



**Tuesday, April 19, 2011**  
**Gold Retreat Star**

Tula Rasi: 23.52    Tithi 17 – 18  
272456158  
Routine Work    Marana Yoga  
Until 1.59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    11:53AM – 1:35PM    **Visakha Until 9:09PM**  
**Yama**        8:30AM – 10:12AM        Siddhi Until 12:38PM  
**Rahu**         3:17PM – 4:58PM         Vanija Until 1:09AM Wed  
Dvitiya Until 2:52PM

**Ganesha:** Yellow    *Sunrise:* 5:07AM  
**Muruqa:** Yellow    *Sunset:* 6:40PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Albany, NY  
**Sutra 7**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**Wednesday, April 20, 2011**

**1**

Wrishchika Rasi: 8.28    Tithi 18 – 19  
272456158  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\*/Variyan Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    10:11AM – 11:53AM    **Anuradha Until 8:04PM**  
**Yama**        6:47AM – 8:29AM        Vyatipata\* Until 9:30AM  
**Rahu**         11:53AM – 1:35PM        Bava Until 11:38PM  
Tritiya Until 12:34PM

**Ganesha:** Yellow    *Sunrise:* 5:05AM  
**Muruqa:** Yellow    *Sunset:* 6:41PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Albany, NY  
**Sun 1**  
**Sutra 8**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**Thursday, April 21, 2011**

**2**

Wrishchika Rasi: 22.37    Tithi 19 – 20  
272456158  
Creative Work    Siddha Yoga  
Until 1.58PM then Prabalarishla Yoga  
Until 6:39PM then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika**    8:28AM – 10:11AM    **Jyeshtha\* Until 6:39PM**  
**Yama**        5:04AM – 6:46AM        Variyan Until 6:37AM  
**Rahu**         1:35PM – 3:17PM         Kaulava Until 9:27PM  
Chaturthi\* Until 10:22AM

**Ganesha:** Yellow    *Sunrise:* 5:04AM  
**Muruqa:** Yellow    *Sunset:* 6:42PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra-Chaitra**

Albany, NY  
**Sun 2**  
**Sutra 9**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Devaloka Day**

**Friday, April 22, 2011**

**3**

Dhanus Rasi: 6.19    Tithi 20 – 21  
282456158  
No Yoga  
Until 1.58PM then Siddha Yoga  
Until 6:58PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    6:45AM – 8:27AM    **Mula\* Until 6:58PM**  
**Yama**        3:18PM – 5:00PM        Shiva Until 3:15AM Sat  
**Rahu**         10:10AM – 11:53AM        Gara Until 9:20PM  
Panchami Until 9:20AM

**Ganesha:** Blue        *Sunrise:* 5:02AM  
**Muruqa:** Yellow    *Sunset:* 6:43PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Albany, NY  
**Sun 3**  
**Sutra 10**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**Saturday, April 23, 2011**

**4**

Dhanus Rasi: 19.31    Tithi 21 – 22  
282466158  
Routine Work    Marana Yoga  
Until 1.58PM then Siddha Yoga  
Until 7:12PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Siddha Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    5:01AM – 6:44AM    **Purvashadha\* Until 7:12PM**  
**Yama**        1:35PM – 3:18PM        Siddha Until 1:47AM Sun  
**Rahu**         8:27AM – 10:10AM        Visti Until 8:51PM  
Shasthi\* Until 8:51AM

**Ganesha:** Blue        *Sunrise:* 5:01AM  
**Muruqa:** Red         *Sunset:* 6:44PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Albany, NY  
**Sun 4**  
**Sutra 11**  
Khara 5113  
Moon 4 - Phase 1  
1st Phase

**Sivaloka Day**

**Sunday, April 24, 2011**



**Retreat Star**

Makara Rasi: 2.19    Tithi 22 – 23  
283466158  
Creative Work    Amrita Yoga  
Until 1.58PM then Marana Yoga  
Until 9:23PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    3:19PM – 5:02PM    **Uttarashadha Until 9:23PM**  
**Yama**        11:52AM – 1:36PM        Sadhya Until 2:30AM Mon  
**Rahu**         5:02PM – 6:45PM         Balava Until 10:36PM  
Saptami Until 9:31AM

**Ganesha:** Red         *Sunrise:* 4:59AM  
**Muruqa:** Red         *Sunset:* 6:45PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra-Chaitra**

Albany, NY  
**Sun 5**  
**Sutra 12**  
Khara 5113  
Moon 4 - Phase 1  
Ashtami

**Devaloka Day**

**Monday, April 25, 2011**

**Retreat Star**

Makara Rasi: 14.46    Tithi 23 – 24  
293466159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1.58PM then Siddha Yoga  
Until 11:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    1:36PM – 3:19PM    **Sravana Until 11:09PM**  
**Yama**        10:09AM – 11:52AM        Subha Until 2:20AM Tue  
**Rahu**         6:41AM – 8:25AM         Taitila Until 11:45PM  
Ashtami\* Until 10:39AM

**Ganesha:** Green       *Sunrise:* 4:58AM  
**Muruqa:** Red         *Sunset:* 6:46PM  
**Nataraja:** Purple  
Moon – Purple  
**Chaitra-Chaitra**

Albany, NY  
**Sun 6**  
**Sutra 13**  
Khara 5113  
Moon 4 - Phase 1  
Navami

**Devaloka Day**

<b>1</b>	<b>Tuesday, April 26, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukla Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Albany, NY
	Makara Rasi: 26.57    Tithi 24 – 25 293466159	<b>Gulika</b> 11:52AM – 1:36PM <b>Yama</b> 8:24AM – 10:08AM <b>Rahu</b> 3:20PM – 5:04PM	<b>Dhanishtha Until 1:26AM Wed</b> Sukla Until 2:39AM Wed Vanija Until 1:28AM Wed <b>Navami* Until 12:22PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:56AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:48PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	<b>Sun 7</b> <b>Sutra 14</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Routine Work    Marana Yoga Until 1:58PM then Prabalarishta Yoga Until 1:26AM Wed then Siddha Yoga				<b>Devaloka Day</b>


<b>2</b>	<b>Wednesday, April 27, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Brahma Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Albany, NY
	Kumbha Rasi: 8.58    Tithi 25 – 26 293566159	<b>Gulika</b> 10:08AM – 11:52AM <b>Yama</b> 6:39AM – 8:23AM <b>Rahu</b> 11:52AM – 1:36PM	<b>Satabhisha Until 4:05AM Thu</b> Brahma Until 3:18AM Thu Bava Until 3:33AM Thu <b>Dasami Until 2:28PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:55AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:49PM <b>Nataraja:</b> Purple Moon – Purple <b>Chaitra-Chaitra</b>	<b>Sun 8</b> <b>Sutra 15</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Creative Work    Siddha Yoga Until 1:57PM then Marana Yoga Until 4:05AM Thu then Siddha Yoga				<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, April 28, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Albany, NY
	Kumbha Rasi: 20.52    Tithi 26 – 27 213566159	<b>Gulika</b> 8:23AM – 10:07AM <b>Yama</b> 4:53AM – 6:38AM <b>Rahu</b> 1:36PM – 3:21PM	<b>Purvaprostapada* Until 7:12AM Fri</b> Indra Until 4:08AM Fri Kaulava Until 5:53AM Fri <b>Ekadasi* Until 4:47PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:53AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:50PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sun 9</b> <b>Sutra 16</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Creative Work    Siddha Yoga				<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, April 29, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vaidhriti* Yoga Kaulava/Itaila Karana Dvadasi* Yam Titau		Albany, NY
	Meena Rasi: 2.44    Tithi 27 213566159	<b>Gulika</b> 6:37AM – 8:22AM <b>Yama</b> 3:21PM – 5:06PM <b>Rahu</b> 10:07AM – 11:51AM	<b>Purvaprostapada* Until 7:12AM</b> Vaidhriti* Until 5:03AM Sat Kaulava Until 6:06AM <b>Dvadasi* Until 7:12PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:52AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sun 10</b> <b>Sutra 17</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Creative Work    Siddha Yoga				<b>Sivaloka Day</b>

<b>5</b>	<b>Saturday, April 30, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Albany, NY
	Meena Rasi: 14.37    Tithi 28 213566159	<b>Gulika</b> 4:51AM – 6:36AM <b>Yama</b> 1:37PM – 3:22PM <b>Rahu</b> 8:21AM – 10:06AM	<b>Uttaraprostapada Until 10:07AM</b> Vishkambha* Until 6:10AM Sun Gara Until 8:30AM <b>Trayodasi* Until 9:36PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:51AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sun 11</b> <b>Sutra 18</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Creative Work    Siddha Yoga Until 10:07AM then Prabalarishta Yoga Until 1:57PM then Amrita Yoga				<b>Sivaloka Day</b>

<b>6</b>	<b>Sunday, May 1, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Vishkambha*/Priti Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Albany, NY
	Meena Rasi: 26.31    Tithi 29 213566159	<b>Gulika</b> 3:22PM – 5:08PM <b>Yama</b> 11:51AM – 1:37PM <b>Rahu</b> 5:08PM – 6:53PM	<b>Revati Until 12:58PM</b> Vishkambha* Until 6:10AM Visti Until 10:49AM <b>Chaturdasi* Until 11:54PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:49AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:53PM <b>Nataraja:</b> Purple Moon – Clear <b>Chaitra-Chaitra</b>	<b>Sun 12</b> <b>Sutra 19</b> Khara 5113 Moon 4 - Phase 2 2nd Phase
	Creative Work    Amrita Yoga Until 12:58PM then Siddha Yoga				<b>Sivaloka Day</b>

	<b>Monday, May 2, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Priti/Ayushman Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Albany, NY
	<b>Retreat Star</b> Mesha Rasi: 8.31    Tithi 30 <b>Family Home Evening</b> 223566159	<b>Gulika</b> 1:37PM – 3:23PM <b>Yama</b> 10:05AM – 11:51AM <b>Rahu</b> 6:34AM – 8:20AM	<b>Asvini Until 3:39PM</b> Priti Until 6:51AM Catuspada Until 12:57PM <b>Amavasya* Until 2:03AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:48AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:54PM <b>Nataraja:</b> Purple Moon – White <b>Chaitra-Chaitra</b>	<b>Sun 13</b> <b>Sutra 20</b> Khara 5113 Moon 4 - Phase 2 Amavasya
	Creative Work    Siddha Yoga				<b>Sivaloka Day</b>

	<b>Tuesday, May 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Albany, NY
	<b>Retreat Star</b> Mesha Rasi: 20.36    Tithi 1 223566159	<b>Gulika</b> 11:51AM – 1:37PM <b>Yama</b> 8:19AM – 10:05AM <b>Rahu</b> 3:23PM – 5:09PM	<b>Bharani Until 6:08PM</b> Ayushman Until 7:21AM Kintughna Until 2:53PM <b>Prathama* Until 3:58AM Wed</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:47AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:55PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sun 14</b> <b>Sutra 21</b> Khara 5113 Moon 4 - Phase 2 Prathama
	Creative Work    Siddha Yoga Until 1:57PM then Marana Yoga Until 6:08PM then Amrita Yoga				<b>Sivaloka Day</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Wednesday, May 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Albany, NY
	Wrishabha Rasi: 2.49      Tithi 2	223566159	<b>Gulika</b> 10:04AM – 11:51AM <b>Yama</b> 6:32AM – 8:18AM <b>Rahu</b> 11:51AM – 1:37PM	<b>Krittika Until 8:22PM</b> Saubhagya Until 7:37AM Balava Until 4:31PM <b>Dvitiya Until 5:36AM Thu</b>	<b>Sun 15</b> Sutra 22 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work    Amrita Yoga Until 1.56PM then Marana Yoga			<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:56PM <b>Nataraja:</b> Purple Moon – White <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>


<b>2</b>	<b>Thursday, May 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiya Yam Titau		Albany, NY
	Wrishabha Rasi: 15.11      Tithi 3	233566159	<b>Gulika</b> 8:17AM – 10:04AM <b>Yama</b> 4:44AM – 6:31AM <b>Rahu</b> 1:37PM – 3:24PM	<b>Rohini Until 9:02PM</b> Sobhana Until 7:30AM Taitila Until 4:50PM <b>Tritiya Until 4:50AM Fri</b>	<b>Sun 16</b> Sutra 23 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Routine Work    Marana Yoga Until 9:02PM then Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:58PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Friday, May 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Albany, NY
	Wrishabha Rasi: 27.44      Tithi 4	233566159	<b>Gulika</b> 6:30AM – 8:17AM <b>Yama</b> 3:25PM – 5:12PM <b>Rahu</b> 10:04AM – 11:51AM	<b>Mrigasira Until 10:29PM</b> Athiganda* Until 7:11AM Vanija Until 5:41PM <b>Chaturthi* Until 6:06AM Sat</b>	<b>Sun 17</b> Sutra 24 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work    Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM <b>Muruqa:</b> Red <i>Sunset:</i> 6:59PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Saturday, May 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Albany, NY
	Mithuna Rasi: 10.29      Tithi 4 – 5	233566159	<b>Gulika</b> 4:42AM – 6:29AM <b>Yama</b> 1:38PM – 3:25PM <b>Rahu</b> 8:16AM – 10:03AM	<b>Ardra Until 11:34PM</b> Sukarma Until 6:31AM Bava Until 6:06PM <b>Chaturthi* Until 6:06AM</b>	<b>Sun 18</b> Sutra 25 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work    Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:42AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:00PM <b>Nataraja:</b> Purple Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, May 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Shula* Yoga Balava/Taitila Karana Panchami/Shasthi* Yam Titau		Albany, NY
	Mithuna Rasi: 23.29      Tithi 5 – 6	243566159	<b>Gulika</b> 3:26PM – 5:13PM <b>Yama</b> 11:51AM – 1:38PM <b>Rahu</b> 5:13PM – 7:01PM	<b>Punarvasu Until 12:11AM Mon</b> Shula* Until 4:18AM Mon Taitila Until 6:03PM <b>Panchami Until 6:03AM</b>	<b>Sun 19</b> Sutra 26 Khara 5113 Moon 4 - Phase 3 3rd Phase
	Creative Work    Siddha Yoga Until 1.56PM then Amrita Yoga Until 12:11AM Mon then Siddha Yoga		<b>Mother's Day</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:40AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:01PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>6</b>	<b>Monday, May 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Gara/Vanija Karana Saptami Yam Titau		Albany, NY
	Kataka Rasi: 6.45      Tithi 7	244566159	<b>Gulika</b> 1:38PM – 3:26PM <b>Yama</b> 10:03AM – 11:51AM <b>Rahu</b> 6:27AM – 8:15AM	<b>Pushya Until 11:00PM</b> Ganda* Until 1:22AM Tue Gara Until 4:34PM <b>Saptami Until 3:39AM Tue</b>	<b>Sun 20</b> Sutra 27 Khara 5113 Moon 4 - Phase 3 3rd Phase
	<b>Family Home Evening</b> Creative Work    Siddha Yoga			<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:39AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:02PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>

	<b>Tuesday, May 10, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Vriddhi Yoga Visti*/Bava Karana Ashtami* Yam Titau		Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b> 11:50AM – 1:39PM <b>Yama</b> 8:14AM – 10:02AM <b>Rahu</b> 3:27PM – 5:15PM	<b>Aslesha* Until 10:35PM</b> Vriddhi Until 11:26PM Visti Until 3:26PM <b>Ashtami* Until 2:31AM Wed</b>	<b>Sun 21</b> Sutra 28 Khara 5113 Moon 4 - Phase 3 Ashtami
	Kataka Rasi: 20.2      Tithi 8	244566159		<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:38AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:03PM <b>Nataraja:</b> Purple Moon – Blue <b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
	Creative Work    Siddha Yoga				

<b>7</b>	<b>Wednesday, May 11, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Navami* Yam Titau		Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b> 10:02AM – 11:50AM <b>Yama</b> 6:25AM – 8:14AM <b>Rahu</b> 11:50AM – 1:39PM	<b>Magha* Until 9:36PM</b> Dhruva Until 8:58PM Balava Until 1:43PM <b>Navami* Until 12:47AM Thu</b>	<b>Sun 22</b> Sutra 29 Khara 5113 Moon 4 - Phase 3 Navami
	Simha Rasi: 4.14      Tithi 9	254566159		<b>Ganesha:</b> White <i>Sunrise:</i> 4:37AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:04PM <b>Nataraja:</b> Purple Moon – Red <b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
	Creative Work    Siddha Yoga Until 1.56PM then Amrita Yoga Until 9:36PM then no yoga				


When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda, SataBR 1.7.2.1. VE, 393

<b>1</b>	<b>Thursday, May 12, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni* Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dasami Yam Titau				Albany, NY
	Simha Rasi: 18.28      Tithi 10	<b>Gulika</b> 8:13AM – 10:02AM	<b>Purvaphalguni* Until 7:08PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:36AM	Sun 23	<b>Sutra 30</b> Khara 5113
	254566159	<b>Yama</b> 4:36AM – 6:24AM	<b>Vyaghata* Until 6:00PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:05PM		Moon 4 - Phase 4
	No Yoga	<b>Rahu</b> 1:39PM – 3:28PM	<b>Taitila Until 11:00AM</b>	<b>Nataraja:</b> Purple		4th Phase
	Until 1.56PM then Siddha Yoga		<b>Dasami Until 9:17PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>2</b>	<b>Friday, May 13, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Albany, NY
	Kanya Rasi: 2.58      Tithi 11	<b>Gulika</b> 6:24AM – 8:12AM	<b>Uttaraphalguni Until 5:15PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:35AM	Sun 24	<b>Sutra 31</b> Khara 5113
	254566159	<b>Yama</b> 3:28PM – 5:17PM	<b>Harshana Until 2:02PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:06PM		Moon 4 - Phase 4
	Creative Work      Siddha Yoga	<b>Rahu</b> 10:01AM – 11:50AM	<b>Vanija Until 8:21AM</b>	<b>Nataraja:</b> Purple		4th Phase
	Until 1.56PM then Marana Yoga		<b>Ekadasi Until 6:38PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>		

<b>3</b>	<b>Saturday, May 14, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Albany, NY
	Kanya Rasi: 17.43      Tithi 12 – 13	<b>Gulika</b> 4:34AM – 6:23AM	<b>Hasta Until 3:00PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:34AM	Sun 25	<b>Sutra 32</b> Khara 5113
	264566159	<b>Yama</b> 1:40PM – 3:29PM	<b>Vajra* Until 10:29AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:07PM		Moon 4 - Phase 4
	Routine Work      Marana Yoga	<b>Rahu</b> 8:12AM – 10:01AM	<b>Kaulava Until 1:53AM Sun</b>	<b>Nataraja:</b> Purple		4th Phase
	Until 1.56PM then Amrita Yoga		<b>Dvadasi Until 3:36PM</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>
	Until 3:00PM then Siddha Yoga		<i>Pradosha Vrata</i>	<b>Vaisaka-Vaikasi</b>		

<b>4</b>	<b>Sunday, May 15, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatalpala* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Albany, NY
	Tula Rasi: 2.34      Tithi 13 – 14	<b>Gulika</b> 3:29PM – 5:19PM	<b>Chitra Until 12:34PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:32AM	Sun 26	<b>Sutra 33</b> Khara 5113
	264566159	<b>Yama</b> 11:50AM – 1:40PM	<b>Siddhi Until 6:45AM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:08PM		Moon 4 - Phase 4
	Creative Work      Siddha Yoga	<b>Rahu</b> 5:19PM – 7:08PM	<b>Gara Until 10:39PM</b>	<b>Nataraja:</b> Purple		4th Phase
	Until 1.56PM then Amrita Yoga		<b>Trayodasi Until 12:22PM</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>
				<b>Vaisaka-Vaikasi</b>		

	<b>Monday, May 16, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Albany, NY
	<b>Copper Retreat Star</b>	<b>Gulika</b> 1:40PM – 3:30PM	<b>Svati Until 10:09AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:31AM	Sun 27	<b>Sutra 34</b> Khara 5113
	Tula Rasi: 17.25      Tithi 14 – 15	<b>Yama</b> 10:01AM – 11:50AM	<b>Variyan Until 11:02PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:09PM		Moon 4 - Phase 4
	<b>Family Home Evening</b> 264566159	<b>Rahu</b> 6:21AM – 8:11AM	<b>Visti Until 7:25PM</b>	<b>Nataraja:</b> Purple		Purnima
	Creative Work      Amrita Yoga		<b>Chaturdasi* Until 9:08AM</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>
	Until 10:09AM then Marana Yoga			<b>Vaisaka-Vaikasi</b>		

<b>5</b>	<b>Tuesday, May 17, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Parigha* Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau				Albany, NY
	<b>Silver Retreat Star</b>	<b>Gulika</b> 11:50AM – 1:40PM	<b>Visakha Until 8:06AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:30AM	Sun 28	<b>Sutra 35</b> Khara 5113
	Vrischika Rasi: 2.07      Tithi 15 – 16	<b>Yama</b> 8:10AM – 10:00AM	<b>Parigha* Until 8:26PM</b>	<b>Muruqa:</b> Red <i>Sunset:</i> 7:10PM		Moon 4 - Phase 4
	274566159	<b>Rahu</b> 3:30PM – 5:20PM	<b>Kaulava Until 4:19AM Wed</b>	<b>Nataraja:</b> Purple		Prathama
	Routine Work      Marana Yoga		<b>Purnima* Until 6:10AM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>
	Until 8:06AM then Siddha Yoga			<b>Vaisaka-Vaikasi</b>		



**Wednesday, May 18, 2011**  
**Gold Retreat Star**

Vrischika Rasi: 16.34    Titli 17  
274566159  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika**    10:00AM – 11:50AM    **Anuradha Until 6:11AM**  
**Yama**        6:20AM – 8:10AM        Shiva Until 5:07PM  
**Rahu**        11:50AM – 1:41PM        Tailila Until 2:30PM  
**Dvitiya Until 1:35AM Thu**

Albany, NY  
**Sutra 36**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Blue    *Sunrise: 4:30AM*  
Muruqa: Red      *Sunset: 7:11PM*  
Nataraja: Purple  
Moon – Orange  
**Vaisaka-Vaikasi**

**1**

**Thursday, May 19, 2011**

Dhanus Rasi: 0.39    Titli 18  
284566159  
Creative Work    Siddha Yoga  
Until 1.56PM then no yoga  
Until 3:44AM Fri then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    8:10AM – 10:00AM    **Mula\* Until 3:44AM Fri**  
**Yama**        4:29AM – 6:19AM        Siddha Until 2:21PM  
**Rahu**        1:41PM – 3:31PM        Vanija Until 12:25PM  
**Tritiya Until 11:29PM**

Albany, NY  
**Sun 1**  
**Sutra 37**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Red      *Sunrise: 4:29AM*  
Muruqa: Red      *Sunset: 7:12PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**2**

**Friday, May 20, 2011**

Dhanus Rasi: 14.2    Titli 19  
284566159  
Creative Work    Siddha Yoga  
Until 1.56PM then Marana Yoga  
Until 4:46AM Sat then no yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    6:18AM – 8:09AM    **Purvashadha\* Until 4:46AM Sat**  
**Yama**        3:32PM – 5:23PM        Sadhya Until 12:42PM  
**Rahu**        10:00AM – 11:51AM        Bava Until 11:31AM  
**Chaturthi\* Until 11:31PM**

Albany, NY  
**Sun 2**  
**Sutra 38**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Red      *Sunrise: 4:28AM*  
Muruqa: Red      *Sunset: 7:13PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**3**

**Saturday, May 21, 2011**

Dhanus Rasi: 27.35    Titli 20  
285566159  
No Yoga  
Until 1.56PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Panchami Yam Titau  
**Gulika**    4:27AM – 6:18AM    **Uttarashadha Until 4:54AM Sun**  
**Yama**        1:42PM – 3:32PM        Subha Until 11:11AM  
**Rahu**        8:09AM – 10:00AM        Kaulava Until 10:55AM  
**Panchami Until 10:55PM**

Albany, NY  
**Sun 3**  
**Sutra 39**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Sivaloka Day**  
Ganesha: Yellow    *Sunrise: 4:27AM*  
Muruqa: Red      *Sunset: 7:14PM*  
Nataraja: Purple  
Moon – Light Blue  
**Vaisaka-Vaikasi**

**4**

**Sunday, May 22, 2011**

Makara Rasi: 10.28    Titli 21  
295666159  
Creative Work    Amrita Yoga  
Until 6:43AM Mon then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    3:33PM – 5:24PM    **Sravana Until 6:43AM Mon**  
**Yama**        11:51AM – 1:42PM        Sukla Until 10:40AM  
**Rahu**        5:24PM – 7:15PM        Gara Until 11:07AM  
**Shasthi\* Until 11:07PM**

Albany, NY  
**Sun 4**  
**Sutra 40**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:26AM*  
Muruqa: Red      *Sunset: 7:15PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**5**

**Monday, May 23, 2011**

Makara Rasi: 22.59    Titli 22  
295666159  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:43AM then Siddha Yoga  
Until 1.56PM then Marana Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika**    1:42PM – 3:33PM    **Sravana Until 6:43AM**  
**Yama**        9:59AM – 11:51AM        Brahma Until 10:24AM  
**Rahu**        6:17AM – 8:08AM        Visti Until 12:32PM  
**Saptami Until 1:38AM Tue**

Albany, NY  
**Sun 5**  
**Sutra 41**  
Khara 5113  
Moon 5 - Phase 5  
1st Phase  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:25AM*  
Muruqa: Red      *Sunset: 7:16PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Retreat Star**

**Tuesday, May 24, 2011**

Kumbha Rasi: 5.14    Titli 23  
295666159  
Routine Work    Marana Yoga  
Until 1.56PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika**    11:51AM – 1:42PM    **Dhanishtha Until 8:52AM**  
**Yama**        8:08AM – 9:59AM        Indra Until 10:37AM  
**Rahu**        3:34PM – 5:26PM        Balava Until 2:05PM  
**Ashtami\* Until 3:11AM Wed**

Albany, NY  
**Sun 6**  
**Sutra 42**  
Khara 5113  
Moon 5 - Phase 5  
Ashtami  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:24AM*  
Muruqa: Red      *Sunset: 7:17PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

**Wednesday, May 25, 2011**  
**Retreat Star**

Kumbha Rasi: 17.17    Titli 24  
295666159  
Creative Work    Siddha Yoga  
Until 11:25AM then Amrita Yoga  
Until 1.56PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Tailila/Gara Karana Navami\* Yam Titau  
**Gulika**    9:59AM – 11:51AM    **Satabhisha Until 11:25AM**  
**Yama**        6:16AM – 8:07AM        Vaidhriti\* Until 11:12AM  
**Rahu**        11:51AM – 1:43PM        Tailila Until 4:03PM  
**Navami\* Until 5:09AM Thu**

Albany, NY  
**Sun 7**  
**Sutra 43**  
Khara 5113  
Moon 5 - Phase 5  
Navami  
**Devaloka Day**  
Ganesha: Green    *Sunrise: 4:24AM*  
Muruqa: Red      *Sunset: 7:18PM*  
Nataraja: Purple  
Moon – Purple  
**Vaisaka-Vaikasi**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

<b>1</b>	<b>Thursday, May 26, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Vanija Karana Dasami Yam Titau				Albany, NY
	Kumbha Rasi: 29.14    Tithi 25	<b>Gulika</b> 8:07AM – 9:59AM	<b>Purvaprostapada*</b> Until 2:13PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:23AM	<b>Sun 8</b> <b>Sutra 44</b> Khara 5113
	315666159	<b>Yama</b> 4:23AM – 6:15AM	Vishkambha* Until 12:00PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:19PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 1:43PM – 3:35PM	Vanija Until 6:17PM	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dasami</b> Until 7:32AM Fri	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>


<b>2</b>	<b>Friday, May 27, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revali Nakshatra Pritii/Ayushman Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Albany, NY
	Meena Rasi: 11.07    Tithi 26 – 26	<b>Gulika</b> 6:15AM – 8:07AM	<b>Uttaraprostapada</b> Until 5:06PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	<b>Sun 9</b> <b>Sutra 45</b> Khara 5113
	315666159	<b>Yama</b> 3:35PM – 5:28PM	Priti Until 12:53PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:20PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 9:59AM – 11:51AM	Bava Until 8:37PM	<b>Nataraja:</b> Purple		2nd Phase
Until 5:06PM then Prabalarishta Yoga			<b>Dasami</b> Until 7:32AM	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, May 28, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Albany, NY
	Meena Rasi: 23.01    Tithi 26 – 27	<b>Gulika</b> 4:22AM – 6:14AM	<b>Revati</b> Until 7:58PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:22AM	<b>Sun 10</b> <b>Sutra 46</b> Khara 5113
	315666159	<b>Yama</b> 1:44PM – 3:36PM	Ayushman Until 1:46PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:21PM	Moon 5 - Phase 6
Routine Work    Prabalarishta Yoga		<b>Rahu</b> 8:06AM – 9:59AM	Kaulava Until 10:56PM	<b>Nataraja:</b> Purple		2nd Phase
Until 1:57PM then Amrita Yoga			<b>Ekadasi*</b> Until 9:50AM	<b>Vaisaka-Vaikasi</b>		<b>Sivaloka Day</b>
Until 7:58PM then Siddha Yoga						

<b>4</b>	<b>Sunday, May 29, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Albany, NY
	Mesha Rasi: 4.59    Tithi 27 – 28	<b>Gulika</b> 3:36PM – 5:29PM	<b>Asvini</b> Until 10:42PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:21AM	<b>Sun 11</b> <b>Sutra 47</b> Khara 5113
	325666159	<b>Yama</b> 11:51AM – 1:44PM	Saubhagya Until 2:31PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 5:29PM – 7:22PM	Gara Until 1:06AM Mon	<b>Nataraja:</b> Purple		2nd Phase
			<b>Dvadasi*</b> Until 12:01PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
			<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Monday, May 30, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Albany, NY
	Mesha Rasi: 17.04    Tithi 28 – 29	<b>Gulika</b> 1:44PM – 3:37PM	<b>Bharani</b> Until 1:13AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:21AM	<b>Sun 12</b> <b>Sutra 48</b> Khara 5113
<b>Family Home Evening</b>	325666159	<b>Yama</b> 9:59AM – 11:51AM	Sobhana Until 3:04PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:22PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 6:13AM – 8:06AM	Visti Until 3:02AM Tue	<b>Nataraja:</b> Purple		2nd Phase
			<b>Trayodasi*</b> Until 1:56PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Tuesday, May 31, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Albany, NY
	Mesha Rasi: 29.17    Tithi 29 – 30	<b>Gulika</b> 11:52AM – 1:44PM	<b>Krittika</b> Until 3:25AM Wed	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:20AM	<b>Sun 13</b> <b>Sutra 49</b> Khara 5113
	326666159	<b>Yama</b> 8:06AM – 9:59AM	Athiganda* Until 3:20PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:23PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 3:37PM – 5:30PM	Catuspada Until 4:37AM Wed	<b>Nataraja:</b> Purple		2nd Phase
Until 1:57PM then Amrita Yoga			<b>Chaturdasi*</b> Until 3:31PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>
Until 3:25AM Wed then Siddha Yoga						

	<b>Wednesday, June 1, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Albany, NY
	<b>Retreat Star</b>	<b>Gulika</b> 9:59AM – 11:52AM	<b>Rohini</b> Until 3:26AM Thu	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:20AM	<b>Sun 14</b> <b>Sutra 50</b> Khara 5113
Vrishabha Rasi: 11.43    Tithi 30 – 1	336666159	<b>Yama</b> 6:13AM – 8:06AM	Sukarma Until 2:34PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:24PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga		<b>Rahu</b> 11:52AM – 1:45PM	Kintughna Until 3:47AM Thu	<b>Nataraja:</b> Purple		Amavasya
Until 1:57PM then Marana Yoga			<b>Amavasya*</b> Until 3:47PM	<b>Vaisaka-Vaikasi</b>		<b>Devaloka Day</b>

<b>Retreat Star</b>	<b>Thursday, June 2, 2011</b>	Khara Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Albany, NY
	Vrishabha Rasi: 24.22    Tithi 1 – 2	<b>Gulika</b> 8:05AM – 9:59AM	<b>Mrigasira</b> Until 4:42AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:19AM	<b>Sun 15</b> <b>Sutra 51</b> Khara 5113
	336666159	<b>Yama</b> 4:19AM – 6:12AM	Dhriti Until 2:06PM	<b>Muruqa:</b> Red	<i>Sunset:</i> 7:25PM	Moon 5 - Phase 6
Routine Work    Marana Yoga		<b>Rahu</b> 1:45PM – 3:38PM	Balava Until 4:25AM Fri	<b>Nataraja:</b> Purple		Prathama
Until 1:58PM then Siddha Yoga			<b>Prathama*</b> Until 4:25PM	<b>Jyeshtha-Vaikasi</b>		<b>Devaloka Day</b>

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

<b>1</b>	<b>Friday, June 3, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Albany, NY
	Mithuna Rasi: 7.15	Tithi 2 – 3			Sun 16
		346666159	<b>Gulika</b> 6:12AM – 8:05AM <b>Yama</b> 3:39PM – 5:32PM <b>Rahu</b> 9:59AM – 11:52AM	<b>Ardra Until 5:33AM Sat</b> Shula* Until 1:14PM Taitila Until 4:34AM Sat <b>Dvitiya Until 4:34PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:25PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Vaikasi</b>
	Creative Work Siddha Yoga Until 5:33AM Sat then Marana Yoga				Devaloka Day
					Sutra 52 Khara 5113 Moon 5 - Phase 7 3rd Phase

<b>2</b>	<b>Saturday, June 4, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Albany, NY
	Mithuna Rasi: 20.22	Tithi 3 – 4			Sun 17
		346666159	<b>Gulika</b> 4:18AM – 6:12AM <b>Yama</b> 1:46PM – 3:39PM <b>Rahu</b> 8:05AM – 9:59AM	<b>Punarvasu Until 5:57AM Sun</b> Ganda* Until 11:58AM Vanija Until 4:15AM Sun <b>Tritiya Until 4:15PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:26PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Routine Work Marana Yoga Until 1.58PM then Siddha Yoga				Devaloka Day
					Sutra 53 Khara 5113 Moon 5 - Phase 7 3rd Phase

<b>3</b>	<b>Sunday, June 5, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Albany, NY
	Kataka Rasi: 3.43	Tithi 4 – 5			Sun 18
		346666151	<b>Gulika</b> 3:40PM – 5:33PM <b>Yama</b> 11:52AM – 1:46PM <b>Rahu</b> 5:33PM – 7:27PM	<b>Pushya Until 4:13AM Mon</b> Vridhhi Until 10:01AM Bava Until 1:49AM Mon <b>Chaturthi* Until 2:45PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:27PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work Siddha Yoga				Devaloka Day
					Sutra 54 Khara 5113 Moon 5 - Phase 7 3rd Phase

<b>4</b>	<b>Monday, June 6, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Albany, NY
	Kataka Rasi: 17.16	Tithi 5 – 6			Sun 19
	<b>Family Home Evening</b>	346666151	<b>Gulika</b> 1:46PM – 3:40PM <b>Yama</b> 9:59AM – 11:53AM <b>Rahu</b> 6:11AM – 8:05AM	<b>Aslesha* Until 3:49AM Tue</b> Dhruva Until 8:07AM Kaulava Until 12:42AM Tue <b>Panchami Until 1:37PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Purple Moon – Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work Siddha Yoga				Devaloka Day
					Sutra 55 Khara 5113 Moon 5 - Phase 7 3rd Phase

<b>5</b>	<b>Tuesday, June 7, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Harshana Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Albany, NY
	Simha Rasi: 1.02	Tithi 6 – 7			Sun 20
		357666151	<b>Gulika</b> 11:53AM – 1:47PM <b>Yama</b> 8:05AM – 9:59AM <b>Rahu</b> 3:40PM – 5:34PM	<b>Magha* Until 3:04AM Wed</b> Harshana Until 3:13AM Wed Gara Until 11:12PM <b>Shasthi* Until 12:07PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:17AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:28PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work Siddha Yoga Until 3:04AM Wed then Amrita Yoga				Sivaloka Day
					Sutra 56 Khara 5113 Moon 5 - Phase 7 3rd Phase

