



Tuesday, May 1, 2018
Gold Retreat Star

Vrischika Rasi: 3.38 Tithi 17
273832369
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Varyan Yoga Taitila/Gara Karana Dvilyayam Titau

Gulika 11:42AM – 1:27PM
Yama 8:11AM – 9:56AM
Rahu 3:12PM – 4:58PM
Anuradha Until 7:05AM Wed
Variyan Until 10:48PM
Taitila Until 8:40AM
Dvitiya Until 9:09PM

Ganesha: Purple *Sunrise:* 4:40AM
Muruqa: White *Sunset:* 6:43PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Buffalo, NY
Sutra 16
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

1

Wednesday, May 2, 2018

Vrischika Rasi: 16.06 Tithi 18
273832369
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 9:56AM – 11:41AM
Yama 6:24AM – 8:10AM
Rahu 11:41AM – 1:27PM
Anuradha Until 7:05AM
Parigha* Until 10:56PM
Vanija Until 9:49AM
Tritiya Until 10:34PM

Ganesha: Purple *Sunrise:* 4:39AM
Muruqa: White *Sunset:* 6:44PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Buffalo, NY
Sun 1
Sutra 17
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day

2

Thursday, May 3, 2018

Vrischika Rasi: 28.19 Tithi 19
274832369
Routine Work Prabalarishta Yoga
Until 9:08AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 8:09AM – 9:55AM
Yama 4:37AM – 6:23AM
Rahu 1:27PM – 3:13PM
Jyeshtha* Until 9:08AM
Shiva Until 11:28PM
Bava Until 11:30AM
Chaturthi* Until 12:30AM Fri

Ganesha: Clear *Sunrise:* 4:37AM
Muruqa: White *Sunset:* 6:45PM
Nataraja: Purple
Moon – Orange
Vaisaka-Chaitra

Buffalo, NY
Sun 2
Sutra 18
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Bhuloka Day
Devaloka Time: 9:AM to12:PM

3

Friday, May 4, 2018

Dhanus Rasi: 10.21 Tithi 20
284832369
Creative Work Amrita Yoga
Until 11:59AM
Then Routine Work - Prabalarishta Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 6:22AM – 8:09AM
Yama 3:14PM – 5:00PM
Rahu 9:55AM – 11:41AM
Mula* Until 11:59AM
Siddha Until 12:17AM Sat
Kaulava Until 1:39PM
Panchami Until 2:50AM Sat

Ganesha: White *Sunrise:* 4:36AM
Muruqa: White *Sunset:* 6:46PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Buffalo, NY
Sun 3
Sutra 19
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

4

Saturday, May 5, 2018

Dhanus Rasi: 22.14 Tithi 21
284832369
Creative Work Siddha Yoga
Until 2:59PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 4:35AM – 6:21AM
Yama 1:28PM – 3:14PM
Rahu 8:08AM – 9:55AM
Purvashadha* Until 2:59PM
Sadhya Until 1:18AM Sun
Gara Until 4:07PM
Shashthi* Until 5:23AM Sun

Ganesha: White *Sunrise:* 4:35AM
Muruqa: White *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Buffalo, NY
Sun 4
Sutra 20
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

5

Sunday, May 6, 2018

Makara Rasi: 4.02 Tithi 22
284832369
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Visti* Karana Saptamyam Titau

Gulika 3:15PM – 5:02PM
Yama 11:41AM – 1:28PM
Rahu 5:02PM – 6:49PM
Uttarashadha Until 5:55PM
Subha Until 2:22AM Mon
Visti Until 6:42PM
Saptami Until 7:56AM Mon

Ganesha: White *Sunrise:* 4:33AM
Muruqa: White *Sunset:* 6:49PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Chaitra

Buffalo, NY
Sun 5
Sutra 21
Vilamba 5120
Moon 4 - Phase 3
1st Phase

Devaloka Day

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Monday, May 7, 2018
Retreat Star

Makara Rasi: 15.52 Tithi 22 – 23
Family Home Evening
294832369
Creative Work Amrita Yoga
Until 9:04PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:28PM – 3:15PM
Yama 9:54AM – 11:41AM
Rahu 6:19AM – 8:07AM
Shravana Until 9:04PM
Sukla Until 3:14AM Tue
Balava Until 9:08PM
Saptami Until 7:56AM

Ganesha: Yellow *Sunrise:* 4:32AM
Muruqa: White *Sunset:* 6:50PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Buffalo, NY
Sun 6
Sutra 22
Vilamba 5120
Moon 4 - Phase 3
Ashtami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

Tuesday, May 8, 2018
Retreat Star

Makara Rasi: 27.46 Tithi 23 – 24
294832369
Creative Work Siddha Yoga
Until 11:40PM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 11:41AM – 1:28PM
Yama 8:06AM – 9:53AM
Rahu 3:16PM – 5:03PM
Dhanishtha Until 11:40PM
Brahma Until 3:46AM Wed
Taitila Until 11:10PM
Ashtami* Until 10:12AM

Ganesha: Yellow *Sunrise:* 4:31AM
Muruqa: White *Sunset:* 6:51PM
Nataraja: Purple
Moon – Purple
Vaisaka-Chaitra

Buffalo, NY
Sun 7
Sutra 23
Vilamba 5120
Moon 4 - Phase 3
Navami

Bhuloka Day
Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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| 1 | Wednesday, May 9, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Buffalo, NY |
| | | | Shatabhishak Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Sun 8 Sutra 24 |
| | Kumbha Rasi: 9.52 | Tithi 24 – 25 | Gulika 9:53AM – 11:41AM | Shatabhishak Until 1:30AM Thu | Ganesha: Yellow | <i>Sunrise:</i> 4:30AM | Vilamba 5120 |
| | 294832369 | | Yama 6:18AM – 8:05AM | Indra Until 3:49AM Thu | Muruqa: White | <i>Sunset:</i> 6:52PM | Moon 4 - Phase 4 |
| Creative Work | Siddha Yoga | Rahu 11:41AM – 1:29PM | Vanija Until 12:35AM Thu | Nataraja: Purple | | 2nd Phase | |
| | | | Navami* Until 11:57AM | Moon – Purple | Bhuloka Day | Devaloka Time: 9:AM to12:PM | |
| | | | | Vaisaka-Chaitra | | | |

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| 2 | Thursday, May 10, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Buffalo, NY |
| | | | Purvaproshtapada* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 9 Sutra 25 |
| | Kumbha Rasi: 22.15 | Tithi 25 – 26 | Gulika 8:05AM – 9:53AM | Purvaproshtapada* Until 2:55AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 4:29AM | Vilamba 5120 |
| | 214832369 | | Yama 4:29AM – 6:17AM | Vaidhriti* Until 3:14AM Fri | Muruqa: White | <i>Sunset:</i> 6:53PM | Moon 4 - Phase 4 |
| Creative Work | Siddha Yoga | Rahu 1:29PM – 3:17PM | Bava Until 1:14AM Fri | Nataraja: Purple | | 2nd Phase | |
| | | | Dashami Until 1:00PM | Moon – Clear | Bhuloka Day | Devaloka Time: 9:AM to12:PM | |
| | | | | Vaisaka-Chaitra | | | |

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| 3 | Friday, May 11, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | Buffalo, NY |
| | | | Uttaraproshtapada Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Sun 10 Sutra 26 |
| | Meena Rasi: 4.59 | Tithi 26 – 27 | Gulika 6:16AM – 8:04AM | Uttaraproshtapada Until 3:22AM Sat | Ganesha: Blue | <i>Sunrise:</i> 4:28AM | Vilamba 5120 |
| | 214932369 | | Yama 3:17PM – 5:06PM | Vishkambha* Until 2:01AM Sat | Muruqa: White | <i>Sunset:</i> 6:54PM | Moon 4 - Phase 4 |
| Creative Work | Siddha Yoga | Rahu 9:52AM – 11:41AM | Kaulava Until 1:03AM Sat | Nataraja: Purple | | 2nd Phase | |
| Until 3:22AM Sat | | | Ekadashi* Until 1:14PM | Moon – Clear | Bhuloka Day | | |
| Then Routine Work - Prabalarishta Yoga | | | | Vaisaka-Chaitra | | | |

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| 4 | Saturday, May 12, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantla Vasara Yuktayam | | | | Buffalo, NY |
| | | | Revati Nakshatra Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 11 Sutra 27 |
| | Meena Rasi: 18.07 | Tithi 27 – 28 | Gulika 4:26AM – 6:15AM | Revati Until 2:53AM Sun | Ganesha: Blue | <i>Sunrise:</i> 4:26AM | Vilamba 5120 |
| | 214932369 | | Yama 1:29PM – 3:18PM | Priti Until 12:10AM Sun | Muruqa: White | <i>Sunset:</i> 6:55PM | Moon 4 - Phase 4 |
| Routine Work | Prabalarishta Yoga | Rahu 8:04AM – 9:52AM | Gara Until 12:05AM Sun | Nataraja: Purple | | 2nd Phase | |
| Until 2:53AM Sun | | | Dvadashi* Until 12:39PM | Moon – Clear | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | Vaisaka-Chaitra | | | |
| | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | Sunday, May 13, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Buffalo, NY |
| | | | Ashvini Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 12 Sutra 28 |
| | Mesha Rasi: 1.41 | Tithi 28 – 29 | Gulika 3:18PM – 5:07PM | Ashvini Until 2:01AM Mon | Ganesha: Blue | <i>Sunrise:</i> 4:25AM | Vilamba 5120 |
| | 224932369 | | Yama 11:41AM – 1:30PM | Ayushman Until 9:45PM | Muruqa: White | <i>Sunset:</i> 6:56PM | Moon 4 - Phase 4 |
| Creative Work | Siddha Yoga | Rahu 5:07PM – 6:56PM | Visti Until 10:24PM | Nataraja: Purple | | 2nd Phase | |
| | | | Trayodashi* Until 11:18AM | Moon – White | Bhuloka Day | | |
| | | Mother's Day | | Vaisaka-Chaitra | | | |

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|  | Monday, May 14, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Buffalo, NY |
| | Retreat Star | | Bharani Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 13 Sutra 29 |
| | Mesha Rasi: 15.4 | Tithi 29 – 30 | Gulika 1:30PM – 3:19PM | Bharani Until 12:28AM Tue | Ganesha: Blue | <i>Sunrise:</i> 4:24AM | Vilamba 5120 |
| | 224932369 | | Yama 9:52AM – 11:41AM | Saubhagya Until 6:51PM | Muruqa: White | <i>Sunset:</i> 6:57PM | Moon 4 - Phase 4 |
| Family Home Evening | | Rahu 6:13AM – 8:03AM | Catuspada Until 8:09PM | Nataraja: Purple | | Amavasya | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 9:20AM | Moon – White | Bhuloka Day | | |
| | | | | Vaisaka-Vaikasi | | | |

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| Retreat Star | Tuesday, May 15, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | Buffalo, NY |
| | | | Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 30 |
| | Mesha Rasi: 29.59 | Tithi 30 – 1 | Gulika 11:41AM – 1:30PM | Krittika Until 10:22PM | Ganesha: Red | <i>Sunrise:</i> 4:23AM | Vilamba 5120 |
| | 225932369 | | Yama 8:02AM – 9:51AM | Sobhana Until 3:37PM | Muruqa: White | <i>Sunset:</i> 6:58PM | Moon 4 - Phase 4 |
| Creative Work | Siddha Yoga | Rahu 3:19PM – 5:09PM | Bava Until 4:01AM Wed | Nataraja: Purple | | Prathama | |
| Until 10:22PM | | | Amavasya* Until 6:51AM | Moon – White | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | | Jyeshtha Adhika-Vaikasi | Devaloka Time: 9:AM to12:PM | | |

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| 1 | | Wednesday, May 16, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Athiganda/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Buffalo, NY Sun 15 Sutra 31 Vilamba 5120 |
| Vrishabha Rasi: 14.33 | Tithi 2 | Gulika 9:51AM – 11:41AM | Rohini Until 8:20PM | Ganesha: Yellow | <i>Sunrise:</i> 4:22AM | |
| | | Yama 6:12AM – 8:02AM | Athiganda* Until 12:08PM | Muruqa: White | <i>Sunset:</i> 6:59PM | Moon 4 - Phase 5 |
| | | 235932369 Rahu 11:41AM – 1:30PM | Balava Until 2:33PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 1:01AM Thu | Moon – Yellow | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to12:PM |

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| 2 | | Thursday, May 17, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau | | Buffalo, NY Sun 16 Sutra 32 Vilamba 5120 |
| Vrishabha Rasi: 29.15 | Tithi 3 | Gulika 8:01AM – 9:51AM | Mrigashira Until 6:05PM | Ganesha: Yellow | <i>Sunrise:</i> 4:21AM | |
| | | Yama 4:21AM – 6:11AM | Sukarma Until 8:34AM | Muruqa: White | <i>Sunset:</i> 7:00PM | Moon 4 - Phase 5 |
| | | 235932369 Rahu 1:31PM – 3:20PM | Taitila Until 11:30AM | Nataraja: Purple | | 3rd Phase |
| Routine Work | Marana Yoga | | Tritiya Until 9:58PM | Moon – Yellow | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to12:PM |

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| 3 | | Friday, May 18, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau | | Buffalo, NY Sun 17 Sutra 33 Vilamba 5120 |
| Mithuna Rasi: 13.57 | Tithi 4 | Gulika 6:10AM – 8:01AM | Ardra Until 3:46PM | Ganesha: Yellow | <i>Sunrise:</i> 4:20AM | |
| | | Yama 3:21PM – 5:11PM | Shula* Until 1:32AM Sat | Muruqa: White | <i>Sunset:</i> 7:01PM | Moon 4 - Phase 5 |
| | | 235932369 Rahu 9:51AM – 11:41AM | Vanija Until 8:29AM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 7:00PM | Moon – Yellow | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to12:PM |

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| 4 | | Saturday, May 19, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Buffalo, NY Sun 18 Sutra 34 Vilamba 5120 |
| Mithuna Rasi: 28.33 | Tithi 5 – 6 | Gulika 4:19AM – 6:10AM | Punarvasu Until 1:55PM | Ganesha: White | <i>Sunrise:</i> 4:19AM | |
| | | Yama 1:31PM – 3:21PM | Ganda* Until 10:16PM | Muruqa: White | <i>Sunset:</i> 7:02PM | Moon 4 - Phase 5 |
| | | 245932369 Rahu 8:00AM – 9:50AM | Kaulava Until 3:00AM Sun | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 4:15PM | Moon – Blue | | Devaloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | |

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| 5 | | Sunday, May 20, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Buffalo, NY Sun 19 Sutra 35 Vilamba 5120 |
| Kataka Rasi: 12.58 | Tithi 6 – 7 | Gulika 3:22PM – 5:13PM | Pushya Until 12:13PM | Ganesha: White | <i>Sunrise:</i> 4:19AM | |
| | | Yama 11:41AM – 1:31PM | Vriddhi Until 7:17PM | Muruqa: White | <i>Sunset:</i> 7:03PM | Moon 4 - Phase 5 |
| | | 245932369 Rahu 5:13PM – 7:03PM | Gara Until 12:43AM Mon | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 1:48PM | Moon – Blue | | Devaloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | |

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| Monday, May 21, 2018 | | Retreat Star | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Buffalo, NY Sun 20 Sutra 36 Vilamba 5120 |
| Kataka Rasi: 27.08 | Tithi 7 – 8 | Gulika 1:32PM – 3:22PM | Ashlesha* Until 10:44AM | Ganesha: White | <i>Sunrise:</i> 4:18AM | |
| Family Home Evening | | Yama 9:50AM – 11:41AM | Dhruva Until 4:35PM | Muruqa: White | <i>Sunset:</i> 7:04PM | Moon 4 - Phase 5 |
| Creative Work | Siddha Yoga | 245932369 Rahu 6:09AM – 7:59AM | Visti Until 10:49PM | Nataraja: Purple | | Ashtami |
| Until 10:44AM | | | Saptami Until 11:42AM | Moon – Blue | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Jyeshtha Adhika-Vaikasi | | |

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| Tuesday, May 22, 2018 | | Retreat Star | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Buffalo, NY Sun 21 Sutra 37 Vilamba 5120 |
| Simha Rasi: 11.04 | Tithi 8 – 9 | Gulika 11:41AM – 1:32PM | Magha* Until 9:55AM | Ganesha: Clear | <i>Sunrise:</i> 4:17AM | |
| | | Yama 7:59AM – 9:50AM | Vyaghata* Until 2:13PM | Muruqa: White | <i>Sunset:</i> 7:05PM | Moon 4 - Phase 5 |
| | | 255932369 Rahu 3:23PM – 5:14PM | Balava Until 9:19PM | Nataraja: Purple | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 10:00AM | Moon – Red | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to12:PM |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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| 1 | | Wednesday, May 23, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sutra 38 |
| Simha Rasi: 24.45 | Tithi 9 – 10 | Gulika 9:50AM – 11:41AM | Purvaphalguni Until 9:23AM | Ganesha: Clear | <i>Sunrise:</i> 4:16AM | Vilamba 5120 |
| | | Yama 6:07AM – 7:59AM | Harshana Until 12:12PM | Muruqa: White | <i>Sunset:</i> 7:06PM | Moon 4 - Phase 6 |
| | 255932369 | Rahu 11:41AM – 1:32PM | Taitila Until 8:13PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Navami* Until 8:42AM | Moon – Red | | Bhuloka Day |
| | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to 12:PM |

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| 2 | | Thursday, May 24, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sutra 39 |
| Kanya Rasi: 8.12 | Tithi 10 – 11 | Gulika 7:58AM – 9:50AM | Uttaraphalguni Until 9:05AM | Ganesha: Clear | <i>Sunrise:</i> 4:15AM | Vilamba 5120 |
| | | Yama 4:15AM – 6:07AM | Vajra* Until 10:28AM | Muruqa: White | <i>Sunset:</i> 7:07PM | Moon 4 - Phase 6 |
| | 255932369 | Rahu 1:33PM – 3:24PM | Vanija Until 7:31PM | Nataraja: Purple | | 4th Phase |
| | Amrita Yoga | | Dashami Until 7:48AM | Moon – Red | | Bhuloka Day |
| Until 9:05AM | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 9:AM to 12:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 | | Friday, May 25, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyaltipata* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sutra 40 |
| Kanya Rasi: 21.26 | Tithi 11 – 12 | Gulika 6:06AM – 7:58AM | Hasta Until 9:28AM | Ganesha: Purple | <i>Sunrise:</i> 4:15AM | Vilamba 5120 |
| | | Yama 3:25PM – 5:16PM | Siddhi Until 9:04AM | Muruqa: White | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 6 |
| | 366932369 | Rahu 9:50AM – 11:41AM | Bava Until 7:12PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Ekadashi Until 7:18AM | Moon – Green | | Bhuloka Day |
| Until 9:28AM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 | | Saturday, May 26, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vyaltipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sutra 41 |
| Tula Rasi: 4.28 | Tithi 12 – 13 | Gulika 4:14AM – 6:06AM | Chitra Until 10:05AM | Ganesha: Purple | <i>Sunrise:</i> 4:14AM | Vilamba 5120 |
| | | Yama 1:33PM – 3:25PM | Vyaltipata* Until 7:59AM | Muruqa: White | <i>Sunset:</i> 7:09PM | Moon 4 - Phase 6 |
| | 366932369 | Rahu 7:58AM – 9:49AM | Kaulava Until 7:17PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 7:11AM | Moon – Green | | Bhuloka Day |
| Until 10:05AM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |
| | | | | | | <i>Pradosha Vrata</i> |

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| 5 | | Sunday, May 27, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sutra 42 |
| Tula Rasi: 17.17 | Tithi 13 – 14 | Gulika 3:26PM – 5:18PM | Svati Until 10:56AM | Ganesha: Purple | <i>Sunrise:</i> 4:13AM | Vilamba 5120 |
| | | Yama 11:41AM – 1:33PM | Variyan Until 7:11AM | Muruqa: White | <i>Sunset:</i> 7:10PM | Moon 4 - Phase 6 |
| | 366932369 | Rahu 5:18PM – 7:10PM | Gara Until 7:46PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 7:27AM | Moon – Green | | Bhuloka Day |
| Until 10:56AM | | | | Jyeshtha Adhika-Vaikasi | | |
| Then Routine Work - Marana Yoga | | Vaikasi Visakam | | | | |

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|  | | Monday, May 28, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau | | Buffalo, NY Sutra 43 |
| Copper Retreat Star | | Gulika 1:34PM – 3:26PM | Vishakha Until 12:30PM | Ganesha: Clear | <i>Sunrise:</i> 4:13AM | Vilamba 5120 |
| Tula Rasi: 29.56 | Tithi 14 – 15 | Yama 9:49AM – 11:42AM | Parigha* Until 6:44AM | Muruqa: White | <i>Sunset:</i> 7:10PM | Moon 4 - Phase 6 |
| Family Home Evening | 376932369 | Rahu 6:05AM – 7:57AM | Visti Until 8:41PM | Nataraja: Purple | | Purnima |
| Routine Work | Marana Yoga | | Chaturdashi* Until 8:09AM | Moon – Orange | | Bhuloka Day |
| Until 12:30PM | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 0 | | Tuesday, May 29, 2018 | | Vilamba Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Buffalo, NY Sutra 44 |
| Silver Retreat Star | | Gulika 11:42AM – 1:34PM | Anuradha Until 2:22PM | Ganesha: Clear | <i>Sunrise:</i> 4:12AM | Vilamba 5120 |
| Vrischika Rasi: 12.22 | Tithi 15 – 16 | Yama 7:57AM – 9:49AM | Shiva Until 6:39AM | Muruqa: White | <i>Sunset:</i> 7:11PM | Moon 4 - Phase 6 |
| | 376932369 | Rahu 3:26PM – 5:19PM | Balava Until 10:03PM | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 9:17AM | Moon – Orange | | Bhuloka Day |
| Until 2:22PM | | | | Jyeshtha Adhika-Vaikasi | | Devaloka Time: 6:AM to 9:AM |
| Then Routine Work - Marana Yoga | | | | | | |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda



Wednesday, May 30, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 45

Vilamba 5120

Vrischika Rasi: 24.37 Tithi 16 – 17

Gulika 9:49AM – 11:42AM
Yama 6:04AM – 7:57AM
Rahu 11:42AM – 1:34PM

Jyeshtha* Until 4:29PM

Siddha Until 6:53AM

Taitila Until 11:51PM

Prathama* Until 10:52AM

Ganesha: Clear

Sunrise: 4:11AM

Muruqa: White

Sunset: 7:12PM

Nataraja: Purple

Moon – Orange

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 4:29PM

Then Routine Work - Marana Yoga

Thursday, May 31, 2018

1

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Sutra 46

Vilamba 5120

Dhanus Rasi: 6.41 Tithi 17 – 18

Gulika 7:56AM – 9:49AM
Yama 4:11AM – 6:04AM
Rahu 1:35PM – 3:27PM

Mula* Until 7:19PM

Sadhya Until 7:27AM

Vanija Until 2:02AM Fri

Dvitiya Until 12:53PM

Ganesha: White

Sunrise: 4:11AM

Muruqa: White

Sunset: 7:13PM

Nataraja: Purple

Moon – Light Blue

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Friday, June 1, 2018

2

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY

Sutra 47

Vilamba 5120

Dhanus Rasi: 18.37 Tithi 18 – 19

Gulika 6:03AM – 7:56AM
Yama 3:28PM – 5:21PM
Rahu 9:49AM – 11:42AM

Purvashadha* Until 10:17PM

Subha Until 8:18AM

Bava Until 4:30AM Sat

Tritiya Until 3:13PM

Ganesha: Yellow

Sunrise: 4:10AM

Muruqa: White

Sunset: 7:14PM

Nataraja: Purple

Moon – Light Blue

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Prabalarishta Yoga

Until 10:17PM

Then Routine Work - Marana Yoga

Saturday, June 2, 2018

3

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantra Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sutra 48

Vilamba 5120

Makara Rasi: 0.27 Tithi 19 – 20

Gulika 4:10AM – 6:03AM
Yama 1:35PM – 3:28PM
Rahu 7:56AM – 9:49AM

Uttarashadha Until 1:15AM Sun

Sukla Until 9:20AM

Kaulava Until 7:06AM Sun

Chaturthi* Until 5:47PM

Ganesha: Yellow

Sunrise: 4:10AM

Muruqa: White

Sunset: 7:14PM

Nataraja: Purple

Moon – Light Blue

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 1:15AM Sun

Then Creative Work - Amrita Yoga

Sunday, June 3, 2018

4

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY

Sutra 49

Vilamba 5120

Makara Rasi: 12.14 Tithi 20

Gulika 3:29PM – 5:22PM
Yama 11:42AM – 1:36PM
Rahu 5:22PM – 7:15PM

Shravana Until 4:32AM Mon

Brahma Until 10:27AM

Kaulava Until 7:06AM

Panchami Until 8:22PM

Ganesha: Blue

Sunrise: 4:10AM

Muruqa: White

Sunset: 7:15PM

Nataraja: Purple

Moon – Purple

Devaloka Day

Creative Work Amrita Yoga

Until 4:32AM Mon

Then Creative Work - Siddha Yoga

Monday, June 4, 2018

5

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY

Sutra 50

Vilamba 5120

Makara Rasi: 24.02 Tithi 21

Gulika 1:36PM – 3:29PM
Yama 9:49AM – 11:43AM
Rahu 6:02AM – 7:56AM

Dhanishtha Until 7:25AM Tue

Indra Until 11:30AM

Gara Until 9:37AM

Shashthi* Until 10:46PM

Ganesha: Blue

Sunrise: 4:09AM

Muruqa: White

Sunset: 7:16PM

Nataraja: Purple

Moon – Purple

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM Tue

Then Routine Work - Marana Yoga

Tuesday, June 5, 2018

6

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Saplamyam Titau

Buffalo, NY

Sutra 51

Vilamba 5120

Kumbha Rasi: 5.57 Tithi 22

Gulika 11:43AM – 1:36PM
Yama 7:56AM – 9:49AM
Rahu 3:30PM – 5:23PM

Dhanishtha Until 7:25AM

Vaidhriti* Until 12:17PM

Visti Until 11:51AM

Saptami Until 12:45AM Wed

Ganesha: Purple

Sunrise: 4:09AM

Muruqa: White

Sunset: 7:17PM

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Siddha Yoga

Until 7:25AM

Then Routine Work - Marana Yoga

Wednesday, June 6, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sutra 52

Vilamba 5120

Kumbha Rasi: 18.02 Tithi 23

Gulika 9:49AM – 11:43AM
Yama 6:02AM – 7:56AM
Rahu 11:43AM – 1:36PM

Shatabhishak Until 9:39AM

Vishkambha* Until 12:41PM

Balava Until 1:33PM

Ashtami* Until 2:08AM Thu

Ganesha: Purple

Sunrise: 4:08AM

Muruqa: White

Sunset: 7:17PM

Nataraja: White

Moon – Purple

Devaloka Day

Creative Work Siddha Yoga

Until 9:39AM

Then Creative Work - Amrita Yoga

Thursday, June 7, 2018

Retreat Star

Vilamba Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sutra 53

Vilamba 5120

Meena Rasi: 0.25 Tithi 24

Gulika 7:56AM – 9:49AM
Yama 4:08AM – 6:02AM
Rahu 1:37PM – 3:30PM

Purvaprosarthapada* Until 11:33AM

Priti Until 12:33PM

Taitila Until 2:33PM

Navami* Until 2:44AM Fri

Ganesha: Blue

Sunrise: 4:08AM

Muruqa: White

Sunset: 7:18PM

Nataraja: White

Moon – Clear

Devaloka Day

Creative Work Siddha Yoga


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| 1 | | Friday, June 8, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Buffalo, NY |
| Meena Rasi: 13.08 | Tithi 25 | | | Gulika 6:02AM – 7:56AM | Uttaraproshtapada Until 12:31PM | Ganesha: Red | Sunrise: 4:08AM | Sun 9 |
| | | 318132361 | | Yama 3:31PM – 5:25PM | Ayushman Until 11:45AM | Muruqa: White | Sunset: 7:19PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | | Rahu 9:49AM – 11:43AM | Vanija Until 2:44PM | Nataraja: White | | Moon 5 - Phase 8 |
| | | | | | Dashami Until 2:29AM Sat | Moon – Clear | | 2nd Phase |
| | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | Devaloka Time: 6:AM to 9:AM |

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| 2 | | Saturday, June 9, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadashyam Titau | | | | Buffalo, NY |
| Meena Rasi: 26.16 | Tithi 26 | | | Gulika 4:08AM – 6:02AM | Revati Until 12:29PM | Ganesha: Red | Sunrise: 4:08AM | Sun 10 |
| | | 318132361 | | Yama 1:37PM – 3:31PM | Saubhagya Until 10:18AM | Muruqa: White | Sunset: 7:19PM | Vilamba 5120 |
| Routine Work | Prabalarishta Yoga | | | Rahu 7:56AM – 9:49AM | Bava Until 2:04PM | Nataraja: White | | Moon 5 - Phase 8 |
| Until 12:29PM | | | | | Ekadashi* Until 1:25AM Sun | Moon – Clear | | 2nd Phase |
| Then Creative Work - Siddha Yoga | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | Devaloka Time: 6:AM to 9:AM |

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| 3 | | Sunday, June 10, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Atthiganda* Yoga Kaulava/Taitila Karana Dvadashtyam Titau | | | | Buffalo, NY |
| Mesha Rasi: 9.52 | Tithi 27 | | | Gulika 3:32PM – 5:26PM | Ashvini Until 11:58AM | Ganesha: Green | Sunrise: 4:08AM | Sun 11 |
| | | 328132361 | | Yama 11:44AM – 1:38PM | Sobhana Until 8:13AM | Muruqa: White | Sunset: 7:20PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | | Rahu 5:26PM – 7:20PM | Kaulava Until 12:36PM | Nataraja: White | | Moon 5 - Phase 8 |
| Until 11:58AM | | | | | Dvadashti* Until 11:34PM | Moon – White | | 2nd Phase |
| Then Routine Work - Prabalarishta Yoga | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | |

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| 4 | | Monday, June 11, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Buffalo, NY |
| Mesha Rasi: 23.55 | Tithi 28 | | | Gulika 1:38PM – 3:32PM | Bharani Until 10:35AM | Ganesha: Green | Sunrise: 4:07AM | Sun 12 |
| Family Home Evening | | 328132361 | | Yama 9:50AM – 11:44AM | Sukarma Until 2:18AM Tue | Muruqa: White | Sunset: 7:20PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | | Rahu 6:01AM – 7:56AM | Gara Until 10:25AM | Nataraja: White | | Moon 5 - Phase 8 |
| Until 10:35AM | | | | | Trayodashi* Until 9:05PM | Moon – White | | 2nd Phase |
| Then Routine Work - Marana Yoga | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | | Tuesday, June 12, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Buffalo, NY |
| Vrishabha Rasi: 8.23 | Tithi 29 | | | Gulika 11:44AM – 1:38PM | Krittika Until 8:29AM | Ganesha: Green | Sunrise: 4:07AM | Sun 13 |
| | | 328132361 | | Yama 7:56AM – 9:50AM | Dhriti Until 10:43PM | Muruqa: White | Sunset: 7:21PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | | Rahu 3:32PM – 5:27PM | Visti Until 7:40AM | Nataraja: White | | Moon 5 - Phase 8 |
| Until 8:29AM | | | | | Chaturdashi* Until 6:06PM | Moon – White | | 2nd Phase |
| Then Creative Work - Amrita Yoga | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | |

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|  | | Wednesday, June 13, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Buffalo, NY |
| Retreat Star | | | | Gulika 9:50AM – 11:44AM | Rohini Until 6:15AM | Ganesha: White | Sunrise: 4:07AM | Sun 14 |
| Vrishabha Rasi: 23.1 | Tithi 30 – 1 | | | Yama 6:01AM – 7:56AM | Shula* Until 6:52PM | Muruqa: White | Sunset: 7:21PM | Vilamba 5120 |
| | | 338132361 | | Rahu 11:44AM – 1:38PM | Kintughna Until 1:03AM Thu | Nataraja: White | | Moon 5 - Phase 8 |
| Creative Work | Siddha Yoga | | | | Amavasya* Until 2:47PM | Moon – Yellow | | Amavasya |
| | | | | | | Jyeshtha Adhika-Vaikasi | Bhuloka Day | |

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| Retreat Star | | Thursday, June 14, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Buffalo, NY |
| Mithuna Rasi: 8.09 | Tithi 1 – 2 | | | Gulika 7:56AM – 9:50AM | Ardra Until 12:46AM Fri | Ganesha: Clear | Sunrise: 4:07AM | Sun 15 |
| | | 339132361 | | Yama 4:07AM – 6:01AM | Ganda* Until 2:53PM | Muruqa: White | Sunset: 7:22PM | Vilamba 5120 |
| Routine Work | Marana Yoga | | | Rahu 1:39PM – 3:33PM | Balava Until 9:31PM | Nataraja: White | | Moon 5 - Phase 8 |
| Until 12:46AM Fri | | | | | Prathama* Until 11:16AM | Moon – Yellow | | Prathama |
| Then Creative Work - Siddha Yoga | | | | | | Jyeshtha-Vaikasi | Bhuloka Day | Devaloka Time: 9:AM to 12:PM |

