



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Varyan Yoga Gara Karana Dvitiyayam Titau

Spokane, WA  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 5.13      Tithi 17  
273832369  
Creative Work      Siddha Yoga

**Gulika** 11:46AM – 1:35PM  
Yama 8:10AM – 9:58AM  
**Rahu** 3:23PM – 5:12PM

**Anuradha Until 4:05AM Wed**  
Varyan Until 7:48PM  
Gara Until 6:09PM  
**Dvitiya Until 6:09PM**

**Ganesha:** Purple      *Sunrise:* 4:33AM  
**Muruqa:** White      *Sunset:* 7:00PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA  
Sun 1      Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 17.38      Tithi 18  
273832369  
Creative Work      Siddha Yoga

**Gulika** 9:58AM – 11:46AM  
Yama 6:20AM – 8:09AM  
**Rahu** 11:46AM – 1:35PM

**Jyeshtha\* Until 6:08AM Thu**  
Parigha\* Until 7:56PM  
Vanija Until 6:49AM  
**Tritiya Until 7:34PM**

**Ganesha:** Purple      *Sunrise:* 4:31AM  
**Muruqa:** White      *Sunset:* 7:02PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA  
Sun 2      Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Vrischika Rasi: 29.5      Tithi 19  
274832369  
Routine Work      Prabalarishta Yoga  
Until 6:08AM  
Then Creative Work - Siddha Yoga

**Gulika** 8:08AM – 9:57AM  
Yama 4:29AM – 6:19AM  
**Rahu** 1:35PM – 3:25PM

**Jyeshtha\* Until 6:08AM**  
Shiva Until 8:28PM  
Bava Until 8:30AM  
**Chaturthi\* Until 9:30PM**

**Ganesha:** Clear      *Sunrise:* 4:29AM  
**Muruqa:** White      *Sunset:* 7:03PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Spokane, WA  
Sun 3      Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 11.5      Tithi 20  
284832369  
Creative Work      Amrita Yoga  
Until 8:59AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 6:17AM – 8:07AM  
Yama 3:25PM – 5:15PM  
**Rahu** 9:57AM – 11:46AM

**Mula\* Until 8:59AM**  
Siddha Until 9:17PM  
Kaulava Until 10:39AM  
**Panchami Until 11:50PM**

**Ganesha:** White      *Sunrise:* 4:28AM  
**Muruqa:** White      *Sunset:* 7:04PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Spokane, WA  
Sun 4      Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Dhanus Rasi: 23.43      Tithi 21  
284832369  
Creative Work      Siddha Yoga  
Until 11:59AM  
Then Routine Work - Marana Yoga

**Gulika** 4:26AM – 6:16AM  
Yama 1:36PM – 3:26PM  
**Rahu** 8:06AM – 9:56AM

**Purvashadha\* Until 11:59AM**  
Sadhya Until 10:18PM  
Gara Until 1:07PM  
**Shashthi\* Until 2:23AM Sun**

**Ganesha:** White      *Sunrise:* 4:26AM  
**Muruqa:** White      *Sunset:* 7:06PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Spokane, WA  
Sun 5      Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

Makara Rasi: 5.31      Tithi 22  
284832369  
Creative Work      Amrita Yoga

**Gulika** 3:27PM – 5:17PM  
Yama 11:46AM – 1:36PM  
**Rahu** 5:17PM – 7:07PM

**Uttarashadha Until 2:55PM**  
Subha Until 11:22PM  
Visti Until 3:42PM  
**Saptami Until 4:56AM Mon**

**Ganesha:** White      *Sunrise:* 4:25AM  
**Muruqa:** White      *Sunset:* 7:07PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Balava Karana Ashtamyam Titau

Spokane, WA  
Sun 6      Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

Makara Rasi: 17.2      Tithi 23  
294832369  
**Family Home Evening**  
Creative Work      Amrita Yoga  
Until 6:04PM  
Then Creative Work - Siddha Yoga

**Gulika** 1:37PM – 3:27PM  
Yama 9:55AM – 11:46AM  
**Rahu** 6:14AM – 8:05AM

**Shravana Until 6:04PM**  
Sukla Until 12:14AM Tue  
Balava Until 6:08PM  
**Ashtami\* Until 7:12AM Tue**

**Ganesha:** Yellow      *Sunrise:* 4:23AM  
**Muruqa:** White      *Sunset:* 7:08PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA  
Sun 7      Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

Makara Rasi: 29.16      Tithi 23 – 24  
294832369  
Creative Work      Siddha Yoga  
Until 8:40PM  
Then Routine Work - Marana Yoga

**Gulika** 11:46AM – 1:37PM  
Yama 8:04AM – 9:55AM  
**Rahu** 3:28PM – 5:19PM

**Dhanishtha Until 8:40PM**  
Brahma Until 12:46AM Wed  
Taitila Until 8:10PM  
**Ashtami\* Until 7:12AM**

**Ganesha:** Yellow      *Sunrise:* 4:22AM  
**Muruqa:** White      *Sunset:* 7:10PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

|                                  |               |  |                                   |   |                        |  |  |
|----------------------------------|---------------|--|-----------------------------------|---|------------------------|--|--|
| <b>1</b>                         |               | <b>Wednesday, May 9, 2018</b>          |                                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Spokane, WA<br>Sun 8<br>Sutra 24<br>Vilamba 5120 |  |
| Kumbha Rasi: 11.24               | Tithi 24 – 25 | <b>Gulika</b> 9:54AM – 11:46AM         | <b>Shatabhishak</b> Until 10:30PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:20AM | Moon 4 - Phase 4                                 |  |
|                                  |               | Yama 6:12AM – 8:03AM                   | Indra Until 12:49AM Thu           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:11PM  | 2nd Phase  |  |
|                                  |               | 294832369 <b>Rahu</b> 11:46AM – 1:37PM | Vanija Until 9:35PM               | <b>Nataraja:</b> Purple   |                        |  |  |
| Creative Work                    | Siddha Yoga   |  | <b>Navami*</b> Until 8:57AM       | Moon – Purple   |                        | <b>Bhuloka Day</b>                               |  |
| Until 10:30PM                    |               |  |                                   | <b>Vaisaka-Chaitra</b>  |                        | Devaloka Time: 9:AM to12:PM                      |  |
| Then Creative Work - Amrita Yoga |               |  |                                   |   |                        |  |  |

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| <b>2</b>           |               | <b>Thursday, May 10, 2018</b>         |  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 9<br>Sutra 25<br>Vilamba 5120 |  |
| Kumbha Rasi: 23.49 | Tithi 25 – 26 | <b>Gulika</b> 8:02AM – 9:54AM         | <b>Purvaproshtapada*</b> Until 11:55PM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 4:19AM | Moon 4 - Phase 4                                 |  |
|                    |               | Yama 4:19AM – 6:11AM                  | Vaidhriti* Until 12:14AM Fri           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:12PM  | 2nd Phase  |  |
|                    |               | 214832369 <b>Rahu</b> 1:37PM – 3:29PM | Bava Until 10:14PM                     | <b>Nataraja:</b> Purple  |                        |  |  |
| Creative Work      | Siddha Yoga   |                                       | <b>Dashami</b> Until 10:00AM           | Moon – Clear   |                        | <b>Bhuloka Day</b>                               |  |
|                    |               |                                       |  | <b>Vaisaka-Chaitra</b>   |                        | Devaloka Time: 9:AM to12:PM                      |  |
|                    |               |                                       |  |  |                        |  |  |

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| <b>3</b>                               |               | <b>Friday, May 11, 2018</b>            |  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        | Spokane, WA<br>Sun 10<br>Sutra 26<br>Vilamba 5120 |  |
| Meena Rasi: 7                          | Tithi 26 – 27 | <b>Gulika</b> 6:10AM – 8:02AM          | <b>Uttaraproshtapada</b> Until 12:22AM Sat | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:18AM | Moon 4 - Phase 4                                  |  |
|  |               | Yama 3:30PM – 5:22PM                   | Vishkambha* Until 11:01PM                  | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:14PM  | 2nd Phase   |  |
|  |               | 214932369 <b>Rahu</b> 9:54AM – 11:46AM | Kaulava Until 10:03PM                      | <b>Nataraja:</b> Purple  |                        |   |  |
| Creative Work                          | Siddha Yoga   |  | <b>Ekadashi*</b> Until 10:14AM             | Moon – Clear   |                        | <b>Bhuloka Day</b>                                |  |
| Until 12:22AM Sat                      |               |  |  | <b>Vaisaka-Chaitra</b>   |                        |   |  |
| Then Routine Work - Prabalarishta Yoga |               |  |  |  |                        |   |  |

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| <b>4</b>                         |                    | <b>Saturday, May 12, 2018</b>         |                                 | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 11<br>Sutra 27<br>Vilamba 5120 |  |
| Meena Rasi: 19.47                | Tithi 27 – 28      | <b>Gulika</b> 4:16AM – 6:09AM         | <b>Revati</b> Until 11:53PM     | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 4:16AM | Moon 4 - Phase 4                                  |  |
|                                  |                    | Yama 1:38PM – 3:30PM                  | Priti Until 9:10PM              | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:15PM  | 2nd Phase   |  |
|                                  |                    | 214932369 <b>Rahu</b> 8:01AM – 9:53AM | Gara Until 9:05PM               | <b>Nataraja:</b> Purple   |                        |   |  |
| Routine Work                     | Prabalarishta Yoga |                                       | <b>Dvadashi*</b> Until 9:39AM   | Moon – Clear  |                        | <b>Bhuloka Day</b>                                |  |
| Until 11:53PM                    |                    |                                       |                                 | <b>Vaisaka-Chaitra</b>  |                        |   |  |
| Then Creative Work - Siddha Yoga |                    |                                       | <i>Pradosha Vrata (Fasting)</i> |   |                        |   |  |

|  |               |                                       |                                 |   |                        |   |  |
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| <b>5</b>                               |               | <b>Sunday, May 13, 2018</b>           |                                 | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 12<br>Sutra 28<br>Vilamba 5120 |  |
| Mesha Rasi: 3.25                       | Tithi 28 – 29 | <b>Gulika</b> 3:31PM – 5:24PM         | <b>Ashvini</b> Until 11:01PM    | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 4:15AM | Moon 4 - Phase 4                                  |  |
|  |               | Yama 11:46AM – 1:38PM                 | Ayushman Until 6:45PM           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:16PM  | 2nd Phase   |  |
|  |               | 224932369 <b>Rahu</b> 5:24PM – 7:16PM | Visti Until 7:24PM              | <b>Nataraja:</b> Purple   |                        |   |  |
| Creative Work                          | Siddha Yoga   |                                       | <b>Trayodashi*</b> Until 8:18AM | Moon – White  |                        | <b>Bhuloka Day</b>                                |  |
| Until 11:01PM                          |               |                                       |                                 | <b>Vaisaka-Chaitra</b>  |                        |   |  |
| Then Routine Work - Prabalarishta Yoga |               | <b>Mother's Day</b>                   |                                 |   |                        |   |  |

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|---------------------------------|---------------|---------------------------------------|----------------------------------|--|------------------------|---|--|
| <b>Monday, May 14, 2018</b>     |               | <b>Retreat Star</b>                   |                                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                        | Spokane, WA<br>Sun 13<br>Sutra 29<br>Vilamba 5120 |  |
| Mesha Rasi: 17.26               | Tithi 29 – 30 | <b>Gulika</b> 1:39PM – 3:32PM         | <b>Bharani</b> Until 9:28PM      | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 4:14AM | Moon 4 - Phase 4                                  |  |
| <b>Family Home Evening</b>      |               | Yama 9:53AM – 11:46AM                 | Saubhagya Until 3:51PM           | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:18PM  | Amavasya  |  |
|                                 |               | 224932369 <b>Rahu</b> 6:07AM – 8:00AM | Naga Until 3:51AM Tue            | <b>Nataraja:</b> Purple  |                        |   |  |
| Creative Work                   | Siddha Yoga   |                                       | <b>Chaturdashi*</b> Until 6:20AM | Moon – White   |                        | <b>Bhuloka Day</b>                                |  |
| Until 9:28PM                    |               |                                       |                                  | <b>Vaisaka-Vaikasi</b>   |                        |   |  |
| Then Routine Work - Marana Yoga |               |                                       |                                  |  |                        |   |  |

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| <b>Tuesday, May 15, 2018</b>     |             | <b>Retreat Star</b>                   |                                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Spokane, WA<br>Sun 14<br>Sutra 30<br>Vilamba 5120 |  |
| Vrishabha Rasi: 1.47             | Tithi 1     | <b>Gulika</b> 11:46AM – 1:39PM        | <b>Krittika</b> Until 7:22PM      | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 4:12AM | Moon 4 - Phase 4                                  |  |
|                                  |             | Yama 7:59AM – 9:52AM                  | Sobhana Until 12:37PM             | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:19PM  | Prathama  |  |
|                                  |             | 225932369 <b>Rahu</b> 3:32PM – 5:26PM | Kintughna Until 2:29PM            | <b>Nataraja:</b> Purple   |                        |   |  |
| Creative Work                    | Siddha Yoga |                                       | <b>Prathama*</b> Until 1:01AM Wed | Moon – White  |                        | <b>Bhuloka Day</b>                                |  |
| Until 7:22PM                     |             |                                       |                                   | <b>Jyeshtha Adhika-Vaikasi</b>  |                        | Devaloka Time: 9:AM to12:PM                       |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                   |   |                        |   |  |

|               |                                |                              |   |                                |                         |                             |                  |
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| <b>1</b>      | <b>Wednesday, May 16, 2018</b> |                              | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                |                         |                             | Spokane, WA      |
|               | Vrishabha Rasi: 16.23          | Tithi 2                      | <b>Gulika</b> 9:52AM – 11:46AM  | <b>Rohini</b> Until 5:20PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:11AM      | Sun 15           |
|               |                                |                              | Yama 6:05AM – 7:58AM  | Athiganda* Until 9:08AM        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:20PM       | Vilamba 5120     |
|               | 235932369                      | <b>Rahu</b> 11:46AM – 1:39PM |   | Balava Until 11:33AM           | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 5 |
| Creative Work | Siddha Yoga                    |                              | <b>Dvitiya</b> Until 10:01PM  | Moon – Yellow                  |                         | 3rd Phase                   |                  |
|               |                                |                              |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
|               |                                |                              |   |                                |                         | Devaloka Time: 9:AM to12:PM |                  |

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| <b>2</b>     | <b>Thursday, May 17, 2018</b> |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau |                                |                         |                             | Spokane, WA      |
|              | Mithuna Rasi: 1.05            | Tithi 3                     | <b>Gulika</b> 7:58AM – 9:52AM   | <b>Mrigashira</b> Until 3:05PM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:10AM      | Sun 16           |
|              |                               |                             | Yama 4:10AM – 6:04AM  | Dhriti Until 2:00AM Fri        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:21PM       | Vilamba 5120     |
|              | 235932369                     | <b>Rahu</b> 1:40PM – 3:34PM |   | Taitila Until 8:30AM           | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 5 |
| Routine Work | Marana Yoga                   |                             | <b>Tritiya</b> Until 6:58PM   | Moon – Yellow                  |                         | 3rd Phase                   |                  |
|              |                               |                             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
|              |                               |                             |   |                                |                         | Devaloka Time: 9:AM to12:PM |                  |

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|---------------|-----------------------------|------------------------------|--|--------------------------------|-------------------------|-----------------------------|------------------|
| <b>3</b>      | <b>Friday, May 18, 2018</b> |                              | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                |                         |                             | Spokane, WA      |
|               | Mithuna Rasi: 15.47         | Tithi 4 – 5                  | <b>Gulika</b> 6:03AM – 7:57AM  | <b>Ardra</b> Until 12:46PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:09AM      | Sun 17           |
|               |                             |                              | Yama 3:34PM – 5:28PM   | Shula* Until 10:32PM           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:23PM       | Vilamba 5120     |
|               | 235932369                   | <b>Rahu</b> 9:51AM – 11:46AM |  | Bava Until 2:37AM Sat          | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 5 |
| Creative Work | Siddha Yoga                 |                              | <b>Chaturthi*</b> Until 4:00PM   | Moon – Yellow                  |                         | 3rd Phase                   |                  |
|               |                             |                              |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
|               |                             |                              |  |                                |                         | Devaloka Time: 9:AM to12:PM |                  |

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|---------------|-------------------------------|-----------------------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>4</b>      | <b>Saturday, May 19, 2018</b> |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                         |                        | Spokane, WA      |
|               | Kataka Rasi: 0.22             | Tithi 5 – 6                 | <b>Gulika</b> 4:08AM – 6:02AM   | <b>Punarvasu</b> Until 10:55AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:08AM | Sun 18           |
|               |                               |                             | Yama 1:40PM – 3:35PM  | Ganda* Until 7:16PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:24PM  | Vilamba 5120     |
|               | 245932369                     | <b>Rahu</b> 7:57AM – 9:51AM |   | Kaulava Until 12:00AM Sun      | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
| Creative Work | Siddha Yoga                   |                             | <b>Panchami</b> Until 1:15PM  | Moon – Blue                    |                         | 3rd Phase              |                  |
|               |                               |                             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |

|               |                             |                             |  |                                |                         |                        |                  |
|---------------|-----------------------------|-----------------------------|--|--------------------------------|-------------------------|------------------------|------------------|
| <b>5</b>      | <b>Sunday, May 20, 2018</b> |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                |                         |                        | Spokane, WA      |
|               | Kataka Rasi: 14.45          | Tithi 6 – 7                 | <b>Gulika</b> 3:35PM – 5:30PM  | <b>Pushya</b> Until 9:13AM     | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:07AM | Sun 19           |
|               |                             |                             | Yama 11:46AM – 1:41PM  | Vriddhi Until 4:17PM           | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:25PM  | Vilamba 5120     |
|               | 245932369                   | <b>Rahu</b> 5:30PM – 7:25PM |  | Gara Until 9:43PM              | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
| Creative Work | Siddha Yoga                 |                             | <b>Shashthi*</b> Until 10:48AM   | Moon – Blue                    |                         | 3rd Phase              |                  |
|               |                             |                             |  | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |

|                                 |                            |                             |   |                                |                         |                        |                  |
|---------------------------------|----------------------------|-----------------------------|---|--------------------------------|-------------------------|------------------------|------------------|
| <b>Monday, May 21, 2018</b>     | <b>Retreat Star</b>        |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                                |                         |                        | Spokane, WA      |
|                                 | Kataka Rasi: 28.53         | Tithi 7 – 8                 | <b>Gulika</b> 1:41PM – 3:36PM   | <b>Ashlesha*</b> Until 7:44AM  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:06AM | Sun 20           |
|                                 | <b>Family Home Evening</b> |                             | Yama 9:51AM – 11:46AM   | Dhruva Until 1:35PM            | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:26PM  | Vilamba 5120     |
|                                 | 245932369                  | <b>Rahu</b> 6:01AM – 7:56AM |   | Visti Until 7:49PM             | <b>Nataraja:</b> Purple |                        | Moon 4 - Phase 5 |
| Creative Work                   | Siddha Yoga                |                             | <b>Saptami</b> Until 8:42AM   | Moon – Blue                    |                         | Ashtami                |                  |
| Until 7:44AM                    |                            |                             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Devaloka Day</b>    |                  |
| Then Routine Work - Marana Yoga |                            |                             |   |                                |                         |                        |                  |

|                              |                     |                             |   |                                |                         |                             |                  |
|------------------------------|---------------------|-----------------------------|---|--------------------------------|-------------------------|-----------------------------|------------------|
| <b>Tuesday, May 22, 2018</b> | <b>Retreat Star</b> |                             | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                |                         |                             | Spokane, WA      |
|                              | Simha Rasi: 12.47   | Tithi 8 – 9                 | <b>Gulika</b> 11:46AM – 1:41PM  | <b>Magha*</b> Until 6:55AM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:05AM      | Sun 21           |
|                              |                     |                             | Yama 7:55AM – 9:51AM  | Vyaghata* Until 11:13AM        | <b>Muruqa:</b> White    | <i>Sunset:</i> 7:27PM       | Vilamba 5120     |
|                              | 255932369           | <b>Rahu</b> 3:37PM – 5:32PM |   | Balava Until 6:19PM            | <b>Nataraja:</b> Purple |                             | Moon 4 - Phase 5 |
| Creative Work                | Siddha Yoga         |                             | <b>Ashtami*</b> Until 7:00AM  | Moon – Red                     |                         | Navami                      |                  |
|                              |                     |                             |   | <b>Jyeshtha Adhika-Vaikasi</b> |                         | <b>Bhuloka Day</b>          |                  |
|                              |                     |                             |   |                                |                         | Devaloka Time: 9:AM to12:PM |                  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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|                   |                              |                                |                                   |   |                        |   |  |
|-------------------|------------------------------|--------------------------------|-----------------------------------|---|------------------------|---|--|
| <b>1</b>          |                              | <b>Wednesday, May 23, 2018</b> |                                   | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 22<br>Sutra 38<br>Vilamba 5120 |  |
| Simha Rasi: 26.26 | Tithi 10                     | <b>Gulika</b> 9:50AM – 11:46AM | <b>Purvaphalguni Until 6:23AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:04AM |   |  |
|                   |                              | Yama 5:59AM – 7:55AM           | Harshana Until 9:12AM             | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:28PM  | Moon 4 - Phase 6                                  |  |
| 255932369         | <b>Rahu</b> 11:46AM – 1:42PM |                                | Taitila Until 5:13PM              | <b>Nataraja:</b> Purple   |                        | 4th Phase   |  |
| Creative Work     | Amrita Yoga                  |                                | <b>Dashami Until 4:48AM Thu</b>   | Moon – Red  |                        | <b>Bhuloka Day</b>                                |  |
|                   |                              |                                |                                   | <b>Jyeshtha Adhika-Vaikasi</b>  |                        | Devaloka Time: 9:AM to 12:PM                      |  |

|                                 |                             |                               |                                    |  |                        |   |  |
|---------------------------------|-----------------------------|-------------------------------|------------------------------------|--|------------------------|---|--|
| <b>2</b>                        |                             | <b>Thursday, May 24, 2018</b> |                                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 39<br>Vilamba 5120 |  |
| Kanya Rasi: 9.52                | Tithi 11                    | <b>Gulika</b> 7:54AM – 9:50AM | <b>Uttaraphalguni Until 6:05AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:03AM |   |  |
|                                 |                             | Yama 4:03AM – 5:58AM          | Vajra* Until 7:28AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:30PM  | Moon 4 - Phase 6                                  |  |
| 255932369                       | <b>Rahu</b> 1:42PM – 3:38PM |                               | Vanija Until 4:31PM                | <b>Nataraja:</b> Purple  |                        | 4th Phase   |  |
| Amrita Yoga                     |                             |                               | <b>Ekadashi Until 4:18AM Fri</b>   | Moon – Red   |                        | <b>Bhuloka Day</b>                                |  |
| Until 6:05AM                    |                             |                               |                                    | <b>Jyeshtha Adhika-Vaikasi</b>   |                        | Devaloka Time: 9:AM to 12:PM                      |  |
| Then Routine Work - Marana Yoga |                             |                               |                                    |  |                        |   |  |

|                                  |                              |                               |                                  |  |                        |   |  |
|----------------------------------|------------------------------|-------------------------------|----------------------------------|--|------------------------|---|--|
| <b>3</b>                         |                              | <b>Friday, May 25, 2018</b>   |                                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi/Vyaptipata* Yoga Bava/Balava Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 24<br>Sutra 40<br>Vilamba 5120 |  |
| Kanya Rasi: 23.04                | Tithi 12                     | <b>Gulika</b> 5:58AM – 7:54AM | <b>Hasta Until 6:28AM</b>        | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:02AM |   |  |
|                                  |                              | Yama 3:38PM – 5:35PM          | Siddhi Until 6:04AM              | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:31PM  | Moon 4 - Phase 6                                  |  |
| 366932369                        | <b>Rahu</b> 9:50AM – 11:46AM |                               | Bava Until 4:12PM                | <b>Nataraja:</b> Purple  |                        | 4th Phase   |  |
| Creative Work                    | Amrita Yoga                  |                               | <b>Dvadashi Until 4:11AM Sat</b> | Moon – Green   |                        | <b>Bhuloka Day</b>                                |  |
| Until 6:28AM                     |                              |                               |                                  | <b>Jyeshtha Adhika-Vaikasi</b>   |                        |   |  |
| Then Creative Work - Siddha Yoga |                              |                               |                                  |  |                        |   |  |

|                                  |                             |                               |                                    |  |                        |   |  |
|----------------------------------|-----------------------------|-------------------------------|------------------------------------|--|------------------------|---|--|
| <b>4</b>                         |                             | <b>Saturday, May 26, 2018</b> |                                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 25<br>Sutra 41<br>Vilamba 5120 |  |
| Tula Rasi: 6.05                  | Tithi 13                    | <b>Gulika</b> 4:01AM – 5:57AM | <b>Chitra Until 7:05AM</b>         | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:01AM |   |  |
|                                  |                             | Yama 1:43PM – 3:39PM          | Varyan Until 4:11AM Sun            | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:32PM  | Moon 4 - Phase 6                                  |  |
| 366932369                        | <b>Rahu</b> 7:54AM – 9:50AM |                               | Kaulava Until 4:17PM               | <b>Nataraja:</b> Purple  |                        | 4th Phase   |  |
| Routine Work                     | Marana Yoga                 |                               | <b>Trayodashi Until 4:27AM Sun</b> | Moon – Green   |                        | <b>Bhuloka Day</b>                                |  |
| Until 7:05AM                     |                             |                               |                                    | <b>Jyeshtha Adhika-Vaikasi</b>   |                        |   |  |
| Then Creative Work - Siddha Yoga |                             |                               | <i>Pradosha Vrata</i>              |  |                        |   |  |

|                                 |                             |                               |                                      |   |                        |   |  |
|---------------------------------|-----------------------------|-------------------------------|--------------------------------------|---|------------------------|---|--|
| <b>5</b>                        |                             | <b>Sunday, May 27, 2018</b>   |                                      | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 26<br>Sutra 42<br>Vilamba 5120 |  |
| Tula Rasi: 18.53                | Tithi 14                    | <b>Gulika</b> 3:40PM – 5:36PM | <b>Svati Until 7:56AM</b>            | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:00AM |   |  |
|                                 |                             | Yama 11:46AM – 1:43PM         | Parigha* Until 3:44AM Mon            | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:33PM  | Moon 4 - Phase 6                                  |  |
| 366932369                       | <b>Rahu</b> 5:36PM – 7:33PM |                               | Gara Until 4:46PM                    | <b>Nataraja:</b> Purple   |                        | 4th Phase   |  |
| Creative Work                   | Siddha Yoga                 |                               | <b>Chaturdashi* Until 5:09AM Mon</b> | Moon – Green  |                        | <b>Bhuloka Day</b>                                |  |
| Until 7:56AM                    |                             | <b>Vaikasi Visakam</b>        |                                      | <b>Jyeshtha Adhika-Vaikasi</b>  |                        |   |  |
| Then Routine Work - Marana Yoga |                             |                               |                                      |   |                        |   |  |

|   |                             |                               |                                  |   |                        |   |  |
|---|-----------------------------|-------------------------------|----------------------------------|---|------------------------|---|--|
|  |                             | <b>Monday, May 28, 2018</b>   |                                  | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva Yoga Visti*/Bava Karana Purnimayam Titau |                        | Spokane, WA<br>Sun 27<br>Sutra 43<br>Vilamba 5120 |  |
| Vrischika Rasi: 1.29  | Tithi 15                    | <b>Gulika</b> 1:43PM – 3:40PM | <b>Vishakha Until 9:30AM</b>     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 3:59AM |   |  |
| <b>Family Home Evening</b>  |                             | Yama 9:50AM – 11:46AM         | Shiva Until 3:39AM Tue           | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:34PM  | Moon 4 - Phase 6                                  |  |
| 376932369   | <b>Rahu</b> 5:56AM – 7:53AM |                               | Visti Until 5:41PM               | <b>Nataraja:</b> Purple   |                        | Purnima   |  |
| Routine Work  | Marana Yoga                 |                               | <b>Purnima* Until 6:17AM Tue</b> | Moon – Orange   |                        | <b>Bhuloka Day</b>                                |  |
| Until 9:30AM  |                             |                               |                                  | <b>Jyeshtha Adhika-Vaikasi</b>  |                        | Devaloka Time: 6:AM to 9:AM                       |  |
| Then Creative Work - Siddha Yoga  |                             |                               |                                  |   |                        |   |  |

|                                 |                             |                                |                               |   |                        |   |  |
|---------------------------------|-----------------------------|--------------------------------|-------------------------------|---|------------------------|---|--|
| <b>0</b>                        |                             | <b>Tuesday, May 29, 2018</b>   |                               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Spokane, WA<br>Sun 28<br>Sutra 44<br>Vilamba 5120 |  |
| Vrischika Rasi: 13.55           | Tithi 15 – 16               | <b>Gulika</b> 11:47AM – 1:44PM | <b>Anuradha Until 11:22AM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 3:58AM |   |  |
|                                 |                             | Yama 7:52AM – 9:50AM           | Siddha Until 3:53AM Wed       | <b>Muruqa:</b> White  | <i>Sunset:</i> 7:35PM  | Moon 4 - Phase 6                                  |  |
| 376932369                       | <b>Rahu</b> 3:41PM – 5:38PM |                                | Balava Until 7:03PM           | <b>Nataraja:</b> Purple   |                        | Prathama  |  |
| Creative Work                   | Siddha Yoga                 |                                | <b>Purnima* Until 6:17AM</b>  | Moon – Orange   |                        | <b>Bhuloka Day</b>                                |  |
| Until 11:22AM                   |                             |                                |                               | <b>Jyeshtha Adhika-Vaikasi</b>  |                        | Devaloka Time: 6:AM to 9:AM                       |  |
| Then Routine Work - Marana Yoga |                             |                                |                               |   |                        |   |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



**Wednesday, May 30, 2018**  
**Gold Retreat Star**

Vrischika Rasi: 26.08 Tithi 16 – 17

Gulika  
Yama  
386932369 Rahu

9:49AM – 11:47AM  
5:55AM – 7:52AM  
11:47AM – 1:44PM

**Jyeshtha\* Until 1:29PM**  
Sadhya Until 4:27AM Thu  
Taitila Until 8:51PM  
Prathama\* Until 7:52AM

Ganesh: Clear Sunrise: 3:58AM  
Muruqa: White Sunset: 7:36PM

Nataraja: Purple  
Moon – Orange

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga  
Until 1:29PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Spokane, WA  
Sutra 45

**1**  
Dhanus Rasi: 8.11 Tithi 17 – 18

Gulika  
Yama  
386932369 Rahu

7:52AM – 9:49AM  
3:57AM – 5:54AM  
1:44PM – 3:42PM

**Mula\* Until 4:19PM**  
Subha Until 5:18AM Fri  
Vanija Until 11:02PM  
Dvitiya Until 9:53AM

Ganesh: White Sunrise: 3:57AM  
Muruqa: White Sunset: 7:37PM

Nataraja: Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Spokane, WA  
Sun 1 Sutra 46

**2**  
Dhanus Rasi: 20.06 Tithi 18 – 19

Gulika  
Yama  
387932369 Rahu

5:54AM – 7:52AM  
3:42PM – 5:40PM  
9:49AM – 11:47AM

**Purvashadha\* Until 7:17PM**  
Sukla Until 6:20AM Sat  
Bava Until 1:30AM Sat  
Tritiya Until 12:13PM

Ganesh: Yellow Sunrise: 3:56AM  
Muruqa: White Sunset: 7:38PM

Nataraja: Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga  
Until 7:17PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Spokane, WA  
Sun 2 Sutra 47

**3**  
Makara Rasi: 1.55 Tithi 19 – 20

Gulika  
Yama  
387932369 Rahu

3:56AM – 5:54AM  
1:45PM – 3:43PM  
7:51AM – 9:49AM

**Uttarashadha Until 10:15PM**  
Sukla Until 6:20AM  
Kaulava Until 4:06AM Sun  
Chaturthi\* Until 2:47PM

Ganesh: Yellow Sunrise: 3:56AM  
Muruqa: White Sunset: 7:39PM

Nataraja: Purple  
Moon – Light Blue

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga  
Until 10:15PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA  
Sun 3 Sutra 48

**4**  
Makara Rasi: 13.43 Tithi 20 – 21

Gulika  
Yama  
397932369 Rahu

3:43PM – 5:41PM  
11:47AM – 1:45PM  
5:41PM – 7:40PM

**Shravana Until 1:32AM Mon**  
Brahma Until 7:27AM  
Gara Until 6:37AM Mon  
Panchami Until 5:22PM

Ganesh: Blue Sunrise: 3:55AM  
Muruqa: White Sunset: 7:40PM

Nataraja: Purple  
Moon – Purple

**Devaloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga  
Until 1:32AM Mon  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Spokane, WA  
Sun 4 Sutra 49

**5**  
Makara Rasi: 25.31 Tithi 21

Gulika  
Yama  
397932369 Rahu

1:46PM – 3:44PM  
9:49AM – 11:47AM  
5:53AM – 7:51AM

**Dhanishtha Until 4:25AM Tue**  
Indra Until 8:30AM  
Gara Until 6:37AM  
Shashthi\* Until 7:46PM

Ganesh: Blue Sunrise: 3:55AM  
Muruqa: White Sunset: 7:40PM

Nataraja: Purple  
Moon – Purple

**Devaloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 4:25AM Tue  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthiyam Titau

Spokane, WA  
Sun 5 Sutra 50

**6**  
Kumbha Rasi: 7.27 Tithi 22

Gulika  
Yama  
397132361 Rahu

11:48AM – 1:46PM  
7:51AM – 9:49AM  
3:44PM – 5:43PM

**Shatabhishak Until 6:39AM Wed**  
Vaidhriti\* Until 9:17AM  
Visti Until 8:51AM  
Saptami Until 9:45PM

Ganesh: Purple Sunrise: 3:54AM  
Muruqa: White Sunset: 7:41PM

Nataraja: White  
Moon – Purple

**Devaloka Day**

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga  
Until 6:39AM Wed  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saptamyam Titau

Spokane, WA  
Sun 6 Sutra 51

**Wednesday, June 6, 2018**  
**Retreat Star**

Kumbha Rasi: 19.34 Tithi 23

Gulika  
Yama  
397132361 Rahu

9:49AM – 11:48AM  
5:52AM – 7:51AM  
11:48AM – 1:46PM

**Shatabhishak Until 6:39AM**  
Vishkambha\* Until 9:41AM  
Balava Until 10:33AM  
Ashtami\* Until 11:08PM

Ganesh: Purple Sunrise: 3:54AM  
Muruqa: White Sunset: 7:42PM

Nataraja: White  
Moon – Purple

**Devaloka Day**

Devaloka Time: 9:AM to 12:PM

Creative Work Siddha Yoga  
Until 6:39AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA  
Sun 7 Sutra 52

**Thursday, June 7, 2018**  
**Retreat Star**

Meena Rasi: 1.59 Tithi 24

Gulika  
Yama  
318132361 Rahu

7:51AM – 9:49AM  
3:53AM – 5:52AM  
1:47PM – 3:45PM

**Purvaprosarthapada\* Until 8:33AM**  
Priti Until 9:33AM  
Taitila Until 11:33AM  
Navami\* Until 11:44PM

Ganesh: Red Sunrise: 3:53AM  
Muruqa: White Sunset: 7:43PM

Nataraja: White  
Moon – Clear

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*/Uttarproshthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA  
Sun 8 Sutra 53

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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|          |                             |             |   |                                  |  |   |   |
|----------|-----------------------------|-------------|---|----------------------------------|--|---|---|
| <b>1</b> | <b>Friday, June 8, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau |                                  |  |   | Spokane, WA                                       |
|          | Meena Rasi: 14.45           | Tithi 25    | Sun 9   |                                  |  |   | Sutra 54  |
|          |                             |             | 318132361   | <b>Gulika</b><br>5:52AM – 7:51AM | <b>Uttaraproshtapada</b><br>Until 9:31AM                               | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Clear | Vilamba 5120<br>Moon 5 - Phase 8<br>2nd Phase     |
|          | Creative Work               | Siddha Yoga |   | Yama<br>3:46PM – 5:45PM          | Ayushman Until 8:45AM<br>Vanija Until 11:44AM<br>Dashami Until 11:29PM | Sunrise: 3:53AM<br>Sunset: 7:43PM   | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |

|          |                               |                    |   |                                  |   |   |   |
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| <b>2</b> | <b>Saturday, June 9, 2018</b> |                    | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau |                                  |   |   | Spokane, WA                                       |
|          | Meena Rasi: 27.57             | Tithi 26           | Sun 10  |                                  |   |   | Sutra 55  |
|          |                               |                    | 318132361   | <b>Gulika</b><br>3:53AM – 5:51AM | <b>Revati</b><br>Until 9:29AM   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Clear | Vilamba 5120<br>Moon 5 - Phase 8<br>2nd Phase     |
|          | Routine Work                  | Prabalarishta Yoga |   | Yama<br>1:47PM – 3:46PM          | Saubhagya Until 7:18AM<br>Bava Until 11:04AM<br>Ekadashi* Until 10:25PM | Sunrise: 3:53AM<br>Sunset: 7:44PM   | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |

|          |                              |             |   |                                  |   |   |   |
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| <b>3</b> | <b>Sunday, June 10, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                  |   |   | Spokane, WA                                   |
|          | Mesha Rasi: 12               | Tithi 27    | Sun 11  |                                  |   |   | Sutra 56                                      |
|          |                              |             | 328132361   | <b>Gulika</b><br>3:47PM – 5:46PM | <b>Ashvini</b><br>Until 8:58AM  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – White | Vilamba 5120<br>Moon 5 - Phase 8<br>2nd Phase |
|          | Creative Work                | Siddha Yoga |   | Yama<br>11:49AM – 1:48PM         | Athiganda* Until 2:30AM Mon<br>Kaulava Until 9:36AM<br>Dvadashi* Until 8:34PM | Sunrise: 3:52AM<br>Sunset: 7:45PM   | <b>Bhuloka Day</b>                            |

|          |                              |             |  |                                  |  |   |   |
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| <b>4</b> | <b>Monday, June 11, 2018</b> |             | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau |                                  |  |   | Spokane, WA                                   |
|          | Mesha Rasi: 25.43            | Tithi 28    | Sun 12   |                                  |  |   | Sutra 57                                      |
|          | <b>Family Home Evening</b>   |             | 328132361  | <b>Gulika</b><br>1:48PM – 3:47PM | <b>Bharani</b><br>Until 7:35AM   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – White | Vilamba 5120<br>Moon 5 - Phase 8<br>2nd Phase |
|          | Creative Work                | Siddha Yoga |  | Yama<br>9:50AM – 11:49AM         | Sukarma Until 11:18PM<br>Gara Until 7:25AM<br>Trayodashi* Until 6:05PM | Sunrise: 3:52AM<br>Sunset: 7:45PM   | <b>Bhuloka Day</b>                            |

*Pradosha Vrata (Fasting)*

|  |                               |               |  |                                   |  |  |  |
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|  | <b>Tuesday, June 12, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |  |  | Spokane, WA                                  |
|  | <b>Retreat Star</b>           |               | Sun 13   |                                   |  |  | Sutra 58                                     |
|  | Vrishabha Rasi: 10.13         | Tithi 29 – 30 | 338132361  | <b>Gulika</b><br>11:49AM – 1:48PM | <b>Rohini</b><br>Until 3:15AM Wed  | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow | Vilamba 5120<br>Moon 5 - Phase 8<br>Amavasya |
|  | Creative Work                 | Amrita Yoga   |  | Yama<br>7:50AM – 9:50AM           | Dhriti Until 7:43PM<br>Catuspada Until 1:30AM Wed<br>Chaturdashi* Until 3:06PM | Sunrise: 3:52AM<br>Sunset: 7:46PM  | <b>Bhuloka Day</b>                           |

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| <b>Retreat Star</b> | <b>Wednesday, June 13, 2018</b> |              | Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                   |   |  | Spokane, WA                                  |
|                     | <b>Retreat Star</b>             |              | Sun 14   |                                   |   |  | Sutra 59                                     |
|                     | Vrishabha Rasi: 25.02           | Tithi 30 – 1 | 338132361  | <b>Gulika</b><br>9:50AM – 11:49AM | <b>Mrigashira</b><br>Until 12:37AM Thu                                    | <b>Ganesha:</b> White<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow | Vilamba 5120<br>Moon 5 - Phase 8<br>Prathama |
|                     | Creative Work                   | Siddha Yoga  |  | Yama<br>5:51AM – 7:50AM           | Shula* Until 3:52PM<br>Kintughna Until 10:03PM<br>Amavasya* Until 11:47AM | Sunrise: 3:52AM<br>Sunset: 7:47PM  | <b>Bhuloka Day</b>                           |

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| <b>1</b>   |             | <b>Thursday, June 14, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Ganda* Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  | Spokane, WA<br>Sun 15<br>Sutra 60<br>Vilamba 5120 |                               |
| Mithuna Rasi: 10.02  | Tithi 1 – 2 | 339132361                      | <b>Gulika</b> 7:50AM – 9:50AM<br><b>Yama</b> 3:52AM – 5:51AM<br><b>Rahu</b> 1:49PM – 3:48PM | <b>Ardra</b> <b>Until 9:46PM</b><br>Ganda* Until 11:53AM<br>Balava Until 6:31PM<br><b>Prathama* Until 8:16AM</b>   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:47PM   | Moon 5 - Phase 9<br>3rd Phase |
| Routine Work Marana Yoga<br>Until 9:46PM<br>Then Creative Work - Amrita Yoga |             |                                |   |  |  | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                               |

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| <b>2</b>   |         | <b>Friday, June 15, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau |   | Spokane, WA<br>Sun 16<br>Sutra 61<br>Vilamba 5120 |                               |
| Mithuna Rasi: 25.03  | Tithi 3 | 349132361                    | <b>Gulika</b> 5:51AM – 7:51AM<br><b>Yama</b> 3:48PM – 5:48PM<br><b>Rahu</b> 9:50AM – 11:50AM | <b>Punarvasu</b> <b>Until 7:16PM</b><br>Vriddhi Until 7:56AM<br>Taitila Until 3:02PM<br><b>Tritiya Until 1:20AM Sat</b>   | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:47PM   | Moon 5 - Phase 9<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 7:16PM<br>Then Routine Work - Marana Yoga |         |                              |  |   |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                               |

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| <b>3</b>   |         | <b>Saturday, June 16, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyaghata* Yoga Vanija/Visiti* Karana Chaturthyam Titau |   | Spokane, WA<br>Sun 17<br>Sutra 62<br>Vilamba 5120 |                               |
| Kataka Rasi: 9.58  | Tithi 4 | 349132361                      | <b>Gulika</b> 3:52AM – 5:51AM<br><b>Yama</b> 1:49PM – 3:49PM<br><b>Rahu</b> 7:51AM – 9:50AM | <b>Pushya</b> <b>Until 4:51PM</b><br>Vyaghata* Until 12:28AM Sun<br>Vanija Until 11:44AM<br><b>Chaturthi* Until 10:11PM</b>  | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:48PM   | Moon 5 - Phase 9<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 4:51PM<br>Then Routine Work - Marana Yoga |         |                                |   |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                               |

