



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 6

Durmukha 5118

Tula Rasi: 24.33

Tithi 17

271621369

Gulika

5:21AM - 7:03AM

Vishakha Until 11:35PM

Ganesh: Purple

Sunrise: 5:21AM

Moon 4 - Phase 2

1st Phase

Yama

1:49PM - 3:31PM

Vyatipata* Until 4:53AM Sun

Muruga: White

Sunset: 6:54PM

Nataraja: Clear

Moon - Orange

Bhuloka Day

Devaloka Time: 6:PM to 9:PM

Creative Work

Siddha Yoga

Chaitra*Chaitra

1 Sunday, April 24, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Varyan Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1

Sutra 7

Durmukha 5118

Vrischika Rasi: 6.32

Tithi 18

271621369

Gulika

3:31PM - 5:13PM

Anuradha Until 2:08AM Mon

Ganesh: Purple

Sunrise: 5:20AM

Moon 4 - Phase 2

1st Phase

Yama

12:07PM - 1:49PM

Variyan Until 5:23AM Mon

Muruga: White

Sunset: 6:55PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Routine Work

Marana Yoga

Chaitra*Chaitra

Until 2:08AM Mon

Then Creative Work - Siddha Yoga

2 Monday, April 25, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Parigha* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2

Sutra 8

Durmukha 5118

Vrischika Rasi: 18.37

Tithi 19

271621369

Gulika

1:49PM - 3:31PM

Jyeshtha* Until 4:12AM Tue

Ganesh: Purple

Sunrise: 5:19AM

Moon 4 - Phase 2

1st Phase

Yama

10:25AM - 12:07PM

Parigha* Until 5:39AM Tue

Muruga: White

Sunset: 6:56PM

Nataraja: Purple

Moon - Orange

Bhuloka Day

Family Home Evening

Until 4:12AM Tue

Then Creative Work - Amrita Yoga

Chaitra*Chaitra

3 Tuesday, April 26, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Shiva Yoga Kaulava Karana Panchamyam Titau

St. Helena, CA

Sun 3

Sutra 9

Durmukha 5118

Dhanus Rasi: 0.49

Tithi 20

281621369

Gulika

12:07PM - 1:49PM

Mula* Until 6:13AM Wed

Ganesh: Clear

Sunrise: 5:17AM

Moon 4 - Phase 2

1st Phase

Yama

8:42AM - 10:25AM

Shiva Until 5:38AM Wed

Muruga: White

Sunset: 6:57PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Creative Work

Amrita Yoga

Chaitra*Chaitra

Devaloka Time: 6:AM to 9:AM

4 Wednesday, April 27, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4

Sutra 10

Durmukha 5118

Dhanus Rasi: 13.13

Tithi 20 - 21

281621369

Gulika

10:24AM - 12:07PM

Mula* Until 6:13AM

Ganesh: Clear

Sunrise: 5:16AM

Moon 4 - Phase 2

1st Phase

Yama

6:59AM - 8:42AM

Siddha Until 5:11AM Thu

Muruga: White

Sunset: 6:58PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work

Marana Yoga

Chaitra*Chaitra

Devaloka Time: 6:AM to 9:AM

Until 6:13AM

Then Creative Work - Amrita Yoga

5 Thursday, April 28, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5

Sutra 11

Durmukha 5118

Dhanus Rasi: 25.49

Tithi 21 - 22

281621369

Gulika

8:41AM - 10:24AM

Purvashadha* Until 7:34AM

Ganesh: Clear

Sunrise: 5:15AM

Moon 4 - Phase 2

1st Phase

Yama

5:15AM - 6:58AM

Sadhya Until 4:18AM Fri

Muruga: White

Sunset: 6:59PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Creative Work

Siddha Yoga

Chaitra*Chaitra

Devaloka Time: 6:AM to 9:AM

Until 7:34AM

Then Routine Work - Marana Yoga

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6

Sutra 12

Durmukha 5118

Makara Rasi: 8.43

Tithi 22 - 23

281621369

Gulika

6:57AM - 8:40AM

Uttarashadha Until 8:12AM

Ganesh: Clear

Sunrise: 5:14AM

Moon 4 - Phase 2

Ashtami

Yama

3:33PM - 5:16PM

Subha Until 2:55AM Sat

Muruga: White

Sunset: 6:59PM

Nataraja: Purple

Moon - Light Blue

Bhuloka Day

Routine Work

Marana Yoga

Chaitra*Chaitra

Devaloka Time: 6:AM to 9:AM

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7

Sutra 13

Durmukha 5118

Makara Rasi: 21.56

Tithi 23 - 24

291621369

Gulika

5:13AM - 6:56AM

Shravana Until 8:29AM

Ganesh: White

Sunrise: 5:13AM

Moon 4 - Phase 2

Navami

Yama

1:50PM - 3:33PM

Sukla Until 12:56AM Sun

Muruga: White

Sunset: 7:00PM

Nataraja: Purple

Moon - Purple

Bhuloka Day

Creative Work

Siddha Yoga

Chaitra*Chaitra

Ashtami* Until 7:13AM

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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|----------------------------------|--|--|--------------------------------|---|-----------------------------|-------------------|
| 1 Sunday, May 1, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Kumbha Rasi: 5.34 Tihti 25 | | Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Vanija/Visli* Karana Dashamyam Titau | | | | Sun 8 Sutra 14 |
| Routine Work Marana Yoga | | Gulika 3:34PM – 5:18PM | Dhanishtha Until 7:54AM | Ganesha: Yellow <i>Sunrise:</i> 5:11AM | Durmukha 5118 | |
| Until 7:54AM | | Yama 12:06PM – 1:50PM | Brahma Until 10:24PM | Muruga: White <i>Sunset:</i> 7:01PM | Moon 4 - Phase 3 | |
| Then Creative Work - Siddha Yoga | | 292621369 Rahu 5:18PM – 7:01PM | Vanija Until 5:05PM | Nataraja: Purple | 2nd Phase | |
| | | Dashami Until 4:01AM Mon | | Moon – Purple | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |

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|---------------------------------|--|---|----------------------------------|---|-----------------------------|-------------------|
| 2 Monday, May 2, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Kumbha Rasi: 19.36 Tihti 26 | | Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 15 |
| Family Home Evening | | Gulika 1:50PM – 3:34PM | Shatabhishak Until 6:30AM | Ganesha: Yellow <i>Sunrise:</i> 5:10AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 10:22AM – 12:06PM | Indra Until 7:22PM | Muruga: White <i>Sunset:</i> 7:02PM | Moon 4 - Phase 3 | |
| Until 6:30AM | | 292621369 Rahu 6:54AM – 8:38AM | Bava Until 2:49PM | Nataraja: Purple | 2nd Phase | |
| Then Routine Work - Marana Yoga | | Ekadashi* Until 1:27AM Tue | | Moon – Purple | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |

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| 3 Tuesday, May 3, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Meena Rasi: 4.04 Tihti 27 | | Uttaraproshtapada Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 10 Sutra 16 |
| Creative Work Amrita Yoga | | Gulika 12:06PM – 1:50PM | Uttaraproshtapada Until 2:25AM Wed | Ganesha: Yellow <i>Sunrise:</i> 5:09AM | Durmukha 5118 | |
| Until 2:25AM Wed | | Yama 8:38AM – 10:22AM | Vaidhrili* Until 3:50PM | Muruga: White <i>Sunset:</i> 7:03PM | Moon 4 - Phase 3 | |
| Then Routine Work - Marana Yoga | | 212621369 Rahu 3:35PM – 5:19PM | Kaulava Until 11:59AM | Nataraja: Purple | 2nd Phase | |
| | | Dvadashi* Until 10:22PM | | Moon – Clear | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |

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| 4 Wednesday, May 4, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Meena Rasi: 18.53 Tihti 28 | | Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 17 |
| Routine Work Marana Yoga | | Gulika 10:22AM – 12:06PM | Revati Until 11:34PM | Ganesha: Yellow <i>Sunrise:</i> 5:08AM | Durmukha 5118 | |
| Until 2:25AM Wed | | Yama 6:53AM – 8:37AM | Vishkambha* Until 11:59AM | Muruga: White <i>Sunset:</i> 7:04PM | Moon 4 - Phase 3 | |
| Then Routine Work - Marana Yoga | | 212621369 Rahu 12:06PM – 1:51PM | Gara Until 8:41AM | Nataraja: Purple | 2nd Phase | |
| | | Trayodashi* Until 6:54PM | | Moon – Clear | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |
| | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 Thursday, May 5, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Mesha Rasi: 3.58 Tihti 29 – 30 | | Ashvini Nakshatra Pritil/Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | | | Sun 12 Sutra 18 |
| Creative Work Amrita Yoga | | Gulika 8:36AM – 10:21AM | Ashvini Until 8:48PM | Ganesha: Red <i>Sunrise:</i> 5:07AM | Durmukha 5118 | |
| Until 8:48PM | | Yama 5:07AM – 6:52AM | Priti Until 7:54AM | Muruga: White <i>Sunset:</i> 7:05PM | Moon 4 - Phase 3 | |
| Then Creative Work - Siddha Yoga | | 222621369 Rahu 1:51PM – 3:36PM | Catuspada Until 1:21AM Fri | Nataraja: Purple | 2nd Phase | |
| | | Chaturdashi* Until 3:13PM | | Moon – White | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |

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| Friday, May 6, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Bharani/Krittika Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 13 Sutra 19 |
| Mesha Rasi: 19.09 Tihti 30 – 1 | | Gulika 6:51AM – 8:36AM | Bharani Until 5:52PM | Ganesha: Red <i>Sunrise:</i> 5:06AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 3:36PM – 5:21PM | Saubhagya Until 11:31PM | Muruga: White <i>Sunset:</i> 7:06PM | Moon 4 - Phase 3 | |
| | | 222621369 Rahu 10:21AM – 12:06PM | Kintughna Until 9:37PM | Nataraja: Purple | Amavasya | |
| | | Amavasya* Until 11:27AM | | Moon – White | Bhuloka Day | |
| | | | | Chaitra•Chaitra | Devaloka Time: 9:AM to12:PM | |

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| Saturday, May 7, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | | Sun 14 Sutra 20 |
| Vrishabha Rasi: 4.18 Tihti 1 – 2 | | Gulika 5:05AM – 6:50AM | Krittika Until 2:57PM | Ganesha: Red <i>Sunrise:</i> 5:05AM | Durmukha 5118 | |
| Creative Work Amrita Yoga | | Yama 1:51PM – 3:36PM | Sobhana Until 7:32PM | Muruga: White <i>Sunset:</i> 7:07PM | Moon 4 - Phase 3 | |
| | | 222621369 Rahu 8:35AM – 10:21AM | Balava Until 6:04PM | Nataraja: Purple | Prathama | |
| | | Prathama* Until 7:47AM | | Moon – White | Bhuloka Day | |
| | | | | Vaisaka•Chaitra | Devaloka Time: 9:AM to12:PM | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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| 1 Sunday, May 8, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Rohini/Mrigashira Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau | | Sun 15 Sutra 21 | | Durmukha 5118 | | |
| Gulika 3:37PM – 5:22PM | | Rohini Until 12:38PM | | Ganesha: Yellow Sunrise: 5:04AM | | |
| Yama 12:06PM – 1:51PM | | Athiganda* Until 3:49PM | | Muruga: White Sunset: 7:08PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 5:22PM – 7:08PM | | Taitila Until 2:52PM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Siddha Yoga | | Tritiya Until 1:26AM Mon | | Moon – Yellow | | Bhuloka Day |
| Mother's Day | | | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |

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|--|--|---|--|---------------------------------|--|-----------------------------|
| 2 Monday, May 9, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Chaturthayam Titau | | Sun 16 Sutra 22 | | Durmukha 5118 | | |
| Gulika 1:52PM – 3:37PM | | Mrigashira Until 10:41AM | | Ganesha: Yellow Sunrise: 5:03AM | | |
| Yama 10:20AM – 12:06PM | | Sukarma Until 12:33PM | | Muruga: White Sunset: 7:09PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 6:49AM – 8:34AM | | Vanija Until 12:11PM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Amrita Yoga | | Chaturthi* Until 11:04PM | | Moon – Yellow | | Bhuloka Day |
| Until 10:41AM | | | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 3 Tuesday, May 10, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Ardra/Punarvasu Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau | | Sun 17 Sutra 23 | | Durmukha 5118 | | |
| Gulika 12:06PM – 1:52PM | | Ardra Until 9:15AM | | Ganesha: Yellow Sunrise: 5:02AM | | |
| Yama 8:34AM – 10:20AM | | Dhriti Until 9:51AM | | Muruga: White Sunset: 7:10PM | | Moon 4 - Phase 4 |
| 232621369 Rahu 3:38PM – 5:24PM | | Bava Until 10:10AM | | Nataraja: Purple | | 3rd Phase |
| Routine Work Marana Yoga | | Panchami Until 9:26PM | | Moon – Yellow | | Bhuloka Day |
| Until 9:15AM | | | | Vaisaka-Chaitra | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Wednesday, May 11, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthayam Titau | | Sun 18 Sutra 24 | | Durmukha 5118 | | |
| Gulika 10:19AM – 12:06PM | | Punarvasu Until 8:54AM | | Ganesha: White Sunrise: 5:01AM | | |
| Yama 6:47AM – 8:33AM | | Shula* Until 7:46AM | | Muruga: White Sunset: 7:11PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 12:06PM – 1:52PM | | Kaulava Until 8:56AM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Siddha Yoga | | Shashthi* Until 8:37PM | | Moon – Blue | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |

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|--|--|---|--|--------------------------------|--|---------------------|
| 5 Thursday, May 12, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Pushya/Ashlesha* Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Saptamyam Titau | | Sun 19 Sutra 25 | | Durmukha 5118 | | |
| Gulika 8:33AM – 10:19AM | | Pushya Until 9:14AM | | Ganesha: White Sunrise: 5:00AM | | |
| Yama 5:00AM – 6:46AM | | Ganda* Until 6:23AM | | Muruga: White Sunset: 7:11PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 1:52PM – 3:39PM | | Gara Until 8:34AM | | Nataraja: Purple | | 3rd Phase |
| Creative Work Amrita Yoga | | Saptami Until 8:41PM | | Moon – Blue | | Devaloka Day |
| Until 9:14AM | | | | Vaisaka-Chaitra | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Friday, May 13, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Ashlesha*/Magha* Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau | | Sun 20 Sutra 26 | | Durmukha 5118 | | |
| Gulika 6:46AM – 8:32AM | | Ashlesha* Until 10:15AM | | Ganesha: White Sunrise: 4:59AM | | |
| Yama 3:39PM – 5:26PM | | Dhruva Until 5:36AM Sat | | Muruga: White Sunset: 7:12PM | | Moon 4 - Phase 4 |
| 242621369 Rahu 10:19AM – 12:06PM | | Visti Until 9:04AM | | Nataraja: Purple | | Ashtami |
| Routine Work Marana Yoga | | Ashtami* Until 9:36PM | | Moon – Blue | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |

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| Saturday, May 14, 2016 | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau | | Sun 21 Sutra 27 | | Durmukha 5118 | | |
| Gulika 4:58AM – 6:45AM | | Magha* Until 12:22PM | | Ganesha: Clear Sunrise: 4:58AM | | |
| Yama 1:53PM – 3:39PM | | Vyaghata* Until 6:03AM Sun | | Muruga: White Sunset: 7:13PM | | Moon 4 - Phase 4 |
| 252621369 Rahu 8:32AM – 10:19AM | | Balava Until 10:21AM | | Nataraja: Purple | | Navami |
| Creative Work Amrita Yoga | | Navami* Until 11:13PM | | Moon – Red | | Bhuloka Day |
| Until 12:22PM | | | | Vaisaka-Vaikasi | | Devaloka Time: 9:AM to12:PM |
| Then Creative Work - Siddha Yoga | | | | | | |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time

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1

Sunday, May 15, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata/Harshana Yoga Tailila/Gara Karana Dashamyam Titau

St. Helena, CA

Simha Rasi: 22.13 Tihi 10

Gulika 3:40PM – 5:27PM
Yama 12:06PM – 1:53PM
Rahu 5:27PM – 7:14PMPurvaphalguni Until 2:54PM
Vyaghata* Until 6:03AM
Tailila Until 12:16PMGanesha: Purple Sunrise: 4:57AM
Muruga: White Sunset: 7:14PM
Nataraja: PurpleSun 22 Sutra 28
Durmukha 5118
Moon 4 - Phase 5
4th PhaseCreative Work Siddha Yoga
Until 2:54PM

Dashami Until 1:22AM Mon

Moon – Red
Vaisaka-Vaikasi

Bhuloka Day

Then Creative Work - Amrita Yoga

2

Monday, May 16, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadashyam Titau

St. Helena, CA

Kanya Rasi: 4.09 Tihi 11

Gulika 1:53PM – 3:40PM
Yama 10:18AM – 12:06PM
Rahu 6:44AM – 8:31AMUttaraphalguni Until 5:40PM
Harshana Until 6:52AM
Vanija Until 2:36PMGanesha: Purple Sunrise: 4:56AM
Muruga: White Sunset: 7:15PM
Nataraja: PurpleSun 23 Sutra 29
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Ekadashi Until 3:51AM Tue

Moon – Red
Vaisaka-Vaikasi

Bhuloka Day

Then Creative Work - Amrita Yoga

3

Tuesday, May 17, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvadashyam Titau

St. Helena, CA

Kanya Rasi: 15.59 Tihi 12

Gulika 12:06PM – 1:53PM
Yama 8:31AM – 10:18AM
Rahu 3:41PM – 5:28PMHasta Until 8:56PM
Vajra* Until 7:52AM
Bava Until 5:10PMGanesha: Clear Sunrise: 4:56AM
Muruga: White Sunset: 7:16PM
Nataraja: PurpleSun 24 Sutra 30
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Dvadashi Until 6:26AM Wed

Moon – Green
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Then Creative Work - Amrita Yoga

4

Wednesday, May 18, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau

St. Helena, CA

Kanya Rasi: 27.46 Tihi 12 – 13

Gulika 10:18AM – 12:06PM
Yama 6:43AM – 8:30AM
Rahu 12:06PM – 1:54PMChitra Until 12:02AM Thu
Siddhi Until 8:57AM
Kaulava Until 7:44PMGanesha: Purple Sunrise: 4:55AM
Muruga: White Sunset: 7:17PM
Nataraja: PurpleSun 25 Sutra 31
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Siddha Yoga

Dvadashi Until 6:26AM

Moon – Green
Vaisaka-Vaikasi

Devaloka Day

Then Creative Work - Amrita Yoga

Pradosha Vrata

5

Thursday, May 19, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau

St. Helena, CA

Tula Rasi: 10 Tihi 13 – 14

Gulika 8:30AM – 10:18AM
Yama 4:54AM – 6:42AM
Rahu 1:54PM – 3:42PMSvati Until 2:49AM Fri
Vyatipata* Until 9:59AM
Gara Until 10:09PMGanesha: Purple Sunrise: 4:54AM
Muruga: White Sunset: 7:18PM
Nataraja: PurpleSun 26 Sutra 32
Durmukha 5118
Moon 4 - Phase 5
4th Phase

Creative Work Amrita Yoga

Trayodashi Until 8:57AM

Moon – Green
Vaisaka-Vaikasi

Devaloka Day

Then Creative Work - Siddha Yoga

O

Friday, May 20, 2016

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau

St. Helena, CA

Tula Rasi: 21.29 Tihi 14 – 15

Gulika 6:42AM – 8:30AM
Yama 3:42PM – 5:30PM
Rahu 10:18AM – 12:06PMVishakha Until 5:40AM Sat
Variyan Until 10:50AM
Visti Until 12:20AM SatGanesha: Clear Sunrise: 4:53AM
Muruga: White Sunset: 7:18PM
Nataraja: PurpleSun 27 Sutra 33
Durmukha 5118
Moon 4 - Phase 5
Purnima

Creative Work Siddha Yoga

Vaikasi Visakam

Chaturdashi* Until 11:15AM

Moon – Orange
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Creative Work - Siddha Yoga

Saturday, May 21, 2016

Silver Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau

St. Helena, CA

Vrischika Rasi: 3.29 Tihi 15 – 16

Gulika 4:53AM – 6:41AM
Yama 1:54PM – 3:43PM
Rahu 8:29AM – 10:18AMAnuradha Until 8:03AM Sun
Parigha* Until 11:28AM
Balava Until 2:11AM SunGanesha: Clear Sunrise: 4:53AM
Muruga: White Sunset: 7:19PM
Nataraja: PurpleSun 28 Sutra 34
Durmukha 5118
Moon 4 - Phase 5
Prathama

Creative Work Siddha Yoga

Purnima* Until 1:17PM

Moon – Orange
Vaisaka-Vaikasi

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Then Routine Work - Marana Yoga

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, May 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam

St. Helena, CA

Vrischika Rasi: 15.37 Tihti 16 – 17

273721369

Gulika 3:43PM – 5:32PM
Yama 12:06PM – 1:55PM
Rahu 5:32PM – 7:20PM

Anuradha Until 8:03AM
 Shiva Until 11:53AM
 Tailila Until 3:42AM Mon
Prathama* Until 2:58PM

Ganesha: Clear *Sunrise: 4:52AM*
Muruga: White *Sunset: 7:20PM*
Nataraja: Purple
 Moon – Orange
Vaisaka-Vaikasi

Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Routine Work Marana Yoga

Bhuloka Day
 Devaloka Time: 9:AM to12:PM

1

Monday, May 23, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Vrischika Rasi: 27.53 Tihti 17 – 18

273721369

Gulika 1:55PM – 3:43PM
Yama 10:17AM – 12:06PM
Rahu 6:40AM – 8:29AM

Jyeshtha* Until 9:56AM
 Siddha Until 11:59AM
 Vanija Until 4:52AM Tue
Dvitiya Until 4:19PM

Ganesha: Clear *Sunrise: 4:51AM*
Muruga: White *Sunset: 7:21PM*
Nataraja: Purple
 Moon – Orange
Vaisaka-Vaikasi

Sun 1 Sutra 36
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Family Home Evening
 Creative Work Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to12:PM

2

Tuesday, May 24, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Dhanus Rasi: 10.17 Tihti 18 – 19

283721369

Gulika 12:06PM – 1:55PM
Yama 8:28AM – 10:17AM
Rahu 3:44PM – 5:33PM

Mula* Until 11:48AM
 Sadhya Until 11:50AM
 Bava Until 5:39AM Wed
Tritiya Until 5:17PM

Ganesha: White *Sunrise: 4:51AM*
Muruga: White *Sunset: 7:22PM*
Nataraja: Purple
 Moon – Light Blue
Vaisaka-Vaikasi

Sun 2 Sutra 37
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Creative Work Amrita Yoga

Until 11:48AM

Then Creative Work - Siddha Yoga

Devaloka Day

3

Wednesday, May 25, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Dhanus Rasi: 22.53 Tihti 19 – 20

383721369

Gulika 10:17AM – 12:06PM
Yama 6:39AM – 8:28AM
Rahu 12:06PM – 1:55PM

Purvashadha* Until 1:08PM
 Subha Until 11:24AM
 Kaulava Until 6:02AM Thu
Chaturthi* Until 5:52PM

Ganesha: Clear *Sunrise: 4:50AM*
Muruga: White *Sunset: 7:22PM*
Nataraja: Purple
 Moon – Light Blue
Vaisaka-Vaikasi

Sun 3 Sutra 38
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Creative Work Amrita Yoga

Bhuloka Day
 Devaloka Time: 9:AM to12:PM

4

Thursday, May 26, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Panchamyam Titau

St. Helena, CA

Makara Rasi: 5.4 Tihti 20

383721369

Gulika 8:28AM – 10:17AM
Yama 4:50AM – 6:39AM
Rahu 1:56PM – 3:45PM

Uttarashadha Until 1:54PM
 Sukla Until 10:37AM
 Kaulava Until 6:02AM
Panchami Until 6:02PM

Ganesha: Clear *Sunrise: 4:50AM*
Muruga: White *Sunset: 7:23PM*
Nataraja: Purple
 Moon – Light Blue
Vaisaka-Vaikasi

Sun 4 Sutra 39
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Routine Work Marana Yoga

Until 1:54PM

Then Creative Work - Siddha Yoga

Bhuloka Day
 Devaloka Time: 9:AM to12:PM

5

Friday, May 27, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Makara Rasi: 18.39 Tihti 21 – 22

393731369

Gulika 6:38AM – 8:28AM
Yama 3:45PM – 5:35PM
Rahu 10:17AM – 12:07PM

Shravana Until 2:31PM
 Brahma Until 9:29AM
 Visti Until 5:24AM Sat
Shashthi* Until 5:43PM

Ganesha: White *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:24PM*
Nataraja: Purple
 Moon – Purple
Vaisaka-Vaikasi

Sun 5 Sutra 40
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Routine Work Marana Yoga

Until 2:31PM

Then Creative Work - Siddha Yoga

Sivaloka Day

6

Saturday, May 28, 2016

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Kumbha Rasi: 1.54 Tihti 22 – 23

393731369

Gulika 4:49AM – 6:38AM
Yama 1:56PM – 3:46PM
Rahu 8:28AM – 10:17AM

Dhanishtha Until 2:29PM
 Indra Until 7:57AM
 Balava Until 4:18AM Sun
Saptami Until 4:54PM

Ganesha: White *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:25PM*
Nataraja: Purple
 Moon – Purple
Vaisaka-Vaikasi

Sun 6 Sutra 41
 Durmukha 5118
 Moon 5 - Phase 6
 1st Phase

Creative Work Siddha Yoga

Until 2:29PM

Then Creative Work - Amrita Yoga

Sivaloka Day

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Sunday, May 29, 2016

Retreat Star

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

St. Helena, CA

Kumbha Rasi: 15.27 Tihti 23 – 24

394731369

Gulika 3:46PM – 5:36PM
Yama 12:07PM – 1:56PM
Rahu 5:36PM – 7:25PM

Shatabhishak Until 1:45PM
 Vishkambha* Until 3:34AM Mon
 Tailila Until 2:38AM Mon
Ashtami* Until 3:31PM

Ganesha: Yellow *Sunrise: 4:48AM*
Muruga: Clear *Sunset: 7:25PM*
Nataraja: Purple
 Moon – Purple
Vaisaka-Vaikasi

Sun 7 Sutra 42
 Durmukha 5118
 Moon 5 - Phase 6
 Ashtami

Creative Work Siddha Yoga

Devaloka Day

Monday, May 30, 2016

Retreat Star

Durmukha Nama Samvatsare Utlarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

St. Helena, CA

Kumbha Rasi: 29.2 Tihti 24 – 25

314731369

Gulika 1:57PM – 3:46PM
Yama 10:17AM – 12:07PM
Rahu 6:38AM – 8:27AM

Purvaproshtapada* Until 12:47PM
 Priti Until 12:44AM Tue
 Vanija Until 12:27AM Tue
Navami* Until 1:36PM

Ganesha: Clear *Sunrise: 4:48AM*
Muruga: Clear *Sunset: 7:26PM*
Nataraja: Purple
 Moon – Clear
Vaisaka-Vaikasi

Sun 8 Sutra 43
 Durmukha 5118
 Moon 5 - Phase 6
 Navami

Routine Work Marana Yoga

Until 12:47PM

Then Creative Work - Siddha Yoga

Devaloka Day

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time


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|----------------------------------|---------------|------------------------------|-------------------------|--|-------------------------|---|---------------------|----------------------------------|--|
| 1 | | Tuesday, May 31, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | St. Helena, CA Sun 9 Sutra 44 | |
| Meena Rasi: 13.34 | Tithi 25 – 26 | Gulika | 12:07PM – 1:57PM | Uttaraproshtapada Until 11:09AM | Ganesh: Clear | <i>Sunrise: 4:47AM</i> | Durmukha 5118 | | |
| | | Yama | 8:27AM – 10:17AM | Ayushman Until 9:29PM | Muruga: Clear | <i>Sunset: 7:27PM</i> | Moon 5 - Phase 7 | | |
| | | 314731369 Rahu | 3:47PM – 5:37PM | Bava Until 9:48PM | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | | Dashami Until 11:10AM | Moon – Clear | | Devaloka Day | | |
| Until 11:09AM | | | | | Vaisaka-Vaikasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Wednesday, June 1, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | St. Helena, CA Sun 10 Sutra 45 | |
| Meena Rasi: 28.06 | Tithi 26 – 27 | Gulika | 10:17AM – 12:07PM | Revati Until 8:57AM | Ganesh: Clear | <i>Sunrise: 4:47AM</i> | Durmukha 5118 | | |
| | | Yama | 6:37AM – 8:27AM | Saubhagya Until 5:55PM | Muruga: Clear | <i>Sunset: 7:27PM</i> | Moon 5 - Phase 7 | | |
| | | 314731369 Rahu | 12:07PM – 1:57PM | Kaulava Until 6:45PM | Nataraja: Purple | | 2nd Phase | | |
| Routine Work | Marana Yoga | | | Ekadashi* Until 8:18AM | Moon – Clear | | Devaloka Day | | |
| | | | | | Vaisaka-Vaikasi | | | | |

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| 3 | | Thursday, June 2, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau | | St. Helena, CA Sun 11 Sutra 46 | |
| Mesha Rasi: 12.53 | Tithi 28 | Gulika | 8:27AM – 10:17AM | Ashvini Until 6:42AM | Ganesh: White | <i>Sunrise: 4:47AM</i> | Durmukha 5118 | | |
| | | Yama | 4:47AM – 6:37AM | Sobhana Until 2:10PM | Muruga: Clear | <i>Sunset: 7:28PM</i> | Moon 5 - Phase 7 | | |
| | | 324731369 Rahu | 1:58PM – 3:48PM | Gara Until 3:27PM | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | | Trayodashi* Until 1:44AM Fri | Moon – White | | Bhuloka Day | | |
| Until 6:42AM | | | | <i>Pradosha Vrata (Fasting)</i> | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Friday, June 3, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | St. Helena, CA Sun 12 Sutra 47 | |
| Mesha Rasi: 27.49 | Tithi 29 | Gulika | 6:37AM – 8:27AM | Krittika Until 1:24AM Sat | Ganesh: White | <i>Sunrise: 4:46AM</i> | Durmukha 5118 | | |
| | | Yama | 3:48PM – 5:38PM | Athiganda* Until 10:16AM | Muruga: Clear | <i>Sunset: 7:29PM</i> | Moon 5 - Phase 7 | | |
| | | 324731369 Rahu | 10:17AM – 12:08PM | Visti Until 12:02PM | Nataraja: Purple | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | | Chaturdashi* Until 10:18PM | Moon – White | | Bhuloka Day | | |
| Until 1:24AM Sat | | | | | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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|  | | Saturday, June 4, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | St. Helena, CA Sun 13 Sutra 48 | |
| Retreat Star | | Gulika | 4:46AM – 6:36AM | Rohini Until 11:04PM | Ganesh: Green | <i>Sunrise: 4:46AM</i> | Durmukha 5118 | | |
| Vrishabha Rasi: 12.46 | Tithi 30 | Yama | 1:58PM – 3:49PM | Sukarma Until 6:24AM | Muruga: Clear | <i>Sunset: 7:29PM</i> | Moon 5 - Phase 7 | | |
| | | 334731361 Rahu | 8:27AM – 10:17AM | Catuspada Until 8:38AM | Nataraja: White | | Amavasya | | |
| Creative Work | Amrita Yoga | | | Amavasya* Until 7:00PM | Moon – Yellow | | Bhuloka Day | | |
| Until 11:04PM | | | | | Vaisaka-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Retreat Star | | Sunday, June 5, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | St. Helena, CA Sun 14 Sutra 49 | |
| Vrishabha Rasi: 27.34 | Tithi 1 – 2 | Gulika | 3:49PM – 5:39PM | Mrigashira Until 8:56PM | Ganesh: Green | <i>Sunrise: 4:46AM</i> | Durmukha 5118 | | |
| | | Yama | 12:08PM – 1:58PM | Shula* Until 11:14PM | Muruga: Clear | <i>Sunset: 7:30PM</i> | Moon 5 - Phase 7 | | |
| | | 334731361 Rahu | 5:39PM – 7:30PM | Balava Until 2:37AM Mon | Nataraja: White | | Prathama | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 3:58PM | Moon – Yellow | | Bhuloka Day | | |
| | | | | | Jyeshtha-Vaikasi | | Devaloka Time: 12:PM to 3:PM | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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|----------------------------------|--|-----------------------------|--|---|--------------------------|---|-------------------------------------|------------------------|------------------|
| 1 | | Monday, June 6, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 12.06 | | Tithi 2 – 3 | | Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau | | Sun 15 | | Sutra 50 | |
| Family Home Evening | | 334731361 | | Gulika | 1:59PM – 3:49PM | Ardra Until 7:08PM | Ganesha: Green | Sunrise: 4:46AM | Durmukha 5118 |
| Creative Work | | Siddha Yoga | | Yama | 10:17AM – 12:08PM | Ganda* Until 8:13PM | Muruga: Clear | Sunset: 7:30PM | Moon 5 - Phase 8 |
| Until 7:08PM | | | | Rahu | 6:36AM – 8:27AM | Taitila Until 12:19AM Tue | Nataraja: White | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | | | Dvitiya Until 1:22PM | Moon – Yellow | Bhuloka Day | |
| | | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | | |

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| 2 | | Tuesday, June 7, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 26.16 | | Tithi 3 – 4 | | Punarvasu Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | Sun 16 | | Sutra 51 | |
| Family Home Evening | | 344731361 | | Gulika | 12:08PM – 1:59PM | Punarvasu Until 6:16PM | Ganesha: White | Sunrise: 4:45AM | Durmukha 5118 |
| Creative Work | | Siddha Yoga | | Yama | 8:27AM – 10:18AM | Vriddhi Until 5:45PM | Muruga: Clear | Sunset: 7:31PM | Moon 5 - Phase 8 |
| Until 7:08PM | | | | Rahu | 3:50PM – 5:40PM | Vanija Until 10:41PM | Nataraja: White | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | | | Tritiya Until 11:23AM | Moon – Blue | Bhuloka Day | |
| | | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | | |

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| 3 | | Wednesday, June 8, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 9.58 | | Tithi 4 – 5 | | Pushya Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Sun 17 | | Sutra 52 | |
| Family Home Evening | | 344731361 | | Gulika | 10:18AM – 12:08PM | Pushya Until 6:01PM | Ganesha: White | Sunrise: 4:45AM | Durmukha 5118 |
| Creative Work | | Siddha Yoga | | Yama | 6:36AM – 8:27AM | Dhruva Until 3:52PM | Muruga: Clear | Sunset: 7:32PM | Moon 5 - Phase 8 |
| Until 7:08PM | | | | Rahu | 12:08PM – 1:59PM | Bava Until 9:50PM | Nataraja: White | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | | | Chaturthi* Until 10:08AM | Moon – Blue | Bhuloka Day | |
| | | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | | |

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| 4 | | Thursday, June 9, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 23.13 | | Tithi 5 – 6 | | Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau | | Sun 18 | | Sutra 53 | |
| Family Home Evening | | 344731361 | | Gulika | 8:27AM – 10:18AM | Ashlesha* Until 6:27PM | Ganesha: White | Sunrise: 4:45AM | Durmukha 5118 |
| Creative Work | | Siddha Yoga | | Yama | 4:45AM – 6:36AM | Vyaghata* Until 2:41PM | Muruga: Clear | Sunset: 7:32PM | Moon 5 - Phase 8 |
| Until 6:27PM | | | | Rahu | 1:59PM – 3:50PM | Kaulava Until 9:51PM | Nataraja: White | 3rd Phase | |
| Then Creative Work - Amrita Yoga | | | | | | Panchami Until 9:43AM | Moon – Blue | Bhuloka Day | |
| | | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | | |

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|----------------------------------|--|------------------------------|--|--|--------------------------|--|------------------------|------------------------|------------------|
| 5 | | Friday, June 10, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 6.01 | | Tithi 6 – 7 | | Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | Sun 19 | | Sutra 54 | |
| Family Home Evening | | 355731361 | | Gulika | 6:36AM – 8:27AM | Magha* Until 8:01PM | Ganesha: Purple | Sunrise: 4:45AM | Durmukha 5118 |
| Routine Work | | Marana Yoga | | Yama | 3:51PM – 5:42PM | Harshana Until 2:11PM | Muruga: Clear | Sunset: 7:33PM | Moon 5 - Phase 8 |
| Until 8:01PM | | | | Rahu | 10:18AM – 12:09PM | Gara Until 10:41PM | Nataraja: White | 3rd Phase | |
| Then Creative Work - Siddha Yoga | | | | | | Shashthi* Until 10:09AM | Moon – Red | Sivaloka Day | |
| | | | | | | Jyeshtha-Vaikasi | | | |

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|---------------------------------|--|--------------------------------|--|---|-------------------------|--|------------------------|------------------------|------------------|
| Retreat Star | | Saturday, June 11, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 18.28 | | Tithi 7 – 8 | | Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Sun 20 | | Sutra 55 | |
| Family Home Evening | | 355831361 | | Gulika | 4:45AM – 6:36AM | Purvaphalguni Until 10:09PM | Ganesha: Clear | Sunrise: 4:45AM | Durmukha 5118 |
| Creative Work | | Siddha Yoga | | Yama | 2:00PM – 3:51PM | Vajra* Until 2:16PM | Muruga: Clear | Sunset: 7:33PM | Moon 5 - Phase 8 |
| Until 10:09PM | | | | Rahu | 8:27AM – 10:18AM | Visti Until 12:16AM Sun | Nataraja: White | Ashtami | |
| Then Routine Work - Marana Yoga | | | | | | Saptami Until 11:22AM | Moon – Red | Devaloka Day | |
| | | | | | | Jyeshtha-Vaikasi | | | |

