



Monday, May 7, 2012
Gold Retreat Star

Vrischika Rasi: 4.35 Tithi 16 – 17
Family Home Evening 274217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Varyan/Parigha* Yoga Kaulava/Gara Karana Prathama*/Dvitiya Yam Titau
Gulika 1:38PM – 3:14PM **Anuradha Until 1:19AM Tue** **Ganesha:** Yellow *Sunrise: 5:38AM*
Yama 10:26AM – 12:02PM **Varyan Until 9:54AM** **Muruqa:** White *Sunset: 6:27PM*
Rahu 7:14AM – 8:50AM **Gara Until 2:56AM Tue** **Nataraja:** Clear
Moon – Orange **Sivaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 25
Nandana 5114
Moon 4 - Phase 4
1st Phase

1

Tuesday, May 8, 2012

Vrischika Rasi: 19.39 Tithi 18
275217269
Creative Work Siddha Yoga
Until 10:34PM then Amrita Yoga
Until 1.28AM Wed then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 12:02PM – 1:38PM **Jyeshtha* Until 10:34PM** **Ganesha:** White *Sunrise: 5:37AM*
Yama 8:50AM – 10:26AM **Shiva Until 1:53AM Wed** **Muruqa:** White *Sunset: 6:27PM*
Rahu 3:15PM – 4:51PM **Vanija Until 1:04PM** **Nataraja:** Clear
Moon – Orange **Devaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 26
Nandana 5114
Moon 4 - Phase 4
1st Phase

2

Wednesday, May 9, 2012

Dhanus Rasi: 4.26 Tithi 19
285217269
Routine Work Marana Yoga
Until 9:16PM then Amrita Yoga
Until 1.28AM Thu then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 10:26AM – 12:02PM **Mula* Until 9:16PM** **Ganesha:** Yellow *Sunrise: 5:37AM*
Yama 7:13AM – 8:50AM **Siddha Until 11:21PM** **Muruqa:** White *Sunset: 6:27PM*
Rahu 12:02PM – 1:38PM **Bava Until 10:16AM** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 27
Nandana 5114
Moon 4 - Phase 4
1st Phase

3

Thursday, May 10, 2012

Dhanus Rasi: 18.5 Tithi 20
285217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 8:49AM – 10:26AM **Purvashadha* Until 7:26PM** **Ganesha:** Yellow *Sunrise: 5:37AM*
Yama 5:37AM – 7:13AM **Sadhya Until 8:05PM** **Muruqa:** White *Sunset: 6:28PM*
Rahu 1:38PM – 3:15PM **Kaulava Until 7:37AM** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 28
Nandana 5114
Moon 4 - Phase 4
1st Phase

4

Friday, May 11, 2012

Makara Rasi: 2.48 Tithi 21 – 22
285217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 7:13AM – 8:49AM **Uttarashadha Until 6:21PM** **Ganesha:** Yellow *Sunrise: 5:36AM*
Yama 3:15PM – 4:51PM **Subha Until 6:21PM** **Muruqa:** White *Sunset: 6:28PM*
Rahu 10:26AM – 12:02PM **Visti Until 3:55AM Sat** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 29
Nandana 5114
Moon 4 - Phase 4
1st Phase

5

Saturday, May 12, 2012

Makara Rasi: 16.19 Tithi 22 – 23
295217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 5:36AM – 7:12AM **Sravana Until 6:56PM** **Ganesha:** Blue *Sunrise: 5:36AM*
Yama 1:39PM – 3:15PM **Sukla Until 4:22PM** **Muruqa:** White *Sunset: 6:28PM*
Rahu 8:49AM – 10:25AM **Balava Until 4:37AM Sun** **Nataraja:** Clear
Moon – Purple **Devaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 30
Nandana 5114
Moon 4 - Phase 4
1st Phase

Chidambaram Abhishekam

Saptami Until 4:37PM



Sunday, May 13, 2012
Retreat Star

Makara Rasi: 29.26 Tithi 23 – 24
295217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 3:15PM – 4:52PM **Dhanishtha Until 7:21PM** **Ganesha:** Blue *Sunrise: 5:36AM*
Yama 12:02PM – 1:39PM **Brahma Until 3:05PM** **Muruqa:** White *Sunset: 6:28PM*
Rahu 4:52PM – 6:28PM **Taitila Until 4:19AM Mon** **Nataraja:** Clear
Moon – Purple **Devaloka Day**
Vaisaka-Chaitra

Yangon, Myanmar
Sutra 31
Nandana 5114
Moon 4 - Phase 4
Ashtami

Mother's Day


Ashtami* Until 4:19PM

Monday, May 14, 2012
Retreat Star

Kumbha Rasi: 12.11 Tithi 24 – 25
Family Home Evening 295217269
Creative Work Siddha Yoga
Until 9:37PM then no yoga
Until 1.27AM Tue then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 1:39PM – 3:15PM **Satabhisha Until 9:37PM** **Ganesha:** Blue *Sunrise: 5:35AM*
Yama 10:25AM – 12:02PM **Indra Until 3:04PM** **Muruqa:** White *Sunset: 6:29PM*
Rahu 7:12AM – 8:49AM **Vanija Until 6:49AM Tue** **Nataraja:** Clear
Moon – Purple **Devaloka Day**
Vaisaka-Vaikasi

Yangon, Myanmar
Sutra 32
Nandana 5114
Moon 4 - Phase 4
Navami

1	Tuesday, May 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti* Karana Dasami Yam Titau	Yangon, Myanmar Sutra 33 Nandana 5114
Kumbha Rasi: 24.38	Tithi 25	Gulika 12:02PM – 1:39PM Yama 8:48AM – 10:25AM Rahu 3:16PM – 4:52PM	Purvaprostapada* Until 11:24PM Vaidhriti* Until 2:56PM Visti Until 7:57AM Wed Dasami Until 6:51PM
215217269		Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:35AM Sunset: 6:29PM Devaloka Day Vaisaka-Vaikasi
Routine Work	Marana Yoga		
Until 11:24PM then Amrita Yoga			
Until 1.27AM Wed then Siddha Yoga			
2	Wednesday, May 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar Sutra 34 Nandana 5114
Meena Rasi: 6.51	Tithi 26	Gulika 10:25AM – 12:02PM Yama 7:11AM – 8:48AM Rahu 12:02PM – 1:39PM	Uttaraprostapada Until 1:38AM Thu Vishkambha* Until 3:13PM Bava Until 7:25AM Ekadasi* Until 8:30PM
215217269		Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:35AM Sunset: 6:29PM Devaloka Day Vaisaka-Vaikasi
Creative Work	Siddha Yoga		
3	Thursday, May 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau	Yangon, Myanmar Sutra 35 Nandana 5114
Meena Rasi: 18.52	Tithi 27	Gulika 8:48AM – 10:25AM Yama 5:34AM – 7:11AM Rahu 1:39PM – 3:16PM	Revati Until 4:15AM Fri Priti Until 3:51PM Kaulava Until 9:27AM Dvadasi* Until 10:32PM
216217269		Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Clear	Sunrise: 5:34AM Sunset: 6:30PM Sivaloka Day Vaisaka-Vaikasi
Creative Work	Siddha Yoga		
Until 4:15AM Fri then Amrita Yoga			
4	Friday, May 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar Sutra 36 Nandana 5114
Mesha Rasi: 0.46	Tithi 28	Gulika 7:11AM – 8:48AM Yama 3:16PM – 4:53PM Rahu 10:25AM – 12:02PM	Asvini Until 7:29AM Sat Ayushman Until 4:43PM Gara Until 11:46AM Trayodasi* Until 12:52AM Sat <i>Pradosha Vrata (Fasting)</i>
226217269		Ganesha: Red Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:34AM Sunset: 6:30PM Sivaloka Day Vaisaka-Vaikasi
Creative Work	Amrita Yoga		
Until 1.28AM Sat then Siddha Yoga			
5	Saturday, May 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Asvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar Sutra 37 Nandana 5114
Mesha Rasi: 12.35	Tithi 29	Gulika 5:34AM – 7:11AM Yama 1:39PM – 3:16PM Rahu 8:48AM – 10:25AM	Asvini Until 7:29AM Saubhagya Until 5:44PM Visti Until 2:16PM Chaturdasi* Until 3:21AM Sun
226217269		Ganesha: Red Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:34AM Sunset: 6:30PM Sivaloka Day Vaisaka-Vaikasi
Creative Work	Siddha Yoga		
Until 1.28AM Sun then no yoga			
	Sunday, May 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Yangon, Myanmar Sutra 38 Nandana 5114
Mesha Rasi: 24.23	Tithi 30	Gulika 3:17PM – 4:54PM Yama 12:02PM – 1:39PM Rahu 4:54PM – 6:31PM	Bharani Until 10:35AM Sobhana Until 6:49PM Catuspada Until 4:50PM Amavasya* Until 6:19AM Mon
226217269		Ganesha: Red Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:34AM Sunset: 6:31PM Sivaloka Day Vaisaka-Vaikasi
No Yoga			
Until 10:35AM then Siddha Yoga			
Until 1.28AM Mon then no yoga			
Annular Solar Eclipse			
Monday, May 21, 2012	Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar Sutra 39 Nandana 5114
Vrishabha Rasi: 6.1	Tithi 30 – 1	Gulika 1:39PM – 3:17PM Yama 10:25AM – 12:02PM Rahu 7:11AM – 8:48AM	Krittika Until 1:40PM Athiganda* Until 7:54PM Kintughna Until 7:24PM Amavasya* Until 6:19AM
226217269		Ganesha: Red Muruqa: White Nataraja: Clear Moon – White	Sunrise: 5:33AM Sunset: 6:31PM Sivaloka Day Jyeshtha-Vaikasi
Family Home Evening	No Yoga		
Until 1:40PM then Amrita Yoga			

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

All times are standard time

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1	Tuesday, May 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Grigasira Nakshatra Sukarma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
		Sutra 40 Nandana 5114	
Wrishabha Rasi: 18	Tithi 1 – 2	Gulika 12:02PM – 1:40PM Yama 8:48AM – 10:25AM Rahu 3:17PM – 4:54PM	Rohini Until 4:40PM Sukarma Until 8:54PM Balava Until 9:52PM Prathama* Until 8:46AM
236217269		Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:33AM Sunset: 6:32PM Sivaloka Day Jyeshtha-Vaikasi
Creative Work Amrita Yoga			
Until 4:40PM then Siddha Yoga			

2	Wednesday, May 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
		Sutra 41 Nandana 5114	
Wrishabha Rasi: 29.55	Tithi 2 – 3	Gulika 10:25AM – 12:02PM Yama 7:10AM – 8:48AM Rahu 12:02PM – 1:40PM	Mrigasira Until 7:30PM Dhriti Until 9:43PM Taitila Until 12:08AM Thu Dvitiya Until 11:02AM
236217269		Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:33AM Sunset: 6:32PM Sivaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga			
Until 1.28AM Thu then Marana Yoga			

3	Thursday, May 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
		Sutra 42 Nandana 5114	
Mithuna Rasi: 11.58	Tithi 3 – 4	Gulika 8:48AM – 10:25AM Yama 5:33AM – 7:10AM Rahu 1:40PM – 3:17PM	Ardra Until 10:03PM Shula* Until 10:19PM Vanija Until 2:07AM Fri Tritiya Until 1:02PM
237217269		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Yellow	Sunrise: 5:33AM Sunset: 6:32PM Devaloka Day Jyeshtha-Vaikasi
Routine Work Marana Yoga			
Until 10:03PM then Amrita Yoga			
Until 1.28AM Fri then Siddha Yoga			

4	Friday, May 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
		Sutra 43 Nandana 5114	
Mithuna Rasi: 24.11	Tithi 4 – 5	Gulika 7:10AM – 8:48AM Yama 3:18PM – 4:55PM Rahu 10:25AM – 12:03PM	Punarvasu Until 12:17AM Sat Ganda* Until 10:36PM Bava Until 3:44AM Sat Chaturthi* Until 2:39PM
347217269		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:33AM Sunset: 6:33PM Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga			
Until 12:17AM Sat then Marana Yoga			
Until 1.28AM Sat then Siddha Yoga			

5	Saturday, May 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
		Sutra 44 Nandana 5114	
Kataka Rasi: 6.37	Tithi 5 – 6	Gulika 5:33AM – 7:10AM Yama 1:40PM – 3:18PM Rahu 8:48AM – 10:25AM	Pushya Until 12:33AM Sun Vriddhi Until 9:19PM Kaulava Until 2:59AM Sun Panchami Until 2:59PM
347217269		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:33AM Sunset: 6:33PM Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga			
Until 12:33AM Sun then Marana Yoga			
Until 1.28AM Sun then Siddha Yoga			

6	Sunday, May 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
		Sutra 45 Nandana 5114	
Kataka Rasi: 19.19	Tithi 6 – 7	Gulika 3:18PM – 4:56PM Yama 12:03PM – 1:40PM Rahu 4:56PM – 6:33PM	Aslesha* Until 1:44AM Mon Dhruva Until 8:46PM Gara Until 3:31AM Mon Shasthi* Until 3:31PM
347217269		Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:32AM Sunset: 6:33PM Devaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga			

Monday, May 28, 2012	Retreat Star	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
		Sutra 46 Nandana 5114	
Simha Rasi: 2.19	Tithi 7 – 8	Gulika 1:41PM – 3:18PM Yama 10:25AM – 12:03PM Rahu 7:10AM – 8:48AM	Magha* Until 2:21AM Tue Vyaghata* Until 7:42PM Visti Until 3:27AM Tue Saptami Until 3:27PM
357217269		Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:32AM Sunset: 6:34PM Sivaloka Day Jyeshtha-Vaikasi
Family Home Evening			
Creative Work Siddha Yoga			

Tuesday, May 29, 2012	Retreat Star	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
		Sutra 47 Nandana 5114	
Simha Rasi: 15.39	Tithi 8 – 9	Gulika 12:03PM – 1:41PM Yama 8:48AM – 10:25AM Rahu 3:19PM – 4:56PM	Purvaphalguni* Until 12:53AM Wed Harshana Until 5:14PM Balava Until 1:05AM Wed Ashtami* Until 2:01PM
357217269		Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:32AM Sunset: 6:34PM Sivaloka Day Jyeshtha-Vaikasi
Creative Work Siddha Yoga			
Until 12:53AM Wed then Amrita Yoga			

Wednesday, May 30, 2012	Retreat Star	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
		Sutra 48 Nandana 5114	
Simha Rasi: 29.23	Tithi 9 – 10	Gulika 10:25AM – 12:03PM Yama 7:10AM – 8:48AM Rahu 12:03PM – 1:41PM	Uttaraphalguni Until 12:12AM Thu Vajra* Until 3:04PM Taitila Until 11:40PM Navami* Until 12:36PM
357317269		Ganesha: White Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:32AM Sunset: 6:34PM Subha Sivaloka Day Jyeshtha-Vaikasi
Creative Work Amrita Yoga			
Until 12:12AM Thu then Siddha Yoga			
Until 1.29AM Thu then no yoga			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

All times are standard time

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1	Thursday, May 31, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Yangon, Myanmar
	Kanya Rasi: 13.3 Tithi 10 – 11 368317269	Gulika 8:48AM – 10:26AM Yama 5:32AM – 7:10AM Rahu 1:41PM – 3:19PM	Hasta Until 10:52PM Siddhi Until 12:17PM Vanija Until 8:25PM Dasami Until 10:08AM	Ganesha: White <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sutra 49 Nandana 5114 Moon 4 - Phase 7 4th Phase Devaloka Day

2	Friday, June 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Yangon, Myanmar
	Kanya Rasi: 27.59 Tithi 11 – 12 368317269	Gulika 7:10AM – 8:48AM Yama 3:19PM – 4:57PM Rahu 10:26AM – 12:04PM	Chitra Until 7:53PM Vyatipata* Until 8:43AM Bava Until 4:05AM Sat Ekadasi Until 7:31AM	Ganesha: White <i>Sunrise: 5:32AM</i> Muruqa: White <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sutra 50 Nandana 5114 Moon 4 - Phase 7 4th Phase Devaloka Day

3	Saturday, June 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Visakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Yangon, Myanmar
	Tula Rasi: 12.47 Tithi 13 368327269	Gulika 5:32AM – 7:10AM Yama 1:42PM – 3:19PM Rahu 8:48AM – 10:26AM	Svati Until 5:33PM Parigha* Until 1:05AM Sun Kaulava Until 2:39PM Trayodasi Until 12:56AM Sun <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise: 5:32AM</i> Muruqa: Clear <i>Sunset: 6:35PM</i> Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sutra 51 Nandana 5114 Moon 4 - Phase 7 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Sunday, June 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Yangon, Myanmar
	Tula Rasi: 27.47 Tithi 14 378327269	Gulika 3:20PM – 4:58PM Yama 12:04PM – 1:42PM Rahu 4:58PM – 6:36PM	Visakha Until 2:52PM Shiva Until 9:08PM Gara Until 11:08AM Chaturdasi* Until 9:25PM	Ganesha: Clear <i>Sunrise: 5:32AM</i> Muruqa: Clear <i>Sunset: 6:36PM</i> Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi	Sutra 52 Nandana 5114 Moon 4 - Phase 7 4th Phase Devaloka Day

○	Monday, June 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Purnima*/Prathama* Yam Titau			Yangon, Myanmar
	Vrischika Rasi: 12.53 Tithi 15 – 16 Family Home Evening 378327269 Creative Work Siddha Yoga	Gulika 1:42PM – 3:20PM Yama 10:26AM – 12:04PM Rahu 7:10AM – 8:48AM	Anuradha Until 12:04PM Siddha Until 5:04PM Visti Until 7:29AM Purnima* Until 5:46PM	Ganesha: Clear <i>Sunrise: 5:32AM</i> Muruqa: Clear <i>Sunset: 6:36PM</i> Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi	Sutra 53 Nandana 5114 Moon 4 - Phase 7 Purnima Devaloka Day

○	Tuesday, June 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau			Yangon, Myanmar
	Vrischika Rasi: 27.54 Tithi 16 – 17 378327261	Gulika 12:04PM – 1:42PM Yama 8:48AM – 10:26AM Rahu 3:20PM – 4:58PM	Jyeshtha* Until 9:22AM Sadhya Until 1:06PM Taitila Until 12:31AM Wed Prathama* Until 2:14PM	Ganesha: Clear <i>Sunrise: 5:32AM</i> Muruqa: Clear <i>Sunset: 6:36PM</i> Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi	Sutra 54 Nandana 5114 Moon 4 - Phase 7 Prathama Devaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda, Isau 3. bo UpR, 570

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Wednesday, June 6, 2012
Gold Retreat Star

Dhanus Rasi: 27.43 Tithi 17 - 18
389327261
Routine Work Marana Yoga
Until 6:59AM then Amrita Yoga
Until 1.30AM Thu then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dviliya/Tritiya Yam Titau

Yangon, Myanmar
Sun 1 Sutra 55
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 10:26AM - 12:04PM
Yama 7:10AM - 8:48AM
Rahu 12:04PM - 1:42PM
Mula* Until 6:59AM
Subha Until 9:40AM
Vanija Until 9:19PM
Dvitiya Until 11:02AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:37PM*
Nataraja: Clear
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

1

Thursday, June 7, 2012

Dhanus Rasi: 27.13 Tithi 18 - 19
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Yangon, Myanmar
Sun 2 Sutra 56
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 8:48AM - 10:26AM
Yama 5:32AM - 7:10AM
Rahu 1:43PM - 3:21PM
Uttarashadha Until 3:55AM Fri
Sukla Until 6:16AM
Bava Until 7:39PM
Tritiya Until 8:34AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:37PM*
Nataraja: Clear
Moon - Light Blue
Jyeshtha-Vaikasi

Devaloka Day

2

Friday, June 8, 2012

Makara Rasi: 11.19 Tithi 19 - 20
399327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana Nakshatra Indra Yoga Balava/Taitila Karana Chaturthi*/Panchami Yam Titau

Yangon, Myanmar
Sun 3 Sutra 57
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 7:10AM - 8:48AM
Yama 3:21PM - 4:59PM
Rahu 10:27AM - 12:05PM
Sravana Until 2:36AM Sat
Indra Until 12:51AM Sat
Taitila Until 4:37AM Sat
Chaturthi* Until 6:28AM

Ganesha: Purple *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:37PM*
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day

3

Saturday, June 9, 2012

Makara Rasi: 24.58 Tithi 21
399327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Yangon, Myanmar
Sun 4 Sutra 58
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 5:32AM - 7:10AM
Yama 1:43PM - 3:21PM
Rahu 8:49AM - 10:27AM
Dhanishtha Until 3:35AM Sun
Vaidhriti* Until 12:00AM Sun
Gara Until 5:06PM
Shasthi* Until 5:06AM Sun

Ganesha: Purple *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:38PM*
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day

4

Sunday, June 10, 2012

Kumbha Rasi: 8.11 Tithi 22
399327261
Creative Work Siddha Yoga
Until 3:48AM Mon then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptami Yam Titau

Yangon, Myanmar
Sun 5 Sutra 59
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 3:22PM - 5:00PM
Yama 12:05PM - 1:43PM
Rahu 5:00PM - 6:38PM
Satabhisha Until 3:48AM Mon
Vishkambha* Until 10:34PM
Visti Until 4:35PM
Saptami Until 4:35AM Mon

Ganesha: Purple *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:38PM*
Nataraja: Clear
Moon - Purple
Jyeshtha-Vaikasi

Sivaloka Day



Monday, June 11, 2012
Retreat Star

Kumbha Rasi: 21 Tithi 23
Family Home Evening 319327261
No Yoga
Until 1.31AM Tue then Marana Yoga
Until 6:40AM Tue then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Yangon, Myanmar
Sun 6 Sutra 60
Nandana 5114
Moon 5 - Phase 8
Ashtami

Gulika 1:44PM - 3:22PM
Yama 10:27AM - 12:05PM
Rahu 7:11AM - 8:49AM
Purvaprostapada* Until 6:40AM Tue
Priti Until 11:02PM
Balava Until 4:53PM
Ashtami* Until 4:53AM Tue

Ganesha: Blue *Sunrise: 5:32AM*
Muruqa: Clear *Sunset: 6:38PM*
Nataraja: Clear
Moon - Clear
Jyeshtha-Vaikasi

Sivaloka Day

Tuesday, June 12, 2012

Retreat Star

Meena Rasi: 3.28 Tithi 24
319327261
Creative Work Amrita Yoga
Until 1.31AM Wed then Siddha Yoga
Until 8:02AM Wed then Marana Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ayushman Yoga Taitila Karana Navami* Yam Titau


Yangon, Myanmar
Sun 7 Sutra 61
Nandana 5114
Moon 5 - Phase 8
Navami

Gulika 12:06PM - 1:44PM
Yama 8:49AM - 10:27AM
Rahu 3:22PM - 5:00PM
Uttaraprostapada Until 8:02AM Wed
Ayushman Until 10:53PM
Taitila Until 6:56PM
Navami* Until 7:31AM Wed

Ganesha: Blue *Sunrise: 5:33AM*
Muruqa: Clear *Sunset: 6:39PM*
Nataraja: Clear
Moon - Clear
Jyeshtha-Vaikasi

Sivaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. %ig Veda Sanhita 2.28.5. VE,514

1	Wednesday, June 13, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuklayam Uttaraprostapada/Revati Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Meena Rasi: 15.39 Tithi 24 – 25 319327261	Gulika 10:27AM – 12:06PM Yama 7:11AM – 8:49AM Rahu 12:06PM – 1:44PM	Sun 8 Sutra 62 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 8:02AM then Marana Yoga Until 1.31AM Thu then Siddha Yoga		Uttaraprostapada Until 8:02AM Saubhagya Until 11:14PM Vanija Until 8:37PM Navami* Until 7:31AM	Ganesha: Blue <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Clear Sivaloka Day Jyeshtha-Vaikasi
2	Thursday, June 14, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuklayam Revati/Asvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau	Yangon, Myanmar
	Meena Rasi: 27.38 Tithi 25 – 26 311327261	Gulika 8:49AM – 10:28AM Yama 5:33AM – 7:11AM Rahu 1:44PM – 3:23PM	Sun 9 Sutra 63 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 10:44AM then Amrita Yoga		Revati Until 10:44AM Sobhana Until 11:57PM Bava Until 10:44PM Dasami Until 9:38AM	Ganesha: Purple <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – Clear Sivaloka Day Jyeshtha-Ani
3	Friday, June 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuklayam Asvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 9.29 Tithi 26 – 27 321327261	Gulika 7:11AM – 8:50AM Yama 3:23PM – 5:01PM Rahu 10:28AM – 12:06PM	Sun 10 Sutra 64 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Amrita Yoga Until 1:41PM then Siddha Yoga		Asvini Until 1:41PM Athiganda* Until 12:56AM Sat Kaulava Until 1:08AM Sat Ekadasi* Until 12:03PM	Ganesha: Clear <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Clear Moon – White Devaloka Day Jyeshtha-Ani
4	Saturday, June 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuklayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 21.17 Tithi 27 – 28 321327261	Gulika 5:33AM – 7:11AM Yama 1:45PM – 3:23PM Rahu 8:50AM – 10:28AM	Sun 11 Sutra 65 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 4:47PM then Amrita Yoga Until 1.32AM Sun then Siddha Yoga		Bharani Until 4:47PM Sukarma Until 2:01AM Sun Gara Until 3:41AM Sun Dvadasi* Until 2:36PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Clear Moon – White Devaloka Day Jyeshtha-Ani
5	Sunday, June 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuklayam Krittika Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 3.04 Tithi 28 – 29 321327261	Gulika 3:23PM – 5:02PM Yama 12:07PM – 1:45PM Rahu 5:02PM – 6:40PM	Sun 12 Sutra 66 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 1.32AM Mon then Amrita Yoga		Father's Day Trayodasi* Until 5:09PM	Ganesha: Clear <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Clear Moon – White Devaloka Day Jyeshtha-Ani
6	Monday, June 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuklayam Rohini Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 14.54 Tithi 29 Family Home Evening 331327261	Gulika 1:45PM – 3:23PM Yama 10:28AM – 12:07PM Rahu 7:12AM – 8:50AM	Sun 13 Sutra 67 Nandana 5114 Moon 5 - Phase 9 2nd Phase
Creative Work Amrita Yoga Until 1.32AM Tue then Siddha Yoga		Rohini Until 10:52PM Shula* Until 4:06AM Tue Visti Until 6:29AM Chaturdasi* Until 7:34PM	Ganesha: Orange <i>Sunrise: 5:33AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Clear Moon – Yellow Devaloka Day Jyeshtha-Ani
	Tuesday, June 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuklayam Mrigasira Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 26.51 Tithi 30 331327261	Gulika 12:07PM – 1:45PM Yama 8:50AM – 10:29AM Rahu 3:24PM – 5:02PM	Sun 14 Sutra 68 Nandana 5114 Moon 5 - Phase 9 Amavasya
Creative Work Siddha Yoga		Mrigasira Until 1:38AM Wed Ganda* Until 4:54AM Wed Catuspada Until 8:41AM Amavasya* Until 9:46PM	Ganesha: Orange <i>Sunrise: 5:34AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Clear Moon – Yellow Devaloka Day Jyeshtha-Ani
Wednesday, June 20, 2012	Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuklayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 8.56 Tithi 1 331327261	Gulika 10:29AM – 12:07PM Yama 7:12AM – 8:51AM Rahu 12:07PM – 1:46PM	Sun 15 Sutra 69 Nandana 5114 Moon 5 - Phase 9 Prathama
Creative Work Siddha Yoga Until 1.33AM Thu then Marana Yoga Until 4:07AM Thu then Amrita Yoga		Ardra Until 4:07AM Thu Vriddhi Until 5:26AM Thu Kintughna Until 10:34AM Prathama* Until 11:39PM	Ganesha: Orange <i>Sunrise: 5:34AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Clear Moon – Yellow Devaloka Day Ashada-Ani

