



**Tuesday, May 1, 2018**  
**Gold Retreat Star**

Vrischika Rasi: 3.38 Tithi 17  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

**Gulika 12:06PM – 1:50PM**  
Yama 8:39AM – 10:22AM  
273832369 **Rahu 3:34PM – 5:18PM**

**Anuradha Until 7:05AM Wed**  
Varyan Until 10:48PM  
Taitila Until 8:40AM  
**Dvitiya Until 9:09PM**

**Ganesha: Purple** Sunrise: 5:11AM  
**Muruqa: White** Sunset: 7:02PM  
**Nataraja: Purple**  
Moon – Orange  
**Vaisaka-Chaitra**

Frederick, MD  
Sutra 16  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

**1**

**Wednesday, May 2, 2018**

Vrischika Rasi: 16.06 Tithi 18  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukstayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika 10:22AM – 12:06PM**  
Yama 6:54AM – 8:38AM  
273832369 **Rahu 12:06PM – 1:50PM**

**Anuradha Until 7:05AM**  
Parigha\* Until 10:56PM  
Vanija Until 9:49AM  
**Tritiya Until 10:34PM**

**Ganesha: Purple** Sunrise: 5:10AM  
**Muruqa: White** Sunset: 7:03PM  
**Nataraja: Purple**  
Moon – Orange  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 1  
Sutra 17  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**

**2**

**Thursday, May 3, 2018**

Vrischika Rasi: 28.19 Tithi 19  
Routine Work Prabalarishta Yoga  
Until 9:08AM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukstayam  
Jyeshtha\*/Mula\* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika 8:37AM – 10:22AM**  
Yama 5:08AM – 6:53AM  
274832369 **Rahu 1:51PM – 3:35PM**

**Jyeshtha\* Until 9:08AM**  
Shiva Until 11:28PM  
Bava Until 11:30AM  
**Chaturthi\* Until 12:30AM Fri**

**Ganesha: Clear** Sunrise: 5:08AM  
**Muruqa: White** Sunset: 7:04PM  
**Nataraja: Purple**  
Moon – Orange  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 2  
Sutra 18  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**3**

**Friday, May 4, 2018**

Dhanus Rasi: 10.21 Tithi 20  
Creative Work Amrita Yoga  
Until 11:59AM  
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukstayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika 6:52AM – 8:37AM**  
Yama 3:35PM – 5:20PM  
284832369 **Rahu 10:21AM – 12:06PM**

**Mula\* Until 11:59AM**  
Siddha Until 12:17AM Sat  
Kaulava Until 1:39PM  
**Panchami Until 2:50AM Sat**

**Ganesha: White** Sunrise: 5:07AM  
**Muruqa: White** Sunset: 7:05PM  
**Nataraja: Purple**  
Moon – Light Blue  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 3  
Sutra 19  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**4**

**Saturday, May 5, 2018**

Dhanus Rasi: 22.14 Tithi 21  
Creative Work Siddha Yoga  
Until 2:59PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yukstayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika 5:06AM – 6:51AM**  
Yama 1:51PM – 3:36PM  
284832369 **Rahu 8:36AM – 10:21AM**

**Purvashadha\* Until 2:59PM**  
Sadhya Until 1:18AM Sun  
Gara Until 4:07PM  
**Shashthi\* Until 5:23AM Sun**

**Ganesha: White** Sunrise: 5:06AM  
**Muruqa: White** Sunset: 7:06PM  
**Nataraja: Purple**  
Moon – Light Blue  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 4  
Sutra 20  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**5**

**Sunday, May 6, 2018**

Makara Rasi: 4.02 Tithi 22  
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Visti\* Karana Saptamyam Titau

**Gulika 3:36PM – 5:22PM**  
Yama 12:06PM – 1:51PM  
284832369 **Rahu 5:22PM – 7:07PM**

**Uttarashadha Until 5:55PM**  
Subha Until 2:22AM Mon  
Visti Until 6:42PM  
**Saptami Until 7:56AM Mon**

**Ganesha: White** Sunrise: 5:05AM  
**Muruqa: White** Sunset: 7:07PM  
**Nataraja: Purple**  
Moon – Light Blue  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 5  
Sutra 21  
Vilamba 5120  
Moon 4 - Phase 3  
1st Phase

**Devaloka Day**

**D**

**Monday, May 7, 2018**  
**Retreat Star**

Makara Rasi: 15.52 Tithi 22 – 23  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 9:04PM  
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukstayam  
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika 1:51PM – 3:37PM**  
Yama 10:20AM – 12:06PM  
294832369 **Rahu 6:49AM – 8:35AM**

**Shravana Until 9:04PM**  
Sukla Until 3:14AM Tue  
Balava Until 9:08PM  
**Saptami Until 7:56AM**

**Ganesha: Yellow** Sunrise: 5:04AM  
**Muruqa: White** Sunset: 7:08PM  
**Nataraja: Purple**  
Moon – Purple  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 6  
Sutra 22  
Vilamba 5120  
Moon 4 - Phase 3  
Ashtami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

**Tuesday, May 8, 2018**  
**Retreat Star**

Makara Rasi: 27.46 Tithi 23 – 24  
Creative Work Siddha Yoga  
Until 11:40PM  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukstayam  
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika 12:06PM – 1:51PM**  
Yama 8:34AM – 10:20AM  
294832369 **Rahu 3:37PM – 5:23PM**

**Dhanishtha Until 11:40PM**  
Brahma Until 3:46AM Wed  
Taitila Until 11:10PM  
**Ashtami\* Until 10:12AM**

**Ganesha: Yellow** Sunrise: 5:03AM  
**Muruqa: White** Sunset: 7:09PM  
**Nataraja: Purple**  
Moon – Purple  
**Vaisaka-Chaitra**

Frederick, MD  
Sun 7  
Sutra 23  
Vilamba 5120  
Moon 4 - Phase 3  
Navami

**Bhuloka Day**  
Devaloka Time: 9:AM to12:PM

<b>1</b>	<b>Wednesday, May 9, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
	Kumbha Rasi: 9.52	Tithi 24 – 25	<b>Gulika</b> 10:20AM – 12:06PM	<b>Shatabhishak</b> <b>Until 1:30AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Sun 8 Sutra 24
	294832369	<b>Rahu</b> 12:06PM – 1:52PM	Yama 6:48AM – 8:34AM	Indra Until 3:49AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 7:10PM	Vilamba 5120
	Creative Work Siddha Yoga			Vanija Until 12:35AM Thu	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
			<b>Navami* Until 11:57AM</b>	<b>Moon – Purple</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>	<b>Thursday, May 10, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD
	Kumbha Rasi: 22.15	Tithi 25 – 26	<b>Gulika</b> 8:33AM – 10:19AM	<b>Purvaproshtapada*</b> <b>Until 2:55AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:01AM	Sun 9 Sutra 25
	214832369	<b>Rahu</b> 1:52PM – 3:38PM	Yama 5:01AM – 6:47AM	Vaidhriti* Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 7:11PM	Vilamba 5120
	Creative Work Siddha Yoga			Bava Until 1:14AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
			<b>Dashami Until 1:00PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>	<b>Friday, May 11, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Meena Rasi: 4.59	Tithi 26 – 27	<b>Gulika</b> 6:46AM – 8:33AM	<b>Uttaraproshtapada</b> <b>Until 3:22AM Sat</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:00AM	Sun 10 Sutra 26
	214932369	<b>Rahu</b> 10:19AM – 12:06PM	Yama 3:39PM – 5:25PM	Vishkambha* Until 2:01AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:12PM	Vilamba 5120
	Creative Work Siddha Yoga			Kaulava Until 1:03AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
			<b>Ekadashi* Until 1:14PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>			

<b>4</b>	<b>Saturday, May 12, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Meena Rasi: 18.07	Tithi 27 – 28	<b>Gulika</b> 4:59AM – 6:45AM	<b>Revati</b> <b>Until 2:53AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:59AM	Sun 11 Sutra 27
	214932369	<b>Rahu</b> 8:32AM – 10:19AM	Yama 1:52PM – 3:39PM	Priti Until 12:10AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Vilamba 5120
	Routine Work Prabalarishta Yoga			Gara Until 12:05AM Sun	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
			<b>Dvadashi* Until 12:39PM</b>	<b>Moon – Clear</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Chaitra</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, May 13, 2018</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD
	Mesha Rasi: 1.41	Tithi 28 – 29	<b>Gulika</b> 3:40PM – 5:26PM	<b>Ashvini</b> <b>Until 2:01AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:58AM	Sun 12 Sutra 28
	224932369	<b>Rahu</b> 5:26PM – 7:13PM	Yama 12:06PM – 1:53PM	Ayushman Until 9:45PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:13PM	Vilamba 5120
	Creative Work Siddha Yoga			Visti Until 10:24PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 2nd Phase
			<b>Trayodashi* Until 11:18AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
			<b>Mother's Day</b>	<b>Vaisaka-Chaitra</b>			

<b>Monday, May 14, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD
	Mesha Rasi: 15.4	Tithi 29 – 30	<b>Gulika</b> 1:53PM – 3:40PM	<b>Bharani</b> <b>Until 12:28AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM	Sun 13 Sutra 29
	<b>Family Home Evening</b>	224932369	Yama 10:18AM – 12:06PM	Saubhagya Until 6:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:14PM	Vilamba 5120
	Creative Work Siddha Yoga		<b>Rahu</b> 6:44AM – 8:31AM	Catuspada Until 8:09PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 Amavasya
			<b>Chaturdashi* Until 9:20AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Vaisaka-Vaikasi</b>			

<b>Tuesday, May 15, 2018</b>	<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau				Frederick, MD
	Mesha Rasi: 29.59	Tithi 30 – 1	<b>Gulika</b> 12:06PM – 1:53PM	<b>Krittika</b> <b>Until 10:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:56AM	Sun 14 Sutra 30
	225932369	<b>Rahu</b> 3:40PM – 5:28PM	Yama 8:31AM – 10:18AM	Sobhana Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:15PM	Vilamba 5120
	Creative Work Siddha Yoga			Bava Until 4:01AM Wed	<b>Nataraja:</b> Purple		Moon 4 - Phase 4 Prathama
			<b>Amavasya* Until 6:51AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

<b>1</b>		<b>Wednesday, May 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 15 Sutra 31 Vilamba 5120	
Vrishabha Rasi: 14.33	Tithi 2	<b>Gulika</b> 10:18AM – 12:06PM	<b>Rohini Until 8:20PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:55AM		
		Yama 6:43AM – 8:30AM	Athiganda* Until 12:08PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5	
235932369		<b>Rahu</b> 12:06PM – 1:53PM	Balava Until 2:33PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:01AM Thu</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>2</b>		<b>Thursday, May 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 16 Sutra 32 Vilamba 5120	
Vrishabha Rasi: 29.15	Tithi 3	<b>Gulika</b> 8:30AM – 10:18AM	<b>Mrigashira Until 6:05PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM		
		Yama 4:54AM – 6:42AM	Sukarma Until 8:34AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5	
235932369		<b>Rahu</b> 1:53PM – 3:41PM	Taitila Until 11:30AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 9:58PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>3</b>		<b>Friday, May 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau		Frederick, MD Sun 17 Sutra 33 Vilamba 5120	
Mithuna Rasi: 13.57	Tithi 4	<b>Gulika</b> 6:41AM – 8:29AM	<b>Ardra Until 3:46PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM		
		Yama 3:42PM – 5:30PM	Shula* Until 1:32AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5	
235932369		<b>Rahu</b> 10:18AM – 12:06PM	Vanija Until 8:29AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 7:00PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Saturday, May 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Frederick, MD Sun 18 Sutra 34 Vilamba 5120	
Mithuna Rasi: 28.33	Tithi 5 – 6	<b>Gulika</b> 4:52AM – 6:41AM	<b>Punarvasu Until 1:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM		
		Yama 1:54PM – 3:42PM	Ganda* Until 10:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5	
245932369		<b>Rahu</b> 8:29AM – 10:17AM	Kaulava Until 3:00AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 4:15PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>		<b>Sunday, May 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 19 Sutra 35 Vilamba 5120	
Kataka Rasi: 12.58	Tithi 6 – 7	<b>Gulika</b> 3:43PM – 5:31PM	<b>Pushya Until 12:13PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM		
		Yama 12:06PM – 1:54PM	Vriddhi Until 7:17PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 5	
245932369		<b>Rahu</b> 5:31PM – 7:20PM	Gara Until 12:43AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi* Until 1:48PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>Monday, May 21, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 20 Sutra 36 Vilamba 5120	
Kataka Rasi: 27.08	Tithi 7 – 8	<b>Gulika</b> 1:54PM – 3:43PM	<b>Ashlesha* Until 10:44AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM		
<b>Family Home Evening</b>		Yama 10:17AM – 12:06PM	Dhruva Until 4:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 5	
245932369		<b>Rahu</b> 6:40AM – 8:28AM	Visti Until 10:49PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami Until 11:42AM</b>	Moon – Blue		<b>Devaloka Day</b>	
Until 10:44AM				<b>Jyeshtha Adhika-Vaikasi</b>			
Then Routine Work - Marana Yoga							

<b>Tuesday, May 22, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 21 Sutra 37 Vilamba 5120	
Simha Rasi: 11.04	Tithi 8 – 9	<b>Gulika</b> 12:06PM – 1:55PM	<b>Magha* Until 9:55AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM		
		Yama 8:28AM – 10:17AM	Vyaghata* Until 2:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 5	
255932369		<b>Rahu</b> 3:44PM – 5:33PM	Balava Until 9:19PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 10:00AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to12:PM	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Wednesday, May 23, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22
	Simha Rasi: 24.45	Tithi 9 – 10	<b>Gulika</b> 10:17AM – 12:06PM	<b>Purvaphalguni Until 9:23AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 6:39AM – 8:28AM	Harshana Until 12:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 6
	Creative Work	Amrita Yoga	255932369 <b>Rahu</b> 12:06PM – 1:55PM	Taitila Until 8:13PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Navami* Until 8:42AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>2</b>	<b>Thursday, May 24, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 23
	Kanya Rasi: 8.12	Tithi 10 – 11	<b>Gulika</b> 8:27AM – 10:17AM	<b>Uttaraphalguni Until 9:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:49AM	Vilamba 5120
			Yama 4:49AM – 6:38AM	Vajra* Until 10:28AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:23PM	Moon 4 - Phase 6
			255932369 <b>Rahu</b> 1:55PM – 3:45PM	Vanija Until 7:31PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dashami Until 7:48AM</b>	<b>Moon – Red</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM	

<b>3</b>	<b>Friday, May 25, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatlipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24
	Kanya Rasi: 21.26	Tithi 11 – 12	<b>Gulika</b> 6:38AM – 8:27AM	<b>Hasta Until 9:28AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Vilamba 5120
			Yama 3:45PM – 5:35PM	Siddhi Until 9:04AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:24PM	Moon 4 - Phase 6
			366932369 <b>Rahu</b> 10:17AM – 12:06PM	Bava Until 7:12PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Ekadashi Until 7:18AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>4</b>	<b>Saturday, May 26, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25
	Tula Rasi: 4.28	Tithi 12 – 13	<b>Gulika</b> 4:48AM – 6:37AM	<b>Chitra Until 10:05AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:48AM	Vilamba 5120
			Yama 1:56PM – 3:45PM	Vyatlipata* Until 7:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:25PM	Moon 4 - Phase 6
			366932369 <b>Rahu</b> 8:27AM – 10:17AM	Kaulava Until 7:17PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Dvadashi Until 7:11AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>5</b>	<b>Sunday, May 27, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 26
	Tula Rasi: 17.17	Tithi 13 – 14	<b>Gulika</b> 3:46PM – 5:36PM	<b>Svati Until 10:56AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:47AM	Vilamba 5120
			Yama 12:06PM – 1:56PM	Variyan Until 7:11AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 6
			366932369 <b>Rahu</b> 5:36PM – 7:26PM	Gara Until 7:46PM	<b>Nataraja:</b> Purple		4th Phase
			<b>Trayodashi Until 7:27AM</b>	<b>Moon – Green</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>			

<b>○</b>	<b>Monday, May 28, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27
	<b>Copper Retreat Star</b>		<b>Gulika</b> 1:56PM – 3:46PM	<b>Vishakha Until 12:30PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Vilamba 5120
	Tula Rasi: 29.56	Tithi 14 – 15	Yama 10:16AM – 12:06PM	Parigha* Until 6:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:26PM	Moon 4 - Phase 6
	<b>Family Home Evening</b>		376932369 <b>Rahu</b> 6:36AM – 8:26AM	Visti Until 8:41PM	<b>Nataraja:</b> Purple		Purnima
			<b>Chaturdashi* Until 8:09AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

<b>○</b>	<b>Tuesday, May 29, 2018</b>		Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28
	<b>Silver Retreat Star</b>		<b>Gulika</b> 12:07PM – 1:57PM	<b>Anuradha Until 2:22PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:46AM	Vilamba 5120
	Vrischika Rasi: 12.22	Tithi 15 – 16	Yama 8:26AM – 10:16AM	Shiva Until 6:39AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:27PM	Moon 4 - Phase 6
			376932369 <b>Rahu</b> 3:47PM – 5:37PM	Balava Until 10:03PM	<b>Nataraja:</b> Purple		Prathama
			<b>Purnima* Until 9:17AM</b>	<b>Moon – Orange</b>		<b>Bhuloka Day</b>	
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 45

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Vrischika Rasi: 24.37 Tithi 16 - 17

Gulika 10:16AM - 12:07PM

Jyeshtha\* Until 4:29PM

Ganesha: Clear Sunrise: 4:45AM

Muruqa: White Sunset: 7:28PM

Yama 6:36AM - 8:26AM

Siddha Until 6:53AM

376932369 Rahu 12:07PM - 1:57PM

Taitila Until 11:51PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

1 Thursday, May 31, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 46

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 6.41 Tithi 17 - 18

Gulika 8:26AM - 10:16AM

Mula\* Until 7:19PM

Ganesha: White Sunrise: 4:45AM

Muruqa: White Sunset: 7:29PM

Yama 4:45AM - 6:35AM

Sadhya Until 7:27AM

376932369 Rahu 1:57PM - 3:48PM

Vanija Until 2:02AM Fri

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Creative Work Siddha Yoga

Then Routine Work - Marana Yoga

2 Friday, June 1, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 47

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Dhanus Rasi: 18.37 Tithi 18 - 19

Gulika 6:35AM - 8:26AM

Purvashadha\* Until 10:17PM

Ganesha: Yellow Sunrise: 4:45AM

Muruqa: White Sunset: 7:29PM

Yama 3:48PM - 5:39PM

Subha Until 8:18AM

376932369 Rahu 10:16AM - 12:07PM

Bava Until 4:30AM Sat

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

3 Saturday, June 2, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 48

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 0.27 Tithi 19 - 20

Gulika 4:44AM - 6:35AM

Uttarashadha Until 1:15AM Sun

Ganesha: Yellow Sunrise: 4:44AM

Muruqa: White Sunset: 7:30PM

Yama 1:58PM - 3:49PM

Sukla Until 9:20AM

376932369 Rahu 8:26AM - 10:16AM

Kaulava Until 7:06AM Sun

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

4 Sunday, June 3, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 4 Sutra 49

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 12.14 Tithi 20

Gulika 3:49PM - 5:40PM

Shravana Until 4:32AM Mon

Ganesha: Blue Sunrise: 4:44AM

Muruqa: White Sunset: 7:31PM

Yama 12:07PM - 1:58PM

Brahma Until 10:27AM

376932369 Rahu 5:40PM - 7:31PM

Kaulava Until 7:06AM

Nataraja: Purple

Moon - Purple

Devaloka Day

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

5 Monday, June 4, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 5 Sutra 50

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Makara Rasi: 24.02 Tithi 21

Gulika 1:58PM - 3:49PM

Dhanishtha Until 7:25AM Tue

Ganesha: Blue Sunrise: 4:43AM

Muruqa: White Sunset: 7:31PM

Yama 10:16AM - 12:07PM

Indra Until 11:30AM

376932369 Rahu 6:34AM - 8:25AM

Gara Until 9:37AM

Nataraja: Purple

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

6 Tuesday, June 5, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Visti\*/Bava Karana Saplamyam Titau

Frederick, MD

Sun 6 Sutra 51

Vilamba 5120

Moon 5 - Phase 7

1st Phase

Kumbha Rasi: 5.57 Tithi 22

Gulika 12:08PM - 1:59PM

Dhanishtha Until 7:25AM

Ganesha: Purple Sunrise: 4:43AM

Muruqa: White Sunset: 7:32PM

Yama 8:25AM - 10:16AM

Vaidhriti\* Until 12:17PM

397132361 Rahu 3:50PM - 5:41PM

Visti Until 11:51AM

Nataraja: White

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7 Sutra 52

Vilamba 5120

Moon 5 - Phase 7

Ashtami

Kumbha Rasi: 18.02 Tithi 23

Gulika 10:17AM - 12:08PM

Shatabhishak Until 9:39AM

Ganesha: Purple Sunrise: 4:43AM

Muruqa: White Sunset: 7:33PM

Yama 6:34AM - 8:25AM

Vishkambha\* Until 12:41PM

376932361 Rahu 12:08PM - 1:59PM

Balava Until 1:33PM

Nataraja: White

Moon - Purple

Devaloka Day

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 8 Sutra 53

Vilamba 5120

Moon 5 - Phase 7

Navami

Meena Rasi: 0.25 Tithi 24

Gulika 8:25AM - 10:17AM

Purvaproshtapada\* Until 11:33AM

Ganesha: Blue Sunrise: 4:43AM

Muruqa: White Sunset: 7:33PM

Yama 4:43AM - 6:34AM

Priti Until 12:33PM

317132361 Rahu 1:59PM - 3:51PM

Taitila Until 2:33PM

Nataraja: White

Moon - Clear

Devaloka Day

Creative Work Siddha Yoga

Navami\* Until 2:44AM Fri

Jyeshtha Adhika-Vaikasi

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time

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<b>1 Friday, June 8, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD Sun 9 Sutra 54 Vilamba 5120
Meena Rasi: 13.08	Tithi 25	<b>Gulika</b> 6:34AM – 8:25AM	<b>Uttaraproshtapada</b> Until 12:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:42AM	
		Yama 3:51PM – 5:42PM	Ayushman Until 11:45AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 10:17AM – 12:08PM	Vanija Until 2:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:29AM Sat	Moon – Clear		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>2 Saturday, June 9, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD Sun 10 Sutra 55 Vilamba 5120
Meena Rasi: 26.16	Tithi 26	<b>Gulika</b> 4:42AM – 6:34AM	<b>Revati</b> Until 12:29PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:42AM	
		Yama 2:00PM – 3:51PM	Saubhagya Until 10:18AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
318132361		<b>Rahu</b> 8:25AM – 10:17AM	Bava Until 2:04PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 1:25AM Sun	Moon – Clear		<b>Bhuloka Day</b>
Until 12:29PM				<b>Jyeshtha Adhika-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>3 Sunday, June 10, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Frederick, MD Sun 11 Sutra 56 Vilamba 5120
Mesha Rasi: 9.52	Tithi 27	<b>Gulika</b> 3:52PM – 5:43PM	<b>Ashvini</b> Until 11:58AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	
		Yama 12:08PM – 2:00PM	Sobhana Until 8:13AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 5:43PM – 7:35PM	Kaulava Until 12:36PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashti*</b> Until 11:34PM	Moon – White		<b>Bhuloka Day</b>
Until 11:58AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Prabalarishta Yoga						

<b>4 Monday, June 11, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD Sun 12 Sutra 57 Vilamba 5120
Mesha Rasi: 23.55	Tithi 28	<b>Gulika</b> 2:00PM – 3:52PM	<b>Bharani</b> Until 10:35AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	
<b>Family Home Evening</b>		Yama 10:17AM – 12:09PM	Sukarma Until 2:18AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 6:34AM – 8:25AM	Gara Until 10:25AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:05PM	Moon – White		<b>Bhuloka Day</b>
Until 10:35AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5 Tuesday, June 12, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD Sun 13 Sutra 58 Vilamba 5120
Vrishabha Rasi: 8.23	Tithi 29	<b>Gulika</b> 12:09PM – 2:01PM	<b>Krittika</b> Until 8:29AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	
		Yama 8:25AM – 10:17AM	Dhriti Until 10:43PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
328132361		<b>Rahu</b> 3:52PM – 5:44PM	Visti Until 7:40AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:06PM	Moon – White		<b>Bhuloka Day</b>
Until 8:29AM				<b>Jyeshtha Adhika-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>Wednesday, June 13, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD Sun 14 Sutra 59 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 10:17AM – 12:09PM	<b>Rohini</b> Until 6:15AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:42AM	
Vrishabha Rasi: 23.1	Tithi 30 – 1	Yama 6:34AM – 8:25AM	Shula* Until 6:52PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
338132361		<b>Rahu</b> 12:09PM – 2:01PM	Kintughna Until 1:03AM Thu	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:47PM	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Jyeshtha Adhika-Vaikasi</b>		

<b>Thursday, June 14, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 60 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 8:26AM – 10:17AM	<b>Ardra</b> Until 12:46AM Fri	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:42AM	
Mithuna Rasi: 8.09	Tithi 1 – 2	Yama 4:42AM – 6:34AM	Ganda* Until 2:53PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 8
339132361		<b>Rahu</b> 2:01PM – 3:53PM	Balava Until 9:31PM	<b>Nataraja:</b> White		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> Until 11:16AM	Moon – Yellow		<b>Bhuloka Day</b>
Until 12:46AM Fri				<b>Jyeshtha-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM
Then Creative Work - Siddha Yoga						

