



Saturday, April 23, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Siddhi/Vyatipata\* Yoga Tautila/Gara Karana Dvitiyayam Titau

Frederick, MD Sutra 6

Tula Rasi: 23.04 Tithi 17

271621369 Rahu 8:44AM - 10:26AM

Gulika 5:20AM - 7:02AM Yama 1:49PM - 3:31PM

Vishakha Until 2:35AM Sun Siddhi Until 7:08AM

Ganesha: Purple Sunrise: 5:20AM Muruga: White Sunset: 6:55PM

Moon 4 - Phase 2 1st Phase

Creative Work Siddha Yoga Until 2:35AM Sun

Taitila Until 4:02PM Dvitiya Until 5:06AM Sun

Nataraja: Clear Moon - Orange Chaitra\*Chaitra

Bhuloka Day Devaloka Time: 6:PM to 9:PM

Then Routine Work - Marana Yoga

Sunday, April 24, 2016

1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vyatipata\*/Variyan Yoga Vanija Karana Tritiyayam Titau

Frederick, MD Sun 1 Sutra 7

Vrischika Rasi: 5.02 Tithi 18

271621369 Rahu 5:14PM - 6:56PM

Gulika 3:32PM - 5:14PM Yama 12:07PM - 1:49PM

Anuradha Until 5:08AM Mon Vyatipata\* Until 7:53AM

Ganesha: Purple Sunrise: 5:18AM Muruga: White Sunset: 6:56PM

Moon 4 - Phase 2 1st Phase

Routine Work Marana Yoga Until 5:08AM Mon

Vanija Until 6:08PM Tritiya Until 7:04AM Mon

Nataraja: Purple Moon - Orange Chaitra\*Chaitra

Bhuloka Day

Then Creative Work - Siddha Yoga

Monday, April 25, 2016

2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthym Titau

Frederick, MD Sun 2 Sutra 8

Vrischika Rasi: 17.05 Tithi 18 - 19

271621369 Rahu 7:00AM - 8:42AM

Gulika 1:50PM - 3:32PM Yama 10:25AM - 12:07PM

Jyeshtha\* Until 7:12AM Tue Variyan Until 8:23AM

Ganesha: Purple Sunrise: 5:17AM Muruga: White Sunset: 6:57PM

Moon 4 - Phase 2 1st Phase

Family Home Evening Creative Work Siddha Yoga Until 7:12AM Tue

Bava Until 7:57PM Tritiya Until 7:04AM

Nataraja: Purple Moon - Orange Chaitra\*Chaitra

Bhuloka Day

Then Creative Work - Amrita Yoga

Tuesday, April 26, 2016

3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD Sun 3 Sutra 9

Vrischika Rasi: 29.17 Tithi 19 - 20

271621369 Rahu 3:33PM - 5:15PM

Gulika 12:07PM - 1:50PM Yama 8:41AM - 10:24AM

Jyeshtha\* Until 7:12AM Parigha\* Until 8:39AM

Ganesha: Purple Sunrise: 5:16AM Muruga: White Sunset: 6:58PM

Moon 4 - Phase 2 1st Phase

Routine Work Marana Yoga Until 7:12AM

Kaulava Until 9:23PM Chaturthi\* Until 8:42AM

Nataraja: Purple Moon - Orange Chaitra\*Chaitra

Bhuloka Day

Then Creative Work - Amrita Yoga

Wednesday, April 27, 2016

4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Mula\*/Purvashadha\* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthym Titau

Frederick, MD Sun 4 Sutra 10

Dhanus Rasi: 11.39 Tithi 20 - 21

281621369 Rahu 12:07PM - 1:50PM

Gulika 10:24AM - 12:07PM Yama 6:58AM - 8:41AM

Mula\* Until 9:13AM Shiva Until 8:38AM

Ganesha: Clear Sunrise: 5:15AM Muruga: White Sunset: 6:59PM

Moon 4 - Phase 2 1st Phase

Routine Work Marana Yoga Until 9:13AM

Gara Until 10:22PM Panchami Until 9:55AM

Nataraja: Purple Moon - Light Blue Chaitra\*Chaitra

Bhuloka Day

Then Creative Work - Amrita Yoga

Thursday, April 28, 2016

5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD Sun 5 Sutra 11

Dhanus Rasi: 24.14 Tithi 21 - 22

281621369 Rahu 1:50PM - 3:33PM

Gulika 8:40AM - 10:23AM Yama 5:13AM - 6:57AM

Purvashadha\* Until 10:34AM Siddha Until 8:11AM

Ganesha: Clear Sunrise: 5:13AM Muruga: White Sunset: 7:00PM

Moon 4 - Phase 2 1st Phase

Creative Work Siddha Yoga Until 10:34AM

Visti Until 10:48PM Shashthi\* Until 10:39AM

Nataraja: Purple Moon - Light Blue Chaitra\*Chaitra

Bhuloka Day

Then Routine Work - Marana Yoga

Devaloka Time: 6:AM to 9:AM

Friday, April 29, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD Sun 6 Sutra 12

Makara Rasi: 7.05 Tithi 22 - 23

281621369 Rahu 10:23AM - 12:07PM

Gulika 6:56AM - 8:39AM Yama 3:34PM - 5:17PM

Uttarashadha Until 11:12AM Sadhya Until 7:18AM

Ganesha: Clear Sunrise: 5:12AM Muruga: White Sunset: 7:01PM

Moon 4 - Phase 2 Ashtami

Routine Work Marana Yoga

Balava Until 10:36PM Saptami Until 10:46AM

Nataraja: Purple Moon - Light Blue Chaitra\*Chaitra

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, April 30, 2016

Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD Sun 7 Sutra 13

Makara Rasi: 20.16 Tithi 23 - 24

291621369 Rahu 8:39AM - 10:22AM

Gulika 5:11AM - 6:55AM Yama 1:50PM - 3:34PM

Shravana Until 11:29AM Sukla Until 3:56AM Sun

Ganesha: White Sunrise: 5:11AM Muruga: White Sunset: 7:02PM

Moon 4 - Phase 2 Navami

Creative Work Siddha Yoga

Taitila Until 9:42PM Ashtami\* Until 10:13AM

Nataraja: Purple Moon - Purple Chaitra\*Chaitra

Bhuloka Day

1 Sunday, May 1, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Frederick, MD
Kumbha Rasi: 3.5	Tithi 24 – 25	<b>Gulika</b> 3:35PM – 5:19PM	<b>Dhanishtha Until 10:54AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:10AM	Sun 8 Sutra 14
		Yama 12:06PM – 1:50PM	Brahma Until 1:24AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 7:03PM	Durmukha 5118
		291621369 <b>Rahu</b> 5:19PM – 7:03PM	Vanija Until 8:05PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Routine Work	Marana Yoga		<b>Navami* Until 8:58AM</b>	Moon – Purple		2nd Phase
Until 10:54AM				<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						

2 Monday, May 2, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau				Frederick, MD
Kumbha Rasi: 17.49	Tithi 25 – 26	<b>Gulika</b> 1:51PM – 3:35PM	<b>Shatabhishak Until 9:30AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:08AM	Sun 9 Sutra 15
<b>Family Home Evening</b>		Yama 10:22AM – 12:06PM	Indra Until 10:22PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:04PM	Durmukha 5118
		292621369 <b>Rahu</b> 6:53AM – 8:37AM	Balava Until 4:27AM Tue	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Creative Work	Siddha Yoga		<b>Dashami Until 7:01AM</b>	Moon – Purple		2nd Phase
Until 9:30AM				<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to12:PM

3 Tuesday, May 3, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada* Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Dvadashyam Titau				Frederick, MD
Meena Rasi: 2.14	Tithi 27	<b>Gulika</b> 12:06PM – 1:51PM	<b>Purvaproshtapada* Until 7:47AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:07AM	Sun 10 Sutra 16
		Yama 8:37AM – 10:21AM	Vaidhriti* Until 6:50PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:05PM	Durmukha 5118
		212621369 <b>Rahu</b> 3:35PM – 5:20PM	Kaulava Until 2:59PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Routine Work	Marana Yoga		<b>Dvadashi* Until 1:22AM Wed</b>	Moon – Clear		2nd Phase
Until 7:47AM				<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM

4 Wednesday, May 4, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Frederick, MD
Meena Rasi: 17.01	Tithi 28	<b>Gulika</b> 10:21AM – 12:06PM	<b>Revati Until 2:34AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:06AM	Sun 11 Sutra 17
		Yama 6:51AM – 8:36AM	Vishkambha* Until 2:59PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:06PM	Durmukha 5118
		212621369 <b>Rahu</b> 12:06PM – 1:51PM	Gara Until 11:41AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Routine Work	Marana Yoga		<b>Trayodashi* Until 9:54PM</b>	Moon – Clear		2nd Phase
Until 2:34AM Thu			<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM

5 Thursday, May 5, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Priti/Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD
Mesha Rasi: 2.04	Tithi 29	<b>Gulika</b> 8:35AM – 10:21AM	<b>Ashvini Until 11:48PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM	Sun 12 Sutra 18
		Yama 5:05AM – 6:50AM	Priti Until 10:54AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:07PM	Durmukha 5118
		222621369 <b>Rahu</b> 1:51PM – 3:36PM	Visti Until 8:06AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 6:13PM</b>	Moon – White		2nd Phase
Until 11:48PM				<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM

Friday, May 6, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Frederick, MD
Mesha Rasi: 17.15	Tithi 30 – 1	<b>Gulika</b> 6:49AM – 8:35AM	<b>Bharani Until 8:52PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:04AM	Sun 13 Sutra 19
		Yama 3:37PM – 5:22PM	Ayushman Until 6:41AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:08PM	Durmukha 5118
		222621369 <b>Rahu</b> 10:20AM – 12:06PM	Kintughna Until 12:37AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Creative Work	Siddha Yoga		<b>Amavasya* Until 2:27PM</b>	Moon – White		Amavasya
				<b>Chaitra•Chaitra</b>		<b>Bhuloka Day</b>
						Devaloka Time: 9:AM to12:PM

Saturday, May 7, 2016		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Meshа Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Frederick, MD
Vrishabha Rasi: 2.25	Tithi 1 – 2	<b>Gulika</b> 5:03AM – 6:48AM	<b>Krittika Until 5:57PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM	Sun 14 Sutra 20
		Yama 1:51PM – 3:37PM	Sobhana Until 10:32PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:09PM	Durmukha 5118
		222621369 <b>Rahu</b> 8:34AM – 10:20AM	Balava Until 9:04PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 3
Creative Work	Amrita Yoga		<b>Prathama* Until 10:47AM</b>	Moon – White		Prathama
				<b>Vaisaka•Chaitra</b>		<b>Bhuloka Day</b>
						Devaloka Time: 9:AM to12:PM

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

**1 Sunday, May 8, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD  
 Rohini/Mrigashira Nakshatra Athiganda\* Yoga Kaulava/Gara Karana Dvitiya/Tritiyam Titau Sun 15 Sutra 21  
**Gulika** 3:38PM – 5:24PM **Rohini** Until 3:38PM **Ganesha:** Yellow *Sunrise:* 5:02AM Durmukha 5118  
 Yama 12:06PM – 1:52PM Athiganda\* Until 6:49PM **Muruga:** White *Sunset:* 7:10PM Moon 4 - Phase 4  
 232621369 **Rahu** 5:24PM – 7:10PM Gara Until 4:26AM Mon **Nataraja:** Purple 3rd Phase  
 Creative Work Siddha Yoga Moon – Yellow  
**Mother's Day** **Dvitiya** Until 7:24AM **Vaisaka-Chaitra** **Bhuloka Day**  
 Devaloka Time: 9:AM to12:PM

**2 Monday, May 9, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD  
 Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti\* Karana Chaturtham Titau Sun 16 Sutra 22  
**Gulika** 1:52PM – 3:38PM **Mrigashira** Until 1:41PM **Ganesha:** Yellow *Sunrise:* 5:01AM Durmukha 5118  
 Yama 10:19AM – 12:06PM Sukarma Until 3:33PM **Muruga:** White *Sunset:* 7:11PM Moon 4 - Phase 4  
 232621369 **Rahu** 6:47AM – 8:33AM Vanija Until 3:11PM **Nataraja:** Purple 3rd Phase  
 Creative Work Amrita Yoga Moon – Yellow  
**Family Home Evening** **Chaturthi\*** Until 2:04AM Tue **Vaisaka-Chaitra** **Bhuloka Day**  
 Creative Work Siddha Yoga Devaloka Time: 9:AM to12:PM  
 Until 1:41PM  
 Then Creative Work - Siddha Yoga

**3 Tuesday, May 10, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD  
 Ardra/Punarvasu Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Panchamyam Titau Sun 17 Sutra 23  
**Gulika** 12:06PM – 1:52PM **Ardra** Until 12:15PM **Ganesha:** Yellow *Sunrise:* 5:00AM Durmukha 5118  
 Yama 8:33AM – 10:19AM Dhriti Until 12:51PM **Muruga:** White *Sunset:* 7:12PM Moon 4 - Phase 4  
 232621369 **Rahu** 3:39PM – 5:25PM Bava Until 1:10PM **Nataraja:** Purple 3rd Phase  
 Routine Work Marana Yoga Moon – Yellow  
**Panchami** Until 12:26AM Wed **Vaisaka-Chaitra** **Bhuloka Day**  
 Creative Work Siddha Yoga Devaloka Time: 9:AM to12:PM  
 Until 12:15PM  
 Then Creative Work - Siddha Yoga

**4 Wednesday, May 11, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Frederick, MD  
 Punarvasu/Pushya Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Shashtham Titau Sun 18 Sutra 24  
**Gulika** 10:19AM – 12:06PM **Punarvasu** Until 11:54AM **Ganesha:** White *Sunrise:* 4:59AM Durmukha 5118  
 Yama 6:45AM – 8:32AM Shula\* Until 10:46AM **Muruga:** White *Sunset:* 7:13PM Moon 4 - Phase 4  
 242621369 **Rahu** 12:06PM – 1:52PM Kaulava Until 11:56AM **Nataraja:** Purple 3rd Phase  
 Creative Work Siddha Yoga Moon – Blue  
**Shashthi\*** Until 11:37PM **Vaisaka-Chaitra** **Devaloka Day**

**5 Thursday, May 12, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD  
 Pushya/Ashlesha\* Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Saptamyam Titau Sun 19 Sutra 25  
**Gulika** 8:32AM – 10:19AM **Pushya** Until 12:14PM **Ganesha:** White *Sunrise:* 4:58AM Durmukha 5118  
 Yama 4:58AM – 6:45AM Ganda\* Until 9:23AM **Muruga:** White *Sunset:* 7:13PM Moon 4 - Phase 4  
 242621369 **Rahu** 1:53PM – 3:40PM Gara Until 11:34AM **Nataraja:** Purple 3rd Phase  
 Creative Work Amrita Yoga Moon – Blue  
**Saptami** Until 11:41PM **Vaisaka-Chaitra** **Devaloka Day**  
 Creative Work Siddha Yoga Devaloka Time: 9:AM to12:PM  
 Until 12:14PM  
 Then Creative Work - Siddha Yoga

**Friday, May 13, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD  
 Ashlesha\*/Magha\* Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Ashtamyam Titau Sun 20 Sutra 26  
**Gulika** 6:44AM – 8:31AM **Ashlesha\*** Until 1:15PM **Ganesha:** White *Sunrise:* 4:57AM Durmukha 5118  
 Yama 3:40PM – 5:27PM Vridhhi Until 8:41AM **Muruga:** White *Sunset:* 7:14PM Moon 4 - Phase 4  
 242621369 **Rahu** 10:18AM – 12:06PM Visti Until 12:04PM **Nataraja:** Purple Ashtami  
 Routine Work Marana Yoga Moon – Blue  
**Ashtami\*** Until 12:36AM Sat **Vaisaka-Chaitra** **Devaloka Day**

**Saturday, May 14, 2016** Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Frederick, MD  
 Magha\*/Purvaphalguni Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Navamyam Titau Sun 21 Sutra 27  
**Gulika** 4:56AM – 6:43AM **Magha\*** Until 3:22PM **Ganesha:** Clear *Sunrise:* 4:56AM Durmukha 5118  
 Yama 1:53PM – 3:40PM Dhruva Until 8:36AM **Muruga:** White *Sunset:* 7:15PM Moon 4 - Phase 4  
 252621369 **Rahu** 8:31AM – 10:18AM Balava Until 1:21PM **Nataraja:** Purple Navami  
 Creative Work Amrita Yoga Moon – Red  
**Navami\*** Until 2:13AM Sun **Vaisaka-Vaikasi** **Bhuloka Day**  
 Creative Work Siddha Yoga Devaloka Time: 9:AM to12:PM  
 Until 3:22PM  
 Then Creative Work - Siddha Yoga

<b>1 Sunday, May 15, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Dashamyam Titau				Frederick, MD Sun 22 Sutra 28
Simha Rasi: 20.43	Tithi 10	<b>Gulika</b> 3:41PM – 5:29PM	<b>Purvaphalguni Until 5:54PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:55AM	Durmukha 5118
		<b>Yama</b> 12:06PM – 1:53PM	<b>Vyaghata* Until 9:03AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:16PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 5:29PM – 7:16PM	<b>Tailila Until 3:16PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 4:22AM Mon</b>	Moon – Red		<b>Bhuloka Day</b>
Until 5:54PM				<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga						

<b>2 Monday, May 16, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Vishti* Karana Ekadashyam Titau				Frederick, MD Sun 23 Sutra 29
Kanya Rasi: 2.4	Tithi 11	<b>Gulika</b> 1:53PM – 3:41PM	<b>Uttaraphalguni Until 8:40PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:54AM	Durmukha 5118
<b>Family Home Evening</b>		<b>Yama</b> 10:18AM – 12:06PM	<b>Harshana Until 9:52AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:17PM	Moon 4 - Phase 5
		253621369 <b>Rahu</b> 6:42AM – 8:30AM	<b>Vanija Until 5:36PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Vanija Until 5:36PM</b>	Moon – Red		<b>Bhuloka Day</b>
			<b>Ekadashi Until 6:51AM Tue</b>	<b>Vaisaka-Vaikasi</b>		

<b>3 Tuesday, May 17, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24 Sutra 30
Kanya Rasi: 14.3	Tithi 11 – 12	<b>Gulika</b> 12:06PM – 1:54PM	<b>Hasta Until 11:56PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:53AM	Durmukha 5118
		<b>Yama</b> 8:29AM – 10:18AM	<b>Vajra* Until 10:52AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:18PM	Moon 4 - Phase 5
		263621369 <b>Rahu</b> 3:42PM – 5:30PM	<b>Bava Until 8:10PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Bava Until 8:10PM</b>	Moon – Green		<b>Bhuloka Day</b>
			<b>Ekadashi Until 6:51AM</b>	<b>Vaisaka-Vaikasi</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, May 18, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25 Sutra 31
Kanya Rasi: 26.18	Tithi 12 – 13	<b>Gulika</b> 10:17AM – 12:06PM	<b>Chitra Until 3:02AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Durmukha 5118
		<b>Yama</b> 6:41AM – 8:29AM	<b>Siddhi Until 11:57AM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:19PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 12:06PM – 1:54PM	<b>Kaulava Until 10:44PM</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Kaulava Until 10:44PM</b>	Moon – Green		<b>Devaloka Day</b>
Until 3:02AM Thu			<b>Dvadashi Until 9:26AM</b>	<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, May 19, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 26 Sutra 32
Tula Rasi: 8.07	Tithi 13 – 14	<b>Gulika</b> 8:29AM – 10:17AM	<b>Svati Until 5:49AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:52AM	Durmukha 5118
		<b>Yama</b> 4:52AM – 6:40AM	<b>Vyatipata* Until 12:59PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:20PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 1:54PM – 3:43PM	<b>Gara Until 1:09AM Fri</b>	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Amrita Yoga		<b>Gara Until 1:09AM Fri</b>	Moon – Green		<b>Devaloka Day</b>
Until 5:49AM Fri			<b>Trayodashi Until 11:57AM</b>	<b>Vaisaka-Vaikasi</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, May 20, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27 Sutra 33
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:28AM	<b>Vishakha Until 8:40AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:51AM	Durmukha 5118
Tula Rasi: 20	Tithi 14 – 15	<b>Yama</b> 3:43PM – 5:32PM	<b>Variyan Until 1:50PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:21PM	Moon 4 - Phase 5
		263721369 <b>Rahu</b> 10:17AM – 12:06PM	<b>Visti Until 3:20AM Sat</b>	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Visti Until 3:20AM Sat</b>	Moon – Green		<b>Devaloka Day</b>
			<b>Chaturdashi* Until 2:15PM</b>	<b>Vaisaka-Vaikasi</b>		

<b>Saturday, May 21, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28 Sutra 34
<b>Silver Retreat Star</b>		<b>Gulika</b> 4:50AM – 6:39AM	<b>Vishakha Until 8:40AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:50AM	Durmukha 5118
Vrischika Rasi: 1.59	Tithi 15 – 16	<b>Yama</b> 1:55PM – 3:44PM	<b>Parigha* Until 2:28PM</b>	<b>Muruga:</b> White	<i>Sunset:</i> 7:22PM	Moon 4 - Phase 5
		273721369 <b>Rahu</b> 8:28AM – 10:17AM	<b>Balava Until 5:11AM Sun</b>	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Balava Until 5:11AM Sun</b>	Moon – Orange		<b>Bhuloka Day</b>
		<b>Vaikasi Visakam</b>	<b>Purnima* Until 4:17PM</b>	<b>Vaisaka-Vaikasi</b>		Devaloka Time: 9:AM to 12:PM

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, May 22, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Vrischika Rasi: 14.05    Tihti 16 – 17

**Gulika** 3:44PM – 5:33PM  
**Yama** 12:06PM – 1:55PM  
**Rahu** 5:33PM – 7:22PM

**Anuradha Until 11:03AM**  
Shiva Until 2:53PM  
Taitila Until 6:42AM Mon  
**Prathama\* Until 5:58PM**

**Ganesha:** Clear    *Sunrise:* 4:49AM  
**Muruga:** White    *Sunset:* 7:22PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Sutra 35  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

### Monday, May 23, 2016

# 1

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Vrischika Rasi: 26.2    Tihti 17

**Gulika** 1:55PM – 3:45PM  
**Yama** 10:17AM – 12:06PM  
**Rahu** 6:38AM – 8:27AM

**Jyeshtha\* Until 12:56PM**  
Siddha Until 2:59PM  
Taitila Until 6:42AM  
**Dvitiya Until 7:19PM**

**Ganesha:** Clear    *Sunrise:* 4:49AM  
**Muruga:** White    *Sunset:* 7:23PM  
**Nataraja:** Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

Sun 1    Sutra 36  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

**Family Home Evening**

Creative Work    Siddha Yoga

### Tuesday, May 24, 2016

# 2

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya/Subha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD

Dhanus Rasi: 8.44    Tihti 18

**Gulika** 12:06PM – 1:56PM  
**Yama** 8:27AM – 10:17AM  
**Rahu** 3:45PM – 5:35PM

**Mula\* Until 2:48PM**  
Sadhya Until 2:50PM  
Vanija Until 7:52AM  
**Tritiya Until 8:17PM**

**Ganesha:** White    *Sunrise:* 4:48AM  
**Muruga:** White    *Sunset:* 7:24PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Sun 2    Sutra 37  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga

Until 2:48PM

Then Creative Work - Siddha Yoga

### Wednesday, May 25, 2016

# 3

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Dhanus Rasi: 21.18    Tihti 19

**Gulika** 10:17AM – 12:06PM  
**Yama** 6:37AM – 8:27AM  
**Rahu** 12:06PM – 1:56PM

**Purvashadha\* Until 4:08PM**  
Subha Until 2:24PM  
Bava Until 8:39AM  
**Chaturthi\* Until 8:52PM**

**Ganesha:** Clear    *Sunrise:* 4:48AM  
**Muruga:** White    *Sunset:* 7:25PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Sun 3    Sutra 38  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Creative Work    Amrita Yoga

### Thursday, May 26, 2016

# 4

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Makara Rasi: 4.03    Tihti 20

**Gulika** 8:27AM – 10:16AM  
**Yama** 4:47AM – 6:37AM  
**Rahu** 1:56PM – 3:46PM

**Uttarashadha Until 4:54PM**  
Sukla Until 1:37PM  
Kaulava Until 9:02AM  
**Panchami Until 9:02PM**

**Ganesha:** Clear    *Sunrise:* 4:47AM  
**Muruga:** White    *Sunset:* 7:26PM  
**Nataraja:** Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Sun 4    Sutra 39  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Bhuloka Day**  
Devaloka Time: 9:AM to 12:PM

Routine Work    Marana Yoga

Until 4:54PM

Then Creative Work - Siddha Yoga

### Friday, May 27, 2016

# 5

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Makara Rasi: 17.01    Tihti 21

**Gulika** 6:36AM – 8:26AM  
**Yama** 3:46PM – 5:36PM  
**Rahu** 10:16AM – 12:06PM

**Shravana Until 5:31PM**  
Brahma Until 12:29PM  
Gara Until 8:57AM  
**Shashthi\* Until 8:43PM**

**Ganesha:** White    *Sunrise:* 4:46AM  
**Muruga:** Clear    *Sunset:* 7:26PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Sun 5    Sutra 40  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

Routine Work    Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

### Saturday, May 28, 2016

# 6

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Visti\*/Bava Karana Saplamyam Titau

Frederick, MD

Kumbha Rasi: 0.14    Tihti 22

**Gulika** 4:46AM – 6:36AM  
**Yama** 1:57PM – 3:47PM  
**Rahu** 8:26AM – 10:16AM

**Dhanishtha Until 5:29PM**  
Indra Until 10:57AM  
Visti Until 8:24AM  
**Saptami Until 7:54PM**

**Ganesha:** White    *Sunrise:* 4:46AM  
**Muruga:** Clear    *Sunset:* 7:27PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Sun 6    Sutra 41  
Durmukha 5118  
Moon 5 - Phase 6  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 5:29PM

Then Creative Work - Amrita Yoga

### Sunday, May 29, 2016

# Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Kumbha Rasi: 13.44    Tihti 23

**Gulika** 3:47PM – 5:38PM  
**Yama** 12:07PM – 1:57PM  
**Rahu** 5:38PM – 7:28PM

**Shatabhishak Until 4:45PM**  
Vaidhriti\* Until 8:59AM  
Balava Until 7:18AM  
**Ashtami\* Until 6:31PM**

**Ganesha:** Yellow    *Sunrise:* 4:45AM  
**Muruga:** Clear    *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

Sun 7    Sutra 42  
Durmukha 5118  
Moon 5 - Phase 6  
Ashtami

**Devaloka Day**

Creative Work    Siddha Yoga

### Monday, May 30, 2016

## Retreat Star

Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprosarthapada\*/Uttaraprosarthapada Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Kumbha Rasi: 27.35    Tihti 24 – 25

**Gulika** 1:57PM – 3:48PM  
**Yama** 10:16AM – 12:07PM  
**Rahu** 6:35AM – 8:26AM

**Purvaprosarthapada\* Until 3:47PM**  
Vishkambha\* Until 6:34AM  
Vanija Until 3:27AM Tue  
**Navami\* Until 4:36PM**

**Ganesha:** Clear    *Sunrise:* 4:45AM  
**Muruga:** Clear    *Sunset:* 7:29PM  
**Nataraja:** Purple  
Moon – Clear  
**Vaisaka-Vaikasi**

Sun 8    Sutra 43  
Durmukha 5118  
Moon 5 - Phase 6  
Navami

**Devaloka Day**

Routine Work    Marana Yoga

Until 3:47PM

Then Creative Work - Siddha Yoga

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1 Tuesday, May 31, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 9 Sutra 44 Durmukha 5118
Meena Rasi: 11.46	Tithi 25 – 26	<b>Gulika</b> Yama 314731369	<b>12:07PM – 1:58PM</b> 8:26AM – 10:16AM <b>Rahu</b> 3:48PM – 5:39PM	<b>Uttaraproshtapada Until 2:09PM</b> Ayushman Until 12:29AM Wed Bava Until 12:48AM Wed Dashami Until 2:10PM	<b>Ganeshha: Clear</b> Sunrise: 4:45AM <b>Muruga: Clear</b> Sunset: 7:29PM <b>Nataraja: Purple</b> Moon – Clear <b>Vaisaka-Vaikasi</b>	Moon 5 - Phase 7 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 2:09PM Then Creative Work - Siddha Yoga						

<b>2 Wednesday, June 1, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 10 Sutra 45 Durmukha 5118
Meena Rasi: 26.16	Tithi 26 – 27	<b>Gulika</b> Yama 314731369	<b>10:16AM – 12:07PM</b> 6:35AM – 8:26AM <b>Rahu</b> 12:07PM – 1:58PM	<b>Revati Until 11:57AM</b> Saubhagya Until 8:55PM Kaulava Until 9:45PM Ekadashi* Until 11:18AM	<b>Ganeshha: Clear</b> Sunrise: 4:44AM <b>Muruga: Clear</b> Sunset: 7:30PM <b>Nataraja: Purple</b> Moon – Clear <b>Vaisaka-Vaikasi</b>	Moon 5 - Phase 7 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga						

<b>3 Thursday, June 2, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana/Athiganda* Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 11 Sutra 46 Durmukha 5118
Mesha Rasi: 11.02	Tithi 27 – 28	<b>Gulika</b> Yama 324731369	<b>8:26AM – 10:16AM</b> 4:44AM – 6:35AM <b>Rahu</b> 1:58PM – 3:49PM	<b>Ashvini Until 9:42AM</b> Sobhana Until 5:10PM Gara Until 6:27PM Dvadashi* Until 8:07AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganeshha: White</b> Sunrise: 4:44AM <b>Muruga: Clear</b> Sunset: 7:31PM <b>Nataraja: Purple</b> Moon – White <b>Vaisaka-Vaikasi</b>	Moon 5 - Phase 7 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Amrita Yoga Until 9:42AM Then Creative Work - Siddha Yoga						

<b>4 Friday, June 3, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Frederick, MD Sun 12 Sutra 47 Durmukha 5118
Mesha Rasi: 25.57	Tithi 29	<b>Gulika</b> Yama 324731369	<b>6:34AM – 8:25AM</b> 3:49PM – 5:40PM <b>Rahu</b> 10:16AM – 12:07PM	<b>Bharani Until 7:08AM</b> Athiganda* Until 1:16PM Visti Until 3:02PM Chaturdashi* Until 1:18AM Sat	<b>Ganeshha: White</b> Sunrise: 4:43AM <b>Muruga: Clear</b> Sunset: 7:31PM <b>Nataraja: Purple</b> Moon – White <b>Vaisaka-Vaikasi</b>	Moon 5 - Phase 7 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Creative Work Siddha Yoga						

<b>● Saturday, June 4, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Frederick, MD Sun 13 Sutra 48 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> Yama 334731361	<b>4:43AM – 6:34AM</b> 1:59PM – 3:50PM <b>Rahu</b> 8:25AM – 10:16AM	<b>Rohini Until 2:04AM Sun</b> Sukarma Until 9:24AM Catuspada Until 11:38AM Amavasya* Until 10:00PM	<b>Ganeshha: Green</b> Sunrise: 4:43AM <b>Muruga: Clear</b> Sunset: 7:32PM <b>Nataraja: White</b> Moon – Yellow <b>Vaisaka-Vaikasi</b>	Moon 5 - Phase 7 Amavasya <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Vrishabha Rasi: 10.54 Tithi 30 Creative Work Amrita Yoga Until 2:04AM Sun Then Creative Work - Siddha Yoga						

<b>Sunday, June 5, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Kintughna*/Bava Karana Prathamayam Titau				Frederick, MD Sun 14 Sutra 49 Durmukha 5118
<b>Retreat Star</b>		<b>Gulika</b> Yama 334731361	<b>3:50PM – 5:41PM</b> 12:08PM – 1:59PM <b>Rahu</b> 5:41PM – 7:33PM	<b>Mrigashira Until 11:56PM</b> Shula* Until 2:14AM Mon Kintughna Until 8:27AM Prathama* Until 6:58PM	<b>Ganeshha: Green</b> Sunrise: 4:43AM <b>Muruga: Clear</b> Sunset: 7:33PM <b>Nataraja: White</b> Moon – Yellow <b>Jyeshtha-Vaikasi</b>	Moon 5 - Phase 7 Prathama <b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM
Vrishabha Rasi: 25.44 Tithi 1 Creative Work Siddha Yoga						

<b>1</b>		<b>Monday, June 6, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 15 Sutra 50	
Mithuna Rasi: 10.19	Tithi 2 – 3	<b>Gulika</b>	1:59PM – 3:51PM	<b>Ardra Until 10:08PM</b>	<b>Ganesh:</b> Green	<i>Sunrise:</i> 4:43AM	Durmukha 5118
<b>Family Home Evening</b>	334731361	Yama	10:17AM – 12:08PM	Ganda* Until 11:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	6:34AM – 8:25AM	Taitila Until 3:19AM Tue	<b>Nataraja:</b> White		3rd Phase
Until 10:08PM				<b>Dvitiya Until 4:22PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

<b>2</b>		<b>Tuesday, June 7, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Frederick, MD Sun 16 Sutra 51	
Mithuna Rasi: 24.31	Tithi 3 – 4	<b>Gulika</b>	12:08PM – 2:00PM	<b>Punarvasu Until 9:16PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	344731361	Yama	8:25AM – 10:17AM	Vriddhi Until 8:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	3:51PM – 5:42PM	Vanija Until 1:41AM Wed	<b>Nataraja:</b> White		3rd Phase
				<b>Tritiya Until 2:23PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Wednesday, June 8, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 17 Sutra 52	
Kataka Rasi: 8.17	Tithi 4 – 5	<b>Gulika</b>	10:17AM – 12:08PM	<b>Pushya Until 9:01PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	344731361	Yama	6:34AM – 8:25AM	Dhruva Until 6:52PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	12:08PM – 2:00PM	Bava Until 12:50AM Thu	<b>Nataraja:</b> White		3rd Phase
				<b>Chaturthi* Until 1:08PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Thursday, June 9, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Frederick, MD Sun 18 Sutra 53	
Kataka Rasi: 21.35	Tithi 5 – 6	<b>Gulika</b>	8:25AM – 10:17AM	<b>Ashlesha* Until 9:27PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	344731361	Yama	4:42AM – 6:34AM	Vyaghata* Until 5:41PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	2:00PM – 3:52PM	Kaulava Until 12:51AM Fri	<b>Nataraja:</b> White		3rd Phase
Until 9:27PM				<b>Panchami Until 12:43PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi	Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Friday, June 10, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 19 Sutra 54	
Simha Rasi: 4.26	Tithi 6 – 7	<b>Gulika</b>	6:34AM – 8:25AM	<b>Magha* Until 11:01PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	354731361	Yama	3:52PM – 5:44PM	Harshana Until 5:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 8
Routine Work	Marana Yoga	<b>Rahu</b>	10:17AM – 12:09PM	Gara Until 1:41AM Sat	<b>Nataraja:</b> White		3rd Phase
Until 11:01PM				<b>Shashthi* Until 1:09PM</b>	Moon – Red	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi		