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| 1 | | Friday, June 15, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau | | Buffalo, NY Sun 16 Sutra 61 Vilamba 5120 |
| Mithuna Rasi: 23.11 | Tithi 2 – 3 | Gulika 6:01AM – 7:56AM Yama 3:33PM – 5:28PM Rahu 9:50AM – 11:45AM | Punarvasu Until 10:16PM Vriddhi Until 10:56AM Taitila Until 6:02PM Dvitiya Until 7:44AM | Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani | Sunrise: 4:07AM Sunset: 7:22PM | Moon 5 - Phase 9 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work | Siddha Yoga | | | | | |
| Until 10:16PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |
| 2 | | Saturday, June 16, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Chaturtham Titau | | Buffalo, NY Sun 17 Sutra 62 Vilamba 5120 |
| Kataka Rasi: 8.07 | Tithi 4 | Gulika 4:07AM – 6:02AM Yama 1:39PM – 3:34PM Rahu 7:56AM – 9:50AM | Pushya Until 7:51PM Dhruva Until 7:05AM Vanija Until 2:44PM Chaturthi* Until 1:11AM Sun | Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani | Sunrise: 4:07AM Sunset: 7:22PM | Moon 5 - Phase 9 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work | Siddha Yoga | | | | | |
| Until 7:51PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |
| 3 | | Sunday, June 17, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau | | Buffalo, NY Sun 18 Sutra 63 Vilamba 5120 |
| Kataka Rasi: 22.51 | Tithi 5 | Gulika 3:34PM – 5:28PM Yama 11:45AM – 1:39PM Rahu 5:28PM – 7:23PM | Ashlesha* Until 5:40PM Harshana Until 12:13AM Mon Bava Until 11:46AM Panchami Until 10:26PM | Ganesha: Orange Muruqa: White Nataraja: White Moon – Blue Jyeshtha-Ani | Sunrise: 4:07AM Sunset: 7:23PM | Moon 5 - Phase 9 3rd Phase Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Creative Work | Siddha Yoga | | Father's Day | | | |
| Until 5:40PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |
| 4 | | Monday, June 18, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau | | Buffalo, NY Sun 19 Sutra 64 Vilamba 5120 |
| Simha Rasi: 7.16 | Tithi 6 | Gulika 1:40PM – 3:34PM Yama 9:51AM – 11:45AM Rahu 6:02AM – 7:56AM | Magha* Until 4:14PM Vajra* Until 9:20PM Kaulava Until 9:15AM Shashthi* Until 8:09PM | Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani | Sunrise: 4:07AM Sunset: 7:23PM | Moon 5 - Phase 9 3rd Phase Devaloka Day |
| Family Home Evening | | | | | | |
| Routine Work | Marana Yoga | | | | | |
| Until 4:14PM | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |
| 5 | | Tuesday, June 19, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddhi Yoga Gara/Vanija Karana Saptamyam Titau | | Buffalo, NY Sun 20 Sutra 65 Vilamba 5120 |
| Simha Rasi: 21.21 | Tithi 7 | Gulika 11:45AM – 1:40PM Yama 7:56AM – 9:51AM Rahu 3:34PM – 5:29PM | Purvaphalguni Until 3:12PM Siddhi Until 6:55PM Gara Until 7:15AM Saptami Until 6:27PM | Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani | Sunrise: 4:07AM Sunset: 7:23PM | Moon 5 - Phase 9 3rd Phase Devaloka Day Tour Day |
| Creative Work | Siddha Yoga | | | | | |
| Until 3:12PM | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | |
| Retreat Star | | Wednesday, June 20, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipala*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Buffalo, NY Sun 21 Sutra 66 Vilamba 5120 |
| Kanya Rasi: 5.04 | Tithi 8 – 9 | Gulika 9:51AM – 11:46AM Yama 6:02AM – 7:57AM Rahu 11:46AM – 1:40PM | Uttaraphalguni Until 2:36PM Vyatipala* Until 5:01PM Balava Until 5:00AM Thu Ashtami* Until 5:19PM | Ganesha: Green Muruqa: White Nataraja: White Moon – Red Jyeshtha-Ani | Sunrise: 4:08AM Sunset: 7:24PM | Moon 5 - Phase 9 Ashtami Devaloka Day |
| Creative Work | Amrita Yoga | | Chidambaram Abhishekam | | | |
| Until 2:36PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |
| Retreat Star | | Thursday, June 21, 2018 | | Vilamba Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sun 22 Sutra 67 Vilamba 5120 |
| Kanya Rasi: 18.27 | Tithi 9 – 10 | Gulika 7:57AM – 9:51AM Yama 4:08AM – 6:02AM Rahu 1:40PM – 3:35PM | Hasta Until 2:54PM Variyan Until 3:33PM Taitila Until 4:45AM Fri Navami* Until 4:47PM | Ganesha: Red Muruqa: White Nataraja: White Moon – Green Jyeshtha-Ani | Sunrise: 4:08AM Sunset: 7:24PM | Moon 5 - Phase 9 Navami Bhuloka Day Devaloka Time: 9:AM to12:PM |
| Routine Work | Marana Yoga | | | | | |
| Until 2:54PM | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang


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| 1 | | Friday, June 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Buffalo, NY Sun 23 Sutra 68 Vilamba 5120 |
| Tula Rasi: 1.31 | Tithi 10 - 11 | Gulika | 6:03AM - 7:57AM | Chitra Until 3:35PM | Ganesha: Green | <i>Sunrise:</i> 4:08AM | | |
| | | Yama | 3:35PM - 5:30PM | Parigha* Until 2:32PM | Muruqa: White | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 10 | |
| 361132361 | | Rahu | 9:52AM - 11:46AM | Vanija Until 5:03AM Sat | Nataraja: White | | 4th Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 4:49PM | Moon - Green | | | Bhuloka Day |
| | | | | | Jyeshtha-Ani | | | |

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| 2 | | Saturday, June 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Buffalo, NY Sun 24 Sutra 69 Vilamba 5120 |
| Tula Rasi: 14.19 | Tithi 11 - 12 | Gulika | 4:08AM - 6:03AM | Svati Until 4:38PM | Ganesha: Green | <i>Sunrise:</i> 4:08AM | | |
| | | Yama | 1:41PM - 3:35PM | Shiva Until 1:58PM | Muruqa: White | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 10 | |
| 361132361 | | Rahu | 7:57AM - 9:52AM | Bava Until 5:50AM Sun | Nataraja: White | | 4th Phase | |
| Creative Work | Siddha Yoga | | | Ekadashi Until 5:21PM | Moon - Green | | | Bhuloka Day |
| | | | | | Jyeshtha-Ani | | | |

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| 3 | | Sunday, June 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Balava Karana Dvadashyam Titau | | | | Buffalo, NY Sun 25 Sutra 70 Vilamba 5120 |
| Tula Rasi: 26.52 | Tithi 12 | Gulika | 3:35PM - 5:30PM | Vishakha Until 6:28PM | Ganesha: Red | <i>Sunrise:</i> 4:09AM | | |
| | | Yama | 11:46AM - 1:41PM | Siddha Until 1:45PM | Muruqa: Clear | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 10 | |
| 371142361 | | Rahu | 5:30PM - 7:24PM | Balava Until 6:23PM | Nataraja: White | | 4th Phase | |
| Routine Work | Marana Yoga | | | Dvadashi Until 6:23PM | Moon - Orange | | | Devaloka Day |
| | | | | | Jyeshtha-Ani | | | |

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| 4 | | Monday, June 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Buffalo, NY Sun 26 Sutra 71 Vilamba 5120 |
| Vrischika Rasi: 9.14 | Tithi 13 | Gulika | 1:41PM - 3:36PM | Anuradha Until 8:33PM | Ganesha: Red | <i>Sunrise:</i> 4:09AM | | |
| Family Home Evening | | Yama | 9:52AM - 11:47AM | Sadhya Until 1:52PM | Muruqa: Clear | <i>Sunset:</i> 7:24PM | Moon 5 - Phase 10 | |
| 371142361 | | Rahu | 6:03AM - 7:58AM | Kaulava Until 7:05AM | Nataraja: White | | 4th Phase | |
| Creative Work | Siddha Yoga | | | Trayodashi Until 7:50PM | Moon - Orange | | | Devaloka Day |
| | | | | | Jyeshtha-Ani | | | |
| | | | | | <i>Pradosha Vrata</i> | | | |

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| 5 | | Tuesday, June 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Buffalo, NY Sun 27 Sutra 72 Vilamba 5120 |
| Vrischika Rasi: 21.26 | Tithi 14 | Gulika | 11:47AM - 1:41PM | Jyeshtha* Until 10:51PM | Ganesha: Red | <i>Sunrise:</i> 4:09AM | | |
| | | Yama | 7:58AM - 9:52AM | Subha Until 2:20PM | Muruqa: Clear | <i>Sunset:</i> 7:25PM | Moon 5 - Phase 10 | |
| 371142361 | | Rahu | 3:36PM - 5:30PM | Gara Until 8:44AM | Nataraja: White | | 4th Phase | |
| Routine Work | Marana Yoga | | | Chaturdashi* Until 9:40PM | Moon - Orange | | | Devaloka Day |
| Until 10:51PM | | | | | Jyeshtha-Ani | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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|  | | Wednesday, June 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau | | | | Buffalo, NY Sun 28 Sutra 73 Vilamba 5120 |
| Copper Retreat Star | | Gulika | 9:53AM - 11:47AM | Mula* Until 1:48AM Thu | Ganesha: Blue | <i>Sunrise:</i> 4:10AM | | |
| Dhanus Rasi: 3.29 | Tithi 15 | Yama | 6:04AM - 7:58AM | Sukla Until 3:01PM | Muruqa: Clear | <i>Sunset:</i> 7:25PM | Moon 5 - Phase 10 | |
| 381142361 | | Rahu | 11:47AM - 1:41PM | Visti Until 10:45AM | Nataraja: White | | Purnima | |
| Routine Work | Marana Yoga | | | Purnima* Until 11:51PM | Moon - Light Blue | | | Bhuloka Day |
| Until 1:48AM Thu | | | | | Jyeshtha-Ani | | | Devaloka Time: 12:PM to 3:PM |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| Thursday, June 28, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Buffalo, NY Sun 29 Sutra 74 Vilamba 5120 | | |
| Silver Retreat Star | | Gulika | 7:59AM - 9:53AM | Purvashadha* Until 4:49AM Fri | Ganesha: Blue | <i>Sunrise:</i> 4:10AM | | |
| Dhanus Rasi: 15.24 | Tithi 16 | Yama | 4:10AM - 6:04AM | Brahma Until 3:57PM | Muruqa: Clear | <i>Sunset:</i> 7:25PM | Moon 5 - Phase 10 | |
| 381142361 | | Rahu | 1:42PM - 3:36PM | Balava Until 1:03PM | Nataraja: White | | Prathama | |
| Creative Work | Siddha Yoga | | | Prathama* Until 2:16AM Fri | Moon - Light Blue | | | Bhuloka Day |
| Until 4:49AM Fri | | | | | Jyeshtha-Ani | | | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Marana Yoga | | | | | | | | |



Friday, June 29, 2018
Gold Retreat Star

Dhanus Rasi: 27.14 Tithi 17
381142361
Routine Work Marana Yoga
Until 7:47AM Sat
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 6:05AM – 7:59AM
Yama 3:36PM – 5:30PM
Rahu 9:53AM – 11:47AM
Uttarashadha Until 7:47AM Sat
Indra Until 5:02PM
Taitila Until 3:34PM
Dvitiya Until 4:51AM Sat

Buffalo, NY
Sun 1 Sutra 75
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Blue *Sunrise:* 4:10AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Light Blue
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Saturday, June 30, 2018

Makara Rasi: 9.02 Tithi 18
381242361
Routine Work Marana Yoga
Until 7:47AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Vanija Karana Tritiyayam Titau

Gulika 4:11AM – 6:05AM
Yama 1:42PM – 3:36PM
Rahu 7:59AM – 9:53AM
Uttarashadha Until 7:47AM
Vaidhriti* Until 6:09PM
Vanija Until 6:10PM
Tritiya Until 7:26AM Sun

Buffalo, NY
Sun 2 Sutra 76
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Blue *Sunrise:* 4:11AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Light Blue
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

2

Sunday, July 1, 2018

Makara Rasi: 20.49 Tithi 18 – 19
391242361
Creative Work Amrita Yoga
Until 11:06AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:36PM – 5:30PM
Yama 11:48AM – 1:42PM
Rahu 5:30PM – 7:24PM
Shravana Until 11:06AM
Vishkambha* Until 7:14PM
Bava Until 8:43PM
Tritiya Until 7:26AM

Buffalo, NY
Sun 3 Sutra 77
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Red *Sunrise:* 4:11AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Devaloka Day

3

Monday, July 2, 2018

Kumbha Rasi: 2.39 Tithi 19 – 20
392242361
Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:42PM – 3:36PM
Yama 9:54AM – 11:48AM
Rahu 6:06AM – 8:00AM
Dhanishtha Until 2:05PM
Prili Until 8:10PM
Kaulava Until 11:01PM
Chaturthi* Until 9:53AM

Buffalo, NY
Sun 4 Sutra 78
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Yellow *Sunrise:* 4:12AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Devaloka Day

4

Tuesday, July 3, 2018

Kumbha Rasi: 14.35 Tithi 20 – 21
392242361
Routine Work Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:48AM – 1:42PM
Yama 8:00AM – 9:54AM
Rahu 3:36PM – 5:30PM
Shatabhishak Until 4:34PM
Ayushman Until 8:46PM
Gara Until 12:55AM Wed
Panchami Until 12:00PM

Buffalo, NY
Sun 5 Sutra 79
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Yellow *Sunrise:* 4:12AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Purple
Devaloka Day

5

Wednesday, July 4, 2018

Kumbha Rasi: 26.43 Tithi 21 – 22
312242361
Creative Work Amrita Yoga
Until 6:53PM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 9:55AM – 11:48AM
Yama 6:07AM – 8:01AM
Rahu 11:48AM – 1:42PM
Purvaproshtapada* Until 6:53PM
Saubhagya Until 8:58PM
Visti Until 2:15AM Thu
Shashthi* Until 1:38PM

Buffalo, NY
Sun 6 Sutra 80
Vilamba 5120
Moon 6 - Phase 11
1st Phase
Ganesha: Orange *Sunrise:* 4:13AM
Muruqa: Clear *Sunset:* 7:24PM
Nataraja: White
Moon – Clear
Devaloka Day

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Thursday, July 5, 2018
Retreat Star

Meena Rasi: 9.05 Tithi 22 – 23
312242361
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Gulika 8:01AM – 9:55AM
Yama 4:14AM – 6:07AM
Rahu 1:42PM – 3:36PM
Uttaraproshtapada Until 8:23PM
Sobhana Until 8:39PM
Balava Until 2:53AM Fri
Saptami Until 2:38PM

Buffalo, NY
Sun 7 Sutra 81
Vilamba 5120
Moon 6 - Phase 11
Ashtami
Ganesha: Orange *Sunrise:* 4:14AM
Muruqa: Clear *Sunset:* 7:23PM
Nataraja: White
Moon – Clear
Devaloka Day

Friday, July 6, 2018
Retreat Star

Meena Rasi: 21.47 Tithi 23 – 24
412242361
Creative Work Siddha Yoga
Until 8:59PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:08AM – 8:01AM
Yama 3:36PM – 5:30PM
Rahu 9:55AM – 11:49AM
Revati Until 8:59PM
Athiganda* Until 7:43PM
Taitila Until 2:44AM Sat
Ashtami* Until 2:54PM

Buffalo, NY
Sun 8 Sutra 82
Vilamba 5120
Moon 6 - Phase 11
Navami
Ganesha: Green *Sunrise:* 4:14AM
Muruqa: Clear *Sunset:* 7:23PM
Nataraja: White
Moon – Clear
Bhuloka Day
Devaloka Time: 12:PM to 3:PM

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| 1 | Saturday, July 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Buffalo, NY Sun 9 Sutra 83 Vilamba 5120 |
| | Mesha Rasi: 4.52 | Tithi 24 – 25 | Gulika 4:15AM – 6:08AM | Ashvini Until 9:07PM | Ganesha: Orange | <i>Sunrise:</i> 4:15AM | |
| | | | Yama 1:42PM – 3:36PM | Sukarma Until 6:09PM | Muruqa: Clear | <i>Sunset:</i> 7:23PM | Moon 6 - Phase 12 |
| | Creative Work | Siddha Yoga | 422242361 Rahu 8:02AM – 9:55AM | Vanija Until 1:48AM Sun | Nataraja: White | | 2nd Phase |
| | | | Navami* Until 2:21PM | Moon – White | | Devaloka Day | |
| | | | | Jyeshtha-Ani | | | |

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| 2 | Sunday, July 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Buffalo, NY Sun 10 Sutra 84 Vilamba 5120 |
| | Mesha Rasi: 18.23 | Tithi 25 – 26 | Gulika 3:36PM – 5:29PM | Bharani Until 8:18PM | Ganesha: Orange | <i>Sunrise:</i> 4:16AM | |
| | | | Yama 11:49AM – 1:42PM | Dhriti Until 3:58PM | Muruqa: Clear | <i>Sunset:</i> 7:22PM | Moon 6 - Phase 12 |
| | Routine Work | Prabalarishta Yoga | 422242361 Rahu 5:29PM – 7:22PM | Bava Until 12:05AM Mon | Nataraja: White | | 2nd Phase |
| | | | Dashami Until 1:01PM | Moon – White | | Devaloka Day | |
| | | | | Jyeshtha-Ani | | | |

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| 3 | Monday, July 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau | | | | Buffalo, NY Sun 11 Sutra 85 Vilamba 5120 |
| | Mrishabha Rasi: 2.21 | Tithi 26 – 27 | Gulika 1:42PM – 3:36PM | Krittika Until 6:40PM | Ganesha: Orange | <i>Sunrise:</i> 4:16AM | |
| | Family Home Evening | | Yama 9:56AM – 11:49AM | Shula* Until 1:10PM | Muruqa: Clear | <i>Sunset:</i> 7:22PM | Moon 6 - Phase 12 |
| | Routine Work | Marana Yoga | 422242361 Rahu 6:10AM – 8:03AM | Kaulava Until 9:41PM | Nataraja: White | | 2nd Phase |
| | | | Ekadashi* Until 10:57AM | Moon – White | | Devaloka Day | |
| | | | | Jyeshtha-Ani | | | |

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| 4 | Tuesday, July 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvodashi/Trayodashyam Titau | | | | Buffalo, NY Sun 12 Sutra 86 Vilamba 5120 |
| | Mrishabha Rasi: 16.46 | Tithi 27 – 28 | Gulika 11:49AM – 1:42PM | Rohini Until 4:44PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:17AM | |
| | | | Yama 8:03AM – 9:56AM | Ganda* Until 9:52AM | Muruqa: Clear | <i>Sunset:</i> 7:22PM | Moon 6 - Phase 12 |
| | Creative Work | Amrita Yoga | 422242361 Rahu 3:35PM – 5:28PM | Gara Until 6:44PM | Nataraja: White | | 2nd Phase |
| | | | Dvodashi* Until 8:15AM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | Wednesday, July 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vriddhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Buffalo, NY Sun 13 Sutra 87 Vilamba 5120 |
| | Mithuna Rasi: 1.32 | Tithi 29 | Gulika 9:57AM – 11:49AM | Mrigashira Until 2:12PM | Ganesha: Light Blue | <i>Sunrise:</i> 4:18AM | |
| | | | Yama 6:11AM – 8:04AM | Vriddhi Until 6:11AM | Muruqa: Clear | <i>Sunset:</i> 7:21PM | Moon 6 - Phase 12 |
| | Creative Work | Siddha Yoga | 422242361 Rahu 11:49AM – 1:42PM | Visti Until 3:22PM | Nataraja: White | | 2nd Phase |
| | | | Chaturdashi* Until 1:33AM Thu | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |

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|--|--------------------------------|----------|---|----------------------------|----------------------------|-------------------------------------|---|
| | Thursday, July 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Buffalo, NY Sun 14 Sutra 88 Vilamba 5120 |
| | Retreat Star | | Gulika 8:04AM – 9:57AM | Ardra Until 11:17AM | Ganesha: Light Blue | <i>Sunrise:</i> 4:19AM | |
| | Mithuna Rasi: 16.34 | Tithi 30 | Yama 4:19AM – 6:11AM | Vyaghata* Until 10:04PM | Muruqa: Clear | <i>Sunset:</i> 7:21PM | Moon 6 - Phase 12 |
| | | | 422242361 Rahu 1:42PM – 3:35PM | Catuspada Until 11:43AM | Nataraja: White | | Amavasya |
| | | | Amavasya* Until 9:50PM | Moon – Yellow | | Bhuloka Day | |
| | | | | Jyeshtha-Ani | | Devaloka Time: 12:PM to 3:PM | |

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|---------------------|------------------------------|------------------------------|--|-------------------------------|------------------------|-------------------------------------|---|
| Retreat Star | Friday, July 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Buffalo, NY Sun 15 Sutra 89 Vilamba 5120 |
| | Kataka Rasi: 1.44 | Tithi 1 | Gulika 6:12AM – 8:04AM | Punarvasu Until 8:30AM | Ganesha: Purple | <i>Sunrise:</i> 4:19AM | |
| | | | Yama 3:35PM – 5:27PM | Harshana Until 5:55PM | Muruqa: Clear | <i>Sunset:</i> 7:20PM | Moon 6 - Phase 12 |
| | Creative Work | Siddha Yoga | 422242361 Rahu 9:57AM – 11:50AM | Kintughna Until 7:58AM | Nataraja: White | | Prathama |
| | | | Prathama* Until 6:05PM | Moon – Blue | | Bhuloka Day | |
| | | Partial Solar Eclipse | | Ashada-Ani | | Devaloka Time: 12:PM to 3:PM | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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|----------|--------------------------------|-------------|--|-----------------------------------|------------------------|------------------------------|-----------------------------------|
| 1 | Saturday, July 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | Buffalo, NY Sun 16 Sutra 90 |
| | Kataka Rasi: 16.53 | Tithi 2 – 3 | Gulika 4:20AM – 6:12AM | Ashlesha* Until 2:51AM Sun | Ganesha: Purple | <i>Sunrise:</i> 4:20AM | Vilamba 5120 |
| | | | Yama 1:42PM – 3:35PM | Vajra* Until 1:51PM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 6 - Phase 13 |
| | Routine Work | Marana Yoga | 442242361 Rahu 8:05AM – 9:57AM | Taitila Until 12:46AM Sun | Nataraja: White | | 3rd Phase |
| | | | Dvitiya Until 2:28PM | Moon – Blue | | Bhuloka Day | |
| | | | | Ashada*Ani | | Devaloka Time: 12:PM to 3:PM | |

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|----------|------------------------------|-------------|---|---------------------------------|----------------------------|------------------------------|-----------------------------------|
| 2 | Sunday, July 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | | Buffalo, NY Sun 17 Sutra 91 |
| | Simha Rasi: 1.51 | Tithi 3 – 4 | Gulika 3:34PM – 5:27PM | Magha* Until 12:43AM Mon | Ganesha: Light Blue | <i>Sunrise:</i> 4:21AM | Vilamba 5120 |
| | | | Yama 11:50AM – 1:42PM | Siddhi Until 10:02AM | Muruqa: Clear | <i>Sunset:</i> 7:19PM | Moon 6 - Phase 13 |
| | Routine Work | Marana Yoga | 452242361 Rahu 5:27PM – 7:19PM | Vanija Until 9:37PM | Nataraja: White | | 3rd Phase |
| | | | Tritiya Until 11:07AM | Moon – Red | | Bhuloka Day | |
| | | | | Ashada*Ani | | Devaloka Time: 12:PM to 3:PM | |

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|----------|------------------------------|-------------|--|------------------------------------|------------------------|------------------------------|-----------------------------------|
| 3 | Monday, July 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Buffalo, NY Sun 18 Sutra 92 |
| | Simha Rasi: 16.31 | Tithi 4 – 5 | Gulika 1:42PM – 3:34PM | Purvaphalguni Until 10:56PM | Ganesha: Purple | <i>Sunrise:</i> 4:22AM | Vilamba 5120 |
| | Family Home Evening | | Yama 9:58AM – 11:50AM | Vyatipata* Until 6:34AM | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 6 - Phase 13 |
| | Creative Work | Siddha Yoga | 453242361 Rahu 6:14AM – 8:06AM | Bava Until 6:57PM | Nataraja: White | | 3rd Phase |
| | | | Chaturthi* Until 8:12AM | Moon – Red | | Bhuloka Day | |
| | | | | Ashada*Adi | | Devaloka Time: 12:PM to 3:PM | |

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|----------|-------------------------------|-------------|---|------------------------------------|------------------------|------------------------|-----------------------------------|
| 4 | Tuesday, July 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Buffalo, NY Sun 19 Sutra 93 |
| | Kanya Rasi: 0.49 | Tithi 6 | Gulika 11:50AM – 1:42PM | Uttaraphalguni Until 9:39PM | Ganesha: Purple | <i>Sunrise:</i> 4:23AM | Vilamba 5120 |
| | | | Yama 8:06AM – 9:58AM | Parigha* Until 1:01AM Wed | Muruqa: Clear | <i>Sunset:</i> 7:18PM | Moon 6 - Phase 13 |
| | Creative Work | Amrita Yoga | 453242362 Rahu 3:34PM – 5:26PM | Kaulava Until 4:53PM | Nataraja: Clear | | 3rd Phase |
| | | | Shashthi* Until 4:06AM Wed | Moon – Red | | Devaloka Day | |
| | | | | Ashada*Adi | | | |

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|----------|---------------------------------|-------------|--|---------------------------|------------------------|------------------------|-----------------------------------|
| 5 | Wednesday, July 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Shiva Yoga Gara/Vanija Karana Saptamyam Titau | | | | Buffalo, NY Sun 20 Sutra 94 |
| | Kanya Rasi: 14.41 | Tithi 7 | Gulika 9:58AM – 11:50AM | Hasta Until 9:20PM | Ganesha: Clear | <i>Sunrise:</i> 4:23AM | Vilamba 5120 |
| | | | Yama 6:15AM – 8:07AM | Shiva Until 11:06PM | Muruqa: Clear | <i>Sunset:</i> 7:17PM | Moon 6 - Phase 13 |
| | Routine Work | Marana Yoga | 463242362 Rahu 11:50AM – 1:42PM | Gara Until 3:31PM | Nataraja: Clear | | 3rd Phase |
| | | | Saptami Until 3:05AM Thu | Moon – Green | | Sivaloka Day | |
| | | | | Ashada*Adi | | | |

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|----------|--------------------------------|-------------|---|----------------------------|------------------------|------------------------|-----------------------------------|
| ☾ | Thursday, July 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddha Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Buffalo, NY Sun 21 Sutra 95 |
| | Retreat Star | | Gulika 8:07AM – 9:59AM | Chitra Until 9:37PM | Ganesha: Clear | <i>Sunrise:</i> 4:24AM | Vilamba 5120 |
| | Kanya Rasi: 28.07 | Tithi 8 | Yama 4:24AM – 6:16AM | Siddha Until 9:45PM | Muruqa: Clear | <i>Sunset:</i> 7:16PM | Moon 6 - Phase 13 |
| | Creative Work | Siddha Yoga | 463242362 Rahu 1:42PM – 3:33PM | Visti Until 2:52PM | Nataraja: Clear | | Ashtami |
| | | | Ashtami* Until 2:48AM Fri | Moon – Green | | Sivaloka Day | |
| | | | | Ashada*Adi | | | |

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|----------|------------------------------|-------------|---|----------------------------|------------------------|------------------------|-----------------------------------|
| ☽ | Friday, July 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau | | | | Buffalo, NY Sun 22 Sutra 96 |
| | Retreat Star | | Gulika 6:16AM – 8:08AM | Svati Until 10:26PM | Ganesha: Clear | <i>Sunrise:</i> 4:25AM | Vilamba 5120 |
| | Tula Rasi: 11.1 | Tithi 9 | Yama 3:33PM – 5:24PM | Sadhya Until 8:58PM | Muruqa: Clear | <i>Sunset:</i> 7:15PM | Moon 6 - Phase 13 |
| | Creative Work | Siddha Yoga | 463242362 Rahu 9:59AM – 11:50AM | Balava Until 2:57PM | Nataraja: Clear | | Navami |
| | | | Navami* Until 3:13AM Sat | Moon – Green | | Sivaloka Day | |
| | | | | Ashada*Adi | | | |

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|---------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| 1 | | Saturday, July 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau | | Buffalo, NY Sun 23 Sutra 97 Vilamba 5120 |
| Tula Rasi: 23.53 | Tithi 10 | Gulika 4:26AM – 6:17AM | Vishakha Until 12:12AM Sun | Ganesha: White | <i>Sunrise:</i> 4:26AM | |
| | | Yama 1:41PM – 3:32PM | Subha Until 8:44PM | Muruqa: Clear | <i>Sunset:</i> 7:14PM | Moon 6 - Phase 14 |
| | | 473242362 Rahu 8:08AM – 9:59AM | Taitila Until 3:42PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 4:17AM Sun | Moon – Orange | | Devaloka Day |
| Until 12:12AM Sun | | | | Ashada•Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|---|
| 2 | | Sunday, July 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau | | Buffalo, NY Sun 24 Sutra 98 Vilamba 5120 |
| Vrischika Rasi: 6.18 | Tithi 11 | Gulika 3:32PM – 5:23PM | Anuradha Until 2:20AM Mon | Ganesha: White | <i>Sunrise:</i> 4:27AM | |
| | | Yama 11:50AM – 1:41PM | Sukla Until 8:54PM | Muruqa: Clear | <i>Sunset:</i> 7:14PM | Moon 6 - Phase 14 |
| | | 473242362 Rahu 5:23PM – 7:14PM | Vanija Until 5:02PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 5:52AM Mon | Moon – Orange | | Devaloka Day |
| Until 2:20AM Mon | | | | Ashada•Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|----------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|---|
| 3 | | Monday, July 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Brahma Yoga Bava Karana Dvadashyam Titau | | Buffalo, NY Sun 25 Sutra 99 Vilamba 5120 |
| Vrischika Rasi: 18.3 | Tithi 12 | Gulika 1:41PM – 3:32PM | Jyeshtha* Until 4:45AM Tue | Ganesha: White | <i>Sunrise:</i> 4:28AM | |
| Family Home Evening | | Yama 10:00AM – 11:50AM | Brahma Until 9:26PM | Muruqa: Clear | <i>Sunset:</i> 7:13PM | Moon 6 - Phase 14 |
| | | 473242362 Rahu 6:19AM – 8:09AM | Bava Until 6:52PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 7:54AM Tue | Moon – Orange | | Devaloka Day |
| Until 4:45AM Tue | | | | Ashada•Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|-------------------|---------------|---------------------------------------|-------------------------------|---|------------------------|--|
| 4 | | Tuesday, July 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sun 26 Sutra 100 Vilamba 5120 |
| Dhanus Rasi: 0.32 | Tithi 12 – 13 | Gulika 11:50AM – 1:41PM | Mula* Until 7:48AM Wed | Ganesha: Yellow | <i>Sunrise:</i> 4:29AM | |
| | | Yama 8:10AM – 10:00AM | Indra Until 10:16PM | Muruqa: Clear | <i>Sunset:</i> 7:12PM | Moon 6 - Phase 14 |
| | | 483242362 Rahu 3:31PM – 5:21PM | Kaulava Until 9:03PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 7:54AM | Moon – Light Blue | | Sivaloka Day |
| | | | | Ashada•Adi | | |
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Pradosha Vrata

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|----------------------------------|---------------|--|---------------------------------|--|------------------------|--|
| 5 | | Wednesday, July 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sun 27 Sutra 101 Vilamba 5120 |
| Dhanus Rasi: 12.26 | Tithi 13 – 14 | Gulika 10:00AM – 11:50AM | Mula* Until 7:48AM | Ganesha: Red | <i>Sunrise:</i> 4:30AM | |
| | | Yama 6:20AM – 8:10AM | Vaidhriti* Until 11:15PM | Muruqa: Clear | <i>Sunset:</i> 7:11PM | Moon 6 - Phase 14 |
| | | 483342362 Rahu 11:50AM – 1:41PM | Gara Until 11:30PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 10:14AM | Moon – Light Blue | | Sivaloka Day |
| Until 7:48AM | | | | Ashada•Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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|---------------------------------|---------------|---------------------------------------|-----------------------------------|--|------------------------|--|
| ○ | | Thursday, July 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Buffalo, NY Sun 28 Sutra 102 Vilamba 5120 |
| Copper Retreat Star | | Gulika 8:11AM – 10:00AM | Purvashadha* Until 10:53AM | Ganesha: Red | <i>Sunrise:</i> 4:31AM | |
| Dhanus Rasi: 24.16 | Tithi 14 – 15 | Yama 4:31AM – 6:21AM | Vishkambha* Until 12:21AM Fri | Muruqa: Clear | <i>Sunset:</i> 7:10PM | Moon 6 - Phase 14 |
| | | 483342362 Rahu 1:40PM – 3:30PM | Visti Until 2:05AM Fri | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 12:46PM | Moon – Light Blue | | Sivaloka Day |
| Until 10:53AM | | | | Ashada•Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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|----------------------------|---------------|---|----------------------------------|--|------------------------|--|
| ○ | | Friday, July 27, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Buffalo, NY Sun 29 Sutra 103 Vilamba 5120 |
| Silver Retreat Star | | Gulika 6:21AM – 8:11AM | Uttarashadha Until 1:52PM | Ganesha: Red | <i>Sunrise:</i> 4:32AM | |
| Makara Rasi: 6.02 | Tithi 15 – 16 | Yama 3:30PM – 5:19PM | Priti Until 1:29AM Sat | Muruqa: Clear | <i>Sunset:</i> 7:09PM | Moon 6 - Phase 14 |
| | | 483342362 Rahu 10:01AM – 11:50AM | Balava Until 4:39AM Sat | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | Purnima* Until 3:21PM | Moon – Light Blue | | Sivaloka Day |
| | | | | Ashada•Adi | | |
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Total Lunar Eclipse

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, July 28, 2018
Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY
Sutra 104
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 17.5 Tilthi 16 - 17

493342362

Gulika 4:33AM - 6:22AM
Yama 1:40PM - 3:29PM
Rahu 8:12AM - 10:01AM

Shravana Until 5:08PM
Ayushman Until 2:29AM Sun
Taitila Until 7:06AM Sun
Prathama* Until 5:53PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada-Adi

Sunrise: 4:33AM
Sunset: 7:08PM

Devaloka Day

Creative Work Siddha Yoga

1

Sunday, July 29, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Buffalo, NY
Sun 1
Sutra 105
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Makara Rasi: 29.41 Tilthi 17

