



Monday, May 7, 2012
Gold Retreat Star

Vrischika Rasi: 8.04 Tithi 17
Family Home Evening 275217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Parigha* Yoga Tailila/Gara Karana Dvitiya Yam Titau

Trieste, Italy
Sutra 25
Nandana 5114

Gulika 1:52PM – 3:42PM **Anuradha Until 7:46PM** **Ganesha:** White *Sunrise: 4:45AM*
Yama 10:14AM – 12:03PM **Parigha* Until 12:22AM Tue** **Muruqa:** White *Sunset: 7:21PM*
Rahu 6:35AM – 8:24AM **Gara Until 11:05AM** **Nataraja:** Clear
Moon – Orange **Devaloka Day**
Vaisaka-Chaitra

Tuesday, May 8, 2012

1

Vrischika Rasi: 23.04 Tithi 18
275217269
Creative Work Siddha Yoga
Until 5:06PM then Amrita Yoga
Until 7:59PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Vanija/Visiti* Karana Tritiya Yam Titau

Trieste, Italy
Sutra 26
Nandana 5114

Gulika 12:03PM – 1:53PM **Jyeshtha* Until 5:06PM** **Ganesha:** White *Sunrise: 4:44AM*
Yama 8:23AM – 10:13AM **Shiva Until 8:25PM** **Muruqa:** White *Sunset: 7:22PM*
Rahu 3:42PM – 5:32PM **Vanija Until 7:35AM** **Nataraja:** Clear
Moon – Orange **Devaloka Day**
Vaisaka-Chaitra

Wednesday, May 9, 2012

2

Dhanus Rasi: 7.46 Tithi 19 – 20
285217269
Routine Work Marana Yoga
Until 3:33PM then Amrita Yoga
Until 7:58PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Trieste, Italy
Sutra 27
Nandana 5114

Gulika 10:13AM – 12:03PM **Mula* Until 3:33PM** **Ganesha:** Yellow *Sunrise: 4:43AM*
Yama 6:33AM – 8:23AM **Siddha Until 5:39PM** **Muruqa:** White *Sunset: 7:23PM*
Rahu 12:03PM – 1:53PM **Kaulava Until 2:40AM Thu** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Thursday, May 10, 2012

3

Dhanus Rasi: 22.04 Tithi 20 – 21
285217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Trieste, Italy
Sutra 28
Nandana 5114

Gulika 8:22AM – 10:12AM **Purvashadha* Until 1:53PM** **Ganesha:** Yellow *Sunrise: 4:41AM*
Yama 4:41AM – 6:33AM **Sadhya Until 2:33PM** **Muruqa:** White *Sunset: 7:24PM*
Rahu 1:53PM – 3:44PM **Gara Until 12:12AM Fri** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Friday, May 11, 2012

4

Makara Rasi: 5.56 Tithi 21 – 22
285217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha*/Sravana Nakshatra Subha/Sukla Yoga Vanija/Visiti* Karana Shasthi*/Saptami Yam Titau

Trieste, Italy
Sutra 29
Nandana 5114

Gulika 6:31AM – 8:21AM **Uttarashadha Until 1:30PM** **Ganesha:** Yellow *Sunrise: 4:40AM*
Yama 3:44PM – 5:35PM **Subha Until 12:35PM** **Muruqa:** White *Sunset: 7:26PM*
Rahu 10:12AM – 12:03PM **Visiti Until 11:54PM** **Nataraja:** Clear
Moon – Light Blue **Sivaloka Day**
Vaisaka-Chaitra

Saturday, May 12, 2012



Retreat Star

Makara Rasi: 19.22 Tithi 22 – 23
295217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashlami* Yam Titau

Trieste, Italy
Sutra 30
Nandana 5114

Gulika 4:39AM – 6:30AM **Sravana Until 1:20PM** **Ganesha:** Blue *Sunrise: 4:39AM*
Yama 1:54PM – 3:45PM **Sukla Until 10:46AM** **Muruqa:** White *Sunset: 7:27PM*
Rahu 8:21AM – 10:12AM **Balava Until 10:59PM** **Nataraja:** Clear
Moon – Purple **Devaloka Day**
Vaisaka-Chaitra

Chidambaram Abhishekam

Saptami Until 10:59AM

Sunday, May 13, 2012

Retreat Star

Kumbha Rasi: 2.23 Tithi 23 – 24
295217269
Creative Work Siddha Yoga


Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha*/Salabhisha Nakshatra Brahma/Indra Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Trieste, Italy
Sutra 31
Nandana 5114

Gulika 3:45PM – 5:37PM **Dhanishtha Until 1:54PM** **Ganesha:** Blue *Sunrise: 4:38AM*
Yama 12:03PM – 1:54PM **Brahma Until 9:38AM** **Muruqa:** White *Sunset: 7:28PM*
Rahu 5:37PM – 7:28PM **Tailila Until 10:51PM** **Nataraja:** Clear
Moon – Purple **Devaloka Day**
Vaisaka-Chaitra

Mother's Day

Ashtami* Until 10:51AM

1	Monday, May 14, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Kumbha Rasi: 15.04 Tithi 24 – 25 Family Home Evening 295217269 Creative Work Siddha Yoga Until 3:52PM then no yoga Until 7.58PM then Marana Yoga	Gulika 1:54PM – 3:46PM Yama 10:11AM – 12:03PM Rahu 6:28AM – 8:20AM	Satabhisha Until 3:52PM Indra Until 9:21AM Vanija Until 1:01AM Tue Navami* Until 11:56AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Vaisaka-Vaikasi	Sunrise: 4:36AM Sunset: 7:29PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Devaloka Day
2	Tuesday, May 15, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Trieste, Italy
	Kumbha Rasi: 27.27 Tithi 25 – 26 215217269 Routine Work Marana Yoga Until 5:46PM then Amrita Yoga Until 7.58PM then Siddha Yoga	Gulika 12:03PM – 1:55PM Yama 8:19AM – 10:11AM Rahu 3:47PM – 5:38PM	Purvaprostapada* Until 5:46PM Vaidhriti* Until 9:19AM Bava Until 2:17AM Wed Dasami Until 1:11PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:35AM Sunset: 7:30PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Devaloka Day
3	Wednesday, May 16, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Vishkambha*/Priti* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Trieste, Italy
	Meena Rasi: 9.37 Tithi 26 – 27 215217269 Creative Work Siddha Yoga	Gulika 10:11AM – 12:03PM Yama 6:26AM – 8:18AM Rahu 12:03PM – 1:55PM	Uttaraprostapada Until 8:06PM Vishkambha* Until 9:42AM Kaulava Until 4:02AM Thu Ekadasi* Until 2:56PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:34AM Sunset: 7:31PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Devaloka Day
4	Thursday, May 17, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Trieste, Italy
	Meena Rasi: 21.37 Tithi 27 – 28 216217269 Creative Work Siddha Yoga Until 10:47PM then Amrita Yoga	Gulika 8:18AM – 10:10AM Yama 4:33AM – 6:26AM Rahu 1:55PM – 3:48PM	Revati Until 10:47PM Priti Until 10:24AM Gara Until 6:09AM Fri Dvadasi* Until 5:03PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Clear Vaisaka-Vaikasi	Sunrise: 4:33AM Sunset: 7:33PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Sivaloka Day
5	Friday, May 18, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Trieste, Italy
	Mesha Rasi: 3.29 Tithi 28 226217269 Creative Work Amrita Yoga Until 7.58PM then Siddha Yoga	Gulika 6:25AM – 8:17AM Yama 3:48PM – 5:41PM Rahu 10:10AM – 12:03PM	Asvini Until 1:41AM Sat Ayushman Until 11:18AM Gara Until 6:20AM Trayodasi* Until 7:25PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:32AM Sunset: 7:34PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Sivaloka Day
6	Saturday, May 19, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Trieste, Italy
	Mesha Rasi: 15.18 Tithi 29 226217269 Creative Work Siddha Yoga Until 7.59PM then no yoga Until 4:45AM Sun then Siddha Yoga	Gulika 4:31AM – 6:24AM Yama 1:56PM – 3:49PM Rahu 8:17AM – 10:10AM	Bharani Until 4:45AM Sun Saubhagya Until 12:21PM Visti Until 8:51AM Chaturdasi* Until 9:57PM	Ganesha: Red Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:31AM Sunset: 7:35PM	Nandana 5114 Moon 4 - Phase 5 2nd Phase Sivaloka Day
	Sunday, May 20, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Trieste, Italy
	Retreat Star Mesha Rasi: 27.04 Tithi 30 226217269 Creative Work Siddha Yoga Until 7.59PM then no yoga Until 8:16AM Mon then Amrita Yoga	Gulika 3:49PM – 5:43PM Yama 12:03PM – 1:56PM Rahu 5:43PM – 7:36PM	Krittika Until 8:16AM Mon Sobhana Until 1:26PM Catuspada Until 11:26AM Amavasya* Until 12:31AM Mon	Ganesha: Red Muruqa: White Nataraja: Clear Moon – White Vaisaka-Vaikasi	Sunrise: 4:30AM Sunset: 7:36PM	Nandana 5114 Moon 4 - Phase 5 Amavasya Sivaloka Day
7	Monday, May 21, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Trieste, Italy
	Retreat Star Vrishabha Rasi: 8.52 Tithi 1 Family Home Evening 226217269 No Yoga Until 8:16AM then Amrita Yoga	Gulika 1:57PM – 3:50PM Yama 10:10AM – 12:03PM Rahu 6:23AM – 8:16AM	Krittika Until 8:16AM Athiganda* Until 2:30PM Kintughna Until 1:59PM Prathama* Until 3:04AM Tue	Ganesha: Red Muruqa: White Nataraja: Clear Moon – White Jyeshtha-Vaikasi	Sunrise: 4:29AM Sunset: 7:37PM	Nandana 5114 Moon 4 - Phase 5 Prathama Sivaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

All times are standard time

www.gurudeva.org/panchang

1	Tuesday, May 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau					Trieste, Italy Sutra 40 Nandana 5114
	Wishabha Rasi: 20.43 Tithi 2 236217269	Gulika 12:03PM – 1:57PM Yama 8:16AM – 10:09AM Rahu 3:51PM – 5:44PM	Rohini Until 11:13AM Sukarma Until 3:28PM Balava Until 4:24PM Dvitiya Until 5:30AM Wed	Ganesha: Yellow <i>Sunrise: 4:28AM</i> Muruqa: White <i>Sunset: 7:38PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 11:13AM then Siddha Yoga						


2	Wednesday, May 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Dhriti/Shula* Yoga Tailila Karana Tritiya Yam Titau					Trieste, Italy Sutra 41 Nandana 5114
	Mithuna Rasi: 2.4 Tithi 3 236217269	Gulika 10:09AM – 12:03PM Yama 6:21AM – 8:15AM Rahu 12:03PM – 1:57PM	Mrigasira Until 2:00PM Dhriti Until 4:14PM Tailila Until 6:37PM Tritiya Until 7:26AM Thu	Ganesha: Yellow <i>Sunrise: 4:27AM</i> Muruqa: White <i>Sunset: 7:39PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 7:59PM then Marana Yoga						

3	Thursday, May 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau					Trieste, Italy Sutra 42 Nandana 5114
	Mithuna Rasi: 14.46 Tithi 3 – 4 237217269	Gulika 8:15AM – 10:09AM Yama 4:26AM – 6:21AM Rahu 1:57PM – 3:52PM	Ardra Until 4:29PM Shula* Until 4:46PM Vanija Until 8:31PM Tritiya Until 7:26AM	Ganesha: Blue <i>Sunrise: 4:26AM</i> Muruqa: White <i>Sunset: 7:40PM</i> Nataraja: Clear Moon – Yellow Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Devaloka Day
	Routine Work Marana Yoga Until 4:29PM then Amrita Yoga Until 7:59PM then Siddha Yoga						

4	Friday, May 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Trieste, Italy Sutra 43 Nandana 5114
	Mithuna Rasi: 27.01 Tithi 4 – 5 347217269	Gulika 6:20AM – 8:14AM Yama 3:52PM – 5:47PM Rahu 10:09AM – 12:03PM	Punarvasu Until 6:38PM Ganda* Until 4:58PM Bava Until 8:42PM Chaturthi* Until 8:42AM	Ganesha: Blue <i>Sunrise: 4:26AM</i> Muruqa: White <i>Sunset: 7:41PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 6:38PM then Marana Yoga Until 7:59PM then Siddha Yoga						

5	Saturday, May 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Pushya Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Trieste, Italy Sutra 44 Nandana 5114
	Kataka Rasi: 9.31 Tithi 5 – 6 347217269	Gulika 4:25AM – 6:19AM Yama 1:58PM – 3:53PM Rahu 8:14AM – 10:09AM	Pushya Until 7:13PM Vridhhi Until 3:59PM Kaulava Until 9:39PM Panchami Until 9:39AM	Ganesha: Blue <i>Sunrise: 4:25AM</i> Muruqa: White <i>Sunset: 7:42PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 7:13PM then Marana Yoga Until 7:59PM then Siddha Yoga						

6	Sunday, May 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau					Trieste, Italy Sutra 45 Nandana 5114
	Kataka Rasi: 22.16 Tithi 6 – 7 347217269	Gulika 3:53PM – 5:48PM Yama 12:04PM – 1:58PM Rahu 5:48PM – 7:43PM	Aslesha* Until 8:17PM Dhruva Until 3:20PM Gara Until 10:04PM Shasthi* Until 10:04AM	Ganesha: Blue <i>Sunrise: 4:24AM</i> Muruqa: White <i>Sunset: 7:43PM</i> Nataraja: Clear Moon – Blue Jyeshtha-Vaikasi			Moon 4 - Phase 6 3rd Phase Devaloka Day
	Creative Work Siddha Yoga						

	Monday, May 28, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Trieste, Italy Sutra 46 Nandana 5114
	Simha Rasi: 5.2 Tithi 7 – 8 Family Home Evening 357217269	Gulika 1:59PM – 3:54PM Yama 10:09AM – 12:04PM Rahu 6:18AM – 8:14AM	Magha* Until 8:46PM Vyaghata* Until 2:08PM Visti Until 9:50PM Saptami Until 9:50AM	Ganesha: Yellow <i>Sunrise: 4:23AM</i> Muruqa: White <i>Sunset: 7:44PM</i> Nataraja: Clear Moon – Red Jyeshtha-Vaikasi			Moon 4 - Phase 6 Ashtami Sivaloka Day
	Creative Work Siddha Yoga						

Retreat Star	Tuesday, May 29, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Trieste, Italy Sutra 47 Nandana 5114
	Simha Rasi: 18.46 Tithi 8 – 9 357217269	Gulika 12:04PM – 1:59PM Yama 8:13AM – 10:09AM Rahu 3:54PM – 5:50PM	Purvaphalguni* Until 7:33PM Harshana Until 11:54AM Balava Until 7:45PM Ashtami* Until 8:40AM	Ganesha: Yellow <i>Sunrise: 4:23AM</i> Muruqa: White <i>Sunset: 7:45PM</i> Nataraja: Clear Moon – Red Jyeshtha-Vaikasi			Moon 4 - Phase 6 Navami Sivaloka Day
	Creative Work Siddha Yoga Until 7:33PM then Amrita Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Wednesday, May 30, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy Sutra 48 Nandana 5114
	Kanya Rasi: 2.35 Tithi 9 – 10 357317269	Gulika 10:08AM – 12:04PM Yama 6:18AM – 8:13AM Rahu 12:04PM – 1:59PM	Uttaraphalguni Until 6:43PM Vajra* Until 9:36AM Taitila Until 6:10PM Navami* Until 7:05AM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Red Jyeshtha-Vaikasi	Sunrise: 4:22AM Sunset: 7:46PM	Moon 4 - Phase 7 4th Phase Subha Sivaloka Day
2	Thursday, May 31, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Trieste, Italy Sutra 49 Nandana 5114
	Kanya Rasi: 16.47 Tithi 11 368317269	Gulika 8:13AM – 10:08AM Yama 4:21AM – 6:17AM Rahu 2:00PM – 3:55PM	Hasta Until 4:28PM Siddhi Until 6:38AM Vanija Until 3:09PM Ekadasi Until 1:27AM Fri	Ganesha: White Muruqa: White Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:21AM Sunset: 7:47PM	Moon 4 - Phase 7 4th Phase Devaloka Day
3	Friday, June 1, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Bava/Balava Karana Dvadasi Yam Titau				Trieste, Italy Sutra 50 Nandana 5114
	Tula Rasi: 1.21 Tithi 12 368317269	Gulika 6:17AM – 8:13AM Yama 3:56PM – 5:52PM Rahu 10:08AM – 12:04PM	Chitra Until 2:30PM Variyan Until 11:20PM Bava Until 12:24PM Dvadasi Until 10:41PM	Ganesha: White Muruqa: White Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:21AM Sunset: 7:48PM	Moon 4 - Phase 7 4th Phase Devaloka Day
4	Saturday, June 2, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Svati/Visakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Trieste, Italy Sutra 51 Nandana 5114
	Tula Rasi: 16.13 Tithi 13 368327269	Gulika 4:20AM – 6:16AM Yama 2:00PM – 3:56PM Rahu 8:12AM – 10:08AM	Svati Until 12:04PM Parigha* Until 7:37PM Kaulava Until 9:09AM Trayodasi Until 7:26PM <i>Pradosha Vrata</i>	Ganesha: White Muruqa: Clear Nataraja: Clear Moon – Green Jyeshtha-Vaikasi	Sunrise: 4:20AM Sunset: 7:48PM	Moon 4 - Phase 7 4th Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
5	Sunday, June 3, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Trieste, Italy Sutra 52 Nandana 5114
	Vrischika Rasi: 1.14 Tithi 14 – 15 378327269	Gulika 3:57PM – 5:53PM Yama 12:05PM – 2:01PM Rahu 5:53PM – 7:49PM	Visakha Until 9:21AM Shiva Until 3:38PM Visti Until 2:10AM Mon Chaturdasi* Until 3:52PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:20AM Sunset: 7:49PM	Moon 4 - Phase 7 4th Phase Devaloka Day
○	Monday, June 4, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Trieste, Italy Sutra 53 Nandana 5114
	Copper Retreat Star Vrischika Rasi: 16.2 Tithi 15 – 16 Family Home Evening 378327269 Creative Work Siddha Yoga	Gulika 2:01PM – 3:57PM Yama 10:08AM – 12:05PM Rahu 6:16AM – 8:12AM	Anuradha Until 6:32AM Siddha Until 11:34AM Balava Until 10:31PM Purnima* Until 12:14PM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – Orange Jyeshtha-Vaikasi	Sunrise: 4:19AM Sunset: 7:50PM	Moon 4 - Phase 7 Purnima Devaloka Day
○	Tuesday, June 5, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sutra 54 Nandana 5114
	Silver Retreat Star Dhanus Rasi: 1.19 Tithi 16 – 17 388327261 Creative Work Amrita Yoga Until 8.01PM then Marana Yoga Until 1:14AM Wed then Amrita Yoga	Gulika 12:05PM – 2:01PM Yama 8:12AM – 10:08AM Rahu 3:58PM – 5:54PM	Mula* Until 1:14AM Wed Sadhya Until 7:39AM Taitila Until 7:02PM Prathama* Until 8:45AM	Ganesha: Purple Muruqa: Clear Nataraja: Clear Moon – Light Blue Jyeshtha-Vaikasi	Sunrise: 4:19AM Sunset: 7:51PM	Moon 4 - Phase 7 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda, Isau 3. bo UpR, 570

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Wednesday, June 6, 2012

Gold Retreat Star

Dhanu Rasi: 16.04 Tithi 18
389327261
Creative Work Amrita Yoga
Until 8.01PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiya Yam Titau

Trieste, Italy
Sun 1 Sutra 55
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 10:08AM – 12:05PM	Purvashadha* Until 12:10AM Thu	Ganesha: Clear <i>Sunrise: 4:19AM</i>	
Yama 6:15AM – 8:12AM	Sukla Until 1:17AM Thu	Muruqa: Clear <i>Sunset: 7:51PM</i>	
Rahu 12:05PM – 2:02PM	Vanija Until 4:43PM	Nataraja: Clear	Devaloka Day
	Tritiya Until 3:47AM Thu	Moon – Light Blue	Jyeshtha-Vaikasi

Thursday, June 7, 2012

1

Makara Rasi: 0.29 Tithi 19
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthi* Yam Titau

Trieste, Italy
Sun 2 Sutra 56
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 8:12AM – 10:09AM	Uttarashadha Until 10:18PM	Ganesha: Clear <i>Sunrise: 4:18AM</i>	
Yama 4:18AM – 6:15AM	Brahma Until 10:01PM	Muruqa: Clear <i>Sunset: 7:52PM</i>	
Rahu 2:02PM – 3:59PM	Bava Until 2:01PM	Nataraja: Clear	Devaloka Day
	Chaturthi* Until 1:06AM Fri	Moon – Light Blue	Jyeshtha-Vaikasi

Friday, June 8, 2012

2

Makara Rasi: 14.29 Tithi 20
399327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana Nakshatra Indra Yoga Kaulava/Taitila Karana Panchami Yam Titau

Trieste, Italy
Sun 3 Sutra 57
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 6:15AM – 8:12AM	Sravana Until 9:10PM	Ganesha: Purple <i>Sunrise: 4:18AM</i>	
Yama 3:59PM – 5:56PM	Indra Until 7:26PM	Muruqa: Clear <i>Sunset: 7:53PM</i>	
Rahu 10:09AM – 12:05PM	Kaulava Until 12:06PM	Nataraja: Clear	Sivaloka Day
	Panchami Until 11:10PM	Moon – Purple	Jyeshtha-Vaikasi

Saturday, June 9, 2012

3

Makara Rasi: 28.02 Tithi 21
399327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Trieste, Italy
Sun 4 Sutra 58
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 4:18AM – 6:15AM	Dhanishtha Until 9:56PM	Ganesha: Purple <i>Sunrise: 4:18AM</i>	
Yama 2:03PM – 4:00PM	Vaidhriti* Until 6:22PM	Muruqa: Clear <i>Sunset: 7:53PM</i>	
Rahu 8:12AM – 10:09AM	Gara Until 11:25AM	Nataraja: Clear	Sivaloka Day
	Shasthi* Until 11:25PM	Moon – Purple	Jyeshtha-Vaikasi

Sunday, June 10, 2012

4

Kumbha Rasi: 11.1 Tithi 22
399327261
Creative Work Siddha Yoga
Until 10:19PM then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha Nakshatra Vishkambha* Priti Yoga Visti*/Bava Karana Saptami Yam Titau

Trieste, Italy
Sun 5 Sutra 59
Nandana 5114
Moon 5 - Phase 8
1st Phase

Gulika 4:00PM – 5:57PM	Satabhisha Until 10:19PM	Ganesha: Purple <i>Sunrise: 4:18AM</i>	
Yama 12:06PM – 2:03PM	Vishkambha* Until 5:06PM	Muruqa: Clear <i>Sunset: 7:54PM</i>	
Rahu 5:57PM – 7:54PM	Visti Until 11:05AM	Nataraja: Clear	Sivaloka Day
	Saptami Until 11:05PM	Moon – Purple	Jyeshtha-Vaikasi

Monday, June 11, 2012

D

Retreat Star

Kumbha Rasi: 23.53 Tithi 23
319327261
Family Home Evening
No Yoga
Until 8.02PM then Marana Yoga
Until 12:54AM Tue then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Trieste, Italy
Sun 6 Sutra 60
Nandana 5114
Moon 5 - Phase 8
Ashtami

Gulika 2:03PM – 4:00PM	Purvaprostapada* Until 12:54AM Tue	Ganesha: Blue <i>Sunrise: 4:17AM</i>	
Yama 10:09AM – 12:06PM	Priti Until 5:18PM	Muruqa: Clear <i>Sunset: 7:55PM</i>	
Rahu 6:15AM – 8:12AM	Balava Until 12:03PM	Nataraja: Clear	Sivaloka Day
	Ashtami* Until 1:08AM Tue	Moon – Clear	Jyeshtha-Vaikasi

Tuesday, June 12, 2012

Retreat Star

Meena Rasi: 6.17 Tithi 24
319327261
Creative Work Amrita Yoga
Until 8.02PM then Siddha Yoga
Until 2:46AM Wed then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navami* Yam Titau

Trieste, Italy
Sun 7 Sutra 61
Nandana 5114
Moon 5 - Phase 8
Navami

Gulika 12:06PM – 2:03PM	Uttaraprostapada Until 2:46AM Wed	Ganesha: Blue <i>Sunrise: 4:17AM</i>	
Yama 8:12AM – 10:09AM	Ayushman Until 5:17PM	Muruqa: Clear <i>Sunset: 7:55PM</i>	
Rahu 4:01PM – 5:58PM	Taitila Until 1:16PM	Nataraja: Clear	Sivaloka Day
	Navami* Until 2:22AM Wed	Moon – Clear	Jyeshtha-Vaikasi

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. %ig Veda Sanhita 2.28.5. VE,514

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1	Wednesday, June 13, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Dasami Yam Titau				Trieste, Italy Sun 8 Sutra 62 Nandana 5114	
	Meena Rasi: 18.25	Tithi 25	Gulika 10:09AM – 12:06PM Yama 6:14AM – 8:12AM Rahu 12:06PM – 2:04PM	Revati Until 5:10AM Thu Saubhagya Until 5:43PM Vanja Until 3:04PM Dasami Until 4:09AM Thu	Ganesha: Blue Muruqa: Clear Nataraja: Clear Moon – Clear Jyeshtha-Vaikasi	Sunrise: 4:17AM Sunset: 7:56PM	Moon 5 - Phase 9 2nd Phase Sivaloka Day	
Routine Work Marana Yoga Until 8:02PM then Siddha Yoga Until 5:10AM Thu then Amrita Yoga								
2	Thursday, June 14, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Asvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadasi* Yam Titau				Trieste, Italy Sun 9 Sutra 63 Nandana 5114	
	Mesha Rasi: 0.22	Tithi 26	Gulika 8:12AM – 10:09AM Yama 4:17AM – 6:14AM Rahu 2:04PM – 4:01PM	Asvini Until 8:17AM Fri Sobhana Until 6:31PM Bava Until 5:16PM Ekadasi* Until 6:37AM Fri	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Jyeshtha-Ani	Sunrise: 4:17AM Sunset: 7:56PM	Moon 5 - Phase 9 2nd Phase Devaloka Day	
Creative Work Amrita Yoga Until 8:17AM Fri then Siddha Yoga								
3	Friday, June 15, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Trieste, Italy Sun 10 Sutra 64 Nandana 5114	
	Mesha Rasi: 12.11	Tithi 26 – 27	Gulika 6:15AM – 8:12AM Yama 4:02PM – 5:59PM Rahu 10:09AM – 12:07PM	Asvini Until 8:17AM Athiganda* Until 7:32PM Kaulava Until 7:43PM Ekadasi* Until 6:37AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Jyeshtha-Ani	Sunrise: 4:17AM Sunset: 7:56PM	Moon 5 - Phase 9 2nd Phase Devaloka Day	
Creative Work Amrita Yoga Until 8:17AM then Siddha Yoga								
4	Saturday, June 16, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Trieste, Italy Sun 11 Sutra 65 Nandana 5114	
	Mesha Rasi: 23.59	Tithi 27 – 28	Gulika 4:17AM – 6:15AM Yama 2:04PM – 4:02PM Rahu 8:12AM – 10:10AM	Bharani Until 11:23AM Sukarma Until 8:38PM Gara Until 10:16PM Dvadasi* Until 9:11AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Jyeshtha-Ani	Sunrise: 4:17AM Sunset: 7:57PM	Moon 5 - Phase 9 2nd Phase Devaloka Day	
Creative Work Siddha Yoga Until 11:23AM then Amrita Yoga Until 8:03PM then Siddha Yoga								
5	Sunday, June 17, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanja/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Trieste, Italy Sun 12 Sutra 66 Nandana 5114	
	Vrishabha Rasi: 5.46	Tithi 28 – 29	Gulika 4:02PM – 6:00PM Yama 12:07PM – 2:05PM Rahu 6:00PM – 7:57PM	Krittika Until 2:28PM Dhriti Until 9:43PM Visti Until 12:48AM Mon Trayodasi* Until 11:43AM	Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Jyeshtha-Ani	Sunrise: 4:17AM Sunset: 7:57PM	Moon 5 - Phase 9 2nd Phase Devaloka Day	
Creative Work Siddha Yoga Until 8:03PM then Amrita Yoga								
Monday, June 18, 2012	Retreat Star		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigasira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Trieste, Italy Sun 13 Sutra 67 Nandana 5114	
	Vrishabha Rasi: 17.38	Tithi 29 – 30	Gulika 2:05PM – 4:02PM Yama 10:10AM – 12:07PM Rahu 6:15AM – 8:12AM	Rohini Until 5:24PM Shula* Until 10:40PM Catuspada Until 3:12AM Tue Chaturdasi* Until 2:06PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Yellow Jyeshtha-Ani	Sunrise: 4:17AM Sunset: 7:58PM	Moon 5 - Phase 9 Amavasya Devaloka Day	
Family Home Evening Creative Work Amrita Yoga Until 8:03PM then Siddha Yoga								
Tuesday, June 19, 2012	Retreat Star		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy Sun 14 Sutra 68 Nandana 5114	
	Vrishabha Rasi: 29.37	Tithi 30 – 1	Gulika 12:08PM – 2:05PM Yama 8:13AM – 10:10AM Rahu 4:03PM – 6:00PM	Mrigasira Until 8:07PM Ganda* Until 11:24PM Kintughna Until 5:20AM Wed Amavasya* Until 4:14PM	Ganesha: Orange Muruqa: Clear Nataraja: Clear Moon – Yellow Ashada-Ani	Sunrise: 4:17AM Sunset: 7:58PM	Moon 5 - Phase 9 Prathama Devaloka Day	
Creative Work Siddha Yoga								

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

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1	Wednesday, June 20, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy
	Mithuna Rasi: 11.44	Tithi 1 – 2	331327261	Sun 15	Sutra 69	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Creative Work Siddha Yoga Until 8.04PM then Marana Yoga Until 10:31PM then Amrita Yoga			Gulika 10:10AM – 12:08PM Yama 6:15AM – 8:13AM Rahu 12:08PM – 2:05PM	Ardra Until 10:31PM Vriddhi Until 11:52PM Balava Until 7:07AM Thu Prathama* Until 6:02PM	Ganesha: Orange <i>Sunrise: 4:18AM</i> Muruqa: Clear <i>Sunset: 7:58PM</i> Nataraja: Clear Moon – Yellow Ashada*Ani	Devaloka Day	