<b>Retreat Star</b>		<b>Saturday, June 11, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 20 Sutra 55	
Simha Rasi: 16.55	Tithi 7 – 8	<b>Gulika</b>	4:42AM – 6:34AM	<b>Purvaphalguni Until 1:09AM Sun</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	355731361	Yama	2:01PM – 3:52PM	Vajra* Until 5:16PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
Creative Work	Siddha Yoga	<b>Rahu</b>	8:25AM – 10:17AM	Visti Until 3:16AM Sun	<b>Nataraja:</b> White		Ashtami
Until 1:09AM Sun				<b>Saptami Until 2:22PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					Jyeshtha-Vaikasi		

<b>Retreat Star</b>		<b>Sunday, June 12, 2016</b>		Durmukha Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatlipata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 21 Sutra 56	
Simha Rasi: 29.06	Tithi 8 – 9	<b>Gulika</b>	3:53PM – 5:44PM	<b>Uttaraphalguni Until 3:39AM Mon</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:42AM	Durmukha 5118
	355831361	Yama	12:09PM – 2:01PM	Siddhi Until 5:50PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 8
Creative Work	Amrita Yoga	<b>Rahu</b>	5:44PM – 7:36PM	Balava Until 5:22AM Mon	<b>Nataraja:</b> White		Navami
Until 3:39AM Mon				<b>Ashtami* Until 4:14PM</b>	Moon – Red	<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga					Jyeshtha-Vaikasi		

<b>1</b>		<b>Monday, June 13, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam				Frederick, MD	
				Hasta Nakshatra Vyatipata* Yoga Kaulava Karana Navamyam Titau				Sun 22 Sutra 57	
		<b>Gulika</b>	2:01PM – 3:53PM	<b>Hasta</b> Until 6:48AM Tue	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Kanya Rasi: 11.04		<b>Yama</b>	10:17AM – 12:09PM	Vyatipata* Until 6:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		365831361	<b>Rahu</b>	6:34AM – 8:26AM	<b>Nataraja:</b> White	Moon – Green			
Creative Work Siddha Yoga				Kaulava Until 6:32PM			<b>Bhuloka Day</b>		
				<b>Navami*</b> Until 6:32PM	Jyeshtha-Vaikasi		Devaloka Time: 12:PM to 3:PM		


<b>2</b>		<b>Tuesday, June 14, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Frederick, MD	
				Hasta/Chitra Nakshatra Variyan Yoga Tailila/Gara Karana Dashamyam Titau				Sun 23 Sutra 58	
		<b>Gulika</b>	12:09PM – 2:01PM	<b>Hasta</b> Until 6:48AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Kanya Rasi: 22.56		<b>Yama</b>	8:26AM – 10:18AM	Variyan Until 7:45PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		365831361	<b>Rahu</b>	3:53PM – 5:45PM	<b>Nataraja:</b> White	Moon – Green			
Creative Work Siddha Yoga				Tailila Until 7:48AM			<b>Bhuloka Day</b>		
				<b>Dashami</b> Until 9:02PM	Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		

<b>3</b>		<b>Wednesday, June 15, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Frederick, MD	
				Chitra/Svati Nakshatra Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24 Sutra 59	
		<b>Gulika</b>	10:18AM – 12:10PM	<b>Chitra</b> Until 9:52AM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Tula Rasi: 4.45		<b>Yama</b>	6:34AM – 8:26AM	Parigha* Until 8:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		365831361	<b>Rahu</b>	12:10PM – 2:02PM	<b>Nataraja:</b> White	Moon – Green			
Creative Work Siddha Yoga				Vanija Until 10:18AM			<b>Bhuloka Day</b>		
				<b>Ekadashi</b> Until 11:29PM	Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		

<b>4</b>		<b>Thursday, June 16, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Frederick, MD	
				Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25 Sutra 60	
		<b>Gulika</b>	8:26AM – 10:18AM	<b>Svati</b> Until 12:38PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Tula Rasi: 16.37		<b>Yama</b>	4:42AM – 6:34AM	Shiva Until 9:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		365831361	<b>Rahu</b>	2:02PM – 3:54PM	<b>Nataraja:</b> White	Moon – Green			
Creative Work Amrita Yoga				Bava Until 12:39PM			<b>Bhuloka Day</b>		
Until 12:38PM				<b>Dvadashi</b> Until 1:42AM Fri	Jyeshtha-Ani		Devaloka Time: 12:PM to 3:PM		
Then Creative Work - Siddha Yoga									

<b>5</b>		<b>Friday, June 17, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Frederick, MD	
				Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau				Sun 26 Sutra 61	
		<b>Gulika</b>	6:34AM – 8:26AM	<b>Vishakha</b> Until 3:27PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Tula Rasi: 28.34		<b>Yama</b>	3:54PM – 5:46PM	Siddha Until 10:14PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		375831361	<b>Rahu</b>	10:18AM – 12:10PM	<b>Nataraja:</b> White	Moon – Orange			
Creative Work Siddha Yoga				Kaulava Until 2:43PM			<b>Devaloka Day</b>		
				<b>Trayodashi</b> Until 3:36AM Sat	Jyeshtha-Ani				
				<i>Pradosha Vrata</i>					

<b>6</b>		<b>Saturday, June 18, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Frederick, MD	
				Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27 Sutra 62	
		<b>Gulika</b>	4:42AM – 6:34AM	<b>Anuradha</b> Until 5:44PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Vrischika Rasi: 10.41		<b>Yama</b>	2:02PM – 3:54PM	Sadhya Until 10:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		375831361	<b>Rahu</b>	8:26AM – 10:18AM	<b>Nataraja:</b> White	Moon – Orange			
Creative Work Siddha Yoga				Gara Until 4:24PM			<b>Devaloka Day</b>		
				<b>Chaturdashi*</b> Until 5:04AM Sun	Jyeshtha-Ani				

		<b>Sunday, June 19, 2016</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Frederick, MD	
				Jyeshtha* Nakshatra Subha Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 63	
		<b>Gulika</b>	3:55PM – 5:47PM	<b>Jyeshtha*</b> Until 7:26PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 4:42AM	Durmukha 5118		
Vrischika Rasi: 22.57		<b>Yama</b>	12:11PM – 2:03PM	Subha Until 10:29PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		375831361	<b>Rahu</b>	5:47PM – 7:39PM	<b>Nataraja:</b> White	Moon – Orange			
Routine Work Marana Yoga				Visti Until 5:39PM			<b>Devaloka Day</b>		
Until 7:26PM				<b>Purnima*</b> Until 6:05AM Mon	Jyeshtha-Ani				
Then Creative Work - Amrita Yoga				<b>Father's Day</b>					

<b>Monday, June 20, 2016</b>		<b>Silver Retreat Star</b>		Durmukha Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam				Frederick, MD	
				Mula* Nakshatra Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 64	
		<b>Gulika</b>	2:03PM – 3:55PM	<b>Mula*</b> Until 9:01PM	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 4:43AM	Durmukha 5118		
Dhanus Rasi: 5.25		<b>Yama</b>	10:19AM – 12:11PM	Sukla Until 10:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 9		
<b>Family Home Evening</b>		386831361	<b>Rahu</b>	6:35AM – 8:27AM	<b>Nataraja:</b> White	Moon – Light Blue			
Creative Work Siddha Yoga				Balava Until 6:27PM			<b>Devaloka Day</b>		
Until 9:01PM				<b>Purnima*</b> Until 6:05AM	Jyeshtha-Ani				
Then Routine Work - Marana Yoga									

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 21, 2016

Gold Retreat Star

Dhanus Rasi: 18.05    Tihti 16 – 17

386831361

**Gulika** 12:11PM – 2:03PM  
**Yama** 8:27AM – 10:19AM  
**Rahu** 3:55PM – 5:47PM

**Purvashadha\* Until 10:02PM**  
Brahma Until 9:21PM  
Taitila Until 6:49PM  
**Prathama\* Until 6:40AM**

**Ganesha:** Yellow    *Sunrise: 4:43AM*  
**Muruga:** Clear    *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Frederick, MD  
Sutra 65  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 10:02PM

Then Routine Work - Prabalarishta Yoga

Wednesday, June 22, 2016

1

Makara Rasi: 0.57    Tihti 17 – 18

386831361

**Gulika** 10:19AM – 12:11PM  
**Yama** 6:35AM – 8:27AM  
**Rahu** 12:11PM – 2:03PM

**Uttarashadha Until 10:30PM**  
Indra Until 8:19PM  
Vanija Until 6:48PM  
**Dvitiya Until 6:50AM**

**Ganesha:** Yellow    *Sunrise: 4:43AM*  
**Muruga:** Clear    *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – Light Blue  
**Jyeshtha-Ani**

Frederick, MD  
Sun 1    Sutra 66  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Devaloka Day**

Creative Work    Amrita Yoga  
Until 10:30PM

Then Creative Work - Siddha Yoga

Thursday, June 23, 2016

2

Makara Rasi: 14    Tihti 18 – 19

396831361

**Gulika** 8:27AM – 10:19AM  
**Yama** 4:43AM – 6:35AM  
**Rahu** 2:03PM – 3:55PM

**Shravana Until 10:55PM**  
Vaidhriti\* Until 6:59PM  
Bava Until 6:24PM  
**Tritiya Until 6:38AM**

**Ganesha:** Blue    *Sunrise: 4:43AM*  
**Muruga:** Clear    *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Frederick, MD  
Sun 2    Sutra 67  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 10:30PM

Then Creative Work - Siddha Yoga

Friday, June 24, 2016

3

Makara Rasi: 27.15    Tihti 19 – 20

396831361

**Gulika** 6:36AM – 8:28AM  
**Yama** 3:55PM – 5:47PM  
**Rahu** 10:20AM – 12:12PM

**Dhanishtha Until 10:51PM**  
Vishkambha\* Until 5:22PM  
Taitila Until 5:08AM Sat  
**Chaturthi\* Until 6:03AM**

**Ganesha:** Blue    *Sunrise: 4:44AM*  
**Muruga:** Clear    *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Frederick, MD  
Sun 3    Sutra 68  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 10:30PM

Then Creative Work - Siddha Yoga

Saturday, June 25, 2016

4

Kumbha Rasi: 10.41    Tihti 21

396831361

**Gulika** 4:44AM – 6:36AM  
**Yama** 2:04PM – 3:56PM  
**Rahu** 8:28AM – 10:20AM

**Shatabhishak Until 10:17PM**  
Priti Until 3:29PM  
Gara Until 4:34PM  
**Shashthi\* Until 3:52AM Sun**

**Ganesha:** Blue    *Sunrise: 4:44AM*  
**Muruga:** Clear    *Sunset: 7:39PM*  
**Nataraja:** White  
Moon – Purple  
**Jyeshtha-Ani**

Frederick, MD  
Sun 4    Sutra 69  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work    Amrita Yoga  
Until 10:17PM

Then Routine Work - Marana Yoga

Sunday, June 26, 2016

5

Kumbha Rasi: 24.19    Tihti 22

316831361

**Gulika** 3:56PM – 5:48PM  
**Yama** 12:12PM – 2:04PM  
**Rahu** 5:48PM – 7:40PM

**Purvaproshtapada\* Until 9:40PM**  
Ayushman Until 1:18PM  
Visti Until 3:08PM  
**Saptami Until 2:16AM Mon**

**Ganesha:** Purple    *Sunrise: 4:44AM*  
**Muruga:** Clear    *Sunset: 7:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Frederick, MD  
Sun 5    Sutra 70  
Durmukha 5118  
Moon 6 - Phase 10  
1st Phase

**Sivaloka Day**

Creative Work    Siddha Yoga  
Until 9:40PM

Then Creative Work - Amrita Yoga

Monday, June 27, 2016

Retreat Star

Meena Rasi: 8.1    Tihti 23

Family Home Evening

317831361

**Gulika** 2:04PM – 3:56PM  
**Yama** 10:20AM – 12:12PM  
**Rahu** 6:37AM – 8:28AM

**Uttaraproshtapada Until 8:33PM**  
Saubhagya Until 10:51AM  
Balava Until 1:21PM  
**Ashtami\* Until 12:19AM Tue**

**Ganesha:** Clear    *Sunrise: 4:45AM*  
**Muruga:** Clear    *Sunset: 7:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Frederick, MD  
Sun 6    Sutra 71  
Durmukha 5118  
Moon 6 - Phase 10  
Ashtami

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 10:30PM

Then Creative Work - Siddha Yoga

Tuesday, June 28, 2016

Retreat Star

Meena Rasi: 22.13    Tihti 24

317831361

**Gulika** 12:12PM – 2:04PM  
**Yama** 8:29AM – 10:21AM  
**Rahu** 3:56PM – 5:48PM

**Revati Until 6:59PM**  
Sobhana Until 8:08AM  
Taitila Until 11:14AM  
**Navami\* Until 10:02PM**

**Ganesha:** Clear    *Sunrise: 4:45AM*  
**Muruga:** Clear    *Sunset: 7:40PM*  
**Nataraja:** White  
Moon – Clear  
**Jyeshtha-Ani**

Frederick, MD  
Sun 7    Sutra 72  
Durmukha 5118  
Moon 6 - Phase 10  
Navami

**Devaloka Day**

Creative Work    Siddha Yoga  
Until 10:30PM


Then Creative Work - Siddha Yoga

<b>1</b>		<b>Wednesday, June 29, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau	Frederick, MD Sun 8 Sutra 73
Mesha Rasi: 6.29	Tithi 25	<b>Gulika</b>	<b>10:21AM – 12:13PM</b>	<b>Ashvini Until 5:24PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:46AM</i>	Durmukha 5118
		Yama	6:37AM – 8:29AM	Sukarma Until 1:57AM Thu	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>12:13PM – 2:04PM</b>	Vanija Until 8:49AM	<b>Nataraja:</b> White	2nd Phase
Routine Work	Marana Yoga			<b>Dashami Until 7:30PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 5:24PM					<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Thursday, June 30, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 9 Sutra 74
Mesha Rasi: 20.55	Tithi 26 – 27	<b>Gulika</b>	<b>8:29AM – 10:21AM</b>	<b>Bharani Until 3:29PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:46AM</i>	Durmukha 5118
		Yama	4:46AM – 6:38AM	Dhriti Until 10:38PM	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>2:04PM – 3:56PM</b>	Bava Until 6:09AM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga			<b>Ekadashi* Until 4:45PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 3:29PM					<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Friday, July 1, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 10 Sutra 75
Vrishabha Rasi: 5.28	Tithi 27 – 28	<b>Gulika</b>	<b>6:38AM – 8:30AM</b>	<b>Krittika Until 1:18PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:47AM</i>	Durmukha 5118
		Yama	3:56PM – 5:48PM	Shula* Until 7:14PM	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>10:21AM – 12:13PM</b>	Gara Until 12:29AM Sat	<b>Nataraja:</b> White	2nd Phase
Creative Work	Siddha Yoga			<b>Dvadashi* Until 1:54PM</b>	Moon – White	<b>Bhuloka Day</b>
Until 1:18PM				<i>Pradosha Vrata (Fasting)</i>	<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Routine Work - Marana Yoga						

<b>4</b>		<b>Saturday, July 2, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 11 Sutra 76
Vrishabha Rasi: 20.02	Tithi 28 – 29	<b>Gulika</b>	<b>4:47AM – 6:39AM</b>	<b>Rohini Until 11:26AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:47AM</i>	Durmukha 5118
		Yama	2:05PM – 3:56PM	Ganda* Until 3:53PM	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>8:30AM – 10:22AM</b>	Visti Until 9:43PM	<b>Nataraja:</b> White	2nd Phase
Creative Work	Amrita Yoga			<b>Trayodashi* Until 11:04AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 11:26AM					<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Siddha Yoga						

		<b>Sunday, July 3, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Frederick, MD Sun 12 Sutra 77
<b>Retreat Star</b>		<b>Gulika</b>	<b>3:56PM – 5:48PM</b>	<b>Mrigashira Until 9:34AM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:48AM</i>	Durmukha 5118
Mithuna Rasi: 4.31	Tithi 29 – 30	Yama	12:13PM – 2:05PM	Vridhi Until 12:42PM	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>5:48PM – 7:39PM</b>	Catuspada Until 7:11PM	<b>Nataraja:</b> White	Amavasya
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 8:24AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>	Devaloka Time: 12:PM to 3:PM

<b>Monday, July 4, 2016</b>		<b>Retreat Star</b>			Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau	Frederick, MD Sun 13 Sutra 78
Mithuna Rasi: 18.48	Tithi 30 – 1	<b>Gulika</b>	<b>2:05PM – 3:56PM</b>	<b>Ardra Until 7:52AM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 4:48AM</i>	Durmukha 5118
<b>Family Home Evening</b>		Yama	10:22AM – 12:13PM	Dhruva Until 9:46AM	<b>Muruga:</b> Clear <i>Sunset: 7:39PM</i>	Moon 6 - Phase 11
		327831361 <b>Rahu</b>	<b>6:39AM – 8:31AM</b>	Bava Until 4:06AM Tue	<b>Nataraja:</b> White	Prathama
Creative Work	Siddha Yoga			<b>Amavasya* Until 6:01AM</b>	Moon – Yellow	<b>Bhuloka Day</b>
Until 7:52AM					<b>Ashada-Ani</b>	Devaloka Time: 12:PM to 3:PM
Then Creative Work - Amrita Yoga						

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Tuesday, July 5, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata* Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 14 Sutra 79
Kataka Rasi: 2.47	Tithi 2	<b>Gulika</b> 12:14PM – 2:05PM	<b>Punarvasu</b> Until 6:56AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:49AM</i>	Durmukha 5118	
		Yama 8:31AM – 10:22AM	Vyaghata* Until 7:14AM	<b>Muruga:</b> Clear <i>Sunset: 7:38PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	348831361 <b>Rahu</b> 3:56PM – 5:47PM	Balava Until 3:22PM	<b>Nataraja:</b> White	3rd Phase	
			<b>Dvitiya</b> Until 2:46AM Wed	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
				<b>Ashada*Ani</b>		

<b>2 Wednesday, July 6, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 15 Sutra 80
Kataka Rasi: 16.24	Tithi 3	<b>Gulika</b> 10:23AM – 12:14PM	<b>Pushya</b> Until 6:27AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:49AM</i>	Durmukha 5118	
		Yama 6:40AM – 8:32AM	Vajra* Until 3:45AM Thu	<b>Muruga:</b> Clear <i>Sunset: 7:38PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 <b>Rahu</b> 12:14PM – 2:05PM	Taitila Until 2:22PM	<b>Nataraja:</b> White	3rd Phase	
			<b>Tritiya</b> Until 2:08AM Thu	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
				<b>Ashada*Ani</b>		

<b>3 Thursday, July 7, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Vanija/Visti* Karana Chaturthiyam Titau				Frederick, MD Sun 16 Sutra 81
Kataka Rasi: 29.37	Tithi 4	<b>Gulika</b> 8:32AM – 10:23AM	<b>Ashlesha*</b> Until 6:31AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:50AM</i>	Durmukha 5118	
		Yama 4:50AM – 6:41AM	Siddhi Until 2:54AM Fri	<b>Muruga:</b> Clear <i>Sunset: 7:38PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	448931361 <b>Rahu</b> 2:05PM – 3:56PM	Vanija Until 2:07PM	<b>Nataraja:</b> White	3rd Phase	
Until 6:31AM			<b>Chaturthi*</b> Until 2:16AM Fri	Moon – Blue	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>		

<b>4 Friday, July 8, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 17 Sutra 82
Simha Rasi: 12.26	Tithi 5	<b>Gulika</b> 6:41AM – 8:32AM	<b>Magha*</b> Until 7:40AM	<b>Ganesh:</b> Purple <i>Sunrise: 4:51AM</i>	Durmukha 5118	
		Yama 3:56PM – 5:47PM	Vyatipata* Until 2:40AM Sat	<b>Muruga:</b> Clear <i>Sunset: 7:38PM</i>	Moon 6 - Phase 12	
Routine Work	Marana Yoga	458931361 <b>Rahu</b> 10:23AM – 12:14PM	Bava Until 2:39PM	<b>Nataraja:</b> White	3rd Phase	
Until 7:40AM			<b>Panchami</b> Until 3:10AM Sat	Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga				<b>Ashada*Ani</b>		

<b>5 Saturday, July 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Kaulava/Taitila Karana Shashthiyam Titau				Frederick, MD Sun 18 Sutra 83
Simha Rasi: 24.55	Tithi 6	<b>Gulika</b> 4:51AM – 6:42AM	<b>Purvaphalguni</b> Until 9:23AM	<b>Ganesh:</b> Purple <i>Sunrise: 4:51AM</i>	Durmukha 5118	
		Yama 2:05PM – 3:56PM	Varyan Until 2:56AM Sun	<b>Muruga:</b> Clear <i>Sunset: 7:37PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	458931361 <b>Rahu</b> 8:33AM – 10:23AM	Kaulava Until 3:54PM	<b>Nataraja:</b> White	3rd Phase	
Until 9:23AM			<b>Shashthi*</b> Until 4:45AM Sun	Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga		<b>Chidambaram Abhishekam</b>		<b>Ashada*Ani</b>		

<b>6 Sunday, July 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 19 Sutra 84
Kanya Rasi: 7.07	Tithi 7	<b>Gulika</b> 3:56PM – 5:46PM	<b>Uttaraphalguni</b> Until 11:33AM	<b>Ganesh:</b> Light Blue <i>Sunrise: 4:52AM</i>	Durmukha 5118	
		Yama 12:14PM – 2:05PM	Parigha* Until 3:37AM Mon	<b>Muruga:</b> Clear <i>Sunset: 7:37PM</i>	Moon 6 - Phase 12	
Creative Work	Amrita Yoga	459931361 <b>Rahu</b> 5:46PM – 7:37PM	Gara Until 5:45PM	<b>Nataraja:</b> White	3rd Phase	
Until 9:23AM			<b>Saptami</b> Until 6:49AM Mon	Moon – Red	<b>Bhuloka Day</b> Devaloka Time: 12:PM to 3:PM	
				<b>Ashada*Ani</b>		

<b>Monday, July 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 20 Sutra 85
<b>Retreat Star</b>		<b>Gulika</b> 2:05PM – 3:55PM	<b>Hasta</b> Until 2:29PM	<b>Ganesh:</b> Orange <i>Sunrise: 4:53AM</i>	Durmukha 5118	
Kanya Rasi: 19.07	Tithi 7 – 8	Yama 10:24AM – 12:14PM	Shiva Until 4:32AM Tue	<b>Muruga:</b> Clear <i>Sunset: 7:36PM</i>	Moon 6 - Phase 12	
<b>Family Home Evening</b>		469931361 <b>Rahu</b> 6:43AM – 8:34AM	Visti Until 8:00PM	<b>Nataraja:</b> White	Ashtami	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 6:49AM	Moon – Green	<b>Devaloka Day</b>	
Until 2:29PM				<b>Ashada*Ani</b>		
Then Routine Work - Prabalarishta Yoga						

<b>Tuesday, July 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 21 Sutra 86
<b>Retreat Star</b>		<b>Gulika</b> 12:15PM – 2:05PM	<b>Chitra</b> Until 5:27PM	<b>Ganesh:</b> Orange <i>Sunrise: 4:53AM</i>	Durmukha 5118	
Tula Rasi: 1	Tithi 8 – 9	Yama 8:34AM – 10:24AM	Siddha Until 5:29AM Wed	<b>Muruga:</b> Clear <i>Sunset: 7:36PM</i>	Moon 6 - Phase 12	
Creative Work	Siddha Yoga	469931361 <b>Rahu</b> 3:55PM – 5:46PM	Balava Until 10:24PM	<b>Nataraja:</b> White	Navami	
			<b>Ashtami*</b> Until 9:10AM	Moon – Green	<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>		

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1 Wednesday, July 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Frederick, MD Sun 22 Sutra 87 Durmukha 5118
Tula Rasi: 12.52	Tithi 9 – 10	<b>Gulika</b> 10:24AM – 12:15PM	<b>Svati Until 8:13PM</b>	<b>Ganesh:</b> Orange <i>Sunrise:</i> 4:54AM	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
		Yama 6:44AM – 8:34AM	Sadhya Until 6:22AM Thu	<b>Muruga:</b> Clear		4th Phase
Creative Work	Siddha Yoga	469931361 <b>Rahu</b> 12:15PM – 2:05PM	Taitila Until 12:43AM Thu	<b>Nataraja:</b> White		
			<b>Navami* Until 11:34AM</b>	Moon – Green		<b>Devaloka Day</b>
				<b>Ashada*Ani</b>		

<b>2 Thursday, July 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 23 Sutra 88 Durmukha 5118
Tula Rasi: 24.46	Tithi 10 – 11	<b>Gulika</b> 8:35AM – 10:25AM	<b>Vishakha Until 11:05PM</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:55AM	<i>Sunset:</i> 7:35PM	Moon 6 - Phase 13
		Yama 4:55AM – 6:45AM	Sadhya Until 6:22AM	<b>Muruga:</b> Clear		4th Phase
Creative Work	Siddha Yoga	479931361 <b>Rahu</b> 2:05PM – 3:55PM	Vanija Until 2:47AM Fri	<b>Nataraja:</b> White		
			<b>Dashami Until 1:47PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>	Devaloka Time: 12:PM to 3:PM	

<b>3 Friday, July 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 24 Sutra 89 Durmukha 5118
Vrischika Rasi: 6.48	Tithi 11 – 12	<b>Gulika</b> 6:45AM – 8:35AM	<b>Anuradha Until 1:25AM Sat</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:55AM	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
		Yama 3:55PM – 5:44PM	Subha Until 7:01AM	<b>Muruga:</b> Clear		4th Phase
Creative Work	Siddha Yoga	479931361 <b>Rahu</b> 10:25AM – 12:15PM	Bava Until 4:26AM Sat	<b>Nataraja:</b> White		
			<b>Ekadashi Until 3:39PM</b>	Moon – Orange		<b>Bhuloka Day</b>
				<b>Ashada*Adi</b>	Devaloka Time: 12:PM to 3:PM	

<b>4 Saturday, July 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 25 Sutra 90 Durmukha 5118
Vrischika Rasi: 19	Tithi 12 – 13	<b>Gulika</b> 4:56AM – 6:46AM	<b>Jyeshtha* Until 3:05AM Sun</b>	<b>Ganesh:</b> Green <i>Sunrise:</i> 4:56AM	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 13
		Yama 2:05PM – 3:54PM	Sukla Until 7:19AM	<b>Muruga:</b> Clear		4th Phase
Creative Work	Siddha Yoga	479931362 <b>Rahu</b> 8:36AM – 10:25AM	Kaulava Until 5:34AM Sun	<b>Nataraja:</b> Clear		
Until 3:05AM Sun			<b>Dvadashi Until 5:03PM</b>	Moon – Orange		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>	<b>Ashada*Adi</b>		

<b>5 Sunday, July 17, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 26 Sutra 91 Durmukha 5118
Dhanus Rasi: 1.25	Tithi 13 – 14	<b>Gulika</b> 3:54PM – 5:44PM	<b>Mula* Until 4:33AM Mon</b>	<b>Ganesh:</b> Red <i>Sunrise:</i> 4:57AM	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 13
		Yama 12:15PM – 2:05PM	Brahma Until 7:13AM	<b>Muruga:</b> Clear		4th Phase
Creative Work	Amrita Yoga	489931362 <b>Rahu</b> 5:44PM – 7:33PM	Gara Until 6:10AM Mon	<b>Nataraja:</b> Clear		
Until 4:33AM Mon			<b>Trayodashi Until 5:55PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashada*Adi</b>		

<b>6 Monday, July 18, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 92 Durmukha 5118
Dhanus Rasi: 14.05	Tithi 14	<b>Gulika</b> 2:04PM – 3:54PM	<b>Purvashadha* Until 5:20AM Tue</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 4:58AM	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
<b>Family Home Evening</b>		Yama 10:26AM – 12:15PM	Indra Until 6:42AM	<b>Muruga:</b> Clear		4th Phase
Routine Work	Marana Yoga	481931362 <b>Rahu</b> 6:47AM – 8:36AM	Gara Until 6:10AM	<b>Nataraja:</b> Clear		
Until 5:20AM Tue			<b>Chaturdashi* Until 6:14PM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Ashada*Adi</b>		

<b>○ Tuesday, July 19, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Frederick, MD Sutra 93 Durmukha 5118
<b>Copper Retreat Star</b>		<b>Gulika</b> 12:15PM – 2:04PM	<b>Uttarashadha Until 5:27AM Wed</b>	<b>Ganesh:</b> Blue <i>Sunrise:</i> 4:59AM	<i>Sunset:</i> 7:32PM	Moon 6 - Phase 13
Dhanus Rasi: 27.01	Tithi 15	Yama 8:37AM – 10:26AM	Vishkambha* Until 4:22AM Wed	<b>Muruga:</b> Clear		Purnima
Routine Work	Prabalarishta Yoga	481931362 <b>Rahu</b> 3:53PM – 5:43PM	Visti Until 6:12AM	<b>Nataraja:</b> Clear		
Until 5:27AM Wed			<b>Purnima* Until 6:01PM</b>	Moon – Light Blue		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Satguru Purnima</b>		<b>Ashada*Adi</b>		

<b>Wednesday, July 20, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Frederick, MD Sutra 94 Durmukha 5118
<b>Silver Retreat Star</b>		<b>Gulika</b> 10:26AM – 12:15PM	<b>Shravana Until 5:26AM Thu</b>	<b>Ganesh:</b> Yellow <i>Sunrise:</i> 4:59AM	<i>Sunset:</i> 7:31PM	Moon 6 - Phase 13
Makara Rasi: 10.13	Tithi 16 – 17	Yama 6:48AM – 8:37AM	Priti Until 2:40AM Thu	<b>Muruga:</b> Clear		Prathama
Creative Work	Siddha Yoga	491931362 <b>Rahu</b> 12:15PM – 2:04PM	Taitila Until 4:51AM Thu	<b>Nataraja:</b> Clear		
			<b>Prathama* Until 5:20PM</b>	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashada*Adi</b>		



Thursday, July 21, 2016

Gold Retreat Star

Makara Rasi: 23.38 Tithi 17 – 18  
491931362

Creative Work Siddha Yoga

Gulika 8:38AM – 10:26AM  
Yama 5:00AM – 6:49AM  
Rahu 2:04PM – 3:53PMDhanishtha Until 4:55AM Fri  
Ayushman Until 12:38AM Fri  
Vanija Until 3:35AM Fri  
Dvitiya Until 4:14PMGanesha: Yellow Sunrise: 5:00AM  
Muruga: Clear Sunset: 7:30PM  
Nataraja: Clear  
Moon – Purple  
Ashada•Adi

Sivaloka Day

Frederick, MD Sun 1 Sutra 95  
Dur mukha 5118  
Moon 7 - Phase 14  
1st Phase

1

Friday, July 22, 2016

Kumbha Rasi: 7.17 Tithi 18 – 19  
491931362

Creative Work Siddha Yoga

Until 3:57AM Sat

Then Routine Work - Marana Yoga

Gulika 6:50AM – 8:38AM  
Yama 3:52PM – 5:41PM  
Rahu 10:27AM – 12:15PMShatabhishak Until 3:57AM Sat  
Saubhagya Until 10:22PM  
Bava Until 2:01AM Sat  
Tritiya Until 2:49PMGanesha: Yellow Sunrise: 5:01AM  
Muruga: Clear Sunset: 7:29PM  
Nataraja: Clear  
Moon – Purple  
Ashada•Adi

Sivaloka Day

Frederick, MD Sun 2 Sutra 96  
Dur mukha 5118  
Moon 7 - Phase 14  
1st Phase

2

Saturday, July 23, 2016

Kumbha Rasi: 21.05 Tithi 19 – 20  
411931362

Routine Work Marana Yoga

Until 3:04AM Sun

Then Creative Work - Amrita Yoga

Gulika 5:02AM – 6:50AM  
Yama 2:04PM – 3:52PM  
Rahu 8:39AM – 10:27AMPurvaproshtapada\* Until 3:04AM Sun  
Sobhana Until 7:56PM  
Kaulava Until 12:14AM Sun  
Chaturthi\* Until 1:08PMGanesha: Red Sunrise: 5:02AM  
Muruga: Clear Sunset: 7:29PM  
Nataraja: Clear  
Moon – Clear  
Ashada•Adi

Sivaloka Day

Frederick, MD Sun 3 Sutra 97  
Dur mukha 5118  
Moon 7 - Phase 14  
1st Phase

3

Sunday, July 24, 2016

Meena Rasi: 5.02 Tithi 20 – 21  
411931362

Creative Work Amrita Yoga

Until 1:52AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:52PM – 5:40PM  
Yama 12:15PM – 2:03PM  
Rahu 5:40PM – 7:28PMUttaraproshtapada Until 1:52AM Mon  
Athiganda\* Until 5:19PM  
Gara Until 10:17PM  
Panchami Until 11:15AMGanesha: Red Sunrise: 5:03AM  
Muruga: Clear Sunset: 7:28PM  
Nataraja: Clear  
Moon – Clear  
Ashada•Adi

Sivaloka Day

Frederick, MD Sun 4 Sutra 98  
Dur mukha 5118  
Moon 7 - Phase 14  
1st Phase

4

Monday, July 25, 2016

Meena Rasi: 19.04 Tithi 21 – 22  
411931362

Creative Work Siddha Yoga

Family Home Evening

Gulika 2:03PM – 3:51PM  
Yama 10:27AM – 12:15PM  
Rahu 6:52AM – 8:39AMRevati Until 12:25AM Tue  
Sukarma Until 2:36PM  
Visti Until 8:11PM  
Shashthi\* Until 9:14AMGanesha: Red Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:27PM  
Nataraja: Clear  
Moon – Clear  
Ashada•Adi

Sivaloka Day

Frederick, MD Sun 5 Sutra 99  
Dur mukha 5118  
Moon 7 - Phase 14  
1st Phase

D

Tuesday, July 26, 2016

Retreat Star

Mesha Rasi: 3.12 Tithi 22 – 23  
421931362

Creative Work Siddha Yoga

Gulika 12:15PM – 2:03PM  
Yama 8:40AM – 10:28AM  
Rahu 3:51PM – 5:38PMAshvini Until 11:08PM  
Dhriti Until 11:48AM  
Balava Until 6:00PM  
Saptami Until 7:06AMGanesha: Green Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:26PM  
Nataraja: Clear  
Moon – White  
Ashada•Adi