493342362

Gulika 3:29PM - 5:18PM
Yama 11:50AM - 1:39PM
Rahu 5:18PM - 7:07PM

Dhanishtha Until 8:03PM
Saubhagya Until 3:20AM Mon
Taitila Until 7:06AM
Dvitiya Until 8:14PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada-Adi

Sunrise: 4:34AM
Sunset: 7:07PM

Devaloka Day

Routine Work Marana Yoga
Until 8:03PM
Then Creative Work - Siddha Yoga

2

Monday, July 30, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Vanija/Visiti* Karana Tritiyayam Titau

Buffalo, NY
Sun 2
Sutra 106
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 11.37 Tilthi 18

494342362

Gulika 1:39PM - 3:28PM
Yama 10:01AM - 11:50AM
Rahu 6:24AM - 8:12AM

Shatabhishak Until 10:32PM
Sobhana Until 3:58AM Tue
Vanija Until 9:19AM
Tritiya Until 10:17PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon - Purple
Ashada-Adi

Sunrise: 4:35AM
Sunset: 7:06PM

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 10:32PM
Then Routine Work - Marana Yoga

3

Tuesday, July 31, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Buffalo, NY
Sun 3
Sutra 107
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Kumbha Rasi: 23.41 Tilthi 19

414342362

Gulika 11:50AM - 1:39PM
Yama 8:13AM - 10:02AM
Rahu 3:27PM - 5:16PM

Purvaproshtapada* Until 12:57AM We
Athiganda* Until 4:14AM Wed
Bava Until 11:11AM
Chaturthi* Until 11:56PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada-Adi

Sunrise: 4:36AM
Sunset: 7:05PM

Devaloka Day

Routine Work Marana Yoga
Until 12:57AM Wed
Then Creative Work - Siddha Yoga

4

Wednesday, August 1, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY
Sun 4
Sutra 108
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 5.55 Tilthi 20

414342362

Gulika 10:02AM - 11:50AM
Yama 6:25AM - 8:13AM
Rahu 11:50AM - 1:39PM

Uttaraproshtapada Until 2:43AM Thu
Sukarma Until 4:07AM Thu
Kaulava Until 12:36PM
Panchami Until 1:06AM Thu

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada-Adi

Sunrise: 4:37AM
Sunset: 7:04PM

Devaloka Day

Creative Work Siddha Yoga

5

Thursday, August 2, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY
Sun 5
Sutra 109
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Meena Rasi: 18.22 Tilthi 21

414342362

Gulika 8:14AM - 10:02AM
Yama 4:38AM - 6:26AM
Rahu 1:38PM - 3:26PM

Revati Until 3:46AM Fri
Dhriti Until 3:34AM Fri
Gara Until 1:29PM
Shashthi* Until 1:41AM Fri

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon - Clear
Ashada-Adi

Sunrise: 4:38AM
Sunset: 7:02PM

Devaloka Day

Creative Work Siddha Yoga
Until 3:46AM Fri
Then Creative Work - Amrita Yoga

6

Friday, August 3, 2018

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Vistil* Bava Karana Saptamyam Titau

Buffalo, NY
Sun 6
Sutra 110
Vilamba 5120
Moon 7 - Phase 15
1st Phase

Mesha Rasi: 1.06 Tilthi 22

424342362

Gulika 6:27AM - 8:14AM
Yama 3:26PM - 5:13PM
Rahu 10:02AM - 11:50AM

Ashvini Until 4:30AM Sat
Shula* Until 2:28AM Sat
Vistil Until 1:45PM
Saptami Until 1:37AM Sat

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada-Adi

Sunrise: 4:39AM
Sunset: 7:01PM

Sivaloka Day

Creative Work Amrita Yoga
Until 4:30AM Sat
Then Creative Work - Siddha Yoga

☾

Saturday, August 4, 2018
Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY
Sun 7
Sutra 111
Vilamba 5120
Moon 7 - Phase 15
Ashtami

Mesha Rasi: 14.09 Tilthi 23

424342362

Gulika 4:40AM - 6:27AM
Yama 1:37PM - 3:25PM
Rahu 8:15AM - 10:02AM

Bharani Until 4:24AM Sun
Ganda* Until 12:50AM Sun
Balava Until 1:21PM
Ashtami* Until 12:53AM Sun

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada-Adi

Sunrise: 4:40AM
Sunset: 7:00PM

Sivaloka Day

Creative Work Siddha Yoga

Sunday, August 5, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY
Sun 8
Sutra 112
Vilamba 5120
Moon 7 - Phase 15
Navami

Mesha Rasi: 27.34 Tilthi 24

424342362

Gulika 3:24PM - 5:12PM
Yama 11:50AM - 1:37PM
Rahu 5:12PM - 6:59PM

Krittika Until 3:29AM Mon
Vriddhi Until 10:41PM
Taitila Until 12:16PM
Navami* Until 11:28PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon - White
Ashada-Adi

Sunrise: 4:41AM
Sunset: 6:59PM

Sivaloka Day

Creative Work Siddha Yoga
Until 3:29AM Mon
Then Creative Work - Amrita Yoga

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time


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|----------------------------------|-------------------------------|---|--|
| 1 | Monday, August 6, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau | Buffalo, NY Sutra 113 Vilamba 5120 |
| | Sun 9 | | |
| Vrishabha Rasi: 11.22 | Tithi 25 | Gulika 1:37PM – 3:24PM | Rohini Until 2:13AM Tue |
| Family Home Evening | 434342362 | Yama 10:03AM – 11:50AM | Dhruva Until 7:57PM |
| Creative Work | Amrita Yoga | Rahu 6:29AM – 8:16AM | Vanija Until 10:31AM |
| Until 2:13AM Tue | | | Dashami Until 9:24PM |
| Then Creative Work - Siddha Yoga | | | Ganesha: Purple Sunrise: 4:42AM |
| | | | Muruqa: Clear Sunset: 6:58PM |
| | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Devaloka Day |

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|-----------------------|--------------------------------|--|--|
| 2 | Tuesday, August 7, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Ekadashyam Titau | Buffalo, NY Sutra 114 Vilamba 5120 |
| | Sun 10 | | |
| Vrishabha Rasi: 25.35 | Tithi 26 | Gulika 11:50AM – 1:36PM | Mrigashira Until 12:16AM Wed |
| | 434342362 | Yama 8:16AM – 10:03AM | Vyaghata* Until 4:47PM |
| Creative Work | Siddha Yoga | Rahu 3:23PM – 5:10PM | Bava Until 8:10AM |
| | | | Ekadashi* Until 6:46PM |
| | | | Ganesha: Purple Sunrise: 4:43AM |
| | | | Muruqa: Clear Sunset: 6:56PM |
| | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Devaloka Day |
| | | | Ashada*Adi |

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| 3 | Wednesday, August 8, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | Buffalo, NY Sutra 115 Vilamba 5120 |
| | Sun 11 | | |
| Mithuna Rasi: 10.1 | Tithi 27 – 28 | Gulika 10:03AM – 11:49AM | Ardra Until 9:45PM |
| | 434342362 | Yama 6:30AM – 8:17AM | Harshana Until 1:13PM |
| Creative Work | Siddha Yoga | Rahu 11:49AM – 1:36PM | Gara Until 2:00AM Thu |
| | | | Dvadashi* Until 3:40PM |
| | | | Ganesha: Purple Sunrise: 4:44AM |
| | | | Muruqa: Clear Sunset: 6:55PM |
| | | | Nataraja: Clear |
| | | | Moon – Yellow |
| | | | Devaloka Day |
| | | | Ashada*Adi |
| | | | <i>Pradosha Vrata (Fasting)</i> |

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| 4 | Thursday, August 9, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | Buffalo, NY Sutra 116 Vilamba 5120 |
| | Sun 12 | | |
| Mithuna Rasi: 25.03 | Tithi 28 – 29 | Gulika 8:17AM – 10:03AM | Punarvasu Until 7:12PM |
| | 444342362 | Yama 4:45AM – 6:31AM | Vajra* Until 9:21AM |
| Creative Work | Amrita Yoga | Rahu 1:35PM – 3:21PM | Visti Until 10:28PM |
| | | | Trayodashi* Until 12:14PM |
| | | | Ganesha: Light Blue Sunrise: 4:45AM |
| | | | Muruqa: Clear Sunset: 6:54PM |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | | Devaloka Day |
| | | | Ashada*Adi |

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|  | Friday, August 10, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | Buffalo, NY Sutra 117 Vilamba 5120 |
| | Sun 13 | | |
| Retreat Star | | Gulika 6:32AM – 8:18AM | Pushya Until 4:22PM |
| Kataka Rasi: 10.07 | Tithi 29 – 30 | Yama 3:21PM – 5:07PM | Vyatipata* Until 1:12AM Sat |
| | 444342362 | Rahu 10:03AM – 11:49AM | Catuspada Until 6:48PM |
| Routine Work | Marana Yoga | | Chaturdashi* Until 8:37AM |
| | | | Ganesha: Light Blue Sunrise: 4:46AM |
| | | | Muruqa: Clear Sunset: 6:52PM |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | | Devaloka Day |
| | | | Ashada*Adi |

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| Retreat Star | Saturday, August 11, 2018 | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau | Buffalo, NY Sutra 118 Vilamba 5120 |
| | Sun 14 | | |
| Kataka Rasi: 25.14 | Tithi 1 | Gulika 4:47AM – 6:33AM | Ashlesha* Until 1:25PM |
| | 445342362 | Yama 1:34PM – 3:20PM | Variyan Until 9:10PM |
| Routine Work | Marana Yoga | Rahu 8:18AM – 10:04AM | Kintughna Until 3:10PM |
| Until 1:25PM | | | Prathama* Until 1:24AM Sun |
| Then Creative Work - Amrita Yoga | | Partial Solar Eclipse | Sravana*Adi |
| | | | Ganesha: Orange Sunrise: 4:47AM |
| | | | Muruqa: Clear Sunset: 6:51PM |
| | | | Nataraja: Clear |
| | | | Moon – Blue |
| | | | Sivaloka Day |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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|----------------------------------|-------------|--|------------------------------|------------------------|------------------------|--|
| 1 Sunday, August 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Buffalo, NY Sun 15 Sutra 119 Vilamba 5120 |
| Simha Rasi: 10.16 | Tithi 2 | Gulika 3:19PM – 5:04PM | Magha* Until 10:56AM | Ganesha: Clear | <i>Sunrise:</i> 4:48AM | |
| | | Yama 11:49AM – 1:34PM | Parigha* Until 5:19PM | Muruqa: Clear | <i>Sunset:</i> 6:50PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 5:04PM – 6:50PM | Balava Until 11:44AM | Nataraja: Clear | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 10:07PM | Moon – Red | | Sivaloka Day |
| Until 10:56AM | | | | Sravana-Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|----------------------------------|-------------|--|-----------------------------------|------------------------|------------------------|--|
| 2 Monday, August 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trityayam Titau | | | | Buffalo, NY Sun 16 Sutra 120 Vilamba 5120 |
| Simha Rasi: 25.03 | Tithi 3 | Gulika 1:34PM – 3:18PM | Purvaphalguni Until 8:38AM | Ganesha: Clear | <i>Sunrise:</i> 4:49AM | |
| Family Home Evening | | Yama 10:04AM – 11:49AM | Shiva Until 1:49PM | Muruqa: Clear | <i>Sunset:</i> 6:48PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 6:34AM – 8:19AM | Taitila Until 8:39AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 7:16PM | Moon – Red | | Sivaloka Day |
| | | | | Sravana-Adi | | |

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|-----------------------------------|-------------|--|------------------------------------|------------------------|------------------------|--|
| 3 Tuesday, August 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau | | | | Buffalo, NY Sun 17 Sutra 121 Vilamba 5120 |
| Kanya Rasi: 9.29 | Tithi 4 – 5 | Gulika 11:48AM – 1:33PM | Uttaraphalguni Until 6:42AM | Ganesha: Clear | <i>Sunrise:</i> 4:50AM | |
| | | Yama 8:19AM – 10:04AM | Siddha Until 10:44AM | Muruqa: Clear | <i>Sunset:</i> 6:47PM | Moon 7 - Phase 17 |
| | | 455342362 Rahu 3:18PM – 5:02PM | Vanija Until 6:03AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 4:58PM | Moon – Red | | Sivaloka Day |
| Until 6:42AM | | | | Sravana-Adi | | Tour Day |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, August 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Buffalo, NY Sun 18 Sutra 122 Vilamba 5120 |
| Kanya Rasi: 23.3 | Tithi 5 – 6 | Gulika 10:04AM – 11:48AM | Chitra Until 5:17AM Thu | Ganesha: Purple | <i>Sunrise:</i> 4:51AM | |
| | | Yama 6:35AM – 8:20AM | Sadhya Until 8:12AM | Muruqa: Clear | <i>Sunset:</i> 6:45PM | Moon 7 - Phase 17 |
| | | 465342362 Rahu 11:48AM – 1:33PM | Kaulava Until 2:52AM Thu | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 3:22PM | Moon – Green | | Subha Sivaloka Day |
| Until 5:17AM Thu | | Nag Panchami | | Sravana-Adi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 5 Thursday, August 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Buffalo, NY Sun 19 Sutra 123 Vilamba 5120 |
| Tula Rasi: 7.04 | Tithi 6 – 7 | Gulika 8:20AM – 10:04AM | Svati Until 5:30AM Fri | Ganesha: Purple | <i>Sunrise:</i> 4:52AM | |
| | | Yama 4:52AM – 6:36AM | Subha Until 6:17AM | Muruqa: Clear | <i>Sunset:</i> 6:44PM | Moon 7 - Phase 17 |
| | | 465342362 Rahu 1:32PM – 3:16PM | Gara Until 2:26AM Fri | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Shashthi* Until 2:32PM | Moon – Green | | Subha Sivaloka Day |
| Until 5:30AM Fri | | | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Friday, August 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Brahma Yoga Vanija/Visiti* Karana Saptami/Ashtamyam Titau | | | | Buffalo, NY Sun 20 Sutra 124 Vilamba 5120 |
| Retreat Star | | Gulika 6:37AM – 8:21AM | Vishakha Until 6:49AM Sat | Ganesha: Purple | <i>Sunrise:</i> 4:53AM | |
| Tula Rasi: 20.1 | Tithi 7 – 8 | Yama 3:15PM – 4:59PM | Brahma Until 4:21AM Sat | Muruqa: Clear | <i>Sunset:</i> 6:42PM | Moon 7 - Phase 17 |
| | | 575342362 Rahu 10:04AM – 11:48AM | Visiti Until 2:50AM Sat | Nataraja: Clear | | Ashtami |
| Creative Work | Siddha Yoga | | Saptami Until 2:31PM | Moon – Orange | | Subha Sivaloka Day |
| | | | | Sravana-Avani | | |

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| Saturday, August 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Buffalo, NY Sun 21 Sutra 125 Vilamba 5120 |
| Retreat Star | | Gulika 4:54AM – 6:38AM | Vishakha Until 6:49AM | Ganesha: Purple | <i>Sunrise:</i> 4:54AM | |
| Vrischika Rasi: 2.53 | Tithi 8 – 9 | Yama 1:31PM – 3:14PM | Indra Until 4:18AM Sun | Muruqa: Clear | <i>Sunset:</i> 6:41PM | Moon 7 - Phase 17 |
| | | 575342362 Rahu 8:21AM – 10:04AM | Balava Until 3:58AM Sun | Nataraja: Clear | | Navami |
| Creative Work | Siddha Yoga | | Ashtami* Until 3:17PM | Moon – Orange | | Subha Sivaloka Day |
| | | | | Sravana-Avani | | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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| 1 | | Sunday, August 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sutra 126 Vilamba 5120 |
| Wrischika Rasi: 15.17 | Tithi 9 – 10 | Gulika 3:13PM – 4:56PM | Anuradha Until 8:42AM | Ganesha: Clear | <i>Sunrise:</i> 4:55AM | Sun 22 |
| | | Yama 11:47AM – 1:30PM | Vaidhriti* Until 4:42AM Mon | Muruqa: Clear | <i>Sunset:</i> 6:39PM | Moon 7 - Phase 18 |
| Routine Work | Marana Yoga | Rahu 4:56PM – 6:39PM | Taitila Until 5:44AM Mon | Nataraja: Clear | | 4th Phase |
| | | | Navami* Until 4:45PM | Moon – Orange | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| 2 | | Monday, August 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Gara Karana Dashamyam Titau | | Buffalo, NY Sutra 127 Vilamba 5120 |
| Wrischika Rasi: 27.25 | Tithi 10 | Gulika 1:30PM – 3:13PM | Jyeshtha* Until 11:00AM | Ganesha: Clear | <i>Sunrise:</i> 4:57AM | Sun 23 |
| Family Home Evening | | Yama 10:05AM – 11:47AM | Vishkambha* Until 5:29AM Tue | Muruqa: Clear | <i>Sunset:</i> 6:38PM | Moon 7 - Phase 18 |
| Creative Work | Siddha Yoga | Rahu 6:39AM – 8:22AM | Gara Until 6:47PM | Nataraja: Clear | | 4th Phase |
| | | | Dashami Until 6:47PM | Moon – Orange | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| 3 | | Tuesday, August 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Buffalo, NY Sutra 128 Vilamba 5120 |
| Dhanus Rasi: 9.21 | Tithi 11 | Gulika 11:47AM – 1:29PM | Mula* Until 2:02PM | Ganesha: Clear | <i>Sunrise:</i> 4:58AM | Sun 24 |
| | | Yama 8:22AM – 10:05AM | Priti Until 6:31AM Wed | Muruqa: Clear | <i>Sunset:</i> 6:36PM | Moon 7 - Phase 18 |
| Creative Work | Amrita Yoga | Rahu 3:12PM – 4:54PM | Vanija Until 7:58AM | Nataraja: Clear | | 4th Phase |
| Until 2:02PM | | | Ekadashi Until 9:11PM | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Sravana-Avani | | |

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| 4 | | Wednesday, August 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau | | Buffalo, NY Sutra 129 Vilamba 5120 |
| Dhanus Rasi: 21.11 | Tithi 12 | Gulika 10:05AM – 11:47AM | Purvashadha* Until 5:08PM | Ganesha: Clear | <i>Sunrise:</i> 4:59AM | Sun 25 |
| | | Yama 6:41AM – 8:23AM | Priti Until 6:31AM | Muruqa: Clear | <i>Sunset:</i> 6:35PM | Moon 7 - Phase 18 |
| Creative Work | Amrita Yoga | Rahu 11:47AM – 1:29PM | Bava Until 10:29AM | Nataraja: Clear | | 4th Phase |
| | | | Dvadashi Until 11:46PM | Moon – Light Blue | | Sivaloka Day |
| | | | | Sravana-Avani | | |

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| 5 | | Thursday, August 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Buffalo, NY Sutra 130 Vilamba 5120 |
| Makara Rasi: 2.58 | Tithi 13 | Gulika 8:23AM – 10:05AM | Uttarashadha Until 8:07PM | Ganesha: Clear | <i>Sunrise:</i> 5:00AM | Sun 26 |
| | | Yama 5:00AM – 6:41AM | Ayushman Until 7:35AM | Muruqa: Clear | <i>Sunset:</i> 6:33PM | Moon 7 - Phase 18 |
| Routine Work | Marana Yoga | Rahu 1:28PM – 3:10PM | Kaulava Until 1:06PM | Nataraja: Clear | | 4th Phase |
| Until 8:07PM | | | Trayodashi Until 2:22AM Fri | Moon – Light Blue | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Sravana-Avani | | |
| | | | | <i>Pradosha Vrata</i> | | |

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| 6 | | Friday, August 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau | | Buffalo, NY Sutra 131 Vilamba 5120 |
| Makara Rasi: 14.46 | Tithi 14 | Gulika 6:42AM – 8:23AM | Shravana Until 11:19PM | Ganesha: White | <i>Sunrise:</i> 5:01AM | Sun 27 |
| | | Yama 3:09PM – 4:50PM | Saubhagya Until 8:39AM | Muruqa: Clear | <i>Sunset:</i> 6:32PM | Moon 7 - Phase 18 |
| Routine Work | Marana Yoga | Rahu 10:05AM – 11:46AM | Gara Until 3:38PM | Nataraja: Clear | | 4th Phase |
| Until 11:19PM | | | Chaturdashi* Until 4:49AM Sat | Moon – Purple | | Subha Sivaloka Day |
| Then Creative Work - Siddha Yoga | | Chidambaram Abhishekam | | Sravana-Avani | | |

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| ○ | | Saturday, August 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau | | Buffalo, NY Sutra 132 Vilamba 5120 |
| Copper Retreat Star | | Gulika 5:02AM – 6:43AM | Dhanishtha Until 2:07AM Sun | Ganesha: White | <i>Sunrise:</i> 5:02AM | Sun 28 |
| Makara Rasi: 26.38 | Tithi 15 | Yama 1:27PM – 3:08PM | Sobhana Until 9:36AM | Muruqa: Clear | <i>Sunset:</i> 6:30PM | Moon 7 - Phase 18 |
| Creative Work | Siddha Yoga | Rahu 8:24AM – 10:05AM | Visti Until 5:58PM | Nataraja: Clear | | Purnima |
| | | | Purnima* Until 6:59AM Sun | Moon – Purple | | Subha Sivaloka Day |
| | | Avani Avittam | | Sravana-Avani | | |

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| ○ | | Sunday, August 26, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Buffalo, NY Sutra 133 Vilamba 5120 |
| Silver Retreat Star | | Gulika 3:07PM – 4:48PM | Shatabhishak Until 4:25AM Mon | Ganesha: White | <i>Sunrise:</i> 5:03AM | Sun 29 |
| Kumbha Rasi: 9 | Tithi 15 – 16 | Yama 11:46AM – 1:26PM | Athiganda* Until 10:17AM | Muruqa: Clear | <i>Sunset:</i> 6:28PM | Moon 7 - Phase 18 |
| Creative Work | Siddha Yoga | Rahu 4:48PM – 6:28PM | Balava Until 7:58PM | Nataraja: Clear | | Prathama |
| Until 4:25AM Mon | | | Purnima* Until 6:59AM | Moon – Purple | | Subha Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Sravana-Avani | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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Monday, August 27, 2018
Gold Retreat Star

Kumbha Rasi: 20.43 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 6:39AM Tue
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 1:26PM – 3:06PM
Yama 10:05AM – 11:45AM
Rahu 6:44AM – 8:25AM
Purvaprosarthapada* Until 6:39AM Tue
Sukarma Until 10:43AM
Taitila Until 9:35PM
Prathama* Until 8:48AM

Buffalo, NY
Sutra 134
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: White
Muruga: Clear
Nataraja: Purple
Moon – Clear
Sivaloka Day

Sunrise: 5:04AM
Sunset: 6:27PM

Sivaloka Day

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Tuesday, August 28, 2018

Meena Rasi: 2.59 Tithi 17 – 18
Routine Work Marana Yoga
Until 6:39AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 11:45AM – 1:25PM
Yama 8:25AM – 10:05AM
Rahu 3:05PM – 4:45PM
Purvaprosarthapada* Until 6:39AM
Dhriti Until 10:50AM
Vanija Until 10:46PM
Dvitiya Until 10:12AM

Buffalo, NY
Sutra 135
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:05AM
Sunset: 6:25PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

2

Wednesday, August 29, 2018

Meena Rasi: 15.27 Tithi 18 – 19
Creative Work Siddha Yoga
Until 8:18AM
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 10:05AM – 11:45AM
Yama 6:46AM – 8:25AM
Rahu 11:45AM – 1:24PM
Uttaraprosarthapada Until 8:18AM
Shula* Until 10:34AM
Bava Until 11:30PM
Tritiya Until 11:10AM

Buffalo, NY
Sutra 136
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:06AM
Sunset: 6:23PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

3

Thursday, August 30, 2018

Meena Rasi: 28.07 Tithi 19 – 20
Creative Work Siddha Yoga
Until 9:21AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:26AM – 10:05AM
Yama 5:07AM – 6:46AM
Rahu 1:24PM – 3:03PM
Revati Until 9:21AM
Ganda* Until 9:58AM
Kaulava Until 11:47PM
Chaturthi* Until 11:41AM

Buffalo, NY
Sutra 137
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Clear
Sravana-Avani

Sunrise: 5:07AM
Sunset: 6:22PM

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

4

Friday, August 31, 2018

Mesha Rasi: 11.01 Tithi 20 – 21
Creative Work Amrita Yoga
Until 10:16AM
Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:47AM – 8:26AM
Yama 3:02PM – 4:41PM
Rahu 10:05AM – 11:44AM
Ashvini Until 10:16AM
Vridhi Until 9:01AM
Gara Until 11:35PM
Panchami Until 11:43AM

Buffalo, NY
Sutra 138
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:08AM
Sunset: 6:20PM

Bhuloka Day

5

Saturday, September 1, 2018

Mesha Rasi: 24.08 Tithi 21 – 22
Creative Work Siddha Yoga
Until 10:32AM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 5:09AM – 6:48AM
Yama 1:22PM – 3:01PM
Rahu 8:26AM – 10:05AM
Bharani Until 10:32AM
Dhruva Until 7:40AM
Visti Until 10:53PM
Shashthi* Until 11:17AM

Buffalo, NY
Sutra 139
Vilamba 5120
Moon 8 - Phase 19
1st Phase

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:09AM
Sunset: 6:18PM

Bhuloka Day

D

Sunday, September 2, 2018
Retreat Star

Vrishabha Rasi: 7.32 Tithi 22 – 23
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:00PM – 4:38PM
Yama 11:43AM – 1:22PM
Rahu 4:38PM – 6:17PM
Krittika Until 10:11AM
Harshana Until 3:47AM Mon
Balava Until 9:41PM
Saptami Until 10:20AM

Buffalo, NY
Sutra 140
Vilamba 5120
Moon 8 - Phase 19
Ashtami

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – White
Sravana-Avani

Sunrise: 5:10AM
Sunset: 6:17PM

Bhuloka Day

Krishna Janmashtami

Monday, September 3, 2018

Retreat Star

Vrishabha Rasi: 21.14 Tithi 23 – 24
Family Home Evening
Creative Work Amrita Yoga

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:21PM – 2:59PM
Yama 10:05AM – 11:43AM
Rahu 6:49AM – 8:27AM
Rohini Until 9:36AM
Vajra* Until 1:12AM Tue
Taitila Until 8:00PM
Ashtami* Until 8:53AM

Buffalo, NY
Sutra 141
Vilamba 5120
Moon 8 - Phase 19
Navami

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Yellow
Sravana-Avani

Sunrise: 5:11AM
Sunset: 6:15PM

Devaloka Day

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|---------------------------------|---------------|-----------------------------------|------------------|--|-------------------------|------------------------|---------------------|--|
| 1 | | Tuesday, September 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Visi* Karana Navami/Dashamyam Titau | | | | Buffalo, NY Sutra 142 Vilamba 5120 |
| Mithuna Rasi: 5.14 | Tithi 24 – 25 | Gulika | 11:43AM – 1:20PM | Mrigashira Until 8:24AM | Ganesha: White | <i>Sunrise:</i> 5:12AM | Sun 8 | Moon 8 - Phase 20 |
| | | Yama | 8:28AM – 10:05AM | Siddhi Until 10:16PM | Muruqa: Purple | <i>Sunset:</i> 6:13PM | | 2nd Phase |
| | | 538452363 Rahu | 2:58PM – 4:36PM | Visti Until 4:33AM Wed | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | | Navami* Until 6:57AM | Moon – Yellow | | Devaloka Day | |
| Until 8:24AM | | | | | Sravana-Avani | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Wednesday, September 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Buffalo, NY Sutra 143 Vilamba 5120 |
| Mithuna Rasi: 19.32 | Tithi 26 | Gulika | 10:05AM – 11:42AM | Ardra Until 6:37AM | Ganesha: White | <i>Sunrise:</i> 5:13AM | Sun 9 | Moon 8 - Phase 20 |
| | | Yama | 6:51AM – 8:28AM | Vyatipata* Until 7:00PM | Muruqa: Purple | <i>Sunset:</i> 6:12PM | | 2nd Phase |
| | | 538452363 Rahu | 11:42AM – 1:20PM | Bava Until 3:13PM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 1:46AM Thu | Moon – Yellow | | Devaloka Day | |
| | | | | | Sravana-Avani | | | |

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| 3 | | Thursday, September 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Buffalo, NY Sutra 144 Vilamba 5120 |
| Kataka Rasi: 4.06 | Tithi 27 | Gulika | 8:28AM – 10:05AM | Pushya Until 2:24AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:14AM | Sun 10 | Moon 8 - Phase 20 |
| | | Yama | 5:14AM – 6:51AM | Variyan Until 3:27PM | Muruqa: Purple | <i>Sunset:</i> 6:10PM | | 2nd Phase |
| | | 548452363 Rahu | 1:19PM – 2:56PM | Kaulava Until 12:17PM | Nataraja: Purple | | | |
| Creative Work | Amrita Yoga | | | Dvadashi* Until 10:42PM | Moon – Blue | | Bhuloka Day | |
| Until 2:24AM Fri | | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 4 | | Friday, September 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Buffalo, NY Sutra 145 Vilamba 5120 |
| Kataka Rasi: 18.52 | Tithi 28 | Gulika | 6:52AM – 8:29AM | Ashlesha* Until 11:49PM | Ganesha: Yellow | <i>Sunrise:</i> 5:15AM | Sun 11 | Moon 8 - Phase 20 |
| | | Yama | 2:55PM – 4:32PM | Parigha* Until 11:43AM | Muruqa: Purple | <i>Sunset:</i> 6:08PM | | 2nd Phase |
| | | 548452363 Rahu | 10:05AM – 11:42AM | Gara Until 9:07AM | Nataraja: Purple | | | |
| Routine Work | Marana Yoga | | | Trayodashi* Until 7:28PM | Moon – Blue | | Bhuloka Day | |
| | | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM | |
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Pradosha Vrata (Fasting)

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| 5 | | Saturday, September 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Buffalo, NY Sutra 146 Vilamba 5120 |
| Simha Rasi: 3.44 | Tithi 29 – 30 | Gulika | 5:16AM – 6:53AM | Magha* Until 9:28PM | Ganesha: Red | <i>Sunrise:</i> 5:16AM | Sun 12 | Moon 8 - Phase 20 |
| | | Yama | 1:18PM – 2:54PM | Shiva Until 7:56AM | Muruqa: Purple | <i>Sunset:</i> 6:06PM | | 2nd Phase |
| | | 558452363 Rahu | 8:29AM – 10:05AM | Catuspada Until 2:35AM Sun | Nataraja: Purple | | | |
| Creative Work | Amrita Yoga | | | Chaturdashi* Until 4:11PM | Moon – Red | | Bhuloka Day | |
| Until 9:28PM | | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| ● | | Sunday, September 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Buffalo, NY Sutra 147 Vilamba 5120 |
| Retreat Star | | Gulika | 2:53PM – 4:29PM | Purvaphalguni Until 7:08PM | Ganesha: Red | <i>Sunrise:</i> 5:17AM | Sun 13 | Moon 8 - Phase 20 |
| Simha Rasi: 18.35 | Tithi 30 – 1 | Yama | 11:41AM – 1:17PM | Sadhya Until 12:32AM Mon | Muruqa: Purple | <i>Sunset:</i> 6:05PM | | Amavasya |
| | | 558452363 Rahu | 4:29PM – 6:05PM | Kintughna Until 11:31PM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 1:00PM | Moon – Red | | Bhuloka Day | |
| Until 7:08PM | | | | | Sravana-Avani | | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| Retreat Star | | Monday, September 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Buffalo, NY Sutra 148 Vilamba 5120 |
| Kanya Rasi: 3.16 | Tithi 1 – 2 | Gulika | 1:16PM – 2:52PM | Uttaraphalguni Until 4:58PM | Ganesha: Blue | <i>Sunrise:</i> 5:19AM | Sun 14 | Moon 8 - Phase 20 |
| Family Home Evening | | Yama | 10:05AM – 11:41AM | Subha Until 9:14PM | Muruqa: Purple | <i>Sunset:</i> 6:03PM | | Prathama |
| | | 559452363 Rahu | 6:54AM – 8:30AM | Balava Until 8:46PM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 10:04AM | Moon – Red | | Bhuloka Day | |
| | | | | | Bhadrapada-Avani | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | Tuesday, September 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | | | Buffalo, NY Sun 15 Sutra 149 Vilamba 5120 |
| | Kanya Rasi: 17.41 | Tithi 2 - 3 | Gulika 11:40AM - 1:16PM | Hasta Until 3:33PM | Ganesha: Blue | <i>Sunrise:</i> 5:20AM | |
| | | | Yama 8:30AM - 10:05AM | Sukla Until 6:17PM | Muruqa: Purple | <i>Sunset:</i> 6:01PM | Moon 8 - Phase 21 |
| | 569452363 | Rahu 2:51PM - 4:26PM | | Taitila Until 6:31PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 7:34AM | Moon - Green | | Bhuloka Day | |
| | | | | Bhadrapada-Avani | | | |

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| 2 | Wednesday, September 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturtham Titau | | | | Buffalo, NY Sun 16 Sutra 150 Vilamba 5120 |
| | Tula Rasi: 1.44 | Tithi 4 | Gulika 10:05AM - 11:40AM | Chitra Until 2:35PM | Ganesha: Blue | <i>Sunrise:</i> 5:21AM | |
| | | | Yama 6:55AM - 8:30AM | Brahma Until 3:53PM | Muruqa: Purple | <i>Sunset:</i> 5:59PM | Moon 8 - Phase 21 |
| | 569452363 | Rahu 11:40AM - 1:15PM | | Vanija Until 4:54PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Chaturthi* Until 4:21AM Thu | Moon - Green | | Bhuloka Day | |
| | | Ganesha Chaturthi | | Bhadrapada-Avani | | | |