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

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1	Thursday, June 21, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Yangon, Myanmar
	Mithuna Rasi: 21.13	Tithi 2	341327261	Gulika 8:51AM – 10:29AM Yama 5:34AM – 7:12AM Rahu 1:46PM – 3:24PM	Punarvasu Until 6:14AM Fri Dhruva Until 5:38AM Fri Balava Until 11:33AM Dvitiya Until 11:33PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue Ashada•Ani	Sun 16 Sutra 70 Nandana 5114 Moon 5 - Phase 10 3rd Phase Devaloka Day
	Creative Work Amrita Yoga Until 1.33AM Fri then Siddha Yoga Until 6:14AM Fri then Marana Yoga						
2	Friday, June 22, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiya Yam Titau				Yangon, Myanmar
	Kataka Rasi: 3.41	Tithi 3	341327261	Gulika 7:13AM – 8:51AM Yama 3:24PM – 5:03PM Rahu 10:29AM – 12:08PM	Pushya Until 6:32AM Sat Vyaghata* Until 3:47AM Sat Taitila Until 12:31PM Tritiya Until 12:31AM Sat	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue Ashada•Ani	Sun 17 Sutra 71 Nandana 5114 Moon 5 - Phase 10 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 1.33AM Sat then Siddha Yoga Until 6:32AM Sat then Marana Yoga						
3	Saturday, June 23, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Yangon, Myanmar
	Kataka Rasi: 16.23	Tithi 4	341327261	Gulika 5:35AM – 7:13AM Yama 1:46PM – 3:25PM Rahu 8:51AM – 10:30AM	Pushya Until 6:32AM Harshana Until 3:15AM Sun Vanija Until 1:02PM Chaturthi* Until 1:02AM Sun	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue Ashada•Ani	Sun 18 Sutra 72 Nandana 5114 Moon 5 - Phase 10 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 6:32AM then Marana Yoga Until 1.33AM Sun then Siddha Yoga						
4	Sunday, June 24, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchami Yam Titau				Yangon, Myanmar
	Kataka Rasi: 29.17	Tithi 5	342427261	Gulika 3:25PM – 5:03PM Yama 12:08PM – 1:46PM Rahu 5:03PM – 6:41PM	Aslesha* Until 7:18AM Vajra* Until 2:20AM Mon Bava Until 1:07PM Panchami Until 1:07AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Blue Ashada•Ani	Sun 19 Sutra 73 Nandana 5114 Moon 5 - Phase 10 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:18AM then Marana Yoga Until 1.34AM Mon then Siddha Yoga						
5	Monday, June 25, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Yangon, Myanmar
	Simha Rasi: 12.27	Tithi 6	352427261	Gulika 1:47PM – 3:25PM Yama 10:30AM – 12:08PM Rahu 7:13AM – 8:52AM	Magha* Until 7:38AM Siddhi Until 24:60AM Tue Kaulava Until 12:43PM Shasthi* Until 12:43AM Tue	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Red Ashada•Ani	Sun 20 Sutra 74 Nandana 5114 Moon 5 - Phase 10 3rd Phase Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga						
6	Tuesday, June 26, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptami Yam Titau				Yangon, Myanmar
	Simha Rasi: 25.52	Tithi 7	352427261	Gulika 12:08PM – 1:47PM Yama 8:52AM – 10:30AM Rahu 3:25PM – 5:03PM	Purvaphalguni* Until 7:23AM Vyatipata* Until 10:05PM Gara Until 11:21AM Saptami Until 10:26PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Red Ashada•Ani	Sun 21 Sutra 75 Nandana 5114 Moon 5 - Phase 10 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 7:23AM then Amrita Yoga		Chidambaram Abhishekam				
	Wednesday, June 27, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtami* Yam Titau				Yangon, Myanmar
	Kanya Rasi: 9.32	Tithi 8	352427261	Gulika 10:30AM – 12:09PM Yama 7:14AM – 8:52AM Rahu 12:09PM – 1:47PM	Uttaraphalguni Until 6:48AM Variyan Until 8:00PM Visti Until 10:01AM Ashtami* Until 9:06PM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Red Ashada•Ani	Sun 22 Sutra 76 Nandana 5114 Moon 5 - Phase 10 Ashtami Sivaloka Day
	Creative Work Amrita Yoga Until 6.48AM then Siddha Yoga Until 1.34AM Thu then no yoga						
Retreat Star	Thursday, June 28, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau				Yangon, Myanmar
	Kanya Rasi: 23.29	Tithi 9	362427261	Gulika 8:52AM – 10:31AM Yama 5:36AM – 7:14AM Rahu 1:47PM – 3:25PM	Chitra Until 4:35AM Fri Parigha* Until 5:29PM Balava Until 8:10AM Navami* Until 7:15PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Green Ashada•Ani	Sun 23 Sutra 77 Nandana 5114 Moon 5 - Phase 10 Navami Devaloka Day
	Creative Work Siddha Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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1	Friday, June 29, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Tula Rasi: 7.43 Tithi 10 – 11 362427261	Gulika 7:14AM – 8:53AM Yama 3:26PM – 5:04PM Rahu 10:31AM – 12:09PM	Sun 24 Sutra 78 Nandana 5114 Moon 5 - Phase 11 4th Phase
Creative Work	Siddha Yoga	Svati Until 3:03AM Sat Shiva Until 2:32PM Vanija Until 2:24AM Sat Dasami Until 4:07PM	Devaloka Day
		Ganesha: Clear <i>Sunrise: 5:36AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Green	Ashada*Ani

2	Saturday, June 30, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Tula Rasi: 22.12 Tithi 11 – 12 372427261	Gulika 5:36AM – 7:15AM Yama 1:48PM – 3:26PM Rahu 8:53AM – 10:31AM	Sun 25 Sutra 79 Nandana 5114 Moon 5 - Phase 11 4th Phase
Creative Work	Siddha Yoga	Visakha Until 11:49PM Siddha Until 10:51AM Bava Until 11:47PM Ekadasi Until 1:30PM	Sivaloka Day
Until 1.35AM Sun then Marana Yoga		Ganesha: White <i>Sunrise: 5:36AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Orange	Ashada*Ani

3	Sunday, July 1, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 6.52 Tithi 12 – 13 372427261	Gulika 3:26PM – 5:04PM Yama 12:09PM – 1:48PM Rahu 5:04PM – 6:42PM	Sun 26 Sutra 80 Nandana 5114 Moon 5 - Phase 11 4th Phase
Routine Work	Marana Yoga	Anuradha Until 9:41PM Sadhya Until 7:25AM Kaulava Until 8:51PM Dvadasi Until 10:34AM	Sivaloka Day
Until 1.35AM Mon then Siddha Yoga		Ganesha: White <i>Sunrise: 5:37AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Orange	Ashada*Ani
		<i>Pradosha Vrata</i>	

4	Monday, July 2, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Tailita/Vanija Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	Vrischika Rasi: 21.38 Tithi 13 – 14 Family Home Evening 372427261	Gulika 1:48PM – 3:26PM Yama 10:31AM – 12:10PM Rahu 7:15AM – 8:53AM	Sun 27 Sutra 81 Nandana 5114 Moon 5 - Phase 11 4th Phase
Creative Work	Siddha Yoga	Jyeshtha* Until 7:23PM Sukla Until 11:50PM Vanija Until 4:02AM Tue Trayodasi Until 7:27AM	Sivaloka Day
Until 1.35AM Tue then Amrita Yoga		Ganesha: White <i>Sunrise: 5:37AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Orange	Ashada*Ani

	Tuesday, July 3, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 6.23 Tithi 15 382427261	Gulika 12:10PM – 1:48PM Yama 8:54AM – 10:32AM Rahu 3:26PM – 5:04PM	Sutra 82 Nandana 5114 Moon 5 - Phase 11 Purnima
Creative Work	Amrita Yoga	Mula* Until 5:06PM Brahma Until 8:16PM Visti Until 2:38PM Purnima* Until 12:55AM Wed	Devaloka Day
Until 5:06PM then Siddha Yoga		Satguru Purnima	Ashada*Ani
Until 1.35AM Wed then Amrita Yoga		Ganesha: Yellow <i>Sunrise: 5:37AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Light Blue	

Wednesday, July 4, 2012	Silver Retreat Star	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 21.02 Tithi 16 382427261	Gulika 10:32AM – 12:10PM Yama 7:16AM – 8:54AM Rahu 12:10PM – 1:48PM	Sutra 83 Nandana 5114 Moon 5 - Phase 11 Prathama
Creative Work	Amrita Yoga	Purvashadha* Until 3:40PM Indra Until 5:36PM Balava Until 12:11PM Prathama* Until 11:16PM	Devaloka Day
Until 1.36AM Thu then Siddha Yoga		Ganesha: Yellow <i>Sunrise: 5:38AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Light Blue	Ashada*Ani

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

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Thursday, July 5, 2012
Gold Retreat Star

Makara Rasi: 5.26 Tithi 17
382427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvitiya Yam Tilau

Gulika 8:54AM – 10:32AM **Uttarashadha** Until 1:50PM
Yama 5:38AM – 7:16AM **Vaidhriti*** Until 2:22PM
Rahu 1:48PM – 3:26PM **Taitila** Until 9:31AM
Dvitiya Until 8:36PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Light Blue
Ashada-Ani

Sunrise: 5:38AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 1 Sutra 84
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

1

Friday, July 6, 2012

Makara Rasi: 19.3 Tithi 18
492427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Tritiya Yam Tilau

Gulika 7:16AM – 8:54AM **Sravana** Until 12:35PM
Yama 3:26PM – 5:04PM **Vishkambha*** Until 11:40AM
Rahu 10:32AM – 12:10PM **Vanija** Until 7:28AM
Tritiya Until 6:33PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada-Ani

Sunrise: 5:38AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 2 Sutra 85
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

2

Saturday, July 7, 2012

Kumbha Rasi: 3.1 Tithi 19 – 20
492427261
Creative Work Siddha Yoga
Until 12:28PM then Amrita Yoga
Until 1:36AM Sun then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Priti/Ayushman Yoga Bava/Kaulava Karana Chaturthi*/Panchami Yam Tilau

Gulika 5:39AM – 7:17AM **Dhanishtha** Until 12:28PM
Yama 1:49PM – 3:27PM **Priti** Until 9:52AM
Rahu 8:55AM – 10:33AM **Bava** Until 6:10AM
Chaturthi* Until 6:10PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada-Ani

Sunrise: 5:39AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 3 Sutra 86
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

3

Sunday, July 8, 2012

Kumbha Rasi: 16.25 Tithi 20 – 21
493427261
Creative Work Siddha Yoga
Until 1:36AM Mon then no yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Tilau

Gulika 3:27PM – 5:05PM **Satabhisha** Until 12:37PM
Yama 12:11PM – 1:49PM **Ayushman** Until 8:22AM
Rahu 5:05PM – 6:42PM **Gara** Until 5:33AM Mon
Panchami Until 5:33PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada-Ani

Sunrise: 5:39AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 4 Sutra 87
Nandana 5114
Moon 6 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Monday, July 9, 2012

Kumbha Rasi: 29.16 Tithi 21
413427261
Family Home Evening
No Yoga
Until 2:07PM then Siddha Yoga
Until 1:36AM Tue then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Saubhagya/Sobhana Yoga Vanija Karana Shasthi* Yam Tilau

Gulika 1:49PM – 3:27PM **Purvaprostapada*** Until 2:07PM
Yama 10:33AM – 12:11PM **Saubhagya** Until 7:41AM
Rahu 7:17AM – 8:55AM **Vanija** Until 5:46AM Tue
Shasthi* Until 5:46PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada-Ani

Sunrise: 5:39AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 5 Sutra 88
Nandana 5114
Moon 6 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Tuesday, July 10, 2012

Meena Rasi: 11.46 Tithi 22
413427261
Creative Work Amrita Yoga
Until 3:48PM then Siddha Yoga
Until 1:36AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada/Revali Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Sapthami Yam Tilau

Gulika 12:11PM – 1:49PM **Uttaraprostapada** Until 3:48PM
Yama 8:55AM – 10:33AM **Sobhana** Until 7:28AM
Rahu 3:27PM – 5:05PM **Visti** Until 6:45AM
Saptami Until 7:50PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada-Ani

Sunrise: 5:39AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 6 Sutra 89
Nandana 5114
Moon 6 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Wednesday, July 11, 2012
Retreat Star

Meena Rasi: 23.58 Tithi 23
413427261
Routine Work Marana Yoga
Until 1:37AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtami* Yam Tilau

Gulika 10:33AM – 12:11PM **Revati** Until 6:04PM
Yama 7:18AM – 8:55AM **Athiganda*** Until 7:48AM
Rahu 12:11PM – 1:49PM **Balava** Until 8:23AM
Ashtami* Until 9:29PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada-Ani

Sunrise: 5:40AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 7 Sutra 90
Nandana 5114
Moon 6 - Phase 12
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, July 12, 2012
Retreat Star

Mesha Rasi: 5.57 Tithi 24
423427261
Creative Work Amrita Yoga
Until 8:46PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navami* Yam Tilau

Gulika 8:56AM – 10:33AM **Asvini** Until 8:46PM
Yama 5:40AM – 7:18AM **Sukarma** Until 8:32AM
Rahu 1:49PM – 3:27PM **Taitila** Until 10:30AM
Navami* Until 11:35PM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon – White
Ashada-Ani

Sunrise: 5:40AM
Sunset: 6:42PM

Yangon, Myanmar
Sun 8 Sutra 91
Nandana 5114
Moon 6 - Phase 12
Navami

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. *Krishna Yajur Veda, Maitu 6.34. UpM, 104*

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1	Friday, July 13, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Mesha Rasi: 17.48 Tithi 25 423427261	Gulika 7:18AM – 8:56AM Yama 3:27PM – 5:04PM Rahu 10:34AM – 12:11PM	Sun 9 Sutra 92 Nandana 5114 Moon 6 - Phase 13 2nd Phase
	Creative Work Siddha Yoga Until 1.37AM Sat then Amrita Yoga	Bharani Until 11:44PM Dhriti Until 9:30AM Vanija Until 12:54PM Dasami Until 2:00AM Sat	Ganesha: Clear <i>Sunrise: 5:40AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – White Ashada-Ani
			Devaloka Day

2	Saturday, July 14, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 29.36 Tithi 26 423427261	Gulika 5:41AM – 7:18AM Yama 1:49PM – 3:27PM Rahu 8:56AM – 10:34AM	Sun 10 Sutra 93 Nandana 5114 Moon 6 - Phase 13 2nd Phase
	Creative Work Amrita Yoga Until 1.37AM Sun then Siddha Yoga	Krittika Until 2:48AM Sun Shula* Until 10:35AM Bava Until 3:26PM Ekadasi* Until 4:31AM Sun	Ganesha: Clear <i>Sunrise: 5:41AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – White Ashada-Ani
			Devaloka Day

3	Sunday, July 15, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Kaulava/Tailita Karana Dvadasi* Yam Titau	Yangon, Myanmar
	Virshabha Rasi: 11.25 Tithi 27 433427261	Gulika 3:27PM – 5:04PM Yama 12:12PM – 1:49PM Rahu 5:04PM – 6:42PM	Sun 11 Sutra 94 Nandana 5114 Moon 6 - Phase 13 2nd Phase
	Creative Work Siddha Yoga Until 1.37AM Mon then Amrita Yoga	Rohini Until 5:49AM Mon Ganda* Until 11:36AM Kaulava Until 5:54PM Dvadasi* Until 7:03AM Mon	Ganesha: Purple <i>Sunrise: 5:41AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Yellow Ashada-Ani
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Monday, July 16, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira Nakshatra Vridhhi/Dhruva Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Virshabha Rasi: 23.21 Tithi 27 – 28 Family Home Evening 433427261	Gulika 1:49PM – 3:27PM Yama 10:34AM – 12:12PM Rahu 7:19AM – 8:57AM	Sun 12 Sutra 95 Nandana 5114 Moon 6 - Phase 13 2nd Phase
	Creative Work Amrita Yoga Until 1.37AM Tue then Siddha Yoga Until 8:29AM Tue then Marana Yoga	Mrigasira Until 8:29AM Tue Vridhhi Until 12:27PM Gara Until 8:09PM Dvadasi* Until 7:03AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 5:41AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Clear Moon – Yellow Ashada-Adi
			Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Tuesday, July 17, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 5.26 Tithi 28 – 29 433427262	Gulika 12:12PM – 1:49PM Yama 8:57AM – 10:34AM Rahu 3:27PM – 5:04PM	Sun 13 Sutra 96 Nandana 5114 Moon 6 - Phase 13 2nd Phase
	Creative Work Siddha Yoga Until 8:29AM then Marana Yoga Until 1.37AM Wed then Siddha Yoga	Mrigasira Until 8:29AM Dhruva Until 1:00PM Visti Until 10:03PM Trayodasi* Until 8:57AM	Ganesha: Purple <i>Sunrise: 5:42AM</i> Muruqa: Clear <i>Sunset: 6:42PM</i> Nataraja: Purple Moon – Yellow Ashada-Adi
			Devaloka Day

	Wednesday, July 18, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Retreat Star Mithuna Rasi: 17.43 Tithi 29 – 30 433427262	Gulika 10:34AM – 12:12PM Yama 7:19AM – 8:57AM Rahu 12:12PM – 1:49PM	Sun 14 Sutra 97 Nandana 5114 Moon 6 - Phase 13 Amavasya
	Creative Work Siddha Yoga Until 1.37AM Thu then Amrita Yoga	Ardra Until 10:12AM Vyaghata* Until 1:09PM Catuspada Until 10:02PM Chaturdasi* Until 10:02AM	Ganesha: Purple <i>Sunrise: 5:42AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Yellow Ashada-Adi
			Devaloka Day

Retreat Star	Thursday, July 19, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 0.16 Tithi 30 – 1 443427262	Gulika 8:57AM – 10:34AM Yama 5:42AM – 7:20AM Rahu 1:49PM – 3:27PM	Sun 15 Sutra 98 Nandana 5114 Moon 6 - Phase 13 Prathama
	Creative Work Amrita Yoga Until 1.37AM Fri then Marana Yoga	Punarvasu Until 11:41AM Harshana Until 12:23PM Kintughna Until 10:52PM Amavasya* Until 10:52AM	Ganesha: Light Blue <i>Sunrise: 5:42AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Blue Sravana-Adi
			Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maiti 3.2. UpH, 418

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1	Friday, July 20, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Kataka Rasi: 13.02 Tithi 1 – 2 443527262	Gulika 7:20AM – 8:57AM Yama 3:26PM – 5:04PM Rahu 10:35AM – 12:12PM	Sun 16 Sutra 99 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Routine Work	Marana Yoga	Pushya Until 12:41PM Vajra* Until 11:41AM Balava Until 11:12PM Prathama* Until 11:12AM	Ganesha: Orange <i>Sunrise: 5:43AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Blue Sravana-Adi
			Sivaloka Day


2	Saturday, July 21, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Kataka Rasi: 26.05 Tithi 2 – 3 443527262	Gulika 5:43AM – 7:20AM Yama 1:49PM – 3:26PM Rahu 8:57AM – 10:35AM	Sun 17 Sutra 100 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Routine Work	Marana Yoga	Aslesha* Until 1:14PM Siddhi Until 10:33AM Taitila Until 11:02PM Dvitiya Until 11:02AM	Ganesha: Orange <i>Sunrise: 5:43AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Blue Sravana-Adi
Until 1:14PM then Amrita Yoga Until 1:37AM Sun then Marana Yoga			Sivaloka Day


3	Sunday, July 22, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 9.21 Tithi 3 – 4 454527262	Gulika 3:26PM – 5:03PM Yama 12:12PM – 1:49PM Rahu 5:03PM – 6:41PM	Sun 18 Sutra 101 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Routine Work	Marana Yoga	Magha* Until 1:21PM Vyatipata* Until 9:02AM Vanija Until 9:09PM Tritiya Until 10:04AM	Ganesha: Purple <i>Sunrise: 5:43AM</i> Muruqa: Clear <i>Sunset: 6:41PM</i> Nataraja: Purple Moon – Red Sravana-Adi
Until 1:21PM then Siddha Yoga			Devaloka Day

4	Monday, July 23, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Varyan/Parigraha* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Simha Rasi: 22.49 Tithi 4 – 5 454527262	Gulika 1:49PM – 3:26PM Yama 10:35AM – 12:12PM Rahu 7:21AM – 8:58AM	Sun 19 Sutra 102 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Family Home Evening	Siddha Yoga	Purvaphalguni* Until 12:36PM Varyan Until 7:05AM Bava Until 8:12PM Chaturthi* Until 9:07AM	Ganesha: Purple <i>Sunrise: 5:44AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Purple Moon – Red Sravana-Adi
Creative Work	Siddha Yoga		Devaloka Day
Until 12:36PM then Marana Yoga Until 1:38AM Tue then Amrita Yoga			

5	Tuesday, July 24, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 6.28 Tithi 5 – 6 454527262	Gulika 12:12PM – 1:49PM Yama 8:58AM – 10:35AM Rahu 3:26PM – 5:03PM	Sun 20 Sutra 103 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Creative Work	Amrita Yoga	Uttaraphalguni Until 12:04PM Shiva Until 2:23AM Wed Kaulava Until 6:55PM Panchami Until 7:51AM	Ganesha: Purple <i>Sunrise: 5:44AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Purple Moon – Red Sravana-Adi
Until 12:04PM then Siddha Yoga			Devaloka Day

6	Wednesday, July 25, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Vanija Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Kanya Rasi: 20.16 Tithi 6 – 7 464527262	Gulika 10:35AM – 12:12PM Yama 7:21AM – 8:58AM Rahu 12:12PM – 1:49PM	Sun 21 Sutra 104 Nandana 5114 Moon 6 - Phase 14 3rd Phase
Creative Work	Siddha Yoga	Hasta Until 11:16AM Siddha Until 12:07AM Thu Vanija Until 4:26AM Thu Shasthi* Until 6:17AM	Ganesha: Clear <i>Sunrise: 5:44AM</i> Muruqa: Clear <i>Sunset: 6:40PM</i> Nataraja: Purple Moon – Green Sravana-Adi
			Sivaloka Day

	Thursday, July 26, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Tula Rasi: 4.13 Tithi 8 464527262	Gulika 8:58AM – 10:35AM Yama 5:45AM – 7:21AM Rahu 1:49PM – 3:26PM	Sun 22 Sutra 105 Nandana 5114 Moon 6 - Phase 14 Ashtami
Creative Work	Siddha Yoga	Chitra Until 10:13AM Sadhya Until 9:36PM Visti Until 3:32PM Ashtami* Until 2:36AM Fri	Ganesha: Clear <i>Sunrise: 5:45AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Purple Moon – Green Sravana-Adi
Until 10:13AM then Amrita Yoga Until 1:38AM Fri then Siddha Yoga			Sivaloka Day

	Friday, July 27, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Subha Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Tula Rasi: 18.17 Tithi 9 464527262	Gulika 7:22AM – 8:58AM Yama 3:26PM – 5:02PM Rahu 10:35AM – 12:12PM	Sun 23 Sutra 106 Nandana 5114 Moon 6 - Phase 14 Navami
Creative Work	Siddha Yoga	Svati Until 8:55AM Subha Until 6:52PM Balava Until 1:27PM Navami* Until 12:32AM Sat	Ganesha: Clear <i>Sunrise: 5:45AM</i> Muruqa: Clear <i>Sunset: 6:39PM</i> Nataraja: Purple Moon – Green Sravana-Adi
Until 8:55AM then Marana Yoga Until 1:38AM Sat then Siddha Yoga			Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishṇa Yajur Veda, Kathau 5.11. bo UpH, 357

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1 Saturday, July 28, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dasami Yam Titau Sun 24 Sutra 107
 Nandana 5114
Gulika 5:45AM – 7:22AM **Visakha** Until 7:25AM **Ganesha:** White *Sunrise: 5:45AM*
Yama 1:49PM – 3:25PM Sukla Until 3:56PM **Muruqa:** Clear *Sunset: 6:39PM* Moon 6 - Phase 15
Rahu 8:59AM – 10:35AM Tailila Until 11:08AM **Nataraja:** Purple 4th Phase
 Moon – Orange
Devaloka Day
 Creative Work Siddha Yoga
 Until 1.38AM Sun then Marana Yoga
 474527262

2 Sunday, July 29, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadasi Yam Titau Sun 25 Sutra 108
 Nandana 5114
Gulika 3:25PM – 5:02PM **Jyeshtha*** Until 4:36AM Mon **Ganesha:** White *Sunrise: 5:45AM*
Yama 12:12PM – 1:49PM Brahma Until 12:51PM **Muruqa:** Clear *Sunset: 6:38PM* Moon 6 - Phase 15
Rahu 5:02PM – 6:38PM Vanija Until 8:38AM **Nataraja:** Purple 4th Phase
 Moon – Orange
Devaloka Day
 Routine Work Marana Yoga
 Until 1.38AM Mon then Siddha Yoga
 474527262

3 Monday, July 30, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 Sutra 109
 Nandana 5114
Gulika 1:48PM – 3:25PM **Mula*** Until 2:50AM Tue **Ganesha:** Yellow *Sunrise: 5:46AM*
Yama 10:35AM – 12:12PM Indra Until 9:39AM **Muruqa:** Clear *Sunset: 6:38PM* Moon 6 - Phase 15
Rahu 7:22AM – 8:59AM Bava Until 6:01AM **Nataraja:** Purple 4th Phase
 Moon – Light Blue
Sivaloka Day
 Creative Work Siddha Yoga
 Until 1.37AM Tue then Amrita Yoga
 Until 2:50AM Tue then Siddha Yoga
 484527262

4 Tuesday, July 31, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Purvashadha* Nakshatra Vaidhriti* Vishkambha* Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau Sun 27 Sutra 110
 Nandana 5114
Gulika 12:12PM – 1:48PM **Purvashadha*** Until 1:03AM Wed **Ganesha:** Yellow *Sunrise: 5:46AM*
Yama 8:59AM – 10:35AM Vaidhriti* Until 6:29AM **Muruqa:** Clear *Sunset: 6:38PM* Moon 6 - Phase 15
Rahu 3:25PM – 5:01PM Gara Until 1:34AM Wed **Nataraja:** Purple 4th Phase
 Moon – Light Blue
Sivaloka Day
 Creative Work Siddha Yoga
 Until 1:03AM Wed then Prabalarishta Yoga
 Until 1.37AM Wed then Amrita Yoga
 484527262

Wednesday, August 1, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau Sutra 111
 Nandana 5114
Gulika 10:35AM – 12:12PM **Uttarashadha** Until 11:26PM **Ganesha:** Yellow *Sunrise: 5:46AM*
Yama 7:23AM – 8:59AM Priti Until 12:46AM Thu **Muruqa:** Clear *Sunset: 6:37PM* Moon 6 - Phase 15
Rahu 12:12PM – 1:48PM Visti Until 11:08PM **Nataraja:** Purple Purnima
 Moon – Light Blue
Sivaloka Day
Raksha Bandhan **Chaturdasi*** Until 12:03PM
 Creative Work Amrita Yoga
 Until 11:26PM then Siddha Yoga
 484527262

Thursday, August 2, 2012
 Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Yangon, Myanmar
 Sravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau Sutra 112
 Nandana 5114
Gulika 8:59AM – 10:35AM **Sravana** Until 10:07PM **Ganesha:** Blue *Sunrise: 5:47AM*
Yama 5:47AM – 7:23AM Ayushman Until 10:00PM **Muruqa:** Clear *Sunset: 6:37PM* Moon 6 - Phase 15
Rahu 1:48PM – 3:24PM Balava Until 9:01PM **Nataraja:** Purple Prathama
 Moon – Purple
Devaloka Day
 Creative Work Siddha Yoga
 494527262

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

All times are standard time

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Friday, August 3, 2012
Gold Retreat Star

Makara Rasi: 27.47 Tithi 16 – 17
495527262
Creative Work Siddha Yoga
Until 1.37AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 7:23AM – 8:59AM **Dhanishtha Until 9:13PM**
Yama 3:24PM – 5:00PM Saubhagya Until 8:37PM
Rahu 10:35AM – 12:12PM Taitila Until 7:22PM
Prathama* Until 8:17AM

Ganesha: Blue *Sunrise: 5:47AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: Purple
Moon – Purple
Srivana-Adi

Yangon, Myanmar
Sutra 113
Nandana 5114
Moon 7 - Phase 16
1st Phase

Devaloka Day

1

Saturday, August 4, 2012

Kumbha Rasi: 11.19 Tithi 17 – 18
495527262
Creative Work Amrita Yoga
Until 10:02PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Satabhisha Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 5:47AM – 7:23AM **Satabhisha Until 10:02PM**
Yama 1:48PM – 3:24PM Sobhana Until 6:38PM
Rahu 8:59AM – 10:35AM Vanija Until 7:20PM
Dvitiya Until 7:20AM

Ganesha: Blue *Sunrise: 5:47AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: Purple
Moon – Purple
Srivana-Adi

Yangon, Myanmar
Sun 1 Sutra 114
Nandana 5114
Moon 7 - Phase 16
1st Phase

Devaloka Day

2

Sunday, August 5, 2012

Kumbha Rasi: 24.29 Tithi 18 – 19
415527262
Creative Work Siddha Yoga
Until 10:20PM then Amrita Yoga
Until 1.37AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprostapada* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 3:23PM – 4:59PM **Purvaprostapada* Until 10:20PM**
Yama 12:11PM – 1:47PM Athiganda* Until 5:17PM
Rahu 4:59PM – 6:36PM Bava Until 6:54PM
Tritiya Until 6:54AM

Ganesha: Green *Sunrise: 5:47AM*
Muruqa: Clear *Sunset: 6:36PM*
Nataraja: Purple
Moon – Clear
Srivana-Adi

Yangon, Myanmar
Sun 2 Sutra 115
Nandana 5114
Moon 7 - Phase 16
1st Phase

Devaloka Day

3

Monday, August 6, 2012

Meena Rasi: 7.17 Tithi 19 – 20
415527262
Family Home Evening
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 1:47PM – 3:23PM **Uttaraprostapada Until 12:45AM Tue**
Yama 10:35AM – 12:11PM Sukarma Until 5:21PM
Rahu 7:24AM – 8:59AM Kaulava Until 7:12PM
Chaturthi* Until 7:12AM

Ganesha: Green *Sunrise: 5:48AM*
Muruqa: Clear *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear
Srivana-Adi

Yangon, Myanmar
Sun 3 Sutra 116
Nandana 5114
Moon 7 - Phase 16
1st Phase

Devaloka Day

4

Tuesday, August 7, 2012

Meena Rasi: 19.46 Tithi 20 – 21
415527262
Creative Work Siddha Yoga
Until 1.37AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 12:11PM – 1:47PM **Revati Until 2:28AM Wed**
Yama 9:00AM – 10:35AM Dhriti Until 5:10PM
Rahu 3:23PM – 4:59PM Gara Until 9:28PM
Panchami Until 8:23AM

Ganesha: Green *Sunrise: 5:48AM*
Muruqa: Clear *Sunset: 6:35PM*
Nataraja: Purple
Moon – Clear
Srivana-Adi

Yangon, Myanmar
Sun 4 Sutra 117
Nandana 5114
Moon 7 - Phase 16
1st Phase

Devaloka Day

5

Wednesday, August 8, 2012

Mesha Rasi: 1.58 Tithi 21 – 22
425527262
Routine Work Marana Yoga
Until 1.37AM Thu then Amrita Yoga
Until 4:45AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:35AM – 12:11PM **Asvini Until 4:45AM Thu**
Yama 7:24AM – 9:00AM Shula* Until 5:30PM
Rahu 12:11PM – 1:47PM Visti Until 11:08PM
Shasthi* Until 10:03AM

Ganesha: Orange *Sunrise: 5:48AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Purple
Moon – White
Srivana-Adi

Yangon, Myanmar
Sun 5 Sutra 118
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sivaloka Day



