



Tuesday, May 1, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Norman, OK
Sutra 16

Vrischika Rasi: 4.1 Tithi 17

273832369

Gulika 11:52AM – 1:36PM
Yama 8:23AM – 10:07AM
Rahu 3:21PM – 5:05PM

Anuradha Until 6:05AM Wed
Variyan Until 9:48PM
Taitila Until 7:40AM
Dvitiya Until 8:09PM

Ganesha: Purple *Sunrise:* 4:54AM

Muruqa: White *Sunset:* 6:49PM

Nataraja: Purple
Moon – Orange

Bhuloka Day

Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

1

Wednesday, May 2, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Norman, OK
Sun 1 Sutra 17

Vrischika Rasi: 16.37 Tithi 18

273832369

Gulika 10:07AM – 11:52AM
Yama 6:37AM – 8:22AM
Rahu 11:52AM – 1:36PM

Anuradha Until 6:05AM
Parigha* Until 9:56PM
Vanija Until 8:49AM
Tritiya Until 9:34PM

Ganesha: Purple *Sunrise:* 4:53AM

Muruqa: White *Sunset:* 6:50PM

Nataraja: Purple
Moon – Orange

Bhuloka Day

Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

2

Thursday, May 3, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK
Sun 2 Sutra 18

Vrischika Rasi: 28.49 Tithi 19

274832369

Gulika 8:22AM – 10:07AM
Yama 4:52AM – 6:37AM
Rahu 1:37PM – 3:22PM

Jyeshtha* Until 8:08AM
Shiva Until 10:28PM
Bava Until 10:30AM
Chaturthi* Until 11:30PM

Ganesha: Clear *Sunrise:* 4:52AM

Muruqa: White *Sunset:* 6:52PM

Nataraja: Purple
Moon – Orange

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to12:PM

Vilamba 5120
Moon 4 - Phase 3
1st Phase

3

Friday, May 4, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK
Sun 3 Sutra 19

Dhanus Rasi: 10.5 Tithi 20

284832369

Gulika 6:36AM – 8:21AM
Yama 3:22PM – 5:07PM
Rahu 10:06AM – 11:51AM

Mula* Until 10:59AM
Siddha Until 11:17PM
Kaulava Until 12:39PM
Panchami Until 1:50AM Sat

Ganesha: White *Sunrise:* 4:50AM

Muruqa: White *Sunset:* 6:53PM

Nataraja: Purple
Moon – Light Blue

Devaloka Day

Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

4

Saturday, May 5, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
Sun 4 Sutra 20

Dhanus Rasi: 22.44 Tithi 21

284832369

Gulika 4:49AM – 6:35AM
Yama 1:37PM – 3:22PM
Rahu 8:20AM – 10:06AM

Purvashadha* Until 1:59PM
Sadhya Until 12:18AM Sun
Gara Until 3:07PM
Shashthi* Until 4:23AM Sun

Ganesha: White *Sunrise:* 4:49AM

Muruqa: White *Sunset:* 6:54PM

Nataraja: Purple
Moon – Light Blue

Devaloka Day

Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

5

Sunday, May 6, 2018

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti*/Bava Karana Saptamyam Titau

Norman, OK
Sun 5 Sutra 21

Makara Rasi: 4.32 Tithi 22

284832369

Gulika 3:23PM – 5:09PM
Yama 11:51AM – 1:37PM
Rahu 5:09PM – 6:55PM

Uttarashadha Until 4:55PM
Subha Until 1:22AM Mon
Visti Until 5:42PM
Saptami Until 6:56AM Mon

Ganesha: White *Sunrise:* 4:48AM

Muruqa: White *Sunset:* 6:55PM

Nataraja: Purple
Moon – Light Blue

Devaloka Day

Vaisaka-Chaitra

Vilamba 5120
Moon 4 - Phase 3
1st Phase

D

Monday, May 7, 2018
Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK
Sun 6 Sutra 22

Makara Rasi: 16.21 Tithi 22 – 23

294832369

Gulika 1:37PM – 3:23PM
Yama 10:05AM – 11:51AM
Rahu 6:33AM – 8:19AM

Shravana Until 8:04PM
Sukla Until 2:14AM Tue
Balava Until 8:08PM
Saptami Until 6:56AM

Ganesha: Yellow *Sunrise:* 4:47AM

Muruqa: White *Sunset:* 6:56PM

Nataraja: Purple
Moon – Purple

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to12:PM

Vilamba 5120
Moon 4 - Phase 3
Ashtami

Tuesday, May 8, 2018

Retreat Star

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK
Sun 7 Sutra 23

Makara Rasi: 28.16 Tithi 23 – 24

294832369

Gulika 11:51AM – 1:37PM
Yama 8:18AM – 10:05AM
Rahu 3:24PM – 5:10PM

Dhanishtha Until 10:40PM
Brahma Until 2:46AM Wed
Taitila Until 10:10PM
Ashtami* Until 9:12AM

Ganesha: Yellow *Sunrise:* 4:46AM

Muruqa: White *Sunset:* 6:57PM

Nataraja: Purple
Moon – Purple

Bhuloka Day

Vaisaka-Chaitra

Devaloka Time: 9:AM to12:PM

Vilamba 5120
Moon 4 - Phase 3
Navami

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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1	Wednesday, May 9, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam				Norman, OK
			Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 8
	Kumbha Rasi: 22.23	Tithi 24 – 25	Gulika 10:04AM – 11:51AM	Shatabhishak Until 12:30AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:45AM	Vilamba 5120
	294832369	Rahu 11:51AM – 1:38PM	Yama 6:31AM – 8:18AM	Indra Until 2:49AM Thu	Muruqa: White	<i>Sunset:</i> 6:58PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga		Vanija Until 11:35PM	Nataraja: Purple		2nd Phase	
			Navami* Until 10:57AM	Moon – Purple			
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

2	Thursday, May 10, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam				Norman, OK
			Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 9
	Kumbha Rasi: 22.46	Tithi 25 – 26	Gulika 8:17AM – 10:04AM	Purvaproshtapada* Until 1:55AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM	Vilamba 5120
	214832369	Rahu 1:38PM – 3:25PM	Yama 4:44AM – 6:30AM	Vaidhriti* Until 2:14AM Fri	Muruqa: White	<i>Sunset:</i> 6:59PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga		Bava Until 12:14AM Fri	Nataraja: Purple		2nd Phase	
			Dashami Until 12:00PM	Moon – Clear			
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

3	Friday, May 11, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam				Norman, OK
			Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10
	Meena Rasi: 5.31	Tithi 26 – 27	Gulika 6:30AM – 8:17AM	Uttaraproshtapada Until 2:22AM Sat	Ganesha: Blue	<i>Sunrise:</i> 4:42AM	Vilamba 5120
	214932369	Rahu 10:04AM – 11:51AM	Yama 3:25PM – 5:12PM	Vishkambha* Until 1:01AM Sat	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga		Kaulava Until 12:03AM Sat	Nataraja: Purple		2nd Phase	
Until 2:22AM Sat			Ekadashi* Until 12:14PM	Moon – Clear			
Then Routine Work - Prabalarishta Yoga				Vaisaka-Chaitra	Bhuloka Day		

4	Saturday, May 12, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam				Norman, OK
			Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11
	Meena Rasi: 18.41	Tithi 27 – 28	Gulika 4:41AM – 6:29AM	Revati Until 1:53AM Sun	Ganesha: Blue	<i>Sunrise:</i> 4:41AM	Vilamba 5120
	214932369	Rahu 8:16AM – 10:04AM	Yama 1:38PM – 3:26PM	Priti Until 11:10PM	Muruqa: White	<i>Sunset:</i> 7:00PM	Moon 4 - Phase 4
Routine Work	Prabalarishta Yoga		Gara Until 11:05PM	Nataraja: Purple		2nd Phase	
Until 1:53AM Sun			Dvadashi* Until 11:39AM	Moon – Clear			
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra	Bhuloka Day		
				<i>Pradosha Vrata (Fasting)</i>			

5	Sunday, May 13, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Norman, OK
			Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12
	Mesha Rasi: 2.16	Tithi 28 – 29	Gulika 3:26PM – 5:14PM	Ashvini Until 1:01AM Mon	Ganesha: Blue	<i>Sunrise:</i> 4:40AM	Vilamba 5120
	224932369	Rahu 5:14PM – 7:01PM	Yama 11:51AM – 1:39PM	Ayushman Until 8:45PM	Muruqa: White	<i>Sunset:</i> 7:01PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga		Visti Until 9:24PM	Nataraja: Purple		2nd Phase	
			Trayodashi* Until 10:18AM	Moon – White			
		Mother's Day		Vaisaka-Chaitra	Bhuloka Day		

	Monday, May 14, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam				Norman, OK
	Retreat Star		Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13
	Mesha Rasi: 16.15	Tithi 29 – 30	Gulika 1:39PM – 3:27PM	Bharani Until 11:28PM	Ganesha: Blue	<i>Sunrise:</i> 4:39AM	Vilamba 5120
	224932369	Rahu 6:27AM – 8:15AM	Yama 10:03AM – 11:51AM	Saubhagya Until 5:51PM	Muruqa: White	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 4
Family Home Evening			Catuspada Until 7:09PM	Nataraja: Purple		Amavasya	
Creative Work	Siddha Yoga		Chaturdashi* Until 8:20AM	Moon – White			
Until 11:28PM				Vaisaka-Vaikasi	Bhuloka Day		
Then Routine Work - Marana Yoga							

Retreat Star	Tuesday, May 15, 2018		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
			Krittika Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14
	Vrishabha Rasi: 0.35	Tithi 1	Gulika 11:51AM – 1:39PM	Krittika Until 9:22PM	Ganesha: Red	<i>Sunrise:</i> 4:38AM	Vilamba 5120
	225932369	Rahu 3:27PM – 5:15PM	Yama 8:15AM – 10:03AM	Sobhana Until 2:37PM	Muruqa: White	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 4
Creative Work	Siddha Yoga		Kintughna Until 4:29PM	Nataraja: Purple		Prathama	
Until 9:22PM			Prathama* Until 3:01AM Wed	Moon – White			
Then Creative Work - Amrita Yoga				Jyeshtha Adhika-Vaikasi	Bhuloka Day	Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1		Wednesday, May 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Norman, OK Sun 15 Sutra 31 Vilamba 5120	
Vrishabha Rasi: 15.1	Tithi 2	Gulika 10:03AM – 11:51AM	Rohini Until 7:20PM	Ganesha: Yellow	<i>Sunrise:</i> 4:38AM		
		Yama 6:26AM – 8:14AM	Athiganda* Until 11:08AM	Muruqa: White	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5	
		235932369 Rahu 11:51AM – 1:39PM	Balava Until 1:33PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 12:01AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

2		Thursday, May 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Norman, OK Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 29.52	Tithi 3	Gulika 8:14AM – 10:02AM	Mrigashira Until 5:05PM	Ganesha: Yellow	<i>Sunrise:</i> 4:37AM		
		Yama 4:37AM – 6:25AM	Sukarma Until 7:34AM	Muruqa: White	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5	
		235932369 Rahu 1:40PM – 3:28PM	Taitila Until 10:30AM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 8:58PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

3		Friday, May 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Norman, OK Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 14.34	Tithi 4	Gulika 6:25AM – 8:13AM	Ardra Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM		
		Yama 3:29PM – 5:17PM	Shula* Until 12:32AM Sat	Muruqa: White	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5	
		235932369 Rahu 10:02AM – 11:51AM	Vanija Until 7:29AM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 6:00PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

4		Saturday, May 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Norman, OK Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 29.09	Tithi 5 – 6	Gulika 4:35AM – 6:24AM	Punarvasu Until 12:55PM	Ganesha: White	<i>Sunrise:</i> 4:35AM		
		Yama 1:40PM – 3:29PM	Ganda* Until 9:16PM	Muruqa: White	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5	
		245932369 Rahu 8:13AM – 10:02AM	Kaulava Until 2:00AM Sun	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 3:15PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

5		Sunday, May 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Norman, OK Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 13.34	Tithi 6 – 7	Gulika 3:30PM – 5:19PM	Pushya Until 11:13AM	Ganesha: White	<i>Sunrise:</i> 4:34AM		
		Yama 11:51AM – 1:40PM	Vriddhi Until 6:17PM	Muruqa: White	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5	
		245932369 Rahu 5:19PM – 7:08PM	Gara Until 11:43PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 12:48PM	Moon – Blue		Devaloka Day	
				Jyeshtha Adhika-Vaikasi			

Monday, May 21, 2018		Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Norman, OK Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 27.43	Tithi 7 – 8	Gulika 1:41PM – 3:30PM	Ashlesha* Until 9:44AM	Ganesha: White	<i>Sunrise:</i> 4:33AM		
Family Home Evening		Yama 10:02AM – 11:51AM	Dhruva Until 3:35PM	Muruqa: White	<i>Sunset:</i> 7:09PM	Moon 4 - Phase 5	
Creative Work	Siddha Yoga	245932369 Rahu 6:23AM – 8:12AM	Visti Until 9:49PM	Nataraja: Purple		Ashtami	
Until 9:44AM			Saptami Until 10:42AM	Moon – Blue		Devaloka Day	
Then Routine Work - Marana Yoga				Jyeshtha Adhika-Vaikasi			

Tuesday, May 22, 2018		Retreat Star		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Norman, OK Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 11.38	Tithi 8 – 9	Gulika 11:51AM – 1:41PM	Magha* Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 4:33AM		
		Yama 8:12AM – 10:02AM	Vyaghata* Until 1:13PM	Muruqa: White	<i>Sunset:</i> 7:10PM	Moon 4 - Phase 5	
		255932369 Rahu 3:31PM – 5:20PM	Balava Until 8:19PM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga		Ashtami* Until 9:00AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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1	Wednesday, May 23, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 22
	Simha Rasi: 25.19	Tithi 9 – 10	Gulika 10:01AM – 11:51AM	Purvaphalguni Until 8:23AM	Ganesha: Clear <i>Sunrise:</i> 4:32AM		Vilamba 5120
			Yama 6:22AM – 8:12AM	Harshana Until 11:12AM	Muruqa: White <i>Sunset:</i> 7:11PM		Moon 4 - Phase 6
	Creative Work	Amrita Yoga	255932369 Rahu 11:51AM – 1:41PM	Taitila Until 7:13PM	Nataraja: Purple		4th Phase
			Navami* Until 7:42AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

2	Thursday, May 24, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 23
	Kanya Rasi: 8.45	Tithi 10 – 11	Gulika 8:11AM – 10:01AM	Uttaraphalguni Until 8:05AM	Ganesha: Clear <i>Sunrise:</i> 4:31AM		Vilamba 5120
			Yama 4:31AM – 6:21AM	Vajra* Until 9:28AM	Muruqa: White <i>Sunset:</i> 7:12PM		Moon 4 - Phase 6
			255932369 Rahu 1:41PM – 3:31PM	Vanija Until 6:31PM	Nataraja: Purple		4th Phase
			Dashami Until 6:48AM	Moon – Red		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 9:AM to 12:PM	

3	Friday, May 25, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyaltipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 24
	Kanya Rasi: 21.59	Tithi 11 – 12	Gulika 6:21AM – 8:11AM	Hasta Until 8:28AM	Ganesha: Purple <i>Sunrise:</i> 4:30AM		Vilamba 5120
			Yama 3:32PM – 5:22PM	Siddhi Until 8:04AM	Muruqa: White <i>Sunset:</i> 7:12PM		Moon 4 - Phase 6
			366932369 Rahu 10:01AM – 11:51AM	Bava Until 6:12PM	Nataraja: Purple		4th Phase
			Ekadashi Until 6:18AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

4	Saturday, May 26, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaltipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 25
	Tula Rasi: 5	Tithi 12 – 13	Gulika 4:30AM – 6:20AM	Chitra Until 9:05AM	Ganesha: Purple <i>Sunrise:</i> 4:30AM		Vilamba 5120
			Yama 1:42PM – 3:32PM	Vyaltipata* Until 6:59AM	Muruqa: White <i>Sunset:</i> 7:13PM		Moon 4 - Phase 6
			366932369 Rahu 8:11AM – 10:01AM	Kaulava Until 6:17PM	Nataraja: Purple		4th Phase
			Dvadashi Until 6:11AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

5	Sunday, May 27, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigraha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 26
	Tula Rasi: 17.49	Tithi 13 – 14	Gulika 3:33PM – 5:23PM	Svati Until 9:56AM	Ganesha: Purple <i>Sunrise:</i> 4:29AM		Vilamba 5120
			Yama 11:52AM – 1:42PM	Variyan Until 6:11AM	Muruqa: White <i>Sunset:</i> 7:14PM		Moon 4 - Phase 6
			366932369 Rahu 5:23PM – 7:14PM	Gara Until 6:46PM	Nataraja: Purple		4th Phase
			Trayodashi Until 6:27AM	Moon – Green		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi			

○	Monday, May 28, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sun 27
	Copper Retreat Star		Gulika 1:43PM – 3:33PM	Vishakha Until 11:30AM	Ganesha: Clear <i>Sunrise:</i> 4:29AM		Vilamba 5120
	Vrischika Rasi: 0.27	Tithi 14 – 15	Yama 10:01AM – 11:52AM	Shiva Until 5:39AM Tue	Muruqa: White <i>Sunset:</i> 7:15PM		Moon 4 - Phase 6
	Family Home Evening		376932369 Rahu 6:19AM – 8:10AM	Visti Until 7:41PM	Nataraja: Purple		Purnima
			Chaturdashi* Until 7:09AM	Moon – Orange		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

○	Tuesday, May 29, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Norman, OK Sun 28
	Silver Retreat Star		Gulika 11:52AM – 1:43PM	Anuradha Until 1:22PM	Ganesha: Clear <i>Sunrise:</i> 4:28AM		Vilamba 5120
	Vrischika Rasi: 12.53	Tithi 15 – 16	Yama 8:10AM – 10:01AM	Siddha Until 5:53AM Wed	Muruqa: White <i>Sunset:</i> 7:16PM		Moon 4 - Phase 6
			376932369 Rahu 3:34PM – 5:25PM	Balava Until 9:03PM	Nataraja: Purple		Prathama
			Purnima* Until 8:17AM	Moon – Orange		Bhuloka Day	
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vrischika Rasi: 25.07 Tithi 16 – 17

376932369

Creative Work Siddha Yoga

Until 3:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 10:01AM – 11:52AM
Yama 6:19AM – 8:10AM
Rahu 11:52AM – 1:43PM

Ganesh: Clear Sunrise: 4:28AM
Muruga: White Sunset: 7:16PM

Nataraja: Purple

Moon – Orange
Jyeshtha Adhika-Vaikasi
Devaloka Time: 6:AM to 9:AM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

1

Thursday, May 31, 2018

Dhanus Rasi: 7.11 Tithi 17 – 18

386932369

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK

Sun 1

Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 8:10AM – 10:01AM
Yama 4:27AM – 6:18AM
Rahu 1:43PM – 3:35PM

Ganesh: White Sunrise: 4:27AM
Muruga: White Sunset: 7:17PM

Nataraja: Purple

Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

2

Friday, June 1, 2018

Dhanus Rasi: 19.07 Tithi 18 – 19

387932369

Routine Work Prabalarishta Yoga

Until 9:17PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK

Sun 2

Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 6:18AM – 8:09AM
Yama 3:35PM – 5:27PM
Rahu 10:01AM – 11:52AM

Ganesh: Yellow Sunrise: 4:27AM
Muruga: White Sunset: 7:18PM

Nataraja: Purple

Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

3

Saturday, June 2, 2018

Makara Rasi: 0.56 Tithi 19 – 20

387932369

Routine Work Marana Yoga

Until 12:15AM Sun

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK

Sun 3

Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 4:26AM – 6:18AM
Yama 1:44PM – 3:36PM
Rahu 8:09AM – 10:01AM

Ganesh: Yellow Sunrise: 4:26AM
Muruga: White Sunset: 7:19PM

Nataraja: Purple

Moon – Light Blue
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Sunday, June 3, 2018

Makara Rasi: 12.43 Tithi 20

397932369

Creative Work Amrita Yoga

Until 3:32AM Mon

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sun 4

Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 3:36PM – 5:28PM
Yama 11:53AM – 1:44PM
Rahu 5:28PM – 7:19PM

Ganesh: Blue Sunrise: 4:26AM
Muruga: White Sunset: 7:19PM

Nataraja: Purple

Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

5

Monday, June 4, 2018

Makara Rasi: 24.32 Tithi 21

397932369

Family Home Evening

Creative Work Siddha Yoga

Until 6:25AM Tue

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK

Sun 5

Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 1:45PM – 3:36PM
Yama 10:01AM – 11:53AM
Rahu 6:17AM – 8:09AM

Ganesh: Blue Sunrise: 4:26AM
Muruga: White Sunset: 7:20PM

Nataraja: Purple

Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

6

Tuesday, June 5, 2018

Kumbha Rasi: 6.27 Tithi 22

397132361

Creative Work Siddha Yoga

Until 6:25AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saplamyam Titau

Norman, OK

Sun 6

Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Gulika 11:53AM – 1:45PM
Yama 8:09AM – 10:01AM
Rahu 3:37PM – 5:29PM

Ganesh: Purple Sunrise: 4:25AM
Muruga: White Sunset: 7:21PM

Nataraja: White

Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Devaloka Time: 9:AM to 12:PM

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Wednesday, June 6, 2018

Retreat Star

Kumbha Rasi: 18.33 Tithi 23

397132361

Creative Work Siddha Yoga

Until 8:39AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK

Sun 7

Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Gulika 10:01AM – 11:53AM
Yama 6:17AM – 8:09AM
Rahu 11:53AM – 1:45PM

Ganesh: Purple Sunrise: 4:25AM
Muruga: White Sunset: 7:21PM

Nataraja: White

Moon – Purple
Jyeshtha Adhika-Vaikasi

Devaloka Day

Devaloka Time: 6:AM to 9:AM

Thursday, June 7, 2018

Retreat Star

Meena Rasi: 0.56 Tithi 24

318132361

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK

Sun 8

Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Gulika 8:09AM – 10:01AM
Yama 4:25AM – 6:17AM
Rahu 1:45PM – 3:38PM

Ganesh: Red Sunrise: 4:25AM
Muruga: White Sunset: 7:22PM

Nataraja: White

Moon – Clear
Jyeshtha Adhika-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Friday, June 8, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.4	Tithi 25	Gulika 6:17AM – 8:09AM	Uttaraproshtapada Until 11:31AM	Ganesha: Red	<i>Sunrise:</i> 4:24AM	
		Yama 3:38PM – 5:30PM	Ayushman Until 10:45AM	Muruqa: White	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 8
318132361	Rahu 10:01AM – 11:53AM		Vanija Until 1:44PM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:29AM Sat	Moon – Clear		Bhuloka Day
				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM

2 Saturday, June 9, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Norman, OK Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.5	Tithi 26	Gulika 4:24AM – 6:17AM	Revati Until 11:29AM	Ganesha: Red	<i>Sunrise:</i> 4:24AM	
		Yama 1:46PM – 3:38PM	Saubhagya Until 9:18AM	Muruqa: White	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 8
318132361	Rahu 8:09AM – 10:01AM		Bava Until 1:04PM	Nataraja: White		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 12:25AM Sun	Moon – Clear		Bhuloka Day
Until 11:29AM				Jyeshtha Adhika-Vaikasi		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

3 Sunday, June 10, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Norman, OK Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 10.27	Tithi 27	Gulika 3:39PM – 5:31PM	Ashvini Until 10:58AM	Ganesha: Green	<i>Sunrise:</i> 4:24AM	
		Yama 11:54AM – 1:46PM	Sobhana Until 7:13AM	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8
328132361	Rahu 5:31PM – 7:24PM		Kaulava Until 11:36AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 10:34PM	Moon – White		Bhuloka Day
Until 10:58AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Prabalarishta Yoga						

4 Monday, June 11, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Norman, OK Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 24.31	Tithi 28	Gulika 1:47PM – 3:39PM	Bharani Until 9:35AM	Ganesha: Green	<i>Sunrise:</i> 4:24AM	
Family Home Evening		Yama 10:02AM – 11:54AM	Sukarma Until 1:18AM Tue	Muruqa: White	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 8
328132361	Rahu 6:17AM – 8:09AM		Gara Until 9:25AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 8:05PM	Moon – White		Bhuloka Day
Until 9:35AM				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

5 Tuesday, June 12, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Caluspada* Karana Chaturdashy/Amavasyayam Titau				Norman, OK Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 9	Tithi 29 – 30	Gulika 11:54AM – 1:47PM	Krittika Until 7:29AM	Ganesha: Green	<i>Sunrise:</i> 4:24AM	
		Yama 8:09AM – 10:02AM	Dhriti Until 9:43PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8
328132361	Rahu 3:39PM – 5:32PM		Visti Until 6:40AM	Nataraja: White		2nd Phase
Creative Work	Siddha Yoga		Chaturdashy* Until 5:06PM	Moon – White		Bhuloka Day
Until 7:29AM				Jyeshtha Adhika-Vaikasi		
Then Creative Work - Amrita Yoga						

Wednesday, June 13, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Norman, OK Sun 14 Sutra 59 Vilamba 5120
Retreat Star		Gulika 10:02AM – 11:54AM	Mrigashira Until 2:37AM Thu	Ganesha: White	<i>Sunrise:</i> 4:24AM	
Vrishabha Rasi: 23.47	Tithi 30 – 1	Yama 6:17AM – 8:09AM	Shula* Until 5:52PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8
338132361	Rahu 11:54AM – 1:47PM		Kintughna Until 12:03AM Thu	Nataraja: White		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:47PM	Moon – Yellow		Bhuloka Day
Until 2:37AM Thu				Jyeshtha Adhika-Vaikasi		
Then Routine Work - Marana Yoga						

Thursday, June 14, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 60 Vilamba 5120
Retreat Star		Gulika 8:09AM – 10:02AM	Ardra Until 11:46PM	Ganesha: Clear	<i>Sunrise:</i> 4:24AM	
Mithuna Rasi: 8.46	Tithi 1 – 2	Yama 4:24AM – 6:17AM	Ganda* Until 1:53PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 8
339132361	Rahu 1:47PM – 3:40PM		Balava Until 8:31PM	Nataraja: White		Prathama
Routine Work	Marana Yoga		Prathama* Until 10:16AM	Moon – Yellow		Bhuloka Day
Until 11:46PM				Jyeshtha-Ani		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Amrita Yoga						