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|----------------------------------|--|------------------------------|--|--|-------------------------|--|------------------------|------------------------|------------------|
| Retreat Star | | Sunday, June 12, 2016 | | | | Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 1 | | Tithi 8 – 9 | | Uttaraphalguni Nakshatra Siddhi/Vyatlipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 21 | | Sutra 56 | |
| Family Home Evening | | 355831361 | | Gulika | 3:51PM – 5:42PM | Uttaraphalguni Until 12:39AM Mon | Ganesha: Clear | Sunrise: 4:45AM | Durmukha 5118 |
| Creative Work | | Amrita Yoga | | Yama | 12:09PM – 2:00PM | Siddhi Until 2:50PM | Muruga: Clear | Sunset: 7:33PM | Moon 5 - Phase 8 |
| Until 12:39AM Mon | | | | Rahu | 5:42PM – 7:33PM | Balava Until 2:22AM Mon | Nataraja: White | Navami | |
| Then Creative Work - Siddha Yoga | | | | | | Ashtami* Until 1:14PM | Moon – Red | Devaloka Day | |
| | | | | | | Jyeshtha-Vaikasi | | | |

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|---------------------------|--|---|--|---------------|-------------------|--|------------------------|------------------------------|------------------|-----------|
| 1 | | Monday, June 13, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam | | | St. Helena, CA | |
| | | Hasta Nakshatra Vyatipata*/Variyan Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau | | | | Sun 22 | | Sutra 57 | | |
| Kanya Rasi: 12.34 | | Tithi 9 – 10 | | Gulika | 2:01PM – 3:52PM | Hasta Until 3:48AM Tue | Ganesh: Purple | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Family Home Evening | | 365831361 | | Yama | 10:18AM – 12:09PM | Vyatipata* Until 3:44PM | Muruga: Clear | <i>Sunset:</i> 7:34PM | Moon 5 - Phase 9 | |
| Creative Work Siddha Yoga | | | | Rahu | 6:36AM – 8:27AM | Tailila Until 4:48AM Tue | Nataraja: White | | | 4th Phase |
| | | | | | | Navami* Until 3:32PM | Moon – Green | Bhuloka Day | | |
| | | | | | | | Jyeshtha-Vaikasi | Devaloka Time: 12:PM to 3:PM | | |

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|---------------------------|--|--|--|---------------|------------------|---|------------------------|------------------------------|------------------|-----------|
| 2 | | Tuesday, June 14, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam | | | St. Helena, CA | |
| | | Chitra Nakshatra Variyan/Parigha* Yoga Gara Karana Dashamyam Titau | | | | Sun 23 | | Sutra 58 | | |
| Kanya Rasi: 24.24 | | Tithi 10 | | Gulika | 12:10PM – 2:01PM | Chitra Until 6:52AM Wed | Ganesh: Purple | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | 365831361 | | Yama | 8:27AM – 10:18AM | Variyan Until 4:45PM | Muruga: Clear | <i>Sunset:</i> 7:34PM | Moon 5 - Phase 9 | |
| | | | | Rahu | 3:52PM – 5:43PM | Gara Until 6:02PM | Nataraja: White | | | 4th Phase |
| | | | | | | Dashami Until 6:02PM | Moon – Green | Bhuloka Day | | |
| | | | | | | | Jyeshtha-Ani | Devaloka Time: 12:PM to 3:PM | | |

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|---------------------------|--|--|--|---------------|-------------------|---|------------------------|------------------------------|------------------|-----------|
| 3 | | Wednesday, June 15, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | St. Helena, CA | |
| | | Chitra/Svati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | Sun 24 | | Sutra 59 | | |
| Tula Rasi: 6.14 | | Tithi 11 | | Gulika | 10:19AM – 12:10PM | Chitra Until 6:52AM | Ganesh: Purple | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | 365831361 | | Yama | 6:36AM – 8:27AM | Parigha* Until 5:46PM | Muruga: Clear | <i>Sunset:</i> 7:35PM | Moon 5 - Phase 9 | |
| | | | | Rahu | 12:10PM – 2:01PM | Vanija Until 7:18AM | Nataraja: White | | | 4th Phase |
| | | | | | | Ekadashi Until 8:29PM | Moon – Green | Bhuloka Day | | |
| | | | | | | | Jyeshtha-Ani | Devaloka Time: 12:PM to 3:PM | | |

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| 4 | | Thursday, June 16, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | St. Helena, CA | |
| | | Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau | | | | Sun 25 | | Sutra 60 | | |
| Tula Rasi: 18.06 | | Tithi 12 | | Gulika | 8:28AM – 10:19AM | Svati Until 9:38AM | Ganesh: Purple | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Creative Work Amrita Yoga | | 365831361 | | Yama | 4:45AM – 6:36AM | Shiva Until 6:38PM | Muruga: Clear | <i>Sunset:</i> 7:35PM | Moon 5 - Phase 9 | |
| Until 9:38AM | | | | Rahu | 2:01PM – 3:52PM | Bava Until 9:39AM | Nataraja: White | | | 4th Phase |
| Then Creative Work - Siddha Yoga | | | | | | Dvadashi Until 10:42PM | Moon – Green | Bhuloka Day | | |
| | | | | | | | Jyeshtha-Ani | Devaloka Time: 12:PM to 3:PM | | |

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|---------------------------|--|---|--|---------------|-------------------|---|------------------------|------------------------|------------------|-----------|
| 5 | | Friday, June 17, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam | | | St. Helena, CA | |
| | | Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau | | | | Sun 26 | | Sutra 61 | | |
| Vrischika Rasi: 0.05 | | Tithi 13 | | Gulika | 6:36AM – 8:28AM | Vishakha Until 12:27PM | Ganesh: Clear | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | 375831361 | | Yama | 3:53PM – 5:44PM | Siddha Until 7:14PM | Muruga: Clear | <i>Sunset:</i> 7:35PM | Moon 5 - Phase 9 | |
| | | | | Rahu | 10:19AM – 12:10PM | Kaulava Until 11:43AM | Nataraja: White | | | 4th Phase |
| | | | | | | Trayodashi Until 12:36AM Sat | Moon – Orange | Devaloka Day | | |
| | | | | | | <i>Pradosha Vrata</i> | Jyeshtha-Ani | | | |

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|---------------------------|--|---|--|---------------|------------------|---|------------------------|------------------------|------------------|-----------|
| 6 | | Saturday, June 18, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam | | | St. Helena, CA | |
| | | Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Sun 27 | | Sutra 62 | | |
| Vrischika Rasi: 12.12 | | Tithi 14 | | Gulika | 4:45AM – 6:37AM | Anuradha Until 2:44PM | Ganesh: Clear | <i>Sunrise:</i> 4:45AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | 375831361 | | Yama | 2:02PM – 3:53PM | Sadhya Until 7:31PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | Moon 5 - Phase 9 | |
| | | | | Rahu | 8:28AM – 10:19AM | Gara Until 1:24PM | Nataraja: White | | | 4th Phase |
| | | | | | | Chaturdashi* Until 2:04AM Sun | Moon – Orange | Devaloka Day | | |
| | | | | | | | Jyeshtha-Ani | | | |

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|----------------------------------|--|------------------------------|--|---------------------|------------------|---|------------------------|------------------------|------------------|----------|--|
| ○ | | Sunday, June 19, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | St. Helena, CA | | |
| | | Copper Retreat Star | | | | Jyeshtha*/Mula* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau | | Sun 28 | | Sutra 63 | |
| Vrischika Rasi: 24.3 | | Tithi 15 | | Gulika | 3:53PM – 5:44PM | Jyeshtha* Until 4:26PM | Ganesh: Clear | <i>Sunrise:</i> 4:46AM | Durmukha 5118 | | |
| Routine Work Marana Yoga | | 375831361 | | Yama | 12:11PM – 2:02PM | Subha Until 7:29PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | Moon 5 - Phase 9 | | |
| Until 4:26PM | | | | Rahu | 5:44PM – 7:36PM | Visti Until 2:39PM | Nataraja: White | | | Purnima | |
| Then Creative Work - Amrita Yoga | | | | Father's Day | | Purnima* Until 3:05AM Mon | Moon – Orange | Devaloka Day | | | |
| | | | | | | | Jyeshtha-Ani | | | | |

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|---------------------------------|--|------------------------------|--|---------------|-------------------|--|------------------------|------------------------|------------------|----------|--|
| ○ | | Monday, June 20, 2016 | | | | Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam | | | St. Helena, CA | | |
| | | Silver Retreat Star | | | | Mula* Nakshatra Sukla Yoga Balava/Kaulava Karana Prathamayam Titau | | Sun 29 | | Sutra 64 | |
| Dhanus Rasi: 6.59 | | Tithi 16 | | Gulika | 2:02PM – 3:53PM | Mula* Until 6:01PM | Ganesh: Yellow | <i>Sunrise:</i> 4:46AM | Durmukha 5118 | | |
| Family Home Evening | | 386831361 | | Yama | 10:20AM – 12:11PM | Sukla Until 7:05PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | Moon 5 - Phase 9 | | |
| Creative Work Siddha Yoga | | | | Rahu | 6:37AM – 8:28AM | Balava Until 3:27PM | Nataraja: White | | | Prathama | |
| Until 6:01PM | | | | | | Prathama* Until 3:40AM Tue | Moon – Light Blue | Devaloka Day | | | |
| Then Routine Work - Marana Yoga | | | | | | | Jyeshtha-Ani | | | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 65

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Dhanus Rasi: 19.41 Tiithi 17

386831361

Gulika 12:11PM – 2:02PM
Yama 8:29AM – 10:20AM
Rahu 3:54PM – 5:45PM

Purvashadha* Until 7:02PM
Brahma Until 6:21PM
Tailila Until 3:49PM
Dvitiya Until 3:50AM Wed

Ganesh: Yellow *Sunrise: 4:46AM*
Muruga: Clear *Sunset: 7:36PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga
Until 7:02PM

Then Routine Work - Prabalarishta Yoga

Wednesday, June 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 66

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 2.34 Tiithi 18

386831361

Gulika 10:20AM – 12:11PM
Yama 6:38AM – 8:29AM
Rahu 12:11PM – 2:03PM

Uttarashadha Until 7:30PM
Indra Until 5:19PM
Vanija Until 3:48PM
Tritiya Until 3:38AM Thu

Ganesh: Yellow *Sunrise: 4:46AM*
Muruga: Clear *Sunset: 7:36PM*
Nataraja: White
Moon – Light Blue
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 7:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 67

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 15.39 Tiithi 19

396831361

Gulika 8:29AM – 10:20AM
Yama 4:47AM – 6:38AM
Rahu 2:03PM – 3:54PM

Shravana Until 7:55PM
Vaidhriti* Until 3:59PM
Bava Until 3:24PM
Chaturthi* Until 3:03AM Fri

Ganesh: Blue *Sunrise: 4:47AM*
Muruga: Clear *Sunset: 7:36PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Friday, June 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 68

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Makara Rasi: 28.55 Tiithi 20

396831361

Gulika 6:38AM – 8:29AM
Yama 3:54PM – 5:45PM
Rahu 10:20AM – 12:12PM

Dhanishtha Until 7:51PM
Vishkambha* Until 2:22PM
Kaulava Until 2:40PM
Panchami Until 2:08AM Sat

Ganesh: Blue *Sunrise: 4:47AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Saturday, June 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 69

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 12.22 Tiithi 21

396831361

Gulika 4:47AM – 6:38AM
Yama 2:03PM – 3:54PM
Rahu 8:30AM – 10:21AM

Shatabhishak Until 7:17PM
Priti Until 12:29PM
Gara Until 1:34PM
Shashthi* Until 12:52AM Sun

Ganesh: Blue *Sunrise: 4:47AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: White
Moon – Purple
Jyeshtha-Ani

Sivaloka Day

Creative Work Amrita Yoga

Until 7:17PM
Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 70

Durmukha 5118

Moon 6 - Phase 10

1st Phase

Kumbha Rasi: 26.02 Tiithi 22

316831361

Gulika 3:54PM – 5:46PM
Yama 12:12PM – 2:03PM
Rahu 5:46PM – 7:37PM

Purvaproshtapada* Until 6:40PM
Ayushman Until 10:18AM
Visti Until 12:08PM
Saptami Until 11:16PM

Ganesh: Purple *Sunrise: 4:48AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 6:40PM
Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

D

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 71

Durmukha 5118

Moon 6 - Phase 10

Ashtami

Meena Rasi: 9.54 Tiithi 23

317831361

Gulika 2:03PM – 3:54PM
Yama 10:21AM – 12:12PM
Rahu 6:39AM – 8:30AM

Uttaraproshtapada Until 5:33PM
Saubhagya Until 7:51AM
Balava Until 10:21AM
Ashtami* Until 9:19PM

Ganesh: Clear *Sunrise: 4:48AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 72

Durmukha 5118

Moon 6 - Phase 10

Navami

Meena Rasi: 23.59 Tiithi 24

317831361

Gulika 12:12PM – 2:04PM
Yama 8:30AM – 10:21AM
Rahu 3:55PM – 5:46PM

Revati Until 3:59PM
Athiganda* Until 2:09AM Wed
Tailila Until 8:14AM
Navami* Until 7:02PM

Ganesh: Clear *Sunrise: 4:48AM*
Muruga: Clear *Sunset: 7:37PM*
Nataraja: White
Moon – Clear
Jyeshtha-Ani

Devaloka Day


Creative Work Siddha Yoga

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|--|---------------|---------------------------------|-------------------|-----------------------------|------------------------|---|--|------------------------------|-----------|
| 1 | | Wednesday, June 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 8 | | Sutra 73 | | Dur mukha 5118 | | Moon 6 - Phase 11 | |
| Mesha Rasi: 8.17 | Tithi 25 - 26 | Gulika | 10:22AM - 12:13PM | Ashvini Until 2:24PM | Ganesh: Purple | <i>Sunrise:</i> 4:49AM | | | |
| | | Yama | 6:40AM - 8:31AM | Sukarma Until 10:57PM | Muruga: Clear | <i>Sunset:</i> 7:37PM | | | |
| | | 327831361 Rahu | 12:13PM - 2:04PM | Bava Until 3:09AM Thu | Nataraja: White | | | | 2nd Phase |
| Routine Work | Marana Yoga | | | Dashami Until 4:30PM | Moon - White | | | Bhuloka Day | |
| Until 2:24PM | | | | | Jyeshtha*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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|--|---------------|--------------------------------|------------------|-------------------------------|------------------------|--|--|------------------------------|-----------|
| 2 | | Thursday, June 30, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 9 | | Sutra 74 | | Dur mukha 5118 | | Moon 6 - Phase 11 | |
| Mesha Rasi: 22.44 | Tithi 26 - 27 | Gulika | 8:31AM - 10:22AM | Bharani Until 12:29PM | Ganesh: Purple | <i>Sunrise:</i> 4:49AM | | | |
| | | Yama | 4:49AM - 6:40AM | Dhriti Until 7:38PM | Muruga: Clear | <i>Sunset:</i> 7:37PM | | | |
| | | 327831361 Rahu | 2:04PM - 3:55PM | Kaulava Until 12:21AM Fri | Nataraja: White | | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 1:45PM | Moon - White | | | Bhuloka Day | |
| Until 12:29PM | | | | | Jyeshtha*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Friday, July 1, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 10 | | Sutra 75 | | Dur mukha 5118 | | Moon 6 - Phase 11 | |
| Vrishabha Rasi: 7.17 | Tithi 27 - 28 | Gulika | 6:41AM - 8:31AM | Krittika Until 10:18AM | Ganesh: Purple | <i>Sunrise:</i> 4:50AM | | | |
| | | Yama | 3:55PM - 5:46PM | Shula* Until 4:14PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | | | |
| | | 327831361 Rahu | 10:22AM - 12:13PM | Gara Until 9:29PM | Nataraja: White | | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | Dvadashi* Until 10:54AM | Moon - White | | | Bhuloka Day | |
| Until 10:18AM | | | | <i>Pradosha Vrata (Fasting)</i> | Jyeshtha*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 4 | | Saturday, July 2, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Rohini/Mrigashira Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 11 | | Sutra 76 | | Dur mukha 5118 | | Moon 6 - Phase 11 | |
| Vrishabha Rasi: 21.51 | Tithi 28 - 29 | Gulika | 4:50AM - 6:41AM | Rohini Until 8:26AM | Ganesh: Light Blue | <i>Sunrise:</i> 4:50AM | | | |
| | | Yama | 2:04PM - 3:55PM | Ganda* Until 12:53PM | Muruga: Clear | <i>Sunset:</i> 7:36PM | | | |
| | | 327831361 Rahu | 8:32AM - 10:22AM | Visti Until 6:43PM | Nataraja: White | | | | 2nd Phase |
| Creative Work | Amrita Yoga | | | Trayodashi* Until 8:04AM | Moon - Yellow | | | Bhuloka Day | |
| Until 8:26AM | | | | | Jyeshtha*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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|  | | Sunday, July 3, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Retreat Star | | Mrigashira/Ardra Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | Sun 12 | | Sutra 77 | | Dur mukha 5118 | |
| Mithuna Rasi: 6.19 | Tithi 30 | Gulika | 3:55PM - 5:45PM | Mrigashira Until 6:34AM | Ganesh: Light Blue | <i>Sunrise:</i> 4:51AM | | | |
| | | Yama | 12:13PM - 2:04PM | Vridhhi Until 9:42AM | Muruga: Clear | <i>Sunset:</i> 7:36PM | | | |
| | | 327831361 Rahu | 5:45PM - 7:36PM | Catuspada Until 4:11PM | Nataraja: White | | | | Amavasya |
| Creative Work | Siddha Yoga | | | Amavasya* Until 3:01AM Mon | Moon - Yellow | | | Bhuloka Day | |
| | | | | | Jyeshtha*Ani | | | Devaloka Time: 12:PM to 3:PM | |

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|--|-------------|-----------------------|-------------------|-----------------------------------|---------------------------|--|--|------------------------------|----------|
| Monday, July 4, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 13 | | Sutra 78 | | Dur mukha 5118 | | Moon 6 - Phase 11 | |
| Mithuna Rasi: 20.34 | Tithi 1 | Gulika | 2:04PM - 3:55PM | Punarvasu Until 3:56AM Tue | Ganesh: Light Blue | <i>Sunrise:</i> 4:51AM | | | |
| Family Home Evening | | Yama | 10:23AM - 12:14PM | Dhruva Until 6:46AM | Muruga: Clear | <i>Sunset:</i> 7:36PM | | | |
| | | 348831361 Rahu | 6:42AM - 8:32AM | Kintughna Until 2:01PM | Nataraja: White | | | | Prathama |
| Creative Work | Amrita Yoga | | | Prathama* Until 1:06AM Tue | Moon - Blue | | | Bhuloka Day | |
| Until 3:56AM Tue | | | | | Ashada*Ani | | | Devaloka Time: 12:PM to 3:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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| 1 | | Tuesday, July 5, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau | St. Helena, CA Sun 14 Sutra 79 |
| Kataka Rasi: 4.31 | Tithi 2 | Gulika | 12:14PM – 2:04PM | Pushya Until 3:27AM Wed | Ganesh: Light Blue <i>Sunrise:</i> 4:52AM | Durmukha 5118 | |
| | | Yama | 8:33AM – 10:23AM | Harshana Until 2:13AM Wed | Muruga: Clear <i>Sunset:</i> 7:36PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 348831361 Rahu | 3:55PM – 5:45PM | Balava Until 12:22PM | Nataraja: White | 3rd Phase | |
| | | | | Dvitiya Until 11:46PM | Moon – Blue | Bhuloka Day | |
| | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 2 | | Wednesday, July 6, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Tailila/Gara Karana Tritiyayam Titau | St. Helena, CA Sun 15 Sutra 80 |
| Kataka Rasi: 18.05 | Tithi 3 | Gulika | 10:24AM – 12:14PM | Ashlesha* Until 3:31AM Thu | Ganesh: Light Blue <i>Sunrise:</i> 4:52AM | Durmukha 5118 | |
| | | Yama | 6:43AM – 8:33AM | Vajra* Until 12:45AM Thu | Muruga: Clear <i>Sunset:</i> 7:35PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 448931361 Rahu | 12:14PM – 2:04PM | Tailila Until 11:22AM | Nataraja: White | 3rd Phase | |
| Until 3:31AM Thu | | | | Tritiya Until 11:08PM | Moon – Blue | Bhuloka Day | |
| Then Creative Work - Amrita Yoga | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 3 | | Thursday, July 7, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau | St. Helena, CA Sun 16 Sutra 81 |
| Simha Rasi: 1.14 | Tithi 4 | Gulika | 8:34AM – 10:24AM | Magha* Until 4:40AM Fri | Ganesh: Purple <i>Sunrise:</i> 4:53AM | Durmukha 5118 | |
| | | Yama | 4:53AM – 6:43AM | Siddhi Until 11:54PM | Muruga: Clear <i>Sunset:</i> 7:35PM | Moon 6 - Phase 12 | |
| Creative Work | Amrita Yoga | 458931361 Rahu | 2:04PM – 3:55PM | Vanija Until 11:07AM | Nataraja: White | 3rd Phase | |
| Until 4:40AM Fri | | | | Chaturthi* Until 11:16PM | Moon – Red | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 4 | | Friday, July 8, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | St. Helena, CA Sun 17 Sutra 82 |
| Simha Rasi: 14.01 | Tithi 5 | Gulika | 6:44AM – 8:34AM | Purvaphalguni Until 6:23AM Sat | Ganesh: Purple <i>Sunrise:</i> 4:54AM | Durmukha 5118 | |
| | | Yama | 3:54PM – 5:45PM | Vyatipata* Until 11:40PM | Muruga: Clear <i>Sunset:</i> 7:35PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 458931361 Rahu | 10:24AM – 12:14PM | Bava Until 11:39AM | Nataraja: White | 3rd Phase | |
| Until 6:23AM Sat | | | | Panchami Until 12:10AM Sat | Moon – Red | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 5 | | Saturday, July 9, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Tailila Karana Shashthyam Titau | St. Helena, CA Sun 18 Sutra 83 |
| Simha Rasi: 26.28 | Tithi 6 | Gulika | 4:54AM – 6:44AM | Purvaphalguni Until 6:23AM | Ganesh: Purple <i>Sunrise:</i> 4:54AM | Durmukha 5118 | |
| | | Yama | 2:04PM – 3:54PM | Varyan Until 11:56PM | Muruga: Clear <i>Sunset:</i> 7:34PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 458931361 Rahu | 8:34AM – 10:24AM | Kaulava Until 12:54PM | Nataraja: White | 3rd Phase | |
| Until 6:23AM | | | | Shashthi* Until 1:45AM Sun | Moon – Red | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | Chidambaram Abhishekam | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 6 | | Sunday, July 10, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | St. Helena, CA Sun 19 Sutra 84 |
| Kanya Rasi: 8.37 | Tithi 7 | Gulika | 3:54PM – 5:44PM | Uttaraphalguni Until 8:33AM | Ganesh: Light Blue <i>Sunrise:</i> 4:55AM | Durmukha 5118 | |
| | | Yama | 12:14PM – 2:04PM | Parigha* Until 12:37AM Mon | Muruga: Clear <i>Sunset:</i> 7:34PM | Moon 6 - Phase 12 | |
| Creative Work | Amrita Yoga | 459931361 Rahu | 5:44PM – 7:34PM | Gara Until 2:45PM | Nataraja: White | 3rd Phase | |
| Until 6:23AM | | | | Saptami Until 3:49AM Mon | Moon – Red | Bhuloka Day | |
| | | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| Monday, July 11, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | St. Helena, CA Sun 20 Sutra 85 |
| Kanya Rasi: 20.36 | Tithi 8 | Gulika | 2:04PM – 3:54PM | Hasta Until 11:29AM | Ganesh: Orange <i>Sunrise:</i> 4:56AM | Durmukha 5118 | |
| Family Home Evening | | Yama | 10:25AM – 12:15PM | Shiva Until 1:32AM Tue | Muruga: Clear <i>Sunset:</i> 7:34PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 469931361 Rahu | 6:45AM – 8:35AM | Visti Until 5:00PM | Nataraja: White | Ashtami | |
| Until 11:29AM | | | | Ashtami* Until 6:10AM Tue | Moon – Green | Devaloka Day | |
| Then Routine Work - Prabalarishta Yoga | | | | | Ashada*Ani | | |

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| Tuesday, July 12, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau | St. Helena, CA Sun 21 Sutra 86 |
| Tula Rasi: 2.29 | Tithi 8 – 9 | Gulika | 12:15PM – 2:04PM | Chitra Until 2:27PM | Ganesh: Orange <i>Sunrise:</i> 4:56AM | Durmukha 5118 | |
| | | Yama | 8:35AM – 10:25AM | Siddha Until 2:29AM Wed | Muruga: Clear <i>Sunset:</i> 7:33PM | Moon 6 - Phase 12 | |
| Creative Work | Siddha Yoga | 469931361 Rahu | 3:54PM – 5:44PM | Balava Until 7:24PM | Nataraja: White | Navami | |
| | | | | Ashtami* Until 6:10AM | Moon – Green | Devaloka Day | |
| | | | | | Ashada*Ani | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

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| 1 Wednesday, July 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Tula Rasi: 14.2 | | Svati/Vishakha Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | Sun 22 | | Sutra 87 |
| Tithi 9 - 10 | | Gulika 10:25AM - 12:15PM | Svati Until 5:13PM | Ganesh: Orange | <i>Sunrise:</i> 4:57AM | Durmukha 5118 |
| 469931361 | | Yama 6:46AM - 8:36AM | Sadhya Until 3:22AM Thu | Muruga: Clear | <i>Sunset:</i> 7:33PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 12:15PM - 2:04PM | Taitila Until 9:43PM | Nataraja: White | | 4th Phase |
| | | | Navami* Until 8:34AM | Moon - Green | Devaloka Day | |
| | | | | Ashada*Ani | | |

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| 2 Thursday, July 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Tula Rasi: 26.16 | | Vishakha Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | Sun 23 | | Sutra 88 |
| Tithi 10 - 11 | | Gulika 8:36AM - 10:26AM | Vishakha Until 8:05PM | Ganesh: Green | <i>Sunrise:</i> 4:58AM | Durmukha 5118 |
| 479931361 | | Yama 4:58AM - 6:47AM | Subha Until 4:01AM Fri | Muruga: Clear | <i>Sunset:</i> 7:32PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 2:04PM - 3:54PM | Vanija Until 11:47PM | Nataraja: White | | 4th Phase |
| | | | Dashami Until 10:47AM | Moon - Orange | Bhuloka Day | |
| | | | | Ashada*Ani | Devaloka Time: 12:PM to 3:PM | |

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| 3 Friday, July 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Vrischika Rasi: 8.19 | | Anuradha Nakshatra Sukla Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Sun 24 | | Sutra 89 |
| Tithi 11 - 12 | | Gulika 6:48AM - 8:37AM | Anuradha Until 10:25PM | Ganesh: Green | <i>Sunrise:</i> 4:58AM | Durmukha 5118 |
| 479931361 | | Yama 3:53PM - 5:42PM | Sukla Until 4:19AM Sat | Muruga: Clear | <i>Sunset:</i> 7:32PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 10:26AM - 12:15PM | Bava Until 1:26AM Sat | Nataraja: White | | 4th Phase |
| Until 10:25PM | | | Ekadashi Until 12:39PM | Moon - Orange | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | Ashada*Adi | Devaloka Time: 12:PM to 3:PM | |

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| 4 Saturday, July 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Vrischika Rasi: 20.32 | | Jyeshtha* Nakshatra Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 25 | | Sutra 90 |
| Tithi 12 - 13 | | Gulika 4:59AM - 6:48AM | Jyeshtha* Until 12:05AM Sun | Ganesh: Green | <i>Sunrise:</i> 4:59AM | Durmukha 5118 |
| 479931362 | | Yama 2:04PM - 3:53PM | Brahma Until 4:13AM Sun | Muruga: Clear | <i>Sunset:</i> 7:31PM | Moon 6 - Phase 13 |
| Creative Work | Siddha Yoga | Rahu 8:37AM - 10:26AM | Kaulava Until 2:34AM Sun | Nataraja: Clear | | 4th Phase |
| Until 12:05AM Sun | | | Dvadashi Until 2:03PM | Moon - Orange | Devaloka Day | |
| Then Creative Work - Amrita Yoga | | | <i>Pradosha Vrata</i> | Ashada*Adi | | |

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| 5 Sunday, July 17, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Dhanus Rasi: 2.59 | | Mula* Nakshatra Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 26 | | Sutra 91 |
| Tithi 13 - 14 | | Gulika 3:53PM - 5:42PM | Mula* Until 1:33AM Mon | Ganesh: Red | <i>Sunrise:</i> 5:00AM | Durmukha 5118 |
| 489931362 | | Yama 12:15PM - 2:04PM | Indra Until 3:42AM Mon | Muruga: Clear | <i>Sunset:</i> 7:30PM | Moon 6 - Phase 13 |
| Creative Work | Amrita Yoga | Rahu 5:42PM - 7:30PM | Gara Until 3:10AM Mon | Nataraja: Clear | | 4th Phase |
| Until 1:33AM Mon | | | Trayodashi Until 2:55PM | Moon - Light Blue | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | Ashada*Adi | | |

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| 6 Monday, July 18, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Dhanus Rasi: 15.41 | | Purvashadha* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 27 | | Sutra 92 |
| Tithi 14 - 15 | | Gulika 2:04PM - 3:53PM | Purvashadha* Until 2:20AM Tue | Ganesh: Blue | <i>Sunrise:</i> 5:01AM | Durmukha 5118 |
| 481931362 | | Yama 10:27AM - 12:15PM | Vaidhriti* Until 2:44AM Tue | Muruga: Clear | <i>Sunset:</i> 7:30PM | Moon 6 - Phase 13 |
| Family Home Evening | | Rahu 6:49AM - 8:38AM | Visti Until 3:12AM Tue | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Chaturdashi* Until 3:14PM | Moon - Light Blue | Subha Sivaloka Day | |
| Until 2:20AM Tue | | | | Ashada*Adi | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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| ○ Tuesday, July 19, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Copper Retreat Star | | Uttarashadha Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sun 28 | | Sutra 93 |
| Dhanus Rasi: 28.39 | | Gulika 12:15PM - 2:04PM | Uttarashadha Until 2:27AM Wed | Ganesh: Blue | <i>Sunrise:</i> 5:01AM | Durmukha 5118 |
| Tithi 15 - 16 | | Yama 8:38AM - 10:27AM | Vishkambha* Until 1:22AM Wed | Muruga: Clear | <i>Sunset:</i> 7:29PM | Moon 6 - Phase 13 |
| 481931362 | | Rahu 3:52PM - 5:41PM | Balava Until 2:45AM Wed | Nataraja: Clear | | Purnima |
| Routine Work | Prabalarishta Yoga | | Purnima* Until 3:01PM | Moon - Light Blue | Subha Sivaloka Day | |
| Until 2:27AM Wed | | Satguru Purnima | | Ashada*Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Wednesday, July 20, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Silver Retreat Star | | Shravana Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | Sun 29 | | Sutra 94 |
| Makara Rasi: 11.53 | | Gulika 10:27AM - 12:15PM | Shravana Until 2:26AM Thu | Ganesh: Yellow | <i>Sunrise:</i> 5:02AM | Durmukha 5118 |
| Tithi 16 - 17 | | Yama 6:50AM - 8:39AM | Priti Until 11:40PM | Muruga: Clear | <i>Sunset:</i> 7:28PM | Moon 6 - Phase 13 |
| 491931362 | | Rahu 12:15PM - 2:04PM | Taitila Until 1:51AM Thu | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 2:20PM | Moon - Purple | Sivaloka Day | |
| | | | | Ashada*Adi | | |



Thursday, July 21, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 95

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Makara Rasi: 25.2 Tithi 17 - 18

Gulika 8:39AM - 10:27AM
Yama 5:03AM - 6:51AM
Rahu 2:03PM - 3:52PM

Dhanishtha Until 1:55AM Fri
Ayushman Until 9:38PM
Vanija Until 12:35AM Fri
Dvitiya Until 1:14PM

Ganesha: Yellow Sunrise: 5:03AM
Muruga: Clear Sunset: 7:28PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Friday, July 22, 2016

1

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 96

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 8.59 Tithi 18 - 19

Gulika 6:52AM - 8:40AM
Yama 3:51PM - 5:39PM
Rahu 10:27AM - 12:15PM

Shatabhishak Until 12:57AM Sat
Saubhagya Until 7:22PM
Bava Until 11:01PM
Tritiya Until 11:49AM

Ganesha: Yellow Sunrise: 5:04AM
Muruga: Clear Sunset: 7:27PM
Nataraja: Clear
Moon - Purple
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 12:57AM Sat

Then Routine Work - Marana Yoga

Saturday, July 23, 2016

2

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 97

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Kumbha Rasi: 22.49 Tithi 19 - 20

Gulika 5:05AM - 6:52AM
Yama 2:03PM - 3:51PM
Rahu 8:40AM - 10:28AM

Purvaproshtapada* Until 12:04AM Sun
Sobhana Until 4:56PM
Kaulava Until 9:14PM
Chaturthi* Until 10:08AM

Ganesha: Red Sunrise: 5:05AM
Muruga: Clear Sunset: 7:26PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Routine Work Marana Yoga

Until 12:04AM Sun

Then Creative Work - Amrita Yoga

Sunday, July 24, 2016

3

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 98

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Meena Rasi: 6.47 Tithi 20 - 21

Gulika 3:50PM - 5:38PM
Yama 12:15PM - 2:03PM
Rahu 5:38PM - 7:25PM

Uttaraproshtapada Until 10:52PM
Athiganda* Until 2:19PM
Gara Until 7:17PM
Panchami Until 8:15AM

Ganesha: Red Sunrise: 5:05AM
Muruga: Clear Sunset: 7:25PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Creative Work Amrita Yoga

Monday, July 25, 2016

4

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 99

Durmukha 5118

Moon 7 - Phase 14
1st Phase

Meena Rasi: 20.5 Tithi 21 - 22

Gulika 2:03PM - 3:50PM
Yama 10:28AM - 12:15PM
Rahu 6:54AM - 8:41AM

Revati Until 9:25PM
Sukarma Until 11:36AM
Bava Until 4:06AM Tue
Shashthi* Until 6:14AM

Ganesha: Red Sunrise: 5:06AM
Muruga: Clear Sunset: 7:25PM
Nataraja: Clear
Moon - Clear
Ashada•Adi

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 26, 2016

5

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 100

Durmukha 5118

Moon 7 - Phase 14
Ashtami

Mesha Rasi: 4.58 Tithi 23

Gulika 12:15PM - 2:02PM
Yama 8:41AM - 10:28AM
Rahu 3:50PM - 5:37PM

Ashvini Until 8:08PM
Dhriti Until 8:48AM
Balava Until 3:00PM
Ashtami* Until 1:52AM Wed

Ganesha: Green Sunrise: 5:07AM
Muruga: Clear Sunset: 7:24PM
Nataraja: Clear
Moon - White
Ashada•Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Wednesday, July 27, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 101

Durmukha 5118

Moon 7 - Phase 14
Navami

Mesha Rasi: 19.09 Tithi 24

Gulika 10:28AM - 12:15PM
Yama 6:55AM - 8:42AM
Rahu 12:15PM - 2:02PM

Bharani Until 6:40PM
Ganda* Until 3:02AM Thu
Taitila Until 12:46PM
Navami* Until 11:36PM

Ganesha: Green Sunrise: 5:08AM
Muruga: Clear Sunset: 7:23PM
Nataraja: Clear
Moon - White
Ashada•Adi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:40PM

Then Creative Work - Amrita Yoga

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

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|----------------------|--|--------------------------------|-------------------------|--|------------------------|---|-------------------|----------------|--|
| 1 | | Thursday, July 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Krishabha Rasi: 3.22 | | Tihti 25 | | Krittika/Rohini Nakshatra Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau | | Sun 8 | | Sutra 102 | |
| 422931362 | | Gulika | 8:42AM – 10:29AM | Krittika Until 5:03PM | Ganesha: Red | Sunrise: 5:09AM | Durmukha 5118 | | |
| Routine Work | | Yama | 5:09AM – 6:55AM | Vridhi Until 12:09AM Fri | Muruga: Clear | Sunset: 7:22PM | Moon 7 - Phase 15 | | |
| Marana Yoga | | Rahu | 2:02PM – 3:49PM | Vanija Until 10:29AM | Nataraja: Clear | 2nd Phase | | | |
| | | Dashami Until 9:20PM | | | Moon – White | Sivaloka Day | | | |
| | | | | | Ashada•Adi | | | | |

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| 2 | | Friday, July 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Krishabha Rasi: 17.34 | | Tihti 26 | | Rohini/Mrigashira Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 9 | | Sutra 103 | |
| 432931362 | | Gulika | 6:56AM – 8:42AM | Rohini Until 3:45PM | Ganesha: Green | Sunrise: 5:10AM | Durmukha 5118 | | |
| Routine Work | | Yama | 3:48PM – 5:35PM | Dhruva Until 9:18PM | Muruga: Clear | Sunset: 7:21PM | Moon 7 - Phase 15 | | |
| Marana Yoga | | Rahu | 10:29AM – 12:15PM | Bava Until 8:14AM | Nataraja: Clear | 2nd Phase | | | |
| Until 3:45PM | | Ekadashi* Until 7:08PM | | | Moon – Yellow | Devaloka Day | | | |
| Then Creative Work - Siddha Yoga | | | | | Ashada•Adi | | | | |

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| 3 | | Saturday, July 30, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 1.42 | | Tihti 27 – 28 | | Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 10 | | Sutra 104 | |
| 432931362 | | Gulika | 5:10AM – 6:57AM | Mrigashira Until 2:27PM | Ganesha: Green | Sunrise: 5:10AM | Durmukha 5118 | | |
| Creative Work | | Yama | 2:01PM – 3:48PM | Vyaghata* Until 6:35PM | Muruga: Clear | Sunset: 7:20PM | Moon 7 - Phase 15 | | |
| Siddha Yoga | | Rahu | 8:43AM – 10:29AM | Kaulava Until 6:05AM | Nataraja: Clear | 2nd Phase | | | |
| | | Dvadashi* Until 5:04PM | | | Moon – Yellow | Devaloka Day | | | |
| | | | | | Ashada•Adi | | | | |
| | | | | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 4 | | Sunday, July 31, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 15.43 | | Tihti 28 – 29 | | Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 11 | | Sutra 105 | |
| 432131362 | | Gulika | 3:47PM – 5:33PM | Ardra Until 1:13PM | Ganesha: Purple | Sunrise: 5:11AM | Durmukha 5118 | | |
| Creative Work | | Yama | 12:15PM – 2:01PM | Harshana Until 4:04PM | Muruga: Clear | Sunset: 7:19PM | Moon 7 - Phase 15 | | |
| Siddha Yoga | | Rahu | 5:33PM – 7:19PM | Visti Until 2:27AM Mon | Nataraja: Clear | 2nd Phase | | | |
| | | Trayodashi* Until 3:14PM | | | Moon – Yellow | Devaloka Day | | | |
| | | | | | Ashada•Adi | | | | |