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| 3 | Thursday, September 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau | | | | Buffalo, NY Sun 17 Sutra 151 Vilamba 5120 |
| | Tula Rasi: 15.21 | Tithi 5 | Gulika 8:31AM - 10:05AM | Svati Until 2:12PM | Ganesha: Yellow | <i>Sunrise:</i> 5:22AM | |
| | | | Yama 5:22AM - 6:56AM | Indra Until 2:04PM | Muruqa: Purple | <i>Sunset:</i> 5:58PM | Moon 8 - Phase 21 |
| | 569552363 | Rahu 1:14PM - 2:49PM | | Bava Until 4:02PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Amrita Yoga | | Panchami Until 3:53AM Fri | Moon - Green | | Bhuloka Day | |
| Until 2:12PM | | | | Bhadrapada-Avani | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 4 | Friday, September 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Buffalo, NY Sun 18 Sutra 152 Vilamba 5120 |
| | Tula Rasi: 28.32 | Tithi 6 | Gulika 6:57AM - 8:31AM | Vishakha Until 2:56PM | Ganesha: White | <i>Sunrise:</i> 5:23AM | |
| | | | Yama 2:48PM - 4:22PM | Vaidhriti* Until 12:53PM | Muruqa: Purple | <i>Sunset:</i> 5:56PM | Moon 8 - Phase 21 |
| | 579552363 | Rahu 10:05AM - 11:39AM | | Kaulava Until 3:59PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Shashthi* Until 4:15AM Sat | Moon - Orange | | Devaloka Day | |
| | | | | Bhadrapada-Avani | | | |

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|---------------|-------------------------------------|------------------------------|---|------------------------------|-------------------------|------------------------|--|
| 5 | Saturday, September 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Saplamyam Titau | | | | Buffalo, NY Sun 19 Sutra 153 Vilamba 5120 |
| | Vrischika Rasi: 11.17 | Tithi 7 | Gulika 5:24AM - 6:58AM | Anuradha Until 4:18PM | Ganesha: White | <i>Sunrise:</i> 5:24AM | |
| | | | Yama 1:13PM - 2:47PM | Vishkambha* Until 12:22PM | Muruqa: Purple | <i>Sunset:</i> 5:54PM | Moon 8 - Phase 21 |
| | 579552363 | Rahu 8:31AM - 10:05AM | | Gara Until 4:46PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 5:25AM Sun | Moon - Orange | | Devaloka Day | |
| | | | | Bhadrapada-Avani | | | |

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| ☾ | Sunday, September 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Visti* Karana Ashtamyam Titau | | | | Buffalo, NY Sun 20 Sutra 154 Vilamba 5120 |
| | Retreat Star | | Gulika 2:46PM - 4:19PM | Jyeshtha* Until 6:14PM | Ganesha: White | <i>Sunrise:</i> 5:25AM | |
| | Vrischika Rasi: 23.41 | Tithi 8 | Yama 11:39AM - 1:12PM | Priti Until 12:27PM | Muruqa: Purple | <i>Sunset:</i> 5:52PM | Moon 8 - Phase 21 |
| | 579552363 | Rahu 4:19PM - 5:52PM | | Visti Until 6:17PM | Nataraja: Purple | | Ashtami |
| Routine Work | Marana Yoga | | Ashtami* Until 7:16AM Mon | Moon - Orange | | Devaloka Day | |
| Until 6:14PM | | | | Bhadrapada-Puratasi | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| ☾ | Monday, September 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Buffalo, NY Sun 21 Sutra 155 Vilamba 5120 |
| | Retreat Star | | Gulika 1:11PM - 2:44PM | Mula* Until 9:04PM | Ganesha: Clear | <i>Sunrise:</i> 5:26AM | |
| | Dhanus Rasi: 5.49 | Tithi 8 - 9 | Yama 10:05AM - 11:38AM | Ayushman Until 12:59PM | Muruqa: Purple | <i>Sunset:</i> 5:51PM | Moon 8 - Phase 21 |
| | 589552363 | Rahu 6:59AM - 8:32AM | | Balava Until 8:24PM | Nataraja: Purple | | Navami |
| Family Home Evening | Siddha Yoga | | Ashtami* Until 7:16AM | Moon - Light Blue | | Bhuloka Day | |
| Creative Work | | | | Bhadrapada-Puratasi | | Devaloka Time: 9:AM to 12:PM | |
| Until 9:04PM | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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| 1 | | Tuesday, September 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sutra 156 Vilamba 5120 |
| Dhanus Rasi: 17.44 | Tithi 9 – 10 | Gulika 11:38AM – 1:11PM | Purvashadha* Until 12:06AM Wed | Ganesha: Clear | <i>Sunrise:</i> 5:27AM | Sun 22 |
| | | Yama 8:32AM – 10:05AM | Saubhagya Until 1:52PM | Muruqa: Purple | <i>Sunset:</i> 5:49PM | Moon 8 - Phase 22 |
| | 581552363 | Rahu 2:43PM – 4:16PM | Taitila Until 10:54PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 9:36AM | Moon – Light Blue | | Bhuloka Day |
| Until 12:06AM Wed | | | | Bhadrapada-Puratasi | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 2 | | Wednesday, September 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sutra 157 Vilamba 5120 |
| Dhanus Rasi: 29.34 | Tithi 10 – 11 | Gulika 10:05AM – 11:38AM | Uttarashadha Until 3:04AM Thu | Ganesha: Clear | <i>Sunrise:</i> 5:28AM | Sun 23 |
| | | Yama 7:00AM – 8:33AM | Sobhana Until 2:56PM | Muruqa: Purple | <i>Sunset:</i> 5:47PM | Moon 8 - Phase 22 |
| | 581552363 | Rahu 11:38AM – 1:10PM | Vanija Until 1:32AM Thu | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 12:12PM | Moon – Light Blue | | Bhuloka Day |
| Until 3:04AM Thu | | | | Bhadrapada-Puratasi | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 | | Thursday, September 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sutra 158 Vilamba 5120 |
| Makara Rasi: 11.21 | Tithi 11 – 12 | Gulika 8:33AM – 10:05AM | Shravana Until 6:16AM Fri | Ganesha: Purple | <i>Sunrise:</i> 5:29AM | Sun 24 |
| | | Yama 5:29AM – 7:01AM | Athiganda* Until 3:58PM | Muruqa: Purple | <i>Sunset:</i> 5:45PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 1:09PM – 2:41PM | Bava Until 4:04AM Fri | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 2:48PM | Moon – Purple | | Devaloka Day |
| | | | | Bhadrapada-Puratasi | | |

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| 4 | | Friday, September 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sutra 159 Vilamba 5120 |
| Makara Rasi: 23.11 | Tithi 12 – 13 | Gulika 7:02AM – 8:33AM | Shravana Until 6:16AM | Ganesha: Purple | <i>Sunrise:</i> 5:30AM | Sun 25 |
| | | Yama 2:40PM – 4:12PM | Sukarma Until 4:51PM | Muruqa: Purple | <i>Sunset:</i> 5:44PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 10:05AM – 11:37AM | Kaulava Until 6:19AM Sat | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Until 5:13PM | Moon – Purple | | Devaloka Day |
| Until 6:16AM | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Pradosha Vrata

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| 5 | | Saturday, September 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Buffalo, NY Sutra 160 Vilamba 5120 |
| Kumbha Rasi: 5.08 | Tithi 13 | Gulika 5:31AM – 7:02AM | Dhanishtha Until 9:01AM | Ganesha: Purple | <i>Sunrise:</i> 5:31AM | Sun 26 |
| | | Yama 1:08PM – 2:39PM | Dhriti Until 5:28PM | Muruqa: Purple | <i>Sunset:</i> 5:42PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 8:34AM – 10:05AM | Kaulava Until 6:19AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 7:16PM | Moon – Purple | | Devaloka Day |
| Until 9:01AM | | Chidambaram Abhishekam | | Bhadrapada-Puratasi | | |
| Then Creative Work - Amrita Yoga | | Kadaitswami Mahasamadhi | | | | |

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| 6 | | Sunday, September 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau | | Buffalo, NY Sutra 161 Vilamba 5120 |
| Kumbha Rasi: 17.16 | Tithi 14 | Gulika 2:38PM – 4:09PM | Shatabhishak Until 11:11AM | Ganesha: Purple | <i>Sunrise:</i> 5:32AM | Sun 27 |
| | | Yama 11:36AM – 1:07PM | Shula* Until 5:42PM | Muruqa: Purple | <i>Sunset:</i> 5:40PM | Moon 8 - Phase 22 |
| | 591552363 | Rahu 4:09PM – 5:40PM | Gara Until 8:09AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 8:51PM | Moon – Purple | | Devaloka Day |
| | | | | Bhadrapada-Puratasi | | |

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| ○ | | Monday, September 24, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttarproarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau | | Buffalo, NY Sutra 162 Vilamba 5120 |
| Copper Retreat Star | | Gulika 1:06PM – 2:37PM | Purvaprosarthapada* Until 1:11PM | Ganesha: Purple | <i>Sunrise:</i> 5:33AM | Sun 28 |
| Kumbha Rasi: 29.35 | Tithi 15 | Yama 10:05AM – 11:36AM | Ganda* Until 5:34PM | Muruqa: Purple | <i>Sunset:</i> 5:38PM | Moon 8 - Phase 22 |
| Family Home Evening | 511552363 | Rahu 7:04AM – 8:35AM | Visti Until 9:28AM | Nataraja: Purple | | Purnima |
| Routine Work | Marana Yoga | | Purnima* Until 9:55PM | Moon – Clear | | Devaloka Day |
| Until 1:11PM | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| ○ | | Tuesday, September 25, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarproarthapada*/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau | | Buffalo, NY Sutra 163 Vilamba 5120 |
| Silver Retreat Star | | Gulika 11:35AM – 1:06PM | Uttarproarthapada Until 2:31PM | Ganesha: Purple | <i>Sunrise:</i> 5:34AM | Sun 29 |
| Meena Rasi: 12.08 | Tithi 16 | Yama 8:35AM – 10:05AM | Vridhi Until 5:02PM | Muruqa: Purple | <i>Sunset:</i> 5:37PM | Moon 8 - Phase 22 |
| | 511552363 | Rahu 2:36PM – 4:06PM | Balava Until 10:16AM | Nataraja: Purple | | Prathama |
| Creative Work | Amrita Yoga | | Prathama* Until 10:28PM | Moon – Clear | | Devaloka Day |
| Until 2:31PM | | | | Bhadrapada-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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Wednesday, September 26, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dvitiyayam Titau

Buffalo, NY
Sun 1
Sutra 164

Meena Rasi: 24.55 Tithi 17

Gulika 10:05AM – 11:35AM
Yama 7:05AM – 8:35AM
511552363 Rahu 11:35AM – 1:05PM

Revati Until 3:14PM
Dhruva Until 4:06PM
Tailila Until 10:35AM
Dvitiya Until 10:33PM

Ganesha: Purple Sunrise: 5:35AM
Muruga: Purple Sunset: 5:35PM
Nataraja: Purple
Moon – Clear
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Devaloka Day

Routine Work Marana Yoga

1

Thursday, September 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Buffalo, NY
Sun 2
Sutra 165

Mesha Rasi: 7.56 Tithi 18

Gulika 8:36AM – 10:05AM
Yama 5:36AM – 7:06AM
621552363 Rahu 1:04PM – 2:34PM

Ashvini Until 3:50PM
Vyaghata* Until 2:51PM
Vanija Until 10:28AM
Tritiya Until 10:14PM

Ganesha: Purple Sunrise: 5:36AM
Muruga: Purple Sunset: 5:33PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 3:50PM

Then Creative Work - Siddha Yoga

2

Friday, September 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturtham Titau

Buffalo, NY
Sun 3
Sutra 166

Mesha Rasi: 21.08 Tithi 19

Gulika 7:07AM – 8:36AM
Yama 2:33PM – 4:02PM
622552363 Rahu 10:05AM – 11:34AM

Bharani Until 3:55PM
Harshana Until 1:19PM
Bava Until 9:57AM
Chaturthi* Until 9:33PM

Ganesha: Clear Sunrise: 5:38AM
Muruga: Purple Sunset: 5:31PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

3

Saturday, September 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Panchamyam Titau

Buffalo, NY
Sun 4
Sutra 167

Virshabha Rasi: 4.32 Tithi 20

Gulika 5:39AM – 7:08AM
Yama 1:03PM – 2:32PM
622552363 Rahu 8:36AM – 10:05AM

Krittika Until 3:32PM
Vajra* Until 11:29AM
Kaulava Until 9:06AM
Panchami Until 8:33PM

Ganesha: Clear Sunrise: 5:39AM
Muruga: Purple Sunset: 5:30PM
Nataraja: Purple
Moon – White
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

4

Sunday, September 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Shashthiyam Titau

Buffalo, NY
Sun 5
Sutra 168

Virshabha Rasi: 18.06 Tithi 21

Gulika 2:31PM – 3:59PM
Yama 11:34AM – 1:02PM
632552363 Rahu 3:59PM – 5:28PM

Rohini Until 3:09PM
Siddhi Until 9:26AM
Gara Until 7:57AM
Shashthi* Until 7:15PM

Ganesha: Purple Sunrise: 5:40AM
Muruga: Purple Sunset: 5:28PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

5

Monday, October 1, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Sapthami/Ashlamyam Titau

Buffalo, NY
Sun 6
Sutra 169

Mithuna Rasi: 1.5 Tithi 22 – 23

Family Home Evening

Gulika 1:02PM – 2:30PM
Yama 10:05AM – 11:33AM
632552363 Rahu 7:09AM – 8:37AM

Mrigashira Until 2:21PM
Vyatipata* Until 7:09AM
Visti Until 6:31AM
Saptami Until 5:40PM

Ganesha: Purple Sunrise: 5:41AM
Muruga: Purple Sunset: 5:26PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
1st Phase

Bhuloka Day

Creative Work Amrita Yoga

Until 2:21PM

Then Creative Work - Siddha Yoga

D

Tuesday, October 2, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Buffalo, NY
Sun 7
Sutra 170

Mithuna Rasi: 15.45 Tithi 23 – 24

Gulika 11:33AM – 1:01PM
Yama 8:38AM – 10:05AM
632552363 Rahu 2:29PM – 3:57PM

Ardra Until 1:07PM
Parigha* Until 1:54AM Wed
Tailila Until 2:49AM Wed
Ashtami* Until 3:49PM

Ganesha: Purple Sunrise: 5:42AM
Muruga: Purple Sunset: 5:24PM
Nataraja: Purple
Moon – Yellow
Bhadrapada-Puratasi

Moon 9 - Phase 23
Ashtami

Bhuloka Day

Routine Work Marana Yoga

Until 1:07PM

Then Creative Work - Siddha Yoga

Wednesday, October 3, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Buffalo, NY
Sun 8
Sutra 171

Mithuna Rasi: 29.5 Tithi 24 – 25

Gulika 10:05AM – 11:33AM
Yama 7:10AM – 8:38AM
642552363 Rahu 11:33AM – 1:00PM

Punarvasu Until 11:54AM
Shiva Until 10:58PM
Vanija Until 12:35AM Thu
Navami* Until 1:42PM

Ganesha: Clear Sunrise: 5:43AM
Muruga: Purple Sunset: 5:23PM
Nataraja: Purple
Moon – Blue
Bhadrapada-Puratasi

Moon 9 - Phase 23
Navami

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time


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| 1 | | Thursday, October 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sutra 172 |
| Kataka Rasi: 14.04 | Tithi 25 – 26 | Gulika 8:38AM – 10:05AM | Pushya Until 10:19AM | Ganesha: Clear | <i>Sunrise:</i> 5:44AM | Sun 9 Vilamba 5120 |
| | | Yama 5:44AM – 7:11AM | Siddha Until 7:50PM | Muruqa: Purple | <i>Sunset:</i> 5:21PM | Moon 9 - Phase 24 |
| | 642552363 | Rahu 1:00PM – 2:27PM | Bava Until 10:08PM | Nataraja: Purple | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dashami Until 11:21AM | Moon – Blue | | Bhuloka Day |
| Until 10:19AM | | | | Bhadrapada•Puratasi | | Devaloka Time: 6:AM to 9:AM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 2 | | Friday, October 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sutra 173 |
| Kataka Rasi: 28.28 | Tithi 26 – 27 | Gulika 7:12AM – 8:39AM | Ashlesha* Until 8:24AM | Ganesha: Clear | <i>Sunrise:</i> 5:45AM | Sun 10 Vilamba 5120 |
| | | Yama 2:26PM – 3:52PM | Sadhya Until 4:36PM | Muruqa: Purple | <i>Sunset:</i> 5:19PM | Moon 9 - Phase 24 |
| | 642552363 | Rahu 10:05AM – 11:32AM | Kaulava Until 7:32PM | Nataraja: Purple | | 2nd Phase |
| Routine Work | Marana Yoga | | Ekadashi* Until 8:49AM | Moon – Blue | | Bhuloka Day |
| | | | | Bhadrapada•Puratasi | | Devaloka Time: 6:AM to 9:AM |

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| 3 | | Saturday, October 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sutra 174 |
| Simha Rasi: 12.55 | Tithi 27 – 28 | Gulika 5:46AM – 7:13AM | Magha* Until 6:40AM | Ganesha: White | <i>Sunrise:</i> 5:46AM | Sun 11 Vilamba 5120 |
| | | Yama 12:58PM – 2:25PM | Subha Until 1:18PM | Muruqa: Purple | <i>Sunset:</i> 5:18PM | Moon 9 - Phase 24 |
| | 652552363 | Rahu 8:39AM – 10:06AM | Vanija Until 3:33AM Sun | Nataraja: Purple | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 6:11AM | Moon – Red | | Bhuloka Day |
| Until 6:40AM | | | | Bhadrapada•Puratasi | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 4 | | Sunday, October 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Buffalo, NY Sutra 175 |
| Simha Rasi: 27.23 | Tithi 29 | Gulika 2:24PM – 3:50PM | Uttaraphalguni Until 2:53AM Mon | Ganesha: White | <i>Sunrise:</i> 5:47AM | Sun 12 Vilamba 5120 |
| | | Yama 11:32AM – 12:58PM | Sukla Until 10:01AM | Muruqa: Purple | <i>Sunset:</i> 5:16PM | Moon 9 - Phase 24 |
| | 652552364 | Rahu 3:50PM – 5:16PM | Visti Until 2:17PM | Nataraja: Clear | | 2nd Phase |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 1:02AM Mon | Moon – Red | | Bhuloka Day |
| Until 2:53AM Mon | | | | Bhadrapada•Puratasi | | Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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|  | | Monday, October 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Buffalo, NY Sutra 176 |
| Retreat Star | | Gulika 12:57PM – 2:23PM | Hasta Until 1:32AM Tue | Ganesha: Red | <i>Sunrise:</i> 5:49AM | Sun 13 Vilamba 5120 |
| Kanya Rasi: 11.46 | Tithi 30 | Yama 10:06AM – 11:31AM | Brahma Until 6:52AM | Muruqa: Purple | <i>Sunset:</i> 5:14PM | Moon 9 - Phase 24 |
| Family Home Evening | | Rahu 7:14AM – 8:40AM | Catuspada Until 11:52AM | Nataraja: Clear | | Amavasya |
| Creative Work | Siddha Yoga | | Amavasya* Until 10:46PM | Moon – Green | | Devaloka Day |
| | | Mahalaya Amavasai (Tamil Nadu) | | Bhadrapada•Puratasi | | |

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| Retreat Star | | Tuesday, October 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Buffalo, NY Sutra 177 |
| Kanya Rasi: 25.56 | Tithi 1 | Gulika 11:31AM – 12:56PM | Chitra Until 12:28AM Wed | Ganesha: Red | <i>Sunrise:</i> 5:50AM | Sun 14 Vilamba 5120 |
| | | Yama 8:40AM – 10:06AM | Vaidhriti* Until 1:25AM Wed | Muruqa: Purple | <i>Sunset:</i> 5:12PM | Moon 9 - Phase 24 |
| | 662652364 | Rahu 2:22PM – 3:47PM | Kintughna Until 9:48AM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 8:54PM | Moon – Green | | Devaloka Day |
| | | Navaratri Begins | | Ashvina•Puratasi | | |

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| 1 | Wednesday, October 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Buffalo, NY |
| | Tula Rasi: 9.49 | Tithi 2 | Gulika 10:06AM – 11:31AM | Svati Until 11:49PM | Ganesha: Red | <i>Sunrise:</i> 5:51AM | Sun 15 Sutra 178 |
| | 662652364 | Rahu 11:31AM – 12:56PM | Yama 7:16AM – 8:41AM | Vishkambha* Until 11:19PM | Muruqa: Purple | <i>Sunset:</i> 5:11PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | Balava Until 8:12AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| | | | Dvitiya Until 7:36PM | Moon – Green | | 3rd Phase | |
| | | | | Ashvina+Puratasi | | Devaloka Day | |

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| 2 | Thursday, October 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Priti Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Buffalo, NY |
| | Tula Rasi: 23.21 | Tithi 3 | Gulika 8:41AM – 10:06AM | Vishakha Until 12:08AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:52AM | Sun 16 Sutra 179 |
| | 672652364 | Rahu 12:55PM – 2:20PM | Yama 5:52AM – 7:17AM | Priti Until 9:47PM | Muruqa: Purple | <i>Sunset:</i> 5:09PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | Taitila Until 7:12AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| | | | Tritiya Until 6:57PM | Moon – Orange | | 3rd Phase | |
| | | | | Ashvina+Puratasi | | Devaloka Day | |

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| 3 | Friday, October 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | Buffalo, NY |
| | Vrischika Rasi: 6.3 | Tithi 4 | Gulika 7:17AM – 8:42AM | Anuradha Until 1:03AM Sat | Ganesha: White | <i>Sunrise:</i> 5:53AM | Sun 17 Sutra 180 |
| | 673652364 | Rahu 10:06AM – 11:30AM | Yama 2:19PM – 3:43PM | Ayushman Until 8:49PM | Muruqa: Purple | <i>Sunset:</i> 5:08PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | Vanija Until 6:56AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| | | | Chaturthi * Until 7:04PM | Moon – Orange | | 3rd Phase | |
| | | | | Ashvina+Puratasi | | Bhuloka Day | |
| | | | | | | Devaloka Time: 6:PM to 9:PM | |

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| 4 | Saturday, October 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Bava/Balava Karana Panchamyam Titau | | | | Buffalo, NY |
| | Vrischika Rasi: 19.16 | Tithi 5 | Gulika 5:54AM – 7:18AM | Jyeshtha* Until 2:33AM Sun | Ganesha: White | <i>Sunrise:</i> 5:54AM | Sun 18 Sutra 181 |
| | 673652364 | Rahu 8:42AM – 10:06AM | Yama 12:54PM – 2:18PM | Saubhagya Until 8:28PM | Muruqa: Purple | <i>Sunset:</i> 5:06PM | Vilamba 5120 |
| Creative Work | Siddha Yoga | | Bava Until 7:27AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| Until 2:33AM Sun | | | Panchami Until 7:58PM | Moon – Orange | | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | Ashvina+Puratasi | | Bhuloka Day | |
| | | | | | | Devaloka Time: 6:PM to 9:PM | |

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| 5 | Sunday, October 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Buffalo, NY |
| | Dhanus Rasi: 1.4 | Tithi 6 | Gulika 2:17PM – 3:41PM | Mula* Until 5:03AM Mon | Ganesha: Clear | <i>Sunrise:</i> 5:55AM | Sun 19 Sutra 182 |
| | 683652364 | Rahu 3:41PM – 5:04PM | Yama 11:30AM – 12:53PM | Sobhana Until 8:41PM | Muruqa: Purple | <i>Sunset:</i> 5:04PM | Vilamba 5120 |
| Creative Work | Amrita Yoga | | Kaulava Until 8:43AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| Until 5:03AM Mon | | | Shashthi* Until 9:36PM | Moon – Light Blue | | 3rd Phase | |
| Then Routine Work - Marana Yoga | | | | Ashvina+Puratasi | | Devaloka Day | |

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| 6 | Monday, October 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau | | | | Buffalo, NY |
| | Dhanus Rasi: 13.47 | Tithi 7 | Gulika 12:53PM – 2:16PM | Purvashadha* Until 7:54AM Tue | Ganesha: Clear | <i>Sunrise:</i> 5:56AM | Sun 20 Sutra 183 |
| | 683652364 | Rahu 7:20AM – 8:43AM | Yama 10:06AM – 11:30AM | Athiganda* Until 9:19PM | Muruqa: Purple | <i>Sunset:</i> 5:03PM | Vilamba 5120 |
| Family Home Evening | | | Gara Until 10:40AM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| Routine Work | Marana Yoga | | Saptami Until 11:49PM | Moon – Light Blue | | 3rd Phase | |
| Until 7:54AM Tue | | | | Ashvina+Puratasi | | Devaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|--|----------------------------------|----------------------|--|----------------------------------|-----------------------|------------------------|------------------|
| D | Tuesday, October 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Buffalo, NY |
| | Retreat Star | | Gulika 11:29AM – 12:52PM | Purvashadha* Until 7:54AM | Ganesha: Clear | <i>Sunrise:</i> 5:58AM | Sun 21 Sutra 184 |
| | Dhanus Rasi: 25.43 | Tithi 8 | Yama 8:44AM – 10:06AM | Sukarma Until 10:15PM | Muruqa: Purple | <i>Sunset:</i> 5:01PM | Vilamba 5120 |
| 683652364 | Rahu 2:15PM – 3:38PM | Durga Ashtami | Visti Until 1:05PM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| Creative Work | Siddha Yoga | | Ashtami* Until 2:23AM Wed | Moon – Light Blue | | Ashtami | |
| Until 7:54AM | | | | Ashvina+Puratasi | | Devaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| D | Wednesday, October 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau | | | | Buffalo, NY |
| | Retreat Star | | Gulika 10:07AM – 11:29AM | Uttarashadha Until 10:49AM | Ganesha: Clear | <i>Sunrise:</i> 5:59AM | Sun 22 Sutra 185 |
| | Makara Rasi: 7.32 | Tithi 9 | Yama 7:21AM – 8:44AM | Dhriti Until 11:17PM | Muruqa: Purple | <i>Sunset:</i> 5:00PM | Vilamba 5120 |
| 683652364 | Rahu 11:29AM – 12:52PM | Saraswathi Puja (Tamil Nadu) | Balava Until 3:44PM | Nataraja: Clear | | Moon 9 - Phase 25 | |
| Creative Work | Amrita Yoga | | Navami* Until 5:02AM Thu | Moon – Light Blue | | Navami | |
| Until 10:49AM | | | | Ashvina+Puratsi | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda


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| 1 | | Thursday, October 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila Karana Dashamyam Titau | | Buffalo, NY Sun 23 Sutra 186 Vilamba 5120 |
| Makara Rasi: 19.2 | Tithi 10 | Gulika 8:44AM – 10:07AM | Shravana Until 2:05PM | Ganesha: Purple | <i>Sunrise:</i> 6:00AM | |
| | | Yama 6:00AM – 7:22AM | Shula* Until 12:12AM Fri | Muruqa: Purple | <i>Sunset:</i> 4:58PM | Moon 9 - Phase 26 |
| | 693652364 | Rahu 12:51PM – 2:13PM | Taitila Until 6:20PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Purple | | |
| | | Vijaya Dasami | Dashami Until 7:30AM Fri | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

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| 2 | | Friday, October 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sun 24 Sutra 187 Vilamba 5120 |
| Kumbha Rasi: 1.13 | Tithi 10 – 11 | Gulika 7:23AM – 8:45AM | Dhanishtha Until 4:55PM | Ganesha: Purple | <i>Sunrise:</i> 6:01AM | |
| | | Yama 2:13PM – 3:35PM | Ganda* Until 12:52AM Sat | Muruqa: Purple | <i>Sunset:</i> 4:56PM | Moon 9 - Phase 26 |
| | 693652364 | Rahu 10:07AM – 11:29AM | Vanija Until 8:37PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Purple | | |
| | | | Dashami Until 7:30AM | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

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| 3 | | Saturday, October 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sun 25 Sutra 188 Vilamba 5120 |
| Kumbha Rasi: 13.14 | Tithi 11 – 12 | Gulika 6:02AM – 7:24AM | Shatabhishak Until 7:09PM | Ganesha: Purple | <i>Sunrise:</i> 6:02AM | |
| | | Yama 12:50PM – 2:12PM | Vriddhi Until 1:09AM Sun | Muruqa: Purple | <i>Sunset:</i> 4:56PM | Moon 9 - Phase 26 |
| | 693652364 | Rahu 8:45AM – 10:07AM | Bava Until 10:25PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | | Moon – Purple | | |
| Until 7:09PM | | | Ekadashi Until 9:34AM | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| 4 | | Sunday, October 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sun 26 Sutra 189 Vilamba 5120 |
| Kumbha Rasi: 25.28 | Tithi 12 – 13 | Gulika 2:11PM – 3:32PM | Purvaproshtapada* Until 9:07PM | Ganesha: White | <i>Sunrise:</i> 6:03AM | |
| | | Yama 11:28AM – 12:50PM | Dhruva Until 12:56AM Mon | Muruqa: Purple | <i>Sunset:</i> 4:53PM | Moon 9 - Phase 26 |
| | 613652364 | Rahu 3:32PM – 4:53PM | Kaulava Until 11:36PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Clear | | |
| Until 9:07PM | | | Dvadashi Until 11:04AM | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 | | Monday, October 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sun 27 Sutra 190 Vilamba 5120 |
| Meena Rasi: 7.59 | Tithi 13 – 14 | Gulika 12:49PM – 2:10PM | Uttaraproshtapada Until 10:19PM | Ganesha: White | <i>Sunrise:</i> 6:05AM | |
| Family Home Evening | | Yama 10:07AM – 11:28AM | Vyaghata* Until 12:14AM Tue | Muruqa: Purple | <i>Sunset:</i> 4:52PM | Moon 9 - Phase 26 |
| | 613652364 | Rahu 7:26AM – 8:46AM | Gara Until 12:08AM Tue | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Clear | | |
| | | | Trayodashi Until 11:56AM | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

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|  | | Tuesday, October 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Buffalo, NY Sun 27 Sutra 191 Vilamba 5120 |
| Copper Retreat Star | | Gulika 11:28AM – 12:49PM | Revati Until 10:44PM | Ganesha: White | <i>Sunrise:</i> 6:06AM | |
| Meena Rasi: 20.47 | Tithi 14 – 15 | Yama 8:47AM – 10:08AM | Harshana Until 11:03PM | Muruqa: Purple | <i>Sunset:</i> 4:50PM | Moon 9 - Phase 26 |
| | 613652364 | Rahu 2:09PM – 3:30PM | Visti Until 12:04AM Wed | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | | Moon – Clear | | |
| | | | Chaturdashi* Until 12:09PM | Ashvina•Aipasi | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |

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| Wednesday, October 24, 2018 | | Silver Retreat Star | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Buffalo, NY Sun 27 Sutra 192 Vilamba 5120 |
| Mesha Rasi: 3.54 | Tithi 15 – 16 | Gulika 10:08AM – 11:28AM | Ashvini Until 10:56PM | Ganesha: Clear | <i>Sunrise:</i> 6:07AM | |
| | | Yama 7:27AM – 8:48AM | Vajra* Until 9:25PM | Muruqa: Purple | <i>Sunset:</i> 4:49PM | Moon 9 - Phase 26 |
| | 623652364 | Rahu 11:28AM – 12:48PM | Balava Until 11:26PM | Nataraja: Clear | | Prathama |
| Routine Work | Marana Yoga | | | Moon – White | | |
| Until 10:56PM | | | Purnima* Until 11:47AM | Ashvina•Aipasi | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda



Thursday, October 25, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Siddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 193

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mesha Rasi: 17.17 Tithi 16 - 17

623652364

Gulika 8:48AM - 10:08AM
Yama 6:08AM - 7:28AM
Rahu 12:48PM - 2:08PM

Bharani Until 10:32PM
Siddhi Until 7:27PM
Taitila Until 10:21PM
Prathama* Until 10:56AM

Ganesha: Clear *Sunrise: 6:08AM*
Muruga: Purple *Sunset: 4:48PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 10:32PM

Then Routine Work - Marana Yoga

1

Friday, October 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Buffalo, NY

Sutra 194

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 0.55 Tithi 17 - 18

624652364

Gulika 7:29AM - 8:49AM
Yama 2:07PM - 3:27PM
Rahu 10:08AM - 11:28AM

Krittika Until 9:40PM
Vyatipata* Until 5:11PM
Vanija Until 8:56PM
Dvitiya Until 9:40AM

Ganesha: White *Sunrise: 6:09AM*
Muruga: Purple *Sunset: 4:46PM*
Nataraja: Clear
Moon - White
Ashvina-Aipasi

Sivaloka Day

Creative Work Siddha Yoga

Until 9:40PM

Then Routine Work - Marana Yoga

2

Saturday, October 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY

Sutra 195

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 14.43 Tithi 18 - 19

634652364

Gulika 6:11AM - 7:30AM
Yama 12:47PM - 2:06PM
Rahu 8:49AM - 10:08AM

Rohini Until 8:50PM
Varyan Until 2:42PM
Bava Until 7:17PM
Tritiya Until 8:07AM

Ganesha: Clear *Sunrise: 6:11AM*
Muruga: Purple *Sunset: 4:45PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Amrita Yoga

Until 8:50PM

Then Creative Work - Siddha Yoga

3

Sunday, October 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sutra 196

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Vrishabha Rasi: 28.39 Tithi 19 - 20

634652364

Gulika 2:05PM - 3:24PM
Yama 11:28AM - 12:47PM
Rahu 3:24PM - 4:43PM

Mrigashira Until 7:44PM
Parigha* Until 12:06PM
Taitila Until 4:31AM Mon
Chaturthi* Until 6:23AM

Ganesha: Clear *Sunrise: 6:12AM*
Muruga: Purple *Sunset: 4:43PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

4

Monday, October 29, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY

Sutra 197

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 12.4 Tithi 21

634652364

Gulika 12:46PM - 2:05PM
Yama 10:09AM - 11:28AM
Rahu 7:32AM - 8:50AM

Ardra Until 6:23PM
Shiva Until 9:25AM
Gara Until 3:35PM
Shashthi* Until 2:36AM Tue

Ganesha: Clear *Sunrise: 6:13AM*
Muruga: Purple *Sunset: 4:42PM*
Nataraja: Clear
Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