1		Friday, June 15, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau		Norman, OK Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.48	Tithi 2 – 3	349132361	Gulika 6:17AM – 8:09AM Yama 3:40PM – 5:33PM Rahu 10:02AM – 11:55AM	Punarvasu Until 9:16PM Vriddhi Until 9:56AM Gara Until 3:20AM Sat Dvitiya Until 6:44AM	Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:26PM	Moon 5 - Phase 9 3rd Phase
Creative Work	Siddha Yoga					Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 9:16PM							
Then Routine Work - Marana Yoga							
2		Saturday, June 16, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau		Norman, OK Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.44	Tithi 4	349132361	Gulika 4:24AM – 6:17AM Yama 1:48PM – 3:41PM Rahu 8:09AM – 10:02AM	Pushya Until 6:51PM Dhruva Until 6:05AM Vanija Until 1:44PM Chaturthi* Until 12:11AM Sun	Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:26PM	Moon 5 - Phase 9 3rd Phase
Creative Work	Siddha Yoga					Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 6:51PM							
Then Routine Work - Marana Yoga							
3		Sunday, June 17, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Norman, OK Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 23.27	Tithi 5	349132361	Gulika 3:41PM – 5:34PM Yama 11:55AM – 1:48PM Rahu 5:34PM – 7:27PM	Ashlesha* Until 4:40PM Harshana Until 11:13PM Bava Until 10:46AM Panchami Until 9:26PM	Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:27PM	Moon 5 - Phase 9 3rd Phase
Creative Work	Siddha Yoga					Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 4:40PM			Father's Day				
Then Routine Work - Marana Yoga							
4		Monday, June 18, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau		Norman, OK Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.52	Tithi 6	359132361	Gulika 1:48PM – 3:41PM Yama 10:03AM – 11:55AM Rahu 6:17AM – 8:10AM	Magha* Until 3:14PM Vajra* Until 8:20PM Kaulava Until 8:15AM Shashthi* Until 7:09PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:27PM	Moon 5 - Phase 9 3rd Phase
Family Home Evening						Devaloka Day	
Routine Work	Marana Yoga						
Until 3:14PM							
Then Creative Work - Siddha Yoga							
5		Tuesday, June 19, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Gara/Visli* Karana Saptami/Ashlamyam Titau		Norman, OK Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.56	Tithi 7 – 8	359132361	Gulika 11:56AM – 1:49PM Yama 8:10AM – 10:03AM Rahu 3:41PM – 5:34PM	Purvaphalguni Until 2:12PM Siddhi Until 5:55PM Gara Until 6:15AM Saptami Until 5:27PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:27PM	Moon 5 - Phase 9 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day	
Until 2:12PM							
Then Creative Work - Amrita Yoga							
Retreat Star		Wednesday, June 20, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Norman, OK Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 5.38	Tithi 8 – 9	359132361	Gulika 10:03AM – 11:56AM Yama 6:17AM – 8:10AM Rahu 11:56AM – 1:49PM	Uttaraphalguni Until 1:36PM Vyatipata* Until 4:01PM Balava Until 4:00AM Thu Ashtami* Until 4:19PM	Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani	Sunrise: 4:24AM Sunset: 7:27PM	Moon 5 - Phase 9 Ashtami
Creative Work	Amrita Yoga					Devaloka Day	
Until 1:36PM			Chidambaram Abhishekam				
Then Routine Work - Marana Yoga							
Retreat Star		Thursday, June 21, 2018		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Norman, OK Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 19	Tithi 9 – 10	369132361	Gulika 8:10AM – 10:03AM Yama 4:25AM – 6:17AM Rahu 1:49PM – 3:42PM	Hasta Until 1:54PM Variyan Until 2:33PM Taitila Until 3:45AM Fri Navami* Until 3:47PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Green Jyeshtha-Ani	Sunrise: 4:25AM Sunset: 7:28PM	Moon 5 - Phase 9 Navami
Routine Work	Marana Yoga					Bhuloka Day	Devaloka Time: 9:AM to12:PM
Until 1:54PM							
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Friday, June 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 23 Sutra 68
	Tula Rasi: 2.03	Tithi 10 – 11	Gulika 6:18AM – 8:11AM	Chitra Until 2:35PM	Ganesha: Green	<i>Sunrise:</i> 4:25AM	Vilamba 5120
			Yama 3:42PM – 5:35PM	Parigha* Until 1:32PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 Rahu 10:03AM – 11:56AM	Vanija Until 4:03AM Sat	Nataraja: White		4th Phase
			Dashami Until 3:49PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

2	Saturday, June 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 24 Sutra 69
	Tula Rasi: 14.5	Tithi 11 – 12	Gulika 4:25AM – 6:18AM	Svati Until 3:38PM	Ganesha: Green	<i>Sunrise:</i> 4:25AM	Vilamba 5120
			Yama 1:49PM – 3:42PM	Shiva Until 12:58PM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	361132361 Rahu 8:11AM – 10:04AM	Bava Until 4:50AM Sun	Nataraja: White		4th Phase
			Ekadashi Until 4:21PM	Moon – Green		Bhuloka Day	
				Jyeshtha-Ani			

3	Sunday, June 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 25 Sutra 70
	Tula Rasi: 27.23	Tithi 12 – 13	Gulika 3:42PM – 5:35PM	Vishakha Until 5:28PM	Ganesha: Red	<i>Sunrise:</i> 4:25AM	Vilamba 5120
			Yama 11:57AM – 1:50PM	Siddha Until 12:45PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 Rahu 5:35PM – 7:28PM	Kaulava Until 6:05AM Mon	Nataraja: White		4th Phase
			Dvadashi Until 5:23PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			
				<i>Pradosha Vrata</i>			

4	Monday, June 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 71
	Vrischika Rasi: 9.45	Tithi 13	Gulika 1:50PM – 3:43PM	Anuradha Until 7:33PM	Ganesha: Red	<i>Sunrise:</i> 4:26AM	Vilamba 5120
	Family Home Evening		Yama 10:04AM – 11:57AM	Sadhya Until 12:52PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
	Creative Work	Siddha Yoga	371142361 Rahu 6:18AM – 8:11AM	Kaulava Until 6:05AM	Nataraja: White		4th Phase
			Trayodashi Until 6:50PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

5	Tuesday, June 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27 Sutra 72
	Vrischika Rasi: 21.56	Tithi 14	Gulika 11:57AM – 1:50PM	Jyeshtha* Until 9:51PM	Ganesha: Red	<i>Sunrise:</i> 4:26AM	Vilamba 5120
			Yama 8:12AM – 10:04AM	Subha Until 1:20PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
	Routine Work	Marana Yoga	371142361 Rahu 3:43PM – 5:35PM	Gara Until 7:44AM	Nataraja: White		4th Phase
			Chaturdashi* Until 8:40PM	Moon – Orange		Devaloka Day	
				Jyeshtha-Ani			

○	Wednesday, June 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 28 Sutra 73
	Copper Retreat Star		Gulika 10:05AM – 11:57AM	Mula* Until 12:48AM Thu	Ganesha: Blue	<i>Sunrise:</i> 4:26AM	Vilamba 5120
	Dhanus Rasi: 3.59	Tithi 15	Yama 6:19AM – 8:12AM	Sukla Until 2:01PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
			381142361 Rahu 11:57AM – 1:50PM	Visti Until 9:45AM	Nataraja: White		Purnima
			Purnima* Until 10:51PM	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

○	Thursday, June 28, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29 Sutra 74
	Silver Retreat Star		Gulika 8:12AM – 10:05AM	Purvashadha* Until 3:49AM Fri	Ganesha: Blue	<i>Sunrise:</i> 4:27AM	Vilamba 5120
	Dhanus Rasi: 15.54	Tithi 16	Yama 4:27AM – 6:19AM	Brahma Until 2:57PM	Muruqa: Clear	<i>Sunset:</i> 7:28PM	Moon 5 - Phase 10
			381142361 Rahu 1:50PM – 3:43PM	Balava Until 12:03PM	Nataraja: White		Prathama
			Prathama* Until 1:16AM Fri	Moon – Light Blue		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	



Friday, June 29, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiyayam Titau

Norman, OK
Sun 1
Sutra 75
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Dhanus Rasi: 27.44 Tithi 17

381142361

Gulika 6:20AM – 8:12AM
Yama 3:43PM – 5:36PM
Rahu 10:05AM – 11:58AM

Uttarashadha Until 6:47AM Sat
Indra Until 4:02PM
Taitila Until 2:34PM
Dvitiya Until 3:51AM Sat

Ganesha: Blue *Sunrise: 4:27AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 6:47AM Sat
Then Creative Work - Siddha Yoga

1

Saturday, June 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Norman, OK
Sun 2
Sutra 76
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 9.31 Tithi 18

381242361

Gulika 4:28AM – 6:20AM
Yama 1:50PM – 3:43PM
Rahu 8:13AM – 10:05AM

Uttarashadha Until 6:47AM
Vaidhriti* Until 5:09PM
Vanija Until 5:10PM
Tritiya Until 6:26AM Sun

Ganesha: Blue *Sunrise: 4:28AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 6:47AM
Then Creative Work - Siddha Yoga

2

Sunday, July 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK
Sun 3
Sutra 77
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Makara Rasi: 21.18 Tithi 18 – 19

391242361

Gulika 3:43PM – 5:36PM
Yama 11:58AM – 1:51PM
Rahu 5:36PM – 7:28PM

Shravana Until 10:06AM
Vishkambha* Until 6:14PM
Bava Until 7:43PM
Tritiya Until 6:26AM

Ganesha: Red *Sunrise: 4:28AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 10:06AM
Then Routine Work - Marana Yoga

3

Monday, July 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK
Sun 4
Sutra 78
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 3.08 Tithi 19 – 20

392242361

Gulika 1:51PM – 3:43PM
Yama 10:06AM – 11:58AM
Rahu 6:21AM – 8:13AM

Dhanishtha Until 1:05PM
Prili Until 7:10PM
Kaulava Until 10:01PM
Chaturthi* Until 8:53AM

Ganesha: Yellow *Sunrise: 4:29AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

4

Tuesday, July 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Ayushman Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Norman, OK
Sun 5
Sutra 79
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 15.05 Tithi 20 – 21

392242361

Gulika 11:58AM – 1:51PM
Yama 8:14AM – 10:06AM
Rahu 3:43PM – 5:35PM

Shatabhishak Until 3:34PM
Ayushman Until 7:46PM
Gara Until 11:55PM
Panchami Until 11:00AM

Ganesha: Yellow *Sunrise: 4:29AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Devaloka Day

Routine Work Marana Yoga

5

Wednesday, July 4, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK
Sun 6
Sutra 80
Vilamba 5120
Moon 6 - Phase 11
1st Phase

Kumbha Rasi: 27.14 Tithi 21 – 22

312242361

Gulika 10:06AM – 11:59AM
Yama 6:22AM – 8:14AM
Rahu 11:59AM – 1:51PM

Purvaprosarthapada* Until 5:53PM
Saubhagya Until 7:58PM
Visti Until 1:15AM Thu
Shashthi* Until 12:38PM

Ganesha: Orange *Sunrise: 4:30AM*
Muruqa: Clear *Sunset: 7:28PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 5:53PM
Then Creative Work - Siddha Yoga

D

Thursday, July 5, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprosarthapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Norman, OK
Sun 7
Sutra 81
Vilamba 5120
Moon 6 - Phase 11
Ashtami

Meena Rasi: 9.37 Tithi 22 – 23

312242361

Gulika 8:15AM – 10:07AM
Yama 4:30AM – 6:22AM
Rahu 1:51PM – 3:43PM

Uttaraprosarthapada Until 7:23PM
Sobhana Until 7:39PM
Balava Until 1:53AM Fri
Saptami Until 1:38PM

Ganesha: Orange *Sunrise: 4:30AM*
Muruqa: Clear *Sunset: 7:27PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Friday, July 6, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK
Sun 8
Sutra 82
Vilamba 5120
Moon 6 - Phase 11
Navami

Meena Rasi: 22.19 Tithi 23 – 24

412242361

Gulika 6:23AM – 8:15AM
Yama 3:43PM – 5:35PM
Rahu 10:07AM – 11:59AM

Revati Until 7:59PM
Athiganda* Until 6:43PM
Taitila Until 1:44AM Sat
Ashtami* Until 1:54PM

Ganesha: Green *Sunrise: 4:31AM*
Muruqa: Clear *Sunset: 7:27PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 7:59PM
Then Creative Work - Amrita Yoga

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Saturday, July 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Ashvini Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Norman, OK Sun 9 Sutra 83 Vilamba 5120
	Mesha Rasi: 5.25	Tithi 24 – 25	Gulika 4:31AM – 6:23AM	Ashvini Until 8:07PM	Ganesha: Orange	<i>Sunrise:</i> 4:31AM	
			Yama 1:51PM – 3:43PM	Sukarma Until 5:09PM	Muruqa: Clear	<i>Sunset:</i> 7:27PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	422242361 Rahu 8:15AM – 10:07AM	Vanija Until 12:48AM Sun	Nataraja: White		2nd Phase
			Navami* Until 1:21PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

2	Sunday, July 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 10 Sutra 84 Vilamba 5120
	Mesha Rasi: 18.57	Tithi 25 – 26	Gulika 3:43PM – 5:35PM	Bharani Until 7:18PM	Ganesha: Orange	<i>Sunrise:</i> 4:32AM	
			Yama 11:59AM – 1:51PM	Dhriti Until 2:58PM	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
	Routine Work	Prabalarishta Yoga	422242361 Rahu 5:35PM – 7:26PM	Bava Until 11:05PM	Nataraja: White		2nd Phase
			Dashami Until 12:01PM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

3	Monday, July 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 11 Sutra 85 Vilamba 5120
	Vrishabha Rasi: 2.56	Tithi 26 – 27	Gulika 1:51PM – 3:43PM	Krittika Until 5:40PM	Ganesha: Orange	<i>Sunrise:</i> 4:33AM	
	Family Home Evening		Yama 10:08AM – 11:59AM	Shula* Until 12:10PM	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
	Routine Work	Marana Yoga	422242361 Rahu 6:24AM – 8:16AM	Kaulava Until 8:41PM	Nataraja: White		2nd Phase
			Ekadashi* Until 9:57AM	Moon – White		Devaloka Day	
				Jyeshtha-Ani			

4	Tuesday, July 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 12 Sutra 86 Vilamba 5120
	Vrishabha Rasi: 17.22	Tithi 27 – 28	Gulika 12:00PM – 1:51PM	Rohini Until 3:44PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:33AM	
			Yama 8:16AM – 11:08AM	Ganda* Until 8:52AM	Muruqa: Clear	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 12
	Creative Work	Amrita Yoga	432242361 Rahu 3:43PM – 5:34PM	Vanija Until 4:04AM Wed	Nataraja: White		2nd Phase
			Dvadashi* Until 7:15AM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	
				<i>Pradosha Vrata (Fasting)</i>			

5	Wednesday, July 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Norman, OK Sun 13 Sutra 87 Vilamba 5120
	Mithuna Rasi: 2.1	Tithi 29	Gulika 10:08AM – 12:00PM	Mrigashira Until 1:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:34AM	
			Yama 6:25AM – 8:17AM	Dhruva Until 1:12AM Thu	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	432242361 Rahu 12:00PM – 1:51PM	Visti Until 2:22PM	Nataraja: White		2nd Phase
			Chaturdashi* Until 12:33AM Thu	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

	Thursday, July 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK Sun 14 Sutra 88 Vilamba 5120
	Retreat Star		Gulika 8:17AM – 10:09AM	Ardra Until 10:17AM	Ganesha: Light Blue	<i>Sunrise:</i> 4:35AM	
	Mithuna Rasi: 17.12	Tithi 30	Yama 4:35AM – 6:26AM	Vyaghata* Until 9:04PM	Muruqa: Clear	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 12
			432242361 Rahu 1:51PM – 3:42PM	Catuspada Until 10:43AM	Nataraja: White		Amavasya
			Amavasya* Until 8:50PM	Moon – Yellow		Bhuloka Day	
				Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM	

Retreat Star	Friday, July 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 89 Vilamba 5120
	Kataka Rasi: 2.22	Tithi 1 – 2	Gulika 6:27AM – 8:18AM	Punarvasu Until 7:30AM	Ganesha: Purple	<i>Sunrise:</i> 4:36AM	
			Yama 3:42PM – 5:33PM	Harshana Until 4:55PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 12
	Creative Work	Siddha Yoga	442242361 Rahu 10:09AM – 12:00PM	Kintughna Until 6:58AM	Nataraja: White		Prathama
			Prathama* Until 5:05PM	Moon – Blue		Bhuloka Day	
		Partial Solar Eclipse		Ashada-Ani		Devaloka Time: 12:PM to 3:PM	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1	Saturday, July 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Norman, OK
	Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Sun 16
	Kataka Rasi: 17.31	Tithi 2 – 3	Gulika 4:36AM – 6:27AM	Ashlesha* Until 1:51AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:36AM	Vilamba 5120
	442242361	Rahu	Yama 1:51PM – 3:42PM	Vajra* Until 12:51PM	Muruqa: Clear	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	8:18AM – 10:09AM	Taitila Until 11:46PM	Nataraja: White		3rd Phase	
			Dvitiya Until 1:28PM	Moon – Blue			
				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

2	Sunday, July 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Norman, OK
	Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau						Sun 17
	Simha Rasi: 2.28	Tithi 3 – 4	Gulika 3:42PM – 5:32PM	Magha* Until 11:43PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:37AM	Vilamba 5120
	452242361	Rahu	Yama 12:00PM – 1:51PM	Siddhi Until 9:02AM	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	5:32PM – 7:23PM	Vanija Until 8:37PM	Nataraja: White		3rd Phase	
Until 11:43PM			Tritiya Until 10:07AM	Moon – Red			
Then Creative Work - Siddha Yoga				Ashada*Ani		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

3	Monday, July 16, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam				Norman, OK
	Purvaphalguni Nakshatra Varyan Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau						Sun 18
	Simha Rasi: 17.08	Tithi 4 – 5	Gulika 1:51PM – 3:41PM	Purvaphalguni Until 9:56PM	Ganesha: Purple	<i>Sunrise:</i> 4:38AM	Vilamba 5120
	453242361	Rahu	Yama 10:10AM – 12:00PM	Variyan Until 2:31AM Tue	Muruqa: Clear	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 13
Family Home Evening		6:28AM – 8:19AM	Balava Until 4:49AM Tue	Nataraja: White		3rd Phase	
Creative Work	Siddha Yoga		Chaturthi* Until 7:12AM	Moon – Red			
				Ashada*Adi		Bhuloka Day	
						Devaloka Time: 12:PM to 3:PM	

4	Tuesday, July 17, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam				Norman, OK
	Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau						Sun 19
	Kanya Rasi: 1.24	Tithi 6	Gulika 12:00PM – 1:51PM	Uttaraphalguni Until 8:39PM	Ganesha: Purple	<i>Sunrise:</i> 4:39AM	Vilamba 5120
	453242362	Rahu	Yama 8:19AM – 10:10AM	Parigha* Until 12:01AM Wed	Muruqa: Clear	<i>Sunset:</i> 7:22PM	Moon 6 - Phase 13
Creative Work	Amrita Yoga	3:41PM – 5:32PM	Kaulava Until 3:53PM	Nataraja: Clear		3rd Phase	
Until 8:39PM			Shashthi* Until 3:06AM Wed	Moon – Red			
Then Creative Work - Siddha Yoga				Ashada*Adi		Devaloka Day	

5	Wednesday, July 18, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam				Norman, OK
	Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau						Sun 20
	Kanya Rasi: 15.15	Tithi 7	Gulika 10:10AM – 12:00PM	Hasta Until 8:20PM	Ganesha: Clear	<i>Sunrise:</i> 4:39AM	Vilamba 5120
	463242362	Rahu	Yama 6:30AM – 8:20AM	Shiva Until 10:06PM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13
Routine Work	Marana Yoga	12:00PM – 1:51PM	Gara Until 2:31PM	Nataraja: Clear		3rd Phase	
Until 8:20PM			Saptami Until 2:05AM Thu	Moon – Green			
Then Creative Work - Siddha Yoga				Ashada*Adi		Sivaloka Day	

☾	Thursday, July 19, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam				Norman, OK
	Retreat Star		Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Sun 21
	Kanya Rasi: 28.41	Tithi 8	Gulika 8:20AM – 10:10AM	Chitra Until 8:37PM	Ganesha: Clear	<i>Sunrise:</i> 4:40AM	Vilamba 5120
	463242362	Rahu	Yama 4:40AM – 6:30AM	Siddha Until 8:45PM	Muruqa: Clear	<i>Sunset:</i> 7:21PM	Moon 6 - Phase 13
Creative Work	Siddha Yoga	1:50PM – 3:41PM	Visti Until 1:52PM	Nataraja: Clear		Ashtami	
Until 8:37PM			Ashtami* Until 1:48AM Fri	Moon – Green			
Then Creative Work - Amrita Yoga				Ashada*Adi		Sivaloka Day	

☽	Friday, July 20, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam				Norman, OK
	Retreat Star		Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Sun 22
	Tula Rasi: 11.43	Tithi 9	Gulika 6:31AM – 8:21AM	Svati Until 9:26PM	Ganesha: Clear	<i>Sunrise:</i> 4:41AM	Vilamba 5120
	463242362	Rahu	Yama 3:40PM – 5:30PM	Sadhya Until 7:58PM	Muruqa: Clear	<i>Sunset:</i> 7:20PM	Moon 6 - Phase 13
Creative Work	Siddha Yoga	10:11AM – 12:00PM	Balava Until 1:57PM	Nataraja: Clear		Navami	
			Navami* Until 2:13AM Sat	Moon – Green			
				Ashada*Adi		Sivaloka Day	

1		Saturday, July 21, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Norman, OK Sun 23 Sutra 97 Vilamba 5120	
Tula Rasi: 24.24	Tithi 10	Gulika 4:42AM – 6:32AM	Vishakha Until 11:12PM	Ganesha: White	<i>Sunrise:</i> 4:42AM		
		Yama 1:50PM – 3:40PM	Subha Until 7:44PM	Muruqa: Clear	<i>Sunset:</i> 7:19PM	Moon 6 - Phase 14	
		473242362 Rahu 8:21AM – 10:11AM	Taitila Until 2:42PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 3:17AM Sun	Moon – Orange		Devaloka Day	
				Ashada*Adi			

2		Sunday, July 22, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Norman, OK Sun 24 Sutra 98 Vilamba 5120	
Vrischika Rasi: 6.49	Tithi 11	Gulika 3:39PM – 5:29PM	Anuradha Until 1:20AM Mon	Ganesha: White	<i>Sunrise:</i> 4:43AM		
		Yama 12:01PM – 1:50PM	Sukla Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 14	
		473242362 Rahu 5:29PM – 7:18PM	Vanija Until 4:02PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 4:52AM Mon	Moon – Orange		Devaloka Day	
Until 1:20AM Mon				Ashada*Adi			
Then Creative Work - Siddha Yoga							

3		Monday, July 23, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Norman, OK Sun 25 Sutra 99 Vilamba 5120	
Vrischika Rasi: 19.01	Tithi 12	Gulika 1:50PM – 3:39PM	Jyeshtha* Until 3:45AM Tue	Ganesha: White	<i>Sunrise:</i> 4:44AM		
Family Home Evening		Yama 10:11AM – 12:01PM	Brahma Until 8:26PM	Muruqa: Clear	<i>Sunset:</i> 7:18PM	Moon 6 - Phase 14	
		473242362 Rahu 6:33AM – 8:22AM	Bava Until 5:52PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 6:54AM Tue	Moon – Orange		Devaloka Day	
Until 3:45AM Tue				Ashada*Adi			
Then Creative Work - Amrita Yoga							

4		Tuesday, July 24, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 26 Sutra 100 Vilamba 5120	
Dhanus Rasi: 1.02	Tithi 12 – 13	Gulika 12:01PM – 1:50PM	Mula* Until 6:48AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 4:44AM		
		Yama 8:23AM – 10:12AM	Indra Until 9:16PM	Muruqa: Clear	<i>Sunset:</i> 7:17PM	Moon 6 - Phase 14	
		483242362 Rahu 3:39PM – 5:28PM	Kaulava Until 8:03PM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 6:54AM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
				<i>Pradosha Vrata</i>			

5		Wednesday, July 25, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 27 Sutra 101 Vilamba 5120	
Dhanus Rasi: 12.56	Tithi 13 – 14	Gulika 10:12AM – 12:01PM	Mula* Until 6:48AM	Ganesha: Red	<i>Sunrise:</i> 4:45AM		
		Yama 6:34AM – 8:23AM	Vaidhriti* Until 10:15PM	Muruqa: Clear	<i>Sunset:</i> 7:16PM	Moon 6 - Phase 14	
		483342362 Rahu 12:01PM – 1:49PM	Gara Until 10:30PM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 9:14AM	Moon – Light Blue		Sivaloka Day	
Until 6:48AM				Ashada*Adi			
Then Creative Work - Amrita Yoga							

○		Thursday, July 26, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Norman, OK Sun 28 Sutra 102 Vilamba 5120	
Copper Retreat Star		Gulika 8:23AM – 10:12AM	Purvashadha* Until 9:53AM	Ganesha: Red	<i>Sunrise:</i> 4:46AM		
Dhanus Rasi: 24.45	Tithi 14 – 15	Yama 4:46AM – 6:35AM	Vishkambha* Until 11:21PM	Muruqa: Clear	<i>Sunset:</i> 7:15PM	Moon 6 - Phase 14	
		483342362 Rahu 1:49PM – 3:38PM	Visti Until 1:05AM Fri	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 11:46AM	Moon – Light Blue		Sivaloka Day	
Until 9:53AM				Ashada*Adi			
Then Routine Work - Marana Yoga							
		Satguru Purnima					

○		Friday, July 27, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Norman, OK Sun 29 Sutra 103 Vilamba 5120	
Silver Retreat Star		Gulika 6:36AM – 8:24AM	Uttarashadha Until 12:52PM	Ganesha: Red	<i>Sunrise:</i> 4:47AM		
Makara Rasi: 6.32	Tithi 15 – 16	Yama 3:37PM – 5:26PM	Priti Until 12:29AM Sat	Muruqa: Clear	<i>Sunset:</i> 7:14PM	Moon 6 - Phase 14	
		483342362 Rahu 10:12AM – 12:01PM	Balava Until 3:39AM Sat	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Purnima* Until 2:21PM	Moon – Light Blue		Sivaloka Day	
				Ashada*Adi			
		Total Lunar Eclipse					

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda



Saturday, July 28, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK
 Sutra 104
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Makara Rasi: 18.2 Tilthi 16 - 17

493342362

Gulika 4:48AM - 6:36AM
Yama 1:49PM - 3:37PM
Rahu 8:24AM - 10:12AM

Shravana Until 4:08PM
 Ayushman Until 1:29AM Sun
 Taitila Until 6:06AM Sun
Prathama* Until 4:53PM

Ganesha: Blue *Sunrise:* 4:48AM
Muruqa: Clear *Sunset:* 7:13PM
Nataraja: Clear
 Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK
 Sun 1 Sutra 105
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Kumbha Rasi: 0.11 Tilthi 17

493342362

Gulika 3:36PM - 5:24PM
Yama 12:01PM - 1:48PM
Rahu 5:24PM - 7:12PM

Dhanishtha Until 7:03PM
 Saubhagya Until 2:20AM Mon
 Taitila Until 6:06AM
Dvitiya Until 7:14PM

Ganesha: Blue *Sunrise:* 4:49AM
Muruqa: Clear *Sunset:* 7:12PM
Nataraja: Clear
 Moon - Purple

Devaloka Day

Routine Work Marana Yoga

Until 7:03PM

Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
 Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

Norman, OK
 Sun 2 Sutra 106
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Kumbha Rasi: 12.07 Tilthi 18

494342362

Family Home Evening
 Creative Work Siddha Yoga

Gulika 1:48PM - 3:36PM
Yama 10:13AM - 12:01PM
Rahu 6:38AM - 8:25AM

Shatabhishak Until 9:32PM
 Sobhana Until 2:58AM Tue
 Vanija Until 8:19AM
Tritiya Until 9:17PM

Ganesha: Blue *Sunrise:* 4:50AM
Muruqa: Clear *Sunset:* 7:11PM
Nataraja: Clear
 Moon - Purple

Devaloka Day

Until 9:32PM

Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK
 Sun 3 Sutra 107
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Kumbha Rasi: 24.11 Tilthi 19

414342362

Routine Work Marana Yoga

Until 11:57PM

Then Creative Work - Amrita Yoga

Gulika 12:00PM - 1:48PM
Yama 8:26AM - 10:13AM
Rahu 3:35PM - 5:23PM

Purvaproshtapada* Until 11:57PM
 Athiganda* Until 3:14AM Wed
 Bava Until 10:11AM
Chaturthi* Until 10:56PM

Ganesha: White *Sunrise:* 4:51AM
Muruqa: Clear *Sunset:* 7:10PM
Nataraja: Clear
 Moon - Clear

Devaloka Day

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK
 Sun 4 Sutra 108
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Meena Rasi: 6.26 Tilthi 20

414342362

Creative Work Siddha Yoga

Gulika 10:13AM - 12:00PM
Yama 6:39AM - 8:26AM
Rahu 12:00PM - 1:48PM

Uttaraproshtapada Until 1:43AM Thu
 Sukarma Until 3:07AM Thu
 Kaulava Until 11:36AM
Panchami Until 12:06AM Thu