2	Thursday, June 21, 2012		Nandana Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Trieste, Italy
	Mithuna Rasi: 24.03	Tithi 2	341327261	Sun 16	Sutra 70	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Creative Work Amrita Yoga Until 8.04PM then Siddha Yoga Until 11:08PM then Marana Yoga			Gulika 8:13AM – 10:10AM Yama 4:18AM – 6:15AM Rahu 2:06PM – 4:03PM	Punarvasu Until 11:08PM Dhruva Until 11:59PM Balava Until 6:18AM Dvitiya Until 6:18PM	Ganesha: Clear <i>Sunrise: 4:18AM</i> Muruqa: Clear <i>Sunset: 7:58PM</i> Nataraja: Clear Moon – Blue Ashada*Ani	Devaloka Day	

3	Friday, June 22, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiya Yam Titau				Trieste, Italy
	Kataka Rasi: 6.35	Tithi 3	341327261	Sun 17	Sutra 71	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 8.04PM then Siddha Yoga Until 12:38AM Sat then Marana Yoga			Gulika 6:16AM – 8:13AM Yama 4:03PM – 6:01PM Rahu 10:11AM – 12:08PM	Pushya Until 12:38AM Sat Vyaghata* Until 10:27PM Taitila Until 7:10AM Tritiya Until 7:10PM	Ganesha: Clear <i>Sunrise: 4:18AM</i> Muruqa: Clear <i>Sunset: 7:58PM</i> Nataraja: Clear Moon – Blue Ashada*Ani	Devaloka Day	

4	Saturday, June 23, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Harshana Yoga Vanija/Visi* Karana Chaturthi* Yam Titau				Trieste, Italy
	Kataka Rasi: 19.19	Tithi 4	341327261	Sun 18	Sutra 72	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 8.04PM then Siddha Yoga Until 1:43AM Sun then Marana Yoga			Gulika 4:18AM – 6:16AM Yama 2:06PM – 4:03PM Rahu 8:13AM – 10:11AM	Aslesha* Until 1:43AM Sun Harshana Until 9:50PM Vanija Until 7:36AM Chaturthi* Until 7:36PM	Ganesha: Clear <i>Sunrise: 4:18AM</i> Muruqa: Clear <i>Sunset: 7:58PM</i> Nataraja: Clear Moon – Blue Ashada*Ani	Devaloka Day	

5	Sunday, June 24, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchami Yam Titau				Trieste, Italy
	Simha Rasi: 2.17	Tithi 5	352427261	Sun 19	Sutra 73	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 8.05PM then Siddha Yoga			Gulika 4:04PM – 6:01PM Yama 12:09PM – 2:06PM Rahu 6:01PM – 7:59PM	Magha* Until 2:24AM Mon Vajra* Until 8:49PM Bava Until 7:34AM Panchami Until 7:34PM	Ganesha: Purple <i>Sunrise: 4:19AM</i> Muruqa: Clear <i>Sunset: 7:59PM</i> Nataraja: Clear Moon – Red Ashada*Ani	Sivaloka Day	

6	Monday, June 25, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Trieste, Italy
	Simha Rasi: 15.3	Tithi 6	352427261	Sun 20	Sutra 74	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 2:37AM Tue then Amrita Yoga			Gulika 2:06PM – 4:04PM Yama 10:11AM – 12:09PM Rahu 6:17AM – 8:14AM	Purvaphalguni* Until 2:37AM Tue Siddhi Until 7:24PM Kaulava Until 6:58AM Shasthi* Until 6:03PM	Ganesha: Purple <i>Sunrise: 4:19AM</i> Muruqa: Clear <i>Sunset: 7:59PM</i> Nataraja: Clear Moon – Red Ashada*Ani	Sivaloka Day	

Retreat Star	Tuesday, June 26, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Gara/Visi* Karana Saptami/Ashami* Yam Titau				Trieste, Italy
	Simha Rasi: 28.58	Tithi 7 – 8	352427261	Sun 21	Sutra 75	Nandana 5114	Moon 5 - Phase 10 3rd Phase
Creative Work Amrita Yoga Until 12:55AM Wed then Siddha Yoga			Gulika 12:09PM – 2:06PM Yama 8:14AM – 10:12AM Rahu 4:04PM – 6:01PM	Uttaraphalguni Until 12:55AM Wed Vyatipata* Until 4:45PM Gara Until 6:01AM Saptami Until 5:06PM	Ganesha: Purple <i>Sunrise: 4:19AM</i> Muruqa: Clear <i>Sunset: 7:59PM</i> Nataraja: Clear Moon – Red Ashada*Ani	Sivaloka Day	

Retreat Star	Wednesday, June 27, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Trieste, Italy
	Kanya Rasi: 12.43	Tithi 8 – 9	362427261	Sun 22	Sutra 76	Nandana 5114	Moon 5 - Phase 10 Ashtami
Creative Work Siddha Yoga Until 8.05PM then no yoga Until 12:13AM Thu then Siddha Yoga			Gulika 10:12AM – 12:09PM Yama 6:17AM – 8:15AM Rahu 12:09PM – 2:07PM	Hasta Until 12:13AM Thu Varyan Until 2:35PM Balava Until 2:43AM Thu Ashtami* Until 3:38PM	Ganesha: Clear <i>Sunrise: 4:20AM</i> Muruqa: Clear <i>Sunset: 7:59PM</i> Nataraja: Clear Moon – Green Ashada*Ani	Devaloka Day	

Retreat Star	Thursday, June 28, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Kanya Rasi: 26.44	Tithi 9 – 10	362427261	Sun 23	Sutra 77	Nandana 5114	Moon 5 - Phase 10 Navami
Creative Work Siddha Yoga			Gulika 8:15AM – 10:12AM Yama 4:20AM – 6:18AM Rahu 2:07PM – 4:04PM	Chitra Until 11:02PM Parigha* Until 11:57AM Taitila Until 12:45AM Fri Navami* Until 1:40PM	Ganesha: Clear <i>Sunrise: 4:20AM</i> Muruqa: Clear <i>Sunset: 7:59PM</i> Nataraja: Clear Moon – Green Ashada*Ani	Devaloka Day	


Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49


1	Friday, June 29, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Trieste, Italy Sun 24 Sutra 78 Nandana 5114	
	Tula Rasi: 11.01	Tithi 10 – 11	Gulika 6:18AM – 8:15AM	Svati Until 8:22PM	Ganesha: Clear	<i>Sunrise: 4:21AM</i>	Moon 5 - Phase 11	
	362427261		Yama 4:04PM – 6:01PM	Shiva Until 8:54AM	Muruqa: Clear	<i>Sunset: 7:58PM</i>	4th Phase	
Creative Work Siddha Yoga		Rahu 10:12AM – 12:10PM	Vanija Until 9:07PM	Nataraja: Clear	Moon – Green		Devaloka Day	
				Dasami Until 10:50AM	Ashada*Ani			

2	Saturday, June 30, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Sadhya Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Trieste, Italy Sun 25 Sutra 79 Nandana 5114	
	Tula Rasi: 25.32	Tithi 11 – 12	Gulika 4:21AM – 6:19AM	Visakha Until 6:28PM	Ganesha: White	<i>Sunrise: 4:21AM</i>	Moon 5 - Phase 11	
	372427261		Yama 2:07PM – 4:04PM	Sadhya Until 1:30AM Sun	Muruqa: Clear	<i>Sunset: 7:58PM</i>	4th Phase	
Creative Work Siddha Yoga Until 8.06PM then Marana Yoga		Rahu 8:16AM – 10:13AM	Bava Until 6:26PM	Nataraja: Clear	Moon – Orange		Sivaloka Day	
				Ekadasi Until 8:08AM	Ashada*Ani			

3	Sunday, July 1, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Tailita Karana Trayodasi Yam Titau				Trieste, Italy Sun 26 Sutra 80 Nandana 5114	
	Vrischika Rasi: 10.14	Tithi 13	Gulika 4:04PM – 6:01PM	Anuradha Until 4:17PM	Ganesha: White	<i>Sunrise: 4:22AM</i>	Moon 5 - Phase 11	
	372427261		Yama 12:10PM – 2:07PM	Subha Until 10:01PM	Muruqa: Clear	<i>Sunset: 7:58PM</i>	4th Phase	
Routine Work Marana Yoga Until 8.06PM then Siddha Yoga		Rahu 6:01PM – 7:58PM	Kaulava Until 3:26PM	Nataraja: Clear	Moon – Orange		Sivaloka Day	
				Trayodasi Until 1:43AM Mon	Ashada*Ani			
				<i>Pradosha Vrata</i>				

4	Monday, July 2, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Trieste, Italy Sun 27 Sutra 81 Nandana 5114	
	Vrischika Rasi: 25.01	Tithi 14	Gulika 2:07PM – 4:04PM	Jyeshtha* Until 1:58PM	Ganesha: White	<i>Sunrise: 4:23AM</i>	Moon 5 - Phase 11	
	372427261		Yama 10:13AM – 12:10PM	Sukla Until 6:26PM	Muruqa: Clear	<i>Sunset: 7:58PM</i>	4th Phase	
Family Home Evening Creative Work Siddha Yoga Until 8.06PM then Amrita Yoga		Rahu 6:19AM – 8:16AM	Gara Until 12:18PM	Nataraja: Clear	Moon – Orange		Sivaloka Day	
				Chaturdasi* Until 10:36PM	Ashada*Ani			

	Tuesday, July 3, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnima* Yam Titau				Trieste, Italy Sutra 82 Nandana 5114	
	Copper Retreat Star		Gulika 12:10PM – 2:07PM	Mula* Until 11:43AM	Ganesha: Yellow	<i>Sunrise: 4:23AM</i>	Moon 5 - Phase 11	
	Dhanus Rasi: 9.46	Tithi 15	Yama 8:17AM – 10:14AM	Brahma Until 2:53PM	Muruqa: Clear	<i>Sunset: 7:58PM</i>	Purnima	
382427261		Rahu 4:04PM – 6:01PM	Visti Until 9:14AM	Nataraja: Clear	Moon – Light Blue		Devaloka Day	
Creative Work Amrita Yoga Until 11:43AM then Siddha Yoga Until 8.06PM then Amrita Yoga		Satguru Purnima	Purnima* Until 7:31PM	Ashada*Ani				

	Wednesday, July 4, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Tailita Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sutra 83 Nandana 5114	
	Silver Retreat Star		Gulika 10:14AM – 12:11PM	Purvashadha* Until 9:58AM	Ganesha: Yellow	<i>Sunrise: 4:24AM</i>	Moon 5 - Phase 11	
	Dhanus Rasi: 24.22	Tithi 16 – 17	Yama 6:21AM – 8:17AM	Indra Until 11:56AM	Muruqa: Clear	<i>Sunset: 7:57PM</i>	Prathama	
382427261		Rahu 12:11PM – 2:07PM	Balava Until 6:27AM	Nataraja: Clear	Moon – Light Blue		Devaloka Day	
Creative Work Amrita Yoga Until 8.07PM then Siddha Yoga		Prathama* Until 5:32PM		Ashada*Ani				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

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Thursday, July 5, 2012
Gold Retreat Star

Makara Rasi: 8.41 Tithi 17 – 18
382427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:18AM – 10:14AM
Yama 4:25AM – 6:21AM
Rahu 2:07PM – 4:04PM
Uttarashadha Until 8:15AM
Vaidhriti* Until 8:49AM
Vanija Until 2:04AM Fri
Dvitiya Until 3:00PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Light Blue
Ashada*Ani

Sunrise: 4:25AM
Sunset: 7:57PM

Trieste, Italy
Sun 1 Sutra 84
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

1

Friday, July 6, 2012

Makara Rasi: 22.4 Tithi 18 – 19
492427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:22AM – 8:18AM
Yama 4:04PM – 6:00PM
Rahu 10:14AM – 12:11PM
Sravana Until 7:09AM
Vishkambha* Until 6:15AM
Bava Until 12:11AM Sat
Tritiya Until 1:06PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:25AM
Sunset: 7:56PM

Trieste, Italy
Sun 2 Sutra 85
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

2

Saturday, July 7, 2012

Kumbha Rasi: 6.14 Tithi 19 – 20
492427261
Creative Work Siddha Yoga
Until 6:47AM then Amrita Yoga
Until 8:07PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 4:26AM – 6:22AM
Yama 2:07PM – 4:04PM
Rahu 8:18AM – 10:15AM
Dhanishtha Until 6:47AM
Ayushman Until 3:05AM Sun
Kaulava Until 12:27AM Sun
Chaturthi* Until 12:27PM

Ganesha: Yellow
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:26AM
Sunset: 7:56PM

Trieste, Italy
Sun 3 Sutra 86
Nandana 5114
Moon 6 - Phase 12
1st Phase

Devaloka Day

3

Sunday, July 8, 2012

Kumbha Rasi: 19.24 Tithi 20 – 21
493427261
Creative Work Siddha Yoga
Until 8:07PM then no yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya Yoga Tailita/Gara Karana Panchami/Shashti* Yam Titau

Gulika 4:03PM – 5:59PM
Yama 12:11PM – 2:07PM
Rahu 5:59PM – 7:56PM
Satabhisha Until 7:06AM
Saubhagya Until 1:45AM Mon
Gara Until 12:02AM Mon
Panchami Until 12:02PM

Ganesha: Blue
Muruqa: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:27AM
Sunset: 7:56PM

Trieste, Italy
Sun 4 Sutra 87
Nandana 5114
Moon 6 - Phase 12
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Monday, July 9, 2012

Meena Rasi: 2.1 Tithi 21 – 22
Family Home Evening 413427261
No Yoga
Until 8:20AM then Siddha Yoga
Until 8:07PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashti*/Saptami Yam Titau

Gulika 2:07PM – 4:03PM
Yama 10:15AM – 12:11PM
Rahu 6:23AM – 8:19AM
Purvaprostapada* Until 8:20AM
Sobhana Until 2:33AM Tue
Visti Until 2:05AM Tue
Shashti* Until 1:00PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:28AM
Sunset: 7:55PM

Trieste, Italy
Sun 5 Sutra 88
Nandana 5114
Moon 6 - Phase 12
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM



Tuesday, July 10, 2012

Retreat Star

Meena Rasi: 14.35 Tithi 22 – 23
413427261
Creative Work Amrita Yoga
Until 10:10AM then Siddha Yoga
Until 8:07PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada/Revali Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 12:11PM – 2:07PM
Yama 8:20AM – 10:16AM
Rahu 4:03PM – 5:59PM
Uttaraprostapada Until 10:10AM
Athiganda* Until 2:29AM Wed
Balava Until 3:15AM Wed
Saptami Until 2:10PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:28AM
Sunset: 7:54PM

Trieste, Italy
Sun 6 Sutra 89
Nandana 5114
Moon 6 - Phase 12
Ashtami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Wednesday, July 11, 2012

Retreat Star

Meena Rasi: 26.44 Tithi 23 – 24
413427261
Routine Work Marana Yoga
Until 8:08PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau

Gulika 10:16AM – 12:12PM
Yama 6:25AM – 8:20AM
Rahu 12:12PM – 2:07PM
Revati Until 12:33PM
Sukarma Until 2:55AM Thu
Tailita Until 5:01AM Thu
Ashtami* Until 3:56PM

Ganesha: White
Muruqa: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:29AM
Sunset: 7:54PM

Trieste, Italy
Sun 7 Sutra 90
Nandana 5114
Moon 6 - Phase 12
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. *Krishna Yajur Veda, Maitu 6.34. UpM, 104*

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1	Thursday, July 12, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam			Trieste, Italy	
	Mesha Rasi: 8.41 Tithi 24	Asvini/Bharani Nakshatra Dhriti Yoga Gara Karana Navami* Yam Titau			Sun 8	Sutra 91
	423427261	Gulika 8:21AM – 10:16AM	Asvini Until 3:19PM	Ganesha: Clear <i>Sunrise: 4:30AM</i>	Nandana 5114	
		Yama 4:30AM – 6:25AM	Dhriti Until 3:43AM Fri	Muruqa: Clear <i>Sunset: 7:53PM</i>	Moon 6 - Phase 13	
		Rahu 2:07PM – 4:02PM	Gara Until 7:13AM Fri	Nataraja: Clear	2nd Phase	
			Navami* Until 6:07PM	Moon – White	Devaloka Day	
				Ashada*Ani		


2	Friday, July 13, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam			Trieste, Italy	
	Mesha Rasi: 20.31 Tithi 25	Bharani Nakshatra Shula* Yoga Vanija/Visti* Karana Dasami Yam Titau			Sun 9	Sutra 92
	423427261	Gulika 6:26AM – 8:21AM	Bharani Until 6:19PM	Ganesha: Clear <i>Sunrise: 4:31AM</i>	Nandana 5114	
		Yama 4:02PM – 5:57PM	Shula* Until 4:43AM Sat	Muruqa: Clear <i>Sunset: 7:53PM</i>	Moon 6 - Phase 13	
		Rahu 10:17AM – 12:12PM	Vanija Until 7:29AM	Nataraja: Clear	2nd Phase	
			Dasami Until 8:34PM	Moon – White	Devaloka Day	
				Ashada*Ani		

3	Saturday, July 14, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam			Trieste, Italy	
	Mrishabha Rasi: 2.18 Tithi 26	Krittika Nakshatra Ganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau			Sun 10	Sutra 93
	423427261	Gulika 4:32AM – 6:27AM	Krittika Until 9:24PM	Ganesha: Clear <i>Sunrise: 4:32AM</i>	Nandana 5114	
		Yama 2:07PM – 4:02PM	Ganda* Until 6:11AM Sun	Muruqa: Clear <i>Sunset: 7:52PM</i>	Moon 6 - Phase 13	
		Rahu 8:22AM – 10:17AM	Bava Until 10:00AM	Nataraja: Clear	2nd Phase	
			Ekadasi* Until 11:06PM	Moon – White	Devaloka Day	
				Ashada*Ani		

4	Sunday, July 15, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam			Trieste, Italy	
	Mrishabha Rasi: 14.08 Tithi 27	Rohini Nakshatra Ganda*/Vridhi Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau			Sun 11	Sutra 94
	433427261	Gulika 4:02PM – 5:56PM	Rohini Until 12:23AM Mon	Ganesha: Purple <i>Sunrise: 4:33AM</i>	Nandana 5114	
		Yama 12:12PM – 2:07PM	Ganda* Until 6:11AM	Muruqa: Clear <i>Sunset: 7:51PM</i>	Moon 6 - Phase 13	
		Rahu 5:56PM – 7:51PM	Kaulava Until 12:26PM	Nataraja: Clear	2nd Phase	
			Dvadasi* Until 1:31AM Mon	Moon – Yellow	Bhuloka Day	
				Ashada*Ani	Devaloka Time: 3:PM to 6:PM	

5	Monday, July 16, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam			Trieste, Italy	
	Mrishabha Rasi: 26.06 Tithi 28	Mrigasira Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Sun 12	Sutra 95
	433427262	Gulika 2:07PM – 4:01PM	Mrigasira Until 3:08AM Tue	Ganesha: Purple <i>Sunrise: 4:34AM</i>	Nandana 5114	
		Yama 10:17AM – 12:12PM	Vridhi Until 6:58AM	Muruqa: Clear <i>Sunset: 7:50PM</i>	Moon 6 - Phase 13	
		Rahu 6:28AM – 8:23AM	Gara Until 2:37PM	Nataraja: Purple	2nd Phase	
			Trayodasi* Until 3:42AM Tue	Moon – Yellow	Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>	Ashada*Adi		

6	Tuesday, July 17, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam			Trieste, Italy	
	Mithuna Rasi: 8.14 Tithi 29	Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Sun 13	Sutra 96
	433427262	Gulika 12:12PM – 2:06PM	Ardra Until 5:33AM Wed	Ganesha: Purple <i>Sunrise: 4:35AM</i>	Nandana 5114	
		Yama 8:23AM – 10:18AM	Dhruva Until 7:26AM	Muruqa: Clear <i>Sunset: 7:50PM</i>	Moon 6 - Phase 13	
		Rahu 4:01PM – 5:55PM	Visti Until 4:25PM	Nataraja: Purple	2nd Phase	
			Chaturdasi* Until 5:31AM Wed	Moon – Yellow	Devaloka Day	
				Ashada*Adi		

	Wednesday, July 18, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam			Trieste, Italy	
	Retreat Star	Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Sun 14	Sutra 97
	Mithuna Rasi: 20.34 Tithi 30	Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Nandana 5114	
	443427262	Gulika 10:18AM – 12:12PM	Punarvasu Until 6:19AM Thu	Ganesha: Light Blue <i>Sunrise: 4:36AM</i>	Moon 6 - Phase 13	
		Yama 6:30AM – 8:24AM	Vyaghata* Until 7:23AM	Muruqa: Clear <i>Sunset: 7:49PM</i>	Amavasya	
		Rahu 12:12PM – 2:06PM	Catuspada Until 4:46PM	Nataraja: Purple	Devaloka Day	
			Amavasya* Until 4:46AM Thu	Moon – Blue		
				Ashada*Adi		

Retreat Star	Thursday, July 19, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam			Trieste, Italy	
	Kataka Rasi: 3.1 Tithi 1	Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Sun 15	Sutra 98
	443527262	Gulika 8:24AM – 10:18AM	Punarvasu Until 6:19AM	Ganesha: Orange <i>Sunrise: 4:37AM</i>	Nandana 5114	
		Yama 4:37AM – 6:31AM	Harshana Until 7:01AM	Muruqa: Clear <i>Sunset: 7:48PM</i>	Moon 6 - Phase 13	
		Rahu 2:06PM – 4:00PM	Kintughna Until 5:29PM	Nataraja: Purple	Prathama	
			Prathama* Until 5:29AM Fri	Moon – Blue	Sivaloka Day	
				Sravana*Adi		

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, 'This is I' and 'That is mine' one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

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1	Friday, July 20, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Trieste, Italy Sun 16 Sutra 99 Nandana 5114	
	Kataka Rasi: 16.01	Tithi 2	Gulika 6:31AM – 8:25AM Yama 4:00PM – 5:53PM Rahu 10:19AM – 12:12PM	Pushya Until 7:13AM Vajra* Until 6:13AM Balava Until 5:42PM Dvitiya Until 5:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Blue Sravana-Adi	<i>Sunrise: 4:38AM</i> <i>Sunset: 7:47PM</i>	Moon 6 - Phase 14 3rd Phase	Sivaloka Day
2	Saturday, July 21, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha/Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiya Yam Titau				Trieste, Italy Sun 17 Sutra 100 Nandana 5114	
	Kataka Rasi: 29.06	Tithi 3	Gulika 4:39AM – 6:32AM Yama 2:06PM – 3:59PM Rahu 8:26AM – 10:19AM	Aslesha* Until 7:39AM Vyatipata* Until 3:51AM Sun Taitila Until 5:26PM Tritiya Until 5:26AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Purple Moon – Blue Sravana-Adi	<i>Sunrise: 4:39AM</i> <i>Sunset: 7:46PM</i>	Moon 6 - Phase 14 3rd Phase	Sivaloka Day
3	Sunday, July 22, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Variyan Yoga Vanija/Vishti* Karana Chaturthi* Yam Titau				Trieste, Italy Sun 18 Sutra 101 Nandana 5114	
	Simha Rasi: 12.25	Tithi 4	Gulika 3:59PM – 5:52PM Yama 12:12PM – 2:05PM Rahu 5:52PM – 7:45PM	Magha* Until 7:34AM Variyan Until 2:15AM Mon Vanija Until 3:53PM Chaturthi* Until 2:58AM Mon	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Red Sravana-Adi	<i>Sunrise: 4:40AM</i> <i>Sunset: 7:45PM</i>	Moon 6 - Phase 14 3rd Phase	Devaloka Day
4	Monday, July 23, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchami Yam Titau				Trieste, Italy Sun 19 Sutra 102 Nandana 5114	
	Simha Rasi: 25.56	Tithi 5	Gulika 2:05PM – 3:58PM Yama 10:19AM – 12:12PM Rahu 6:34AM – 8:27AM	Purvaphalguni* Until 7:16AM Parigha* Until 11:05PM Bava Until 2:51PM Panchami Until 1:56AM Tue	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Red Sravana-Adi	<i>Sunrise: 4:41AM</i> <i>Sunset: 7:44PM</i>	Moon 6 - Phase 14 3rd Phase	Devaloka Day
5	Tuesday, July 24, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Trieste, Italy Sun 20 Sutra 103 Nandana 5114	
	Kanya Rasi: 9.37	Tithi 6	Gulika 12:12PM – 2:05PM Yama 8:27AM – 10:20AM Rahu 3:58PM – 5:50PM	Uttaraphalguni Until 6:40AM Shiva Until 9:00PM Kaulava Until 1:31PM Shasthi* Until 12:35AM Wed	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Red Sravana-Adi	<i>Sunrise: 4:42AM</i> <i>Sunset: 7:43PM</i>	Moon 6 - Phase 14 3rd Phase	Devaloka Day
6	Wednesday, July 25, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptami Yam Titau				Trieste, Italy Sun 21 Sutra 104 Nandana 5114	
	Kanya Rasi: 23.27	Tithi 7	Gulika 10:20AM – 12:12PM Yama 6:35AM – 8:28AM Rahu 12:12PM – 2:05PM	Chitra Until 4:40AM Thu Siddha Until 6:40PM Gara Until 11:53AM Saptami Until 10:58PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Green Sravana-Adi	<i>Sunrise: 4:43AM</i> <i>Sunset: 7:42PM</i>	Moon 6 - Phase 14 3rd Phase	Sivaloka Day
	Thursday, July 26, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Vistii*/Bava Karana Ashtami* Yam Titau				Trieste, Italy Sun 22 Sutra 105 Nandana 5114	
	Tula Rasi: 7.26	Tithi 8	Gulika 8:28AM – 10:20AM Yama 4:44AM – 6:36AM Rahu 2:04PM – 3:57PM	Svati Until 3:33AM Fri Sadhya Until 4:06PM Vistii Until 10:00AM Ashtami* Until 9:05PM	Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Green Sravana-Adi	<i>Sunrise: 4:44AM</i> <i>Sunset: 7:41PM</i>	Moon 6 - Phase 14 Ashtami	Sivaloka Day
	Friday, July 27, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy Sun 23 Sutra 106 Nandana 5114	
	Tula Rasi: 21.32	Tithi 9	Gulika 6:37AM – 8:29AM Yama 3:56PM – 5:48PM Rahu 10:21AM – 12:12PM	Visakha Until 2:13AM Sat Subha Until 1:20PM Balava Until 7:52AM Navami* Until 6:56PM	Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Orange Sravana-Adi	<i>Sunrise: 4:45AM</i> <i>Sunset: 7:39PM</i>	Moon 6 - Phase 14 Navami	Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

All times are standard time

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<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Saturday, July 28, 2012</p> <p style="margin: 0;">Vrischika Rasi: 5.46 Titithi 10 – 11</p> <p style="margin: 0;">474527262</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 8.08PM then Marana Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam</p> <p style="margin: 0;">Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau</p>			<p style="margin: 0;">Sun 24</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 107</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">4th Phase</p>
	<p style="margin: 0;">Gulika 4:46AM – 6:38AM</p> <p style="margin: 0;">Yama 2:04PM – 3:53PM</p> <p style="margin: 0;">Rahu 8:29AM – 10:21AM</p>	<p style="margin: 0;">Anuradha Until 12:40AM Sun</p> <p style="margin: 0;">Sukla Until 10:21AM</p> <p style="margin: 0;">Vanija Until 3:39AM Sun</p> <p style="margin: 0;">Dasami Until 4:35PM</p>	<p style="margin: 0;">Ganesha: White <i>Sunrise: 4:46AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:38PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Orange</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Devaloka Day</p>

<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Sunday, July 29, 2012</p> <p style="margin: 0;">Vrischika Rasi: 20.06 Titithi 11 – 12</p> <p style="margin: 0;">474527262</p> <p style="margin: 0;">Routine Work Marana Yoga</p> <p style="margin: 0;">Until 8.08PM then Siddha Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam</p> <p style="margin: 0;">Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau</p>			<p style="margin: 0;">Sun 25</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 108</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">4th Phase</p>
	<p style="margin: 0;">Gulika 3:55PM – 5:46PM</p> <p style="margin: 0;">Yama 12:12PM – 2:03PM</p> <p style="margin: 0;">Rahu 5:46PM – 7:37PM</p>	<p style="margin: 0;">Jyeshtha* Until 10:58PM</p> <p style="margin: 0;">Brahma Until 7:14AM</p> <p style="margin: 0;">Bava Until 1:07AM Mon</p> <p style="margin: 0;">Ekadasi Until 2:02PM</p>	<p style="margin: 0;">Ganesha: White <i>Sunrise: 4:47AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:37PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Orange</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Devaloka Day</p>

<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Monday, July 30, 2012</p> <p style="margin: 0;">Dhanus Rasi: 4.29 Titithi 12 – 13</p> <p style="margin: 0;">Family Home Evening</p> <p style="margin: 0;">484527262</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 8.08PM then Amrita Yoga</p> <p style="margin: 0;">Until 9:11PM then Siddha Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam</p> <p style="margin: 0;">Mula* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau</p>			<p style="margin: 0;">Sun 26</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 109</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">4th Phase</p>
	<p style="margin: 0;">Gulika 2:03PM – 3:54PM</p> <p style="margin: 0;">Yama 10:21AM – 12:12PM</p> <p style="margin: 0;">Rahu 6:39AM – 8:30AM</p>	<p style="margin: 0;">Mula* Until 9:11PM</p> <p style="margin: 0;">Vaidhriti* Until 1:22AM Tue</p> <p style="margin: 0;">Kaulava Until 10:30PM</p> <p style="margin: 0;">Dvadasi Until 11:25AM</p> <p style="margin: 0;"><i>Pradosha Vrata</i></p>	<p style="margin: 0;">Ganesha: Yellow <i>Sunrise: 4:49AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:36PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Light Blue</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Sivaloka Day</p>