<b>1</b>		<b>Friday, June 15, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau		Frederick, MD Sun 16 Sutra 61 Vilamba 5120	
Mithuna Rasi: 23.11	Tithi 2 – 3	<b>Gulika</b> 6:34AM – 8:26AM	<b>Punarvasu</b> Until 10:16PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 3rd Phase	
		Yama 3:53PM – 5:45PM	Vriddhi Until 10:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM		
		349132361 <b>Rahu</b> 10:18AM – 12:09PM	Taitila Until 6:02PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:44AM	Moon – Blue		<b>Bhuloka Day</b>	
Until 10:16PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>2</b>		<b>Saturday, June 16, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau		Frederick, MD Sun 17 Sutra 62 Vilamba 5120	
Kataka Rasi: 8.07	Tithi 4	<b>Gulika</b> 4:42AM – 6:34AM	<b>Pushya</b> Until 7:51PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 3rd Phase	
		Yama 2:02PM – 3:54PM	Dhruva Until 7:05AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:37PM		
		349132361 <b>Rahu</b> 8:26AM – 10:18AM	Vanija Until 2:44PM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:11AM Sun	Moon – Blue		<b>Bhuloka Day</b>	
Until 7:51PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Sunday, June 17, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 18 Sutra 63 Vilamba 5120	
Kataka Rasi: 22.51	Tithi 5	<b>Gulika</b> 3:54PM – 5:46PM	<b>Ashlesha*</b> Until 5:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 3rd Phase	
		Yama 12:10PM – 2:02PM	Harshana Until 12:13AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM		
		349132361 <b>Rahu</b> 5:46PM – 7:38PM	Bava Until 11:46AM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Panchami</b> Until 10:26PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 5:40PM		<b>Father's Day</b>		<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Routine Work - Marana Yoga							
<b>4</b>		<b>Monday, June 18, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashtham Titau		Frederick, MD Sun 19 Sutra 64 Vilamba 5120	
Simha Rasi: 7.16	Tithi 6	<b>Gulika</b> 2:02PM – 3:54PM	<b>Magha*</b> Until 4:14PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 3rd Phase	
<b>Family Home Evening</b>		Yama 10:18AM – 12:10PM	Vajra* Until 9:20PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM		
Routine Work	Marana Yoga	359132361 <b>Rahu</b> 6:34AM – 8:26AM	Kaulava Until 9:15AM	<b>Nataraja:</b> White			
Until 4:14PM			<b>Shashthi*</b> Until 8:09PM	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Ani</b>			
<b>5</b>		<b>Tuesday, June 19, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD Sun 20 Sutra 65 Vilamba 5120	
Simha Rasi: 21.21	Tithi 7	<b>Gulika</b> 12:10PM – 2:02PM	<b>Purvaphalguni</b> Until 3:12PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 3rd Phase	
		Yama 8:26AM – 10:18AM	Siddhi Until 6:55PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:38PM		
		359132361 <b>Rahu</b> 3:54PM – 5:46PM	Gara Until 7:15AM	<b>Nataraja:</b> White			
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 3:12PM				<b>Jyeshtha-Ani</b>		<b>Tour Day</b>	
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, June 20, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 21 Sutra 66 Vilamba 5120	
Kanya Rasi: 5.04	Tithi 8 – 9	<b>Gulika</b> 10:18AM – 12:11PM	<b>Uttaraphalguni</b> Until 2:36PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM	Moon 5 - Phase 9 Ashtami	
		Yama 6:34AM – 8:26AM	Vyatipala* Until 5:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM		
		359132361 <b>Rahu</b> 12:11PM – 2:03PM	Balava Until 5:00AM Thu	<b>Nataraja:</b> White			
Creative Work	Amrita Yoga		<b>Ashtami*</b> Until 5:19PM	Moon – Red		<b>Devaloka Day</b>	
Until 2:36PM		<b>Chidambaram Abhishekam</b>		<b>Jyeshtha-Ani</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, June 21, 2018</b>		Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 22 Sutra 67 Vilamba 5120	
Kanya Rasi: 18.27	Tithi 9 – 10	<b>Gulika</b> 8:27AM – 10:19AM	<b>Hasta</b> Until 2:54PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:43AM	Moon 5 - Phase 9 Navami	
		Yama 4:43AM – 6:35AM	Variyan Until 3:33PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM		
		369132361 <b>Rahu</b> 2:03PM – 3:55PM	Taitila Until 4:45AM Fri	<b>Nataraja:</b> White			
Routine Work	Marana Yoga		<b>Navami*</b> Until 4:47PM	Moon – Green		<b>Bhuloka Day</b>	
Until 2:54PM				<b>Jyeshtha-Ani</b>		Devaloka Time: 9:AM to12:PM	
Then Creative Work - Siddha Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>1</b>		<b>Friday, June 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Frederick, MD Sun 23 Sutra 68 Vilamba 5120
Tula Rasi: 1.31	Tithi 10 - 11	<b>Gulika</b> 6:35AM - 8:27AM	<b>Chitra</b> Until 3:35PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM		
		Yama 3:55PM - 5:47PM	Parigha* Until 2:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 10
361132361		<b>Rahu</b> 10:19AM - 12:11PM	Vanija Until 5:03AM Sat	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:49PM	Moon - Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>2</b>		<b>Saturday, June 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Frederick, MD Sun 24 Sutra 69 Vilamba 5120
Tula Rasi: 14.19	Tithi 11 - 12	<b>Gulika</b> 4:43AM - 6:35AM	<b>Svati</b> Until 4:38PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:43AM		
		Yama 2:03PM - 3:55PM	Shiva Until 1:58PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 10
361132361		<b>Rahu</b> 8:27AM - 10:19AM	Bava Until 5:50AM Sun	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:21PM	Moon - Green		<b>Bhuloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>3</b>		<b>Sunday, June 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau			Frederick, MD Sun 25 Sutra 70 Vilamba 5120
Tula Rasi: 26.52	Tithi 12	<b>Gulika</b> 3:55PM - 5:47PM	<b>Vishakha</b> Until 6:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:43AM		
		Yama 12:11PM - 2:03PM	Siddha Until 1:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 10
371142361		<b>Rahu</b> 5:47PM - 7:39PM	Balava Until 6:23PM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 6:23PM	Moon - Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			

<b>4</b>		<b>Monday, June 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Frederick, MD Sun 26 Sutra 71 Vilamba 5120
Vrischika Rasi: 9.14	Tithi 13	<b>Gulika</b> 2:04PM - 3:55PM	<b>Anuradha</b> Until 8:33PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM		
<b>Family Home Evening</b>		Yama 10:20AM - 12:12PM	Sadhya Until 1:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 10
371142361		<b>Rahu</b> 6:36AM - 8:28AM	Kaulava Until 7:05AM	<b>Nataraja:</b> White			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:50PM	Moon - Orange		<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Tuesday, June 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau			Frederick, MD Sun 27 Sutra 72 Vilamba 5120
Vrischika Rasi: 21.26	Tithi 14	<b>Gulika</b> 12:12PM - 2:04PM	<b>Jyeshtha*</b> Until 10:51PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:44AM		
		Yama 8:28AM - 10:20AM	Subha Until 2:20PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM		Moon 5 - Phase 10
371142361		<b>Rahu</b> 3:56PM - 5:48PM	Gara Until 8:44AM	<b>Nataraja:</b> White			4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 9:40PM	Moon - Orange		<b>Devaloka Day</b>	
Until 10:51PM				<b>Jyeshtha-Ani</b>			
Then Creative Work - Amrita Yoga							

		<b>Wednesday, June 27, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau			Frederick, MD Sun 28 Sutra 73 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:20AM - 12:12PM	<b>Mula*</b> Until 1:48AM Thu	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:44AM		
Dhanus Rasi: 3.29	Tithi 15	Yama 6:36AM - 8:28AM	Sukla Until 3:01PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM		Moon 5 - Phase 10
381142361		<b>Rahu</b> 12:12PM - 2:04PM	Visti Until 10:45AM	<b>Nataraja:</b> White			Purnima
Routine Work	Marana Yoga		<b>Purnima*</b> Until 11:51PM	Moon - Light Blue		<b>Bhuloka Day</b>	
Until 1:48AM Thu				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Creative Work - Siddha Yoga							

<b>Thursday, June 28, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Frederick, MD Sun 29 Sutra 74 Vilamba 5120		
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:28AM - 10:20AM	<b>Purvashadha*</b> Until 4:49AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:45AM		
Dhanus Rasi: 15.24	Tithi 16	Yama 4:45AM - 6:37AM	Brahma Until 3:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM		Moon 5 - Phase 10
381142361		<b>Rahu</b> 2:04PM - 3:56PM	Balava Until 1:03PM	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:16AM Fri	Moon - Light Blue		<b>Bhuloka Day</b>	
Until 4:49AM Fri				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>	
Then Routine Work - Marana Yoga							





**Friday, June 29, 2018**  
**Gold Retreat Star**

Dhanus Rasi: 27.14      Tithi 17

381142361

**Gulika**      6:37AM – 8:29AM  
Yama          3:56PM – 5:48PM  
**Rahu**          10:21AM – 12:12PM

Routine Work      Marana Yoga

Until 7:47AM Sat

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Indra/Vaidhrili\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD  
Sun 1      Sutra 75  
Vilamba 5120

**Uttarashadha Until 7:47AM Sat**

Indra Until 5:02PM

Taitila Until 3:34PM

**Dvitiya Until 4:51AM Sat**

**Ganesha:** Blue      *Sunrise:* 4:45AM

**Muruqa:** Clear      *Sunset:* 7:40PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Light Blue      1st Phase

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**1**

**Saturday, June 30, 2018**

Makara Rasi: 9.02      Tithi 18

381242361

**Gulika**      4:46AM – 6:37AM  
Yama          2:04PM – 3:56PM  
**Rahu**          8:29AM – 10:21AM

Routine Work      Marana Yoga

Until 7:47AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manla Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Vaidhrili\* Yoga Vanija Karana Tritiyayam Titau

Frederick, MD  
Sun 2      Sutra 76  
Vilamba 5120

**Uttarashadha Until 7:47AM**

Vaidhrili\* Until 6:09PM

Vanija Until 6:10PM

**Tritiya Until 7:26AM Sun**

**Ganesha:** Blue      *Sunrise:* 4:46AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Light Blue      1st Phase

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

**2**

**Sunday, July 1, 2018**

Makara Rasi: 20.49      Tithi 18 – 19

391242361

**Gulika**      3:56PM – 5:48PM  
Yama          12:13PM – 2:04PM  
**Rahu**          5:48PM – 7:39PM

Creative Work      Amrita Yoga

Until 11:06AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Frederick, MD  
Sun 3      Sutra 77  
Vilamba 5120

**Shravana Until 11:06AM**

Vishkambha\* Until 7:14PM

Bava Until 8:43PM

**Tritiya Until 7:26AM**

**Ganesha:** Red      *Sunrise:* 4:46AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Purple      1st Phase

**Jyeshtha-Ani**

**Devaloka Day**

**3**

**Monday, July 2, 2018**

Kumbha Rasi: 2.39      Tithi 19 – 20

392242361

**Gulika**      2:04PM – 3:56PM  
Yama          10:21AM – 12:13PM  
**Rahu**          6:38AM – 8:30AM

**Family Home Evening**

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD  
Sun 4      Sutra 78  
Vilamba 5120

**Dhanishtha Until 2:05PM**

Priti Until 8:10PM

Kaulava Until 11:01PM

**Chaturthi\* Until 9:53AM**

**Ganesha:** Yellow      *Sunrise:* 4:47AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Purple      1st Phase

**Jyeshtha-Ani**

**Devaloka Day**

**4**

**Tuesday, July 3, 2018**

Kumbha Rasi: 14.35      Tithi 20 – 21

392242361

**Gulika**      12:13PM – 2:05PM  
Yama          8:30AM – 10:22AM  
**Rahu**          3:56PM – 5:48PM

Routine Work      Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD  
Sun 5      Sutra 79  
Vilamba 5120

**Shatabhishak Until 4:34PM**

Ayushman Until 8:46PM

Gara Until 12:55AM Wed

**Panchami Until 12:00PM**

**Ganesha:** Yellow      *Sunrise:* 4:47AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Purple      1st Phase

**Jyeshtha-Ani**

**Devaloka Day**

**5**

**Wednesday, July 4, 2018**

Kumbha Rasi: 26.43      Tithi 21 – 22

312242361

**Gulika**      10:22AM – 12:13PM  
Yama          6:39AM – 8:30AM  
**Rahu**          12:13PM – 2:05PM

Creative Work      Amrita Yoga

Until 6:53PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

Frederick, MD  
Sun 6      Sutra 80  
Vilamba 5120

**Purvaproshtapada\* Until 6:53PM**

Saubhagya Until 8:58PM

Visti Until 2:15AM Thu

**Shashthi\* Until 1:38PM**

**Ganesha:** Orange      *Sunrise:* 4:48AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Clear      1st Phase

**Jyeshtha-Ani**

**Devaloka Day**

**D**

**Thursday, July 5, 2018**

**Retreat Star**

Meena Rasi: 9.05      Tithi 22 – 23

312242361

**Gulika**      8:31AM – 10:22AM  
Yama          4:48AM – 6:39AM  
**Rahu**          2:05PM – 3:56PM

Creative Work      Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Frederick, MD  
Sun 7      Sutra 81  
Vilamba 5120

**Uttaraproshtapada Until 8:23PM**

Sobhana Until 8:39PM

Balava Until 2:53AM Fri

**Saptami Until 2:38PM**

**Ganesha:** Orange      *Sunrise:* 4:48AM

**Muruqa:** Clear      *Sunset:* 7:39PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Clear      Ashtami

**Jyeshtha-Ani**

**Devaloka Day**

**Friday, July 6, 2018**

**Retreat Star**

Meena Rasi: 21.47      Tithi 23 – 24

412242361

**Gulika**      6:40AM – 8:31AM  
Yama          3:56PM – 5:47PM  
**Rahu**          10:22AM – 12:14PM

Creative Work      Siddha Yoga

Until 8:59PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD  
Sun 8      Sutra 82  
Vilamba 5120

**Revati Until 8:59PM**

Athiganda\* Until 7:43PM

Taitila Until 2:44AM Sat

**Ashtami\* Until 2:54PM**

**Ganesha:** Green      *Sunrise:* 4:49AM

**Muruqa:** Clear      *Sunset:* 7:38PM

**Nataraja:** White      Moon 6 - Phase 11

Moon – Clear      Navami

**Jyeshtha-Ani**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1</b>		<b>Saturday, July 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 9 Sutra 83 Vilamba 5120
Mesha Rasi: 4.52	Tithi 24 – 25	<b>Gulika</b> 4:49AM – 6:40AM	<b>Ashvini</b> Until 9:07PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:49AM	
		Yama 2:05PM – 3:56PM	Sukarma Until 6:09PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 8:32AM – 10:23AM		Vanija Until 1:48AM Sun	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 2:21PM	Moon – White		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Sunday, July 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 10 Sutra 84 Vilamba 5120
Mesha Rasi: 18.23	Tithi 25 – 26	<b>Gulika</b> 3:56PM – 5:47PM	<b>Bharani</b> Until 8:18PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:50AM	
		Yama 12:14PM – 2:05PM	Dhriti Until 3:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 5:47PM – 7:38PM		Bava Until 12:05AM Mon	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Dashami</b> Until 1:01PM	Moon – White		<b>Devaloka Day</b>
Until 8:18PM				<b>Jyeshtha-Ani</b>		
Then Creative Work - Siddha Yoga						

<b>3</b>		<b>Monday, July 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Frederick, MD Sun 11 Sutra 85 Vilamba 5120
Vrishabha Rasi: 2.21	Tithi 26 – 27	<b>Gulika</b> 2:05PM – 3:56PM	<b>Krittika</b> Until 6:40PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:51AM	
		Yama 10:23AM – 12:14PM	Shula* Until 1:10PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 6 - Phase 12
422242361	<b>Rahu</b> 6:41AM – 8:32AM		Kaulava Until 9:41PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 10:57AM	Moon – White		<b>Devaloka Day</b>
Until 6:40PM				<b>Jyeshtha-Ani</b>		
Then Creative Work - Amrita Yoga						

<b>4</b>		<b>Tuesday, July 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Talila/Gara Karana Dvadashti/Trayodashyam Titau		Frederick, MD Sun 12 Sutra 86 Vilamba 5120
Vrishabha Rasi: 16.46	Tithi 27 – 28	<b>Gulika</b> 12:14PM – 2:05PM	<b>Rohini</b> Until 4:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:51AM	
		Yama 8:33AM – 10:23AM	Ganda* Until 9:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 3:56PM – 5:46PM		Gara Until 6:44PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashti*</b> Until 8:15AM	Moon – Yellow		<b>Bhuloka Day</b>
Until 4:44PM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>5</b>		<b>Wednesday, July 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 87 Vilamba 5120
Mithuna Rasi: 1.32	Tithi 29	<b>Gulika</b> 10:24AM – 12:14PM	<b>Mrigashira</b> Until 2:12PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:52AM	
		Yama 6:43AM – 8:33AM	Vriddhi Until 6:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 12:14PM – 2:05PM		Visti Until 3:22PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:33AM Thu	Moon – Yellow		<b>Bhuloka Day</b>
Until 4:44PM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, July 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 88 Vilamba 5120
Mithuna Rasi: 16.34	Tithi 30	<b>Gulika</b> 8:34AM – 10:24AM	<b>Ardra</b> Until 11:17AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:53AM	
		Yama 4:53AM – 6:43AM	Vyaghata* Until 10:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
432242361	<b>Rahu</b> 2:05PM – 3:55PM		Catuspada Until 11:43AM	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 9:50PM	Moon – Yellow		<b>Bhuloka Day</b>
Until 11:17AM				<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Friday, July 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 15 Sutra 89 Vilamba 5120
Kataka Rasi: 1.44	Tithi 1	<b>Gulika</b> 6:44AM – 8:34AM	<b>Punarvasu</b> Until 8:30AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:53AM	
		Yama 3:55PM – 5:46PM	Harshana Until 5:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 6 - Phase 12
442242361	<b>Rahu</b> 10:24AM – 12:15PM		Kintughna Until 7:58AM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:05PM	Moon – Blue		<b>Bhuloka Day</b>
Until 8:30AM		<b>Partial Solar Eclipse</b>		<b>Ashada-Ani</b>		<b>Devaloka Time: 12:PM to 3:PM</b>
Then Routine Work - Marana Yoga						

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Saturday, July 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 16 Sutra 90
	Kataka Rasi: 16.53	Tithi 2 – 3	<b>Gulika</b> 4:54AM – 6:44AM	<b>Ashlesha* Until 2:51AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Vilamba 5120
			Yama 2:05PM – 3:55PM	Vajra* Until 1:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	442242361 <b>Rahu</b> 8:34AM – 10:24AM	Taitila Until 12:46AM Sun	<b>Nataraja:</b> White		3rd Phase
			<b>Dvitiya Until 2:28PM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	

<b>2</b>	<b>Sunday, July 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Frederick, MD Sun 17 Sutra 91
	Simha Rasi: 1.51	Tithi 3 – 4	<b>Gulika</b> 3:55PM – 5:45PM	<b>Magha* Until 12:43AM Mon</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:55AM	Vilamba 5120
			Yama 12:15PM – 2:05PM	Siddhi Until 10:02AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	452242361 <b>Rahu</b> 5:45PM – 7:35PM	Vanija Until 9:37PM	<b>Nataraja:</b> White		3rd Phase
			<b>Tritiya Until 11:07AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Ashada*Ani</b>		Devaloka Time: 12:PM to 3:PM	
						Then Creative Work - Siddha Yoga	

<b>3</b>	<b>Monday, July 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 92
	Simha Rasi: 16.31	Tithi 4 – 5	<b>Gulika</b> 2:05PM – 3:55PM	<b>Purvaphalguni Until 10:56PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	Vilamba 5120
	<b>Family Home Evening</b>		Yama 10:25AM – 12:15PM	Vyatipata* Until 6:34AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	453242361 <b>Rahu</b> 6:45AM – 8:35AM	Bava Until 6:57PM	<b>Nataraja:</b> White		3rd Phase
			<b>Chaturthi* Until 8:12AM</b>	Moon – Red		<b>Bhuloka Day</b>	
				<b>Ashada*Adi</b>		Devaloka Time: 12:PM to 3:PM	

<b>4</b>	<b>Tuesday, July 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 19 Sutra 93
	Kanya Rasi: 0.49	Tithi 6	<b>Gulika</b> 12:15PM – 2:05PM	<b>Uttaraphalguni Until 9:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:56AM	Vilamba 5120
			Yama 8:36AM – 10:25AM	Parigha* Until 1:01AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	453242362 <b>Rahu</b> 3:54PM – 5:44PM	Kaulava Until 4:53PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Shashthi* Until 4:06AM Wed</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Ashada*Adi</b>			
						Then Creative Work - Siddha Yoga	

<b>5</b>	<b>Wednesday, July 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 94
	Kanya Rasi: 14.41	Tithi 7	<b>Gulika</b> 10:26AM – 12:15PM	<b>Hasta Until 9:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:57AM	Vilamba 5120
			Yama 6:47AM – 8:36AM	Shiva Until 11:06PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	463242362 <b>Rahu</b> 12:15PM – 2:05PM	Gara Until 3:31PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami Until 3:05AM Thu</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
						Then Creative Work - Siddha Yoga	

<b>☾</b>	<b>Thursday, July 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 21 Sutra 95
	<b>Retreat Star</b>		<b>Gulika</b> 8:36AM – 10:26AM	<b>Chitra Until 9:37PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:58AM	Vilamba 5120
	Kanya Rasi: 28.07	Tithi 8	Yama 4:58AM – 6:47AM	Siddha Until 9:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 2:04PM – 3:54PM	Visti Until 2:52PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Ashtami* Until 2:48AM Fri</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			
						Then Creative Work - Amrita Yoga	

<b>☽</b>	<b>Friday, July 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 22 Sutra 96
	<b>Retreat Star</b>		<b>Gulika</b> 6:48AM – 8:37AM	<b>Svati Until 10:26PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:59AM	Vilamba 5120
	Tula Rasi: 11.1	Tithi 9	Yama 3:53PM – 5:43PM	Sadhya Until 8:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	463242362 <b>Rahu</b> 10:26AM – 12:15PM	Balava Until 2:57PM	<b>Nataraja:</b> Clear		Navami
			<b>Navami* Until 3:13AM Sat</b>	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>			

<b>1</b>		<b>Saturday, July 21, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 97 Vilamba 5120
Tula Rasi: 23.53	Tithi 10	<b>Gulika</b> 4:59AM – 6:48AM	<b>Vishakha</b> Until 12:12AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:59AM			
		Yama 2:04PM – 3:53PM	Subha Until 8:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM			Moon 6 - Phase 14
		473242362 <b>Rahu</b> 8:37AM – 10:26AM	Taitila Until 3:42PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 4:17AM Sun	Moon – Orange			<b>Devaloka Day</b>	
Until 12:12AM Sun				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>2</b>		<b>Sunday, July 22, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 98 Vilamba 5120
Vrischika Rasi: 6.18	Tithi 11	<b>Gulika</b> 3:53PM – 5:41PM	<b>Anuradha</b> Until 2:20AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:00AM			
		Yama 12:15PM – 2:04PM	Sukla Until 8:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM			Moon 6 - Phase 14
		473242362 <b>Rahu</b> 5:41PM – 7:30PM	Vanija Until 5:02PM	<b>Nataraja:</b> Clear				4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 5:52AM Mon	Moon – Orange			<b>Devaloka Day</b>	
Until 2:20AM Mon				<b>Ashada*Adi</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, July 23, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau		Frederick, MD Sun 25 Sutra 99 Vilamba 5120
Vrischika Rasi: 18.3	Tithi 12	<b>Gulika</b> 2:04PM – 3:52PM	<b>Jyeshtha*</b> Until 4:45AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:01AM			
<b>Family Home Evening</b>		Yama 10:27AM – 12:15PM	Brahma Until 9:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM			Moon 6 - Phase 14
		473242362 <b>Rahu</b> 6:50AM – 8:38AM	Bava Until 6:52PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 7:54AM Tue	Moon – Orange			<b>Devaloka Day</b>	
Until 4:45AM Tue				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, July 24, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 100 Vilamba 5120
Dhanus Rasi: 0.32	Tithi 12 – 13	<b>Gulika</b> 12:15PM – 2:04PM	<b>Mula*</b> Until 7:48AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM			
		Yama 8:39AM – 10:27AM	Indra Until 10:16PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM			Moon 6 - Phase 14
		483242362 <b>Rahu</b> 3:52PM – 5:40PM	Kaulava Until 9:03PM	<b>Nataraja:</b> Clear				4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 7:54AM	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

*Pradosha Vrata*

<b>5</b>		<b>Wednesday, July 25, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 101 Vilamba 5120
Dhanus Rasi: 12.26	Tithi 13 – 14	<b>Gulika</b> 10:27AM – 12:15PM	<b>Mula*</b> Until 7:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM			
		Yama 6:51AM – 8:39AM	Vaidhriti* Until 11:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM			Moon 6 - Phase 14
		483342362 <b>Rahu</b> 12:15PM – 2:03PM	Gara Until 11:30PM	<b>Nataraja:</b> Clear				4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 10:14AM	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 7:48AM				<b>Ashada*Adi</b>				
Then Creative Work - Amrita Yoga								

<b>○</b>		<b>Thursday, July 26, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD Sun 28 Sutra 102 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:39AM – 10:27AM	<b>Purvashadha*</b> Until 10:53AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM			
Dhanus Rasi: 24.16	Tithi 14 – 15	Yama 5:04AM – 6:52AM	Vishkambha* Until 12:21AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM			Moon 6 - Phase 14
		483342362 <b>Rahu</b> 2:03PM – 3:51PM	Visti Until 2:05AM Fri	<b>Nataraja:</b> Clear				Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:46PM	Moon – Light Blue			<b>Sivaloka Day</b>	
Until 10:53AM				<b>Ashada*Adi</b>				
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, July 27, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sun 29 Sutra 103 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:52AM – 8:40AM	<b>Uttarashadha</b> Until 1:52PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM			
Makara Rasi: 6.02	Tithi 15 – 16	Yama 3:51PM – 5:38PM	Priti Until 1:29AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:26PM			Moon 6 - Phase 14
		483342362 <b>Rahu</b> 10:28AM – 12:15PM	Balava Until 4:39AM Sat	<b>Nataraja:</b> Clear				Prathama
Routine Work	Marana Yoga		<b>Purnima*</b> Until 3:21PM	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Ashada*Adi</b>				

Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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**Saturday, July 28, 2018**  
**Gold Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD  
Sutra 104

Makara Rasi: 17.5    Tilthi 16 - 17

**Gulika** 5:05AM - 6:53AM  
Yama 2:03PM - 3:50PM  
493342362 **Rahu** 8:40AM - 10:28AM

**Shravana Until 5:08PM**  
Ayushman Until 2:29AM Sun  
Taitila Until 7:06AM Sun  
Prathama\* Until 5:53PM

**Ganesha:** Blue    *Sunrise:* 5:05AM  
**Muruqa:** Clear    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon - Purple