Subha Sivaloka Day

Frederick, MD Sun 6 Sutra 100  
Dur mukha 5118  
Moon 7 - Phase 14  
Ashtami

Wednesday, July 27, 2016

Retreat Star

Mesha Rasi: 17.23 Tithi 24  
421931362

Creative Work Siddha Yoga

Until 9:40PM

Then Creative Work - Amrita Yoga

Gulika 10:28AM – 12:15PM  
Yama 6:53AM – 8:40AM  
Rahu 12:15PM – 2:03PMBharani Until 9:40PM  
Shula\* Until 8:55AM  
Taitila Until 3:46PM  
Navami\* Until 2:36AM ThuGanesha: Green Sunrise: 5:05AM  
Muruga: Clear Sunset: 7:25PM  
Nataraja: Clear  
Moon – White  
Ashada•Adi

Subha Sivaloka Day

Frederick, MD Sun 7 Sutra 101  
Dur mukha 5118  
Moon 7 - Phase 14  
Navami

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, July 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau		Frederick, MD Sun 8 Sutra 102	
Vrishabha Rasi: 1.35    Tihti 25		<b>Gulika</b>	<b>8:41AM – 10:28AM</b>	<b>Krittika Until 8:03PM</b>	<b>Ganesha: Red</b>	<i>Sunrise: 5:06AM</i>	Durmukha 5118		
422931362		Yama	5:06AM – 6:53AM	Ganda* Until 6:02AM	<b>Muruga: Clear</b>	<i>Sunset: 7:24PM</i>	Moon 7 - Phase 15		
Routine Work    Marana Yoga		<b>Rahu</b>	<b>2:02PM – 3:50PM</b>	Vanija Until 1:29PM	<b>Nataraja: Clear</b>	2nd Phase			
				<b>Dashami Until 12:20AM Fri</b>	Moon – White	<b>Sivaloka Day</b>			
				<b>Ashada*Adi</b>					

<b>2</b>		<b>Friday, July 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Frederick, MD Sun 9 Sutra 103		
Vrishabha Rasi: 15.47    Tihti 26		<b>Gulika</b>	<b>6:54AM – 8:41AM</b>	<b>Rohini Until 6:45PM</b>	<b>Ganesha: Green</b>	<i>Sunrise: 5:07AM</i>	Durmukha 5118			
432931362		Yama	3:49PM – 5:36PM	Dhruva Until 12:18AM Sat	<b>Muruga: Clear</b>	<i>Sunset: 7:23PM</i>	Moon 7 - Phase 15			
Routine Work    Marana Yoga		<b>Rahu</b>	<b>10:28AM – 12:15PM</b>	Bava Until 11:14AM	<b>Nataraja: Clear</b>	2nd Phase				
Until 6:45PM		<b>Ekadashi* Until 10:08PM</b>				Moon – Yellow	<b>Devaloka Day</b>			
Then Creative Work - Siddha Yoga		<b>Ashada*Adi</b>								

<b>3</b>		<b>Saturday, July 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvodashyam Titau		Frederick, MD Sun 10 Sutra 104	
Vrishabha Rasi: 29.56    Tihti 27		<b>Gulika</b>	<b>5:08AM – 6:55AM</b>	<b>Mrigashira Until 5:27PM</b>	<b>Ganesha: Green</b>	<i>Sunrise: 5:08AM</i>	Durmukha 5118		
432931362		Yama	2:02PM – 3:49PM	Vyaghata* Until 9:35PM	<b>Muruga: Clear</b>	<i>Sunset: 7:22PM</i>	Moon 7 - Phase 15		
Creative Work    Siddha Yoga		<b>Rahu</b>	<b>8:42AM – 10:28AM</b>	Kaulava Until 9:05AM	<b>Nataraja: Clear</b>	2nd Phase			
				<b>Dvadashi* Until 8:04PM</b>	Moon – Yellow	<b>Devaloka Day</b>			
				<b>Ashada*Adi</b>					

<b>4</b>		<b>Sunday, July 31, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 11 Sutra 105	
Mithuna Rasi: 13.59    Tihti 28		<b>Gulika</b>	<b>3:48PM – 5:35PM</b>	<b>Ardra Until 4:13PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:09AM</i>	Durmukha 5118		
432131362		Yama	12:15PM – 2:02PM	Harshana Until 7:04PM	<b>Muruga: Clear</b>	<i>Sunset: 7:21PM</i>	Moon 7 - Phase 15		
Creative Work    Siddha Yoga		<b>Rahu</b>	<b>5:35PM – 7:21PM</b>	Gara Until 7:08AM	<b>Nataraja: Clear</b>	2nd Phase			
				<b>Trayodashi* Until 6:14PM</b>	Moon – Yellow	<b>Devaloka Day</b>			
				<i>Pradosha Vrata (Fasting)</i>		<b>Ashada*Adi</b>			

<b>5</b>		<b>Monday, August 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Frederick, MD Sun 12 Sutra 106		
Mithuna Rasi: 27.5    Tihti 29 – 30		<b>Gulika</b>	<b>2:01PM – 3:48PM</b>	<b>Punarvasu Until 3:37PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 5:10AM</i>	Durmukha 5118			
<b>Family Home Evening</b>		Yama	10:29AM – 12:15PM	Vajra* Until 4:50PM	<b>Muruga: Clear</b>	<i>Sunset: 7:20PM</i>	Moon 7 - Phase 15			
442131362		<b>Rahu</b>	<b>6:56AM – 8:42AM</b>	Catuspada Until 4:11AM Tue	<b>Nataraja: Clear</b>	2nd Phase				
Creative Work    Amrita Yoga		<b>Chaturdashi* Until 4:45PM</b>				Moon – Blue	<b>Devaloka Day</b>			
Until 3:37PM		<b>Ashada*Adi</b>								
Then Creative Work - Siddha Yoga										

		<b>Tuesday, August 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Frederick, MD Sun 13 Sutra 107		
<b>Retreat Star</b>		<b>Gulika</b>	<b>12:15PM – 2:01PM</b>	<b>Pushya Until 3:18PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 5:11AM</i>	Durmukha 5118			
Kataka Rasi: 11.27    Tihti 30 – 1		Yama	8:43AM – 10:29AM	Siddhi Until 2:58PM	<b>Muruga: Clear</b>	<i>Sunset: 7:19PM</i>	Moon 7 - Phase 15			
442131362		<b>Rahu</b>	<b>3:47PM – 5:33PM</b>	Kintughna Until 3:25AM Wed	<b>Nataraja: Clear</b>	Amavasya				
Creative Work    Siddha Yoga		<b>Amavasya* Until 3:43PM</b>				Moon – Blue	<b>Devaloka Day</b>			
				<b>Ashada*Adi</b>						

<b>Retreat Star</b>		<b>Wednesday, August 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Vriyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau		Frederick, MD Sun 14 Sutra 108	
Kataka Rasi: 24.46    Tihti 1 – 2		<b>Gulika</b>	<b>10:29AM – 12:15PM</b>	<b>Ashlesha* Until 3:24PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 5:12AM</i>	Durmukha 5118		
442131362		Yama	6:57AM – 8:43AM	Vyatipata* Until 1:33PM	<b>Muruga: Clear</b>	<i>Sunset: 7:18PM</i>	Moon 7 - Phase 15		
Creative Work    Siddha Yoga		<b>Rahu</b>	<b>12:15PM – 2:01PM</b>	Balava Until 3:15AM Thu	<b>Nataraja: Clear</b>	Prathama			
				<b>Prathama* Until 3:14PM</b>	Moon – Blue	<b>Devaloka Day</b>			
				<b>Sravana*Adi</b>					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1 Thursday, August 4, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Frederick, MD
Simha Rasi: 7.47	Tithi 2 - 3	Gulika 8:44AM - 10:29AM	Magha* Until 4:25PM	Ganesh: Purple	Sunrise: 5:12AM	Sun 15 Sutra 109
		Yama 5:12AM - 6:58AM	Variyan Until 12:37PM	Muruga: Clear	Sunset: 7:17PM	Durmukha 5118
Creative Work	Amrita Yoga	452131362 Rahu 2:00PM - 3:46PM	Taitila Until 3:45AM Fri	Nataraja: Clear		Moon 7 - Phase 16
Until 4:25PM			Dvitiya Until 3:24PM	Moon - Red		3rd Phase
Then Creative Work - Siddha Yoga				Sravana-Adi		Devaloka Day

2 Friday, August 5, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Frederick, MD
Simha Rasi: 20.28	Tithi 3 - 4	Gulika 6:59AM - 8:44AM	Purvaphalguni Until 5:55PM	Ganesh: Purple	Sunrise: 5:13AM	Sun 16 Sutra 110
		Yama 3:45PM - 5:31PM	Parigha* Until 12:13PM	Muruga: Clear	Sunset: 7:16PM	Durmukha 5118
Creative Work	Siddha Yoga	452131362 Rahu 10:29AM - 12:15PM	Vanija Until 4:53AM Sat	Nataraja: Clear		Moon 7 - Phase 16
			Tritiya Until 4:13PM	Moon - Red		3rd Phase
				Sravana-Adi		Devaloka Day

3 Saturday, August 6, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Frederick, MD
Kanya Rasi: 2.52	Tithi 4 - 5	Gulika 5:14AM - 6:59AM	Uttaraphalguni Until 7:51PM	Ganesh: Purple	Sunrise: 5:14AM	Sun 17 Sutra 111
		Yama 2:00PM - 3:45PM	Shiva Until 12:19PM	Muruga: Purple	Sunset: 7:15PM	Durmukha 5118
Routine Work	Marana Yoga	452141362 Rahu 8:44AM - 10:29AM	Bava Until 6:35AM Sun	Nataraja: Clear		Moon 7 - Phase 16
			Chaturthi* Until 5:39PM	Moon - Red		3rd Phase
				Sravana-Adi		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

4 Sunday, August 7, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD
Kanya Rasi: 15.01	Tithi 5	Gulika 3:44PM - 5:29PM	Hasta Until 10:35PM	Ganesh: Clear	Sunrise: 5:15AM	Sun 18 Sutra 112
		Yama 12:14PM - 1:59PM	Siddha Until 12:47PM	Muruga: Purple	Sunset: 7:13PM	Durmukha 5118
Creative Work	Amrita Yoga	462141362 Rahu 5:29PM - 7:13PM	Bava Until 6:35AM	Nataraja: Clear		Moon 7 - Phase 16
Until 10:35PM			Panchami Until 7:34PM	Moon - Green		3rd Phase
Then Creative Work - Siddha Yoga				Sravana-Adi		Devaloka Day

5 Monday, August 8, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthiyam Titau				Frederick, MD
Kanya Rasi: 27.01	Tithi 6	Gulika 1:59PM - 3:43PM	Chitra Until 1:26AM Tue	Ganesh: Clear	Sunrise: 5:16AM	Sun 19 Sutra 113
Family Home Evening		Yama 10:30AM - 12:14PM	Sadhya Until 1:34PM	Muruga: Purple	Sunset: 7:12PM	Durmukha 5118
Routine Work	Prabalarishta Yoga	462141362 Rahu 7:01AM - 8:45AM	Kaulava Until 8:42AM	Nataraja: Clear		Moon 7 - Phase 16
Until 1:26AM Tue			Shashthi* Until 9:50PM	Moon - Green		3rd Phase
Then Creative Work - Siddha Yoga				Sravana-Adi		Devaloka Day

6 Tuesday, August 9, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD
Tula Rasi: 8.55	Tithi 7	Gulika 12:14PM - 1:58PM	Svati Until 4:13AM Wed	Ganesh: Clear	Sunrise: 5:17AM	Sun 20 Sutra 114
		Yama 8:46AM - 10:30AM	Subha Until 2:30PM	Muruga: Purple	Sunset: 7:11PM	Durmukha 5118
Creative Work	Siddha Yoga	462141362 Rahu 3:43PM - 5:27PM	Gara Until 11:03AM	Nataraja: Clear		Moon 7 - Phase 16
			Saptami Until 12:13AM Wed	Moon - Green		3rd Phase
				Sravana-Adi		Devaloka Day
						Tour Day

Wednesday, August 10, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD
Retreat Star		Gulika 10:30AM - 12:14PM	Vishakha Until 7:13AM Thu	Ganesh: White	Sunrise: 5:18AM	Sun 21 Sutra 115
Tula Rasi: 20.47	Tithi 8	Yama 7:02AM - 8:46AM	Sukla Until 3:23PM	Muruga: Purple	Sunset: 7:10PM	Durmukha 5118
		472141362 Rahu 12:14PM - 1:58PM	Visti Until 1:25PM	Nataraja: Clear		Moon 7 - Phase 16
Creative Work	Siddha Yoga		Ashtami* Until 2:31AM Thu	Moon - Orange		Ashtami
				Sravana-Adi		Bhuloka Day
						Devaloka Time: 6:PM to 9:PM

Thursday, August 11, 2016		Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD
Retreat Star		Gulika 8:46AM - 10:30AM	Vishakha Until 7:13AM	Ganesh: Clear	Sunrise: 5:19AM	Sun 22 Sutra 116
Vrischika Rasi: 2.43	Tithi 9	Yama 5:19AM - 7:03AM	Brahma Until 4:08PM	Muruga: Purple	Sunset: 7:09PM	Durmukha 5118
		473141362 Rahu 1:57PM - 3:41PM	Balava Until 3:35PM	Nataraja: Clear		Moon 7 - Phase 16
Creative Work	Siddha Yoga		Navami* Until 4:31AM Fri	Moon - Orange		Navami
				Sravana-Adi		Devaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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<b>1</b>	<b>Friday, August 12, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dashamyam Titau	Frederick, MD Sun 23 Sutra 117 Durmukha 5118
	Vrischika Rasi: 14.46    Tihti 10 473141362	<b>Gulika</b> 7:03AM – 8:47AM <b>Yama</b> 3:40PM – 5:24PM <b>Rahu</b> 10:30AM – 12:14PM <b>Varalakshmi Vratam</b>	<b>Anuradha* Until 9:44AM</b> Indra Until 4:37PM Tailila Until 5:22PM <b>Dashami Until 6:04AM Sat</b>

<b>2</b>	<b>Saturday, August 13, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 24 Sutra 118 Durmukha 5118
	Vrischika Rasi: 27.01    Tihti 10 – 11 473141362	<b>Gulika</b> 5:21AM – 7:04AM <b>Yama</b> 1:57PM – 3:40PM <b>Rahu</b> 8:47AM – 10:30AM	<b>Jyeshtha* Until 11:37AM</b> Vaidhriti* Until 4:39PM Vanija Until 6:38PM <b>Dashami Until 6:04AM</b>

<b>3</b>	<b>Sunday, August 14, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 25 Sutra 119 Durmukha 5118
	Dhanus Rasi: 9.3    Tihti 11 – 12 483141362	<b>Gulika</b> 3:39PM – 5:22PM <b>Yama</b> 12:13PM – 1:56PM <b>Rahu</b> 5:22PM – 7:05PM	<b>Mula* Until 1:14PM</b> Vishkambha* Until 4:13PM Bava Until 7:17PM <b>Ekadashi Until 7:02AM</b>

<b>4</b>	<b>Monday, August 15, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 26 Sutra 120 Durmukha 5118
	Dhanus Rasi: 22.17    Tihti 12 – 13 <b>Family Home Evening</b> 483141362	<b>Gulika</b> 1:56PM – 3:38PM <b>Yama</b> 10:30AM – 12:13PM <b>Rahu</b> 7:05AM – 8:48AM	<b>Purvashadha* Until 2:04PM</b> Priti Until 3:18PM Kaulava Until 7:16PM <b>Dvadashi Until 7:21AM</b> <i>Pradosha Vrata</i>

<b>5</b>	<b>Tuesday, August 16, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 27 Sutra 121 Durmukha 5118
	Makara Rasi: 5.24    Tihti 13 – 14 483141362	<b>Gulika</b> 12:13PM – 1:55PM <b>Yama</b> 8:48AM – 10:30AM <b>Rahu</b> 3:37PM – 5:20PM	<b>Uttarashadha* Until 2:06PM</b> Ayushman Until 1:49PM Gara Until 6:37PM <b>Trayodashi Until 7:00AM</b>

<b>○</b>	<b>Wednesday, August 17, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau	Frederick, MD Sutra 122 Durmukha 5118
	Makara Rasi: 18.52    Tihti 14 – 15 593141362	<b>Gulika</b> 10:31AM – 12:13PM <b>Yama</b> 7:06AM – 8:48AM <b>Rahu</b> 12:13PM – 1:55PM	<b>Shravana Until 1:50PM</b> Saubhagya Until 11:52AM Bava Until 4:31AM Thu <b>Chaturdashi* Until 6:02AM</b>

<b>○</b>	<b>Thursday, August 18, 2016</b>	Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau	Frederick, MD Sutra 123 Durmukha 5118
	Kumbha Rasi: 2.38    Tihti 16 593141362	<b>Gulika</b> 8:49AM – 10:31AM <b>Yama</b> 5:25AM – 7:07AM <b>Rahu</b> 1:54PM – 3:36PM	<b>Dhanishtha Until 12:54PM</b> Sobhana Until 9:30AM Balava Until 3:37PM <b>Prathama* Until 2:34AM Fri</b>

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Friday, August 19, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaprossthapada\* Nakshatra Athiganda/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sutra 124

Durmukha 5118

Kumbha Rasi: 16.41    Tiithi 17

593141362

Gulika 7:08AM – 8:49AM  
Yama 3:35PM – 5:16PM  
Rahu 10:31AM – 12:12PMShatabhishak Until 11:26AM  
Athiganda\* Until 6:46AM  
Taitila Until 1:29PM  
Dvitiya Until 12:17AM SatGanesha: White  
Muruga: Purple  
Nataraja: Clear  
Moon – Purple  
Sravana-AvaniSunrise: 5:26AM  
Sunset: 6:58PMMoon 8 - Phase 18  
1st Phase

Sivaloka Day

Creative Work    Siddha Yoga

1

Saturday, August 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manla Vasara Yuktayam  
Purvaprossthapada/Uttaraprossthapada Nakshatra Dhriti Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD

Sun 1    Sutra 125

Durmukha 5118

Meena Rasi: 0.56    Tiithi 18

513141362

Gulika 5:27AM – 7:08AM  
Yama 1:53PM – 3:34PM  
Rahu 8:50AM – 10:31AMPurvaprossthapada\* Until 9:59AM  
Dhriti Until 12:42AM Sun  
Vanija Until 11:05AM  
Tritiya Until 9:48PMGanesha: White  
Muruga: Purple  
Nataraja: Clear  
Moon – Clear  
Sravana-AvaniSunrise: 5:27AM  
Sunset: 6:56PMMoon 8 - Phase 18  
1st Phase

Sivaloka Day

Routine Work    Marana Yoga

Until 9:59AM

Then Creative Work - Siddha Yoga

2

Sunday, August 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraprossthapada/Revati Nakshatra Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2    Sutra 126

Durmukha 5118

Meena Rasi: 15.19    Tiithi 19

513141362

Gulika 3:33PM – 5:14PM  
Yama 12:12PM – 1:52PM  
Rahu 5:14PM – 6:55PMUttaraprossthapada Until 8:13AM  
Shula\* Until 9:29PM  
Bava Until 8:32AM  
Chaturthi\* Until 7:13PMGanesha: White  
Muruga: Purple  
Nataraja: Clear  
Moon – Clear  
Sravana-AvaniSunrise: 5:28AM  
Sunset: 6:55PMMoon 8 - Phase 18  
1st Phase

Sivaloka Day

Creative Work    Amrita Yoga

3

Monday, August 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 3    Sutra 127

Durmukha 5118

Meena Rasi: 29.44    Tiithi 20 – 21

513141362

Gulika 1:52PM – 3:32PM  
Yama 10:31AM – 12:11PM  
Rahu 7:10AM – 8:50AMRevati Until 6:16AM  
Ganda\* Until 6:18PM  
Gara Until 3:23AM Tue  
Panchami Until 4:37PMGanesha: White  
Muruga: Purple  
Nataraja: Clear  
Moon – Clear  
Sravana-AvaniSunrise: 5:29AM  
Sunset: 6:54PMMoon 8 - Phase 18  
1st Phase

Sivaloka Day

Creative Work    Siddha Yoga

Family Home Evening

4

Tuesday, August 23, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4    Sutra 128

Durmukha 5118

Mesha Rasi: 14.08    Tiithi 21 – 22

523141362

Gulika 12:11PM – 1:51PM  
Yama 8:51AM – 10:31AM  
Rahu 3:32PM – 5:12PMBharati Until 3:01AM Wed  
Vriddhi Until 3:12PM  
Visti Until 12:57AM Wed  
Shashthi\* Until 2:07PMGanesha: Clear  
Muruga: Purple  
Nataraja: Clear  
Moon – White  
Sravana-AvaniSunrise: 5:30AM  
Sunset: 6:52PMMoon 8 - Phase 18  
1st Phase

Devaloka Day

Creative Work    Siddha Yoga

Until 3:01AM Wed

Then Creative Work - Amrita Yoga

D

Wednesday, August 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5    Sutra 129

Durmukha 5118

Mesha Rasi: 28.26    Tiithi 22 – 23

523141362

Gulika 10:31AM – 12:11PM  
Yama 7:11AM – 8:51AM  
Rahu 12:11PM – 1:51PMKrittika Until 1:26AM Thu  
Dhruva Until 12:13PM  
Balava Until 10:42PM  
Saptami Until 11:47AMGanesha: Clear  
Muruga: Purple  
Nataraja: Clear  
Moon – White  
Sravana-AvaniSunrise: 5:31AM  
Sunset: 6:51PMMoon 8 - Phase 18  
Ashtami

Devaloka Day

Creative Work    Amrita Yoga

Until 1:26AM Thu

Then Routine Work - Marana Yoga

Thursday, August 25, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6    Sutra 130

Durmukha 5118

Vrishabha Rasi: 12.35    Tiithi 23 – 24

534241362

Gulika 8:51AM – 10:31AM  
Yama 5:32AM – 7:11AM  
Rahu 1:50PM – 3:30PMRohini Until 12:22AM Fri  
Vyaghata\* Until 9:25AM  
Taitila Until 8:42PM  
Ashtami\* Until 9:39AMGanesha: Purple  
Muruga: Purple  
Nataraja: Clear  
Moon – Yellow  
Sravana-AvaniSunrise: 5:32AM  
Sunset: 6:49PMMoon 8 - Phase 18  
Navami

Sivaloka Day

Routine Work    Marana Yoga

Until 12:22AM Fri

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Friday, August 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Frederick, MD Sun 7 Sutra 131	
Wrishabha Rasi: 26.35	Tithi 24 – 25	<b>Gulika</b> 7:12AM – 8:51AM	<b>Mrigashira</b> Until 11:26PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:33AM	Durmukha 5118	
		Yama 3:29PM – 5:08PM	Harshana Until 6:49AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	534241363 <b>Rahu</b> 10:31AM – 12:10PM	Vanija Until 6:57PM	<b>Nataraja:</b> Clear		2nd Phase	
			<b>Navami*</b> Until 7:46AM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>2</b>		<b>Saturday, August 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Siddhi Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 8 Sutra 132	
Mithuna Rasi: 10.25	Tithi 25 – 26	<b>Gulika</b> 5:34AM – 7:13AM	<b>Ardra</b> Until 10:40PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:34AM	Durmukha 5118	
		Yama 1:49PM – 3:28PM	Siddhi Until 2:20AM Sun	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:46PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	534241363 <b>Rahu</b> 8:52AM – 10:31AM	Balava Until 4:55AM Sun	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dashami</b> Until 6:11AM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Sravana-Avani</b>			

<b>3</b>		<b>Sunday, August 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Frederick, MD Sun 9 Sutra 133	
Mithuna Rasi: 24.03	Tithi 27	<b>Gulika</b> 3:27PM – 5:06PM	<b>Punarvasu</b> Until 10:33PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:35AM	Durmukha 5118	
		Yama 12:10PM – 1:48PM	Vyatipata* Until 12:32AM Mon	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:45PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 5:06PM – 6:45PM	Kaulava Until 4:27PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Dvadashi*</b> Until 4:02AM Mon	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Monday, August 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau		Frederick, MD Sun 10 Sutra 134	
Kataka Rasi: 7.28	Tithi 28	<b>Gulika</b> 1:48PM – 3:26PM	<b>Pushya</b> Until 10:41PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:35AM	Durmukha 5118	
<b>Family Home Evening</b>		Yama 10:31AM – 12:09PM	Variyan Until 11:02PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:43PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 7:14AM – 8:52AM	Gara Until 3:45PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Trayodashi*</b> Until 3:33AM Tue	Moon – Blue		<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>5</b>		<b>Tuesday, August 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Frederick, MD Sun 11 Sutra 135	
Kataka Rasi: 20.39	Tithi 29	<b>Gulika</b> 12:09PM – 1:47PM	<b>Ashlesha*</b> Until 11:06PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 5:36AM	Durmukha 5118	
		Yama 8:53AM – 10:31AM	Parigha* Until 9:54PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:42PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	544241363 <b>Rahu</b> 3:25PM – 5:04PM	Visti Until 3:30PM	<b>Nataraja:</b> Purple		2nd Phase	
			<b>Chaturdashi*</b> Until 3:32AM Wed	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>●</b>		<b>Wednesday, August 31, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Frederick, MD Sun 12 Sutra 136	
<b>Retreat Star</b>		<b>Gulika</b> 10:31AM – 12:09PM	<b>Magha*</b> Until 12:19AM Thu	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:37AM	Durmukha 5118	
Simha Rasi: 4	Tithi 30	Yama 7:15AM – 8:53AM	Shiva Until 9:11PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:40PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	554241363 <b>Rahu</b> 12:09PM – 1:47PM	Catuspada Until 3:44PM	<b>Nataraja:</b> Purple		Amavasya	
			<b>Amavasya*</b> Until 4:02AM Thu	Moon – Red		<b>Bhuloka Day</b>	
				<b>Sravana-Avani</b>		Devaloka Time: 9:AM to12:PM	

<b>●</b>		<b>Thursday, September 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau		Frederick, MD Sun 13 Sutra 137	
<b>Retreat Star</b>		<b>Gulika</b> 8:53AM – 10:31AM	<b>Purvaphalguni</b> Until 1:54AM Fri	<b>Ganesh:</b> Orange	<i>Sunrise:</i> 5:38AM	Durmukha 5118	
Simha Rasi: 16.18	Tithi 1	Yama 5:38AM – 7:16AM	Siddha Until 8:49PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 6:39PM	Moon 8 - Phase 19	
Creative Work	Siddha Yoga	554241363 <b>Rahu</b> 1:46PM – 3:23PM	Kintughna Until 4:29PM	<b>Nataraja:</b> Purple		Prathama	
			<b>Prathama*</b> Until 5:02AM Fri	Moon – Red		<b>Bhuloka Day</b>	
		<b>Annular Solar Eclipse</b>		<b>Bhadrapada-Avani</b>		Devaloka Time: 9:AM to12:PM	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>		<b>Friday, September 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau	Frederick, MD Sun 14 Sutra 138 Durmukha 5118
Simha Rasi: 28.46	Tithi 2	<b>Gulika</b> 7:16AM – 8:54AM	<b>Uttaraphalguni</b> Until 3:47AM Sat	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:39AM			
		Yama 3:23PM – 5:00PM	Sadhya Until 8:53PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:37PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 10:31AM – 12:08PM	Balava Until 5:45PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 6:33AM Sat	Moon – Red	<b>Bhuloka Day</b>		
Until 3:47AM Sat				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Saturday, September 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Frederick, MD Sun 15 Sutra 139 Durmukha 5118
Kanya Rasi: 11.02	Tithi 2 – 3	<b>Gulika</b> 5:40AM – 7:17AM	<b>Hasta</b> Until 6:25AM Sun	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:40AM			
		Yama 1:45PM – 3:22PM	Subha Until 9:18PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:35PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 8:54AM – 10:31AM	Taitila Until 7:29PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 6:33AM	Moon – Green	<b>Bhuloka Day</b>		
Until 6:25AM Sun				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Sunday, September 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Frederick, MD Sun 16 Sutra 140 Durmukha 5118
Kanya Rasi: 23.07	Tithi 3 – 4	<b>Gulika</b> 3:21PM – 4:57PM	<b>Hasta</b> Until 6:25AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:41AM			
		Yama 12:07PM – 1:44PM	Sukla Until 9:59PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:34PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 4:57PM – 6:34PM	Vanija Until 9:36PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Tritiya</b> Until 8:29AM	Moon – Green	<b>Bhuloka Day</b>		
Until 6:25AM		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, September 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Frederick, MD Sun 17 Sutra 141 Durmukha 5118
Tula Rasi: 5.04	Tithi 4 – 5	<b>Gulika</b> 1:43PM – 3:20PM	<b>Chitra</b> Until 9:12AM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:42AM			
<b>Family Home Evening</b>		Yama 10:31AM – 12:07PM	Brahma Until 10:51PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:32PM		Moon 8 - Phase 20	
		564241363 <b>Rahu</b> 7:18AM – 8:54AM	Bava Until 11:58PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Chaturthi*</b> Until 10:44AM	Moon – Green	<b>Bhuloka Day</b>		
Until 9:12AM				<b>Bhadrapada-Avani</b>	Devaloka Time: 9:AM to 12:PM		
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Tuesday, September 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Frederick, MD Sun 18 Sutra 142 Durmukha 5118
Tula Rasi: 16.56	Tithi 5 – 6	<b>Gulika</b> 12:07PM – 1:43PM	<b>Svati</b> Until 11:59AM	<b>Ganesh:</b> White <i>Sunrise:</i> 5:43AM			
		Yama 8:55AM – 10:31AM	Indra Until 11:48PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:31PM		Moon 8 - Phase 20	
		565241363 <b>Rahu</b> 3:19PM – 4:55PM	Kaulava Until 2:24AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 1:10PM	Moon – Green	<b>Bhuloka Day</b>		
Until 11:59AM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Wednesday, September 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Frederick, MD Sun 19 Sutra 143 Durmukha 5118
Tula Rasi: 28.49	Tithi 6 – 7	<b>Gulika</b> 10:31AM – 12:06PM	<b>Vishakha</b> Until 3:07PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:44AM			
		Yama 7:19AM – 8:55AM	Vaidhriti* Until 12:40AM Thu	<b>Muruga:</b> Purple <i>Sunset:</i> 6:29PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 12:06PM – 1:42PM	Gara Until 4:45AM Thu	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 3:35PM	Moon – Orange	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		

<b>Retreat Star</b>		<b>Thursday, September 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Frederick, MD Sun 20 Sutra 144 Durmukha 5118
Vrischika Rasi: 10.43	Tithi 7 – 8	<b>Gulika</b> 8:55AM – 10:31AM	<b>Anuradha</b> Until 5:53PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:45AM			
		Yama 5:45AM – 7:20AM	Vishkamba* Until 1:20AM Fri	<b>Muruga:</b> Purple <i>Sunset:</i> 6:28PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 1:41PM – 3:17PM	Visti Until 6:48AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 5:48PM	Moon – Orange	<b>Bhuloka Day</b>		
Until 5:53PM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Routine Work - Prabalarishta Yoga							

<b>Retreat Star</b>		<b>Friday, September 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau	Frederick, MD Sun 21 Sutra 145 Durmukha 5118
Vrischika Rasi: 22.44	Tithi 8	<b>Gulika</b> 7:20AM – 8:56AM	<b>Jyeshtha*</b> Until 8:08PM	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:45AM			
		Yama 3:16PM – 4:51PM	Priti Until 1:42AM Sat	<b>Muruga:</b> Purple <i>Sunset:</i> 6:26PM		Moon 8 - Phase 20	
		575241363 <b>Rahu</b> 10:31AM – 12:06PM	Visti Until 6:48AM	<b>Nataraja:</b> Purple		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 7:39PM	Moon – Orange	<b>Bhuloka Day</b>		
Until 8:08PM				<b>Bhadrapada-Avani</b>	Devaloka Time: 6:AM to 9:AM		
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Saturday, September 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau	Frederick, MD Sun 22 Sutra 146 Durmukha 5118
Dhanus Rasi: 4.57	Tithi 9	<b>Gulika</b> 5:46AM – 7:21AM	<b>Mula*</b> Until 10:11PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:46AM			
		Yama 1:40PM – 3:15PM	Ayushman Until 1:36AM Sun	<b>Muruga:</b> Purple <i>Sunset:</i> 6:24PM		Moon 8 - Phase 20	
		585241363 <b>Rahu</b> 8:56AM – 10:31AM	Balava Until 8:24AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 8:57PM	Moon – Light Blue	<b>Bhuloka Day</b>		
				<b>Bhadrapada-Avani</b>			

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

<b>1 Sunday, September 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Frederick, MD Sun 23 Sutra 147 Durmukha 5118
Dhanus Rasi: 17.25	Tithi 10	<b>Gulika</b> 3:14PM – 4:48PM	<b>Purvashadha* Until 11:24PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:47AM		
		Yama 12:05PM – 1:39PM	Saubhagya Until 12:58AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 6:23PM		Moon 8 - Phase 21
		585241363 <b>Rahu</b> 4:48PM – 6:23PM	Taitila Until 9:23AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:35PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:24PM		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

<b>2 Monday, September 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Frederick, MD Sun 24 Sutra 148 Durmukha 5118
Makara Rasi: 0.12	Tithi 11	<b>Gulika</b> 1:39PM – 3:13PM	<b>Uttarashadha Until 11:45PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:48AM		
<b>Family Home Evening</b>		Yama 10:31AM – 12:05PM	Sobhana Until 11:45PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:21PM		Moon 8 - Phase 21
		585241363 <b>Rahu</b> 7:22AM – 8:56AM	Vanija Until 9:39AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 9:29PM</b>	Moon – Light Blue		<b>Bhuloka Day</b>
Until 11:45PM				<b>Bhadrapada-Avani</b>		
Then Creative Work - Amrita Yoga						

<b>3 Tuesday, September 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Frederick, MD Sun 25 Sutra 149 Durmukha 5118
Makara Rasi: 13.22	Tithi 12	<b>Gulika</b> 12:04PM – 1:38PM	<b>Shravana Until 11:39PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:49AM		
		Yama 8:57AM – 10:30AM	Athiganda* Until 9:55PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:19PM		Moon 8 - Phase 21
		595241363 <b>Rahu</b> 3:12PM – 4:46PM	Bava Until 9:09AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi Until 8:36PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>4 Wednesday, September 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Frederick, MD Sun 26 Sutra 150 Durmukha 5118
Makara Rasi: 26.58	Tithi 13	<b>Gulika</b> 10:30AM – 12:04PM	<b>Dhanishtha Until 10:42PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:50AM		
		Yama 7:23AM – 8:57AM	Sukarma Until 7:31PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:18PM		Moon 8 - Phase 21
		595241363 <b>Rahu</b> 12:04PM – 1:37PM	Kaulava Until 7:55AM	<b>Nataraja:</b> Purple		4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 7:01PM</b>	Moon – Purple		<b>Bhuloka Day</b>
Until 10:42PM		<b>Chidambaram Abhishekam</b>		<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			