<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Tuesday, July 31, 2012</p> <p style="margin: 0;">Dhanus Rasi: 18.5 Titithi 13 – 14</p> <p style="margin: 0;">484527262</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 7:26PM then Prabalarishta Yoga</p> <p style="margin: 0;">Until 8.08PM then Amrita Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam</p> <p style="margin: 0;">Purvashadha* Nakshatra Vishkambha* Yoga Talilla/Gara Karana Trayodasi/Chaturdasi* Yam Titau</p>			<p style="margin: 0;">Sun 27</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 110</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">4th Phase</p>
	<p style="margin: 0;">Gulika 12:12PM – 2:03PM</p> <p style="margin: 0;">Yama 8:31AM – 10:22AM</p> <p style="margin: 0;">Rahu 3:53PM – 5:44PM</p>	<p style="margin: 0;">Purvashadha* Until 7:26PM</p> <p style="margin: 0;">Vishkambha* Until 10:12PM</p> <p style="margin: 0;">Gara Until 7:55PM</p> <p style="margin: 0;">Trayodasi Until 8:50AM</p>	<p style="margin: 0;">Ganesha: Yellow <i>Sunrise: 4:50AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:35PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Light Blue</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Sivaloka Day</p>

<h1 style="font-size: 2em; margin: 0;">O</h1> <p style="margin: 0;">Wednesday, August 1, 2012</p> <p style="margin: 0;">Copper Retreat Star</p> <p style="margin: 0;">Makara Rasi: 3.05 Titithi 14 – 15</p> <p style="margin: 0;">484527262</p> <p style="margin: 0;">Creative Work Amrita Yoga</p> <p style="margin: 0;">Until 5:52PM then Siddha Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam</p> <p style="margin: 0;">Uttarashadha/Sravana Nakshatra Priti Yoga Vanija/Bava Karana Chaturdasi*/Purnima* Yam Titau</p>			<p style="margin: 0;">Sun 28</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 111</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">Purnima</p>
	<p style="margin: 0;">Gulika 10:22AM – 12:12PM</p> <p style="margin: 0;">Yama 6:41AM – 8:31AM</p> <p style="margin: 0;">Rahu 12:12PM – 2:02PM</p> <p style="margin: 0;">Raksha Bandhan</p>	<p style="margin: 0;">Uttarashadha Until 5:52PM</p> <p style="margin: 0;">Priti Until 7:13PM</p> <p style="margin: 0;">Bava Until 4:37AM Thu</p> <p style="margin: 0;">Chaturdasi* Until 6:27AM</p>	<p style="margin: 0;">Ganesha: Yellow <i>Sunrise: 4:51AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:33PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Light Blue</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Sivaloka Day</p>

<p style="margin: 0;">Thursday, August 2, 2012</p> <p style="margin: 0;">Silver Retreat Star</p> <p style="margin: 0;">Makara Rasi: 17.08 Titithi 16</p> <p style="margin: 0;">494527262</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	<p style="margin: 0;">Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam</p> <p style="margin: 0;">Sravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathama* Yam Titau</p>			<p style="margin: 0;">Sun 29</p> <p style="margin: 0;">Trieste, Italy</p> <p style="margin: 0;">Sutra 112</p> <p style="margin: 0;">Nandana 5114</p> <p style="margin: 0;">Moon 6 - Phase 15</p> <p style="margin: 0;">Prathama</p>
	<p style="margin: 0;">Gulika 8:32AM – 10:22AM</p> <p style="margin: 0;">Yama 4:52AM – 6:42AM</p> <p style="margin: 0;">Rahu 2:02PM – 3:52PM</p>	<p style="margin: 0;">Sravana Until 4:37PM</p> <p style="margin: 0;">Ayushman Until 4:32PM</p> <p style="margin: 0;">Balava Until 3:30PM</p> <p style="margin: 0;">Prathama* Until 2:35AM Fri</p>	<p style="margin: 0;">Ganesha: Blue <i>Sunrise: 4:52AM</i></p> <p style="margin: 0;">Muruqa: Clear <i>Sunset: 7:32PM</i></p> <p style="margin: 0;">Nataraja: Purple</p> <p style="margin: 0;">Moon – Purple</p> <p style="margin: 0;">Sravana-Adi</p>	<p style="margin: 0;">Devaloka Day</p>



Friday, August 3, 2012
Gold Retreat Star

Kumbha Rasi: 0.55 Tithi 17
495527262
Creative Work Siddha Yoga
Until 8.08PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 6:43AM – 8:33AM
Yama 3:51PM – 5:41PM
Rahu 10:22AM – 12:12PM

Dhanishtha Until 4:37PM
Saubhagya Until 2:52PM
Taitila Until 2:39PM
Dvitiya Until 2:39AM Sat

Ganesha: Blue
Muruqa: Clear
Nataraja: Purple
Moon – Purple
Sravana-Adi

Trieste, Italy
Sutra 113
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:53AM
Sunset: 7:31PM

Devaloka Day

1

Saturday, August 4, 2012

Kumbha Rasi: 14.22 Tithi 18
495527262
Creative Work Amrita Yoga
Until 4:24PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Sobhana/Alhiganda* Yoga Vanija/Vistil* Karana Tritiya Yam Titau

Gulika 4:54AM – 6:44AM
Yama 2:01PM – 3:51PM
Rahu 8:33AM – 10:22AM

Satabhisha Until 4:24PM
Sobhana Until 1:02PM
Vanija Until 1:40PM
Tritiya Until 1:40AM Sun

Ganesha: Blue
Muruqa: Clear
Nataraja: Purple
Moon – Purple
Sravana-Adi

Trieste, Italy
Sun 1 Sutra 114
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:54AM
Sunset: 7:29PM

Devaloka Day

2

Sunday, August 5, 2012

Kumbha Rasi: 27.27 Tithi 19
415527262
Creative Work Siddha Yoga
Until 4:52PM then Amrita Yoga
Until 8.08PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Alhiganda*/Sukarma Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 3:50PM – 5:39PM
Yama 12:12PM – 2:01PM
Rahu 5:39PM – 7:28PM

Purvaprostapada* Until 4:52PM
Athiganda* Until 11:49AM
Bava Until 1:25PM
Chaturthi* Until 1:25AM Mon

Ganesha: Green
Muruqa: Clear
Nataraja: Purple
Moon – Clear
Sravana-Adi

Trieste, Italy
Sun 2 Sutra 115
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:56AM
Sunset: 7:28PM

Devaloka Day

3

Monday, August 6, 2012

Meena Rasi: 10.11 Tithi 20
415527262
Family Home Evening
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 2:00PM – 3:49PM
Yama 10:23AM – 12:12PM
Rahu 6:45AM – 8:34AM

Uttaraprostapada Until 6:59PM
Sukarma Until 11:37AM
Kaulava Until 2:35PM
Panchami Until 3:41AM Tue

Ganesha: Green
Muruqa: Clear
Nataraja: Purple
Moon – Clear
Sravana-Adi

Trieste, Italy
Sun 3 Sutra 116
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:57AM
Sunset: 7:26PM

Devaloka Day

4

Tuesday, August 7, 2012

Meena Rasi: 22.35 Tithi 21
415527262
Creative Work Siddha Yoga
Until 8.08PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 12:11PM – 2:00PM
Yama 8:35AM – 10:23AM
Rahu 3:48PM – 5:37PM

Revati Until 8:50PM
Dhriti Until 11:34AM
Gara Until 3:48PM
Shasthi* Until 4:54AM Wed

Ganesha: Green
Muruqa: Clear
Nataraja: Purple
Moon – Clear
Sravana-Adi

Trieste, Italy
Sun 4 Sutra 117
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:58AM
Sunset: 7:25PM

Devaloka Day

5

Wednesday, August 8, 2012

Mesha Rasi: 4.43 Tithi 22
425527262
Routine Work Marana Yoga
Until 8.08PM then Amrita Yoga
Until 11:14PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Saptami Yam Titau

Gulika 10:23AM – 12:11PM
Yama 6:47AM – 8:35AM
Rahu 12:11PM – 1:59PM

Asvini Until 11:14PM
Shula* Until 12:00PM
Vistil Until 5:36PM
Saptami Until 6:43AM Thu

Ganesha: Orange
Muruqa: Clear
Nataraja: Purple
Moon – White
Sravana-Adi

Trieste, Italy
Sun 5 Sutra 118
Nandana 5114
Moon 7 - Phase 16
1st Phase

Sunrise: 4:59AM
Sunset: 7:24PM

Sivaloka Day



Thursday, August 9, 2012
Retreat Star

Mesha Rasi: 16.4 Tithi 22 – 23
425527262
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 8:36AM – 10:23AM
Yama 5:00AM – 6:48AM
Rahu 1:59PM – 3:47PM

Bharani Until 2:01AM Fri
Ganda* Until 12:48PM
Balava Until 7:49PM
Saptami Until 6:43AM

Krishna Janmashtami

Ganesha: Orange
Muruqa: Clear
Nataraja: Purple
Moon – White
Sravana-Adi

Trieste, Italy
Sun 6 Sutra 119
Nandana 5114
Moon 7 - Phase 16
Ashtami

Sunrise: 5:00AM
Sunset: 7:22PM

Sivaloka Day

Friday, August 10, 2012
Retreat Star

Mesha Rasi: 28.29 Tithi 23 – 24
425527262
Creative Work Siddha Yoga
Until 8.07PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 6:49AM – 8:36AM
Yama 3:46PM – 5:33PM
Rahu 10:24AM – 12:11PM

Krittika Until 5:01AM Sat
Vridhhi Until 1:48PM
Taitila Until 10:16PM
Ashtami* Until 9:11AM

Ganesha: Orange
Muruqa: Clear
Nataraja: Purple
Moon – White
Sravana-Adi

Trieste, Italy
Sun 7 Sutra 120
Nandana 5114
Moon 7 - Phase 16
Navami

Sunrise: 5:02AM
Sunset: 7:21PM

Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarnhita 9.113.9. VE, 634

All times are standard time

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1	Saturday, August 11, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Trieste, Italy
	Wishabha Rasi: 10.19 Tithi 24 – 25 435527262	Gulika 5:03AM – 6:50AM Yama 1:58PM – 3:45PM Rahu 8:37AM – 10:24AM	Rohini Until 8:18AM Sun Dhruva Until 2:50PM Vanija Until 12:46AM Sun Navami* Until 11:41AM	Ganesha: Light Blue <i>Sunrise: 5:03AM</i> Muruqa: Clear <i>Sunset: 7:19PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi	Sun 8 Sutra 121 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 8.07PM then Siddha Yoga		Devaloka Day			


2	Sunday, August 12, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigasira Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau			Trieste, Italy
	Wishabha Rasi: 22.11 Tithi 25 – 26 435527262	Gulika 3:44PM – 5:31PM Yama 12:11PM – 1:57PM Rahu 5:31PM – 7:17PM	Rohini Until 8:18AM Vyaghata* Until 3:45PM Bava Until 3:08AM Mon Dasami Until 2:02PM	Ganesha: Light Blue <i>Sunrise: 5:04AM</i> Muruqa: Clear <i>Sunset: 7:17PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi	Sun 9 Sutra 122 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 8.07PM then Amrita Yoga		Devaloka Day			

3	Monday, August 13, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Trieste, Italy
	Mithuna Rasi: 4.13 Tithi 26 – 27 436527262	Gulika 1:57PM – 3:43PM Yama 10:24AM – 12:11PM Rahu 6:51AM – 8:38AM	Mrigasira Until 10:55AM Harshana Until 4:23PM Kaulava Until 5:10AM Tue Ekadasi* Until 4:04PM	Ganesha: Purple <i>Sunrise: 5:05AM</i> Muruqa: Clear <i>Sunset: 7:16PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi	Sun 10 Sutra 123 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 10:55AM then Siddha Yoga Until 8.07PM then Marana Yoga		Devaloka Day			

4	Tuesday, August 14, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Talita/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Trieste, Italy
	Mithuna Rasi: 16.28 Tithi 27 – 28 436627262	Gulika 12:10PM – 1:56PM Yama 8:38AM – 10:24AM Rahu 3:42PM – 5:28PM	Ardra Until 12:32PM Vajra* Until 4:37PM Gara Until 4:39AM Wed Dvadasi* Until 4:39PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise: 5:06AM</i> Muruqa: Clear <i>Sunset: 7:14PM</i> Nataraja: Purple Moon – Yellow Sravana-Adi	Sun 11 Sutra 124 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Routine Work Marana Yoga Until 12:32PM then Siddha Yoga		Devaloka Day			



5	Wednesday, August 15, 2012	Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Trieste, Italy
	Mithuna Rasi: 28.59 Tithi 28 – 29 446627262	Gulika 10:24AM – 12:10PM Yama 6:53AM – 8:39AM Rahu 12:10PM – 1:56PM	Punarvasu Until 2:01PM Siddhi Until 3:35PM Visti Until 5:31AM Thu Trayodasi* Until 5:31PM	Ganesha: Purple <i>Sunrise: 5:08AM</i> Muruqa: Clear <i>Sunset: 7:13PM</i> Nataraja: Purple Moon – Blue Sravana-Adi	Sun 12 Sutra 125 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 8.06PM then Amrita Yoga		Devaloka Day			

6	Thursday, August 16, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Aslesha* Nakshatra Vyatipata*/Variansa Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Trieste, Italy
	Kataka Rasi: 11.5 Tithi 29 – 30 446627262	Gulika 8:39AM – 10:25AM Yama 5:09AM – 6:54AM Rahu 1:55PM – 3:40PM	Pushya Until 2:56PM Vyatipata* Until 2:47PM Catuspada Until 5:45AM Fri Chaturdasi* Until 5:45PM	Ganesha: Purple <i>Sunrise: 5:09AM</i> Muruqa: Clear <i>Sunset: 7:11PM</i> Nataraja: Purple Moon – Blue Sravana-Avani	Sun 13 Sutra 126 Nandana 5114 Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 2:56PM then Siddha Yoga Until 8.06PM then Marana Yoga		Devaloka Day			

	Friday, August 17, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Aslesha*/Magha* Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Trieste, Italy
	Retreat Star Kataka Rasi: 25 Tithi 30 – 1 546627262	Gulika 6:55AM – 8:40AM Yama 3:40PM – 5:24PM Rahu 10:25AM – 12:10PM	Aslesha* Until 3:14PM Variyan Until 1:26PM Kintughna Until 3:33AM Sat Amavasya* Until 4:29PM	Ganesha: Light Blue <i>Sunrise: 5:10AM</i> Muruqa: Clear <i>Sunset: 7:09PM</i> Nataraja: Purple Moon – Blue Sravana-Avani	Sun 14 Sutra 127 Nandana 5114 Moon 7 - Phase 17 Amavasya
Routine Work Marana Yoga Until 8.06PM then Amrita Yoga		Devaloka Day			

7	Saturday, August 18, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Trieste, Italy
	Retreat Star Simha Rasi: 8.28 Tithi 1 – 2 556627262	Gulika 5:11AM – 6:56AM Yama 1:54PM – 3:39PM Rahu 8:40AM – 10:25AM	Magha* Until 2:21PM Parigha* Until 11:11AM Balava Until 2:37AM Sun Prathama* Until 3:33PM	Ganesha: Purple <i>Sunrise: 5:11AM</i> Muruqa: Clear <i>Sunset: 7:08PM</i> Nataraja: Purple Moon – Red Bhadrapada Adhika-Avani	Sun 15 Sutra 128 Nandana 5114 Moon 7 - Phase 17 Prathama
Creative Work Amrita Yoga Until 2:21PM then Marana Yoga Until 8.06PM then Siddha Yoga		Devaloka Day			

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

1	Sunday, August 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Trieste, Italy Sun 16 Sutra 129 Nandana 5114	
	Simha Rasi: 22.11	Tithi 2 – 3	Gulika 3:38PM – 5:22PM Yama 12:09PM – 1:53PM Rahu 5:22PM – 7:06PM	Purvaphalguni* Until 1:41PM Shiva Until 9:01AM Taitila Until 1:13AM Mon Dvitiya Until 2:08PM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:12AM Sunset: 7:06PM	Moon 7 - Phase 18 3rd Phase Devaloka Day Bhadrapada Adhika-Avani	
Creative Work Siddha Yoga Until 1:41PM then Amrita Yoga Until 8.06PM then Marana Yoga								
2	Monday, August 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Trieste, Italy Sun 17 Sutra 130 Nandana 5114	
	Kanya Rasi: 6.07	Tithi 3 – 4	Gulika 1:53PM – 3:37PM Yama 10:25AM – 12:09PM Rahu 6:57AM – 8:41AM	Uttaraphalguni Until 12:41PM Siddha Until 6:32AM Vanija Until 11:27PM Tritiya Until 12:22PM	Ganesha: Light Blue Muruqa: Clear Nataraja: Purple Moon – Red	Sunrise: 5:14AM Sunset: 7:04PM	Moon 7 - Phase 18 3rd Phase Devaloka Day Bhadrapada Adhika-Avani	
Family Home Evening 567627262 Routine Work Marana Yoga Until 12:41PM then Siddha Yoga								
3	Tuesday, August 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Trieste, Italy Sun 18 Sutra 131 Nandana 5114	
	Kanya Rasi: 20.1	Tithi 4 – 5	Gulika 12:09PM – 1:52PM Yama 8:42AM – 10:25AM Rahu 3:36PM – 5:19PM	Hasta Until 11:27AM Subha Until 1:11AM Wed Bava Until 9:26PM Chaturthi* Until 10:22AM	Ganesha: Purple Muruqa: Clear Nataraja: Purple Moon – Green	Sunrise: 5:15AM Sunset: 7:03PM	Moon 7 - Phase 18 3rd Phase Devaloka Day Bhadrapada Adhika-Avani	
Creative Work Siddha Yoga								
4	Wednesday, August 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Trieste, Italy Sun 19 Sutra 132 Nandana 5114	
	Tula Rasi: 4.17	Tithi 5 – 6	Gulika 10:25AM – 12:08PM Yama 6:59AM – 8:42AM Rahu 12:08PM – 1:52PM	Chitra Until 10:06AM Sukla Until 10:23PM Kaulava Until 7:18PM Panchami Until 8:14AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Green	Sunrise: 5:16AM Sunset: 7:01PM	Moon 7 - Phase 18 3rd Phase Sivaloka Day Bhadrapada Adhika-Avani	
Creative Work Siddha Yoga Until 8.05PM then Amrita Yoga								
5	Thursday, August 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Brahma Yoga Taitila/Vanija Karana Shasthi*/Saptami Yam Titau				Trieste, Italy Sun 20 Sutra 133 Nandana 5114	
	Tula Rasi: 18.25	Tithi 6 – 7	Gulika 8:43AM – 10:25AM Yama 5:17AM – 7:00AM Rahu 1:51PM – 3:34PM	Svati Until 8:43AM Brahma Until 7:33PM Vanija Until 4:13AM Fri Shasthi* Until 6:03AM	Ganesha: Purple Muruqa: Purple Nataraja: Purple Moon – Green	Sunrise: 5:17AM Sunset: 6:59PM	Moon 7 - Phase 18 3rd Phase Sivaloka Day Bhadrapada Adhika-Avani	
Creative Work Amrita Yoga Until 8.43AM then Siddha Yoga Until 8.05PM then Marana Yoga								
	Friday, August 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Trieste, Italy Sun 21 Sutra 134 Nandana 5114	
	Retreat Star		Gulika 7:01AM – 8:43AM Yama 3:33PM – 5:15PM Rahu 10:26AM – 12:08PM	Visakha Until 7:21AM Indra Until 4:44PM Visti Until 2:59PM Ashtami* Until 2:04AM Sat	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:18AM Sunset: 6:57PM	Moon 7 - Phase 18 Ashtami Subha Sivaloka Day Bhadrapada Adhika-Avani	
Vrischika Rasi: 2.33 Tithi 8 577637262 Routine Work Marana Yoga Until 7:21AM then Siddha Yoga								
	Saturday, August 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy Sun 22 Sutra 135 Nandana 5114	
	Retreat Star		Gulika 5:20AM – 7:02AM Yama 1:50PM – 3:32PM Rahu 8:44AM – 10:26AM	Anuradha Until 6:02AM Vaidhriti* Until 1:58PM Balava Until 12:53PM Navami* Until 11:57PM	Ganesha: Clear Muruqa: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:20AM Sunset: 6:56PM	Moon 7 - Phase 18 Navami Subha Sivaloka Day Bhadrapada Adhika-Avani	
Vrischika Rasi: 16.39 Tithi 9 577637262 Creative Work Siddha Yoga Until 8.04PM then Marana Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

All times are standard time

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1	Sunday, August 26, 2012		Nandana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Dasami Yam Titau		Trieste, Italy
	Dhanus Rasi: 0.43	Tithi 10	Gulika 3:31PM – 5:12PM	Mula* Until 3:38AM Mon	Sun 23 Sutra 136 Nandana 5114
Creative Work	Amrita Yoga	Yama 12:07PM – 1:49PM	Vishkambha* Until 11:15AM	Ganesha: Clear <i>Sunrise: 5:21AM</i>	Moon 7 - Phase 19
Until 8.04PM then Siddha Yoga		Rahu 5:12PM – 6:54PM	Taitila Until 10:51AM	Muruqa: Purple <i>Sunset: 6:54PM</i>	4th Phase
Until 3:38AM Mon then Marana Yoga	588637262		Dasami Until 9:56PM	Nataraja: Purple Moon – Light Blue	Subha Sivaloka Day
				Bhadrapada Adhika-Avani	

2	Monday, August 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Trieste, Italy
	Dhanus Rasi: 14.44	Tithi 11	Gulika 1:48PM – 3:30PM	Purvashadha* Until 2:28AM Tue	Sun 24 Sutra 137 Nandana 5114
Family Home Evening		Yama 10:26AM – 12:07PM	Priti Until 8:37AM	Ganesha: Clear <i>Sunrise: 5:22AM</i>	Moon 7 - Phase 19
Routine Work	Marana Yoga	Rahu 7:03AM – 8:45AM	Vanija Until 8:55AM	Muruqa: Purple <i>Sunset: 6:52PM</i>	4th Phase
Until 8.03PM then Siddha Yoga	588637262		Ekadasi Until 8:00PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day
Until 2:28AM Tue then Prabalarishta Yoga				Bhadrapada Adhika-Avani	

3	Tuesday, August 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasa Yam Titau		Trieste, Italy
	Dhanus Rasi: 28.4	Tithi 12	Gulika 12:07PM – 1:48PM	Uttarashadha Until 1:26AM Wed	Sun 25 Sutra 138 Nandana 5114
Routine Work	Prabalarishta Yoga	Yama 8:45AM – 10:26AM	Ayushman Until 6:06AM	Ganesha: Clear <i>Sunrise: 5:23AM</i>	Moon 7 - Phase 19
Until 8.03PM then Amrita Yoga		Rahu 3:29PM – 5:09PM	Bava Until 7:08AM	Muruqa: Purple <i>Sunset: 6:50PM</i>	4th Phase
Until 1:26AM Wed then Siddha Yoga	588637262		Dvadasa Until 6:12PM	Nataraja: Clear Moon – Light Blue	Sivaloka Day
				Bhadrapada Adhika-Avani	

4	Wednesday, August 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Sobhana Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Trieste, Italy
	Makara Rasi: 12.29	Tithi 13 – 14	Gulika 10:26AM – 12:06PM	Sravana Until 12:36AM Thu	Sun 26 Sutra 139 Nandana 5114
Creative Work	Siddha Yoga	Yama 7:05AM – 8:46AM	Sobhana Until 1:07AM Thu	Ganesha: White <i>Sunrise: 5:25AM</i>	Moon 7 - Phase 19
	588637262	Rahu 12:06PM – 1:47PM	Gara Until 3:42AM Thu	Muruqa: Purple <i>Sunset: 6:48PM</i>	4th Phase
		Chidambaram Abhishekam	Trayodasi Until 4:38PM	Nataraja: Clear Moon – Purple	Subha Sivaloka Day
			<i>Pradosha Vrata</i>	Bhadrapada Adhika-Avani	

5	Thursday, August 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Trieste, Italy
	Makara Rasi: 26.08	Tithi 14 – 15	Gulika 8:46AM – 10:26AM	Dhanishtha Until 1:26AM Fri	Sun 27 Sutra 140 Nandana 5114
Creative Work	Siddha Yoga	Yama 5:26AM – 7:06AM	Athiganda* Until 12:16AM Fri	Ganesha: White <i>Sunrise: 5:26AM</i>	Moon 7 - Phase 19
	588637262	Rahu 1:46PM – 3:26PM	Visti Until 4:08AM Fri	Muruqa: Purple <i>Sunset: 6:47PM</i>	4th Phase
			Chaturdasi* Until 4:08PM	Nataraja: Clear Moon – Purple	Subha Sivaloka Day
				Bhadrapada Adhika-Avani	

○	Friday, August 31, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Sukarma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Trieste, Italy
	Copper Retreat Star		Gulika 7:07AM – 8:46AM	Satabhisha Until 1:14AM Sat	Sun 28 Sutra 141 Nandana 5114
Kumbha Rasi: 9.35	Tithi 15 – 16	Yama 3:25PM – 5:05PM	Sukarma Until 10:25PM	Ganesha: White <i>Sunrise: 5:27AM</i>	Moon 7 - Phase 19
Creative Work	Siddha Yoga	Rahu 10:26AM – 12:06PM	Balava Until 3:11AM Sat	Muruqa: Purple <i>Sunset: 6:45PM</i>	Purnima
Until 8.02PM then Amrita Yoga	588637262		Purnima* Until 3:11PM	Nataraja: Clear Moon – Purple	Subha Sivaloka Day
Until 1:14AM Sat then Siddha Yoga				Bhadrapada Adhika-Avani	

○	Saturday, September 1, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Trieste, Italy
	Silver Retreat Star		Gulika 5:28AM – 7:08AM	Purvaprostapada* Until 1:31AM Sun	Sun 29 Sutra 142 Nandana 5114
Kumbha Rasi: 22.46	Tithi 16 – 17	Yama 1:45PM – 3:24PM	Dhriti Until 9:02PM	Ganesha: White <i>Sunrise: 5:28AM</i>	Moon 7 - Phase 19
Creative Work	Siddha Yoga	Rahu 8:47AM – 10:26AM	Taitila Until 2:45AM Sun	Muruqa: Purple <i>Sunset: 6:43PM</i>	Prathama
Until 1:31AM Sun then Amrita Yoga	588637262		Prathama* Until 2:45PM	Nataraja: Clear Moon – Clear	Subha Sivaloka Day
				Bhadrapada Adhika-Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673



Sunday, September 2, 2012
Gold Retreat Star

Meena Rasi: 5.39 Tithi 17 – 18
519637263
Creative Work Amrita Yoga
Until 8.02PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprostapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau **Sun 1** Trieste, Italy
Sutra 143
Nandana 5114
Gulika 3:23PM – 5:02PM **Uttaraprostapada Until 2:20AM Mon** **Ganesha:** Clear *Sunrise: 5:29AM*
Yama 12:05PM – 1:44PM **Shula* Until 8:08PM** **Muruqa:** Purple *Sunset: 6:41PM* Moon 8 - Phase 20
Rahu 5:02PM – 6:41PM **Vanija Until 2:55AM Mon** **Nataraja:** Clear Moon – Clear **Sivaloka Day**
Dvitiya Until 2:55PM **Bhadrapada Adhika-Avani**



Monday, September 3, 2012

Meena Rasi: 18.14 Tithi 18 – 19
Family Home Evening 519637263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau **Sun 2** Trieste, Italy
Sutra 144
Nandana 5114
Gulika 1:43PM – 3:22PM **Revati Until 5:31AM Tue** **Ganesha:** Clear *Sunrise: 5:31AM*
Yama 10:26AM – 12:05PM **Ganda* Until 8:48PM** **Muruqa:** Purple *Sunset: 6:39PM* Moon 8 - Phase 20
Rahu 7:09AM – 8:48AM **Bava Until 5:38AM Tue** **Nataraja:** Clear Moon – Clear **Sivaloka Day**
Tritiya Until 4:33PM **Bhadrapada Adhika-Avani**



Tuesday, September 4, 2012

Mesha Rasi: 0.34 Tithi 19 – 20
529637263
Creative Work Siddha Yoga
Until 8.01PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Asvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau **Sun 3** Trieste, Italy
Sutra 145
Nandana 5114
Gulika 12:05PM – 1:43PM **Asvini Until 7:23AM Wed** **Ganesha:** Purple *Sunrise: 5:32AM*
Yama 8:48AM – 10:26AM **Vriddhi Until 8:53PM** **Muruqa:** Purple *Sunset: 6:37PM* Moon 8 - Phase 20
Rahu 3:21PM – 4:59PM **Kaulava Until 7:04AM Wed** **Nataraja:** Clear Moon – White **Devaloka Day**
Chaturthi* Until 5:58PM **Bhadrapada Adhika-Avani**



Wednesday, September 5, 2012

Mesha Rasi: 12.38 Tithi 20
529637263
Routine Work Marana Yoga
Until 8.01PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau **Sun 4** Trieste, Italy
Sutra 146
Nandana 5114
Gulika 10:26AM – 12:04PM **Asvini Until 7:23AM** **Ganesha:** Purple *Sunrise: 5:33AM*
Yama 7:11AM – 8:49AM **Dhruva Until 9:25PM** **Muruqa:** Purple *Sunset: 6:35PM* Moon 8 - Phase 20
Rahu 12:04PM – 1:42PM **Kaulava Until 6:49AM** **Nataraja:** Clear Moon – White **Devaloka Day**
Panchami Until 7:54PM **Bhadrapada Adhika-Avani**



Thursday, September 6, 2012

Mesha Rasi: 24.33 Tithi 21
529637263
Creative Work Siddha Yoga
Until 10:14AM then Marana Yoga
Until 8.00PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shasthi* Yam Titau **Sun 5** Trieste, Italy
Sutra 147
Nandana 5114
Gulika 8:49AM – 10:26AM **Bharani Until 10:14AM** **Ganesha:** Purple *Sunrise: 5:34AM*
Yama 5:34AM – 7:12AM **Vyaghata* Until 10:15PM** **Muruqa:** Purple *Sunset: 6:34PM* Moon 8 - Phase 20
Rahu 1:41PM – 3:19PM **Gara Until 9:07AM** **Nataraja:** Clear Moon – White **Devaloka Day**
Shasthi* Until 10:13PM **Bhadrapada Adhika-Avani**



Friday, September 7, 2012

Vrishabha Rasi: 6.22 Tithi 22
529637263
Creative Work Siddha Yoga
Until 1:16PM then Marana Yoga
Until 8.00PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti*/Bava Karana Saptami Yam Titau **Sun 6** Trieste, Italy
Sutra 148
Nandana 5114
Gulika 7:12AM – 8:50AM **Krittika Until 1:16PM** **Ganesha:** Purple *Sunrise: 5:35AM*
Yama 3:18PM – 4:55PM **Harshana Until 11:15PM** **Muruqa:** Purple *Sunset: 6:32PM* Moon 8 - Phase 20
Rahu 10:27AM – 12:04PM **Visti Until 11:39AM** **Nataraja:** Clear Moon – White **Devaloka Day**
Saptami Until 12:44AM Sat **Bhadrapada Adhika-Avani**