Thursday, August 9, 2012
Retreat Star

Mesha Rasi: 13.56 Tithi 22 – 23
425527262
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 9:00AM – 10:35AM **Bharani Until 7:46AM Fri**
Yama 5:48AM – 7:24AM Ganda* Until 6:14PM
Rahu 1:47PM – 3:22PM Balava Until 1:17AM Fri
Saptami Until 12:11PM

Ganesha: Orange *Sunrise: 5:48AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Purple
Moon – White
Srivana-Adi

Yangon, Myanmar
Sun 6 Sutra 119
Nandana 5114
Moon 7 - Phase 16
Ashtami

Sivaloka Day

Friday, August 10, 2012
Retreat Star

Mesha Rasi: 25.47 Tithi 23 – 24
425527262
Creative Work Siddha Yoga
Until 1.36AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 7:24AM – 9:00AM **Bharani Until 7:46AM**
Yama 3:22PM – 4:57PM Vriddhi Until 7:12PM
Rahu 10:35AM – 12:11PM Taitila Until 3:42AM Sat
Ashtami* Until 2:36PM

Ganesha: Orange *Sunrise: 5:49AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: Purple
Moon – White
Srivana-Adi

Yangon, Myanmar
Sun 7 Sutra 120
Nandana 5114
Moon 7 - Phase 16
Navami

Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634

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1	Saturday, August 11, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Wishabha Rasi: 8 Tithi 24 – 25 425527262	Gulika 5:49AM – 7:24AM Yama 1:46PM – 3:22PM Rahu 9:00AM – 10:35AM	Sun 8 Sutra 121 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 1.36AM Sun then Siddha Yoga		Krittika Until 10:49AM Dhruva Until 8:15PM Vanija Until 6:12AM Sun Navami* Until 5:07PM	Ganesha: Orange <i>Sunrise: 5:49AM</i> Muruqa: Clear <i>Sunset: 6:32PM</i> Nataraja: Purple Moon – White Sravana-Adi
Sivaloka Day			


2	Sunday, August 12, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigasira Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Wishabha Rasi: 19.27 Tithi 25 435527262	Gulika 3:21PM – 4:57PM Yama 12:10PM – 1:46PM Rahu 4:57PM – 6:32PM	Sun 9 Sutra 122 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 1.36AM Mon then Amrita Yoga		Rohini Until 1:46PM Vyaghata* Until 9:12PM Vanija Until 6:26AM Dasami Until 7:31PM	Ganesha: Light Blue <i>Sunrise: 5:49AM</i> Muruqa: Clear <i>Sunset: 6:32PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi
Devaloka Day			

3	Monday, August 13, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira/Ardra Nakshatra Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 1.26 Tithi 26 436527262	Gulika 1:46PM – 3:21PM Yama 10:35AM – 12:10PM Rahu 7:24AM – 9:00AM	Sun 10 Sutra 123 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 4:27PM then Siddha Yoga Until 1.36AM Tue then Marana Yoga		Mrigasira Until 4:27PM Harshana Until 9:55PM Bava Until 8:33AM Ekadasi* Until 9:39PM	Ganesha: Purple <i>Sunrise: 5:49AM</i> Muruqa: Clear <i>Sunset: 6:31PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi
Devaloka Day			

4	Tuesday, August 14, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 13.38 Tithi 27 436627262	Gulika 12:10PM – 1:45PM Yama 9:00AM – 10:35AM Rahu 3:20PM – 4:56PM	Sun 11 Sutra 124 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Routine Work Marana Yoga Until 6:44PM then Siddha Yoga		Ardra Until 6:44PM Vajra* Until 10:15PM Kaulava Until 10:14AM Dvadasi* Until 11:19PM	Ganesha: Light Blue <i>Sunrise: 5:49AM</i> Muruqa: Clear <i>Sunset: 6:31PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi
Devaloka Day			

5	Wednesday, August 15, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Siddhi* Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 26.05 Tithi 28 446627262	Gulika 10:35AM – 12:10PM Yama 7:25AM – 9:00AM Rahu 12:10PM – 1:45PM	Sun 12 Sutra 125 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 1.35AM Thu then Amrita Yoga		Punarvasu Until 7:22PM Siddhi Until 8:56PM Gara Until 10:52AM Trayodasi* Until 10:52PM	Ganesha: Purple <i>Sunrise: 5:50AM</i> Muruqa: Clear <i>Sunset: 6:30PM</i> Nataraja: Purple Moon – Blue Sravana-Adi
<i>Pradosha Vrata (Fasting)</i>			

6	Thursday, August 16, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyalipata* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 8.52 Tithi 29 446627262	Gulika 9:00AM – 10:35AM Yama 5:50AM – 7:25AM Rahu 1:45PM – 3:20PM	Sun 13 Sutra 126 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 8:25PM then Siddha Yoga Until 1.35AM Fri then Marana Yoga		Pushya Until 8:25PM Vyalipata* Until 8:15PM Visti Until 11:16AM Chaturdasi* Until 11:16PM	Ganesha: Purple <i>Sunrise: 5:50AM</i> Muruqa: Clear <i>Sunset: 6:29PM</i> Nataraja: Purple Moon – Blue Sravana-Avani
Devaloka Day			

	Friday, August 17, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Aslesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 21.57 Tithi 30 546627262	Gulika 7:25AM – 9:00AM Yama 3:19PM – 4:54PM Rahu 10:35AM – 12:09PM	Sun 14 Sutra 127 Nandana 5114 Moon 7 - Phase 17 Amavasya
Retreat Star Routine Work Marana Yoga Until 1.35AM Sat then Amrita Yoga		Aslesha* Until 8:52PM Variyan Until 7:01PM Catuspada Until 11:00AM Amavasya* Until 11:00PM	Ganesha: Light Blue <i>Sunrise: 5:50AM</i> Muruqa: Clear <i>Sunset: 6:29PM</i> Nataraja: Purple Moon – Blue Sravana-Avani
Devaloka Day			

7	Saturday, August 18, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Yangon, Myanmar
	Simha Rasi: 5.21 Tithi 1 556627262	Gulika 5:50AM – 7:25AM Yama 1:44PM – 3:19PM Rahu 9:00AM – 10:34AM	Sun 15 Sutra 128 Nandana 5114 Moon 7 - Phase 17 Prathama
Retreat Star Creative Work Amrita Yoga Until 7:41PM then Marana Yoga Until 1.35AM Sun then Siddha Yoga		Magha* Until 7:41PM Parigha* Until 4:31PM Kintughna Until 9:48AM Prathama* Until 8:53PM	Ganesha: Purple <i>Sunrise: 5:50AM</i> Muruqa: Clear <i>Sunset: 6:28PM</i> Nataraja: Purple Moon – Red Bhadrapada Adhika-Avani
Devaloka Day			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

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1	Sunday, August 19, 2012		Nandana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Yangon, Myanmar
	Simha Rasi: 19.01	Tithi 2	Gulika 3:18PM – 4:53PM	Purvaphalguni* Until 7:06PM	Ganesha: Purple <i>Sunrise: 5:50AM</i>	Sun 16 Sutra 129	Nandana 5114
		556627262	Yama 12:09PM – 1:44PM	Shiva Until 2:26PM	Muruqa: Clear <i>Sunset: 6:28PM</i>	Moon 7 - Phase 18	3rd Phase
			Rahu 4:53PM – 6:28PM	Balava Until 8:30AM	Nataraja: Purple	Devaloka Day	
				Dvitiya Until 7:35PM	Bhadrapada Adhika-Avani		
2	Monday, August 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau				Yangon, Myanmar
	Kanya Rasi: 2.54	Tithi 3 – 4	Gulika 1:43PM – 3:18PM	Uttaraphalguni Until 6:10PM	Ganesha: Light Blue <i>Sunrise: 5:51AM</i>	Sun 17 Sutra 130	Nandana 5114
Family Home Evening		557627262	Yama 10:34AM – 12:09PM	Siddha Until 12:01PM	Muruqa: Clear <i>Sunset: 6:27PM</i>	Moon 7 - Phase 18	3rd Phase
Routine Work	Marana Yoga		Rahu 7:25AM – 9:00AM	Taitila Until 6:48AM	Nataraja: Purple	Devaloka Day	
				Tritiya Until 5:53PM	Bhadrapada Adhika-Avani		
3	Tuesday, August 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Yangon, Myanmar
	Kanya Rasi: 16.56	Tithi 4 – 5	Gulika 12:08PM – 1:43PM	Hasta Until 4:59PM	Ganesha: Purple <i>Sunrise: 5:51AM</i>	Sun 18 Sutra 131	Nandana 5114
		567627262	Yama 9:00AM – 10:34AM	Sadhya Until 9:22AM	Muruqa: Clear <i>Sunset: 6:28PM</i>	Moon 7 - Phase 18	3rd Phase
			Rahu 3:17PM – 4:52PM	Bava Until 3:00AM Wed	Nataraja: Purple	Devaloka Day	
				Chaturthi* Until 3:55PM	Bhadrapada Adhika-Avani		
4	Wednesday, August 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Yangon, Myanmar
	Tula Rasi: 1.02	Tithi 5 – 6	Gulika 10:34AM – 12:08PM	Chitra Until 3:39PM	Ganesha: Purple <i>Sunrise: 5:51AM</i>	Sun 19 Sutra 132	Nandana 5114
		567637262	Yama 7:25AM – 9:00AM	Subha Until 6:35AM	Muruqa: Purple <i>Sunset: 6:28PM</i>	Moon 7 - Phase 18	3rd Phase
			Rahu 12:08PM – 1:43PM	Kaulava Until 12:53AM Thu	Nataraja: Purple	Sivaloka Day	
				Panchami Until 1:48PM	Bhadrapada Adhika-Avani		
5	Thursday, August 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Yangon, Myanmar
	Tula Rasi: 15.11	Tithi 6 – 7	Gulika 9:00AM – 10:34AM	Svati Until 2:16PM	Ganesha: Purple <i>Sunrise: 5:51AM</i>	Sun 20 Sutra 133	Nandana 5114
		567637262	Yama 5:51AM – 7:25AM	Brahma Until 1:05AM Fri	Muruqa: Purple <i>Sunset: 6:28PM</i>	Moon 7 - Phase 18	3rd Phase
			Rahu 1:42PM – 3:16PM	Gara Until 10:43PM	Nataraja: Purple	Sivaloka Day	
				Shasthi* Until 11:38AM	Bhadrapada Adhika-Avani		
Retreat Star	Friday, August 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Yangon, Myanmar
	Tula Rasi: 29.19	Tithi 7 – 8	Gulika 7:25AM – 8:59AM	Visakha Until 12:54PM	Ganesha: Clear <i>Sunrise: 5:51AM</i>	Sun 21 Sutra 134	Nandana 5114
		577637262	Yama 3:16PM – 4:50PM	Indra Until 10:16PM	Muruqa: Purple <i>Sunset: 6:24PM</i>	Moon 7 - Phase 18	Ashtami
			Rahu 10:34AM – 12:08PM	Visti Until 8:33PM	Nataraja: Purple	Subha Sivaloka Day	
				Saptami Until 9:28AM	Bhadrapada Adhika-Avani		
Retreat Star	Saturday, August 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Yangon, Myanmar
	Vrischika Rasi: 13.25	Tithi 8 – 9	Gulika 5:51AM – 7:25AM	Anuradha Until 11:34AM	Ganesha: Clear <i>Sunrise: 5:51AM</i>	Sun 22 Sutra 135	Nandana 5114
		577637262	Yama 1:41PM – 3:15PM	Vaidhriti* Until 7:29PM	Muruqa: Purple <i>Sunset: 6:24PM</i>	Moon 7 - Phase 18	Navami
			Rahu 8:59AM – 10:33AM	Balava Until 6:26PM	Nataraja: Purple	Subha Sivaloka Day	
				Ashtami* Until 7:21AM	Bhadrapada Adhika-Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

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1	Sunday, August 26, 2012		Nandana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dasami Yam Titau		Yangon, Myanmar		
	Vrischika Rasi: 27.29	Tithi 10	577637262	Gulika 3:15PM – 4:49PM Yama 12:07PM – 1:41PM Rahu 4:49PM – 6:23PM	Jyeshtha* Until 10:18AM Vishkambha* Until 4:45PM Taitila Until 4:23PM Dasami Until 3:28AM Mon	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:23PM</i> Nataraja: Purple Moon – Orange Subha Sivaloka Day Bhadrapada Adhika-Avani	Sun 23 Sutra 136 Nandana 5114 Moon 7 - Phase 19 4th Phase
Routine Work Marana Yoga Until 10:18AM then Amrita Yoga Until 1.33AM Mon then Siddha Yoga							

2	Monday, August 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Yangon, Myanmar		
	Dhanus Rasi: 11.31	Tithi 11	588637263	Gulika 1:41PM – 3:14PM Yama 10:33AM – 12:07PM Rahu 7:25AM – 8:59AM	Mula* Until 9:06AM Priti Until 2:06PM Vanija Until 2:26PM Ekadasi Until 1:30AM Tue	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:22PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Bhadrapada Adhika-Avani	Sun 24 Sutra 137 Nandana 5114 Moon 7 - Phase 19 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 9:06AM then Marana Yoga Until 1.32AM Tue then Siddha Yoga							

3	Tuesday, August 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushmani/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau		Yangon, Myanmar		
	Dhanus Rasi: 25.29	Tithi 12	588637263	Gulika 12:07PM – 1:40PM Yama 8:59AM – 10:33AM Rahu 3:14PM – 4:48PM	Purvashadha* Until 8:02AM Ayushman Until 11:33AM Bava Until 12:36PM Dvadasi Until 11:40PM	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:21PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Bhadrapada Adhika-Avani	Sun 25 Sutra 138 Nandana 5114 Moon 7 - Phase 19 4th Phase
Creative Work Siddha Yoga Until 8:02AM then Prabalarishta Yoga Until 1.32AM Wed then Amrita Yoga							

4	Wednesday, August 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Yangon, Myanmar		
	Makara Rasi: 9.2	Tithi 13	588637263	Gulika 10:33AM – 12:06PM Yama 7:26AM – 8:59AM Rahu 12:06PM – 1:40PM	Uttarashadha Until 7:09AM Saubhagya Until 9:11AM Kaulava Until 10:58AM Trayodasi Until 10:02PM <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:21PM</i> Nataraja: Clear Moon – Light Blue Sivaloka Day Bhadrapada Adhika-Avani	Sun 26 Sutra 139 Nandana 5114 Moon 7 - Phase 19 4th Phase
Creative Work Amrita Yoga Until 7:09AM then Siddha Yoga							

5	Thursday, August 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Yangon, Myanmar		
	Makara Rasi: 23.02	Tithi 14	598637263	Gulika 8:59AM – 10:32AM Yama 5:52AM – 7:26AM Rahu 1:39PM – 3:13PM	Sraavana Until 6:34AM Sobhana Until 7:08AM Gara Until 9:37AM Chaturdasi* Until 8:41PM Chidambaram Abhishekam	Ganesha: White <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:20PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Bhadrapada Adhika-Avani	Sun 27 Sutra 140 Nandana 5114 Moon 7 - Phase 19 4th Phase
Creative Work Siddha Yoga							

○	Friday, August 31, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau		Yangon, Myanmar			
	Copper Retreat Star		Kumbha Rasi: 6.31	Tithi 15	598637263	Gulika 7:26AM – 8:59AM Yama 3:12PM – 4:46PM Rahu 10:32AM – 12:06PM	Dhanishtha Until 6:16AM Sukarma Until 4:03AM Sat Visti Until 8:51AM Purnima* Until 8:51PM	Ganesha: White <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:19PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Bhadrapada Adhika-Avani
Creative Work Siddha Yoga Until 1.31AM Sat then Amrita Yoga								

○	Saturday, September 1, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau		Yangon, Myanmar			
	Silver Retreat Star		Kumbha Rasi: 19.46	Tithi 16	598637263	Gulika 5:52AM – 7:26AM Yama 1:39PM – 3:12PM Rahu 8:59AM – 10:32AM	Satabhisha Until 6:26AM Dhriti Until 2:33AM Sun Balava Until 8:18AM Prathama* Until 8:18PM	Ganesha: White <i>Sunrise: 5:52AM</i> Muruqa: Purple <i>Sunset: 6:18PM</i> Nataraja: Clear Moon – Purple Subha Sivaloka Day Bhadrapada Adhika-Avani
Creative Work Amrita Yoga Until 6:26AM then Siddha Yoga								

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

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Sunday, September 2, 2012
Gold Retreat Star

Meena Rasi: 2.43 Tithi 17
519637263
Creative Work Siddha Yoga
Until 7:08AM then Amrita Yoga
Until 1.31AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Shula* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 3:11PM – 4:44PM
Yama 12:05PM – 1:38PM
Rahu 4:44PM – 6:18PM

Purvaprostapada* Until 7:08AM
Shula* Until 1:32AM Mon
Taitila Until 8:19AM
Dvitiya Until 8:19PM

Yangon, Myanmar
Sun 1 Sutra 143
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Clear *Sunrise: 5:52AM*
Muruqa: Purple *Sunset: 6:18PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day
Bhadrapada Adhika-Avani



Monday, September 3, 2012

Meena Rasi: 15.23 Tithi 18
Family Home Evening 519637263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 1:38PM – 3:11PM
Yama 10:32AM – 12:05PM
Rahu 7:26AM – 8:59AM

Uttaraprostapada Until 8:34AM
Ganda* Until 2:29AM Tue
Vanija Until 9:13AM
Tritiya Until 10:18PM

Yangon, Myanmar
Sun 2 Sutra 144
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Clear *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:17PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day
Bhadrapada Adhika-Avani



Tuesday, September 4, 2012

Meena Rasi: 27.46 Tithi 19
519637263
Creative Work Siddha Yoga
Until 1.30AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Asvini Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 12:04PM – 1:37PM
Yama 8:59AM – 10:31AM
Rahu 3:10PM – 4:43PM

Revati Until 10:29AM
Vriddhi Until 2:28AM Wed
Bava Until 10:30AM
Chaturthi* Until 11:36PM

Yangon, Myanmar
Sun 3 Sutra 145
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Clear *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:16PM*
Nataraja: Clear
Moon – Clear

Sivaloka Day
Bhadrapada Adhika-Avani



Wednesday, September 5, 2012

Mesha Rasi: 9.53 Tithi 20
529637263
Routine Work Marana Yoga
Until 1.30AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 10:31AM – 12:04PM
Yama 7:26AM – 8:58AM
Rahu 12:04PM – 1:37PM

Asvini Until 12:53PM
Dhruva Until 2:54AM Thu
Kaulava Until 12:20PM
Panchami Until 1:25AM Thu

Yangon, Myanmar
Sun 4 Sutra 146
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:15PM*
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada Adhika-Avani



Thursday, September 6, 2012

Mesha Rasi: 21.5 Tithi 21
529637263
Creative Work Siddha Yoga
Until 3.40PM then Marana Yoga
Until 1.29AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 8:58AM – 10:31AM
Yama 5:53AM – 7:26AM
Rahu 1:36PM – 3:09PM

Bharani Until 3:40PM
Vyaghata* Until 3:40AM Fri
Gara Until 2:34PM
Shasthi* Until 3:40AM Fri

Yangon, Myanmar
Sun 5 Sutra 147
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada Adhika-Avani



Friday, September 7, 2012

Vrishabha Rasi: 3.4 Tithi 22
529637263
Creative Work Siddha Yoga
Until 6.40PM then Marana Yoga
Until 1.29AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Harshana Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 7:26AM – 8:58AM
Yama 3:08PM – 4:41PM
Rahu 10:31AM – 12:03PM

Krittika Until 6:40PM
Harshana Until 4:39AM Sat
Visti Until 5:03PM
Saptami Until 6:31AM Sat

Yangon, Myanmar
Sun 6 Sutra 148
Nandana 5114
Moon 8 - Phase 20
1st Phase

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:14PM*
Nataraja: Clear
Moon – White

Devaloka Day
Bhadrapada Adhika-Avani



Saturday, September 8, 2012
Retreat Star

Vrishabha Rasi: 15.28 Tithi 22 – 23
539737263
Creative Work Amrita Yoga
Until 9.44PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 5:53AM – 7:26AM
Yama 1:35PM – 3:08PM
Rahu 8:58AM – 10:31AM

Rohini Until 9:44PM
Vajra* Until 5:42AM Sun
Balava Until 7:37PM
Saptami Until 6:31AM

Yangon, Myanmar
Sun 7 Sutra 149
Nandana 5114
Moon 8 - Phase 20
Ashtami

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:13PM*
Nataraja: Clear
Moon – Yellow

Subha Sivaloka Day
Bhadrapada Adhika-Avani

Sunday, September 9, 2012
Retreat Star

Vrishabha Rasi: 27.19 Tithi 23 – 24
539737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 3:07PM – 4:40PM
Yama 12:03PM – 1:35PM
Rahu 4:40PM – 6:12PM

Mrigasira Until 12:42AM Mon
Siddhi Until 6:40AM Mon
Taitila Until 10:03PM
Ashtami* Until 8:57AM

Yangon, Myanmar
Sun 8 Sutra 150
Nandana 5114
Moon 8 - Phase 20
Navami

Ganesha: Purple *Sunrise: 5:53AM*
Muruqa: Purple *Sunset: 6:12PM*
Nataraja: Clear
Moon – Yellow

Subha Sivaloka Day
Bhadrapada Adhika-Avani

Grandparent's Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

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1	Monday, September 10, 2012	Nandana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 9.19 Tithi 24 – 25 Family Home Evening 531737263 Creative Work Siddha Yoga Until 1.28AM Tue then Marana Yoga Until 3:21AM Tue then Siddha Yoga	Gulika 1:35PM – 3:07PM Yama 10:30AM – 12:02PM Rahu 7:26AM – 8:58AM	Sun 9 Sutra 151 Nandana 5114 Moon 8 - Phase 21 2nd Phase


2	Tuesday, September 11, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 21.34 Tithi 25 – 26 541737263 Creative Work Siddha Yoga	Gulika 12:02PM – 1:34PM Yama 8:58AM – 10:30AM Rahu 3:06PM – 4:38PM	Sun 10 Sutra 152 Nandana 5114 Moon 8 - Phase 21 2nd Phase

3	Wednesday, September 12, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 4.06 Tithi 26 – 27 541737263 Creative Work Siddha Yoga Until 1.27AM Thu then Amrita Yoga Until 5:12AM Thu then Siddha Yoga	Gulika 10:30AM – 12:02PM Yama 7:26AM – 8:58AM Rahu 12:02PM – 1:34PM	Sun 11 Sutra 153 Nandana 5114 Moon 8 - Phase 21 2nd Phase

4	Thursday, September 13, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha* Nakshatra Shiva Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 17 Tithi 27 – 28 541737263 Creative Work Siddha Yoga Until 1.27AM Fri then Marana Yoga	Gulika 8:57AM – 10:29AM Yama 5:54AM – 7:26AM Rahu 1:33PM – 3:05PM	Sun 12 Sutra 154 Nandana 5114 Moon 8 - Phase 21 2nd Phase

5	Friday, September 14, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Simha Rasi: 0.17 Tithi 28 – 29 551737263 Routine Work Marana Yoga Until 1.26AM Sat then Amrita Yoga Until 4:22AM Sat then Marana Yoga	Gulika 7:26AM – 8:57AM Yama 3:04PM – 4:36PM Rahu 10:29AM – 12:01PM	Sun 13 Sutra 155 Nandana 5114 Moon 8 - Phase 21 2nd Phase

	Saturday, September 15, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manu Vasara Yuktayam Purvaphalguni* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Retreat Star Simha Rasi: 13.58 Tithi 29 – 30 551737263 Routine Work Marana Yoga Until 1.26AM Sun then Siddha Yoga Until 3:47AM Sun then Amrita Yoga	Gulika 5:54AM – 7:26AM Yama 1:32PM – 3:04PM Rahu 8:57AM – 10:29AM	Sun 14 Sutra 156 Nandana 5114 Moon 8 - Phase 21 Amavasya

	Sunday, September 16, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Retreat Star Simha Rasi: 27.59 Tithi 30 – 1 551737263 Creative Work Amrita Yoga Until 1.26AM Mon then Marana Yoga Until 2:37AM Mon then Siddha Yoga	Gulika 3:03PM – 4:35PM Yama 12:00PM – 1:32PM Rahu 4:35PM – 6:06PM	Sun 15 Sutra 157 Nandana 5114 Moon 8 - Phase 21 Prathama

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192

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1	Monday, September 17, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar Sun 16 Sutra 158 Nandana 5114
	Kanya Rasi: 12.16 Tithi 1 – 2 Family Home Evening 561737263 Creative Work Siddha Yoga Until 12:59AM Tue then Prabalarishta Yoga Until 1.25AM Tue then Siddha Yoga	Gulika 1:31PM – 3:03PM Yama 10:28AM – 12:00PM Rahu 7:25AM – 8:57AM	Hasta Until 12:59AM Tue Sukla Until 5:39PM Kaulava Until 4:32AM Tue Prathama* Until 6:22AM
2	Tuesday, September 18, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar Sun 17 Sutra 159 Nandana 5114
	Kanya Rasi: 26.43 Tithi 3 561737263 Creative Work Siddha Yoga	Gulika 11:59AM – 1:31PM Yama 8:57AM – 10:28AM Rahu 3:02PM – 4:33PM	Chitra Until 9:55PM Brahma Until 1:46PM Taitila Until 2:06PM Tritiya Until 12:23AM Wed
3	Wednesday, September 19, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar Sun 18 Sutra 160 Nandana 5114
	Tula Rasi: 11.14 Tithi 4 561737263 Creative Work Siddha Yoga	Gulika 10:28AM – 11:59AM Yama 7:25AM – 8:57AM Rahu 11:59AM – 1:30PM	Svati Until 9:01PM Indra Until 10:49AM Vanija Until 11:26AM Chaturthi* Until 9:43PM
4	Thursday, September 20, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Visakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar Sun 19 Sutra 161 Nandana 5114
	Tula Rasi: 25.44 Tithi 5 572737263 Creative Work Siddha Yoga	Gulika 8:57AM – 10:28AM Yama 5:54AM – 7:25AM Rahu 1:30PM – 3:01PM	Visakha Until 7:01PM Vaidhriti* Until 7:23AM Bava Until 9:02AM Panchami Until 8:07PM
5	Friday, September 21, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar Sun 20 Sutra 162 Nandana 5114
	Vrischika Rasi: 10.08 Tithi 6 – 7 572737263 Creative Work Siddha Yoga Until 5:12PM then Prabalarishta Yoga Until 1.24AM Sat then Siddha Yoga	Gulika 7:25AM – 8:56AM Yama 3:00PM – 4:31PM Rahu 10:27AM – 11:58AM	Anuradha Until 5:12PM Priti Until 1:28AM Sat Kaulava Until 6:26AM Shasthi* Until 5:30PM
6	Saturday, September 22, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar Sun 21 Sutra 163 Nandana 5114
	Vrischika Rasi: 24.22 Tithi 7 – 8 572737263 Creative Work Siddha Yoga Until 1.24AM Sun then Amrita Yoga	Gulika 5:55AM – 7:25AM Yama 1:29PM – 3:00PM Rahu 8:56AM – 10:27AM	Jyeshtha* Until 3:39PM Ayushman Until 10:27PM Visti Until 2:16AM Sun Saptami Until 3:11PM
	Sunday, September 23, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar Sun 22 Sutra 164 Nandana 5114
	Retreat Star Dhanus Rasi: 8.25 Tithi 8 – 9 582737263 Creative Work Amrita Yoga Until 2:25PM then Siddha Yoga Until 1.23AM Mon then Marana Yoga	Gulika 2:59PM – 4:30PM Yama 11:58AM – 1:28PM Rahu 4:30PM – 6:01PM	Mula* Until 2:25PM Saubhagya Until 7:45PM Balava Until 12:17AM Mon Ashtami* Until 1:12PM
	Monday, September 24, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar Sun 23 Sutra 165 Nandana 5114
	Retreat Star Dhanus Rasi: 22.17 Tithi 9 – 10 Family Home Evening 582737263 Routine Work Marana Yoga Until 1.23AM Tue then Prabalarishta Yoga	Gulika 1:28PM – 2:59PM Yama 10:27AM – 11:57AM Rahu 7:25AM – 8:56AM	Purvashadha* Until 1:31PM Sobhana Until 5:20PM Taitila Until 10:40PM Navami* Until 11:35AM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

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1	Tuesday, September 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Sravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Makara Rasi: 5.56 Tithi 10 – 11 582737263	Gulika 11:57AM – 1:28PM Yama 8:56AM – 10:26AM Rahu 2:58PM – 4:29PM	Sun 24 Sutra 166 Nandana 5114 Moon 8 - Phase 23 4th Phase
Routine Work Prabalarishta Yoga Until 1:29PM then Siddha Yoga		Uttarashadha Until 1:29PM Athiganda* Until 3:54PM Vanija Until 9:23PM Dasami Until 10:19AM	Ganesha: White <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 5:59PM</i> Nataraja: Clear Moon – Light Blue Bhadrapada-Puratasi
Devaloka Day			

2	Wednesday, September 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Makara Rasi: 19.26 Tithi 11 – 12 592737263	Gulika 10:26AM – 11:57AM Yama 7:25AM – 8:56AM Rahu 11:57AM – 1:27PM	Sun 25 Sutra 167 Nandana 5114 Moon 8 - Phase 23 4th Phase
Creative Work Siddha Yoga Until 1:13PM then Prabalarishta Yoga Until 1.22AM Thu then Siddha Yoga		Sravana Until 1:13PM Sukarma Until 1:58PM Bava Until 9:40PM Ekadasi Until 9:40AM	Ganesha: Clear <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 5:59PM</i> Nataraja: Clear Moon – Purple Bhadrapada-Puratasi
Sivaloka Day			