<b>5 Thursday, September 15, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sun 27 Sutra 151 Durmukha 5118
Kumbha Rasi: 10.57	Tithi 14 – 15	<b>Gulika</b> 8:57AM – 10:30AM	<b>Shatabhishak Until 9:02PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:51AM		
		Yama 5:51AM – 7:24AM	Dhriti Until 4:38PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:16PM		Moon 8 - Phase 21
		595241363 <b>Rahu</b> 1:37PM – 3:10PM	Gara Until 6:00AM	<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 4:49PM</b>	Moon – Purple		<b>Bhuloka Day</b>
				<b>Bhadrapada-Avani</b>		Devaloka Time: 6:AM to 9:AM

<b>Friday, September 16, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprosnthapada* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sun 28 Sutra 152 Durmukha 5118
<b>Copper Retreat Star</b>		<b>Gulika</b> 7:25AM – 8:57AM	<b>Purvaprosnthapada* Until 7:11PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:52AM		
Kumbha Rasi: 25.19	Tithi 15 – 16	Yama 3:09PM – 4:42PM	Shula* Until 1:20PM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:15PM		Moon 8 - Phase 21
		516241363 <b>Rahu</b> 10:30AM – 12:03PM	Balava Until 12:41AM Sat	<b>Nataraja:</b> Purple		Purnima
Creative Work	Siddha Yoga		<b>Purnima* Until 2:08PM</b>	Moon – Clear		<b>Devaloka Day</b>
		<b>Penumbra Lunar Eclipse</b>		<b>Bhadrapada-Puratasi</b>		

<b>Saturday, September 17, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprosnthapada/Revali Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvilayam Titau				Frederick, MD Sun 29 Sutra 153 Durmukha 5118
<b>Silver Retreat Star</b>		<b>Gulika</b> 5:53AM – 7:25AM	<b>Uttaraprosnthapada Until 4:53PM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:53AM		
Meena Rasi: 9.57	Tithi 16 – 17	Yama 1:35PM – 3:08PM	Ganda* Until 9:45AM	<b>Muruga:</b> Purple <i>Sunset:</i> 6:13PM		Moon 8 - Phase 21
		516241363 <b>Rahu</b> 8:58AM – 10:30AM	Taitila Until 9:33PM	<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama* Until 11:07AM</b>	Moon – Clear		<b>Devaloka Day</b>
Until 4:53PM				<b>Bhadrapada-Puratasi</b>		
Then Routine Work - Prabalarishta Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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Sunday, September 18, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 154

Durmukha 5118

Meena Rasi: 24.46 Tihi 17 - 18

516241363

**Gulika** 3:07PM - 4:39PM  
**Yama** 12:02PM - 1:35PM  
**Rahu** 4:39PM - 6:11PM

**Revati Until 2:17PM**  
**Vriddhi Until 6:01AM**  
**Vanija Until 6:17PM**  
**Dvitiya Until 7:54AM**

**Ganesha:** Purple *Sunrise: 5:54AM*  
**Muruga:** Purple *Sunset: 6:11PM*  
**Nataraja:** Purple  
Moon - Clear  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Devaloka Day**

Creative Work Amrita Yoga  
Until 2:17PM

Then Creative Work - Siddha Yoga

1

Monday, September 19, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata\* Yoga Bava/Balava Karana Chaturthiyam Titau

Frederick, MD

Sun 2 Sutra 155

Durmukha 5118

Mesha Rasi: 9.38 Tihi 19

526341363

**Gulika** 1:34PM - 3:06PM  
**Yama** 10:30AM - 12:02PM  
**Rahu** 7:26AM - 8:58AM

**Ashvini Until 11:58AM**  
**Vyaghata\* Until 10:29PM**  
**Bava Until 3:04PM**  
**Chaturthi\* Until 1:29AM Tue**

**Ganesha:** Purple *Sunrise: 5:55AM*  
**Muruga:** Purple *Sunset: 6:10PM*  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

2

Tuesday, September 20, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Frederick, MD

Sun 3 Sutra 156

Durmukha 5118

Mesha Rasi: 24.25 Tihi 20

526341363

**Gulika** 12:02PM - 1:33PM  
**Yama** 8:59AM - 10:30AM  
**Rahu** 3:05PM - 4:37PM

**Bharani Until 9:40AM**  
**Harshana Until 6:56PM**  
**Kaulava Until 12:00PM**  
**Panchami Until 10:33PM**

**Ganesha:** Purple *Sunrise: 5:55AM*  
**Muruga:** Purple *Sunset: 6:08PM*  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Siddha Yoga

3

Wednesday, September 21, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 4 Sutra 157

Durmukha 5118

Vrishabha Rasi: 9 Tihi 21

526341363

**Gulika** 10:30AM - 12:01PM  
**Yama** 7:28AM - 8:59AM  
**Rahu** 12:01PM - 1:33PM

**Krittika Until 7:30AM**  
**Vajra\* Until 3:38PM**  
**Gara Until 9:14AM**  
**Shashthi\* Until 7:58PM**

**Ganesha:** Purple *Sunrise: 5:56AM*  
**Muruga:** Purple *Sunset: 6:06PM*  
**Nataraja:** Purple  
Moon - White  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Creative Work Amrita Yoga

Until 7:30AM

Then Creative Work - Siddha Yoga

4

Thursday, September 22, 2016

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi/Vyatipata\* Yoga Visli\*/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 158

Durmukha 5118

Vrishabha Rasi: 23.19 Tihi 22 - 23

536341363

**Gulika** 8:59AM - 10:30AM  
**Yama** 5:57AM - 7:28AM  
**Rahu** 1:32PM - 3:03PM

**Rohini Until 6:00AM**  
**Siddhi Until 12:42PM**  
**Visti Until 6:51AM**  
**Saptami Until 5:49PM**

**Ganesha:** Clear *Sunrise: 5:57AM*  
**Muruga:** Purple *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
1st Phase

**Bhuloka Day**

Routine Work Marana Yoga

Devaloka Time: 6:AM to 9:AM

5

Friday, September 23, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Vyatipata\*/Varyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 159

Durmukha 5118

Mithuna Rasi: 7.2 Tihi 23 - 24

537341363

**Gulika** 7:29AM - 8:59AM  
**Yama** 3:02PM - 4:33PM  
**Rahu** 10:30AM - 12:01PM

**Ardra Until 4:02AM Sat**  
**Vyatipata\* Until 10:10AM**  
**Taitila Until 3:35AM Sat**  
**Ashtami\* Until 4:11PM**

**Ganesha:** White *Sunrise: 5:58AM*  
**Muruga:** Purple *Sunset: 6:03PM*  
**Nataraja:** Purple  
Moon - Yellow  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
Ashtami

**Devaloka Day**

Creative Work Siddha Yoga

Saturday, September 24, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Varyan/Parigha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 7 Sutra 160

Durmukha 5118

Mithuna Rasi: 21.01 Tihi 24 - 25

547341363

**Gulika** 5:59AM - 7:29AM  
**Yama** 1:31PM - 3:01PM  
**Rahu** 9:00AM - 10:30AM

**Punarvasu Until 4:05AM Sun**  
**Varyan Until 8:02AM**  
**Vanija Until 2:46AM Sun**  
**Navami\* Until 3:05PM**

**Ganesha:** Yellow *Sunrise: 5:59AM*  
**Muruga:** Purple *Sunset: 6:02PM*  
**Nataraja:** Purple  
Moon - Blue  
**Bhadrapada-Puratasi**

Moon 9 - Phase 22  
Navami

**Bhuloka Day**

Creative Work Siddha Yoga

Devaloka Time: 9:AM to 12:PM

<b>1 Sunday, September 25, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam				Frederick, MD
Kataka Rasi: 4.23    Tihi 25 – 26		Pushya Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 8    Sutra 161
Creative Work    Siddha Yoga		<b>Gulika</b> 3:00PM – 4:30PM	<b>Pushya Until 4:31AM Mon</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:00AM	Durmukha 5118	
	547341363	<b>Yama</b> 12:00PM – 1:30PM	<b>Parigha* Until 6:22AM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 6:00PM	Moon 9 - Phase 23	
		<b>Rahu</b> 4:30PM – 6:00PM	<b>Bava Until 2:30AM Mon</b>	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Dashami Until 2:33PM</b>	<b>Moon – Blue</b>	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>2 Monday, September 26, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam				Frederick, MD
Kataka Rasi: 17.28    Tihi 26 – 27		Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 9    Sutra 162
Family Home Evening Creative Work    Siddha Yoga		<b>Gulika</b> 1:29PM – 2:59PM	<b>Ashlesha* Until 5:18AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:01AM	Durmukha 5118	
	547341363	<b>Yama</b> 10:30AM – 12:00PM	<b>Siddha Until 4:17AM Tue</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:58PM	Moon 9 - Phase 23	
		<b>Rahu</b> 7:31AM – 9:00AM	<b>Kaulava Until 2:45AM Tue</b>	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Ekadashi* Until 2:33PM</b>	<b>Moon – Blue</b>	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>3 Tuesday, September 27, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam				Frederick, MD
Simha Rasi: 0.16    Tihi 27 – 28		Magha* Nakshatra Sadhya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 10    Sutra 163
Creative Work    Siddha Yoga Until 6:52AM Wed Then Creative Work - Amrita Yoga		<b>Gulika</b> 11:59AM – 1:29PM	<b>Magha* Until 6:52AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:02AM	Durmukha 5118	
	657341363	<b>Yama</b> 9:01AM – 10:30AM	<b>Sadhya Until 3:50AM Wed</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:57PM	Moon 9 - Phase 23	
		<b>Rahu</b> 2:58PM – 4:27PM	<b>Gara Until 3:31AM Wed</b>	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Dvadashi* Until 3:03PM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>4 Wednesday, September 28, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam				Frederick, MD
Simha Rasi: 12.52    Tihi 28 – 29		Magha*/Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 11    Sutra 164
Creative Work    Siddha Yoga Until 6:52AM Then Creative Work - Amrita Yoga		<b>Gulika</b> 10:30AM – 11:59AM	<b>Magha* Until 6:52AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:03AM	Durmukha 5118	
	657341363	<b>Yama</b> 7:32AM – 9:01AM	<b>Subha Until 3:45AM Thu</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:55PM	Moon 9 - Phase 23	
		<b>Rahu</b> 11:59AM – 1:28PM	<b>Visti Until 4:43AM Thu</b>	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Trayodashi* Until 4:02PM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>5 Thursday, September 29, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam				Frederick, MD
Simha Rasi: 25.16    Tihi 29 – 30		Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 12    Sutra 165
Creative Work    Siddha Yoga		<b>Gulika</b> 9:01AM – 10:30AM	<b>Purvaphalguni Until 8:43AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:04AM	Durmukha 5118	
	657341363	<b>Yama</b> 6:04AM – 7:33AM	<b>Sukla Until 3:56AM Fri</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:54PM	Moon 9 - Phase 23	
		<b>Rahu</b> 1:27PM – 2:56PM	<b>Catuspada Until 6:19AM Fri</b>	<b>Nataraja:</b> Purple	2nd Phase	
			<b>Chaturdashi* Until 5:27PM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>	Devaloka Time: 9:AM to12:PM	

<b>Friday, September 30, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam				Frederick, MD
<b>Retreat Star</b>		Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 13    Sutra 166
Kanya Rasi: 7.29    Tihi 30 Creative Work    Siddha Yoga Until 10:47AM Then Creative Work - Amrita Yoga		<b>Gulika</b> 7:33AM – 9:02AM	<b>Uttaraphalguni Until 10:47AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM	Durmukha 5118	
	658341363	<b>Yama</b> 2:55PM – 4:24PM	<b>Brahma Until 4:23AM Sat</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:52PM	Moon 9 - Phase 23	
		<b>Rahu</b> 10:30AM – 11:58AM	<b>Catuspada Until 6:19AM</b>	<b>Nataraja:</b> Purple	Amavasya	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Amavasya* Until 7:14PM</b>	<b>Moon – Red</b>	<b>Bhuloka Day</b>	
				<b>Bhadrapada-Puratasi</b>		

<b>Saturday, October 1, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam				Frederick, MD
<b>Retreat Star</b>		Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14    Sutra 167
Kanya Rasi: 19.35    Tihi 1 Routine Work    Marana Yoga		<b>Gulika</b> 6:06AM – 7:34AM	<b>Hasta Until 1:29PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:06AM	Durmukha 5118	
	668341363	<b>Yama</b> 1:26PM – 2:54PM	<b>Indra Until 5:05AM Sun</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 5:50PM	Moon 9 - Phase 23	
		<b>Rahu</b> 9:02AM – 10:30AM	<b>Kintughna Until 8:16AM</b>	<b>Nataraja:</b> Purple	Prathama	
		<b>Navaratri Begins</b>	<b>Prathama* Until 9:20PM</b>	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
				<b>Ashvina-Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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<b>1</b> Sunday, October 2, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 15 Sutra 168 Durmukha 5118
Tula Rasi: 1.34	Tithi 2	<b>Gulika</b> 2:53PM – 4:21PM	<b>Chitra</b> Until 4:16PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:07AM		
		Yama 11:58AM – 1:25PM	Vaidhriti* Until 5:54AM Mon	<b>Muruga:</b> Purple <i>Sunset:</i> 5:49PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	668341363 <b>Rahu</b> 4:21PM – 5:49PM	Balava Until 10:29AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Dvitiya</b> Until 11:39PM	Moon – Green	<b>Bhuloka Day</b>	
				<b>Ashvina•Puratasi</b>		

<b>2</b> Monday, October 3, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 16 Sutra 169 Durmukha 5118
Tula Rasi: 13.28	Tithi 3	<b>Gulika</b> 1:25PM – 2:52PM	<b>Svati</b> Until 7:02PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:08AM		
<b>Family Home Evening</b>		Yama 10:30AM – 11:57AM	Vishkambha* Until 6:49AM Tue	<b>Muruga:</b> Purple <i>Sunset:</i> 5:47PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	668341363 <b>Rahu</b> 7:35AM – 9:03AM	Tailila Until 12:54PM	<b>Nataraja:</b> Purple		3rd Phase
Until 7:02PM			<b>Tritiya</b> Until 2:07AM Tue	Moon – Green	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Ashvina•Puratasi</b>		

<b>3</b> Tuesday, October 4, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Priti Yoga Vanija/Visti* Karana Chaturthyam Titau				Frederick, MD Sun 17 Sutra 170 Durmukha 5118
Tula Rasi: 25.19	Tithi 4	<b>Gulika</b> 11:57AM – 1:24PM	<b>Vishakha</b> Until 10:13PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:09AM		
		Yama 9:03AM – 10:30AM	Vishkambha* Until 6:49AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:46PM		Moon 9 - Phase 24
Routine Work	Marana Yoga	678341363 <b>Rahu</b> 2:51PM – 4:19PM	Vanija Until 3:24PM	<b>Nataraja:</b> Purple		3rd Phase
Until 10:13PM			<b>Chaturthi*</b> Until 4:37AM Wed	Moon – Orange	<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Puratasi</b>		

<b>4</b> Wednesday, October 5, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 18 Sutra 171 Durmukha 5118
Vrischika Rasi: 7.1	Tithi 5	<b>Gulika</b> 10:30AM – 11:57AM	<b>Anuradha</b> Until 1:09AM Thu	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:10AM		
		Yama 7:36AM – 9:03AM	Priti Until 7:45AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:44PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	678341363 <b>Rahu</b> 11:57AM – 1:24PM	Bava Until 5:52PM	<b>Nataraja:</b> Purple		3rd Phase
Until 1:09AM Thu			<b>Panchami</b> Until 7:01AM Thu	Moon – Orange	<b>Bhuloka Day</b>	
Then Routine Work - Prabalarishta Yoga				<b>Ashvina•Puratasi</b>		

<b>5</b> Thursday, October 6, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Frederick, MD Sun 19 Sutra 172 Durmukha 5118
Vrischika Rasi: 19.04	Tithi 5 – 6	<b>Gulika</b> 9:04AM – 10:30AM	<b>Jyeshtha*</b> Until 3:43AM Fri	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:11AM		
		Yama 6:11AM – 7:37AM	Ayushman Until 8:34AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:43PM		Moon 9 - Phase 24
Routine Work	Prabalarishta Yoga	679341363 <b>Rahu</b> 1:23PM – 2:50PM	Kaulava Until 8:10PM	<b>Nataraja:</b> Purple		3rd Phase
Until 3:43AM Fri			<b>Panchami</b> Until 7:01AM	Moon – Orange	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina•Puratasi</b>	Devaloka Time: 9:AM to 12:PM	

<b>6</b> Friday, October 7, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau				Frederick, MD Sun 20 Sutra 173 Durmukha 5118
Dhanus Rasi: 1.03	Tithi 6 – 7	<b>Gulika</b> 7:38AM – 9:04AM	<b>Mula*</b> Until 6:14AM Sat	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM		
		Yama 2:49PM – 4:15PM	Saubhagya Until 9:12AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:41PM		Moon 9 - Phase 24
Creative Work	Amrita Yoga	689341364 <b>Rahu</b> 10:30AM – 11:56AM	Gara Until 10:07PM	<b>Nataraja:</b> Clear		3rd Phase
Until 6:14AM Sat			<b>Shashthi*</b> Until 9:10AM	Moon – Light Blue	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b> Saturday, October 8, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Frederick, MD Sun 21 Sutra 174 Durmukha 5118
Dhanus Rasi: 13.12	Tithi 7 – 8	<b>Gulika</b> 6:12AM – 7:38AM	<b>Mula*</b> Until 6:14AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM		
		Yama 1:22PM – 2:48PM	Sobhana Until 9:31AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:39PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 <b>Rahu</b> 9:04AM – 10:30AM	Visti Until 11:34PM	<b>Nataraja:</b> Clear		Ashtami
			<b>Saptami</b> Until 10:54AM	Moon – Light Blue	<b>Sivaloka Day</b>	
		<b>Durga Ashtami</b>		<b>Ashvina•Puratasi</b>		

<b>Retreat Star</b> Sunday, October 9, 2016		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Frederick, MD Sun 22 Sutra 175 Durmukha 5118
Dhanus Rasi: 25.35	Tithi 8 – 9	<b>Gulika</b> 2:47PM – 4:12PM	<b>Purvashadha*</b> Until 8:03AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:13AM		
		Yama 11:56AM – 1:21PM	Athiganda* Until 9:22AM	<b>Muruga:</b> Purple <i>Sunset:</i> 5:38PM		Moon 9 - Phase 24
Creative Work	Siddha Yoga	689341364 <b>Rahu</b> 4:12PM – 5:38PM	Balava Until 12:21AM Mon	<b>Nataraja:</b> Clear		Navami
Until 8:03AM			<b>Ashtami*</b> Until 12:02PM	Moon – Light Blue	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina•Puratasi</b>		

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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<b>1</b>		<b>Monday, October 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Frederick, MD Sun 23 Sutra 176 Durmukha 5118
Makara Rasi: 8.17	Tithi 9 – 10	<b>Gulika</b>	1:21PM – 2:46PM	<b>Uttarashadha Until 9:01AM</b>	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 6:14AM	
<b>Family Home Evening</b>	689351364	Yama	10:30AM – 11:55AM	Sukarma Until 8:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:36PM	
Routine Work	Marana Yoga	<b>Rahu</b>	7:40AM – 9:05AM	Taitila Until 12:21AM Tue	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 4th Phase	
Until 9:01AM		<b>Vijaya Dasami</b>		<b>Navami* Until 12:26PM</b>	Moon – Light Blue	<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Tuesday, October 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 24 Sutra 177 Durmukha 5118
Makara Rasi: 21.22	Tithi 10 – 11	<b>Gulika</b>	11:55AM – 1:20PM	<b>Shravana Until 9:30AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:15AM	
	699351364	Yama	9:05AM – 10:30AM	Dhriti Until 7:22AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:35PM	
Creative Work	Siddha Yoga	<b>Rahu</b>	2:45PM – 4:10PM	Vanija Until 11:31PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 4th Phase	
				<b>Dashami Until 12:01PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
					<b>Ashvina•Puratasi</b>		

<b>3</b>		<b>Wednesday, October 12, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Frederick, MD Sun 25 Sutra 178 Durmukha 5118
Kumbha Rasi: 4.55	Tithi 11 – 12	<b>Gulika</b>	10:30AM – 11:55AM	<b>Dhanishtha Until 9:02AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:16AM	
	699351364	Yama	7:41AM – 9:06AM	Ganda* Until 2:45AM Thu	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:33PM	
Routine Work	Prabalarishta Yoga	<b>Rahu</b>	11:55AM – 1:20PM	Bava Until 9:53PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 4th Phase	
Until 9:02AM		<b>Kadaitswami Mahasamadhi</b>		<b>Ekadashi Until 10:46AM</b>	Moon – Purple	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Thursday, October 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Frederick, MD Sun 26 Sutra 179 Durmukha 5118
Kumbha Rasi: 18.55	Tithi 12 – 13	<b>Gulika</b>	9:06AM – 10:30AM	<b>Shatabhishak Until 7:40AM</b>	<b>Ganesh:</b> Yellow	<i>Sunrise:</i> 6:17AM	
	699351364	Yama	6:17AM – 7:42AM	Vriddhi Until 11:36PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM	
Creative Work	Siddha Yoga	<b>Rahu</b>	1:19PM – 2:43PM	Kaulava Until 7:32PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 4th Phase	
				<b>Dvadashi Until 8:46AM</b>	Moon – Purple	<b>Sivaloka Day</b>	
					<b>Ashvina•Puratasi</b>		
<i>Pradosha Vrata</i>							

<b>5</b>		<b>Friday, October 14, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosithapada Nakshatra Dhruva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Frederick, MD Sun 27 Sutra 180 Durmukha 5118
Meena Rasi: 3.23	Tithi 13 – 14	<b>Gulika</b>	7:42AM – 9:06AM	<b>Uttaraprosithapada Until 3:30AM Sat</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:18AM	
	611451364	Yama	2:43PM – 4:07PM	Dhruva Until 7:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM	
Creative Work	Siddha Yoga	<b>Rahu</b>	10:30AM – 11:54AM	Vanija Until 2:56AM Sat	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 4th Phase	
Until 3:30AM Sat		<b>Chidambaram Abhishekam</b>		<b>Trayodashi Until 6:07AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>○</b>		<b>Saturday, October 15, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau	Frederick, MD Sutra 181 Durmukha 5118
<b>Copper Retreat Star</b>		<b>Gulika</b>	6:20AM – 7:43AM	<b>Revati Until 12:37AM Sun</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 6:20AM	
Meena Rasi: 18.13	Tithi 15	Yama	1:18PM – 2:42PM	Vyaghata* Until 3:59PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:29PM	
	611451364	<b>Rahu</b>	9:07AM – 10:31AM	Visti Until 1:14PM	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 Purnima	
Routine Work	Prabalarishta Yoga			<b>Purnima* Until 11:25PM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 12:37AM Sun							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Sunday, October 16, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau	Frederick, MD Sutra 182 Durmukha 5118
<b>Silver Retreat Star</b>		<b>Gulika</b>	2:41PM – 4:04PM	<b>Ashvini Until 9:48PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:21AM	
Mesha Rasi: 3.19	Tithi 16	Yama	11:54AM – 1:17PM	Harshana Until 11:49AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:28PM	
	621451364	<b>Rahu</b>	4:04PM – 5:28PM	Balava Until 9:35AM	<b>Nataraja:</b> Clear	Moon 9 - Phase 25 Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 7:42PM</b>	Moon – White	<b>Sivaloka Day</b>	
Until 9:48PM							
Then Routine Work - Prabalarishta Yoga							

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



**Monday, October 17, 2016****Gold Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Vajra/Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 183

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 18.31 Tihi 17 - 18

**Family Home Evening**

Creative Work Siddha Yoga

Until 6:52PM

Then Routine Work - Marana Yoga

Gulika 1:17PM - 2:40PM

Yama 10:31AM - 11:54AM

Rahu 7:45AM - 9:08AM

**Bharani Until 6:52PM**

Vajra\* Until 7:33AM

Vanija Until 2:11AM Tue

**Dvitiya Until 3:59PM**

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon - White

**Ashvina-Aipasi**

Sunrise: 6:22AM

Sunset: 5:26PM

**Sivaloka Day****Tuesday, October 18, 2016****1**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Frederick, MD

Sun 2 Sutra 184

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrshabha Rasi: 3.4 Tihi 18 - 19

Creative Work Siddha Yoga

Until 3:58PM

Then Creative Work - Amrita Yoga

Gulika 11:54AM - 1:16PM

Yama 9:08AM - 10:31AM

Rahu 2:39PM - 4:02PM

**Krittika Until 3:58PM**

Vyatipata\* Until 11:24PM

Bava Until 10:44PM

**Tritiya Until 12:24PM**

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon - White

**Ashvina-Aipasi**

Sunrise: 6:23AM

Sunset: 5:25PM

**Sivaloka Day****Wednesday, October 19, 2016****2**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 185

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Vrshabha Rasi: 18.36 Tihi 19 - 20

Creative Work Siddha Yoga

Gulika 10:31AM - 11:54AM

Yama 7:46AM - 9:09AM

Rahu 11:54AM - 1:16PM

**Rohini Until 1:41PM**

Variyan Until 7:44PM

Kaulava Until 7:41PM

**Chaturthi\* Until 9:08AM**

Ganesha: Purple

Muruga: Clear

Nataraja: Clear

Moon - Yellow

**Ashvina-Aipasi**

Sunrise: 6:24AM

Sunset: 5:23PM

**Devaloka Day****Thursday, October 20, 2016****3**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Parigha\*/Shiva Yoga Taitila/Vanija Karana Panchami/Shashthiyam Titau

Frederick, MD

Sun 4 Sutra 186

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 3.12 Tihi 20 - 21

Routine Work Marana Yoga

Gulika 9:09AM - 10:31AM

Yama 6:25AM - 7:47AM

Rahu 1:16PM - 2:38PM

**Mrigashira Until 11:46AM**

Parigha\* Until 4:31PM

Vanija Until 4:09AM Fri

**Panchami Until 6:21AM**

Ganesha: Purple

Muruga: Clear

Nataraja: Clear

Moon - Yellow

**Ashvina-Aipasi**

Sunrise: 6:25AM

Sunset: 5:22PM

**Devaloka Day****Friday, October 21, 2016****4**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 5 Sutra 187

Durmukha 5118

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 17.23 Tihi 22

Creative Work Siddha Yoga

Gulika 7:48AM - 9:09AM

Yama 2:37PM - 3:59PM

Rahu 10:31AM - 11:53AM

**Ardra Until 10:19AM**

Shiva Until 1:51PM

Visti Until 3:19PM

**Saptami Until 2:39AM Sat**

Ganesha: Purple

Muruga: Clear

Nataraja: Clear

Moon - Yellow

**Ashvina-Aipasi**

Sunrise: 6:26AM

Sunset: 5:21PM

**Devaloka Day****Saturday, October 22, 2016****5****Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 188

Durmukha 5118

Moon 10 - Phase 26

Ashtami

Kataka Rasi: 1.08 Tihi 23

Creative Work Siddha Yoga

Gulika 6:27AM - 7:48AM

Yama 1:15PM - 2:36PM

Rahu 9:10AM - 10:31AM

**Punarvasu Until 9:53AM**

Siddha Until 11:44AM

Balava Until 2:12PM

**Ashtami\* Until 1:55AM Sun**

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon - Blue

**Ashvina-Aipasi**

Sunrise: 6:27AM

Sunset: 5:19PM

**Sivaloka Day****Sunday, October 23, 2016****6****Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 7 Sutra 189

Durmukha 5118

Moon 10 - Phase 26

Navami

Kataka Rasi: 14.27 Tihi 24

Creative Work Siddha Yoga

Gulika 2:35PM - 3:57PM

Yama 11:53AM - 1:14PM

Rahu 3:57PM - 5:18PM

**Pushya Until 10:03AM**

Sadhya Until 10:14AM

Taitila Until 1:51PM

**Navami\* Until 1:56AM Mon**

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon - Blue

**Ashvina-Aipasi**

Sunrise: 6:28AM

Sunset: 5:18PM

**Sivaloka Day**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Monday, October 24, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam		Frederick, MD	
Kataka Rasi: 27.22		Ashlesha* Magha* Nakshatra Subha/Sukla Yoga Vanija/Vistil* Karana Dashamyam Titau		Sun 8		Sutra 190		Durumukha 5118	
Family Home Evening		Gulika 1:14PM – 2:35PM		Ashlesha* Until 10:47AM		Ganesh: Purple		Sunrise: 6:29AM	
Creative Work		Yama 10:32AM – 11:53AM		Subha Until 9:20AM		Muruga: Clear		Sunset: 5:17PM	
Siddha Yoga		Rahu 7:50AM – 9:11AM		Vanija Until 2:14PM		Nataraja: Clear		Moon 10 - Phase 27	
Until 10:47AM				Dashami Until 2:40AM Tue		Moon – Blue		2nd Phase	
Then Routine Work - Marana Yoga						Ashvina-Aipasi		Subha Sivaloka Day	

<b>2</b>		<b>Tuesday, October 25, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Simha Rasi: 9.58		Magha* Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 191		Durumukha 5118	
Creative Work		Gulika 11:53AM – 1:13PM		Magha* Until 12:28PM		Ganesh: Clear		Sunrise: 6:30AM	
Siddha Yoga		Yama 9:11AM – 10:32AM		Sukla Until 8:55AM		Muruga: Clear		Sunset: 5:15PM	
		Rahu 2:34PM – 3:55PM		Bava Until 3:17PM		Nataraja: Clear		Moon 10 - Phase 27	
				Ekadashi* Until 3:59AM Wed		Moon – Red		2nd Phase	
						Ashvina-Aipasi		Sivaloka Day	
								Tour Day	

<b>3</b>		<b>Wednesday, October 26, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam		Frederick, MD	
Simha Rasi: 22.19		Purvaphalguni Nakshatra Brahma/Indra Yoga Kaulava/Tailita Karana Dvodashyam Titau		Sun 10		Sutra 191		Durumukha 5118	
Creative Work		Gulika 10:32AM – 11:33AM		Purvaphalguni Until 2:32PM		Ganesh: Clear		Sunrise: 6:31AM	
Amrita Yoga		Yama 7:51AM – 9:12AM		Brahma Until 8:57AM		Muruga: Clear		Sunset: 5:14PM	
		Rahu 11:53AM – 1:13PM		Kaulava Until 4:51PM		Nataraja: Clear		Moon 10 - Phase 27	
				Dvadashi* Until 5:47AM Thu		Moon – Red		2nd Phase	
						Ashvina-Aipasi		Sivaloka Day	

<b>4</b>		<b>Thursday, October 27, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 4.28		Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara Karana Trayodashyam Titau		Sun 11		Sutra 193		Durumukha 5118	
Amrita Yoga		Gulika 9:12AM – 10:32AM		Uttaraphalguni Until 4:49PM		Ganesh: Clear		Sunrise: 6:32AM	
Until 4:49PM		Yama 6:32AM – 7:52AM		Indra Until 9:20AM		Muruga: Clear		Sunset: 5:13PM	
Then Routine Work - Marana Yoga		Rahu 1:13PM – 2:33PM		Gara Until 6:49PM		Nataraja: Clear		Moon 10 - Phase 27	
				Trayodashi* Until 7:54AM Fri		Moon – Red		2nd Phase	
				Pradosha Vrata (Fasting)		Ashvina-Aipasi		Sivaloka Day	

<b>5</b>		<b>Friday, October 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 16.3		Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Sutra 194		Durumukha 5118	
Creative Work		Gulika 7:53AM – 9:13AM		Hasta Until 7:42PM		Ganesh: Orange		Sunrise: 6:33AM	
Amrita Yoga		Yama 2:32PM – 3:52PM		Vaidhriti* Until 9:55AM		Muruga: Clear		Sunset: 5:12PM	
Until 7:42PM		Rahu 10:33AM – 11:52AM		Vistil Until 9:04PM		Nataraja: Clear		Moon 10 - Phase 27	
Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day		Trayodashi* Until 7:54AM		Moon – Green		2nd Phase	
						Ashvina-Aipasi		Sivaloka Day	

<b>●</b>		<b>Saturday, October 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 28.26		Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Sutra 195		Durumukha 5118	
Retreat Star		Gulika 6:34AM – 7:54AM		Chitra Until 10:34PM		Ganesh: Orange		Sunrise: 6:34AM	
Routine Work		Yama 1:12PM – 2:31PM		Vishkambha* Until 10:40AM		Muruga: Clear		Sunset: 5:10PM	
Marana Yoga		Rahu 9:13AM – 10:33AM		Catuspada Until 11:28PM		Nataraja: Clear		Moon 10 - Phase 27	
Until 10:34PM		Subramuniyaswami Mahasamadhi		Chaturdashi* Until 10:14AM		Moon – Green		2nd Phase	
Then Creative Work - Siddha Yoga						Ashvina-Aipasi		Sivaloka Day	

<b>●</b>		<b>Sunday, October 30, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Tula Rasi: 10.2		Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 196		Durumukha 5118	
Retreat Star		Gulika 2:31PM – 3:50PM		Svati Until 1:21AM Mon		Ganesh: Orange		Sunrise: 6:35AM	
Creative Work		Yama 11:52AM – 1:12PM		Priti Until 11:31AM		Muruga: Clear		Sunset: 5:09PM	
Siddha Yoga		Rahu 3:50PM – 5:09PM		Kintughna Until 1:58AM Mon		Nataraja: Clear		Moon 10 - Phase 27	
Until 1:21AM Mon		Skanda Shasthi Begins		Amavasya* Until 12:41PM		Moon – Green		2nd Phase	
Then Routine Work - Marana Yoga						Karttika-Aipasi		Sivaloka Day	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Monday, October 31, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Frederick, MD Sun 15 Sutra 197 Durmukha 5118
Tula Rasi: 22.12	Titthi 1 – 2	<b>Gulika</b>	1:11PM – 2:30PM	<b>Vishakha Until 4:29AM Tue</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:37AM	
<b>Family Home Evening</b>	672451364	<b>Rahu</b>	7:55AM – 9:14AM	<b>Ayushman Until 12:22PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	
Routine Work	Marana Yoga			<b>Balava Until 4:28AM Tue</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 4:29AM Tue				<b>Prathama* Until 3:12PM</b>	Moon – Orange	3rd Phase	
Then Creative Work - Siddha Yoga					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>2</b>		<b>Tuesday, November 1, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Frederick, MD Sun 16 Sutra 198 Durmukha 5118
Vrischika Rasi: 4.04	Titthi 2 – 3	<b>Gulika</b>	11:52AM – 1:11PM	<b>Anuradha Until 7:25AM Wed</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:38AM	
	672451364	<b>Rahu</b>	2:30PM – 3:48PM	<b>Saubhagya Until 1:14PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:07PM	
Creative Work	Siddha Yoga			<b>Taitila Until 6:56AM Wed</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
				<b>Dvitiya Until 5:41PM</b>	Moon – Orange	3rd Phase	
					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>3</b>		<b>Wednesday, November 2, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau	Frederick, MD Sun 17 Sutra 199 Durmukha 5118
Vrischika Rasi: 15.57	Titthi 3	<b>Gulika</b>	10:34AM – 11:52AM	<b>Anuradha Until 7:25AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:39AM	
	672451364	<b>Rahu</b>	11:52AM – 1:11PM	<b>Sobhana Until 2:03PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:06PM	
Creative Work	Siddha Yoga			<b>Taitila Until 6:56AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
				<b>Tritiya Until 8:06PM</b>	Moon – Orange	3rd Phase	
					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>4</b>		<b>Thursday, November 3, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau	Frederick, MD Sun 18 Sutra 200 Durmukha 5118
Vrischika Rasi: 27.53	Titthi 4	<b>Gulika</b>	9:16AM – 10:34AM	<b>Jyeshtha* Until 10:03AM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:40AM	
	672451364	<b>Rahu</b>	1:10PM – 2:29PM	<b>Athiganda* Until 2:44PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:05PM	
Routine Work	Prabalarishta Yoga			<b>Vanija Until 9:16AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 10:03AM				<b>Chaturthi* Until 10:20PM</b>	Moon – Orange	3rd Phase	
Then Creative Work - Siddha Yoga					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>5</b>		<b>Friday, November 4, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau	Frederick, MD Sun 19 Sutra 201 Durmukha 5118
Dhanus Rasi: 9.54	Titthi 5	<b>Gulika</b>	7:59AM – 9:17AM	<b>Mula* Until 12:48PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:41AM	
	682451364	<b>Rahu</b>	10:35AM – 11:52AM	<b>Sukarma Until 3:15PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	
Creative Work	Amrita Yoga			<b>Bava Until 11:22AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 12:48PM				<b>Panchami Until 12:17AM Sat</b>	Moon – Light Blue	3rd Phase	
Then Routine Work - Prabalarishta Yoga					<b>Karttika-Aipasi</b>	<b>Subha Sivaloka Day</b>	