5

Tuesday, October 30, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau

Buffalo, NY

Sutra 198

Vilamba 5120

Moon 10 - Phase 27

1st Phase

Mithuna Rasi: 26.42 Tithi 22

644662364

Gulika 11:27AM - 12:46PM
Yama 8:51AM - 10:09AM
Rahu 2:04PM - 3:22PM

Punarvasu Until 5:17PM
Siddha Until 6:40AM
Visti Until 1:38PM
Saptami Until 12:38AM Wed

Ganesha: Purple *Sunrise: 6:14AM*
Muruga: Clear *Sunset: 4:41PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, October 31, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sutra 199

Vilamba 5120

Moon 10 - Phase 27

Ashtami

Kataka Rasi: 10.46 Tithi 23

644662364

Gulika 10:09AM - 11:27AM
Yama 7:34AM - 8:52AM
Rahu 11:27AM - 12:45PM

Pushya Until 4:01PM
Subha Until 1:09AM Thu
Balava Until 11:40AM
Ashtami* Until 10:39PM

Ganesha: Purple *Sunrise: 6:16AM*
Muruga: Clear *Sunset: 4:39PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Thursday, November 1, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sutra 200

Vilamba 5120

Moon 10 - Phase 27

Navami

Kataka Rasi: 24.51 Tithi 24

644662364

Gulika 8:52AM - 10:10AM
Yama 6:17AM - 7:34AM
Rahu 12:45PM - 2:03PM

Ashlesha* Until 2:36PM
Sukla Until 10:21PM
Taitila Until 9:41AM
Navami* Until 8:40PM

Ganesha: Purple *Sunrise: 6:17AM*
Muruga: Clear *Sunset: 4:38PM*
Nataraja: Clear
Moon - Blue
Ashvina-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 | Friday, November 2, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Magha/Purvaphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Buffalo, NY |
| | Simha Rasi: 8.56 | Tithi 25 | 654662364 | Gulika 7:35AM – 8:53AM Yama 2:02PM – 3:19PM Rahu 10:10AM – 11:27AM | Magha* Until 1:29PM Brahma Until 7:34PM Vanija Until 7:42AM Dashami Until 6:42PM | Ganesha: Clear <i>Sunrise: 6:18AM</i> Muruqa: Clear <i>Sunset: 4:37PM</i> Nataraja: Clear Moon – Red | Sun 8 Sutra 201 Vilamba 5120 Moon 10 - Phase 28 2nd Phase Sivaloka Day |
| | Routine Work | Marana Yoga | | | | | |
| | Until 1:29PM | | | | | | |
| | Then Creative Work - Siddha Yoga | | | | | | |


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| 2 | Saturday, November 3, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Buffalo, NY |
| | Simha Rasi: 23 | Tithi 26 – 27 | 654762364 | Gulika 6:19AM – 7:36AM Yama 12:44PM – 2:01PM Rahu 8:53AM – 10:10AM | Purvaphalguni Until 12:14PM Indra Until 4:51PM Kaulava Until 3:52AM Sun Ekadashi* Until 4:46PM | Ganesha: White <i>Sunrise: 6:19AM</i> Muruqa: Clear <i>Sunset: 4:35PM</i> Nataraja: Clear Moon – Red | Sun 9 Sutra 202 Vilamba 5120 Moon 10 - Phase 28 2nd Phase Devaloka Day |
| | Creative Work | Siddha Yoga | | | | | |
| | Until 12:14PM | | | | | | |
| | Then Routine Work - Marana Yoga | | | | | | |

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| 3 | Sunday, November 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Buffalo, NY |
| | Kanya Rasi: 7.01 | Tithi 27 – 28 | 654762364 | Gulika 2:01PM – 3:18PM Yama 11:27AM – 12:44PM Rahu 3:18PM – 4:34PM | Uttaraphalguni Until 10:57AM Vaidhriti* Until 2:11PM Gara Until 2:07AM Mon Dvadashi* Until 2:57PM | Ganesha: White <i>Sunrise: 6:21AM</i> Muruqa: Clear <i>Sunset: 4:35PM</i> Nataraja: Clear Moon – Red | Sun 10 Sutra 203 Vilamba 5120 Moon 10 - Phase 28 2nd Phase Devaloka Day |
| | Creative Work | Amrita Yoga | | | | | |
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Pradosha Vrata (Fasting)

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| 4 | Monday, November 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Buffalo, NY |
| | Kanya Rasi: 20.57 | Tithi 28 – 29 | 664762364 | Gulika 12:44PM – 2:00PM Yama 10:11AM – 11:27AM Rahu 7:38AM – 8:55AM | Hasta Until 10:07AM Vishkambha* Until 11:40AM Visti Until 12:37AM Tue Trayodashi* Until 1:19PM | Ganesha: Green <i>Sunrise: 6:22AM</i> Muruqa: Clear <i>Sunset: 4:33PM</i> Nataraja: Clear Moon – Green | Sun 11 Sutra 204 Vilamba 5120 Moon 10 - Phase 28 2nd Phase Devaloka Day Tour Day |
| | Family Home Evening | | | | | | |
| | Creative Work | Siddha Yoga | | | | | |
| | Until 10:07AM | | | | | | |
| | Then Routine Work - Prabalarishta Yoga | | | | | | |
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Subramuniyaswami Mahasamadhi
Deepavali Hindu Solidarity Day

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|  | Tuesday, November 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Buffalo, NY |
| | Tula Rasi: 4.43 | Tithi 29 – 30 | 664762364 | Gulika 11:27AM – 12:44PM Yama 8:55AM – 10:11AM Rahu 2:00PM – 3:16PM | Chitra Until 9:24AM Priti Until 9:24AM Catuspada Until 11:28PM Chaturdashi* Until 11:58AM | Ganesha: Green <i>Sunrise: 6:23AM</i> Muruqa: Clear <i>Sunset: 4:32PM</i> Nataraja: Clear Moon – Green | Sun 12 Sutra 205 Vilamba 5120 Moon 10 - Phase 28 Amavasya Devaloka Day |
| | Retreat Star | | | | | | |
| | Creative Work | Siddha Yoga | | | | | |
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| Retreat Star | Wednesday, November 7, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Buffalo, NY |
| | Tula Rasi: 18.16 | Tithi 30 – 1 | 765762364 | Gulika 10:12AM – 11:28AM Yama 7:40AM – 8:56AM Rahu 11:28AM – 12:43PM | Svati Until 8:56AM Ayushman Until 7:25AM Kintughna Until 10:46PM Amavasya* Until 11:02AM | Ganesha: Clear <i>Sunrise: 6:24AM</i> Muruqa: Clear <i>Sunset: 4:31PM</i> Nataraja: Clear Moon – Green | Sun 13 Sutra 206 Vilamba 5120 Moon 10 - Phase 28 Prathama Sivaloka Day |
| | Creative Work | Siddha Yoga | | | | | |
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Skanda Shasthi Begins

Kartika-Aipasi

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|--|--------------------|---|--------------------------------------|---|------------------------|--|
| 1 | | Thursday, November 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Buffalo, NY Sun 14 Sutra 207 Vilamba 5120 |
| Vrischika Rasi: 1.32 | Tithi 1 – 2 | Gulika 8:57AM – 10:12AM | Vishakha Until 9:16AM | Ganesha: Orange | <i>Sunrise:</i> 6:26AM | |
| | | Yama 6:26AM – 7:41AM | Sobhana Until 4:45AM Fri | Muruqa: Clear | <i>Sunset:</i> 4:30PM | Moon 10 - Phase 29 |
| | | 775762364 Rahu 12:43PM – 1:59PM | Balava Until 10:39PM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Prathama* Until 10:37AM | Moon – Orange | | Sivaloka Day |
| | | | | Karttika-Aipasi | | |
| 2 | | Friday, November 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau | | Buffalo, NY Sun 15 Sutra 208 Vilamba 5120 |
| Vrischika Rasi: 14.31 | Tithi 2 – 3 | Gulika 7:42AM – 8:57AM | Anuradha Until 10:02AM | Ganesha: Orange | <i>Sunrise:</i> 6:27AM | |
| | | Yama 1:58PM – 3:13PM | Athiganda* Until 4:08AM Sat | Muruqa: Clear | <i>Sunset:</i> 4:29PM | Moon 10 - Phase 29 |
| | | 775762364 Rahu 10:12AM – 11:28AM | Tailila Until 11:12PM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Dvitiya Until 10:49AM | Moon – Orange | | Sivaloka Day |
| Until 10:02AM | | | | Karttika-Aipasi | | |
| Then Routine Work - Marana Yoga | | | | | | |
| 3 | | Saturday, November 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau | | Buffalo, NY Sun 16 Sutra 209 Vilamba 5120 |
| Vrischika Rasi: 27.09 | Tithi 3 – 4 | Gulika 6:28AM – 7:43AM | Jyeshtha* Until 11:18AM | Ganesha: Orange | <i>Sunrise:</i> 6:28AM | |
| | | Yama 12:43PM – 1:58PM | Sukarma Until 4:03AM Sun | Muruqa: Clear | <i>Sunset:</i> 4:28PM | Moon 10 - Phase 29 |
| | | 775762364 Rahu 8:58AM – 10:13AM | Vanija Until 12:25AM Sun | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 11:42AM | Moon – Orange | | Sivaloka Day |
| | | | | Karttika-Aipasi | | |
| 4 | | Sunday, November 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Buffalo, NY Sun 17 Sutra 210 Vilamba 5120 |
| Dhanus Rasi: 9.3 | Tithi 4 – 5 | Gulika 1:57PM – 3:12PM | Mula* Until 1:31PM | Ganesha: Clear | <i>Sunrise:</i> 6:29AM | |
| | | Yama 11:28AM – 12:43PM | Dhriti Until 4:28AM Mon | Muruqa: Clear | <i>Sunset:</i> 4:27PM | Moon 10 - Phase 29 |
| | | 785762364 Rahu 3:12PM – 4:27PM | Bava Until 2:17AM Mon | Nataraja: Clear | | 3rd Phase |
| Creative Work | Amrita Yoga | | Chaturthi* Until 1:15PM | Moon – Light Blue | | Sivaloka Day |
| Until 1:31PM | | | | Karttika-Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |
| 5 | | Monday, November 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthayam Titau | | Buffalo, NY Sun 18 Sutra 211 Vilamba 5120 |
| Dhanus Rasi: 21.36 | Tithi 5 – 6 | Gulika 12:42PM – 1:57PM | Purvashadha* Until 4:08PM | Ganesha: Clear | <i>Sunrise:</i> 6:31AM | |
| Family Home Evening | | Yama 10:14AM – 11:28AM | Shula* Until 5:12AM Tue | Muruqa: Clear | <i>Sunset:</i> 4:26PM | Moon 10 - Phase 29 |
| | | 785762364 Rahu 7:45AM – 8:59AM | Kaulava Until 4:38AM Tue | Nataraja: Clear | | 3rd Phase |
| Routine Work | Marana Yoga | | Panchami Until 3:23PM | Moon – Light Blue | | Sivaloka Day |
| | | | | Karttika-Aipasi | | |
| 6 | | Tuesday, November 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Buffalo, NY Sun 19 Sutra 212 Vilamba 5120 |
| Makara Rasi: 3.31 | Tithi 6 – 7 | Gulika 11:28AM – 12:42PM | Uttarashadha Until 6:58PM | Ganesha: Clear | <i>Sunrise:</i> 6:32AM | |
| | | Yama 9:00AM – 10:14AM | Ganda* Until 6:10AM Wed | Muruqa: Clear | <i>Sunset:</i> 4:25PM | Moon 10 - Phase 29 |
| | | 785762364 Rahu 1:56PM – 3:10PM | Gara Until 7:18AM Wed | Nataraja: Clear | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | Shashthi* Until 5:55PM | Moon – Light Blue | | Sivaloka Day |
| Until 6:58PM | | Skanda Shasthi | | Karttika-Aipasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |
| Retreat Star | | Wednesday, November 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau | | Buffalo, NY Sun 20 Sutra 213 Vilamba 5120 |
| Makara Rasi: 15.2 | Tithi 7 | Gulika 10:14AM – 11:28AM | Shravana Until 10:16PM | Ganesha: Purple | <i>Sunrise:</i> 6:33AM | |
| | | Yama 7:47AM – 9:01AM | Ganda* Until 6:10AM | Muruqa: Clear | <i>Sunset:</i> 4:24PM | Moon 10 - Phase 29 |
| | | 795762364 Rahu 11:28AM – 12:42PM | Gara Until 7:18AM | Nataraja: Clear | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 8:38PM | Moon – Purple | | Subha Sivaloka Day |
| Until 10:16PM | | | | Karttika-Aipasi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |
| Retreat Star | | Thursday, November 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau | | Buffalo, NY Sun 21 Sutra 214 Vilamba 5120 |
| Makara Rasi: 27.07 | Tithi 8 | Gulika 9:01AM – 10:15AM | Dhanishtha Until 1:18AM Fri | Ganesha: Purple | <i>Sunrise:</i> 6:34AM | |
| | | Yama 6:34AM – 7:48AM | Vridhhi Until 7:10AM | Muruqa: Clear | <i>Sunset:</i> 4:23PM | Moon 10 - Phase 29 |
| | | 795762364 Rahu 12:42PM – 1:56PM | Visti Until 9:59AM | Nataraja: Clear | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 11:13PM | Moon – Purple | | Subha Sivaloka Day |
| | | | | Karttika-Aipasi | | |
| Retreat Star | | Friday, November 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau | | Buffalo, NY Sun 22 Sutra 215 Vilamba 5120 |
| Kumbha Rasi: 8.59 | Tithi 9 | Gulika 7:49AM – 9:02AM | Shatabhishak Until 3:47AM Sat | Ganesha: Purple | <i>Sunrise:</i> 6:35AM | |
| | | Yama 1:55PM – 3:09PM | Dhruva Until 7:59AM | Muruqa: Clear | <i>Sunset:</i> 4:22PM | Moon 10 - Phase 29 |
| | | 795762364 Rahu 10:15AM – 11:29AM | Balava Until 12:25PM | Nataraja: Clear | | Navami |
| Creative Work | Siddha Yoga | | Navami* Until 1:27AM Sat | Moon – Purple | | Subha Sivaloka Day |
| Until 3:47AM Sat | | | | Karttika-Karttikai | | |
| Then Routine Work - Marana Yoga | | | | | | |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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|----------------------------------|-------------|--|--|--|------------------------|--|---------------------|--|
| 1 | | Saturday, November 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprossthapada* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Dashamyam Titau | | | | Buffalo, NY Sun 23 Sutra 216 Vilamba 5120 |
| Kumbha Rasi: 21.02 | Tithi 10 | Gulika 6:37AM – 7:50AM | Purvaprossthapada* Until 6:02AM Sun | Ganesha: Red | <i>Sunrise:</i> 6:37AM | | | |
| | | Yama 12:42PM – 1:55PM | Vyaghata* Until 8:29AM | Muruqa: Clear | <i>Sunset:</i> 4:21PM | | Moon 10 - Phase 30 | |
| | | 716762365 Rahu 9:03AM – 10:16AM | Taitila Until 2:23PM | Nataraja: White | | | 4th Phase | |
| Routine Work | Marana Yoga | | Dashami Until 3:06AM Sun | Moon – Clear | | | Devaloka Day | |
| Until 6:02AM Sun | | | | Karttika-Karttikai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 2 | | Sunday, November 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Buffalo, NY Sun 24 Sutra 217 Vilamba 5120 |
| Meena Rasi: 3.19 | Tithi 11 | Gulika 1:55PM – 3:07PM | Purvaprossthapada* Until 6:02AM | Ganesha: Red | <i>Sunrise:</i> 6:38AM | | | |
| | | Yama 11:29AM – 12:42PM | Harshana Until 8:32AM | Muruqa: Clear | <i>Sunset:</i> 4:20PM | | Moon 10 - Phase 30 | |
| | | 716762365 Rahu 3:07PM – 4:20PM | Vanija Until 3:41PM | Nataraja: White | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Ekadashi Until 4:02AM Mon | Moon – Clear | | | Devaloka Day | |
| Until 6:02AM | | | | Karttika-Karttikai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | |

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| 3 | | Monday, November 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau | | | | Buffalo, NY Sun 25 Sutra 218 Vilamba 5120 |
| Meena Rasi: 15.54 | Tithi 12 | Gulika 12:42PM – 1:54PM | Uttaraprossthapada Until 7:25AM | Ganesha: Red | <i>Sunrise:</i> 6:39AM | | | |
| Family Home Evening | | Yama 10:17AM – 11:29AM | Vajra* Until 8:00AM | Muruqa: Clear | <i>Sunset:</i> 4:19PM | | Moon 10 - Phase 30 | |
| | | 716762365 Rahu 7:52AM – 9:04AM | Bava Until 4:15PM | Nataraja: White | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Dvadashi Until 4:13AM Tue | Moon – Clear | | | Devaloka Day | |
| | | | | Karttika-Karttikai | | | | |

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| 4 | | Tuesday, November 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyailpata* Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Buffalo, NY Sun 26 Sutra 219 Vilamba 5120 |
| Meena Rasi: 28.5 | Tithi 13 | Gulika 11:30AM – 12:42PM | Revati Until 7:56AM | Ganesha: Red | <i>Sunrise:</i> 6:40AM | | | |
| | | Yama 9:05AM – 10:17AM | Siddhi Until 6:53AM | Muruqa: Clear | <i>Sunset:</i> 4:19PM | | Moon 10 - Phase 30 | |
| | | 716762365 Rahu 1:54PM – 3:06PM | Kaulava Until 4:03PM | Nataraja: White | | | 4th Phase | |
| Creative Work | Siddha Yoga | | Trayodashi Until 3:40AM Wed | Moon – Clear | | | Devaloka Day | |
| | | | | Karttika-Karttikai | | | | |
| | | | | <i>Pradosha Vrata</i> | | | | |

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| 5 | | Wednesday, November 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Buffalo, NY Sun 27 Sutra 220 Vilamba 5120 |
| Mesha Rasi: 12.1 | Tithi 14 | Gulika 10:18AM – 11:30AM | Ashvini Until 8:03AM | Ganesha: Blue | <i>Sunrise:</i> 6:42AM | | | |
| | | Yama 7:54AM – 9:06AM | Variyan Until 3:01AM Thu | Muruqa: Clear | <i>Sunset:</i> 4:18PM | | Moon 10 - Phase 30 | |
| | | 726762365 Rahu 11:30AM – 12:42PM | Gara Until 3:10PM | Nataraja: White | | | 4th Phase | |
| Routine Work | Marana Yoga | | Chaturdashi* Until 2:28AM Thu | Moon – White | | | Bhuloka Day | |
| Until 8:03AM | | | | Karttika-Karttikai | | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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| ○ | | Thursday, November 22, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Buffalo, NY Sun 28 Sutra 221 Vilamba 5120 |
| Copper Retreat Star | | Gulika 9:06AM – 10:18AM | Bharani Until 7:23AM | Ganesha: Blue | <i>Sunrise:</i> 6:43AM | | | |
| Mesha Rasi: 25.51 | Tithi 15 | Yama 6:43AM – 7:55AM | Parigha* Until 12:25AM Fri | Muruqa: Clear | <i>Sunset:</i> 4:17PM | | Moon 10 - Phase 30 | |
| | | 726762365 Rahu 12:42PM – 1:54PM | Visti Until 1:40PM | Nataraja: White | | | Purnima | |
| Creative Work | Siddha Yoga | | Purnima* Until 12:43AM Fri | Moon – White | | | Bhuloka Day | |
| Until 7:23AM | | | | Karttika-Karttikai | | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work - Marana Yoga | | Krittika Deepam | | | | | | |

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|---------------------------------|-------------|---|--------------------------------|--|------------------------|--|------------------------------|--|
| ○ | | Friday, November 23, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Buffalo, NY Sun 29 Sutra 222 Vilamba 5120 |
| Silver Retreat Star | | Gulika 7:56AM – 9:07AM | Krittika Until 6:05AM | Ganesha: Blue | <i>Sunrise:</i> 6:44AM | | | |
| Vrishabha Rasi: 9.52 | Tithi 16 | Yama 1:54PM – 3:05PM | Shiva Until 9:29PM | Muruqa: Clear | <i>Sunset:</i> 4:17PM | | Moon 10 - Phase 30 | |
| | | 726762365 Rahu 10:19AM – 11:30AM | Balava Until 11:42AM | Nataraja: White | | | Prathama | |
| Creative Work | Siddha Yoga | | Prathama* Until 10:34PM | Moon – White | | | Bhuloka Day | |
| Until 6:05AM | | | | Karttika-Karttikai | | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work - Marana Yoga | | Vinayaga Viratam Begins | | | | | | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda



Saturday, November 24, 2018

Gold Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Buffalo, NY

Sutra 223

Vilamba 5120

Vrishabha Rasi: 24.06 Tithi 17

737762365

Gulika 6:45AM – 7:56AM
Yama 12:42PM – 1:53PM
Rahu 9:08AM – 10:19AM

Mrigashira Until 2:56AM Sun
Siddha Until 6:19PM
Taitila Until 9:25AM
Dvitiya Until 8:10PM

Ganesha: Red *Sunrise:* 6:45AM
Muruqa: Clear *Sunset:* 4:16PM
Nataraja: White
Moon – Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

1

Sunday, November 25, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Buffalo, NY

Sutra 224

Vilamba 5120

Mithuna Rasi: 8.29 Tithi 18 – 19

737762365

Gulika 1:53PM – 3:04PM
Yama 11:31AM – 12:42PM
Rahu 3:04PM – 4:16PM

Ardra Until 12:57AM Mon
Sadhya Until 3:02PM
Vanija Until 6:55AM
Tritiya Until 5:37PM

Ganesha: Red *Sunrise:* 6:46AM
Muruqa: Clear *Sunset:* 4:16PM
Nataraja: White
Moon – Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 12:57AM Mon

Then Creative Work - Amrita Yoga

2

Monday, November 26, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Buffalo, NY

Sutra 225

Vilamba 5120

Mithuna Rasi: 22.56 Tithi 19 – 20

747762365

Gulika 12:42PM – 1:53PM
Yama 10:20AM – 11:31AM
Rahu 7:58AM – 9:09AM

Punarvasu Until 11:16PM
Subha Until 11:45AM
Kaulava Until 1:50AM Tue
Chaturthi* Until 3:04PM

Ganesha: Green *Sunrise:* 6:47AM
Muruqa: Clear *Sunset:* 4:15PM
Nataraja: White
Moon – Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Amrita Yoga

Until 11:16PM

Then Creative Work - Siddha Yoga

3

Tuesday, November 27, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Buffalo, NY

Sutra 226

Vilamba 5120

Kataka Rasi: 7.21 Tithi 20 – 21

747862365

Gulika 11:32AM – 12:42PM
Yama 9:10AM – 10:21AM
Rahu 1:53PM – 3:04PM

Pushya Until 9:34PM
Sukla Until 8:30AM
Gara Until 11:26PM
Panchami Until 12:36PM

Ganesha: White *Sunrise:* 6:49AM
Muruqa: Clear *Sunset:* 4:15PM
Nataraja: White
Moon – Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 12:PM to 3:PM

Creative Work Siddha Yoga

4

Wednesday, November 28, 2018

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Buffalo, NY

Sutra 227

Vilamba 5120

Kataka Rasi: 21.4 Tithi 21 – 22

747863365

Gulika 10:21AM – 11:32AM
Yama 8:00AM – 9:11AM
Rahu 11:32AM – 12:42PM

Ashlesha* Until 7:55PM
Indra Until 2:27AM Thu
Visti Until 9:14PM
Shashthi* Until 10:17AM

Ganesha: White *Sunrise:* 6:50AM
Muruqa: Purple *Sunset:* 4:14PM
Nataraja: White
Moon – Blue

Bhuloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

D

Thursday, November 29, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Buffalo, NY

Sutra 228

Vilamba 5120

Simha Rasi: 5.5 Tithi 22 – 23

757863365

Gulika 9:11AM – 10:22AM
Yama 6:51AM – 8:01AM
Rahu 12:43PM – 1:53PM

Magha* Until 6:46PM
Vaidhriti* Until 11:41PM
Balava Until 7:17PM
Saptami Until 8:12AM

Ganesha: Clear *Sunrise:* 6:51AM
Muruqa: Purple *Sunset:* 4:14PM
Nataraja: White
Moon – Red

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga

Until 6:46PM

Then Creative Work - Siddha Yoga

Friday, November 30, 2018

Retreat Star

Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Kaulava/Gara Karana Ashlami/Navamyam Titau

Buffalo, NY

Sutra 229

Vilamba 5120

Simha Rasi: 19.52 Tithi 23 – 24

758863365

Gulika 8:02AM – 9:12AM
Yama 1:53PM – 3:03PM
Rahu 10:22AM – 11:33AM

Purvaphalguni Until 5:45PM
Vishkambha* Until 9:08PM
Gara Until 4:49AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise:* 6:52AM
Muruqa: Purple *Sunset:* 4:13PM
Nataraja: White
Moon – Red

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga


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| 1 | Saturday, December 1, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam | | | | Buffalo, NY |
| | | | Uttaraphalguni/Hasta Nakshatra Priti Yoga Vanja/Visti* Karana Dashamyam Titau | | | | Sun 7 Sutra 230 |
| | Kanya Rasi: 3.42 | Tithi 25 | Gulika 6:53AM – 8:03AM | Uttaraphalguni Until 4:50PM | Ganesha: Orange | <i>Sunrise:</i> 6:53AM | Vilamba 5120 |
| | | | Yama 12:43PM – 1:53PM | Priti Until 6:50PM | Muruqa: Purple | <i>Sunset:</i> 4:13PM | Moon 11 - Phase 32 |
| | | 758863365 Rahu 9:13AM – 10:23AM | Vanija Until 4:09PM | Nataraja: White | | 2nd Phase | |
| Routine Work | Marana Yoga | | Dashami Until 3:31AM Sun | Moon – Red | | Bhuloka Day | |
| | | | | Karttika-Karttikai | | Devaloka Time: 6:AM to 9:AM | |

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| 2 | Sunday, December 2, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | Buffalo, NY |
| | | | Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 8 Sutra 231 |
| | Kanya Rasi: 17.23 | Tithi 26 | Gulika 1:53PM – 3:03PM | Hasta Until 4:30PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:54AM | Vilamba 5120 |
| | | | Yama 11:33AM – 12:43PM | Ayushman Until 4:43PM | Muruqa: Purple | <i>Sunset:</i> 4:13PM | Moon 11 - Phase 32 |
| | | 768863365 Rahu 3:03PM – 4:13PM | Bava Until 3:01PM | Nataraja: White | | 2nd Phase | |
| Creative Work | Amrita Yoga | | Ekadashi* Until 2:32AM Mon | Moon – Green | | Bhuloka Day | |
| Until 4:30PM | | | | Karttika-Karttikai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | Monday, December 3, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam | | | | Buffalo, NY |
| | | | Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 9 Sutra 232 |
| | Tula Rasi: 0.53 | Tithi 27 | Gulika 12:43PM – 1:53PM | Chitra Until 4:20PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:55AM | Vilamba 5120 |
| | | | Yama 10:24AM – 11:34AM | Saubhagya Until 2:52PM | Muruqa: Purple | <i>Sunset:</i> 4:13PM | Moon 11 - Phase 32 |
| Family Home Evening | | 768863365 Rahu 8:05AM – 9:14AM | Kaulava Until 2:11PM | Nataraja: White | | 2nd Phase | |
| Routine Work | Prabalarishta Yoga | | Dvadashi* Until 1:52AM Tue | Moon – Green | | Bhuloka Day | |
| Until 4:20PM | | | | Karttika-Karttikai | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | Tuesday, December 4, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | Buffalo, NY |
| | | | Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 10 Sutra 233 |
| | Tula Rasi: 14.13 | Tithi 28 | Gulika 11:34AM – 12:44PM | Svati Until 4:21PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:56AM | Vilamba 5120 |
| | | | Yama 9:15AM – 10:25AM | Sobhana Until 1:17PM | Muruqa: Purple | <i>Sunset:</i> 4:12PM | Moon 11 - Phase 32 |
| | | 768863365 Rahu 1:53PM – 3:03PM | Gara Until 1:41PM | Nataraja: White | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Trayodashi* Until 1:34AM Wed | Moon – Green | | Bhuloka Day | |
| Until 4:21PM | | | | Karttika-Karttikai | | Tour Day | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 | Wednesday, December 5, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam | | | | Buffalo, NY |
| | | | Vishakha/Anuradha Nakshatra Athiganda*/Sukarna Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 11 Sutra 234 |
| | Tula Rasi: 27.21 | Tithi 29 | Gulika 10:25AM – 11:35AM | Vishakha Until 5:03PM | Ganesha: Purple | <i>Sunrise:</i> 6:57AM | Vilamba 5120 |
| | | | Yama 8:06AM – 9:16AM | Athiganda* Until 12:00PM | Muruqa: Purple | <i>Sunset:</i> 4:12PM | Moon 11 - Phase 32 |
| | | 778863365 Rahu 11:35AM – 12:44PM | Visti Until 1:36PM | Nataraja: White | | 2nd Phase | |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 1:42AM Thu | Moon – Orange | | Bhuloka Day | |
| | | | | Karttika-Karttikai | | | |

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|  | Thursday, December 6, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam | | | | Buffalo, NY |
| | Retreat Star | | Anuradha Nakshatra Sukarna/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 12 Sutra 235 |
| | Vriscika Rasi: 10.15 | Tithi 30 | Gulika 9:17AM – 10:26AM | Anuradha Until 6:04PM | Ganesha: Purple | <i>Sunrise:</i> 6:58AM | Vilamba 5120 |
| | | | Yama 6:58AM – 8:07AM | Sukarna Until 11:04AM | Muruqa: Purple | <i>Sunset:</i> 4:12PM | Moon 11 - Phase 32 |
| | | 778863365 Rahu 12:44PM – 1:54PM | Catuspada Until 1:59PM | Nataraja: White | | Amavasya | |
| Creative Work | Siddha Yoga | | Amavasya* Until 2:20AM Fri | Moon – Orange | | Bhuloka Day | |
| Until 6:04PM | | | | Karttika-Karttikai | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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| Friday, December 7, 2018 | Retreat Star | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | Buffalo, NY |
| | | | Jyeshtha* Nakshatra Dhriti/Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 13 Sutra 236 |
| | Vriscika Rasi: 22.56 | Tithi 1 | Gulika 8:08AM – 9:17AM | Jyeshtha* Until 7:25PM | Ganesha: Light Blue | <i>Sunrise:</i> 6:59AM | Vilamba 5120 |
| | | | Yama 1:54PM – 3:03PM | Dhriti Until 10:33AM | Muruqa: Purple | <i>Sunset:</i> 4:12PM | Moon 11 - Phase 32 |
| | | 779863365 Rahu 10:26AM – 11:35AM | Kintughna Until 2:52PM | Nataraja: White | | Prathama | |
| Routine Work | Marana Yoga | | Prathama* Until 3:29AM Sat | Moon – Orange | | Bhuloka Day | |
| Until 7:25PM | | | | Margasira-Karttikai | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| 1 | Saturday, December 8, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Buffalo, NY |
| | Dhanus Rasi: 5.22 | Tithi 2 | 789863365 | Gulika 7:00AM – 8:09AM Yama 12:45PM – 1:54PM Rahu 9:18AM – 10:27AM | Mula* Until 9:36PM Shula* Until 10:24AM Balava Until 4:18PM Dvitiya Until 5:11AM Sun | Ganesha: Purple Sunrise: 7:00AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Light Blue | Sun 14 Sutra 237 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day |
| Creative Work Siddha Yoga | | | | | | | |
| 2 | Sunday, December 9, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Taitila Karana Tritiyayam Titau | | | | Buffalo, NY |
| | Dhanus Rasi: 17.34 | Tithi 3 | 789863365 | Gulika 1:54PM – 3:03PM Yama 11:36AM – 12:45PM Rahu 3:03PM – 4:12PM | Purvashadha* Until 12:07AM Mon Ganda* Until 10:41AM Taitila Until 6:15PM Tritiya Until 7:22AM Mon | Ganesha: Purple Sunrise: 7:01AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Light Blue | Sun 15 Sutra 238 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day |
| Creative Work Siddha Yoga Until 12:07AM Mon Then Routine Work - Marana Yoga | | | | | | | |
| 3 | Monday, December 10, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | Buffalo, NY |
| | Dhanus Rasi: 29.35 | Tithi 3 – 4 | 789863365 | Gulika 12:46PM – 1:54PM Yama 10:28AM – 11:37AM Rahu 8:10AM – 9:19AM | Uttarashadha Until 2:51AM Tue Vriddhi Until 11:18AM Vanija Until 8:38PM Tritiya Until 7:22AM | Ganesha: Purple Sunrise: 7:02AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Light Blue | Sun 16 Sutra 239 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day |
| Family Home Evening Routine Work Marana Yoga Until 2:51AM Tue Then Creative Work - Siddha Yoga | | | | | | | |
| 4 | Tuesday, December 11, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Buffalo, NY |
| | Makara Rasi: 11.28 | Tithi 4 – 5 | 799863365 | Gulika 11:37AM – 12:46PM Yama 9:20AM – 10:29AM Rahu 1:55PM – 3:03PM | Shravana Until 6:08AM Wed Dhruva Until 12:10PM Bava Until 11:18PM Chaturthi* Until 9:55AM | Ganesha: Clear Sunrise: 7:03AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Purple | Sun 17 Sutra 240 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day Tour Day Devaloka Time: 6:AM to 9:AM |
| Creative Work Siddha Yoga Until 6:08AM Wed Then Routine Work - Prabalarishta Yoga | | | | | | | |
| 5 | Wednesday, December 12, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | | | Buffalo, NY |
| | Makara Rasi: 23.15 | Tithi 5 – 6 | 799863365 | Gulika 10:29AM – 11:38AM Yama 8:12AM – 9:21AM Rahu 11:38AM – 12:46PM | Shravana Until 6:08AM Vyaghata* Until 1:10PM Kaulava Until 2:03AM Thu Panchami Until 12:40PM | Ganesha: Clear Sunrise: 7:03AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Purple | Sun 18 Sutra 241 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Creative Work Siddha Yoga Until 6:08AM Then Routine Work - Prabalarishta Yoga | | | | | | | |
| 6 | Thursday, December 13, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | Buffalo, NY |
| | Kumbha Rasi: 5.02 | Tithi 6 – 7 | 799863365 | Gulika 9:21AM – 10:30AM Yama 7:04AM – 8:13AM Rahu 12:47PM – 1:55PM | Dhanishtha Until 9:17AM Harshana Until 2:09PM Gara Until 4:40AM Fri Shashthi* Until 3:22PM | Ganesha: Clear Sunrise: 7:04AM Muruqa: Purple Sunset: 4:12PM Nataraja: White Moon – Purple | Sun 19 Sutra 242 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Creative Work Siddha Yoga | | Vinayaga Viratam Ends | | | | | |
| 7 | Friday, December 14, 2018 | | Vilamba Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | Buffalo, NY |
| | Kumbha Rasi: 16.53 | Tithi 7 – 8 | 799863365 | Gulika 8:13AM – 9:22AM Yama 1:56PM – 3:04PM Rahu 10:30AM – 11:39AM | Shatabhishak Until 12:04PM Vajra* Until 2:55PM Visti Until 6:53AM Sat Saptami Until 5:49PM | Ganesha: Clear Sunrise: 7:05AM Muruqa: Purple Sunset: 4:13PM Nataraja: White Moon – Purple | Sun 20 Sutra 243 Vilamba 5120 Moon 11 - Phase 33 3rd Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Creative Work Siddha Yoga | | | | | | | |
| 8 | Saturday, December 15, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Buffalo, NY |
| | Kumbha Rasi: 28.53 | Tithi 8 | 711863365 | Gulika 7:06AM – 8:14AM Yama 12:48PM – 1:56PM Rahu 9:22AM – 10:31AM | Purvaproshtapada* Until 2:45PM Siddhi Until 3:21PM Visti Until 6:53AM Ashtami* Until 7:45PM | Ganesha: Clear Sunrise: 7:06AM Muruqa: Purple Sunset: 4:13PM Nataraja: White Moon – Clear | Sun 21 Sutra 244 Vilamba 5120 Moon 11 - Phase 33 Ashtami Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| Routine Work Marana Yoga Until 2:45PM Then Creative Work - Siddha Yoga | | Markali Pillaiyar | | | | | |
| 9 | Sunday, December 16, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Navamyam Titau | | | | Buffalo, NY |
| | Meena Rasi: 11.08 | Tithi 9 | 811863365 | Gulika 1:56PM – 3:05PM Yama 11:40AM – 12:48PM Rahu 3:05PM – 4:13PM | Uttaraproshtapada Until 4:38PM Vyatipata* Until 3:18PM Balava Until 8:30AM Navami* Until 9:01PM | Ganesha: Purple Sunrise: 7:06AM Muruqa: Purple Sunset: 4:13PM Nataraja: White Moon – Clear | Sun 22 Sutra 245 Vilamba 5120 Moon 11 - Phase 33 Navami Bhuloka Day |
| Creative Work Amrita Yoga | | Margasira-Markali | | | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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| 1 | Monday, December 17, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Varyani/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Buffalo, NY Sun 23 |
| | Meena Rasi: 23.41 | Tithi 10 | Gulika 12:48PM – 1:57PM | Revati Until 5:38PM | Ganesha: Purple | <i>Sunrise:</i> 7:07AM | Sutra 246 |
| | Family Home Evening | 811863365 | Yama 10:32AM – 11:40AM | Variyan Until 2:38PM | Muruqa: Purple | <i>Sunset:</i> 4:13PM | Vilamba 5120 |
| | Creative Work Siddha Yoga | | Rahu 8:15AM – 9:24AM | Taitila Until 9:22AM | Nataraja: White | | Moon 11 - Phase 34 |
| | | | Dashami Until 9:29PM | Moon – Clear | | 4th Phase | |
| | | | | Margasira-Markali | | Bhuloka Day | |