3	Thursday, September 27, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 2.43 Tithi 12 – 13 692737263	Gulika 8:56AM – 10:26AM Yama 5:55AM – 7:25AM Rahu 1:27PM – 2:57PM	Sun 26 Sutra 168 Nandana 5114 Moon 8 - Phase 23 4th Phase
Creative Work Siddha Yoga Until 1:17PM then Marana Yoga Until 1.22AM Fri then Siddha Yoga		Dhanishtha Until 1:17PM Dhriti Until 12:21PM Kaulava Until 9:03PM Dvadasi Until 9:03AM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 5:57PM</i> Nataraja: Clear Moon – Purple Bhadrapada-Puratasi
Devaloka Day			

4	Friday, September 28, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 15.49 Tithi 13 – 14 692737263	Gulika 7:25AM – 8:56AM Yama 2:56PM – 4:26PM Rahu 10:26AM – 11:56AM	Sun 27 Sutra 169 Nandana 5114 Moon 8 - Phase 23 4th Phase
Creative Work Siddha Yoga		Satabhisha Until 1:44PM Shula* Until 11:05AM Gara Until 8:49PM Trayodasi Until 8:49AM	Ganesha: White <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 5:57PM</i> Nataraja: Clear Moon – Purple Bhadrapada-Puratasi
Devaloka Day			

	Saturday, September 29, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Ganda*/Vridhhi* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar
	Copper Retreat Star Kumbha Rasi: 28.42 Tithi 14 – 15 612737263	Gulika 5:55AM – 7:25AM Yama 1:26PM – 2:56PM Rahu 8:56AM – 10:26AM	Sun 28 Sutra 170 Nandana 5114 Moon 8 - Phase 23 Purnima
Creative Work Siddha Yoga Until 1.21AM Sun then Amrita Yoga		Purvaprostapada* Until 2:34PM Ganda* Until 10:10AM Visti Until 9:01PM Chaturdasi* Until 9:01AM	Ganesha: Purple <i>Sunrise: 5:55AM</i> Muruqa: Purple <i>Sunset: 5:56PM</i> Nataraja: Clear Moon – Clear Bhadrapada-Puratasi
Devaloka Day			

	Sunday, September 30, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraprostapada*/Revali Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar
	Silver Retreat Star Meena Rasi: 11.21 Tithi 15 – 16 612737263	Gulika 2:55PM – 4:25PM Yama 11:55AM – 1:25PM Rahu 4:25PM – 5:55PM	Sun 29 Sutra 171 Nandana 5114 Moon 8 - Phase 23 Prathama
Creative Work Amrita Yoga Until 1.21AM Mon then Siddha Yoga		Uttaraprostapada Until 4:38PM Vridhhi Until 9:55AM Balava Until 11:06PM Purnima* Until 10:00AM	Ganesha: Purple <i>Sunrise: 5:56AM</i> Muruqa: Purple <i>Sunset: 5:55PM</i> Nataraja: Clear Moon – Clear Bhadrapada-Puratasi
Devaloka Day			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

All times are standard time

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Monday, October 1, 2012
Gold Retreat Star

Meena Rasi: 23.47 Titih 16 – 17
Family Home Evening 612737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Yangon, Myanmar
Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau **Sutra 172**
Nandana 5114
Gulika 1:25PM – 2:55PM **Revati Until 6:26PM** **Ganesha:** Purple *Sunrise: 5:56AM*
Yama 10:25AM – 11:55AM Dhruva Until 9:46AM **Muruqa:** Purple *Sunset: 5:54PM* Moon 9 - Phase 24
Rahu 7:26AM – 8:55AM Taitila Until 12:18AM Tue **Nataraja:** Clear **Devaloka Day**
Moon – Clear
Bhadrapada-Puratasi

1

Tuesday, October 2, 2012

Mesha Rasi: 6 Titih 17 – 18
622737263
Creative Work Siddha Yoga
Until 1.20AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
Asvini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau **Sun 1 Sutra 173**
Nandana 5114
Gulika 11:55AM – 1:24PM **Asvini Until 8:40PM** **Ganesha:** Clear *Sunrise: 5:56AM*
Yama 8:55AM – 10:25AM Vyaghata* Until 10:01AM **Muruqa:** Purple *Sunset: 5:54PM* Moon 9 - Phase 24
Rahu 2:54PM – 4:24PM Vanija Until 1:58AM Wed **Nataraja:** Clear **Sivaloka Day**
Moon – White
Bhadrapada-Puratasi

2

Wednesday, October 3, 2012

Mesha Rasi: 18.02 Titih 18 – 19
622837263
Routine Work Marana Yoga
Until 11:17PM then Amrita Yoga
Until 1.20AM Thu then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Yangon, Myanmar
Bharani Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau **Sun 2 Sutra 174**
Nandana 5114
Gulika 10:25AM – 11:54AM **Bharani Until 11:17PM** **Ganesha:** White *Sunrise: 5:56AM*
Yama 7:26AM – 8:55AM Harshana Until 10:37AM **Muruqa:** Purple *Sunset: 5:53PM* Moon 9 - Phase 24
Rahu 11:54AM – 1:24PM Bava Until 4:04AM Thu **Nataraja:** Clear **Subha Sivaloka Day**
Moon – White
Bhadrapada-Puratasi

3

Thursday, October 4, 2012

Mesha Rasi: 29.55 Titih 19 – 20
623837263
Routine Work Marana Yoga
Until 1.20AM Fri then Siddha Yoga
Until 2:11AM Fri then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Yangon, Myanmar
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau **Sun 3 Sutra 175**
Nandana 5114
Gulika 8:55AM – 10:25AM **Krittika Until 2:11AM Fri** **Ganesha:** Clear *Sunrise: 5:56AM*
Yama 5:56AM – 7:26AM Vajra* Until 11:29AM **Muruqa:** Purple *Sunset: 5:52PM* Moon 9 - Phase 24
Rahu 1:24PM – 2:53PM Kaulava Until 6:28AM Fri **Nataraja:** Clear **Sivaloka Day**
Moon – White
Bhadrapada-Puratasi

4

Friday, October 5, 2012

Vrishabha Rasi: 11.42 Titih 20
633837263
Routine Work Marana Yoga
Until 1.19AM Sat then Amrita Yoga
Until 5:15AM Sat then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
Rohini Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Panchami Yam Titau **Sun 4 Sutra 176**
Nandana 5114
Gulika 7:26AM – 8:55AM **Rohini Until 5:15AM Sat** **Ganesha:** White *Sunrise: 5:56AM*
Yama 2:53PM – 4:22PM Siddhi Until 12:30PM **Muruqa:** Purple *Sunset: 5:51PM* Moon 9 - Phase 24
Rahu 10:24AM – 11:54AM Kaulava Until 6:53AM **Nataraja:** Clear **Devaloka Day**
Moon – Yellow
Bhadrapada-Puratasi

5

Saturday, October 6, 2012

Vrishabha Rasi: 23.29 Titih 21
633837263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Yangon, Myanmar
Mrigasira Nakshatra Vyalipata*/Variyan Yoga Gara/Vanija Karana Shasthi* Yam Titau **Sun 5 Sutra 177**
Nandana 5114
Gulika 5:56AM – 7:26AM **Mrigasira Until 8:41AM Sun** **Ganesha:** White *Sunrise: 5:56AM*
Yama 1:23PM – 2:52PM Vyalipata* Until 1:33PM **Muruqa:** Purple *Sunset: 5:51PM* Moon 9 - Phase 24
Rahu 8:55AM – 10:24AM Gara Until 9:31AM **Nataraja:** Clear **Devaloka Day**
Moon – Yellow
Bhadrapada-Puratasi

6

Sunday, October 7, 2012

Mithuna Rasi: 5.2 Titih 22
633837264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
Mrigasira/Ardra Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau **Sun 6 Sutra 178**
Nandana 5114
Gulika 2:51PM – 4:21PM **Mrigasira Until 8:41AM** **Ganesha:** White *Sunrise: 5:57AM*
Yama 11:53AM – 1:22PM Variyan Until 2:29PM **Muruqa:** Purple *Sunset: 5:50PM* Moon 9 - Phase 24
Rahu 4:21PM – 5:50PM Visti Until 12:00PM **Nataraja:** White **Sivaloka Day**
Moon – Yellow
Bhadrapada-Puratasi

Monday, October 8, 2012

Retreat Star

Mithuna Rasi: 17.19 Titih 23
633837264
Family Home Evening Siddha Yoga
Creative Work Siddha Yoga
Until 11:23AM then Amrita Yoga
Until 1.19AM Tue then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Yangon, Myanmar
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau **Sun 7 Sutra 179**
Nandana 5114
Gulika 1:22PM – 2:51PM **Ardra Until 11:23AM** **Ganesha:** White *Sunrise: 5:57AM*
Yama 10:24AM – 11:53AM Parigha* Until 3:09PM **Muruqa:** Purple *Sunset: 5:49PM* Moon 9 - Phase 24
Rahu 7:26AM – 8:55AM Balava Until 2:12PM **Nataraja:** White **Sivaloka Day**
Moon – Yellow
Bhadrapada-Puratasi

Tuesday, October 9, 2012

Retreat Star

Mithuna Rasi: 29.31 Titih 24
643837264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami* Yam Titau **Sun 8 Sutra 180**
Nandana 5114
Gulika 11:53AM – 1:22PM **Punarvasu Until 1:02PM** **Ganesha:** Yellow *Sunrise: 5:57AM*
Yama 8:55AM – 10:24AM Shiva Until 2:43PM **Muruqa:** Purple *Sunset: 5:49PM* Moon 9 - Phase 24
Rahu 2:50PM – 4:19PM Taitila Until 3:04PM **Nataraja:** White **Subha Sivaloka Day**
Moon – Blue
Bhadrapada-Puratasi

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

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1 **Wednesday, October 10, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Pushya/Aslesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau **Sun 9 Sutra 181**
 Nandana 5114
 Kataka Rasi: 12.02 Tithi 25 643837264 **Gulika** 10:24AM – 11:52AM **Pushya** Until 2:32PM **Ganesha:** Yellow *Sunrise: 5:57AM*
Yama 7:26AM – 8:55AM **Siddha** Until 2:25PM **Muruqa:** Purple *Sunset: 5:48PM* Moon 9 - Phase 25
Rahu 11:52AM – 1:21PM **Vanija** Until 4:00PM **Nataraja:** White
 Moon – Blue **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Dasami** Until 4:00AM Thu **Bhadrapada-Puratasi**

2 **Thursday, October 11, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Yangon, Myanmar
 Aslesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadasi* Yam Titau **Sun 10 Sutra 182**
 Nandana 5114
 Kataka Rasi: 24.56 Tithi 26 643837264 **Gulika** 8:55AM – 10:23AM **Aslesha*** Until 3:20PM **Ganesha:** Yellow *Sunrise: 5:57AM*
Yama 5:57AM – 7:26AM **Sadhya** Until 1:28PM **Muruqa:** Purple *Sunset: 5:47PM* Moon 9 - Phase 25
Rahu 1:21PM – 2:50PM **Bava** Until 4:11PM **Nataraja:** White
 Moon – Blue **Subha Sivaloka Day**
 Creative Work Siddha Yoga **Ekadasi*** Until 4:11AM Fri **Bhadrapada-Puratasi**
 Until 3:20PM then Amrita Yoga
 Until 1:18AM Fri then Marana Yoga

3 **Friday, October 12, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
 Magha*/Purvaphalguni* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau **Sun 11 Sutra 183**
 Nandana 5114
 Simha Rasi: 8.16 Tithi 27 653837264 **Gulika** 7:26AM – 8:55AM **Magha*** Until 2:41PM **Ganesha:** Blue *Sunrise: 5:58AM*
Yama 2:49PM – 4:18PM **Subha** Until 11:25AM **Muruqa:** Purple *Sunset: 5:46PM* Moon 9 - Phase 25
Rahu 10:23AM – 11:52AM **Kaulava** Until 2:47PM **Nataraja:** White
 Moon – Red **Sivaloka Day**
 Routine Work Marana Yoga **Dvadasi*** Until 1:51AM Sat **Bhadrapada-Puratasi**
 Until 2:41PM then Siddha Yoga
 Until 1:18AM Sat then Marana Yoga

4 **Saturday, October 13, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manu Vasara Yuktayam Yangon, Myanmar
 Purvaphalguni*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodasi* Yam Titau **Sun 12 Sutra 184**
 Nandana 5114
 Simha Rasi: 22.02 Tithi 28 653837264 **Gulika** 5:58AM – 7:26AM **Purvaphalguni*** Until 1:57PM **Ganesha:** Blue *Sunrise: 5:58AM*
Yama 1:20PM – 2:49PM **Sukla** Until 9:08AM **Muruqa:** Purple *Sunset: 5:46PM* Moon 9 - Phase 25
Rahu 8:55AM – 10:23AM **Gara** Until 1:21PM **Nataraja:** White
 Moon – Red **Sivaloka Day**
 Routine Work Marana Yoga **Trayodasi*** Until 12:25AM Sun **Bhadrapada-Puratasi**
 Until 1:17AM Sun then Amrita Yoga *Pradosha Vrata (Fasting)*

5 **Sunday, October 14, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Uttaraphalguni*/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau **Sun 13 Sutra 185**
 Nandana 5114
 Kanya Rasi: 6.13 Tithi 29 653837264 **Gulika** 2:48PM – 4:16PM **Uttaraphalguni** Until 12:04PM **Ganesha:** Blue *Sunrise: 5:58AM*
Yama 11:51AM – 1:20PM **Brahma** Until 6:11AM **Muruqa:** Purple *Sunset: 5:46PM* Moon 9 - Phase 25
Rahu 4:16PM – 5:45PM **Visti** Until 10:47AM **Nataraja:** White
 Moon – Red **Sivaloka Day**
 Creative Work Amrita Yoga **Chaturdasi*** Until 9:04PM **Bhadrapada-Puratasi**
 Until 1:17AM Mon then Siddha Yoga

Monday, October 15, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau **Sun 14 Sutra 186**
 Nandana 5114
 Kanya Rasi: 20.45 Tithi 30 663837264 **Gulika** 1:19PM – 2:48PM **Hasta** Until 10:08AM **Ganesha:** Blue *Sunrise: 5:58AM*
Yama 10:23AM – 11:51AM **Vaidhriti*** Until 10:53PM **Muruqa:** Purple *Sunset: 5:44PM* Moon 9 - Phase 25
Rahu 7:26AM – 8:55AM **Catuspada** Until 8:08AM **Nataraja:** White
 Moon – Green **Sivaloka Day**
 Family Home Evening Siddha Yoga **Amavasya*** Until 6:25PM **Bhadrapada-Puratasi**
 Creative Work Siddha Yoga
 Until 10:08AM then Prabalarishta Yoga
 Until 1:17AM Tue then Siddha Yoga

Tuesday, October 16, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau **Sun 15 Sutra 187**
 Nandana 5114
 Tula Rasi: 5.32 Tithi 1 – 2 663837264 **Gulika** 11:51AM – 1:19PM **Chitra** Until 7:48AM **Ganesha:** Blue *Sunrise: 5:58AM*
Yama 8:55AM – 10:23AM **Vishkambha*** Until 7:13PM **Muruqa:** Purple *Sunset: 5:44PM* Moon 9 - Phase 25
Rahu 2:47PM – 4:15PM **Balava** Until 1:37AM Wed **Nataraja:** White
 Moon – Green **Sivaloka Day**
 Creative Work Siddha Yoga **Prathama*** Until 3:20PM **Ashvina-Puratasi**
Navaratri Begins

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.
 Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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1 **Wednesday, October 17, 2012** Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Visakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau **Sun 16 Sutra 188**
 Nandana 5114
Gulika 10:23AM – 11:51AM **Visakha** Until 2:36AM Thu **Ganesha:** Blue *Sunrise: 5:59AM*
Yama 7:27AM – 8:55AM Priti Until 3:21PM **Muruqa:** Purple *Sunset: 5:43PM* Moon 9 - Phase 26
Rahu 11:51AM – 1:19PM Taitila Until 10:19PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Orange **Sivaloka Day**
Ashvina•Aipasi

2 **Thursday, October 18, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Yangon, Myanmar
 Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthi Yam Titau **Sun 17 Sutra 189**
 Nandana 5114
Gulika 8:55AM – 10:23AM **Anuradha** Until 12:05AM Fri **Ganesha:** Yellow *Sunrise: 5:59AM*
Yama 5:59AM – 7:27AM Ayushman Until 11:30AM **Muruqa:** Purple *Sunset: 5:42PM* Moon 9 - Phase 26
Rahu 1:19PM – 2:46PM Vanija Until 7:02PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Orange **Subha Sivaloka Day**
 Until 1:16AM Fri then Prabalarishta Yoga **Ashvina•Aipasi**

3 **Friday, October 19, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
 Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchami Yam Titau **Sun 18 Sutra 190**
 Nandana 5114
Gulika 7:27AM – 8:55AM **Jyeshtha*** Until 9:47PM **Ganesha:** Yellow *Sunrise: 5:59AM*
Yama 2:46PM – 4:14PM Saubhagya Until 7:51AM **Muruqa:** Purple *Sunset: 5:42PM* Moon 9 - Phase 26
Rahu 10:23AM – 11:50AM Bava Until 3:59PM **Nataraja:** White 3rd Phase
 Routine Work Prabalarishta Yoga Moon – Orange **Subha Sivaloka Day**
 Until 9:47PM then no yoga **Ashvina•Aipasi**
 Until 1:16AM Sat then Siddha Yoga

4 **Saturday, October 20, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau **Sun 19 Sutra 191**
 Nandana 5114
Gulika 5:59AM – 7:27AM **Mula*** Until 8:50PM **Ganesha:** White *Sunrise: 5:59AM*
Yama 1:18PM – 2:46PM Athiganda* Until 1:47AM Sun **Muruqa:** Purple *Sunset: 5:41PM* Moon 9 - Phase 26
Rahu 8:55AM – 10:23AM Kaulava Until 1:53PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Light Blue **Subha Subha Sivaloka Day**
 Until 8:50PM then Marana Yoga **Ashvina•Aipasi**
 Until 1:16AM Sun then Siddha Yoga

5 **Sunday, October 21, 2012** Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau **Sun 20 Sutra 192**
 Nandana 5114
Gulika 2:45PM – 4:13PM **Purvashadha*** Until 7:17PM **Ganesha:** White *Sunrise: 6:00AM*
Yama 11:50AM – 1:18PM Sukarma Until 10:44PM **Muruqa:** Purple *Sunset: 5:40PM* Moon 9 - Phase 26
Rahu 4:13PM – 5:40PM Gara Until 11:35AM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Light Blue **Subha Subha Sivaloka Day**
 Until 7:17PM then Amrita Yoga **Ashvina•Aipasi**
 Until 1:16AM Mon then Marana Yoga

Monday, October 22, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Uttarakshadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtami* Yam Titau **Sun 21 Sutra 193**
 Nandana 5114
Gulika 1:17PM – 2:45PM **Uttarakshadha** Until 6:17PM **Ganesha:** White *Sunrise: 6:00AM*
Yama 10:22AM – 11:50AM Dhriti Until 8:13PM **Muruqa:** Purple *Sunset: 5:40PM* Moon 9 - Phase 26
Rahu 7:27AM – 8:55AM Visti Until 9:53AM **Nataraja:** White Ashtami
 Makara Rasi: 2.5 Tithi 8 **Ashvina•Aipasi**
Family Home Evening 684837264 Moon – Light Blue **Subha Subha Sivaloka Day**
 Routine Work Marana Yoga
 Until 6:17PM then Amrita Yoga
 Until 1:16AM Tue then Siddha Yoga

Tuesday, October 23, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Sravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navami* Yam Titau **Sun 22 Sutra 194**
 Nandana 5114
Gulika 11:50AM – 1:17PM **Sravana** Until 6:45PM **Ganesha:** Clear *Sunrise: 6:00AM*
Yama 8:55AM – 10:22AM Shula* Until 7:05PM **Muruqa:** Purple *Sunset: 5:39PM* Moon 9 - Phase 26
Rahu 2:45PM – 4:12PM Balava Until 9:01AM **Nataraja:** White Navami
 Makara Rasi: 16.26 Tithi 9 **Ashvina•Aipasi**
 Creative Work Siddha Yoga Moon – Purple **Subha Sivaloka Day**
 Until 6:45PM then Marana Yoga
 Until 1:15AM Wed then Prabalarishta Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

All times are standard time

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1	Wednesday, October 24, 2012	Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dasami Yam Titau	Yangon, Myanmar Sun 23 Sutra 195 Nandana 5114
	Makara Rasi: 29.43 Tilthi 10 694837264	Gulika 10:22AM – 11:50AM Yama 7:28AM – 8:55AM Rahu 11:50AM – 1:17PM	Dhanishtha Until 6:51PM Ganda* Until 5:28PM Taitila Until 8:27AM Dasami Until 8:27PM
Routine Work Prabalarishta Yoga Until 6:51PM then Siddha Yoga Until 1:15AM Thu then Marana Yoga		Ganesha: Clear <i>Sunrise: 6:01AM</i> Muruqa: Purple <i>Sunset: 5:39PM</i> Nataraja: White Moon – Purple	Subha Sivaloka Day
2	Thursday, October 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar Sun 24 Sutra 196 Nandana 5114
	Kumbha Rasi: 12.43 Tilthi 11 694837264	Gulika 8:55AM – 10:22AM Yama 6:01AM – 7:28AM Rahu 1:17PM – 2:44PM	Satabhisha Until 7:27PM Vridhi Until 4:19PM Vanija Until 8:26AM Ekadasi Until 8:26PM
Routine Work Marana Yoga Until 7:27PM then Siddha Yoga		Ganesha: Clear <i>Sunrise: 6:01AM</i> Muruqa: Purple <i>Sunset: 5:38PM</i> Nataraja: White Moon – Purple	Subha Sivaloka Day
Vijaya Dasami		Ashvina•Aipasi	
3	Friday, October 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar Sun 25 Sutra 197 Nandana 5114
	Kumbha Rasi: 25.29 Tilthi 12 614837264	Gulika 7:28AM – 8:55AM Yama 2:44PM – 4:11PM Rahu 10:22AM – 11:49AM	Purvaprostapada* Until 8:30PM Dhruva Until 3:35PM Bava Until 8:54AM Dvadasi Until 8:54PM
Creative Work Siddha Yoga		Ganesha: Clear <i>Sunrise: 6:01AM</i> Muruqa: Purple <i>Sunset: 5:38PM</i> Nataraja: White Moon – Clear	Subha Sivaloka Day
Ashvina•Aipasi			
4	Saturday, October 27, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Yangon, Myanmar Sun 26 Sutra 198 Nandana 5114
	Meena Rasi: 8.02 Tilthi 13 614837264	Gulika 6:01AM – 7:28AM Yama 1:16PM – 2:43PM Rahu 8:55AM – 10:22AM	Uttaraprostapada Until 11:17PM Vyaghata* Until 3:56PM Kaulava Until 10:08AM Trayodasi Until 11:14PM
Creative Work Siddha Yoga Until 11:17PM then Prabalarishta Yoga Until 1:15AM Sun then Amrita Yoga		Ganesha: Clear <i>Sunrise: 6:01AM</i> Muruqa: Purple <i>Sunset: 5:37PM</i> Nataraja: White Moon – Clear	Subha Sivaloka Day
Pradosha Vrata		Ashvina•Aipasi	
5	Sunday, October 28, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar Sun 27 Sutra 199 Nandana 5114
	Meena Rasi: 20.23 Tilthi 14 614937264	Gulika 2:43PM – 4:10PM Yama 11:49AM – 1:16PM Rahu 4:10PM – 5:37PM	Revati Until 1:15AM Mon Harshana Until 3:54PM Gara Until 11:33AM Chaturdasi* Until 12:38AM Mon
Creative Work Amrita Yoga Until 1:15AM Mon then Siddha Yoga		Ganesha: Purple <i>Sunrise: 6:02AM</i> Muruqa: Purple <i>Sunset: 5:37PM</i> Nataraja: White Moon – Clear	Sivaloka Day
Ashvina•Aipasi			
○	Monday, October 29, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar Sutra 200 Nandana 5114
	Mesha Rasi: 2.34 Tilthi 15 Family Home Evening 624937264	Gulika 1:16PM – 2:43PM Yama 10:22AM – 11:49AM Rahu 7:29AM – 8:56AM	Asvini Until 3:33AM Tue Vajra* Until 4:12PM Visti Until 1:20PM Purnima* Until 2:26AM Tue
Creative Work Siddha Yoga		Ganesha: Clear <i>Sunrise: 6:02AM</i> Muruqa: Purple <i>Sunset: 5:36PM</i> Nataraja: White Moon – White	Subha Sivaloka Day
Ashvina•Aipasi			
○	Tuesday, October 30, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar Sutra 201 Nandana 5114
	Mesha Rasi: 14.35 Tilthi 16 625937264	Gulika 11:49AM – 1:16PM Yama 8:56AM – 10:22AM Rahu 2:42PM – 4:09PM	Bharani Until 6:20AM Wed Siddhi Until 4:45PM Balava Until 3:27PM Prathama* Until 4:33AM Wed
Creative Work Siddha Yoga Until 1:15AM Wed then Marana Yoga Until 6:20AM Wed then Amrita Yoga		Ganesha: Purple <i>Sunrise: 6:02AM</i> Muruqa: Purple <i>Sunset: 5:36PM</i> Nataraja: White Moon – White	Subha Subha Sivaloka Day
Ashvina•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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Wednesday, October 31, 2012
Gold Retreat Star

Mesha Rasi: 26.3 Tithi 17
625937264
Routine Work Marana Yoga
Until 6:20AM then Amrita Yoga
Until 1.15AM Thu then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata*/Variyan Yoga Tailita Karana Dvitiya Yam Titau
Gulika 10:23AM – 11:49AM **Bharani Until 6:20AM**
Yama 7:29AM – 8:56AM Vyatipata* Until 5:32PM
Rahu 11:49AM – 1:16PM Tailita Until 5:50PM
Dvitiya Until 7:19AM Thu

Yangon, Myanmar
Sutra 202
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: Purple *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: White
Moon – White **Subha Subha Sivaloka Day**
Ashvina•Aipasi

1

Thursday, November 1, 2012

Wrishabha Rasi: 8.19 Tithi 17 – 18
625937264
Routine Work Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 8:56AM – 10:23AM **Krittika Until 9:22AM**
Yama 6:03AM – 7:30AM Variyan Until 6:29PM
Rahu 1:16PM – 2:42PM Vanija Until 8:24PM
Dvitiya Until 7:19AM

Yangon, Myanmar
Sun 1 Sutra 203
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: Purple *Sunrise: 6:03AM*
Muruqa: Purple *Sunset: 5:35PM*
Nataraja: White
Moon – White **Subha Subha Sivaloka Day**
Ashvina•Aipasi

2

Friday, November 2, 2012

Wrishabha Rasi: 20.06 Tithi 18 – 19
635947264
Routine Work Marana Yoga
Until 12:28PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigasira Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 7:30AM – 8:56AM **Rohini Until 12:28PM**
Yama 2:42PM – 4:08PM Parigha* Until 7:30PM
Rahu 10:23AM – 11:49AM Bava Until 11:04PM
Tritiya Until 9:58AM

Yangon, Myanmar
Sun 2 Sutra 204
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: Clear *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:35PM*
Nataraja: White
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

3

Saturday, November 3, 2012

Mithuna Rasi: 1.53 Tithi 19 – 20
635947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 6:04AM – 7:30AM **Mrigasira Until 3:33PM**
Yama 1:15PM – 2:42PM Shiva Until 8:30PM
Rahu 8:57AM – 10:23AM Kaulava Until 1:42AM Sun
Chaturthi* Until 12:37PM

Yangon, Myanmar
Sun 3 Sutra 205
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: Clear *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: White
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

4

Sunday, November 4, 2012

Mithuna Rasi: 13.44 Tithi 20 – 21
635947264
Creative Work Siddha Yoga
Until 1.15AM Mon then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Siddha Yoga Tailita/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:41PM – 4:08PM **Ardra Until 6:31PM**
Yama 11:49AM – 1:15PM Siddha Until 9:23PM
Rahu 4:08PM – 5:34PM Gara Until 4:12AM Mon
Panchami Until 3:07PM

Yangon, Myanmar
Sun 4 Sutra 206
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: Clear *Sunrise: 6:04AM*
Muruqa: Clear *Sunset: 5:34PM*
Nataraja: White
Moon – Yellow **Sivaloka Day**
Ashvina•Aipasi

5

Monday, November 5, 2012

Mithuna Rasi: 25.44 Tithi 21 – 22
Family Home Evening 645947264
Creative Work Amrita Yoga
Until 9:12PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:15PM – 2:41PM **Punarvasu Until 9:12PM**
Yama 10:23AM – 11:49AM Sadhya Until 10:01PM
Rahu 7:31AM – 8:57AM Visti Until 6:26AM Tue
Shasthi* Until 5:20PM

Yangon, Myanmar
Sun 5 Sutra 207
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: White *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: White
Moon – Blue **Subha Sivaloka Day**
Ashvina•Aipasi

6

Tuesday, November 6, 2012

Kataka Rasi: 7.55 Tithi 22
645947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Subha Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 11:49AM – 1:15PM **Pushya Until 11:30PM**
Yama 8:57AM – 10:23AM Subha Until 10:17PM
Rahu 2:41PM – 4:07PM Visti Until 6:02AM
Saptami Until 7:07PM

Yangon, Myanmar
Sun 6 Sutra 208
Nandana 5114
Moon 10 - Phase 28
1st Phase

Ganesha: White *Sunrise: 6:05AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: White
Moon – Blue **Subha Sivaloka Day**
Ashvina•Aipasi

Retreat Star

Wednesday, November 7, 2012

Kataka Rasi: 20.22 Tithi 23
745947264
Creative Work Siddha Yoga
Until 1.15AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 10:23AM – 11:49AM **Aslesha* Until 11:46PM**
Yama 7:32AM – 8:57AM Sukla Until 8:54PM
Rahu 11:49AM – 1:15PM Balava Until 7:07AM
Ashtami* Until 7:07PM