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**1**

**Sunday, July 29, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD  
Sun 1    Sutra 105

Makara Rasi: 29.41    Tilthi 17

**Gulika** 3:50PM - 5:37PM  
Yama 12:15PM - 2:02PM  
493342362 **Rahu** 5:37PM - 7:24PM

**Dhanishtha Until 8:03PM**  
Saubhagya Until 3:20AM Mon  
Taitila Until 7:06AM  
Dvitiya Until 8:14PM

**Ganesha:** Blue    *Sunrise:* 5:06AM  
**Muruqa:** Clear    *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon - Purple

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga

Until 8:03PM

Then Creative Work - Siddha Yoga

**Devaloka Day**

**2**

**Monday, July 30, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Frederick, MD  
Sun 2    Sutra 106

Kumbha Rasi: 11.37    Tilthi 18

**Family Home Evening**

**Gulika** 2:02PM - 3:49PM  
Yama 10:28AM - 12:15PM  
494342362 **Rahu** 6:54AM - 8:41AM

**Shatabhishak Until 10:32PM**  
Sobhana Until 3:58AM Tue  
Vanija Until 9:19AM  
Tritiya Until 10:17PM

**Ganesha:** Blue    *Sunrise:* 5:07AM  
**Muruqa:** Clear    *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon - Purple

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

**Devaloka Day**

**3**

**Tuesday, July 31, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Athiganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD  
Sun 3    Sutra 107

Kumbha Rasi: 23.41    Tilthi 19

**Gulika** 12:15PM - 2:02PM  
Yama 8:42AM - 10:28AM  
414342362 **Rahu** 3:49PM - 5:35PM

**Purvaproshtapada\* Until 12:57AM We**  
Athiganda\* Until 4:14AM Wed  
Bava Until 11:11AM  
Chaturthi\* Until 11:56PM

**Ganesha:** White    *Sunrise:* 5:08AM  
**Muruqa:** Clear    *Sunset:* 7:22PM  
**Nataraja:** Clear  
Moon - Clear

Moon 7 - Phase 15  
1st Phase

Routine Work    Marana Yoga

Until 12:57AM Wed

Then Creative Work - Siddha Yoga

**Devaloka Day**

**4**

**Wednesday, August 1, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD  
Sun 4    Sutra 108

Meena Rasi: 5.55    Tilthi 20

**Gulika** 10:29AM - 12:15PM  
Yama 6:55AM - 8:42AM  
414342362 **Rahu** 12:15PM - 2:02PM

**Uttaraproshtapada Until 2:43AM Thu**  
Sukarma Until 4:07AM Thu  
Kaulava Until 12:36PM  
Panchami Until 1:06AM Thu

**Ganesha:** White    *Sunrise:* 5:09AM  
**Muruqa:** Clear    *Sunset:* 7:21PM  
**Nataraja:** Clear  
Moon - Clear

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

**Devaloka Day**

**5**

**Thursday, August 2, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD  
Sun 5    Sutra 109

Meena Rasi: 18.22    Tilthi 21

**Gulika** 8:42AM - 10:29AM  
Yama 5:10AM - 6:56AM  
414342362 **Rahu** 2:01PM - 3:48PM

**Revati Until 3:46AM Fri**  
Dhriti Until 3:34AM Fri  
Gara Until 1:29PM  
Shashthi\* Until 1:41AM Fri

**Ganesha:** White    *Sunrise:* 5:10AM  
**Muruqa:** Clear    *Sunset:* 7:20PM  
**Nataraja:** Clear  
Moon - Clear

Moon 7 - Phase 15  
1st Phase

Creative Work    Siddha Yoga

Until 3:46AM Fri

Then Creative Work - Amrita Yoga

**Devaloka Day**

**6**

**Friday, August 3, 2018**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visiti\* Bava Karana Saptamyam Titau

Frederick, MD  
Sun 6    Sutra 110

Mesha Rasi: 1.06    Tilthi 22

**Gulika** 6:57AM - 8:43AM  
Yama 3:47PM - 5:33PM  
424342362 **Rahu** 10:29AM - 12:15PM

**Ashvini Until 4:30AM Sat**  
Shula\* Until 2:28AM Sat  
Visiti Until 1:45PM  
Saptami Until 1:37AM Sat

**Ganesha:** Clear    *Sunrise:* 5:11AM  
**Muruqa:** Clear    *Sunset:* 7:19PM  
**Nataraja:** Clear  
Moon - White

Moon 7 - Phase 15  
1st Phase

Creative Work    Amrita Yoga

Until 4:30AM Sat

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**☾**

**Saturday, August 4, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Ganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD  
Sun 7    Sutra 111

Mesha Rasi: 14.09    Tilthi 23

**Gulika** 5:12AM - 6:57AM  
Yama 2:01PM - 3:46PM  
424342362 **Rahu** 8:43AM - 10:29AM

**Bharani Until 4:24AM Sun**  
Ganda\* Until 12:50AM Sun  
Balava Until 1:21PM  
Ashtami\* Until 12:53AM Sun

**Ganesha:** Clear    *Sunrise:* 5:12AM  
**Muruqa:** Clear    *Sunset:* 7:18PM  
**Nataraja:** Clear  
Moon - White

Moon 7 - Phase 15  
Ashtami

Creative Work    Siddha Yoga

**Sivaloka Day**

**Sunday, August 5, 2018**

**Retreat Star**

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD  
Sun 8    Sutra 112

Mesha Rasi: 27.34    Tilthi 24

**Gulika** 3:46PM - 5:31PM  
Yama 12:15PM - 2:00PM  
424342362 **Rahu** 5:31PM - 7:17PM

**Krittika Until 3:29AM Mon**  
Vriddhi Until 10:41PM  
Taitila Until 12:16PM  
Navami\* Until 11:28PM

**Ganesha:** Clear    *Sunrise:* 5:12AM  
**Muruqa:** Clear    *Sunset:* 7:17PM  
**Nataraja:** Clear  
Moon - White

Moon 7 - Phase 15  
Navami

Creative Work    Siddha Yoga

Until 3:29AM Mon

Then Creative Work - Amrita Yoga

**Sivaloka Day**

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1</b>	<b>Monday, August 6, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau	Frederick, MD Sun 9 Sutra 113 Vilamba 5120
	Vrishabha Rasi: 11.22 Tithi 25	<b>Gulika</b> 2:00PM – 3:45PM <b>Yama</b> 10:29AM – 12:15PM <b>Rahu</b> 6:59AM – 8:44AM	<b>Rohini Until 2:13AM Tue</b> Dhruva Until 7:57PM Vanija Until 10:31AM Dashami Until 9:24PM
	<b>Family Home Evening</b> 434342362	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:16PM	Moon 7 - Phase 16 2nd Phase
	Creative Work Amrita Yoga Until 2:13AM Tue Then Creative Work - Siddha Yoga	<b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada-Adi</b>

<b>2</b>	<b>Tuesday, August 7, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau	Frederick, MD Sun 10 Sutra 114 Vilamba 5120
	Vrishabha Rasi: 25.35 Tithi 26	<b>Gulika</b> 12:14PM – 2:00PM <b>Yama</b> 8:44AM – 10:29AM <b>Rahu</b> 3:45PM – 5:30PM	<b>Mrigashira Until 12:16AM Wed</b> Vyaghata* Until 4:47PM Bava Until 8:10AM Ekadashi* Until 6:46PM
	434342362	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:15PM	Moon 7 - Phase 16 2nd Phase
	Creative Work Siddha Yoga	<b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada-Adi</b> <b>Tour Day</b>

<b>3</b>	<b>Wednesday, August 8, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 11 Sutra 115 Vilamba 5120
	Mithuna Rasi: 10.1 Tithi 27 – 28	<b>Gulika</b> 10:30AM – 12:14PM <b>Yama</b> 7:00AM – 8:45AM <b>Rahu</b> 12:14PM – 1:59PM	<b>Ardra Until 9:45PM</b> Harshana Until 1:13PM Gara Until 2:00AM Thu Dvadashi* Until 3:40PM
	434342362	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:13PM	Moon 7 - Phase 16 2nd Phase
	Creative Work Siddha Yoga	<b>Nataraja:</b> Clear Moon – Yellow	<b>Devaloka Day</b> <b>Ashada-Adi</b>

*Pradosha Vrata (Fasting)*

<b>4</b>	<b>Thursday, August 9, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 12 Sutra 116 Vilamba 5120
	Mithuna Rasi: 25.03 Tithi 28 – 29	<b>Gulika</b> 8:45AM – 10:30AM <b>Yama</b> 5:16AM – 7:01AM <b>Rahu</b> 1:59PM – 3:43PM	<b>Punarvasu Until 7:12PM</b> Vajra* Until 9:21AM Visti Until 10:28PM Trayodashi* Until 12:14PM
	444342362	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:12PM	Moon 7 - Phase 16 2nd Phase
	Creative Work Amrita Yoga	<b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b> <b>Ashada-Adi</b>

	<b>Friday, August 10, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyalipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 13 Sutra 117 Vilamba 5120
	<b>Retreat Star</b>	<b>Gulika</b> 7:01AM – 8:46AM <b>Yama</b> 3:43PM – 5:27PM <b>Rahu</b> 10:30AM – 12:14PM	<b>Pushya Until 4:22PM</b> Vyatipata* Until 1:12AM Sat Catuspada Until 6:48PM Chaturdashi* Until 8:37AM
	Kataka Rasi: 10.07 Tithi 29 – 30	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:17AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:11PM	Moon 7 - Phase 16 Amavasya
	Routine Work Marana Yoga 444342362	<b>Nataraja:</b> Clear Moon – Blue	<b>Devaloka Day</b> <b>Ashada-Adi</b>

<b>Retreat Star</b>	<b>Saturday, August 11, 2018</b>	Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau	Frederick, MD Sun 14 Sutra 118 Vilamba 5120
	Kataka Rasi: 25.14 Tithi 1	<b>Gulika</b> 5:18AM – 7:02AM <b>Yama</b> 1:58PM – 3:42PM <b>Rahu</b> 8:46AM – 10:30AM	<b>Ashlesha* Until 1:25PM</b> Variyan Until 9:10PM Kintughna Until 3:10PM Prathama* Until 1:24AM Sun
	445342362	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:18AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:10PM	Moon 7 - Phase 16 Prathama
	Routine Work Marana Yoga Until 1:25PM Then Creative Work - Amrita Yoga	<b>Nataraja:</b> Clear Moon – Blue	<b>Sivaloka Day</b> <b>Sravana-Adi</b>

**Partial Solar Eclipse**

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

<b>1 Sunday, August 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 119 Vilamba 5120
Simha Rasi: 10.16	Tithi 2	<b>Gulika</b> 3:41PM – 5:25PM	<b>Magha* Until 10:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:19AM	
		Yama 12:14PM – 1:57PM	Parigha* Until 5:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:09PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 5:25PM – 7:09PM	Balava Until 11:44AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Dvitiya Until 10:07PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 10:56AM				<b>Sravana-Adi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Monday, August 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau				Frederick, MD Sun 16 Sutra 120 Vilamba 5120
Simha Rasi: 25.03	Tithi 3	<b>Gulika</b> 1:57PM – 3:40PM	<b>Purvaphalguni Until 8:38AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:20AM	
<b>Family Home Evening</b>		Yama 10:30AM – 12:14PM	Shiva Until 1:49PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:07PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 7:03AM – 8:47AM	Taitila Until 8:39AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:16PM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Sravana-Adi</b>		

<b>3 Tuesday, August 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 17 Sutra 121 Vilamba 5120
Kanya Rasi: 9.29	Tithi 4 – 5	<b>Gulika</b> 12:13PM – 1:57PM	<b>Uttaraphalguni Until 6:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:21AM	
		Yama 8:47AM – 10:30AM	Siddha Until 10:44AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:06PM	Moon 7 - Phase 17
		455342362 <b>Rahu</b> 3:40PM – 5:23PM	Vanija Until 6:03AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 4:58PM</b>	Moon – Red		<b>Sivaloka Day</b>
Until 6:42AM				<b>Sravana-Adi</b>		<b>Tour Day</b>
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, August 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 18 Sutra 122 Vilamba 5120
Kanya Rasi: 23.3	Tithi 5 – 6	<b>Gulika</b> 10:30AM – 12:13PM	<b>Chitra Until 5:17AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:22AM	
		Yama 7:05AM – 8:47AM	Sadhya Until 8:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:05PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 12:13PM – 1:56PM	Kaulava Until 2:52AM Thu	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 3:22PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:17AM Thu		<b>Nag Panchami</b>		<b>Sravana-Adi</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, August 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 19 Sutra 123 Vilamba 5120
Tula Rasi: 7.04	Tithi 6 – 7	<b>Gulika</b> 8:48AM – 10:30AM	<b>Svati Until 5:30AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:23AM	
		Yama 5:23AM – 7:05AM	Subha Until 6:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM	Moon 7 - Phase 17
		465342362 <b>Rahu</b> 1:56PM – 3:38PM	Gara Until 2:26AM Fri	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 2:32PM</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 5:30AM Fri				<b>Sravana-Avani</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, August 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Vishti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 20 Sutra 124 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:06AM – 8:48AM	<b>Vishakha Until 6:49AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	
Tula Rasi: 20.1	Tithi 7 – 8	Yama 3:37PM – 5:20PM	Brahma Until 4:21AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:02PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 10:30AM – 12:13PM	Vishti Until 2:50AM Sat	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Saptami Until 2:31PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

<b>Saturday, August 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 21 Sutra 125 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 5:24AM – 7:06AM	<b>Vishakha Until 6:49AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	
Vrischika Rasi: 2.53	Tithi 8 – 9	Yama 1:55PM – 3:37PM	Indra Until 4:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM	Moon 7 - Phase 17
		575342362 <b>Rahu</b> 8:48AM – 10:31AM	Balava Until 3:58AM Sun	<b>Nataraja:</b> Clear		Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 3:17PM</b>	Moon – Orange		<b>Subha Sivaloka Day</b>
				<b>Sravana-Avani</b>		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

<b>1</b>		<b>Sunday, August 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 22 Sutra 126 Vilamba 5120
Wrischika Rasi: 15.17	Tithi 9 – 10	<b>Gulika</b> 3:36PM – 5:18PM	<b>Anuradha Until 8:42AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:25AM	
		Yama 12:12PM – 1:54PM	Vaidhriti* Until 4:42AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 5:18PM – 6:59PM	Taitila Until 5:44AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami* Until 4:45PM</b>	Moon – Orange		<b>Sivaloka Day</b>

<b>2</b>		<b>Monday, August 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau		Frederick, MD Sun 23 Sutra 127 Vilamba 5120
Wrischika Rasi: 27.25	Tithi 10	<b>Gulika</b> 1:54PM – 3:35PM	<b>Jyeshtha* Until 11:00AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:26AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:12PM	Vishkambha* Until 5:29AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:58PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 7:08AM – 8:49AM	Gara Until 6:47PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 6:47PM</b>	Moon – Orange		<b>Sivaloka Day</b>

<b>3</b>		<b>Tuesday, August 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD Sun 24 Sutra 128 Vilamba 5120
Dhanus Rasi: 9.21	Tithi 11	<b>Gulika</b> 12:12PM – 1:53PM	<b>Mula* Until 2:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	
		Yama 8:50AM – 10:31AM	Priti Until 6:31AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 3:34PM – 5:15PM	Vanija Until 7:58AM	<b>Nataraja:</b> Clear		4th Phase
Until 2:02PM			<b>Ekadashi Until 9:11PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana*Avani</b>		

<b>4</b>		<b>Wednesday, August 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau		Frederick, MD Sun 25 Sutra 129 Vilamba 5120
Dhanus Rasi: 21.11	Tithi 12	<b>Gulika</b> 10:31AM – 12:12PM	<b>Purvashadha* Until 5:08PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:28AM	
		Yama 7:09AM – 8:50AM	Priti Until 6:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:55PM	Moon 7 - Phase 18
Creative Work	Amrita Yoga	<b>Rahu</b> 12:12PM – 1:52PM	Bava Until 10:29AM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 11:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
				<b>Sravana*Avani</b>		

<b>5</b>		<b>Thursday, August 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 130 Vilamba 5120
Makara Rasi: 2.58	Tithi 13	<b>Gulika</b> 8:50AM – 10:31AM	<b>Uttarashadha Until 8:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:29AM	
		Yama 5:29AM – 7:10AM	Ayushman Until 7:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 1:52PM – 3:32PM	Kaulava Until 1:06PM	<b>Nataraja:</b> Clear		4th Phase
Until 8:07PM			<b>Trayodashi Until 2:22AM Fri</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Sravana*Avani</b>		
				<i>Pradosha Vrata</i>		

<b>6</b>		<b>Friday, August 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 131 Vilamba 5120
Makara Rasi: 14.46	Tithi 14	<b>Gulika</b> 7:10AM – 8:51AM	<b>Shravana Until 11:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:30AM	
		Yama 3:32PM – 5:12PM	Saubhagya Until 8:39AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Moon 7 - Phase 18
Routine Work	Marana Yoga	<b>Rahu</b> 10:31AM – 12:11PM	Gara Until 3:38PM	<b>Nataraja:</b> Clear		4th Phase
Until 11:19PM			<b>Chaturdashi* Until 4:49AM Sat</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Chidambaram Abhishekam</b>		<b>Sravana*Avani</b>		

<b>○</b>		<b>Saturday, August 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sutra 132 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 5:31AM – 7:11AM	<b>Dhanishtha Until 2:07AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:31AM	
Makara Rasi: 26.38	Tithi 15	Yama 1:51PM – 3:31PM	Sobhana Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 8:51AM – 10:31AM	Visti Until 5:58PM	<b>Nataraja:</b> Clear		Purnima
			<b>Purnima* Until 6:59AM Sun</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
		<b>Avani Avittam</b>		<b>Sravana*Avani</b>		

<b>○</b>		<b>Sunday, August 26, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD Sutra 133 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:30PM – 5:10PM	<b>Shatabhishak Until 4:25AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:32AM	
Kumbha Rasi: 9	Tithi 15 – 16	Yama 12:11PM – 1:50PM	Athiganda* Until 10:17AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 7 - Phase 18
Creative Work	Siddha Yoga	<b>Rahu</b> 5:10PM – 6:49PM	Balava Until 7:58PM	<b>Nataraja:</b> Clear		Prathama
Until 4:25AM Mon			<b>Purnima* Until 6:59AM</b>	Moon – Purple		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Sravana*Avani</b>		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018

Gold Retreat Star

Kumbha Rasi: 20.43 Tithi 16 – 17

Family Home Evening

Routine Work Marana Yoga

Until 6:39AM Tue

Then Creative Work - Amrita Yoga

Gulika

1:50PM – 3:29PM

Yama

10:31AM – 12:10PM

Rahu

7:12AM – 8:51AM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ganesh: White

Muruqa: Clear

Nataraja: Purple

Moon – Clear

Sravana-Avani

Sunrise: 5:33AM

Sunset: 6:48PM

Sivaloka Day

Frederick, MD

Sutra 134

Vilamba 5120

Moon 8 - Phase 19

1st Phase

1

Tuesday, August 28, 2018

Meena Rasi: 2.59 Tithi 17 – 18

Routine Work Marana Yoga

Until 6:39AM

Then Creative Work - Amrita Yoga

Gulika

12:10PM – 1:49PM

Yama

8:52AM – 10:31AM

Rahu

3:28PM – 5:07PM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\*Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Ganesh: Clear

Muruqa: Purple

Nataraja: Purple

Moon – Clear

Sravana-Avani

Sunrise: 5:34AM

Sunset: 6:46PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Frederick, MD

Sun 1 Sutra 135

Vilamba 5120

Moon 8 - Phase 19

1st Phase

2

Wednesday, August 29, 2018

Meena Rasi: 15.27 Tithi 18 – 19

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Marana Yoga

Gulika

10:31AM – 12:10PM

Yama

7:13AM – 8:52AM

Rahu

12:10PM – 1:48PM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada\*Revati Nakshatra Shula\*/Ganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Ganesh: Clear

Muruqa: Purple

Nataraja: Purple

Moon – Clear

Sravana-Avani

Sunrise: 5:35AM

Sunset: 6:45PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Frederick, MD

Sun 2 Sutra 136

Vilamba 5120

Moon 8 - Phase 19

1st Phase

3

Thursday, August 30, 2018

Meena Rasi: 28.07 Tithi 19 – 20

Creative Work Siddha Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

Gulika

8:52AM – 10:31AM

Yama

5:35AM – 7:14AM

Rahu

1:48PM – 3:26PM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Ganesh: Clear

Muruqa: Purple

Nataraja: Purple

Moon – Clear

Sravana-Avani

Sunrise: 5:35AM

Sunset: 6:43PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Frederick, MD

Sun 3 Sutra 137

Vilamba 5120

Moon 8 - Phase 19

1st Phase

4

Friday, August 31, 2018

Mesha Rasi: 11.01 Tithi 20 – 21

Creative Work Amrita Yoga

Until 10:16AM

Then Creative Work - Siddha Yoga

Gulika

7:15AM – 8:53AM

Yama

3:25PM – 5:04PM

Rahu

10:31AM – 12:09PM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ganesh: Purple

Muruqa: Purple

Nataraja: Purple

Moon – White

Sravana-Avani

Sunrise: 5:36AM

Sunset: 6:42PM

Bhuloka Day

Frederick, MD

Sun 4 Sutra 138

Vilamba 5120

Moon 8 - Phase 19

1st Phase

5

Saturday, September 1, 2018

Mesha Rasi: 24.08 Tithi 21 – 22

Creative Work Siddha Yoga

Until 10:32AM

Then Creative Work - Amrita Yoga

Gulika

5:37AM – 7:15AM

Yama

1:47PM – 3:24PM

Rahu

8:53AM – 10:31AM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Dhruva/Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Ganesh: Purple

Muruqa: Purple

Nataraja: Purple

Moon – White

Sravana-Avani

Sunrise: 5:37AM

Sunset: 6:40PM

Bhuloka Day

Frederick, MD

Sun 5 Sutra 139

Vilamba 5120

Moon 8 - Phase 19

1st Phase

D

Sunday, September 2, 2018

Retreat Star

Vrishabha Rasi: 7.32 Tithi 22 – 23

Creative Work Siddha Yoga

Gulika

3:23PM – 5:01PM

Yama

12:08PM – 1:46PM

Rahu

5:01PM – 6:39PM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Ganesh: Purple

Muruqa: Purple

Nataraja: Purple

Moon – White

Sravana-Avani

Sunrise: 5:38AM

Sunset: 6:39PM

Bhuloka Day

Frederick, MD

Sun 6 Sutra 140

Vilamba 5120

Moon 8 - Phase 19

Ashtami

Monday, September 3, 2018

Retreat Star

Vrishabha Rasi: 21.14 Tithi 23 – 24

Family Home Evening

Creative Work Amrita Yoga

Gulika

1:45PM – 3:23PM

Yama

10:31AM – 12:08PM

Rahu

7:16AM – 8:54AM

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Ganesh: White

Muruqa: Purple

Nataraja: Purple

Moon – Yellow

Sravana-Avani

Sunrise: 5:39AM

Sunset: 6:37PM

Devaloka Day

Frederick, MD

Sun 7 Sutra 141

Vilamba 5120

Moon 8 - Phase 19

Navami

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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<b>1</b>		<b>Tuesday, September 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau		Frederick, MD Sun 8 Sutra 142 Vilamba 5120	
Mithuna Rasi: 5.14	Tithi 24 – 25	<b>Gulika</b> 12:08PM – 1:45PM	<b>Mrigashira</b> Until 8:24AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:40AM		
		Yama 8:54AM – 10:31AM	Siddhi Until 10:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 20	
	538452363	<b>Rahu</b> 3:22PM – 4:59PM	Visti Until 4:33AM Wed	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 6:57AM	Moon – Yellow		<b>Devaloka Day</b>	
Until 8:24AM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, September 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 143 Vilamba 5120	
Mithuna Rasi: 19.32	Tithi 26	<b>Gulika</b> 10:31AM – 12:07PM	<b>Ardra</b> Until 6:37AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:41AM		
		Yama 7:18AM – 8:54AM	Vyatipata* Until 7:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 20	
	538452363	<b>Rahu</b> 12:07PM – 1:44PM	Bava Until 3:13PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 1:46AM Thu	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>3</b>		<b>Thursday, September 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 144 Vilamba 5120	
Kataka Rasi: 4.06	Tithi 27	<b>Gulika</b> 8:54AM – 10:31AM	<b>Pushya</b> Until 2:24AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM		
		Yama 5:42AM – 7:18AM	Variyan Until 3:27PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:32PM	Moon 8 - Phase 20	
	548452363	<b>Rahu</b> 1:43PM – 3:20PM	Kaulava Until 12:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 10:42PM	Moon – Blue		<b>Bhuloka Day</b>	
Until 2:24AM Fri				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Friday, September 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 145 Vilamba 5120	
Kataka Rasi: 18.52	Tithi 28	<b>Gulika</b> 7:19AM – 8:55AM	<b>Ashlesha*</b> Until 11:49PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:43AM		
		Yama 3:19PM – 4:55PM	Parigha* Until 11:43AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 20	
	548452363	<b>Rahu</b> 10:31AM – 12:07PM	Gara Until 9:07AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 7:28PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, September 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 12 Sutra 146 Vilamba 5120	
Simha Rasi: 3.44	Tithi 29 – 30	<b>Gulika</b> 5:44AM – 7:19AM	<b>Magha*</b> Until 9:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:44AM		
		Yama 1:42PM – 3:18PM	Shiva Until 7:56AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 20	
	558452363	<b>Rahu</b> 8:55AM – 10:31AM	Catuspada Until 2:35AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 4:11PM	Moon – Red		<b>Bhuloka Day</b>	
Until 9:28PM				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Siddha Yoga							