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| 2 | Tuesday, December 18, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Buffalo, NY Sun 24 |
| | Mesha Rasi: 6.37 | Tithi 11 | Gulika 11:41AM – 12:49PM | Ashvini Until 6:09PM | Ganesha: Clear | <i>Sunrise:</i> 7:08AM | Sutra 247 |
| | | 821863365 | Yama 9:24AM – 10:32AM | Parigha* Until 1:21PM | Muruqa: Purple | <i>Sunset:</i> 4:14PM | Vilamba 5120 |
| | Creative Work Siddha Yoga | | Rahu 1:57PM – 3:05PM | Vanija Until 9:26AM | Nataraja: White | | Moon 11 - Phase 34 |
| | | | Ekadashi Until 9:08PM | Moon – White | | 4th Phase | |
| | | Gita Jayanthi | | Margasira-Markali | | Bhuloka Day | |
| | | | | | | Devaloka Time: 6:AM to 9:AM | |

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| 3 | Wednesday, December 19, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashyam Titau | | | | Buffalo, NY Sun 25 |
| | Mesha Rasi: 19.58 | Tithi 12 | Gulika 10:33AM – 11:41AM | Bharani Until 5:43PM | Ganesha: Clear | <i>Sunrise:</i> 7:08AM | Sutra 248 |
| | | 821863365 | Yama 8:17AM – 9:25AM | Shiva Until 11:26AM | Muruqa: Purple | <i>Sunset:</i> 4:14PM | Vilamba 5120 |
| | Creative Work Siddha Yoga | | Rahu 11:41AM – 12:49PM | Bava Until 8:40AM | Nataraja: White | | Moon 11 - Phase 34 |
| Until 5:43PM | | | Dvadashi Until 7:59PM | Moon – White | | 4th Phase | |
| Then Creative Work - Amrita Yoga | | | | Margasira-Markali | | Bhuloka Day | |
| | | | | | | Devaloka Time: 6:AM to 9:AM | |

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| 4 | Thursday, December 20, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Buffalo, NY Sun 26 |
| | Vrishabha Rasi: 3.46 | Tithi 13 | Gulika 9:25AM – 10:33AM | Krittika Until 4:28PM | Ganesha: Clear | <i>Sunrise:</i> 7:09AM | Sutra 249 |
| | | 821863365 | Yama 7:09AM – 8:17AM | Siddha Until 8:56AM | Muruqa: Purple | <i>Sunset:</i> 4:15PM | Vilamba 5120 |
| | Routine Work Marana Yoga | | Rahu 12:50PM – 1:58PM | Kaulava Until 7:09AM | Nataraja: White | | Moon 11 - Phase 34 |
| | | | Trayodashi Until 6:08PM | Moon – White | | 4th Phase | |
| | | | | Margasira-Markali | | Bhuloka Day | |
| | | | | | | Devaloka Time: 6:AM to 9:AM | |

Pradosha Vrata

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| 5 | Friday, December 21, 2018 | | Vilamba Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Buffalo, NY Sun 27 |
| | Vrishabha Rasi: 17.58 | Tithi 14 – 15 | Gulika 8:18AM – 9:26AM | Rohini Until 2:54PM | Ganesha: White | <i>Sunrise:</i> 7:09AM | Sutra 250 |
| | | 831863365 | Yama 1:59PM – 3:07PM | Subha Until 2:32AM Sat | Muruqa: Purple | <i>Sunset:</i> 4:15PM | Vilamba 5120 |
| | Routine Work Marana Yoga | | Rahu 10:34AM – 11:42AM | Visti Until 2:21AM Sat | Nataraja: White | | Moon 11 - Phase 34 |
| Until 2:54PM | | | Chaturdashi* Until 3:43PM | Moon – Yellow | | 4th Phase | |
| Then Creative Work - Siddha Yoga | | Day 1 of Pancha Ganapati | | Margasira-Markali | | Bhuloka Day | |

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| ○ | Saturday, December 22, 2018 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Buffalo, NY Sun 28 |
| | Copper Retreat Star | | Gulika 7:10AM – 8:18AM | Mrigashira Until 12:47PM | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | Sutra 251 |
| | Mithuna Rasi: 2.3 | Tithi 15 – 16 | Yama 12:51PM – 1:59PM | Sukla Until 10:51PM | Muruqa: Purple | <i>Sunset:</i> 4:16PM | Vilamba 5120 |
| | | 831963365 | Rahu 9:26AM – 10:35AM | Balava Until 11:21PM | Nataraja: White | | Moon 11 - Phase 34 |
| Creative Work Siddha Yoga | | | Purnima* Until 12:52PM | Moon – Yellow | | Purnima | |
| | | Day 2 of Pancha Ganapati | | Margasira-Markali | | Bhuloka Day | |
| | | | | | | Devaloka Time: 9:AM to 12:PM | |

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| ○ | Sunday, December 23, 2018 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Buffalo, NY Sun 29 |
| | Silver Retreat Star | | Gulika 2:00PM – 3:08PM | Ardra Until 10:15AM | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | Sutra 252 |
| | Mithuna Rasi: 17.16 | Tithi 16 – 17 | Yama 11:43AM – 12:51PM | Brahma Until 7:00PM | Muruqa: Purple | <i>Sunset:</i> 4:16PM | Vilamba 5120 |
| | | 831963365 | Rahu 3:08PM – 4:16PM | Taitila Until 8:09PM | Nataraja: White | | Moon 11 - Phase 34 |
| Creative Work Siddha Yoga | | | Prathama* Until 9:45AM | Moon – Yellow | | Prathama | |
| | | Day 3 of Pancha Ganapati | | Margasira-Markali | | Bhuloka Day | |
| | | Ardra Darshanam | | | | Devaloka Time: 9:AM to 12:PM | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang



Monday, December 24, 2018

Gold Retreat Star

Kataka Rasi: 2.09 Tithi 17 - 18

Family Home Evening

Creative Work Amrita Yoga

Until 7:53AM

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Dvitiya/Tritiyayam Titau

Gulika 12:52PM - 2:00PM

Yama 10:35AM - 11:44AM

Rahu 8:19AM - 9:27AM

Day 4 of Pancha Ganapati

Punarvasu Until 7:53AM

Indra Until 3:07PM

Visti Until 3:19AM Tue

Dvitiya Until 6:31AM

Ganesha: Blue Sunrise: 7:11AM

Muruqa: Purple Sunset: 4:17PM

Nataraja: White

Moon - Blue

Margasira-Markali

Devaloka Day

Buffalo, NY

Sun 1 Sutra 253

Vilamba 5120

Moon 12 - Phase 35

1st Phase

1

Tuesday, December 25, 2018

Kataka Rasi: 17.01 Tithi 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:44AM - 12:52PM

Yama 9:28AM - 10:36AM

Rahu 2:01PM - 3:09PM

Day 5 of Pancha Ganapati

Ashlesha* Until 2:59AM Wed

Vaidhriti* Until 11:18AM

Bava Until 1:47PM

Chaturthi* Until 12:16AM Wed

Ganesha: Yellow Sunrise: 7:11AM

Muruqa: Purple Sunset: 4:17PM

Nataraja: White

Moon - Blue

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Buffalo, NY

Sun 2 Sutra 254

Vilamba 5120

Moon 12 - Phase 35

1st Phase

2

Wednesday, December 26, 2018

Simha Rasi: 1.44 Tithi 20

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 10:36AM - 11:45AM

Yama 8:20AM - 9:28AM

Rahu 11:45AM - 12:53PM

Day 5 of Pancha Ganapati

Magha* Until 1:08AM Thu

Vishkambha* Until 7:39AM

Kaulava Until 10:52AM

Panchami Until 9:31PM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:18PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Buffalo, NY

Sun 3 Sutra 255

Vilamba 5120

Moon 12 - Phase 35

1st Phase

3

Thursday, December 27, 2018

Simha Rasi: 16.14 Tithi 21

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvaphalguni Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:29AM - 10:37AM

Yama 7:12AM - 8:20AM

Rahu 12:54PM - 2:02PM

Day 5 of Pancha Ganapati

Purvaphalguni Until 11:33PM

Ayushman Until 1:14AM Fri

Gara Until 8:18AM

Shashthi* Until 7:10PM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:19PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Buffalo, NY

Sun 4 Sutra 256

Vilamba 5120

Moon 12 - Phase 35

1st Phase

4

Friday, December 28, 2018

Kanya Rasi: 0.26 Tithi 22 - 23

Creative Work Siddha Yoga

Until 10:17PM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttaraphalguni Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:21AM - 9:29AM

Yama 2:03PM - 3:11PM

Rahu 10:37AM - 11:46AM

Day 5 of Pancha Ganapati

Uttaraphalguni Until 10:17PM

Saubhagya Until 10:35PM

Visti Until 6:10AM

Saptami Until 5:16PM

Ganesha: Blue Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:19PM

Nataraja: Green

Moon - Red

Margasira-Markali

Bhuloka Day

Buffalo, NY

Sun 5 Sutra 257

Vilamba 5120

Moon 12 - Phase 35

1st Phase

5

Saturday, December 29, 2018

Retreat Star

Kanya Rasi: 14.2 Tithi 23 - 24

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam
Hasta Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:12AM - 8:21AM

Yama 12:55PM - 2:03PM

Rahu 9:29AM - 10:38AM

Day 5 of Pancha Ganapati

Hasta Until 9:50PM

Sobhana Until 8:22PM

Taitila Until 3:26AM Sun

Ashtami* Until 3:54PM

Ganesha: Red Sunrise: 7:12AM

Muruqa: Purple Sunset: 4:20PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Buffalo, NY

Sun 6 Sutra 258

Vilamba 5120

Moon 12 - Phase 35

Ashtami

Sunday, December 30, 2018

Retreat Star

Kanya Rasi: 27.54 Tithi 24 - 25

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Chitra Nakshatra Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika 2:04PM - 3:12PM

Yama 11:47AM - 12:55PM

Rahu 3:12PM - 4:21PM

Day 5 of Pancha Ganapati

Chitra Until 9:46PM

Athiganda* Until 6:33PM

Vanija Until 2:52AM Mon

Navami* Until 3:04PM

Ganesha: Red Sunrise: 7:13AM

Muruqa: Purple Sunset: 4:21PM

Nataraja: Green

Moon - Green

Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Buffalo, NY

Sun 7 Sutra 259

Vilamba 5120

Moon 12 - Phase 35

Navami

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|----------------------------------|---------------|--|-----------------------------|--------------------------|-----------------------------|--------------------|
| Monday, December 31, 2018 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yukhtayam | | | | Buffalo, NY |
| | | Svati Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | | | Sun 8 |
| 1 | | Gulika 12:56PM – 2:04PM | Svati Until 10:03PM | Ganesha: Red | <i>Sunrise:</i> 7:13AM | Sutra 260 |
| Tula Rasi: 11.11 | Tithi 25 – 26 | Yama 10:39AM – 11:47AM | Sukarma Until 5:09PM | Muruqa: Purple | <i>Sunset:</i> 4:22PM | Vilamba 5120 |
| Family Home Evening | 862963366 | Rahu 8:21AM – 9:30AM | Bava Until 2:49AM Tue | Nataraja: Green | | Moon 12 - Phase 36 |
| Creative Work | Amrita Yoga | | Dashami Until 2:45PM | Moon – Green | | 2nd Phase |
| Until 10:03PM | | | | Margasira*Markali | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Devaloka Time: 6:AM to 9:AM | |

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|----------------------------------|---------------|---|-------------------------------|--------------------------|------------------------|--------------------|
| Tuesday, January 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yukhtayam | | | | Buffalo, NY |
| | | Vishakha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Sun 9 |
| 2 | | Gulika 11:48AM – 12:56PM | Vishakha Until 11:08PM | Ganesha: Green | <i>Sunrise:</i> 7:13AM | Sutra 261 |
| Tula Rasi: 24.11 | Tithi 26 – 27 | Yama 9:30AM – 10:39AM | Dhriti Until 4:09PM | Muruqa: Purple | <i>Sunset:</i> 4:22PM | Vilamba 5120 |
| 872963366 | | Rahu 2:05PM – 3:14PM | Kaulava Until 3:17AM Wed | Nataraja: Green | | Moon 12 - Phase 36 |
| Routine Work | Marana Yoga | | Ekadashi* Until 2:58PM | Moon – Orange | | 2nd Phase |
| Until 11:08PM | | | | Margasira*Markali | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|---------------|---|-----------------------------------|--------------------------|---------------------------------|--------------------|
| Wednesday, January 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yukhtayam | | | | Buffalo, NY |
| | | Anuradha Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Sun 10 |
| 3 | | Gulika 10:39AM – 11:48AM | Anuradha Until 12:31AM Thu | Ganesha: Green | <i>Sunrise:</i> 7:13AM | Sutra 262 |
| Vrischika Rasi: 6.57 | Tithi 27 – 28 | Yama 8:22AM – 9:31AM | Shula* Until 3:31PM | Muruqa: Purple | <i>Sunset:</i> 4:23PM | Vilamba 5120 |
| 872963366 | | Rahu 11:48AM – 12:57PM | Gara Until 4:13AM Thu | Nataraja: Green | | Moon 12 - Phase 36 |
| Creative Work | Siddha Yoga | | Dvadashi* Until 3:40PM | Moon – Orange | | 2nd Phase |
| Until 12:31AM Thu | | | | Margasira*Markali | Bhuloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | |

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|----------------------------------|--------------------|--|-----------------------------------|--------------------------|------------------------|--------------------|
| Thursday, January 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yukhtayam | | | | Buffalo, NY |
| | | Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau | | | | Sun 11 |
| 4 | | Gulika 9:31AM – 10:40AM | Jyeshtha* Until 2:12AM Fri | Ganesha: Green | <i>Sunrise:</i> 7:13AM | Sutra 263 |
| Vrischika Rasi: 19.3 | Tithi 28 – 29 | Yama 7:13AM – 8:22AM | Ganda* Until 3:14PM | Muruqa: Purple | <i>Sunset:</i> 4:24PM | Vilamba 5120 |
| 872963366 | | Rahu 12:58PM – 2:06PM | Visti Until 5:37AM Fri | Nataraja: Green | | Moon 12 - Phase 36 |
| Routine Work | Prabalarishta Yoga | | Trayodashi* Until 4:51PM | Moon – Orange | | 2nd Phase |
| Until 2:12AM Fri | | | | Margasira*Markali | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Friday, January 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yukhtayam | | | | Buffalo, NY |
| | | Mula* Nakshatra Vridhhi/Dhruva Yoga Sakuni* Karana Chaturdashyam Titau | | | | Sun 12 |
| 5 | | Gulika 8:22AM – 9:31AM | Mula* Until 4:36AM Sat | Ganesha: White | <i>Sunrise:</i> 7:13AM | Sutra 264 |
| Dhanus Rasi: 1.51 | Tithi 29 | Yama 2:07PM – 3:16PM | Vridhhi Until 3:19PM | Muruqa: Purple | <i>Sunset:</i> 4:25PM | Vilamba 5120 |
| 882963366 | | Rahu 10:40AM – 11:49AM | Sakuni Until 6:28PM | Nataraja: Green | | Moon 12 - Phase 36 |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 6:28PM | Moon – Light Blue | | 2nd Phase |
| Until 4:36AM Sat | | | | Margasira*Markali | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Saturday, January 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yukhtayam | | | | Buffalo, NY |
| | | Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 13 |
| Retreat Star | | Gulika 7:13AM – 8:22AM | Purvashadha* Until 7:13AM Sun | Ganesha: White | <i>Sunrise:</i> 7:13AM | Sutra 265 |
| Dhanus Rasi: 14.02 | Tithi 30 | Yama 12:59PM – 2:08PM | Dhruva Until 3:40PM | Muruqa: Clear | <i>Sunset:</i> 4:26PM | Vilamba 5120 |
| 882973366 | | Rahu 9:31AM – 10:40AM | Catuspada Until 7:27AM | Nataraja: Green | | Moon 12 - Phase 36 |
| Creative Work | Siddha Yoga | | Amavasya* Until 8:29PM | Moon – Light Blue | | Amavasya |
| Until 7:13AM Sun | | | | Margasira*Markali | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | Subramuniyaswami Jayanti | | | Devaloka Time: 12:PM to 3:PM | |

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|----------------------------------|-------------|--|----------------------------------|------------------------|------------------------------|--------------------|
| Sunday, January 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yukhtayam | | | | Buffalo, NY |
| | | Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 14 |
| Retreat Star | | Gulika 2:09PM – 3:18PM | Purvashadha* Until 7:13AM | Ganesha: White | <i>Sunrise:</i> 7:13AM | Sutra 266 |
| Dhanus Rasi: 26.03 | Tithi 1 | Yama 11:50AM – 12:59PM | Vyaghata* Until 4:18PM | Muruqa: Clear | <i>Sunset:</i> 4:27PM | Vilamba 5120 |
| 882973366 | | Rahu 3:18PM – 4:27PM | Kintughna Until 9:39AM | Nataraja: Green | | Moon 12 - Phase 36 |
| Creative Work | Siddha Yoga | | Prathama* Until 10:50PM | Moon – Light Blue | | Prathama |
| Until 7:13AM | | Partial Solar Eclipse | | Pausha*Markali | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Devaloka Time: 12:PM to 3:PM | |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|--------------------------------|--|--|---|--|---|---|
| Monday, January 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Buffalo, NY Sun 15 Sutra 267 Vilamba 5120 |
| 1 | Makara Rasi: 7.58 Family Home Evening Routine Work Marana Yoga Until 9:56AM Then Creative Work - Amrita Yoga | Gulika 1:00PM – 2:09PM Yama 10:41AM – 11:50AM Rahu 8:22AM – 9:32AM | Uttarashadha Until 9:56AM Harshana Until 5:09PM Balava Until 12:09PM Dvitiya Until 1:27AM Tue | Ganesha: White Muruga: Clear Nataraja: Green Moon – Light Blue Pausa-Markali | Sunrise: 7:13AM Sunset: 4:28PM | Moon 12 - Phase 37 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |

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|---------------------------------|---|---|---|--|---|--|
| Tuesday, January 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Tailila/Gara Karana Trityayam Titau | | | | Buffalo, NY Sun 16 Sutra 268 Vilamba 5120 |
| 2 | Makara Rasi: 19.47 Creative Work Siddha Yoga | Gulika 11:51AM – 1:00PM Yama 9:32AM – 10:41AM Rahu 2:10PM – 3:20PM | Shravana Until 1:12PM Vajra* Until 6:06PM Tailila Until 2:50PM Tritiya Until 4:12AM Wed | Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausa-Markali | Sunrise: 7:13AM Sunset: 4:29PM | Moon 12 - Phase 37 3rd Phase Devaloka Day |

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|-----------------------------------|--|---|---|--|---|--|
| Wednesday, January 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthayam Titau | | | | Buffalo, NY Sun 17 Sutra 269 Vilamba 5120 |
| 3 | Kumbha Rasi: 1.34 Routine Work Prabalarishta Yoga Until 4:22PM Then Creative Work - Siddha Yoga | Gulika 10:42AM – 11:51AM Yama 8:22AM – 9:32AM Rahu 11:51AM – 1:01PM | Dhanishtha Until 4:22PM Siddhi Until 7:06PM Vanija Until 5:36PM Chaturthi* Until 6:55AM Thu | Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausa-Markali | Sunrise: 7:13AM Sunset: 4:30PM | Moon 12 - Phase 37 3rd Phase Devaloka Day |

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|-----------------------------------|---|---|---|--|---|--|
| Thursday, January 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | Buffalo, NY Sun 18 Sutra 270 Vilamba 5120 |
| 4 | Kumbha Rasi: 13.22 Creative Work Siddha Yoga | Gulika 9:32AM – 10:42AM Yama 7:12AM – 8:22AM Rahu 1:02PM – 2:11PM | Shatabhishak Until 7:16PM Vyatipata* Until 8:01PM Bava Until 8:15PM Chaturthi* Until 6:55AM | Ganesha: Red Muruga: Clear Nataraja: Green Moon – Purple Pausa-Markali | Sunrise: 7:12AM Sunset: 4:31PM | Moon 12 - Phase 37 3rd Phase Devaloka Day |

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|---------------------------------|---|--|--|---|---|--|
| Friday, January 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | Buffalo, NY Sun 19 Sutra 271 Vilamba 5120 |
| 5 | Kumbha Rasi: 25.13 Creative Work Siddha Yoga | Gulika 8:22AM – 9:32AM Yama 2:12PM – 3:22PM Rahu 10:42AM – 11:52AM | Purvaproshtapada* Until 10:14PM Variyan Until 8:43PM Kaulava Until 10:37PM Panchami Until 9:27AM | Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausa-Markali | Sunrise: 7:12AM Sunset: 4:32PM | Moon 12 - Phase 37 3rd Phase Devaloka Day |

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|-----------------------------------|--|--|--|---|---|--|
| Saturday, January 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | | | Buffalo, NY Sun 20 Sutra 272 Vilamba 5120 |
| 6 | Meena Rasi: 7.13 Creative Work Siddha Yoga Until 12:37AM Sun Then Creative Work - Amrita Yoga | Gulika 7:12AM – 8:22AM Yama 1:03PM – 2:13PM Rahu 9:32AM – 10:42AM | Uttaraproshtapada Until 12:37AM Sun Parigha* Until 9:06PM Gara Until 12:32AM Sun Shashthi* Until 11:37AM | Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausa-Markali | Sunrise: 7:12AM Sunset: 4:33PM | Moon 12 - Phase 37 3rd Phase Devaloka Day |

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|---------------------------------|--|---|--|---|---|--|
| Sunday, January 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Shiva Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau | | | | Buffalo, NY Sun 21 Sutra 273 Vilamba 5120 |
| Retreat Star | Meena Rasi: 19.25 Creative Work Amrita Yoga Until 2:14AM Mon Then Creative Work - Siddha Yoga | Gulika 2:14PM – 3:24PM Yama 11:53AM – 1:03PM Rahu 3:24PM – 4:34PM | Revati Until 2:14AM Mon Shiva Until 9:02PM Visti Until 1:49AM Mon Saptami Until 1:15PM | Ganesha: Clear Muruga: Clear Nataraja: Green Moon – Clear Pausa-Markali | Sunrise: 7:11AM Sunset: 4:34PM | Moon 12 - Phase 37 Ashtami Devaloka Day |

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| Monday, January 14, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | Buffalo, NY Sun 22 Sutra 274 Vilamba 5120 |
| Retreat Star | Mesha Rasi: 1.53 Family Home Evening Creative Work Siddha Yoga | Gulika 1:04PM – 2:14PM Yama 10:43AM – 11:53AM Rahu 8:22AM – 9:32AM | Ashvini Until 3:28AM Tue Siddha Until 8:23PM Balava Until 2:21AM Tue Ashtami* Until 2:10PM | Ganesha: Purple Muruga: Clear Nataraja: Green Moon – White Pausa-Thai | Sunrise: 7:11AM Sunset: 4:36PM | Moon 12 - Phase 37 Navami Sivaloka Day |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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|----------------------------------|--------------|----------------------------------|---------------------------------|--|------------------------|--|
| 1 | | Tuesday, January 15, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sutra 275 Vilamba 5120 |
| Mesha Rasi: 14.42 | Tithi 9 – 10 | Gulika 11:54AM – 1:04PM | Bharani Until 3:43AM Wed | Ganesha: Purple | <i>Sunrise:</i> 7:11AM | Sun 23 |
| | | Yama 9:32AM – 10:43AM | Sadhya Until 7:08PM | Muruqa: Clear | <i>Sunset:</i> 4:37PM | Moon 12 - Phase 38 |
| | 823973366 | Rahu 2:15PM – 3:26PM | Taitila Until 2:04AM Wed | Nataraja: Green | | 4th Phase |
| Creative Work | Siddha Yoga | | Navami* Until 2:18PM | Moon – White | | Sivaloka Day |
| Until 3:43AM Wed | | | | Pausha*Thai | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| 2 | | Wednesday, January 16, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sutra 276 Vilamba 5120 |
| Mesha Rasi: 27.56 | Tithi 10 – 11 | Gulika 10:43AM – 11:54AM | Krittika Until 3:02AM Thu | Ganesha: Blue | <i>Sunrise:</i> 7:10AM | Sun 24 |
| | | Yama 8:21AM – 9:32AM | Subha Until 5:15PM | Muruqa: Clear | <i>Sunset:</i> 4:38PM | Moon 12 - Phase 38 |
| | 823173366 | Rahu 11:54AM – 1:05PM | Vanija Until 12:57AM Thu | Nataraja: Green | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 1:36PM | Moon – White | | Sivaloka Day |
| Until 3:02AM Thu | | | | Pausha*Thai | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 | | Thursday, January 17, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sutra 277 Vilamba 5120 |
| Vrishabha Rasi: 11.37 | Tithi 11 – 12 | Gulika 9:32AM – 10:43AM | Rohini Until 1:54AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 7:10AM | Sun 25 |
| | | Yama 7:10AM – 8:21AM | Sukla Until 2:43PM | Muruqa: Clear | <i>Sunset:</i> 4:39PM | Moon 12 - Phase 38 |
| | 833173366 | Rahu 1:06PM – 2:17PM | Bava Until 11:05PM | Nataraja: Green | | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 12:05PM | Moon – Yellow | | Devaloka Day |
| Until 1:54AM Fri | | | | Pausha*Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 | | Friday, January 18, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sutra 278 Vilamba 5120 |
| Vrishabha Rasi: 25.46 | Tithi 12 – 13 | Gulika 8:21AM – 9:32AM | Mrigashira Until 11:59PM | Ganesha: Yellow | <i>Sunrise:</i> 7:09AM | Sun 26 |
| | | Yama 2:18PM – 3:29PM | Brahma Until 11:37AM | Muruqa: Clear | <i>Sunset:</i> 4:40PM | Moon 12 - Phase 38 |
| | 833173366 | Rahu 10:43AM – 11:55AM | Kaulava Until 8:33PM | Nataraja: Green | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 9:52AM | Moon – Yellow | | Devaloka Day |
| | | | | Pausha*Thai | | |
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Pradosha Vrata

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|--------------------|---------------|-----------------------------------|--------------------------------|---|------------------------|--|
| 5 | | Saturday, January 19, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sutra 279 Vilamba 5120 |
| Mithuna Rasi: 10.2 | Tithi 13 – 14 | Gulika 7:09AM – 8:20AM | Ardra Until 9:27PM | Ganesha: Yellow | <i>Sunrise:</i> 7:09AM | Sun 27 |
| | | Yama 1:07PM – 2:18PM | Indra Until 8:05AM | Muruqa: Clear | <i>Sunset:</i> 4:42PM | Moon 12 - Phase 38 |
| | 833173366 | Rahu 9:32AM – 10:43AM | Vanija Until 3:48AM Sun | Nataraja: Green | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 7:03AM | Moon – Yellow | | Devaloka Day |
| | | | | Pausha*Thai | | |
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|----------------------------|-------------|---------------------------------|-----------------------------------|---|------------------------|--|
| ○ | | Sunday, January 20, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau | | Buffalo, NY Sutra 280 Vilamba 5120 |
| Copper Retreat Star | | Gulika 2:19PM – 3:31PM | Punarvasu Until 6:50PM | Ganesha: White | <i>Sunrise:</i> 7:08AM | Sun 28 |
| Mithuna Rasi: 25.15 | Tithi 15 | Yama 11:55AM – 1:07PM | Vishkambha* Until 12:01AM Mon | Muruqa: Clear | <i>Sunset:</i> 4:43PM | Moon 12 - Phase 38 |
| | | Rahu 3:31PM – 4:43PM | Visti Until 2:04PM | Nataraja: Green | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 12:15AM Mon | Moon – Blue | | Sivaloka Day |
| | | | | Pausha*Thai | | |
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|---------------------------------|-------------|-------------------------------|-------------------------------|---|------------------------|--|
| Monday, January 21, 2019 | | Silver Retreat Star | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti Yoga Balava/Kaulava Karana Prathamayam Titau | | Buffalo, NY Sutra 281 Vilamba 5120 |
| Kataka Rasi: 10.22 | Tithi 16 | Gulika 1:08PM – 2:20PM | Pushya Until 3:55PM | Ganesha: White | <i>Sunrise:</i> 7:07AM | Sun 29 |
| Family Home Evening | | Yama 10:44AM – 11:56AM | Priti Until 7:46PM | Muruqa: Clear | <i>Sunset:</i> 4:44PM | Moon 12 - Phase 38 |
| | 843173366 | Rahu 8:19AM – 9:31AM | Balava Until 10:26AM | Nataraja: Green | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 8:34PM | Moon – Blue | | Sivaloka Day |
| | | | | Pausha*Thai | | |
| | | Total Lunar Eclipse | | | | |
| | | Thai Pusam | | | | |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang



Tuesday, January 22, 2019

Gold Retreat Star

Kataka Rasi: 25.34 Tithi 17 - 18

844173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yukstayam
Ashlesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Dvitya/Tritiyam Titau

Gulika 11:56AM - 1:08PM
Yama 9:31AM - 10:44AM
Rahu 2:21PM - 3:33PM

Ashlesha* Until 12:53PM
Ayushman Until 3:32PM
Taitila Until 6:45AM
Dvitya Until 4:56PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Green
Moon - Blue
Pausha*Thai

Sunrise: 7:07AM
Sunset: 4:45PM

Buffalo, NY
Sun 1
Sutra 282
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

1

Wednesday, January 23, 2019

Simha Rasi: 10.4 Tithi 18 - 19

854173366

Creative Work Siddha Yoga

Until 10:16AM

Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yukstayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 10:44AM - 11:56AM
Yama 8:18AM - 9:31AM
Rahu 11:56AM - 1:09PM

Magha* Until 10:16AM
Saubhagya Until 11:27AM
Bava Until 11:54PM
Tritiya Until 1:29PM

Ganesha: Purple
Muruqa: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:06AM
Sunset: 4:46PM

Buffalo, NY
Sun 2
Sutra 283
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

2

Thursday, January 24, 2019

Simha Rasi: 25.32 Tithi 19 - 20

954173366

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yukstayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:31AM - 10:44AM
Yama 7:05AM - 8:18AM
Rahu 1:09PM - 2:22PM