Yangon, Myanmar
Sun 7 Sutra 209
Nandana 5114
Moon 10 - Phase 28
Ashtami

Ganesha: Clear *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: White
Moon – Blue **Sivaloka Day**
Ashvina•Aipasi

Thursday, November 8, 2012

Retreat Star

Simha Rasi: 3.11 Tithi 24
755947264
Creative Work Amrita Yoga
Until 12:45AM Fri then no yoga
Until 1.15AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Brahma Yoga Tailita/Gara Karana Navami* Yam Titau
Gulika 8:58AM – 10:24AM **Magha* Until 12:45AM Fri**
Yama 6:06AM – 7:32AM Brahma Until 8:05PM
Rahu 1:15PM – 2:41PM Tailita Until 7:31AM
Navami* Until 7:31PM

Yangon, Myanmar
Sun 8 Sutra 210
Nandana 5114
Moon 10 - Phase 28
Navami

Ganesha: White *Sunrise: 6:06AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: White
Moon – Red **Subha Sivaloka Day**
Ashvina•Aipasi


According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda, Brihadu 4.4.5. UpH, 140

1	Friday, November 9, 2012	Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni* Nakshatra Indra Yoga Vanija/Visti* Karana Dasami Yam Titau	Yangon, Myanmar
	Simha Rasi: 16.23 Tithi 25 756947264	Gulika 7:32AM – 8:58AM Yama 2:41PM – 4:07PM Rahu 10:24AM – 11:49AM	Sun 9 Sutra 211 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Creative Work Siddha Yoga Until 1.15AM Sat then Marana Yoga		Purvaphalguni* Until 11:37PM Indra Until 5:44PM Vanija Until 7:00AM Dasami Until 6:05PM	Ganesha: Clear <i>Sunrise: 6:07AM</i> Muruqa: Clear <i>Sunset: 5:32PM</i> Nataraja: White Moon – Red Ashvina•Aipasi
Sivaloka Day			

2	Saturday, November 10, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhrili*/Vishkambha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 0.04 Tithi 26 – 27 756947264	Gulika 6:07AM – 7:33AM Yama 1:15PM – 2:41PM Rahu 8:58AM – 10:24AM	Sun 10 Sutra 212 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Routine Work Marana Yoga Until 1.15AM Sun then Amrita Yoga		Uttaraphalguni Until 11:02PM Vaidhrili* Until 3:36PM Kaulava Until 3:56AM Sun Ekadasi* Until 4:52PM	Ganesha: Clear <i>Sunrise: 6:07AM</i> Muruqa: Clear <i>Sunset: 5:32PM</i> Nataraja: White Moon – Red Ashvina•Aipasi
Sivaloka Day			

3	Sunday, November 11, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 14.11 Tithi 27 – 28 766947264	Gulika 2:41PM – 4:06PM Yama 11:50AM – 1:15PM Rahu 4:06PM – 5:32PM	Sun 11 Sutra 213 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Creative Work Amrita Yoga Until 8:38PM then Siddha Yoga Until 1.15AM Mon then Prabalarishta Yoga		Hasta Until 8:38PM Vishkambha* Until 12:18PM Gara Until 12:27AM Mon Dvadasi* Until 2:10PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White <i>Sunrise: 6:07AM</i> Muruqa: Clear <i>Sunset: 5:32PM</i> Nataraja: White Moon – Green Ashvina•Aipasi
Devaloka Day			

4	Monday, November 12, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 28.44 Tithi 28 – 29 Family Home Evening 766947264	Gulika 1:15PM – 2:41PM Yama 10:24AM – 11:50AM Rahu 7:33AM – 8:59AM	Sun 12 Sutra 214 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Routine Work Prabalarishta Yoga Until 6:42PM then Amrita Yoga Until 1.15AM Tue then Siddha Yoga		Chitra Until 6:42PM Priti Until 8:58AM Visti Until 9:49PM Trayodasi* Until 11:32AM	Ganesha: White <i>Sunrise: 6:08AM</i> Muruqa: Clear <i>Sunset: 5:32PM</i> Nataraja: White Moon – Green Ashvina•Aipasi
Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day		Devaloka Day	

	Tuesday, November 13, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Visakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Yangon, Myanmar
	Retreat Star Tula Rasi: 13.37 Tithi 29 – 30 766947264	Gulika 11:50AM – 1:15PM Yama 8:59AM – 10:25AM Rahu 2:41PM – 4:06PM	Sun 13 Sutra 215 Nandana 5114 Moon 10 - Phase 29 Amavasya
Creative Work Siddha Yoga Until 4:12PM then Marana Yoga Until 1.16AM Wed then Siddha Yoga		Svati Until 4:12PM Saubhagya Until 1:08AM Wed Catuspada Until 6:35PM Chaturdasi* Until 8:18AM	Ganesha: White <i>Sunrise: 6:08AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: White Moon – Green Ashvina•Aipasi
Devaloka Day			

Retreat Star	Wednesday, November 14, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Yangon, Myanmar
	Tula Rasi: 28.44 Tithi 1 776947264	Gulika 10:25AM – 11:50AM Yama 7:34AM – 8:59AM Rahu 11:50AM – 1:15PM	Sun 14 Sutra 216 Nandana 5114 Moon 10 - Phase 29 Prathama
Creative Work Siddha Yoga		Visakha Until 1:22PM Sobhana Until 8:57PM Kintughna Until 2:59PM Prathama* Until 1:16AM Thu	Ganesha: Green <i>Sunrise: 6:09AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: White Moon – Orange Karttika•Aipasi
Skanda Shasthi Begins		Devaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Thursday, November 15, 2012		Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam		Yangon, Myanmar	
	Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Sun 15 Sutra 217	
Vrischika Rasi: 13.55	Tithi 2	Gulika 9:00AM – 10:25AM	Anuradha Until 10:24AM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Nandana 5114
	777947264	Yama 6:09AM – 7:35AM	Athiganda* Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Creative Work Siddha Yoga		Rahu 1:15PM – 2:41PM	Balava Until 11:15AM	Nataraja: White		3rd Phase
Until 1:16AM Fri then Prabalarishta Yoga			Dvitiya Until 9:32PM	Moon – Orange		Devaloka Day
				Karttika•Aipasi		

2	Friday, November 16, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam		Yangon, Myanmar	
	Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Tailila/Vanija Karana Tritiya/Chaturthi* Yam Titau				Sun 16 Sutra 218	
Vrischika Rasi: 29.01	Tithi 3 – 4	Gulika 7:35AM – 9:00AM	Jyeshtha* Until 7:34AM	Ganesha: Orange	<i>Sunrise:</i> 6:10AM	Nandana 5114
	777947264	Yama 2:41PM – 4:06PM	Sukarma Until 12:30PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Routine Work Prabalarishta Yoga		Rahu 10:25AM – 11:50AM	Tailila Until 7:39AM	Nataraja: White		3rd Phase
Until 7:34AM then no yoga			Tritiya Until 5:56PM	Moon – Orange		Sivaloka Day
Until 1:16AM Sat then Siddha Yoga				Karttika•Karttikai		

3	Saturday, November 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam		Yangon, Myanmar	
	Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Sun 17 Sutra 219	
Dhanus Rasi: 13.54	Tithi 4 – 5	Gulika 6:10AM – 7:35AM	Purvashadha* Until 2:25AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Nandana 5114
	787947265	Yama 1:16PM – 2:41PM	Dhriti Until 8:40AM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Routine Work Marana Yoga		Rahu 9:01AM – 10:26AM	Bava Until 1:00AM Sun	Nataraja: Yellow		3rd Phase
Until 1:16AM Sun then Siddha Yoga			Chaturthi* Until 2:43PM	Moon – Light Blue		Devaloka Day
Until 2:25AM Sun then Amrita Yoga				Karttika•Karttikai		

4	Sunday, November 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam		Yangon, Myanmar	
	Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Sun 18 Sutra 220	
Dhanus Rasi: 28.27	Tithi 5 – 6	Gulika 2:41PM – 4:06PM	Uttarashadha Until 1:48AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:11AM	Nandana 5114
	787947265	Yama 11:51AM – 1:16PM	Ganda* Until 2:37AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Creative Work Amrita Yoga		Rahu 4:06PM – 5:31PM	Kaulava Until 11:38PM	Nataraja: Yellow		3rd Phase
Until 1:17AM Mon then Marana Yoga			Panchami Until 12:33PM	Moon – Light Blue		Devaloka Day
Until 1:48AM Mon then Amrita Yoga		Skanda Shasthi		Karttika•Karttikai		

5	Monday, November 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam		Yangon, Myanmar	
	Sraavana Nakshatra Vriddhi Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau				Sun 19 Sutra 221	
Makara Rasi: 12.35	Tithi 6 – 7	Gulika 1:16PM – 2:41PM	Sraavana Until 12:25AM Tue	Ganesha: Purple	<i>Sunrise:</i> 6:11AM	Nandana 5114
Family Home Evening	797947265	Yama 10:26AM – 11:51AM	Vriddhi Until 11:42PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Creative Work Amrita Yoga		Rahu 7:36AM – 9:01AM	Gara Until 9:32PM	Nataraja: Yellow		3rd Phase
Until 12:25AM Tue then Siddha Yoga			Shasthi* Until 10:27AM	Moon – Purple		Sivaloka Day
Until 1:17AM Tue then Marana Yoga				Karttika•Karttikai		

D	Tuesday, November 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam		Yangon, Myanmar	
	Retreat Star		Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Sun 20 Sutra 222	
Makara Rasi: 26.19	Tithi 7 – 8	Gulika 11:51AM – 1:16PM	Dhanishtha Until 1:08AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:12AM	Nandana 5114
	797947265	Yama 9:02AM – 10:26AM	Dhruva Until 10:36PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Routine Work Marana Yoga		Rahu 2:41PM – 4:06PM	Visti Until 9:25PM	Nataraja: Yellow		Ashtami
Until 1:17AM Wed then Siddha Yoga			Saptami Until 9:25AM	Moon – Purple		Sivaloka Day
				Karttika•Karttikai		

D	Wednesday, November 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam		Yangon, Myanmar	
	Retreat Star		Satabhisha Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Sun 21 Sutra 223	
Kumbha Rasi: 10	Tithi 8 – 9	Gulika 10:27AM – 11:52AM	Satabhisha Until 1:12AM Thu	Ganesha: Blue	<i>Sunrise:</i> 6:13AM	Nandana 5114
	797147265	Yama 7:37AM – 9:02AM	Vyaghata* Until 8:56PM	Muruqa: Clear	<i>Sunset:</i> 5:31PM	Moon 10 - Phase 30
Creative Work Siddha Yoga		Rahu 11:52AM – 1:16PM	Balava Until 8:51PM	Nataraja: Yellow		Navami
Until 1:17AM Thu then Amrita Yoga			Ashtami* Until 8:51AM	Moon – Purple		Sivaloka Day
Until 1:12AM Thu then Siddha Yoga				Karttika•Karttikai		

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

1	Thursday, November 22, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 22.31 Tithi 9 – 10 717147265	Gulika 9:02AM – 10:27AM Yama 6:13AM – 7:38AM Rahu 1:16PM – 2:41PM	Sun 22 Sutra 224 Nandana 5114 Moon 10 - Phase 31 4th Phase
Creative Work Siddha Yoga		Purvaprostapada* Until 1:59AM Fri Harshana Until 7:55PM Taitila Until 9:03PM Navami* Until 9:03AM	Ganesha: Purple <i>Sunrise: 6:13AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – Clear Sivaloka Day Karttika-Karttikai

2	Friday, November 23, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Meena Rasi: 5.06 Tithi 10 – 11 718147265	Gulika 7:38AM – 9:03AM Yama 2:41PM – 4:06PM Rahu 10:27AM – 11:52AM	Sun 23 Sutra 225 Nandana 5114 Moon 10 - Phase 31 4th Phase
Creative Work Siddha Yoga Until 5:08AM Sat then Prabalarishta Yoga		Uttaraprostapada Until 5:08AM Sat Vajra* Until 8:30PM Vanija Until 11:20PM Dasami Until 10:15AM	Ganesha: Clear <i>Sunrise: 6:14AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – Clear Devaloka Day Karttika-Karttikai

3	Saturday, November 24, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Meena Rasi: 17.26 Tithi 11 – 12 718147265	Gulika 6:14AM – 7:39AM Yama 1:17PM – 2:41PM Rahu 9:03AM – 10:28AM	Sun 24 Sutra 226 Nandana 5114 Moon 10 - Phase 31 4th Phase
Routine Work Prabalarishta Yoga Until 1.18AM Sun then Amrita Yoga Until 6:54AM Sun then Siddha Yoga		Revati Until 6:54AM Sun Siddhi Until 8:30PM Bava Until 12:50AM Sun Ekadasi Until 11:44AM	Ganesha: Clear <i>Sunrise: 6:14AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – Clear Devaloka Day Karttika-Karttikai

4	Sunday, November 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Meena Rasi: 29.33 Tithi 12 – 13 718147265	Gulika 2:42PM – 4:06PM Yama 11:53AM – 1:17PM Rahu 4:06PM – 5:31PM	Sun 25 Sutra 227 Nandana 5114 Moon 10 - Phase 31 4th Phase
Creative Work Amrita Yoga Until 6:54AM then Siddha Yoga		Revati Until 6:54AM Vyatipata* Until 8:51PM Kaulava Until 2:46AM Mon Dvadasi Until 1:40PM	Ganesha: Clear <i>Sunrise: 6:15AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – Clear Devaloka Day Karttika-Karttikai

Pradosha Vrata

5	Monday, November 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 11.32 Tithi 13 – 14 728147265	Gulika 1:17PM – 2:42PM Yama 10:29AM – 11:53AM Rahu 7:40AM – 9:04AM	Sun 26 Sutra 228 Nandana 5114 Moon 10 - Phase 31 4th Phase
Family Home Evening Creative Work Siddha Yoga		Asvini Until 9:37AM Variyan Until 9:30PM Gara Until 5:01AM Tue Trayodasi Until 3:56PM	Ganesha: White <i>Sunrise: 6:15AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – White Bhuloka Day Karttika-Karttikai Devaloka Time: 3:PM to 6:PM

6	Tuesday, November 27, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 23.24 Tithi 14 728147265	Gulika 11:53AM – 1:18PM Yama 9:05AM – 10:29PM Rahu 2:42PM – 4:06PM	Sun 27 Sutra 229 Nandana 5114 Moon 10 - Phase 31 4th Phase
Creative Work Siddha Yoga Until 1.19AM Wed then Amrita Yoga		Krittika Deepam Bharani Until 12:32PM Parigha* Until 10:19PM Vanija Until 7:30AM Wed Chaturdasi* Until 6:25PM	Ganesha: White <i>Sunrise: 6:16AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – White Bhuloka Day Karttika-Karttikai Devaloka Time: 3:PM to 6:PM

○	Wednesday, November 28, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	Copper Retreat Star Vrishabha Rasi: 5.13 Tithi 15 728147265	Gulika 10:29AM – 11:54AM Yama 7:41AM – 9:05AM Rahu 11:54AM – 1:18PM	Sutra 230 Nandana 5114 Moon 10 - Phase 31 Purnima
Creative Work Amrita Yoga Until 3:34PM then Siddha Yoga Until 1.19AM Thu then Marana Yoga		Penumbral Lunar Eclipse Sivalaya Deepam Krittika Until 3:34PM Shiva Until 11:15PM Visti Until 7:56AM Purnima* Until 9:01PM	Ganesha: White <i>Sunrise: 6:16AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – White Bhuloka Day Karttika-Karttikai Devaloka Time: 3:PM to 6:PM

○	Thursday, November 29, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	Silver Retreat Star Vrishabha Rasi: 17.01 Tithi 16 739147265	Gulika 9:06AM – 10:30AM Yama 6:17AM – 7:41AM Rahu 1:18PM – 2:43PM	Sutra 231 Nandana 5114 Moon 10 - Phase 31 Prathama
Routine Work Marana Yoga Until 1.20AM Fri then Siddha Yoga		Rohini Until 6:38PM Siddha Until 12:13AM Fri Balava Until 10:35AM Prathama* Until 11:41PM	Ganesha: Blue <i>Sunrise: 6:17AM</i> Muruqa: Clear <i>Sunset: 5:31PM</i> Nataraja: Yellow Moon – Yellow Sivaloka Day Karttika-Karttikai

Vinayaga Viratam Begins

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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Friday, November 30, 2012
Gold Retreat Star

Wrishabha Rasi: 28.49 Tithi 17
739147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigasira Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 7:42AM – 9:06AM **Mrigasira Until 9:41PM**
Yama 2:43PM – 4:07PM Sadhya Until 1:10AM Sat
Rahu 10:30AM – 11:54AM Tailila Until 1:13PM
Dvitiya Until 2:18AM Sat

Yangon, Myanmar
Sun 1 Sutra 232
Nandana 5114
Moon 11 - Phase 32
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise: 6:18AM*
Muruqa: Clear *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

1

Saturday, December 1, 2012

Mithuna Rasi: 10.41 Tithi 18
739147265
Creative Work Siddha Yoga
Until 12:38AM Sun then Marana Yoga
Until 1:20AM Sun then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 6:18AM – 7:42AM **Ardra Until 12:38AM Sun**
Yama 1:19PM – 2:43PM Subha Until 2:00AM Sun
Rahu 9:07AM – 10:31AM Vanija Until 3:43PM
Tritiya Until 4:49AM Sun

Yangon, Myanmar
Sun 2 Sutra 233
Nandana 5114
Moon 11 - Phase 32
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise: 6:18AM*
Muruqa: Clear *Sunset: 5:31PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

2

Sunday, December 2, 2012

Mithuna Rasi: 22.38 Tithi 19
749147265
Creative Work Siddha Yoga
Until 1:21AM Mon then Amrita Yoga
Until 3:24AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava Karana Chaturthi* Yam Titau
Gulika 2:43PM – 4:07PM **Punarvasu Until 3:24AM Mon**
Yama 11:55AM – 1:19PM Sukla Until 2:42AM Mon
Rahu 4:07PM – 5:32PM Bava Until 6:03PM
Chaturthi* Until 7:01AM Mon

Yangon, Myanmar
Sun 3 Sutra 234
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 6:19AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

3

Monday, December 3, 2012

Kataka Rasi: 4.43 Tithi 19 – 20
Family Home Evening 749147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 1:20PM – 2:44PM **Pushya Until 5:55AM Tue**
Yama 10:32AM – 11:56AM Brahma Until 3:09AM Tue
Rahu 7:43AM – 9:07AM Kaulava Until 8:06PM
Chaturthi* Until 7:01AM

Yangon, Myanmar
Sun 4 Sutra 235
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 6:19AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

4

Tuesday, December 4, 2012

Kataka Rasi: 16.57 Tithi 20 – 21
749147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Indra Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 11:56AM – 1:20PM **Aslesha* Until 7:05AM Wed**
Yama 9:08AM – 10:32AM Indra Until 3:17AM Wed
Rahu 2:44PM – 4:08PM Gara Until 9:47PM
Panchami Until 8:42AM

Yangon, Myanmar
Sun 5 Sutra 236
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 6:20AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

5

Wednesday, December 5, 2012

Kataka Rasi: 29.25 Tithi 21 – 22
749147265
Creative Work Siddha Yoga
Until 1:22AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:32AM – 11:56AM **Aslesha* Until 7:05AM**
Yama 7:45AM – 9:08AM Vaidhriti* Until 1:31AM Thu
Rahu 11:56AM – 1:20PM Visti Until 9:35PM
Shasthi* Until 9:35AM

Yangon, Myanmar
Sun 6 Sutra 237
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day
Ganesha: Red *Sunrise: 6:21AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Retreat Star

Thursday, December 6, 2012

Simha Rasi: 12.09 Tithi 22 – 23
759147265
Creative Work Amrita Yoga
Until 8:11AM then no yoga
Until 1:23AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 9:09AM – 10:33AM **Magha* Until 8:11AM**
Yama 6:21AM – 7:45AM Vishkambha* Until 12:48AM Fri
Rahu 1:21PM – 2:45PM Balava Until 10:07PM
Saptami Until 10:07AM

Yangon, Myanmar
Sun 7 Sutra 238
Nandana 5114
Moon 11 - Phase 32
Ashtami
Sivaloka Day
Ganesha: Green *Sunrise: 6:21AM*
Muruqa: Clear *Sunset: 5:32PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

Friday, December 7, 2012

Retreat Star

Simha Rasi: 25.14 Tithi 23 – 24
751147265
Creative Work Siddha Yoga
Until 1:23AM Sat then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 7:46AM – 9:10AM **Purvaphalguni* Until 8:38AM**
Yama 2:45PM – 4:09PM Priti Until 11:29PM
Rahu 10:33AM – 11:57AM Tailila Until 9:59PM
Ashtami* Until 9:59AM

Yangon, Myanmar
Sun 8 Sutra 239
Nandana 5114
Moon 11 - Phase 32
Navami
Devaloka Day
Ganesha: Orange *Sunrise: 6:22AM*
Muruqa: Clear *Sunset: 5:33PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640

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1	Saturday, December 8, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manla Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Kanya Rasi: 8.43 Tithi 24 – 25 751147265	Gulika 6:22AM – 7:46AM Yama 1:22PM – 2:45PM Rahu 9:10AM – 10:34AM	Sun 9 Sutra 240 Nandana 5114 Moon 11 - Phase 33 2nd Phase
Routine Work Marana Yoga Until 1.23AM Sun then Amrita Yoga		Uttaraphalguni Until 8:12AM Ayushman Until 8:28PM Vanija Until 7:54PM Navami* Until 8:50AM	Ganesha: Orange <i>Sunrise: 6:22AM</i> Muruqa: Clear <i>Sunset: 5:33PM</i> Nataraja: Yellow Moon – Red Devaloka Day Karttika-Karttikai

2	Sunday, December 9, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 22.37 Tithi 25 – 26 761147265	Gulika 2:46PM – 4:10PM Yama 11:58AM – 1:22PM Rahu 4:10PM – 5:33PM	Sun 10 Sutra 241 Nandana 5114 Moon 11 - Phase 33 2nd Phase
Creative Work Amrita Yoga Until 7:14AM then Siddha Yoga Until 1.24AM Mon then Prabarishtha Yoga		Hasta Until 7:14AM Saubhagya Until 5:56PM Bava Until 6:16PM Dasami Until 7:11AM	Ganesha: Light Blue <i>Sunrise: 6:23AM</i> Muruqa: Clear <i>Sunset: 5:33PM</i> Nataraja: Yellow Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika-Karttikai

3	Monday, December 10, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Yangon, Myanmar
	Tula Rasi: 6.57 Tithi 27 761147265	Gulika 1:22PM – 2:46PM Yama 10:35AM – 11:59AM Rahu 7:47AM – 9:11AM	Sun 11 Sutra 242 Nandana 5114 Moon 11 - Phase 33 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 1.24AM Tue then Siddha Yoga Until 2:53AM Tue then Marana Yoga		Svati Until 2:53AM Tue Sobhana Until 2:10PM Kaulava Until 3:08PM Dvadasi* Until 1:25AM Tue	Ganesha: Light Blue <i>Sunrise: 6:23AM</i> Muruqa: Clear <i>Sunset: 5:34PM</i> Nataraja: Yellow Moon – Green Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika-Karttikai

4	Tuesday, December 11, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Yangon, Myanmar
	Tula Rasi: 21.4 Tithi 28 771147265	Gulika 11:59AM – 1:23PM Yama 9:12AM – 10:35AM Rahu 2:47PM – 4:10PM	Sun 12 Sutra 243 Nandana 5114 Moon 11 - Phase 33 2nd Phase
Routine Work Marana Yoga Until 12:40AM Wed then Siddha Yoga		Visakha Until 12:40AM Wed Athiganda* Until 10:33AM Gara Until 12:13PM Trayodasi* Until 10:30PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 6:24AM</i> Muruqa: Clear <i>Sunset: 5:34PM</i> Nataraja: Yellow Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika-Karttikai

5	Wednesday, December 12, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Yangon, Myanmar
	Vrishchika Rasi: 6.41 Tithi 29 771147265	Gulika 10:36AM – 12:00PM Yama 7:48AM – 9:12AM Rahu 12:00PM – 1:23PM	Sun 13 Sutra 244 Nandana 5114 Moon 11 - Phase 33 2nd Phase
Creative Work Siddha Yoga		Anuradha Until 9:58PM Sukarma Until 6:30AM Visti Until 8:47AM Chaturdasi* Until 7:04PM	Ganesha: Purple <i>Sunrise: 6:25AM</i> Muruqa: Clear <i>Sunset: 5:34PM</i> Nataraja: Yellow Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika-Karttikai

	Thursday, December 13, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Yangon, Myanmar
	Vrishchika Rasi: 21.53 Tithi 30 – 1 771147265	Gulika 9:13AM – 10:36AM Yama 6:25AM – 7:49AM Rahu 1:24PM – 2:47PM	Sun 14 Sutra 245 Nandana 5114 Moon 11 - Phase 33 Amavasya
Retreat Star Creative Work Siddha Yoga Until 1.26AM Fri then no yoga		Jyeshtha* Until 7:00PM Shula* Until 10:12PM Kintughna Until 1:38AM Fri Amavasya* Until 3:21PM	Ganesha: Purple <i>Sunrise: 6:25AM</i> Muruqa: Clear <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Orange Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika-Karttikai

Friday, December 14, 2012	Retreat Star	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 7.05 Tithi 1 – 2 781147265	Gulika 7:49AM – 9:13AM Yama 2:48PM – 4:12PM Rahu 10:37AM – 12:00PM	Sun 15 Sutra 246 Nandana 5114 Moon 11 - Phase 33 Prathama
No Yoga Until 4:00PM then Siddha Yoga Until 1.26AM Sat then Marana Yoga		Mula* Until 4:00PM Ganda* Until 5:52PM Balava Until 9:53PM Prathama* Until 11:35AM	Ganesha: Light Blue <i>Sunrise: 6:26AM</i> Muruqa: Clear <i>Sunset: 5:35PM</i> Nataraja: Yellow Moon – Light Blue Margasira-Karttikai Bhuloka Day Devaloka Time: 3:PM to 6:PM

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

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1	Saturday, December 15, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Dhanus Rasi: 22.09 Tithi 2 – 3 781147265	Gulika 6:26AM – 7:50AM Yama 1:25PM – 2:48PM Rahu 9:14AM – 10:37AM	Sun 16 Sutra 247 Nandana 5114 Moon 11 - Phase 34 3rd Phase
Routine Work Marana Yoga Until 1:14PM then no yoga Until 1:27AM Sun then Amrita Yoga		Markali Pillaiyar	Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Sunday, December 16, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Makara Rasi: 6.55 Tithi 4 881247265	Gulika 2:49PM – 4:12PM Yama 12:01PM – 1:25PM Rahu 4:12PM – 5:36PM	Sun 17 Sutra 248 Nandana 5114 Moon 11 - Phase 34 3rd Phase
Creative Work Amrita Yoga		Chaturthi* Until 3:09AM Mon	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Monday, December 17, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Makara Rasi: 21.18 Tithi 5 892247265	Gulika 1:26PM – 2:49PM Yama 10:38AM – 12:02PM Rahu 7:51AM – 9:15AM	Sun 18 Sutra 249 Nandana 5114 Moon 11 - Phase 34 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 9:29AM then Siddha Yoga Until 1:28AM Tue then Marana Yoga		Panchami Until 12:38AM Tue	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Tuesday, December 18, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 5.13 Tithi 6 892247265	Gulika 12:02PM – 1:26PM Yama 9:15AM – 10:39AM Rahu 2:50PM – 4:13PM	Sun 19 Sutra 250 Nandana 5114 Moon 11 - Phase 34 3rd Phase
Routine Work Marana Yoga Until 1:28AM Wed then Siddha Yoga		Shasthi* Until 12:24AM Wed	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Wednesday, December 19, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Siddhi Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 18.39 Tithi 7 892247265	Gulika 10:39AM – 12:03PM Yama 7:52AM – 9:16AM Rahu 12:03PM – 1:27PM	Sun 20 Sutra 251 Nandana 5114 Moon 11 - Phase 34 3rd Phase
Creative Work Siddha Yoga Until 8:30AM then Amrita Yoga Until 1:29AM Thu then Siddha Yoga		Saptami Until 11:34PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Thursday, December 20, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Meena Rasi: 1.37 Tithi 8 812247265	Gulika 9:16AM – 10:40AM Yama 6:29AM – 7:53AM Rahu 1:27PM – 2:51PM	Sun 21 Sutra 252 Nandana 5114 Moon 11 - Phase 34 Ashtami
Creative Work Siddha Yoga		Ashtami* Until 11:39PM	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Friday, December 21, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Meena Rasi: 14.13 Tithi 9 812247265	Gulika 7:53AM – 9:17AM Yama 2:51PM – 4:15PM Rahu 10:40AM – 12:04PM	Sun 22 Sutra 253 Nandana 5114 Moon 11 - Phase 34 Navami
Creative Work Siddha Yoga Until 1:30AM Sat then Prabalarishta Yoga		Navami* Until 2:12AM Sat	Bhuloka Day Devaloka Time: 3:PM to 6:PM

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

All times are standard time

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1	Saturday, December 22, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Parigha* Yoga Tailila/Gara Karana Dasami Yam Titau	Yangon, Myanmar Sun 23 Sutra 254 Nandana 5114
	Meena Rasi: 26.28 Tithi 10 812247265	Gulika 6:30AM – 7:54AM Yama 1:28PM – 2:52PM Rahu 9:17AM – 10:41AM	Revati Until 1:04PM Parigha* Until 1:10AM Sun Tailila Until 2:46PM Dasami Until 3:51AM Sun

Routine Work Prabalarishta Yoga
Until 1:04PM then Siddha Yoga

Day 2 of Pancha Ganapati

Ganesha: White Sunrise: 6:30AM
Muruqa: Clear Sunset: 5:39PM
Nataraja: Yellow
Moon – Clear