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|  | | Monday, August 1, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Retreat Star | | Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 12 | | Sutra 106 | | Durmukha 5118 | |
| Mithuna Rasi: 29.33 | | Tihti 29 – 30 | | Punarvasu Until 12:37PM | | Ganesha: Light Blue | Sunrise: 5:12AM | Moon 7 - Phase 15 | |
| Family Home Evening | | Yama | 10:29AM – 12:15PM | Vajra* Until 1:50PM | Muruga: Clear | Sunset: 7:18PM | Amavasya | | |
| 442131362 | | Rahu | 6:58AM – 8:44AM | Catuspada Until 1:11AM Tue | Nataraja: Clear | Moon – Blue | | | |
| Creative Work | | Chaturdashi* Until 1:45PM | | | Moon – Blue | Devaloka Day | | | |
| Amrita Yoga | | | | | Ashada•Adi | | | | |
| Until 12:37PM | | | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Tuesday, August 2, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 13.08 | | Tihti 30 – 1 | | Pushya/Ashlesha* Nakshatra Siddhi/Vyalipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 13 | | Sutra 107 | |
| 442131362 | | Gulika | 12:15PM – 2:01PM | Pushya Until 12:18PM | Ganesha: Light Blue | Sunrise: 5:13AM | Durmukha 5118 | | |
| Creative Work | | Yama | 8:44AM – 10:30AM | Siddhi Until 11:58AM | Muruga: Clear | Sunset: 7:17PM | Moon 7 - Phase 15 | | |
| Siddha Yoga | | Rahu | 3:46PM – 5:32PM | Kintughna Until 12:25AM Wed | Nataraja: Clear | Prathama | | | |
| | | Amavasya* Until 12:43PM | | | Moon – Blue | Devaloka Day | | | |
| | | | | | Sravana•Adi | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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| 1 | | Wednesday, August 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | St. Helena, CA Sun 14 Sutra 108 Durmukha 5118 | |
| Kataka Rasi: 26.25 | Tithi 1 – 2 | Gulika Yama | 10:30AM – 12:15PM 6:59AM – 8:44AM | Ashlesha* Until 12:24PM Vyatipata* Until 10:33AM Balava Until 12:15AM Thu Prathama* Until 12:14PM | Ganesh: Light Blue Muruga: Clear Nataraja: Clear Moon – Blue | Sunrise: 5:15AM Sunset: 7:16PM | Moon 7 - Phase 16 3rd Phase |
| Creative Work | Siddha Yoga | 442131362 | Rahu 12:15PM – 2:00PM | | | | Devaloka Day |
| 2 | | Thursday, August 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitya/Trityayam Titau | | St. Helena, CA Sun 15 Sutra 109 Durmukha 5118 | |
| Simha Rasi: 9.23 | Tithi 2 – 3 | Gulika Yama | 8:45AM – 10:30AM 5:15AM – 7:00AM | Magha* Until 1:25PM Variyan Until 9:37AM Taitila Until 12:45AM Fri Dvitya Until 12:24PM | Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red | Sunrise: 5:15AM Sunset: 7:15PM | Moon 7 - Phase 16 3rd Phase |
| Creative Work | Amrita Yoga | 452131362 | Rahu 2:00PM – 3:45PM | | | | Devaloka Day |
| Until 1:25PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 3 | | Friday, August 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau | | St. Helena, CA Sun 16 Sutra 110 Durmukha 5118 | |
| Simha Rasi: 22.02 | Tithi 3 – 4 | Gulika Yama | 7:00AM – 8:45AM 3:44PM – 5:29PM | Purvaphalguni Until 2:55PM Parigha* Until 9:13AM Vanija Until 1:53AM Sat Tritiya Until 1:13PM | Ganesh: Purple Muruga: Clear Nataraja: Clear Moon – Red | Sunrise: 5:16AM Sunset: 7:14PM | Moon 7 - Phase 16 3rd Phase |
| Creative Work | Siddha Yoga | 452131362 | Rahu 10:30AM – 12:15PM | | | | Devaloka Day |
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| 4 | | Saturday, August 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | St. Helena, CA Sun 17 Sutra 111 Durmukha 5118 | |
| Kanya Rasi: 4.23 | Tithi 4 – 5 | Gulika Yama | 5:17AM – 7:01AM 1:59PM – 3:44PM | Uttaraphalguni Until 4:51PM Shiva Until 9:19AM Bava Until 3:35AM Sun Chaturthi* Until 2:39PM | Ganesh: Purple Muruga: Purple Nataraja: Clear Moon – Red | Sunrise: 5:17AM Sunset: 7:13PM | Moon 7 - Phase 16 3rd Phase |
| Routine Work | Marana Yoga | 452141362 | Rahu 8:46AM – 10:30AM | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
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| 5 | | Sunday, August 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | St. Helena, CA Sun 18 Sutra 112 Durmukha 5118 | |
| Kanya Rasi: 16.32 | Tithi 5 – 6 | Gulika Yama | 3:43PM – 5:27PM 12:14PM – 1:59PM | Hasta Until 7:35PM Siddha Until 9:47AM Kaulava Until 5:42AM Mon Panchami Until 4:34PM | Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green | Sunrise: 5:17AM Sunset: 7:12PM | Moon 7 - Phase 16 3rd Phase |
| Creative Work | Amrita Yoga | 462141362 | Rahu 5:27PM – 7:12PM | | | | Devaloka Day |
| Until 7:35PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |
| 6 | | Monday, August 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila Karana Shashthyam Titau | | St. Helena, CA Sun 19 Sutra 113 Durmukha 5118 | |
| Kanya Rasi: 28.31 | Tithi 6 | Gulika Yama | 1:58PM – 3:42PM 10:30AM – 12:14PM | Chitra Until 10:26PM Sadhya Until 10:34AM Taitila Until 6:50PM Shashthi* Until 6:50PM | Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green | Sunrise: 5:18AM Sunset: 7:10PM | Moon 7 - Phase 16 3rd Phase |
| Family Home Evening | | 462141362 | Rahu 7:02AM – 8:46AM | | | | Devaloka Day |
| Routine Work | Prabalarishta Yoga | | | | | | |
| Until 10:26PM | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |
| Retreat Star | | Tuesday, August 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau | | St. Helena, CA Sun 20 Sutra 114 Durmukha 5118 | |
| Tula Rasi: 10.24 | Tithi 7 | Gulika Yama | 12:14PM – 1:58PM 8:47AM – 10:30AM | Svati Until 1:13AM Wed Subha Until 11:30AM Gara Until 8:03AM Saptami Until 9:13PM | Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Green | Sunrise: 5:19AM Sunset: 7:09PM | Moon 7 - Phase 16 3rd Phase |
| Creative Work | Siddha Yoga | 462141362 | Rahu 3:42PM – 5:25PM | | | | Devaloka Day |
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| Retreat Star | | Wednesday, August 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau | | St. Helena, CA Sun 21 Sutra 115 Durmukha 5118 | |
| Tula Rasi: 22.17 | Tithi 8 | Gulika Yama | 10:31AM – 12:14PM 7:04AM – 8:47AM | Vishakha Until 4:13AM Thu Sukla Until 12:23PM Visti Until 10:25AM Ashtami* Until 11:31PM | Ganesh: White Muruga: Purple Nataraja: Clear Moon – Orange | Sunrise: 5:20AM Sunset: 7:08PM | Moon 7 - Phase 16 Ashtami |
| Creative Work | Siddha Yoga | 472141362 | Rahu 12:14PM – 1:58PM | | | | Bhuloka Day Devaloka Time: 6:PM to 9:PM |
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| Retreat Star | | Thursday, August 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau | | St. Helena, CA Sun 22 Sutra 116 Durmukha 5118 | |
| Vrischika Rasi: 4.13 | Tithi 9 | Gulika Yama | 8:47AM – 10:31AM 5:21AM – 7:04AM | Anuradha Until 6:44AM Fri Brahma Until 1:08PM Balava Until 12:35PM Navami* Until 1:31AM Fri | Ganesh: Clear Muruga: Purple Nataraja: Clear Moon – Orange | Sunrise: 5:21AM Sunset: 7:07PM | Moon 7 - Phase 16 Navami |
| Creative Work | Siddha Yoga | 473141362 | Rahu 1:57PM – 3:40PM | | | | Devaloka Day |
| Until 6:44AM Fri | | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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| 1 Friday, August 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau | | Sun 23 | | Sutra 117 | | |
| Vrischika Rasi: 16.17 | Tithi 10 | Gulika 7:05AM – 8:48AM | Anuradha Until 6:44AM | Ganesha: Clear | <i>Sunrise:</i> 5:22AM | Durmukha 5118 |
| | | Yama 3:40PM – 5:23PM | Indra Until 1:37PM | Muruga: Purple | <i>Sunset:</i> 7:06PM | Moon 7 - Phase 17 |
| | 473141362 | Rahu 10:31AM – 12:14PM | Tailila Until 2:22PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 3:04AM Sat | Moon – Orange | | Devaloka Day |
| Until 6:44AM | | Varalakshmi Vratam | | Sravana-Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 2 Saturday, August 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 24 | | Sutra 118 | | |
| Vrischika Rasi: 28.33 | Tithi 11 | Gulika 5:23AM – 7:05AM | Jyeshtha* Until 8:37AM | Ganesha: Clear | <i>Sunrise:</i> 5:23AM | Durmukha 5118 |
| | | Yama 1:56PM – 3:39PM | Vaidhriti* Until 1:39PM | Muruga: Purple | <i>Sunset:</i> 7:04PM | Moon 7 - Phase 17 |
| | 473141362 | Rahu 8:48AM – 10:31AM | Vanija Until 3:38PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Until 4:02AM Sun | Moon – Orange | | Devaloka Day |
| Until 6:44AM | | | | Sravana-Adi | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 3 Sunday, August 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Dvadashyam Titau | | Sun 25 | | Sutra 119 | | |
| Dhanus Rasi: 11.05 | Tithi 12 | Gulika 3:38PM – 5:21PM | Mula* Until 10:14AM | Ganesha: White | <i>Sunrise:</i> 5:24AM | Durmukha 5118 |
| | | Yama 12:13PM – 1:56PM | Vishkambha* Until 1:13PM | Muruga: Purple | <i>Sunset:</i> 7:03PM | Moon 7 - Phase 17 |
| | 483141362 | Rahu 5:21PM – 7:03PM | Bava Until 4:17PM | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 4:21AM Mon | Moon – Light Blue | | Sivaloka Day |
| Until 10:14AM | | | | Sravana-Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 4 Monday, August 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Kaulava/Tailila Karana Trayodashyam Titau | | Sun 26 | | Sutra 120 | | |
| Dhanus Rasi: 23.55 | Tithi 13 | Gulika 1:55PM – 3:37PM | Purvashadha* Until 11:04AM | Ganesha: White | <i>Sunrise:</i> 5:24AM | Durmukha 5118 |
| Family Home Evening | | Yama 10:31AM – 12:13PM | Priti Until 12:18PM | Muruga: Purple | <i>Sunset:</i> 7:02PM | Moon 7 - Phase 17 |
| | 483141362 | Rahu 7:07AM – 8:49AM | Kaulava Until 4:16PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 4:00AM Tue | Moon – Light Blue | | Sivaloka Day |
| Until 10:14AM | | | <i>Pradosha Vrata</i> | Sravana-Adi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 5 Tuesday, August 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Uttarashadha*/Shravana Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau | | Sun 27 | | Sutra 121 | | |
| Makara Rasi: 7.04 | Tithi 14 | Gulika 12:13PM – 1:55PM | Uttarashadha* Until 11:06AM | Ganesha: Clear | <i>Sunrise:</i> 5:25AM | Durmukha 5118 |
| | | Yama 8:49AM – 10:31AM | Ayushman Until 10:49AM | Muruga: Purple | <i>Sunset:</i> 7:00PM | Moon 7 - Phase 17 |
| | 583141362 | Rahu 3:37PM – 5:19PM | Gara Until 3:37PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Chaturdashi* Until 3:02AM Wed | Moon – Light Blue | | Devaloka Day |
| Until 11:06AM | | | | Sravana-Avani | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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|--|-------------|--|----------------------------------|------------------------|------------------------|---------------------|
| Wednesday, August 17, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Copper Retreat Star | | Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau | | Sutra 122 | | |
| Makara Rasi: 20.34 | Tithi 15 | Gulika 10:31AM – 12:13PM | Shravana Until 10:50AM | Ganesha: White | <i>Sunrise:</i> 5:26AM | Durmukha 5118 |
| | | Yama 7:08AM – 8:49AM | Saubhagya Until 8:52AM | Muruga: Purple | <i>Sunset:</i> 6:59PM | Moon 7 - Phase 17 |
| | 593141362 | Rahu 12:13PM – 1:54PM | Visti Until 2:22PM | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 1:31AM Thu | Moon – Purple | | Sivaloka Day |
| Until 10:50AM | | Raksha Bandhan | | Sravana-Avani | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

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|--|-------------|---|--------------------------------|------------------------|------------------------|---------------------|
| Thursday, August 18, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Silver Retreat Star | | Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau | | Sutra 123 | | |
| Kumbha Rasi: 4.23 | Tithi 16 | Gulika 8:50AM – 10:31AM | Dhanishtha Until 9:54AM | Ganesha: White | <i>Sunrise:</i> 5:27AM | Durmukha 5118 |
| | | Yama 5:27AM – 7:08AM | Sobhana Until 6:30AM | Muruga: Purple | <i>Sunset:</i> 6:58PM | Moon 7 - Phase 17 |
| | 593141362 | Rahu 1:54PM – 3:35PM | Balava Until 12:37PM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 11:34PM | Moon – Purple | | Sivaloka Day |
| Until 10:50AM | | | | Sravana-Avani | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaprossthapada* Nakshatra Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 124

Durmukha 5118

Kumbha Rasi: 18.28 Tihti 17

Gulika 7:09AM – 8:50AM

Shatabhishak Until 8:26AM

Ganesha: White Sunrise: 5:28AM

Yama 3:34PM – 5:15PM

Sukarma Until 12:48AM Sat

Muruga: Purple Sunset: 6:56PM

Moon 8 - Phase 18

593141362 Rahu 10:31AM – 12:12PM

Tailila Until 10:29AM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 9:17PM

Moon – Purple
Sravana-Avani

Sivaloka Day

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam
Purvaprossthapada*/Uttaraprossthapada Nakshatra Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 125

Durmukha 5118

Meena Rasi: 2.44 Tihti 18

Gulika 5:29AM – 7:10AM

Purvaprossthapada* Until 6:59AM

Ganesha: White Sunrise: 5:29AM

Yama 1:53PM – 3:33PM

Dhriti Until 9:42PM

Muruga: Purple Sunset: 6:55PM

Moon 8 - Phase 18

513141362 Rahu 8:50AM – 10:31AM

Vanija Until 8:05AM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Tritiya Until 6:48PM

Moon – Clear
Sravana-Avani

Sivaloka Day

Until 6:59AM

Then Creative Work - Siddha Yoga

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 126

Durmukha 5118

Meena Rasi: 17.07 Tihti 19 – 20

Gulika 3:33PM – 5:13PM

Revati Until 3:16AM Mon

Ganesha: White Sunrise: 5:30AM

Yama 12:12PM – 1:52PM

Shula* Until 6:29PM

Muruga: Purple Sunset: 6:54PM

Moon 8 - Phase 18

513141362 Rahu 5:13PM – 6:54PM

Kaulava Until 2:56AM Mon

Nataraja: Clear

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 4:13PM

Moon – Clear
Sravana-Avani

Sivaloka Day

Until 3:16AM Mon

Then Creative Work - Siddha Yoga

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhi Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 127

Durmukha 5118

Mesha Rasi: 1.32 Tihti 20 – 21

Gulika 1:52PM – 3:32PM

Ashvini Until 1:39AM Tue

Ganesha: Clear Sunrise: 5:31AM

Yama 10:31AM – 12:11PM

Ganda* Until 3:18PM

Muruga: Purple Sunset: 6:52PM

Moon 8 - Phase 18

Family Home Evening

523141362 Rahu 7:11AM – 8:51AM

Gara Until 12:23AM Tue

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:37PM

Moon – White
Sravana-Avani

Devaloka Day

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 128

Durmukha 5118

Mesha Rasi: 15.55 Tihti 21 – 22

Gulika 12:11PM – 1:51PM

Bharani Until 12:01AM Wed

Ganesha: Clear Sunrise: 5:31AM

Yama 8:51AM – 10:31AM

Vridhi Until 12:12PM

Muruga: Purple Sunset: 6:51PM

Moon 8 - Phase 18

523141362 Rahu 3:31PM – 5:11PM

Visti Until 9:57PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 11:07AM

Moon – White
Sravana-Avani

Devaloka Day

Until 12:01AM Wed

Then Creative Work - Amrita Yoga

Wednesday, August 24, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 129

Durmukha 5118

Vrishabha Rasi: 0.12 Tihti 22 – 23

Gulika 10:31AM – 12:11PM

Krittika Until 10:26PM

Ganesha: White Sunrise: 5:32AM

Yama 7:12AM – 8:52AM

Dhruva Until 9:13AM

Muruga: Purple Sunset: 6:49PM

Moon 8 - Phase 18

523241362 Rahu 12:11PM – 1:51PM

Balava Until 7:42PM

Nataraja: Clear

Ashtami

Creative Work Amrita Yoga

Krishna Janmashtami

Saptami Until 8:47AM

Moon – White
Sravana-Avani

Bhuloka Day

Until 10:26PM

Devaloka Time: 6:PM to 9:PM

Then Creative Work - Siddha Yoga

Thursday, August 25, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 7 Sutra 130

Durmukha 5118

Vrishabha Rasi: 14.21 Tihti 23 – 24

Gulika 8:52AM – 10:31AM

Rohini Until 9:22PM

Ganesha: Purple Sunrise: 5:33AM

Yama 5:33AM – 7:13AM

Vyaghata* Until 6:25AM

Muruga: Purple Sunset: 6:48PM

Moon 8 - Phase 18

534241362 Rahu 1:50PM – 3:29PM

Gara Until 4:46AM Fri

Nataraja: Clear

Navami

Routine Work Marana Yoga

Ashtami* Until 6:39AM

Moon – Yellow
Sravana-Avani

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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| 1 Friday, August 26, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Vrishabha Rasi: 28.2 Tihti 25 | | Mrigashira Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau | | | | Sun 8 Sutra 131 |
| 534241363 | | Gulika 7:13AM – 8:52AM | Mrigashira Until 8:26PM | Ganesh: Purple <i>Sunrise:</i> 5:35AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 3:28PM – 5:07PM | Vajra* Until 1:27AM Sat | Muruga: Purple <i>Sunset:</i> 6:47PM | Moon 8 - Phase 19 | |
| | | Rahu 10:31AM – 12:10PM | Vanija Until 3:57PM | Nataraja: Clear | 2nd Phase | |
| | | | Dashami Until 3:11AM Sat | Moon – Yellow | Sivaloka Day | |
| | | | | Sravana-Avani | | |

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| 2 Saturday, August 27, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Mithuna Rasi: 12.08 Tihti 26 | | Ardra Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 132 |
| 534241363 | | Gulika 5:35AM – 7:14AM | Ardra Until 7:40PM | Ganesh: Purple <i>Sunrise:</i> 5:35AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 1:49PM – 3:28PM | Siddhi Until 11:20PM | Muruga: Purple <i>Sunset:</i> 6:45PM | Moon 8 - Phase 19 | |
| | | Rahu 8:53AM – 10:31AM | Bava Until 2:32PM | Nataraja: Purple | 2nd Phase | |
| | | | Ekadashi* Until 1:55AM Sun | Moon – Yellow | Devaloka Day | |
| | | | | Sravana-Avani | | |

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| 3 Sunday, August 28, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Mithuna Rasi: 25.44 Tihti 27 | | Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau | | | | Sun 10 Sutra 133 |
| 544241363 | | Gulika 3:27PM – 5:05PM | Punarvasu Until 7:33PM | Ganesh: Clear <i>Sunrise:</i> 5:36AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 12:10PM – 1:48PM | Vyatipata* Until 9:32PM | Muruga: Purple <i>Sunset:</i> 6:44PM | Moon 8 - Phase 19 | |
| | | Rahu 5:05PM – 6:44PM | Kaulava Until 1:27PM | Nataraja: Purple | 2nd Phase | |
| | | | Dvadashi* Until 1:02AM Mon | Moon – Blue | Bhuloka Day | |
| | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | |

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| 4 Monday, August 29, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Kataka Rasi: 9.07 Tihti 28 | | Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 134 |
| Family Home Evening | | Gulika 1:48PM – 3:26PM | Pushya Until 7:41PM | Ganesh: Clear <i>Sunrise:</i> 5:37AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 10:31AM – 12:09PM | Variyan Until 8:02PM | Muruga: Purple <i>Sunset:</i> 6:42PM | Moon 8 - Phase 19 | |
| | | Rahu 7:15AM – 8:53AM | Gara Until 12:45PM | Nataraja: Purple | 2nd Phase | |
| | | | Trayodashi* Until 12:33AM Tue | Moon – Blue | Bhuloka Day | |
| | | | <i>Pradosha Vrata (Fasting)</i> | Sravana-Avani | Devaloka Time: 9:AM to12:PM | |

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| 5 Tuesday, August 30, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Kataka Rasi: 22.17 Tihti 29 | | Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | Sun 12 Sutra 135 |
| 544241363 | | Gulika 12:09PM – 1:47PM | Ashlesha* Until 8:06PM | Ganesh: Clear <i>Sunrise:</i> 5:38AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 8:53AM – 10:31AM | Parigha* Until 6:54PM | Muruga: Purple <i>Sunset:</i> 6:41PM | Moon 8 - Phase 19 | |
| | | Rahu 3:25PM – 5:03PM | Visti Until 12:30PM | Nataraja: Purple | 2nd Phase | |
| | | | Chaturdashi* Until 12:32AM Wed | Moon – Blue | Bhuloka Day | |
| | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | |

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| Wednesday, August 31, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | Sun 13 Sutra 136 |
| Simha Rasi: 5.12 Tihti 30 | | Gulika 10:31AM – 12:09PM | Magha* Until 9:19PM | Ganesh: Orange <i>Sunrise:</i> 5:38AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 7:16AM – 8:54AM | Shiva Until 6:11PM | Muruga: Purple <i>Sunset:</i> 6:39PM | Moon 8 - Phase 19 | |
| Until 9:19PM | | Rahu 12:09PM – 1:46PM | Catuspada Until 12:44PM | Nataraja: Purple | Amavasya | |
| Then Creative Work - Amrita Yoga | | | Amavasya* Until 1:02AM Thu | Moon – Red | Bhuloka Day | |
| | | | | Sravana-Avani | Devaloka Time: 9:AM to12:PM | |

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| Thursday, September 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Purvaphalguni Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Sun 14 Sutra 137 |
| Simha Rasi: 17.52 Tihti 1 | | Gulika 8:54AM – 10:31AM | Purvaphalguni Until 10:54PM | Ganesh: Orange <i>Sunrise:</i> 5:39AM | Durmukha 5118 | |
| Creative Work Siddha Yoga | | Yama 5:39AM – 7:17AM | Siddha Until 5:49PM | Muruga: Purple <i>Sunset:</i> 6:38PM | Moon 8 - Phase 19 | |
| | | Rahu 1:46PM – 3:23PM | Kintughna Until 1:29PM | Nataraja: Purple | Prathama | |
| | | | Prathama* Until 2:02AM Fri | Moon – Red | Bhuloka Day | |
| | | Annular Solar Eclipse | | Bhadrapada-Avani | Devaloka Time: 9:AM to12:PM | |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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| 1 | | Friday, September 2, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau | St. Helena, CA Sun 15 Sutra 138 Durmukha 5118 |
| Kanya Rasi: 0.19 | Tithi 2 | Gulika 7:17AM – 8:54AM | Uttaraphalguni Until 12:47AM Sat | Ganesh: Orange <i>Sunrise:</i> 5:40AM | | | |
| | | Yama 3:22PM – 4:59PM | Sadhya Until 5:53PM | Muruga: Purple <i>Sunset:</i> 6:36PM | | Moon 8 - Phase 20 | |
| | | 564241363 Rahu 10:31AM – 12:06PM | Balava Until 2:45PM | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Dvitiya Until 3:33AM Sat | Moon – Red | Bhuloka Day | | |
| Until 12:47AM Sat | | | | Bhadrapada-Avani | Devaloka Time: 9:AM to 12:PM | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 2 | | Saturday, September 3, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau | St. Helena, CA Sun 16 Sutra 139 Durmukha 5118 |
| Kanya Rasi: 12.33 | Tithi 3 | Gulika 5:41AM – 7:18AM | Hasta Until 3:25AM Sun | Ganesh: Clear <i>Sunrise:</i> 5:41AM | | | |
| | | Yama 1:44PM – 3:21PM | Subha Until 6:18PM | Muruga: Purple <i>Sunset:</i> 6:35PM | | Moon 8 - Phase 20 | |
| | | 564241363 Rahu 8:54AM – 10:31AM | Taitila Until 4:29PM | Nataraja: Purple | | 3rd Phase | |
| Routine Work | Marana Yoga | | Tritiya Until 5:29AM Sun | Moon – Green | Bhuloka Day | | |
| Until 3:25AM Sun | | | | Bhadrapada-Avani | Devaloka Time: 9:AM to 12:PM | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 3 | | Sunday, September 4, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Sukla Yoga Vanija Karana Chaturthyam Titau | St. Helena, CA Sun 17 Sutra 140 Durmukha 5118 |
| Kanya Rasi: 24.37 | Tithi 4 | Gulika 3:20PM – 4:57PM | Chitra Until 6:12AM Mon | Ganesh: Clear <i>Sunrise:</i> 5:42AM | | | |
| | | Yama 12:07PM – 1:44PM | Sukla Until 6:59PM | Muruga: Purple <i>Sunset:</i> 6:33PM | | Moon 8 - Phase 20 | |
| | | 564241363 Rahu 4:57PM – 6:33PM | Vanija Until 6:36PM | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Chaturthi* Until 7:44AM Mon | Moon – Green | Bhuloka Day | | |
| Until 6:12AM Mon | | | | Bhadrapada-Avani | Devaloka Time: 9:AM to 12:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 | | Monday, September 5, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visi*/Bava Karana Chaturthi/Panchamyam Titau | St. Helena, CA Sun 18 Sutra 141 Durmukha 5118 |
| Tula Rasi: 6.33 | Tithi 4 – 5 | Gulika 1:43PM – 3:19PM | Chitra Until 6:12AM | Ganesh: Clear <i>Sunrise:</i> 5:43AM | | | |
| Family Home Evening | | Yama 10:31AM – 12:07PM | Brahma Until 7:51PM | Muruga: Purple <i>Sunset:</i> 6:31PM | | Moon 8 - Phase 20 | |
| | | 564241363 Rahu 7:19AM – 8:55AM | Bava Until 8:58PM | Nataraja: Purple | | 3rd Phase | |
| Routine Work | Prabalarishta Yoga | | Chaturthi* Until 7:44AM | Moon – Green | Bhuloka Day | | |
| Until 6:12AM | | Ganesh Chaturthi | | Bhadrapada-Avani | Devaloka Time: 9:AM to 12:PM | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 5 | | Tuesday, September 6, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | St. Helena, CA Sun 19 Sutra 142 Durmukha 5118 |
| Tula Rasi: 18.26 | Tithi 5 – 6 | Gulika 12:07PM – 1:43PM | Svati Until 8:59AM | Ganesh: White <i>Sunrise:</i> 5:44AM | | | |
| | | Yama 8:55AM – 10:31AM | Indra Until 8:48PM | Muruga: Purple <i>Sunset:</i> 6:30PM | | Moon 8 - Phase 20 | |
| | | 565241363 Rahu 3:18PM – 4:54PM | Kaulava Until 11:24PM | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 10:10AM | Moon – Green | Bhuloka Day | | |
| Until 8:59AM | | | | Bhadrapada-Avani | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 6 | | Wednesday, September 7, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | St. Helena, CA Sun 20 Sutra 143 Durmukha 5118 |
| Vrischika Rasi: 0.17 | Tithi 6 – 7 | Gulika 10:31AM – 12:06PM | Vishakha Until 12:07PM | Ganesh: Clear <i>Sunrise:</i> 5:45AM | | | |
| | | Yama 7:20AM – 8:55AM | Vaidhriti* Until 9:40PM | Muruga: Purple <i>Sunset:</i> 6:28PM | | Moon 8 - Phase 20 | |
| | | 575241363 Rahu 12:06PM – 1:42PM | Gara Until 1:45AM Thu | Nataraja: Purple | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 12:35PM | Moon – Orange | Bhuloka Day | | |
| | | | | Bhadrapada-Avani | Devaloka Time: 6:AM to 9:AM | | |
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|--|-------------|---------------------------------------|------------------------------|---|-----------------------------|--|---|
| Retreat Star | | Thursday, September 8, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vanija/Visi* Karana Saptami/Ashtamyam Titau | St. Helena, CA Sun 21 Sutra 144 Durmukha 5118 |
| Vrischika Rasi: 12.13 | Tithi 7 – 8 | Gulika 8:56AM – 10:31AM | Anuradha Until 2:53PM | Ganesh: Clear <i>Sunrise:</i> 5:45AM | | | |
| | | Yama 5:45AM – 7:21AM | Vishkambha* Until 10:20PM | Muruga: Purple <i>Sunset:</i> 6:27PM | | Moon 8 - Phase 20 | |
| | | 575241363 Rahu 1:41PM – 3:16PM | Visti Until 3:48AM Fri | Nataraja: Purple | | Ashtami | |
| Creative Work | Siddha Yoga | | Saptami Until 2:48PM | Moon – Orange | Bhuloka Day | | |
| Until 2:53PM | | | | Bhadrapada-Avani | Devaloka Time: 6:AM to 9:AM | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | |

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|----------------------------------|-------------|---|-------------------------------|---|-----------------------------|--|---|
| Retreat Star | | Friday, September 9, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | St. Helena, CA Sun 22 Sutra 145 Durmukha 5118 |
| Vrischika Rasi: 24.16 | Tithi 8 – 9 | Gulika 7:21AM – 8:56AM | Jyeshtha* Until 5:08PM | Ganesh: Clear <i>Sunrise:</i> 5:46AM | | | |
| | | Yama 3:16PM – 4:50PM | Priti Until 10:42PM | Muruga: Purple <i>Sunset:</i> 6:25PM | | Moon 8 - Phase 20 | |
| | | 575241363 Rahu 10:31AM – 12:06PM | Balava Until 5:24AM Sat | Nataraja: Purple | | Navami | |
| Routine Work | Marana Yoga | | Ashtami* Until 4:39PM | Moon – Orange | Bhuloka Day | | |
| Until 5:08PM | | | | Bhadrapada-Avani | Devaloka Time: 6:AM to 9:AM | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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| 1 | Saturday, September 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mantla Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | St. Helena, CA Sun 23 Sutra 146 |
| | Dhanus Rasi: 6.29 | Tithi 9 – 10 | 585241363 | Gulika 5:47AM – 7:22AM Yama 1:40PM – 3:15PM Rahu 8:56AM – 10:31AM | Mula* Until 7:11PM Ayushman Until 10:36PM Taitila Until 6:23AM Sun Navami* Until 5:57PM | Ganesha: Purple <i>Sunrise:</i> 5:47AM Muruga: Purple <i>Sunset:</i> 6:24PM Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 4th Phase Bhuloka Day |
| | Creative Work | Siddha Yoga | | | | | |
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| 2 | Sunday, September 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau | | | | St. Helena, CA Sun 24 Sutra 147 |
| | Dhanus Rasi: 18.59 | Tithi 10 | 585241363 | Gulika 3:14PM – 4:48PM Yama 12:05PM – 1:39PM Rahu 4:48PM – 6:22PM | Purvashadha* Until 8:24PM Saubhagya Until 9:58PM Taitila Until 6:23AM Dashami Until 6:35PM | Ganesha: Purple <i>Sunrise:</i> 5:48AM Muruga: Purple <i>Sunset:</i> 6:22PM Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 4th Phase Bhuloka Day |
| | Creative Work | Siddha Yoga | | Grandparent's Day | | | |
| | Until 8:24PM | | | | | | |

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| 3 | Monday, September 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | St. Helena, CA Sun 25 Sutra 148 |
| | Makara Rasi: 1.5 | Tithi 11 | 585241363 | Gulika 1:39PM – 3:13PM Yama 10:31AM – 12:05PM Rahu 7:23AM – 8:57AM | Uttarashadha Until 8:45PM Sobhana Until 8:45PM Vanija Until 6:39AM Ekadashi Until 6:29PM | Ganesha: Purple <i>Sunrise:</i> 5:49AM Muruga: Purple <i>Sunset:</i> 6:21PM Nataraja: Purple Moon – Light Blue Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 4th Phase Bhuloka Day |
| | Family Home Evening | | | | | | |
| | Routine Work | Marana Yoga | | | | | |

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| 4 | Tuesday, September 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | St. Helena, CA Sun 26 Sutra 149 |
| | Makara Rasi: 15.03 | Tithi 12 – 13 | 595241363 | Gulika 12:04PM – 1:38PM Yama 8:57AM – 10:31AM Rahu 3:12PM – 4:45PM | Shravana Until 8:39PM Athiganda* Until 6:55PM Bava Until 6:09AM Dvadashi Until 5:36PM | Ganesha: Clear <i>Sunrise:</i> 5:50AM Muruga: Purple <i>Sunset:</i> 6:19PM Nataraja: Purple Moon – Purple Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Creative Work | Siddha Yoga | | | | | |
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| 5 | Wednesday, September 14, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | St. Helena, CA Sun 27 Sutra 150 |
| | Makara Rasi: 28.41 | Tithi 13 – 14 | 595241363 | Gulika 10:31AM – 12:04PM Yama 7:24AM – 8:57AM Rahu 12:04PM – 1:37PM | Dhanishtha Until 7:42PM Sukarma Until 4:31PM Gara Until 3:00AM Thu Trayodashi Until 4:01PM | Ganesha: Clear <i>Sunrise:</i> 5:51AM Muruga: Purple <i>Sunset:</i> 6:17PM Nataraja: Purple Moon – Purple Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 4th Phase Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Routine Work | Prabalarishta Yoga | | Chidambaram Abhishekam | | | |
| | Until 7:42PM | | | | | | |

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| O | Thursday, September 15, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | St. Helena, CA Sutra 151 |
| | Copper Retreat Star | | 595241363 | Gulika 8:58AM – 10:31AM Yama 5:51AM – 7:25AM Rahu 1:37PM – 3:10PM | Shatabhishak Until 6:02PM Dhriti Until 1:38PM Visti Until 12:33AM Fri Chaturdashi* Until 1:49PM | Ganesha: Clear <i>Sunrise:</i> 5:51AM Muruga: Purple <i>Sunset:</i> 6:16PM Nataraja: Purple Moon – Purple Bhadrapada-Avani | Durmukha 5118 Moon 8 - Phase 21 Purnima Bhuloka Day Devaloka Time: 6:AM to 9:AM |
| | Kumbha Rasi: 12.44 | Tithi 14 – 15 | | | | | |
| | Creative Work | Siddha Yoga | | | | | |

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| O | Friday, September 16, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | St. Helena, CA Sutra 152 |
| | Silver Retreat Star | | 516241363 | Gulika 7:25AM – 8:58AM Yama 3:09PM – 4:41PM Rahu 10:31AM – 12:03PM | Purvaprosnthapada* Until 4:11PM Shula* Until 10:20AM Balava Until 9:41PM Purnima* Until 11:08AM | Ganesha: Purple <i>Sunrise:</i> 5:52AM Muruga: Purple <i>Sunset:</i> 6:14PM Nataraja: Purple Moon – Clear Bhadrapada-Puratasi | Durmukha 5118 Moon 8 - Phase 21 Prathama Devaloka Day |
| | Kumbha Rasi: 27.08 | Tithi 15 – 16 | | | | | |
| | Creative Work | Siddha Yoga | | Penumbral Lunar Eclipse | | | |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Saturday, September 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manla Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

St. Helena, CA

Sutra 153

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 11.48 Tihi 16 - 17

516241363

Gulika 5:53AM - 7:26AM
Yama 1:35PM - 3:08PM
Rahu 8:58AM - 10:30AM

Uttaraproshtapada Until 1:53PM
Ganda* Until 6:45AM
Taitila Until 6:33PM
Prathama* Until 8:07AM

Ganesha: Purple *Sunrise:* 5:53AM
Muruga: Purple *Sunset:* 6:13PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga
Until 1:53PM

Then Routine Work - Prabalarishta Yoga

1

Sunday, September 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 154

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Meena Rasi: 26.38 Tihi 18

516341363

Gulika 3:07PM - 4:39PM
Yama 12:03PM - 1:35PM
Rahu 4:39PM - 6:11PM

Revati Until 11:17AM
Dhruva Until 11:13PM
Vanija Until 3:17PM
Tritiya Until 1:39AM Mon

Ganesha: Clear *Sunrise:* 5:54AM
Muruga: Purple *Sunset:* 6:11PM
Nataraja: Purple
Moon - Clear
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Amrita Yoga
Until 11:17AM

Then Creative Work - Siddha Yoga

2

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 155

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 11.29 Tihi 19

526341363

Gulika 1:34PM - 3:06PM
Yama 10:30AM - 12:02PM
Rahu 7:27AM - 8:59AM

Ashvini Until 8:58AM
Vyaghata* Until 7:29PM
Bava Until 12:04PM
Chaturthi* Until 10:29PM