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| <b>4</b>   |         | <b>Sunday, June 17, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau |   | Spokane, WA<br>Sun 18<br>Sutra 63<br>Vilamba 5120 |                               |
| Kataka Rasi: 24.4  | Tithi 5 | 349132361                    | <b>Gulika</b> 3:49PM – 5:49PM<br><b>Yama</b> 11:50AM – 1:50PM<br><b>Rahu</b> 5:49PM – 7:48PM | <b>Ashlesha*</b> <b>Until 2:40PM</b><br>Harshana Until 9:13PM<br>Bava Until 8:46AM<br><b>Panchami Until 7:26PM</b>  | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:48PM   | Moon 5 - Phase 9<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 2:40PM<br>Then Routine Work - Marana Yoga |         |                              |  | Father's Day  |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                               |

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| <b>5</b>  |             | <b>Monday, June 18, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau |   | Spokane, WA<br>Sun 19<br>Sutra 64<br>Vilamba 5120 |                               |
| Simha Rasi: 9.03  | Tithi 6 – 7 | 359132361                    | <b>Gulika</b> 1:50PM – 3:49PM<br><b>Yama</b> 9:50AM – 11:50AM<br><b>Rahu</b> 5:51AM – 7:51AM | <b>Magha*</b> <b>Until 1:14PM</b><br>Vajra* Until 6:20PM<br>Kaulava Until 6:15AM<br><b>Shashthi* Until 5:09PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Red | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:49PM   | Moon 5 - Phase 9<br>3rd Phase |
| Family Home Evening<br>Routine Work Marana Yoga<br>Until 1:14PM<br>Then Creative Work - Siddha Yoga |             |                              |  |   |   | <b>Devaloka Day</b>                               |                               |

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| <b>6</b>   |             | <b>Tuesday, June 19, 2018</b> |  | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visiti* Karana Sapthami/Ashtamyam Titau |   | Spokane, WA<br>Sun 20<br>Sutra 65<br>Vilamba 5120 |                               |
| Simha Rasi: 23.05  | Tithi 7 – 8 | 359132361                     | <b>Gulika</b> 11:50AM – 1:50PM<br><b>Yama</b> 7:51AM – 9:51AM<br><b>Rahu</b> 3:50PM – 5:49PM | <b>Purvaphalguni</b> <b>Until 12:12PM</b><br>Siddhi Until 3:55PM<br>Visiti Until 2:49AM Wed<br><b>Sapthami Until 3:27PM</b>   | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Red | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:49PM   | Moon 5 - Phase 9<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 12:12PM<br>Then Creative Work - Amrita Yoga |             |                               |  |   |   | <b>Devaloka Day</b>                               |                               |

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| <b>Retreat Star</b>   |             | <b>Wednesday, June 20, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyalipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |   | Spokane, WA<br>Sun 21<br>Sutra 66<br>Vilamba 5120 |                             |
| Kanya Rasi: 6.46  | Tithi 8 – 9 | 359132361                       | <b>Gulika</b> 9:51AM – 11:51AM<br><b>Yama</b> 5:52AM – 7:51AM<br><b>Rahu</b> 11:51AM – 1:50PM | <b>Uttaraphalguni</b> <b>Until 11:36AM</b><br>Vyatipata* Until 2:01PM<br>Balava Until 2:00AM Thu<br><b>Ashtami* Until 2:19PM</b>  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Red | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:49PM   | Moon 5 - Phase 9<br>Ashtami |
| Creative Work Amrita Yoga<br>Until 11:36AM<br>Then Routine Work - Marana Yoga |             |                                 |   | Chidambaram Abhishekam  |   | <b>Devaloka Day</b>                               |                             |

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| <b>Retreat Star</b>   |              | <b>Thursday, June 21, 2018</b> |   | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   | Spokane, WA<br>Sun 22<br>Sutra 67<br>Vilamba 5120 |                            |
| Kanya Rasi: 20.05   | Tithi 9 – 10 | 369132361                      | <b>Gulika</b> 7:51AM – 9:51AM<br><b>Yama</b> 3:52AM – 5:52AM<br><b>Rahu</b> 1:50PM – 3:50PM | <b>Hasta</b> <b>Until 11:54AM</b><br>Variyan Until 12:33PM<br>Taitila Until 1:45AM Fri<br><b>Navami* Until 1:47PM</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> White<br><b>Nataraja:</b> White<br>Moon – Green | <b>Sunrise:</b> 3:52AM<br><b>Sunset:</b> 7:49PM   | Moon 5 - Phase 9<br>Navami |
| Routine Work Marana Yoga<br>Until 11:54AM<br>Then Creative Work - Siddha Yoga |              |                                |   |  |   | <b>Bhuloka Day</b><br>Devaloka Time: 9:AM to12:PM |                            |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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| 1 | <b>Friday, June 22, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                             |                        |                        | Spokane, WA<br>Sun 23<br>Sutra 68 |
|   | Tula Rasi: 3.07              | Tithi 10 – 11 | <b>Gulika</b> 5:52AM – 7:52AM   | <b>Chitra</b> Until 12:35PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 3:52AM | Vilamba 5120                      |
|   |                              |               | Yama 3:50PM – 5:50PM  | Parigha* Until 11:32AM      | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:50PM  | Moon 5 - Phase 10                 |
|   | Creative Work                | Siddha Yoga   | 361132361 <b>Rahu</b> 9:51AM – 11:51AM  | Vanija Until 2:03AM Sat     | <b>Nataraja:</b> White |                        | 4th Phase                         |
|   |                              |               | <b>Dashami</b> Until 1:49PM   | Moon – Green                |                        | <b>Bhuloka Day</b>     |                                   |
|   |                              |               |   | <b>Jyeshtha-Ani</b>         |                        |                        |                                   |

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| 2 | <b>Saturday, June 23, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau |                           |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 69 |
|   | Tula Rasi: 15.53               | Tithi 11 – 12 | <b>Gulika</b> 3:53AM – 5:52AM  | <b>Svati</b> Until 1:38PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 3:53AM | Vilamba 5120                      |
|   |                                |               | Yama 1:51PM – 3:50PM   | Shiva Until 10:58AM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 7:50PM  | Moon 5 - Phase 10                 |
|   | Creative Work                  | Siddha Yoga   | 361132361 <b>Rahu</b> 7:52AM – 9:52AM  | Bava Until 2:50AM Sun     | <b>Nataraja:</b> White |                        | 4th Phase                         |
|   |                                |               | <b>Ekadashi</b> Until 2:21PM   | Moon – Green              |                        | <b>Bhuloka Day</b>     |                                   |
|   |                                |               |  | <b>Jyeshtha-Ani</b>       |                        |                        |                                   |

|   |                              |               |  |                              |                        |                        |                                   |
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| 3 | <b>Sunday, June 24, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                              |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 70 |
|   | Tula Rasi: 28.26             | Tithi 12 – 13 | <b>Gulika</b> 3:51PM – 5:50PM  | <b>Vishakha</b> Until 3:28PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 3:53AM | Vilamba 5120                      |
|   |                              |               | Yama 11:51AM – 1:51PM  | Siddha Until 10:45AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM  | Moon 5 - Phase 10                 |
|   | Routine Work                 | Marana Yoga   | 371142361 <b>Rahu</b> 5:50PM – 7:50PM  | Kaulava Until 4:05AM Mon     | <b>Nataraja:</b> White |                        | 4th Phase                         |
|   |                              |               | <b>Dvadashi</b> Until 3:23PM   | Moon – Orange                |                        | <b>Devaloka Day</b>    |                                   |
|   |                              |               |  | <b>Jyeshtha-Ani</b>          |                        |                        |                                   |
|   |                              |               |  | <i>Pradosha Vrata</i>        |                        |                        |                                   |

|   |                              |               |  |                              |                        |                        |                                   |
|---|------------------------------|---------------|--|------------------------------|------------------------|------------------------|-----------------------------------|
| 4 | <b>Monday, June 25, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                              |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 71 |
|   | Vrischika Rasi: 10.46        | Tithi 13 – 14 | <b>Gulika</b> 1:51PM – 3:51PM  | <b>Anuradha</b> Until 5:33PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 3:53AM | Vilamba 5120                      |
|   | <b>Family Home Evening</b>   |               | Yama 9:52AM – 11:52AM  | Sadhya Until 10:52AM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM  | Moon 5 - Phase 10                 |
|   | Creative Work                | Siddha Yoga   | 371142361 <b>Rahu</b> 5:53AM – 7:52AM  | Gara Until 5:44AM Tue        | <b>Nataraja:</b> White |                        | 4th Phase                         |
|   |                              |               | <b>Trayodashi</b> Until 4:50PM   | Moon – Orange                |                        | <b>Devaloka Day</b>    |                                   |
|   |                              |               |  | <b>Jyeshtha-Ani</b>          |                        |                        |                                   |

|   |                               |             |  |                               |                        |                        |                                   |
|---|-------------------------------|-------------|--|-------------------------------|------------------------|------------------------|-----------------------------------|
| 5 | <b>Tuesday, June 26, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Subha/Sukla Yoga Vanija Karana Chaturdashyam Titau |                               |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 72 |
|   | Vrischika Rasi: 22.57         | Tithi 14    | <b>Gulika</b> 11:52AM – 1:51PM   | <b>Jyeshtha*</b> Until 7:51PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 3:54AM | Vilamba 5120                      |
|   |                               |             | Yama 7:53AM – 9:52AM   | Subha Until 11:20AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM  | Moon 5 - Phase 10                 |
|   | Routine Work                  | Marana Yoga | 371142361 <b>Rahu</b> 3:51PM – 5:50PM  | Vanija Until 6:40PM           | <b>Nataraja:</b> White |                        | 4th Phase                         |
|   |                               |             | <b>Chaturdashi*</b> Until 6:40PM   | Moon – Orange                 |                        | <b>Devaloka Day</b>    |                                   |
|   |                               |             |  | <b>Jyeshtha-Ani</b>           |                        |                        |                                   |
|   |                               |             |  |                               |                        |                        |                                   |

|   |                                 |          |  |                            |                        |                              |                                   |
|---|---------------------------------|----------|--|----------------------------|------------------------|------------------------------|-----------------------------------|
| ○ | <b>Wednesday, June 27, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Purnimayam Titau |                            |                        |                              | Spokane, WA<br>Sun 28<br>Sutra 73 |
|   | <b>Copper Retreat Star</b>      |          | <b>Gulika</b> 9:52AM – 11:52AM   | <b>Mula*</b> Until 10:48PM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 3:54AM       | Vilamba 5120                      |
|   | Dhanus Rasi: 4.59               | Tithi 15 | Yama 5:54AM – 7:53AM   | Sukla Until 12:01PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM        | Moon 5 - Phase 10                 |
|   |                                 |          | 381142361 <b>Rahu</b> 11:52AM – 1:51PM   | Visti Until 7:45AM         | <b>Nataraja:</b> White |                              | Purnima                           |
|   |                                 |          | <b>Purnima*</b> Until 8:51PM   | Moon – Light Blue          |                        | <b>Bhuloka Day</b>           |                                   |
|   |                                 |          |  | <b>Jyeshtha-Ani</b>        |                        | Devaloka Time: 12:PM to 3:PM |                                   |

|   |                                |          |   |                                      |                        |                              |                                   |
|---|--------------------------------|----------|---|--------------------------------------|------------------------|------------------------------|-----------------------------------|
| ○ | <b>Thursday, June 28, 2018</b> |          | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                        |                              | Spokane, WA<br>Sun 29<br>Sutra 74 |
|   | <b>Silver Retreat Star</b>     |          | <b>Gulika</b> 7:53AM – 9:53AM   | <b>Purvashadha*</b> Until 1:49AM Fri | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 3:55AM       | Vilamba 5120                      |
|   | Dhanus Rasi: 16.53             | Tithi 16 | Yama 3:55AM – 5:54AM  | Brahma Until 12:57PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:50PM        | Moon 5 - Phase 10                 |
|   |                                |          | 381142361 <b>Rahu</b> 1:52PM – 3:51PM   | Balava Until 10:03AM                 | <b>Nataraja:</b> White |                              | Prathama                          |
|   |                                |          | <b>Prathama*</b> Until 11:16PM  | Moon – Light Blue                    |                        | <b>Bhuloka Day</b>           |                                   |
|   |                                |          |   | <b>Jyeshtha-Ani</b>                  |                        | Devaloka Time: 12:PM to 3:PM |                                   |
|   |                                |          |   |                                      |                        |                              |                                   |





**Friday, June 29, 2018**  
**Gold Retreat Star**

Dhanus Rasi: 28.43 Tithi 17

381142361

**Gulika** 5:54AM – 7:54AM  
**Yama** 3:51PM – 5:50PM  
**Rahu** 9:53AM – 11:52AM

Routine Work Marana Yoga

Until 4:47AM Sat

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Spokane, WA  
Sun 1  
Sutra 75  
Vilamba 5120

**Uttarashadha Until 4:47AM Sat**

Indra Until 2:02PM

Taitila Until 12:34PM

**Dvitiya Until 1:51AM Sat**

**Ganesha:** Blue

**Muruqa:** Clear

**Nataraja:** White

Moon – Light Blue

**Jyeshtha-Ani**

*Sunrise:* 3:55AM

*Sunset:* 7:50PM

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Makara Rasi: 10.3 Tithi 18

391242361

**Gulika** 3:56AM – 5:55AM  
**Yama** 1:52PM – 3:51PM  
**Rahu** 7:54AM – 9:53AM

Creative Work Siddha Yoga

Until 8:06AM Sun

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA  
Sun 2  
Sutra 76  
Vilamba 5120

**Shravana Until 8:06AM Sun**

Vaidhriti\* Until 3:09PM

Vanija Until 3:10PM

**Tritiya Until 4:26AM Sun**

**Ganesha:** Red

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

*Sunrise:* 3:56AM

*Sunset:* 7:50PM

**Devaloka Day**

**2**

**Sunday, July 1, 2018**

Makara Rasi: 22.17 Tithi 19

391242361

**Gulika** 3:51PM – 5:50PM  
**Yama** 11:53AM – 1:52PM  
**Rahu** 5:50PM – 7:49PM

Creative Work Amrita Yoga

Until 8:06AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthayam Titau

Spokane, WA  
Sun 3  
Sutra 77  
Vilamba 5120

**Shravana Until 8:06AM**

Vishkambha\* Until 4:14PM

Bava Until 5:43PM

**Chaturthi\* Until 6:53AM Mon**

**Ganesha:** Red

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

*Sunrise:* 3:56AM

*Sunset:* 7:49PM

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Kumbha Rasi: 4.08 Tithi 19 – 20

392242361

**Gulika** 1:52PM – 3:51PM  
**Yama** 9:54AM – 11:53AM  
**Rahu** 5:56AM – 7:55AM

Creative Work Siddha Yoga

Family Home Evening

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA  
Sun 4  
Sutra 78  
Vilamba 5120

**Dhanishtha Until 11:05AM**

Priti Until 5:10PM

Kaulava Until 8:01PM

**Chaturthi\* Until 6:53AM**

**Ganesha:** Yellow

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

*Sunrise:* 3:57AM

*Sunset:* 7:49PM

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Kumbha Rasi: 16.06 Tithi 20 – 21

392242361

**Gulika** 11:53AM – 1:52PM  
**Yama** 7:55AM – 9:54AM  
**Rahu** 3:51PM – 5:50PM

Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA  
Sun 5  
Sutra 79  
Vilamba 5120

**Shatabhishak Until 1:34PM**

Ayushman Until 5:46PM

Gara Until 9:55PM

**Panchami Until 9:00AM**

**Ganesha:** Yellow

**Muruqa:** Clear

**Nataraja:** White

Moon – Purple

**Jyeshtha-Ani**

*Sunrise:* 3:57AM

*Sunset:* 7:49PM

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Kumbha Rasi: 28.15 Tithi 21 – 22

312242361

**Gulika** 9:54AM – 11:53AM  
**Yama** 5:57AM – 7:56AM  
**Rahu** 11:53AM – 1:52PM

Creative Work Amrita Yoga

Until 3:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Spokane, WA  
Sun 6  
Sutra 80  
Vilamba 5120

**Purvaprosarthapada\* Until 3:53PM**

Saubhagya Until 5:58PM

Visti Until 11:15PM

**Shashthi\* Until 10:38AM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

*Sunrise:* 3:58AM

*Sunset:* 7:48PM

**Devaloka Day**

**D**

**Thursday, July 5, 2018**

**Retreat Star**

Meena Rasi: 10.4 Tithi 22 – 23

312242361

**Gulika** 7:56AM – 9:55AM  
**Yama** 3:59AM – 5:57AM  
**Rahu** 1:52PM – 3:51PM

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA  
Sun 7  
Sutra 81  
Vilamba 5120

**Uttaraprosarthapada Until 5:23PM**

Sobhana Until 5:39PM

Balava Until 11:53PM

**Saptami Until 11:38AM**

**Ganesha:** Orange

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

*Sunrise:* 3:59AM

*Sunset:* 7:48PM

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Meena Rasi: 23.23 Tithi 23 – 24

412242361

**Gulika** 5:58AM – 7:57AM  
**Yama** 3:51PM – 5:49PM  
**Rahu** 9:55AM – 11:54AM

Creative Work Siddha Yoga

Until 5:59PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA  
Sun 8  
Sutra 82  
Vilamba 5120

**Revati Until 5:59PM**

Athiganda\* Until 4:43PM

Taitila Until 11:44PM

**Ashtami\* Until 11:54AM**

**Ganesha:** Green

**Muruqa:** Clear

**Nataraja:** White

Moon – Clear

**Jyeshtha-Ani**

*Sunrise:* 4:00AM

*Sunset:* 7:48PM

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

|          |                               |               |   |   |   |   |                                   |              |
|----------|-------------------------------|---------------|---|---|---|---|-----------------------------------|--------------|
| <b>1</b> | <b>Saturday, July 7, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |   |   |   | Spokane, WA                       |              |
|          | Mesha Rasi: 6.32              | Tithi 24 – 25 | 422242361   | Sun 9   | Sutra 83  | Vilamba 5120  | Moon 6 - Phase 12                 |              |
|          | Creative Work                 | Siddha Yoga   | Gulika<br>Yama<br>Rahu  | 4:00AM – 5:59AM<br>1:52PM – 3:50PM<br>7:57AM – 9:55AM | Ashvini Until 6:07PM<br>Sukarma Until 3:09PM<br>Vanija Until 10:48PM<br>Navami* Until 11:21AM | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: White<br>Moon – White | Sunrise: 4:00AM<br>Sunset: 7:47PM | Devaloka Day |
|          |                               |               |   |   | Jyeshtha-Ani  |   |                                   |              |

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|----------|--|--------------------|--|--|--|---|-----------------------------------|--------------|
| <b>2</b> | <b>Sunday, July 8, 2018</b>                      |                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |  |  |   | Spokane, WA                       |              |
|          | Mesha Rasi: 20.06                                | Tithi 25 – 26      | 422242361  | Sun 10   | Sutra 84   | Vilamba 5120  | Moon 6 - Phase 12                 |              |
|          | Routine Work                                     | Prabalarishta Yoga | Gulika<br>Yama<br>Rahu   | 3:50PM – 5:48PM<br>11:54AM – 1:52PM<br>5:48PM – 7:47PM | Bharani Until 5:18PM<br>Dhriti Until 12:58PM<br>Bava Until 9:05PM<br>Dashami Until 10:01AM | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: White<br>Moon – White | Sunrise: 4:01AM<br>Sunset: 7:47PM | Devaloka Day |
|          | Until 5:18PM<br>Then Creative Work - Siddha Yoga |                    |  |  | Jyeshtha-Ani   |   |                                   |              |

|          |  |               |   |  |   |   |                                   |              |
|----------|--|---------------|---|--|---|---|-----------------------------------|--------------|
| <b>3</b> | <b>Monday, July 9, 2018</b>                      |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |   |   | Spokane, WA                       |              |
|          | Vrishabha Rasi: 4.08                             | Tithi 26 – 27 | 422242361   | Sun 11   | Sutra 85  | Vilamba 5120  | Moon 6 - Phase 12                 |              |
|          | Family Home Evening                              | Marana Yoga   | Gulika<br>Yama<br>Rahu  | 1:52PM – 3:50PM<br>9:56AM – 11:54AM<br>6:00AM – 7:58AM | Krittika Until 3:40PM<br>Shula* Until 10:10AM<br>Kaulava Until 6:41PM<br>Ekadashi* Until 7:57AM | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: White<br>Moon – White | Sunrise: 4:02AM<br>Sunset: 7:46PM | Devaloka Day |
|          | Until 3:40PM<br>Then Creative Work - Amrita Yoga |               |   |  | Jyeshtha-Ani  |   |                                   |              |

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| <b>4</b> | <b>Tuesday, July 10, 2018</b>                    |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau |  |   |  | Spokane, WA                       |   |
|          | Vrishabha Rasi: 18.35                            | Tithi 28    | 432242361  | Sun 12   | Sutra 86  | Vilamba 5120   | Moon 6 - Phase 12                 |   |
|          | Creative Work                                    | Amrita Yoga | Gulika<br>Yama<br>Rahu   | 11:54AM – 1:52PM<br>7:58AM – 9:56AM<br>3:50PM – 5:48PM | Rohini Until 1:44PM<br>Ganda* Until 6:52AM<br>Gara Until 3:44PM<br>Trayodashi* Until 2:04AM Wed | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 4:03AM<br>Sunset: 7:46PM | Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |
|          | Until 1:44PM<br>Then Creative Work - Siddha Yoga |             |  |  | Jyeshtha-Ani  | <i>Pradosha Vrata (Fasting)</i>  |                                   |   |

|          |                                 |             |  |   |   |  |                                   |   |
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| <b>5</b> | <b>Wednesday, July 11, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |   |   |  | Spokane, WA                       |   |
|          | Mithuna Rasi: 3.24              | Tithi 29    | 432242361  | Sun 13  | Sutra 87  | Vilamba 5120   | Moon 6 - Phase 12                 |   |
|          | Creative Work                   | Siddha Yoga | Gulika<br>Yama<br>Rahu   | 9:57AM – 11:54AM<br>6:01AM – 7:56AM<br>11:54AM – 1:52PM | Mrigashira Until 11:12AM<br>Dhruva Until 11:12PM<br>Visti Until 12:22PM<br>Chaturdashi* Until 10:33PM | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 4:04AM<br>Sunset: 7:45PM | Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |
|          |                                 |             |  |   | Jyeshtha-Ani  |  |                                   |   |

|  |  |          |   |   |  |  |                                   |   |
|--|--|----------|---|---|--|--|-----------------------------------|---|
|  | <b>Thursday, July 12, 2018</b>                   |          | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |   |  |  | Spokane, WA                       |   |
|  | <b>Retreat Star</b>                              |          | 432242361   | Sun 14  | Sutra 88   | Vilamba 5120   | Moon 6 - Phase 12                 |   |
|  | Mithuna Rasi: 18.28                              | Tithi 30 | Gulika<br>Yama<br>Rahu  | 7:59AM – 9:57AM<br>4:05AM – 6:02AM<br>1:52PM – 3:49PM | Ardra Until 8:17AM<br>Vyaghata* Until 7:04PM<br>Catuspada Until 8:43AM<br>Amavasya* Until 6:50PM | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 4:05AM<br>Sunset: 7:44PM | Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |
|  | Until 8:17AM<br>Then Creative Work - Amrita Yoga |          |   |   | Jyeshtha-Ani   |  |                                   |   |

|          |  |             |  |  |   |  |                                   |   |
|----------|--|-------------|--|--|---|--|-----------------------------------|---|
| <b>6</b> | <b>Friday, July 13, 2018</b>                     |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   |  | Spokane, WA                       |   |
|          | <b>Retreat Star</b>                              |             | 442242361  | Sun 15   | Sutra 89  | Vilamba 5120   | Moon 6 - Phase 12                 |   |
|          | Kataka Rasi: 3.38                                | Tithi 1 – 2 | Gulika<br>Yama<br>Rahu   | 6:03AM – 8:00AM<br>3:49PM – 5:46PM<br>9:57AM – 11:55AM | Pushya Until 2:38AM Sat<br>Harshana Until 2:55PM<br>Balava Until 1:16AM Sat<br>Prathama* Until 3:05PM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: White<br>Moon – Blue | Sunrise: 4:06AM<br>Sunset: 7:43PM | Bhuloka Day<br>Devaloka Time: 12:PM to 3:PM |
|          | Until 8:17AM<br>Then Creative Work - Amrita Yoga |             | Partial Solar Eclipse  |  | Ashada-Ani  |  |                                   |   |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

|                                  |             |                                |                                |  |                        |   |  |
|----------------------------------|-------------|--------------------------------|--------------------------------|--|------------------------|---|--|
| <b>1</b>                         |             | <b>Saturday, July 14, 2018</b> |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Spokane, WA<br>Sun 16<br>Sutra 90<br>Vilamba 5120 |  |
| Kataka Rasi: 18.46               | Tithi 2 - 3 | <b>Gulika</b> 4:06AM - 6:04AM  | <b>Ashlesha* Until 11:51PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:06AM |   |  |
|                                  |             | Yama 1:52PM - 3:49PM           | Vajra* Until 10:51AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:43PM  | Moon 6 - Phase 13                                 |  |
|                                  | 442242361   | <b>Rahu</b> 8:01AM - 9:58AM    | Taitila Until 9:46PM           | <b>Nataraja:</b> White   |                        | 3rd Phase   |  |
| Routine Work                     | Marana Yoga |                                | <b>Dvitiya Until 11:28AM</b>   | Moon - Blue  |                        | <b>Bhuloka Day</b>                                |  |
| Until 11:51PM                    |             |                                |                                | <b>Ashada*Ani</b>  |                        | Devaloka Time: 12:PM to 3:PM                      |  |
| Then Creative Work - Amrita Yoga |             |                                |                                |  |                        |   |  |

|                                  |             |                               |                             |   |                        |   |  |
|----------------------------------|-------------|-------------------------------|-----------------------------|---|------------------------|---|--|
| <b>2</b>                         |             | <b>Sunday, July 15, 2018</b>  |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                        | Spokane, WA<br>Sun 17<br>Sutra 91<br>Vilamba 5120 |  |
| Simha Rasi: 3.42                 | Tithi 3 - 4 | <b>Gulika</b> 3:48PM - 5:45PM | <b>Magha* Until 9:43PM</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:07AM |   |  |
|                                  |             | Yama 11:55AM - 1:52PM         | Siddhi Until 7:02AM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:42PM  | Moon 6 - Phase 13                                 |  |
|                                  | 453242361   | <b>Rahu</b> 5:45PM - 7:42PM   | Vanija Until 6:37PM         | <b>Nataraja:</b> White  |                        | 3rd Phase   |  |
| Routine Work                     | Marana Yoga |                               | <b>Tritiya Until 8:07AM</b> | Moon - Red  |                        | <b>Bhuloka Day</b>                                |  |
| Until 9:43PM                     |             |                               |                             | <b>Ashada*Ani</b>   |                        | Devaloka Time: 12:PM to 3:PM                      |  |
| Then Creative Work - Siddha Yoga |             |                               |                             |   |                        |   |  |

|                            |             |                               |                                   |   |                        |   |  |
|----------------------------|-------------|-------------------------------|-----------------------------------|---|------------------------|---|--|
| <b>3</b>                   |             | <b>Monday, July 16, 2018</b>  |                                   | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Varyan Yoga Bava/Balava Karana Panchamyam Titau |                        | Spokane, WA<br>Sun 18<br>Sutra 92<br>Vilamba 5120 |  |
| Simha Rasi: 18.2           | Tithi 5     | <b>Gulika</b> 1:51PM - 3:48PM | <b>Purvaphalguni Until 7:56PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:08AM |   |  |
| <b>Family Home Evening</b> |             | Yama 9:58AM - 11:55AM         | Variyan Until 12:31AM Tue         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:41PM  | Moon 6 - Phase 13                                 |  |
|                            | 453242361   | <b>Rahu</b> 6:05AM - 8:02AM   | Bava Until 3:57PM                 | <b>Nataraja:</b> White  |                        | 3rd Phase   |  |
| Creative Work              | Siddha Yoga |                               | <b>Panchami Until 2:49AM Tue</b>  | Moon - Red  |                        | <b>Bhuloka Day</b>                                |  |
|                            |             |                               |                                   | <b>Ashada*Adi</b>   |                        | Devaloka Time: 12:PM to 3:PM                      |  |

|                                  |             |                                |                                    |   |                        |   |  |
|----------------------------------|-------------|--------------------------------|------------------------------------|---|------------------------|---|--|
| <b>4</b>                         |             | <b>Tuesday, July 17, 2018</b>  |                                    | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Spokane, WA<br>Sun 19<br>Sutra 93<br>Vilamba 5120 |  |
| Kanya Rasi: 2.34                 | Tithi 6     | <b>Gulika</b> 11:55AM - 1:51PM | <b>Uttaraphalguni Until 6:39PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:10AM |   |  |
|                                  |             | Yama 8:02AM - 9:59AM           | Parigha* Until 10:01PM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:40PM  | Moon 6 - Phase 13                                 |  |
|                                  | 453242362   | <b>Rahu</b> 3:48PM - 5:44PM    | Kaulava Until 1:53PM               | <b>Nataraja:</b> Clear  |                        | 3rd Phase   |  |
| Creative Work                    | Amrita Yoga |                                | <b>Shashthi* Until 1:06AM Wed</b>  | Moon - Red  |                        | <b>Devaloka Day</b>                               |  |
| Until 6:39PM                     |             |                                |                                    | <b>Ashada*Adi</b>   |                        |   |  |
| Then Creative Work - Siddha Yoga |             |                                |                                    |   |                        |   |  |

|                                  |             |                                 |                                  |  |                        |   |  |
|----------------------------------|-------------|---------------------------------|----------------------------------|--|------------------------|---|--|
| <b>5</b>                         |             | <b>Wednesday, July 18, 2018</b> |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau |                        | Spokane, WA<br>Sun 20<br>Sutra 94<br>Vilamba 5120 |  |
| Kanya Rasi: 16.23                | Tithi 7     | <b>Gulika</b> 9:59AM - 11:55AM  | <b>Hasta Until 6:20PM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:11AM |   |  |
|                                  |             | Yama 6:07AM - 8:03AM            | Shiva Until 8:06PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:39PM  | Moon 6 - Phase 13                                 |  |
|                                  | 463242362   | <b>Rahu</b> 11:55AM - 1:51PM    | Gara Until 12:31PM               | <b>Nataraja:</b> Clear   |                        | 3rd Phase   |  |
| Routine Work                     | Marana Yoga |                                 | <b>Saptami Until 12:05AM Thu</b> | Moon - Green   |                        | <b>Sivaloka Day</b>                               |  |
| Until 6:20PM                     |             |                                 |                                  | <b>Ashada*Adi</b>  |                        |   |  |
| Then Creative Work - Siddha Yoga |             |                                 |                                  |  |                        |   |  |

|                                  |             |                                |                               |   |                        |   |  |
|----------------------------------|-------------|--------------------------------|-------------------------------|---|------------------------|---|--|
| <b>Retreat Star</b>              |             | <b>Thursday, July 19, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Spokane, WA<br>Sun 21<br>Sutra 95<br>Vilamba 5120 |  |
| Kanya Rasi: 29.47                | Tithi 8     | <b>Gulika</b> 8:03AM - 9:59AM  | <b>Chitra Until 6:37PM</b>    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:12AM |   |  |
|                                  |             | Yama 4:12AM - 6:07AM           | Siddha Until 6:45PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:38PM  | Moon 6 - Phase 13                                 |  |
|                                  | 463242362   | <b>Rahu</b> 1:51PM - 3:47PM    | Visti Until 11:52AM           | <b>Nataraja:</b> Clear  |                        | Ashtami   |  |
| Creative Work                    | Siddha Yoga |                                | <b>Ashtami* Until 11:48PM</b> | Moon - Green  |                        | <b>Sivaloka Day</b>                               |  |
| Until 6:37PM                     |             |                                |                               | <b>Ashada*Adi</b>   |                        |   |  |
| Then Creative Work - Amrita Yoga |             |                                |                               |   |                        |   |  |

|                     |             |                               |                                  |   |                        |   |  |
|---------------------|-------------|-------------------------------|----------------------------------|---|------------------------|---|--|
| <b>Retreat Star</b> |             | <b>Friday, July 20, 2018</b>  |                                  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau |                        | Spokane, WA<br>Sun 22<br>Sutra 96<br>Vilamba 5120 |  |
| Tula Rasi: 12.47    | Tithi 9     | <b>Gulika</b> 6:08AM - 8:04AM | <b>Svati Until 7:26PM</b>        | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 4:13AM |   |  |
|                     |             | Yama 3:46PM - 5:42PM          | Sadhya Until 5:58PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 7:37PM  | Moon 6 - Phase 13                                 |  |
|                     | 463242362   | <b>Rahu</b> 9:59AM - 11:55AM  | Balava Until 11:57AM             | <b>Nataraja:</b> Clear  |                        | Navami  |  |
| Creative Work       | Siddha Yoga |                               | <b>Navami* Until 12:13AM Sat</b> | Moon - Green  |                        | <b>Sivaloka Day</b>                               |  |
|                     |             |                               |                                  | <b>Ashada*Adi</b>   |                        |   |  |


|               |                                |                              |  |                              |                        |                        |   |
|---------------|--------------------------------|------------------------------|--|------------------------------|------------------------|------------------------|---|
| <b>1</b>      | <b>Saturday, July 21, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau |                              |                        |                        | Spokane, WA<br>Sun 23<br>Sutra 97<br>Vilamba 5120 |
|               | Tula Rasi: 25.27               | Tithi 10                     | <b>Gulika</b> 4:14AM – 6:09AM  | <b>Vishakha</b> Until 9:12PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:14AM |   |
|               |                                |                              | Yama 1:50PM – 3:46PM   | Subha Until 5:44PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:36PM  | Moon 6 - Phase 14                                 |
|               | 473242362                      | <b>Rahu</b> 8:04AM – 10:00AM | Taitila Until 12:42PM  |                              | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work | Siddha Yoga                    |                              | <b>Dashami</b> Until 1:17AM Sun  | Moon – Orange                |                        | <b>Devaloka Day</b>    |   |
|               |                                |                              |  | <b>Ashada-Adi</b>            |                        |                        |   |

|              |                              |                             |   |                               |                        |                        |   |
|--------------|------------------------------|-----------------------------|---|-------------------------------|------------------------|------------------------|---|
| <b>2</b>     | <b>Sunday, July 22, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau |                               |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 98<br>Vilamba 5120 |
|              | Vrischika Rasi: 7.5          | Tithi 11                    | <b>Gulika</b> 3:45PM – 5:40PM   | <b>Anuradha</b> Until 11:20PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:15AM |   |
|              |                              |                             | Yama 11:55AM – 1:50PM   | Sukla Until 5:54PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:35PM  | Moon 6 - Phase 14                                 |
|              | 473242362                    | <b>Rahu</b> 5:40PM – 7:35PM | Vanija Until 2:02PM   |                               | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Routine Work | Marana Yoga                  |                             | <b>Ekadashi</b> Until 2:52AM Mon  | Moon – Orange                 |                        | <b>Devaloka Day</b>    |   |
|              |                              |                             |   | <b>Ashada-Adi</b>             |                        |                        |   |

|                                  |                              |                             |   |                                   |                        |                        |   |
|----------------------------------|------------------------------|-----------------------------|---|-----------------------------------|------------------------|------------------------|---|
| <b>3</b>                         | <b>Monday, July 23, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau |                                   |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 99<br>Vilamba 5120 |
|                                  | Vrischika Rasi: 20.01        | Tithi 12                    | <b>Gulika</b> 1:50PM – 3:45PM   | <b>Jyeshtha*</b> Until 1:45AM Tue | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:16AM |   |
|                                  | <b>Family Home Evening</b>   |                             | Yama 10:00AM – 11:55AM  | Brahma Until 6:26PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:34PM  | Moon 6 - Phase 14                                 |
|                                  | 473242362                    | <b>Rahu</b> 6:11AM – 8:06AM | Bava Until 3:52PM   |                                   | <b>Nataraja:</b> Clear |                        | 4th Phase   |
| Creative Work                    | Siddha Yoga                  |                             | <b>Dvadashi</b> Until 4:54AM Tue  | Moon – Orange                     |                        | <b>Devaloka Day</b>    |   |
| Until 1:45AM Tue                 |                              |                             |   | <b>Ashada-Adi</b>                 |                        |                        |   |
| Then Creative Work - Amrita Yoga |                              |                             |   |                                   |                        |                        |   |

|               |                               |                             |   |                               |                        |                        |  |
|---------------|-------------------------------|-----------------------------|---|-------------------------------|------------------------|------------------------|--|
| <b>4</b>      | <b>Tuesday, July 24, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Indra Yoga Kaulava Karana Trayodashyam Titau |                               |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 100<br>Vilamba 5120 |
|               | Dhanus Rasi: 2.01             | Tithi 13                    | <b>Gulika</b> 11:55AM – 1:50PM  | <b>Mula*</b> Until 4:48AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 4:17AM |  |
|               |                               |                             | Yama 8:00AM – 10:01AM   | Indra Until 7:16PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:33PM  | Moon 6 - Phase 14                                  |
|               | 483242362                     | <b>Rahu</b> 3:44PM – 5:39PM | Kaulava Until 6:03PM  |                               | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work | Amrita Yoga                   |                             | <b>Trayodashi</b> Until 7:14AM Wed  | Moon – Light Blue             |                        | <b>Sivaloka Day</b>    |  |
|               |                               |                             |   | <b>Ashada-Adi</b>             |                        |                        |  |
|               |                               |                             |   | <i>Pradosha Vrata</i>         |                        |                        |  |

|                                 |                                 |                              |  |                                      |                        |                        |  |
|---------------------------------|---------------------------------|------------------------------|--|--------------------------------------|------------------------|------------------------|--|
| <b>5</b>                        | <b>Wednesday, July 25, 2018</b> |                              | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                      |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 101<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 13.55              | Tithi 13 – 14                | <b>Gulika</b> 10:01AM – 11:55AM  | <b>Purvashadha*</b> Until 7:53AM Thu | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:18AM |  |
|                                 |                                 |                              | Yama 6:13AM – 8:07AM   | Vaidhriti* Until 8:15PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:32PM  | Moon 6 - Phase 14                                  |
|                                 | 483342362                       | <b>Rahu</b> 11:55AM – 1:49PM | Gara Until 8:30PM  |                                      | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                   | Amrita Yoga                     |                              | <b>Trayodashi</b> Until 7:14AM   | Moon – Light Blue                    |                        | <b>Sivaloka Day</b>    |  |
| Until 7:53AM Thu                |                                 |                              |  | <b>Ashada-Adi</b>                    |                        |                        |  |
| Then Routine Work - Marana Yoga |                                 |                              |  |                                      |                        |                        |  |

|   |                                |                             |  |                                  |                        |                        |  |
|---|--------------------------------|-----------------------------|--|----------------------------------|------------------------|------------------------|--|
|  | <b>Thursday, July 26, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                  |                        |                        | Spokane, WA<br>Sutra 102<br>Vilamba 5120 |
|   | Dhanus Rasi: 25.44             | Tithi 14 – 15               | <b>Gulika</b> 8:07AM – 10:01AM   | <b>Purvashadha*</b> Until 7:53AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:20AM |  |
|   |                                |                             | Yama 4:20AM – 6:13AM   | Vishkambha* Until 9:21PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:31PM  | Moon 6 - Phase 14                        |
|   | 483342362                      | <b>Rahu</b> 1:49PM – 3:43PM | Visti Until 11:05PM  |                                  | <b>Nataraja:</b> Clear |                        | Purnima                                  |
| Creative Work   | Siddha Yoga                    |                             | <b>Chaturdashi*</b> Until 9:46AM   | Moon – Light Blue                |                        | <b>Sivaloka Day</b>    |  |
| Until 7:53AM  |                                |                             |  | <b>Ashada-Adi</b>                |                        |                        |  |
| Then Routine Work - Marana Yoga   |                                |                             |  |                                  |                        |                        |  |

|                              |                            |                               |  |                                   |                        |                        |  |
|------------------------------|----------------------------|-------------------------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>Friday, July 27, 2018</b> | <b>Silver Retreat Star</b> |                               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                        |                        | Spokane, WA<br>Sutra 103<br>Vilamba 5120 |
|                              | Makara Rasi: 7.31          | Tithi 15 – 16                 | <b>Gulika</b> 6:14AM – 8:08AM  | <b>Uttarashadha</b> Until 10:52AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 4:21AM |  |
|                              |                            |                               | Yama 3:42PM – 5:36PM   | Priti Until 10:29PM               | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:30PM  | Moon 6 - Phase 14                        |
|                              | 483342362                  | <b>Rahu</b> 10:02AM – 11:55AM | Balava Until 1:39AM Sat  |                                   | <b>Nataraja:</b> Clear |                        | Prathama                                 |
| Routine Work                 | Marana Yoga                |                               | <b>Purnima*</b> Until 12:21PM  | Moon – Light Blue                 |                        | <b>Sivaloka Day</b>    |  |
|                              |                            |                               |  | <b>Ashada-Adi</b>                 |                        |                        |  |
|                              |                            |                               |  | <b>Total Lunar Eclipse</b>        |                        |                        |  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



**Saturday, July 28, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Spokane, WA  
Sutra 104  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Makara Rasi: 19.19    Titthi 16 – 17

493342362

**Gulika** 4:22AM – 6:15AM  
Yama 1:48PM – 3:42PM  
**Rahu** 8:09AM – 10:02AM

**Shravana Until 2:08PM**  
Ayushman Until 11:29PM  
Taitila Until 4:06AM Sun  
Prathama\* Until 2:53PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Sunrise:** 4:22AM  
**Sunset:** 7:28PM

**Devaloka Day**

Creative Work    Siddha Yoga

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Spokane, WA  
Sun 1    Sutra 105  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 1.1    Titthi 17 – 18

493342362

**Gulika** 3:41PM – 5:34PM  
Yama 11:55AM – 1:48PM  
**Rahu** 5:34PM – 7:27PM

**Dhanishtha Until 5:03PM**  
Saubhagya Until 12:20AM Mon  
Vanija Until 6:19AM Mon  
Dvitiya Until 5:14PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Sunrise:** 4:23AM  
**Sunset:** 7:27PM

**Devaloka Day**

Routine Work    Marana Yoga

Until 5:03PM

Then Creative Work - Siddha Yoga

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Spokane, WA  
Sun 2    Sutra 106  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 13.07    Titthi 18

494342362

**Family Home Evening**

**Gulika** 1:48PM – 3:40PM  
Yama 10:02AM – 11:55AM  
**Rahu** 6:17AM – 8:10AM

**Shatabhishak Until 7:32PM**  
Sobhana Until 12:58AM Tue  
Vanija Until 6:19AM  
Tritiya Until 7:17PM

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

**Sunrise:** 4:24AM  
**Sunset:** 7:26PM

**Devaloka Day**

Creative Work    Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA  
Sun 3    Sutra 107  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Kumbha Rasi: 25.12    Titthi 19

414342362

Routine Work    Marana Yoga

**Gulika** 11:55AM – 1:47PM  
Yama 8:10AM – 10:03AM  
**Rahu** 3:40PM – 5:32PM

**Purvaproshtapada\* Until 9:57PM**  
Athiganda\* Until 1:14AM Wed  
Bava Until 8:11AM  
Chaturthi\* Until 8:56PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Sunrise:** 4:26AM  
**Sunset:** 7:24PM

**Devaloka Day**

Until 9:57PM

Then Creative Work - Amrita Yoga

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Spokane, WA  
Sun 4    Sutra 108  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 7.28    Titthi 20

414342362

Creative Work    Siddha Yoga

**Gulika** 10:03AM – 11:55AM  
Yama 6:19AM – 8:11AM  
**Rahu** 11:55AM – 1:47PM

**Uttaraproshtapada Until 11:43PM**  
Sukarma Until 1:07AM Thu  
Kaulava Until 9:36AM  
Panchami Until 10:06PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Sunrise:** 4:27AM  
**Sunset:** 7:23PM

**Devaloka Day**

Until 11:43PM

Then Routine Work - Marana Yoga

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Spokane, WA  
Sun 5    Sutra 109  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Meena Rasi: 19.57    Titthi 21

414342362

Creative Work    Siddha Yoga

**Gulika** 8:12AM – 10:03AM  
Yama 4:28AM – 6:20AM  
**Rahu** 1:47PM – 3:38PM

**Revati Until 12:46AM Fri**  
Dhriti Until 12:34AM Fri  
Gara Until 10:29AM  
Shashthi\* Until 10:41PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

**Sunrise:** 4:28AM  
**Sunset:** 7:22PM

**Devaloka Day**

Until 12:46AM Fri

Then Creative Work - Amrita Yoga

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visiti\*/Bava Karana Saptamyam Titau

Spokane, WA  
Sun 6    Sutra 110  
Vilamba 5120  
Moon 7 - Phase 15  
1st Phase

Mesha Rasi: 2.43    Titthi 22

424342362

Creative Work    Amrita Yoga

**Gulika** 6:21AM – 8:12AM  
Yama 3:37PM – 5:29PM  
**Rahu** 10:03AM – 11:55AM

**Ashvini Until 1:30AM Sat**  
Shula\* Until 11:28PM  
Visiti Until 10:45AM  
Saptami Until 10:37PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Sunrise:** 4:29AM  
**Sunset:** 7:20PM

**Sivaloka Day**

Until 1:30AM Sat

Then Creative Work - Siddha Yoga

**☾**

**Saturday, August 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA  
Sun 7    Sutra 111  
Vilamba 5120  
Moon 7 - Phase 15  
Ashtami

Mesha Rasi: 15.48    Titthi 23

424342362

Creative Work    Siddha Yoga

**Gulika** 4:31AM – 6:22AM  
Yama 1:46PM – 3:37PM  
**Rahu** 8:13AM – 10:04AM

**Bharani Until 1:24AM Sun**  
Ganda\* Until 9:50PM  
Balava Until 10:21AM  
Ashtami\* Until 9:53PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Sunrise:** 4:31AM  
**Sunset:** 7:19PM

**Sivaloka Day**

Creative Work    Siddha Yoga

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA  
Sun 8    Sutra 112  
Vilamba 5120  
Moon 7 - Phase 15  
Navami

Mesha Rasi: 29.16    Titthi 24

424342362

Creative Work    Siddha Yoga

**Gulika** 3:36PM – 5:27PM  
Yama 11:55AM – 1:45PM  
**Rahu** 5:27PM – 7:17PM

**Krittika Until 12:29AM Mon**  
Vriddhi Until 7:41PM  
Taitila Until 9:16AM  
Navami\* Until 8:28PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

**Sunrise:** 4:32AM  
**Sunset:** 7:17PM

**Sivaloka Day**

Until 12:29AM Mon

Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|          |                               |             |   |                             |                        |                        |                      |
|----------|-------------------------------|-------------|---|-----------------------------|------------------------|------------------------|----------------------|
| <b>1</b> | <b>Monday, August 6, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau |                             |                        |                        | Spokane, WA<br>Sun 9 |
|          | Vrishabha Rasi: 13.08         | Tithi 25    | <b>Gulika</b> 1:45PM – 3:35PM   | <b>Rohini</b> Until 11:13PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:33AM | Sutra 113            |
|          | <b>Family Home Evening</b>    | 434342362   | Yama 10:04AM – 11:55AM  | Dhruva Until 4:57PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:16PM  | Vilamba 5120         |
|          | Creative Work                 | Amrita Yoga | <b>Rahu</b> 6:24AM – 8:14AM   | Vanija Until 7:31AM         | <b>Nataraja:</b> Clear |                        | Moon 7 - Phase 16    |
|          |                               |             | <b>Dashami</b> Until 6:24PM   | Moon – Yellow               |                        | 2nd Phase              |                      |
|          |                               |             |   | <b>Ashada-Adi</b>           |                        | <b>Devaloka Day</b>    |                      |

|          |                                |               |   |                                |                        |                                 |                       |
|----------|--------------------------------|---------------|---|--------------------------------|------------------------|---------------------------------|-----------------------|
| <b>2</b> | <b>Tuesday, August 7, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                |                        |                                 | Spokane, WA<br>Sun 10 |
|          | Vrishabha Rasi: 27.23          | Tithi 26 – 27 | <b>Gulika</b> 11:54AM – 1:44PM  | <b>Mrigashira</b> Until 9:16PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:35AM          | Sutra 114             |
|          |                                | 434342362     | Yama 8:14AM – 10:04AM   | Vyaghata* Until 1:47PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:14PM           | Vilamba 5120          |
|          | Creative Work                  | Siddha Yoga   | <b>Rahu</b> 3:34PM – 5:24PM   | Kaulava Until 2:17AM Wed       | <b>Nataraja:</b> Clear |                                 | Moon 7 - Phase 16     |
|          |                                |               | <b>Ekadashi*</b> Until 3:46PM   | Moon – Yellow                  |                        | 2nd Phase                       |                       |
|          |                                |               |   | <b>Ashada-Adi</b>              |                        | <b>Devaloka Day</b>             |                       |
|          |                                |               |   |                                |                        | Then Routine Work - Marana Yoga |                       |

|          |                                  |               |   |                           |                        |                                 |                       |
|----------|----------------------------------|---------------|---|---------------------------|------------------------|---------------------------------|-----------------------|
| <b>3</b> | <b>Wednesday, August 8, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                           |                        |                                 | Spokane, WA<br>Sun 11 |
|          | Mithuna Rasi: 12.01              | Tithi 27 – 28 | <b>Gulika</b> 10:05AM – 11:54AM   | <b>Ardra</b> Until 6:45PM | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:36AM          | Sutra 115             |
|          |                                  | 434342362     | Yama 6:25AM – 8:15AM  | Harshana Until 10:13AM    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:13PM           | Vilamba 5120          |
|          | Creative Work                    | Siddha Yoga   | <b>Rahu</b> 11:54AM – 1:44PM  | Gara Until 11:00PM        | <b>Nataraja:</b> Clear |                                 | Moon 7 - Phase 16     |
|          |                                  |               | <b>Dvadashi*</b> Until 12:40PM  | Moon – Yellow             |                        | 2nd Phase                       |                       |
|          |                                  |               |   | <b>Ashada-Adi</b>         |                        | <b>Devaloka Day</b>             |                       |
|          |                                  |               |   |                           |                        | Then Routine Work - Marana Yoga |                       |

*Pradosha Vrata (Fasting)*

|          |                                 |               |  |                               |                            |                        |                       |
|----------|---------------------------------|---------------|--|-------------------------------|----------------------------|------------------------|-----------------------|
| <b>4</b> | <b>Thursday, August 9, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vajra*/Siddhi* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau |                               |                            |                        | Spokane, WA<br>Sun 12 |
|          | Mithuna Rasi: 26.55             | Tithi 28 – 29 | <b>Gulika</b> 8:16AM – 10:05AM   | <b>Punarvasu</b> Until 4:12PM | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:37AM | Sutra 116             |
|          |                                 | 444342362     | Yama 4:37AM – 6:26AM   | Vajra* Until 6:21AM           | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:11PM  | Vilamba 5120          |
|          | Creative Work                   | Amrita Yoga   | <b>Rahu</b> 1:43PM – 3:33PM  | Visti Until 7:28PM            | <b>Nataraja:</b> Clear     |                        | Moon 7 - Phase 16     |
|          |                                 |               | <b>Trayodashi*</b> Until 9:14AM  | Moon – Blue                   |                            | 2nd Phase              |                       |
|          |                                 |               |  | <b>Ashada-Adi</b>             |                            | <b>Devaloka Day</b>    |                       |

|   |                                |           |   |                            |                            |                          |                       |
|---|--------------------------------|-----------|---|----------------------------|----------------------------|--------------------------|-----------------------|
|  | <b>Friday, August 10, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                            |                            |                          | Spokane, WA<br>Sun 13 |
|   | <b>Retreat Star</b>            |           | <b>Gulika</b> 6:27AM – 8:16AM   | <b>Pushya</b> Until 1:22PM | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 4:39AM   | Sutra 117             |
|   | Kataka Rasi: 12.01             | Tithi 30  | Yama 3:32PM – 5:21PM  | Vyatipata* Until 10:12PM   | <b>Muruqa:</b> Clear       | <i>Sunset:</i> 7:09PM    | Vilamba 5120          |
|   |                                | 444342362 | <b>Rahu</b> 10:05AM – 11:54AM   | Catuspada Until 3:48PM     | <b>Nataraja:</b> Clear     |                          | Moon 7 - Phase 16     |
|   |                                |           | <b>Amavasya*</b> Until 1:57AM Sat   | Moon – Blue                |                            | Amavasya                 |                       |
|   |                                |           |   | <b>Ashada-Adi</b>          |                            | <b>Devaloka Day</b>      |                       |
|   |                                |           |   |                            |                            | Routine Work Marana Yoga |                       |

|                     |                                  |           |   |                                |                        |                                  |                       |
|---------------------|----------------------------------|-----------|---|--------------------------------|------------------------|----------------------------------|-----------------------|
| <b>Retreat Star</b> | <b>Saturday, August 11, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau |                                |                        |                                  | Spokane, WA<br>Sun 14 |
|                     | Kataka Rasi: 27.07               | Tithi 1   | <b>Gulika</b> 4:40AM – 6:28AM   | <b>Ashlesha*</b> Until 10:25AM | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 4:40AM           | Sutra 118             |
|                     |                                  | 445342362 | Yama 1:42PM – 3:31PM  | Variyan Until 6:10PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 7:08PM            | Vilamba 5120          |
|                     |                                  |           | <b>Rahu</b> 8:17AM – 10:05AM  | Kintughna Until 12:10PM        | <b>Nataraja:</b> Clear |                                  | Moon 7 - Phase 16     |
|                     |                                  |           | <b>Prathama*</b> Until 10:24PM  | Moon – Blue                    |                        | Prathama                         |                       |
|                     |                                  |           |   | <b>Sravana-Adi</b>             |                        | <b>Sivaloka Day</b>              |                       |
|                     |                                  |           |   |                                |                        | Then Creative Work - Amrita Yoga |                       |

Partial Solar Eclipse

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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|                                  |             |                                       |                             |  |                        |   |                       |
|----------------------------------|-------------|---------------------------------------|-----------------------------|--|------------------------|---|-----------------------|
| <b>1</b>                         |             | <b>Sunday, August 12, 2018</b>        |                             | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Dviliyayam Titau |                        | Spokane, WA<br>Sun 15 Sutra 119<br>Vilamba 5120 |                       |
| Simha Rasi: 12.08                | Tithi 2     | <b>Gulika</b> 3:30PM – 5:18PM         | <b>Magha* Until 7:56AM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:41AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 7:06PM |
|                                  |             | Yama 11:54AM – 1:42PM                 | Parigha* Until 2:19PM       | <b>Nataraja:</b> Clear   |                        |   | Moon 7 - Phase 17     |
|                                  |             | 455342362 <b>Rahu</b> 5:18PM – 7:06PM | Balava Until 8:44AM         | Moon – Red   |                        |   | 3rd Phase             |
| Routine Work                     | Marana Yoga |                                       | <b>Dvitiya Until 7:07PM</b> | <b>Sravana-Adi</b>   |                        | <b>Sivaloka Day</b>                             |                       |
| Until 7:56AM                     |             |                                       |                             |  |                        |   |                       |
| Then Creative Work - Siddha Yoga |             |                                       |                             |  |                        |   |                       |

|                            |             |                                       |  |  |                        |   |                       |
|----------------------------|-------------|---------------------------------------|--|--|------------------------|---|-----------------------|
| <b>2</b>                   |             | <b>Monday, August 13, 2018</b>        |  | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau |                        | Spokane, WA<br>Sun 16 Sutra 120<br>Vilamba 5120 |                       |
| Simha Rasi: 26.52          | Tithi 3 – 4 | <b>Gulika</b> 1:41PM – 3:29PM         | <b>Uttaraphalguni Until 3:42AM Tue</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:42AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 7:04PM |
| <b>Family Home Evening</b> |             | Yama 10:06AM – 11:53AM                | Shiva Until 10:49AM                    | <b>Nataraja:</b> Clear   |                        |   | Moon 7 - Phase 17     |
|                            |             | 455342362 <b>Rahu</b> 6:30AM – 8:18AM | Vanija Until 3:03AM Tue                | Moon – Red   |                        |   | 3rd Phase             |
| Creative Work              | Siddha Yoga |                                       | <b>Tritiya Until 4:16PM</b>            | <b>Sravana-Adi</b>   |                        | <b>Sivaloka Day</b>                             |                       |
|                            |             |                                       |  |  |                        |   |                       |

|                   |             |                                       |                                |  |                        |   |                       |
|-------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|---|-----------------------|
| <b>3</b>          |             | <b>Tuesday, August 14, 2018</b>       |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddha/Sadnya Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau |                        | Spokane, WA<br>Sun 17 Sutra 121<br>Vilamba 5120 |                       |
| Kanya Rasi: 11.16 | Tithi 4 – 5 | <b>Gulika</b> 11:53AM – 1:41PM        | <b>Hasta Until 2:42AM Wed</b>  | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:44AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 7:03PM |
|                   |             | Yama 8:19AM – 10:06AM                 | Siddha Until 7:44AM            | <b>Nataraja:</b> Clear   |                        |   | Moon 7 - Phase 17     |
|                   |             | 465342362 <b>Rahu</b> 3:28PM – 5:15PM | Bava Until 1:05AM Wed          | Moon – Green   |                        |   | 3rd Phase             |
| Creative Work     | Siddha Yoga |                                       | <b>Chaturthi* Until 1:58PM</b> | <b>Sravana-Adi</b>   |                        | <b>Subha Sivaloka Day</b>                       |                       |
|                   |             | <b>Nag Panchami</b>                   |                                |  |                        |   |                       |

|                                  |             |  |                                |   |                        |   |                       |
|----------------------------------|-------------|--|--------------------------------|---|------------------------|---|-----------------------|
| <b>4</b>                         |             | <b>Wednesday, August 15, 2018</b>      |                                | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau |                        | Spokane, WA<br>Sun 18 Sutra 122<br>Vilamba 5120 |                       |
| Kanya Rasi: 25.13                | Tithi 5 – 6 | <b>Gulika</b> 10:06AM – 11:53AM        | <b>Chitra Until 2:17AM Thu</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:45AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 7:01PM |
|                                  |             | Yama 6:32AM – 8:19AM                   | Subha Until 3:17AM Thu         | <b>Nataraja:</b> Clear  |                        |   | Moon 7 - Phase 17     |
|                                  |             | 465342362 <b>Rahu</b> 11:53AM – 1:40PM | Kaulava Until 11:52PM          | Moon – Green  |                        |   | 3rd Phase             |
| Creative Work                    | Siddha Yoga |  | <b>Panchami Until 12:22PM</b>  | <b>Sravana-Adi</b>  |                        | <b>Subha Sivaloka Day</b>                       |                       |
| Until 2:17AM Thu                 |             |  |                                |   |                        |   |                       |
| Then Creative Work - Amrita Yoga |             |  |                                |   |                        |   |                       |

|                                  |             |                                       |                               |  |                        |   |                       |
|----------------------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---|-----------------------|
| <b>5</b>                         |             | <b>Thursday, August 16, 2018</b>      |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Sukla Yoga Taila/Gara Karana Shashti/Saptamyam Titau |                        | Spokane, WA<br>Sun 19 Sutra 123<br>Vilamba 5120 |                       |
| Tula Rasi: 8.43                  | Tithi 6 – 7 | <b>Gulika</b> 8:20AM – 10:06AM        | <b>Svati Until 2:30AM Fri</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:46AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 6:59PM |
|                                  |             | Yama 4:46AM – 6:33AM                  | Sukla Until 2:00AM Fri        | <b>Nataraja:</b> Clear   |                        |   | Moon 7 - Phase 17     |
|                                  |             | 465342362 <b>Rahu</b> 1:39PM – 3:26PM | Gara Until 11:26PM            | Moon – Green   |                        |   | 3rd Phase             |
| Creative Work                    | Amrita Yoga |                                       | <b>Shashti* Until 11:32AM</b> | <b>Sravana-Avani</b>   |                        | <b>Subha Sivaloka Day</b>                       |                       |
| Until 2:30AM Fri                 |             |                                       |                               |  |                        |   |                       |
| Then Creative Work - Siddha Yoga |             |                                       |                               |  |                        |   |                       |

|                                |             |   |                                  |  |                        |   |                       |
|--------------------------------|-------------|---|----------------------------------|--|------------------------|---|-----------------------|
| <b>Friday, August 17, 2018</b> |             | <b>Retreat Star</b>                     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Spokane, WA<br>Sun 20 Sutra 124<br>Vilamba 5120 |                       |
| Tula Rasi: 21.47               | Tithi 7 – 8 | <b>Gulika</b> 6:34AM – 8:20AM           | <b>Vishakha Until 3:49AM Sat</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 4:48AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 6:58PM |
|                                |             | Yama 3:25PM – 5:11PM                    | Brahma Until 1:21AM Sat          | <b>Nataraja:</b> Clear   |                        |   | Moon 7 - Phase 17     |
|                                |             | 575342362 <b>Rahu</b> 10:06AM – 11:53AM | Visti Until 11:50PM              | Moon – Orange  |                        |   | Ashtami               |
| Creative Work                  | Siddha Yoga |   | <b>Saptami Until 11:31AM</b>     | <b>Sravana-Avani</b>   |                        | <b>Subha Sivaloka Day</b>                       |                       |
|                                |             |   |                                  |  |                        |   |                       |

|                                  |             |  |                                  |   |                        |   |                       |
|----------------------------------|-------------|--|----------------------------------|---|------------------------|---|-----------------------|
| <b>Saturday, August 18, 2018</b> |             | <b>Retreat Star</b>                    |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam<br>Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Spokane, WA<br>Sun 21 Sutra 125<br>Vilamba 5120 |                       |
| Vrischika Rasi: 4.28             | Tithi 8 – 9 | <b>Gulika</b> 4:49AM – 6:35AM          | <b>Anuradha Until 5:42AM Sun</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 4:49AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 6:56PM |
|                                  |             | Yama 1:38PM – 3:24PM                   | Indra Until 1:18AM Sun           | <b>Nataraja:</b> Clear  |                        |   | Moon 7 - Phase 17     |
|                                  |             | 575342362 <b>Rahu</b> 8:21AM – 10:07AM | Balava Until 12:58AM Sun         | Moon – Orange   |                        |   | Navami                |
| Creative Work                    | Siddha Yoga |  | <b>Ashtami* Until 12:17PM</b>    | <b>Sravana-Avani</b>  |                        | <b>Subha Sivaloka Day</b>                       |                       |
| Until 5:42AM Sun                 |             |  |                                  |   |                        |   |                       |
| Then Routine Work - Marana Yoga  |             |  |                                  |   |                        |   |                       |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

|                                  |              |  |                                   |                        |                        |  |
|----------------------------------|--------------|--|-----------------------------------|------------------------|------------------------|--|
| <b>1 Sunday, August 19, 2018</b> |              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                   |                        |                        | Spokane, WA<br>Sun 22<br>Sutra 126<br>Vilamba 5120 |
| Wrischika Rasi: 16.49            | Tithi 9 – 10 | <b>Gulika</b> 3:23PM – 5:09PM  | <b>Jyeshtha* Until 8:00AM Mon</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:50AM |  |
|                                  |              | Yama 11:52AM – 1:38PM  | Vaidhriti* Until 1:42AM Mon       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:54PM  | Moon 7 - Phase 18                                  |
|                                  | 575442362    | <b>Rahu</b> 5:09PM – 6:54PM  | Taitila Until 2:44AM Mon          | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga  |  | <b>Navami* Until 1:45PM</b>       | Moon – Orange          |                        | <b>Sivaloka Day</b>                                |
| Until 8:00AM Mon                 |              |  |                                   | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga |              |  |                                   |                        |                        |  |

|                                  |               |  |                               |                        |                        |  |
|----------------------------------|---------------|--|-------------------------------|------------------------|------------------------|--|
| <b>2 Monday, August 20, 2018</b> |               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau |                               |                        |                        | Spokane, WA<br>Sun 23<br>Sutra 127<br>Vilamba 5120 |
| Wrischika Rasi: 28.55            | Tithi 10 – 11 | <b>Gulika</b> 1:37PM – 3:22PM  | <b>Jyeshtha* Until 8:00AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:52AM |  |
| <b>Family Home Evening</b>       |               | Yama 10:07AM – 11:52AM   | Vishkambha* Until 2:29AM Tue  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:52PM  | Moon 7 - Phase 18                                  |
|                                  | 575442362     | <b>Rahu</b> 6:37AM – 8:22AM  | Vanija Until 4:58AM Tue       | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga   |  | <b>Dashami Until 3:47PM</b>   | Moon – Orange          |                        | <b>Sivaloka Day</b>                                |
|                                  |               |  |                               | <b>Sravana-Avani</b>   |                        |  |

|                                   |             |   |                              |                        |                        |  |
|-----------------------------------|-------------|---|------------------------------|------------------------|------------------------|--|
| <b>3 Tuesday, August 21, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau |                              |                        |                        | Spokane, WA<br>Sun 24<br>Sutra 128<br>Vilamba 5120 |
| Dhanus Rasi: 10.5                 | Tithi 11    | <b>Gulika</b> 11:52AM – 1:36PM  | <b>Mula* Until 11:02AM</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:53AM |  |
|                                   |             | Yama 8:22AM – 10:07AM   | Priti Until 3:31AM Wed       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:50PM  | Moon 7 - Phase 18                                  |
|                                   | 586442362   | <b>Rahu</b> 3:21PM – 5:06PM   | Visti Until 6:11PM           | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                     | Amrita Yoga |   | <b>Ekadashi Until 6:11PM</b> | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                |
| Until 11:02AM                     |             |   |                              | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga  |             |   |                              |                        |                        |  |

|                                     |             |  |                                  |                        |                        |  |
|-------------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>4 Wednesday, August 22, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 25<br>Sutra 129<br>Vilamba 5120 |
| Dhanus Rasi: 22.4                   | Tithi 12    | <b>Gulika</b> 10:07AM – 11:51AM  | <b>Purvashadha* Until 2:08PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:54AM |  |
|                                     |             | Yama 6:39AM – 8:23AM   | Ayushman Until 4:35AM Thu        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:49PM  | Moon 7 - Phase 18                                  |
|                                     | 586442362   | <b>Rahu</b> 11:51AM – 1:36PM   | Bava Until 7:29AM                | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Creative Work                       | Amrita Yoga |  | <b>Dvadashi Until 8:46PM</b>     | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                |
|                                     |             |  |                                  | <b>Sravana-Avani</b>   |                        |  |

|                                    |             |  |                                  |                        |                        |  |
|------------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>5 Thursday, August 23, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 26<br>Sutra 130<br>Vilamba 5120 |
| Makara Rasi: 4.27                  | Tithi 13    | <b>Gulika</b> 8:23AM – 10:07AM   | <b>Uttarashadha Until 5:07PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 4:56AM |  |
|                                    |             | Yama 4:56AM – 6:40AM   | Saubhagya Until 5:39AM Fri       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:47PM  | Moon 7 - Phase 18                                  |
|                                    | 586442362   | <b>Rahu</b> 1:35PM – 3:19PM  | Kaulava Until 10:06AM            | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                       | Marana Yoga |  | <b>Trayodashi Until 11:22PM</b>  | Moon – Light Blue      |                        | <b>Sivaloka Day</b>                                |
| Until 5:07PM                       |             |  |                                  | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga   |             |  |                                  |                        |                        |  |

|                                  |             |   |                                      |                        |                        |  |
|----------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|
| <b>6 Friday, August 24, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau |                                      |                        |                        | Spokane, WA<br>Sun 27<br>Sutra 131<br>Vilamba 5120 |
| Makara Rasi: 16.15               | Tithi 14    | <b>Gulika</b> 6:40AM – 8:24AM   | <b>Shravana Until 8:19PM</b>         | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:57AM |  |
|                                  |             | Yama 3:18PM – 5:01PM  | Sobhana Until 6:36AM Sat             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:45PM  | Moon 7 - Phase 18                                  |
|                                  | 596442362   | <b>Rahu</b> 10:07AM – 11:51AM   | Gara Until 12:38PM                   | <b>Nataraja:</b> Clear |                        | 4th Phase  |
| Routine Work                     | Marana Yoga |   | <b>Chaturdashi* Until 1:49AM Sat</b> | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                          |
| Until 8:19PM                     |             | <b>Chidambaram Abhishekam</b>   |                                      | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Siddha Yoga |             |   |                                      |                        |                        |  |

|                                    |             |  |                                  |                        |                        |  |
|------------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>○ Saturday, August 25, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau |                                  |                        |                        | Spokane, WA<br>Sutra 132<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>         |             | <b>Gulika</b> 4:58AM – 6:41AM  | <b>Dhanishtha Until 11:07PM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 4:58AM |  |
| Makara Rasi: 28.07                 | Tithi 15    | Yama 1:34PM – 3:17PM   | Sobhana Until 6:36AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:43PM  | Moon 7 - Phase 18                        |
|                                    | 596442362   | <b>Rahu</b> 8:24AM – 10:08AM   | Visti Until 2:58PM               | <b>Nataraja:</b> Clear |                        | Purnima                                  |
| Creative Work                      | Siddha Yoga |  | <b>Purnima* Until 3:59AM Sun</b> | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                |
| Until 11:07PM                      |             | <b>Avani Avittam</b>   |                                  | <b>Sravana-Avani</b>   |                        |  |
| Then Creative Work - Amrita Yoga   |             |  |                                  |                        |                        |  |

|                                 |             |   |                                      |                        |                        |  |
|---------------------------------|-------------|---|--------------------------------------|------------------------|------------------------|--|
| <b>Sunday, August 26, 2018</b>  |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau |                                      |                        |                        | Spokane, WA<br>Sutra 133<br>Vilamba 5120 |
| <b>Silver Retreat Star</b>      |             | <b>Gulika</b> 3:16PM – 4:58PM   | <b>Shatabhishak Until 1:25AM Mon</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:00AM |  |
| Kumbha Rasi: 10.06              | Tithi 16    | Yama 11:50AM – 1:33PM   | Athiganda* Until 7:17AM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:41PM  | Moon 7 - Phase 18                        |
|                                 | 596442362   | <b>Rahu</b> 4:58PM – 6:41PM   | Balava Until 4:58PM                  | <b>Nataraja:</b> Clear |                        | Prathama                                 |
| Creative Work                   | Siddha Yoga |   | <b>Prathama* Until 5:48AM Mon</b>    | Moon – Purple          |                        | <b>Subha Sivaloka Day</b>                |
| Until 1:25AM Mon                |             |   |                                      | <b>Sravana-Avani</b>   |                        |  |
| Then Routine Work - Marana Yoga |             |   |                                      |                        |                        |  |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





**Monday, August 27, 2018**  
**Gold Retreat Star**

Kumbha Rasi: 22.14 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 3:39AM Tue  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthpada\* Nakshatra Sukarma/Dhriti Yoga Tailila Karana Dvitiyayam Titau  
**Gulika** 1:32PM – 3:15PM  
Yama 10:08AM – 11:50AM  
**Rahu** 6:43AM – 8:26AM

**Purvaprosarthpada\* Until 3:39AM Tue**  
Sukarma Until 7:43AM  
Tailila Until 6:35PM  
**Dvitiya Until 7:12AM Tue**

Spokane, WA  
Sutra 134  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Sivaloka Day**

**1**

**Tuesday, August 28, 2018**

Meena Rasi: 4.32 Tithi 17 – 18  
517452363  
Creative Work Amrita Yoga  
Until 5:18AM Wed  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika** 11:50AM – 1:32PM  
Yama 8:26AM – 10:08AM  
**Rahu** 3:14PM – 4:55PM

**Uttaraprosarthpada Until 5:18AM Wed**  
Dhriti Until 7:50AM  
Vanija Until 7:46PM  
**Dvitiya Until 7:12AM**

Spokane, WA  
Sun 1  
Sutra 135  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**2**

**Wednesday, August 29, 2018**

Meena Rasi: 17.01 Tithi 18 – 19  
517452363  
Routine Work Marana Yoga  
Until 6:21AM Thu  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 10:08AM – 11:49AM  
Yama 6:45AM – 8:27AM  
**Rahu** 11:49AM – 1:31PM

**Revati Until 6:21AM Thu**  
Shula\* Until 7:34AM  
Bava Until 8:30PM  
**Tritiya Until 8:10AM**

Spokane, WA  
Sun 2  
Sutra 136  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**3**

**Thursday, August 30, 2018**

Meena Rasi: 29.43 Tithi 19 – 20  
517452363  
Creative Work Siddha Yoga  
Until 6:21AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 8:27AM – 10:08AM  
Yama 5:05AM – 6:46AM  
**Rahu** 1:30PM – 3:11PM

**Revati Until 6:21AM**  
Ganda\* Until 6:58AM  
Kaulava Until 8:47PM  
**Chaturthi\* Until 8:41AM**

Spokane, WA  
Sun 3  
Sutra 137  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 6:AM to 9:AM

**4**

**Friday, August 31, 2018**

Mesha Rasi: 12.38 Tithi 20 – 21  
527452363  
Creative Work Amrita Yoga  
Until 7:16AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 6:47AM – 8:28AM  
Yama 3:10PM – 4:51PM  
**Rahu** 10:08AM – 11:49AM

**Ashvini Until 7:16AM**  
Vriddhi Until 6:01AM  
Gara Until 8:35PM  
**Panchami Until 8:43AM**

Spokane, WA  
Sun 4  
Sutra 138  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**

**5**

**Saturday, September 1, 2018**

Mesha Rasi: 25.48 Tithi 21 – 22  
527452363  
Creative Work Siddha Yoga  
Until 7:32AM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 5:08AM – 6:48AM  
Yama 1:29PM – 3:09PM  
**Rahu** 8:28AM – 10:08AM

**Bharani Until 7:32AM**  
Vyaghata\* Until 2:55AM Sun  
Visti Until 7:53PM  
**Shashthi\* Until 8:17AM**

Spokane, WA  
Sun 5  
Sutra 139  
Vilamba 5120  
Moon 8 - Phase 19  
1st Phase  
**Bhuloka Day**

**D**

**Sunday, September 2, 2018**  
**Retreat Star**

Vrishabha Rasi: 9.14 Tithi 22 – 23  
527452363  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 3:08PM – 4:48PM  
Yama 11:48AM – 1:28PM  
**Rahu** 4:48PM – 6:28PM

**Krittika Until 7:11AM**  
Harshana Until 12:47AM Mon  
Balava Until 6:41PM  
**Saptami Until 7:20AM**

Spokane, WA  
Sun 6  
Sutra 140  
Vilamba 5120  
Moon 8 - Phase 19  
Ashtami  
**Bhuloka Day**

**Monday, September 3, 2018**  
**Retreat Star**

Vrishabha Rasi: 22.58 Tithi 24  
**Family Home Evening**  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Tailila/Gara Karana Navamyam Titau  
**Gulika** 1:27PM – 3:07PM  
Yama 10:09AM – 11:48AM  
**Rahu** 6:50AM – 8:29AM

**Rohini Until 6:36AM**  
Vajra\* Until 10:12PM  
Tailila Until 5:00PM  
**Navami\* Until 3:57AM Tue**

Spokane, WA  
Sun 7  
Sutra 141  
Vilamba 5120  
Moon 8 - Phase 19  
Navami  
**Devaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

|                                  |             |                                   |                         |   |                         |  |                     |
|----------------------------------|-------------|-----------------------------------|-------------------------|---|-------------------------|--|---------------------|
| <b>1</b>                         |             | <b>Tuesday, September 4, 2018</b> |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau |                         | Spokane, WA<br>Sun 8 Sutra 142<br>Vilamba 5120 |                     |
| Mithuna Rasi: 7.01               | Tithi 25    | <b>Gulika</b>                     | <b>11:48AM – 1:27PM</b> | <b>Ardra Until 3:37AM Wed</b>   | <b>Ganesha: White</b>   | <b>Sunrise: 5:12AM</b>                         |                     |
|                                  |             | Yama                              | 8:30AM – 10:09AM        | Siddhi Until 7:16PM   | <b>Muruqa: Purple</b>   | <b>Sunset: 6:24PM</b>                          | Moon 8 - Phase 20   |
|                                  |             | 538452363 <b>Rahu</b>             | <b>3:06PM – 4:45PM</b>  | Vanija Until 2:49PM   | <b>Nataraja: Purple</b> |  | 2nd Phase           |
| Routine Work                     | Marana Yoga |                                   |                         | <b>Dashami Until 1:33AM Wed</b>   | <b>Moon – Yellow</b>    |  | <b>Devaloka Day</b> |
| Until 3:37AM Wed                 |             |                                   |                         |   | <b>Sravana•Avani</b>    |  |                     |
| Then Creative Work - Siddha Yoga |             |                                   |                         |   |                         |  |                     |

|                                  |             |                                     |                          |  |                         |  |                                    |
|----------------------------------|-------------|-------------------------------------|--------------------------|--|-------------------------|--|------------------------------------|
| <b>2</b>                         |             | <b>Wednesday, September 5, 2018</b> |                          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau |                         | Spokane, WA<br>Sun 9 Sutra 143<br>Vilamba 5120 |                                    |
| Mithuna Rasi: 21.2               | Tithi 26    | <b>Gulika</b>                       | <b>10:09AM – 11:47AM</b> | <b>Punarvasu Until 1:43AM Thu</b>  | <b>Ganesha: Yellow</b>  | <b>Sunrise: 5:13AM</b>                         |                                    |
|                                  |             | Yama                                | 6:52AM – 8:30AM          | Vyatipata* Until 4:00PM  | <b>Muruqa: Purple</b>   | <b>Sunset: 6:22PM</b>                          | Moon 8 - Phase 20                  |
|                                  |             | 548452363 <b>Rahu</b>               | <b>11:47AM – 1:26PM</b>  | Bava Until 12:13PM   | <b>Nataraja: Purple</b> |  | 2nd Phase                          |
| Creative Work                    | Siddha Yoga |                                     |                          | <b>Ekadashi* Until 10:46PM</b>   | <b>Moon – Blue</b>      |  | <b>Bhuloka Day</b>                 |
| Until 1:43AM Thu                 |             |                                     |                          |  | <b>Sravana•Avani</b>    |  | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Amrita Yoga |             |                                     |                          |  |                         |  |                                    |

|                                  |             |                                    |                         |  |                         |   |                                    |
|----------------------------------|-------------|------------------------------------|-------------------------|--|-------------------------|---|------------------------------------|
| <b>3</b>                         |             | <b>Thursday, September 6, 2018</b> |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                         | Spokane, WA<br>Sun 10 Sutra 144<br>Vilamba 5120 |                                    |
| Kataka Rasi: 5.56                | Tithi 27    | <b>Gulika</b>                      | <b>8:31AM – 10:09AM</b> | <b>Pushya Until 11:24PM</b>  | <b>Ganesha: Yellow</b>  | <b>Sunrise: 5:14AM</b>                          |                                    |
|                                  |             | Yama                               | 5:14AM – 6:52AM         | Variyan Until 12:27PM  | <b>Muruqa: Purple</b>   | <b>Sunset: 6:20PM</b>                           | Moon 8 - Phase 20                  |
|                                  |             | 548452363 <b>Rahu</b>              | <b>1:25PM – 3:03PM</b>  | Kaulava Until 9:17AM   | <b>Nataraja: Purple</b> |   | 2nd Phase                          |
| Creative Work                    | Amrita Yoga |                                    |                         | <b>Dvadashi* Until 7:42PM</b>  | <b>Moon – Blue</b>      |   | <b>Bhuloka Day</b>                 |
| Until 11:24PM                    |             |                                    |                         |  | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Siddha Yoga |             |                                    |                         |  |                         |   |                                    |

|                    |               |                                  |                          |  |                         |   |                                    |
|--------------------|---------------|----------------------------------|--------------------------|--|-------------------------|---|------------------------------------|
| <b>4</b>           |               | <b>Friday, September 7, 2018</b> |                          | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau |                         | Spokane, WA<br>Sun 11 Sutra 145<br>Vilamba 5120 |                                    |
| Kataka Rasi: 20.44 | Tithi 28 – 29 | <b>Gulika</b>                    | <b>6:53AM – 8:31AM</b>   | <b>Ashlesha* Until 8:49PM</b>  | <b>Ganesha: Yellow</b>  | <b>Sunrise: 5:16AM</b>                          |                                    |
|                    |               | Yama                             | 3:02PM – 4:40PM          | Parigha* Until 8:43AM  | <b>Muruqa: Purple</b>   | <b>Sunset: 6:18PM</b>                           | Moon 8 - Phase 20                  |
|                    |               | 548452363 <b>Rahu</b>            | <b>10:09AM – 11:47AM</b> | Gara Until 6:07AM  | <b>Nataraja: Purple</b> |   | 2nd Phase                          |
| Routine Work       | Marana Yoga   |                                  |                          | <b>Trayodashi* Until 4:28PM</b>  | <b>Moon – Blue</b>      |   | <b>Bhuloka Day</b>                 |
|                    |               |                                  |                          |  | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
|                    |               |                                  |                          |  |                         |   |                                    |

*Pradosha Vrata (Fasting)*

|                                  |               |                                    |                         |   |                         |   |                                    |
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| <b>●</b>                         |               | <b>Saturday, September 8, 2018</b> |                         | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                         | Spokane, WA<br>Sun 12 Sutra 146<br>Vilamba 5120 |                                    |
| <b>Retreat Star</b>              |               | <b>Gulika</b>                      | <b>5:17AM – 6:54AM</b>  | <b>Magha* Until 6:28PM</b>  | <b>Ganesha: Red</b>     | <b>Sunrise: 5:17AM</b>                          |                                    |
| Simha Rasi: 6                    | Tithi 29 – 30 | Yama                               | 1:24PM – 3:01PM         | Siddha Until 1:09AM Sun   | <b>Muruqa: Purple</b>   | <b>Sunset: 6:16PM</b>                           | Moon 8 - Phase 20                  |
|                                  |               | 558452363 <b>Rahu</b>              | <b>8:32AM – 10:09AM</b> | Catuspada Until 11:35PM   | <b>Nataraja: Purple</b> |   | Amavasya                           |
| Creative Work                    | Amrita Yoga   |                                    |                         | <b>Chaturdashi* Until 1:11PM</b>  | <b>Moon – Red</b>       |   | <b>Bhuloka Day</b>                 |
| Until 6:28PM                     |               |                                    |                         |   | <b>Sravana•Avani</b>    |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Siddha Yoga |               |                                    |                         |   |                         |   |                                    |

|                                  |              |                                  |                        |  |                         |   |                                    |
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| <b>●</b>                         |              | <b>Sunday, September 9, 2018</b> |                        | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                         | Spokane, WA<br>Sun 13 Sutra 147<br>Vilamba 5120 |                                    |
| <b>Retreat Star</b>              |              | <b>Gulika</b>                    | <b>3:00PM – 4:37PM</b> | <b>Purvaphalguni Until 4:08PM</b>  | <b>Ganesha: Red</b>     | <b>Sunrise: 5:18AM</b>                          |                                    |
| Simha Rasi: 20.26                | Tithi 30 – 1 | Yama                             | 11:46AM – 1:23PM       | Sadhya Until 9:32PM  | <b>Muruqa: Purple</b>   | <b>Sunset: 6:14PM</b>                           | Moon 8 - Phase 20                  |
|                                  |              | 558452363 <b>Rahu</b>            | <b>4:37PM – 6:14PM</b> | Kintughna Until 8:31PM   | <b>Nataraja: Purple</b> |   | Prathama                           |
| Creative Work                    | Siddha Yoga  |                                  |                        | <b>Amavasya* Until 10:00AM</b>   | <b>Moon – Red</b>       |   | <b>Bhuloka Day</b>                 |
| Until 4:08PM                     |              |                                  |                        |  | <b>Bhadrapada•Avani</b> |   | <b>Devaloka Time: 9:AM to12:PM</b> |
| Then Creative Work - Amrita Yoga |              |                                  |                        |  |                         |   |                                    |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|   |                                   |             |   |                                    |                         |                        |  |
|---|-----------------------------------|-------------|---|------------------------------------|-------------------------|------------------------|--|
| 1 | <b>Monday, September 10, 2018</b> |             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau |                                    |                         |                        | Spokane, WA<br>Sun 14<br>Sutra 148<br>Vilamba 5120 |
|   | Kanya Rasi: 5.05                  | Tithi 1 – 2 | <b>Gulika</b> 1:22PM – 2:59PM   | <b>Uttaraphalguni</b> Until 1:58PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:20AM |  |
|   | <b>Family Home Evening</b>        | 559452363   | Yama 10:09AM – 11:46AM  | Subha Until 6:14PM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:12PM  | Moon 8 - Phase 21                                  |
|   | Creative Work Siddha Yoga         |             | <b>Rahu</b> 6:56AM – 8:33AM   | Kaulava Until 4:34AM Tue           | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|   |                                   |             | <b>Prathama*</b> Until 7:04AM   | <b>Bhadrapada*Avani</b>            |                         | <b>Bhuloka Day</b>     |  |

|   |                                    |           |  |                            |                         |                        |  |
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| 2 | <b>Tuesday, September 11, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Tritiyayam Titau |                            |                         |                        | Spokane, WA<br>Sun 15<br>Sutra 149<br>Vilamba 5120 |
|   | Kanya Rasi: 19.28                  | Tithi 3   | <b>Gulika</b> 11:45AM – 1:21PM   | <b>Hasta</b> Until 12:33PM | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:21AM |  |
|   |                                    | 569452363 | Yama 8:33AM – 10:09AM  | Sukla Until 3:17PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:09PM  | Moon 8 - Phase 21                                  |
|   | Creative Work Siddha Yoga          |           | <b>Rahu</b> 2:57PM – 4:33PM  | Taitila Until 3:31PM       | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|   |                                    |           | <b>Tritiya</b> Until 2:37AM Wed  | <b>Bhadrapada*Avani</b>    |                         | <b>Bhuloka Day</b>     |  |

|   |                                      |           |   |                                    |                         |                        |  |
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| 3 | <b>Wednesday, September 12, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturthayam Titau |                                    |                         |                        | Spokane, WA<br>Sun 16<br>Sutra 150<br>Vilamba 5120 |
|   | Tula Rasi: 3.28                      | Tithi 4   | <b>Gulika</b> 10:09AM – 11:45AM   | <b>Chitra</b> Until 11:35AM        | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 5:22AM |  |
|   |                                      | 569452363 | Yama 6:58AM – 8:34AM  | Brahma Until 12:53PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:07PM  | Moon 8 - Phase 21                                  |
|   | Creative Work Siddha Yoga            |           | <b>Rahu</b> 11:45AM – 1:20PM  | Vanija Until 1:54PM                | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|   |                                      |           | <b>Ganesh Chaturthi</b>   | <b>Chaturthi*</b> Until 1:21AM Thu | <b>Bhadrapada*Avani</b> | <b>Bhuloka Day</b>     |  |