<b>●</b>		<b>Sunday, September 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 13 Sutra 147 Vilamba 5120	
<b>Retreat Star</b>		<b>Gulika</b> 3:17PM – 4:52PM	<b>Purvaphalguni</b> Until 7:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:45AM		
Simha Rasi: 18.35	Tithi 30 – 1	Yama 12:06PM – 1:41PM	Sadhya Until 12:32AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 20	
		<b>Rahu</b> 4:52PM – 6:28PM	Kintughna Until 11:31PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 1:00PM	Moon – Red		<b>Bhuloka Day</b>	
Until 7:08PM				<b>Sravana-Avani</b>		<b>Devaloka Time: 9:AM to12:PM</b>	
Then Creative Work - Amrita Yoga							
		<b>Grandparent's Day</b>					

<b>Monday, September 10, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 14 Sutra 148 Vilamba 5120	
Kanya Rasi: 3.16	Tithi 1 – 2	<b>Gulika</b> 1:41PM – 3:16PM	<b>Uttaraphalguni</b> Until 4:58PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:45AM		
<b>Family Home Evening</b>		Yama 10:31AM – 12:06PM	Subha Until 9:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 20	
	559452363	<b>Rahu</b> 7:20AM – 8:56AM	Balava Until 8:46PM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 10:04AM	Moon – Red		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Tuesday, September 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Frederick, MD Sun 15 Sutra 149 Vilamba 5120
	Kanya Rasi: 17.41	Tithi 2 – 3	<b>Gulika</b> 12:05PM – 1:40PM	<b>Hasta</b> <b>Until 3:33PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:46AM	
			Yama 8:56AM – 10:31AM	Sukla <b>Until 6:17PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 3:15PM – 4:50PM	Taitila <b>Until 6:31PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> <b>Until 7:34AM</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Wednesday, September 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau				Frederick, MD Sun 16 Sutra 150 Vilamba 5120
	Tula Rasi: 1.44	Tithi 4	<b>Gulika</b> 10:31AM – 12:05PM	<b>Chitra</b> <b>Until 2:35PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:47AM	
			Yama 7:22AM – 8:56AM	Brahma <b>Until 3:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	569452363 <b>Rahu</b> 12:05PM – 1:39PM	Vanija <b>Until 4:54PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Ganesh Chaturthi</b>	<b>Chaturthi* Until 4:21AM Thu</b>	Moon – Green	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>			

3	<b>Thursday, September 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 17 Sutra 151 Vilamba 5120
	Tula Rasi: 15.21	Tithi 5	<b>Gulika</b> 8:56AM – 10:31AM	<b>Svati</b> <b>Until 2:12PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:48AM	
			Yama 5:48AM – 7:22AM	Indra <b>Until 2:04PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:21PM	Moon 8 - Phase 21
	Creative Work	Amrita Yoga	569552363 <b>Rahu</b> 1:39PM – 3:13PM	Bava <b>Until 4:02PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Panchami</b> <b>Until 3:53AM Fri</b>	Moon – Green		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to 12:PM	

4	<b>Friday, September 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 18 Sutra 152 Vilamba 5120
	Tula Rasi: 28.32	Tithi 6	<b>Gulika</b> 7:23AM – 8:57AM	<b>Vishakha</b> <b>Until 2:56PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:49AM	
			Yama 3:12PM – 4:46PM	Vaidhriti* <b>Until 12:53PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 10:30AM – 12:04PM	Kaulava <b>Until 3:59PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi* Until 4:15AM Sat</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

5	<b>Saturday, September 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau				Frederick, MD Sun 19 Sutra 153 Vilamba 5120
	Vrischika Rasi: 11.17	Tithi 7	<b>Gulika</b> 5:50AM – 7:23AM	<b>Anuradha</b> <b>Until 4:18PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	
			Yama 1:37PM – 3:11PM	Vishkambha* <b>Until 12:22PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 21
	Creative Work	Siddha Yoga	579552363 <b>Rahu</b> 8:57AM – 10:30AM	Gara <b>Until 4:46PM</b>	<b>Nataraja:</b> Purple		3rd Phase
			<b>Saptami</b> <b>Until 5:25AM Sun</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

D	<b>Sunday, September 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau				Frederick, MD Sun 20 Sutra 154 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 3:10PM – 4:43PM	<b>Jyeshtha* Until 6:14PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:51AM	
	Vrischika Rasi: 23.41	Tithi 8	Yama 12:04PM – 1:37PM	Priti <b>Until 12:27PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 21
			579552363 <b>Rahu</b> 4:43PM – 6:16PM	Visti <b>Until 6:17PM</b>	<b>Nataraja:</b> Purple		Ashtami
			<b>Ashtami* Until 7:16AM Mon</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Bhadrapada-Puratasi</b>			

D	<b>Monday, September 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 21 Sutra 155 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 1:36PM – 3:09PM	<b>Mula* Until 9:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	
	Dhanus Rasi: 5.49	Tithi 8 – 9	Yama 10:30AM – 12:03PM	Ayushman <b>Until 12:59PM</b>	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 21
	<b>Family Home Evening</b>		589552363 <b>Rahu</b> 7:25AM – 8:57AM	Balava <b>Until 8:24PM</b>	<b>Nataraja:</b> Purple		Navami
			<b>Ashtami* Until 7:16AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		Devaloka Time: 9:AM to 12:PM	

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, September 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 22 Sutra 156 Vilamba 5120	
Dhanus Rasi: 17.44	Tithi 9 – 10	<b>Gulika</b> 12:03PM – 1:35PM	<b>Purvashadha* Until 12:06AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:53AM		
		Yama 8:58AM – 10:30AM	Saubhagya Until 1:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM		Moon 8 - Phase 22
	581552363	<b>Rahu</b> 3:08PM – 4:40PM	Taitila Until 10:54PM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 9:36AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 12:06AM Wed						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, September 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 23 Sutra 157 Vilamba 5120	
Dhanus Rasi: 29.34	Tithi 10 – 11	<b>Gulika</b> 10:30AM – 12:02PM	<b>Uttarashadha Until 3:04AM Thu</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM		
		Yama 7:26AM – 8:58AM	Sobhana Until 2:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM		Moon 8 - Phase 22
	581552363	<b>Rahu</b> 12:02PM – 1:35PM	Vanija Until 1:32AM Thu	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 12:12PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 3:04AM Thu						<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Thursday, September 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 24 Sutra 158 Vilamba 5120	
Makara Rasi: 11.21	Tithi 11 – 12	<b>Gulika</b> 8:58AM – 10:30AM	<b>Shravana Until 6:16AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM		
		Yama 5:55AM – 7:26AM	Athiganda* Until 3:58PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 1:34PM – 3:06PM	Bava Until 4:04AM Fri	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 2:48PM</b>	Moon – Purple		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

<b>4</b>		<b>Friday, September 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 25 Sutra 159 Vilamba 5120	
Makara Rasi: 23.11	Tithi 12 – 13	<b>Gulika</b> 7:27AM – 8:59AM	<b>Shravana Until 6:16AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:55AM		
		Yama 3:05PM – 4:37PM	Sukarma Until 4:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:08PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 10:30AM – 12:02PM	Kaulava Until 6:19AM Sat	<b>Nataraja:</b> Purple			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 5:13PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 6:16AM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

*Pradosha Vrata*

<b>5</b>		<b>Saturday, September 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 160 Vilamba 5120	
Kumbha Rasi: 5.08	Tithi 13	<b>Gulika</b> 5:56AM – 7:28AM	<b>Dhanishtha Until 9:01AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:56AM		
		Yama 1:33PM – 3:04PM	Dhriti Until 5:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:06PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 8:59AM – 10:30AM	Kaulava Until 6:19AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:16PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Until 9:01AM		<b>Chidambaram Abhishekam</b>				<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Amrita Yoga		<b>Kadaitswami Mahasamadhi</b>					

<b>6</b>		<b>Sunday, September 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 161 Vilamba 5120	
Kumbha Rasi: 17.16	Tithi 14	<b>Gulika</b> 3:03PM – 4:34PM	<b>Shatabhishak Until 11:11AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:57AM		
		Yama 12:01PM – 1:32PM	Shula* Until 5:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:05PM		Moon 8 - Phase 22
	591552363	<b>Rahu</b> 4:34PM – 6:05PM	Gara Until 8:09AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:51PM</b>	Moon – Purple		<b>Devaloka Day</b>	
						<b>Bhadrapada-Puratasi</b>	

<b>○</b>		<b>Monday, September 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sun 28 Sutra 162 Vilamba 5120	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:31PM – 3:02PM	<b>Purvaproshtapada* Until 1:11PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:58AM		
Kumbha Rasi: 29.35	Tithi 15	Yama 10:30AM – 12:01PM	Ganda* Until 5:34PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:03PM		Moon 8 - Phase 22
<b>Family Home Evening</b>	511552363	<b>Rahu</b> 7:29AM – 8:59AM	Visti Until 9:28AM	<b>Nataraja:</b> Purple			Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 9:55PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 1:11PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, September 25, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sun 29 Sutra 163 Vilamba 5120	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:00PM – 1:31PM	<b>Uttaraproshtapada Until 2:31PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:59AM		
Meena Rasi: 12.08	Tithi 16	Yama 9:00AM – 10:30AM	Vridhi Until 5:02PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM		Moon 8 - Phase 22
	511552363	<b>Rahu</b> 3:01PM – 4:31PM	Balava Until 10:16AM	<b>Nataraja:</b> Purple			Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 10:28PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 2:31PM						<b>Bhadrapada-Puratasi</b>	
Then Creative Work - Siddha Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sun 1 Sutra 164

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Meena Rasi: 24.55 Tithi 17

511552363 Rahu

Gulika 10:30AM - 12:00PM  
Yama 7:30AM - 9:00AM  
Rahu 12:00PM - 1:30PM

Revati Until 3:14PM  
Dhruva Until 4:06PM  
Tailila Until 10:35AM  
Dvitiya Until 10:33PM

Ganesha: Purple Sunrise: 6:00AM  
Muruga: Purple Sunset: 6:00PM  
Nataraja: Purple  
Moon - Clear  
Bhadrapada-Puratasi

Devaloka Day

Routine Work Marana Yoga

Thursday, September 27, 2018

1

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\*/Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD

Sun 2 Sutra 165

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 7.56 Tithi 18

621552363 Rahu

Gulika 9:00AM - 10:30AM  
Yama 6:01AM - 7:31AM  
Rahu 1:29PM - 2:59PM

Ashvini Until 3:50PM  
Vyaghata\* Until 2:51PM  
Vanija Until 10:28AM  
Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 6:01AM  
Muruga: Purple Sunset: 5:58PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

Friday, September 28, 2018

2

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Chaturtham Titau

Frederick, MD

Sun 3 Sutra 166

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mesha Rasi: 21.08 Tithi 19

622552363 Rahu

Gulika 7:31AM - 9:01AM  
Yama 2:58PM - 4:27PM  
Rahu 10:30AM - 11:59AM

Bharani Until 3:55PM  
Harshana Until 1:19PM  
Bava Until 9:57AM  
Chaturthi\* Until 9:33PM

Ganesha: Clear Sunrise: 6:02AM  
Muruga: Purple Sunset: 5:57PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Saturday, September 29, 2018

3

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Frederick, MD

Sun 4 Sutra 167

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 4.32 Tithi 20

622552363 Rahu

Gulika 6:03AM - 7:32AM  
Yama 1:28PM - 2:57PM  
Rahu 9:01AM - 10:30AM

Krittika Until 3:32PM  
Vajra\* Until 11:29AM  
Kaulava Until 9:06AM  
Panchami Until 8:33PM

Ganesha: Clear Sunrise: 6:03AM  
Muruga: Purple Sunset: 5:55PM  
Nataraja: Purple  
Moon - White  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Sunday, September 30, 2018

4

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

Frederick, MD

Sun 5 Sutra 168

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Virshabha Rasi: 18.06 Tithi 21

632552363 Rahu

Gulika 2:56PM - 4:25PM  
Yama 11:59AM - 1:27PM  
Rahu 4:25PM - 5:54PM

Rohini Until 3:09PM  
Siddhi Until 9:26AM  
Gara Until 7:57AM  
Shashthi\* Until 7:15PM

Ganesha: Purple Sunrise: 6:04AM  
Muruga: Purple Sunset: 5:54PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Monday, October 1, 2018

5

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Varyan Yoga Visti\*/Balava Karana Sapthami/Ashlamyam Titau

Frederick, MD

Sun 6 Sutra 169

Vilamba 5120

Moon 9 - Phase 23

1st Phase

Mithuna Rasi: 1.5 Tithi 22 - 23

632552363 Rahu

Gulika 1:27PM - 2:55PM  
Yama 10:30AM - 11:58AM  
Rahu 7:33AM - 9:02AM

Mrigashira Until 2:21PM  
Vyatipata\* Until 7:09AM  
Visti Until 6:31AM  
Saptami Until 5:40PM

Ganesha: Purple Sunrise: 6:05AM  
Muruga: Purple Sunset: 5:52PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

Tuesday, October 2, 2018

D

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 7 Sutra 170

Vilamba 5120

Moon 9 - Phase 23

Ashtami

Mithuna Rasi: 15.45 Tithi 23 - 24

632552363 Rahu

Gulika 11:58AM - 1:26PM  
Yama 9:02AM - 10:30AM  
Rahu 2:54PM - 4:22PM

Ardra Until 1:07PM  
Parigha\* Until 1:54AM Wed  
Tailila Until 2:49AM Wed  
Ashtami\* Until 3:49PM

Ganesha: Purple Sunrise: 6:06AM  
Muruga: Purple Sunset: 5:50PM  
Nataraja: Purple  
Moon - Yellow  
Bhadrapada-Puratasi

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 8 Sutra 171

Vilamba 5120

Moon 9 - Phase 23

Navami

Mithuna Rasi: 29.5 Tithi 24 - 25

642552363 Rahu

Gulika 10:30AM - 11:58AM  
Yama 7:34AM - 9:02AM  
Rahu 11:58AM - 1:25PM

Punarvasu Until 11:54AM  
Shiva Until 10:58PM  
Vanija Until 12:35AM Thu  
Navami\* Until 1:42PM

Ganesha: Clear Sunrise: 6:07AM  
Muruga: Purple Sunset: 5:49PM  
Nataraja: Purple  
Moon - Blue  
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<b>1</b>		<b>Thursday, October 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 172 Vilamba 5120	
Kataka Rasi: 14.04	Tithi 25 – 26	<b>Gulika</b> 9:03AM – 10:30AM	<b>Pushya</b> <b>Until 10:19AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM
		Yama 6:08AM – 7:35AM	Siddha Until 7:50PM	<b>Nataraja:</b> Purple		Moon – Blue	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 1:25PM – 2:52PM	Bava Until 10:08PM	<b>Devaloka Day</b>		<b>Bhadrapada•Puratasi</b>	2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> <b>Until 11:21AM</b>	<b>Devaloka Time: 6:AM to 9:AM</b>			
Until 10:19AM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, October 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 10 Sutra 173 Vilamba 5120	
Kataka Rasi: 28.28	Tithi 26 – 27	<b>Gulika</b> 7:36AM – 9:03AM	<b>Ashlesha*</b> <b>Until 8:24AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:09AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM
		Yama 2:51PM – 4:19PM	Sadhya Until 4:36PM	<b>Nataraja:</b> Purple		Moon – Blue	Moon 9 - Phase 24
		642552363 <b>Rahu</b> 10:30AM – 11:57AM	Kaulava Until 7:32PM	<b>Devaloka Day</b>		<b>Bhadrapada•Puratasi</b>	2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> <b>Until 8:49AM</b>	<b>Devaloka Time: 6:AM to 9:AM</b>			

<b>3</b>		<b>Saturday, October 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 11 Sutra 174 Vilamba 5120	
Simha Rasi: 12.55	Tithi 27 – 28	<b>Gulika</b> 6:10AM – 7:36AM	<b>Magha*</b> <b>Until 6:40AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM
		Yama 1:24PM – 2:50PM	Subha Until 1:18PM	<b>Nataraja:</b> Purple		Moon – Red	Moon 9 - Phase 24
		652552363 <b>Rahu</b> 9:03AM – 10:30AM	Vanija Until 3:33AM Sun	<b>Devaloka Day</b>		<b>Bhadrapada•Puratasi</b>	2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 6:11AM</b>	<b>Devaloka Time: 6:PM to 9:PM</b>			
Until 6:40AM							
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Sunday, October 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 175 Vilamba 5120	
Simha Rasi: 27.23	Tithi 29	<b>Gulika</b> 2:50PM – 4:16PM	<b>Uttaraphalguni</b> <b>Until 2:53AM Mon</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:43PM
		Yama 11:57AM – 1:23PM	Sukla Until 10:01AM	<b>Nataraja:</b> Clear		Moon – Red	Moon 9 - Phase 24
		652552364 <b>Rahu</b> 4:16PM – 5:43PM	Visti Until 2:17PM	<b>Devaloka Day</b>		<b>Bhadrapada•Puratasi</b>	2nd Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> <b>Until 1:02AM Mon</b>	<b>Devaloka Time: 6:PM to 9:PM</b>			
Until 2:53AM Mon							
Then Creative Work - Siddha Yoga							

<b>Monday, October 8, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 13 Sutra 176 Vilamba 5120	
Kanya Rasi: 11.46	Tithi 30	<b>Gulika</b> 1:22PM – 2:49PM	<b>Hasta</b> <b>Until 1:32AM Tue</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:41PM
<b>Family Home Evening</b>		Yama 10:30AM – 11:56AM	Brahma Until 6:52AM	<b>Nataraja:</b> Clear		Moon – Green	Moon 9 - Phase 24
		662652364 <b>Rahu</b> 7:38AM – 9:04AM	Catuspada Until 11:52AM	<b>Devaloka Day</b>		<b>Bhadrapada•Puratasi</b>	Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 10:46PM</b>	<b>Devaloka Time: 6:PM to 9:PM</b>			

<b>Tuesday, October 9, 2018</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 14 Sutra 177 Vilamba 5120	
Kanya Rasi: 25.56	Tithi 1	<b>Gulika</b> 11:56AM – 1:22PM	<b>Chitra</b> <b>Until 12:28AM Wed</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:39PM
		Yama 9:04AM – 10:30AM	Vaidhriti* Until 1:25AM Wed	<b>Nataraja:</b> Clear		Moon – Green	Moon 9 - Phase 24
		662652364 <b>Rahu</b> 2:48PM – 4:14PM	Kintughna Until 9:48AM	<b>Devaloka Day</b>		<b>Ashvina•Puratasi</b>	Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 8:54PM</b>	<b>Devaloka Time: 6:PM to 9:PM</b>			

1	<b>Wednesday, October 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 178 Vilamba 5120
	Tula Rasi: 9.49	Tithi 2	<b>Gulika</b> 10:30AM – 11:56AM	<b>Svati</b> Until 11:49PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:13AM	
			Yama 7:39AM – 9:05AM	Vishkambha* Until 11:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:38PM	Moon 9 - Phase 25
	662652364		<b>Rahu</b> 11:56AM – 1:21PM	Balava Until 8:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 7:36PM	Moon – Green		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

2	<b>Thursday, October 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 16 Sutra 179 Vilamba 5120
	Tula Rasi: 23.21	Tithi 3	<b>Gulika</b> 9:05AM – 10:30AM	<b>Vishakha</b> Until 12:08AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:14AM	
			Yama 6:14AM – 7:40AM	Priti Until 9:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:36PM	Moon 9 - Phase 25
	672652364		<b>Rahu</b> 1:21PM – 2:46PM	Taitila Until 7:12AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 6:57PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashvina+Puratasi</b>			

3	<b>Friday, October 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthiyam Titau				Frederick, MD Sun 17 Sutra 180 Vilamba 5120
	Vrischika Rasi: 6.3	Tithi 4	<b>Gulika</b> 7:40AM – 9:05AM	<b>Anuradha</b> Until 1:03AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	
			Yama 2:45PM – 4:10PM	Ayushman Until 8:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:35PM	Moon 9 - Phase 25
	673652364		<b>Rahu</b> 10:30AM – 11:55AM	Vanija Until 6:56AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 7:04PM	Moon – Orange		<b>Bhuloka Day</b>	
				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	

4	<b>Saturday, October 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 18 Sutra 181 Vilamba 5120
	Vrischika Rasi: 19.16	Tithi 5	<b>Gulika</b> 6:16AM – 7:41AM	<b>Jyeshtha*</b> Until 2:33AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	
			Yama 1:20PM – 2:44PM	Saubhagya Until 8:28PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:33PM	Moon 9 - Phase 25
	673652364		<b>Rahu</b> 9:06AM – 10:30AM	Bava Until 7:27AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 7:58PM	Moon – Orange		<b>Bhuloka Day</b>	
Until 2:33AM Sun				<b>Ashvina+Puratasi</b>		Devaloka Time: 6:PM to 9:PM	
Then Creative Work - Amrita Yoga							

5	<b>Sunday, October 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthiyam Titau				Frederick, MD Sun 19 Sutra 182 Vilamba 5120
	Dhanus Rasi: 1.4	Tithi 6	<b>Gulika</b> 2:43PM – 4:08PM	<b>Mula*</b> Until 5:03AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:17AM	
			Yama 11:55AM – 1:19PM	Sobhana Until 8:41PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:32PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 4:08PM – 5:32PM	Kaulava Until 8:43AM	<b>Nataraja:</b> Clear		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 9:36PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 5:03AM Mon				<b>Ashvina+Puratasi</b>			
Then Routine Work - Marana Yoga							

6	<b>Monday, October 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 183 Vilamba 5120
	Dhanus Rasi: 13.47	Tithi 7	<b>Gulika</b> 1:19PM – 2:43PM	<b>Purvashadha*</b> Until 7:54AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	
			Yama 10:30AM – 11:54AM	Athiganda* Until 9:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:31PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 7:42AM – 9:06AM	Gara Until 10:40AM	<b>Nataraja:</b> Clear		3rd Phase
Routine Work	Marana Yoga		<b>Saptami</b> Until 11:49PM	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM Tue				<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Tuesday, October 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 21 Sutra 184 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 11:54AM – 1:18PM	<b>Purvashadha*</b> Until 7:54AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	
	Dhanus Rasi: 25.43	Tithi 8	Yama 9:07AM – 10:31AM	Sukarma Until 10:15PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:29PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 2:42PM – 4:05PM	Visti Until 1:05PM	<b>Nataraja:</b> Clear		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 2:23AM Wed	Moon – Light Blue		<b>Devaloka Day</b>	
Until 7:54AM		<b>Durga Ashtami</b>		<b>Ashvina+Puratasi</b>			
Then Routine Work - Prabalarishta Yoga							

D	<b>Wednesday, October 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 22 Sutra 185 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 10:31AM – 11:54AM	<b>Uttarashadha</b> Until 10:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	
	Makara Rasi: 7.32	Tithi 9	Yama 7:44AM – 9:07AM	Dhriti Until 11:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:28PM	Moon 9 - Phase 25
	683652364		<b>Rahu</b> 11:54AM – 1:17PM	Balava Until 3:44PM	<b>Nataraja:</b> Clear		Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 5:02AM Thu	Moon – Light Blue		<b>Devaloka Day</b>	
Until 10:49AM		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina+Puratsi</b>			
Then Creative Work - Siddha Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>	<b>Thursday, October 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 186 Vilamba 5120
	Makara Rasi: 19.2	Tithi 10	<b>Gulika</b> 9:08AM – 10:31AM	<b>Shravana Until 2:05PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	
			Yama 6:22AM – 7:45AM	Shula* Until 12:12AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 26
	693652364	<b>Rahu</b> 1:17PM – 2:40PM		Taitila Until 6:20PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Vijaya Dasami</b>	<b>Dashami Until 7:30AM Fri</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM	

<b>2</b>	<b>Friday, October 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 187 Vilamba 5120
	Kumbha Rasi: 1.13	Tithi 10 – 11	<b>Gulika</b> 7:45AM – 9:08AM	<b>Dhanishtha Until 4:55PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:23AM	
			Yama 2:39PM – 4:02PM	Ganda* Until 12:52AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 9 - Phase 26
	693652364	<b>Rahu</b> 10:31AM – 11:54AM		Vanija Until 8:37PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 7:30AM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>3</b>	<b>Saturday, October 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 188 Vilamba 5120
	Kumbha Rasi: 13.14	Tithi 11 – 12	<b>Gulika</b> 6:24AM – 7:46AM	<b>Shatabhishak Until 7:09PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	
			Yama 1:16PM – 2:38PM	Vriddhi Until 1:09AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 26
	693652364	<b>Rahu</b> 9:09AM – 10:31AM		Bava Until 10:25PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 9:34AM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
Until 7:09PM							
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, October 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 189 Vilamba 5120
	Kumbha Rasi: 25.28	Tithi 12 – 13	<b>Gulika</b> 2:38PM – 4:00PM	<b>Purvaproshtapada* Until 9:07PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	
			Yama 11:53AM – 1:16PM	Dhruva Until 12:56AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 9 - Phase 26
	613652364	<b>Rahu</b> 4:00PM – 5:22PM		Kaulava Until 11:36PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 11:04AM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		
Until 9:07PM							
Then Creative Work - Amrita Yoga							
						<i>Pradosha Vrata</i>	

<b>5</b>	<b>Monday, October 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 190 Vilamba 5120
	Meena Rasi: 7.59	Tithi 13 – 14	<b>Gulika</b> 1:15PM – 2:37PM	<b>Uttaraproshtapada Until 10:19PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	
			Yama 10:31AM – 11:53AM	Vyaghata* Until 12:14AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 26
	613652364	<b>Rahu</b> 7:48AM – 9:09AM		Gara Until 12:08AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 11:56AM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

	<b>Tuesday, October 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sutra 191 Vilamba 5120
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:53AM – 1:15PM	<b>Revati Until 10:44PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	
	Meena Rasi: 20.47	Tithi 14 – 15	Yama 9:10AM – 10:31AM	Harshana Until 11:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 26
	613652364	<b>Rahu</b> 2:36PM – 3:58PM		Visti Until 12:04AM Wed	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:09PM</b>	<b>Ashvina•Aipasi</b>	<b>Bhuloka Day</b> Devaloka Time: 6:PM to 9:PM		

<b>○</b>	<b>Wednesday, October 24, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sutra 192 Vilamba 5120
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:32AM – 11:53AM	<b>Ashvini Until 10:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	
	Mesha Rasi: 3.54	Tithi 15 – 16	Yama 7:49AM – 9:10AM	Vajra* Until 9:25PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 26
	623652364	<b>Rahu</b> 11:53AM – 1:14PM		Balava Until 11:26PM	<b>Nataraja:</b> Clear		Prathama
Routine Work	Marana Yoga		<b>Purnima* Until 11:47AM</b>	<b>Ashvina•Aipasi</b>	<b>Devaloka Day</b>		
Until 10:56PM							
Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda





Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 193

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

**Gulika** 9:11AM - 10:32AM  
Yama 6:29AM - 7:50AM  
**Rahu** 1:14PM - 2:35PM

**Bharani** Until 10:32PM  
Siddhi Until 7:27PM  
Taitila Until 10:21PM  
**Prathama\*** Until 10:56AM

**Ganesha:** Clear *Sunrise:* 6:29AM  
**Muruqa:** Purple *Sunset:* 5:17PM  
**Nataraja:** Clear  
Moon - White

**Devaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 194

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

**Gulika** 7:51AM - 9:11AM  
Yama 2:34PM - 3:55PM  
**Rahu** 10:32AM - 11:53AM

**Krittika** Until 9:40PM  
Vyatipata\* Until 5:11PM  
Vanija Until 8:56PM  
**Dvitiya** Until 9:40AM

**Ganesha:** White *Sunrise:* 6:30AM  
**Muruqa:** Purple *Sunset:* 5:15PM  
**Nataraja:** Clear  
Moon - White

**Sivaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Siddha Yoga

Until 9:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 195

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

**Gulika** 6:31AM - 7:51AM  
Yama 1:13PM - 2:33PM  
**Rahu** 9:12AM - 10:32AM

**Rohini** Until 8:50PM  
Variyan Until 2:42PM  
Bava Until 7:17PM  
**Tritiya** Until 8:07AM

**Ganesha:** Clear *Sunrise:* 6:31AM  
**Muruqa:** Purple *Sunset:* 5:14PM  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 196

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

**Gulika** 2:33PM - 3:53PM  
Yama 11:53AM - 1:13PM  
**Rahu** 3:53PM - 5:13PM

**Mrigashira** Until 7:44PM  
Parigha\* Until 12:06PM  
Taitila Until 4:31AM Mon  
**Chaturthi\*** Until 6:23AM

**Ganesha:** Clear *Sunrise:* 6:32AM  
**Muruqa:** Purple *Sunset:* 5:13PM  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 4 Sutra 197

Mithuna Rasi: 12.4 Tithi 21

634652364

Family Home Evening

**Gulika** 1:12PM - 2:32PM  
Yama 10:33AM - 11:52AM  
**Rahu** 7:53AM - 9:13AM

**Ardra** Until 6:23PM  
Shiva Until 9:25AM  
Gara Until 3:35PM  
**Shashthi\*** Until 2:36AM Tue

**Ganesha:** Clear *Sunrise:* 6:33AM  
**Muruqa:** Purple *Sunset:* 5:12PM  
**Nataraja:** Clear  
Moon - Yellow

**Devaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 5 Sutra 198

Mithuna Rasi: 26.42 Tithi 22

644662364

**Gulika** 11:52AM - 1:12PM  
Yama 9:13AM - 10:33AM  
**Rahu** 2:31PM - 3:51PM

**Punarvasu** Until 5:17PM  
Siddha Until 6:40AM  
Visti Until 1:38PM  
**Saptami** Until 12:38AM Wed

**Ganesha:** Purple *Sunrise:* 6:34AM  
**Muruqa:** Clear *Sunset:* 5:10PM  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Moon 10 - Phase 27  
1st Phase

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 199

Kataka Rasi: 10.46 Tithi 23

644662364

**Gulika** 10:33AM - 11:52AM  
Yama 7:55AM - 9:14AM  
**Rahu** 11:52AM - 1:12PM

**Pushya** Until 4:01PM  
Subha Until 1:09AM Thu  
Balava Until 11:40AM  
**Ashtami\*** Until 10:39PM

**Ganesha:** Purple *Sunrise:* 6:35AM  
**Muruqa:** Clear *Sunset:* 5:09PM  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Moon 10 - Phase 27  
Ashtami

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7 Sutra 200

Kataka Rasi: 24.51 Tithi 24

644662364

**Gulika** 9:14AM - 10:33AM  
Yama 6:37AM - 7:55AM  
**Rahu** 1:11PM - 2:30PM

**Ashlesha\*** Until 2:36PM  
Sukla Until 10:21PM  
Taitila Until 9:41AM  
**Navami\*** Until 8:40PM

**Ganesha:** Purple *Sunrise:* 6:37AM  
**Muruqa:** Clear *Sunset:* 5:08PM  
**Nataraja:** Clear  
Moon - Blue

**Subha Sivaloka Day**

Moon 10 - Phase 27  
Navami

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, November 2, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD
Simha Rasi: 8.56	Tithi 25	654662364	<b>Gulika</b> 7:56AM – 9:15AM <b>Yama</b> 2:30PM – 3:48PM <b>Rahu</b> 10:34AM – 11:52AM	<b>Magha* Until 1:29PM</b> Brahma Until 7:34PM Vanija Until 7:42AM <b>Dashami Until 6:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:38AM <b>Sunset:</b> 5:07PM	Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Routine Work	Marana Yoga							<b>Sivaloka Day</b>
Until 1:29PM								
Then Creative Work - Siddha Yoga								

<b>2</b>		<b>Saturday, November 3, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Frederick, MD
Simha Rasi: 23	Tithi 26 – 27	654762364	<b>Gulika</b> 6:39AM – 7:57AM <b>Yama</b> 1:11PM – 2:29PM <b>Rahu</b> 9:16AM – 10:34AM	<b>Purvaphalguni Until 12:14PM</b> Indra Until 4:51PM Kaulava Until 3:52AM Sun <b>Ekadashi* Until 4:46PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:39AM <b>Sunset:</b> 5:06PM	Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Creative Work	Siddha Yoga							<b>Devaloka Day</b>
Until 12:14PM								
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Sunday, November 4, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Frederick, MD
Kanya Rasi: 7.01	Tithi 27 – 28	654762364	<b>Gulika</b> 2:29PM – 3:47PM <b>Yama</b> 11:52AM – 1:10PM <b>Rahu</b> 3:47PM – 5:05PM	<b>Uttaraphalguni Until 10:57AM</b> Vaidhriti* Until 2:11PM Gara Until 2:07AM Mon <b>Dvadashi* Until 2:57PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 6:40AM <b>Sunset:</b> 5:05PM	Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Creative Work	Amrita Yoga							<b>Devaloka Day</b>
Until 10:07AM								
Then Routine Work - Prabalarishta Yoga								
<i>Pradosha Vrata (Fasting)</i>								

<b>4</b>		<b>Monday, November 5, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD
Kanya Rasi: 20.57	Tithi 28 – 29	664762364	<b>Gulika</b> 1:10PM – 2:28PM <b>Yama</b> 10:35AM – 11:52AM <b>Rahu</b> 7:59AM – 9:17AM	<b>Hasta Until 10:07AM</b> Vishkambha* Until 11:40AM Visti Until 12:37AM Tue <b>Trayodashi* Until 1:19PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:41AM <b>Sunset:</b> 5:04PM	Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase	
Family Home Evening	Siddha Yoga							<b>Devaloka Day</b>
Until 10:07AM								<b>Tour Day</b>
Then Routine Work - Prabalarishta Yoga								
<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>								

<b>Retreat Star</b>		<b>Tuesday, November 6, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD
Tula Rasi: 4.43	Tithi 29 – 30	664762364	<b>Gulika</b> 11:52AM – 1:10PM <b>Yama</b> 9:17AM – 10:35AM <b>Rahu</b> 2:28PM – 3:45PM	<b>Chitra Until 9:24AM</b> Priti Until 9:24AM Catuspada Until 11:28PM <b>Chaturdashi* Until 11:58AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:42AM <b>Sunset:</b> 5:03PM	Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya	
Creative Work	Siddha Yoga							<b>Devaloka Day</b>
Until 10:07AM								

<b>Retreat Star</b>		<b>Wednesday, November 7, 2018</b>				Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD
Tula Rasi: 18.16	Tithi 30 – 1	765762364	<b>Gulika</b> 10:35AM – 11:52AM <b>Yama</b> 8:01AM – 9:18AM <b>Rahu</b> 11:52AM – 1:10PM	<b>Svati Until 8:56AM</b> Ayushman Until 7:25AM Kintughna Until 10:46PM <b>Amavasya* Until 11:02AM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 6:43AM <b>Sunset:</b> 5:02PM	Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama	
Creative Work	Siddha Yoga							<b>Sivaloka Day</b>
Until 10:07AM								
<b>Skanda Shasthi Begins</b>								

<b>1</b>		<b>Thursday, November 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD Sun 14 Sutra 207 Vilamba 5120
Vrischika Rasi: 1.32	Tithi 1 – 2	<b>Gulika</b> 9:18AM – 10:35AM	<b>Vishakha</b> Until 9:16AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:44AM			
		<b>Yama</b> 6:44AM – 8:01AM	Sobhana Until 4:45AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 29	3rd Phase
Creative Work	Siddha Yoga	775762364 <b>Rahu</b> 1:10PM – 2:27PM	Balava Until 10:39PM	<b>Nataraja:</b> Clear				
			<b>Prathama*</b> Until 10:37AM	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>				
<b>2</b>		<b>Friday, November 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau				Frederick, MD Sun 15 Sutra 208 Vilamba 5120
Vrischika Rasi: 14.31	Tithi 2 – 3	<b>Gulika</b> 8:02AM – 9:19AM	<b>Anuradha</b> Until 10:02AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:45AM			
		<b>Yama</b> 2:26PM – 3:43PM	Athiganda* Until 4:08AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 29	3rd Phase
Creative Work	Siddha Yoga	775762364 <b>Rahu</b> 10:36AM – 11:53AM	Taitila Until 11:12PM	<b>Nataraja:</b> Clear				
Until 10:02AM			<b>Dvitiya</b> Until 10:49AM	Moon – Orange			<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Aipasi</b>				
<b>3</b>		<b>Saturday, November 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Frederick, MD Sun 16 Sutra 209 Vilamba 5120
Vrischika Rasi: 27.09	Tithi 3 – 4	<b>Gulika</b> 6:47AM – 8:03AM	<b>Jyeshtha*</b> Until 11:18AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:47AM			
		<b>Yama</b> 1:09PM – 2:26PM	Sukarma Until 4:03AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM		Moon 10 - Phase 29	3rd Phase
Creative Work	Siddha Yoga	775762364 <b>Rahu</b> 9:20AM – 10:36AM	Vanija Until 12:25AM Sun	<b>Nataraja:</b> Clear				
			<b>Tritiya</b> Until 11:42AM	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>				
<b>4</b>		<b>Sunday, November 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 17 Sutra 210 Vilamba 5120
Dhanus Rasi: 9.3	Tithi 4 – 5	<b>Gulika</b> 2:25PM – 3:42PM	<b>Mula*</b> Until 1:31PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM			
		<b>Yama</b> 11:53AM – 1:09PM	Dhriti Until 4:28AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 29	3rd Phase
Creative Work	Amrita Yoga	785762364 <b>Rahu</b> 3:42PM – 4:58PM	Bava Until 2:17AM Mon	<b>Nataraja:</b> Clear				
Until 1:31PM			<b>Chaturthi*</b> Until 1:15PM	Moon – Light Blue			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Karttika-Aipasi</b>				
<b>5</b>		<b>Monday, November 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 18 Sutra 211 Vilamba 5120
Dhanus Rasi: 21.36	Tithi 5 – 6	<b>Gulika</b> 1:09PM – 2:25PM	<b>Purvashadha*</b> Until 4:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:49AM			
<b>Family Home Evening</b>		<b>Yama</b> 10:37AM – 11:53AM	Shula* Until 5:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 29	3rd Phase
Routine Work	Marana Yoga	785762364 <b>Rahu</b> 8:05AM – 9:21AM	Kaulava Until 4:38AM Tue	<b>Nataraja:</b> Clear				
			<b>Panchami</b> Until 3:23PM	Moon – Light Blue			<b>Sivaloka Day</b>	
				<b>Karttika-Aipasi</b>				
<b>6</b>		<b>Tuesday, November 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 19 Sutra 212 Vilamba 5120
Makara Rasi: 3.31	Tithi 6 – 7	<b>Gulika</b> 11:53AM – 1:09PM	<b>Uttarashadha</b> Until 6:58PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:50AM			
		<b>Yama</b> 9:22AM – 10:37AM	Ganda* Until 6:10AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:56PM		Moon 10 - Phase 29	3rd Phase
Routine Work	Prabalarishta Yoga	785762364 <b>Rahu</b> 2:25PM – 3:40PM	Gara Until 7:18AM Wed	<b>Nataraja:</b> Clear				
Until 6:58PM			<b>Shashthi*</b> Until 5:55PM	Moon – Light Blue			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Skanda Shasthi</b>		<b>Karttika-Aipasi</b>				
<b>Retreat Star</b>		<b>Wednesday, November 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 20 Sutra 213 Vilamba 5120
Makara Rasi: 15.2	Tithi 7	<b>Gulika</b> 10:38AM – 11:53AM	<b>Shravana</b> Until 10:16PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:51AM			
		<b>Yama</b> 8:07AM – 9:22AM	Ganda* Until 6:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 29	3rd Phase
Creative Work	Siddha Yoga	795762364 <b>Rahu</b> 11:53AM – 1:09PM	Gara Until 7:18AM	<b>Nataraja:</b> Clear				
Until 10:16PM			<b>Saptami</b> Until 8:38PM	Moon – Purple			<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Karttika-Aipasi</b>				
<b>Retreat Star</b>		<b>Thursday, November 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 21 Sutra 214 Vilamba 5120
Makara Rasi: 27.07	Tithi 8	<b>Gulika</b> 9:23AM – 10:38AM	<b>Dhanishtha</b> Until 1:18AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:52AM			
		<b>Yama</b> 6:52AM – 8:07AM	Vridhhi Until 7:10AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM		Moon 10 - Phase 29	Ashtami
Creative Work	Siddha Yoga	795762364 <b>Rahu</b> 1:09PM – 2:24PM	Visti Until 9:59AM	<b>Nataraja:</b> Clear				
Until 10:16PM			<b>Ashtami*</b> Until 11:13PM	Moon – Purple			<b>Subha Sivaloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Karttika-Aipasi</b>				
<b>Retreat Star</b>		<b>Friday, November 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 22 Sutra 215 Vilamba 5120
Kumbha Rasi: 8.59	Tithi 9	<b>Gulika</b> 8:08AM – 9:23AM	<b>Shatabhishak</b> Until 3:47AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:53AM			
		<b>Yama</b> 2:24PM – 3:39PM	Dhruva Until 7:59AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 29	Navami
Creative Work	Siddha Yoga	795762364 <b>Rahu</b> 10:38AM – 11:54AM	Balava Until 12:25PM	<b>Nataraja:</b> Clear				
Until 3:47AM Sat			<b>Navami*</b> Until 1:27AM Sat	Moon – Purple			<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 216 Vilamba 5120
Kumbha Rasi: 21.02	Tithi 10	<b>Gulika</b> 6:54AM – 8:09AM	<b>Purvaproshtapada* Until 6:02AM Sun</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:54AM			
		Yama 1:09PM – 2:23PM	Vyaghata* Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 9:24AM – 10:39AM	Taitila Until 2:23PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 3:06AM Sun</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 6:02AM Sun							<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Sunday, November 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 217 Vilamba 5120
Meena Rasi: 3.19	Tithi 11	<b>Gulika</b> 2:23PM – 3:38PM	<b>Purvaproshtapada* Until 6:02AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:56AM			
		Yama 11:54AM – 1:09PM	Harshana Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 3:38PM – 4:52PM	Vanija Until 3:41PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 4:02AM Mon</b>	Moon – Clear			<b>Devaloka Day</b>	
Until 6:02AM							<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Monday, November 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 218 Vilamba 5120
Meena Rasi: 15.54	Tithi 12	<b>Gulika</b> 1:09PM – 2:23PM	<b>Uttaraproshtapada Until 7:25AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:57AM			
<b>Family Home Evening</b>		Yama 10:40AM – 11:54AM	Vajra* Until 8:00AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:52PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 8:11AM – 9:25AM	Bava Until 4:15PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 4:13AM Tue</b>	Moon – Clear			<b>Devaloka Day</b>	
							<b>Karttika-Karttikai</b>	

<b>4</b>		<b>Tuesday, November 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 219 Vilamba 5120
Meena Rasi: 28.5	Tithi 13	<b>Gulika</b> 11:54AM – 1:09PM	<b>Revati Until 7:56AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:58AM			
		Yama 9:26AM – 10:40AM	Siddhi Until 6:53AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM			Moon 10 - Phase 30
		716762365 <b>Rahu</b> 2:23PM – 3:37PM	Kaulava Until 4:03PM	<b>Nataraja:</b> White				4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 3:40AM Wed</b>	Moon – Clear			<b>Devaloka Day</b>	
							<b>Karttika-Karttikai</b>	
							<i>Pradosha Vrata</i>	

<b>5</b>		<b>Wednesday, November 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 220 Vilamba 5120
Mesha Rasi: 12.1	Tithi 14	<b>Gulika</b> 10:41AM – 11:55AM	<b>Ashvini Until 8:03AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:59AM			
		Yama 8:13AM – 9:27AM	Variyan Until 3:01AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 11:55AM – 1:09PM	Gara Until 3:10PM	<b>Nataraja:</b> White				4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi* Until 2:28AM Thu</b>	Moon – White			<b>Bhuloka Day</b>	
Until 8:03AM							<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga								

<b>○</b>		<b>Thursday, November 22, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sutra 221 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:27AM – 10:41AM	<b>Bharani Until 7:23AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:00AM			
Mesha Rasi: 25.51	Tithi 15	Yama 7:00AM – 8:14AM	Parigha* Until 12:25AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 1:09PM – 2:22PM	Visti Until 1:40PM	<b>Nataraja:</b> White				Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:43AM Fri</b>	Moon – White			<b>Bhuloka Day</b>	
Until 7:23AM		<b>Krittika Deepam</b>					<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga								

<b>○</b>		<b>Friday, November 23, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau				Frederick, MD Sutra 222 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:15AM – 9:28AM	<b>Krittika Until 6:05AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:01AM			
Vrishabha Rasi: 9.52	Tithi 16	Yama 2:22PM – 3:36PM	Shiva Until 9:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM			Moon 10 - Phase 30
		726762365 <b>Rahu</b> 10:42AM – 11:55AM	Balava Until 11:42AM	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 10:34PM</b>	Moon – White			<b>Bhuloka Day</b>	
Until 6:05AM		<b>Vinayaga Viratam Begins</b>					<b>Karttika-Karttikai</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga								

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

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Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sutra 223

Vilamba 5120

Vrishabha Rasi: 24.06 Tithi 17

737762365

**Gulika** 7:02AM – 8:15AM  
**Yama** 1:09PM – 2:22PM  
**Rahu** 9:29AM – 10:42AM

**Mrigashira** Until 2:56AM Sun

Siddha Until 6:19PM

Taitila Until 9:25AM

**Dvitiya** Until 8:10PM

**Ganesha:** Red *Sunrise:* 7:02AM

**Muruqa:** Clear *Sunset:* 4:49PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Moon 11 - Phase 31

1st Phase

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 1 Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

**Gulika** 2:22PM – 3:35PM  
**Yama** 11:56AM – 1:09PM  
**Rahu** 3:35PM – 4:48PM

**Ardra** Until 12:57AM Mon

Sadhya Until 3:02PM

Vanija Until 6:55AM

**Tritiya** Until 5:37PM

**Ganesha:** Red *Sunrise:* 7:03AM

**Muruqa:** Clear *Sunset:* 4:48PM

**Nataraja:** White

Moon – Yellow

**Karttika-Karttikai**

**Devaloka Day**

Moon 11 - Phase 31

1st Phase

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 2 Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

**Gulika** 1:09PM – 2:22PM  
**Yama** 10:43AM – 11:56AM  
**Rahu** 8:17AM – 9:30AM

**Punarvasu** Until 11:16PM

Subha Until 11:45AM

Kaulava Until 1:50AM Tue

**Chaturthi\*** Until 3:04PM

**Ganesha:** Green *Sunrise:* 7:04AM

**Muruqa:** Clear *Sunset:* 4:48PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Moon 11 - Phase 31

1st Phase

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 3 Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

**Gulika** 11:56AM – 1:09PM  
**Yama** 9:31AM – 10:44AM  
**Rahu** 2:22PM – 3:35PM

**Pushya** Until 9:34PM

Sukla Until 8:30AM

Gara Until 11:26PM

**Panchami** Until 12:36PM

**Ganesha:** White *Sunrise:* 7:05AM

**Muruqa:** Clear *Sunset:* 4:48PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Moon 11 - Phase 31

1st Phase

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4 Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tithi 21 – 22

747862365

**Gulika** 10:44AM – 11:57AM  
**Yama** 8:19AM – 9:32AM  
**Rahu** 11:57AM – 1:09PM

**Ashlesha\*** Until 7:55PM

Indra Until 2:27AM Thu

Visti Until 9:14PM

**Shashthi\*** Until 10:17AM

**Ganesha:** White *Sunrise:* 7:06AM

**Muruqa:** Purple *Sunset:* 4:47PM

**Nataraja:** White

Moon – Blue

**Karttika-Karttikai**

**Bhuloka Day**

Moon 11 - Phase 31

1st Phase

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tithi 22 – 23

757863365

**Gulika** 9:32AM – 10:45AM  
**Yama** 7:07AM – 8:20AM  
**Rahu** 1:10PM – 2:22PM

**Magha\*** Until 6:46PM

Vaidhriti\* Until 11:41PM

Balava Until 7:17PM

**Saptami** Until 8:12AM

**Ganesha:** Clear *Sunrise:* 7:07AM

**Muruqa:** Purple *Sunset:* 4:47PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 11 - Phase 31

Ashtami

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\* Yoga Kaulava/Gara Karana Ashlami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tithi 23 – 24

758863365

**Gulika** 8:21AM – 9:33AM  
**Yama** 2:22PM – 3:34PM  
**Rahu** 10:45AM – 11:58AM

**Purvaphalguni** Until 5:45PM

Vishkambha\* Until 9:08PM

Gara Until 4:49AM Sat

**Ashtami\*** Until 6:22AM

**Ganesha:** Orange *Sunrise:* 7:08AM

**Muruqa:** Purple *Sunset:* 4:47PM

**Nataraja:** White

Moon – Red

**Karttika-Karttikai**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

Moon 11 - Phase 31

Navami

Creative Work Siddha Yoga

<b>1</b>		<b>Saturday, December 1, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanja/Visti* Karana Dashamyam Titau		Frederick, MD Sun 7 Sutra 230 Vilamba 5120	
Kanya Rasi: 3.42	Tithi 25	<b>Gulika</b> 7:09AM – 8:21AM	<b>Uttaraphalguni</b> Until 4:50PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:09AM	Moon 11 - Phase 32	
		Yama 1:10PM – 2:22PM	Priti Until 6:50PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	2nd Phase	
		758863365 <b>Rahu</b> 9:34AM – 10:46AM	Vanija Until 4:09PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Dashami</b> Until 3:31AM Sun	Moon – Red		Devaloka Time: 6:AM to 9:AM	
				<b>Karttika-Karttikai</b>			

<b>2</b>		<b>Sunday, December 2, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 8 Sutra 231 Vilamba 5120	
Kanya Rasi: 17.23	Tithi 26	<b>Gulika</b> 2:22PM – 3:34PM	<b>Hasta</b> Until 4:30PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:10AM	Moon 11 - Phase 32	
		Yama 11:58AM – 1:10PM	Ayushman Until 4:43PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	2nd Phase	
		768863365 <b>Rahu</b> 3:34PM – 4:46PM	Bava Until 3:01PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 2:32AM Mon	Moon – Green			
Until 4:30PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Monday, December 3, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 9 Sutra 232 Vilamba 5120	
Tula Rasi: 0.53	Tithi 27	<b>Gulika</b> 1:11PM – 2:22PM	<b>Chitra</b> Until 4:20PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:11AM	Moon 11 - Phase 32	
<b>Family Home Evening</b>		Yama 10:47AM – 11:59AM	Saubhagya Until 2:52PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	2nd Phase	
		768863365 <b>Rahu</b> 8:23AM – 9:35AM	Kaulava Until 2:11PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Dvadashi*</b> Until 1:52AM Tue	Moon – Green			
Until 4:20PM				<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, December 4, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 10 Sutra 233 Vilamba 5120	
Tula Rasi: 14.13	Tithi 28	<b>Gulika</b> 11:59AM – 1:11PM	<b>Svati</b> Until 4:21PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:12AM	Moon 11 - Phase 32	
		Yama 9:36AM – 10:47AM	Sobhana Until 1:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	2nd Phase	
		768863365 <b>Rahu</b> 2:23PM – 3:34PM	Gara Until 1:41PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:34AM Wed	Moon – Green		<b>Tour Day</b>	
Until 4:21PM				<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>		<b>Wednesday, December 5, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 11 Sutra 234 Vilamba 5120	
Tula Rasi: 27.21	Tithi 29	<b>Gulika</b> 10:48AM – 11:59AM	<b>Vishakha</b> Until 5:03PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:13AM	Moon 11 - Phase 32	
		Yama 8:25AM – 9:36AM	Athiganda* Until 12:00PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	2nd Phase	
		778863365 <b>Rahu</b> 11:59AM – 1:11PM	Visti Until 1:36PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:42AM Thu	Moon – Orange			
				<b>Karttika-Karttikai</b>			

<b>Retreat Star</b>		<b>Thursday, December 6, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 12 Sutra 235 Vilamba 5120	
Vrischika Rasi: 10.15	Tithi 30	<b>Gulika</b> 9:37AM – 10:48AM	<b>Anuradha</b> Until 6:04PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:14AM	Moon 11 - Phase 32	
		Yama 7:14AM – 8:26AM	Sukarna Until 11:04AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Amavasya	
		778863365 <b>Rahu</b> 1:11PM – 2:23PM	Catuspada Until 1:59PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:20AM Fri	Moon – Orange			
Until 6:04PM				<b>Karttika-Karttikai</b>			
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, December 7, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 13 Sutra 236 Vilamba 5120	
Vrischika Rasi: 22.56	Tithi 1	<b>Gulika</b> 8:26AM – 9:38AM	<b>Jyeshtha*</b> Until 7:25PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:15AM	Moon 11 - Phase 32	
		Yama 2:23PM – 3:34PM	Dhriti Until 10:33AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Prathama	
		779863365 <b>Rahu</b> 10:49AM – 12:00PM	Kintughna Until 2:52PM	<b>Nataraja:</b> White		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Prathama*</b> Until 3:29AM Sat	Moon – Orange			
Until 7:25PM				<b>Margasira-Karttikai</b>			
Then Creative Work - Amrita Yoga							