Ganesha: Purple *Sunrise:* 5:55AM
Muruga: Purple *Sunset:* 6:09PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

Family Home Evening

3

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 156

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 26.14 Tihi 20

526341363

Gulika 12:02PM - 1:33PM
Yama 8:59AM - 10:30AM
Rahu 3:05PM - 4:36PM

Bharani Until 6:40AM
Harshana Until 3:56PM
Kaulava Until 9:00AM
Panchami Until 7:33PM

Ganesha: Purple *Sunrise:* 5:56AM
Muruga: Purple *Sunset:* 6:08PM
Nataraja: Purple
Moon - White
Bhadrapada-Puratasi

Bhuloka Day

Creative Work Siddha Yoga

4

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 157

Durmukha 5118

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 10.48 Tihi 21 - 22

536341363

Gulika 10:30AM - 12:02PM
Yama 7:28AM - 8:59AM
Rahu 12:02PM - 1:33PM

Rohini Until 3:00AM Thu
Vajra* Until 12:38PM
Gara Until 6:14AM
Shashthi* Until 4:58PM

Ganesha: Clear *Sunrise:* 5:57AM
Muruga: Purple *Sunset:* 6:06PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

Until 3:00AM Thu

Then Routine Work - Marana Yoga

D

Thursday, September 22, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 158

Durmukha 5118

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 25.05 Tihi 22 - 23

536341363

Gulika 8:59AM - 10:30AM
Yama 5:58AM - 7:28AM
Rahu 1:32PM - 3:03PM

Mrigashira Until 1:50AM Fri
Siddhi Until 9:42AM
Balava Until 1:57AM Fri
Saptami Until 2:49PM

Ganesha: Clear *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Routine Work Marana Yoga

Until 1:50AM Fri

Then Creative Work - Siddha Yoga

Friday, September 23, 2016
Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Vriyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 159

Durmukha 5118

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.04 Tihi 23 - 24

537341363

Gulika 7:29AM - 9:00AM
Yama 3:02PM - 4:33PM
Rahu 10:30AM - 12:01PM

Ardra Until 1:02AM Sat
Vyatipata* Until 7:10AM
Taitila Until 12:35AM Sat
Ashtami* Until 1:11PM

Ganesha: White *Sunrise:* 5:58AM
Muruga: Purple *Sunset:* 6:03PM
Nataraja: Purple
Moon - Yellow
Bhadrapada-Puratasi

Devaloka Day

Creative Work Siddha Yoga

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|---------------------|---------------|-------------------------------------|------------------|-----------------------------------|--|---|--|
| 1 | | Saturday, September 24, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | St. Helena, CA Sun 7 Sutra 160 Durmukha 5118 |
| Mithuna Rasi: 22.42 | Tithi 24 – 25 | Gulika | 5:59AM – 7:30AM | Punarvasu Until 1:05AM Sun | Ganesh: Yellow <i>Sunrise:</i> 5:59AM | | |
| | | Yama | 1:31PM – 3:01PM | Parigha* Until 3:22AM Sun | Muruga: Purple <i>Sunset:</i> 6:02PM | Moon 9 - Phase 23 | |
| | | 547341363 Rahu | 9:00AM – 10:30AM | Vanija Until 11:46PM | Nataraja: Purple | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Navami* Until 12:05PM | Moon – Blue | Bhuloka Day | |
| | | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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| 2 | | Sunday, September 25, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | St. Helena, CA Sun 8 Sutra 161 Durmukha 5118 |
| Kataka Rasi: 6.02 | Tithi 25 – 26 | Gulika | 3:00PM – 4:30PM | Pushya Until 1:31AM Mon | Ganesh: Yellow <i>Sunrise:</i> 6:00AM | | |
| | | Yama | 12:00PM – 1:30PM | Shiva Until 2:08AM Mon | Muruga: Purple <i>Sunset:</i> 6:02PM | Moon 9 - Phase 23 | |
| | | 547341363 Rahu | 4:30PM – 6:00PM | Bava Until 11:30PM | Nataraja: Purple | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Dashami Until 11:33AM | Moon – Blue | Bhuloka Day | |
| | | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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| 3 | | Monday, September 26, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | St. Helena, CA Sun 9 Sutra 162 Durmukha 5118 |
| Kataka Rasi: 19.04 | Tithi 26 – 27 | Gulika | 1:29PM – 2:59PM | Ashlesha* Until 2:18AM Tue | Ganesh: Yellow <i>Sunrise:</i> 6:01AM | | |
| Family Home Evening | | Yama | 10:30AM – 12:00PM | Siddha Until 1:17AM Tue | Muruga: Purple <i>Sunset:</i> 5:58PM | Moon 9 - Phase 23 | |
| | | 547341363 Rahu | 7:31AM – 9:00AM | Kaulava Until 11:45PM | Nataraja: Purple | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Ekadashi* Until 11:33AM | Moon – Blue | Bhuloka Day | |
| | | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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| 4 | | Tuesday, September 27, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | St. Helena, CA Sun 10 Sutra 163 Durmukha 5118 |
| Simha Rasi: 1.52 | Tithi 27 – 28 | Gulika | 11:59AM – 1:29PM | Magha* Until 3:52AM Wed | Ganesh: Yellow <i>Sunrise:</i> 6:02AM | | |
| | | Yama | 9:01AM – 10:30AM | Sadhya Until 12:50AM Wed | Muruga: Purple <i>Sunset:</i> 5:57PM | Moon 9 - Phase 23 | |
| | | 657341363 Rahu | 2:58PM – 4:28PM | Gara Until 12:31AM Wed | Nataraja: Purple | 2nd Phase | |
| Creative Work | Siddha Yoga | | | Dvadashi* Until 12:03PM | Moon – Red | Bhuloka Day | |
| Until 3:52AM Wed | | | | <i>Pradosha Vrata (Fasting)</i> | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 5 | | Wednesday, September 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | St. Helena, CA Sun 11 Sutra 164 Durmukha 5118 |
| Simha Rasi: 14.26 | Tithi 28 – 29 | Gulika | 10:30AM – 11:59AM | Purvaphalguni Until 5:43AM Thu | Ganesh: Yellow <i>Sunrise:</i> 6:03AM | | |
| | | Yama | 7:32AM – 9:01AM | Subha Until 12:45AM Thu | Muruga: Purple <i>Sunset:</i> 5:55PM | Moon 9 - Phase 23 | |
| | | 657341363 Rahu | 11:59AM – 1:28PM | Visti Until 1:43AM Thu | Nataraja: Purple | 2nd Phase | |
| Creative Work | Amrita Yoga | | | Trayodashi* Until 1:02PM | Moon – Red | Bhuloka Day | |
| | | | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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| ● | | Thursday, September 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | St. Helena, CA Sun 12 Sutra 165 Durmukha 5118 |
| Retreat Star | | Gulika | 9:01AM – 10:30AM | Uttaraphalguni Until 7:47AM Fri | Ganesh: Yellow <i>Sunrise:</i> 6:04AM | | |
| Simha Rasi: 26.48 | Tithi 29 – 30 | Yama | 6:04AM – 7:33AM | Sukla Until 12:56AM Fri | Muruga: Purple <i>Sunset:</i> 5:54PM | Moon 9 - Phase 23 | |
| | | 657341363 Rahu | 1:28PM – 2:56PM | Catuspada Until 3:19AM Fri | Nataraja: Purple | Amavasya | |
| | Amrita Yoga | | | Chaturdashi* Until 2:27PM | Moon – Red | Bhuloka Day | |
| | | Mahalaya Amavasai (Tamil Nadu) | | | Bhadrapada-Puratasi | Devaloka Time: 9:AM to12:PM | |

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| Friday, September 30, 2016 | | Retreat Star | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | St. Helena, CA Sun 13 Sutra 166 Durmukha 5118 |
| Kanya Rasi: 9.01 | Tithi 30 – 1 | Gulika | 7:33AM – 9:02AM | Uttaraphalguni Until 7:47AM | Ganesh: Blue <i>Sunrise:</i> 6:05AM | | |
| | | Yama | 2:55PM – 4:24PM | Brahma Until 1:23AM Sat | Muruga: Purple <i>Sunset:</i> 5:52PM | Moon 9 - Phase 23 | |
| | | 658341363 Rahu | 10:30AM – 11:58AM | Kintughna Until 5:16AM Sat | Nataraja: Purple | Prathama | |
| Creative Work | Siddha Yoga | | | Amavasya* Until 4:14PM | Moon – Red | Bhuloka Day | |
| Until 7:47AM | | Navaratri Begins | | | Ashvina-Puratasi | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang

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|----------------------------------|--------------------|-----------------------------------|-------------------|---|-------------------------|------------------------|------------------------------|------------------------------------|--|
| 1 | | Saturday, October 1, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava Karana Prathamayam Titau | | | | St. Helena, CA Sun 14 Sutra 167 | |
| Kanya Rasi: 21.05 | Tithi 1 | Gulika | 6:06AM – 7:34AM | Hasta Until 10:29AM | Ganesh: Blue | <i>Sunrise:</i> 6:06AM | Durmukha 5118 | | |
| | | Yama | 1:26PM – 2:54PM | Indra Until 2:05AM Sun | Muruga: Purple | <i>Sunset:</i> 5:51PM | Moon 9 - Phase 24 | | |
| Routine Work | Marana Yoga | 668341363 Rahu | 9:02AM – 10:30AM | Bava Until 6:20PM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Prathama* Until 6:20PM | Moon – Green | | Bhuloka Day | | |
| | | | | | Ashvina+Puratasi | | | | |
| 2 | | Sunday, October 2, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | St. Helena, CA Sun 15 Sutra 168 | |
| Tula Rasi: 3.03 | Tithi 2 | Gulika | 2:53PM – 4:21PM | Chitra Until 1:16PM | Ganesh: Blue | <i>Sunrise:</i> 6:07AM | Durmukha 5118 | | |
| | | Yama | 11:58AM – 1:26PM | Vaidhriti* Until 2:54AM Mon | Muruga: Purple | <i>Sunset:</i> 5:49PM | Moon 9 - Phase 24 | | |
| Creative Work | Siddha Yoga | 668341363 Rahu | 4:21PM – 5:49PM | Balava Until 7:29AM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Dvitiya Until 8:39PM | Moon – Green | | Bhuloka Day | | |
| | | | | | Ashvina+Puratasi | | | | |
| 3 | | Monday, October 3, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Vishkambha* Yoga Taitila/Gara Karana Tritiyayam Titau | | | | St. Helena, CA Sun 16 Sutra 169 | |
| Tula Rasi: 14.56 | Tithi 3 | Gulika | 1:25PM – 2:53PM | Svati Until 4:02PM | Ganesh: Blue | <i>Sunrise:</i> 6:07AM | Durmukha 5118 | | |
| Family Home Evening | | Yama | 10:30AM – 11:58AM | Vishkambha* Until 3:49AM Tue | Muruga: Purple | <i>Sunset:</i> 5:48PM | Moon 9 - Phase 24 | | |
| Creative Work | Amrita Yoga | 668341363 Rahu | 7:35AM – 9:02AM | Taitila Until 9:54AM | Nataraja: Purple | | 3rd Phase | | |
| Until 4:02PM | | | | Tritiya Until 11:07PM | Moon – Green | | Bhuloka Day | | |
| Then Routine Work - Marana Yoga | | | | | Ashvina+Puratasi | | | | |
| 4 | | Tuesday, October 4, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | St. Helena, CA Sun 17 Sutra 170 | |
| Tula Rasi: 26.48 | Tithi 4 | Gulika | 11:57AM – 1:24PM | Vishakha Until 7:13PM | Ganesh: Blue | <i>Sunrise:</i> 6:08AM | Durmukha 5118 | | |
| | | Yama | 9:03AM – 10:30AM | Priti Until 4:45AM Wed | Muruga: Purple | <i>Sunset:</i> 5:46PM | Moon 9 - Phase 24 | | |
| Routine Work | Marana Yoga | 678341363 Rahu | 2:52PM – 4:19PM | Vanija Until 12:24PM | Nataraja: Purple | | 3rd Phase | | |
| Until 7:13PM | | | | Chaturthi* Until 1:37AM Wed | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Ashvina+Puratasi | | | | |
| 5 | | Wednesday, October 5, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau | | | | St. Helena, CA Sun 18 Sutra 171 | |
| Vrischika Rasi: 8.39 | Tithi 5 | Gulika | 10:30AM – 11:57AM | Anuradha Until 10:09PM | Ganesh: Blue | <i>Sunrise:</i> 6:09AM | Durmukha 5118 | | |
| | | Yama | 7:36AM – 9:03AM | Ayushman Until 5:34AM Thu | Muruga: Purple | <i>Sunset:</i> 5:45PM | Moon 9 - Phase 24 | | |
| Creative Work | Siddha Yoga | 678341363 Rahu | 11:57AM – 1:24PM | Bava Until 2:52PM | Nataraja: Purple | | 3rd Phase | | |
| | | | | Panchami Until 4:01AM Thu | Moon – Orange | | Bhuloka Day | | |
| | | | | | Ashvina+Puratasi | | | | |
| 6 | | Thursday, October 6, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau | | | | St. Helena, CA Sun 19 Sutra 172 | |
| Vrischika Rasi: 20.34 | Tithi 6 | Gulika | 9:03AM – 10:30AM | Jyeshtha* Until 12:43AM Fri | Ganesh: Red | <i>Sunrise:</i> 6:10AM | Durmukha 5118 | | |
| | | Yama | 6:10AM – 7:37AM | Saubhagya Until 6:12AM Fri | Muruga: Purple | <i>Sunset:</i> 5:43PM | Moon 9 - Phase 24 | | |
| Routine Work | Prabalarishta Yoga | 679341363 Rahu | 1:23PM – 2:50PM | Kaulava Until 5:10PM | Nataraja: Purple | | 3rd Phase | | |
| Until 12:43AM Fri | | | | Shashthi* Until 6:10AM Fri | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | | Devaloka Time: 9:AM to 12:PM | | |
| Retreat Star | | Friday, October 7, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | St. Helena, CA Sun 20 Sutra 173 | |
| Dhanus Rasi: 2.34 | Tithi 6 – 7 | Gulika | 7:37AM – 9:04AM | Mula* Until 3:14AM Sat | Ganesh: Blue | <i>Sunrise:</i> 6:11AM | Durmukha 5118 | | |
| | | Yama | 2:49PM – 4:15PM | Saubhagya Until 6:12AM | Muruga: Purple | <i>Sunset:</i> 5:42PM | Moon 9 - Phase 24 | | |
| Creative Work | Amrita Yoga | 689341364 Rahu | 10:30AM – 11:56AM | Gara Until 7:07PM | Nataraja: Clear | | 3rd Phase | | |
| Until 3:14AM Sat | | | | Shashthi* Until 6:10AM | Moon – Light Blue | | Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Ashvina+Puratasi | | | | |
| Retreat Star | | Saturday, October 8, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | St. Helena, CA Sun 21 Sutra 174 | |
| Dhanus Rasi: 14.44 | Tithi 7 – 8 | Gulika | 6:12AM – 7:38AM | Purvashadha* Until 5:03AM Sun | Ganesh: Blue | <i>Sunrise:</i> 6:12AM | Durmukha 5118 | | |
| | | Yama | 1:22PM – 2:48PM | Sobhana Until 6:31AM | Muruga: Purple | <i>Sunset:</i> 5:40PM | Moon 9 - Phase 24 | | |
| Creative Work | Siddha Yoga | 689341364 Rahu | 9:04AM – 10:30AM | Visti Until 8:34PM | Nataraja: Clear | | Ashtami | | |
| Until 5:03AM Sun | | | | Saptami Until 7:54AM | Moon – Light Blue | | Sivaloka Day | | |
| Then Creative Work - Amrita Yoga | | | | | Ashvina+Puratasi | | | | |
| Retreat Star | | Sunday, October 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | St. Helena, CA Sun 22 Sutra 175 | |
| Dhanus Rasi: 27.09 | Tithi 8 – 9 | Gulika | 2:47PM – 4:13PM | Uttarashadha Until 6:01AM Mon | Ganesh: Blue | <i>Sunrise:</i> 6:13AM | Durmukha 5118 | | |
| | | Yama | 11:56AM – 1:22PM | Athiganda* Until 6:22AM | Muruga: Purple | <i>Sunset:</i> 5:39PM | Moon 9 - Phase 24 | | |
| Creative Work | Amrita Yoga | 689341364 Rahu | 4:13PM – 5:39PM | Balava Until 9:21PM | Nataraja: Clear | | Navami | | |
| | | | | Ashtami* Until 9:02AM | Moon – Light Blue | | Sivaloka Day | | |
| | | | | | Ashvina+Puratasi | | | | |

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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| 1 | | Monday, October 10, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| | | Uttarashadha/Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau | | | | Sun 23 | | Sutra 176 | |
| | | Gulika | 1:21PM – 2:46PM | Uttarashadha Until 6:01AM | Ganesha: Blue | <i>Sunrise:</i> 6:14AM | Durmukha 5118 | | |
| Makara Rasi: 9.54 | | Yama | 10:30AM – 11:56AM | Dhriti Until 4:22AM Tue | Muruga: Clear | <i>Sunset:</i> 5:37PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 689351364 | Rahu | 7:39AM – 9:05AM | Nataraja: Clear | Moon – Light Blue | | | |
| Routine Work | | Marana Yoga | | Taitila Until 9:21PM | | | Subha Sivaloka Day | | |
| Until 6:01AM | | | | Navami* Until 9:26AM | Ashvina•Puratasi | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 2 | | Tuesday, October 11, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| | | Shravana/Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau | | | | Sun 24 | | Sutra 177 | |
| | | Gulika | 11:55AM – 1:20PM | Shravana Until 6:30AM | Ganesha: Yellow | <i>Sunrise:</i> 6:15AM | Durmukha 5118 | | |
| Makara Rasi: 23.02 | | Yama | 9:05AM – 10:30AM | Shula* Until 2:22AM Wed | Muruga: Clear | <i>Sunset:</i> 5:36PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 699351364 | Rahu | 2:45PM – 4:11PM | Nataraja: Clear | Moon – Purple | | | |
| Routine Work | | Siddha Yoga | | Vanija Until 8:31PM | | | Sivaloka Day | | |
| Until 6:02AM | | | | Dashami Until 9:01AM | Ashvina•Puratasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 3 | | Wednesday, October 12, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| | | Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau | | | | Sun 25 | | Sutra 178 | |
| | | Gulika | 10:30AM – 11:55AM | Dhanishtha Until 6:02AM | Ganesha: Yellow | <i>Sunrise:</i> 6:16AM | Durmukha 5118 | | |
| Kumbha Rasi: 6.38 | | Yama | 7:41AM – 9:05AM | Ganda* Until 11:45PM | Muruga: Clear | <i>Sunset:</i> 5:34PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 699351364 | Rahu | 11:55AM – 1:20PM | Nataraja: Clear | Moon – Purple | | | |
| Routine Work | | Prabalarishta Yoga | | Bava Until 6:53PM | | | Sivaloka Day | | |
| Until 6:02AM | | | | Ekadashi Until 7:46AM | Ashvina•Puratasi | | | | |
| Then Creative Work - Siddha Yoga | | Kadaitswami Mahasamadhi | | | | | | | |

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| 4 | | Thursday, October 13, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| | | Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | Sun 26 | | Sutra 179 | |
| | | Gulika | 9:06AM – 10:30AM | Purvaproshtapada* Until 2:54AM Fri | Ganesha: Clear | <i>Sunrise:</i> 6:17AM | Durmukha 5118 | | |
| Kumbha Rasi: 20.42 | | Yama | 6:17AM – 7:41AM | Vriddhi Until 8:36PM | Muruga: Clear | <i>Sunset:</i> 5:33PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 619351364 | Rahu | 1:19PM – 2:44PM | Nataraja: Clear | Moon – Clear | | | |
| Routine Work | | Siddha Yoga | | Kaulava Until 4:32PM | | | Sivaloka Day | | |
| Until 6:02AM | | | | Trayodashi Until 3:07AM Fri | Ashvina•Puratasi | | | | |
| Then Routine Work - Siddha Yoga | | | | | | <i>Pradosha Vrata</i> | | | |

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| 5 | | Friday, October 14, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| | | Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | Sun 27 | | Sutra 180 | |
| | | Gulika | 7:42AM – 9:06AM | Uttaraproshtapada Until 12:30AM Sat | Ganesha: White | <i>Sunrise:</i> 6:18AM | Durmukha 5118 | | |
| Meena Rasi: 5.13 | | Yama | 2:43PM – 4:07PM | Dhruva Until 4:57PM | Muruga: Clear | <i>Sunset:</i> 5:31PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 611451364 | Rahu | 10:30AM – 11:55AM | Nataraja: Clear | Moon – Clear | | | |
| Routine Work | | Siddha Yoga | | Gara Until 1:36PM | | | Devaloka Day | | |
| Until 12:30AM Sat | | | | Chaturdashi* Until 11:56PM | Ashvina•Puratasi | | | | |
| Then Routine Work - Prabalarishta Yoga | | Chidambaram Abhishekam | | | | | | | |

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| ○ | | Saturday, October 15, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| | | Copper Retreat Star | | | | Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau | | Sutra 181 | |
| | | Gulika | 6:19AM – 7:43AM | Revati Until 9:37PM | Ganesha: White | <i>Sunrise:</i> 6:19AM | Durmukha 5118 | | |
| Meena Rasi: 20.05 | | Yama | 1:18PM – 2:42PM | Vyaghata* Until 12:59PM | Muruga: Clear | <i>Sunset:</i> 5:30PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 611451364 | Rahu | 9:07AM – 10:30AM | Nataraja: Clear | Moon – Clear | | | |
| Routine Work | | Prabalarishta Yoga | | Visti Until 10:14AM | | | Devaloka Day | | |
| Until 9:37PM | | | | Purnima* Until 8:25PM | Ashvina•Puratasi | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| ○ | | Sunday, October 16, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| | | Silver Retreat Star | | | | Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau | | Sutra 182 | |
| | | Gulika | 2:41PM – 4:05PM | Ashvini Until 6:48PM | Ganesha: Clear | <i>Sunrise:</i> 6:20AM | Durmukha 5118 | | |
| Mesha Rasi: 5.13 | | Yama | 11:54AM – 1:18PM | Harshana Until 8:49AM | Muruga: Clear | <i>Sunset:</i> 5:29PM | Moon 9 - Phase 25 | | |
| Family Home Evening | | 621451364 | Rahu | 4:05PM – 5:29PM | Nataraja: Clear | Moon – White | | | |
| Routine Work | | Siddha Yoga | | Balava Until 6:35AM | | | Sivaloka Day | | |
| Until 6:48PM | | | | Prathama* Until 4:42PM | Ashvina•Aipasi | | | | |
| Then Routine Work - Prabalarishta Yoga | | | | | | | | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 17, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam

St. Helena, CA

Bharani/Krittika Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 183

Gulika 1:17PM - 2:41PM

Bharani Until 3:52PM

Ganesha: Clear Sunrise: 6:21AM

Durmukha 5118

Mesha Rasi: 20.25 Tihi 17 - 18

Yama 10:31AM - 11:54AM

Siddhi Until 12:22AM Tue

Muruga: Clear Sunset: 5:27PM

Moon 10 - Phase 26

Family Home Evening

621451364 Rahu 7:44AM - 9:07AM

Vanija Until 11:11PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Dvitiya Until 12:59PM

Moon - White
Ashvina-Aipasi

Sivaloka Day

Until 3:52PM

Then Routine Work - Marana Yoga

Tuesday, October 18, 2016

1

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam

St. Helena, CA

Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Sun 2 Sutra 184

Gulika 11:54AM - 1:17PM

Krittika Until 12:58PM

Ganesha: Clear Sunrise: 6:22AM

Durmukha 5118

Vrishabha Rasi: 5.32 Tihi 18 - 19

Yama 9:08AM - 10:31AM

Vyatipata* Until 8:24PM

Muruga: Clear Sunset: 5:26PM

Moon 10 - Phase 26

621451364 Rahu 2:40PM - 4:03PM

Bava Until 7:44PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Tritiya Until 9:24AM

Moon - White
Ashvina-Aipasi

Sivaloka Day

Until 12:58PM

Then Creative Work - Amrita Yoga

Wednesday, October 19, 2016

2

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam

St. Helena, CA

Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Sun 3 Sutra 185

Gulika 10:31AM - 11:54AM

Rohini Until 10:41AM

Ganesha: Purple Sunrise: 6:23AM

Durmukha 5118

Vrishabha Rasi: 20.27 Tihi 19 - 20

Yama 7:45AM - 9:08AM

Variyan Until 4:44PM

Muruga: Clear Sunset: 5:24PM

Moon 10 - Phase 26

621451364 Rahu 11:54AM - 1:16PM

Taitila Until 3:21AM Thu

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Chaturthi* Until 6:08AM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Thursday, October 20, 2016

3

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam

St. Helena, CA

Mrigashira/Ardra Nakshatra Parigha* Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 186

Gulika 9:09AM - 10:31AM

Mrigashira Until 8:46AM

Ganesha: Purple Sunrise: 6:24AM

Durmukha 5118

Mithuna Rasi: 5 Tihi 21

Yama 6:24AM - 7:46AM

Parigha* Until 1:31PM

Muruga: Clear Sunset: 5:23PM

Moon 10 - Phase 26

621451364 Rahu 1:16PM - 2:38PM

Gara Until 2:11PM

Nataraja: Clear

1st Phase

Routine Work Marana Yoga

Shashthi* Until 1:09AM Fri

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Friday, October 21, 2016

4

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam

St. Helena, CA

Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5 Sutra 187

Gulika 7:47AM - 9:09AM

Ardra Until 7:19AM

Ganesha: Purple Sunrise: 6:25AM

Durmukha 5118

Mithuna Rasi: 19.08 Tihi 22

Yama 2:38PM - 4:00PM

Shiva Until 10:51AM

Muruga: Clear Sunset: 5:22PM

Moon 10 - Phase 26

621451364 Rahu 10:31AM - 11:53AM

Visti Until 12:19PM

Nataraja: Clear

1st Phase

Creative Work Siddha Yoga

Saptami Until 11:39PM

Moon - Yellow
Ashvina-Aipasi

Devaloka Day

Saturday, October 22, 2016

5

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam

St. Helena, CA

Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 188

Gulika 6:26AM - 7:48AM

Punarvasu Until 6:53AM

Ganesha: Clear Sunrise: 6:26AM

Durmukha 5118

Kataka Rasi: 2.5 Tihi 23

Yama 1:15PM - 2:37PM

Siddha Until 8:44AM

Muruga: Clear Sunset: 5:21PM

Moon 10 - Phase 26

621451364 Rahu 9:09AM - 10:31AM

Balava Until 11:12AM

Nataraja: Clear

Ashtami

Creative Work Siddha Yoga

Ashtami* Until 10:55PM

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

Sunday, October 23, 2016

6

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam

St. Helena, CA

Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Sun 7 Sutra 189

Gulika 2:36PM - 3:58PM

Pushya Until 7:03AM

Ganesha: Clear Sunrise: 6:27AM

Durmukha 5118

Kataka Rasi: 16.05 Tihi 24

Yama 11:53AM - 1:15PM

Sadhya Until 7:14AM

Muruga: Clear Sunset: 5:19PM

Moon 10 - Phase 26

621451364 Rahu 3:58PM - 5:19PM

Taitila Until 10:51AM

Nataraja: Clear

Navami

Creative Work Siddha Yoga

Navami* Until 10:56PM

Moon - Blue
Ashvina-Aipasi

Sivaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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| 1 | | Monday, October 24, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 28.58 | | Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau | | Sun 8 | | Sutra 190 | | Durmukha 5118 | |
| Family Home Evening | | Gulika 1:14PM – 2:35PM | | Ashlesha* Until 7:47AM | | Ganesh: Purple | | Sunrise: 6:28AM | |
| Creative Work | | Yama 10:32AM – 11:53AM | | Subha Until 6:20AM | | Muruga: Clear | | Sunset: 5:18PM | |
| Until 7:47AM | | Rahu 7:49AM – 9:10AM | | Vanija Until 11:14AM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Routine Work - Marana Yoga | | | | Dashami Until 11:40PM | | Moon - Blue | | Subha Sivaloka Day | |
| | | | | | | Ashvina-Aipasi | | | |

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| 2 | | Tuesday, October 25, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 11.32 | | Magha* Purvaphalguni Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 9 | | Sutra 191 | | Durmukha 5118 | |
| Creative Work | | Gulika 11:53AM – 1:14PM | | Magha* Until 9:28AM | | Ganesh: Clear | | Sunrise: 6:29AM | |
| Siddha Yoga | | Yama 9:11AM – 10:32AM | | Brahma Until 5:57AM Wed | | Muruga: Clear | | Sunset: 5:17PM | |
| Until 7:47AM | | Rahu 2:35PM – 3:56PM | | Bava Until 12:17PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Routine Work - Marana Yoga | | | | Ekadashi* Until 12:59AM Wed | | Moon - Red | | Sivaloka Day | |
| | | | | | | Ashvina-Aipasi | | | |

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| 3 | | Wednesday, October 26, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 23.5 | | Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Kaulava/Taitila Karana Dvadashyam Titau | | Sun 10 | | Sutra 192 | | Durmukha 5118 | |
| Creative Work | | Gulika 10:32AM – 11:53AM | | Purvaphalguni Until 11:32AM | | Ganesh: Clear | | Sunrise: 6:30AM | |
| Amrita Yoga | | Yama 7:51AM – 9:11AM | | Indra Until 6:20AM Thu | | Muruga: Clear | | Sunset: 5:16PM | |
| Until 7:47AM | | Rahu 11:53AM – 1:13PM | | Kaulava Until 1:51PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Routine Work - Marana Yoga | | | | Dvadashi* Until 2:47AM Thu | | Moon - Red | | Sivaloka Day | |
| | | | | | | Ashvina-Aipasi | | | |

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| 4 | | Thursday, October 27, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 5.59 | | Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau | | Sun 11 | | Sutra 193 | | Durmukha 5118 | |
| Amrita Yoga | | Gulika 9:12AM – 10:32AM | | Uttaraphalguni Until 1:49PM | | Ganesh: Clear | | Sunrise: 6:31AM | |
| Until 1:49PM | | Yama 6:31AM – 7:51AM | | Indra Until 6:20AM | | Muruga: Clear | | Sunset: 5:14PM | |
| Then Routine Work - Marana Yoga | | Rahu 1:13PM – 2:33PM | | Gara Until 3:49PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| | | | | Trayodashi* Until 4:54AM Fri | | Moon - Red | | Sivaloka Day | |
| | | | | Pradosha Vrata (Fasting) | | Ashvina-Aipasi | | | |

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| 5 | | Friday, October 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 18 | | Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti* Karana Chaturdashyam Titau | | Sun 12 | | Sutra 194 | | Durmukha 5118 | |
| Creative Work | | Gulika 7:52AM – 9:12AM | | Hasta Until 4:42PM | | Ganesh: Orange | | Sunrise: 6:32AM | |
| Amrita Yoga | | Yama 2:33PM – 3:53PM | | Vaidhriti* Until 6:55AM | | Muruga: Clear | | Sunset: 5:13PM | |
| Until 4:42PM | | Rahu 10:32AM – 11:53AM | | Visti Until 6:04PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Creative Work - Siddha Yoga | | | | Chaturdashi* Until 7:14AM Sat | | Moon - Green | | Sivaloka Day | |
| | | Deepavali Hindu Solidarity Day | | | | Ashvina-Aipasi | | | |

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| 6 | | Saturday, October 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 29.56 | | Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 | | Sutra 195 | | Durmukha 5118 | |
| Retreat Star | | Gulika 6:33AM – 7:53AM | | Chitra Until 7:34PM | | Ganesh: Orange | | Sunrise: 6:33AM | |
| Marana Yoga | | Yama 1:12PM – 2:32PM | | Vishkambha* Until 7:40AM | | Muruga: Clear | | Sunset: 5:12PM | |
| Until 7:34PM | | Rahu 9:13AM – 10:33AM | | Catuspada Until 8:28PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Creative Work - Siddha Yoga | | | | Chaturdashi* Until 7:14AM | | Moon - Green | | Sivaloka Day | |
| | | Subramuniyaswami Mahasamadhi | | | | Ashvina-Aipasi | | | |

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| 7 | | Sunday, October 30, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Tula Rasi: 11.49 | | Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 | | Sutra 196 | | Durmukha 5118 | |
| Retreat Star | | Gulika 2:32PM – 3:51PM | | Svati Until 10:21PM | | Ganesh: Orange | | Sunrise: 6:34AM | |
| Siddha Yoga | | Yama 11:52AM – 1:12PM | | Priti Until 8:31AM | | Muruga: Clear | | Sunset: 5:11PM | |
| Until 10:21PM | | Rahu 3:51PM – 5:11PM | | Kintughna Until 10:58PM | | Nataraja: Clear | | Moon 10 - Phase 27 | |
| Then Routine Work - Marana Yoga | | | | Amavasya* Until 9:41AM | | Moon - Green | | Sivaloka Day | |
| | | Skanda Shasthi Begins | | | | Kartika-Aipasi | | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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| 1 | | Monday, October 31, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | St. Helena, CA Sun 15 Sutra 197 Durmukha 5118 |
| Tula Rasi: 23.41 | Titthi 1 – 2 | Gulika | 1:12PM – 2:31PM | Vishakha Until 1:29AM Tue | Ganesh: Clear | <i>Sunrise:</i> 6:35AM | |
| Family Home Evening | 672451364 | Rahu | 7:55AM – 9:14AM | Ayushman Until 9:22AM | Muruga: Clear | <i>Sunset:</i> 5:10PM | |
| Routine Work | Marana Yoga | | | Balava Until 1:28AM Tue | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 1:29AM Tue | | | | Prathama* Until 12:12PM | Moon – Orange | 3rd Phase | |
| Then Creative Work - Siddha Yoga | | | | | Karttika-Aipasi | Sivaloka Day | |

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|----------------------|--------------|----------------------------------|------------------|----------------------------------|------------------------|--|---|
| 2 | | Tuesday, November 1, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | St. Helena, CA Sun 16 Sutra 198 Durmukha 5118 |
| Vrischika Rasi: 5.33 | Titthi 2 – 3 | Gulika | 11:52AM – 1:11PM | Anuradha Until 4:25AM Wed | Ganesh: Clear | <i>Sunrise:</i> 6:36AM | |
| | 672451364 | Rahu | 2:31PM – 3:50PM | Saubhagya Until 10:14AM | Muruga: Clear | <i>Sunset:</i> 5:09PM | |
| Creative Work | Siddha Yoga | | | Taitila Until 3:56AM Wed | Nataraja: Clear | Moon 10 - Phase 28 | |
| | | | | Dvitiya Until 2:41PM | Moon – Orange | 3rd Phase | |
| | | | | | Karttika-Aipasi | Sivaloka Day | |

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| 3 | | Wednesday, November 2, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | St. Helena, CA Sun 17 Sutra 199 Durmukha 5118 |
| Vrischika Rasi: 17.26 | Titthi 3 – 4 | Gulika | 10:34AM – 11:52AM | Jyeshtha* Until 7:03AM Thu | Ganesh: Clear | <i>Sunrise:</i> 6:37AM | |
| | 672451364 | Rahu | 11:52AM – 1:11PM | Sobhana Until 11:03AM | Muruga: Clear | <i>Sunset:</i> 5:08PM | |
| Creative Work | Siddha Yoga | | | Vanija Until 6:16AM Thu | Nataraja: Clear | Moon 10 - Phase 28 | |
| | | | | Tritiya Until 5:06PM | Moon – Orange | 3rd Phase | |
| | | | | | Karttika-Aipasi | Sivaloka Day | |

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| 4 | | Thursday, November 3, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau | St. Helena, CA Sun 18 Sutra 200 Durmukha 5118 |
| Vrischika Rasi: 29.23 | Titthi 4 | Gulika | 9:15AM – 10:34AM | Jyeshtha* Until 7:03AM | Ganesh: Clear | <i>Sunrise:</i> 6:38AM | |
| | 672451364 | Rahu | 1:11PM – 2:29PM | Athiganda* Until 11:44AM | Muruga: Clear | <i>Sunset:</i> 5:06PM | |
| Routine Work | Prabalarishta Yoga | | | Vanija Until 6:16AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 7:03AM | | | | Chaturthi* Until 7:20PM | Moon – Orange | 3rd Phase | |
| Then Creative Work - Siddha Yoga | | | | | Karttika-Aipasi | Sivaloka Day | |

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| 5 | | Friday, November 4, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau | St. Helena, CA Sun 19 Sutra 201 Durmukha 5118 |
| Dhanus Rasi: 11.25 | Titthi 5 | Gulika | 7:58AM – 9:16AM | Mula* Until 9:48AM | Ganesh: Purple | <i>Sunrise:</i> 6:39AM | |
| | 682451364 | Rahu | 10:34AM – 11:52AM | Sukarma Until 12:15PM | Muruga: Clear | <i>Sunset:</i> 5:05PM | |
| Creative Work | Amrita Yoga | | | Bava Until 8:22AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 9:48AM | | | | Panchami Until 9:17PM | Moon – Light Blue | 3rd Phase | |
| Then Routine Work - Prabalarishta Yoga | | | | | Karttika-Aipasi | Subha Sivaloka Day | |

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| 6 | | Saturday, November 5, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau | St. Helena, CA Sun 20 Sutra 202 Durmukha 5118 |
| Dhanus Rasi: 23.34 | Titthi 6 | Gulika | 6:41AM – 7:59AM | Purvashadha* Until 12:02PM | Ganesh: Purple | <i>Sunrise:</i> 6:41AM | |
| | 682451364 | Rahu | 9:17AM – 10:35AM | Dhriti Until 12:29PM | Muruga: Clear | <i>Sunset:</i> 5:04PM | |
| Creative Work | Siddha Yoga | | | Kaulava Until 10:07AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 12:02PM | | | | Shashthi* Until 10:48PM | Moon – Light Blue | 3rd Phase | |
| Then Routine Work - Marana Yoga | | Skanda Shasthi | | | Karttika-Aipasi | Subha Sivaloka Day | |

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| Retreat Star | | Sunday, November 6, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau | St. Helena, CA Sun 21 Sutra 203 Durmukha 5118 |
| Makara Rasi: 5.56 | Titthi 7 | Gulika | 2:28PM – 3:46PM | Uttarashadha Until 1:36PM | Ganesh: Clear | <i>Sunrise:</i> 6:42AM | |
| | 782451364 | Rahu | 3:46PM – 5:03PM | Shula* Until 12:17PM | Muruga: Clear | <i>Sunset:</i> 5:03PM | |
| Creative Work | Amrita Yoga | | | Gara Until 11:22AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 12:02PM | | | | Saptami Until 11:43PM | Moon – Light Blue | 3rd Phase | |
| Then Routine Work - Marana Yoga | | | | | Karttika-Aipasi | Sivaloka Day | |

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| Retreat Star | | Monday, November 7, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau | St. Helena, CA Sun 22 Sutra 204 Durmukha 5118 |
| Makara Rasi: 18.35 | Titthi 8 | Gulika | 1:10PM – 2:28PM | Shravana Until 2:50PM | Ganesh: Clear | <i>Sunrise:</i> 6:43AM | |
| Family Home Evening | 793451364 | Rahu | 8:00AM – 9:18AM | Ganda* Until 11:35AM | Muruga: Clear | <i>Sunset:</i> 5:03PM | |
| Creative Work | Amrita Yoga | | | Visti Until 11:56AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 2:50PM | | | | Ashtami* Until 11:55PM | Moon – Purple | Ashtami | |
| Then Creative Work - Siddha Yoga | | | | | Karttika-Aipasi | Sivaloka Day | |

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|---------------------------------|-------------|----------------------------------|------------------|--------------------------------|------------------------|--|---|
| Retreat Star | | Tuesday, November 8, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau | St. Helena, CA Sun 23 Sutra 205 Durmukha 5118 |
| Kumbha Rasi: 1.35 | Titthi 9 | Gulika | 11:53AM – 1:10PM | Dhanishtha Until 3:08PM | Ganesh: Purple | <i>Sunrise:</i> 6:44AM | |
| | 793551364 | Rahu | 2:27PM – 3:44PM | Vridhi Until 10:18AM | Muruga: Clear | <i>Sunset:</i> 5:02PM | |
| Creative Work | Siddha Yoga | | | Balava Until 11:44AM | Nataraja: Clear | Moon 10 - Phase 28 | |
| Until 3:08PM | | | | Navami* Until 11:18PM | Moon – Purple | Navami | |
| Then Routine Work - Marana Yoga | | | | | Karttika-Aipasi | Subha Sivaloka Day | |


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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| 1 | Wednesday, November 9, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Dashamyam Titau | | | | St. Helena, CA Sun 24 Sutra 206 Durmukha 5118 |
| | Kumbha Rasi: 15.02 Tithi 10 Creative Work Siddha Yoga Until 2:30PM Then Creative Work - Amrita Yoga | 793551364 | Gulika 10:36AM - 11:53AM Yama 8:02AM - 9:19AM Rahu 11:53AM - 1:10PM | Shatabhishak Until 2:30PM Dhruva Until 8:21AM Tailila Until 10:42AM Dashami Until 9:52PM | Ganesha: Purple Muruga: Clear Nataraja: Clear Moon - Purple Karttika•Aipasi | Sunrise: 6:45AM Sunset: 5:01PM | Moon 10 - Phase 29 4th Phase Subha Sivaloka Day |

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| 2 | Thursday, November 10, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | St. Helena, CA Sun 25 Sutra 207 Durmukha 5118 |
| | Kumbha Rasi: 28.56 Tithi 11 Creative Work Siddha Yoga | 713551364 | Gulika 9:19AM - 10:36AM Yama 6:46AM - 8:03AM Rahu 1:10PM - 2:26PM | Purvaprosarthapada* Until 1:23PM Harshana Until 2:37AM Fri Vanija Until 8:53AM Ekadashi Until 7:41PM | Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Clear Karttika•Aipasi | Sunrise: 6:46AM Sunset: 5:00PM | Moon 10 - Phase 29 4th Phase Subha Sivaloka Day |

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|----------|--|-----------|---|---|--|---|--|
| 3 | Friday, November 11, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | St. Helena, CA Sun 26 Sutra 208 Durmukha 5118 |
| | Meena Rasi: 13.2 Tithi 12 - 13 Creative Work Siddha Yoga | 713551364 | Gulika 8:04AM - 9:20AM Yama 2:26PM - 3:43PM Rahu 10:37AM - 11:53AM | Uttaraprosarthapada Until 11:26AM Vajra* Until 10:56PM Bava Until 6:21AM Dvadashi Until 4:50PM <i>Pradosha Vrata</i> | Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Clear Karttika•Aipasi | Sunrise: 6:47AM Sunset: 4:59PM | Moon 10 - Phase 29 4th Phase Subha Sivaloka Day |

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| 4 | Saturday, November 12, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau | | | | St. Helena, CA Sun 27 Sutra 209 Durmukha 5118 |
| | Meena Rasi: 28.09 Tithi 13 - 14 Routine Work Prabalarishta Yoga Until 8:48AM Then Creative Work - Siddha Yoga | 713551364 | Gulika 6:48AM - 8:04AM Yama 1:09PM - 2:26PM Rahu 9:21AM - 10:37AM | Revati Until 8:48AM Siddhi Until 6:53PM Gara Until 11:41PM Trayodashi Until 1:29PM | Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Clear Karttika•Aipasi | Sunrise: 6:48AM Sunset: 4:58PM | Moon 10 - Phase 29 4th Phase Subha Sivaloka Day |

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|  | Sunday, November 13, 2016 | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | St. Helena, CA Sutra 210 Durmukha 5118 |
| | Copper Retreat Star | | Mesha Rasi: 13.17 Tithi 14 - 15 Creative Work Siddha Yoga Until 6:03AM Then Routine Work - Prabalarishta Yoga | 723551364 | Gulika 2:25PM - 3:41PM Yama 11:53AM - 1:09PM Rahu 3:41PM - 4:57PM | Ashvini Until 6:03AM Vyatipata* Until 2:36PM Visti Until 7:52PM Chaturdashi* Until 9:47AM | Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - White Karttika•Aipasi |

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| Monday, November 14, 2016 | Silver Retreat Star | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau | | | | St. Helena, CA Sutra 211 Durmukha 5118 |
| | Mesha Rasi: 28.36 Tithi 16 Family Home Evening Routine Work Marana Yoga Until 11:42PM Then Creative Work - Amrita Yoga | 723551364 | Gulika 1:09PM - 2:25PM Yama 10:38AM - 11:54AM Rahu 8:06AM - 9:22AM | Krittika Until 11:42PM Variyan Until 10:10AM Balava Until 3:58PM Prathama* Until 2:02AM Tue | Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - White Karttika•Aipasi | Sunrise: 6:50AM Sunset: 4:57PM | Moon 10 - Phase 29 Prathama Sivaloka Day |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Tuesday, November 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 212

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 13.55 Tiithi 17

733551364

Gulika 11:54AM - 1:09PM
Yama 9:23AM - 10:38AM
Rahu 2:25PM - 3:40PM

Rohini Until 8:53PM
Shiva Until 1:36AM Wed
Taitila Until 12:10PM
Dvitiya Until 10:20PM

Ganesha: White *Sunrise: 6:51AM*
Muruga: Clear *Sunset: 4:56PM*
Nataraja: Clear
Moon - Yellow
Karttika-Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 8:53PM

Then Creative Work - Siddha Yoga

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Wednesday, November 16, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Vrishabha Rasi: 29.02 Tiithi 18

733551365

Gulika 10:39AM - 11:54AM
Yama 8:08AM - 9:23AM
Rahu 11:54AM - 1:09PM

Mrigashira Until 6:16PM
Siddha Until 9:42PM
Vanija Until 8:38AM
Tritiya Until 7:00PM

Ganesha: White *Sunrise: 6:53AM*
Muruga: Clear *Sunset: 4:55PM*
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Siddha Yoga

2

Thursday, November 17, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 13.5 Tiithi 19 - 20

733551365

Gulika 9:24AM - 10:39AM
Yama 6:54AM - 8:09AM
Rahu 1:09PM - 2:24PM

Ardra Until 4:03PM
Sadhya Until 6:16PM
Kaulava Until 3:04AM Fri
Chaturthi* Until 4:12PM

Ganesha: White *Sunrise: 6:54AM*
Muruga: Clear *Sunset: 4:55PM*
Nataraja: White
Moon - Yellow
Karttika-Karttikai

Sivaloka Day

Routine Work Marana Yoga
Until 4:03PM

Then Creative Work - Amrita Yoga

3

Friday, November 18, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

St. Helena, CA

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Mithuna Rasi: 28.11 Tiithi 20 - 21

743551365

Gulika 8:10AM - 9:25AM
Yama 2:24PM - 3:39PM
Rahu 10:39AM - 11:54AM

Punarvasu Until 2:47PM
Subha Until 3:25PM
Gara Until 1:20AM Sat
Panchami Until 2:05PM

Ganesha: Clear *Sunrise: 6:55AM*
Muruga: Clear *Sunset: 4:54PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 2:47PM

Then Routine Work - Marana Yoga

4

Saturday, November 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30

1st Phase

Kataka Rasi: 12.03 Tiithi 21 - 22

743551365

Gulika 6:56AM - 8:10AM
Yama 1:09PM - 2:24PM
Rahu 9:25AM - 10:40AM

Pushya Until 2:11PM
Sukla Until 1:11PM
Visti Until 12:28AM Sun
Shashthi* Until 12:47PM

Ganesha: Clear *Sunrise: 6:56AM*
Muruga: Clear *Sunset: 4:53PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 2:11PM

Then Routine Work - Marana Yoga

5

Sunday, November 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30

Ashtami

Kataka Rasi: 25.24 Tiithi 22 - 23

743551365

Gulika 2:24PM - 3:38PM
Yama 11:55AM - 1:09PM
Rahu 3:38PM - 4:53PM

Ashlesha* Until 2:17PM
Brahma Until 11:40AM
Balava Until 12:30AM Mon
Saptami Until 12:21PM

Ganesha: Clear *Sunrise: 6:57AM*
Muruga: Clear *Sunset: 4:53PM*
Nataraja: White
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga
Until 2:17PM

Then Routine Work - Marana Yoga

Monday, November 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30

Navami

Simha Rasi: 8.18 Tiithi 23 - 24

754551365

Gulika 1:09PM - 2:24PM
Yama 10:41AM - 11:55AM
Rahu 8:12AM - 9:26AM

Magha* Until 3:33PM
Indra Until 10:50AM
Taitila Until 1:22AM Tue
Ashtami* Until 12:49PM

Ganesha: Clear *Sunrise: 6:58AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: White
Moon - Red
Karttika-Karttikai

Devaloka Day

Routine Work Marana Yoga
Until 3:33PM

Then Creative Work - Siddha Yoga

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|----------------------------------|---------------|-----------------------------------|-------------------------|-----------------------------------|---------------------------|--|---------------------|--|--|
| 1 | | Tuesday, November 22, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | St. Helena, CA Sun 7 Sutra 219 Durmukha 5118 | |
| Simha Rasi: 20.49 | Tithi 24 – 25 | Gulika | 11:55AM – 1:09PM | Purvaphalguni Until 5:24PM | Ganesh: Clear | <i>Sunrise: 6:59AM</i> | | | |
| | | Yama | 9:27AM – 10:41AM | Vaidhriti* Until 10:35AM | Muruga: Clear | <i>Sunset: 4:52PM</i> | Moon 11 - Phase 31 | | |
| | | 754551365 Rahu | 2:24PM – 3:38PM | Vanija Until 2:57AM Wed | Nataraja: White | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | | Navami* Until 2:04PM | Moon – Red | | Devaloka Day | | |
| Until 5:24PM | | | | | Karttika-Karttikai | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 2 | | Wednesday, November 23, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | St. Helena, CA Sun 8 Sutra 220 Durmukha 5118 | |
| Kanya Rasi: 3.02 | Tithi 25 – 26 | Gulika | 10:42AM – 11:56AM | Uttaraphalguni Until 7:39PM | Ganesh: Clear | <i>Sunrise: 7:00AM</i> | | | |
| | | Yama | 8:14AM – 9:28AM | Vishkambha* Until 10:51AM | Muruga: Clear | <i>Sunset: 4:51PM</i> | Moon 11 - Phase 31 | | |
| | | 754551365 Rahu | 11:56AM – 1:10PM | Bava Until 5:04AM Thu | Nataraja: White | | 2nd Phase | | |
| Creative Work | Amrita Yoga | | | Dashami Until 3:56PM | Moon – Red | | Devaloka Day | | |
| Until 7:39PM | | | | | Karttika-Karttikai | | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Thursday, November 24, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Balava Karana Ekadashyam Titau | | St. Helena, CA Sun 9 Sutra 221 Durmukha 5118 | |
| Kanya Rasi: 15.04 | Tithi 26 | Gulika | 9:28AM – 10:42AM | Hasta Until 10:36PM | Ganesh: Purple | <i>Sunrise: 7:01AM</i> | | | |
| | | Yama | 7:01AM – 8:15AM | Priti Until 11:28AM | Muruga: Clear | <i>Sunset: 4:51PM</i> | Moon 11 - Phase 31 | | |
| | | 754551365 Rahu | 1:10PM – 2:23PM | Balava Until 6:14PM | Nataraja: White | | 2nd Phase | | |
| Routine Work | Marana Yoga | | | Ekadashi* Until 6:14PM | Moon – Green | | Bhuloka Day | | |
| Until 10:36PM | | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 4 | | Friday, November 25, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau | | St. Helena, CA Sun 10 Sutra 222 Durmukha 5118 | |
| Kanya Rasi: 26.59 | Tithi 27 | Gulika | 8:16AM – 9:29AM | Chitra Until 1:35AM Sat | Ganesh: Purple | <i>Sunrise: 7:02AM</i> | | | |
| | | Yama | 2:23PM – 3:37PM | Ayushman Until 12:15PM | Muruga: Clear | <i>Sunset: 4:51PM</i> | Moon 11 - Phase 31 | | |
| | | 754551365 Rahu | 10:43AM – 11:56AM | Kaulava Until 7:29AM | Nataraja: White | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | | Dvadashi* Until 8:45PM | Moon – Green | | Bhuloka Day | | |
| Until 4:25AM Sun | | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 5 | | Saturday, November 26, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau | | St. Helena, CA Sun 11 Sutra 223 Durmukha 5118 | |
| Tula Rasi: 8.5 | Tithi 28 | Gulika | 7:03AM – 8:16AM | Svati Until 4:25AM Sun | Ganesh: Purple | <i>Sunrise: 7:03AM</i> | | | |
| | | Yama | 1:10PM – 2:23PM | Saubhagya Until 1:08PM | Muruga: Clear | <i>Sunset: 4:50PM</i> | Moon 11 - Phase 31 | | |
| | | 754551365 Rahu | 9:30AM – 10:43AM | Gara Until 10:03AM | Nataraja: White | | 2nd Phase | | |
| Creative Work | Siddha Yoga | | | Trayodashi* Until 11:20PM | Moon – Green | | Bhuloka Day | | |
| Until 4:25AM Sun | | | | <i>Pradosha Vrata (Fasting)</i> | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 6 | | Sunday, November 27, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | St. Helena, CA Sun 12 Sutra 224 Durmukha 5118 | |
| Tula Rasi: 20.41 | Tithi 29 | Gulika | 2:23PM – 3:37PM | Vishakha Until 7:33AM Mon | Ganesh: Light Blue | <i>Sunrise: 7:04AM</i> | | | |
| | | Yama | 11:57AM – 1:10PM | Sobhana Until 2:01PM | Muruga: Clear | <i>Sunset: 4:50PM</i> | Moon 11 - Phase 31 | | |
| | | 774551365 Rahu | 3:37PM – 4:50PM | Visti Until 12:38PM | Nataraja: White | | 2nd Phase | | |
| Routine Work | Marana Yoga | | | Chaturdashi* Until 1:52AM Mon | Moon – Orange | | Bhuloka Day | | |
| Until 7:33AM Mon | | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| Retreat Star | | Monday, November 28, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | St. Helena, CA Sun 13 Sutra 225 Durmukha 5118 | |
| Vrischika Rasi: 2.34 | Tithi 30 | Gulika | 1:10PM – 2:23PM | Vishakha Until 7:33AM | Ganesh: Light Blue | <i>Sunrise: 7:05AM</i> | | | |
| Family Home Evening | | Yama | 10:44AM – 11:57AM | Athiganda* Until 2:49PM | Muruga: Clear | <i>Sunset: 4:50PM</i> | Moon 11 - Phase 31 | | |
| Routine Work | Marana Yoga | 774551365 Rahu | 8:18AM – 9:31AM | Catuspada Until 3:07PM | Nataraja: White | | Amavasya | | |
| Until 7:33AM | | | | Amavasya* Until 4:17AM Tue | Moon – Orange | | Bhuloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | Karttika-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |

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| Retreat Star | | Tuesday, November 29, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau | | St. Helena, CA Sun 14 Sutra 226 Durmukha 5118 | |
| Vrischika Rasi: 14.29 | Tithi 1 | Gulika | 11:58AM – 1:11PM | Anuradha Until 10:22AM | Ganesh: Light Blue | <i>Sunrise: 7:06AM</i> | | | |
| | | Yama | 9:32AM – 10:45AM | Sukarma Until 3:31PM | Muruga: Clear | <i>Sunset: 4:49PM</i> | Moon 11 - Phase 31 | | |
| | | 774551365 Rahu | 2:24PM – 3:36PM | Kintughna Until 5:27PM | Nataraja: White | | Prathama | | |
| Creative Work | Siddha Yoga | | | Prathama* Until 6:33AM Wed | Moon – Orange | | Bhuloka Day | | |
| Until 10:22AM | | | | | Margasira-Karttikai | Devaloka Time: 12:PM to 3:PM | | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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| 1 | Wednesday, November 30, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | | St. Helena, CA |
| | Vrischika Rasi: 26.28 Tiithi 1 – 2 | Gulika 10:45AM – 11:58AM Yama 8:20AM – 9:33AM 784551365 Rahu 11:58AM – 1:11PM | Jyeshtha* Until 12:52PM Dhriti Until 4:06PM Balava Until 7:37PM Prathama* Until 6:33AM | Ganesha: Light Blue <i>Sunrise:</i> 7:07AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Orange Margasira*Karttikai | Sun 15 Sutra 227 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Creative Work Siddha Yoga Until 12:52PM Then Routine Work - Marana Yoga | | | | | |

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| 2 | Thursday, December 1, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Tritiya/Tritiyayam Titau | | | St. Helena, CA |
| | Dhanus Rasi: 8.31 Tiithi 2 – 3 | Gulika 9:33AM – 10:46AM Yama 7:08AM – 8:21AM 784551365 Rahu 1:11PM – 2:24PM | Mula* Until 3:30PM Shula* Until 4:29PM Taitila Until 9:34PM Dvitiya Until 8:36AM | Ganesha: Purple <i>Sunrise:</i> 7:08AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Light Blue Margasira*Karttikai | Sun 16 Sutra 228 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Creative Work Siddha Yoga | | | | | |

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| 3 | Friday, December 2, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau | | | St. Helena, CA |
| | Dhanus Rasi: 20.41 Tiithi 3 – 4 | Gulika 8:21AM – 9:34AM Yama 2:24PM – 3:36PM 784551365 Rahu 10:46AM – 11:59AM | Purvashadha* Until 5:43PM Ganda* Until 4:41PM Vanija Until 11:13PM Tritiya Until 10:24AM | Ganesha: Purple <i>Sunrise:</i> 7:09AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Light Blue Margasira*Karttikai | Sun 17 Sutra 229 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Routine Work Prabalarishta Yoga Until 5:43PM Then Routine Work - Marana Yoga | | | | | |

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| 4 | Saturday, December 3, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | St. Helena, CA |
| | Makara Rasi: 2.58 Tiithi 4 – 5 | Gulika 7:10AM – 8:22AM Yama 1:12PM – 2:24PM 785651365 Rahu 9:35AM – 10:47AM | Uttarashadha Until 7:26PM Vridhhi Until 4:38PM Bava Until 12:30AM Sun Chaturthi* Until 11:54AM | Ganesha: Purple <i>Sunrise:</i> 7:10AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Light Blue Margasira*Karttikai | Sun 18 Sutra 230 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Bhuloka Day Devaloka Time: 12:PM to 3:PM |
| Routine Work Marana Yoga Until 7:26PM Then Creative Work - Siddha Yoga | | | | | |

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| 5 | Sunday, December 4, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | St. Helena, CA |
| | Makara Rasi: 15.25 Tiithi 5 – 6 | Gulika 2:24PM – 3:36PM Yama 12:00PM – 1:12PM 795651365 Rahu 3:36PM – 4:49PM | Shravana Until 9:02PM Dhruva Until 4:14PM Kaulava Until 1:19AM Mon Panchami Until 12:58PM | Ganesha: Clear <i>Sunrise:</i> 7:11AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Purple Margasira*Karttikai | Sun 19 Sutra 231 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Devaloka Day |
| Creative Work Amrita Yoga Until 9:02PM Then Routine Work - Marana Yoga | | | | | |

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| 6 | Monday, December 5, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | St. Helena, CA |
| | Makara Rasi: 28.05 Tiithi 6 – 7 Family Home Evening | Gulika 1:12PM – 2:24PM Yama 10:48AM – 12:00PM 795651365 Rahu 8:24AM – 9:36AM | Dhanishtha Until 9:57PM Vyaghata* Until 3:26PM Gara Until 1:33AM Tue Shashthi* Until 1:30PM | Ganesha: Clear <i>Sunrise:</i> 7:12AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Purple Margasira*Karttikai | Sun 20 Sutra 232 Durmukha 5118 Moon 11 - Phase 32 3rd Phase Devaloka Day |
| Creative Work Siddha Yoga | | | | | |

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| D | Tuesday, December 6, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | St. Helena, CA |
| | Retreat Star Kumbha Rasi: 11.02 Tiithi 7 – 8 | Gulika 12:01PM – 1:13PM Yama 9:37AM – 10:49AM 795651365 Rahu 2:25PM – 3:37PM | Shatabhishak Until 10:03PM Harshana Until 2:09PM Visti Until 1:07AM Wed Saptami Until 1:24PM | Ganesha: Clear <i>Sunrise:</i> 7:13AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Purple Margasira*Karttikai | Sun 21 Sutra 233 Durmukha 5118 Moon 11 - Phase 32 Ashtami Devaloka Day |
| Routine Work Marana Yoga | | | | | |

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| D | Wednesday, December 7, 2016 | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | St. Helena, CA |
| | Retreat Star Kumbha Rasi: 24.21 Tiithi 8 – 9 | Gulika 10:49AM – 12:01PM Yama 8:25AM – 9:37AM 715651365 Rahu 12:01PM – 1:13PM | Purvaproshtapada* Until 9:47PM Vajra* Until 12:17PM Balava Until 11:58PM Ashtami* Until 12:37PM | Ganesha: Red <i>Sunrise:</i> 7:13AM Muruga: Clear <i>Sunset:</i> 4:49PM Nataraja: White Moon – Clear Margasira*Karttikai | Sun 22 Sutra 234 Durmukha 5118 Moon 11 - Phase 32 Navami Devaloka Day |
| Creative Work Amrita Yoga Until 9:47PM Then Creative Work - Siddha Yoga | | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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| 1 | | Thursday, December 8, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau | | St. Helena, CA Sun 23 Sutra 235 Durmukha 5118 | |
| Meena Rasi: 8.04 | Tithi 9 – 10 | Gulika | 9:38AM – 10:50AM | Uttaraproshtapada Until 8:40PM | Ganesha: Red | <i>Sunrise:</i> 7:14AM | | | |
| | | Yama | 7:14AM – 8:26AM | Siddhi Until 9:53AM | Muruga: Clear | <i>Sunset:</i> 4:49PM | Moon 11 - Phase 33 | | |
| Creative Work | Siddha Yoga | 715651365 | Rahu | 1:13PM – 2:25PM | Taitila Until 10:07PM | Nataraja: White | 4th Phase | | |
| | | | | Navami* Until 11:07AM | Moon – Clear | Devaloka Day | | | |
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| 2 | | Friday, December 9, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyatipata*/Vriyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | St. Helena, CA Sun 24 Sutra 236 Durmukha 5118 | |
| Meena Rasi: 22.13 | Tithi 10 – 11 | Gulika | 8:27AM – 9:38AM | Revati Until 6:47PM | Ganesha: Red | <i>Sunrise:</i> 7:15AM | | | |
| | | Yama | 2:25PM – 3:37PM | Vyatipata* Until 6:57AM | Muruga: Clear | <i>Sunset:</i> 4:49PM | Moon 11 - Phase 33 | | |
| Creative Work | Siddha Yoga | 715651365 | Rahu | 10:50AM – 12:02PM | Vanija Until 7:38PM | Nataraja: White | 4th Phase | | |
| Until 6:47PM | | | | Dashami Until 8:56AM | Moon – Clear | Devaloka Day | | | |
| Then Creative Work - Amrita Yoga | | | Gita Jayanthi | | Margasira•Karttikai | | | | |

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| 3 | | Saturday, December 10, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha* Yoga Visti*/Balava Karana Ekadashi/Dvodashyam Titau | | St. Helena, CA Sun 25 Sutra 237 Durmukha 5118 | |
| Mesha Rasi: 6.45 | Tithi 11 – 12 | Gulika | 7:16AM – 8:27AM | Ashvini Until 4:39PM | Ganesha: Blue | <i>Sunrise:</i> 7:16AM | | | |
| | | Yama | 1:14PM – 2:26PM | Parigha* Until 11:42PM | Muruga: Clear | <i>Sunset:</i> 4:49PM | Moon 11 - Phase 33 | | |
| Creative Work | Siddha Yoga | 725651365 | Rahu | 9:39AM – 10:51AM | Balava Until 2:58AM Sun | Nataraja: White | 4th Phase | | |
| | | | | Ekadashi Until 6:11AM | Moon – White | Bhuloka Day | | | |
| | | | | | Margasira•Karttikai | Devaloka Time: 12:PM to 3:PM | | | |

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| 4 | | Sunday, December 11, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau | | St. Helena, CA Sun 26 Sutra 238 Durmukha 5118 | |
| Mesha Rasi: 21.38 | Tithi 13 | Gulika | 2:26PM – 3:38PM | Bharani Until 1:59PM | Ganesha: Blue | <i>Sunrise:</i> 7:17AM | | | |
| | | Yama | 12:03PM – 1:14PM | Shiva Until 7:38PM | Muruga: Clear | <i>Sunset:</i> 4:49PM | Moon 11 - Phase 33 | | |
| Routine Work | Prabalarishta Yoga | 725651365 | Rahu | 3:38PM – 4:49PM | Kaulava Until 1:15PM | Nataraja: White | 4th Phase | | |
| Until 1:59PM | | | | Trayodashi Until 11:27PM | Moon – White | Bhuloka Day | | | |
| Then Creative Work - Siddha Yoga | | | Krittika Deepam | <i>Pradosha Vrata</i> | Margasira•Karttikai | Devaloka Time: 12:PM to 3:PM | | | |

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| 5 | | Monday, December 12, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau | | St. Helena, CA Sun 27 Sutra 239 Durmukha 5118 | |
| Vrishabha Rasi: 6.45 | Tithi 14 | Gulika | 1:15PM – 2:26PM | Krittika Until 10:59AM | Ganesha: Blue | <i>Sunrise:</i> 7:17AM | | | |
| Family Home Evening | | Yama | 10:52AM – 12:03PM | Siddha Until 3:23PM | Muruga: White | <i>Sunset:</i> 4:49PM | Moon 11 - Phase 33 | | |
| Routine Work | Marana Yoga | 725661365 | Rahu | 8:29AM – 9:40AM | Gara Until 9:38AM | Nataraja: White | 4th Phase | | |
| Until 10:59AM | | | | Chaturdashi* Until 7:46PM | Moon – White | Bhuloka Day | | | |
| Then Creative Work - Amrita Yoga | | | | | Margasira•Karttikai | | | | |

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| ○ | | Tuesday, December 13, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | St. Helena, CA Sun 27 Sutra 240 Durmukha 5118 | |
| Copper Retreat Star | | Gulika | 12:04PM – 1:15PM | Rohini Until 8:11AM | Ganesha: Red | <i>Sunrise:</i> 7:18AM | | | |
| Vrishabha Rasi: 21.56 | Tithi 15 – 16 | Yama | 9:41AM – 10:52AM | Sadhya Until 11:08AM | Muruga: White | <i>Sunset:</i> 4:50PM | Moon 11 - Phase 33 | | |
| Creative Work | Amrita Yoga | 736661365 | Rahu | 2:27PM – 3:38PM | Balava Until 2:24AM Wed | Nataraja: White | Purnima | | |
| Until 8:11AM | | | | Purnima* Until 4:08PM | Moon – Yellow | Bhuloka Day | | | |
| Then Creative Work - Siddha Yoga | | | | | Margasira•Karttikai | Devaloka Time: 6:AM to 9:AM | | | |

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| ○ | | Wednesday, December 14, 2016 | | | | Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | St. Helena, CA Sun 27 Sutra 241 Durmukha 5118 | |
| Silver Retreat Star | | Gulika | 10:53AM – 12:04PM | Ardra Until 2:47AM Thu | Ganesha: Red | <i>Sunrise:</i> 7:19AM | | | |
| Mithuna Rasi: 7.02 | Tithi 16 – 17 | Yama | 8:30AM – 9:42AM | Subha Until 7:03AM | Muruga: White | <i>Sunset:</i> 4:50PM | Moon 11 - Phase 33 | | |
| Creative Work | Siddha Yoga | 736661365 | Rahu | 12:04PM – 1:16PM | Taitila Until 11:08PM | Nataraja: White | Prathama | | |
| Until 2:47AM Thu | | | | Prathama* Until 12:42PM | Moon – Yellow | Bhuloka Day | | | |
| Then Creative Work - Amrita Yoga | | | Vinayaga Viratam Begins | | Margasira•Karttikai | Devaloka Time: 6:AM to 9:AM | | | |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam

St. Helena, CA

Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1 Sutra 242

Mithuna Rasi: 21.52 Tihi 17 - 18

746661365

Gulika 9:42AM - 10:53AM
Yama 7:19AM - 8:31AM
Rahu 1:16PM - 2:27PM

Punarvasu Until 12:57AM Fri
Brahma Until 11:46PM
Vanija Until 8:20PM

Ganesha: Green Sunrise: 7:19AM
Muruga: White Sunset: 4:50PM
Nataraja: White

Moon 12 - Phase 34
1st Phase

Creative Work Amrita Yoga

Until 12:57AM Fri

Then Routine Work - Marana Yoga

Markali Pillaiyar

Dvitiya Until 9:39AM

Margasira*Markali

Bhuloka Day

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam

St. Helena, CA

Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Sun 2 Sutra 243

Kataka Rasi: 6.19 Tihi 18 - 19

846661365

Gulika 8:31AM - 9:43AM
Yama 2:28PM - 3:39PM
Rahu 10:54AM - 12:05PM

Pushya Until 11:39PM
Indra Until 8:54PM
Bava Until 6:11PM

Ganesha: Red Sunrise: 7:20AM
Muruga: White Sunset: 4:50PM
Nataraja: White

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Until 10:59PM

Then Creative Work - Amrita Yoga

Markali Pillaiyar

Tritiya Until 7:09AM

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Bhuloka Day

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam

St. Helena, CA

Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3 Sutra 244

Kataka Rasi: 20.19 Tihi 20

846661365

Gulika 7:21AM - 8:32AM
Yama 1:17PM - 2:28PM
Rahu 9:43AM - 10:54AM

Ashlesha* Until 10:59PM
Vaidhriti* Until 6:38PM
Kaulava Until 4:48PM

Ganesha: Red Sunrise: 7:21AM
Muruga: White Sunset: 4:51PM
Nataraja: White

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Until 10:59PM

Then Creative Work - Amrita Yoga

Markali Pillaiyar

Panchami Until 4:25AM Sun

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Bhuloka Day

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam

St. Helena, CA

Magha* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 245

Simha Rasi: 3.48 Tihi 21

856661365

Gulika 2:29PM - 3:40PM
Yama 12:06PM - 1:18PM
Rahu 3:40PM - 4:51PM

Magha* Until 11:29PM
Vishkambha* Until 5:04PM
Gara Until 4:18PM

Ganesha: Green Sunrise: 7:21AM
Muruga: White Sunset: 4:51PM
Nataraja: White

Moon 12 - Phase 34
1st Phase

Routine Work Marana Yoga

Until 11:29PM

Then Creative Work - Siddha Yoga

Markali Pillaiyar

Shashthi* Until 4:23AM Mon

Margasira*Markali

Bhuloka Day

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam

St. Helena, CA

Purvaphalguni Nakshatra Priti/Ayushman Yoga Visti/Bava Karana Saptamyam Titau

Sun 5 Sutra 246

Simha Rasi: 16.49 Tihi 22

856661365

Gulika 1:18PM - 2:29PM
Yama 10:56AM - 12:07PM
Rahu 8:33AM - 9:44AM

Purvaphalguni Until 12:42AM Tue
Priti Until 4:12PM
Visti Until 4:43PM

Ganesha: Green Sunrise: 7:22AM
Muruga: White Sunset: 4:52PM
Nataraja: White

Moon 12 - Phase 34
1st Phase

Creative Work Siddha Yoga

Until 12:42AM Tue

Then Creative Work - Amrita Yoga

Markali Pillaiyar

Saptami Until 5:13AM Tue

Margasira*Markali

Bhuloka Day

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam

St. Helena, CA

Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 247

Simha Rasi: 29.25 Tihi 23

857661365

Gulika 12:07PM - 1:19PM
Yama 9:45AM - 10:56AM
Rahu 2:30PM - 3:41PM

Uttaraphalguni Until 2:30AM Wed
Ayushman Until 3:57PM
Balava Until 5:57PM

Ganesha: White Sunrise: 7:22AM
Muruga: White Sunset: 4:52PM
Nataraja: White

Moon 12 - Phase 34
Ashtami

Creative Work Amrita Yoga

Until 2:30AM Wed

Then Routine Work - Marana Yoga

Markali Pillaiyar

Ashtami* Until 6:48AM Wed

Margasira*Markali

Bhuloka Day

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam

St. Helena, CA

Hasta Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 248

Kanya Rasi: 11.41 Tihi 23 - 24

867661365

Gulika 10:57AM - 12:08PM
Yama 8:34AM - 9:45AM
Rahu 12:08PM - 1:19PM

Hasta Until 5:12AM Thu
Saubhagya Until 4:14PM
Taitila Until 7:51PM

Ganesha: Clear Sunrise: 7:23AM
Muruga: White Sunset: 4:53PM
Nataraja: White

Moon 12 - Phase 34
Navami

Routine Work Marana Yoga

Until 5:12AM Thu

Then Creative Work - Siddha Yoga

Day 1 of Pancha Ganapati

Ashtami* Until 6:48AM

Margasira*Markali

Devaloka Time: 6:AM to 9:AM

Bhuloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|----------|------------------------------------|---------------|--|---|---|--|--|
| 1 | Thursday, December 22, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | St. Helena, CA Sun 8 Sutra 249 |
| | Kanya Rasi: 23.43 | Tithi 24 – 25 | 867661365 | Gulika 9:46AM – 10:57AM Yama 7:23AM – 8:35AM Rahu 1:20PM – 2:31PM | Chitra Until 8:06AM Fri Sobhana Until 4:53PM Vanija Until 10:12PM Navami* Until 8:58AM | Ganesha: Clear <i>Sunrise:</i> 7:23AM Muruga: White <i>Sunset:</i> 4:53PM Nataraja: White Moon – Green | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Creative Work | Siddha Yoga | | Day 2 of Pancha Ganapati | | Bhuloka Day | Devaloka Time: 6:AM to 9:AM |
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| 2 | Friday, December 23, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau | | | | St. Helena, CA Sun 9 Sutra 250 |
| | Tula Rasi: 5.37 | Tithi 25 – 26 | 867661365 | Gulika 8:35AM – 9:46AM Yama 2:31PM – 3:43PM Rahu 10:58AM – 12:09PM | Chitra Until 8:06AM Athiganda* Until 5:42PM Bava Until 12:47AM Sat Dashami Until 11:28AM | Ganesha: Clear <i>Sunrise:</i> 7:24AM Muruga: White <i>Sunset:</i> 4:54PM Nataraja: White Moon – Green | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Creative Work | Siddha Yoga | | Day 3 of Pancha Ganapati | | Bhuloka Day | Devaloka Time: 6:AM to 9:AM |
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| 3 | Saturday, December 24, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau | | | | St. Helena, CA Sun 10 Sutra 251 |
| | Tula Rasi: 17.28 | Tithi 26 – 27 | 867661365 | Gulika 7:24AM – 8:35AM Yama 1:21PM – 2:32PM Rahu 9:47AM – 10:58AM | Svati Until 10:57AM Sukarma Until 6:35PM Kaulava Until 3:23AM Sun Ekadashi* Until 2:04PM | Ganesha: Clear <i>Sunrise:</i> 7:24AM Muruga: White <i>Sunset:</i> 4:54PM Nataraja: White Moon – Green | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Creative Work | Siddha Yoga | | Day 4 of Pancha Ganapati | | Bhuloka Day | Devaloka Time: 6:AM to 9:AM |
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| 4 | Sunday, December 25, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | | | St. Helena, CA Sun 11 Sutra 252 |
| | Tula Rasi: 29.19 | Tithi 27 – 28 | 877661366 | Gulika 2:32PM – 3:44PM Yama 12:10PM – 1:21PM Rahu 3:44PM – 4:55PM | Vishakha Until 2:06PM Dhriti Until 7:25PM Gara Until 5:51AM Mon Dvadashi* Until 4:37PM <i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:55PM Nataraja: Green Moon – Orange | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Routine Work | Marana Yoga | | Day 5 of Pancha Ganapati | | Bhuloka Day | |
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| 5 | Monday, December 26, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija Karana Trayodashyam Titau | | | | St. Helena, CA Sun 12 Sutra 253 |
| | Vrischika Rasi: 11.13 | Tithi 28 | 877661366 | Gulika 1:22PM – 2:33PM Yama 10:59AM – 12:10PM Rahu 8:36AM – 9:48AM | Anuradha Until 4:54PM Shula* Until 8:04PM Vanija Until 6:59PM Trayodashi* Until 6:59PM | Ganesha: Purple <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:56PM Nataraja: Green Moon – Orange | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Family Home Evening | | | | | Bhuloka Day | |
| | Creative Work | Siddha Yoga | | | | | |

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| 6 | Tuesday, December 27, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau | | | | St. Helena, CA Sun 13 Sutra 254 |
| | Vrischika Rasi: 23.13 | Tithi 29 | 878661366 | Gulika 12:11PM – 1:22PM Yama 9:48AM – 10:59AM Rahu 2:34PM – 3:45PM | Jyeshtha* Until 7:17PM Ganda* Until 8:32PM Visti Until 8:05AM Chaturdashi* Until 9:04PM | Ganesha: Clear <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:56PM Nataraja: Green Moon – Orange | Durmukha 5118 Moon 12 - Phase 35 2nd Phase |
| | Routine Work | Marana Yoga | | | | Bhuloka Day | |
| | Until 7:17PM | | | | | Devaloka Time: 9:AM to 12:PM | |

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|  | Wednesday, December 28, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau | | | | St. Helena, CA Sun 14 Sutra 255 | | |
| | Retreat Star | | Dhanus Rasi: 5.19 | Tithi 30 | 888761366 | Gulika 11:00AM – 12:11PM Yama 8:37AM – 9:48AM Rahu 12:11PM – 1:23PM | Mula* Until 9:43PM Vriddhi Until 8:47PM Catuspada Until 10:01AM Amavasya* Until 10:50PM | Ganesha: Light Blue <i>Sunrise:</i> 7:25AM Muruga: White <i>Sunset:</i> 4:57PM Nataraja: Green Moon – Light Blue | Durmukha 5118 Moon 12 - Phase 35 Amavasya |
| | Routine Work | Marana Yoga | | | | Bhuloka Day | | | |
| | Until 9:43PM | | | | | Devaloka Time: 9:AM to 12:PM | | | |

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|  | Thursday, December 29, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | St. Helena, CA Sun 15 Sutra 256 | | |
| | Retreat Star | | Dhanus Rasi: 17.34 | Tithi 1 | 888761366 | Gulika 9:49AM – 11:00AM Yama 7:26AM – 8:37AM Rahu 1:23PM – 2:35PM | Purvashadha* Until 11:39PM Dhruva Until 8:45PM Kintughna Until 11:37AM Prathama* Until 12:16AM Fri | Ganesha: Light Blue <i>Sunrise:</i> 7:26AM Muruga: White <i>Sunset:</i> 4:58PM Nataraja: Green Moon – Light Blue | Durmukha 5118 Moon 12 - Phase 35 Prathama |
| | Creative Work | Siddha Yoga | | | | Bhuloka Day | | | |
| | Until 11:39PM | | | | | Devaloka Time: 9:AM to 12:PM | | | |

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In the gloom of fear, His six-fold face gleams. In perils unbouded, His vel betokens, "Fear not." Tirumurai 11

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| 1 | | Friday, December 30, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | St. Helena, CA Sun 16 Sutra 257 Durmukha 5118 |
| Dhanus Rasi: 29.57 | Tithi 2 | Gulika 8:38AM – 9:49AM | Uttarashadha Until 1:05AM Sat | Ganesh: Light Blue | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 2:35PM – 3:47PM | Vyaghata* Until 8:27PM | Muruga: White | <i>Sunset:</i> 4:59PM | | Moon 12 - Phase 36 |
| | | 888761366 Rahu 11:01AM – 12:12PM | Balava Until 12:52PM | Nataraja: Green | | | 3rd Phase |
| Routine Work | Marana Yoga | | Dvitiya Until 1:20AM Sat | Moon – Light Blue | | Bhuloka Day | |
| Until 1:05AM Sat | | | | Pausha-Markali | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 | | Saturday, December 31, 2016 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau | | | St. Helena, CA Sun 17 Sutra 258 Durmukha 5118 |
| Makara Rasi: 12.29 | Tithi 3 | Gulika 7:26AM – 8:38AM | Shravana Until 2:28AM Sun | Ganesh: Purple | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 1:24PM – 2:36PM | Harshana Until 7:54PM | Muruga: White | <i>Sunset:</i> 4:59PM | | Moon 12 - Phase 36 |
| | | 898761366 Rahu 9:49AM – 11:01AM | Taitila Until 1:45PM | Nataraja: Green | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Tritiya Until 2:02AM Sun | Moon – Purple | | Bhuloka Day | |
| Until 2:28AM Sun | | | | Pausha-Markali | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 3 | | Sunday, January 1, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthyam Titau | | | St. Helena, CA Sun 18 Sutra 259 Durmukha 5118 |
| Makara Rasi: 25.12 | Tithi 4 | Gulika 2:36PM – 3:48PM | Dhanishtha Until 3:19AM Mon | Ganesh: Purple | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 12:13PM – 1:24PM | Vajra* Until 7:01PM | Muruga: White | <i>Sunset:</i> 4:59PM | | Moon 12 - Phase 36 |
| | | 898761366 Rahu 3:48PM – 4:59PM | Vanija Until 2:15PM | Nataraja: Green | | | 3rd Phase |
| Routine Work | Marana Yoga | | Chaturthi* Until 2:20AM Mon | Moon – Purple | | Bhuloka Day | |
| Until 3:19AM Mon | | | | Pausha-Markali | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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|---------------------------------|-------------|--|--------------------------------------|---|------------------------|------------------------------|---|
| 4 | | Monday, January 2, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau | | | St. Helena, CA Sun 19 Sutra 260 Durmukha 5118 |
| Kumbha Rasi: 8.06 | Tithi 5 | Gulika 1:25PM – 2:37PM | Shatabhishak Until 3:36AM Tue | Ganesh: Clear | <i>Sunrise:</i> 7:26AM | | |
| Family Home Evening | | Yama 11:01AM – 12:13PM | Siddhi Until 5:49PM | Muruga: White | <i>Sunset:</i> 5:00PM | | Moon 12 - Phase 36 |
| | | 899761366 Rahu 8:38AM – 9:50AM | Bava Until 2:21PM | Nataraja: Green | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Panchami Until 2:12AM Tue | Moon – Purple | | Bhuloka Day | |
| Until 3:36AM Tue | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | |
| Then Routine Work - Marana Yoga | | | | | | | |

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|----------------------------------|-------------|--|--|---|------------------------|------------------------------|---|
| 5 | | Tuesday, January 3, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Shashthyam Titau | | | St. Helena, CA Sun 20 Sutra 261 Durmukha 5118 |
| Kumbha Rasi: 21.13 | Tithi 6 | Gulika 12:14PM – 1:26PM | Purvaprossthapada* Until 3:44AM Wed | Ganesh: Red | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 9:50AM – 11:02AM | Vyatipata* Until 4:17PM | Muruga: White | <i>Sunset:</i> 5:01PM | | Moon 12 - Phase 36 |
| | | 819761366 Rahu 2:37PM – 3:49PM | Kaulava Until 1:59PM | Nataraja: Green | | | 3rd Phase |
| Routine Work | Marana Yoga | | Shashthi* Until 1:36AM Wed | Moon – Clear | | Bhuloka Day | |
| Until 3:44AM Wed | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Ends | | | | | |

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|------------------|-------------|---|--|--|------------------------|------------------------------|---|
| 6 | | Wednesday, January 4, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau | | | St. Helena, CA Sun 21 Sutra 262 Durmukha 5118 |
| Meena Rasi: 4.35 | Tithi 7 | Gulika 11:02AM – 12:14PM | Uttaraprossthapada Until 3:14AM Thu | Ganesh: Red | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 8:38AM – 9:50AM | Variyan Until 2:21PM | Muruga: White | <i>Sunset:</i> 5:02PM | | Moon 12 - Phase 36 |
| | | 819761366 Rahu 12:14PM – 1:26PM | Gara Until 1:09PM | Nataraja: Green | | | 3rd Phase |
| Creative Work | Siddha Yoga | | Saptami Until 12:31AM Thu | Moon – Clear | | Bhuloka Day | |
| | | | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | |

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| Retreat Star | | Thursday, January 5, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau | | | St. Helena, CA Sun 22 Sutra 263 Durmukha 5118 |
| Meena Rasi: 18.14 | Tithi 8 | Gulika 9:51AM – 11:03AM | Revati Until 2:05AM Fri | Ganesh: Red | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 7:26AM – 8:38AM | Parigha* Until 12:02PM | Muruga: White | <i>Sunset:</i> 5:03PM | | Moon 12 - Phase 36 |
| | | 819761366 Rahu 1:27PM – 2:39PM | Visti Until 11:48AM | Nataraja: Green | | | Ashtami |
| Creative Work | Siddha Yoga | | Ashtami* Until 10:55PM | Moon – Clear | | Bhuloka Day | |
| Until 2:05AM Fri | | Subramuniyaswami Jayanti | | Pausha-Markali | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Retreat Star | | Friday, January 6, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau | | | St. Helena, CA Sun 23 Sutra 264 Durmukha 5118 |
| Mesha Rasi: 2.12 | Tithi 9 | Gulika 8:39AM – 9:51AM | Ashvini Until 12:47AM Sat | Ganesh: Blue | <i>Sunrise:</i> 7:26AM | | |
| | | Yama 2:39PM – 3:52PM | Shiva Until 9:20AM | Muruga: White | <i>Sunset:</i> 5:04PM | | Moon 12 - Phase 36 |
| | | 829761366 Rahu 11:03AM – 12:15PM | Balava Until 9:58AM | Nataraja: Green | | | Navami |
| Creative Work | Amrita Yoga | | Navami* Until 8:51PM | Moon – White | | Devaloka Day | |
| Until 12:47AM Sat | | | | Pausha-Markali | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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| 1 | | Saturday, January 7, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Mesha Rasi: 16.27 | | Tihti 10 | | Bharani Until 10:55PM | | Ganesh: Blue | | Sunrise: 7:26AM | |
| Creative Work | | Siddha Yoga | | Siddha Until 6:15AM | | Muruga: White | | Sunset: 5:05PM | |
| Until 10:55PM | | 829761366 | | Tailila Until 7:41AM | | Nataraja: Green | | Moon 12 - Phase 37 | |
| Then Creative Work - Amrita Yoga | | Rahu | | Dashami Until 6:22PM | | Moon - White | | 4th Phase | |
| | | Gulika | | 7:26AM - 8:39AM | | Pausha-Markali | | Devaloka Day | |
| | | Yama | | 1:28PM - 2:40PM | | | | | |
| | | Rahu | | 9:51AM - 11:03AM | | | | | |

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| 2 | | Sunday, January 8, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Vrishabha Rasi: 0.58 | | Tihti 11 - 12 | | Krittika Until 8:37PM | | Ganesh: Blue | | Sunrise: 7:26AM | |
| Creative Work | | Siddha Yoga | | Subha Until 11:16PM | | Muruga: White | | Sunset: 5:06PM | |
| Until 10:55PM | | 829761366 | | Bava Until 2:04AM Mon | | Nataraja: Green | | Moon 12 - Phase 37 | |
| | | Rahu | | Ekadashi Until 3:33PM | | Moon - White | | 4th Phase | |
| | | Gulika | | 2:41PM - 3:53PM | | Pausha-Markali | | Devaloka Day | |
| | | Yama | | 12:16PM - 1:28PM | | | | | |
| | | Rahu | | 3:53PM - 5:06PM | | | | | |
| | | Vaikuntha Ekadasi | | | | | | | |

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| 3 | | Monday, January 9, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Vrishabha Rasi: 15.4 | | Tihti 12 - 13 | | Rohini Until 6:25PM | | Ganesh: Yellow | | Sunrise: 7:26AM | |
| Family Home Evening | | 839761366 | | Sukla Until 7:31PM | | Muruga: White | | Sunset: 5:06PM | |
| Creative Work | | Amrita Yoga | | Kaulava Until 10:59PM | | Nataraja: Green | | Moon 12 - Phase 37 | |
| | | Rahu | | Dvadashi Until 12:31PM | | Moon - Yellow | | 4th Phase | |
| | | Gulika | | 1:29PM - 2:41PM | | Pausha-Markali | | Bhuloka Day | |
| | | Yama | | 11:04AM - 12:16PM | | | | Devaloka Time: 9:AM to12:PM | |
| | | Rahu | | 8:39AM - 9:51AM | | | | | |
| | | Pradosha Vrata | | | | | | | |

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| 4 | | Tuesday, January 10, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 0.28 | | Tihti 13 - 14 | | Mrigashira Until 4:02PM | | Ganesh: Clear | | Sunrise: 7:26AM | |
| Creative Work | | Siddha Yoga | | Brahma Until 3:44PM | | Muruga: White | | Sunset: 5:07PM | |
| Until 4:02PM | | 831761366 | | Gara Until 7:54PM | | Nataraja: Green | | Moon 12 - Phase 37 | |
| Then Routine Work - Marana Yoga | | Rahu | | Trayodashi Until 9:25AM | | Moon - Yellow | | 4th Phase | |
| | | Gulika | | 12:17PM - 1:29PM | | Pausha-Markali | | Bhuloka Day | |
| | | Yama | | 9:51AM - 11:04AM | | | | Devaloka Time: 9:AM to12:PM | |
| | | Rahu | | 2:42PM - 3:55PM | | | | | |

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|  | | Wednesday, January 11, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 15.14 | | Tihti 14 - 15 | | Ardra Until 1:39PM | | Ganesh: Clear | | Sunrise: 7:26AM | |
| Creative Work | | Siddha Yoga | | Indra Until 12:05PM | | Muruga: White | | Sunset: 5:08PM | |
| | | 831761366 | | Bava Until 3:35AM Thu | | Nataraja: Green | | Moon 12 - Phase 37 | |
| | | Rahu | | Chaturdashi* Until 6:23AM | | Moon - Yellow | | Purnima | |
| | | Gulika | | 11:04AM - 12:17PM | | Pausha-Markali | | Bhuloka Day | |
| | | Yama | | 8:39AM - 9:52AM | | | | Devaloka Time: 9:AM to12:PM | |
| | | Rahu | | 12:17PM - 1:30PM | | | | | |
| | | Ardra Darshanam | | | | | | | |

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| Thursday, January 12, 2017 | | Silver Retreat Star | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 29.49 | | Tihti 16 | | Punarvasu Until 11:49AM | | Ganesh: White | | Sunrise: 7:26AM | |
| Creative Work | | Amrita Yoga | | Vaidhriti* Until 8:37AM | | Muruga: White | | Sunset: 5:09PM | |
| | | 841761366 | | Balava Until 2:20PM | | Nataraja: Green | | Moon 12 - Phase 37 | |
| | | Rahu | | Prathama* Until 1:10AM Fri | | Moon - Blue | | Prathama | |
| | | Gulika | | 9:52AM - 11:05AM | | Pausha-Markali | | Devaloka Day | |
| | | Yama | | 7:26AM - 8:39AM | | | | | |
| | | Rahu | | 1:31PM - 2:44PM | | | | | |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sutra 271

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 14.08 Tiithi 17

Gulika 8:39AM - 9:52AM
Yama 2:44PM - 3:57PM
Rahu 11:05AM - 12:18PMPushya Until 10:18AM
Priti Until 2:53AM Sat
Tailila Until 12:11PM
Dvitiya Until 11:18PMGanesha: White Sunrise: 7:25AM
Muruga: White Sunset: 5:10PM
Nataraja: Green
Moon - Blue
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Thai Pongal

Saturday, January 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 1 Sutra 272

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Kataka Rasi: 28.04 Tiithi 18

Gulika 7:25AM - 8:38AM
Yama 1:32PM - 2:45PM
Rahu 9:52AM - 11:05AMAshlesha* Until 9:14AM
Ayushman Until 12:48AM Sun
Vanija Until 10:39AM
Tritiya Until 10:08PMGanesha: White Sunrise: 7:25AM
Muruga: White Sunset: 5:11PM
Nataraja: Green
Moon - Blue
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 9:14AM

Then Creative Work - Amrita Yoga

Sunday, January 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 2 Sutra 273

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Simha Rasi: 11.34 Tiithi 19

Gulika 2:46PM - 3:59PM
Yama 12:19PM - 1:32PM
Rahu 3:59PM - 5:13PMMagha* Until 9:10AM
Saubhagya Until 11:20PM
Bava Until 9:51AM
Chaturthi* Until 9:44PMGanesha: Yellow Sunrise: 7:25AM
Muruga: White Sunset: 5:13PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Routine Work Marana Yoga

Until 9:10AM

Then Creative Work - Siddha Yoga

Monday, January 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

St. Helena, CA

Sun 3 Sutra 274

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Simha Rasi: 24.39 Tiithi 20

Gulika 1:33PM - 2:46PM
Yama 11:05AM - 12:19PM
Rahu 8:38AM - 9:52AMPurvaphalguni Until 9:45AM
Sobhana Until 10:30PM
Kaulava Until 9:52AM
Panchami Until 10:09PMGanesha: Yellow Sunrise: 7:25AM
Muruga: White Sunset: 5:14PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Family Home Evening

Creative Work Siddha Yoga

Tuesday, January 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Sun 4 Sutra 275

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 7.2 Tiithi 21

Gulika 12:19PM - 1:33PM
Yama 9:52AM - 11:06AM
Rahu 2:47PM - 4:01PMUttaraphalguni Until 10:57AM
Athiganda* Until 10:15PM
Gara Until 10:41AM
Shashthi* Until 11:21PMGanesha: Yellow Sunrise: 7:24AM
Muruga: White Sunset: 5:15PM
Nataraja: Green
Moon - Red
Pausha*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 10:57AM

Then Creative Work - Siddha Yoga

Wednesday, January 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Sun 5 Sutra 276

Durmukha 5118

Moon 1 - Phase 38

1st Phase

Kanya Rasi: 19.41 Tiithi 22

Gulika 11:06AM - 12:20PM
Yama 8:38AM - 9:52AM
Rahu 12:20PM - 1:34PMHasta Until 1:08PM
Sukarma Until 10:29PM
Visti Until 12:13PM
Saptami Until 1:11AM ThuGanesha: Blue Sunrise: 7:24AM
Muruga: White Sunset: 5:16PM
Nataraja: Green
Moon - Green
Pausha*Thai

Devaloka Day

Routine Work Marana Yoga

Until 1:08PM

Then Creative Work - Siddha Yoga

Thursday, January 19, 2017

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Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Sun 6 Sutra 277

Durmukha 5118

Moon 1 - Phase 38

Ashtami

Tula Rasi: 1.49 Tiithi 23

Gulika 9:52AM - 11:06AM
Yama 7:23AM - 8:37AM
Rahu 1:34PM - 2:48PMChitra Until 3:42PM
Dhriti Until 11:05PM
Balava Until 2:18PM
Ashtami* Until 3:28AM FriGanesha: Blue Sunrise: 7:23AM
Muruga: White Sunset: 5:17PM
Nataraja: Green
Moon - Green
Pausha*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 3:42PM

Then Creative Work - Amrita Yoga

Friday, January 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula* Yoga Tailila/Gara Karana Navamyam Titau

St. Helena, CA

Sun 7 Sutra 278

Durmukha 5118

Moon 1 - Phase 38

Navami

Tula Rasi: 13.46 Tiithi 24

Gulika 8:37AM - 9:52AM
Yama 2:49PM - 4:04PM
Rahu 11:06AM - 12:20PMSvati Until 6:24PM
Shula* Until 11:52PM
Tailila Until 4:43PM
Navami* Until 5:58AM SatGanesha: Yellow Sunrise: 7:23AM
Muruga: White Sunset: 5:18PM
Nataraja: Green
Moon - Green
Pausha*Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

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| 1 | | Saturday, January 21, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Tula Rasi: 25.38 | | Vishakha Nakshatra Ganda* Yoga Vanija Karana Dashamyam Titau | | Sun 8 | | Sutra 279 | | Durumukha 5118 | |
| Tihti 25 | | Gulika | 7:22AM – 8:37AM | Vishakha Until 9:31PM | Ganesh: Blue | <i>Sunrise:</i> 7:22AM | | | |
| 872761366 | | Yama | 1:35PM – 2:50PM | Ganda* Until 12:41AM Sun | Muruga: White | <i>Sunset:</i> 5:19PM | Moon 1 - Phase 39 | | |
| Creative Work Siddha Yoga | | Rahu | 9:51AM – 11:06AM | Vanija Until 7:16PM | Nataraja: Green | Moon – Orange | | | |
| | | | | Dashami Until 8:29AM Sun | Pausha*Thai | Bhuloka Day | | | |

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| 2 | | Sunday, January 22, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Vrischika Rasi: 7.31 | | Anuradha Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau | | Sun 9 | | Sutra 280 | | Durumukha 5118 | |
| Tihti 25 – 26 | | Gulika | 2:51PM – 4:05PM | Anuradha Until 12:23AM Mon | Ganesh: Red | <i>Sunrise:</i> 7:22AM | | | |
| 872861366 | | Yama | 12:21PM – 1:36PM | Vriddhi Until 1:26AM Mon | Muruga: White | <i>Sunset:</i> 5:20PM | Moon 1 - Phase 39 | | |
| Routine Work Marana Yoga | | Rahu | 4:05PM – 5:20PM | Bava Until 9:42PM | Nataraja: Green | Moon – Orange | | | |
| | | | | Dashami Until 8:29AM | Pausha*Thai | Bhuloka Day | | | |
| Until 12:23AM Mon | | | | Devaloka Time: 9:AM to 12:PM | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 3 | | Monday, January 23, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Vrischika Rasi: 19.28 | | Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 10 | | Sutra 281 | | Durumukha 5118 | |
| Tihti 26 – 27 | | Gulika | 1:36PM – 2:51PM | Jyeshtha* Until 2:49AM Tue | Ganesh: Red | <i>Sunrise:</i> 7:21AM | | | |
| 872861366 | | Yama | 11:06AM – 12:21PM | Dhruva Until 1:57AM Tue | Muruga: White | <i>Sunset:</i> 5:21PM | Moon 1 - Phase 39 | | |
| Family Home Evening | | Rahu | 8:36AM – 9:51AM | Kaulava Until 11:54PM | Nataraja: Green | Moon – Orange | | | |
| Creative Work Siddha Yoga | | | | Ekadashi* Until 10:49AM | Pausha*Thai | Bhuloka Day | | | |
| Until 2:49AM Tue | | | | Devaloka Time: 9:AM to 12:PM | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | | | |

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| 4 | | Tuesday, January 24, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 1.31 | | Mula* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 11 | | Sutra 282 | | Durumukha 5118 | |
| Tihti 27 – 28 | | Gulika | 12:21PM – 1:37PM | Mula* Until 5:12AM Wed | Ganesh: Red | <i>Sunrise:</i> 7:21AM | | | |
| 982861366 | | Yama | 9:51AM – 11:06AM | Vyaghata* Until 2:11AM Wed | Muruga: White | <i>Sunset:</i> 5:22PM | Moon 1 - Phase 39 | | |
| Creative Work Amrita Yoga | | Rahu | 2:52PM – 4:07PM | Gara Until 1:42AM Wed | Nataraja: Green | Moon – Light Blue | | | |
| | | | | Dvadashi* Until 12:50PM | Pausha*Thai | Bhuloka Day | | | |
| | | | | Devaloka Time: 9:AM to 12:PM | | | | | |
| Pradosha Vrata (Fasting) | | | | | | | | | |

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|---------------------------------|--|--|-------------------|--------------------------------------|------------------------|---|-------------------|----------------|--|
| 5 | | Wednesday, January 25, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 13.44 | | Purvashadha* Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 12 | | Sutra 283 | | Durumukha 5118 | |
| Tihti 28 – 29 | | Gulika | 11:06AM – 12:22PM | Purvashadha* Until 6:59AM Thu | Ganesh: Red | <i>Sunrise:</i> 7:20AM | | | |
| 982861366 | | Yama | 8:35AM – 9:51AM | Harshana Until 2:06AM Thu | Muruga: White | <i>Sunset:</i> 5:23PM | Moon 1 - Phase 39 | | |
| Creative Work Amrita Yoga | | Rahu | 12:22PM – 1:37PM | Visti Until 3:03AM Thu | Nataraja: Green | Moon – Light Blue | | | |
| Until 6:59AM Thu | | | | Trayodashi* Until 2:25PM | Pausha*Thai | Bhuloka Day | | | |
| Then Routine Work - Marana Yoga | | | | Devaloka Time: 9:AM to 12:PM | | | | | |

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|---------------------------------|--|---|------------------|----------------------------------|------------------------|--|-------------------|----------------|--|
| 6 | | Thursday, January 26, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 26.08 | | Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 13 | | Sutra 284 | | Durumukha 5118 | |
| Tihti 29 – 30 | | Gulika | 9:51AM – 11:06AM | Purvashadha* Until 6:59AM | Ganesh: Red | <i>Sunrise:</i> 7:19AM | | | |
| 982861366 | | Yama | 7:19AM – 8:35AM | Vajra* Until 1:36AM Fri | Muruga: White | <i>Sunset:</i> 5:25PM | Moon 1 - Phase 39 | | |
| Creative Work Siddha Yoga | | Rahu | 1:38PM – 2:53PM | Catuspada Until 3:54AM Fri | Nataraja: Green | Moon – Light Blue | | | |
| Until 6:59AM | | | | Chaturdashi* Until 3:31PM | Pausha*Thai | Bhuloka Day | | | |
| Then Routine Work - Marana Yoga | | | | Devaloka Time: 9:AM to 12:PM | | | | | |

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|--------------------------|--|--|-------------------|----------------------------------|------------------------|---|-------------------|----------------|--|
| Retreat Star | | Friday, January 27, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 8.46 | | Uttarashadha/Shravana Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 14 | | Sutra 285 | | Durumukha 5118 | |
| Tihti 30 – 1 | | Gulika | 8:34AM – 9:50AM | Uttarashadha Until 8:08AM | Ganesh: Red | <i>Sunrise:</i> 7:19AM | | | |
| 982861366 | | Yama | 2:54PM – 4:10PM | Siddhi Until 12:44AM Sat | Muruga: White | <i>Sunset:</i> 5:26PM | Moon 1 - Phase 39 | | |
| Routine Work Marana Yoga | | Rahu | 11:06AM – 12:22PM | Kintughna Until 4:15AM Sat | Nataraja: Green | Moon – Light Blue | | | |
| | | | | Amavasya* Until 4:07PM | Pausha*Thai | Bhuloka Day | | | |
| | | | | Devaloka Time: 9:AM to 12:PM | | | | | |

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|---------------------------|--|--|------------------|-------------------------------|------------------------|---|-------------------|----------------|--|
| Retreat Star | | Saturday, January 28, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 21.38 | | Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau | | Sun 15 | | Sutra 286 | | Durumukha 5118 | |
| Tihti 1 – 2 | | Gulika | 7:18AM – 8:34AM | Shravana Until 9:07AM | Ganesh: Yellow | <i>Sunrise:</i> 7:18AM | | | |
| 992861366 | | Yama | 1:38PM – 2:55PM | Vyatipata* Until 11:31PM | Muruga: White | <i>Sunset:</i> 5:27PM | Moon 1 - Phase 39 | | |
| Creative Work Siddha Yoga | | Rahu | 9:50AM – 11:06AM | Balava Until 4:08AM Sun | Nataraja: Green | Moon – Purple | | | |
| | | | | Prathama* Until 4:14PM | Magha*Thai | Bhuloka Day | | | |
| | | | | Devaloka Time: 9:AM to 12:PM | | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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| 1 Sunday, January 29, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau | | | | St. Helena, CA Sun 16 Sutra 287 | |
| Kumbha Rasi: 4.43 | Tithi 2 – 3 | Gulika 2:55PM – 4:12PM | Dhanishtha Until 9:31AM | Ganesha: Yellow | <i>Sunrise:</i> 7:17AM | Dur mukha 5118 | |
| | | Yama 12:22PM – 1:39PM | Variyan Until 9:57PM | Muruga: White | <i>Sunset:</i> 5:28PM | Moon 1 - Phase 40 | |
| | | 992861366 Rahu 4:12PM – 5:28PM | Taitila Until 3:36AM Mon | Nataraja: Green | | 3rd Phase | |
| Routine Work | Marana Yoga | | Dvitiya Until 3:54PM | Moon – Purple | | Bhuloka Day | |
| Until 9:31AM | | | | Magha-Thai | | Devaloka Time: 9:AM to 12:PM | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 2 Monday, January 30, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau | | | | St. Helena, CA Sun 17 Sutra 288 | |
| Kumbha Rasi: 18.01 | Tithi 3 – 4 | Gulika 1:39PM – 2:56PM | Shatabhishak Until 9:22AM | Ganesha: Yellow | <i>Sunrise:</i> 7:16AM | Dur mukha 5118 | |
| Family Home Evening | | Yama 11:06AM – 12:23PM | Parigha* Until 8:06PM | Muruga: White | <i>Sunset:</i> 5:29PM | Moon 1 - Phase 40 | |
| Creative Work | Siddha Yoga | 992861366 Rahu 8:33AM – 9:49AM | Vanija Until 2:43AM Tue | Nataraja: Green | | 3rd Phase | |
| Until 9:22AM | | | Tritiya Until 3:11PM | Moon – Purple | | Bhuloka Day | |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | | Devaloka Time: 9:AM to 12:PM | |

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| 3 Tuesday, January 31, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | | | St. Helena, CA Sun 18 Sutra 289 | |
| Meena Rasi: 1.31 | Tithi 4 – 5 | Gulika 12:23PM – 1:40PM | Purvaproshtapada* Until 9:10AM | Ganesha: White | <i>Sunrise:</i> 7:15AM | Dur mukha 5118 | |
| | | Yama 9:49AM – 11:06AM | Shiva Until 6:01PM | Muruga: White | <i>Sunset:</i> 5:30PM | Moon 1 - Phase 40 | |
| | | 912861366 Rahu 2:57PM – 4:13PM | Bava Until 1:30AM Wed | Nataraja: Green | | 3rd Phase | |
| Routine Work | Marana Yoga | | Chaturthi* Until 2:08PM | Moon – Clear | | Devaloka Day | |
| Until 9:10AM | | | | Magha-Thai | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| 4 Wednesday, February 1, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | | | St. Helena, CA Sun 19 Sutra 290 | |
| Meena Rasi: 15.12 | Tithi 5 – 6 | Gulika 11:06AM – 12:23PM | Uttaraproshtapada Until 8:32AM | Ganesha: White | <i>Sunrise:</i> 7:15AM | Dur mukha 5118 | |
| | | Yama 8:32AM – 9:49AM | Siddha Until 3:40PM | Muruga: White | <i>Sunset:</i> 5:30PM | Moon 1 - Phase 40 | |
| | | 912861366 Rahu 12:23PM – 1:40PM | Kaulava Until 12:01AM Thu | Nataraja: Green | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Panchami Until 12:46PM | Moon – Clear | | Devaloka Day | |
| Until 8:32AM | | | | Magha-Thai | | | |
| Then Routine Work - Marana Yoga | | | | | | | |

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| 5 Thursday, February 2, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau | | | | St. Helena, CA Sun 20 Sutra 291 | |
| Meena Rasi: 29.03 | Tithi 6 – 7 | Gulika 9:49AM – 11:06AM | Revati Until 7:29AM | Ganesha: White | <i>Sunrise:</i> 7:15AM | Dur mukha 5118 | |
| | | Yama 7:15AM – 8:32AM | Sadhya Until 1:08PM | Muruga: White | <i>Sunset:</i> 5:31PM | Moon 1 - Phase 40 | |
| | | 912861366 Rahu 1:40PM – 2:57PM | Gara Until 10:17PM | Nataraja: Green | | 3rd Phase | |
| Creative Work | Siddha Yoga | | Shashthi* Until 11:10AM | Moon – Clear | | Devaloka Day | |
| Until 7:29AM | | | | Magha-Thai | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

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| Friday, February 3, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | | | St. Helena, CA Sun 21 Sutra 292 | |
| Retreat Star | | Gulika 8:31AM – 9:48AM | Ashvini Until 6:29AM | Ganesha: White | <i>Sunrise:</i> 7:14AM | Dur mukha 5118 | |
| Mesha Rasi: 13.02 | Tithi 7 – 8 | Yama 2:58PM – 4:15PM | Subha Until 10:25AM | Muruga: White | <i>Sunset:</i> 5:33PM | Moon 1 - Phase 40 | |
| | | 923861367 Rahu 11:06AM – 12:23PM | Visti Until 8:20PM | Nataraja: White | | Ashtami | |
| Creative Work | Amrita Yoga | | Saptami Until 9:19AM | Moon – White | | Bhuloka Day | |
| Until 6:29AM | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| Saturday, February 4, 2017 | | Dur mukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | St. Helena, CA Sun 22 Sutra 293 | |
| Retreat Star | | Gulika 7:13AM – 8:30AM | Krittika Until 3:31AM Sun | Ganesha: White | <i>Sunrise:</i> 7:13AM | Dur mukha 5118 | |
| Mesha Rasi: 27.09 | Tithi 8 – 9 | Yama 1:41PM – 2:58PM | Sukla Until 7:32AM | Muruga: White | <i>Sunset:</i> 5:34PM | Moon 1 - Phase 40 | |
| | | 923861367 Rahu 9:48AM – 11:06AM | Balava Until 6:12PM | Nataraja: White | | Navami | |
| Creative Work | Amrita Yoga | | Ashtami* Until 7:16AM | Moon – White | | Bhuloka Day | |
| Until 3:31AM Sun | | | | Magha-Thai | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

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| 1 Sunday, February 5, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Rohini Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau | | | | | | Sun 23 Sutra 294 |
| 933861367 | | Gulika 2:59PM – 4:17PM | Rohini Until 2:02AM Mon | Ganesh: Clear | <i>Sunrise:</i> 7:12AM | Durmukha 5118 |
| Vrishabha Rasi: 11.23 Tiithi 10 | | Yama 12:23PM – 1:41PM | Indra Until 1:26AM Mon | Muruga: White | <i>Sunset:</i> 5:35PM | Moon 1 - Phase 41 |
| Creative Work Siddha Yoga | | Rahu 4:17PM – 5:35PM | Taitila Until 3:56PM | Nataraja: White | | 4th Phase |
| Until 2:02AM Mon | | | Dashami Until 2:44AM Mon | Moon – Yellow | | |
| Then Creative Work - Amrita Yoga | | | | Magha-Thai | | Bhuloka Day |
| | | | | | | Devaloka Time: 6:AM to 9:AM |

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| 2 Monday, February 6, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau | | | | | | Sun 24 Sutra 295 |
| 933861367 | | Gulika 1:42PM – 3:00PM | Mrigashira Until 12:23AM Tue | Ganesh: Clear | <i>Sunrise:</i> 7:11AM | Durmukha 5118 |
| Vrishabha Rasi: 25.41 Tiithi 11 | | Yama 11:05AM – 12:23PM | Vaidhriti* Until 10:18PM | Muruga: White | <i>Sunset:</i> 5:36PM | Moon 1 - Phase 41 |
| Family Home Evening | | Rahu 8:29AM – 9:47AM | Vanija Until 1:35PM | Nataraja: White | | 4th Phase |
| Creative Work Amrita Yoga | | | Ekadashi Until 12:23AM Tue | Moon – Yellow | | |
| Until 12:23AM Tue | | | | Magha-Thai | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | | | Devaloka Time: 6:AM to 9:AM |

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| 3 Tuesday, February 7, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau | | | | | | Sun 25 Sutra 296 |
| 933861367 | | Gulika 12:23PM – 1:42PM | Ardra Until 10:38PM | Ganesh: Clear | <i>Sunrise:</i> 7:10AM | Durmukha 5118 |
| Mithuna Rasi: 10.01 Tiithi 12 | | Yama 9:47AM – 11:05AM | Vishkambha* Until 7:11PM | Muruga: White | <i>Sunset:</i> 5:37PM | Moon 1 - Phase 41 |
| Routine Work Marana Yoga | | Rahu 3:00PM – 4:19PM | Bava Until 11:14AM | Nataraja: White | | 4th Phase |
| Until 10:38PM | | | Dvadashi Until 10:04PM | Moon – Yellow | | |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | Bhuloka Day |
| | | | | | | Devaloka Time: 6:AM to 9:AM |

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| 4 Wednesday, February 8, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Punarvasu Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau | | | | | | Sun 26 Sutra 297 |
| 933861367 | | Gulika 11:05AM – 12:24PM | Punarvasu Until 9:19PM | Ganesh: Purple | <i>Sunrise:</i> 7:09AM | Durmukha 5118 |
| Mithuna Rasi: 24.17 Tiithi 13 | | Yama 8:28AM – 9:46AM | Priti Until 4:13PM | Muruga: White | <i>Sunset:</i> 5:38PM | Moon 1 - Phase 41 |
| Creative Work Siddha Yoga | | Rahu 12:24PM – 1:42PM | Kaulava Until 8:59AM | Nataraja: White | | 4th Phase |
| Until 10:38PM | | | Trayodashi Until 7:54PM | Moon – Blue | | |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | Bhuloka Day |
| | | | <i>Pradosha Vrata</i> | | | |

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| 5 Thursday, February 9, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau | | | | | | Sun 27 Sutra 298 |
| 933861367 | | Gulika 9:46AM – 11:05AM | Pushya Until 8:08PM | Ganesh: Purple | <i>Sunrise:</i> 7:08AM | Durmukha 5118 |
| Kataka Rasi: 8.25 Tiithi 14 | | Yama 7:08AM – 8:27AM | Ayushman Until 1:25PM | Muruga: White | <i>Sunset:</i> 5:39PM | Moon 1 - Phase 41 |
| Creative Work Amrita Yoga | | Rahu 1:43PM – 3:01PM | Gara Until 6:56AM | Nataraja: White | | 4th Phase |
| Until 8:08PM | | | Chaturdashi* Until 6:01PM | Moon – Blue | | |
| Then Creative Work - Siddha Yoga | | Thai Pusam | | Magha-Thai | | Bhuloka Day |
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| Friday, February 10, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Copper Retreat Star | | Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Sutra 299 |
| 933861367 | | Gulika 8:26AM – 9:45AM | Ashlesha* Until 7:13PM | Ganesh: Purple | <i>Sunrise:</i> 7:07AM | Durmukha 5118 |
| Kataka Rasi: 22.21 Tiithi 15 – 16 | | Yama 3:02PM – 4:21PM | Saubhagya Until 10:55AM | Muruga: White | <i>Sunset:</i> 5:40PM | Moon 1 - Phase 41 |
| Routine Work Marana Yoga | | Rahu 11:04AM – 12:24PM | Balava Until 3:59AM Sat | Nataraja: White | | Purnima |
| Until 8:08PM | | | Purnima* Until 4:31PM | Moon – Blue | | |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | Bhuloka Day |
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| Saturday, February 11, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam | | | | St. Helena, CA |
| Silver Retreat Star | | Magha* Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau | | | | Sutra 300 |
| 953861367 | | Gulika 7:06AM – 8:25AM | Magha* Until 7:06PM | Ganesh: Clear | <i>Sunrise:</i> 7:06AM | Durmukha 5118 |
| Simha Rasi: 6 Tiithi 16 – 17 | | Yama 1:43PM – 3:03PM | Sobhana Until 8:50AM | Muruga: White | <i>Sunset:</i> 5:42PM | Moon 1 - Phase 41 |
| Creative Work Amrita Yoga | | Rahu 9:45AM – 11:04AM | Taitila Until 3:17AM Sun | Nataraja: White | | Prathama |
| Until 7:06PM | | | Prathama* Until 3:32PM | Moon – Red | | |
| Then Creative Work - Siddha Yoga | | Penumbra Lunar Eclipse | | Magha-Thai | | Bhuloka Day |
| | | | | | | Devaloka Time: 6:AM to 9:AM |



Sunday, February 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

St. Helena, CA

Simha Rasi: 19.2 Tihi 17 – 18

953861367

Gulika 3:03PM – 4:23PM
Yama 12:24PM – 1:43PM
Rahu 4:23PM – 5:43PM

Purvaphalguni Until 7:26PM
Athiganda* Until 7:10AM
Vanija Until 3:14AM Mon
Dvitiya Until 3:09PM

Ganesha: Clear *Sunrise: 7:05AM*
Muruga: White *Sunset: 5:43PM*
Nataraja: White
Moon – Red
Magha-Masi

Sun 1 Sutra 301
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga
Until 7:26PM

Then Creative Work - Amrita Yoga

1

Monday, February 13, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

St. Helena, CA

Kanya Rasi: 2.2 Tihi 18 – 19

953861367

Gulika 1:44PM – 3:04PM
Yama 11:04AM – 12:24PM
Rahu 8:24AM – 9:44AM

Uttaraphalguni Until 8:15PM
Sukarma Until 6:01AM
Bava Until 3:51AM Tue
Tritiya Until 3:26PM

Ganesha: Clear *Sunrise: 7:04AM*
Muruga: White *Sunset: 5:44PM*
Nataraja: White
Moon – Red
Magha-Masi

Sun 2 Sutra 302
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Creative Work Siddha Yoga

2

Tuesday, February 14, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Kanya Rasi: 15.01 Tihi 19 – 20

963861367

Gulika 12:24PM – 1:44PM
Yama 9:43AM – 11:03AM
Rahu 3:04PM – 4:25PM

Hasta Until 10:01PM
Shula* Until 5:15AM Wed
Kaulava Until 5:06AM Wed
Chaturthi* Until 4:23PM

Ganesha: White *Sunrise: 7:02AM*
Muruga: White *Sunset: 5:45PM*
Nataraja: White
Moon – Green
Magha-Masi

Sun 3 Sutra 303
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

3

Wednesday, February 15, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Kanya Rasi: 27.25 Tihi 20 – 21

963861367

Gulika 11:03AM – 12:24PM
Yama 8:22AM – 9:42AM
Rahu 12:24PM – 1:44PM

Chitra Until 12:12AM Thu
Ganda* Until 5:31AM Thu
Gara Until 6:55AM Thu
Panchami Until 5:56PM

Ganesha: White *Sunrise: 7:01AM*
Muruga: White *Sunset: 5:46PM*
Nataraja: White
Moon – Green
Magha-Masi

Sun 4 Sutra 304
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Creative Work Siddha Yoga

Until 12:12AM Thu

Then Creative Work - Amrita Yoga

4

Thursday, February 16, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vriddhi Yoga Gara/Vanija Karana Shashthyam Titau

St. Helena, CA

Tula Rasi: 9.35 Tihi 21

963961367

Gulika 9:42AM – 11:03AM
Yama 7:00AM – 8:21AM
Rahu 1:44PM – 3:05PM

Svati Until 2:37AM Fri
Vriddhi Until 6:07AM Fri
Gara Until 6:55AM
Shashthi* Until 7:58PM

Ganesha: Yellow *Sunrise: 7:00AM*
Muruga: White *Sunset: 5:47PM*
Nataraja: White
Moon – Green
Magha-Masi

Sun 5 Sutra 305
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

Creative Work Amrita Yoga

Until 2:37AM Fri

Then Creative Work - Siddha Yoga

5

Friday, February 17, 2017

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

St. Helena, CA

Tula Rasi: 21.35 Tihi 22

974971367

Gulika 8:20AM – 9:41AM
Yama 3:06PM – 4:27PM
Rahu 11:02AM – 12:24PM

Vishakha Until 5:38AM Sat
Vriddhi Until 6:07AM
Visti Until 9:08AM
Saptami Until 10:18PM

Ganesha: Yellow *Sunrise: 6:59AM*
Muruga: Yellow *Sunset: 5:48PM*
Nataraja: White
Moon – Orange
Magha-Masi

Sun 6 Sutra 306
Durmukha 5118
Moon 2 - Phase 42
1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Saturday, February 18, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

St. Helena, CA

Vrischika Rasi: 3.3 Tihi 23

974971367

Gulika 6:58AM – 8:19AM
Yama 1:45PM – 3:06PM
Rahu 9:41AM – 11:02AM

Anuradha Until 8:32AM Sun
Dhruva Until 6:52AM
Balava Until 11:33AM
Ashtami* Until 12:46AM Sun

Ganesha: Yellow *Sunrise: 6:58AM*
Muruga: Yellow *Sunset: 5:49PM*
Nataraja: White
Moon – Orange
Magha-Masi

Sun 7 Sutra 307
Durmukha 5118
Moon 2 - Phase 42
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Until 8:32AM Sun

Then Routine Work - Marana Yoga

Sunday, February 19, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Navamyam Titau

St. Helena, CA

Vrischika Rasi: 15.24 Tihi 24

974971367

Gulika 3:07PM – 4:29PM
Yama 12:23PM – 1:45PM
Rahu 4:29PM – 5:50PM

Anuradha Until 8:32AM
Vyaghata* Until 7:40AM
Taitila Until 1:59PM
Navami* Until 3:07AM Mon

Ganesha: Yellow *Sunrise: 6:56AM*
Muruga: Yellow *Sunset: 5:50PM*
Nataraja: White
Moon – Orange
Magha-Masi

Sun 8 Sutra 308
Durmukha 5118
Moon 2 - Phase 42
Navami

Devaloka Day

Routine Work Marana Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

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|----------------------------|--|----------------------------------|--|---|------------------------|--|------------------------|------------------------|---------------------|
| 1 | | Monday, February 20, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Vrischika Rasi: 27.2 | | Tihti 25 | | Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau | | Sun 9 | | Sutra 309 | |
| Family Home Evening | | 984971367 | | Gulika | 1:45PM – 3:07PM | Jyeshtha* Until 11:07AM | Ganesh: Yellow | <i>Sunrise:</i> 6:55AM | Durmukha 5118 |
| Creative Work Siddha Yoga | | | | Yama | 11:01AM – 12:23PM | Harshana Until 8:22AM | Muruga: Yellow | <i>Sunset:</i> 5:51PM | Moon 2 - Phase 43 |
| | | | | Rahu | 8:17AM – 9:39AM | Vanija Until 4:14PM | Nataraja: White | | 2nd Phase |
| | | | | | | Dashami Until 5:12AM Tue | Moon – Orange | | Devaloka Day |
| | | | | | | | Magha-Masi | | |

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| 2 | | Tuesday, February 21, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 9.25 | | Tihti 26 | | Purvashadha*/Uttarashadha* Nakshatra Vajra*/Siddhi Yoga Bava Karana Ekadashyam Titau | | Sun 10 | | Sutra 310 | |
| Creative Work Amrita Yoga | | 984971367 | | Gulika | 12:23PM – 1:46PM | Mula* Until 1:42PM | Ganesh: Blue | <i>Sunrise:</i> 6:54AM | Durmukha 5118 |
| Until 1:42PM | | | | Yama | 9:39AM – 11:01AM | Vajra* Until 8:48AM | Muruga: Yellow | <i>Sunset:</i> 5:53PM | Moon 2 - Phase 43 |
| Then Creative Work - Siddha Yoga | | | | Rahu | 3:08PM – 4:30PM | Bava Until 6:05PM | Nataraja: White | | 2nd Phase |
| | | | | | | Ekadashi* Until 6:48AM Wed | Moon – Light Blue | | Bhuloka Day |
| | | | | | | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM |

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| 3 | | Wednesday, February 22, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 21.4 | | Tihti 26 – 27 | | Purvashadha*/Uttarashadha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 11 | | Sutra 311 | |
| Creative Work Amrita Yoga | | 984971367 | | Gulika | 11:00AM – 12:23PM | Purvashadha* Until 3:38PM | Ganesh: Blue | <i>Sunrise:</i> 6:53AM | Durmukha 5118 |
| | | | | Yama | 8:15AM – 9:38AM | Siddhi Until 8:52AM | Muruga: Yellow | <i>Sunset:</i> 5:54PM | Moon 2 - Phase 43 |
| | | | | Rahu | 12:23PM – 1:46PM | Kaulava Until 7:24PM | Nataraja: White | | 2nd Phase |
| | | | | | | Ekadashi* Until 6:48AM | Moon – Light Blue | | Bhuloka Day |
| | | | | | | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM |

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| 4 | | Thursday, February 23, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 4.1 | | Tihti 27 – 28 | | Uttarashadha*/Shravana Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 12 | | Sutra 312 | |
| Routine Work Marana Yoga | | 984971367 | | Gulika | 9:37AM – 11:00AM | Uttarashadha Until 4:49PM | Ganesh: Blue | <i>Sunrise:</i> 6:51AM | Durmukha 5118 |
| Until 4:49PM | | | | Yama | 6:51AM – 8:14AM | Vyatipata* Until 8:31AM | Muruga: Yellow | <i>Sunset:</i> 5:55PM | Moon 2 - Phase 43 |
| Then Creative Work - Siddha Yoga | | | | Rahu | 1:46PM – 3:09PM | Gara Until 8:05PM | Nataraja: White | | 2nd Phase |
| | | | | | | Dvadashi* Until 7:48AM | Moon – Light Blue | | Bhuloka Day |
| | | | | | | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM |
| | | | | | | | <i>Pradosha Vrata (Fasting)</i> | | |

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| 5 | | Friday, February 24, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 16.58 | | Tihti 28 – 29 | | Shravana*/Dhanishtha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 13 | | Sutra 313 | |
| Routine Work Marana Yoga | | 994971367 | | Gulika | 8:13AM – 9:36AM | Shravana Until 5:41PM | Ganesh: Blue | <i>Sunrise:</i> 6:50AM | Durmukha 5118 |
| Until 5:41PM | | | | Yama | 3:09PM – 4:33PM | Variyan Until 7:38AM | Muruga: Yellow | <i>Sunset:</i> 5:56PM | Moon 2 - Phase 43 |
| Then Creative Work - Siddha Yoga | | | | Rahu | 11:00AM – 12:23PM | Visti Until 8:07PM | Nataraja: White | | 2nd Phase |
| | | | | | | Trayodashi* Until 8:10AM | Moon – Purple | | Bhuloka Day |
| | | | | | | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM |
| | | | | | | | Mahasivaratri (Lunar) | | |
| | | | | | | | Mahasivaratri (Solar) | | |

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| ● | | Saturday, February 25, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Retreat Star | | Kumbha Rasi: 0.06 | | Dhanishtha*/Shatabhishak Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau | | Sun 14 | | Sutra 314 | |
| Creative Work Siddha Yoga | | 994971367 | | Gulika | 6:49AM – 8:12AM | Dhanishtha Until 5:46PM | Ganesh: Blue | <i>Sunrise:</i> 6:49AM | Durmukha 5118 |
| Until 5:46PM | | | | Yama | 1:46PM – 3:10PM | Parigha* Until 6:15AM | Muruga: Yellow | <i>Sunset:</i> 5:57PM | Moon 2 - Phase 43 |
| Then Creative Work - Amrita Yoga | | | | Rahu | 9:36AM – 10:59AM | Catuspada Until 7:31PM | Nataraja: White | | Amavasya |
| | | | | | | Chaturdashi* Until 7:53AM | Moon – Purple | | Bhuloka Day |
| | | | | | | | Magha-Masi | | Devaloka Time: 12:PM to 3:PM |

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| ● | | Sunday, February 26, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Retreat Star | | Kumbha Rasi: 13.33 | | Shatabhishak*/Purvashadha* Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Sun 15 | | Sutra 315 | |
| Creative Work Siddha Yoga | | 994971367 | | Gulika | 3:10PM – 4:34PM | Shatabhishak Until 5:09PM | Ganesh: Blue | <i>Sunrise:</i> 6:47AM | Durmukha 5118 |
| | | | | Yama | 12:23PM – 1:46PM | Siddha Until 2:09AM Mon | Muruga: Yellow | <i>Sunset:</i> 5:58PM | Moon 2 - Phase 43 |
| | | | | Rahu | 4:34PM – 5:58PM | Kintughna Until 6:22PM | Nataraja: White | | Prathama |
| | | | | | | Amavasya* Until 6:59AM | Moon – Purple | | Bhuloka Day |
| | | | | | | | Phalgun-Masi | | Devaloka Time: 12:PM to 3:PM |
| | | | | | | | Annular Solar Eclipse | | |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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|------------------------------------|-------------|--|-------------------|---|------------------------|---|---------------------|
| 1 Monday, February 27, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | | | St. Helena, CA Sun 16 Sutra 316 Durmukha 5118 | |
| Kumbha Rasi: 27.17 | Tithi 2 | Gulika | 1:46PM – 3:11PM | Purvaprosarthapada* Until 4:23PM | Ganesha: Yellow | <i>Sunrise:</i> 6:46AM | |
| Family Home Evening | 914971367 | Yama | 10:58AM – 12:22PM | Sadhya Until 11:34PM | Muruga: Yellow | <i>Sunset:</i> 5:59PM | Moon 2 - Phase 44 |
| Routine Work | Marana Yoga | Rahu | 8:10AM – 9:34AM | Balava Until 4:45PM | Nataraja: White | | 3rd Phase |
| Until 4:23PM | | | | Dvitiya Until 3:48AM Tue | Moon – Clear | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna-Masi | | |

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| 2 Tuesday, February 28, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha Yoga Tailila/Gara Karana Tritiyayam Titau | | | | St. Helena, CA Sun 17 Sutra 317 Durmukha 5118 | |
| Meena Rasi: 11.17 | Tithi 3 | Gulika | 12:22PM – 1:47PM | Uttaraprosarthapada Until 3:09PM | Ganesha: Yellow | <i>Sunrise:</i> 6:44AM | |
| | 914971367 | Yama | 9:33AM – 10:58AM | Subha Until 8:45PM | Muruga: Yellow | <i>Sunset:</i> 6:00PM | Moon 2 - Phase 44 |
| Creative Work | Amrita Yoga | Rahu | 3:11PM – 4:35PM | Tailila Until 2:48PM | Nataraja: White | | 3rd Phase |
| Until 3:09PM | | | | Tritiya Until 1:43AM Wed | Moon – Clear | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna-Masi | | |

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|-----------------------------------|-------------|--|-------------------|---------------------------------|------------------------|---|---|
| 3 Wednesday, March 1, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau | | | | St. Helena, CA Sun 18 Sutra 318 Durmukha 5118 | |
| Meena Rasi: 25.26 | Tithi 4 | Gulika | 10:57AM – 12:22PM | Revati Until 1:32PM | Ganesha: Blue | <i>Sunrise:</i> 6:42AM | |
| | 915971367 | Yama | 8:07AM – 9:32AM | Sukla Until 5:45PM | Muruga: Yellow | <i>Sunset:</i> 6:02PM | Moon 2 - Phase 44 |
| Routine Work | Marana Yoga | Rahu | 12:22PM – 1:47PM | Vanija Until 12:38PM | Nataraja: White | | 3rd Phase |
| | | | | Chaturthi* Until 11:29PM | Moon – Clear | | Sivaloka Day |
| | | | | | Phalguna-Masi | | |
| | | | | | | | Subramuniyaswami Siva Vision Day |

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|----------------------------------|-------------|---|------------------|------------------------------|------------------------|---|---------------------|
| 4 Thursday, March 2, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau | | | | St. Helena, CA Sun 19 Sutra 319 Durmukha 5118 | |
| Mesha Rasi: 9.41 | Tithi 5 | Gulika | 9:31AM – 10:56AM | Ashvini Until 12:06PM | Ganesha: Yellow | <i>Sunrise:</i> 6:40AM | |
| | 925971367 | Yama | 6:40AM – 8:06AM | Brahma Until 2:42PM | Muruga: Yellow | <i>Sunset:</i> 6:03PM | Moon 2 - Phase 44 |
| Creative Work | Amrita Yoga | Rahu | 1:47PM – 3:12PM | Bava Until 10:21AM | Nataraja: White | | 3rd Phase |
| Until 12:06PM | | | | Panchami Until 9:10PM | Moon – White | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | | Phalguna-Masi | | |

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|--------------------------------|-------------|---|-------------------|-------------------------------|------------------------|---|---------------------|
| 5 Friday, March 3, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailila Karana Shashthyam Titau | | | | St. Helena, CA Sun 20 Sutra 320 Durmukha 5118 | |
| Mesha Rasi: 23.58 | Tithi 6 | Gulika | 8:04AM – 9:30AM | Bharani Until 10:30AM | Ganesha: Yellow | <i>Sunrise:</i> 6:39AM | |
| | 925971367 | Yama | 3:13PM – 4:38PM | Indra Until 11:39AM | Muruga: Yellow | <i>Sunset:</i> 6:04PM | Moon 2 - Phase 44 |
| Creative Work | Siddha Yoga | Rahu | 10:56AM – 12:21PM | Kaulava Until 8:02AM | Nataraja: White | | 3rd Phase |
| | | | | Shashthi* Until 6:52PM | Moon – White | | Devaloka Day |
| | | | | | Phalguna-Masi | | |

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|----------------------------------|-------------|--|------------------|------------------------------|------------------------|---|---------------------|
| 6 Saturday, March 4, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Sapthami/Ashtamyam Titau | | | | St. Helena, CA Sun 21 Sutra 321 Durmukha 5118 | |
| Vrisabha Rasi: 8.14 | Tithi 7 – 8 | Gulika | 6:37AM – 8:03AM | Krittika Until 8:50AM | Ganesha: Yellow | <i>Sunrise:</i> 6:37AM | |
| | 125971367 | Yama | 1:47PM – 3:13PM | Vaidhriti* Until 8:37AM | Muruga: Yellow | <i>Sunset:</i> 6:05PM | Moon 2 - Phase 44 |
| Creative Work | Amrita Yoga | Rahu | 9:29AM – 10:55AM | Visti Until 3:36AM Sun | Nataraja: White | | 3rd Phase |
| | | | | Saptami Until 4:39PM | Moon – White | | Devaloka Day |
| | | | | | Phalguna-Masi | | |

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|--------------------------------|-------------|---|------------------|------------------------------|------------------------|---|---------------------|
| 7 Sunday, March 5, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | | | St. Helena, CA Sun 22 Sutra 322 Durmukha 5118 | |
| Retreat Star | | Gulika | 3:14PM – 4:40PM | Rohini Until 7:32AM | Ganesha: White | <i>Sunrise:</i> 6:36AM | |
| Vrisabha Rasi: 22.25 | Tithi 8 – 9 | Yama | 12:21PM – 1:47PM | Priti Until 2:54AM Mon | Muruga: Yellow | <i>Sunset:</i> 6:06PM | Moon 2 - Phase 44 |
| | 135971367 | Rahu | 4:40PM – 6:06PM | Balava Until 1:35AM Mon | Nataraja: White | | Ashtami |
| Creative Work | Siddha Yoga | | | Ashtami* Until 2:33PM | Moon – Yellow | | Sivaloka Day |
| | | | | | Phalguna-Masi | | |

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|----------------------------------|--------------|--|-------------------|--------------------------------|------------------------|---|---------------------|
| 8 Monday, March 6, 2017 | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau | | | | St. Helena, CA Sun 23 Sutra 323 Durmukha 5118 | |
| Retreat Star | | Gulika | 1:47PM – 3:14PM | Mrigashira Until 6:16AM | Ganesha: White | <i>Sunrise:</i> 6:34AM | |
| Mithuna Rasi: 6.3 | Tithi 9 – 10 | Yama | 10:54AM – 12:21PM | Ayushman Until 12:15AM Tue | Muruga: Yellow | <i>Sunset:</i> 6:07PM | Moon 2 - Phase 44 |
| Family Home Evening | 135971367 | Rahu | 8:01AM – 9:28AM | Tailila Until 11:45PM | Nataraja: White | | Navami |
| Creative Work | Amrita Yoga | | | Navami* Until 12:38PM | Moon – Yellow | | Sivaloka Day |
| Until 6:16AM | | | | | Phalguna-Masi | | |
| Then Creative Work - Siddha Yoga | | | | | | | |


That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| 1 | Tuesday, March 7, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | St. Helena, CA Sun 24 Sutra 324 Durmukha 5118 |
| | Mithuna Rasi: 20.28 | Tithi 10 – 11 | Gulika 12:21PM – 1:47PM | Punarvasu Until 4:20AM Wed | Ganesha: Clear | <i>Sunrise:</i> 6:33AM | |
| | | | Yama 9:27AM – 10:54AM | Saubhagya Until 9:47PM | Muruga: Yellow | <i>Sunset:</i> 6:08PM | Moon 2 - Phase 45 |
| | Creative Work | Siddha Yoga | 145971367 Rahu 3:14PM – 4:41PM | Vanija Until 10:09PM | Nataraja: White | | 4th Phase |
| | | | Dashami Until 10:54AM | Moon – Blue | | Devaloka Day | |
| | | | | Phalguna-Masi | | | |

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| 2 | Wednesday, March 8, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | | | St. Helena, CA Sun 25 Sutra 325 Durmukha 5118 |
| | Kataka Rasi: 4.17 | Tithi 11 – 12 | Gulika 10:53AM – 12:20PM | Pushya Until 3:45AM Thu | Ganesha: Clear | <i>Sunrise:</i> 6:31AM | |
| | | | Yama 7:59AM – 9:26AM | Sobhana Until 7:32PM | Muruga: Yellow | <i>Sunset:</i> 6:09PM | Moon 2 - Phase 45 |
| | Creative Work | Siddha Yoga | 145971367 Rahu 12:20PM – 1:47PM | Bava Until 8:48PM | Nataraja: White | | 4th Phase |
| | | | Ekadashi Until 9:25AM | Moon – Blue | | Devaloka Day | |
| | | | | Phalguna-Masi | | | |

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| 3 | Thursday, March 9, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | St. Helena, CA Sun 26 Sutra 326 Durmukha 5118 |
| | Kataka Rasi: 17.56 | Tithi 12 – 13 | Gulika 9:25AM – 10:53AM | Ashlesha* Until 3:20AM Fri | Ganesha: Clear | <i>Sunrise:</i> 6:30AM | |
| | | | Yama 6:30AM – 7:58AM | Athiganda* Until 5:30PM | Muruga: Yellow | <i>Sunset:</i> 6:10PM | Moon 2 - Phase 45 |
| | Creative Work | Siddha Yoga | 145971367 Rahu 1:48PM – 3:15PM | Kaulava Until 7:46PM | Nataraja: White | | 4th Phase |
| Until 3:20AM Fri | | | Dvadashi Until 8:13AM | Moon – Blue | | Devaloka Day | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vrata</i> | Phalguna-Masi | | | |

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| 4 | Friday, March 10, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Tailala/Gara Karana Trayodashi/Chaturdashyam Titau | | | | St. Helena, CA Sun 27 Sutra 327 Durmukha 5118 |
| | Simha Rasi: 1.23 | Tithi 13 – 14 | Gulika 7:56AM – 9:24AM | Magha* Until 3:36AM Sat | Ganesha: Purple | <i>Sunrise:</i> 6:29AM | |
| | | | Yama 3:15PM – 4:43PM | Sukarma Until 3:47PM | Muruga: Yellow | <i>Sunset:</i> 6:11PM | Moon 2 - Phase 45 |
| | Routine Work | Marana Yoga | 155971367 Rahu 10:52AM – 12:20PM | Gara Until 7:06PM | Nataraja: White | | 4th Phase |
| Until 3:36AM Sat | | | Trayodashi Until 7:22AM | Moon – Red | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | Chidambaram Abhishekam | | Phalguna-Masi | | | |

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|---|---------------------------------|---------------|--|---------------------------------------|------------------------|------------------------|---|
|  | Saturday, March 11, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | | | St. Helena, CA Sun 28 Sutra 328 Durmukha 5118 |
| | Simha Rasi: 14.38 | Tithi 14 – 15 | Gulika 6:27AM – 7:55AM | Purvaphalguni Until 4:09AM Sun | Ganesha: Clear | <i>Sunrise:</i> 6:27AM | |
| | | | Yama 1:48PM – 3:16PM | Dhriti Until 2:24PM | Muruga: Yellow | <i>Sunset:</i> 6:12PM | Moon 2 - Phase 45 |
| | Creative Work | Siddha Yoga | 156971367 Rahu 9:23AM – 10:51AM | Visti Until 6:51PM | Nataraja: White | | Purnima |
| Until 4:09AM Sun | | | Chaturdashi* Until 6:54AM | Moon – Red | | Devaloka Day | |
| Then Creative Work - Amrita Yoga | | Holi | | Phalguna-Masi | | | |

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| 5 | Sunday, March 12, 2017 | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | St. Helena, CA Sun 29 Sutra 329 Durmukha 5118 |
| | Simha Rasi: 27.39 | Tithi 15 – 16 | Gulika 3:16PM – 4:45PM | Uttaraphalguni Until 5:01AM Mon | Ganesha: Clear | <i>Sunrise:</i> 6:25AM | |
| | | | Yama 12:19PM – 1:48PM | Shula* Until 1:21PM | Muruga: Yellow | <i>Sunset:</i> 6:13PM | Moon 2 - Phase 45 |
| | Creative Work | Amrita Yoga | 156171367 Rahu 4:45PM – 6:13PM | Balava Until 7:05PM | Nataraja: White | | Prathama |
| Until 5:01AM Mon | | | Purnima* Until 6:53AM | Moon – Red | | Devaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Phalguna-Masi | | | |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Monday, March 13, 2017

Gold Retreat Star

Kanya Rasi: 10.25 Tihi 16 - 17
Family Home Evening
Creative Work Siddha Yoga

166171368

Gulika 1:48PM - 3:16PM
Yama 10:50AM - 12:19PM
Rahu 7:53AM - 9:21AM

Hasta Until 6:41AM Tue
Ganda* Until 12:42PM
Taitila Until 7:49PM
Prathama* Until 7:22AM

Ganesh: Purple Sunrise: 6:24AM
Muruga: Yellow Sunset: 6:14PM
Nataraja: White
Moon - Green

St. Helena, CA
Sutra 330
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Bhuloka Day
Devaloka Time: 12:PM to 3:PM

1

Tuesday, March 14, 2017

Kanya Rasi: 22.58 Tihi 17 - 18
Creative Work Siddha Yoga

166171368

Gulika 12:19PM - 1:48PM
Yama 9:21AM - 10:50AM
Rahu 3:17PM - 4:46PM

Hasta Until 6:41AM
Vridhhi Until 12:27PM
Vanija Until 9:03PM
Dvitiya Until 8:21AM

Ganesh: Purple Sunrise: 6:22AM
Muruga: Yellow Sunset: 6:15PM
Nataraja: Clear
Moon - Green

St. Helena, CA
Sun 1 Sutra 331
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Karadaiyan Nombu (Tamil Nadu)

Phalgun-Panguni

2

Wednesday, March 15, 2017

Tula Rasi: 5.18 Tihi 18 - 19
Creative Work Siddha Yoga

166171368

Gulika 10:49AM - 12:18PM
Yama 7:50AM - 9:20AM
Rahu 12:18PM - 1:48PM

Chitra Until 8:40AM
Dhruva Until 12:33PM
Bava Until 10:44PM
Tritiya Until 9:49AM

Ganesh: Purple Sunrise: 6:21AM
Muruga: Yellow Sunset: 6:16PM
Nataraja: Clear
Moon - Green

St. Helena, CA
Sun 2 Sutra 332
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Phalgun-Panguni

3

Thursday, March 16, 2017

Tula Rasi: 17.26 Tihi 19 - 20
Creative Work Amrita Yoga
Until 10:54AM
Then Creative Work - Siddha Yoga

166171368

Gulika 9:19AM - 10:48AM
Yama 6:19AM - 7:49AM
Rahu 1:48PM - 3:17PM

Svati Until 10:54AM
Vyaghata* Until 12:58PM
Kaulava Until 12:48AM Fri
Chaturthi* Until 11:42AM

Ganesh: Purple Sunrise: 6:19AM
Muruga: Yellow Sunset: 6:17PM
Nataraja: Clear
Moon - Green

St. Helena, CA
Sun 3 Sutra 333
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Devaloka Day

Phalgun-Panguni

4

Friday, March 17, 2017

Tula Rasi: 29.28 Tihi 20 - 21
Creative Work Siddha Yoga

176171368

Gulika 7:48AM - 9:18AM
Yama 3:18PM - 4:48PM
Rahu 10:48AM - 12:18PM

Vishakha Until 1:46PM
Harshana Until 1:39PM
Gara Until 3:08AM Sat
Panchami Until 1:56PM

Ganesh: Clear Sunrise: 6:18AM
Muruga: Yellow Sunset: 6:18PM
Nataraja: Clear
Moon - Orange

St. Helena, CA
Sun 4 Sutra 334
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Sivaloka Day

Phalgun-Panguni

5

Saturday, March 18, 2017

Vrischika Rasi: 11.23 Tihi 21 - 22
Creative Work Siddha Yoga

177171368

Gulika 6:16AM - 7:47AM
Yama 1:48PM - 3:18PM
Rahu 9:17AM - 10:47AM

Anuradha Until 4:39PM
Vajra* Until 2:27PM
Visti Until 5:34AM Sun
Shashthi* Until 4:20PM

Ganesh: Purple Sunrise: 6:16AM
Muruga: Yellow Sunset: 6:19PM
Nataraja: Clear
Moon - Orange

St. Helena, CA
Sun 5 Sutra 335
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Phalgun-Panguni

6

Sunday, March 19, 2017

Vrischika Rasi: 23.16 Tihi 22
Routine Work Marana Yoga
Until 7:22PM
Then Creative Work - Amrita Yoga

177171368

Gulika 3:19PM - 4:49PM
Yama 12:17PM - 1:48PM
Rahu 4:49PM - 6:20PM

Jyeshtha* Until 7:22PM
Siddhi Until 3:16PM
Bava Until 6:44PM
Saptami Until 6:44PM

Ganesh: Purple Sunrise: 6:15AM
Muruga: Yellow Sunset: 6:20PM
Nataraja: Clear
Moon - Orange

St. Helena, CA
Sun 6 Sutra 336
Durumukha 5118
Moon 3 - Phase 46
1st Phase

Subha Sivaloka Day

Phalgun-Panguni

Monday, March 20, 2017

Retreat Star

Dhanus Rasi: 5.11 Tihi 23
Family Home Evening
Creative Work Siddha Yoga
Until 10:14PM
Then Routine Work - Marana Yoga

187171368

Gulika 1:48PM - 3:19PM
Yama 10:46AM - 12:17PM
Rahu 7:44AM - 9:15AM

Mula* Until 10:14PM
Vyatipata* Until 4:00PM
Balava Until 7:54AM
Ashtami* Until 8:57PM

Ganesh: Clear Sunrise: 6:13AM
Muruga: Yellow Sunset: 6:21PM
Nataraja: Clear
Moon - Light Blue

St. Helena, CA
Sun 7 Sutra 337
Durumukha 5118
Moon 3 - Phase 46
Ashtami

Sivaloka Day

Phalgun-Panguni

Tuesday, March 21, 2017

Retreat Star

Dhanus Rasi: 17.14 Tihi 24
Creative Work Siddha Yoga
Until 12:32AM Wed
Then Creative Work - Amrita Yoga

187171368

Gulika 12:17PM - 1:48PM
Yama 9:14AM - 10:45AM
Rahu 3:19PM - 4:50PM

Purvashadha* Until 12:32AM Wed
Varyan Until 4:24PM
Taitila Until 9:56AM
Navami* Until 10:45PM

Ganesh: Clear Sunrise: 6:12AM
Muruga: Yellow Sunset: 6:22PM
Nataraja: Clear
Moon - Light Blue

St. Helena, CA
Sun 8 Sutra 338
Durumukha 5118
Moon 3 - Phase 46
Navami

Sivaloka Day

Phalgun-Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudeva.org/panchang

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|----------------------------------|--|----------------------------------|--|-------------------------------|--|---|--|-------------------|--|
| 1 | | Wednesday, March 22, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Dhanus Rasi: 29.28 | | Gulika 10:45AM – 12:16PM | | Uttarashadha Until 2:06AM Thu | | Ganesh: Clear | | Sun 9 Sutra 339 | |
| Tihti 25 | | Yama 7:42AM – 9:13AM | | Parigha* Until 4:25PM | | Sunrise: 6:10AM | | Dur mukha 5118 | |
| 187171368 | | Rahu 12:16PM – 1:48PM | | Vanija Until 11:28AM | | Sunset: 6:23PM | | Moon 3 - Phase 47 | |
| Creative Work Amrita Yoga | | | | Dashami Until 11:57PM | | Nataraja: Clear | | 2nd Phase | |
| Until 2:06AM Thu | | | | | | Moon – Light Blue | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | Phalgunā•Panguni | | | |

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| 2 | | Thursday, March 23, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 11.58 | | Gulika 9:12AM – 10:44AM | | Shravana Until 3:15AM Fri | | Ganesh: White | | Sun 10 Sutra 340 | |
| Tihti 26 | | Yama 6:09AM – 7:40AM | | Shiva Until 3:54PM | | Sunrise: 6:09AM | | Dur mukha 5118 | |
| 197171368 | | Rahu 1:48PM – 3:20PM | | Bava Until 12:19PM | | Sunset: 6:24PM | | Moon 3 - Phase 47 | |
| Creative Work Siddha Yoga | | | | Ekadashi* Until 12:26AM Fri | | Nataraja: Clear | | 2nd Phase | |
| | | | | | | Moon – Purple | | Subha Sivaloka Day | |
| | | | | | | Phalgunā•Panguni | | | |

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| 3 | | Friday, March 24, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Makara Rasi: 24.49 | | Gulika 7:39AM – 9:11AM | | Dhanishtha Until 3:29AM Sat | | Ganesh: White | | Sun 11 Sutra 341 | |
| Tihti 27 | | Yama 3:20PM – 4:52PM | | Siddha Until 2:45PM | | Sunrise: 6:07AM | | Dur mukha 5118 | |
| 197171368 | | Rahu 10:44AM – 12:16PM | | Kaulava Until 12:23PM | | Sunset: 6:24PM | | Moon 3 - Phase 47 | |
| Creative Work Siddha Yoga | | | | Dvadashi* Until 12:06AM Sat | | Nataraja: Clear | | 2nd Phase | |
| Until 3:29AM Sat | | | | | | Moon – Purple | | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | | | Phalgunā•Panguni | | | |

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| 4 | | Saturday, March 25, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Kumbha Rasi: 8.04 | | Gulika 6:06AM – 7:38AM | | Shatabhishak Until 2:49AM Sun | | Ganesh: Clear | | Sun 12 Sutra 342 | |
| Tihti 28 | | Yama 1:48PM – 3:20PM | | Sadhya Until 1:00PM | | Sunrise: 6:06AM | | Dur mukha 5118 | |
| 198171368 | | Rahu 9:10AM – 10:43AM | | Gara Until 11:40AM | | Sunset: 6:25PM | | Moon 3 - Phase 47 | |
| Creative Work Amrita Yoga | | | | Trayodashi* Until 11:01PM | | Nataraja: Clear | | 2nd Phase | |
| Until 2:49AM Sun | | | | Pradosha Vrata (Fasting) | | Moon – Purple | | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | Phalgunā•Panguni | | | |

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| 5 | | Sunday, March 26, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Kumbha Rasi: 21.44 | | Gulika 3:21PM – 4:54PM | | Purvaproshtapada* Until 1:48AM Mon | | Ganesh: White | | Sun 13 Sutra 343 | |
| Tihti 29 | | Yama 12:15PM – 1:48PM | | Subha Until 10:41AM | | Sunrise: 6:04AM | | Dur mukha 5118 | |
| 118171368 | | Rahu 4:54PM – 6:26PM | | Visti Until 10:14AM | | Sunset: 6:26PM | | Moon 3 - Phase 47 | |
| Creative Work Siddha Yoga | | | | Chaturdashi* Until 9:15PM | | Nataraja: Clear | | 2nd Phase | |
| | | | | | | Moon – Clear | | Devaloka Day | |
| | | | | | | Phalgunā•Panguni | | | |

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| Monday, March 27, 2017 | | Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Meena Rasi: 5.48 | | Gulika 1:48PM – 3:21PM | | Uttaraproshtapada Until 12:08AM Tue | | Ganesh: White | | Sun 14 Sutra 344 | |
| Tihti 30 | | Yama 10:42AM – 12:15PM | | Sukla Until 7:51AM | | Sunrise: 6:02AM | | Dur mukha 5118 | |
| 118171368 | | Rahu 7:36AM – 9:09AM | | Catuspada Until 8:10AM | | Sunset: 6:27PM | | Moon 3 - Phase 47 | |
| Creative Work Siddha Yoga | | | | Amavasya* Until 6:56PM | | Nataraja: Clear | | Amavasya | |
| | | | | | | Moon – Clear | | Devaloka Day | |
| | | | | | | Phalgunā•Panguni | | | |

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| Tuesday, March 28, 2017 | | Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Meena Rasi: 20.12 | | Gulika 12:15PM – 1:48PM | | Revati Until 9:57PM | | Ganesh: White | | Sun 15 Sutra 345 | |
| Tihti 1 – 2 | | Yama 9:08AM – 10:41AM | | Indra Until 1:11AM Wed | | Sunrise: 6:01AM | | Dur mukha 5118 | |
| 118171368 | | Rahu 3:21PM – 4:55PM | | Balava Until 2:46AM Wed | | Sunset: 6:28PM | | Moon 3 - Phase 47 | |
| Creative Work Siddha Yoga | | | | Prathama* Until 4:13PM | | Nataraja: Clear | | Prathama | |
| | | Yugadhi | | | | Moon – Clear | | Devaloka Day | |
| | | | | | | Chaitra•Panguni | | | |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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| 1 | | Wednesday, March 29, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Mesha Rasi: 4.49 | | Tithi 2 - 3 | | Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau | | Sun 16 | | Sutra 346 | |
| | | Gulika | 10:41AM - 12:14PM | Ashvini Until 7:51PM | Ganesh: Green | Sunrise: 5:59AM | Durmukha 5118 | | |
| | | Yama | 7:33AM - 9:07AM | Vaidhriti* Until 9:33PM | Muruga: Yellow | Sunset: 6:29PM | Moon 3 - Phase 48 | | |
| Routine Work Marana Yoga | | 128171368 | Rahu 12:14PM - 1:48PM | Tailila Until 11:44PM | Nataraja: Clear | Moon - White | | | |
| Until 7:51PM | | Chellappaswami Mahasamadhi | | Dvitiya Until 1:15PM | Chaitra-Panguni | | Devaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 2 | | Thursday, March 30, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Mesha Rasi: 19.34 | | Tithi 3 - 4 | | Bharani Nakshatra Priti/Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau | | Sun 17 | | Sutra 347 | |
| | | Gulika | 9:06AM - 10:40AM | Bharani Until 5:33PM | Ganesh: Green | Sunrise: 5:58AM | Durmukha 5118 | | |
| | | Yama | 5:58AM - 7:32AM | Vishkambha* Until 5:54PM | Muruga: Yellow | Sunset: 6:30PM | Moon 3 - Phase 48 | | |
| Creative Work Siddha Yoga | | 128171368 | Rahu 1:48PM - 3:22PM | Vanija Until 8:41PM | Nataraja: Clear | Moon - White | | | |
| Until 5:33PM | | | | Tritiya Until 10:11AM | Chaitra-Panguni | | Devaloka Day | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 3 | | Friday, March 31, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Vrishabha Rasi: 4.17 | | Tithi 4 - 5 | | Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau | | Sun 18 | | Sutra 348 | |
| | | Gulika | 7:31AM - 9:05AM | Krittika Until 3:13PM | Ganesh: Orange | Sunrise: 5:56AM | Durmukha 5118 | | |
| | | Yama | 3:22PM - 4:57PM | Priti Until 2:20PM | Muruga: Yellow | Sunset: 6:31PM | Moon 3 - Phase 48 | | |
| Creative Work Siddha Yoga | | 129171368 | Rahu 10:39AM - 12:14PM | Balava Until 4:21AM Sat | Nataraja: Clear | Moon - White | | | |
| Until 3:13PM | | | | Chaturthi* Until 7:11AM | Chaitra-Panguni | | Sivaloka Day | | |
| Then Routine Work - Marana Yoga | | | | | | | | | |

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| 4 | | Saturday, April 1, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Vrishabha Rasi: 18.52 | | Tithi 6 | | Rohini Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Shashthyam Titau | | Sun 19 | | Sutra 349 | |
| | | Gulika | 5:56AM - 7:31AM | Rohini Until 1:23PM | Ganesh: Green | Sunrise: 5:56AM | Durmukha 5118 | | |
| | | Yama | 1:48PM - 3:22PM | Ayushman Until 10:56AM | Muruga: Yellow | Sunset: 6:31PM | Moon 3 - Phase 48 | | |
| Creative Work Amrita Yoga | | 139171368 | Rahu 9:05AM - 10:39AM | Kaulava Until 3:03PM | Nataraja: Clear | Moon - Yellow | | | |
| Until 1:23PM | | | | Shashthi* Until 1:48AM Sun | Chaitra-Panguni | | Subha Sivaloka Day | | |
| Then Creative Work - Siddha Yoga | | | | | | | | | |

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| 5 | | Sunday, April 2, 2017 | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 3.15 | | Tithi 7 | | Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau | | Sun 20 | | Sutra 350 | |
| | | Gulika | 3:23PM - 4:57PM | Mrigashira Until 11:45AM | Ganesh: Green | Sunrise: 5:55AM | Durmukha 5118 | | |
| | | Yama | 12:13PM - 1:48PM | Saubhagya Until 7:48AM | Muruga: Yellow | Sunset: 6:32PM | Moon 3 - Phase 48 | | |
| Creative Work Siddha Yoga | | 139171368 | Rahu 4:57PM - 6:32PM | Gara Until 12:41PM | Nataraja: Clear | Moon - Yellow | | | |
| | | | | Saptami Until 11:38PM | Chaitra-Panguni | | Subha Sivaloka Day | | |

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| Monday, April 3, 2017 | | Retreat Star | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Mithuna Rasi: 17.22 | | Tithi 8 | | Ardra/Punarvasu Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau | | Sun 21 | | Sutra 351 | |
| Family Home Evening | | Gulika | 1:48PM - 3:23PM | Ardra Until 10:22AM | Ganesh: Green | Sunrise: 5:53AM | Durmukha 5118 | | |
| Creative Work Siddha Yoga | | 139171368 | Yama 10:38AM - 12:13PM | Athiganda* Until 2:32AM Tue | Muruga: Yellow | Sunset: 6:33PM | Moon 3 - Phase 48 | | |
| Until 10:22AM | | Rahu 7:28AM - 9:03AM | | Visti Until 10:43AM | Nataraja: Clear | Moon - Yellow | | | |
| Then Creative Work - Amrita Yoga | | | | Ashtami* Until 9:53PM | Chaitra-Panguni | | Subha Sivaloka Day | | |

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|-------------------------------|--|------------------------|-----------------------------|--|------------------------|--|---------------------|----------------|--|
| Tuesday, April 4, 2017 | | Retreat Star | | | | Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 1.12 | | Tithi 9 | | Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau | | Sun 22 | | Sutra 352 | |
| | | Gulika | 12:13PM - 1:48PM | Punarvasu Until 9:43AM | Ganesh: Red | Sunrise: 5:52AM | Durmukha 5118 | | |
| | | Yama | 9:02AM - 10:37AM | Sukarma Until 12:28AM Wed | Muruga: Yellow | Sunset: 6:34PM | Moon 3 - Phase 48 | | |
| Creative Work Siddha Yoga | | 149171368 | Rahu 3:23PM - 4:59PM | Balava Until 9:13AM | Nataraja: Clear | Moon - Blue | | | |
| | | Sri Rama Navami | | Navami* Until 8:37PM | Chaitra-Panguni | | Sivaloka Day | | |

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| 1 | | Wednesday, April 5, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 14.46 | | Tiithi 10 | | Pushya/Ashlesha* Nakshatra Dhriti Yoga Tailila/Gara Karana Dashamyam Titau | | Sun 23 | | Sutra 353 | |
| Creative Work | | Siddha Yoga | | Gulika 10:37AM - 12:12PM | Pushya Until 9:23AM | Ganesha: Red | <i>Sunrise:</i> 5:50AM | Durmukha 5118 | |
| | | | | Yama 7:26AM - 9:01AM | Dhriti Until 10:47PM | Muruga: Yellow | <i>Sunset:</i> 6:35PM | Moon 3 - Phase 49 | |
| | | 149171368 | | Rahu 12:12PM - 1:48PM | Tailila Until 8:10AM | Nataraja: Clear | | 4th Phase | |
| | | | | Yogaswami Mahasamadhi | Dashami Until 7:48PM | Moon - Blue | | Sivaloka Day | |
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| 2 | | Thursday, April 6, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam | | St. Helena, CA | |
| Kataka Rasi: 28.04 | | Tiithi 11 | | Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau | | Sun 24 | | Sutra 354 | |
| Creative Work | | Siddha Yoga | | Gulika 9:00AM - 10:36AM | Ashlesha* Until 9:21AM | Ganesha: Blue | <i>Sunrise:</i> 5:49AM | Durmukha 5118 | |
| Until 9:21AM | | | | Yama 5:49AM - 7:25AM | Shula* Until 9:25PM | Muruga: Yellow | <i>Sunset:</i> 6:36PM | Moon 3 - Phase 49 | |
| Then Creative Work - Amrita Yoga | | 149271368 | | Rahu 1:48PM - 3:24PM | Vanija Until 7:36AM | Nataraja: Clear | | 4th Phase | |
| | | | | | Ekadashi Until 7:27PM | Moon - Blue | | Devaloka Day | |
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| 3 | | Friday, April 7, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 11.08 | | Tiithi 12 | | Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau | | Sun 25 | | Sutra 355 | |
| Routine Work | | Marana Yoga | | Gulika 7:23AM - 8:59AM | Magha* Until 10:04AM | Ganesha: Yellow | <i>Sunrise:</i> 5:47AM | Durmukha 5118 | |
| Until 10:04AM | | | | Yama 3:24PM - 5:00PM | Ganda* Until 8:25PM | Muruga: Yellow | <i>Sunset:</i> 6:37PM | Moon 3 - Phase 49 | |
| Then Creative Work - Siddha Yoga | | 159271368 | | Rahu 10:36AM - 12:12PM | Bava Until 7:28AM | Nataraja: Clear | | 4th Phase | |
| | | | | | Dvadashi Until 7:32PM | Moon - Red | | Sivaloka Day | |
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| 4 | | Saturday, April 8, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam | | St. Helena, CA | |
| Simha Rasi: 23.59 | | Tiithi 13 | | Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Tailila Karana Trayodashyam Titau | | Sun 26 | | Sutra 356 | |
| Creative Work | | Siddha Yoga | | Gulika 5:46AM - 7:22AM | Purvaphalguni Until 11:02AM | Ganesha: Yellow | <i>Sunrise:</i> 5:46AM | Durmukha 5118 | |
| Until 11:02AM | | | | Yama 1:48PM - 3:25PM | Vriddhi Until 7:46PM | Muruga: Yellow | <i>Sunset:</i> 6:38PM | Moon 3 - Phase 49 | |
| Then Routine Work - Marana Yoga | | 151271368 | | Rahu 8:59AM - 10:35AM | Kaulava Until 7:45AM | Nataraja: Clear | | 4th Phase | |
| | | | | | Trayodashi Until 8:02PM | Moon - Red | | Sivaloka Day | |
| | | | | | <i>Pradosha Vrata</i> | Chaitra-Panguni | | | |

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| 5 | | Sunday, April 9, 2017 | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 6.38 | | Tiithi 14 | | Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau | | Sun 27 | | Sutra 357 | |
| Creative Work | | Amrita Yoga | | Gulika 3:25PM - 5:02PM | Uttaraphalguni Until 12:14PM | Ganesha: Yellow | <i>Sunrise:</i> 5:44AM | Durmukha 5118 | |
| Until 2:08PM | | | | Yama 12:11PM - 1:48PM | Dhruva Until 7:22PM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 3 - Phase 49 | |
| | | 151271368 | | Rahu 5:02PM - 6:39PM | Gara Until 8:27AM | Nataraja: Clear | | 4th Phase | |
| | | | | | Chaturdashi* Until 8:55PM | Moon - Red | | Sivaloka Day | |
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| Monday, April 10, 2017 | | Copper Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam | | St. Helena, CA | |
| Kanya Rasi: 19.08 | | Tiithi 15 | | Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau | | Sun 28 | | Sutra 358 | |
| Family Home Evening | | Siddha Yoga | | Gulika 1:48PM - 3:25PM | Hasta Until 2:08PM | Ganesha: Blue | <i>Sunrise:</i> 5:43AM | Durmukha 5118 | |
| Creative Work | | Siddha Yoga | | Yama 10:34AM - 12:11PM | Vyaghata* Until 7:17PM | Muruga: Yellow | <i>Sunset:</i> 6:39PM | Moon 3 - Phase 49 | |
| Until 2:08PM | | 161271368 | | Rahu 7:20AM - 8:57AM | Visti Until 9:31AM | Nataraja: Clear | | Purnima | |
| Then Routine Work - Prabalarishta Yoga | | | | | Purnima* Until 10:10PM | Moon - Green | | Devaloka Day | |
| | | | | Panguni Uttiram | | Chaitra-Panguni | | | |
| | | | | Hanuman Jayanti | | | | | |

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| Tuesday, April 11, 2017 | | Silver Retreat Star | | | | Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam | | St. Helena, CA | |
| Tula Rasi: 1.28 | | Tiithi 16 | | Chitra/Svati Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau | | Sun 29 | | Sutra 359 | |
| Creative Work | | Siddha Yoga | | Gulika 12:11PM - 1:48PM | Chitra Until 4:12PM | Ganesha: Blue | <i>Sunrise:</i> 5:41AM | Durmukha 5118 | |
| Until 2:08PM | | | | Yama 8:56AM - 10:33AM | Harshana Until 7:30PM | Muruga: Yellow | <i>Sunset:</i> 6:40PM | Moon 3 - Phase 49 | |
| | | 161271368 | | Rahu 3:26PM - 5:03PM | Balava Until 10:57AM | Nataraja: Clear | | Prathama | |
| | | | | | Prathama* Until 11:47PM | Moon - Green | | Devaloka Day | |
| | | | | | | Chaitra-Panguni | | | |



Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vajra* Yoga Tailila/Gara Karana Dvitiyayam Titau

St. Helena, CA

Sun 1 Sutra 360

Durmukha 5118

Tula Rasi: 13.39 Tithi 17

161271368

Gulika 10:33AM – 12:10PM
Yama 7:17AM – 8:55AM
Rahu 12:10PM – 1:48PM

Svati Until 6:25PM
Vajra* Until 7:55PM
Tailila Until 12:44PM

Ganesh: Blue *Sunrise:* 5:40AM
Muruga: Yellow *Sunset:* 6:41PM

Nataraja: Clear

Moon – Green
Chaitra•Panguni

Devaloka Day

Creative Work Siddha Yoga

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

St. Helena, CA

Sun 2 Sutra 361

Hemalamba 5119

Tula Rasi: 25.43 Tithi 18

171271368

Gulika 8:54AM – 10:32AM
Yama 5:38AM – 7:16AM
Rahu 1:48PM – 3:26PM

Vishakha Until 9:14PM
Siddhi Until 8:34PM
Vanija Until 2:47PM

Ganesh: Red *Sunrise:* 5:38AM
Muruga: Yellow *Sunset:* 6:42PM

Nataraja: Clear

Moon – Orange
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Tamil New Year

Tritiya Until 3:53AM Fri

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

St. Helena, CA

Sun 3 Sutra 362

Hemalamba 5119

Vrischika Rasi: 7.41 Tithi 19

271271368

Gulika 7:15AM – 8:53AM
Yama 3:27PM – 5:05PM
Rahu 10:32AM – 12:10PM

Anuradha Until 12:06AM Sat
Vyatipata* Until 9:23PM
Bava Until 5:04PM

Ganesh: Blue *Sunrise:* 5:37AM
Muruga: Yellow *Sunset:* 6:43PM

Nataraja: Clear

Moon – Orange
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 6:15AM Sat

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

St. Helena, CA

Sun 4 Sutra 363

Hemalamba 5119

Vrischika Rasi: 19.35 Tithi 19 – 20

271271368

Gulika 5:35AM – 7:14AM
Yama 1:48PM – 3:27PM
Rahu 8:53AM – 10:31AM

Jyeshtha* Until 2:52AM Sun
Varyan Until 10:15PM
Kaulava Until 7:30PM

Ganesh: Blue *Sunrise:* 5:35AM
Muruga: Yellow *Sunset:* 6:44PM

Nataraja: Clear

Moon – Orange
Chaitra•Chaitra

Devaloka Day

Creative Work Siddha Yoga

Until 2:52AM Sun

Then Creative Work - Amrita Yoga

Chaturthi* Until 6:15AM

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

St. Helena, CA

Sun 5 Sutra 364

Hemalamba 5119

Dhanus Rasi: 1.27 Tithi 20 – 21

281271368

Gulika 3:27PM – 5:06PM
Yama 12:09PM – 1:48PM
Rahu 5:06PM – 6:45PM

Mula* Until 5:56AM Mon
Parigha* Until 11:08PM
Gara Until 9:54PM

Ganesh: Red *Sunrise:* 5:34AM
Muruga: Yellow *Sunset:* 6:45PM

Nataraja: Clear

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 5:56AM Mon

Then Routine Work - Marana Yoga

Panchami Until 8:41AM

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

St. Helena, CA

Sun 6 Sutra 1

Hemalamba 5119

Dhanus Rasi: 13.21 Tithi 21 – 22

281271368

Gulika 1:48PM – 3:28PM
Yama 10:30AM – 12:09PM
Rahu 7:12AM – 8:51AM

Purvashadha* Until 8:36AM Tue
Shiva Until 11:53PM
Visti Until 12:07AM Tue

Ganesh: Red *Sunrise:* 5:32AM
Muruga: Yellow *Sunset:* 6:46PM

Nataraja: Clear

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Routine Work Marana Yoga

Until 8:36AM Tue

Then Routine Work - Prabalarishta Yoga

Shashthi* Until 11:02AM

Tuesday, April 18, 2017

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Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

St. Helena, CA

Sun 7 Sutra 2

Hemalamba 5119

Dhanus Rasi: 25.21 Tithi 22 – 23

282271368

Gulika 12:09PM – 1:48PM
Yama 8:50AM – 10:30AM
Rahu 3:28PM – 5:07PM

Purvashadha* Until 8:36AM
Siddha Until 12:17AM Wed
Balava Until 1:57AM Wed

Ganesh: Yellow *Sunrise:* 5:31AM
Muruga: Yellow *Sunset:* 6:47PM

Nataraja: Clear

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Siddha Yoga

Until 8:36AM

Then Routine Work - Prabalarishta Yoga

Saptami Until 1:05PM

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

St. Helena, CA

Sun 8 Sutra 3

Hemalamba 5119

Makara Rasi: 7.31 Tithi 23 – 24

282271368

Gulika 10:29AM – 12:09PM
Yama 7:09AM – 8:49AM
Rahu 12:09PM – 1:49PM

Uttarashadha Until 10:38AM
Sadhya Until 12:15AM Thu
Tailila Until 3:09AM Thu

Ganesh: Yellow *Sunrise:* 5:30AM
Muruga: Yellow *Sunset:* 6:48PM

Nataraja: Clear

Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Creative Work Amrita Yoga

Until 10:38AM

Then Creative Work - Siddha Yoga

Chidambaram Abhishekam

Ashtami* Until 2:37PM

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| 1 Thursday, April 20, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Shravana/Dhanishtha Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | Sun 9 | | Sutra 4 | | |
| Gulika | 8:48AM - 10:28AM | Shravana Until 12:21PM | Ganesha: White | <i>Sunrise: 5:28AM</i> | Hemalamba 5119 | |
| Makara Rasi: 19.58 | Tithi 24 - 25 | Yama 5:28AM - 7:08AM | Muruga: Yellow | <i>Sunset: 6:49PM</i> | Moon 4 - Phase 1 | |
| | 292271368 | Rahu 1:49PM - 3:29PM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | Vanija Until 3:35AM Fri | Moon - Purple | | Devaloka Day | |
| | | Navami* Until 3:27PM | Chaitra•Chaitra | | | |

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| 2 Friday, April 21, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Visti/Bava Karana Dashami/Ekadashyam Titau | | Sun 10 | | Sutra 5 | | |
| Gulika | 7:07AM - 8:48AM | Dhanishtha Until 1:07PM | Ganesha: White | <i>Sunrise: 5:27AM</i> | Hemalamba 5119 | |
| Kumbha Rasi: 2.47 | Tithi 25 - 26 | Yama 3:29PM - 5:09PM | Muruga: Yellow | <i>Sunset: 6:50PM</i> | Moon 4 - Phase 1 | |
| | 292271368 | Rahu 10:28AM - 12:08PM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | Bava Until 3:09AM Sat | Moon - Purple | | Devaloka Day | |
| | | Dashami Until 3:28PM | Chaitra•Chaitra | | | |

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| 3 Saturday, April 22, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam | | | | St. Helena, CA |
| Shatabhishak/Purvaproshtapada* Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | Sun 11 | | Sutra 6 | | |
| Gulika | 5:26AM - 7:06AM | Shatabhishak Until 12:53PM | Ganesha: White | <i>Sunrise: 5:26AM</i> | Hemalamba 5119 | |
| Kumbha Rasi: 16.01 | Tithi 26 - 27 | Yama 1:49PM - 3:29PM | Muruga: Yellow | <i>Sunset: 6:51PM</i> | Moon 4 - Phase 1 | |
| | 292271368 | Rahu 8:47AM - 10:27AM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Amrita Yoga | Kaulava Until 1:53AM Sun | Moon - Purple | | Devaloka Day | |
| Until 12:53PM | | Ekadashi* Until 2:36PM | Chaitra•Chaitra | | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 4 Sunday, April 23, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Purvaproshtapada*/Uttaraproshtapada Nakshatra Indra/Vaidhriti* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau | | Sun 12 | | Sutra 7 | | |
| Gulika | 3:30PM - 5:11PM | Purvaproshtapada* Until 12:08PM | Ganesha: Light Blue | <i>Sunrise: 5:24AM</i> | Hemalamba 5119 | |
| Kumbha Rasi: 29.44 | Tithi 27 - 28 | Yama 12:08PM - 1:49PM | Muruga: Yellow | <i>Sunset: 6:52PM</i> | Moon 4 - Phase 1 | |
| | 212271368 | Rahu 5:11PM - 6:52PM | Nataraja: Clear | | 2nd Phase | |
| Creative Work | Siddha Yoga | Gara Until 11:50PM | Moon - Clear | | Devaloka Day | |
| Until 12:08PM | | Dvadashi* Until 12:56PM | Chaitra•Chaitra | | | |
| Then Creative Work - Amrita Yoga | | <i>Pradosha Vrata (Fasting)</i> | | | | |

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| 5 Monday, April 24, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Uttaraproshtapada*/Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau | | Sun 13 | | Sutra 8 | | |
| Gulika | 1:49PM - 3:30PM | Uttaraproshtapada Until 10:32AM | Ganesha: Light Blue | <i>Sunrise: 5:23AM</i> | Hemalamba 5119 | |
| Meena Rasi: 13.56 | Tithi 28 - 29 | Yama 10:26AM - 12:08PM | Muruga: Yellow | <i>Sunset: 6:53PM</i> | Moon 4 - Phase 1 | |
| Family Home Evening | 212271369 | Rahu 7:04AM - 8:45AM | Nataraja: Purple | | 2nd Phase | |
| Creative Work | Siddha Yoga | Visti Until 9:09PM | Moon - Clear | | Bhuloka Day | |
| | | Trayodashi* Until 10:33AM | Chaitra•Chaitra | Devaloka Time: 12:PM to 3:PM | | |

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| Tuesday, April 25, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Naga* Karana Chaturdashy/Amavasyayam Titau | | Sun 14 | | Sutra 9 |
| Gulika | 12:08PM - 1:49PM | Revati Until 8:13AM | Ganesha: Light Blue | <i>Sunrise: 5:22AM</i> | Hemalamba 5119 | |
| Meena Rasi: 28.32 | Tithi 29 - 30 | Yama 8:45AM - 10:26AM | Muruga: Yellow | <i>Sunset: 6:54PM</i> | Moon 4 - Phase 1 | |
| | 212271369 | Rahu 3:31PM - 5:12PM | Nataraja: Purple | | Amavasya | |
| Creative Work | Siddha Yoga | Naga Until 4:15AM Wed | Moon - Clear | | Bhuloka Day | |
| | | Chaturdashy* Until 7:36AM | Chaitra•Chaitra | Devaloka Time: 12:PM to 3:PM | | |

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| Wednesday, April 26, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Retreat Star | | Bharani Nakshatra Pritii/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau | | Sun 15 | | Sutra 10 |
| Gulika | 10:26AM - 12:07PM | Bharani Until 3:00AM Thu | Ganesha: Purple | <i>Sunrise: 5:20AM</i> | Hemalamba 5119 | |
| Mesha Rasi: 13.27 | Tithi 1 | Yama 7:02AM - 8:44AM | Muruga: Yellow | <i>Sunset: 6:54PM</i> | Moon 4 - Phase 1 | |
| | 222271369 | Rahu 12:07PM - 1:49PM | Nataraja: Purple | | Prathama | |
| Creative Work | Siddha Yoga | Kintughna Until 2:30PM | Moon - White | | Bhuloka Day | |
| Until 3:00AM Thu | | Prathama* Until 12:40AM Thu | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM | | |
| Then Routine Work - Marana Yoga | | | | | | |

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| 1 Thursday, April 27, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Krittika Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau | | Sun 16 | | Sutra 11 | | |
| Mesha Rasi: 28.32 Tithi 2 | | Gulika 8:43AM – 10:25AM | Krittika Until 12:03AM Fri | Ganesha: Purple <i>Sunrise:</i> 5:19AM | Hemalamba 5119 | |
| 222271369 | | Yama 5:19AM – 7:01AM | Saubhagya Until 10:58PM | Muruga: Yellow <i>Sunset:</i> 6:55PM | Moon 4 - Phase 2 | |
| Routine Work Marana Yoga | | Rahu 1:49PM – 3:31PM | Balava Until 10:52AM | Nataraja: Purple | 3rd Phase | |
| | | | Dvitiya Until 9:02PM | Moon – White | Bhuloka Day | |
| | | | | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM | |

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| 2 Friday, April 28, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Rohini Nakshatra Sobhana Yoga Tailila/Vanija Karana Tritiya/Chaturthyam Titau | | Sun 17 | | Sutra 12 | | |
| Vrishabha Rasi: 13.38 Tithi 3 – 4 | | Gulika 7:00AM – 8:42AM | Rohini Until 9:29PM | Ganesha: Light Blue <i>Sunrise:</i> 5:18AM | Hemalamba 5119 | |
| 232271369 | | Yama 3:32PM – 5:14PM | Sobhana Until 6:58PM | Muruga: Yellow <i>Sunset:</i> 6:56PM | Moon 4 - Phase 2 | |
| Routine Work Marana Yoga | | Rahu 10:25AM – 12:07PM | Tailila Until 7:16AM | Nataraja: Purple | 3rd Phase | |
| Until 9:29PM | | | Tritiya Until 5:30PM | Moon – Yellow | Bhuloka Day | |
| Then Creative Work - Siddha Yoga | | Akshaya Tritiya | | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM | |

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| 3 Saturday, April 29, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam | | | | St. Helena, CA |
| Mrigashira Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau | | Sun 18 | | Sutra 13 | | |
| Vrishabha Rasi: 28.36 Tithi 4 – 5 | | Gulika 5:16AM – 6:59AM | Mrigashira Until 7:06PM | Ganesha: Light Blue <i>Sunrise:</i> 5:16AM | Hemalamba 5119 | |
| 232271369 | | Yama 1:49PM – 3:32PM | Athiganda* Until 3:12PM | Muruga: Yellow <i>Sunset:</i> 6:57PM | Moon 4 - Phase 2 | |
| Creative Work Siddha Yoga | | Rahu 8:42AM – 10:24AM | Bava Until 12:47AM Sun | Nataraja: Purple | 3rd Phase | |
| | | | Chaturthi* Until 2:15PM | Moon – Yellow | Bhuloka Day | |
| | | Adi Sankara Jayanthi | | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM | |

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| 4 Sunday, April 30, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau | | Sun 19 | | Sutra 14 | | |
| Mithuna Rasi: 13.17 Tithi 5 – 6 | | Gulika 3:32PM – 5:15PM | Ardra Until 5:01PM | Ganesha: Light Blue <i>Sunrise:</i> 5:15AM | Hemalamba 5119 | |
| 232271369 | | Yama 12:07PM – 1:50PM | Sukarma Until 11:46AM | Muruga: Yellow <i>Sunset:</i> 6:58PM | Moon 4 - Phase 2 | |
| Creative Work Siddha Yoga | | Rahu 5:15PM – 6:58PM | Kaulava Until 10:11PM | Nataraja: Purple | 3rd Phase | |
| | | | Panchami Until 11:24AM | Moon – Yellow | Bhuloka Day | |
| | | | | Vaisaka•Chaitra | Devaloka Time: 12:PM to 3:PM | |

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| 5 Monday, May 1, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau | | Sun 20 | | Sutra 15 | | |
| Mithuna Rasi: 27.36 Tithi 6 – 7 | | Gulika 1:50PM – 3:33PM | Punarvasu Until 3:46PM | Ganesha: Clear <i>Sunrise:</i> 5:13AM | Hemalamba 5119 | |
| 242371369 | | Yama 10:23AM – 12:06PM | Dhriti Until 8:48AM | Muruga: Yellow <i>Sunset:</i> 7:00PM | Moon 4 - Phase 2 | |
| Family Home Evening | | Rahu 6:56AM – 8:40AM | Gara Until 8:10PM | Nataraja: Purple | 3rd Phase | |
| Creative Work Amrita Yoga | | | Shashthi* Until 9:05AM | Moon – Blue | Devaloka Day | |
| Until 3:46PM | | | | Vaisaka•Chaitra | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| Retreat Star Tuesday, May 2, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau | | Sun 21 | | Sutra 16 | | |
| Kataka Rasi: 11.31 Tithi 7 – 8 | | Gulika 12:06PM – 1:50PM | Pushya Until 3:01PM | Ganesha: Orange <i>Sunrise:</i> 5:12AM | Hemalamba 5119 | |
| 243371369 | | Yama 8:39AM – 10:23AM | Shula* Until 6:19AM | Muruga: Yellow <i>Sunset:</i> 7:01PM | Moon 4 - Phase 2 | |
| Creative Work Siddha Yoga | | Rahu 3:34PM – 5:17PM | Visti Until 6:48PM | Nataraja: Purple | Ashtami | |
| | | | Saptami Until 7:23AM | Moon – Blue | Devaloka Day | |
| | | | | Vaisaka•Chaitra | | |

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| Retreat Star Wednesday, May 3, 2017 | | Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau | | Sun 22 | | Sutra 17 | | |
| Kataka Rasi: 25.03 Tithi 8 – 9 | | Gulika 10:22AM – 12:06PM | Ashlesha* Until 2:47PM | Ganesha: Orange <i>Sunrise:</i> 5:10AM | Hemalamba 5119 | |
| 243381369 | | Yama 6:54AM – 8:38AM | Vriddhi Until 3:00AM Thu | Muruga: Blue <i>Sunset:</i> 7:02PM | Moon 4 - Phase 2 | |
| Creative Work Siddha Yoga | | Rahu 12:06PM – 1:50PM | Balava Until 6:06PM | Nataraja: Purple | Navami | |
| | | | Ashtami* Until 6:21AM | Moon – Blue | Bhuloka Day | |
| | | | | Vaisaka•Chaitra | Devaloka Time: 6:AM to 9:AM | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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| 1 Thursday, May 4, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam | | | | St. Helena, CA |
| Magha*/Purvaphalguni Nakshatra Dhruva Yoga Taitila Karana Dashamyam Titau | | Sun 23 | | Sutra 18 | | |
| Simha Rasi: 8.12 | Tithi 10 | Gulika 8:38AM – 10:22AM | Magha* Until 3:30PM | Ganesh: Green | <i>Sunrise:</i> 5:09AM | Hemalamba 5119 |
| | | Yama 5:09AM – 6:54AM | Dhruva Until 2:05AM Fri | Muruga: Blue | <i>Sunset:</i> 7:03PM | Moon 4 - Phase 3 |
| | 253381369 | Rahu 1:50PM – 3:35PM | Taitila Until 6:03PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dashami Until 6:14AM Fri | Moon – Red | | Bhuloka Day |
| Until 3:30PM | | | | Vaisaka*Chaitra | | |
| Then Creative Work - Siddha Yoga | | | | | | |

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| 2 Friday, May 5, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam | | | | St. Helena, CA |
| Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | Sun 24 | | Sutra 19 | | |
| Simha Rasi: 21.03 | Tithi 10 – 11 | Gulika 6:53AM – 8:37AM | Purvaphalguni Until 4:37PM | Ganesh: Green | <i>Sunrise:</i> 5:08AM | Hemalamba 5119 |
| | | Yama 3:35PM – 5:19PM | Vyaghata* Until 1:36AM Sat | Muruga: Blue | <i>Sunset:</i> 7:04PM | Moon 4 - Phase 3 |
| | 253381369 | Rahu 10:22AM – 12:06PM | Vanija Until 6:35PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Siddha Yoga | | Dashami Until 6:14AM | Moon – Red | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | |

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| 3 Saturday, May 6, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam | | | | St. Helena, CA |
| Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | | Sun 25 | | Sutra 20 | | |
| Kanya Rasi: 3.39 | Tithi 11 – 12 | Gulika 5:07AM – 6:52AM | Uttaraphalguni Until 6:05PM | Ganesh: Green | <i>Sunrise:</i> 5:07AM | Hemalamba 5119 |
| | | Yama 1:51PM – 3:35PM | Harshana Until 1:30AM Sun | Muruga: Blue | <i>Sunset:</i> 7:05PM | Moon 4 - Phase 3 |
| | 253381369 | Rahu 8:37AM – 10:21AM | Bava Until 7:36PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Marana Yoga | | Ekadashi Until 7:01AM | Moon – Red | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | |

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| 4 Sunday, May 7, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam | | | | St. Helena, CA |
| Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | Sun 26 | | Sutra 21 | | |
| Kanya Rasi: 16.02 | Tithi 12 – 13 | Gulika 3:36PM – 5:21PM | Hasta Until 8:14PM | Ganesh: Red | <i>Sunrise:</i> 5:06AM | Hemalamba 5119 |
| | | Yama 12:06PM – 1:51PM | Vajra* Until 1:40AM Mon | Muruga: Blue | <i>Sunset:</i> 7:06PM | Moon 4 - Phase 3 |
| | 263381369 | Rahu 5:21PM – 7:06PM | Kaulava Until 9:01PM | Nataraja: Purple | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashi Until 8:15AM | Moon – Green | | Bhuloka Day |
| Until 8:14PM | | | | Vaisaka*Chaitra | <i>Devaloka Time: 6:AM to 9:AM</i> | |
| Then Creative Work - Siddha Yoga | | | <i>Pradosha Vrata</i> | | | |

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| 5 Monday, May 8, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam | | | | St. Helena, CA |
| Chitra Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau | | Sun 27 | | Sutra 22 | | |
| Kanya Rasi: 28.17 | Tithi 13 – 14 | Gulika 1:51PM – 3:36PM | Chitra Until 10:32PM | Ganesh: Red | <i>Sunrise:</i> 5:05AM | Hemalamba 5119 |
| Family Home Evening | | Yama 10:21AM – 12:06PM | Siddhi Until 2:04AM Tue | Muruga: Blue | <i>Sunset:</i> 7:07PM | Moon 4 - Phase 3 |
| | 263381369 | Rahu 6:50AM – 8:35AM | Gara Until 10:44PM | Nataraja: Purple | | 4th Phase |
| Routine Work | Prabalarishta Yoga | | Trayodashi Until 9:49AM | Moon – Green | | Bhuloka Day |
| Until 10:32PM | | | | Vaisaka*Chaitra | <i>Devaloka Time: 6:AM to 9:AM</i> | |
| Then Creative Work - Amrita Yoga | | | | | | |

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| ○ Tuesday, May 9, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam | | | | St. Helena, CA |
| Copper Retreat Star | | Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau | | Sun 27 | | Sutra 23 |
| Tula Rasi: 10.25 | Tithi 14 – 15 | Gulika 12:06PM – 1:51PM | Svati Until 12:54AM Wed | Ganesh: Red | <i>Sunrise:</i> 5:04AM | Hemalamba 5119 |
| | | Yama 8:35AM – 10:20AM | Vyatipata* Until 2:40AM Wed | Muruga: Blue | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 3 |
| | 263381369 | Rahu 3:37PM – 5:22PM | Visti Until 12:42AM Wed | Nataraja: Purple | | Purnima |
| Creative Work | Siddha Yoga | | Chaturdashi* Until 11:40AM | Moon – Green | | Bhuloka Day |
| | | Budha Purnima (Tamil Nadu) | | Vaisaka*Chaitra | <i>Devaloka Time: 6:AM to 9:AM</i> | |

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| Wednesday, May 10, 2017 | | Hemalamba Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam | | | | St. Helena, CA |
| Silver Retreat Star | | Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | Sun 24 | | Sutra 24 |
| Tula Rasi: 22.27 | Tithi 15 – 16 | Gulika 10:20AM – 12:06PM | Vishakha Until 3:48AM Thu | Ganesh: Blue | <i>Sunrise:</i> 5:03AM | Hemalamba 5119 |
| | | Yama 6:49AM – 8:34AM | Variyan Until 3:23AM Thu | Muruga: Blue | <i>Sunset:</i> 7:08PM | Moon 4 - Phase 3 |
| | 273381369 | Rahu 12:06PM – 1:51PM | Balava Until 2:51AM Thu | Nataraja: Purple | | Prathama |
| Creative Work | Siddha Yoga | | Purnima* Until 1:44PM | Moon – Orange | | Bhuloka Day |
| | | | | Vaisaka*Chaitra | | |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda