



Tuesday, April 19, 2011
Gold Retreat Star

Tula Rasi: 23.52 Tithi 17 – 18
272456158
Routine Work Marana Yoga
Until 1.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:53AM – 1:34PM **Visakha Until 9:09PM**
Yama 8:31AM – 10:12AM Siddhi Until 12:38PM
Rahu 3:15PM – 4:56PM Vanija Until 1:09AM Wed
Dvitiya Until 2:52PM

Ganesha: Yellow *Sunrise:* 5:08AM
Muruqa: Yellow *Sunset:* 6:37PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Stamford, CT
Sutra 7
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

1

Wednesday, April 20, 2011

Wrishchika Rasi: 8.28 Tithi 18 – 19
272456158
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:11AM – 11:53AM **Anuradha Until 8:04PM**
Yama 6:48AM – 8:30AM Vyatipata* Until 9:30AM
Rahu 11:53AM – 1:34PM Bava Until 11:38PM
Tritiya Until 12:34PM

Ganesha: Yellow *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Stamford, CT
Sutra 8
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

2

Thursday, April 21, 2011

Wrishchika Rasi: 22.37 Tithi 19 – 20
272456158
Creative Work Siddha Yoga
Until 1.59PM then Prabalarishla Yoga
Until 6:39PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:29AM – 10:11AM **Jyeshtha* Until 6:39PM**
Yama 5:05AM – 6:47AM Variyan Until 6:37AM
Rahu 1:34PM – 3:16PM Kaulava Until 9:27PM
Chaturthi* Until 10:22AM

Ganesha: Yellow *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Clear
Moon – Orange
Chaitra-Chaitra

Stamford, CT
Sutra 9
Khara 5113
Moon 4 - Phase 1
1st Phase

Devaloka Day

3

Friday, April 22, 2011

Dhanus Rasi: 6.19 Tithi 20 – 21
282456158
No Yoga
Until 1.59PM then Siddha Yoga
Until 6:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 6:46AM – 8:28AM **Mula* Until 6:58PM**
Yama 3:16PM – 4:58PM Shiva Until 3:15AM Sat
Rahu 10:10AM – 11:52AM Gara Until 9:20PM
Panchami Until 9:20AM

Ganesha: Blue *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:40PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Stamford, CT
Sutra 10
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

4

Saturday, April 23, 2011

Dhanus Rasi: 19.31 Tithi 21 – 22
282466158
Routine Work Marana Yoga
Until 1.58PM then Siddha Yoga
Until 7:12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 5:03AM – 6:45AM **Purvashadha* Until 7:12PM**
Yama 1:34PM – 3:17PM Siddha Until 1:47AM Sun
Rahu 8:27AM – 10:10AM Visti Until 8:51PM
Shasthi* Until 8:51AM

Ganesha: Blue *Sunrise:* 5:03AM
Muruqa: Red *Sunset:* 6:41PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Stamford, CT
Sutra 11
Khara 5113
Moon 4 - Phase 1
1st Phase

Sivaloka Day

Retreat Star

Sunday, April 24, 2011

Makara Rasi: 2.19 Tithi 22 – 23
283466158
Creative Work Amrita Yoga
Until 1.58PM then Marana Yoga
Until 9:23PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 3:17PM – 5:00PM **Uttarashadha Until 9:23PM**
Yama 11:52AM – 1:34PM Sadhya Until 2:30AM Mon
Rahu 5:00PM – 6:42PM Balava Until 10:36PM
Saptami Until 9:31AM

Ganesha: Red *Sunrise:* 5:01AM
Muruqa: Red *Sunset:* 6:42PM
Nataraja: Clear
Moon – Light Blue
Chaitra-Chaitra

Stamford, CT
Sutra 12
Khara 5113
Moon 4 - Phase 1
Ashtami

Devaloka Day

Monday, April 25, 2011

Retreat Star

Makara Rasi: 14.46 Tithi 23 – 24
293466159
Family Home Evening
Creative Work Amrita Yoga
Until 1.58PM then Siddha Yoga
Until 11:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 1:35PM – 3:18PM **Sravana Until 11:09PM**
Yama 10:09AM – 11:52AM Subha Until 2:20AM Tue
Rahu 6:43AM – 8:26AM Taitila Until 11:45PM
Ashtami* Until 10:39AM

Ganesha: Green *Sunrise:* 5:00AM
Muruqa: Red *Sunset:* 6:43PM
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Stamford, CT
Sutra 13
Khara 5113
Moon 4 - Phase 1
Navami

Devaloka Day

1	Tuesday, April 26, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Stamford, CT
	Makara Rasi: 26.57 Tithi 24 – 25 293466159	Gulika 11:51AM – 1:35PM Yama 8:25AM – 10:08AM Rahu 3:18PM – 5:01PM	Dhanishtha Until 1:26AM Wed Sukla Until 2:39AM Wed Vanija Until 1:28AM Wed Navami* Until 12:22PM	Ganesha: Green <i>Sunrise:</i> 4:58AM Muruqa: Red <i>Sunset:</i> 6:45PM Nataraja: Purple Moon – Purple Chaitra-Chaitra	Sutra 14 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Routine Work Marana Yoga Until 1:58PM then Prabalarishta Yoga Until 1:26AM Wed then Siddha Yoga		Devaloka Day				


2	Wednesday, April 27, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Brahma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau				Stamford, CT
	Kumbha Rasi: 8.58 Tithi 25 – 26 293566159	Gulika 10:08AM – 11:51AM Yama 6:41AM – 8:24AM Rahu 11:51AM – 1:35PM	Satabhisha Until 4:05AM Thu Brahma Until 3:18AM Thu Bava Until 3:33AM Thu Dasami Until 2:28PM	Ganesha: Red <i>Sunrise:</i> 4:57AM Muruqa: Red <i>Sunset:</i> 6:46PM Nataraja: Purple Moon – Purple Chaitra-Chaitra	Sutra 15 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work Siddha Yoga Until 1:58PM then Marana Yoga Until 4:05AM Thu then Siddha Yoga		Sivaloka Day				

3	Thursday, April 28, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Stamford, CT
	Kumbha Rasi: 20.52 Tithi 26 – 27 213566159	Gulika 8:23AM – 10:07AM Yama 4:56AM – 6:39AM Rahu 1:35PM – 3:19PM	Purvaprostapada* Until 7:12AM Fri Indra Until 4:08AM Fri Kaulava Until 5:53AM Fri Ekadasi* Until 4:47PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruqa: Red <i>Sunset:</i> 6:47PM Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sutra 16 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work Siddha Yoga		Sivaloka Day				

4	Friday, April 29, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vaidhriti* Yoga Kaulava/Faitilla Karana Dvadasi* Yam Titau				Stamford, CT
	Meena Rasi: 2.44 Tithi 27 213566159	Gulika 6:38AM – 8:23AM Yama 3:19PM – 5:04PM Rahu 10:07AM – 11:51AM	Purvaprostapada* Until 7:12AM Vaidhriti* Until 5:03AM Sat Kaulava Until 6:06AM Dvadasi* Until 7:12PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruqa: Red <i>Sunset:</i> 6:48PM Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sutra 17 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work Siddha Yoga		Sivaloka Day				

5	Saturday, April 30, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Stamford, CT
	Meena Rasi: 14.37 Tithi 28 213566159	Gulika 4:53AM – 6:37AM Yama 1:35PM – 3:20PM Rahu 8:22AM – 10:06AM	Uttaraprostapada Until 10:07AM Vishkambha* Until 6:10AM Sun Gara Until 8:30AM Trayodasi* Until 9:36PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: Red <i>Sunset:</i> 6:49PM Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sutra 18 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work Siddha Yoga Until 10:07AM then Prabalarishta Yoga Until 1:57PM then Amrita Yoga		Sivaloka Day				

6	Sunday, May 1, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Stamford, CT
	Meena Rasi: 26.31 Tithi 29 213566159	Gulika 3:20PM – 5:05PM Yama 11:51AM – 1:35PM Rahu 5:05PM – 6:50PM	Revati Until 12:58PM Vishkambha* Until 6:10AM Visti Until 10:49AM Chaturdasi* Until 11:54PM	Ganesha: Clear <i>Sunrise:</i> 4:52AM Muruqa: Red <i>Sunset:</i> 6:50PM Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sutra 19 Khara 5113 Moon 4 - Phase 2 2nd Phase	
Creative Work Amrita Yoga Until 12:58PM then Siddha Yoga		Sivaloka Day				

	Monday, May 2, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Stamford, CT
	Retreat Star Mesha Rasi: 8.31 Tithi 30 Family Home Evening 223566159	Gulika 1:36PM – 3:21PM Yama 10:05AM – 11:51AM Rahu 6:35AM – 8:20AM	Asvini Until 3:39PM Priti Until 6:51AM Catuspada Until 12:57PM Amavasya* Until 2:03AM Tue	Ganesha: Orange <i>Sunrise:</i> 4:50AM Muruqa: Red <i>Sunset:</i> 6:51PM Nataraja: Purple Moon – White Chaitra-Chaitra	Sutra 20 Khara 5113 Moon 4 - Phase 2 Amavasya	
Creative Work Siddha Yoga		Sivaloka Day				

7	Tuesday, May 3, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Stamford, CT
	Retreat Star Mesha Rasi: 20.36 Tithi 1 223566159	Gulika 11:50AM – 1:36PM Yama 8:20AM – 10:05AM Rahu 3:21PM – 5:07PM	Bharani Until 6:08PM Ayushman Until 7:21AM Kintughna Until 2:53PM Prathama* Until 3:58AM Wed	Ganesha: Orange <i>Sunrise:</i> 4:49AM Muruqa: Red <i>Sunset:</i> 6:52PM Nataraja: Purple Moon – White Vaisaka-Chaitra	Sutra 21 Khara 5113 Moon 4 - Phase 2 Prathama	
Creative Work Siddha Yoga Until 1:57PM then Marana Yoga Until 6:08PM then Amrita Yoga		Sivaloka Day				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

1	Wednesday, May 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Stamford, CT
	Wrishabha Rasi: 2.49 Tithi 2 223566159	Gulika 10:05AM – 11:50AM Yama 6:33AM – 8:19AM Rahu 11:50AM – 1:36PM	Krittika Until 8:22PM Saubhagya Until 7:37AM Balava Until 4:31PM Dvitiya Until 5:36AM Thu	Ganesha: Orange <i>Sunrise:</i> 4:48AM Muruqa: Red <i>Sunset:</i> 6:53PM Nataraja: Purple Moon – White Vaisaka-Chaitra	Sutra 22 Khara 5113 Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Creative Work Amrita Yoga Until 1.57PM then Marana Yoga				


2	Thursday, May 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiya Yam Titau			Stamford, CT
	Wrishabha Rasi: 15.11 Tithi 3 233566159	Gulika 8:18AM – 10:04AM Yama 4:47AM – 6:32AM Rahu 1:36PM – 3:22PM	Rohini Until 9:02PM Sobhana Until 7:30AM Taitila Until 4:50PM Tritiya Until 4:50AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:47AM Muruqa: Red <i>Sunset:</i> 6:54PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sutra 23 Khara 5113 Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Routine Work Marana Yoga Until 9:02PM then Siddha Yoga				

3	Friday, May 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Stamford, CT
	Wrishabha Rasi: 27.44 Tithi 4 233566159	Gulika 6:32AM – 8:18AM Yama 3:23PM – 5:09PM Rahu 10:04AM – 11:50AM	Mrigasira Until 10:29PM Athiganda* Until 7:11AM Vanija Until 5:41PM Chaturthi* Until 6:06AM Sat	Ganesha: Clear <i>Sunrise:</i> 4:45AM Muruqa: Red <i>Sunset:</i> 6:55PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sutra 24 Khara 5113 Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga				

4	Saturday, May 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Stamford, CT
	Mithuna Rasi: 10.29 Tithi 4 – 5 233566159	Gulika 4:44AM – 6:31AM Yama 1:37PM – 3:23PM Rahu 8:17AM – 10:04AM	Ardra Until 11:34PM Sukarma Until 6:31AM Bava Until 6:06PM Chaturthi* Until 6:06AM	Ganesha: Clear <i>Sunrise:</i> 4:44AM Muruqa: Red <i>Sunset:</i> 6:56PM Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sutra 25 Khara 5113 Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga				

5	Sunday, May 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau			Stamford, CT
	Mithuna Rasi: 23.29 Tithi 5 – 6 243566159	Gulika 3:24PM – 5:10PM Yama 11:50AM – 1:37PM Rahu 5:10PM – 6:57PM	Punarvasu Until 12:11AM Mon Shula* Until 4:18AM Mon Taitila Until 6:03PM Panchami Until 6:03AM	Ganesha: Purple <i>Sunrise:</i> 4:43AM Muruqa: Red <i>Sunset:</i> 6:57PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sutra 26 Khara 5113 Moon 4 - Phase 3 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 1.57PM then Amrita Yoga Until 12:11AM Mon then Siddha Yoga	Mother's Day			

6	Monday, May 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Gara/Vanija Karana Saptami Yam Titau			Stamford, CT
	Kataka Rasi: 6.45 Tithi 7 Family Home Evening 244566159	Gulika 1:37PM – 3:24PM Yama 10:03AM – 11:50AM Rahu 6:29AM – 8:16AM	Pushya Until 11:00PM Ganda* Until 1:22AM Tue Gara Until 4:34PM Saptami Until 3:39AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:42AM Muruqa: Red <i>Sunset:</i> 6:58PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sutra 27 Khara 5113 Moon 4 - Phase 3 3rd Phase Sivaloka Day
	Creative Work Siddha Yoga				

	Tuesday, May 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau			Stamford, CT
	Retreat Star Kataka Rasi: 20.2 Tithi 8 244566159	Gulika 11:50AM – 1:37PM Yama 8:15AM – 10:03AM Rahu 3:25PM – 5:12PM	Aslesha* Until 10:35PM Vriddhi Until 11:26PM Visti Until 3:26PM Ashtami* Until 2:31AM Wed	Ganesha: Clear <i>Sunrise:</i> 4:41AM Muruqa: Red <i>Sunset:</i> 6:59PM Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sutra 28 Khara 5113 Moon 4 - Phase 3 Ashtami Sivaloka Day
	Creative Work Siddha Yoga				

Retreat Star	Wednesday, May 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navami* Yam Titau			Stamford, CT
	Simha Rasi: 4.14 Tithi 9 254566159	Gulika 10:02AM – 11:50AM Yama 6:27AM – 8:15AM Rahu 11:50AM – 1:37PM	Magha* Until 9:36PM Dhruva Until 8:58PM Balava Until 1:43PM Navami* Until 12:47AM Thu	Ganesha: White <i>Sunrise:</i> 4:40AM Muruqa: Red <i>Sunset:</i> 7:00PM Nataraja: Purple Moon – Red Vaisaka-Chaitra	Sutra 29 Khara 5113 Moon 4 - Phase 3 Navami Devaloka Day
	Creative Work Siddha Yoga Until 1.56PM then Amrita Yoga Until 9:36PM then no yoga				


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

1	Thursday, May 12, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dasami Yam Titau				Stamford, CT
	Simha Rasi: 18.28 Tithi 10	Gulika 8:14AM – 10:02AM	Purvaphalguni* Until 7:08PM	Ganesha: White <i>Sunrise:</i> 4:39AM	Sutra 30	Khara 5113
	254566159	Yama 4:39AM – 6:26AM	Vyaghata* Until 6:00PM	Muruqa: Red <i>Sunset:</i> 7:01PM		Moon 4 - Phase 4
	No Yoga	Rahu 1:38PM – 3:26PM	Taitila Until 11:00AM	Nataraja: Purple		4th Phase
	Until 1.56PM then Siddha Yoga		Dasami Until 9:17PM	Moon – Red	Devaloka Day	
				Vaisaka-Chaitra		

2	Friday, May 13, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Stamford, CT
	Kanya Rasi: 2.58 Tithi 11	Gulika 6:26AM – 8:14AM	Uttaraphalguni Until 5:15PM	Ganesha: White <i>Sunrise:</i> 4:38AM	Sutra 31	Khara 5113
	254566159	Yama 3:26PM – 5:14PM	Harshana Until 2:02PM	Muruqa: Red <i>Sunset:</i> 7:02PM		Moon 4 - Phase 4
	Creative Work Siddha Yoga	Rahu 10:02AM – 11:50AM	Vanija Until 8:21AM	Nataraja: Purple		4th Phase
	Until 1.56PM then Marana Yoga		Ekadasi Until 6:38PM	Moon – Red	Devaloka Day	
				Vaisaka-Chaitra		

3	Saturday, May 14, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Stamford, CT
	Kanya Rasi: 17.43 Tithi 12 – 13	Gulika 4:37AM – 6:25AM	Hasta Until 3:00PM	Ganesha: Yellow <i>Sunrise:</i> 4:37AM	Sutra 32	Khara 5113
	264566159	Yama 1:38PM – 3:26PM	Vajra* Until 10:29AM	Muruqa: Red <i>Sunset:</i> 7:03PM		Moon 4 - Phase 4
	Routine Work Marana Yoga	Rahu 8:13AM – 10:02AM	Kaulava Until 1:53AM Sun	Nataraja: Purple		4th Phase
	Until 1.56PM then Amrita Yoga		Dvadasi Until 3:36PM	Moon – Green	Sivaloka Day	
	Until 3:00PM then Siddha Yoga		<i>Pradosha Vrata</i>	Vaisaka-Vaikasi		

4	Sunday, May 15, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatalpala* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Stamford, CT
	Tula Rasi: 2.34 Tithi 13 – 14	Gulika 3:27PM – 5:16PM	Chitra Until 12:34PM	Ganesha: Yellow <i>Sunrise:</i> 4:36AM	Sutra 33	Khara 5113
	264566159	Yama 11:50AM – 1:38PM	Siddhi Until 6:45AM	Muruqa: Red <i>Sunset:</i> 7:04PM		Moon 4 - Phase 4
	Creative Work Siddha Yoga	Rahu 5:16PM – 7:04PM	Gara Until 10:39PM	Nataraja: Purple		4th Phase
	Until 1.56PM then Amrita Yoga		Trayodasi Until 12:22PM	Moon – Green	Sivaloka Day	
				Vaisaka-Vaikasi		

	Monday, May 16, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Stamford, CT
	Copper Retreat Star	Gulika 1:39PM – 3:27PM	Svati Until 10:09AM	Ganesha: Yellow <i>Sunrise:</i> 4:35AM	Sutra 34	Khara 5113
	Tula Rasi: 17.25 Tithi 14 – 15	Yama 10:01AM – 11:50AM	Variyan Until 11:02PM	Muruqa: Red <i>Sunset:</i> 7:05PM		Moon 4 - Phase 4
	Family Home Evening 264566159	Rahu 6:23AM – 8:12AM	Visti Until 7:25PM	Nataraja: Purple		Purnima
	Creative Work Amrita Yoga		Chaturdasi* Until 9:08AM	Moon – Green	Sivaloka Day	
	Until 10:09AM then Marana Yoga			Vaisaka-Vaikasi		

5	Tuesday, May 17, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau				Stamford, CT
	Silver Retreat Star	Gulika 11:50AM – 1:39PM	Visakha Until 8:06AM	Ganesha: Blue <i>Sunrise:</i> 4:34AM	Sutra 35	Khara 5113
	Vrischika Rasi: 2.07 Tithi 15 – 16	Yama 8:12AM – 10:01AM	Parigha* Until 8:26PM	Muruqa: Red <i>Sunset:</i> 7:06PM		Moon 4 - Phase 4
	274566159	Rahu 3:28PM – 5:17PM	Kaulava Until 4:19AM Wed	Nataraja: Purple		Prathama
	Routine Work Marana Yoga		Purnima* Until 6:10AM	Moon – Orange	Devaloka Day	
	Until 8:06AM then Siddha Yoga			Vaisaka-Vaikasi		



Wednesday, May 18, 2011
Gold Retreat Star

Vrischika Rasi: 16.34 Titli 17
274566159
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 10:01AM – 11:50AM **Anuradha Until 6:11AM**
Yama 6:22AM – 8:11AM Shiva Until 5:07PM
Rahu 11:50AM – 1:39PM Tailila Until 2:30PM
Dvitiya Until 1:35AM Thu

Ganesha: Blue *Sunrise:* 4:33AM
Muruqa: Red *Sunset:* 7:07PM
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Stamford, CT
Sutra 36
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

1

Thursday, May 19, 2011

Dhanus Rasi: 0.39 Titli 18
284566159
Creative Work Siddha Yoga
Until 1.56PM then no yoga
Until 3:44AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 8:11AM – 10:00AM **Mula* Until 3:44AM Fri**
Yama 4:32AM – 6:21AM Siddha Until 2:21PM
Rahu 1:39PM – 3:29PM Vanija Until 12:25PM
Tritiya Until 11:29PM

Ganesha: Red *Sunrise:* 4:32AM
Muruqa: Red *Sunset:* 7:08PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Stamford, CT
Sun 1 Sutra 37
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

2

Friday, May 20, 2011

Dhanus Rasi: 14.2 Titli 19
284566159
Creative Work Siddha Yoga
Until 1.56PM then Marana Yoga
Until 4:46AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 6:21AM – 8:11AM **Purvashadha* Until 4:46AM Sat**
Yama 3:29PM – 5:19PM Sadhya Until 12:42PM
Rahu 10:00AM – 11:50AM Bava Until 11:31AM
Chaturthi* Until 11:31PM

Ganesha: Red *Sunrise:* 4:31AM
Muruqa: Red *Sunset:* 7:09PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Stamford, CT
Sun 2 Sutra 38
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

3

Saturday, May 21, 2011

Dhanus Rasi: 27.35 Titli 20
285566159
No Yoga
Until 1.57PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Panchami Yam Titau
Gulika 4:30AM – 6:20AM **Uttarashadha Until 4:54AM Sun**
Yama 1:40PM – 3:30PM Subha Until 11:11AM
Rahu 8:10AM – 10:00AM Kaulava Until 10:55AM
Panchami Until 10:55PM

Ganesha: Yellow *Sunrise:* 4:30AM
Muruqa: Red *Sunset:* 7:10PM
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Stamford, CT
Sun 3 Sutra 39
Khara 5113
Moon 5 - Phase 5
1st Phase

Sivaloka Day

4

Sunday, May 22, 2011

Makara Rasi: 10.28 Titli 21
295666159
Creative Work Amrita Yoga
Until 6:43AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 3:30PM – 5:21PM **Sravana Until 6:43AM Mon**
Yama 11:50AM – 1:40PM Sukla Until 10:40AM
Rahu 5:21PM – 7:11PM Gara Until 11:07AM
Shasthi* Until 11:07PM

Ganesha: Green *Sunrise:* 4:30AM
Muruqa: Red *Sunset:* 7:11PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Stamford, CT
Sun 4 Sutra 40
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day

5

Monday, May 23, 2011

Makara Rasi: 22.59 Titli 22
295666159
Family Home Evening
Creative Work Amrita Yoga
Until 6:43AM then Siddha Yoga
Until 1.57PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:41PM – 3:31PM **Sravana Until 6:43AM**
Yama 10:00AM – 11:50AM Brahma Until 10:24AM
Rahu 6:19AM – 8:09AM Visti Until 12:32PM
Saptami Until 1:38AM Tue

Ganesha: Green *Sunrise:* 4:29AM
Muruqa: Red *Sunset:* 7:12PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Stamford, CT
Sun 5 Sutra 41
Khara 5113
Moon 5 - Phase 5
1st Phase

Devaloka Day



Tuesday, May 24, 2011
Retreat Star

Kumbha Rasi: 5.14 Titli 23
295666159
Routine Work Marana Yoga
Until 1.57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 11:50AM – 1:41PM **Dhanishtha Until 8:52AM**
Yama 8:09AM – 10:00AM Indra Until 10:37AM
Rahu 3:31PM – 5:22PM Balava Until 2:05PM
Ashtami* Until 3:11AM Wed

Ganesha: Green *Sunrise:* 4:28AM
Muruqa: Red *Sunset:* 7:13PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Stamford, CT
Sun 6 Sutra 42
Khara 5113
Moon 5 - Phase 5
Ashtami

Devaloka Day

Wednesday, May 25, 2011
Retreat Star

Kumbha Rasi: 17.17 Titli 24
295666159
Creative Work Siddha Yoga
Until 11:25AM then Amrita Yoga
Until 1.57PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Navami* Yam Titau
Gulika 10:00AM – 11:50AM **Satabhisha Until 11:25AM**
Yama 6:18AM – 8:09AM Vaidhriti* Until 11:12AM
Rahu 11:50AM – 1:41PM Tailila Until 4:03PM
Navami* Until 5:09AM Thu

Ganesha: Green *Sunrise:* 4:27AM
Muruqa: Red *Sunset:* 7:13PM
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Stamford, CT
Sun 7 Sutra 43
Khara 5113
Moon 5 - Phase 5
Navami

Devaloka Day

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

1	Thursday, May 26, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Vanija Karana Dasami Yam Titau				Stamford, CT	
	Kumbha Rasi: 29.14	Tithi 25	315666159	Gulika 8:09AM – 10:00AM	Purvaprostapada* Until 2:13PM	Ganesha: Clear	<i>Sunrise:</i> 4:27AM
				Yama 4:27AM – 6:18AM	Vishkambha* Until 12:00PM	Muruqa: Red	<i>Sunset:</i> 7:14PM
	Creative Work	Siddha Yoga		Rahu 1:41PM – 3:32PM	Vanija Until 6:17PM	Nataraja: Purple	
				Dasami Until 7:32AM Fri	Vaisaka-Vaikasi	Sivaloka Day	Sun 8 Sutra 44 Khara 5113 Moon 5 - Phase 6 2nd Phase

2	Friday, May 27, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revali Nakshatra Pritii/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Stamford, CT	
	Meena Rasi: 11.07	Tithi 25 – 26	315666159	Gulika 6:17AM – 8:08AM	Uttaraprostapada Until 5:06PM	Ganesha: Clear	<i>Sunrise:</i> 4:26AM
				Yama 3:33PM – 5:24PM	Priti Until 12:53PM	Muruqa: Red	<i>Sunset:</i> 7:15PM
	Creative Work	Siddha Yoga		Rahu 9:59AM – 11:51AM	Bava Until 8:37PM	Nataraja: Purple	
				Dasami Until 7:32AM	Vaisaka-Vaikasi	Sivaloka Day	Sun 9 Sutra 45 Khara 5113 Moon 5 - Phase 6 2nd Phase


3	Saturday, May 28, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Stamford, CT	
	Meena Rasi: 23.01	Tithi 26 – 27	315666159	Gulika 4:25AM – 6:17AM	Revati Until 7:58PM	Ganesha: Clear	<i>Sunrise:</i> 4:25AM
				Yama 1:42PM – 3:33PM	Ayushman Until 1:46PM	Muruqa: Red	<i>Sunset:</i> 7:16PM
	Routine Work	Prabalarishta Yoga		Rahu 8:08AM – 9:59AM	Kaulava Until 10:56PM	Nataraja: Purple	
				Ekadasi* Until 9:50AM	Vaisaka-Vaikasi	Sivaloka Day	Sun 10 Sutra 46 Khara 5113 Moon 5 - Phase 6 2nd Phase

4	Sunday, May 29, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Stamford, CT	
	Mesha Rasi: 4.59	Tithi 27 – 28	325666159	Gulika 3:34PM – 5:25PM	Asvini Until 10:42PM	Ganesha: Purple	<i>Sunrise:</i> 4:25AM
				Yama 11:51AM – 1:42PM	Saubhagya Until 2:31PM	Muruqa: Red	<i>Sunset:</i> 7:17PM
	Creative Work	Siddha Yoga		Rahu 5:25PM – 7:17PM	Gara Until 1:06AM Mon	Nataraja: Purple	
				Dvadasi* Until 12:01PM	Vaisaka-Vaikasi	Devaloka Day	Sun 11 Sutra 47 Khara 5113 Moon 5 - Phase 6 2nd Phase

Pradosha Vrata (Fasting)

5	Monday, May 30, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Stamford, CT	
	Mesha Rasi: 17.04	Tithi 28 – 29	325666159	Gulika 1:43PM – 3:34PM	Bharani Until 1:13AM Tue	Ganesha: Purple	<i>Sunrise:</i> 4:24AM
	Family Home Evening			Yama 9:59AM – 11:51AM	Sobhana Until 3:04PM	Muruqa: Red	<i>Sunset:</i> 7:18PM
	Creative Work	Siddha Yoga		Rahu 6:16AM – 8:08AM	Visti Until 3:02AM Tue	Nataraja: Purple	
				Trayodasi* Until 1:56PM	Vaisaka-Vaikasi	Devaloka Day	Sun 12 Sutra 48 Khara 5113 Moon 5 - Phase 6 2nd Phase

6	Tuesday, May 31, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Stamford, CT	
	Mesha Rasi: 29.17	Tithi 29 – 30	326666159	Gulika 11:51AM – 1:43PM	Krittika Until 3:25AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 4:24AM
				Yama 8:07AM – 9:59AM	Athiganda* Until 3:20PM	Muruqa: Red	<i>Sunset:</i> 7:18PM
	Creative Work	Siddha Yoga		Rahu 3:35PM – 5:26PM	Catuspada Until 4:37AM Wed	Nataraja: Purple	
				Chaturdasi* Until 3:31PM	Vaisaka-Vaikasi	Devaloka Day	Sun 13 Sutra 49 Khara 5113 Moon 5 - Phase 6 2nd Phase

	Wednesday, June 1, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Stamford, CT		
	Retreat Star	Vrishabha Rasi: 11.43	Tithi 30 – 1	336666159	Gulika 9:59AM – 11:51AM	Rohini Until 3:26AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:23AM
					Yama 6:15AM – 8:07AM	Sukarma Until 2:34PM	Muruqa: Red	<i>Sunset:</i> 7:19PM
	Creative Work	Siddha Yoga		Rahu 11:51AM – 1:43PM	Kintughna Until 3:47AM Thu	Nataraja: Purple		
					Amavasya* Until 3:47PM	Vaisaka-Vaikasi	Devaloka Day	Sun 14 Sutra 50 Khara 5113 Moon 5 - Phase 6 Amavasya

Retreat Star	Thursday, June 2, 2011	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Stamford, CT	
	Vrishabha Rasi: 24.22	Tithi 1 – 2	336666159	Gulika 8:07AM – 9:59AM	Mrigasira Until 4:42AM Fri	Ganesha: Purple	<i>Sunrise:</i> 4:23AM
				Yama 4:23AM – 6:15AM	Dhriti Until 2:06PM	Muruqa: Red	<i>Sunset:</i> 7:20PM
	Routine Work	Marana Yoga		Rahu 1:43PM – 3:36PM	Balava Until 4:25AM Fri	Nataraja: Purple	
				Prathama* Until 4:25PM	Jyeshtha-Vaikasi	Devaloka Day	Sun 15 Sutra 51 Khara 5113 Moon 5 - Phase 6 Prathama

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

1	Friday, June 3, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Stamford, CT
	Mithuna Rasi: 7.15 Tithi 2 – 3 346666159	Gulika 6:15AM – 8:07AM Yama 3:36PM – 5:28PM Rahu 9:59AM – 11:52AM	Ardra Until 5:33AM Sat Shula* Until 1:14PM Taitila Until 4:34AM Sat Dvitiya Until 4:34PM	Ganesha: Purple <i>Sunrise:</i> 4:23AM Muruqa: Red <i>Sunset:</i> 7:20PM Nataraja: Purple Moon – Yellow Jyeshtha-Vaikasi	Sun 16 Sutra 52 Khara 5113 Moon 5 - Phase 7 3rd Phase Devaloka Day

2	Saturday, June 4, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Stamford, CT
	Mithuna Rasi: 20.22 Tithi 3 – 4 346666159	Gulika 4:22AM – 6:15AM Yama 1:44PM – 3:36PM Rahu 8:07AM – 9:59AM	Punarvasu Until 5:57AM Sun Ganda* Until 11:58AM Vanija Until 4:15AM Sun Tritiya Until 4:15PM	Ganesha: Light Blue <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 7:21PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Sun 17 Sutra 53 Khara 5113 Moon 5 - Phase 7 3rd Phase Devaloka Day

3	Sunday, June 5, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Stamford, CT
	Kataka Rasi: 3.43 Tithi 4 – 5 346666151	Gulika 3:37PM – 5:29PM Yama 11:52AM – 1:44PM Rahu 5:29PM – 7:22PM	Pushya Until 4:13AM Mon Vridhi Until 10:01AM Bava Until 1:49AM Mon Chaturthi* Until 2:45PM	Ganesha: Light Blue <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Sun 18 Sutra 54 Khara 5113 Moon 5 - Phase 7 3rd Phase Devaloka Day

4	Monday, June 6, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Stamford, CT
	Kataka Rasi: 17.16 Tithi 5 – 6 Family Home Evening 346666151	Gulika 1:45PM – 3:37PM Yama 9:59AM – 11:52AM Rahu 6:14AM – 8:07AM	Aslesha* Until 3:49AM Tue Dhruva Until 8:07AM Kaulava Until 12:42AM Tue Panchami Until 1:37PM	Ganesha: Light Blue <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 7:22PM Nataraja: Purple Moon – Blue Jyeshtha-Vaikasi	Sun 19 Sutra 55 Khara 5113 Moon 5 - Phase 7 3rd Phase Devaloka Day

5	Tuesday, June 7, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Stamford, CT
	Simha Rasi: 1.02 Tithi 6 – 7 357666151	Gulika 11:52AM – 1:45PM Yama 8:07AM – 9:59AM Rahu 3:38PM – 5:30PM	Magha* Until 3:04AM Wed Harshana Until 3:13AM Wed Gara Until 11:12PM Shasthi* Until 12:07PM	Ganesha: Clear <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 7:23PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sun 20 Sutra 56 Khara 5113 Moon 5 - Phase 7 3rd Phase Sivaloka Day

D	Wednesday, June 8, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Stamford, CT
	Retreat Star Simha Rasi: 15 Tithi 7 – 8 357666151	Gulika 10:00AM – 11:52AM Yama 6:14AM – 8:07AM Rahu 11:52AM – 1:45PM	Purvaphalguni* Until 2:00AM Thu Vajra* Until 12:41AM Thu Visti Until 9:21PM Saptami Until 10:16AM	Ganesha: Clear <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sun 21 Sutra 57 Khara 5113 Moon 5 - Phase 7 Ashtami Sivaloka Day