Saturday, September 8, 2012
Retreat Star

Vrishabha Rasi: 18.1 Tithi 23
539737263
Creative Work Amrita Yoga
Until 4:19PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigasira Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtami* Yam Titau **Sun 7** Trieste, Italy
Sutra 149
Nandana 5114
Gulika 5:37AM – 7:13AM **Rohini Until 4:19PM** **Ganesha:** Purple *Sunrise: 5:37AM*
Yama 1:40PM – 3:16PM **Vajra* Until 12:17AM Sun** **Muruqa:** Purple *Sunset: 6:30PM* Moon 8 - Phase 20
Rahu 8:50AM – 10:27AM **Balava Until 2:11PM** **Nataraja:** Clear Moon – Yellow **Subha Sivaloka Day**
Ashtami* Until 3:17AM Sun **Bhadrapada Adhika-Avani**

Sunday, September 9, 2012
Retreat Star

Mithuna Rasi: 0.04 Tithi 24
539737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Siddhi Yoga Taitila/Gara Karana Navami* Yam Titau **Sun 8** Trieste, Italy
Sutra 150
Nandana 5114
Gulika 3:15PM – 4:52PM **Mrigasira Until 7:13PM** **Ganesha:** Purple *Sunrise: 5:38AM*
Yama 12:03PM – 1:39PM **Siddhi Until 1:10AM Mon** **Muruqa:** Purple *Sunset: 6:28PM* Moon 8 - Phase 20
Rahu 4:52PM – 6:28PM **Taitila Until 4:34PM** **Nataraja:** Clear Moon – Yellow **Subha Sivaloka Day**
Grandparent's Day **Navami* Until 5:39AM Mon** **Bhadrapada Adhika-Avani**

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

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1	Monday, September 24, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Gara Karana Navami*/Dasami Yam Titau		Trieste, Italy Sutra 165 Nandana 5114	
	Dhanus Rasi: 25.26 Titli 9 – 10	Gulika 1:28PM – 2:58PM	Purvashadha* Until 8:08AM	Ganesha: White <i>Sunrise: 5:56AM</i>	Sun 23
	Family Home Evening 582737263	Yama 10:27AM – 11:58AM	Sobhana Until 11:57AM	Muruqa: Purple <i>Sunset: 5:59PM</i>	Moon 8 - Phase 23
	Routine Work Marana Yoga Until 7.54PM then Prabalarishta Yoga	Rahu 7:27AM – 8:57AM	Gara Until 4:20AM Tue Navami* Until 6:11AM	Nataraja: Clear Moon – Light Blue Bhadrapada-Puratasi	4th Phase Devaloka Day


2	Tuesday, September 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Savana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Trieste, Italy Sutra 166 Nandana 5114	
	Makara Rasi: 9.03 Titli 11	Gulika 11:57AM – 1:27PM	Uttarashadha Until 7:45AM	Ganesha: White <i>Sunrise: 5:57AM</i>	Sun 24
	Routine Work Prabalarishta Yoga Until 7:45AM then Siddha Yoga	Yama 8:57AM – 10:27AM	Athiganda* Until 10:11AM Vanija Until 4:55PM Ekadasi Until 4:55AM Wed	Muruqa: Purple <i>Sunset: 5:57PM</i>	Moon 8 - Phase 23
		Rahu 2:57PM – 4:27PM		Nataraja: Clear Moon – Light Blue Bhadrapada-Puratasi	4th Phase Devaloka Day

3	Wednesday, September 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Savana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadasi Yam Titau		Trieste, Italy Sutra 167 Nandana 5114	
	Makara Rasi: 22.29 Titli 12	Gulika 10:27AM – 11:57AM	Savana Until 7:34AM	Ganesha: Clear <i>Sunrise: 5:59AM</i>	Sun 25
	Creative Work Siddha Yoga Until 7:34AM then Prabalarishta Yoga Until 7.53PM then Siddha Yoga	Yama 7:28AM – 8:58AM	Sukarma Until 8:20AM Bava Until 4:00PM Dvadasi Until 4:00AM Thu	Muruqa: Purple <i>Sunset: 5:55PM</i>	Moon 8 - Phase 23
		Rahu 11:57AM – 1:26PM		Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	4th Phase Sivaloka Day

4	Thursday, September 27, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Trieste, Italy Sutra 168 Nandana 5114	
	Kumbha Rasi: 5.44 Titli 13	Gulika 8:58AM – 10:27AM	Dhanishtha Until 7:43AM	Ganesha: White <i>Sunrise: 6:00AM</i>	Sun 26
	Creative Work Siddha Yoga Until 7:43AM then Marana Yoga Until 7.53PM then Siddha Yoga	Yama 6:00AM – 7:29AM	Dhriti Until 6:48AM Kaulava Until 3:28PM Trayodasi Until 3:28AM Fri <i>Pradosha Vrata</i>	Muruqa: Purple <i>Sunset: 5:53PM</i>	Moon 8 - Phase 23
		Rahu 1:26PM – 2:55PM		Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	4th Phase Devaloka Day

5	Friday, September 28, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Trieste, Italy Sutra 169 Nandana 5114	
	Kumbha Rasi: 18.47 Titli 14	Gulika 7:30AM – 8:59AM	Satabhisha Until 8:15AM	Ganesha: White <i>Sunrise: 6:01AM</i>	Sun 27
	Creative Work Siddha Yoga	Yama 2:54PM – 4:22PM	Ganda* Until 4:27AM Sat Gara Until 3:20PM Chaturdasi* Until 3:20AM Sat	Muruqa: Purple <i>Sunset: 5:51PM</i>	Moon 8 - Phase 23
		Rahu 10:27AM – 11:56AM		Nataraja: Clear Moon – Purple Bhadrapada-Puratasi	4th Phase Devaloka Day

	Saturday, September 29, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vriddhi* Yoga Visti*/Bava Karana Purnima* Yam Titau		Trieste, Italy Sutra 170 Nandana 5114	
	Copper Retreat Star	Gulika 6:02AM – 7:31AM	Purvaprostapada* Until 9:10AM	Ganesha: Purple <i>Sunrise: 6:02AM</i>	Sun 28
	Meena Rasi: 1.37 Titli 15	Yama 1:24PM – 2:53PM	Vriddhi Until 3:38AM Sun Visti Until 3:38PM Purnima* Until 3:38AM Sun	Muruqa: Purple <i>Sunset: 5:49PM</i>	Moon 8 - Phase 23
	Creative Work Siddha Yoga Until 7.52PM then Amrita Yoga	Rahu 8:59AM – 10:27AM		Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Purnima Devaloka Day

	Sunday, September 30, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathama* Yam Titau		Trieste, Italy Sutra 171 Nandana 5114	
	Silver Retreat Star	Gulika 2:51PM – 4:19PM	Uttaraprostapada Until 10:53AM	Ganesha: Purple <i>Sunrise: 6:04AM</i>	Sun 29
	Meena Rasi: 14.13 Titli 16	Yama 11:56AM – 1:23PM	Dhruva Until 4:50AM Mon Balava Until 5:19PM Prathama* Until 6:25AM Mon	Muruqa: Purple <i>Sunset: 5:47PM</i>	Moon 8 - Phase 23
	Creative Work Amrita Yoga Until 7.52PM then Siddha Yoga	Rahu 4:19PM – 5:47PM		Nataraja: Clear Moon – Clear Bhadrapada-Puratasi	Prathama Devaloka Day

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

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Monday, October 1, 2012
Gold Retreat Star

Meena Rasi: 26.36 Tithi 17
Family Home Evening 612737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Asvini Nakshatra Vyaghata* Yoga Tailila Karana Dvitiya Yam Titau

Gulika 1:23PM – 2:50PM
Yama 10:28AM – 11:55AM
Rahu 7:32AM – 9:00AM

Revati Until 12:48PM
Vyaghata* Until 4:46AM Tue
Tailila Until 6:38PM
Dvitiya Until 7:20AM Tue

Ganesha: Purple *Sunrise: 6:05AM*
Muruqa: Purple *Sunset: 5:46PM*
Nataraja: Clear
Moon – Clear
Bhadrapada-Puratasi

Trieste, Italy
Sutra 172
Nandana 5114
Moon 9 - Phase 24
1st Phase

Devaloka Day

1

Tuesday, October 2, 2012

Mesha Rasi: 8.46 Tithi 17 – 18
622737263
Creative Work Siddha Yoga
Until 7.51PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:55AM – 1:22PM
Yama 9:01AM – 10:28AM
Rahu 2:49PM – 4:16PM

Asvini Until 3:08PM
Harshana Until 5:06AM Wed
Vanija Until 8:25PM
Dvitiya Until 7:20AM

Ganesha: Clear *Sunrise: 6:06AM*
Muruqa: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Trieste, Italy
Sutra 173
Nandana 5114
Moon 9 - Phase 24
1st Phase

Sivaloka Day

2

Wednesday, October 3, 2012

Mesha Rasi: 20.46 Tithi 18 – 19
622837263
Routine Work Marana Yoga
Until 5:49PM then Amrita Yoga
Until 7.51PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:28AM – 11:55AM
Yama 7:34AM – 9:01AM
Rahu 11:55AM – 1:21PM

Bharani Until 5:49PM
Vajra* Until 6:04AM Thu
Bava Until 10:35PM
Tritiya Until 9:30AM

Ganesha: White *Sunrise: 6:07AM*
Muruqa: Purple *Sunset: 5:42PM*
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Trieste, Italy
Sutra 174
Nandana 5114
Moon 9 - Phase 24
1st Phase

Subha Sivaloka Day

3

Thursday, October 4, 2012

Vrishabha Rasi: 2.37 Tithi 19 – 20
623837263
Routine Work Marana Yoga
Until 7.51PM then Siddha Yoga
Until 8:46PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:01AM – 10:28AM
Yama 6:09AM – 7:35AM
Rahu 1:21PM – 2:47PM

Krittika Until 8:46PM
Vajra* Until 6:04AM
Kaulava Until 1:03AM Fri
Chaturthi* Until 11:58AM

Ganesha: Clear *Sunrise: 6:09AM*
Muruqa: Purple *Sunset: 5:40PM*
Nataraja: Clear
Moon – White
Bhadrapada-Puratasi

Trieste, Italy
Sutra 175
Nandana 5114
Moon 9 - Phase 24
1st Phase

Sivaloka Day

4

Friday, October 5, 2012

Vrishabha Rasi: 14.24 Tithi 20 – 21
633837263
Routine Work Marana Yoga
Until 7.50PM then Amrita Yoga
Until 11:52PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:36AM – 9:02AM
Yama 2:46PM – 4:12PM
Rahu 10:28AM – 11:54AM

Rohini Until 11:52PM
Siddhi Until 7:06AM
Gara Until 3:40AM Sat
Panchami Until 2:35PM

Ganesha: White *Sunrise: 6:10AM*
Muruqa: Purple *Sunset: 5:38PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Trieste, Italy
Sutra 176
Nandana 5114
Moon 9 - Phase 24
1st Phase

Devaloka Day

5

Saturday, October 6, 2012

Vrishabha Rasi: 26.11 Tithi 21 – 22
633837263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira Nakshatra Vyalipata*/Variyan Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 6:11AM – 7:37AM
Yama 1:19PM – 2:45PM
Rahu 9:02AM – 10:28AM

Mrigasira Until 2:57AM Sun
Vyatipata* Until 8:08AM
Visti Until 6:17AM Sun
Shasthi* Until 5:11PM

Ganesha: White *Sunrise: 6:11AM*
Muruqa: Purple *Sunset: 5:36PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada-Puratasi

Trieste, Italy
Sutra 177
Nandana 5114
Moon 9 - Phase 24
1st Phase

Devaloka Day

6

Sunday, October 7, 2012

Mithuna Rasi: 8.04 Tithi 22
633837264
Creative Work Siddha Yoga
Until 5:53AM Mon then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:44PM – 4:09PM
Yama 11:53AM – 1:19PM
Rahu 4:09PM – 5:34PM

Ardra Until 5:53AM Mon
Variyan Until 9:01AM
Visti Until 6:33AM
Saptami Until 7:38PM

Ganesha: White *Sunrise: 6:13AM*
Muruqa: Purple *Sunset: 5:34PM*
Nataraja: White
Moon – Yellow
Bhadrapada-Puratasi

Trieste, Italy
Sutra 178
Nandana 5114
Moon 9 - Phase 24
1st Phase

Sivaloka Day

D

Monday, October 8, 2012
Retreat Star

Mithuna Rasi: 20.05 Tithi 23
643837264
Family Home Evening
Creative Work Amrita Yoga
Until 7.50PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:18PM – 2:43PM
Yama 10:28AM – 11:53AM
Rahu 7:39AM – 9:03AM

Punarvasu Until 7:47AM Tue
Parigha* Until 9:36AM
Balava Until 8:38AM
Ashtami* Until 9:43PM

Ganesha: Yellow *Sunrise: 6:14AM*
Muruqa: Purple *Sunset: 5:32PM*
Nataraja: White
Moon – Blue
Bhadrapada-Puratasi

Trieste, Italy
Sutra 179
Nandana 5114
Moon 9 - Phase 24
Ashtami

Subha Sivaloka Day

Tuesday, October 9, 2012

Retreat Star

Kataka Rasi: 2.22 Tithi 24
643837264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Navami* Yam Titau

Gulika 11:53AM – 1:17PM
Yama 9:04AM – 10:28AM
Rahu 2:42PM – 4:06PM

Punarvasu Until 7:47AM
Shiva Until 9:28AM
Tailila Until 9:50AM
Navami* Until 9:50PM

Ganesha: Yellow *Sunrise: 6:15AM*
Muruqa: Purple *Sunset: 5:31PM*
Nataraja: White
Moon – Blue
Bhadrapada-Puratasi

Trieste, Italy
Sutra 180
Nandana 5114
Moon 9 - Phase 24
Navami

Subha Sivaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

All times are standard time

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1	Wednesday, October 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Aslesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau				Trieste, Italy
	Kataka Rasi: 14.58	Tithi 25	643837264	Gulika 10:29AM – 11:53AM Yama 7:40AM – 9:05AM Rahu 11:53AM – 1:17PM	Pushya Until 9:08AM Siddha Until 9:02AM Vanija Until 10:36AM Dasami Until 10:36PM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Blue Subha Sivaloka Day Bhadrapada-Puratasi	Sun 9 Sutra 181 Nandana 5114 Moon 9 - Phase 25 2nd Phase
	Creative Work Siddha Yoga						

2	Thursday, October 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadasi* Yam Titau				Trieste, Italy
	Kataka Rasi: 27.58	Tithi 26	643837264	Gulika 9:05AM – 10:29AM Yama 6:18AM – 7:41AM Rahu 1:16PM – 2:40PM	Aslesha* Until 9:46AM Sadhya Until 7:55AM Bava Until 10:36AM Ekadasi* Until 10:36PM	Ganesha: Yellow Muruqa: Purple Nataraja: White Moon – Blue Subha Sivaloka Day Bhadrapada-Puratasi	Sun 10 Sutra 182 Nandana 5114 Moon 9 - Phase 25 2nd Phase
	Creative Work Siddha Yoga Until 9:46AM then Amrita Yoga Until 7:49PM then Marana Yoga						

3	Friday, October 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Trieste, Italy
	Simha Rasi: 11.23	Tithi 27	653837264	Gulika 7:42AM – 9:06AM Yama 2:39PM – 4:02PM Rahu 10:29AM – 11:52AM	Magha* Until 9:21AM Subha Until 6:04AM Kaulava Until 9:27AM Dvadasi* Until 8:31PM	Ganesha: Blue Muruqa: Purple Nataraja: White Moon – Red Sivaloka Day Bhadrapada-Puratasi	Sun 11 Sutra 183 Nandana 5114 Moon 9 - Phase 25 2nd Phase
	Routine Work Marana Yoga Until 9:21AM then Siddha Yoga Until 7:48PM then Marana Yoga						

4	Saturday, October 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Brahma Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Trieste, Italy
	Simha Rasi: 25.14	Tithi 28	653837264	Gulika 6:20AM – 7:43AM Yama 1:15PM – 2:38PM Rahu 9:06AM – 10:29AM	Purvaphalguni* Until 8:26AM Brahma Until 12:58AM Sun Gara Until 7:50AM Trayodasi* Until 6:54PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: Purple Nataraja: White Moon – Red Sivaloka Day Bhadrapada-Puratasi	Sun 12 Sutra 184 Nandana 5114 Moon 9 - Phase 25 2nd Phase
	Routine Work Marana Yoga Until 7:48PM then Amrita Yoga						

5	Sunday, October 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Trieste, Italy
	Kanya Rasi: 9.31	Tithi 29 – 30	653837264	Gulika 2:37PM – 3:59PM Yama 11:52AM – 1:14PM Rahu 3:59PM – 5:22PM	Uttaraphalguni Until 6:46AM Indra Until 8:53PM Catuspada Until 2:05AM Mon Chaturdasi* Until 3:47PM	Ganesha: Blue Muruqa: Purple Nataraja: White Moon – Red Sivaloka Day Bhadrapada-Puratasi	Sun 13 Sutra 185 Nandana 5114 Moon 9 - Phase 25 2nd Phase
	Creative Work Amrita Yoga Until 7:48PM then Siddha Yoga						

●	Monday, October 15, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Trieste, Italy
	Retreat Star		663837264	Gulika 1:14PM – 2:36PM Yama 10:29AM – 11:51AM Rahu 7:45AM – 9:07AM	Chitra Until 2:04AM Tue Vaidhriti* Until 5:30PM Kintughna Until 11:19PM Amavasya* Until 1:01PM	Ganesha: Blue Muruqa: Purple Nataraja: White Moon – Green Sivaloka Day Bhadrapada-Puratasi	Sun 14 Sutra 186 Nandana 5114 Moon 9 - Phase 25 Amavasya
	Kanya Rasi: 24.07 Tithi 30 – 1 Family Home Evening Routine Work Prabalarishta Yoga Until 7:48PM then Siddha Yoga						

●	Tuesday, October 16, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy
	Retreat Star		663837264	Gulika 11:51AM – 1:13PM Yama 9:08AM – 10:29AM Rahu 2:35PM – 3:56PM	Svati Until 11:41PM Vishkambha* Until 1:46PM Balava Until 8:09PM Prathama* Until 9:52AM	Ganesha: Blue Muruqa: Purple Nataraja: White Moon – Green Sivaloka Day Ashvina-Puratasi	Sun 15 Sutra 187 Nandana 5114 Moon 9 - Phase 25 Prathama
	Tula Rasi: 8.57 Tithi 1 – 2 Creative Work Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.
Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

1 Wednesday, October 17, 2012 Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Trieste, Italy
 Visakha Nakshatra Priti/Ayushman Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau Sun 16 Sutra 188
 Nandana 5114
 Tula Rasi: 23.53 Tithi 2 – 3 673837264
Gulika 10:30AM – 11:51AM **Visakha** Until 9:08PM **Ganesha:** Blue *Sunrise: 6:26AM*
Yama 7:47AM – 9:08AM Priti Until 9:53AM **Muruqa:** Purple *Sunset: 5:16PM* Moon 9 - Phase 26
Rahu 11:51AM – 1:12PM Gara Until 3:08AM Thu **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Orange **Sivaloka Day**
Ashvina•Aipasi

2 Thursday, October 18, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Trieste, Italy
 Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanja/Visti* Karana Chaturthi* Yam Titau Sun 17 Sutra 189
 Nandana 5114
 Vrishchika Rasi: 8.46 Tithi 4 674837264
Gulika 9:09AM – 10:30AM **Anuradha** Until 6:39PM **Ganesha:** Yellow *Sunrise: 6:27AM*
Yama 6:27AM – 7:48AM Ayushman Until 6:04AM **Muruqa:** Purple *Sunset: 5:15PM* Moon 9 - Phase 26
Rahu 1:12PM – 2:33PM Vanija Until 1:36PM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Orange **Subha Sivaloka Day**
 Until 7:47PM then Prabalarishta Yoga **Chaturthi* Until 11:53PM**
Ashvina•Aipasi

3 Friday, October 19, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Trieste, Italy
 Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau Sun 18 Sutra 190
 Nandana 5114
 Vrishchika Rasi: 23.29 Tithi 5 674837264
Gulika 7:49AM – 9:09AM **Jyeshtha*** Until 5:09PM **Ganesha:** Yellow *Sunrise: 6:28AM*
Yama 2:32PM – 3:52PM Sobhana Until 11:35PM **Muruqa:** Purple *Sunset: 5:13PM* Moon 9 - Phase 26
Rahu 10:30AM – 11:51AM Bava Until 10:58AM **Nataraja:** White 3rd Phase
 Routine Work Prabalarishta Yoga Moon – Orange **Subha Sivaloka Day**
 Until 5:09PM then no yoga **Panchami Until 10:03PM**
 Until 7:47PM then Siddha Yoga **Ashvina•Aipasi**

4 Saturday, October 20, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Trieste, Italy
 Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau Sun 19 Sutra 191
 Nandana 5114
 Dhanus Rasi: 7.58 Tithi 6 684837264
Gulika 6:30AM – 7:50AM **Mula*** Until 3:12PM **Ganesha:** White *Sunrise: 6:30AM*
Yama 1:11PM – 2:31PM Athiganda* Until 8:09PM **Muruqa:** Purple *Sunset: 5:11PM* Moon 9 - Phase 26
Rahu 9:10AM – 10:30AM Kaulava Until 8:14AM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Light Blue **Subha Subha Sivaloka Day**
 Until 3:12PM then Marana Yoga **Shasthi* Until 7:19PM**
 Until 7:47PM then Siddha Yoga **Ashvina•Aipasi**

5 Sunday, October 21, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Trieste, Italy
 Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Gara/Visti* Karana Saptami/Ashtami* Yam Titau Sun 20 Sutra 192
 Nandana 5114
 Dhanus Rasi: 22.08 Tithi 7 – 8 684837264
Gulika 2:30PM – 3:50PM **Purvashadha*** Until 1:45PM **Ganesha:** White *Sunrise: 6:31AM*
Yama 11:50AM – 1:10PM Sukarma Until 5:14PM **Muruqa:** Purple *Sunset: 5:10PM* Moon 9 - Phase 26
Rahu 3:50PM – 5:10PM Gara Until 6:04AM **Nataraja:** White 3rd Phase
 Creative Work Siddha Yoga Moon – Light Blue **Subha Subha Sivaloka Day**
 Until 1:45PM then Amrita Yoga **Saptami Until 5:08PM**
 Until 7:47PM then Marana Yoga **Ashvina•Aipasi**

Monday, October 22, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Trieste, Italy
 Uttarashadha/Sravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau Sun 21 Sutra 193
 Nandana 5114
 Makara Rasi: 5.59 Tithi 8 – 9 684837264
Gulika 1:10PM – 2:29PM **Uttarashadha** Until 12:53PM **Ganesha:** White *Sunrise: 6:32AM*
Yama 10:31AM – 11:50AM Dhriti Until 2:50PM **Muruqa:** Purple *Sunset: 5:08PM* Moon 9 - Phase 26
Rahu 7:52AM – 9:11AM Balava Until 2:39AM Tue **Nataraja:** White Ashtami
 Routine Work Marana Yoga Moon – Light Blue **Subha Subha Sivaloka Day**
 Until 12:53PM then Amrita Yoga **Ashtami* Until 3:35PM**
 Until 7:47PM then Siddha Yoga **Ashvina•Aipasi**

Tuesday, October 23, 2012 Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Trieste, Italy
 Sravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau Sun 22 Sutra 194
 Nandana 5114
 Makara Rasi: 19.3 Tithi 9 – 10 694837264
Gulika 11:50AM – 1:09PM **Sravana** Until 1:05PM **Ganesha:** Clear *Sunrise: 6:34AM*
Yama 9:12AM – 10:31AM Shula* Until 1:26PM **Muruqa:** Purple *Sunset: 5:06PM* Moon 9 - Phase 26
Rahu 2:28PM – 3:47PM Taitila Until 3:20AM Wed **Nataraja:** White Navami
 Creative Work Siddha Yoga Moon – Purple **Subha Sivaloka Day**
 Until 1:05PM then Marana Yoga **Navami* Until 3:20PM**
 Until 7:46PM then Prabalarishta Yoga **Ashvina•Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

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1	Wednesday, October 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Trieste, Italy Sun 23 Sutra 195 Nandana 5114	
	Kumbha Rasi: 2.43	Tithi 10 – 11 694837264	Gulika 10:31AM – 11:50AM Yama 7:54AM – 9:13AM Rahu 11:50AM – 1:09PM	Dhanishtha Until 1:18PM Ganda* Until 11:56AM Vanija Until 2:54AM Thu Dasami Until 2:54PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise:</i> 6:35AM <i>Sunset:</i> 5:05PM Moon 9 - Phase 27 4th Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 1:18PM then Siddha Yoga Until 7.46PM then Marana Yoga						
2	Thursday, October 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Trieste, Italy Sun 24 Sutra 196 Nandana 5114	
	Kumbha Rasi: 15.4	Tithi 11 – 12 694837264	Gulika 9:13AM – 10:31AM Yama 6:36AM – 7:55AM Rahu 1:08PM – 2:26PM	Satabhisha Until 2:01PM Vridhhi Until 10:53AM Bava Until 3:00AM Fri Ekadasi Until 3:00PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise:</i> 6:36AM <i>Sunset:</i> 5:03PM Moon 9 - Phase 27 4th Phase Subha Sivaloka Day
Routine Work Marana Yoga Until 2:01PM then Siddha Yoga		Vijaya Dasami				
3	Friday, October 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Trieste, Italy Sun 25 Sutra 197 Nandana 5114	
	Kumbha Rasi: 28.22	Tithi 12 – 13 614837264	Gulika 7:56AM – 9:14AM Yama 2:26PM – 3:44PM Rahu 10:32AM – 11:50AM	Purvaprostapada* Until 3:09PM Dhruva Until 10:34AM Kaulava Until 3:34AM Sat Dvadasi Until 3:34PM <i>Pradosha Vrata</i>	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise:</i> 6:38AM <i>Sunset:</i> 5:02PM Moon 9 - Phase 27 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga						
4	Saturday, October 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vyaghata*/Harshana Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Trieste, Italy Sun 26 Sutra 198 Nandana 5114	
	Meena Rasi: 10.52	Tithi 13 – 14 614937264	Gulika 6:39AM – 7:57AM Yama 1:07PM – 2:25PM Rahu 9:14AM – 10:32AM	Uttaraprostapada Until 5:35PM Vyaghata* Until 10:16AM Gara Until 6:37AM Sun Trayodasi Until 5:31PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:00PM Moon 9 - Phase 27 4th Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:35PM then Prabalarishta Yoga Until 7.46PM then Amrita Yoga						
5	Sunday, October 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Vanija Karana Chaturdasi* Yam Titau		Trieste, Italy Sun 27 Sutra 199 Nandana 5114	
	Meena Rasi: 23.11	Tithi 14 614937264	Gulika 2:24PM – 3:41PM Yama 11:50AM – 1:07PM Rahu 3:41PM – 4:59PM	Revati Until 7:38PM Harshana Until 10:18AM Vanija Until 8:07AM Mon Chaturdasi* Until 7:01PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise:</i> 6:41AM <i>Sunset:</i> 4:59PM Moon 9 - Phase 27 4th Phase Sivaloka Day
Creative Work Amrita Yoga Until 7.46PM then Siddha Yoga						
O	Monday, October 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau		Trieste, Italy Sun 28 Sutra 200 Nandana 5114	
	Copper Retreat Star		Gulika 1:06PM – 2:23PM Yama 10:33AM – 11:50AM Rahu 7:59AM – 9:16AM	Asvini Until 10:01PM Vajra* Until 10:40AM Visti Until 7:48AM Purnima* Until 8:53PM	Ganesha: Clear Muruqa: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 4:57PM Moon 9 - Phase 27 Purnima Subha Sivaloka Day
Mesha Rasi: 5.2 Family Home Evening Creative Work Siddha Yoga						
O	Tuesday, October 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Trieste, Italy Sun 29 Sutra 201 Nandana 5114	
	Silver Retreat Star		Gulika 11:49AM – 1:06PM Yama 9:16AM – 10:33AM Rahu 2:23PM – 3:39PM	Bharani Until 12:41AM Wed Siddhi Until 11:17AM Balava Until 9:59AM Prathama* Until 11:04PM	Ganesha: Purple Muruqa: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 4:56PM Moon 9 - Phase 27 Prathama Subha Subha Sivaloka Day
Mesha Rasi: 17.2 Creative Work Siddha Yoga Until 7.46PM then Marana Yoga Until 12:41AM Wed then Amrita Yoga						

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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Wednesday, October 31, 2012
Gold Retreat Star

Mesha Rasi: 29.13 Tithi 17
 625937264
 Creative Work Amrita Yoga
 Until 7.46PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Kritika Nakshatra Vyatipata*Varyan Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 10:33AM – 11:49AM **Krittika Until 3:35AM Thu**
Yama 8:01AM – 9:17AM Vyatipata* Until 12:06PM
Rahu 11:49AM – 1:06PM Tailila Until 12:24PM
Dvitiya Until 1:30AM Thu

Ganesha: Purple *Sunrise: 6:45AM*
Muruqa: Purple *Sunset: 4:54PM*
Nataraja: White
 Moon – White
Ashvina•Aipasi

Trieste, Italy
Sun 1 Sutra 202
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Subha Subha Sivaloka Day

1

Thursday, November 1, 2012

Wrishabha Rasi: 11.01 Tithi 18
 635947264
 Routine Work Marana Yoga
 Until 7:04AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Rohini Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 9:18AM – 10:34AM **Rohini Until 7:04AM Fri**
Yama 6:46AM – 8:02AM Varyan Until 1:04PM
Rahu 1:05PM – 2:21PM Vanija Until 3:00PM
Tritiya Until 4:06AM Fri

Ganesha: Clear *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 4:53PM*
Nataraja: White
 Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 2 Sutra 203
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Sivaloka Day

2

Friday, November 2, 2012

Wrishabha Rasi: 22.48 Tithi 19
 635947264
 Routine Work Marana Yoga
 Until 7:04AM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Rohini/Mrigasira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 8:03AM – 9:18AM **Rohini Until 7:04AM**
Yama 2:20PM – 3:36PM Parigha* Until 2:06PM
Rahu 10:34AM – 11:49AM Bava Until 5:40PM
Chaturthi* Until 7:12AM Sat