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2	Sunday, December 23, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar Sun 24 Sutra 255 Nandana 5114
	Mesha Rasi: 8.29 Tithi 11 822247265	Gulika 2:52PM – 4:16PM Yama 12:05PM – 1:29PM Rahu 4:16PM – 5:39PM	Asvini Until 3:41PM Shiva Until 1:42AM Mon Vanija Until 4:56PM Ekadasi Until 6:21AM Mon

Creative Work Siddha Yoga
Until 3:41PM then no yoga
Until 1:31AM Mon then Siddha Yoga

Day 3 of Pancha Ganapati

Ganesha: Yellow Sunrise: 6:30AM
Muruqa: Clear Sunset: 5:39PM
Nataraja: Yellow
Moon – White

Devaloka Day
Devaloka Time: 3:PM to 6:PM

3	Monday, December 24, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Siddha Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar Sun 25 Sutra 256 Nandana 5114
	Mesha Rasi: 20.22 Tithi 11 – 12 822247265	Gulika 1:29PM – 2:53PM Yama 10:42AM – 12:05PM Rahu 7:55AM – 9:18AM	Bharani Until 6:36PM Siddha Until 2:31AM Tue Bava Until 7:26PM Ekadasi Until 6:21AM

Creative Work Siddha Yoga
Until 6:36PM then no yoga
Until 1:31AM Tue then Siddha Yoga

Day 4 of Pancha Ganapati

Ganesha: Yellow Sunrise: 6:31AM
Muruqa: Clear Sunset: 5:40PM
Nataraja: Yellow
Moon – White

Devaloka Day
Devaloka Time: 3:PM to 6:PM

4	Tuesday, December 25, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar Sun 26 Sutra 257 Nandana 5114
	Wrishabha Rasi: 2.09 Tithi 12 – 13 822247265	Gulika 12:06PM – 1:30PM Yama 9:19AM – 10:42AM Rahu 2:53PM – 4:17PM	Krittika Until 9:42PM Sadhya Until 3:29AM Wed Kaulava Until 10:07PM Dvadasi Until 9:02AM

Creative Work Siddha Yoga
Until 9:42PM then Amrita Yoga
Until 1:32AM Wed then Siddha Yoga

Day 5 of Pancha Ganapati
Pradosha Vrata

Ganesha: Yellow Sunrise: 6:31AM
Muruqa: Clear Sunset: 5:41PM
Nataraja: Yellow
Moon – White

Devaloka Day
Devaloka Time: 3:PM to 6:PM

5	Wednesday, December 26, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar Sun 27 Sutra 258 Nandana 5114
	Wrishabha Rasi: 13.56 Tithi 13 – 14 832247266	Gulika 10:43AM – 12:06PM Yama 7:55AM – 9:19AM Rahu 12:06PM – 1:30PM	Rohini Until 12:49AM Thu Subha Until 4:29AM Thu Gara Until 12:50AM Thu Trayodasi Until 11:45AM

Creative Work Siddha Yoga
Until 1:32AM Thu then Marana Yoga

Day 6 of Pancha Ganapati

Ganesha: Blue Sunrise: 6:32AM
Muruqa: Clear Sunset: 5:41PM
Nataraja: Red
Moon – Yellow

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

○	Thursday, December 27, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar Sun 27 Sutra 259 Nandana 5114
	Wrishabha Rasi: 25.44 Tithi 14 – 15 832247266	Gulika 9:20AM – 10:43AM Yama 6:32AM – 7:56AM Rahu 1:31PM – 2:54PM	Mrigasira Until 3:52AM Fri Sukla Until 5:25AM Fri Visti Until 3:28AM Fri Chaturdasi* Until 2:23PM

Routine Work Marana Yoga
Until 1:33AM Fri then Siddha Yoga

Day 7 of Pancha Ganapati

Ganesha: Blue Sunrise: 6:32AM
Muruqa: Clear Sunset: 5:42PM
Nataraja: Red
Moon – Yellow

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

○	Friday, December 28, 2012	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar Sun 28 Sutra 260 Nandana 5114
	Mithuna Rasi: 7.38 Tithi 15 – 16 832247266	Gulika 7:56AM – 9:20AM Yama 2:55PM – 4:18PM Rahu 10:44AM – 12:07PM	Ardra Until 6:45AM Sat Brahma Until 6:10AM Sat Balava Until 5:56AM Sat Purnima* Until 4:51PM

Creative Work Siddha Yoga
Until 6:45AM Sat then Marana Yoga

Day 8 of Pancha Ganapati

Ganesha: Blue Sunrise: 6:33AM
Muruqa: Clear Sunset: 5:42PM
Nataraja: Red
Moon – Yellow

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

All times are standard time

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Saturday, December 29, 2012
Gold Retreat Star

Mithuna Rasi: 19.37 Tithi 16
832247266
Creative Work Siddha Yoga
Until 6:45AM then Marana Yoga
Until 1:34AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava Karana Prathama* Yam Titau
Gulika 6:33AM – 7:57AM **Ardra Until 6:45AM**
Yama 1:32PM – 2:55PM **Brahma Until 6:10AM**
Rahu 9:21AM – 10:44AM **Kaulava Until 8:10AM Sun**
Prathama* Until 7:05PM

Yangon, Myanmar
Sun 1 Sutra 261
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: Blue *Sunrise: 6:33AM*
Muruqa: Clear *Sunset: 5:43PM*
Nataraja: Red
Moon – Yellow
Margasira*Markali

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tiruvembavai

Sunday, December 30, 2012

1

Kataka Rasi: 1.45 Tithi 17
842247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 2:56PM – 4:20PM **Punarvasu Until 9:10AM**
Yama 12:08PM – 1:32PM **Indra Until 6:31AM**
Rahu 4:20PM – 5:43PM **Tailila Until 7:56AM**
Dvitiya Until 9:01PM

Yangon, Myanmar
Sun 2 Sutra 262
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: Red *Sunrise: 6:33AM*
Muruqa: Clear *Sunset: 5:43PM*
Nataraja: Red
Moon – Blue
Margasira*Markali

Devaloka Day

Monday, December 31, 2012

2

Kataka Rasi: 14.02 Tithi 18
843247266
Family Home Evening
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Aslesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 1:33PM – 2:56PM **Pushya Until 11:17AM**
Yama 10:45AM – 12:09PM **Vaidhriti* Until 6:35AM**
Rahu 7:58AM – 9:21AM **Vanija Until 9:33AM**
Tritiya Until 10:38PM

Yangon, Myanmar
Sun 3 Sutra 263
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: Yellow *Sunrise: 6:34AM*
Muruqa: Clear *Sunset: 5:44PM*
Nataraja: Red
Moon – Blue
Margasira*Markali

Devaloka Day

Tuesday, January 1, 2013

3

Kataka Rasi: 26.28 Tithi 19
843247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 12:09PM – 1:33PM **Aslesha* Until 12:31PM**
Yama 9:21AM – 10:45AM **Vishkambha* Until 6:20AM**
Rahu 2:56PM – 4:20PM **Bava Until 10:25AM**
Chaturthi* Until 10:25PM

Yangon, Myanmar
Sun 4 Sutra 264
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: Yellow *Sunrise: 6:34AM*
Muruqa: Clear *Sunset: 5:44PM*
Nataraja: Red
Moon – Blue
Margasira*Markali

Devaloka Day

Wednesday, January 2, 2013

4

Simha Rasi: 9.05 Tithi 20
853247266
Creative Work Siddha Yoga
Until 1:50PM then Amrita Yoga
Until 1:35AM Thu then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Ayushman Yoga Kaulava/Tailila Karana Panchami Yam Titau
Gulika 10:46AM – 12:09PM **Magha* Until 1:50PM**
Yama 7:58AM – 9:22AM **Ayushman Until 4:39AM Thu**
Rahu 12:09PM – 1:33PM **Kaulava Until 11:13AM**
Panchami Until 11:13PM

Yangon, Myanmar
Sun 5 Sutra 265
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: White *Sunrise: 6:34AM*
Muruqa: Clear *Sunset: 5:44PM*
Nataraja: Red
Moon – Red
Margasira*Markali

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, January 3, 2013

5

Simha Rasi: 21.55 Tithi 21
853247266
No Yoga
Until 2:46PM then Prabalarishta Yoga
Until 1:35AM Fri then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 9:22AM – 10:46AM **Purvaphalguni* Until 2:46PM**
Yama 6:35AM – 7:58AM **Saubhagya Until 3:46AM Fri**
Rahu 1:34PM – 2:57PM **Gara Until 11:35AM**
Shasthi* Until 11:35PM

Yangon, Myanmar
Sun 6 Sutra 266
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: White *Sunrise: 6:35AM*
Muruqa: Clear *Sunset: 5:45PM*
Nataraja: Red
Moon – Red
Margasira*Markali

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, January 4, 2013

6

Kanya Rasi: 5 Tithi 22
853247266
Creative Work Siddha Yoga
Until 3:14PM then Amrita Yoga
Until 1:36AM Sat then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 7:59AM – 9:23AM **Uttaraphalguni Until 3:14PM**
Yama 2:58PM – 4:22PM **Sobhana Until 2:28AM Sat**
Rahu 10:46AM – 12:10PM **Visti Until 11:28AM**
Saptami Until 11:28PM

Yangon, Myanmar
Sun 7 Sutra 267
Nandana 5114
Moon 12 - Phase 36
1st Phase

Ganesha: White *Sunrise: 6:35AM*
Muruqa: Clear *Sunset: 5:46PM*
Nataraja: Red
Moon – Red
Margasira*Markali

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Saturday, January 5, 2013

Retreat Star

Kanya Rasi: 18.22 Tithi 23
863247266
Routine Work Marana Yoga
Until 1:36AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 6:35AM – 7:59AM **Hasta Until 2:31PM**
Yama 1:35PM – 2:59PM **Athiganda* Until 11:25PM**
Rahu 9:23AM – 10:47AM **Balava Until 10:24AM**
Ashtami* Until 9:29PM

Yangon, Myanmar
Sun 8 Sutra 268
Nandana 5114
Moon 12 - Phase 36
Ashtami

Ganesha: Clear *Sunrise: 6:35AM*
Muruqa: Clear *Sunset: 5:46PM*
Nataraja: Red
Moon – Green
Margasira*Markali

Devaloka Day

Sunday, January 6, 2013

Retreat Star

Tula Rasi: 2.04 Tithi 24
863257266
Creative Work Siddha Yoga
Until 1:37AM Mon then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Tailila/Gara Karana Navami* Yam Titau
Gulika 2:59PM – 4:23PM **Chitra Until 1:54PM**
Yama 12:11PM – 1:35PM **Sukarma Until 9:12PM**
Rahu 4:23PM – 5:47PM **Tailila Until 9:10AM**
Navami* Until 8:14PM

Yangon, Myanmar
Sun 9 Sutra 269
Nandana 5114
Moon 12 - Phase 36
Navami

Ganesha: Clear *Sunrise: 6:36AM*
Muruqa: White *Sunset: 5:47PM*
Nataraja: Red
Moon – Green
Margasira*Markali

Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH,262

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, January 7, 2013</p> <p>Tula Rasi: 16.07 Tithi 25</p> <p>Family Home Evening 863257266</p> <p>Creative Work Amrita Yoga</p> <p>Until 12:40PM then Marana Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dasami Yam Titau			Yangon, Myanmar Sun 10 Sutra 270 Nandana 5114
	Gulika 1:36PM – 3:00PM	Svati Until 12:40PM	Ganesha: Clear	<i>Sunrise: 6:36AM</i>
	Yama 10:48AM – 12:12PM	Dhriti Until 6:26PM	Muruqa: White	<i>Sunset: 5:47PM</i>
	Rahu 8:00AM – 9:24AM	Vanija Until 7:16AM	Nataraja: Red	Moon 12 - Phase 37
		Dasami Until 6:20PM	Moon – Green	Sivaloka Day
		Margasira*Markali		

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, January 8, 2013</p> <p>Virschika Rasi: 0.3 Tithi 26 – 27</p> <p>Routine Work Marana Yoga</p> <p>Until 10:32AM then Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Yangon, Myanmar Sun 11 Sutra 271 Nandana 5114
	Gulika 12:12PM – 1:36PM	Visakha Until 10:32AM	Ganesha: Purple	<i>Sunrise: 6:36AM</i>
	Yama 9:24AM – 10:48AM	Shula* Until 2:32PM	Muruqa: White	<i>Sunset: 5:48PM</i>
	Rahu 3:00PM – 4:24PM	Kaulava Until 1:23AM Wed	Nataraja: Red	Moon 12 - Phase 37
		Ekadasi* Until 3:06PM	Moon – Orange	Devaloka Day
		Margasira*Markali		

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, January 9, 2013</p> <p>Virschika Rasi: 15.12 Tithi 27 – 28</p> <p>Creative Work Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Talila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Yangon, Myanmar Sun 12 Sutra 272 Nandana 5114
	Gulika 10:48AM – 12:13PM	Anuradha Until 8:21AM	Ganesha: Purple	<i>Sunrise: 6:36AM</i>
	Yama 8:00AM – 9:24AM	Ganda* Until 10:58AM	Muruqa: White	<i>Sunset: 5:49PM</i>
	Rahu 12:13PM – 1:37PM	Gara Until 10:31PM	Nataraja: Red	Moon 12 - Phase 37
		Dvadasi* Until 12:14PM	Moon – Orange	Devaloka Day
	<i>Pradosha Vrata (Fasting)</i>	Margasira*Markali		

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, January 10, 2013</p> <p>Dhanus Rasi: 0.07 Tithi 28 – 29</p> <p>Creative Work Siddha Yoga</p> <p>Until 1.39AM Fri then no yoga</p> <p>Until 3:09AM Fri then Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Yangon, Myanmar Sun 13 Sutra 273 Nandana 5114
	Gulika 9:25AM – 10:49AM	Mula* Until 3:09AM Fri	Ganesha: Purple	<i>Sunrise: 6:37AM</i>
	Yama 6:37AM – 8:01AM	Vridhhi Until 7:04AM	Muruqa: White	<i>Sunset: 5:49PM</i>
	Rahu 1:37PM – 3:01PM	Visti Until 7:16PM	Nataraja: Red	Moon 12 - Phase 37
		Trayodasi* Until 8:59AM	Moon – Light Blue	Devaloka Day
		Margasira*Markali		

<h1 style="font-size: 2em; margin: 0;">●</h1> <p>Friday, January 11, 2013</p> <p style="text-align: center;">Retreat Star</p> <p>Dhanus Rasi: 15.07 Tithi 30</p> <p>Creative Work Siddha Yoga</p> <p>Until 1.39AM Sat then no yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Yangon, Myanmar Sun 14 Sutra 274 Nandana 5114
	Gulika 8:01AM – 9:25AM	Purvashadha* Until 12:29AM Sat	Ganesha: Purple	<i>Sunrise: 6:37AM</i>
	Yama 3:02PM – 4:26PM	Vyaghata* Until 11:01PM	Muruqa: White	<i>Sunset: 5:50PM</i>
	Rahu 10:49AM – 12:13PM	Catuspada Until 3:51PM	Nataraja: Red	Moon 12 - Phase 37
		Amavasya* Until 2:09AM Sat	Moon – Light Blue	Devaloka Day
		Margasira*Markali		

<h1 style="font-size: 2em; margin: 0;">Saturday, January 12, 2013</h1> <p style="text-align: center;">Retreat Star</p> <p>Makara Rasi: 0.05 Tithi 1</p> <p>No Yoga</p> <p>Until 9:53PM then Siddha Yoga</p> <p>Until 1.39AM Sun then Amrita Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mantla Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Yangon, Myanmar Sun 15 Sutra 275 Nandana 5114
	Gulika 6:37AM – 8:01AM	Uttarashadha Until 9:53PM	Ganesha: Purple	<i>Sunrise: 6:37AM</i>
	Yama 1:38PM – 3:02PM	Harshana Until 7:04PM	Muruqa: White	<i>Sunset: 5:51PM</i>
	Rahu 9:25AM – 10:50AM	Kintughna Until 12:32PM	Nataraja: Red	Moon 12 - Phase 37
		Prathama* Until 10:49PM	Moon – Light Blue	Devaloka Day
		Pausha*Markali		

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada 13.A.5. MA, 289

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1	Sunday, January 13, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Makara Rasi: 14.5 Tithi 2 894357266	Gulika 3:03PM – 4:27PM Yama 12:14PM – 1:38PM Rahu 4:27PM – 5:51PM	Sun 16 Sutra 276 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Creative Work Amrita Yoga Until 8:34PM then Siddha Yoga		Sravana Until 8:34PM Vajra* Until 4:01PM Balava Until 9:49AM Dvitiya Until 8:53PM	Ganesha: Light Blue <i>Sunrise: 6:37AM</i> Muruqa: White <i>Sunset: 5:51PM</i> Nataraja: Red Moon – Purple Pausha-Markali
Devaloka Day			


2	Monday, January 14, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Makara Rasi: 29.17 Tithi 3 894357266	Gulika 1:39PM – 3:03PM Yama 10:50AM – 12:14PM Rahu 8:02AM – 9:26AM	Sun 17 Sutra 277 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 1.40AM Tue then Marana Yoga		Dhanishtha Until 6:40PM Siddhi Until 12:37PM Tailila Until 7:12AM Tritiya Until 6:16PM	Ganesha: Purple <i>Sunrise: 6:37AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: Red Moon – Purple Pausha-Thai
Devaloka Day			


3	Tuesday, January 15, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vyalipata*/Varyan Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 13.18 Tithi 4 – 5 894357266	Gulika 12:15PM – 1:39PM Yama 9:26AM – 10:50AM Rahu 3:04PM – 4:28PM	Sun 18 Sutra 278 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Routine Work Marana Yoga Until 1.40AM Wed then Amrita Yoga		Satabhisha Until 5:30PM Vyatipata* Until 9:53AM Bava Until 3:30AM Wed Chaturthi* Until 4:25PM	Ganesha: Purple <i>Sunrise: 6:37AM</i> Muruqa: White <i>Sunset: 5:52PM</i> Nataraja: Red Moon – Purple Pausha-Thai
Devaloka Day			

4	Wednesday, January 16, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 26.51 Tithi 5 – 6 814357266	Gulika 10:51AM – 12:15PM Yama 8:02AM – 9:26AM Rahu 12:15PM – 1:40PM	Sun 19 Sutra 279 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Creative Work Amrita Yoga Until 5:58PM then Siddha Yoga		Purvaprostapada* Until 5:58PM Varyan Until 8:03AM Kaulava Until 4:13AM Thu Panchami Until 4:13PM	Ganesha: Green <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:53PM</i> Nataraja: Red Moon – Clear Pausha-Thai
Devaloka Day			

5	Thursday, January 17, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Parigha*/Shiva Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Meena Rasi: 9.56 Tithi 6 – 7 814357266	Gulika 9:27AM – 10:51AM Yama 6:38AM – 8:02AM Rahu 1:40PM – 3:05PM	Sun 20 Sutra 280 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Creative Work Siddha Yoga		Uttaraprostapada Until 6:26PM Parigha* Until 6:43AM Gara Until 4:05AM Fri Shasthi* Until 4:05PM	Ganesha: Green <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: Red Moon – Clear Pausha-Thai
Devaloka Day			

6	Friday, January 18, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Meena Rasi: 22.35 Tithi 7 – 8 814357266	Gulika 8:02AM – 9:27AM Yama 3:05PM – 4:30PM Rahu 10:51AM – 12:16PM	Sun 21 Sutra 281 Nandana 5114 Moon 12 - Phase 38 3rd Phase
Creative Work Siddha Yoga Until 8:49PM then Amrita Yoga Until 1.41AM Sat then Siddha Yoga		Revati Until 8:49PM Shiva Until 6:09AM Visti Until 6:53AM Sat Saptami Until 5:48PM	Ganesha: Green <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:54PM</i> Nataraja: Red Moon – Clear Pausha-Thai
Devaloka Day			

	Saturday, January 19, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtami* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 4.53 Tithi 8 824357266	Gulika 6:38AM – 8:02AM Yama 1:41PM – 3:05PM Rahu 9:27AM – 10:52AM	Sun 22 Sutra 282 Nandana 5114 Moon 12 - Phase 38 Ashtami
Creative Work Siddha Yoga Until 1.42AM Sun then no yoga		Asvini Until 10:53PM Siddha Until 6:11AM Visti Until 6:16AM Ashtami* Until 7:22PM	Ganesha: Red <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: Red Moon – White Pausha-Thai
Sivaloka Day			

	Sunday, January 20, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navami* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 16.55 Tithi 9 824357266	Gulika 3:06PM – 4:31PM Yama 12:17PM – 1:41PM Rahu 4:31PM – 5:55PM	Sun 23 Sutra 283 Nandana 5114 Moon 12 - Phase 38 Navami
No Yoga Until 1.42AM Mon then Siddha Yoga Until 1:29AM Mon then no yoga		Bharani Until 1:29AM Mon Sadhya Until 6:42AM Balava Until 8:25AM Navami* Until 9:31PM	Ganesha: Red <i>Sunrise: 6:38AM</i> Muruqa: White <i>Sunset: 5:55PM</i> Nataraja: Red Moon – White Pausha-Thai
Sivaloka Day			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

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1	Monday, January 21, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dasami Yam Titau	Yangon, Myanmar Sun 24 Sutra 284 Nandana 5114
	Mesha Rasi: 28.47 Tithi 10 Family Home Evening 824357266 No Yoga Until 1.42AM Tue then Siddha Yoga Until 4:26AM Tue then Amrita Yoga	Gulika 1:42PM – 3:06PM Yama 10:52AM – 12:17PM Rahu 8:03AM – 9:27AM	Krittika Until 4:26AM Tue Subha Until 7:33AM Taitila Until 10:57AM Dasami Until 12:03AM Tue

2	Tuesday, January 22, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar Sun 25 Sutra 285 Nandana 5114
	Virshabha Rasi: 10.34 Tithi 11 834357266 Creative Work Amrita Yoga Until 1.43AM Wed then Siddha Yoga	Gulika 12:17PM – 1:42PM Yama 9:27AM – 10:52AM Rahu 3:07PM – 4:32PM	Rohini Until 7:59AM Wed Sukla Until 8:32AM Vanija Until 1:39PM Ekadasi Until 2:45AM Wed

3	Wednesday, January 23, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar Sun 26 Sutra 286 Nandana 5114
	Virshabha Rasi: 22.2 Tithi 12 834357266 Creative Work Siddha Yoga Until 1.43AM Thu then Marana Yoga	Gulika 10:52AM – 12:17PM Yama 8:03AM – 9:28AM Rahu 12:17PM – 1:42PM	Rohini Until 7:59AM Brahma Until 9:31AM Bava Until 4:21PM Dvadasi Until 5:27AM Thu

4	Thursday, January 24, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Trayodasi Yam Titau	Yangon, Myanmar Sun 27 Sutra 287 Nandana 5114
	Mithuna Rasi: 4.12 Tithi 13 934357266 Routine Work Marana Yoga Until 1.43AM Fri then Siddha Yoga	Gulika 9:28AM – 10:53AM Yama 6:38AM – 8:03AM Rahu 1:43PM – 3:08PM	Mrigasira Until 10:57AM Indra Until 10:22AM Kaulava Until 6:53PM Trayodasi Until 8:03AM Fri <i>Pradosha Vrata</i>

5	Friday, January 25, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar Sutra 288 Nandana 5114
	Mithuna Rasi: 16.11 Tithi 13 – 14 934357266 Creative Work Siddha Yoga Until 1.43AM Sat then Marana Yoga	Gulika 8:03AM – 9:28AM Yama 3:08PM – 4:33PM Rahu 10:53AM – 12:18PM	Ardra Until 1:38PM Vaidhriti* Until 10:59AM Gara Until 9:08PM Trayodasi Until 8:03AM

○	Saturday, January 26, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar Sutra 289 Nandana 5114
	Mithuna Rasi: 28.2 Tithi 14 – 15 945357266 Routine Work Marana Yoga Until 4:00PM then Siddha Yoga	Gulika 6:38AM – 8:03AM Yama 1:43PM – 3:08PM Rahu 9:28AM – 10:53AM	Punarvasu Until 4:00PM Vishkambha* Until 11:17AM Visti Until 11:01PM Chaturdasi* Until 9:55AM

○	Sunday, January 27, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar Sutra 290 Nandana 5114
	Kataka Rasi: 10.41 Tithi 15 – 16 945357266 Creative Work Siddha Yoga	Gulika 3:09PM – 4:34PM Yama 12:18PM – 1:44PM Rahu 4:34PM – 5:59PM	Pushya Until 5:02PM Priti Until 10:51AM Balava Until 10:56PM Purnima* Until 10:56AM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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Monday, January 28, 2013
Gold Retreat Star

Kataka Rasi: 23.14 Tithi 16 – 17
Family Home Evening 945357266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Aslesha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 1:44PM – 3:09PM
Yama 10:53AM – 12:19PM
Rahu 8:03AM – 9:28AM
Aslesha* Until 6:29PM
Ayushman Until 10:27AM
Taitila Until 11:51PM
Prathama* Until 11:51AM

Ganesha: Yellow *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:00PM*
Nataraja: Red
Moon – Blue
Pausha-Thai

Yangon, Myanmar
Sutra 291
Nandana 5114
Moon 1 - Phase 40
1st Phase

Sivaloka Day

1

Tuesday, January 29, 2013

Simha Rasi: 5.59 Tithi 17 – 18
955357266
Creative Work Siddha Yoga
Until 1.44AM Wed then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 12:19PM – 1:44PM
Yama 9:28AM – 10:53AM
Rahu 3:09PM – 4:35PM
Magha* Until 7:33PM
Saubhagya Until 9:42AM
Vanija Until 12:23AM Wed
Dvitiya Until 12:23PM

Ganesha: White *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:00PM*
Nataraja: Red
Moon – Red
Pausha-Thai

Yangon, Myanmar
Sun 1 Sutra 292
Nandana 5114
Moon 1 - Phase 40
1st Phase

Subha Sivaloka Day

2

Wednesday, January 30, 2013

Simha Rasi: 18.56 Tithi 18 – 19
955357266
Creative Work Amrita Yoga
Until 1.44AM Thu then Prabalarishta Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:53AM – 12:19PM
Yama 8:02AM – 9:28AM
Rahu 12:19PM – 1:44PM
Purvaphalguni* Until 8:17PM
Sobhana Until 8:38AM
Bava Until 12:32AM Thu
Tritiya Until 12:32PM

Ganesha: White *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: Red
Moon – Red
Pausha-Thai

Yangon, Myanmar
Sun 2 Sutra 293
Nandana 5114
Moon 1 - Phase 40
1st Phase

Subha Sivaloka Day

3

Thursday, January 31, 2013

Kanya Rasi: 2.03 Tithi 19 – 20
955357266
Routine Work Prabalarishta Yoga
Until 8:41PM then no yoga
Until 1.44AM Fri then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:28AM – 10:53AM
Yama 6:37AM – 8:02AM
Rahu 1:45PM – 3:10PM
Uttaraphalguni Until 8:41PM
Athiganda* Until 7:16AM
Kaulava Until 12:20AM Fri
Chaturthi* Until 12:20PM

Ganesha: White *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: Red
Moon – Red
Pausha-Thai

Yangon, Myanmar
Sun 3 Sutra 294
Nandana 5114
Moon 1 - Phase 40
1st Phase

Subha Sivaloka Day

4

Friday, February 1, 2013

Kanya Rasi: 15.2 Tithi 20 – 21
955357266
Creative Work Amrita Yoga
Until 8:45PM then Siddha Yoga
Until 1.45AM Sat then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 8:02AM – 9:28AM
Yama 3:10PM – 4:36PM
Rahu 10:53AM – 12:19PM
Hasta Until 8:45PM
Dhriti Until 4:27AM Sat
Gara Until 11:47PM
Panchami Until 11:47AM

Ganesha: Clear *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:01PM*
Nataraja: Red
Moon – Green
Pausha-Thai

Yangon, Myanmar
Sun 4 Sutra 295
Nandana 5114
Moon 1 - Phase 40
1st Phase

Sivaloka Day

5

Saturday, February 2, 2013

Kanya Rasi: 28.49 Tithi 21 – 22
965357266
Routine Work Marana Yoga
Until 7:27PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Shula* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 6:37AM – 8:02AM
Yama 1:45PM – 3:11PM
Rahu 9:28AM – 10:54AM
Chitra Until 7:27PM
Shula* Until 1:06AM Sun
Visti Until 9:33PM
Shasthi* Until 10:29AM

Ganesha: Clear *Sunrise: 6:37AM*
Muruqa: White *Sunset: 6:02PM*
Nataraja: Red
Moon – Green
Pausha-Thai

Yangon, Myanmar
Sun 5 Sutra 296
Nandana 5114
Moon 1 - Phase 40
1st Phase

Sivaloka Day



Sunday, February 3, 2013
Retreat Star

Tula Rasi: 12.29 Tithi 22 – 23
965357267
Creative Work Siddha Yoga
Until 6:52PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:11PM – 4:37PM
Yama 12:19PM – 1:45PM
Rahu 4:37PM – 6:02PM
Svati Until 6:52PM
Ganda* Until 10:56PM
Balava Until 8:20PM
Saptami Until 9:16AM

Ganesha: Clear *Sunrise: 6:36AM*
Muruqa: White *Sunset: 6:02PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Yangon, Myanmar
Sun 6 Sutra 297
Nandana 5114
Moon 1 - Phase 40
Ashtami

Sivaloka Day

Monday, February 4, 2013
Retreat Star

Tula Rasi: 26.23 Tithi 23 – 24
Family Home Evening 975457267
Routine Work Marana Yoga
Until 5:55PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:45PM – 3:11PM
Yama 10:54AM – 12:19PM
Rahu 8:02AM – 9:28AM
Visakha Until 5:55PM
Vriddhi Until 8:25PM
Taitila Until 6:43PM
Ashtami* Until 7:38AM