D	Thursday, June 9, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Stamford, CT
	Retreat Star Simha Rasi: 29.08 Tithi 8 – 9 357666151	Gulika 8:07AM – 10:00AM Yama 4:21AM – 6:14AM Rahu 1:45PM – 3:38PM	Uttaraphalguni Until 12:38AM Fri Siddhi Until 9:53PM Balava Until 7:11PM Ashtami* Until 8:06AM	Ganesha: Clear <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 7:24PM Nataraja: Purple Moon – Red Jyeshtha-Vaikasi	Sun 22 Sutra 58 Khara 5113 Moon 5 - Phase 7 Navami Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

1	Friday, June 10, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dasami Yam Titau			Stamford, CT
	Kanya Rasi: 13.25 Tithi 10 367666151	Gulika 6:14AM – 8:07AM Yama 3:39PM – 5:32PM Rahu 10:00AM – 11:53AM	Hasta Until 11:00PM Vyatipata* Until 6:50PM Taitila Until 4:44PM Dasami Until 3:49AM Sat	Ganesha: White <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 7:25PM Nataraja: Purple Moon – Green Jyeshtha-Vaikasi	Sun 23 Sutra 59 Khara 5113 Moon 5 - Phase 8 4th Phase Devaloka Day
Creative Work Amrita Yoga Until 1.59PM then Marana Yoga					

2	Saturday, June 11, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Stamford, CT
	Kanya Rasi: 27.48 Tithi 11 367666151	Gulika 4:21AM – 6:14AM Yama 1:46PM – 3:39PM Rahu 8:07AM – 10:00AM	Chitra Until 9:12PM Variyan Until 3:37PM Vanija Until 2:06PM Ekadasi Until 1:10AM Sun	Ganesha: White <i>Sunrise:</i> 4:21AM Muruqa: Red <i>Sunset:</i> 7:25PM Nataraja: Purple Moon – Green Jyeshtha-Vaikasi	Sun 24 Sutra 60 Khara 5113 Moon 5 - Phase 8 4th Phase Devaloka Day
Routine Work Marana Yoga Until 1.59PM then Siddha Yoga					

3	Sunday, June 12, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau			Stamford, CT
	Tula Rasi: 12.14 Tithi 12 367666151	Gulika 3:39PM – 5:33PM Yama 11:53AM – 1:46PM Rahu 5:33PM – 7:26PM	Svati Until 7:19PM Parigha* Until 12:20PM Bava Until 11:22AM Dvadasi Until 10:27PM	Ganesha: White <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 7:26PM Nataraja: Purple Moon – Green Jyeshtha-Vaikasi	Sun 25 Sutra 61 Khara 5113 Moon 5 - Phase 8 4th Phase Devaloka Day
Creative Work Siddha Yoga Until 2.00PM then Amrita Yoga Until 7:19PM then Marana Yoga					

4	Monday, June 13, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Stamford, CT
	Tula Rasi: 26.38 Tithi 13 Family Home Evening 378666151	Gulika 1:47PM – 3:40PM Yama 10:00AM – 11:53AM Rahu 6:14AM – 8:07AM	Visakha Until 5:28PM Shiva Until 9:05AM Kaulava Until 8:41AM Trayodasi Until 7:46PM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 7:26PM Nataraja: Purple Moon – Orange Jyeshtha-Vaikasi	Sun 26 Sutra 62 Khara 5113 Moon 5 - Phase 8 4th Phase Subha Sivaloka Day
Routine Work Marana Yoga Until 5:28PM then Siddha Yoga		Vaikasi Visakam			

5	Tuesday, June 14, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Stamford, CT
	Vrischika Rasi: 10.56 Tithi 14 – 15 378666151	Gulika 11:54AM – 1:47PM Yama 8:07AM – 10:00AM Rahu 3:40PM – 5:33PM	Anuradha Until 3:49PM Siddha Until 6:01AM Gara Until 6:13AM Chaturdasi* Until 5:17PM	Ganesha: White <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 7:27PM Nataraja: Purple Moon – Orange Jyeshtha-Vaikasi	Sun 27 Sutra 63 Khara 5113 Moon 5 - Phase 8 4th Phase Subha Sivaloka Day
Creative Work Siddha Yoga					

○	Wednesday, June 15, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Stamford, CT
	Copper Retreat Star Vrischika Rasi: 25.02 Tithi 15 – 16 378666151	Gulika 10:00AM – 11:54AM Yama 6:14AM – 8:07AM Rahu 11:54AM – 1:47PM	Jyeshtha* Until 2:30PM Subha Until 12:36AM Thu Balava Until 2:15AM Thu Purnima* Until 3:10PM	Ganesha: White <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 7:27PM Nataraja: Purple Moon – Orange Jyeshtha-Ani	Sutra 64 Khara 5113 Moon 5 - Phase 8 Purnima Subha Sivaloka Day
Creative Work Siddha Yoga					

○	Thursday, June 16, 2011	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau			Stamford, CT
	Silver Retreat Star Dhanu Rasi: 8.52 Tithi 16 – 17 388766151	Gulika 8:07AM – 10:01AM Yama 4:20AM – 6:14AM Rahu 1:47PM – 3:41PM	Mula* Until 1:39PM Sukla Until 11:26PM Taitila Until 12:38AM Fri Prathama* Until 1:33PM	Ganesha: Blue <i>Sunrise:</i> 4:20AM Muruqa: Red <i>Sunset:</i> 7:28PM Nataraja: Purple Moon – Light Blue Jyeshtha-Ani	Sutra 65 Khara 5113 Moon 5 - Phase 8 Prathama Devaloka Day
Creative Work Siddha Yoga					



Friday, June 17, 2011
Gold Retreat Star

Dhanu Rasi: 22.23 Tithi 17 – 18
388766151
Creative Work Siddha Yoga
Until 2.01PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 6:14AM – 8:07AM
Yama 3:41PM – 5:34PM
Rahu 10:01AM – 11:54AM

Purvashadha* Until 1:55PM
Brahma Until 9:29PM
Vanija Until 1:04AM Sat
Dvitiya Until 1:04PM

Ganesha: Blue
Muruqa: Red
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Stamford, CT
Sun 1 Sutra 66
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day



Saturday, June 18, 2011

Makara Rasi: 5.33 Tithi 18 – 19
388766151
No Yoga
Until 2.01PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 4:21AM – 6:14AM
Yama 1:48PM – 3:41PM
Rahu 8:07AM – 10:01AM

Uttarashadha Until 2:13PM
Indra Until 8:08PM
Bava Until 12:38AM Sun
Tritiya Until 12:38PM

Ganesha: Blue
Muruqa: Red
Nataraja: Purple
Moon – Light Blue
Jyeshtha-Ani

Stamford, CT
Sun 2 Sutra 67
Khara 5113
Moon 6 - Phase 9
1st Phase
Devaloka Day



Sunday, June 19, 2011

Makara Rasi: 18.23 Tithi 19 – 20
398766151
Creative Work Amrita Yoga
Until 3:08PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chalurthi*/Panchami Yam Titau

Gulika 3:42PM – 5:35PM
Yama 11:55AM – 1:48PM
Rahu 5:35PM – 7:28PM

Sravana Until 3:08PM
Vaidhriti* Until 8:22PM
Kaulava Until 12:53AM Mon
Chaturthi* Until 12:53PM

Ganesha: Red
Muruqa: Red
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Stamford, CT
Sun 3 Sutra 68
Khara 5113
Moon 6 - Phase 9
1st Phase
Sivaloka Day

Father's Day



Monday, June 20, 2011

Kumbha Rasi: 0.55 Tithi 20 – 21
399766151
Family Home Evening
Creative Work Siddha Yoga
Until 2.01PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Vishkambha* Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 1:48PM – 3:42PM
Yama 10:01AM – 11:55AM
Rahu 6:14AM – 8:08AM

Dhanishtha Until 5:29PM
Vishkambha* Until 8:05PM
Gara Until 3:31AM Tue
Panchami Until 2:25PM

Ganesha: Blue
Muruqa: Red
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Stamford, CT
Sun 4 Sutra 69
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day



Tuesday, June 21, 2011

Kumbha Rasi: 13.12 Tithi 21 – 22
399766151
Routine Work Marana Yoga
Until 2.02PM then Siddha Yoga
Until 7:36PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Satabhisha Nakshatra Priti Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 11:55AM – 1:48PM
Yama 8:08AM – 10:02AM
Rahu 3:42PM – 5:35PM

Satabhisha Until 7:36PM
Priti Until 8:16PM
Visti Until 4:59AM Wed
Shasthi* Until 3:53PM

Ganesha: Blue
Muruqa: Red
Nataraja: Purple
Moon – Purple
Jyeshtha-Ani

Stamford, CT
Sun 5 Sutra 70
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day



Wednesday, June 22, 2011

Kumbha Rasi: 25.17 Tithi 22 – 23
319766151
Creative Work Amrita Yoga
Until 2.02PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 10:02AM – 11:55AM
Yama 6:15AM – 8:08AM
Rahu 11:55AM – 1:49PM

Purvaprostapada* Until 10:05PM
Ayushman Until 8:48PM
Balava Until 6:52AM Thu
Saptami Until 5:46PM

Ganesha: Purple
Muruqa: Red
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Stamford, CT
Sun 6 Sutra 71
Khara 5113
Moon 6 - Phase 9
1st Phase
Subha Sivaloka Day



Thursday, June 23, 2011
Retreat Star

Meena Rasi: 7.16 Tithi 23
319766151
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 8:08AM – 10:02AM
Yama 4:22AM – 6:15AM
Rahu 1:49PM – 3:42PM

Uttaraprostapada Until 12:49AM Fri
Saubhagya Until 9:34PM
Balava Until 6:50AM
Ashtami* Until 7:56PM

Ganesha: Purple
Muruqa: Red
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Stamford, CT
Sun 7 Sutra 72
Khara 5113
Moon 6 - Phase 9
Ashtami
Subha Sivaloka Day

Friday, June 24, 2011
Retreat Star

Meena Rasi: 19.1 Tithi 24
319766151
Creative Work Siddha Yoga
Until 2.02PM then Prabalarishta Yoga
Until 3:40AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Tailila/Gara Karana Navami* Yam Titau

Gulika 6:15AM – 8:09AM
Yama 3:43PM – 5:36PM
Rahu 10:02AM – 11:56AM

Revati Until 3:40AM Sat
Sobhana Until 10:26PM
Tailila Until 9:07AM
Navami* Until 10:13PM

Ganesha: Purple
Muruqa: Red
Nataraja: Purple
Moon – Clear
Jyeshtha-Ani

Stamford, CT
Sun 8 Sutra 73
Khara 5113
Moon 6 - Phase 9
Navami
Subha Sivaloka Day


1	Saturday, June 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau					Stamford, CT
	Mesha Rasi: 1.05 Tithi 25 329766151	Gulika 4:22AM – 6:16AM Yama 1:49PM – 3:43PM Rahu 8:09AM – 10:02AM	Asvini Until 6:30AM Sun Athiganda* Until 11:17PM Vanija Until 11:23AM Dasami Until 12:28AM Sun	Ganesha: Clear <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – White Jyeshtha-Ani		Sun 9 Sutra 74 Khara 5113 Moon 6 - Phase 10 2nd Phase	Sivaloka Day
	Creative Work Siddha Yoga Until 6:30AM Sun then no yoga						

2	Sunday, June 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadasi* Yam Titau					Stamford, CT
	Mesha Rasi: 13.05 Tithi 26 329766151	Gulika 3:43PM – 5:36PM Yama 11:56AM – 1:49PM Rahu 5:36PM – 7:30PM	Asvini Until 6:30AM Sukarma Until 12:00PM Bava Until 1:28PM Ekadasi* Until 2:34AM Mon	Ganesha: Clear <i>Sunrise:</i> 4:22AM Muruqa: Red <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – White Jyeshtha-Ani		Sun 10 Sutra 75 Khara 5113 Moon 6 - Phase 10 2nd Phase	Sivaloka Day
	Creative Work Siddha Yoga Until 6:30AM then no yoga Until 2:03PM then Siddha Yoga						

3	Monday, June 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau					Stamford, CT
	Mesha Rasi: 25.13 Tithi 27 329766151	Gulika 1:50PM – 3:43PM Yama 10:03AM – 11:56AM Rahu 6:16AM – 8:10AM	Bharani Until 8:53AM Dhriti Until 12:26AM Tue Kaulava Until 3:15PM Dvadasi* Until 4:20AM Tue	Ganesha: Clear <i>Sunrise:</i> 4:23AM Muruqa: Red <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – White Jyeshtha-Ani		Sun 11 Sutra 76 Khara 5113 Moon 6 - Phase 10 2nd Phase	Sivaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 8:53AM then no yoga Until 2:03PM then Siddha Yoga						

4	Tuesday, June 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 7.34 Tithi 28 321776151	Gulika 11:56AM – 1:50PM Yama 8:10AM – 10:03AM Rahu 3:43PM – 5:36PM	Krittika Until 10:29AM Shula* Until 11:10PM Gara Until 3:41PM Trayodasi* Until 3:41AM Wed <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red <i>Sunrise:</i> 4:23AM Muruqa: Yellow <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – White Jyeshtha-Ani		Sun 12 Sutra 77 Khara 5113 Moon 6 - Phase 10 2nd Phase	Sivaloka Day
	Creative Work Siddha Yoga Until 10:29AM then Amrita Yoga Until 2:03PM then Siddha Yoga						

5	Wednesday, June 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 20.11 Tithi 29 331776151	Gulika 10:03AM – 11:57AM Yama 6:17AM – 8:10AM Rahu 11:57AM – 1:50PM	Rohini Until 11:49AM Ganda* Until 10:46PM Visti Until 4:22PM Chaturdasi* Until 4:22AM Thu	Ganesha: Yellow <i>Sunrise:</i> 4:24AM Muruqa: Yellow <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – Yellow Jyeshtha-Ani		Sun 13 Sutra 78 Khara 5113 Moon 6 - Phase 10 2nd Phase	Sivaloka Day
	Creative Work Siddha Yoga Until 2:03PM then Marana Yoga						

	Thursday, June 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau					Stamford, CT
	Retreat Star Mithuna Rasi: 3.06 Tithi 30 331776151	Gulika 8:10AM – 10:04AM Yama 4:24AM – 6:17AM Rahu 1:50PM – 3:43PM	Mrigasira Until 12:35PM Vriddhi Until 9:52PM Catuspada Until 4:27PM Amavasya* Until 4:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 4:24AM Muruqa: Yellow <i>Sunset:</i> 7:30PM Nataraja: Purple Moon – Yellow Jyeshtha-Ani		Sun 14 Sutra 79 Khara 5113 Moon 6 - Phase 10 Amavasya	Sivaloka Day
	Routine Work Marana Yoga Until 2:03PM then Siddha Yoga						

	Friday, July 1, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau					Stamford, CT
	Retreat Star Mithuna Rasi: 16.19 Tithi 1 331776151	Gulika 6:18AM – 8:11AM Yama 3:43PM – 5:36PM Rahu 10:04AM – 11:57AM	Ardra Until 12:18PM Dhruva Until 8:25PM Kintughna Until 3:08PM Prathama* Until 2:13AM Sat	Ganesha: Yellow <i>Sunrise:</i> 4:25AM Muruqa: Yellow <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Yellow Ashada-Ani		Sun 15 Sutra 80 Khara 5113 Moon 6 - Phase 10 Prathama	Sivaloka Day
	Creative Work Siddha Yoga Until 2:04PM then Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

1	Saturday, July 2, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Stamford, CT
	Mithuna Rasi: 29.51	Tithi 2			Sun 16 Sutra 81 Khara 5113
		341776151	Gulika 4:25AM – 6:18AM Yama 1:50PM – 3:43PM Rahu 8:11AM – 10:04AM	Punarvasu Until 11:59AM Vyaghata* Until 5:37PM Balava Until 2:05PM Dvitiya Until 1:10AM Sun	Ganesha: Red <i>Sunrise:</i> 4:25AM Muruqa: Yellow <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Blue Ashada-Ani
	Routine Work Marana Yoga Until 11:59AM then Siddha Yoga				Moon 6 - Phase 11 3rd Phase Sivaloka Day

2	Sunday, July 3, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiya Yam Titau		Stamford, CT
	Kataka Rasi: 13.38	Tithi 3			Sun 17 Sutra 82 Khara 5113
		341776151	Gulika 3:43PM – 5:36PM Yama 11:57AM – 1:50PM Rahu 5:36PM – 7:29PM	Pushya Until 11:12AM Harshana Until 3:22PM Taitila Until 12:33PM Tritiya Until 11:38PM	Ganesha: Red <i>Sunrise:</i> 4:26AM Muruqa: Yellow <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Blue Ashada-Ani
	Creative Work Siddha Yoga				Moon 6 - Phase 11 3rd Phase Sivaloka Day

3	Monday, July 4, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Stamford, CT
	Kataka Rasi: 27.37	Tithi 4			Sun 18 Sutra 83 Khara 5113
	Family Home Evening	341776151	Gulika 1:50PM – 3:43PM Yama 10:05AM – 11:58AM Rahu 6:19AM – 8:12AM	Aslesha* Until 10:05AM Vajra* Until 12:48PM Vanija Until 10:38AM Chaturthi* Until 9:43PM	Ganesha: Red <i>Sunrise:</i> 4:26AM Muruqa: Yellow <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Blue Ashada-Ani
	Creative Work Siddha Yoga				Moon 6 - Phase 11 3rd Phase Sivaloka Day

4	Tuesday, July 5, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau		Stamford, CT
	Simha Rasi: 11.45	Tithi 5			Sun 19 Sutra 84 Khara 5113
		351776151	Gulika 11:58AM – 1:50PM Yama 8:12AM – 10:05AM Rahu 3:43PM – 5:36PM	Magha* Until 8:43AM Siddhi Until 10:00AM Bava Until 8:28AM Panchami Until 7:32PM	Ganesha: Blue <i>Sunrise:</i> 4:27AM Muruqa: Yellow <i>Sunset:</i> 7:29PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Siddha Yoga Until 2:04PM then Amrita Yoga				Moon 6 - Phase 11 3rd Phase Subha Sivaloka Day

5	Wednesday, July 6, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyalipata*/Varyan Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau		Stamford, CT
	Simha Rasi: 25.58	Tithi 6 – 7			Sun 20 Sutra 85 Khara 5113
		451776151	Gulika 10:05AM – 11:58AM Yama 6:20AM – 8:13AM Rahu 11:58AM – 1:50PM	Purvaphalguni* Until 7:12AM Vyatipata* Until 7:04AM Kaulava Until 6:08AM Shasthi* Until 5:13PM	Ganesha: Red <i>Sunrise:</i> 4:27AM Muruqa: Yellow <i>Sunset:</i> 7:28PM Nataraja: Purple Moon – Red Ashada-Ani
	Creative Work Amrita Yoga Until 2:05PM then Prabalarishta Yoga		Chidambaram Abhishekam		Moon 6 - Phase 11 3rd Phase Sivaloka Day

D	Thursday, July 7, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Stamford, CT
	Retreat Star				Sun 21 Sutra 86 Khara 5113
	Kanya Rasi: 10.12	Tithi 7 – 8			Moon 6 - Phase 11 Ashtami
		461776151	Gulika 8:13AM – 10:06AM Yama 4:28AM – 6:21AM Rahu 1:51PM – 3:43PM	Hasta Until 4:31AM Fri Parigha* Until 1:26AM Fri Visti Until 1:56AM Fri Saptami Until 2:51PM	Ganesha: Blue <i>Sunrise:</i> 4:28AM Muruqa: Yellow <i>Sunset:</i> 7:28PM Nataraja: Purple Moon – Green Ashada-Ani
	No Yoga Until 2:05PM then Amrita Yoga Until 4:31AM Fri then Siddha Yoga				Subha Sivaloka Day

D	Friday, July 8, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Stamford, CT
	Retreat Star				Sun 22 Sutra 87 Khara 5113
	Kanya Rasi: 24.25	Tithi 8 – 9			Moon 6 - Phase 11 Navami
		462776151	Gulika 6:21AM – 8:13AM Yama 3:43PM – 5:35PM Rahu 10:06AM – 11:58AM	Chitra Until 3:00AM Sat Shiva Until 10:29PM Balava Until 11:35PM Ashtami* Until 12:31PM	Ganesha: Yellow <i>Sunrise:</i> 4:29AM Muruqa: Yellow <i>Sunset:</i> 7:28PM Nataraja: Purple Moon – Green Ashada-Ani
	Creative Work Siddha Yoga Until 2:05PM then Marana Yoga Until 3:00AM Sat then Siddha Yoga				Sivaloka Day

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

1	Saturday, July 9, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Stamford, CT
	Tula Rasi: 8.35	Tithi 9 – 10	462776151	Sun 23	Sutra 88 Khara 5113
	Creative Work Siddha Yoga		Gulika 4:29AM – 6:22AM	Svati Until 1:34AM Sun	Ganesha: Yellow <i>Sunrise:</i> 4:29AM
	Until 1:34AM Sun then Marana Yoga		Yama 1:51PM – 3:43PM	Siddha Until 7:37PM	Muruqa: Yellow <i>Sunset:</i> 7:27PM
			Rahu 8:14AM – 10:06AM	Taitila Until 9:21PM	Nataraja: Purple
				Navami* Until 10:16AM	Moon – Green
					Ashada*Ani
					Sivaloka Day

2	Sunday, July 10, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Stamford, CT
	Tula Rasi: 22.41	Tithi 10 – 11	472776151	Sun 24	Sutra 89 Khara 5113
	Routine Work Marana Yoga		Gulika 3:43PM – 5:35PM	Visakha Until 12:16AM Mon	Ganesha: White <i>Sunrise:</i> 4:30AM
	Until 12:16AM Mon then Siddha Yoga		Yama 11:58AM – 1:51PM	Sadhya Until 4:53PM	Muruqa: Yellow <i>Sunset:</i> 7:27PM
			Rahu 5:35PM – 7:27PM	Vanija Until 7:15PM	Nataraja: Purple
				Dasami Until 8:10AM	Moon – Orange
					Ashada*Ani
					Devaloka Day

3	Monday, July 11, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Stamford, CT
	Vrischika Rasi: 6.4	Tithi 11 – 12	472876151	Sun 25	Sutra 90 Khara 5113
	Family Home Evening		Gulika 1:51PM – 3:43PM	Anuradha Until 11:09PM	Ganesha: Yellow <i>Sunrise:</i> 4:31AM
	Creative Work Siddha Yoga		Yama 10:07AM – 11:59AM	Subha Until 2:19PM	Muruqa: Yellow <i>Sunset:</i> 7:26PM
			Rahu 6:23AM – 8:15AM	Balava Until 4:26AM Tue	Nataraja: Purple
				Ekadasi Until 6:16AM	Moon – Orange
					Ashada*Ani
					Sivaloka Day

4	Tuesday, July 12, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Stamford, CT
	Vrischika Rasi: 20.3	Tithi 13	472876151	Sun 26	Sutra 91 Khara 5113
	Creative Work Siddha Yoga		Gulika 11:59AM – 1:51PM	Jyeshtha* Until 10:17PM	Ganesha: Yellow <i>Sunrise:</i> 4:31AM
	Until 10:17PM then Marana Yoga		Yama 8:15AM – 10:07AM	Sukla Until 11:59AM	Muruqa: Yellow <i>Sunset:</i> 7:26PM
			Rahu 3:42PM – 5:34PM	Kaulava Until 3:43PM	Nataraja: Purple
				Trayodasi Until 2:47AM Wed	Moon – Orange
				<i>Pradosha Vrata</i>	Ashada*Ani
					Sivaloka Day

5	Wednesday, July 13, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Stamford, CT
	Dhanus Rasi: 4.1	Tithi 14	482876151	Sun 27	Sutra 92 Khara 5113
	Routine Work Marana Yoga		Gulika 10:07AM – 11:59AM	Mula* Until 10:55PM	Ganesha: White <i>Sunrise:</i> 4:32AM
	Until 2:06PM then Siddha Yoga		Yama 6:24AM – 8:16AM	Brahma Until 10:12AM	Muruqa: Yellow <i>Sunset:</i> 7:25PM
			Rahu 11:59AM – 1:50PM	Gara Until 2:24PM	Nataraja: Purple
				Chaturdasi* Until 1:28AM Thu	Moon – Light Blue
					Ashada*Ani
					Subha Sivaloka Day

○	Thursday, July 14, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnima* Yam Titau		Stamford, CT
	Copper Retreat Star			Sun 28	Sutra 93 Khara 5113
	Dhanus Rasi: 17.37	Tithi 15	482876151		
	Creative Work Siddha Yoga		Gulika 8:16AM – 10:07AM	Purvashadha* Until 10:42PM	Ganesha: White <i>Sunrise:</i> 4:33AM
			Yama 4:33AM – 6:24AM	Indra Until 8:22AM	Muruqa: Yellow <i>Sunset:</i> 7:25PM
			Rahu 1:50PM – 3:42PM	Visti Until 2:06PM	Nataraja: Purple
				Purnima* Until 2:06AM Fri	Moon – Light Blue
			Satguru Purnima		Ashada*Ani
					Subha Sivaloka Day

○	Friday, July 15, 2011		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Stamford, CT
	Silver Retreat Star			Sun 29	Sutra 94 Khara 5113
	Makara Rasi: 0.5	Tithi 16	482876151		
	Creative Work Siddha Yoga		Gulika 6:25AM – 8:16AM	Uttarashadha Until 10:55PM	Ganesha: White <i>Sunrise:</i> 4:34AM
	Until 2:06PM then no yoga		Yama 3:42PM – 5:33PM	Vaidhriti* Until 6:56AM	Muruqa: Yellow <i>Sunset:</i> 7:24PM
	Until 10:55PM then Siddha Yoga		Rahu 10:08AM – 11:59AM	Balava Until 1:34PM	Nataraja: Purple
				Prathama* Until 1:34AM Sat	Moon – Light Blue
					Ashada*Ani
					Subha Sivaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Kṛishṇa Yajur Veda, Maitu 6.34. UpM, 104



Saturday, July 16, 2011
Gold Retreat Star

Makara Rasi: 13.47 Tithi 17
492876151
Creative Work Siddha Yoga
Until 2.06PM then Amrita Yoga
Until 11:37PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 4:35AM – 6:26AM **Sravana Until 11:37PM**
Yama 1:50PM – 3:41PM Priti Until 4:48AM Sun
Rahu 8:17AM – 10:08AM Taitila Until 1:34PM
Dvitiya Until 1:34AM Sun

Ganesha: Clear *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:24PM
Nataraja: Purple
Moon – Purple
Ashada-Adi

Stamford, CT
Sun 1 Sutra 95
Khara 5113
Moon 7 - Phase 13
1st Phase
Sivaloka Day

1 **Sunday, July 17, 2011**

Makara Rasi: 26.29 Tithi 18
492876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visli* Karana Tritiya Yam Titau
Gulika 3:41PM – 5:32PM **Dhanishtha Until 2:21AM Mon**
Yama 11:59AM – 1:50PM Ayushman Until 5:58AM Mon
Rahu 5:32PM – 7:23PM Vanija Until 2:05PM
Tritiya Until 2:05AM Mon

Ganesha: Clear *Sunrise:* 4:35AM
Muruqa: Yellow *Sunset:* 7:23PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Stamford, CT
Sun 2 Sutra 96
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

2 **Monday, July 18, 2011**

Kumbha Rasi: 8.57 Tithi 19
492876152
Family Home Evening
Creative Work Siddha Yoga
Until 2.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 1:50PM – 3:41PM **Satabhisha Until 4:07AM Tue**
Yama 10:08AM – 11:59AM Saubhagya Until 5:50AM Tue
Rahu 6:27AM – 8:18AM Bava Until 3:54PM
Chaturthi* Until 4:59AM Tue

Ganesha: Clear *Sunrise:* 4:36AM
Muruqa: Yellow *Sunset:* 7:22PM
Nataraja: Clear
Moon – Purple
Ashada-Adi

Stamford, CT
Sun 3 Sutra 97
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

3 **Tuesday, July 19, 2011**

Kumbha Rasi: 21.11 Tithi 20
412876152
Routine Work Marana Yoga
Until 2.06PM then Amrita Yoga
Until 6:09AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 11:59AM – 1:50PM **Purvaprostapada* Until 6:09AM Wed**
Yama 8:18AM – 10:09AM Sobhana Until 6:02AM Wed
Rahu 3:41PM – 5:31PM Kaulava Until 5:27PM
Panchami Until 6:17AM Wed

Ganesha: Yellow *Sunrise:* 4:37AM
Muruqa: Yellow *Sunset:* 7:22PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Stamford, CT
Sun 4 Sutra 98
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

4 **Wednesday, July 20, 2011**

Meena Rasi: 3.16 Tithi 20 – 21
412876152
Creative Work Amrita Yoga
Until 6:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 10:09AM – 11:59AM **Purvaprostapada* Until 6:09AM**
Yama 6:28AM – 8:19AM Sobhana Until 6:02AM
Rahu 11:59AM – 1:50PM Gara Until 7:23PM
Panchami Until 6:17AM

Ganesha: Yellow *Sunrise:* 4:38AM
Muruqa: Yellow *Sunset:* 7:21PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Stamford, CT
Sun 5 Sutra 99
Khara 5113
Moon 7 - Phase 13
1st Phase
Devaloka Day

5 **Thursday, July 21, 2011**

Meena Rasi: 15.13 Tithi 21 – 22
413876152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visli* Karana Shasthi*/Saptami Yam Titau
Gulika 8:19AM – 10:09AM **Uttaraprostapada Until 8:55AM**
Yama 4:39AM – 6:29AM Athiganda* Until 6:49AM
Rahu 1:50PM – 3:40PM Visli Until 9:34PM
Shasthi* Until 8:28AM

Ganesha: White *Sunrise:* 4:39AM
Muruqa: Yellow *Sunset:* 7:20PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Stamford, CT
Sun 6 Sutra 100
Khara 5113
Moon 7 - Phase 13
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Friday, July 22, 2011
Retreat Star

Meena Rasi: 27.07 Tithi 22 – 23
413876152
Creative Work Siddha Yoga
Until 11:47AM then Amrita Yoga
Until 2.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 6:30AM – 8:20AM **Revati Until 11:47AM**
Yama 3:39PM – 5:29PM Sukarma Until 7:43AM
Rahu 10:10AM – 11:59AM Balava Until 11:53PM
Saptami Until 10:47AM

Ganesha: White *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – Clear
Ashada-Adi

Stamford, CT
Sun 7 Sutra 101
Khara 5113
Moon 7 - Phase 13
Ashtami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Saturday, July 23, 2011
Retreat Star

Mesha Rasi: 9.01 Tithi 23 – 24
423876152
Creative Work Siddha Yoga
Until 2:39PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Asvini/Bharani Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 4:40AM – 6:30AM **Asvini Until 2:39PM**
Yama 1:49PM – 3:39PM Dhriti Until 8:35AM
Rahu 8:20AM – 10:10AM Taitila Until 2:10AM Sun
Ashtami* Until 1:05PM

Ganesha: Yellow *Sunrise:* 4:40AM
Muruqa: Yellow *Sunset:* 7:19PM
Nataraja: Clear
Moon – White
Ashada-Adi

Stamford, CT
Sun 8 Sutra 102
Khara 5113
Moon 7 - Phase 13
Navami
Devaloka Day

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

1	Sunday, July 24, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau					Stamford, CT
	Mesha Rasi: 21 Tithi 24 – 25 423876152	Gulika 3:39PM – 5:28PM Yama 12:00PM – 1:49PM Rahu 5:28PM – 7:18PM	Bharani Until 5:20PM Shula* Until 9:19AM Vanija Until 4:17AM Mon Navami* Until 3:12PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – White Ashada-Adi	<i>Sunrise:</i> 4:41AM <i>Sunset:</i> 7:18PM	Sun 9 Sutra 103 Khara 5113 Moon 7 - Phase 14 2nd Phase	Devaloka Day
No Yoga Until 2.06PM then Siddha Yoga Until 5:20PM then no yoga							


2	Monday, July 25, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 3.09 Tithi 25 – 26 Family Home Evening 423876152	Gulika 1:49PM – 3:38PM Yama 10:10AM – 12:00PM Rahu 6:32AM – 8:21AM	Krittika Until 7:42PM Ganda* Until 9:44AM Bava Until 6:02AM Tue Dasami Until 4:57PM	Ganesha: Yellow Muruqa: Yellow Nataraja: Clear Moon – White Ashada-Adi	<i>Sunrise:</i> 4:42AM <i>Sunset:</i> 7:17PM	Sun 10 Sutra 104 Khara 5113 Moon 7 - Phase 14 2nd Phase	Devaloka Day
No Yoga Until 2.06PM then Siddha Yoga Until 7:42PM then Amrita Yoga							

3	Tuesday, July 26, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 15.33 Tithi 26 – 27 433876152	Gulika 12:00PM – 1:49PM Yama 8:21AM – 10:10AM Rahu 3:38PM – 5:27PM	Rohini Until 8:22PM Vridhi Until 9:25AM Kaulava Until 5:08AM Wed Ekadasi* Until 5:08PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:43AM <i>Sunset:</i> 7:16PM	Sun 11 Sutra 105 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 2.06PM then Siddha Yoga							

4	Wednesday, July 27, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Taitila*/Gara Karana Dvadasi*/Trayodasi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 28.16 Tithi 27 – 28 433876152	Gulika 10:11AM – 12:00PM Yama 6:33AM – 8:22AM Rahu 12:00PM – 1:48PM	Mrigasira Until 9:30PM Dhruva Until 8:50AM Gara Until 5:37AM Thu Dvadasi* Until 5:37PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:44AM <i>Sunset:</i> 7:15PM	Sun 12 Sutra 106 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 2.06PM then Marana Yoga <i>Pradosha Vrata (Fasting)</i>							