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Clear *Sunset: 4:51PM*
Nataraja: White
 Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 3 Sutra 204
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Sivaloka Day

3

Saturday, November 3, 2012

Mithuna Rasi: 5 Tithi 19 – 20
 635947264
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manla Vasara Yuktayam
 Mrigasira/Ardra Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 6:49AM – 8:04AM **Mrigasira Until 10:08AM**
Yama 1:05PM – 2:20PM Shiva Until 3:05PM
Rahu 9:19AM – 10:34AM Kaulava Until 8:18PM
Chaturthi* Until 7:12AM

Ganesha: Clear *Sunrise: 6:49AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: White
 Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 4 Sutra 205
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Sivaloka Day

4

Sunday, November 4, 2012

Mithuna Rasi: 16.29 Tithi 20 – 21
 635947264
 Creative Work Siddha Yoga
 Until 7.46PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:19PM – 3:34PM **Ardra Until 1:03PM**
Yama 11:49AM – 1:04PM Siddha Until 3:55PM
Rahu 3:34PM – 4:49PM Gara Until 10:45PM
Panchami Until 9:39AM

Ganesha: Clear *Sunrise: 6:50AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: White
 Moon – Yellow
Ashvina•Aipasi

Trieste, Italy
Sun 5 Sutra 206
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Sivaloka Day

5

Monday, November 5, 2012

Mithuna Rasi: 28.3 Tithi 21 – 22
Family Home Evening 645947264
 Creative Work Amrita Yoga
 Until 3:40PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:04PM – 2:18PM **Punarvasu Until 3:40PM**
Yama 10:35AM – 11:49AM Sadhya Until 4:29PM
Rahu 8:06AM – 9:21AM Visti Until 12:53AM Tue
Shasthi* Until 11:47AM

Ganesha: White *Sunrise: 6:52AM*
Muruqa: Clear *Sunset: 4:47PM*
Nataraja: White
 Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 6 Sutra 207
 Nandana 5114
 Moon 10 - Phase 28
 1st Phase
Subha Sivaloka Day

D

Tuesday, November 6, 2012
Retreat Star

Kataka Rasi: 10.44 Tithi 22 – 23
 745947264
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Pushya/Aslesha* Nakshatra Subha/Sukla Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:50AM – 1:04PM **Pushya Until 4:56PM**
Yama 9:21AM – 10:35AM Subha Until 3:53PM
Rahu 2:18PM – 3:32PM Balava Until 12:50AM Wed
Saptami Until 12:50PM

Ganesha: Clear *Sunrise: 6:53AM*
Muruqa: Clear *Sunset: 4:46PM*
Nataraja: White
 Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 7 Sutra 208
 Nandana 5114
 Moon 10 - Phase 28
 Ashtami
Sivaloka Day

Wednesday, November 7, 2012
Retreat Star

Kataka Rasi: 23.17 Tithi 23 – 24
 745947264
 Creative Work Siddha Yoga
 Until 7.46PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Aslesha* Nakshatra Sukla/Brahma Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 10:36AM – 11:50AM **Aslesha* Until 6:25PM**
Yama 8:08AM – 9:22AM Sukla Until 3:32PM
Rahu 11:50AM – 1:03PM Tailila Until 1:46AM Thu
Ashtami* Until 1:46PM

Ganesha: Clear *Sunrise: 6:55AM*
Muruqa: Clear *Sunset: 4:45PM*
Nataraja: White
 Moon – Blue
Ashvina•Aipasi

Trieste, Italy
Sun 8 Sutra 209
 Nandana 5114
 Moon 10 - Phase 28
 Navami
Sivaloka Day

According as one acts,so does he become. One becomes virtuous by virtuous action,bad by bad action. Shukla Yajur Veda,Brihadu 4.4.5. UpH,140

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1	Thursday, November 8, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Sun 9		Trieste, Italy Sutra 210 Nandana 5114
	Simha Rasi: 6.1	Tithi 24 – 25 756947264	Gulika 9:23AM – 10:36AM Yama 6:56AM – 8:09AM Rahu 1:03PM – 2:17PM	Magha* Until 7:13PM Brahma Until 2:34PM Vanija Until 1:59AM Fri Navami* Until 1:59PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Red Ashvina•Aipasi	Sunrise: 6:56AM Sunset: 4:43PM	Moon 10 - Phase 29 2nd Phase Subha Sivaloka Day
2	Friday, November 9, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Sun 10		Trieste, Italy Sutra 211 Nandana 5114
	Simha Rasi: 19.29	Tithi 25 – 26 756947264	Gulika 8:10AM – 9:24AM Yama 2:16PM – 3:29PM Rahu 10:37AM – 11:50AM	Purvaphalguni* Until 6:19PM Indra Until 12:25PM Bava Until 11:53PM Dasami Until 12:48PM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Ashvina•Aipasi	Sunrise: 6:57AM Sunset: 4:42PM	Moon 10 - Phase 29 2nd Phase Sivaloka Day
3	Saturday, November 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Sun 11		Trieste, Italy Sutra 212 Nandana 5114
	Kanya Rasi: 3.16	Tithi 26 – 27 756947264	Gulika 6:59AM – 8:11AM Yama 1:03PM – 2:15PM Rahu 9:24AM – 10:37AM	Uttaraphalguni Until 5:34PM Vaidhriti* Until 10:07AM Kaulava Until 10:28PM Ekadasi* Until 11:23AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Red Ashvina•Aipasi	Sunrise: 6:59AM Sunset: 4:41PM	Moon 10 - Phase 29 2nd Phase Sivaloka Day
4	Sunday, November 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Talita/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Sun 12		Trieste, Italy Sutra 213 Nandana 5114
	Kanya Rasi: 17.29	Tithi 27 – 28 766947264	Gulika 2:15PM – 3:27PM Yama 11:50AM – 1:02PM Rahu 3:27PM – 4:40PM	Hasta Until 3:22PM Vishkambha* Until 7:00AM Gara Until 7:12PM Dvadasi* Until 8:54AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruqa: Clear Nataraja: White Moon – Green Ashvina•Aipasi	Sunrise: 7:00AM Sunset: 4:40PM	Moon 10 - Phase 29 2nd Phase Devaloka Day
5	Monday, November 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Sakuni* Karana Trayodasi*/Chaturdasi* Yam Titau		Sun 13		Trieste, Italy Sutra 214 Nandana 5114
	Tula Rasi: 2.07	Tithi 28 – 29 766947264	Gulika 1:02PM – 2:14PM Yama 10:38AM – 11:50AM Rahu 8:14AM – 9:26AM	Chitra Until 1:17PM Ayushman Until 11:33PM Sakuni Until 2:41AM Tue Trayodasi* Until 6:07AM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Green Ashvina•Aipasi	Sunrise: 7:01AM Sunset: 4:39PM	Moon 10 - Phase 29 2nd Phase Devaloka Day
●	Tuesday, November 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Visakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Sun 14		Trieste, Italy Sutra 215 Nandana 5114
	Retreat Star		Gulika 11:50AM – 1:02PM Yama 9:27AM – 10:38AM Rahu 2:14PM – 3:26PM	Svati Until 10:41AM Saubhagya Until 7:37PM Catuspada Until 1:04PM Amavasya* Until 11:21PM	Ganesha: White Muruqa: Clear Nataraja: White Moon – Green Ashvina•Aipasi	Sunrise: 7:03AM Sunset: 4:38PM	Moon 10 - Phase 29 Amavasya Devaloka Day
●	Wednesday, November 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Sun 15		Trieste, Italy Sutra 216 Nandana 5114
	Retreat Star		Gulika 10:39AM – 11:50AM Yama 8:16AM – 9:27AM Rahu 11:50AM – 1:02PM	Visakha Until 7:48AM Sobhana Until 3:23PM Kintughna Until 9:25AM Prathama* Until 7:42PM	Ganesha: Green Muruqa: Clear Nataraja: White Moon – Orange Karttika•Aipasi	Sunrise: 7:04AM Sunset: 4:37PM	Moon 10 - Phase 29 Prathama Devaloka Day


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

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1	Thursday, November 15, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Trieste, Italy Sun 16 Sutra 217 Nandana 5114	
	Wrishchika Rasi: 17.23	Tithi 2 – 3	Gulika 9:28AM – 10:39AM Yama 7:06AM – 8:17AM Rahu 1:02PM – 2:13PM	Jyeshtha* Until 2:11AM Fri Athiganda* Until 11:07AM Taitila Until 2:15AM Fri Dvitiya Until 3:58PM	Ganesha: Green Muruqa: Clear Nataraja: White Moon – Orange Kartika•Aipasi	Sunrise: 7:06AM Sunset: 4:36PM	Moon 10 - Phase 30 3rd Phase
Creative Work Siddha Yoga Until 7.47PM then Prabalarishta Yoga Until 2:11AM Fri then no yoga		776947264	Devaloka Day				
2	Friday, November 16, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Trieste, Italy Sun 17 Sutra 218 Nandana 5114	
	Dhanus Rasi: 2.27	Tithi 3 – 4	Gulika 8:18AM – 9:29AM Yama 2:13PM – 3:24PM Rahu 10:40AM – 11:51AM	Mula* Until 11:24PM Sukarma Until 7:00AM Vanija Until 10:44PM Tritiya Until 12:27PM	Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Light Blue Kartika•Kartikai	Sunrise: 7:07AM Sunset: 4:35PM	Moon 10 - Phase 30 3rd Phase
No Yoga Until 7.47PM then Siddha Yoga Until 11:24PM then Marana Yoga		787947265	Devaloka Day				
3	Saturday, November 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Trieste, Italy Sun 18 Sutra 219 Nandana 5114	
	Dhanus Rasi: 17.16	Tithi 4 – 5	Gulika 7:08AM – 8:19AM Yama 1:02PM – 2:12PM Rahu 9:30AM – 10:40AM	Purvashadha* Until 10:07PM Shula* Until 12:25AM Sun Bava Until 8:41PM Chaturthi* Until 9:36AM	Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Light Blue Kartika•Kartikai	Sunrise: 7:08AM Sunset: 4:34PM	Moon 10 - Phase 30 3rd Phase
Routine Work Marana Yoga Until 7.47PM then Siddha Yoga Until 10:07PM then Amrita Yoga		787947265	Devaloka Day				
4	Sunday, November 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau			Trieste, Italy Sun 19 Sutra 220 Nandana 5114	
	Makara Rasi: 1.44	Tithi 5 – 6	Gulika 2:12PM – 3:22PM Yama 11:51AM – 1:02PM Rahu 3:22PM – 4:33PM	Uttarashadha Until 8:11PM Ganda* Until 9:00PM Taitila Until 6:00PM Panchami Until 6:55AM	Ganesha: Clear Muruqa: Clear Nataraja: Yellow Moon – Light Blue Kartika•Kartikai	Sunrise: 7:10AM Sunset: 4:32PM	Moon 10 - Phase 30 3rd Phase
Creative Work Amrita Yoga Until 7.47PM then Marana Yoga Until 8:11PM then Amrita Yoga		787947265	Devaloka Day				
5	Monday, November 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Sravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptami Yam Titau			Trieste, Italy Sun 20 Sutra 221 Nandana 5114	
	Makara Rasi: 15.46	Tithi 7	Gulika 1:02PM – 2:12PM Yama 10:41AM – 11:51AM Rahu 8:21AM – 9:31AM	Sravana Until 6:58PM Vriddhi Until 6:15PM Gara Until 4:05PM Saptami Until 3:10AM Tue	Ganesha: Purple Muruqa: Clear Nataraja: Yellow Moon – Purple Kartika•Kartikai	Sunrise: 7:11AM Sunset: 4:32PM	Moon 10 - Phase 30 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 6:58PM then Siddha Yoga Until 7.48PM then Marana Yoga		797947265	Sivaloka Day				
D	Tuesday, November 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Trieste, Italy Sun 21 Sutra 222 Nandana 5114	
	Makara Rasi: 29.23	Tithi 8	Gulika 11:52AM – 1:02PM Yama 9:32AM – 10:42AM Rahu 2:11PM – 3:21PM	Dhanishtha Until 7:26PM Dhruva Until 4:55PM Visti Until 3:43PM Ashtami* Until 3:43AM Wed	Ganesha: Purple Muruqa: Clear Nataraja: Yellow Moon – Purple Kartika•Kartikai	Sunrise: 7:12AM Sunset: 4:31PM	Moon 10 - Phase 30 Ashtami
Retreat Star Routine Work Marana Yoga Until 7.48PM then Siddha Yoga		797947265	Sivaloka Day				
W	Wednesday, November 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navami* Yam Titau			Trieste, Italy Sun 22 Sutra 223 Nandana 5114	
	Kumbha Rasi: 12.35	Tithi 9	Gulika 10:42AM – 11:52AM Yama 8:23AM – 9:33AM Rahu 11:52AM – 1:02PM	Satabhisha Until 7:41PM Vyaghata* Until 3:25PM Balava Until 3:20PM Navami* Until 3:20AM Thu	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Purple Kartika•Kartikai	Sunrise: 7:14AM Sunset: 4:30PM	Moon 10 - Phase 30 Navami
Creative Work Siddha Yoga Until 7.48PM then Amrita Yoga Until 7:41PM then Siddha Yoga		797147265	Sivaloka Day				

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

1	Thursday, November 22, 2012	Nandana Nama Samvatsare Dakshinaya Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dasami Yam Tilau							Trieste, Italy Sun 23 Sutra 224 Nandana 5114
Kumbha Rasi: 25.25	Tithi 10								
	718147265	Gulika 9:34AM – 10:43AM	Purvaprostapada* Until 8:36PM	Ganesha: Clear	Sunrise: 7:15AM				
Creative Work	Siddha Yoga	Yama 7:15AM – 8:24AM	Harshana Until 2:32PM	Muruqa: Clear	Sunset: 4:30PM			Moon 10 - Phase 31	
		Rahu 1:02PM – 2:11PM	Taitila Until 3:42PM	Nataraja: Yellow				4th Phase	
			Dasami Until 3:42AM Fri				Devaloka Day		
				Karttika-Karttikai					
2	Friday, November 23, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Vajra/Siddhi Yoga Vanija/Visti* Karana Ekadasi Yam Tilau							Trieste, Italy Sun 24 Sutra 225 Nandana 5114
Meena Rasi: 7.56	Tithi 11								
	718147265	Gulika 8:25AM – 9:34AM	Uttaraprostapada Until 11:27PM	Ganesha: Clear	Sunrise: 7:16AM				
Creative Work	Siddha Yoga	Yama 2:11PM – 3:20PM	Vajra* Until 2:49PM	Muruqa: Clear	Sunset: 4:29PM			Moon 10 - Phase 31	
		Rahu 10:43AM – 11:53AM	Vanija Until 5:38PM	Nataraja: Yellow				4th Phase	
			Ekadasi Until 6:09AM Sat				Devaloka Day		
				Karttika-Karttikai					
3	Saturday, November 24, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Tilau							Trieste, Italy Sun 25 Sutra 226 Nandana 5114
Meena Rasi: 20.13	Tithi 11 – 12								
	718147265	Gulika 7:18AM – 8:26AM	Revati Until 1:33AM Sun	Ganesha: Clear	Sunrise: 7:18AM				
Routine Work	Prabalarishta Yoga	Yama 1:02PM – 2:10PM	Siddhi Until 2:54PM	Muruqa: Clear	Sunset: 4:28PM			Moon 10 - Phase 31	
		Rahu 9:35AM – 10:44AM	Bava Until 7:14PM	Nataraja: Yellow				4th Phase	
			Ekadasi Until 6:09AM				Devaloka Day		
				Karttika-Karttikai					
4	Sunday, November 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vryatipata*/Varyan/Parigha* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Tilau							Trieste, Italy Sun 26 Sutra 227 Nandana 5114
Mesha Rasi: 2.19	Tithi 12 – 13								
	728147265	Gulika 2:10PM – 3:19PM	Asvini Until 4:03AM Mon	Ganesha: White	Sunrise: 7:19AM				
Creative Work	Siddha Yoga	Yama 11:53AM – 1:02PM	Vyatipata* Until 3:20PM	Muruqa: Clear	Sunset: 4:27PM			Moon 10 - Phase 31	
		Rahu 3:19PM – 4:27PM	Kaulava Until 9:15PM	Nataraja: Yellow				4th Phase	
			Dvadasi Until 8:10AM				Bhuloka Day		
				Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		
5	Monday, November 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Tilau							Trieste, Italy Sun 27 Sutra 228 Nandana 5114
Mesha Rasi: 14.16	Tithi 13 – 14								
Family Home Evening	728147265	Gulika 1:02PM – 2:10PM	Bharani Until 7:06AM Tue	Ganesha: White	Sunrise: 7:20AM				
Creative Work	Siddha Yoga	Yama 10:45AM – 11:53AM	Varyan Until 4:02PM	Muruqa: Clear	Sunset: 4:27PM			Moon 10 - Phase 31	
		Rahu 8:28AM – 9:37AM	Gara Until 11:34PM	Nataraja: Yellow				4th Phase	
			Trayodasi Until 10:29AM				Bhuloka Day		
				Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		
	Tuesday, November 27, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Tilau							Trieste, Italy Sun 27 Sutra 229 Nandana 5114
Mesha Rasi: 26.07	Tithi 14 – 15								
	728147265	Gulika 11:54AM – 1:02PM	Bharani Until 7:06AM	Ganesha: White	Sunrise: 7:21AM				
Creative Work	Siddha Yoga	Yama 9:38AM – 10:46AM	Parigha* Until 4:53PM	Muruqa: Clear	Sunset: 4:26PM			Moon 10 - Phase 31	
		Rahu 2:10PM – 3:18PM	Visti Until 2:06AM Wed	Nataraja: Yellow				Purnima	
			Chaturdasi* Until 1:00PM				Bhuloka Day		
		Krittika Deepam		Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		
Wednesday, November 28, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Sukla Yoga Bava/Balava Karana Purnima*/Prathama* Yam Tilau								Trieste, Italy Sun 28 Sutra 230 Nandana 5114
Silver Retreat Star		Gulika 10:46AM – 11:54AM	Krittika Until 10:09AM	Ganesha: White	Sunrise: 7:23AM				
Prathama		Yama 8:30AM – 9:38AM	Shiva Until 5:50PM	Muruqa: Clear	Sunset: 4:26PM			Moon 10 - Phase 31	
	728147265	Rahu 11:54AM – 1:02PM	Balava Until 4:43AM Thu	Nataraja: Yellow					
Creative Work	Amrita Yoga		Purnima* Until 3:38PM				Bhuloka Day		
		Penumbral Lunar Eclipse		Karttika-Karttikai			Devaloka Time: 3:PM to 6:PM		
		Vinayaga Viratam Begins							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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Thursday, November 29, 2012
Gold Retreat Star

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigasira Nakshatra Siddha Yoga Kaulava Karana Prathama* Yam Titau

Trieste, Italy
Sutra 231
Nandana 5114

Wrishabha Rasi: 19.43 Titithi 16
739147265
Routine Work Marana Yoga
Until 7.51PM then Siddha Yoga

Gulika 9:39AM – 10:47AM
Yama 7:24AM – 8:31AM
Rahu 1:02PM – 2:10PM

Rohini Until 1:14PM
Siddha Until 6:48PM
Kaulava Until 7:23AM Fri
Prathama* Until 6:17PM

Ganesha: Blue *Sunrise: 7:24AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Sivaloka Day

Friday, November 30, 2012

1

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigasira/Ardra Nakshatra Sadhya Yoga Tailila/Gara Karana Dvitiya Yam Titau

Trieste, Italy
Sun 1 Sutra 232
Nandana 5114

Mithuna Rasi: 1.32 Titithi 17
739147265
Creative Work Siddha Yoga

Gulika 8:32AM – 9:40AM
Yama 2:10PM – 3:17PM
Rahu 10:47AM – 11:55AM

Mrigasira Until 4:16PM
Sadhya Until 7:44PM
Tailila Until 7:48AM
Dvitiya Until 8:53PM

Ganesha: Blue *Sunrise: 7:25AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Sivaloka Day

Saturday, December 1, 2012

2

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha Yoga Vanija/Visti* Karana Tritiya Yam Titau

Trieste, Italy
Sun 2 Sutra 233
Nandana 5114

Mithuna Rasi: 13.25 Titithi 18
739147265
Creative Work Siddha Yoga
Until 7:10PM then Marana Yoga
Until 7.51PM then Siddha Yoga

Gulika 7:26AM – 8:33AM
Yama 1:03PM – 2:10PM
Rahu 9:41AM – 10:48AM

Ardra Until 7:10PM
Subha Until 8:32PM
Vanija Until 10:17AM
Tritiya Until 11:22PM

Ganesha: Blue *Sunrise: 7:26AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Yellow
Moon – Yellow
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Sivaloka Day

Sunday, December 2, 2012

3

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturthi* Yam Titau

Trieste, Italy
Sun 3 Sutra 234
Nandana 5114

Mithuna Rasi: 25.23 Titithi 19
749147265
Creative Work Siddha Yoga
Until 7.52PM then Amrita Yoga
Until 9:53PM then Siddha Yoga

Gulika 2:10PM – 3:17PM
Yama 11:56AM – 1:03PM
Rahu 3:17PM – 4:24PM

Punarvasu Until 9:53PM
Sukla Until 9:11PM
Bava Until 12:33PM
Chaturthi* Until 1:38AM Mon

Ganesha: Red *Sunrise: 7:27AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Devaloka Day

Monday, December 3, 2012

4

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Kaulava/Tailila Karana Panchami Yam Titau

Trieste, Italy
Sun 4 Sutra 235
Nandana 5114

Kataka Rasi: 7.3 Titithi 20
749147265
Family Home Evening
Creative Work Siddha Yoga

Gulika 1:03PM – 2:10PM
Yama 10:49AM – 11:56AM
Rahu 8:35AM – 9:42AM

Pushya Until 12:20AM Tue
Brahma Until 9:34PM
Kaulava Until 2:31PM
Panchami Until 3:37AM Tue

Ganesha: Red *Sunrise: 7:28AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Devaloka Day

Tuesday, December 4, 2012

5

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Indra Yoga Gara/Vanija Karana Shasthi* Yam Titau

Trieste, Italy
Sun 5 Sutra 236
Nandana 5114

Kataka Rasi: 19.47 Titithi 21
749147265
Creative Work Siddha Yoga

Gulika 11:57AM – 1:03PM
Yama 9:43AM – 10:50AM
Rahu 2:10PM – 3:17PM

Aslesha* Until 12:52AM Wed
Indra Until 8:31PM
Gara Until 3:16PM
Shasthi* Until 3:16AM Wed

Ganesha: Red *Sunrise: 7:29AM*
Muruqa: Clear *Sunset: 4:24PM*
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Devaloka Day

Wednesday, December 5, 2012

6

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptami Yam Titau

Trieste, Italy
Sun 6 Sutra 237
Nandana 5114

Simha Rasi: 2.18 Titithi 22
759147265
Creative Work Siddha Yoga
Until 7.53PM then Amrita Yoga
Until 2:22AM Thu then no yoga

Gulika 10:50AM – 11:57AM
Yama 8:37AM – 9:44AM
Rahu 11:57AM – 1:04PM

Magha* Until 2:22AM Thu
Vaidhriti* Until 8:10PM
Visti Until 4:15PM
Saptami Until 4:15AM Thu

Ganesha: Green *Sunrise: 7:30AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 32
1st Phase

Sivaloka Day

Thursday, December 6, 2012



Retreat Star

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Trieste, Italy
Sun 7 Sutra 238
Nandana 5114

Simha Rasi: 15.07 Titithi 23
759147265
No Yoga
Until 7.53PM then Siddha Yoga

Gulika 9:44AM – 10:51AM
Yama 7:31AM – 8:38AM
Rahu 1:04PM – 2:10PM

Purvaphalguni* Until 3:19AM Fri
Vishkambha* Until 7:19PM
Balava Until 4:39PM
Ashtami* Until 4:39AM Fri

Ganesha: Green *Sunrise: 7:31AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai

Moon 11 - Phase 32
Ashtami

Sivaloka Day

Friday, December 7, 2012

Retreat Star

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Navami* Yam Titau

Trieste, Italy
Sun 8 Sutra 239
Nandana 5114

Simha Rasi: 28.17 Titithi 24
751147265
Creative Work Siddha Yoga
Until 7.54PM then Marana Yoga

Gulika 8:39AM – 9:45AM
Yama 2:10PM – 3:17PM
Rahu 10:51AM – 11:58AM

Uttaraphalguni Until 2:05AM Sat
Priti Until 5:04PM
Tailila Until 3:33PM
Navami* Until 2:38AM Sat

Ganesha: Orange *Sunrise: 7:33AM*
Muruqa: Clear *Sunset: 4:23PM*
Nataraja: Yellow
Moon – Red
Karttika-Karttikai


Moon 11 - Phase 32
Navami

Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛṣṇa Yajur Veda, Kathau 2.2.12. UpR, 640

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1	Saturday, December 8, 2012		Nandana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dasami Yam Titau		Trieste, Italy Sutra 240 Nandana 5114	
	Kanya Rasi: 11.52	Tithi 25 761147265	Gulika 7:33AM – 8:40AM Yama 1:04PM – 2:11PM Rahu 9:46AM – 10:52AM	Hasta Until 1:40AM Sun Ayushman Until 3:04PM Vanija Until 2:31PM Dasami Until 1:36AM Sun	Ganesha: Light Blue <i>Sunrise: 7:33AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Green Karttika-Kartikai	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 7.54PM then Amrita Yoga Until 1:40AM Sun then Siddha Yoga					
2	Sunday, December 9, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadasi* Yam Titau		Trieste, Italy Sutra 241 Nandana 5114	
	Kanya Rasi: 25.52	Tithi 26 761147265	Gulika 2:11PM – 3:17PM Yama 11:59AM – 1:05PM Rahu 3:17PM – 4:23PM	Chitra Until 12:31AM Mon Saubhagya Until 12:22PM Bava Until 12:42PM Ekadasi* Until 11:47PM	Ganesha: Light Blue <i>Sunrise: 7:34AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Green Karttika-Kartikai	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 7.55PM then Prabarishla Yoga Until 12:31AM Mon then Amrita Yoga					
3	Monday, December 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Trieste, Italy Sutra 242 Nandana 5114	
	Tula Rasi: 10.17	Tithi 27 761147265	Gulika 1:05PM – 2:11PM Yama 10:53AM – 11:59AM Rahu 8:41AM – 9:47AM	Svati Until 9:32PM Sobhana Until 8:48AM Kaulava Until 9:48AM Dvadasi* Until 8:05PM	Ganesha: Light Blue <i>Sunrise: 7:35AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Green Karttika-Kartikai	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Family Home Evening Creative Work Amrita Yoga Until 7.55PM then Siddha Yoga Until 9:32PM then Marana Yoga					
4	Tuesday, December 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha Nakshatra Sukarma Yoga Gara/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Trieste, Italy Sutra 243 Nandana 5114	
	Tula Rasi: 25.05	Tithi 28 – 29 771147265	Gulika 12:00PM – 1:06PM Yama 9:48AM – 10:54AM Rahu 2:11PM – 3:17PM	Visakha Until 7:12PM Sukarma Until 1:05AM Wed Gara Until 6:45AM Trayodasi* Until 5:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 7:36AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Orange Karttika-Kartikai	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 7:12PM then Siddha Yoga					
	Wednesday, December 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Trieste, Italy Sutra 244 Nandana 5114	
	Retreat Star		Gulika 10:54AM – 12:00PM Yama 8:43AM – 9:49AM Rahu 12:00PM – 1:06PM	Anuradha Until 4:25PM Dhriti Until 8:57PM Catuspada Until 11:48PM Chaturdasi* Until 1:31PM	Ganesha: Purple <i>Sunrise: 7:37AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Orange Karttika-Kartikai	Moon 11 - Phase 33 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Vrishchika Rasi: 10.1 Tithi 29 – 30 771147265 Creative Work Siddha Yoga					
Thursday, December 13, 2012	Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Trieste, Italy Sutra 245 Nandana 5114	
	Vrishchika Rasi: 25.22	Tithi 30 – 1 771147265	Gulika 9:49AM – 10:55AM Yama 7:38AM – 8:44AM Rahu 1:06PM – 2:12PM	Jyeshtha* Until 1:25PM Shula* Until 4:37PM Kintughna Until 8:03PM Amavasya* Until 9:46AM	Ganesha: Purple <i>Sunrise: 7:38AM</i> Muruqa: Clear <i>Sunset: 4:23PM</i> Nataraja: Yellow Moon – Orange Margasira-Kartikai	Moon 11 - Phase 33 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga Until 7.57PM then no yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718

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1	Friday, December 14, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Kaulava Karana Prathama*/Dvitiya Yam Titau			Trieste, Italy
	Dhanus Rasi: 10.33 Tithi 1 - 2	Gulika 8:44AM - 9:50AM	Mula* Until 10:27AM	Ganesha: Light Blue <i>Sunrise: 7:39AM</i>	Sun 15 Sutra 246 Nandana 5114
	781147265	Yama 2:12PM - 3:18PM	Ganda* Until 12:18PM	Muruqa: Clear <i>Sunset: 4:24PM</i>	Moon 11 - Phase 34
	No Yoga	Rahu 10:56AM - 12:01PM	Kaulava Until 2:37AM Sat	Nataraja: Yellow	3rd Phase
	Until 10:27AM then Siddha Yoga		Prathama* Until 6:02AM	Moon - Light Blue	
	Until 7:57PM then Marana Yoga			Margasira-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Saturday, December 15, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mantra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vridhhi/Dhruva Yoga Tailala/Gara Karana Tritiya Yam Titau			Trieste, Italy
	Dhanus Rasi: 25.34 Tithi 3	Gulika 7:39AM - 8:45AM	Purvashadha* Until 7:46AM	Ganesha: Light Blue <i>Sunrise: 7:39AM</i>	Sun 16 Sutra 247 Nandana 5114
	781147265	Yama 1:07PM - 2:13PM	Vridhhi Until 8:16AM	Muruqa: Clear <i>Sunset: 4:24PM</i>	Moon 11 - Phase 34
	Routine Work Marana Yoga	Rahu 9:51AM - 10:56AM	Taitila Until 12:55PM	Nataraja: Yellow	3rd Phase
	Until 7:46AM then no yoga		Tritiya Until 11:12PM	Moon - Light Blue	
	Until 7:58PM then Amrita Yoga	Markali Pillaiyar		Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Sunday, December 16, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Trieste, Italy
	Makara Rasi: 10.15 Tithi 4	Gulika 2:13PM - 3:19PM	Sravana Until 4:25AM Mon	Ganesha: Purple <i>Sunrise: 7:40AM</i>	Sun 17 Sutra 248 Nandana 5114
	891247265	Yama 12:02PM - 1:08PM	Vyaghata* Until 1:57AM Mon	Muruqa: Clear <i>Sunset: 4:24PM</i>	Moon 11 - Phase 34
	Creative Work Amrita Yoga	Rahu 3:19PM - 4:24PM	Vanija Until 10:21AM	Nataraja: Yellow	3rd Phase
	Until 4:25AM Mon then Siddha Yoga		Chaturthi* Until 9:26PM	Moon - Purple	
				Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Monday, December 17, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchami Yam Titau			Trieste, Italy
	Makara Rasi: 24.32 Tithi 5	Gulika 1:08PM - 2:14PM	Dhanishtha Until 2:48AM Tue	Ganesha: Light Blue <i>Sunrise: 7:41AM</i>	Sun 18 Sutra 249 Nandana 5114
	892247265	Yama 10:57AM - 12:03PM	Harshana Until 10:49PM	Muruqa: Clear <i>Sunset: 4:24PM</i>	Moon 11 - Phase 34
	Family Home Evening	Rahu 8:46AM - 9:52AM	Bava Until 8:02AM	Nataraja: Yellow	3rd Phase
	Creative Work Siddha Yoga		Panchami Until 7:06PM	Moon - Purple	
	Until 7:59PM then Marana Yoga			Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