<b>6</b>		<b>Saturday, November 5, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthyam Titau	Frederick, MD Sun 20 Sutra 202 Durmukha 5118
Dhanus Rasi: 22.02	Titthi 6	<b>Gulika</b>	6:42AM – 8:00AM	<b>Purvashadha* Until 3:02PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:42AM	
	682451364	<b>Rahu</b>	9:17AM – 10:35AM	<b>Dhriti Until 3:29PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	
Creative Work	Siddha Yoga			<b>Kaulava Until 1:07PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 3:02PM				<b>Shashthi* Until 1:48AM Sun</b>	Moon – Light Blue	3rd Phase	
Then Routine Work - Marana Yoga		<b>Skanda Shasthi</b>			<b>Karttika-Aipasi</b>	<b>Subha Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Sunday, November 6, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau	Frederick, MD Sun 21 Sutra 203 Durmukha 5118
Makara Rasi: 4.23	Titthi 7	<b>Gulika</b>	2:27PM – 3:44PM	<b>Uttarashadha Until 4:36PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:43AM	
	782451364	<b>Rahu</b>	3:44PM – 5:02PM	<b>Shula* Until 3:17PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	
Creative Work	Amrita Yoga			<b>Gara Until 2:22PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
				<b>Saptami Until 2:43AM Mon</b>	Moon – Light Blue	3rd Phase	
					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Monday, November 7, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau	Frederick, MD Sun 22 Sutra 204 Durmukha 5118
Makara Rasi: 16.59	Titthi 8	<b>Gulika</b>	1:10PM – 2:27PM	<b>Shravana Until 5:50PM</b>	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 6:44AM	
<b>Family Home Evening</b>	793451364	<b>Rahu</b>	8:01AM – 9:18AM	<b>Ganda* Until 2:35PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:01PM	
Creative Work	Amrita Yoga			<b>Visti Until 2:56PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 5:50PM				<b>Ashtami* Until 2:55AM Tue</b>	Moon – Purple	Ashtami	
Then Creative Work - Siddha Yoga					<b>Karttika-Aipasi</b>	<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Tuesday, November 8, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Navamyam Titau	Frederick, MD Sun 23 Sutra 205 Durmukha 5118
Makara Rasi: 29.56	Titthi 9	<b>Gulika</b>	11:53AM – 1:09PM	<b>Dhanishtha Until 6:08PM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 6:45AM	
	793551364	<b>Rahu</b>	2:26PM – 3:43PM	<b>Vridhi Until 1:18PM</b>	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:00PM	
Creative Work	Siddha Yoga			<b>Balava Until 2:44PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 28	
Until 6:08PM				<b>Navami* Until 2:18AM Wed</b>	Moon – Purple	Navami	
Then Routine Work - Marana Yoga					<b>Karttika-Aipasi</b>	<b>Subha Sivaloka Day</b>	


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

<b>1</b>		<b>Wednesday, November 9, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Tailita/Gara Karana Dashamyam Titau		Frederick, MD
Kumbha Rasi: 13.19		Tithi 10		793551364		Sun 24		Sutra 206
Creative Work		Siddha Yoga		Until 5:30PM		Then Creative Work - Amrita Yoga		
<b>Gulika</b>	<b>10:36AM – 11:53AM</b>	<b>Shatabhishak Until 5:30PM</b>	<b>Ganesha: Purple</b>	<b>Sunrise: 6:47AM</b>				Durmukha 5118
<b>Yama</b>	<b>8:03AM – 9:20AM</b>	<b>Dhruva Until 11:21AM</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:59PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>11:53AM – 1:09PM</b>	<b>Tailita Until 1:42PM</b>	<b>Nataraja: Clear</b>					4th Phase
			<b>Moon – Purple</b>	<b>Subha Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					

<b>2</b>		<b>Thursday, November 10, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Ekadashyam Titau		Frederick, MD
Kumbha Rasi: 27.11		Tithi 11		713551364		Sun 25		Sutra 207
Creative Work		Siddha Yoga		Until 5:30PM		Then Creative Work - Amrita Yoga		
<b>Gulika</b>	<b>9:20AM – 10:37AM</b>	<b>Purvaproshtapada* Until 4:23PM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 6:48AM</b>				Durmukha 5118
<b>Yama</b>	<b>6:48AM – 8:04AM</b>	<b>Vyaghata* Until 8:46AM</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:58PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>1:09PM – 2:25PM</b>	<b>Vanija Until 11:53AM</b>	<b>Nataraja: Clear</b>					4th Phase
			<b>Moon – Clear</b>	<b>Subha Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					

<b>3</b>		<b>Friday, November 11, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra* Yoga Bava/Balava Karana Dvadashyam Titau		Frederick, MD
Meena Rasi: 11.31		Tithi 12		713551364		Sun 26		Sutra 208
Creative Work		Siddha Yoga		Until 5:30PM		Then Creative Work - Amrita Yoga		
<b>Gulika</b>	<b>8:05AM – 9:21AM</b>	<b>Uttaraproshtapada Until 2:26PM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 6:49AM</b>				Durmukha 5118
<b>Yama</b>	<b>2:25PM – 3:41PM</b>	<b>Vajra* Until 1:56AM Sat</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:57PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>10:37AM – 11:53AM</b>	<b>Bava Until 9:21AM</b>	<b>Nataraja: Clear</b>					4th Phase
			<b>Moon – Clear</b>	<b>Subha Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					

<b>4</b>		<b>Saturday, November 12, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Frederick, MD
Meena Rasi: 26.17		Tithi 13 – 14		713551364		Sun 27		Sutra 209
Routine Work		Prabalarishta Yoga		Until 11:48AM		Then Creative Work - Siddha Yoga		
<b>Gulika</b>	<b>6:50AM – 8:06AM</b>	<b>Revati Until 11:48AM</b>	<b>Ganesha: Blue</b>	<b>Sunrise: 6:50AM</b>				Durmukha 5118
<b>Yama</b>	<b>1:09PM – 2:25PM</b>	<b>Siddhi Until 9:53PM</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:56PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>9:22AM – 10:37AM</b>	<b>Kaulava Until 6:14AM</b>	<b>Nataraja: Clear</b>					4th Phase
			<b>Moon – Clear</b>	<b>Subha Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					
			<i>Pradosha Vrata</i>					

		<b>Sunday, November 13, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Frederick, MD
<b>Copper Retreat Star</b>		Mesha Rasi: 11.23		Tithi 14 – 15		723551364		Sutra 210
Creative Work		Siddha Yoga		Until 9:03AM		Then Routine Work - Prabalarishta Yoga		
<b>Gulika</b>	<b>2:24PM – 3:40PM</b>	<b>Ashvini Until 9:03AM</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 6:51AM</b>				Durmukha 5118
<b>Yama</b>	<b>11:53AM – 1:09PM</b>	<b>Vyatipata* Until 5:36PM</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:55PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>3:40PM – 4:55PM</b>	<b>Visti Until 10:52PM</b>	<b>Nataraja: Clear</b>					Purnima
			<b>Moon – White</b>	<b>Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					

<b>Monday, November 14, 2016</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Frederick, MD
Mesha Rasi: 26.41		Tithi 15 – 16		723551364		Sun 28		Sutra 211
Family Home Evening		Routine Work		Marana Yoga		Until 2:42AM Tue		
<b>Gulika</b>	<b>1:09PM – 2:24PM</b>	<b>Krittika Until 2:42AM Tue</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 6:52AM</b>				Durmukha 5118
<b>Yama</b>	<b>10:38AM – 11:53AM</b>	<b>Variyan Until 1:10PM</b>	<b>Muruga: Clear</b>	<b>Sunset: 4:55PM</b>				Moon 10 - Phase 29
<b>Rahu</b>	<b>8:07AM – 9:23AM</b>	<b>Balava Until 6:58PM</b>	<b>Nataraja: Clear</b>					Prathama
			<b>Moon – White</b>	<b>Sivaloka Day</b>				
			<b>Karttika•Aipasi</b>					
			<b>Purnima* Until 8:54AM</b>					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

**Tuesday, November 15, 2016****Gold Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukstayam  
Rohini Nakshatra Parigaha/Shiva Yoga Tautila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sun 1 Sutra 213

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Vrishabha Rasi: 12    Tiithi 17

733551364

**Gulika**

11:54AM - 1:09PM

**Rohini Until 11:53PM****Ganesha:** White    *Sunrise:* 6:53AM

Yama 9:23AM - 10:38AM

Parigaha\* Until 8:47AM

**Muruga:** Clear    *Sunset:* 4:54PM**Rahu** 2:24PM - 3:39PM

Taitila Until 3:10PM

**Nataraja:** Clear

Moon - Yellow

**Subha Sivaloka Day**

Creative Work    Amrita Yoga

Until 11:53PM

Then Creative Work - Siddha Yoga

**Wednesday, November 16, 2016****1**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yukstayam  
Mrigashira Nakshatra Siddha Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Vrishabha Rasi: 27.1    Tiithi 18

733551365

**Gulika**

10:39AM - 11:54AM

**Mrigashira Until 9:16PM****Ganesha:** White    *Sunrise:* 6:54AM

Yama 8:09AM - 9:24AM

Siddha Until 12:42AM Thu

**Muruga:** Clear    *Sunset:* 4:53PM**Rahu** 11:54AM - 1:09PM

Vanija Until 11:38AM

**Nataraja:** White

Moon - Yellow

**Sivaloka Day**

Creative Work    Siddha Yoga

Until 11:53PM

Then Creative Work - Siddha Yoga

**Thursday, November 17, 2016****2**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yukstayam  
Ardra Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 2 Sutra 214

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Mithuna Rasi: 12.01    Tiithi 19

733551365

**Gulika**

9:25AM - 10:39AM

**Ardra Until 7:03PM****Ganesha:** White    *Sunrise:* 6:56AM

Yama 6:56AM - 8:10AM

Sadhya Until 9:16PM

**Muruga:** Clear    *Sunset:* 4:52PM**Rahu** 1:09PM - 2:23PM

Bava Until 8:32AM

**Nataraja:** White

Moon - Yellow

**Sivaloka Day**

Routine Work    Marana Yoga

Until 7:03PM

Then Creative Work - Amrita Yoga

**Friday, November 18, 2016****3**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yukstayam  
Punarvasu/Pushya Nakshatra Subha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 3 Sutra 215

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Mithuna Rasi: 26.25    Tiithi 20 - 21

743551365

**Gulika**

8:11AM - 9:25AM

**Punarvasu Until 5:47PM****Ganesha:** Clear    *Sunrise:* 6:57AM

Yama 2:23PM - 3:37PM

Subha Until 6:25PM

**Muruga:** Clear    *Sunset:* 4:52PM**Rahu** 10:40AM - 11:54AM

Kaulava Until 6:04AM

**Nataraja:** White

Moon - Blue

**Devaloka Day**

Creative Work    Siddha Yoga

Until 5:47PM

Then Routine Work - Marana Yoga

**Saturday, November 19, 2016****4**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yukstayam  
Pushya/Ashlesha\* Nakshatra Sukla/Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 4 Sutra 216

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Kataka Rasi: 10.2    Tiithi 21 - 22

743551365

**Gulika**

6:58AM - 8:12AM

**Pushya Until 5:11PM****Ganesha:** Clear    *Sunrise:* 6:58AM

Yama 1:09PM - 2:23PM

Sukla Until 4:11PM

**Muruga:** Clear    *Sunset:* 4:51PM**Rahu** 9:26AM - 10:40AM

Visti Until 3:28AM Sun

**Nataraja:** White

Moon - Blue

**Devaloka Day**

Creative Work    Siddha Yoga

Until 5:11PM

Then Routine Work - Marana Yoga

**Sunday, November 20, 2016****5**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yukstayam  
Ashlesha/Magha\* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 5 Sutra 217

Durmukha 5118

Moon 11 - Phase 30  
1st Phase

Kataka Rasi: 23.46    Tiithi 22 - 23

743551365

**Gulika**

2:23PM - 3:37PM

**Ashlesha\* Until 5:17PM****Ganesha:** Clear    *Sunrise:* 6:59AM

Yama 11:55AM - 1:09PM

Brahma Until 2:40PM

**Muruga:** Clear    *Sunset:* 4:51PM**Rahu** 3:37PM - 4:51PM

Balava Until 3:30AM Mon

**Nataraja:** White

Moon - Blue

**Devaloka Day**

Creative Work    Siddha Yoga

Until 5:17PM

Then Routine Work - Marana Yoga

**Monday, November 21, 2016****Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yukstayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 6 Sutra 218

Durmukha 5118

Moon 11 - Phase 30  
Ashtami

Simha Rasi: 6.43    Tiithi 23 - 24

754551365

**Gulika**

1:09PM - 2:22PM

**Magha\* Until 6:33PM****Ganesha:** Clear    *Sunrise:* 7:00AM

Yama 10:41AM - 11:55AM

Indra Until 1:50PM

**Muruga:** Clear    *Sunset:* 4:50PM**Rahu** 8:14AM - 9:27AM

Taitila Until 4:22AM Tue

**Nataraja:** White

Moon - Red

**Devaloka Day**

Routine Work    Marana Yoga

Until 6:33PM

Then Creative Work - Siddha Yoga

**Tuesday, November 22, 2016****Retreat Star**Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yukstayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Frederick, MD

Sun 7 Sutra 219

Durmukha 5118

Moon 11 - Phase 30  
Navami

Simha Rasi: 19.16    Tiithi 24 - 25

754551365

**Gulika**

11:55AM - 1:09PM

**Purvaphalguni Until 8:24PM****Ganesha:** Clear    *Sunrise:* 7:01AM

Yama 9:28AM - 10:42AM

Vaidhriti\* Until 1:35PM

**Muruga:** Clear    *Sunset:* 4:49PM**Rahu** 2:22PM - 3:36PM

Vanija Until 5:57AM Wed

**Nataraja:** White

Moon - Red

**Devaloka Day**

Creative Work    Siddha Yoga

Until 8:24PM

Then Creative Work - Amrita Yoga

<b>1</b>		<b>Wednesday, November 23, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 1.32		Tithi 25		Uttaraphalguni Nakshatra Vishkambha* Priti Yoga Visti* Karana Dashamyam Titau		Sun 8		Sutra 220	
		754551365		<b>Gulika</b> 10:42AM - 11:56AM	<b>Uttaraphalguni Until 10:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:02AM	Durmukha 5118	
				Yama 8:15AM - 9:29AM	Vishkambha* Until 1:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:49PM	Moon 11 - Phase 31	
Creative Work Amrita Yoga				<b>Rahu</b> 11:56AM - 1:09PM	Visti Until 6:56PM	<b>Nataraja:</b> White		2nd Phase	
Until 10:39PM					<b>Dashami Until 6:56PM</b>	Moon - Red		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga						<b>Karttika-Karttikai</b>			

<b>2</b>		<b>Thursday, November 24, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 13.35		Tithi 26		Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9		Sutra 221	
		754551365		<b>Gulika</b> 9:29AM - 10:43AM	<b>Hasta Until 1:36AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:03AM	Durmukha 5118	
				Yama 7:03AM - 8:16AM	Priti Until 2:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 31	
Routine Work Marana Yoga				<b>Rahu</b> 1:09PM - 2:22PM	Bava Until 8:04AM	<b>Nataraja:</b> White		2nd Phase	
Until 1:36AM Fri					<b>Ekadashi* Until 9:14PM</b>	Moon - Green		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Friday, November 25, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 25.3		Tithi 27		Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailila Karana Dvadashyam Titau		Sun 10		Sutra 222	
		754551365		<b>Gulika</b> 8:17AM - 9:30AM	<b>Chitra Until 4:35AM Sat</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:04AM	Durmukha 5118	
				Yama 2:22PM - 3:35PM	Ayushman Until 3:15PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 31	
Creative Work Siddha Yoga				<b>Rahu</b> 10:43AM - 11:56AM	Kaulava Until 10:29AM	<b>Nataraja:</b> White		2nd Phase	
Until 7:25AM					<b>Dvadashi* Until 11:45PM</b>	Moon - Green		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Saturday, November 26, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Frederick, MD	
Tula Rasi: 7.21		Tithi 28		Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11		Sutra 223	
		754551365		<b>Gulika</b> 7:05AM - 8:18AM	<b>Svati Until 7:25AM Sun</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:05AM	Durmukha 5118	
				Yama 1:09PM - 2:22PM	Saubhagya Until 4:08PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:48PM	Moon 11 - Phase 31	
Creative Work Siddha Yoga				<b>Rahu</b> 9:31AM - 10:44AM	Gara Until 1:03PM	<b>Nataraja:</b> White		2nd Phase	
Until 7:25AM Sun					<b>Trayodashi* Until 2:20AM Sun</b>	Moon - Green		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga					<i>Pradosha Vrata (Fasting)</i>	<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Sunday, November 27, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Tula Rasi: 19.12		Tithi 29		Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12		Sutra 224	
		754551365		<b>Gulika</b> 2:22PM - 3:35PM	<b>Svati Until 7:25AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:06AM	Durmukha 5118	
				Yama 11:57AM - 1:09PM	Sobhana Until 5:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 31	
Creative Work Siddha Yoga				<b>Rahu</b> 3:35PM - 4:47PM	Visti Until 3:38PM	<b>Nataraja:</b> White		2nd Phase	
Until 7:25AM					<b>Chaturdashi* Until 4:52AM Mon</b>	Moon - Green		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>		<b>Monday, November 28, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Frederick, MD	
Vrischika Rasi: 1.04		Tithi 30		Vishakha Nakshatra Athiganda*/Sukarma Yoga Catuspada* Karana Amavasyayam Titau		Sun 13		Sutra 225	
Family Home Evening		774551365		<b>Gulika</b> 1:10PM - 2:22PM	<b>Vishakha Until 10:33AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:07AM	Durmukha 5118	
Routine Work Marana Yoga				Yama 10:45AM - 11:57AM	Athiganda* Until 5:49PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 31	
Until 10:33AM				<b>Rahu</b> 8:20AM - 9:32AM	Catuspada Until 6:07PM	<b>Nataraja:</b> White		Amavasya	
Then Creative Work - Siddha Yoga					<b>Amavasya* Until 7:17AM Tue</b>	Moon - Orange		<b>Bhuloka Day</b>	
						<b>Karttika-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

<b>Retreat Star</b>		<b>Tuesday, November 29, 2016</b>				Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Vrischika Rasi: 12.59		Tithi 30 - 1		Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 14		Sutra 226	
		774551365		<b>Gulika</b> 11:58AM - 1:10PM	<b>Anuradha Until 1:22PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:08AM	Durmukha 5118	
				Yama 9:33AM - 10:45AM	Sukarma Until 6:31PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:47PM	Moon 11 - Phase 31	
Creative Work Siddha Yoga				<b>Rahu</b> 2:22PM - 3:34PM	Kintughna Until 8:27PM	<b>Nataraja:</b> White		Prathama	
Until 1:22PM					<b>Amavasya* Until 7:17AM</b>	Moon - Orange		<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga						<b>Margasira-Karttikai</b>		Devaloka Time: 12:PM to 3:PM	

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>1</b>		<b>Wednesday, November 30, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam	Frederick, MD
Vriscika Rasi: 24.58    Tiithi 1 – 2		774551365			Jyeshtha* Mula* Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Sun 15    Sutra 227
Creative Work    Siddha Yoga		<b>Gulika</b> 10:46AM – 11:58AM	<b>Jyeshtha*</b> Until 3:52PM	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 7:09AM	Durmukha 5118	
Until 3:52PM		Yama 8:21AM – 9:34AM	Dhriti Until 7:06PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Routine Work - Marana Yoga		<b>Rahu</b> 11:58AM – 1:10PM	Balava Until 10:37PM	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Orange	<b>Bhuloka Day</b>
					<b>Margasira* Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>2</b>		<b>Thursday, December 1, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam	Frederick, MD
Dhanus Rasi: 7.01    Tiithi 2 – 3		784551365			Mula* Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Sun 16    Sutra 228
Creative Work    Siddha Yoga		<b>Gulika</b> 9:34AM – 10:46AM	<b>Mula*</b> Until 6:30PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:10AM	Durmukha 5118	
Until 8:43PM		Yama 7:10AM – 8:22AM	Shula* Until 7:29PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Routine Work - Marana Yoga		<b>Rahu</b> 1:10PM – 2:22PM	Taitila Until 12:34AM Fri	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Light Blue	<b>Bhuloka Day</b>
					<b>Margasira* Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>3</b>		<b>Friday, December 2, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam	Frederick, MD
Dhanus Rasi: 19.09    Tiithi 3 – 4		784551365			Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Sun 17    Sutra 229
Routine Work    Prabalarishta Yoga		<b>Gulika</b> 8:23AM – 9:35AM	<b>Purvashadha*</b> Until 8:43PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:11AM	Durmukha 5118	
Until 8:43PM		Yama 2:22PM – 3:34PM	Ganda* Until 7:41PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Routine Work - Marana Yoga		<b>Rahu</b> 10:47AM – 11:59AM	Vanija Until 2:13AM Sat	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Light Blue	<b>Bhuloka Day</b>
					<b>Margasira* Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>4</b>		<b>Saturday, December 3, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam	Frederick, MD
Makara Rasi: 1.25    Tiithi 4 – 5		785651365			Uttarashadha Nakshatra Vriddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Sun 18    Sutra 230
Routine Work    Marana Yoga		<b>Gulika</b> 7:12AM – 8:24AM	<b>Uttarashadha</b> Until 10:26PM	<b>Ganesh:</b> Purple <i>Sunrise:</i> 7:12AM	Durmukha 5118	
Until 10:26PM		Yama 1:11PM – 2:23PM	Vriddhi Until 7:38PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 9:36AM – 10:47AM	Bava Until 3:30AM Sun	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Light Blue	<b>Bhuloka Day</b>
					<b>Margasira* Karttikai</b>	Devaloka Time: 12:PM to 3:PM

<b>5</b>		<b>Sunday, December 4, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam	Frederick, MD
Makara Rasi: 13.5    Tiithi 5 – 6		795651365			Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Sun 19    Sutra 231
Creative Work    Amrita Yoga		<b>Gulika</b> 2:23PM – 3:34PM	<b>Shravana</b> Until 12:02AM Mon	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:13AM	Durmukha 5118	
Until 12:02AM Mon		Yama 11:59AM – 1:11PM	Dhruva Until 7:14PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 3:34PM – 4:46PM	Kaulava Until 4:19AM Mon	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Purple	<b>Devaloka Day</b>
					<b>Margasira* Karttikai</b>	

<b>6</b>		<b>Monday, December 5, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam	Frederick, MD
Makara Rasi: 26.29    Tiithi 6 – 7		795651365			Dhanishtha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Sun 20    Sutra 232
<b>Family Home Evening</b>		<b>Gulika</b> 1:11PM – 2:23PM	<b>Dhanishtha</b> Until 12:57AM Tue	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:14AM	Durmukha 5118	
Creative Work    Siddha Yoga		Yama 10:48AM – 12:00PM	Vyaghata* Until 6:26PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Until 12:57AM Tue		<b>Rahu</b> 8:26AM – 9:37AM	Gara Until 4:33AM Tue	<b>Nataraja:</b> White	3rd Phase	
Then Routine Work - Marana Yoga					<b>Moon</b> – Purple	<b>Devaloka Day</b>
					<b>Margasira* Karttikai</b>	

<b>Retreat Star</b>		<b>Tuesday, December 6, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam	Frederick, MD
Kumbha Rasi: 9.24    Tiithi 7 – 8		795651365			Shatabhishak Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Sun 21    Sutra 233
Routine Work    Marana Yoga		<b>Gulika</b> 12:00PM – 1:12PM	<b>Shatabhishak</b> Until 1:03AM Wed	<b>Ganesh:</b> Clear <i>Sunrise:</i> 7:15AM	Durmukha 5118	
Until 1:03AM Wed		Yama 9:38AM – 10:49AM	Harshana Until 5:09PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Creative Work - Amrita Yoga		<b>Rahu</b> 2:23PM – 3:34PM	Visti Until 4:07AM Wed	<b>Nataraja:</b> White	3rd Phase	
					<b>Moon</b> – Purple	<b>Devaloka Day</b>
					<b>Margasira* Karttikai</b>	

<b>Retreat Star</b>		<b>Wednesday, December 7, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam	Frederick, MD
Kumbha Rasi: 22.4    Tiithi 8 – 9		715651365			Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Sun 22    Sutra 234
Creative Work    Amrita Yoga		<b>Gulika</b> 10:50AM – 12:01PM	<b>Purvaproshtapada*</b> Until 12:47AM Thu	<b>Ganesh:</b> Red <i>Sunrise:</i> 7:16AM	Durmukha 5118	
Until 12:47AM Thu		Yama 8:27AM – 9:38AM	Vajra* Until 3:17PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:01PM – 1:12PM	Balava Until 2:58AM Thu	<b>Nataraja:</b> White	Ashtami	
					<b>Moon</b> – Clear	<b>Devaloka Day</b>
					<b>Margasira* Karttikai</b>	

<b>Retreat Star</b>		<b>Thursday, December 8, 2016</b>			Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam	Frederick, MD
Meena Rasi: 6.2    Tiithi 9 – 10		715651365			Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Sun 23    Sutra 235
Creative Work    Siddha Yoga		<b>Gulika</b> 9:39AM – 10:50AM	<b>Uttaraproshtapada</b> Until 11:40PM	<b>Ganesh:</b> Red <i>Sunrise:</i> 7:17AM	Durmukha 5118	
Until 11:40PM		Yama 7:17AM – 8:28AM	Siddhi Until 12:53PM	<b>Muruga:</b> Clear <i>Sunset:</i> 4:46PM	Moon 11 - Phase 32	
		<b>Rahu</b> 1:12PM – 2:24PM	Taitila Until 1:07AM Fri	<b>Nataraja:</b> White	Navami	
					<b>Moon</b> – Clear	<b>Devaloka Day</b>
					<b>Margasira* Karttikai</b>	


The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

<b>1</b>		<b>Friday, December 9, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Frederick, MD Sun 24 Sutra 236	
Meena Rasi: 20.25	Tithi 10 – 11	<b>Gulika</b>	<b>8:29AM – 9:40AM</b>	<b>Revati Until 9:47PM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:18AM</i>	Durmukha 5118	
		Yama	2:24PM – 3:35PM	Vyatipata* Until 9:57AM	<b>Muruga: Clear</b> <i>Sunset: 4:46PM</i>	Moon 11 - Phase 33	
		715651365 <b>Rahu</b>	<b>10:51AM – 12:02PM</b>	Vanija Until 10:38PM	<b>Nataraja: White</b>	4th Phase	
Creative Work	Siddha Yoga	<b>Gita Jayanthi</b>		<b>Dashami Until 11:56AM</b>	Moon – Clear	<b>Devaloka Day</b>	
Until 9:47PM					<b>Margasira•Karttikai</b>		
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Saturday, December 10, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Frederick, MD Sun 25 Sutra 237	
Mesha Rasi: 4.55	Tithi 11 – 12	<b>Gulika</b>	<b>7:18AM – 8:29AM</b>	<b>Ashvini Until 7:39PM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 7:18AM</i>	Durmukha 5118	
		Yama	1:13PM – 2:24PM	Variyan Until 6:31AM	<b>Muruga: Clear</b> <i>Sunset: 4:46PM</i>	Moon 11 - Phase 33	
		725651365 <b>Rahu</b>	<b>9:40AM – 10:51AM</b>	Bava Until 7:38PM	<b>Nataraja: White</b>	4th Phase	
Creative Work	Siddha Yoga			<b>Ekadashi Until 9:11AM</b>	Moon – White	<b>Bhuloka Day</b>	
					<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM	

<b>3</b>		<b>Sunday, December 11, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau		Frederick, MD Sun 26 Sutra 238	
Mesha Rasi: 19.46	Tithi 13	<b>Gulika</b>	<b>2:24PM – 3:35PM</b>	<b>Bharani Until 4:59PM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 7:19AM</i>	Durmukha 5118	
		Yama	12:03PM – 1:14PM	Shiva Until 10:38PM	<b>Muruga: Clear</b> <i>Sunset: 4:46PM</i>	Moon 11 - Phase 33	
		725651365 <b>Rahu</b>	<b>3:35PM – 4:46PM</b>	Kaulava Until 4:15PM	<b>Nataraja: White</b>	4th Phase	
Routine Work	Prabalarishta Yoga			<b>Trayodashi Until 2:27AM Mon</b>	Moon – White	<b>Bhuloka Day</b>	
Until 4:59PM				<i>Pradosha Vrata</i>	<b>Margasira•Karttikai</b>	Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Monday, December 12, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau		Frederick, MD Sun 27 Sutra 239	
Vrishabha Rasi: 4.52	Tithi 14	<b>Gulika</b>	<b>1:14PM – 2:25PM</b>	<b>Krittika Until 1:59PM</b>	<b>Ganesha: Blue</b> <i>Sunrise: 7:20AM</i>	Durmukha 5118	
<b>Family Home Evening</b>		Yama	10:52AM – 12:03PM	Siddha Until 6:23PM	<b>Muruga: White</b> <i>Sunset: 4:46PM</i>	Moon 11 - Phase 33	
		725661365 <b>Rahu</b>	<b>8:31AM – 9:41AM</b>	Gara Until 12:38PM	<b>Nataraja: White</b>	4th Phase	
Routine Work	Marana Yoga			<b>Chaturdashi* Until 10:46PM</b>	Moon – White	<b>Bhuloka Day</b>	
Until 1:59PM		<b>Krittika Deepam</b>			<b>Margasira•Karttikai</b>	<b>Tour Day</b>	
Then Creative Work - Amrita Yoga							

		<b>Tuesday, December 13, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau		Frederick, MD Sun 28 Sutra 240	
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>12:04PM – 1:14PM</b>	<b>Rohini Until 11:11AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:21AM</i>	Durmukha 5118	
Vrishabha Rasi: 20.02	Tithi 15	Yama	9:42AM – 10:53AM	Sadhya Until 2:08PM	<b>Muruga: White</b> <i>Sunset: 4:47PM</i>	Moon 11 - Phase 33	
		736661365 <b>Rahu</b>	<b>2:25PM – 3:36PM</b>	Visti Until 8:57AM	<b>Nataraja: White</b>	Purnima	
Creative Work	Amrita Yoga			<b>Purnima* Until 7:08PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
Until 11:11AM					<b>Margasira•Karttikai</b>	Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Wednesday, December 14, 2016</b>		Durmukha Nama Samvatsare Dakshinaya Jivana Ritau Vrīschika Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 29 Sutra 241	
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>10:53AM – 12:04PM</b>	<b>Mrigashira Until 8:24AM</b>	<b>Ganesha: Red</b> <i>Sunrise: 7:21AM</i>	Durmukha 5118	
Mithuna Rasi: 5.1	Tithi 16 – 17	Yama	8:32AM – 9:43AM	Subha Until 10:03AM	<b>Muruga: White</b> <i>Sunset: 4:47PM</i>	Moon 11 - Phase 33	
		736661365 <b>Rahu</b>	<b>12:04PM – 1:15PM</b>	Taitila Until 2:08AM Thu	<b>Nataraja: White</b>	Prathama	
Creative Work	Siddha Yoga			<b>Prathama* Until 3:42PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
					<b>Margasira•Karttikai</b>	Devaloka Time: 6:AM to 9:AM	
		<b>Vinayaga Viratam Begins</b>					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Thursday, December 15, 2016

Gold Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1 Sutra 242

Durmukha 5118

Mithuna Rasi: 20.02 Tihi 17 - 18

Gulika 9:43AM - 10:54AM

Punarvasu Until 3:57AM Fri

Ganesha: Green Sunrise: 7:22AM

Yama 7:22AM - 8:33AM

Sukla Until 6:12AM

Muruga: White Sunset: 4:47PM

Moon 12 - Phase 34

746661365 Rahu 1:15PM - 2:26PM

Vanija Until 11:20PM

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Markali Pillaiyar

Dvitiya Until 12:39PM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Until 3:57AM Fri

Then Routine Work - Marana Yoga

Friday, December 16, 2016

1

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Indra Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Frederick, MD

Sun 2 Sutra 243

Durmukha 5118

Kataka Rasi: 4.32 Tihi 18 - 19

Gulika 8:33AM - 9:44AM

Pushya Until 2:39AM Sat

Ganesha: Red Sunrise: 7:23AM

Yama 2:26PM - 3:37PM

Indra Until 11:54PM

Muruga: White Sunset: 4:48PM

Moon 12 - Phase 34

846661365 Rahu 10:54AM - 12:05PM

Bava Until 9:11PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Tritiya Until 10:09AM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Saturday, December 17, 2016

2

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mantra Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3 Sutra 244

Durmukha 5118

Kataka Rasi: 18.35 Tihi 19 - 20

Gulika 7:23AM - 8:34AM

Ashlesha\* Until 1:59AM Sun

Ganesha: Red Sunrise: 7:23AM

Yama 1:16PM - 2:27PM

Vaidhriti\* Until 9:38PM

Muruga: White Sunset: 4:48PM

Moon 12 - Phase 34

846661365 Rahu 9:44AM - 10:55AM

Kaulava Until 7:48PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 8:22AM

Moon - Blue  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Sunday, December 18, 2016