5	Thursday, July 28, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau					Stamford, CT
	Mithuna Rasi: 11.22 Tithi 28 – 29 433876152	Gulika 8:22AM – 10:11AM Yama 4:45AM – 6:34AM Rahu 1:48PM – 3:37PM	Ardra Until 9:57PM Vyaghata* Until 7:37AM Visti Until 3:32AM Fri Trayodasi* Until 4:28PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Ashada-Adi	<i>Sunrise:</i> 4:45AM <i>Sunset:</i> 7:14PM	Sun 13 Sutra 107 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 2.06PM then Siddha Yoga							

6	Friday, July 29, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Stamford, CT
	Mithuna Rasi: 24.51 Tithi 29 – 30 443876152	Gulika 6:34AM – 8:23AM Yama 3:36PM – 5:25PM Rahu 10:11AM – 11:59AM	Punarvasu Until 8:32PM Vajra* Until 3:03AM Sat Catuspada Until 2:33AM Sat Chaturdasi* Until 3:28PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada-Adi	<i>Sunrise:</i> 4:46AM <i>Sunset:</i> 7:13PM	Sun 14 Sutra 108 Khara 5113 Moon 7 - Phase 14 2nd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 2.06PM then Marana Yoga Until 8:32PM then Siddha Yoga							

	Saturday, July 30, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manla Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Stamford, CT
	Retreat Star Kataka Rasi: 8.44 Tithi 30 – 1 443876152	Gulika 4:47AM – 6:35AM Yama 1:48PM – 3:36PM Rahu 8:23AM – 10:11AM	Pushya Until 7:37PM Siddhi Until 12:40AM Sun Kintughna Until 12:52AM Sun Amavasya* Until 1:47PM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Ashada-Adi	<i>Sunrise:</i> 4:47AM <i>Sunset:</i> 7:12PM	Sun 15 Sutra 109 Khara 5113 Moon 7 - Phase 14 Amavasya	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

Retreat Star	Sunday, July 31, 2011	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau					Stamford, CT
	Kataka Rasi: 22.56 Tithi 1 – 2 443876152	Gulika 3:35PM – 5:23PM Yama 11:59AM – 1:47PM Rahu 5:23PM – 7:11PM	Aslesha* Until 6:07PM Vyatipata* Until 9:45PM Balava Until 10:34PM Prathama* Until 11:29AM	Ganesha: Blue Muruqa: Yellow Nataraja: Clear Moon – Blue Sravana-Adi	<i>Sunrise:</i> 4:48AM <i>Sunset:</i> 7:11PM	Sun 16 Sutra 110 Khara 5113 Moon 7 - Phase 14 Prathama	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

1 Monday, August 1, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT
 Magha*/Purvaphalguni* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau Sun 17 Sutra 111
 Khara 5113
Gulika 1:47PM – 3:35PM **Magha* Until 3:33PM** **Ganesha:** Blue *Sunrise:* 4:49AM
Yama 10:12AM – 11:59AM Variyan Until 5:40PM **Muruqa:** Yellow *Sunset:* 7:10PM Moon 7 - Phase 15
Rahu 6:36AM – 8:24AM Taitila Until 6:50PM **Nataraja:** Clear Moon – Red 3rd Phase
 Simha Rasi: 7.22 Tithi 2 – 3
 Family Home Evening 453876152
 Creative Work Siddha Yoga
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

2 Tuesday, August 2, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT
 Purvaphalguni*/Uttaraphalguni* Nakshatra Parigha*/Shiva Yoga Vanija/Visi* Karana Chaturthi* Yam Titau Sun 18 Sutra 112
 Khara 5113
Gulika 11:59AM – 1:47PM **Purvaphalguni* Until 1:33PM** **Ganesha:** Blue *Sunrise:* 4:50AM
Yama 8:25AM – 10:12AM Parigha* Until 2:22PM **Muruqa:** Yellow *Sunset:* 7:09PM Moon 7 - Phase 15
Rahu 3:34PM – 5:21PM Vanija Until 4:04PM **Nataraja:** Clear Moon – Red 3rd Phase
 Simha Rasi: 21.56 Tithi 4
 453876152
 Creative Work Siddha Yoga
 Until 1:33PM then Amrita Yoga
Chaturthi* Until 2:21AM Wed **Sravana-Adi**
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

3 Wednesday, August 3, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT
 Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchami Yam Titau Sun 19 Sutra 113
 Khara 5113
Gulika 10:12AM – 11:59AM **Uttaraphalguni Until 11:33AM** **Ganesha:** Blue *Sunrise:* 4:51AM
Yama 6:38AM – 8:25AM Shiva Until 11:23AM **Muruqa:** Yellow *Sunset:* 7:08PM Moon 7 - Phase 15
Rahu 11:59AM – 1:46PM Bava Until 1:15PM **Nataraja:** Clear Moon – Red 3rd Phase
 Kanya Rasi: 6.32 Tithi 5
 453876152
 Creative Work Amrita Yoga
 Until 11:33AM then Siddha Yoga
 Until 2:06PM then no yoga
Nag Panchami **Panchami Until 11:33PM** **Sravana-Adi**
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

4 Thursday, August 4, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT
 Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau Sun 20 Sutra 114
 Khara 5113
Gulika 8:25AM – 10:12AM **Hasta Until 9:55AM** **Ganesha:** Yellow *Sunrise:* 4:52AM
Yama 4:52AM – 6:39AM Siddha Until 7:58AM **Muruqa:** Yellow *Sunset:* 7:06PM Moon 7 - Phase 15
Rahu 1:46PM – 3:33PM Kaulava Until 10:57AM **Nataraja:** Clear Moon – Green 3rd Phase
 Kanya Rasi: 21.03 Tithi 6
 463876152
 No Yoga
 Until 9:55AM then Siddha Yoga
Shasthi* Until 10:01PM **Sravana-Adi**
Devaloka Day

5 Friday, August 5, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT
 Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptami Yam Titau Sun 21 Sutra 115
 Khara 5113
Gulika 6:39AM – 8:26AM **Chitra Until 8:10AM** **Ganesha:** Yellow *Sunrise:* 4:53AM
Yama 3:32PM – 5:19PM Subha Until 2:08AM Sat **Muruqa:** Yellow *Sunset:* 7:05PM Moon 7 - Phase 15
Rahu 10:12AM – 11:59AM Gara Until 8:22AM **Nataraja:** Clear Moon – Green 3rd Phase
 Tula Rasi: 5.24 Tithi 7
 464976152
 Creative Work Siddha Yoga
Saptami Until 7:27PM **Sravana-Adi**
Devaloka Day

Saturday, August 6, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Stamford, CT
 Svati/Visakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau Sun 22 Sutra 116
 Khara 5113
Gulika 4:54AM – 6:40AM **Svati Until 6:46AM** **Ganesha:** Yellow *Sunrise:* 4:54AM
Yama 1:45PM – 3:31PM Sukla Until 11:18PM **Muruqa:** Yellow *Sunset:* 7:04PM Moon 7 - Phase 15
Rahu 8:26AM – 10:13AM Visti Until 6:10AM **Nataraja:** Clear Moon – Green Ashtami
 Tula Rasi: 19.33 Tithi 8 – 9
 464976152
 Creative Work Siddha Yoga
 Until 2:06PM then Marana Yoga
Ashtami* Until 5:15PM **Sravana-Adi**
Devaloka Day

Sunday, August 7, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Stamford, CT
 Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau Sun 23 Sutra 117
 Khara 5113
Gulika 3:31PM – 5:17PM **Anuradha Until 4:37AM Mon** **Ganesha:** White *Sunrise:* 4:55AM
Yama 11:59AM – 1:45PM Brahma Until 8:49PM **Muruqa:** Yellow *Sunset:* 7:03PM Moon 7 - Phase 15
Rahu 5:17PM – 7:03PM Taitila Until 2:33AM Mon **Nataraja:** Clear Moon – Orange Navami
 Vrishchika Rasi: 3.28 Tithi 9 – 10
 474976152
 Routine Work Marana Yoga
 Until 2:06PM then Siddha Yoga
Navami* Until 3:28PM **Sravana-Adi**
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

1 Monday, August 8, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT
 Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 Sutra 118
 Khara 5113
Gulika 1:44PM – 3:30PM **Jyeshtha* Until 5:42AM Tue** **Ganesha:** White *Sunrise:* 4:56AM
Yama 10:13AM – 11:59AM Indra Until 7:38PM **Muruqa:** Yellow *Sunset:* 7:02PM Moon 7 - Phase 16
Rahu 6:41AM – 8:27AM Vanija Until 1:12AM Tue **Nataraja:** Clear 4th Phase
 Moon – Orange
Sravana-Adi
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
 Vrischika Rasi: 17.1 Tithi 10 – 11
Family Home Evening 474976152
 Creative Work Siddha Yoga
 Until 5:42AM Tue then Amrita Yoga

2 Tuesday, August 9, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Stamford, CT
 Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 Sutra 119
 Khara 5113
Gulika 11:58AM – 1:44PM **Mula* Until 5:27AM Wed** **Ganesha:** Clear *Sunrise:* 4:57AM
Yama 8:28AM – 10:13AM Vaidhriti* Until 5:45PM **Muruqa:** Yellow *Sunset:* 7:00PM Moon 7 - Phase 16
Rahu 3:29PM – 5:15PM Bava Until 1:46AM Wed **Nataraja:** Clear 4th Phase
 Moon – Light Blue
Sravana-Adi
Devaloka Day
 Creative Work Amrita Yoga
 Until 2:06PM then Marana Yoga
 Until 5:27AM Wed then Amrita Yoga

3 Wednesday, August 10, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Stamford, CT
 Purvashadha* Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 Sutra 120
 Khara 5113
Gulika 10:13AM – 11:58AM **Purvashadha* Until 5:35AM Thu** **Ganesha:** Clear *Sunrise:* 4:58AM
Yama 6:43AM – 8:28AM Vishkambha* Until 4:14PM **Muruqa:** Yellow *Sunset:* 6:59PM Moon 7 - Phase 16
Rahu 11:58AM – 1:43PM Kaulava Until 1:10AM Thu **Nataraja:** Clear 4th Phase
 Moon – Light Blue
Sravana-Adi
Devaloka Day
 Creative Work Amrita Yoga
 Until 5:05PM then Siddha Yoga
Pradosha Vrata

4 Thursday, August 11, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Stamford, CT
 Uttarashadha Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau Sun 27 Sutra 121
 Khara 5113
Gulika 8:28AM – 10:13AM **Uttarashadha Until 6:20AM Fri** **Ganesha:** Clear *Sunrise:* 4:59AM
Yama 4:59AM – 6:44AM Priti Until 3:03PM **Muruqa:** Yellow *Sunset:* 6:58PM Moon 7 - Phase 16
Rahu 1:43PM – 3:28PM Gara Until 12:58AM Fri **Nataraja:** Clear 4th Phase
 Moon – Light Blue
Sravana-Adi
Devaloka Day
 Creative Work Siddha Yoga
 Trayodasi Until 12:58PM

Friday, August 12, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Stamford, CT
 Uttarashadha/Sravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau Sun 28 Sutra 122
 Khara 5113
Gulika 6:44AM – 8:29AM **Uttarashadha Until 6:20AM** **Ganesha:** Clear *Sunrise:* 5:00AM
Yama 3:27PM – 5:12PM Ayushman Until 2:12PM **Muruqa:** Yellow *Sunset:* 6:56PM Moon 7 - Phase 16
Rahu 10:13AM – 11:58AM Visti Until 1:08AM Sat **Nataraja:** Clear Purnima
 Moon – Light Blue
Sravana-Adi
Devaloka Day
 Creative Work Siddha Yoga
Raksha Bandhan
 Chaturdasi* Until 1:08PM

Saturday, August 13, 2011 Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Stamford, CT
 Sravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau Sun 29 Sutra 123
 Khara 5113
Gulika 5:01AM – 6:45AM **Sravana Until 7:40AM** **Ganesha:** Purple *Sunrise:* 5:01AM
Yama 1:42PM – 3:26PM Saubhagya Until 2:16PM **Muruqa:** Yellow *Sunset:* 6:55PM Moon 7 - Phase 16
Rahu 8:29AM – 10:14AM Balava Until 1:42AM Sun **Nataraja:** Clear Prathama
 Moon – Purple
Sravana-Adi
Bhuloka Day
 Devaloka Time: 3:PM to 6:PM
 Creative Work Siddha Yoga
 Purnima* Until 1:42PM

Where men move at will in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda Sarhita 9.113.9. VE, 634



Sunday, August 14, 2011
Gold Retreat Star

Kumbha Rasi: 4.59 Tithi 16 – 17
494976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 3:26PM – 5:10PM **Dhanishtha Until 9:21AM**
Yama 11:58AM – 1:42PM Sobhana Until 2:03PM
Rahu 5:10PM – 6:54PM Taitila Until 4:32AM Mon
Prathama* Until 3:26PM

Ganesha: Purple *Sunrise: 5:02AM*
Muruqa: Yellow *Sunset: 6:54PM*
Nataraja: Clear
Moon – Purple
Sravana-Adi

Stamford, CT
Sutra 124
Khara 5113
Moon 8 - Phase 17
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Monday, August 15, 2011

Kumbha Rasi: 17.18 Tithi 17 – 18
Family Home Evening 494976152
Creative Work Siddha Yoga
Until 11:24AM then no yoga
Until 2:05PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 1:41PM – 3:25PM **Satabhisha Until 11:24AM**
Yama 10:14AM – 11:57AM Athiganda* Until 2:10PM
Rahu 6:46AM – 8:30AM Vanija Until 5:57AM Tue
Dvitiya Until 4:51PM

Ganesha: Purple *Sunrise: 5:03AM*
Muruqa: Yellow *Sunset: 6:52PM*
Nataraja: Clear
Moon – Purple
Sravana-Adi

Stamford, CT
Sun 1 Sutra 125
Khara 5113
Moon 8 - Phase 17
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Tuesday, August 16, 2011

Kumbha Rasi: 29.26 Tithi 18
414976152
Routine Work Marana Yoga
Until 1:47PM then Amrita Yoga
Until 2:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Visti* Karana Tritiya Yam Titau

Gulika 11:57AM – 1:41PM **Purvaprostapada* Until 1:47PM**
Yama 8:30AM – 10:14AM Sukarma Until 2:36PM
Rahu 3:24PM – 5:07PM Visti Until 7:44AM Wed
Tritiya Until 6:38PM

Ganesha: White *Sunrise: 5:04AM*
Muruqa: Yellow *Sunset: 6:51PM*
Nataraja: Clear
Moon – Clear
Sravana-Adi

Stamford, CT
Sun 2 Sutra 126
Khara 5113
Moon 8 - Phase 17
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Wednesday, August 17, 2011

Meena Rasi: 11.27 Tithi 19
515976152
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraprostapada/Revati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 10:14AM – 11:57AM **Uttaraprostapada Until 4:26PM**
Yama 6:48AM – 8:31AM Dhriti Until 3:16PM
Rahu 11:57AM – 1:40PM Bava Until 7:38AM
Chaturthi* Until 8:43PM

Ganesha: Purple *Sunrise: 5:05AM*
Muruqa: Yellow *Sunset: 6:49PM*
Nataraja: Clear
Moon – Clear
Sravana-Avani

Stamford, CT
Sun 3 Sutra 127
Khara 5113
Moon 8 - Phase 17
1st Phase
Sivaloka Day

4

Thursday, August 18, 2011

Meena Rasi: 23.22 Tithi 20
515976152
Creative Work Siddha Yoga
Until 7:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 8:31AM – 10:14AM **Revati Until 7:17PM**
Yama 5:06AM – 6:48AM Shula* Until 4:08PM
Rahu 1:40PM – 3:22PM Kaulava Until 9:56AM
Panchami Until 11:01PM

Ganesha: Purple *Sunrise: 5:06AM*
Muruqa: Yellow *Sunset: 6:48PM*
Nataraja: Clear
Moon – Clear
Sravana-Avani

Stamford, CT
Sun 4 Sutra 128
Khara 5113
Moon 8 - Phase 17
1st Phase
Sivaloka Day

5

Friday, August 19, 2011

Mesha Rasi: 5.13 Tithi 21
525976152
Creative Work Amrita Yoga
Until 2:04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Asvini Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 6:49AM – 8:32AM **Asvini Until 10:15PM**
Yama 3:22PM – 5:04PM Ganda* Until 5:05PM
Rahu 10:14AM – 11:57AM Gara Until 12:21PM
Shasthi* Until 1:26AM Sat

Ganesha: Clear *Sunrise: 5:07AM*
Muruqa: Yellow *Sunset: 6:46PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Stamford, CT
Sun 5 Sutra 129
Khara 5113
Moon 8 - Phase 17
1st Phase
Devaloka Day

6

Saturday, August 20, 2011

Mesha Rasi: 17.04 Tithi 22
525976152
Creative Work Siddha Yoga
Until 2:03PM then no yoga
Until 1:11AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Vridhi Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 5:08AM – 6:50AM **Bharani Until 1:11AM Sun**
Yama 1:39PM – 3:21PM Vridhi Until 6:01PM
Rahu 8:32AM – 10:14AM Visti Until 2:45PM
Saptami Until 3:50AM Sun

Ganesha: Clear *Sunrise: 5:08AM*
Muruqa: Yellow *Sunset: 6:45PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Stamford, CT
Sun 6 Sutra 130
Khara 5113
Moon 8 - Phase 17
1st Phase
Devaloka Day

Retreat Star

Sunday, August 21, 2011

Mesha Rasi: 29.01 Tithi 23
525976152
Creative Work Siddha Yoga
Until 2:03PM then no yoga
Until 3:58AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 3:20PM – 5:02PM **Krittika Until 3:58AM Mon**
Yama 11:56AM – 1:38PM Dhruva Until 6:48PM
Rahu 5:02PM – 6:44PM Balava Until 4:58PM
Krishna Janmashtami
Ashtami* Until 6:03AM Mon

Ganesha: Clear *Sunrise: 5:09AM*
Muruqa: Yellow *Sunset: 6:44PM*
Nataraja: Clear
Moon – White
Sravana-Avani

Stamford, CT
Sun 7 Sutra 131
Khara 5113
Moon 8 - Phase 17
Ashtami
Devaloka Day

Monday, August 22, 2011

Retreat Star

Virshabha Rasi: 11.08 Tithi 24
Family Home Evening 535976152
Creative Work Amrita Yoga
Until 6:24AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Vyaghata* Yoga Taitila Karana Navami* Yam Titau

Gulika 1:37PM – 3:19PM **Rohini Until 6:24AM Tue**
Yama 10:14AM – 11:56AM Vyaghata* Until 7:16PM
Rahu 6:51AM – 8:33AM Taitila Until 6:49PM
Navami* Until 6:55AM Tue

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Yellow *Sunset: 6:42PM*
Nataraja: Clear
Moon – Yellow
Sravana-Avani

Stamford, CT
Sun 8 Sutra 132
Khara 5113
Moon 8 - Phase 17
Navami
Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89


1	Tuesday, August 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Stamford, CT
	Wishabha Rasi: 23.31 Tithi 24 – 25 535976152	Gulika 11:56AM – 1:37PM Yama 8:33AM – 10:14AM Rahu 3:18PM – 4:59PM	Mrigasira Until 6:47AM Wed Harshana Until 6:19PM Vanija Until 6:55PM Navami* Until 6:55AM	Ganesha: White <i>Sunrise:</i> 5:11AM Muruqa: Yellow <i>Sunset:</i> 6:41PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 9 Sutra 133 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga				

2	Wednesday, August 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Stamford, CT
	Mithuna Rasi: 6.14 Tithi 25 – 26 535976152	Gulika 10:14AM – 11:55AM Yama 6:53AM – 8:33AM Rahu 11:55AM – 1:36PM	Mrigasira Until 6:47AM Vajra* Until 5:42PM Bava Until 7:23PM Dasami Until 7:23AM	Ganesha: White <i>Sunrise:</i> 5:12AM Muruqa: Yellow <i>Sunset:</i> 6:39PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 10 Sutra 134 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga Until 2.02PM then Marana Yoga				

3	Thursday, August 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatlipala* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Stamford, CT
	Mithuna Rasi: 19.23 Tithi 26 – 27 535976152	Gulika 8:34AM – 10:14AM Yama 5:13AM – 6:53AM Rahu 1:36PM – 3:16PM	Ardra Until 7:03AM Siddhi Until 3:40PM Kaulava Until 6:01PM Ekadasi* Until 6:56AM	Ganesha: White <i>Sunrise:</i> 5:13AM Muruqa: Yellow <i>Sunset:</i> 6:37PM Nataraja: Clear Moon – Yellow Sravana*Avani	Sun 11 Sutra 135 Khara 5113 Moon 8 - Phase 18 2nd Phase Sivaloka Day
	Routine Work Marana Yoga Until 7:03AM then Amrita Yoga Until 2.02PM then Siddha Yoga				

4	Friday, August 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Stamford, CT
	Kataka Rasi: 3 Tithi 28 545976152	Gulika 6:54AM – 8:34AM Yama 3:15PM – 4:56PM Rahu 10:14AM – 11:55AM	Punarvasu Until 6:34AM Vyatipata* Until 1:41PM Gara Until 4:49PM Trayodasi* Until 3:54AM Sat <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 5:14AM Muruqa: Yellow <i>Sunset:</i> 6:36PM Nataraja: Clear Moon – Blue Sravana*Avani	Sun 12 Sutra 136 Khara 5113 Moon 8 - Phase 18 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 6:34AM then Marana Yoga Until 2.02PM then Siddha Yoga				

5	Saturday, August 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Aslesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Stamford, CT
	Kataka Rasi: 17.04 Tithi 29 546976152	Gulika 5:15AM – 6:55AM Yama 1:34PM – 3:14PM Rahu 8:35AM – 10:15AM	Aslesha* Until 4:10AM Sun Variyan Until 10:57AM Visti Until 2:09PM Chaturdasi* Until 12:26AM Sun	Ganesha: White <i>Sunrise:</i> 5:15AM Muruqa: Yellow <i>Sunset:</i> 6:34PM Nataraja: Clear Moon – Blue Sravana*Avani	Sun 13 Sutra 137 Khara 5113 Moon 8 - Phase 18 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Routine Work Marana Yoga Until 2.02PM then Siddha Yoga Until 4:10AM Sun then Marana Yoga				

	Sunday, August 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Stamford, CT
	Retreat Star Simha Rasi: 1.33 Tithi 30 556976153	Gulika 3:13PM – 4:53PM Yama 11:54AM – 1:34PM Rahu 4:53PM – 6:33PM	Magha* Until 12:51AM Mon Parigha* Until 7:29AM Catuspada Until 11:34AM Amavasya* Until 9:51PM	Ganesha: Green <i>Sunrise:</i> 5:16AM Muruqa: Yellow <i>Sunset:</i> 6:33PM Nataraja: White Moon – Red Sravana*Avani	Sun 14 Sutra 138 Khara 5113 Moon 8 - Phase 18 Amavasya Devaloka Day
	Routine Work Marana Yoga Until 2.01PM then Siddha Yoga				

Monday, August 29, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Stamford, CT
	Simha Rasi: 16.2 Tithi 1 Family Home Evening 556176153	Gulika 1:33PM – 3:13PM Yama 10:15AM – 11:54AM Rahu 6:56AM – 8:35AM	Purvaphalguni* Until 10:32PM Siddha Until 11:51PM Kintughna Until 8:26AM Prathama* Until 6:44PM	Ganesha: Blue <i>Sunrise:</i> 5:17AM Muruqa: Yellow <i>Sunset:</i> 6:31PM Nataraja: White Moon – Red Bhadrapada*Avani	Sun 15 Sutra 139 Khara 5113 Moon 8 - Phase 18 Prathama Devaloka Day
	Creative Work Siddha Yoga Until 10:32PM then Amrita Yoga				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. *Kṛṣṇa Yajur Veda, Svetu 6.2. UpR, 743*

1	Tuesday, August 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Stamford, CT
	Kanya Rasi: 1.18 Tithi 2 – 3 566176153	Gulika 11:54AM – 1:33PM Yama 8:36AM – 10:15AM Rahu 3:12PM – 4:51PM	Uttaraphalguni Until 7:55PM Sadhya Until 7:58PM Taitila Until 1:35AM Wed Dvitiya Until 3:18PM	Sun 16 Sutra 140 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Amrita Yoga Until 7:55PM then Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:18AM Muruqa: Yellow <i>Sunset:</i> 6:30PM Nataraja: White Moon – Red Bhadrapada*Avani	

2	Wednesday, August 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Stamford, CT
	Kanya Rasi: 16.17 Tithi 3 – 4 566176153	Gulika 10:15AM – 11:53AM Yama 6:57AM – 8:36AM Rahu 11:53AM – 1:32PM	Hasta Until 5:17PM Subha Until 4:02PM Vanija Until 10:08PM Tritiya Until 11:51AM	Sun 17 Sutra 141 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 2:00PM then no yoga Until 5:17PM then Siddha Yoga	Ganesha Chaturthi	Ganesha: Blue <i>Sunrise:</i> 5:19AM Muruqa: Yellow <i>Sunset:</i> 6:28PM Nataraja: White Moon – Green Bhadrapada*Avani	

3	Thursday, September 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vistit*/Bava Karana Chaturthi*/Panchami Yam Titau		Stamford, CT
	Tula Rasi: 1.09 Tithi 4 – 5 566176153	Gulika 8:36AM – 10:15AM Yama 5:20AM – 6:58AM Rahu 1:31PM – 3:10PM	Chitra Until 2:49PM Sukla Until 12:17PM Bava Until 6:52PM Chaturthi* Until 8:35AM	Sun 18 Sutra 142 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:20AM Muruqa: Yellow <i>Sunset:</i> 6:28PM Nataraja: White Moon – Green Bhadrapada*Avani	

4	Friday, September 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Stamford, CT
	Tula Rasi: 15.47 Tithi 6 566176153	Gulika 6:59AM – 8:37AM Yama 3:09PM – 4:47PM Rahu 10:15AM – 11:53AM	Svati Until 1:14PM Brahma Until 9:05AM Kaulava Until 4:48PM Shasthi* Until 3:52AM Sat	Sun 19 Sutra 143 Khara 5113 Moon 8 - Phase 19 3rd Phase Devaloka Day
	Creative Work Siddha Yoga Until 1:14PM then Marana Yoga Until 2:00PM then Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:21AM Muruqa: Yellow <i>Sunset:</i> 6:28PM Nataraja: White Moon – Green Bhadrapada*Avani	

5	Saturday, September 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau		Stamford, CT
	Vrischika Rasi: 0.05 Tithi 7 577176153	Gulika 5:22AM – 6:59AM Yama 1:30PM – 3:08PM Rahu 8:37AM – 10:15AM	Visakha Until 11:33AM Vaidhriti* Until 3:18AM Sun Gara Until 2:19PM Saptami Until 1:24AM Sun	Sun 20 Sutra 144 Khara 5113 Moon 8 - Phase 19 3rd Phase Subha Sivaloka Day
	Creative Work Siddha Yoga Until 1:59PM then Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 5:22AM Muruqa: Yellow <i>Sunset:</i> 6:28PM Nataraja: White Moon – Orange Bhadrapada*Avani	

D	Sunday, September 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistit*/Bava Karana Ashtami* Yam Titau		Stamford, CT
	Vrischika Rasi: 14.02 Tithi 8 577176153	Gulika 3:07PM – 4:44PM Yama 11:52AM – 1:29PM Rahu 4:44PM – 6:21PM	Anuradha Until 10:30AM Vishkambha* Until 12:46AM Mon Vistit Until 12:30PM Ashtami* Until 11:35PM	Sun 21 Sutra 145 Khara 5113 Moon 8 - Phase 19 Ashtami Subha Sivaloka Day
	Routine Work Marana Yoga Until 1:59PM then Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:23AM Muruqa: Yellow <i>Sunset:</i> 6:21PM Nataraja: White Moon – Orange Bhadrapada*Avani	

D	Monday, September 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau		Stamford, CT
	Vrischika Rasi: 27.38 Tithi 9 Family Home Evening 577176153	Gulika 1:29PM – 3:06PM Yama 10:15AM – 11:52AM Rahu 7:01AM – 8:38AM	Jyeshtha* Until 10:22AM Priti Until 11:59PM Balava Until 11:47AM Navami* Until 11:47PM	Sun 22 Sutra 146 Khara 5113 Moon 8 - Phase 19 Navami Subha Sivaloka Day
	Creative Work Siddha Yoga Until 1:59PM then Amrita Yoga		Ganesha: Blue <i>Sunrise:</i> 5:24AM Muruqa: Yellow <i>Sunset:</i> 6:20PM Nataraja: White Moon – Orange Bhadrapada*Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673

1	Tuesday, September 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau				Stamford, CT
	Dhanus Rasi: 10.55 Tilthi 10	Gulika 11:51AM – 1:28PM Yama 8:38AM – 10:15AM Rahu 3:05PM – 4:41PM	Mula* Until 10:29AM Ayushman Until 10:26PM Taitila Until 11:11AM Dasami Until 11:11PM	Ganesha: Yellow <i>Sunrise:</i> 5:25AM Muruqa: Yellow <i>Sunset:</i> 6:18PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sun 23 Sutra 147 Khara 5113 Moon 8 - Phase 20 4th Phase	Sivaloka Day
Creative Work Amrita Yoga Until 10:29AM then Siddha Yoga Until 1.58PM then Amrita Yoga						

2	Wednesday, September 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Stamford, CT
	Dhanus Rasi: 23.54 Tilthi 11	Gulika 10:15AM – 11:51AM Yama 7:02AM – 8:38AM Rahu 11:51AM – 1:27PM	Purvashadha* Until 11:07AM Saubhagya Until 9:22PM Vanija Until 11:09AM Ekadasi Until 11:09PM	Ganesha: Yellow <i>Sunrise:</i> 5:26AM Muruqa: Yellow <i>Sunset:</i> 6:16PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sun 24 Sutra 148 Khara 5113 Moon 8 - Phase 20 4th Phase	Sivaloka Day
Creative Work Amrita Yoga Until 1.58PM then Siddha Yoga						

3	Thursday, September 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Stamford, CT
	Makara Rasi: 6.4 Tilthi 12	Gulika 8:39AM – 10:15AM Yama 5:27AM – 7:03AM Rahu 1:27PM – 3:03PM	Uttarashadha Until 12:10PM Sobhana Until 8:41PM Bava Until 11:35AM Dvadasi Until 11:35PM	Ganesha: Yellow <i>Sunrise:</i> 5:27AM Muruqa: Yellow <i>Sunset:</i> 6:15PM Nataraja: White Moon – Light Blue Bhadrapada*Avani	Sun 25 Sutra 149 Khara 5113 Moon 8 - Phase 20 4th Phase	Sivaloka Day
Creative Work Siddha Yoga						

4	Friday, September 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Stamford, CT
	Makara Rasi: 19.13 Tilthi 13	Gulika 7:03AM – 8:39AM Yama 3:02PM – 4:37PM Rahu 10:15AM – 11:50AM	Sravana Until 2:13PM Athiganda* Until 9:26PM Kaulava Until 12:58PM Trayodasi Until 2:03AM Sat <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:28AM Muruqa: Yellow <i>Sunset:</i> 6:13PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sun 26 Sutra 150 Khara 5113 Moon 8 - Phase 20 4th Phase	Sivaloka Day
Creative Work Siddha Yoga						

5	Saturday, September 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Stamford, CT
	Kumbha Rasi: 1.38 Tilthi 14	Gulika 5:29AM – 7:04AM Yama 1:25PM – 3:01PM Rahu 8:39AM – 10:15AM	Dhanishtha Until 4:05PM Sukarma Until 9:21PM Gara Until 2:12PM Chaturdasi* Until 3:18AM Sun	Ganesha: Yellow <i>Sunrise:</i> 5:29AM Muruqa: Yellow <i>Sunset:</i> 6:11PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sun 27 Sutra 151 Khara 5113 Moon 8 - Phase 20 4th Phase	Sivaloka Day
Creative Work Siddha Yoga Chidambaram Abhishekam						

○	Sunday, September 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Visti*/Bava Karana Purnima* Yam Titau				Stamford, CT
	Copper Retreat Star	Gulika 3:00PM – 4:35PM Yama 11:50AM – 1:25PM Rahu 4:35PM – 6:10PM	Satabhisha Until 6:13PM Dhriti Until 9:32PM Visti Until 3:45PM Purnima* Until 4:50AM Mon	Ganesha: Yellow <i>Sunrise:</i> 5:30AM Muruqa: White <i>Sunset:</i> 6:10PM Nataraja: White Moon – Purple Bhadrapada*Avani	Sun 28 Sutra 152 Khara 5113 Moon 8 - Phase 20 Purnima	Subha Sivaloka Day
Creative Work Siddha Yoga Until 6:13PM then no yoga Grandparent's Day						

○	Monday, September 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau				Stamford, CT
	Silver Retreat Star	Gulika 1:24PM – 2:59PM Yama 10:15AM – 11:49AM Rahu 7:05AM – 8:40AM	Purvaprostapada* Until 8:36PM Shula* Until 9:57PM Balava Until 5:34PM Prathama* Until 6:32AM Tue	Ganesha: Yellow <i>Sunrise:</i> 5:31AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: White Moon – Clear Bhadrapada*Avani	Sun 29 Sutra 153 Khara 5113 Moon 8 - Phase 20 Prathama	Subha Sivaloka Day
Creative Work Siddha Yoga Until 1.56PM then Marana Yoga Until 8:36PM then Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



Tuesday, September 13, 2011
Gold Retreat Star

Meena Rasi: 8.04 Tithi 16 – 17
518186153
Creative Work Amrita Yoga
Until 1.56PM then Siddha Yoga
Until 11:13PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 11:49AM – 1:23PM **Uttaraprostapada Until 11:13PM**
Yama 8:40AM – 10:15AM **Ganda* Until 10:34PM**
Rahu 2:58PM – 4:32PM **Taitila Until 7:38PM**
Prathama* Until 6:32AM

Stamford, CT
Sutra 154
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:31AM
Muruqa: White *Sunset:* 6:06PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

1

Wednesday, September 14, 2011

Meena Rasi: 19.59 Tithi 17 – 18
518186153
Routine Work Marana Yoga
Until 1.56PM then Siddha Yoga
Until 2:01AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:15AM – 11:49AM **Revati Until 2:01AM Thu**
Yama 7:06AM – 8:41AM **Vriddhi Until 11:21PM**
Rahu 11:49AM – 1:23PM **Vanija Until 9:54PM**
Dvitiya Until 8:49AM

Stamford, CT
Sun 1 Sutra 155
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Yellow *Sunrise:* 5:32AM
Muruqa: White *Sunset:* 6:05PM
Nataraja: White
Moon – Clear
Bhadrapada*Avani

2

Thursday, September 15, 2011

Mesha Rasi: 1.51 Tithi 18 – 19
528186153
Creative Work Amrita Yoga
Until 4:58AM Fri then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 8:41AM – 10:14AM **Asvini Until 4:58AM Fri**
Yama 5:33AM – 7:07AM **Dhruva Until 12:17AM Fri**
Rahu 1:22PM – 2:56PM **Bava Until 12:20AM Fri**
Tritiya Until 11:15AM

Stamford, CT
Sun 2 Sutra 156
Khara 5113
Moon 9 - Phase 21
1st Phase
Sivaloka Day
Ganesha: Blue *Sunrise:* 5:33AM
Muruqa: White *Sunset:* 6:03PM
Nataraja: White
Moon – White
Bhadrapada*Avani

3

Friday, September 16, 2011

Mesha Rasi: 13.4 Tithi 19 – 20
529186153
Creative Work Siddha Yoga
Until 8:19AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 7:08AM – 8:41AM **Bharani Until 8:19AM Sat**
Yama 2:54PM – 4:28PM **Vyaghata* Until 1:16AM Sat**
Rahu 10:14AM – 11:48AM **Kaulava Until 2:51AM Sat**
Chaturthi* Until 1:46PM

Stamford, CT
Sun 3 Sutra 157
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 5:34AM
Muruqa: White *Sunset:* 6:01PM
Nataraja: White
Moon – White
Bhadrapada*Avani

4

Saturday, September 17, 2011

Mesha Rasi: 25.31 Tithi 20 – 21
529186153
Creative Work Siddha Yoga
Until 8:19AM then Amrita Yoga
Until 1.55PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mantla Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 5:35AM – 7:08AM **Bharani Until 8:19AM**
Yama 1:20PM – 2:53PM **Harshana Until 2:13AM Sun**
Rahu 8:41AM – 10:14AM **Gara Until 5:20AM Sun**
Panchami Until 4:14PM

Stamford, CT
Sun 4 Sutra 158
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 5:35AM
Muruqa: White *Sunset:* 5:59PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

5

Sunday, September 18, 2011

Vrishabha Rasi: 7.26 Tithi 21
529186153
Creative Work Siddha Yoga
Until 1.54PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Vanija Karana Shasthi* Yam Titau
Gulika 2:52PM – 4:25PM **Krittika Until 11:08AM**
Yama 11:47AM – 1:20PM **Vajra* Until 3:02AM Mon**
Rahu 4:25PM – 5:58PM **Vanija Until 7:38AM Mon**
Shasthi* Until 6:32PM

Stamford, CT
Sun 5 Sutra 159
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Sivaloka Day
Ganesha: Red *Sunrise:* 5:36AM
Muruqa: White *Sunset:* 5:58PM
Nataraja: White
Moon – White
Bhadrapada*Puratasi

6

Monday, September 19, 2011

Vrishabha Rasi: 19.31 Tithi 22
539186153
Family Home Evening
Creative Work Amrita Yoga
Until 1:39PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigasira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:19PM – 2:51PM **Rohini Until 1:39PM**
Yama 10:14AM – 11:47AM **Siddhi Until 3:33AM Tue**
Rahu 7:10AM – 8:42AM **Visti Until 7:24AM**
Saptami Until 8:30PM

Stamford, CT
Sun 6 Sutra 160
Khara 5113
Moon 9 - Phase 21
1st Phase
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 5:37AM
Muruqa: White *Sunset:* 5:56PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Retreat Star

Tuesday, September 20, 2011

Mithuna Rasi: 1.5 Tithi 23
539186153
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigasira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 11:46AM – 1:18PM **Mrigasira Until 2:55PM**
Yama 8:42AM – 10:14AM **Vyatipata* Until 2:03AM Wed**
Rahu 2:50PM – 4:22PM **Balava Until 8:35AM**
Ashtami* Until 8:35PM

Stamford, CT
Sun 7 Sutra 161
Khara 5113
Moon 9 - Phase 21
Ashtami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 5:38AM
Muruqa: White *Sunset:* 5:54PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Wednesday, September 21, 2011

Retreat Star

Mithuna Rasi: 14.31 Tithi 24
539186153
Creative Work Siddha Yoga
Until 1.53PM then Marana Yoga
Until 4:08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:14AM – 11:46AM **Ardra Until 4:08PM**
Yama 7:11AM – 8:43AM **Variyan Until 1:31AM Thu**
Rahu 11:46AM – 1:18PM **Taitila Until 9:12AM**
Navami* Until 9:12PM

Stamford, CT
Sun 8 Sutra 162
Khara 5113
Moon 9 - Phase 21
Navami
Subha Subha Sivaloka Day
Ganesha: Green *Sunrise:* 5:39AM
Muruqa: White *Sunset:* 5:53PM
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192

1	Thursday, September 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Stamford, CT
	Mithuna Rasi: 27.36	Tithi 25					Sun 9 Sutra 163 Khara 5113
		549186153	Gulika 8:43AM – 10:14AM	Punarvasu Until 3:50PM	Ganesha: Orange <i>Sunrise:</i> 5:40AM		
			Yama 5:40AM – 7:12AM	Parigha* Until 11:02PM	Muruqa: White <i>Sunset:</i> 5:51PM		Moon 9 - Phase 22
Creative Work Amrita Yoga			Rahu 1:17PM – 2:48PM	Vanija Until 8:44AM	Nataraja: White		2nd Phase
Until 1:53PM then Siddha Yoga				Dasami Until 7:49PM	Moon – Blue		Subha Sivaloka Day
Until 3:50PM then Marana Yoga					Bhadrapada•Puratasi		

2	Friday, September 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Stamford, CT
	Kataka Rasi: 11.1	Tithi 26					Sun 10 Sutra 164 Khara 5113
		549286153	Gulika 7:12AM – 8:43AM	Pushya Until 3:25PM	Ganesha: Green <i>Sunrise:</i> 5:41AM		
			Yama 2:47PM – 4:18PM	Shiva Until 9:05PM	Muruqa: White <i>Sunset:</i> 5:49PM		Moon 9 - Phase 22
Routine Work Marana Yoga			Rahu 10:14AM – 11:45AM	Bava Until 7:39AM	Nataraja: White		2nd Phase
Until 1:53PM then Siddha Yoga				Ekadasi* Until 6:43PM	Moon – Blue		Sivaloka Day
Until 3:25PM then Marana Yoga					Bhadrapada•Puratasi		

3	Saturday, September 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha/Magha* Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Stamford, CT
	Kataka Rasi: 25.14	Tithi 27 – 28					Sun 11 Sutra 165 Khara 5113
		541286153	Gulika 5:42AM – 7:13AM	Aslesha* Until 1:37PM	Ganesha: Purple <i>Sunrise:</i> 5:42AM		
			Yama 1:16PM – 2:46PM	Siddha Until 5:34PM	Muruqa: White <i>Sunset:</i> 5:47PM		Moon 9 - Phase 22
Routine Work Marana Yoga			Rahu 8:44AM – 10:14AM	Gara Until 2:14AM Sun	Nataraja: White		2nd Phase
Until 1:52PM then Amrita Yoga				Dvadasi* Until 3:56PM	Moon – Blue		Sivaloka Day
Until 1:37PM then Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Bhadrapada•Puratasi		

4	Sunday, September 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Stamford, CT
	Simha Rasi: 9.47	Tithi 28 – 29					Sun 12 Sutra 166 Khara 5113
		551286153	Gulika 2:45PM – 4:16PM	Magha* Until 11:41AM	Ganesha: Light Blue <i>Sunrise:</i> 5:43AM		
			Yama 11:45AM – 1:15PM	Sadhya Until 2:18PM	Muruqa: White <i>Sunset:</i> 5:46PM		Moon 9 - Phase 22
Routine Work Marana Yoga			Rahu 4:16PM – 5:46PM	Visti Until 11:34PM	Nataraja: White		2nd Phase
Until 11:41AM then Siddha Yoga				Trayodasi* Until 1:17PM	Moon – Red		Sivaloka Day
					Bhadrapada•Puratasi		

	Monday, September 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Stamford, CT
	Retreat Star						Sun 13 Sutra 167 Khara 5113
Simha Rasi: 24.41	Tithi 29 – 30		Gulika 1:14PM – 2:44PM	Purvaphalguni* Until 9:10AM	Ganesha: Light Blue <i>Sunrise:</i> 5:44AM		
Family Home Evening		551286153	Yama 10:14AM – 11:44AM	Subha Until 10:28AM	Muruqa: White <i>Sunset:</i> 5:44PM		Moon 9 - Phase 22
Creative Work Siddha Yoga			Rahu 7:14AM – 8:44AM	Catuspada Until 8:15PM	Nataraja: White		Amavasya
Until 9:10AM then Marana Yoga				Chaturdasi* Until 9:58AM	Moon – Red		Sivaloka Day
Until 1:51PM then Amrita Yoga					Bhadrapada•Puratasi		

5	Tuesday, September 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Stamford, CT
	Retreat Star						Sun 14 Sutra 168 Khara 5113
Kanya Rasi: 9.51	Tithi 30 – 1		Gulika 11:44AM – 1:14PM	Uttaraphalguni Until 6:15AM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM		
		551286153	Yama 8:45AM – 10:14AM	Sukla Until 6:15AM	Muruqa: White <i>Sunset:</i> 5:42PM		Moon 9 - Phase 22
Creative Work Amrita Yoga			Rahu 2:43PM – 4:13PM	Bava Until 2:48AM Wed	Nataraja: White		Prathama
Until 6:15AM then Siddha Yoga			Navaratri Begins	Amavasya* Until 6:14AM	Moon – Red		Sivaloka Day
					Ashvina•Puratasi		

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

1	Wednesday, September 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau					Stamford, CT
	Kanya Rasi: 25.05 Tithi 2 661286153	Gulika 10:14AM – 11:44AM Yama 7:16AM – 8:45AM Rahu 11:44AM – 1:13PM	Chitra Until 12:31AM Thu Indra Until 9:55PM Balava Until 12:38PM Dvitiya Until 10:55PM	Ganesha: Light Blue <i>Sunrise: 5:47AM</i> Muruqa: White <i>Sunset: 5:41PM</i> Nataraja: White Moon – Green Ashvina•Puratasi	Sun 15 Sutra 169 Khara 5113 Moon 9 - Phase 23 3rd Phase	Sivaloka Day	
	Creative Work Siddha Yoga Until 12:31AM Thu then Amrita Yoga						

2	Thursday, September 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiya Yam Titau					Stamford, CT
	Tula Rasi: 10.15 Tithi 3 661286153	Gulika 8:45AM – 10:14AM Yama 5:48AM – 7:16AM Rahu 1:12PM – 2:41PM	Svati Until 9:36PM Vaidhriti* Until 5:43PM Tailila Until 8:54AM Tritiya Until 7:12PM	Ganesha: Light Blue <i>Sunrise: 5:48AM</i> Muruqa: White <i>Sunset: 5:39PM</i> Nataraja: White Moon – Green Ashvina•Puratasi	Sun 16 Sutra 170 Khara 5113 Moon 9 - Phase 23 3rd Phase	Sivaloka Day	
	Creative Work Amrita Yoga Until 1:50PM then Siddha Yoga Until 9:36PM then Marana Yoga						

3	Friday, September 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Stamford, CT
	Tula Rasi: 25.1 Tithi 4 – 5 671286153	Gulika 7:17AM – 8:46AM Yama 2:40PM – 4:09PM Rahu 10:14AM – 11:43AM	Visakha Until 7:04PM Vishkambha* Until 1:52PM Bava Until 2:10AM Sat Chaturthi* Until 3:52PM	Ganesha: Purple <i>Sunrise: 5:49AM</i> Muruqa: White <i>Sunset: 5:37PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi	Sun 17 Sutra 171 Khara 5113 Moon 9 - Phase 23 3rd Phase	Sivaloka Day	
	Routine Work Marana Yoga Until 1:50PM then Siddha Yoga						

4	Saturday, October 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Stamford, CT
	Wrischika Rasi: 9.44 Tithi 5 – 6 671286153	Gulika 5:50AM – 7:18AM Yama 1:11PM – 2:39PM Rahu 8:46AM – 10:14AM	Anuradha Until 5:54PM Priti Until 10:51AM Kaulava Until 12:48AM Sun Panchami Until 1:43PM	Ganesha: Purple <i>Sunrise: 5:50AM</i> Muruqa: White <i>Sunset: 5:36PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi	Sun 18 Sutra 172 Khara 5113 Moon 9 - Phase 23 3rd Phase	Sivaloka Day	
	Creative Work Siddha Yoga Until 1:50PM then Marana Yoga						

5	Sunday, October 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saplami Yam Titau					Stamford, CT
	Wrischika Rasi: 23.52 Tithi 6 – 7 671286153	Gulika 2:38PM – 4:06PM Yama 11:42AM – 1:10PM Rahu 4:06PM – 5:34PM	Jyeshtha* Until 4:31PM Ayushman Until 8:00AM Gara Until 10:40PM Shasthi* Until 11:36AM	Ganesha: Purple <i>Sunrise: 5:51AM</i> Muruqa: White <i>Sunset: 5:34PM</i> Nataraja: White Moon – Orange Ashvina•Puratasi	Sun 19 Sutra 173 Khara 5113 Moon 9 - Phase 23 3rd Phase	Sivaloka Day	
	Routine Work Marana Yoga Until 1:50PM then Siddha Yoga						

D	Monday, October 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Stamford, CT
	Retreat Star Dhanus Rasi: 7.33 Tithi 7 – 8 Family Home Evening 681286153	Gulika 1:10PM – 2:37PM Yama 10:14AM – 11:42AM Rahu 7:19AM – 8:47AM	Mula* Until 4:41PM Sobhana Until 4:42AM Tue Visti Until 10:39PM Saptami Until 10:39AM	Ganesha: Clear <i>Sunrise: 5:52AM</i> Muruqa: White <i>Sunset: 5:32PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi	Sun 20 Sutra 174 Khara 5113 Moon 9 - Phase 23 Ashtami	Subha Sivaloka Day	
	Creative Work Siddha Yoga Until 1:49PM then Amrita Yoga Until 4:41PM then Siddha Yoga						

T	Tuesday, October 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Stamford, CT
	Retreat Star Dhanus Rasi: 20.49 Tithi 8 – 9 682286153	Gulika 11:42AM – 1:09PM Yama 8:47AM – 10:14AM Rahu 2:36PM – 4:03PM	Purvashadha* Until 4:48PM Athiganda* Until 3:07AM Wed Balava Until 10:05PM Ashtami* Until 10:05AM	Ganesha: Orange <i>Sunrise: 5:53AM</i> Muruqa: White <i>Sunset: 5:31PM</i> Nataraja: White Moon – Light Blue Ashvina•Puratasi	Sun 21 Sutra 175 Khara 5113 Moon 9 - Phase 23 Navami	Subha Sivaloka Day	
	Creative Work Siddha Yoga Until 1:49PM then Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

1	Wednesday, October 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Stamford, CT
	Makara Rasi: 3.43 Tithi 9 – 10 682286153	Gulika 10:14AM – 11:41AM Yama 7:21AM – 8:48AM Rahu 11:41AM – 1:08PM	Uttarashadha Until 5:36PM Sukarma Until 2:11AM Thu Taitila Until 10:15PM Navami* Until 10:15AM	Sun 22 Sutra 176 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Amrita Yoga Until 1.49PM then Siddha Yoga		Ganesha: Orange <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 5:29PM Nataraja: White Moon – Light Blue Ashvina•Puratasi	Subha Sivaloka Day

2	Thursday, October 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Stamford, CT
	Makara Rasi: 16.19 Tithi 10 – 11 692286153	Gulika 8:48AM – 10:15AM Yama 5:55AM – 7:21AM Rahu 1:08PM – 2:34PM	Sravana Until 8:01PM Dhriti Until 3:15AM Fri Vanija Until 12:34AM Fri Dasami Until 11:28AM	Sun 23 Sutra 177 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga	Vijaya Dasami	Ganesha: Green <i>Sunrise:</i> 5:55AM Muruqa: White <i>Sunset:</i> 5:27PM Nataraja: White Moon – Purple Ashvina•Puratasi	Sivaloka Day

3	Friday, October 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Stamford, CT
	Makara Rasi: 28.42 Tithi 11 – 12 692286153	Gulika 7:22AM – 8:48AM Yama 2:33PM – 4:00PM Rahu 10:15AM – 11:41AM	Dhanishtha Until 9:56PM Shula* Until 3:12AM Sat Bava Until 1:54AM Sat Ekadasi Until 12:48PM	Sun 24 Sutra 178 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga Until 9:56PM then Amrita Yoga		Ganesha: Green <i>Sunrise:</i> 5:56AM Muruqa: White <i>Sunset:</i> 5:26PM Nataraja: White Moon – Purple Ashvina•Puratasi	Sivaloka Day

4	Saturday, October 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Stamford, CT
	Kumbha Rasi: 10.55 Tithi 12 – 13 692286154	Gulika 5:57AM – 7:23AM Yama 1:06PM – 2:32PM Rahu 8:49AM – 10:15AM	Satabhisha Until 12:11AM Sun Ganda* Until 3:27AM Sun Kaulava Until 3:35AM Sun Dvadasi Until 2:30PM <i>Pradosha Vrata</i>	Sun 25 Sutra 179 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Amrita Yoga Until 1.48PM then Siddha Yoga	Kadaitswami Mahasamadhi	Ganesha: Green <i>Sunrise:</i> 5:57AM Muruqa: White <i>Sunset:</i> 5:24PM Nataraja: Yellow Moon – Purple Ashvina•Puratasi	Devaloka Day

5	Sunday, October 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Stamford, CT
	Kumbha Rasi: 23 Tithi 13 – 14 612286154	Gulika 2:31PM – 3:57PM Yama 11:40AM – 1:06PM Rahu 3:57PM – 5:23PM	Purvaprostapada* Until 2:40AM Mon Vriddhi Until 3:56AM Mon Gara Until 5:33AM Mon Trayodasi Until 4:28PM	Sun 26 Sutra 180 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga Until 1.47PM then no yoga Until 2:40AM Mon then Siddha Yoga	Chidambaram Abhishekam	Ganesha: Blue <i>Sunrise:</i> 5:58AM Muruqa: White <i>Sunset:</i> 5:23PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day

6	Monday, October 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Dhruva Yoga Vanija Karana Chaturdasi* Yam Titau		Stamford, CT
	Meena Rasi: 4.59 Tithi 14 Family Home Evening 612286154	Gulika 1:05PM – 2:30PM Yama 10:15AM – 11:40AM Rahu 7:24AM – 8:50AM	Uttaraprostapada Until 5:21AM Tue Dhruva Until 4:35AM Tue Vanija Until 7:43AM Tue Chaturdasi* Until 6:38PM	Sun 27 Sutra 181 Khara 5113 Moon 9 - Phase 24 4th Phase
	Creative Work Siddha Yoga Until 1.47PM then Amrita Yoga Until 5:21AM Tue then Siddha Yoga		Ganesha: Blue <i>Sunrise:</i> 5:59AM Muruqa: White <i>Sunset:</i> 5:21PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day

○	Tuesday, October 11, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau		Stamford, CT
	Meena Rasi: 16.55 Tithi 15 Copper Retreat Star 612286154	Gulika 11:40AM – 1:05PM Yama 8:50AM – 10:15AM Rahu 2:30PM – 3:54PM	Revati Until 8:25AM Wed Vyaghata* Until 5:21AM Wed Visti Until 7:52AM Purnima* Until 8:57PM	Sun 28 Sutra 182 Khara 5113 Moon 9 - Phase 24 Purnima
	Creative Work Siddha Yoga Until 1.47PM then Marana Yoga		Ganesha: Blue <i>Sunrise:</i> 6:00AM Muruqa: White <i>Sunset:</i> 5:19PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day

○	Wednesday, October 12, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau		Stamford, CT
	Meena Rasi: 28.47 Tithi 16 Silver Retreat Star 612286154	Gulika 10:15AM – 11:39AM Yama 7:26AM – 8:50AM Rahu 11:39AM – 1:04PM	Revati Until 8:25AM Harshana Until 6:32AM Thu Balava Until 10:18AM Prathama* Until 11:23PM	Sun 29 Sutra 183 Khara 5113 Moon 9 - Phase 24 Prathama
	Routine Work Marana Yoga Until 1.47PM then Amrita Yoga		Ganesha: Blue <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 5:18PM Nataraja: Yellow Moon – Clear Ashvina•Puratasi	Devaloka Day

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM



Thursday, October 13, 2011
Gold Retreat Star

Mesha Rasi: 10.38 Tithi 17
622286154
Creative Work Amrita Yoga
Until 11:24AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Dvitiya Yam Titau
Gulika 8:51AM – 10:15AM **Asvini** Until 11:24AM
Yama 6:02AM – 7:27AM Harshana Until 6:32AM
Rahu 1:03PM – 2:28PM Tailila Until 12:47PM
Dvitiya Until 1:53AM Fri

Stamford, CT
Sun 1 **Sutra 184**
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 6:02AM
Muruqa: White *Sunset:* 5:16PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

1

Friday, October 14, 2011

Mesha Rasi: 22.29 Tithi 18
622286154
Creative Work Siddha Yoga
Until 2:22PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 7:27AM – 8:51AM **Bharani** Until 2:22PM
Yama 2:27PM – 3:51PM Vajra* Until 7:26AM
Rahu 10:15AM – 11:39AM Vanija Until 3:17PM
Tritiya Until 4:22AM Sat

Stamford, CT
Sun 2 **Sutra 185**
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 6:03AM
Muruqa: White *Sunset:* 5:15PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

2

Saturday, October 15, 2011

Wrishabha Rasi: 4.22 Tithi 19
622286154
Creative Work Amrita Yoga
Until 1:46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 6:04AM – 7:28AM **Krittika** Until 5:16PM
Yama 1:02PM – 2:26PM Siddhi Until 8:17AM
Rahu 8:52AM – 10:15AM Bava Until 5:42PM
Chaturthi* Until 6:50AM Sun

Stamford, CT
Sun 3 **Sutra 186**
Khara 5113
Moon 10 - Phase 25
1st Phase
Sivaloka Day
Ganesha: Red *Sunrise:* 6:04AM
Muruqa: White *Sunset:* 5:13PM
Nataraja: Yellow
Moon – White
Ashvina•Puratasi

3

Sunday, October 16, 2011

Wrishabha Rasi: 16.2 Tithi 19 – 20
632286154
Creative Work Siddha Yoga
Until 1:46PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 2:25PM – 3:48PM **Rohini** Until 7:59PM
Yama 11:39AM – 1:02PM Vyatipata* Until 8:58AM
Rahu 3:48PM – 5:12PM Kaulava Until 7:55PM
Chaturthi* Until 6:50AM

Stamford, CT
Sun 4 **Sutra 187**
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 6:06AM
Muruqa: White *Sunset:* 5:12PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Puratasi

4

Monday, October 17, 2011

Wrishabha Rasi: 28.28 Tithi 20 – 21
633286154
Family Home Evening
Creative Work Amrita Yoga
Until 1:45PM then Siddha Yoga
Until 10:25PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigasira Nakshatra Variyan/Parigha* Yoga Tailila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 1:01PM – 2:24PM **Mrigasira** Until 10:25PM
Yama 10:15AM – 11:38AM Variyan Until 9:23AM
Rahu 7:30AM – 8:53AM Gara Until 9:49PM
Panchami Until 8:44AM

Stamford, CT
Sun 5 **Sutra 188**
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: White *Sunrise:* 6:07AM
Muruqa: White *Sunset:* 5:10PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi

5

Tuesday, October 18, 2011

Mithuna Rasi: 10.48 Tithi 21 – 22
633386154
Routine Work Marana Yoga
Until 1:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 11:38AM – 1:01PM **Ardra** Until 10:59PM
Yama 8:53AM – 10:16AM Parigha* Until 9:08AM
Rahu 2:23PM – 3:46PM Visti Until 9:48PM
Shasthi* Until 9:48AM

Stamford, CT
Sun 6 **Sutra 189**
Khara 5113
Moon 10 - Phase 25
1st Phase
Devaloka Day
Ganesha: Green *Sunrise:* 6:08AM
Muruqa: White *Sunset:* 5:09PM
Nataraja: Yellow
Moon – Yellow
Ashvina•Aipasi



Wednesday, October 19, 2011
Retreat Star

Mithuna Rasi: 23.26 Tithi 22 – 23
643386154
Creative Work Siddha Yoga
Until 1:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 10:16AM – 11:38AM **Punarvasu** Until 12:16AM Thu
Yama 7:31AM – 8:53AM Shiva Until 8:37AM
Rahu 11:38AM – 1:00PM Balava Until 10:31PM
Saptami Until 10:31AM

Stamford, CT
Sun 7 **Sutra 190**
Khara 5113
Moon 10 - Phase 25
Ashtami
Sivaloka Day
Ganesha: Orange *Sunrise:* 6:09AM
Muruqa: White *Sunset:* 5:07PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

Thursday, October 20, 2011
Retreat Star

Kataka Rasi: 6.27 Tithi 23 – 24
643386154
Creative Work Amrita Yoga
Until 1:45PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami*/Navami* Yam Titau
Gulika 8:54AM – 10:16AM **Pushya** Until 12:52AM Fri
Yama 6:10AM – 7:32AM Siddha Until 7:28AM
Rahu 1:00PM – 2:22PM Tailila Until 10:29PM
Ashtami* Until 10:29AM

Stamford, CT
Sun 8 **Sutra 191**
Khara 5113
Moon 10 - Phase 25
Navami
Sivaloka Day
Ganesha: Orange *Sunrise:* 6:10AM
Muruqa: White *Sunset:* 5:06PM
Nataraja: Yellow
Moon – Blue
Ashvina•Aipasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139


1	Friday, October 21, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Aslesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Stamford, CT
	Kataka Rasi: 19.54	Tithi 24 – 25	Gulika 7:33AM – 8:54AM	Aslesha* Until 11:19PM	Ganesha: Orange <i>Sunrise: 6:11AM</i>	Sun 9	Sutra 192 Khara 5113
		643386154	Yama 2:21PM – 3:42PM	Subha Until 2:56AM Sat	Muruqa: White <i>Sunset: 5:04PM</i>	Moon 10 - Phase 26	
Routine Work	Marana Yoga		Rahu 10:16AM – 11:38AM	Vanija Until 8:23PM	Nataraja: Yellow	2nd Phase	
Until 11:19PM then Amrita Yoga				Navami* Until 9:18AM	Ashvina-Aipasi	Sivaloka Day	

2	Saturday, October 22, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Stamford, CT
	Simha Rasi: 3.49	Tithi 25 – 26	Gulika 6:12AM – 7:34AM	Magha* Until 10:20PM	Ganesha: Light Blue <i>Sunrise: 6:12AM</i>	Sun 10	Sutra 193 Khara 5113
		653386154	Yama 12:59PM – 2:20PM	Sukla Until 12:25AM Sun	Muruqa: White <i>Sunset: 5:03PM</i>	Moon 10 - Phase 26	
Creative Work	Amrita Yoga		Rahu 8:55AM – 10:16AM	Bava Until 6:41PM	Nataraja: Yellow	2nd Phase	
Until 1:45PM then Marana Yoga				Dasami Until 7:36AM	Ashvina-Aipasi	Devaloka Day	
Until 10:20PM then Siddha Yoga							

3	Sunday, October 23, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Stamford, CT
	Simha Rasi: 18.11	Tithi 27	Gulika 2:19PM – 3:40PM	Purvaphalguni* Until 7:34PM	Ganesha: Light Blue <i>Sunrise: 6:13AM</i>	Sun 11	Sutra 194 Khara 5113
		653386154	Yama 11:37AM – 12:58PM	Brahma Until 8:13PM	Muruqa: White <i>Sunset: 5:01PM</i>	Moon 10 - Phase 26	
Creative Work	Siddha Yoga		Rahu 3:40PM – 5:01PM	Kaulava Until 3:25PM	Nataraja: Yellow	2nd Phase	
Until 7:34PM then Marana Yoga				Dvadasi* Until 1:42AM Mon	Ashvina-Aipasi	Devaloka Day	

4	Monday, October 24, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Stamford, CT
	Kanya Rasi: 2.58	Tithi 28	Gulika 12:58PM – 2:19PM	Uttaraphalguni Until 5:15PM	Ganesha: Light Blue <i>Sunrise: 6:15AM</i>	Sun 12	Sutra 195 Khara 5113
Family Home Evening		653386154	Yama 10:17AM – 11:37AM	Indra Until 4:33PM	Muruqa: White <i>Sunset: 5:00PM</i>	Moon 10 - Phase 26	
Routine Work	Marana Yoga		Rahu 7:35AM – 8:56AM	Gara Until 12:21PM	Nataraja: Yellow	2nd Phase	
Until 1:44PM then Amrita Yoga				Trayodasi* Until 10:38PM	Ashvina-Aipasi	Devaloka Day	
Until 5:15PM then Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

5	Tuesday, October 25, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Stamford, CT
	Kanya Rasi: 18.03	Tithi 29	Gulika 11:37AM – 12:57PM	Hasta Until 2:28PM	Ganesha: Purple <i>Sunrise: 6:16AM</i>	Sun 13	Sutra 196 Khara 5113
		663386154	Yama 8:56AM – 10:17AM	Vaidhriti* Until 12:26PM	Muruqa: White <i>Sunset: 4:58PM</i>	Moon 10 - Phase 26	
Creative Work	Siddha Yoga		Rahu 2:18PM – 3:38PM	Visti Until 8:47AM	Nataraja: Yellow	2nd Phase	
				Chaturdasi* Until 7:04PM	Ashvina-Aipasi	Devaloka Day	
			Subramuniyaswami Mahasamadhi				
			Deepavali Hindu Solidarity Day				

	Wednesday, October 26, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Stamford, CT
	Retreat Star		Gulika 10:17AM – 11:37AM	Chitra Until 11:25AM	Ganesha: Purple <i>Sunrise: 6:17AM</i>	Sun 14	Sutra 197 Khara 5113
Tula Rasi: 3.17	Tithi 30 – 1		Yama 7:37AM – 8:57AM	Vishkambha* Until 8:05AM	Muruqa: White <i>Sunset: 4:57PM</i>	Moon 10 - Phase 26	
		663386154	Rahu 11:37AM – 12:57PM	Kintughna Until 1:30AM Thu	Nataraja: Yellow	Amavasya	
Creative Work	Siddha Yoga			Amavasya* Until 3:13PM	Ashvina-Aipasi	Devaloka Day	
Until 1:44PM then Amrita Yoga							

6	Thursday, October 27, 2011		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Stamford, CT
	Retreat Star		Gulika 8:57AM – 10:17AM	Svati Until 8:22AM	Ganesha: Purple <i>Sunrise: 6:18AM</i>	Sun 15	Sutra 198 Khara 5113
Tula Rasi: 18.31	Tithi 1 – 2		Yama 6:18AM – 7:38AM	Ayushman Until 11:44PM	Muruqa: White <i>Sunset: 4:56PM</i>	Moon 10 - Phase 26	
		663386154	Rahu 12:57PM – 2:16PM	Balava Until 9:40PM	Nataraja: Yellow	Prathama	
Creative Work	Amrita Yoga			Prathama* Until 11:23AM	Karttika-Aipasi	Devaloka Day	
Until 8:22AM then Siddha Yoga			Skanda Shasthi Begins				
Until 1:44PM then Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

1	Friday, October 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Stamford, CT
Wrischika Rasi: 3.35	Tithi 2 – 3	Gulika 7:39AM – 8:58AM	Anuradha Until 2:56AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:19AM	Sun 16 Sutra 199 Khara 5113
673386154		Yama 2:16PM – 3:35PM	Saubhagya Until 7:38PM	Muruqa: White <i>Sunset:</i> 4:54PM	Moon 10 - Phase 27
Creative Work Siddha Yoga		Rahu 10:17AM – 11:37AM	Taitila Until 6:08PM	Nataraja: Yellow	3rd Phase
			Dvitiya Until 7:51AM	Moon – Orange	Devaloka Day
				Karttika-Aipasi	
2	Saturday, October 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Stamford, CT
Wrischika Rasi: 18.2	Tithi 4	Gulika 6:20AM – 7:39AM	Jyeshtha* Until 2:00AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:20AM	Sun 17 Sutra 200 Khara 5113
673386154		Yama 12:56PM – 2:15PM	Sobhana Until 4:41PM	Muruqa: White <i>Sunset:</i> 4:53PM	Moon 10 - Phase 27
Creative Work Siddha Yoga		Rahu 8:59AM – 10:18AM	Vanija Until 3:50PM	Nataraja: Yellow	3rd Phase
Until 1.44PM then Marana Yoga			Chaturthi* Until 2:55AM Sun	Moon – Orange	Devaloka Day
Until 2:00AM Sun then Amrita Yoga				Karttika-Aipasi	
3	Sunday, October 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau			Stamford, CT
Dhanus Rasi: 2.4	Tithi 5	Gulika 2:14PM – 3:33PM	Mula* Until 12:17AM Mon	Ganesha: Orange <i>Sunrise:</i> 6:22AM	Sun 18 Sutra 201 Khara 5113
683386154		Yama 11:37AM – 12:55PM	Athiganda* Until 1:29PM	Muruqa: White <i>Sunset:</i> 4:52PM	Moon 10 - Phase 27
Creative Work Amrita Yoga		Rahu 3:33PM – 4:52PM	Bava Until 1:22PM	Nataraja: Yellow	3rd Phase
Until 1.44PM then Siddha Yoga			Panchami Until 12:27AM Mon	Moon – Light Blue	Sivaloka Day
Until 12:17AM Mon then Marana Yoga				Karttika-Aipasi	
4	Monday, October 31, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Stamford, CT
Dhanus Rasi: 16.32	Tithi 6	Gulika 12:55PM – 2:14PM	Purvashadha* Until 12:43AM Tue	Ganesha: Orange <i>Sunrise:</i> 6:23AM	Sun 19 Sutra 202 Khara 5113
Family Home Evening		Yama 10:18AM – 11:37AM	Sukarma Until 11:24AM	Muruqa: White <i>Sunset:</i> 4:51PM	Moon 10 - Phase 27
683386154		Rahu 7:41AM – 9:00AM	Kaulava Until 12:15PM	Nataraja: Yellow	3rd Phase
Routine Work Marana Yoga			Shasthi* Until 12:15AM Tue	Moon – Light Blue	Sivaloka Day
Until 1.44PM then Siddha Yoga		Skanda Shasthi		Karttika-Aipasi	
Until 12:43AM Tue then Prabalarishta Yoga					
5	Tuesday, November 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarahadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau			Stamford, CT
Dhanus Rasi: 29.56	Tithi 7	Gulika 11:37AM – 12:55PM	Uttarahadha Until 12:35AM Wed	Ganesha: Clear <i>Sunrise:</i> 6:24AM	Sun 20 Sutra 203 Khara 5113
684386154		Yama 9:00AM – 10:18AM	Dhriti Until 9:34AM	Muruqa: White <i>Sunset:</i> 4:49PM	Moon 10 - Phase 27
Routine Work Prabalarishta Yoga		Rahu 2:13PM – 3:31PM	Gara Until 11:27AM	Nataraja: Yellow	3rd Phase
Until 1.44PM then Amrita Yoga			Saptami Until 11:27PM	Moon – Light Blue	Sivaloka Day
Until 12:35AM Wed then Siddha Yoga				Karttika-Aipasi	
W	Wednesday, November 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Stamford, CT
	Retreat Star	Gulika 10:19AM – 11:37AM	Sravana Until 1:15AM Thu	Ganesha: White <i>Sunrise:</i> 6:25AM	Sun 21 Sutra 204 Khara 5113
Makara Rasi: 12.54	Tithi 8	Yama 7:43AM – 9:01AM	Shula* Until 8:28AM	Muruqa: White <i>Sunset:</i> 4:48PM	Moon 10 - Phase 27
694386154		Rahu 11:37AM – 12:54PM	Visti Until 11:30AM	Nataraja: Yellow	Ashtami
Creative Work Siddha Yoga			Ashtami* Until 11:30PM	Moon – Purple	Devaloka Day
				Karttika-Aipasi	
Th	Thursday, November 3, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Stamford, CT
	Retreat Star	Gulika 9:01AM – 10:19AM	Dhanishtha Until 4:18AM Fri	Ganesha: White <i>Sunrise:</i> 6:26AM	Sun 22 Sutra 205 Khara 5113
Makara Rasi: 25.31	Tithi 9	Yama 6:26AM – 7:44AM	Ganda* Until 8:09AM	Muruqa: White <i>Sunset:</i> 4:47PM	Moon 10 - Phase 27
694386154		Rahu 12:54PM – 2:12PM	Balava Until 12:51PM	Nataraja: Yellow	Navami
Creative Work Siddha Yoga			Navami* Until 1:56AM Fri	Moon – Purple	Devaloka Day
				Karttika-Aipasi	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

1	Friday, November 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dasami Yam Titau			Stamford, CT
	Kumbha Rasi: 7.51 Tithi 10	Gulika 7:45AM – 9:02AM	Satabhisha Until 6:03AM Sat	Ganesha: White <i>Sunrise:</i> 6:27AM	Sun 23 Sutra 206 Khara 5113
	694386154	Yama 2:11PM – 3:28PM	Vriddhi Until 8:09AM	Muruqa: White <i>Sunset:</i> 4:46PM	Moon 10 - Phase 28
		Rahu 10:19AM – 11:37AM	Tailila Until 2:19PM	Nataraja: Yellow	4th Phase
	Creative Work Siddha Yoga		Dasami Until 3:24AM Sat	Moon – Purple	Devaloka Day
	Until 1.44PM then Amrita Yoga			Karttika-Aipasi	
	Until 6:03AM Sat then Siddha Yoga				

2	Saturday, November 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadasi Yam Titau			Stamford, CT
	Kumbha Rasi: 19.58 Tithi 11	Gulika 6:29AM – 7:46AM	Satabhisha Until 6:03AM	Ganesha: White <i>Sunrise:</i> 6:29AM	Sun 24 Sutra 207 Khara 5113
	694386154	Yama 12:54PM – 2:11PM	Dhruva Until 8:31AM	Muruqa: White <i>Sunset:</i> 4:45PM	Moon 10 - Phase 28
		Rahu 9:03AM – 10:20AM	Vanija Until 4:13PM	Nataraja: Yellow	4th Phase
	Creative Work Amrita Yoga		Ekadasi Until 5:19AM Sun	Moon – Purple	Devaloka Day
	Until 6:03AM then Siddha Yoga			Karttika-Aipasi	

3	Sunday, November 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Vyaghata*/Harshana Yoga Bava Karana Dvadasi Yam Titau			Stamford, CT
	Meena Rasi: 1.58 Tithi 12	Gulika 2:10PM – 3:27PM	Purvaprostapada* Until 8:44AM	Ganesha: Blue <i>Sunrise:</i> 6:30AM	Sun 25 Sutra 208 Khara 5113
	614386154	Yama 11:37AM – 12:53PM	Vyaghata* Until 9:09AM	Muruqa: White <i>Sunset:</i> 4:43PM	Moon 10 - Phase 28
		Rahu 3:27PM – 4:43PM	Bava Until 6:26PM	Nataraja: Yellow	4th Phase
	Creative Work Siddha Yoga		Dvadasi Until 7:44AM Mon	Moon – Clear	Devaloka Day
	Until 8:44AM then Amrita Yoga			Karttika-Aipasi	
	Until 1.44PM then Siddha Yoga				

4	Monday, November 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Stamford, CT
	Meena Rasi: 13.52 Tithi 12 – 13	Gulika 12:53PM – 2:10PM	Uttaraprostapada Until 11:36AM	Ganesha: Red <i>Sunrise:</i> 6:31AM	Sun 26 Sutra 209 Khara 5113
	714386154	Yama 10:20AM – 11:37AM	Harshana Until 9:56AM	Muruqa: White <i>Sunset:</i> 4:42PM	Moon 10 - Phase 28
	Family Home Evening	Rahu 7:47AM – 9:04AM	Kaulava Until 8:50PM	Nataraja: Yellow	4th Phase
	Creative Work Siddha Yoga		Dvadasi Until 7:44AM	Moon – Clear	Sivaloka Day
				Karttika-Aipasi	
				<i>Pradosha Vrata</i>	

5	Tuesday, November 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Stamford, CT
	Meena Rasi: 25.44 Tithi 13 – 14	Gulika 11:37AM – 12:53PM	Revati Until 2:32PM	Ganesha: Red <i>Sunrise:</i> 6:32AM	Sun 27 Sutra 210 Khara 5113
	714386154	Yama 9:04AM – 10:21AM	Vajra* Until 10:48AM	Muruqa: White <i>Sunset:</i> 4:41PM	Moon 10 - Phase 28
		Rahu 2:09PM – 3:25PM	Gara Until 11:19PM	Nataraja: Yellow	4th Phase
	Creative Work Siddha Yoga		Trayodasi Until 10:14AM	Moon – Clear	Sivaloka Day
	Until 1.44PM then Marana Yoga			Karttika-Aipasi	

○	Wednesday, November 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau			Stamford, CT
	Copper Retreat Star	Gulika 10:21AM – 11:37AM	Asvini Until 5:30PM	Ganesha: Blue <i>Sunrise:</i> 6:33AM	Sutra 211 Khara 5113
	Mesha Rasi: 7.35 Tithi 14 – 15	Yama 7:49AM – 9:05AM	Siddhi Until 11:41AM	Muruqa: White <i>Sunset:</i> 4:40PM	Moon 10 - Phase 28
	724386154	Rahu 11:37AM – 12:53PM	Visli Until 1:50AM Thu	Nataraja: Yellow	Purnima
	Routine Work Marana Yoga		Chaturdasi* Until 12:44PM	Moon – White	Devaloka Day
	Until 1.44PM then Amrita Yoga			Karttika-Aipasi	
	Until 5:30PM then Siddha Yoga				

○	Thursday, November 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Stamford, CT
	Silver Retreat Star	Gulika 9:06AM – 10:21AM	Bharani Until 8:24PM	Ganesha: Blue <i>Sunrise:</i> 6:35AM	Sutra 212 Khara 5113
	Mesha Rasi: 19.28 Tithi 15 – 16	Yama 6:35AM – 7:50AM	Vyatipata* Until 12:30PM	Muruqa: White <i>Sunset:</i> 4:39PM	Moon 10 - Phase 28
	724386154	Rahu 12:53PM – 2:08PM	Balava Until 4:17AM Fri	Nataraja: Yellow	Prathama
	Creative Work Siddha Yoga		Purnima* Until 3:11PM	Moon – White	Devaloka Day
				Karttika-Aipasi	



Friday, November 11, 2011
Gold Retreat Star

Wrishabha Rasi: 1.24 Titli 16 – 17
724386154
Creative Work Siddha Yoga
Until 1.44PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Variyana/Parigha* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 7:51AM – 9:06AM **Krittika Until 11:12PM**
Yama 2:08PM – 3:23PM Variyan Until 1:14PM
Rahu 10:22AM – 11:37AM Taitila Until 6:37AM Sat
Prathama* Until 5:31PM

Ganesha: Blue *Sunrise:* 6:36AM
Muruqa: White *Sunset:* 4:38PM
Nataraja: Yellow
Moon – White
Karttika-Aipasi

Stamford, CT
Sutra 213
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

1 **Saturday, November 12, 2011**

Wrishabha Rasi: 13.26 Titli 17
734486154
Creative Work Amrita Yoga
Until 1.44PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:37AM – 7:52AM **Rohini Until 1:49AM Sun**
Yama 12:52PM – 2:07PM Parigha* Until 1:47PM
Rahu 9:07AM – 10:22AM Taitila Until 6:34AM
Dvitiya Until 7:40PM

Ganesha: Red *Sunrise:* 6:37AM
Muruqa: White *Sunset:* 4:37PM
Nataraja: Yellow
Moon – Yellow
Karttika-Aipasi

Stamford, CT
Sun 1 Sutra 214
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

2 **Sunday, November 13, 2011**

Wrishabha Rasi: 25.34 Titli 18
735486154
Creative Work Siddha Yoga
Until 1.44PM then Amrita Yoga
Until 4:12AM Mon then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 2:07PM – 3:22PM **Mrigasira Until 4:12AM Mon**
Yama 11:37AM – 12:52PM Shiva Until 2:08PM
Rahu 3:22PM – 4:36PM Vanija Until 8:27AM
Tritiya Until 9:33PM

Ganesha: Yellow *Sunrise:* 6:38AM
Muruqa: White *Sunset:* 4:36PM
Nataraja: Yellow
Moon – Yellow
Karttika-Aipasi

Stamford, CT
Sun 2 Sutra 215
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

3 **Monday, November 14, 2011**

Mithuna Rasi: 7.52 Titli 19
735486154
Family Home Evening
Creative Work Siddha Yoga
Until 1.44PM then Marana Yoga
Until 4:24AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 12:52PM – 2:07PM **Ardra Until 4:24AM Tue**
Yama 10:23AM – 11:37AM Siddha Until 1:36PM
Rahu 7:54AM – 9:08AM Bava Until 10:00AM
Chaturthi* Until 11:05PM

Ganesha: Yellow *Sunrise:* 6:39AM
Muruqa: White *Sunset:* 4:36PM
Nataraja: Yellow
Moon – Yellow
Karttika-Aipasi

Stamford, CT
Sun 3 Sutra 216
Khara 5113
Moon 11 - Phase 29
1st Phase

Sivaloka Day

4 **Tuesday, November 15, 2011**

Mithuna Rasi: 20.22 Titli 20
745486154
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 11:38AM – 12:52PM **Punarvasu Until 6:24AM Wed**
Yama 9:09AM – 10:23AM Sadhya Until 1:18PM
Rahu 2:06PM – 3:20PM Kaulava Until 10:41AM
Panchami Until 10:41PM

Ganesha: White *Sunrise:* 6:41AM
Muruqa: White *Sunset:* 4:35PM
Nataraja: Yellow
Moon – Blue
Karttika-Aipasi

Stamford, CT
Sun 4 Sutra 217
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

5 **Wednesday, November 16, 2011**

Kataka Rasi: 3.07 Titli 21
745486154
Creative Work Siddha Yoga
Until 1.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 10:24AM – 11:38AM **Punarvasu Until 6:24AM**
Yama 7:56AM – 9:10AM Subha Until 12:35PM
Rahu 11:38AM – 12:52PM Gara Until 11:12AM
Shasthi* Until 11:12PM

Ganesha: White *Sunrise:* 6:42AM
Muruqa: White *Sunset:* 4:34PM
Nataraja: Yellow
Moon – Blue
Karttika-Karttikai

Stamford, CT
Sun 5 Sutra 218
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

6 **Thursday, November 17, 2011**

Kataka Rasi: 16.09 Titli 22
745486155
Creative Work Amrita Yoga
Until 6:57AM then Siddha Yoga
Until 1.45PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Aslesha* Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 9:10AM – 10:24AM **Pushya Until 6:57AM**
Yama 6:43AM – 7:57AM Sukla Until 11:21AM
Rahu 12:52PM – 2:06PM Visti Until 11:08AM
Saptami Until 11:08PM

Ganesha: White *Sunrise:* 6:43AM
Muruqa: White *Sunset:* 4:33PM
Nataraja: Red
Moon – Blue
Karttika-Karttikai

Stamford, CT
Sun 6 Sutra 219
Khara 5113
Moon 11 - Phase 29
1st Phase

Devaloka Day

Friday, November 18, 2011
Retreat Star

Kataka Rasi: 29.32 Titli 23
745486155
Routine Work Marana Yoga
Until 1.45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Aslesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:58AM – 9:11AM **Aslesha* Until 6:49AM**
Yama 2:05PM – 3:19PM Brahma Until 9:19AM
Rahu 10:25AM – 11:38AM Balava Until 10:04AM
Ashtami* Until 9:09PM

Ganesha: White *Sunrise:* 6:44AM
Muruqa: White *Sunset:* 4:32PM
Nataraja: Red
Moon – Blue
Karttika-Karttikai

Stamford, CT
Sun 7 Sutra 220
Khara 5113
Moon 11 - Phase 29
Ashtami

Devaloka Day

Saturday, November 19, 2011
Retreat Star

Simha Rasi: 13.16 Titli 24
755486155
Creative Work Amrita Yoga
Until 6:06AM then Marana Yoga
Until 1.45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 6:45AM – 7:59AM **Magha* Until 6:06AM**
Yama 12:52PM – 2:05PM Indra Until 7:03AM
Rahu 9:12AM – 10:25AM Taitila Until 8:43AM
Navami* Until 7:47PM

Ganesha: Clear *Sunrise:* 6:45AM
Muruqa: White *Sunset:* 4:32PM
Nataraja: Red
Moon – Red
Karttika-Karttikai

Stamford, CT
Sun 8 Sutra 221
Khara 5113
Moon 11 - Phase 29
Navami

Sivaloka Day


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

1	Sunday, November 20, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Tilau				Stamford, CT
	Simha Rasi: 27.23 Tithi 25 – 26 755486155	Gulika 2:05PM – 3:18PM Yama 11:39AM – 12:52PM Rahu 3:18PM – 4:31PM	Uttaraphalguni Until 3:37AM Mon Vishkambha* Until 1:31AM Mon Vanija Until 6:40AM Dasami Until 5:44PM	Ganesha: Clear <i>Sunrise:</i> 6:46AM Muruqa: White <i>Sunset:</i> 4:31PM Nataraja: Red Moon – Red Karttika•Karttikai	Sun 9 Sutra 222 Khara 5113 Moon 11 - Phase 30 2nd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 1.46PM then Marana Yoga Until 3:37AM Mon then Siddha Yoga						

2	Monday, November 21, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Tilau				Stamford, CT
	Kanya Rasi: 11.52 Tithi 26 – 27 Family Home Evening 765486155 Creative Work Siddha Yoga	Gulika 12:52PM – 2:05PM Yama 10:26AM – 11:39AM Rahu 8:00AM – 9:13AM	Hasta Until 12:21AM Tue Priti Until 9:04PM Kaulava Until 12:41AM Tue Ekadasi* Until 2:23PM	Ganesha: Purple <i>Sunrise:</i> 6:48AM Muruqa: White <i>Sunset:</i> 4:30PM Nataraja: Red Moon – Green Karttika•Karttikai	Sun 10 Sutra 223 Khara 5113 Moon 11 - Phase 30 2nd Phase	Devaloka Day

3	Tuesday, November 22, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Tilau				Stamford, CT
	Kanya Rasi: 26.38 Tithi 27 – 28 765486155 Creative Work Siddha Yoga	Gulika 11:39AM – 12:52PM Yama 9:14AM – 10:27AM Rahu 2:04PM – 3:17PM	Chitra Until 10:04PM Ayushman Until 5:24PM Gara Until 9:40PM Dvadasi* Until 11:23AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 6:49AM Muruqa: White <i>Sunset:</i> 4:30PM Nataraja: Red Moon – Green Karttika•Karttikai	Sun 11 Sutra 224 Khara 5113 Moon 11 - Phase 30 2nd Phase	Devaloka Day

4	Wednesday, November 23, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Tilau				Stamford, CT
	Tula Rasi: 11.35 Tithi 28 – 29 766486155 Creative Work Siddha Yoga Until 1.46PM then Amrita Yoga Until 7:28PM then Siddha Yoga	Gulika 10:27AM – 11:39AM Yama 8:02AM – 9:15AM Rahu 11:39AM – 12:52PM	Svati Until 7:28PM Saubhagya Until 1:27PM Visti Until 6:20PM Trayodasi* Until 8:03AM	Ganesha: Clear <i>Sunrise:</i> 6:50AM Muruqa: White <i>Sunset:</i> 4:29PM Nataraja: Red Moon – Green Karttika•Karttikai	Sun 12 Sutra 225 Khara 5113 Moon 11 - Phase 30 2nd Phase	Sivaloka Day

	Thursday, November 24, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Tilau				Stamford, CT
	Retreat Star Tula Rasi: 26.37 Tithi 30 776486155 Creative Work Siddha Yoga Until 1.47PM then Marana Yoga Until 4:46PM then Siddha Yoga	Gulika 9:15AM – 10:28AM Yama 6:51AM – 8:03AM Rahu 12:52PM – 2:04PM	Visakha Until 4:46PM Sobhana Until 9:24AM Catuspada Until 2:53PM Amavasya* Until 1:10AM Fri	Ganesha: Orange <i>Sunrise:</i> 6:51AM Muruqa: White <i>Sunset:</i> 4:29PM Nataraja: Red Moon – Orange Karttika•Karttikai	Sun 13 Sutra 226 Khara 5113 Moon 11 - Phase 30 Amavasya	Sivaloka Day

	Friday, November 25, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Tilau				Stamford, CT
	Retreat Star Vrischika Rasi: 11.33 Tithi 1 776486155 Creative Work Siddha Yoga	Gulika 8:04AM – 9:16AM Yama 2:04PM – 3:16PM Rahu 10:28AM – 11:40AM	Anuradha Until 2:11PM Sukarma Until 1:29AM Sat Kintughna Until 11:34AM Prathama* Until 9:51PM	Ganesha: Orange <i>Sunrise:</i> 6:52AM Muruqa: White <i>Sunset:</i> 4:28PM Nataraja: Red Moon – Orange Margasira•Karttikai	Sun 14 Sutra 227 Khara 5113 Moon 11 - Phase 30 Prathama	Sivaloka Day

1	Saturday, November 26, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Stamford, CT
	786486155	Gulika 6:53AM – 8:05AM Yama 12:52PM – 2:04PM Rahu 9:17AM – 10:29AM	Jyeshtha* Until 12:23PM Dhriti Until 10:56PM Balava Until 8:50AM Dvitiya Until 7:55PM	Ganesha: Orange <i>Sunrise: 6:53AM</i> Muruqa: White <i>Sunset: 4:28PM</i> Nataraja: Red Moon – Orange Margasira-Karttikai	Sun 15 Sutra 228 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Vrischika Rasi: 26.16 Tithi 2				
	Creative Work Siddha Yoga Until 1.47PM then Amrita Yoga				


2	Sunday, November 27, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau			Stamford, CT
	786486155	Gulika 2:04PM – 3:16PM Yama 11:41AM – 12:52PM Rahu 3:16PM – 4:27PM	Mula* Until 10:34AM Shula* Until 7:37PM Taitila Until 6:17AM Tritiya Until 5:22PM	Ganesha: Clear <i>Sunrise: 6:54AM</i> Muruqa: White <i>Sunset: 4:27PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 16 Sutra 229 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Dhanus Rasi: 10.4 Tithi 3 – 4				
	Creative Work Amrita Yoga Until 10:34AM then Siddha Yoga Until 1.48PM then Marana Yoga				

3	Monday, November 28, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi*/Panchami Yam Titau			Stamford, CT
	786486155	Gulika 12:52PM – 2:04PM Yama 10:30AM – 11:41AM Rahu 8:07AM – 9:18AM	Purvashadha* Until 9:28AM Ganda* Until 4:58PM Bava Until 2:39AM Tue Chaturthi* Until 3:35PM	Ganesha: Clear <i>Sunrise: 6:55AM</i> Muruqa: White <i>Sunset: 4:27PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 17 Sutra 230 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Dhanus Rasi: 24.39 Tithi 4 – 5				
	Family Home Evening Routine Work Marana Yoga Until 1.48PM then Prabalarishta Yoga				

4	Tuesday, November 29, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Stamford, CT
	786486155	Gulika 11:41AM – 12:53PM Yama 9:19AM – 10:30AM Rahu 2:04PM – 3:15PM	Uttarashadha Until 9:21AM Vridhi Until 3:39PM Kaulava Until 3:20AM Wed Panchami Until 3:20PM	Ganesha: Clear <i>Sunrise: 6:56AM</i> Muruqa: White <i>Sunset: 4:26PM</i> Nataraja: Red Moon – Light Blue Margasira-Karttikai	Sun 18 Sutra 231 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Makara Rasi: 8.11 Tithi 5 – 6				
	Routine Work Prabalarishta Yoga Until 9:21AM then Siddha Yoga				


5	Wednesday, November 30, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau			Stamford, CT
	797486155	Gulika 10:31AM – 11:42AM Yama 8:09AM – 9:20AM Rahu 11:42AM – 12:53PM	Sravana Until 9:47AM Dhruva Until 2:19PM Gara Until 3:09AM Thu Shasthi* Until 3:09PM	Ganesha: Clear <i>Sunrise: 6:58AM</i> Muruqa: White <i>Sunset: 4:26PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 19 Sutra 232 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Makara Rasi: 21.17 Tithi 6 – 7				
	Creative Work Siddha Yoga Until 9:47AM then Prabalarishta Yoga Until 1.49PM then Siddha Yoga				

6	Thursday, December 1, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Saplami/Ashlami* Yam Titau			Stamford, CT
	797486155	Gulika 9:20AM – 10:31AM Yama 6:59AM – 8:09AM Rahu 12:53PM – 2:04PM	Dhanishtha Until 11:20AM Vyaghata* Until 2:14PM Visli Until 5:44AM Fri Saptami Until 4:38PM	Ganesha: Clear <i>Sunrise: 6:59AM</i> Muruqa: White <i>Sunset: 4:26PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 20 Sutra 233 Khara 5113 Moon 11 - Phase 31 3rd Phase Sivaloka Day
	Kumbha Rasi: 4 Tithi 7 – 8				
	Creative Work Siddha Yoga Until 11:20AM then Marana Yoga Until 1.49PM then Siddha Yoga				

	Friday, December 2, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau			Stamford, CT
	797486155	Gulika 8:10AM – 9:21AM Yama 2:04PM – 3:15PM Rahu 10:32AM – 11:43AM	Satabhisha Until 1:14PM Harshana Until 2:06PM Balava Until 7:06AM Sat Ashtami* Until 6:00PM	Ganesha: Clear <i>Sunrise: 7:00AM</i> Muruqa: White <i>Sunset: 4:25PM</i> Nataraja: Red Moon – Purple Margasira-Karttikai	Sun 21 Sutra 234 Khara 5113 Moon 11 - Phase 31 Ashtami Sivaloka Day
	Kumbha Rasi: 16.23 Tithi 8 – 9				
	Creative Work Siddha Yoga				

Saturday, December 3, 2011	Retreat Star	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navami* Yam Titau			Stamford, CT
	717486155	Gulika 7:01AM – 8:11AM Yama 12:54PM – 2:04PM Rahu 9:22AM – 10:32AM	Purvaprostapada* Until 3:37PM Vajra* Until 2:26PM Balava Until 6:49AM Navami* Until 7:54PM	Ganesha: Yellow <i>Sunrise: 7:01AM</i> Muruqa: White <i>Sunset: 4:25PM</i> Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 22 Sutra 235 Khara 5113 Moon 11 - Phase 31 Navami Sivaloka Day
	Kumbha Rasi: 28.32 Tithi 9				
	Creative Work Siddha Yoga Until 3:37PM then Amrita Yoga				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

1	Sunday, December 4, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dasami Yam Titau				Stamford, CT
	Meena Rasi: 10.3 Tithi 10 717486155	Gulika 2:04PM – 3:15PM Yama 11:43AM – 12:54PM Rahu 3:15PM – 4:25PM	Uttaraprostapada Until 6:20PM Siddhi Until 3:05PM Taitila Until 9:05AM Dasami Until 10:11PM	Ganesha: Yellow <i>Sunrise:</i> 7:02AM Muruqa: White <i>Sunset:</i> 4:25PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 23 Khara 5113 Moon 11 - Phase 32 4th Phase	Sutra 236
	Creative Work Amrita Yoga Until 1.50PM then Siddha Yoga					Sivaloka Day
2	Monday, December 5, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Varians Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Stamford, CT
	Meena Rasi: 22.22 Tithi 11 Family Home Evening 717496155	Gulika 12:54PM – 2:04PM Yama 10:33AM – 11:44AM Rahu 8:13AM – 9:23AM	Revati Until 9:15PM Vyatipata* Until 3:54PM Vanija Until 11:35AM Ekadasi Until 12:40AM Tue	Ganesha: Yellow <i>Sunrise:</i> 7:03AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – Clear Margasira-Karttikai	Sun 24 Khara 5113 Moon 11 - Phase 32 4th Phase	Sutra 237
	Creative Work Siddha Yoga					Devaloka Day
3	Tuesday, December 6, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadasi Yam Titau				Stamford, CT
	Mesha Rasi: 4.13 Tithi 12 728496155	Gulika 11:44AM – 12:54PM Yama 9:24AM – 10:34AM Rahu 2:05PM – 3:15PM	Asvini Until 12:15AM Wed Variyan Until 4:47PM Bava Until 2:09PM Dvadasi Until 3:14AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:04AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 25 Khara 5113 Moon 11 - Phase 32 4th Phase	Sutra 238
	Creative Work Siddha Yoga Until 1.51PM then Marana Yoga					Devaloka Day
4	Wednesday, December 7, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Stamford, CT
	Mesha Rasi: 16.05 Tithi 13 728496155	Gulika 10:35AM – 11:45AM Yama 8:15AM – 9:25AM Rahu 11:45AM – 12:55PM	Bharani Until 3:11AM Thu Parigha* Until 5:37PM Kaulava Until 4:39PM Trayodasi Until 5:45AM Thu <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 7:04AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 26 Khara 5113 Moon 11 - Phase 32 4th Phase	Sutra 239
	Routine Work Marana Yoga Until 1.51PM then Siddha Yoga Until 3:11AM Thu then Marana Yoga					Devaloka Day
5	Thursday, December 8, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara Karana Chaturdasi* Yam Titau				Stamford, CT
	Mesha Rasi: 28.01 Tithi 14 728596155	Gulika 9:25AM – 10:35AM Yama 7:05AM – 8:15AM Rahu 12:55PM – 2:05PM	Krittika Until 5:58AM Fri Shiva Until 6:19PM Gara Until 7:00PM Chaturdasi* Until 8:00AM Fri	Ganesha: White <i>Sunrise:</i> 7:05AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – White Margasira-Karttikai	Sun 27 Khara 5113 Moon 11 - Phase 32 4th Phase	Sutra 240
	Routine Work Marana Yoga Until 1.52PM then Siddha Yoga Until 5:58AM Fri then Marana Yoga	Sivalaya Deepam				Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Friday, December 9, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Stamford, CT
	Copper Retreat Star Vrishabha Rasi: 10.04 Tithi 14 – 15 738596155	Gulika 8:16AM – 9:26AM Yama 2:05PM – 3:15PM Rahu 10:36AM – 11:46AM	Rohini Until 8:05AM Sat Siddha Until 6:48PM Visti Until 9:05PM Chaturdasi* Until 8:00AM	Ganesha: Clear <i>Sunrise:</i> 7:06AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – Yellow Margasira-Karttikai	Sun 28 Khara 5113 Moon 11 - Phase 32 Purnima	Sutra 241
	Routine Work Marana Yoga Until 1.52PM then Amrita Yoga Until 8:05AM Sat then Siddha Yoga					Devaloka Day
6	Saturday, December 10, 2011	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantla Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Stamford, CT
	Silver Retreat Star Vrishabha Rasi: 22.17 Tithi 15 – 16 738596155	Gulika 7:07AM – 8:17AM Yama 12:56PM – 2:05PM Rahu 9:27AM – 10:36AM	Rohini Until 8:05AM Sadhya Until 6:59PM Balava Until 10:50PM Purnima* Until 9:44AM	Ganesha: Clear <i>Sunrise:</i> 7:07AM Muruqa: Clear <i>Sunset:</i> 4:25PM Nataraja: Red Moon – Yellow Margasira-Karttikai	Sun 29 Khara 5113 Moon 11 - Phase 32 Prathama	Sutra 242
	Creative Work Amrita Yoga Until 8:05AM then Siddha Yoga	Vinayaga Viratam Begins				Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640



Sunday, December 11, 2011
Gold Retreat Star

Mithuna Rasi: 4.42 Tithi 16 – 17
738596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 2:06PM – 3:15PM
Yama 11:46AM – 12:56PM
Rahu 3:15PM – 4:25PM
Mrigasira Until 9:38AM
Subha Until 5:54PM
Taitila Until 10:39PM
Prathama* Until 10:39AM

Ganesha: Clear *Sunrise: 7:08AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Stamford, CT
Sutra 243
Khara 5113
Moon 12 - Phase 33
1st Phase

1

Monday, December 12, 2011

Mithuna Rasi: 17.19 Tithi 17 – 18
Family Home Evening 738596155
Creative Work Siddha Yoga
Until 10:58AM then Amrita Yoga
Until 1.54PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 12:56PM – 2:06PM
Yama 10:37AM – 11:47AM
Rahu 8:18AM – 9:28AM
Ardra Until 10:58AM
Sukla Until 5:24PM
Vanija Until 11:28PM
Dvitiya Until 11:28AM

Ganesha: Clear *Sunrise: 7:09AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Red
Moon – Yellow
Margasira-Karttikai

Devaloka Day

Stamford, CT
Sun 1 Sutra 244
Khara 5113
Moon 12 - Phase 33
1st Phase

2

Tuesday, December 13, 2011

Kataka Rasi: 0.08 Tithi 18 – 19
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visi*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 11:47AM – 12:57PM
Yama 9:28AM – 10:38AM
Rahu 2:06PM – 3:16PM
Punarvasu Until 11:54AM
Brahma Until 4:31PM
Bava Until 11:50PM
Tritiya Until 11:50AM

Ganesha: Clear *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Stamford, CT
Sun 2 Sutra 245
Khara 5113
Moon 12 - Phase 33
1st Phase

3

Wednesday, December 14, 2011

Kataka Rasi: 13.11 Tithi 19 – 20
749596155
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Aslesha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 10:38AM – 11:48AM
Yama 8:20AM – 9:29AM
Rahu 11:48AM – 12:57PM
Pushya Until 12:26PM
Indra Until 3:16PM
Kaulava Until 11:47PM
Chaturthi* Until 11:47AM

Ganesha: Clear *Sunrise: 7:10AM*
Muruqa: Clear *Sunset: 4:25PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Stamford, CT
Sun 3 Sutra 246
Khara 5113
Moon 12 - Phase 33
1st Phase

4

Thursday, December 15, 2011

Kataka Rasi: 26.28 Tithi 20 – 21
749596155
Creative Work Siddha Yoga
Until 12:32PM then Amrita Yoga
Until 1.55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Aslesha*/Magha* Nakshatra Vaidhriti*/Vishkamba* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 9:30AM – 10:39AM
Yama 7:11AM – 8:20AM
Rahu 12:58PM – 2:07PM
Aslesha* Until 12:32PM
Vaidhriti* Until 1:07PM
Gara Until 11:16PM
Panchami Until 11:16AM

Ganesha: Clear *Sunrise: 7:11AM*
Muruqa: Clear *Sunset: 4:26PM*
Nataraja: Red
Moon – Blue
Margasira-Karttikai

Devaloka Day

Stamford, CT
Sun 4 Sutra 247
Khara 5113
Moon 12 - Phase 33
1st Phase

5

Friday, December 16, 2011

Simha Rasi: 9.57 Tithi 21 – 22
859596155
Routine Work Marana Yoga
Until 11:48AM then Siddha Yoga
Until 1.56PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Vishkamba*/Priti Yoga Vanija/Visi* Karana Shasthi*/Saptami Yam Titau
Gulika 8:21AM – 9:30AM
Yama 2:07PM – 3:17PM
Rahu 10:40AM – 11:49AM
Magha* Until 11:48AM
Vishkamba* Until 11:14AM
Visi Until 9:03PM
Shasthi* Until 9:59AM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 4:26PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Stamford, CT
Sun 5 Sutra 248
Khara 5113
Moon 12 - Phase 33
1st Phase



Saturday, December 17, 2011
Retreat Star

Simha Rasi: 23.41 Tithi 22 – 23
859596155
Routine Work Marana Yoga
Until 1.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 7:12AM – 8:22AM
Yama 12:59PM – 2:08PM
Rahu 9:31AM – 10:40AM
Purvaphalguni* Until 11:07AM
Priti Until 8:58AM
Balava Until 7:45PM
Saptami Until 8:40AM