Ganesha: White *Sunrise:* 4:52AM
Muruqa: Clear *Sunset:* 7:09PM
Nataraja: Clear
 Moon - Clear

Devaloka Day

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
 Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK
 Sun 5 Sutra 109
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Meena Rasi: 18.54 Tilthi 21

414342362

Creative Work Siddha Yoga

Until 2:46AM Fri

Then Creative Work - Amrita Yoga

Gulika 8:27AM - 10:13AM
Yama 4:53AM - 6:40AM
Rahu 1:47PM - 3:34PM

Revati Until 2:46AM Fri
 Dhriti Until 2:34AM Fri
 Gara Until 12:29PM
Shashthi* Until 12:41AM Fri

Ganesha: White *Sunrise:* 4:53AM
Muruqa: Clear *Sunset:* 7:08PM
Nataraja: Clear
 Moon - Clear

Devaloka Day

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ashvini Nakshatra Shula* Yoga Visiti*/Bava Karana Saptamyam Titau

Norman, OK
 Sun 6 Sutra 110
 Vilamba 5120
 Moon 7 - Phase 15
 1st Phase

Mesha Rasi: 1.38 Tilthi 22

424342362

Creative Work Amrita Yoga

Until 3:30AM Sat

Then Creative Work - Siddha Yoga

Gulika 6:40AM - 8:27AM
Yama 3:34PM - 5:20PM
Rahu 10:14AM - 12:00PM

Ashvini Until 3:30AM Sat
 Shula* Until 1:28AM Sat
 Visiti Until 12:45PM
Saptami Until 12:37AM Sat

Ganesha: Clear *Sunrise:* 4:54AM
Muruqa: Clear *Sunset:* 7:07PM
Nataraja: Clear
 Moon - White

Sivaloka Day

☾

Saturday, August 4, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
 Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK
 Sun 7 Sutra 111
 Vilamba 5120
 Moon 7 - Phase 15
 Ashtami

Mesha Rasi: 14.42 Tilthi 23

424342362

Creative Work Siddha Yoga

Gulika 4:55AM - 6:41AM
Yama 1:47PM - 3:33PM
Rahu 8:27AM - 10:14AM

Bharani Until 3:24AM Sun
 Ganda* Until 11:50PM
 Balava Until 12:21PM
Ashtami* Until 11:53PM

Ganesha: Clear *Sunrise:* 4:55AM
Muruqa: Clear *Sunset:* 7:06PM
Nataraja: Clear
 Moon - White

Sivaloka Day

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK
 Sun 8 Sutra 112
 Vilamba 5120
 Moon 7 - Phase 15
 Navami

Mesha Rasi: 28.08 Tilthi 24

424342362

Creative Work Siddha Yoga

Until 2:29AM Mon

Then Creative Work - Amrita Yoga

Gulika 3:32PM - 5:18PM
Yama 12:00PM - 1:46PM
Rahu 5:18PM - 7:05PM

Krittika Until 2:29AM Mon
 Vriddhi Until 9:41PM
 Taitila Until 11:16AM
Navami* Until 10:28PM

Ganesha: Clear *Sunrise:* 4:56AM
Muruqa: Clear *Sunset:* 7:05PM
Nataraja: Clear
 Moon - White

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1	Monday, August 6, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau				Norman, OK
						Sun 9	Sutra 113
Vrishabha Rasi: 11.58	Tithi 25		Gulika 1:46PM – 3:32PM	Rohini Until 1:13AM Tue	Ganesha: Purple	<i>Sunrise:</i> 4:56AM	Vilamba 5120
Family Home Evening	434342362		Yama 10:14AM – 12:00PM	Dhruva Until 6:57PM	Muruqa: Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 16
Creative Work Amrita Yoga			Rahu 6:42AM – 8:28AM	Vanija Until 9:31AM	Nataraja: Clear		2nd Phase
Until 1:13AM Tue				Dashami Until 8:24PM	Moon – Yellow		Devaloka Day
Then Creative Work - Siddha Yoga					Ashada-Adi		

2	Tuesday, August 7, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK
						Sun 10	Sutra 114
Vrishabha Rasi: 26.11	Tithi 26 – 27		Gulika 12:00PM – 1:45PM	Mrigashira Until 11:16PM	Ganesha: Purple	<i>Sunrise:</i> 4:57AM	Vilamba 5120
	434342362		Yama 8:29AM – 10:14AM	Vyaghata* Until 3:47PM	Muruqa: Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 16
Creative Work Siddha Yoga			Rahu 3:31PM – 5:17PM	Bava Until 7:10AM	Nataraja: Clear		2nd Phase
Until 11:16PM				Ekadashi* Until 5:46PM	Moon – Yellow		Devaloka Day
Then Routine Work - Marana Yoga					Ashada-Adi		

3	Wednesday, August 8, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK
						Sun 11	Sutra 115
Mithuna Rasi: 10.47	Tithi 27 – 28		Gulika 10:14AM – 12:00PM	Ardra Until 8:45PM	Ganesha: Purple	<i>Sunrise:</i> 4:58AM	Vilamba 5120
	434342362		Yama 6:44AM – 8:29AM	Harshana Until 12:13PM	Muruqa: Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 16
Creative Work Siddha Yoga			Rahu 12:00PM – 1:45PM	Gara Until 1:00AM Thu	Nataraja: Clear		2nd Phase
				Dvadashi* Until 2:40PM	Moon – Yellow		Devaloka Day
					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		

4	Thursday, August 9, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK
						Sun 12	Sutra 116
Mithuna Rasi: 25.4	Tithi 28 – 29		Gulika 8:29AM – 10:15AM	Punarvasu Until 6:12PM	Ganesha: Light Blue	<i>Sunrise:</i> 4:59AM	Vilamba 5120
	444342362		Yama 4:59AM – 6:44AM	Vajra* Until 8:21AM	Muruqa: Clear	<i>Sunset:</i> 7:00PM	Moon 7 - Phase 16
Creative Work Amrita Yoga			Rahu 1:45PM – 3:30PM	Visti Until 9:28PM	Nataraja: Clear		2nd Phase
				Trayodashi* Until 11:14AM	Moon – Blue		Devaloka Day
					Ashada-Adi		

	Friday, August 10, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Norman, OK
						Sun 13	Sutra 117
Retreat Star			Gulika 6:45AM – 8:30AM	Pushya Until 3:22PM	Ganesha: Light Blue	<i>Sunrise:</i> 5:00AM	Vilamba 5120
Kataka Rasi: 10.45	Tithi 29 – 30		Yama 3:29PM – 5:14PM	Vyatipata* Until 12:12AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 16
	444342362		Rahu 10:15AM – 11:59AM	Naga Until 3:57AM Sat	Nataraja: Clear		Amavasya
Routine Work Marana Yoga				Chaturdashi* Until 7:37AM	Moon – Blue		Devaloka Day
					Ashada-Adi		

Retreat Star	Saturday, August 11, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK
						Sun 14	Sutra 118
Kataka Rasi: 25.52	Tithi 1		Gulika 5:01AM – 6:46AM	Ashlesha* Until 12:25PM	Ganesha: Orange	<i>Sunrise:</i> 5:01AM	Vilamba 5120
			Yama 1:44PM – 3:28PM	Variyan Until 8:10PM	Muruqa: Clear	<i>Sunset:</i> 6:57PM	Moon 7 - Phase 16
	445342362		Rahu 8:30AM – 10:15AM	Kintughna Until 2:10PM	Nataraja: Clear		Prathama
Routine Work Marana Yoga				Prathama* Until 12:24AM Sun	Moon – Blue		Sivaloka Day
Until 12:25PM			Partial Solar Eclipse		Sravana-Adi		
Then Creative Work - Amrita Yoga							

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

1 Sunday, August 12, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.53	Tithi 2	Gulika 3:28PM – 5:12PM	Magha* Until 9:56AM	Ganesha: Clear	<i>Sunrise:</i> 5:02AM	
		Yama 11:59AM – 1:43PM	Parigha* Until 4:19PM	Muruqa: Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
		455342362 Rahu 5:12PM – 6:56PM	Balava Until 10:44AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 9:07PM	Moon – Red		Sivaloka Day
Until 9:56AM				Sravana-Adi		
Then Creative Work - Siddha Yoga						

2 Monday, August 13, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Norman, OK Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.4	Tithi 3	Gulika 1:43PM – 3:27PM	Purvaphalguni Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 5:03AM	
Family Home Evening		Yama 10:15AM – 11:59AM	Shiva Until 12:49PM	Muruqa: Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
		455342362 Rahu 6:47AM – 8:31AM	Taitila Until 7:39AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:16PM	Moon – Red		Sivaloka Day
				Sravana-Adi		

3 Tuesday, August 14, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddha/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 10.05	Tithi 4 – 5	Gulika 11:59AM – 1:42PM	Hasta Until 4:42AM Wed	Ganesha: Purple	<i>Sunrise:</i> 5:04AM	
		Yama 8:31AM – 10:15AM	Siddha Until 9:44AM	Muruqa: Clear	<i>Sunset:</i> 6:53PM	Moon 7 - Phase 17
		465342362 Rahu 3:26PM – 5:10PM	Bava Until 3:05AM Wed	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 3:58PM	Moon – Green		Subha Sivaloka Day
				Sravana-Adi		

4 Wednesday, August 15, 2018		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Norman, OK Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 24.04	Tithi 5 – 6	Gulika 10:15AM – 11:59AM	Chitra Until 4:17AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:05AM	
		Yama 6:48AM – 8:32AM	Sadhya Until 7:12AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
		465342362 Rahu 11:59AM – 1:42PM	Kaulava Until 1:52AM Thu	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:22PM	Moon – Green		Subha Sivaloka Day
Until 4:17AM Thu		Nag Panchami		Sravana-Adi		
Then Creative Work - Amrita Yoga						

5 Thursday, August 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.37	Tithi 6 – 7	Gulika 8:32AM – 10:15AM	Svati Until 4:30AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:06AM	
		Yama 5:06AM – 6:49AM	Sukla Until 4:00AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 17
		465342362 Rahu 1:41PM – 3:24PM	Gara Until 1:26AM Fri	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 1:32PM	Moon – Green		Subha Sivaloka Day
Until 4:30AM Fri				Sravana-Avani		
Then Creative Work - Siddha Yoga						

Friday, August 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK Sun 20 Sutra 124 Vilamba 5120
Retreat Star		Gulika 6:50AM – 8:33AM	Vishakha Until 5:49AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:07AM	
Tula Rasi: 20.43	Tithi 7 – 8	Yama 3:24PM – 5:06PM	Brahma Until 3:21AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 17
		575342362 Rahu 10:15AM – 11:58AM	Visti Until 1:50AM Sat	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Saptami Until 1:31PM	Moon – Orange		Subha Sivaloka Day
				Sravana-Avani		

Saturday, August 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 21 Sutra 125 Vilamba 5120
Retreat Star		Gulika 5:08AM – 6:51AM	Anuradha Until 7:42AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:08AM	
Vrischika Rasi: 3.25	Tithi 8 – 9	Yama 1:40PM – 3:23PM	Indra Until 3:18AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:48PM	Moon 7 - Phase 17
		575342362 Rahu 8:33AM – 10:15AM	Balava Until 2:58AM Sun	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Ashtami* Until 2:17PM	Moon – Orange		Subha Sivaloka Day
Until 7:42AM Sun				Sravana-Avani		
Then Routine Work - Marana Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

1	Sunday, August 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 22 Sutra 126 Vilamba 5120
	Vrischika Rasi: 15.47 Tithi 9 – 10	575442362	Gulika Yama Rahu	3:22PM – 5:04PM 11:58AM – 1:40PM 5:04PM – 6:46PM	Anuradha Until 7:42AM Vaidhriti* Until 3:42AM Mon Taitila Until 4:44AM Mon Navami* Until 3:45PM	Ganesha: Clear Sunrise: 5:09AM Muruqa: Clear Sunset: 6:46PM Nataraja: Clear Moon – Orange	Moon 7 - Phase 18 4th Phase
	Routine Work Marana Yoga		Sivaloka Day				

2	Monday, August 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekashyam Titau				Norman, OK Sun 23 Sutra 127 Vilamba 5120
	Vrischika Rasi: 27.55 Tithi 10 – 11	575442362	Gulika Yama Rahu	1:39PM – 3:21PM 10:16AM – 11:57AM 6:52AM – 8:34AM	Jyeshtha* Until 10:00AM Vishkambha* Until 4:29AM Tue Vanija Until 6:58AM Tue Dashami Until 5:47PM	Ganesha: Clear Sunrise: 5:10AM Muruqa: Clear Sunset: 6:45PM Nataraja: Clear Moon – Orange	Moon 7 - Phase 18 4th Phase
	Family Home Evening Creative Work Siddha Yoga		Sivaloka Day				

3	Tuesday, August 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekashyam Titau				Norman, OK Sun 24 Sutra 128 Vilamba 5120
	Dhanus Rasi: 9.51 Tithi 11	586442362	Gulika Yama Rahu	11:57AM – 1:39PM 8:34AM – 10:16AM 3:20PM – 5:02PM	Mula* Until 1:02PM Priti Until 5:31AM Wed Vanija Until 6:58AM Ekadashi Until 8:11PM	Ganesha: Clear Sunrise: 5:11AM Muruqa: Clear Sunset: 6:43PM Nataraja: Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase
	Creative Work Amrita Yoga Until 1:02PM Then Creative Work - Siddha Yoga		Sivaloka Day				

4	Wednesday, August 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvashyam Titau				Norman, OK Sun 25 Sutra 129 Vilamba 5120
	Dhanus Rasi: 21.41 Tithi 12	586442362	Gulika Yama Rahu	10:16AM – 11:57AM 6:53AM – 8:34AM 11:57AM – 1:38PM	Purvashadha* Until 4:08PM Ayushman Until 6:35AM Thu Bava Until 9:29AM Dvashami Until 10:46PM	Ganesha: Clear Sunrise: 5:12AM Muruqa: Clear Sunset: 6:42PM Nataraja: Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase
	Creative Work Amrita Yoga		Sivaloka Day				

5	Thursday, August 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 130 Vilamba 5120
	Makara Rasi: 3.28 Tithi 13	586442362	Gulika Yama Rahu	8:35AM – 10:16AM 5:13AM – 6:54AM 1:38PM – 3:19PM	Uttarashadha Until 7:07PM Ayushman Until 6:35AM Kaulava Until 12:06PM Trayodashi Until 1:22AM Fri	Ganesha: Clear Sunrise: 5:13AM Muruqa: Clear Sunset: 6:40PM Nataraja: Clear Moon – Light Blue	Moon 7 - Phase 18 4th Phase
	Routine Work Marana Yoga Until 7:07PM Then Creative Work - Siddha Yoga		Sivaloka Day				
	<i>Pradosha Vrata</i>						

6	Friday, August 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27 Sutra 131 Vilamba 5120
	Makara Rasi: 15.16 Tithi 14	596442362	Gulika Yama Rahu	6:54AM – 8:35AM 3:18PM – 4:58PM 10:16AM – 11:56AM	Shravana Until 10:19PM Saubhagya Until 7:39AM Gara Until 2:38PM Chaturdashi* Until 3:49AM Sat	Ganesha: White Sunrise: 5:14AM Muruqa: Clear Sunset: 6:39PM Nataraja: Clear Moon – Purple	Moon 7 - Phase 18 4th Phase
	Routine Work Marana Yoga Until 10:19PM Then Creative Work - Siddha Yoga		Subha Sivaloka Day				
	Chidambaram Abhishekam						

○	Saturday, August 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 28 Sutra 132 Vilamba 5120
	Copper Retreat Star						
	Makara Rasi: 27.08 Tithi 15	596442362	Gulika Yama Rahu	5:15AM – 6:55AM 1:36PM – 3:17PM 8:35AM – 10:16AM	Dhanishtha Until 1:07AM Sun Sobhana Until 8:36AM Visti Until 4:58PM Purnima* Until 5:59AM Sun	Ganesha: White Sunrise: 5:15AM Muruqa: Clear Sunset: 6:37PM Nataraja: Clear Moon – Purple	Moon 7 - Phase 18 Purnima
	Creative Work Siddha Yoga		Subha Sivaloka Day				

○	Sunday, August 26, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Balava Karana Prathamayam Titau				Norman, OK Sun 29 Sutra 133 Vilamba 5120
	Silver Retreat Star						
	Kumbha Rasi: 9.06 Tithi 16	596442362	Gulika Yama Rahu	3:16PM – 4:56PM 11:56AM – 1:36PM 4:56PM – 6:36PM	Shatabhishak Until 3:25AM Mon Athiganda* Until 9:17AM Balava Until 6:58PM Prathama* Until 7:48AM Mon	Ganesha: White Sunrise: 5:16AM Muruqa: Clear Sunset: 6:36PM Nataraja: Clear Moon – Purple	Moon 7 - Phase 18 Prathama
	Creative Work Siddha Yoga Until 3:25AM Mon Then Routine Work - Marana Yoga		Subha Sivaloka Day				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 21.13 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 5:39AM Tue
Then Creative Work - Amrita Yoga

517452363
Rahu

Gulika 1:35PM – 3:15PM
Yama 10:16AM – 11:56AM
Rahu 6:56AM – 8:36AM

Purvaprosarthpada* Until 5:39AM Tue
Sukarma Until 9:43AM
Taitila Until 8:35PM
Prathama* Until 7:48AM

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:17AM
Sunset: 6:34PM

Norman, OK
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Sivaloka Day

1

Tuesday, August 28, 2018

Meena Rasi: 3.3 Tithi 17 – 18
Creative Work Amrita Yoga
Until 7:18AM Wed
Then Routine Work - Marana Yoga

517452363
Rahu

Gulika 11:55AM – 1:35PM
Yama 8:36AM – 10:16AM
Rahu 3:14PM – 4:53PM

Uttaraprosarthpada Until 7:18AM Wed
Dhriti Until 9:50AM
Vanija Until 9:46PM
Dvitiya Until 9:12AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:18AM
Sunset: 6:33PM

Norman, OK
Sun 1
Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Meena Rasi: 15.58 Tithi 18 – 19
Creative Work Siddha Yoga
Until 7:18AM
Then Routine Work - Marana Yoga

517452363
Rahu

Gulika 10:16AM – 11:55AM
Yama 6:58AM – 8:37AM
Rahu 11:55AM – 1:34PM

Uttaraprosarthpada Until 7:18AM
Shula* Until 9:34AM
Bava Until 10:30PM
Tritiya Until 10:10AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:19AM
Sunset: 6:31PM

Norman, OK
Sun 2
Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Meena Rasi: 28.39 Tithi 19 – 20
Creative Work Siddha Yoga
Until 8:21AM
Then Creative Work - Amrita Yoga

517452363
Rahu

Gulika 8:37AM – 10:16AM
Yama 5:20AM – 6:58AM
Rahu 1:33PM – 3:12PM

Revati Until 8:21AM
Ganda* Until 8:58AM
Kaulava Until 10:47PM
Chaturthi* Until 10:41AM

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:20AM
Sunset: 6:30PM

Norman, OK
Sun 3
Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Mesha Rasi: 11.33 Tithi 20 – 21
Creative Work Amrita Yoga
Until 9:16AM
Then Creative Work - Siddha Yoga

527452363
Rahu

Gulika 6:59AM – 8:37AM
Yama 3:11PM – 4:50PM
Rahu 10:16AM – 11:54AM

Ashvini Until 9:16AM
Vridhhi Until 8:01AM
Gara Until 10:35PM
Panchami Until 10:43AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:21AM
Sunset: 6:28PM

Norman, OK
Sun 4
Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

5

Saturday, September 1, 2018

Mesha Rasi: 24.41 Tithi 21 – 22
Creative Work Siddha Yoga
Until 9:32AM
Then Creative Work - Amrita Yoga

527452363
Rahu

Gulika 5:22AM – 7:00AM
Yama 1:32PM – 3:10PM
Rahu 8:38AM – 10:16AM

Bharani Until 9:32AM
Dhruva Until 6:40AM
Visti Until 9:53PM
Shashthi* Until 10:17AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:22AM
Sunset: 6:27PM

Norman, OK
Sun 5
Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Bhuloka Day

Retreat Star

Sunday, September 2, 2018

Vrishabha Rasi: 8.07 Tithi 22 – 23
Creative Work Siddha Yoga

527452363
Rahu

Gulika 3:09PM – 4:47PM
Yama 11:54AM – 1:32PM
Rahu 4:47PM – 6:25PM

Krittika Until 9:11AM
Harshana Until 2:47AM Mon
Balava Until 8:41PM
Saptami Until 9:20AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:22AM
Sunset: 6:25PM

Norman, OK
Sun 6
Sutra 140
Vilamba 5120
Moon 8 - Phase 19
Ashtami

Bhuloka Day

Krishna Janmashtami

Monday, September 3, 2018

Retreat Star

Vrishabha Rasi: 21.49 Tithi 23 – 24
Family Home Evening
Creative Work Amrita Yoga

538452363
Rahu

Gulika 1:31PM – 3:08PM
Yama 10:16AM – 11:53AM
Rahu 7:01AM – 8:38AM

Rohini Until 8:36AM
Vajra* Until 12:12AM Tue
Taitila Until 7:00PM
Ashtami* Until 7:53AM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Sunrise: 5:23AM
Sunset: 6:23PM

Norman, OK
Sun 7
Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Navami

Devaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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1		Tuesday, September 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Norman, OK Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.5	Tithi 25	Gulika Yama	11:53AM – 1:30PM 8:39AM – 10:16AM	Mrigashira Until 7:24AM Siddhi Until 9:16PM Vanija Until 4:49PM	Ganesha: White Muruqa: Purple Nataraja: Purple Moon – Yellow	Sunrise: 5:24AM Sunset: 6:22PM	Moon 8 - Phase 20 2nd Phase
538452363	Rahu		3:07PM – 4:45PM	Dashami Until 3:33AM Wed	Sravana-Avani	Devaloka Day	
Creative Work Siddha Yoga Until 7:24AM Then Routine Work - Marana Yoga							

2		Wednesday, September 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 20.08	Tithi 26	Gulika Yama	10:16AM – 11:53AM 7:02AM – 8:39AM	Punarvasu Until 3:43AM Thu Vyatipata* Until 6:00PM Bava Until 2:13PM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:25AM Sunset: 6:20PM	Moon 8 - Phase 20 2nd Phase
548452363	Rahu		11:53AM – 1:30PM	Ekadashi* Until 12:46AM Thu	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 3:43AM Thu Then Creative Work - Amrita Yoga							

3		Thursday, September 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.43	Tithi 27	Gulika Yama	8:39AM – 10:16AM 5:26AM – 7:03AM	Pushya Until 1:24AM Fri Variyan Until 2:27PM Kaulava Until 11:17AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:26AM Sunset: 6:18PM	Moon 8 - Phase 20 2nd Phase
548452363	Rahu		1:29PM – 3:05PM	Dvadashi* Until 9:42PM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Creative Work Amrita Yoga Until 1:24AM Fri Then Routine Work - Marana Yoga							

4		Friday, September 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 19.29	Tithi 28	Gulika Yama	7:03AM – 8:40AM 3:04PM – 4:41PM	Ashlesha* Until 10:49PM Parigha* Until 10:43AM Gara Until 8:07AM	Ganesha: Yellow Muruqa: Purple Nataraja: Purple Moon – Blue	Sunrise: 5:27AM Sunset: 6:17PM	Moon 8 - Phase 20 2nd Phase
548452363	Rahu		10:16AM – 11:52AM	Trayodashi* Until 6:28PM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Routine Work Marana Yoga							
<i>Pradosha Vrata (Fasting)</i>							

5		Saturday, September 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Norman, OK Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 4.22	Tithi 29 – 30	Gulika Yama	5:28AM – 7:04AM 1:28PM – 3:03PM	Magha* Until 8:28PM Shiva Until 6:56AM Catuspada Until 1:35AM Sun	Ganesha: Red Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:28AM Sunset: 6:15PM	Moon 8 - Phase 20 2nd Phase
558452363	Rahu		8:40AM – 10:16AM	Chaturdashi* Until 3:11PM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Creative Work Amrita Yoga Until 8:28PM Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, September 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Norman, OK Sun 13 Sutra 147 Vilamba 5120	
Simha Rasi: 19.12	Tithi 30 – 1	Gulika Yama	3:02PM – 4:38PM 11:51AM – 1:27PM	Purvaphalguni Until 6:08PM Sadhya Until 11:32PM Kintughna Until 10:31PM	Ganesha: Red Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:29AM Sunset: 6:14PM	Moon 8 - Phase 20 Amavasya
558452363	Rahu		4:38PM – 6:14PM	Amavasya* Until 12:00PM	Sravana-Avani	Bhuloka Day Devaloka Time: 9:AM to12:PM	
Creative Work Siddha Yoga Until 6:08PM Then Creative Work - Amrita Yoga		Grandparent's Day					

Retreat Star		Monday, September 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Norman, OK Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.53	Tithi 1 – 2	Gulika Yama	1:26PM – 3:01PM 10:16AM – 11:51AM	Uttaraphalguni Until 3:58PM Subha Until 8:14PM Balava Until 7:46PM	Ganesha: Blue Muruqa: Purple Nataraja: Purple Moon – Red	Sunrise: 5:30AM Sunset: 6:12PM	Moon 8 - Phase 20 Prathama
559452363	Rahu		7:05AM – 8:41AM	Prathama* Until 9:04AM	Bhadrapada-Avani	Bhuloka Day	
Creative Work Siddha Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Tuesday, September 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Dvitiya/Trityayam Titau				Norman, OK Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 18.17	Tithi 2 – 3	Gulika 11:51AM – 1:26PM	Hasta Until 2:33PM	Ganesha: Blue	<i>Sunrise:</i> 5:31AM	
			Yama 8:41AM – 10:16AM	Sukla Until 5:17PM	Muruqa: Purple	<i>Sunset:</i> 6:10PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 3:00PM – 4:35PM	Gara Until 4:37AM Wed	Nataraja: Purple		3rd Phase
			Dvitiya Until 6:34AM	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani			

2	Wednesday, September 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Norman, OK Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 2.19	Tithi 4	Gulika 10:16AM – 11:50AM	Chitra Until 1:35PM	Ganesha: Blue	<i>Sunrise:</i> 5:32AM	
			Yama 7:07AM – 8:41AM	Brahma Until 2:53PM	Muruqa: Purple	<i>Sunset:</i> 6:09PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 Rahu 11:50AM – 1:25PM	Vanija Until 3:54PM	Nataraja: Purple		3rd Phase
			Chaturthi* Until 3:21AM Thu	Moon – Green		Bhuloka Day	
			Ganesha Chaturthi	Bhadrapada-Avani			

3	Thursday, September 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.55	Tithi 5	Gulika 8:41AM – 10:16AM	Svati Until 1:12PM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	
			Yama 5:33AM – 7:07AM	Indra Until 1:04PM	Muruqa: Purple	<i>Sunset:</i> 6:07PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 Rahu 1:24PM – 2:58PM	Bava Until 3:02PM	Nataraja: Purple		3rd Phase
			Panchami Until 2:53AM Fri	Moon – Green		Bhuloka Day	
				Bhadrapada-Avani		Devaloka Time: 9:AM to12:PM	

4	Friday, September 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 29.04	Tithi 6	Gulika 7:08AM – 8:42AM	Vishakha Until 1:56PM	Ganesha: White	<i>Sunrise:</i> 5:34AM	
			Yama 2:57PM – 4:31PM	Vaidhriti* Until 1:53AM	Muruqa: Purple	<i>Sunset:</i> 6:05PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 10:16AM – 11:50AM	Kaulava Until 2:59PM	Nataraja: Purple		3rd Phase
			Shashthi* Until 3:15AM Sat	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