3

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 4 Sutra 245

Durmukha 5118

Simha Rasi: 2.08 Tihi 20 - 21

Gulika 2:27PM - 3:38PM

Magha\* Until 2:29AM Mon

Ganesha: Green Sunrise: 7:24AM

Yama 12:06PM - 1:17PM

Vishkambha\* Until 8:04PM

Muruga: White Sunset: 4:48PM

Moon 12 - Phase 34

856661365 Rahu 3:38PM - 4:48PM

Gara Until 7:18PM

Nataraja: White

1st Phase

Routine Work Marana Yoga

Panchami Until 7:25AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 2:29AM Mon

Then Creative Work - Siddha Yoga

Monday, December 19, 2016

4

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD

Sun 5 Sutra 246

Durmukha 5118

Simha Rasi: 15.13 Tihi 21 - 22

Gulika 1:17PM - 2:28PM

Purvaphalguni Until 3:42AM Tue

Ganesha: Green Sunrise: 7:24AM

Yama 10:56AM - 12:07PM

Priti Until 7:12PM

Muruga: White Sunset: 4:49PM

Moon 12 - Phase 34

Family Home Evening 856661365 Rahu 8:35AM - 9:46AM

Visti Until 7:43PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi\* Until 7:23AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 3:42AM Tue

Then Creative Work - Amrita Yoga

Tuesday, December 20, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD

Sun 6 Sutra 247

Durmukha 5118

Simha Rasi: 27.51 Tihi 22 - 23

Gulika 12:07PM - 1:18PM

Uttaraphalguni Until 5:30AM Wed

Ganesha: White Sunrise: 7:25AM

Yama 9:46AM - 10:57AM

Ayushman Until 6:57PM

Muruga: White Sunset: 4:49PM

Moon 12 - Phase 34

857661365 Rahu 2:28PM - 3:39PM

Balava Until 8:57PM

Nataraja: White

Ashtami

Creative Work Amrita Yoga

Saptami Until 8:13AM

Moon - Red  
Margasira-Markali

Bhuloka Day

Until 5:30AM Wed

Then Routine Work - Marana Yoga

Wednesday, December 21, 2016

Retreat Star

Durmukha Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD

Sun 7 Sutra 248

Durmukha 5118

Kanya Rasi: 10.1 Tihi 23 - 24

Gulika 10:57AM - 12:08PM

Hasta Until 8:12AM Thu

Ganesha: Clear Sunrise: 7:25AM

Yama 8:36AM - 9:47AM

Saubhagya Until 7:14PM

Muruga: White Sunset: 4:50PM

Moon 12 - Phase 34

867661365 Rahu 12:08PM - 1:18PM

Taitila Until 10:51PM

Nataraja: White

Navami

Routine Work Marana Yoga

Ashtami\* Until 9:48AM

Moon - Green  
Margasira-Markali

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Until 8:12AM Thu

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Thursday, December 22, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Frederick, MD Sun 8 Sutra 249 Durmukha 5118
Kanya Rasi: 22.13	Tithi 24 – 25	<b>Gulika</b> 9:47AM – 10:58AM	<b>Hasta</b> <b>Until 8:12AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 7:26AM</i>		
		<b>Yama</b> 7:26AM – 8:36AM	<b>Sobhana</b> <b>Until 7:53PM</b>	<b>Muruga:</b> White <i>Sunset: 4:50PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 1:19PM – 2:29PM	<b>Vanija</b> <b>Until 1:12AM Fri</b>	<b>Nataraja:</b> White		2nd Phase
Routine Work	Marana Yoga		<b>Navami*</b> <b>Until 11:58AM</b>	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
Until 8:12AM		<b>Day 2 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>	
Then Creative Work - Siddha Yoga						

<b>2</b>		<b>Friday, December 23, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Frederick, MD Sun 9 Sutra 250 Durmukha 5118
Tula Rasi: 4.08	Tithi 25 – 26	<b>Gulika</b> 8:37AM – 9:47AM	<b>Chitra</b> <b>Until 11:06AM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 7:26AM</i>		
		<b>Yama</b> 2:30PM – 3:40PM	<b>Athiganda*</b> <b>Until 8:42PM</b>	<b>Muruga:</b> White <i>Sunset: 4:51PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 10:58AM – 12:09PM	<b>Bava</b> <b>Until 3:47AM Sat</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 2:28PM</b>	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
		<b>Day 3 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>3</b>		<b>Saturday, December 24, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau	Frederick, MD Sun 10 Sutra 251 Durmukha 5118
Tula Rasi: 15.59	Tithi 26 – 27	<b>Gulika</b> 7:27AM – 8:37AM	<b>Svati</b> <b>Until 1:57PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 7:27AM</i>		
		<b>Yama</b> 1:20PM – 2:30PM	<b>Sukarma</b> <b>Until 9:35PM</b>	<b>Muruga:</b> White <i>Sunset: 4:51PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 9:48AM – 10:59AM	<b>Kaulava</b> <b>Until 6:23AM Sun</b>	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> <b>Until 5:04PM</b>	<b>Moon – Green</b>	<b>Bhuloka Day</b>	
		<b>Day 4 of Pancha Ganapati</b>		<b>Margasira*Markali</b>	<b>Devaloka Time: 6:AM to 9:AM</b>	

<b>4</b>		<b>Sunday, December 25, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvodashyam Titau	Frederick, MD Sun 11 Sutra 252 Durmukha 5118
Tula Rasi: 27.5	Tithi 27	<b>Gulika</b> 2:31PM – 3:41PM	<b>Vishakha</b> <b>Until 5:06PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 7:27AM</i>		
		<b>Yama</b> 12:10PM – 1:20PM	<b>Dhriti</b> <b>Until 10:25PM</b>	<b>Muruga:</b> White <i>Sunset: 4:52PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 3:41PM – 4:52PM	<b>Kaulava</b> <b>Until 6:23AM</b>	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga		<b>Dvodashi*</b> <b>Until 7:37PM</b>	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
		<b>Day 5 of Pancha Ganapati</b>		<b>Margasira*Markali</b>		

<b>5</b>		<b>Monday, December 26, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau	Frederick, MD Sun 12 Sutra 253 Durmukha 5118
Vrischika Rasi: 9.44	Tithi 28	<b>Gulika</b> 1:21PM – 2:31PM	<b>Anuradha</b> <b>Until 7:54PM</b>	<b>Ganesh:</b> Purple <i>Sunrise: 7:28AM</i>		
<b>Family Home Evening</b>		<b>Yama</b> 10:59AM – 12:10PM	<b>Shula*</b> <b>Until 11:04PM</b>	<b>Muruga:</b> White <i>Sunset: 4:53PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 8:38AM – 9:49AM	<b>Gara</b> <b>Until 8:51AM</b>	<b>Nataraja:</b> Green		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 9:59PM</b>	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
			<i>Pradosha Vrata (Fasting)</i>	<b>Margasira*Markali</b>		

<b>6</b>		<b>Tuesday, December 27, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Frederick, MD Sun 13 Sutra 254 Durmukha 5118
Vrischika Rasi: 21.43	Tithi 29	<b>Gulika</b> 12:11PM – 1:21PM	<b>Jyeshtha*</b> <b>Until 10:17PM</b>	<b>Ganesh:</b> Clear <i>Sunrise: 7:28AM</i>		
		<b>Yama</b> 9:49AM – 11:00AM	<b>Ganda*</b> <b>Until 11:32PM</b>	<b>Muruga:</b> White <i>Sunset: 4:53PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 2:32PM – 3:43PM	<b>Visti</b> <b>Until 11:05AM</b>	<b>Nataraja:</b> Green		2nd Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 12:04AM Wed</b>	<b>Moon – Orange</b>	<b>Bhuloka Day</b>	
Until 10:17PM				<b>Margasira*Markali</b>	<b>Devaloka Time: 9:AM to 12:PM</b>	
Then Creative Work - Amrita Yoga						

<b>Retreat Star</b>		<b>Wednesday, December 28, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Frederick, MD Sun 14 Sutra 255 Durmukha 5118
Dhanus Rasi: 3.48	Tithi 30	<b>Gulika</b> 11:00AM – 12:11PM	<b>Mula*</b> <b>Until 12:43AM Thu</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:28AM</i>		
		<b>Yama</b> 8:39AM – 9:50AM	<b>Vriddhi</b> <b>Until 11:47PM</b>	<b>Muruga:</b> White <i>Sunset: 4:54PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 12:11PM – 1:22PM	<b>Catuspada</b> <b>Until 1:01PM</b>	<b>Nataraja:</b> Green		Amavasya
Routine Work	Marana Yoga		<b>Amavasya*</b> <b>Until 1:50AM Thu</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>	
Until 12:43AM Thu		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira*Markali</b>		
Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>		<b>Thursday, December 29, 2016</b>			Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau	Frederick, MD Sun 15 Sutra 256 Durmukha 5118
Dhanus Rasi: 16.02	Tithi 1	<b>Gulika</b> 9:50AM – 11:01AM	<b>Purvashadha*</b> <b>Until 2:39AM Fri</b>	<b>Ganesh:</b> Light Blue <i>Sunrise: 7:28AM</i>		
		<b>Yama</b> 7:28AM – 8:39AM	<b>Dhruva</b> <b>Until 11:45PM</b>	<b>Muruga:</b> White <i>Sunset: 4:55PM</i>		Moon 12 - Phase 35
		<b>Rahu</b> 1:22PM – 2:33PM	<b>Kintughna</b> <b>Until 2:37PM</b>	<b>Nataraja:</b> Green		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> <b>Until 3:16AM Fri</b>	<b>Moon – Light Blue</b>	<b>Bhuloka Day</b>	
Until 2:39AM Fri				<b>Pausha*Markali</b>		
Then Routine Work - Marana Yoga						

1 Friday, December 30, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Frederick, MD Sun 16 Sutra 257 Durmukha 5118	
Dhanus Rasi: 28.23	Tithi 2	<b>Gulika</b> 8:39AM – 9:50AM	<b>Uttarashadha</b> Until 4:05AM Sat	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 2:34PM – 3:45PM	Vyaghata* Until 11:27PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	3rd Phase	
		888761366 <b>Rahu</b> 11:01AM – 12:12PM	Balava Until 3:52PM	<b>Nataraja:</b> Green		Moon – Light Blue	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 4:20AM Sat	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
Until 4:05AM Sat							
Then Creative Work - Siddha Yoga							

2 Saturday, December 31, 2016		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Harshana Yoga Taitila/Gara Karana Tritiyayam Titau				Frederick, MD Sun 17 Sutra 258 Durmukha 5118	
Makara Rasi: 10.55	Tithi 3	<b>Gulika</b> 7:29AM – 8:40AM	<b>Shravana</b> Until 5:28AM Sun	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 1:24PM – 2:35PM	Harshana Until 10:54PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	3rd Phase	
		898761366 <b>Rahu</b> 9:51AM – 11:02AM	Taitila Until 4:45PM	<b>Nataraja:</b> Green		Moon – Purple	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 5:02AM Sun	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
Until 5:28AM Sun							
Then Routine Work - Marana Yoga							

3 Sunday, January 1, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Frederick, MD Sun 18 Sutra 259 Durmukha 5118	
Makara Rasi: 23.36	Tithi 4	<b>Gulika</b> 2:35PM – 3:45PM	<b>Dhanishtha</b> Until 6:19AM Mon	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 12:13PM – 1:24PM	Vajra* Until 10:01PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:56PM	3rd Phase	
		898761366 <b>Rahu</b> 3:45PM – 4:56PM	Vanija Until 5:15PM	<b>Nataraja:</b> Green		Moon – Purple	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 5:20AM Mon	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
Until 6:19AM Mon							
Then Creative Work - Siddha Yoga							

4 Monday, January 2, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Frederick, MD Sun 19 Sutra 260 Durmukha 5118	
Kumbha Rasi: 6.29	Tithi 5	<b>Gulika</b> 1:24PM – 2:35PM	<b>Dhanishtha</b> Until 6:19AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
<b>Family Home Evening</b>		Yama 11:02AM – 12:13PM	Siddhi Until 8:49PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:57PM	3rd Phase	
		899761366 <b>Rahu</b> 8:40AM – 9:51AM	Bava Until 5:21PM	<b>Nataraja:</b> Green		Moon – Purple	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 5:12AM Tue	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	

5 Tuesday, January 3, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Shashthyam Titau				Frederick, MD Sun 20 Sutra 261 Durmukha 5118	
Kumbha Rasi: 19.34	Tithi 6	<b>Gulika</b> 12:14PM – 1:25PM	<b>Shatabhishak</b> Until 6:36AM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 9:51AM – 11:02AM	Vyatipata* Until 7:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:58PM	3rd Phase	
		899761366 <b>Rahu</b> 2:36PM – 3:47PM	Kaulava Until 4:59PM	<b>Nataraja:</b> Green		Moon – Purple	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 4:36AM Wed	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Vinayaga Viratam Ends	

6 Wednesday, January 4, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Frederick, MD Sun 21 Sutra 262 Durmukha 5118	
Meena Rasi: 2.55	Tithi 7	<b>Gulika</b> 11:03AM – 12:14PM	<b>Purvaproshtapada*</b> Until 6:44AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 8:40AM – 9:51AM	Variyan Until 5:21PM	<b>Muruga:</b> White	<i>Sunset:</i> 4:59PM	3rd Phase	
		819761366 <b>Rahu</b> 12:14PM – 1:25PM	Gara Until 4:09PM	<b>Nataraja:</b> Green		Moon – Clear	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 3:31AM Thu	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
Until 6:44AM						Devaloka Time: 9:AM to 12:PM	
Then Creative Work - Siddha Yoga							

Thursday, January 5, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau				Frederick, MD Sun 22 Sutra 263 Durmukha 5118	
Meena Rasi: 16.31	Tithi 8	<b>Gulika</b> 9:52AM – 11:03AM	<b>Uttaraproshtapada</b> Until 6:14AM	<b>Ganesh:</b> Red	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 7:29AM – 8:40AM	Parigha* Until 3:02PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:00PM	Ashtami	
		819761366 <b>Rahu</b> 1:26PM – 2:37PM	Visti Until 2:48PM	<b>Nataraja:</b> Green		Moon – Clear	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 1:55AM Fri	<b>Pausha-Markali</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 9:AM to 12:PM	
						Subramuniyaswami Jayanti	

Friday, January 6, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau				Frederick, MD Sun 23 Sutra 264 Durmukha 5118	
Mesha Rasi: 0.26	Tithi 9	<b>Gulika</b> 8:40AM – 9:52AM	<b>Ashvini</b> Until 3:47AM Sat	<b>Ganesh:</b> Blue	<i>Sunrise:</i> 7:29AM	Moon 12 - Phase 36	
		Yama 2:38PM – 3:49PM	Shiva Until 12:20PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:01PM	Navami	
		829761366 <b>Rahu</b> 11:03AM – 12:15PM	Balava Until 12:58PM	<b>Nataraja:</b> Green		Moon – White	
Creative Work	Amrita Yoga		<b>Navami*</b> Until 11:51PM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
Until 3:47AM Sat							
Then Creative Work - Siddha Yoga							


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Saturday, January 7, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Frederick, MD	
Mesha Rasi: 14.39		Tithi 10		Bharani Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau		Sun 24		Sutra 265	
Creative Work		Siddha Yoga		<b>Gulika</b> 7:29AM – 8:41AM	<b>Bharani Until 1:55AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
				Yama 1:27PM – 2:39PM	Siddha Until 9:15AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:02PM	Moon 12 - Phase 37	
		829761366		<b>Rahu</b> 9:52AM – 11:04AM	Taitila Until 10:41AM	<b>Nataraja:</b> Green		4th Phase	
					<b>Dashami Until 9:22PM</b>	Moon – White		<b>Devaloka Day</b>	
						<b>Pausha-Markali</b>			

<b>2</b>		<b>Sunday, January 8, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Mesha Rasi: 29.08		Tithi 11		Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 25		Sutra 266	
Creative Work		Siddha Yoga		<b>Gulika</b> 2:39PM – 3:51PM	<b>Krittika Until 11:37PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
		829761366		Yama 12:16PM – 1:27PM	Subha Until 2:16AM Mon	<b>Muruga:</b> White	<i>Sunset:</i> 5:03PM	Moon 12 - Phase 37	
				<b>Rahu</b> 3:51PM – 5:03PM	Vanija Until 8:01AM	<b>Nataraja:</b> Green		4th Phase	
					<b>Ekadashi Until 6:33PM</b>	Moon – White		<b>Devaloka Day</b>	
				<b>Vaikuntha Ekadasi</b>		<b>Pausha-Markali</b>			

<b>3</b>		<b>Monday, January 9, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Frederick, MD	
Vrishabha Rasi: 13.49		Tithi 12 – 13		Rohini Nakshatra Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26		Sutra 267	
<b>Family Home Evening</b>		839761366		<b>Gulika</b> 1:28PM – 2:40PM	<b>Rohini Until 9:25PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
Creative Work		Amrita Yoga		Yama 11:04AM – 12:16PM	Sukla Until 10:31PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:04PM	Moon 12 - Phase 37	
				<b>Rahu</b> 8:41AM – 9:52AM	Kaulava Until 1:59AM Tue	<b>Nataraja:</b> Green		4th Phase	
					<b>Dvadashi Until 3:31PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
					<i>Pradosha Vrata</i>	<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

<b>4</b>		<b>Tuesday, January 10, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Vrishabha Rasi: 28.37		Tithi 13 – 14		Mrigashira Nakshatra Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 268	
Creative Work		Siddha Yoga		<b>Gulika</b> 12:17PM – 1:29PM	<b>Mrigashira Until 7:02PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:29AM	Durmukha 5118	
Until 7:02PM		831761366		Yama 9:53AM – 11:05AM	Brahma Until 6:44PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:05PM	Moon 12 - Phase 37	
Then Routine Work - Marana Yoga				<b>Rahu</b> 2:41PM – 3:53PM	Gara Until 10:54PM	<b>Nataraja:</b> Green		4th Phase	
					<b>Trayodashi Until 12:25PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
						<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	
								<b>Tour Day</b>	

		<b>Wednesday, January 11, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Frederick, MD	
<b>Copper Retreat Star</b>		Mithuna Rasi: 13.23		Tithi 14 – 15		Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Sutra 269	
Creative Work		Siddha Yoga		<b>Gulika</b> 11:05AM – 12:17PM	<b>Ardra Until 4:39PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:28AM	Durmukha 5118	
		831761366		Yama 8:41AM – 9:53AM	Indra Until 3:05PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:06PM	Moon 12 - Phase 37	
				<b>Rahu</b> 12:17PM – 1:29PM	Visti Until 7:58PM	<b>Nataraja:</b> Green		Purnima	
					<b>Chaturdashi* Until 9:23AM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				<b>Ardra Darshanam</b>		<b>Pausha-Markali</b>		Devaloka Time: 9:AM to12:PM	

<b>Thursday, January 12, 2017</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Mithuna Rasi: 28.01		Tithi 15 – 16		Punarvasu/Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau		Sun 28		Sutra 270	
Creative Work		Amrita Yoga		<b>Gulika</b> 9:53AM – 11:05AM	<b>Punarvasu Until 2:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:28AM	Durmukha 5118	
		841761366		Yama 7:28AM – 8:40AM	Vaidhriti* Until 11:37AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:07PM	Moon 12 - Phase 37	
				<b>Rahu</b> 1:30PM – 2:42PM	Kaulava Until 4:10AM Fri	<b>Nataraja:</b> Green		Prathama	
					<b>Purnima* Until 6:35AM</b>	Moon – Blue		<b>Devaloka Day</b>	
						<b>Pausha-Markali</b>			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Friday, January 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Frederick, MD

Pushya/Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Sutra 271

Kataka Rasi: 12.22 Tiithi 17

Gulika 8:40AM - 9:53AM

Pushya Until 1:18PM

Ganesha: White Sunrise: 7:28AM

Durmukha 5118

Yama 2:43PM - 3:55PM

Vishkambha\* Until 8:31AM

Muruga: White Sunset: 5:08PM

Moon 1 - Phase 38

841761366 Rahu 11:05AM - 12:18PM

Tailila Until 3:11PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Thai Pongal

Dvitiya Until 2:18AM Sat

Moon - Blue Pausha\*Thai

Devaloka Day

1

Saturday, January 14, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam

Frederick, MD

Ashlesha\*/Magha\* Nakshatra Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau

Sun 1 Sutra 272

Kataka Rasi: 26.2 Tiithi 18

Gulika 7:28AM - 8:40AM

Ashlesha\* Until 12:14PM

Ganesha: White Sunrise: 7:28AM

Durmukha 5118

Yama 1:31PM - 2:43PM

Ayushman Until 3:48AM Sun

Muruga: White Sunset: 5:09PM

Moon 1 - Phase 38

841761366 Rahu 9:53AM - 11:06AM

Vanija Until 1:39PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Tritiya Until 1:08AM Sun

Moon - Blue Pausha\*Thai

Devaloka Day

Until 12:14PM

Then Creative Work - Amrita Yoga

2

Sunday, January 15, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam

Frederick, MD

Magha\*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Sun 2 Sutra 273

Simha Rasi: 9.55 Tiithi 19

Gulika 2:44PM - 3:57PM

Magha\* Until 12:10PM

Ganesha: Yellow Sunrise: 7:27AM

Durmukha 5118

Yama 12:19PM - 1:31PM

Saubhagya Until 2:20AM Mon

Muruga: White Sunset: 5:10PM

Moon 1 - Phase 38

851761366 Rahu 3:57PM - 5:10PM

Bava Until 12:51PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Chaturthi\* Until 12:44AM Mon

Moon - Red Pausha\*Thai

Bhuloka Day

Until 12:10PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

3

Monday, January 16, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam

Frederick, MD

Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailila Karana Panchamyam Titau

Sun 3 Sutra 274

Simha Rasi: 23.02 Tiithi 20

Gulika 1:32PM - 2:45PM

Purvaphalguni Until 12:45PM

Ganesha: Yellow Sunrise: 7:27AM

Durmukha 5118

Yama 11:06AM - 12:19PM

Sobhana Until 1:30AM Tue

Muruga: White Sunset: 5:11PM

Moon 1 - Phase 38

Family Home Evening

851761366 Rahu 8:40AM - 9:53AM

Kaulava Until 12:52PM

Nataraja: Green

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:09AM Tue

Moon - Red Pausha\*Thai

Bhuloka Day

Devaloka Time: 9:AM to 12:PM

4

Tuesday, January 17, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam

Frederick, MD

Uttaraphalguni/Hasta Nakshatra Athiganda\* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4 Sutra 275

Kanya Rasi: 5.46 Tiithi 21

Gulika 12:19PM - 1:32PM

Uttaraphalguni Until 1:57PM

Ganesha: Yellow Sunrise: 7:26AM

Durmukha 5118

Yama 9:53AM - 11:06AM

Athiganda\* Until 1:15AM Wed

Muruga: White Sunset: 5:12PM

Moon 1 - Phase 38

851761366 Rahu 2:46PM - 3:59PM

Gara Until 1:41PM

Nataraja: Green

1st Phase

Creative Work Amrita Yoga

Shashthi\* Until 2:21AM Wed

Moon - Red Pausha\*Thai

Bhuloka Day

Until 1:57PM

Then Creative Work - Siddha Yoga

Devaloka Time: 9:AM to 12:PM

5

Wednesday, January 18, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam

Frederick, MD

Hasta/Chitra Nakshatra Sukarma Yoga Visti\*/Bava Karana Saptamyam Titau

Sun 5 Sutra 276

Kanya Rasi: 18.1 Tiithi 22

Gulika 11:06AM - 12:20PM

Hasta Until 4:08PM

Ganesha: Blue Sunrise: 7:26AM

Durmukha 5118

Yama 8:39AM - 9:53AM

Sukarma Until 1:29AM Thu

Muruga: White Sunset: 5:13PM

Moon 1 - Phase 38

861761366 Rahu 12:20PM - 1:33PM

Visti Until 3:13PM

Nataraja: Green

1st Phase

Routine Work Marana Yoga

Saptami Until 4:11AM Thu

Moon - Green Pausha\*Thai

Devaloka Day

Until 4:08PM

Then Creative Work - Siddha Yoga

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Thursday, January 19, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam

Frederick, MD

Chitra Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6 Sutra 277

Tula Rasi: 0.18 Tiithi 23

Gulika 9:53AM - 11:06AM

Chitra Until 6:42PM

Ganesha: Blue Sunrise: 7:26AM

Durmukha 5118

Yama 7:26AM - 8:39AM

Dhriti Until 2:05AM Fri

Muruga: White Sunset: 5:14PM

Moon 1 - Phase 38

861761366 Rahu 1:33PM - 2:47PM

Balava Until 5:18PM

Nataraja: Green

Ashtami

Creative Work Siddha Yoga

Ashtami\* Until 6:28AM Fri

Moon - Green Pausha\*Thai

Devaloka Day

Until 6:42PM

Then Creative Work - Amrita Yoga

Friday, January 20, 2017

Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam

Frederick, MD

Svati Nakshatra Shula\* Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Sun 7 Sutra 278

Tula Rasi: 12.17 Tiithi 23 - 24

Gulika 8:39AM - 9:53AM

Svati Until 9:24PM

Ganesha: Yellow Sunrise: 7:25AM

Durmukha 5118

Yama 2:48PM - 4:02PM

Shula\* Until 2:52AM Sat

Muruga: White Sunset: 5:15PM

Moon 1 - Phase 38

862761366 Rahu 11:06AM - 12:20PM

Tailila Until 7:43PM

Nataraja: Green

Navami

Creative Work Siddha Yoga

Ashtami\* Until 6:28AM

Moon - Green Pausha\*Thai

Bhuloka Day

Devaloka Time: 6:AM to 9:AM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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1 Saturday, January 21, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Frederick, MD	
Tula Rasi: 24.1		Gulika 7:25AM – 8:39AM		Vishakha Until 12:31AM Sun		Sun 8 Sutra 279	
Tihi 24 – 25		Yama 1:34PM – 2:48PM		Ganda* Until 3:41AM Sun		Durmukha 5118	
872861366		Rahu 9:53AM – 11:06AM		Vanija Until 10:16PM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Navami* Until 8:58AM		2nd Phase	
Until 12:31AM Sun						Bhuloka Day	
Then Routine Work - Marana Yoga						Pausha*Thai	

2 Sunday, January 22, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam				Frederick, MD	
Vrischika Rasi: 6.02		Gulika 2:49PM – 4:03PM		Anuradha Until 3:23AM Mon		Sun 9 Sutra 280	
Tihi 25 – 26		Yama 12:21PM – 1:35PM		Vridhhi Until 4:26AM Mon		Durmukha 5118	
872861366		Rahu 4:03PM – 5:18PM		Bava Until 12:42AM Mon		Moon 1 - Phase 39	
Routine Work Marana Yoga				Dashami Until 11:29AM		2nd Phase	
Until 3:23AM Mon						Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 9:AM to12:PM	

3 Monday, January 23, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam				Frederick, MD	
Vrischika Rasi: 17.58		Gulika 1:35PM – 2:50PM		Jyeshtha* Until 5:49AM Tue		Sun 10 Sutra 281	
Tihi 26 – 27		Yama 11:07AM – 12:21PM		Dhruva Until 4:57AM Tue		Durmukha 5118	
872861366		Rahu 8:38AM – 9:52AM		Kaulava Until 2:54AM Tue		Moon 1 - Phase 39	
Family Home Evening				Ekadashi* Until 1:49PM		2nd Phase	
Creative Work Siddha Yoga						Bhuloka Day	
Until 5:49AM Tue						Devaloka Time: 9:AM to12:PM	
Then Creative Work - Amrita Yoga						Pausha*Thai	

4 Tuesday, January 24, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam				Frederick, MD	
Vrischika Rasi: 30		Gulika 12:21PM – 1:36PM		Mula* Until 8:12AM Wed		Sun 11 Sutra 282	
Tihi 27 – 28		Yama 9:52AM – 11:07AM		Vyaghata* Until 5:11AM Wed		Durmukha 5118	
972861366		Rahu 2:51PM – 4:05PM		Gara Until 4:42AM Wed		Moon 1 - Phase 39	
Creative Work Amrita Yoga				Dvadashi* Until 3:50PM		2nd Phase	
						Devaloka Day	
						Pausha*Thai	
						Pradosha Vrata (Fasting)	

5 Wednesday, January 25, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam				Frederick, MD	
Dhanus Rasi: 12.11		Gulika 11:07AM – 12:22PM		Mula* Until 8:12AM		Sun 12 Sutra 283	
Tihi 28 – 29		Yama 8:37AM – 9:52AM		Harshana Until 5:06AM Thu		Durmukha 5118	
982861366		Rahu 12:22PM – 1:36PM		Visti Until 6:03AM Thu		Moon 1 - Phase 39	
Routine Work Marana Yoga				Trayodashi* Until 5:25PM		2nd Phase	
Until 8:12AM						Bhuloka Day	
Then Creative Work - Amrita Yoga						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

6 Thursday, January 26, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam				Frederick, MD	
Dhanus Rasi: 24.35		Gulika 9:52AM – 11:07AM		Purvashadha* Until 9:59AM		Sun 13 Sutra 284	
Tihi 29		Yama 7:21AM – 8:36AM		Vajra* Until 4:36AM Fri		Durmukha 5118	
982861366		Rahu 1:37PM – 2:52PM		Visti Until 6:03AM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Chaturdashi* Until 6:31PM		2nd Phase	
Until 9:59AM						Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

Friday, January 27, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam				Frederick, MD	
Makara Rasi: 7.11		Gulika 8:36AM – 9:51AM		Uttarashadha Until 11:08AM		Sun 14 Sutra 285	
Tihi 30		Yama 2:53PM – 4:08PM		Siddhi Until 3:44AM Sat		Durmukha 5118	
982861366		Rahu 11:07AM – 12:22PM		Catuspada Until 6:54AM		Moon 1 - Phase 39	
Routine Work Marana Yoga				Amavasya* Until 7:07PM		Amavasya	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Pausha*Thai	

Saturday, January 28, 2017		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Frederick, MD	
Makara Rasi: 20.01		Gulika 7:20AM – 8:35AM		Shravana Until 12:07PM		Sun 15 Sutra 286	
Tihi 1		Yama 1:38PM – 2:53PM		Vyatipata* Until 2:31AM Sun		Durmukha 5118	
992861366		Rahu 9:51AM – 11:07AM		Kintughna Until 7:15AM		Moon 1 - Phase 39	
Creative Work Siddha Yoga				Prathama* Until 7:14PM		Prathama	
						Bhuloka Day	
						Devaloka Time: 9:AM to12:PM	
						Magha*Thai	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1 Sunday, January 29, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Frederick, MD
Kumbha Rasi: 3.04 Tithi 2		Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16 Sutra 287
992861366		<b>Gulika</b> 2:54PM – 4:10PM	<b>Dhanishtha</b> Until 12:31PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:19AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 12:22PM – 1:38PM	Variyan Until 12:57AM Mon	<b>Muruga:</b> White <i>Sunset:</i> 5:26PM	Moon 1 - Phase 40	
Until 12:31PM		<b>Rahu</b> 4:10PM – 5:26PM	Balava Until 7:08AM	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Siddha Yoga			<b>Dvitiya</b> Until 6:54PM	Moon – Purple	<b>Bhuloka Day</b>	
				<b>Magha-Thai</b>	Devaloka Time: 9:AM to12:PM	

<b>2 Monday, January 30, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Frederick, MD
Kumbha Rasi: 16.21 Tithi 3		Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17 Sutra 288
992861366		<b>Gulika</b> 1:39PM – 2:55PM	<b>Shatabhishak</b> Until 12:22PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:18AM	Durmukha 5118	
Family Home Evening		Yama 11:06AM – 12:23PM	Parigha* Until 11:06PM	<b>Muruga:</b> White <i>Sunset:</i> 5:27PM	Moon 1 - Phase 40	
Creative Work Siddha Yoga		<b>Rahu</b> 8:34AM – 9:50AM	Taitila Until 6:36AM	<b>Nataraja:</b> Green	3rd Phase	
Until 12:22PM			<b>Tritiya</b> Until 6:11PM	Moon – Purple	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Magha-Thai</b>	Devaloka Time: 9:AM to12:PM	

<b>3 Tuesday, January 31, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Frederick, MD
Kumbha Rasi: 29.5 Tithi 4 – 5		Purvaproshtapada* Nakshatra Shiva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 289
912861366		<b>Gulika</b> 12:23PM – 1:39PM	<b>Purvaproshtapada*</b> Until 12:10PM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM	Durmukha 5118	
Routine Work Marana Yoga		Yama 9:50AM – 11:06AM	Shiva Until 9:01PM	<b>Muruga:</b> White <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
Until 12:10PM		<b>Rahu</b> 2:55PM – 4:12PM	Bava Until 4:30AM Wed	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Amrita Yoga			<b>Chaturthi*</b> Until 5:08PM	Moon – Clear	<b>Devaloka Day</b>	
				<b>Magha-Thai</b>		

<b>4 Wednesday, February 1, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Frederick, MD
Meena Rasi: 13.29 Tithi 5 – 6		Uttaraproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Sun 19 Sutra 290
912861366		<b>Gulika</b> 11:06AM – 12:23PM	<b>Uttaraproshtapada</b> Until 11:32AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 8:34AM – 9:50AM	Siddha Until 6:40PM	<b>Muruga:</b> White <i>Sunset:</i> 5:28PM	Moon 1 - Phase 40	
Until 11:32AM		<b>Rahu</b> 12:23PM – 1:39PM	Kaulava Until 3:01AM Thu	<b>Nataraja:</b> Green	3rd Phase	
Then Routine Work - Marana Yoga			<b>Panchami</b> Until 3:46PM	Moon – Clear	<b>Devaloka Day</b>	
				<b>Magha-Thai</b>		

<b>5 Thursday, February 2, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Frederick, MD
Meena Rasi: 27.19 Tithi 6 – 7		Revati/Ashvini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 291
912861366		<b>Gulika</b> 9:50AM – 11:06AM	<b>Revati</b> Until 10:29AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM	Durmukha 5118	
Creative Work Siddha Yoga		Yama 7:16AM – 8:33AM	Sadhya Until 4:08PM	<b>Muruga:</b> White <i>Sunset:</i> 5:29PM	Moon 1 - Phase 40	
Until 10:29AM		<b>Rahu</b> 1:39PM – 2:56PM	Gara Until 1:17AM Fri	<b>Nataraja:</b> Green	3rd Phase	
Then Creative Work - Amrita Yoga			<b>Shashthi*</b> Until 2:10PM	Moon – Clear	<b>Devaloka Day</b>	
				<b>Magha-Thai</b>		

<b>Friday, February 3, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Frederick, MD
<b>Retreat Star</b>		Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 292
Mesha Rasi: 11.17 Tithi 7 – 8		923861367				Durmukha 5118
Creative Work Amrita Yoga		<b>Gulika</b> 8:32AM – 9:49AM	<b>Ashvini</b> Until 9:29AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:16AM	Moon 1 - Phase 40	
Until 9:29AM		Yama 2:57PM – 4:14PM	Subha Until 1:25PM	<b>Muruga:</b> White <i>Sunset:</i> 5:30PM	Ashtami	
Then Creative Work - Siddha Yoga		<b>Rahu</b> 11:06AM – 12:23PM	Visti Until 11:20PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>	
			<b>Saptami</b> Until 12:19PM	Moon – White		
				<b>Magha-Thai</b>		