<b>☐</b>	<b>Wednesday, June 8, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Albany, NY
	Simha Rasi: 15	Tithi 7 – 8			Sun 21
	<b>Retreat Star</b>	357666151	<b>Gulika</b> 9:59AM – 11:53AM <b>Yama</b> 6:11AM – 8:05AM <b>Rahu</b> 11:53AM – 1:47PM	<b>Purvaphalguni* Until 2:00AM Thu</b> Vajra* Until 12:41AM Thu Visti Until 9:21PM <b>Saptami Until 10:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:17AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Creative Work Amrita Yoga Until 1.59PM then no yoga Until 2:00AM Thu then Prabalarishta Yoga				Sivaloka Day
					Sutra 57 Khara 5113 Moon 5 - Phase 7 Ashtami

<b>☐</b>	<b>Thursday, June 9, 2011</b>		Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Albany, NY
	Simha Rasi: 29.08	Tithi 8 – 9			Sun 22
	<b>Retreat Star</b>	357666151	<b>Gulika</b> 8:05AM – 9:59AM <b>Yama</b> 4:17AM – 6:11AM <b>Rahu</b> 1:47PM – 3:41PM	<b>Uttaraphalguni Until 12:38AM Fri</b> Siddhi Until 9:53PM Balava Until 7:11PM <b>Ashtami* Until 8:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:17AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Red <b>Jyeshtha-Vaikasi</b>
	Routine Work Prabalarishta Yoga Until 1.59PM then Siddha Yoga Until 12:38AM Fri then Amrita Yoga				Sivaloka Day
					Sutra 58 Khara 5113 Moon 5 - Phase 7 Navami

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda, Isau 3. bo UpR, 570

<b>1</b>	<b>Friday, June 10, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Tailita/Gara Karana Dasami Yam Titau		Albany, NY
	Kanya Rasi: 13.25      Tithi 10	<b>Gulika</b> 6:11AM – 8:05AM	<b>Hasta</b> <b>Until 11:00PM</b>	<b>Sun 23</b> <b>Sutra 59</b> Khara 5113
	367666151	<b>Yama</b> 3:42PM – 5:36PM	<b>Vyatipata*</b> <b>Until 6:50PM</b>	Moon 5 - Phase 8
		<b>Rahu</b> 9:59AM – 11:53AM	<b>Tailita</b> <b>Until 4:44PM</b>	4th Phase
	Creative Work    Amrita Yoga Until 1.59PM then Marana Yoga		<b>Dasami</b> <b>Until 3:49AM Sat</b>	<b>Devaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:17AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:30PM	
			<b>Nataraja:</b> Purple	
			Moon – Green	
			<b>Jyeshtha-Vaikasi</b>	

<b>2</b>	<b>Saturday, June 11, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Albany, NY
	Kanya Rasi: 27.48      Tithi 11	<b>Gulika</b> 4:16AM – 6:11AM	<b>Chitra</b> <b>Until 9:12PM</b>	<b>Sun 24</b> <b>Sutra 60</b> Khara 5113
	367666151	<b>Yama</b> 1:48PM – 3:42PM	<b>Variyan</b> <b>Until 3:37PM</b>	Moon 5 - Phase 8
		<b>Rahu</b> 8:05AM – 9:59AM	<b>Vanija</b> <b>Until 2:06PM</b>	4th Phase
	Routine Work    Marana Yoga Until 1.59PM then Siddha Yoga		<b>Ekadasi</b> <b>Until 1:10AM Sun</b>	<b>Devaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:31PM	
			<b>Nataraja:</b> Purple	
			Moon – Green	
			<b>Jyeshtha-Vaikasi</b>	

<b>3</b>	<b>Sunday, June 12, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadasi Yam Titau		Albany, NY
	Tula Rasi: 12.14      Tithi 12	<b>Gulika</b> 3:42PM – 5:37PM	<b>Svati</b> <b>Until 7:19PM</b>	<b>Sun 25</b> <b>Sutra 61</b> Khara 5113
	367666151	<b>Yama</b> 11:54AM – 1:48PM	<b>Parigha*</b> <b>Until 12:20PM</b>	Moon 5 - Phase 8
		<b>Rahu</b> 5:37PM – 7:31PM	<b>Bava</b> <b>Until 11:22AM</b>	4th Phase
	Creative Work    Siddha Yoga Until 1.59PM then Amrita Yoga Until 7:19PM then Marana Yoga		<b>Dvadasi</b> <b>Until 10:27PM</b>	<b>Devaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:31PM	
			<b>Nataraja:</b> Purple	
			Moon – Green	
			<b>Jyeshtha-Vaikasi</b>	

<b>4</b>	<b>Monday, June 13, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Trayodasi Yam Titau		Albany, NY
	Tula Rasi: 26.38      Tithi 13	<b>Gulika</b> 1:48PM – 3:43PM	<b>Visakha</b> <b>Until 5:28PM</b>	<b>Sun 26</b> <b>Sutra 62</b> Khara 5113
	378666151	<b>Yama</b> 9:59AM – 11:54AM	<b>Shiva</b> <b>Until 9:05AM</b>	Moon 5 - Phase 8
	<b>Family Home Evening</b>	<b>Rahu</b> 6:11AM – 8:05AM	<b>Kaulava</b> <b>Until 8:41AM</b>	4th Phase
	Routine Work    Marana Yoga Until 5:28PM then Siddha Yoga	<b>Vaikasi Visakam</b>	<b>Trayodasi</b> <b>Until 7:46PM</b>	<b>Subha Sivaloka Day</b>
			<i>Pradosha Vrata</i>	
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:32PM	
			<b>Nataraja:</b> Purple	
			Moon – Orange	
			<b>Jyeshtha-Vaikasi</b>	

<b>5</b>	<b>Tuesday, June 14, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Albany, NY
	Vrischika Rasi: 10.56      Tithi 14 – 15	<b>Gulika</b> 11:54AM – 1:49PM	<b>Anuradha</b> <b>Until 3:49PM</b>	<b>Sun 27</b> <b>Sutra 63</b> Khara 5113
	378666151	<b>Yama</b> 8:05AM – 10:00AM	<b>Siddha</b> <b>Until 6:01AM</b>	Moon 5 - Phase 8
		<b>Rahu</b> 3:43PM – 5:37PM	<b>Gara</b> <b>Until 6:13AM</b>	4th Phase
	Creative Work    Siddha Yoga		<b>Chaturdasi*</b> <b>Until 5:17PM</b>	<b>Subha Sivaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:32PM	
			<b>Nataraja:</b> Purple	
			Moon – Orange	
			<b>Jyeshtha-Vaikasi</b>	

<b>○</b>	<b>Wednesday, June 15, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Albany, NY
	<b>Copper Retreat Star</b>	<b>Gulika</b> 10:00AM – 11:54AM	<b>Jyeshtha*</b> <b>Until 2:30PM</b>	<b>Sutra 64</b> Khara 5113
	Vrischika Rasi: 25.02      Tithi 15 – 16	<b>Yama</b> 6:11AM – 8:05AM	<b>Subha</b> <b>Until 12:36AM Thu</b>	Moon 5 - Phase 8
	378666151	<b>Rahu</b> 11:54AM – 1:49PM	<b>Balava</b> <b>Until 2:15AM Thu</b>	Purnima
	Creative Work    Siddha Yoga		<b>Purnima*</b> <b>Until 3:10PM</b>	<b>Subha Sivaloka Day</b>
			<b>Ganesha:</b> White <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:32PM	
			<b>Nataraja:</b> Purple	
			Moon – Orange	
			<b>Jyeshtha-Ani</b>	

<b>○</b>	<b>Thursday, June 16, 2011</b>	Khara Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukla Yoga Kaulava/Tailita Karana Prathama*/Dvitiya Yam Titau		Albany, NY
	<b>Silver Retreat Star</b>	<b>Gulika</b> 8:05AM – 10:00AM	<b>Mula*</b> <b>Until 1:39PM</b>	<b>Sutra 65</b> Khara 5113
	Dhanu Rasi: 8.52      Tithi 16 – 17	<b>Yama</b> 4:16AM – 6:11AM	<b>Sukla</b> <b>Until 11:26PM</b>	Moon 5 - Phase 8
	388766151	<b>Rahu</b> 1:49PM – 3:44PM	<b>Tailita</b> <b>Until 12:38AM Fri</b>	Prathama
	Creative Work    Siddha Yoga		<b>Prathama*</b> <b>Until 1:33PM</b>	<b>Devaloka Day</b>
			<b>Ganesha:</b> Blue <i>Sunrise:</i> 4:16AM	
			<b>Muruqa:</b> Red <i>Sunset:</i> 7:33PM	
			<b>Nataraja:</b> Purple	
			Moon – Light Blue	
			<b>Jyeshtha-Ani</b>	





**Friday, June 17, 2011**  
**Gold Retreat Star**

Dhanu Rasi: 22.23    Tithi 17 – 18  
388766151  
Creative Work    Siddha Yoga  
Until 2.00PM then no yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    6:11AM – 8:05AM  
**Yama**       3:44PM – 5:39PM  
**Rahu**       10:00AM – 11:55AM

**Purvashadha\* Until 1:55PM**  
Brahma Until 9:29PM  
Vanija Until 1:04AM Sat  
Dvitiya Until 1:04PM

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Albany, NY  
**Sun 1**    **Sutra 66**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**



**Saturday, June 18, 2011**

Makara Rasi: 5.33    Tithi 18 – 19  
388766151  
No Yoga  
Until 2.01PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Indra Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika**    4:16AM – 6:11AM  
**Yama**       1:50PM – 3:44PM  
**Rahu**       8:06AM – 10:00AM

**Uttarashadha Until 2:13PM**  
Indra Until 8:08PM  
Bava Until 12:38AM Sun  
Tritiya Until 12:38PM

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Light Blue  
**Jyeshtha-Ani**

Albany, NY  
**Sun 2**    **Sutra 67**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Devaloka Day**



**Sunday, June 19, 2011**

Makara Rasi: 18.23    Tithi 19 – 20  
398766151  
Creative Work    Amrita Yoga  
Until 3:08PM then Siddha Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Vaidhriti\* Yoga Balava/Kaulava Karana Chalurthi\*/Panchami Yam Titau

**Gulika**    3:44PM – 5:39PM  
**Yama**       11:55AM – 1:50PM  
**Rahu**       5:39PM – 7:34PM

**Sravana Until 3:08PM**  
Vaidhriti\* Until 8:22PM  
Kaulava Until 12:53AM Mon  
**Chaturthi\* Until 12:53PM**

**Ganesha:** Red  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Albany, NY  
**Sun 3**    **Sutra 68**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Sivaloka Day**

**Father's Day**



**Monday, June 20, 2011**

Kumbha Rasi: 0.55    Tithi 20 – 21  
399766151  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 2.01PM then Marana Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Vishkambha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    1:50PM – 3:45PM  
**Yama**       10:01AM – 11:55AM  
**Rahu**       6:11AM – 8:06AM

**Dhanishtha Until 5:29PM**  
Vishkambha\* Until 8:05PM  
Gara Until 3:31AM Tue  
**Panchami Until 2:25PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Albany, NY  
**Sun 4**    **Sutra 69**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Tuesday, June 21, 2011**

Kumbha Rasi: 13.12    Tithi 21 – 22  
399766151  
Routine Work    Marana Yoga  
Until 2.01PM then Siddha Yoga  
Until 7:36PM then Amrita Yoga

Khara Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Satabhisha Nakshatra Priti Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    11:56AM – 1:50PM  
**Yama**       8:06AM – 10:01AM  
**Rahu**       3:45PM – 5:40PM

**Satabhisha Until 7:36PM**  
Priti Until 8:16PM  
Visti Until 4:59AM Wed  
**Shasthi\* Until 3:53PM**

**Ganesha:** Blue  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Purple  
**Jyeshtha-Ani**

Albany, NY  
**Sun 5**    **Sutra 70**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Wednesday, June 22, 2011**

Kumbha Rasi: 25.17    Tithi 22 – 23  
319766151  
Creative Work    Amrita Yoga  
Until 2.01PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    10:01AM – 11:56AM  
**Yama**       6:12AM – 8:06AM  
**Rahu**       11:56AM – 1:50PM

**Purvaprostapada\* Until 10:05PM**  
Ayushman Until 8:48PM  
Balava Until 6:52AM Thu  
**Saptami Until 5:46PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Albany, NY  
**Sun 6**    **Sutra 71**  
Khara 5113  
Moon 6 - Phase 9  
1st Phase

**Subha Sivaloka Day**



**Thursday, June 23, 2011**  
**Retreat Star**

Meena Rasi: 7.16    Tithi 23  
319766151  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    8:07AM – 10:01AM  
**Yama**       4:17AM – 6:12AM  
**Rahu**       1:51PM – 3:45PM

**Uttaraprostapada Until 12:49AM Fri**  
Saubhagya Until 9:34PM  
Balava Until 6:50AM  
**Ashtami\* Until 7:56PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Albany, NY  
**Sun 7**    **Sutra 72**  
Khara 5113  
Moon 6 - Phase 9  
Ashtami

**Subha Sivaloka Day**

**Friday, June 24, 2011**  
**Retreat Star**

Meena Rasi: 19.1    Tithi 24  
319766151  
Creative Work    Siddha Yoga  
Until 2.02PM then Prabalarishta Yoga  
Until 3:40AM Sat then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana Yoga Tailila/Gara Karana Navami\* Yam Titau

**Gulika**    6:12AM – 8:07AM  
**Yama**       3:45PM – 5:40PM  
**Rahu**       10:02AM – 11:56AM

**Revati Until 3:40AM Sat**  
Sobhana Until 10:26PM  
Tailila Until 9:07AM  
**Navami\* Until 10:13PM**

**Ganesha:** Purple  
**Muruqa:** Red  
**Nataraja:** Purple  
Moon – Clear  
**Jyeshtha-Ani**

Albany, NY  
**Sun 8**    **Sutra 73**  
Khara 5113  
Moon 6 - Phase 9  
Navami

**Subha Sivaloka Day**


<b>1</b>	<b>Saturday, June 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Asvini Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dasami Yam Titau				Albany, NY
	Mesha Rasi: 1.05	Tithi 25	329766151	<b>Gulika</b> 4:18AM – 6:13AM <b>Yama</b> 1:51PM – 3:46PM <b>Rahu</b> 8:07AM – 10:02AM	<b>Asvini Until 6:30AM Sun</b> Athiganda* Until 11:17PM Vanija Until 11:23AM <b>Dasami Until 12:28AM Sun</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 9</b> <b>Sutra 74</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 6:30AM Sun then no yoga					

<b>2</b>	<b>Sunday, June 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Sukarma Yoga Bava/Balava Karana Ekadasi* Yam Titau				Albany, NY
	Mesha Rasi: 13.05	Tithi 26	329766151	<b>Gulika</b> 3:46PM – 5:40PM <b>Yama</b> 11:57AM – 1:51PM <b>Rahu</b> 5:40PM – 7:35PM	<b>Asvini Until 6:30AM</b> Sukarma Until 12:00PM Bava Until 1:28PM <b>Ekadasi* Until 2:34AM Mon</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:18AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 10</b> <b>Sutra 75</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 6:30AM then no yoga Until 2:02PM then Siddha Yoga					

<b>3</b>	<b>Monday, June 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Albany, NY
	Mesha Rasi: 25.13	Tithi 27	329766151	<b>Gulika</b> 1:51PM – 3:46PM <b>Yama</b> 10:02AM – 11:57AM <b>Rahu</b> 6:13AM – 8:08AM	<b>Bharani Until 8:53AM</b> Dhriti Until 12:26AM Tue Kaulava Until 3:15PM <b>Dvadasi* Until 4:20AM Tue</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Red <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 11</b> <b>Sutra 76</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 8:53AM then no yoga Until 2:03PM then Siddha Yoga					

<b>4</b>	<b>Tuesday, June 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Albany, NY
	Wrishabha Rasi: 7.34	Tithi 28	321776151	<b>Gulika</b> 11:57AM – 1:51PM <b>Yama</b> 8:08AM – 10:02AM <b>Rahu</b> 3:46PM – 5:40PM	<b>Krittika Until 10:29AM</b> Shula* Until 11:10PM Gara Until 3:41PM <b>Trayodasi* Until 3:41AM Wed</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – White <b>Jyeshtha-Ani</b>	<b>Sun 12</b> <b>Sutra 77</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 10:29AM then Amrita Yoga Until 2:03PM then Siddha Yoga					

<b>5</b>	<b>Wednesday, June 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Albany, NY
	Wrishabha Rasi: 20.11	Tithi 29	331776151	<b>Gulika</b> 10:03AM – 11:57AM <b>Yama</b> 6:14AM – 8:08AM <b>Rahu</b> 11:57AM – 1:52PM	<b>Rohini Until 11:49AM</b> Ganda* Until 10:46PM Visti Until 4:22PM <b>Chaturdasi* Until 4:22AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>	<b>Sun 13</b> <b>Sutra 78</b> Khara 5113 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Until 2:03PM then Marana Yoga					

	<b>Thursday, June 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Albany, NY	
	<b>Retreat Star</b>		Mithuna Rasi: 3.06	Tithi 30	331776151	<b>Gulika</b> 8:09AM – 10:03AM <b>Yama</b> 4:20AM – 6:14AM <b>Rahu</b> 1:52PM – 3:46PM	<b>Mrigasira Until 12:35PM</b> Vriddhi Until 9:52PM Catuspada Until 4:27PM <b>Amavasya* Until 4:27AM Fri</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – Yellow <b>Jyeshtha-Ani</b>
Routine Work Marana Yoga		Until 2:03PM then Siddha Yoga						

	<b>Friday, July 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Albany, NY	
	<b>Retreat Star</b>		Mithuna Rasi: 16.19	Tithi 1	331776151	<b>Gulika</b> 6:15AM – 8:09AM <b>Yama</b> 3:46PM – 5:40PM <b>Rahu</b> 10:03AM – 11:58AM	<b>Ardra Until 12:18PM</b> Dhruva Until 8:25PM Kintughna Until 3:08PM <b>Prathama* Until 2:13AM Sat</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:35PM <b>Nataraja:</b> Purple Moon – Yellow <b>Ashada-Ani</b>
Creative Work Siddha Yoga		Until 2:03PM then Marana Yoga						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49


<b>1</b>	<b>Saturday, July 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Sun 16	Albany, NY Sutra 81 Khara 5113
	Mithuna Rasi: 29.51	Tithi 2	<b>Gulika</b> 4:21AM – 6:15AM	<b>Punarvasu</b> Until 11:59AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:21AM		
		341776151	<b>Yama</b> 1:52PM – 3:46PM	<b>Vyaghata*</b> Until 5:37PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
Routine Work	Marana Yoga		<b>Rahu</b> 8:09AM – 10:04AM	Balava Until 2:05PM	<b>Nataraja:</b> Purple		3rd Phase	
Until 11:59AM then Siddha Yoga				<b>Dvitiya</b> Until 1:10AM Sun	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>	


<b>2</b>	<b>Sunday, July 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Harshana/Vajra* Yoga Tailita/Gara Karana Tritiya Yam Titau				Sun 17	Albany, NY Sutra 82 Khara 5113
	Kataka Rasi: 13.38	Tithi 3	<b>Gulika</b> 3:46PM – 5:40PM	<b>Pushya</b> Until 11:12AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:22AM		
		341776151	<b>Yama</b> 11:58AM – 1:52PM	<b>Harshana</b> Until 3:22PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
Creative Work	Siddha Yoga		<b>Rahu</b> 5:40PM – 7:34PM	Tailita Until 12:33PM	<b>Nataraja:</b> Purple		3rd Phase	
				<b>Tritiya</b> Until 11:38PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Monday, July 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Sun 18	Albany, NY Sutra 83 Khara 5113
	Kataka Rasi: 27.37	Tithi 4	<b>Gulika</b> 1:52PM – 3:46PM	<b>Aslesha*</b> Until 10:05AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:22AM		
Family Home Evening		341776151	<b>Yama</b> 10:04AM – 11:58AM	<b>Vajra*</b> Until 12:48PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
Creative Work	Siddha Yoga		<b>Rahu</b> 6:16AM – 8:10AM	Vanija Until 10:38AM	<b>Nataraja:</b> Purple		3rd Phase	
				<b>Chaturthi*</b> Until 9:43PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, July 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchami Yam Titau				Sun 19	Albany, NY Sutra 84 Khara 5113
	Simha Rasi: 11.45	Tithi 5	<b>Gulika</b> 11:58AM – 1:52PM	<b>Magha*</b> Until 8:43AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:23AM		
		351776151	<b>Yama</b> 8:10AM – 10:04AM	<b>Siddhi</b> Until 10:00AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:34PM	Moon 6 - Phase 11	
Creative Work	Siddha Yoga		<b>Rahu</b> 3:46PM – 5:40PM	Bava Until 8:28AM	<b>Nataraja:</b> Purple		3rd Phase	
Until 2:04PM then Amrita Yoga				<b>Panchami</b> Until 7:32PM	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>	

<b>5</b>	<b>Wednesday, July 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Vyalipata*/Varyan Yoga Kaulava/Gara Karana Shasthi*/Saptami Yam Titau				Sun 20	Albany, NY Sutra 85 Khara 5113
	Simha Rasi: 25.58	Tithi 6 – 7	<b>Gulika</b> 10:05AM – 11:58AM	<b>Purvaphalguni*</b> Until 7:12AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:23AM		
		451776151	<b>Yama</b> 6:17AM – 8:11AM	<b>Vyatipata*</b> Until 7:04AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
Creative Work	Amrita Yoga		<b>Rahu</b> 11:58AM – 1:52PM	Kaulava Until 6:08AM	<b>Nataraja:</b> Purple		3rd Phase	
Until 2:04PM then Prabalarishta Yoga			<b>Chidambaram</b> Abhishekam	<b>Shasthi*</b> Until 5:13PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>	

	<b>Thursday, July 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Sun 21	Albany, NY Sutra 86 Khara 5113
	<b>Retreat Star</b>		<b>Gulika</b> 8:11AM – 10:05AM	<b>Hasta</b> Until 4:31AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:24AM		
Kanya Rasi: 10.12	Tithi 7 – 8	461776151	<b>Yama</b> 4:24AM – 6:18AM	<b>Parigha*</b> Until 1:26AM Fri	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
No Yoga			<b>Rahu</b> 1:52PM – 3:46PM	Visti Until 1:56AM Fri	<b>Nataraja:</b> Purple		Ashtami	
Until 2:04PM then Amrita Yoga				<b>Saptami</b> Until 2:51PM	<b>Ashada-Ani</b>		<b>Subha Sivaloka Day</b>	

	<b>Friday, July 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Sun 22	Albany, NY Sutra 87 Khara 5113
	<b>Retreat Star</b>		<b>Gulika</b> 6:18AM – 8:12AM	<b>Chitra</b> Until 3:00AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:25AM		
Kanya Rasi: 24.25	Tithi 8 – 9	462776151	<b>Yama</b> 3:46PM – 5:39PM	<b>Shiva</b> Until 10:29PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 7:33PM	Moon 6 - Phase 11	
Creative Work	Siddha Yoga		<b>Rahu</b> 10:05AM – 11:59AM	Balava Until 11:35PM	<b>Nataraja:</b> Purple		Navami	
Until 2:05PM then Marana Yoga				<b>Ashtami*</b> Until 12:31PM	<b>Ashada-Ani</b>		<b>Sivaloka Day</b>	
Until 3:00AM Sat then Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishṇa Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Saturday, July 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Albany, NY
				Sun 23	Sutra 88 Khara 5113
Tula Rasi: 8.35	Tithi 9 – 10	462776151	<b>Gulika</b> 4:25AM – 6:19AM <b>Yama</b> 1:52PM – 3:46PM <b>Rahu</b> 8:12AM – 10:05AM	<b>Svati Until 1:34AM Sun</b> Siddha Until 7:37PM Taitila Until 9:21PM <b>Navami* Until 10:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:25AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:32PM <b>Nataraja:</b> Purple Moon – Green <b>Ashada*Ani</b>
Creative Work	Siddha Yoga				Moon 6 - Phase 12 4th Phase
Until 1:34AM Sun then Marana Yoga					<b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, July 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Albany, NY
				Sun 24	Sutra 89 Khara 5113
Tula Rasi: 22.41	Tithi 10 – 11	472776151	<b>Gulika</b> 3:45PM – 5:39PM <b>Yama</b> 11:59AM – 1:52PM <b>Rahu</b> 5:39PM – 7:32PM	<b>Visakha Until 12:16AM Mon</b> Sadhya Until 4:53PM Vanija Until 7:15PM <b>Dasami Until 8:10AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:26AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:32PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Routine Work	Marana Yoga				Moon 6 - Phase 12 4th Phase
Until 12:16AM Mon then Siddha Yoga					<b>Devaloka Day</b>

<b>3</b>	<b>Monday, July 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Albany, NY
				Sun 25	Sutra 90 Khara 5113
Vrischika Rasi: 6.4	Tithi 11 – 12	472876151	<b>Gulika</b> 1:52PM – 3:45PM <b>Yama</b> 10:06AM – 11:59AM <b>Rahu</b> 6:20AM – 8:13AM	<b>Anuradha Until 11:09PM</b> Subha Until 2:19PM Balava Until 4:26AM Tue <b>Ekadasi Until 6:16AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:27AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:31PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Family Home Evening					Moon 6 - Phase 12 4th Phase
Creative Work	Siddha Yoga				<b>Sivaloka Day</b>

<b>4</b>	<b>Tuesday, July 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Albany, NY
				Sun 26	Sutra 91 Khara 5113
Vrischika Rasi: 20.3	Tithi 13	472876151	<b>Gulika</b> 11:59AM – 1:52PM <b>Yama</b> 8:13AM – 10:06AM <b>Rahu</b> 3:45PM – 5:38PM	<b>Jyeshtha* Until 10:17PM</b> Sukla Until 11:59AM Kaulava Until 3:43PM <b>Trayodasi Until 2:47AM Wed</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:31PM <b>Nataraja:</b> Purple Moon – Orange <b>Ashada*Ani</b>
Creative Work	Siddha Yoga				Moon 6 - Phase 12 4th Phase
Until 10:17PM then Marana Yoga					<b>Sivaloka Day</b>

<b>5</b>	<b>Wednesday, July 13, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Albany, NY
				Sun 27	Sutra 92 Khara 5113
Dhanus Rasi: 4.1	Tithi 14	482876151	<b>Gulika</b> 10:07AM – 11:59AM <b>Yama</b> 6:21AM – 8:14AM <b>Rahu</b> 11:59AM – 1:52PM	<b>Mula* Until 10:55PM</b> Brahma Until 10:12AM Gara Until 2:24PM <b>Chaturdasi* Until 1:28AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:28AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:30PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Routine Work	Marana Yoga				Moon 6 - Phase 12 4th Phase
Until 2:05PM then Siddha Yoga					<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Thursday, July 14, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnima* Yam Titau		Albany, NY
	<b>Copper Retreat Star</b>				Sutra 93 Khara 5113
Dhanus Rasi: 17.37	Tithi 15	482876151	<b>Gulika</b> 8:14AM – 10:07AM <b>Yama</b> 4:29AM – 6:22AM <b>Rahu</b> 1:52PM – 3:45PM	<b>Purvashadha* Until 10:42PM</b> Indra Until 8:22AM Visti Until 2:06PM <b>Purnima* Until 2:06AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:29AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:30PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work	Siddha Yoga				Moon 6 - Phase 12 Purnima
			<b>Satguru Purnima</b>		<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Friday, July 15, 2011</b>		Khara Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Albany, NY
	<b>Silver Retreat Star</b>				Sutra 94 Khara 5113
Makara Rasi: 0.5	Tithi 16	482876151	<b>Gulika</b> 6:22AM – 8:15AM <b>Yama</b> 3:44PM – 5:37PM <b>Rahu</b> 10:07AM – 12:00PM	<b>Uttarashadha Until 10:55PM</b> Vaidhriti* Until 6:56AM Balava Until 1:34PM <b>Prathama* Until 1:34AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:30AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 7:29PM <b>Nataraja:</b> Purple Moon – Light Blue <b>Ashada*Ani</b>
Creative Work	Siddha Yoga				Moon 6 - Phase 12 Prathama
Until 2:06PM then no yoga					<b>Subha Sivaloka Day</b>
Until 10:55PM then Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Kṛishṇa Yajur Veda, Maitu 6.34. UpM, 104



**Saturday, July 16, 2011**  
**Gold Retreat Star**

Makara Rasi: 13.47      Tithi 17  
492876151  
Creative Work    Siddha Yoga  
Until 2.06PM then Amrita Yoga  
Until 11:37PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Priti Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    4:31AM – 6:23AM  
**Yama**      1:52PM – 3:44PM  
**Rahu**      8:15AM – 10:07AM

**Sravana Until 11:37PM**  
Priti Until 4:48AM Sun  
Taitila Until 1:34PM  
**Dvitiya Until 1:34AM Sun**

**Ganesha:** Clear      *Sunrise:* 4:31AM  
**Muruqa:** Yellow    *Sunset:* 7:28PM  
**Nataraja:** Purple  
Moon – Purple  
**Ashada-Adi**

Albany, NY  
**Sun 1**    **Sutra 95**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Sivaloka Day**

**1**

**Sunday, July 17, 2011**

Makara Rasi: 26.29      Tithi 18  
492876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Ayushman Yoga Vanija/Visli\* Karana Tritiya Yam Titau

**Gulika**    3:44PM – 5:36PM  
**Yama**      12:00PM – 1:52PM  
**Rahu**      5:36PM – 7:28PM

**Dhanishtha Until 2:21AM Mon**  
Ayushman Until 5:58AM Mon  
Vanija Until 2:05PM  
**Tritiya Until 2:05AM Mon**

**Ganesha:** Clear      *Sunrise:* 4:32AM  
**Muruqa:** Yellow    *Sunset:* 7:28PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Albany, NY  
**Sun 2**    **Sutra 96**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**2**

**Monday, July 18, 2011**

Kumbha Rasi: 8.57      Tithi 19  
492876152  
Family Home Evening  
Creative Work    Siddha Yoga  
Until 2.06PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    1:52PM – 3:43PM  
**Yama**      10:08AM – 12:00PM  
**Rahu**      6:24AM – 8:16AM

**Satabhisha Until 4:07AM Tue**  
Saubhagya Until 5:50AM Tue  
Bava Until 3:54PM  
**Chaturthi\* Until 4:59AM Tue**

**Ganesha:** Clear      *Sunrise:* 4:33AM  
**Muruqa:** Yellow    *Sunset:* 7:27PM  
**Nataraja:** Clear  
Moon – Purple  
**Ashada-Adi**

Albany, NY  
**Sun 3**    **Sutra 97**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**3**

**Tuesday, July 19, 2011**

Kumbha Rasi: 21.11      Tithi 20  
412876152  
Routine Work    Marana Yoga  
Until 2.06PM then Amrita Yoga  
Until 6:09AM Wed then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    12:00PM – 1:51PM  
**Yama**      8:17AM – 10:08AM  
**Rahu**      3:43PM – 5:35PM

**Purvaprostapada\* Until 6:09AM Wed**  
Sobhana Until 6:02AM Wed  
Kaulava Until 5:27PM  
**Panchami Until 6:17AM Wed**

**Ganesha:** Yellow      *Sunrise:* 4:33AM  
**Muruqa:** Yellow    *Sunset:* 7:26PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Albany, NY  
**Sun 4**    **Sutra 98**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**4**

**Wednesday, July 20, 2011**

Meena Rasi: 3.16      Tithi 20 – 21  
412876152  
Creative Work    Amrita Yoga  
Until 6:09AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika**    10:09AM – 12:00PM  
**Yama**      6:26AM – 8:17AM  
**Rahu**      12:00PM – 1:51PM

**Purvaprostapada\* Until 6:09AM**  
Sobhana Until 6:02AM  
Gara Until 7:23PM  
**Panchami Until 6:17AM**

**Ganesha:** Yellow      *Sunrise:* 4:34AM  
**Muruqa:** Yellow    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Albany, NY  
**Sun 5**    **Sutra 99**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Devaloka Day**

**5**

**Thursday, July 21, 2011**

Meena Rasi: 15.13      Tithi 21 – 22  
413876152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visli\* Karana Shasthi\*/Saptami Yam Titau

**Gulika**    8:18AM – 10:09AM  
**Yama**      4:35AM – 6:26AM  
**Rahu**      1:51PM – 3:42PM

**Uttaraprostapada Until 8:55AM**  
Athiganda\* Until 6:49AM  
Visli Until 9:34PM  
**Shasthi\* Until 8:28AM**

**Ganesha:** White      *Sunrise:* 4:35AM  
**Muruqa:** Yellow    *Sunset:* 7:25PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Albany, NY  
**Sun 6**    **Sutra 100**  
Khara 5113  
Moon 7 - Phase 13  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM



**Friday, July 22, 2011**  
**Retreat Star**

Meena Rasi: 27.07      Tithi 22 – 23  
413876152  
Creative Work    Siddha Yoga  
Until 11:47AM then Amrita Yoga  
Until 2.06PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati/Asvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika**    6:27AM – 8:18AM  
**Yama**      3:42PM – 5:33PM  
**Rahu**      10:09AM – 12:00PM

**Revati Until 11:47AM**  
Sukarma Until 7:43AM  
Balava Until 11:53PM  
**Saptami Until 10:47AM**

**Ganesha:** White      *Sunrise:* 4:36AM  
**Muruqa:** Yellow    *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Clear  
**Ashada-Adi**

Albany, NY  
**Sun 7**    **Sutra 101**  
Khara 5113  
Moon 7 - Phase 13  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Saturday, July 23, 2011**  
**Retreat Star**

Mesha Rasi: 9.01      Tithi 23 – 24  
423876152  
Creative Work    Siddha Yoga  
Until 2:39PM then no yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    4:37AM – 6:28AM  
**Yama**      1:51PM – 3:41PM  
**Rahu**      8:19AM – 10:09AM

**Asvini Until 2:39PM**  
Dhriti Until 8:35AM  
Taitila Until 2:10AM Sun  
**Ashtami\* Until 1:05PM**

**Ganesha:** Yellow      *Sunrise:* 4:37AM  
**Muruqa:** Yellow    *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – White  
**Ashada-Adi**

Albany, NY  
**Sun 8**    **Sutra 102**  
Khara 5113  
Moon 7 - Phase 13  
Navami

**Devaloka Day**

Borne along and defiled by the stream of qualities, unsteady, wavering, bewildered, full of desire, distracted, one goes on into the state of self-conceit. In thinking, "This is I" and "That is mine" one binds himself with himself, as does a bird with a snare. Krishna Yajur Veda, Maitu 3.2. UpH, 418

<b>1</b>	<b>Sunday, July 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Albany, NY
	Mesha Rasi: 21      Tithi 24 – 25 No Yoga Until 2.06PM then Siddha Yoga Until 5:20PM then no yoga	423876152	<b>Gulika</b> 3:41PM – 5:32PM <b>Yama</b> 12:00PM – 1:51PM <b>Rahu</b> 5:32PM – 7:22PM	<b>Bharani</b> Until 5:20PM Shula* Until 9:19AM Vanija Until 4:17AM Mon <b>Navami*</b> Until 3:12PM	<b>Sun 9</b> <b>Sutra 103</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Devaloka Day</b>


<b>2</b>	<b>Monday, July 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau			Albany, NY
	Vrishabha Rasi: 3.09      Tithi 25 – 26 Family Home Evening No Yoga Until 2.06PM then Siddha Yoga Until 7:42PM then Amrita Yoga	423876152	<b>Gulika</b> 1:50PM – 3:41PM <b>Yama</b> 10:10AM – 12:00PM <b>Rahu</b> 6:29AM – 8:20AM	<b>Krittika</b> Until 7:42PM Ganda* Until 9:44AM Bava Until 6:02AM Tue <b>Dasami</b> Until 4:57PM	<b>Sun 10</b> <b>Sutra 104</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, July 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Albany, NY
	Vrishabha Rasi: 15.33      Tithi 26 – 27 Creative Work      Amrita Yoga Until 2.06PM then Siddha Yoga	433876152	<b>Gulika</b> 12:00PM – 1:50PM <b>Yama</b> 8:20AM – 10:10AM <b>Rahu</b> 3:40PM – 5:30PM	<b>Rohini</b> Until 8:22PM Vridhi Until 9:25AM Kaulava Until 5:08AM Wed <b>Ekadasi*</b> Until 5:08PM	<b>Sun 11</b> <b>Sutra 105</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Wednesday, July 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Dhruva/Vyaghata* Yoga Taitila*/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Albany, NY
	Vrishabha Rasi: 28.16      Tithi 27 – 28 Creative Work      Siddha Yoga Until 2.06PM then Marana Yoga	433876152	<b>Gulika</b> 10:10AM – 12:00PM <b>Yama</b> 6:31AM – 8:20AM <b>Rahu</b> 12:00PM – 1:50PM	<b>Mrigasira</b> Until 9:30PM Dhruva Until 8:50AM Gara Until 5:37AM Thu <b>Dvadasi*</b> Until 5:37PM <i>Pradosha Vrata (Fasting)</i>	<b>Sun 12</b> <b>Sutra 106</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Thursday, July 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Albany, NY
	Mithuna Rasi: 11.22      Tithi 28 – 29 Routine Work      Marana Yoga Until 2.06PM then Siddha Yoga	433876152	<b>Gulika</b> 8:21AM – 10:10AM <b>Yama</b> 4:42AM – 6:31AM <b>Rahu</b> 1:50PM – 3:39PM	<b>Ardra</b> Until 9:57PM Vyaghata* Until 7:37AM Visti Until 3:32AM Fri <b>Trayodasi*</b> Until 4:28PM	<b>Sun 13</b> <b>Sutra 107</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Friday, July 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Albany, NY
	Mithuna Rasi: 24.51      Tithi 29 – 30 Creative Work      Siddha Yoga Until 2.06PM then Marana Yoga Until 8:32PM then Siddha Yoga	443876152	<b>Gulika</b> 6:32AM – 8:21AM <b>Yama</b> 3:39PM – 5:28PM <b>Rahu</b> 10:11AM – 12:00PM	<b>Punarvasu</b> Until 8:32PM Vajra* Until 3:03AM Sat Catuspada Until 2:33AM Sat <b>Chaturdasi*</b> Until 3:28PM	<b>Sun 14</b> <b>Sutra 108</b> Khara 5113 Moon 7 - Phase 14 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

	<b>Saturday, July 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manla Vasara Yuktayam Pushya Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Albany, NY
	<b>Retreat Star</b> Kataka Rasi: 8.44      Tithi 30 – 1 Creative Work      Siddha Yoga	443876152	<b>Gulika</b> 4:44AM – 6:33AM <b>Yama</b> 1:49PM – 3:38PM <b>Rahu</b> 8:22AM – 10:11AM	<b>Pushya</b> Until 7:37PM Siddhi Until 12:40AM Sun Kintughna Until 12:52AM Sun <b>Amavasya*</b> Until 1:47PM	<b>Sun 15</b> <b>Sutra 109</b> Khara 5113 Moon 7 - Phase 14 Amavasya <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>	<b>Sunday, July 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Albany, NY
	Kataka Rasi: 22.56      Tithi 1 – 2 Creative Work      Siddha Yoga	443876152	<b>Gulika</b> 3:37PM – 5:26PM <b>Yama</b> 12:00PM – 1:49PM <b>Rahu</b> 5:26PM – 7:15PM	<b>Aslesha*</b> Until 6:07PM Vyatipata* Until 9:45PM Balava Until 10:34PM <b>Prathama*</b> Until 11:29AM	<b>Sun 16</b> <b>Sutra 110</b> Khara 5113 Moon 7 - Phase 14 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

<b>1</b>	<b>Monday, August 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Albany, NY <b>Sutra 111</b> Khara 5113
	Simha Rasi: 7.22      Tithi 2 – 3 Family Home Evening      453876152 Creative Work      Siddha Yoga	<b>Gulika</b> 1:48PM – 3:37PM <b>Yama</b> 10:11AM – 12:00PM <b>Rahu</b> 6:34AM – 8:23AM	<b>Magha* Until 3:33PM</b> Variyan Until 5:40PM Taitila Until 6:50PM <b>Dvitiya Until 8:33AM</b>

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Tuesday, August 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Parigha*/Shiva Yoga Vanija/Visi* Karana Chaturthi* Yam Titau	Albany, NY <b>Sutra 112</b> Khara 5113
	Simha Rasi: 21.56      Tithi 4 453876152 Creative Work      Siddha Yoga Until 1:33PM then Amrita Yoga	<b>Gulika</b> 12:00PM – 1:48PM <b>Yama</b> 8:23AM – 10:12AM <b>Rahu</b> 3:36PM – 5:24PM	<b>Purvaphalguni* Until 1:33PM</b> Parigha* Until 2:22PM Vanija Until 4:04PM <b>Chaturthi* Until 2:21AM Wed</b>

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Wednesday, August 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchami Yam Titau	Albany, NY <b>Sutra 113</b> Khara 5113
	Kanya Rasi: 6.32      Tithi 5 453876152 Creative Work      Amrita Yoga Until 11:33AM then Siddha Yoga Until 2.06PM then no yoga	<b>Gulika</b> 10:12AM – 12:00PM <b>Yama</b> 6:36AM – 8:24AM <b>Rahu</b> 12:00PM – 1:48PM	<b>Uttaraphalguni Until 11:33AM</b> Shiva Until 11:23AM Bava Until 1:15PM <b>Panchami Until 11:33PM</b>

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Thursday, August 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Albany, NY <b>Sutra 114</b> Khara 5113
	Kanya Rasi: 21.03      Tithi 6 463876152 No Yoga Until 9:55AM then Siddha Yoga	<b>Gulika</b> 8:24AM – 10:12AM <b>Yama</b> 4:49AM – 6:37AM <b>Rahu</b> 1:47PM – 3:35PM	<b>Hasta Until 9:55AM</b> Siddha Until 7:58AM Kaulava Until 10:57AM <b>Shasthi* Until 10:01PM</b>

**Devaloka Day**

<b>5</b>	<b>Friday, August 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Subha Yoga Gara/Vanija Karana Saptami Yam Titau	Albany, NY <b>Sutra 115</b> Khara 5113
	Tula Rasi: 5.24      Tithi 7 464976152 Creative Work      Siddha Yoga	<b>Gulika</b> 6:37AM – 8:25AM <b>Yama</b> 3:34PM – 5:22PM <b>Rahu</b> 10:12AM – 11:59AM	<b>Chitra Until 8:10AM</b> Subha Until 2:08AM Sat Gara Until 8:22AM <b>Saptami Until 7:27PM</b>

**Devaloka Day**

<b>6</b>	<b>Saturday, August 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mantra Vasara Yuktayam Svati/Visakha Nakshatra Sukla Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau	Albany, NY <b>Sutra 116</b> Khara 5113
	Tula Rasi: 19.33      Tithi 8 – 9 464976152 Creative Work      Siddha Yoga Until 2.06PM then Marana Yoga	<b>Gulika</b> 4:51AM – 6:38AM <b>Yama</b> 1:46PM – 3:34PM <b>Rahu</b> 8:25AM – 10:12AM	<b>Svati Until 6:46AM</b> Sukla Until 11:18PM Visti Until 6:10AM <b>Ashtami* Until 5:15PM</b>

**Devaloka Day**

<b>7</b>	<b>Sunday, August 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Albany, NY <b>Sutra 117</b> Khara 5113
	Vrischika Rasi: 3.28      Tithi 9 – 10 474976152 Routine Work      Marana Yoga Until 2.05PM then Siddha Yoga	<b>Gulika</b> 3:33PM – 5:20PM <b>Yama</b> 11:59AM – 1:46PM <b>Rahu</b> 5:20PM – 7:06PM	<b>Anuradha Until 4:37AM Mon</b> Brahma Until 8:49PM Taitila Until 2:33AM Mon <b>Navami* Until 3:28PM</b>

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

**1 Monday, August 8, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Albany, NY  
 Jyeshtha\* Nakshatra Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau Sun 24 **Sutra 118**  
 Khara 5113  
**Gulika** 1:46PM – 3:32PM **Jyeshtha\* Until 5:42AM Tue** **Ganesha:** White *Sunrise:* 4:53AM  
**Yama** 10:13AM – 11:59AM Indra Until 7:38PM **Muruqa:** Yellow *Sunset:* 7:05PM Moon 7 - Phase 16  
**Rahu** 6:40AM – 8:26AM Vanija Until 1:12AM Tue **Nataraja:** Clear 4th Phase  
**Sravana-Adi** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Vrischika Rasi: 17.1 Tithi 10 – 11  
**Family Home Evening** 474976152  
 Creative Work Siddha Yoga  
 Until 5:42AM Tue then Amrita Yoga

**2 Tuesday, August 9, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Albany, NY  
 Mula\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vistii\*/Bava Karana Ekadasi/Dvadasi Yam Titau Sun 25 **Sutra 119**  
 Khara 5113  
**Gulika** 11:59AM – 1:45PM **Mula\* Until 5:27AM Wed** **Ganesha:** Clear *Sunrise:* 4:54AM  
**Yama** 8:27AM – 10:13AM Vaidhriti\* Until 5:45PM **Muruqa:** Yellow *Sunset:* 7:04PM Moon 7 - Phase 16  
**Rahu** 3:31PM – 5:18PM Bava Until 1:46AM Wed **Nataraja:** Clear 4th Phase  
**Sravana-Adi** **Devaloka Day**  
 Tour Day  
 Dhanus Rasi: 0.38 Tithi 11 – 12  
 484976152  
 Creative Work Amrita Yoga  
 Until 2:05PM then Marana Yoga  
 Until 5:27AM Wed then Amrita Yoga

**3 Wednesday, August 10, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Albany, NY  
 Purvashadha\* Nakshatra Vishkambha\*/Priti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau Sun 26 **Sutra 120**  
 Khara 5113  
**Gulika** 10:13AM – 11:59AM **Purvashadha\* Until 5:35AM Thu** **Ganesha:** Clear *Sunrise:* 4:55AM  
**Yama** 6:41AM – 8:27AM Vishkambha\* Until 4:14PM **Muruqa:** Yellow *Sunset:* 7:02PM Moon 7 - Phase 16  
**Rahu** 11:59AM – 1:45PM Kaulava Until 1:10AM Thu **Nataraja:** Clear 4th Phase  
**Sravana-Adi** **Devaloka Day**  
 Pradosha Vrata

**4 Thursday, August 11, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Albany, NY  
 Uttarashadha Nakshatra Priti/Ayushman Yoga Tailila/Gara Karana Trayodasi/Chaturdasi\* Yam Titau Sun 27 **Sutra 121**  
 Khara 5113  
**Gulika** 8:28AM – 10:13AM **Uttarashadha Until 6:20AM Fri** **Ganesha:** Clear *Sunrise:* 4:56AM  
**Yama** 4:56AM – 6:42AM Priti Until 3:03PM **Muruqa:** Yellow *Sunset:* 7:01PM Moon 7 - Phase 16  
**Rahu** 1:44PM – 3:30PM Gara Until 12:58AM Fri **Nataraja:** Clear 4th Phase  
**Sravana-Adi** **Devaloka Day**  
 Trayodasi Until 12:58PM

**Friday, August 12, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Albany, NY  
 Uttarashadha/Sravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii\* Karana Chaturdasi\*/Purnima\* Yam Titau Sun 28 **Sutra 122**  
 Khara 5113  
**Gulika** 6:43AM – 8:28AM **Uttarashadha Until 6:20AM** **Ganesha:** Clear *Sunrise:* 4:57AM  
**Yama** 3:29PM – 5:14PM Ayushman Until 2:12PM **Muruqa:** Yellow *Sunset:* 7:00PM Moon 7 - Phase 16  
**Rahu** 10:13AM – 11:59AM Vistii Until 1:08AM Sat **Nataraja:** Clear Purnima  
**Sravana-Adi** **Devaloka Day**  
 Raksha Bandhan

**Saturday, August 13, 2011** Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Albany, NY  
 Sravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima\*/Prathama\* Yam Titau Sun 29 **Sutra 123**  
 Khara 5113  
**Gulika** 4:58AM – 6:43AM **Sravana Until 7:40AM** **Ganesha:** Purple *Sunrise:* 4:58AM  
**Yama** 1:43PM – 3:28PM Saubhagya Until 2:16PM **Muruqa:** Yellow *Sunset:* 6:58PM Moon 7 - Phase 16  
**Rahu** 8:28AM – 10:13AM Balava Until 1:42AM Sun **Nataraja:** Clear Prathama  
**Sravana-Adi** **Bhuloka Day**  
 Devaloka Time: 3:PM to 6:PM  
 Makara Rasi: 22.3 Tithi 15 – 16  
 494976152  
 Creative Work Siddha Yoga





**Sunday, August 14, 2011**  
**Gold Retreat Star**

Kumbha Rasi: 4.59    Tithi 16 – 17  
494976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika**    3:27PM – 5:12PM  
**Yama**        11:58AM – 1:43PM  
**Rahu**        5:12PM – 6:57PM

**Dhanishtha Until 9:21AM**  
**Sobhana Until 2:03PM**  
**Taitila Until 4:32AM Mon**  
**Prathama\* Until 3:26PM**

**Ganesha:** Purple    *Sunrise: 5:00AM*  
**Muruqa:** Yellow    *Sunset: 6:57PM*  
**Nataraja:** Clear  
Moon – Purple

**Sravana-Adi**

Albany, NY  
**Sutra 124**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Monday, August 15, 2011**

Kumbha Rasi: 17.18    Tithi 17 – 18  
**Family Home Evening**    494976152  
Creative Work    Siddha Yoga  
Until 11:24AM then no yoga  
Until 2.04PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika**    1:42PM – 3:27PM  
**Yama**        10:14AM – 11:58AM  
**Rahu**        6:45AM – 8:29AM

**Satabhisha Until 11:24AM**  
**Athiganda\* Until 2:10PM**  
**Vanija Until 5:57AM Tue**  
**Dvitiya Until 4:51PM**

**Ganesha:** Purple    *Sunrise: 5:01AM*  
**Muruqa:** Yellow    *Sunset: 6:55PM*  
**Nataraja:** Clear  
Moon – Purple

**Sravana-Adi**

Albany, NY  
**Sutra 125**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Tuesday, August 16, 2011**

Kumbha Rasi: 29.26    Tithi 18  
414976152  
Routine Work    Marana Yoga  
Until 1:47PM then Amrita Yoga  
Until 2.04PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Visti\* Karana Tritiya Yam Titau

**Gulika**    11:58AM – 1:42PM  
**Yama**        8:30AM – 10:14AM  
**Rahu**        3:26PM – 5:10PM

**Purvaprostapada\* Until 1:47PM**  
**Sukarma Until 2:36PM**  
**Visti Until 7:44AM Wed**  
**Tritiya Until 6:38PM**

**Ganesha:** White    *Sunrise: 5:02AM*  
**Muruqa:** Yellow    *Sunset: 6:54PM*  
**Nataraja:** Clear  
Moon – Clear

**Sravana-Adi**

Albany, NY  
**Sutra 126**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Wednesday, August 17, 2011**

Meena Rasi: 11.27    Tithi 19  
515976152  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    10:14AM – 11:58AM  
**Yama**        6:46AM – 8:30AM  
**Rahu**        11:58AM – 1:41PM

**Uttaraprostapada Until 4:26PM**  
**Dhriti Until 3:16PM**  
**Bava Until 7:38AM**  
**Chaturthi\* Until 8:43PM**

**Ganesha:** Purple    *Sunrise: 5:03AM*  
**Muruqa:** Yellow    *Sunset: 6:52PM*  
**Nataraja:** Clear  
Moon – Clear

**Sravana-Avani**

Albany, NY  
**Sutra 127**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**



**Thursday, August 18, 2011**

Meena Rasi: 23.22    Tithi 20  
515976152  
Creative Work    Siddha Yoga  
Until 7:17PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    8:31AM – 10:14AM  
**Yama**        5:04AM – 6:47AM  
**Rahu**        1:41PM – 3:24PM

**Revati Until 7:17PM**  
**Shula\* Until 4:08PM**  
**Kaulava Until 9:56AM**  
**Panchami Until 11:01PM**

**Ganesha:** Purple    *Sunrise: 5:04AM*  
**Muruqa:** Yellow    *Sunset: 6:51PM*  
**Nataraja:** Clear  
Moon – Clear

**Sravana-Avani**

Albany, NY  
**Sutra 128**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Sivaloka Day**



**Friday, August 19, 2011**

Mesha Rasi: 5.13    Tithi 21  
525976152  
Creative Work    Amrita Yoga  
Until 2.03PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Asvini Nakshatra Ganda\*/Vridhi Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    6:48AM – 8:31AM  
**Yama**        3:23PM – 5:06PM  
**Rahu**        10:14AM – 11:57AM

**Asvini Until 10:15PM**  
**Ganda\* Until 5:05PM**  
**Gara Until 12:21PM**  
**Shasthi\* Until 1:26AM Sat**

**Ganesha:** Clear    *Sunrise: 5:05AM*  
**Muruqa:** Yellow    *Sunset: 6:49PM*  
**Nataraja:** Clear  
Moon – White

**Sravana-Avani**

Albany, NY  
**Sutra 129**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**



**Saturday, August 20, 2011**

Mesha Rasi: 17.04    Tithi 22  
525976152  
Creative Work    Siddha Yoga  
Until 2.03PM then no yoga  
Until 1:11AM Sun then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Vridhi Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    5:06AM – 6:49AM  
**Yama**        1:40PM – 3:22PM  
**Rahu**        8:31AM – 10:14AM

**Bharani Until 1:11AM Sun**  
**Vridhi Until 6:01PM**  
**Visti Until 2:45PM**  
**Saptami Until 3:50AM Sun**

**Ganesha:** Clear    *Sunrise: 5:06AM*  
**Muruqa:** Yellow    *Sunset: 6:48PM*  
**Nataraja:** Clear  
Moon – White

**Sravana-Avani**

Albany, NY  
**Sutra 130**  
Khara 5113  
Moon 8 - Phase 17  
1st Phase

**Devaloka Day**



**Sunday, August 21, 2011**  
**Retreat Star**

Mesha Rasi: 29.01    Tithi 23  
525976152  
Creative Work    Siddha Yoga  
Until 2.03PM then no yoga  
Until 3:58AM Mon then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika**    3:21PM – 5:04PM  
**Yama**        11:57AM – 1:39PM  
**Rahu**        5:04PM – 6:46PM

**Krittika Until 3:58AM Mon**  
**Dhruva Until 6:48PM**  
**Balava Until 4:58PM**  
**Ashtami\* Until 6:03AM Mon**

**Ganesha:** Clear    *Sunrise: 5:07AM*  
**Muruqa:** Yellow    *Sunset: 6:46PM*  
**Nataraja:** Clear  
Moon – White

**Sravana-Avani**

Albany, NY  
**Sutra 131**  
Khara 5113  
Moon 8 - Phase 17  
Ashtami

**Devaloka Day**

**Monday, August 22, 2011**  
**Retreat Star**

Vrishabha Rasi: 11.08    Tithi 24  
**Family Home Evening**    535976152  
Creative Work    Amrita Yoga  
Until 6:24AM Tue then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Vyaghata\* Yoga Taitila Karana Navami\* Yam Titau

**Gulika**    1:38PM – 3:21PM  
**Yama**        10:14AM – 11:56AM  
**Rahu**        6:50AM – 8:32AM

**Rohini Until 6:24AM Tue**  
**Vyaghata\* Until 7:16PM**  
**Taitila Until 6:49PM**  
**Navami\* Until 6:55AM Tue**

**Ganesha:** White    *Sunrise: 5:08AM*  
**Muruqa:** Yellow    *Sunset: 6:45PM*  
**Nataraja:** Clear  
Moon – Yellow

**Sravana-Avani**

Albany, NY  
**Sutra 132**  
Khara 5113  
Moon 8 - Phase 17  
Navami

**Sivaloka Day**


<b>1</b>	<b>Tuesday, August 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Harshana Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau			Albany, NY <b>Sutra 133</b> Khara 5113
	Wishabha Rasi: 23.31    Titithi 24 – 25 535976152	<b>Gulika</b> 11:56AM – 1:38PM <b>Yama</b> 8:33AM – 10:14AM <b>Rahu</b> 3:20PM – 5:01PM	<b>Mrigasira Until 6:47AM Wed</b> Harshana Until 6:19PM Vanija Until 6:55PM <b>Navami* Until 6:55AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:09AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:43PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 9</b> Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga					

<b>2</b>	<b>Wednesday, August 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Albany, NY <b>Sutra 134</b> Khara 5113
	Mithuna Rasi: 6.14    Titithi 25 – 26 535976152	<b>Gulika</b> 10:14AM – 11:56AM <b>Yama</b> 6:52AM – 8:33AM <b>Rahu</b> 11:56AM – 1:37PM	<b>Mrigasira Until 6:47AM</b> Vajra* Until 5:42PM Bava Until 7:23PM <b>Dasami Until 7:23AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:10AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:42PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 10</b> Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 2.02PM then Marana Yoga					

<b>3</b>	<b>Thursday, August 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Albany, NY <b>Sutra 135</b> Khara 5113
	Mithuna Rasi: 19.23    Titithi 26 – 27 535976152	<b>Gulika</b> 8:33AM – 10:14AM <b>Yama</b> 5:11AM – 6:52AM <b>Rahu</b> 1:37PM – 3:18PM	<b>Ardra Until 7:03AM</b> Siddhi Until 3:40PM Kaulava Until 6:01PM <b>Ekadasi* Until 6:56AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:11AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:40PM <b>Nataraja:</b> Clear Moon – Yellow <b>Sravana*Avani</b>	<b>Sun 11</b> Moon 8 - Phase 18 2nd Phase <b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 7:03AM then Amrita Yoga Until 2.02PM then Siddha Yoga					

<b>4</b>	<b>Friday, August 26, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Albany, NY <b>Sutra 136</b> Khara 5113
	Kataka Rasi: 3    Titithi 28 545976152	<b>Gulika</b> 6:53AM – 8:34AM <b>Yama</b> 3:17PM – 4:58PM <b>Rahu</b> 10:15AM – 11:55AM	<b>Punarvasu Until 6:34AM</b> Vyatipata* Until 1:41PM Gara Until 4:49PM <b>Trayodasi* Until 3:54AM Sat</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:12AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:38PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 12</b> Moon 8 - Phase 18 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 6:34AM then Marana Yoga Until 2.02PM then Siddha Yoga					

<b>5</b>	<b>Saturday, August 27, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mantla Vasara Yuktayam Aslesha* Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Albany, NY <b>Sutra 137</b> Khara 5113
	Kataka Rasi: 17.04    Titithi 29 546976152	<b>Gulika</b> 5:13AM – 6:54AM <b>Yama</b> 1:35PM – 3:16PM <b>Rahu</b> 8:34AM – 10:15AM	<b>Aslesha* Until 4:10AM Sun</b> Variyan Until 10:57AM Visti Until 2:09PM <b>Chaturdasi* Until 12:26AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:37PM <b>Nataraja:</b> Clear Moon – Blue <b>Sravana*Avani</b>	<b>Sun 13</b> Moon 8 - Phase 18 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work    Marana Yoga Until 2.01PM then Siddha Yoga Until 4:10AM Sun then Marana Yoga					

	<b>Sunday, August 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Albany, NY <b>Sutra 138</b> Khara 5113
	<b>Retreat Star</b> Simha Rasi: 1.33    Titithi 30 556976153	<b>Gulika</b> 3:15PM – 4:55PM <b>Yama</b> 11:55AM – 1:35PM <b>Rahu</b> 4:55PM – 6:35PM	<b>Magha* Until 12:51AM Mon</b> Parigha* Until 7:29AM Catuspada Until 11:34AM <b>Amavasya* Until 9:51PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:14AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:35PM <b>Nataraja:</b> White Moon – Red <b>Sravana*Avani</b>	<b>Sun 14</b> Moon 8 - Phase 18 Amavasya <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 2.01PM then Siddha Yoga					

<b>Monday, August 29, 2011</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Siddha Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Albany, NY <b>Sutra 139</b> Khara 5113
	Simha Rasi: 16.2    Titithi 1 <b>Family Home Evening</b> 556176153	<b>Gulika</b> 1:34PM – 3:14PM <b>Yama</b> 10:15AM – 11:54AM <b>Rahu</b> 6:55AM – 8:35AM	<b>Purvaphalguni* Until 10:32PM</b> Siddha Until 11:51PM Kintughna Until 8:26AM <b>Prathama* Until 6:44PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:15AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:33PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>	<b>Sun 15</b> Moon 8 - Phase 18 Prathama <b>Devaloka Day</b>
Creative Work    Siddha Yoga Until 10:32PM then Amrita Yoga					

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

<b>1</b>	<b>Tuesday, August 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Albany, NY <b>Sutra 140</b> Khara 5113
	Kanya Rasi: 1.18      Tithi 2 – 3 566176153	<b>Gulika</b> 11:54AM – 1:33PM <b>Yama</b> 8:35AM – 10:15AM <b>Rahu</b> 3:13PM – 4:52PM	<b>Uttaraphalguni Until 7:55PM</b> Sadhya Until 7:58PM Taitila Until 1:35AM Wed <b>Dvitiya Until 3:18PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:16AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:32PM <b>Nataraja:</b> White Moon – Red <b>Bhadrapada*Avani</b>

Creative Work    Amrita Yoga  
Until 7:55PM then Siddha Yoga

**Devaloka Day**

<b>2</b>	<b>Wednesday, August 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Albany, NY <b>Sutra 141</b> Khara 5113
	Kanya Rasi: 16.17      Tithi 3 – 4 566176153	<b>Gulika</b> 10:15AM – 11:54AM <b>Yama</b> 6:57AM – 8:36AM <b>Rahu</b> 11:54AM – 1:33PM	<b>Hasta Until 5:17PM</b> Subha Until 4:02PM Vanija Until 10:08PM <b>Tritiya Until 11:51AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:18AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:30PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>

Creative Work    Siddha Yoga  
Until 2:00PM then no yoga  
Until 5:17PM then Siddha Yoga

**Devaloka Day**

<b>3</b>	<b>Thursday, September 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sukla/Brahma Yoga Vistit*/Bava Karana Chaturthi*/Panchami Yam Titau		Albany, NY <b>Sutra 142</b> Khara 5113
	Tula Rasi: 1.09      Tithi 4 – 5 566176153	<b>Gulika</b> 8:36AM – 10:15AM <b>Yama</b> 5:19AM – 6:57AM <b>Rahu</b> 1:32PM – 3:11PM	<b>Chitra Until 2:49PM</b> Sukla Until 12:17PM Bava Until 6:52PM <b>Chaturthi* Until 8:35AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:19AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:28PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>

Creative Work    Siddha Yoga

**Devaloka Day**

<b>4</b>	<b>Friday, September 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Albany, NY <b>Sutra 143</b> Khara 5113
	Tula Rasi: 15.47      Tithi 6 566176153	<b>Gulika</b> 6:58AM – 8:36AM <b>Yama</b> 3:10PM – 4:48PM <b>Rahu</b> 10:15AM – 11:53AM	<b>Svati Until 1:14PM</b> Brahma Until 9:05AM Kaulava Until 4:48PM <b>Shasthi* Until 3:52AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:20AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Green <b>Bhadrapada*Avani</b>

Creative Work    Siddha Yoga  
Until 1:14PM then Marana Yoga  
Until 1:59PM then Siddha Yoga

**Devaloka Day**

<b>5</b>	<b>Saturday, September 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Visakha/Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau		Albany, NY <b>Sutra 144</b> Khara 5113
	Vrischika Rasi: 0.05      Tithi 7 577176153	<b>Gulika</b> 5:21AM – 6:59AM <b>Yama</b> 1:31PM – 3:09PM <b>Rahu</b> 8:37AM – 10:15AM	<b>Visakha Until 11:33AM</b> Vaidhriti* Until 3:18AM Sun Gara Until 2:19PM <b>Saptami Until 1:24AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:21AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>

Creative Work    Siddha Yoga  
Until 1:59PM then Marana Yoga

**Subha Sivaloka Day**

<b>D</b>	<b>Sunday, September 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Vistit*/Bava Karana Ashtami* Yam Titau		Albany, NY <b>Sutra 145</b> Khara 5113
	Vrischika Rasi: 14.02      Tithi 8 577176153	<b>Gulika</b> 3:08PM – 4:46PM <b>Yama</b> 11:52AM – 1:30PM <b>Rahu</b> 4:46PM – 6:23PM	<b>Anuradha Until 10:30AM</b> Vishkambha* Until 12:46AM Mon Vistit Until 12:30PM <b>Ashtami* Until 11:35PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:22AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:23PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>

Routine Work    Marana Yoga  
Until 1:59PM then Siddha Yoga

**Subha Sivaloka Day**

<b>D</b>	<b>Monday, September 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti Yoga Balava/Kaulava Karana Navami* Yam Titau		Albany, NY <b>Sutra 146</b> Khara 5113
	Vrischika Rasi: 27.38      Tithi 9 <b>Family Home Evening</b> 577176153	<b>Gulika</b> 1:29PM – 3:07PM <b>Yama</b> 10:15AM – 11:52AM <b>Rahu</b> 7:00AM – 8:37AM	<b>Jyeshtha* Until 10:22AM</b> Priti Until 11:59PM Balava Until 11:47AM <b>Navami* Until 11:47PM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:23AM <b>Muruqa:</b> Yellow <i>Sunset:</i> 6:21PM <b>Nataraja:</b> White Moon – Orange <b>Bhadrapada*Avani</b>

Creative Work    Siddha Yoga  
Until 1:58PM then Amrita Yoga

**Subha Sivaloka Day**

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Munda 1.1.7. bo UpR, 673

<b>1</b>	<b>Tuesday, September 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman Yoga Taitila/Gara Karana Dasami Yam Titau				Albany, NY
	Dhanus Rasi: 10.55	Tithi 10	<b>Gulika</b> 11:52AM – 1:29PM	<b>Mula* Until 10:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:24AM</i>	Sun 23	<b>Sutra 147</b> Khara 5113
		587176153	<b>Yama</b> 8:38AM – 10:15AM	<b>Ayushman Until 10:26PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:20PM</i>		Moon 8 - Phase 20
			<b>Rahu</b> 3:06PM – 4:43PM	<b>Taitila Until 11:11AM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Dasami Until 11:11PM</b>	<b>Moon – Light Blue</b>		
					<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>

<b>2</b>	<b>Wednesday, September 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Albany, NY
	Dhanus Rasi: 23.54	Tithi 11	<b>Gulika</b> 10:15AM – 11:51AM	<b>Purvashadha* Until 11:07AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:25AM</i>	Sun 24	<b>Sutra 148</b> Khara 5113
		587176153	<b>Yama</b> 7:02AM – 8:38AM	<b>Saubhagya Until 9:22PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:18PM</i>		Moon 8 - Phase 20
			<b>Rahu</b> 11:51AM – 1:28PM	<b>Vanija Until 11:09AM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Ekadasi Until 11:09PM</b>	<b>Moon – Light Blue</b>		
					<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Thursday, September 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadasi Yam Titau				Albany, NY
	Makara Rasi: 6.4	Tithi 12	<b>Gulika</b> 8:39AM – 10:15AM	<b>Uttarashadha Until 12:10PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:26AM</i>	Sun 25	<b>Sutra 149</b> Khara 5113
		587176153	<b>Yama</b> 5:26AM – 7:02AM	<b>Sobhana Until 8:41PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:16PM</i>		Moon 8 - Phase 20
			<b>Rahu</b> 1:27PM – 3:04PM	<b>Bava Until 11:35AM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Dvadasi Until 11:35PM</b>	<b>Moon – Light Blue</b>		
					<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>

<b>4</b>	<b>Friday, September 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Albany, NY
	Makara Rasi: 19.13	Tithi 13	<b>Gulika</b> 7:03AM – 8:39AM	<b>Sraavana Until 2:13PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:27AM</i>	Sun 26	<b>Sutra 150</b> Khara 5113
		598176153	<b>Yama</b> 3:03PM – 4:39PM	<b>Athiganda* Until 9:26PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:15PM</i>		Moon 8 - Phase 20
			<b>Rahu</b> 10:15AM – 11:51AM	<b>Kaulava Until 12:58PM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Trayodasi Until 2:03AM Sat</b>	<b>Moon – Purple</b>		
					<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>

<b>5</b>	<b>Saturday, September 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sukarma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Albany, NY
	Kumbha Rasi: 1.38	Tithi 14	<b>Gulika</b> 5:28AM – 7:04AM	<b>Dhanishtha Until 4:05PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:28AM</i>	Sun 27	<b>Sutra 151</b> Khara 5113
		598176153	<b>Yama</b> 1:26PM – 3:02PM	<b>Sukarma Until 9:21PM</b>	<b>Muruqa:</b> Yellow <i>Sunset: 6:13PM</i>		Moon 8 - Phase 20
			<b>Rahu</b> 8:39AM – 10:15AM	<b>Gara Until 2:12PM</b>	<b>Nataraja:</b> White		4th Phase
				<b>Chaturdasi* Until 3:18AM Sun</b>	<b>Moon – Purple</b>		
			<b>Chidambaram Abhishekam</b>		<b>Bhadrapada*Avani</b>		<b>Sivaloka Day</b>

<b>○</b>	<b>Sunday, September 11, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Dhriti Yoga Visti*/Bava Karana Purnima* Yam Titau				Albany, NY
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:01PM – 4:36PM	<b>Satabhisha Until 6:13PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:29AM</i>		<b>Sutra 152</b> Khara 5113
	Kumbha Rasi: 13.53	Tithi 15	<b>Yama</b> 11:50AM – 1:25PM	<b>Dhriti Until 9:32PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:11PM</i>		Moon 8 - Phase 20
		598186153	<b>Rahu</b> 4:36PM – 6:11PM	<b>Visti Until 3:45PM</b>	<b>Nataraja:</b> White		Purnima
				<b>Purnima* Until 4:50AM Mon</b>	<b>Moon – Purple</b>		
			<b>Grandparent's Day</b>		<b>Bhadrapada*Avani</b>		<b>Subha Sivaloka Day</b>

<b>○</b>	<b>Monday, September 12, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau				Albany, NY
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:25PM – 3:00PM	<b>Purvaprostapada* Until 8:36PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:30AM</i>		<b>Sutra 153</b> Khara 5113
	Kumbha Rasi: 26.02	Tithi 16	<b>Yama</b> 10:15AM – 11:50AM	<b>Shula* Until 9:57PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:09PM</i>		Moon 8 - Phase 20
	<b>Family Home Evening</b>	518186153	<b>Rahu</b> 7:05AM – 8:40AM	<b>Balava Until 5:34PM</b>	<b>Nataraja:</b> White		Prathama
				<b>Prathama* Until 6:32AM Tue</b>	<b>Moon – Clear</b>		
					<b>Bhadrapada*Avani</b>		<b>Subha Sivaloka Day</b>

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376



**Tuesday, September 13, 2011**  
**Gold Retreat Star**

Meena Rasi: 8.04      Tithi 16 – 17  
518186153  
Creative Work    Amrita Yoga  
Until 1.56PM then Siddha Yoga  
Until 11:13PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ganda\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau      Albany, NY  
Sutra 154  
Khara 5113  
Gulika    11:49AM – 1:24PM    **Uttaraprostapada Until 11:13PM**    Ganesha: Yellow    *Sunrise: 5:31AM*  
Yama      8:40AM – 10:15AM    Ganda\* Until 10:34PM    **Muruqa: White**    *Sunset: 6:08PM*      Moon 9 - Phase 21  
Rahu      2:58PM – 4:33PM      Taitila Until 7:38PM      Nataraja: White      Moon – Clear      **Subha Sivaloka Day**  
Prathama\* Until 6:32AM      **Bhadrapada\*Avani**

**1** **Wednesday, September 14, 2011**

Meena Rasi: 19.59      Tithi 17 – 18  
518186153  
Routine Work    Marana Yoga  
Until 1.55PM then Siddha Yoga  
Until 2:01AM Thu then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau      Albany, NY  
Sun 1    Sutra 155  
Khara 5113  
Gulika    10:15AM – 11:49AM    **Revati Until 2:01AM Thu**    Ganesha: Yellow    *Sunrise: 5:32AM*  
Yama      7:06AM – 8:41AM    Vriddhi Until 11:21PM    **Muruqa: White**    *Sunset: 6:06PM*      Moon 9 - Phase 21  
Rahu      11:49AM – 1:23PM    Vanija Until 9:54PM      Nataraja: White      Moon – Clear      **Subha Sivaloka Day**  
Dvitiya Until 8:49AM      **Bhadrapada\*Avani**