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| 4                                | <b>Thursday, September 13, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau |                            |                         |                              | Spokane, WA<br>Sun 17<br>Sutra 151<br>Vilamba 5120 |
|                                  | Tula Rasi: 17.01                    | Tithi 5   | <b>Gulika</b> 8:34AM – 10:09AM   | <b>Svati</b> Until 11:12AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:24AM       |  |
|                                  |                                     | 569552363 | Yama 5:24AM – 6:59AM   | Indra Until 11:04AM        | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:05PM        | Moon 8 - Phase 21                                  |
|                                  | Creative Work Amrita Yoga           |           | <b>Rahu</b> 1:20PM – 2:55PM  | Bava Until 1:02PM          | <b>Nataraja:</b> Purple |                              | 3rd Phase  |
| Until 11:12AM                    |                                     |           | <b>Panchami</b> Until 12:53AM Fri  | <b>Bhadrapada*Avani</b>    |                         | <b>Bhuloka Day</b>           |  |
| Then Creative Work - Siddha Yoga |                                     |           |  |                            |                         | Devaloka Time: 9:AM to 12:PM |  |

|   |                                   |           |   |                               |                         |                        |  |
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| 5 | <b>Friday, September 14, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau |                               |                         |                        | Spokane, WA<br>Sun 18<br>Sutra 152<br>Vilamba 5120 |
|   | Vrischika Rasi: 0.08              | Tithi 6   | <b>Gulika</b> 7:00AM – 8:34AM   | <b>Vishakha</b> Until 11:56AM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:25AM |  |
|   |                                   | 579552363 | Yama 2:54PM – 4:29PM  | Vaidhriti* Until 9:53AM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:03PM  | Moon 8 - Phase 21                                  |
|   | Creative Work Siddha Yoga         |           | <b>Rahu</b> 10:09AM – 11:44AM   | Kaulava Until 12:59PM         | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|   |                                   |           | <b>Shashthi*</b> Until 1:15AM Sat   | <b>Bhadrapada*Avani</b>       |                         | <b>Devaloka Day</b>    |  |

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| 6 | <b>Saturday, September 15, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau |                              |                         |                        | Spokane, WA<br>Sun 19<br>Sutra 153<br>Vilamba 5120 |
|   | Vrischika Rasi: 12.52               | Tithi 7   | <b>Gulika</b> 5:26AM – 7:01AM   | <b>Anuradha</b> Until 1:18PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:26AM |  |
|   |                                     | 579552363 | Yama 1:18PM – 2:53PM  | Vishkambha* Until 9:22AM     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:01PM  | Moon 8 - Phase 21                                  |
|   | Creative Work Siddha Yoga           |           | <b>Rahu</b> 8:35AM – 10:09AM  | Gara Until 1:46PM            | <b>Nataraja:</b> Purple |                        | 3rd Phase  |
|   |                                     |           | <b>Saptami</b> Until 2:25AM Sun   | <b>Bhadrapada*Avani</b>      |                         | <b>Devaloka Day</b>    |  |

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| D                                | <b>Sunday, September 16, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau |                               |                         |                        | Spokane, WA<br>Sun 20<br>Sutra 154<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>               |           | <b>Gulika</b> 2:51PM – 4:25PM   | <b>Jyeshtha*</b> Until 3:14PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:28AM |  |
|                                  | Vrischika Rasi: 25.13             | Tithi 8   | Yama 11:43AM – 1:17PM   | Priti Until 9:27AM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:59PM  | Moon 8 - Phase 21                                  |
|                                  |                                   | 579552363 | <b>Rahu</b> 4:25PM – 5:59PM   | Visti Until 3:17PM            | <b>Nataraja:</b> Purple |                        | Ashtami  |
| Routine Work Marana Yoga         |                                   |           | <b>Ashtami*</b> Until 4:16AM Mon  | <b>Bhadrapada*Puratasi</b>    |                         | <b>Devaloka Day</b>    |  |
| Until 3:14PM                     |                                   |           |   |                               |                         |                        |  |
| Then Creative Work - Amrita Yoga |                                   |           |   |                               |                         |                        |  |

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| D                               | <b>Monday, September 17, 2018</b> |           | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Navamyam Titau |                            |                         |                              | Spokane, WA<br>Sun 21<br>Sutra 155<br>Vilamba 5120 |
|                                 | <b>Retreat Star</b>               |           | <b>Gulika</b> 1:17PM – 2:50PM  | <b>Mula*</b> Until 6:04PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:29AM       |  |
|                                 | Dhanu Rasi: 7.19                  | Tithi 9   | Yama 10:09AM – 11:43AM   | Ayushman Until 9:59AM      | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:57PM        | Moon 8 - Phase 21                                  |
|                                 |                                   | 589552363 | <b>Rahu</b> 7:02AM – 8:36AM  | Balava Until 5:24PM        | <b>Nataraja:</b> Purple |                              | Navami   |
| Creative Work Siddha Yoga       |                                   |           | <b>Navami*</b> Until 6:36AM Tue  | <b>Bhadrapada*Puratasi</b> |                         | <b>Bhuloka Day</b>           |  |
| Until 6:04PM                    |                                   |           |  |                            |                         | Devaloka Time: 9:AM to 12:PM |  |
| Then Routine Work - Marana Yoga |                                   |           |  |                            |                         |                              |  |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|  |              |                                       |                                  |  |                        |  |  |
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| <b>1</b>                               |              | <b>Tuesday, September 18, 2018</b>    |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Spokane, WA<br>Sun 22<br>Sutra 156<br>Vilamba 5120 |  |
| Dhanus Rasi: 19.13                     | Tithi 9 – 10 | <b>Gulika</b> 11:43AM – 1:16PM        | <b>Purvashadha* Until 9:06PM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:30AM | Moon 8 - Phase 22                                  |  |
|  |              | Yama 8:36AM – 10:10AM                 | Saubhagya Until 10:52AM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:55PM  | 4th Phase  |  |
|  |              | 581552363 <b>Rahu</b> 2:49PM – 4:22PM | Taitila Until 7:54PM             | <b>Nataraja:</b> Purple  |                        | 4th Phase  |  |
| Creative Work                          | Siddha Yoga  |                                       | <b>Navami* Until 6:36AM</b>      | Moon – Light Blue  |                        | <b>Bhuloka Day</b>                                 |  |
| Until 9:06PM                           |              |                                       |                                  |  |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Routine Work - Prabararishta Yoga |              |                                       |                                  |  |                        |  |  |

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| <b>2</b>                         |               | <b>Wednesday, September 19, 2018</b>   |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 157<br>Vilamba 5120 |  |
| Makara Rasi: 1.02                | Tithi 10 – 11 | <b>Gulika</b> 10:10AM – 11:42AM        | <b>Uttarashadha Until 12:04AM Thu</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:32AM | Moon 8 - Phase 22                                  |  |
|                                  |               | Yama 7:04AM – 8:37AM                   | Sobhana Until 11:56AM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:53PM  | 4th Phase  |  |
|                                  |               | 581552363 <b>Rahu</b> 11:42AM – 1:15PM | Vanija Until 10:32PM                  | <b>Nataraja:</b> Purple   |                        | 4th Phase  |  |
| Creative Work                    | Amrita Yoga   |  | <b>Dashami Until 9:12AM</b>           | Moon – Light Blue   |                        | <b>Bhuloka Day</b>                                 |  |
| Until 12:04AM Thu                |               |  |                                       |   |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Siddha Yoga |               |  |                                       |   |                        |  |  |

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| <b>3</b>                               |               | <b>Thursday, September 20, 2018</b>   |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Spokane, WA<br>Sun 24<br>Sutra 158<br>Vilamba 5120 |  |
| Makara Rasi: 12.49                     | Tithi 11 – 12 | <b>Gulika</b> 8:37AM – 10:10AM        | <b>Shravana Until 3:16AM Fri</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:33AM | Moon 8 - Phase 22                                  |  |
|  |               | Yama 5:33AM – 7:05AM                  | Athiganda* Until 12:58PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:51PM  | 4th Phase  |  |
|  |               | 591552363 <b>Rahu</b> 1:14PM – 2:47PM | Bava Until 1:04AM Fri            | <b>Nataraja:</b> Purple   |                        | 4th Phase  |  |
| Creative Work                          | Siddha Yoga   |                                       | <b>Ekadashi Until 11:48AM</b>    | Moon – Purple   |                        | <b>Devaloka Day</b>                                |  |
| Until 9:06PM                           |               |                                       |                                  |   |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Routine Work - Prabararishta Yoga |               |                                       |                                  |   |                        |  |  |

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| <b>4</b>                         |               | <b>Friday, September 21, 2018</b>       |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 25<br>Sutra 159<br>Vilamba 5120 |  |
| Makara Rasi: 24.4                | Tithi 12 – 13 | <b>Gulika</b> 7:06AM – 8:38AM           | <b>Dhanishtha Until 6:01AM Sat</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:34AM | Moon 8 - Phase 22                                  |  |
|                                  |               | Yama 2:45PM – 4:17PM                    | Sukarma Until 1:51PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:49PM  | 4th Phase  |  |
|                                  |               | 591552363 <b>Rahu</b> 10:10AM – 11:42AM | Kaulava Until 3:19AM Sat           | <b>Nataraja:</b> Purple   |                        | 4th Phase  |  |
| Creative Work                    | Siddha Yoga   |   | <b>Dvadashi Until 2:13PM</b>       | Moon – Purple   |                        | <b>Devaloka Day</b>                                |  |
| Until 6:01AM Sat                 |               |   |                                    |   |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Amrita Yoga |               |   |                                    |   |                        |  |  |

*Pradosha Vrata*

|                                  |               |  |                                |  |                        |  |  |
|----------------------------------|---------------|--|--------------------------------|--|------------------------|--|--|
| <b>5</b>                         |               | <b>Saturday, September 22, 2018</b>    |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 26<br>Sutra 160<br>Vilamba 5120 |  |
| Kumbha Rasi: 6.38                | Tithi 13 – 14 | <b>Gulika</b> 5:36AM – 7:07AM          | <b>Dhanishtha Until 6:01AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:36AM | Moon 8 - Phase 22                                  |  |
|                                  |               | Yama 1:13PM – 2:44PM                   | Dhriti Until 2:28PM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:47PM  | 4th Phase  |  |
|                                  |               | 591552363 <b>Rahu</b> 8:38AM – 10:10AM | Gara Until 5:09AM Sun          | <b>Nataraja:</b> Purple  |                        | 4th Phase  |  |
| Creative Work                    | Siddha Yoga   |  | <b>Trayodashi Until 4:16PM</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                                |  |
| Until 6:01AM                     |               | <b>Chidambaram Abhishekam</b>          |                                |  |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Amrita Yoga |               | <b>Kadaitswami Mahasamadhi</b>         |                                |  |                        |  |  |

|                                  |               |                                       |                                  |  |                        |  |  |
|----------------------------------|---------------|---------------------------------------|----------------------------------|--|------------------------|--|--|
| <b>6</b>                         |               | <b>Sunday, September 23, 2018</b>     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashy/Purnimayam Titau |                        | Spokane, WA<br>Sun 27<br>Sutra 161<br>Vilamba 5120 |  |
| Kumbha Rasi: 18.47               | Tithi 14 – 15 | <b>Gulika</b> 2:43PM – 4:14PM         | <b>Shatabhishak Until 8:11AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:37AM | Moon 8 - Phase 22                                  |  |
|                                  |               | Yama 11:41AM – 1:12PM                 | Shula* Until 2:42PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:45PM  | 4th Phase  |  |
|                                  |               | 591552363 <b>Rahu</b> 4:14PM – 5:45PM | Visti Until 6:28AM Mon           | <b>Nataraja:</b> Purple  |                        | 4th Phase  |  |
| Creative Work                    | Siddha Yoga   |                                       | <b>Chaturdashy* Until 5:51PM</b> | Moon – Purple  |                        | <b>Devaloka Day</b>                                |  |
| Until 6:01AM                     |               |                                       |                                  |  |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Amrita Yoga |               |                                       |                                  |  |                        |  |  |

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| <b>○</b>                         |             | <b>Monday, September 24, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau |                        | Spokane, WA<br>Sun 28<br>Sutra 162<br>Vilamba 5120 |  |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 1:11PM – 2:42PM         | <b>Purvaproshtapada* Until 10:11AM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:38AM | Moon 8 - Phase 22                                  |  |
| Meena Rasi: 1.08                 | Tithi 15    | Yama 10:10AM – 11:41AM                | Ganda* Until 2:34PM                    | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:43PM  | Purnima  |  |
| <b>Family Home Evening</b>       |             | 511552363 <b>Rahu</b> 7:09AM – 8:39AM | Visti Until 6:28AM                     | <b>Nataraja:</b> Purple  |                        | Purnima  |  |
| Routine Work                     | Marana Yoga |                                       | <b>Purnima* Until 6:55PM</b>           | Moon – Clear   |                        | <b>Devaloka Day</b>                                |  |
| Until 10:11AM                    |             |                                       |  |  |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Siddha Yoga |             |                                       |  |  |                        |  |  |

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| <b>○</b>                         |             | <b>Tuesday, September 25, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Spokane, WA<br>Sun 29<br>Sutra 163<br>Vilamba 5120 |  |
| <b>Silver Retreat Star</b>       |             | <b>Gulika</b> 11:40AM – 1:10PM        | <b>Uttaraproshtapada Until 11:31AM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:40AM | Moon 8 - Phase 22                                  |  |
| Meena Rasi: 13.44                | Tithi 16    | Yama 8:40AM – 10:10AM                 | Vridhi Until 2:02PM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:41PM  | Prathama   |  |
|                                  |             | 511552363 <b>Rahu</b> 2:41PM – 4:11PM | Balava Until 7:16AM                    | <b>Nataraja:</b> Purple   |                        | Prathama   |  |
| Creative Work                    | Amrita Yoga |                                       | <b>Prathama* Until 7:28PM</b>          | Moon – Clear  |                        | <b>Devaloka Day</b>                                |  |
| Until 11:31AM                    |             |                                       |  |   |                        | Devaloka Time: 9:AM to12:PM                        |  |
| Then Creative Work - Siddha Yoga |             |                                       |  |   |                        |  |  |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Spokane, WA

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 26.32 Tithi 17

Gulika 10:10AM - 11:40AM

Yama 7:11AM - 8:40AM

511552363 Rahu 11:40AM - 1:10PM

Revati Until 12:14PM

Dhruva Until 1:06PM

Taitila Until 7:35AM

Dvitiya Until 7:33PM

Ganesha: Purple

Sunrise: 5:41AM

Muruqa: Purple

Sunset: 5:39PM

Nataraja: Purple

Moon - Clear

Devaloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 9.34 Tithi 18

Gulika 8:41AM - 10:10AM

Yama 5:42AM - 7:12AM

621552363 Rahu 1:09PM - 2:38PM

Ashvini Until 12:50PM

Vyaghata\* Until 11:51AM

Vanija Until 7:28AM

Tritiya Until 7:14PM

Ganesha: Purple

Sunrise: 5:42AM

Muruqa: Purple

Sunset: 5:37PM

Nataraja: Purple

Moon - White

Devaloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 12:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturtham Titau

Spokane, WA

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 22.48 Tithi 19

Gulika 7:13AM - 8:41AM

Yama 2:37PM - 4:06PM

622552363 Rahu 10:10AM - 11:39AM

Bharani Until 12:55PM

Harshana Until 10:19AM

Bava Until 6:57AM

Chaturthi\* Until 6:33PM

Ganesha: Clear

Sunrise: 5:44AM

Muruqa: Purple

Sunset: 5:35PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Gara Karana Panchami/Shashtyam Titau

Spokane, WA

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 6.13 Tithi 20 - 21

Gulika 5:45AM - 7:13AM

Yama 1:07PM - 2:36PM

622552363 Rahu 8:42AM - 10:10AM

Krittika Until 12:32PM

Vajra\* Until 8:29AM

Kaulava Until 6:06AM

Panchami Until 5:33PM

Ganesha: Clear

Sunrise: 5:45AM

Muruqa: Purple

Sunset: 5:33PM

Nataraja: Purple

Moon - White

Bhuloka Day

Bhadrapada-Puratasi

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyadipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 19.49 Tithi 21 - 22

Gulika 2:35PM - 4:03PM

Yama 11:39AM - 1:07PM

632552363 Rahu 4:03PM - 5:31PM

Rohini Until 12:09PM

Siddhi Until 6:26AM

Visti Until 3:31AM Mon

Shashthi\* Until 4:15PM

Ganesha: Purple

Sunrise: 5:46AM

Muruqa: Purple

Sunset: 5:31PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Siddha Yoga

Monday, October 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 3.34 Tithi 22 - 23

Gulika 1:06PM - 2:33PM

Yama 10:11AM - 11:38AM

632552363 Rahu 7:15AM - 8:43AM

Mrigashira Until 11:21AM

Variyan Until 1:38AM Tue

Balava Until 1:48AM Tue

Saptami Until 2:40PM

Ganesha: Purple

Sunrise: 5:48AM

Muruqa: Purple

Sunset: 5:29PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Creative Work Amrita Yoga

Until 11:21AM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Spokane, WA

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 17.3 Tithi 23 - 24

Gulika 11:38AM - 1:05PM

Yama 8:43AM - 10:11AM

632552363 Rahu 2:32PM - 4:00PM

Ardra Until 10:07AM

Parigha\* Until 10:54PM

Taitila Until 11:49PM

Ashtami\* Until 12:49PM

Ganesha: Purple

Sunrise: 5:49AM

Muruqa: Purple

Sunset: 5:27PM

Nataraja: Purple

Moon - Yellow

Bhuloka Day

Bhadrapada-Puratasi

Routine Work Marana Yoga

Until 10:07AM

Then Creative Work - Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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|                |               |                                   |                               |  |                        |  |  |
|----------------|---------------|-----------------------------------|-------------------------------|--|------------------------|--|--|
| <b>1</b>       |               | <b>Wednesday, October 3, 2018</b> |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        | Spokane, WA<br>Sun 8 Sutra 171<br>Vilamba 5120 |  |
| Kataka Rasi: 2 | Tithi 24 – 25 | <b>Gulika</b> 10:11AM – 11:38AM   | <b>Punarvasu</b> Until 8:54AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:50AM |  |  |
|                |               | Yama 7:17AM – 8:44AM              | Shiva Until 7:58PM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:25PM  | Moon 9 - Phase 24                              |  |
|                | 642552363     | <b>Rahu</b> 11:38AM – 1:04PM      | Vanija Until 9:35PM           | <b>Nataraja:</b> Purple  |                        | 2nd Phase                                      |  |
| Creative Work  | Siddha Yoga   |                                   | <b>Navami* Until 10:42AM</b>  | Moon – Blue  |                        | <b>Bhuloka Day</b>                             |  |
|                |               |                                   |                               | <b>Bhadrapada*Puratasi</b>   |                        | Devaloka Time: 6:AM to 9:AM                    |  |

|                                  |               |                                  |                             |  |                        |  |  |
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| <b>2</b>                         |               | <b>Thursday, October 4, 2018</b> |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 9 Sutra 172<br>Vilamba 5120 |  |
| Kataka Rasi: 15.52               | Tithi 25 – 26 | <b>Gulika</b> 8:45AM – 10:11AM   | <b>Pushya</b> Until 7:19AM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:52AM |  |  |
|                                  |               | Yama 5:52AM – 7:18AM             | Siddha Until 4:50PM         | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:23PM  | Moon 9 - Phase 24                              |  |
|                                  | 642552363     | <b>Rahu</b> 1:04PM – 2:30PM      | Bava Until 7:08PM           | <b>Nataraja:</b> Purple  |                        | 2nd Phase                                      |  |
| Creative Work                    | Amrita Yoga   |                                  | <b>Dashami Until 8:21AM</b> | Moon – Blue  |                        | <b>Bhuloka Day</b>                             |  |
| Until 7:19AM                     |               |                                  |                             | <b>Bhadrapada*Puratasi</b>   |                        | Devaloka Time: 6:AM to 9:AM                    |  |
| Then Creative Work - Siddha Yoga |               |                                  |                             |  |                        |  |  |

|                                  |             |                                |                                   |   |                        |   |  |
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| <b>3</b>                         |             | <b>Friday, October 5, 2018</b> |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 10 Sutra 173<br>Vilamba 5120 |  |
| Simha Rasi: 0.16                 | Tithi 27    | <b>Gulika</b> 7:19AM – 8:45AM  | <b>Magha*</b> Until 3:40AM Sat    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:53AM |   |  |
|                                  |             | Yama 2:29PM – 3:55PM           | Sadhya Until 1:36PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:21PM  | Moon 9 - Phase 24                               |  |
|                                  | 652552363   | <b>Rahu</b> 10:11AM – 11:37AM  | Kaulava Until 4:32PM              | <b>Nataraja:</b> Purple   |                        | 2nd Phase                                       |  |
| Routine Work                     | Marana Yoga |                                | <b>Dvadashi* Until 3:11AM Sat</b> | Moon – Red  |                        | <b>Bhuloka Day</b>                              |  |
| Until 3:40AM Sat                 |             |                                |                                   | <b>Bhadrapada*Puratasi</b>  |                        |   |  |
| Then Creative Work - Siddha Yoga |             |                                |                                   |   |                        |   |  |

|                                  |             |                                  |                                       |   |                        |   |  |
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| <b>4</b>                         |             | <b>Saturday, October 6, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 11 Sutra 174<br>Vilamba 5120 |  |
| Simha Rasi: 14.44                | Tithi 28    | <b>Gulika</b> 5:55AM – 7:20AM    | <b>Purvaphalguni</b> Until 1:47AM Sun | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:55AM |   |  |
|                                  |             | Yama 1:02PM – 2:28PM             | Subha Until 10:18AM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 5:19PM  | Moon 9 - Phase 24                               |  |
|                                  | 652552363   | <b>Rahu</b> 8:46AM – 10:11AM     | Gara Until 1:53PM                     | <b>Nataraja:</b> Purple   |                        | 2nd Phase                                       |  |
| Creative Work                    | Siddha Yoga |                                  | <b>Trayodashi* Until 12:33AM Sun</b>  | Moon – Red  |                        | <b>Bhuloka Day</b>                              |  |
| Until 1:47AM Sun                 |             |                                  |                                       | <b>Bhadrapada*Puratasi</b>  |                        |   |  |
| Then Creative Work - Amrita Yoga |             |                                  | <i>Pradosha Vrata (Fasting)</i>       |   |                        |   |  |

|  |             |                                |                                     |  |                        |   |  |
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| <b>5</b>                               |             | <b>Sunday, October 7, 2018</b> |                                     | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti/Sakuni* Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 12 Sutra 175<br>Vilamba 5120 |  |
| Simha Rasi: 29.11                      | Tithi 29    | <b>Gulika</b> 2:27PM – 3:52PM  | <b>Uttaraphalguni</b> Until 11:53PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:56AM |   |  |
|  |             | Yama 11:36AM – 1:02PM          | Sukla Until 7:01AM                  | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:17PM  | Moon 9 - Phase 24                               |  |
|  | 652552364   | <b>Rahu</b> 3:52PM – 5:17PM    | Visti Until 11:17AM                 | <b>Nataraja:</b> Clear   |                        | 2nd Phase                                       |  |
| Creative Work                          | Amrita Yoga |                                | <b>Chaturdashi* Until 10:02PM</b>   | Moon – Red   |                        | <b>Bhuloka Day</b>                              |  |
| Until 10:32PM                          |             |                                |                                     | <b>Bhadrapada*Puratasi</b>   |                        | Devaloka Time: 6:PM to 9:PM                     |  |
| Then Routine Work - Prabalarishta Yoga |             |                                |                                     |  |                        |   |  |

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| <b>Monday, October 8, 2018</b>         |             | <b>Retreat Star</b>                   |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Spokane, WA<br>Sun 13 Sutra 176<br>Vilamba 5120 |  |
| Kanya Rasi: 13.32                      | Tithi 30    | <b>Gulika</b> 1:01PM – 2:25PM         | <b>Hasta</b> Until 10:32PM    | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:57AM |   |  |
| <b>Family Home Evening</b>             |             | Yama 10:11AM – 11:36AM                | Indra Until 12:59AM Tue       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:15PM  | Moon 9 - Phase 24                               |  |
| Creative Work                          | Siddha Yoga | <b>Rahu</b> 7:22AM – 8:47AM           | Catuspada Until 8:52AM        | <b>Nataraja:</b> Clear   |                        | Amavasya  |  |
| Until 10:32PM                          |             |                                       | <b>Amavasya* Until 7:46PM</b> | Moon – Green   |                        | <b>Devaloka Day</b>                             |  |
| Then Routine Work - Prabalarishta Yoga |             | <b>Mahalaya Amavasai (Tamil Nadu)</b> |                               | <b>Bhadrapada*Puratasi</b>   |                        |   |  |

|                                 |             |                                |                               |  |                        |   |  |
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| <b>Tuesday, October 9, 2018</b> |             | <b>Retreat Star</b>            |                               | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau |                        | Spokane, WA<br>Sun 14 Sutra 177<br>Vilamba 5120 |  |
| Kanya Rasi: 27.41               | Tithi 1 – 2 | <b>Gulika</b> 11:36AM – 1:00PM | <b>Chitra</b> Until 9:28PM    | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 5:59AM |   |  |
|                                 |             | Yama 8:47AM – 10:12AM          | Vaidhriti* Until 10:25PM      | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 5:13PM  | Moon 9 - Phase 24                               |  |
|                                 | 662652364   | <b>Rahu</b> 2:24PM – 3:49PM    | Kintughna Until 6:48AM        | <b>Nataraja:</b> Clear   |                        | Prathama  |  |
| Creative Work                   | Siddha Yoga |                                | <b>Prathama* Until 5:54PM</b> | Moon – Green   |                        | <b>Devaloka Day</b>                             |  |
|                                 |             | <b>Navaratri Begins</b>        |                               | <b>Ashvina*Puratasi</b>  |                        |   |  |

|               |                                    |   |   |                           |                       |                        |  |
|---------------|------------------------------------|---|---|---------------------------|-----------------------|------------------------|--|
| <b>1</b>      | <b>Wednesday, October 10, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                           |                       |                        | Spokane, WA<br>Sun 15<br>Sutra 178<br>Vilamba 5120 |
|               | Tula Rasi: 11.32                   | Tithi 2 – 3                             | <b>Gulika</b> 10:12AM – 11:36AM   | <b>Svati Until 8:49PM</b> | <b>Ganesha:</b> Red   | <i>Sunrise:</i> 6:00AM |  |
|               |                                    |   | Yama 7:24AM – 8:48AM  | Vishkambha* Until 8:19PM  | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:11PM  | Moon 9 - Phase 25                                  |
|               |                                    | 662652364 <b>Rahu</b> 11:36AM – 12:59PM | Taitila Until 4:12AM Thu  | <b>Nataraja:</b> Clear    |                       | 3rd Phase              |  |
| Creative Work | Siddha Yoga                        |   | <b>Dvitiya Until 4:36PM</b>   | Moon – Green              |                       | <b>Devaloka Day</b>    |  |
|               |                                    |   |   | <b>Ashvina+Puratasi</b>   |                       |                        |  |

|               |                                   |  |  |                              |                       |                             |  |
|---------------|-----------------------------------|--|--|------------------------------|-----------------------|-----------------------------|--|
| <b>2</b>      | <b>Thursday, October 11, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                              |                       |                             | Spokane, WA<br>Sun 16<br>Sutra 179<br>Vilamba 5120 |
|               | Tula Rasi: 25.01                  | Tithi 3 – 4                            | <b>Gulika</b> 8:48AM – 10:12AM   | <b>Vishakha Until 9:08PM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:02AM      |  |
|               |                                   |  | Yama 6:02AM – 7:25AM   | Priti Until 6:47PM           | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:09PM       | Moon 9 - Phase 25                                  |
|               |                                   | 673652364 <b>Rahu</b> 12:59PM – 2:22PM | Vanija Until 3:56AM Fri  | <b>Nataraja:</b> Clear       |                       | 3rd Phase                   |  |
| Creative Work | Siddha Yoga                       |  | <b>Tritiya Until 3:57PM</b>  | Moon – Orange                |                       | <b>Bhuloka Day</b>          |  |
|               |                                   |  |  | <b>Ashvina+Puratasi</b>      |                       | Devaloka Time: 6:PM to 9:PM |  |

|                                 |                                 |   |   |                               |                       |                             |  |
|---------------------------------|---------------------------------|---|---|-------------------------------|-----------------------|-----------------------------|--|
| <b>3</b>                        | <b>Friday, October 12, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                               |                       |                             | Spokane, WA<br>Sun 17<br>Sutra 180<br>Vilamba 5120 |
|                                 | Vrischika Rasi: 8.07            | Tithi 4 – 5                             | <b>Gulika</b> 7:26AM – 8:49AM   | <b>Anuradha Until 10:03PM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:03AM      |  |
|                                 |                                 |   | Yama 2:21PM – 3:44PM  | Ayushman Until 5:49PM         | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:07PM       | Moon 9 - Phase 25                                  |
|                                 |                                 | 673652364 <b>Rahu</b> 10:12AM – 11:35AM | Bava Until 4:27AM Sat   | <b>Nataraja:</b> Clear        |                       | 3rd Phase                   |  |
| Creative Work                   | Siddha Yoga                     |   | <b>Chaturthi* Until 4:04PM</b>  | Moon – Orange                 |                       | <b>Bhuloka Day</b>          |  |
| Until 10:03PM                   |                                 |   |   | <b>Ashvina+Puratasi</b>       |                       | Devaloka Time: 6:PM to 9:PM |  |
| Then Routine Work - Marana Yoga |                                 |   |   |                               |                       |                             |  |

|               |                                   |  |   |                                |                       |                             |  |
|---------------|-----------------------------------|--|---|--------------------------------|-----------------------|-----------------------------|--|
| <b>4</b>      | <b>Saturday, October 13, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                |                       |                             | Spokane, WA<br>Sun 18<br>Sutra 181<br>Vilamba 5120 |
|               | Vrischika Rasi: 20.49             | Tithi 5 – 6                            | <b>Gulika</b> 6:04AM – 7:27AM   | <b>Jyeshtha* Until 11:33PM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:04AM      |  |
|               |                                   |  | Yama 12:57PM – 2:20PM   | Saubhagya Until 5:28PM         | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:05PM       | Moon 9 - Phase 25                                  |
|               |                                   | 673652364 <b>Rahu</b> 8:50AM – 10:12AM | Kaulava Until 5:43AM Sun  | <b>Nataraja:</b> Clear         |                       | 3rd Phase                   |  |
| Creative Work | Siddha Yoga                       |  | <b>Panchami Until 4:58PM</b>  | Moon – Orange                  |                       | <b>Bhuloka Day</b>          |  |
|               |                                   |  |   | <b>Ashvina+Puratasi</b>        |                       | Devaloka Time: 6:PM to 9:PM |  |

|                                 |                                 |                                       |  |                               |                       |                        |  |
|---------------------------------|---------------------------------|---------------------------------------|--|-------------------------------|-----------------------|------------------------|--|
| <b>5</b>                        | <b>Sunday, October 14, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Sobhana/Athiganda* Yoga Taitila Karana Shashthyam Titau |                               |                       |                        | Spokane, WA<br>Sun 19<br>Sutra 182<br>Vilamba 5120 |
|                                 | Dhanus Rasi: 3.11               | Tithi 6                               | <b>Gulika</b> 2:19PM – 3:41PM  | <b>Mula* Until 2:03AM Mon</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:06AM |  |
|                                 |                                 |                                       | Yama 11:35AM – 12:57PM   | Sobhana Until 5:41PM          | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:03PM  | Moon 9 - Phase 25                                  |
|                                 |                                 | 683652364 <b>Rahu</b> 3:41PM – 5:03PM | Taitila Until 6:36PM   | <b>Nataraja:</b> Clear        |                       | 3rd Phase              |  |
| Creative Work                   | Amrita Yoga                     |                                       | <b>Shashthi* Until 6:36PM</b>  | Moon – Light Blue             |                       | <b>Devaloka Day</b>    |  |
| Until 2:03AM Mon                |                                 |                                       |  | <b>Ashvina+Puratasi</b>       |                       |                        |  |
| Then Routine Work - Marana Yoga |                                 |                                       |  |                               |                       |                        |  |

|  |                                 |                                       |   |                                      |                       |                        |  |
|--|---------------------------------|---------------------------------------|---|--------------------------------------|-----------------------|------------------------|--|
| <b>6</b>                               | <b>Monday, October 15, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau |                                      |                       |                        | Spokane, WA<br>Sun 20<br>Sutra 183<br>Vilamba 5120 |
|  | Dhanus Rasi: 15.17              | Tithi 7                               | <b>Gulika</b> 12:56PM – 2:18PM  | <b>Purvashadha* Until 4:54AM Tue</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:07AM |  |
|  |                                 |                                       | Yama 10:13AM – 11:34AM  | Athiganda* Until 6:19PM              | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:01PM  | Moon 9 - Phase 25                                  |
| <b>Family Home Evening</b>             |                                 | 683652364 <b>Rahu</b> 7:29AM – 8:51AM | Gara Until 7:40AM   | <b>Nataraja:</b> Clear               |                       | 3rd Phase              |  |
| Routine Work                           | Marana Yoga                     |                                       | <b>Saptami Until 8:49PM</b>   | Moon – Light Blue                    |                       | <b>Devaloka Day</b>    |  |
| Until 4:54AM Tue                       |                                 |                                       |   | <b>Ashvina+Puratasi</b>              |                       |                        |  |
| Then Routine Work - Prabalarishta Yoga |                                 |                                       |   |                                      |                       |                        |  |

|                                  |                                  |                                       |   |                                      |                       |                        |  |
|----------------------------------|----------------------------------|---------------------------------------|---|--------------------------------------|-----------------------|------------------------|--|
| <b>D</b>                         | <b>Tuesday, October 16, 2018</b> |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                                      |                       |                        | Spokane, WA<br>Sun 21<br>Sutra 184<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>              |                                       | <b>Gulika</b> 11:34AM – 12:56PM   | <b>Uttarashadha Until 7:49AM Wed</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:09AM |  |
|                                  | Dhanus Rasi: 27.12               | Tithi 8                               | Yama 8:51AM – 10:13AM   | Sukarma Until 7:15PM                 | <b>Muruqa:</b> Purple | <i>Sunset:</i> 5:00PM  | Moon 9 - Phase 25                                  |
|                                  |                                  | 683652364 <b>Rahu</b> 2:17PM – 3:38PM | Visti Until 10:05AM   | <b>Nataraja:</b> Clear               |                       | Ashtami                |  |
| Routine Work                     | Prabalarishta Yoga               |                                       | <b>Ashtami* Until 11:23PM</b>   | Moon – Light Blue                    |                       | <b>Devaloka Day</b>    |  |
| Until 7:49AM Wed                 |                                  |                                       |   | <b>Ashvina+Puratasi</b>              |                       |                        |  |
| Then Creative Work - Siddha Yoga |                                  |                                       |   |                                      |                       |                        |  |

|                                  |                                    |   |  |                                  |                       |                        |  |
|----------------------------------|------------------------------------|---|--|----------------------------------|-----------------------|------------------------|--|
| <b>D</b>                         | <b>Wednesday, October 17, 2018</b> |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                                  |                       |                        | Spokane, WA<br>Sun 22<br>Sutra 185<br>Vilamba 5120 |
|                                  | <b>Retreat Star</b>                |   | <b>Gulika</b> 10:13AM – 11:34AM  | <b>Uttarashadha Until 7:49AM</b> | <b>Ganesha:</b> Clear | <i>Sunrise:</i> 6:10AM |  |
|                                  | Makara Rasi: 9.01                  | Tithi 9                                 | Yama 7:31AM – 8:52AM   | Dhriti Until 8:17PM              | <b>Muruqa:</b> Purple | <i>Sunset:</i> 4:58PM  | Moon 9 - Phase 25                                  |
|                                  |                                    | 683652364 <b>Rahu</b> 11:34AM – 12:55PM | Balava Until 12:44PM   | <b>Nataraja:</b> Clear           |                       | Navami                 |  |
| Creative Work                    | Amrita Yoga                        |   | <b>Navami* Until 2:02AM Thu</b>  | Moon – Light Blue                |                       | <b>Devaloka Day</b>    |  |
| Until 7:49AM                     |                                    |   |  | <b>Ashvina+Puratsi</b>           |                       |                        |  |
| Then Creative Work - Siddha Yoga |                                    |   |  |                                  |                       |                        |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


|                    |             |  |                                 |  |                        |   |                   |
|--------------------|-------------|--|---------------------------------|--|------------------------|---|-------------------|
| <b>1</b>           |             | <b>Thursday, October 18, 2018</b>      |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 23 Sutra 186<br>Vilamba 5120 |                   |
| Makara Rasi: 20.49 | Tithi 10    | <b>Gulika</b> 8:53AM – 10:13AM         | <b>Shravana Until 11:05AM</b>   | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:12AM |   |                   |
|                    |             | Yama 6:12AM – 7:32AM                   | Shula* Until 9:12PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:56PM  |   | Moon 9 - Phase 26 |
|                    |             | 693652364 <b>Rahu</b> 12:54PM – 2:15PM | Taitila Until 3:20PM            | <b>Nataraja:</b> Clear   |                        |   | 4th Phase         |
| Creative Work      | Siddha Yoga |  |                                 | Moon – Purple  |                        | <b>Bhuloka Day</b>                              |                   |
|                    |             | <b>Vijaya Dasami</b>                   | <b>Dashami Until 4:30AM Fri</b> | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Time: 6:PM to 9:PM</b>              |                   |

|                   |             |   |                                  |   |                        |   |                   |
|-------------------|-------------|---|----------------------------------|---|------------------------|---|-------------------|
| <b>2</b>          |             | <b>Friday, October 19, 2018</b>         |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 24 Sutra 187<br>Vilamba 5120 |                   |
| Kumbha Rasi: 2.42 | Tithi 11    | <b>Gulika</b> 7:33AM – 8:53AM           | <b>Dhanishtha Until 1:55PM</b>   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:13AM |   |                   |
|                   |             | Yama 2:14PM – 3:34PM                    | Ganda* Until 9:52PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:54PM  |   | Moon 9 - Phase 26 |
|                   |             | 693652364 <b>Rahu</b> 10:13AM – 11:34AM | Vanija Until 5:37PM              | <b>Nataraja:</b> Clear  |                        |   | 4th Phase         |
| Creative Work     | Siddha Yoga |   |                                  | Moon – Purple   |                        | <b>Bhuloka Day</b>                              |                   |
|                   |             |   | <b>Ekadashi Until 6:34AM Sat</b> | <b>Ashvina-Aipasi</b>   |                        | <b>Devaloka Time: 6:PM to 9:PM</b>              |                   |

|                                 |               |  |                                  |  |                        |   |                   |
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| <b>3</b>                        |               | <b>Saturday, October 20, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Spokane, WA<br>Sun 25 Sutra 188<br>Vilamba 5120 |                   |
| Kumbha Rasi: 14.45              | Tithi 11 – 12 | <b>Gulika</b> 6:15AM – 7:34AM          | <b>Shatabhishak Until 4:09PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:15AM |   |                   |
|                                 |               | Yama 12:53PM – 2:13PM                  | Vriddhi Until 10:09PM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:52PM  |   | Moon 9 - Phase 26 |
|                                 |               | 693652364 <b>Rahu</b> 8:54AM – 10:14AM | Bava Until 7:25PM                | <b>Nataraja:</b> Clear   |                        |   | 4th Phase         |
| Creative Work                   | Amrita Yoga   |  |                                  | Moon – Purple  |                        | <b>Bhuloka Day</b>                              |                   |
| Until 4:09PM                    |               |  | <b>Ekadashi Until 6:34AM</b>     | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Time: 6:PM to 9:PM</b>              |                   |
| Then Routine Work - Marana Yoga |               |  |                                  |  |                        |   |                   |

|                                  |               |                                       |                                       |   |                        |   |                   |
|----------------------------------|---------------|---------------------------------------|---------------------------------------|---|------------------------|---|-------------------|
| <b>4</b>                         |               | <b>Sunday, October 21, 2018</b>       |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 26 Sutra 189<br>Vilamba 5120 |                   |
| Kumbha Rasi: 27.01               | Tithi 12 – 13 | <b>Gulika</b> 2:12PM – 3:31PM         | <b>Purvaproshtapada* Until 6:07PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:16AM |   |                   |
|                                  |               | Yama 11:33AM – 12:53PM                | Dhruva Until 9:56PM                   | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:50PM  |   | Moon 9 - Phase 26 |
|                                  |               | 613652364 <b>Rahu</b> 3:31PM – 4:50PM | Kaulava Until 8:36PM                  | <b>Nataraja:</b> Clear  |                        |   | 4th Phase         |
| Creative Work                    | Siddha Yoga   |                                       |                                       | Moon – Clear  |                        | <b>Bhuloka Day</b>                              |                   |
| Until 6:07PM                     |               |                                       | <b>Dvadashi Until 8:04AM</b>          | <b>Ashvina-Aipasi</b>   |                        | <b>Devaloka Time: 6:PM to 9:PM</b>              |                   |
| Then Creative Work - Amrita Yoga |               |                                       | <i>Pradosha Vrata</i>                 |   |                        |   |                   |

|                            |               |                                       |                                       |  |                        |   |                   |
|----------------------------|---------------|---------------------------------------|---------------------------------------|--|------------------------|---|-------------------|
| <b>5</b>                   |               | <b>Monday, October 22, 2018</b>       |                                       | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27 Sutra 190<br>Vilamba 5120 |                   |
| Meena Rasi: 9.34           | Tithi 13 – 14 | <b>Gulika</b> 12:52PM – 2:11PM        | <b>Uttaraproshtapada Until 7:19PM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:17AM |   |                   |
|                            |               | Yama 10:14AM – 11:33AM                | Vyaghata* Until 9:14PM                | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:49PM  |   | Moon 9 - Phase 26 |
| <b>Family Home Evening</b> |               | 613652364 <b>Rahu</b> 7:36AM – 8:55AM | Gara Until 9:08PM                     | <b>Nataraja:</b> Clear   |                        |   | 4th Phase         |
| Creative Work              | Siddha Yoga   |                                       |                                       | Moon – Clear   |                        | <b>Bhuloka Day</b>                              |                   |
|                            |               |                                       | <b>Trayodashi Until 8:56AM</b>        | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Time: 6:PM to 9:PM</b>              |                   |

|   |               |                                       |                                  |  |                        |  |                   |
|---|---------------|---------------------------------------|----------------------------------|--|------------------------|--|-------------------|
|  |               | <b>Tuesday, October 23, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Spokane, WA<br>Sutra 191<br>Vilamba 5120 |                   |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 11:33AM – 12:51PM       | <b>Revati Until 7:44PM</b>       | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:19AM |  |                   |
| Meena Rasi: 22.25   | Tithi 14 – 15 | Yama 8:56AM – 10:14AM                 | Harshana Until 8:03PM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:47PM  |  | Moon 9 - Phase 26 |
|   |               | 613652364 <b>Rahu</b> 2:10PM – 3:28PM | Visti Until 9:04PM               | <b>Nataraja:</b> Clear   |                        |  | Purnima           |
| Creative Work   | Siddha Yoga   |                                       |                                  | Moon – Clear   |                        | <b>Bhuloka Day</b>                       |                   |
|   |               |                                       | <b>Chaturdashi* Until 9:09AM</b> | <b>Ashvina-Aipasi</b>  |                        | <b>Devaloka Time: 6:PM to 9:PM</b>       |                   |

|                                    |               |   |                              |  |                        |  |                   |
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| <b>Wednesday, October 24, 2018</b> |               | <b>Silver Retreat Star</b>              |                              | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Spokane, WA<br>Sutra 192<br>Vilamba 5120 |                   |
| Mesha Rasi: 5.34                   | Tithi 15 – 16 | <b>Gulika</b> 10:15AM – 11:33AM         | <b>Ashvini Until 7:56PM</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:20AM |  |                   |
|                                    |               | Yama 7:39AM – 8:57AM                    | Vajra* Until 6:25PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:45PM  |  | Moon 9 - Phase 26 |
|                                    |               | 623652364 <b>Rahu</b> 11:33AM – 12:51PM | Balava Until 8:26PM          | <b>Nataraja:</b> Clear   |                        |  | Prathama          |
| Routine Work                       | Marana Yoga   |   |                              | Moon – White   |                        | <b>Devaloka Day</b>                      |                   |
| Until 7:56PM                       |               |   | <b>Purnima* Until 8:47AM</b> | <b>Ashvina-Aipasi</b>  |                        |  |                   |
| Then Creative Work - Siddha Yoga   |               |   |                              |  |                        |  |                   |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi/Vyatipata\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Spokane, WA