Ganesha: Clear *Sunrise: 6:36AM*
Muruqa: White *Sunset: 6:03PM*
Nataraja: Yellow
Moon – Orange
Pausha-Thai

Yangon, Myanmar
Sun 7 Sutra 298
Nandana 5114
Moon 1 - Phase 40
Navami

Sivaloka Day


1	Tuesday, February 5, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam	Yangon, Myanmar
	976457267	Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau	Sun 8 Sutra 299 Nandana 5114
Vrischika Rasi: 10.3	Tithi 25	Gulika 12:20PM – 1:46PM	Anuradha Until 4:34PM
		Yama 9:28AM – 10:54AM	Dhruva Until 5:32PM
Creative Work	Siddha Yoga	Rahu 3:11PM – 4:37PM	Vanija Until 4:41PM
			Dasami Until 3:46AM Wed
			Ganesha: Purple <i>Sunrise: 6:36AM</i>
			Muruqa: White <i>Sunset: 6:03PM</i>
			Nataraja: Yellow
			Moon – Orange
			Pausha-Thai
			Subha Sivaloka Day

2	Wednesday, February 6, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam	Yangon, Myanmar
	976457267	Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau	Sun 9 Sutra 300 Nandana 5114
Vrischika Rasi: 24.5	Tithi 26	Gulika 10:54AM – 12:20PM	Jyeshtha* Until 2:16PM
		Yama 8:02AM – 9:28AM	Vyaghata* Until 1:48PM
Creative Work	Siddha Yoga	Rahu 12:20PM – 1:46PM	Bava Until 2:15PM
			Ekadasi* Until 1:20AM Thu
Until 2:16PM then Marana Yoga			Ganesha: Purple <i>Sunrise: 6:36AM</i>
Until 1:45AM Thu then Siddha Yoga			Muruqa: White <i>Sunset: 6:04PM</i>
			Nataraja: Yellow
			Moon – Orange
			Pausha-Thai
			Subha Sivaloka Day

3	Thursday, February 7, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam	Yangon, Myanmar
	986457267	Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Sun 10 Sutra 301 Nandana 5114
Dhanus Rasi: 9.2	Tithi 27	Gulika 9:28AM – 10:54AM	Mula* Until 12:24PM
		Yama 6:35AM – 8:01AM	Harshana Until 10:32AM
Creative Work	Siddha Yoga	Rahu 1:46PM – 3:12PM	Kaulava Until 11:07AM
			Dvadasi* Until 9:24PM
			Ganesha: Clear <i>Sunrise: 6:35AM</i>
			Muruqa: White <i>Sunset: 6:04PM</i>
			Nataraja: Yellow
			Moon – Light Blue
			Pausha-Thai
			Sivaloka Day

4	Friday, February 8, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam	Yangon, Myanmar
	986457267	Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Sun 11 Sutra 302 Nandana 5114
Dhanus Rasi: 23.56	Tithi 28	Gulika 8:01AM – 9:27AM	Purvashadha* Until 10:23AM
		Yama 3:12PM – 4:38PM	Vajra* Until 7:07AM
Creative Work	Siddha Yoga	Rahu 10:54AM – 12:20PM	Gara Until 8:24AM
			Trayodasi* Until 6:41PM
Until 1:45AM Sat then no yoga			<i>Pradosha Vrata (Fasting)</i>
			Ganesha: Clear <i>Sunrise: 6:35AM</i>
			Muruqa: White <i>Sunset: 6:05PM</i>
			Nataraja: Yellow
			Moon – Light Blue
			Pausha-Thai
			Sivaloka Day

5	Saturday, February 9, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam	Yangon, Myanmar
	986457267	Uttarashadha*/Sravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Sun 12 Sutra 303 Nandana 5114
Makara Rasi: 8.31	Tithi 29 – 30	Gulika 6:35AM – 8:01AM	Uttarashadha Until 8:32AM
		Yama 1:46PM – 3:12PM	Vyatipata* Until 12:53AM Sun
No Yoga		Rahu 9:27AM – 10:54AM	Catuspada Until 3:49AM Sun
			Chaturdasi* Until 4:44PM
Until 8:32AM then Siddha Yoga			Ganesha: Clear <i>Sunrise: 6:35AM</i>
Until 1:45AM Sun then Amrita Yoga			Muruqa: White <i>Sunset: 6:05PM</i>
			Nataraja: Yellow
			Moon – Light Blue
			Pausha-Thai
			Sivaloka Day

	Sunday, February 10, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam	Yangon, Myanmar
	996457267	Sravana/Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau	Sun 13 Sutra 304 Nandana 5114
Makara Rasi: 23	Tithi 30 – 1	Gulika 3:13PM – 4:39PM	Sravana Until 6:35AM
		Yama 12:20PM – 1:46PM	Variyan Until 9:26PM
Creative Work	Amrita Yoga	Rahu 4:39PM – 6:06PM	Kintughna Until 1:07AM Mon
			Amavasya* Until 2:03PM
Until 6:35AM then Siddha Yoga			Ganesha: Orange <i>Sunrise: 6:34AM</i>
			Muruqa: White <i>Sunset: 6:06PM</i>
			Nataraja: Yellow
			Moon – Purple
			Pausha-Thai
			Sivaloka Day

Monday, February 11, 2013	Retreat Star	Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam	Yangon, Myanmar
	996457267	Satabhisha Nakshatra Parigha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau	Sun 14 Sutra 305 Nandana 5114
Kumbha Rasi: 7.14	Tithi 1 – 2	Gulika 1:46PM – 3:13PM	Satabhisha Until 3:53AM Tue
Family Home Evening		Yama 10:53AM – 12:20PM	Parigha* Until 6:22PM
Creative Work	Siddha Yoga	Rahu 8:00AM – 9:27AM	Balava Until 10:51PM
			Prathama* Until 11:47AM
Until 1:45AM Tue then Marana Yoga			Ganesha: Orange <i>Sunrise: 6:34AM</i>
			Muruqa: White <i>Sunset: 6:06PM</i>
			Nataraja: Yellow
			Moon – Purple
			Magha-Thai
			Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada 63.2–6. AK, 51

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1	Tuesday, February 12, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Yangon, Myanmar
	Kumbha Rasi: 21.08 Tithi 2 - 3 917457267	Gulika 12:20PM - 1:47PM Yama 9:27AM - 10:53AM Rahu 3:13PM - 4:40PM	Sun 15 Sutra 306 Nandana 5114 Moon 1 - Phase 42 3rd Phase
Routine Work Marana Yoga Until 1.45AM Wed then Amrita Yoga Until 2:54AM Wed then Siddha Yoga		Purvaprostapada* Until 2:54AM Wed Shiva Until 3:50PM Taitila Until 9:12PM Dvitiya Until 10:08AM	Ganesha: Red <i>Sunrise: 6:34AM</i> Muruqa: White <i>Sunset: 6:06PM</i> Nataraja: Yellow Moon - Clear Magha-Masi
Sivaloka Day			


2	Wednesday, February 13, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau	Yangon, Myanmar
	Meena Rasi: 4.39 Tithi 3 - 4 917457267	Gulika 10:53AM - 12:20PM Yama 8:00AM - 9:27AM Rahu 12:20PM - 1:47PM	Sun 16 Sutra 307 Nandana 5114 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga		Uttaraprostapada Until 4:11AM Thu Siddha Until 2:30PM Vanija Until 9:28PM Tritiya Until 9:28AM	Ganesha: Red <i>Sunrise: 6:33AM</i> Muruqa: White <i>Sunset: 6:07PM</i> Nataraja: Yellow Moon - Clear Magha-Masi
Sivaloka Day			

3	Thursday, February 14, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau	Yangon, Myanmar
	Meena Rasi: 17.45 Tithi 4 - 5 917457267	Gulika 9:26AM - 10:53AM Yama 6:33AM - 8:00AM Rahu 1:47PM - 3:14PM	Sun 17 Sutra 308 Nandana 5114 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga Until 4:37AM Fri then Amrita Yoga		Revati Until 4:37AM Fri Sadhya Until 1:11PM Bava Until 9:18PM Chaturthi* Until 9:18AM	Ganesha: Red <i>Sunrise: 6:33AM</i> Muruqa: White <i>Sunset: 6:07PM</i> Nataraja: Yellow Moon - Clear Magha-Masi
Sivaloka Day			
Subramuniyaswami Siva Vision Day			

4	Friday, February 15, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 0.26 Tithi 5 - 6 927457267	Gulika 7:59AM - 9:26AM Yama 3:14PM - 4:41PM Rahu 10:53AM - 12:20PM	Sun 18 Sutra 309 Nandana 5114 Moon 1 - Phase 42 3rd Phase
Creative Work Amrita Yoga Until 1.45AM Sat then Siddha Yoga		Asvini Until 7:06AM Sat Subha Until 1:03PM Kaulava Until 11:23PM Panchami Until 10:18AM	Ganesha: Blue <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 6:08PM</i> Nataraja: Yellow Moon - White Magha-Masi
Devaloka Day			

5	Saturday, February 16, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini/Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau	Yangon, Myanmar
	Mesha Rasi: 12.47 Tithi 6 - 7 927457267	Gulika 6:32AM - 7:59AM Yama 1:47PM - 3:14PM Rahu 9:26AM - 10:53AM	Sun 19 Sutra 310 Nandana 5114 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga Until 1.45AM Sun then no yoga		Asvini Until 7:06AM Sukla Until 1:01PM Gara Until 12:50AM Sun Shasthi* Until 11:45AM	Ganesha: Blue <i>Sunrise: 6:32AM</i> Muruqa: White <i>Sunset: 6:08PM</i> Nataraja: Yellow Moon - White Magha-Masi
Devaloka Day			

	Sunday, February 17, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Mesha Rasi: 24.52 Tithi 7 - 8 927457267	Gulika 3:14PM - 4:41PM Yama 12:20PM - 1:47PM Rahu 4:41PM - 6:08PM	Sun 20 Sutra 311 Nandana 5114 Moon 1 - Phase 42 Ashtami
Retreat Star No Yoga Until 9:37AM then Siddha Yoga Until 1.45AM Mon then no yoga		Bharani Until 9:37AM Brahma Until 1:28PM Visti Until 2:53AM Mon Saptami Until 1:47PM	Ganesha: Blue <i>Sunrise: 6:31AM</i> Muruqa: White <i>Sunset: 6:08PM</i> Nataraja: Yellow Moon - White Magha-Masi
Devaloka Day			

	Monday, February 18, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
	Vrishabha Rasi: 6.45 Tithi 8 - 9 Family Home Evening 927457267	Gulika 1:47PM - 3:14PM Yama 10:53AM - 12:20PM Rahu 7:58AM - 9:25AM	Sun 21 Sutra 312 Nandana 5114 Moon 1 - Phase 42 Navami
Retreat Star No Yoga Until 12:30PM then Amrita Yoga		Krittika Until 12:30PM Indra Until 2:16PM Balava Until 5:19AM Tue Ashtami* Until 4:13PM	Ganesha: Blue <i>Sunrise: 6:31AM</i> Muruqa: White <i>Sunset: 6:09PM</i> Nataraja: Yellow Moon - White Magha-Masi
Devaloka Day			

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

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1 Tuesday, February 19, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Rohini/Mrigasira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Navami* Yam Titau Sun 22 Sutra 313
 Nandana 5114
Gulika 12:20PM – 1:47PM **Rohini** Until 3:33PM **Ganesha:** White *Sunrise: 6:30AM*
Yama 9:25AM – 10:52AM **Vaidhriti*** Until 3:13PM **Muruqa:** White *Sunset: 6:09PM* Moon 1 - Phase 43
Rahu 3:14PM – 4:42PM **Kaulava** Until 7:56AM Wed **Nataraja:** Yellow 4th Phase
 Moon – Yellow **Subha Sivaloka Day**
Magha-Masi
 Creative Work Amrita Yoga
 Until 3:33PM then Siddha Yoga

2 Wednesday, February 20, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Mrigasira Nakshatra Vishkambha*/Priti Yoga Tailita/Gara Karana Dasami Yam Titau Sun 23 Sutra 314
 Nandana 5114
Gulika 10:52AM – 12:20PM **Mrigasira** Until 6:35PM **Ganesha:** White *Sunrise: 6:30AM*
Yama 7:57AM – 9:25AM **Vishkambha*** Until 4:10PM **Muruqa:** White *Sunset: 6:09PM* Moon 1 - Phase 43
Rahu 12:20PM – 1:47PM **Tailita** Until 8:22AM **Nataraja:** Yellow 4th Phase
 Moon – Yellow **Subha Sivaloka Day**
Magha-Masi
 Creative Work Siddha Yoga
 Until 1.45AM Thu then Marana Yoga

3 Thursday, February 21, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Yangon, Myanmar
 Ardra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau Sun 24 Sutra 315
 Nandana 5114
Gulika 9:24AM – 10:52AM **Ardra** Until 9:27PM **Ganesha:** White *Sunrise: 6:29AM*
Yama 6:29AM – 7:57AM **Priti** Until 4:57PM **Muruqa:** White *Sunset: 6:10PM* Moon 1 - Phase 43
Rahu 1:47PM – 3:15PM **Vanija** Until 10:47AM **Nataraja:** Yellow 4th Phase
 Moon – Yellow **Subha Sivaloka Day**
Magha-Masi
 Routine Work Marana Yoga
 Until 9:27PM then Amrita Yoga
 Until 1.45AM Fri then Siddha Yoga

4 Friday, February 22, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
 Punarvasu Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau Sun 25 Sutra 316
 Nandana 5114
Gulika 7:56AM – 9:24AM **Punarvasu** Until 12:00PM **Ganesha:** Clear *Sunrise: 6:29AM*
Yama 3:15PM – 4:42PM **Ayushman** Until 5:26PM **Muruqa:** White *Sunset: 6:10PM* Moon 1 - Phase 43
Rahu 10:52AM – 12:19PM **Bava** Until 12:51PM **Nataraja:** Yellow 4th Phase
 Moon – Blue **Sivaloka Day**
Magha-Masi
 Creative Work Siddha Yoga
 Until 12:00PM then Marana Yoga
 Until 1.45AM Sat then Siddha Yoga

5 Saturday, February 23, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Pushya Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Trayodasi Yam Titau Sun 26 Sutra 317
 Nandana 5114
Gulika 6:28AM – 7:56AM **Pushya** Until 12:34AM Sun **Ganesha:** Clear *Sunrise: 6:28AM*
Yama 1:47PM – 3:15PM **Saubhagya** Until 4:42PM **Muruqa:** White *Sunset: 6:10PM* Moon 1 - Phase 43
Rahu 9:24AM – 10:52AM **Kaulava** Until 1:44PM **Nataraja:** Yellow 4th Phase
 Moon – Blue **Sivaloka Day**
Magha-Masi
 Creative Work Siddha Yoga
 Until 12:34AM Sun then Marana Yoga
 Until 1.45AM Sun then Siddha Yoga

6 Sunday, February 24, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Aslesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Sun 27 Sutra 318
 Nandana 5114
Gulika 3:15PM – 4:43PM **Aslesha*** Until 2:02AM Mon **Ganesha:** Clear *Sunrise: 6:28AM*
Yama 12:19PM – 1:47PM **Sobhana** Until 4:21PM **Muruqa:** White *Sunset: 6:11PM* Moon 1 - Phase 43
Rahu 4:43PM – 6:11PM **Gara** Until 2:40PM **Nataraja:** Yellow 4th Phase
 Moon – Blue **Sivaloka Day**
Magha-Masi
Chidambaram Abhishekam **Chaturdasi*** Until 2:40AM Mon
 Creative Work Siddha Yoga

Monday, February 25, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau Sutra 319
 Nandana 5114
Gulika 1:47PM – 3:15PM **Magha*** Until 3:00AM Tue **Ganesha:** Clear *Sunrise: 6:27AM*
Yama 10:51AM – 12:19PM **Athiganda*** Until 3:32PM **Muruqa:** White *Sunset: 6:11PM* Moon 1 - Phase 43
Rahu 7:55AM – 9:23AM **Visti** Until 3:04PM **Nataraja:** Yellow Purnima
 Moon – Red **Sivaloka Day**
Magha-Masi
 Creative Work Siddha Yoga

Tuesday, February 26, 2013
 Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Purvaphalguni* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau Sutra 320
 Nandana 5114
Gulika 12:19PM – 1:47PM **Purvaphalguni*** Until 3:29AM Wed **Ganesha:** Clear *Sunrise: 6:27AM*
Yama 9:23AM – 10:51AM **Sukarma** Until 2:14PM **Muruqa:** White *Sunset: 6:11PM* Moon 1 - Phase 43
Rahu 3:15PM – 4:43PM **Balava** Until 2:56PM **Nataraja:** Yellow Prathama
 Moon – Red **Sivaloka Day**
Magha-Masi
 Creative Work Siddha Yoga
 Until 1.44AM Wed then Amrita Yoga

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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Wednesday, February 27, 2013

Gold Retreat Star

Simha Rasi: 28.21 Tithi 17
959457267
Creative Work Amrita Yoga
Until 1.44AM Thu then Prabalarishta Yoga
Until 1:58AM Thu then no yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Yangon, Myanmar
Sutra 321
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 10:51AM – 12:19PM
Yama 7:54AM – 9:22AM
Rahu 12:19PM – 1:47PM
Uttaraphalguni Until 1:58AM Thu
Dhriti Until 12:06PM
Taitila Until 1:39PM
Dvitiya Until 12:44AM Thu

Ganesha: Clear
Muruqa: White
Nataraja: Yellow
Moon – Red
Sunrise: 6:26AM
Sunset: 6:12PM
Magha-Masi

Sivaloka Day

Thursday, February 28, 2013

1

Kanya Rasi: 11.53 Tithi 18
969457267
No Yoga
Until 1.44AM Fri then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau

Yangon, Myanmar
Sun 1 Sutra 322
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 9:22AM – 10:50AM
Yama 6:25AM – 7:54AM
Rahu 1:47PM – 3:15PM
Hasta Until 1:38AM Fri
Shula* Until 10:11AM
Vanija Until 12:41PM
Tritiya Until 11:46PM

Ganesha: White
Muruqa: White
Nataraja: Yellow
Moon – Green
Sunrise: 6:25AM
Sunset: 6:12PM
Magha-Masi

Devaloka Day

Friday, March 1, 2013

2

Kanya Rasi: 25.35 Tithi 19
969557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthi* Yam Titau

Yangon, Myanmar
Sun 2 Sutra 323
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 7:53AM – 9:21AM
Yama 3:15PM – 4:44PM
Rahu 10:50AM – 12:18PM
Chitra Until 1:00AM Sat
Ganda* Until 8:00AM
Bava Until 11:24AM
Chaturthi* Until 10:29PM

Ganesha: Clear
Muruqa: White
Nataraja: Yellow
Moon – Green
Sunrise: 6:24AM
Sunset: 6:12PM
Magha-Masi

Sivaloka Day

Saturday, March 2, 2013

3

Tula Rasi: 9.24 Tithi 20
969557267
Creative Work Siddha Yoga
Until 1.43AM Sun then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau

Yangon, Myanmar
Sun 3 Sutra 324
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 6:23AM – 7:52AM
Yama 1:47PM – 3:15PM
Rahu 9:21AM – 10:49AM
Svati Until 12:10AM Sun
Dhruva Until 2:56AM Sun
Kaulava Until 9:54AM
Panchami Until 8:58PM

Ganesha: Clear
Muruqa: White
Nataraja: Yellow
Moon – Green
Sunrise: 6:23AM
Sunset: 6:13PM
Magha-Masi

Sivaloka Day

Sunday, March 3, 2013

4

Tula Rasi: 23.19 Tithi 21
979557267
Routine Work Marana Yoga
Until 1.43AM Mon then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Visakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Yangon, Myanmar
Sun 4 Sutra 325
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 3:15PM – 4:44PM
Yama 12:18PM – 1:47PM
Rahu 4:44PM – 6:13PM
Visakha Until 11:10PM
Vyaghata* Until 12:24AM Mon
Gara Until 8:13AM
Shasthi* Until 7:17PM

Ganesha: White
Muruqa: White
Nataraja: Yellow
Moon – Orange
Sunrise: 6:23AM
Sunset: 6:13PM
Magha-Masi

Subha Sivaloka Day

Monday, March 4, 2013

5

Vrischika Rasi: 7.19 Tithi 22 – 23
Family Home Evening
979557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Balava Karana Saptami*/Ashtami* Yam Titau

Yangon, Myanmar
Sun 5 Sutra 326
Nandana 5114
Moon 2 - Phase 44
1st Phase

Gulika 1:47PM – 3:15PM
Yama 10:49AM – 12:18PM
Rahu 7:51AM – 9:20AM
Anuradha Until 10:02PM
Harshana Until 9:44PM
Visti Until 6:23AM
Saptami Until 5:27PM

Ganesha: White
Muruqa: White
Nataraja: Yellow
Moon – Orange
Sunrise: 6:22AM
Sunset: 6:13PM
Magha-Masi

Subha Sivaloka Day

Tuesday, March 5, 2013



Retreat Star

Vrischika Rasi: 21.22 Tithi 23 – 24
171557267
Creative Work Siddha Yoga
Until 8:47PM then Amrita Yoga
Until 1.43AM Wed then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Yangon, Myanmar
Sun 6 Sutra 327
Nandana 5114
Moon 2 - Phase 44
Ashtami

Gulika 12:17PM – 1:46PM
Yama 9:19AM – 10:48AM
Rahu 3:15PM – 4:44PM
Jyeshtha* Until 8:47PM
Vajra* Until 6:58PM
Taitila Until 2:35AM Wed
Ashtami* Until 3:30PM

Ganesha: White
Muruqa: White
Nataraja: Yellow
Moon – Orange
Sunrise: 6:21AM
Sunset: 6:13PM
Magha-Masi

Subha Sivaloka Day

Wednesday, March 6, 2013

Retreat Star

Dhanus Rasi: 5.3 Tithi 24 – 25
181557267
Routine Work Marana Yoga
Until 7:26PM then Amrita Yoga
Until 1.43AM Thu then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Yangon, Myanmar
Sun 7 Sutra 328
Nandana 5114
Moon 2 - Phase 44
Navami

Gulika 10:48AM – 12:17PM
Yama 7:50AM – 9:19AM
Rahu 12:17PM – 1:46PM
Mula* Until 7:26PM
Siddhi Until 4:06PM
Vanija Until 12:31AM Thu
Navami* Until 1:26PM

Ganesha: Yellow
Muruqa: White
Nataraja: Yellow
Moon – Light Blue
Sunrise: 6:21AM
Sunset: 6:14PM
Magha-Masi

Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maiti 5.2. bo UpH, 423

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1	Thursday, March 7, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Yangon, Myanmar
	Dhanus Rasi: 19.4 Tithi 25 – 26 181557267	Gulika 9:18AM – 10:48AM Yama 6:20AM – 7:49AM Rahu 1:46PM – 3:15PM	Purvashadha* Until 6:01PM Vyatipata* Until 1:11PM Bava Until 10:22PM Dasami Until 11:17AM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Light Blue Magha•Masi	Sun 8 Sutra 329 Nandana 5114 Moon 2 - Phase 45 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				

2	Friday, March 8, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Yangon, Myanmar
	Makara Rasi: 3.5 Tithi 26 – 27 181557267	Gulika 7:49AM – 9:18AM Yama 3:15PM – 4:45PM Rahu 10:47AM – 12:17PM	Uttarashadha Until 4:34PM Variyan Until 10:14AM Kaulava Until 8:12PM Ekadasi* Until 9:07AM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Light Blue Magha•Masi	Sun 9 Sutra 330 Nandana 5114 Moon 2 - Phase 45 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				

3	Saturday, March 9, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Sravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Tailal/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Yangon, Myanmar
	Makara Rasi: 17.58 Tithi 27 – 28 191557267	Gulika 6:19AM – 7:48AM Yama 1:46PM – 3:15PM Rahu 9:18AM – 10:47AM	Sravana Until 3:12PM Parigha* Until 7:21AM Gara Until 6:07PM Dvadasi* Until 7:02AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: Yellow Moon – Purple Magha•Masi	Sun 10 Sutra 331 Nandana 5114 Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga				

4	Sunday, March 10, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Yangon, Myanmar
	Kumbha Rasi: 1.59 Tithi 29 191567267	Gulika 3:15PM – 4:45PM Yama 12:16PM – 1:46PM Rahu 4:45PM – 6:15PM	Dhanishtha Until 2:02PM Siddha Until 2:00AM Mon Visti Until 4:14PM Chaturdasi* Until 3:18AM Mon	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Purple Magha•Masi	Sun 11 Sutra 332 Nandana 5114 Moon 2 - Phase 45 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga	Mahasivaratri			

	Monday, March 11, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Yangon, Myanmar
	Retreat Star Kumbha Rasi: 15.49 Tithi 30 Family Home Evening 191567267 Creative Work Siddha Yoga Until 1:10PM then no yoga Until 1.41AM Tue then Marana Yoga	Gulika 1:46PM – 3:15PM Yama 10:46AM – 12:16PM Rahu 7:47AM – 9:17AM	Satabhisha Until 1:10PM Sadhya Until 11:36PM Catuspada Until 2:41PM Amavasya* Until 1:46AM Tue	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Purple Magha•Masi	Sun 12 Sutra 333 Nandana 5114 Moon 2 - Phase 45 Amavasya Sivaloka Day

	Tuesday, March 12, 2013	Nandana Nama Samvatsare Uтарыane Moksha Rіtau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Yangon, Myanmar
	Retreat Star Kumbha Rasi: 29.24 Tithi 1 111567267 Routine Work Marana Yoga Until 1:16PM then Amrita Yoga Until 1.41AM Wed then Siddha Yoga	Gulika 12:16PM – 1:45PM Yama 9:16AM – 10:46AM Rahu 3:15PM – 4:45PM	Purvaprostapada* Until 1:16PM Subha Until 10:43PM Kintughna Until 2:15PM Prathama* Until 2:15AM Wed	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Clear Phalgun•Masi	Sun 13 Sutra 334 Nandana 5114 Moon 2 - Phase 45 Prathama Devaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mṛigendra Agama Jnana Pada 2.A3. MA, 58

1	Wednesday, March 13, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Yangon, Myanmar
	Meena Rasi: 12.4	Tithi 2	Gulika 10:46AM – 12:15PM Yama 7:46AM – 9:16AM Rahu 12:15PM – 1:45PM	Uttaraprostapada Until 1:23PM Sukla Until 9:07PM Balava Until 1:42PM Dvitiya Until 1:42AM Thu	Sun 14 Sutra 335 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	111567267			Ganesha: Red <i>Sunrise: 6:16AM</i> Muruqa: Yellow <i>Sunset: 6:15PM</i> Nataraja: Yellow Moon – Clear Phalguna-Masi	Devaloka Day
		Creative Work Siddha Yoga Until 1:23PM then Marana Yoga Until 1.41AM Thu then Siddha Yoga			
2	Thursday, March 14, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Asvini Nakshatra Brahma Yoga Tailita/Gara Karana Tritiya Yam Titau		Yangon, Myanmar
	Meena Rasi: 25.37	Tithi 3	Gulika 9:15AM – 10:45AM Yama 6:15AM – 7:45AM Rahu 1:45PM – 3:15PM	Revati Until 2:07PM Brahma Until 8:05PM Tailita Until 1:49PM Tritiya Until 1:49AM Fri	Sun 15 Sutra 336 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	111567267			Ganesha: Red <i>Sunrise: 6:15AM</i> Muruqa: Yellow <i>Sunset: 6:15PM</i> Nataraja: Yellow Moon – Clear Phalguna-Panguni	Devaloka Day
		Creative Work Siddha Yoga Until 2:07PM then Amrita Yoga			
3	Friday, March 15, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Yangon, Myanmar
	Mesha Rasi: 8.13	Tithi 4	Gulika 7:44AM – 9:15AM Yama 3:15PM – 4:45PM Rahu 10:45AM – 12:15PM	Asvini Until 4:14PM Indra Until 8:39PM Vanija Until 3:22PM Chaturthi* Until 4:28AM Sat	Sun 16 Sutra 337 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	122567268			Ganesha: White <i>Sunrise: 6:14AM</i> Muruqa: Yellow <i>Sunset: 6:15PM</i> Nataraja: White Moon – White Phalguna-Panguni	Devaloka Day
		Creative Work Amrita Yoga Until 4:14PM then Siddha Yoga			
4	Saturday, March 16, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchami Yam Titau		Yangon, Myanmar
	Mesha Rasi: 20.32	Tithi 5	Gulika 6:14AM – 7:44AM Yama 1:45PM – 3:15PM Rahu 9:14AM – 10:44AM	Bharani Until 6:16PM Vaidhriti* Until 8:42PM Bava Until 4:51PM Panchami Until 5:57AM Sun	Sun 17 Sutra 338 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	122567268			Ganesha: White <i>Sunrise: 6:14AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – White Phalguna-Panguni	Devaloka Day
		Creative Work Siddha Yoga Until 6:16PM then Amrita Yoga Until 1.40AM Sun then Siddha Yoga			
5	Sunday, March 17, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vishkambha* Yoga Kaulava Karana Shasthi* Yam Titau		Yangon, Myanmar
	Vrishabha Rasi: 2.37	Tithi 6	Gulika 3:15PM – 4:45PM Yama 12:14PM – 1:45PM Rahu 4:45PM – 6:16PM	Krittika Until 8:47PM Vishkambha* Until 9:10PM Kaulava Until 6:51PM Shasthi* Until 8:07AM Mon	Sun 18 Sutra 339 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	122567268			Ganesha: White <i>Sunrise: 6:13AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – White Phalguna-Panguni	Devaloka Day
		Creative Work Siddha Yoga Until 1.40AM Mon then Amrita Yoga			
6	Monday, March 18, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Priti Yoga Tailita/Gara Karana Shasthi*/Saptami Yam Titau		Yangon, Myanmar
	Vrishabha Rasi: 14.32	Tithi 6 – 7	Gulika 1:45PM – 3:15PM Yama 10:44AM – 12:14PM Rahu 7:43AM – 9:13AM	Rohini Until 11:37PM Priti Until 9:57PM Gara Until 9:13PM Shasthi* Until 8:07AM	Sun 19 Sutra 340 Nandana 5114 Moon 2 - Phase 46 3rd Phase
	132567268			Ganesha: Clear <i>Sunrise: 6:12AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni	Sivaloka Day
		Creative Work Amrita Yoga Until 1.39AM Tue then Siddha Yoga			
	Tuesday, March 19, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Yangon, Myanmar
	Vrishabha Rasi: 26.22	Tithi 7 – 8	Gulika 12:14PM – 1:44PM Yama 9:12AM – 10:43AM Rahu 3:15PM – 4:46PM	Mrigasira Until 2:37AM Wed Ayushman Until 10:53PM Visti Until 11:45PM Saptami Until 10:39AM	Sun 20 Sutra 341 Nandana 5114 Moon 2 - Phase 46 Ashtami
	132567268			Ganesha: Clear <i>Sunrise: 6:11AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni	Sivaloka Day
		Creative Work Siddha Yoga			
Wednesday, March 20, 2013	Retreat Star		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Yangon, Myanmar
	Mithuna Rasi: 8.12	Tithi 8 – 9	Gulika 10:43AM – 12:13PM Yama 7:41AM – 9:12AM Rahu 12:13PM – 1:44PM	Ardra Until 5:36AM Thu Saubhagya Until 11:49PM Balava Until 2:16AM Thu Ashtami* Until 1:11PM	Sun 21 Sutra 342 Nandana 5114 Moon 2 - Phase 46 Navami
	132567268			Ganesha: Clear <i>Sunrise: 6:10AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni	Sivaloka Day
		Creative Work Siddha Yoga Until 1.39AM Thu then Marana Yoga Until 5:36AM Thu then Amrita Yoga			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