**2** **Thursday, September 15, 2011**

Mesha Rasi: 1.51      Tithi 18 – 19  
528186153  
Creative Work    Amrita Yoga  
Until 4:58AM Fri then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau      Albany, NY  
Sun 2    Sutra 156  
Khara 5113  
Gulika    8:41AM – 10:15AM    **Asvini Until 4:58AM Fri**    Ganesha: Blue      *Sunrise: 5:33AM*  
Yama      5:33AM – 7:07AM    Dhruva Until 12:17AM Fri    **Muruqa: White**    *Sunset: 6:04PM*      Moon 9 - Phase 21  
Rahu      1:22PM – 2:56PM    Bava Until 12:20AM Fri    Nataraja: White      Moon – White      **Sivaloka Day**  
Tritiya Until 11:15AM      **Bhadrapada\*Avani**

**3** **Friday, September 16, 2011**

Mesha Rasi: 13.4      Tithi 19 – 20  
529186153  
Creative Work    Siddha Yoga  
Until 8:19AM Sat then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau      Albany, NY  
Sun 3    Sutra 157  
Khara 5113  
Gulika    7:08AM – 8:41AM    **Bharani Until 8:19AM Sat**    Ganesha: Red      *Sunrise: 5:34AM*  
Yama      2:55PM – 4:29PM    Vyaghata\* Until 1:16AM Sat    **Muruqa: White**    *Sunset: 6:02PM*      Moon 9 - Phase 21  
Rahu      10:15AM – 11:48AM    Kaulava Until 2:51AM Sat    Nataraja: White      Moon – White      **Subha Sivaloka Day**  
Chaturthi\* Until 1:46PM      **Bhadrapada\*Avani**

**4** **Saturday, September 17, 2011**

Mesha Rasi: 25.31      Tithi 20 – 21  
529186153  
Creative Work    Siddha Yoga  
Until 8:19AM then Amrita Yoga  
Until 1.54PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau      Albany, NY  
Sun 4    Sutra 158  
Khara 5113  
Gulika    5:35AM – 7:09AM    **Bharani Until 8:19AM**    Ganesha: Red      *Sunrise: 5:35AM*  
Yama      1:21PM – 2:54PM    Harshana Until 2:13AM Sun    **Muruqa: White**    *Sunset: 6:00PM*      Moon 9 - Phase 21  
Rahu      8:42AM – 10:15AM    Gara Until 5:20AM Sun      Nataraja: White      Moon – White      **Subha Sivaloka Day**  
Panchami Until 4:14PM      **Bhadrapada\*Puratasi**

**5** **Sunday, September 18, 2011**

Vrishabha Rasi: 7.26      Tithi 21  
529186153  
Creative Work    Siddha Yoga  
Until 1.54PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\* Yoga Vanija Karana Shasthi\* Yam Titau      Albany, NY  
Sun 5    Sutra 159  
Khara 5113  
Gulika    2:53PM – 4:26PM    **Krittika Until 11:08AM**    Ganesha: Red      *Sunrise: 5:37AM*  
Yama      11:48AM – 1:20PM    Vajra\* Until 3:02AM Mon    **Muruqa: White**    *Sunset: 5:59PM*      Moon 9 - Phase 21  
Rahu      4:26PM – 5:59PM    Vanija Until 7:38AM Mon    Nataraja: White      Moon – White      **Subha Sivaloka Day**  
Shasthi\* Until 6:32PM      **Bhadrapada\*Puratasi**

**6** **Monday, September 19, 2011**

Vrishabha Rasi: 19.31      Tithi 22  
539186153  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 1:39PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Siddhi Yoga Visti\*/Bava Karana Saptami Yam Titau      Albany, NY  
Sun 6    Sutra 160  
Khara 5113  
Gulika    1:20PM – 2:52PM    **Rohini Until 1:39PM**    Ganesha: Green    *Sunrise: 5:38AM*  
Yama      10:15AM – 11:47AM    Siddhi Until 3:33AM Tue    **Muruqa: White**    *Sunset: 5:57PM*      Moon 9 - Phase 21  
Rahu      7:10AM – 8:42AM    Visti Until 7:24AM      Nataraja: White      Moon – Yellow      **Subha Subha Sivaloka Day**  
Saptami Until 8:30PM      **Bhadrapada\*Puratasi**

**Tuesday, September 20, 2011**  
**Retreat Star**

Mithuna Rasi: 1.5      Tithi 23  
539186153  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau      Albany, NY  
Sun 7    Sutra 161  
Khara 5113  
Gulika    11:47AM – 1:19PM    **Mrigasira Until 2:55PM**    Ganesha: Green    *Sunrise: 5:39AM*  
Yama      8:43AM – 10:15AM    Vyatipata\* Until 2:03AM Wed    **Muruqa: White**    *Sunset: 5:55PM*      Moon 9 - Phase 21  
Rahu      2:51PM – 4:23PM    Balava Until 8:35AM      Nataraja: White      Moon – Yellow      **Subha Subha Sivaloka Day**  
Ashtami\* Until 8:35PM      **Bhadrapada\*Puratasi**

**Wednesday, September 21, 2011**  
**Retreat Star**

Mithuna Rasi: 14.31      Tithi 24  
539186153  
Creative Work    Siddha Yoga  
Until 1.53PM then Marana Yoga  
Until 4:08PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Varyan Yoga Taitila/Gara Karana Navami\* Yam Titau      Albany, NY  
Sun 8    Sutra 162  
Khara 5113  
Gulika    10:15AM – 11:47AM    **Ardra Until 4:08PM**    Ganesha: Green    *Sunrise: 5:40AM*  
Yama      7:11AM – 8:43AM    Varyan Until 1:31AM Thu    **Muruqa: White**    *Sunset: 5:53PM*      Moon 9 - Phase 21  
Rahu      11:47AM – 1:18PM    Taitila Until 9:12AM      Nataraja: White      Moon – Yellow      **Subha Subha Sivaloka Day**  
Navami\* Until 9:12PM      **Bhadrapada\*Puratasi**


With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192

<b>1</b>	<b>Thursday, September 22, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha* Yoga Vanija/Visti* Karana Dasami Yam Titau				Albany, NY
	Mithuna Rasi: 27.36	Tithi 25	<b>Gulika</b> 8:44AM – 10:15AM	<b>Punarvasu</b> Until 3:50PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:41AM	<b>Sun 9</b>	<b>Sutra 163</b> Khara 5113
		549186153	<b>Yama</b> 5:41AM – 7:12AM	<b>Parigha*</b> Until 11:02PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:52PM		Moon 9 - Phase 22
			<b>Rahu</b> 1:18PM – 2:49PM	<b>Vanija</b> Until 8:44AM	<b>Nataraja:</b> White		2nd Phase
				<b>Dasami</b> Until 7:49PM	<b>Bhadrapada*Puratasi</b>		<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Friday, September 23, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Shiva Yoga Bava/Balava Karana Ekadasi* Yam Titau				Albany, NY
	Kataka Rasi: 11.1	Tithi 26	<b>Gulika</b> 7:13AM – 8:44AM	<b>Pushya</b> Until 3:25PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:42AM	<b>Sun 10</b>	<b>Sutra 164</b> Khara 5113
		549286153	<b>Yama</b> 2:48PM – 4:19PM	<b>Shiva</b> Until 9:05PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:50PM		Moon 9 - Phase 22
			<b>Rahu</b> 10:15AM – 11:46AM	<b>Bava</b> Until 7:39AM	<b>Nataraja:</b> White		2nd Phase
				<b>Ekadasi*</b> Until 6:43PM	<b>Bhadrapada*Puratasi</b>		<b>Sivaloka Day</b>

<b>3</b>	<b>Saturday, September 24, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Aslesha/Magha* Nakshatra Siddha Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Albany, NY
	Kataka Rasi: 25.14	Tithi 27 – 28	<b>Gulika</b> 5:43AM – 7:14AM	<b>Aslesha*</b> Until 1:37PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:43AM	<b>Sun 11</b>	<b>Sutra 165</b> Khara 5113
		541286153	<b>Yama</b> 1:16PM – 2:47PM	<b>Siddha</b> Until 5:34PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:48PM		Moon 9 - Phase 22
			<b>Rahu</b> 8:44AM – 10:15AM	<b>Gara</b> Until 2:14AM Sun	<b>Nataraja:</b> White		2nd Phase
				<b>Dvadasi*</b> Until 3:56PM	<b>Bhadrapada*Puratasi</b>		<b>Sivaloka Day</b>
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Sunday, September 25, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Albany, NY
	Simha Rasi: 9.47	Tithi 28 – 29	<b>Gulika</b> 2:46PM – 4:16PM	<b>Magha*</b> Until 11:41AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:44AM	<b>Sun 12</b>	<b>Sutra 166</b> Khara 5113
		551286153	<b>Yama</b> 11:45AM – 1:15PM	<b>Sadhya</b> Until 2:18PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:46PM		Moon 9 - Phase 22
			<b>Rahu</b> 4:16PM – 5:46PM	<b>Visti</b> Until 11:34PM	<b>Nataraja:</b> White		2nd Phase
				<b>Trayodasi*</b> Until 1:17PM	<b>Bhadrapada*Puratasi</b>		<b>Sivaloka Day</b>

	<b>Monday, September 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b> 1:15PM – 2:45PM	<b>Purvaphalguni*</b> Until 9:10AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:45AM	<b>Sun 13</b>	<b>Sutra 167</b> Khara 5113
	Simha Rasi: 24.41	Tithi 29 – 30	<b>Yama</b> 10:15AM – 11:45AM	<b>Subha</b> Until 10:28AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:48PM		Moon 9 - Phase 22
	<b>Family Home Evening</b>	551286153	<b>Rahu</b> 7:15AM – 8:45AM	<b>Catuspada</b> Until 8:15PM	<b>Nataraja:</b> White		Amavasya
				<b>Chaturdasi*</b> Until 9:58AM	<b>Bhadrapada*Puratasi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Tuesday, September 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Bava Karana Amavasya*/Prathama* Yam Titau				Albany, NY
	Kanya Rasi: 9.51	Tithi 30 – 1	<b>Gulika</b> 11:44AM – 1:14PM	<b>Uttaraphalguni</b> Until 6:15AM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:46AM	<b>Sun 14</b>	<b>Sutra 168</b> Khara 5113
		551286153	<b>Yama</b> 8:45AM – 10:15AM	<b>Sukla</b> Until 6:15AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:43PM		Moon 9 - Phase 22
			<b>Rahu</b> 2:44PM – 4:13PM	<b>Bava</b> Until 2:48AM Wed	<b>Nataraja:</b> White		Prathama
			<b>Navaratri Begins</b>	<b>Amavasya*</b> Until 6:14AM	<b>Ashvina*Puratasi</b>		<b>Sivaloka Day</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

<b>1</b>	<b>Wednesday, September 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Indra Yoga Balava/Kaulava Karana Dvitiya Yam Titau					Albany, NY Sun 15 Sutra 169 Khara 5113
	Kanya Rasi: 25.05      Tithi 2 661286153	<b>Gulika</b> 10:15AM – 11:44AM <b>Yama</b> 7:16AM – 8:46AM <b>Rahu</b> 11:44AM – 1:13PM	<b>Chitra Until 12:31AM Thu</b> Indra Until 9:55PM Balava Until 12:38PM <b>Dvitiya Until 10:55PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:47AM</i> <b>Muruqa:</b> White <i>Sunset: 5:41PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 12:31AM Thu then Amrita Yoga						

<b>2</b>	<b>Thursday, September 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiya Yam Titau					Albany, NY Sun 16 Sutra 170 Khara 5113
	Tula Rasi: 10.15      Tithi 3 661286153	<b>Gulika</b> 8:46AM – 10:15AM <b>Yama</b> 5:48AM – 7:17AM <b>Rahu</b> 1:13PM – 2:41PM	<b>Svati Until 9:36PM</b> Vaidhriti* Until 5:43PM Tailila Until 8:54AM <b>Tritiya Until 7:12PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:48AM</i> <b>Muruqa:</b> White <i>Sunset: 5:39PM</i> <b>Nataraja:</b> White Moon – Green <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Amrita Yoga Until 1:50PM then Siddha Yoga Until 9:36PM then Marana Yoga						

<b>3</b>	<b>Friday, September 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau					Albany, NY Sun 17 Sutra 171 Khara 5113
	Tula Rasi: 25.1      Tithi 4 – 5 671286153	<b>Gulika</b> 7:18AM – 8:46AM <b>Yama</b> 2:40PM – 4:09PM <b>Rahu</b> 10:15AM – 11:43AM	<b>Visakha Until 7:04PM</b> Vishkambha* Until 1:52PM Bava Until 2:10AM Sat <b>Chaturthi* Until 3:52PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:49AM</i> <b>Muruqa:</b> White <i>Sunset: 5:37PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 1:50PM then Siddha Yoga						

<b>4</b>	<b>Saturday, October 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau					Albany, NY Sun 18 Sutra 172 Khara 5113
	Vrischika Rasi: 9.44      Tithi 5 – 6 671286153	<b>Gulika</b> 5:51AM – 7:19AM <b>Yama</b> 1:11PM – 2:39PM <b>Rahu</b> 8:47AM – 10:15AM	<b>Anuradha Until 5:54PM</b> Priti Until 10:51AM Kaulava Until 12:48AM Sun <b>Panchami Until 1:43PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:51AM</i> <b>Muruqa:</b> White <i>Sunset: 5:36PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 1:49PM then Marana Yoga						

<b>5</b>	<b>Sunday, October 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Tailila/Gara Karana Shasthi*/Saplami Yam Titau					Albany, NY Sun 19 Sutra 173 Khara 5113
	Vrischika Rasi: 23.52      Tithi 6 – 7 671286153	<b>Gulika</b> 2:38PM – 4:06PM <b>Yama</b> 11:43AM – 1:11PM <b>Rahu</b> 4:06PM – 5:34PM	<b>Jyeshtha* Until 4:31PM</b> Ayushman Until 8:00AM Gara Until 10:40PM <b>Shasthi* Until 11:36AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 5:52AM</i> <b>Muruqa:</b> White <i>Sunset: 5:34PM</i> <b>Nataraja:</b> White Moon – Orange <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 3rd Phase <b>Sivaloka Day</b>
	Routine Work    Marana Yoga Until 1:49PM then Siddha Yoga						

<b>D</b>	<b>Monday, October 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau					Albany, NY Sun 20 Sutra 174 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 7.33      Tithi 7 – 8 <b>Family Home Evening</b> 681286153	<b>Gulika</b> 1:10PM – 2:37PM <b>Yama</b> 10:15AM – 11:42AM <b>Rahu</b> 7:20AM – 8:48AM	<b>Mula* Until 4:41PM</b> Sobhana Until 4:42AM Tue Visti Until 10:39PM <b>Saptami Until 10:39AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 5:53AM</i> <b>Muruqa:</b> White <i>Sunset: 5:32PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>			
	Creative Work    Siddha Yoga Until 1:49PM then Amrita Yoga Until 4:41PM then Siddha Yoga						

<b>T</b>	<b>Tuesday, October 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau					Albany, NY Sun 21 Sutra 175 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 20.49      Tithi 8 – 9 682286153	<b>Gulika</b> 11:42AM – 1:09PM <b>Yama</b> 8:48AM – 10:15AM <b>Rahu</b> 2:36PM – 4:03PM	<b>Purvashadha* Until 4:48PM</b> Athiganda* Until 3:07AM Wed Balava Until 10:05PM <b>Ashtami* Until 10:05AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:54AM</i> <b>Muruqa:</b> White <i>Sunset: 5:31PM</i> <b>Nataraja:</b> White Moon – Light Blue <b>Ashvina•Puratasi</b>			Moon 9 - Phase 23 Navami <b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga Until 1:49PM then Amrita Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

<b>1</b>	<b>Wednesday, October 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Sravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Albany, NY <b>Sutra 176</b> Khara 5113
	Makara Rasi: 3.43    Tithi 9 – 10 682286153	<b>Gulika</b> 10:15AM – 11:42AM <b>Yama</b> 7:22AM – 8:48AM <b>Rahu</b> 11:42AM – 1:09PM	<b>Uttarashadha Until 5:36PM</b> Sukarma Until 2:11AM Thu Taitila Until 10:15PM <b>Navami* Until 10:15AM</b>

Creative Work    Amrita Yoga  
Until 1.48PM then Siddha Yoga

<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:55AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:29PM	Moon 9 - Phase 24
<b>Nataraja:</b> White	Moon – Light Blue	4th Phase
<b>Subha Sivaloka Day</b>		

<b>2</b>	<b>Thursday, October 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Sravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Albany, NY <b>Sutra 177</b> Khara 5113
	Makara Rasi: 16.19    Tithi 10 – 11 692286153	<b>Gulika</b> 8:49AM – 10:15AM <b>Yama</b> 5:56AM – 7:22AM <b>Rahu</b> 1:08PM – 2:34PM	<b>Sravana Until 8:01PM</b> Dhriti Until 3:15AM Fri Vanija Until 12:34AM Fri <b>Dasami Until 11:28AM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> Green <i>Sunrise:</i> 5:56AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:27PM	Moon 9 - Phase 24
<b>Nataraja:</b> White	Moon – Purple	4th Phase
<b>Sivaloka Day</b>		

<b>3</b>	<b>Friday, October 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau	Albany, NY <b>Sutra 178</b> Khara 5113
	Makara Rasi: 28.42    Tithi 11 – 12 692286153	<b>Gulika</b> 7:23AM – 8:49AM <b>Yama</b> 2:33PM – 3:59PM <b>Rahu</b> 10:15AM – 11:41AM	<b>Dhanishtha Until 9:56PM</b> Shula* Until 3:12AM Sat Bava Until 1:54AM Sat <b>Ekadasi Until 12:48PM</b>

Creative Work    Siddha Yoga  
Until 9:56PM then Amrita Yoga

<b>Ganesha:</b> Green <i>Sunrise:</i> 5:57AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:25PM	Moon 9 - Phase 24
<b>Nataraja:</b> White	Moon – Purple	4th Phase
<b>Sivaloka Day</b>		

<b>4</b>	<b>Saturday, October 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha Nakshatra Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau	Albany, NY <b>Sutra 179</b> Khara 5113
	Kumbha Rasi: 10.55    Tithi 12 – 13 692286154	<b>Gulika</b> 5:58AM – 7:24AM <b>Yama</b> 1:07PM – 2:32PM <b>Rahu</b> 8:50AM – 10:15AM	<b>Satabhisha Until 12:11AM Sun</b> Ganda* Until 3:27AM Sun Kaulava Until 3:35AM Sun <b>Dvadasi Until 2:30PM</b>

Creative Work    Amrita Yoga  
Until 1.47PM then Siddha Yoga

*Pradosha Vrata*

<b>Ganesha:</b> Green <i>Sunrise:</i> 5:58AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:24PM	Moon 9 - Phase 24
<b>Nataraja:</b> Yellow	Moon – Purple	4th Phase
<b>Devaloka Day</b>		

<b>5</b>	<b>Sunday, October 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada* Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau	Albany, NY <b>Sutra 180</b> Khara 5113
	Kumbha Rasi: 23    Tithi 13 – 14 612286154	<b>Gulika</b> 2:31PM – 3:57PM <b>Yama</b> 11:41AM – 1:06PM <b>Rahu</b> 3:57PM – 5:22PM	<b>Purvaprostapada* Until 2:40AM Mon</b> Vriddhi Until 3:56AM Mon Gara Until 5:33AM Mon <b>Trayodasi Until 4:28PM</b>

Creative Work    Siddha Yoga  
Until 1.47PM then no yoga  
Until 2:40AM Mon then Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:59AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:22PM	Moon 9 - Phase 24
<b>Nataraja:</b> Yellow	Moon – Clear	4th Phase
<b>Devaloka Day</b>		

<b>6</b>	<b>Monday, October 10, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada Nakshatra Dhruva Yoga Vanija Karana Chaturdasi* Yam Titau	Albany, NY <b>Sutra 181</b> Khara 5113
	Meena Rasi: 4.59    Tithi 14 <b>Family Home Evening</b> 612286154	<b>Gulika</b> 1:05PM – 2:30PM <b>Yama</b> 10:16AM – 11:40AM <b>Rahu</b> 7:26AM – 8:51AM	<b>Uttaraprostapada Until 5:21AM Tue</b> Dhruva Until 4:35AM Tue Vanija Until 7:43AM Tue <b>Chaturdasi* Until 6:38PM</b>

Creative Work    Siddha Yoga  
Until 1.47PM then Amrita Yoga  
Until 5:21AM Tue then Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:01AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:20PM	Moon 9 - Phase 24
<b>Nataraja:</b> Yellow	Moon – Clear	4th Phase
<b>Devaloka Day</b>		

<b>○</b>	<b>Tuesday, October 11, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnima* Yam Titau	Albany, NY <b>Sutra 182</b> Khara 5113
	Meena Rasi: 16.55    Tithi 15 <b>Copper Retreat Star</b> 612286154	<b>Gulika</b> 11:40AM – 1:05PM <b>Yama</b> 8:51AM – 10:16AM <b>Rahu</b> 2:29PM – 3:54PM	<b>Revati Until 8:25AM Wed</b> Vyaghata* Until 5:21AM Wed Visti Until 7:52AM <b>Purnima* Until 8:57PM</b>

Creative Work    Siddha Yoga  
Until 1.47PM then Marana Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:19PM	Moon 9 - Phase 24
<b>Nataraja:</b> Yellow	Moon – Clear	Purnima
<b>Devaloka Day</b>		

<b>○</b>	<b>Wednesday, October 12, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Asvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathama* Yam Titau	Albany, NY <b>Sutra 183</b> Khara 5113
	Meena Rasi: 28.47    Tithi 16 <b>Silver Retreat Star</b> 612286154	<b>Gulika</b> 10:16AM – 11:40AM <b>Yama</b> 7:27AM – 8:51AM <b>Rahu</b> 11:40AM – 1:04PM	<b>Revati Until 8:25AM</b> Harshana Until 6:32AM Thu Balava Until 10:18AM <b>Prathama* Until 11:23PM</b>

Routine Work    Marana Yoga  
Until 1.46PM then Amrita Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:03AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:17PM	Moon 9 - Phase 24
<b>Nataraja:</b> Yellow	Moon – Clear	Prathama
<b>Devaloka Day</b>		

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM





**Thursday, October 13, 2011**  
**Gold Retreat Star**

Mesha Rasi: 10.38      Tithi 17  
622286154  
Creative Work    Amrita Yoga  
Until 11:24AM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini/Bharani Nakshatra Harshana/Vajra\* Yoga Tailila/Gara Karana Dvitiya Yam Titau  
**Gulika**    8:52AM – 10:16AM    **Asvini** Until 11:24AM  
**Yama**       6:04AM – 7:28AM       Harshana Until 6:32AM  
**Rahu**       1:04PM – 2:28PM       Tailila Until 12:47PM  
**Dvitiya** Until 1:53AM Fri

Albany, NY  
**Sun 1**    **Sutra 184**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 6:04AM  
**Muruqa:** White    *Sunset:* 5:15PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**1**

**Friday, October 14, 2011**

Mesha Rasi: 22.29      Tithi 18  
622286154  
Creative Work    Siddha Yoga  
Until 2:22PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    7:29AM – 8:52AM    **Bharani** Until 2:22PM  
**Yama**       2:27PM – 3:50PM       Vajra\* Until 7:26AM  
**Rahu**       10:16AM – 11:39AM    Vanija Until 3:17PM  
**Tritiya** Until 4:22AM Sat

Albany, NY  
**Sun 2**    **Sutra 185**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 6:05AM  
**Muruqa:** White    *Sunset:* 5:14PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**2**

**Saturday, October 15, 2011**

Wrishabha Rasi: 4.22      Tithi 19  
622286154  
Creative Work    Amrita Yoga  
Until 1:46PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    6:06AM – 7:30AM    **Krittika** Until 5:16PM  
**Yama**       1:02PM – 2:26PM       Siddhi Until 8:17AM  
**Rahu**       8:53AM – 10:16AM    Bava Until 5:42PM  
**Chaturthi\*** Until 6:50AM Sun

Albany, NY  
**Sun 3**    **Sutra 186**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Red      *Sunrise:* 6:06AM  
**Muruqa:** White    *Sunset:* 5:12PM  
**Nataraja:** Yellow  
Moon – White  
**Ashvina•Puratasi**

**3**

**Sunday, October 16, 2011**

Wrishabha Rasi: 16.2      Tithi 19 – 20  
632286154  
Creative Work    Siddha Yoga  
Until 1:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Vyatipata\*/Variyan Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika**    2:25PM – 3:48PM    **Rohini** Until 7:59PM  
**Yama**       11:39AM – 1:02PM       Vyatipata\* Until 8:58AM  
**Rahu**       3:48PM – 5:11PM       Kaulava Until 7:55PM  
**Chaturthi\*** Until 6:50AM

Albany, NY  
**Sun 4**    **Sutra 187**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:08AM  
**Muruqa:** White    *Sunset:* 5:11PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Puratasi**

**4**

**Monday, October 17, 2011**

Wrishabha Rasi: 28.28      Tithi 20 – 21  
**Family Home Evening**    633286154  
Creative Work    Amrita Yoga  
Until 1:45PM then Siddha Yoga  
Until 10:25PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigasira Nakshatra Variyan/Parigha\* Yoga Tailila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika**    1:01PM – 2:24PM    **Mrigasira** Until 10:25PM  
**Yama**       10:16AM – 11:39AM    Variyan Until 9:23AM  
**Rahu**       7:31AM – 8:54AM       Gara Until 9:49PM  
**Panchami** Until 8:44AM

Albany, NY  
**Sun 5**    **Sutra 188**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** White    *Sunrise:* 6:09AM  
**Muruqa:** White    *Sunset:* 5:09PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**

**5**

**Tuesday, October 18, 2011**

Mithuna Rasi: 10.48      Tithi 21 – 22  
633386154  
Routine Work    Marana Yoga  
Until 1:45PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika**    11:39AM – 1:01PM    **Ardra** Until 10:59PM  
**Yama**       8:54AM – 10:16AM    Parigha\* Until 9:08AM  
**Rahu**       2:23PM – 3:45PM       Visti Until 9:48PM  
**Shasthi\*** Until 9:48AM

Albany, NY  
**Sun 6**    **Sutra 189**  
Khara 5113  
Moon 10 - Phase 25  
1st Phase  
**Devaloka Day**  
**Ganesha:** Green    *Sunrise:* 6:10AM  
**Muruqa:** White    *Sunset:* 5:07PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Ashvina•Aipasi**



**Wednesday, October 19, 2011**  
**Retreat Star**

Mithuna Rasi: 23.26      Tithi 22 – 23  
643386154  
Creative Work    Siddha Yoga  
Until 1:45PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    10:17AM – 11:38AM    **Punarvasu** Until 12:16AM Thu  
**Yama**       7:33AM – 8:55AM       Shiva Until 8:37AM  
**Rahu**       11:38AM – 1:00PM       Balava Until 10:31PM  
**Saptami** Until 10:31AM

Albany, NY  
**Sun 7**    **Sutra 190**  
Khara 5113  
Moon 10 - Phase 25  
Ashtami  
**Sivaloka Day**  
**Ganesha:** Orange    *Sunrise:* 6:11AM  
**Muruqa:** White    *Sunset:* 5:06PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

**Thursday, October 20, 2011**  
**Retreat Star**

Kataka Rasi: 6.27      Tithi 23 – 24  
643386154  
Creative Work    Amrita Yoga  
Until 1:45PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Kaulava/Tailila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    8:55AM – 10:17AM    **Pushya** Until 12:52AM Fri  
**Yama**       6:12AM – 7:34AM       Siddha Until 7:28AM  
**Rahu**       1:00PM – 2:21PM       Tailila Until 10:29PM  
**Ashtami\*** Until 10:29AM

Albany, NY  
**Sun 8**    **Sutra 191**  
Khara 5113  
Moon 10 - Phase 25  
Navami  
**Sivaloka Day**  
**Ganesha:** Orange    *Sunrise:* 6:12AM  
**Muruqa:** White    *Sunset:* 5:04PM  
**Nataraja:** Yellow  
Moon – Blue  
**Ashvina•Aipasi**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

<h1 style="font-size: 2em; margin: 0;">1</h1> <p>Friday, October 21, 2011</p> <p>Kataka Rasi: 19.54    Tithi 24 – 25</p> <p>643386154</p> <p>Routine Work    Marana Yoga</p> <p>Until 11:19PM then Amrita Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam</p> <p>Aslesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau</p>		<p>Albany, NY</p> <p>Sun 9    <b>Sutra 192</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>2nd Phase</p>
	<p><b>Gulika</b>    7:35AM – 8:56AM    <b>Aslesha* Until 11:19PM</b></p> <p><b>Yama</b>      2:20PM – 3:42PM    Subha Until 2:56AM Sat</p> <p><b>Rahu</b>      10:17AM – 11:38AM    Vanija Until 8:23PM</p> <p>Navami* Until 9:18AM</p>	<p><b>Ganesha:</b> Orange    <i>Sunrise: 6:13AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 5:03PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Blue</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Sivaloka Day</b></p>

<h1 style="font-size: 2em; margin: 0;">2</h1> <p>Saturday, October 22, 2011</p> <p>Simha Rasi: 3.49    Tithi 25 – 26</p> <p>653386154</p> <p>Creative Work    Amrita Yoga</p> <p>Until 1.44PM then Marana Yoga</p> <p>Until 10:20PM then Siddha Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam</p> <p>Magha* Nakshatra Sukla Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau</p>		<p>Albany, NY</p> <p>Sun 10    <b>Sutra 193</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>2nd Phase</p>
	<p><b>Gulika</b>    6:15AM – 7:35AM    <b>Magha* Until 10:20PM</b></p> <p><b>Yama</b>      12:59PM – 2:20PM    Sukla Until 12:25AM Sun</p> <p><b>Rahu</b>      8:56AM – 10:17AM    Bava Until 6:41PM</p> <p>Dasami Until 7:36AM</p>	<p><b>Ganesha:</b> Light Blue    <i>Sunrise: 6:15AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 5:01PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Red</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Devaloka Day</b></p>

<h1 style="font-size: 2em; margin: 0;">3</h1> <p>Sunday, October 23, 2011</p> <p>Simha Rasi: 18.11    Tithi 27</p> <p>653386154</p> <p>Creative Work    Siddha Yoga</p> <p>Until 7:34PM then Marana Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam</p> <p>Purvaphalguni* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau</p>		<p>Albany, NY</p> <p>Sun 11    <b>Sutra 194</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>2nd Phase</p>
	<p><b>Gulika</b>    2:19PM – 3:39PM    <b>Purvaphalguni* Until 7:34PM</b></p> <p><b>Yama</b>      11:38AM – 12:58PM    Brahma Until 8:13PM</p> <p><b>Rahu</b>      3:39PM – 5:00PM      Kaulava Until 3:25PM</p> <p>Dvadasi* Until 1:42AM Mon</p>	<p><b>Ganesha:</b> Light Blue    <i>Sunrise: 6:16AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 5:00PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Red</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Devaloka Day</b></p>

<h1 style="font-size: 2em; margin: 0;">4</h1> <p>Monday, October 24, 2011</p> <p>Kanya Rasi: 2.58    Tithi 28</p> <p><b>Family Home Evening</b></p> <p>653386154</p> <p>Routine Work    Marana Yoga</p> <p>Until 1.44PM then Amrita Yoga</p> <p>Until 5:15PM then Siddha Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam</p> <p>Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Trayodasi* Yam Titau</p>		<p>Albany, NY</p> <p>Sun 12    <b>Sutra 195</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>2nd Phase</p>
	<p><b>Gulika</b>    12:58PM – 2:18PM    <b>Uttaraphalguni Until 5:15PM</b></p> <p><b>Yama</b>      10:18AM – 11:38AM    Indra Until 4:33PM</p> <p><b>Rahu</b>      7:37AM – 8:57AM      Gara Until 12:21PM</p> <p>Trayodasi* Until 10:38PM</p> <p style="text-align: center;"><i>Pradosha Vrata (Fasting)</i></p>	<p><b>Ganesha:</b> Light Blue    <i>Sunrise: 6:17AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 4:58PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Red</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Devaloka Day</b></p>

<h1 style="font-size: 2em; margin: 0;">5</h1> <p>Tuesday, October 25, 2011</p> <p>Kanya Rasi: 18.03    Tithi 29</p> <p>663386154</p> <p>Creative Work    Siddha Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam</p> <p>Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau</p>		<p>Albany, NY</p> <p>Sun 13    <b>Sutra 196</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>2nd Phase</p>
	<p><b>Gulika</b>    11:38AM – 12:57PM    <b>Hasta Until 2:28PM</b></p> <p><b>Yama</b>      8:58AM – 10:18AM    Vaidhriti* Until 12:26PM</p> <p><b>Rahu</b>      2:17PM – 3:37PM      Visti Until 8:47AM</p> <p>Chaturdasi* Until 7:04PM</p>	<p><b>Ganesha:</b> Purple      <i>Sunrise: 6:18AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 4:57PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Green</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Devaloka Day</b></p> <p><b>Tour Day</b></p>
<p><b>Subramuniyaswami Mahasamadhi</b></p> <p><b>Deepavali Hindu Solidarity Day</b></p>			

<div style="background-color: black; border-radius: 50%; width: 20px; height: 20px; margin: 0 auto; display: inline-block;"></div> <h1 style="font-size: 2em; margin: 0;">Wednesday, October 26, 2011</h1> <p><b>Retreat Star</b></p> <p>Tula Rasi: 3.17    Tithi 30 – 1</p> <p>663386154</p> <p>Creative Work    Siddha Yoga</p> <p>Until 1.44PM then Amrita Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam</p> <p>Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau</p>		<p>Albany, NY</p> <p>Sun 14    <b>Sutra 197</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>Amavasya</p>
	<p><b>Gulika</b>    10:18AM – 11:37AM    <b>Chitra Until 11:25AM</b></p> <p><b>Yama</b>      7:39AM – 8:58AM      Vishkambha* Until 8:05AM</p> <p><b>Rahu</b>      11:37AM – 12:57PM    Kintughna Until 1:30AM Thu</p> <p>Amavasya* Until 3:13PM</p>	<p><b>Ganesha:</b> Purple      <i>Sunrise: 6:19AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 4:55PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Green</p> <p><b>Ashvina-Aipasi</b></p>	<p><b>Devaloka Day</b></p>

<h1 style="font-size: 2em; margin: 0;">Thursday, October 27, 2011</h1> <p><b>Retreat Star</b></p> <p>Tula Rasi: 18.31    Tithi 1 – 2</p> <p>663386154</p> <p>Creative Work    Amrita Yoga</p> <p>Until 8:22AM then Siddha Yoga</p> <p>Until 1.44PM then Marana Yoga</p>	<p>Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam</p> <p>Svati/Visakha Nakshatra Ayushman Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau</p>		<p>Albany, NY</p> <p>Sun 15    <b>Sutra 198</b></p> <p>Khara 5113</p> <p>Moon 10 - Phase 26</p> <p>Prathama</p>
	<p><b>Gulika</b>    8:59AM – 10:18AM    <b>Svati Until 8:22AM</b></p> <p><b>Yama</b>      6:21AM – 7:40AM      Ayushman Until 11:44PM</p> <p><b>Rahu</b>      12:57PM – 2:16PM      Balava Until 9:40PM</p> <p>Skanda Shasthi Begins</p> <p>Prathama* Until 11:23AM</p>	<p><b>Ganesha:</b> Purple      <i>Sunrise: 6:21AM</i></p> <p><b>Muruqa:</b> White      <i>Sunset: 4:54PM</i></p> <p><b>Nataraja:</b> Yellow</p> <p>Moon – Green</p> <p><b>Karttika-Aipasi</b></p>	<p><b>Devaloka Day</b></p>

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda, Brihadu 4.4.3. bo UpH, 140