5	Saturday, September 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Norman, OK Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.49	Tithi 7	Gulika 5:35AM – 7:08AM	Anuradha Until 3:18PM	Ganesha: White	<i>Sunrise:</i> 5:35AM	
			Yama 1:23PM – 2:56PM	Vishkambha* Until 11:22AM	Muruqa: Purple	<i>Sunset:</i> 6:04PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 Rahu 8:42AM – 10:16AM	Gara Until 3:46PM	Nataraja: Purple		3rd Phase
			Saptami Until 4:25AM Sun	Moon – Orange		Devaloka Day	
				Bhadrapada-Avani			

D	Sunday, September 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 20 Sutra 154 Vilamba 5120
	Retreat Star		Gulika 2:55PM – 4:29PM	Jyeshtha* Until 5:14PM	Ganesha: White	<i>Sunrise:</i> 5:36AM	
	Vrischika Rasi: 24.12	Tithi 8	Yama 11:49AM – 1:22PM	Priti Until 11:27AM	Muruqa: Purple	<i>Sunset:</i> 6:02PM	Moon 8 - Phase 21
			579552363 Rahu 4:29PM – 6:02PM	Visti Until 5:17PM	Nataraja: Purple		Ashtami
			Ashtami* Until 6:16AM Mon	Moon – Orange		Devaloka Day	
				Bhadrapada-Puratasi			

D	Monday, September 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 21 Sutra 155 Vilamba 5120
	Retreat Star		Gulika 1:21PM – 2:54PM	Mula* Until 8:04PM	Ganesha: Clear	<i>Sunrise:</i> 5:37AM	
	Dhanus Rasi: 6.19	Tithi 8 – 9	Yama 10:16AM – 11:49AM	Ayushman Until 11:59AM	Muruqa: Purple	<i>Sunset:</i> 6:00PM	Moon 8 - Phase 21
	Family Home Evening		589552363 Rahu 7:10AM – 8:43AM	Balava Until 7:24PM	Nataraja: Purple		Navami
			Ashtami* Until 6:16AM	Moon – Light Blue		Bhuloka Day	
				Bhadrapada-Puratasi		Devaloka Time: 9:AM to12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

1		Tuesday, September 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Norman, OK Sun 22 Sutra 156 Vilamba 5120		
Dhanus Rasi: 18.14	Tithi 9 – 10	Gulika 11:48AM – 1:21PM	Purvashadha* Until 11:06PM	Ganesha: Clear	<i>Sunrise:</i> 5:38AM	Muruqa: Purple	<i>Sunset:</i> 5:59PM	Moon 8 - Phase 22
		Yama 8:43AM – 10:16AM	Saubhagya Until 12:52PM	Nataraja: Purple				4th Phase
		581552363 Rahu 2:53PM – 4:26PM	Taitila Until 9:54PM	Moon – Light Blue				
Creative Work	Siddha Yoga		Navami* Until 8:36AM	Bhuloka Day		Devaloka Time: 9:AM to 12:PM		
Until 11:06PM				Bhadrapada-Puratasi				
Then Routine Work - Prabararishta Yoga								

2		Wednesday, September 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 23 Sutra 157 Vilamba 5120		
Makara Rasi: 0.03	Tithi 10 – 11	Gulika 10:16AM – 11:48AM	Uttarashadha Until 2:04AM Thu	Ganesha: Clear	<i>Sunrise:</i> 5:39AM	Muruqa: Purple	<i>Sunset:</i> 5:57PM	Moon 8 - Phase 22
		Yama 7:11AM – 8:43AM	Sobhana Until 1:56PM	Nataraja: Purple				4th Phase
		581552363 Rahu 11:48AM – 1:20PM	Vanija Until 12:32AM Thu	Moon – Light Blue				
Creative Work	Amrita Yoga		Dashami Until 11:12AM	Bhuloka Day		Devaloka Time: 9:AM to 12:PM		
Until 2:04AM Thu				Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga								

3		Thursday, September 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 24 Sutra 158 Vilamba 5120		
Makara Rasi: 11.5	Tithi 11 – 12	Gulika 8:44AM – 10:16AM	Shravana Until 5:16AM Fri	Ganesha: Purple	<i>Sunrise:</i> 5:40AM	Muruqa: Purple	<i>Sunset:</i> 5:55PM	Moon 8 - Phase 22
		Yama 5:40AM – 7:12AM	Athiganda* Until 2:58PM	Nataraja: Purple				4th Phase
		591552363 Rahu 1:19PM – 2:51PM	Bava Until 3:04AM Fri	Moon – Purple				
Creative Work	Siddha Yoga		Ekadashi Until 1:48PM	Devaloka Day				
Until 11:06PM				Bhadrapada-Puratasi				
Then Routine Work - Prabararishta Yoga								

4		Friday, September 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 25 Sutra 159 Vilamba 5120		
Makara Rasi: 23.41	Tithi 12 – 13	Gulika 7:12AM – 8:44AM	Dhanishtha Until 8:01AM Sat	Ganesha: Purple	<i>Sunrise:</i> 5:41AM	Muruqa: Purple	<i>Sunset:</i> 5:54PM	Moon 8 - Phase 22
		Yama 2:50PM – 4:22PM	Sukarma Until 3:51PM	Nataraja: Purple				4th Phase
		591552363 Rahu 10:16AM – 11:47AM	Kaulava Until 5:19AM Sat	Moon – Purple				
Creative Work	Siddha Yoga		Dvadashi Until 4:13PM	Devaloka Day				
Until 8:01AM Sat				Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga								
				<i>Pradosha Vrata</i>				

5		Saturday, September 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhriti/Shula* Yoga Taitila Karana Trayodashyam Titau		Norman, OK Sun 26 Sutra 160 Vilamba 5120		
Kumbha Rasi: 5.38	Tithi 13	Gulika 5:42AM – 7:13AM	Dhanishtha Until 8:01AM	Ganesha: Purple	<i>Sunrise:</i> 5:42AM	Muruqa: Purple	<i>Sunset:</i> 5:52PM	Moon 8 - Phase 22
		Yama 1:18PM – 2:49PM	Dhriti Until 4:28PM	Nataraja: Purple				4th Phase
		591552363 Rahu 8:44AM – 10:15AM	Taitila Until 6:16PM	Moon – Purple				
Creative Work	Siddha Yoga		Trayodashi Until 6:16PM	Devaloka Day				
Until 8:01AM		Chidambaram Abhishekam		Bhadrapada-Puratasi				
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi						

6		Sunday, September 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Norman, OK Sun 27 Sutra 161 Vilamba 5120		
Kumbha Rasi: 17.46	Tithi 14	Gulika 2:48PM – 4:19PM	Shatabhishak Until 10:11AM	Ganesha: Purple	<i>Sunrise:</i> 5:43AM	Muruqa: Purple	<i>Sunset:</i> 5:50PM	Moon 8 - Phase 22
		Yama 11:46AM – 1:17PM	Shula* Until 4:42PM	Nataraja: Purple				4th Phase
		591552363 Rahu 4:19PM – 5:50PM	Gara Until 7:09AM	Moon – Purple				
Creative Work	Siddha Yoga		Chaturdashi* Until 7:51PM	Devaloka Day				
Until 11:06PM				Bhadrapada-Puratasi				
Then Routine Work - Prabararishta Yoga								

○		Monday, September 24, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Norman, OK Sun 28 Sutra 162 Vilamba 5120		
Copper Retreat Star		Gulika 1:17PM – 2:47PM	Purvaproshtapada* Until 12:11PM	Ganesha: Purple	<i>Sunrise:</i> 5:44AM	Muruqa: Purple	<i>Sunset:</i> 5:49PM	Moon 8 - Phase 22
Meena Rasi: 0.07	Tithi 15	Yama 10:15AM – 11:46AM	Ganda* Until 4:34PM	Nataraja: Purple				Purnima
Family Home Evening		511552363 Rahu 7:14AM – 8:45AM	Visti Until 8:28AM	Moon – Clear				
Routine Work	Marana Yoga		Purnima* Until 8:55PM	Devaloka Day				
Until 12:11PM				Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga								

○		Tuesday, September 25, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Norman, OK Sun 29 Sutra 163 Vilamba 5120		
Silver Retreat Star		Gulika 11:46AM – 1:16PM	Uttaraproshtapada Until 1:31PM	Ganesha: Purple	<i>Sunrise:</i> 5:45AM	Muruqa: Purple	<i>Sunset:</i> 5:47PM	Moon 8 - Phase 22
Meena Rasi: 12.4	Tithi 16	Yama 8:45AM – 10:15AM	Vridhi Until 4:02PM	Nataraja: Purple				Prathama
		511552363 Rahu 2:46PM – 4:17PM	Balava Until 9:16AM	Moon – Clear				
Creative Work	Amrita Yoga		Prathama* Until 9:28PM	Devaloka Day				
Until 1:31PM				Bhadrapada-Puratasi				
Then Creative Work - Siddha Yoga								

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496



Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Norman, OK Sun 1 Sutra 164

Meena Rasi: 25.28 Tithi 17

Gulika 10:15AM - 11:45AM
Yama 7:16AM - 8:45AM
Rahu 11:45AM - 1:15PM

Revati Until 2:14PM
Dhruva Until 3:06PM
Taitila Until 9:35AM
Dvitiya Until 9:33PM

Ganesha: Purple Sunrise: 5:46AM
Muruga: Purple Sunset: 5:45PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Routine Work Marana Yoga

Devaloka Day

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Tritiyayam Titau

Norman, OK Sun 2 Sutra 165

Mesha Rasi: 8.28 Tithi 18

Gulika 8:46AM - 10:15AM
Yama 5:47AM - 7:16AM
Rahu 1:15PM - 2:44PM

Ashvini Until 2:50PM
Vyaghata* Until 1:51PM
Vanija Until 9:28AM
Tritiya Until 9:14PM

Ganesha: Purple Sunrise: 5:47AM
Muruga: Purple Sunset: 5:44PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Devaloka Day

Until 2:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturtham Titau

Norman, OK Sun 3 Sutra 166

Mesha Rasi: 21.41 Tithi 19

Gulika 7:17AM - 8:46AM
Yama 2:43PM - 4:13PM
Rahu 10:15AM - 11:45AM

Bharani Until 2:55PM
Harshana Until 12:19PM
Bava Until 8:57AM
Chaturthi* Until 8:33PM

Ganesha: Clear Sunrise: 5:48AM
Muruga: Purple Sunset: 5:42PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK Sun 4 Sutra 167

Virshabha Rasi: 5.05 Tithi 20

Gulika 5:49AM - 7:17AM
Yama 1:13PM - 2:42PM
Rahu 8:46AM - 10:15AM

Krittika Until 2:32PM
Vajra* Until 10:29AM
Kaulava Until 8:06AM
Panchami Until 7:33PM

Ganesha: Clear Sunrise: 5:49AM
Muruga: Purple Sunset: 5:40PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Norman, OK Sun 5 Sutra 168

Virshabha Rasi: 18.4 Tithi 21

Gulika 2:41PM - 4:10PM
Yama 11:44AM - 1:13PM
Rahu 4:10PM - 5:39PM

Rohini Until 2:09PM
Siddhi Until 8:26AM
Gara Until 6:57AM
Shashthi* Until 6:15PM

Ganesha: Purple Sunrise: 5:49AM
Muruga: Purple Sunset: 5:39PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyatipata*/Varyan Yoga Bava/Balava Karana Saplam/Ashlamyam Titau

Norman, OK Sun 6 Sutra 169

Mithuna Rasi: 2.25 Tithi 22 - 23

Family Home Evening

Gulika 1:12PM - 2:40PM
Yama 10:15AM - 11:44AM
Rahu 7:19AM - 8:47AM

Mrigashira Until 1:21PM
Vyatipata* Until 6:09AM
Balava Until 3:48AM Tue
Saptami Until 4:40PM

Ganesha: Purple Sunrise: 5:50AM
Muruga: Purple Sunset: 5:37PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Until 1:21PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK Sun 7 Sutra 170

Mithuna Rasi: 16.2 Tithi 23 - 24

Gulika 11:43AM - 1:11PM
Yama 8:47AM - 10:15AM
Rahu 2:39PM - 4:07PM

Ardra Until 12:07PM
Parigha* Until 12:54AM Wed
Taitila Until 1:49AM Wed
Ashtami* Until 2:49PM

Ganesha: Purple Sunrise: 5:51AM
Muruga: Purple Sunset: 5:35PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
Ashtami

Routine Work Marana Yoga

Bhuloka Day

Until 12:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Norman, OK Sun 8 Sutra 171

Kataka Rasi: 0.25 Tithi 24 - 25

Gulika 10:15AM - 11:43AM
Yama 7:20AM - 8:48AM
Rahu 11:43AM - 1:11PM

Punarvasu Until 10:54AM
Shiva Until 9:58PM
Vanija Until 11:35PM
Navami* Until 12:42PM

Ganesha: Clear Sunrise: 5:52AM
Muruga: Purple Sunset: 5:34PM
Nataraja: Purple
Moon - Blue
Bhadrapada-Puratasi

Moon 9 - Phase 23
Navami

Creative Work Siddha Yoga

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


www.gurudeva.org/panchang

1		Thursday, October 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Norman, OK Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.4	Tithi 25 – 26	Gulika 8:48AM – 10:15AM	Pushya Until 9:19AM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM		
		Yama 5:53AM – 7:21AM	Siddha Until 6:50PM	Muruqa: Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 24	
		642552363 Rahu 1:10PM – 2:37PM	Bava Until 9:08PM	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Dashami Until 10:21AM	Moon – Blue		Bhuloka Day	
Until 9:19AM						Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga				Bhadrapada•Puratasi			

2		Friday, October 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 29.04	Tithi 26 – 27	Gulika 7:21AM – 8:48AM	Ashlesha* Until 7:24AM	Ganesha: Clear	<i>Sunrise:</i> 5:55AM		
		Yama 2:36PM – 4:03PM	Sadhya Until 3:36PM	Muruqa: Purple	<i>Sunset:</i> 5:30PM	Moon 9 - Phase 24	
		642552363 Rahu 10:15AM – 11:42AM	Kaulava Until 6:32PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 7:49AM	Moon – Blue		Bhuloka Day	
						Devaloka Time: 6:AM to 9:AM	
				Bhadrapada•Puratasi			

3		Saturday, October 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 13.31	Tithi 28	Gulika 5:56AM – 7:22AM	Purvaphalguni Until 3:47AM Sun	Ganesha: White	<i>Sunrise:</i> 5:56AM		
		Yama 1:09PM – 2:35PM	Subha Until 12:18PM	Muruqa: Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 24	
		652552363 Rahu 8:49AM – 10:16AM	Gara Until 3:53PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 2:33AM Sun	Moon – Red		Bhuloka Day	
Until 3:47AM Sun						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>	Bhadrapada•Puratasi			

4		Sunday, October 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.59	Tithi 29	Gulika 2:35PM – 4:01PM	Uttaraphalguni Until 1:53AM Mon	Ganesha: White	<i>Sunrise:</i> 5:57AM		
		Yama 11:42AM – 1:08PM	Sukla Until 9:01AM	Muruqa: Purple	<i>Sunset:</i> 5:27PM	Moon 9 - Phase 24	
		652552364 Rahu 4:01PM – 5:27PM	Visti Until 1:17PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 12:02AM Mon	Moon – Red		Bhuloka Day	
Until 1:53AM Mon						Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Siddha Yoga				Bhadrapada•Puratasi			

		Monday, October 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 176 Vilamba 5120	
Retreat Star		Gulika 1:08PM – 2:34PM	Hasta Until 12:32AM Tue	Ganesha: Red	<i>Sunrise:</i> 5:58AM		
Kanya Rasi: 12.21	Tithi 30	Yama 10:16AM – 11:42AM	Indra Until 2:59AM Tue	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 24	
Family Home Evening		662652364 Rahu 7:24AM – 8:50AM	Catuspada Until 10:52AM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 9:46PM	Moon – Green		Devaloka Day	
		Mahalaya Amavasai (Tamil Nadu)				Devaloka Time: 6:PM to 9:PM	
				Bhadrapada•Puratasi			

Retreat Star		Tuesday, October 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 26.31	Tithi 1	Gulika 11:41AM – 1:07PM	Chitra Until 11:28PM	Ganesha: Red	<i>Sunrise:</i> 5:59AM		
		Yama 8:50AM – 10:16AM	Vaidhriti* Until 12:25AM Wed	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 24	
		662652364 Rahu 2:33PM – 3:58PM	Kintughna Until 8:48AM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 7:54PM	Moon – Green		Devaloka Day	
		Navaratri Begins				Devaloka Time: 6:PM to 9:PM	
				Ashvina•Puratasi			

1	Wednesday, October 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 10.23	Tithi 2	Gulika 10:16AM – 11:41AM	Svati Until 10:49PM	Ganesha: Red	<i>Sunrise:</i> 6:00AM	
			Yama 7:25AM – 8:50AM	Vishkambha* Until 10:19PM	Muruqa: Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 25
	662652364	Rahu 11:41AM – 1:06PM		Balava Until 7:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 6:36PM	Moon – Green		Devaloka Day	
				Ashvina+Puratasi			

2	Thursday, October 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau				Norman, OK Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.55	Tithi 3 – 4	Gulika 8:51AM – 10:16AM	Vishakha Until 11:08PM	Ganesha: White	<i>Sunrise:</i> 6:01AM	
			Yama 6:01AM – 7:26AM	Priti Until 8:47PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
	673652364	Rahu 1:06PM – 2:31PM		Tailila Until 6:12AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 5:57PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

3	Friday, October 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Visti* Karana Chaturthyam Titau				Norman, OK Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 7.02	Tithi 4	Gulika 7:26AM – 8:51AM	Anuradha Until 12:03AM Sat	Ganesha: White	<i>Sunrise:</i> 6:02AM	
			Yama 2:30PM – 3:55PM	Ayushman Until 7:49PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
	673652364	Rahu 10:16AM – 11:41AM		Visti Until 6:04PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:04PM	Moon – Orange		Bhuloka Day	
				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	

4	Saturday, October 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.47	Tithi 5	Gulika 6:03AM – 7:27AM	Jyeshtha* Until 1:33AM Sun	Ganesha: White	<i>Sunrise:</i> 6:03AM	
			Yama 1:05PM – 2:29PM	Saubhagya Until 7:28PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
	673652364	Rahu 8:52AM – 10:16AM		Bava Until 6:27AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 6:58PM	Moon – Orange		Bhuloka Day	
Until 1:33AM Sun				Ashvina+Puratasi		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

5	Sunday, October 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau				Norman, OK Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 2.11	Tithi 6	Gulika 2:28PM – 3:52PM	Mula* Until 4:03AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	
			Yama 11:40AM – 1:04PM	Sobhana Until 7:41PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
	683652364	Rahu 3:52PM – 5:16PM		Kaulava Until 7:43AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 8:36PM	Moon – Light Blue		Devaloka Day	
Until 4:03AM Mon				Ashvina+Puratasi			
Then Routine Work - Marana Yoga							

6	Monday, October 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 14.17	Tithi 7	Gulika 1:04PM – 2:27PM	Purvashadha* Until 6:54AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	
	Family Home Evening		Yama 10:16AM – 11:40AM	Athiganda* Until 8:19PM	Muruqa: Purple	<i>Sunset:</i> 5:15PM	Moon 9 - Phase 25
	683652364	Rahu 7:29AM – 8:52AM		Gara Until 9:40AM	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Saptami Until 10:49PM	Moon – Light Blue		Devaloka Day	
Until 6:54AM Tue				Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Tuesday, October 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 21 Sutra 184 Vilamba 5120
	Retreat Star		Gulika 11:40AM – 1:03PM	Purvashadha* Until 6:54AM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM	
	Dhanus Rasi: 26.13	Tithi 8	Yama 8:53AM – 10:16AM	Sukarma Until 9:15PM	Muruqa: Purple	<i>Sunset:</i> 5:13PM	Moon 9 - Phase 25
	683652364	Rahu 2:26PM – 3:50PM		Visti Until 12:05PM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:23AM Wed	Moon – Light Blue		Devaloka Day	
Until 6:54AM		Durga Ashtami		Ashvina+Puratasi			
Then Routine Work - Prabalarishta Yoga							

D	Wednesday, October 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 22 Sutra 185 Vilamba 5120
	Retreat Star		Gulika 10:16AM – 11:39AM	Uttarashadha Until 9:49AM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	
	Makara Rasi: 8.02	Tithi 9	Yama 7:30AM – 8:53AM	Dhriti Until 10:17PM	Muruqa: Purple	<i>Sunset:</i> 5:12PM	Moon 9 - Phase 25
	683652364	Rahu 11:39AM – 1:03PM		Balava Until 2:44PM	Nataraja: Clear		Navami
Creative Work	Amrita Yoga		Navami* Until 4:02AM Thu	Moon – Light Blue		Devaloka Day	
Until 9:49AM		Saraswathi Puja (Tamil Nadu)		Ashvina+Aipasi			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


1		Thursday, October 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau		Norman, OK Sun 23 Sutra 186 Vilamba 5120		
Makara Rasi: 19.5	Tithi 10	Gulika 8:54AM – 10:16AM	Shravana Until 1:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Muruqa: Purple	<i>Sunset:</i> 5:10PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 6:08AM – 7:31AM	Shula* Until 11:12PM	Nataraja: Clear				
		693652364 Rahu 1:02PM – 2:25PM	Taitila Until 5:20PM	Moon – Purple		Bhuloka Day		
		Vijaya Dasami	Dashami Until 6:30AM Fri	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

2		Friday, October 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 24 Sutra 187 Vilamba 5120		
Kumbha Rasi: 1.42	Tithi 10 – 11	Gulika 7:32AM – 8:54AM	Dhanishtha Until 3:55PM	Ganesha: Purple	<i>Sunrise:</i> 6:09AM	Muruqa: Purple	<i>Sunset:</i> 5:09PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 2:24PM – 3:46PM	Ganda* Until 11:52PM	Nataraja: Clear				
		693652364 Rahu 10:17AM – 11:39AM	Vanija Until 7:37PM	Moon – Purple		Bhuloka Day		
			Dashami Until 6:30AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

3		Saturday, October 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 25 Sutra 188 Vilamba 5120		
Kumbha Rasi: 13.44	Tithi 11 – 12	Gulika 6:10AM – 7:32AM	Shatabhishak Until 6:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:10AM	Muruqa: Purple	<i>Sunset:</i> 5:07PM	Moon 9 - Phase 26 4th Phase
Creative Work	Amrita Yoga	Yama 1:01PM – 2:23PM	Vriddhi Until 12:09AM Sun	Nataraja: Clear				
Until 6:09PM		693652364 Rahu 8:55AM – 10:17AM	Bava Until 9:25PM	Moon – Purple		Bhuloka Day		
Then Routine Work - Marana Yoga			Ekadashi Until 8:34AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

4		Sunday, October 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 26 Sutra 189 Vilamba 5120		
Kumbha Rasi: 25.59	Tithi 12 – 13	Gulika 2:22PM – 3:44PM	Purvaproshtapada* Until 8:07PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Muruqa: Purple	<i>Sunset:</i> 5:06PM	Moon 9 - Phase 26 4th Phase
Creative Work	Siddha Yoga	Yama 11:39AM – 1:01PM	Dhruva Until 11:56PM	Nataraja: Clear				
Until 8:07PM		613652364 Rahu 3:44PM – 5:06PM	Kaulava Until 10:36PM	Moon – Clear		Bhuloka Day		
Then Creative Work - Amrita Yoga			Dvadashi Until 10:04AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		
			<i>Pradosha Vrata</i>					

5		Monday, October 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 27 Sutra 190 Vilamba 5120		
Meena Rasi: 8.31	Tithi 13 – 14	Gulika 1:00PM – 2:22PM	Uttaraproshtapada Until 9:19PM	Ganesha: White	<i>Sunrise:</i> 6:12AM	Muruqa: Purple	<i>Sunset:</i> 5:05PM	Moon 9 - Phase 26 4th Phase
Family Home Evening		Yama 10:17AM – 11:39AM	Vyaghata* Until 11:14PM	Nataraja: Clear				
Creative Work	Siddha Yoga	613652364 Rahu 7:34AM – 8:56AM	Gara Until 11:08PM	Moon – Clear		Bhuloka Day		
			Trayodashi Until 10:56AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

		Tuesday, October 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Norman, OK Sun 27 Sutra 191 Vilamba 5120		
Copper Retreat Star		Gulika 11:38AM – 1:00PM	Revati Until 9:44PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Muruqa: Purple	<i>Sunset:</i> 5:03PM	Moon 9 - Phase 26 Purnima
Meena Rasi: 21.2	Tithi 14 – 15	Yama 8:56AM – 10:17AM	Harshana Until 10:03PM	Nataraja: Clear				
Creative Work	Siddha Yoga	613652364 Rahu 2:21PM – 3:42PM	Visti Until 11:04PM	Moon – Clear		Bhuloka Day		
			Chaturdashi* Until 11:09AM	Ashvina•Aipasi		Devaloka Time: 6:PM to 9:PM		

Wednesday, October 24, 2018		Silver Retreat Star		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Norman, OK Sun 27 Sutra 192 Vilamba 5120		
Mesha Rasi: 4.27	Tithi 15 – 16	Gulika 10:17AM – 11:38AM	Ashvini Until 9:56PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Muruqa: Purple	<i>Sunset:</i> 5:02PM	Moon 9 - Phase 26 Prathama
Routine Work	Marana Yoga	Yama 7:36AM – 8:56AM	Vajra* Until 8:25PM	Nataraja: Clear				
Until 9:56PM		623652364 Rahu 11:38AM – 12:59PM	Balava Until 10:26PM	Moon – White		Devaloka Day		
Then Creative Work - Siddha Yoga			Purnima* Until 10:47AM	Ashvina•Aipasi				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.51 Tithi 16 - 17

623652364

Gulika 8:57AM - 10:18AM
Yama 6:16AM - 7:36AM
Rahu 12:59PM - 2:19PM

Bharani Until 9:32PM
Siddhi Until 6:27PM
Taitila Until 9:21PM
Prathama* Until 9:56AM

Ganesha: Clear *Sunrise: 6:16AM*
Muruqa: Purple *Sunset: 5:01PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 9:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Norman, OK

Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 1.29 Tithi 17 - 18

624652364

Gulika 7:37AM - 8:57AM
Yama 2:19PM - 3:39PM
Rahu 10:18AM - 11:38AM

Krittika Until 8:40PM
Vyatipata* Until 4:11PM
Vanija Until 7:56PM
Dvitiya Until 8:40AM

Ganesha: White *Sunrise: 6:17AM*
Muruqa: Purple *Sunset: 4:59PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Norman, OK

Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 15.18 Tithi 18 - 19

634652364

Gulika 6:18AM - 7:38AM
Yama 12:58PM - 2:18PM
Rahu 8:58AM - 10:18AM

Rohini Until 7:50PM
Variyan Until 1:42PM
Bava Until 6:17PM
Tritiya Until 7:07AM

Ganesha: Clear *Sunrise: 6:18AM*
Muruqa: Purple *Sunset: 4:58PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 7:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 29.14 Tithi 20

634652364

Gulika 2:17PM - 3:37PM
Yama 11:38AM - 12:58PM
Rahu 3:37PM - 4:57PM

Mrigashira Until 6:44PM
Parigha* Until 11:06AM
Kaulava Until 4:29PM
Panchami Until 3:31AM Mon

Ganesha: Clear *Sunrise: 6:19AM*
Muruqa: Purple *Sunset: 4:57PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Norman, OK

Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 13.14 Tithi 21

634652364

Family Home Evening

Creative Work Siddha Yoga

Until 5:23PM

Then Creative Work - Amrita Yoga

Gulika 12:57PM - 2:17PM
Yama 10:18AM - 11:38AM
Rahu 7:40AM - 8:59AM

Ardra Until 5:23PM
Shiva Until 8:25AM
Gara Until 2:35PM
Shashthi* Until 1:36AM Tue

Ganesha: Clear *Sunrise: 6:20AM*
Muruqa: Purple *Sunset: 4:55PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Visti/Bava Karana Saptamyam Titau