5	Tuesday, December 18, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Trieste, Italy
	Kumbha Rasi: 8.2 Tithi 6	Gulika 12:03PM - 1:09PM	Satabhisha Until 3:32AM Wed	Ganesha: Light Blue <i>Sunrise: 7:41AM</i>	Sun 19 Sutra 250 Nandana 5114
	892247265	Yama 9:52AM - 10:58AM	Vajra* Until 9:28PM	Muruqa: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 34
	Routine Work Marana Yoga	Rahu 2:14PM - 3:19PM	Kaulava Until 6:38AM	Nataraja: Yellow	3rd Phase
	Until 7:59PM then Siddha Yoga		Shasthi* Until 6:38PM	Moon - Purple	
	Until 3:32AM Wed then Amrita Yoga	Vinayaga Viratam Ends		Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

6	Wednesday, December 19, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Siddhi Yoga Gara/Vanija Karana Saptami Yam Titau			Trieste, Italy
	Kumbha Rasi: 21.4 Tithi 7	Gulika 10:58AM - 12:04PM	Purvaprostapada* Until 3:33AM Thu	Ganesha: White <i>Sunrise: 7:42AM</i>	Sun 20 Sutra 251 Nandana 5114
	812247265	Yama 8:47AM - 9:53AM	Siddhi Until 7:44PM	Muruqa: Clear <i>Sunset: 4:25PM</i>	Moon 11 - Phase 34
	Creative Work Amrita Yoga	Rahu 12:04PM - 1:09PM	Gara Until 6:01AM	Nataraja: Yellow	3rd Phase
	Until 8:00PM then Siddha Yoga		Saptami Until 6:01PM	Moon - Clear	
				Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Thursday, December 20, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Trieste, Italy
	Retreat Star	Gulika 9:53AM - 10:59AM	Uttaraprostapada Until 4:23AM Fri	Ganesha: White <i>Sunrise: 7:43AM</i>	Sun 21 Sutra 252 Nandana 5114
	Meena Rasi: 4.32 Tithi 8	Yama 7:43AM - 8:48AM	Vyatipata* Until 6:46PM	Muruqa: Clear <i>Sunset: 4:26PM</i>	Moon 11 - Phase 34
	812247265	Rahu 1:10PM - 2:15PM	Visti Until 6:19AM	Nataraja: Yellow	Ashtami
	Creative Work Siddha Yoga		Ashtami* Until 7:24PM	Moon - Clear	
				Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM

	Friday, December 21, 2012	Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navami* Yam Titau			Trieste, Italy
	Retreat Star	Gulika 8:48AM - 9:54AM	Revati Until 7:31AM Sat	Ganesha: White <i>Sunrise: 7:43AM</i>	Sun 22 Sutra 253 Nandana 5114
	Meena Rasi: 17.02 Tithi 9	Yama 2:15PM - 3:21PM	Variyan Until 7:24PM	Muruqa: Clear <i>Sunset: 4:26PM</i>	Moon 11 - Phase 34
	812247265	Rahu 10:59AM - 12:05PM	Balava Until 7:26AM	Nataraja: Yellow	Navami
	Creative Work Siddha Yoga		Navami* Until 8:32PM	Moon - Clear	
	Until 8:01PM then Prabalarishta Yoga	Day 1 of Pancha Ganapati		Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 7:31AM Sat then Siddha Yoga				

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11-12. UpM, 94

All times are standard time

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1	Saturday, December 22, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
	Revati/Asvini Nakshatra Parigha* Yoga Tailila/Gara Karana Dasami Yam Titau		Sun 23		Sutra 254 Nandana 5114	
Meena Rasi: 29.14	Tithi 10	812247265	Gulika 7:44AM – 8:49AM Yama 1:11PM – 2:16PM Rahu 9:54AM – 11:00AM	Revati Until 7:31AM Parigha* Until 7:37PM Tailila Until 9:13AM Dasami Until 10:19PM	Ganesha: White <i>Sunrise: 7:44AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Yellow Moon – Clear	Moon 11 - Phase 35 4th Phase
Routine Work Prabalarishta Yoga Until 7:31AM then Siddha Yoga	Day 2 of Pancha Ganapati		Bhuloka Day Devaloka Time: 3:PM to 6:PM			
2	Sunday, December 23, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
	Asvini/Bharani Nakshatra Shiva Yoga Vanija/Visiti* Karana Ekadasi Yam Titau		Sun 24		Sutra 255 Nandana 5114	
Mesha Rasi: 11.13	Tithi 11	822247265	Gulika 2:16PM – 3:22PM Yama 12:06PM – 1:11PM Rahu 3:22PM – 4:27PM	Asvini Until 10:13AM Shiva Until 8:14PM Vanija Until 11:29AM Ekadasi Until 12:35AM Mon	Ganesha: Yellow <i>Sunrise: 7:44AM</i> Muruqa: Clear <i>Sunset: 4:27PM</i> Nataraja: Yellow Moon – White	Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 10:13AM then no yoga Until 8:02PM then Siddha Yoga	Day 3 of Pancha Ganapati		Devaloka Day Margasira*Markali			
3	Monday, December 24, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
	Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadasa Yam Titau		Sun 25		Sutra 256 Nandana 5114	
Mesha Rasi: 23.04	Tithi 12	822247265	Gulika 1:12PM – 2:17PM Yama 11:01AM – 12:06PM Rahu 8:50AM – 9:55AM	Bharani Until 1:12PM Siddha Until 9:05PM Bava Until 2:03PM Dvadasa Until 3:08AM Tue	Ganesha: Yellow <i>Sunrise: 7:44AM</i> Muruqa: Clear <i>Sunset: 4:28PM</i> Nataraja: Yellow Moon – White	Moon 11 - Phase 35 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 1:12PM then no yoga Until 8:02PM then Siddha Yoga	Day 4 of Pancha Ganapati		Devaloka Day Margasira*Markali			
4	Tuesday, December 25, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
	Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Tailila Karana Trayodasi Yam Titau		Sun 26		Sutra 257 Nandana 5114	
Wrishabha Rasi: 4.51	Tithi 13	822247265	Gulika 12:07PM – 1:12PM Yama 9:56AM – 11:01AM Rahu 2:18PM – 3:23PM	Krittika Until 4:18PM Sadhya Until 10:05PM Kaulava Until 4:45PM Trayodasi Until 6:22AM Wed <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise: 7:45AM</i> Muruqa: Clear <i>Sunset: 4:29PM</i> Nataraja: Yellow Moon – White	Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 4:18PM then Amrita Yoga Until 8:03PM then Siddha Yoga	Day 5 of Pancha Ganapati		Devaloka Day Margasira*Markali			
5	Wednesday, December 26, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
	Rohini Nakshatra Subha Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Sun 27		Sutra 258 Nandana 5114	
Wrishabha Rasi: 16.38	Tithi 13 – 14	832247266	Gulika 11:02AM – 12:07PM Yama 8:51AM – 9:56AM Rahu 12:07PM – 1:13PM	Rohini Until 7:25PM Subha Until 11:04PM Gara Until 7:27PM Trayodasi Until 6:22AM	Ganesha: Blue <i>Sunrise: 7:45AM</i> Muruqa: Clear <i>Sunset: 4:29PM</i> Nataraja: Red Moon – Yellow	Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 8:03PM then Marana Yoga	Day 5 of Pancha Ganapati		Bhuloka Day Devaloka Time: 3:PM to 6:PM			
○	Thursday, December 27, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
	Mrigasira Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturdasi*/Purnima* Yam Titau		Sun 27		Sutra 259 Nandana 5114	
Wrishabha Rasi: 28.27	Tithi 14 – 15	832247266	Gulika 9:57AM – 11:02AM Yama 7:45AM – 8:51AM Rahu 1:13PM – 2:19PM	Mrigasira Until 10:26PM Sukla Until 11:58PM Visiti Until 10:03PM Chaturdasi* Until 8:58AM	Ganesha: Blue <i>Sunrise: 7:45AM</i> Muruqa: Clear <i>Sunset: 4:30PM</i> Nataraja: Red Moon – Yellow	Moon 11 - Phase 35 Purnima
Routine Work Marana Yoga Until 8:04PM then Siddha Yoga	Day 5 of Pancha Ganapati		Bhuloka Day Devaloka Time: 3:PM to 6:PM			
○	Friday, December 28, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
	Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Sun 28		Sutra 260 Nandana 5114	
Mithuna Rasi: 10.22	Tithi 15 – 16	832247266	Gulika 8:51AM – 9:57AM Yama 2:19PM – 3:25PM Rahu 11:03AM – 12:08PM	Ardra Until 1:16AM Sat Brahma Until 12:43AM Sat Balava Until 12:28AM Sat Purnima* Until 11:23AM	Ganesha: Blue <i>Sunrise: 7:46AM</i> Muruqa: Clear <i>Sunset: 4:31PM</i> Nataraja: Red Moon – Yellow	Moon 11 - Phase 35 Prathama
Creative Work Siddha Yoga Until 1:16AM Sat then Marana Yoga	Day 5 of Pancha Ganapati		Bhuloka Day Devaloka Time: 3:PM to 6:PM			
Tiruvembavai						

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

All times are standard time

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Saturday, December 29, 2012
Gold Retreat Star

Mithuna Rasi: 22.23 Tithi 16 – 17
842247266
Routine Work Marana Yoga
Until 8.05PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 7:46AM – 8:51AM **Punarvasu Until 3:53AM Sun**
Yama 1:14PM – 2:20PM Indra Until 1:15AM Sun
Rahu 9:57AM – 11:03AM Taitila Until 2:38AM Sun
Prathama* Until 1:33PM

Ganesha: Red *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:32PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Trieste, Italy
Sutra 261
Nandana 5114
Moon 12 - Phase 36
1st Phase

1 Sunday, December 30, 2012

Kataka Rasi: 4.33 Tithi 17 – 18
842247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:21PM – 3:27PM **Pushya Until 6:14AM Mon**
Yama 12:09PM – 1:15PM Vaidhriti* Until 1:32AM Mon
Rahu 3:27PM – 4:32PM Vanija Until 4:31AM Mon
Dvitiya Until 3:25PM

Ganesha: Red *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:32PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Trieste, Italy
Sutra 262
Nandana 5114
Moon 12 - Phase 36
1st Phase

2 Monday, December 31, 2012

Kataka Rasi: 16.52 Tithi 18 – 19
843247266
Family Home Evening
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Aslesha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 1:16PM – 2:21PM **Aslesha* Until 7:13AM Tue**
Yama 11:04AM – 12:10PM Vishkambha* Until 1:32AM Tue
Rahu 8:52AM – 9:58AM Bava Until 6:03AM Tue
Tritiya Until 4:58PM

Ganesha: Yellow *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:33PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Trieste, Italy
Sutra 263
Nandana 5114
Moon 12 - Phase 36
1st Phase

3 Tuesday, January 1, 2013

Kataka Rasi: 29.2 Tithi 19 – 20
843247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha*/Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 12:10PM – 1:16PM **Aslesha* Until 7:13AM**
Yama 9:58AM – 11:04AM Priti Until 11:51PM
Rahu 2:21PM – 3:27PM Kaulava Until 5:08AM Wed
Chaturthi* Until 5:08PM

Ganesha: Yellow *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:33PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Trieste, Italy
Sutra 264
Nandana 5114
Moon 12 - Phase 36
1st Phase

4 Wednesday, January 2, 2013

Simha Rasi: 12.01 Tithi 20
853247266
Creative Work Siddha Yoga
Until 8:27AM then Amrita Yoga
Until 8.06PM then no yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Ayushman Yoga Taitila Karana Panchami Yam Titau
Gulika 11:04AM – 12:10PM **Magha* Until 8:27AM**
Yama 8:52AM – 9:58AM Ayushman Until 11:15PM
Rahu 12:10PM – 1:16PM Taitila Until 5:50AM Thu
Panchami Until 5:50PM

Ganesha: White *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:34PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Trieste, Italy
Sutra 265
Nandana 5114
Moon 12 - Phase 36
1st Phase

5 Thursday, January 3, 2013

Simha Rasi: 24.53 Tithi 21
853247266
No Yoga
Until 9:16AM then Prabarishtha Yoga
Until 8.06PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 9:58AM – 11:04AM **Purvaphalguni* Until 9:16AM**
Yama 7:46AM – 8:52AM Saubhagya Until 10:16PM
Rahu 1:17PM – 2:23PM Gara Until 6:06AM
Shasthi* Until 6:06PM

Ganesha: White *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:35PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Trieste, Italy
Sutra 266
Nandana 5114
Moon 12 - Phase 36
1st Phase

6 Friday, January 4, 2013

Kanya Rasi: 8.02 Tithi 22 – 23
853247266
Creative Work Siddha Yoga
Until 9:38AM then Amrita Yoga
Until 8.07PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni*/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami*/Ashtami* Yam Titau
Gulika 8:52AM – 9:59AM **Uttaraphalguni Until 9:38AM**
Yama 2:24PM – 3:30PM Sobhana Until 8:51PM
Rahu 11:05AM – 12:11PM Balava Until 5:52AM Sat
Saptami Until 5:52PM

Ganesha: White *Sunrise: 7:46AM*
Muruqa: Clear *Sunset: 4:36PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Trieste, Italy
Sutra 267
Nandana 5114
Moon 12 - Phase 36
1st Phase

Saturday, January 5, 2013
Retreat Star

Kanya Rasi: 21.28 Tithi 23 – 24
863257266
Routine Work Marana Yoga
Until 8.07PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 7:46AM – 8:52AM **Hasta Until 9:11AM**
Yama 1:18PM – 2:24PM Athiganda* Until 6:04PM
Rahu 9:59AM – 11:05AM Taitila Until 3:15AM Sun
Subramuniyaswami Jayanti **Ashtami* Until 4:11PM**

Ganesha: Clear *Sunrise: 7:46AM*
Muruqa: White *Sunset: 4:37PM*
Nataraja: Red
Moon – Green
Sivaloka Day
Margasira*Markali

Trieste, Italy
Sutra 268
Nandana 5114
Moon 12 - Phase 36
Ashtami

Sunday, January 6, 2013
Retreat Star

Tula Rasi: 5.15 Tithi 24 – 25
863257266
Creative Work Siddha Yoga
Until 8.08PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 2:25PM – 3:32PM **Chitra Until 8:26AM**
Yama 12:12PM – 1:19PM Sukarma Until 3:44PM
Rahu 3:32PM – 4:38PM Vanija Until 1:52AM Mon
Navami* Until 2:47PM

Ganesha: Clear *Sunrise: 7:46AM*
Muruqa: White *Sunset: 4:38PM*
Nataraja: Red
Moon – Green
Sivaloka Day
Margasira*Markali

Trieste, Italy
Sutra 269
Nandana 5114
Moon 12 - Phase 36
Navami

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2.
UpH,262

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Monday, January 7, 2013</p> <p>Tula Rasi: 19.23 Tithi 25 – 26</p> <p>Family Home Evening 863257266</p> <p>Creative Work Amrita Yoga</p> <p>Until 7:04AM then Marana Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Trieste, Italy Sun 9 Sutra 270 Nandana 5114
	Gulika 1:19PM – 2:26PM Yama 11:06AM – 12:12PM Rahu 8:52AM – 9:59AM	Svati Until 7:04AM Dhriti Until 12:50PM Bava Until 11:49PM Dasami Until 12:44PM	Ganesha: Clear <i>Sunrise: 7:46AM</i> Muruqa: White <i>Sunset: 4:39PM</i> Nataraja: Red Moon – Green	Moon 12 - Phase 37 2nd Phase
	Sivaloka Day			
	Margasira*Markali			

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Tuesday, January 8, 2013</p> <p>Vrischika Rasi: 3.5 Tithi 26 – 27</p> <p>873257266</p> <p>Creative Work Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Trieste, Italy Sun 10 Sutra 271 Nandana 5114
	Gulika 12:13PM – 1:20PM Yama 9:59AM – 11:06AM Rahu 2:27PM – 3:33PM	Anuradha Until 2:31AM Wed Shula* Until 9:10AM Kaulava Until 8:03PM Ekadasi* Until 9:46AM	Ganesha: Purple <i>Sunrise: 7:45AM</i> Muruqa: White <i>Sunset: 4:40PM</i> Nataraja: Red Moon – Orange	Moon 12 - Phase 37 2nd Phase
	Devaloka Day			
	Margasira*Markali			

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Wednesday, January 9, 2013</p> <p>Vrischika Rasi: 18.36 Tithi 27 – 28</p> <p>873257266</p> <p>Creative Work Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi Yoga Tailila/Vanija Karana Dvadasi*/Trayodasi* Yam Titau			Trieste, Italy Sun 11 Sutra 272 Nandana 5114
	Gulika 11:06AM – 12:13PM Yama 8:52AM – 9:59AM Rahu 12:13PM – 1:20PM	Jyeshtha* Until 12:15AM Thu Vriddhi Until 1:31AM Thu Vanija Until 3:22AM Thu Dvadasi* Until 6:48AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 7:45AM</i> Muruqa: White <i>Sunset: 4:41PM</i> Nataraja: Red Moon – Orange	Moon 12 - Phase 37 2nd Phase
	Devaloka Day			
	Margasira*Markali			

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Thursday, January 10, 2013</p> <p>Dhanus Rasi: 3.33 Tithi 29</p> <p>883357266</p> <p>Creative Work Siddha Yoga</p> <p>Until 8:09PM then no yoga</p> <p>Until 9:40PM then Siddha Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Trieste, Italy Sun 12 Sutra 273 Nandana 5114
	Gulika 9:59AM – 11:06AM Yama 7:45AM – 8:52AM Rahu 1:21PM – 2:28PM	Mula* Until 9:40PM Dhruva Until 9:34PM Visti Until 1:47PM Chaturdasi* Until 12:04AM Fri	Ganesha: Purple <i>Sunrise: 7:45AM</i> Muruqa: White <i>Sunset: 4:43PM</i> Nataraja: Red Moon – Light Blue	Moon 12 - Phase 37 2nd Phase
	Devaloka Day			
	Margasira*Markali			

<div style="text-align: center;"> </div> <p>Friday, January 11, 2013</p> <p style="text-align: center;">Retreat Star</p> <p>Dhanus Rasi: 18.33 Tithi 30</p> <p>883357266</p> <p>Creative Work Siddha Yoga</p> <p>Until 8:10PM then no yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Trieste, Italy Sun 13 Sutra 274 Nandana 5114
	Gulika 8:52AM – 9:59AM Yama 2:29PM – 3:36PM Rahu 11:07AM – 12:14PM	Purvashadha* Until 6:59PM Vyaghata* Until 5:31PM Catuspada Until 10:22AM Amavasya* Until 8:39PM	Ganesha: Purple <i>Sunrise: 7:44AM</i> Muruqa: White <i>Sunset: 4:44PM</i> Nataraja: Red Moon – Light Blue	Moon 12 - Phase 37 Amavasya
	Devaloka Day			
	Margasira*Markali			

<p>Saturday, January 12, 2013</p> <p style="text-align: center;">Retreat Star</p> <p>Makara Rasi: 3.29 Tithi 1 – 2</p> <p>883357266</p> <p style="text-align: center;">No Yoga</p> <p>Until 4:26PM then Siddha Yoga</p> <p>Until 8:10PM then Amrita Yoga</p>	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Harshana/Vajra* Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau			Trieste, Italy Sun 14 Sutra 275 Nandana 5114
	Gulika 7:44AM – 8:52AM Yama 1:22PM – 2:30PM Rahu 9:59AM – 11:07AM	Uttarashadha Until 4:26PM Harshana Until 1:36PM Kintughna Until 7:06AM Prathama* Until 5:23PM	Ganesha: Purple <i>Sunrise: 7:44AM</i> Muruqa: White <i>Sunset: 4:45PM</i> Nataraja: Red Moon – Light Blue	Moon 12 - Phase 37 Prathama
	Devaloka Day			
	Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mṛigendra Agama Jnana Pada 13.A.5. MA, 289

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1	Sunday, January 13, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Trieste, Italy Sun 15 Sutra 276 Nandana 5114	
	Makara Rasi: 18.11 Tithi 2 – 3 893357266	Gulika 2:31PM – 3:38PM Yama 12:15PM – 1:23PM Rahu 3:38PM – 4:46PM	Sravana Until 2:50PM Vajra* Until 10:18AM Taitila Until 2:14AM Mon Dvitiya Until 3:09PM	Ganesha: Light Blue Muruqa: White Nataraja: Red Moon – Purple Pausha-Markali	Sunrise: 7:44AM Sunset: 4:46PM	Moon 12 - Phase 38 3rd Phase Devaloka Day


2	Monday, January 14, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddhi/Vyalipata* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Trieste, Italy Sun 16 Sutra 277 Nandana 5114	
	Kumbha Rasi: 2.32 Tithi 3 – 4 Family Home Evening 894357266 Creative Work Siddha Yoga Until 8.11PM then Marana Yoga	Gulika 1:23PM – 2:31PM Yama 11:07AM – 12:15PM Rahu 8:51AM – 9:59AM	Dhanishtha Until 1:06PM Siddhi Until 7:02AM Vanija Until 11:47PM Tritiya Until 12:42PM	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Purple Pausha-Thai	Sunrise: 7:43AM Sunset: 4:47PM	Moon 12 - Phase 38 3rd Phase Devaloka Day

3	Tuesday, January 15, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Trieste, Italy Sun 17 Sutra 278 Nandana 5114	
	Kumbha Rasi: 16.26 Tithi 4 – 5 894357266	Gulika 12:16PM – 1:24PM Yama 9:59AM – 11:07AM Rahu 2:32PM – 3:40PM	Satabhisha Until 12:34PM Varyan Until 3:14AM Wed Bava Until 11:28PM Chaturthi* Until 11:28AM	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Purple Pausha-Thai	Sunrise: 7:43AM Sunset: 4:49PM	Moon 12 - Phase 38 3rd Phase Devaloka Day

4	Wednesday, January 16, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Trieste, Italy Sun 18 Sutra 279 Nandana 5114	
	Kumbha Rasi: 29.53 Tithi 5 – 6 814357266	Gulika 11:08AM – 12:16PM Yama 8:51AM – 9:59AM Rahu 12:16PM – 1:25PM	Purvaprostapada* Until 12:22PM Parigha* Until 1:17AM Thu Kaulava Until 10:37PM Panchami Until 10:37AM	Ganesha: Green Muruqa: White Nataraja: Red Moon – Clear Pausha-Thai	Sunrise: 7:42AM Sunset: 4:50PM	Moon 12 - Phase 38 3rd Phase Devaloka Day

5	Thursday, January 17, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Trieste, Italy Sun 19 Sutra 280 Nandana 5114	
	Meena Rasi: 12.52 Tithi 6 – 7 814357266	Gulika 9:59AM – 11:08AM Yama 7:41AM – 8:50AM Rahu 1:25PM – 2:34PM	Uttaraprostapada Until 1:01PM Shiva Until 12:09AM Fri Gara Until 10:41PM Shasthi* Until 10:41AM	Ganesha: Green Muruqa: White Nataraja: Red Moon – Clear Pausha-Thai	Sunrise: 7:41AM Sunset: 4:51PM	Moon 12 - Phase 38 3rd Phase Devaloka Day

	Friday, January 18, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Trieste, Italy Sun 20 Sutra 281 Nandana 5114	
	Retreat Star Meena Rasi: 25.26 Tithi 7 – 8 814357266	Gulika 8:50AM – 9:59AM Yama 2:35PM – 3:44PM Rahu 11:08AM – 12:17PM	Revati Until 3:08PM Siddha Until 1:05AM Sat Visti Until 1:11AM Sat Saptami Until 12:06PM	Ganesha: Green Muruqa: White Nataraja: Red Moon – Clear Pausha-Thai	Sunrise: 7:41AM Sunset: 4:53PM	Moon 12 - Phase 38 Ashtami Devaloka Day

	Saturday, January 19, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Asvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Trieste, Italy Sun 21 Sutra 282 Nandana 5114	
	Retreat Star Mesha Rasi: 7.4 Tithi 8 – 9 824357266	Gulika 7:40AM – 8:49AM Yama 1:26PM – 2:35PM Rahu 9:59AM – 11:08AM	Asvini Until 5:20PM Sadhya Until 1:14AM Sun Balava Until 2:54AM Sun Ashtami* Until 1:49PM	Ganesha: Red Muruqa: White Nataraja: Red Moon – White Pausha-Thai	Sunrise: 7:40AM Sunset: 4:54PM	Moon 12 - Phase 38 Navami Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

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1	Sunday, January 20, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Mesha Rasi: 19.39	Tithi 9 – 10	824357266	Gulika 2:36PM – 3:46PM	Bharani Until 8:02PM	Ganesha: Red <i>Sunrise: 7:39AM</i>	Sun 22 Sutra 283 Nandana 5114
				Yama 12:17PM – 1:27PM	Subha Until 1:51AM Mon	Muruqa: White <i>Sunset: 4:55PM</i>	Moon 12 - Phase 39 4th Phase

No Yoga
Until 8:02PM then Siddha Yoga
Until 8:13PM then no yoga

2	Monday, January 21, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla Yoga Gara Karana Dasami Yam Titau				Trieste, Italy
	Vrishabha Rasi: 1.29	Tithi 10	824357266	Gulika 1:27PM – 2:37PM	Krittika Until 11:02PM	Ganesha: Red <i>Sunrise: 7:39AM</i>	Sun 23 Sutra 284 Nandana 5114
	Family Home Evening			Yama 11:08AM – 12:18PM	Sukla Until 2:44AM Tue	Muruqa: White <i>Sunset: 4:57PM</i>	Moon 12 - Phase 39 4th Phase

No Yoga
Until 8:13PM then Siddha Yoga
Until 11:02PM then Amrita Yoga

3	Tuesday, January 22, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Trieste, Italy
	Vrishabha Rasi: 13.16	Tithi 11	834357266	Gulika 12:18PM – 1:28PM	Rohini Until 2:09AM Wed	Ganesha: Blue <i>Sunrise: 7:38AM</i>	Sun 24 Sutra 285 Nandana 5114
	Creative Work Amrita Yoga			Yama 9:58AM – 11:08AM	Brahma Until 3:45AM Wed	Muruqa: White <i>Sunset: 4:58PM</i>	Moon 12 - Phase 39 4th Phase

Until 8:14PM then Siddha Yoga

4	Wednesday, January 23, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Indra Yoga Bava/Balava Karana Dvadasi Yam Titau				Trieste, Italy
	Vrishabha Rasi: 25.03	Tithi 12	834357266	Gulika 11:08AM – 12:18PM	Mrigasira Until 5:14AM Thu	Ganesha: Blue <i>Sunrise: 7:37AM</i>	Sun 25 Sutra 286 Nandana 5114
	Creative Work Siddha Yoga			Yama 8:47AM – 9:58AM	Indra Until 4:43AM Thu	Muruqa: White <i>Sunset: 4:59PM</i>	Moon 12 - Phase 39 4th Phase


Until 8:14PM then Marana Yoga

5	Thursday, January 24, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Trieste, Italy
	Mithuna Rasi: 6.56	Tithi 13	934357266	Gulika 9:57AM – 11:08AM	Ardra Until 8:06AM Fri	Ganesha: Red <i>Sunrise: 7:36AM</i>	Sun 26 Sutra 287 Nandana 5114
	Routine Work Marana Yoga			Yama 7:36AM – 8:47AM	Vaidhriti* Until 5:31AM Fri	Muruqa: White <i>Sunset: 5:01PM</i>	Moon 12 - Phase 39 4th Phase


Until 8:14PM then Siddha Yoga

6	Friday, January 25, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Trieste, Italy
	Mithuna Rasi: 18.57	Tithi 14	934357266	Gulika 8:46AM – 9:57AM	Ardra Until 8:06AM	Ganesha: Red <i>Sunrise: 7:35AM</i>	Sun 27 Sutra 288 Nandana 5114
	Creative Work Siddha Yoga			Yama 2:40PM – 3:51PM	Vishkambha* Until 6:03AM Sat	Muruqa: White <i>Sunset: 5:02PM</i>	Moon 12 - Phase 39 4th Phase

Until 8:14PM then Marana Yoga

	Saturday, January 26, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti Yoga Visti*/Bava Karana Purnima* Yam Titau				Trieste, Italy
	Copper Retreat Star			Gulika 7:34AM – 8:45AM	Punarvasu Until 10:22AM	Ganesha: Yellow <i>Sunrise: 7:34AM</i>	Sun 28 Sutra 289 Nandana 5114
	Kataka Rasi: 1.09	Tithi 15	945357266	Yama 1:30PM – 2:41PM	Priti Until 6:16AM Sun	Muruqa: White <i>Sunset: 5:04PM</i>	Moon 12 - Phase 39 Purnima