<b>1</b>		<b>Friday, October 28, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau	Albany, NY <b>Sutra 199</b> Khara 5113
Wrischika Rasi: 3.35	Tithi 2 – 3	673386154	<b>Gulika</b> 7:41AM – 9:00AM <b>Yama</b> 2:15PM – 3:34PM <b>Rahu</b> 10:18AM – 11:37AM	<b>Anuradha Until 2:56AM Sat</b> Saubhagya Until 7:38PM Taitila Until 6:08PM <b>Dvitiya Until 7:51AM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise: 6:22AM</i> <b>Muruqa:</b> White <i>Sunset: 4:53PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Sun 16 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
<b>2</b>		<b>Saturday, October 29, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Albany, NY <b>Sutra 200</b> Khara 5113
Wrischika Rasi: 18.2	Tithi 4	673386154	<b>Gulika</b> 6:23AM – 7:42AM <b>Yama</b> 12:56PM – 2:14PM <b>Rahu</b> 9:00AM – 10:19AM	<b>Jyeshtha* Until 2:00AM Sun</b> Sobhana Until 4:41PM Vanija Until 3:50PM <b>Chaturthi* Until 2:55AM Sun</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> Light Blue <i>Sunrise: 6:23AM</i> <b>Muruqa:</b> White <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Aipasi</b>	Sun 17 Moon 10 - Phase 27 3rd Phase <b>Devaloka Day</b>
Until 1.43PM then Marana Yoga				
Until 2:00AM Sun then Amrita Yoga				
<b>3</b>		<b>Sunday, October 30, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchami Yam Titau	Albany, NY <b>Sutra 201</b> Khara 5113
Dhanus Rasi: 2.4	Tithi 5	683386154	<b>Gulika</b> 2:14PM – 3:32PM <b>Yama</b> 11:37AM – 12:55PM <b>Rahu</b> 3:32PM – 4:50PM	<b>Mula* Until 12:17AM Mon</b> Athiganda* Until 1:29PM Bava Until 1:22PM <b>Panchami Until 12:27AM Mon</b>
Creative Work	Amrita Yoga		<b>Ganesha:</b> Orange <i>Sunrise: 6:24AM</i> <b>Muruqa:</b> White <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 18 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Until 1.43PM then Siddha Yoga				
Until 12:17AM Mon then Marana Yoga				
<b>4</b>		<b>Monday, October 31, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Albany, NY <b>Sutra 202</b> Khara 5113
Dhanus Rasi: 16.32	Tithi 6	683386154	<b>Gulika</b> 12:55PM – 2:13PM <b>Yama</b> 10:19AM – 11:37AM <b>Rahu</b> 7:43AM – 9:01AM	<b>Purvashadha* Until 12:43AM Tue</b> Sukarma Until 11:24AM Kaulava Until 12:15PM <b>Shasthi* Until 12:15AM Tue</b>
Family Home Evening			<b>Ganesha:</b> Orange <i>Sunrise: 6:26AM</i> <b>Muruqa:</b> White <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 19 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Skanda Shasthi</b>	
Until 1.43PM then Siddha Yoga				
Until 12:43AM Tue then Prabalarishta Yoga				
<b>5</b>		<b>Tuesday, November 1, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptami Yam Titau	Albany, NY <b>Sutra 203</b> Khara 5113
Dhanus Rasi: 29.56	Tithi 7	684386154	<b>Gulika</b> 11:37AM – 12:55PM <b>Yama</b> 9:02AM – 10:20AM <b>Rahu</b> 2:12PM – 3:30PM	<b>Uttarashadha Until 12:35AM Wed</b> Dhriti Until 9:34AM Gara Until 11:27AM <b>Saptami Until 11:27PM</b>
Routine Work	Prabalarishta Yoga		<b>Ganesha:</b> Clear <i>Sunrise: 6:27AM</i> <b>Muruqa:</b> White <i>Sunset: 4:47PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Karttika-Aipasi</b>	Sun 20 Moon 10 - Phase 27 3rd Phase <b>Sivaloka Day</b>
Until 1.43PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				
<b>Retreat Star</b>		<b>Wednesday, November 2, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtami* Yam Titau	Albany, NY <b>Sutra 204</b> Khara 5113
Makara Rasi: 12.54	Tithi 8	694386154	<b>Gulika</b> 10:20AM – 11:37AM <b>Yama</b> 7:45AM – 9:03AM <b>Rahu</b> 11:37AM – 12:54PM	<b>Sravana Until 1:15AM Thu</b> Shula* Until 8:28AM Visti Until 11:30AM <b>Ashtami* Until 11:30PM</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise: 6:28AM</i> <b>Muruqa:</b> White <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 21 Moon 10 - Phase 27 Ashtami <b>Devaloka Day</b>
Until 1.43PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				
<b>Retreat Star</b>		<b>Thursday, November 3, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Navami* Yam Titau	Albany, NY <b>Sutra 205</b> Khara 5113
Makara Rasi: 25.31	Tithi 9	694386154	<b>Gulika</b> 9:03AM – 10:20AM <b>Yama</b> 6:29AM – 7:46AM <b>Rahu</b> 12:54PM – 2:11PM	<b>Dhanishtha Until 4:18AM Fri</b> Ganda* Until 8:09AM Balava Until 12:51PM <b>Navami* Until 1:56AM Fri</b>
Creative Work	Siddha Yoga		<b>Ganesha:</b> White <i>Sunrise: 6:29AM</i> <b>Muruqa:</b> White <i>Sunset: 4:45PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 22 Moon 10 - Phase 27 Navami <b>Devaloka Day</b>
Until 1.43PM then Amrita Yoga				
Until 12:35AM Wed then Siddha Yoga				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

<b>1</b>	<b>Friday, November 4, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Vriddhi/Dhruva Yoga Tailila/Gara Karana Dasami Yam Titau				Albany, NY
	Kumbha Rasi: 7.51	Tithi 10	694386154	<b>Gulika</b> 7:47AM – 9:04AM <b>Yama</b> 2:10PM – 3:27PM <b>Rahu</b> 10:20AM – 11:37AM	<b>Satabhisha Until 6:03AM Sat</b> Vriddhi Until 8:09AM Tailila Until 2:19PM <b>Dasami Until 3:24AM Sat</b>	<b>Ganesha:</b> White <i>Sunrise: 6:31AM</i> <b>Muruqa:</b> White <i>Sunset: 4:44PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 23 <b>Sutra 206</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 1.43PM then Amrita Yoga Until 6:03AM Sat then Siddha Yoga							

<b>2</b>	<b>Saturday, November 5, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadasi Yam Titau				Albany, NY
	Kumbha Rasi: 19.58	Tithi 11	694386154	<b>Gulika</b> 6:32AM – 7:48AM <b>Yama</b> 12:53PM – 2:10PM <b>Rahu</b> 9:04AM – 10:21AM	<b>Satabhisha Until 6:03AM</b> Dhruva Until 8:31AM Vanija Until 4:13PM <b>Ekadasi Until 5:19AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 6:32AM</i> <b>Muruqa:</b> White <i>Sunset: 4:42PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Karttika-Aipasi</b>	Sun 24 <b>Sutra 207</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 6:03AM then Siddha Yoga							

<b>3</b>	<b>Sunday, November 6, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada* Nakshatra Vyaghata*/Harshana Yoga Bava Karana Dvadasi Yam Titau				Albany, NY
	Meena Rasi: 1.58	Tithi 12	614386154	<b>Gulika</b> 2:09PM – 3:25PM <b>Yama</b> 11:37AM – 12:53PM <b>Rahu</b> 3:25PM – 4:41PM	<b>Purvaprostapada* Until 8:44AM</b> Vyaghata* Until 9:09AM Bava Until 6:26PM <b>Dvadasi Until 7:44AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:33AM</i> <b>Muruqa:</b> White <i>Sunset: 4:41PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	Sun 25 <b>Sutra 208</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 8:44AM then Amrita Yoga Until 1.43PM then Siddha Yoga							

<b>4</b>	<b>Monday, November 7, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Albany, NY
	Meena Rasi: 13.52	Tithi 12 – 13	714386154	<b>Gulika</b> 12:53PM – 2:09PM <b>Yama</b> 10:21AM – 11:37AM <b>Rahu</b> 7:50AM – 9:06AM	<b>Uttaraprostapada Until 11:36AM</b> Harshana Until 9:56AM Kaulava Until 8:50PM <b>Dvadasi Until 7:44AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Red <i>Sunrise: 6:34AM</i> <b>Muruqa:</b> White <i>Sunset: 4:40PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	Sun 26 <b>Sutra 209</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
Family Home Evening Creative Work Siddha Yoga							

<b>5</b>	<b>Tuesday, November 8, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Asvini Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Albany, NY
	Meena Rasi: 25.44	Tithi 13 – 14	714386154	<b>Gulika</b> 11:37AM – 12:53PM <b>Yama</b> 9:06AM – 10:22AM <b>Rahu</b> 2:08PM – 3:24PM	<b>Revati Until 2:32PM</b> Vajra* Until 10:48AM Gara Until 11:19PM <b>Trayodasi Until 10:14AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> White <i>Sunset: 4:39PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Karttika-Aipasi</b>	Sun 27 <b>Sutra 210</b> Khara 5113 Moon 10 - Phase 28 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 1.43PM then Marana Yoga							

<b>○</b>	<b>Wednesday, November 9, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Asvini/Bharani Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visli* Karana Chaturdasi*/Purnima* Yam Titau				Albany, NY	
	<b>Copper Retreat Star</b>		Mesha Rasi: 7.35	Tithi 14 – 15	724386154	<b>Gulika</b> 10:22AM – 11:37AM <b>Yama</b> 7:52AM – 9:07AM <b>Rahu</b> 11:37AM – 12:52PM	<b>Asvini Until 5:30PM</b> Siddhi Until 11:41AM Visli Until 1:50AM Thu <b>Chaturdasi* Until 12:44PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:37AM</i> <b>Muruqa:</b> White <i>Sunset: 4:38PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>
Routine Work Marana Yoga Until 1.44PM then Amrita Yoga Until 5:30PM then Siddha Yoga								

<b>○</b>	<b>Thursday, November 10, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Albany, NY	
	<b>Silver Retreat Star</b>		Mesha Rasi: 19.28	Tithi 15 – 16	724386154	<b>Gulika</b> 9:08AM – 10:23AM <b>Yama</b> 6:38AM – 7:53AM <b>Rahu</b> 12:52PM – 2:07PM	<b>Bharani Until 8:24PM</b> Vyatipata* Until 12:30PM Balava Until 4:17AM Fri <b>Purnima* Until 3:11PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:38AM</i> <b>Muruqa:</b> White <i>Sunset: 4:37PM</i> <b>Nataraja:</b> Yellow Moon – White <b>Karttika-Aipasi</b>
Creative Work Siddha Yoga								



**Friday, November 11, 2011**  
**Gold Retreat Star**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika Nakshatra Variyana/Parigha\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

Albany, NY  
Sutra 213  
Khara 5113

Wrishabha Rasi: 1.24    Titih 16 – 17  
724386154  
Creative Work    Siddha Yoga  
Until 1.44PM then Amrita Yoga

**Gulika**    7:54AM – 9:08AM  
**Yama**       2:07PM – 3:21PM  
**Rahu**       10:23AM – 11:38AM

**Krittika Until 11:12PM**  
Variyan Until 1:14PM  
Taitila Until 6:37AM Sat  
**Prathama\* Until 5:31PM**

**Ganesha:** Blue    *Sunrise:* 6:39AM  
**Muruqa:** White    *Sunset:* 4:36PM  
**Nataraja:** Yellow  
Moon – White  
**Karttika-Aipasi**

Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**1**

**Saturday, November 12, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\*/Shiva Yoga Taitila/Gara Karana Dvitiya Yam Titau

Albany, NY  
Sun 1    Sutra 214  
Khara 5113

Wrishabha Rasi: 13.26    Titih 17  
734486154  
Creative Work    Amrita Yoga  
Until 1.44PM then Siddha Yoga

**Gulika**       6:41AM – 7:55AM  
**Yama**       12:52PM – 2:06PM  
**Rahu**       9:09AM – 10:23AM

**Rohini Until 1:49AM Sun**  
Parigha\* Until 1:47PM  
Taitila Until 6:34AM  
**Dvitiya Until 7:40PM**

**Ganesha:** Red    *Sunrise:* 6:41AM  
**Muruqa:** White    *Sunset:* 4:35PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**2**

**Sunday, November 13, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira Nakshatra Shiva/Siddha Yoga Vanija/Visti\* Karana Tritiya Yam Titau

Albany, NY  
Sun 2    Sutra 215  
Khara 5113

Wrishabha Rasi: 25.34    Titih 18  
735486154  
Creative Work    Siddha Yoga  
Until 1.44PM then Amrita Yoga  
Until 4:12AM Mon then Siddha Yoga

**Gulika**       2:06PM – 3:20PM  
**Yama**       11:38AM – 12:52PM  
**Rahu**       3:20PM – 4:34PM

**Mrigasira Until 4:12AM Mon**  
Shiva Until 2:08PM  
Vanija Until 8:27AM  
**Tritiya Until 9:33PM**

**Ganesha:** Yellow    *Sunrise:* 6:42AM  
**Muruqa:** White    *Sunset:* 4:34PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**3**

**Monday, November 14, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthi\* Yam Titau

Albany, NY  
Sun 3    Sutra 216  
Khara 5113

Mithuna Rasi: 7.52    Titih 19  
735486154  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 1.44PM then Marana Yoga  
Until 4:24AM Tue then Siddha Yoga

**Gulika**       12:52PM – 2:05PM  
**Yama**       10:24AM – 11:38AM  
**Rahu**       7:57AM – 9:11AM

**Ardra Until 4:24AM Tue**  
Siddha Until 1:36PM  
Bava Until 10:00AM  
**Chaturthi\* Until 11:05PM**

**Ganesha:** Yellow    *Sunrise:* 6:43AM  
**Muruqa:** White    *Sunset:* 4:33PM  
**Nataraja:** Yellow  
Moon – Yellow  
**Karttika-Aipasi**

Moon 11 - Phase 29  
1st Phase

**Sivaloka Day**

**4**

**Tuesday, November 15, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Panchami Yam Titau

Albany, NY  
Sun 4    Sutra 217  
Khara 5113

Mithuna Rasi: 20.22    Titih 20  
745486154  
Creative Work    Siddha Yoga

**Gulika**       11:38AM – 12:52PM  
**Yama**       9:11AM – 10:25AM  
**Rahu**       2:05PM – 3:18PM

**Punarvasu Until 6:24AM Wed**  
Sadhya Until 1:18PM  
Kaulava Until 10:41AM  
**Panchami Until 10:41PM**

**Ganesha:** White    *Sunrise:* 6:44AM  
**Muruqa:** White    *Sunset:* 4:32PM  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Aipasi**

Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**5**

**Wednesday, November 16, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Shasthi\* Yam Titau

Albany, NY  
Sun 5    Sutra 218  
Khara 5113

Kataka Rasi: 3.07    Titih 21  
745486154  
Creative Work    Siddha Yoga  
Until 1.44PM then Amrita Yoga

**Gulika**       10:25AM – 11:38AM  
**Yama**       7:59AM – 9:12AM  
**Rahu**       11:38AM – 12:52PM

**Punarvasu Until 6:24AM**  
Subha Until 12:35PM  
Gara Until 11:12AM  
**Shasthi\* Until 11:12PM**

**Ganesha:** White    *Sunrise:* 6:46AM  
**Muruqa:** White    *Sunset:* 4:31PM  
**Nataraja:** Yellow  
Moon – Blue  
**Karttika-Karttikai**

Moon 11 - Phase 29  
1st Phase

**Devaloka Day**

**6**

**Thursday, November 17, 2011**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Saptami Yam Titau

Albany, NY  
Sun 6    Sutra 219  
Khara 5113

Kataka Rasi: 16.09    Titih 22  
745486155  
Creative Work    Amrita Yoga  
Until 6:57AM then Siddha Yoga  
Until 1.45PM then Marana Yoga

**Gulika**       9:13AM – 10:26AM  
**Yama**       6:47AM – 8:00AM  
**Rahu**       12:51PM – 2:04PM

**Pushya Until 6:57AM**  
Sukla Until 11:21AM  
Visti Until 11:08AM  
**Saptami Until 11:08PM**

**Ganesha:** White    *Sunrise:* 6:47AM  
**Muruqa:** White    *Sunset:* 4:30PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika-Karttikai**

Moon 11 - Phase 29  
1st Phase

**Devaloka Day**



**Friday, November 18, 2011**  
**Retreat Star**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

Albany, NY  
Sun 7    Sutra 220  
Khara 5113

Kataka Rasi: 29.32    Titih 23  
745486155  
Routine Work    Marana Yoga  
Until 1.45PM then Amrita Yoga

**Gulika**       8:01AM – 9:13AM  
**Yama**       2:04PM – 3:17PM  
**Rahu**       10:26AM – 11:39AM

**Aslesha\* Until 6:49AM**  
Brahma Until 9:19AM  
Balava Until 10:04AM  
**Ashtami\* Until 9:09PM**

**Ganesha:** White    *Sunrise:* 6:48AM  
**Muruqa:** White    *Sunset:* 4:29PM  
**Nataraja:** Red  
Moon – Blue  
**Karttika-Karttikai**

Moon 11 - Phase 29  
Ashtami

**Devaloka Day**

**Saturday, November 19, 2011**

**Retreat Star**

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Navami\* Yam Titau

Albany, NY  
Sun 8    Sutra 221  
Khara 5113

Simha Rasi: 13.16    Titih 24  
755486155  
Creative Work    Amrita Yoga  
Until 6:06AM then Marana Yoga  
Until 1.45PM then Siddha Yoga

**Gulika**       6:49AM – 8:02AM  
**Yama**       12:51PM – 2:04PM  
**Rahu**       9:14AM – 10:27AM

**Magha\* Until 6:06AM**  
Indra Until 7:03AM  
Taitila Until 8:43AM  
**Navami\* Until 7:47PM**

**Ganesha:** Clear    *Sunrise:* 6:49AM  
**Muruqa:** White    *Sunset:* 4:29PM  
**Nataraja:** Red  
Moon – Red  
**Karttika-Karttikai**

Moon 11 - Phase 29  
Navami

**Sivaloka Day**


Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

<b>1</b>	<b>Sunday, November 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Tilau				Albany, NY Sun 9 Sutra 222 Khara 5113
	Simha Rasi: 27.23    Tithi 25 – 26 755486155	<b>Gulika</b> 2:04PM – 3:16PM <b>Yama</b> 11:39AM – 12:51PM <b>Rahu</b> 3:16PM – 4:28PM	<b>Uttaraphalguni</b> Until 3:37AM Mon <b>Vishkambha*</b> Until 1:31AM Mon <b>Vanija</b> Until 6:40AM <b>Dasami</b> Until 5:44PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> White <i>Sunset:</i> 4:28PM <b>Nataraja:</b> Red Moon – Red <b>Karttika•Karttikai</b>		Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 1.45PM then Marana Yoga Until 3:37AM Mon then Siddha Yoga						

<b>2</b>	<b>Monday, November 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Tilau				Albany, NY Sun 10 Sutra 223 Khara 5113
	Kanya Rasi: 11.52    Tithi 26 – 27 <b>Family Home Evening</b> 765486155 Creative Work    Siddha Yoga	<b>Gulika</b> 12:51PM – 2:03PM <b>Yama</b> 10:28AM – 11:39AM <b>Rahu</b> 8:04AM – 9:16AM	<b>Hasta</b> Until 12:21AM Tue <b>Priti</b> Until 9:04PM <b>Kaulava</b> Until 12:41AM Tue <b>Ekadasi*</b> Until 2:23PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:52AM <b>Muruqa:</b> White <i>Sunset:</i> 4:27PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>		Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga						

<b>3</b>	<b>Tuesday, November 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Tilau				Albany, NY Sun 11 Sutra 224 Khara 5113
	Kanya Rasi: 26.38    Tithi 27 – 28 765486155	<b>Gulika</b> 11:40AM – 12:51PM <b>Yama</b> 9:16AM – 10:28AM <b>Rahu</b> 2:03PM – 3:15PM	<b>Chitra</b> Until 10:04PM <b>Ayushman</b> Until 5:24PM <b>Gara</b> Until 9:40PM <b>Dvadasi*</b> Until 11:23AM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:53AM <b>Muruqa:</b> White <i>Sunset:</i> 4:27PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>		Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>
Creative Work    Siddha Yoga						

<b>4</b>	<b>Wednesday, November 23, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Tilau				Albany, NY Sun 12 Sutra 225 Khara 5113
	Tula Rasi: 11.35    Tithi 28 – 29 766486155	<b>Gulika</b> 10:29AM – 11:40AM <b>Yama</b> 8:06AM – 9:17AM <b>Rahu</b> 11:40AM – 12:51PM	<b>Svati</b> Until 7:28PM <b>Saubhagya</b> Until 1:27PM <b>Visti</b> Until 6:20PM <b>Trayodasi*</b> Until 8:03AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:54AM <b>Muruqa:</b> White <i>Sunset:</i> 4:26PM <b>Nataraja:</b> Red Moon – Green <b>Karttika•Karttikai</b>		Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 1.46PM then Amrita Yoga Until 7:28PM then Siddha Yoga						

	<b>Thursday, November 24, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Tilau				Albany, NY Sun 13 Sutra 226 Khara 5113
	Tula Rasi: 26.37    Tithi 30 776486155	<b>Gulika</b> 9:18AM – 10:29AM <b>Yama</b> 6:55AM – 8:07AM <b>Rahu</b> 12:52PM – 2:03PM	<b>Visakha</b> Until 4:46PM <b>Sobhana</b> Until 9:24AM <b>Catuspada</b> Until 2:53PM <b>Amavasya*</b> Until 1:10AM Fri	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:55AM <b>Muruqa:</b> White <i>Sunset:</i> 4:25PM <b>Nataraja:</b> Red Moon – Orange <b>Karttika•Karttikai</b>		Moon 11 - Phase 30 Amavasya <b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 1.46PM then Marana Yoga Until 4:46PM then Siddha Yoga						

	<b>Friday, November 25, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Tilau				Albany, NY Sun 14 Sutra 227 Khara 5113
	Vrischika Rasi: 11.33    Tithi 1 776486155	<b>Gulika</b> 8:07AM – 9:19AM <b>Yama</b> 2:03PM – 3:14PM <b>Rahu</b> 10:30AM – 11:41AM	<b>Anuradha</b> Until 2:11PM <b>Sukarma</b> Until 1:29AM Sat <b>Kintughna</b> Until 11:34AM <b>Prathama*</b> Until 9:51PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:56AM <b>Muruqa:</b> White <i>Sunset:</i> 4:25PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira•Karttikai</b>		Moon 11 - Phase 30 Prathama <b>Sivaloka Day</b>
Creative Work    Siddha Yoga						

<b>1</b>	<b>Saturday, November 26, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Albany, NY
	Vrischika Rasi: 26.16	Tithi 2	<b>Gulika</b>	<b>6:58AM – 8:08AM</b>	<b>Jyeshtha* Until 12:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:58AM</i>	Sun 15 <b>Sutra 228</b> Khara 5113
			<b>Yama</b>	<b>12:52PM – 2:03PM</b>	<b>Dhriti Until 10:56PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:24PM</i>	Moon 11 - Phase 31
	Creative Work Siddha Yoga Until 1.47PM then Amrita Yoga	776486155	<b>Rahu</b>	<b>9:19AM – 10:30AM</b>	<b>Balava Until 8:50AM</b> <b>Dvitiya Until 7:55PM</b>	<b>Nataraja:</b> Red Moon – Orange <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase


<b>2</b>	<b>Sunday, November 27, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula* Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau				Albany, NY
	Dhanus Rasi: 10.4	Tithi 3 – 4	<b>Gulika</b>	<b>2:02PM – 3:13PM</b>	<b>Mula* Until 10:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:59AM</i>	Sun 16 <b>Sutra 229</b> Khara 5113
			<b>Yama</b>	<b>11:41AM – 12:52PM</b>	<b>Shula* Until 7:37PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:24PM</i>	Moon 11 - Phase 31
	Creative Work Amrita Yoga Until 10:34AM then Siddha Yoga Until 1.47PM then Marana Yoga	786486155	<b>Rahu</b>	<b>3:13PM – 4:24PM</b>	<b>Taitila Until 6:17AM</b> <b>Tritiya Until 5:22PM</b>	<b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase


<b>3</b>	<b>Monday, November 28, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Visli*/Bava Karana Chaturthi*/Panchami Yam Titau				Albany, NY
	Dhanus Rasi: 24.39	Tithi 4 – 5	<b>Gulika</b>	<b>12:52PM – 2:02PM</b>	<b>Purvashadha* Until 9:28AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:00AM</i>	Sun 17 <b>Sutra 230</b> Khara 5113
	<b>Family Home Evening</b>		<b>Yama</b>	<b>10:31AM – 11:42AM</b>	<b>Ganda* Until 4:58PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:23PM</i>	Moon 11 - Phase 31
	Routine Work Marana Yoga Until 1.48PM then Prabalarishta Yoga	786486155	<b>Rahu</b>	<b>8:10AM – 9:21AM</b>	<b>Bava Until 2:39AM Tue</b> <b>Chaturthi* Until 3:35PM</b>	<b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase

<b>4</b>	<b>Tuesday, November 29, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Albany, NY
	Makara Rasi: 8.11	Tithi 5 – 6	<b>Gulika</b>	<b>11:42AM – 12:52PM</b>	<b>Uttarashadha Until 9:21AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:01AM</i>	Sun 18 <b>Sutra 231</b> Khara 5113
			<b>Yama</b>	<b>9:21AM – 10:32AM</b>	<b>Vridhi Until 3:39PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:23PM</i>	Moon 11 - Phase 31
	Routine Work Prabalarishta Yoga Until 9:21AM then Siddha Yoga	786486155	<b>Rahu</b>	<b>2:02PM – 3:13PM</b>	<b>Kaulava Until 3:20AM Wed</b> <b>Panchami Until 3:20PM</b>	<b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase

<b>5</b>	<b>Wednesday, November 30, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Sravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saplami Yam Titau				Albany, NY
	Makara Rasi: 21.17	Tithi 6 – 7	<b>Gulika</b>	<b>10:32AM – 11:42AM</b>	<b>Sravana Until 9:47AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:02AM</i>	Sun 19 <b>Sutra 232</b> Khara 5113
			<b>Yama</b>	<b>8:12AM – 9:22AM</b>	<b>Dhruva Until 2:19PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:23PM</i>	Moon 11 - Phase 31
	Creative Work Siddha Yoga Until 9:47AM then Prabalarishta Yoga Until 1.48PM then Siddha Yoga	797486155	<b>Rahu</b>	<b>11:42AM – 12:52PM</b>	<b>Gara Until 3:09AM Thu</b> <b>Shasthi* Until 3:09PM</b>	<b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase

<b>6</b>	<b>Thursday, December 1, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Vyaghata*/Harshana Yoga Vanija/Visli* Karana Saplami/Ashlami* Yam Titau				Albany, NY
	Kumbha Rasi: 4	Tithi 7 – 8	<b>Gulika</b>	<b>9:23AM – 10:33AM</b>	<b>Dhanishtha Until 11:20AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:03AM</i>	Sun 20 <b>Sutra 233</b> Khara 5113
			<b>Yama</b>	<b>7:03AM – 8:13AM</b>	<b>Vyaghata* Until 2:14PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:22PM</i>	Moon 11 - Phase 31
	Creative Work Siddha Yoga Until 11:20AM then Marana Yoga Until 1.49PM then Siddha Yoga	797486155	<b>Rahu</b>	<b>12:53PM – 2:02PM</b>	<b>Visli Until 5:44AM Fri</b> <b>Saptami Until 4:38PM</b>	<b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> 3rd Phase

	<b>Friday, December 2, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashlami*/Navami* Yam Titau				Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b>	<b>8:14AM – 9:24AM</b>	<b>Satabhisha Until 1:14PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:04AM</i>	Sun 21 <b>Sutra 234</b> Khara 5113
	Kumbha Rasi: 16.23	Tithi 8 – 9	<b>Yama</b>	<b>2:02PM – 3:12PM</b>	<b>Harshana Until 2:06PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:22PM</i>	Moon 11 - Phase 31
	Creative Work Siddha Yoga	797486155	<b>Rahu</b>	<b>10:33AM – 11:43AM</b>	<b>Balava Until 7:06AM Sat</b> <b>Ashtami* Until 6:00PM</b>	<b>Nataraja:</b> Red Moon – Purple <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> Ashtami

	<b>Saturday, December 3, 2011</b>		Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navami* Yam Titau				Albany, NY
	<b>Retreat Star</b>		<b>Gulika</b>	<b>7:05AM – 8:15AM</b>	<b>Purvaprostapada* Until 3:37PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:05AM</i>	Sun 22 <b>Sutra 235</b> Khara 5113
	Kumbha Rasi: 28.32	Tithi 9	<b>Yama</b>	<b>12:53PM – 2:03PM</b>	<b>Vajra* Until 2:26PM</b>	<b>Muruqa:</b> White <i>Sunset: 4:22PM</i>	Moon 11 - Phase 31
	Creative Work Siddha Yoga Until 3:37PM then Amrita Yoga	717486155	<b>Rahu</b>	<b>9:24AM – 10:34AM</b>	<b>Balava Until 6:49AM</b> <b>Navami* Until 7:54PM</b>	<b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	<b>Sivaloka Day</b> Navami

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM


<b>1</b>	<b>Sunday, December 4, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprostapada Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Dasami Yam Titau			Albany, NY Sun 23 Sutra 236 Khara 5113
	Meena Rasi: 10.3      Tithi 10 717486155	<b>Gulika</b> 2:03PM – 3:12PM <b>Yama</b> 11:44AM – 12:53PM <b>Rahu</b> 3:12PM – 4:21PM	<b>Uttaraprostapada Until 6:20PM</b> Siddhi Until 3:05PM Taitila Until 9:05AM <b>Dasami Until 10:11PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:06AM <b>Muruqa:</b> White <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 4th Phase <b>Sivaloka Day</b>
Creative Work    Amrita Yoga Until 1.50PM then Siddha Yoga					

<b>2</b>	<b>Monday, December 5, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Albany, NY Sun 24 Sutra 237 Khara 5113
	Meena Rasi: 22.22      Tithi 11 Family Home Evening      717496155 Creative Work    Siddha Yoga	<b>Gulika</b> 12:54PM – 2:03PM <b>Yama</b> 10:35AM – 11:44AM <b>Rahu</b> 8:17AM – 9:26AM	<b>Revati Until 9:15PM</b> Vyatipata* Until 3:54PM Vanija Until 11:35AM <b>Ekadasi Until 12:40AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:07AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – Clear <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 4th Phase <b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, December 6, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadasi Yam Titau			Albany, NY Sun 25 Sutra 238 Khara 5113
	Mesha Rasi: 4.13      Tithi 12 728496155	<b>Gulika</b> 11:45AM – 12:54PM <b>Yama</b> 9:26AM – 10:36AM <b>Rahu</b> 2:03PM – 3:12PM	<b>Asvini Until 12:15AM Wed</b> Variyan Until 4:47PM Bava Until 2:09PM <b>Dvadasi Until 3:14AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:08AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 4th Phase <b>Devaloka Day</b> <b>Tour Day</b>
Creative Work    Siddha Yoga Until 1.51PM then Marana Yoga					

<b>4</b>	<b>Wednesday, December 7, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Albany, NY Sun 26 Sutra 239 Khara 5113
	Mesha Rasi: 16.05      Tithi 13 728496155	<b>Gulika</b> 10:36AM – 11:45AM <b>Yama</b> 8:18AM – 9:27AM <b>Rahu</b> 11:45AM – 12:54PM	<b>Bharani Until 3:11AM Thu</b> Parigha* Until 5:37PM Kaulava Until 4:39PM <b>Trayodasi Until 5:45AM Thu</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:09AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 4th Phase <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 1.51PM then Siddha Yoga Until 3:11AM Thu then Marana Yoga					

<b>5</b>	<b>Thursday, December 8, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shiva Yoga Gara Karana Chaturdasi* Yam Titau			Albany, NY Sun 27 Sutra 240 Khara 5113
	Mesha Rasi: 28.01      Tithi 14 728596155	<b>Gulika</b> 9:28AM – 10:37AM <b>Yama</b> 7:10AM – 8:19AM <b>Rahu</b> 12:54PM – 2:03PM	<b>Krittika Until 5:58AM Fri</b> Shiva Until 6:19PM Gara Until 7:00PM <b>Chaturdasi* Until 8:00AM Fri</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:10AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – White <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work    Marana Yoga Until 1.51PM then Siddha Yoga Until 5:58AM Fri then Marana Yoga		<b>Sivalaya Deepam</b>			

	<b>Friday, December 9, 2011</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Albany, NY Sun 28 Sutra 241 Khara 5113
	<b>Copper Retreat Star</b> Vrishabha Rasi: 10.04      Tithi 14 – 15 738596155	<b>Gulika</b> 8:20AM – 9:29AM <b>Yama</b> 2:04PM – 3:12PM <b>Rahu</b> 10:37AM – 11:46AM	<b>Rohini Until 8:05AM Sat</b> Siddha Until 6:48PM Visti Until 9:05PM <b>Chaturdasi* Until 8:00AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:11AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 Purnima <b>Devaloka Day</b>
Routine Work    Marana Yoga Until 1.52PM then Amrita Yoga Until 8:05AM Sat then Siddha Yoga					

<b>Saturday, December 10, 2011</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigasira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Albany, NY Sun 29 Sutra 242 Khara 5113
	Vrishabha Rasi: 22.17      Tithi 15 – 16 738596155	<b>Gulika</b> 7:12AM – 8:21AM <b>Yama</b> 12:55PM – 2:04PM <b>Rahu</b> 9:29AM – 10:38AM	<b>Rohini Until 8:05AM</b> Sadhya Until 6:59PM Balava Until 10:50PM <b>Purnima* Until 9:44AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:12AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:21PM <b>Nataraja:</b> Red Moon – Yellow <b>Margasira-Karttikai</b>	Moon 11 - Phase 32 Prathama <b>Devaloka Day</b>
Creative Work    Amrita Yoga Until 8:05AM then Siddha Yoga		<b>Vinayaga Viratam Begins</b>			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640





**Sunday, December 11, 2011**  
**Gold Retreat Star**

Mithuna Rasi: 4.42 Tithi 16 – 17  
738596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 2:04PM – 3:13PM  
**Yama** 11:47AM – 12:55PM  
**Rahu** 3:13PM – 4:21PM

**Mrigasira Until 9:38AM**  
**Subha Until 5:54PM**  
**Taitila Until 10:39PM**  
**Prathama\* Until 10:39AM**

**Ganesha:** Clear *Sunrise: 7:13AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Albany, NY  
**Sutra 243**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**1**

**Monday, December 12, 2011**

Mithuna Rasi: 17.19 Tithi 17 – 18  
**Family Home Evening** 738596155  
Creative Work Siddha Yoga  
Until 10:58AM then Amrita Yoga  
Until 1.53PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 12:56PM – 2:04PM  
**Yama** 10:39AM – 11:47AM  
**Rahu** 8:22AM – 9:31AM

**Ardra Until 10:58AM**  
**Sukla Until 5:24PM**  
**Vanija Until 11:28PM**  
**Dvitiya Until 11:28AM**

**Ganesha:** Clear *Sunrise: 7:14AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Yellow  
**Margasira-Karttikai**

Albany, NY  
**Sun 1 Sutra 244**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**2**

**Tuesday, December 13, 2011**

Kataka Rasi: 0.08 Tithi 18 – 19  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Visi\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 11:48AM – 12:56PM  
**Yama** 9:31AM – 10:40AM  
**Rahu** 2:05PM – 3:13PM

**Punarvasu Until 11:54AM**  
**Brahma Until 4:31PM**  
**Bava Until 11:50PM**  
**Tritiya Until 11:50AM**

**Ganesha:** Clear *Sunrise: 7:14AM*  
**Muruqa:** Clear *Sunset: 4:21PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Albany, NY  
**Sun 2 Sutra 245**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**3**

**Wednesday, December 14, 2011**

Kataka Rasi: 13.11 Tithi 19 – 20  
749596155  
Creative Work Siddha Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 10:40AM – 11:48AM  
**Yama** 8:23AM – 9:32AM  
**Rahu** 11:48AM – 12:57PM

**Pushya Until 12:26PM**  
**Indra Until 3:16PM**  
**Kaulava Until 11:47PM**  
**Chaturthi\* Until 11:47AM**

**Ganesha:** Clear *Sunrise: 7:15AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Albany, NY  
**Sun 3 Sutra 246**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**4**

**Thursday, December 15, 2011**

Kataka Rasi: 26.28 Tithi 20 – 21  
749596155  
Creative Work Siddha Yoga  
Until 12:32PM then Amrita Yoga  
Until 1.55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 9:32AM – 10:41AM  
**Yama** 7:16AM – 8:24AM  
**Rahu** 12:57PM – 2:05PM

**Aslesha\* Until 12:32PM**  
**Vaidhriti\* Until 1:07PM**  
**Gara Until 11:16PM**  
**Panchami Until 11:16AM**

**Ganesha:** Clear *Sunrise: 7:16AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Blue  
**Margasira-Karttikai**

Albany, NY  
**Sun 4 Sutra 247**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**

**5**

**Friday, December 16, 2011**

Simha Rasi: 9.57 Tithi 21 – 22  
859596155  
Routine Work Marana Yoga  
Until 11:48AM then Siddha Yoga  
Until 1.55PM then Marana Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visi\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 8:25AM – 9:33AM  
**Yama** 2:06PM – 3:14PM  
**Rahu** 10:41AM – 11:49AM

**Magha\* Until 11:48AM**  
**Vishkambha\* Until 11:14AM**  
**Visi Until 9:03PM**  
**Shasthi\* Until 9:59AM**

**Ganesha:** Clear *Sunrise: 7:17AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Albany, NY  
**Sun 5 Sutra 248**  
Khara 5113  
Moon 12 - Phase 33  
1st Phase  
**Devaloka Day**



**Saturday, December 17, 2011**  
**Retreat Star**

Simha Rasi: 23.41 Tithi 22 – 23  
859596155  
Routine Work Marana Yoga  
Until 1.56PM then Amrita Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 7:17AM – 8:25AM  
**Yama** 12:58PM – 2:06PM  
**Rahu** 9:34AM – 10:42AM

**Purvaphalguni\* Until 11:07AM**  
**Priti Until 8:58AM**  
**Balava Until 7:45PM**  
**Saptami Until 8:40AM**

**Ganesha:** Clear *Sunrise: 7:17AM*  
**Muruqa:** Clear *Sunset: 4:22PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Albany, NY  
**Sun 6 Sutra 249**  
Khara 5113  
Moon 12 - Phase 33  
Ashtami  
**Devaloka Day**

**Sunday, December 18, 2011**  
**Retreat Star**

Kanya Rasi: 7.38 Tithi 23 – 24  
859596155  
Creative Work Amrita Yoga  
Until 1.56PM then Siddha Yoga

Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni\*/Hasta Nakshatra Ayushman/Saubhagya Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 2:07PM – 3:15PM  
**Yama** 11:50AM – 12:58PM  
**Rahu** 3:15PM – 4:23PM

**Uttaraphalguni Until 10:03AM**  
**Ayushman Until 6:21AM**  
**Gara Until 6:00PM**  
**Ashtami\* Until 6:56AM**

**Ganesha:** Clear *Sunrise: 7:18AM*  
**Muruqa:** Clear *Sunset: 4:23PM*  
**Nataraja:** Red  
Moon – Red  
**Margasira-Markali**

Albany, NY  
**Sun 7 Sutra 250**  
Khara 5113  
Moon 12 - Phase 33  
Navami  
**Devaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda, Svetu 1.15. UpR, 718


<b>1</b>	<b>Monday, December 19, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sobhana Yoga Vanija/Visti* Karana Dasami Yam Titau					Albany, NY Sun 8 Sutra 251 Khara 5113
	Kanya Rasi: 21.49      Tithi 25 Family Home Evening      869596155 Creative Work      Siddha Yoga Until 8:36AM then Prabalarishta Yoga Until 1.57PM then Siddha Yoga	<b>Gulika</b> 12:59PM – 2:07PM <b>Yama</b> 10:43AM – 11:51AM <b>Rahu</b> 8:27AM – 9:35AM	<b>Hasta</b> <b>Until 8:36AM</b> Sobhana Until 12:42AM Tue Vanija Until 3:52PM <b>Dasami</b> <b>Until 2:56AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:23PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>			


<b>2</b>	<b>Tuesday, December 20, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau					Albany, NY Sun 9 Sutra 252 Khara 5113
	Tula Rasi: 6.11      Tithi 26 869596155 Creative Work      Siddha Yoga	<b>Gulika</b> 11:51AM – 12:59PM <b>Yama</b> 9:35AM – 10:43AM <b>Rahu</b> 2:07PM – 3:16PM	<b>Chitra</b> <b>Until 6:45AM</b> Athiganda* Until 8:27PM Bava Until 12:50PM <b>Ekadasi*</b> <b>Until 11:07PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:19AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:24PM <b>Nataraja:</b> Red Moon – Green <b>Margasira-Markali</b>			

<b>3</b>	<b>Wednesday, December 21, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Visakha Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau					Albany, NY Sun 10 Sutra 253 Khara 5113
	Tula Rasi: 20.43      Tithi 27 871596155 Creative Work      Siddha Yoga	<b>Gulika</b> 10:44AM – 11:52AM <b>Yama</b> 8:28AM – 9:36AM <b>Rahu</b> 11:52AM – 1:00PM	<b>Visakha</b> <b>Until 2:12AM Thu</b> Sukarma Until 5:08PM Kaulava Until 10:16AM <b>Dvadasi*</b> <b>Until 8:33PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:24PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>			

<b>4</b>	<b>Thursday, December 22, 2011</b>	Khara Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodasi* Yam Titau					Albany, NY Sun 11 Sutra 254 Khara 5113
	Vrischika Rasi: 5.18      Tithi 28 871596155 Creative Work      Siddha Yoga Until 12:11AM Fri then Prabalarishta Yoga	<b>Gulika</b> 9:36AM – 10:44AM <b>Yama</b> 7:20AM – 8:28AM <b>Rahu</b> 1:00PM – 2:08PM	<b>Anuradha</b> <b>Until 12:11AM Fri</b> Dhriti Until 1:43PM Gara Until 7:34AM <b>Trayodasi*</b> <b>Until 5:51PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>			

<b>5</b>	<b>Friday, December 23, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau					Albany, NY Sun 12 Sutra 255 Khara 5113
	Vrischika Rasi: 19.52      Tithi 29 – 30 871596155 Routine Work      Prabalarishta Yoga Until 1.59PM then Siddha Yoga	<b>Gulika</b> 8:29AM – 9:37AM <b>Yama</b> 2:09PM – 3:17PM <b>Rahu</b> 10:45AM – 11:53AM	<b>Jyeshtha*</b> <b>Until 11:22PM</b> Shula* Until 10:38AM Catuspada Until 2:59AM Sat <b>Chaturdasi*</b> <b>Until 3:54PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:25PM <b>Nataraja:</b> Red Moon – Orange <b>Margasira-Markali</b>			

	<b>Saturday, December 24, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau					Albany, NY Sun 13 Sutra 256 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 4.19      Tithi 30 – 1 881596155 Creative Work      Siddha Yoga Until 1.59PM then Amrita Yoga Until 9:28PM then Siddha Yoga	<b>Gulika</b> 7:21AM – 8:29AM <b>Yama</b> 1:01PM – 2:10PM <b>Rahu</b> 9:37AM – 10:45AM	<b>Mula*</b> <b>Until 9:28PM</b> Ganda* Until 7:14AM Kintughna Until 12:22AM Sun <b>Amavasya*</b> <b>Until 1:17PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:26PM <b>Nataraja:</b> Red Moon – Light Blue <b>Margasira-Markali</b>			

	<b>Sunday, December 25, 2011</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau					Albany, NY Sun 14 Sutra 257 Khara 5113
	<b>Retreat Star</b> Dhanus Rasi: 18.31      Tithi 1 – 2 881596155 Creative Work      Siddha Yoga Until 2.00PM then Marana Yoga	<b>Gulika</b> 2:10PM – 3:18PM <b>Yama</b> 11:54AM – 1:02PM <b>Rahu</b> 3:18PM – 4:26PM	<b>Purvashadha*</b> <b>Until 7:58PM</b> Dhruva Until 1:32AM Mon Balava Until 10:10PM <b>Prathama*</b> <b>Until 11:05AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Clear <i>Sunset:</i> 4:26PM <b>Nataraja:</b> Red Moon – Light Blue <b>Pausha-Markali</b>			

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthy or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

<b>1</b>	<b>Monday, December 26, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Albany, NY <b>Sun 15</b> Sutra 258 Khara 5113
	Makara Rasi: 2.25      Tithi 2 – 3	<b>Gulika</b> 1:03PM – 2:11PM	<b>Uttarashadha</b> <b>Until 7:00PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:22AM		
	<b>Family Home Evening</b> 891596156	<b>Yama</b> 10:46AM – 11:54AM	<b>Vyaghata*</b> <b>Until 11:00PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:27PM		Moon 12 - Phase 35
	Routine Work      Marana Yoga	<b>Rahu</b> 8:30AM – 9:38AM	<b>Taitila</b> <b>Until 8:32PM</b>	<b>Nataraja:</b> Yellow		3rd Phase

<b>2</b>	<b>Tuesday, December 27, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Albany, NY <b>Sun 16</b> Sutra 259 Khara 5113
	Makara Rasi: 15.58      Tithi 3 – 4	<b>Gulika</b> 11:55AM – 1:03PM	<b>Sravana</b> <b>Until 7:37PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:22AM		
	<b>Creative Work</b> Siddha Yoga	<b>Yama</b> 9:39AM – 10:47AM	<b>Harshana</b> <b>Until 10:07PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:28PM		Moon 12 - Phase 35
	Until 7:37PM then Prabalarishta Yoga	<b>Rahu</b> 2:11PM – 3:19PM	<b>Vanija</b> <b>Until 8:42PM</b>	<b>Nataraja:</b> Yellow		3rd Phase

<b>3</b>	<b>Wednesday, December 28, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Albany, NY <b>Sun 17</b> Sutra 260 Khara 5113
	Makara Rasi: 29.07      Tithi 4 – 5	<b>Gulika</b> 10:47AM – 11:55AM	<b>Dhanishtha</b> <b>Until 7:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:22AM		
	<b>Routine Work</b> Prabalarishta Yoga	<b>Yama</b> 8:31AM – 9:39AM	<b>Vajra*</b> <b>Until 8:40PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:28PM		Moon 12 - Phase 35
	Until 7:56PM then Marana Yoga	<b>Rahu</b> 11:55AM – 1:04PM	<b>Bava</b> <b>Until 8:25PM</b>	<b>Nataraja:</b> Yellow		3rd Phase

<b>4</b>	<b>Thursday, December 29, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Albany, NY <b>Sun 18</b> Sutra 261 Khara 5113
	Kumbha Rasi: 11.54      Tithi 5 – 6	<b>Gulika</b> 9:39AM – 10:48AM	<b>Satabhisha</b> <b>Until 10:12PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:23AM		
	<b>Routine Work</b> Marana Yoga	<b>Yama</b> 7:23AM – 8:31AM	<b>Siddhi</b> <b>Until 8:55PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:29PM		Moon 12 - Phase 35
	Until 7:02PM then Siddha Yoga	<b>Rahu</b> 1:04PM – 2:13PM	<b>Kaulava</b> <b>Until 10:14PM</b>	<b>Nataraja:</b> Yellow		3rd Phase

<b>5</b>	<b>Friday, December 30, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Albany, NY <b>Sun 19</b> Sutra 262 Khara 5113
	Kumbha Rasi: 24.22      Tithi 6 – 7	<b>Gulika</b> 8:31AM – 9:40AM	<b>Purvaprostapada*</b> <b>Until 11:56PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:23AM		
	<b>Creative Work</b> Siddha Yoga	<b>Yama</b> 2:13PM – 3:22PM	<b>Vyatipata*</b> <b>Until 8:39PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:30PM		Moon 12 - Phase 35
		<b>Rahu</b> 10:48AM – 11:56AM	<b>Gara</b> <b>Until 11:28PM</b>	<b>Nataraja:</b> Yellow		3rd Phase

**Vinayaga Viratam Ends**

<b>D</b>	<b>Saturday, December 31, 2011</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Variyan Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Albany, NY <b>Sun 20</b> Sutra 263 Khara 5113
	<b>Retreat Star</b>	<b>Gulika</b> 7:23AM – 8:32AM	<b>Uttaraprostapada</b> <b>Until 2:14AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:23AM		
	Meena Rasi: 6.33      Tithi 7 – 8	<b>Yama</b> 1:05PM – 2:14PM	<b>Variyan</b> <b>Until 8:53PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:31PM		Moon 12 - Phase 35
	<b>Creative Work</b> Siddha Yoga	<b>Rahu</b> 9:40AM – 10:48AM	<b>Visti</b> <b>Until 1:16AM Sun</b>	<b>Nataraja:</b> Yellow		Ashtami

<b>D</b>	<b>Sunday, January 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Parigha* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Albany, NY <b>Sun 21</b> Sutra 264 Khara 5113
	<b>Retreat Star</b>	<b>Gulika</b> 2:15PM – 3:24PM	<b>Revati</b> <b>Until 4:54AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:23AM		
	Meena Rasi: 18.33      Tithi 8 – 9	<b>Yama</b> 11:58AM – 1:06PM	<b>Parigha*</b> <b>Until 9:28PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:32PM		Moon 12 - Phase 35
	<b>Creative Work</b> Amrita Yoga	<b>Rahu</b> 3:24PM – 4:32PM	<b>Balava</b> <b>Until 3:30AM Mon</b>	<b>Nataraja:</b> Yellow		Navami

	Until 2:04PM then Siddha Yoga	<b>Ashtami*</b> <b>Until 2:25PM</b>	<b>Pausha-Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	
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In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

<b>1</b>	<b>Monday, January 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Albany, NY Sun 22 Sutra 265 Khara 5113
	Mesha Rasi: 0.25      Tithi 9 – 10 Family Home Evening      822696156 Creative Work      Siddha Yoga	<b>Gulika</b> 1:07PM – 2:16PM <b>Yama</b> 10:50AM – 11:58AM <b>Rahu</b> 8:32AM – 9:41AM	<b>Asvini Until 8:10AM Tue</b> Shiva Until 10:17PM Taitila Until 6:00AM Tue <b>Navami* Until 4:55PM</b>
<b>2</b>	<b>Tuesday, January 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Asvini/Bharani Nakshatra Siddha Yoga Taitila/Gara Karana Dasami Yam Titau	Albany, NY Sun 23 Sutra 266 Khara 5113
	Mesha Rasi: 12.15      Tithi 10 822696156 Creative Work      Siddha Yoga Until 2.04PM then Marana Yoga	<b>Gulika</b> 11:59AM – 1:08PM <b>Yama</b> 9:41AM – 10:50AM <b>Rahu</b> 2:17PM – 3:25PM	<b>Asvini Until 8:10AM</b> Siddha Until 11:10PM Taitila Until 6:25AM <b>Dasami Until 7:30PM</b>
<b>3</b>	<b>Wednesday, January 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Vanija/Visti* Karana Ekadasi Yam Titau	Albany, NY Sun 24 Sutra 267 Khara 5113
	Mesha Rasi: 24.07      Tithi 11 822696156 Routine Work      Marana Yoga Until 11:05AM then Amrita Yoga Until 2.05PM then Marana Yoga	<b>Gulika</b> 10:50AM – 11:59AM <b>Yama</b> 8:32AM – 9:41AM <b>Rahu</b> 11:59AM – 1:08PM  <b>Vaikuntha Ekadasi</b>	<b>Bharani Until 11:05AM</b> Sadhya Until 12:00PM Vanija Until 8:55AM <b>Ekadasi Until 10:01PM</b>
<b>4</b>	<b>Thursday, January 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha Yoga Bava/Balava Karana Dvadasi Yam Titau	Albany, NY Sun 25 Sutra 268 Khara 5113
	Vrishabha Rasi: 6.06      Tithi 12 822696156 Routine Work      Marana Yoga	<b>Gulika</b> 9:41AM – 10:51AM <b>Yama</b> 7:23AM – 8:32AM <b>Rahu</b> 1:09PM – 2:18PM  <b>Subramuniyaswami Jayanti</b>	<b>Krittika Until 1:47PM</b> Subha Until 12:37AM Fri Bava Until 11:11AM <b>Dvadasi Until 12:17AM Fri</b>
<b>5</b>	<b>Friday, January 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigasira Nakshatra Sukla Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Albany, NY Sun 26 Sutra 269 Khara 5113
	Vrishabha Rasi: 18.16      Tithi 13 832696156 Routine Work      Marana Yoga Until 2.06PM then Amrita Yoga Until 4.08PM then Siddha Yoga	<b>Gulika</b> 8:32AM – 9:42AM <b>Yama</b> 2:19PM – 3:28PM <b>Rahu</b> 10:51AM – 12:00PM	<b>Rohini Until 4:08PM</b> Sukla Until 12:54AM Sat Kaulava Until 1:04PM <b>Trayodasi Until 2:09AM Sat</b> <i>Pradosha Vrata</i>
<b>6</b>	<b>Saturday, January 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigasira/Ardra Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Albany, NY Sun 27 Sutra 270 Khara 5113
	Mithuna Rasi: 0.4      Tithi 14 832696156 Creative Work      Siddha Yoga	<b>Gulika</b> 7:23AM – 8:32AM <b>Yama</b> 1:10PM – 2:19PM <b>Rahu</b> 9:42AM – 10:51AM	<b>Mrigasira Until 5:05PM</b> Brahma Until 11:24PM Gara Until 1:43PM <b>Chaturdasi* Until 1:43AM Sun</b>
	<b>Sunday, January 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra Yoga Visti*/Bava Karana Purnima* Yam Titau	Albany, NY Sun 27 Sutra 271 Khara 5113
	<b>Copper Retreat Star</b> Mithuna Rasi: 13.2      Tithi 15 832696156 Creative Work      Siddha Yoga Until 6:19PM then Amrita Yoga	<b>Gulika</b> 2:20PM – 3:30PM <b>Yama</b> 12:01PM – 1:11PM <b>Rahu</b> 3:30PM – 4:39PM  <b>Tiruvembavai</b>	<b>Ardra Until 6:19PM</b> Indra Until 10:47PM Visti Until 2:25PM <b>Purnima* Until 2:25AM Mon</b>
<b>Monday, January 9, 2012</b>	<b>Silver Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau	Albany, NY Sun 27 Sutra 272 Khara 5113
	Mithuna Rasi: 26.17      Tithi 16 842696156 Family Home Evening Creative Work      Amrita Yoga Until 2.07PM then Siddha Yoga	<b>Gulika</b> 1:11PM – 2:21PM <b>Yama</b> 10:52AM – 12:01PM <b>Rahu</b> 8:32AM – 9:42AM	<b>Punarvasu Until 7:00PM</b> Vaidhriti* Until 9:41PM Balava Until 2:32PM <b>Prathama* Until 2:32AM Tue</b>

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262



**Tuesday, January 10, 2012**  
**Gold Retreat Star**

Kataka Rasi: 9.32      Tithi 17  
842696156  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vishkambha\* Yoga Tailita/Gara Karana Dvitiya Yam Titau  
**Gulika**    12:02PM – 1:12PM    **Pushya** **Until 7:10PM**  
**Yama**      9:42AM – 10:52AM    **Vishkambha\*** **Until 7:09PM**  
**Rahu**      2:22PM – 3:32PM      **Taitila** **Until 2:05PM**  
**Dvitiya** **Until 2:05AM Wed**

**Ganesha:** Purple    *Sunrise:* 7:22AM  
**Muruqa:** Clear    *Sunset:* 4:41PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Albany, NY  
**Sutra 273**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**1** **Wednesday, January 11, 2012**

Kataka Rasi: 23.01      Tithi 18  
842696156  
Creative Work    Siddha Yoga  
Until 5:58PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika**    10:52AM – 12:02PM    **Aslesha\*** **Until 5:58PM**  
**Yama**      8:32AM – 9:42AM      **Priti** **Until 5:16PM**  
**Rahu**      12:02PM – 1:12PM      **Vanija** **Until 12:36PM**  
**Tritiya** **Until 11:40PM**

**Ganesha:** Purple    *Sunrise:* 7:22AM  
**Muruqa:** Clear    *Sunset:* 4:43PM  
**Nataraja:** Yellow  
Moon – Blue  
**Pausha-Markali**

Albany, NY  
**Sun 1** **Sutra 274**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Sivaloka Day**

**2** **Thursday, January 12, 2012**

Simha Rasi: 6.43      Tithi 19  
852696156  
Creative Work    Amrita Yoga  
Until 2:08PM then Marana Yoga  
Until 5:20PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika**    9:42AM – 10:52AM    **Magha\*** **Until 5:20PM**  
**Yama**      7:22AM – 8:32AM      **Ayushman** **Until 3:04PM**  
**Rahu**      1:13PM – 2:23PM      **Bava** **Until 11:21AM**  
**Chaturthi\*** **Until 10:25PM**

**Ganesha:** Clear      *Sunrise:* 7:22AM  
**Muruqa:** Clear      *Sunset:* 4:44PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Albany, NY  
**Sun 2** **Sutra 275**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**3** **Friday, January 13, 2012**

Simha Rasi: 20.34      Tithi 20  
853696156  
Creative Work    Siddha Yoga  
Until 2:09PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika**    8:32AM – 9:42AM      **Purvaphalguni\*** **Until 4:27PM**  
**Yama**      2:24PM – 3:34PM      **Saubhagya** **Until 12:36PM**  
**Rahu**      10:53AM – 12:03PM    **Kaulava** **Until 9:49AM**  
**Panchami** **Until 8:53PM**

**Ganesha:** Purple    *Sunrise:* 7:21AM  
**Muruqa:** Clear    *Sunset:* 4:45PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Markali**

Albany, NY  
**Sun 3** **Sutra 276**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**4** **Saturday, January 14, 2012**

Kanya Rasi: 4.32      Tithi 21  
853696156  
Routine Work    Marana Yoga  
Until 2:09PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika**    7:21AM – 8:31AM      **Uttaraphalguni** **Until 3:22PM**  
**Yama**      1:14PM – 2:25PM      **Sobhana** **Until 9:58AM**  
**Rahu**      9:42AM – 10:53AM      **Gara** **Until 8:04AM**  
**Shasthi\*** **Until 7:09PM**

**Ganesha:** Purple    *Sunrise:* 7:21AM  
**Muruqa:** Clear    *Sunset:* 4:46PM  
**Nataraja:** Yellow  
Moon – Red  
**Pausha-Thai**

Albany, NY  
**Sun 4** **Sutra 277**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5** **Sunday, January 15, 2012**

Kanya Rasi: 18.34      Tithi 22 – 23  
863696156  
Creative Work    Amrita Yoga  
Until 2:09PM then Siddha Yoga  
Until 2:10PM then Prabalarishta Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Visti\*/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika**    2:25PM – 3:36PM      **Hasta** **Until 2:10PM**  
**Yama**      12:04PM – 1:15PM      **Athiganda\*** **Until 7:13AM**  
**Rahu**      3:36PM – 4:47PM      **Visti** **Until 6:11AM**  
**Saptami** **Until 5:16PM**

**Ganesha:** Clear      *Sunrise:* 7:20AM  
**Muruqa:** Clear      *Sunset:* 4:47PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Albany, NY  
**Sun 5** **Sutra 278**  
Khara 5113  
Moon 13 - Phase 37  
1st Phase

**Devaloka Day**

**Monday, January 16, 2012**  
**Retreat Star**

Tula Rasi: 2.4      Tithi 23 – 24  
**Family Home Evening**    863696156  
Routine Work    Prabalarishta Yoga  
Until 12:52PM then Amrita Yoga  
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika**    1:15PM – 2:26PM      **Chitra** **Until 12:52PM**  
**Yama**      10:53AM – 12:04PM    **Dhriti** **Until 1:43AM Tue**  
**Rahu**      8:31AM – 9:42AM      **Taitila** **Until 2:22AM Tue**  
**Ashtami\*** **Until 3:17PM**

**Ganesha:** Clear      *Sunrise:* 7:20AM  
**Muruqa:** Clear      *Sunset:* 4:48PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Albany, NY  
**Sun 6** **Sutra 279**  
Khara 5113  
Moon 13 - Phase 37  
Ashtami

**Devaloka Day**

**Tuesday, January 17, 2012**  
**Retreat Star**

Tula Rasi: 16.47      Tithi 24 – 25  
863696156  
Creative Work    Siddha Yoga  
Until 11:31AM then Marana Yoga  
Until 2:10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Visakha Nakshatra Shula\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika**    12:04PM – 1:16PM      **Svati** **Until 11:31AM**  
**Yama**      9:42AM – 10:53AM      **Shula\*** **Until 10:49PM**  
**Rahu**      2:27PM – 3:38PM      **Vanija** **Until 12:20AM Wed**  
**Navami\*** **Until 1:15PM**

**Ganesha:** Clear      *Sunrise:* 7:19AM  
**Muruqa:** Clear      *Sunset:* 4:50PM  
**Nataraja:** Yellow  
Moon – Green  
**Pausha-Thai**

Albany, NY  
**Sun 7** **Sutra 280**  
Khara 5113  
Moon 13 - Phase 37  
Navami


**Devaloka Day**

<b>1</b>	<b>Wednesday, January 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Ganda* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Albany, NY
	Virschika Rasi: 0.55    Tithi 25 – 26	<b>Gulika</b> 10:53AM – 12:05PM	<b>Visakha Until 10:09AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:19AM	<b>Sun 8</b> <b>Sutra 281</b> Khara 5113
	873696156	<b>Yama</b> 8:30AM – 9:42AM	<b>Ganda* Until 7:55PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:51PM	Moon 13 - Phase 38
Creative Work    Siddha Yoga	<b>Rahu</b> 12:05PM – 1:16PM	<b>Bava Until 10:16PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
		<b>Dasami Until 11:12AM</b>	<b>Moon – Orange</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, January 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Albany, NY
	Virschika Rasi: 15.02    Tithi 26 – 27	<b>Gulika</b> 9:42AM – 10:53AM	<b>Anuradha Until 8:47AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:18AM	<b>Sun 9</b> <b>Sutra 282</b> Khara 5113
	873696156	<b>Yama</b> 7:18AM – 8:30AM	<b>Vriddhi Until 5:01PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:52PM	Moon 13 - Phase 38
Creative Work    Siddha Yoga	<b>Rahu</b> 1:17PM – 2:28PM	<b>Kaulava Until 8:13PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Until 2:11PM then Prabalarishta Yoga		<b>Ekadasi* Until 9:09AM</b>	<b>Moon – Orange</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Friday, January 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Albany, NY
	Virschika Rasi: 29.07    Tithi 27 – 28	<b>Gulika</b> 8:29AM – 9:41AM	<b>Jyeshtha* Until 7:30AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:17AM	<b>Sun 10</b> <b>Sutra 283</b> Khara 5113
	873696156	<b>Yama</b> 2:29PM – 3:41PM	<b>Dhruva Until 2:11PM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:53PM	Moon 13 - Phase 38
Routine Work    Prabalarishta Yoga	<b>Rahu</b> 10:53AM – 12:05PM	<b>Gara Until 6:16PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Until 7:30AM then no yoga		<b>Dvadasi* Until 7:11AM</b>	<b>Moon – Orange</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 2:11PM then Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Saturday, January 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Albany, NY
	Dhanus Rasi: 13.06    Tithi 29	<b>Gulika</b> 7:17AM – 8:29AM	<b>Mula* Until 6:24AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:17AM	<b>Sun 11</b> <b>Sutra 284</b> Khara 5113
	883696156	<b>Yama</b> 1:18PM – 2:30PM	<b>Vyaghata* Until 11:31AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:54PM	Moon 13 - Phase 38
Creative Work    Siddha Yoga	<b>Rahu</b> 9:41AM – 10:53AM	<b>Visti Until 4:29PM</b>	<b>Nataraja:</b> Yellow		2nd Phase
Until 6:24AM then Marana Yoga		<b>Chaturdasi* Until 3:33AM Sun</b>	<b>Moon – Light Blue</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 2:11PM then Siddha Yoga					

	<b>Sunday, January 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Albany, NY
	<b>Retreat Star</b>	<b>Gulika</b> 2:31PM – 3:43PM	<b>Uttarashadha Until 4:24AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 7:16AM	<b>Sun 12</b> <b>Sutra 285</b> Khara 5113
	Dhanus Rasi: 26.56    Tithi 30	<b>Yama</b> 12:06PM – 1:18PM	<b>Harshana Until 9:06AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:56PM	Moon 13 - Phase 38
883696156	<b>Rahu</b> 3:43PM – 4:56PM	<b>Catuspada Until 2:59PM</b>	<b>Nataraja:</b> Yellow		Amavasya
Creative Work    Amrita Yoga		<b>Amavasya* Until 2:04AM Mon</b>	<b>Moon – Light Blue</b>	<b>Pausha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 2:11PM then Marana Yoga					
Until 4:24AM Mon then Amrita Yoga					

<b>Monday, January 23, 2012</b>	<b>Retreat Star</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Sravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Albany, NY
	Makara Rasi: 10.32    Tithi 1	<b>Gulika</b> 1:19PM – 2:32PM	<b>Sravana Until 5:37AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:15AM	<b>Sun 13</b> <b>Sutra 286</b> Khara 5113
	<b>Family Home Evening</b>	<b>Yama</b> 10:53AM – 12:06PM	<b>Vajra* Until 7:06AM</b>	<b>Muruqa:</b> Clear <i>Sunset:</i> 4:57PM	Moon 13 - Phase 38
893696156	<b>Rahu</b> 8:28AM – 9:41AM	<b>Kintughna Until 2:33PM</b>	<b>Nataraja:</b> Yellow		Prathama
Creative Work    Amrita Yoga		<b>Prathama* Until 2:33AM Tue</b>	<b>Moon – Purple</b>	<b>Magha*Thai</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Until 2:12PM then Siddha Yoga					
Until 5:37AM Tue then Marana Yoga					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

<b>1</b>	<b>Tuesday, January 24, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Albany, NY
	Makara Rasi: 23.53	Tithi 2	893696156	<b>Sun 14</b> <b>Sutra 287</b> Khara 5113	
			<b>Gulika</b> 12:06PM – 1:19PM <b>Dhanishtha Until 5:36AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise: 7:14AM</i>	
			<b>Yama</b> 9:40AM – 10:53AM <b>Vyatipata* Until 4:12AM Wed</b>	<b>Muruqa:</b> Clear <i>Sunset: 4:58PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 2:32PM – 3:45PM <b>Balava Until 1:53PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Dvitiya Until 1:53AM Wed</b>	<b>Magha*Thai</b>	
				<b>Bhuloka Day</b>	
				Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Wednesday, January 25, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Variyan Yoga Tailila/Gara Karana Tritiya Yam Titau		Albany, NY
	Kumbha Rasi: 6.56	Tithi 3	993696156	<b>Sun 15</b> <b>Sutra 288</b> Khara 5113	
			<b>Gulika</b> 10:53AM – 12:07PM <b>Satabhisha Until 6:38AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:14AM</i>	
			<b>Yama</b> 8:27AM – 9:40AM <b>Variyan Until 2:56AM Thu</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:00PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 12:07PM – 1:20PM <b>Tailila Until 1:49PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Tritiya Until 1:49AM Thu</b>	<b>Magha*Thai</b>	
				<b>Bhuloka Day</b>	
				Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Thursday, January 26, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Parigha* Yoga Vanija/Visiti* Karana Chaturthi* Yam Titau		Albany, NY
	Kumbha Rasi: 19.41	Tithi 4	993696156	<b>Sun 16</b> <b>Sutra 289</b> Khara 5113	
			<b>Gulika</b> 9:40AM – 10:53AM <b>Satabhisha Until 6:38AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:13AM</i>	
			<b>Yama</b> 7:13AM – 8:26AM <b>Parigha* Until 3:45AM Fri</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:01PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 1:20PM – 2:34PM <b>Vanija Until 3:08PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Chaturthi* Until 4:13AM Fri</b>	<b>Magha*Thai</b>	
				<b>Bhuloka Day</b>	
				Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Friday, January 27, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Shiva Yoga Bava/Balava Karana Panchami Yam Titau		Albany, NY
	Meena Rasi: 2.08	Tithi 5	913796156	<b>Sun 17</b> <b>Sutra 290</b> Khara 5113	
			<b>Gulika</b> 8:26AM – 9:39AM <b>Purvaprostapada* Until 8:24AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:12AM</i>	
			<b>Yama</b> 2:35PM – 3:48PM <b>Shiva Until 3:30AM Sat</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:02PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 10:53AM – 12:07PM <b>Bava Until 4:21PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Panchami Until 5:27AM Sat</b>	<b>Magha*Thai</b>	
				<b>Sivaloka Day</b>	

<b>5</b>	<b>Saturday, January 28, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Siddha Yoga Kaulava Karana Shasthi* Yam Titau		Albany, NY
	Meena Rasi: 14.2	Tithi 6	914796156	<b>Sun 18</b> <b>Sutra 291</b> Khara 5113	
			<b>Gulika</b> 7:11AM – 8:25AM <b>Uttaraprostapada Until 10:40AM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:11AM</i>	
			<b>Yama</b> 1:21PM – 2:35PM <b>Siddha Until 3:43AM Sun</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:03PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 9:39AM – 10:53AM <b>Kaulava Until 6:08PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Shasthi* Until 7:16AM Sun</b>	<b>Magha*Thai</b>	
				<b>Devaloka Day</b>	

<b>6</b>	<b>Sunday, January 29, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Asvini Nakshatra Sadhya Yoga Tailila/Gara Karana Shasthi*/Saptami Yam Titau		Albany, NY
	Meena Rasi: 26.2	Tithi 6 – 7	914796156	<b>Sun 19</b> <b>Sutra 292</b> Khara 5113	
			<b>Gulika</b> 2:36PM – 3:50PM <b>Revati Until 1:19PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:10AM</i>	
			<b>Yama</b> 12:07PM – 1:22PM <b>Sadhya Until 4:18AM Mon</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:05PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 3:50PM – 5:05PM <b>Gara Until 8:21PM</b>	<b>Nataraja:</b> Yellow	3rd Phase
			<b>Shasthi* Until 7:16AM</b>	<b>Magha*Thai</b>	
				<b>Devaloka Day</b>	

	<b>Monday, January 30, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Subha Yoga Vanija/Visiti* Karana Saptami/Ashtami* Yam Titau		Albany, NY
	<b>Retreat Star</b>			<b>Sun 20</b> <b>Sutra 293</b> Khara 5113	
	Mesha Rasi: 8.13	Tithi 7 – 8	924796156		
			<b>Gulika</b> 1:22PM – 2:37PM <b>Asvini Until 4:15PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:09AM</i>	
			<b>Yama</b> 10:53AM – 12:08PM <b>Subha Until 5:08AM Tue</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:06PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 8:24AM – 9:38AM <b>Visiti Until 10:51PM</b>	<b>Nataraja:</b> Yellow	Ashtami
			<b>Saptami Until 9:45AM</b>	<b>Magha*Thai</b>	
				<b>Bhuloka Day</b>	
				Devaloka Time: 3:PM to 6:PM	

<b>Retreat Star</b>	<b>Tuesday, January 31, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Albany, NY
				<b>Sun 21</b> <b>Sutra 294</b> Khara 5113	
	Mesha Rasi: 20.02	Tithi 8 – 9	924796156		
			<b>Gulika</b> 12:08PM – 1:23PM <b>Bharani Until 7:17PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:08AM</i>	
			<b>Yama</b> 9:38AM – 10:53AM <b>Sukla Until 6:17AM Wed</b>	<b>Muruqa:</b> Clear <i>Sunset: 5:07PM</i>	Moon 13 - Phase 39
			<b>Rahu</b> 2:37PM – 3:52PM <b>Balava Until 1:28AM Wed</b>	<b>Nataraja:</b> Yellow	Navami
			<b>Ashtami* Until 12:22PM</b>	<b>Magha*Thai</b>	
				<b>Bhuloka Day</b>	
				Devaloka Time: 3:PM to 6:PM	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

<b>1</b>	<b>Wednesday, February 1, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau	Albany, NY Sun 22 Sutra 295 Khara 5113
	Vishabha Rasi: 1.53    Tithi 9 – 10 924796156 Creative Work    Amrita Yoga Until 2.13PM then Marana Yoga	<b>Gulika</b> 10:53AM – 12:08PM <b>Yama</b> 8:23AM – 9:38AM <b>Rahu</b> 12:08PM – 1:23PM	<b>Krittika</b> Until 10:14PM Sukla Until 6:17AM Taitila Until 4:00AM Thu <b>Navami*</b> Until 2:54PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, February 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau	Albany, NY Sun 23 Sutra 296 Khara 5113
	Vishabha Rasi: 13.52    Tithi 10 – 11 934797156 Routine Work    Marana Yoga Until 12:57AM Fri then Siddha Yoga	<b>Gulika</b> 9:37AM – 10:53AM <b>Yama</b> 7:07AM – 8:22AM <b>Rahu</b> 1:23PM – 2:38PM	<b>Rohini</b> Until 12:57AM Fri Brahma Until 6:55AM Vanija Until 6:15AM Fri <b>Dasami</b> Until 5:10PM

**Sivaloka Day**

<b>3</b>	<b>Friday, February 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira Nakshatra Indra/Vaidhriti* Yoga Visti* Karana Ekadasi Yam Titau	Albany, NY Sun 24 Sutra 297 Khara 5113
	Vishabha Rasi: 26.04    Tithi 11 934797156 Creative Work    Siddha Yoga	<b>Gulika</b> 8:21AM – 9:37AM <b>Yama</b> 2:39PM – 3:54PM <b>Rahu</b> 10:52AM – 12:08PM	<b>Mrigasira</b> Until 3:13AM Sat Indra Until 7:04AM Visti Until 8:02AM Sat <b>Ekadasi</b> Until 6:57PM

**Sivaloka Day**

<b>4</b>	<b>Saturday, February 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadasi Yam Titau	Albany, NY Sun 25 Sutra 298 Khara 5113
	Mithuna Rasi: 8.33    Tithi 12 934797157 Creative Work    Siddha Yoga	<b>Gulika</b> 7:05AM – 8:21AM <b>Yama</b> 1:24PM – 2:40PM <b>Rahu</b> 9:36AM – 10:52AM	<b>Ardra</b> Until 3:09AM Sun Vaidhriti* Until 6:46AM Bava Until 6:55AM <b>Dvadasi</b> Until 6:55PM

**Subha Sivaloka Day**

<b>5</b>	<b>Sunday, February 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodasi Yam Titau	Albany, NY Sun 26 Sutra 299 Khara 5113
	Mithuna Rasi: 21.23    Tithi 13 944797157 Creative Work    Siddha Yoga Until 2.14PM then Amrita Yoga Until 4:03AM Mon then Siddha Yoga	<b>Gulika</b> 2:40PM – 3:56PM <b>Yama</b> 12:08PM – 1:24PM <b>Rahu</b> 3:56PM – 5:13PM	<b>Punarvasu</b> Until 4:03AM Mon Priti Until 4:44AM Mon Kaulava Until 7:16AM <b>Trayodasi</b> Until 7:16PM <i>Pradosha Vrata</i>

**Sivaloka Day**

<b>6</b>	<b>Monday, February 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdasi* Yam Titau	Albany, NY Sun 27 Sutra 300 Khara 5113
	Kataka Rasi: 4.37    Tithi 14 <b>Family Home Evening</b> 944797157 Creative Work    Siddha Yoga	<b>Gulika</b> 1:25PM – 2:41PM <b>Yama</b> 10:52AM – 12:08PM <b>Rahu</b> 8:19AM – 9:35AM  <b>Thai Pusam</b>	<b>Pushya</b> Until 2:40AM Tue Ayushman Until 1:46AM Tue Gara Until 6:47AM <b>Chaturdasi*</b> Until 5:51PM

**Sivaloka Day**

<b>○</b>	<b>Tuesday, February 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Aslesha* Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau	Albany, NY Sun 28 Sutra 301 Khara 5113
	<b>Copper Retreat Star</b> Kataka Rasi: 18.13    Tithi 15 – 16 944797157 Creative Work    Siddha Yoga	<b>Gulika</b> 12:08PM – 1:25PM <b>Yama</b> 9:35AM – 10:52AM <b>Rahu</b> 2:42PM – 3:58PM	<b>Aslesha*</b> Until 2:13AM Wed Saubhagya Until 11:44PM Balava Until 3:52AM Wed <b>Purnima*</b> Until 4:47PM

**Sivaloka Day**

<b>○</b>	<b>Wednesday, February 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau	Albany, NY Sun 29 Sutra 302 Khara 5113
	<b>Silver Retreat Star</b> Simha Rasi: 2.08    Tithi 16 – 17 954797167 Creative Work    Siddha Yoga Until 2.14PM then Amrita Yoga Until 1:12AM Thu then no yoga	<b>Gulika</b> 10:51AM – 12:08PM <b>Yama</b> 8:17AM – 9:34AM <b>Rahu</b> 12:08PM – 1:25PM	<b>Magha*</b> Until 1:12AM Thu Sobhana Until 9:10PM Taitila Until 2:11AM Thu <b>Prathama*</b> Until 3:06PM

**Devaloka Day**





**Thursday, February 9, 2012**  
**Gold Retreat Star**

Simha Rasi: 16.18    Tithi 17 – 18  
955797267  
No Yoga  
Until 2.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni\* Nakshatra Athiganda\*/Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau    Albany, NY  
**Sun 1    Sutra 303**  
Khara 5113  
**Gulika** 9:34AM – 10:51AM **Purvaphalguni\* Until 11:46PM** **Ganesha:** White *Sunrise: 6:59AM*  
**Yama** 6:59AM – 8:16AM **Athiganda\* Until 6:12PM** **Muruqa:** White *Sunset: 5:18PM* Moon 1 - Phase 41  
**Rahu** 1:26PM – 2:43PM **Vanija Until 12:02AM Fri** **Nataraja:** Yellow 1st Phase  
Moon – Red  
**Subha Sivaloka Day**  
**Magha-Thai**



**Friday, February 10, 2012**

Kanya Rasi: 0.38    Tithi 18 – 19  
955797267  
Creative Work    Siddha Yoga  
Until 2.14PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau    Albany, NY  
**Sun 2    Sutra 304**  
Khara 5113  
**Gulika** 8:15AM – 9:33AM **Uttaraphalguni Until 10:03PM** **Ganesha:** White *Sunrise: 6:58AM*  
**Yama** 2:44PM – 4:01PM **Sukarma Until 2:59PM** **Muruqa:** White *Sunset: 5:19PM* Moon 1 - Phase 41  
**Rahu** 10:51AM – 12:08PM **Bava Until 9:36PM** **Nataraja:** Yellow 1st Phase  
Moon – Red  
**Subha Sivaloka Day**  
**Magha-Thai**



**Saturday, February 11, 2012**

Kanya Rasi: 15.02    Tithi 19 – 20  
955797267  
Routine Work    Marana Yoga  
Until 2.14PM then Amrita Yoga  
Until 8:14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau    Albany, NY  
**Sun 3    Sutra 305**  
Khara 5113  
**Gulika** 6:56AM – 8:14AM **Hasta Until 8:14PM** **Ganesha:** Clear *Sunrise: 6:56AM*  
**Yama** 1:26PM – 2:44PM **Dhriti Until 11:40AM** **Muruqa:** White *Sunset: 5:20PM* Moon 1 - Phase 41  
**Rahu** 9:32AM – 10:50AM **Kaulava Until 7:03PM** **Nataraja:** Yellow 1st Phase  
Moon – Green  
**Sivaloka Day**  
**Magha-Thai**



**Sunday, February 12, 2012**

Kanya Rasi: 29.23    Tithi 21  
955797267  
Creative Work    Siddha Yoga  
Until 2.14PM then Prabalarishta Yoga  
Until 6:29PM then Amrita Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau    Albany, NY  
**Sun 4    Sutra 306**  
Khara 5113  
**Gulika** 2:45PM – 4:03PM **Chitra Until 6:29PM** **Ganesha:** Clear *Sunrise: 6:55AM*  
**Yama** 12:08PM – 1:27PM **Shula\* Until 8:24AM** **Muruqa:** White *Sunset: 5:22PM* Moon 1 - Phase 41  
**Rahu** 4:03PM – 5:22PM **Gara Until 4:34PM** **Nataraja:** Yellow 1st Phase  
Moon – Green  
**Sivaloka Day**  
**Magha-Thai**



**Monday, February 13, 2012**

Tula Rasi: 13.4    Tithi 22  
955797267  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 2.14PM then Siddha Yoga  
Until 4:52PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Visakha Nakshatra Vriddhi Yoga Visti\*/Bava Karana Saptami Yam Titau    Albany, NY  
**Sun 5    Sutra 307**  
Khara 5113  
**Gulika** 1:27PM – 2:46PM **Svati Until 4:52PM** **Ganesha:** Clear *Sunrise: 6:54AM*  
**Yama** 10:50AM – 12:08PM **Vriddhi Until 2:37AM Tue** **Muruqa:** White *Sunset: 5:23PM* Moon 1 - Phase 41  
**Rahu** 8:12AM – 9:31AM **Visti Until 2:14PM** **Nataraja:** Yellow 1st Phase  
Moon – Green  
**Sivaloka Day**  
**Magha-Masi**



**Tuesday, February 14, 2012**  
**Retreat Star**

Tula Rasi: 27.47    Tithi 23  
955797267  
Routine Work    Marana Yoga  
Until 2.14PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Visakha/Anuradha Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau    Albany, NY  
**Sun 6    Sutra 308**  
Khara 5113  
**Gulika** 12:08PM – 1:27PM **Visakha Until 3:30PM** **Ganesha:** Purple *Sunrise: 6:52AM*  
**Yama** 9:30AM – 10:49AM **Dhruva Until 11:43PM** **Muruqa:** White *Sunset: 5:24PM* Moon 1 - Phase 41  
**Rahu** 2:46PM – 4:05PM **Balava Until 12:10PM** **Nataraja:** Yellow Ashtami  
Moon – Orange  
**Subha Sivaloka Day**  
**Magha-Masi**

**Wednesday, February 15, 2012**  
**Retreat Star**

Vrischika Rasi: 11.47    Tithi 24  
955797267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navami\* Yam Titau    Albany, NY  
**Sun 7    Sutra 309**  
Khara 5113  
**Gulika** 10:49AM – 12:08PM **Anuradha Until 2:23PM** **Ganesha:** Purple *Sunrise: 6:51AM*  
**Yama** 8:10AM – 9:30AM **Vyaghata\* Until 9:04PM** **Muruqa:** White *Sunset: 5:26PM* Moon 1 - Phase 41  
**Rahu** 12:08PM – 1:28PM **Taitila Until 10:22AM** **Nataraja:** Yellow Navami  
Moon – Orange  
**Subha Sivaloka Day**  
**Magha-Masi**


<b>1</b>	<b>Thursday, February 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Vanija/Visti* Karana Dasami Yam Titau				Albany, NY
	Wrischika Rasi: 25.37      Tithi 25 985797267	<b>Gulika</b> 9:29AM – 10:49AM <b>Yama</b> 6:50AM – 8:09AM <b>Rahu</b> 1:28PM – 2:48PM	<b>Jyeshtha* Until 1:31PM</b> Harshana Until 6:39PM Vanija Until 8:50AM Dasami Until 7:55PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:50AM <b>Muruqa:</b> White <i>Sunset:</i> 5:27PM <b>Nataraja:</b> Yellow Moon – Orange <b>Magha-Masi</b>	<b>Sun 8</b> <b>Sutra 310</b> Khara 5113 Moon 1 - Phase 42 2nd Phase	<b>Subha Sivaloka Day</b>
Creative Work    Siddha Yoga Until 2.14PM then no yoga						

<b>2</b>	<b>Friday, February 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Ekadasi* Yam Titau				Albany, NY
	Dhanus Rasi: 9.18      Tithi 26 985797267	<b>Gulika</b> 8:08AM – 9:28AM <b>Yama</b> 2:48PM – 4:08PM <b>Rahu</b> 10:48AM – 12:08PM	<b>Mula* Until 12:55PM</b> Vajra* Until 4:28PM Bava Until 7:35AM Ekadasi* Until 6:40PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:48AM <b>Muruqa:</b> White <i>Sunset:</i> 5:28PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sun 9</b> <b>Sutra 311</b> Khara 5113 Moon 1 - Phase 42 2nd Phase	<b>Sivaloka Day</b>
No Yoga Until 12:55PM then Siddha Yoga Until 2.14PM then Marana Yoga						

<b>3</b>	<b>Saturday, February 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Tailila Karana Dvadasi* Yam Titau				Albany, NY
	Dhanus Rasi: 22.5      Tithi 27 986797267	<b>Gulika</b> 6:47AM – 8:07AM <b>Yama</b> 1:28PM – 2:49PM <b>Rahu</b> 9:27AM – 10:48AM	<b>Purvashadha* Until 1:04PM</b> Siddhi Until 3:07PM Kaulava Until 6:39AM Dvadasi* Until 6:39PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:47AM <b>Muruqa:</b> White <i>Sunset:</i> 5:29PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sun 10</b> <b>Sutra 312</b> Khara 5113 Moon 1 - Phase 42 2nd Phase	<b>Devaloka Day</b>
Routine Work    Marana Yoga Until 1:04PM then no yoga Until 2.14PM then Amrita Yoga						

<b>4</b>	<b>Sunday, February 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Albany, NY
	Makara Rasi: 6.14      Tithi 28 – 29 986797267	<b>Gulika</b> 2:49PM – 4:10PM <b>Yama</b> 12:08PM – 1:29PM <b>Rahu</b> 4:10PM – 5:31PM	<b>Uttarashadha Until 12:58PM</b> Vyatipata* Until 1:18PM Visti Until 5:54AM Mon Trayodasi* Until 5:54PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:45AM <b>Muruqa:</b> White <i>Sunset:</i> 5:31PM <b>Nataraja:</b> Yellow Moon – Light Blue <b>Magha-Masi</b>	<b>Sun 11</b> <b>Sutra 313</b> Khara 5113 Moon 1 - Phase 42 2nd Phase	<b>Devaloka Day</b>
Creative Work    Amrita Yoga Mahasivaratri						

<b>5</b>	<b>Monday, February 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Albany, NY
	Makara Rasi: 19.26      Tithi 29 – 30 Family Home Evening      996797267	<b>Gulika</b> 1:29PM – 2:50PM <b>Yama</b> 10:47AM – 12:08PM <b>Rahu</b> 8:05AM – 9:26AM	<b>Sravana Until 1:12PM</b> Variyan Until 11:47AM Catuspada Until 5:30AM Tue Chaturdasi* Until 5:30PM	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:44AM <b>Muruqa:</b> White <i>Sunset:</i> 5:32PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sun 12</b> <b>Sutra 314</b> Khara 5113 Moon 1 - Phase 42 2nd Phase	<b>Devaloka Day</b>
Creative Work    Amrita Yoga Until 1:12PM then Siddha Yoga Until 2.14PM then Marana Yoga						

	<b>Tuesday, February 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Parigha*/Shiva Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Albany, NY
	<b>Retreat Star</b> Kumbha Rasi: 2.27      Tithi 30 – 1 996897267	<b>Gulika</b> 12:08PM – 1:29PM <b>Yama</b> 9:25AM – 10:46AM <b>Rahu</b> 2:50PM – 4:12PM	<b>Dhanishtha Until 1:47PM</b> Parigha* Until 10:37AM Kintughna Until 5:29AM Wed Amavasya* Until 5:29PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> White <i>Sunset:</i> 5:33PM <b>Nataraja:</b> Yellow Moon – Purple <b>Magha-Masi</b>	<b>Sun 13</b> <b>Sutra 315</b> Khara 5113 Moon 1 - Phase 42 Amavasya	<b>Sivaloka Day</b>
Routine Work    Marana Yoga Until 2.13PM then Siddha Yoga						

<b>Retreat Star</b>	<b>Wednesday, February 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Shiva/Siddha Yoga Bava Karana Prathama* Yam Titau				Albany, NY
	Kumbha Rasi: 15.15      Tithi 1 996897267	<b>Gulika</b> 10:46AM – 12:08PM <b>Yama</b> 8:03AM – 9:24AM <b>Rahu</b> 12:08PM – 1:29PM	<b>Satabhisha Until 2:47PM</b> Shiva Until 9:48AM Bava Until 5:55AM Thu Prathama* Until 5:55PM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> White <i>Sunset:</i> 5:34PM <b>Nataraja:</b> Yellow Moon – Purple <b>Phalgun-Masi</b>	<b>Sun 14</b> <b>Sutra 316</b> Khara 5113 Moon 1 - Phase 42 Prathama	<b>Sivaloka Day</b>
Creative Work    Siddha Yoga Until 2.13PM then Marana Yoga Until 2.47PM then Siddha Yoga						

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishṇa Yajur Veda, Svetu 6.11. UpM, 95

<b>1</b>	<b>Thursday, February 23, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dviliya Yam Titau	Albany, NY Sun 15 Sutra 317 Khara 5113
	Kumbha Rasi: 27.49      Tithi 2 916897267 Creative Work    Siddha Yoga	<b>Gulika</b> 9:24AM – 10:46AM <b>Yama</b> 6:39AM – 8:02AM <b>Rahu</b> 1:30PM – 2:52PM	<b>Purvaprostapada* Until 5:02PM</b> Siddha Until 9:39AM Balava Until 6:52AM <b>Dvitiya Until 7:57PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:39AM <b>Muruqa:</b> White <i>Sunset:</i> 5:36PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Subha Sivaloka Day</b>
<b>2</b>	<b>Friday, February 24, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Tritiya Yam Titau	Albany, NY Sun 16 Sutra 318 Khara 5113
	Meena Rasi: 10.09      Tithi 3 916897267 Creative Work    Siddha Yoga Until 7:02PM then Prabalarishla Yoga	<b>Gulika</b> 8:00AM – 9:23AM <b>Yama</b> 2:52PM – 4:15PM <b>Rahu</b> 10:45AM – 12:07PM	<b>Uttaraprostapada Until 7:02PM</b> Sadhya Until 9:38AM Taitila Until 8:19AM <b>Tritiya Until 9:25PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:38AM <b>Muruqa:</b> White <i>Sunset:</i> 5:37PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Subha Sivaloka Day</b>
<b>3</b>	<b>Saturday, February 25, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthi* Yam Titau	Albany, NY Sun 17 Sutra 319 Khara 5113
	Meena Rasi: 22.17      Tithi 4 916897267 Routine Work    Prabalarishla Yoga Until 2:13PM then Amrita Yoga Until 9:26PM then Siddha Yoga	<b>Gulika</b> 6:36AM – 7:59AM <b>Yama</b> 1:30PM – 2:53PM <b>Rahu</b> 9:22AM – 10:45AM	<b>Revati Until 9:26PM</b> Subha Until 9:59AM Vanija Until 10:14AM <b>Chaturthi* Until 11:19PM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:36AM <b>Muruqa:</b> White <i>Sunset:</i> 5:38PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Subha Sivaloka Day</b>
<b>4</b>	<b>Sunday, February 26, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Panchami Yam Titau	Albany, NY Sun 18 Sutra 320 Khara 5113
	Mesha Rasi: 4.15      Tithi 5 927897267 Creative Work    Siddha Yoga	<b>Gulika</b> 2:53PM – 4:16PM <b>Yama</b> 12:07PM – 1:30PM <b>Rahu</b> 4:16PM – 5:39PM	<b>Asvini Until 12:11AM Mon</b> Sukla Until 10:40AM Bava Until 12:30PM <b>Panchami Until 1:36AM Mon</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> White <i>Sunset:</i> 5:39PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Devaloka Day</b>
<b>5</b>	<b>Monday, February 27, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Shasthi* Yam Titau	Albany, NY Sun 19 Sutra 321 Khara 5113
	Mesha Rasi: 16.05      Tithi 6 927897267 Family Home Evening Creative Work    Siddha Yoga	<b>Gulika</b> 1:30PM – 2:54PM <b>Yama</b> 10:44AM – 12:07PM <b>Rahu</b> 7:57AM – 9:20AM	<b>Bharani Until 3:09AM Tue</b> Brahma Until 11:34AM Kaulava Until 3:03PM <b>Shasthi* Until 4:08AM Tue</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> White <i>Sunset:</i> 5:41PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Devaloka Day</b>
<b>6</b>	<b>Tuesday, February 28, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Saptami Yam Titau	Albany, NY Sun 20 Sutra 322 Khara 5113
	Mesha Rasi: 27.53      Tithi 7 927897267 Creative Work    Siddha Yoga Until 2:12PM then Amrita Yoga Until 6:35AM Wed then Siddha Yoga	<b>Gulika</b> 12:07PM – 1:31PM <b>Yama</b> 9:19AM – 10:43AM <b>Rahu</b> 2:54PM – 4:18PM	<b>Krittika Until 6:35AM Wed</b> Indra Until 12:33PM Gara Until 5:41PM <b>Saptami Until 7:10AM Wed</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:32AM <b>Muruqa:</b> White <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	Moon 1 - Phase 43 3rd Phase <b>Devaloka Day</b>
	<b>Wednesday, February 29, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau	Albany, NY Sun 21 Sutra 323 Khara 5113
	<b>Retreat Star</b> Vrishabha Rasi: 9.42      Tithi 7 – 8 927897267 Creative Work    Amrita Yoga Until 6:35AM then Siddha Yoga Until 2:12PM then Marana Yoga	<b>Gulika</b> 10:42AM – 12:07PM <b>Yama</b> 7:54AM – 9:18AM <b>Rahu</b> 12:07PM – 1:31PM	<b>Krittika Until 6:35AM</b> Vaidhriti* Until 1:29PM Visti Until 8:16PM <b>Saptami Until 7:10AM</b>
		<b>Ganesha:</b> Green <i>Sunrise:</i> 6:30AM <b>Muruqa:</b> White <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Yellow Moon – White <b>Phalguna-Masi</b>	Moon 1 - Phase 43 Ashtami <b>Devaloka Day</b>
<b>1</b>	<b>Thursday, March 1, 2012</b>	Khara Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau	Albany, NY Sun 22 Sutra 324 Khara 5113
	<b>Retreat Star</b> Vrishabha Rasi: 21.39      Tithi 8 – 9 937897267 Routine Work    Marana Yoga Until 2:12PM then Siddha Yoga	<b>Gulika</b> 9:17AM – 10:41AM <b>Yama</b> 6:27AM – 7:52AM <b>Rahu</b> 1:31PM – 2:56PM	<b>Rohini Until 9:22AM</b> Vishkambha* Until 2:11PM Balava Until 10:34PM <b>Ashtami* Until 9:28AM</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 6:27AM <b>Muruqa:</b> White <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>	Moon 1 - Phase 43 Navami <b>Sivaloka Day</b>

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

<b>1</b>	<b>Friday, March 2, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigasira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Albany, NY Sun 23 Sutra 325 Khara 5113
	Mithuna Rasi: 3.49    Tithi 9 – 10 937897267	<b>Gulika</b> 7:50AM – 9:16AM <b>Yama</b> 2:56PM – 4:22PM <b>Rahu</b> 10:41AM – 12:06PM	<b>Mrigasira Until 11:41AM</b> Priti Until 2:29PM Taitila Until 12:23AM Sat <b>Navami* Until 11:18AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:25AM <b>Muruqa:</b> White <i>Sunset:</i> 5:47PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>		Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Saturday, March 3, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Albany, NY Sun 24 Sutra 326 Khara 5113
	Mithuna Rasi: 16.19    Tithi 10 – 11 938897267	<b>Gulika</b> 6:24AM – 7:49AM <b>Yama</b> 1:31PM – 2:57PM <b>Rahu</b> 9:15AM – 10:40AM	<b>Ardra Until 12:49PM</b> Ayushman Until 1:37PM Vanija Until 11:53PM <b>Dasami Until 11:53AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:24AM <b>Muruqa:</b> White <i>Sunset:</i> 5:48PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalguna-Masi</b>		Moon 1 - Phase 44 4th Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Sunday, March 4, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Albany, NY Sun 25 Sutra 327 Khara 5113
	Mithuna Rasi: 29.11    Tithi 11 – 12 148897267	<b>Gulika</b> 2:57PM – 4:23PM <b>Yama</b> 12:06PM – 1:31PM <b>Rahu</b> 4:23PM – 5:49PM	<b>Punarvasu Until 1:39PM</b> Saubhagya Until 12:40PM Bava Until 12:08AM Mon <b>Ekadasi Until 12:08PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:22AM <b>Muruqa:</b> White <i>Sunset:</i> 5:49PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>		Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Monday, March 5, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Aslesha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Albany, NY Sun 26 Sutra 328 Khara 5113
	Kataka Rasi: 12.31    Tithi 12 – 13 <b>Family Home Evening</b> 148817267 Creative Work    Siddha Yoga	<b>Gulika</b> 1:32PM – 2:58PM <b>Yama</b> 10:39AM – 12:05PM <b>Rahu</b> 7:47AM – 9:13AM	<b>Pushya Until 1:08PM</b> Sobhana Until 10:39AM Kaulava Until 10:09PM <b>Dvadasi Until 11:04AM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:20AM <b>Muruqa:</b> White <i>Sunset:</i> 5:50PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>		Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>5</b>	<b>Tuesday, March 6, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Aslesha*/Magha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Albany, NY Sun 27 Sutra 329 Khara 5113
	Kataka Rasi: 26.17    Tithi 13 – 14 148817267	<b>Gulika</b> 12:05PM – 1:32PM <b>Yama</b> 9:12AM – 10:38AM <b>Rahu</b> 2:58PM – 4:25PM	<b>Aslesha* Until 12:22PM</b> Athiganda* Until 8:20AM Gara Until 8:43PM <b>Trayodasi Until 9:39AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:19AM <b>Muruqa:</b> White <i>Sunset:</i> 5:51PM <b>Nataraja:</b> Yellow Moon – Blue <b>Phalguna-Masi</b>	<b>Chidambaram Abhishekam</b>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
<b>○</b>	<b>Wednesday, March 7, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Albany, NY Sun 28 Sutra 330 Khara 5113
	<b>Copper Retreat Star</b> Simha Rasi: 10.29    Tithi 14 – 15 158817267	<b>Gulika</b> 10:38AM – 12:05PM <b>Yama</b> 7:44AM – 9:11AM <b>Rahu</b> 12:05PM – 1:32PM	<b>Magha* Until 10:34AM</b> Dhriti Until 1:24AM Thu Visti Until 3:55AM Thu <b>Chaturdasi* Until 7:20AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:17AM <b>Muruqa:</b> White <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	<b>Holi</b>	Moon 1 - Phase 44 Purnima <b>Sivaloka Day</b>
<b>○</b>	<b>Thursday, March 8, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Shula* Yoga Balava/Kaulava Karana Prathama* Yam Titau				Albany, NY Sun 29 Sutra 331 Khara 5113
	<b>Silver Retreat Star</b> Simha Rasi: 25    Tithi 16 158817267	<b>Gulika</b> 9:10AM – 10:37AM <b>Yama</b> 6:15AM – 7:43AM <b>Rahu</b> 1:32PM – 2:59PM	<b>Purvaphalguni* Until 8:40AM</b> Shula* Until 10:06PM Balava Until 3:00PM <b>Prathama* Until 1:18AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:15AM <b>Muruqa:</b> White <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Yellow Moon – Red <b>Phalguna-Masi</b>	<b>No Yoga</b>	Moon 1 - Phase 44 Prathama <b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Kṛishṇa Yajur Veda, Maitu 5.2. bo UpH, 423



**Friday, March 9, 2012**  
**Gold Retreat Star**

Kanya Rasi: 9.45      Tithi 17  
158817267  
Creative Work    Siddha Yoga  
Until 6:24AM then Amrita Yoga  
Until 2.10PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ganda\* Yoga Tailila/Gara Karana Dvitiya Yam Titau      Albany, NY  
Sutra 332  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 7:41AM – 9:09AM	<b>Uttaraphalguni</b> Until 6:24AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:14AM	
<b>Yama</b> 3:00PM – 4:27PM	<b>Ganda*</b> Until 6:29PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:55PM	
<b>Rahu</b> 10:37AM – 12:04PM	Taitila Until 12:00PM	<b>Nataraja:</b> Yellow	
	<b>Dvitiya</b> Until 10:18PM	Moon – Red	<b>Sivaloka Day</b>
		<b>Phalguna-Masi</b>	

**1**

**Saturday, March 10, 2012**

Kanya Rasi: 24.35      Tithi 18  
169817267  
Routine Work    Marana Yoga  
Until 2.10PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti\* Karana Tritiya Yam Titau      Albany, NY  
Sun 1      Sutra 333  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 6:12AM – 7:40AM	<b>Chitra</b> Until 1:19AM Sun	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:12AM	
<b>Yama</b> 1:32PM – 3:00PM	Vridhhi Until 2:44PM	<b>Muruqa:</b> White <i>Sunset:</i> 5:56PM	
<b>Rahu</b> 9:08AM – 10:36AM	Vanija Until 8:51AM	<b>Nataraja:</b> Yellow	
	<b>Tritiya</b> Until 7:09PM	Moon – Green	<b>Devaloka Day</b>
		<b>Phalguna-Masi</b>	

**2**

**Sunday, March 11, 2012**

Tula Rasi: 9.23      Tithi 19 – 20  
169817267  
Creative Work    Siddha Yoga  
Until 2.09PM then Amrita Yoga  
Until 10:59PM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Dhruva/Vyaghata\* Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau      Albany, NY  
Sun 2      Sutra 334  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 3:01PM – 4:29PM	<b>Svati</b> Until 10:59PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:10AM	
<b>Yama</b> 12:04PM – 1:32PM	Dhruva Until 11:03AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:57PM	
<b>Rahu</b> 4:29PM – 5:57PM	Kaulava Until 2:21AM Mon	<b>Nataraja:</b> Yellow	
	<b>Chaturthi*</b> Until 4:04PM	Moon – Green	<b>Devaloka Day</b>
		<b>Phalguna-Masi</b>	

**3**

**Monday, March 12, 2012**

Tula Rasi: 24.01      Tithi 20 – 21  
179817267  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 9:59PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha Nakshatra Vyaghata\*/Harshana Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau      Albany, NY  
Sun 3      Sutra 335  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 1:32PM – 3:01PM	<b>Visakha</b> Until 9:59PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:08AM	
<b>Yama</b> 10:35AM – 12:03PM	Vyaghata* Until 7:43AM	<b>Muruqa:</b> White <i>Sunset:</i> 5:59PM	
<b>Rahu</b> 7:37AM – 9:06AM	Gara Until 12:55AM Tue	<b>Nataraja:</b> Yellow	
	<b>Panchami</b> Until 1:50PM	Moon – Orange	<b>Sivaloka Day</b>
		<b>Phalguna-Masi</b>	

**4**

**Tuesday, March 13, 2012**

Vrischika Rasi: 8.24      Tithi 21 – 22  
179817267  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Anuradha Nakshatra Vajra\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau      Albany, NY  
Sun 4      Sutra 336  
Khara 5113  
Moon 2 - Phase 45  
1st Phase

<b>Gulika</b> 12:03PM – 1:32PM	<b>Anuradha</b> Until 8:10PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:07AM	
<b>Yama</b> 9:05AM – 10:34AM	Vajra* Until 1:46AM Wed	<b>Muruqa:</b> White <i>Sunset:</i> 6:00PM	
<b>Rahu</b> 3:01PM – 4:31PM	Visti Until 10:21PM	<b>Nataraja:</b> Yellow	
	<b>Shasthi*</b> Until 11:16AM	Moon – Orange	<b>Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	<b>Tour Day</b>



**Wednesday, March 14, 2012**  
**Retreat Star**

Vrischika Rasi: 22.3      Tithi 22 – 23  
179817268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau      Albany, NY  
Sun 5      Sutra 337  
Khara 5113  
Moon 2 - Phase 45  
Ashtami

<b>Gulika</b> 10:33AM – 12:03PM	<b>Jyeshtha*</b> Until 6:52PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:05AM	
<b>Yama</b> 7:34AM – 9:04AM	Siddhi Until 10:56PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:01PM	
<b>Rahu</b> 12:03PM – 1:32PM	Balava Until 8:18PM	<b>Nataraja:</b> White	
	<b>Saptami</b> Until 9:14AM	Moon – Orange	<b>Subha Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	

**Thursday, March 15, 2012**  
**Retreat Star**

Dhanus Rasi: 6.18      Tithi 23 – 24  
189817268  
Creative Work    Siddha Yoga  
Until 2.08PM then no yoga  
Until 6:03PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Mula\* Nakshatra Vyatipata\* Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau      Albany, NY  
Sun 6      Sutra 338  
Khara 5113  
Moon 2 - Phase 45  
Navami

<b>Gulika</b> 9:03AM – 10:33AM	<b>Mula*</b> Until 6:03PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:03AM	
<b>Yama</b> 6:03AM – 7:33AM	Vyatipata* Until 8:35PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:02PM	
<b>Rahu</b> 1:32PM – 3:02PM	Taitila Until 6:49PM	<b>Nataraja:</b> White	
	<b>Ashtami*</b> Until 7:44AM	Moon – Light Blue	<b>Sivaloka Day</b>
		<b>Phalguna-Panguni</b>	

<b>1</b>	<b>Friday, March 16, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Albany, NY Sun 7 Sutra 339 Khara 5113
	Dhanus Rasi: 19.5    Tithi 24 – 25 189917268	<b>Gulika</b> 7:32AM – 9:02AM <b>Yama</b> 3:03PM – 4:33PM <b>Rahu</b> 10:32AM – 12:02PM	<b>Purvashadha* Until 6:37PM</b> Variyan Until 7:36PM Vanija Until 6:49PM <b>Navami* Until 6:49AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:01AM <b>Muruqa:</b> White <i>Sunset:</i> 6:03PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>

Creative Work    Siddha Yoga  
Until 2.08PM then Marana Yoga  
Until 6:37PM then no yoga

**Sivaloka Day**

<b>2</b>	<b>Saturday, March 17, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Albany, NY Sun 8 Sutra 340 Khara 5113
	Makara Rasi: 3.06    Tithi 25 – 26 189917268	<b>Gulika</b> 6:00AM – 7:30AM <b>Yama</b> 1:33PM – 3:03PM <b>Rahu</b> 9:01AM – 10:31AM	<b>Uttarashadha Until 6:44PM</b> Parigha* Until 5:59PM Bava Until 6:16PM <b>Dasami Until 6:16AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:00AM <b>Muruqa:</b> White <i>Sunset:</i> 6:04PM <b>Nataraja:</b> White Moon – Light Blue <b>Phalguna-Panguni</b>

No Yoga  
Until 2.08PM then Amrita Yoga

**Sivaloka Day**

<b>3</b>	<b>Sunday, March 18, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Sravana Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Albany, NY Sun 9 Sutra 341 Khara 5113
	Makara Rasi: 16.09    Tithi 26 – 27 191917268	<b>Gulika</b> 3:04PM – 4:35PM <b>Yama</b> 12:02PM – 1:33PM <b>Rahu</b> 4:35PM – 6:05PM	<b>Sravana Until 7:15PM</b> Shiva Until 4:46PM Kaulava Until 6:09PM <b>Ekadasi* Until 6:09AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:58AM <b>Muruqa:</b> White <i>Sunset:</i> 6:05PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>

Creative Work    Amrita Yoga  
Until 7:15PM then Siddha Yoga

**Subha Subha Sivaloka Day**

<b>4</b>	<b>Monday, March 19, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Albany, NY Sun 10 Sutra 342 Khara 5113
	Makara Rasi: 29.01    Tithi 27 – 28 <b>Family Home Evening</b> 191917268	<b>Gulika</b> 1:33PM – 3:04PM <b>Yama</b> 10:30AM – 12:01PM <b>Rahu</b> 7:28AM – 8:59AM	<b>Dhanishtha Until 8:08PM</b> Siddha Until 3:53PM Gara Until 6:26PM <b>Dvadasi* Until 6:26AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:56AM <b>Muruqa:</b> White <i>Sunset:</i> 6:07PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>


Creative Work    Siddha Yoga  
Until 2.07PM then Marana Yoga

**Subha Subha Sivaloka Day**

<b>5</b>	<b>Tuesday, March 20, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Albany, NY Sun 11 Sutra 343 Khara 5113
	Kumbha Rasi: 11.41    Tithi 28 – 29 191917268	<b>Gulika</b> 12:01PM – 1:33PM <b>Yama</b> 8:58AM – 10:29AM <b>Rahu</b> 3:04PM – 4:36PM	<b>Satabhisha Until 10:39PM</b> Sadhya Until 4:02PM Visti Until 8:16PM <b>Trayodasi* Until 7:11AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:55AM <b>Muruqa:</b> White <i>Sunset:</i> 6:08PM <b>Nataraja:</b> White Moon – Purple <b>Phalguna-Panguni</b>

Routine Work    Marana Yoga  
Until 2.07PM then Siddha Yoga  
Until 10:39PM then Amrita Yoga

**Subha Subha Sivaloka Day**

	<b>Wednesday, March 21, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Albany, NY Sun 12 Sutra 344 Khara 5113
	<b>Retreat Star</b> Kumbha Rasi: 24.1    Tithi 29 – 30 111917268	<b>Gulika</b> 10:29AM – 12:01PM <b>Yama</b> 7:25AM – 8:57AM <b>Rahu</b> 12:01PM – 1:33PM	<b>Purvaprostapada* Until 12:20AM Thu</b> Subha Until 3:45PM Catuspada Until 9:22PM <b>Chaturdasi* Until 8:16AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:53AM <b>Muruqa:</b> White <i>Sunset:</i> 6:09PM <b>Nataraja:</b> White Moon – Clear <b>Phalguna-Panguni</b>

Creative Work    Amrita Yoga  
Until 2.06PM then Siddha Yoga

**Subha Sivaloka Day**

<b>Retreat Star</b>	<b>Thursday, March 22, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Albany, NY Sun 13 Sutra 345 Khara 5113
	Meena Rasi: 6.29    Tithi 30 – 1 111917268	<b>Gulika</b> 8:56AM – 10:28AM <b>Yama</b> 5:51AM – 7:23AM <b>Rahu</b> 1:33PM – 3:05PM	<b>Uttaraprostapada Until 2:21AM Fri</b> Sukla Until 3:48PM Kintughna Until 10:50PM <b>Amavasya* Until 9:44AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:51AM <b>Muruqa:</b> White <i>Sunset:</i> 6:10PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra-Panguni</b>

Creative Work    Siddha Yoga

**Subha Sivaloka Day**

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

<b>1</b>	<b>Friday, March 23, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Albany, NY Sun 14 Sutra 346 Khara 5113
	Meena Rasi: 18.38      Tithi 1 – 2 121917268	<b>Gulika</b> 7:22AM – 8:55AM <b>Yama</b> 3:06PM – 4:38PM <b>Rahu</b> 10:28AM – 12:00PM	<b>Revati Until 4:43AM Sat</b> Brahma Until 4:09PM Balava Until 12:40AM Sat <b>Prathama* Until 11:34AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:49AM <b>Muruqa:</b> White <i>Sunset:</i> 6:11PM <b>Nataraja:</b> White Moon – Clear <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>2</b>	<b>Saturday, March 24, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Albany, NY Sun 15 Sutra 347 Khara 5113
	Mesha Rasi: 0.39      Tithi 2 – 3 121917268	<b>Gulika</b> 5:48AM – 7:21AM <b>Yama</b> 1:33PM – 3:06PM <b>Rahu</b> 8:54AM – 10:27AM	<b>Asvini Until 7:36AM Sun</b> Indra Until 4:46PM Taitila Until 2:49AM Sun <b>Dvitiya Until 1:43PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:48AM <b>Muruqa:</b> White <i>Sunset:</i> 6:12PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>3</b>	<b>Sunday, March 25, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Albany, NY Sun 16 Sutra 348 Khara 5113
	Mesha Rasi: 12.32      Tithi 3 – 4 121917268	<b>Gulika</b> 3:07PM – 4:40PM <b>Yama</b> 12:00PM – 1:33PM <b>Rahu</b> 4:40PM – 6:13PM	<b>Asvini Until 7:36AM</b> Vaidhriti* Until 5:37PM Vanija Until 5:14AM Mon <b>Tritiya Until 4:08PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:46AM <b>Muruqa:</b> White <i>Sunset:</i> 6:13PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>4</b>	<b>Monday, March 26, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Visti* Karana Chaturthi* Yam Titau			Albany, NY Sun 17 Sutra 349 Khara 5113
	Mesha Rasi: 24.2      Tithi 4 <b>Family Home Evening</b> 121917268	<b>Gulika</b> 1:33PM – 3:07PM <b>Yama</b> 10:26AM – 11:59AM <b>Rahu</b> 7:18AM – 8:52AM	<b>Bharani Until 10:40AM</b> Vishkambha* Until 6:37PM Visti Until 7:49AM Tue <b>Chaturthi* Until 6:44PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:44AM <b>Muruqa:</b> White <i>Sunset:</i> 6:15PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>5</b>	<b>Tuesday, March 27, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchami Yam Titau			Albany, NY Sun 18 Sutra 350 Khara 5113
	Vrishabha Rasi: 6.06      Tithi 5 121917268	<b>Gulika</b> 11:59AM – 1:33PM <b>Yama</b> 8:51AM – 10:25AM <b>Rahu</b> 3:07PM – 4:42PM	<b>Krittika Until 1:47PM</b> Priti Until 7:40PM Bava Until 8:18AM <b>Panchami Until 9:23PM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:42AM <b>Muruqa:</b> White <i>Sunset:</i> 6:16PM <b>Nataraja:</b> White Moon – White <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>6</b>	<b>Wednesday, March 28, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigasira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shasthi* Yam Titau			Albany, NY Sun 19 Sutra 351 Khara 5113
	Vrishabha Rasi: 17.55      Tithi 6 132917268	<b>Gulika</b> 10:24AM – 11:59AM <b>Yama</b> 7:15AM – 8:50AM <b>Rahu</b> 11:59AM – 1:33PM	<b>Rohini Until 4:50PM</b> Ayushman Until 8:39PM Kaulava Until 10:52AM <b>Shasthi* Until 11:58PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:41AM <b>Muruqa:</b> White <i>Sunset:</i> 6:17PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>7</b>	<b>Thursday, March 29, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Saubhagya Yoga Gara/Vanija Karana Saptami Yam Titau			Albany, NY Sun 20 Sutra 352 Khara 5113
	Vrishabha Rasi: 29.51      Tithi 7 132917268	<b>Gulika</b> 8:49AM – 10:24AM <b>Yama</b> 5:39AM – 7:14AM <b>Rahu</b> 1:33PM – 3:08PM	<b>Mrigasira Until 7:38PM</b> Saubhagya Until 9:25PM Gara Until 1:11PM <b>Saptami Until 2:16AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:39AM <b>Muruqa:</b> White <i>Sunset:</i> 6:18PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 3rd Phase <b>Subha Sivaloka Day</b>

<b>8</b>	<b>Friday, March 30, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtami* Yam Titau			Albany, NY Sun 21 Sutra 353 Khara 5113
	Mithuna Rasi: 11.59      Tithi 8 132917268	<b>Gulika</b> 7:12AM – 8:48AM <b>Yama</b> 3:09PM – 4:44PM <b>Rahu</b> 10:23AM – 11:58AM	<b>Ardra Until 10:02PM</b> Sobhana Until 9:48PM Visti Until 3:02PM <b>Ashtami* Until 4:07AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:37AM <b>Muruqa:</b> White <i>Sunset:</i> 6:19PM <b>Nataraja:</b> White Moon – Yellow <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 Ashtami <b>Subha Sivaloka Day</b>

<b>9</b>	<b>Saturday, March 31, 2012</b>	Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navami* Yam Titau			Albany, NY Sun 22 Sutra 354 Khara 5113
	Mithuna Rasi: 24.26      Tithi 9 142917268	<b>Gulika</b> 5:35AM – 7:11AM <b>Yama</b> 1:33PM – 3:09PM <b>Rahu</b> 8:47AM – 10:22AM	<b>Punarvasu Until 10:27PM</b> Athiganda* Until 8:30PM Balava Until 3:22PM <b>Navami* Until 3:22AM Sun</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>	Moon 2 - Phase 47 Navami <b>Sivaloka Day</b>

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

<b>1</b>	<b>Sunday, April 1, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Taitila/Gara Karana Dasami Yam Titau		Albany, NY Sun 23 Sutra 355 Khara 5113
	Kataka Rasi: 7.15	Tithi 10	<b>Gulika</b> 3:09PM – 4:45PM <b>Yama</b> 11:58AM – 1:33PM <b>Rahu</b> 4:45PM – 6:20PM	<b>Pushya Until 11:23PM</b> Sukarma Until 7:41PM Taitila Until 3:42PM <b>Dasami Until 3:42AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:35AM <b>Muruqa:</b> White <i>Sunset:</i> 6:20PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>
	Creative Work	Siddha Yoga			Sivaloka Day

<b>2</b>	<b>Monday, April 2, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Albany, NY Sun 24 Sutra 356 Khara 5113
	Kataka Rasi: 20.32	Tithi 11	<b>Gulika</b> 1:33PM – 3:09PM <b>Yama</b> 10:22AM – 11:58AM <b>Rahu</b> 7:10AM – 8:46AM	<b>Aslesha* Until 10:14PM</b> Dhriti Until 5:17PM Vanija Until 2:25PM <b>Ekadasi Until 1:29AM Tue</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:34AM <b>Muruqa:</b> White <i>Sunset:</i> 6:21PM <b>Nataraja:</b> White Moon – Blue <b>Chaitra•Panguni</b>
	<b>Family Home Evening</b>	Siddha Yoga			Sivaloka Day
	Creative Work				

<b>3</b>	<b>Tuesday, April 3, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadasi Yam Titau		Albany, NY Sun 25 Sutra 357 Khara 5113
	Simha Rasi: 4.17	Tithi 12	<b>Gulika</b> 11:57AM – 1:34PM <b>Yama</b> 8:45AM – 10:21AM <b>Rahu</b> 3:10PM – 4:46PM	<b>Magha* Until 9:30PM</b> Shula* Until 3:01PM Bava Until 12:59PM <b>Dvadasi Until 12:04AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:32AM <b>Muruqa:</b> White <i>Sunset:</i> 6:22PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>
	Creative Work	Siddha Yoga			Subha Sivaloka Day
	Until 9:30PM then Amrita Yoga				

<b>4</b>	<b>Wednesday, April 4, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni* Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Albany, NY Sun 26 Sutra 358 Khara 5113
	Simha Rasi: 18.31	Tithi 13	<b>Gulika</b> 10:20AM – 11:57AM <b>Yama</b> 7:07AM – 8:44AM <b>Rahu</b> 11:57AM – 1:34PM	<b>Purvaphalguni* Until 7:02PM</b> Ganda* Until 11:38AM Kaulava Until 10:21AM <b>Trayodasi Until 8:38PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:30AM <b>Muruqa:</b> White <i>Sunset:</i> 6:24PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>
	Creative Work	Amrita Yoga			Subha Sivaloka Day
	Until 2:03PM then no yoga				
	Until 7:02PM then Prabalarishta Yoga				
					<i>Pradosha Vrata</i>

<b>5</b>	<b>Thursday, April 5, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhi/Dhruva Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Albany, NY Sun 27 Sutra 359 Khara 5113
	Kanya Rasi: 3.1	Tithi 14 – 15	<b>Gulika</b> 8:43AM – 10:20AM <b>Yama</b> 5:29AM – 7:06AM <b>Rahu</b> 1:34PM – 3:11PM	<b>Uttaraphalguni Until 4:56PM</b> Vridhi Until 8:11AM Gara Until 7:30AM <b>Chaturdasi* Until 5:47PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:29AM <b>Muruqa:</b> White <i>Sunset:</i> 6:25PM <b>Nataraja:</b> White Moon – Red <b>Chaitra•Panguni</b>
	Routine Work	Prabalarishta Yoga			Subha Sivaloka Day
	Until 2:02PM then Siddha Yoga				
	Until 4:56PM then Amrita Yoga				

<b>○</b>	<b>Friday, April 6, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Albany, NY Sun 28 Sutra 360 Khara 5113
	Kanya Rasi: 18.07	Tithi 15 – 16	<b>Gulika</b> 7:04AM – 8:42AM <b>Yama</b> 3:11PM – 4:48PM <b>Rahu</b> 10:19AM – 11:56AM	<b>Hasta Until 2:21PM</b> Vyaghata* Until 12:17AM Sat Balava Until 12:42AM Sat <b>Purnima* Until 2:25PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:27AM <b>Muruqa:</b> White <i>Sunset:</i> 6:26PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>
	Creative Work	Amrita Yoga			Sivaloka Day
	Until 2:02PM then Marana Yoga				

<b>○</b>	<b>Saturday, April 7, 2012</b>		Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Albany, NY Sun 29 Sutra 361 Khara 5113
	Tula Rasi: 3.14	Tithi 16 – 17	<b>Gulika</b> 5:25AM – 7:03AM <b>Yama</b> 1:34PM – 3:12PM <b>Rahu</b> 8:41AM – 10:18AM	<b>Chitra Until 11:30AM</b> Harshana Until 8:09PM Taitila Until 9:03PM <b>Prathama* Until 10:46AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 5:25AM <b>Muruqa:</b> White <i>Sunset:</i> 6:27PM <b>Nataraja:</b> White Moon – Green <b>Chaitra•Panguni</b>
	Routine Work	Marana Yoga			Sivaloka Day
	Until 11:30AM then Siddha Yoga				





**Sunday, April 8, 2012**  
**Gold Retreat Star**

Tula Rasi: 18.21      Tithi 17 - 18  
162917268  
Creative Work    Siddha Yoga  
Until 8:38AM then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati/Visakha Nakshatra Vajra\*/Siddhi Yoga Gara/Visti\* Karana Dvitiya/Tritiya Yam Titau      Albany, NY  
Sun 1      Sutra 362  
Khara 5113  
Gulika      3:12PM - 4:50PM      Svati Until 8:38AM      Ganesha: White      Sunrise: 5:24AM  
Yama      11:56AM - 1:34PM      Vajra\* Until 3:59PM      Muruqa: White      Sunset: 6:28PM      Moon 3 - Phase 49  
Rahu      4:50PM - 6:28PM      Visti Until 3:40AM Mon      Nataraja: White      Sivaloka Day  
Dvitiya Until 7:06AM      Moon - Green      Chaitra•Panguni      1st Phase



**Monday, April 9, 2012**

Vrischika Rasi: 3.2      Tithi 19  
**Family Home Evening**      172917268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthi\* Yam Titau      Albany, NY  
Sun 2      Sutra 363  
Khara 5113  
Gulika      1:34PM - 3:12PM      Anuradha Until 3:20AM Tue      Ganesha: Clear      Sunrise: 5:22AM  
Yama      10:17AM - 11:56AM      Siddhi Until 12:02PM      Muruqa: White      Sunset: 6:29PM      Moon 3 - Phase 49  
Rahu      7:00AM - 8:39AM      Bava Until 1:57PM      Nataraja: White      Subha Sivaloka Day  
Chaturthi\* Until 12:14AM Tue      Moon - Orange      Chaitra•Panguni      1st Phase



**Tuesday, April 10, 2012**

Vrischika Rasi: 18.03      Tithi 20  
173117268  
Creative Work    Siddha Yoga  
Until 2:29AM Wed then Marana Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchami Yam Titau      Albany, NY  
Sun 3      Sutra 364  
Khara 5113  
Gulika      11:55AM - 1:34PM      Jyeshtha\* Until 2:29AM Wed      Ganesha: Blue      Sunrise: 5:20AM  
Yama      8:38AM - 10:16AM      Vyatipata\* Until 8:39AM      Muruqa: White      Sunset: 6:30PM      Moon 3 - Phase 49  
Rahu      3:13PM - 4:52PM      Kaulava Until 11:22AM      Nataraja: White      Subha Sivaloka Day  
Panchami Until 10:26PM      Moon - Orange      Chaitra•Panguni      1st Phase



**Wednesday, April 11, 2012**

Dhanus Rasi: 2.25      Tithi 21  
183117268  
Routine Work    Marana Yoga  
Until 2:01PM then Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau      Albany, NY  
Sun 4      Sutra 365  
Khara 5113  
Gulika      10:16AM - 11:55AM      Mula\* Until 12:43AM Thu      Ganesha: Red      Sunrise: 5:19AM  
Yama      6:58AM - 8:37AM      Parigha\* Until 2:46AM Thu      Muruqa: White      Sunset: 6:31PM      Moon 3 - Phase 49  
Rahu      11:55AM - 1:34PM      Gara Until 8:48AM      Nataraja: White      Subha Sivaloka Day  
Shasthi\* Until 7:53PM      Moon - Light Blue      Chaitra•Panguni      1st Phase



**Thursday, April 12, 2012**

Dhanus Rasi: 16.23      Tithi 22  
183117268  
Creative Work    Siddha Yoga

Khara Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Visti\*/Bava Karana Saptami Yam Titau      Albany, NY  
Sun 5      Sutra 366  
Khara 5113  
Gulika      8:36AM - 10:15AM      Purvashadha\* Until 11:37PM      Ganesha: Red      Sunrise: 5:17AM  
Yama      5:17AM - 6:56AM      Shiva Until 12:10AM Fri      Muruqa: White      Sunset: 6:33PM      Moon 3 - Phase 49  
Rahu      1:34PM - 3:14PM      Visti Until 6:58AM      Nataraja: White      Subha Sivaloka Day  
Saptami Until 6:02PM      Moon - Light Blue      Chaitra•Panguni      1st Phase



**Friday, April 13, 2012**  
**Retreat Star**

Dhanus Rasi: 29.59      Tithi 23 - 24  
183117268  
Creative Work    Siddha Yoga  
Until 2:00PM then no yoga  
Until 12:30AM Sat then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau      Albany, NY  
Sun 6      Sutra 1  
Nandana 5114  
Gulika      6:55AM - 8:35AM      Uttarashadha Until 12:30AM Sat      Ganesha: Red      Sunrise: 5:15AM  
Yama      3:14PM - 4:54PM      Siddha Until 11:21PM      Muruqa: White      Sunset: 6:34PM      Moon 3 - Phase 49  
Rahu      10:15AM - 11:54AM      Taitila Until 5:50AM Sat      Nataraja: White      Subha Sivaloka Day  
Ashtami\* Until 5:50PM      Moon - Light Blue      Chaitra•Chaitra      Ashtami

**Saturday, April 14, 2012**  
**Retreat Star**

Makara Rasi: 13.13      Tithi 24 - 25  
293117268  
Creative Work    Siddha Yoga  
Until 2:00PM then Amrita Yoga  
Until 12:42AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana Nakshatra Sadhya Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau      Albany, NY  
Sun 7      Sutra 2  
Nandana 5114  
Gulika      5:14AM - 6:54AM      Sravana Until 12:42AM Sun      Ganesha: Red      Sunrise: 5:14AM  
Yama      1:34PM - 3:15PM      Sadhya Until 9:51PM      Muruqa: White      Sunset: 6:35PM      Moon 3 - Phase 49  
Rahu      8:34AM - 10:14AM      Vanija Until 5:20AM Sun      Nataraja: White      Subha Sivaloka Day  
Chidambaram Abhishekam      Navami\* Until 5:20PM      Moon - Purple      Chaitra•Chaitra      Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM


<b>1</b>	<b>Sunday, April 15, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam	Albany, NY
	Makara Rasi: 26.07    Tithi 25 – 26	Dhanishtha Nakshatra Subha Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau	Sun 8 <b>Sutra 3</b>
	293117268	<b>Gulika</b> 3:15PM – 4:55PM <b>Dhanishtha Until 1:28AM Mon</b>	Nandana 5114
		<b>Yama</b> 11:54AM – 1:34PM <b>Subha Until 8:54PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 4:55PM – 6:36PM <b>Bava Until 5:28AM Mon</b>	2nd Phase
	Creative Work    Siddha Yoga	<b>Dasami Until 5:28PM</b>	<b>Subha Sivaloka Day</b>
		<b>Ganesha:</b> Red <i>Sunrise:</i> 5:12AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:36PM	
		<b>Nataraja:</b> White	
		Moon – Purple	

<b>2</b>	<b>Monday, April 16, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam	Albany, NY
	Kumbha Rasi: 8.46    Tithi 26	Satabhisha Nakshatra Sukla Yoga Bava/Balava Karana Ekadasi* Yam Titau	Sun 9 <b>Sutra 4</b>
	293117268	<b>Gulika</b> 1:35PM – 3:15PM <b>Satabhisha Until 4:28AM Tue</b>	Nandana 5114
		<b>Yama</b> 10:13AM – 11:54AM <b>Sukla Until 9:30PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 6:51AM – 8:32AM <b>Bava Until 6:09AM</b>	2nd Phase
	Family Home Evening	<b>Ekadasi* Until 7:14PM</b>	<b>Subha Sivaloka Day</b>
	Creative Work    Siddha Yoga		
	Until 1.59PM then Marana Yoga	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:10AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:37PM	
		<b>Nataraja:</b> White	
		Moon – Purple	

<b>3</b>	<b>Tuesday, April 17, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam	Albany, NY
	Kumbha Rasi: 21.11    Tithi 27	Purvaprostapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau	Sun 10 <b>Sutra 5</b>
	213117268	<b>Gulika</b> 11:54AM – 1:35PM <b>Purvaprostapada* Until 6:17AM Wed</b>	Nandana 5114
		<b>Yama</b> 8:31AM – 10:12AM <b>Brahma Until 9:22PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 3:16PM – 4:57PM <b>Kaulava Until 7:21AM</b>	2nd Phase
	Routine Work    Marana Yoga	<b>Dvadasi* Until 8:26PM</b>	<b>Subha Sivaloka Day</b>
	Until 1.59PM then Amrita Yoga		
	Until 6:17AM Wed then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:09AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:38PM	
		<b>Nataraja:</b> White	
		Moon – Clear	

<b>4</b>	<b>Wednesday, April 18, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam	Albany, NY
	Meena Rasi: 3.26    Tithi 28	Uttaraprostapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodasi* Yam Titau	Sun 11 <b>Sutra 6</b>
	213117268	<b>Gulika</b> 10:12AM – 11:53AM <b>Uttaraprostapada Until 8:15AM Thu</b>	Nandana 5114
		<b>Yama</b> 6:49AM – 8:30AM <b>Indra Until 9:34PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 11:53AM – 1:35PM <b>Gara Until 8:56AM</b>	2nd Phase
	Creative Work    Siddha Yoga	<b>Trayodasi* Until 10:02PM</b>	<b>Subha Sivaloka Day</b>
		<i>Pradosha Vrata (Fasting)</i>	
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:07AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:39PM	
		<b>Nataraja:</b> White	
		Moon – Clear	

<b>5</b>	<b>Thursday, April 19, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam	Albany, NY
	Meena Rasi: 15.32    Tithi 29	Uttaraprostapada/Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau	Sun 12 <b>Sutra 7</b>
	213117268	<b>Gulika</b> 8:29AM – 10:11AM <b>Uttaraprostapada Until 8:15AM</b>	Nandana 5114
		<b>Yama</b> 5:06AM – 6:48AM <b>Vaidhriti* Until 10:03PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 1:35PM – 3:17PM <b>Visti Until 10:52AM</b>	2nd Phase
	Creative Work    Siddha Yoga	<b>Chaturdasi* Until 11:57PM</b>	<b>Subha Sivaloka Day</b>
		<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:06AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:40PM	
		<b>Nataraja:</b> White	
		Moon – Clear	

	<b>Friday, April 20, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam	Albany, NY
	<b>Retreat Star</b>	Revati/Asvini Nakshatra Vishkambha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau	Sun 13 <b>Sutra 8</b>
	Meena Rasi: 27.31    Tithi 30	<b>Gulika</b> 6:46AM – 8:28AM <b>Revati Until 10:59AM</b>	Nandana 5114
	213117268	<b>Yama</b> 3:17PM – 4:59PM <b>Vishkambha* Until 10:46PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 10:11AM – 11:53AM <b>Catuspada Until 1:03PM</b>	Amavasya
	Creative Work    Siddha Yoga	<b>Amavasya* Until 2:08AM Sat</b>	<b>Subha Sivaloka Day</b>
	Until 10:59AM then Amrita Yoga		
	Until 1.58PM then Siddha Yoga	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:04AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:42PM	
		<b>Nataraja:</b> White	
		Moon – Clear	

<b>Saturday, April 21, 2012</b>	<b>Retreat Star</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam	Albany, NY
	Mesha Rasi: 9.23    Tithi 1	Asvini/Bharani Nakshatra Priti Yoga Kintughna*/Bava Karana Prathama* Yam Titau	Sun 14 <b>Sutra 9</b>
	223117268	<b>Gulika</b> 5:03AM – 6:45AM <b>Asvini Until 1:54PM</b>	Nandana 5114
		<b>Yama</b> 1:35PM – 3:18PM <b>Priti Until 11:39PM</b>	Moon 3 - Phase 1
		<b>Rahu</b> 8:28AM – 10:10AM <b>Kintughna Until 3:27PM</b>	Prathama
	Creative Work    Siddha Yoga	<b>Prathama* Until 4:33AM Sun</b>	<b>Subha Sivaloka Day</b>
	Until 1:54PM then no yoga		
		<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:03AM	
		<b>Muruqa:</b> White <i>Sunset:</i> 6:43PM	
		<b>Nataraja:</b> White	
		Moon – White	

<b>1</b>	<b>Sunday, April 22, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Ayushman Yoga Balava Karana Dvitiya Yam Titau				Albany, NY
	Mesha Rasi: 21.12      Tithi 2 223117268	<b>Gulika</b> 3:18PM – 5:01PM <b>Yama</b> 11:52AM – 1:35PM <b>Rahu</b> 5:01PM – 6:44PM	<b>Bharani Until 4:56PM</b> Ayushman Until 12:40AM Mon Balava Until 6:00PM <b>Dvitiya Until 7:31AM Mon</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:01AM</i> <b>Muruqa:</b> White <i>Sunset: 6:44PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Sun 15 Sutra 10 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Subha Sivaloka Day
No Yoga Until 1.58PM then Siddha Yoga Until 4:56PM then no yoga						

<b>2</b>	<b>Monday, April 23, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Albany, NY
	Wrishabha Rasi: 2.58      Tithi 2 – 3 <b>Family Home Evening</b> 223117268	<b>Gulika</b> 1:35PM – 3:19PM <b>Yama</b> 10:09AM – 11:52AM <b>Rahu</b> 6:43AM – 8:26AM	<b>Krittika Until 8:03PM</b> Saubhagya Until 1:44AM Tue Taitila Until 8:36PM <b>Dvitiya Until 7:31AM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:00AM</i> <b>Muruqa:</b> White <i>Sunset: 6:45PM</i> <b>Nataraja:</b> White Moon – White <b>Vaisaka-Chaitra</b>	Sun 16 Sutra 11 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Subha Sivaloka Day
No Yoga Until 1.58PM then Siddha Yoga Until 8:03PM then Amrita Yoga						

<b>3</b>	<b>Tuesday, April 24, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Albany, NY
	Wrishabha Rasi: 14.46      Tithi 3 – 4 233117269	<b>Gulika</b> 11:52AM – 1:36PM <b>Yama</b> 8:25AM – 10:09AM <b>Rahu</b> 3:19PM – 5:03PM	<b>Rohini Until 11:08PM</b> Sobhana Until 2:47AM Wed Vanija Until 11:11PM <b>Tritiya Until 10:06AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:58AM</i> <b>Muruqa:</b> White <i>Sunset: 6:46PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Sun 17 Sutra 12 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Sivaloka Day
Creative Work Amrita Yoga Until 1.58PM then Siddha Yoga						

<b>4</b>	<b>Wednesday, April 25, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Albany, NY
	Wrishabha Rasi: 26.37      Tithi 4 – 5 234117269	<b>Gulika</b> 10:08AM – 11:52AM <b>Yama</b> 6:40AM – 8:24AM <b>Rahu</b> 11:52AM – 1:36PM	<b>Mrigasira Until 2:05AM Thu</b> Athiganda* Until 3:43AM Thu Bava Until 1:38AM Thu <b>Chaturthi* Until 12:32PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:57AM</i> <b>Muruqa:</b> White <i>Sunset: 6:47PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Sun 18 Sutra 13 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Devaloka Day
Creative Work Siddha Yoga Until 1.58PM then Marana Yoga						

<b>5</b>	<b>Thursday, April 26, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Albany, NY
	Mithuna Rasi: 9      Tithi 5 – 6 234117269	<b>Gulika</b> 8:23AM – 10:08AM <b>Yama</b> 4:55AM – 6:39AM <b>Rahu</b> 1:36PM – 3:20PM	<b>Ardra Until 4:48AM Fri</b> Sukarma Until 4:25AM Fri Kaulava Until 3:48AM Fri <b>Panchami Until 2:42PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:55AM</i> <b>Muruqa:</b> White <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	Sun 19 Sutra 14 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Devaloka Day
Routine Work Marana Yoga Until 1.57PM then Siddha Yoga						

<b>6</b>	<b>Friday, April 27, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Albany, NY
	Mithuna Rasi: 20.46      Tithi 6 – 7 244117269	<b>Gulika</b> 6:38AM – 8:23AM <b>Yama</b> 3:21PM – 5:05PM <b>Rahu</b> 10:07AM – 11:52AM	<b>Punarvasu Until 6:14AM Sat</b> Dhriti Until 4:46AM Sat Gara Until 5:32AM Sat <b>Shasthi* Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:54AM</i> <b>Muruqa:</b> White <i>Sunset: 6:49PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Sun 20 Sutra 15 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Sivaloka Day
Creative Work Siddha Yoga Until 1.57PM then Marana Yoga Until 6:14AM Sat then Siddha Yoga						

<b>Retreat Star</b>	<b>Saturday, April 28, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Albany, NY
	Kataka Rasi: 3.13      Tithi 7 – 8 244117269	<b>Gulika</b> 4:52AM – 6:37AM <b>Yama</b> 1:36PM – 3:21PM <b>Rahu</b> 8:22AM – 10:07AM	<b>Punarvasu Until 6:14AM</b> Shula* Until 3:00AM Sun Visti Until 4:39AM Sun <b>Saptami Until 4:39PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:52AM</i> <b>Muruqa:</b> White <i>Sunset: 6:51PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Sun 21 Sutra 16 Nandana 5114 Moon 3 - Phase 2 3rd Phase	Sivaloka Day
Routine Work Marana Yoga Until 6:14AM then Siddha Yoga						

<b>Retreat Star</b>	<b>Sunday, April 29, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Albany, NY
	Kataka Rasi: 15.59      Tithi 8 – 9 244117269	<b>Gulika</b> 3:22PM – 5:07PM <b>Yama</b> 11:51AM – 1:36PM <b>Rahu</b> 5:07PM – 6:52PM	<b>Pushya Until 7:15AM</b> Ganda* Until 2:18AM Mon Balava Until 5:02AM Mon <b>Ashtami* Until 5:02PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:51AM</i> <b>Muruqa:</b> White <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Sun 22 Sutra 17 Nandana 5114 Moon 3 - Phase 2 Ashtami	Sivaloka Day
Creative Work Siddha Yoga						

<b>Retreat Star</b>	<b>Monday, April 30, 2012</b>	Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Aslesha*/Magha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Albany, NY
	Kataka Rasi: 29.1      Tithi 9 – 10 <b>Family Home Evening</b> 244117269	<b>Gulika</b> 1:37PM – 3:22PM <b>Yama</b> 10:06AM – 11:51AM <b>Rahu</b> 6:35AM – 8:20AM	<b>Aslesha* Until 7:25AM</b> Vriddhi Until 11:37PM Taitila Until 2:52AM Tue <b>Navami* Until 3:48PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 4:50AM</i> <b>Muruqa:</b> White <i>Sunset: 6:53PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Sun 23 Sutra 18 Nandana 5114 Moon 3 - Phase 2 Navami	Sivaloka Day
Creative Work Siddha Yoga						


Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda, Maitu 4.3. bo UpR, 810

<b>1</b>	<b>Tuesday, May 1, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam			Albany, NY
	Simha Rasi: 12.49    Titthi 10 – 11	Magha*/Purvaphalguni* Nakshatra Dhruva Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Sun 24    Sutra 19
	254117269	<b>Gulika</b> 11:51AM – 1:37PM	<b>Magha* Until 6:54AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:47AM	Nandana 5114
		<b>Yama</b> 8:19AM – 10:05AM	Dhruva Until 9:35PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:55PM	Moon 3 - Phase 3
Creative Work    Siddha Yoga		<b>Rahu</b> 3:23PM – 5:09PM	Vanija Until 1:39AM Wed	<b>Nataraja:</b> Clear	4th Phase
Until 1:57PM then Amrita Yoga			<b>Dasami Until 2:34PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>

<b>2</b>	<b>Wednesday, May 2, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam			Albany, NY
	Simha Rasi: 26.55    Titthi 11 – 12	Uttaraphalguni Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Sun 25    Sutra 20
	254117269	<b>Gulika</b> 10:05AM – 11:51AM	<b>Uttaraphalguni Until 2:57AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:46AM	Nandana 5114
		<b>Yama</b> 6:32AM – 8:18AM	Vyaghata* Until 6:01PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:56PM	Moon 3 - Phase 3
Creative Work    Amrita Yoga		<b>Rahu</b> 11:51AM – 1:37PM	Bava Until 10:18PM	<b>Nataraja:</b> Clear	4th Phase
Until 1:56PM then Prabalarishta Yoga			<b>Ekadasi Until 12:01PM</b>	<b>Vaisaka-Chaitra</b>	<b>Devaloka Day</b>
Until 2:57AM Thu then no yoga					

<b>3</b>	<b>Thursday, May 3, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam			Albany, NY
	Kanya Rasi: 11.26    Titthi 12 – 13	Hasta Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau			Sun 26    Sutra 21
	264117269	<b>Gulika</b> 8:18AM – 10:04AM	<b>Hasta Until 1:02AM Fri</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:44AM	Nandana 5114
		<b>Yama</b> 4:44AM – 6:31AM	Harshana Until 2:45PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:57PM	Moon 3 - Phase 3
No Yoga		<b>Rahu</b> 1:37PM – 3:24PM	Kaulava Until 7:37PM	<b>Nataraja:</b> Clear	4th Phase
Until 1:56PM then Amrita Yoga			<b>Dvadasi Until 9:20AM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
Until 1:02AM Fri then Siddha Yoga			<i>Pradosha Vrata</i>		

<b>4</b>	<b>Friday, May 4, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam			Albany, NY
	Kanya Rasi: 26.2    Titthi 13 – 14	Chitra Nakshatra Vajra*/Siddhi Yoga Tailita/Vanija Karana Trayodasi/Chaturdasi* Yam Titau			Sun 27    Sutra 22
	264117269	<b>Gulika</b> 6:30AM – 8:17AM	<b>Chitra Until 10:32PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:43AM	Nandana 5114
		<b>Yama</b> 3:25PM – 5:11PM	Vajra* Until 10:58AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:58PM	Moon 3 - Phase 3
Creative Work    Siddha Yoga		<b>Rahu</b> 10:04AM – 11:51AM	Vanija Until 2:37AM Sat	<b>Nataraja:</b> Clear	4th Phase
Until 1:56PM then Marana Yoga			<b>Trayodasi Until 6:03AM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>
Until 10:32PM then Siddha Yoga					

	<b>Saturday, May 5, 2012</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam			Albany, NY
	<b>Copper Retreat Star</b>	Svati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Purnima* Yam Titau			Sutra 23
	Tula Rasi: 11.28    Titthi 15				Nandana 5114
	264217269	<b>Gulika</b> 4:42AM – 6:29AM	<b>Svati Until 7:40PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:42AM	Moon 3 - Phase 3
		<b>Yama</b> 1:38PM – 3:25PM	Siddhi Until 6:49AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:59PM	Purnima
Creative Work    Siddha Yoga		<b>Rahu</b> 8:16AM – 10:03AM	Visti Until 12:38PM	<b>Nataraja:</b> Clear	
Until 7:40PM then Marana Yoga			<b>Purnima* Until 10:55PM</b>	<b>Vaisaka-Chaitra</b>	<b>Subha Sivaloka Day</b>

<b>Sunday, May 6, 2012</b>	<b>Silver Retreat Star</b>	Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam			Albany, NY
		Visakha/Anuradha Nakshatra Variyan Yoga Balava/Kaulava Karana Prathama* Yam Titau			Sutra 24
	Tula Rasi: 26.41    Titthi 16				Nandana 5114
	274217269	<b>Gulika</b> 3:26PM – 5:13PM	<b>Visakha Until 4:39PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:41AM	Moon 3 - Phase 3
		<b>Yama</b> 11:51AM – 1:38PM	Variyan Until 10:32PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:01PM	Prathama
Routine Work    Marana Yoga		<b>Rahu</b> 5:13PM – 7:01PM	Balava Until 8:46AM	<b>Nataraja:</b> Clear	
Until 4:39PM then Siddha Yoga			<b>Prathama* Until 7:03PM</b>	<b>Vaisaka-Chaitra</b>	<b>Sivaloka Day</b>