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1	<b>Saturday, December 8, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 14 Sutra 237 Vilamba 5120
	Dhanus Rasi: 5.22	Tithi 2	<b>Gulika</b> 7:16AM – 8:27AM	<b>Mula* Until 9:36PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:16AM	
			Yama 1:12PM – 2:23PM	Shula* Until 10:24AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	789863365	<b>Rahu</b> 9:38AM – 10:50AM		Balava Until 4:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 5:11AM Sun</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>			

2	<b>Sunday, December 9, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Tritiyayam Titau				Frederick, MD Sun 15 Sutra 238 Vilamba 5120
	Dhanus Rasi: 17.34	Tithi 3	<b>Gulika</b> 2:24PM – 3:35PM	<b>Purvashadha* Until 12:07AM Mon</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:17AM	
			Yama 12:01PM – 1:12PM	Ganda* Until 10:41AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	789863365	<b>Rahu</b> 3:35PM – 4:46PM		Taitila Until 6:15PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 7:22AM Mon</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 12:07AM Mon				<b>Margasira-Karttikai</b>			
Then Routine Work - Marana Yoga							

3	<b>Monday, December 10, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Frederick, MD Sun 16 Sutra 239 Vilamba 5120
	Dhanus Rasi: 29.35	Tithi 3 – 4	<b>Gulika</b> 1:13PM – 2:24PM	<b>Uttarashadha Until 2:51AM Tue</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:18AM	
			Yama 10:51AM – 12:02PM	Vriddhi Until 11:18AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	789863365	<b>Rahu</b> 8:29AM – 9:40AM		Vanija Until 8:38PM	<b>Nataraja:</b> White		3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 7:22AM</b>	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 2:51AM Tue				<b>Margasira-Karttikai</b>			
Then Creative Work - Siddha Yoga							

4	<b>Tuesday, December 11, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 17 Sutra 240 Vilamba 5120
	Makara Rasi: 11.28	Tithi 4 – 5	<b>Gulika</b> 12:02PM – 1:13PM	<b>Shravana Until 6:08AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	
			Yama 9:40AM – 10:51AM	Dhruva Until 12:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	799863365	<b>Rahu</b> 2:24PM – 3:35PM		Bava Until 11:18PM	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 9:55AM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 6:08AM Wed				<b>Margasira-Karttikai</b>		<b>Tour Day</b>	
Then Routine Work - Prabararishta Yoga						Devaloka Time: 6:AM to 9:AM	

5	<b>Wednesday, December 12, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Frederick, MD Sun 18 Sutra 241 Vilamba 5120
	Makara Rasi: 23.15	Tithi 5 – 6	<b>Gulika</b> 10:52AM – 12:03PM	<b>Shravana Until 6:08AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	
			Yama 8:30AM – 9:41AM	Vyaghata* Until 1:10PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	799863365	<b>Rahu</b> 12:03PM – 1:14PM		Kaulava Until 2:03AM Thu	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 12:40PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
Until 6:08AM				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	
Then Routine Work - Prabararishta Yoga							

6	<b>Thursday, December 13, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 19 Sutra 242 Vilamba 5120
	Kumbha Rasi: 5.02	Tithi 6 – 7	<b>Gulika</b> 9:41AM – 10:52AM	<b>Dhanishtha Until 9:17AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:20AM	
			Yama 7:20AM – 8:31AM	Harshana Until 2:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:46PM	Moon 11 - Phase 33
	799863365	<b>Rahu</b> 1:14PM – 2:25PM		Gara Until 4:40AM Fri	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 3:22PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

**Vinayaga Viratam Ends**

7	<b>Friday, December 14, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 20 Sutra 243 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 8:31AM – 9:42AM	<b>Shatabhishak Until 12:04PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM	
	Kumbha Rasi: 16.53	Tithi 7 – 8	Yama 2:25PM – 3:36PM	Vajra* Until 2:55PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 33
	799863365	<b>Rahu</b> 10:53AM – 12:04PM		Visti Until 6:53AM Sat	<b>Nataraja:</b> White		3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 5:49PM</b>	Moon – Purple		<b>Bhuloka Day</b>	
				<b>Margasira-Karttikai</b>		Devaloka Time: 6:AM to 9:AM	

8	<b>Saturday, December 15, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 21 Sutra 244 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 7:21AM – 8:32AM	<b>Purvaproshtapada* Until 2:45PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:21AM	
	Kumbha Rasi: 28.53	Tithi 8	Yama 1:15PM – 2:25PM	Siddhi Until 3:21PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 33
	711863365	<b>Rahu</b> 9:43AM – 10:53AM		Visti Until 6:53AM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 7:45PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
Until 2:45PM				<b>Margasira-Markali</b>		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

9	<b>Sunday, December 16, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 22 Sutra 245 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:26PM – 3:37PM	<b>Uttaraproshtapada Until 4:38PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:22AM	
	Meena Rasi: 11.08	Tithi 9	Yama 12:05PM – 1:15PM	Vyatipata* Until 3:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 33
	811863365	<b>Rahu</b> 3:37PM – 4:47PM		Balava Until 8:30AM	<b>Nataraja:</b> White		Navami
Creative Work	Amrita Yoga		<b>Navami* Until 9:01PM</b>	Moon – Clear		<b>Bhuloka Day</b>	
				<b>Margasira-Markali</b>			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>	<b>Monday, December 17, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 246 Vilamba 5120
	Meena Rasi: 23.41	Tithi 10	Gulika Yama	1:16PM – 2:26PM 10:54AM – 12:05PM	Revati Until 5:38PM Variyan Until 2:38PM Taitila Until 9:22AM Dashami Until 9:29PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Clear	Sunrise: 7:23AM Sunset: 4:48PM Moon 11 - Phase 34 4th Phase
	Family Home Evening Creative Work Siddha Yoga		811863365	Rahu 8:33AM – 9:44AM		Margasira-Markali	Bhuloka Day

<b>2</b>	<b>Tuesday, December 18, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 247 Vilamba 5120
	Mesha Rasi: 6.37	Tithi 11	Gulika Yama	12:06PM – 1:16PM 9:44AM – 10:55AM	Ashvini Until 6:09PM Parigha* Until 1:21PM Vanija Until 9:26AM Ekadashi Until 9:08PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:23AM Sunset: 4:48PM Moon 11 - Phase 34 4th Phase
	Creative Work Siddha Yoga		821863365	Rahu 2:27PM – 3:37PM	Gita Jayanthi	Margasira-Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM

<b>3</b>	<b>Wednesday, December 19, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 248 Vilamba 5120
	Mesha Rasi: 19.58	Tithi 12	Gulika Yama	10:56AM – 12:06PM 8:34AM – 9:45AM	Bharani Until 5:43PM Shiva Until 11:26AM Bava Until 8:40AM Dvadashi Until 7:59PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:24AM Sunset: 4:48PM Moon 11 - Phase 34 4th Phase
	Creative Work Siddha Yoga Until 5:43PM Then Creative Work - Amrita Yoga		821863365	Rahu 12:06PM – 1:17PM		Margasira-Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM

<b>4</b>	<b>Thursday, December 20, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 249 Vilamba 5120
	Vrisabha Rasi: 3.46	Tithi 13	Gulika Yama	9:46AM – 10:56AM 7:24AM – 8:35AM	Krittika Until 4:28PM Siddha Until 8:56AM Kaulava Until 7:09AM Trayodashi Until 6:08PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White	Sunrise: 7:24AM Sunset: 4:49PM Moon 11 - Phase 34 4th Phase
	Routine Work Marana Yoga		821863365	Rahu 1:17PM – 2:28PM		Margasira-Markali	Bhuloka Day Devaloka Time: 6:AM to 9:AM
	<i>Pradosha Vrata</i>						

<b>5</b>	<b>Friday, December 21, 2018</b>		Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27 Sutra 250 Vilamba 5120
	Vrisabha Rasi: 17.58	Tithi 14 – 15	Gulika Yama	8:35AM – 9:46AM 2:28PM – 3:39PM	Rohini Until 2:54PM Subha Until 2:32AM Sat Visti Until 2:21AM Sat Chaturdashi* Until 3:43PM	Ganesha: White Muruqa: Purple Nataraja: White Moon – Yellow	Sunrise: 7:25AM Sunset: 4:49PM Moon 11 - Phase 34 4th Phase
	Routine Work Marana Yoga Until 2:54PM Then Creative Work - Siddha Yoga		821863365	Rahu 10:57AM – 12:07PM	Day 1 of Pancha Ganapati	Margasira-Markali	Bhuloka Day

	<b>Saturday, December 22, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sutra 251 Vilamba 5120	
	<b>Copper Retreat Star</b>		Mithuna Rasi: 2.3	Tithi 15 – 16	Gulika Yama	7:25AM – 8:36AM 1:18PM – 2:29PM	Mrigashira Until 12:47PM Sukla Until 10:51PM Balava Until 11:21PM Purnima* Until 12:52PM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Yellow
	Creative Work Siddha Yoga		831963365	Rahu 9:47AM – 10:57AM	Day 2 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

	<b>Sunday, December 23, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sutra 252 Vilamba 5120	
	<b>Silver Retreat Star</b>		Mithuna Rasi: 17.16	Tithi 16 – 17	Gulika Yama	2:29PM – 3:40PM 12:08PM – 1:19PM	Ardra Until 10:15AM Brahma Until 7:00PM Taitila Until 8:09PM Prathama* Until 9:45AM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Yellow
	Creative Work Siddha Yoga		831963365	Rahu 3:40PM – 4:50PM	Day 3 of Pancha Ganapati Ardra Darshanam	Margasira-Markali	Bhuloka Day Devaloka Time: 9:AM to 12:PM	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 1:19PM - 2:30PM Punarvasu Until 7:53AM

Yama 10:58AM - 12:09PM

Rahu 8:37AM - 9:47AM

Day 4 of Pancha Ganapati

Ganesha: Blue Sunrise: 7:26AM

Muruqa: Purple Sunset: 4:51PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tithi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 12:09PM - 1:20PM Ashlesha\* Until 2:59AM Wed

Yama 9:48AM - 10:59AM

Rahu 2:30PM - 3:41PM

Day 5 of Pancha Ganapati

Ganesha: Yellow Sunrise: 7:27AM

Muruqa: Purple Sunset: 4:51PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tithi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 10:59AM - 12:10PM Magha\* Until 1:08AM Thu

Yama 8:38AM - 9:48AM

Rahu 12:10PM - 1:20PM

Day 5 of Pancha Ganapati

Ganesha: Blue Sunrise: 7:27AM

Muruqa: Purple Sunset: 4:52PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tithi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 9:49AM - 10:59AM Purvaphalguni Until 11:33PM

Yama 7:28AM - 8:38AM

Rahu 1:21PM - 2:31PM

Day 5 of Pancha Ganapati

Ganesha: Blue Sunrise: 7:28AM

Muruqa: Purple Sunset: 4:53PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tithi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Saubhagya Yoga Visti\*/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

Gulika 8:39AM - 9:49AM Uttaraphalguni Until 10:17PM

Yama 2:32PM - 3:43PM

Rahu 11:00AM - 12:11PM

Day 5 of Pancha Ganapati

Ganesha: Blue Sunrise: 7:28AM

Muruqa: Purple Sunset: 4:53PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Gulika 7:28AM - 8:39AM Hasta Until 9:50PM

Yama 1:22PM - 2:33PM

Rahu 9:50AM - 11:00AM

Day 5 of Pancha Ganapati

Ganesha: Red Sunrise: 7:28AM

Muruqa: Purple Sunset: 4:54PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Athiganda\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

Gulika 2:33PM - 3:44PM Chitra Until 9:46PM

Yama 12:12PM - 1:22PM

Rahu 3:44PM - 4:55PM

Day 5 of Pancha Ganapati

Ganesha: Red Sunrise: 7:28AM

Muruqa: Purple Sunset: 4:55PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

<b>Monday, December 31, 2018</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 8 Sutra 260 Vilamba 5120
<b>1</b>		<b>Gulika</b> 1:23PM – 2:34PM	<b>Svati Until 10:03PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:29AM	
Tula Rasi: 11.11	Tithi 25 – 26	Yama 11:01AM – 12:12PM	Sukarma Until 5:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
<b>Family Home Evening</b>	862963366	<b>Rahu</b> 8:39AM – 9:50AM	Bava Until 2:49AM Tue	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Dashami Until 2:45PM</b>	Moon – Green		<b>Bhuloka Day</b>
Until 10:03PM				<b>Margasira*Markali</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>Tuesday, January 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 9 Sutra 261 Vilamba 5120
<b>2</b>		<b>Gulika</b> 12:13PM – 1:24PM	<b>Vishakha Until 11:08PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:29AM	
Tula Rasi: 24.11	Tithi 26 – 27	Yama 9:51AM – 11:02AM	Dhriti Until 4:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 2:35PM – 3:45PM	Kaulava Until 3:17AM Wed	<b>Nataraja:</b> Green		2nd Phase
Routine Work Marana Yoga			<b>Ekadashi* Until 2:58PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 11:08PM				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Wednesday, January 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 10 Sutra 262 Vilamba 5120
<b>3</b>		<b>Gulika</b> 11:02AM – 12:13PM	<b>Anuradha Until 12:31AM Thu</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:29AM	
Vrischika Rasi: 6.57	Tithi 27 – 28	Yama 8:40AM – 9:51AM	Shula* Until 3:31PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 12:13PM – 1:24PM	Gara Until 4:13AM Thu	<b>Nataraja:</b> Green		2nd Phase
Creative Work Siddha Yoga			<b>Dvadashi* Until 3:40PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 12:31AM Thu				<b>Margasira*Markali</b>		
Then Routine Work - Prabalarishta Yoga						
						<i>Pradosha Vrata (Fasting)</i>

<b>Thursday, January 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 11 Sutra 263 Vilamba 5120
<b>4</b>		<b>Gulika</b> 9:51AM – 11:02AM	<b>Jyeshtha* Until 2:12AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:29AM	
Vrischika Rasi: 19.3	Tithi 28 – 29	Yama 7:29AM – 8:40AM	Ganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36
872963366		<b>Rahu</b> 1:25PM – 2:36PM	Visti Until 5:37AM Fri	<b>Nataraja:</b> Green		2nd Phase
Routine Work Prabalarishta Yoga			<b>Trayodashi* Until 4:51PM</b>	Moon – Orange		<b>Bhuloka Day</b>
Until 2:12AM Fri				<b>Margasira*Markali</b>		
Then Creative Work - Amrita Yoga						

<b>Friday, January 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam Mula* Nakshatra Vridhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau				Frederick, MD Sun 12 Sutra 264 Vilamba 5120
<b>5</b>		<b>Gulika</b> 8:40AM – 9:51AM	<b>Mula* Until 4:36AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	
Dhanus Rasi: 1.51	Tithi 29	Yama 2:36PM – 3:48PM	Vridhi Until 3:19PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM	Moon 12 - Phase 36
882963366		<b>Rahu</b> 11:03AM – 12:14PM	Sakuni Until 6:28PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work Amrita Yoga			<b>Chaturdashi* Until 6:28PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 4:36AM Sat				<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, January 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD Sun 13 Sutra 265 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 7:29AM – 8:40AM	<b>Purvashadha* Until 7:13AM Sun</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	
Dhanus Rasi: 14.02	Tithi 30	Yama 1:26PM – 2:37PM	Dhruva Until 3:40PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:00PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 9:52AM – 11:03AM	Catuspada Until 7:27AM	<b>Nataraja:</b> Green		Amavasya
Creative Work Siddha Yoga			<b>Amavasya* Until 8:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM Sun				<b>Margasira*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga		<b>Subramuniyaswami Jayanti</b>				

<b>Sunday, January 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD Sun 14 Sutra 266 Vilamba 5120
<b>Retreat Star</b>		<b>Gulika</b> 2:38PM – 3:49PM	<b>Purvashadha* Until 7:13AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:29AM	
Dhanus Rasi: 26.03	Tithi 1	Yama 12:15PM – 1:26PM	Vyaghata* Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Moon 12 - Phase 36
882973366		<b>Rahu</b> 3:49PM – 5:01PM	Kintughna Until 9:39AM	<b>Nataraja:</b> Green		Prathama
Creative Work Siddha Yoga			<b>Prathama* Until 10:50PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 7:13AM		<b>Partial Solar Eclipse</b>		<b>Pausha*Markali</b>		Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>Monday, January 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 267 Vilamba 5120
<b>1</b>	Makara Rasi: 7.58 Family Home Evening Routine Work Marana Yoga Until 9:56AM Then Creative Work - Amrita Yoga	Tithi 2 882973366	<b>Gulika</b> 1:27PM – 2:39PM Yama 11:04AM – 12:15PM <b>Rahu</b> 8:41AM – 9:52AM	<b>Uttarashadha Until 9:56AM</b> Harshana Until 5:09PM Balava Until 12:09PM Dvitiya Until 1:27AM Tue	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Light Blue <b>Pausha-Markali</b>	Sunrise: 7:29AM Sunset: 5:02PM Moon 12 - Phase 37 <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM

<b>Tuesday, January 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Taitila/Gara Karana Trityayam Titau				Frederick, MD Sun 16 Sutra 268 Vilamba 5120
<b>2</b>	Makara Rasi: 19.47 Creative Work Siddha Yoga	Tithi 3 893973366	<b>Gulika</b> 12:16PM – 1:27PM Yama 9:52AM – 11:04AM <b>Rahu</b> 2:39PM – 3:51PM	<b>Shravana Until 1:12PM</b> Vajra* Until 6:06PM Taitila Until 2:50PM Tritiya Until 4:12AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:29AM Sunset: 5:03PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Wednesday, January 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau				Frederick, MD Sun 17 Sutra 269 Vilamba 5120
<b>3</b>	Kumbha Rasi: 1.34 Routine Work Prabalarishta Yoga Until 4:22PM Then Creative Work - Siddha Yoga	Tithi 4 893973366	<b>Gulika</b> 11:04AM – 12:16PM Yama 8:41AM – 9:52AM <b>Rahu</b> 12:16PM – 1:28PM	<b>Dhanishtha Until 4:22PM</b> Siddhi Until 7:06PM Vanija Until 5:36PM Chaturthi* Until 6:55AM Thu	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:29AM Sunset: 5:04PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Thursday, January 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD Sun 18 Sutra 270 Vilamba 5120
<b>4</b>	Kumbha Rasi: 13.22 Creative Work Siddha Yoga	Tithi 4 – 5 893973366	<b>Gulika</b> 9:53AM – 11:05AM Yama 7:29AM – 8:41AM <b>Rahu</b> 1:29PM – 2:41PM	<b>Shatabhishak Until 7:16PM</b> Vyatipata* Until 8:01PM Bava Until 8:15PM Chaturthi* Until 6:55AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Purple <b>Pausha-Markali</b>	Sunrise: 7:29AM Sunset: 5:05PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Friday, January 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 19 Sutra 271 Vilamba 5120
<b>5</b>	Kumbha Rasi: 25.13 Creative Work Siddha Yoga	Tithi 5 – 6 813973366	<b>Gulika</b> 8:41AM – 9:53AM Yama 2:41PM – 3:53PM <b>Rahu</b> 11:05AM – 12:17PM	<b>Purvaproshtapada* Until 10:14PM</b> Variyan Until 8:43PM Kaulava Until 10:37PM Panchami Until 9:27AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:28AM Sunset: 5:06PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Saturday, January 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 20 Sutra 272 Vilamba 5120
<b>6</b>	Meena Rasi: 7.13 Creative Work Siddha Yoga Until 12:37AM Sun Then Creative Work - Amrita Yoga	Tithi 6 – 7 813973366	<b>Gulika</b> 7:28AM – 8:40AM Yama 1:30PM – 2:42PM <b>Rahu</b> 9:53AM – 11:05AM	<b>Uttaraproshtapada Until 12:37AM Sun</b> Parigha* Until 9:06PM Gara Until 12:32AM Sun Shashthi* Until 11:37AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:28AM Sunset: 5:07PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Sunday, January 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 273 Vilamba 5120
<b>Retreat Star</b>	Meena Rasi: 19.25 Creative Work Amrita Yoga Until 2:14AM Mon Then Creative Work - Siddha Yoga	Tithi 7 – 8 813973366	<b>Gulika</b> 2:43PM – 3:55PM Yama 12:18PM – 1:30PM <b>Rahu</b> 3:55PM – 5:08PM	<b>Revati Until 2:14AM Mon</b> Shiva Until 9:02PM Visti Until 1:49AM Mon Saptami Until 1:15PM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – Clear <b>Pausha-Markali</b>	Sunrise: 7:28AM Sunset: 5:08PM Moon 12 - Phase 37 <b>Devaloka Day</b>

<b>Monday, January 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 274 Vilamba 5120
<b>Retreat Star</b>	Mesha Rasi: 1.53 Family Home Evening Creative Work Siddha Yoga	Tithi 8 – 9 823973366	<b>Gulika</b> 1:31PM – 2:43PM Yama 11:06AM – 12:18PM <b>Rahu</b> 8:40AM – 9:53AM	<b>Ashvini Until 3:28AM Tue</b> Siddha Until 8:23PM Balava Until 2:21AM Tue Ashtami* Until 2:10PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Green Moon – White <b>Pausha-Thai</b>	Sunrise: 7:28AM Sunset: 5:09PM Moon 12 - Phase 37 <b>Sivaloka Day</b>

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

<b>1</b>		<b>Tuesday, January 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 275 Vilamba 5120
Mesha Rasi: 14.42	Tithi 9 – 10	<b>Gulika</b> 12:19PM – 1:31PM	<b>Bharani Until 3:43AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:27AM	
		Yama 9:53AM – 11:06AM	Sadhya Until 7:08PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:10PM	Moon 12 - Phase 38
	823973366	<b>Rahu</b> 2:44PM – 3:57PM	Taitila Until 2:04AM Wed	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 2:18PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 3:43AM Wed				<b>Pausha*Thai</b>		
Then Creative Work - Amrita Yoga						

<b>2</b>		<b>Wednesday, January 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 24 Sutra 276 Vilamba 5120
Mesha Rasi: 27.56	Tithi 10 – 11	<b>Gulika</b> 11:06AM – 12:19PM	<b>Krittika Until 3:02AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:27AM	
		Yama 8:40AM – 9:53AM	Subha Until 5:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:11PM	Moon 12 - Phase 38
	823173366	<b>Rahu</b> 12:19PM – 1:32PM	Vanija Until 12:57AM Thu	<b>Nataraja:</b> Green		4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 1:36PM</b>	Moon – White		<b>Sivaloka Day</b>
Until 3:02AM Thu				<b>Pausha*Thai</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Thursday, January 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 25 Sutra 277 Vilamba 5120
Vrishabha Rasi: 11.37	Tithi 11 – 12	<b>Gulika</b> 9:53AM – 11:06AM	<b>Rohini Until 1:54AM Fri</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
		Yama 7:26AM – 8:40AM	Sukla Until 2:43PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:12PM	Moon 12 - Phase 38
	833173366	<b>Rahu</b> 1:32PM – 2:46PM	Bava Until 11:05PM	<b>Nataraja:</b> Green		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 12:05PM</b>	Moon – Yellow		<b>Devaloka Day</b>
Until 1:54AM Fri				<b>Pausha*Thai</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Friday, January 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Frederick, MD Sun 26 Sutra 278 Vilamba 5120
Vrishabha Rasi: 25.46	Tithi 12 – 13	<b>Gulika</b> 8:39AM – 9:53AM	<b>Mrigashira Until 11:59PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
		Yama 2:46PM – 4:00PM	Brahma Until 11:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:13PM	Moon 12 - Phase 38
	833173366	<b>Rahu</b> 11:06AM – 12:20PM	Kaulava Until 8:33PM	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:52AM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha*Thai</b>		

*Pradosha Vrata*

<b>5</b>		<b>Saturday, January 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 279 Vilamba 5120
Mithuna Rasi: 10.2	Tithi 13 – 14	<b>Gulika</b> 7:26AM – 8:39AM	<b>Ardra Until 9:27PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	
		Yama 1:33PM – 2:47PM	Indra Until 8:05AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:14PM	Moon 12 - Phase 38
	833173366	<b>Rahu</b> 9:53AM – 11:06AM	Vanija Until 3:48AM Sun	<b>Nataraja:</b> Green		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 7:03AM</b>	Moon – Yellow		<b>Devaloka Day</b>
				<b>Pausha*Thai</b>		

<b>○</b>		<b>Sunday, January 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sutra 280 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:48PM – 4:02PM	<b>Punarvasu Until 6:50PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	
Mithuna Rasi: 25.15	Tithi 15	Yama 12:20PM – 1:34PM	Vishkambha* Until 12:01AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:15PM	Moon 12 - Phase 38
		<b>Rahu</b> 4:02PM – 5:15PM	Visti Until 2:04PM	<b>Nataraja:</b> Green		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 12:15AM Mon</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha*Thai</b>		

<b>Monday, January 21, 2019</b>		<b>Silver Retreat Star</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau		Frederick, MD Sutra 281 Vilamba 5120
Kataka Rasi: 10.22	Tithi 16	<b>Gulika</b> 1:34PM – 2:48PM	<b>Pushya Until 3:55PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	
<b>Family Home Evening</b>		Yama 11:06AM – 12:20PM	Priti Until 7:46PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:16PM	Moon 12 - Phase 38
	843173366	<b>Rahu</b> 8:39AM – 9:53AM	Balava Until 10:26AM	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 8:34PM</b>	Moon – Blue		<b>Sivaloka Day</b>
				<b>Pausha*Thai</b>		
		<b>Total Lunar Eclipse</b>				
		<b>Thai Pusam</b>				



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tithi 17 - 18

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashlesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvilya/Tritiyam Titau

**Gulika** 12:21PM - 1:35PM  
**Yama** 9:52AM - 11:07AM  
**Rahu** 2:49PM - 4:03PM

**Ashlesha\* Until 12:53PM**  
**Ayushman Until 3:32PM**  
**Taitila Until 6:45AM**  
**Dvitiya Until 4:56PM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Blue  
**Pausha\*Thai**