<b>Saturday, February 4, 2017</b>		Durmukha Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam				Frederick, MD
<b>Retreat Star</b>		Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 293
Mesha Rasi: 25.23 Tithi 8 – 9		923861367				Durmukha 5118
Creative Work Siddha Yoga		<b>Gulika</b> 7:15AM – 8:32AM	<b>Bharani</b> Until 8:09AM	<b>Ganesha:</b> White <i>Sunrise:</i> 7:15AM	Moon 1 - Phase 40	
Until 8:09AM		Yama 1:40PM – 2:57PM	Sukla Until 10:32AM	<b>Muruga:</b> White <i>Sunset:</i> 5:32PM	Navami	
Then Creative Work - Amrita Yoga		<b>Rahu</b> 9:49AM – 11:06AM	Balava Until 9:12PM	<b>Nataraja:</b> White	<b>Bhuloka Day</b>	
			<b>Ashtami*</b> Until 10:16AM	Moon – White		
				<b>Magha-Thai</b>		

<b>1 Sunday, February 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam				Frederick, MD
Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau		Sun 23 Sutra 294		Durmukha 5118		
Wrishabha Rasi: 10	Tithi 9 - 10	<b>Gulika</b> 2:58PM - 4:15PM	<b>Krittika</b> Until 6:31AM	<b>Ganesh:</b> White	<i>Sunrise:</i> 7:14AM	
		Yama 12:23PM - 1:41PM	Brahma Until 7:32AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:33PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 4:15PM - 5:33PM	Taitila Until 6:56PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Navami* Until 8:04AM</b>	Moon - White		<b>Bhuloka Day</b>
				<b>Magha-Thai</b>		

<b>2 Monday, February 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam				Frederick, MD
Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 295		Durmukha 5118		
Wrishabha Rasi: 23.54	Tithi 11	<b>Gulika</b> 1:41PM - 2:59PM	<b>Mrigashira</b> Until 3:23AM Tue	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:13AM	
<b>Family Home Evening</b>		Yama 11:06AM - 12:23PM	Vaidhriti* Until 1:18AM Tue	<b>Muruga:</b> White	<i>Sunset:</i> 5:34PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 8:30AM - 9:48AM	Vanija Until 4:35PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi Until 3:23AM Tue</b>	Moon - Yellow		<b>Bhuloka Day</b>
Until 3:23AM Tue				<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Routine Work - Marana Yoga						

<b>3 Tuesday, February 7, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam				Frederick, MD
Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 296		Durmukha 5118		
Mithuna Rasi: 8.13	Tithi 12	<b>Gulika</b> 12:23PM - 1:41PM	<b>Ardra</b> Until 1:38AM Wed	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:12AM	
		Yama 9:48AM - 11:05AM	Vishkambha* Until 10:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:35PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 2:59PM - 4:17PM	Bava Until 2:14PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 1:04AM Wed</b>	Moon - Yellow		<b>Bhuloka Day</b>
Until 1:38AM Wed				<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						

<b>4 Wednesday, February 8, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam				Frederick, MD
Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 297		Durmukha 5118		
Mithuna Rasi: 22.3	Tithi 13	<b>Gulika</b> 11:05AM - 12:23PM	<b>Punarvasu</b> Until 12:19AM Thu	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:11AM	
		Yama 8:29AM - 9:47AM	Priti Until 7:13PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:36PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 12:23PM - 1:42PM	Kaulava Until 11:59AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi Until 10:54PM</b>	Moon - Blue		<b>Bhuloka Day</b>
Until 12:19AM Thu			<i>Pradosha Vrata</i>	<b>Magha-Thai</b>		
Then Creative Work - Amrita Yoga						

<b>5 Thursday, February 9, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam				Frederick, MD
Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 298		Durmukha 5118		
Kataka Rasi: 6.4	Tithi 14	<b>Gulika</b> 9:47AM - 11:05AM	<b>Pushya</b> Until 11:08PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:10AM	
		Yama 7:10AM - 8:28AM	Ayushman Until 4:25PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:37PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 1:42PM - 3:00PM	Gara Until 9:56AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi* Until 9:01PM</b>	Moon - Blue		<b>Bhuloka Day</b>
Until 11:08PM		<b>Thai Pusam</b>		<b>Magha-Thai</b>		
Then Creative Work - Siddha Yoga						

<b>Friday, February 10, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam				Frederick, MD
<b>Copper Retreat Star</b>		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 299		
Kataka Rasi: 20.37	Tithi 15	<b>Gulika</b> 8:27AM - 9:46AM	<b>Ashlesha*</b> Until 10:13PM	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 7:08AM	
		Yama 3:01PM - 4:20PM	Saubhagya Until 1:55PM	<b>Muruga:</b> White	<i>Sunset:</i> 5:39PM	Moon 1 - Phase 41
		933861367 <b>Rahu</b> 11:05AM - 12:24PM	Visti Until 8:14AM	<b>Nataraja:</b> White		Purnima
Routine Work	Marana Yoga		<b>Purnima* Until 7:31PM</b>	Moon - Blue		<b>Bhuloka Day</b>
				<b>Magha-Thai</b>		

<b>Saturday, February 11, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam				Frederick, MD
<b>Silver Retreat Star</b>		Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 300		
Simha Rasi: 4.19	Tithi 16	<b>Gulika</b> 7:07AM - 8:26AM	<b>Magha*</b> Until 10:06PM	<b>Ganesh:</b> Clear	<i>Sunrise:</i> 7:07AM	
		Yama 1:43PM - 3:02PM	Sobhana Until 11:50AM	<b>Muruga:</b> White	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 41
		953861367 <b>Rahu</b> 9:45AM - 11:04AM	Balava Until 6:59AM	<b>Nataraja:</b> White		Prathama
Creative Work	Amrita Yoga		<b>Prathama* Until 6:32PM</b>	Moon - Red		<b>Bhuloka Day</b>
Until 10:06PM		<b>Penumbra Lunar Eclipse</b>		<b>Magha-Thai</b>		Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga						





Sunday, February 12, 2017

Gold Retreat Star

Simha Rasi: 17.41      Tiithi 17

953861367

**Gulika** 3:02PM – 4:22PM  
**Yama** 12:24PM – 1:43PM  
**Rahu** 4:22PM – 5:41PM

Creative Work    Siddha Yoga  
Until 10:26PM

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Athiganda\*/Sukarma Yoga Tailila/Gara Karana Dvitiyayam Titau

Frederick, MD

Sun 1      Sutra 301

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Purvaphalguni Until 10:26PM**

**Athiganda\* Until 10:10AM**

**Tailila Until 6:17AM**

**Dvitiya Until 6:09PM**

**Ganesha:** Clear      *Sunrise:* 7:06AM

**Muruga:** White      *Sunset:* 5:41PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

1

Monday, February 13, 2017

Kanya Rasi: 0.44      Tiithi 18

953861367

**Gulika** 1:43PM – 3:03PM  
**Yama** 11:04AM – 12:24PM  
**Rahu** 8:25AM – 9:44AM

Creative Work    Siddha Yoga

Family Home Evening

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti\* Karana Tritiyayam Titau

Frederick, MD

Sun 2      Sutra 302

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Uttaraphalguni Until 11:15PM**

**Sukarma Until 9:01AM**

**Vanija Until 6:14AM**

**Tritiya Until 6:26PM**

**Ganesha:** Clear      *Sunrise:* 7:05AM

**Muruga:** White      *Sunset:* 5:42PM

**Nataraja:** White

Moon – Red

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 6:AM to 9:AM

2

Tuesday, February 14, 2017

Kanya Rasi: 13.27      Tiithi 19

963861367

**Gulika** 12:24PM – 1:43PM  
**Yama** 9:44AM – 11:04AM  
**Rahu** 3:03PM – 4:23PM

Creative Work    Siddha Yoga

**Maha Sankatahara Chaturthi**

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthyam Titau

Frederick, MD

Sun 3      Sutra 303

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Hasta Until 1:01AM Wed**

**Dhriti Until 8:24AM**

**Bava Until 6:51AM**

**Chaturthi\* Until 7:23PM**

**Ganesha:** White      *Sunrise:* 7:04AM

**Muruga:** White      *Sunset:* 5:43PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

3

Wednesday, February 15, 2017

Kanya Rasi: 25.53      Tiithi 20

963861367

**Gulika** 11:03AM – 12:24PM  
**Yama** 8:23AM – 9:43AM  
**Rahu** 12:24PM – 1:44PM

Creative Work    Siddha Yoga

Until 3:12AM Thu

Then Creative Work - Amrita Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Kaulava/Tailila Karana Panchamyam Titau

Frederick, MD

Sun 4      Sutra 304

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Chitra Until 3:12AM Thu**

**Shula\* Until 8:15AM**

**Kaulava Until 8:06AM**

**Panchami Until 8:56PM**

**Ganesha:** White      *Sunrise:* 7:03AM

**Muruga:** White      *Sunset:* 5:44PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

4

Thursday, February 16, 2017

Tula Rasi: 8.04      Tiithi 21

963961367

**Gulika** 9:42AM – 11:03AM  
**Yama** 7:01AM – 8:22AM  
**Rahu** 1:44PM – 3:04PM

Creative Work    Amrita Yoga

Until 5:37AM Fri

Then Creative Work - Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Ganda\*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 5      Sutra 305

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Svati Until 5:37AM Fri**

**Ganda\* Until 8:31AM**

**Gara Until 9:55AM**

**Shashthi\* Until 10:58PM**

**Ganesha:** Yellow      *Sunrise:* 7:01AM

**Muruga:** White      *Sunset:* 5:45PM

**Nataraja:** White

Moon – Green

**Magha-Masi**

**Bhuloka Day**

Devaloka Time: 9:AM to 12:PM

5

Friday, February 17, 2017

Tula Rasi: 20.05      Tiithi 22

974971367

**Gulika** 8:21AM – 9:42AM  
**Yama** 3:05PM – 4:26PM  
**Rahu** 11:03AM – 12:23PM

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vridhhi/Dhruva Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 6      Sutra 306

Durmukha 5118

Moon 2 - Phase 42  
1st Phase

**Vishakha Until 8:38AM Sat**

**Vridhhi Until 9:07AM**

**Visti Until 12:08PM**

**Saptami Until 1:18AM Sat**

**Ganesha:** Yellow      *Sunrise:* 7:00AM

**Muruga:** Yellow      *Sunset:* 5:47PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

D

Saturday, February 18, 2017

Retreat Star

Vrischika Rasi: 2.01      Tiithi 23

974971367

**Gulika** 6:59AM – 8:20AM  
**Yama** 1:44PM – 3:06PM  
**Rahu** 9:41AM – 11:02AM

Creative Work    Siddha Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7      Sutra 307

Durmukha 5118

Moon 2 - Phase 42  
Ashtami

**Vishakha Until 8:38AM**

**Dhruva Until 9:52AM**

**Balava Until 2:33PM**

**Ashtami\* Until 3:46AM Sun**

**Ganesha:** Yellow      *Sunrise:* 6:59AM

**Muruga:** Yellow      *Sunset:* 5:48PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

Sunday, February 19, 2017

Retreat Star

Vrischika Rasi: 13.55      Tiithi 24

974971367

**Gulika** 3:06PM – 4:27PM  
**Yama** 12:23PM – 1:45PM  
**Rahu** 4:27PM – 5:49PM

Routine Work    Marana Yoga

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Tailila/Gara Karana Navamyam Titau

Frederick, MD

Sun 8      Sutra 308

Durmukha 5118

Moon 2 - Phase 42  
Navami

**Anuradha Until 11:32AM**

**Vyaghata\* Until 10:40AM**

**Tailila Until 4:59PM**

**Navami\* Until 6:07AM Mon**

**Ganesha:** Yellow      *Sunrise:* 6:58AM

**Muruga:** Yellow      *Sunset:* 5:49PM

**Nataraja:** White

Moon – Orange

**Magha-Masi**

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>		<b>Monday, February 20, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Frederick, MD	
Vrischika Rasi: 25.51		Tihti 24 – 25		Jyeshtha*/Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Sutra 309	
<b>Family Home Evening</b>		984971367		<b>Gulika</b>	<b>1:45PM – 3:07PM</b>	<b>Jyeshtha* Until 2:07PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:56AM</i>	Durmukha 5118
Creative Work		Siddha Yoga		<b>Yama</b>	<b>11:01AM – 12:23PM</b>	<b>Harshana Until 11:22AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:50PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>8:18AM – 9:40AM</b>	<b>Vanija Until 7:14PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Navami* Until 6:07AM</b>	<b>Moon – Orange</b>	<b>Magha-Masi</b>	

<b>2</b>		<b>Tuesday, February 21, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Dhanus Rasi: 7.53		Tihti 25 – 26		Mula*/Purvashadha* Nakshatra Siddhi/Vajra*/Siddhi Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Sutra 310	
Creative Work		Amrita Yoga		<b>Gulika</b>	<b>12:23PM – 1:45PM</b>	<b>Mula* Until 4:42PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:55AM</i>	Durmukha 5118
Until 4:42PM				<b>Yama</b>	<b>9:39AM – 11:01AM</b>	<b>Vajra* Until 11:48AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:51PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>3:07PM – 4:29PM</b>	<b>Bava Until 9:05PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Dashami Until 8:12AM</b>	<b>Moon – Light Blue</b>	<b>Magha-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>3</b>		<b>Wednesday, February 22, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Frederick, MD	
Dhanus Rasi: 20.07		Tihti 26 – 27		Purvashadha* Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Sutra 311	
Creative Work		Amrita Yoga		<b>Gulika</b>	<b>11:01AM – 12:23PM</b>	<b>Purvashadha* Until 6:38PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:54AM</i>	Durmukha 5118
				<b>Yama</b>	<b>8:16AM – 9:38AM</b>	<b>Siddhi Until 11:52AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:52PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>12:23PM – 1:45PM</b>	<b>Kaulava Until 10:24PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Ekadashi* Until 9:48AM</b>	<b>Moon – Light Blue</b>	<b>Magha-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>4</b>		<b>Thursday, February 23, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Makara Rasi: 2.35		Tihti 27 – 28		Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau		Sun 12		Sutra 312	
Routine Work		Marana Yoga		<b>Gulika</b>	<b>9:38AM – 11:00AM</b>	<b>Uttarashadha Until 7:49PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:52AM</i>	Durmukha 5118
Until 7:49PM				<b>Yama</b>	<b>6:52AM – 8:15AM</b>	<b>Vyatipata* Until 11:31AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:53PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>1:45PM – 3:08PM</b>	<b>Gara Until 11:05PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Dvadashi* Until 10:48AM</b>	<b>Moon – Light Blue</b>	<b>Magha-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	
								<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Friday, February 24, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Makara Rasi: 15.22		Tihti 28 – 29		Shravana Nakshatra Variyan/Parigha* Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau		Sun 13		Sutra 313	
Routine Work		Marana Yoga		<b>Gulika</b>	<b>8:14AM – 9:37AM</b>	<b>Shravana Until 8:41PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:51AM</i>	Durmukha 5118
Until 8:41PM				<b>Yama</b>	<b>3:09PM – 4:32PM</b>	<b>Variyan Until 10:38AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:54PM</i>	Moon 2 - Phase 43
Then Creative Work - Siddha Yoga				<b>Rahu</b>	<b>11:00AM – 12:23PM</b>	<b>Vistil Until 11:07PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Trayodashi* Until 11:10AM</b>	<b>Moon – Purple</b>	<b>Magha-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	
								<b>Mahasivaratri (Lunar)</b>	
								<b>Mahasivaratri (Solar)</b>	

<b>●</b>		<b>Saturday, February 25, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Frederick, MD	
<b>Retreat Star</b>		Makara Rasi: 28.26		Dhanishtha Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 14		Sutra 314	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>6:50AM – 8:13AM</b>	<b>Dhanishtha Until 8:46PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:50AM</i>	Durmukha 5118
Until 8:46PM				<b>Yama</b>	<b>1:46PM – 3:09PM</b>	<b>Parigha* Until 9:15AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:56PM</i>	Moon 2 - Phase 43
Then Creative Work - Amrita Yoga				<b>Rahu</b>	<b>9:36AM – 10:59AM</b>	<b>Catuspada Until 10:31PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Chaturdashi* Until 10:53AM</b>	<b>Moon – Purple</b>	<b>Magha-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	

<b>●</b>		<b>Sunday, February 26, 2017</b>				Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
<b>Retreat Star</b>		Kumbha Rasi: 11.51		Shatabhishak Nakshatra Shiva/Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Sun 15		Sutra 315	
Creative Work		Siddha Yoga		<b>Gulika</b>	<b>3:10PM – 4:33PM</b>	<b>Shatabhishak Until 8:09PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:48AM</i>	Durmukha 5118
				<b>Yama</b>	<b>12:22PM – 1:46PM</b>	<b>Shiva Until 7:25AM</b>	<b>Muruga: Yellow</b>	<i>Sunset: 5:57PM</i>	Moon 2 - Phase 43
				<b>Rahu</b>	<b>4:33PM – 5:57PM</b>	<b>Kintughna Until 9:22PM</b>	<b>Nataraja: White</b>	<b>Devaloka Day</b>	
						<b>Amavasya* Until 9:59AM</b>	<b>Moon – Purple</b>	<b>Phalguna-Masi</b>	
								<b>Devaloka Time: 12:PM to 3:PM</b>	
								<b>Annular Solar Eclipse</b>	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Monday, February 27, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthpada* Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 316	
Kumbha Rasi: 25.34	Tithi 1 – 2	<b>Gulika</b>	1:46PM – 3:10PM	<b>Purvaprosarthpada* Until 7:23PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:47AM	Durmukha 5118
<b>Family Home Evening</b>	914971367	Yama	10:58AM – 12:22PM	Sadhya Until 2:34AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:58PM	Moon 2 - Phase 44
Routine Work	Marana Yoga	<b>Rahu</b>	8:11AM – 9:35AM	Balava Until 7:45PM	<b>Nataraja:</b> White		3rd Phase
Until 7:23PM				<b>Prathama* Until 8:35AM</b>	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>		

<b>2</b>		<b>Tuesday, February 28, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthpada Nakshatra Subha Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Frederick, MD Sun 17 Sutra 317	
Meena Rasi: 9.31	Tithi 2 – 3	<b>Gulika</b>	12:22PM – 1:46PM	<b>Uttaraprosarthpada Until 6:09PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:45AM	Durmukha 5118
	914971367	Yama	9:34AM – 10:58AM	Subha Until 11:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 5:59PM	Moon 2 - Phase 44
Creative Work	Amrita Yoga	<b>Rahu</b>	3:10PM – 4:35PM	Gara Until 4:43AM Wed	<b>Nataraja:</b> White		3rd Phase
Until 6:09PM				<b>Dvitiya Until 6:48AM</b>	Moon – Clear		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>		

<b>3</b>		<b>Wednesday, March 1, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau		Frederick, MD Sun 18 Sutra 318	
Meena Rasi: 23.4	Tithi 4	<b>Gulika</b>	10:57AM – 12:22PM	<b>Revati Until 4:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:43AM	Durmukha 5118
	915971367	Yama	8:07AM – 9:32AM	Sukla Until 8:45PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:01PM	Moon 2 - Phase 44
Routine Work	Marana Yoga	<b>Rahu</b>	12:22PM – 1:47PM	Vanija Until 3:38PM	<b>Nataraja:</b> White		3rd Phase
				<b>Chaturthi* Until 2:29AM Thu</b>	Moon – Clear		<b>Sivaloka Day</b>
					<b>Phalguna-Masi</b>		
				<b>Subramuniyaswami Siva Vision Day</b>			

<b>4</b>		<b>Thursday, March 2, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma/Indra Yoga Bava/Balava Karana Panchamyam Titau		Frederick, MD Sun 19 Sutra 319	
Mesha Rasi: 7.54	Tithi 5	<b>Gulika</b>	9:31AM – 10:56AM	<b>Ashvini Until 3:06PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM	Durmukha 5118
	925971367	Yama	6:41AM – 8:06AM	Brahma Until 5:42PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 44
Creative Work	Amrita Yoga	<b>Rahu</b>	1:47PM – 3:12PM	Bava Until 1:21PM	<b>Nataraja:</b> White		3rd Phase
Until 3:06PM				<b>Panchami Until 12:10AM Fri</b>	Moon – White		<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>		

<b>5</b>		<b>Friday, March 3, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau		Frederick, MD Sun 20 Sutra 320	
Mesha Rasi: 22.11	Tithi 6	<b>Gulika</b>	8:05AM – 9:30AM	<b>Bharani Until 1:30PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	Durmukha 5118
	925971367	Yama	3:12PM – 4:38PM	Indra Until 2:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 44
Creative Work	Siddha Yoga	<b>Rahu</b>	10:56AM – 12:21PM	Kaulava Until 11:02AM	<b>Nataraja:</b> White		3rd Phase
				<b>Shashthi* Until 9:52PM</b>	Moon – White		<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>		

<b>6</b>		<b>Saturday, March 4, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Frederick, MD Sun 21 Sutra 321	
Vrisabha Rasi: 6.27	Tithi 7	<b>Gulika</b>	6:38AM – 8:04AM	<b>Krittika Until 11:50AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Durmukha 5118
	925971367	Yama	1:47PM – 3:13PM	Vaidhriti* Until 11:37AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 44
Creative Work	Amrita Yoga	<b>Rahu</b>	9:30AM – 10:55AM	Gara Until 8:46AM	<b>Nataraja:</b> White		3rd Phase
				<b>Saptami Until 7:39PM</b>	Moon – White		<b>Devaloka Day</b>
					<b>Phalguna-Masi</b>		

<b>7</b>		<b>Sunday, March 5, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Visiti*/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 322	
Vrisabha Rasi: 20.39	Tithi 8 – 9	<b>Gulika</b>	3:13PM – 4:39PM	<b>Rohini Until 10:32AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Durmukha 5118
	135971367	Yama	12:21PM – 1:47PM	Vishkambha* Until 8:42AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 44
Creative Work	Siddha Yoga	<b>Rahu</b>	4:39PM – 6:05PM	Visiti Until 6:36AM	<b>Nataraja:</b> White		Ashtami
				<b>Ashtami* Until 5:33PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
					<b>Phalguna-Masi</b>		

<b>8</b>		<b>Monday, March 6, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Frederick, MD Sun 23 Sutra 323	
Mithuna Rasi: 4.45	Tithi 9 – 10	<b>Gulika</b>	1:47PM – 3:13PM	<b>Mrigashira Until 9:16AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:35AM	Durmukha 5118
<b>Family Home Evening</b>	135971367	Yama	10:54AM – 12:21PM	Ayushman Until 3:15AM Tue	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 44
Creative Work	Amrita Yoga	<b>Rahu</b>	8:01AM – 9:28AM	Taitila Until 2:45AM Tue	<b>Nataraja:</b> White		Navami
Until 9:16AM				<b>Navami* Until 3:38PM</b>	Moon – Yellow		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					<b>Phalguna-Masi</b>		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1 Tuesday, March 7, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Frederick, MD Sun 24 Sutra 324
Mithuna Rasi: 18.43	Tithi 10 – 11	<b>Gulika</b> 12:20PM – 1:47PM	<b>Ardra</b> Until 8:02AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:34AM	Durmukha 5118
		Yama 9:27AM – 10:54AM	Saubhagya Until 12:47AM Wed	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		135971367 <b>Rahu</b> 3:14PM – 4:41PM	Vanija Until 1:09AM Wed	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 1:54PM	Moon – Yellow		<b>Sivaloka Day</b>
Until 8:02AM				<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>2 Wednesday, March 8, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Frederick, MD Sun 25 Sutra 325
Kataka Rasi: 2.34	Tithi 11 – 12	<b>Gulika</b> 10:53AM – 12:20PM	<b>Punarvasu</b> Until 7:20AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	Durmukha 5118
		Yama 7:59AM – 9:26AM	Sobhana Until 10:32PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 12:20PM – 1:47PM	Bava Until 11:48PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:25PM	Moon – Blue		<b>Devaloka Day</b>
				<b>Phalguna-Masi</b>		

<b>3 Thursday, March 9, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Frederick, MD Sun 26 Sutra 326
Kataka Rasi: 16.14	Tithi 12 – 13	<b>Gulika</b> 9:25AM – 10:53AM	<b>Pushya</b> Until 6:45AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	Durmukha 5118
		Yama 6:31AM – 7:58AM	Athiganda* Until 8:30PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 1:47PM – 3:15PM	Kaulava Until 10:46PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 11:13AM	Moon – Blue		<b>Devaloka Day</b>
Until 6:45AM			<i>Pradosha Vrata</i>	<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>4 Friday, March 10, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Frederick, MD Sun 27 Sutra 327
Kataka Rasi: 29.43	Tithi 13 – 14	<b>Gulika</b> 7:57AM – 9:24AM	<b>Ashlesha*</b> Until 6:20AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:29AM	Durmukha 5118
		Yama 3:15PM – 4:43PM	Sukarma Until 6:47PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 45
		145971367 <b>Rahu</b> 10:52AM – 12:20PM	Gara Until 10:06PM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 10:22AM	Moon – Blue		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Phalguna-Masi</b>		

<b>○ Saturday, March 11, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Frederick, MD Sutra 328
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:55AM	<b>Magha*</b> Until 6:36AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	Durmukha 5118
Simha Rasi: 12.59	Tithi 14 – 15	Yama 1:47PM – 3:15PM	Dhriti Until 5:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 45
		156971367 <b>Rahu</b> 9:23AM – 10:51AM	Visti Until 9:51PM	<b>Nataraja:</b> White		Purnima
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:54AM	Moon – Red		<b>Devaloka Day</b>
Until 6:36AM		<b>Holi</b>		<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga						

<b>○ Sunday, March 12, 2017</b>		Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Frederick, MD Sutra 329
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:16PM – 4:44PM	<b>Purvaphalguni</b> Until 7:09AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Durmukha 5118
Simha Rasi: 26.02	Tithi 15 – 16	Yama 12:19PM – 1:47PM	Shula* Until 4:21PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
		156971367 <b>Rahu</b> 4:44PM – 6:12PM	Balava Until 10:05PM	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 9:53AM	Moon – Red		<b>Devaloka Day</b>
Until 7:09AM				<b>Phalguna-Masi</b>		
Then Creative Work - Amrita Yoga						



Monday, March 13, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\*Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Frederick, MD

Sutra 330

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 8.5      Tihi 16 - 17

Family Home Evening

Creative Work      Siddha Yoga

156171367 Rahu  
Gulika 1:48PM - 3:16PM  
Yama 10:50AM - 12:19PM  
Rahu 7:53AM - 9:22AM

Uttaraphalguni Until 8:01AM  
Ganda\* Until 3:42PM  
Taitila Until 10:49PM  
Prathama\* Until 10:22AM

Ganesh: Clear      Sunrise: 6:24AM  
Muruga: Yellow      Sunset: 6:13PM  
Nataraja: White  
Moon - Red  
Phalguna-Masi

Devaloka Day

Tuesday, March 14, 2017

1

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Frederick, MD

Sun 1      Sutra 331

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.25      Tihi 17 - 18

Creative Work      Siddha Yoga

166171367 Rahu  
Gulika 12:19PM - 1:48PM  
Yama 9:21AM - 10:50AM  
Rahu 3:17PM - 4:46PM

Hasta Until 9:41AM  
Vridhi Until 3:27PM  
Vanija Until 12:03AM Wed  
Dvitiya Until 11:21AM

Ganesh: Purple      Sunrise: 6:23AM  
Muruga: Yellow      Sunset: 6:14PM  
Nataraja: White  
Moon - Green  
Phalguna-Panguni

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Karadayam Nombu (Tamil Nadu)

Wednesday, March 15, 2017

2

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD

Sun 2      Sutra 332

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 3.46      Tihi 18 - 19

Creative Work      Siddha Yoga

166171368 Rahu  
Gulika 10:49AM - 12:18PM  
Yama 7:50AM - 9:20AM  
Rahu 12:18PM - 1:48PM

Chitra Until 11:40AM  
Dhruva Until 3:33PM  
Bava Until 1:44AM Thu  
Tritiya Until 12:49PM

Ganesh: Purple      Sunrise: 6:21AM  
Muruga: Yellow      Sunset: 6:15PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Devaloka Day

Devaloka Time: 12:PM to 3:PM

Thursday, March 16, 2017

3

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD

Sun 3      Sutra 333

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.56      Tihi 19 - 20

Creative Work      Amrita Yoga

Until 1:54PM

Then Creative Work - Siddha Yoga

166171368 Rahu  
Gulika 9:19AM - 10:48AM  
Yama 6:20AM - 7:49AM  
Rahu 1:48PM - 3:17PM

Svati Until 1:54PM  
Vyaghata\* Until 3:58PM  
Kaulava Until 3:48AM Fri  
Chaturthi\* Until 2:42PM

Ganesh: Purple      Sunrise: 6:20AM  
Muruga: Yellow      Sunset: 6:16PM  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Devaloka Day

Friday, March 17, 2017

4

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD

Sun 4      Sutra 334

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Tula Rasi: 27.58      Tihi 20 - 21

Creative Work      Siddha Yoga

176171368 Rahu  
Gulika 7:48AM - 9:18AM  
Yama 3:18PM - 4:48PM  
Rahu 10:48AM - 12:18PM

Vishakha Until 4:46PM  
Harshana Until 4:39PM  
Gara Until 6:08AM Sat  
Panchami Until 4:56PM

Ganesh: Clear      Sunrise: 6:18AM  
Muruga: Yellow      Sunset: 6:18PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Sivaloka Day

Saturday, March 18, 2017

5

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Frederick, MD

Sun 5      Sutra 335

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 9.53      Tihi 21

Creative Work      Siddha Yoga

177171368 Rahu  
Gulika 6:16AM - 7:47AM  
Yama 1:48PM - 3:18PM  
Rahu 9:17AM - 10:47AM

Anuradha Until 7:39PM  
Vajra\* Until 5:27PM  
Gara Until 6:08AM  
Shashthi\* Until 7:20PM

Ganesh: Purple      Sunrise: 6:16AM  
Muruga: Yellow      Sunset: 6:19PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Subha Sivaloka Day

Sunday, March 19, 2017

6

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptamyam Titau

Frederick, MD

Sun 6      Sutra 336

Durmukha 5118

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 21.47      Tihi 22

Routine Work      Marana Yoga

Until 10:22PM

Then Creative Work - Amrita Yoga

177171368 Rahu  
Gulika 3:18PM - 4:49PM  
Yama 12:17PM - 1:48PM  
Rahu 4:49PM - 6:20PM

Jyeshtha\* Until 10:22PM  
Siddhi Until 6:16PM  
Visti Until 8:34AM  
Saptami Until 9:44PM

Ganesh: Purple      Sunrise: 6:15AM  
Muruga: Yellow      Sunset: 6:20PM  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Subha Sivaloka Day

Monday, March 20, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Frederick, MD

Sun 7      Sutra 337

Durmukha 5118

Moon 3 - Phase 46

Ashtami

Dhanu Rasi: 3.42      Tihi 23

Family Home Evening

Creative Work      Siddha Yoga

187171368 Rahu  
Gulika 1:48PM - 3:19PM  
Yama 10:46AM - 12:17PM  
Rahu 7:44AM - 9:15AM

Mula\* Until 1:14AM Tue  
Vyatipata\* Until 7:00PM  
Balava Until 10:54AM  
Ashtami\* Until 11:57PM

Ganesh: Clear      Sunrise: 6:13AM  
Muruga: Yellow      Sunset: 6:20PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Sivaloka Day

Tuesday, March 21, 2017

Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Varyan Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD

Sun 8      Sutra 338

Durmukha 5118

Moon 3 - Phase 46

Navami

Dhanu Rasi: 15.43      Tihi 24

Creative Work      Siddha Yoga

Until 3:32AM Wed

Then Creative Work - Amrita Yoga

187171368 Rahu  
Gulika 12:17PM - 1:48PM  
Yama 9:14AM - 10:45AM  
Rahu 3:19PM - 4:50PM

Purvashadha\* Until 3:32AM Wed  
Varyan Until 7:24PM  
Taitila Until 12:56PM  
Navami\* Until 1:45AM Wed

Ganesh: Clear      Sunrise: 6:12AM  
Muruga: Yellow      Sunset: 6:21PM  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Sivaloka Day

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

www.gurudev.org/panchang

<b>1</b>		<b>Wednesday, March 22, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Frederick, MD	
Dhanus Rasi: 27.55		Gulika 10:45AM – 12:16PM		Uttarashadha Until 5:06AM Thu		Ganesh: Clear Sunrise: 6:10AM		Sun 9 Sutra 339	
Tihti 25		Yama 7:42AM – 9:13AM		Parigha* Until 7:25PM		Muruga: Yellow Sunset: 6:22PM		Durmukha 5118	
187171368		Rahu 12:16PM – 1:48PM		Vanija Until 2:28PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Amrita Yoga				Dashami Until 2:57AM Thu		Moon – Light Blue		2nd Phase	
Until 5:06AM Thu						Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga									

<b>2</b>		<b>Thursday, March 23, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Frederick, MD	
Makara Rasi: 10.23		Gulika 9:12AM – 10:44AM		Shravana Until 6:15AM Fri		Ganesh: White Sunrise: 6:09AM		Sun 10 Sutra 340	
Tihti 26		Yama 6:09AM – 7:40AM		Shiva Until 6:54PM		Muruga: Yellow Sunset: 6:23PM		Durmukha 5118	
197171368		Rahu 1:48PM – 3:20PM		Bava Until 3:19PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Ekadashi* Until 3:26AM Fri		Moon – Purple		2nd Phase	
						Phalgun-Panguni		Subha Sivaloka Day	

<b>3</b>		<b>Friday, March 24, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Makara Rasi: 23.11		Gulika 7:39AM – 9:11AM		Shravana Until 6:15AM		Ganesh: White Sunrise: 6:07AM		Sun 11 Sutra 341	
Tihti 27		Yama 3:20PM – 4:52PM		Siddha Until 5:45PM		Muruga: Yellow Sunset: 6:24PM		Durmukha 5118	
197171368		Rahu 10:44AM – 12:16PM		Kaulava Until 3:23PM		Nataraja: Clear		Moon 3 - Phase 47	
Routine Work Marana Yoga				Dvadashi* Until 3:06AM Sat		Moon – Purple		2nd Phase	
Until 6:15AM						Phalgun-Panguni		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga									