Norman, OK

Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 27.17 Tithi 22

644662364

Gulika 11:38AM - 12:57PM
Yama 9:00AM - 10:19AM
Rahu 2:16PM - 3:35PM

Punarvasu Until 4:17PM
Sadhya Until 2:55AM Wed
Visti Until 12:38PM
Saptami Until 11:38PM

Ganesha: Purple *Sunrise: 6:21AM*
Muruqa: Clear *Sunset: 4:54PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK

Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 11.22 Tithi 23

644662364

Gulika 10:19AM - 11:38AM
Yama 7:41AM - 9:00AM
Rahu 11:38AM - 12:56PM

Pushya Until 3:01PM
Subha Until 12:09AM Thu
Balava Until 10:40AM
Ashtami* Until 9:39PM

Ganesha: Purple *Sunrise: 6:23AM*
Muruqa: Clear *Sunset: 4:53PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK

Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 25.26 Tithi 24

644662364

Gulika 9:01AM - 10:19AM
Yama 6:24AM - 7:42AM
Rahu 12:56PM - 2:15PM

Ashlesha* Until 1:36PM
Sukla Until 9:21PM
Taitila Until 8:41AM
Navami* Until 7:40PM

Ganesha: Purple *Sunrise: 6:24AM*
Muruqa: Clear *Sunset: 4:52PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, November 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Brahma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau			Norman, OK Sun 8 Sutra 201 Vilamba 5120
Simha Rasi: 9.31	Tithi 25 – 26	Gulika 7:43AM – 9:01AM	Magha* Until 12:29PM	Ganesha: White	<i>Sunrise:</i> 6:25AM		
		Yama 2:14PM – 3:32PM	Brahma Until 6:34PM	Muruqa: Clear	<i>Sunset:</i> 4:50PM		Moon 10 - Phase 28
		654762364 Rahu 10:19AM – 11:38AM	Vanija Until 6:42AM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dashami Until 5:42PM	Moon – Red		Devaloka Day	
Until 12:29PM				Ashvina•Aipasi			
Then Creative Work - Siddha Yoga							

2		Saturday, November 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Norman, OK Sun 9 Sutra 202 Vilamba 5120
Simha Rasi: 23.35	Tithi 26 – 27	Gulika 6:26AM – 7:44AM	Purvaphalguni Until 11:14AM	Ganesha: White	<i>Sunrise:</i> 6:26AM		
		Yama 12:56PM – 2:13PM	Indra Until 3:51PM	Muruqa: Clear	<i>Sunset:</i> 4:49PM		Moon 10 - Phase 28
		654762364 Rahu 9:02AM – 10:20AM	Kaulava Until 2:52AM Sun	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:46PM	Moon – Red		Devaloka Day	
Until 11:14AM				Ashvina•Aipasi			
Then Routine Work - Marana Yoga							

3		Sunday, November 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau			Norman, OK Sun 10 Sutra 203 Vilamba 5120
Kanya Rasi: 8	Tithi 27 – 28	Gulika 2:13PM – 3:31PM	Uttaraphalguni Until 9:57AM	Ganesha: White	<i>Sunrise:</i> 6:27AM		
		Yama 11:38AM – 12:55PM	Vaidhriti* Until 1:11PM	Muruqa: Clear	<i>Sunset:</i> 4:48PM		Moon 10 - Phase 28
		654762364 Rahu 3:31PM – 4:48PM	Gara Until 1:07AM Mon	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Dvadashi* Until 1:57PM	Moon – Red		Devaloka Day	
Until 9:07AM				Ashvina•Aipasi			
Then Routine Work - Prabalarishta Yoga							

Pradosha Vrata (Fasting)

4		Monday, November 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau			Norman, OK Sun 11 Sutra 204 Vilamba 5120
Kanya Rasi: 21.31	Tithi 28 – 29	Gulika 12:55PM – 2:12PM	Hasta Until 9:07AM	Ganesha: Green	<i>Sunrise:</i> 6:28AM		
Family Home Evening		Yama 10:20AM – 11:38AM	Vishkambha* Until 10:40AM	Muruqa: Clear	<i>Sunset:</i> 4:47PM		Moon 10 - Phase 28
Creative Work	Siddha Yoga	664762364 Rahu 7:46AM – 9:03AM	Visti Until 11:37PM	Nataraja: Clear			2nd Phase
Until 9:07AM			Trayodashi* Until 12:19PM	Moon – Green		Devaloka Day	
Then Routine Work - Prabalarishta Yoga		Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Deepavali Hindu Solidarity Day					

Retreat Star		Tuesday, November 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Norman, OK Sun 12 Sutra 205 Vilamba 5120
Tula Rasi: 5.17	Tithi 29 – 30	Gulika 11:38AM – 12:55PM	Chitra Until 8:24AM	Ganesha: Green	<i>Sunrise:</i> 6:30AM		
		Yama 9:04AM – 10:21AM	Priti Until 8:24AM	Muruqa: Clear	<i>Sunset:</i> 4:46PM		Moon 10 - Phase 28
		664762364 Rahu 2:12PM – 3:29PM	Catuspada Until 10:28PM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Chaturdashi* Until 10:58AM	Moon – Green		Devaloka Day	
Until 9:07AM				Ashvina•Aipasi			

Retreat Star		Wednesday, November 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Norman, OK Sun 13 Sutra 206 Vilamba 5120
Tula Rasi: 18.49	Tithi 30 – 1	Gulika 10:21AM – 11:38AM	Svati Until 7:56AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM		
		Yama 7:47AM – 9:04AM	Ayushman Until 6:25AM	Muruqa: Clear	<i>Sunset:</i> 4:45PM		Moon 10 - Phase 28
		765762364 Rahu 11:38AM – 12:55PM	Kintughna Until 9:46PM	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:02AM	Moon – Green		Sivaloka Day	
Until 9:07AM		Skanda Shasthi Begins		Kartika•Aipasi			

1	Thursday, November 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 14 Sutra 207 Vilamba 5120
	Vrischika Rasi: 2.05	Tithi 1 – 2	Gulika 9:05AM – 10:21AM	Vishakha Until 8:16AM	Ganesha: Orange	<i>Sunrise:</i> 6:32AM	
			Yama 6:32AM – 7:48AM	Sobhana Until 3:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 4:44PM	Moon 10 - Phase 29
	775762364		Rahu 12:54PM – 2:11PM	Balava Until 9:39PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 9:37AM	Moon – Orange		Sivaloka Day	
				Karttika-Aipasi			

2	Friday, November 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK Sun 15 Sutra 208 Vilamba 5120
	Vrischika Rasi: 15.02	Tithi 2 – 3	Gulika 7:49AM – 9:05AM	Anuradha Until 9:02AM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM	
			Yama 2:10PM – 3:27PM	Athiganda* Until 3:08AM Sat	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 10 - Phase 29
	775762364		Rahu 10:22AM – 11:38AM	Taitila Until 10:12PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:49AM	Moon – Orange		Sivaloka Day	
Until 9:02AM				Karttika-Aipasi			
Then Routine Work - Marana Yoga							

3	Saturday, November 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Norman, OK Sun 16 Sutra 209 Vilamba 5120
	Vrischika Rasi: 27.4	Tithi 3 – 4	Gulika 6:34AM – 7:50AM	Jyeshtha* Until 10:18AM	Ganesha: Orange	<i>Sunrise:</i> 6:34AM	
			Yama 12:54PM – 2:10PM	Sukarma Until 3:03AM Sun	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 10 - Phase 29
	775762364		Rahu 9:06AM – 10:22AM	Vanija Until 11:25PM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:42AM	Moon – Orange		Sivaloka Day	
				Karttika-Aipasi			

4	Sunday, November 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK Sun 17 Sutra 210 Vilamba 5120
	Dhanus Rasi: 10.01	Tithi 4 – 5	Gulika 2:10PM – 3:25PM	Mula* Until 12:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:35AM	
			Yama 11:38AM – 12:54PM	Dhriti Until 3:28AM Mon	Muruqa: Clear	<i>Sunset:</i> 4:41PM	Moon 10 - Phase 29
	785762364		Rahu 3:25PM – 4:41PM	Bava Until 1:17AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 12:15PM	Moon – Light Blue		Sivaloka Day	
Until 12:31PM				Karttika-Aipasi			
Then Creative Work - Siddha Yoga							

5	Monday, November 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Norman, OK Sun 18 Sutra 211 Vilamba 5120
	Dhanus Rasi: 22.06	Tithi 5 – 6	Gulika 12:54PM – 2:09PM	Purvashadha* Until 3:08PM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	
	Family Home Evening		Yama 10:23AM – 11:38AM	Shula* Until 4:12AM Tue	Muruqa: Clear	<i>Sunset:</i> 4:40PM	Moon 10 - Phase 29
	785762364		Rahu 7:52AM – 9:07AM	Kaulava Until 3:38AM Tue	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Panchami Until 2:23PM	Moon – Light Blue		Sivaloka Day	
				Karttika-Aipasi			
		Skanda Shasthi					

6	Tuesday, November 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK Sun 19 Sutra 212 Vilamba 5120
	Makara Rasi: 4.01	Tithi 6 – 7	Gulika 11:38AM – 12:54PM	Uttarashadha Until 5:58PM	Ganesha: Clear	<i>Sunrise:</i> 6:38AM	
			Yama 9:08AM – 10:23AM	Ganda* Until 5:10AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:39PM	Moon 10 - Phase 29
	785762364		Rahu 2:09PM – 3:24PM	Gara Until 6:18AM Wed	Nataraja: Clear		3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 4:55PM	Moon – Light Blue		Sivaloka Day	
Until 5:58PM				Karttika-Aipasi			
Then Creative Work - Siddha Yoga							

Retreat Star	Wednesday, November 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 20 Sutra 213 Vilamba 5120
	Makara Rasi: 15.49	Tithi 7	Gulika 10:24AM – 11:39AM	Shravana Until 9:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:39AM	
			Yama 7:54AM – 9:09AM	Vriddhi Until 6:10AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:38PM	Moon 10 - Phase 29
	795762364		Rahu 11:39AM – 12:53PM	Gara Until 6:18AM	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 7:38PM	Moon – Purple		Subha Sivaloka Day	
Until 9:16PM				Karttika-Aipasi			
Then Routine Work - Prabalarishta Yoga							

Retreat Star	Thursday, November 15, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 21 Sutra 214 Vilamba 5120
	Makara Rasi: 27.37	Tithi 8	Gulika 9:09AM – 10:24AM	Dhanishtha Until 12:18AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:40AM	
			Yama 6:40AM – 7:55AM	Vriddhi Until 6:10AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 29
	795762364		Rahu 12:53PM – 2:08PM	Visti Until 8:59AM	Nataraja: Clear		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 10:13PM	Moon – Purple		Subha Sivaloka Day	
				Karttika-Aipasi			

Retreat Star	Friday, November 16, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 22 Sutra 215 Vilamba 5120
	Kumbha Rasi: 9.29	Tithi 9	Gulika 7:56AM – 9:10AM	Shatabhishak Until 2:47AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:41AM	
			Yama 2:08PM – 3:22PM	Dhruva Until 6:59AM	Muruqa: Clear	<i>Sunset:</i> 4:37PM	Moon 10 - Phase 29
	795762364		Rahu 10:24AM – 11:39AM	Balava Until 11:25AM	Nataraja: Clear		Navami
Creative Work	Siddha Yoga		Navami* Until 12:27AM Sat	Moon – Purple		Subha Sivaloka Day	
Until 2:47AM Sat				Karttika-Karttikai			
Then Routine Work - Marana Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1		Saturday, November 17, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.32	Tithi 10	Gulika 6:42AM – 7:57AM	Purvaproshtapada* Until 5:02AM Sun	Ganesha: Red	<i>Sunrise:</i> 6:42AM			
		Yama 12:53PM – 2:08PM	Vyaghata* Until 7:29AM	Muruqa: Clear	<i>Sunset:</i> 4:36PM		Moon 10 - Phase 30	
		716762365 Rahu 9:11AM – 10:25AM	Taitila Until 1:23PM	Nataraja: White			4th Phase	
Routine Work	Marana Yoga		Dashami Until 2:06AM Sun	Moon – Clear		Devaloka Day		
Until 5:02AM Sun				Karttika-Karttikai				
Then Creative Work - Amrita Yoga								

2		Sunday, November 18, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Norman, OK Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.49	Tithi 11	Gulika 2:07PM – 3:21PM	Uttaraproshtapada Until 6:25AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:43AM			
		Yama 11:39AM – 12:53PM	Harshana Until 7:32AM	Muruqa: Clear	<i>Sunset:</i> 4:35PM		Moon 10 - Phase 30	
		716762365 Rahu 3:21PM – 4:35PM	Vanija Until 2:41PM	Nataraja: White			4th Phase	
Creative Work	Amrita Yoga		Ekadashi Until 3:02AM Mon	Moon – Clear		Devaloka Day		
Until 6:25AM Mon				Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

3		Monday, November 19, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Norman, OK Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 16.26	Tithi 12	Gulika 12:53PM – 2:07PM	Uttaraproshtapada Until 6:25AM	Ganesha: Red	<i>Sunrise:</i> 6:45AM			
Family Home Evening		Yama 10:26AM – 11:40AM	Vajra* Until 7:00AM	Muruqa: Clear	<i>Sunset:</i> 4:34PM		Moon 10 - Phase 30	
		716762365 Rahu 7:58AM – 9:12AM	Bava Until 3:15PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:13AM Tue	Moon – Clear		Devaloka Day		
				Karttika-Karttikai				

4		Tuesday, November 20, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Norman, OK Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 29.23	Tithi 13	Gulika 11:40AM – 12:53PM	Revati Until 6:56AM	Ganesha: Red	<i>Sunrise:</i> 6:46AM			
		Yama 9:13AM – 10:26AM	Vyatipata* Until 4:13AM Wed	Muruqa: Clear	<i>Sunset:</i> 4:34PM		Moon 10 - Phase 30	
		716762365 Rahu 2:07PM – 3:20PM	Kaulava Until 3:03PM	Nataraja: White			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 2:40AM Wed	Moon – Clear		Devaloka Day		
				Karttika-Karttikai				
				<i>Pradosha Vrata</i>				

5		Wednesday, November 21, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Norman, OK Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.44	Tithi 14	Gulika 10:27AM – 11:40AM	Ashvini Until 7:03AM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM			
		Yama 8:00AM – 9:13AM	Variyan Until 2:01AM Thu	Muruqa: Clear	<i>Sunset:</i> 4:33PM		Moon 10 - Phase 30	
		726762365 Rahu 11:40AM – 12:53PM	Gara Until 2:10PM	Nataraja: White			4th Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 1:28AM Thu	Moon – White		Bhuloka Day		
Until 7:03AM				Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga								

○		Thursday, November 22, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 28 Sutra 221 Vilamba 5120
Copper Retreat Star		Gulika 9:14AM – 10:27AM	Bharani Until 6:23AM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM			
Mesha Rasi: 26.26	Tithi 15	Yama 6:48AM – 8:01AM	Parigha* Until 11:25PM	Muruqa: Clear	<i>Sunset:</i> 4:33PM		Moon 10 - Phase 30	
		726762365 Rahu 12:53PM – 2:06PM	Visti Until 12:40PM	Nataraja: White			Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:43PM	Moon – White		Bhuloka Day		
Until 6:23AM		Krittika Deepam		Karttika-Karttikai		Devaloka Time: 12:PM to 3:PM		
Then Routine Work - Marana Yoga								

○		Friday, November 23, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 29 Sutra 222 Vilamba 5120
Silver Retreat Star		Gulika 8:02AM – 9:15AM	Rohini Until 3:42AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:49AM			
Vrishabha Rasi: 10.27	Tithi 16	Yama 2:06PM – 3:19PM	Shiva Until 8:29PM	Muruqa: Clear	<i>Sunset:</i> 4:32PM		Moon 10 - Phase 30	
		736762365 Rahu 10:28AM – 11:41AM	Balava Until 10:42AM	Nataraja: White			Prathama	
Routine Work	Marana Yoga		Prathama* Until 9:34PM	Moon – Yellow		Devaloka Day		
Until 3:42AM Sat		Vinayaga Viratam Begins		Karttika-Karttikai				
Then Creative Work - Siddha Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

**Saturday, November 24, 2018****Gold Retreat Star**

Vrisha Rasi: 24.42 Tithi 17

Creative Work Siddha Yoga

737762365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau**Gulika** 6:50AM – 8:03AM
Yama 12:54PM – 2:06PM
Rahu 9:16AM – 10:28AM**Mrigashira** Until 1:56AM Sun

Siddha Until 5:19PM

Taitila Until 8:25AM

Dvitiya Until 7:10PM**Ganesha:** Red *Sunrise:* 6:50AM**Muruqa:** Clear *Sunset:* 4:32PM**Nataraja:** White

Moon – Yellow

Karttika-Kartikai**Devaloka Day**

Norman, OK

Sun 1 Sutra 223

Vilamba 5120

Moon 11 - Phase 31

1st Phase

1**Sunday, November 25, 2018**

Mithuna Rasi: 9.06 Tithi 18 – 19

Creative Work Siddha Yoga

737762365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau**Gulika** 2:06PM – 3:19PM
Yama 11:41AM – 12:54PM
Rahu 3:19PM – 4:31PM**Ardra** Until 11:57PM

Sadhya Until 2:02PM

Bava Until 3:21AM Mon

Tritiya Until 4:37PM**Ganesha:** Red *Sunrise:* 6:51AM**Muruqa:** Clear *Sunset:* 4:31PM**Nataraja:** White

Moon – Yellow

Karttika-Kartikai**Devaloka Day**

Norman, OK

Sun 2 Sutra 224

Vilamba 5120

Moon 11 - Phase 31

1st Phase

2**Monday, November 26, 2018**

Mithuna Rasi: 23.32 Tithi 19 – 20

Family Home Evening

Creative Work Amrita Yoga

Until 10:16PM

Then Creative Work - Siddha Yoga

747762365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau**Gulika** 12:54PM – 2:06PM
Yama 10:29AM – 11:41AM
Rahu 8:05AM – 9:17AM**Punarvasu** Until 10:16PM

Subha Until 10:45AM

Kaulava Until 12:50AM Tue

Chaturthi* Until 2:04PM**Ganesha:** Green *Sunrise:* 6:52AM**Muruqa:** Clear *Sunset:* 4:31PM**Nataraja:** White

Moon – Blue

Karttika-Kartikai**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Norman, OK

Sun 3 Sutra 225

Vilamba 5120

Moon 11 - Phase 31

1st Phase

3**Tuesday, November 27, 2018**

Kataka Rasi: 7.57 Tithi 20 – 21

Creative Work Siddha Yoga

747862365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau**Gulika** 11:42AM – 12:54PM
Yama 9:18AM – 10:30AM
Rahu 2:06PM – 3:18PM**Pushya** Until 8:34PM

Sukla Until 7:30AM

Gara Until 10:26PM

Panchami Until 11:36AM**Ganesha:** White *Sunrise:* 6:53AM**Muruqa:** Clear *Sunset:* 4:30PM**Nataraja:** White

Moon – Blue

Karttika-Kartikai**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Norman, OK

Sun 4 Sutra 226

Vilamba 5120

Moon 11 - Phase 31

1st Phase

4**Wednesday, November 28, 2018**

Kataka Rasi: 22.16 Tithi 21 – 22

Creative Work Siddha Yoga

747862365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau**Gulika** 10:30AM – 11:42AM
Yama 8:06AM – 9:18AM
Rahu 11:42AM – 12:54PM**Ashlesha*** Until 6:55PM

Indra Until 1:27AM Thu

Visti Until 8:14PM

Shashthi* Until 9:17AM**Ganesha:** White *Sunrise:* 6:55AM**Muruqa:** Purple *Sunset:* 4:30PM**Nataraja:** White

Moon – Blue

Karttika-Kartikai**Bhuloka Day**

Norman, OK

Sun 5 Sutra 227

Vilamba 5120

Moon 11 - Phase 31

1st Phase

D**Thursday, November 29, 2018****Retreat Star**

Simha Rasi: 6.26 Tithi 22 – 23

Creative Work Amrita Yoga

Until 5:46PM

Then Creative Work - Siddha Yoga

757863365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau**Gulika** 9:19AM – 10:31AM
Yama 6:56AM – 8:07AM
Rahu 12:54PM – 2:06PM**Magha*** Until 5:46PM

Vaidhriti* Until 10:41PM

Balava Until 6:17PM

Saptami Until 7:12AM**Ganesha:** Clear *Sunrise:* 6:56AM**Muruqa:** Purple *Sunset:* 4:29PM**Nataraja:** White

Moon – Red

Karttika-Kartikai**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Norman, OK

Sun 6 Sutra 228

Vilamba 5120

Moon 11 - Phase 31

Ashtami

Friday, November 30, 2018**Retreat Star**

Simha Rasi: 20.26 Tithi 24

Creative Work Siddha Yoga

758863365

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau**Gulika** 8:08AM – 9:20AM
Yama 2:06PM – 3:18PM
Rahu 10:31AM – 11:43AM**Purvaphalguni** Until 4:45PM

Vishkambha* Until 8:08PM

Taitila Until 4:35PM

Navami* Until 3:49AM Sat**Ganesha:** Orange *Sunrise:* 6:57AM**Muruqa:** Purple *Sunset:* 4:29PM**Nataraja:** White

Moon – Red

Karttika-Kartikai**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Norman, OK

Sun 7 Sutra 229

Vilamba 5120

Moon 11 - Phase 31

Navami

1		Saturday, December 1, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Vanija/Visli* Karana Dashamyam Titau		Norman, OK Sun 8 Sutra 230 Vilamba 5120	
Kanya Rasi: 4.17	Tithi 25	Gulika 6:58AM – 8:09AM	Uttaraphalguni Until 3:50PM	Ganesha: Orange	<i>Sunrise:</i> 6:58AM		
		Yama 12:55PM – 2:06PM	Priti Until 5:50PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 32
Routine Work	Marana Yoga	758863365 Rahu 9:20AM – 10:32AM	Vanija Until 3:09PM	Nataraja: White			2nd Phase
			Dashami Until 2:31AM Sun	Moon – Red		Bhuloka Day	
				Karttika-Karttikai		Devaloka Time: 6:AM to 9:AM	

2		Sunday, December 2, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 231 Vilamba 5120	
Kanya Rasi: 17.57	Tithi 26	Gulika 2:06PM – 3:17PM	Hasta Until 3:30PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:59AM		
		Yama 11:44AM – 12:55PM	Ayushman Until 3:43PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM		Moon 11 - Phase 32
Creative Work	Amrita Yoga	768863365 Rahu 3:17PM – 4:29PM	Bava Until 2:01PM	Nataraja: White			2nd Phase
Until 3:30PM			Ekadashi* Until 1:32AM Mon	Moon – Green		Bhuloka Day	
Then Creative Work - Siddha Yoga				Karttika-Karttikai			

3		Monday, December 3, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 232 Vilamba 5120	
Tula Rasi: 1.27	Tithi 27	Gulika 12:55PM – 2:06PM	Chitra Until 3:20PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:00AM		
Family Home Evening		Yama 10:33AM – 11:44AM	Saubhagya Until 1:52PM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Routine Work	Prabalarishta Yoga	768863365 Rahu 8:11AM – 9:22AM	Kaulava Until 1:11PM	Nataraja: White			2nd Phase
Until 3:20PM			Dvadashi* Until 12:52AM Tue	Moon – Green		Bhuloka Day	
Then Creative Work - Amrita Yoga				Karttika-Karttikai			

4		Tuesday, December 4, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 233 Vilamba 5120	
Tula Rasi: 14.46	Tithi 28	Gulika 11:44AM – 12:55PM	Svati Until 3:21PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:01AM		
		Yama 9:23AM – 10:33AM	Sobhana Until 12:17PM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	768863365 Rahu 2:06PM – 3:17PM	Gara Until 12:41PM	Nataraja: White			2nd Phase
Until 3:21PM			Trayodashi* Until 12:34AM Wed	Moon – Green		Bhuloka Day	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>	Karttika-Karttikai			

5		Wednesday, December 5, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 234 Vilamba 5120	
Tula Rasi: 27.53	Tithi 29	Gulika 10:34AM – 11:45AM	Vishakha Until 4:03PM	Ganesha: Purple	<i>Sunrise:</i> 7:02AM		
		Yama 8:12AM – 9:23AM	Athiganda* Until 11:00AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 Rahu 11:45AM – 12:56PM	Visti Until 12:36PM	Nataraja: White			2nd Phase
			Chaturdashi* Until 12:42AM Thu	Moon – Orange		Bhuloka Day	
				Karttika-Karttikai			

Retreat Star		Thursday, December 6, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 13 Sutra 235 Vilamba 5120	
Vrischika Rasi: 10.47	Tithi 30	Gulika 9:24AM – 10:35AM	Anuradha Until 5:04PM	Ganesha: Purple	<i>Sunrise:</i> 7:03AM		
		Yama 7:03AM – 8:13AM	Sukarma Until 10:04AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Creative Work	Siddha Yoga	778863365 Rahu 12:56PM – 2:07PM	Catuspada Until 12:59PM	Nataraja: White			Amavasya
Until 5:04PM			Amavasya* Until 1:20AM Fri	Moon – Orange		Bhuloka Day	
Then Routine Work - Prabalarishta Yoga				Karttika-Karttikai			

Retreat Star		Friday, December 7, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 14 Sutra 236 Vilamba 5120	
Vrischika Rasi: 23.27	Tithi 1	Gulika 8:14AM – 9:25AM	Jyeshtha* Until 6:25PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:03AM		
		Yama 2:07PM – 3:17PM	Dhriti Until 9:33AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Moon 11 - Phase 32
Routine Work	Marana Yoga	779863365 Rahu 10:35AM – 11:46AM	Kintughna Until 1:52PM	Nataraja: White			Prathama
Until 6:25PM			Prathama* Until 2:29AM Sat	Moon – Orange		Bhuloka Day	
Then Creative Work - Amrita Yoga				Margasira-Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Saturday, December 8, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Norman, OK Sun 15 Sutra 237 Vilamba 5120	
Dhanus Rasi: 5.52	Tithi 2	Gulika 7:04AM – 8:15AM	Mula* Until 8:36PM	Ganesha: Purple	<i>Sunrise:</i> 7:04AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM
		Yama 12:57PM – 2:07PM	Shula* Until 9:24AM	Nataraja: White			Moon 11 - Phase 33
		789863365 Rahu 9:25AM – 10:36AM	Balava Until 3:18PM	Moon – Light Blue			3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 4:11AM Sun	Margasira-Karttikai			Bhuloka Day

2		Sunday, December 9, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Tritiyayam Titau		Norman, OK Sun 16 Sutra 238 Vilamba 5120	
Dhanus Rasi: 18.04	Tithi 3	Gulika 2:07PM – 3:18PM	Purvashadha* Until 11:07PM	Ganesha: Purple	<i>Sunrise:</i> 7:05AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM
		Yama 11:47AM – 12:57PM	Ganda* Until 9:41AM	Nataraja: White			Moon 11 - Phase 33
		789863365 Rahu 3:18PM – 4:28PM	Taitila Until 5:15PM	Moon – Light Blue			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 6:22AM Mon	Margasira-Karttikai			Bhuloka Day
Until 11:07PM							
Then Creative Work - Amrita Yoga							

3		Monday, December 10, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Norman, OK Sun 17 Sutra 239 Vilamba 5120	
Makara Rasi: 0.05	Tithi 3 – 4	Gulika 12:57PM – 2:08PM	Uttarashadha Until 1:51AM Tue	Ganesha: Purple	<i>Sunrise:</i> 7:06AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM
Family Home Evening		Yama 10:37AM – 11:47AM	Vriddhi Until 10:18AM	Nataraja: White			Moon 11 - Phase 33
789863365 Rahu 8:16AM – 9:27AM			Vanija Until 7:38PM	Moon – Light Blue			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 6:22AM	Margasira-Karttikai			Bhuloka Day
Until 1:51AM Tue							
Then Creative Work - Siddha Yoga							