**Sunrise:** 7:24AM  
**Sunset:** 5:18PM

Frederick, MD  
Sun 1 Sutra 282  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tithi 18 - 19

854173366

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

**Gulika** 11:07AM - 12:21PM  
**Yama** 8:38AM - 9:52AM  
**Rahu** 12:21PM - 1:35PM

**Magha\* Until 10:16AM**  
**Saubhagya Until 11:27AM**  
**Bava Until 11:54PM**  
**Tritiya Until 1:29PM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Sunrise:** 7:23AM  
**Sunset:** 5:19PM

Frederick, MD  
Sun 2 Sutra 283  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tithi 19 - 20

954173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:52AM - 11:07AM  
**Yama** 7:23AM - 8:37AM  
**Rahu** 1:36PM - 2:51PM

**Purvaphalguni Until 7:50AM**  
**Sobhana Until 7:40AM**  
**Kaulava Until 9:03PM**  
**Chaturthi\* Until 10:24AM**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Red  
**Pausha\*Thai**

**Sunrise:** 7:23AM  
**Sunset:** 5:20PM

Frederick, MD  
Sun 3 Sutra 284  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Devaloka Day**

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tithi 20 - 21

964173366

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 8:37AM - 9:52AM  
**Yama** 2:51PM - 4:06PM  
**Rahu** 11:07AM - 12:22PM

**Hasta Until 4:31AM Sat**  
**Sukarma Until 1:18AM Sat**  
**Gara Until 6:44PM**  
**Panchami Until 7:47AM**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:22AM  
**Sunset:** 5:21PM

Frederick, MD  
Sun 4 Sutra 285  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tithi 22

964173366

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Dhriti Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 7:21AM - 8:36AM  
**Yama** 1:37PM - 2:52PM  
**Rahu** 9:52AM - 11:07AM

**Chitra Until 3:51AM Sun**  
**Dhriti Until 10:55PM**  
**Visti Until 5:04PM**  
**Saptami Until 4:30AM Sun**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:21AM  
**Sunset:** 5:22PM

Frederick, MD  
Sun 5 Sutra 286  
Vilamba 5120  
Moon 1 - Phase 39  
1st Phase

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

5

Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tithi 23

964173366

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Shula\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 2:53PM - 4:08PM  
**Yama** 12:22PM - 1:37PM  
**Rahu** 4:08PM - 5:23PM

**Svati Until 3:44AM Mon**  
**Shula\* Until 9:06PM**  
**Balava Until 4:08PM**  
**Ashtami\* Until 3:56AM Mon**

**Ganesha:** Purple  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Green  
**Pausha\*Thai**

**Sunrise:** 7:21AM  
**Sunset:** 5:23PM

Frederick, MD  
Sun 6 Sutra 287  
Vilamba 5120  
Moon 1 - Phase 39  
Ashtami

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tithi 24

974173366

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha Nakshatra Ganda\* Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 1:38PM - 2:53PM  
**Yama** 11:07AM - 12:22PM  
**Rahu** 8:35AM - 9:51AM

**Vishakha Until 4:40AM Tue**  
**Ganda\* Until 7:52PM**  
**Taitila Until 3:58PM**  
**Navami\* Until 4:07AM Tue**

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Green  
Moon - Orange  
**Pausha\*Thai**

**Sunrise:** 7:20AM  
**Sunset:** 5:25PM

Frederick, MD  
Sun 7 Sutra 288  
Vilamba 5120  
Moon 1 - Phase 39  
Navami

**Devaloka Day**


<b>1</b>	<b>Tuesday, January 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Frederick, MD Sun 8 Sutra 289 Vilamba 5120
	Wrishchika Rasi: 4.02	Tithi 25	<b>Gulika</b> 12:22PM – 1:38PM	<b>Anuradha</b> Until 6:06AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:19AM	
			Yama 9:51AM – 11:07AM	Vriddhi Until 7:12PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:26PM	Moon 1 - Phase 40
	794173366	<b>Rahu</b> 2:54PM – 4:10PM		Vanija Until 4:30PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:00AM Wed	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>2</b>	<b>Wednesday, January 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Frederick, MD Sun 9 Sutra 290 Vilamba 5120
	Wrishchika Rasi: 16.36	Tithi 26	<b>Gulika</b> 11:06AM – 12:23PM	<b>Anuradha</b> Until 6:06AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:18AM	
			Yama 8:34AM – 9:50AM	Dhruva Until 7:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 1 - Phase 40
	794173366	<b>Rahu</b> 12:23PM – 1:39PM		Bava Until 5:42PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 6:30AM Thu	Moon – Orange		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>3</b>	<b>Thursday, January 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 10 Sutra 291 Vilamba 5120
	Wrishchika Rasi: 28.55	Tithi 26 – 27	<b>Gulika</b> 9:50AM – 11:06AM	<b>Jyeshtha*</b> Until 7:57AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:17AM	
			Yama 7:17AM – 8:34AM	Vyaghata* Until 7:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
	794173366	<b>Rahu</b> 1:39PM – 2:55PM		Kaulava Until 7:27PM	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi*</b> Until 6:30AM	Moon – Orange		<b>Devaloka Day</b>	
Until 7:57AM				<b>Pausha</b> -Thai			
Then Creative Work - Siddha Yoga							

<b>4</b>	<b>Friday, February 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 11 Sutra 292 Vilamba 5120
	Dhanus Rasi: 11.02	Tithi 27 – 28	<b>Gulika</b> 8:34AM – 9:50AM	<b>Mula*</b> Until 10:35AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:17AM	
			Yama 2:55PM – 4:12PM	Harshana Until 7:47PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 1 - Phase 40
	794173366	<b>Rahu</b> 11:06AM – 12:23PM		Gara Until 9:38PM	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> Until 8:28AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 10:35AM				<b>Pausha</b> -Thai		<b>Devaloka Time:</b> 12:PM to 3:PM	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Saturday, February 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 12 Sutra 293 Vilamba 5120
	Dhanus Rasi: 22.59	Tithi 28 – 29	<b>Gulika</b> 7:16AM – 8:33AM	<b>Purvashadha*</b> Until 1:23PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:16AM	
			Yama 1:39PM – 2:56PM	Vajra* Until 8:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 1 - Phase 40
	794173366	<b>Rahu</b> 9:50AM – 11:06AM		Visti Until 12:06AM Sun	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:49AM	Moon – Light Blue		<b>Bhuloka Day</b>	
Until 1:23PM				<b>Pausha</b> -Thai		<b>Devaloka Time:</b> 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

	<b>Sunday, February 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Frederick, MD Sun 13 Sutra 294 Vilamba 5120
	<b>Retreat Star</b>		<b>Gulika</b> 2:57PM – 4:14PM	<b>Uttarashadha</b> Until 4:15PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:16AM	
	Makara Rasi: 4.52	Tithi 29 – 30	Yama 12:23PM – 1:40PM	Siddhi Until 9:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 1 - Phase 40
	7985173367	<b>Rahu</b> 4:14PM – 5:30PM		Catuspada Until 2:46AM Mon	<b>Nataraja:</b> White		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 1:24PM	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha</b> -Thai			

<b>Retreat Star</b>	<b>Monday, February 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD Sun 14 Sutra 295 Vilamba 5120
	Makara Rasi: 16.4	Tithi 30 – 1	<b>Gulika</b> 1:40PM – 2:57PM	<b>Shravana</b> Until 7:32PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:15AM	
	<b>Family Home Evening</b>		Yama 11:06AM – 12:23PM	Vyatipata* Until 10:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 1 - Phase 40
	7995173367	<b>Rahu</b> 8:32AM – 9:49AM		Kintughna Until 5:29AM Tue	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 4:06PM	Moon – Purple		<b>Devaloka Day</b>	
Until 7:32PM				<b>Magha</b> -Thai			
Then Creative Work - Siddha Yoga							

<b>1</b>		<b>Tuesday, February 5, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau		Frederick, MD Sun 15 Sutra 296 Vilamba 5120	
Makara Rasi: 28.28	Tithi 1	<b>Gulika</b> 12:23PM – 1:41PM	<b>Dhanishtha</b> Until 10:39PM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:14AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:33PM
		Yama 9:48AM – 11:06AM	Variyan Until 11:24PM	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915173367 <b>Rahu</b> 2:58PM – 4:15PM	Bava Until 6:48PM	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:48PM	<b>Magha-Thai</b>			<b>Devaloka Day</b>
Until 10:39PM							
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Wednesday, February 6, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 297 Vilamba 5120	
Kumbha Rasi: 10.16	Tithi 2	<b>Gulika</b> 11:06AM – 12:23PM	<b>Shatabhishak</b> Until 1:30AM Thu	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:13AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:34PM
		Yama 8:30AM – 9:48AM	Parigha* Until 12:18AM Thu	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915173367 <b>Rahu</b> 12:23PM – 1:41PM	Balava Until 8:09AM	Moon – Purple			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:25PM	<b>Magha-Thai</b>			<b>Devaloka Day</b>

<b>3</b>		<b>Thursday, February 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 17 Sutra 298 Vilamba 5120	
Kumbha Rasi: 22.08	Tithi 3	<b>Gulika</b> 9:48AM – 11:05AM	<b>Purvaproshtpada*</b> Until 4:29AM Fri	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:12AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:35PM
		Yama 7:12AM – 8:30AM	Shiva Until 1:03AM Fri	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915173367 <b>Rahu</b> 1:41PM – 2:59PM	Taitila Until 10:40AM	Moon – Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 11:50PM	<b>Magha-Thai</b>			<b>Sivaloka Day</b>

<b>4</b>		<b>Friday, February 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau		Frederick, MD Sun 18 Sutra 299 Vilamba 5120	
Meena Rasi: 4.05	Tithi 4	<b>Gulika</b> 8:29AM – 9:47AM	<b>Uttaraproshtpada</b> Until 7:01AM Sat	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:11AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:36PM
		Yama 3:00PM – 4:18PM	Siddha Until 1:33AM Sat	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915173367 <b>Rahu</b> 11:05AM – 12:23PM	Vanija Until 12:57PM	Moon – Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:57AM Sat	<b>Magha-Thai</b>			<b>Sivaloka Day</b>
Until 7:01AM Sat							
Then Routine Work - Prabararishta Yoga							

<b>5</b>		<b>Saturday, February 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19 Sutra 300 Vilamba 5120	
Meena Rasi: 16.08	Tithi 5	<b>Gulika</b> 7:10AM – 8:28AM	<b>Uttaraproshtpada</b> Until 7:01AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:10AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:37PM
		Yama 1:42PM – 3:00PM	Sadhya Until 1:47AM Sun	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915273367 <b>Rahu</b> 9:47AM – 11:05AM	Bava Until 2:54PM	Moon – Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 3:41AM Sun	<b>Magha-Thai</b>			<b>Devaloka Day</b>
Until 7:01AM							
Then Routine Work - Prabararishta Yoga							

<b>6</b>		<b>Sunday, February 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 20 Sutra 301 Vilamba 5120	
Meena Rasi: 28.22	Tithi 6	<b>Gulika</b> 3:01PM – 4:20PM	<b>Revati</b> Until 8:59AM	<b>Ganesha:</b> Red	<b>Sunrise:</b> 7:08AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:39PM
		Yama 12:24PM – 1:42PM	Subha Until 1:38AM Mon	<b>Nataraja:</b> White			Moon 1 - Phase 41
		915273367 <b>Rahu</b> 4:20PM – 5:39PM	Kaulava Until 4:23PM	Moon – Clear			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi*</b> Until 4:54AM Mon	<b>Magha-Thai</b>			<b>Devaloka Day</b>
Until 8:59AM							
Then Creative Work - Siddha Yoga							

<b>Monday, February 11, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD Sun 21 Sutra 302 Vilamba 5120	
Mesha Rasi: 10.49	Tithi 7	<b>Gulika</b> 1:43PM – 3:02PM	<b>Ashvini</b> Until 10:45AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:07AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:40PM
<b>Family Home Evening</b>		Yama 11:04AM – 12:24PM	Sukla Until 1:00AM Tue	<b>Nataraja:</b> White			Moon 1 - Phase 41
		925273367 <b>Rahu</b> 8:26AM – 9:45AM	Gara Until 5:18PM	Moon – White			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:29AM Tue	<b>Magha-Thai</b>			<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

<b>Tuesday, February 12, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau		Frederick, MD Sun 22 Sutra 303 Vilamba 5120	
Mesha Rasi: 23.34	Tithi 8	<b>Gulika</b> 12:24PM – 1:43PM	<b>Bharani</b> Until 11:44AM	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 7:06AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:41PM
		Yama 9:45AM – 11:04AM	Brahma Until 11:51PM	<b>Nataraja:</b> White			Moon 1 - Phase 41
		925273367 <b>Rahu</b> 3:02PM – 4:22PM	Visti Until 5:32PM	Moon – White			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 5:22AM Wed	<b>Magha-Masi</b>			<b>Bhuloka Day</b>
							Devaloka Time: 12:PM to 3:PM

<b>Wednesday, February 13, 2019</b>		<b>Retreat Star</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau		Frederick, MD Sun 23 Sutra 304 Vilamba 5120	
Vrishabha Rasi: 6.38	Tithi 9	<b>Gulika</b> 11:04AM – 12:24PM	<b>Krittika</b> Until 11:52AM	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 7:05AM	<b>Muruqa:</b> Clear	<b>Sunset:</b> 5:42PM
		Yama 8:25AM – 9:44AM	Indra Until 10:07PM	<b>Nataraja:</b> White			Moon 1 - Phase 41
		926273367 <b>Rahu</b> 12:24PM – 1:43PM	Balava Until 5:02PM	Moon – White			Navami
Creative Work	Amrita Yoga		<b>Navami*</b> Until 4:28AM Thu	<b>Magha-Masi</b>			<b>Devaloka Day</b>
Until 11:52AM							
Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

All times are standard time

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<b>1</b>		<b>Thursday, February 14, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau			Frederick, MD Sun 24 Sutra 305 Vilamba 5120
Vrishabha Rasi: 20.08	Tithi 10	<b>Gulika</b> 9:44AM – 11:04AM	<b>Rohini Until 11:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:04AM		
		Yama 7:04AM – 8:24AM	Vaidhriti* Until 7:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:43PM	Moon 1 - Phase 42	
		936273367 <b>Rahu</b> 1:43PM – 3:03PM	Taitila Until 3:45PM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Marana Yoga		<b>Dashami Until 2:49AM Fri</b>	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Magha-Masi</b>			

<b>2</b>		<b>Friday, February 15, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau			Frederick, MD Sun 25 Sutra 306 Vilamba 5120
Mithuna Rasi: 4.04	Tithi 11	<b>Gulika</b> 8:23AM – 9:43AM	<b>Mrigashira Until 10:22AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:03AM		
		Yama 3:04PM – 4:24PM	Vishkambha* Until 4:51PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 42	
		936273367 <b>Rahu</b> 11:03AM – 12:24PM	Vanija Until 1:45PM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:30AM Sat</b>	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Magha-Masi</b>			

<b>3</b>		<b>Saturday, February 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau			Frederick, MD Sun 26 Sutra 307 Vilamba 5120
Mithuna Rasi: 18.27	Tithi 12	<b>Gulika</b> 7:01AM – 8:22AM	<b>Ardra Until 8:23AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:01AM		
		Yama 1:44PM – 3:04PM	Priti Until 1:26PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 42	
		936273367 <b>Rahu</b> 9:42AM – 11:03AM	Bava Until 11:07AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi Until 9:35PM</b>	Moon – Yellow			<b>Sivaloka Day</b>
				<b>Magha-Masi</b>			

<b>4</b>		<b>Sunday, February 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau			Frederick, MD Sun 27 Sutra 308 Vilamba 5120
Kataka Rasi: 3.13	Tithi 13	<b>Gulika</b> 3:05PM – 4:26PM	<b>Punarvasu Until 6:09AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:00AM		
		Yama 12:23PM – 1:44PM	Ayushman Until 9:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 42	
		946273367 <b>Rahu</b> 4:26PM – 5:47PM	Kaulava Until 7:58AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi Until 6:14PM</b>	Moon – Blue			<b>Devaloka Day</b>
				<b>Magha-Masi</b>			

*Pradosha Vrata*

		<b>Monday, February 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Frederick, MD Sutra 309 Vilamba 5120
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:44PM – 3:06PM	<b>Ashlesha* Until 12:18AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:59AM		
Kataka Rasi: 18.17	Tithi 14 – 15	Yama 11:02AM – 12:23PM	Sobhana Until 1:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 42	
<b>Family Home Evening</b>		946273367 <b>Rahu</b> 8:20AM – 9:41AM	Visti Until 12:43AM Tue	<b>Nataraja:</b> White		Purnima	
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:35PM</b>	Moon – Blue			<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Magha-Masi</b>			

<b>5</b>		<b>Tuesday, February 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Frederick, MD Sutra 310 Vilamba 5120
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:23PM – 1:45PM	<b>Magha* Until 9:24PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:58AM		
Simha Rasi: 3.32	Tithi 15 – 16	Yama 9:40AM – 11:02AM	Athiganda* Until 8:52PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM	Moon 1 - Phase 42	
		956273367 <b>Rahu</b> 3:06PM – 4:27PM	Balava Until 8:55PM	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Purnima* Until 10:48AM</b>	Moon – Red			<b>Sivaloka Day</b>
				<b>Magha-Masi</b>			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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Wednesday, February 20, 2019

Gold Retreat Star

Simha Rasi: 18.46    Tilthi 16 - 17

957273367

Creative Work    Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 311

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 11:01AM - 12:23PM

Yama 8:18AM - 9:40AM

Rahu 12:23PM - 1:45PM

Purvaphalguni Until 6:30PM

Sukarma Until 4:38PM

Gara Until 3:30AM Thu

Prathama\* Until 7:03AM

Ganesha: Clear    Sunrise: 6:56AM

Muruqa: Clear    Sunset: 5:50PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

1

Thursday, February 21, 2019

Kanya Rasi: 3.5    Tilthi 18

957273367

Amrita Yoga

Until 3:46PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD

Sun 1    Sutra 312

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 9:39AM - 11:01AM

Yama 6:55AM - 8:17AM

Rahu 1:45PM - 3:07PM

Uttaraphalguni Until 3:46PM

Dhriti Until 12:40PM

Vanija Until 1:53PM

Tritiya Until 12:20AM Fri

Ganesha: Clear    Sunrise: 6:55AM

Muruqa: Clear    Sunset: 5:51PM

Nataraja: White

Moon - Red

Magha-Masi

Devaloka Day

2

Friday, February 22, 2019

Kanya Rasi: 18.37    Tilthi 19

967273367

Creative Work    Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthayam Titau

Frederick, MD

Sun 2    Sutra 313

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 8:16AM - 9:38AM

Yama 3:08PM - 4:30PM

Rahu 11:01AM - 12:23PM

Hasta Until 1:47PM

Shula\* Until 9:01AM

Bava Until 10:57AM

Chaturthi\* Until 9:41PM

Ganesha: White    Sunrise: 6:54AM

Muruqa: Clear    Sunset: 5:52PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Tula Rasi: 2.59    Tilthi 20

967273367

Routine Work    Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 3    Sutra 314

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 6:52AM - 8:15AM

Yama 1:45PM - 3:08PM

Rahu 9:38AM - 11:00AM

Chitra Until 12:16PM

Vriddhi Until 3:20AM Sun

Kaulava Until 8:38AM

Panchami Until 7:43PM

Ganesha: White    Sunrise: 6:52AM

Muruqa: Clear    Sunset: 5:53PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Tula Rasi: 16.52    Tilthi 21

967273367

Creative Work    Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthiyam Titau

Frederick, MD

Sun 4    Sutra 315

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 3:09PM - 4:32PM

Yama 12:23PM - 1:46PM

Rahu 4:32PM - 5:54PM

Svati Until 11:21AM

Dhruva Until 1:25AM Mon

Gara Until 7:03AM

Shashthi\* Until 6:33PM

Ganesha: White    Sunrise: 6:51AM

Muruqa: Clear    Sunset: 5:54PM

Nataraja: White

Moon - Green

Magha-Masi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vrischika Rasi: 0.17    Tilthi 22

977273367

Family Home Evening

Routine Work    Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Visti\*/Bava Karana Saplamyam Titau

Frederick, MD

Sun 5    Sutra 316

Vilamba 5120

Moon 2 - Phase 43

1st Phase

Gulika 1:46PM - 3:09PM

Yama 10:59AM - 12:23PM

Rahu 8:13AM - 9:36AM

Vishakha Until 11:34AM

Vyaghata\* Until 12:11AM Tue

Visti Until 6:18AM

Saptami Until 6:14PM

Ganesha: Yellow    Sunrise: 6:50AM

Muruqa: Clear    Sunset: 5:56PM

Nataraja: White

Moon - Orange

Magha-Masi

Devaloka Day

D

Tuesday, February 26, 2019

Retreat Star

Vrischika Rasi: 13.14    Tilthi 23

978273367

Creative Work    Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6    Sutra 317

Vilamba 5120

Moon 2 - Phase 43

Ashtami

Gulika 12:22PM - 1:46PM

Yama 9:35AM - 10:59AM

Rahu 3:10PM - 4:33PM

Anuradha Until 12:29PM

Harshana Until 11:39PM

Balava Until 6:26AM

Ashtami\* Until 6:47PM

Ganesha: Blue    Sunrise: 6:48AM

Muruqa: Clear    Sunset: 5:57PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Wednesday, February 27, 2019

Retreat Star

Vrischika Rasi: 25.47    Tilthi 24

978273367

Creative Work    Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7    Sutra 318

Vilamba 5120

Moon 2 - Phase 43

Navami

Gulika 10:58AM - 12:22PM

Yama 8:11AM - 9:35AM

Rahu 12:22PM - 1:46PM

Jyeshtha\* Until 2:01PM

Vajra\* Until 11:39PM

Taitila Until 7:23AM

Navami\* Until 8:08PM

Ganesha: Blue    Sunrise: 6:47AM

Muruqa: Clear    Sunset: 5:58PM

Nataraja: White

Moon - Orange

Magha-Masi

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1</b>		<b>Thursday, February 28, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Frederick, MD Sun 8 Sutra 319 Vilamba 5120
Dhanus Rasi: 8.01	Tithi 25	<b>Gulika</b> 9:34AM – 10:58AM	<b>Mula* Until 4:33PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:45AM	
		Yama 6:45AM – 8:10AM	Siddhi Until 12:09AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 1:46PM – 3:10PM	Vanija Until 9:05AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 10:07PM</b>	Moon – Light Blue		<b>Devaloka Day</b>
				<b>Magha-Masi</b>		

<b>2</b>		<b>Friday, March 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 320 Vilamba 5120
Dhanus Rasi: 20.02	Tithi 26	<b>Gulika</b> 8:07AM – 9:32AM	<b>Purvashadha* Until 7:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:43AM	
		Yama 3:11PM – 4:36PM	Vyatipata* Until 12:59AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 10:57AM – 12:22PM	Bava Until 11:19AM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Prabalarishta Yoga		<b>Ekadashi* Until 12:34AM Sat</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 7:22PM				<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Saturday, March 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 10 Sutra 321 Vilamba 5120
Makara Rasi: 1.53	Tithi 27	<b>Gulika</b> 6:41AM – 8:06AM	<b>Uttarashadha Until 10:19PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:41AM	
		Yama 1:47PM – 3:12PM	Variyan Until 1:58AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 9:31AM – 10:56AM	Kaulava Until 1:55PM	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi* Until 3:15AM Sun</b>	Moon – Light Blue		<b>Devaloka Day</b>
Until 10:19PM				<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>4</b>		<b>Sunday, March 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 322 Vilamba 5120
Makara Rasi: 13.41	Tithi 28	<b>Gulika</b> 3:12PM – 4:38PM	<b>Shravana Until 1:40AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	
		Yama 12:21PM – 1:47PM	Parigha* Until 3:02AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 4:38PM – 6:03PM	Gara Until 4:39PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Trayodashi* Until 6:00AM Mon</b>	Moon – Purple		<b>Devaloka Day</b>
Until 1:40AM Mon				<b>Magha-Masi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Monday, March 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Frederick, MD Sun 12 Sutra 323 Vilamba 5120
Makara Rasi: 25.27	Tithi 28 – 29	<b>Gulika</b> 1:47PM – 3:13PM	<b>Dhanishtha Until 4:47AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	
<b>Family Home Evening</b>		Yama 10:55AM – 12:21PM	Shiva Until 4:03AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44
		988273367 <b>Rahu</b> 8:04AM – 9:30AM	Visti Until 7:22PM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi* Until 6:00AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 4:47AM Tue				<b>Magha-Masi</b>		
Then Routine Work - Marana Yoga		<b>Mahasivaratri (Lunar)</b>				
		<b>Mahasivaratri (Solar)</b>				

<b>Retreat Star</b>		<b>Tuesday, March 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhishak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 13 Sutra 324 Vilamba 5120
Kumbha Rasi: 7.15	Tithi 29 – 30	<b>Gulika</b> 12:21PM – 1:47PM	<b>Shatabhishak Until 7:33AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	
		Yama 9:29AM – 10:55AM	Siddha Until 4:53AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44
		199273367 <b>Rahu</b> 3:13PM – 4:39PM	Catuspada Until 9:56PM	<b>Nataraja:</b> White		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:39AM</b>	Moon – Purple		<b>Devaloka Day</b>
Until 7:33AM Wed				<b>Magha-Masi</b>		
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, March 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhishak/Purvaprosithapada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 14 Sutra 325 Vilamba 5120
Kumbha Rasi: 19.08	Tithi 30 – 1	<b>Gulika</b> 10:54AM – 12:21PM	<b>Shatabhishak Until 7:33AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	
		Yama 8:01AM – 9:28AM	Sadhya Until 5:32AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44
		199373367 <b>Rahu</b> 12:21PM – 1:47PM	Kintughna Until 12:14AM Thu	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 11:06AM</b>	Moon – Purple		<b>Sivaloka Day</b>
Until 7:33AM				<b>Phalgun-Masi</b>		
Then Creative Work - Amrita Yoga						