All times are standard time

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1	Thursday, March 21, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Tilau	Yangon, Myanmar
	Mithuna Rasi: 20.07 Tithi 9 – 10 142567268	Gulika 9:11AM – 10:42AM Yama 6:10AM – 7:41AM Rahu 1:44PM – 3:15PM	Sun 22 Sutra 343 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Amrita Yoga Until 1.39AM Fri then Siddha Yoga Until 8:15AM Fri then Marana Yoga		Punarvasu Until 8:15AM Fri Sobhana Until 12:35AM Fri Taitila Until 4:36AM Fri Navami* Until 3:31PM	Ganesha: Purple <i>Sunrise: 6:10AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Blue Devaloka Day Phalguna-Panguni

2	Friday, March 22, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Kataka Rasi: 2.13 Tithi 10 – 11 142567268	Gulika 7:40AM – 9:11AM Yama 3:15PM – 4:46PM Rahu 10:42AM – 12:13PM	Sun 23 Sutra 344 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Siddha Yoga Until 8:15AM then Marana Yoga Until 1.38AM Sat then Siddha Yoga		Punarvasu Until 8:15AM Athiganda* Until 1:02AM Sat Vanija Until 6:34AM Sat Dasami Until 5:29PM	Ganesha: Purple <i>Sunrise: 6:09AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Blue Devaloka Day Phalguna-Panguni

3	Saturday, March 23, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma Yoga Visti* Karana Ekadasi Yam Titau	Yangon, Myanmar
	Kataka Rasi: 14.32 Tithi 11 142567268	Gulika 6:08AM – 7:39AM Yama 1:44PM – 3:15PM Rahu 9:10AM – 10:41AM	Sun 24 Sutra 345 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Siddha Yoga Until 9:56AM then Marana Yoga Until 1.38AM Sun then Siddha Yoga		Pushya Until 9:56AM Sukarma Until 11:42PM Visti Until 5:51AM Sun Ekadasi Until 5:51PM	Ganesha: Purple <i>Sunrise: 6:08AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Blue Devaloka Day Phalguna-Panguni
		Yogaswami Mahasamadhi	

4	Sunday, March 24, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Dhriti Yoga Bava/Balava Karana Dvadasi Yam Titau	Yangon, Myanmar
	Kataka Rasi: 27.1 Tithi 12 142567268	Gulika 3:15PM – 4:46PM Yama 12:12PM – 1:43PM Rahu 4:46PM – 6:17PM	Sun 25 Sutra 346 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Siddha Yoga Until 11:14AM then Marana Yoga Until 1.38AM Mon then Siddha Yoga		Aslesha* Until 11:14AM Dhriti Until 11:13PM Bava Until 6:35AM Dvadasi Until 6:35PM	Ganesha: Purple <i>Sunrise: 6:07AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Blue Devaloka Day Phalguna-Panguni

5	Monday, March 25, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Yangon, Myanmar
	Simha Rasi: 10.07 Tithi 13 Family Home Evening 152567268	Gulika 1:43PM – 3:15PM Yama 10:41AM – 12:12PM Rahu 7:38AM – 9:09AM	Sun 26 Sutra 347 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Siddha Yoga		Magha* Until 11:56AM Shula* Until 10:10PM Kaulava Until 6:39AM Trayodasi Until 6:39PM	Ganesha: Clear <i>Sunrise: 6:07AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Red Sivaloka Day Phalguna-Panguni
		<i>Pradosha Vrata</i>	

6	Tuesday, March 26, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau	Yangon, Myanmar
	Simha Rasi: 23.26 Tithi 14 – 15 152567268	Gulika 12:12PM – 1:43PM Yama 9:09AM – 10:40AM Rahu 3:15PM – 4:46PM	Sun 27 Sutra 348 Nandana 5114 Moon 2 - Phase 47 4th Phase
Creative Work Siddha Yoga Until 11:33AM then Amrita Yoga		Purvaphalguni* Until 11:33AM Ganda* Until 7:33PM Gara Until 6:02AM Chaturdasi* Until 5:06PM	Ganesha: Clear <i>Sunrise: 6:06AM</i> Muruqa: Yellow <i>Sunset: 6:17PM</i> Nataraja: White Moon – Red Sivaloka Day Phalguna-Panguni

○	Wednesday, March 27, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Yangon, Myanmar
	Copper Retreat Star Kanya Rasi: 7.04 Tithi 15 – 16 152667268	Gulika 10:40AM – 12:11PM Yama 7:37AM – 9:08AM Rahu 12:11PM – 1:43PM	Sun 28 Sutra 349 Nandana 5114 Moon 2 - Phase 47 Purnima
Creative Work Amrita Yoga Until 11:02AM then Siddha Yoga Until 1.37AM Thu then no yoga		Uttaraphalguni Until 11:02AM Vriddhi Until 5:29PM Balava Until 2:59AM Thu Purnima* Until 3:55PM	Ganesha: Purple <i>Sunrise: 6:05AM</i> Muruqa: Yellow <i>Sunset: 6:18PM</i> Nataraja: White Moon – Red Subha Sivaloka Day Phalguna-Panguni
		Panguni Uttiram	

○	Thursday, March 28, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Yangon, Myanmar
	Silver Retreat Star Kanya Rasi: 20.59 Tithi 16 – 17 162667268	Gulika 9:08AM – 10:39AM Yama 6:04AM – 7:36AM Rahu 1:43PM – 3:14PM	Sun 29 Sutra 350 Nandana 5114 Moon 2 - Phase 47 Prathama
No Yoga Until 10:02AM then Siddha Yoga		Hasta Until 10:02AM Dhruva Until 2:57PM Taitila Until 1:16AM Fri Prathama* Until 2:11PM	Ganesha: Clear <i>Sunrise: 6:04AM</i> Muruqa: Yellow <i>Sunset: 6:18PM</i> Nataraja: White Moon – Green Sivaloka Day Phalguna-Panguni

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

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Friday, March 29, 2013
Gold Retreat Star

Tula Rasi: 5.08 Tithi 17 - 18
163667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 7:35AM - 9:07AM
Yama 3:14PM - 4:46PM
Rahu 10:39AM - 12:11PM
Chitra Until 8:38AM
Vyaghata* Until 12:05PM
Vanija Until 11:08PM
Dvitiya Until 12:04PM

Ganesha: White *Sunrise: 6:04AM*
Muruqa: Yellow *Sunset: 6:18PM*
Nataraja: White
Moon - Green
Phalguna-Panguni

Yangon, Myanmar
Sun 1 Sutra 351
Nandana 5114
Moon 3 - Phase 48
1st Phase

Devaloka Day

1

Saturday, March 30, 2013

Tula Rasi: 19.25 Tithi 18 - 19
163667268
Creative Work Siddha Yoga
Until 1.36AM Sun then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Visakha Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 6:03AM - 7:35AM
Yama 1:42PM - 3:14PM
Rahu 9:07AM - 10:39AM
Svati Until 7:01AM
Harshana Until 8:58AM
Bava Until 8:45PM
Tritiya Until 9:40AM

Ganesha: White *Sunrise: 6:03AM*
Muruqa: Yellow *Sunset: 6:18PM*
Nataraja: White
Moon - Green
Phalguna-Panguni

Yangon, Myanmar
Sun 2 Sutra 352
Nandana 5114
Moon 3 - Phase 48
1st Phase

Devaloka Day

2

Sunday, March 31, 2013

Vrischika Rasi: 3.45 Tithi 19 - 20
173667268
Routine Work Marana Yoga
Until 1.36AM Mon then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Balava/Taitila Karana Chaturthi/Panchami Yam Titau
Gulika 3:14PM - 4:46PM
Yama 12:10PM - 1:42PM
Rahu 4:46PM - 6:18PM
Anuradha Until 4:08AM Mon
Siddhi Until 3:07AM Mon
Taitila Until 6:15PM
Chaturthi* Until 7:10AM

Ganesha: Yellow *Sunrise: 6:02AM*
Muruqa: Yellow *Sunset: 6:18PM*
Nataraja: White
Moon - Orange
Phalguna-Panguni

Yangon, Myanmar
Sun 3 Sutra 353
Nandana 5114
Moon 3 - Phase 48
1st Phase

Sivaloka Day

3

Monday, April 1, 2013

Vrischika Rasi: 18.05 Tithi 21
Family Home Evening
173667268
Creative Work Siddha Yoga
Until 2:25AM Tue then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 1:42PM - 3:14PM
Yama 10:38AM - 12:10PM
Rahu 7:34AM - 9:06AM
Jyeshtha* Until 2:25AM Tue
Vyatipata* Until 11:56PM
Gara Until 3:45PM
Shasthi* Until 2:50AM Tue

Ganesha: Yellow *Sunrise: 6:02AM*
Muruqa: Yellow *Sunset: 6:18PM*
Nataraja: White
Moon - Orange
Phalguna-Panguni

Yangon, Myanmar
Sun 4 Sutra 354
Nandana 5114
Moon 3 - Phase 48
1st Phase

Sivaloka Day

4

Tuesday, April 2, 2013

Dhanus Rasi: 2.22 Tithi 22
183667268
Creative Work Amrita Yoga
Until 12:49AM Wed then Siddha Yoga
Until 1.35AM Wed then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Visti/Bava Karana Saptami Yam Titau
Gulika 12:10PM - 1:42PM
Yama 9:06AM - 10:38AM
Rahu 3:14PM - 4:46PM
Mula* Until 12:49AM Wed
Variyan Until 8:51PM
Visti Until 1:23PM
Saptami Until 12:28AM Wed

Ganesha: Blue *Sunrise: 6:01AM*
Muruqa: Yellow *Sunset: 6:18PM*
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Yangon, Myanmar
Sun 5 Sutra 355
Nandana 5114
Moon 3 - Phase 48
1st Phase

Devaloka Day



Wednesday, April 3, 2013
Retreat Star

Dhanus Rasi: 16.32 Tithi 23
183667268
Creative Work Amrita Yoga
Until 1.35AM Thu then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 10:37AM - 12:10PM
Yama 7:33AM - 9:05AM
Rahu 12:10PM - 1:42PM
Purvashadha* Until 11:23PM
Parigha* Until 5:56PM
Balava Until 11:12AM
Ashtami* Until 10:17PM

Ganesha: Blue *Sunrise: 6:01AM*
Muruqa: Yellow *Sunset: 6:19PM*
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Yangon, Myanmar
Sun 6 Sutra 356
Nandana 5114
Moon 3 - Phase 48
Ashtami

Devaloka Day

Thursday, April 4, 2013

Retreat Star

Makara Rasi: 0.35 Tithi 24
183667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 9:04AM - 10:37AM
Yama 6:00AM - 7:32AM
Rahu 1:42PM - 3:14PM
Uttarashadha Until 10:09PM
Shiva Until 3:13PM
Taitila Until 9:14AM
Navami* Until 8:19PM

Ganesha: Blue *Sunrise: 6:00AM*
Muruqa: Yellow *Sunset: 6:19PM*
Nataraja: White
Moon - Light Blue
Phalguna-Panguni

Yangon, Myanmar
Sun 7 Sutra 357
Nandana 5114
Moon 3 - Phase 48
Navami

Devaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

All times are standard time

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1 Friday, April 5, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Yangon, Myanmar
 Sravana Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau Sun 8 Sutra 358
 Nandana 5114
Gulika 7:31AM – 9:04AM **Sravana Until 9:10PM** **Ganesha:** Red *Sunrise: 5:59AM*
Yama 3:14PM – 4:46PM **Siddha Until 12:43PM** **Muruqa:** Yellow *Sunset: 6:19PM* Moon 3 - Phase 49
Rahu 10:36AM – 12:09PM **Vanija Until 7:32AM** **Nataraja:** White
 Moon – Purple **Sivaloka Day**
 Creative Work Siddha Yoga **Phalguna-Panguni**

2 Saturday, April 6, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Yangon, Myanmar
 Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Ekadasi/Dvadasi* Yam Titau Sun 9 Sutra 359
 Nandana 5114
Gulika 5:58AM – 7:31AM **Dhanishtha Until 8:26PM** **Ganesha:** Red *Sunrise: 5:58AM*
Yama 1:41PM – 3:14PM **Sadhya Until 10:28AM** **Muruqa:** Yellow *Sunset: 6:19PM* Moon 3 - Phase 49
Rahu 9:03AM – 10:36AM **Bava Until 6:06AM** **Nataraja:** White
 Moon – Purple **Sivaloka Day**
 Creative Work Siddha Yoga **Phalguna-Panguni**
 Until 8:26PM then Amrita Yoga
 Until 1:34AM Sun then Siddha Yoga

3 Sunday, April 7, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Yangon, Myanmar
 Satabhisha Nakshatra Subha/Sukla Yoga Tailita/Gara Karana Dvadasi*/Trayodasi* Yam Titau Sun 10 Sutra 360
 Nandana 5114
Gulika 3:14PM – 4:46PM **Satabhisha Until 9:05PM** **Ganesha:** Red *Sunrise: 5:58AM*
Yama 12:08PM – 1:41PM **Subha Until 8:40AM** **Muruqa:** Yellow *Sunset: 6:19PM* Moon 3 - Phase 49
Rahu 4:46PM – 6:19PM **Gara Until 4:55AM Mon** **Nataraja:** White
 Moon – Purple **Sivaloka Day**
 Creative Work Siddha Yoga **Phalguna-Panguni**
 Until 1:34AM Mon then no yoga *Pradosha Vrata (Fasting)*

4 Monday, April 8, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Yangon, Myanmar
 Purvaprostapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Sun 11 Sutra 361
 Nandana 5114
Gulika 1:41PM – 3:14PM **Purvaprostapada* Until 9:00PM** **Ganesha:** Green *Sunrise: 5:57AM*
Yama 10:35AM – 12:08PM **Sukla Until 6:54AM** **Muruqa:** Yellow *Sunset: 6:19PM* Moon 3 - Phase 49
Rahu 7:30AM – 9:02AM **Visti Until 4:07AM Tue** **Nataraja:** White
 Moon – Clear **Devaloka Day**
 Family Home Evening 113667268 **Trayodasi* Until 4:07PM** **Phalguna-Panguni**
 No Yoga
 Until 9:00PM then Siddha Yoga
 Until 1:33AM Tue then Amrita Yoga

5 Tuesday, April 9, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Yangon, Myanmar
 Uttaraprostapada Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Sun 12 Sutra 362
 Nandana 5114
Gulika 12:08PM – 1:41PM **Uttaraprostapada Until 9:19PM** **Ganesha:** Green *Sunrise: 5:56AM*
Yama 9:02AM – 10:35AM **Indra Until 4:22AM Wed** **Muruqa:** Yellow *Sunset: 6:20PM* Moon 3 - Phase 49
Rahu 3:14PM – 4:47PM **Catuspada Until 3:46AM Wed** **Nataraja:** White
 Moon – Clear **Devaloka Day**
 Creative Work Amrita Yoga **Phalguna-Panguni**
 Until 9:19PM then Siddha Yoga
 Until 1:33AM Wed then Marana Yoga

Wednesday, April 10, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Yangon, Myanmar
 Revati Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Sun 13 Sutra 363
 Nandana 5114
Gulika 10:34AM – 12:07PM **Revati Until 10:06PM** **Ganesha:** Green *Sunrise: 5:55AM*
Yama 7:28AM – 9:01AM **Vaidhriti* Until 3:25AM Thu** **Muruqa:** Yellow *Sunset: 6:20PM* Moon 3 - Phase 49
Rahu 12:07PM – 1:41PM **Kintughna Until 3:55AM Thu** **Nataraja:** White
 Moon – Clear **Devaloka Day**
 Routine Work Marana Yoga **Phalguna-Panguni**
 Amavasya* Until 3:55PM
 Until 1:33AM Thu then Amrita Yoga

Thursday, April 11, 2013 Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Yangon, Myanmar
 Asvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau Sun 14 Sutra 364
 Nandana 5114
Gulika 9:01AM – 10:34AM **Asvini Until 12:48AM Fri** **Ganesha:** White *Sunrise: 5:55AM*
Yama 5:55AM – 7:28AM **Vishkambha* Until 4:29AM Fri** **Muruqa:** Yellow *Sunset: 6:20PM* Moon 3 - Phase 49
Rahu 1:40PM – 3:14PM **Balava Until 6:37AM Fri** **Nataraja:** White
 Moon – White **Devaloka Day**
 Creative Work Amrita Yoga **Chaitra-Panguni**
 Until 12:48AM Fri then Siddha Yoga **Chellappaswami Mahasamadhi**
 Prathama* Until 5:31PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

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1	Friday, April 12, 2013	Nandana Nama Samvatsare Uтарыane Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava Karana Dvitiya Yam Titau	Yangon, Myanmar
	Mesha Rasi: 16.21 Tithi 2 124667268	Gulika 7:27AM – 9:00AM Yama 3:13PM – 4:47PM Rahu 10:34AM – 12:07PM	Sun 15 Sutra 365 Nandana 5114 Moon 3 - Phase 50 3rd Phase
Creative Work Siddha Yoga Until 2:38AM Sat then Amrita Yoga		Bharani Until 2:38AM Sat Priti Until 4:23AM Sat Kaulava Until 7:51AM Sat Dvitiya Until 6:45PM	Ganesha: Clear <i>Sunrise: 5:54AM</i> Muruqa: Yellow <i>Sunset: 6:20PM</i> Nataraja: White Moon – White Chaitra-Panguni
Sivaloka Day			


2	Saturday, April 13, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiya Yam Titau	Yangon, Myanmar
	Mesha Rasi: 28.32 Tithi 3 124667268	Gulika 5:53AM – 7:27AM Yama 1:40PM – 3:13PM Rahu 9:00AM – 10:33AM	Sun 16 Sutra 366 Nandana 5114 Moon 3 - Phase 50 3rd Phase
Creative Work Amrita Yoga Until 1:32AM Sun then Siddha Yoga		Krittika Until 4:55AM Sun Ayushman Until 4:40AM Sun Taitila Until 7:23AM Tritiya Until 8:28PM	Ganesha: Clear <i>Sunrise: 5:53AM</i> Muruqa: Yellow <i>Sunset: 6:20PM</i> Nataraja: White Moon – White Chaitra-Panguni
Sivaloka Day			

3	Sunday, April 14, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Yangon, Myanmar
	Virshabha Rasi: 10.34 Tithi 4 234667268	Gulika 3:13PM – 4:47PM Yama 12:06PM – 1:40PM Rahu 4:47PM – 6:20PM	Sun 17 Sutra 1 Vijaya 5115 Moon 3 - Phase 50 3rd Phase
Creative Work Siddha Yoga Until 1:32AM Mon then Amrita Yoga		Rohini Until 7:45AM Mon Saubhagya Until 5:17AM Mon Vanija Until 9:29AM Chaturthi* Until 10:34PM	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Yellow <i>Sunset: 6:20PM</i> Nataraja: White Moon – Yellow Chaitra-Chaitra
Sivaloka Day			

4	Monday, April 15, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigasira Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau	Yangon, Myanmar
	Virshabha Rasi: 22.28 Tithi 5 Family Home Evening 234667268 Creative Work Amrita Yoga Until 1:32AM Tue then Siddha Yoga	Gulika 1:40PM – 3:13PM Yama 10:33AM – 12:06PM Rahu 7:25AM – 8:59AM	Sun 18 Sutra 2 Vijaya 5115 Moon 3 - Phase 50 3rd Phase
		Rohini Until 7:45AM Sobhana Until 6:29AM Tue Bava Until 11:51AM Panchami Until 12:56AM Tue	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: White Moon – Yellow Chaitra-Chaitra
Sivaloka Day			

5	Tuesday, April 16, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 4.17 Tithi 6 234667268	Gulika 12:06PM – 1:40PM Yama 8:58AM – 10:32AM Rahu 3:13PM – 4:47PM	Sun 19 Sutra 3 Vijaya 5115 Moon 3 - Phase 50 3rd Phase
Creative Work Siddha Yoga Until 10:45AM then Marana Yoga Until 1:31AM Wed then Siddha Yoga		Mrigasira Until 10:45AM Sobhana Until 6:29AM Kaulava Until 2:20PM Shasthi* Until 3:26AM Wed	Ganesha: Clear <i>Sunrise: 5:51AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: White Moon – Yellow Chaitra-Chaitra
Sivaloka Day			

6	Wednesday, April 17, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 16.08 Tithi 7 234667268	Gulika 10:32AM – 12:06PM Yama 7:24AM – 8:58AM Rahu 12:06PM – 1:39PM	Sun 20 Sutra 4 Vijaya 5115 Moon 3 - Phase 50 3rd Phase
Creative Work Siddha Yoga Until 1:31AM Thu then Amrita Yoga		Ardra Until 1:43PM Athiganda* Until 7:25AM Gara Until 4:49PM Saptami Until 6:01AM Thu	Ganesha: Clear <i>Sunrise: 5:50AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: White Moon – Yellow Chaitra-Chaitra
Sivaloka Day			

	Thursday, April 18, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Yangon, Myanmar
	Mithuna Rasi: 28.04 Tithi 7 – 8 244667268	Gulika 8:58AM – 10:31AM Yama 5:50AM – 7:24AM Rahu 1:39PM – 3:13PM	Sun 21 Sutra 5 Vijaya 5115 Moon 3 - Phase 50 Ashtami
Creative Work Amrita Yoga Until 1:31AM Fri then Marana Yoga		Punarvasu Until 4:32PM Sukarma Until 8:13AM Visti Until 7:06PM Saptami Until 6:01AM	Ganesha: Purple <i>Sunrise: 5:50AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: White Moon – Blue Chaitra-Chaitra
Subha Sivaloka Day			

Retreat Star	Friday, April 19, 2013	Vijaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Yangon, Myanmar
	Kataka Rasi: 10.09 Tithi 8 – 9 244667268	Gulika 7:23AM – 8:57AM Yama 3:13PM – 4:47PM Rahu 10:31AM – 12:05PM	Sun 22 Sutra 6 Vijaya 5115 Moon 3 - Phase 50 Navami
Routine Work Marana Yoga		Pushya Until 7:02PM Dhriti Until 8:43AM Balava Until 9:04PM Ashtami* Until 7:58AM	Ganesha: Purple <i>Sunrise: 5:49AM</i> Muruqa: Yellow <i>Sunset: 6:21PM</i> Nataraja: White Moon – Blue Chaitra-Chaitra
Subha Sivaloka Day			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

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1	Saturday, April 20, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Navami*/Dasami Yam Titau	Yangon, Myanmar
	Kataka Rasi: 22.28 Tithi 9 – 10 244667268	Gulika 5:48AM – 7:22AM Yama 1:39PM – 3:13PM Rahu 8:57AM – 10:31AM	Sun 23 Sutra 7 Vijaya 5115 Moon 3 - Phase 1 4th Phase
Routine Work Marana Yoga Until 7:55PM then Amrita Yoga Until 1.30AM Sun then Marana Yoga		Aslesha* Until 7:55PM Shula* Until 8:36AM Tailita Until 9:08PM Navami* Until 9:08AM	Ganesha: Purple <i>Sunrise: 5:48AM</i> Muruqa: Yellow <i>Sunset: 6:22PM</i> Nataraja: White Moon – Blue Subha Sivaloka Day Chaitra*Chaitra

2	Sunday, April 21, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Yangon, Myanmar
	Simha Rasi: 5.04 Tithi 10 – 11 254767268	Gulika 3:13PM – 4:48PM Yama 12:05PM – 1:39PM Rahu 4:48PM – 6:22PM	Sun 24 Sutra 8 Vijaya 5115 Moon 3 - Phase 1 4th Phase
Routine Work Marana Yoga Until 9:15PM then Siddha Yoga		Magha* Until 9:15PM Ganda* Until 8:09AM Vanija Until 9:51PM Dasami Until 9:51AM	Ganesha: Purple <i>Sunrise: 5:48AM</i> Muruqa: Yellow <i>Sunset: 6:22PM</i> Nataraja: White Moon – Red Devaloka Day Chaitra*Chaitra

3	Monday, April 22, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Yangon, Myanmar
	Simha Rasi: 18.03 Tithi 11 – 12 Family Home Evening 254767268	Gulika 1:39PM – 3:13PM Yama 10:30AM – 12:05PM Rahu 7:21AM – 8:56AM	Sun 25 Sutra 9 Vijaya 5115 Moon 3 - Phase 1 4th Phase
Creative Work Siddha Yoga Until 9:54PM then Marana Yoga Until 1.30AM Tue then Amrita Yoga		Purvaphalguni* Until 9:54PM Vridhhi Until 7:06AM Bava Until 9:51PM Ekadasi Until 9:51AM	Ganesha: Purple <i>Sunrise: 5:47AM</i> Muruqa: Yellow <i>Sunset: 6:22PM</i> Nataraja: White Moon – Red Devaloka Day Chaitra*Chaitra

4	Tuesday, April 23, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Yangon, Myanmar
	Kanya Rasi: 1.26 Tithi 12 – 13 254767268	Gulika 12:04PM – 1:39PM Yama 8:55AM – 10:30AM Rahu 3:13PM – 4:48PM	Sun 26 Sutra 10 Vijaya 5115 Moon 3 - Phase 1 4th Phase
Creative Work Amrita Yoga Until 8:42PM then Siddha Yoga		Uttaraphalguni Until 8:42PM Vyaghata* Until 2:43AM Wed Kaulava Until 7:53PM Dvadasi Until 8:49AM	Ganesha: Purple <i>Sunrise: 5:46AM</i> Muruqa: Yellow <i>Sunset: 6:22PM</i> Nataraja: White Moon – Red Devaloka Day Chaitra*Chaitra

Pradosha Vrata

5	Wednesday, April 24, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Harshana Yoga Tailita/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 15.13 Tithi 13 – 14 265767268	Gulika 10:30AM – 12:04PM Yama 7:20AM – 8:55AM Rahu 12:04PM – 1:39PM	Sun 27 Sutra 11 Vijaya 5115 Moon 3 - Phase 1 4th Phase
Creative Work Siddha Yoga		Hasta Until 7:55PM Harshana Until 12:26AM Thu Gara Until 6:23PM Trayodasi Until 7:19AM	Ganesha: White <i>Sunrise: 5:46AM</i> Muruqa: Yellow <i>Sunset: 6:22PM</i> Nataraja: White Moon – Green Subha Sivaloka Day Chaitra*Chaitra

○	Thursday, April 25, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnima* Yam Titau	Yangon, Myanmar
	Kanya Rasi: 29.23 Tithi 15 265767269	Gulika 8:55AM – 10:29AM Yama 5:45AM – 7:20AM Rahu 1:39PM – 3:13PM	Sun 27 Sutra 12 Vijaya 5115 Moon 3 - Phase 1 Purnima
Creative Work Siddha Yoga Until 6:30PM then Amrita Yoga Until 1.29AM Fri then Siddha Yoga		Chitra Until 6:30PM Vajra* Until 9:33PM Visti Until 3:28PM Purnima* Until 1:45AM Fri	Ganesha: White <i>Sunrise: 5:45AM</i> Muruqa: Yellow <i>Sunset: 6:23PM</i> Nataraja: Clear Moon – Green Sivaloka Day Chaitra*Chaitra

**Partial Lunar Eclipse
Hanuman Jayanti**

○	Friday, April 26, 2013	Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Yangon, Myanmar
	Tula Rasi: 13.52 Tithi 16 265767269	Gulika 7:19AM – 8:54AM Yama 3:13PM – 4:48PM Rahu 10:29AM – 12:04PM	Sun 28 Sutra 13 Vijaya 5115 Moon 3 - Phase 1 Prathama
Creative Work Siddha Yoga Until 3:50PM then Marana Yoga Until 1.29AM Sat then Siddha Yoga		Svati Until 3:50PM Siddhi Until 5:24PM Balava Until 12:53PM Prathama* Until 11:11PM	Ganesha: White <i>Sunrise: 5:45AM</i> Muruqa: Yellow <i>Sunset: 6:23PM</i> Nataraja: Clear Moon – Green Sivaloka Day Chaitra*Chaitra

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH,84

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