4		Tuesday, December 11, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Norman, OK Sun 18 Sutra 240 Vilamba 5120	
Makara Rasi: 11.57	Tithi 4 – 5	Gulika 11:48AM – 12:58PM	Shravana Until 5:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM
		Yama 9:27AM – 10:37AM	Dhruva Until 11:10AM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 2:08PM – 3:18PM	Bava Until 10:18PM	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 8:55AM	Margasira-Karttikai			Bhuloka Day
Until 5:08AM Wed							Devaloka Time: 6:AM to 9:AM
Then Routine Work - Prabalarishta Yoga							

5		Wednesday, December 12, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Norman, OK Sun 19 Sutra 241 Vilamba 5120	
Makara Rasi: 23.44	Tithi 5 – 6	Gulika 10:38AM – 11:48AM	Dhanishtha Until 8:17AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:08AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM
		Yama 8:18AM – 9:28AM	Vyaghata* Until 12:10PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 11:48AM – 12:58PM	Kaulava Until 1:03AM Thu	Moon – Purple			3rd Phase
Routine Work	Prabalarishta Yoga		Panchami Until 11:40AM	Margasira-Karttikai			Bhuloka Day
Until 8:17AM Thu							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

6		Thursday, December 13, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Norman, OK Sun 20 Sutra 242 Vilamba 5120	
Kumbha Rasi: 5.32	Tithi 6 – 7	Gulika 9:28AM – 10:38AM	Dhanishtha Until 8:17AM	Ganesha: Clear	<i>Sunrise:</i> 7:08AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM
		Yama 7:08AM – 8:18AM	Harshana Until 1:09PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 12:59PM – 2:09PM	Gara Until 3:40AM Fri	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 2:22PM	Margasira-Karttikai			Bhuloka Day
							Devaloka Time: 6:AM to 9:AM

Vinayaga Viratam Ends

7		Friday, December 14, 2018		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Norman, OK Sun 21 Sutra 243 Vilamba 5120	
Retreat Star		Gulika 8:19AM – 9:29AM	Shatabhishak Until 11:04AM	Ganesha: Clear	<i>Sunrise:</i> 7:09AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM
Kumbha Rasi: 17.23	Tithi 7 – 8	Yama 2:09PM – 3:19PM	Vajra* Until 1:55PM	Nataraja: White			Moon 11 - Phase 33
		799863365 Rahu 10:39AM – 11:49AM	Visti Until 5:53AM Sat	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 4:49PM	Margasira-Karttikai			Bhuloka Day
							Devaloka Time: 6:AM to 9:AM

8		Saturday, December 15, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipala* Yoga Bava Karana Ashtamyam Titau		Norman, OK Sun 22 Sutra 244 Vilamba 5120	
Retreat Star		Gulika 7:10AM – 8:20AM	Purvaproshtapada* Until 1:45PM	Ganesha: Clear	<i>Sunrise:</i> 7:10AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM
Kumbha Rasi: 29.24	Tithi 8	Yama 12:59PM – 2:09PM	Siddhi Until 2:21PM	Nataraja: White			Moon 11 - Phase 33
		711863365 Rahu 9:30AM – 10:40AM	Bava Until 6:45PM	Moon – Clear			Ashtami
Routine Work	Marana Yoga		Ashtami* Until 6:45PM	Margasira-Markali			Bhuloka Day
Until 1:45PM							Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga							

9		Sunday, December 16, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipala*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 23 Sutra 245 Vilamba 5120	
Retreat Star		Gulika 2:10PM – 3:19PM	Uttaraproshtapada Until 3:38PM	Ganesha: Purple	<i>Sunrise:</i> 7:11AM	Muruqa: Purple	<i>Sunset:</i> 4:29PM
Meena Rasi: 11.39	Tithi 9	Yama 11:50AM – 1:00PM	Vyatipala* Until 2:18PM	Nataraja: White			Moon 11 - Phase 33
		811863365 Rahu 3:19PM – 4:29PM	Balava Until 7:30AM	Moon – Clear			Navami
Creative Work	Amrita Yoga		Navami* Until 8:01PM	Margasira-Markali			Bhuloka Day

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

Monday, December 17, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau			Norman, OK Sun 24 Sutra 246 Vilamba 5120
1		Gulika 1:00PM – 2:10PM	Revati Until 4:38PM	Ganesha: Purple <i>Sunrise:</i> 7:11AM	
Meena Rasi: 24.13	Tithi 10	Yama 10:41AM – 11:50AM	Variyan Until 1:38PM	Muruqa: Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 34
Family Home Evening	811863365	Rahu 8:21AM – 9:31AM	Taitila Until 8:22AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dashami Until 8:29PM	Moon – Clear	Bhuloka Day
				Margasira*Markali	

Tuesday, December 18, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau			Norman, OK Sun 25 Sutra 247 Vilamba 5120
2		Gulika 11:51AM – 1:01PM	Ashvini Until 5:09PM	Ganesha: Clear <i>Sunrise:</i> 7:12AM	
Mesha Rasi: 7.1	Tithi 11	Yama 9:31AM – 10:41AM	Parigha* Until 12:21PM	Muruqa: Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 34
	821863365	Rahu 2:10PM – 3:20PM	Vanija Until 8:26AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:08PM	Moon – White	Bhuloka Day
		Gita Jayanthi		Margasira*Markali	Devaloka Time: 6:AM to 9:AM

Wednesday, December 19, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvodashyam Titau			Norman, OK Sun 26 Sutra 248 Vilamba 5120
3		Gulika 10:42AM – 11:51AM	Bharani Until 4:43PM	Ganesha: Clear <i>Sunrise:</i> 7:12AM	
Mesha Rasi: 20.32	Tithi 12	Yama 8:22AM – 9:32AM	Shiva Until 10:26AM	Muruqa: Purple <i>Sunset:</i> 4:30PM	Moon 11 - Phase 34
	821863365	Rahu 11:51AM – 1:01PM	Bava Until 7:40AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:59PM	Moon – White	Bhuloka Day
Until 4:43PM				Margasira*Markali	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga					

Thursday, December 20, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Norman, OK Sun 27 Sutra 249 Vilamba 5120
4		Gulika 9:32AM – 10:42AM	Krittika Until 3:28PM	Ganesha: Clear <i>Sunrise:</i> 7:13AM	
Vrishabha Rasi: 4.21	Tithi 13 – 14	Yama 7:13AM – 8:23AM	Siddha Until 10:26AM	Muruqa: Purple <i>Sunset:</i> 4:31PM	Moon 11 - Phase 34
	821863365	Rahu 1:02PM – 2:11PM	Kaulava Until 6:09AM	Nataraja: White	4th Phase
Routine Work	Marana Yoga		Trayodashi Until 5:08PM	Moon – White	Bhuloka Day
				Margasira*Markali	Devaloka Time: 6:AM to 9:AM
				<i>Pradosha Vrata</i>	

Friday, December 21, 2018		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Norman, OK Sutra 250 Vilamba 5120
○	Copper Retreat Star	Gulika 8:23AM – 9:33AM	Rohini Until 1:54PM	Ganesha: White <i>Sunrise:</i> 7:14AM	
Vrishabha Rasi: 18.34	Tithi 14 – 15	Yama 2:12PM – 3:22PM	Subha Until 1:32AM Sat	Muruqa: Purple <i>Sunset:</i> 4:31PM	Moon 11 - Phase 34
	831863365	Rahu 10:43AM – 11:52AM	Visti Until 1:21AM Sat	Nataraja: White	Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 2:43PM	Moon – Yellow	Bhuloka Day
Until 1:54PM		Day 1 of Pancha Ganapati		Margasira*Markali	
Then Creative Work - Siddha Yoga					

Saturday, December 22, 2018		Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Norman, OK Sutra 251 Vilamba 5120
○	Silver Retreat Star	Gulika 7:14AM – 8:24AM	Mrigashira Until 11:47AM	Ganesha: Yellow <i>Sunrise:</i> 7:14AM	
Mithuna Rasi: 3.07	Tithi 15 – 16	Yama 1:03PM – 2:12PM	Sukla Until 9:51PM	Muruqa: Purple <i>Sunset:</i> 4:32PM	Moon 11 - Phase 34
	831963365	Rahu 9:34AM – 10:43AM	Balava Until 10:21PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:52AM	Moon – Yellow	Bhuloka Day
		Day 2 of Pancha Ganapati		Margasira*Markali	Devaloka Time: 9:AM to 12:PM

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Sunday, December 23, 2018

Gold Retreat Star

Mithuna Rasi: 17.53 Tithi 16 - 17

831963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Gulika 2:13PM - 3:23PM
Yama 11:53AM - 1:03PM
Rahu 3:23PM - 4:32PM

Day 3 of Pancha Ganapati
Ardra Darshanam

Ardra Until 9:15AM
Brahma Until 6:00PM
Taitila Until 7:09PM

Prathama* Until 8:45AM

Ganesha: Yellow Sunrise: 7:15AM
Muruga: Purple Sunset: 4:32PM
Nataraja: White
Moon - Yellow

Margasira*Markali

Bhuloka Day
Devaloka Time: 9:AM to 12:PM

Norman, OK
Sutra 252
Vilamba 5120
Moon 12 - Phase 35
1st Phase

1

Monday, December 24, 2018

Kataka Rasi: 2.46 Tithi 18

841963365

Creative Work Amrita Yoga

Until 6:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Tritiyayam Titau

Gulika 1:04PM - 2:13PM
Yama 10:44AM - 11:54AM
Rahu 8:25AM - 9:34AM

Day 4 of Pancha Ganapati

Punarvasu Until 6:53AM
Indra Until 2:07PM
Vanija Until 3:55PM

Tritiya Until 2:19AM Tue

Ganesha: Blue Sunrise: 7:15AM
Muruga: Purple Sunset: 4:33PM
Nataraja: White
Moon - Blue

Margasira*Markali

Devaloka Day

Norman, OK
Sun 1
Sutra 253
Vilamba 5120
Moon 12 - Phase 35
1st Phase

2

Tuesday, December 25, 2018

Kataka Rasi: 17.38 Tithi 19

842963365

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 11:54AM - 1:04PM
Yama 9:35AM - 10:45AM
Rahu 2:14PM - 3:24PM

Day 5 of Pancha Ganapati

Ashlesha* Until 1:59AM Wed
Vaidhriti* Until 10:18AM
Bava Until 12:47PM

Chaturthi* Until 11:16PM

Ganesha: Yellow Sunrise: 7:15AM
Muruga: Purple Sunset: 4:34PM
Nataraja: White
Moon - Blue

Margasira*Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Norman, OK
Sun 2
Sutra 254
Vilamba 5120
Moon 12 - Phase 35
1st Phase

3

Wednesday, December 26, 2018

Simha Rasi: 2.21 Tithi 20

852963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:45AM - 11:55AM
Yama 8:26AM - 9:35AM
Rahu 11:55AM - 1:05PM

Magha* Until 12:08AM Thu
Vishkambha* Until 6:39AM
Kaulava Until 9:52AM

Panchami Until 8:31PM

Ganesha: Blue Sunrise: 7:16AM
Muruga: Purple Sunset: 4:34PM
Nataraja: Green
Moon - Red

Margasira*Markali

Bhuloka Day

Norman, OK
Sun 3
Sutra 255
Vilamba 5120
Moon 12 - Phase 35
1st Phase

4

Thursday, December 27, 2018

Simha Rasi: 16.5 Tithi 21

852963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:36AM - 10:46AM
Yama 7:16AM - 8:26AM
Rahu 1:05PM - 2:15PM

Purvaphalguni Until 10:33PM
Ayushman Until 12:14AM Fri
Gara Until 7:18AM

Shashthi* Until 6:10PM

Ganesha: Blue Sunrise: 7:16AM
Muruga: Purple Sunset: 4:35PM
Nataraja: Green
Moon - Red

Margasira*Markali

Bhuloka Day

Norman, OK
Sun 4
Sutra 256
Vilamba 5120
Moon 12 - Phase 35
1st Phase

5

Friday, December 28, 2018

Kanya Rasi: 1.02 Tithi 22 - 23

852963366

Creative Work Siddha Yoga

Until 9:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 8:26AM - 9:36AM
Yama 2:16PM - 3:26PM
Rahu 10:46AM - 11:56AM

Uttaraphalguni Until 9:17PM
Saubhagya Until 9:35PM
Balava Until 3:32AM Sat

Saptami Until 4:16PM

Ganesha: Blue Sunrise: 7:16AM
Muruga: Purple Sunset: 4:36PM
Nataraja: Green
Moon - Red

Margasira*Markali

Bhuloka Day

Norman, OK
Sun 5
Sutra 257
Vilamba 5120
Moon 12 - Phase 35
1st Phase

D

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.54 Tithi 23 - 24

862963366

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:17AM - 8:27AM
Yama 1:06PM - 2:16PM
Rahu 9:37AM - 10:47AM

Hasta Until 8:50PM
Sobhana Until 7:22PM
Taitila Until 2:26AM Sun

Ashtami* Until 2:54PM

Ganesha: Red Sunrise: 7:17AM
Muruga: Purple Sunset: 4:36PM
Nataraja: Green
Moon - Green

Margasira*Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Norman, OK
Sun 6
Sutra 258
Vilamba 5120
Moon 12 - Phase 35
Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 28.28 Tithi 24 - 25

862963366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:17PM - 3:27PM
Yama 11:57AM - 1:07PM
Rahu 3:27PM - 4:37PM

Chitra Until 8:46PM
Athiganda* Until 5:33PM
Vanija Until 1:52AM Mon

Navami* Until 2:04PM

Ganesha: Red Sunrise: 7:17AM
Muruga: Purple Sunset: 4:37PM
Nataraja: Green
Moon - Green

Margasira*Markali

Bhuloka Day
Devaloka Time: 6:AM to 9:AM

Norman, OK
Sun 7
Sutra 259
Vilamba 5120
Moon 12 - Phase 35
Navami

Monday, December 31, 2018		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuklayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Norman, OK Sun 8 Sutra 260 Vilamba 5120
1		Gulika 1:08PM – 2:18PM	Svati Until 9:03PM	Ganesha: Red	<i>Sunrise:</i> 7:17AM	
Tula Rasi: 11.44	Tithi 25 – 26	Yama 10:47AM – 11:57AM	Sukarma Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 4:38PM	Moon 12 - Phase 36
Family Home Evening	862963366	Rahu 8:27AM – 9:37AM	Bava Until 1:49AM Tue	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Dashami Until 1:45PM	Moon – Green		Bhuloka Day
Until 9:03PM				Margasira*Markali		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

Tuesday, January 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuklayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 9 Sutra 261 Vilamba 5120
2		Gulika 11:58AM – 1:08PM	Vishakha Until 10:08PM	Ganesha: Green	<i>Sunrise:</i> 7:17AM	
Tula Rasi: 24.43	Tithi 26 – 27	Yama 9:38AM – 10:48AM	Dhriti Until 3:09PM	Muruqa: Purple	<i>Sunset:</i> 4:39PM	Moon 12 - Phase 36
872963366		Rahu 2:18PM – 3:28PM	Kaulava Until 2:17AM Wed	Nataraja: Green		2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 1:58PM	Moon – Orange		Bhuloka Day
Until 10:08PM				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Wednesday, January 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuklayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 10 Sutra 262 Vilamba 5120
3		Gulika 10:48AM – 11:58AM	Anuradha Until 11:31PM	Ganesha: Green	<i>Sunrise:</i> 7:17AM	
Vrischika Rasi: 7.29	Tithi 27 – 28	Yama 8:28AM – 9:38AM	Shula* Until 2:31PM	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36
872963366		Rahu 11:58AM – 1:09PM	Gara Until 3:13AM Thu	Nataraja: Green		2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 2:40PM	Moon – Orange		Bhuloka Day
				Margasira*Markali		

Pradosha Vrata (Fasting)

Thursday, January 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuklayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 11 Sutra 263 Vilamba 5120
4		Gulika 9:38AM – 10:49AM	Jyeshtha* Until 1:12AM Fri	Ganesha: Green	<i>Sunrise:</i> 7:17AM	
Vrischika Rasi: 20.01	Tithi 28 – 29	Yama 7:17AM – 8:28AM	Ganda* Until 2:14PM	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Moon 12 - Phase 36
872963366		Rahu 1:09PM – 2:20PM	Visti Until 4:37AM Fri	Nataraja: Green		2nd Phase
Routine Work Prabalarishta Yoga			Trayodashi* Until 3:51PM	Moon – Orange		Bhuloka Day
Until 1:12AM Fri				Margasira*Markali		
Then Creative Work - Amrita Yoga						

Friday, January 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuklayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Norman, OK Sun 12 Sutra 264 Vilamba 5120
5		Gulika 8:28AM – 9:38AM	Mula* Until 3:36AM Sat	Ganesha: White	<i>Sunrise:</i> 7:17AM	
Dhanus Rasi: 2.22	Tithi 29 – 30	Yama 2:20PM – 3:31PM	Vridhi Until 2:19PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Moon 12 - Phase 36
882963366		Rahu 10:49AM – 11:59AM	Catuspada Until 6:27AM Sat	Nataraja: Green		2nd Phase
Creative Work Amrita Yoga			Chaturdashi* Until 5:28PM	Moon – Light Blue		Bhuloka Day
Until 3:36AM Sat				Margasira*Markali		
Then Creative Work - Siddha Yoga						

Saturday, January 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuklayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Norman, OK Sun 13 Sutra 265 Vilamba 5120
Retreat Star		Gulika 7:17AM – 8:28AM	Purvashadha* Until 6:13AM Sun	Ganesha: White	<i>Sunrise:</i> 7:17AM	
Dhanus Rasi: 14.32	Tithi 30	Yama 1:10PM – 2:21PM	Dhruva Until 2:40PM	Muruqa: Clear	<i>Sunset:</i> 4:42PM	Moon 12 - Phase 36
882973366		Rahu 9:39AM – 10:49AM	Catuspada Until 6:27AM	Nataraja: Green		Amavasya
Creative Work Siddha Yoga			Amavasya* Until 7:29PM	Moon – Light Blue		Bhuloka Day
Until 6:13AM Sun				Margasira*Markali		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti				

Sunday, January 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuklayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Norman, OK Sun 14 Sutra 266 Vilamba 5120
Retreat Star		Gulika 2:22PM – 3:32PM	Purvashadha* Until 6:13AM	Ganesha: White	<i>Sunrise:</i> 7:17AM	
Dhanus Rasi: 26.33	Tithi 1	Yama 12:00PM – 1:11PM	Vyaghata* Until 3:18PM	Muruqa: Clear	<i>Sunset:</i> 4:43PM	Moon 12 - Phase 36
882973366		Rahu 3:32PM – 4:43PM	Kintughna Until 8:39AM	Nataraja: Green		Prathama
Creative Work Siddha Yoga			Prathama* Until 9:50PM	Moon – Light Blue		Bhuloka Day
Until 6:13AM		Partial Solar Eclipse		Pausha*Markali		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

Monday, January 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 15 Sutra 267 Vilamba 5120
1	Makara Rasi: 8.27 Family Home Evening Routine Work Marana Yoga Until 8:56AM Then Creative Work - Amrita Yoga	Tithi 2 883973366	Gulika 1:12PM – 2:22PM Yama 10:50AM – 12:01PM Rahu 8:28AM – 9:39AM	Uttarashadha Until 8:56AM Harshana Until 4:09PM Balava Until 11:09AM Dvitiya Until 12:27AM Tue	Ganesha: Yellow Muruqa: Clear Nataraja: Green Moon – Light Blue Pausha-Markali	Sunrise: 7:17AM Sunset: 4:44PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Tuesday, January 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Norman, OK Sun 16 Sutra 268 Vilamba 5120
2	Makara Rasi: 20.16 Creative Work Siddha Yoga	Tithi 3 893973366	Gulika 12:01PM – 1:12PM Yama 9:39AM – 10:50AM Rahu 2:23PM – 3:34PM	Shravana Until 12:12PM Vajra* Until 5:06PM Taitila Until 1:50PM Tritiya Until 3:12AM Wed	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:17AM Sunset: 4:45PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Wednesday, January 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Norman, OK Sun 17 Sutra 269 Vilamba 5120
3	Kumbha Rasi: 2.04 Routine Work Prabalarishta Yoga Until 3:22PM Then Creative Work - Siddha Yoga	Tithi 4 893973366	Gulika 10:50AM – 12:02PM Yama 8:28AM – 9:39AM Rahu 12:02PM – 1:13PM	Dhanishtha Until 3:22PM Siddhi Until 6:06PM Vanija Until 4:36PM Chaturthi* Until 5:55AM Thu	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:17AM Sunset: 4:46PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Thursday, January 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Bava Karana Panchamyam Titau				Norman, OK Sun 18 Sutra 270 Vilamba 5120
4	Kumbha Rasi: 13.52 Creative Work Siddha Yoga	Tithi 5 893973366	Gulika 9:39AM – 10:51AM Yama 7:17AM – 8:28AM Rahu 1:13PM – 2:25PM	Shatabhishak Until 6:16PM Vyatipata* Until 7:01PM Bava Until 7:15PM Panchami Until 8:27AM Fri	Ganesha: Red Muruqa: Clear Nataraja: Green Moon – Purple Pausha-Markali	Sunrise: 7:17AM Sunset: 4:47PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Friday, January 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK Sun 19 Sutra 271 Vilamba 5120
5	Kumbha Rasi: 25.43 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	Gulika 8:28AM – 9:40AM Yama 2:25PM – 3:37PM Rahu 10:51AM – 12:02PM	Purvaproshtapada* Until 9:14PM Variyan Until 7:43PM Kaulava Until 9:37PM Panchami Until 8:27AM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:17AM Sunset: 4:48PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Saturday, January 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Norman, OK Sun 20 Sutra 272 Vilamba 5120
6	Meena Rasi: 7.43 Creative Work Siddha Yoga Until 11:37PM Then Routine Work - Prabalarishta Yoga	Tithi 6 – 7 813973366	Gulika 7:16AM – 8:28AM Yama 1:14PM – 2:26PM Rahu 9:40AM – 10:51AM	Uttaraproshtapada Until 11:37PM Parigha* Until 8:06PM Gara Until 11:32PM Shashthi* Until 10:37AM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:16AM Sunset: 4:49PM Moon 12 - Phase 37 3rd Phase Devaloka Day

Sunday, January 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Norman, OK Sun 21 Sutra 273 Vilamba 5120
Retreat Star	Meena Rasi: 19.55 Creative Work Amrita Yoga Until 1:14AM Mon Then Creative Work - Siddha Yoga	Tithi 7 – 8 813973366	Gulika 2:27PM – 3:38PM Yama 12:03PM – 1:15PM Rahu 3:38PM – 4:50PM	Revati Until 1:14AM Mon Shiva Until 8:02PM Visti Until 12:49AM Mon Saptami Until 12:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Green Moon – Clear Pausha-Markali	Sunrise: 7:16AM Sunset: 4:50PM Moon 12 - Phase 37 Ashtami Devaloka Day

Monday, January 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK Sun 22 Sutra 274 Vilamba 5120
Retreat Star	Mesha Rasi: 2.24 Family Home Evening Creative Work Siddha Yoga	Tithi 8 – 9 823973366	Gulika 1:15PM – 2:27PM Yama 10:52AM – 12:04PM Rahu 8:28AM – 9:40AM	Ashvini Until 2:28AM Tue Siddha Until 7:23PM Balava Until 1:21AM Tue Ashtami* Until 1:10PM	Ganesha: Purple Muruqa: Clear Nataraja: Green Moon – White Pausha-Thai	Sunrise: 7:16AM Sunset: 4:51PM Moon 12 - Phase 37 Navami Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

1		Tuesday, January 15, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 15.14	Tithi 9 – 10	Gulika	12:04PM – 1:16PM	Bharani Until 2:43AM Wed	Ganesha: Purple	<i>Sunrise:</i> 7:15AM		
		Yama	9:40AM – 10:52AM	Sadhya Until 6:08PM	Muruqa: Clear	<i>Sunset:</i> 4:52PM	Moon 12 - Phase 38	
		823973366 Rahu	2:28PM – 3:40PM	Taitila Until 1:04AM Wed	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Navami* Until 1:18PM	Moon – White		Sivaloka Day	
Until 2:43AM Wed					Pausha*Thai			
Then Creative Work - Amrita Yoga								

2		Wednesday, January 16, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Norman, OK Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 28.29	Tithi 10 – 11	Gulika	10:52AM – 12:04PM	Krittika Until 2:02AM Thu	Ganesha: Blue	<i>Sunrise:</i> 7:15AM		
		Yama	8:27AM – 9:40AM	Subha Until 4:15PM	Muruqa: Clear	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 38	
		823173366 Rahu	12:04PM – 1:17PM	Vanija Until 11:57PM	Nataraja: Green		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 12:36PM	Moon – White		Sivaloka Day	
Until 2:02AM Thu					Pausha*Thai			
Then Routine Work - Marana Yoga								

3		Thursday, January 17, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Norman, OK Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 12.12	Tithi 11 – 12	Gulika	9:40AM – 10:52AM	Rohini Until 12:54AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 7:15AM		
		Yama	7:15AM – 8:27AM	Sukla Until 1:43PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 38	
		833173366 Rahu	1:17PM – 2:30PM	Bava Until 10:05PM	Nataraja: Green		4th Phase	
Routine Work	Marana Yoga			Ekadashi Until 11:05AM	Moon – Yellow		Devaloka Day	
Until 12:54AM Fri					Pausha*Thai			
Then Creative Work - Siddha Yoga								

4		Friday, January 18, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 26.22	Tithi 12 – 13	Gulika	8:27AM – 9:40AM	Mrigashira Until 10:59PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM		
		Yama	2:30PM – 3:43PM	Brahma Until 10:37AM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 38	
		833173366 Rahu	10:52AM – 12:05PM	Kaulava Until 7:33PM	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 8:52AM	Moon – Yellow		Devaloka Day	
					Pausha*Thai			

Pradosha Vrata

5		Saturday, January 19, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.57	Tithi 13 – 14	Gulika	7:14AM – 8:27AM	Ardra Until 8:27PM	Ganesha: Yellow	<i>Sunrise:</i> 7:14AM		
		Yama	1:18PM – 2:31PM	Indra Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 38	
		833173366 Rahu	9:39AM – 10:52AM	Vanija Until 2:48AM Sun	Nataraja: Green		4th Phase	
Creative Work	Siddha Yoga			Trayodashi Until 6:03AM	Moon – Yellow		Devaloka Day	
					Pausha*Thai			

○		Sunday, January 20, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Norman, OK Sun 28 Sutra 280 Vilamba 5120
Copper Retreat Star		Gulika	2:32PM – 3:45PM	Punarvasu Until 5:50PM	Ganesha: White	<i>Sunrise:</i> 7:13AM		
Mithuna Rasi: 25.53	Tithi 15	Yama	12:06PM – 1:19PM	Vishkambha* Until 11:01PM	Muruqa: Clear	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 38	
		843173366 Rahu	3:45PM – 4:58PM	Visti Until 1:04PM	Nataraja: Green		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 11:15PM	Moon – Blue		Sivaloka Day	
					Pausha*Thai			
		Thai Pusam						

Monday, January 21, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sun 28 Sutra 281 Vilamba 5120		
Silver Retreat Star		Gulika	1:19PM – 2:33PM	Pushya Until 2:55PM	Ganesha: White	<i>Sunrise:</i> 7:13AM		
Kataka Rasi: 11.01	Tithi 16	Yama	10:53AM – 12:06PM	Priti Until 6:46PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 38	
Family Home Evening		843173366 Rahu	8:26AM – 9:39AM	Balava Until 9:26AM	Nataraja: Green		Prathama	
Creative Work	Siddha Yoga			Prathama* Until 7:34PM	Moon – Blue		Sivaloka Day	
					Pausha*Thai			
		Total Lunar Eclipse						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Trilyayam Titau

Norman, OK

Sun 1 Sutra 282

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kataka Rasi: 26.11 Tithi 17 - 18

844173366

Gulika 12:06PM - 1:20PM

Yama 9:39AM - 10:53AM

Rahu 2:33PM - 3:47PM

Ashlesha* Until 11:53AM

Ayushman Until 2:32PM

Vanija Until 2:12AM Wed

Dvitiya Until 3:56PM

Ganesha: Clear Sunrise: 7:12AM

Muruqa: Clear Sunset: 5:00PM

Nataraja: Green

Moon - Blue

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

1

Wednesday, January 23, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Triliya/Chaturtham Titau

Norman, OK

Sun 2 Sutra 283

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 11.17 Tithi 18 - 19

854173366

Gulika 10:53AM - 12:06PM

Yama 8:25AM - 9:39AM

Rahu 12:06PM - 1:20PM

Magha* Until 9:16AM

Saubhagya Until 10:27AM

Bava Until 10:54PM

Tritiya Until 12:29PM

Ganesha: Purple Sunrise: 7:11AM

Muruqa: Clear Sunset: 5:02PM

Nataraja: Green

Moon - Red

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 9:16AM

Then Creative Work - Amrita Yoga

2

Thursday, January 24, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Norman, OK

Sun 3 Sutra 284

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Simha Rasi: 26.08 Tithi 19 - 20

954173366

Gulika 9:39AM - 10:53AM

Yama 7:11AM - 8:25AM

Rahu 1:21PM - 2:35PM

Purvaphalguni Until 6:50AM

Sobhana Until 6:40AM

Kaulava Until 8:03PM

Chaturthi* Until 9:24AM

Ganesha: Clear Sunrise: 7:11AM

Muruqa: Clear Sunset: 5:03PM

Nataraja: Green

Moon - Red

Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

3

Friday, January 25, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Norman, OK

Sun 4 Sutra 285

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 10.39 Tithi 20 - 21

964173366

Gulika 8:24AM - 9:38AM

Yama 2:35PM - 3:50PM

Rahu 10:53AM - 12:07PM

Hasta Until 3:31AM Sat

Sukarma Until 12:18AM Sat

Vanija Until 4:48AM Sat

Panchami Until 6:47AM

Ganesha: Purple Sunrise: 7:10AM

Muruqa: Clear Sunset: 5:04PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 3:31AM Sat

Then Routine Work - Marana Yoga

4

Saturday, January 26, 2019

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Norman, OK

Sun 5 Sutra 286

Vilamba 5120

Moon 1 - Phase 39

1st Phase

Kanya Rasi: 24.45 Tithi 22

964173366

Gulika 7:09AM - 8:24AM

Yama 1:22PM - 2:36PM

Rahu 9:38AM - 10:53AM

Chitra Until 2:51AM Sun

Dhriti Until 9:55PM

Visti Until 4:04PM

Saptami Until 3:30AM Sun

Ganesha: Purple Sunrise: 7:09AM

Muruqa: Clear Sunset: 5:05PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga

Until 2:51AM Sun

Then Creative Work - Siddha Yoga

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Sunday, January 27, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Norman, OK

Sun 6 Sutra 287

Vilamba 5120

Moon 1 - Phase 39

Ashtami

Tula Rasi: 8.26 Tithi 23

964173366

Gulika 2:37PM - 3:52PM

Yama 12:07PM - 1:22PM

Rahu 3:52PM - 5:06PM

Svati Until 2:44AM Mon

Shula* Until 8:06PM

Balava Until 3:08PM

Ashtami* Until 2:56AM Mon

Ganesha: Purple Sunrise: 7:08AM

Muruqa: Clear Sunset: 5:06PM

Nataraja: Green

Moon - Green

Pausha*Thai

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

Until 2:44AM Mon

Then Routine Work - Marana Yoga

Monday, January 28, 2019

Retreat Star

Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK

Sun 7 Sutra 288

Vilamba 5120

Moon 1 - Phase 39

Navami

Tula Rasi: 21.41 Tithi 24

974173366

Gulika 1:23PM - 2:38PM

Yama 10:53AM - 12:08PM

Rahu 8:23AM - 9:38AM

Vishakha Until 3:40AM Tue

Ganda* Until 6:52PM

Taitila Until 2:58PM

Navami* Until 3:07AM Tue

Ganesha: Clear Sunrise: 7:08AM

Muruqa: Clear Sunset: 5:08PM

Nataraja: Green

Moon - Orange

Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 3:40AM Tue

Then Creative Work - Siddha Yoga

Family Home Evening

1		Tuesday, January 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam		Norman, OK	
Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 8		Sutra 289		Vilamba 5120	
Wrischika Rasi: 4.34	Tithi 25	Gulika 12:08PM – 1:23PM	Anuradha Until 5:06AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:07AM	Moon 1 - Phase 40	
		Yama 9:37AM – 10:52AM	Vriddhi Until 6:12PM	Muruqa: Clear	<i>Sunset:</i> 5:09PM	2nd Phase	
974173366	Rahu 2:38PM – 3:54PM		Vanija Until 3:30PM	Nataraja: Green		Devaloka Day	
Creative Work	Siddha Yoga		Dashami Until 4:00AM Wed	Moon – Orange		Pausha*Thai	

2		Wednesday, January 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam		Norman, OK	
Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 290		Vilamba 5120	
Wrischika Rasi: 17.07	Tithi 26	Gulika 10:52AM – 12:08PM	Jyeshtha* Until 6:57AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Moon 1 - Phase 40	
		Yama 8:21AM – 9:37AM	Dhruva Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 5:10PM	2nd Phase	
974173366	Rahu 12:08PM – 1:23PM		Bava Until 4:42PM	Nataraja: Green		Devaloka Day	
Creative Work	Siddha Yoga		Ekadashi* Until 5:30AM Thu	Moon – Orange		Pausha*Thai	

3		Thursday, January 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam		Norman, OK	
Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava Karana Dvadashyam Titau		Sun 10		Sutra 291		Vilamba 5120	
Wrischika Rasi: 29.25	Tithi 27	Gulika 9:37AM – 10:52AM	Jyeshtha* Until 6:57AM	Ganesha: Clear	<i>Sunrise:</i> 7:05AM	Moon 1 - Phase 40	
		Yama 7:05AM – 8:21AM	Vyaghata* Until 6:13PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	2nd Phase	
974173366	Rahu 1:24PM – 2:40PM		Kaulava Until 6:27PM	Nataraja: Green		Devaloka Day	
Routine Work	Prabalarishta Yoga		Dvadashi* Until 7:28AM Fri	Moon – Orange		Pausha*Thai	
Until 6:57AM							
Then Creative Work - Siddha Yoga							

4		Friday, February 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam		Norman, OK	
Mula*/Purvashadha* Nakshatra Harshana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Sutra 292		Vilamba 5120	
Dhanus Rasi: 11.32	Tithi 27 – 28	Gulika 8:21AM – 9:37AM	Mula* Until 9:35AM	Ganesha: White	<i>Sunrise:</i> 7:05AM	Moon 1 - Phase 40	
		Yama 2:40PM – 3:55PM	Harshana Until 6:47PM	Muruqa: Clear	<i>Sunset:</i> 5:11PM	2nd Phase	
984173366	Rahu 10:52AM – 12:08PM		Gara Until 8:38PM	Nataraja: Green		Bhuloka Day	
Creative Work	Amrita Yoga		Dvadashi* Until 7:28AM	Moon – Light Blue		Devaloka Time: 12:PM to 3:PM	
Until 9:35AM						Pausha*Thai	
Then Routine Work - Prabalarishta Yoga						Pradosha Vrata (Fasting)	

5		Saturday, February 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam		Norman, OK	
Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 293		Vilamba 5120	
Dhanus Rasi: 23.29	Tithi 28 – 29	Gulika 7:04AM – 8:20AM	Purvashadha* Until 12:23PM	Ganesha: White	<i>Sunrise:</i> 7:04AM	Moon 1 - Phase 40	
		Yama 1:24PM – 2:40PM	Vajra* Until 7:32PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	2nd Phase	
984173366	Rahu 9:36AM – 10:52AM		Visti Until 11:06PM	Nataraja: Green		Bhuloka Day	
Creative Work	Siddha Yoga		Trayodashi* Until 9:49AM	Moon – Light Blue		Devaloka Time: 12:PM to 3:PM	
Until 12:23PM						Pausha*Thai	
Then Routine Work - Marana Yoga							

●		Sunday, February 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam		Norman, OK	
Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 294		Vilamba 5120	
Makara Rasi: 5.21	Tithi 29 – 30	Gulika 2:41PM – 3:57PM	Uttarashadha Until 3:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:03AM	Moon 1 - Phase 40	
		Yama 12:08PM – 1:25PM	Siddhi Until 8:27PM	Muruqa: Clear	<i>Sunset:</i> 5:14PM	Amavasya	
985173367	Rahu 3:57PM – 5:14PM		Catuspada Until 1:46AM Mon	Nataraja: White		Devaloka Day	
Creative Work	Amrita Yoga		Chaturdashi* Until 12:24PM	Moon – Light Blue		Pausha*Thai	

Retreat Star		Monday, February 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam		Norman, OK	
Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 295		Vilamba 5120	
Makara Rasi: 17.1	Tithi 30 – 1	Gulika 1:25PM – 2:42PM	Shravana Until 6:32PM	Ganesha: Red	<i>Sunrise:</i> 7:02AM	Moon 1 - Phase 40	
		Yama 10:52AM – 12:08PM	Vyatipata* Until 9:27PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Prathama	
995173367	Rahu 8:19AM – 9:35AM		Kintughna Until 4:29AM Tue	Nataraja: White		Devaloka Day	
Creative Work	Amrita Yoga		Amavasya* Until 3:06PM	Moon – Purple		Magha*Thai	
Until 6:32PM							
Then Creative Work - Siddha Yoga							

1		Tuesday, February 5, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK Sun 15 Sutra 296 Vilamba 5120
Makara Rasi: 28.57	Tithi 1 – 2	995173367	Gulika 12:09PM – 1:25PM Yama 9:35AM – 10:52AM Rahu 2:42PM – 3:59PM	Dhanishtha Until 9:39PM Varyan Until 10:24PM Balava Until 7:09AM Wed Prathama* Until 5:48PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:01AM Sunset: 5:16PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 9:39PM								
Then Routine Work - Marana Yoga								

2		Wednesday, February 6, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Norman, OK Sun 16 Sutra 297 Vilamba 5120
Kumbha Rasi: 10.46	Tithi 2	995173367	Gulika 10:52AM – 12:09PM Yama 8:17AM – 9:34AM Rahu 12:09PM – 1:26PM	Shatabhishak Until 12:30AM Thu Parigha* Until 11:18PM Balava Until 7:09AM Dvitiya Until 8:25PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Purple	Sunrise: 7:00AM Sunset: 5:17PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								

3		Thursday, February 7, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Norman, OK Sun 17 Sutra 298 Vilamba 5120
Kumbha Rasi: 22.38	Tithi 3	915173367	Gulika 9:34AM – 10:51AM Yama 6:59AM – 8:16AM Rahu 1:26PM – 2:44PM	Purvaproshtpada* Until 3:29AM Fri Shiva Until 12:03AM Fri Taitila Until 9:40AM Tritiya Until 10:50PM	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:59AM Sunset: 5:18PM	Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								

4		Friday, February 8, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Norman, OK Sun 18 Sutra 299 Vilamba 5120
Meena Rasi: 4.35	Tithi 4	915173367	Gulika 8:16AM – 9:33AM Yama 2:44PM – 4:02PM Rahu 10:51AM – 12:09PM	Uttaraproshtpada Until 6:01AM Sat Siddha Until 12:33AM Sat Vanija Until 11:57AM Chaturthi* Until 12:57AM Sat	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:58AM Sunset: 5:20PM	Moon 1 - Phase 41 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga								
Until 6:01AM Sat								
Then Routine Work - Prabalarishta Yoga								

5		Saturday, February 9, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Norman, OK Sun 19 Sutra 300 Vilamba 5120
Meena Rasi: 16.39	Tithi 5	915273367	Gulika 6:57AM – 8:15AM Yama 1:27PM – 2:45PM Rahu 9:33AM – 10:51AM	Uttaraproshtpada Until 6:01AM Sadhya Until 12:47AM Sun Bava Until 1:54PM Panchami Until 2:41AM Sun	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:57AM Sunset: 5:21PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Siddha Yoga								
Until 6:01AM								
Then Routine Work - Prabalarishta Yoga								

6		Sunday, February 10, 2019		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Norman, OK Sun 20 Sutra 301 Vilamba 5120
Meena Rasi: 28.53	Tithi 6	915273367	Gulika 2:46PM – 4:04PM Yama 12:09PM – 1:27PM Rahu 4:04PM – 5:22PM	Revati Until 7:59AM Subha Until 12:38AM Mon Kaulava Until 3:23PM Shashthi* Until 3:54AM Mon	Ganesha: Red Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:56AM Sunset: 5:22PM	Moon 1 - Phase 41 3rd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 7:59AM								
Then Creative Work - Siddha Yoga								

Monday, February 11, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Norman, OK Sun 21 Sutra 302 Vilamba 5120
Mesha Rasi: 11.21	Tithi 7	925273367	Gulika 1:28PM – 2:46PM Yama 10:50AM – 12:09PM Rahu 8:13AM – 9:32AM	Ashvini Until 9:45AM Sukla Until 12:00AM Tue Gara Until 4:18PM Saptami Until 4:29AM Tue	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:54AM Sunset: 5:23PM	Moon 1 - Phase 41 3rd Phase	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Family Home Evening								
Creative Work Siddha Yoga								

Tuesday, February 12, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Norman, OK Sun 22 Sutra 303 Vilamba 5120
Mesha Rasi: 24.06	Tithi 8	925273367	Gulika 12:09PM – 1:28PM Yama 9:31AM – 10:50AM Rahu 2:47PM – 4:06PM	Bharani Until 10:44AM Brahma Until 10:51PM Visti Until 4:32PM Ashtami* Until 4:22AM Wed	Ganesha: Blue Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:53AM Sunset: 5:25PM	Moon 1 - Phase 41 Ashtami	Bhuloka Day Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga								

Wednesday, February 13, 2019		Retreat Star		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau				Norman, OK Sun 23 Sutra 304 Vilamba 5120
Vrishabha Rasi: 7.12	Tithi 9	926273367	Gulika 10:50AM – 12:09PM Yama 8:11AM – 9:31AM Rahu 12:09PM – 1:28PM	Krittika Until 10:52AM Indra Until 9:07PM Balava Until 4:02PM Navami* Until 3:28AM Thu	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:52AM Sunset: 5:26PM	Moon 1 - Phase 41 Navami	Devaloka Day
Creative Work Amrita Yoga								
Until 10:52AM								
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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1		Thursday, February 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau		Norman, OK Sun 24 Sutra 305 Vilamba 5120	
Vrishabha Rasi: 20.43		Tithi 10		Gulika 9:30AM – 10:49AM	Rohini Until 10:33AM	Ganesha: White	<i>Sunrise:</i> 6:51AM
936273367		Rahu		Yama 6:51AM – 8:10AM	Vaidhriti* Until 6:45PM	Muruqa: Clear	<i>Sunset:</i> 5:27PM
Routine Work		Marana Yoga		9:28PM – 2:48PM	Taitila Until 2:45PM	Nataraja: White	Moon 1 - Phase 42
						Moon – Yellow	4th Phase
					Dashami Until 1:49AM Fri	Magha-Masi	Sivaloka Day

2		Friday, February 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Norman, OK Sun 25 Sutra 306 Vilamba 5120	
Mithuna Rasi: 4.4		Tithi 11		Gulika 8:09AM – 9:29AM	Mrigashira Until 9:22AM	Ganesha: White	<i>Sunrise:</i> 6:50AM
936273367		Rahu		Yama 2:49PM – 4:08PM	Vishkambha* Until 3:51PM	Muruqa: Clear	<i>Sunset:</i> 5:28PM
Creative Work		Siddha Yoga		10:49AM – 12:09PM	Vanija Until 12:45PM	Nataraja: White	Moon 1 - Phase 42
						Moon – Yellow	4th Phase
					Ekadashi Until 11:30PM	Magha-Masi	Sivaloka Day

3		Saturday, February 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Norman, OK Sun 26 Sutra 307 Vilamba 5120	
Mithuna Rasi: 19.04		Tithi 12		Gulika 6:48AM – 8:08AM	Ardra Until 7:23AM	Ganesha: White	<i>Sunrise:</i> 6:48AM
936273367		Rahu		Yama 1:29PM – 2:49PM	Priti Until 12:26PM	Muruqa: Clear	<i>Sunset:</i> 5:29PM
Creative Work		Siddha Yoga		9:29AM – 10:49AM	Bava Until 10:07AM	Nataraja: White	Moon 1 - Phase 42
						Moon – Yellow	4th Phase
					Dvadashi Until 8:35PM	Magha-Masi	Sivaloka Day

4		Sunday, February 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Norman, OK Sun 27 Sutra 308 Vilamba 5120	
Kataka Rasi: 3.51		Tithi 13 – 14		Gulika 2:50PM – 4:10PM	Pushya Until 2:24AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:47AM
946273367		Rahu		Yama 12:09PM – 1:29PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM
Creative Work		Siddha Yoga		4:10PM – 5:31PM	Kaulava Until 6:58AM	Nataraja: White	Moon 1 - Phase 42
						Moon – Blue	4th Phase
					Trayodashi Until 5:14PM	Magha-Masi	Devaloka Day

Pradosha Vrata

		Monday, February 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Norman, OK Sun 28 Sutra 309 Vilamba 5120	
Kataka Rasi: 18.56		Tithi 14 – 15		Gulika 1:29PM – 2:50PM	Ashlesha* Until 11:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:46AM
946273367		Rahu		Yama 10:48AM – 12:09PM	Sobhana Until 12:12AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:32PM
Family Home Evening		Siddha Yoga		8:06AM – 9:27AM	Visti Until 11:43PM	Nataraja: White	Moon 1 - Phase 42
Creative Work		Siddha Yoga				Moon – Blue	Purnima
Until 11:18PM		Chidambaram Abhishekam			Chaturdashi* Until 1:35PM	Magha-Masi	Devaloka Day
Then Routine Work - Marana Yoga							

5		Tuesday, February 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Norman, OK Sun 29 Sutra 310 Vilamba 5120	
Simha Rasi: 4.1		Tithi 15 – 16		Gulika 12:09PM – 1:30PM	Magha* Until 8:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:44AM
956273367		Rahu		Yama 9:27AM – 10:48AM	Athiganda* Until 7:52PM	Muruqa: Clear	<i>Sunset:</i> 5:33PM
Creative Work		Siddha Yoga		2:51PM – 4:12PM	Balava Until 7:55PM	Nataraja: White	Moon 1 - Phase 42
						Moon – Red	Prathama
					Purnima* Until 9:48AM	Magha-Masi	Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Norman, OK

Sutra 311

Simha Rasi: 19.24 Tithi 16 - 17

957273367

Gulika 10:47AM - 12:09PM
Yama 8:04AM - 9:26AM
Rahu 12:09PM - 1:30PM

Purvaphalguni Until 5:30PM
Sukarma Until 3:38PM
Gara Until 2:30AM Thu
Prathama* Until 6:03AM

Ganesha: Clear Sunrise: 6:43AM
Muruga: Clear Sunset: 5:34PM
Nataraja: White
Moon - Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Thursday, February 21, 2019

1

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Norman, OK

Sun 1 Sutra 312

Kanya Rasi: 4.28 Tithi 18

957273367

Gulika 9:25AM - 10:47AM
Yama 6:42AM - 8:03AM
Rahu 1:30PM - 2:52PM

Uttaraphalguni Until 2:46PM
Dhriti Until 11:40AM
Vanija Until 12:53PM
Tritiya Until 11:20PM

Ganesha: Clear Sunrise: 6:42AM
Muruga: Clear Sunset: 5:35PM
Nataraja: White
Moon - Red
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Until 2:46PM
Then Routine Work - Marana Yoga

Friday, February 22, 2019

2

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Norman, OK

Sun 2 Sutra 313

Kanya Rasi: 19.14 Tithi 19

967273367

Gulika 8:02AM - 9:24AM
Yama 2:52PM - 4:14PM
Rahu 10:46AM - 12:08PM

Hasta Until 12:47PM
Shula* Until 8:01AM
Bava Until 9:57AM
Chaturthi* Until 8:41PM

Ganesha: White Sunrise: 6:40AM
Muruga: Clear Sunset: 5:36PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga
Until 12:47PM
Then Creative Work - Siddha Yoga

Saturday, February 23, 2019

3

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Norman, OK

Sun 3 Sutra 314

Tula Rasi: 3.34 Tithi 20

967273367

Gulika 6:39AM - 8:01AM
Yama 1:31PM - 2:53PM
Rahu 9:24AM - 10:46AM

Chitra Until 11:16AM
Vriddhi Until 2:20AM Sun
Kaulava Until 7:38AM
Panchami Until 6:43PM

Ganesha: White Sunrise: 6:39AM
Muruga: Clear Sunset: 5:38PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Routine Work Marana Yoga
Until 11:16AM
Then Creative Work - Siddha Yoga

Sunday, February 24, 2019

4

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Dhruva Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Norman, OK

Sun 4 Sutra 315

Tula Rasi: 17.26 Tithi 21 - 22

967273367

Gulika 2:53PM - 4:16PM
Yama 12:08PM - 1:31PM
Rahu 4:16PM - 5:39PM

Svati Until 10:21AM
Dhruva Until 12:25AM Mon
Gara Until 6:03AM
Shashthi* Until 5:33PM

Ganesha: White Sunrise: 6:38AM
Muruga: Clear Sunset: 5:39PM
Nataraja: White
Moon - Green
Magha-Masi

Moon 2 - Phase 43
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga
Until 10:21AM
Then Routine Work - Marana Yoga

Monday, February 25, 2019

5

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Norman, OK

Sun 5 Sutra 316

Vrischika Rasi: 0.49 Tithi 22 - 23

977273367

Gulika 1:31PM - 2:54PM
Yama 10:45AM - 12:08PM
Rahu 7:59AM - 9:22AM

Vishakha Until 10:34AM
Vyaghata* Until 11:11PM
Balava Until 5:26AM Tue
Saptami Until 5:14PM

Ganesha: Yellow Sunrise: 6:36AM
Muruga: Clear Sunset: 5:40PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 10:34AM
Then Creative Work - Siddha Yoga

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Norman, OK

Sun 6 Sutra 317

Vrischika Rasi: 13.46 Tithi 23 - 24

978273367

Gulika 12:08PM - 1:31PM
Yama 9:21AM - 10:45AM
Rahu 2:54PM - 4:18PM

Anuradha Until 11:29AM
Harshana Until 10:39PM
Taitila Until 6:23AM Wed
Ashtami* Until 5:47PM

Ganesha: Blue Sunrise: 6:35AM
Muruga: Clear Sunset: 5:41PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 11:29AM
Then Routine Work - Marana Yoga

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Norman, OK

Sun 7 Sutra 318

Vrischika Rasi: 26.18 Tithi 24

978273367

Gulika 10:44AM - 12:08PM
Yama 7:57AM - 9:20AM
Rahu 12:08PM - 1:31PM

Jyeshtha* Until 1:01PM
Vajra* Until 10:39PM
Taitila Until 6:23AM
Navami* Until 7:08PM

Ganesha: Blue Sunrise: 6:33AM
Muruga: Clear Sunset: 5:42PM
Nataraja: White
Moon - Orange
Magha-Masi

Moon 2 - Phase 43
Navami

Sivaloka Day

Creative Work Siddha Yoga
Until 1:01PM
Then Routine Work - Marana Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1		Thursday, February 28, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Norman, OK Sun 8 Sutra 319 Vilamba 5120	
Dhanus Rasi: 8.32	Tithi 25	Gulika 9:20AM – 10:44AM	Mula* Until 3:33PM	Ganesha: Red	<i>Sunrise:</i> 6:32AM		
		Yama 6:32AM – 7:56AM	Siddhi Until 11:09PM	Muruqa: Clear	<i>Sunset:</i> 5:43PM		Moon 2 - Phase 44
		988273367 Rahu 1:31PM – 2:55PM	Vanija Until 8:05AM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 9:07PM	Moon – Light Blue		Devaloka Day	
				Magha-Masi			

2		Friday, March 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Norman, OK Sun 9 Sutra 320 Vilamba 5120	
Dhanus Rasi: 20.32	Tithi 26	Gulika 7:53AM – 9:18AM	Purvashadha* Until 6:22PM	Ganesha: Red	<i>Sunrise:</i> 6:29AM		
		Yama 2:56PM – 4:21PM	Vyatipata* Until 11:59PM	Muruqa: Clear	<i>Sunset:</i> 5:45PM		Moon 2 - Phase 44
		988273367 Rahu 10:43AM – 12:07PM	Bava Until 10:19AM	Nataraja: White			2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 11:34PM	Moon – Light Blue		Devaloka Day	
Until 6:22PM				Magha-Masi			
Then Routine Work - Marana Yoga							

3		Saturday, March 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 10 Sutra 321 Vilamba 5120	
Makara Rasi: 2.23	Tithi 27	Gulika 6:27AM – 7:52AM	Uttarashadha Until 9:19PM	Ganesha: Red	<i>Sunrise:</i> 6:27AM		
		Yama 1:32PM – 2:57PM	Variyan Until 12:58AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:47PM		Moon 2 - Phase 44
		988273367 Rahu 9:17AM – 10:42AM	Kaulava Until 12:55PM	Nataraja: White			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 2:15AM Sun	Moon – Light Blue		Devaloka Day	
Until 9:19PM				Magha-Masi			
Then Creative Work - Siddha Yoga							

4		Sunday, March 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 11 Sutra 322 Vilamba 5120	
Makara Rasi: 14.1	Tithi 28	Gulika 2:57PM – 4:22PM	Shravana Until 12:40AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:26AM		
		Yama 12:07PM – 1:32PM	Parigha* Until 2:02AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:48PM		Moon 2 - Phase 44
		988273367 Rahu 4:22PM – 5:48PM	Gara Until 3:39PM	Nataraja: White			2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 5:00AM Mon	Moon – Purple		Devaloka Day	
Until 12:40AM Mon				Magha-Masi			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Monday, March 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Visti* Karana Chaturdashyam Titau		Norman, OK Sun 12 Sutra 323 Vilamba 5120	
Makara Rasi: 25.56	Tithi 29	Gulika 1:32PM – 2:58PM	Dhanishtha Until 3:47AM Tue	Ganesha: Yellow	<i>Sunrise:</i> 6:24AM		
Family Home Evening		Yama 10:41AM – 12:06PM	Shiva Until 3:03AM Tue	Muruqa: Clear	<i>Sunset:</i> 5:49PM		Moon 2 - Phase 44
		988273367 Rahu 7:50AM – 9:15AM	Visti Until 6:22PM	Nataraja: White			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 7:39AM Tue	Moon – Purple		Devaloka Day	
Until 3:47AM Tue				Magha-Masi			
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, March 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Norman, OK Sun 13 Sutra 324 Vilamba 5120	
Kumbha Rasi: 7.44	Tithi 29 – 30	Gulika 12:06PM – 1:32PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:23AM		
		Yama 9:14AM – 10:40AM	Siddha Until 3:53AM Wed	Muruqa: Clear	<i>Sunset:</i> 5:50PM		Moon 2 - Phase 44
		199273367 Rahu 2:58PM – 4:24PM	Catuspada Until 8:56PM	Nataraja: White			Amavasya
Routine Work	Marana Yoga		Chaturdashi* Until 7:39AM	Moon – Purple		Devaloka Day	
Until 6:33AM Wed				Magha-Masi			
Then Creative Work - Amrita Yoga		Mahasivaratri (Lunar)					
		Mahasivaratri (Solar)					

Retreat Star		Wednesday, March 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaprosithapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Norman, OK Sun 14 Sutra 325 Vilamba 5120	
Kumbha Rasi: 19.38	Tithi 30 – 1	Gulika 10:40AM – 12:06PM	Shatabhishak Until 6:33AM	Ganesha: White	<i>Sunrise:</i> 6:21AM		
		Yama 7:47AM – 9:14AM	Sadhya Until 4:32AM Thu	Muruqa: Clear	<i>Sunset:</i> 5:51PM		Moon 2 - Phase 44
		199373367 Rahu 12:06PM – 1:32PM	Kintughna Until 11:14PM	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Amavasya* Until 10:06AM	Moon – Purple		Sivaloka Day	
Until 6:33AM				Phalgun-Masi			
Then Creative Work - Amrita Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Thursday, March 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Norman, OK
Meena Rasi: 1.37	Tithi 1 – 2	119373367	Gulika 9:13AM – 10:39AM Yama 6:19AM – 7:46AM Rahu 1:32PM – 2:59PM	Purvaprosarthpada* Until 9:24AM Subha Until 4:58AM Fri Balava Until 1:13AM Fri Prathama* Until 12:15PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:19AM Sunset: 5:52PM	Sun 15 Sutra 326 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

2		Friday, March 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Norman, OK
Meena Rasi: 13.44	Tithi 2 – 3	119373367	Gulika 7:45AM – 9:12AM Yama 2:59PM – 4:26PM Rahu 10:39AM – 12:06PM	Uttaraprosarthpada Until 11:46AM Sukla Until 5:07AM Sat Taitila Until 2:53AM Sat Dvitiya Until 2:04PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:18AM Sunset: 5:53PM	Sun 16 Sutra 327 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

3		Saturday, March 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Gara/Vanija Karana Tritiya/Chaturcharyam Titau				Norman, OK
Meena Rasi: 25.59	Tithi 3 – 4	119373367	Gulika 6:16AM – 7:44AM Yama 1:33PM – 3:00PM Rahu 9:11AM – 10:38AM	Revati Until 1:38PM Brahma Until 4:59AM Sun Vanija Until 4:09AM Sun Tritiya Until 3:33PM	Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear	Sunrise: 6:16AM Sunset: 5:54PM	Sun 17 Sutra 328 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Routine Work	Prabalarishta Yoga				Phalguna-Masi			
Until 1:38PM								
Then Creative Work - Siddha Yoga			Subramuniyaswami Siva Vision Day					

4		Sunday, March 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Norman, OK
Mesha Rasi: 8.23	Tithi 4 – 5	129373367	Gulika 3:00PM – 4:28PM Yama 12:05PM – 1:33PM Rahu 4:28PM – 5:55PM	Ashvini Until 3:27PM Indra Until 4:34AM Mon Bava Until 5:01AM Mon Chaturthi* Until 4:38PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:15AM Sunset: 5:55PM	Sun 18 Sutra 329 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			
Until 3:27PM								
Then Routine Work - Prabalarishta Yoga								

5		Monday, March 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Norman, OK
Mesha Rasi: 20.59	Tithi 5 – 6	129373367	Gulika 1:33PM – 3:01PM Yama 10:37AM – 12:05PM Rahu 7:41AM – 9:09AM	Bharani Until 4:41PM Vaidhriti* Until 3:45AM Tue Kaulava Until 5:25AM Tue Panchami Until 5:16PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:13AM Sunset: 5:56PM	Sun 19 Sutra 330 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Family Home Evening					Phalguna-Masi			
Creative Work	Siddha Yoga							
Until 4:41PM								
Then Routine Work - Marana Yoga								

6		Tuesday, March 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau				Norman, OK
Vrishabha Rasi: 3.47	Tithi 6 – 7	129373367	Gulika 12:05PM – 1:33PM Yama 9:08AM – 10:36AM Rahu 3:01PM – 4:29PM	Krittika Until 5:17PM Vishkambha* Until 2:33AM Wed Gara Until 5:17AM Wed Shashthi* Until 5:24PM	Ganesha: Red Muruqa: Clear Nataraja: White Moon – White	Sunrise: 6:12AM Sunset: 5:58PM	Sun 20 Sutra 331 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Devaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			
Until 5:17PM								
Then Creative Work - Amrita Yoga								

Retreat Star		Wednesday, March 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Norman, OK
Vrishabha Rasi: 16.52	Tithi 7 – 8	131373367	Gulika 10:36AM – 12:04PM Yama 7:39AM – 9:07AM Rahu 12:04PM – 1:33PM	Rohini Until 5:39PM Priti Until 12:54AM Thu Visti Until 4:33AM Thu Saptami Until 4:59PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:10AM Sunset: 5:59PM	Sun 21 Sutra 332 Vilamba 5120 Moon 2 - Phase 45 3rd Phase	Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Masi			

Retreat Star		Thursday, March 14, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Norman, OK
Mithuna Rasi: 0.15	Tithi 8 – 9	131373367	Gulika 9:06AM – 10:35AM Yama 6:08AM – 7:37AM Rahu 1:33PM – 3:02PM	Mrigashira Until 5:15PM Ayushman Until 10:44PM Balava Until 3:12AM Fri Ashtami* Until 3:56PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow	Sunrise: 6:08AM Sunset: 6:00PM	Sun 22 Sutra 333 Vilamba 5120 Moon 2 - Phase 45 Ashtami	Sivaloka Day
Routine Work	Marana Yoga				Phalguna-Panguni			
			Karadaiyan Nombu (Tamil Nadu)					


Retreat Star		Friday, March 15, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Norman, OK
Mithuna Rasi: 14	Tithi 9 – 10	131373368	Gulika 7:36AM – 9:05AM Yama 3:02PM – 4:31PM Rahu 10:34AM – 12:04PM	Ardra Until 4:07PM Saubhagya Until 8:05PM Taitila Until 1:14AM Sat Navami* Until 2:17PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:07AM Sunset: 6:01PM	Sun 23 Sutra 334 Vilamba 5120 Moon 2 - Phase 45 Navami	Subha Sivaloka Day
Creative Work	Siddha Yoga				Phalguna-Panguni			

1		Saturday, March 16, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Norman, OK Sun 24 Sutra 335 Vilamba 5120
Mithuna Rasi: 28.07	Tithi 10 - 11	Gulika 6:05AM - 7:35AM	Punarvasu Until 2:41PM	Ganesha: Clear	<i>Sunrise:</i> 6:05AM	
		Yama 1:33PM - 3:03PM	Sobhana Until 5:00PM	Muruqa: Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 46
		141373368 Rahu 9:04AM - 10:34AM	Vanija Until 10:44PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 12:02PM	Moon - Blue		Sivaloka Day
				Phalguna-Panguni		

2		Sunday, March 17, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Norman, OK Sun 25 Sutra 336 Vilamba 5120
Kataka Rasi: 12.37	Tithi 11 - 12	Gulika 3:03PM - 4:33PM	Pushya Until 12:36PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	
		Yama 12:03PM - 1:33PM	Athiganda* Until 1:29PM	Muruqa: Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 46
		141373368 Rahu 4:33PM - 6:03PM	Bava Until 7:45PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 9:16AM	Moon - Blue		Sivaloka Day
				Phalguna-Panguni		

3		Monday, March 18, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau		Norman, OK Sun 26 Sutra 337 Vilamba 5120
Kataka Rasi: 27.25	Tithi 12 - 13	Gulika 1:33PM - 3:03PM	Ashlesha* Until 10:01AM	Ganesha: Clear	<i>Sunrise:</i> 6:02AM	
Family Home Evening		Yama 10:33AM - 12:03PM	Sukarma Until 9:40AM	Muruqa: Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 46
		141373368 Rahu 7:32AM - 9:02AM	Taitila Until 2:41AM Tue	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 6:07AM	Moon - Blue		Sivaloka Day
Until 10:01AM		Yogaswami Mahasamadhi		Phalguna-Panguni		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>			

4		Tuesday, March 19, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau		Norman, OK Sun 27 Sutra 338 Vilamba 5120
Simha Rasi: 12.25	Tithi 14	Gulika 12:03PM - 1:33PM	Magha* Until 7:27AM	Ganesha: White	<i>Sunrise:</i> 6:00AM	
		Yama 9:01AM - 10:32AM	Shula* Until 1:34AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 46
		151373368 Rahu 3:04PM - 4:34PM	Gara Until 12:56PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 11:08PM	Moon - Red		Subha Sivaloka Day
				Phalguna-Panguni		

		Wednesday, March 20, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau		Norman, OK Sun 28 Sutra 339 Vilamba 5120
Simha Rasi: 27.29	Tithi 15	Gulika 10:31AM - 12:02PM	Uttaraphalguni Until 1:50AM Thu	Ganesha: White	<i>Sunrise:</i> 5:59AM	
		Yama 7:29AM - 9:00AM	Ganda* Until 9:31PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 46
		151373368 Rahu 12:02PM - 1:33PM	Visti Until 9:23AM	Nataraja: Clear		Purnima
Creative Work	Amrita Yoga		Purnima* Until 7:37PM	Moon - Red		Subha Sivaloka Day
Until 1:50AM Thu		Panguni Uttiram		Phalguna-Panguni		
Then Routine Work - Marana Yoga		Holi				

Thursday, March 21, 2019		Silver Retreat Star		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Norman, OK Sun 29 Sutra 340 Vilamba 5120
Kanya Rasi: 12.29	Tithi 16 - 17	Gulika 8:59AM - 10:31AM	Hasta Until 11:33PM	Ganesha: Yellow	<i>Sunrise:</i> 5:57AM	
		Yama 5:57AM - 7:28AM	Vriddhi Until 5:41PM	Muruqa: White	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 46
		161383368 Rahu 1:33PM - 3:04PM	Taitila Until 2:49AM Fri	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 4:19PM	Moon - Green		Devaloka Day
Until 11:33PM				Phalguna-Panguni		
Then Creative Work - Siddha Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 27.16 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:27AM – 8:58AM
Yama 3:05PM – 4:36PM
Rahu 10:30AM – 12:02PM

Chitra Until 9:33PM
Dhruva Until 2:08PM
Vanija Until 12:09AM Sat
Dvitiya Until 1:24PM

Ganesha: Yellow *Sunrise: 5:55AM*
Muruqa: White *Sunset: 6:08PM*
Nataraja: Clear
Moon – Green

Norman, OK
Sun 1
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

1

Saturday, March 23, 2019

Tula Rasi: 11.41 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 5:54AM – 7:26AM
Yama 1:33PM – 3:05PM
Rahu 8:58AM – 10:29AM

Svati Until 8:02PM
Vyaghata* Until 11:03AM
Bava Until 10:07PM
Tritiya Until 11:02AM

Ganesha: Blue *Sunrise: 5:54AM*
Muruqa: White *Sunset: 6:09PM*
Nataraja: Clear
Moon – Green

Norman, OK
Sun 2
Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

2

Sunday, March 24, 2019

Tula Rasi: 25.4 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:06PM – 4:38PM
Yama 12:01PM – 1:33PM
Rahu 4:38PM – 6:10PM

Vishakha Until 7:31PM
Harshana Until 8:33AM
Kaulava Until 8:50PM
Chaturthi* Until 9:21AM

Ganesha: Red *Sunrise: 5:52AM*
Muruqa: White *Sunset: 6:10PM*
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 3
Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

3

Monday, March 25, 2019

Vrischika Rasi: 9.09 Tithi 20 – 21

Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila*/Gara Karana Panchami/Shashthyam Titau

Gulika 1:33PM – 3:06PM
Yama 10:28AM – 12:01PM
Rahu 7:23AM – 8:56AM

Anuradha Until 7:43PM
Vajra* Until 6:41AM
Gara Until 8:24PM
Panchami Until 8:29AM

Ganesha: Red *Sunrise: 5:50AM*
Muruqa: White *Sunset: 6:11PM*
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 4
Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

4

Tuesday, March 26, 2019

Vrischika Rasi: 22.11 Tithi 21 – 22

Routine Work Marana Yoga
Until 8:37PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 12:00PM – 1:33PM
Yama 8:55AM – 10:28AM
Rahu 3:06PM – 4:39PM

Jyeshtha* Until 8:37PM
Vyatipata* Until 5:02AM Wed
Visti Until 8:52PM
Shashthi* Until 8:30AM

Ganesha: Red *Sunrise: 5:49AM*
Muruqa: White *Sunset: 6:12PM*
Nataraja: Clear
Moon – Orange

Norman, OK
Sun 5
Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

Devaloka Day

Phalguna-Panguni

D

Wednesday, March 27, 2019

Retreat Star

Dhanus Rasi: 4.47 Tithi 22 – 23

Routine Work Marana Yoga
Until 10:38PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:27AM – 12:00PM
Yama 7:20AM – 8:54AM
Rahu 12:00PM – 1:33PM

Mula* Until 10:38PM
Variyan Until 5:09AM Thu
Balava Until 10:10PM
Saptami Until 9:24AM

Ganesha: Green *Sunrise: 5:47AM*
Muruqa: White *Sunset: 6:13PM*
Nataraja: Clear
Moon – Light Blue

Norman, OK
Sun 6
Sutra 346
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 17.03 Tithi 23 – 24

Creative Work Siddha Yoga
Until 1:10AM Fri
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:53AM – 10:26AM
Yama 5:45AM – 7:19AM
Rahu 1:33PM – 3:07PM

Purvashadha* Until 1:10AM Fri
Parigha* Until 5:45AM Fri
Taitila Until 12:09AM Fri
Ashtami* Until 11:04AM

Ganesha: Green *Sunrise: 5:45AM*
Muruqa: White *Sunset: 6:14PM*
Nataraja: Clear
Moon – Light Blue

Norman, OK
Sun 7
Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Navami

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Phalguna-Panguni

1		Friday, March 29, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Norman, OK Sun 8 Sutra 348 Vilamba 5120	
Dhanus Rasi: 29.04	Tithi 24 – 25	182383468	Gulika 7:18AM – 8:52AM Yama 3:07PM – 4:41PM Rahu 10:26AM – 12:00PM	Uttarashadha Until 3:57AM Sat Shiva Until 6:42AM Sat Vanija Until 2:36AM Sat Navami* Until 1:19PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Light Blue Phalguna-Panguni	Sunrise: 5:44AM Sunset: 6:15PM	Moon 3 - Phase 48 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 3:57AM Sat Then Creative Work - Siddha Yoga							

2		Saturday, March 30, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Norman, OK Sun 9 Sutra 349 Vilamba 5120	
Makara Rasi: 10.55	Tithi 25 – 26	192383468	Gulika 5:42AM – 7:16AM Yama 1:34PM – 3:08PM Rahu 8:51AM – 10:25AM	Shravana Until 7:17AM Sun Shiva Until 6:42AM Bava Until 5:17AM Sun Dashami Until 3:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:42AM Sunset: 6:16PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:17AM Sun Then Routine Work - Marana Yoga							

3		Sunday, March 31, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Balava Karana Ekadashyam Titau		Norman, OK Sun 10 Sutra 350 Vilamba 5120	
Makara Rasi: 22.41	Tithi 26	192383468	Gulika 3:08PM – 4:43PM Yama 11:59AM – 1:34PM Rahu 4:43PM – 6:17PM	Shravana Until 7:17AM Siddha Until 7:45AM Balava Until 6:36PM Ekadashi* Until 6:36PM	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:41AM Sunset: 6:17PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 7:17AM Then Routine Work - Marana Yoga							

4		Monday, April 1, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Norman, OK Sun 11 Sutra 351 Vilamba 5120	
Kumbha Rasi: 4.29	Tithi 27	192483468	Gulika 1:34PM – 3:08PM Yama 10:24AM – 11:59AM Rahu 7:15AM – 8:50AM	Dhanishtha Until 10:25AM Sadhya Until 8:47AM Kaulava Until 7:56AM Dvadashi* Until 9:11PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:41AM Sunset: 6:17PM	Moon 3 - Phase 48 2nd Phase Subha Sivaloka Day
Family Home Evening Creative Work Siddha Yoga							

5		Tuesday, April 2, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Norman, OK Sun 12 Sutra 352 Vilamba 5120	
Kumbha Rasi: 16.2	Tithi 28	192483468	Gulika 11:59AM – 1:34PM Yama 8:49AM – 10:24AM Rahu 3:08PM – 4:43PM	Shatabhishak Until 1:10PM Subha Until 9:41AM Gara Until 10:23AM Trayodashi* Until 11:28PM	Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple Phalguna-Panguni	Sunrise: 5:39AM Sunset: 6:18PM	Moon 3 - Phase 48 2nd Phase Subha Sivaloka Day
Routine Work Marana Yoga							
<i>Pradosha Vrata (Fasting)</i>							

6		Wednesday, April 3, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Norman, OK Sun 13 Sutra 353 Vilamba 5120	
Kumbha Rasi: 28.2	Tithi 29	112483468	Gulika 10:23AM – 11:58AM Yama 7:13AM – 8:48AM Rahu 11:58AM – 1:34PM	Purvaproshtapada* Until 3:55PM Sukla Until 10:17AM Visti Until 12:30PM Chaturdashi* Until 1:22AM Thu	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 5:37AM Sunset: 6:19PM	Moon 3 - Phase 48 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 3:55PM Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 4, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Norman, OK Sun 14 Sutra 354 Vilamba 5120	
Meena Rasi: 10.28	Tithi 30	112483468	Gulika 8:47AM – 10:22AM Yama 5:36AM – 7:11AM Rahu 1:34PM – 3:09PM	Uttaraproshtapada Until 6:06PM Brahma Until 10:36AM Catuspada Until 2:11PM Amavasya* Until 2:51AM Fri	Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear Phalguna-Panguni	Sunrise: 5:36AM Sunset: 6:20PM	Moon 3 - Phase 48 Amavasya Sivaloka Day
Creative Work Siddha Yoga							

Retreat Star		Friday, April 5, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Norman, OK Sun 15 Sutra 355 Vilamba 5120	
Meena Rasi: 22.47	Tithi 1	113483468	Gulika 7:10AM – 8:46AM Yama 3:10PM – 4:46PM Rahu 10:22AM – 11:58AM	Revati Until 7:42PM Indra Until 10:37AM Kintughna Until 3:27PM Prathama* Until 3:54AM Sat	Ganesha: Light Blue Muruqa: Yellow Nataraja: Purple Moon – Clear Chaitra-Panguni	Sunrise: 5:34AM Sunset: 6:21PM	Moon 3 - Phase 48 Prathama Devaloka Day
Creative Work Siddha Yoga Until 7:42PM Then Creative Work - Amrita Yoga							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Saturday, April 6, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Norman, OK Sun 16 Sutra 356 Vilamba 5120	
Mesha Rasi: 5.17	Tithi 2	Gulika 5:32AM – 7:09AM	Ashvini Until 9:13PM	Ganesha: Purple	<i>Sunrise:</i> 5:32AM		
		Yama 1:34PM – 3:10PM	Vaidhriti* Until 10:15AM	Muruqa: Yellow	<i>Sunset:</i> 6:22PM	Moon 3 - Phase 49	
		123483468 Rahu 8:45AM – 10:21AM	Balava Until 4:17PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		Devaloka Day	
		Chellappaswami Mahasamadhi	Dvitiya Until 4:31AM Sun	Chaitra-Panguni			

2		Sunday, April 7, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau		Norman, OK Sun 17 Sutra 357 Vilamba 5120	
Mesha Rasi: 17.59	Tithi 3	Gulika 3:10PM – 4:47PM	Bharani Until 10:12PM	Ganesha: Purple	<i>Sunrise:</i> 5:31AM		
		Yama 11:57AM – 1:34PM	Vishkambha* Until 9:36AM	Muruqa: Yellow	<i>Sunset:</i> 6:23PM	Moon 3 - Phase 49	
		123483468 Rahu 4:47PM – 6:23PM	Taitila Until 4:42PM	Nataraja: Purple		3rd Phase	
Routine Work	Prabalarishta Yoga			Moon – White		Devaloka Day	
Until 10:12PM			Tritiya Until 4:45AM Mon	Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

3		Monday, April 8, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau		Norman, OK Sun 18 Sutra 358 Vilamba 5120	
Vrishabha Rasi: 0.52	Tithi 4	Gulika 1:34PM – 3:11PM	Krittika Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:29AM		
Family Home Evening		Yama 10:20AM – 11:57AM	Priti Until 8:40AM	Muruqa: Yellow	<i>Sunset:</i> 6:24PM	Moon 3 - Phase 49	
		123483468 Rahu 7:06AM – 8:43AM	Vanija Until 4:45PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga			Moon – White		Devaloka Day	
Until 10:39PM			Chaturthi* Until 4:37AM Tue	Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

4		Tuesday, April 9, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau		Norman, OK Sun 19 Sutra 359 Vilamba 5120	
Vrishabha Rasi: 13.55	Tithi 5	Gulika 11:57AM – 1:34PM	Rohini Until 11:03PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM		
		Yama 8:42AM – 10:19AM	Ayushman Until 7:25AM	Muruqa: Yellow	<i>Sunset:</i> 6:26PM	Moon 3 - Phase 49	
		133483468 Rahu 3:11PM – 4:48PM	Bava Until 4:26PM	Nataraja: Purple		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		Sivaloka Day	
Until 11:03PM			Panchami Until 4:07AM Wed	Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

5		Wednesday, April 10, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashtyayam Titau		Norman, OK Sun 20 Sutra 360 Vilamba 5120	
Vrishabha Rasi: 27.11	Tithi 6	Gulika 10:19AM – 11:56AM	Mrigashira Until 10:56PM	Ganesha: Clear	<i>Sunrise:</i> 5:26AM		
		Yama 7:04AM – 8:41AM	Sobhana Until 4:04AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:27PM	Moon 3 - Phase 49	
		133483468 Rahu 11:56AM – 1:34PM	Kaulava Until 3:44PM	Nataraja: Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		Sivaloka Day	
			Shashti* Until 3:14AM Thu	Chaitra-Panguni			

6		Thursday, April 11, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau		Norman, OK Sun 21 Sutra 361 Vilamba 5120	
Mithuna Rasi: 10.38	Tithi 7	Gulika 8:40AM – 10:18AM	Ardra Until 10:16PM	Ganesha: Clear	<i>Sunrise:</i> 5:25AM		
		Yama 5:25AM – 7:02AM	Athiganda* Until 1:53AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:28PM	Moon 3 - Phase 49	
		133483468 Rahu 1:34PM – 3:12PM	Gara Until 2:39PM	Nataraja: Purple		3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		Sivaloka Day	
Until 10:16PM			Saptami Until 1:56AM Fri	Chaitra-Panguni			
Then Creative Work - Amrita Yoga							

☾		Friday, April 12, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Norman, OK Sun 22 Sutra 362 Vilamba 5120	
Retreat Star		Gulika 7:01AM – 8:39AM	Punarvasu Until 9:29PM	Ganesha: White	<i>Sunrise:</i> 5:23AM		
Mithuna Rasi: 24.2	Tithi 8	Yama 3:12PM – 4:50PM	Sukarma Until 11:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:29PM	Moon 3 - Phase 49	
		143483468 Rahu 10:18AM – 11:56AM	Visti Until 1:08PM	Nataraja: Purple		Ashtami	
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day	
Until 9:29PM			Ashtami* Until 12:13AM Sat	Chaitra-Panguni			
Then Routine Work - Marana Yoga							

☽		Saturday, April 13, 2019		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Norman, OK Sun 23 Sutra 363 Vilamba 5120	
Retreat Star		Gulika 5:21AM – 7:00AM	Pushya Until 8:09PM	Ganesha: White	<i>Sunrise:</i> 5:21AM		
Kataka Rasi: 8.18	Tithi 9	Yama 1:34PM – 3:13PM	Dhriti Until 8:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:30PM	Moon 3 - Phase 49	
		143483468 Rahu 8:38AM – 10:17AM	Balava Until 11:13AM	Nataraja: Purple		Navami	
Creative Work	Siddha Yoga			Moon – Blue		Devaloka Day	
Until 8:09PM			Navami* Until 10:06PM	Chaitra-Panguni			
Then Routine Work - Marana Yoga		Sri Rama Navami					

1 Sunday, April 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Norman, OK Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 22.31	Tithi 10	Gulika 3:13PM – 4:52PM	Ashlesha* Until 6:19PM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	
		Yama 11:55AM – 1:34PM	Shula* Until 5:27PM	Muruqa: Yellow	<i>Sunset:</i> 6:31PM	Moon 3 - Phase 1
		243483468 Rahu 4:52PM – 6:31PM	Taitila Until 8:55AM	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		Sivaloka Day
Until 6:19PM		Tamil New Year	Dashami Until 7:37PM	Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

2 Monday, April 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Norman, OK Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.58	Tithi 11 – 12	Gulika 1:34PM – 3:13PM	Magha* Until 4:27PM	Ganesha: White	<i>Sunrise:</i> 5:18AM	
Family Home Evening		Yama 10:16AM – 11:55AM	Ganda* Until 2:05PM	Muruqa: Yellow	<i>Sunset:</i> 6:32PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 Rahu 6:57AM – 8:37AM	Vanija Until 6:16AM	Nataraja: Purple		4th Phase
Until 4:27PM			Ekadashi Until 4:50PM	Moon – Red		Devaloka Day
Then Creative Work - Siddha Yoga				Chaitra*Chaitra		

3 Tuesday, April 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Norman, OK Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 21.35	Tithi 12 – 13	Gulika 11:55AM – 1:34PM	Purvaphalguni Until 2:16PM	Ganesha: White	<i>Sunrise:</i> 5:17AM	
		Yama 8:36AM – 10:15AM	Vridhi Until 10:33AM	Muruqa: Yellow	<i>Sunset:</i> 6:33PM	Moon 3 - Phase 1
		253483468 Rahu 3:14PM – 4:53PM	Kaulava Until 12:22AM Wed	Nataraja: Purple		4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 1:52PM	Moon – Red		Devaloka Day
Until 2:16PM				Chaitra*Chaitra		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

4 Wednesday, April 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Norman, OK Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 6.18	Tithi 13 – 14	Gulika 10:15AM – 11:55AM	Uttaraphalguni Until 11:53AM	Ganesha: White	<i>Sunrise:</i> 5:15AM	
		Yama 6:55AM – 8:35AM	Dhruva Until 6:56AM	Muruqa: Yellow	<i>Sunset:</i> 6:34PM	Moon 3 - Phase 1
		253483468 Rahu 11:55AM – 1:34PM	Gara Until 9:22PM	Nataraja: Purple		4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 10:50AM	Moon – Red		Devaloka Day
Until 11:53AM				Chaitra*Chaitra		
Then Routine Work - Marana Yoga						

Thursday, April 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Norman, OK Sutra 4 Vikarin 5121
Copper Retreat Star		Gulika 8:34AM – 10:14AM	Hasta Until 9:51AM	Ganesha: Yellow	<i>Sunrise:</i> 5:14AM	
Kanya Rasi: 20.58	Tithi 14 – 15	Yama 5:14AM – 6:54AM	Harshana Until 11:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 3 - Phase 1
		263483468 Rahu 1:34PM – 3:15PM	Visti Until 6:30PM	Nataraja: Purple		Purnima
Routine Work	Marana Yoga		Chaturdashi* Until 7:53AM	Moon – Green		Sivaloka Day
Until 9:51AM		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra		
Then Creative Work - Siddha Yoga		Hanuman Jayanti				

Friday, April 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Norman, OK Sutra 5 Vikarin 5121
Silver Retreat Star		Gulika 6:53AM – 8:33AM	Chitra Until 7:56AM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	
Tula Rasi: 5.29	Tithi 16	Yama 3:15PM – 4:55PM	Vajra* Until 8:51PM	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 3 - Phase 1
		263483468 Rahu 10:14AM – 11:54AM	Balava Until 3:57PM	Nataraja: Purple		Prathama
Creative Work	Siddha Yoga		Prathama* Until 2:49AM Sat	Moon – Green		Sivaloka Day
				Chaitra*Chaitra		