Ganesha: Clear *Sunrise: 7:12AM*
Muruqa: Clear *Sunset: 4:26PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Stamford, CT
Sun 6 Sutra 249
Khara 5113
Moon 12 - Phase 33
Ashtami

Sunday, December 18, 2011
Retreat Star

Kanya Rasi: 7.38 Tithi 23 – 24
859596155
Creative Work Amrita Yoga
Until 1.57PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Ashtami*/Navami* Yam Titau
Gulika 2:08PM – 3:17PM
Yama 11:50AM – 12:59PM
Rahu 3:17PM – 4:27PM
Uttaraphalguni Until 10:03AM
Ayushman Until 6:21AM
Gara Until 6:00PM
Ashtami* Until 6:56AM

Ganesha: Clear *Sunrise: 7:13AM*
Muruqa: Clear *Sunset: 4:27PM*
Nataraja: Red
Moon – Red
Margasira-Markali

Devaloka Day

Stamford, CT
Sun 7 Sutra 250
Khara 5113
Moon 12 - Phase 33
Navami

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


1	Monday, December 19, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dasami Yam Titau					Stamford, CT
	Kanya Rasi: 21.49 Tithi 25 Family Home Evening 869596155 Creative Work Siddha Yoga Until 8:36AM then Prabalarishta Yoga Until 1.57PM then Siddha Yoga	Gulika 1:00PM – 2:09PM Yama 10:41AM – 11:50AM Rahu 8:23AM – 9:32AM	Hasta Until 8:36AM Sobhana Until 12:42AM Tue Vanija Until 3:52PM Dasami Until 2:56AM Tue	Ganesha: White <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 4:27PM Nataraja: Red Moon – Green Margasira-Markali	Sun 8 Sutra 251 Khara 5113 Moon 12 - Phase 34 2nd Phase	Sivaloka Day	


2	Tuesday, December 20, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau					Stamford, CT
	Tula Rasi: 6.11 Tithi 26 869596155 Creative Work Siddha Yoga	Gulika 11:51AM – 1:00PM Yama 9:33AM – 10:42AM Rahu 2:09PM – 3:18PM	Chitra Until 6:45AM Athiganda* Until 8:27PM Bava Until 12:50PM Ekadasi* Until 11:07PM	Ganesha: White <i>Sunrise:</i> 7:14AM Muruqa: Clear <i>Sunset:</i> 4:28PM Nataraja: Red Moon – Green Margasira-Markali	Sun 9 Sutra 252 Khara 5113 Moon 12 - Phase 34 2nd Phase	Sivaloka Day	

3	Wednesday, December 21, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau					Stamford, CT
	Tula Rasi: 20.43 Tithi 27 871596155 Creative Work Siddha Yoga	Gulika 10:42AM – 11:51AM Yama 8:24AM – 9:33AM Rahu 11:51AM – 1:01PM	Visakha Until 2:12AM Thu Sukarma Until 5:08PM Kaulava Until 10:16AM Dvadasi* Until 8:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 4:28PM Nataraja: Red Moon – Orange Margasira-Markali	Sun 10 Sutra 253 Khara 5113 Moon 12 - Phase 34 2nd Phase	Devaloka Day	



4	Thursday, December 22, 2011	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau					Stamford, CT
	Wrischika Rasi: 5.18 Tithi 28 871596155 Creative Work Siddha Yoga Until 12:11AM Fri then Prabalarishta Yoga	Gulika 9:34AM – 10:43AM Yama 7:15AM – 8:24AM Rahu 1:01PM – 2:10PM	Anuradha Until 12:11AM Fri Dhriti Until 1:43PM Gara Until 7:34AM Trayodasi* Until 5:51PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Yellow <i>Sunrise:</i> 7:15AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Red Moon – Orange Margasira-Markali	Sun 11 Sutra 254 Khara 5113 Moon 12 - Phase 34 2nd Phase	Devaloka Day	

5	Friday, December 23, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Stamford, CT
	Wrischika Rasi: 19.52 Tithi 29 – 30 871596155 Routine Work Prabalarishta Yoga Until 1.59PM then Siddha Yoga	Gulika 8:25AM – 9:34AM Yama 2:11PM – 3:20PM Rahu 10:43AM – 11:52AM	Jyeshtha* Until 11:22PM Shula* Until 10:38AM Catuspada Until 2:59AM Sat Chaturdasi* Until 3:54PM	Ganesha: Yellow <i>Sunrise:</i> 7:16AM Muruqa: Clear <i>Sunset:</i> 4:29PM Nataraja: Red Moon – Orange Margasira-Markali	Sun 12 Sutra 255 Khara 5113 Moon 12 - Phase 34 2nd Phase	Devaloka Day	

	Saturday, December 24, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Stamford, CT
	Retreat Star Dhanus Rasi: 4.19 Tithi 30 – 1 881596155 Creative Work Siddha Yoga Until 1.59PM then Amrita Yoga Until 9:28PM then Siddha Yoga	Gulika 7:16AM – 8:25AM Yama 1:02PM – 2:11PM Rahu 9:35AM – 10:44AM	Mula* Until 9:28PM Ganda* Until 7:14AM Kintughna Until 12:22AM Sun Amavasya* Until 1:17PM	Ganesha: Red <i>Sunrise:</i> 7:16AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Red Moon – Light Blue Margasira-Markali	Sun 13 Sutra 256 Khara 5113 Moon 12 - Phase 34 Amavasya	Devaloka Day	

	Sunday, December 25, 2011	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau					Stamford, CT
	Retreat Star Dhanus Rasi: 18.31 Tithi 1 – 2 881596155 Creative Work Siddha Yoga Until 2.00PM then Marana Yoga	Gulika 2:12PM – 3:21PM Yama 11:53AM – 1:03PM Rahu 3:21PM – 4:30PM	Purvashadha* Until 7:58PM Dhruva Until 1:32AM Mon Balava Until 10:10PM Prathama* Until 11:05AM	Ganesha: Red <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:30PM Nataraja: Red Moon – Light Blue Pausha-Markali	Sun 14 Sutra 257 Khara 5113 Moon 12 - Phase 34 Prathama	Devaloka Day	

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

1	Monday, December 26, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau					Stamford, CT
	Makara Rasi: 2.25 Tithi 2 – 3 Family Home Evening 891596156 Routine Work Marana Yoga Until 2.00PM then Prabalarishta Yoga Until 7.00PM then Siddha Yoga	Gulika 1:03PM – 2:12PM Yama 10:45AM – 11:54AM Rahu 8:26AM – 9:35AM	Uttarashadha Until 7:00PM Vyaghata* Until 11:00PM Taitila Until 8:32PM Dvitiya Until 9:27AM	Ganesha: Red <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:31PM Nataraja: Yellow Moon – Light Blue Pausha-Markali			Sun 15 Sutra 258 Khara 5113 Moon 12 - Phase 35 3rd Phase
2	Tuesday, December 27, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau					Stamford, CT
	Makara Rasi: 15.58 Tithi 3 – 4 Creative Work Siddha Yoga Until 7:37PM then Prabalarishta Yoga	Gulika 11:54AM – 1:04PM Yama 9:36AM – 10:45AM Rahu 2:13PM – 3:22PM	Sravana Until 7:37PM Harshana Until 10:07PM Vanija Until 8:42PM Tritiya Until 8:42AM	Ganesha: Yellow <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:32PM Nataraja: Yellow Moon – Purple Pausha-Markali			Sun 16 Sutra 259 Khara 5113 Moon 12 - Phase 35 3rd Phase
3	Wednesday, December 28, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Stamford, CT
	Makara Rasi: 29.07 Tithi 4 – 5 Routine Work Prabalarishta Yoga Until 2.01PM then Siddha Yoga Until 7:56PM then Marana Yoga	Gulika 10:46AM – 11:55AM Yama 8:27AM – 9:36AM Rahu 11:55AM – 1:04PM	Dhanishtha Until 7:56PM Vajra* Until 8:40PM Bava Until 8:25PM Chaturthi* Until 8:25AM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:32PM Nataraja: Yellow Moon – Purple Pausha-Markali			Sun 17 Sutra 260 Khara 5113 Moon 12 - Phase 35 3rd Phase
4	Thursday, December 29, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Stamford, CT
	Kumbha Rasi: 11.54 Tithi 5 – 6 Routine Work Marana Yoga Until 2.02PM then Siddha Yoga	Gulika 9:37AM – 10:46AM Yama 7:18AM – 8:27AM Rahu 1:05PM – 2:14PM	Satabhisha Until 10:12PM Siddhi Until 8:55PM Kaulava Until 10:14PM Panchami Until 9:09AM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:33PM Nataraja: Yellow Moon – Purple Pausha-Markali			Sun 18 Sutra 261 Khara 5113 Moon 12 - Phase 35 3rd Phase
5	Friday, December 30, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau					Stamford, CT
	Kumbha Rasi: 24.22 Tithi 6 – 7 Creative Work Siddha Yoga	Gulika 8:27AM – 9:37AM Yama 2:15PM – 3:24PM Rahu 10:46AM – 11:56AM	Purvaprostapada* Until 11:56PM Vyatipata* Until 8:39PM Gara Until 11:28PM Shasthi* Until 10:22AM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:34PM Nataraja: Yellow Moon – Clear Pausha-Markali			Sun 19 Sutra 262 Khara 5113 Moon 12 - Phase 35 3rd Phase
Vinayaga Viratam Ends							
	Saturday, December 31, 2011	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Stamford, CT
	Retreat Star Meena Rasi: 6.33 Tithi 7 – 8 Creative Work Siddha Yoga Until 2.03PM then Amrita Yoga	Gulika 7:18AM – 8:28AM Yama 1:06PM – 2:15PM Rahu 9:37AM – 10:47AM	Uttaraprostapada Until 2:14AM Sun Variyan Until 8:53PM Visti Until 1:16AM Sun Saptami Until 12:11PM	Ganesha: Blue <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:35PM Nataraja: Yellow Moon – Clear Pausha-Markali			Sun 20 Sutra 263 Khara 5113 Moon 12 - Phase 35 Ashtami
	Sunday, January 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Stamford, CT
	Retreat Star Meena Rasi: 18.33 Tithi 8 – 9 Creative Work Amrita Yoga Until 2.04PM then Siddha Yoga	Gulika 2:17PM – 3:26PM Yama 11:57AM – 1:07PM Rahu 3:26PM – 4:36PM	Revati Until 4:54AM Mon Parigha* Until 9:28PM Balava Until 3:30AM Mon Ashtami* Until 2:25PM	Ganesha: Blue <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:36PM Nataraja: Yellow Moon – Clear Pausha-Markali			Sun 21 Sutra 264 Khara 5113 Moon 12 - Phase 35 Navami

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

1	Monday, January 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau					Stamford, CT
	Mesha Rasi: 0.25 Tithi 9 – 10 Family Home Evening 822696156 Creative Work Siddha Yoga	Gulika 1:08PM – 2:17PM Yama 10:48AM – 11:58AM Rahu 8:28AM – 9:38AM	Asvini Until 8:10AM Tue Shiva Until 10:17PM Taitila Until 6:00AM Tue Navami* Until 4:55PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:37PM Nataraja: Yellow Moon – White Pausha-Markali	Sun 22	Sutra 265 Khara 5113 Moon 12 - Phase 36 4th Phase	Sivaloka Day


2	Tuesday, January 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dasami Yam Titau					Stamford, CT
	Mesha Rasi: 12.15 Tithi 10 822696156 Creative Work Siddha Yoga Until 2.05PM then Marana Yoga	Gulika 11:58AM – 1:08PM Yama 9:38AM – 10:48AM Rahu 2:18PM – 3:28PM	Asvini Until 8:10AM Siddha Until 11:10PM Taitila Until 6:25AM Dasami Until 7:30PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:38PM Nataraja: Yellow Moon – White Pausha-Markali	Sun 23	Sutra 266 Khara 5113 Moon 12 - Phase 36 4th Phase	Sivaloka Day

3	Wednesday, January 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau					Stamford, CT
	Mesha Rasi: 24.07 Tithi 11 822696156 Routine Work Marana Yoga Until 11:05AM then Amrita Yoga Until 2.05PM then Marana Yoga	Gulika 10:49AM – 11:59AM Yama 8:29AM – 9:39AM Rahu 11:59AM – 1:09PM	Bharani Until 11:05AM Sadhya Until 12:00PM Vanija Until 8:55AM Ekadasi Until 10:01PM	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:39PM Nataraja: Yellow Moon – White Pausha-Markali	Sun 24	Sutra 267 Khara 5113 Moon 12 - Phase 36 4th Phase	Sivaloka Day

4	Thursday, January 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau					Stamford, CT
	Vrishabha Rasi: 6.06 Tithi 12 822696156 Routine Work Marana Yoga	Gulika 9:39AM – 10:49AM Yama 7:19AM – 8:29AM Rahu 1:09PM – 2:20PM	Krittika Until 1:47PM Subha Until 12:37AM Fri Bava Until 11:11AM Dvadasi Until 12:17AM Fri	Ganesha: White <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:40PM Nataraja: Yellow Moon – White Pausha-Markali	Sun 25	Sutra 268 Khara 5113 Moon 12 - Phase 36 4th Phase	Sivaloka Day

5	Friday, January 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodasi Yam Titau					Stamford, CT
	Vrishabha Rasi: 18.16 Tithi 13 832696156 Routine Work Marana Yoga Until 2.06PM then Amrita Yoga Until 4.08PM then Siddha Yoga	Gulika 8:29AM – 9:39AM Yama 2:20PM – 3:31PM Rahu 10:49AM – 12:00PM	Rohini Until 4:08PM Sukla Until 12:54AM Sat Kaulava Until 1:04PM Trayodasi Until 2:09AM Sat <i>Pradosha Vrata</i>	Ganesha: Clear <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Yellow Moon – Yellow Pausha-Markali	Sun 26	Sutra 269 Khara 5113 Moon 12 - Phase 36 4th Phase	Devaloka Day

6	Saturday, January 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau					Stamford, CT
	Mithuna Rasi: 0.4 Tithi 14 832696156 Creative Work Siddha Yoga	Gulika 7:18AM – 8:29AM Yama 1:10PM – 2:21PM Rahu 9:39AM – 10:50AM	Mrigasira Until 5:05PM Brahma Until 11:24PM Gara Until 1:43PM Chaturdasi* Until 1:43AM Sun	Ganesha: Clear <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:42PM Nataraja: Yellow Moon – Yellow Pausha-Markali	Sun 27	Sutra 270 Khara 5113 Moon 12 - Phase 36 4th Phase	Devaloka Day

	Sunday, January 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnima* Yam Titau					Stamford, CT
	Copper Retreat Star Mithuna Rasi: 13.2 Tithi 15 832696156 Creative Work Siddha Yoga Until 6:19PM then Amrita Yoga	Gulika 2:22PM – 3:32PM Yama 12:00PM – 1:11PM Rahu 3:32PM – 4:43PM	Ardra Until 6:19PM Indra Until 10:47PM Visti Until 2:25PM Purnima* Until 2:25AM Mon	Ganesha: Clear <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Yellow Moon – Yellow Pausha-Markali	Sun 28	Sutra 271 Khara 5113 Moon 12 - Phase 36 Purnima	Devaloka Day

Monday, January 9, 2012	Silver Retreat Star	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau					Stamford, CT
	Mithuna Rasi: 26.17 Tithi 16 Family Home Evening 842696156 Creative Work Amrita Yoga Until 2.07PM then Siddha Yoga	Gulika 1:12PM – 2:22PM Yama 10:50AM – 12:01PM Rahu 8:29AM – 9:39AM	Punarvasu Until 7:00PM Vaidhriti* Until 9:41PM Balava Until 2:32PM Prathama* Until 2:32AM Tue	Ganesha: Purple <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:44PM Nataraja: Yellow Moon – Blue Pausha-Markali	Sun 29	Sutra 272 Khara 5113 Moon 12 - Phase 36 Prathama	Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262



Tuesday, January 10, 2012
Gold Retreat Star

Kataka Rasi: 9.32 Tithi 17
842696156

Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Vishkambha* Yoga Tailita/Gara Karana Dvitiya Yam Titau

Gulika 12:01PM – 1:12PM **Pushya** **Until 7:10PM**
Yama 9:40AM – 10:50AM Vishkambha* **Until 7:09PM**
Rahu 2:23PM – 3:34PM Tailita **Until 2:05PM**
Dvitiya **Until 2:05AM Wed**

Ganesha: Purple *Sunrise: 7:18AM*
Muruqa: Clear *Sunset: 4:45PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Stamford, CT
Sutra 273
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

1

Wednesday, January 11, 2012

Kataka Rasi: 23.01 Tithi 18
842696156

Creative Work Siddha Yoga
Until 5:58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 10:51AM – 12:02PM **Aslesha*** **Until 5:58PM**
Yama 8:28AM – 9:40AM Priti **Until 5:16PM**
Rahu 12:02PM – 1:13PM Vanija **Until 12:36PM**
Tritiya **Until 11:40PM**

Ganesha: Purple *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 4:46PM*
Nataraja: Yellow
Moon – Blue
Pausha-Markali

Stamford, CT
Sun 1 Sutra 274
Khara 5113
Moon 13 - Phase 37
1st Phase

Sivaloka Day

2

Thursday, January 12, 2012

Simha Rasi: 6.43 Tithi 19
852696156

Creative Work Amrita Yoga
Until 2:09PM then Marana Yoga
Until 5:20PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 9:40AM – 10:51AM **Magha*** **Until 5:20PM**
Yama 7:17AM – 8:28AM Ayushman **Until 3:04PM**
Rahu 1:13PM – 2:25PM Bava **Until 11:21AM**
Chaturthi* **Until 10:25PM**

Ganesha: Clear *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Stamford, CT
Sun 2 Sutra 275
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day

3

Friday, January 13, 2012

Simha Rasi: 20.34 Tithi 20
853696156

Creative Work Siddha Yoga
Until 2:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Panchami Yam Titau

Gulika 8:28AM – 9:40AM **Purvaphalguni*** **Until 4:27PM**
Yama 2:25PM – 3:37PM Saubhagya **Until 12:36PM**
Rahu 10:51AM – 12:02PM Kaulava **Until 9:49AM**
Panchami **Until 8:53PM**

Ganesha: Purple *Sunrise: 7:17AM*
Muruqa: Clear *Sunset: 4:48PM*
Nataraja: Yellow
Moon – Red
Pausha-Markali

Stamford, CT
Sun 3 Sutra 276
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Saturday, January 14, 2012

Kanya Rasi: 4.32 Tithi 21
853696156

Routine Work Marana Yoga
Until 2:09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 7:16AM – 8:28AM **Uttaraphalguni** **Until 3:22PM**
Yama 1:14PM – 2:26PM Sobhana **Until 9:58AM**
Rahu 9:40AM – 10:51AM Gara **Until 8:04AM**
Shasthi* **Until 7:09PM**

Ganesha: Purple *Sunrise: 7:16AM*
Muruqa: Clear *Sunset: 4:49PM*
Nataraja: Yellow
Moon – Red
Pausha-Thai

Stamford, CT
Sun 4 Sutra 277
Khara 5113
Moon 13 - Phase 37
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

5

Sunday, January 15, 2012

Kanya Rasi: 18.34 Tithi 22 – 23
863696156

Creative Work Amrita Yoga
Until 2:10PM then Siddha Yoga
Until 2:10PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 2:27PM – 3:39PM **Hasta** **Until 2:10PM**
Yama 12:03PM – 1:15PM Athiganda* **Until 7:13AM**
Rahu 3:39PM – 4:50PM Visti **Until 6:11AM**
Saptami **Until 5:16PM**

Ganesha: Clear *Sunrise: 7:16AM*
Muruqa: Clear *Sunset: 4:50PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Stamford, CT
Sun 5 Sutra 278
Khara 5113
Moon 13 - Phase 37
1st Phase

Devaloka Day



Monday, January 16, 2012

Retreat Star

Tula Rasi: 2.4 Tithi 23 – 24
863696156

Family Home Evening
Routine Work Prabalarishta Yoga
Until 12:52PM then Amrita Yoga
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Tailita Karana Ashtami*/Navami* Yam Titau

Gulika 1:16PM – 2:28PM **Chitra** **Until 12:52PM**
Yama 10:52AM – 12:04PM Dhriti **Until 1:43AM Tue**
Rahu 8:28AM – 9:40AM Tailita **Until 2:22AM Tue**
Ashtami* **Until 3:17PM**

Ganesha: Clear *Sunrise: 7:16AM*
Muruqa: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Stamford, CT
Sun 6 Sutra 279
Khara 5113
Moon 13 - Phase 37
Ashtami

Devaloka Day

Tuesday, January 17, 2012

Retreat Star

Tula Rasi: 16.47 Tithi 24 – 25
863696156

Creative Work Siddha Yoga
Until 11:31AM then Marana Yoga
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Visakha Nakshatra Shula* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 12:04PM – 1:16PM **Svati** **Until 11:31AM**
Yama 9:39AM – 10:52AM Shula* **Until 10:49PM**
Rahu 2:28PM – 3:41PM Vanija **Until 12:20AM Wed**
Navami* **Until 1:15PM**

Ganesha: Clear *Sunrise: 7:15AM*
Muruqa: Clear *Sunset: 4:53PM*
Nataraja: Yellow
Moon – Green
Pausha-Thai

Stamford, CT
Sun 7 Sutra 280
Khara 5113
Moon 13 - Phase 37
Navami

Devaloka Day

1 **Wednesday, January 18, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Stamford, CT
 Visakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau **Sun 8 Sutra 281**
 Khara 5113
 Vrischika Rasi: 0.55 Tithi 25 – 26 **Gulika 10:52AM – 12:04PM Visakha Until 10:09AM Ganesha: White Sunrise: 7:14AM**
 873696156 **Yama 8:27AM – 9:39AM Ganda* Until 7:55PM Muruqa: Clear Sunset: 4:54PM** Moon 13 - Phase 38
Rahu 12:04PM – 1:17PM Bava Until 10:16PM Nataraja: Yellow
 Creative Work Siddha Yoga **Dasami Until 11:12AM Moon – Orange**
Pausha*Thai **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM

2 **Thursday, January 19, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Stamford, CT
 Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau **Sun 9 Sutra 282**
 Khara 5113
 Vrischika Rasi: 15.02 Tithi 26 – 27 **Gulika 9:39AM – 10:52AM Anuradha Until 8:47AM Ganesha: White Sunrise: 7:14AM**
 873696156 **Yama 7:14AM – 8:27AM Vriddhi Until 5:01PM Muruqa: Clear Sunset: 4:55PM** Moon 13 - Phase 38
Rahu 1:17PM – 2:30PM Kaulava Until 8:13PM Nataraja: Yellow
 Creative Work Siddha Yoga **Ekadasi* Until 9:09AM Moon – Orange**
 Until 2.11PM then Prabalarishta Yoga **Pausha*Thai** **Bhuloka Day**
 Devaloka Time: 3:PM to 6:PM

3 **Friday, January 20, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Stamford, CT
 Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau **Sun 10 Sutra 283**
 Khara 5113
 Vrischika Rasi: 29.07 Tithi 27 – 28 **Gulika 8:26AM – 9:39AM Jyeshtha* Until 7:30AM Ganesha: White Sunrise: 7:13AM**
 873696156 **Yama 2:31PM – 3:43PM Dhruva Until 2:11PM Muruqa: Clear Sunset: 4:56PM** Moon 13 - Phase 38
Rahu 10:52AM – 12:05PM Gara Until 6:16PM Nataraja: Yellow
 Routine Work Prabalarishta Yoga **Dvadasi* Until 7:11AM Moon – Orange**
 Until 7:30AM then no yoga **Pausha*Thai** **Bhuloka Day**
 Until 2.11PM then Siddha Yoga *Pradosha Vrata (Fasting)* Devaloka Time: 3:PM to 6:PM

4 **Saturday, January 21, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Stamford, CT
 Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau **Sun 11 Sutra 284**
 Khara 5113
 Dhanus Rasi: 13.06 Tithi 29 **Gulika 7:13AM – 8:26AM Mula* Until 6:24AM Ganesha: Green Sunrise: 7:13AM**
 883696156 **Yama 1:18PM – 2:31PM Vyaghata* Until 11:31AM Muruqa: Clear Sunset: 4:57PM** Moon 13 - Phase 38
Rahu 9:39AM – 10:52AM Visti Until 4:29PM Nataraja: Yellow
 Creative Work Siddha Yoga **Chaturdasi* Until 3:33AM Sun Moon – Light Blue**
 Until 6:24AM then Marana Yoga **Pausha*Thai** **Bhuloka Day**
 Until 2.12PM then Siddha Yoga Devaloka Time: 3:PM to 6:PM

Retreat Star **Sunday, January 22, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Stamford, CT
 Uttarahadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau **Sun 12 Sutra 285**
 Khara 5113
 Dhanus Rasi: 26.56 Tithi 30 **Gulika 2:32PM – 3:45PM Uttarahadha Until 4:24AM Mon Ganesha: Green Sunrise: 7:12AM**
 883696156 **Yama 12:05PM – 1:19PM Harshana Until 9:06AM Muruqa: Clear Sunset: 4:59PM** Moon 13 - Phase 38
Rahu 3:45PM – 4:59PM Catuspada Until 2:59PM Nataraja: Yellow
 Creative Work Amrita Yoga **Amavasya* Until 2:04AM Mon Moon – Light Blue**
 Until 2.12PM then Marana Yoga **Pausha*Thai** **Bhuloka Day**
 Until 4:24AM Mon then Amrita Yoga Devaloka Time: 3:PM to 6:PM

Retreat Star **Monday, January 23, 2012** Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Stamford, CT
 Sravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau **Sun 13 Sutra 286**
 Khara 5113
 Makara Rasi: 10.32 Tithi 1 **Gulika 1:19PM – 2:33PM Sravana Until 5:37AM Tue Ganesha: White Sunrise: 7:11AM**
 893696156 **Yama 10:52AM – 12:06PM Vajra* Until 7:06AM Muruqa: Clear Sunset: 5:00PM** Moon 13 - Phase 38
Family Home Evening Rahu 8:25AM – 9:38AM Kintughna Until 2:33PM Nataraja: Yellow
 Creative Work Amrita Yoga **Prathama* Until 2:33AM Tue Moon – Purple**
 Until 2.12PM then Siddha Yoga **Magha*Thai** **Bhuloka Day**
 Until 5:37AM Tue then Marana Yoga Devaloka Time: 3:PM to 6:PM

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

1	Tuesday, January 24, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau						Stamford, CT
	Makara Rasi: 23.53	Tithi 2	893696156	Gulika 12:06PM – 1:20PM Yama 9:38AM – 10:52AM Rahu 2:33PM – 3:47PM	Dhanishtha Until 5:36AM Wed Vyatipata* Until 4:12AM Wed Balava Until 1:53PM Dvitiya Until 1:53AM Wed	Ganesha: White Muruqa: Clear Nataraja: Yellow Moon – Purple Magha-Thai	<i>Sunrise:</i> 7:11AM <i>Sunset:</i> 5:01PM	Sun 14 Sutra 287 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Routine Work Marana Yoga Until 2:12PM then Prabalarishta Yoga Until 5:36AM Wed then Siddha Yoga							Bhuloka Day Devaloka Time: 3:PM to 6:PM


2	Wednesday, January 25, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Variyan Yoga Tailila/Gara Karana Tritiya Yam Titau						Stamford, CT
	Kumbha Rasi: 6.56	Tithi 3	993696156	Gulika 10:52AM – 12:06PM Yama 8:24AM – 9:38AM Rahu 12:06PM – 1:20PM	Satabhisha Until 6:38AM Thu Variyan Until 2:56AM Thu Tailila Until 1:49PM Tritiya Until 1:49AM Thu	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha-Thai	<i>Sunrise:</i> 7:10AM <i>Sunset:</i> 5:02PM	Sun 15 Sutra 288 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga Until 2:13PM then Marana Yoga Until 6:38AM Thu then Siddha Yoga							Bhuloka Day Devaloka Time: 3:PM to 6:PM

3	Thursday, January 26, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Parigha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau						Stamford, CT
	Kumbha Rasi: 19.41	Tithi 4	993696156	Gulika 9:38AM – 10:52AM Yama 7:09AM – 8:23AM Rahu 1:21PM – 2:35PM	Satabhisha Until 6:38AM Parigha* Until 3:45AM Fri Vanija Until 3:08PM Chaturthi* Until 4:13AM Fri	Ganesha: Green Muruqa: Clear Nataraja: Yellow Moon – Purple Magha-Thai	<i>Sunrise:</i> 7:09AM <i>Sunset:</i> 5:04PM	Sun 16 Sutra 289 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Routine Work Marana Yoga Until 6:38AM then Siddha Yoga							Bhuloka Day Devaloka Time: 3:PM to 6:PM

4	Friday, January 27, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Shiva Yoga Bava/Balava Karana Panchami Yam Titau						Stamford, CT
	Meena Rasi: 2.08	Tithi 5	913796156	Gulika 8:23AM – 9:37AM Yama 2:36PM – 3:50PM Rahu 10:52AM – 12:06PM	Purvaprostapada* Until 8:24AM Shiva Until 3:30AM Sat Bava Until 4:21PM Panchami Until 5:27AM Sat	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – Clear Magha-Thai	<i>Sunrise:</i> 7:08AM <i>Sunset:</i> 5:05PM	Sun 17 Sutra 290 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga							Sivaloka Day

5	Saturday, January 28, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Siddha Yoga Kaulava Karana Shasthi* Yam Titau						Stamford, CT
	Meena Rasi: 14.2	Tithi 6	914796156	Gulika 7:07AM – 8:22AM Yama 1:22PM – 2:36PM Rahu 9:37AM – 10:52AM	Uttaraprostapada Until 10:40AM Siddha Until 3:43AM Sun Kaulava Until 6:08PM Shasthi* Until 7:16AM Sun	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha-Thai	<i>Sunrise:</i> 7:07AM <i>Sunset:</i> 5:06PM	Sun 18 Sutra 291 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Siddha Yoga Until 10:40AM then Prabalarishta Yoga Until 2:13PM then Amrita Yoga							Devaloka Day

6	Sunday, January 29, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sadhya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau						Stamford, CT
	Meena Rasi: 26.2	Tithi 6 – 7	914796156	Gulika 2:37PM – 3:52PM Yama 12:07PM – 1:22PM Rahu 3:52PM – 5:07PM	Revati Until 1:19PM Sadhya Until 4:18AM Mon Gara Until 8:21PM Shasthi* Until 7:16AM	Ganesha: Red Muruqa: Clear Nataraja: Yellow Moon – Clear Magha-Thai	<i>Sunrise:</i> 7:06AM <i>Sunset:</i> 5:07PM	Sun 19 Sutra 292 Khara 5113 Moon 13 - Phase 39 3rd Phase
	Creative Work Amrita Yoga Until 1:19PM then Siddha Yoga							Devaloka Day

	Monday, January 30, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Subha Yoga Vanija/Visiti* Karana Saptami/Ashtami* Yam Titau						Stamford, CT
	Mesha Rasi: 8.13	Tithi 7 – 8	924796156	Gulika 1:22PM – 2:38PM Yama 10:52AM – 12:07PM Rahu 8:21AM – 9:36AM	Asvini Until 4:15PM Subha Until 5:08AM Tue Visiti Until 10:51PM Saptami Until 9:45AM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha-Thai	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:09PM	Sun 20 Sutra 293 Khara 5113 Moon 13 - Phase 39 Ashtami
	Retreat Star Family Home Evening Creative Work Siddha Yoga							Bhuloka Day Devaloka Time: 3:PM to 6:PM

7	Tuesday, January 31, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau						Stamford, CT
	Mesha Rasi: 20.02	Tithi 8 – 9	924796156	Gulika 12:07PM – 1:23PM Yama 9:36AM – 10:51AM Rahu 2:38PM – 3:54PM	Bharani Until 7:17PM Sukla Until 6:17AM Wed Balava Until 1:28AM Wed Ashtami* Until 12:22PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha-Thai	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:10PM	Sun 21 Sutra 294 Khara 5113 Moon 13 - Phase 39 Navami
	Creative Work Siddha Yoga Until 2:14PM then Marana Yoga Until 7:17PM then Amrita Yoga							Bhuloka Day Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

1	Wednesday, February 1, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau					Stamford, CT
	Wrishabha Rasi: 1.53 Tilthi 9 – 10 924796156	Gulika 10:51AM – 12:07PM Yama 8:20AM – 9:36AM Rahu 12:07PM – 1:23PM	Krittika Until 10:14PM Sukla Until 6:17AM Taitila Until 4:00AM Thu Navami* Until 2:54PM	Ganesha: Blue Muruqa: Clear Nataraja: Yellow Moon – White Magha*Thai	<i>Sunrise:</i> 7:05AM <i>Sunset:</i> 5:10PM	Sun 22 Sutra 295 Khara 5113 Moon 13 - Phase 40 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 2:14PM then Marana Yoga						

2	Thursday, February 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau					Stamford, CT
	Wrishabha Rasi: 13.52 Tilthi 10 – 11 934797156	Gulika 9:35AM – 10:51AM Yama 7:04AM – 8:19AM Rahu 1:23PM – 2:39PM	Rohini Until 12:57AM Fri Brahma Until 6:55AM Vanija Until 6:15AM Fri Dasami Until 5:10PM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow Magha*Thai	<i>Sunrise:</i> 7:04AM <i>Sunset:</i> 5:11PM	Sun 23 Sutra 296 Khara 5113 Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Routine Work Marana Yoga Until 12:57AM Fri then Siddha Yoga						

3	Friday, February 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Ekadasi Yam Titau					Stamford, CT
	Wrishabha Rasi: 26.04 Tilthi 11 934797156	Gulika 8:19AM – 9:35AM Yama 2:40PM – 3:56PM Rahu 10:51AM – 12:07PM	Mrigasira Until 3:13AM Sat Indra Until 7:04AM Visti Until 8:02AM Sat Ekadasi Until 6:57PM	Ganesha: Yellow Muruqa: White Nataraja: Yellow Moon – Yellow Magha*Thai	<i>Sunrise:</i> 7:03AM <i>Sunset:</i> 5:12PM	Sun 24 Sutra 297 Khara 5113 Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Creative Work Siddha Yoga						