Sutra 193

Vilamba 5120

Mesha Rasi: 18.59 Tithi 16 - 17

623652364

**Gulika** 8:57AM - 10:15AM  
Yama 6:22AM - 7:40AM  
**Rahu** 12:50PM - 2:08PM

**Bharani** Until 7:32PM  
Siddhi Until 4:27PM  
Taitila Until 7:21PM  
**Prathama\*** Until 7:56AM

**Ganesha:** Clear *Sunrise:* 6:22AM  
**Muruqa:** Purple *Sunset:* 4:43PM  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 7:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*Variyan Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Spokane, WA

Sun 1 Sutra 194

Vilamba 5120

Vrishabha Rasi: 2.38 Tithi 17 - 18

624652364

**Gulika** 7:41AM - 8:58AM  
Yama 2:07PM - 3:24PM  
**Rahu** 10:15AM - 11:33AM

**Krittika** Until 6:40PM  
Vyatipata\* Until 2:11PM  
Visti Until 5:07AM Sat  
**Dvitiya** Until 6:40AM

**Ganesha:** White *Sunrise:* 6:23AM  
**Muruqa:** Purple *Sunset:* 4:42PM  
**Nataraja:** Clear  
Moon - White

Moon 10 - Phase 27  
1st Phase

**Sivaloka Day**

Creative Work Siddha Yoga

Until 6:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan/Parigha\* Yoga Bava/Balava Karana Chaturtham Titau

Spokane, WA

Sun 2 Sutra 195

Vilamba 5120

Vrishabha Rasi: 16.27 Tithi 19

634652364

**Gulika** 6:25AM - 7:42AM  
Yama 12:49PM - 2:06PM  
**Rahu** 8:59AM - 10:16AM

**Rohini** Until 5:50PM  
Variyan Until 11:42AM  
Bava Until 4:17PM  
**Chaturthi\*** Until 3:23AM Sun

**Ganesha:** Clear *Sunrise:* 6:25AM  
**Muruqa:** Purple *Sunset:* 4:40PM  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Spokane, WA

Sun 3 Sutra 196

Vilamba 5120

Mithuna Rasi: 0.24 Tithi 20

634652364

**Gulika** 2:05PM - 3:22PM  
Yama 11:32AM - 12:49PM  
**Rahu** 3:22PM - 4:38PM

**Mrigashira** Until 4:44PM  
Parigha\* Until 9:06AM  
Kaulava Until 2:29PM  
**Panchami** Until 1:31AM Mon

**Ganesha:** Clear *Sunrise:* 6:26AM  
**Muruqa:** Purple *Sunset:* 4:38PM  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashtham Titau

Spokane, WA

Sun 4 Sutra 197

Vilamba 5120

Mithuna Rasi: 14.25 Tithi 21

634652364

**Family Home Evening**

**Gulika** 12:48PM - 2:05PM  
Yama 10:16AM - 11:32AM  
**Rahu** 7:44AM - 9:00AM

**Ardra** Until 3:23PM  
Shiva Until 6:25AM  
Gara Until 12:35PM  
**Shashthi\*** Until 11:36PM

**Ganesha:** Clear *Sunrise:* 6:28AM  
**Muruqa:** Purple *Sunset:* 4:37PM  
**Nataraja:** Clear  
Moon - Yellow

Moon 10 - Phase 27  
1st Phase

**Devaloka Day**

Creative Work Siddha Yoga

Until 3:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Spokane, WA

Sun 5 Sutra 198

Vilamba 5120

Mithuna Rasi: 28.28 Tithi 22

644662364

**Gulika** 11:32AM - 12:48PM  
Yama 9:01AM - 10:17AM  
**Rahu** 2:04PM - 3:20PM

**Punarvasu** Until 2:17PM  
Sadhya Until 12:55AM Wed  
Visti Until 10:38AM  
**Saptami** Until 9:38PM

**Ganesha:** Purple *Sunrise:* 6:29AM  
**Muruqa:** Clear *Sunset:* 4:35PM  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
1st Phase

**Subha Sivaloka Day**

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA

Sun 6 Sutra 199

Vilamba 5120

Kataka Rasi: 12.32 Tithi 23

644662364

**Gulika** 10:17AM - 11:32AM  
Yama 7:46AM - 9:02AM  
**Rahu** 11:32AM - 12:48PM

**Pushya** Until 1:01PM  
Subha Until 10:09PM  
Balava Until 8:40AM  
**Ashtami\*** Until 7:39PM

**Ganesha:** Purple *Sunrise:* 6:31AM  
**Muruqa:** Clear *Sunset:* 4:34PM  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Ashtami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Spokane, WA

Sun 7 Sutra 200

Vilamba 5120

Kataka Rasi: 26.37 Tithi 24 - 25

644662364

**Gulika** 9:02AM - 10:17AM  
Yama 6:32AM - 7:47AM  
**Rahu** 12:47PM - 2:02PM

**Ashlesha\*** Until 11:36AM  
Sukla Until 7:21PM  
Taitila Until 6:41AM  
**Navami\*** Until 5:40PM

**Ganesha:** Purple *Sunrise:* 6:32AM  
**Muruqa:** Clear *Sunset:* 4:32PM  
**Nataraja:** Clear  
Moon - Blue

Moon 10 - Phase 27  
Navami

**Subha Sivaloka Day**

Creative Work Siddha Yoga

Until 11:36AM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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|                                  |               |   |                             |   |                        |  |                       |
|----------------------------------|---------------|---|-----------------------------|---|------------------------|--|-----------------------|
| <b>1</b>                         |               | <b>Friday, November 2, 2018</b>         |                             | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Brahma/Indra Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 8 Sutra 201<br>Vilamba 5120 |                       |
| Simha Rasi: 10.41                | Tithi 25 – 26 | <b>Gulika</b> 7:48AM – 9:03AM           | <b>Magha* Until 10:29AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:34AM | <b>Muruqa:</b> Clear                           | <i>Sunset:</i> 4:31PM |
|                                  |               | Yama 2:01PM – 3:16PM                    | Brahma Until 4:34PM         | <b>Nataraja:</b> Clear  |                        |  | Moon 10 - Phase 28    |
|                                  |               | 654762364 <b>Rahu</b> 10:18AM – 11:32AM | Bava Until 2:45AM Sat       | <b>Moon – Red</b>   |                        |  | 2nd Phase             |
| Routine Work                     | Marana Yoga   |   | <b>Dashami Until 3:42PM</b> | <b>Ashvina•Aipasi</b>   |                        |  | <b>Devaloka Day</b>   |
| Until 10:29AM                    |               |   |                             |   |                        |  |                       |
| Then Creative Work - Siddha Yoga |               |   |                             |   |                        |  |                       |

|                                 |               |  |                                   |  |                        |  |                       |
|---------------------------------|---------------|--|-----------------------------------|--|------------------------|--|-----------------------|
| <b>2</b>                        |               | <b>Saturday, November 3, 2018</b>      |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                        | Spokane, WA<br>Sun 9 Sutra 202<br>Vilamba 5120 |                       |
| Simha Rasi: 24.46               | Tithi 26 – 27 | <b>Gulika</b> 6:35AM – 7:50AM          | <b>Purvaphalguni Until 9:14AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:35AM | <b>Muruqa:</b> Clear                           | <i>Sunset:</i> 4:29PM |
|                                 |               | Yama 12:46PM – 2:01PM                  | Indra Until 1:51PM                | <b>Nataraja:</b> Clear   |                        |  | Moon 10 - Phase 28    |
|                                 |               | 654762364 <b>Rahu</b> 9:04AM – 10:18AM | Kaulava Until 12:52AM Sun         | <b>Moon – Red</b>  |                        |  | 2nd Phase             |
| Creative Work                   | Siddha Yoga   |  | <b>Ekadashi* Until 1:46PM</b>     | <b>Ashvina•Aipasi</b>  |                        |  | <b>Devaloka Day</b>   |
| Until 9:14AM                    |               |  |                                   |  |                        |  |                       |
| Then Routine Work - Marana Yoga |               |  |                                   |  |                        |  |                       |

|                  |               |                                       |                                    |   |                        |   |                       |
|------------------|---------------|---------------------------------------|------------------------------------|---|------------------------|---|-----------------------|
| <b>3</b>         |               | <b>Sunday, November 4, 2018</b>       |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvodashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 10 Sutra 203<br>Vilamba 5120 |                       |
| Kanya Rasi: 8.46 | Tithi 27 – 28 | <b>Gulika</b> 2:00PM – 3:14PM         | <b>Uttaraphalguni Until 7:57AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:37AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 4:28PM |
|                  |               | Yama 11:32AM – 12:46PM                | Vaidhriti* Until 11:11AM           | <b>Nataraja:</b> Clear  |                        |   | Moon 10 - Phase 28    |
|                  |               | 654762364 <b>Rahu</b> 3:14PM – 4:28PM | Gara Until 11:07PM                 | <b>Moon – Red</b>   |                        |   | 2nd Phase             |
| Creative Work    | Amrita Yoga   |                                       | <b>Dvodashi* Until 11:57AM</b>     | <b>Ashvina•Aipasi</b>   |                        |   | <b>Devaloka Day</b>   |
|                  |               |                                       |                                    |   |                        |   |                       |
|                  |               |                                       |                                    |   |                        |   |                       |

*Pradosha Vrata (Fasting)*

|  |               |                                       |                                  |   |                        |   |                       |
|--|---------------|---------------------------------------|----------------------------------|---|------------------------|---|-----------------------|
| <b>4</b>                               |               | <b>Monday, November 5, 2018</b>       |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 11 Sutra 204<br>Vilamba 5120 |                       |
| Kanya Rasi: 22.41                      | Tithi 28 – 29 | <b>Gulika</b> 12:46PM – 1:59PM        | <b>Hasta Until 7:07AM</b>        | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:38AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 4:26PM |
| <b>Family Home Evening</b>             |               | Yama 10:19AM – 11:32AM                | Vishkambha* Until 8:40AM         | <b>Nataraja:</b> Clear  |                        |   | Moon 10 - Phase 28    |
| Creative Work                          | Siddha Yoga   | 664762364 <b>Rahu</b> 7:52AM – 9:05AM | Visti Until 9:37PM               | <b>Moon – Green</b>   |                        |   | 2nd Phase             |
| Until 7:07AM                           |               |                                       | <b>Trayodashi* Until 10:19AM</b> | <b>Ashvina•Aipasi</b>   |                        |   | <b>Devaloka Day</b>   |
| Then Routine Work - Prabalarishta Yoga |               | <b>Subramuniyaswami Mahasamadhi</b>   |                                  |   |                        |   |                       |
|  |               | <b>Deepavali Hindu Solidarity Day</b> |                                  |   |                        |   |                       |

|                     |               |                                       |                                  |  |                        |   |                       |
|---------------------|---------------|---------------------------------------|----------------------------------|--|------------------------|---|-----------------------|
| <b>Retreat Star</b> |               | <b>Tuesday, November 6, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Spokane, WA<br>Sun 12 Sutra 205<br>Vilamba 5120 |                       |
| Tula Rasi: 6.25     | Tithi 29 – 30 | <b>Gulika</b> 11:32AM – 12:45PM       | <b>Chitra Until 6:24AM</b>       | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:40AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 4:25PM |
|                     |               | Yama 9:06AM – 10:19AM                 | Priti Until 6:24AM               | <b>Nataraja:</b> Clear   |                        |   | Moon 10 - Phase 28    |
|                     |               | 664762364 <b>Rahu</b> 1:59PM – 3:12PM | Catuspada Until 8:28PM           | <b>Moon – Green</b>  |                        |   | Amavasya              |
| Creative Work       | Siddha Yoga   |                                       | <b>Chaturdashi* Until 8:58AM</b> | <b>Ashvina•Aipasi</b>  |                        |   | <b>Devaloka Day</b>   |
|                     |               |                                       |                                  |  |                        |   |                       |

|                     |              |   |                                  |  |                        |   |                       |
|---------------------|--------------|---|----------------------------------|--|------------------------|---|-----------------------|
| <b>Retreat Star</b> |              | <b>Wednesday, November 7, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        | Spokane, WA<br>Sun 13 Sutra 206<br>Vilamba 5120 |                       |
| Tula Rasi: 19.56    | Tithi 30 – 1 | <b>Gulika</b> 10:20AM – 11:32AM         | <b>Vishakha Until 6:16AM Thu</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:41AM | <b>Muruqa:</b> Clear                            | <i>Sunset:</i> 4:23PM |
|                     |              | Yama 7:54AM – 9:07AM                    | Saubhagya Until 2:50AM Thu       | <b>Nataraja:</b> Clear   |                        |   | Moon 10 - Phase 28    |
|                     |              | 765762364 <b>Rahu</b> 11:32AM – 12:45PM | Kintughna Until 7:46PM           | <b>Moon – Green</b>  |                        |   | Prathama              |
| Creative Work       | Siddha Yoga  |   | <b>Amavasya* Until 8:02AM</b>    | <b>Kartika•Aipasi</b>  |                        |   | <b>Sivaloka Day</b>   |
|                     |              | <b>Skanda Shasthi Begins</b>            |                                  |  |                        |   |                       |

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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|                                     |  |   |   |  |   |  |
|-------------------------------------|--|---|---|--|---|--|
| <b>Thursday, November 8, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau            |   |  |   | Spokane, WA<br>Sun 14<br>Sutra 207<br>Vilamba 5120                                     |
| <b>1</b>                            | Vrischika Rasi: 3.11<br>Tithi 1 – 2<br>Creative Work Siddha Yoga   | <b>Gulika</b> 9:08AM – 10:20AM<br><b>Yama</b> 6:43AM – 7:55AM<br><b>Rahu</b> 12:45PM – 1:57PM   | <b>Vishakha</b> Until 6:16AM<br>Sobhana Until 1:45AM Fri<br>Balava Until 7:39PM<br>Prathama* Until 7:37AM           | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange    | <b>Sunrise:</b> 6:43AM<br><b>Sunset:</b> 4:22PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Friday, November 9, 2018</b>     |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau    |   |  |   | Spokane, WA<br>Sun 15<br>Sutra 208<br>Vilamba 5120                                     |
| <b>2</b>                            | Vrischika Rasi: 16.06<br>Tithi 2 – 3<br>Creative Work Siddha Yoga<br>Until 7:02AM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 7:56AM – 9:08AM<br><b>Yama</b> 1:57PM – 3:09PM<br><b>Rahu</b> 10:20AM – 11:33AM   | <b>Anuradha</b> Until 7:02AM<br>Athiganda* Until 1:08AM Sat<br>Taitila Until 8:12PM<br>Dvitiya Until 7:49AM         | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange    | <b>Sunrise:</b> 6:44AM<br><b>Sunset:</b> 4:21PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Saturday, November 10, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau            |   |  |   | Spokane, WA<br>Sun 16<br>Sutra 209<br>Vilamba 5120                                     |
| <b>3</b>                            | Vrischika Rasi: 28.43<br>Tithi 3 – 4<br>Creative Work Siddha Yoga  | <b>Gulika</b> 6:46AM – 7:58AM<br><b>Yama</b> 12:44PM – 1:56PM<br><b>Rahu</b> 9:09AM – 10:21AM   | <b>Jyeshtha*</b> Until 8:18AM<br>Sukarma Until 1:03AM Sun<br>Vanija Until 9:25PM<br>Tritiya Until 8:42AM            | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Orange    | <b>Sunrise:</b> 6:46AM<br><b>Sunset:</b> 4:19PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Sunday, November 11, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau          |   |  |   | Spokane, WA<br>Sun 17<br>Sutra 210<br>Vilamba 5120                                     |
| <b>4</b>                            | Dhanus Rasi: 11.02<br>Tithi 4 – 5<br>Creative Work Amrita Yoga<br>Until 10:31AM<br>Then Creative Work - Siddha Yoga  | <b>Gulika</b> 1:55PM – 3:07PM<br><b>Yama</b> 11:33AM – 12:44PM<br><b>Rahu</b> 3:07PM – 4:18PM   | <b>Mula*</b> Until 10:31AM<br>Dhriti Until 1:28AM Mon<br>Bava Until 11:17PM<br>Chaturthi* Until 10:15AM             | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 6:47AM<br><b>Sunset:</b> 4:18PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Monday, November 12, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |   |  |   | Spokane, WA<br>Sun 18<br>Sutra 211<br>Vilamba 5120                                     |
| <b>5</b>                            | Dhanus Rasi: 23.06<br>Tithi 5 – 6<br><b>Family Home Evening</b><br>Routine Work Marana Yoga                          | <b>Gulika</b> 12:44PM – 1:55PM<br><b>Yama</b> 10:22AM – 11:33AM<br><b>Rahu</b> 8:00AM – 9:11AM  | <b>Purvashadha*</b> Until 1:08PM<br>Shula* Until 2:12AM Tue<br>Kaulava Until 1:38AM Tue<br>Panchami Until 12:23PM   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 6:49AM<br><b>Sunset:</b> 4:17PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Tuesday, November 13, 2018</b>   |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau      |   |  |   | Spokane, WA<br>Sun 19<br>Sutra 212<br>Vilamba 5120                                     |
| <b>6</b>                            | Makara Rasi: 5<br>Tithi 6 – 7<br>Routine Work Prabalarishta Yoga<br>Until 3:58PM<br>Then Creative Work - Siddha Yoga | <b>Gulika</b> 11:33AM – 12:44PM<br><b>Yama</b> 9:12AM – 10:22AM<br><b>Rahu</b> 1:54PM – 3:05PM  | <b>Uttarashadha</b> Until 3:58PM<br>Ganda* Until 3:10AM Wed<br>Gara Until 4:18AM Wed<br>Shashthi* Until 2:55PM      | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Light Blue | <b>Sunrise:</b> 6:50AM<br><b>Sunset:</b> 4:16PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Sivaloka Day</b><br><b>Karttika-Aipasi</b>       |
| <b>Wednesday, November 14, 2018</b> |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                    |   |  |   | Spokane, WA<br>Sun 20<br>Sutra 213<br>Vilamba 5120                                     |
| <b>Retreat Star</b>                 |  | <b>Gulika</b> 10:23AM – 11:33AM<br><b>Yama</b> 8:02AM – 9:12AM<br><b>Rahu</b> 11:33AM – 12:43PM   | <b>Shravana</b> Until 7:16PM<br>Vriddhi Until 4:10AM Thu<br>Visti Until 6:59AM Thu<br>Saptami Until 5:38PM          | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple    | <b>Sunrise:</b> 6:52AM<br><b>Sunset:</b> 4:14PM | Moon 10 - Phase 29<br>3rd Phase<br><b>Subha Sivaloka Day</b><br><b>Karttika-Aipasi</b> |
| <b>Thursday, November 15, 2018</b>  |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                              |   |  |   | Spokane, WA<br>Sun 21<br>Sutra 214<br>Vilamba 5120                                     |
| <b>Retreat Star</b>                 |  | <b>Gulika</b> 9:13AM – 10:23AM<br><b>Yama</b> 6:53AM – 8:03AM<br><b>Rahu</b> 12:43PM – 1:53PM   | <b>Dhanishtha</b> Until 10:18PM<br>Dhruva Until 4:59AM Fri<br>Visti Until 6:59AM<br>Ashtami* Until 8:13PM           | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple    | <b>Sunrise:</b> 6:53AM<br><b>Sunset:</b> 4:13PM | Moon 10 - Phase 29<br>Ashtami<br><b>Subha Sivaloka Day</b><br><b>Karttika-Aipasi</b>   |
| <b>Friday, November 16, 2018</b>    |  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau                 |   |  |   | Spokane, WA<br>Sun 22<br>Sutra 215<br>Vilamba 5120                                     |
| <b>Retreat Star</b>                 |  | <b>Gulika</b> 8:04AM – 9:14AM<br><b>Yama</b> 1:53PM – 3:03PM<br><b>Rahu</b> 10:24AM – 11:33AM   | <b>Shatabhishak</b> Until 12:47AM Sat<br>Vyaghata* Until 5:29AM Sat<br>Balava Until 9:25AM<br>Navami* Until 10:27PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Purple    | <b>Sunrise:</b> 6:55AM<br><b>Sunset:</b> 4:12PM | Moon 10 - Phase 29<br>Navami<br><b>Sivaloka Day</b><br><b>Karttika-Karttikai</b>       |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                  |             |  |   |  |                        |   |                    |
|----------------------------------|-------------|--|---|--|------------------------|---|--------------------|
| <b>1</b>                         |             | <b>Saturday, November 17, 2018</b>     |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Harshana Yoga Taitila/Gara Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 23 Sutra 216<br>Vilamba 5120 |                    |
| Kumbha Rasi: 22.33               | Tithi 10    | <b>Gulika</b> 6:56AM – 8:06AM          | <b>Purvaproshtapada* Until 3:02AM Sun</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:56AM |   |                    |
|                                  |             | Yama 12:43PM – 1:52PM                  | Harshana Until 5:32AM Sun                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:11PM  |   | Moon 10 - Phase 30 |
|                                  |             | 716762365 <b>Rahu</b> 9:15AM – 10:24AM | Taitila Until 11:23AM                     | <b>Nataraja:</b> White   |                        |   | 4th Phase          |
| Routine Work                     | Marana Yoga |  | <b>Dashami Until 12:06AM Sun</b>          | Moon – Clear   |                        | <b>Devaloka Day</b>                             |                    |
| Until 3:02AM Sun                 |             |  |   |  |                        |   |                    |
| Then Creative Work - Amrita Yoga |             |  |   | <b>Karttika-Karttikai</b>  |                        |   |                    |

|                                  |             |                                       |   |  |                        |   |                    |
|----------------------------------|-------------|---------------------------------------|---|--|------------------------|---|--------------------|
| <b>2</b>                         |             | <b>Sunday, November 18, 2018</b>      |   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 24 Sutra 217<br>Vilamba 5120 |                    |
| Meena Rasi: 4.52                 | Tithi 11    | <b>Gulika</b> 1:52PM – 3:01PM         | <b>Uttaraproshtapada Until 4:25AM Mon</b> | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:58AM |   |                    |
|                                  |             | Yama 11:34AM – 12:43PM                | Vajra* Until 5:00AM Mon                   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:10PM  |   | Moon 10 - Phase 30 |
|                                  |             | 716762365 <b>Rahu</b> 3:01PM – 4:10PM | Vanija Until 12:41PM                      | <b>Nataraja:</b> White   |                        |   | 4th Phase          |
| Creative Work                    | Amrita Yoga |                                       | <b>Ekadashi Until 1:02AM Mon</b>          | Moon – Clear   |                        | <b>Devaloka Day</b>                             |                    |
| Until 4:25AM Mon                 |             |                                       |   |  |                        |   |                    |
| Then Creative Work - Siddha Yoga |             |                                       |   | <b>Karttika-Karttikai</b>  |                        |   |                    |

|                            |             |                                       |                                  |  |                        |   |                    |
|----------------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|---|--------------------|
| <b>3</b>                   |             | <b>Monday, November 19, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 25 Sutra 218<br>Vilamba 5120 |                    |
| Meena Rasi: 17.29          | Tithi 12    | <b>Gulika</b> 12:43PM – 1:52PM        | <b>Revati Until 4:56AM Tue</b>   | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:59AM |   |                    |
| <b>Family Home Evening</b> |             | Yama 10:25AM – 11:34AM                | Siddhi Until 3:53AM Tue          | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:09PM  |   | Moon 10 - Phase 30 |
|                            |             | 716762365 <b>Rahu</b> 8:08AM – 9:17AM | Bava Until 1:15PM                | <b>Nataraja:</b> White   |                        |   | 4th Phase          |
| Creative Work              | Siddha Yoga |                                       | <b>Dvadashi Until 1:13AM Tue</b> | Moon – Clear   |                        | <b>Devaloka Day</b>                             |                    |
|                            |             |                                       |                                  |  |                        |   |                    |
|                            |             |                                       |                                  | <b>Karttika-Karttikai</b>  |                        |   |                    |

|                  |             |                                       |                                     |  |                        |   |                    |
|------------------|-------------|---------------------------------------|-------------------------------------|--|------------------------|---|--------------------|
| <b>4</b>         |             | <b>Tuesday, November 20, 2018</b>     |                                     | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 26 Sutra 219<br>Vilamba 5120 |                    |
| Mesha Rasi: 0.29 | Tithi 13    | <b>Gulika</b> 11:34AM – 12:43PM       | <b>Ashvini Until 5:03AM Wed</b>     | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:01AM |   |                    |
|                  |             | Yama 9:17AM – 10:26AM                 | Vyatipata* Until 2:13AM Wed         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:08PM  |   | Moon 10 - Phase 30 |
|                  |             | 726762365 <b>Rahu</b> 1:51PM – 3:00PM | Kaulava Until 1:03PM                | <b>Nataraja:</b> White   |                        |   | 4th Phase          |
| Creative Work    | Siddha Yoga |                                       | <b>Trayodashi Until 12:40AM Wed</b> | Moon – White   |                        | <b>Bhuloka Day</b>                              |                    |
|                  |             |                                       |                                     |  |                        | <b>Devaloka Time: 12:PM to 3:PM</b>             |                    |
|                  |             |                                       |                                     | <b>Karttika-Karttikai</b>  |                        |   |                    |
|                  |             |                                       |                                     | <i>Pradosha Vrata</i>  |                        |   |                    |

|                                 |             |   |                                   |   |                        |   |                    |
|---------------------------------|-------------|---|-----------------------------------|---|------------------------|---|--------------------|
| <b>5</b>                        |             | <b>Wednesday, November 21, 2018</b>     |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Vriyan Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27 Sutra 220<br>Vilamba 5120 |                    |
| Mesha Rasi: 13.52               | Tithi 14    | <b>Gulika</b> 10:26AM – 11:35AM         | <b>Bharani Until 4:23AM Thu</b>   | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:02AM |   |                    |
|                                 |             | Yama 8:10AM – 9:18AM                    | Vriyan Until 12:01AM Thu          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 4:07PM  |   | Moon 10 - Phase 30 |
|                                 |             | 726762365 <b>Rahu</b> 11:35AM – 12:43PM | Gara Until 12:10PM                | <b>Nataraja:</b> White  |                        |   | 4th Phase          |
| Creative Work                   | Siddha Yoga |   | <b>Chaturdashi* Until 11:28PM</b> | Moon – White  |                        | <b>Bhuloka Day</b>                              |                    |
| Until 4:23AM Thu                |             |   |                                   |   |                        | <b>Devaloka Time: 12:PM to 3:PM</b>             |                    |
| Then Routine Work - Marana Yoga |             |   |                                   | <b>Karttika-Karttikai</b>   |                        |   |                    |

|                            |             |  |                                  |  |                        |   |                    |
|----------------------------|-------------|--|----------------------------------|--|------------------------|---|--------------------|
| <b>○</b>                   |             | <b>Thursday, November 22, 2018</b>     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau |                        | Spokane, WA<br>Sun 28 Sutra 221<br>Vilamba 5120 |                    |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 9:19AM – 10:27AM         | <b>Krittika Until 3:05AM Fri</b> | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 7:03AM |   |                    |
| Mesha Rasi: 27.35          | Tithi 15    | Yama 7:03AM – 8:11AM                   | Parigha* Until 9:25PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:06PM  |   | Moon 10 - Phase 30 |
|                            |             | 726762365 <b>Rahu</b> 12:43PM – 1:51PM | Visti Until 10:40AM              | <b>Nataraja:</b> White   |                        |   | Purnima            |
| Routine Work               | Marana Yoga |  | <b>Purnima* Until 9:43PM</b>     | Moon – White   |                        | <b>Bhuloka Day</b>                              |                    |
|                            |             |  |                                  |  |                        | <b>Devaloka Time: 12:PM to 3:PM</b>             |                    |
|                            |             | <b>Krittika Deepam</b>                 |                                  | <b>Karttika-Karttikai</b>  |                        |   |                    |

|                                  |             |   |                                |  |                        |   |                    |
|----------------------------------|-------------|---|--------------------------------|--|------------------------|---|--------------------|
| <b>Friday, November 23, 2018</b> |             | <b>Silver Retreat Star</b>              |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Spokane, WA<br>Sun 29 Sutra 222<br>Vilamba 5120 |                    |
| Vrishabha Rasi: 11.38            | Tithi 16    | <b>Gulika</b> 8:12AM – 9:20AM           | <b>Rohini Until 1:42AM Sat</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:05AM |   |                    |
|                                  |             | Yama 1:50PM – 2:58PM                    | Shiva Until 6:29PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:06PM  |   | Moon 10 - Phase 30 |
|                                  |             | 736762365 <b>Rahu</b> 10:28AM – 11:35AM | Balava Until 8:42AM            | <b>Nataraja:</b> White   |                        |   | Prathama           |
| Routine Work                     | Marana Yoga |   | <b>Prathama* Until 7:34PM</b>  | Moon – Yellow  |                        | <b>Devaloka Day</b>                             |                    |
| Until 1:42AM Sat                 |             |   |                                |  |                        |   |                    |
| Then Creative Work - Siddha Yoga |             | <b>Vinayaga Viratam Begins</b>          |                                | <b>Karttika-Karttikai</b>  |                        |   |                    |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vrishabha Rasi: 25.53 Tithi 17 - 18

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Spokane, WA

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 7:06AM - 8:13AM

Yama 12:43PM - 1:50PM

Rahu 9:21AM - 10:28AM

Mrigashira Until 11:56PM

Siddha Until 3:19PM

Taitila Until 6:25AM

Dvitiya Until 5:10PM

Ganesha: Red Sunrise: 7:06AM

Muruqa: Clear Sunset: 4:05PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

1

Sunday, November 25, 2018

Mithuna Rasi: 10.18 Tithi 18 - 19

737762365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Spokane, WA

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 1:50PM - 2:57PM

Yama 11:36AM - 12:43PM

Rahu 2:57PM - 4:04PM

Ardra Until 9:57PM

Sadhya Until 12:02PM

Bava Until 1:21AM Mon

Tritiya Until 2:37PM

Ganesha: Red Sunrise: 7:09AM

Muruqa: Clear Sunset: 4:04PM

Nataraja: White

Moon - Yellow

Karttika-Karttikai

Devaloka Day

2

Monday, November 26, 2018

Mithuna Rasi: 24.45 Tithi 19 - 20

747762365

Family Home Evening

Until 8:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Spokane, WA

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 12:43PM - 1:50PM

Yama 10:29AM - 11:36AM

Rahu 8:16AM - 9:22AM

Punarvasu Until 8:16PM

Subha Until 8:45AM

Kaulava Until 10:50PM

Chaturthi\* Until 12:04PM

Ganesha: Green Sunrise: 7:09AM

Muruqa: Clear Sunset: 4:03PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Tuesday, November 27, 2018

Kataka Rasi: 9.09 Tithi 20 - 21

747862365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 11:36AM - 12:43PM

Yama 9:23AM - 10:30AM

Rahu 1:50PM - 2:56PM

Pushya Until 6:34PM

Brahma Until 2:23AM Wed

Gara Until 8:26PM

Panchami Until 9:36AM

Ganesha: White Sunrise: 7:10AM

Muruqa: Clear Sunset: 4:03PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Wednesday, November 28, 2018

Kataka Rasi: 23.27 Tithi 21 - 22

747863365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

Gulika 10:30AM - 11:37AM

Yama 8:18AM - 9:24AM

Rahu 11:37AM - 12:43PM

Ashlesha\* Until 4:55PM

Indra Until 11:27PM

Visti Until 6:14PM

Shashthi\* Until 7:17AM

Ganesha: White Sunrise: 7:11AM

Muruqa: Purple Sunset: 4:02PM

Nataraja: White

Moon - Blue

Karttika-Karttikai

Bhuloka Day

D

Thursday, November 29, 2018

Retreat Star

Simha Rasi: 8 Tithi 23

757863365

Creative Work Amrita Yoga

Until 3:46PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Spokane, WA

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Gulika 9:25AM - 10:31AM

Yama 7:13AM - 8:19AM

Rahu 12:43PM - 1:49PM

Magha\* Until 3:46PM

Vaidhriti\* Until 8:41PM

Balava Until 4:17PM

Ashtami\* Until 3:22AM Fri

Ganesha: Clear Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:01PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Friday, November 30, 2018

Retreat Star

Simha Rasi: 21.36 Tithi 24

758863365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Navamyam Titau

Spokane, WA

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

Gulika 8:20AM - 9:26AM

Yama 1:49PM - 2:55PM

Rahu 10:32AM - 11:37AM

Purvaphalguni Until 2:45PM

Vishkambha\* Until 6:08PM

Taitila Until 2:35PM

Navami\* Until 1:49AM Sat

Ganesha: Orange Sunrise: 7:14AM

Muruqa: Purple Sunset: 4:01PM

Nataraja: White

Moon - Red

Karttika-Karttikai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

|                  |             |  |                                    |   |                        |  |  |
|------------------|-------------|--|------------------------------------|---|------------------------|--|--|
| <b>1</b>         |             | <b>Saturday, December 1, 2018</b>      |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 8 Sutra 230<br>Vilamba 5120 |  |
| Kanya Rasi: 5.25 | Tithi 25    | <b>Gulika</b> 7:15AM – 8:21AM          | <b>Uttaraphalguni</b> Until 1:50PM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:15AM | Moon 11 - Phase 32                             |  |
|                  |             | Yama 12:44PM – 1:49PM                  | Priti Until 3:50PM                 | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:00PM  | 2nd Phase                                      |  |
| Routine Work     | Marana Yoga | 758863365 <b>Rahu</b> 9:27AM – 10:32AM | Vanija Until 1:09PM                | <b>Nataraja:</b> White  |                        | <b>Bhuloka Day</b>                             |  |
|                  |             |  | <b>Dashami</b> Until 12:31AM Sun   | Moon – Red  |                        | Devaloka Time: 6:AM to 9:AM                    |  |
|                  |             |  |                                    | <b>Karttika-Karttikai</b>   |                        |  |  |

|                                  |             |                                       |                                |  |                        |  |  |
|----------------------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|--|--|
| <b>2</b>                         |             | <b>Sunday, December 2, 2018</b>       |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 9 Sutra 231<br>Vilamba 5120 |  |
| Kanya Rasi: 19.05                | Tithi 26    | <b>Gulika</b> 1:49PM – 2:55PM         | <b>Hasta</b> Until 1:30PM      | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 7:16AM | Moon 11 - Phase 32                             |  |
|                                  |             | Yama 11:38AM – 12:44PM                | Ayushman Until 1:43PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:00PM  | 2nd Phase                                      |  |
| Creative Work                    | Amrita Yoga | 768863365 <b>Rahu</b> 2:55PM – 4:00PM | Bava Until 12:01PM             | <b>Nataraja:</b> White   |                        | <b>Bhuloka Day</b>                             |  |
| Until 1:30PM                     |             |                                       | <b>Ekadashi*</b> Until 11:32PM | Moon – Green   |                        |  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                | <b>Karttika-Karttikai</b>  |                        |  |  |

|                                  |                    |                                       |                                |  |                        |   |  |
|----------------------------------|--------------------|---------------------------------------|--------------------------------|--|------------------------|---|--|
| <b>3</b>                         |                    | <b>Monday, December 3, 2018</b>       |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Spokane, WA<br>Sun 10 Sutra 232<br>Vilamba 5120 |  |
| Tula Rasi: 2.34                  | Tithi 27           | <b>Gulika</b> 12:44PM – 1:49PM        | <b>Chitra</b> Until 1:20PM     | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 7:18AM | Moon 11 - Phase 32                              |  |
| <b>Family Home Evening</b>       |                    | Yama 10:33AM – 11:39AM                | Saubhagya Until 11:52AM        | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:00PM  | 2nd Phase                                       |  |
| Routine Work                     | Prabalarishta Yoga | 768863365 <b>Rahu</b> 8:23AM – 9:28AM | Kaulava Until 11:11AM          | <b>Nataraja:</b> White   |                        | <b>Bhuloka Day</b>                              |  |
| Until 1:20PM                     |                    |                                       | <b>Dvadashi*</b> Until 10:52PM | Moon – Green   |                        |   |  |
| Then Creative Work - Amrita Yoga |                    |                                       |                                | <b>Karttika-Karttikai</b>  |                        |   |  |

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| <b>4</b>                        |             | <b>Tuesday, December 4, 2018</b>      |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 11 Sutra 233<br>Vilamba 5120 |  |
| Tula Rasi: 15.52                | Tithi 28    | <b>Gulika</b> 11:39AM – 12:44PM       | <b>Svati</b> Until 1:21PM        | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 7:19AM | Moon 11 - Phase 32                              |  |
|                                 |             | Yama 9:29AM – 10:34AM                 | Sobhana Until 10:17AM            | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 3:59PM  | 2nd Phase                                       |  |
| Creative Work                   | Siddha Yoga | 768863365 <b>Rahu</b> 1:49PM – 2:54PM | Gara Until 10:41AM               | <b>Nataraja:</b> White   |                        | <b>Bhuloka Day</b>                              |  |
| Until 1:21PM                    |             |                                       | <b>Trayodashi*</b> Until 10:34PM | Moon – Green   |                        |   |  |
| Then Routine Work - Marana Yoga |             |                                       |                                  | <b>Karttika-Karttikai</b>  |                        |   |  |
|                                 |             |                                       | <i>Pradosha Vrata (Fasting)</i>  |  |                        |   |  |

|                  |             |   |                                   |   |                        |   |  |
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| <b>5</b>         |             | <b>Wednesday, December 5, 2018</b>      |                                   | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 12 Sutra 234<br>Vilamba 5120 |  |
| Tula Rasi: 28.58 | Tithi 29    | <b>Gulika</b> 10:35AM – 11:39AM         | <b>Vishakha</b> Until 2:03PM      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:20AM | Moon 11 - Phase 32                              |  |
|                  |             | Yama 8:25AM – 9:30AM                    | Athiganda* Until 9:00AM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 3:59PM  | 2nd Phase                                       |  |
| Creative Work    | Siddha Yoga | 778863365 <b>Rahu</b> 11:39AM – 12:44PM | Visti Until 10:36AM               | <b>Nataraja:</b> White  |                        | <b>Bhuloka Day</b>                              |  |
|                  |             |   | <b>Chaturdashi*</b> Until 10:42PM | Moon – Orange   |                        |   |  |
|                  |             |   |                                   | <b>Karttika-Karttikai</b>   |                        |   |  |

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| <b>Retreat Star</b>                    |             | <b>Thursday, December 6, 2018</b>      |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Spokane, WA<br>Sun 13 Sutra 235<br>Vilamba 5120 |  |
| Vrischika Rasi: 11.51                  | Tithi 30    | <b>Gulika</b> 9:31AM – 10:35AM         | <b>Anuradha</b> Until 3:04PM   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:21AM | Moon 11 - Phase 32                              |  |
|  |             | Yama 7:21AM – 8:26AM                   | Sukarma Until 8:04AM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 3:59PM  | Amavasya  |  |
| Creative Work                          | Siddha Yoga | 778863365 <b>Rahu</b> 12:45PM – 1:49PM | Catuspada Until 10:59AM        | <b>Nataraja:</b> White  |                        | <b>Bhuloka Day</b>                              |  |
| Until 3:04PM                           |             |  | <b>Amavasya*</b> Until 11:20PM | Moon – Orange   |                        |   |  |
| Then Routine Work - Prabalarishta Yoga |             |  |                                | <b>Karttika-Karttikai</b>   |                        |   |  |

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| <b>Retreat Star</b>              |             | <b>Friday, December 7, 2018</b>         |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Spokane, WA<br>Sun 14 Sutra 236<br>Vilamba 5120 |  |
| Vrischika Rasi: 24.29            | Tithi 1     | <b>Gulika</b> 8:27AM – 9:31AM           | <b>Jyeshtha*</b> Until 4:25PM      | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 7:22AM | Moon 11 - Phase 32                              |  |
|                                  |             | Yama 1:49PM – 2:54PM                    | Dhriti Until 7:33AM                | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 3:59PM  | Prathama  |  |
| Routine Work                     | Marana Yoga | 779863365 <b>Rahu</b> 10:36AM – 11:40AM | Kintughna Until 11:52AM            | <b>Nataraja:</b> White  |                        | <b>Bhuloka Day</b>                              |  |
| Until 4:25PM                     |             |   | <b>Prathama*</b> Until 12:29AM Sat | Moon – Orange   |                        |   |  |
| Then Creative Work - Amrita Yoga |             |   |                                    | <b>Margasira-Karttikai</b>  |                        |   |  |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| <b>1</b>          |             | <b>Saturday, December 8, 2018</b>      |                                 | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        | Spokane, WA<br>Sun 15 Sutra 237<br>Vilamba 5120 |                       |
| Dhanus Rasi: 6.54 | Tithi 2     | <b>Gulika</b> 7:23AM – 8:28AM          | <b>Mula* Until 6:36PM</b>       | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 7:23AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
|                   |             | Yama 12:45PM – 1:50PM                  | Shula* Until 7:24AM             | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|                   |             | 789863365 <b>Rahu</b> 9:32AM – 10:36AM | Balava Until 1:18PM             | Moon – Light Blue  |                        |   | 3rd Phase             |
| Creative Work     | Siddha Yoga |  | <b>Dvitiya Until 2:11AM Sun</b> | <b>Margasira-Karttikai</b>   |                        | <b>Bhuloka Day</b>                              |                       |

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| <b>2</b>                         |             | <b>Sunday, December 9, 2018</b>       |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau |                        | Spokane, WA<br>Sun 16 Sutra 238<br>Vilamba 5120 |                       |
| Dhanus Rasi: 19.05               | Tithi 3     | <b>Gulika</b> 1:50PM – 2:54PM         | <b>Purvashadha* Until 9:07PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:24AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
|                                  |             | Yama 11:41AM – 12:46PM                | Ganda* Until 7:41AM              | <b>Nataraja:</b> White  |                        |   | Moon 11 - Phase 33    |
|                                  |             | 789863365 <b>Rahu</b> 2:54PM – 3:58PM | Taitila Until 3:15PM             | Moon – Light Blue   |                        |   | 3rd Phase             |
| Creative Work                    | Siddha Yoga |                                       | <b>Tritiya Until 4:22AM Mon</b>  | <b>Margasira-Karttikai</b>  |                        | <b>Bhuloka Day</b>                              |                       |
| Until 9:07PM                     |             |                                       |                                  |   |                        |   |                       |
| Then Creative Work - Amrita Yoga |             |                                       |                                  |   |                        |   |                       |

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| <b>3</b>                         |             | <b>Monday, December 10, 2018</b>      |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau |                        | Spokane, WA<br>Sun 17 Sutra 239<br>Vilamba 5120 |                       |
| Makara Rasi: 1.05                | Tithi 4     | <b>Gulika</b> 12:46PM – 1:50PM        | <b>Uttarashadha Until 11:51PM</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:25AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
| <b>Family Home Evening</b>       |             | Yama 10:38AM – 11:42AM                | Vridhhi Until 8:18AM               | <b>Nataraja:</b> White  |                        |   | Moon 11 - Phase 33    |
|                                  |             | 789863365 <b>Rahu</b> 8:29AM – 9:33AM | Vanija Until 5:38PM                | Moon – Light Blue   |                        |   | 3rd Phase             |
| Routine Work                     | Marana Yoga |                                       | <b>Chaturthi* Until 6:55AM Tue</b> | <b>Margasira-Karttikai</b>  |                        | <b>Bhuloka Day</b>                              |                       |
| Until 11:51PM                    |             |                                       |                                    |   |                        |   |                       |
| Then Creative Work - Amrita Yoga |             |                                       |                                    |   |                        |   |                       |

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| <b>4</b>                               |             | <b>Tuesday, December 11, 2018</b>     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Spokane, WA<br>Sun 18 Sutra 240<br>Vilamba 5120 |                       |
| Makara Rasi: 12.56                     | Tithi 4 – 5 | <b>Gulika</b> 11:42AM – 12:46PM       | <b>Shravana Until 3:08AM Wed</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:26AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
|  |             | Yama 9:34AM – 10:38AM                 | Dhruva Until 9:10AM              | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|  |             | 799863365 <b>Rahu</b> 1:50PM – 2:54PM | Bava Until 8:18PM                | Moon – Purple  |                        |   | 3rd Phase             |
| Creative Work                          | Siddha Yoga |                                       | <b>Chaturthi* Until 6:55AM</b>   | <b>Margasira-Karttikai</b>   |                        | <b>Bhuloka Day</b>                              |                       |
| Until 3:08AM Wed                       |             |                                       |                                  |  |                        | Devaloka Time: 6:AM to 9:AM                     |                       |
| Then Routine Work - Prabalarishta Yoga |             |                                       |                                  |  |                        |   |                       |

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| <b>5</b>                         |                    | <b>Wednesday, December 12, 2018</b>     |                                    | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                        | Spokane, WA<br>Sun 19 Sutra 241<br>Vilamba 5120 |                       |
| Makara Rasi: 24.44               | Tithi 5 – 6        | <b>Gulika</b> 10:39AM – 11:43AM         | <b>Dhanishtha Until 6:17AM Thu</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:27AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
|                                  |                    | Yama 8:31AM – 9:35AM                    | Vyaghata* Until 10:10AM            | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|                                  |                    | 799863365 <b>Rahu</b> 11:43AM – 12:47PM | Kaulava Until 11:03PM              | Moon – Purple  |                        |   | 3rd Phase             |
| Routine Work                     | Prabalarishta Yoga |   | <b>Panchami Until 9:40AM</b>       | <b>Margasira-Karttikai</b>   |                        | <b>Bhuloka Day</b>                              |                       |
| Until 6:17AM Thu                 |                    |   |                                    |  |                        | Devaloka Time: 6:AM to 9:AM                     |                       |
| Then Creative Work - Siddha Yoga |                    |   |                                    |  |                        |   |                       |

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| <b>6</b>          |             | <b>Thursday, December 13, 2018</b>     |                                | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Spokane, WA<br>Sun 20 Sutra 242<br>Vilamba 5120 |                       |
| Kumbha Rasi: 6.31 | Tithi 6 – 7 | <b>Gulika</b> 9:36AM – 10:39AM         | <b>Dhanishtha Until 6:17AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:28AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:58PM |
|                   |             | Yama 7:28AM – 8:32AM                   | Harshana Until 11:09AM         | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|                   |             | 799863365 <b>Rahu</b> 12:47PM – 1:51PM | Gara Until 1:40AM Fri          | Moon – Purple  |                        |   | 3rd Phase             |
| Creative Work     | Siddha Yoga |  | <b>Shashthi* Until 12:22PM</b> | <b>Margasira-Karttikai</b>   |                        | <b>Bhuloka Day</b>                              |                       |
|                   |             |  |                                |  |                        | Devaloka Time: 6:AM to 9:AM                     |                       |

Vinayaga Viratam Ends

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| <b>Friday, December 14, 2018</b> |             | <b>Retreat Star</b>                     |                                  | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Spokane, WA<br>Sun 21 Sutra 243<br>Vilamba 5120 |                       |
| Kumbha Rasi: 18.23               | Tithi 7 – 8 | <b>Gulika</b> 8:32AM – 9:36AM           | <b>Shatabhishak Until 9:04AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:29AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:59PM |
|                                  |             | Yama 1:51PM – 2:55PM                    | Vajra* Until 11:55AM             | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|                                  |             | 799863365 <b>Rahu</b> 10:40AM – 11:44AM | Visti Until 3:53AM Sat           | Moon – Purple  |                        |   | Ashtami               |
| Creative Work                    | Siddha Yoga |   | <b>Saptami Until 2:49PM</b>      | <b>Margasira-Karttikai</b>   |                        | <b>Bhuloka Day</b>                              |                       |
|                                  |             |   |                                  |  |                        | Devaloka Time: 6:AM to 9:AM                     |                       |

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| <b>Saturday, December 15, 2018</b> |             | <b>Retreat Star</b>                    |  | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Spokane, WA<br>Sun 22 Sutra 244<br>Vilamba 5120 |                       |
| Meena Rasi: 0.25                   | Tithi 8 – 9 | <b>Gulika</b> 7:30AM – 8:33AM          | <b>Purvaproshtapada* Until 11:45AM</b> | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:30AM | <b>Muruqa:</b> Purple                           | <i>Sunset:</i> 3:59PM |
|                                    |             | Yama 12:48PM – 1:51PM                  | Siddhi Until 12:21PM                   | <b>Nataraja:</b> White   |                        |   | Moon 11 - Phase 33    |
|                                    |             | 711863365 <b>Rahu</b> 9:37AM – 10:40AM | Balava Until 5:30AM Sun                | Moon – Clear   |                        |   | Navami                |
| Routine Work                       | Marana Yoga |  | <b>Ashtami* Until 4:45PM</b>           | <b>Margasira-Markali</b>   |                        | <b>Bhuloka Day</b>                              |                       |
| Until 11:45AM                      |             |  |  |  |                        | Devaloka Time: 6:AM to 9:AM                     |                       |
| Then Creative Work - Siddha Yoga   |             | <b>Markali Pillaiyar</b>               |  |  |                        |   |                       |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time

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| <b>1</b>          |             | <b>Sunday, December 16, 2018</b>      |                                       | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vyalipata/Variyan Yoga Kaulava Karana Navamyam Titau |                        | Spokane, WA<br>Sun 23 Sutra 245<br>Vilamba 5120 |  |
| Meena Rasi: 12.41 | Tithi 9     | <b>Gulika</b> 1:52PM – 2:55PM         | <b>Uttaraproshtapada</b> Until 1:38PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:30AM |   |  |
|                   |             | Yama 11:45AM – 12:48PM                | Vyatipata* Until 12:18PM              | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 34                              |  |
|                   |             | 811863365 <b>Rahu</b> 2:55PM – 3:59PM | Kaulava Until 6:01PM                  | <b>Nataraja:</b> White  |                        | 4th Phase                                       |  |
| Creative Work     | Amrita Yoga |                                       | <b>Navami*</b> Until 6:01PM           | Moon – Clear  |                        | <b>Bhuloka Day</b>                              |  |
|                   |             |                                       |                                       | <b>Margasira*Markali</b>  |                        |   |  |

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| <b>2</b>                   |             | <b>Monday, December 17, 2018</b>      |                             | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau |                        | Spokane, WA<br>Sun 24 Sutra 246<br>Vilamba 5120 |  |
| Meena Rasi: 25.17          | Tithi 10    | <b>Gulika</b> 12:49PM – 1:52PM        | <b>Revati</b> Until 2:38PM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:31AM |   |  |
| <b>Family Home Evening</b> |             | Yama 10:42AM – 11:45AM                | Variyan Until 11:38AM       | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 3:59PM  | Moon 11 - Phase 34                              |  |
|                            |             | 811863365 <b>Rahu</b> 8:35AM – 9:38AM | Taitila Until 6:22AM        | <b>Nataraja:</b> White  |                        | 4th Phase                                       |  |
| Creative Work              | Siddha Yoga |                                       | <b>Dashami</b> Until 6:29PM | Moon – Clear  |                        | <b>Bhuloka Day</b>                              |  |
|                            |             |                                       |                             | <b>Margasira*Markali</b>  |                        |   |  |

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| <b>3</b>         |             | <b>Tuesday, December 18, 2018</b>     |                              | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Spokane, WA<br>Sun 25 Sutra 247<br>Vilamba 5120 |  |
| Mesha Rasi: 8.16 | Tithi 11    | <b>Gulika</b> 11:46AM – 12:49PM       | <b>Ashvini</b> Until 3:09PM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:32AM |   |  |
|                  |             | Yama 9:39AM – 10:42AM                 | Parigha* Until 10:21AM       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:00PM  | Moon 11 - Phase 34                              |  |
|                  |             | 821863365 <b>Rahu</b> 1:53PM – 2:56PM | Vanija Until 6:26AM          | <b>Nataraja:</b> White   |                        | 4th Phase                                       |  |
| Creative Work    | Siddha Yoga |                                       | <b>Ekadashi</b> Until 6:08PM | Moon – White   |                        | <b>Bhuloka Day</b>                              |  |
|                  |             | <b>Gita Jayanthi</b>                  |                              | <b>Margasira*Markali</b>   |                        | Devaloka Time: 6:AM to 9:AM                     |  |

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|----------------------------------|---------------|---|------------------------------|--|------------------------|---|--|
| <b>4</b>                         |               | <b>Wednesday, December 19, 2018</b>     |                              | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 26 Sutra 248<br>Vilamba 5120 |  |
| Mesha Rasi: 21.4                 | Tithi 12 – 13 | <b>Gulika</b> 10:43AM – 11:46AM         | <b>Bharani</b> Until 2:43PM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:32AM |   |  |
|                                  |               | Yama 8:36AM – 9:39AM                    | Shiva Until 8:26AM           | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:00PM  | Moon 11 - Phase 34                              |  |
|                                  |               | 821863365 <b>Rahu</b> 11:46AM – 12:50PM | Kaulava Until 4:09AM Thu     | <b>Nataraja:</b> White   |                        | 4th Phase                                       |  |
| Creative Work                    | Siddha Yoga   |   | <b>Dvadashi</b> Until 4:59PM | Moon – White   |                        | <b>Bhuloka Day</b>                              |  |
| Until 2:43PM                     |               |   |                              | <b>Margasira*Markali</b>   |                        | Devaloka Time: 6:AM to 9:AM                     |  |
| Then Creative Work - Amrita Yoga |               |   |                              | <i>Pradosha Vrata</i>  |                        |   |  |

|                      |               |  |                                |   |                        |   |  |
|----------------------|---------------|--|--------------------------------|---|------------------------|---|--|
| <b>5</b>             |               | <b>Thursday, December 20, 2018</b>     |                                | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27 Sutra 249<br>Vilamba 5120 |  |
| Vrishabha Rasi: 5.31 | Tithi 13 – 14 | <b>Gulika</b> 9:40AM – 10:43AM         | <b>Krittika</b> Until 1:28PM   | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:33AM |   |  |
|                      |               | Yama 7:33AM – 8:36AM                   | Sadhya Until 2:56AM Fri        | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:00PM  | Moon 11 - Phase 34                              |  |
|                      |               | 821863365 <b>Rahu</b> 12:50PM – 1:53PM | Gara Until 2:00AM Fri          | <b>Nataraja:</b> White  |                        | 4th Phase                                       |  |
| Routine Work         | Marana Yoga   |  | <b>Trayodashi</b> Until 3:08PM | Moon – White  |                        | <b>Bhuloka Day</b>                              |  |
|                      |               |  |                                | <b>Margasira*Markali</b>  |                        | Devaloka Time: 6:AM to 9:AM                     |  |

|   |               |   |                                   |  |                        |  |  |
|---|---------------|---|-----------------------------------|--|------------------------|--|--|
|  |               | <b>Friday, December 21, 2018</b>        |                                   | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Spokane, WA<br>Sutra 250<br>Vilamba 5120 |  |
| Vrishabha Rasi: 19.46   | Tithi 14 – 15 | <b>Gulika</b> 8:37AM – 9:40AM           | <b>Rohini</b> Until 11:54AM       | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:33AM |  |  |
|   |               | Yama 1:54PM – 2:57PM                    | Subha Until 11:32PM               | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 4:01PM  | Moon 11 - Phase 34                       |  |
|   |               | 831863365 <b>Rahu</b> 10:44AM – 11:47AM | Visti Until 11:21PM               | <b>Nataraja:</b> White   |                        | Purnima                                  |  |
| Routine Work  | Marana Yoga   |   | <b>Chaturdashi*</b> Until 12:43PM | Moon – Yellow  |                        | <b>Bhuloka Day</b>                       |  |
| Until 11:54AM   |               |   |                                   | <b>Margasira*Markali</b>   |                        |  |  |
| Then Creative Work - Siddha Yoga  |               | <b>Day 1 of Pancha Ganapati</b>         |                                   |  |                        |  |  |

|                                    |               |  |                                |   |                        |  |  |
|------------------------------------|---------------|--|--------------------------------|---|------------------------|--|--|
| <b>Saturday, December 22, 2018</b> |               | <b>Silver Retreat Star</b>             |                                | Vilamba Nama Samvatsare Uтарыay Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Spokane, WA<br>Sutra 251<br>Vilamba 5120 |  |
| Mithuna Rasi: 4.2                  | Tithi 15 – 16 | <b>Gulika</b> 7:34AM – 8:37AM          | <b>Mrigashira</b> Until 9:47AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 7:34AM |  |  |
|                                    |               | Yama 12:51PM – 1:54PM                  | Sukla Until 7:51PM             | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 4:01PM  | Moon 11 - Phase 34                       |  |
|                                    |               | 831963365 <b>Rahu</b> 9:41AM – 10:44AM | Balava Until 8:21PM            | <b>Nataraja:</b> White  |                        | Prathama                                 |  |
| Creative Work                      | Siddha Yoga   |  | <b>Purnima*</b> Until 9:52AM   | Moon – Yellow   |                        | <b>Bhuloka Day</b>                       |  |
|                                    |               | <b>Day 2 of Pancha Ganapati</b>        |                                | <b>Margasira*Markali</b>  |                        | Devaloka Time: 9:AM to 12:PM             |  |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Sunday, December 23, 2018

Gold Retreat Star

Mithuna Rasi: 19.08 Tithi 16 - 17

831963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Gulika 1:55PM - 2:58PM Ardra Until 7:15AM

Yama 11:48AM - 12:52PM Brahma Until 4:00PM

Rahu 2:58PM - 4:02PM Gara Until 3:31AM Mon

Day 3 of Pancha Ganapati

Ardra Darshanam

Ganesha: Yellow Sunrise: 7:34AM

Muruga: Purple Sunset: 4:02PM

Nataraja: White

Moon - Yellow

Margasira-Markali

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Spokane, WA

Sutra 252

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Monday, December 24, 2018

Kataka Rasi: 4.01 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

841963365

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Gulika 12:52PM - 1:56PM Pushya Until 2:25AM Tue

Yama 10:45AM - 11:49AM Indra Until 12:07PM

Rahu 8:38AM - 9:42AM Vanija Until 1:55PM

Day 4 of Pancha Ganapati

Tritiya Until 12:19AM Tue

Ganesha: Blue Sunrise: 7:35AM

Muruga: Purple Sunset: 4:02PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Spokane, WA

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Tuesday, December 25, 2018

Kataka Rasi: 18.52 Tithi 19

Creative Work Siddha Yoga

842963365

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:49AM - 12:53PM Ashlesha\* Until 11:59PM

Yama 9:42AM - 10:46AM Vaidhriti\* Until 8:18AM

Rahu 1:56PM - 3:00PM Bava Until 10:47AM

Day 5 of Pancha Ganapati

Chaturthi\* Until 9:16PM

Ganesha: Yellow Sunrise: 7:35AM

Muruga: Purple Sunset: 4:03PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Spokane, WA

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Wednesday, December 26, 2018

Simha Rasi: 3.34 Tithi 20

Creative Work Siddha Yoga

Until 10:08PM

Then Creative Work - Amrita Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:46AM - 11:50AM Magha\* Until 10:08PM

Yama 8:39AM - 9:43AM Priti Until 1:17AM Thu

Rahu 11:50AM - 12:53PM Kaulava Until 7:52AM

Day 5 of Pancha Ganapati

Panchami Until 6:31PM

Ganesha: Blue Sunrise: 7:36AM

Muruga: Purple Sunset: 4:04PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Spokane, WA

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Thursday, December 27, 2018

Simha Rasi: 18.02 Tithi 21 - 22

Creative Work Siddha Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Vanija/Visiti\* Karana Shashthi/Saptamyam Titau

Gulika 9:43AM - 10:47AM Purvaphalguni Until 8:33PM

Yama 7:36AM - 8:39AM Ayushman Until 10:14PM

Rahu 12:54PM - 1:57PM Vistii Until 3:10AM Fri

Day 5 of Pancha Ganapati

Shashthi\* Until 4:10PM

Ganesha: Blue Sunrise: 7:36AM

Muruga: Purple Sunset: 4:05PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Spokane, WA

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Friday, December 28, 2018

Retreat Star

Kanya Rasi: 2.12 Tithi 22 - 23

Creative Work Siddha Yoga

Until 7:17PM

Then Creative Work - Amrita Yoga

852963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:40AM - 9:43AM Uttaraphalguni Until 7:17PM

Yama 1:58PM - 3:02PM Saubhagya Until 7:35PM

Rahu 10:47AM - 11:51AM Balava Until 1:32AM Sat

Day 5 of Pancha Ganapati

Saptami Until 2:16PM

Ganesha: Blue Sunrise: 7:36AM

Muruga: Purple Sunset: 4:05PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Spokane, WA

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 16.03 Tithi 23 - 24

Routine Work Marana Yoga

862963366

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana/Atthiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:36AM - 8:40AM Hasta Until 6:50PM

Yama 12:55PM - 1:59PM Sobhana Until 5:22PM

Rahu 9:44AM - 10:47AM Taitila Until 12:26AM Sun

Day 5 of Pancha Ganapati

Ashtami\* Until 12:54PM

Ganesha: Red Sunrise: 7:36AM

Muruga: Purple Sunset: 4:06PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Spokane, WA

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Navami

|                                    |               |  |                              |  |   |
|------------------------------------|---------------|--|------------------------------|--|---|
| <b>1 Sunday, December 30, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                              | Spokane, WA<br>Sun 7 Sutra 259<br>Vilamba 5120 |   |
| Kanya Rasi: 29.35                  | Tithi 24 – 25 | <b>Gulika</b> 1:59PM – 3:03PM  | <b>Chitra</b> Until 6:46PM   | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:36AM     |   |
|                                    |               | Yama 11:52AM – 12:56PM   | Athiganda* Until 3:33PM      | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:07PM    | Moon 12 - Phase 36                                |
|                                    | 862963366     | <b>Rahu</b> 3:03PM – 4:07PM  | Vanija Until 11:52PM         | <b>Nataraja:</b> Green                         | 2nd Phase   |
| Creative Work                      | Siddha Yoga   |  | <b>Navami*</b> Until 12:04PM | <b>Margasira*Markali</b>                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |

|                                    |               |  |                              |  |   |
|------------------------------------|---------------|--|------------------------------|--|---|
| <b>2 Monday, December 31, 2018</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau |                              | Spokane, WA<br>Sun 8 Sutra 260<br>Vilamba 5120 |   |
| Tula Rasi: 12.49                   | Tithi 25 – 26 | <b>Gulika</b> 12:56PM – 2:00PM   | <b>Svati</b> Until 7:03PM    | <b>Ganesha:</b> Red <i>Sunrise:</i> 7:36AM     |   |
| <b>Family Home Evening</b>         |               | Yama 10:48AM – 11:52AM   | Sukarma Until 2:09PM         | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:08PM    | Moon 12 - Phase 36                                |
| Creative Work                      | Amrita Yoga   | <b>Rahu</b> 8:40AM – 9:44AM  | Bava Until 11:49PM           | <b>Nataraja:</b> Green                         | 2nd Phase   |
| Until 7:03PM                       |               |  | <b>Dashami</b> Until 11:45AM | <b>Margasira*Markali</b>                       | <b>Bhuloka Day</b><br>Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Marana Yoga    |               |  |                              |  |   |

|                                   |               |   |                                |  |                    |
|-----------------------------------|---------------|---|--------------------------------|--|--------------------|
| <b>3 Tuesday, January 1, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                | Spokane, WA<br>Sun 9 Sutra 261<br>Vilamba 5120 |                    |
| Tula Rasi: 25.48                  | Tithi 26 – 27 | <b>Gulika</b> 11:53AM – 12:57PM   | <b>Vishakha</b> Until 8:08PM   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:36AM   |                    |
|                                   |               | Yama 9:45AM – 10:49AM   | Dhriti Until 1:09PM            | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:09PM    | Moon 12 - Phase 36 |
|                                   | 872963366     | <b>Rahu</b> 2:01PM – 3:05PM   | Kaulava Until 12:17AM Wed      | <b>Nataraja:</b> Green                         | 2nd Phase          |
| Routine Work                      | Marana Yoga   |   | <b>Ekadashi*</b> Until 11:58AM | <b>Margasira*Markali</b>                       | <b>Bhuloka Day</b> |
| Until 8:08PM                      |               |   |                                |  |                    |
| Then Creative Work - Siddha Yoga  |               |   |                                |  |                    |

|                                     |               |   |                                |   |                    |
|-------------------------------------|---------------|---|--------------------------------|---|--------------------|
| <b>4 Wednesday, January 2, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                | Spokane, WA<br>Sun 10 Sutra 262<br>Vilamba 5120 |                    |
| Vrischika Rasi: 8.32                | Tithi 27 – 28 | <b>Gulika</b> 10:49AM – 11:53AM   | <b>Anuradha</b> Until 9:31PM   | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:36AM    |                    |
|                                     |               | Yama 8:41AM – 9:45AM  | Shula* Until 12:31PM           | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:10PM     | Moon 12 - Phase 36 |
|                                     | 872963366     | <b>Rahu</b> 11:53AM – 12:57PM   | Gara Until 1:13AM Thu          | <b>Nataraja:</b> Green                          | 2nd Phase          |
| Creative Work                       | Siddha Yoga   |   | <b>Dvadashi*</b> Until 12:40PM | <b>Margasira*Markali</b>                        | <b>Bhuloka Day</b> |
|                                     |               |   |                                |   |                    |
|                                     |               |   |                                |   |                    |

*Pradosha Vrata (Fasting)*

|                                    |                    |  |                                 |   |                    |
|------------------------------------|--------------------|--|---------------------------------|---|--------------------|
| <b>5 Thursday, January 3, 2019</b> |                    | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Ganda*/Vridhdi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 | Spokane, WA<br>Sun 11 Sutra 263<br>Vilamba 5120 |                    |
| Vrischika Rasi: 21.03              | Tithi 28 – 29      | <b>Gulika</b> 9:45AM – 10:49AM   | <b>Jyeshtha*</b> Until 11:12PM  | <b>Ganesha:</b> Green <i>Sunrise:</i> 7:36AM    |                    |
|                                    |                    | Yama 7:36AM – 8:41AM   | Ganda* Until 12:14PM            | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:11PM     | Moon 12 - Phase 36 |
|                                    | 872963366          | <b>Rahu</b> 12:58PM – 2:02PM   | Visti* Until 2:37AM Fri         | <b>Nataraja:</b> Green                          | 2nd Phase          |
| Routine Work                       | Prabalarishta Yoga |  | <b>Trayodashi*</b> Until 1:51PM | <b>Margasira*Markali</b>                        | <b>Bhuloka Day</b> |
| Until 11:12PM                      |                    |  |                                 |   |                    |
| Then Creative Work - Siddha Yoga   |                    |  |                                 |   |                    |

|                                  |               |   |                                  |   |                    |
|----------------------------------|---------------|---|----------------------------------|---|--------------------|
| <b>6 Friday, January 4, 2019</b> |               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Vridhdi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  | Spokane, WA<br>Sun 12 Sutra 264<br>Vilamba 5120 |                    |
| Dhanus Rasi: 3.23                | Tithi 29 – 30 | <b>Gulika</b> 8:41AM – 9:45AM   | <b>Mula*</b> Until 1:36AM Sat    | <b>Ganesha:</b> White <i>Sunrise:</i> 7:36AM    |                    |
|                                  |               | Yama 2:03PM – 3:07PM  | Vridhdi Until 12:19PM            | <b>Muruqa:</b> Purple <i>Sunset:</i> 4:12PM     | Moon 12 - Phase 36 |
|                                  | 882963366     | <b>Rahu</b> 10:50AM – 11:54AM   | Catuspada Until 4:27AM Sat       | <b>Nataraja:</b> Green                          | 2nd Phase          |
| Creative Work                    | Amrita Yoga   |   | <b>Chaturdashi*</b> Until 3:28PM | <b>Margasira*Markali</b>                        | <b>Bhuloka Day</b> |
| Until 1:36AM Sat                 |               |   |                                  |   |                    |
| Then Creative Work - Siddha Yoga |               |   |                                  |   |                    |

|                                  |              |   |                                      |   |  |
|----------------------------------|--------------|---|--------------------------------------|---|--|
| <b>Retreat Star</b>              |              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                      | Spokane, WA<br>Sun 13 Sutra 265<br>Vilamba 5120 |  |
| Dhanus Rasi: 15.32               | Tithi 30 – 1 | <b>Gulika</b> 7:36AM – 8:41AM   | <b>Purvashadha*</b> Until 4:13AM Sun | <b>Ganesha:</b> White <i>Sunrise:</i> 7:36AM    |  |
|                                  |              | Yama 12:59PM – 2:04PM   | Dhruva Until 12:40PM                 | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:13PM      | Moon 12 - Phase 36                                 |
|                                  | 882973366    | <b>Rahu</b> 9:45AM – 10:50AM  | Kintughna Until 6:39AM Sun           | <b>Nataraja:</b> Green                          | Amavasya   |
| Creative Work                    | Siddha Yoga  |   | <b>Amavasya*</b> Until 5:29PM        | <b>Margasira*Markali</b>                        | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
| Until 4:13AM Sun                 |              | <b>Subramuniyaswami Jayanti</b>   |                                      |   |  |
| Then Creative Work - Amrita Yoga |              |   |                                      |   |  |

|                     |             |   |                                      |   |  |
|---------------------|-------------|---|--------------------------------------|---|--|
| <b>Retreat Star</b> |             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau |                                      | Spokane, WA<br>Sun 14 Sutra 266<br>Vilamba 5120 |  |
| Dhanus Rasi: 27.33  | Tithi 1     | <b>Gulika</b> 2:05PM – 3:09PM   | <b>Uttarashadha</b> Until 6:56AM Mon | <b>Ganesha:</b> White <i>Sunrise:</i> 7:36AM    |  |
|                     |             | Yama 11:55AM – 1:00PM   | Vyaghata* Until 1:18PM               | <b>Muruqa:</b> Clear <i>Sunset:</i> 4:14PM      | Moon 12 - Phase 36                                 |
|                     | 882973366   | <b>Rahu</b> 3:09PM – 4:14PM   | Kintughna Until 6:39AM               | <b>Nataraja:</b> Green                          | Prathama   |
| Creative Work       | Amrita Yoga |   | <b>Prathama*</b> Until 7:50PM        | <b>Margasira*Markali</b>                        | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
|                     |             | <b>Partial Solar Eclipse</b>  |                                      |   |  |
|                     |             |   |                                      |   |  |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |           |   |                                  |                        |                        |  |
|----------------------------------|-----------|---|----------------------------------|------------------------|------------------------|--|
| <b>Monday, January 7, 2019</b>   |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                  |                        |                        | Spokane, WA<br>Sun 15<br>Sutra 267<br>Vilamba 5120 |
| <b>1</b>                         |           | <b>Gulika</b> 1:00PM – 2:05PM   | <b>Uttarashadha</b> Until 6:56AM | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:35AM |  |
| Makara Rasi: 9.26                | Tithi 2   | Yama 10:51AM – 11:55AM  | Harshana Until 2:09PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:15PM  | Moon 12 - Phase 37                                 |
| <b>Family Home Evening</b>       | 883973366 | <b>Rahu</b> 8:41AM – 9:46AM   | Balava Until 9:09AM              | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Routine Work Marana Yoga         |           |   | <b>Dvitiya</b> Until 10:27PM     | Moon – Light Blue      |                        | <b>Devaloka Day</b>                                |
| Until 6:56AM                     |           |   |                                  | <b>Pausha-Markali</b>  |                        |  |
| Then Creative Work - Amrita Yoga |           |   |                                  |                        |                        |  |

|                                 |           |  |                                 |                        |                        |  |
|---------------------------------|-----------|--|---------------------------------|------------------------|------------------------|--|
| <b>Tuesday, January 8, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau |                                 |                        |                        | Spokane, WA<br>Sun 16<br>Sutra 268<br>Vilamba 5120 |
| <b>2</b>                        |           | <b>Gulika</b> 11:56AM – 1:01PM   | <b>Shravana</b> Until 10:12AM   | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:35AM |  |
| Makara Rasi: 21.16              | Tithi 3   | Yama 9:46AM – 10:51AM  | Vajra* Until 3:06PM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:16PM  | Moon 12 - Phase 37                                 |
|                                 | 893973366 | <b>Rahu</b> 2:06PM – 3:11PM  | Taitila Until 11:50AM           | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Creative Work Siddha Yoga       |           |  | <b>Tritiya</b> Until 1:12AM Wed | Moon – Purple          |                        | <b>Devaloka Day</b>                                |
|                                 |           |  |                                 | <b>Pausha-Markali</b>  |                        |  |

|                                   |           |   |                                    |                        |                        |  |
|-----------------------------------|-----------|---|------------------------------------|------------------------|------------------------|--|
| <b>Wednesday, January 9, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Vanija/Visti* Karana Chaturthyam Titau |                                    |                        |                        | Spokane, WA<br>Sun 17<br>Sutra 269<br>Vilamba 5120 |
| <b>3</b>                          |           | <b>Gulika</b> 10:51AM – 11:56AM   | <b>Dhanishtha</b> Until 1:22PM     | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:35AM |  |
| Kumbha Rasi: 3.02                 | Tithi 4   | Yama 8:40AM – 9:46AM  | Siddhi Until 4:06PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:18PM  | Moon 12 - Phase 37                                 |
|                                   | 893973366 | <b>Rahu</b> 11:56AM – 1:02PM  | Vanija Until 2:36PM                | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Routine Work Prabalarishta Yoga   |           |   | <b>Chaturthi*</b> Until 3:55AM Thu | Moon – Purple          |                        | <b>Devaloka Day</b>                                |
| Until 1:22PM                      |           |   |                                    | <b>Pausha-Markali</b>  |                        |  |
| Then Creative Work - Siddha Yoga  |           |   |                                    |                        |                        |  |

|                                   |           |   |                                  |                        |                        |  |
|-----------------------------------|-----------|---|----------------------------------|------------------------|------------------------|--|
| <b>Thursday, January 10, 2019</b> |           | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vyati-pata*/Variyan Yoga Bava/Balava Karana Panchamyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 18<br>Sutra 270<br>Vilamba 5120 |
| <b>4</b>                          |           | <b>Gulika</b> 9:46AM – 10:51AM  | <b>Shatabhishak</b> Until 4:16PM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:35AM |  |
| Kumbha Rasi: 14.5                 | Tithi 5   | Yama 7:35AM – 8:40AM  | Vyati-pata* Until 5:01PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:19PM  | Moon 12 - Phase 37                                 |
|                                   | 893973366 | <b>Rahu</b> 1:02PM – 2:08PM   | Bava Until 5:15PM                | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Creative Work Siddha Yoga         |           |   | <b>Panchami</b> Until 6:27AM Fri | Moon – Purple          |                        | <b>Devaloka Day</b>                                |
|                                   |           |   |                                  | <b>Pausha-Markali</b>  |                        |  |

|                                 |             |  |                                       |                        |                        |  |
|---------------------------------|-------------|--|---------------------------------------|------------------------|------------------------|--|
| <b>Friday, January 11, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                       |                        |                        | Spokane, WA<br>Sun 19<br>Sutra 271<br>Vilamba 5120 |
| <b>5</b>                        |             | <b>Gulika</b> 8:40AM – 9:46AM  | <b>Purvaproshtapada*</b> Until 7:14PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:34AM |  |
| Kumbha Rasi: 26.43              | Tithi 5 – 6 | Yama 2:09PM – 3:14PM   | Variyan Until 5:43PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:20PM  | Moon 12 - Phase 37                                 |
|                                 | 813973366   | <b>Rahu</b> 10:51AM – 11:57AM  | Kaulava Until 7:37PM                  | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Creative Work Siddha Yoga       |             |  | <b>Panchami</b> Until 6:27AM          | Moon – Clear           |                        | <b>Devaloka Day</b>                                |
|                                 |             |  |                                       | <b>Pausha-Markali</b>  |                        |  |

|  |             |   |                                       |                        |                        |  |
|--|-------------|---|---------------------------------------|------------------------|------------------------|--|
| <b>Saturday, January 12, 2019</b>      |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                       |                        |                        | Spokane, WA<br>Sun 20<br>Sutra 272<br>Vilamba 5120 |
| <b>6</b>                               |             | <b>Gulika</b> 7:34AM – 8:40AM   | <b>Uttaraproshtapada</b> Until 9:37PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:34AM |  |
| Meena Rasi: 8.44                       | Tithi 6 – 7 | Yama 1:03PM – 2:09PM  | Parigha* Until 6:06PM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:21PM  | Moon 12 - Phase 37                                 |
|  | 813973366   | <b>Rahu</b> 9:46AM – 10:52AM  | Gara Until 9:32PM                     | <b>Nataraja:</b> Green |                        | 3rd Phase  |
| Creative Work Siddha Yoga              |             |   | <b>Shashthi*</b> Until 8:37AM         | Moon – Clear           |                        | <b>Devaloka Day</b>                                |
| Until 9:37PM                           |             |   |                                       | <b>Pausha-Markali</b>  |                        |  |
| Then Routine Work - Prabalarishta Yoga |             |   |                                       |                        |                        |  |

|                                  |             |  |                              |                        |                        |  |
|----------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| <b>Sunday, January 13, 2019</b>  |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau |                              |                        |                        | Spokane, WA<br>Sun 21<br>Sutra 273<br>Vilamba 5120 |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 2:10PM – 3:16PM  | <b>Revati</b> Until 11:14PM  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:33AM |  |
| Meena Rasi: 20.57                | Tithi 7 – 8 | Yama 11:58AM – 1:04PM  | Shiva Until 6:02PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:23PM  | Moon 12 - Phase 37                                 |
|                                  | 813973366   | <b>Rahu</b> 3:16PM – 4:23PM  | Visti Until 10:49PM          | <b>Nataraja:</b> Green |                        | Ashtami  |
| Creative Work Amrita Yoga        |             |  | <b>Saptami</b> Until 10:15AM | Moon – Clear           |                        | <b>Devaloka Day</b>                                |
| Until 11:14PM                    |             |  |                              | <b>Pausha-Markali</b>  |                        |  |
| Then Creative Work - Siddha Yoga |             |  |                              |                        |                        |  |

|                                 |             |  |                                  |                        |                        |  |
|---------------------------------|-------------|--|----------------------------------|------------------------|------------------------|--|
| <b>Monday, January 14, 2019</b> |             | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                                  |                        |                        | Spokane, WA<br>Sun 22<br>Sutra 274<br>Vilamba 5120 |
| <b>Retreat Star</b>             |             | <b>Gulika</b> 1:05PM – 2:11PM  | <b>Ashvini</b> Until 12:28AM Tue | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 7:33AM |  |
| Mesha Rasi: 3.28                | Tithi 8 – 9 | Yama 10:52AM – 11:58AM   | Siddha Until 5:23PM              | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:24PM  | Moon 12 - Phase 37                                 |
| <b>Family Home Evening</b>      | 823973366   | <b>Rahu</b> 8:39AM – 9:45AM  | Balava Until 11:21PM             | <b>Nataraja:</b> Green |                        | Navami   |
| Creative Work Siddha Yoga       |             |  | <b>Ashtami*</b> Until 11:10AM    | Moon – White           |                        | <b>Sivaloka Day</b>                                |
|                                 |             | <b>Thai Pongal</b>   |                                  | <b>Pausha-Thai</b>     |                        |  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

|                                  |              |                                       |                                  |   |                        |  |                       |
|----------------------------------|--------------|---------------------------------------|----------------------------------|---|------------------------|--|-----------------------|
| <b>1</b>                         |              | <b>Tuesday, January 15, 2019</b>      |                                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Spokane, WA<br>Sun 23<br>Sutra 275<br>Vilamba 5120 |                       |
| Mesha Rasi: 16.2                 | Tithi 9 – 10 | <b>Gulika</b> 11:59AM – 1:05PM        | <b>Bharani Until 12:43AM Wed</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 7:32AM | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:25PM |
|                                  |              | Yama 9:45AM – 10:52AM                 | Sadhya Until 4:08PM              | <b>Nataraja:</b> Green  |                        |  | Moon 12 - Phase 38    |
|                                  |              | 823973366 <b>Rahu</b> 2:12PM – 3:19PM | Taitila Until 11:04PM            | Moon – White  |                        |  | 4th Phase             |
| Creative Work                    | Siddha Yoga  |                                       | <b>Navami* Until 11:18AM</b>     | <b>Pausha*Thai</b>  |                        |  | <b>Sivaloka Day</b>   |
| Until 12:43AM Wed                |              |                                       |                                  |   |                        |  |                       |
| Then Creative Work - Amrita Yoga |              |                                       |                                  |   |                        |  |                       |

|                                 |               |  |                                   |   |                        |  |                       |
|---------------------------------|---------------|--|-----------------------------------|---|------------------------|--|-----------------------|
| <b>2</b>                        |               | <b>Wednesday, January 16, 2019</b>     |                                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekashyam Titau |                        | Spokane, WA<br>Sun 24<br>Sutra 276<br>Vilamba 5120 |                       |
| Mesha Rasi: 29.37               | Tithi 10 – 11 | <b>Gulika</b> 10:52AM – 11:59AM        | <b>Krittika Until 12:02AM Thu</b> | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 7:31AM | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:27PM |
|                                 |               | Yama 8:38AM – 9:45AM                   | Subha Until 2:15PM                | <b>Nataraja:</b> Green  |                        |  | Moon 12 - Phase 38    |
|                                 |               | 823173366 <b>Rahu</b> 11:59AM – 1:06PM | Vanija Until 9:57PM               | Moon – White  |                        |  | 4th Phase             |
| Creative Work                   | Amrita Yoga   |  | <b>Dashami Until 10:36AM</b>      | <b>Pausha*Thai</b>  |                        |  | <b>Sivaloka Day</b>   |
| Until 12:02AM Thu               |               |  |                                   |   |                        |  |                       |
| Then Routine Work - Marana Yoga |               |  |                                   |   |                        |  |                       |

|                       |               |                                       |                              |  |                        |  |                       |
|-----------------------|---------------|---------------------------------------|------------------------------|--|------------------------|--|-----------------------|
| <b>3</b>              |               | <b>Thursday, January 17, 2019</b>     |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvashyam Titau |                        | Spokane, WA<br>Sun 25<br>Sutra 277<br>Vilamba 5120 |                       |
| Vrishabha Rasi: 13.22 | Tithi 11 – 12 | <b>Gulika</b> 9:45AM – 10:52AM        | <b>Rohini Until 10:54PM</b>  | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:31AM | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:28PM |
|                       |               | Yama 7:31AM – 8:38AM                  | Sukla Until 11:43AM          | <b>Nataraja:</b> Green   |                        |  | Moon 12 - Phase 38    |
|                       |               | 833173366 <b>Rahu</b> 1:07PM – 2:14PM | Bava Until 8:05PM            | Moon – Yellow  |                        |  | 4th Phase             |
| Routine Work          | Marana Yoga   |                                       | <b>Ekadashi Until 9:05AM</b> | <b>Pausha*Thai</b>   |                        |  | <b>Devaloka Day</b>   |
|                       |               |                                       |                              |  |                        |  |                       |

|                       |               |   |                                |  |                        |  |                       |
|-----------------------|---------------|---|--------------------------------|--|------------------------|--|-----------------------|
| <b>4</b>              |               | <b>Friday, January 18, 2019</b>         |                                | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Dvashahi/Trayodashyam Titau |                        | Spokane, WA<br>Sun 26<br>Sutra 278<br>Vilamba 5120 |                       |
| Vrishabha Rasi: 27.34 | Tithi 12 – 13 | <b>Gulika</b> 8:37AM – 9:45AM           | <b>Mrigashira Until 8:59PM</b> | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:30AM | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:29PM |
|                       |               | Yama 2:15PM – 3:22PM                    | Brahma Until 8:37AM            | <b>Nataraja:</b> Green   |                        |  | Moon 12 - Phase 38    |
|                       |               | 833173366 <b>Rahu</b> 10:52AM – 12:00PM | Taitila Until 4:03AM Sat       | Moon – Yellow  |                        |  | 4th Phase             |
| Creative Work         | Siddha Yoga   |   | <b>Dvashahi Until 6:52AM</b>   | <b>Pausha*Thai</b>   |                        |  | <b>Devaloka Day</b>   |
|                       |               |   |                                |  |                        |  |                       |
|                       |               |   |                                |  |                        |  |                       |

*Pradosha Vrata*

|                     |             |  |                                       |  |                        |  |                       |
|---------------------|-------------|--|---------------------------------------|--|------------------------|--|-----------------------|
| <b>5</b>            |             | <b>Saturday, January 19, 2019</b>      |                                       | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27<br>Sutra 279<br>Vilamba 5120 |                       |
| Mithuna Rasi: 12.11 | Tithi 14    | <b>Gulika</b> 7:29AM – 8:37AM          | <b>Ardra Until 6:27PM</b>             | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 7:29AM | <b>Muruqa:</b> Clear                               | <i>Sunset:</i> 4:31PM |
|                     |             | Yama 1:08PM – 2:15PM                   | Vaidhriti* Until 1:09AM Sun           | <b>Nataraja:</b> Green   |                        |  | Moon 12 - Phase 38    |
|                     |             | 833173366 <b>Rahu</b> 9:45AM – 10:52AM | Gara Until 2:29PM                     | Moon – Yellow  |                        |  | 4th Phase             |
| Creative Work       | Siddha Yoga |  | <b>Chaturdashi* Until 12:48AM Sun</b> | <b>Pausha*Thai</b>   |                        |  | <b>Devaloka Day</b>   |
|                     |             |  |                                       |  |                        |  |                       |

|                            |             |                                       |                               |   |                        |  |                       |
|----------------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|--|-----------------------|
| <b>○</b>                   |             | <b>Sunday, January 20, 2019</b>       |                               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau |                        | Spokane, WA<br>Sutra 280<br>Vilamba 5120 |                       |
| <b>Copper Retreat Star</b> |             | <b>Gulika</b> 2:16PM – 3:24PM         | <b>Punarvasu Until 3:50PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 7:28AM | <b>Muruqa:</b> Clear                     | <i>Sunset:</i> 4:32PM |
| Mithuna Rasi: 27.08        | Tithi 15    | Yama 12:00PM – 1:08PM                 | Vishkambha* Until 9:01PM      | <b>Nataraja:</b> Green  |                        |  | Moon 12 - Phase 38    |
|                            |             | 843173366 <b>Rahu</b> 3:24PM – 4:32PM | Visti Until 11:04AM           | Moon – Blue   |                        |  | Purnima               |
| Creative Work              | Siddha Yoga |                                       | <b>Purnima* Until 9:15PM</b>  | <b>Pausha*Thai</b>  |                        |  | <b>Sivaloka Day</b>   |
|                            |             |                                       |                               |   |                        |  |                       |
|                            |             | <b>Thai Pusam</b>                     |                               |   |                        |  |                       |

|                                 |               |                                       |                               |  |                        |  |                       |
|---------------------------------|---------------|---------------------------------------|-------------------------------|--|------------------------|--|-----------------------|
| <b>Monday, January 21, 2019</b> |               | <b>Silver Retreat Star</b>            |                               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Prathama/Dvityayam Titau |                        | Spokane, WA<br>Sutra 281<br>Vilamba 5120 |                       |
| Kataka Rasi: 12.16              | Tithi 16 – 17 | <b>Gulika</b> 1:09PM – 2:17PM         | <b>Pushya Until 12:55PM</b>   | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:28AM | <b>Muruqa:</b> Clear                     | <i>Sunset:</i> 4:34PM |
| <b>Family Home Evening</b>      |               | Yama 10:52AM – 12:01PM                | Priti Until 4:46PM            | <b>Nataraja:</b> Green   |                        |  | Moon 12 - Phase 38    |
|                                 |               | 843173366 <b>Rahu</b> 8:36AM – 9:44AM | Balava Until 7:26AM           | Moon – Blue  |                        |  | Prathama              |
| Creative Work                   | Siddha Yoga   |                                       | <b>Prathama* Until 5:34PM</b> | <b>Pausha*Thai</b>   |                        |  | <b>Sivaloka Day</b>   |
|                                 |               |                                       |                               |  |                        |  |                       |
|                                 |               | <b>Total Lunar Eclipse</b>            |                               |  |                        |  |                       |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 27.28    Tithi 17 – 18

844173366

Creative Work    Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilyayam Titau

**Gulika** 12:01PM – 1:09PM  
**Yama** 9:44AM – 10:52AM  
**Rahu** 2:18PM – 3:27PM

**Ashlesha\* Until 9:53AM**  
Ayushman Until 12:32PM  
Vanija Until 12:12AM Wed  
Dvitiya Until 1:56PM

**Ganesha:** Clear    *Sunrise: 7:27AM*  
**Muruqa:** Clear    *Sunset: 4:35PM*  
**Nataraja:** Green  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Spokane, WA  
Sun 1    Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

1

Wednesday, January 23, 2019

Simha Rasi: 12.32    Tithi 18 – 19

854173366

Creative Work    Siddha Yoga

Until 7:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Triliya/Chatrthyam Titau

**Gulika** 10:52AM – 12:01PM  
**Yama** 8:35AM – 9:43AM  
**Rahu** 12:01PM – 1:10PM

**Magha\* Until 7:16AM**  
Saubhagya Until 8:27AM  
Bava Until 8:54PM  
Tritiya Until 10:29AM

**Ganesha:** Purple    *Sunrise: 7:26AM*  
**Muruqa:** Clear    *Sunset: 4:37PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Spokane, WA  
Sun 2    Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

2

Thursday, January 24, 2019

Simha Rasi: 27.22    Tithi 19 – 20

954173366

Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:43AM – 10:52AM  
**Yama** 7:25AM – 8:34AM  
**Rahu** 1:11PM – 2:20PM

**Uttaraphalguni Until 2:45AM Fri**  
Athiganda\* Until 1:14AM Fri  
Kaulava Until 6:03PM  
Chaturthi\* Until 7:24AM

**Ganesha:** Clear    *Sunrise: 7:25AM*  
**Muruqa:** Clear    *Sunset: 4:38PM*  
**Nataraja:** Green  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Spokane, WA  
Sun 3    Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

3

Friday, January 25, 2019

Kanya Rasi: 11.5    Tithi 21

964173366

Creative Work    Amrita Yoga

Until 1:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 8:33AM – 9:43AM  
**Yama** 2:21PM – 3:30PM  
**Rahu** 10:52AM – 12:02PM

**Hasta Until 1:31AM Sat**  
Sukarma Until 10:18PM  
Gara Until 3:44PM  
Shashthi\* Until 2:48AM Sat

**Ganesha:** Purple    *Sunrise: 7:24AM*  
**Muruqa:** Clear    *Sunset: 4:40PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Spokane, WA  
Sun 4    Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

4

Saturday, January 26, 2019

Kanya Rasi: 25.55    Tithi 22

964173366

Routine Work    Marana Yoga

Until 12:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:23AM – 8:32AM  
**Yama** 1:12PM – 2:21PM  
**Rahu** 9:42AM – 10:52AM

**Chitra Until 12:51AM Sun**  
Dhriti Until 7:55PM  
Visti Until 2:04PM  
Saptami Until 1:30AM Sun

**Ganesha:** Purple    *Sunrise: 7:23AM*  
**Muruqa:** Clear    *Sunset: 4:41PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Spokane, WA  
Sun 5    Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

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Sunday, January 27, 2019

Retreat Star

Tula Rasi: 9.33    Tithi 23

964173366

Creative Work    Siddha Yoga

Until 12:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:22PM – 3:32PM  
**Yama** 12:02PM – 1:12PM  
**Rahu** 3:32PM – 4:43PM

**Svati Until 12:44AM Mon**  
Shula\* Until 6:06PM  
Balava Until 1:08PM  
Ashtami\* Until 12:56AM Mon

**Ganesha:** Purple    *Sunrise: 7:22AM*  
**Muruqa:** Clear    *Sunset: 4:43PM*  
**Nataraja:** Green  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Spokane, WA  
Sun 6    Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

Monday, January 28, 2019

Retreat Star

Tula Rasi: 22.46    Tithi 24

974173366

Family Home Evening

Routine Work    Marana Yoga

Until 1:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhhi Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:13PM – 2:23PM  
**Yama** 10:52AM – 12:02PM  
**Rahu** 8:31AM – 9:41AM

**Vishakha Until 1:40AM Tue**  
Ganda\* Until 4:52PM  
Taitila Until 12:58PM  
Navami\* Until 1:07AM Tue

**Ganesha:** Clear    *Sunrise: 7:20AM*  
**Muruqa:** Clear    *Sunset: 4:44PM*  
**Nataraja:** Green  
Moon – Orange  
**Pausha\*Thai**

**Devaloka Day**

Spokane, WA  
Sun 7    Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

|                      |             |                                  |                  |   |                        |                        |                   |   |
|----------------------|-------------|----------------------------------|------------------|---|------------------------|------------------------|-------------------|---|
| <b>1</b>             |             | <b>Tuesday, January 29, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau |                        |                        |                   | Spokane, WA<br>Sun 8<br>Sutra 289<br>Vilamba 5120 |
| Wrischika Rasi: 5.37 | Tithi 25    | <b>Gulika</b>                    | 12:02PM – 1:13PM | <b>Anuradha Until 3:06AM Wed</b>  | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:19AM |                   |   |
|                      |             | Yama                             | 9:41AM – 10:52AM | Vriddhi Until 4:12PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:46PM  | Moon 1 - Phase 40 |   |
|                      |             | 984173366 <b>Rahu</b>            | 2:24PM – 3:35PM  | Vanija Until 1:30PM   | <b>Nataraja:</b> Green |                        | 2nd Phase         |   |
| Creative Work        | Siddha Yoga |                                  |                  | <b>Dashami Until 2:00AM Wed</b>   | Moon – Orange          |                        |                   | <b>Devaloka Day</b>                               |
|                      |             |                                  |                  |   | <b>Pausha*Thai</b>     |                        |                   |   |

|                       |             |                                    |                   |   |                        |                        |                   |   |
|-----------------------|-------------|------------------------------------|-------------------|---|------------------------|------------------------|-------------------|---|
| <b>2</b>              |             | <b>Wednesday, January 30, 2019</b> |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ekadashyam Titau |                        |                        |                   | Spokane, WA<br>Sun 9<br>Sutra 290<br>Vilamba 5120 |
| Wrischika Rasi: 18.09 | Tithi 26    | <b>Gulika</b>                      | 10:52AM – 12:03PM | <b>Jyeshtha* Until 4:57AM Thu</b>   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 7:18AM |                   |   |
|                       |             | Yama                               | 8:29AM – 9:40AM   | Dhruva Until 4:00PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:47PM  | Moon 1 - Phase 40 |   |
|                       |             | 984173366 <b>Rahu</b>              | 12:03PM – 1:14PM  | Bava Until 2:42PM   | <b>Nataraja:</b> Green |                        | 2nd Phase         |   |
| Creative Work         | Siddha Yoga |                                    |                   | <b>Ekadashi* Until 3:30AM Thu</b>   | Moon – Orange          |                        |                   | <b>Devaloka Day</b>                               |
|                       |             |                                    |                   |   | <b>Pausha*Thai</b>     |                        |                   |   |

|  |             |                                   |                  |  |                        |                        |                   |  |
|--|-------------|-----------------------------------|------------------|--|------------------------|------------------------|-------------------|--|
| <b>3</b>                               |             | <b>Thursday, January 31, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        |                        |                   | Spokane, WA<br>Sun 10<br>Sutra 291<br>Vilamba 5120 |
| Dhanus Rasi: 0.26                      | Tithi 27    | <b>Gulika</b>                     | 9:40AM – 10:51AM | <b>Mula* Until 7:35AM Fri</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:17AM |                   |  |
|  |             | Yama                              | 7:17AM – 8:28AM  | Vyaghata* Until 4:13PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:49PM  | Moon 1 - Phase 40 |  |
|  |             | 984173366 <b>Rahu</b>             | 1:14PM – 2:26PM  | Kaulava Until 4:27PM   | <b>Nataraja:</b> Green |                        | 2nd Phase         |  |
| Creative Work                          | Siddha Yoga |                                   |                  | <b>Dvadashi* Until 5:28AM Fri</b>  | Moon – Light Blue      |                        |                   | <b>Bhuloka Day</b>                                 |
| Until 7:35AM Fri                       |             |                                   |                  |  | <b>Pausha*Thai</b>     |                        |                   | <b>Devaloka Time: 12:PM to 3:PM</b>                |
| Then Routine Work - Prabararishta Yoga |             |                                   |                  |  |                        |                        |                   |  |

|  |             |                                 |                   |  |                        |                        |                   |  |
|--|-------------|---------------------------------|-------------------|--|------------------------|------------------------|-------------------|--|
| <b>4</b>                               |             | <b>Friday, February 1, 2019</b> |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara Karana Trayodashyam Titau |                        |                        |                   | Spokane, WA<br>Sun 11<br>Sutra 292<br>Vilamba 5120 |
| Dhanus Rasi: 12.32                     | Tithi 28    | <b>Gulika</b>                   | 8:28AM – 9:40AM   | <b>Mula* Until 7:35AM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:17AM |                   |  |
|  |             | Yama                            | 2:26PM – 3:37PM   | Harshana Until 4:47PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:49PM  | Moon 1 - Phase 40 |  |
|  |             | 984173366 <b>Rahu</b>           | 10:51AM – 12:03PM | Gara Until 6:38PM  | <b>Nataraja:</b> Green |                        | 2nd Phase         |  |
| Creative Work                          | Amrita Yoga |                                 |                   | <b>Trayodashi* Until 7:49AM Sat</b>  | Moon – Light Blue      |                        |                   | <b>Bhuloka Day</b>                                 |
| Until 7:35AM                           |             |                                 |                   |  | <b>Pausha*Thai</b>     |                        |                   | <b>Devaloka Time: 12:PM to 3:PM</b>                |
| Then Routine Work - Prabararishta Yoga |             |                                 |                   | <i>Pradosha Vrata (Fasting)</i>  |                        |                        |                   |  |

|                                 |               |                                   |                  |  |                        |                        |                   |  |
|---------------------------------|---------------|-----------------------------------|------------------|--|------------------------|------------------------|-------------------|--|
| <b>5</b>                        |               | <b>Saturday, February 2, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |                        |                   | Spokane, WA<br>Sun 12<br>Sutra 293<br>Vilamba 5120 |
| Dhanus Rasi: 24.29              | Tithi 28 – 29 | <b>Gulika</b>                     | 7:16AM – 8:27AM  | <b>Purvashadha* Until 10:23AM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 7:16AM |                   |  |
|                                 |               | Yama                              | 1:15PM – 2:27PM  | Vajra* Until 5:32PM  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:50PM  | Moon 1 - Phase 40 |  |
|                                 |               | 984173366 <b>Rahu</b>             | 9:39AM – 10:51AM | Visti Until 9:06PM   | <b>Nataraja:</b> Green |                        | 2nd Phase         |  |
| Creative Work                   | Siddha Yoga   |                                   |                  | <b>Trayodashi* Until 7:49AM</b>  | Moon – Light Blue      |                        |                   | <b>Bhuloka Day</b>                                 |
| Until 10:23AM                   |               |                                   |                  |  | <b>Pausha*Thai</b>     |                        |                   | <b>Devaloka Time: 12:PM to 3:PM</b>                |
| Then Routine Work - Marana Yoga |               |                                   |                  |  |                        |                        |                   |  |

|                     |               |                                 |                  |   |                        |                        |                   |  |
|---------------------|---------------|---------------------------------|------------------|---|------------------------|------------------------|-------------------|--|
| <b>Retreat Star</b> |               | <b>Sunday, February 3, 2019</b> |                  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |                        |                   | Spokane, WA<br>Sun 13<br>Sutra 294<br>Vilamba 5120 |
| Makara Rasi: 6.2    | Tithi 29 – 30 | <b>Gulika</b>                   | 2:27PM – 3:40PM  | <b>Uttarashadha Until 1:15PM</b>  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 7:14AM |                   |  |
|                     |               | Yama                            | 12:03PM – 1:15PM | Siddhi Until 6:27PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:52PM  | Moon 1 - Phase 40 |  |
|                     |               | 985173367 <b>Rahu</b>           | 3:40PM – 4:52PM  | Catuspada Until 11:46PM   | <b>Nataraja:</b> White |                        | Amavasya          |  |
| Creative Work       | Amrita Yoga   |                                 |                  | <b>Chaturdashi* Until 10:24AM</b>   | Moon – Light Blue      |                        |                   | <b>Devaloka Day</b>                                |
|                     |               |                                 |                  |   | <b>Pausha*Thai</b>     |                        |                   |  |

|                                  |              |                                 |                   |   |                        |                        |                   |  |
|----------------------------------|--------------|---------------------------------|-------------------|---|------------------------|------------------------|-------------------|--|
| <b>Retreat Star</b>              |              | <b>Monday, February 4, 2019</b> |                   | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        |                        |                   | Spokane, WA<br>Sun 14<br>Sutra 295<br>Vilamba 5120 |
| Makara Rasi: 18.08               | Tithi 30 – 1 | <b>Gulika</b>                   | 1:16PM – 2:28PM   | <b>Shravana Until 4:32PM</b>  | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 7:13AM |                   |  |
| <b>Family Home Evening</b>       |              | Yama                            | 10:51AM – 12:03PM | Vyatipata* Until 7:27PM   | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 4:53PM  | Moon 1 - Phase 40 |  |
|                                  |              | 995173367 <b>Rahu</b>           | 8:26AM – 9:38AM   | Kintughna Until 2:29AM Tue  | <b>Nataraja:</b> White |                        | Prathama          |  |
| Creative Work                    | Amrita Yoga  |                                 |                   | <b>Amavasya* Until 1:06PM</b>   | Moon – Purple          |                        |                   | <b>Devaloka Day</b>                                |
| Until 4:32PM                     |              |                                 |                   |   | <b>Magha*Thai</b>      |                        |                   |  |
| Then Creative Work - Siddha Yoga |              |                                 |                   |   |                        |                        |                   |  |

|  |             |                                  |   |  |  |   |                                |  |
|--|-------------|----------------------------------|---|--|--|---|--------------------------------|--|
| <b>1</b>   |             | <b>Tuesday, February 5, 2019</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   |                                | Spokane, WA<br>Sun 15<br>Sutra 296<br>Vilamba 5120 |
| Makara Rasi: 29.56   | Tithi 1 – 2 | 995173367                        | <b>Gulika</b> 12:03PM – 1:16PM<br><b>Yama</b> 9:37AM – 10:50AM<br><b>Rahu</b> 2:29PM – 3:42PM | <b>Dhanishtha Until 7:39PM</b><br>Varyan Until 8:24PM<br>Balava Until 5:09AM Wed<br><b>Prathama* Until 3:48PM</b>  | <b>Ganesha: Red</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Purple | <b>Sunrise: 7:12AM</b><br><b>Sunset: 4:55PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Devaloka Day</b>                                |
| Creative Work Siddha Yoga<br>Until 7:39PM<br>Then Routine Work - Marana Yoga |             |                                  |   |  |  |   |                                |  |

|  |         |                                    |  |   |  |   |                                |  |
|--|---------|------------------------------------|--|---|--|---|--------------------------------|--|
| <b>2</b>   |         | <b>Wednesday, February 6, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak Nakshatra Parigha* Yoga Kaulava Karana Dvitiyayam Titau |  |   |                                | Spokane, WA<br>Sun 16<br>Sutra 297<br>Vilamba 5120 |
| Kumbha Rasi: 11.45   | Tithi 2 | 995173367                          | <b>Gulika</b> 10:50AM – 12:03PM<br><b>Yama</b> 8:24AM – 9:37AM<br><b>Rahu</b> 12:03PM – 1:17PM | <b>Shatabhishak Until 10:30PM</b><br>Parigha* Until 9:18PM<br>Kaulava Until 6:25PM<br><b>Dvitiya Until 6:25PM</b>   | <b>Ganesha: Red</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Purple | <b>Sunrise: 7:10AM</b><br><b>Sunset: 4:57PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Devaloka Day</b>                                |
| Creative Work Siddha Yoga<br>Until 10:30PM<br>Then Creative Work - Amrita Yoga |         |                                    |  |   |  |   |                                |  |

|                           |         |                                   |  |  |  |   |                                |  |
|---------------------------|---------|-----------------------------------|--|--|--|---|--------------------------------|--|
| <b>3</b>                  |         | <b>Thursday, February 7, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau |  |   |                                | Spokane, WA<br>Sun 17<br>Sutra 298<br>Vilamba 5120 |
| Kumbha Rasi: 23.37        | Tithi 3 | 915173367                         | <b>Gulika</b> 9:36AM – 10:50AM<br><b>Yama</b> 7:09AM – 8:22AM<br><b>Rahu</b> 1:17PM – 2:31PM | <b>Purvaproshtpada* Until 1:29AM Fri</b><br>Shiva Until 10:03PM<br>Taitila Until 7:40AM<br><b>Tritiya Until 8:50PM</b>   | <b>Ganesha: Blue</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Clear | <b>Sunrise: 7:09AM</b><br><b>Sunset: 4:58PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Sivaloka Day</b>                                |
| Creative Work Siddha Yoga |         |                                   |  |  |  |   |                                |  |

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| <b>4</b>  |         | <b>Friday, February 8, 2019</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau |  |   |                                | Spokane, WA<br>Sun 18<br>Sutra 299<br>Vilamba 5120 |
| Meena Rasi: 5.35  | Tithi 4 | 915173367                       | <b>Gulika</b> 8:21AM – 9:35AM<br><b>Yama</b> 2:32PM – 3:46PM<br><b>Rahu</b> 10:49AM – 12:04PM | <b>Uttaraproshtpada Until 4:01AM Sat</b><br>Siddha Until 10:33PM<br>Vanija Until 9:57AM<br><b>Chaturthi* Until 10:57PM</b>   | <b>Ganesha: Blue</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Clear | <b>Sunrise: 7:07AM</b><br><b>Sunset: 5:00PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Sivaloka Day</b>                                |
| Creative Work Siddha Yoga<br>Until 4:01AM Sat<br>Then Routine Work - Prabalarishta Yoga |         |                                 |   |  |  |   |                                |  |

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|---|---------|-----------------------------------|--|---|---|---|--------------------------------|--|
| <b>5</b>  |         | <b>Saturday, February 9, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau |   |   |                                | Spokane, WA<br>Sun 19<br>Sutra 300<br>Vilamba 5120 |
| Meena Rasi: 17.4  | Tithi 5 | 915273367                         | <b>Gulika</b> 7:06AM – 8:20AM<br><b>Yama</b> 1:18PM – 2:32PM<br><b>Rahu</b> 9:35AM – 10:49AM | <b>Revati Until 5:59AM Sun</b><br>Sadhya Until 10:47PM<br>Bava Until 11:54AM<br><b>Panchami Until 12:41AM Sun</b>   | <b>Ganesha: Red</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Clear | <b>Sunrise: 7:06AM</b><br><b>Sunset: 5:01PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Devaloka Day</b>                                |
| Routine Work Prabalarishta Yoga<br>Until 5:59AM Sun<br>Then Creative Work - Siddha Yoga |         |                                   |  |   |   |   |                                |  |

|                           |         |                                  |  |   |   |   |                                |  |
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| <b>6</b>                  |         | <b>Sunday, February 10, 2019</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau |   |   |                                | Spokane, WA<br>Sun 20<br>Sutra 301<br>Vilamba 5120 |
| Meena Rasi: 29.55         | Tithi 6 | 915273367                        | <b>Gulika</b> 2:33PM – 3:48PM<br><b>Yama</b> 12:04PM – 1:18PM<br><b>Rahu</b> 3:48PM – 5:03PM | <b>Ashvini Until 7:45AM Mon</b><br>Subha Until 10:38PM<br>Kaulava Until 1:23PM<br><b>Shashthi* Until 1:54AM Mon</b>   | <b>Ganesha: Red</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – Clear | <b>Sunrise: 7:04AM</b><br><b>Sunset: 5:03PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Devaloka Day</b>                                |
| Creative Work Siddha Yoga |         |                                  |  |   |   |   |                                |  |

|  |         |                     |   |   |  |   |                                |  |
|--|---------|---------------------|---|---|--|---|--------------------------------|--|
| <b>Monday, February 11, 2019</b>                 |         | <b>Retreat Star</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau |  |   |                                | Spokane, WA<br>Sun 21<br>Sutra 302<br>Vilamba 5120 |
| Mesha Rasi: 12.24                                | Tithi 7 | 925273367           | <b>Gulika</b> 1:19PM – 2:34PM<br><b>Yama</b> 10:48AM – 12:04PM<br><b>Rahu</b> 8:18AM – 9:33AM | <b>Ashvini Until 7:45AM</b><br>Sukla Until 10:00PM<br>Gara Until 2:18PM<br><b>Saptami Until 2:29AM Tue</b>  | <b>Ganesha: Blue</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – White | <b>Sunrise: 7:03AM</b><br><b>Sunset: 5:04PM</b> | Moon 1 - Phase 41<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 12:PM to 3:PM |
| Family Home Evening<br>Creative Work Siddha Yoga |         |                     |   |   |  |   |                                |  |

|                                   |         |                     |   |  |  |   |                              |  |
|-----------------------------------|---------|---------------------|---|--|--|---|------------------------------|--|
| <b>Tuesday, February 12, 2019</b> |         | <b>Retreat Star</b> |   | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau |  |   |                              | Spokane, WA<br>Sun 22<br>Sutra 303<br>Vilamba 5120 |
| Mesha Rasi: 25.1                  | Tithi 8 | 926273367           | <b>Gulika</b> 12:04PM – 1:19PM<br><b>Yama</b> 9:33AM – 10:48AM<br><b>Rahu</b> 2:35PM – 3:50PM | <b>Bharani Until 8:44AM</b><br>Brahma Until 8:51PM<br>Visti Until 2:32PM<br><b>Ashtami* Until 2:22AM Wed</b>   | <b>Ganesha: Yellow</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – White | <b>Sunrise: 7:01AM</b><br><b>Sunset: 5:08PM</b> | Moon 1 - Phase 41<br>Ashtami | <b>Devaloka Day</b>                                |
| Creative Work Siddha Yoga         |         |                     |   |  |  |   |                              |  |

|   |         |                     |  |  |  |   |                             |  |
|---|---------|---------------------|--|--|--|---|-----------------------------|--|
| <b>Wednesday, February 13, 2019</b>   |         | <b>Retreat Star</b> |  | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau |  |   |                             | Spokane, WA<br>Sun 23<br>Sutra 304<br>Vilamba 5120 |
| Vrishabha Rasi: 8.19  | Tithi 9 | 926273367           | <b>Gulika</b> 10:48AM – 12:04PM<br><b>Yama</b> 8:16AM – 9:32AM<br><b>Rahu</b> 12:04PM – 1:20PM | <b>Krittika Until 8:52AM</b><br>Indra Until 7:07PM<br>Balava Until 2:02PM<br><b>Navami* Until 1:28AM Thu</b>   | <b>Ganesha: Yellow</b><br><b>Muruqa: Clear</b><br><b>Nataraja: White</b><br>Moon – White | <b>Sunrise: 7:00AM</b><br><b>Sunset: 5:08PM</b> | Moon 1 - Phase 41<br>Navami | <b>Devaloka Day</b>                                |
| Creative Work Amrita Yoga<br>Until 8:52AM<br>Then Creative Work - Siddha Yoga |         |                     |  |  |  |   |                             |  |

|   |                                    |          |   |  |  |  |   |
|---|------------------------------------|----------|---|--|--|--|---|
| 1 | <b>Thursday, February 14, 2019</b> |          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau |  |  |  | Spokane, WA<br>Sun 24<br>Sutra 305<br>Vilamba 5120    |
|   | Vrishabha Rasi: 21.51              | Tithi 10 | 936273367   | <b>Gulika</b> 9:31AM – 10:47AM<br><b>Yama</b> 6:58AM – 8:15AM<br><b>Rahu</b> 1:20PM – 2:36PM | <b>Rohini Until 8:33AM</b><br>Vaidhriti* Until 4:45PM<br>Taitila Until 12:45PM<br><b>Dashami Until 11:49PM</b> | <b>Ganesha:</b> White <i>Sunrise: 6:58AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:09PM</i><br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b> |
|   | Routine Work Marana Yoga           |          |   |  |  |  |   |
|   |                                    |          |   |  |  |  |   |

|   |                                  |          |  |   |  |  |   |
|---|----------------------------------|----------|--|---|--|--|---|
| 2 | <b>Friday, February 15, 2019</b> |          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau |   |  |  | Spokane, WA<br>Sun 25<br>Sutra 306<br>Vilamba 5120    |
|   | Mithuna Rasi: 5.51               | Tithi 11 | 936273367  | <b>Gulika</b> 8:13AM – 9:30AM<br><b>Yama</b> 2:37PM – 3:54PM<br><b>Rahu</b> 10:47AM – 12:04PM | <b>Mrigashira Until 7:22AM</b><br>Vishkambha* Until 1:51PM<br>Vanija Until 10:45AM<br><b>Ekadashi Until 9:30PM</b> | <b>Ganesha:</b> White <i>Sunrise: 6:57AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:11PM</i><br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>4th Phase<br><b>Sivaloka Day</b> |
|   | Creative Work Siddha Yoga        |          |  |   |  |  |   |
|   |                                  |          |  |   |  |  |   |

|   |                                    |          |  |  |   |  |   |
|---|------------------------------------|----------|--|--|---|--|---|
| 3 | <b>Saturday, February 16, 2019</b> |          | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau |  |   |  | Spokane, WA<br>Sun 26<br>Sutra 307<br>Vilamba 5120    |
|   | Mithuna Rasi: 20.17                | Tithi 12 | 946273367  | <b>Gulika</b> 6:55AM – 8:12AM<br><b>Yama</b> 1:21PM – 2:38PM<br><b>Rahu</b> 9:29AM – 10:46AM | <b>Punarvasu Until 3:09AM Sun</b><br>Priti Until 10:26AM<br>Bava Until 8:07AM<br><b>Dvadashi Until 6:35PM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:55AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:12PM</i><br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>4th Phase<br><b>Devaloka Day</b> |
|   | Creative Work Siddha Yoga          |          |  |  |   |  |   |
|   |                                    |          |  |  |   |  |   |

|   |                                  |               |  |  |   |  |   |
|---|----------------------------------|---------------|--|--|---|--|---|
| 4 | <b>Sunday, February 17, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |  |   |  | Spokane, WA<br>Sun 27<br>Sutra 308<br>Vilamba 5120    |
|   | Kataka Rasi: 5.05                | Tithi 13 – 14 | 946273367  | <b>Gulika</b> 2:39PM – 3:56PM<br><b>Yama</b> 12:04PM – 1:21PM<br><b>Rahu</b> 3:56PM – 5:14PM | <b>Pushya Until 12:24AM Mon</b><br>Ayushman Until 6:36AM<br>Gara Until 1:27AM Mon<br><b>Trayodashi Until 3:14PM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:53AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:14PM</i><br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>4th Phase<br><b>Devaloka Day</b> |
|   | Creative Work Siddha Yoga        |               |  |  |   |  |   |
|   | <i>Pradosha Vrata</i>            |               |  |  |   |  |   |

|   |                                  |               |  |   |   |  |   |
|---|----------------------------------|---------------|--|---|---|--|---|
| ○ | <b>Monday, February 18, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |   |   |  | Spokane, WA<br>Sutra 309<br>Vilamba 5120            |
|   | <b>Copper Retreat Star</b>       |               | 946273367  | <b>Gulika</b> 1:21PM – 2:39PM<br><b>Yama</b> 10:45AM – 12:03PM<br><b>Rahu</b> 8:10AM – 9:28AM | <b>Ashlesha* Until 9:18PM</b><br>Sobhana Until 10:12PM<br>Visti Until 9:43PM<br><b>Chaturdashi* Until 11:35AM</b> | <b>Ganesha:</b> Clear <i>Sunrise: 6:52AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:15PM</i><br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>Purnima<br><b>Devaloka Day</b> |
|   | Kataka Rasi: 20.11               | Tithi 14 – 15 | Creative Work Siddha Yoga  |   | Chidambaram Abhishekam  |  |   |
|   | Family Home Evening              |               |  |   |   |  |   |

|   |                                   |               |   |   |   |  |  |
|---|-----------------------------------|---------------|---|---|---|--|--|
| ○ | <b>Tuesday, February 19, 2019</b> |               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |   |   |  | Spokane, WA<br>Sutra 310<br>Vilamba 5120             |
|   | <b>Silver Retreat Star</b>        |               | 956273367   | <b>Gulika</b> 12:03PM – 1:22PM<br><b>Yama</b> 9:27AM – 10:45AM<br><b>Rahu</b> 2:40PM – 3:58PM | <b>Magha* Until 6:24PM</b><br>Athiganda* Until 5:52PM<br>Kaulava Until 4:03AM Wed<br><b>Purnima* Until 7:48AM</b> | <b>Ganesha:</b> Purple <i>Sunrise: 6:50AM</i><br><b>Muruqa:</b> Clear <i>Sunset: 5:17PM</i><br><b>Nataraja:</b> White<br>Moon – Red<br><b>Magha-Masi</b> | Moon 1 - Phase 42<br>Prathama<br><b>Sivaloka Day</b> |
|   | Simha Rasi: 5.26                  | Tithi 15 – 16 | Creative Work Siddha Yoga   |   |   |  |  |
|   |                                   |               |   |   |   |  |  |





Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Dviliyayam Titau

Spokane, WA

Sutra 311

Simha Rasi: 20.4 Tithi 17

957273367

**Gulika** 10:45AM – 12:03PM  
Yama 8:07AM – 9:26AM  
**Rahu** 12:03PM – 1:22PM

**Purvaphalguni Until 3:30PM**  
Sukarma Until 1:38PM  
Tailila Until 2:15PM  
**Dvitiya Until 12:30AM Thu**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Sunrise:** 6:48AM  
**Sunset:** 5:18PM

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Spokane, WA

Sun 1 Sutra 312

Kanya Rasi: 5.43 Tithi 18

957273367

**Gulika** 9:25AM – 10:44AM  
Yama 6:46AM – 8:06AM  
**Rahu** 1:22PM – 2:42PM

**Uttaraphalguni Until 12:46PM**  
Dhriti Until 9:40AM  
Vanija Until 10:53AM  
**Tritiya Until 9:20PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Red  
**Magha-Masi**

**Sunrise:** 6:46AM  
**Sunset:** 5:20PM

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Until 12:46PM  
Then Routine Work - Marana Yoga

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Spokane, WA

Sun 2 Sutra 313

Kanya Rasi: 20.26 Tithi 19

967273367

**Gulika** 8:04AM – 9:24AM  
Yama 2:42PM – 4:02PM  
**Rahu** 10:43AM – 12:03PM

**Hasta Until 10:47AM**  
Shula\* Until 6:01AM  
Bava Until 7:57AM  
**Chaturthi\* Until 6:41PM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Sunrise:** 6:45AM  
**Sunset:** 5:21PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga  
Until 10:47AM  
Then Creative Work - Siddha Yoga

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Spokane, WA

Sun 3 Sutra 314

Tula Rasi: 4.44 Tithi 20 – 21

967273367

**Gulika** 6:43AM – 8:03AM  
Yama 1:23PM – 2:43PM  
**Rahu** 9:23AM – 10:43AM

**Chitra Until 9:16AM**  
Vriddhi Until 12:20AM Sun  
Gara Until 4:03AM Sun  
**Panchami Until 4:43PM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Sunrise:** 6:43AM  
**Sunset:** 5:23PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga  
Until 9:16AM  
Then Creative Work - Siddha Yoga

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Spokane, WA

Sun 4 Sutra 315

Tula Rasi: 18.34 Tithi 21 – 22

967273367

**Gulika** 2:44PM – 4:04PM  
Yama 12:03PM – 1:23PM  
**Rahu** 4:04PM – 5:24PM

**Svati Until 8:21AM**  
Dhruva Until 10:25PM  
Visti Until 3:18AM Mon  
**Shashthi\* Until 3:33PM**

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Green  
**Magha-Masi**

**Sunrise:** 6:41AM  
**Sunset:** 5:24PM

Moon 2 - Phase 43  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga  
Until 8:21AM  
Then Routine Work - Marana Yoga

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Spokane, WA

Sun 5 Sutra 316

Vrischika Rasi: 1.55 Tithi 22 – 23

977273367

**Gulika** 1:24PM – 2:44PM  
Yama 10:42AM – 12:03PM  
**Rahu** 8:00AM – 9:21AM

**Vishakha Until 8:34AM**  
Vyaghata\* Until 9:11PM  
Balava Until 3:26AM Tue  
**Saptami Until 3:14PM**

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Sunrise:** 6:39AM  
**Sunset:** 5:26PM

Moon 2 - Phase 43  
1st Phase

**Devaloka Day**

Routine Work Marana Yoga  
Until 8:34AM  
Then Creative Work - Siddha Yoga

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Spokane, WA

Sun 6 Sutra 317

Vrischika Rasi: 14.49 Tithi 23 – 24

978273367

**Gulika** 12:03PM – 1:24PM  
Yama 9:20AM – 10:41AM  
**Rahu** 2:45PM – 4:06PM

**Anuradha Until 9:29AM**  
Harshana Until 8:39PM  
Tailila Until 4:23AM Wed  
**Ashtami\* Until 3:47PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Sunrise:** 6:38AM  
**Sunset:** 5:28PM

Moon 2 - Phase 43  
Ashtami

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 9:29AM  
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Spokane, WA

Sun 7 Sutra 318

Vrischika Rasi: 27.2 Tithi 24 – 25

978273367

**Gulika** 10:41AM – 12:02PM  
Yama 7:57AM – 9:19AM  
**Rahu** 12:02PM – 1:24PM

**Jyeshtha\* Until 11:01AM**  
Vajra\* Until 8:39PM  
Vanija Until 6:05AM Thu  
**Navami\* Until 5:08PM**

**Ganesha:** Blue  
**Muruqa:** Clear  
**Nataraja:** White  
Moon – Orange  
**Magha-Masi**

**Sunrise:** 6:36AM  
**Sunset:** 5:29PM

Moon 2 - Phase 43  
Navami

**Sivaloka Day**

Creative Work Siddha Yoga  
Until 11:01AM  
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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|---|--|---|--|--|--|---|--|---|--|
| <b>1</b><br><b>Thursday, February 28, 2019</b><br>Dhanus Rasi: 9.32      Tithi 25<br>Creative Work    Siddha Yoga   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula*Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau<br><b>Gulika</b> 9:18AM – 10:40AM<br><b>Yama</b> 6:34AM – 7:56AM<br><b>Rahu</b> 1:24PM – 2:46PM   |  | <b>Mula* Until 1:33PM</b><br><b>Siddhi Until 9:09PM</b><br><b>Vanija Until 6:05AM</b><br><b>Dashami Until 7:07PM</b>   |  | <b>Ganesha: Red</b> <i>Sunrise: 6:34AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:31PM</i><br><b>Nataraja: White</b><br>Moon – Light Blue<br><b>Magha-Masi</b>  |  | Spokane, WA<br>Sun 8      Sutra 319<br>Vilamba 5120<br>Moon 2 - Phase 44<br>2nd Phase<br><b>Devaloka Day</b>  |  |
| <b>2</b><br><b>Friday, March 1, 2019</b><br>Dhanus Rasi: 21.31      Tithi 26<br>Routine Work    Prabalarishta Yoga<br>Until 4:22PM<br>Then Routine Work - Marana Yoga                             |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau<br><b>Gulika</b> 7:53AM – 9:16AM<br><b>Yama</b> 2:48PM – 4:11PM<br><b>Rahu</b> 10:39AM – 12:02PM  |  | <b>Purvashadha* Until 4:22PM</b><br><b>Vyatipata* Until 9:59PM</b><br><b>Bava Until 8:19AM</b><br><b>Ekadashi* Until 9:34PM</b>  |  | <b>Ganesha: Red</b> <i>Sunrise: 6:30AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:34PM</i><br><b>Nataraja: White</b><br>Moon – Light Blue<br><b>Magha-Masi</b>  |  | Spokane, WA<br>Sun 9      Sutra 320<br>Vilamba 5120<br>Moon 2 - Phase 44<br>2nd Phase<br><b>Devaloka Day</b>  |  |
| <b>3</b><br><b>Saturday, March 2, 2019</b><br>Makara Rasi: 3.22      Tithi 27<br>Routine Work    Marana Yoga<br>Until 7:19PM<br>Then Creative Work - Siddha Yoga                                  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau<br><b>Gulika</b> 6:28AM – 7:52AM<br><b>Yama</b> 1:25PM – 2:48PM<br><b>Rahu</b> 9:15AM – 10:38AM   |  | <b>Uttarashadha Until 7:19PM</b><br><b>Variyan Until 10:58PM</b><br><b>Kaulava Until 10:55AM</b><br><b>Dvadashi* Until 12:15AM Sun</b>                                   |  | <b>Ganesha: Red</b> <i>Sunrise: 6:28AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:35PM</i><br><b>Nataraja: White</b><br>Moon – Light Blue<br><b>Magha-Masi</b>  |  | Spokane, WA<br>Sun 10      Sutra 321<br>Vilamba 5120<br>Moon 2 - Phase 44<br>2nd Phase<br><b>Devaloka Day</b> |  |
| <b>4</b><br><b>Sunday, March 3, 2019</b><br>Makara Rasi: 15.09      Tithi 28<br>Creative Work    Amrita Yoga<br>Until 10:40PM<br>Then Routine Work - Marana Yoga                                  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau<br><b>Gulika</b> 2:49PM – 4:13PM<br><b>Yama</b> 12:01PM – 1:25PM<br><b>Rahu</b> 4:13PM – 5:37PM  |  | <b>Shravana Until 10:40PM</b><br><b>Parigha* Until 12:02AM Mon</b><br><b>Gara Until 1:39PM</b><br><b>Trayodashi* Until 3:00AM Mon</b><br><i>Pradosha Vrata (Fasting)</i> |  | <b>Ganesha: Yellow</b> <i>Sunrise: 6:26AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:37PM</i><br><b>Nataraja: White</b><br>Moon – Purple<br><b>Magha-Masi</b>   |  | Spokane, WA<br>Sun 11      Sutra 322<br>Vilamba 5120<br>Moon 2 - Phase 44<br>2nd Phase<br><b>Devaloka Day</b> |  |
| <b>5</b><br><b>Monday, March 4, 2019</b><br>Makara Rasi: 26.55      Tithi 29<br><b>Family Home Evening</b><br>Creative Work    Siddha Yoga<br>Until 1:47AM Tue<br>Then Routine Work - Marana Yoga |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau<br><b>Gulika</b> 1:25PM – 2:50PM<br><b>Yama</b> 10:37AM – 12:01PM<br><b>Rahu</b> 7:49AM – 9:13AM<br><b>Mahasivaratri (Lunar)</b><br><b>Mahasivaratri (Solar)</b> |  | <b>Dhanishtha Until 1:47AM Tue</b><br><b>Shiva Until 1:03AM Tue</b><br><b>Visti Until 4:22PM</b><br><b>Chaturdashi* Until 5:39AM Tue</b>                                 |  | <b>Ganesha: Yellow</b> <i>Sunrise: 6:24AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:38PM</i><br><b>Nataraja: White</b><br>Moon – Purple<br><b>Magha-Masi</b>   |  | Spokane, WA<br>Sun 12      Sutra 323<br>Vilamba 5120<br>Moon 2 - Phase 44<br>2nd Phase<br><b>Devaloka Day</b> |  |
| <b>Retreat Star</b><br>Kumbha Rasi: 8.44      Tithi 30<br>Routine Work    Marana Yoga<br>Until 4:33AM Wed<br>Then Creative Work - Amrita Yoga   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Siddha Yoga Catuspada* Karana Amavasyam Titau<br><b>Gulika</b> 12:01PM – 1:26PM<br><b>Yama</b> 9:12AM – 10:36AM<br><b>Rahu</b> 2:50PM – 4:15PM   |  | <b>Shatabhishak Until 4:33AM Wed</b><br><b>Siddha Until 1:53AM Wed</b><br><b>Catuspada Until 6:56PM</b><br><b>Amavasya* Until 8:06AM Wed</b>                             |  | <b>Ganesha: Clear</b> <i>Sunrise: 6:22AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:39PM</i><br><b>Nataraja: White</b><br>Moon – Purple<br><b>Magha-Masi</b>    |  | Spokane, WA<br>Sun 13      Sutra 324<br>Vilamba 5120<br>Moon 2 - Phase 44<br>Amavasya<br><b>Devaloka Day</b>  |  |
| <b>Retreat Star</b><br>Kumbha Rasi: 20.37      Tithi 30 – 1<br>Creative Work    Amrita Yoga<br>Until 7:24AM Thu<br>Then Creative Work - Siddha Yoga   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau<br><b>Gulika</b> 10:36AM – 12:01PM<br><b>Yama</b> 7:46AM – 9:11AM<br><b>Rahu</b> 12:01PM – 1:26PM  |  | <b>Purvaproshtapada* Until 7:24AM Thu</b><br><b>Sadhya Until 2:32AM Thu</b><br><b>Kintughna Until 9:14PM</b><br><b>Amavasya* Until 8:06AM</b>                            |  | <b>Ganesha: Yellow</b> <i>Sunrise: 6:21AM</i><br><b>Muruqa: Clear</b> <i>Sunset: 5:41PM</i><br><b>Nataraja: White</b><br>Moon – Clear<br><b>Phalguna-Masi</b> |  | Spokane, WA<br>Sun 14      Sutra 325<br>Vilamba 5120<br>Moon 2 - Phase 44<br>Prathama<br><b>Devaloka Day</b>  |  |

|  |                    |                                  |  |   |   |   |   |                           |
|--|--------------------|----------------------------------|--|---|---|---|---|---------------------------|
| <b>1</b>                               |                    | <b>Thursday, March 7, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |   |   | Spokane, WA               |
| Meena Rasi: 2.37                       | Tithi 1 – 2        | 119373367                        | <b>Gulika</b> 9:10AM – 10:35AM<br><b>Yama</b> 6:19AM – 7:44AM<br><b>Rahu</b> 1:26PM – 2:51PM   | <b>Purvaprosarthapada* Until 7:24AM</b><br>Subha Until 2:58AM Fri<br>Balava Until 11:13PM<br><b>Prathama* Until 10:15AM</b>   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:19AM<br><b>Sunset:</b> 5:42PM | Sun 15<br>Sutra 326<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| <b>2</b>                               |                    | <b>Friday, March 8, 2019</b>     |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau         |   |   |   | Spokane, WA               |
| Meena Rasi: 14.44                      | Tithi 2 – 3        | 119373367                        | <b>Gulika</b> 7:43AM – 9:08AM<br><b>Yama</b> 2:52PM – 4:18PM<br><b>Rahu</b> 10:34AM – 12:00PM  | <b>Uttaraprosarthapada Until 9:46AM</b><br>Sukla Until 3:07AM Sat<br>Taitila Until 12:53AM Sat<br><b>Dvitiya Until 12:04PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:17AM<br><b>Sunset:</b> 5:44PM | Sun 16<br>Sutra 327<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| <b>3</b>                               |                    | <b>Saturday, March 9, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau                        |   |   |   | Spokane, WA               |
| Meena Rasi: 27.01                      | Tithi 3 – 4        | 119373367                        | <b>Gulika</b> 6:15AM – 7:41AM<br><b>Yama</b> 1:26PM – 2:53PM<br><b>Rahu</b> 9:07AM – 10:34AM   | <b>Revati Until 11:38AM</b><br>Brahma Until 2:59AM Sun<br>Vanija Until 2:09AM Sun<br><b>Tritiya Until 1:33PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Clear  | <b>Sunrise:</b> 6:15AM<br><b>Sunset:</b> 5:45PM | Sun 17<br>Sutra 328<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Routine Work                           | Prabalarishta Yoga |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| Until 11:38AM                          |                    |                                  |  |   |   |   |   |                           |
| Then Creative Work - Siddha Yoga       |                    |                                  | <b>Subramuniyaswami Siva Vision Day</b>  |   |   |   |   |                           |
| <b>4</b>                               |                    | <b>Sunday, March 10, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chatrthi/Panchamyam Titau                       |   |   |   | Spokane, WA               |
| Mesha Rasi: 9.26                       | Tithi 4 – 5        | 129373367                        | <b>Gulika</b> 2:53PM – 4:20PM<br><b>Yama</b> 12:00PM – 1:27PM<br><b>Rahu</b> 4:20PM – 5:47PM   | <b>Ashvini Until 1:27PM</b><br>Indra Until 2:34AM Mon<br>Bava Until 3:01AM Mon<br><b>Chatrthi* Until 2:38PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:13AM<br><b>Sunset:</b> 5:47PM | Sun 18<br>Sutra 329<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| Until 1:27PM                           |                    |                                  |  |   |   |   |   |                           |
| Then Routine Work - Prabalarishta Yoga |                    |                                  |  |   |   |   |   |                           |
| <b>5</b>                               |                    | <b>Monday, March 11, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau               |   |   |   | Spokane, WA               |
| Mesha Rasi: 22.02                      | Tithi 5 – 6        | 129373367                        | <b>Gulika</b> 1:27PM – 2:54PM<br><b>Yama</b> 10:32AM – 12:00PM<br><b>Rahu</b> 7:38AM – 9:05AM  | <b>Bharani Until 2:41PM</b><br>Vaidhriti* Until 1:45AM Tue<br>Kaulava Until 3:25AM Tue<br><b>Panchami Until 3:16PM</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:11AM<br><b>Sunset:</b> 5:48PM | Sun 19<br>Sutra 330<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Family Home Evening                    |                    |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| Creative Work                          | Siddha Yoga        |                                  |  |   |   |   |   |                           |
| Until 2:41PM                           |                    |                                  |  |   |   |   |   |                           |
| Then Routine Work - Marana Yoga        |                    |                                  |  |   |   |   |   |                           |
| <b>6</b>                               |                    | <b>Tuesday, March 12, 2019</b>   |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau               |   |   |   | Spokane, WA               |
| Vrishabha Rasi: 4.52                   | Tithi 6 – 7        | 129373367                        | <b>Gulika</b> 11:59AM – 1:27PM<br><b>Yama</b> 9:04AM – 10:32AM<br><b>Rahu</b> 2:54PM – 4:22PM  | <b>Krittika Until 3:17PM</b><br>Vishkambha* Until 12:33AM Wed<br>Gara Until 3:17AM Wed<br><b>Shashthi* Until 3:24PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – White     | <b>Sunrise:</b> 6:09AM<br><b>Sunset:</b> 5:50PM | Sun 20<br>Sutra 331<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Devaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| Until 3:17PM                           |                    |                                  |  |   |   |   |   |                           |
| Then Creative Work - Amrita Yoga       |                    |                                  |  |   |   |   |   |                           |
| <b>Retreat Star</b>                    |                    | <b>Wednesday, March 13, 2019</b> |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                     |   |   |   | Spokane, WA               |
| Vrishabha Rasi: 17.58                  | Tithi 7 – 8        | 131373367                        | <b>Gulika</b> 10:31AM – 11:59AM<br><b>Yama</b> 7:35AM – 9:03AM<br><b>Rahu</b> 11:59AM – 1:27PM | <b>Rohini Until 3:39PM</b><br>Priti Until 10:54PM<br>Visti Until 2:33AM Thu<br><b>Saptami Until 2:59PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow | <b>Sunrise:</b> 6:07AM<br><b>Sunset:</b> 5:51PM | Sun 21<br>Sutra 332<br>Vilamba 5120<br>Moon 2 - Phase 45<br>3rd Phase | <b>Sivaloka Day</b>       |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Masi</b>  |   |   |                           |
| <b>Retreat Star</b>                    |                    | <b>Thursday, March 14, 2019</b>  |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau                        |   |   |   | Spokane, WA               |
| Mithuna Rasi: 1.23                     | Tithi 8 – 9        | 131373367                        | <b>Gulika</b> 9:02AM – 10:30AM<br><b>Yama</b> 6:05AM – 7:33AM<br><b>Rahu</b> 1:27PM – 2:56PM   | <b>Mrigashira Until 3:15PM</b><br>Ayushman Until 8:44PM<br>Balava Until 1:12AM Fri<br><b>Ashtami* Until 1:56PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> White<br>Moon – Yellow | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:53PM | Sun 22<br>Sutra 333<br>Vilamba 5120<br>Moon 2 - Phase 45<br>Ashtami   | <b>Sivaloka Day</b>       |
| Routine Work                           | Marana Yoga        |                                  |  |   | <b>Phalguna-Panguni</b>   |   |   |                           |
|  |                    |                                  | <b>Karadaiyan Nombu (Tamil Nadu)</b>   |   |   |   |   |                           |
| <b>Retreat Star</b>                    |                    | <b>Friday, March 15, 2019</b>    |  | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                   |   |   |   | Spokane, WA               |
| Mithuna Rasi: 15.1                     | Tithi 9 – 10       | 131373368                        | <b>Gulika</b> 7:32AM – 9:01AM<br><b>Yama</b> 2:56PM – 4:25PM<br><b>Rahu</b> 10:30AM – 11:58AM  | <b>Ardra Until 2:07PM</b><br>Saubhagya Until 6:05PM<br>Taitila Until 11:14PM<br><b>Navami* Until 12:17PM</b>  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 5:54PM | Sun 23<br>Sutra 334<br>Vilamba 5120<br>Moon 2 - Phase 45<br>Navami    | <b>Subha Sivaloka Day</b> |
| Creative Work                          | Siddha Yoga        |                                  |  |   | <b>Phalguna-Panguni</b>   |   |   |                           |

The birth of the world, its maintenance, its destruction, and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time


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|                     |               |  |                                |  |                        |  |
|---------------------|---------------|--|--------------------------------|--|------------------------|--|
| <b>1</b>            |               | <b>Saturday, March 16, 2019</b>        |                                | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Spokane, WA<br>Sun 24<br>Sutra 335<br>Vilamba 5120 |
| Mithuna Rasi: 29.19 | Tithi 10 - 11 | <b>Gulika</b> 6:01AM - 7:30AM          | <b>Punarvasu</b> Until 12:41PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:01AM |  |
|                     |               | Yama 1:27PM - 2:57PM                   | Sobhana Until 3:00PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:55PM  | Moon 2 - Phase 46                                  |
|                     |               | 141373368 <b>Rahu</b> 8:59AM - 10:29AM | Vanija Until 8:44PM            | <b>Nataraja:</b> Clear   |                        | 4th Phase  |
| Creative Work       | Siddha Yoga   |  | <b>Dashami</b> Until 10:02AM   | Moon - Blue  |                        | <b>Sivaloka Day</b>                                |
|                     |               |  |                                | <b>Phalguna-Panguni</b>  |                        |  |

|                   |               |                                       |                              |   |                        |  |
|-------------------|---------------|---------------------------------------|------------------------------|---|------------------------|--|
| <b>2</b>          |               | <b>Sunday, March 17, 2019</b>         |                              | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau |                        | Spokane, WA<br>Sun 25<br>Sutra 336<br>Vilamba 5120 |
| Kataka Rasi: 13.5 | Tithi 11 - 12 | <b>Gulika</b> 2:57PM - 4:27PM         | <b>Pushya</b> Until 10:36AM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:59AM |  |
|                   |               | Yama 11:58AM - 1:28PM                 | Athiganda* Until 11:29AM     | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:57PM  | Moon 2 - Phase 46                                  |
|                   |               | 141373368 <b>Rahu</b> 4:27PM - 5:57PM | Balava Until 4:07AM Mon      | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Creative Work     | Siddha Yoga   |                                       | <b>Ekadashi</b> Until 7:16AM | Moon - Blue   |                        | <b>Sivaloka Day</b>                                |
|                   |               |                                       |                              | <b>Phalguna-Panguni</b>   |                        |  |

|                                 |             |                                       |                                     |   |                        |  |
|---------------------------------|-------------|---------------------------------------|-------------------------------------|---|------------------------|--|
| <b>3</b>                        |             | <b>Monday, March 18, 2019</b>         |                                     | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Spokane, WA<br>Sun 26<br>Sutra 337<br>Vilamba 5120 |
| Kataka Rasi: 28.39              | Tithi 13    | <b>Gulika</b> 1:28PM - 2:58PM         | <b>Ashlesha*</b> Until 8:01AM       | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:57AM |  |
| <b>Family Home Evening</b>      |             | Yama 10:27AM - 11:58AM                | Sukarma Until 7:40AM                | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:58PM  | Moon 2 - Phase 46                                  |
|                                 |             | 141373368 <b>Rahu</b> 7:27AM - 8:57AM | Kaulava Until 2:26PM                | <b>Nataraja:</b> Clear  |                        | 4th Phase  |
| Creative Work                   | Siddha Yoga |                                       | <b>Trayodashi</b> Until 12:41AM Tue | Moon - Blue   |                        | <b>Sivaloka Day</b>                                |
| Until 8:01AM                    |             | <b>Yogaswami Mahasamadhi</b>          |                                     | <b>Phalguna-Panguni</b>   |                        |  |
| Then Routine Work - Marana Yoga |             |                                       | <i>Pradosha Vrata</i>               |   |                        |  |

|                                  |             |                                       |                                       |  |                        |  |
|----------------------------------|-------------|---------------------------------------|---------------------------------------|--|------------------------|--|
| <b>4</b>                         |             | <b>Tuesday, March 19, 2019</b>        |                                       | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Spokane, WA<br>Sun 27<br>Sutra 338<br>Vilamba 5120 |
| Simha Rasi: 13.4                 | Tithi 14    | <b>Gulika</b> 11:57AM - 1:28PM        | <b>Purvaphalguni</b> Until 2:40AM Wed | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:55AM |  |
|                                  |             | Yama 8:56AM - 10:27AM                 | Shula* Until 11:34PM                  | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:00PM  | Moon 2 - Phase 46                                  |
|                                  |             | 151373368 <b>Rahu</b> 2:59PM - 4:29PM | Gara Until 10:56AM                    | <b>Nataraja:</b> Clear   |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga |                                       | <b>Chaturdashi*</b> Until 9:08PM      | Moon - Red   |                        | <b>Subha Sivaloka Day</b>                          |
| Until 2:40AM Wed                 |             |                                       |                                       | <b>Phalguna-Panguni</b>  |                        |  |
| Then Creative Work - Amrita Yoga |             |                                       |                                       |  |                        |  |

|   |               |  |                                     |   |                        |  |
|---|---------------|--|-------------------------------------|---|------------------------|--|
|  |               | <b>Wednesday, March 20, 2019</b>       |                                     | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau |                        | Spokane, WA<br>Sun 28<br>Sutra 339<br>Vilamba 5120 |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 10:26AM - 11:57AM        | <b>Uttaraphalguni</b> Until 11:50PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:53AM |  |
| Simha Rasi: 28.45   | Tithi 15 - 16 | Yama 7:24AM - 8:55AM                   | Ganda* Until 7:31PM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  | Moon 2 - Phase 46                                  |
|   |               | 151373368 <b>Rahu</b> 11:57AM - 1:28PM | Visti Until 7:23AM                  | <b>Nataraja:</b> Clear  |                        | Purnima  |
| Creative Work   | Amrita Yoga   |  | <b>Purnima*</b> Until 5:37PM        | Moon - Red  |                        | <b>Subha Sivaloka Day</b>                          |
| Until 11:50PM   |               | <b>Panguni Uttiram</b>                 |                                     | <b>Phalguna-Panguni</b>   |                        |  |
| Then Routine Work - Marana Yoga   |               | <b>Holi</b>                            |                                     |   |                        |  |

|                                  |               |                                       |                               |   |                        |  |
|----------------------------------|---------------|---------------------------------------|-------------------------------|---|------------------------|--|
| <b>Thursday, March 21, 2019</b>  |               | <b>Silver Retreat Star</b>            |                               | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                        | Spokane, WA<br>Sun 29<br>Sutra 340<br>Vilamba 5120 |
| Kanya Rasi: 13.44                | Tithi 16 - 17 | <b>Gulika</b> 8:54AM - 10:25AM        | <b>Hasta</b> Until 9:33PM     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:51AM |  |
|                                  |               | Yama 5:51AM - 7:22AM                  | Vriddhi Until 3:41PM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:03PM  | Moon 2 - Phase 46                                  |
|                                  |               | 161383368 <b>Rahu</b> 1:28PM - 3:00PM | Taitila Until 12:49AM Fri     | <b>Nataraja:</b> Clear  |                        | Prathama   |
| Routine Work                     | Marana Yoga   |                                       | <b>Prathama*</b> Until 2:19PM | Moon - Green  |                        | <b>Devaloka Day</b>                                |
| Until 9:33PM                     |               |                                       |                               | <b>Phalguna-Panguni</b>   |                        |  |
| Then Creative Work - Siddha Yoga |               |                                       |                               |   |                        |  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda



**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 28.29 Tithi 17 – 18

Creative Work Siddha Yoga

161383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:21AM – 8:53AM  
**Yama** 3:00PM – 4:32PM  
**Rahu** 10:24AM – 11:56AM  
**Chitra** Until 7:33PM  
**Dhruva** Until 12:08PM  
**Vanija** Until 10:09PM  
**Dvitiya** Until 11:24AM

**Ganesha:** Yellow *Sunrise:* 5:49AM  
**Muruqa:** White *Sunset:* 6:04PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Spokane, WA  
Sun 1 Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Tula Rasi: 12.52 Tithi 18 – 19

Creative Work Siddha Yoga

162383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 5:47AM – 7:19AM  
**Yama** 1:28PM – 3:01PM  
**Rahu** 8:51AM – 10:24AM  
**Svati** Until 6:02PM  
**Vyaghata\*** Until 9:03AM  
**Bava** Until 8:07PM  
**Tritiya** Until 9:02AM

**Ganesha:** Blue *Sunrise:* 5:47AM  
**Muruqa:** White *Sunset:* 6:05PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Spokane, WA  
Sun 2 Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Tula Rasi: 26.48 Tithi 19 – 20

Routine Work Marana Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 3:01PM – 4:34PM  
**Yama** 11:56AM – 1:29PM  
**Rahu** 4:34PM – 6:07PM  
**Vishakha** Until 5:31PM  
**Harshana** Until 6:33AM  
**Kaulava** Until 6:50PM  
**Chaturthi\*** Until 7:21AM

**Ganesha:** Red *Sunrise:* 5:45AM  
**Muruqa:** White *Sunset:* 6:07PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Spokane, WA  
Sun 3 Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 10.16 Tithi 20 – 21

**Family Home Evening**  
Creative Work Siddha Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:29PM – 3:02PM  
**Yama** 10:22AM – 11:55AM  
**Rahu** 7:16AM – 8:49AM  
**Anuradha** Until 5:43PM  
**Siddhi** Until 3:31AM Tue  
**Gara** Until 6:24PM  
**Panchami** Until 6:29AM

**Ganesha:** Red *Sunrise:* 5:43AM  
**Muruqa:** White *Sunset:* 6:08PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Spokane, WA  
Sun 4 Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 23.15 Tithi 21 – 22

Routine Work Marana Yoga  
Until 6:37PM  
Then Creative Work - Amrita Yoga

172383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 11:55AM – 1:29PM  
**Yama** 8:48AM – 10:22AM  
**Rahu** 3:02PM – 4:36PM  
**Jyeshtha\*** Until 6:37PM  
**Vyatipata\*** Until 3:02AM Wed  
**Visti** Until 6:52PM  
**Shashthi\*** Until 6:30AM

**Ganesha:** Red *Sunrise:* 5:41AM  
**Muruqa:** White *Sunset:* 6:10PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Spokane, WA  
Sun 5 Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**Retreat Star**

**Wednesday, March 27, 2019**

Dhanus Rasi: 5.49 Tithi 22 – 23

Routine Work Marana Yoga  
Until 8:38PM  
Then Creative Work - Amrita Yoga

182383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:21AM – 11:55AM  
**Yama** 7:13AM – 8:47AM  
**Rahu** 11:55AM – 1:29PM  
**Mula\*** Until 8:38PM  
**Variyan** Until 3:09AM Thu  
**Balava** Until 8:10PM  
**Saptami** Until 7:24AM

**Ganesha:** Green *Sunrise:* 5:39AM  
**Muruqa:** White *Sunset:* 6:11PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Spokane, WA  
Sun 6 Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 18.04 Tithi 23 – 24

Creative Work Siddha Yoga  
Until 11:10PM  
Then Routine Work - Marana Yoga

182383368

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 8:46AM – 10:20AM  
**Yama** 5:37AM – 7:11AM  
**Rahu** 1:29PM – 3:04PM  
**Purvashadha\*** Until 11:10PM  
**Parigha\*** Until 3:45AM Fri  
**Taitila** Until 10:09PM  
**Ashtami\*** Until 9:04AM

**Ganesha:** Green *Sunrise:* 5:37AM  
**Muruqa:** White *Sunset:* 6:12PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Spokane, WA  
Sun 7 Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

|  |               |                                 |                                      |  |   |   |  |
|--|---------------|---------------------------------|--------------------------------------|--|---|---|--|
| <b>1</b>   |               | <b>Friday, March 29, 2019</b>   |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau                                 |   | Spokane, WA<br>Sun 8<br>Sutra 348<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                       |  |
| Makara Rasi: 0.03  | Tithi 24 – 25 | 182383468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>7:10AM – 8:44AM</b><br>3:04PM – 4:39PM<br><b>10:19AM – 11:54AM</b>  | <b>Uttarashadha Until 1:57AM Sat</b><br>Shiva Until 4:42AM Sat<br>Vanija Until 12:36AM Sat<br><b>Navami* Until 11:19AM</b>    | <b>Ganesha: Green</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Light Blue<br><b>Phalguna-Panguni</b> | <b>Sunrise: 5:35AM</b><br><b>Sunset: 6:14PM</b><br><b>Devaloka Day</b>       |
| Routine Work Marana Yoga<br>Until 1:57AM Sat<br>Then Creative Work - Siddha Yoga |               |                                 |                                      |  |   |   |  |
| <b>2</b>   |               | <b>Saturday, March 30, 2019</b> |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Siddha Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau                                  |   | Spokane, WA<br>Sun 9<br>Sutra 349<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                       |  |
| Makara Rasi: 11.54   | Tithi 25 – 26 | 192383468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>5:33AM – 7:08AM</b><br>1:29PM – 3:05PM<br><b>8:43AM – 10:19AM</b>   | <b>Shravana Until 5:17AM Sun</b><br>Siddha Until 5:45AM Sun<br>Bava Until 3:17AM Sun<br><b>Dashami Until 1:54PM</b>           | <b>Ganesha: Orange</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Purple<br><b>Phalguna-Panguni</b>    | <b>Sunrise: 5:33AM</b><br><b>Sunset: 6:15PM</b><br><b>Sivaloka Day</b>       |
| Creative Work Siddha Yoga<br>Until 5:17AM Sun<br>Then Routine Work - Marana Yoga |               |                                 |                                      |  |   |   |  |
| <b>3</b>   |               | <b>Sunday, March 31, 2019</b>   |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                            |   | Spokane, WA<br>Sun 10<br>Sutra 350<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                      |  |
| Makara Rasi: 23.4  | Tithi 26 – 27 | 192383468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>3:05PM – 4:41PM</b><br>11:54AM – 1:29PM<br><b>4:41PM – 6:17PM</b>   | <b>Dhanishtha Until 8:25AM Mon</b><br>Sadhya Until 6:47AM Mon<br>Kaulava Until 5:56AM Mon<br><b>Ekadashi* Until 4:36PM</b>    | <b>Ganesha: Orange</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Purple<br><b>Phalguna-Panguni</b>    | <b>Sunrise: 5:31AM</b><br><b>Sunset: 6:17PM</b><br><b>Sivaloka Day</b>       |
| Routine Work Marana Yoga<br>Until 8:25AM Mon<br>Then Creative Work - Siddha Yoga |               |                                 |                                      |  |   |   |  |
| <b>4</b>   |               | <b>Monday, April 1, 2019</b>    |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taitila Karana Dvadashyam Titau                          |   | Spokane, WA<br>Sun 11<br>Sutra 351<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                      |  |
| Kumbha Rasi: 5.28  | Tithi 27      | 192483468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>1:29PM – 3:05PM</b><br>10:18AM – 11:54AM<br><b>7:06AM – 8:42AM</b>  | <b>Dhanishtha Until 8:25AM</b><br>Sadhya Until 6:47AM<br>Taitila Until 7:11PM<br><b>Dvadashi* Until 7:11PM</b>                | <b>Ganesha: Green</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Purple<br><b>Phalguna-Panguni</b>     | <b>Sunrise: 5:31AM</b><br><b>Sunset: 6:17PM</b><br><b>Subha Sivaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga                                 |               |                                 |                                      |  |   |   |  |
| <b>5</b>   |               | <b>Tuesday, April 2, 2019</b>   |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau           |   | Spokane, WA<br>Sun 12<br>Sutra 352<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                      |  |
| Kumbha Rasi: 17.2  | Tithi 28      | 192483468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>11:53AM – 1:30PM</b><br>8:41AM – 10:17AM<br><b>3:06PM – 4:42PM</b>  | <b>Shatabhishak Until 11:10AM</b><br>Subha Until 7:41AM<br>Gara Until 8:23AM<br><b>Trayodashi* Until 9:28PM</b>               | <b>Ganesha: Green</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Purple<br><b>Phalguna-Panguni</b>     | <b>Sunrise: 5:29AM</b><br><b>Sunset: 6:18PM</b><br><b>Subha Sivaloka Day</b> |
| Routine Work Marana Yoga   |               |                                 |                                      |  |   |   |  |
|  |               |                                 |                                      |  |   | <i>Pradosha Vrata (Fasting)</i>   |  |
| <b>6</b>   |               | <b>Wednesday, April 3, 2019</b> |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada* Nakshatra Sukla/Brahma Yoga Vistli*/Sakuni* Karana Chaturdashyam Titau |   | Spokane, WA<br>Sun 13<br>Sutra 353<br>Vilamba 5120<br>Moon 3 - Phase 48<br>2nd Phase                                      |  |
| Kumbha Rasi: 29.2  | Tithi 29      | 112483468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>10:16AM – 11:53AM</b><br>7:03AM – 8:40AM<br><b>11:53AM – 1:30PM</b>   | <b>Purvaproshtapada* Until 1:55PM</b><br>Sukla Until 8:17AM<br>Visti Until 10:30AM<br><b>Chaturdashi* Until 11:22PM</b>       | <b>Ganesha: Orange</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Clear<br><b>Phalguna-Panguni</b>     | <b>Sunrise: 5:27AM</b><br><b>Sunset: 6:19PM</b><br><b>Sivaloka Day</b>       |
| Creative Work Amrita Yoga<br>Until 1:55PM<br>Then Creative Work - Siddha Yoga    |               |                                 |                                      |  |   |   |  |
| <b>Retreat Star</b>  |               | <b>Thursday, April 4, 2019</b>  |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau              |   | Spokane, WA<br>Sun 14<br>Sutra 354<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Amavasya                                       |  |
| Meena Rasi: 11.29  | Tithi 30      | 112483468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>8:39AM – 10:16AM</b><br>5:25AM – 7:02AM<br><b>1:30PM – 3:07PM</b>   | <b>Uttaraproshtapada Until 4:06PM</b><br>Brahma Until 8:36AM<br>Catuspada Until 12:11PM<br><b>Amavasya* Until 12:51AM Fri</b> | <b>Ganesha: Orange</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Clear<br><b>Phalguna-Panguni</b>     | <b>Sunrise: 5:25AM</b><br><b>Sunset: 6:21PM</b><br><b>Sivaloka Day</b>       |
| Creative Work Siddha Yoga  |               |                                 |                                      |  |   |   |  |
| <b>Retreat Star</b>  |               | <b>Friday, April 5, 2019</b>    |                                      | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau                       |   | Spokane, WA<br>Sun 15<br>Sutra 355<br>Vilamba 5120<br>Moon 3 - Phase 48<br>Prathama                                       |  |
| Meena Rasi: 23.49  | Tithi 1       | 113483468                       | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>7:00AM – 8:38AM</b><br>3:07PM – 4:45PM<br><b>10:15AM – 11:52AM</b>  | <b>Revati Until 5:42PM</b><br>Indra Until 8:37AM<br>Kintughna Until 1:27PM<br><b>Prathama* Until 1:54AM Sat</b>               | <b>Ganesha: Light Blue</b><br><b>Muruqa: Yellow</b><br><b>Nataraja: Purple</b><br>Moon – Clear<br><b>Chaitra-Panguni</b>  | <b>Sunrise: 5:23AM</b><br><b>Sunset: 6:22PM</b><br><b>Devaloka Day</b>       |
| Creative Work Siddha Yoga<br>Until 5:42PM<br>Then Creative Work - Amrita Yoga    |               |                                 |                                      |  |   |   |  |

|               |                                |                              |  |                             |                         |                        |                   |
|---------------|--------------------------------|------------------------------|--|-----------------------------|-------------------------|------------------------|-------------------|
| <b>1</b>      | <b>Saturday, April 6, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                             |                         |                        | Spokane, WA       |
|               | Mesha Rasi: 6.2                | Tithi 2                      | <b>Gulika</b> 5:21AM – 6:59AM  | <b>Ashvini Until 7:13PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:21AM | Sun 16 Sutra 356  |
|               |                                |                              | Yama 1:30PM – 3:08PM   | Vaidhriti* Until 8:15AM     | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:24PM  | Vilamba 5120      |
|               | 123483468                      | <b>Rahu</b> 8:36AM – 10:14AM |  | Balava Until 2:17PM         | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga                    |                              |  | Moon – White                |                         | 3rd Phase              |                   |
|               |                                | Chellappaswami Mahasamadh    | <b>Dvitiya Until 2:31AM Sun</b>  | <b>Chaitra-Panguni</b>      |                         | <b>Devaloka Day</b>    |                   |

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| <b>2</b>                         | <b>Sunday, April 7, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau |                             |                         |                        | Spokane, WA       |
|                                  | Mesha Rasi: 19.03            | Tithi 3                     | <b>Gulika</b> 3:08PM – 4:47PM  | <b>Bharani Until 8:12PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:19AM | Sun 17 Sutra 357  |
|                                  |                              |                             | Yama 11:52AM – 1:30PM  | Vishkambha* Until 7:36AM    | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:25PM  | Vilamba 5120      |
|                                  | 123483468                    | <b>Rahu</b> 4:47PM – 6:25PM |  | Taitila Until 2:42PM        | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Routine Work                     | Prabalarishta Yoga           |                             |  | Moon – White                |                         | 3rd Phase              |                   |
| Until 8:12PM                     |                              |                             | <b>Tritiya Until 2:45AM Mon</b>  | <b>Chaitra-Panguni</b>      |                         | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga |                              |                             |  |                             |                         |                        |                   |

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| <b>3</b>                         | <b>Monday, April 8, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau |                              |                         |                        | Spokane, WA       |
|                                  | Vrishabha Rasi: 1.56         | Tithi 4                     | <b>Gulika</b> 1:30PM – 3:09PM   | <b>Krittika Until 8:39PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:17AM | Sun 18 Sutra 358  |
|                                  | <b>Family Home Evening</b>   |                             | Yama 10:13AM – 11:52AM  | Priti Until 6:40AM           | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:26PM  | Vilamba 5120      |
|                                  | 123483468                    | <b>Rahu</b> 6:55AM – 8:34AM |   | Vanija Until 2:45PM          | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Routine Work                     | Marana Yoga                  |                             |   | Moon – White                 |                         | 3rd Phase              |                   |
| Until 8:39PM                     |                              |                             | <b>Chaturthi* Until 2:37AM Tue</b>  | <b>Chaitra-Panguni</b>       |                         | <b>Devaloka Day</b>    |                   |
| Then Creative Work - Amrita Yoga |                              |                             |   |                              |                         |                        |                   |

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| <b>4</b>                         | <b>Tuesday, April 9, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau |                            |                         |                        | Spokane, WA       |
|                                  | Vrishabha Rasi: 15.01         | Tithi 5                     | <b>Gulika</b> 11:51AM – 1:30PM   | <b>Rohini Until 9:03PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:15AM | Sun 19 Sutra 359  |
|                                  |                               |                             | Yama 8:33AM – 10:12AM  | Saubhagya Until 3:53AM Wed | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:28PM  | Vilamba 5120      |
|                                  | 133483468                     | <b>Rahu</b> 3:10PM – 4:49PM |  | Bava Until 2:26PM          | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Creative Work                    | Amrita Yoga                   |                             |  | Moon – Yellow              |                         | 3rd Phase              |                   |
| Until 9:03PM                     |                               |                             | <b>Panchami Until 2:07AM Wed</b>   | <b>Chaitra-Panguni</b>     |                         | <b>Sivaloka Day</b>    |                   |
| Then Creative Work - Siddha Yoga |                               |                             |  |                            |                         |                        |                   |

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| <b>5</b>      | <b>Wednesday, April 10, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyayam Titau |                                |                         |                        | Spokane, WA       |
|               | Vrishabha Rasi: 28.17            | Tithi 6                      | <b>Gulika</b> 10:11AM – 11:51AM   | <b>Mrigashira Until 8:56PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:13AM | Sun 20 Sutra 360  |
|               |                                  |                              | Yama 6:52AM – 8:32AM  | Sobhana Until 2:04AM Thu       | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:29PM  | Vilamba 5120      |
|               | 133483468                        | <b>Rahu</b> 11:51AM – 1:31PM |   | Kaulava Until 1:44PM           | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Creative Work | Siddha Yoga                      |                              |   | Moon – Yellow                  |                         | 3rd Phase              |                   |
|               |                                  |                              | <b>Shashti* Until 1:14AM Thu</b>  | <b>Chaitra-Panguni</b>         |                         | <b>Sivaloka Day</b>    |                   |
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| <b>6</b>                         | <b>Thursday, April 11, 2019</b> |                             | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau |                           |                         |                        | Spokane, WA       |
|                                  | Mithuna Rasi: 11.46             | Tithi 7                     | <b>Gulika</b> 8:31AM – 10:11AM   | <b>Ardra Until 8:16PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:11AM | Sun 21 Sutra 361  |
|                                  |                                 |                             | Yama 5:11AM – 6:51AM   | Athiganda* Until 11:53PM  | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:31PM  | Vilamba 5120      |
|                                  | 133483468                       | <b>Rahu</b> 1:31PM – 3:11PM |  | Gara Until 12:39PM        | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Routine Work                     | Marana Yoga                     |                             |  | Moon – Yellow             |                         | 3rd Phase              |                   |
| Until 8:16PM                     |                                 |                             | <b>Saptami Until 11:56PM</b>   | <b>Chaitra-Panguni</b>    |                         | <b>Sivaloka Day</b>    |                   |
| Then Creative Work - Amrita Yoga |                                 |                             |  |                           |                         |                        |                   |

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| <b>D</b>                        | <b>Friday, April 12, 2019</b> |                               | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau |                               |                         |                        | Spokane, WA       |
|                                 | <b>Retreat Star</b>           |                               | <b>Gulika</b> 6:49AM – 8:30AM  | <b>Punarvasu Until 7:29PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:09AM | Sun 22 Sutra 362  |
|                                 | Mithuna Rasi: 25.3            | Tithi 8                       | Yama 3:11PM – 4:52PM   | Sukarma Until 9:23PM          | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:32PM  | Vilamba 5120      |
|                                 | 143483468                     | <b>Rahu</b> 10:10AM – 11:50AM |  | Visti Until 11:08AM           | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Creative Work                   | Siddha Yoga                   |                               |  | Moon – Blue                   |                         | Ashtami                |                   |
| Until 7:29PM                    |                               |                               | <b>Ashtami* Until 10:13PM</b>  | <b>Chaitra-Panguni</b>        |                         | <b>Devaloka Day</b>    |                   |
| Then Routine Work - Marana Yoga |                               |                               |  |                               |                         |                        |                   |

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| <b>D</b>                        | <b>Saturday, April 13, 2019</b> |                              | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau |                            |                         |                        | Spokane, WA       |
|                                 | <b>Retreat Star</b>             |                              | <b>Gulika</b> 5:07AM – 6:48AM  | <b>Pushya Until 6:09PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:07AM | Sun 23 Sutra 363  |
|                                 | Kataka Rasi: 9.29               | Tithi 9                      | Yama 1:31PM – 3:12PM   | Dhriti Until 6:35PM        | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:33PM  | Vilamba 5120      |
|                                 | 143483468                       | <b>Rahu</b> 8:29AM – 10:09AM |  | Balava Until 9:13AM        | <b>Nataraja:</b> Purple |                        | Moon 3 - Phase 49 |
| Creative Work                   | Siddha Yoga                     |                              |  | Moon – Blue                |                         | Navami                 |                   |
| Until 6:09PM                    |                                 |                              | <b>Navami* Until 8:06PM</b>  | <b>Chaitra-Panguni</b>     |                         | <b>Devaloka Day</b>    |                   |
| Then Routine Work - Marana Yoga |                                 | Sri Rama Navami              |  |                            |                         |                        |                   |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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| <b>1 Sunday, April 14, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ashlesha* /Magha* Nakshatra Shula* /Ganda* Yoga Taitila/Vanija Karana Dashami/ Ekadashyam Titau |                               |                         |                        | Spokane, WA<br>Sun 24<br>Sutra 364<br>Vikarin 5121 |
| Kataka Rasi: 23.43              | Tithi 10 – 11 | <b>Gulika</b> 3:12PM – 4:54PM  | <b>Ashlesha* Until 4:19PM</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:05AM |  |
|                                 |               | Yama 11:50AM – 1:31PM  | Shula* Until 3:27PM           | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:35PM  | Moon 3 - Phase 1                                   |
|                                 | 243483468     | <b>Rahu</b> 4:54PM – 6:35PM  | Taitila Until 6:55AM          | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                   | Siddha Yoga   |  |                               | Moon – Blue             |                        | <b>Sivaloka Day</b>                                |
| Until 4:19PM                    |               |  | <b>Dashami Until 5:37PM</b>   | <b>Chaitra*Chaitra</b>  |                        |  |
| Then Routine Work - Marana Yoga |               | <b>Tamil New Year</b>  |                               |                         |                        |  |

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| <b>2 Monday, April 15, 2019</b>  |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* /Purvaphalguni Nakshatra Ganda* /Vridhhi* Yoga Vistil* /Bava Karana Ekadashi/ Dvadashyam Titau |                              |                         |                        | Spokane, WA<br>Sun 25<br>Sutra 1<br>Vikarin 5121 |
| Simha Rasi: 8.11                 | Tithi 11 – 12 | <b>Gulika</b> 1:31PM – 3:13PM   | <b>Magha* Until 2:27PM</b>   | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:03AM |  |
| <b>Family Home Evening</b>       | 253483468     | Yama 10:08AM – 11:50AM  | Ganda* Until 12:05PM         | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:36PM  | Moon 3 - Phase 1                                 |
| Routine Work                     | Marana Yoga   | <b>Rahu</b> 6:45AM – 8:26AM   | Bava Until 1:23AM Tue        | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Until 2:27PM                     |               |   | <b>Ekadashi Until 2:50PM</b> | Moon – Red              |                        | <b>Devaloka Day</b>                              |
| Then Creative Work - Siddha Yoga |               |   |                              | <b>Chaitra*Chaitra</b>  |                        |  |

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| <b>3 Tuesday, April 16, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/ Trayodashyam Titau |                                    |                         |                        | Spokane, WA<br>Sun 26<br>Sutra 2<br>Vikarin 5121 |
| Simha Rasi: 22.49                | Tithi 12 – 13 | <b>Gulika</b> 11:49AM – 1:32PM   | <b>Purvaphalguni Until 12:16PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:01AM |  |
|                                  |               | Yama 8:25AM – 10:07AM  | Vridhhi Until 8:33AM               | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:38PM  | Moon 3 - Phase 1                                 |
|                                  | 253483468     | <b>Rahu</b> 3:14PM – 4:56PM  | Kaulava Until 10:22PM              | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                    | Siddha Yoga   |  | <b>Dvadashi Until 11:52AM</b>      | Moon – Red              |                        | <b>Devaloka Day</b>                              |
| Until 12:16PM                    |               |  |                                    | <b>Chaitra*Chaitra</b>  |                        |  |
| Then Creative Work - Amrita Yoga |               |  | <i>Pradosha Vrata</i>              |                         |                        |  |

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| <b>4 Wednesday, April 17, 2019</b> |               | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                    |                         |                        | Spokane, WA<br>Sun 27<br>Sutra 3<br>Vikarin 5121 |
| Kanya Rasi: 7.31                   | Tithi 13 – 14 | <b>Gulika</b> 10:07AM – 11:49AM   | <b>Uttaraphalguni Until 9:53AM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:59AM |  |
|                                    |               | Yama 6:42AM – 8:24AM  | Vyaghata* Until 1:22AM Thu         | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:39PM  | Moon 3 - Phase 1                                 |
|                                    | 253483468     | <b>Rahu</b> 11:49AM – 1:32PM  | Gara Until 7:22PM                  | <b>Nataraja:</b> Purple |                        | 4th Phase  |
| Creative Work                      | Amrita Yoga   |   | <b>Trayodashi Until 8:50AM</b>     | Moon – Red              |                        | <b>Devaloka Day</b>                              |
| Until 9:53AM                       |               |   |                                    | <b>Chaitra*Chaitra</b>  |                        |  |
| Then Routine Work - Marana Yoga    |               |   |                                    |                         |                        |  |

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| <b>Thursday, April 18, 2019</b>  |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Harshana Yoga Visti* /Bava Karana Purnimayam Titau |                                  |                         |                        | Spokane, WA<br>Sutra 4<br>Vikarin 5121 |
| <b>Copper Retreat Star</b>       |             | <b>Gulika</b> 8:23AM – 10:06AM  | <b>Hasta Until 7:51AM</b>        | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:57AM |  |
| Kanya Rasi: 22.11                | Tithi 15    | Yama 4:57AM – 6:40AM  | Harshana Until 9:59PM            | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:40PM  | Moon 3 - Phase 1                       |
|                                  |             | 263483468 <b>Rahu</b> 1:32PM – 3:15PM   | Visti Until 4:30PM               | <b>Nataraja:</b> Purple |                        | Purnima                                |
| Routine Work                     | Marana Yoga |   | <b>Purnima* Until 3:09AM Fri</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                    |
| Until 7:51AM                     |             | <b>Chitra Purnima (Tamil Nadu)</b>  |                                  | <b>Chaitra*Chaitra</b>  |                        |  |
| Then Creative Work - Siddha Yoga |             | <b>Hanuman Jayanti</b>  |                                  |                         |                        |  |

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| <b>Friday, April 19, 2019</b> |             | Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau |                                    |                         |                        | Spokane, WA<br>Sutra 5<br>Vikarin 5121 |
| <b>Silver Retreat Star</b>    |             | <b>Gulika</b> 6:39AM – 8:22AM  | <b>Svati Until 4:17AM Sat</b>      | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 4:56AM |  |
| Tula Rasi: 6.41               | Tithi 16    | Yama 3:15PM – 4:59PM   | Vajra* Until 6:51PM                | <b>Muruqa:</b> Yellow   | <i>Sunset:</i> 6:42PM  | Moon 3 - Phase 1                       |
|                               |             | 263483468 <b>Rahu</b> 10:05AM – 11:49AM  | Balava Until 1:57PM                | <b>Nataraja:</b> Purple |                        | Prathama                               |
| Creative Work                 | Siddha Yoga |  | <b>Prathama* Until 12:49AM Sat</b> | Moon – Green            |                        | <b>Sivaloka Day</b>                    |
|                               |             |  |                                    | <b>Chaitra*Chaitra</b>  |                        |  |