Routine Work Marana Yoga
Until 10:22AM then Siddha Yoga

	Sunday, January 27, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Ayushman Yoga Balava Karana Prathama* Yam Titau				Trieste, Italy
	Silver Retreat Star			Gulika 2:42PM – 3:54PM	Pushya Until 11:46AM	Ganesha: Yellow <i>Sunrise: 7:33AM</i>	Sun 29 Sutra 290 Nandana 5114
	Kataka Rasi: 13.33	Tithi 16	945357266	Yama 12:19PM – 1:31PM	Ayushman Until 4:24AM Mon	Muruqa: White <i>Sunset: 5:05PM</i>	Moon 12 - Phase 39 Prathama

Creative Work Siddha Yoga

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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Monday, January 28, 2013
Gold Retreat Star

Kataka Rasi: 26.08 Tithi 16 – 17
Family Home Evening 945357266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Aslesha*Magha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 1:31PM – 2:43PM **Aslesha* Until 1:07PM** **Ganesha:** Yellow *Sunrise: 7:32AM*
Yama 11:08AM – 12:19PM Saubhagya Until 3:55AM Tue **Muruqa:** White *Sunset: 5:06PM* Moon 1 - Phase 40
Rahu 8:44AM – 9:56AM Taitila Until 6:31PM **Nataraja:** Red Moon – Blue 1st Phase
Prathama* Until 6:31AM **Pausha-Thai** **Sivaloka Day**

Tuesday, January 29, 2013

1

Simha Rasi: 8.56 Tithi 17 – 18
955357266
Creative Work Siddha Yoga
Until 8.15PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 12:20PM – 1:32PM **Magha* Until 2:07PM** **Ganesha:** White *Sunrise: 7:31AM*
Yama 9:55AM – 11:07AM Sobhana Until 3:06AM Wed **Muruqa:** White *Sunset: 5:08PM* Moon 1 - Phase 40
Rahu 2:44PM – 3:56PM Vanija Until 6:57PM **Nataraja:** Red Moon – Red 1st Phase
Dvitiya Until 6:57AM **Pausha-Thai** **Subha Sivaloka Day**

Wednesday, January 30, 2013

2

Simha Rasi: 21.55 Tithi 18 – 19
955357266
Creative Work Amrita Yoga
Until 8.15PM then Prabalarishta Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Athiganda* Yoga Vistit*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 11:07AM – 12:20PM **Purvaphalguni* Until 2:46PM** **Ganesha:** White *Sunrise: 7:30AM*
Yama 8:43AM – 9:55AM Athiganda* Until 1:58AM Thu **Muruqa:** White *Sunset: 5:09PM* Moon 1 - Phase 40
Rahu 12:20PM – 1:32PM Bava Until 7:01PM **Nataraja:** Red Moon – Red 1st Phase
Tritiya Until 7:01AM **Pausha-Thai** **Subha Sivaloka Day**

Thursday, January 31, 2013

3

Kanya Rasi: 5.05 Tithi 19 – 20
955357266
Routine Work Prabalarishta Yoga
Until 3:05PM then no yoga
Until 8.15PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:54AM – 11:07AM **Uttaraphalguni Until 3:05PM** **Ganesha:** White *Sunrise: 7:29AM*
Yama 7:29AM – 8:42AM Sukarma Until 12:31AM Fri **Muruqa:** White *Sunset: 5:11PM* Moon 1 - Phase 40
Rahu 1:33PM – 2:45PM Kaulava Until 6:44PM **Nataraja:** Red Moon – Red 1st Phase
Chaturthi* Until 6:44AM **Pausha-Thai** **Subha Sivaloka Day**

Friday, February 1, 2013

4

Kanya Rasi: 18.25 Tithi 20 – 21
955357266
Creative Work Amrita Yoga
Until 2:26PM then Siddha Yoga
Until 8.16PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti* Yoga Taitila/Vanija Karana Panchami/Shasthi* Yam Titau

Gulika 8:42AM – 9:54AM **Hasta Until 2:26PM** **Ganesha:** Clear *Sunrise: 7:29AM*
Yama 2:45PM – 3:58PM Dhriti Until 9:40PM **Muruqa:** White *Sunset: 5:11PM* Moon 1 - Phase 40
Rahu 11:07AM – 12:20PM Vanija Until 4:15AM Sat **Nataraja:** Red Moon – Green 1st Phase
Panchami Until 6:05AM **Pausha-Thai** **Sivaloka Day**

Saturday, February 2, 2013

5

Tula Rasi: 1.56 Tithi 22
965357266
Routine Work Marana Yoga
Until 2:07PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Vistit*/Bava Karana Saptami Yam Titau

Gulika 7:28AM – 8:41AM **Chitra Until 2:07PM** **Ganesha:** Clear *Sunrise: 7:28AM*
Yama 1:33PM – 2:46PM Shula* Until 7:44PM **Muruqa:** White *Sunset: 5:12PM* Moon 1 - Phase 40
Rahu 9:54AM – 11:07AM Vistit Until 4:14PM **Nataraja:** Red Moon – Green 1st Phase
Saptami Until 3:19AM Sun **Pausha-Thai** **Sivaloka Day**

Sunday, February 3, 2013
Retreat Star

D

Tula Rasi: 15.4 Tithi 23
965357267
Creative Work Siddha Yoga
Until 1:27PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 2:47PM – 4:00PM **Svati Until 1:27PM** **Ganesha:** Clear *Sunrise: 7:27AM*
Yama 12:20PM – 1:34PM Ganda* Until 5:30PM **Muruqa:** White *Sunset: 5:14PM* Moon 1 - Phase 40
Rahu 4:00PM – 5:14PM Balava Until 2:56PM **Nataraja:** Yellow Moon – Green Ashtami
Ashtami* Until 2:00AM Mon **Pausha-Thai** **Sivaloka Day**

Monday, February 4, 2013
Retreat Star

Tula Rasi: 29.36 Tithi 24
Family Home Evening 975457267
Routine Work Marana Yoga
Until 12:24PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 1:34PM – 2:48PM **Visakha Until 12:24PM** **Ganesha:** Clear *Sunrise: 7:26AM*
Yama 11:07AM – 12:20PM Vridhhi Until 2:54PM **Muruqa:** White *Sunset: 5:15PM* Moon 1 - Phase 40
Rahu 8:39AM – 9:53AM Taitila Until 1:13PM **Nataraja:** Yellow Moon – Orange Navami
Navami* Until 12:17AM Tue **Pausha-Thai** **Sivaloka Day**

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722. TM

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<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Vrischika Rasi: 13.46 Tithi 25</p> <p style="margin: 0;">976457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Tuesday, February 5, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau	Trieste, Italy Sutra 299 Nandana 5114	
	Gulika 12:20PM – 1:34PM Yama 9:52AM – 11:06AM Rahu 2:48PM – 4:02PM	Anuradha Until 10:58AM Dhruva Until 11:56AM Vanija Until 11:05AM Dasami Until 10:10PM	Ganesha: Purple <i>Sunrise: 7:24AM</i> Muruqa: White <i>Sunset: 5:16PM</i> Nataraja: Yellow Moon – Orange Pausha*Thai	Sun 8 Moon 1 - Phase 41 2nd Phase Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Vrischika Rasi: 28.08 Tithi 26</p> <p style="margin: 0;">976457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 8:58AM then Marana Yoga</p> <p style="margin: 0;">Until 8.16PM then Siddha Yoga</p>	Wednesday, February 6, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau	Trieste, Italy Sutra 300 Nandana 5114	
	Gulika 11:06AM – 12:20PM Yama 8:37AM – 9:52AM Rahu 12:20PM – 1:35PM	Jyeshtha* Until 8:58AM Vyaghata* Until 8:29AM Bava Until 8:23AM Ekadasi* Until 6:40PM	Ganesha: Purple <i>Sunrise: 7:23AM</i> Muruqa: White <i>Sunset: 5:18PM</i> Nataraja: Yellow Moon – Orange Pausha*Thai	Sun 9 Moon 1 - Phase 41 2nd Phase Subha Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Dhanus Rasi: 12.4 Tithi 27 – 28</p> <p style="margin: 0;">986457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Thursday, February 7, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau	Trieste, Italy Sutra 301 Nandana 5114	
	Gulika 9:51AM – 11:06AM Yama 7:22AM – 8:36AM Rahu 1:35PM – 2:50PM	Mula* Until 7:04AM Vajra* Until 1:10AM Fri Gara Until 2:21AM Fri Dvadasi* Until 4:04PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise: 7:22AM</i> Muruqa: White <i>Sunset: 5:19PM</i> Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sun 10 Moon 1 - Phase 41 2nd Phase Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Dhanus Rasi: 27.17 Tithi 28 – 29</p> <p style="margin: 0;">986457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 8.16PM then no yoga</p> <p style="margin: 0;">Until 2:21AM Sat then Siddha Yoga</p>	Friday, February 8, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau	Trieste, Italy Sutra 302 Nandana 5114	
	Gulika 8:35AM – 9:51AM Yama 2:51PM – 4:06PM Rahu 11:06AM – 12:21PM	Uttarashadha Until 2:21AM Sat Siddhi Until 9:45PM Visti Until 11:38PM Trayodasi* Until 1:20PM	Ganesha: Clear <i>Sunrise: 7:20AM</i> Muruqa: White <i>Sunset: 5:21PM</i> Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sun 11 Moon 1 - Phase 41 2nd Phase Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">Retreat Star</h1> <p style="margin: 0;">Makara Rasi: 11.52 Tithi 29 – 30</p> <p style="margin: 0;">996457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p> <p style="margin: 0;">Until 8.16PM then Amrita Yoga</p> <p style="margin: 0;">Until 1:41AM Sun then Siddha Yoga</p>	Saturday, February 9, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Sravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau	Trieste, Italy Sutra 303 Nandana 5114	
	Gulika 7:19AM – 8:34AM Yama 1:36PM – 2:52PM Rahu 9:50AM – 11:05AM	Sravana Until 1:41AM Sun Vyatipata* Until 7:11PM Catuspada Until 10:06PM Chaturdasi* Until 11:01AM	Ganesha: Orange <i>Sunrise: 7:19AM</i> Muruqa: White <i>Sunset: 5:22PM</i> Nataraja: Yellow Moon – Purple Pausha*Thai	Sun 12 Moon 1 - Phase 41 Amavasya Sivaloka Day

<h1 style="font-size: 2em; margin: 0;">Retreat Star</h1> <p style="margin: 0;">Makara Rasi: 26.17 Tithi 30 – 1</p> <p style="margin: 0;">996457267</p> <p style="margin: 0;">Creative Work Siddha Yoga</p>	Sunday, February 10, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Varyan*/Parigha* Yoga Naga*/Kinlughna* Karana Amavasya*/Prathama* Yam Titau	Trieste, Italy Sutra 304 Nandana 5114	
	Gulika 2:52PM – 4:08PM Yama 12:21PM – 1:36PM Rahu 4:08PM – 5:24PM	Dhanishtha Until 11:48PM Varyan Until 3:49PM Kintughna Until 7:29PM Amavasya* Until 8:24AM	Ganesha: Orange <i>Sunrise: 7:18AM</i> Muruqa: White <i>Sunset: 5:24PM</i> Nataraja: Yellow Moon – Purple Magha*Thai	Sun 13 Moon 1 - Phase 41 Prathama Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada 63.2–6. AK, 51

All times are standard time

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1	Tuesday, February 19, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy
	Wishabha Rasi: 21.16 Tithi 9 – 10	Gulika 12:21PM – 1:40PM	Rohini Until 10:08AM	Ganesha: White	<i>Sunrise:</i> 7:04AM	Sun 22 Sutra 313
	938457267	Yama 9:42AM – 11:01AM	Vaidhriti* Until 9:48AM	Muruqa: White	<i>Sunset:</i> 5:37PM	Nandana 5114
Creative Work Amrita Yoga	Rahu 2:59PM – 4:18PM	Taitila Until 2:32AM Wed	Nataraja: Yellow	Moon – Yellow	Moon 1 - Phase 43	
Until 10:08AM then Siddha Yoga		Navami* Until 1:27PM	Magha-Masi		4th Phase	
Subha Sivaloka Day						

2	Wednesday, February 20, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dasami*/Ekadasi Yam Titau				Trieste, Italy
	Mithuna Rasi: 3.05 Tithi 10 – 11	Gulika 11:01AM – 12:20PM	Mrigasira Until 1:09PM	Ganesha: White	<i>Sunrise:</i> 7:03AM	Sun 23 Sutra 314
	938457267	Yama 8:22AM – 9:42AM	Vishkambha* Until 10:44AM	Muruqa: White	<i>Sunset:</i> 5:38PM	Nandana 5114
Creative Work Siddha Yoga	Rahu 12:20PM – 1:40PM	Vanija Until 5:07AM Thu	Nataraja: Yellow	Moon – Yellow	Moon 1 - Phase 43	
Until 8.16PM then Marana Yoga		Dasami Until 4:02PM	Magha-Masi		4th Phase	
Subha Sivaloka Day						

3	Thursday, February 21, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti* Karana Ekadasi Yam Titau				Trieste, Italy
	Mithuna Rasi: 15.01 Tithi 11	Gulika 9:41AM – 11:01AM	Ardra Until 3:58PM	Ganesha: White	<i>Sunrise:</i> 7:01AM	Sun 24 Sutra 315
	938457267	Yama 7:01AM – 8:21AM	Priti Until 11:27AM	Muruqa: White	<i>Sunset:</i> 5:40PM	Nandana 5114
Routine Work Marana Yoga	Rahu 1:40PM – 3:00PM	Visti Until 7:28AM Fri	Nataraja: Yellow	Moon – Yellow	Moon 1 - Phase 43	
Until 3:58PM then Amrita Yoga		Ekadasi Until 6:23PM	Magha-Masi		4th Phase	
Until 8.16PM then Siddha Yoga	Subha Sivaloka Day					

4	Friday, February 22, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau				Trieste, Italy
	Mithuna Rasi: 27.08 Tithi 12	Gulika 8:20AM – 9:40AM	Punarvasu Until 6:25PM	Ganesha: Clear	<i>Sunrise:</i> 6:59AM	Sun 25 Sutra 316
	948457267	Yama 3:01PM – 4:21PM	Ayushman Until 11:52AM	Muruqa: White	<i>Sunset:</i> 5:41PM	Nandana 5114
Creative Work Siddha Yoga	Rahu 11:00AM – 12:20PM	Bava Until 7:15AM	Nataraja: Yellow	Moon – Blue	Moon 1 - Phase 43	
Until 6:25PM then Marana Yoga		Dvadasi Until 8:21PM	Magha-Masi		4th Phase	
Until 8.16PM then Siddha Yoga	Sivaloka Day					

5	Saturday, February 23, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Trieste, Italy
	Kataka Rasi: 9.28 Tithi 13	Gulika 6:58AM – 8:18AM	Pushya Until 7:18PM	Ganesha: Clear	<i>Sunrise:</i> 6:58AM	Sun 26 Sutra 317
	948457267	Yama 1:41PM – 3:01PM	Saubhagya Until 11:26AM	Muruqa: White	<i>Sunset:</i> 5:42PM	Nandana 5114
Creative Work Siddha Yoga	Rahu 9:39AM – 11:00AM	Kaulava Until 8:30AM	Nataraja: Yellow	Moon – Blue	Moon 1 - Phase 43	
Until 7:18PM then Marana Yoga		Trayodasi Until 8:30PM	Magha-Masi		4th Phase	
Until 8.16PM then Siddha Yoga	Sivaloka Day					
<i>Pradosha Vrata</i>						

6	Sunday, February 24, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Trieste, Italy
	Kataka Rasi: 22.04 Tithi 14	Gulika 3:02PM – 4:23PM	Aslesha* Until 8:40PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	Sun 27 Sutra 318
	948457267	Yama 12:20PM – 1:41PM	Sobhana Until 10:58AM	Muruqa: White	<i>Sunset:</i> 5:44PM	Nandana 5114
Creative Work Siddha Yoga	Rahu 4:23PM – 5:44PM	Gara Until 9:19AM	Nataraja: Yellow	Moon – Blue	Moon 1 - Phase 43	
	Chidambaram Abhishekam	Chaturdasi* Until 9:19PM	Magha-Masi		4th Phase	
Sivaloka Day						

○	Monday, February 25, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau				Trieste, Italy
	Copper Retreat Star	Gulika 1:41PM – 3:03PM	Magha* Until 9:31PM	Ganesha: Clear	<i>Sunrise:</i> 6:54AM	Sun 28 Sutra 319
	Simha Rasi: 4.56 Tithi 15	Yama 10:59AM – 12:20PM	Athiganda* Until 10:02AM	Muruqa: White	<i>Sunset:</i> 5:45PM	Nandana 5114
Family Home Evening	Rahu 8:16AM – 9:37AM	Visti Until 9:35AM	Nataraja: Yellow	Moon – Red	Moon 1 - Phase 43	
959457267		Purnima* Until 9:35PM	Magha-Masi		Purnima	
Creative Work Siddha Yoga	Sivaloka Day					

○	Tuesday, February 26, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau				Trieste, Italy
	Silver Retreat Star	Gulika 12:20PM – 1:41PM	Purvaphalguni* Until 9:53PM	Ganesha: Clear	<i>Sunrise:</i> 6:53AM	Sun 29 Sutra 320
	Simha Rasi: 18.04 Tithi 16	Yama 9:36AM – 10:58AM	Sukarma Until 8:39AM	Muruqa: White	<i>Sunset:</i> 5:47PM	Nandana 5114
959457267	Rahu 3:03PM – 4:25PM	Balava Until 9:19AM	Nataraja: Yellow	Moon – Red	Moon 1 - Phase 43	
Creative Work Siddha Yoga		Prathama* Until 9:19PM	Magha-Masi		Prathama	
Until 8.15PM then Amrita Yoga	Sivaloka Day					

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2



Wednesday, February 27, 2013

Gold Retreat Star

Kanya Rasi: 1.26 Tithi 17
959457267

Creative Work Amrita Yoga
Until 8.15PM then Prabalarishta Yoga
Until 8.41PM then no yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Dvitiya Yam Titau

Gulika 10:57AM – 12:20PM
Yama 8:13AM – 9:35AM
Rahu 12:20PM – 1:42PM
Uttaraphalguni Until 8:41PM
Dhriti Until 6:48AM
Tailila Until 8:23AM
Dvitiya Until 7:28PM

Ganesha: Clear *Sunrise: 6:51AM*
Muruqa: White *Sunset: 5:48PM*
Nataraja: Yellow
Moon – Red
Magha-Masi

Trieste, Italy
Sun 1 **Sutra 321**
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Thursday, February 28, 2013

1

Kanya Rasi: 15.01 Tithi 18
969457267

No Yoga
Until 8.15PM then Amrita Yoga
Until 8.16PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 9:34AM – 10:57AM
Yama 6:49AM – 8:12AM
Rahu 1:42PM – 3:04PM
Hasta Until 8:16PM
Ganda* Until 2:09AM Fri
Vanija Until 7:20AM
Tritiya Until 6:25PM

Ganesha: White *Sunrise: 6:49AM*
Muruqa: White *Sunset: 5:49PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Trieste, Italy
Sun 2 **Sutra 322**
Nandana 5114
Moon 2 - Phase 44
1st Phase

Devaloka Day

Friday, March 1, 2013

2

Kanya Rasi: 28.44 Tithi 19 – 20
969557267

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Bava/Kaulava Karana Chaturthi*Panchami Yam Titau

Gulika 8:09AM – 9:32AM
Yama 3:06PM – 4:29PM
Rahu 10:56AM – 12:19PM
Chitra Until 7:36PM
Vriddhi Until 11:54PM
Bava Until 6:00AM
Chaturthi* Until 5:05PM

Ganesha: Clear *Sunrise: 6:46AM*
Muruqa: White *Sunset: 5:52PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Trieste, Italy
Sun 3 **Sutra 323**
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Saturday, March 2, 2013

3

Tula Rasi: 12.35 Tithi 20 – 21
969557267

Creative Work Siddha Yoga
Until 8.14PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:44AM – 8:08AM
Yama 1:43PM – 3:06PM
Rahu 9:31AM – 10:55AM
Svati Until 6:43PM
Dhruva Until 9:29PM
Gara Until 2:36AM Sun
Panchami Until 3:32PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: White *Sunset: 5:54PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Trieste, Italy
Sun 4 **Sutra 324**
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Sunday, March 3, 2013

4

Tula Rasi: 26.31 Tithi 21 – 22
979557267

Routine Work Marana Yoga
Until 8.14PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Visakha/Anuradha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 3:07PM – 4:31PM
Yama 12:19PM – 1:43PM
Rahu 4:31PM – 5:55PM
Visakha Until 5:41PM
Vyaghata* Until 6:55PM
Visti Until 12:53AM Mon
Shasthi* Until 1:48PM

Ganesha: White *Sunrise: 6:42AM*
Muruqa: White *Sunset: 5:55PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi

Trieste, Italy
Sun 5 **Sutra 325**
Nandana 5114
Moon 2 - Phase 44
1st Phase

Subha Sivaloka Day

Monday, March 4, 2013



Retreat Star

Vrischika Rasi: 10.32 Tithi 22 – 23
Family Home Evening 979557267

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 1:43PM – 3:07PM
Yama 10:54AM – 12:18PM
Rahu 8:05AM – 9:29AM
Anuradha Until 4:31PM
Harshana Until 4:14PM
Balava Until 11:01PM
Saptami Until 11:57AM

Ganesha: White *Sunrise: 6:40AM*
Muruqa: White *Sunset: 5:56PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi

Trieste, Italy
Sun 6 **Sutra 326**
Nandana 5114
Moon 2 - Phase 44
Ashtami

Subha Sivaloka Day

Tuesday, March 5, 2013

Retreat Star

Vrischika Rasi: 24.37 Tithi 23 – 24
171557267

Creative Work Siddha Yoga
Until 3.15PM then Amrita Yoga
Until 8.14PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau

Gulika 12:18PM – 1:43PM
Yama 9:28AM – 10:53AM
Rahu 3:08PM – 4:33PM
Jyeshtha* Until 3:15PM
Vajra* Until 1:26PM
Tailila Until 9:02PM
Ashtami* Until 9:57AM

Ganesha: White *Sunrise: 6:39AM*
Muruqa: White *Sunset: 5:58PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi


Trieste, Italy
Sun 7 **Sutra 327**
Nandana 5114
Moon 2 - Phase 44
Navami

Subha Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423

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1	Wednesday, March 6, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Trieste, Italy Sun 8 Sutra 328 Nandana 5114	
	Dhanus Rasi: 8.44 Tithi 24 – 25 181557267	Gulika 10:53AM – 12:18PM Yama 8:02AM – 9:27AM Rahu 12:18PM – 1:43PM	Mula* Until 1:53PM Siddhi Until 10:33AM Vanija Until 6:57PM Navami* Until 7:52AM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 6:37AM Sunset: 5:59PM	Moon 2 - Phase 45 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 1:53PM then Amrita Yoga Until 8.14PM then Siddha Yoga						
2	Thursday, March 7, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadasi* Yam Titau			Trieste, Italy Sun 9 Sutra 329 Nandana 5114	
	Dhanus Rasi: 22.55 Tithi 26 181557267	Gulika 9:26AM – 10:52AM Yama 6:35AM – 8:01AM Rahu 1:43PM – 3:09PM	Purvashadha* Until 12:27PM Vyatipata* Until 7:37AM Bava Until 4:47PM Ekadasi* Until 3:52AM Fri	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 6:35AM Sunset: 6:00PM	Moon 2 - Phase 45 2nd Phase Sivaloka Day
Creative Work Siddha Yoga						
3	Friday, March 8, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Trieste, Italy Sun 10 Sutra 330 Nandana 5114	
	Makara Rasi: 7.05 Tithi 27 181557267	Gulika 7:59AM – 9:25AM Yama 3:10PM – 4:36PM Rahu 10:51AM – 12:17PM	Uttarashadha Until 11:01AM Parigha* Until 2:00AM Sat Kaulava Until 2:38PM Dvadasi* Until 1:43AM Sat	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	Sunrise: 6:33AM Sunset: 6:02PM	Moon 2 - Phase 45 2nd Phase Sivaloka Day
Creative Work Siddha Yoga						
4	Saturday, March 9, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Sravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Trieste, Italy Sun 11 Sutra 331 Nandana 5114	
	Makara Rasi: 21.11 Tithi 28 191557267	Gulika 6:31AM – 7:58AM Yama 1:44PM – 3:10PM Rahu 9:24AM – 10:51AM	Sravana Until 9:41AM Shiva Until 11:10PM Gara Until 12:35PM Trayodasi* Until 11:39PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: Yellow Moon – Purple Magha-Masi	Sunrise: 6:31AM Sunset: 6:02PM	Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day
Mahasivaratri (Lunar)						
5	Sunday, March 10, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Trieste, Italy Sun 12 Sutra 332 Nandana 5114	
	Kumbha Rasi: 5.1 Tithi 29 191567267	Gulika 3:11PM – 4:38PM Yama 12:17PM – 1:44PM Rahu 4:38PM – 6:04PM	Dhanishtha Until 8:34AM Siddha Until 8:31PM Visti Until 10:46AM Chaturdasi* Until 9:50PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Purple Magha-Masi	Sunrise: 6:30AM Sunset: 6:04PM	Moon 2 - Phase 45 2nd Phase Sivaloka Day
Creative Work Siddha Yoga						
	Monday, March 11, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Trieste, Italy Sun 13 Sutra 333 Nandana 5114	
	Retreat Star Kumbha Rasi: 18.57 Tithi 30 Family Home Evening 191567267	Gulika 1:44PM – 3:11PM Yama 10:49AM – 12:17PM Rahu 7:55AM – 9:22AM	Satabhisha Until 7:48AM Sadhya Until 6:12PM Catuspada Until 9:19AM Amavasya* Until 8:24PM	Ganesha: Blue Muruqa: Yellow Nataraja: Yellow Moon – Purple Magha-Masi	Sunrise: 6:28AM Sunset: 6:06PM	Moon 2 - Phase 45 Amavasya Sivaloka Day
Creative Work Siddha Yoga Until 7:48AM then no yoga Until 8.12PM then Marana Yoga						
Retreat Star	Tuesday, March 12, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Trieste, Italy Sun 14 Sutra 334 Nandana 5114	
	Meena Rasi: 2.28 Tithi 1 111567267	Gulika 12:16PM – 1:44PM Yama 9:21AM – 10:49AM Rahu 3:12PM – 4:39PM	Purvaprostapada* Until 7:36AM Subha Until 5:04PM Kintughna Until 8:34AM Prathama* Until 8:34PM	Ganesha: Red Muruqa: Yellow Nataraja: Yellow Moon – Clear Phalgun-Masi	Sunrise: 6:26AM Sunset: 6:07PM	Moon 2 - Phase 45 Prathama Devaloka Day
Routine Work Marana Yoga Until 7:36AM then Amrita Yoga Until 8.12PM then Siddha Yoga						

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada 2.A3. MA, 58

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1	Wednesday, March 13, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiya Yam Titau	Sun 15	Trieste, Italy Sutra 335 Nandana 5114
	Meena Rasi: 15.4 Tithi 2 111567267	Gulika 10:48AM – 12:16PM Yama 7:52AM – 9:20AM Rahu 12:16PM – 1:44PM	Uttaraprostapada Until 7:51AM Sukla Until 3:35PM Balava Until 8:10AM Dvitiya Until 8:10PM	Ganesha: Red <i>Sunrise: 6:24AM</i> Muruqa: Yellow <i>Sunset: 6:08PM</i> Nataraja: Yellow Moon – Clear Phalguna-Masi
Creative Work Siddha Yoga Until 7:51AM then Marana Yoga Until 8.12PM then Siddha Yoga		Devaloka Day		
2	Thursday, March 14, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Asvini Nakshatra Brahma/Indra Yoga Tailita/Gara Karana Tritiya Yam Titau	Sun 16	Trieste, Italy Sutra 336 Nandana 5114
	Meena Rasi: 28.32 Tithi 3 111567267	Gulika 9:19AM – 10:47AM Yama 6:22AM – 7:51AM Rahu 1:44PM – 3:13PM	Revati Until 8:43AM Brahma Until 2:41PM Tailita Until 8:26AM Tritiya Until 8:26PM	Ganesha: Red <i>Sunrise: 6:22AM</i> Muruqa: Yellow <i>Sunset: 6:10PM</i> Nataraja: Yellow Moon – Clear Phalguna-Panguni
Creative Work Siddha Yoga Until 8:43AM then Amrita Yoga		Devaloka Day		
3	Friday, March 15, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthi* Yam Titau	Sun 17	Trieste, Italy Sutra 337 Nandana 5114
	Mesha Rasi: 11.04 Tithi 4 122567268	Gulika 7:49AM – 9:18AM Yama 3:13PM – 4:42PM Rahu 10:47AM – 12:16PM	Asvini Until 10:32AM Indra Until 2:59PM Vanija Until 9:39AM Chaturthi* Until 10:45PM	Ganesha: White <i>Sunrise: 6:20AM</i> Muruqa: Yellow <i>Sunset: 6:11PM</i> Nataraja: White Moon – White Phalguna-Panguni
Creative Work Amrita Yoga Until 10:32AM then Siddha Yoga		Devaloka Day		
4	Saturday, March 16, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchami Yam Titau	Sun 18	Trieste, Italy Sutra 338 Nandana 5114
	Mesha Rasi: 23.19 Tithi 5 122567268	Gulika 6:18AM – 7:48AM Yama 1:45PM – 3:14PM Rahu 9:17AM – 10:46AM	Bharani Until 12:42PM Vaidhriti* Until 3:08PM Bava Until 11:16AM Panchami Until 12:22AM Sun	Ganesha: White <i>Sunrise: 6:18AM</i> Muruqa: Yellow <i>Sunset: 6:12PM</i> Nataraja: White Moon – White Phalguna-Panguni
Creative Work Siddha Yoga Until 12:42PM then Amrita Yoga Until 8.11PM then Siddha Yoga		Devaloka Day		
5	Sunday, March 17, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Tailita Karana Shasthi* Yam Titau	Sun 19	Trieste, Italy Sutra 339 Nandana 5114
	Vrishabha Rasi: 5.21 Tithi 6 122567268	Gulika 3:14PM – 4:44PM Yama 12:15PM – 1:45PM Rahu 4:44PM – 6:14PM	Krittika Until 3:17PM Vishkambha* Until 3:41PM Kaulava Until 1:22PM Shasthi* Until 2:28AM Mon	Ganesha: White <i>Sunrise: 6:16AM</i> Muruqa: Yellow <i>Sunset: 6:14PM</i> Nataraja: White Moon – White Phalguna-Panguni
Creative Work Siddha Yoga Until 8.11PM then Amrita Yoga		Devaloka Day		
6	Monday, March 18, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Sapthami Yam Titau	Sun 20	Trieste, Italy Sutra 340 Nandana 5114
	Vrishabha Rasi: 17.14 Tithi 7 Family Home Evening 132567268	Gulika 1:45PM – 3:15PM Yama 10:45AM – 12:15PM Rahu 7:45AM – 9:15AM	Rohini Until 6:11PM Priti Until 4:31PM Gara Until 3:47PM Sapthami Until 4:52AM Tue	Ganesha: Clear <i>Sunrise: 6:15AM</i> Muruqa: Yellow <i>Sunset: 6:15PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni
Creative Work Amrita Yoga Until 8.10PM then Siddha Yoga		Sivaloka Day		
	Tuesday, March 19, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ayushman/Saubhagya Yoga Visli* Karana Ashtami* Yam Titau	Sun 21	Trieste, Italy Sutra 341 Nandana 5114
	Retreat Star Vrishabha Rasi: 29.04 Tithi 8 132567268	Gulika 12:15PM – 1:45PM Yama 9:14AM – 10:44AM Rahu 3:15PM – 4:46PM	Mrigasira Until 9:12PM Ayushman Until 5:28PM Visli Until 6:20PM Ashtami* Until 7:44AM Wed	Ganesha: Clear <i>Sunrise: 6:13AM</i> Muruqa: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni
Creative Work Siddha Yoga		Sivaloka Day		
W	Wednesday, March 20, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Sun 22	Trieste, Italy Sutra 342 Nandana 5114
	Retreat Star Mithuna Rasi: 10.55 Tithi 8 – 9 132567268	Gulika 10:43AM – 12:14PM Yama 7:42AM – 9:12AM Rahu 12:14PM – 1:45PM	Ardra Until 12:10AM Thu Saubhagya Until 6:22PM Balava Until 8:50PM Ashtami* Until 7:44AM	Ganesha: Clear <i>Sunrise: 6:11AM</i> Muruqa: Yellow <i>Sunset: 6:18PM</i> Nataraja: White Moon – Yellow Phalguna-Panguni
Creative Work Siddha Yoga Until 8.10PM then Marana Yoga Until 12:10AM Thu then Amrita Yoga		Sivaloka Day		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

All times are standard time

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1	Thursday, March 21, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Trieste, Italy Sutra 343 Nandana 5114	
	Mithuna Rasi: 22.53	Tithi 9 - 10	Gulika 9:11AM - 10:43AM	Punarvasu Until 2:55AM Fri	Ganesha: Purple	<i>Sunrise: 6:09AM</i>	Sun 23	
	142567268		Yama 6:09AM - 7:40AM	Sobhana Until 7:05PM	Muruqa: Yellow	<i>Sunset: 6:19PM</i>	Moon 2 - Phase 47	
			Rahu 1:45PM - 3:16PM	Taitila Until 11:06PM	Nataraja: White		4th Phase	
Creative Work Amrita Yoga Until 8.10PM then Siddha Yoga Until 2:55AM Fri then Marana Yoga			Navami* Until 10:00AM	Phalgun-Panguni		Devaloka Day		

2	Friday, March 22, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Trieste, Italy Sutra 344 Nandana 5114	
	Kataka Rasi: 5.01	Tithi 10 - 11	Gulika 7:39AM - 9:10AM	Pushya Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise: 6:07AM</i>	Sun 24	
	142567268		Yama 3:17PM - 4:49PM	Athiganda* Until 7:27PM	Muruqa: Yellow	<i>Sunset: 6:20PM</i>	Moon 2 - Phase 47	
			Rahu 10:42AM - 12:14PM	Vanija Until 12:57AM Sat	Nataraja: White		4th Phase	
Routine Work Marana Yoga Until 8.09PM then Siddha Yoga Until 5:18AM Sat then Marana Yoga			Dasami Until 11:52AM	Phalgun-Panguni		Devaloka Day		

3	Saturday, March 23, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Trieste, Italy Sutra 345 Nandana 5114	
	Kataka Rasi: 17.25	Tithi 11 - 12	Gulika 6:05AM - 7:37AM	Aslesha* Until 5:15AM Sun	Ganesha: Purple	<i>Sunrise: 6:05AM</i>	Sun 25	
	142567268		Yama 1:45PM - 3:17PM	Sukarma Until 6:24PM	Muruqa: Yellow	<i>Sunset: 6:22PM</i>	Moon 2 - Phase 47	
			Rahu 9:09AM - 10:41AM	Bava Until 12:35AM Sun	Nataraja: White		4th Phase	
Routine Work Marana Yoga Until 8.09PM then Siddha Yoga Until 5:15AM Sun then Marana Yoga			Yogaswami Mahasamadhi	Ekadasi Until 12:35PM	Phalgun-Panguni		Devaloka Day	

4	Sunday, March 24, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Trieste, Italy Sutra 346 Nandana 5114	
	Simha Rasi: 0.06	Tithi 12 - 13	Gulika 3:18PM - 4:50PM	Magha* Until 6:21AM Mon	Ganesha: Clear	<i>Sunrise: 6:03AM</i>	Sun 26	
	152567268		Yama 12:13PM - 1:45PM	Dhriti Until 5:47PM	Muruqa: Yellow	<i>Sunset: 6:23PM</i>	Moon 2 - Phase 47	
			Rahu 4:50PM - 6:23PM	Kaulava Until 1:10AM Mon	Nataraja: White		4th Phase	
Routine Work Marana Yoga Until 8.09PM then Siddha Yoga			Dvadasi Until 1:10PM	Phalgun-Panguni		Sivaloka Day		
<i>Pradosha Vrata</i>								

5	Monday, March 25, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Trieste, Italy Sutra 347 Nandana 5114	
	Simha Rasi: 13.08	Tithi 13 - 14	Gulika 1:46PM - 3:18PM	Magha* Until 6:21AM	Ganesha: Clear	<i>Sunrise: 6:01AM</i>	Sun 27	
	Family Home Evening	152567268	Yama 10:40AM - 12:13PM	Shula* Until 4:36PM	Muruqa: Yellow	<i>Sunset: 6:24PM</i>	Moon 2 - Phase 47	
	Creative Work Siddha Yoga		Rahu 7:34AM - 9:07AM	Gara Until 1:04AM Tue	Nataraja: White		4th Phase	
			Trayodasi Until 1:04PM	Phalgun-Panguni		Sivaloka Day		

O	Tuesday, March 26, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Trieste, Italy Sutra 348 Nandana 5114	
	Copper Retreat Star		Gulika 12:12PM - 1:46PM	Purvaphalguni* Until 6:15AM	Ganesha: Purple	<i>Sunrise: 5:59AM</i>	Sun 28	
	Simha Rasi: 26.31	Tithi 14 - 15	Yama 9:06AM - 10:39AM	Ganda* Until 2:14PM	Muruqa: Yellow	<i>Sunset: 6:25PM</i>	Moon 2 - Phase 47	
	152667268		Rahu 3:19PM - 4:52PM	Visti Until 10:53PM	Nataraja: White		Purnima	
Creative Work Siddha Yoga Until 6:15AM then Amrita Yoga			Panguni Uttiram	Chaturdasi* Until 11:48AM	Phalgun-Panguni		Subha Sivaloka Day	

W	Wednesday, March 27, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Trieste, Italy Sutra 349 Nandana 5114	
	Silver Retreat Star		Gulika 10:38AM - 12:12PM	Hasta Until 4:28AM Thu	Ganesha: Clear	<i>Sunrise: 5:57AM</i>	Sun 29	
	Kanya Rasi: 10.14	Tithi 15 - 16	Yama 7:31AM - 9:05AM	Vridhhi Until 12:03PM	Muruqa: Yellow	<i>Sunset: 6:27PM</i>	Moon 2 - Phase 47	
	162667268		Rahu 12:12PM - 1:46PM	Balava Until 9:34PM	Nataraja: White		Prathama	
Creative Work Siddha Yoga Until 8.08PM then no yoga Until 4:28AM Thu then Siddha Yoga			Purnima* Until 10:29AM	Phalgun-Panguni		Sivaloka Day		

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP, 95

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Thursday, March 28, 2013
Gold Retreat Star

Kanya Rasi: 24.13 Titthi 16 – 17
163667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 9:04AM – 10:38AM **Chitra Until 3:21AM Fri**
Yama 5:56AM – 7:30AM Dhruva Until 9:26AM
Rahu 1:46PM – 3:20PM Taitila Until 7:44PM
Prathama* Until 8:39AM

Ganesha: White *Sunrise: 5:56AM*
Muruqa: Yellow *Sunset: 6:28PM*
Nataraja: White
Moon – Green
Devaloka Day
Phalguna-Panguni

Trieste, Italy
Sutra 350
Nandana 5114
Moon 3 - Phase 48
1st Phase

1

Friday, March 29, 2013

Tula Rasi: 8.23 Titthi 17 – 18
163667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau
Gulika 7:28AM – 9:03AM **Svati Until 1:54AM Sat**
Yama 3:20PM – 4:55PM Vyaghata* Until 6:29AM
Rahu 10:37AM – 12:11PM Visti Until 4:36AM Sat
Dvitiya Until 6:27AM

Ganesha: White *Sunrise: 5:54AM*
Muruqa: Yellow *Sunset: 6:29PM*
Nataraja: White
Moon – Green
Devaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 1 **Sutra 351**
Nandana 5114
Moon 3 - Phase 48
1st Phase

2

Saturday, March 30, 2013

Tula Rasi: 22.41 Titthi 19
173667268
Creative Work Siddha Yoga
Until 8:07PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Visakha Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 5:52AM – 7:27AM **Visakha Until 12:14AM Sun**
Yama 1:46PM – 3:21PM Vajra* Until 12:41AM Sun
Rahu 9:01AM – 10:36AM Bava Until 3:06PM
Chaturthi* Until 2:11AM Sun

Ganesha: Yellow *Sunrise: 5:52AM*
Muruqa: Yellow *Sunset: 6:31PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 2 **Sutra 352**
Nandana 5114
Moon 3 - Phase 48
1st Phase

3

Sunday, March 31, 2013

Vrischika Rasi: 7.02 Titthi 20
173667268
Routine Work Marana Yoga
Until 8:07PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 3:21PM – 4:57PM **Anuradha Until 10:30PM**
Yama 12:11PM – 1:46PM Siddhi Until 9:29PM
Rahu 4:57PM – 6:32PM Kaulava Until 12:36PM
Panchami Until 11:40PM

Ganesha: Yellow *Sunrise: 5:50AM*
Muruqa: Yellow *Sunset: 6:32PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 3 **Sutra 353**
Nandana 5114
Moon 3 - Phase 48
1st Phase

4

Monday, April 1, 2013

Vrischika Rasi: 21.22 Titthi 21
173667268
Family Home Evening
Creative Work Siddha Yoga
Until 8:48PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 1:46PM – 3:21PM **Jyeshtha* Until 8:48PM**
Yama 10:36AM – 12:11PM Vyatipata* Until 6:19PM
Rahu 7:25AM – 9:00AM Gara Until 10:07AM
Shasthi* Until 9:12PM

Ganesha: Yellow *Sunrise: 5:50AM*
Muruqa: Yellow *Sunset: 6:32PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 4 **Sutra 354**
Nandana 5114
Moon 3 - Phase 48
1st Phase

5

Tuesday, April 2, 2013

Dhanus Rasi: 5.37 Titthi 22
183667268
Creative Work Amrita Yoga
Until 7:14PM then Siddha Yoga
Until 8:06PM then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigaha* Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 12:11PM – 1:46PM **Mula* Until 7:14PM**
Yama 8:59AM – 10:35AM Variyan Until 3:17PM
Rahu 3:22PM – 4:58PM Visti Until 7:47AM
Saptami Until 6:52PM

Ganesha: Blue *Sunrise: 5:48AM*
Muruqa: Yellow *Sunset: 6:33PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 5 **Sutra 355**
Nandana 5114
Moon 3 - Phase 48
1st Phase



Wednesday, April 3, 2013
Retreat Star

Dhanus Rasi: 19.46 Titthi 23 – 24
183667268
Creative Work Amrita Yoga
Until 8:06PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigaha*/Shiva Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:34AM – 12:10PM **Purvashadha* Until 5:50PM**
Yama 7:22AM – 8:58AM Parigaha* Until 12:24PM
Rahu 12:10PM – 1:46PM Taitila Until 3:48AM Thu
Ashtami* Until 4:44PM

Ganesha: Blue *Sunrise: 5:46AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 6 **Sutra 356**
Nandana 5114
Moon 3 - Phase 48
Ashtami

Thursday, April 4, 2013
Retreat Star

Makara Rasi: 3.47 Titthi 24 – 25
183667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 8:57AM – 10:34AM **Uttarashadha Until 4:40PM**
Yama 5:44AM – 7:21AM Shiva Until 9:44AM
Rahu 1:46PM – 3:23PM Vanija Until 1:54AM Fri
Navami* Until 2:49PM

Ganesha: Blue *Sunrise: 5:44AM*
Muruqa: Yellow *Sunset: 6:36PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna-Panguni

Trieste, Italy
Sun 7 **Sutra 357**
Nandana 5114
Moon 3 - Phase 48
Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

All times are standard time

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1 Friday, April 5, 2013
 Makara Rasi: 17.39 Tithi 25 – 26
 Creative Work Siddha Yoga
 193667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
 Sravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Dasami/Ekadasi* Yam Titau

Gulika 7:19AM – 8:56AM
Yama 3:23PM – 5:00PM
Rahu 10:33AM – 12:10PM

Sravana Until 3:44PM
 Siddha Until 7:17AM
 Bava Until 12:15AM Sat
 Dasami Until 1:11PM

Ganesha: Red *Sunrise: 5:42AM*
Muruqa: Yellow *Sunset: 6:37PM*
Nataraja: White
 Moon – Purple

Phalguna-Panguni
Sivaloka Day

Sun 8 Trieste, Italy
 Sutra 358
 Nandana 5114
 Moon 3 - Phase 49
 2nd Phase

2 Saturday, April 6, 2013
 Kumbha Rasi: 1.22 Tithi 26 – 27
 Creative Work Siddha Yoga
 Until 3:04PM then Amrita Yoga
 Until 8:05PM then Siddha Yoga
 193667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
 Dhanishtha/Satabhisha Nakshatra Subha Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau

Gulika 5:40AM – 7:18AM
Yama 1:47PM – 3:24PM
Rahu 8:55AM – 10:32AM

Dhanishtha Until 3:04PM
 Subha Until 2:26AM Sun
 Kaulava Until 10:54PM
 Ekadasi* Until 11:49AM

Ganesha: Red *Sunrise: 5:40AM*
Muruqa: Yellow *Sunset: 6:38PM*
Nataraja: White
 Moon – Purple

Phalguna-Panguni
Sivaloka Day

Sun 9 Trieste, Italy
 Sutra 359
 Nandana 5114
 Moon 3 - Phase 49
 2nd Phase

3 Sunday, April 7, 2013
 Kumbha Rasi: 14.55 Tithi 27 – 28
 Creative Work Siddha Yoga
 Until 8:05PM then no yoga
 193667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Satabhisha/Purvaprostapada* Nakshatra Sukla Yoga Talila/Gara Karana Dvadasi*/Trayodasi* Yam Titau

Gulika 3:24PM – 5:02PM
Yama 12:09PM – 1:47PM
Rahu 5:02PM – 6:40PM

Satabhisha Until 3:24PM
 Sukla Until 1:51AM Mon
 Gara Until 11:12PM
 Dvadasi* Until 11:12AM
Pradosha Vrata (Fasting)

Ganesha: Red *Sunrise: 5:39AM*
Muruqa: Yellow *Sunset: 6:40PM*
Nataraja: White
 Moon – Purple

Phalguna-Panguni
Sivaloka Day

Sun 10 Trieste, Italy
 Sutra 360
 Nandana 5114
 Moon 3 - Phase 49
 2nd Phase

4 Monday, April 8, 2013
 Kumbha Rasi: 28.14 Tithi 28 – 29
 Family Home Evening
 No Yoga
 Until 3:24PM then Siddha Yoga
 Until 8:04PM then Amrita Yoga
 113667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
 Purvaprostapada*/Uttaraprostapada Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau

Gulika 1:47PM – 3:25PM
Yama 10:31AM – 12:09PM
Rahu 7:15AM – 8:53AM

Purvaprostapada* Until 3:24PM
 Brahma Until 12:10AM Tue
 Visti Until 10:30PM
 Trayodasi* Until 10:30AM

Ganesha: Green *Sunrise: 5:37AM*
Muruqa: Yellow *Sunset: 6:41PM*
Nataraja: White
 Moon – Clear

Phalguna-Panguni
Devaloka Day

Sun 11 Trieste, Italy
 Sutra 361
 Nandana 5114
 Moon 3 - Phase 49
 2nd Phase

Tuesday, April 9, 2013
 Retreat Star
 Meena Rasi: 11.21 Tithi 29 – 30
 Creative Work Amrita Yoga
 Until 3:49PM then Siddha Yoga
 Until 8:04PM then Marana Yoga
 113667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
 Uttaraprostapada*/Revali Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau

Gulika 12:09PM – 1:47PM
Yama 8:52AM – 10:30AM
Rahu 3:25PM – 5:04PM

Uttaraprostapada Until 3:49PM
 Indra Until 10:52PM
 Catuspada Until 10:15PM
 Chaturdasi* Until 10:15AM

Ganesha: Green *Sunrise: 5:35AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: White
 Moon – Clear

Phalguna-Panguni
Devaloka Day

Sun 12 Trieste, Italy
 Sutra 362
 Nandana 5114
 Moon 3 - Phase 49
 Amavasya

Wednesday, April 10, 2013
 Retreat Star
 Meena Rasi: 24.12 Tithi 30 – 1
 Routine Work Marana Yoga
 Until 8:04PM then Amrita Yoga
 113667268

Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam
 Revati/Asvini Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau

Gulika 10:29AM – 12:08PM
Yama 7:12AM – 8:51AM
Rahu 12:08PM – 1:47PM

Revati Until 4:42PM
 Vaidhriti* Until 10:01PM
 Kintughna Until 10:31PM
 Amavasya* Until 10:31AM

Ganesha: Green *Sunrise: 5:33AM*
Muruqa: Yellow *Sunset: 6:44PM*
Nataraja: White
 Moon – Clear

Chaitra-Panguni
Devaloka Day

Sun 13 Trieste, Italy
 Sutra 363
 Nandana 5114
 Moon 3 - Phase 49
 Prathama

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

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1	Thursday, April 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Asvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Trieste, Italy Sun 14 Sutra 364 Nandana 5114	
	Mesha Rasi: 6.48	Tithi 1 – 2	Gulika 8:50AM – 10:29AM	Asvini Until 7:04PM	Ganesha: White	<i>Sunrise:</i> 5:31AM	Moon 3 - Phase 50 3rd Phase	
		123667268	Yama 5:31AM – 7:10AM	Vishkambha* Until 10:47PM	Muruqa: Yellow	<i>Sunset:</i> 6:45PM		
Creative Work Amrita Yoga Until 7:04PM then Siddha Yoga		Rahu 1:47PM – 3:26PM	Balava Until 12:51AM Fri	Nataraja: White				
		Chellappaswami Mahasamadhi	Prathama* Until 11:45AM	Chaitra-Panguni		Devaloka Day		

2	Friday, April 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Trieste, Italy Sun 15 Sutra 365 Nandana 5114	
	Mesha Rasi: 19.1	Tithi 2 – 3	Gulika 7:09AM – 8:49AM	Bharani Until 9:01PM	Ganesha: Clear	<i>Sunrise:</i> 5:29AM	Moon 3 - Phase 50 3rd Phase	
		124667268	Yama 3:27PM – 5:06PM	Priti Until 10:46PM	Muruqa: Yellow	<i>Sunset:</i> 6:46PM		
Creative Work Siddha Yoga Until 9:01PM then Amrita Yoga		Rahu 10:28AM – 12:08PM	Taitila Until 2:12AM Sat	Nataraja: White				
			Dvitiya Until 1:07PM	Chaitra-Panguni		Sivaloka Day		


3	Saturday, April 13, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Trieste, Italy Sun 16 Sutra 1 Vijaya 5115	
	Virshabha Rasi: 1.19	Tithi 3 – 4	Gulika 5:28AM – 7:08AM	Krittika Until 11:23PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Moon 3 - Phase 50 3rd Phase	
		124667268	Yama 1:47PM – 3:27PM	Ayushman Until 11:09PM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM		
Creative Work Amrita Yoga Until 8:03PM then Siddha Yoga		Rahu 8:47AM – 10:27AM	Vanija Until 4:01AM Sun	Nataraja: White				
		Tamil New Year	Tritiya Until 2:55PM	Chaitra-Chaitra		Sivaloka Day		

4	Sunday, April 14, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Trieste, Italy Sun 17 Sutra 2 Vijaya 5115	
	Virshabha Rasi: 13.18	Tithi 4 – 5	Gulika 3:28PM – 5:08PM	Rohini Until 2:05AM Mon	Ganesha: Clear	<i>Sunrise:</i> 5:26AM	Moon 3 - Phase 50 3rd Phase	
		234667268	Yama 12:07PM – 1:48PM	Saubhagya Until 11:50PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM		
Creative Work Siddha Yoga Until 8:03PM then Amrita Yoga		Rahu 5:08PM – 6:49PM	Bava Until 6:11AM Mon	Nataraja: White				
			Chaturthi* Until 5:06PM	Chaitra-Chaitra		Sivaloka Day		

5	Monday, April 15, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigasira Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau				Trieste, Italy Sun 18 Sutra 3 Vijaya 5115	
	Virshabha Rasi: 25.1	Tithi 5	Gulika 1:48PM – 3:28PM	Mrigasira Until 4:59AM Tue	Ganesha: Clear	<i>Sunrise:</i> 5:24AM	Moon 3 - Phase 50 3rd Phase	
	Family Home Evening	234667268	Yama 10:26AM – 12:07PM	Sobhana Until 12:42AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:50PM		
Creative Work Amrita Yoga Until 8:03PM then Siddha Yoga Until 4:59AM Tue then Marana Yoga		Rahu 7:05AM – 8:45AM	Bava Until 6:25AM	Nataraja: White				
			Panchami Until 7:30PM	Chaitra-Chaitra		Sivaloka Day		

6	Tuesday, April 16, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Trieste, Italy Sun 19 Sutra 4 Vijaya 5115	
	Mithuna Rasi: 7	Tithi 6	Gulika 12:07PM – 1:48PM	Ardra Until 8:17AM Wed	Ganesha: Clear	<i>Sunrise:</i> 5:22AM	Moon 3 - Phase 50 3rd Phase	
		234667268	Yama 8:44AM – 10:26AM	Athiganda* Until 1:40AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:51PM		
Routine Work Marana Yoga Until 8:02PM then Siddha Yoga		Rahu 3:29PM – 5:10PM	Kaulava Until 8:55AM	Nataraja: White				
			Shasthi* Until 10:00PM	Chaitra-Chaitra		Sivaloka Day		

	Wednesday, April 17, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau				Trieste, Italy Sun 20 Sutra 5 Vijaya 5115	
	Retreat Star		Gulika 10:25AM – 12:06PM	Ardra Until 8:17AM	Ganesha: Clear	<i>Sunrise:</i> 5:20AM	Moon 3 - Phase 50 3rd Phase	
	Mithuna Rasi: 18.52	Tithi 7	Yama 7:02AM – 8:43AM	Sukarma Until 2:35AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:53PM		
Creative Work Siddha Yoga Until 8:02PM then Amrita Yoga		Rahu 12:06PM – 1:48PM	Gara Until 11:21AM	Nataraja: White				
			Saptami Until 12:27AM Thu	Chaitra-Chaitra		Sivaloka Day		

	Thursday, April 18, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtami* Yam Titau				Trieste, Italy Sun 21 Sutra 6 Vijaya 5115	
	Retreat Star		Gulika 8:42AM – 10:24AM	Punarvasu Until 11:02AM	Ganesha: Purple	<i>Sunrise:</i> 5:19AM	Moon 3 - Phase 50 Ashtami	
	Kataka Rasi: 0.49	Tithi 8	Yama 5:19AM – 7:01AM	Dhriti Until 3:20AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:54PM		
Creative Work Amrita Yoga Until 8:02PM then Marana Yoga		Rahu 1:48PM – 3:30PM	Visti Until 1:35PM	Nataraja: White				
			Ashtami* Until 2:41AM Fri	Chaitra-Chaitra		Subha Sivaloka Day		

	Friday, April 19, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navami* Yam Titau				Trieste, Italy Sun 22 Sutra 7 Vijaya 5115	
	Retreat Star		Gulika 6:59AM – 8:41AM	Pushya Until 1:27PM	Ganesha: Purple	<i>Sunrise:</i> 5:17AM	Moon 3 - Phase 50 Navami	
	Kataka Rasi: 12.57	Tithi 9	Yama 3:31PM – 5:13PM	Shula* Until 3:45AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:55PM		
Routine Work Marana Yoga		Rahu 10:24AM – 12:06PM	Balava Until 3:26PM	Nataraja: White				
		Sri Rama Navami	Navami* Until 4:32AM Sat	Chaitra-Chaitra		Subha Sivaloka Day		

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

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1	Saturday, April 20, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda* Yoga Taitila/Gara Karana Dasami Yam Titau				Trieste, Italy Sun 23 Sutra 8 Vijaya 5115	
	Kataka Rasi: 25.19	Tithi 10	Gulika 5:15AM – 6:58AM Yama 1:48PM – 3:31PM Rahu 8:40AM – 10:23AM	Aslesha* Until 2:38PM Ganda* Until 2:10AM Sun Taitila Until 3:51PM Dasami Until 3:51AM Sun	Ganesha: Clear Muruqa: Yellow Nataraja: White Moon – Blue Chaitra-Chaitra	Sunrise: 5:15AM Sunset: 6:56PM	Moon 3 - Phase 1 4th Phase	Sivaloka Day
Routine Work Marana Yoga Until 2:38PM then Amrita Yoga Until 8.01PM then Marana Yoga		244767268						
2	Sunday, April 21, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Trieste, Italy Sun 24 Sutra 9 Vijaya 5115	
	Simha Rasi: 8.01	Tithi 11	Gulika 3:32PM – 5:15PM Yama 12:06PM – 1:49PM Rahu 5:15PM – 6:58PM	Magha* Until 3:49PM Vriddhi Until 1:35AM Mon Vanija Until 4:25PM Ekadasi Until 4:25AM Mon	Ganesha: Purple Muruqa: Yellow Nataraja: White Moon – Red Chaitra-Chaitra	Sunrise: 5:13AM Sunset: 6:58PM	Moon 3 - Phase 1 4th Phase	Devaloka Day
Routine Work Marana Yoga Until 3:49PM then Siddha Yoga		254767268						
3	Monday, April 22, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadasi Yam Titau				Trieste, Italy Sun 25 Sutra 10 Vijaya 5115	
	Simha Rasi: 21.05	Tithi 12	Gulika 1:49PM – 3:32PM Yama 10:22AM – 12:05PM Rahu 6:55AM – 8:39AM	Purvaphalguni* Until 4:19PM Dhruva Until 12:22AM Tue Bava Until 4:14PM Dvadasi Until 4:14AM Tue	Ganesha: Purple Muruqa: Yellow Nataraja: White Moon – Red Chaitra-Chaitra	Sunrise: 5:12AM Sunset: 6:59PM	Moon 3 - Phase 1 4th Phase	Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 4:19PM then Marana Yoga Until 8.01PM then Amrita Yoga		254767268						
4	Tuesday, April 23, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Trieste, Italy Sun 26 Sutra 11 Vijaya 5115	
	Kanya Rasi: 4.33	Tithi 13	Gulika 12:05PM – 1:49PM Yama 8:38AM – 10:21AM Rahu 3:33PM – 5:16PM	Uttaraphalguni Until 3:20PM Vyaghata* Until 9:22PM Kaulava Until 2:32PM Trayodasi Until 1:37AM Wed <i>Pradosha Vrata</i>	Ganesha: Purple Muruqa: Yellow Nataraja: White Moon – Red Chaitra-Chaitra	Sunrise: 5:10AM Sunset: 7:00PM	Moon 3 - Phase 1 4th Phase	Devaloka Day
Creative Work Amrita Yoga Until 3:20PM then Siddha Yoga		254767268						
5	Wednesday, April 24, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Trieste, Italy Sun 27 Sutra 12 Vijaya 5115	
	Kanya Rasi: 18.26	Tithi 14	Gulika 10:21AM – 12:05PM Yama 6:52AM – 8:31AM Rahu 12:05PM – 1:49PM	Hasta Until 2:24PM Harshana Until 6:56PM Gara Until 12:52PM Chaturdasi* Until 11:57PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Green Chaitra-Chaitra	Sunrise: 5:08AM Sunset: 7:01PM	Moon 3 - Phase 1 4th Phase	Sivaloka Day
Creative Work Siddha Yoga		265767269						
○	Thursday, April 25, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau				Trieste, Italy Sun 28 Sutra 13 Vijaya 5115	
	Tula Rasi: 2.4	Tithi 15	Gulika 8:36AM – 10:20AM Yama 5:07AM – 6:51AM Rahu 1:49PM – 3:34PM	Chitra Until 12:23PM Vajra* Until 3:18PM Visti Until 10:12AM Purnima* Until 8:29PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Green Chaitra-Chaitra	Sunrise: 5:07AM Sunset: 7:03PM	Moon 3 - Phase 1 Purnima	Sivaloka Day
Creative Work Siddha Yoga Until 12:23PM then Amrita Yoga Until 8.00PM then Siddha Yoga		265767269	Partial Lunar Eclipse Hanuman Jayanti					
○	Friday, April 26, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau				Trieste, Italy Sun 29 Sutra 14 Vijaya 5115	
	Tula Rasi: 17.13	Tithi 16	Gulika 6:50AM – 8:35AM Yama 3:34PM – 5:19PM Rahu 10:20AM – 12:05PM	Svati Until 10:28AM Siddhi Until 12:03PM Balava Until 7:32AM Prathama* Until 5:49PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Green Chaitra-Chaitra	Sunrise: 5:05AM Sunset: 7:04PM	Moon 3 - Phase 1 Prathama	Sivaloka Day
Creative Work Siddha Yoga Until 10:28AM then Marana Yoga Until 8.00PM then Siddha Yoga		265767269						

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH,84

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