4	Saturday, February 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau					Stamford, CT
	Mithuna Rasi: 8.33 Tilthi 12 934797157	Gulika 7:01AM – 8:18AM Yama 1:24PM – 2:40PM Rahu 9:34AM – 10:51AM	Ardra Until 3:09AM Sun Vaidhriti* Until 6:46AM Bava Until 6:55AM Dvadasi Until 6:55PM	Ganesha: Yellow Muruqa: White Nataraja: White Moon – Yellow Magha*Thai	<i>Sunrise:</i> 7:01AM <i>Sunset:</i> 5:13PM	Sun 25 Sutra 298 Khara 5113 Moon 13 - Phase 40 4th Phase	Subha Sivaloka Day
	Creative Work Siddha Yoga						

5	Sunday, February 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau					Stamford, CT
	Mithuna Rasi: 21.23 Tilthi 13 944797157	Gulika 2:41PM – 3:58PM Yama 12:08PM – 1:24PM Rahu 3:58PM – 5:15PM	Punarvasu Until 4:03AM Mon Priti Until 4:44AM Mon Kaulava Until 7:16AM Trayodasi Until 7:16PM <i>Pradosha Vrata</i>	Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha*Thai	<i>Sunrise:</i> 7:00AM <i>Sunset:</i> 5:15PM	Sun 26 Sutra 299 Khara 5113 Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Creative Work Siddha Yoga Until 2:14PM then Amrita Yoga Until 4:03AM Mon then Siddha Yoga						

6	Monday, February 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau					Stamford, CT
	Kataka Rasi: 4.37 Tilthi 14 Family Home Evening 944797157	Gulika 1:25PM – 2:42PM Yama 10:51AM – 12:08PM Rahu 8:16AM – 9:34AM	Pushya Until 2:40AM Tue Ayushman Until 1:46AM Tue Gara Until 6:47AM Chaturdasi* Until 5:51PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha*Thai	<i>Sunrise:</i> 6:59AM <i>Sunset:</i> 5:16PM	Sun 27 Sutra 300 Khara 5113 Moon 13 - Phase 40 4th Phase	Sivaloka Day
	Creative Work Siddha Yoga	Thai Pusam					

○	Tuesday, February 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau					Stamford, CT
	Copper Retreat Star Kataka Rasi: 18.13 Tilthi 15 – 16 944797157	Gulika 12:08PM – 1:25PM Yama 9:33AM – 10:50AM Rahu 2:42PM – 4:00PM	Aslesha* Until 2:13AM Wed Saubhagya Until 11:44PM Balava Until 3:52AM Wed Purnima* Until 4:47PM	Ganesha: White Muruqa: White Nataraja: White Moon – Blue Magha*Thai	<i>Sunrise:</i> 6:58AM <i>Sunset:</i> 5:17PM	Sun 28 Sutra 301 Khara 5113 Moon 13 - Phase 40 Purnima	Sivaloka Day
	Creative Work Siddha Yoga						

○	Wednesday, February 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau					Stamford, CT
	Silver Retreat Star Simha Rasi: 2.08 Tilthi 16 – 17 954797167	Gulika 10:50AM – 12:08PM Yama 8:15AM – 9:32AM Rahu 12:08PM – 1:25PM	Magha* Until 1:12AM Thu Sobhana Until 9:10PM Taitila Until 2:11AM Thu Prathama* Until 3:06PM	Ganesha: Clear Muruqa: Yellow Nataraja: Blue Moon – Red Magha*Thai	<i>Sunrise:</i> 6:57AM <i>Sunset:</i> 5:18PM	Sun 29 Sutra 302 Khara 5113 Moon 13 - Phase 40 Prathama	Devaloka Day
	Creative Work Siddha Yoga Until 2:14PM then Amrita Yoga Until 1:12AM Thu then no yoga						



Thursday, February 9, 2012
Gold Retreat Star

Simha Rasi: 16.18 Tithi 17 – 18
955797267
No Yoga
Until 2.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 9:32AM – 10:50AM **Purvaphalguni* Until 11:46PM**
Yama 6:56AM – 8:14AM **Athiganda* Until 6:12PM**
Rahu 1:26PM – 2:44PM **Vanija Until 12:02AM Fri**
Dvitiya Until 12:57PM

Stamford, CT
Sun 1 Sutra 303
Khara 5113
Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

Ganesha: White *Sunrise: 6:56AM*
Muruqa: White *Sunset: 5:20PM*
Nataraja: Yellow
Moon – Red
Magha-Thai

1 Friday, February 10, 2012

Kanya Rasi: 0.38 Tithi 18 – 19
955797267
Creative Work Siddha Yoga
Until 2.14PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 8:13AM – 9:31AM **Uttaraphalguni Until 10:03PM**
Yama 2:44PM – 4:03PM **Sukarma Until 2:59PM**
Rahu 10:50AM – 12:08PM **Bava Until 9:36PM**
Tritiya Until 10:31AM

Stamford, CT
Sun 2 Sutra 304
Khara 5113
Moon 1 - Phase 41
1st Phase
Subha Sivaloka Day

Ganesha: White *Sunrise: 6:55AM*
Muruqa: White *Sunset: 5:21PM*
Nataraja: Yellow
Moon – Red
Magha-Thai

2 Saturday, February 11, 2012

Kanya Rasi: 15.02 Tithi 19 – 20
955797267
Routine Work Marana Yoga
Until 2.14PM then Amrita Yoga
Until 8:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 6:54AM – 8:12AM **Hasta Until 8:14PM**
Yama 1:26PM – 2:45PM **Dhriti Until 11:40AM**
Rahu 9:31AM – 10:49AM **Kaulava Until 7:03PM**
Chaturthi* Until 7:59AM

Stamford, CT
Sun 3 Sutra 305
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise: 6:54AM*
Muruqa: White *Sunset: 5:22PM*
Nataraja: Yellow
Moon – Green
Magha-Thai

3 Sunday, February 12, 2012

Kanya Rasi: 29.23 Tithi 21
955797267
Creative Work Siddha Yoga
Until 2.14PM then Prabalarishta Yoga
Until 6:29PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 2:46PM – 4:05PM **Chitra Until 6:29PM**
Yama 12:08PM – 1:27PM **Shula* Until 8:24AM**
Rahu 4:05PM – 5:23PM **Gara Until 4:34PM**
Shasthi* Until 3:38AM Mon

Stamford, CT
Sun 4 Sutra 306
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise: 6:52AM*
Muruqa: White *Sunset: 5:23PM*
Nataraja: Yellow
Moon – Green
Magha-Thai

4 Monday, February 13, 2012

Tula Rasi: 13.4 Tithi 22
955797267
Family Home Evening
Creative Work Amrita Yoga
Until 2.14PM then Siddha Yoga
Until 4:52PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Svati/Visakha Nakshatra Vriddhi Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 1:27PM – 2:46PM **Svati Until 4:52PM**
Yama 10:49AM – 12:08PM **Vriddhi Until 2:37AM Tue**
Rahu 8:10AM – 9:29AM **Visti Until 2:14PM**
Saptami Until 1:19AM Tue

Stamford, CT
Sun 5 Sutra 307
Khara 5113
Moon 1 - Phase 41
1st Phase
Sivaloka Day

Ganesha: Clear *Sunrise: 6:51AM*
Muruqa: White *Sunset: 5:23PM*
Nataraja: Yellow
Moon – Green
Magha-Masi

Tuesday, February 14, 2012
Retreat Star

Tula Rasi: 27.47 Tithi 23
955797267
Routine Work Marana Yoga
Until 2.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Visakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 12:08PM – 1:27PM **Visakha Until 3:30PM**
Yama 9:29AM – 10:48AM **Dhruva Until 11:43PM**
Rahu 2:47PM – 4:06PM **Balava Until 12:10PM**
Ashtami* Until 11:14PM

Stamford, CT
Sun 6 Sutra 308
Khara 5113
Moon 1 - Phase 41
Ashtami
Subha Sivaloka Day

Ganesha: Purple *Sunrise: 6:50AM*
Muruqa: White *Sunset: 5:26PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi

Wednesday, February 15, 2012
Retreat Star

Vrischika Rasi: 11.47 Tithi 24
955797267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 10:48AM – 12:08PM **Anuradha Until 2:23PM**
Yama 8:08AM – 9:28AM **Vyaghata* Until 9:04PM**
Rahu 12:08PM – 1:28PM **Taitila Until 10:22AM**
Navami* Until 9:26PM

Stamford, CT
Sun 7 Sutra 309
Khara 5113
Moon 1 - Phase 41
Navami
Subha Sivaloka Day

Ganesha: Purple *Sunrise: 6:48AM*
Muruqa: White *Sunset: 5:27PM*
Nataraja: Yellow
Moon – Orange
Magha-Masi


1	Thursday, February 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau					Stamford, CT
	Wrischika Rasi: 25.37 Tithi 25 985797267	Gulika 9:27AM – 10:48AM Yama 6:47AM – 8:07AM Rahu 1:28PM – 2:48PM	Jyeshtha* Until 1:31PM Harshana Until 6:39PM Vanija Until 8:50AM Dasami Until 7:55PM	Ganesha: Purple Muruqa: White Nataraja: Yellow Moon – Orange Magha-Masi	<i>Sunrise:</i> 6:47AM <i>Sunset:</i> 5:28PM	Sun 8 Sutra 310 Khara 5113 Moon 1 - Phase 42 2nd Phase	Subha Sivaloka Day
Creative Work Siddha Yoga Until 2.14PM then no yoga							

2	Friday, February 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau					Stamford, CT
	Dhanus Rasi: 9.18 Tithi 26 985797267	Gulika 8:06AM – 9:27AM Yama 2:49PM – 4:09PM Rahu 10:47AM – 12:08PM	Mula* Until 12:55PM Vajra* Until 4:28PM Bava Until 7:35AM Ekadasi* Until 6:40PM	Ganesha: Clear Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 6:46AM <i>Sunset:</i> 5:30PM	Sun 9 Sutra 311 Khara 5113 Moon 1 - Phase 42 2nd Phase	Sivaloka Day
No Yoga Until 12:55PM then Siddha Yoga Until 2.14PM then Marana Yoga							

3	Saturday, February 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau					Stamford, CT
	Dhanus Rasi: 22.5 Tithi 27 986797267	Gulika 6:44AM – 8:05AM Yama 1:28PM – 2:49PM Rahu 9:26AM – 10:47AM	Purvashadha* Until 1:04PM Siddhi Until 3:07PM Kaulava Until 6:39AM Dvadasi* Until 6:39PM	Ganesha: Purple Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 5:31PM	Sun 10 Sutra 312 Khara 5113 Moon 1 - Phase 42 2nd Phase	Devaloka Day
Routine Work Marana Yoga Until 1:04PM then no yoga Until 2.14PM then Amrita Yoga							

4	Sunday, February 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau					Stamford, CT
	Makara Rasi: 6.14 Tithi 28 – 29 986797267	Gulika 2:50PM – 4:11PM Yama 12:07PM – 1:29PM Rahu 4:11PM – 5:32PM	Uttarashadha Until 12:58PM Vyatipata* Until 1:18PM Visti Until 5:54AM Mon Trayodasi* Until 5:54PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: White Nataraja: Yellow Moon – Light Blue Magha-Masi	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 5:32PM	Sun 11 Sutra 313 Khara 5113 Moon 1 - Phase 42 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Mahasivaratri							

5	Monday, February 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Stamford, CT
	Makara Rasi: 19.26 Tithi 29 – 30 Family Home Evening 996797267	Gulika 1:29PM – 2:50PM Yama 10:46AM – 12:07PM Rahu 8:03AM – 9:25AM	Sravana Until 1:12PM Variyan Until 11:47AM Catuspada Until 5:30AM Tue Chaturdasi* Until 5:30PM	Ganesha: Light Blue Muruqa: White Nataraja: Yellow Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 5:33PM	Sun 12 Sutra 314 Khara 5113 Moon 1 - Phase 42 2nd Phase	Devaloka Day
Creative Work Amrita Yoga Until 1:12PM then Siddha Yoga Until 2.14PM then Marana Yoga							

	Tuesday, February 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha*/Satabhisha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Stamford, CT
	Retreat Star Kumbha Rasi: 2.27 Tithi 30 – 1 996897267	Gulika 12:07PM – 1:29PM Yama 9:24AM – 10:46AM Rahu 2:51PM – 4:13PM	Dhanishtha Until 1:47PM Parigha* Until 10:37AM Kintughna Until 5:29AM Wed Amavasya* Until 5:29PM	Ganesha: Orange Muruqa: White Nataraja: Yellow Moon – Purple Magha-Masi	<i>Sunrise:</i> 6:40AM <i>Sunset:</i> 5:34PM	Sun 13 Sutra 315 Khara 5113 Moon 1 - Phase 42 Amavasya	Sivaloka Day
Routine Work Marana Yoga Until 2.14PM then Siddha Yoga							

Retreat Star	Wednesday, February 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha*/Purvaprostapada* Nakshatra Shiva/Siddha Yoga Bava Karana Prathama* Yam Titau					Stamford, CT
	Kumbha Rasi: 15.15 Tithi 1 996897267	Gulika 10:45AM – 12:07PM Yama 8:01AM – 9:23AM Rahu 12:07PM – 1:29PM	Satabhisha Until 2:47PM Shiva Until 9:48AM Bava Until 5:55AM Thu Prathama* Until 5:55PM	Ganesha: Orange Muruqa: White Nataraja: Yellow Moon – Purple Phalgun-Masi	<i>Sunrise:</i> 6:39AM <i>Sunset:</i> 5:36PM	Sun 14 Sutra 316 Khara 5113 Moon 1 - Phase 42 Prathama	Sivaloka Day
Creative Work Siddha Yoga Until 2.14PM then Marana Yoga Until 2:47PM then Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

1	Thursday, February 23, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau		Stamford, CT
	Kumbha Rasi: 27.49	Tithi 2		Sun 15	Sutra 317 Khara 5113
	916897267				Moon 1 - Phase 43 3rd Phase
Creative Work	Siddha Yoga				
		Gulika	9:22AM – 10:45AM	Purvaprostapada* Until 5:02PM	Ganesha: Green <i>Sunrise: 6:37AM</i>
		Yama	6:37AM – 8:00AM	Siddha Until 9:39AM	Muruqa: White <i>Sunset: 5:37PM</i>
		Rahu	1:29PM – 2:52PM	Balava Until 6:52AM	Nataraja: Yellow Moon – Clear
				Dvitiya Until 7:57PM	Phalguna-Masi
					Subha Sivaloka Day


2	Friday, February 24, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau		Stamford, CT
	Meena Rasi: 10.09	Tithi 3		Sun 16	Sutra 318 Khara 5113
	916897267				Moon 1 - Phase 43 3rd Phase
Creative Work	Siddha Yoga				
Until 7:02PM then Prabalarishta Yoga					
		Gulika	7:59AM – 9:21AM	Uttaraprostapada Until 7:02PM	Ganesha: Green <i>Sunrise: 6:36AM</i>
		Yama	2:52PM – 4:15PM	Sadhya Until 9:38AM	Muruqa: White <i>Sunset: 5:38PM</i>
		Rahu	10:44AM – 12:07PM	Taitila Until 8:19AM	Nataraja: Yellow Moon – Clear
				Tritiya Until 9:25PM	Phalguna-Masi
					Subha Sivaloka Day

3	Saturday, February 25, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Stamford, CT
	Meena Rasi: 22.17	Tithi 4		Sun 17	Sutra 319 Khara 5113
	916897267				Moon 1 - Phase 43 3rd Phase
Routine Work	Prabalarishta Yoga				
Until 2:13PM then Amrita Yoga					
Until 9:26PM then Siddha Yoga					
		Gulika	6:34AM – 7:57AM	Revati Until 9:26PM	Ganesha: Green <i>Sunrise: 6:34AM</i>
		Yama	1:30PM – 2:53PM	Subha Until 9:59AM	Muruqa: White <i>Sunset: 5:39PM</i>
		Rahu	9:21AM – 10:44AM	Vanija Until 10:14AM	Nataraja: Yellow Moon – Clear
				Chaturthi* Until 11:19PM	Phalguna-Masi
					Subha Sivaloka Day
					Subramuniyaswami Siva Vision Day

4	Sunday, February 26, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau		Stamford, CT
	Mesha Rasi: 4.15	Tithi 5		Sun 18	Sutra 320 Khara 5113
	927897267				Moon 1 - Phase 43 3rd Phase
Creative Work	Siddha Yoga				
		Gulika	2:53PM – 4:17PM	Asvini Until 12:11AM Mon	Ganesha: Green <i>Sunrise: 6:33AM</i>
		Yama	12:07PM – 1:30PM	Sukla Until 10:40AM	Muruqa: White <i>Sunset: 5:40PM</i>
		Rahu	4:17PM – 5:40PM	Bava Until 12:30PM	Nataraja: Yellow Moon – White
				Panchami Until 1:36AM Mon	Phalguna-Masi
					Devaloka Day

5	Monday, February 27, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Stamford, CT
	Mesha Rasi: 16.05	Tithi 6		Sun 19	Sutra 321 Khara 5113
	927897267				Moon 1 - Phase 43 3rd Phase
Family Home Evening					
Creative Work	Siddha Yoga				
		Gulika	1:30PM – 2:54PM	Bharani Until 3:09AM Tue	Ganesha: Green <i>Sunrise: 6:31AM</i>
		Yama	10:43AM – 12:06PM	Brahma Until 11:34AM	Muruqa: White <i>Sunset: 5:41PM</i>
		Rahu	7:55AM – 9:19AM	Kaulava Until 3:03PM	Nataraja: Yellow Moon – White
				Shasthi* Until 4:08AM Tue	Phalguna-Masi
					Devaloka Day

6	Tuesday, February 28, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Sapthami Yam Titau		Stamford, CT
	Mesha Rasi: 27.53	Tithi 7		Sun 20	Sutra 322 Khara 5113
	927897267				Moon 1 - Phase 43 3rd Phase
Creative Work	Siddha Yoga				
Until 2:13PM then Amrita Yoga					
Until 6:35AM Wed then Siddha Yoga					
		Gulika	12:06PM – 1:30PM	Krittika Until 6:35AM Wed	Ganesha: Green <i>Sunrise: 6:30AM</i>
		Yama	9:18AM – 10:42AM	Indra Until 12:33PM	Muruqa: White <i>Sunset: 5:43PM</i>
		Rahu	2:54PM – 4:18PM	Gara Until 5:41PM	Nataraja: Yellow Moon – White
				Saptami Until 7:10AM Wed	Phalguna-Masi
					Devaloka Day

	Wednesday, February 29, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Sapthami/Ashtami* Yam Titau		Stamford, CT
	Retreat Star			Sun 21	Sutra 323 Khara 5113
	Vrishabha Rasi: 9.42	Tithi 7 – 8			
927897267					
Creative Work	Amrita Yoga				
Until 6:35AM then Siddha Yoga					
Until 2:12PM then Marana Yoga					
		Gulika	10:42AM – 12:06PM	Krittika Until 6:35AM	Ganesha: Green <i>Sunrise: 6:28AM</i>
		Yama	7:53AM – 9:17AM	Vaidhriti* Until 1:29PM	Muruqa: White <i>Sunset: 5:44PM</i>
		Rahu	12:06PM – 1:30PM	Visti Until 8:16PM	Nataraja: Yellow Moon – White
				Saptami Until 7:10AM	Phalguna-Masi
					Devaloka Day

	Thursday, March 1, 2012		Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Stamford, CT
	Retreat Star			Sun 22	Sutra 324 Khara 5113
	Vrishabha Rasi: 21.39	Tithi 8 – 9			
937897267					
Routine Work	Marana Yoga				
Until 2:12PM then Siddha Yoga					
		Gulika	9:15AM – 10:41AM	Rohini Until 9:22AM	Ganesha: Red <i>Sunrise: 6:25AM</i>
		Yama	6:25AM – 7:50AM	Vishkambha* Until 2:11PM	Muruqa: White <i>Sunset: 5:46PM</i>
		Rahu	1:31PM – 2:56PM	Balava Until 10:34PM	Nataraja: Yellow Moon – Yellow
				Ashtami* Until 9:28AM	Phalguna-Masi
					Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

1	Friday, March 2, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau			Stamford, CT
	Mithuna Rasi: 3.49	Tithi 9 – 10		Sun 23	Sutra 325 Khara 5113
	937897267				Moon 1 - Phase 44
	Creative Work	Siddha Yoga			4th Phase
		Gulika 7:49AM – 9:15AM	Mrigasira Until 11:41AM	Ganesha: Red <i>Sunrise:</i> 6:24AM	
		Yama 2:56PM – 4:22PM	Priti Until 2:29PM	Muruqa: White <i>Sunset:</i> 5:47PM	
		Rahu 10:40AM – 12:05PM	Taitila Until 12:23AM Sat	Nataraja: Yellow	
			Navami* Until 11:18AM	Moon – Yellow	Sivaloka Day
				Phalguna-Masi	

2	Saturday, March 3, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Stamford, CT
	Mithuna Rasi: 16.19	Tithi 10 – 11		Sun 24	Sutra 326 Khara 5113
	938897267				Moon 1 - Phase 44
	Creative Work	Siddha Yoga			4th Phase
		Gulika 6:22AM – 7:48AM	Ardra Until 12:49PM	Ganesha: Yellow <i>Sunrise:</i> 6:22AM	
		Yama 1:31PM – 2:57PM	Ayushman Until 1:37PM	Muruqa: White <i>Sunset:</i> 5:48PM	
		Rahu 9:14AM – 10:39AM	Vanija Until 11:53PM	Nataraja: Yellow	
			Dasami Until 11:53AM	Moon – Yellow	Sivaloka Day
				Phalguna-Masi	

3	Sunday, March 4, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Stamford, CT
	Mithuna Rasi: 29.11	Tithi 11 – 12		Sun 25	Sutra 327 Khara 5113
	148897267				Moon 1 - Phase 44
	Creative Work	Siddha Yoga			4th Phase
		Gulika 2:57PM – 4:23PM	Punarvasu Until 1:39PM	Ganesha: Green <i>Sunrise:</i> 6:21AM	
		Yama 12:05PM – 1:31PM	Saubhagya Until 12:40PM	Muruqa: White <i>Sunset:</i> 5:49PM	
		Rahu 4:23PM – 5:49PM	Bava Until 12:08AM Mon	Nataraja: Yellow	
			Ekadasi Until 12:08PM	Moon – Blue	Devaloka Day
				Phalguna-Masi	

4	Monday, March 5, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Stamford, CT
	Kataka Rasi: 12.31	Tithi 12 – 13		Sun 26	Sutra 328 Khara 5113
	Family Home Evening	148817267			Moon 1 - Phase 44
	Creative Work	Siddha Yoga			4th Phase
		Gulika 1:31PM – 2:58PM	Pushya Until 1:08PM	Ganesha: Green <i>Sunrise:</i> 6:19AM	
		Yama 10:38AM – 12:05PM	Sobhana Until 10:39AM	Muruqa: White <i>Sunset:</i> 5:51PM	
		Rahu 7:45AM – 9:12AM	Kaulava Until 10:09PM	Nataraja: Yellow	
			Dvadasi Until 11:04AM	Moon – Blue	Devaloka Day
				Phalguna-Masi	
				<i>Pradosha Vrata</i>	

5	Tuesday, March 6, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau			Stamford, CT
	Kataka Rasi: 26.17	Tithi 13 – 14		Sun 27	Sutra 329 Khara 5113
	148817267				Moon 1 - Phase 44
	Creative Work	Siddha Yoga			4th Phase
		Gulika 12:04PM – 1:31PM	Aslesha* Until 12:22PM	Ganesha: Green <i>Sunrise:</i> 6:17AM	
		Yama 9:11AM – 10:38AM	Athiganda* Until 8:20AM	Muruqa: White <i>Sunset:</i> 5:52PM	
		Rahu 2:58PM – 4:25PM	Gara Until 8:43PM	Nataraja: Yellow	
			Trayodasi Until 9:39AM	Moon – Blue	Devaloka Day
		Chidambaram Abhishekam		Phalguna-Masi	

○	Wednesday, March 7, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Stamford, CT
	Copper Retreat Star			Sun 28	Sutra 330 Khara 5113
	Simha Rasi: 10.29	Tithi 14 – 15			Moon 1 - Phase 44
	158817267				Purnima
		Gulika 10:37AM – 12:04PM	Magha* Until 10:34AM	Ganesha: Red <i>Sunrise:</i> 6:16AM	
		Yama 7:43AM – 9:10AM	Dhriti Until 1:24AM Thu	Muruqa: White <i>Sunset:</i> 5:53PM	
		Rahu 12:04PM – 1:31PM	Visti Until 3:55AM Thu	Nataraja: Yellow	
		Holi	Chaturdasi* Until 7:20AM	Moon – Red	Sivaloka Day
				Phalguna-Masi	

○	Thursday, March 8, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau			Stamford, CT
	Silver Retreat Star			Sun 29	Sutra 331 Khara 5113
	Simha Rasi: 25	Tithi 16			Moon 1 - Phase 44
	158817267				Prathama
		Gulika 9:09AM – 10:37AM	Purvaphalguni* Until 8:40AM	Ganesha: Red <i>Sunrise:</i> 6:14AM	
		Yama 6:14AM – 7:42AM	Shula* Until 10:06PM	Muruqa: White <i>Sunset:</i> 5:54PM	
		Rahu 1:31PM – 2:59PM	Balava Until 3:00PM	Nataraja: Yellow	
			Prathama* Until 1:18AM Fri	Moon – Red	Sivaloka Day
				Phalguna-Masi	
				No Yoga	
				Until 8:40AM then Prabalarishta Yoga	
				Until 2.11PM then Siddha Yoga	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



Friday, March 9, 2012
Gold Retreat Star

Kanya Rasi: 9.45 Tithi 17
158817267
Creative Work Siddha Yoga
Until 6:24AM then Amrita Yoga
Until 2.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Tailila/Gara Karana Dvitiya Yam Titau Stamford, CT
Sutra 332
Khara 5113
Moon 2 - Phase 45
1st Phase

Gulika 7:40AM – 9:08AM	Uttaraphalguni Until 6:24AM	Ganesha: Red <i>Sunrise:</i> 6:12AM	
Yama 2:59PM – 4:27PM	Ganda* Until 6:29PM	Muruqa: White <i>Sunset:</i> 5:55PM	
Rahu 10:36AM – 12:04PM	Taitila Until 12:00PM	Nataraja: Yellow	
	Dvitiya Until 10:18PM	Moon – Red	Sivaloka Day
		Phalguna-Masi	

1

Saturday, March 10, 2012

Kanya Rasi: 24.35 Tithi 18
169817267
Routine Work Marana Yoga
Until 2.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiya Yam Titau Stamford, CT
Sutra 333
Khara 5113
Moon 2 - Phase 45
1st Phase

Gulika 6:11AM – 7:39AM	Chitra Until 1:19AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:11AM	
Yama 1:32PM – 3:00PM	Vridhhi Until 2:44PM	Muruqa: White <i>Sunset:</i> 5:56PM	
Rahu 9:07AM – 10:35AM	Vanija Until 8:51AM	Nataraja: Yellow	
	Tritiya Until 7:09PM	Moon – Green	Devaloka Day
		Phalguna-Masi	

2

Sunday, March 11, 2012

Tula Rasi: 9.23 Tithi 19 – 20
169817267
Creative Work Siddha Yoga
Until 2.10PM then Amrita Yoga
Until 10:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchami Yam Titau Stamford, CT
Sutra 334
Khara 5113
Moon 2 - Phase 45
1st Phase

Gulika 3:00PM – 4:29PM	Svati Until 10:59PM	Ganesha: Blue <i>Sunrise:</i> 6:09AM	
Yama 12:03PM – 1:32PM	Dhruva Until 11:03AM	Muruqa: White <i>Sunset:</i> 5:57PM	
Rahu 4:29PM – 5:57PM	Kaulava Until 2:21AM Mon	Nataraja: Yellow	
	Chaturthi* Until 4:04PM	Moon – Green	Devaloka Day
		Phalguna-Masi	

3

Monday, March 12, 2012

Tula Rasi: 24.01 Tithi 20 – 21
179817267
Family Home Evening
Routine Work Marana Yoga
Until 9:59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau Stamford, CT
Sutra 335
Khara 5113
Moon 2 - Phase 45
1st Phase

Gulika 1:32PM – 3:01PM	Visakha Until 9:59PM	Ganesha: Red <i>Sunrise:</i> 6:08AM	
Yama 10:34AM – 12:03PM	Vyaghata* Until 7:43AM	Muruqa: White <i>Sunset:</i> 5:58PM	
Rahu 7:36AM – 9:05AM	Gara Until 12:55AM Tue	Nataraja: Yellow	
	Panchami Until 1:50PM	Moon – Orange	Sivaloka Day
		Phalguna-Masi	

4

Tuesday, March 13, 2012

Vrischika Rasi: 8.24 Tithi 21 – 22
179817267
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau Stamford, CT
Sutra 336
Khara 5113
Moon 2 - Phase 45
1st Phase

Gulika 12:03PM – 1:32PM	Anuradha Until 8:10PM	Ganesha: Red <i>Sunrise:</i> 6:06AM	
Yama 9:04AM – 10:33AM	Vajra* Until 1:46AM Wed	Muruqa: White <i>Sunset:</i> 5:59PM	
Rahu 3:01PM – 4:30PM	Visti Until 10:21PM	Nataraja: Yellow	
	Shasthi* Until 11:16AM	Moon – Orange	Sivaloka Day
		Phalguna-Panguni	

Retreat Star

Wednesday, March 14, 2012

Vrischika Rasi: 22.3 Tithi 22 – 23
179817268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau Stamford, CT
Sutra 337
Khara 5113
Moon 2 - Phase 45
Ashtami

Gulika 10:33AM – 12:02PM	Jyeshtha* Until 6:52PM	Ganesha: Red <i>Sunrise:</i> 6:04AM	
Yama 7:34AM – 9:03AM	Siddhi Until 10:56PM	Muruqa: White <i>Sunset:</i> 6:01PM	
Rahu 12:02PM – 1:32PM	Balava Until 8:18PM	Nataraja: White	
	Saptami Until 9:14AM	Moon – Orange	Subha Sivaloka Day
		Phalguna-Panguni	

Thursday, March 15, 2012

Retreat Star

Dhanus Rasi: 6.18 Tithi 23 – 24
189817268
Creative Work Siddha Yoga
Until 2.09PM then no yoga
Until 6:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau Stamford, CT
Sutra 338
Khara 5113
Moon 2 - Phase 45
Navami

Gulika 9:02AM – 10:32AM	Mula* Until 6:03PM	Ganesha: Green <i>Sunrise:</i> 6:03AM	
Yama 6:03AM – 7:32AM	Vyatipata* Until 8:35PM	Muruqa: White <i>Sunset:</i> 6:02PM	
Rahu 1:32PM – 3:02PM	Taitila Until 6:49PM	Nataraja: White	
	Ashtami* Until 7:44AM	Moon – Light Blue	Sivaloka Day
		Phalguna-Panguni	


1	Friday, March 16, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Stamford, CT
	Dhanus Rasi: 19.5 Tithi 24 – 25 189917268	Gulika 7:31AM – 9:01AM Yama 3:02PM – 4:32PM Rahu 10:32AM – 12:02PM	Purvashadha* Until 6:37PM Variyan Until 7:36PM Vanija Until 6:49PM Navami* Until 6:49AM	Ganesha: White <i>Sunrise:</i> 6:01AM Muruqa: White <i>Sunset:</i> 6:03PM Nataraja: White Moon – Light Blue Phalguna-Panguni	Sun 7 Sutra 339 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 2.08PM then Marana Yoga Until 6:37PM then no yoga					

2	Saturday, March 17, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Stamford, CT
	Makara Rasi: 3.06 Tithi 25 – 26 189917268	Gulika 5:59AM – 7:30AM Yama 1:32PM – 3:03PM Rahu 9:00AM – 10:31AM	Uttarashadha Until 6:44PM Parigha* Until 5:59PM Bava Until 6:16PM Dasami Until 6:16AM	Ganesha: White <i>Sunrise:</i> 5:59AM Muruqa: White <i>Sunset:</i> 6:04PM Nataraja: White Moon – Light Blue Phalguna-Panguni	Sun 8 Sutra 340 Khara 5113 Moon 2 - Phase 46 2nd Phase Sivaloka Day
No Yoga Until 2.08PM then Amrita Yoga					

3	Sunday, March 18, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Stamford, CT
	Makara Rasi: 16.09 Tithi 26 – 27 191917268	Gulika 3:03PM – 4:34PM Yama 12:01PM – 1:32PM Rahu 4:34PM – 6:05PM	Sravana Until 7:15PM Shiva Until 4:46PM Kaulava Until 6:09PM Ekadasi* Until 6:09AM	Ganesha: Purple <i>Sunrise:</i> 5:58AM Muruqa: White <i>Sunset:</i> 6:05PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 9 Sutra 341 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Creative Work Amrita Yoga Until 7:15PM then Siddha Yoga					

4	Monday, March 19, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Tautila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Stamford, CT
	Makara Rasi: 29.01 Tithi 27 – 28 Family Home Evening 191917268	Gulika 1:32PM – 3:03PM Yama 10:30AM – 12:01PM Rahu 7:27AM – 8:58AM	Dhanishtha Until 8:08PM Siddha Until 3:53PM Gara Until 6:26PM Dvadasi* Until 6:26AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 5:56AM Muruqa: White <i>Sunset:</i> 6:06PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 10 Sutra 342 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Creative Work Siddha Yoga Until 2.07PM then Marana Yoga					

5	Tuesday, March 20, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Stamford, CT
	Kumbha Rasi: 11.41 Tithi 28 – 29 191917268	Gulika 12:01PM – 1:32PM Yama 8:57AM – 10:29AM Rahu 3:04PM – 4:35PM	Satabhisha Until 10:39PM Sadhya Until 4:02PM Visti Until 8:16PM Trayodasi* Until 7:11AM	Ganesha: Purple <i>Sunrise:</i> 5:54AM Muruqa: White <i>Sunset:</i> 6:07PM Nataraja: White Moon – Purple Phalguna-Panguni	Sun 11 Sutra 343 Khara 5113 Moon 2 - Phase 46 2nd Phase Subha Subha Sivaloka Day
Routine Work Marana Yoga Until 2.07PM then Siddha Yoga Until 10:39PM then Amrita Yoga					

	Wednesday, March 21, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Stamford, CT
	Retreat Star Kumbha Rasi: 24.1 Tithi 29 – 30 111917268	Gulika 10:28AM – 12:00PM Yama 7:24AM – 8:56AM Rahu 12:00PM – 1:32PM	Purvaprostapada* Until 12:20AM Thu Subha Until 3:45PM Catuspada Until 9:22PM Chaturdasi* Until 8:16AM	Ganesha: Clear <i>Sunrise:</i> 5:53AM Muruqa: White <i>Sunset:</i> 6:08PM Nataraja: White Moon – Clear Phalguna-Panguni	Sun 12 Sutra 344 Khara 5113 Moon 2 - Phase 46 Amavasya Subha Sivaloka Day
Creative Work Amrita Yoga Until 2.07PM then Siddha Yoga					

Retreat Star	Thursday, March 22, 2012	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Stamford, CT
	Meena Rasi: 6.29 Tithi 30 – 1 111917268	Gulika 8:55AM – 10:28AM Yama 5:51AM – 7:23AM Rahu 1:32PM – 3:05PM	Uttaraprostapada Until 2:21AM Fri Sukla Until 3:48PM Kintughna Until 10:50PM Amavasya* Until 9:44AM	Ganesha: Clear <i>Sunrise:</i> 5:51AM Muruqa: White <i>Sunset:</i> 6:09PM Nataraja: White Moon – Clear Chaitra-Panguni	Sun 13 Sutra 345 Khara 5113 Moon 2 - Phase 46 Prathama Subha Sivaloka Day
Creative Work Siddha Yoga					

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %oig Veda 1.89.8. RvP,287

1	Friday, March 23, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Stamford, CT
	Mesha Rasi: 18.38	Tithi 1 – 2					Sun 14 Sutra 346 Khara 5113
		121917268	Gulika 7:22AM – 8:54AM Yama 3:05PM – 4:38PM Rahu 10:27AM – 12:00PM	Revati Until 4:43AM Sat Brahma Until 4:09PM Balava Until 12:40AM Sat Prathama* Until 11:34AM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear Chaitra•Panguni	<i>Sunrise:</i> 5:49AM <i>Sunset:</i> 6:10PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 2.06PM then Prabarishtha Yoga Until 4:43AM Sat then Siddha Yoga							

2	Saturday, March 24, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Stamford, CT
	Mesha Rasi: 0.39	Tithi 2 – 3					Sun 15 Sutra 347 Khara 5113
		121917268	Gulika 5:47AM – 7:20AM Yama 1:32PM – 3:05PM Rahu 8:53AM – 10:26AM	Asvini Until 7:36AM Sun Indra Until 4:46PM Taitila Until 2:49AM Sun Dvitiya Until 1:43PM	Ganesha: Orange Muruqa: White Nataraja: White Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:47AM <i>Sunset:</i> 6:11PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 7:36AM Sun then no yoga Chellappaswami Mahasamadhi							

3	Sunday, March 25, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Stamford, CT
	Mesha Rasi: 12.32	Tithi 3 – 4					Sun 16 Sutra 348 Khara 5113
		121917268	Gulika 3:06PM – 4:39PM Yama 11:59AM – 1:32PM Rahu 4:39PM – 6:12PM	Asvini Until 7:36AM Vaidhriti* Until 5:37PM Vanija Until 5:14AM Mon Tritiya Until 4:08PM	Ganesha: Orange Muruqa: White Nataraja: White Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:46AM <i>Sunset:</i> 6:12PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 7:36AM then no yoga Until 2.06PM then Siddha Yoga							

4	Monday, March 26, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti* Karana Chaturthi* Yam Titau				Stamford, CT
	Mesha Rasi: 24.2	Tithi 4					Sun 17 Sutra 349 Khara 5113
	Family Home Evening	121917268	Gulika 1:32PM – 3:06PM Yama 10:25AM – 11:59AM Rahu 7:18AM – 8:51AM	Bharani Until 10:40AM Vishkambha* Until 6:37PM Visti Until 7:49AM Tue Chaturthi* Until 6:44PM	Ganesha: Orange Muruqa: White Nataraja: White Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:44AM <i>Sunset:</i> 6:13PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 10:40AM then no yoga Until 2.05PM then Siddha Yoga							

5	Tuesday, March 27, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau				Stamford, CT
	Virshabha Rasi: 6.06	Tithi 5					Sun 18 Sutra 350 Khara 5113
		121917268	Gulika 11:58AM – 1:32PM Yama 8:50AM – 10:24AM Rahu 3:06PM – 4:40PM	Krittika Until 1:47PM Priti Until 7:40PM Bava Until 8:18AM Panchami Until 9:23PM	Ganesha: Orange Muruqa: White Nataraja: White Moon – White Chaitra•Panguni	<i>Sunrise:</i> 5:42AM <i>Sunset:</i> 6:14PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 1:47PM then Amrita Yoga Until 2.05PM then Siddha Yoga							

6	Wednesday, March 28, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Stamford, CT
	Virshabha Rasi: 17.55	Tithi 6					Sun 19 Sutra 351 Khara 5113
		132917268	Gulika 10:24AM – 11:58AM Yama 7:15AM – 8:49AM Rahu 11:58AM – 1:33PM	Rohini Until 4:50PM Ayushman Until 8:39PM Kaulava Until 10:52AM Shasthi* Until 11:58PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:41AM <i>Sunset:</i> 6:16PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 2.05PM then Marana Yoga							

Retreat Star	Thursday, March 29, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptami Yam Titau				Stamford, CT
	Virshabha Rasi: 29.51	Tithi 7					Sun 20 Sutra 352 Khara 5113
		132917268	Gulika 8:49AM – 10:23AM Yama 5:39AM – 7:14AM Rahu 1:33PM – 3:07PM	Mrigasira Until 7:38PM Saubhagya Until 9:25PM Gara Until 1:11PM Saptami Until 2:16AM Fri	Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:39AM <i>Sunset:</i> 6:17PM	Moon 2 - Phase 47 3rd Phase Subha Sivaloka Day
Routine Work Marana Yoga Until 2.04PM then Siddha Yoga							

Retreat Star	Friday, March 30, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtami* Yam Titau				Stamford, CT
	Mithuna Rasi: 11.59	Tithi 8					Sun 21 Sutra 353 Khara 5113
		132917268	Gulika 7:13AM – 8:48AM Yama 3:08PM – 4:43PM Rahu 10:23AM – 11:58AM	Ardra Until 10:02PM Sobhana Until 9:48PM Visti Until 3:02PM Ashtami* Until 4:07AM Sat	Ganesha: Red Muruqa: White Nataraja: White Moon – Yellow Chaitra•Panguni	<i>Sunrise:</i> 5:37AM <i>Sunset:</i> 6:18PM	Moon 2 - Phase 47 Ashtami Subha Sivaloka Day
Creative Work Siddha Yoga Until 10:02PM then Marana Yoga							

Retreat Star	Saturday, March 31, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navami* Yam Titau				Stamford, CT
	Mithuna Rasi: 24.26	Tithi 9					Sun 22 Sutra 354 Khara 5113
		142917268	Gulika 5:36AM – 7:11AM Yama 1:33PM – 3:08PM Rahu 8:47AM – 10:22AM	Punarvasu Until 10:27PM Athiganda* Until 8:30PM Balava Until 3:22PM Navami* Until 3:22AM Sun	Ganesha: Blue Muruqa: White Nataraja: White Moon – Blue Chaitra•Panguni	<i>Sunrise:</i> 5:36AM <i>Sunset:</i> 6:19PM	Moon 2 - Phase 47 Navami Sivaloka Day
Routine Work Marana Yoga Until 2.04PM then Siddha Yoga Sri Rama Navami							

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

1	Sunday, April 1, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dasami Yam Titau		Stamford, CT
					Sun 23 Sutra 355 Khara 5113
Kataka Rasi: 7.15	Tithi 10	142917268	Gulika 3:08PM – 4:43PM Yama 11:57AM – 1:33PM Rahu 4:43PM – 6:19PM	Pushya Until 11:23PM Sukarma Until 7:41PM Taitila Until 3:42PM Dasami Until 3:42AM Mon	Ganesha: Blue <i>Sunrise:</i> 5:36AM Muruqa: White <i>Sunset:</i> 6:19PM Nataraja: White Moon – Blue Chaitra•Panguni
Creative Work	Siddha Yoga				Sivaloka Day

2	Monday, April 2, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Stamford, CT
					Sun 24 Sutra 356 Khara 5113
Kataka Rasi: 20.32	Tithi 11	142917268	Gulika 1:33PM – 3:08PM Yama 10:21AM – 11:57AM Rahu 7:10AM – 8:46AM	Aslesha* Until 10:14PM Dhriti Until 5:17PM Vanija Until 2:25PM Ekadasi Until 1:29AM Tue	Ganesha: Blue <i>Sunrise:</i> 5:34AM Muruqa: White <i>Sunset:</i> 6:20PM Nataraja: White Moon – Blue Chaitra•Panguni
Family Home Evening	Siddha Yoga		Yogaswami Mahasamadhi		Sivaloka Day

3	Tuesday, April 3, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Stamford, CT
					Sun 25 Sutra 357 Khara 5113
Simha Rasi: 4.17	Tithi 12	152917268	Gulika 11:57AM – 1:33PM Yama 8:45AM – 10:21AM Rahu 3:09PM – 4:45PM	Magha* Until 9:30PM Shula* Until 3:01PM Bava Until 12:59PM Dvadasi Until 12:04AM Wed	Ganesha: Yellow <i>Sunrise:</i> 5:33AM Muruqa: White <i>Sunset:</i> 6:21PM Nataraja: White Moon – Red Chaitra•Panguni
Creative Work	Siddha Yoga		Until 9:30PM then Amrita Yoga		Subha Sivaloka Day

4	Wednesday, April 4, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Stamford, CT
					Sun 26 Sutra 358 Khara 5113
Simha Rasi: 18.31	Tithi 13	152917268	Gulika 10:20AM – 11:56AM Yama 7:07AM – 8:44AM Rahu 11:56AM – 1:33PM	Purvaphalguni* Until 7:02PM Ganda* Until 11:38AM Kaulava Until 10:21AM Trayodasi Until 8:38PM <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise:</i> 5:31AM Muruqa: White <i>Sunset:</i> 6:22PM Nataraja: White Moon – Red Chaitra•Panguni
Creative Work	Amrita Yoga		Until 2:03PM then no yoga		Subha Sivaloka Day
			Until 7:02PM then Prabalarishta Yoga		

5	Thursday, April 5, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Stamford, CT
					Sun 27 Sutra 359 Khara 5113
Kanya Rasi: 3.1	Tithi 14 – 15	152917268	Gulika 8:43AM – 10:19AM Yama 5:29AM – 7:06AM Rahu 1:33PM – 3:10PM	Uttaraphalguni Until 4:56PM Vridhi Until 8:11AM Gara Until 7:30AM Chaturdasi* Until 5:47PM	Ganesha: Yellow <i>Sunrise:</i> 5:29AM Muruqa: White <i>Sunset:</i> 6:23PM Nataraja: White Moon – Red Chaitra•Panguni
Routine Work	Prabalarishta Yoga		Until 2:03PM then Siddha Yoga		Subha Sivaloka Day
			Until 4:56PM then Amrita Yoga		

○	Friday, April 6, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Stamford, CT
	Copper Retreat Star				Sun 28 Sutra 360 Khara 5113
Kanya Rasi: 18.07	Tithi 15 – 16	162917268	Gulika 7:05AM – 8:42AM Yama 3:10PM – 4:47PM Rahu 10:19AM – 11:56AM	Hasta Until 2:21PM Vyaghata* Until 12:17AM Sat Balava Until 12:42AM Sat Purnima* Until 2:25PM	Ganesha: White <i>Sunrise:</i> 5:28AM Muruqa: White <i>Sunset:</i> 6:24PM Nataraja: White Moon – Green Chaitra•Panguni
Creative Work	Amrita Yoga		Until 2:02PM then Marana Yoga		Sivaloka Day
			Panguni Uttiram Hanuman Jayanti		

○	Saturday, April 7, 2012		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Stamford, CT
	Silver Retreat Star				Sun 29 Sutra 361 Khara 5113
Tula Rasi: 3.14	Tithi 16 – 17	162917268	Gulika 5:26AM – 7:03AM Yama 1:33PM – 3:10PM Rahu 8:41AM – 10:18AM	Chitra Until 11:30AM Harshana Until 8:09PM Taitila Until 9:03PM Prathama* Until 10:46AM	Ganesha: White <i>Sunrise:</i> 5:26AM Muruqa: White <i>Sunset:</i> 6:25PM Nataraja: White Moon – Green Chaitra•Panguni
Routine Work	Marana Yoga		Until 11:30AM then Siddha Yoga		Sivaloka Day



Sunday, April 8, 2012
Gold Retreat Star

Tula Rasi: 18.21 Tithi 17 - 18
162917268
Creative Work Siddha Yoga
Until 8:38AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Vajra*/Siddhi Yoga Gara/Visti* Karana Dvitiya/Tritiya Yam Titau Stamford, CT
Sun 1 Sutra 362
Khara 5113
Moon 3 - Phase 49
1st Phase
Sivaloka Day

Gulika 3:11PM - 4:48PM	Svati Until 8:38AM	Ganesha: White <i>Sunrise:</i> 5:24AM
Yama 11:55AM - 1:33PM	Vajra* Until 3:59PM	Muruqa: White <i>Sunset:</i> 6:26PM
Rahu 4:48PM - 6:26PM	Visti Until 3:40AM Mon	Nataraja: White
	Dvitiya Until 7:06AM	Chaitra•Panguni



Monday, April 9, 2012

Vrischika Rasi: 3.2 Tithi 19
Family Home Evening 172917268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Chaturthi* Yam Titau Stamford, CT
Sun 2 Sutra 363
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Gulika 1:33PM - 3:11PM	Anuradha Until 3:20AM Tue	Ganesha: Clear <i>Sunrise:</i> 5:23AM
Yama 10:17AM - 11:55AM	Siddhi Until 12:02PM	Muruqa: White <i>Sunset:</i> 6:27PM
Rahu 7:01AM - 8:39AM	Bava Until 1:57PM	Nataraja: White
	Chaturthi* Until 12:14AM Tue	Chaitra•Panguni



Tuesday, April 10, 2012

Vrischika Rasi: 18.03 Tithi 20
173117268
Creative Work Siddha Yoga
Until 2:29AM Wed then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau Stamford, CT
Sun 3 Sutra 364
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Gulika 11:55AM - 1:33PM	Jyeshtha* Until 2:29AM Wed	Ganesha: Blue <i>Sunrise:</i> 5:21AM
Yama 8:38AM - 10:16AM	Vyatipata* Until 8:39AM	Muruqa: White <i>Sunset:</i> 6:28PM
Rahu 3:11PM - 4:50PM	Kaulava Until 11:22AM	Nataraja: White
	Panchami Until 10:26PM	Chaitra•Panguni



Wednesday, April 11, 2012

Dhanus Rasi: 2.25 Tithi 21
183117268
Routine Work Marana Yoga
Until 2:01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Gara/Vanija Karana Shasthi* Yam Titau Stamford, CT
Sun 4 Sutra 365
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Gulika 10:16AM - 11:54AM	Mula* Until 12:43AM Thu	Ganesha: Red <i>Sunrise:</i> 5:20AM
Yama 6:58AM - 8:37AM	Parigha* Until 2:46AM Thu	Muruqa: White <i>Sunset:</i> 6:29PM
Rahu 11:54AM - 1:33PM	Gara Until 8:48AM	Nataraja: White
	Shasthi* Until 7:53PM	Chaitra•Panguni



Thursday, April 12, 2012

Dhanus Rasi: 16.23 Tithi 22
183117268
Creative Work Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha* Nakshatra Shiva Yoga Visti*/Bava Karana Saptami Yam Titau Stamford, CT
Sun 5 Sutra 366
Khara 5113
Moon 3 - Phase 49
1st Phase
Subha Sivaloka Day

Gulika 8:36AM - 10:15AM	Purvashadha* Until 11:37PM	Ganesha: Red <i>Sunrise:</i> 5:18AM
Yama 5:18AM - 6:57AM	Shiva Until 12:10AM Fri	Muruqa: White <i>Sunset:</i> 6:30PM
Rahu 1:33PM - 3:12PM	Visti Until 6:58AM	Nataraja: White
	Saptami Until 6:02PM	Chaitra•Panguni



Friday, April 13, 2012
Retreat Star

Dhanus Rasi: 29.59 Tithi 23 - 24
183117268
Creative Work Siddha Yoga
Until 2:00PM then no yoga
Until 12:30AM Sat then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau Stamford, CT
Sun 6 Sutra 1
Nandana 5114
Moon 3 - Phase 49
Ashtami
Subha Sivaloka Day

Gulika 6:56AM - 8:35AM	Uttarashadha Until 12:30AM Sat	Ganesha: Red <i>Sunrise:</i> 5:16AM
Yama 3:13PM - 4:52PM	Siddha Until 11:21PM	Muruqa: White <i>Sunset:</i> 6:31PM
Rahu 10:15AM - 11:54AM	Taitila Until 5:50AM Sat	Nataraja: White
	Ashtami* Until 5:50PM	Chaitra•Chaitra

Saturday, April 14, 2012
Retreat Star

Makara Rasi: 13.13 Tithi 24 - 25
293117268
Creative Work Siddha Yoga
Until 2:00PM then Amrita Yoga
Until 12:42AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau Stamford, CT
Sun 7 Sutra 2
Nandana 5114
Moon 3 - Phase 49
Navami
Subha Sivaloka Day

Gulika 5:15AM - 6:55AM	Sravana Until 12:42AM Sun	Ganesha: Red <i>Sunrise:</i> 5:15AM
Yama 1:33PM - 3:13PM	Sadhya Until 9:51PM	Muruqa: White <i>Sunset:</i> 6:33PM
Rahu 8:34AM - 10:14AM	Vanija Until 5:20AM Sun	Nataraja: White
Chidambaram Abhishekam	Navami* Until 5:20PM	Chaitra•Chaitra

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM


1	Sunday, April 15, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau					Stamford, CT
	Makara Rasi: 26.07 Tithi 25 – 26 293117268	Gulika 3:14PM – 4:54PM Yama 11:53AM – 1:33PM Rahu 4:54PM – 6:34PM	Dhanishtha Until 1:28AM Mon Subha Until 8:54PM Bava Until 5:28AM Mon Dasami Until 5:28PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple Chaitra-Chaitra	<i>Sunrise:</i> 5:13AM <i>Sunset:</i> 6:34PM	Sun 8 Nandana 5114 Moon 3 - Phase 1 2nd Phase	Sutra 3 Subha Sivaloka Day
	Creative Work Siddha Yoga						

2	Monday, April 16, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau					Stamford, CT
	Kumbha Rasi: 8.46 Tithi 26 Family Home Evening 293117268 Creative Work Siddha Yoga Until 2.00PM then Marana Yoga	Gulika 1:34PM – 3:14PM Yama 10:13AM – 11:53AM Rahu 6:52AM – 8:33AM	Satabhisha Until 4:28AM Tue Sukla Until 9:30PM Bava Until 6:09AM Ekadasi* Until 7:14PM	Ganesha: Red Muruqa: White Nataraja: White Moon – Purple Chaitra-Chaitra	<i>Sunrise:</i> 5:12AM <i>Sunset:</i> 6:35PM	Sun 9 Nandana 5114 Moon 3 - Phase 1 2nd Phase	Sutra 4 Subha Sivaloka Day

3	Tuesday, April 17, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau					Stamford, CT
	Kumbha Rasi: 21.11 Tithi 27 213117268	Gulika 11:53AM – 1:34PM Yama 8:32AM – 10:12AM Rahu 3:14PM – 4:55PM	Purvaprostapada* Until 6:17AM Wed Brahma Until 9:22PM Kaulava Until 7:21AM Dvadasi* Until 8:26PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear Chaitra-Chaitra	<i>Sunrise:</i> 5:10AM <i>Sunset:</i> 6:36PM	Sun 10 Nandana 5114 Moon 3 - Phase 1 2nd Phase	Sutra 5 Subha Sivaloka Day
	Routine Work Marana Yoga Until 1.59PM then Amrita Yoga Until 6:17AM Wed then Siddha Yoga						

4	Wednesday, April 18, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau					Stamford, CT
	Meena Rasi: 3.26 Tithi 28 213117268	Gulika 10:12AM – 11:53AM Yama 6:50AM – 8:31AM Rahu 11:53AM – 1:34PM	Uttaraprostapada Until 8:15AM Thu Indra Until 9:34PM Gara Until 8:56AM Trayodasi* Until 10:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear Chaitra-Chaitra	<i>Sunrise:</i> 5:09AM <i>Sunset:</i> 6:37PM	Sun 11 Nandana 5114 Moon 3 - Phase 1 2nd Phase	Sutra 6 Subha Sivaloka Day
	Creative Work Siddha Yoga						

5	Thursday, April 19, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Vaidhrili* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau					Stamford, CT
	Meena Rasi: 15.32 Tithi 29 213117268	Gulika 8:30AM – 10:11AM Yama 5:07AM – 6:49AM Rahu 1:34PM – 3:15PM	Uttaraprostapada Until 8:15AM Vaidhrili* Until 10:03PM Visti Until 10:52AM Chaturdasi* Until 11:57PM	Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear Chaitra-Chaitra	<i>Sunrise:</i> 5:07AM <i>Sunset:</i> 6:38PM	Sun 12 Nandana 5114 Moon 3 - Phase 1 2nd Phase	Sutra 7 Subha Sivaloka Day
	Creative Work Siddha Yoga						

	Friday, April 20, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau					Stamford, CT
	Meena Rasi: 27.31 Tithi 30 213117268	Gulika 6:47AM – 8:29AM Yama 3:16PM – 4:57PM Rahu 10:11AM – 11:52AM	Revati Until 10:59AM Vishkambha* Until 10:46PM Catuspada Until 1:03PM Amavasya* Until 2:08AM Sat	Ganesha: Clear Muruqa: White Nataraja: White Moon – Clear Chaitra-Chaitra	<i>Sunrise:</i> 5:06AM <i>Sunset:</i> 6:39PM	Sun 13 Nandana 5114 Moon 3 - Phase 1 Amavasya	Sutra 8 Subha Sivaloka Day
	Creative Work Siddha Yoga Until 10:59AM then Amrita Yoga Until 1.59PM then Siddha Yoga						

Retreat Star	Saturday, April 21, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Asvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathama* Yam Titau					Stamford, CT
	Mesha Rasi: 9.23 Tithi 1 223117268	Gulika 5:04AM – 6:46AM Yama 1:34PM – 3:16PM Rahu 8:28AM – 10:10AM	Asvini Until 1:54PM Priti Until 11:39PM Kintughna Until 3:27PM Prathama* Until 4:33AM Sun	Ganesha: Orange Muruqa: White Nataraja: White Moon – White Vaisaka-Chaitra	<i>Sunrise:</i> 5:04AM <i>Sunset:</i> 6:40PM	Sun 14 Nandana 5114 Moon 3 - Phase 1 Prathama	Sutra 9 Subha Sivaloka Day
	Creative Work Siddha Yoga Until 1:54PM then no yoga						

1	Sunday, April 22, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiya Yam Titau					Stamford, CT
	Mesha Rasi: 21.12 Tithi 2 No Yoga Until 1.58PM then Siddha Yoga Until 4:56PM then no yoga	223117268	Gulika 3:16PM – 4:59PM Yama 11:52AM – 1:34PM Rahu 4:59PM – 6:41PM	Bharani Until 4:56PM Ayushman Until 12:40AM Mon Balava Until 6:00PM Dvitiya Until 7:31AM Mon	Ganesha: Orange <i>Sunrise:</i> 5:03AM Muruqa: White <i>Sunset:</i> 6:41PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase Subha Sivaloka Day	

2	Monday, April 23, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau					Stamford, CT
	Wrishabha Rasi: 2.58 Tithi 2 – 3 Family Home Evening No Yoga Until 1.58PM then Siddha Yoga Until 8:03PM then Amrita Yoga	223117268	Gulika 1:34PM – 3:17PM Yama 10:09AM – 11:52AM Rahu 6:44AM – 8:27AM	Krittika Until 8:03PM Saubhagya Until 1:44AM Tue Taitila Until 8:36PM Dvitiya Until 7:31AM	Ganesha: Orange <i>Sunrise:</i> 5:01AM Muruqa: White <i>Sunset:</i> 6:42PM Nataraja: White Moon – White Vaisaka-Chaitra	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase Subha Sivaloka Day	

3	Tuesday, April 24, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau					Stamford, CT
	Wrishabha Rasi: 14.46 Tithi 3 – 4 Creative Work Amrita Yoga Until 1.58PM then Siddha Yoga	233117269	Gulika 11:52AM – 1:34PM Yama 8:26AM – 10:09AM Rahu 3:17PM – 5:00PM	Rohini Until 11:08PM Sobhana Until 2:47AM Wed Vanija Until 11:11PM Tritiya Until 10:06AM	Ganesha: Clear <i>Sunrise:</i> 5:00AM Muruqa: White <i>Sunset:</i> 6:43PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase Sivaloka Day	

4	Wednesday, April 25, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Stamford, CT
	Wrishabha Rasi: 26.37 Tithi 4 – 5 Creative Work Siddha Yoga Until 1.58PM then Marana Yoga	234117269	Gulika 10:08AM – 11:51AM Yama 6:42AM – 8:25AM Rahu 11:51AM – 1:35PM	Mrigasira Until 2:05AM Thu Athiganda* Until 3:43AM Thu Bava Until 1:38AM Thu Chaturthi* Until 12:32PM	Ganesha: White <i>Sunrise:</i> 4:59AM Muruqa: White <i>Sunset:</i> 6:44PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase Devaloka Day	

5	Thursday, April 26, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Stamford, CT
	Mithuna Rasi: 9 Tithi 5 – 6 Routine Work Marana Yoga Until 1.58PM then Siddha Yoga	234117269	Gulika 8:24AM – 10:08AM Yama 4:57AM – 6:41AM Rahu 1:35PM – 3:18PM	Ardra Until 4:48AM Fri Sukarma Until 4:25AM Fri Kaulava Until 3:48AM Fri Panchami Until 2:42PM	Ganesha: White <i>Sunrise:</i> 4:57AM Muruqa: White <i>Sunset:</i> 6:45PM Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase Devaloka Day	

6	Friday, April 27, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau					Stamford, CT
	Mithuna Rasi: 20.46 Tithi 6 – 7 Creative Work Siddha Yoga Until 1.58PM then Marana Yoga Until 6:14AM Sat then Siddha Yoga	244117269	Gulika 6:40AM – 8:23AM Yama 3:19PM – 5:02PM Rahu 10:07AM – 11:51AM	Punarvasu Until 6:14AM Sat Dhriti Until 4:46AM Sat Gara Until 5:32AM Sat Shasthi* Until 4:27PM	Ganesha: Clear <i>Sunrise:</i> 4:56AM Muruqa: White <i>Sunset:</i> 6:46PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase Sivaloka Day	

Retreat Star	Saturday, April 28, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Stamford, CT
	Kataka Rasi: 3.13 Tithi 7 – 8 Routine Work Marana Yoga Until 6:14AM then Siddha Yoga	244117269	Gulika 4:54AM – 6:39AM Yama 1:35PM – 3:19PM Rahu 8:23AM – 10:07AM	Punarvasu Until 6:14AM Shula* Until 3:00AM Sun Visti Until 4:39AM Sun Saptami Until 4:39PM	Ganesha: Clear <i>Sunrise:</i> 4:54AM Muruqa: White <i>Sunset:</i> 6:47PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase Sivaloka Day	

Retreat Star	Sunday, April 29, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Stamford, CT
	Kataka Rasi: 15.59 Tithi 8 – 9 Creative Work Siddha Yoga	244117269	Gulika 3:20PM – 5:04PM Yama 11:51AM – 1:35PM Rahu 5:04PM – 6:48PM	Pushya Until 7:15AM Ganda* Until 2:18AM Mon Balava Until 5:02AM Mon Ashtami* Until 5:02PM	Ganesha: Clear <i>Sunrise:</i> 4:53AM Muruqa: White <i>Sunset:</i> 6:48PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami Sivaloka Day	

Retreat Star	Monday, April 30, 2012	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau					Stamford, CT
	Kataka Rasi: 29.1 Tithi 9 – 10 Family Home Evening Creative Work Siddha Yoga	244117269	Gulika 1:35PM – 3:20PM Yama 10:06AM – 11:51AM Rahu 6:37AM – 8:21AM	Aslesha* Until 7:25AM Vriddhi Until 11:37PM Taitila Until 2:52AM Tue Navami* Until 3:48PM	Ganesha: Clear <i>Sunrise:</i> 4:52AM Muruqa: White <i>Sunset:</i> 6:49PM Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami Sivaloka Day	


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. *Krishna Yajur Veda, Maitu 4.3. bo UpR, 810*

1	Tuesday, May 1, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Stamford, CT
	Simha Rasi: 12.49 Titthi 10 – 11	Magha*/Purvaphalguni* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Sun 24 Sutra 19
	254117269	Gulika 11:50AM – 1:36PM	Magha* Until 6:54AM	Ganesha: Purple <i>Sunrise:</i> 4:49AM	Nandana 5114
		Yama 8:20AM – 10:05AM	Dhruva Until 9:35PM	Muruqa: White <i>Sunset:</i> 6:52PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		Rahu 3:21PM – 5:06PM	Vanija Until 1:39AM Wed	Nataraja: Clear	4th Phase
Until 1.57PM then Amrita Yoga			Dasami Until 2:34PM	Vaisaka-Chaitra	Devaloka Day

2	Wednesday, May 2, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Stamford, CT
	Simha Rasi: 26.55 Titthi 11 – 12	Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Sun 25 Sutra 20
	254117269	Gulika 10:05AM – 11:50AM	Uttaraphalguni Until 2:57AM Thu	Ganesha: Purple <i>Sunrise:</i> 4:48AM	Nandana 5114
		Yama 6:34AM – 8:19AM	Vyaghata* Until 6:01PM	Muruqa: White <i>Sunset:</i> 6:53PM	Moon 3 - Phase 3
Creative Work Amrita Yoga		Rahu 11:50AM – 1:36PM	Bava Until 10:18PM	Nataraja: Clear	4th Phase
Until 1.57PM then Prabalarishta Yoga			Ekadasi Until 12:01PM	Moon – Red	Devaloka Day
Until 2:57AM Thu then no yoga				Vaisaka-Chaitra	

3	Thursday, May 3, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Stamford, CT
	Kanya Rasi: 11.26 Titthi 12 – 13	Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26 Sutra 21
	264117269	Gulika 8:19AM – 10:04AM	Hasta Until 1:02AM Fri	Ganesha: Clear <i>Sunrise:</i> 4:47AM	Nandana 5114
		Yama 4:47AM – 6:33AM	Harshana Until 2:45PM	Muruqa: White <i>Sunset:</i> 6:54PM	Moon 3 - Phase 3
No Yoga		Rahu 1:36PM – 3:22PM	Kaulava Until 7:37PM	Nataraja: Clear	4th Phase
Until 1.57PM then Amrita Yoga			Dvadasi Until 9:20AM	Moon – Green	Sivaloka Day
Until 1:02AM Fri then Siddha Yoga			<i>Pradosha Vrata</i>	Vaisaka-Chaitra	

4	Friday, May 4, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Stamford, CT
	Kanya Rasi: 26.2 Titthi 13 – 14	Chitra Nakshatra Vajra*/Siddhi Yoga Tailita/Vanija Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27 Sutra 22
	264117269	Gulika 6:32AM – 8:18AM	Chitra Until 10:32PM	Ganesha: Clear <i>Sunrise:</i> 4:46AM	Nandana 5114
		Yama 3:22PM – 5:09PM	Vajra* Until 10:58AM	Muruqa: White <i>Sunset:</i> 6:55PM	Moon 3 - Phase 3
Creative Work Siddha Yoga		Rahu 10:04AM – 11:50AM	Vanija Until 2:37AM Sat	Nataraja: Clear	4th Phase
Until 1.57PM then Marana Yoga			Trayodasi Until 6:03AM	Moon – Green	Sivaloka Day
Until 10:32PM then Siddha Yoga				Vaisaka-Chaitra	

	Saturday, May 5, 2012	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Stamford, CT
	Copper Retreat Star	Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Sutra 23
	Tula Rasi: 11.28 Titthi 15				Nandana 5114
	264217269	Gulika 4:44AM – 6:31AM	Svati Until 7:40PM	Ganesha: White <i>Sunrise:</i> 4:44AM	Moon 3 - Phase 3
		Yama 1:36PM – 3:23PM	Siddhi Until 6:49AM	Muruqa: White <i>Sunset:</i> 6:56PM	Purnima
Creative Work Siddha Yoga		Rahu 8:17AM – 10:04AM	Visti Until 12:38PM	Nataraja: Clear	
Until 7:40PM then Marana Yoga			Purnima* Until 10:55PM	Moon – Green	Subha Sivaloka Day
				Vaisaka-Chaitra	

Sunday, May 6, 2012	Silver Retreat Star	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Stamford, CT
		Visakha/Anuradha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Sutra 24
	Tula Rasi: 26.41 Titthi 16				Nandana 5114
	274217269	Gulika 3:23PM – 5:10PM	Visakha Until 4:39PM	Ganesha: Yellow <i>Sunrise:</i> 4:43AM	Moon 3 - Phase 3
		Yama 11:50AM – 1:37PM	Variyan Until 10:32PM	Muruqa: White <i>Sunset:</i> 6:57PM	Prathama
Routine Work Marana Yoga		Rahu 5:10PM – 6:57PM	Balava Until 8:46AM	Nataraja: Clear	
Until 4:39PM then Siddha Yoga			Prathama* Until 7:03PM	Moon – Orange	Sivaloka Day
				Vaisaka-Chaitra	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393