Purvaphalguni Until 7:50AM
Sobhana Until 7:40AM
Kaulava Until 9:03PM
Chaturthi* Until 10:24AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Green
Moon - Red
Pausha*Thai

Sunrise: 7:05AM
Sunset: 4:48PM

Buffalo, NY
Sun 3
Sutra 284
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Devaloka Day

3

Friday, January 25, 2019

Kanya Rasi: 10.04 Tithi 20 - 21

964173366

Creative Work Amrita Yoga

Until 4:31AM Sat

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yukstayam
Hasta Nakshatra Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:17AM - 9:31AM
Yama 2:23PM - 3:36PM
Rahu 10:44AM - 11:57AM

Hasta Until 4:31AM Sat
Sukarma Until 1:18AM Sat
Gara Until 6:44PM
Panchami Until 7:47AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:04AM
Sunset: 4:49PM

Buffalo, NY
Sun 4
Sutra 285
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Saturday, January 26, 2019

Kanya Rasi: 24.11 Tithi 22

964173366

Routine Work Marana Yoga

Until 3:51AM Sun

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yukstayam
Chitra Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:04AM - 8:17AM
Yama 1:10PM - 2:24PM
Rahu 9:30AM - 10:44AM

Chitra Until 3:51AM Sun
Dhriti Until 10:55PM
Visti Until 5:04PM
Saptami Until 4:30AM Sun

Ganesha: Purple
Muruqa: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:04AM
Sunset: 4:50PM

Buffalo, NY
Sun 5
Sutra 286
Vilamba 5120
Moon 1 - Phase 39
1st Phase

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

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Sunday, January 27, 2019

Retreat Star

Tula Rasi: 7.52 Tithi 23

964173366

Creative Work Siddha Yoga

Until 3:44AM Mon

Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yukstayam
Svati Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 2:24PM - 3:38PM
Yama 11:57AM - 1:11PM
Rahu 3:38PM - 4:52PM

Svati Until 3:44AM Mon
Shula* Until 9:06PM
Balava Until 4:08PM
Ashtami* Until 3:56AM Mon

Ganesha: Purple
Muruqa: Clear
Nataraja: Green
Moon - Green
Pausha*Thai

Sunrise: 7:03AM
Sunset: 4:52PM

Buffalo, NY
Sun 6
Sutra 287
Vilamba 5120
Moon 1 - Phase 39
Ashtami

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Monday, January 28, 2019

Retreat Star

Tula Rasi: 21.08 Tithi 24

974173366

Family Home Evening

Routine Work Marana Yoga

Until 4:40AM Tue

Then Creative Work - Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yukstayam
Vishakha Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:11PM - 2:25PM
Yama 10:43AM - 11:57AM
Rahu 8:16AM - 9:30AM

Vishakha Until 4:40AM Tue
Ganda* Until 7:52PM
Taitila Until 3:58PM
Navami* Until 4:07AM Tue

Ganesha: Clear
Muruqa: Clear
Nataraja: Green
Moon - Orange
Pausha*Thai

Sunrise: 7:02AM
Sunset: 4:53PM

Buffalo, NY
Sun 7
Sutra 288
Vilamba 5120
Moon 1 - Phase 39
Navami

Devaloka Day

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|----------------------|-------------|---------------------------------------|----------------------------------|--|------------------------|--|
| 1 | | Tuesday, January 29, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau | | Buffalo, NY Sutra 289 Vilamba 5120 |
| Wrischika Rasi: 4.02 | Tithi 25 | Gulika 11:58AM – 1:12PM | Anuradha Until 6:06AM Wed | Ganesha: Clear | <i>Sunrise:</i> 7:01AM | Sun 8 |
| | | Yama 9:29AM – 10:43AM | Vriddhi Until 7:12PM | Muruqa: Clear | <i>Sunset:</i> 4:54PM | Moon 1 - Phase 40 |
| | | 974173366 Rahu 2:26PM – 3:40PM | Vanija Until 4:30PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 5:00AM Wed | Moon – Orange | | Devaloka Day |
| | | | | Pausha*Thai | | |

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|-----------------------|-------------|--|-----------------------------------|--|------------------------|--|
| 2 | | Wednesday, January 30, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | | Buffalo, NY Sutra 290 Vilamba 5120 |
| Wrischika Rasi: 16.36 | Tithi 26 | Gulika 10:43AM – 11:58AM | Anuradha Until 6:06AM | Ganesha: Clear | <i>Sunrise:</i> 7:00AM | Sun 9 |
| | | Yama 8:14AM – 9:29AM | Dhruva Until 7:00PM | Muruqa: Clear | <i>Sunset:</i> 4:55PM | Moon 1 - Phase 40 |
| | | 974173366 Rahu 11:58AM – 1:12PM | Bava Until 5:42PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | Ekadashi* Until 6:30AM Thu | Moon – Orange | | Devaloka Day |
| | | | | Pausha*Thai | | |

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|----------------------------------|--------------------|---------------------------------------|-------------------------------|---|------------------------|--|
| 3 | | Thursday, January 31, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Buffalo, NY Sutra 291 Vilamba 5120 |
| Wrischika Rasi: 28.55 | Tithi 26 – 27 | Gulika 9:28AM – 10:43AM | Jyeshtha* Until 7:57AM | Ganesha: Clear | <i>Sunrise:</i> 6:59AM | Sun 10 |
| | | Yama 6:59AM – 8:14AM | Vyaghata* Until 7:13PM | Muruqa: Clear | <i>Sunset:</i> 4:57PM | Moon 1 - Phase 40 |
| | | 974173366 Rahu 1:13PM – 2:27PM | Kaulava Until 7:27PM | Nataraja: Green | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi* Until 6:30AM | Moon – Orange | | Devaloka Day |
| Until 7:57AM | | | | Pausha*Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 | | Friday, February 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | Buffalo, NY Sutra 292 Vilamba 5120 |
| Dhanus Rasi: 11.02 | Tithi 27 – 28 | Gulika 8:14AM – 9:28AM | Mula* Until 10:35AM | Ganesha: White | <i>Sunrise:</i> 6:59AM | Sun 11 |
| | | Yama 2:27PM – 3:42PM | Harshana Until 7:47PM | Muruqa: Clear | <i>Sunset:</i> 4:57PM | Moon 1 - Phase 40 |
| | | 984173366 Rahu 10:43AM – 11:58AM | Gara Until 9:38PM | Nataraja: Green | | 2nd Phase |
| Creative Work | Amrita Yoga | | Dvadashi* Until 8:28AM | Moon – Light Blue | | Bhuloka Day |
| Until 10:35AM | | | | Pausha*Thai | | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Prabalarishta Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | | Saturday, February 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sutra 293 Vilamba 5120 |
| Dhanus Rasi: 22.59 | Tithi 28 – 29 | Gulika 6:58AM – 8:13AM | Purvashadha* Until 1:23PM | Ganesha: White | <i>Sunrise:</i> 6:58AM | Sun 12 |
| | | Yama 1:13PM – 2:28PM | Vajra* Until 8:32PM | Muruqa: Clear | <i>Sunset:</i> 4:58PM | Moon 1 - Phase 40 |
| | | 984173366 Rahu 9:28AM – 10:43AM | Visti Until 12:06AM Sun | Nataraja: Green | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 10:49AM | Moon – Light Blue | | Bhuloka Day |
| Until 1:23PM | | | | Pausha*Thai | | Devaloka Time: 12:PM to 3:PM |
| Then Routine Work - Marana Yoga | | | | | | |

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| Retreat Star | | Sunday, February 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Buffalo, NY Sutra 294 Vilamba 5120 |
| Makara Rasi: 4.52 | Tithi 29 – 30 | Gulika 2:29PM – 3:44PM | Uttarashadha Until 4:15PM | Ganesha: Yellow | <i>Sunrise:</i> 6:57AM | Sun 13 |
| | | Yama 11:58AM – 1:13PM | Siddhi Until 9:27PM | Muruqa: Clear | <i>Sunset:</i> 4:59PM | Moon 1 - Phase 40 |
| | | 985173367 Rahu 3:44PM – 4:59PM | Catuspada Until 2:46AM Mon | Nataraja: White | | Amavasya |
| Creative Work | Amrita Yoga | | Chaturdashi* Until 1:24PM | Moon – Light Blue | | Devaloka Day |
| | | | | Pausha*Thai | | |

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| Retreat Star | | Monday, February 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Buffalo, NY Sutra 295 Vilamba 5120 |
| Makara Rasi: 16.4 | Tithi 30 – 1 | Gulika 1:14PM – 2:29PM | Shravana Until 7:32PM | Ganesha: Red | <i>Sunrise:</i> 6:56AM | Sun 14 |
| Family Home Evening | | Yama 10:43AM – 11:58AM | Vyatipata* Until 10:27PM | Muruqa: Clear | <i>Sunset:</i> 5:01PM | Moon 1 - Phase 40 |
| | | 995173367 Rahu 8:11AM – 9:27AM | Kintughna Until 5:29AM Tue | Nataraja: White | | Prathama |
| Creative Work | Amrita Yoga | | Amavasya* Until 4:06PM | Moon – Purple | | Devaloka Day |
| Until 7:32PM | | | | Magha*Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 1 | | Tuesday, February 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Varyan Yoga Bava Karana Pralhamayam Titau | | | | Buffalo, NY Sun 15 Sutra 296 Vilamba 5120 |
| Makara Rasi: 28.28 | Tithi 1 | Gulika | 11:58AM – 1:14PM | Dhanishtha Until 10:39PM | Ganesha: Red | Sunrise: 6:55AM | | |
| | | Yama | 9:27AM – 10:42AM | Variyan Until 11:24PM | Muruqa: Clear | Sunset: 5:02PM | Moon 1 - Phase 41 | |
| | | 995173367 Rahu | 2:30PM – 3:46PM | Bava Until 6:48PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Prathama* Until 6:48PM | Moon – Purple | | | Devaloka Day |
| Until 10:39PM | | | | | Magha-Thai | | | |
| Then Routine Work - Marana Yoga | | | | | | | | |

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| 2 | | Wednesday, February 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | Buffalo, NY Sun 16 Sutra 297 Vilamba 5120 |
| Kumbha Rasi: 10.16 | Tithi 2 | Gulika | 10:42AM – 11:58AM | Shatabhishak Until 1:30AM Thu | Ganesha: Red | Sunrise: 6:54AM | | |
| | | Yama | 8:10AM – 9:26AM | Parigha* Until 12:18AM Thu | Muruqa: Clear | Sunset: 5:03PM | Moon 1 - Phase 41 | |
| | | 995173367 Rahu | 11:58AM – 1:15PM | Balava Until 8:09AM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Dvitiya Until 9:25PM | Moon – Purple | | | Devaloka Day |
| | | | | | Magha-Thai | | | |

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| 3 | | Thursday, February 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtpada* Nakshatra Shiva Yoga Taitila/Gara Karana Tritiyayam Titau | | | | Buffalo, NY Sun 17 Sutra 298 Vilamba 5120 |
| Kumbha Rasi: 22.08 | Tithi 3 | Gulika | 9:26AM – 10:42AM | Purvaproshtpada* Until 4:29AM Fri | Ganesha: Blue | Sunrise: 6:53AM | | |
| | | Yama | 6:53AM – 8:09AM | Shiva Until 1:03AM Fri | Muruqa: Clear | Sunset: 5:04PM | Moon 1 - Phase 41 | |
| | | 915173367 Rahu | 1:15PM – 2:32PM | Taitila Until 10:40AM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Tritiya Until 11:50PM | Moon – Clear | | | Sivaloka Day |
| | | | | | Magha-Thai | | | |

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| 4 | | Friday, February 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Siddha Yoga Vanija/Visiti* Karana Chaturthyam Titau | | | | Buffalo, NY Sun 18 Sutra 299 Vilamba 5120 |
| Meena Rasi: 4.05 | Tithi 4 | Gulika | 8:08AM – 9:25AM | Uttaraproshtpada Until 7:01AM Sat | Ganesha: Blue | Sunrise: 6:51AM | | |
| | | Yama | 2:32PM – 3:49PM | Siddha Until 1:33AM Sat | Muruqa: Clear | Sunset: 5:06PM | Moon 1 - Phase 41 | |
| | | 915173367 Rahu | 10:42AM – 11:59AM | Vanija Until 12:57PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Chaturthi* Until 1:57AM Sat | Moon – Clear | | | Sivaloka Day |
| Until 7:01AM Sat | | | | | Magha-Thai | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | |

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| 5 | | Saturday, February 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtpada/Revati Nakshatra Sadhya Yoga Bava/Balava Karana Panchamyam Titau | | | | Buffalo, NY Sun 19 Sutra 300 Vilamba 5120 |
| Meena Rasi: 16.08 | Tithi 5 | Gulika | 6:50AM – 8:07AM | Uttaraproshtpada Until 7:01AM | Ganesha: Red | Sunrise: 6:50AM | | |
| | | Yama | 1:16PM – 2:33PM | Sadhya Until 1:47AM Sun | Muruqa: Clear | Sunset: 5:07PM | Moon 1 - Phase 41 | |
| | | 915273367 Rahu | 9:24AM – 10:42AM | Bava Until 2:54PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Panchami Until 3:41AM Sun | Moon – Clear | | | Devaloka Day |
| Until 7:01AM | | | | | Magha-Thai | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | |

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| 6 | | Sunday, February 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | Buffalo, NY Sun 20 Sutra 301 Vilamba 5120 |
| Meena Rasi: 28.22 | Tithi 6 | Gulika | 2:34PM – 3:51PM | Revati Until 8:59AM | Ganesha: Red | Sunrise: 6:49AM | | |
| | | Yama | 11:59AM – 1:16PM | Subha Until 1:38AM Mon | Muruqa: Clear | Sunset: 5:08PM | Moon 1 - Phase 41 | |
| | | 915273367 Rahu | 3:51PM – 5:08PM | Kaulava Until 4:23PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Amrita Yoga | | | Shashthi* Until 4:54AM Mon | Moon – Clear | | | Devaloka Day |
| Until 8:59AM | | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

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|----------------------------------|-------------|-----------------------|------------------------|--|------------------------|------------------------|-------------------|--|
| Monday, February 11, 2019 | | Retreat Star | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Gara/Vanija Karana Saptamyam Titau | | | | Buffalo, NY Sun 21 Sutra 302 Vilamba 5120 |
| Mesha Rasi: 10.49 | Tithi 7 | Gulika | 1:16PM – 2:34PM | Ashvini Until 10:45AM | Ganesha: Blue | Sunrise: 6:48AM | | |
| | | Yama | 10:41AM – 11:59AM | Sukla Until 1:00AM Tue | Muruqa: Clear | Sunset: 5:10PM | Moon 1 - Phase 41 | |
| Family Home Evening | | 925273367 Rahu | 8:05AM – 9:23AM | Gara Until 5:18PM | Nataraja: White | | 3rd Phase | |
| Creative Work | Siddha Yoga | | | Saptami Until 5:29AM Tue | Moon – White | | | Bhuloka Day |
| | | | | | Magha-Thai | | | Devaloka Time: 12:PM to 3:PM |

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|-----------------------------------|-------------|-----------------------|-------------------------|---|------------------------|------------------------|-------------------|--|
| Tuesday, February 12, 2019 | | Retreat Star | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Buffalo, NY Sun 22 Sutra 303 Vilamba 5120 |
| Mesha Rasi: 23.34 | Tithi 8 | Gulika | 11:59AM – 1:17PM | Bharani Until 11:44AM | Ganesha: Blue | Sunrise: 6:46AM | | |
| | | Yama | 9:23AM – 10:41AM | Brahma Until 11:51PM | Muruqa: Clear | Sunset: 5:11PM | Moon 1 - Phase 41 | |
| | | 925273367 Rahu | 2:35PM – 3:53PM | Visti Until 5:32PM | Nataraja: White | | Ashtami | |
| Creative Work | Siddha Yoga | | | Ashtami* Until 5:22AM Wed | Moon – White | | | Bhuloka Day |
| | | | | | Magha-Masi | | | Devaloka Time: 12:PM to 3:PM |

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|-------------------------------------|-------------|-----------------------|--------------------------|---|------------------------|------------------------|-------------------|--|
| Wednesday, February 13, 2019 | | Retreat Star | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Balava/Kaulava Karana Navamyam Titau | | | | Buffalo, NY Sun 23 Sutra 304 Vilamba 5120 |
| Vrishabha Rasi: 6.38 | Tithi 9 | Gulika | 10:40AM – 11:59AM | Krittika Until 11:52AM | Ganesha: Yellow | Sunrise: 6:45AM | | |
| | | Yama | 8:04AM – 9:22AM | Indra Until 10:07PM | Muruqa: Clear | Sunset: 5:12PM | Moon 1 - Phase 41 | |
| | | 926273367 Rahu | 11:59AM – 1:17PM | Balava Until 5:02PM | Nataraja: White | | Navami | |
| Creative Work | Amrita Yoga | | | Navami* Until 4:28AM Thu | Moon – White | | | Devaloka Day |
| Until 11:52AM | | | | | Magha-Masi | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time

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|-----------------------|-------------|---------------------------------------|---------------------------------|--|------------------------|--|
| 1 | | Thursday, February 14, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau | | Buffalo, NY Sutra 305 Vilamba 5120 |
| Vrishabha Rasi: 20.08 | Tithi 10 | Gulika 9:21AM – 10:40AM | Rohini Until 11:33AM | Ganesha: White | <i>Sunrise:</i> 6:44AM | Sun 24 |
| | | Yama 6:44AM – 8:03AM | Vaidhriti* Until 7:45PM | Muruqa: Clear | <i>Sunset:</i> 5:14PM | Moon 1 - Phase 42 |
| | | 936273367 Rahu 1:17PM – 2:36PM | Taitila Until 3:45PM | Nataraja: White | | 4th Phase |
| Routine Work | Marana Yoga | | Dashami Until 2:49AM Fri | Moon – Yellow | | Sivaloka Day |
| | | | | Magha-Masi | | |

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|--------------------|-------------|---|-----------------------------------|---|------------------------|--|
| 2 | | Friday, February 15, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Priti Yoga Vanija/Visti* Karana Ekadashyam Titau | | Buffalo, NY Sutra 306 Vilamba 5120 |
| Mithuna Rasi: 4.04 | Tithi 11 | Gulika 8:02AM – 9:21AM | Mrigashira Until 10:22AM | Ganesha: White | <i>Sunrise:</i> 6:43AM | Sun 25 |
| | | Yama 2:37PM – 3:56PM | Vishkambha* Until 4:51PM | Muruqa: Clear | <i>Sunset:</i> 5:15PM | Moon 1 - Phase 42 |
| | | 936273367 Rahu 10:40AM – 11:59AM | Vanija Until 1:45PM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 12:30AM Sat | Moon – Yellow | | Sivaloka Day |
| | | | | Magha-Masi | | |

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|---------------------|-------------|--|------------------------------|---|------------------------|--|
| 3 | | Saturday, February 16, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau | | Buffalo, NY Sutra 307 Vilamba 5120 |
| Mithuna Rasi: 18.27 | Tithi 12 | Gulika 6:41AM – 8:01AM | Ardra Until 8:23AM | Ganesha: White | <i>Sunrise:</i> 6:41AM | Sun 26 |
| | | Yama 1:18PM – 2:37PM | Priti Until 1:26PM | Muruqa: Clear | <i>Sunset:</i> 5:16PM | Moon 1 - Phase 42 |
| | | 936273367 Rahu 9:20AM – 10:39AM | Bava Until 11:07AM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 9:35PM | Moon – Yellow | | Sivaloka Day |
| | | | | Magha-Masi | | |

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|-------------------|-------------|---------------------------------------|--------------------------------|--|------------------------|--|
| 4 | | Sunday, February 17, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau | | Buffalo, NY Sutra 308 Vilamba 5120 |
| Kataka Rasi: 3.13 | Tithi 13 | Gulika 2:38PM – 3:58PM | Punarvasu Until 6:09AM | Ganesha: Clear | <i>Sunrise:</i> 6:40AM | Sun 27 |
| | | Yama 11:59AM – 1:18PM | Ayushman Until 9:36AM | Muruqa: Clear | <i>Sunset:</i> 5:17PM | Moon 1 - Phase 42 |
| | | 946273367 Rahu 3:58PM – 5:17PM | Kaulava Until 7:58AM | Nataraja: White | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Until 6:14PM | Moon – Blue | | Devaloka Day |
| | | | | Magha-Masi | | |

Pradosha Vrata

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|---|---------------|---------------------------------------|------------------------------------|---|------------------------|--|
|  | | Monday, February 18, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Buffalo, NY Sutra 309 Vilamba 5120 |
| Copper Retreat Star | | Gulika 1:19PM – 2:39PM | Ashlesha* Until 12:18AM Tue | Ganesha: Clear | <i>Sunrise:</i> 6:38AM | Sun 28 |
| Kataka Rasi: 18.17 | Tithi 14 – 15 | Yama 10:38AM – 11:59AM | Sobhana Until 1:12AM Tue | Muruqa: Clear | <i>Sunset:</i> 5:19PM | Moon 1 - Phase 42 |
| Family Home Evening | | 946273367 Rahu 7:58AM – 9:18AM | Visti Until 12:43AM Tue | Nataraja: White | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 2:35PM | Moon – Blue | | Devaloka Day |
| | | Chidambaram Abhishekam | | Magha-Masi | | |

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| 5 | | Tuesday, February 19, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Buffalo, NY Sutra 310 Vilamba 5120 |
| Silver Retreat Star | | Gulika 11:58AM – 1:19PM | Magha* Until 9:24PM | Ganesha: Purple | <i>Sunrise:</i> 6:37AM | Sun 29 |
| Simha Rasi: 3.32 | Tithi 15 – 16 | Yama 9:18AM – 10:38AM | Athiganda* Until 8:52PM | Muruqa: Clear | <i>Sunset:</i> 5:20PM | Moon 1 - Phase 42 |
| | | 956273367 Rahu 2:39PM – 4:00PM | Balava Until 8:55PM | Nataraja: White | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 10:48AM | Moon – Red | | Sivaloka Day |
| | | | | Magha-Masi | | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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Wednesday, February 20, 2019

Gold Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Buffalo, NY

Sutra 311

Vilamba 5120

Simha Rasi: 18.46 Tithi 16 - 17

Gulika 10:38AM - 11:58AM
Yama 7:56AM - 9:17AM
957273367 Rahu 11:58AM - 1:19PMPurvaphalguni Until 6:30PM
Sukarma Until 4:38PM
Gara Until 3:30AM Thu
Prathama* Until 7:03AMGanesha: Clear Sunrise: 6:36AM
Muruga: Clear Sunset: 5:21PM
Nataraja: White
Moon - Red
Magha-MasiMoon 2 - Phase 43
1st Phase

Creative Work Amrita Yoga

Devaloka Day

1

Thursday, February 21, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Buffalo, NY

Sutra 312

Vilamba 5120

Kanya Rasi: 3.5 Tithi 18

Gulika 9:16AM - 10:37AM
Yama 6:34AM - 7:55AM
957273367 Rahu 1:19PM - 2:40PMUttaraphalguni Until 3:46PM
Dhriti Until 12:40PM
Vanija Until 1:53PM
Tritiya Until 12:20AM FriGanesha: Clear Sunrise: 6:34AM
Muruga: Clear Sunset: 5:22PM
Nataraja: White
Moon - Red
Magha-MasiSun 1
Moon 2 - Phase 43
1st Phase

Until 3:46PM

Then Routine Work - Marana Yoga

Devaloka Day

2

Friday, February 22, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthayam Titau

Buffalo, NY

Sutra 313

Vilamba 5120

Kanya Rasi: 18.37 Tithi 19

Gulika 7:54AM - 9:15AM
Yama 2:41PM - 4:02PM
967273367 Rahu 10:37AM - 11:58AMHasta Until 1:47PM
Shula* Until 9:01AM
Bava Until 10:57AM
Chaturthi* Until 9:41PMGanesha: White Sunrise: 6:33AM
Muruga: Clear Sunset: 5:24PM
Nataraja: White
Moon - Green
Magha-MasiSun 2
Moon 2 - Phase 43
1st Phase

Creative Work Amrita Yoga

Until 1:47PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

3

Saturday, February 23, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Buffalo, NY

Sutra 314

Vilamba 5120

Tula Rasi: 2.59 Tithi 20

Gulika 6:31AM - 7:53AM
Yama 1:20PM - 2:41PM
967273367 Rahu 9:15AM - 10:36AMChitra Until 12:16PM
Vriddhi Until 3:20AM Sun
Kaulava Until 8:38AM
Panchami Until 7:43PMGanesha: White Sunrise: 6:31AM
Muruga: Clear Sunset: 5:25PM
Nataraja: White
Moon - Green
Magha-MasiSun 3
Moon 2 - Phase 43
1st Phase

Routine Work Marana Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

4

Sunday, February 24, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Buffalo, NY

Sutra 315

Vilamba 5120

Tula Rasi: 16.52 Tithi 21

Gulika 2:42PM - 4:04PM
Yama 11:58AM - 1:20PM
967273367 Rahu 4:04PM - 5:26PMSvati Until 11:21AM
Dhruva Until 1:25AM Mon
Gara Until 7:03AM
Shashthi* Until 6:33PMGanesha: White Sunrise: 6:30AM
Muruga: Clear Sunset: 5:26PM
Nataraja: White
Moon - Green
Magha-MasiSun 4
Moon 2 - Phase 43
1st Phase

Creative Work Siddha Yoga

Until 11:21AM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

5

Monday, February 25, 2019

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata* Yoga Visti*/Bava Karana Saplamyam Titau

Buffalo, NY

Sutra 316

Vilamba 5120

Vrischika Rasi: 0.17 Tithi 22

Gulika 1:20PM - 2:43PM
Yama 10:35AM - 11:58AM
977273367 Rahu 7:50AM - 9:13AMVishakha Until 11:34AM
Vyaghata* Until 12:11AM Tue
Visti Until 6:18AM
Saptami Until 6:14PMGanesha: Yellow Sunrise: 6:28AM
Muruga: Clear Sunset: 5:27PM
Nataraja: White
Moon - Orange
Magha-MasiSun 5
Moon 2 - Phase 43
1st Phase

Routine Work Marana Yoga

Until 11:34AM

Then Creative Work - Siddha Yoga

Devaloka Day

D

Tuesday, February 26, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Buffalo, NY

Sutra 317

Vilamba 5120

Vrischika Rasi: 13.14 Tithi 23

Gulika 11:58AM - 1:20PM
Yama 9:12AM - 10:35AM
978273367 Rahu 2:43PM - 4:06PMAnuradha Until 12:29PM
Harshana Until 11:39PM
Balava Until 6:26AM
Ashtami* Until 6:47PMGanesha: Blue Sunrise: 6:27AM
Muruga: Clear Sunset: 5:29PM
Nataraja: White
Moon - Orange
Magha-MasiSun 6
Moon 2 - Phase 43
Ashtami

Creative Work Siddha Yoga

Until 12:29PM

Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, February 27, 2019

Retreat Star

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Buffalo, NY

Sutra 318

Vilamba 5120

Vrischika Rasi: 25.47 Tithi 24

Gulika 10:34AM - 11:57AM
Yama 7:48AM - 9:11AM
978273367 Rahu 11:57AM - 1:21PMJyeshtha* Until 2:01PM
Vajra* Until 11:39PM
Taitila Until 7:23AM
Navami* Until 8:08PMGanesha: Blue Sunrise: 6:25AM
Muruga: Clear Sunset: 5:30PM
Nataraja: White
Moon - Orange
Magha-MasiSun 7
Moon 2 - Phase 43
Navami

Creative Work Siddha Yoga

Until 2:01PM

Then Routine Work - Marana Yoga

Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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|-------------------|-------------|---------------------------------------|------------------------------|---|------------------------|---|
| 1 | | Thursday, February 28, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Siddhi Yoga Vanija/Visli* Karana Dashamyam Titau | | Buffalo, NY Sun 8 Sutra 319 Vilamba 5120 |
| Dhanus Rasi: 8.01 | Tithi 25 | Gulika 9:10AM – 10:34AM | Mula* Until 4:33PM | Ganesha: Red | <i>Sunrise:</i> 6:23AM | |
| | | Yama 6:23AM – 7:47AM | Siddhi Until 12:09AM Fri | Muruqa: Clear | <i>Sunset:</i> 5:31PM | Moon 2 - Phase 44 |
| | | 988273367 Rahu 1:21PM – 2:44PM | Vanija Until 9:05AM | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Dashami Until 10:07PM | Moon – Light Blue | | Devaloka Day |
| | | | | Magha-Masi | | |

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|---------------------------------|--------------------|---|------------------------------------|--|------------------------|---|
| 2 | | Friday, March 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Ekadashyam Titau | | Buffalo, NY Sun 9 Sutra 320 Vilamba 5120 |
| Dhanus Rasi: 20.02 | Tithi 26 | Gulika 7:44AM – 9:09AM | Purvashadha* Until 7:22PM | Ganesha: Red | <i>Sunrise:</i> 6:20AM | |
| | | Yama 2:45PM – 4:09PM | Vyatipata* Until 12:59AM Sat | Muruqa: Clear | <i>Sunset:</i> 5:34PM | Moon 2 - Phase 44 |
| | | 988273367 Rahu 10:33AM – 11:57AM | Bava Until 11:19AM | Nataraja: White | | 2nd Phase |
| Routine Work | Prabalarishta Yoga | | Ekadashi* Until 12:34AM Sat | Moon – Light Blue | | Devaloka Day |
| Until 7:22PM | | | | Magha-Masi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 | | Saturday, March 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Buffalo, NY Sun 10 Sutra 321 Vilamba 5120 |
| Makara Rasi: 1.53 | Tithi 27 | Gulika 6:19AM – 7:43AM | Uttarashadha Until 10:19PM | Ganesha: Red | <i>Sunrise:</i> 6:19AM | |
| | | Yama 1:21PM – 2:46PM | Variyan Until 1:58AM Sun | Muruqa: Clear | <i>Sunset:</i> 5:35PM | Moon 2 - Phase 44 |
| | | 988273367 Rahu 9:08AM – 10:32AM | Kaulava Until 1:55PM | Nataraja: White | | 2nd Phase |
| Routine Work | Marana Yoga | | Dvadashi* Until 3:15AM Sun | Moon – Light Blue | | Devaloka Day |
| Until 10:19PM | | | | Magha-Masi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 | | Sunday, March 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Parigha* Yoga Gara/Vanija Karana Trayodashyam Titau | | Buffalo, NY Sun 11 Sutra 322 Vilamba 5120 |
| Makara Rasi: 13.41 | Tithi 28 | Gulika 2:46PM – 4:11PM | Shravana Until 1:40AM Mon | Ganesha: Yellow | <i>Sunrise:</i> 6:17AM | |
| | | Yama 11:56AM – 1:21PM | Parigha* Until 3:02AM Mon | Muruqa: Clear | <i>Sunset:</i> 5:36PM | Moon 2 - Phase 44 |
| | | 988273367 Rahu 4:11PM – 5:36PM | Gara Until 4:39PM | Nataraja: White | | 2nd Phase |
| Creative Work | Amrita Yoga | | Trayodashi* Until 6:00AM Mon | Moon – Purple | | Devaloka Day |
| Until 1:40AM Mon | | | | Magha-Masi | | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata (Fasting)</i> | | | |

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| 5 | | Monday, March 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau | | Buffalo, NY Sun 12 Sutra 323 Vilamba 5120 |
| Makara Rasi: 25.27 | Tithi 28 – 29 | Gulika 1:21PM – 2:47PM | Dhanishtha Until 4:47AM Tue | Ganesha: Yellow | <i>Sunrise:</i> 6:15AM | |
| Family Home Evening | | Yama 10:31AM – 11:56AM | Shiva Until 4:03AM Tue | Muruqa: Clear | <i>Sunset:</i> 5:37PM | Moon 2 - Phase 44 |
| | | 988273367 Rahu 7:41AM – 9:06AM | Visti Until 7:22PM | Nataraja: White | | 2nd Phase |
| Creative Work | Siddha Yoga | | Trayodashi* Until 6:00AM | Moon – Purple | | Devaloka Day |
| Until 4:47AM Tue | | | | Magha-Masi | | |
| Then Routine Work - Marana Yoga | | Mahasivaratri (Lunar) | | | | |
| | | Mahasivaratri (Solar) | | | | |

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| Retreat Star | | Tuesday, March 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shalabhisak Nakshatra Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Buffalo, NY Sun 13 Sutra 324 Vilamba 5120 |
| Kumbha Rasi: 7.15 | Tithi 29 – 30 | Gulika 11:56AM – 1:22PM | Shatabhisak Until 7:33AM Wed | Ganesha: Clear | <i>Sunrise:</i> 6:14AM | |
| | | Yama 9:05AM – 10:30AM | Siddha Until 4:53AM Wed | Muruqa: Clear | <i>Sunset:</i> 5:38PM | Moon 2 - Phase 44 |
| | | 199273367 Rahu 2:47PM – 4:13PM | Catuspada Until 9:56PM | Nataraja: White | | Amavasya |
| Routine Work | Marana Yoga | | Chaturdashi* Until 8:39AM | Moon – Purple | | Devaloka Day |
| Until 7:33AM Wed | | | | Magha-Masi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| Retreat Star | | Wednesday, March 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Shalabhisak/Purvaprosithpada* Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Buffalo, NY Sun 14 Sutra 325 Vilamba 5120 |
| Kumbha Rasi: 19.08 | Tithi 30 – 1 | Gulika 10:30AM – 11:56AM | Shatabhisak Until 7:33AM | Ganesha: White | <i>Sunrise:</i> 6:12AM | |
| | | Yama 7:38AM – 9:04AM | Sadhya Until 5:32AM Thu | Muruqa: Clear | <i>Sunset:</i> 5:40PM | Moon 2 - Phase 44 |
| | | 199373367 Rahu 11:56AM – 1:22PM | Kintughna Until 12:14AM Thu | Nataraja: White | | Prathama |
| Creative Work | Siddha Yoga | | Amavasya* Until 11:06AM | Moon – Purple | | Sivaloka Day |
| Until 7:33AM | | | | Phalgun-Masi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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|--|--------------------|----------------------------------|--|--|--|---|
| 1 | | Thursday, March 7, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthpada/Uttaraprosarthpada Nakshatra Subha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Buffalo, NY Sun 15 Sutra 326 Vilamba 5120 |
| Meena Rasi: 1.07 | Tithi 1 – 2 | 119373367 | Gulika 9:03AM – 10:29AM Yama 6:10AM – 7:37AM Rahu 1:22PM – 2:48PM | Purvaprosarthpada* Until 10:24AM Subha Until 5:58AM Fri Balava Until 2:13AM Fri Prathama* Until 1:15PM | Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear Phalguna-Masi | Sunrise: 6:10AM Sunset: 5:41PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| 2 | | Friday, March 8, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Sukla Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | Buffalo, NY Sun 16 Sutra 327 Vilamba 5120 |
| Meena Rasi: 13.13 | Tithi 2 – 3 | 119373367 | Gulika 7:35AM – 9:02AM Yama 2:49PM – 4:15PM Rahu 10:29AM – 11:55AM | Uttaraprosarthpada Until 12:46PM Sukla Until 6:07AM Sat Taitila Until 3:53AM Sat Dvitiya Until 3:04PM | Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear Phalguna-Masi | Sunrise: 6:09AM Sunset: 5:42PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| 3 | | Saturday, March 9, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | Buffalo, NY Sun 17 Sutra 328 Vilamba 5120 |
| Meena Rasi: 25.28 | Tithi 3 – 4 | 119373367 | Gulika 6:07AM – 7:34AM Yama 1:22PM – 2:49PM Rahu 9:01AM – 10:28AM | Revati Until 2:38PM Sukla Until 6:07AM Vanija Until 5:09AM Sun Tritiya Until 4:33PM | Ganesha: Yellow Muruqa: Clear Nataraja: White Moon – Clear Phalguna-Masi | Sunrise: 6:07AM Sunset: 5:43PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Routine Work | Prabalarishta Yoga | | | | | |
| Until 2:38PM | | | | | | |
| Then Creative Work - Siddha Yoga | | | Subramuniyaswami Siva Vision Day | | | |
| 4 | | Sunday, March 10, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Buffalo, NY Sun 18 Sutra 329 Vilamba 5120 |
| Mesha Rasi: 7.52 | Tithi 4 – 5 | 129373367 | Gulika 2:50PM – 4:17PM Yama 11:55AM – 1:22PM Rahu 4:17PM – 5:44PM | Ashvini Until 4:27PM Indra Until 6:00AM Bava Until 6:01AM Mon Chaturthi* Until 5:38PM | Ganesha: Red Muruqa: Clear Nataraja: White Moon – White Phalguna-Masi | Sunrise: 6:05AM Sunset: 5:44PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| Until 4:27PM | | | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |
| 5 | | Monday, March 11, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau | | Buffalo, NY Sun 19 Sutra 330 Vilamba 5120 |
| Mesha Rasi: 20.27 | Tithi 5 | 129373367 | Gulika 1:22PM – 2:50PM Yama 10:27AM – 11:55AM Rahu 7:31AM – 8:59AM | Bharani Until 5:41PM Vaidhriti* Until 4:45AM Tue Bava Until 6:01AM Panchami Until 6:16PM | Ganesha: Red Muruqa: Clear Nataraja: White Moon – White Phalguna-Masi | Sunrise: 6:04AM Sunset: 5:45PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Family Home Evening | | | | | | |
| Creative Work | Siddha Yoga | | | | | |
| Until 5:41PM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |
| 6 | | Tuesday, March 12, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthiyam Titau | | Buffalo, NY Sun 20 Sutra 331 Vilamba 5120 |
| Vrishabha Rasi: 3.15 | Tithi 6 | 129373367 | Gulika 11:54AM – 1:22PM Yama 8:58AM – 10:26AM Rahu 2:50PM – 4:19PM | Krittika Until 6:17PM Vishkambha* Until 3:33AM Wed Kaulava Until 6:25AM Shashthi* Until 6:24PM | Ganesha: Red Muruqa: Clear Nataraja: White Moon – White Phalguna-Masi | Sunrise: 6:02AM Sunset: 5:47PM Moon 2 - Phase 45 3rd Phase Devaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| Until 6:17PM | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | |
| Retreat Star | | Wednesday, March 13, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau | | Buffalo, NY Sun 21 Sutra 332 Vilamba 5120 |
| Vrishabha Rasi: 16.19 | Tithi 7 – 8 | 131373367 | Gulika 10:26AM – 11:54AM Yama 7:29AM – 8:57AM Rahu 11:54AM – 1:22PM | Rohini Until 6:39PM Priti Until 1:54AM Thu Gara Until 6:17AM Saptami Until 5:59PM | Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow Phalguna-Masi | Sunrise: 6:00AM Sunset: 5:48PM Moon 2 - Phase 45 3rd Phase Sivaloka Day |
| Creative Work | Siddha Yoga | | | | | |
| Retreat Star | | Thursday, March 14, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Buffalo, NY Sun 22 Sutra 333 Vilamba 5120 |
| Vrishabha Rasi: 29.41 | Tithi 8 – 9 | 131373367 | Gulika 8:56AM – 10:25AM Yama 5:59AM – 7:27AM Rahu 1:23PM – 2:51PM | Mrigashira Until 6:15PM Ayushman Until 11:44PM Balava Until 4:12AM Fri Ashtami* Until 4:56PM | Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Yellow Phalguna-Panguni | Sunrise: 5:59AM Sunset: 5:49PM Moon 2 - Phase 45 Ashtami Sivaloka Day |
| Routine Work | Marana Yoga | | | | | |
| | | | Karadaiyan Nombu (Tamil Nadu) | | | |
| Retreat Star | | Friday, March 15, 2019 | | Vilamba Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Buffalo, NY Sun 23 Sutra 334 Vilamba 5120 |
| Mithuna Rasi: 13.25 | Tithi 9 – 10 | 131373368 | Gulika 7:26AM – 8:55AM Yama 2:52PM – 4:21PM Rahu 10:24AM – 11:54AM | Ardra Until 5:07PM Saubhagya Until 9:05PM Taitila Until 2:14AM Sat Navami* Until 3:17PM | Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Yellow Phalguna-Panguni | Sunrise: 5:57AM Sunset: 5:50PM Moon 2 - Phase 45 Navami Subha Sivaloka Day |
| Creative Work | Siddha Yoga | | | | | |


The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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|----------|---------------------------------|---------------|--|-------------------------------|------------------------|------------------------|--------------------------------|
| 1 | Saturday, March 16, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Buffalo, NY |
| | Mithuna Rasi: 27.32 | Tithi 10 - 11 | Gulika 5:55AM - 7:25AM | Punarvasu Until 3:41PM | Ganesha: Clear | <i>Sunrise:</i> 5:55AM | Sun 24 Sutra 335 |
| | | | Yama 1:23PM - 2:52PM | Sobhana Until 6:00PM | Muruqa: Clear | <i>Sunset:</i> 5:51PM | Vilamba 5120 |
| | Creative Work | Siddha Yoga | 141373368 Rahu 8:54AM - 10:24AM | Vanija Until 11:44PM | Nataraja: Clear | | Moon 2 - Phase 46 4th Phase |
| | | | Dashami Until 1:02PM | Moon - Blue | | Sivaloka Day | |
| | | | | Phalguna-Panguni | | | |

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| 2 | Sunday, March 17, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Buffalo, NY |
| | Kataka Rasi: 12 | Tithi 11 - 12 | Gulika 2:53PM - 4:22PM | Pushya Until 1:36PM | Ganesha: Clear | <i>Sunrise:</i> 5:54AM | Sun 25 Sutra 336 |
| | | | Yama 11:53AM - 1:23PM | Athiganda* Until 2:29PM | Muruqa: Clear | <i>Sunset:</i> 5:52PM | Vilamba 5120 |
| | Creative Work | Siddha Yoga | 141373368 Rahu 4:22PM - 5:52PM | Bava Until 8:45PM | Nataraja: Clear | | Moon 2 - Phase 46 4th Phase |
| | | | Ekadashi Until 10:16AM | Moon - Blue | | Sivaloka Day | |
| | | | | Phalguna-Panguni | | | |

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|----------|-------------------------------|---------------|--|--------------------------------|------------------------|------------------------|--------------------------------|
| 3 | Monday, March 18, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma/Dhriti Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau | | | | Buffalo, NY |
| | Kataka Rasi: 26.47 | Tithi 12 - 13 | Gulika 1:23PM - 2:53PM | Ashlesha* Until 11:01AM | Ganesha: Clear | <i>Sunrise:</i> 5:52AM | Sun 26 Sutra 337 |
| | Family Home Evening | | Yama 10:22AM - 11:53AM | Sukarma Until 10:40AM | Muruqa: Clear | <i>Sunset:</i> 5:53PM | Vilamba 5120 |
| | Creative Work | Siddha Yoga | 141373368 Rahu 7:22AM - 8:52AM | Taitila Until 3:41AM Tue | Nataraja: Clear | | Moon 2 - Phase 46 4th Phase |
| | | | Dvadashi Until 7:07AM | Moon - Blue | | Sivaloka Day | |
| | | | Yogaswami Mahasamadhi | Phalguna-Panguni | | | |
| | | | | <i>Pradosha Vrata</i> | | | |

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| 4 | Tuesday, March 19, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Buffalo, NY |
| | Simha Rasi: 11.47 | Tithi 14 | Gulika 11:52AM - 1:23PM | Magha* Until 8:27AM | Ganesha: White | <i>Sunrise:</i> 5:50AM | Sun 27 Sutra 338 |
| | | | Yama 8:51AM - 10:22AM | Dhriti Until 6:40AM | Muruqa: Clear | <i>Sunset:</i> 5:53PM | Vilamba 5120 |
| | Creative Work | Siddha Yoga | 151373368 Rahu 2:53PM - 4:24PM | Gara Until 1:56PM | Nataraja: Clear | | Moon 2 - Phase 46 4th Phase |
| | | | Chaturdashi* Until 12:08AM Wed | Moon - Red | | Subha Sivaloka Day | |
| | | | | Phalguna-Panguni | | Tour Day | |

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|  | Wednesday, March 20, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Visti*/Bava Karana Purnimayam Titau | | | | Buffalo, NY |
| | Copper Retreat Star | | Gulika 10:21AM - 11:52AM | Uttaraphalguni Until 2:50AM Thu | Ganesha: White | <i>Sunrise:</i> 5:48AM | Sutra 339 |
| | Simha Rasi: 26.52 | Tithi 15 | Yama 7:19AM - 8:50AM | Ganda* Until 10:31PM | Muruqa: Clear | <i>Sunset:</i> 5:56PM | Vilamba 5120 |
| | Creative Work | Amrita Yoga | 151373368 Rahu 11:52AM - 1:23PM | Visti Until 10:23AM | Nataraja: Clear | | Moon 2 - Phase 46 Purnima |
| | | | Purnima* Until 8:37PM | Moon - Red | | Subha Sivaloka Day | |
| | | | Panguni Uttiram | Phalguna-Panguni | | | |
| | | | Holi | | | | |

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|--|---------------------------------|---------------|--|--------------------------------|------------------------|------------------------|-------------------------------|
| | Thursday, March 21, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vriddhi Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Buffalo, NY |
| | Silver Retreat Star | | Gulika 8:49AM - 10:20AM | Hasta Until 12:33AM Fri | Ganesha: Yellow | <i>Sunrise:</i> 5:47AM | Sutra 340 |
| | Kanya Rasi: 11.52 | Tithi 16 - 17 | Yama 5:47AM - 7:18AM | Vriddhi Until 6:41PM | Muruqa: White | <i>Sunset:</i> 5:57PM | Vilamba 5120 |
| | Routine Work | Marana Yoga | 161383368 Rahu 1:23PM - 2:54PM | Balava Until 6:57AM | Nataraja: Clear | | Moon 2 - Phase 46 Prathama |
| | | | Prathama* Until 5:19PM | Moon - Green | | Devaloka Day | |
| | | | | Phalguna-Panguni | | | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Friday, March 22, 2019
Gold Retreat Star

Kanya Rasi: 26.39 Tithi 17 – 18

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 7:17AM – 8:48AM
Yama 2:55PM – 4:26PM
Rahu 10:20AM – 11:51AM

Chitra Until 10:33PM
Dhruva Until 3:08PM
Vanija Until 1:09AM Sat
Dvitiya Until 2:24PM

Ganesha: Yellow *Sunrise: 5:45AM*
Muruqa: White *Sunset: 5:58PM*
Nataraja: Clear
Moon – Green

Devaloka Day
Phalguna-Panguni

Buffalo, NY
Sun 1
Sutra 341
Vilamba 5120
Moon 3 - Phase 47
1st Phase

1

Saturday, March 23, 2019

Tula Rasi: 11.05 Tithi 18 – 19

Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 5:43AM – 7:15AM
Yama 1:23PM – 2:55PM
Rahu 8:47AM – 10:19AM

Svati Until 9:02PM
Vyaghata* Until 12:03PM
Bava Until 11:07PM
Tritiya Until 12:02PM

Ganesha: Blue *Sunrise: 5:43AM*
Muruqa: White *Sunset: 5:59PM*
Nataraja: Clear
Moon – Green

Bhuloka Day
Phalguna-Panguni
Devaloka Time: 6:PM to 9:PM

Buffalo, NY
Sun 2
Sutra 342
Vilamba 5120
Moon 3 - Phase 47
1st Phase

2

Sunday, March 24, 2019

Tula Rasi: 25.05 Tithi 19 – 20

Routine Work Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 2:56PM – 4:28PM
Yama 11:51AM – 1:23PM
Rahu 4:28PM – 6:00PM

Vishakha Until 8:31PM
Harshana Until 9:33AM
Kaulava Until 9:50PM
Chaturthi* Until 10:21AM

Ganesha: Red *Sunrise: 5:41AM*
Muruqa: White *Sunset: 6:00PM*
Nataraja: Clear
Moon – Orange

Devaloka Day
Phalguna-Panguni

Buffalo, NY
Sun 3
Sutra 343
Vilamba 5120
Moon 3 - Phase 47
1st Phase

3

Monday, March 25, 2019

Vrischika Rasi: 9 Tithi 20 – 21

Family Home Evening
Creative Work Siddha Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:23PM – 2:56PM
Yama 10:18AM – 11:51AM
Rahu 7:12AM – 8:45AM

Anuradha Until 8:43PM
Vajra* Until 7:41AM
Gara Until 9:24PM
Panchami Until 9:29AM

Ganesha: Red *Sunrise: 5:40AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: Clear
Moon – Orange

Devaloka Day
Phalguna-Panguni

Buffalo, NY
Sun 4
Sutra 344
Vilamba 5120
Moon 3 - Phase 47
1st Phase

4

Tuesday, March 26, 2019

Vrischika Rasi: 21.39 Tithi 21 – 22

Routine Work Marana Yoga
Until 9:37PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:50AM – 1:23PM
Yama 8:44AM – 10:17AM
Rahu 2:56PM – 4:29PM

Jyeshtha* Until 9:37PM
Siddhi Until 6:31AM
Visti Until 9:52PM
Shashthi* Until 9:30AM

Ganesha: Red *Sunrise: 5:38AM*
Muruqa: White *Sunset: 6:03PM*
Nataraja: Clear
Moon – Orange

Devaloka Day
Phalguna-Panguni
Tour Day

Buffalo, NY
Sun 5
Sutra 345
Vilamba 5120
Moon 3 - Phase 47
1st Phase

D

Wednesday, March 27, 2019

Retreat Star

Dhanus Rasi: 4.16 Tithi 22 – 23

Routine Work Marana Yoga
Until 11:38PM
Then Creative Work - Amrita Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 10:17AM – 11:50AM
Yama 7:10AM – 8:43AM
Rahu 11:50AM – 1:23PM

Mula* Until 11:38PM
Vyatipata* Until 6:02AM
Balava Until 11:10PM
Saptami Until 10:24AM

Ganesha: Green *Sunrise: 5:36AM*
Muruqa: White *Sunset: 6:04PM*
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Phalguna-Panguni
Devaloka Time: 6:PM to 9:PM

Buffalo, NY
Sun 6
Sutra 346
Vilamba 5120
Moon 3 - Phase 47
Ashtami

Thursday, March 28, 2019

Retreat Star

Dhanus Rasi: 16.33 Tithi 23 – 24

Creative Work Siddha Yoga
Until 2:10AM Fri
Then Routine Work - Marana Yoga

Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:42AM – 10:16AM
Yama 5:34AM – 7:08AM
Rahu 1:23PM – 2:57PM

Purvashadha* Until 2:10AM Fri
Variyan Until 6:09AM
Taitila Until 1:09AM Fri
Ashtami* Until 12:04PM

Ganesha: Green *Sunrise: 5:34AM*
Muruqa: White *Sunset: 6:05PM*
Nataraja: Clear
Moon – Light Blue

Bhuloka Day
Phalguna-Panguni
Devaloka Time: 6:PM to 9:PM

Buffalo, NY
Sun 7
Sutra 347
Vilamba 5120
Moon 3 - Phase 47
Navami

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|--|---------------|---------------------------------|--|--|--|---|
| 1 | | Friday, March 29, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Buffalo, NY Sun 8 Sutra 348 Vilamba 5120 |
| Dhanus Rasi: 28.34 | Tithi 24 – 25 | 182383468 | Gulika 7:07AM – 8:41AM Yama 2:58PM – 4:32PM Rahu 10:15AM – 11:49AM | Uttarashadha Until 4:57AM Sat Parigha* Until 6:45AM Vanija Until 3:36AM Sat Navami* Until 2:19PM | Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 5:33AM Sunset: 6:06PM Moon 3 - Phase 48 2nd Phase |
| Routine Work Marana Yoga Until 4:57AM Sat Then Creative Work - Siddha Yoga | | | | | | Devaloka Day |
| 2 | | Saturday, March 30, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Buffalo, NY Sun 9 Sutra 349 Vilamba 5120 |
| Makara Rasi: 10.25 | Tithi 25 – 26 | 192383468 | Gulika 5:31AM – 7:06AM Yama 1:24PM – 2:58PM Rahu 8:40AM – 10:15AM | Shravana Until 8:17AM Sun Shiva Until 7:42AM Bava Until 6:17AM Sun Dashami Until 4:54PM | Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple | Sunrise: 5:31AM Sunset: 6:07PM Moon 3 - Phase 48 2nd Phase |
| Creative Work Siddha Yoga Until 8:17AM Sun Then Routine Work - Marana Yoga | | | | | | Sivaloka Day |
| 3 | | Sunday, March 31, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ekadashyam Titau | | Buffalo, NY Sun 10 Sutra 350 Vilamba 5120 |
| Makara Rasi: 22.12 | Tithi 26 | 192383468 | Gulika 2:58PM – 4:33PM Yama 11:49AM – 1:24PM Rahu 4:33PM – 6:08PM | Shravana Until 8:17AM Siddha Until 8:45AM Bava Until 6:17AM Ekadashi* Until 7:36PM | Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Purple | Sunrise: 5:29AM Sunset: 6:08PM Moon 3 - Phase 48 2nd Phase |
| Creative Work Amrita Yoga Until 8:17AM Then Routine Work - Marana Yoga | | | | | | Sivaloka Day |
| 4 | | Monday, April 1, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Buffalo, NY Sun 11 Sutra 351 Vilamba 5120 |
| Kumbha Rasi: 3.59 | Tithi 27 | 192483468 | Gulika 1:24PM – 2:58PM Yama 10:14AM – 11:49AM Rahu 7:04AM – 8:39AM | Dhanishtha Until 11:25AM Sadhya Until 9:47AM Kaulava Until 8:56AM Dvadashi* Until 10:11PM | Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple | Sunrise: 5:29AM Sunset: 6:08PM Moon 3 - Phase 48 2nd Phase |
| Family Home Evening Creative Work Siddha Yoga | | | | | | Subha Sivaloka Day |
| 5 | | Tuesday, April 2, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau | | Buffalo, NY Sun 12 Sutra 352 Vilamba 5120 |
| Kumbha Rasi: 15.51 | Tithi 28 | 192483468 | Gulika 11:48AM – 1:24PM Yama 8:38AM – 10:13AM Rahu 2:59PM – 4:34PM | Shatabhishak Until 2:10PM Subha Until 10:41AM Gara Until 11:23AM Trayodashi* Until 12:28AM Wed <i>Pradosha Vrata (Fasting)</i> | Ganesha: Green Muruqa: Yellow Nataraja: Purple Moon – Purple | Sunrise: 5:28AM Sunset: 6:09PM Moon 3 - Phase 48 2nd Phase |
| Routine Work Marana Yoga | | | | | | Subha Sivaloka Day |
| 6 | | Wednesday, April 3, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | Buffalo, NY Sun 13 Sutra 353 Vilamba 5120 |
| Kumbha Rasi: 27.49 | Tithi 29 | 112483468 | Gulika 10:13AM – 11:48AM Yama 7:01AM – 8:37AM Rahu 11:48AM – 1:24PM | Purvaproshtapada* Until 4:55PM Sukla Until 11:17AM Visti Until 1:30PM Chaturdashi* Until 2:22AM Thu | Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear | Sunrise: 5:26AM Sunset: 6:10PM Moon 3 - Phase 48 2nd Phase |
| Creative Work Amrita Yoga Until 4:55PM Then Creative Work - Siddha Yoga | | | | | | Sivaloka Day |
| Retreat Star | | Thursday, April 4, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Buffalo, NY Sun 14 Sutra 354 Vilamba 5120 |
| Meena Rasi: 9.58 | Tithi 30 | 112483468 | Gulika 8:36AM – 10:12AM Yama 5:24AM – 7:00AM Rahu 1:24PM – 3:00PM | Uttaraproshtapada Until 7:06PM Brahma Until 11:36AM Catuspada Until 3:11PM Amavasya* Until 3:51AM Fri | Ganesha: Orange Muruqa: Yellow Nataraja: Purple Moon – Clear | Sunrise: 5:24AM Sunset: 6:12PM Moon 3 - Phase 48 Amavasya |
| Creative Work Siddha Yoga | | | | | | Sivaloka Day |
| Retreat Star | | Friday, April 5, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Indra/Vaidhrili* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Buffalo, NY Sun 15 Sutra 355 Vilamba 5120 |
| Meena Rasi: 22.16 | Tithi 1 | 113483468 | Gulika 6:59AM – 8:35AM Yama 3:00PM – 4:36PM Rahu 10:11AM – 11:48AM | Revati Until 8:42PM Indra Until 11:37AM Kintughna Until 4:27PM Prathama* Until 4:54AM Sat | Ganesha: Light Blue Muruqa: Yellow Nataraja: Purple Moon – Clear | Sunrise: 5:22AM Sunset: 6:13PM Moon 3 - Phase 48 Prathama |
| Creative Work Siddha Yoga Until 8:42PM Then Creative Work - Amrita Yoga | | Yugadhi | | | | Devaloka Day |

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| 1 | | Saturday, April 6, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Buffalo, NY Sun 16 Sutra 356 Vilamba 5120 |
| Mesha Rasi: 4.46 | Tithi 2 | Gulika 5:21AM – 6:57AM | Ashvini Until 10:13PM | Ganesha: Purple | Sunrise: 5:21AM | |
| | | Yama 1:24PM – 3:00PM | Vaidhriti* Until 11:15AM | Muruqa: Yellow | Sunset: 6:14PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 8:34AM – 10:11AM | Balava Until 5:17PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | | Moon – White | | |
| | | Chellappaswami Mahasamadh | Dvitiya Until 5:31AM Sun | Chaitra-Panguni | | Devaloka Day |
| 2 | | Sunday, April 7, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Tritiyayam Titau | | Buffalo, NY Sun 17 Sutra 357 Vilamba 5120 |
| Mesha Rasi: 17.27 | Tithi 3 | Gulika 3:01PM – 4:38PM | Bharani Until 11:12PM | Ganesha: Purple | Sunrise: 5:19AM | |
| | | Yama 11:47AM – 1:24PM | Vishkambha* Until 10:36AM | Muruqa: Yellow | Sunset: 6:15PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 4:38PM – 6:15PM | Taitila Until 5:42PM | Nataraja: Purple | | 3rd Phase |
| Routine Work | Prabalarishta Yoga | | | Moon – White | | |
| Until 11:12PM | | | Tritiya Until 5:45AM Mon | Chaitra-Panguni | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | |
| 3 | | Monday, April 8, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturthyam Titau | | Buffalo, NY Sun 18 Sutra 358 Vilamba 5120 |
| Vrishabha Rasi: 0.19 | Tithi 4 | Gulika 1:24PM – 3:01PM | Krittika Until 11:39PM | Ganesha: Purple | Sunrise: 5:17AM | |
| Family Home Evening | | Yama 10:09AM – 11:47AM | Priti Until 9:40AM | Muruqa: Yellow | Sunset: 6:16PM | Moon 3 - Phase 49 |
| | | 123483468 Rahu 6:55AM – 8:32AM | Vanija Until 5:45PM | Nataraja: Purple | | 3rd Phase |
| Routine Work | Marana Yoga | | | Moon – White | | |
| Until 11:39PM | | | Chaturthi* Until 5:37AM Tue | Chaitra-Panguni | | Devaloka Day |
| Then Creative Work - Amrita Yoga | | | | | | |
| 4 | | Tuesday, April 9, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau | | Buffalo, NY Sun 19 Sutra 359 Vilamba 5120 |
| Vrishabha Rasi: 13.22 | Tithi 5 | Gulika 11:46AM – 1:24PM | Rohini Until 12:03AM Wed | Ganesha: Clear | Sunrise: 5:16AM | |
| | | Yama 8:31AM – 10:09AM | Ayushman Until 8:25AM | Muruqa: Yellow | Sunset: 6:17PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 3:02PM – 4:39PM | Bava Until 5:26PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Amrita Yoga | | | Moon – Yellow | | |
| Until 12:03AM Wed | | | Panchami Until 5:07AM Wed | Chaitra-Panguni | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | | | |
| 5 | | Wednesday, April 10, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau | | Buffalo, NY Sun 20 Sutra 360 Vilamba 5120 |
| Vrishabha Rasi: 26.37 | Tithi 6 | Gulika 10:08AM – 11:46AM | Mrigashira Until 11:56PM | Ganesha: Clear | Sunrise: 5:14AM | |
| | | Yama 6:52AM – 8:30AM | Saubhagya Until 6:53AM | Muruqa: Yellow | Sunset: 6:18PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 11:46AM – 1:24PM | Kaulava Until 4:44PM | Nataraja: Purple | | 3rd Phase |
| Creative Work | Siddha Yoga | | | Moon – Yellow | | |
| | | | Shashthi* Until 4:14AM Thu | Chaitra-Panguni | | Sivaloka Day |
| 6 | | Thursday, April 11, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Gara/Vanija Karana Saplamyam Titau | | Buffalo, NY Sun 21 Sutra 361 Vilamba 5120 |
| Mithuna Rasi: 10.05 | Tithi 7 | Gulika 8:29AM – 10:07AM | Ardra Until 11:16PM | Ganesha: Clear | Sunrise: 5:12AM | |
| | | Yama 5:12AM – 6:51AM | Athiganda* Until 2:53AM Fri | Muruqa: Yellow | Sunset: 6:19PM | Moon 3 - Phase 49 |
| | | 133483468 Rahu 1:24PM – 3:03PM | Gara Until 3:39PM | Nataraja: Purple | | 3rd Phase |
| Routine Work | Marana Yoga | | | Moon – Yellow | | |
| Until 11:16PM | | | Saptami Until 2:56AM Fri | Chaitra-Panguni | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | | | |
| ☾ | | Friday, April 12, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau | | Buffalo, NY Sun 22 Sutra 362 Vilamba 5120 |
| Retreat Star | | Gulika 6:49AM – 8:28AM | Punarvasu Until 10:29PM | Ganesha: White | Sunrise: 5:11AM | |
| Mithuna Rasi: 23.46 | Tithi 8 | Yama 3:03PM – 4:42PM | Sukarma Until 12:23AM Sat | Muruqa: Yellow | Sunset: 6:20PM | Moon 3 - Phase 49 |
| | | 143483468 Rahu 10:07AM – 11:46AM | Visti Until 2:08PM | Nataraja: Purple | | Ashtami |
| Creative Work | Siddha Yoga | | | Moon – Blue | | |
| Until 10:29PM | | | Ashtami* Until 1:13AM Sat | Chaitra-Panguni | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | | |
| ☽ | | Saturday, April 13, 2019 | | Vilamba Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau | | Buffalo, NY Sun 23 Sutra 363 Vilamba 5120 |
| Retreat Star | | Gulika 5:09AM – 6:48AM | Pushya Until 9:09PM | Ganesha: White | Sunrise: 5:09AM | |
| Kataka Rasi: 7.43 | Tithi 9 | Yama 1:24PM – 3:03PM | Dhriti Until 9:35PM | Muruqa: Yellow | Sunset: 6:22PM | Moon 3 - Phase 49 |
| | | 143483468 Rahu 8:27AM – 10:06AM | Balava Until 12:13PM | Nataraja: Purple | | Navami |
| Creative Work | Siddha Yoga | | | Moon – Blue | | |
| Until 9:09PM | | Sri Rama Navami | Navami* Until 11:06PM | Chaitra-Panguni | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | | |

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| 1 Sunday, April 14, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau | | | | Buffalo, NY Sun 24 Sutra 364 Vikarin 5121 |
| Kataka Rasi: 21.55 | Tithi 10 | Gulika 3:04PM – 4:43PM | Ashlesha* Until 7:19PM | Ganesha: Clear | <i>Sunrise:</i> 5:07AM | |
| | | Yama 11:45AM – 1:24PM | Shula* Until 6:27PM | Muruqa: Yellow | <i>Sunset:</i> 6:23PM | Moon 3 - Phase 1 |
| | | 243483468 Rahu 4:43PM – 6:23PM | Taitila Until 9:55AM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | | Moon – Blue | | Sivaloka Day |
| Until 7:19PM | | Tamil New Year | Dashami Until 8:37PM | Chaitra*Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Monday, April 15, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau | | | | Buffalo, NY Sun 25 Sutra 1 Vikarin 5121 |
| Simha Rasi: 6.22 | Tithi 11 – 12 | Gulika 1:25PM – 3:04PM | Magha* Until 5:27PM | Ganesha: White | <i>Sunrise:</i> 5:06AM | |
| Family Home Evening | | Yama 10:05AM – 11:45AM | Ganda* Until 3:05PM | Muruqa: Yellow | <i>Sunset:</i> 6:24PM | Moon 3 - Phase 1 |
| Routine Work | Marana Yoga | 253483468 Rahu 6:46AM – 8:25AM | Vanija Until 7:16AM | Nataraja: Purple | | 4th Phase |
| Until 5:27PM | | | Ekadashi Until 5:50PM | Moon – Red | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Chaitra*Chaitra | | |

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| 3 Tuesday, April 16, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Buffalo, NY Sun 26 Sutra 2 Vikarin 5121 |
| Simha Rasi: 20.59 | Tithi 12 – 13 | Gulika 11:45AM – 1:25PM | Purvaphalguni Until 3:16PM | Ganesha: White | <i>Sunrise:</i> 5:04AM | |
| | | Yama 8:24AM – 10:04AM | Vridhi Until 11:33AM | Muruqa: Yellow | <i>Sunset:</i> 6:25PM | Moon 3 - Phase 1 |
| | | 253483468 Rahu 3:05PM – 4:45PM | Kaulava Until 1:22AM Wed | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dvadashi Until 2:52PM | Moon – Red | | Devaloka Day |
| Until 3:16PM | | | | Chaitra*Chaitra | | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 4 Wednesday, April 17, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | Buffalo, NY Sun 27 Sutra 3 Vikarin 5121 |
| Kanya Rasi: 5.41 | Tithi 13 – 14 | Gulika 10:04AM – 11:44AM | Uttaraphalguni Until 12:53PM | Ganesha: White | <i>Sunrise:</i> 5:03AM | |
| | | Yama 6:43AM – 8:23AM | Dhruva Until 7:56AM | Muruqa: Yellow | <i>Sunset:</i> 6:26PM | Moon 3 - Phase 1 |
| | | 253483468 Rahu 11:44AM – 1:25PM | Gara Until 10:22PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Trayodashi Until 11:50AM | Moon – Red | | Devaloka Day |
| Until 12:53PM | | | | Chaitra*Chaitra | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| Thursday, April 18, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | Buffalo, NY Sutra 4 Vikarin 5121 |
| Copper Retreat Star | | Gulika 8:23AM – 10:03AM | Hasta Until 10:51AM | Ganesha: Yellow | <i>Sunrise:</i> 5:01AM | |
| Kanya Rasi: 20.22 | Tithi 14 – 15 | Yama 5:01AM – 6:42AM | Harshana Until 12:59AM Fri | Muruqa: Yellow | <i>Sunset:</i> 6:27PM | Moon 3 - Phase 1 |
| | | 263483468 Rahu 1:25PM – 3:06PM | Visti Until 7:30PM | Nataraja: Purple | | Purnima |
| Routine Work | Marana Yoga | | Chaturdashi* Until 8:53AM | Moon – Green | | Sivaloka Day |
| Until 10:51AM | | Chitra Purnima (Tamil Nadu) | | Chaitra*Chaitra | | |
| Then Creative Work - Siddha Yoga | | Hanuman Jayanti | | | | |

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| Friday, April 19, 2019 | | Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau | | | | Buffalo, NY Sutra 5 Vikarin 5121 |
| Silver Retreat Star | | Gulika 6:41AM – 8:22AM | Chitra Until 8:56AM | Ganesha: Yellow | <i>Sunrise:</i> 4:59AM | |
| Tula Rasi: 4.53 | Tithi 15 – 16 | Yama 3:06PM – 4:47PM | Vajra* Until 9:51PM | Muruqa: Yellow | <i>Sunset:</i> 6:28PM | Moon 3 - Phase 1 |
| | | 263483468 Rahu 10:03AM – 11:44AM | Kaulava Until 3:49AM Sat | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 6:09AM | Moon – Green | | Sivaloka Day |
| | | | | Chaitra*Chaitra | | |