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>		<b>Thursday, March 7, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 15 Sutra 326	
Meena Rasi: 1.07	Tithi 1 – 2	119373367	<b>Gulika</b> 9:27AM – 10:54AM <b>Yama</b> 6:34AM – 8:00AM <b>Rahu</b> 1:47PM – 3:14PM	<b>Purvaprosarthpada* Until 10:24AM</b> Subha Until 5:58AM Fri Balava Until 2:13AM Fri <b>Prathama* Until 1:15PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:07PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>2</b>		<b>Friday, March 8, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 16 Sutra 327	
Meena Rasi: 13.13	Tithi 2 – 3	119373367	<b>Gulika</b> 7:59AM – 9:26AM <b>Yama</b> 3:14PM – 4:41PM <b>Rahu</b> 10:53AM – 12:20PM	<b>Uttaraprosarthpada Until 12:46PM</b> Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat <b>Dvitiya Until 3:04PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:08PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>3</b>		<b>Saturday, March 9, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Frederick, MD Sun 17 Sutra 328	
Meena Rasi: 25.28	Tithi 3 – 4	119373367	<b>Gulika</b> 6:31AM – 7:58AM <b>Yama</b> 1:47PM – 3:15PM <b>Rahu</b> 9:25AM – 10:53AM	<b>Revati Until 2:38PM</b> Sukla Until 6:07AM Vanija Until 5:09AM Sun <b>Tritiya Until 4:33PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Clear	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:09PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Routine Work	Prabalarishta Yoga				<b>Phalguna-Masi</b>		
Until 2:38PM							
Then Creative Work - Siddha Yoga			<b>Subramuniyaswami Siva Vision Day</b>				
<b>4</b>		<b>Sunday, March 10, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 18 Sutra 329	
Mesha Rasi: 7.52	Tithi 4 – 5	129373367	<b>Gulika</b> 3:15PM – 4:43PM <b>Yama</b> 12:20PM – 1:47PM <b>Rahu</b> 4:43PM – 6:10PM	<b>Ashvini Until 4:27PM</b> Indra Until 6:00AM Bava Until 6:01AM Mon <b>Chaturthi* Until 5:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:10PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
Until 4:27PM							
Then Routine Work - Prabalarishta Yoga							
<b>5</b>		<b>Monday, March 11, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19 Sutra 330	
Mesha Rasi: 20.27	Tithi 5	129373367	<b>Gulika</b> 1:47PM – 3:15PM <b>Yama</b> 10:51AM – 12:19PM <b>Rahu</b> 7:55AM – 9:23AM	<b>Bharani Until 5:41PM</b> Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM <b>Panchami Until 6:16PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:27AM <b>Sunset:</b> 6:11PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Family Home Evening					<b>Phalguna-Masi</b>		
Creative Work	Siddha Yoga						
Until 5:41PM							
Then Routine Work - Marana Yoga							
<b>6</b>		<b>Tuesday, March 12, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau		Frederick, MD Sun 20 Sutra 331	
Vrishabha Rasi: 3.15	Tithi 6	129373367	<b>Gulika</b> 12:19PM – 1:47PM <b>Yama</b> 9:23AM – 10:51AM <b>Rahu</b> 3:16PM – 4:44PM	<b>Krittika Until 6:17PM</b> Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM <b>Shashthi* Until 6:24PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – White	<b>Sunrise:</b> 6:26AM <b>Sunset:</b> 6:12PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Devaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
Until 6:17PM							
Then Creative Work - Amrita Yoga							
<b>Retreat Star</b>		<b>Wednesday, March 13, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 21 Sutra 332	
Vrishabha Rasi: 16.19	Tithi 7 – 8	131373367	<b>Gulika</b> 10:50AM – 12:19PM <b>Yama</b> 7:53AM – 9:22AM <b>Rahu</b> 12:19PM – 1:48PM	<b>Rohini Until 6:39PM</b> Priti Until 1:54AM Thu Gara Until 6:17AM <b>Saptami Until 5:59PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:24AM <b>Sunset:</b> 6:13PM	Vilamba 5120 Moon 2 - Phase 45 3rd Phase <b>Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Masi</b>		
<b>Retreat Star</b>		<b>Thursday, March 14, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 333	
Vrishabha Rasi: 29.41	Tithi 8 – 9	131373367	<b>Gulika</b> 9:21AM – 10:50AM <b>Yama</b> 6:23AM – 7:52AM <b>Rahu</b> 1:48PM – 3:17PM	<b>Mrigashira Until 6:15PM</b> Ayushman Until 11:44PM Balava Until 4:12AM Fri <b>Ashtami* Until 4:56PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	<b>Sunrise:</b> 6:23AM <b>Sunset:</b> 6:14PM	Vilamba 5120 Moon 2 - Phase 45 Ashtami <b>Sivaloka Day</b>
Routine Work	Marana Yoga				<b>Phalguna-Panguni</b>		
			<b>Karadaiyan Nombu (Tamil Nadu)</b>				
<b>Retreat Star</b>		<b>Friday, March 15, 2019</b>		Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 334	
Mithuna Rasi: 13.25	Tithi 9 – 10	131373368	<b>Gulika</b> 7:50AM – 9:20AM <b>Yama</b> 3:17PM – 4:46PM <b>Rahu</b> 10:49AM – 12:18PM	<b>Ardra Until 5:07PM</b> Saubhagya Until 9:05PM Taitila Until 2:14AM Sat <b>Navami* Until 3:17PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:21AM <b>Sunset:</b> 6:15PM	Vilamba 5120 Moon 2 - Phase 45 Navami <b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga				<b>Phalguna-Panguni</b>		


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

<b>1</b>	<b>Saturday, March 16, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD
	Mithuna Rasi: 27.32	Tithi 10 - 11	<b>Gulika</b> 6:20AM - 7:49AM	<b>Punarvasu</b> Until 3:41PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	Sun 24 Sutra 335
			Yama 1:48PM - 3:17PM	Sobhana Until 6:00PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 9:19AM - 10:48AM	Vanija Until 11:44PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 4th Phase
			<b>Dashami</b> Until 1:02PM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Sunday, March 17, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD
	Kataka Rasi: 12	Tithi 11 - 12	<b>Gulika</b> 3:18PM - 4:48PM	<b>Pushya</b> Until 1:36PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	Sun 25 Sutra 336
			Yama 12:18PM - 1:48PM	Athiganda* Until 2:29PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 4:48PM - 6:18PM	Bava Until 8:45PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 4th Phase
			<b>Ekadashi</b> Until 10:16AM	Moon - Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Monday, March 18, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Tailila Karana Dvadashi/Trayodashyam Titau				Frederick, MD
	Kataka Rasi: 26.47	Tithi 12 - 13	<b>Gulika</b> 1:48PM - 3:18PM	<b>Ashlesha*</b> Until 11:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Sun 26 Sutra 337
	<b>Family Home Evening</b>		Yama 10:47AM - 12:17PM	Sukarma Until 10:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:19PM	Vilamba 5120
	Creative Work	Siddha Yoga	141373368 <b>Rahu</b> 7:47AM - 9:17AM	Taitila Until 3:41AM Tue	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 4th Phase
			<b>Dvadashi</b> Until 7:07AM	Moon - Blue		<b>Sivaloka Day</b>	
			<b>Yogaswami Mahasamadhi</b>	<b>Pradosha Vrata</b>	<b>Phalguna-Panguni</b>		

<b>4</b>	<b>Tuesday, March 19, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD
	Simha Rasi: 11.47	Tithi 14	<b>Gulika</b> 12:17PM - 1:48PM	<b>Magha*</b> Until 8:27AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 27 Sutra 338
			Yama 9:16AM - 10:47AM	Dhriti Until 6:40AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
	Creative Work	Siddha Yoga	151373368 <b>Rahu</b> 3:18PM - 4:49PM	Gara Until 1:56PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 4th Phase
			<b>Chaturdashi*</b> Until 12:08AM Wed	Moon - Red		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>		<b>Tour Day</b>	

	<b>Wednesday, March 20, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD
	<b>Copper Retreat Star</b>		<b>Gulika</b> 10:46AM - 12:17PM	<b>Uttaraphalguni</b> Until 2:50AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	Sutra 339
	Simha Rasi: 26.52	Tithi 15	Yama 7:44AM - 9:15AM	Ganda* Until 10:31PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Vilamba 5120
	Creative Work	Amrita Yoga	151373368 <b>Rahu</b> 12:17PM - 1:48PM	Visti Until 10:23AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 Purnima
			<b>Purnima*</b> Until 8:37PM	Moon - Red		<b>Subha Sivaloka Day</b>	
			<b>Panguni Uttiram</b>	<b>Phalguna-Panguni</b>			
			<b>Holi</b>				

	<b>Thursday, March 21, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:14AM - 10:45AM	<b>Hasta</b> Until 12:33AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:12AM	Sutra 340
	Kanya Rasi: 11.52	Tithi 16 - 17	Yama 6:12AM - 7:43AM	Vriddhi Until 6:41PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Vilamba 5120
	Routine Work	Marana Yoga	161383368 <b>Rahu</b> 1:48PM - 3:19PM	Balava Until 6:57AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 46 Prathama
			<b>Prathama*</b> Until 5:19PM	Moon - Green		<b>Devaloka Day</b>	
				<b>Phalguna-Panguni</b>			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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**Friday, March 22, 2019**  
**Gold Retreat Star**

Kanya Rasi: 26.39 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:42AM – 9:13AM  
**Yama** 3:19PM – 4:51PM  
**Rahu** 10:45AM – 12:16PM

**Chitra Until 10:33PM**  
Dhruva Until 3:08PM  
Vanija Until 1:09AM Sat  
Dvitiya Until 2:24PM

**Ganesha:** Yellow *Sunrise:* 6:10AM  
**Muruqa:** White *Sunset:* 6:22PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Frederick, MD  
Sun 1 Sutra 341  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**1**

**Saturday, March 23, 2019**

Tula Rasi: 11.05 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 6:09AM – 7:40AM  
**Yama** 1:48PM – 3:20PM  
**Rahu** 9:12AM – 10:44AM

**Svati Until 9:02PM**  
Vyaghata\* Until 12:03PM  
Bava Until 11:07PM  
Tritiya Until 12:02PM

**Ganesha:** Blue *Sunrise:* 6:09AM  
**Muruqa:** White *Sunset:* 6:23PM  
**Nataraja:** Clear  
Moon – Green  
**Phalguna-Panguni**

Frederick, MD  
Sun 2 Sutra 342  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**2**

**Sunday, March 24, 2019**

Tula Rasi: 25.05 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 3:20PM – 4:52PM  
**Yama** 12:16PM – 1:48PM  
**Rahu** 4:52PM – 6:24PM

**Vishakha Until 8:31PM**  
Harshana Until 9:33AM  
Kaulava Until 9:50PM  
Chaturthi\* Until 10:21AM

**Ganesha:** Red *Sunrise:* 6:07AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Frederick, MD  
Sun 3 Sutra 343  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**3**

**Monday, March 25, 2019**

Vrischika Rasi: 9 Tithi 20 – 21

**Family Home Evening**  
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 1:48PM – 3:20PM  
**Yama** 10:43AM – 12:15PM  
**Rahu** 7:38AM – 9:10AM

**Anuradha Until 8:43PM**  
Vajra\* Until 7:41AM  
Gara Until 9:24PM  
Panchami Until 9:29AM

**Ganesha:** Red *Sunrise:* 6:05AM  
**Muruqa:** White *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Frederick, MD  
Sun 4 Sutra 344  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day**

**4**

**Tuesday, March 26, 2019**

Vrischika Rasi: 21.39 Tithi 21 – 22

Routine Work Marana Yoga  
Until 9:37PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 12:15PM – 1:48PM  
**Yama** 9:09AM – 10:42AM  
**Rahu** 3:21PM – 4:54PM

**Jyeshtha\* Until 9:37PM**  
Siddhi Until 6:31AM  
Visti Until 9:52PM  
Shashthi\* Until 9:30AM

**Ganesha:** Red *Sunrise:* 6:04AM  
**Muruqa:** White *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Orange  
**Phalguna-Panguni**

Frederick, MD  
Sun 5 Sutra 345  
Vilamba 5120  
Moon 3 - Phase 47  
1st Phase

**Devaloka Day** **Tour Day**

**D**

**Wednesday, March 27, 2019**

**Retreat Star**

Dhanus Rasi: 4.16 Tithi 22 – 23

Routine Work Marana Yoga  
Until 11:38PM  
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:42AM – 12:15PM  
**Yama** 7:35AM – 9:08AM  
**Rahu** 12:15PM – 1:48PM

**Mula\* Until 11:38PM**  
Vyatipata\* Until 6:02AM  
Balava Until 11:10PM  
Saptami Until 10:24AM

**Ganesha:** Green *Sunrise:* 6:02AM  
**Muruqa:** White *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Frederick, MD  
Sun 6 Sutra 346  
Vilamba 5120  
Moon 3 - Phase 47  
Ashtami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

**Thursday, March 28, 2019**

**Retreat Star**

Dhanus Rasi: 16.33 Tithi 23 – 24

Creative Work Siddha Yoga  
Until 2:10AM Fri  
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Variyan/Parigha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 9:08AM – 10:41AM  
**Yama** 6:01AM – 7:34AM  
**Rahu** 1:48PM – 3:21PM

**Purvashadha\* Until 2:10AM Fri**  
Variyan Until 6:09AM  
Taitila Until 1:09AM Fri  
Ashtami\* Until 12:04PM

**Ganesha:** Green *Sunrise:* 6:01AM  
**Muruqa:** White *Sunset:* 6:28PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Phalguna-Panguni**

Frederick, MD  
Sun 7 Sutra 347  
Vilamba 5120  
Moon 3 - Phase 47  
Navami

**Bhuloka Day**  
Devaloka Time: 6:PM to 9:PM

<b>1</b>		<b>Friday, March 29, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 8 Sutra 348 Vilamba 5120
Dhanus Rasi: 28.34	Tithi 24 – 25	182383468	<b>Gulika</b> 7:33AM – 9:07AM <b>Yama</b> 3:22PM – 4:56PM <b>Rahu</b> 10:40AM – 12:14PM	<b>Uttarashadha Until 4:57AM Sat</b> Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue <b>Phalguna-Panguni</b>	Sunrise: 5:59AM Sunset: 6:29PM Moon 3 - Phase 48 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Saturday, March 30, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 9 Sutra 349 Vilamba 5120
Makara Rasi: 10.25	Tithi 25 – 26	192383468	<b>Gulika</b> 5:57AM – 7:32AM <b>Yama</b> 1:48PM – 3:22PM <b>Rahu</b> 9:06AM – 10:40AM	<b>Shravana Until 8:17AM Sun</b> Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:57AM Sunset: 6:30PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga						

<b>3</b>		<b>Sunday, March 31, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 10 Sutra 350 Vilamba 5120
Makara Rasi: 22.12	Tithi 26	192383468	<b>Gulika</b> 3:22PM – 4:57PM <b>Yama</b> 12:14PM – 1:48PM <b>Rahu</b> 4:57PM – 6:31PM	<b>Shravana Until 8:17AM</b> Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:56AM Sunset: 6:31PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga						

<b>4</b>		<b>Monday, April 1, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 11 Sutra 351 Vilamba 5120
Kumbha Rasi: 3.59	Tithi 27	192483468	<b>Gulika</b> 1:48PM – 3:22PM <b>Yama</b> 10:39AM – 12:14PM <b>Rahu</b> 7:30AM – 9:05AM	<b>Dhanishtha Until 11:25AM</b> Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:56AM Sunset: 6:31PM Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga						

<b>5</b>		<b>Tuesday, April 2, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 12 Sutra 352 Vilamba 5120
Kumbha Rasi: 15.51	Tithi 28	192483468	<b>Gulika</b> 12:13PM – 1:48PM <b>Yama</b> 9:04AM – 10:39AM <b>Rahu</b> 3:23PM – 4:58PM	<b>Shatabhishak Until 2:10PM</b> Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple <b>Phalguna-Panguni</b>	Sunrise: 5:54AM Sunset: 6:32PM Moon 3 - Phase 48 2nd Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga						

<b>6</b>		<b>Wednesday, April 3, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 13 Sutra 353 Vilamba 5120
Kumbha Rasi: 27.49	Tithi 29	112483468	<b>Gulika</b> 10:38AM – 12:13PM <b>Yama</b> 7:28AM – 9:03AM <b>Rahu</b> 12:13PM – 1:48PM	<b>Purvaproshtapada* Until 4:55PM</b> Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Sunrise: 5:53AM Sunset: 6:33PM Moon 3 - Phase 48 2nd Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, April 4, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 14 Sutra 354 Vilamba 5120
Meena Rasi: 9.58	Tithi 30	112483468	<b>Gulika</b> 9:02AM – 10:37AM <b>Yama</b> 5:51AM – 7:26AM <b>Rahu</b> 1:48PM – 3:23PM	<b>Uttaraproshtapada Until 7:06PM</b> Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri	<b>Ganesha:</b> Orange <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Phalguna-Panguni</b>	Sunrise: 5:51AM Sunset: 6:34PM Moon 3 - Phase 48 Amavasya <b>Sivaloka Day</b>
Creative Work Siddha Yoga						

<b>Retreat Star</b>		<b>Friday, April 5, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 15 Sutra 355 Vilamba 5120
Meena Rasi: 22.16	Tithi 1	113483468	<b>Gulika</b> 7:25AM – 9:01AM <b>Yama</b> 3:24PM – 5:00PM <b>Rahu</b> 10:37AM – 12:12PM	<b>Revati Until 8:42PM</b> Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Panguni</b>	Sunrise: 5:50AM Sunset: 6:35PM Moon 3 - Phase 48 Prathama <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>1</b>		<b>Saturday, April 6, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD
Mesha Rasi: 4.46	Tithi 2	<b>Gulika</b> 5:48AM – 7:24AM	<b>Ashvini Until 10:13PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:48AM	Sun 16	Sutra 356	Vilamba 5120
		Yama 1:48PM – 3:24PM	Vaidhriti* Until 11:15AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 9:00AM – 10:36AM	Balava Until 5:17PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 5:31AM Sun</b>	Moon – White				<b>Devaloka Day</b>
		<b>Chellappaswami Mahasamadhi</b>		<b>Chaitra-Panguni</b>				

<b>2</b>		<b>Sunday, April 7, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD
Mesha Rasi: 17.27	Tithi 3	<b>Gulika</b> 3:24PM – 5:01PM	<b>Bharani Until 11:12PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:46AM	Sun 17	Sutra 357	Vilamba 5120
		Yama 12:12PM – 1:48PM	Vishkambha* Until 10:36AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 5:01PM – 6:37PM	Taitila Until 5:42PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Prabalarishta Yoga		<b>Tritiya Until 5:45AM Mon</b>	Moon – White				<b>Devaloka Day</b>
Until 11:12PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Monday, April 8, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau				Frederick, MD
Vrishabha Rasi: 0.19	Tithi 4	<b>Gulika</b> 1:48PM – 3:25PM	<b>Krittika Until 11:39PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:45AM	Sun 18	Sutra 358	Vilamba 5120
<b>Family Home Evening</b>		Yama 10:35AM – 12:12PM	Priti Until 9:40AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM			Moon 3 - Phase 49
		123483468 <b>Rahu</b> 7:22AM – 8:58AM	Vanija Until 5:45PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 5:37AM Tue</b>	Moon – White				<b>Devaloka Day</b>
Until 11:39PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Tuesday, April 9, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD
Vrishabha Rasi: 13.22	Tithi 5	<b>Gulika</b> 12:11PM – 1:48PM	<b>Rohini Until 12:03AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:43AM	Sun 19	Sutra 359	Vilamba 5120
		Yama 8:57AM – 10:34AM	Ayushman Until 8:25AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:39PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 3:25PM – 5:02PM	Bava Until 5:26PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Amrita Yoga		<b>Panchami Until 5:07AM Wed</b>	Moon – Yellow				<b>Sivaloka Day</b>
Until 12:03AM Wed				<b>Chaitra-Panguni</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Wednesday, April 10, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD
Vrishabha Rasi: 26.37	Tithi 6	<b>Gulika</b> 10:34AM – 12:11PM	<b>Mrigashira Until 11:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:42AM	Sun 20	Sutra 360	Vilamba 5120
		Yama 7:19AM – 8:56AM	Saubhagya Until 6:53AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 12:11PM – 1:48PM	Kaulava Until 4:44PM	<b>Nataraja:</b> Purple				3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi* Until 4:14AM Thu</b>	Moon – Yellow				<b>Sivaloka Day</b>
				<b>Chaitra-Panguni</b>				

<b>6</b>		<b>Thursday, April 11, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau				Frederick, MD
Mithuna Rasi: 10.05	Tithi 7	<b>Gulika</b> 8:55AM – 10:33AM	<b>Ardra Until 11:16PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:40AM	Sun 21	Sutra 361	Vilamba 5120
		Yama 5:40AM – 7:18AM	Athiganda* Until 2:53AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM			Moon 3 - Phase 49
		133483468 <b>Rahu</b> 1:48PM – 3:26PM	Gara Until 3:39PM	<b>Nataraja:</b> Purple				3rd Phase
Routine Work	Marana Yoga		<b>Saptami Until 2:56AM Fri</b>	Moon – Yellow				<b>Sivaloka Day</b>
Until 11:16PM				<b>Chaitra-Panguni</b>				
Then Creative Work - Amrita Yoga								

<b>Retreat Star</b>		<b>Friday, April 12, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD
Mithuna Rasi: 23.46	Tithi 8	<b>Gulika</b> 7:17AM – 8:55AM	<b>Punarvasu Until 10:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:39AM	Sun 22	Sutra 362	Vilamba 5120
		Yama 3:26PM – 5:04PM	Sukarma Until 12:23AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 10:33AM – 12:10PM	Visti Until 2:08PM	<b>Nataraja:</b> Purple				Ashtami
Creative Work	Siddha Yoga		<b>Ashtami* Until 1:13AM Sat</b>	Moon – Blue				<b>Devaloka Day</b>
Until 10:29PM				<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Saturday, April 13, 2019</b>		Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD
Kataka Rasi: 7.43	Tithi 9	<b>Gulika</b> 5:37AM – 7:15AM	<b>Pushya Until 9:09PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:37AM	Sun 23	Sutra 363	Vilamba 5120
		Yama 1:48PM – 3:27PM	Dhriti Until 9:35PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:43PM			Moon 3 - Phase 49
		143483468 <b>Rahu</b> 8:54AM – 10:32AM	Balava Until 12:13PM	<b>Nataraja:</b> Purple				Navami
Creative Work	Siddha Yoga		<b>Navami* Until 11:06PM</b>	Moon – Blue				<b>Devaloka Day</b>
Until 9:09PM				<b>Chaitra-Panguni</b>				
Then Routine Work - Marana Yoga		<b>Sri Rama Navami</b>						

<b>1 Sunday, April 14, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau			Frederick, MD Sun 24 Sutra 364 Vikarin 5121
Kataka Rasi: 21.55	Tithi 10	<b>Gulika</b> 3:27PM – 5:05PM	<b>Ashlesha* Until 7:19PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:36AM	
		Yama 12:10PM – 1:48PM	Shula* Until 6:27PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:44PM	Moon 3 - Phase 1
		243483468 <b>Rahu</b> 5:05PM – 6:44PM	Taitila Until 9:55AM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga			Moon – Blue	
Until 7:19PM			<b>Dashami Until 8:37PM</b>	<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Tamil New Year</b>			

<b>2 Monday, April 15, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Frederick, MD Sun 25 Sutra 1 Vikarin 5121
Simha Rasi: 6.22	Tithi 11 – 12	<b>Gulika</b> 1:48PM – 3:27PM	<b>Magha* Until 5:27PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:34AM	
<b>Family Home Evening</b>		Yama 10:31AM – 12:10PM	Ganda* Until 3:05PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:45PM	Moon 3 - Phase 1
Routine Work	Marana Yoga	253483468 <b>Rahu</b> 7:13AM – 8:52AM	Vanija Until 7:16AM	<b>Nataraja:</b> Purple	4th Phase
Until 5:27PM			<b>Ekadashi Until 5:50PM</b>	Moon – Red	
Then Creative Work - Siddha Yoga				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>

<b>3 Tuesday, April 16, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Frederick, MD Sun 26 Sutra 2 Vikarin 5121
Simha Rasi: 20.59	Tithi 12 – 13	<b>Gulika</b> 12:09PM – 1:49PM	<b>Purvaphalguni Until 3:16PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:33AM	
		Yama 8:51AM – 10:30AM	Vridhi Until 11:33AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:46PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 3:28PM – 5:07PM	Kaulava Until 1:22AM Wed	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 2:52PM</b>	Moon – Red	
Until 3:16PM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>		

<b>4 Wednesday, April 17, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Frederick, MD Sun 27 Sutra 3 Vikarin 5121
Kanya Rasi: 5.41	Tithi 13 – 14	<b>Gulika</b> 10:30AM – 12:09PM	<b>Uttaraphalguni Until 12:53PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:31AM	
		Yama 7:11AM – 8:50AM	Dhruva Until 7:56AM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:47PM	Moon 3 - Phase 1
		253483468 <b>Rahu</b> 12:09PM – 1:49PM	Gara Until 10:22PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:50AM</b>	Moon – Red	
Until 12:53PM				<b>Chaitra*Chaitra</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga					

<b>Thursday, April 18, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Frederick, MD Sutra 4 Vikarin 5121
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:49AM – 10:29AM	<b>Hasta Until 10:51AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM	
Kanya Rasi: 20.22	Tithi 14 – 15	Yama 5:30AM – 7:10AM	Harshana Until 12:59AM Fri	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:48PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 1:49PM – 3:28PM	Visti Until 7:30PM	<b>Nataraja:</b> Purple	Purnima
Routine Work	Marana Yoga		<b>Chaturdashi* Until 8:53AM</b>	Moon – Green	
Until 10:51AM		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Hanuman Jayanti</b>			

<b>Friday, April 19, 2019</b>		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			Frederick, MD Sutra 5 Vikarin 5121
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:08AM – 8:49AM	<b>Chitra Until 8:56AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:28AM	
Tula Rasi: 4.53	Tithi 15 – 16	Yama 3:29PM – 5:09PM	Vajra* Until 9:51PM	<b>Muruqa:</b> Yellow <i>Sunset:</i> 6:49PM	Moon 3 - Phase 1
		263483468 <b>Rahu</b> 10:29AM – 12:09PM	Kaulava Until 3:49AM Sat	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 6:09AM</b>	Moon – Green	
				<b>Chaitra*Chaitra</b>	<b>Sivaloka Day</b>