<b>4</b>		<b>Saturday, March 25, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Frederick, MD	
Kumbha Rasi: 6.23		Gulika 6:05AM – 7:38AM		Dhanishtha Until 6:29AM		Ganesh: Clear Sunrise: 6:05AM		Sun 12 Sutra 342	
Tihti 28		Yama 1:48PM – 3:20PM		Sadhya Until 4:00PM		Muruga: Yellow Sunset: 6:25PM		Durmukha 5118	
198171368		Rahu 9:10AM – 10:43AM		Gara Until 2:40PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Trayodashi* Until 2:01AM Sun		Moon – Purple		2nd Phase	
Until 6:29AM				Pradosha Vrata (Fasting)		Phalgun-Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga									

<b>5</b>		<b>Sunday, March 26, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Kumbha Rasi: 20.01		Gulika 3:21PM – 4:54PM		Purvaproshtapada* Until 4:48AM Mon		Ganesh: White Sunrise: 6:04AM		Sun 13 Sutra 343	
Tihti 29		Yama 12:15PM – 1:48PM		Subha Until 1:41PM		Muruga: Yellow Sunset: 6:26PM		Durmukha 5118	
118171368		Rahu 4:54PM – 6:26PM		Visti Until 1:14PM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Chaturdashi* Until 12:15AM Mon		Moon – Clear		2nd Phase	
						Phalgun-Panguni		Devaloka Day	

<b>Monday, March 27, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam		Frederick, MD	
Meena Rasi: 4.02		Gulika 1:48PM – 3:21PM		Uttaraproshtapada Until 3:08AM Tue		Ganesh: White Sunrise: 6:02AM		Sun 14 Sutra 344	
Tihti 30		Yama 10:42AM – 12:15PM		Sukla Until 10:51AM		Muruga: Yellow Sunset: 6:27PM		Durmukha 5118	
Family Home Evening		Rahu 7:35AM – 9:08AM		Catuspada Until 11:10AM		Nataraja: Clear		Moon 3 - Phase 47	
118171368				Amavasya* Until 9:56PM		Moon – Clear		Amavasya	
Creative Work Siddha Yoga						Phalgun-Panguni		Devaloka Day	

<b>Tuesday, March 28, 2017</b>		<b>Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Meena Rasi: 18.23		Gulika 12:14PM – 1:48PM		Revati Until 12:57AM Wed		Ganesh: White Sunrise: 6:01AM		Sun 15 Sutra 345	
Tihti 1		Yama 9:08AM – 10:41AM		Brahma Until 7:39AM		Muruga: Yellow Sunset: 6:28PM		Durmukha 5118	
118171368		Rahu 3:21PM – 4:55PM		Kintughna Until 8:38AM		Nataraja: Clear		Moon 3 - Phase 47	
Creative Work Siddha Yoga				Prathama* Until 7:13PM		Moon – Clear		Prathama	
Until 12:57AM Wed		Yugadhi				Chaitra-Panguni		Devaloka Day	
Then Routine Work - Marana Yoga									

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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<b>1</b>	<b>Wednesday, March 29, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Frederick, MD Sun 16 Sutra 346 Durmukha 5118
	Mesha Rasi: 2.59 Tithi 2 – 3	<b>Gulika</b> 10:40AM – 12:14PM Yama 7:33AM – 9:07AM 128171368 <b>Rahu</b> 12:14PM – 1:48PM	<b>Ashvini</b> Until 10:51PM Vaidhriti* Until 12:33AM Thu Taitila Until 2:44AM Thu Dvitiya Until 4:15PM

Routine Work Marana Yoga  
Until 10:51PM  
Then Creative Work - Siddha Yoga

<b>Ganesh:</b> Green <i>Sunrise: 5:59AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:29PM</i>	<b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>2</b>	<b>Thursday, March 30, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Frederick, MD Sun 17 Sutra 347 Durmukha 5118
	Mesha Rasi: 17.43 Tithi 3 – 4	<b>Gulika</b> 9:06AM – 10:40AM Yama 5:57AM – 7:32AM 128171368 <b>Rahu</b> 1:48PM – 3:22PM	<b>Bharani</b> Until 8:33PM Vishkambha* Until 8:54PM Vanija Until 11:41PM Tritiya Until 1:11PM

Creative Work Siddha Yoga  
Until 8:33PM  
Then Routine Work - Marana Yoga

<b>Ganesh:</b> Green <i>Sunrise: 5:57AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:30PM</i>	<b>Nataraja:</b> Clear Moon – White	<b>Devaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>3</b>	<b>Friday, March 31, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Frederick, MD Sun 18 Sutra 348 Durmukha 5118
	Vrisabha Rasi: 2.26 Tithi 4 – 5	<b>Gulika</b> 7:30AM – 9:05AM Yama 3:22PM – 4:57PM 129171368 <b>Rahu</b> 10:39AM – 12:14PM	<b>Krittika</b> Until 6:13PM Priti Until 5:20PM Bava Until 8:45PM Chaturthi* Until 10:11AM

Creative Work Siddha Yoga  
Until 6:13PM  
Then Routine Work - Marana Yoga

<b>Ganesh:</b> Orange <i>Sunrise: 5:56AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:31PM</i>	<b>Nataraja:</b> Clear Moon – White	<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>4</b>	<b>Saturday, April 1, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Frederick, MD Sun 19 Sutra 349 Durmukha 5118
	Vrisabha Rasi: 17.03 Tithi 5 – 6	<b>Gulika</b> 5:56AM – 7:30AM Yama 1:48PM – 3:22PM 139171368 <b>Rahu</b> 9:05AM – 10:39AM	<b>Rohini</b> Until 4:23PM Ayushman Until 1:56PM Kaulava Until 6:03PM Panchami Until 7:21AM

Creative Work Amrita Yoga  
Until 4:23PM  
Then Creative Work - Siddha Yoga

<b>Ganesh:</b> Green <i>Sunrise: 5:56AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:31PM</i>	<b>Nataraja:</b> Clear Moon – Yellow	<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>5</b>	<b>Sunday, April 2, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Frederick, MD Sun 20 Sutra 350 Durmukha 5118
	Mithuna Rasi: 1.28 Tithi 7	<b>Gulika</b> 3:23PM – 4:58PM Yama 12:13PM – 1:48PM 139171368 <b>Rahu</b> 4:58PM – 6:32PM	<b>Mrigashira</b> Until 2:45PM Saubhagya Until 10:48AM Gara Until 3:41PM Saptami Until 2:38AM Mon

Creative Work Siddha Yoga

<b>Ganesh:</b> Green <i>Sunrise: 5:54AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:32PM</i>	<b>Nataraja:</b> Clear Moon – Yellow	<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>D</b>	<b>Monday, April 3, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Frederick, MD Sun 21 Sutra 351 Durmukha 5118
	Mithuna Rasi: 15.37 Tithi 8 <b>Family Home Evening</b>	<b>Gulika</b> 1:48PM – 3:23PM Yama 10:38AM – 12:13PM 139171368 <b>Rahu</b> 7:28AM – 9:03AM	<b>Ardra</b> Until 1:22PM Sobhana Until 8:00AM Visti Until 1:43PM Ashtami* Until 12:53AM Tue

Creative Work Siddha Yoga  
Until 1:22PM  
Then Creative Work - Amrita Yoga

<b>Ganesh:</b> Green <i>Sunrise: 5:53AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:33PM</i>	<b>Nataraja:</b> Clear Moon – Yellow	<b>Subha Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

<b>D</b>	<b>Tuesday, April 4, 2017</b>	Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Frederick, MD Sun 22 Sutra 352 Durmukha 5118
	Mithuna Rasi: 29.29 Tithi 9	<b>Gulika</b> 12:13PM – 1:48PM Yama 9:02AM – 10:37AM 149171368 <b>Rahu</b> 3:23PM – 4:59PM	<b>Punarvasu</b> Until 12:43PM Sukarma Until 3:28AM Wed Balava Until 12:13PM Navami* Until 11:37PM

Creative Work Siddha Yoga

<b>Ganesh:</b> Red <i>Sunrise: 5:51AM</i>	<b>Muruga:</b> Yellow <i>Sunset: 6:34PM</i>	<b>Nataraja:</b> Clear Moon – Blue	<b>Sivaloka Day</b>
			<b>Chaitra•Panguni</b>

Sri Rama Navami

<b>1</b>		<b>Wednesday, April 5, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Frederick, MD	
Kataka Rasi: 13.05		Pushya/Ashlesha* Nakshatra Dhriti Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23		Sutra 353		Durumukha 5118	
Creative Work		Siddha Yoga		149171368		Rahu		Moon 3 - Phase 49	
		Gulika 10:37AM - 12:12PM		Pushya Until 12:23PM		Ganesha: Red		Sunrise: 5:50AM	
		Yama 7:25AM - 9:01AM		Dhriti Until 1:47AM Thu		Muruga: Yellow		Sunset: 6:35PM	
		Rahu 12:12PM - 1:48PM		Taitila Until 11:10AM		Nataraja: Clear		Moon - Blue	
		Yogaswami Mahasamadhi		Dashami Until 10:48PM		Chaitra-Panguni		Sivaloka Day	

<b>2</b>		<b>Thursday, April 6, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Frederick, MD	
Kataka Rasi: 26.25		Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24		Sutra 354		Durumukha 5118	
Creative Work		Siddha Yoga		149271368		Rahu		Moon 3 - Phase 49	
		Gulika 9:00AM - 10:36AM		Ashlesha* Until 12:21PM		Ganesha: Blue		Sunrise: 5:48AM	
		Yama 5:48AM - 7:24AM		Shula* Until 12:25AM Fri		Muruga: Yellow		Sunset: 6:36PM	
		Rahu 1:48PM - 3:24PM		Vanija Until 10:36AM		Nataraja: Clear		Moon - Blue	
				Ekadashi Until 10:27PM		Chaitra-Panguni		Devaloka Day	
		Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, April 7, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Frederick, MD	
Simha Rasi: 9.31		Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25		Sutra 355		Durumukha 5118	
Routine Work		Marana Yoga		159271368		Rahu		Moon 3 - Phase 49	
		Gulika 7:23AM - 8:59AM		Magha* Until 1:04PM		Ganesha: Yellow		Sunrise: 5:46AM	
		Yama 3:24PM - 5:01PM		Ganda* Until 11:25PM		Muruga: Yellow		Sunset: 6:37PM	
		Rahu 10:35AM - 12:12PM		Bava Until 10:28AM		Nataraja: Clear		Moon - Red	
				Dvadashi Until 10:32PM		Chaitra-Panguni		Sivaloka Day	
		Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, April 8, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Frederick, MD	
Simha Rasi: 22.23		Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26		Sutra 356		Durumukha 5118	
Creative Work		Siddha Yoga		151271368		Rahu		Moon 3 - Phase 49	
		Gulika 5:45AM - 7:22AM		Purvaphalguni Until 2:02PM		Ganesha: Yellow		Sunrise: 5:45AM	
		Yama 1:48PM - 3:25PM		Vriddhi Until 10:46PM		Muruga: Yellow		Sunset: 6:38PM	
		Rahu 8:58AM - 10:35AM		Kaulava Until 10:45AM		Nataraja: Clear		Moon - Red	
				Trayodashi Until 11:02PM		Chaitra-Panguni		Sivaloka Day	
		Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata</i>					

<b>5</b>		<b>Sunday, April 9, 2017</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 5.04		Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27		Sutra 357		Durumukha 5118	
Creative Work		Amrita Yoga		151271368		Rahu		Moon 3 - Phase 49	
		Gulika 3:25PM - 5:02PM		Uttaraphalguni Until 3:14PM		Ganesha: Yellow		Sunrise: 5:43AM	
		Yama 12:11PM - 1:48PM		Dhruva Until 10:22PM		Muruga: Yellow		Sunset: 6:39PM	
		Rahu 5:02PM - 6:39PM		Gara Until 11:27AM		Nataraja: Clear		Moon - Red	
				Chaturdashi* Until 11:55PM		Chaitra-Panguni		Sivaloka Day	

<b>Monday, April 10, 2017</b>		<b>Copper Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 17.35		Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Sun 28		Sutra 358		Durumukha 5118	
Family Home Evening		Siddha Yoga		161271368		Rahu		Moon 3 - Phase 49	
		Gulika 1:48PM - 3:26PM		Hasta Until 5:08PM		Ganesha: Blue		Sunrise: 5:42AM	
		Yama 10:34AM - 12:11PM		Vyaghata* Until 10:17PM		Muruga: Yellow		Sunset: 6:40PM	
		Rahu 7:19AM - 8:56AM		Visti Until 12:31PM		Nataraja: Clear		Moon - Green	
		Panguni Uttiram		Purnima* Until 1:10AM Tue		Chaitra-Panguni		Devaloka Day	
		Hanuman Jayanti							
		Then Routine Work - Prabalarishta Yoga							

<b>Tuesday, April 11, 2017</b>		<b>Silver Retreat Star</b>				Durmukha Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Frederick, MD	
Kanya Rasi: 29.56		Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Sun 29		Sutra 359		Durumukha 5118	
Creative Work		Siddha Yoga		161271368		Rahu		Moon 3 - Phase 49	
		Gulika 12:11PM - 1:48PM		Chitra Until 7:12PM		Ganesha: Blue		Sunrise: 5:40AM	
		Yama 8:55AM - 10:33AM		Harshana Until 10:30PM		Muruga: Yellow		Sunset: 6:41PM	
		Rahu 3:26PM - 5:03PM		Balava Until 1:57PM		Nataraja: Clear		Moon - Green	
				Prathama* Until 2:47AM Wed		Chaitra-Panguni		Devaloka Day	

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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Wednesday, April 12, 2017

Gold Retreat Star

Durmukha Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Vajra\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Frederick, MD  
Sun 1 Sutra 360

Durmukha 5118

Tula Rasi: 12.08 Tihi 17

Gulika 10:33AM - 12:10PM  
Yama 7:17AM - 8:55AM  
Rahu 12:10PM - 1:48PM

Svati Until 9:25PM  
Vajra\* Until 10:55PM  
Taitila Until 3:44PM

Ganesha: Blue Sunrise: 5:39AM  
Muruga: Yellow Sunset: 6:42PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Green  
Chaitra-Panguni

Devaloka Day

Thursday, April 13, 2017

1

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Frederick, MD  
Sun 2 Sutra 361

Hemalamba 5119

Tula Rasi: 24.13 Tihi 18

Gulika 8:54AM - 10:32AM  
Yama 5:37AM - 7:15AM  
Rahu 1:48PM - 3:27PM

Vishakha Until 12:14AM Fri  
Siddhi Until 11:34PM  
Vanija Until 5:47PM

Ganesha: Red Sunrise: 5:37AM  
Muruga: Yellow Sunset: 6:43PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Orange  
Chaitra-Chaitra

Sivaloka Day

Tamil New Year

Tritiya Until 6:53AM Fri

Friday, April 14, 2017

2

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Frederick, MD  
Sun 3 Sutra 362

Hemalamba 5119

Vrischika Rasi: 6.11 Tihi 18 - 19

Gulika 7:14AM - 8:53AM  
Yama 3:27PM - 5:05PM  
Rahu 10:31AM - 12:10PM

Anuradha Until 3:06AM Sat  
Vyatipata\* Until 12:23AM Sat  
Bava Until 8:04PM

Ganesha: Blue Sunrise: 5:36AM  
Muruga: Yellow Sunset: 6:44PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Orange  
Chaitra-Chaitra

Devaloka Day

Tritiya Until 6:53AM

Saturday, April 15, 2017

3

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Frederick, MD  
Sun 4 Sutra 363

Hemalamba 5119

Vrischika Rasi: 18.05 Tihi 19 - 20

Gulika 5:34AM - 7:13AM  
Yama 1:48PM - 3:27PM  
Rahu 8:52AM - 10:31AM

Jyeshtha\* Until 5:52AM Sun  
Varyan Until 1:15AM Sun  
Kaulava Until 10:30PM

Ganesha: Blue Sunrise: 5:34AM  
Muruga: Yellow Sunset: 6:45PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Orange  
Chaitra-Chaitra

Devaloka Day

Until 5:52AM Sun

Then Creative Work - Amrita Yoga

Chaturthi\* Until 9:15AM

Sunday, April 16, 2017

4

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Frederick, MD  
Sun 5 Sutra 364

Hemalamba 5119

Vrischika Rasi: 29.58 Tihi 20 - 21

Gulika 3:28PM - 5:07PM  
Yama 12:09PM - 1:49PM  
Rahu 5:07PM - 6:46PM

Mula\* Until 8:56AM Mon  
Parigha\* Until 2:08AM Mon  
Gara Until 12:54AM Mon

Ganesha: Blue Sunrise: 5:33AM  
Muruga: Yellow Sunset: 6:46PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Amrita Yoga

Moon - Orange  
Chaitra-Chaitra

Devaloka Day

Until 8:56AM Mon

Then Routine Work - Marana Yoga

Panchami Until 11:41AM

Monday, April 17, 2017

5

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Frederick, MD  
Sun 6 Sutra 1

Hemalamba 5119

Dhanus Rasi: 11.52 Tihi 21 - 22

Family Home Evening

Gulika 1:49PM - 3:28PM  
Yama 10:30AM - 12:09PM  
Rahu 7:11AM - 8:50AM

Mula\* Until 8:56AM  
Shiva Until 2:53AM Tue  
Visti Until 3:07AM Tue

Ganesha: Red Sunrise: 5:31AM  
Muruga: Yellow Sunset: 6:47PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 8:56AM

Then Routine Work - Marana Yoga

Shashthi\* Until 2:02PM

Tuesday, April 18, 2017

6

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Frederick, MD  
Sun 7 Sutra 2

Hemalamba 5119

Dhanus Rasi: 23.5 Tihi 22 - 23

Gulika 12:09PM - 1:49PM  
Yama 8:49AM - 10:29AM  
Rahu 3:28PM - 5:08PM

Purvashadha\* Until 11:36AM  
Siddha Until 3:17AM Wed  
Balava Until 4:57AM Wed

Ganesha: Yellow Sunrise: 5:30AM  
Muruga: Yellow Sunset: 6:48PM  
Nataraja: Clear

Moon 4 - Phase 50  
1st Phase

Creative Work Siddha Yoga

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 11:36AM

Then Routine Work - Prabalarishta Yoga

Saptami Until 4:05PM

Wednesday, April 19, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Frederick, MD  
Sun 8 Sutra 3

Hemalamba 5119

Makara Rasi: 5.59 Tihi 23 - 24

Gulika 10:29AM - 12:09PM  
Yama 7:08AM - 8:49AM  
Rahu 12:09PM - 1:49PM

Uttarashadha Until 1:38PM  
Sadhya Until 3:15AM Thu  
Taitila Until 6:09AM Thu

Ganesha: Yellow Sunrise: 5:28AM  
Muruga: Yellow Sunset: 6:49PM  
Nataraja: Clear

Moon 4 - Phase 50  
Ashtami

Creative Work Amrita Yoga

Moon - Light Blue  
Chaitra-Chaitra

Sivaloka Day

Until 1:38PM

Then Creative Work - Siddha Yoga

Ashtami\* Until 5:37PM

Thursday, April 20, 2017

Retreat Star

Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Frederick, MD  
Sun 9 Sutra 4

Hemalamba 5119

Makara Rasi: 18.24 Tihi 24

Gulika 8:48AM - 10:28AM  
Yama 5:27AM - 7:07AM  
Rahu 1:49PM - 3:29PM

Shravana Until 3:21PM  
Subha Until 2:39AM Fri  
Taitila Until 6:09AM

Ganesha: White Sunrise: 5:27AM  
Muruga: Yellow Sunset: 6:50PM  
Nataraja: Clear

Moon 4 - Phase 50  
Navami

Creative Work Siddha Yoga

Moon - Purple  
Chaitra-Chaitra

Devaloka Day

Chidambaram Abhishekam

Navami\* Until 6:27PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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<b>1</b>		Friday, April 21, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukla Yoga Vanija/Visli* Karana Dashamyam Titau			Frederick, MD Sun 10 Sutra 5 Hemalamba 5119
Kumbha Rasi: 1.09	Tithi 25	<b>Gulika</b>	7:06AM – 8:47AM	<b>Dhanishtha Until 4:07PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:26AM			
		Yama	3:30PM – 5:10PM	Sukla Until 1:22AM Sat	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:51PM		Moon 4 - Phase 1	
		292271368 <b>Rahu</b>	10:28AM – 12:08PM	Vanija Until 6:35AM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Dashami Until 6:28PM</b>	Moon – Purple		<b>Devaloka Day</b>		
					<b>Chaitra•Chaitra</b>				

<b>2</b>		Saturday, April 22, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manla Vasara Yuktayam Shatabhishak/Purvproshthapada* Nakshatra Brahma Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau			Frederick, MD Sun 11 Sutra 6 Hemalamba 5119
Kumbha Rasi: 14.2	Tithi 26 – 27	<b>Gulika</b>	5:24AM – 7:05AM	<b>Shatabhishak Until 3:53PM</b>	<b>Ganesh:</b> White	<i>Sunrise:</i> 5:24AM			
		Yama	1:49PM – 3:30PM	Brahma Until 11:24PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:52PM		Moon 4 - Phase 1	
		292271368 <b>Rahu</b>	8:46AM – 10:27AM	Bava Until 6:09AM	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Amrita Yoga			<b>Ekadashi* Until 5:36PM</b>	Moon – Purple		<b>Devaloka Day</b>		
Until 3:53PM					<b>Chaitra•Chaitra</b>				
Then Routine Work - Marana Yoga									

<b>3</b>		Sunday, April 23, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvproshthapada*/Uttarproshthapada Nakshatra Indra Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau			Frederick, MD Sun 12 Sutra 7 Hemalamba 5119
Kumbha Rasi: 28	Tithi 27 – 28	<b>Gulika</b>	3:30PM – 5:12PM	<b>Purvproshthapada* Until 3:08PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:23AM			
		Yama	12:08PM – 1:49PM	Indra Until 8:49PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:53PM		Moon 4 - Phase 1	
		212271368 <b>Rahu</b>	5:12PM – 6:53PM	Gara Until 2:50AM Mon	<b>Nataraja:</b> Clear			2nd Phase	
Creative Work	Siddha Yoga			<b>Dvadashi* Until 3:56PM</b>	Moon – Clear		<b>Devaloka Day</b>		
Until 3:08PM				<i>Pradosha Vrata (Fasting)</i>	<b>Chaitra•Chaitra</b>				
Then Creative Work - Amrita Yoga									

<b>4</b>		Monday, April 24, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarproshthapada*/Uttarproshthapada Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau			Frederick, MD Sun 13 Sutra 8 Hemalamba 5119
Meena Rasi: 12.08	Tithi 28 – 29	<b>Gulika</b>	1:49PM – 3:31PM	<b>Uttarproshthapada Until 1:32PM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:21AM			
<b>Family Home Evening</b>		Yama	10:26AM – 12:08PM	Vaidhriti* Until 5:39PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:54PM		Moon 4 - Phase 1	
		212271369 <b>Rahu</b>	7:03AM – 8:45AM	Visli Until 12:09AM Tue	<b>Nataraja:</b> Purple			2nd Phase	
Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:33PM</b>	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Chaitra•Chaitra</b>		<b>Devaloka Time: 12:PM to 3:PM</b>		

		Tuesday, April 25, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Frederick, MD Sun 14 Sutra 9 Hemalamba 5119
<b>Retreat Star</b>		<b>Gulika</b>	12:07PM – 1:49PM	<b>Revati Until 11:13AM</b>	<b>Ganesh:</b> Light Blue	<i>Sunrise:</i> 5:20AM			
Meena Rasi: 26.41	Tithi 29 – 30	Yama	8:44AM – 10:26AM	Vishkambha* Until 2:03PM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:55PM		Moon 4 - Phase 1	
		212271369 <b>Rahu</b>	3:31PM – 5:13PM	Catuspada Until 8:59PM	<b>Nataraja:</b> Purple			Amavasya	
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:36AM</b>	Moon – Clear		<b>Bhuloka Day</b>		
					<b>Chaitra•Chaitra</b>		<b>Devaloka Time: 12:PM to 3:PM</b>		

<b>Retreat Star</b>		Wednesday, April 26, 2017				Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Priti/Ayushman Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau			Frederick, MD Sun 15 Sutra 10 Hemalamba 5119
Mesha Rasi: 11.35	Tithi 30 – 1	<b>Gulika</b>	10:25AM – 12:07PM	<b>Ashvini Until 8:47AM</b>	<b>Ganesh:</b> Purple	<i>Sunrise:</i> 5:19AM			
		Yama	7:01AM – 8:43AM	Priti Until 10:09AM	<b>Muruga:</b> Yellow	<i>Sunset:</i> 6:56PM		Moon 4 - Phase 1	
		222271369 <b>Rahu</b>	12:07PM – 1:49PM	Bava Until 3:40AM Thu	<b>Nataraja:</b> Purple			Prathama	
Routine Work	Marana Yoga			<b>Amavasya* Until 7:15AM</b>	Moon – White		<b>Bhuloka Day</b>		
Until 8:47AM					<b>Vaisaka•Chaitra</b>		<b>Devaloka Time: 12:PM to 3:PM</b>		
Then Creative Work - Siddha Yoga									

<b>1</b>		<b>Thursday, April 27, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Frederick, MD Sun 16 Sutra 11	
Mesha Rasi: 26.39	Tithi 2	<b>Gulika</b> 8:42AM – 10:25AM	<b>Bharani Until 6:00AM</b>	<b>Ganesh:</b> Purple <i>Sunrise:</i> 5:17AM		Hemalamba 5119	
		Yama 5:17AM – 7:00AM	Ayushman Until 6:04AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:57PM		Moon 4 - Phase 2	
		222271369 <b>Rahu</b> 1:50PM – 3:32PM	Balava Until 1:52PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 12:02AM Fri</b>	Moon – White		<b>Bhuloka Day</b>	
Until 6:00AM				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Friday, April 28, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Tailila/Gara Karana Tritiyayam Titau		Frederick, MD Sun 17 Sutra 12	
Vrishabha Rasi: 11.46	Tithi 3	<b>Gulika</b> 6:59AM – 8:42AM	<b>Rohini Until 12:29AM Sat</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:16AM		Hemalamba 5119	
		Yama 3:32PM – 5:15PM	Sobhana Until 9:58PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:58PM		Moon 4 - Phase 2	
		232271369 <b>Rahu</b> 10:24AM – 12:07PM	Tailila Until 10:16AM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Tritiya Until 8:30PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:29AM Sat		<b>Akshaya Tritiya</b>		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	
Then Creative Work - Siddha Yoga							

<b>3</b>		<b>Saturday, April 29, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Frederick, MD Sun 18 Sutra 13	
Vrishabha Rasi: 26.44	Tithi 4 – 5	<b>Gulika</b> 5:15AM – 6:58AM	<b>Mrigashira Until 10:06PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:15AM		Hemalamba 5119	
		Yama 1:50PM – 3:33PM	Athiganda* Until 6:12PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 6:59PM		Moon 4 - Phase 2	
		232271369 <b>Rahu</b> 8:41AM – 10:24AM	Vanija Until 6:51AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 5:15PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

<b>4</b>		<b>Sunday, April 30, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Frederick, MD Sun 19 Sutra 14	
Mithuna Rasi: 11.28	Tithi 5 – 6	<b>Gulika</b> 3:33PM – 5:16PM	<b>Ardra Until 8:01PM</b>	<b>Ganesh:</b> Light Blue <i>Sunrise:</i> 5:14AM		Hemalamba 5119	
		Yama 12:07PM – 1:50PM	Sukarma Until 2:46PM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:00PM		Moon 4 - Phase 2	
		232271369 <b>Rahu</b> 5:16PM – 7:00PM	Kaulava Until 1:11AM Mon	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 2:24PM</b>	Moon – Yellow		<b>Bhuloka Day</b>	
		<b>Adi Sankara Jayanthi</b>		Vaisaka-Chaitra		Devaloka Time: 12:PM to 3:PM	

<b>5</b>		<b>Monday, May 1, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau		Frederick, MD Sun 20 Sutra 15	
Mithuna Rasi: 25.5	Tithi 6 – 7	<b>Gulika</b> 1:50PM – 3:34PM	<b>Punarvasu Until 6:46PM</b>	<b>Ganesh:</b> Clear <i>Sunrise:</i> 5:11AM		Hemalamba 5119	
<b>Family Home Evening</b>		Yama 10:23AM – 12:06PM	Dhriti Until 11:48AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:02PM		Moon 4 - Phase 2	
		242371369 <b>Rahu</b> 6:55AM – 8:39AM	Gara Until 11:10PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 12:05PM</b>	Moon – Blue		<b>Devaloka Day</b>	
Until 6:46PM				Vaisaka-Chaitra			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Tuesday, May 2, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Frederick, MD Sun 21 Sutra 16	
Kataka Rasi: 9.49	Tithi 7 – 8	<b>Gulika</b> 12:06PM – 1:50PM	<b>Pushya Until 6:01PM</b>	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:10AM		Hemalamba 5119	
		Yama 8:38AM – 10:22AM	Shula* Until 9:19AM	<b>Muruga:</b> Yellow <i>Sunset:</i> 7:03PM		Moon 4 - Phase 2	
		243371369 <b>Rahu</b> 3:34PM – 5:19PM	Visti Until 9:48PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Saptami Until 10:23AM</b>	Moon – Blue		<b>Devaloka Day</b>	
				Vaisaka-Chaitra			

<b>Retreat Star</b>		<b>Wednesday, May 3, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Frederick, MD Sun 22 Sutra 17	
Kataka Rasi: 23.23	Tithi 8 – 9	<b>Gulika</b> 10:22AM – 12:06PM	<b>Ashlesha* Until 5:47PM</b>	<b>Ganesh:</b> Orange <i>Sunrise:</i> 5:09AM		Hemalamba 5119	
		Yama 6:53AM – 8:37AM	Ganda* Until 7:23AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:04PM		Moon 4 - Phase 2	
		243381369 <b>Rahu</b> 12:06PM – 1:50PM	Balava Until 9:06PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 9:21AM</b>	Moon – Blue		<b>Bhuloka Day</b>	
				Vaisaka-Chaitra		Devaloka Time: 6:AM to 9:AM	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

<b>1 Thursday, May 4, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Frederick, MD			
Magha* Nakshatra Ayushman/Dhruva Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau Sun 23 Sutra 18					
Simha Rasi: 6.35	Tithi 9 – 10	<b>Gulika</b> 8:37AM – 10:21AM	<b>Magha* Until 6:30PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:07AM	Hemalamba 5119
		Yama 5:07AM – 6:52AM	Ayushman Until 6:00AM	<b>Muruga:</b> Blue <i>Sunset:</i> 7:05PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 1:51PM – 3:35PM	Tailila Until 9:03PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Navami* Until 8:59AM</b>	Moon – Red	<b>Bhuloka Day</b>
Until 6:30PM				<b>Vaisaka•Chaitra</b>	
Then Creative Work - Siddha Yoga					

<b>2 Friday, May 5, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Frederick, MD			
Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau Sun 24 Sutra 19					
Simha Rasi: 19.28	Tithi 10 – 11	<b>Gulika</b> 6:51AM – 8:36AM	<b>Purvaphalguni Until 7:37PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:06AM	Hemalamba 5119
		Yama 3:36PM – 5:21PM	Vyaghata* Until 4:36AM Sat	<b>Muruga:</b> Blue <i>Sunset:</i> 7:06PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 10:21AM – 12:06PM	Vanija Until 9:35PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Dashami Until 9:14AM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

<b>3 Saturday, May 6, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mantra Vasara Yuktayam Frederick, MD			
Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau Sun 25 Sutra 20					
Kanya Rasi: 2.05	Tithi 11 – 12	<b>Gulika</b> 5:05AM – 6:50AM	<b>Uttaraphalguni Until 9:05PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:05AM	Hemalamba 5119
		Yama 1:51PM – 3:36PM	Harshana Until 4:30AM Sun	<b>Muruga:</b> Blue <i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
		253381369 <b>Rahu</b> 8:35AM – 10:21AM	Bava Until 10:36PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi Until 10:01AM</b>	Moon – Red	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

<b>4 Sunday, May 7, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Frederick, MD			
Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26 Sutra 21					
Kanya Rasi: 14.3	Tithi 12 – 13	<b>Gulika</b> 3:37PM – 5:22PM	<b>Hasta Until 11:14PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:04AM	Hemalamba 5119
		Yama 12:06PM – 1:51PM	Vajra* Until 4:40AM Mon	<b>Muruga:</b> Blue <i>Sunset:</i> 7:07PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 5:22PM – 7:07PM	Kaulava Until 12:01AM Mon	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi Until 11:15AM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 11:14PM				<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>		

<b>5 Monday, May 8, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Frederick, MD			
Chitra Nakshatra Siddhi Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 27 Sutra 22					
Kanya Rasi: 26.46	Tithi 13 – 14	<b>Gulika</b> 1:51PM – 3:37PM	<b>Chitra Until 1:32AM Tue</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:03AM	Hemalamba 5119
<b>Family Home Evening</b>		Yama 10:20AM – 12:06PM	Siddhi Until 5:04AM Tue	<b>Muruga:</b> Blue <i>Sunset:</i> 7:08PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 6:49AM – 8:34AM	Gara Until 1:44AM Tue	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Prabalarishta Yoga		<b>Trayodashi Until 12:49PM</b>	Moon – Green	<b>Bhuloka Day</b>
Until 1:32AM Tue				<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Siddha Yoga					

<b>○ Tuesday, May 9, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Frederick, MD			
<b>Copper Retreat Star</b>		Svati Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 28 Sutra 23			
Tula Rasi: 8.55	Tithi 14 – 15	<b>Gulika</b> 12:06PM – 1:52PM	<b>Svati Until 3:54AM Wed</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:02AM	Hemalamba 5119
		Yama 8:34AM – 10:20AM	Vyatipata* Until 5:40AM Wed	<b>Muruga:</b> Blue <i>Sunset:</i> 7:09PM	Moon 4 - Phase 3
		263381369 <b>Rahu</b> 3:38PM – 5:23PM	Visti Until 3:42AM Wed	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 2:40PM</b>	Moon – Green	<b>Bhuloka Day</b>
		<b>Budha Purnima (Tamil Nadu)</b>		<b>Vaisaka•Chaitra</b>	Devaloka Time: 6:AM to 9:AM

<b>Wednesday, May 10, 2017</b>		Hemalamba Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Frederick, MD			
<b>Silver Retreat Star</b>		Vishakha Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 29 Sutra 24			
Tula Rasi: 20.57	Tithi 15 – 16	<b>Gulika</b> 10:19AM – 12:06PM	<b>Vishakha Until 6:48AM Thu</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:01AM	Hemalamba 5119
		Yama 6:47AM – 8:33AM	Variyan Until 6:23AM Thu	<b>Muruga:</b> Blue <i>Sunset:</i> 7:10PM	Moon 4 - Phase 3
		273381369 <b>Rahu</b> 12:06PM – 1:52PM	Balava Until 5:51AM Thu	<b>Nataraja:</b> Purple	Prathama
Creative Work	Siddha Yoga		<b>Purnima* Until 4:44PM</b>	Moon – Orange	<b>Bhuloka Day</b>
				<b>Vaisaka•Chaitra</b>	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda