                                |             |   |                         |  |   |                                  |
|---|--------------------------------|-------------|---|-------------------------|--|---|----------------------------------|
| 6 | <b>Tuesday, April 21, 2020</b> |             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau |                         |  |   | Dallas, TX<br>Sutra 9            |
|   | Meena Rasi: 20.12              | Tithi 29    | <b>Gulika</b>   | <b>12:25PM – 2:04PM</b> | <b>Revati Until 1:35AM Wed</b>                   | <b>Ganesha: Yellow</b>                              | Sun 13<br>Sarvari 5122           |
|   |                                |             | Yama  | 9:07AM – 10:46AM        | Vaidhriti* Until 9:53AM                          | Sunrise: 5:49AM<br>Sunset: 7:00PM                   | Moon 4 - Phase 1                 |
|   | Creative Work                  | Siddha Yoga | 215134468 <b>Rahu</b>   | <b>3:42PM – 5:21PM</b>  | Sakuni Until 6:06PM<br>Chaturdashi* Until 6:06PM | Nataraja: Purple<br>Moon – Clear<br>Chaitra*Chaitra | 2nd Phase<br><b>Sivaloka Day</b> |

|   |                                  |             |  |                          |  |   |                                 |
|---|----------------------------------|-------------|--|--------------------------|--|---|---------------------------------|
| ● | <b>Wednesday, April 22, 2020</b> |             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                          |  |   | Dallas, TX<br>Sutra 10          |
|   | <b>Retreat Star</b>              |             | <b>Gulika</b>  | <b>10:45AM – 12:24PM</b> | <b>Ashvini Until 4:31AM Thu</b>                  | <b>Ganesha: Red</b>                                 | Sun 14<br>Sarvari 5122          |
|   | Mesha Rasi: 2.06                 | Tithi 30    | Yama   | 7:27AM – 9:06AM          | Vishkambha* Until 10:43AM                        | Sunrise: 5:48AM<br>Sunset: 7:01PM                   | Moon 4 - Phase 1                |
|   | Routine Work                     | Marana Yoga | 225134468 <b>Rahu</b>  | <b>12:24PM – 2:04PM</b>  | Catuspada Until 7:17AM<br>Amavasya* Until 8:23PM | Nataraja: Purple<br>Moon – White<br>Chaitra*Chaitra | Amavasya<br><b>Sivaloka Day</b> |

|   |                                 |             |   |                         |   |   |                                 |
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| ● | <b>Thursday, April 23, 2020</b> |             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau |                         |   |   | Dallas, TX<br>Sutra 11          |
|   | <b>Retreat Star</b>             |             | <b>Gulika</b>   | <b>9:06AM – 10:45AM</b> | <b>Bharani Until 7:06AM Fri</b>                   | <b>Ganesha: Red</b>                                 | Sun 15<br>Sarvari 5122          |
|   | Mesha Rasi: 14.04               | Tithi 1     | Yama  | 5:47AM – 7:26AM         | Priti Until 11:27AM                               | Sunrise: 5:47AM<br>Sunset: 7:02PM                   | Moon 4 - Phase 1                |
|   | Creative Work                   | Siddha Yoga | 225134468 <b>Rahu</b>   | <b>2:04PM – 3:43PM</b>  | Kintughna Until 9:29AM<br>Prathama* Until 10:29PM | Nataraja: Purple<br>Moon – White<br>Vaisaka*Chaitra | Prathama<br><b>Sivaloka Day</b> |

|          |                               |             |   |                             |                        |                        |                                  |
|----------|-------------------------------|-------------|---|-----------------------------|------------------------|------------------------|----------------------------------|
| <b>1</b> | <b>Friday, April 24, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |                        |                        | Dallas, TX<br>Sun 16<br>Sutra 12 |
|          | Mesha Rasi: 26.06             | Tithi 2     | <b>Gulika</b> 7:25AM – 9:05AM   | <b>Bharani Until 7:06AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:46AM | Sarvari 5122                     |
|          |                               |             | Yama 3:43PM – 5:23PM  | Ayushman Until 11:59AM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:02PM  | Moon 4 - Phase 2                 |
|          | Creative Work                 | Siddha Yoga | 225134469 <b>Rahu</b> 10:45AM – 12:24PM   | Balava Until 11:28AM        | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                               |             | <b>Dvitiya Until 12:21AM Sat</b>  | Moon – White                |                        | <b>Devaloka Day</b>    |                                  |
|          |                               |             |   | <b>Vaisaka-Chaitra</b>      |                        |                        |                                  |

|          |                                 |             |  |                              |                        |                        |                                  |
|----------|---------------------------------|-------------|--|------------------------------|------------------------|------------------------|----------------------------------|
| <b>2</b> | <b>Saturday, April 25, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau |                              |                        |                        | Dallas, TX<br>Sun 17<br>Sutra 13 |
|          | Wrishabha Rasi: 8.14            | Tithi 3     | <b>Gulika</b> 5:45AM – 7:25AM  | <b>Krittika Until 9:16AM</b> | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 5:45AM | Sarvari 5122                     |
|          |                                 |             | Yama 2:04PM – 3:44PM   | Saubhagya Until 12:19PM      | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:03PM  | Moon 4 - Phase 2                 |
|          | Creative Work                   | Amrita Yoga | 225134469 <b>Rahu</b> 9:04AM – 10:44AM   | Taitila Until 1:11PM         | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                                 |             | <b>Tritiya Until 1:53AM Sun</b>  | Moon – White                 |                        | <b>Devaloka Day</b>    |                                  |
|          |                                 |             | <b>Akshaya Tritiya</b>   | <b>Vaisaka-Chaitra</b>       |                        |                        |                                  |

|          |                               |             |  |                             |                        |                        |                                  |
|----------|-------------------------------|-------------|--|-----------------------------|------------------------|------------------------|----------------------------------|
| <b>3</b> | <b>Sunday, April 26, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau |                             |                        |                        | Dallas, TX<br>Sun 18<br>Sutra 14 |
|          | Wrishabha Rasi: 20.31         | Tithi 4     | <b>Gulika</b> 3:44PM – 5:24PM  | <b>Rohini Until 11:26AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:44AM | Sarvari 5122                     |
|          |                               |             | Yama 12:24PM – 2:04PM  | Sobhana Until 12:24PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:04PM  | Moon 4 - Phase 2                 |
|          | Creative Work                 | Siddha Yoga | 235134469 <b>Rahu</b> 5:24PM – 7:04PM  | Vanija Until 2:32PM         | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                               |             | <b>Chaturthi* Until 3:02AM Mon</b>   | Moon – Yellow               |                        | <b>Devaloka Day</b>    |                                  |
|          |                               |             |  | <b>Vaisaka-Chaitra</b>      |                        |                        |                                  |

|          |                               |             |  |                                |                        |                                    |                                  |
|----------|-------------------------------|-------------|--|--------------------------------|------------------------|------------------------------------|----------------------------------|
| <b>4</b> | <b>Monday, April 27, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau |                                |                        |                                    | Dallas, TX<br>Sun 19<br>Sutra 15 |
|          | Mithuna Rasi: 2.59            | Tithi 5     | <b>Gulika</b> 2:04PM – 3:44PM  | <b>Mrigashira Until 1:00PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:43AM             | Sarvari 5122                     |
|          | <b>Family Home Evening</b>    |             | Yama 10:43AM – 12:24PM   | Athiganda* Until 12:07PM       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:05PM              | Moon 4 - Phase 2                 |
|          | Creative Work                 | Amrita Yoga | 236134469 <b>Rahu</b> 7:23AM – 9:03AM  | Bava Until 3:27PM              | <b>Nataraja:</b> Clear |                                    | 3rd Phase                        |
|          |                               |             | <b>Panchami Until 3:41AM Tue</b>   | Moon – Yellow                  |                        | <b>Bhuloka Day</b>                 |                                  |
|          |                               |             | <b>Adi Sankara Jayanthi</b>  | <b>Vaisaka-Chaitra</b>         |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                                  |
|          |                               |             |  |                                |                        |                                    |                                  |

|          |                                |             |  |                           |                        |                                    |                                  |
|----------|--------------------------------|-------------|--|---------------------------|------------------------|------------------------------------|----------------------------------|
| <b>5</b> | <b>Tuesday, April 28, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau |                           |                        |                                    | Dallas, TX<br>Sun 20<br>Sutra 16 |
|          | Mithuna Rasi: 15.4             | Tithi 6     | <b>Gulika</b> 12:23PM – 2:04PM   | <b>Ardra Until 1:55PM</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 5:42AM             | Sarvari 5122                     |
|          |                                |             | Yama 9:03AM – 10:43AM  | Sukarma Until 11:27AM     | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:05PM              | Moon 4 - Phase 2                 |
|          | Routine Work                   | Marana Yoga | 236134469 <b>Rahu</b> 3:44PM – 5:25PM  | Kaulava Until 3:49PM      | <b>Nataraja:</b> Clear |                                    | 3rd Phase                        |
|          |                                |             | <b>Shashthi* Until 3:45AM Wed</b>  | Moon – Yellow             |                        | <b>Bhuloka Day</b>                 |                                  |
|          |                                |             |  | <b>Vaisaka-Chaitra</b>    |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                                  |
|          |                                |             |  |                           |                        |                                    |                                  |

|          |                                  |             |   |                               |                        |                        |                                  |
|----------|----------------------------------|-------------|---|-------------------------------|------------------------|------------------------|----------------------------------|
| <b>6</b> | <b>Wednesday, April 29, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau |                               |                        |                        | Dallas, TX<br>Sun 21<br>Sutra 17 |
|          | Mithuna Rasi: 28.37              | Tithi 7     | <b>Gulika</b> 10:43AM – 12:23PM   | <b>Punarvasu Until 2:33PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:41AM | Sarvari 5122                     |
|          |                                  |             | Yama 7:21AM – 9:02AM  | Dhriti Until 10:19AM          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:06PM  | Moon 4 - Phase 2                 |
|          | Creative Work                    | Siddha Yoga | 246134469 <b>Rahu</b> 12:23PM – 2:04PM  | Gara Until 3:34PM             | <b>Nataraja:</b> Clear |                        | 3rd Phase                        |
|          |                                  |             | <b>Saptami Until 3:11AM Thu</b>   | Moon – Blue                   |                        | <b>Devaloka Day</b>    |                                  |
|          |                                  |             |   | <b>Vaisaka-Chaitra</b>        |                        |                        |                                  |

|          |                                 |             |   |                            |                        |                        |                                  |
|----------|---------------------------------|-------------|---|----------------------------|------------------------|------------------------|----------------------------------|
| <b>D</b> | <b>Thursday, April 30, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau |                            |                        |                        | Dallas, TX<br>Sun 22<br>Sutra 18 |
|          | <b>Retreat Star</b>             |             | <b>Gulika</b> 9:01AM – 10:42AM  | <b>Pushya Until 2:23PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:40AM | Sarvari 5122                     |
|          | Kataka Rasi: 11.55              | Tithi 8     | Yama 5:40AM – 7:21AM  | Shula* Until 8:39AM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:07PM  | Moon 4 - Phase 2                 |
|          | Creative Work                   | Amrita Yoga | 246134469 <b>Rahu</b> 2:04PM – 3:45PM   | Vistil Until 2:40PM        | <b>Nataraja:</b> Clear |                        | Ashtami                          |
|          |                                 |             | <b>Ashtami* Until 1:57AM Fri</b>  | Moon – Blue                |                        | <b>Devaloka Day</b>    |                                  |
|          |                                 |             |   | <b>Vaisaka-Chaitra</b>     |                        |                        |                                  |

|          |                            |             |  |                               |                        |                        |                                  |
|----------|----------------------------|-------------|--|-------------------------------|------------------------|------------------------|----------------------------------|
| <b>D</b> | <b>Friday, May 1, 2020</b> |             | Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau |                               |                        |                        | Dallas, TX<br>Sun 23<br>Sutra 19 |
|          | <b>Retreat Star</b>        |             | <b>Gulika</b> 7:19AM – 9:00AM  | <b>Ashlesha* Until 1:24PM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 5:38AM | Sarvari 5122                     |
|          | Kataka Rasi: 25.36         | Tithi 9     | Yama 3:46PM – 5:27PM   | Ganda* Until 6:27AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:08PM  | Moon 4 - Phase 2                 |
|          | Routine Work               | Marana Yoga | 246134469 <b>Rahu</b> 10:42AM – 12:23PM  | Balava Until 1:06PM           | <b>Nataraja:</b> Clear |                        | Navami                           |
|          |                            |             | <b>Navami* Until 12:04AM Sat</b>   | Moon – Blue                   |                        | <b>Devaloka Day</b>    |                                  |
|          |                            |             |  | <b>Vaisaka-Chaitra</b>        |                        |                        |                                  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


|                                  |             |  |                             |   |                        |                             |                  |                        |
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| <b>1</b>                         |             | <b>Saturday, May 2, 2020</b>           |                             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau |                        |                             |                  | Dallas, TX<br>Sutra 20 |
| Simha Rasi: 9.41                 | Tithi 10    | <b>Gulika</b> 5:37AM – 7:18AM          | <b>Magha* Until 12:06PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:37AM | Sun 24                      | Sarvari 5122     |                        |
|                                  |             | Yama 2:04PM – 3:46PM                   | Dhruva Until 12:34AM Sun    | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:09PM  |                             | Moon 4 - Phase 3 |                        |
|                                  |             | 256134469 <b>Rahu</b> 9:00AM – 10:41AM | Taitila Until 10:55AM       | <b>Nataraja:</b> Clear  |                        |                             | 4th Phase        |                        |
| Creative Work                    | Amrita Yoga |  | <b>Dashami Until 9:36PM</b> | Moon – Red  |                        | <b>Bhuloka Day</b>          |                  |                        |
| Until 12:06PM                    |             |  |                             | <b>Vaisaka*Chaitra</b>  |                        | Devaloka Time: 3:PM to 6:PM |                  |                        |
| Then Creative Work - Siddha Yoga |             |  |                             |   |                        |                             |                  |                        |

|                                  |             |                                       |                                    |  |                        |                             |                  |                        |
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| <b>2</b>                         |             | <b>Sunday, May 3, 2020</b>            |                                    | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau |                        |                             |                  | Dallas, TX<br>Sutra 21 |
| Simha Rasi: 24.08                | Tithi 11    | <b>Gulika</b> 3:46PM – 5:28PM         | <b>Purvaphalguni Until 10:08AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:36AM | Sun 25                      | Sarvari 5122     |                        |
|                                  |             | Yama 12:23PM – 2:04PM                 | Vyaghata* Until 9:00PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:10PM  |                             | Moon 4 - Phase 3 |                        |
|                                  |             | 256134469 <b>Rahu</b> 5:28PM – 7:10PM | Vanija Until 8:11AM                | <b>Nataraja:</b> Clear   |                        |                             | 4th Phase        |                        |
| Creative Work                    | Siddha Yoga |                                       | <b>Ekadashi Until 6:38PM</b>       | Moon – Red   |                        | <b>Bhuloka Day</b>          |                  |                        |
| Until 10:08AM                    |             |                                       |                                    | <b>Vaisaka*Chaitra</b>   |                        | Devaloka Time: 3:PM to 6:PM |                  |                        |
| Then Creative Work - Amrita Yoga |             |                                       |                                    |  |                        |                             |                  |                        |

|                            |               |                                       |                                    |   |                        |                     |                  |                        |
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| <b>3</b>                   |               | <b>Monday, May 4, 2020</b>            |                                    | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        |                     |                  | Dallas, TX<br>Sutra 22 |
| Kanya Rasi: 8.55           | Tithi 12 – 13 | <b>Gulika</b> 2:05PM – 3:47PM         | <b>Uttaraphalguni Until 7:36AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:35AM | Sun 26              | Sarvari 5122     |                        |
| <b>Family Home Evening</b> |               | Yama 10:41AM – 12:23PM                | Harshana Until 5:10PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:10PM  |                     | Moon 4 - Phase 3 |                        |
|                            |               | 256234469 <b>Rahu</b> 7:17AM – 8:59AM | Kaulava Until 1:36AM Tue           | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase        |                        |
| Creative Work              | Siddha Yoga   |                                       | <b>Dvadashi Until 3:20PM</b>       | Moon – Red  |                        | <b>Devaloka Day</b> |                  |                        |
|                            |               |                                       |                                    | <b>Vaisaka*Chaitra</b>  |                        |                     |                  |                        |
|                            |               |                                       |                                    |   |                        |                     |                  |                        |

*Pradosha Vrata*

|                   |               |                                       |                                 |   |                        |                     |                  |                        |
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| <b>4</b>          |               | <b>Tuesday, May 5, 2020</b>           |                                 | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        |                     |                  | Dallas, TX<br>Sutra 23 |
| Kanya Rasi: 23.54 | Tithi 13 – 14 | <b>Gulika</b> 12:23PM – 2:05PM        | <b>Chitra Until 2:19AM Wed</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:34AM | Sun 27              | Sarvari 5122     |                        |
|                   |               | Yama 8:58AM – 10:40AM                 | Vajra* Until 1:09PM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:11PM  |                     | Moon 4 - Phase 3 |                        |
|                   |               | 267234469 <b>Rahu</b> 3:47PM – 5:29PM | Gara Until 10:02PM              | <b>Nataraja:</b> Clear  |                        |                     | 4th Phase        |                        |
| Creative Work     | Siddha Yoga   |                                       | <b>Trayodashi Until 11:48AM</b> | Moon – Green  |                        | <b>Devaloka Day</b> |                  |                        |
|                   |               |                                       |                                 | <b>Vaisaka*Chaitra</b>  |                        |                     |                  |                        |

|   |               |  |                                  |   |                        |                     |                  |                        |
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|  |               | <b>Wednesday, May 6, 2020</b>          |                                  | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        |                     |                  | Dallas, TX<br>Sutra 24 |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 10:40AM – 12:23PM        | <b>Svati Until 11:28PM</b>       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:33AM |                     | Sarvari 5122     |                        |
| Tula Rasi: 8.58   | Tithi 14 – 15 | Yama 7:16AM – 8:58AM                   | Siddhi Until 9:06AM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:12PM  |                     | Moon 4 - Phase 3 |                        |
|   |               | 267234469 <b>Rahu</b> 12:23PM – 2:05PM | Visti Until 6:29PM               | <b>Nataraja:</b> Clear  |                        |                     | Purnima          |                        |
| Creative Work   | Siddha Yoga   |  | <b>Chaturdashi* Until 8:14AM</b> | Moon – Green  |                        | <b>Devaloka Day</b> |                  |                        |
|   |               | <b>Budha Purnima (Tamil Nadu)</b>      |                                  | <b>Vaisaka*Chaitra</b>  |                        |                     |                  |                        |

|                              |             |                                       |                                   |  |                        |                             |                  |                        |
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| <b>Thursday, May 7, 2020</b> |             | <b>Silver Retreat Star</b>            |                                   | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Varyan Yoga Balava/Kaulava Karana Prathamayam Titau |                        |                             |                  | Dallas, TX<br>Sutra 25 |
| Tula Rasi: 23.58             | Tithi 16    | <b>Gulika</b> 8:57AM – 10:40AM        | <b>Vishakha Until 9:08PM</b>      | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:32AM |                             | Sarvari 5122     |                        |
|                              |             | Yama 5:32AM – 7:15AM                  | Variyan Until 1:25AM Fri          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:13PM  |                             | Moon 4 - Phase 3 |                        |
|                              |             | 277234469 <b>Rahu</b> 2:05PM – 3:48PM | Balava Until 3:07PM               | <b>Nataraja:</b> Clear   |                        |                             | Prathama         |                        |
| Creative Work                | Siddha Yoga |                                       | <b>Prathama* Until 1:33AM Fri</b> | Moon – Orange  |                        | <b>Bhuloka Day</b>          |                  |                        |
|                              |             |                                       |                                   | <b>Vaisaka*Chaitra</b>   |                        | Devaloka Time: 3:PM to 6:PM |                  |                        |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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